



IOWA FIELD HOCKEY

VS. #14 MICHIGAN / MIAMI (OHIO)

2014 SCHEDULE (8-3, 2-1)

8/30 vs. #11 Wake Forest^ W, 4-1
8/31 at #2 North Carolina^ L, 1-4
9/4 #6 Virginia W, 4-3
9/11 vs. UC Davis W, 3-1
9/12 at #8 Stanford L, 1-2 (OT)
9/14 at Pacific W, 5-1
9/21 at Rutgers* W, 3-0
9/26 #17 Indiana*! W, 4-1
9/28 Missouri State W, 7-0
10/3 Ball State W, 8-0
10/5 #11 Northwestern* L, 1-3
10/10 #14 Michigan* 7 p.m.
10/12 Miami (Oh) 11 a.m.
10/17 at Michigan State* 2 p.m.
10/19 at Ohio State* 11 a.m.
10/25 Penn State* 1 p.m.
11/1 at Maryland* Noon

Big Ten Tournament (Ann Arbor, Mich.)

11/6 First Round* TBA
11/7 Semi Finals*! TBA
11/9 Final*! TBA

NCAA Tournament (TBA)

11/15	... First Round TBA
11/16	... Second Round TBA
11/21	... Semifinals TBA
11/23	... Championship TBA

All games listed are Central

^ ACC/Big Ten Challenge

* Big Ten Conference Games

! Televised by Big Ten Network

Streamed live on BTN.com

RANKINGS

No.	Team	Points
1.	North Carolina*	831
2.	Maryland*	822
3.	Virginia*	718
4.	Penn State*	654
5.	Louisville	646
6.	Connecticut	620
7.	Stanford*	597
8.	Northwestern*	566
9.	Duke	519
10.	Iowa	461
11.	Albany	446
12.	Boston College	300
13.	Syracuse	294
14.	Michigan*	285
15.	Temple	284
16.	Northeastern	281
17.	Wake Forest*	262
18.	Indiana*	108
19.	Old Dominion	104
20.	Michigan State*	82

* - 2014 Opponent

THIS WEEK

The 10th-ranked University of Iowa field hockey team (8-3, 2-1 Big Ten) concludes its six-game homestand at Grant Field this weekend, hosting No. 14 Michigan (8-4, 3-1 Big Ten) on Friday at 7 p.m. (CT), and Miami (Ohio)(4-8, 2-0 MAC) on Sunday at 11 a.m. (CT).

PROMOTIONS

Friday's contest against Michigan will be 'Blackout' as fans are encouraged to wear black. The first 100 fans will receive a free flashlight keychain. Glow-in-the-dark necklaces will be available for kids. Fans in attendance for Sunday's contest against Miami (Ohio) will receive a free team poster and schedule card.

SCOUTING #14 MICHIGAN

Michigan is led by former Hawkeye standout, Marcia Pankratz, who is in her 15th season as head coach of the Wolverines (8-4, 3-1 Big Ten). Leslie Smith paces the Maize and Blue offense with 19 points on eight goals and three assists. Defensively Sam Swenson has appeared in all 12 games while drawing nine starts at goalkeeper. Swenson (8-3) leads the team with 34 saves. Michigan has one win over a ranked opponent (No. 6 Penn State, Sept. 19).

SCOUTING MIAMI (OHIO)

Having led Miami to two consecutive Mid-American Conference Championships, head coach Iñako Puzo returns for his fourth year in charge of the RedHawks (4-8, 2-0 MAC). Last season, Miami won the MAC Tournament earning the program's first bid to the NCAA tournament. The Redhawks traveled to Michigan State for the play-in round, where they fell, 3-0. Valentia Neira paces the Redhawks offense with 18 points on eight goals and two assists.

WE MEET AGAIN

Iowa has familiarity with both opponents this week having played each on the road a season ago. Iowa fell to Michigan, 3-2, on Oct. 5 in the regular season, and bounced back in the Big Ten Tournament, earning a 1-0 victory over Michigan in the first round of the Big Ten Tournament. Iowa downed Miami (Ohio) last season, 3-1.

ALL-TIME SERIES

The Hawkeyes hold the edge in the all-time series against both teams this week. Iowa posts a 40-20 all-time mark against Michigan, and a 9-1 all-time record against Miami (Ohio).

IN THE RANKINGS

The University of Iowa ranks 10th in the 2014 Penn Monto/National Field Hockey Coaches Association (NFHCA) Division I Poll. The Hawkeyes garnered 461 points in the rankings. Iowa has been ranked each week (39 weeks) in the poll dating back to Sept. 6, 2011. Iowa is one of seven Big Ten Conference schools in the rankings along with Maryland (second), Penn State (fourth), Northwestern (eighth), Michigan (14th), Indiana (18th), and Michigan State (20th).

IOWA SITS NO. 12 IN RPI RANKINGS

The Rating Percentage Index, commonly known as the RPI, is a quantity used to rank teams based upon a team's wins and losses and its strength of schedule. Released Oct. 7th, the Hawkeyes landed the No. 12 national ranking.

HAWKEYES IN THE NATIONAL RANKINGS

Natalie Cafone -- the reigning 2013 national points leader -- ranks second nationally, and leads the Big Ten in goals per game (1.36). UI sophomore Stephanie Norlander ranks tied for sixth (1.00). The Hawkeyes also rank tied for fourth nationally in team goals per game (3.73).

LOOKING AHEAD

The Hawkeyes hit the road for a pair of Big Ten matchups next weekend. Iowa will square off with No. 20 Michigan State (7-4, 2-2 Big Ten) on Oct. 17, and Ohio State (4-7, 0-3 Big Ten) on Oct. 19.

BIG TEN STANDINGS

	Conf.	Over.
Northwestern	4-0	9-3
Maryland	3-1	9-2
Michigan	3-1	8-4
Penn State	2-1	10-2
IOWA	2-1	8-3
Michigan State	2-2	7-4
Indiana	0-3	8-3
Rutgers	0-4	5-6
Ohio State	0-3	4-7

2014 ROSTER

00	Katie Jones	Fr.
1	Chandler Ackers	So.
2	Torie Berkel	Fr.
4	Pommeline Korstanje	Fr.
5	JoElla Guagliardo	Fr.
6	Mallory Lefkowitz	Fr.
7	Sophie Plasteras	So.
8	Stephanie Norlander	So.
9	Natalie Cafone	Jr.
10	Sara Watro	Sr.
11	Brynn Gitt	Sr.
12	Taylor Omweg	Fr.
13	Emily George	Fr.
16	Jessy Silfer	So.
17	Mackenzie Sapp	Fr.
19	Dani Hemeon	Sr.
20	Veronique Declercq	Fr.
21	Isabella Licciardello	Jr.
24	Melissa Progar	Fr.
44	Alexandra Pecora	So.
54	Liz Leh	Jr.

ATHLETIC COMMUNICATIONS

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MEDIA INFORMATION

PRACTICE ATTENDANCE - All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform Ben Schmitz of their intention to attend practice. The Hawkeyes practice daily from 2:30-5 p.m. at Grant Field.

PLAYER INTERVIEWS - All player interviews are coordinated through Ben Schmitz of the sports information office. Please contact Ben (319-335-9411) so that he may set a time which does not interfere with the student-athlete's academic or practice schedules.

HAT TRICKS

Three Hawkeyes -- Natalie Cafone, Dani Hemeon and Stephanie Norlander -- have scored hat tricks in the 2014 season. Junior Natalie Cafone's came against No. 6 Virginia on Sept. 4, in a 4-3 win at home. Sophomore Stephanie Norlander registered her first one in the opening 12 minutes in the win over Missouri State on Sept. 28 in Iowa City. Norlander and Hemeon both achieved the scoring accomplishment on Oct. 3rd against Ball State. The last time two Hawkeyes scored a hat trick in the same game came against Saint Louis on Sept. 19, 2009 when Jess Werley and Dean Tricia each scored a trio of goals in Iowa's 12-0 win over the Billikens.

IOWA AT GRANT FIELD

The Hawkeyes own an overall home record of 143-47, a conference record of 61-26 at home, and an 11-2 record in NCAA Tournament games played in Iowa City.

CAFONE NAMED B1G PLAYER OF THE WEEK

Junior Natalie Cafone was named Big Ten Offensive Player of the Week on Sept. 9. Cafone paced Iowa's offensive attack with three goals on five shots in a 4-3 win over No. 6 Virginia in Iowa's home opener on Sept. 4. This marked Cafone's second Big Ten Player of the Week honor (Sept. 24, 2013).

NORLANDER NAMED B1G PLAYER OF THE WEEK

University of Iowa sophomore Stephanie Norlander was named Big Ten Offensive Player of the Week on Sept. 30. Norlander paced Iowa's offensive attack with a combined five goals on 12 shots over two games, which included a hat trick in the opening 12 minutes against Missouri State.

ALL-AMERICANS

Natalie Cafone and Dani Hemeon were named 2013 Longstreth/NFHCA Division I All-Americans. Cafone was named to the second team, while Hemeon garnered third team honors. Cafone and Hemeon are the 84th and 85th national All-Americans in program history. Only four programs nationally have had more.

CAFONE STEPS UP

Junior Natalie Cafone was named the University of Iowa's 2014 Female Athlete of the Year. The Fairfield, N.J., native was the NCAA statistical champion for points per game in 2013, leading the nation in points per game (2.48) the first Hawkeye to lead nation in points per game since Kristy Gleason in 1992 (3.95). Cafone was named to the NFHCA Division I All-America second team, NFHCA West Region All-America first team, All-Big Ten first team and the All-Big Ten tournament team. Cafone has scored 37 goals over her last 32 games.

IOWA NEWCOMERS

The Black and Gold feature 10 freshmen on the 2014 roster. Taylor Omweg and Veronique Declercq both see action in the backfield. Torie Berkel, JoElla Guagliardo and Mallory Lefkowitz are contributing to the Hawkeye forward line. Pommeline Kortanje, Emily George, Mackenzie Sapp and Melissa Progar each add to the mid-fielder's depth. Freshman goalkeeper Katie Jones rounds out the Hawkeye newcomers.

ROSTER BREAKDOWN

21 student-athletes on the UI field hockey roster:
- 10 freshmen
- Five sophomores
- Three juniors
- Three seniors

Four members of the Iowa roster were also teammates in high school. Sophie Plasteras and Stephanie Norlander played alongside one another at Handsworth Secondary in North Vancouver, Canada, while Taylor Omweg and Melissa Progar competed for Tabb High School in Yorktown, Va.

HAWKEYES IN THE NCAA TOURNAMENT

The Hawkeyes have been selected to the NCAA Tournament 22 times in program history -- the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-23 all-time in tournament play, including 9-5 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

HAWKEYES SELECTED TO U.S. NATIONAL TEAM

Junior Natalie Cafone and former UI All-American Lauren Pfeiffer were selected to the 2014-15 U.S. Women's National Team. Pfeiffer, a member of the U.S. National Team since 2009 who has earned 66 caps, was a two time All-American at Iowa. During her career, Pfeiffer earned all-region honors three times, first-team All-Big Ten honors twice, and was named the Big Ten Tournament MVP twice.

NATIONAL ACADEMIC HONORS

The University of Iowa field hockey team was awarded the 2013 Gladiator SGI/NFHCA Division I National Academic Team Award. The National Academic Team Award recognizes those institutions that have achieved a team GPA of 3.0 or higher during the first semester of the 2013-14 academic year. Brynn Gitt and Jessy Silfer were named 2013 Gladiator SGI/NFHCA Division I Scholars of Distinction. The honor is awarded to student-athletes who achieved a cumulative GPA of 3.90 or higher through the first semester of the 2013-14 academic year.

FOLLOW THE HAWKEYES

Become fans of the official Iowa Field Hockey fan page by going to [facebook.com/iowafieldhockey](https://www.facebook.com/iowafieldhockey) to follow the Hawkeyes on Facebook. Fans can also follow on Twitter: [@iowafieldhockey](https://twitter.com/iowafieldhockey)



IOWA FIELD HOCKEY

SEASON STATS

Iowa Field Hockey IOWA Combined Team Statistics (as of Oct 05, 2014) All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	8-3	4-1	2-2	2-0
CONFERENCE	2-1	1-1	1-0	0-0
NON-CONFERENCE	6-2	3-0	1-2	2-0

Date	Opponent	Score	Att.	##	Player	gp	g	a	pts	sh	sh%	sog	sog%	qw	ps-att	dsv
Aug 30	vs #11 Wake Forest	w 4-1	405	9	Cafone, Natalie	11	15	5	35	47	.319	32	.681	3	0-0	0
Aug 31	at #2 North Carolina	L 1-4	457	8	Norlander, Stephanie	11	11	3	25	45	.244	27	.600	2	0-0	0
Sep 04	#6 VA	w 4-3	117	19	Hemeon, Dani	11	6	3	15	51	.118	25	.490	2	0-0	1
09/11/14	vs UC Davis	w 3-1	67	10	Watro, Sara	11	4	1	9	8	.500	7	.875	0	0-0	0
Sep 12	at #8 Stanford	Lot 1-2	304	7	Plasteras, Sophie	11	2	0	4	7	.286	6	.857	0	0-0	0
Sep 14	at PACIFIC	w 5-1	107	6	Lefkowitz, Mallory	11	2	3	7	5	.400	4	.800	1	0-0	0
* Sep 21	at Rutgers	w 3-0	266	13	George, Emily	4	1	0	2	1	1.000	1	1.000	0	0-0	0
* Sep 26	#17 INDIANA	w 4-1	198	20	Declercq, Veronique	7	0	0	0	4	.000	1	.250	0	0-0	0
Sep 28	MISSOURI STATE	w 7-0	384	21	Licciardello, I.	11	0	0	0	3	.000	3	1.000	0	0-0	0
Oct 03	BALL STATE	w 8-0	198	24	Progar, Melissa	11	0	0	0	2	.000	1	.500	0	0-0	0
* Oct 05	#11 NORTHWESTERN	L 1-3	238	54	Leh, Liz	10	0	0	0	3	.000	1	.333	0	0-0	0

TEAM STATISTICS	IOWA	OPP
SHOT STATISTICS		
Goals-Shot attempts	41-194	16-113
Goals scored per game	3.73	1.45
Shot pct.	.211	.142
Shots on goal-Attempts	114-194	58-113
SOG pct.	.588	.513
Shots/Game	17.6	10.3
PENALTY CORNERS	72	68
PENALTY STROKES	0-0	0-0
PENALTIES		
Green cards	10	7
Yellow cards	3	2
Red cards	0	0
ATTENDANCE		
Total	1135	1134
Dates/Avg Per Date	5/227	4/284
Neutral Site #/Avg	2/236	

2	Berkel, Torie	2	0	0	0	0	0.000	0	.000	0	0-0	0
00	Jones, Katie	3	0	0	0	0	0.000	0	.000	0	0-0	0
17	Sapp, Mackenzie	3	0	0	0	3	.000	2	.667	0	0-0	0
16	Silfer, Jessy	11	0	0	0	2	.000	1	.500	0	0-0	0
12	Omweg, Taylor	11	0	0	0	1	.000	0	.000	0	0-0	0
11	Gitt, Brynn	11	0	0	0	5	.000	2	.400	0	0-0	0
5	Guagliardo, JoElla	5	0	0	0	0	.000	0	.000	0	0-0	0
4	Korstanje, Pommeline	11	0	2	2	3	.000	1	.333	0	0-0	0
1	Ackers, Chandler	11	0	5	5	4	.000	0	.000	0	0-0	0
Total		11	41	22	104	194	.211	114	.588	8	0-0	1
Opponents		11	16	11	43	113	.142	58	.513	3	0-0	2

##	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
00	Jones, Katie	2	82:59	0	0.00	4	1.000	1-0-0	1/1
44	Pecora, Alexandra	10	697:03	16	1.61	37	.698	7-3-0	1/1
Total		11	780:02	16	1.44	42	.724	8-3-0	3
Opponents		11	780:02	41	3.68	73	.640	3-8-0	0

Goals by Period	1st	2nd	OT	Total
IOWA	24	17	0	41
Opponents	10	5	1	16

Shots by Period	1st	2nd	OT	Total
IOWA	85	109	0	194
Opponents	58	54	1	113

Saves by Period	1st	2nd	OT	Total
IOWA	19	23	0	42
Opponents	23	50	0	73

Corners by Period	1st	2nd	OT	Total
IOWA	27	45	0	72
Opponents	29	37	2	68

