

# THE UNIVERSITY OF IOWA



## HAWKEYE TRACK & FIELD



TRACK CONTACTS: TRACI WAGNER, NATHAN SHEEHAN

FEBRUARY 2, 2009

### 2009 IOWA TRACK & FIELD INDOOR SCHEDULE & RESULTS

Date	Meet	Time (CT)/Result
1/10	Illinois % (Iowa City, IA)	W, 92-77
1/17	Iowa Open (Iowa City, IA)	13 champs
1/23-24	at Razorback Invite % (Fayetteville, AR)	0 champs
1/24	at Jack Johnson Classic & (Minneapolis, MN)	1 champ
1/30-31	at Jack Jennett Invite & (Cedar Falls, IA)	2 champs
1/30	at Millrose Games % (New York, NY)	0 champs
2/6-7	at Meyo Invite & (South Bend, IN) at New Balance Inv. % (New York, NY)	5 p.m./9 a.m. 2:45 p.m./12:15 p.m.
2/13-14	at Iowa St. Classic & (Ames, IA)	9 a.m./10 a.m.
2/14	at Husky Classic & (Seattle, WA)	10:30 a.m.
2/20	Iowa Invite & (Iowa City, IA)	4 p.m.
2/28-3/1	at Big Ten Championships % (University Park, PA) at Big Ten Championships ^ (Bloomington, IN)	
3/6-7	at Alex Wilson Invite & (South Bend, IN)	5 p.m./10:30 a.m.
3/7	at Washington Qualifier & (Seattle, WA)	1 p.m.
3/7	at Last Chance Meet & (Ames, IA)	10:30 a.m.
3/13-14	at NCAA Championships & (College Station, TX)	

& - co-ed event  
^ - women's only event  
% - men's only event

#### THIS WEEK

The Hawkeye men and women's track teams will split competition between two meets this weekend.

The men's throwers will head to New York for the New Balance Invitational at the Armory Track. The men's shot put is set for 2:45 p.m. Friday and the men's weight throw will be at 12:15 p.m. Saturday.

The rest of the team will compete at the Meyo Invite in South Bend, IN. Events are set to start at 5 p.m. Friday and 9 a.m. Saturday, and will be held at the Loftus Center on the Notre Dame University campus.

#### LAST MEET

Iowa hit the road last weekend, sending one group to the Jack Jennett Invitational in Cedar Falls, IA, and a men's 3,200-meter relay to the 102nd annual Millrose Games in New York, NY.

Hawkeye junior heptathletes **Dan Rolling** and **Frank Prill** participated in their first multi-event competition of the season in Cedar Falls. Rolling placed third with a collegiate-best point total of 4,909, which ranks third in school history. He won the 60-meter hurdles (8.54) and high jump (6-10 3/4) as part of the competition, and posted collegiate-bests in the 1,000 meters (2:43.10) and pole vault (11-9 3/4). Prill placed seventh (4,784 points) in the seven-event competition.

Senior **Renee White** won the women's 60-meter hurdles (8.91) and placed fifth in the 200 meters (26.51), posting season-best times in both events. Sophomore **James Paul** won the mile with a season-best 4:17.90, while sophomore **Mark Battista** ran a collegiate-best 4:25.53 in the race. Junior **Alex Zona** also tied a collegiate best in the pole vault (15-7 3/4).

The men's 3,200-meter relay team, consisting of junior **Adam Hairston**, sophomore **Dan Kuhlman**, and freshmen **Zack Braff** and **Eric Sowinski**, competed, but did not finish the race when their baton was knocked out by another competitor early in the race.

### IOWA'S NCAA QUALIFIERS

The Hawkeyes have provisionally qualified one student-athlete for the NCAA Indoor Championships, which will be held March 14-15 in College Station, TX. His event, qualifying marks and where he ranks in the Big Ten and the nation are listed below.

Name	Event	Mark	Big 10/NCAA Rank
John Hickey	Shot Put	59-8 1/2 (18.20 m)	1st/8th

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PAGE 2

### MEN'S 2009 INDOOR SEASON BESTS

Event	Team Leader	Mark
60 Meters	Zeke Sayon	6.86
60 Hurdles	D'Juan Richardson	8.20
200 Meters	D'Juan Richardson	21.59
400 Meters	Ray Varner	47.98
600 Meters	Adam Hairston	1:19.05
800 Meters	Adam Hairston	1:51.67
Mile	Jesse Luciano	4:13.99
1,000 Meters	Dan Rolling	2:43.10
3,000 Meters	Eric MacTaggart	8:24.64
1,600-Meter Relay		3:12.48
Distance Medley Relay		10:53.41
	<i>(Hairston, Splan, Paul, Kadlec)</i>	
High Jump	Dan Rolling	6-10 1/4 (2.09 m)
Pole Vault	Alex Zona	15-7 3/4 (4.79 m)
Long Jump	Cody Mixon	21-4 1/2 (6.51 m)
Triple Jump	Josh Bean	48-6 (14.78 m)
Shot Put	John Hickey	* 59-8 1/2 (18.20 m)
Wt. Throw	Matt Banse	54-8 1/4 (16.67 m)
Heptathlon	Dan Rolling	4,909 points

### WOMEN'S 2009 INDOOR SEASON BESTS

Event	Team Leader	Mark
60 Meters	Rhonda-Kaye Trusty	7.67
60 Hurdles	Karessa Farley	8.52
200 Meters	Rhonda-Kaye Trusty	24.90
300 Meters	Rhonda-Kaye Trusty	40.15
400 Meters	Bethany Praska	56.58
600 Meters	Bethany Praska	1:33.19
800 Meters	Betsy Flood	2:16.67
Mile	McKenzie Melander	4:57.34
3,000 Meters	Racheal Marchand	9:52.10
Shot Put	Mandy Chandler	42-11 1/2 (13.09 m)
Wt. Throw	Mandy Chandler	52-5 1/4 (15.98m)

\* - NCAA Provisional Qualifier

### HAWKEYE TRACK STAFF

The Hawkeye coaching staff has some new faces and responsibilities for the 2009 season. **Larry Wieczorek** is the men's head track and cross country coach, and **Layne Anderson** is the women's head track and cross country coach. The teams now share administrative responsibilities, coordinate their competition schedules and divide coaching responsibilities by event instead of gender. Assistant **Scott Cappos**, who is in his 13th year at Iowa, will coach the throws, while third-year assistant **Joey Woody** will coach the men's sprints, short hurdles and relays, and women's long sprints and hurdles. First-year assistant **Clive Roberts** will coach the women's short sprints, hurdles and relays, as well as the horizontal jumps for both groups. First-year assistant **Christi Smith** will direct the multi-events and vertical jumps.

### IOWA TRACK TO HOST CLINICS & CAMPS

The Hawkeye coaching staff are scheduled to host two on-day throws and speed/hurdle clinics and one four-day summer camp in 2009. The first clinic is set for Feb. 22 and the second is Mar. 8. The summer camp is scheduled for June 21-25.

For more information contact Assistant Coach Scott Cappos at (319) 335-9392 or [scott-cappos@uiowa.edu](mailto:scott-cappos@uiowa.edu), or visit [www.hawkeyetrack.com](http://www.hawkeyetrack.com).

### HAWKEYES TO HOST IOWA INVITE

The Hawkeyes are set to host the co-ed Iowa Invite Friday, Feb. 20 at 4 p.m. at the University of Iowa Recreation Building. Competing teams include Iowa, Coe, Simpson, Augustana and North Central College.

### NEXT UP

The Hawkeyes will split competition between two meets for the weekend of Feb. 13-14.

Part of the group will compete at the Iowa State Classic in Ames, while the rest of the team will travel to the Husky Classic in Seattle, WA. Events at Iowa State are scheduled to start at 9 a.m. Friday and 10 a.m. Saturday, and will be held at the Lied Recreation Center on the Iowa State University campus. Events at the Husky Classic are set to start at 10:30 a.m. (CT) Saturday and will be held at the Dempsey Indoor Facility on the University of Washington campus.