

UNIVERSITY OF IOWA



HAWKEYE WOMEN'S SWIMMING & DIVING



2013 Big Ten Championships
February 20-23
University Aquatic Center
Minneapolis



THE UNIVERSITY OF IOWA



HAWKEYE SWIMMING & DIVING



SWIMMING & DIVING CONTACT: MICHELE MCCRACKEN

FEBRUARY 19, 2013

2012-13 SCHEDULE & RESULTS

Record: 8-2

Date	Meet	Result
Oct. 19	at Michigan State*	W, 182-117
Nov. 2	at #9 Minnesota*	L, 192-103
Nov. 30- Dec. 2	Hawkeye Invitational	3rd/559.5
Dec. 7	Iowa State	W, 190-108
Dec. 17	at Colorado College/ vs. Austin College	W, 60-41 W, 60-18
Jan. 19	at Illinois *	W, 196-102
Jan. 26	vs. Northwestern *	W, 162-135
Feb. 1-2	Northwestern Invitational vs. Nebraska vs. Ohio State	(W, 191-179) (L, 225.50- 135.50)
Feb. 8	Western Illinois	W, 137-60
Feb. 20- 24	Big Ten Championships	11 a.m./ 6:30 p.m.
March 11-13	NCAA Zone Diving (Houston, Texas)	All Day
March 21-23	NCAA Championships (Indianapolis)	11 am./ 6 p.m.
April 13	Long Course Intrasquad Meet 11 a.m.	

All times are Central

* -- Conference Event

Home meets listed in **BOLD**

THIS WEEK

The University Iowa women's swimming and diving team will compete at the Big Ten Championships, Wednesday through Saturday at the University Aquatic Center in Minneapolis.

The competition begins at 6:30 p.m. on Wednesday, Feb. 20, and then follows three days of non-stop action. Swimming finals will be held at 6:30 p.m. on all four days, while preliminaries will begin at 11 a.m. on Feb. 21-23. Diving preliminaries will begin at 1 p.m. on Feb. 21-23 and the finals will take place later each day.

All-session tickets are \$40 for adults and \$25 for students and youth. All seats are general admission. Tickets are on sale now at MyGopherSports.com or over the phone at 1-800-846-7437.

2012 BIG TEN CHAMPIONSHIPS REVIEW

The Hawkeyes placed ninth overall with 201 points at the 2012 Big Ten Championships in Iowa City, Iowa.

Hawkeye **Becky Stoughton** was named the Big Ten Freshman Swimmer of the Year during the final session of the 2012 Big Ten Swimming and Diving Championships. Stoughton led the Hawkeyes with 44 individual points and recorded a total of four school records. She reset a school record in the 200 free (1:47.29) during the opening leg of the 800 free relay. She also posted school records in the 1,650 free (16:14.14), 400 IM (4:12.34), and the 500 free (4:40.82).

Stoughton, **Emily Hovren**, **Hannah Maher** and **Daniela Cubelic** posted a school record in the 800 freestyle relay. The squad swam a time of 7:20.29 to finish ninth with the second fastest time in school history.

The Hawkeye quartet of Cubelic, **Karolina Wartalowicz**, **Abby Tuchscherer** and **Danielle Carty** posted a time that makes the Iowa record books in the 400-medley relay during the final session of the championships. Cubelic led off the relay and broke a school record in the 100 back (53.63). The squad went on to post a time of 3:40.35 to break a school record and finish ninth overall.

Carty, **Heather Arseth**, Cubelic and Hovren set a school record in the 200-free relay (1:31.68) to finish seventh

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HAWKEYE SWIMMING & DIVING



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WOMEN'S 2012-13 SEASON BESTS

Event	Team Leader	Mark
50 Free	Olivia Kabacinski	22.88 (B)
100 Free	Olivia Kabacinski	50.43
200 Free	Olivia Kabacinski	1:48.32
500 Free	Becky Stoughton	4:43.20 (B)
1,000 Free	Becky Stoughton	9:57.58
1,650 Free	Becky Stoughton	16:22.42 (B)
100 Back	Heather Arseth	54.55 (B)
200 Back	Lindsay Seemann	1:58.98 (B)
100 Breast	Olivia Kabacinski	1:02.30 (B)
200 Breast	Karolina Wartalowicz	2:14.83 (B)
100 Fly	Abbey Tuchscherer	55.07
200 Fly	Becky Stoughton	1:59.68
200 IM	Emily Hovren	2:02.47
400 IM	Lindsay Seemann	4:20.32
200 Free Relay		1:32.90
400 Free Relay		3:22.61
800 Free Relay		7:20.85
200 Medley Relay		1:41.89
400 Medley Relay		3:42.52
1-M Diving	Joelle Christy	313.35
3-M Diving	Abby Grilli	328.20
Platform Diving	Joelle Christy	234.75

IOWA'S BIG TEN WOMEN'S ATHLETES OF THE WEEK

Swimmer of the Week

Dec. 11 Becky Stoughton

Freshman of the Week

Dec. 11 Olivia Kabacinski

Diver of the Week

Dec. 11 Joelle Christy

Co-Diver of the Week

Jan. 22 Joelle Christy

overall. Carty led off the relay with a collegiate best time of 23.17, which ranks second in school history.

Abbey Tushscherer was awarded the Sportsmanship Award for the Iowa team. The award is given to those who have demonstrated the ideals of sportsmanship, which are fairness, civility, honesty, unselfishness, respect and responsibility

BIG TEN NETWORK TO AIR BIG TEN CHAMPIONSHIPS

The Big Ten Network will televise the Big Ten Women's Swimming and Diving Big Ten Championships on Sunday, March 23 at 10:30 a.m. Minnesota will stream the entire championship for FREE at gophersports.com.

IOWA IN BIG TEN HISTORY

The Hawkeye women have crowned 13 Big Ten champions in the program's 35-year history. Iowa's highest finish at the Big Ten Championships came in 1986 when the team tied for second after crowning eight champions.

Nancy Vaccaro won Iowa's first title in the 50 fly in 1983. Iowa's last Big Ten champion was **Melissa Loehndorf** in the 200 fly in 2001.

Kelly Johnson was named Big Ten Diver of the Year in 1986, and former diving coach **Bob Rydze** was named Big Ten Diving Coach of the Year four times (1985, 1986, 1995, 2011).

Kerry Stewart (1983), **Jennifer Skolaski** (2005) and **Nancilea Underwood** (2006) are Iowa's Big Ten Medal of Honor winners for women's swimming and diving.

IOWA SWIMMING HISTORY & TRADITION

Since its first season in 1975, the Hawkeye women's swimming and diving team has posted 113 NCAA qualifiers, 43 All-Americans and 16 Big Ten Champions. The Hawkeyes have a dual meet record of 206-168-2 in their 39-year history.

HEAD COACH MARC LONG

Marc Long is in his ninth season as head coach for the University of Iowa swimming team. It's his eighth as head coach of the combined program. During his

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HAWKEYE SWIMMING & DIVING



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2013 BIG TEN CHAMPIONSHIPS SCHEDULE OF EVENTS

Wednesday, February 20

Day One Finals - 6:30 p.m.

200 medley relay
Synchronized Diving (Exhibition)
800 freestyle relay

Thursday, February 21

Day Two Trials - 11 a.m.

500-yard freestyle
200-yard individual medley
50-yard freestyle
One-Meter Diving
(*Prelims & Consolation*)

Day Two Finals - 6:30 p.m.

200-yard freestyle relay
500-yard freestyle
200-yard individual medley
50-yard freestyle
One-Meter Diving

Friday, February 22

Day Three Trials - 11 a.m.

400-yard individual medley
100-yard butterfly
200-yard freestyle
100-yard breaststroke
100-yard backstroke
Three-Meter Diving
(*Prelims & Consolation Finals*)

Day Three Finals - 6:30 p.m.

400-yard medley relay
400-yard individual medley
100-yard butterfly
200-yard freestyle
100-yard breaststroke
100-yard backstroke
Three-meter diving

Saturday, February 23

Day Four Trials

200-yard backstroke
100-yard freestyle
200-yard breaststroke
200-yard butterfly
Platform diving
(*Prelims & Consolation Finals*)
1,650-yard freestyle
(*all but last heat*)

Day Four Finals - 6:30 p.m.

1,650-yard freestyle
(*Last heat of time finals*)
200-yard backstroke
100-yard freestyle
200-yard breaststroke
200-yard butterfly
Platform diving
400-yard freestyle relay

tenure as head coach of both programs, 54 school records have fallen and 93 Hawkeyes have provisionally qualified for the NCAA Championships.

DIVING COACH TODD WAIKEL

Todd Waikel began his duties as the University of Iowa diving coach in July 2012. Waikel, who was the assistant diving coach at Indiana for seven seasons, replaced long time UI diving coach Bob Rydze. Waikel comes to Iowa City with an impressive collegiate and national diving resume. He helped the Hoosiers to five Big Ten Conference titles (four women's, one men's) and three top 10 NCAA finishes in his seven seasons. He also has coached 10 USA Diving National Teams to titles since 2006.

UNIVERSITY AQUATIC CENTER

The University Aquatic Center has hosted nine Big Ten Championships, six NCAA Championships, and many national and international competitions. The facility that is estimated to be two acres in size, was built in 1990 and is located east of Cookie Hall on the Minneapolis campus. The Aquatic Center is home to the Dorothy L. Sheppard Pool. The 50-meter competition pool measures eight lanes wide and eight feet deep. The facility includes a diving well with one and three-meter boards, and 1, 5, 7.5, and 10-meter diving platforms. Seating includes 1,346 permanent seats and 1,200 temporary bleachers.

NEXT COMPETITION

Juniors Abby Grilli and Lauren Kelba, and redshirt sophomore Joelle Christy will travel to Houston for the NCAA Zone D Diving meet on March 11-13.



**WOMEN'S SWIMMING
AND DIVING
CHAMPIONSHIPS**



Iowa Swimming and Diving



Women's All-Time Top Performers



Danielle Carty

Daniela Cubelic

Julie deBruin

Katelyn Eustis

Alison Gschwend

Christie Hooper

Katy Ketoff

50 Freestyle

1. Olivia Kabacinski, 2012 22.88
2. Stacey Wertz, 2000 23.08
3. Danielle Carty, 2011 23.17
4. Julie deBruin, 2008 23.18
5. Allison Lyle, 2002 23.27
6. Colleen Thome, 1991 23.28
7. Becky Anderson, 1990 23.31
- Christine Kuczek, 2009 23.31
9. Heather Arseth, 2012 23.41
10. Katie Haeger, 2002 23.44

100 Freestyle

1. Christine Kuczek, 2008 50.21
2. Danielle Carty, 2012 50.26
3. Olivia Kabacinski, 2012 50.43
4. Emily Hovren, 2012 50.51
5. Heather Arseth, 2012 50.54
6. Jennifer Skolaski, 2005 50.56
7. Stacey Wertz, 2001 50.79
- Daniela Cubelic, 2009 50.79
- Katarina Tour, 2011 50.79
10. Katie Martin, 2005 50.86

200 Freestyle

1. Becky Stoughton, 2012 1:47.09
2. Olivia Kabacinski, 2012 1:48.32
3. Verity Hicks, 2010 1:48.93
4. Jennifer Skolaski, 2004 1:49.07
5. Christie Hooper, 2002 1:49.43
6. Melissa Loehndorf, 2001 1:49.77
7. Emily Hovren, 2012 1:49.85
8. Lindsay Seemann, 2012 1:49.89
9. Christine Kuczek, 2009 1:49.92
10. Becca Schwartz, 2001 1:50.04

500 Freestyle

1. Becky Stoughton, 2012 4:40.82
2. Melissa Loehndorf, 2000 4:47.21
3. Jennifer Skolaski, 2003 4:48.20
4. Jane Keating, 1987 4:50.45
5. Lindsay Seemann, 2012 4:50.76
6. Ileana Buciu, 1998 4:51.78
7. Ashley Dell, 2008 4:53.69
8. Verity Hicks, 2009 4:53.94
9. Shelly Miyamoto, 1993 4:55.94
10. Christine Kuczek, 2009 4:56.49

1,000 Freestyle

1. Becky Stoughton, 2011 9:39.44
2. Melissa Loehndorf, 2001 9:55.59
3. Jennifer Skolaski, 2002 9:58.53
4. Jane Keating, 1984 9:58.63
5. Angie Todt, 1990 10:04.30
6. Ileana Buciu, 1998 10:06.38
7. Lauren Eytalis, 2010 10:08.54
8. Christie Hooper, 2002 10:09.39
9. Hillary Weigand, 2012 10:09.79
10. Ashley Dell, 2007 10:14.21

1,650 Freestyle

1. Becky Stoughton, 2012 16:03.42
2. Melissa Loehndorf, 2001 16:27.91
3. Jennifer Skolaski, 2002 16:32.30
4. Jane Keating, 1986 16:35.02
5. Angie Todt, 1991 16:37.96
6. Ashley Dell, 2008 16:45.29
7. Ileana Buciu, 1997 16:46.25
8. Hillary Weigand, 2012 17:00.28
9. Lauren Eytalis, 2010 17:04.42
10. Christie Hooper, 2001 17:05.49

100 Backstroke

1. Daniela Cubelic, 2012 53.63
2. Danielle Carty, 2012 54.25
3. Jennifer Skolaski, 2003 54.34
4. Heather Arseth, 2012 54.55
5. Alison Gschwend, 2008 55.39
6. Kelly Werner, 2006 55.53
7. Sarah Galvin, 2010 56.43
8. Audrey Kumm, 2011 56.47
9. Maddie Bro, 2012 56.66
10. Becky Stoughton, 2011 56.68

200 Backstroke

1. Jennifer Skolaski, 2004 1:57.51
2. Becky Stoughton, 2012 1:58.38
3. Daniela Cubelic, 2010 1:58.87
4. Lindsay Seemann, 2012 1:58.98
5. Loredana Zisu, 2000 2:00.67
6. Kelly Werner, 2005 2:00:69
7. Alison Gschwend, 2009 2:01.61
8. Elaine Boosalis, 2012 2:02.10
9. Kara Schmitz, 1997 2:02.37
10. Maddie Bro, 2012 2:02.46

100 Breaststroke

1. Katarina Tour, 2009 1:01.45
2. Olivia Kabacinski, 2012 1:02.30
3. Allison Lyle, 2002 1:02.43
4. Karolina Wartalowicz, 2012 1:02.52
5. Andrea Pennington, 2000 1:03.46
6. Julie Feingold, 2010 1:03.76
7. Hannah Maher, 2011 1:03.88
8. Emmy Haeger, 2007 1:04.33
9. Melissa Eberhardt, 1993 1:04.34
10. Alisha Stiits, 1999 1:04.59

200 Breaststroke

1. Allison Lyle, 2002 2:11.92
2. Karolina Wartalowicz, 2012 2:14.83
3. Alisha Stiits, 1999 2:18.19
4. Hannah Maher, 2012 2:18.68
5. Andrea Pennington, 1999 2:19.08
6. Louise Keogh, 1990 2:19.22
7. Julie Feingold, 2010 2:19.81
8. Crissy Eck, 1993 2:20.13
9. Alison Pennington, 1993 2:20.24
10. Kristen Eide, 2002 2:20.37

100 Butterfly

1. Katarina Tour, 2009 54.61
2. Abbey Tuchscherer, 2012 54.67
3. Aiste Dobrovolskaite, 2011 55.10
4. Audrey Kumm, 2012 55.28
5. Kelly Werner, 2005 55.49
- Laura Mozden, 2010 55.49
7. Loredana Zisu, 1998 55.62
8. Haley Gordon, 2012 55.74
9. Nicole Widmeyer, 1994 55.76
10. Margie Chamberlin, 2007 55.96

200 Butterfly

1. Becky Stoughton, 2012 1:59.68
2. Melissa Loehndorf, 2001 2:00.14
3. Abbey Tuchscherer, 2011 2:01.17
4. Loredana Zisu, 1998 2:01.71
5. Margie Chamberlin, 2007 2:02.24
6. Haley Gordon, 2012 2:02.67
7. Laura Mozden, 2009 2:02.86
8. Katie Michelau, 2009 2:03.66
9. Bernie Brandenburg, 1987 2:04.31
10. Audrey Kumm, 2011 2:04.39

200 Individual Medley

1. Katarina Tour, 2009 2:01.33
2. Jennifer Skolaski, 2005 2:02.93
3. Emily Hovren, 2012 2:02.47
4. Haley Gordon, 2010 2:03.05
5. Allie Orvis, 2012 2:03.21
6. Allison Lyle, 2002 2:03.48
7. Becky Stoughton, 2011 2:03.70
8. Elaine Boosalis, 2011 2:04.19
9. Karolina Wartalowicz, 2012 2:04.22
10. Laura Mozden, 2010 2:05.28

400 Individual Medley

1. Becky Stoughton, 2012 4:12.34
2. Jennifer Skolaski, 2003 4:20.14
3. Lindsay Seemann, 2012 4:20.32
4. Melissa Loehndorf, 1999 4:20.65
5. Haley Gordon, 2010 4:22.04
6. Loredana Zisu, 1998 4:24.26
7. Elaine Boosalis, 2012 4:25.45
8. Katelyn Eustis, 2002 4:26.01
9. Allison Pennington, 1993 4:26.09
10. Julie Feingold, 2009 4:26.49

One-Meter Diving (6)

1. Deidre Freeman, 2011 338.55
2. Lisette Planken, 2005 326.55
3. Veronica Rydze, 2012 325.28
4. Nancilea Underwood, 2006 322.75
5. Terri Millmier, 1988 315.60
6. Joelle Christy, 2013 313.35
7. Lauren Kelba, 2013 295.95
8. Katy Ketoff, 1992 294.60
9. Abby Grilli, 2012 288.35
10. Anne Bowers, 1981 287.15

One-Meter Diving (10)

1. Katy Ketoff, 1992 407.20
2. Kim Yager, 1991 433.55

One-Meter Diving (12)

1. Nancilea Underwood, 2006 626.95

Names in bold are current team members.

Names in bold are current team members.



Iowa Swimming and Diving

Women's All-Time Top Performers



Christine Kuczek



Melissa Loehndorf



Allison Lyle



Lisette Planken



Jennifer Skolaski



Becky Stoughton

One-Meter Diving (11)

1. Lisette Planken, 2003..... 583.55
2. Nancilea Underwood, 2003..... 541.55
3. Teresa Millmier, 1989..... 476.90
4. Kelly Johnson, 1986..... 466.62
5. Diane Goldworthy, 1984..... 439.55
6. Kelly Johnson, 1983..... 431.10
7. Kelly McCready, 1996..... 413.75
8. Jessica Riccobono, 1994..... 413.45
9. Anne Bowers, 1982..... 399.10
10. Kelly McCready, 1994..... 394.70

Three-Meter Diving (6)

1. Deidre Freeman, 2011..... 407.40
2. Nancilea Underwood, 2006..... 400.05
3. Veronica Rydze, 2011..... 358.45
4. Lisette Planken, 2005..... 332.03
5. Abby Grilli, 2012..... 328.20
6. Joelle Christy, 2012..... 327.08
7. Katy Ketoff, 1991..... 315.60
8. Kelly Johnson, 1986..... 314.70
9. Sara Wolchko, 2001..... 292.40
10. Terri Millmier, 1989..... 290.70

Three-Meter Diving (11)

1. Nancilea Underwood, 2003..... 564.60
2. Lisette Planken, 2003..... 561.25
3. Kelly Johnson, 1986..... 494.65
4. Katy Ketoff, 1992..... 489.90
5. Sara Wolchko, 2001..... 480.50
6. Diane Goldworthy, 1985..... 478.44
7. Kelly McCready, 1994..... 477.35
8. Terri Millmier, 1988..... 476.90
9. Jessica Riccobono, 1995..... 472.69
10. Ann Bowers, 1982..... 463.80

Three-Meter Diving (12)

1. Nancilea Underwood, 2006..... 658.30

Platform Diving

1. Laura Maldonado, 1999..... 497.89
2. Katy Ketoff, 1991..... 445.67
3. Kelly McCready, 1996..... 437.95
4. Lauren Kelba, 2010..... 253.65

200 Medley Relay

1. Carty, Tour, **Cubelic**, deBruin, 2009..... 1:41.33
2. Carty, **Wartalowicz**, Tuchscherer, Arseth, 2011..... 1:41.41
3. Carty, **Wartalowicz**, Gordon, Arseth, 2012..... 1:41.85
4. **Arseth**, **Wartalowicz**, Tuchscherer, Kabacinski, 2012..... 1:41.89
5. Carty, Tour, S. Borchers, **Cubelic**, 2010..... 1:42.12
6. Carty, **Wartalowicz**, Tour, **Cubelic**, 2010..... 1:42.72
7. Skolaski, E. Haeger, Werner, K. Haeger, 2004..... 1:42.94
8. Gschwend, E. Haeger, Werner, Martin, 2006..... 1:42.95
9. Skolaski, K. Haeger, Werner, Van Maaren, 2005..... 1:43.13
10. **Bro**, **Kabacinski**, **Arseth**, **Hofstadter**, 2012..... 1:43.75

400 Medley Relay

1. **Cubelic**, **Wartalowicz**, **Tushscherer**, Carty, 2012... 3:40.33
2. **Cubelic**, Tour, Dobrovolskaite, **Hovren**, 2011..... 3:41.87
3. **Arseth**, **Wartalowicz**, Tuchscherer, **Kabacinski**, 2012... 3:42.52
4. Skolaski, Lyle, Loehndorf, Strub, 2002..... 3:43.42
5. Carty, Tour, Mozdzen, Kuczek, 2010..... 3:43.65
6. Carty, Tour, Mozdzen, Kuczek, 2009..... 3:43.73
7. Gschwend, **Tour**, Mozdzen, Kuczek, 2008..... 3:44.05
8. Skolaski, K. Haeger, Werner, Van Maaren, 2005..... 3:44.45
9. **Cubelic**, Tour, Mozdzen, Kuczek, 2009..... 3:45.13
10. **Cubelic**, **Wartalowicz**, **Tuchscherer**, **Stoughton** ... 3:45.19

200 Freestyle Relay

1. Carty, **Arseth**, **Cubelic**, **Hovren**, 2012..... 1:31.68
2. Kuczek, deBruin, **Cubelic**, Gschwend, 2009..... 1:32.37
3. **Kabacinski**, **Arseth**, **Borja**, **Bro**, 2012..... 1:32.90
4. Kuczek, **Cubelic**, Carty, deBruin, 2010..... 1:32.91
5. deBruin, Kuczek, Gschwend, **Tour**, 2008..... 1:32.95
6. **Cubelic**, deBruin, Kuczek, Gschwend, 2009..... 1:33.10
7. Lyle, K. Haeger, Cochran, Strub, 2002..... 1:33.30
8. Lyle, Schwartz, Fields, Wertz, 1999..... 1:33.32
9. Carty, **Cubelic**, **Borja**, Tour, 2010..... 1:33.35
10. Schulte, Martin, Hoff, Kelly, 2006..... 1:33.46

400 Freestyle Relay

1. **Cubelic**, Kuczek, Tour, Gschwend, 2009..... 3:21.27
2. Carty, **Hovren**, **Cubelic**, **Stoughton**, 2012..... 3:21.66
3. Kuczek, deBruin, Tour, Gschwend, 2008..... 3:22.52
4. **Kabacinski**, **Hovren**, **Arseth**, **Klunk**, 2012..... 3:22.61
5. **Hovren**, **Cubelic**, Tour, Polz, 2011..... 3:22.73
6. Wertz, Schwartz, Lyle, Zisu, 2001..... 3:23.16
7. **Cubelic**, Tour, Hicks, Kuczek, 2010..... 3:23.30
8. Carty, **Arseth**, **Hovren**, **Stoughton**, 2011..... 3:23.31
9. Strub, K. Haeger, Hooper, Lyle, 2002..... 3:23.43
10. Kuczek, deBruin, Tour, **Cubelic**, 2009..... 3:23.86

800 Freestyle Relay

1. Skolaski, Hooper, Eustis, VanKeulen, 2004..... 7:18.90
2. **Stoughton**, **Hovren**, **Maher**, **Cubelic**, 2012..... 7:20.29
3. **Hovren**, **Stoughton**, **Seemann**, **Kabacinski**, 2012..... 7:20.85
4. Kuczek, Hicks, Gschwend, **Cubelic**, 2009..... 7:21.08
5. Loehndorf, Hooper, Schwartz, Zisu, 2001..... 7:22.52
6. Hicks, **Cubelic**, **Eytalis**, Kuczek, 2010..... 7:22.77
7. Hooper, Girdley, Skolaski, Loehndorf, 2002..... 7:24.10
8. Hooper, Skolaski, Eustis, Girdley, 2003..... 7:24.47
9. Zisu, Buciu, Katz, Wertz, 1998..... 7:27.90
10. Schwartz, Loehndorf, Buciu, Wertz, 2000..... 7:27.95

Names in bold are current team members.



Nancilea Underwood



Deidre Freeman



Veronica Rydze

Names in bold are current team members.



Iowa Swimming and Diving



Meet The Hawkeyes



Heather Arseth

Free
Sophomore
Plymouth, Minn.
Wayzata

2012-13 -- leads team in the 100 back (54.55), which ranks fourth in school history... her 50 and 100 free times rank ninth (23.41) and fifth (50.54), respectively, in school history... swam

on the team-leading 200 free (1:32.90), 400 free (3:22.61), 200 medley (1:41.89) and 400 (3:42.52) medley relays... holds school record in the 200 free relay (1:31.68)... time in the 400 free relay (3:22.61) ranks fourth in school history... holds second fastest time in school history in the 200 medley (1:41.41) and third fastest time (3:42.52) in school history in 400 medley relay.

Arseth's Collegiate Bests

EVENT	TIME	MEET	DATE
50 Free	23.41	Hawkeye Invitational	11/30/12
100 Free	50.54	Iowa State	12/7/12
200 Free	1:51.93	at Northwestern Invitational	2/1-2/13
100 Back	54.55 (B)	Iowa State	12/7/12



Becky Stoughton

Free
Sophomore
Peoria, Ill.
Peoria Notre Dame

2012-13 -- leads team in the 500 (4:43.20), 1,000 (9:57.58), and 1,650 (16:22.42) free and 200 fly (1:59.68)... holds school records in the 200 (1:47.09), 500 (4:40.82),

1,000 (9:39.44), 1,650 free (16:03.42), 400 IM (4:12.34), and 200 fly (1:59.68)... her time in the 200 back (1:58.38) ranks second fastest in school history... Big Ten named Swimmer of the Week on Dec. 11.

Stoughton's Collegiate Bests

EVENT	TIME	MEET	DATE
200 Free	1:47.09	Big Ten Championships	2/17/12
500 Free	4:40.82	Big Ten Championships	2/16/12
1,000 Free	9:39.44	vs. Minnesota	11/4/11
1,650 Free	16:03.42	NCAA Championships	3/17/12
100 Back	56.58	vs. Michigan State	10/29/11
200 Back	1:58.38	at Shamrock Invitational	1/27-28/12
200 IM	2:03.70	at Iowa State	12/9/11
400 IM	4:12.34	Big Ten Championships	2/17/12
200 Fly	1:59.68	Iowa State	12/7/12



Iowa Swimming and Diving



Meet The Hawkeyes



Olivia Kabacinski

Free
Freshman
La Porte, Ind.
Chesterton

2012-13 -- leads team in the 50 (22.88), 100 (50.43), and 200 free (1:48.32), and in the 100 breast (1:02.30)... holds the school record in the 50 free (22.88)... her best times

in the 100 free rank third, 200 free ranks second, and 100 breast ranks second in school history... swam on the team-leading 200 (1:41.89), 400 medley (3:42.52) and 200 (1:32.90) and 400 (3:22.61) free relays... named Big Ten Freshman of the Week on Dec. 11.

Kabacinski's Collegiate Bests

Event	Time	Meet	Date
50 Free	22:88 (B)	Hawkeye Invitational	11/30/12
100 Free	50:43	Hawkeye Invitational	11/30/12
200 Free	1:48.32	Hawkeye Invitational	11/30/12



Abby Grilli

Diving
Junior
Burr Ridge, Ill.
Hinsdale Central

2012-13 -- leads team in the three-meter dive (328.20), which ranks fifth overall in school history... qualified to compete at 2013 NCAA Zone D Diving meet.

Grilli's Collegiate Bests

Event	Score	Meet	Date
One-meter	289.35 (ZS)	at Illinois	1/19/13
Three-meter	328.20 (ZS)	Hawkeye Invitational	12/1/12
Platform	205.35	Hawkeye Invitational	12/1/12



Lindsay Seemann

Free/IM
Junior
Newmarket, Ontario, Canada
Newmarket

2012-13 -- leads team in the 200 back (2:58.98) and 400 IM (4:20.32), which rank fourth and third in school history... her times in the 200 (1:49.89) and 500 (4:50.76) free rank

eighth and fifth, respectively, in school history.

Seemann's Collegiate Bests

Event	Time	Meet	Date
200 Free	1:49.89	Iowa State	12/7/12
500 Free	4:50.76	Hawkeye Invitational	11/30/12
100 Back	57.66	Black & Gold Intrasquad	10/13/12
200 Back	1:58.98 (B)	Hawkeye Invitational	11/30/12
400 IM	4:20.32	Hawkeye Invitational	11/30/12



Joelle Christy

Diving
RS Sophomore
Springfield, Ill.
Sacred Heart

2012-13 -- leads team in the one-meter (313.35) and platform events (234.75)... her point total in the three meter (327.08) ranks sixth in school history... named Big Ten Diver of the

Week on Dec. 11 and Jan. 22... qualified to compete at 2013 NCAA Zone D Diving meet.

Christy's Collegiate Bests

Event	Score	Meet	Date
One-meter	313.35 (ZS)	at Illinois	1/19/13
Three-meter	327.08 (ZS)	Iowa State	12/7/12
Platform	234.75	Northwestern	1/26/13



Iowa Swimming and Diving



Meet The Hawkeyes



Abbey Tuchscherer

**Fly
Junior
Oshkosh, Wis.
Oshkosh West**

2012-13 -- leads team in the 100 fly (55.07), her time ranks third in school history... swam on team-leading 200 (1:41.89) and 400 medley relays (3:42.52) ... holds school record in the 400 medley relay (3:40.33), time in the 200 medley relay (1:41.41) ranks second overall in school history.

Tuchscherer's Collegiate Bests

Event	Time	Meet	Date
100 Free	53.27	Western Illinois	2/3/12
100 Fly	54.67	Big Ten Championships	2/17/12
200 Fly	2:01.17	at Iowa State	12/9/11
200 IM	2:05.98	Hawkeye Invitational	11/30/12



Karolina Wartolowicz

**Breast
Junior
Oswego, Ill.
Oswego East High School**

2012-13 -- leads team in the 200 breast (2:14.83)... her time ranks second fastest in school history... swam on team-leading 200 and 400 medley relays... holds school record in the 400 medley relay (3:40.33)... time in the 200 medley relay (1:41.41) ranks second overall in school history.

Wartolowicz's Collegiate Bests

Event	Time	Meet	Date
50 Free	25.99	Truman State	10/8/10
200 Free	1:59.15	Western Illinois	2/3/12
100 Breast	1:02.52	Hawkeye Invitational	12/1/12
200 Breast	2:14.83 (B)	Hawkeye Invitational	12/1/12
200 IM	2:04.22	Hawkeye Invitational	12/1/12
400 IM	4:35.25	Shamrock Invite	1/29/11