

# IOWA TRACK & FIELD 2018

**25 Olympians**  
**13 NCAA Champions**  
**286 All-America Honors**  
**287 Big Ten Champions**  
**480 Academic All-Big Ten Honors**



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## 2018 IOWA TRACK & FIELD INDOOR SCHEDULE

Date	Meet
Jan. 13	Hawkeye Invitational (Iowa City, Iowa)
Jan. 19-20	Larry Wieczorek Invitational (Iowa City, Iowa)
Jan. 27	Black & Gold Premier (Iowa City, Iowa)
Feb. 2-3	Meyo Invitational (South Bend, Ind.)
Feb. 9-10	Iowa State Classic (Ames, Iowa)
Feb. 9-10	Tyson Invitational (Fayetteville, Ark.)
Feb. 17	Alex Wilson Invitational (South Bend, Ind.)
Feb. 23-24	Big Ten Championships (Geneva, Ohio)
Mar. 9-10	NCAA Championships (College Station, Texas)

## IOWA COACHING STAFF

Joey Woody.....	Director of Track & Field
Randy Hasenbank.....	Associate Head Cross Country
.....	Assistant Track & Field Coach
Clive Roberts.....	Associate Head Coach
Jason Wakenight.....	Assistant Coach
.....	Director of Recruiting
Eric Werskey.....	Assistant Coach (Throws)
Paige Knodle.....	Assistant Coach
Kate See.....	Director of Operations

## THIS WEEK

The University of Iowa track and field team hosts its final indoor meet of the 2018 season with the Black & Gold Premier on Friday and Saturday. The weight throw, located in the Hawkeye Tennis and Recreation Complex (HTRC), begins Friday at 3 p.m. (CT), while all other events take place inside the UI Recreation building Saturday beginning at 12 p.m.

## PROMOTIONS

- On Saturday, fans may sign up at the marketing table for a chance to win a prize pack.

## FOLLOW ALONG

Fans can follow the meet on the live results page at [hawkeyesports.com/tracklive](http://hawkeyesports.com/tracklive). Results will also be posted on the team's official twitter account @iowaxc\_tf.

## HAWKEYES RISE THROUGH THE RANKINGS

The University of Iowa men's and women's track and field teams are ranked in the latest United States Track and Field and Cross Country Coaches Association (USTFCCCA) National Rankings, released Jan. 22. The men are ranked 22nd in the nation, while the women are ranked 27th, their highest ranking since they were ranked as high as 18th during the 2008 season.

## BIG TEN LEADERS

The Hawkeyes lead the Big Ten in seven events in 2018.

- Senior Brittany Brown: 200 Meters (23.54)
- Junior Briana Guillory: 400 Meters (52.95)
- Junior Mar'yea Harris: 400 Meters (46.50)
- Junior Chris Douglas: 60 Meter Hurdles (7.80)
- Men's 4x400 meter relay: 3:07.54
- Sophomore Jenny Kimbro: Pentathlon (3,900 points)
- Senior Will Dougherty: Heptathlon (5,572 points)

## NCAA LEADERS

Iowa has 12 athletes represented in eight events the NCAA top 10, according to TFRRS.com.

- Junior Briana Guillory: 400 meters (1st), 200 meters (9th)
- Will Dougherty: Heptathlon (5th)
- Men's 4x400 meter Relay (5th)
- Junior Mar'yea Harris: 400 meters (8th)
- Senior Brittany Brown: 200 meters (8th)
- Sophomore Jenny Kimbro: Pentathlon (8th)
- Junior Tria Simmons: Pentathlon (9th)
- Junior Chris Douglas: 60 meter hurdles (10th)
- Women's 4x400 meter Relay (10th)



### HARRIS BROUGHT HIS "A" GAME

Junior Mar'yea Harris holds the eighth fastest 400-meter time in the country and 12th fastest time in the world after the Larry Wiecezorek Invitational. Harris competed against professionals Fred Kerley and Aldrich Bailey in the 400 meter premier. Harris finished third with a time of 46.50 to lead the Big Ten and rank eighth in the NCAA.

Harris also split 45.9 on the final leg of the men's 1,600-meter relay premier to complete a third-to-first comeback over the TigerHawk Olympians and LSU. The Hawkeyes are ranked fifth in the country in the event with a time of 3:07.54, eighth fastest in program history.

### GUILLORY NAMED BIG TEN TRACK ATHLETE OF THE WEEK

Junior Briana Guillory was named the women's Big Ten Track Athlete of the Week on Wednesday. Guillory leads the country in the women's 400 meters with a time of 52.95 following the Larry Wiecezorek Invitational. Guillory finished runner-up to Nike athlete and 2012 Olympian Georganne Moline, but still recorded a personal best. She now ranks fifth in school history.

During the women's 1,600 meter relay, Guillory helped Iowa to a first place finish, splitting 51.05 on the third leg of the race. The Hawkeyes went on to set the sixth fastest time in school history, 10th fastest in the country, and third fastest in the Big Ten.

### TAUSAGA TAKES ANOTHER SCHOOL RECORD

Sophomore Laulauga Tausaga broke another throwing record at the Larry Wiecezorek Invitational. Tausaga threw 15.87 meters (52 feet, 1 inch) to surpass Gail Smith whose record stood since 1985. Tausaga finished fifth in the event.

Tausaga also recorded the second longest weight throw mark in school history (19.15 meters, 62 feet, 10 inches). Tausaga owns school record in the discus and indoor shotput.

### FEAR THE IOWA RELAYS

The Hawkeyes boast two top-10 relays in the country. The men's 1,600-meter relay of Collin Hofacker, DeJuan Frye, Bradford Garron, and Mar'yea Harris rank fifth in the country with a time of 3:07.54 and first in the Big Ten.

The women's 1,600-meter relay team of Sheridan Champe, Brittany Brown, Briana Guillory, and Sarah Plock are 10th in the nation and third in the Big Ten with a time of 3:37.37.

### MAKE ROOM FOR THE MULTI EVENTS

The Hawkeyes had three athletes set personal bests in the heptathlon and pentathlon at the Larry Wiecezorek Invitational, including a school record by senior Will Dougherty in the heptathlon.

Dougherty reset his own school record in the event by 70 points, scoring 5,572 points. He ranks fifth in the NCAA in the heptathlon and first in the Big Ten. In addition, Dougherty finished first, defeating 2016 Olympian Zach Ziemek.

## 2018 INDOOR SEASON LEADERS

### MEN

60 Meters	Christian Brissett	6.79
60-Meter Hurdles	Chris Douglas	7.80
200 Meters	Antonio Woodard	21.46
400 Meters	Mar'yea Harris	46.50
600 Meters	Carter Lilly	1:17.79
800 Meters	Tysen VanDraska	1:52.40
1,000 Meters	Kevin Docherty	2:27.90
Mile	Nathan Mylenek	4:09.73
3,000 Meters	Michael Melchert	8:22.62
1,600-Meter Relay	Hofacker, Frye, Garron, Harris	3:07.54
High Jump	Cole Moeller	6-6 3/4 (2.00m)
	Jay Hunt	6-6 3/4 (2.00m)
Pole Vault	Andy Jatis	16-6 3/4 (5.05m)
Long Jump	Cooper Koenig	22-10 1/2 (6.97m)
Triple Jump	Akinshe Hill	48-4 1/4 (14.74m)
Shot Put	Reno Tuufuli	60-10 3/4 (18.56m)
Heptathlon	Will Dougherty	5,572 points *

### WOMEN

60 Meters	Kyara Avant	7.51
60-Meter Hurdles	Jenny Kimbro	8.42
200 Meters	Brittany Brown	23.54
400 Meters	Briana Guillory	52.95
600 Meters	Mallory King	1:33.11
800 Meters	Tia Saunders	2:15.25
1,000 Meters	Julie Hollensbe	3:00.98
Mile	Andrea Shine	4:55.55
3,000 Meters	Andrea Shine	9:39.02
1,600-Meter Relay	Champe, Brown, Guillory, Weum	3:37.37
High Jump	Aubrianna Lantrip	5-7 (1.70m)
Pole Vault	Amy Smith	11-9 3/4 (3.60m)
Long Jump	Tria Simmons	19-2 (5.84m)
Triple Jump	Tria Simmons	38-8 1/4 (11.83m)
Shot Put	Laulauga Tausaga	52-1 (15.87m) *
Weight Throw	Laulauga Tausaga	62-10 (19.15m)
Pentathlon	Jenny Kimbro	3,900 points

\* -- school record



Sophomore Jenny Kimbro and junior Tria Simmons both moved up in the all-time Iowa pentathlon rankings. Kimbro won the pentathlon with a personal best 3,900 points, second in school history, while Simmons finished second with 3,859 points, third in school history. The duo also ranks first and second in the Big Ten and eighth and ninth in the country.

### IOWA SIGNS 25 FOR 2018

The Hawkeyes announced the addition of 25 signees for the 2018-19 season on Nov. 11. The class includes 14 women and 11 men, including 10 from Iowa.

### ROSTER BREAKDOWN

Iowa has 110 athletes on its roster in 2018. There are 40 freshmen, 32 sophomores, 21 juniors, and 17 seniors. Of the 110 student-athletes, 42 are from Iowa followed by 20 from Illinois. The team also has seven international athletes.

### COUNTING CURRENT ALL-TIME HAWKEYES

The men have 35 current athletes in Iowa's indoor all-time top 10, led by school-record holders Mar'yea Harris, (400-meters, 1,600-meter relay), Carter Lilly (800-meters, Distance medley relay), Will Dougherty (heptathlon), DeJuan Frye (1,600-meter relay, Distance medley relay), Collin Hofacker (1,600-meter relay) and Matt Manternach (Distance medley relay).

The women have 30 athletes in the top-10 and four school record holders on the roster including Brittany Brown (200 meters), Jahisha Thomas (long jump, triple jump), and Briana Guillory (1,600-meter relay).

### BROWN, HARRIS NAMED PRESEASON ALL-AMERICANS

Senior Brittany Brown (200 meters) and junior Mar'yea Harris (400 meters) were named 2018 Preseason All-Americans by FloTrack.

Brown, a native of Upland, California, owns the 200-meter school record indoor and outdoor and is tied for the 100-meter record. Brown won Big Ten titles in the 200 meters during the indoor and outdoor seasons and went on to finish fifth at the NCAA Indoor championships with a time of 22.92.

Harris, a native of Auburn, Washington, holds the indoor 400-meter school record and placed runner-up in the 400-meters at the Big Ten Indoor Championships. Harris was part of the 1,600-meter relay that broke the indoor and outdoor school records and placed fifth and third at the NCAA Indoor and Outdoor Championships, respectively.

Brown and Harris join Ohio State's Nick Gray as the only male or female representatives of the Big Ten in the 200 or 400 meters.

### NEXT ON THE BLOCK

The Hawkeyes hit the road for the first time in 2018. The team travels to the Meyo Invitational, hosted by Notre Dame. The meet runs from Feb.2-3 in South Bend, Indiana.

## Pronunciation Guide

Alex Balke .....	ball-KEY
Marta Bote Gonzalez .....	BOAT
Sheridan Champe .....	CHAMP-ee
Kevin Docherty .....	DOC-er-tee
Tashee Hargrave.....	Ta-Shay
Mar'yea Harris.....	Mar-ee-ay
Matt Manternach.....	MON-ter-knock
Nathan Mylenek .....	MY-len-ek
Kara Neustrom .....	NEW-strum
Elizabeth Niedert .....	KNEE-dirt
Lalauga Tausaga.....	La-Long-a Ta-(short a)-saga
Nolan Teubel .....	TOO-bull
Reno Tuufuli .....	TOO-foo-lee

## UI Recreation Building

The UI Recreation Building became the full-time home for the Iowa Track & Field Program in 2016 when the UI Athletic Department bought the building from the University and installed a state-of-the-art multi-million dollar track used in the 2016 World Championships.

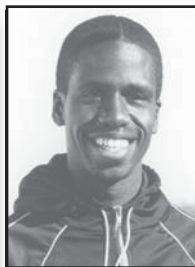
The UI Recreation building includes eight training and athletic training spaces for Iowa track & field and cross country teams. The Hawkeyes have hosted the Big Ten Indoor Men's Championships in 1989, 1997, and 2006 and the Big Ten Women's Indoor Championships in 1991 and 2004.



# INDOOR ALL-TIME TOP TEN PERFORMERS



**Justin Austin**



**Rodney Chambers**



**Jim Costello**



**Troy Doris**



**William Dougherty**



**Bill Hansen**



**John Hickey**

## 60 Meters

- Justin Austin, 2011 ..... 6.69
- Vinnie Saucer, Jr., 2016..... 6.70
- Kurt Felix, 1999..... 6.73  
Tevin-Cee Mincy, 2014 ..... 6.73
- Josh Larney, 2013 ..... 6.74  
**Christian Brissett, 2017 .....6.74**
- Troy Doris, 2012 ..... 6.75
- O'Shea Wilson, 2017.....6.75**
- Jacob Gourley, 2017 ..... 6.77
- Tony Branch, 1999 ..... 6.78

## 60-Meter Hurdles

- Aaron Mallett, 2017 ..... 7.64
- Jordan Mullen, 2013..... 7.70
- Chris Douglas, 2018 .....7.80**
- Ethan Holmes, 2013 ..... 7.82
- Dion Trowers, 1997 ..... 7.87
- Russell Peterson, 2004 ..... 7.97
- Dan Davis, 2012..... 8.02
- DeRocco Reed, 2000..... 8.03  
Keith Brown, 2015 ..... 8.03
- Torrey Campbell, 2012 ..... 8.09

## 200 Meters

- Justin Austin, 2011 ..... 20.80
- Anthuan Maybank, 1993..... 21.11
- Bashir Yamini, 1999 ..... 21.19
- James Harrington, 2014 ..... 21.21
- Ethan Holmes, 2013 ..... 21.23
- Tim Dodge, 2000 ..... 21.26  
**Antonio Woodard, 2017.....21.26**
- Christian Brissett, 2017 .....21.27**
- Emmanuel Ogwo, 2017 ..... 21.32
- Paul Chaney, Jr., 2009 ..... 21.34

## 400 Meters

- Mar'yea Harris, 2017 .....45.75**
- Emmanuel Ogwo, 2017 ..... 46.45
- Steven Willey, 2010 ..... 46.75
- Terrence Duckett, 1984 ..... 46.81
- Collin Hofacker, 2017 .....46.82**
- Andre Morris, 1995 ..... 47.15
- Monte Raymond, 1998..... 47.18
- Anthuan Maybank, 1990..... 47.25
- Patrick Richards, 2011 ..... 47.35
- DeJuan Frye, 2017 .....47.39**

## 600 Meters

- Erik Sowinski, 2012..... 1:16.91
- Carter Lilly, 2017 ..... 1:17.20**
- Austin Lietz, 2017 ..... 1:17.40**
- Will Teubel, 2016..... 1:17.55
- Steven Willey, 2011 ..... 1:17.94
- Keaton Rickels, 2012 ..... 1:18.19
- Pat McGhee, 1988..... 1:18.30
- Noah Larrison, 2017..... 1:18.41**
- Ryan Dorman, 2017 ..... 1:18.44**
- Ryan Weir, 2013 ..... 1:18.62

## 800 Meters

- Carter Lilly, 2017 ..... 1:47.33**
- Erik Sowinski, 2012..... 1:47.62
- Will Teubel, 2016..... 1:47.74
- Pavlo Hutsalyuk, 2016 ..... 1:48.97
- Ryan Weir, 2013 ..... 1:49.11
- Adam Hairston, 2010..... 1:49.26
- Nathan Prom, 2013 ..... 1:49.29
- Nick Kuczvara, 2010 ..... 1:49.59
- Anthony Chaidez, 2017 ..... 1:50.75**
- Nolan Teubel, 2017 ..... 1:51.23**

## Mile

- Jeff Thode, 2011 ..... 3:58.72
- Ed DeLashmutt, 1981 ..... 4:04.01
- Adam Jones, 2017 ..... 4:04.28
- Larry Wieczorek, 1968..... 4:04.40
- Michael Melchert, 2016.....4:05.37**
- John Clark, 1972 ..... 4:05.94
- Ben Witt, 2014 ..... 4:07.08
- Adam Thomas, 2002 ..... 4:07.13
- Kevin Herd, 1992 ..... 4:07.26
- Jesse Luciano, 2009 ..... 4:07.29

## 3,000 Meters

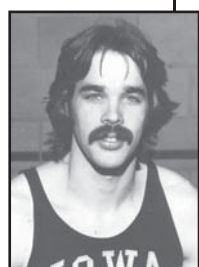
- Kevin Lewis, 2015 ..... 7:57.06
- Jeff Thode, 2011 ..... 8:00.38
- Micah VanDenend, 2006 ..... 8:00.81
- Michael Melchert, 2016..... 8:08.57**
- Eric MacTaggart, 2006..... 8:08.79
- Stetson Steele, 2000..... 8:09.54
- Ben Witt, 2015 ..... 8:10.97
- Dan Haut, 2005 ..... 8:11.36
- Kevin Herd, 1994 ..... 8:11.51
- Nick Holmes, 2010 ..... 8:15.48

## 5,000 Meters

- Kevin Lewis, 2015 ..... 13:43.70
- Micah VanDenend, 2007 ..... 13:56.46
- Stetson Steele, 2000..... 14:00.52
- Dan Haut, 2006 ..... 14:06.16
- Eric MacTaggart, 2006..... 14:13.41
- Jeff Thode, 2011 ..... 14:16.00
- Matt Esche, 2004..... 14:18.43
- Jeff Kent, 2007 ..... 14:18.86
- Jesse Luciano, 2009 ..... 14:20.99
- Nick Nordheim, 2002 ..... 14:22.99



**Ethan Holmes**



**Bill Knoedel**



**Anthuan Maybank**



**Aaron Mallett**



**Nathan Prom**

# INDOOR ALL-TIME TOP TEN PERFORMERS



**Patrick Richards**

**Keaton Rickels**

**Erik Sowinski**

**Jeff Thode**

**Micah VanDenend**

**Todd Wigginton**

**Steven Willey**

## Heptathlon

1. **William Dougherty, 2018 5,572 points**
2. Kyle Reid, 2013 ..... 5,354 points
3. Dan Rolling, 2010 ..... 5,205 points
4. Jack Eckert, 2015 ..... 5,188 points
5. Ryan Niver, 2008..... 5,149 points
6. Frank Prill, 2010..... 5,015 points
7. **Daniel Gaynes, 2018 ..... 4,895 points**
8. Scott Faber, 2000..... 4,784 points
9. Cam Appleman, 1997 ..... 4,685 points
10. Bobby Windauer, 2007 ..... 4,644 points

## High Jump

1. Bill Knoedel, 1976..... 7-3 (2.21)  
Bill Hansen, 1978..... 7-3 (2.21)
3. Scott Hudek, 1993 ..... 7-0 1/2 (2.15)  
Kevin Spejcher, 2015 ..... 7-0 1/2 (2.15)
5. Pat Meade, 1987 ..... 7-0 1/4 (2.14)
6. Mike Lacy, 1984..... 7-0 (2.13)
7. M. Cunningham, 1984.. 6-11 1/4 (2.11)
8. Jeffery Herron, 2010..... 6-11 (2.11)  
Peter Hlavin, 1980 ..... 6-11 (2.11)  
Brandon Oest, 2010 ..... 6-11 (2.11)  
Dan Rolling, 2008 ..... 6-11 (2.11)  
Graham Valdes, 2010 ..... 6-11 (2.11)  
Peter Andreano, 2016 ..... 6-11 (2.11)

## Pole Vault

1. Todd Wigginton, 1984 ..... 17-1 (5.21)
2. Dave Nielsen, 1975..... 16-10 (5.13)
3. Kyle Reid, 2013 ..... 16-6 3/4 (5.05)  
**Andy Jatis, 2018..... 16-6 3/4 (5.05)**
5. Curt Brock, 1979..... 16-6 (5.03)
6. Alex Zona, 2010..... 16-4 3/4 (5.00)
7. Phil Wertman, 1971 ..... 16-4 (4.98)
8. Jeff Raymond, 2008..... 16-2 (4.93)
9. John Teffer, 1972 ..... 16-1 (4.90)
10. Josh Pelock, 2017 ..... 16-0 3/4 (4.90)

## Long Jump

1. Anthuan Maybank, 1992..26-5 1/2 (8.06)
2. Bashir Yamini, 1998 ..... 26-0 1/4 (7.93)
3. **O'Shea Wilson, 2017 .... 25-9 1/2 (7.86)**
4. Darren Smith, 1991 ..... 25-2 (7.67)
5. Paul Jones, 1990..... 24-11 1/4 (7.60)
6. Josh Larney, 2013 ..... 24-10 (7.57)
7. Ronnie McCoy, 1984..... 24-9 (7.54)
8. Matty Gorman, 2006 ..... 24-8 1/2 (7.53)
9. Charles Jones, 1980..... 24-8 1/4 (7.52)
10. Quinn Early, 1986 ..... 24-7 1/4 (7.50)

## Triple Jump

1. Troy Doris, 2011 ..... 54-0 (16.46)
2. Babatunde Amosu, 2015..52-8 3/4 (16.07)
3. Paul Jones, 1990..... 52-1 1/4 (15.88)  
Klyvens Delaunay, 2014.. 52-1 1/4 (15.88)
5. Mike Lacy, 1983 ..... 49-0 (14.93)
6. Owen Gill, 1982 ..... 48-10 3/4 (14.90)
7. Josh Bean, 2009 ..... 48-10 (14.88)
8. David Nsabua, 2013 ..... 48-9 (14.86)
9. Kerry Dean, Jr., 2016... 48-8 1/4 (14.84)
10. **Akinshe Hill, 2018 .... 48-4 1/2 (14.74)**

## Shot Put

1. John Hickey, 2009..... 63-0 (19.20)
2. Jeremy Allen, 2001 ... 62-10 1/2 (19.16)
3. **Reno Tuufuli, 2017 .... 61-7 1/2 (18.78)**
4. Avery Meyers, 2017.... 61-4 1/4 (18.70)
5. Shane Maier, 2006..... 61-2 (18.64)
6. Gary Kostrubala, 1986..60-10 3/4 (18.55)
7. Andy Banse, 2005..... 60-9 1/4 (18.52)
8. Ken Kemeny, 2004..... 60-0 1/2 (18.30)
9. Gabe Hull, 2014..... 59-3 (18.06)
10. Chris Gambol, 1987 ..... 59-0 (17.98)

## Weight Throw

1. Jim Costello, 2002 ..... 69-4 3/4 (21.15)
2. Matt Banse, 2012 ..... 67-8 (20.62)
3. Arno van der Westhuizen,  
2001 ..... 67-7 1/2 (20.61)
4. Adam Hamilton, 2007 66-9 1/4 (20.35)
5. Jeremy Allen, 2001 ... 65-10 1/4 (20.07)
6. Chris Voller, 2005..... 63-4 (19.30)
7. Ryan Lamparek, 2012 ..... 61-2(18.62)
8. Brad Daufeldt, 2004 ... 60-4 1/2 (18.40)
9. Gabe Hull, 2014..... 59-7 (18.16)
10. Ryan Jordan, 2008..... 59-0 (17.98)

## 1,600-Meter Relay

1. Ogwo, Hofacker, Frye, Harris, 2017.....**3:04.94**
2. Richards, E. Holmes, Sowinski, Willey,  
2011 ..... 3:06.66
3. Rozell, Davis, Raymond, Yamini, 1998 ..... 3:06.80
4. Ogwo, Mallett, Frye, Harris, 2017 .....**3:07.08**
5. Wolff, Ganschow, Lilly, Harris, 2016.....**3:07.24**
6. Coleman, Faber, Strang, Peterson, 2002 .. 3:07.44
7. **Hofacker, Frye, Garron, Harris, 2018 ..... 3:07.54**
8. Wolff, B. Thompson, Ganschow,  
Harris, 2016 ..... **3:07.58**
9. Richards, Sowinski, E. Holmes, Willey,  
2011 ..... 3:07.84
10. Greer, Williams, Smith, Duckett, 1984..... 3:08.14

## 3,200-Meter Relay

1. Cooke, Nie, Monsey, Chambers, 1990..... 7:13.02
2. Corrigan, Blackman, Strozier, Chambers,  
1989 ..... 7:29.00
3. English, Blackman, Strozier, Chambers,  
1989 ..... 7:36.20
4. 1977 ..... 7:39.40
5. 1986 ..... 7:40.90
6. Bouske, Herd, Chambers, Koon, 1992 ..... 7:43.94
7. Bouska, Cook, White, Herd, 1992..... 7:48.63
8. 1992 ..... 7:49.86
9. 1986 ..... 7:50.10
10. Roseman, Rerko, Novotny, Branigan,  
1993 ..... 7:51.36

## Distance Medley Relay

1. **Lilly, Frye, Manternach, Jones, 2017 ..... 9:44.07**
2. Prom, Rickels, Sowinski, Thode, 2012 ..... 9:45.41
3. 1999 ..... 9:46.83
4. 1977 ..... 9:48.80
5. 1978 ..... 9:49.70
6. Kuczvara, Barton, Kuhlman, N. Holmes,  
2010 ..... 9:51.05
7. Marchese, Varner, Hairston, Luciano,  
2009 ..... 9:52.52
8. Paul, Varner, Hairston, Thode, 2010..... 9:52.71
9. **Gardarsson, Ganschow, Hutsalyuk,  
Melchert, 2016 ..... 9:52.97**
10. Prom, Richardson, Sowinski, Thode,  
2011 ..... 9:57.44

# INDOOR ALL-TIME TOP TEN PERFORMERS



**Kineke Alexander** **Meghan Armstrong** **Brittany Brown** **Tracy Dahl** **Nicole Erickson** **Karessa Farley** **Ashlyn Gulvas**

## 60 Meters

1. Lake Kwaza, 2016 .....7.33
2. **Brittany Brown, 2017** ..... **7.39**
3. Elaine Jones, 1983 .....7.43
4. Peaches Roach, 2005.....7.45
5. Shellene Williams, 2004 .....7.50
6. **Briana Guillory, 2017** ..... **7.51**
- Kyara Avant, 2018** ..... **7.51**
8. Jiselle Providence, 2002 .....7.52
9. Rhonda-Kaye Trusty, 2010 .....7.55
- Erin Jones, 2011 .....7.55
- Raven Moore, 2013 .....7.55

## 60-Meter Hurdles

1. Karessa Farley, 2009 .....8.21
2. Tiffany Johnson, 2006.....8.33
3. **Jahisha Thomas, 2017** ..... **8.35**
4. Paula Ruen, 1998.....8.39
5. **Jenny Kimbro, 2018** ..... **8.42**
6. Heaven Chandler, 2017 .....8.44
7. Sarah Steffen, 2002 .....8.45
- Renee White, 2008.....8.45
9. Colleen Prendergast, 2000 .....8.57
- 10.Tammilee Kerr, 2008.....8.60

## 200 Meters

1. **Brittany Brown, 2017** ..... **22.79**
2. Kineke Alexander, 2006 .....23.49
3. Lake Kwaza, 2016 .....23.54
4. **Briana Guillory, 2018** ..... **23.58**
5. Shellene Williams, 2004 .....23.62
6. Marlene Poole, 1994 .....23.66
- Yolanda Hobbs, 1995.....23.66
8. Erica Broomfield, 1998 .....23.81
9. Raven Moore, 2013 .....24.00
- 10.Erin Jones, 2011 .....24.01

## 400 Meters

1. Kineke Alexander, 2007 .....51.48
2. Elexis Guster, 2016 .....52.36
3. Ellen Grant, 1996.....52.65
4. Shellene Williams, 2004 .....52.83
5. **Briana Guillory, 2018** ..... **52.95**
6. Alexis Hernandez, 2017 .....53.42
7. Ashley Liverpool, 2011 .....54.09
8. MonTayla Holder, 2015 .....54.32
9. Tiffany Hendricks, 2011 .....55.06
- 10.Marlene Poole, 1993 .....55.20

## 600 Yards

1. Senta Hawkins, 1987 ..... 1:21.06
2. Aisha Hume, 2004 ..... 1:21.74
3. Kay Stormo, 1982 ..... 1:22.49
4. Nicole Erickson, 2012 ..... 1:22.61
5. Mahnee Watts, 2016 ..... 1:22.72
6. Bethany Praska, 2009 ..... 1:23.12
7. Hannah Simonson, 2012 ..... 1:23.18
8. Chris Davenport, 1982..... 1:24.14
9. Kaitlyn Nelson, 2015..... 1:24.52
- 10.Sophia Poncè, 2007 ..... 1:24.55

## 600 Meters

1. Kineke Alexander, 2008 ..... 1:27.45
2. Bethany Praska, 2011 ..... 1:28.14
3. MonTayla Holder, 2016 ..... 1:29.35
4. Mahnee Watts, 2016 ..... 1:30.41
5. Senta Hawkins, 1987 ..... 1:30.77
6. Kaitlyn Nelson, 2013..... 1:31.44
7. Karen Layne, 1990 ..... 1:31.45
8. Nicole Erickson, 2012 ..... 1:31.71
9. Elexis Guster, 2016..... 1:32.04
- 10.Kay Stormo, 1982 ..... 1:32.30

## 800 Meters

1. Bethany Praska, 2011 ..... 2:05.01
2. Jeanne Kruckeberg, 1989 ..... 2:06.38
3. Michelle Lahann, 2004 ..... 2:06.83
4. Katharina Trost, 2014 ..... 2:07.38
5. Mahnee Watts, 2014 ..... 2:08.79
6. Adrienne Alexia, 2013 ..... 2:08.95
7. Briana Benning, 1996 ..... 2:09.22
8. Kaitlyn Nelson, 2013..... 2:09.58
9. MonTayla Holder, 2015 ..... 2:10.34
- 10.Kay Stormo, 1981 ..... 2:11.04

## Mile

1. McKenzie Melander, 2011..... 4:39.78
2. Jeanne Kruckeberg, 1989 ..... 4:40.19
3. Meghan Armstrong, 2006 ..... 4:40.59
4. Lauren Hardesty, 2011..... 4:41.01
5. Tina Stec, 1994 ..... 4:42.63
6. Betsy Flood, 2010 ..... 4:42.70
7. Penny O'Brien, 1981..... 4:43.72
8. Diane Nukuri, 2007..... 4:46.25
9. Michelle Lahann, 2004 ..... 4:47.23
- 10.Amanda Hardesty, 2010 ..... 4:48.69

## 3,000 Meters

1. Tracy Dahl, 1993 ..... 9:15.57
2. Meghan Armstrong, 2008 ..... 9:17.50
3. Diane Nukuri, 2008..... 9:20.07
4. Betsy Flood, 2011 ..... 9:20.09
5. Nan Doak, 1982..... 9:21.60
6. Jenny Spangler, 1986..... 9:22.41
7. Mareike Schrulle, 2012..... 9:23.97
8. Brooke Eilers, 2012..... 9:27.92
9. McKenzie Melander, 2012..... 9:29.71
- 10.Krista Anderson, 2006 ..... 9:29.75



**Lauren Hardesty** **Senta Hawkins** **Tiffany Hendricks** **Tammilee Kerr** **Lake Kwaza** **Ashley Liverpool** **McKenzie Melander**

# INDOOR ALL-TIME TOP TEN PERFORMERS



**Zinnia Miller**

**Diane Nukuri**

**Bethany Praska**

**Peaches Roach**

**Jessie Strand**

**Laulauga Tausaga**

**Renee White**

## 5,000 Meters

1. Tracy Dahl, 1993 ..... 15:49.52
2. Nan Doak, 1985 ..... 15:55.45
3. Racheal Marchand, 2009 ..... 15:55.70
4. Diane Nukuri, 2008 ..... 16:01.36
5. Jenny Spangler, 1982 ..... 16:08.74
6. Judy Parker, 1981 ..... 16:16.63
7. Betsy Flood, 2011 ..... 16:20.67
8. Jennifer Brower, 1992 ..... 16:22.19
9. Nikki Chapple, 2004 ..... 16:27.04
10. Mareike Schrulle, 2012 ..... 16:29.41

## High Jump

1. Peaches Roach, 2005 ..... 6-0 3/4 (1.85)
2. Mary Mol, 1983 ..... 6-0 (1.83)
3. Khanishah Williams, 2013 ..... 5-11 1/4 (1.81)
4. Becky Kaza, 1995 ..... 5-9 3/4 (1.77)
5. Caleigh Bacchus, 2010 ..... 5-9 1/4 (1.76)
6. Kristi Dinkla, 1985 ..... 5-8 1/2 (1.74)
7. Kacey Childs, 2001 ..... 5-8 1/2 (1.74)
8. Traci Claussen, 1987 ..... 5-8 (1.73)
9. Kathy Gillespie, 1983 ..... 5-7 3/4 (1.72)
10. Lynn McMillan, 1988 ..... 5-7 1/4 (1.71)
11. Tammilee Kerr, 2008 ..... 5-7 1/4 (1.71)
12. **Aubrianna Lantrip, 2017 ..... 5-7 1/4 (1.71)**

## Pole Vault

1. Jessie Strand, 2004 ..... 12-5 1/2 (3.80)
2. **Amy Smith, 2017 ..... 11-11 3/4 (3.65)**
3. Sarah Burgett, 2007 ..... 11-10 (3.61)
4. Kirsten Weismantle, 2011 ..... 11-5 3/4 (3.50)
5. Brittany Holst, 2013 ..... 11-3 3/4 (3.45)
6. Katie Truedson, 2010 ..... 10-11 3/4 (3.35)
7. Gina Shannon, 2001 ..... 10-6 (3.20)
8. Kacey Childs, 2001 ..... 9-0 (2.75)
9. Amy Kasparbauer, 2000 ..... 8-0 (2.44)

## 1,600-Meter Relay

1. Holder, **Guillory**, Hernandez, Guster, 2016 ..... 3:32.93
2. Holder, Guster, Hernandez, **Guillory**, 2016 ..... 3:36.47
3. Liverpool, Hendricks, Praska, Erickson, 2011 ..... 3:36.97
4. Holder, Hernandez, Guster, **Guillory**, 2016 ..... 3:36.99
5. Hernandez, Holder, Guster, Watts, 2014 ..... 3:37.16
6. **Champe, Brown, Guillory, Plock, 2018 ..... 3:37.37**
7. Liverpool, Hendricks, Erickson, Praska, 2011 ..... 3:37.58
8. Kwaza, Guster, Holder, Watts, 2015 ..... 3:37.84
9. Kwaza, Holder, Watts, Guster, 2015 ..... 3:38.56
10. **Buss, Guillory, Champe, Hernandez, 2017 ..... 3:38.56**

## Long Jump

1. **Jahisha Thomas, 2017 ..... 20-11 3/4 (6.39)**
2. Zinnia Miller, 2014 ..... 20-4 1/4 (6.20)
3. Carisa Leacock, 2014 ..... 19-9 1/2 (6.03)
4. Lisa Moats, 1986 ..... 19-6 (5.95)
5. Cassidy Ellis, 2015 ..... 19-5 1/2 (5.93)
6. **Jenny Kimbro, 2017 ..... 19-3 1/2 (5.88)**
7. **Tria Simmons, 2018 ..... 19-2 (5.84)**
8. Renee White, 2006 ..... 19-3 1/4 (5.87)
9. Tiffany Johnson, 2007 ..... 19-2 1/2 (5.85)
10. Davera Taylor, 1984 ..... 19-1 1/2 (5.83)

## Triple Jump

1. **Jahisha Thomas, 2017 ..... 42-8 (13.00)**
2. Renee White, 2008 ..... 42-4 (12.90)
3. **Tria Simmons, 2017 ..... 42-1 1/4 (12.83)**
4. Tiffany Johnson, 2007 ..... 41-3 3/4 (12.59)
5. Zinnia Miller, 2014 ..... 41-2 1/2 (12.56)
6. Carisa Leacock, 2012 ..... 40-5 1/2 (12.33)
7. **Allison Wahrman, 2017 ..... 39-10 (12.14)**
8. Becki Borg, 1987 ..... 39-6 (12.04)
9. **Hannah Schlib, 2017 ..... 39-5 3/4 (12.03)**
10. **Tria Simmons, 2018 ..... 38-9 3/4 (11.83)**

## Shot Put

1. **Laulauga Tausaga, 2018 ..... 52-1 (15.87)**
2. Gail Smith, 1985 ..... 51-0 (15.54)
3. Lisa Van Steenwyk, 1993 ..... 50-5 1/4 (15.37)
4. Kamesha Marshall, 2005 ..... 49-2 1/4 (14.99)
5. Denise Taylor, 1992 ..... 48-9 (14.86)
6. **Erika Hammond, 2017 ..... 48-8 1/4 (14.84)**
7. Rachel Curry, 2013 ..... 48-2 1/2 (14.69)
8. Megan Maurer, 1995 ..... 47-5 3/4 (14.47)
9. Laura Kriener, 1990 ..... 47-5 (14.45)
10. Courtney Fritz, 2014 ..... 47-5 (14.45)

## Weight Throw

1. Ashlyn Gulvas, 2013 ..... 63-6 (19.35)
2. **Laulauga Tausaga, 2018 ..... 62-10 (19.15)**
3. Jasmine Simpson, 2013 ..... 62-6 1/2 (19.06)
4. Annemie Smith, 2014 ..... 61-4 (18.69)
5. Kelsey Taylor, 2011 ..... 60-4 1/2 (18.40)
6. Majesty Tutson, 2011 ..... 58-4 (17.78)
7. Becca Franklin, 2007 ..... 58-3 1/4 (17.76)
8. Chelsea Colpitts, 2013 ..... 56-4 (17.17)
9. Erin O'Hern, 2008 ..... 56-3 (17.14)
10. **Nia Britt, 2018 ..... 55-7 1/2 (16.95)**

## Pentathlon

1. Tammilee Kerr, 2008 ..... 3,974 points
2. **Jenny Kimbro, 2018 ..... 3,900 points**
3. **Tria Simmons, 2018 ..... 3,859 points**
4. Chris Davenport, 1983 ..... 3,798 points
5. Kamesha Marshall, 2005 ..... 3,701 points
6. Tiff Pedersen, 2004 ..... 3,511 points
7. Sarah Ryan, 2013 ..... 3,472 points
8. Maureen Abel, 1979 ..... 3,427 points
9. **Allison Wahrman, 2017 ..... 3,421 points**
10. Zinnia Miller, 2012 ..... 3,416 points

## Distance Medley Relay

1. Armstrong, Alexander, L. Hardesty, Nukuri, 2008 ..... 11:20.11
2. Melander, Hendricks, L. Hardesty, Eilers, 2011 ..... 11:22.44
3. Stormo, Davenport, Williams, O'Brien, 1981 ..... 11:23.02
4. Melander, Praska, Hendricks, Flood, 2011 ..... 11:24.47
5. Flood, Hendricks, L. Hardesty, Melander, 2010 ..... 11:25.01
6. Melander, Hendricks, Flood, Marchand, 2009 ..... 11:27.34
7. Benning, Poole, Salsberry, Stec, 1994 ..... 11:28.03
8. Stormo, Davenport, Hayden, Doak, 1982 ..... 11:29.54
9. Armstrong, Granger, Stanley, K. Anderson, 2006 ..... 11:29.54
10. Lahann, Williams, Stanley, Arens, 2004 ..... 11:30.36

# SEASON BESTS - WOMEN

## 60 METERS (School Record - 7.33)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kyara Avant	7.51	Hawkeye Invite - 1/13/18	7.51	Hawkeye Invite - 1/13/18
Brittany Brown	7.57	Wieczorek Invite - 1/20/18	7.39	2x, last at B1G Champ's - 2/25/17
Taylor Chapman	7.79	Hawkeye Invite - 1/13/18	7.58	Larry Wieczorek Invite - 1/21/17
Jalynn Roberts-Lewis	7.89	Wieczorek Invite - 1/20/18	7.66	Iowa Open - 2/18/17

## 60-METER HURDLES (School Record - 8.21)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jenny Kimbro	8.42 ^	Wieczorek Invite - 1/19/18	8.42 ^	Wieczorek Invite - 1/19/18
Tria Seawater-Simmons	8.77	Hawkeye Invite - 1/13/18	8.77	Hawkeye Invite - 1/13/18

## 200 METERS (School Record - 22.79)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Brittany Brown	23.54	Wieczorek Invite - 1/19/18	22.30	at B1G Championships - 5/14/17
Briana Guillory	23.58	Wieczorek Invite - 1/19/18	22.95	at B1G Championships - 5/15/16
Kyara Avant	24.50	Wieczorek Invite - 1/19/18	24.50	Wieczorek Invite - 1/19/18
Sheridan Champe	24.70	Hawkeye Invite - 1/13/18	24.70	Hawkeye Invite - 1/13/18
Sarah Plock	25.49	Hawkeye Invite - 1/13/18	25.49	Hawkeye Invite - 1/13/18
Taylor Chapman	25.74	Hawkeye Invite - 1/13/18	24.13	at Jim Click Shootout - 4/8/17
Mika Cox	25.91	Hawkeye Invite - 1/13/18	25.91	Hawkeye Invite - 1/13/18
Jalynn Roberts-Lewis	26.12	Hawkeye Invite - 1/13/18	24.60	at Baldy Castillo Invite - 3/19/16
Hannah Schlib	27.25	Hawkeye Invite - 1/13/18	27.25	Hawkeye Invite - 1/13/18

## 400 METERS (School Record - 51.48)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Briana Guillory	52.95	Wieczorek Invite - 1/20/18	52.89	at Mt. SAC Relays - 4/14/17
Sheridan Champe	55.93	Wieczorek Invite - 1/20/18	55.93	Wieczorek Invite - 1/20/18
Tashee Hargrave	57.13	Wieczorek Invite - 1/20/18	55.68	at B1G Championships - 5/13/17
Sarah Plock	57.22	Wieczorek Invite - 1/20/18	57.22	Wieczorek Invite - 1/20/18
Talia Buss	57.23	Wieczorek Invite - 1/20/18	57.22	at B1G Championships - 2/24/17
Aly Weum	57.33	Hawkeye Invite - 1/13/18	57.33	Hawkeye Invite - 1/13/18
Kylie Morken	57.49	Hawkeye Invite - 1/13/18	57.49	Hawkeye Invite - 1/13/18
Addie Swanson	57.60	Wieczorek Invite - 1/20/18	57.60	Wieczorek Invite - 1/20/18
Sommer Sharpe	57.61	Wieczorek Invite - 1/20/18	57.61	Wieczorek Invite - 1/20/18
Mallory King	57.72	Hawkeye Invite - 1/13/18	57.37	at Florida Relays - 3/30/17
Mika Cox	58.59	Wieczorek Invite - 1/20/18	58.59	Wieczorek Invite - 1/20/18
Alexis Gay	58.67	Wieczorek Invite - 1/20/18	56.99	at Jim Click Shootout - 4/8/17
Taylor Arco	58.77	Wieczorek Invite - 1/20/18	58.46	at Florida Relays - 3/30/17
Kylie Welch	59.33	Wieczorek Invite - 1/20/18	59.33	Wieczorek Invite - 1/20/18
Antonise Christian	1:07.36	Wieczorek Invite - 1/20/18	1:07.36	Wieczorek Invite - 1/20/18

## 600 METERS (School Record - 1:27.45)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Mallory King	1:33.11	Wieczorek Invite - 1/19/18	1:33.11	Wieczorek Invite - 1/19/18
Taylor Arco	1:35.11	Wieczorek Invite - 1/19/18	1:35.11	Wieczorek Invite - 1/19/18
Sommer Sharpe	1:35.27	Wieczorek Invite - 1/19/18	1:35.27	Wieczorek Invite - 1/19/18
Kylie Welch	1:35.44	Wieczorek Invite - 1/19/18	1:35.44	Wieczorek Invite - 1/19/18
Tashee Hargrave	1:35.50	Hawkeye Invite - 1/13/18	1:35.50	Hawkeye Invite - 1/13/18
Tia Saunders	1:35.58	Hawkeye Invite - 1/13/18	1:35.17	Black & Gold Premier - 1/27/17
Aly Weum	1:35.64	Hawkeye Invite - 1/13/18	1:35.64	Hawkeye Invite - 1/13/18
Addie Swanson	1:35.95	Hawkeye Invite - 1/13/18	1:35.95	Hawkeye Invite - 1/13/18
Amber Decker	1:36.37	Wieczorek Invite - 1/19/18	1:36.32	Hawkeye Invite - 1/14/17
Talia Buss	1:37.22	Wieczorek Invite - 1/19/18	1:37.22	Wieczorek Invite - 1/19/18
Alexis Gay	1:38.91	Wieczorek Invite - 1/19/18	1:38.91	Wieczorek Invite - 1/19/18
Shelby West	1:39.03	Wieczorek Invite - 1/19/18	1:39.03	Wieczorek Invite - 1/19/18
Macie Weber	1:40.47	Wieczorek Invite - 1/19/18	1:40.47	Wieczorek Invite - 1/19/18
Lindsay Welker	1:41.48	Wieczorek Invite - 1/19/18	1:41.48	Wieczorek Invite - 1/19/18
Maddie Carver	1:47.27	Hawkeye Invite - 1/13/18	1:47.27	Hawkeye Invite - 1/13/18



# SEASON BESTS - WOMEN (CONT.)

## 800 METERS (School Record - 2:05.01)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tia Saunders	2:15.25	Wieczorek Invite - 1/20/18	2:11.17	at B1G Championships - 5/13/17
Amber Decker	2:19.14	Wieczorek Invite - 1/20/18	2:13.29	at Iowa State Classic - 2/11/17
Macie Weber	2:22.10	Wieczorek Invite - 1/20/18	2:20.32	Black & Gold Premier - 1/28/17
Jenny Kimbro	2:23.69 ^	Wieczorek Invite - 1/19/18	2:23.69 ^	Wieczorek Invite - 1/19/18
Tria Seawater-Simmons	2:24.03 ^	Wieczorek Invite - 1/19/18	2:24.03 ^	Wieczorek Invite - 1/19/18
Maddie Carver	2:34.23	Wieczorek Invite - 1/20/18	2:34.23	Wieczorek Invite - 1/20/18

## 1,000 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Julie Hollensbe	3:00.98	Hawkeye Invite - 1/13/18	2:54.42	Hawkeye Invite - 1/14/17
Macie Weber	3:06.77	Hawkeye Invite - 1/13/18	3:06.77	Hawkeye Invite - 1/13/18

## MILE (School Record - 4:39.78)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Andrea Shine	4:55.55	Hawkeye Invite - 1/13/18	4:55.55	Hawkeye Invite - 1/13/18
Madison Waymire	5:00.04	Hawkeye Invite - 1/13/18	4:58.60	at Big 4 Duals - 1/23/16
Marta Bote Gonzalez	5:02.05	Hawkeye Invite - 1/13/18	4:56.82	at Big 4 Duals - 1/24/15
Juliann Hollensbe	5:16.31	Wieczorek Invite - 1/20/18	4:58.15	at B1G Championships - 2/24/17
Kara Neustrom	5:19.02	Wieczorek Invite - 1/20/18	5:19.02	Wieczorek Invite - 1/20/18
Ashley Espinosa	5:19.13	Hawkeye Invite - 1/13/18	5:17.27	Hawkeye Invite - 1/14/17
Mary Arch	5:25.67	Wieczorek Invite - 1/20/18	5:25.67	Wieczorek Invite - 1/20/18

## 3,000 METERS (School Record - 9:15.57)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Andrea Shine	9:39.02	Wieczorek Invite - 1/20/18	9:39.02	Wieczorek Invite - 1/20/18
Madison Waymire	9:55.07	Wieczorek Invite - 1/20/18	9:51.12	at Meyo Invite - 2/6/16
Marta Bote Gonzalez	9:58.85	Wieczorek Invite - 1/20/18	9:36.69	at Big Ten Championships - 2/27/16
Ashley Espinosa	10:26.25	Wieczorek Invite - 1/19/18	10:26.25	Wieczorek Invite - 1/19/18
Mary Arch	10:50.81	Hawkeye Invite - 1/13/18	10:50.81	Hawkeye Invite - 1/13/18
Elizabeth Niedert	11:15.00	Wieczorek Invite - 1/19/18	11:15.00	Wieczorek Invite - 1/19/18

## 1,600-METER RELAY (School Record - 3:32.93)

Names	Season Best	Meet - Date
Champe, Brown, Guillory, Plock	3:37.37	Wieczorek Invite - 1/20/18
Guillory, Plock, Weum, Hargrave	3:41.34 \$!	Hawkeye Invite - 1/13/18
Hargrave, Buss, Weum, King	3:47.69	Wieczorek Invite - 1/20/18
Shape, Swanson, Morken, Saunders	3:47.72	Wieczorek Invite - 1/20/18
Sharpe, Welch, King, Buss	3:48.70	Hawkeye Invite - 1/13/18
Morken, Swanson, Saunders, Avant	3:53.43	Hawkeye Invite - 1/13/18
Gay, Welch, Decker, Welker	3:57.94	Wieczorek Invite - 1/20/18
Cox, Arco, Decker, Hollensbe	4:00.90	Hawkeye Invite - 1/13/18

## HIGH JUMP (School Record - 1.85 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Aubrianna Lantrip	5-7 (1.70m)	Hawkeye Invite - 1/13/18	5-7 1/4 (1.71m)	Border Battle - 1/7/17
Gillian Urycki	5-7 (1.70m)	Wieczorek Invite - 1/19/18	5-7 1/4 (1.71m)	at B1G Championships - 2/25/17
Jenny Kimbro	5-5 1/4 (1.66m) ^	Wieczorek Invite - 1/19/18	5-5 1/4 (1.66m) ^	Wieczorek Invite - 1/19/18
Tria Seawater-Simmons	5-5 1/4 (1.66m) ^	Wieczorek Invite - 1/19/18	5-8 (1.73m) ^	at B1G Championships - 5/12/17
Kelli DeGeorge	5-5 (1.65m)	Hawkeye Invite - 1/13/18	5-7 (1.70m)	at Baldy Castillo Invite - 3/18/17
Christina MacNab	5-1 (1.55m)	2x, last at Hawkeye Invite - 1/13/18	5-1 (1.55m)	2x, last at Hawkeye Invite - 1/13/18
Sydney Collins	5-1 (1.55m)	Hawkeye Invite - 1/13/18	5-7 (1.70m)	at Jim Click Shootout - 4/8/17

## POLE VAULT (School Record - 3.80 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Amy Smith	11-9 3/4 (3.60m)	Hawkeye Invite - 1/13/18	11-11 3/4 (3.65m)	2x, last at Musco Twilight - 4/22/17

# SEASON BESTS - WOMEN (CONT.)

## LONG JUMP (School Record – 6.39 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tria Seawater-Simmons	19-2 (5.84m) ^	Wieczorek Invite - 1/19/18	19-2 (5.84m) ^	Wieczorek Invite - 1/19/18
Jalynn Roberts-Lewis	18-7 1/4 (5.67m)	Wieczorek Invite - 1/19/18	18-7 1/4 (5.67m)	Wieczorek Invite - 1/19/18
Jenny Kimbro	18-7 (5.66m) ^	Wieczorek Invite - 1/19/18	19-3 1/2 (5.88m) ^	Black & Gold Premier - 1/27/17
Gillian Urycki	17-10 3/4 (5.45m)	Wieczorek Invite - 1/19/18	18-1 1/2 (5.52m)	at Jim Click Shootout - 4/8/17
Hannah Schlib	17-9 3/4 (5.43m)	Hawkeye Invite - 1/13/18	17-9 3/4 (5.43m)	Hawkeye Invite - 1/13/18

## TRIPLE JUMP (School Record – 13.00 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tria Seawater-Simmons	38-9 3/4 (11.83m)	Wieczorek Invite - 1/20/18	42-1 1/4 (12.83m) !	Border Battle - 1/7/17
Allison Wahrman	38-7 3/4 (11.78m)	Hawkeye Invite - 1/13/18	39-10 (12.14m)	Larry Wieczorek Invite - 1/21/17
Hannah Schlib	37-5 1/4 (11.41m)	Wieczorek Invite - 1/20/18	40-6 (12.34m)	at BIG Championships - 5/14/17

## SHOT PUT (School Record - 15.87 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Laulauga Tausaga	52-1 (15.87m) *	Wieczorek Invite - 1/20/18	52-1 (15.87m) *	Wieczorek Invite - 1/20/18
Nia Britt	46-5 1/4 (14.09m)	Hawkeye Invite - 1/13/18	49-0 1/4 (14.94m)	at Drake Relays - 4/29/17
Konstadina Spanoudakis	44-6 3/4 (13.58m)	Wieczorek Invite - 1/20/18	44-6 3/4 (13.58m)	Wieczorek Invite - 1/20/18
Jenny Kimbro	33-5 1/4 (10.19m) ^	Wieczorek Invite - 1/19/18	34-9 3/4 (10.61m)	at B1G Championships - 5/12/17
Tria Seawater-Simmons	33-0 1/4 (10.06m)	Hawkeye Invite - 1/13/18	34-0 1/4 (10.37m)	at B1G Championships - 5/12/17

## WEIGHT THROW (School Record – 19.35 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Laulauga Tausaga	62-10 (19.15m)	Wieczorek Invite - 1/19/18	62-10 (19.15m)	Wieczorek Invite - 1/19/18
Nia Britt	55-7 1/2 (16.95m)	Wieczorek Invite - 1/19/18	55-7 1/2 (16.95m)	Wieczorek Invite - 1/19/18
Leah Colbert	52-11 (16.13m)	Hawkeye Invite - 1/13/18	55-3 1/2 (16.85m)	Larry Wieczorek Invite - 1/20/17
Konstadina Spanoudakis	48-3 1/4 (14.71m)	Wieczorek Invite - 1/19/18	48-3 1/4 (14.71m)	Wieczorek Invite - 1/19/18
Erika Hammond	47-2 1/4 (14.38m)	Wieczorek Invite - 1/19/18	47-2 1/4 (14.38m)	Wieczorek Invite - 1/19/18

## PENTATHLON (School Record - 3,974 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jenny Kimbro	3,900 points	Wieczorek Invite - 1/19/18	3,900 points	Wieczorek Invite - 1/19/18
Tria Seawater-Simmons	3,859 points	Wieczorek Invite - 1/19/18	3,859 points	Wieczorek Invite - 1/19/18

\* - School Record, ! - meet record, \$ - facility record, ^ part of pentathlon

# SEASON BESTS - MEN

## 60 METERS (School Record - 6.69)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Christian Brissett	6.79	Hawkeye Invite - 1/13/18	6.74	Larry Wiczorek Invite - 1/21/17
Antonio Woodard	6.85	Hawkeye Invite - 1/13/18	6.85	Hawkeye Invite - 1/13/18
O'Shea Wilson	6.89	Hawkeye Invite - 1/13/18	6.75	2x, last at BIG Championships - 2/24/17
Tyree Sorrells	6.94	Wiczorek Invite - 1/20/18	6.94	Wiczorek Invite - 1/20/18
William Dougherty	7.18 ^	Wiczorek Invite - 1/19/18	7.12 ^	at BIG Championships - 2/24/17
Daniel Gaynes	7.19 ^	Wiczorek Invite - 1/19/18	7.19 ^	Wiczorek Invite - 1/19/18

## 60-METER HURDLES (School Record - 7.63)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Chris Douglas	7.80	Wiczorek Invite - 1/20/18	7.80	Wiczorek Invite - 1/20/18
Anthony Williams	8.11	Hawkeye Invite - 1/13/18	8.11	Hawkeye Invite - 1/13/18
Josh Braverman	8.25	Hawkeye Invite - 1/13/18	8.25	Hawkeye Invite - 1/13/18
William Dougherty	8.25 ^	Wiczorek Invite - 1/20/18	8.25 ^	Wiczorek Invite - 1/20/18
Daniel Gaynes	8.53	Hawkeye Invite - 1/13/18	8.53	Hawkeye Invite - 1/13/18

## 200 METERS (School Record - 20.80)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Antonio Woodard	21.46	Wiczorek Invite - 1/19/18	21.26	at BIG Championships - 2/24/17
Bradford Garron	21.74	Hawkeye Invite - 1/13/18	21.74	Hawkeye Invite - 1/13/18
Collin Hofacker	21.75	Wiczorek Invite - 1/19/18	20.71	at BIG Championships - 5/14/17
DeJuan Frye	21.77	Wiczorek Invite - 1/19/18	21.77	Wiczorek Invite - 1/19/18
Christian Brissett	22.12	Wiczorek Invite - 1/19/18	20.75	at Jim Click Shootout - 4/8/17
Chris Thompson	22.34	Hawkeye Invite - 1/13/18	22.26	at Baldy Castillo Invite - 3/17/17
Gage Eller	22.40	Hawkeye Invite - 1/13/18	22.40	Hawkeye Invite - 1/13/18
Akinshe Calica-Hill	22.60	Hawkeye Invite - 1/13/18	22.51	Hawkeye Invite - 1/14/17
Tyree Sorrells	22.83	Hawkeye Invite - 1/13/18	22.83	Hawkeye Invite - 1/13/18

## 400 METERS (School Record - 45.75)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Mar'yea Harris	46.50	Wiczorek Invite - 1/20/18	45.45	at NCAA West Preliminary - 5/26/17
DeJuan Frye	47.74	Wiczorek Invite - 1/20/18	46.22	at BIG Championships - 5/14/17
Bradford Garron	48.16	Wiczorek Invite - 1/20/18	48.16	Wiczorek Invite - 1/20/18
Collin Hofacker	48.39	Wiczorek Invite - 1/20/18	46.50	at BIG Championships - 5/14/17
Carter Lilly	48.66	Hawkeye Invite - 1/13/18	48.66	Hawkeye Invite - 1/13/18
Chris Thompson	48.85	Wiczorek Invite - 1/20/18	48.78	at Florida Relays - 3/30/17
Raymonte Dow	48.96	Hawkeye Invite - 1/13/18	48.96	Hawkeye Invite - 1/13/18
Austin Lietz	49.63	Wiczorek Invite - 1/20/18	48.11	at Alex Wilson Invite - 2/18/17
Noah Larrison	50.03	Hawkeye Invite - 1/13/18	48.55	at Alex Wilson Invite - 2/18/17

## 600 METERS (School Record - 1:16.91)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Carter Lilly	1:17.79	Wiczorek Invite - 1/19/18	1:15.64	Musco Twilight - 4/23/16
Raymonte Dow	1:19.38	Wiczorek Invite - 1/19/18	1:19.38	Wiczorek Invite - 1/19/18
Nolan Teubel	1:20.84	Wiczorek Invite - 1/19/18	1:20.84	Wiczorek Invite - 1/19/18
Austin Lietz	1:21.31	Wiczorek Invite - 1/19/18	1:17.40	at BIG Championships - 2/24/17
Noah Larrison	1:21.40	Wiczorek Invite - 1/19/18	1:18.41	at BIG Championships - 2/24/17
Tysen VanDraska	1:21.85	Hawkeye Invite - 1/13/18	1:20.82	Hawkeye Invite - 1/14/17

## 800 METERS (School Record - 1:47.33)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tysen VanDraska	1:52.40	Wiczorek Invite - 1/20/18	1:50.72	at BIG Championships - 5/13/17
Matt Manternach	1:53.64	Wiczorek Invite - 1/20/18	1:51.86	at Alex Wilson Invite - 2/18/17

## 1,000 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kevin Docherty	2:27.90	Hawkeye Invite - 1/13/18	2:27.90	Hawkeye Invite - 1/13/18
William Dougherty	2:47.98 ^	Wiczorek Invite - 1/20/18	2:39.97 ^	at BIG Championships - 2/27/16
Daniel Gaynes	2:50.09 ^	Wiczorek Invite - 1/20/18	2:50.09 ^	Wiczorek Invite - 1/20/18

# SEASON BESTS - MEN (CONT.)

## MILE (School Record - 3:58.72)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Nathan Mylenek	4:09.73	Wieczorek Invite - 1/20/18	4:09.73	Wieczorek Invite - 1/20/18
Michael Melchert	4:11.54	Hawkeye Invite - 1/13/18	4:05.37	at Big 4 Duals - 1/23/16
Kevin Docherty	4:11.72	Wieczorek Invite - 1/20/18	4:07.82	at BIG Championships - 2/28/14
Karson Sommer	4:12.89	Wieczorek Invite - 1/20/18	4:12.89	Wieczorek Invite - 1/20/18
Ian Eklin	4:14.04	Hawkeye Invite - 1/13/18	4:14.04	Hawkeye Invite - 1/13/18
Luke Sampson	4:15.80	Wieczorek Invite - 1/20/18	4:15.80	Wieczorek Invite - 1/20/18
Daniel Soto	4:17.75	Hawkeye Invite - 1/13/18	4:17.75	Hawkeye Invite - 1/13/18
Bailey Hesse-Withbroe	4:27.19	Hawkeye Invite - 1/13/18	4:27.19	Hawkeye Invite - 1/13/18

## 3,000 METERS (School Record - 7:57.06)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Michael Melchert	8:22.62	Wieczorek Invite - 1/20/18	8:08.57	at Meyo Invite - 2/6/16
Ian Eklin	8:25.68	Wieczorek Invite - 1/20/18	8:23.41	Musco Twilight - 4/22/17
Luke Sampson	8:27.88	Hawkeye Invite - 1/13/18	8:27.88	Hawkeye Invite - 1/13/18
Daniel Soto	8:30.06	Wieczorek Invite - 1/19/18	8:30.06	Wieczorek Invite - 1/19/18
Bailey Hesse-Withbroe	8:45.09	Wieczorek Invite - 1/19/18	8:21.33	Iowa Open - 2/18/17

## 1,600-METER RELAY (School Record - 3:05.62)

Names	Season Best	Meet - Date	Collegiate Best	Meet - Date
Hofacker, Frye, Garron, Harris	3:07.54	Wieczorek Invite - 1/20/18	3:07.54	Wieczorek Invite - 1/20/18
Larrison, Woodard, Brissett, Garron	3:12.06	Hawkeye Invite - 1/13/18	3:12.06	Hawkeye Invite - 1/13/18
Harris, Lietz, Dow, Frye	3:12.82	Hawkeye Invite - 1/13/18	3:12.82	Hawkeye Invite - 1/13/18
Eller, Thompson, Lilly, Hofacker	3:13.06	Wieczorek Invite - 1/20/18	3:13.06	Wieczorek Invite - 1/20/18
Thompson, Woodard, Dow, Lilly	3:14.54	Wieczorek Invite - 1/20/18	3:14.54	Wieczorek Invite - 1/20/18
Eller, Lietz, Manternach, Larrison	3:17.03	Hawkeye Invite - 1/13/18	3:17.03	Hawkeye Invite - 1/13/18
Douglas, Mylenek, Melchert, Sommer	3:27.13	Hawkeye Invite - 1/13/18	3:27.13	Hawkeye Invite - 1/13/18

## HIGH JUMP (School Record - 2.21 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jay Hunt	6-8 3/4 (2.05m)	Wieczorek Invite - 1/19/18	6-8 3/4 (2.05m)	Wieczorek Invite - 1/19/18
Cole Moeller	6-6 3/4 (2.00m)	2x, last at Wieczorek Invite - 1/19/18	6-6 3/4 (2.00m)	2x, last at Wieczorek Invite - 1/19/18
William Dougherty	6-2 3/4 (1.90m) ^	2x, last at Wieczorek Invite - 1/19/18	6-5 (1.96m)	at Mt. SAC Relays - 4/12/17
Daniel Gaynes	6-2 3/4 (1.90m) ^	Wieczorek Invite - 1/19/18	6-2 3/4 (1.90m) ^	Wieczorek Invite - 1/19/18

## POLE VAULT (School Record - 5.21 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Andy Jatis	16-6 3/4 (5.05m)	Wieczorek Invite - 1/19/18	16-7 1/2 (5.07m)	at BIG Championships - 5/14/17
William Dougherty	15-5 (4.70m) ^	2x, last at Wieczorek Invite - 1/20/18	15-5 (4.70m) ^	2x, last at Wieczorek Invite - 1/20/18
Daniel Gaynes	11-5 3/4 (3.50m) ^	at Wieczorek Invite - 1/20/18	11-5 3/4 (3.50m) ^	at Wieczorek Invite - 1/20/18

## LONG JUMP (School Record - 8.06 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Cooper Koenig	22-10 1/2 (6.97m)	Hawkeye Invite - 1/13/18	22-10 1/2 (6.97m)	Hawkeye Invite - 1/13/18
William Dougherty	22-9 3/4 (6.93m) ^	2x, last at Wieczorek Invite - 1/19/18	22-9 3/4 (6.93m) ^	2x, last at Wieczorek Invite - 1/19/18
Daniel Gaynes	22-7 1/4 (6.89m) ^	Wieczorek Invite - 1/19/18	22-7 1/4 (6.89m) ^	Wieczorek Invite - 1/19/18
Akinshe Calica-Hill	22-5 3/4 (6.85m)	Wieczorek Invite - 1/19/18	23-2 1/2 (7.07m)	at Jim Click Shootout - 4/8/17
Tyree Sorrells	21-11 1/2 (6.69m)	Wieczorek Invite - 1/19/18	21-11 1/2 (6.69m)	Wieczorek Invite - 1/19/18

## TRIPLE JUMP (School Record - 16.46 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Akinshe Calica-Hill	48-4 1/2 (14.74m)	Wieczorek Invite - 1/20/18	48-4 1/2 (14.74m)	Wieczorek Invite - 1/20/18

## SHOT PUT (School Record - 19.20 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Reno Tuufuli	60-10 3/4 (18.56m)	Hawkeye Invite - 1/13/18	61-9 3/4 (18.84m)	at BIG Championships - 5/14/14
William Dougherty	45-5 3/4 (13.86m)	Hawkeye Invite - 1/13/18	47-1 (14.35m)	at Mt. SAC Relays - 4/12/17
Daniel Gaynes	35-8 (10.87m)	Hawkeye Invite - 1/13/18	35-8 (10.87m)	Hawkeye Invite - 1/13/18

## HEPTATHLON (School Record - 5,572 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
William Dougherty	5,572 points *	Wieczorek Invite - 1/19-20/18	5,572 points *	Wieczorek Invite - 1/19-20/18
Daniel Gaynes	4,895 points	Wieczorek Invite - 1/19-20/18	4,895 points	Wieczorek Invite - 1/19-20/18

\* - School Record, ! - meet record, \$ - facility record, ^ part of heptathlon