

# THE UNIVERSITY OF IOWA



## HAWKEYE TRACK & FIELD



TRACK CONTACTS: TRACI WAGNER, JAKE HOLTORF

MAY 7, 2007

### 2007 MEN'S OUTDOOR SCHEDULE & RESULTS

Date	Meet - Location/Result
3/16-17	at Willie Williams Classic - 1 champ
3/23-24	at LSU Relays - 0 champs
3/30-31	at Stanford Invite - 0 champs
4/6	at Central College Invite - 2 champs
4/13-14	at John Jacobs Invite - 0 champs
4/14	at Jim Duncan Invite - 0 champs
4/15	at Lee Calhoun Memorial - 1 champ
4/21	Iowa Musco Twilight IX - 7 champs
4/26-28	at Drake Relays - 0 champs
4/27	at Kip Janvrin Open - 1 champ
5/4	at Central College Open - 7 champs
<b>5/11-13</b>	<b>at Big Ten's - University Park, PA</b>
5/25-26	at NCAA Regional - Des Moines, IA
6/7-9	at NCAA Champ's - Sacramento, CA

### 2007 MEN'S OUTDOOR SEASON BESTS

100 Meters.....	Lee Elbert .....	10.61
110 Hurdles ...	Frank Prill.....	14.94
200 Meters.....	Lee Elbert .....	21.83
400 Meters.....	Prince Riley.....	47.55
400 Hurdles ...	Ray Varner.....	^ 51.46
800 Meters.....	Adam Hairston.....	1:50.93
1,500 Meters..	Jesse Luciano.....	3:49.99
3,000 Meters..	Tommy Tate .....	8:31.67
3,000 Steeple.	Andy Napier.....	9:19.11
5,000 Meters..	Micah VanDenend .....	^* 13:49.31
400-Meter Relay .....		^ 40.58
	<i>(Milder, Chaney, Jr., Reed, Elbert)</i>	
Sprint Medley Relay .....		3:23.32
	<i>(Milder, Elbert, Riley, Hairston)</i>	
1,600-Meter Relay .....		3:10.31
	<i>(Pierre, Elbert, Varner, Riley)</i>	
Distance Medley Relay.....		9:54.07
	<i>(Luciano, Pierre, Hairston, VanDenend)</i>	
High Jump .....	Petsche/Kelly .....	6-8 3/4 (2.05 m)
Long Jump.....	Aaron Reed.....	23-8 (7.21 m)
Pole Vault .....	Jeff Raymond.....	15-5 (4.70 m)
Shot Put.....	John Hickey ..^	60-1 1/4 (18.32 m)
Discus.....	A.J. Curtis ....	^*! 202-11 (61.84 m)
Hammer.....	Adam Hamilton .^	222-2 (67.73 m)
Javelin .....	Kale Katt .....	^ 204-0 (62.17 m)
^ - regional qualifier, * - school record, ! - meet record		

**THIS WEEK** -- The Iowa men's and women's track teams will compete at the Big Ten outdoor championships, Friday through Sunday, in University Park, PA. All events will be held at the Nittany Lion Track on the Penn State University campus. Competition is scheduled to start at 11 a.m. Friday, 8:30 a.m. Saturday and 10:40 a.m. Sunday (CT).

Tickets are available from the Penn State Athletic Ticket Office at (800) 833-5533 or [www.gopsusports.com](http://www.gopsusports.com). All-session tickets are \$15 for adults and \$10 for youth, senior citizens and students. A handling fee of \$2 will be assessed per order. Single-session tickets are \$5 for adults and \$3 for youth, senior citizens and students on Friday, and \$7 for adults and \$5 for youth, senior citizens and students on Saturday and Sunday. Single day group passes for all three days are \$3 per day for groups of 10 or more.

**ALEXANDER, ROACH ATTEMPT TO JOIN HAWKEYE ELITE** -- Junior **Kineke Alexander** and senior **Peaches Roach** will try to add to their Big Ten hardware and rewrite the Hawkeye record books. The duo became the third and fourth Hawkeyes, respectively, to win four Big Ten individual titles at the 2007 conference indoor meet when Roach won the high jump and Alexander captured the 200 and 400-meter titles. No Hawkeye has ever won more than four Big Ten titles.

**Roach** won Big Ten high jump titles at the 2004, 2005 and 2007 indoor meets and the 2004 outdoor meet. She is the only Hawkeye in school history to win all four conference titles in a single event. The Kingston, Jamaica, native currently leads the Big Ten in the high jump, ran the second leg on the 400-meter relay that leads the conference and is ranked third in the 100 meters.

**Alexander** won the 200 and 400 meters at the 2006 and 2007 Big Ten indoor meets. The native of Mesopotamia, St. Vincent and the Grenadines, ran on the 1,600-meter relay team that is ranked fourth in the Big Ten.

The other two Hawkeyes to win four Big Ten titles are **Vivien McKenzie** and **Shellene Williams**. **McKenzie** won three titles in the 100 meters and one in the 55 meters from 1983-85. **Williams** won three titles in the 400 meters and one as part of the 1,600-meter relay from 2003-04.

**HAMILTON LOOKS TO DEFEND HAMMER THROW TITLE** -- Hawkeye senior **Adam Hamilton** will try to defend the Big Ten hammer throw title he won at the 2006 championships. The Milford, NH, native is Iowa's fourth Big Ten hammer throw champion, and would be the 18th Hawkeye in school history to win consecutive Big Ten titles in the same event if he successfully defends his title. Former Hawkeyes Arno van der Westhuizen (1999, 2000) and Jim Costello (2002) are Iowa's other Big Ten hammer throw champions. Hamilton leads the conference in that event and is the only Big Ten competitor to throw over 200 feet this season. His season-best throw of 222-2 is only nine inches off the school record van der Westhuizen set in 2001.

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### 2007 WOMEN'S OUTDOOR SCHEDULE

Date	Meet - Location/Result
3/16-17	at Aztec Classic - 3 champs
3/30-31	at Stanford Invite - 0 champs at Missouri Relays - 2 champs
4/6-7	at Tiger Classic - 2 champs
4/13-14	at John Jacobs Invite - 0 champs
4/21	Iowa Musco Twilight IX - 8 champs
4/26-28	at Drake Relays - 2 champs
4/27	at Kip Janvrin Open - 1 champ
<b>5/11-13</b>	<b>at Big Ten's - University Park, PA</b>
5/25-26	at NCAA Regional - Des Moines, IA
6/6-9	at NCAA Champ's - Sacramento, CA

### 2007 WOMEN'S OUTDOOR SEASON BESTS

100 Meters.....	Rhonda-Kaye Trusty	.....%	11.64
100 Hurdles....	Tiffany Johnson.....	**	13.20
200 Meters.....	Rhonda-Kaye Trusty	.....	24.23
400 Meters.....	Aditya Jones	.....	57.77
400 Hurdles....	Aditya Jones	.....	1:01.80
800 Meters.....	Sophia Poncè	.....	2:13.36
1,500 Meters...	Diane Nukuri	.....	^ 4:20.95
3,000 Meters...	Diane Nukuri	.....	9:23.90
5,000 Meters...	Meghan Armstrong	.....	^ 16:15.28
10,000 Meters.	Diane Nukuri	.....	& 33:31.69
400 Meter Relay .....		.....	^45.21
	<i>(Johnson, Roach, Clarke, Trusty)</i>		
1,600 Meter Relay .....		.....	^3:39.36
	<i>(Alexander, Graham, Jones, Mims)</i>		
Sprint Medley Relay .....		.....	3:59.34
	<i>(Clarke, Graham, Jones, Poncè)</i>		
3,200-Meter Relay.....		.....	9:05.13
	<i>(Nukuri, Gilmore, Mims, Schmidt)</i>		
Distance Medley Relay.....		.....	11:25.05
	<i>(Armstrong, Alexander, Poncè, Stanley)</i>		
High Jump .....	Peaches Roach^	6-0 3/4 (1.85 m)	
Long Jump.....	Renee White	.....	19-1 1/4 (5.82 m)
Triple Jump.....	Renee White..*	41-3 3/4 (12.58 m)	
Pole Vault .....	Sarah Burgett.....	11-9 3/4 (3.60 m)	
Shot Put.....	Mandy Chandler.	39-1 1/2 (11.92 m)	
Javelin .....	Tammilee Kerr.....	140-6 (42.83 m)	
Hammer.....	Becca Franklin.**!	195-0 (59.45 m)	
Heptathlon .....	Tammilee Kerr	.....	4,302 points

^ - regional qualifier, & - provisional qualifier,  
\* - school record, ! - meet record, % - wind-aided

**IOWA'S REGIONAL QUALIFIERS** -- The Hawkeyes have qualified 13 women and 12 men to the NCAA Midwest Regional, May 25-26, in Des Moines, IA. Their events, qualifying marks and where they rank in the Big Ten, region and nation are listed below.

#### Women's Regional Qualifiers

Name	Event	Mark	Big 10/Region/Nation
Kineke Alexander	1,600-Meter Relay	3:39.36	4th/13th/55th
Meghan Armstrong	1,500 Meters	4:21.86	10th/11th/32nd
	5,000 Meters	16:18.74	4th/8th/26th
Megan Clarke	400-Meter Relay	45.21	2nd/15th/41st
Becca Franklin	Hammer Throw	195-0 (59.45 m)	2nd/3rd/20th
Kara-Aretha Graham	1,600-Meter Relay	3:39.36	4th/13th/55th
Tiffany Johnson	100 Hurdles	13.20	2nd/1st/10th
	400-Meter Relay	45.21	2nd/15th/41st
	Triple Jump	41-2 1/4 (12.55 m)	2nd/17th/55th
Aditya Jones	1,600-Meter Relay	3:39.36	4th/13th/55th
Racheal Marchand	5,000 Meters	16:35.04	8th/11th/50th
Monica Mims	1,600-Meter Relay	3:39.36	4th/13th/55th
Diane Nukuri	1,500 Meters	4:20.95	5th/6th/21st
	5,000 Meters	16:15.28	3rd/7th/22nd
	10,000 Meters	33:31.69 #	1st/2nd/13th
Peaches Roach	High Jump	6-0 3/4 (1.85 m)	1st/3rd/5th
	100 Meters	11.71	3rd/22nd/69th
	400-Meter Relay	45.21	2nd/15th/41st
Rhonda-Kaye Trusty	400-Meter Relay	45.21	2nd/15th/41st
Renee White	Triple Jump	41-3 3/4 (12.59 m)	1st/14th/47th

#### Men's Regional Qualifiers

Name	Event	Mark	Big 10/Region/Nation
Paul Chaney, Jr.	400-Meter Relay	40.58	4th/16th/60th
A.J. Curtis	Discus	202-11 (61.84 m)	1st/1st/5th
	Shot Put	56-2 (17.12 m)	8th/12th/67th
Lee Elbert	400-Meter Relay	40.58	4th/16th/60th
Adam Hamilton	Hammer Throw	222-2 (67.73 m)	1st/2nd/8th
John Hickey	Shot Put	60-1 1/4 (18.32 m)	1st/2nd/19th
Ryan Jordan	Hammer Throw	182-9 (55.71 m)	9th/23rd/120th
Kale Katt	Javelin	204-0 (62.17 m)	5th/17th/76th
Shane Maier	Shot Put	57-6 1/2 (17.54 m)	7th/7th/41st
Max Milder	400-Meter Relay	40.58	4th/16th/60th
Aaron Reed	400-Meter Relay	40.58	4th/16th/60th
Micah VanDenend	5,000 Meters	13:49.31	2nd/5th/15th
Ray Varner	400 Hurdles	51.46	2nd/10th/26th

# -- NCAA provisional qualifier

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### BIG TEN OUTDOOR CHAMPIONSHIPS SCHEDULE OF EVENTS

#### Friday, May 11

Noon	Decathlon 100 Meters
12:15	Heptathlon 100-Meter Hurdles
12:45	Decathlon Long Jump
12:50	Heptathlon High Jump
1:30	Men's Hammer Throw (T&F) Women's Pole Vault (T&F)
2:00	Decathlon Shot Put
2:45	Decathlon High Jump
2:50	Heptathlon Shot Put
3:30	Women's Hammer Throw (T&F)
4:00	Heptathlon 200 Meters
5:00	Decathlon 400 Meters
8:30	Women's 10,000 Meters
9:15	Men's 10,000 Meters

#### Saturday, May 12

9:30 a.m.	Decathlon 110-Meter Hurdles
10:10	Decathlon Discus
10:15	Heptathlon Long Jump
11:20	Decathlon Pole Vault
11:30	Heptathlon Javelin
1:15 p.m.	Decathlon Javelin
1:20	Men's Long Jump (T&F)
1:45	Heptathlon 800 Meters
2:10	Women's 1,600-Meter Relay (T)
2:15	Men's High Jump (T&F)
2:20	Men's 400-Meter Relay (T)
2:30	Women's 1,500 Meters (T)
2:35	Men's Discus (T&F)
2:50	Men's 1,500 Meters (T)
3:10	Decathlon 1,500 Meters
3:20	Women's 400 Meters (T)
3:30	Women's Shot Put (T&F)
3:35	Men's 400 Meters (T)
3:50	Women's 100 Meters (T)
4:05	Men's 100 Meters (T)
4:20	Women's 100-Meter Hurdles (T)
4:35	Women's Long Jump (T&F) Men's 110-Meter Hurdles (T)
4:50	Women's 800 Meters (T)

(Continued on Page 4)

**HAWKEYES IN BIG TEN OUTDOOR HISTORY** -- The Iowa men's team has won two Big Ten outdoor team championships (1963, 1967) and 164 conference titles - 54 in individual running events, 38 in field events and 72 in relays - since the first meet was held in 1901. Two former Hawkeyes hold a spot in the conference record books. In 1997, **Bashir Yamini** tied the long jump record of 26-8 1/4, set in 1935 by Ohio State's Jesse Owens. **Jon Reimer** holds the retired 330-yard hurdles record of 36.1, set in 1965. The Hawkeye men's team has had four student-athletes earn conference individual outdoor track honors. **Pat McGhee** is the lone Hawkeye to earn two awards in the same season, being Male Athlete of the Year and Athlete of the Championships in 1989. Other outdoor honorees were **Anthuan Maybank** (1993 Athlete of the Year), **Jeremy Allen** (1998 Freshman of the Year) and **Tim Dwight** (1999 Athlete of the Championships).

The Iowa women's squad has yet to win a Big Ten outdoor team title, but has crowned 25 conference champions since the first meet in 1982 - 10 in individual running events, three in field events and 12 in relays. The two Hawkeyes to have earned Big Ten Outdoor Freshman of the Year honors are **Erica Broomfield** (1998) and **Peaches Roach** (2004). Iowa's highest finish at the conference outdoor meet was third (89 points) in 2004.

**2006 BIG TEN OUTDOOR REVIEW** -- The Iowa men's team placed fourth and the Hawkeye women placed eighth at the 2006 Big Ten Outdoor Championships in East Lansing, MI. Despite cold and wet weather, the Hawkeye men recorded their highest team finish since placing second in 1999. Wisconsin won the men's team title for the third straight year, while the Minnesota women's team won its first title in school history.

The Iowa men were led by Big Ten champions **Tim Brodersen** and **Adam Hamilton**. **Brodersen**, a senior from Vermillion, SD, successfully defended his discus title with a winning throw of 181-2. He became the 17th Hawkeye in school history to win consecutive Big Ten titles in the same event. Brodersen also placed eighth in the hammer. **Hamilton**, a junior from Milford, NH, won the meet's first title when he took the hammer title (208-1). He also became Iowa's fourth Big Ten hammer throw champion.

Placing in the top three for the men's team were sophomore **Shane Maier** (2nd - shot put), freshman **David Chaplin** (3rd - 100 meters), freshman **John Hickey** (3rd - shot put) and the 400-meter relay of sophomore **Max Milder**, **Chaplin**, junior **David Pierre** and freshman **Prince Riley**.

The women's team was led by juniors **Tiffany Johnson** and **Peaches Roach** and sophomore **Meghan Armstrong**. **Johnson** placed second in the 100-meter hurdles (13.62), third in the triple jump (40-5) and ran on the 400 and 1,600-meter relays that placed fourth and seventh, respectively. **Roach** placed second in the high jump (58-3/4), fourth in the 200 meters (24.28) and anchored the fourth-place 400-meter relay. **Armstrong** placed second in the 1,500 meters (4:17.41), setting a school record that beat her previous collegiate-best by almost nine seconds.

Sophomore **Kineke Alexander** was withheld from competition during the final day so as not to aggravate a nagging injury in the cold and wet conditions. In the prelims, she posted the second-fastest time in the 200 meters, the fourth-fastest clocking in

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### BIG TEN OUTDOOR CHAMPIONSHIPS SCHEDULE OF EVENTS

#### Saturday, May 13 (Con't. from Page 3)

5:15	Men's 800 Meters (T)
5:20	Women's Javelin (T&F)
5:25	Women's 200 Meters (T)
5:40	Men's 200 Meters (T)
5:55	Women's 400-Meter Hurdles (T)
6:15	Men's 400-Meter Hurdles (T)
6:30	Women's 3,000-M. Steeplechase
6:45	Men's 3,000-M. Steeplechase

#### Sunday, May 13

11:40 a.m.	Women's Triple Jump (T&F)
11:45	Women's Discus (T&F)
12:30 p.m.	Men's Shot Put (T&F)
	Men's Pole Vault (T&F)
12:45	Women's 400-Meter Relay (F)
12:55	Men's 400-Meter Relay (F)
1:05	Women's 1,500 Meters (F)
1:15	Men's 1,500 Meters (F)
1:20	Women's High Jump (T&F)
1:25	Women's 100-Meter Hurdles (F)
1:35	Men's 110-Meter Hurdles (F)
1:40	Women's 400 Meters (F)
1:45	Men's 400 Meters (F)
1:50	Women's 100 Meters (F)
1:55	Men's 100 Meters (F)
2:00	Men's Triple Jump (T&F)
	Men's Javelin (T&F)
2:03	Women's 800 Meters (F)
2:08	Men's 800 Meters (F)
2:18	Women's 400-Meter Hurdles (F)
2:28	Men's 400-Meter Hurdles (F)
2:35	Women's 200 Meters (F)
2:42	Men's 200 Meters (F)
2:49	Women's 5,000 Meters (F)
3:11	Men's 5,000 Meters (F)
3:33	Women's 1,600-Meter Relay
3:45	Men's 1,600-Meter Relay

*Times are local and subject to change based on number of participants in each event.*

*T - trials, F - finals*

the 400 meters, and ran on the 400 and 1,600-meter relays. The 400-meter relay had the top qualifying time. Had she been able to compete on Sunday, Iowa's team finish could have been as high as fifth.

**HAWKEYES BREAK RECORDS** -- Five Hawkeyes have set school records so far this season. Senior distance runner **Micah VanDenend**, senior thrower **Becca Franklin**, senior sprinter and hurdler **Tiffany Johnson**, sophomore jumper **Renee White** and sophomore thrower **A.J. Curtis** are the new record holders.

VanDenend shattered his own school 5,000-meter record at the Stanford Invite. The Glen Ellyn, IL, native became the first Hawkeye in school history to break 13:50 in that event with his time of 13:49.31. He set the previous record of 13:55.96 at the same meet last season.

Franklin broke her own hammer school record for the fourth time this season at the Iowa Musco Twilight IX. The toss of 195-0 surpassed her previous best of 187-11.

Johnson broke the school record of 13.24 that she set last season in the 100-meter hurdles with her winning time of 13.20 at the 2007 Drake Relays.

White also set a new triple jump school record at Auburn. Her winning jump of 41-3 3/4 bested the previous record of 41-3 1/4, set in 2006 by **Tiffany Johnson**.

Curtis broke a school record that is older than himself with his winning discus throw of 202-11 at the Central Collegiate Invite on April 6. He was born on February 7, 1987. The previous record of 202-4 was set in 1986 by former Hawkeye **Gary Kostrubala**. Curtis' throw also set a meet record and smashed his previous personal best of 173-11 in that event. He and Kostrubala are the only two Hawkeyes in school history to throw over 200 feet.

**THREE HAWKEYES NAMED BIG TEN ATHLETE OF THE WEEK** -- Hawkeye senior distance runner **Micah VanDenend**, sophomore thrower **A.J. Curtis** and senior thrower **Adam Hamilton** each earned Big Ten Athlete of the Week honors this outdoor season. They were the first Hawkeyes to earn the weekly conference honor during the outdoor season since javelin thrower Bill Neumann in 2003.

VanDenend was the first of the trio to earn the honor, earning co-Big Ten Runner of the Week accolades April 3 for his school-record setting time of 13:49.31 in the 5,000 meters at the Stanford Invitational.

Curtis was named Big Ten Field Event Athlete of the Week April 10 for setting the school discus record of 202-11 at the Central College Invite April 6. The previous record of 202-4 was set in 1986 by Gary Kostrubala. Curtis' throw also set a meet record and smashed his previous personal best of 173-11 in that event. He and Kostrubala are the only two Hawkeyes in school history and two of four student-athletes in Big Ten history to throw over 200 feet in that event.

Hamilton was named Big Ten Field Event Athlete of the Week May 1, placing second in the hammer throw at the 98th annual Drake Relays April 28 with a personal-best mark of 222-2. That distance ranks second in school history, and is only nine inches

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off the school record of 222-11 set by **Arno van der Westhuizen** in 2001. The mark also leads the Big Ten, and ranks second in the NCAA Midwest Region and eighth in the nation. Hamilton is the only competitor in the Big Ten to throw over 200 feet so far this season.

**WOMEN'S TEAM MAKES TRACKWIRE 25** -- The Iowa women's track team is ranked 20th in the most recent national outdoor rankings released by Trackwire.com. The list ranks schools according to a projected hypothetical score for the NCAA Outdoor Championships, which is generated by a power ranking of the top 12 athletes and relay squads in each NCAA event. Iowa is tied for 20th with 12 points with Texas-El Paso and Colorado. LSU is ranked first with 69.

Five Hawkeyes are listed in Trackwire's Dandy Dozen individual rankings. Junior **Kineke Alexander** boasts Iowa's highest ranking at second in the 400 meters, despite not running the event the entire outdoor season. Senior **Peaches Roach** and junior **Meghan Armstrong** join Alexander in the top 10, with Roach ranked sixth in the high jump and Armstrong ranked ninth in the 1,500 meters. Also ranked for Iowa are junior **Diane Nukuri** (11th - 10,000 meters) and senior **Tiffany Johnson** (11th - 100-meter hurdles).

**HAWKEYE COACHES** -- **Larry Wieczorek** and **James Grant** are in their 11th seasons at the helm of the Iowa men's and women's track teams, respectively.

**Wieczorek** has coached 24 all-Americans and 40 Big Ten Champions at Iowa. The Hawkeyes' highest conference meet finishes during his tenure are second at the 1999 outdoor meet and fourth at the 1997 indoor meet. As a runner, **Wieczorek** was a six-time Big Ten champion at Iowa, winning four track and two cross country titles. He was also a four-time all-American. In 1998, **Wieczorek** was inducted into the Iowa Varsity Club Hall of Fame. He is assisted by three-time Indiana all-American **Scott Capps** and World Champion and four-time Northern Iowa all-American **Joey Woody**.

In his tenure with the Hawkeyes, **Grant** has coached 24 Big Ten champions, 60 regional qualifiers, 21 all-region selections, 31 NCAA qualifiers, 12 all-Americans and one NCAA champion. Iowa placed third at the 2004 Big Ten Indoor Championships in Iowa City and sixth at the 2003 conference outdoor meet - the team's highest placings during **Grant's** tenure. The third-place indoor finish tied the team's highest conference finish in school history. He is assisted by three-time conference champion **Layne Anderson** and NCAA champion and four-time all-American **Victor Houston**.

**2007 DRAKE RELAYS REVIEW** -- Iowa crowned two champions at the 2007 Drake Relays in Des Moines, IA. Senior **Tiffany Johnson** became the first female student-athlete in school history to win back-to-back Drake titles in an individual event when she won the 100-meter hurdles Saturday. Her time of 13.20 also broke the school record of 13.24 she set in that event last season. Junior **Diane Nukuri** won the 5,000 meters with a collegiate-best and regional qualifying mark of 16:15.28.

Hawkeye senior **Adam Hamilton** was the highest placer for the men's team, finishing second in the hammer throw with a collegiate-best 222-2. That mark is just nine inches off the school record of 222-11 set in 2001 by **Arno van der Westhuizen**.

The women's 400 and 1,600-meter relays posted regional qualifying marks. The 400-meter relay of Johnson, senior **Peaches Roach**, junior **Megan Clarke** and freshman **Rhonda-Kaye Trusty** placed fourth (45.21), while the 1,600-meter relay of junior **Kineke Alexander**, freshman **Kara-Aretha Graham**, senior **Aditya Jones** and senior **Monica Mims** placed sixth (3:43.53), running a season-best 3:39.36 in the prelims.

Iowa's other top eight placers were the men's 400-meter relay of junior **Max Milder**, freshman **Paul Chaney, Jr.**, junior **Aaron Reed** and senior **Lee Elbert** that placed fifth (41.16), the women's distance medley relay of junior **Meghan Armstrong**, Alexander, freshman **Sophia Poncé** and senior **Shannon Stanley** that placed sixth (11:25.05), Roach (6th - special invite high jump), sophomore **John Hickey** (6th - special invite shot put), freshman **Ray Varner** (7th - 400-meter hurdles) and sophomore **A.J. Curtis** (8th - shot put).

**NEXT COMPETITION** -- The Hawkeyes will send student-athletes who meet the qualifying standards to the 2007 NCAA Midwest Regional, May 25-26 in Des Moines, IA. All events will be held at Drake Stadium on the Drake University campus. All-session tickets are \$30 and single day tickets are \$15. Tickets can be ordered from the Drake University Athletic ticket office at 515/271-3647 or [www.drakebulldogs.org](http://www.drakebulldogs.org).

The Midwest region will feature 39 schools from Colorado, Iowa, Kansas, Minnesota, Montana, Nebraska, New Mexico, Oklahoma, Texas and Wyoming. The top five finishers in each individual event and the top three relays from each of the four regionals will automatically advance to the NCAA Championships, to be held June 6-9 in Sacramento, CA. The other three regions are the West (40 men's teams, 42 women's teams), the Midwest (78 men's teams, 81 women's teams) and the East (110 men's teams, 112 women's teams).

# 2007 Iowa Outdoor Season Bests

## MEN'S 100 METERS (RQ - 10.50, SR - 10.25)

Lee Elbert ..... 10.61 #% .... Iowa Musco Twilight IX .. 4/21/07  
Max Milder ..... 10.68 #% .... Iowa Musco Twilight IX .. 3/23/07  
Paul Chaney, Jr. .... 10.77 #% .... Iowa Musco Twilight IX .. 4/21/07

## WOMEN'S 100 METERS (RQ - 11.75, SR - 11.45)

Peaches Roach ..... 11.64 % ..... at Missouri Relays ..... 3/31/07  
Rhonda-Kaye Trusty ..... 12.04 ! ..... at Auburn Tiger Classic .... 4/7/07  
Megan Clarke ..... 12.33 ! ..... at Auburn Tiger Classic .... 4/7/07  
Renee White ..... 12.34 ! ..... at Missouri Relays ..... 3/31/07

## MEN'S 110-METER HURDLES (RQ -- 14.30, SR -- 13.63)

Frank Prill ..... 14.94 # ..... Iowa Musco Twilight IX .. 4/21/07  
Brice Wilson ..... 15.39 # ..... at Jim Duncan Invite ..... 4/14/07

## WOMEN'S 100-METER HURDLES (RQ - 13.92, SR - 13.20)

Tiffany Johnson ..... 13.20 \*A! ..... at Drake Relays ..... 4/28/07  
Tammilee Kerr ..... 14.21 !% ..... Iowa Musco Twilight IX... 4/21/07  
Heather Gilmore ..... 15.30 !% ..... at Missouri Relays ..... 3/31/07

## MEN'S 200 METERS (RQ -- 21.19, SR -- 20.47)

Lee Elbert ..... 21.83 ..... at Jim Duncan Invite ..... 4/14/07  
Max Milder ..... 21.89 ..... at Jim Duncan Invite ..... 4/14/07

## WOMEN'S 200 METERS (RQ - 23.96, SR - 23.50)

Rhonda-Kaye Trusty ..... 24.23 ! ..... at Aztec Track Classic .... 3/17/07  
Kara-Aretha Graham ..... 25.05 ! ..... at John Jacobs Invite ..... 4/14/07  
Megan Clarke ..... 25.18 ..... Iowa Musco Twilight IX... 4/21/07  
Renee White ..... 25.31 ! ..... at Aztec Track Classic .... 3/16/07  
Tammilee Kerr ..... 25.49 !% ..... at Drake Relays ..... 4/25/07

## MEN'S 400 METERS (RQ -- 47.20, SR -- 44.99)

Prince Riley ..... 47.55 # ..... Iowa Musco Twilight IX .. 4/21/07  
David Pierre ..... 47.66 # ..... Iowa Musco Twilight IX .. 4/21/07  
Zach Splan ..... 49.41 # ..... at John Jacobs Invite ..... 4/14/07

## WOMEN'S 400 METERS (RQ - 54.61, SR - 51.35)

Aditya Jones ..... 57.77 ! ..... at Missouri Relays ..... 3/31/07  
Monica Mims ..... 57.98 ! ..... Iowa Musco Twilight IX... 4/21/07  
Kara-Athena Graham ..... 59.08 ! ..... at Missouri Relays ..... 3/31/07  
Sophia Poncè ..... 1:00.50 ..... at Missouri Relays ..... 3/31/07

## MEN'S 400-METER HURDLES (RQ -- 52.51, SR -- 48.83)

Ray Varner ..... 51.46 #^ ..... at Drake Relays ..... 4/28/07

## WOMEN'S 400-METER HURDLES (RQ -- 1:00.82, SR -- 56.67)

Aditya Jones ..... 1:01.80 ! ..... at John Jacobs Invite ..... 4/14/07  
Heather Gilmore ..... 1:13.27 ! ..... at Missouri Relays ..... 3/31/07

## MEN'S 800 METERS (RQ -- 1:50.40, SR-- 1:47.64)

Adam Hairston ..... 1:50.93 # ..... Iowa Musco Twilight IX .. 4/21/07  
Zach Splan ..... 1:53.83 # ..... at Central College Open .. 5/4/07  
Daniel Peoples ..... 1:54.39 ..... Iowa Musco Twilight IX .. 4/21/07  
Cannon Dolan ..... 1:54.59 # ..... at Kip Janvrin Open ..... 4/27/07

## WOMEN'S 800 METERS (RQ - 2:09.80, SR - 2:05.67)

Sophia Poncè ..... 2:13.36 ! ..... Iowa Musco Twilight IX... 4/21/07  
Shannon Stanley ..... 2:14.61 ..... at Aztec Track Classic .... 3/17/07  
Kineke Alexander ..... 2:16.15 ! ..... Iowa Musco Twilight IX... 4/21/07  
Monica Mims ..... 2:18.75 ..... at Auburn Tiger Classic .... 4/7/07  
Jessica Schmidt ..... 2:20.18 ..... at Aztec Track Classic .... 3/17/07  
Tammilee Kerr ..... 2:28.12 ! ..... at Drake Relays ..... 4/26/07  
Rachel Hawks ..... 2:29.74 ! ..... Iowa Musco Twilight IX... 4/21/07

## MEN'S 1,500 METERS (RQ -- 3:47.80, SR -- 3:44.01)

Jesse Luciano ..... 3:49.99 # ..... at Stanford Invite ..... 3/31/07  
Micah VanDenend ..... 3:50.20 # ..... Iowa Musco Twilight IX .. 4/21/07  
Adam Hairston ..... 3:58.97 # ..... at LSU Relays ..... 3/24/07  
Tommy Tate ..... 4:00.13 # ..... at Jim Duncan Invite ..... 4/14/07  
Jay Renaud ..... 4:00.99 # ..... at Jim Duncan Invite ..... 4/14/07

## WOMEN'S 1,500 METERS (RQ - 4:27.80, SR - 4:17.41)

Diane Nukuri ..... 4:20.95 \*A! ..... at Aztec Track Classic .... 3/17/07  
Meghan Armstrong ..... 4:21.86 ^ ..... Iowa Musco Twilight IX... 4/21/07  
Shannon Stanley ..... 4:31.18 ..... at Stanford Invite ..... 3/31/07  
Racheal Marchand ..... 4:39.69 ..... at Aztec Track Classic .... 3/17/07  
Jessica Schmidt ..... 4:42.19 ! ..... Iowa Musco Twilight IX... 4/21/07  
Jordan Laney ..... 4:44.53 ! ..... Iowa Musco Twilight IX... 4/21/07  
Katie Ellis ..... 4:48.60 ..... at Aztec Track Classic .... 3/17/07  
Molly Esche ..... 4:57.20 ..... at Aztec Track Classic .... 3/17/07  
Rachel Hawks ..... 5:02.91 ! ..... at John Jacobs Invite ..... 4/13/07  
Jennie Docherty ..... 5:11.92 ..... at Aztec Track Classic .... 3/16/07  
Kelsey Stueland ..... 5:20.61 ! ..... Iowa Musco Twilight IX... 4/21/07

## MEN'S 3,000 METERS

Tommy Tate ..... 8:31.67 ..... at Jim Duncan Invite ..... 4/14/07  
Brendan Camplin ..... 8:48.95 ..... at Jim Duncan Invite ..... 4/14/07  
Jay Renaud ..... 8:51.24 ! ..... at Jim Duncan Invite ..... 4/14/07

## WOMEN'S 3,000 METERS (SR -- 9:20.61)

Diane Nukuri ..... 9:23.90 ! ..... Iowa Musco Twilight IX... 4/21/07  
Racheal Marchand ..... 9:45.50 ! ..... Iowa Musco Twilight IX... 4/21/07  
Molly Esche ..... 10:22.11 ! ..... at Missouri Relays ..... 3/30/07  
Christine Kotarba ..... 11:16.24 ..... Iowa Musco Twilight IX... 4/21/07

## MEN'S 3,000-M. STEEPLECHASE (RQ -- 9:07.00, SR -- 8:47.4)

Andy Napier ..... 9:19.11 # ..... at Central College Open .. 5/4/07  
Tommy Tate ..... 9:36.63 # ..... Iowa Musco Twilight IX .. 4/21/07

## MEN'S 5,000 METERS (RQ -- 14:13.00, SR -- 13:49.31)

Micah VanDenend ..... 13:49.31 \*A# ..... at Stanford Invite ..... 3/31/07  
Jeff Kent ..... 14:21.05 ..... at Stanford Invite ..... 3/30/07  
Andy Napier ..... 14:42.77 ..... at Drake Relays ..... 4/26/07  
Tommy Tate ..... 14:57.27 ..... at Kip Janvrin Open ..... 4/27/07

## WOMEN'S 5,000 METERS (RQ - 16:52.00, SR - 15:45.84)

Diane Nukuri ..... 16:15.28 !^ ..... at Drake Relays ..... 4/28/07  
Meghan Armstrong ..... 16:18.74 !^ ..... at Stanford Invite ..... 3/31/07  
Racheal Marchand ..... 16:35.04 !^ ..... at Drake Relays ..... 4/28/07

## WOMEN'S 10,000 M. (AQ -- 33:30.00, PQ -- 35:00.00, SR -- 33:23.38)

Diane Nukuri ..... 33:31.69 !& ..... at Stanford Invite ..... 3/31/07

RQ/^ - NCAA Midwest Regional Qualifier

\$ - NCAA Provisional Qualifier

SR/\* - School Record, #/! -- Collegiate Best, % - wind-aided

# 2007 Iowa Outdoor Season Bests

## MEN'S 400-METER RELAY (RQ -- 40.66, SR -- 39.48)

Milder, Chaney, Jr., Reed, Elbert ..... 40.58 ^  
Iowa Musco Twilight IX - 4/21/07

## WOMEN'S 400-METER RELAY (RQ - 45.70, SR - 44.63)

Johnson, Roach, Clarke, Trusty ..... 45.21 ^  
at Drake Relays - 4/28/07

Johnson, Alexander, Roach, Trusty ..... 45.84  
at Missouri Relays - 3/31/07

Johnson, Roach, Alexander, Trusty ..... 46.06  
at Auburn Tiger Classic - 4/7/07

Johnson, Roach, Clarke, White ..... 46.23  
Iowa Musco Twilight IX - 4/21/07

Johnson, Trusty, White, Clarke ..... 46.36  
at Aztec Track Classic - 3/17/07

## MEN'S 1,600-METER RELAY (RQ -- 3:10.00, SR -- 3:03.11)

Pierre, Elbert, Varner, Riley ..... 3:10.31  
at Drake Relays - 3/27/07

Milder, Elbert, Varner, Riley ..... 3:10.75  
Iowa Musco Twilight IX - 4/21/07

Riley, Elbert, Varner, Pierre ..... 3:11.61  
at Central College Open - 5/4/07

Dolan, Splan, Peoples, Hairston ..... 3:16.90  
Iowa Musco Twilight IX - 4/21/07

Rolling, Milder, Splan, Peoples ..... 3:20.39  
at John Jacobs Invite - 4/14/07

## WOMEN'S 1,600-METER RELAY (RQ - 3:42.00, SR - 3:36.26)

Alexander, Jones, Johnson, Mims ..... 3:46.98  
Iowa Musco Twilight IX - 4/21/07

Poncè, Jones, Mims, Graham ..... 3:48.02  
at Aztec Track Classic - 3/17/07

Jones, Mims, Poncè, Johnson ..... 3:51.89  
at John Jacobs Invite - 4/14/07

Jones, Mims, Graham, Poncè ..... 3:54.03  
at Auburn Tiger Classic - 4/7/07

## HEPTATHLON (AQ - 5,500, PQ - 5,050, SR - 5,062)

Tammilee Kerr ..... 4,302 points ..... at Drake Relays ..... 4/26/07

## MEN'S HIGH JUMP (RQ -- 2.10 m, SR -- 2.23 m)

Jeremy Petsche ..6-8 3/4 (2.05 m) ..... Iowa Musco Twilight IX ... 4/21/07

Ryan Kelly .....6-8 3/4 (2.05 m) ..... Iowa Musco Twilight IX ... 4/21/07

Dan Rolling .....6-6 3/4 (2.00 m) ..... Iowa Musco Twilight IX ... 4/21/07

Ryan Niver .....6-6 3/4 (2.00 m) ..... Iowa Musco Twilight IX ... 4/21/07

Frank Prill .....5-8 3/4 (1.75 m) # ..... Iowa Musco Twilight IX ... 4/21/07

## WOMEN'S HIGH JUMP (RQ - 1.75 meters, SR - 1.86 meters)

Peaches Roach ..6-0 3/4 (1.85 m) ^! ..... at Drake Relays ..... 4/28/07

Caleigh Bacchus.5-5 (1.65 m) ! ..... at Aztec Track Classic ... 3/17/07

RQ/^ - NCAA Midwest Regional Qualifier

\$ - NCAA Provisional Qualifier

SR/\* - School Record, #/! -- Collegiate Best, % - wind-aided

## MEN'S LONG JUMP (RQ -- 7.34 m, SR -- 8.25 m)

Aaron Reed .....23-8 (7.21 m) #% ..... Iowa Musco Twilight IX ... 4/21/07

Dan Rolling .....20-7 (6.27 m) # ..... Kip Janvrin Open ..... 4/27/07

## WOMEN'S LONG JUMP (RQ - 6.00 meters, SR - 6.78 meters)

Renee White .....19-1 1/4 (5.82 m) ..... at Missouri Relays ..... 3/30/07

Tammilee Kerr ....16-11 1/4 (5.16 m) ..... at Drake Relays ..... 4/26/07

## WOMEN'S TRIPLE JUMP (RQ - 12.32 m, SR - 12.59 m)

Renee White .....41-3 3/4 (12.59 m) \*\* ..... at Auburn Tiger Classic ... 4/7/07

Tiffany Johnson ..41-2 1/4 (12.55 m) ^ ..... at Auburn Tiger Classic ... 4/7/07

## MEN'S POLE VAULT (RQ -- 5.05 m, SR -- 5.18 m)

Jeff Raymond .....15-5 (4.70 m) ..... Iowa Musco Twilight IX ... 4/21/07

Alex Zona .....15-1 (4.60 m) ..... at Jim Duncan Invite ..... 4/14/07

Richard Johnson.15-1 (4.60 m) # ..... at Kip Janvrin Open ..... 4/27/07

Ryan Niver .....14-9 (4.50 m) # ..... Iowa Musco Twilight IX ... 4/21/07

Frank Prill .....14-1 1/4 (4.30 m) ..... at Jim Duncan Invite ..... 4/14/07  
Iowa Musco Twilight IX ... 4/21/07

## WOMEN'S POLE VAULT (RQ - 3.80 meters, SR - 3.92 meters)

Sarah Burgett ....12-0 (3.65 m) ..... at Kip Janvrin Open ..... 4/27/07

## MEN'S SHOT PUT (RQ -- 16.80 m, SR -- 19.27 m)

John Hickey .....60-1 1/4 (18.32 m) ^ ..... Iowa Musco Twilight IX ... 4/21/07

Shane Maier .....57-6 1/2 (17.54 m) ^ ..... Iowa Musco Twilight IX ... 4/21/07

A.J. Curtis .....56-2 (17.12 m) ^ ..... Iowa Musco Twilight IX ... 4/21/07

Mark Schaapveld.54-4 (16.56 m) ..... Iowa Musco Twilight IX ... 4/21/07

## WOMEN'S SHOT PUT (RQ - 14.30 meters, SR - 15.54 meters)

Mandy Chandler .39-1 1/4 (11.92 m) ..... Iowa Musco Twilight IX ... 4/21/07

Tammilee Kerr ....35-0 1/2 (10.68 m) ..... at Drake Relays ..... 4/25/07

## MEN'S DISCUS (RQ -- 51.70 m, SR -- 61.68 m)

A.J. Curtis .....202-11 (61.84 m) ^\*# ..... at Central College Invite ... 4/6/07

Shane Maier .....153-10 (46.88 m) ..... at Drake Relays ..... 4/28/07

Clint Huntrods .....143-6 (47.73 m) ..... Iowa Musco Twilight IX ... 4/21/07

Frank Prill .....98-3 (29.96 m) ..... Iowa Musco Twilight IX ... 4/21/07

## MEN'S HAMMER (RQ -- 55.60 m, SR -- 67.94 m)

Adam Hamilton ..222-2 (67.73 m) ^# ..... at Drake Relays ..... 4/28/07

Ryan Jordan .....182-9 (55.71 m) ^# ..... at Central College Open ... 5/4/07

Kale Katt .....181-0 (55.18 m) # ..... Iowa Musco Twilight IX ... 4/21/07

Mark Schaapveld.176-8 (53.84 m) # ..... Iowa Musco Twilight IX ... 4/21/07

John Hickey .....171-10 (52.38 m) # ..... Iowa Musco Twilight IX ... 4/21/07

## WOMEN'S HAMMER (RQ - 54.15 meters, SR - 57.27 meters)

Becca Franklin ....195-0 (59.45 m) ..... Iowa Musco Twilight IX ... 4/21/06

Mandy Chandler .138-1 (42.08 m) ..... at Auburn Tiger Classic ... 4/7/07

## MEN'S JAVELIN (RQ -- 61.60 m, SR -- 74.58 m)

Kale Katt .....204-0 (62.17 m) #^ ..... Iowa Musco Twilight IX ... 4/21/07

John Hickey .....150-11 (46.00 m) # ..... Iowa Musco Twilight IX ... 4/21/07

Troy Naumes .....144-10 (44.15 m) # ..... Iowa Musco Twilight IX ... 4/21/07

## WOMEN'S JAVELIN (RQ - 43.45 meters, SR - 55.31 meters)

Tammilee Kerr ....140-6 (42.83 m) ..... at Aztec Track Classic ... 3/16/07



2007 Iowa University of Iowa Track & Field



# All-Time Top 10 Best Outdoor Performers

## Men's 100 Meters

1. George Page, 1996	10.25
2. Anthuan Maybank, 1994	10.31
Tim Dwight, 1997	10.31
4. Bob Lawson, 1976	10.36
5. Robert Smith, 1984	10.39
6. Curtis Chang, 1987	10.40
7. Jeff Patrick, 1983	10.41
Tim Dodge, 2002	10.41
9. Jerry Fisher, 1991	10.45
10. Andre Morris, 1996	10.47

## Women's 100 Meters

1. Vivien McKenzie, 1985	11.45
2. Davera Taylor, 1984	11.51
3. Erica Broomfield, 1998	11.53
4. Jiselle Providence, 2001	11.57
5. Tanja Reid, 1994	11.60
<b>Peaches Roach, 2005</b>	<b>11.60</b>
7. Yolanda Hobbs, 1995	11.62
8. Elanie Jones, 1985	11.69
9. Lakeya Boatright, 2000	11.77
10. Tamara Dixon, 2002	11.79

## Men's 110-Meter High Hurdles

1. Pat McGhee, 1989	13.50
2. Dion Trowers, 1996	13.62
3. Ronnie McCoy, 1985	13.66
4. James Armstrong, 1991	13.89
5. Doug Jones, 1986	14.06
6. Chris Williams, 1983	14.24
7. Rajeev Balkrishnan, 1993	14.29
8. Gary Falls, 1992	14.48
9. Monte Raymond, 1996	14.51
10. Tony Branch, 1998	14.58

## Women's 100-Meter Hurdles

1. <b>Tiffany Johnson, 2007</b>	<b>13.20</b>
2. Colleen Prendergast, 1999	13.60
Paula Ruen, 2000	13.60
4. Sarah Steffen, 2002	13.65
5. Ruqayya Raheem, 1998	13.90
6. Brenda Calhoun, 1984	13.94
7. Wynsome Cole, 1997	14.10
8. <b>Tammilee Kerr, 2007</b>	<b>14.21</b>
9. Tiff Pedersen, 2002	14.23
10. Colleen Prendergast, 2001	14.24

## Men's 200 Meters

1. Jeff Patrick, 1983	20.47
2. Anthuan Maybank, 1994	20.55
3. Andre Morris, 1995	20.64
4. George Page, 1996	20.67
5. Terrence Duckett, 1982	20.74
6. Tim Dodge, 2002	20.78
7. Bashir Yamini, 1999	20.82
8. Dennis Kohl, 1966	20.84
9. Tim Dwight, 1997	20.91
10. Victor Greer, 1984	20.98

## Women's 200 Meters

1. Shellene Williams, 2004	23.50
2. <b>Kineke Alexander, 2006</b>	<b>23.58</b>
3. Davera Taylor, 1984	23.59
4. Vivien McKenzie, 1985	23.61
5. Yolanda Hobbs, 1995	23.65
6. Tanja Reid, 1995	23.75
7. Elaine Jones, 1983	23.84
8. Jiselle Providence, 2001	24.00
9. <b>Peaches Roach, 2006</b>	<b>24.01</b>
10. Lakeya Boatright, 2000	24.14

## Men's 400 Meters

1. Anthuan Maybank, 1993	44.99
2. Andre Morris, 1995	45.15
3. Mike Mondane, 1967	45.20
4. Gary Hollingsworth	46.3
5. Harold Leonard, 1986	46.45
6. Tony Branch, 1999	46.60
7. George Page, 1996	46.66
8. Dick Eisenlauer, 1973	46.74
Terrence Duckett, 1983	46.74
10. Ed Rozell, 1996	46.78

## Women's 400 Meters

1. <b>Kineke Alexander, 2006</b>	<b>51.35</b>
2. Shellene Williams, 2004	51.94
3. Ellen Grant, 1996	52.65
4. Senta Hawkins, 1988	54.01
5. Marlene Poole, 1994	54.03
6. Elaine Jones, 1983	54.40
7. Nicole Charles, 2001	54.48
8. Stacey-Leigh Bynoe, 2000	54.73
9. Alycia Simpson, 1987	55.18
Aisha Hume, 2004	55.18

## Men's 400-Meter Hurdles

1. Pat McGhee, 1988	48.83
2. Monte Raymond, 1998	50.09
3. Paul Steele, 1989	50.45
4. Russell Peterson, 2001	50.50
5. Adam Kunkel, 2001	50.73
6. Jon Reimer, 1967	50.94
7. Gary Falls, 1991	51.08
8. Rajeev Balkrishnan, 1993	51.14
9. <b>Ray Varner, 2007</b>	<b>51.46</b>
10. Scott Williamson, 2000	51.74

## Women's 400-Meter Hurdles

1. Mary Knoblauch, 1981	56.16
2. Wynsome Cole, 1998	56.67
3. Chris Davenport, 1981	59.18
4. Sarah Steffen, 2002	59.59
5. Beverly Powell, 1991	59.96
6. Diane Steinhart, 1980	1:00.56
7. Ruqayya Raheem, 1999	1:00.62
8. Keely Huber, 2002	1:00.98
9. <b>Aditya Jones, 2007</b>	<b>1:01.80</b>
10. Sherri Hull, 1987	1:02.60

## Men's 800 Meters

1. Bill Frazier, 1962	*1:47.64
2. D'Juan Strozier, 1990	1:47.82
3. Michael Layne, 1999	1:49.61
4. Bill Thiesen, 1985	1:49.74
5. Andy Wiese, 1985	1:50.22
6. Paul Chepkwony, 1984	1:50.36
7. Rod Chambers, 1989	1:50.60
8. Jim Donovan, 1998	1:50.68
9. <b>Adam Hairston, 2007</b>	<b>1:50.93</b>
10. James Porter, 1994	1:51.00

## Women's 800 Meters

1. Kay Stormo, 1982	2:05.67
2. Michelle Lahann, 2004	2:06.79
3. Aisha Hume, 2005	2:08.50
4. Jeanne Kruckeberg, 1987	2:08.75
5. Ann Pare, 1997	2:09.25
6. <b>Meghan Armstrong, 2006</b>	<b>2:10.15</b>
7. Briana Benning, 1996	2:10.47
8. Tami Hoskins, 1990	2:11.47
9. <b>Shannon Stanley, 2004</b>	<b>2:12.01</b>
10. Christine Salsberry, 1990	2:12.05

*Names in bold are  
current team members.*



2007 Iowa University of Iowa Track & Field





# All-Time Top 10 Best Outdoor Performers

## Men's 1,500 Meters

1. Joel Moeller, 1978 .....3:44.01
2. Jim Docherty, 1978 .....3:44.30
3. Dan Waters, 1986 .....3:46.35
4. Kevin Herd, 1994 .....3:46.64
5. John Clark, 1977 .....3:46.84
6. Ted Wheeler, 1956 .....3:48.24
7. **Jesse Luciano, 2007 ..... 3:49.99**
8. **Micah VanDenend, 2007 ..... 3:50.20**
9. John Dobbs, 1985 .....3:50.70
10. Sean Corrigan, 1987 .....3:51.05

## Women's 1,500 Meters

1. **Meghan Armstrong, 2006..... 4:17.41**
2. Jeanne Kruckeberg 1989 .....4:19.71
3. **Diane Nukuri, 2007 ..... 4:20.95**
4. Penny O'Brien, 1985 .....4:21.43
5. Kay Stormo, 1982 .....4:22.24
6. Michelle Lahann, 2004 .....4:24.00
7. **Shannon Stanley, 2006 ..... 4:25.08**
8. Tracy Dahl, 1992 .....4:27.44
9. Jenny Hayden, 1982 .....4:27.54
10. Tina Stec, 1994 .....4:28.71

## Women's 3,000 Meters

1. Penny O'Brien, 1985 .....9:20.61
2. Nan Doak, 1985 .....9:23.04
3. Tracy Dahl, 1992 .....9:23.53
4. **Diane Nukuri, 2007 ..... 9:23.90**
5. **Meghan Armstrong, 2006..... 9:28.03**
6. Jeanne Kruckeberg, 1989 .....9:30.69
7. Jennifer Brower, 1992 .....9:34.59
8. Jodi Hershberger, 1982 .....9:36.44
9. Tina Stec, 1994 .....9:38.39
10. **Racheal Marchand, 2007 ..... 9:45.50**

## Men's 3,000-Meter Steeplechase

1. Deacon Jones, 1956 .....8:47.40
2. Steve Pershing, 1978 .....8:54.59
3. Andy Morris, 2000 .....8:56.21
4. Matt Gerard, 1994 .....8:57.01
5. Rollie Kitt, 1967 .....9:02.9
6. Al Greene, 1985 .....9:02.96
7. Tony Rakaric, 2005 .....9:03.29
8. Sean Gale, 1993 .....9:08.00
9. Nick Nordheim, 2000 .....9:12.06
10. Chad Schwitters, 1998 .....9:13.58

## Women's 3,000-M Steeplechase

1. Sarah Arens, 2004 .....10:34.50
2. Michelle Lahann, 2003 .....11:16.21
3. Becca Thompson, 2003 .....11:19.50
4. Jessica Schmidt, 2006 ..... 11:20.85

## Men's 5,000 Meters

1. **Micah VanDenend, 2007 ..... 13:49.31**
2. Larry Wiecezorek, 1968 .....13:56.0
3. Kevin Herd, 1993 .....13:59.0
4. Stetson Steele, 2000 .....14:02.76
5. **Eric MacTaggart, 2005 ..... 14:04.79**
6. Dan Haut, 2006 .....14:07.30
7. Matt Esche, 2006 .....14:12.07
8. **Jeff Kent, 2007 ..... 14:21.05**
9. Brian Rae, 2004 .....14:22.83
10. Tony Rakaric, 2003 .....14:22.92

## Women's 5,000 Meters

1. Nan Doak, 1985 .....15:45.84
2. **Diane Nukuri, 2007 ..... 16:15.28**
3. Jenny Spangler, 1983 .....16:17.21
4. **Meghan Armstrong, 2007..... 16:18.74**
5. Tracy Dahl, 1992 .....16:18.77
6. **Racheal Marchand, 2007 ..... 16:35.04**
7. Jennifer Brower, 1991 .....16:37.09
8. Renee Doyle, 1988 .....16:39.46
9. Jodi Hershberger, 1982 .....16:48.04
10. Anne Dobrowolski, 1984 .....16:50.00

## Men's 10,000 Meters

1. Stetson Steele, 2000 .....28:44.47
2. **Eric MacTaggart, 2006 ..... 28:50.23**
3. Nick Nordheim, 2002 .....29:44.71
4. Trent Corey, 2002 .....29:45.25
5. Chad Schwitters, 1999 .....29:56.00
6. Dan Haut, 2006 .....30:03.08
7. Kevin Herd, 1994 .....30:05.21
8. Paul Sarris, 2001 .....30:08.40
9. Matt Esche, 2004 .....30:08.82
10. Eric McDermott, 2002 ..... 30:11.16

## Women's 10,000 Meters

1. Jennifer Brower, 1991 .....33:23.38
2. **Diane Nukuri, 2007 ..... 33:31.69**
3. Nan Doak, 1985 .....33:33.03
4. Jenny Spangler, 1983 .....33:39.24
5. Tracy Dahl, 1992 .....34:30.09
6. **Racheal Marchand, 2006 ..... 34:51.68**
7. Nikki Chapple, 2004 .....35:06.35
8. Jenny Johnson, 1992 .....35:45.53
9. Anne Dobrowolski, 1985 .....35:59.98
10. Renee Doyle, 1987 .....36:32.40

## Men's High Jump

1. Bill Hansen, 1978 .....7-4 (2.23 m)
- Bill Knoedel, 1975 .....7-4 (2.23 m)
3. M. Cunningham, 1986 .....7-1 (2.16 m)
- Kenneth Lansing, 1988 .....7-1 (2.16 m)
5. Pat Meade, 1987 .....7-0 (2.13 m)
6. Scott Hudek, 1993 .....6-11 (2.11 m)
7. Mike Lacy, 1985 .....6-10 1/2 (2.09 m)
8. Damion Turner, 1998 .....6-9 1/2 (2.07 m)
9. Luke Nessa, 2000 .....6-8 3/4 (2.05 m)
- Jeremy Petsche, 2007 6-8 3/4 (2.05 m)**
- Ryan Kelly, 2007 .....6-8 3/4 (2.05 m)**

## Women's High Jump

1. **Peaches Roach, 2006 ..6-1 1/4 (1.86 m)**
2. Mary Mol, 1983 .....6-0 (1.83 m)
3. Lynn McMillan, 1988 .....5-9 1/4 (1.76 m)
4. Kacey Childs, 2001 .....5-8 1/2 (1.74 m)
5. Kristi Dinkla, 1985 .....5-8 (1.73 m)
- Becky Kaza, 1995 .....5-8 (1.73 m)
- Eve Cullinan, 2003 .....5-8 (1.73 m)
8. Jenni Elbert, 2005 .....5-7 (1.70 m)
9. Nancy Tessmer, 1991 ...5-6 1/2 (1.69 m)
10. Janet Adams, 1981 .....5-6 1/4 (1.68 m)

## Men's Pole Vault

1. Todd Wigginton, 1984 .....17-0 (5.18 m)
2. Chad Ohly, 1994 .....16-8 3/4 (5.10 m)
3. Curt Broek, 1978 .....16-8 (5.08 m)
4. Phil Wertman, 1971 .....16-7 (5.05 m)
- Kelly Scott, 1988 .....16-7 (5.05 m)
6. John Teffer, 1972 .....16-2 (4.93 m)
7. Steve Brewer, 1983 .....16-0 (4.88 m)
- Doug Pennino, 1985 .....16-0 (4.88 m)

## Women's Pole Vault

1. Jessie Strand, 2003 .....12-10 1/4 (3.92)
2. **Sarah Burgett, 2006 ..... 12-1 3/4 (3.70)**
3. Gina Shannon, 2001 .....11-2 1/4 (3.41)
4. Becky Kaza, 1998 .....8-6 (2.59)
- Amy Kasparbauer, 2001 .....8-6 (2.59)
6. Kacey Childs, 2000 .....8-0 1/2 (2.45)
7. Gina Shannon, 1998 .....8-0 (2.44)

## Men's Long Jump

1. Anthuan Maybank, 1993 ....27-1 (8.25 m)
2. Bashir Yamini, 1997 .....26-8 1/4 (8.13 m)
3. Paul Jones, 1989 .....25-10 1/4 (7.88 m)
4. Darren Smith, 1991 .....25-9 3/4 (7.86 m)
5. Quinn Early, 1986 .....25-7 1/4 (7.80 m)
6. Ed Gordon, 1931 .....25-4 3/8 (7.68 m)
7. Matty Gorman, 2006 ....25-1 1/4 (7.65 m)
8. Ronnie McCoy, 1985 .....25-0 (7.62 m)
9. Joe Robinson, 1976 .....24-2 3/4 (7.38 m)
10. **Aaron Reed, 2007 .....23-8 (7.21 m)**

Names in bold are  
current team members.

# All-Time Top 10 Best Outdoor Performers

## Women's Long Jump

1. Aisha James, 2003 ..... 22-3 (6.78 m)
2. **Renee White, 2006 ..... 19-9 3/4 (6.04 m)**
3. Becki Borg, 1988 ..... 19-7 1/4 (5.97 m)
4. Lisa Moats, 1986 ..... 19-6 (5.95 m)
5. Yolanda Hobbs, 1993 .. 19-2 1/2 (5.85 m)
6. Jane Dunlevy, 1977 ..... 18-6 (5.64 m)
7. Ruqayya Raheem, 1997 18-5 1/4 (5.62 m)  
Tiff Pedersen, 2004 ..... 18-5 1/4 (5.62 m)
9. Angie Hensel, 2005 ..... 18-5 (5.61 m)
10. Niki Fisher, 1996 ..... 18-1 1/2 (5.52 m)

## Men's Triple Jump

1. Paul Jones, 1990 ..... 52-0 1/2 (15.86 m)
2. Gordon Finch, 1988... 50-9 1/4 (15.47 m)
3. Mike Lacy, 1984 ..... 50-5 (15.36 m)
4. Pat Miller, 1985 ..... 49-8 1/2 (15.25 m)
5. Owen Gill, 1982 ..... 49-1 (14.96 m)
6. Matty Gorman, 2005.. 48-9 1/2 (14.87 m)
7. Ed Gordon, 1931 ..... 48-0 1/8 (14.63 m)
8. Mike Means, 1981 ..... 47-0 1/2 (14.34 m)
9. **Aaron Reed, 2005 .... 45-3 1/2 (13.80 m)**

## Women's Triple Jump

1. **Renee White, 2007 ... 41-3 3/4 (12.59 m)**
2. **Tiffany Johnson, 2006 41-3 1/4 (12.58 m)**
3. Becki Borg, 1988 ..... 40-7 1/2 (12.38 m)
4. Lynn McMillan, 1988.. 39-6 1/2 (12.05 m)
5. Lynn, 1998 ..... 39-0 (11.88 m)
6. Kacey Childs, 2001 ..... 37-8 (11.48 m)
7. **Becca Franklin, 2004 36-10 1/2 (11.24 m)**
8. Janna Houtz, 1984 ..... 33-10 1/2 (10.32)
9. Latoya Stiffend, 2002 ..... 32-6 (9.90)
10. Bridget Besch, 2003 ..... 30-10 1/2 (9.41)

## Men's Shot Put

1. Jeremy Allen, 2001 .... 63-2 3/4 (19.27 m)
2. Ken Kemeny, 2005 ..... 62-3 (18.97 m)
3. **Shane Maier, 2006.... 62-2 1/4 (18.95 m)**
4. Andy Banse, 2005 ... 61-11 1/2 (18.88 m)
5. **John Hickey, 2007.... 60-1 1/4 (18.32 m)**
6. Chris Gambol, 1987... 60-0 1/2 (18.30 m)
7. A. van der Westhuizen, 2000 ... 58-8 3/4 (17.90 m)
8. Gary Kostrubala, 1985..... 58-1 (17.70 m)
9. Alex Smith, 1998 ..... 57-9 (17.60 m)
10. Chris Cassata, 2000 .. 57-3 3/4 (17.47 m)

*Names in bold are  
current team members.*

## Women's Shot Put

1. Lisa Van Steenwyk, 1992 .... 50-8 (15.44)
2. Gail Smith, 1984 ..... 50-3 1/4 (15.32)
3. Denise Taylor, 1992 ..... 50-1 3/4 (15.28)
4. Kamesha Marshall, 2005 48-6 3/4 (14.80)
5. Laura Kriener, 1990 ..... 48-2 1/2 (14.69)
6. Jennifer Gilson, 2002 ..... 47-10 (14.58)
7. Jennifer Moon, 2000 ..... 47-5 1/4 (14.46)
8. **Mandy Chandler, 2006..... 46-0 (14.02)**
9. Shelley Redies, 1985 ..... 45-7 (13.89)
10. Megan Maurer, 1998 ..... 44-9 3/4 (13.66)

## Men's Discus

1. **A.J. Curtis, 2007 ..... 202-11 (61.84 m)**
2. Gary Kostrubala, 1986... 202-4 (61.68 m)
3. Jeremy Allen, 2001 ..... 195-4 (59.54 m)
4. Tim Brodersen, 2005 ..... 193-6 (58.98 m)
5. Brad Daufeldt, 2004 ..... 185-0 (56.40 m)
6. Andy Banse, 2005 ..... 180-0 (54.86 m)
7. Eric Rothwell, 2004 ..... 179-7 (54.73 m)
8. Norm Balke, 1985 ..... 175-10 (53.60 m)
9. Chris Gambol, 1987 ..... 175-7 (53.52 m)
10. Tom Knutson, 1967 .. 174-8 1/2 (53.24 m)

## Women's Discus

1. Denise Taylor, 1992 ..... 160-5 (48.90)
2. Lisa Van Steenwyk, 1991 .. 159-1 (48.50)
3. Gail Smith, 1983 ..... 158-2 (48.22)
4. Kamesha Marshall, 2005. 152-11 (46.62)
5. Jennifer Moon, 2000 ..... 150-8 (45.92)
6. Laura Kriener, 1989 ..... 150-3 (45.80)
7. Megan Maurer, 1997 ..... 149-2 (45.48)
8. Cheryl Bradley, 1982 ..... 146-5 (44.64)
9. Mickey Schoborg, 1985 ..... 146-2 (44.56)
10. Jodi Peterson, 1993 ..... 142-1 3/4 (43.32)

## Men's Hammer

1. A. van der Westhuizen, 2001. 222-11 (67.94 m)
2. **Adam Hamilton, 2007 .. 222-2 (67.73 m)**
3. Jim Costello, 2002 ..... 217-7 (66.32 m)
4. Brad Daufeldt, 2004 ..... 207-10 (63.34 m)
5. Chris Voller, 2005 ..... 206-0 (62.80 m)
6. Jeremy Allen, 2001 ..... 199-0 (60.66 m)
7. **Ryan Jordan, 2007 ..... 182-9 (55.71 m)**
8. Tim Brodersen, 2004 ..... 181-3 (55.24 m)
9. **Kale Katt, 2007 ..... 181-0 (55.18 m)**
10. **Mark Schaapveld, 2007 176-8 (53.84 m)**

## Women's Hammer

1. **Becca Franklin, 2007 ... 195-0 (59.45 m)**
2. Erin O'Hern, 2006 ..... 166-0 (50.60 m)
3. Kerri Blackstone, 1999 161-10 (49.32 m)
4. Megan Maurer, 1998 ..... 145-6 (44.36 m)
5. Jennifer Gilson, 2002 ..... 142-6 (43.44 m)
6. Jennifer Moon, 2000 ..... 139-3 (42.44 m)
7. **Mandy Chandler, 2007. 138-1 (42.08 m)**
8. Kara Hinz, 2000 ..... 125-1 (38.14 m)
9. Katie Hoback, 2002 ..... 121-11 (37.16 m)

## Men's Javelin

1. Bill Neumann, 2002 ..... 244-8 (74.58 m)
2. Dan Ralph, 2000 ..... 227-10 (69.44 m)
3. **Kale Katt, 2007 ..... 204-0 (62.17 m)**
4. Joel Storm, 2004 ..... 203-5 (62.01 m)
5. Matt Stank, 2001 ..... 199-0 (60.66 m)
6. A. van der Westhuizen, 1999. 173-11 (53.00 m)
7. **Craig Jennings, 2006... 173-4 (52.83 m)**
8. Scott Faber, 2000 ..... 173-1 (52.78 m)
9. Justin Silverman, 2000 .. 172-6 (52.58 m)

## Women's Javelin

1. Alana Redfern, 2003 ..... 181-5 (55.30)
2. Mandy Beck, 1999 ..... 153-4 (46.74)
3. Terri Soldan, 1983 ..... 152-6 1/4 (46.48)
4. Shani Renning, 1990 ..... 152-3 (46.40)
5. Clara Simon, 1981 ..... 149-9 (45.64)
6. Janet Adams, 1984 ..... 148-7 (45.28)
7. **Tammilee Kerr, 2006..... 141-9 (43.22)**
8. Mickey Schoborg, 1985 137-5 1/4 (41.88)
9. Sara Joens, 1987 ..... 127-1 (38.74)
10. Angela Chadwick, 1992 ..... 124-2 (37.86)

## Men's Decathlon

1. Scott Faber, 2000 ..... 6,839 points
2. Chad Ohly, 1994 ..... 6,641 points
3. **Ryan Niver, 2005 ..... 6,531 points**
4. Gary Kostrubala, 1984 ..... 6,498 points
5. Jacob Drewry, 1994 ..... 5,820 points

## Women's Heptathlon

1. Kathy Gillespie, 1983 ..... 5,262 points
2. Tiff Pedersen, 2004 ..... 4,976 points
3. **Tammilee Kerr, 2005..... 4,924 points**
4. Janet Adams, 1981 ..... 4,855 points
5. Ruqayya Raheem, 1997 ..... 4,665 points
6. Angela Chadwick, 1993 ..... 4,493 points
7. Angie Hensel, 2004 ..... 4,073 points
8. Janelle Jaspers, 1987 ..... 4,000 points
9. Marjie Tweto, 1996 ..... 3,967 points



# All-Time Top 10 Outdoor Relays & Big Ten Rankings

## Men's 400-Meter Relay

1. Beecham, Duckett, Greer, Smith, 1984 .....	39.48
2. Page, Davis, Rozell, Morris, 1996.....	39.73
3. Felix, Branch, Dodge, Yamini, 1999.....	39.96
4. Beecham, Duckett, Greer, Patrick, 1983.....	39.99
5. Dwight, Branch, Davis, Yamini, 1998 .....	40.00
Goode, Fisher, Morris, Maybank, 1994.....	40.00
1998 .....	40.00
Dwight, Branch, Dodge, Yamini, 1999 .....	40.00
9. Williamson, Dodge, Peterson, Digney, 2002.....	40.04
10. McCoy, Duckett, Greer, Smith, 1984.....	40.07

## Women's 400-Meter Relay

1. Poole, Reid, Floyd, Hobbs, 1994 .....	44.63
2. Charles, Williams, Providence, James, 2003.....	44.71
3. Floyd, Hobbs, Poole, Reid, 1994 .....	44.80
4. Fouchè, Williams, Providence, James, 2003 .....	45.02
5. <b>Alexander, Granger, Johnson, Roach, 2006 .....</b>	<b>45.11</b>
6. <b>Johnson, Roach, Clarke, Trusty, 2007 .....</b>	<b>45.21</b>
7. <b>Johnson, Alexander, Granger, Roach, 2005 .....</b>	<b>45.30</b>
8. <b>Granger, Johnson, Alexander, Roach, 2005 .....</b>	<b>45.39</b>
9. Underwood, Reid, Philip, Hobbs, 1995.....	45.50
10. Boatright, Bynoe, Providence, Prendergast, 2000 .....	45.50

## Men's 1,600-Meter Relay

1. Morris, Davis, Page, Rozell, 1995.....	3:03.11
2. Branch, Dwight, Dodge, Yamini, 1999 .....	3:03.29
3. Ferree, Frazier, Mondane, Reimer, 1967 .....	3:04.10
4. Rozell, Morris, Davis, Yamini, 1996 .....	3:04.71
5. Cameron, Williams, McGhee, McCoy, 1985 .....	3:06.00
6. Rozell, Davis, Dwight, Raymond, 1997.....	3:06.06
Dodge, Kunkel, Coleman, Peterson, 2001.....	3:06.06
8. Davis, Rozell, Morris, Raymond, 1996.....	3:06.54
9. Williamson, Dodge, Strang, Coleman, 2002 .....	3:06.69
10. Raymond, Davis, Morris, Page, 1996 .....	3:06.85

## Women's 1,600-Meter Relay

1. Hume, Charles, Steffen, Williams, 2003 .....	3:36.26
2. <b>McCalla, Granger, Alexander, Johnson, 2006.....</b>	<b>3:38.36</b>
3. <b>Alexander, Graham, Jones, Mims, 2007.....</b>	<b>3:39.36</b>
4. <b>McCalla, Alexander, Sheeley, Hume, 2005.....</b>	<b>3:39.67</b>
5. <b>McCalla, Hume, Sheeley, Alexander, 2005.....</b>	<b>3:40.43</b>
6. Layne, Simpson, Powell, McRell, 1989.....	3:41.23
7. Bynoe, Cole, Wynter, Grant, 1997 .....	3:41.74
8. Charles, Fouchè, Williams, Hume, 2003.....	3:42.18
9. Fouchè, Charles, Williams, Hume, 2003.....	3:42.52
10. Powell, Hawkins, Taylor, Simpson, 1988 .....	3:43.04

## Hawkeyes Ranked In The Big Ten Top Ten

### Men's Team - Top Ten Rankings in the Big Ten

Event	Name - Performance	Rank
Shot Put	John Hickey - 60-1 1/4 (18.32 m)	1st
Discus	A.J. Curtis - 202-11 (61.84 m)	1st
Hammer	Adam Hamilton - 222-2 (67.73 m)	1st
5,000 Meters	Micah VanDenend - 13:49.31	2nd
400-M Hurdles	Ray Varner - 51.63	2nd
400-M Relay	Milder, Chaney, Jr., Reed, Elbert - 40.58	4th
100 Meters	Lee Elbert - 10.61	4th
100 Meters	Max Milder - 10.68	5th
Javelin	Kale Katt - 204-0 (62.17 m)	5th
1,600-M Relay	Pierre, Elbert, Varner, Riley - 3:10.31	6th
High Jump	Ryan Kelly - 6-8 3/4 (2.05 m)	T6th
High Jump	Jeremy Petsche - 6-8 3/4 (2.05 m)	T6th
100 Meters	Paul Chaney, Jr. - 10.77	7th
400 Meters	Prince Riley - 47.55	7th
Shot Put	Shane Maier - 57-6 1/2 (17.54 m)	7th
Long Jump	Aaron Reed - 23-8 (7.21 m)	8th
Shot Put	A.J. Curtis - 56-2 (17.12 m)	8th
400 Meters	David Pierre - 47.66	8th
Hammer	Ryan Jordan - 180-7 (55.05 m)	9th
Hammer	Kale Katt - 181-0 (55.18 m)	10th

### Women's Team - Top Ten Rankings in the Big Ten

Event	Name - Performance	Rank
10,000 Meters	Diane Nukuri - 33:31.69	1st
High Jump	Peaches Roach - 6-0 3/4 (1.85 m)	1st
Triple Jump	Renee White - 41-3 3/4 (12.59 m)	1st
110-M Hurdles	Tiffany Johnson - 13.20	2nd
400-M Relay	Johnson, Roach, Clarke, Trusty - 45.21	2nd
Triple Jump	Tiffany Johnson - 41-2 1/4 (12.55 m)	2nd
Hammer	Becca Franklin - 195-0 (59.45 m)	2nd
100 Meters	Peaches Roach - 11.64	3rd
5,000 Meters	Diane Nukuri - 16:15.28	3rd
5,000 Meters	Meghan Armstrong - 16:18.74	4th
1,600-M Relay	Alexander, Graham, Jones, Mims - 3:39.36	4th
1,500 Meters	Diane Nukuri - 4:20.95	5th
Javelin	Tammilee Kerr - 140-6 (42.83 m)	6th
Heptathlon	Tammilee Kerr - 4,302 points	8th
200 Meters	Rhonda-Kaye Trusty - 24.23	8th
5,000 Meters	Racheal Marchand - 16:35.04	8th
200 Meters	Megan Clarke - 24.36	9th
100 Meters	Rhonda-Kaye Trusty - 12.06	10th
1,500 Meters	Meghan Armstrong - 4:21.86	10th
Pole Vault	Sarah Burgett - 12-0 (3.65 m)	10th



# Iowa's Regional Qualifiers



**Kineke Alexander**  
Sprints  
Junior  
Glenside, Mesopotamia  
St. Vincent & the Grenadines  
St. Joseph's Convent Mariaqua

**Past Big Ten Outdoor Results -**  
- placed fourth in 400 meters (53.89) and ran second leg on third-place 1,600-meter relay (3:40.34) in 2005... was withheld from finals competition

in 2006... posted second-fastest 200-meter (23.85) and fourth-fastest 400-meter (23.85) prelim times that year.

**Career Highlights --** five-time all-American... four-time Big Ten champion... 2006 NCAA Indoor 400-meter champion... also won 400-meters at 2006 NCAA Midwest Regional... two-time all-region... set school records in 200 (23.49), 400 (51.48) and 600 meters (1:27.84), and as part of 1,600-meter relay (3:40.52) indoors, and 400 meters (51.35) outdoors.

**2007 -- Indoor -** all-American, placing second in 400 meters (51.48) at NCAA Championships... two-time Big Ten champion, winning titles in 200 (23.67) and 400 meters (52.23)... Big Ten Women's Athlete of the Year and Athlete of the Championships... USTFCCA Midwest Regional Athlete of the Year... set school record in 400 (51.48) meters... set school and Iowa Recreation Building records in 600 meters (1:27.84)... automatically qualified for NCAA Championships in 400 meters (52.01) and provisionally qualified in 200 meters (23.67)... **Outdoor -** qualified for regional as part of 1,600-meter relay (3:39.36)... that time ranks fourth in the Big Ten, 13th in the region and 55th in the nation... ran lead leg on 1,600-meter relay that placed sixth at Drake Relays, running a season-best 3:39.36 in the prelims... member of the winning and team-leading 400 meter-relay at Missouri Relays (45.84)... ran collegiate-best 800 meters (2:16.15) at Iowa Musco Twilight IX.

## Alexander's Collegiate Bests

Event	Time	Meet	Date
200 Meters (I)	23.49	at Big Ten Championships	2/26/06
400 Meters (O)	51.35	at NCAA Championships	6/10/06
600 Meters (I)	1:27.84	Hawkeye Invitational	1/13/07
800 Meters (O)	2:16.15	Musco Twilight IX	4/21/07



**Meghan Armstrong**  
Distance  
Junior  
Tualatin, OR  
Tualatin High School

**Past Big Ten Outdoor Results -**  
- runner-up in 1,500-meters with a school-record setting 4:17.41 in 2006... also placed 17th in 5,000 meters (16:56.05) that season... placed fifth in 1,500 meters (4:27.68) and 20th in

5,000 meters (17:29.53) in 2005.

**Career Highlights --** two-time all-American... all-region... set school record in 1,500 meters (4:17.41).

**2007 -- Indoor -** all-American, placing eighth in mile (4:49.07) at NCAA Championships... placed fifth in mile (4:47.03) and 3,000 meters (9:40.91) at Big Ten Championships... NCAA provisional qualifier in mile (4:41.18) and 3,000 meters (9:27.95)... led team in 800 meters (2:12.79), mile (4:41.18) and 3,000 meters (9:27.95)...

**Outdoor -** qualified for NCAA regional in 1,500 meters (4:21.86) and 5,000 meters (16:18.74)... won 1,500 meters in a meet record-setting 4:21.86 at Iowa Musco Twilight IX... that time ranks 10th in the Big Ten, 11th in the region and 32nd in the nation... placed 17th in 5,000 meters (16:18.74) at Stanford Invite... that time ranks fourth in the Big Ten, eighth in the region and 26th in the nation... placed seventh in special invitation 1,500 meters (4:22.54) at Drake Relays... also ran lead leg on distance medley relay that placed sixth (11:25.05) at Drake... that time ranks second on Iowa's all-time bests list.

**2006 -- Cross Country -** set school 6,000-meter record (20:34) with 13th-place finish at NCAA Pre-Nationals... earned all-region honors with eighth-place finish (21:05) at NCAA Midwest Regional... placed 43rd (21:33) at NCAA Championships... earned second team all-Big Ten honors, placing 13th (20:54) at Big Ten Championships... ran collegiate bests and placed second at Hawkeye Open (10:01-3,000 meters) and Auburn Invite (16:26-5,000 meters)... both times rank second on Iowa's all-time bests list... academic all-Big Ten... letterwinner.

## Armstrong's Collegiate Bests

Event	Time	Meet	Date
800 Meters (O)	2:10.15	at Tom Botts Invite	4/15/06
1,500 Meters (O)	4:17.41	at Big Ten Championships	5/14/06
Mile (I)	4:40.59	at Alex Wilson Invite	3/4/06
3,000 Meters (I)	9:27.95	at Meyo Invitational	2/3/07
4,000 Meters (CC)	14:33	Hawkeye Triangular	9/10/04
5,000 Meters (O)	16:18.74	at Stanford Invite	3/31/07
5,000 Meters (CC)	17:04	Williamette Invitational	10/1/05
6,000 Meters (CC)	20:49	at Pre-Nationals	10/15/05



# Iowa's Regional Qualifiers



## Paul Chaney, Jr.

**Sprints**  
**Freshman**  
**St. Louis, MO**  
**University High School**

**2007 -- Indoor** - led the team in 60 (6.89) and 200 meters (21.45)... both times rank sixth on Iowa's all-time bests list... placed seventh in 200 (21.67) and eighth in 60 meters (6.91) at the Big Ten Championships...

**Outdoor** - qualified for NCAA regional as part of winning 400-meter relay (40.58) at Iowa Musco Twilight IX... that time ranks fourth in the Big Ten, 16th in the region and 60th in the nation... placed fourth in 100 meters (10.78) at Musco Twilight IX... ran second legs on 400-meter and sprint medley relays that placed fifth (41.16) and 11th (3:23.77), respectively, at Drake Relays... rejoined the track team after spring football practice ended on April 21.

**2006 -- Football** - redshirted at wide receiver.

### Chaney, Jr.'s Collegiate Bests

Event	Time	Meet	Date
60 Meters (I)	6.89	at Iowa State Classic	2/10/07
100 Meters (O)	10.77	Iowa Musco Twilight IX	4/21/07
200 Meters (I)	21.45	at Last Chance Qualifier	3/3/07



## Megan Clarke

**Sprints**  
**Junior**  
**Toronto, Ontario**  
**St. Basil the Great College**  
**Southwestern Christian CC**

**Career Highlights** -- ran on 1,600-meter relay that placed fifth at 2006 NJCAA Championships for Southwestern Christian College.

**2007 -- Indoor** - ran collegiate-best 60 meters (7.78) and season-best 200 meters (25.31) at Husker Invite... placed second in 60 (7.89) and 200 meters (26.10) at Hawkeye Invite... **Outdoor** - qualified for NCAA regional as part of 400-meter relay (45.21) at Drake Relays... that time ranks second in the Big Ten, 15th in the region and 41st in the nation... ran collegiate bests in 100 meters (12.33) at Auburn Tiger Classic and 200 meters (25.18) at Iowa Musco Twilight IX.

### Clarke's Collegiate Bests

Event	Time	Meet	Date
60 Meters (I)	7.78	at Husker Invite	2/2/07
100 Meters (O)	12.37	at Missouri Relays	3/31/07
200 Meters (O)	25.18	Iowa Musco Twilight IX	4/21/07



## A.J. Curtis

**Throws**  
**Sophomore**  
**Brodhead, WI**  
**Brodhead High School**

**Past Big Ten Outdoor Results** - placed eighth in discus (163-1) and ninth in shot put (54-1 3/4) in 2006.

**2007 -- Indoor** - threw season-best shot put (56-10 3/4) at Iowa Invite... placed 11th in shot (53-10 1/4) at Big

Ten Championships and fourth (55-0 3/4) at Last Chance Qualifier...

**Outdoor** - set school discus record (202-11) at Central College Invite... named men's Big Ten Field Event Athlete of the Week (April 10) for that performance... previous school record (202-4) was set in 1986 by Gary Kostrubala... Curtis was born February 7, 1987... Curtis and Kostrubala are the only two Hawkeyes in school history and are two of four throwers in Big Ten history to throw over 200 feet in that event... that mark qualified Curtis for NCAA regional in discus, leads the Big Ten and region, and ranks fifth in the nation... also qualified for regional in shot put (56-2) at Iowa Musco Twilight IX... that mark ranks eighth in the Big Ten, 12th in the region and 67th in the nation... placed eighth in shot put (55-8 1/4) and 20th in discus (159-3) at Drake Relays... won discus (168-8) at Central College Open.

### Curtis' Collegiate Bests

Event	Distance	Meet	Date
Shot Put (O)	57-7 3/4 (17.57 m)	Big Ten Champ's	2/25/06
Discus (O)	202-11 (61.84 m)	at Central College Invite	4/6/07



# Iowa's Regional Qualifiers



**Lee Elbert**  
Sprints  
Junior  
Whittemore, IA  
Bishop Garrigan High School  
Iowa Central CC

**Career Highlights** -- NJCAA all-American, placing sixth in 60 meters at national meet... set school records in 60 (6.83), 100 (10.56), 200 (21.62) and 400 (48.60) meters at Iowa Central.

**2007 -- Indoor** - season-best times were 6.95 in 60 meters and 22.05 in 200 meters... won 60 meters (6.96) and placed second in 200 meters (22.48) at Hawkeye Invite... won 400 meters (50.34) at Iowa Invite... placed ninth in 200 meters (22.05) at Meyo Invite... placed sixth in 60 meters (6.95) at Gladstein Invite... **Outdoor** - qualified for NCAA regional as part of winning 400-meter relay (40.58) at Iowa Musco Twilight IX... that time ranks fourth in the Big Ten, 16th in the region and 60th in the nation... leads team in 100 (10.61) and 200 meters (21.83)... the 100-meter time ranks third in the Big Ten... runner-up in 100 meters (10.69) at Musco Twilight IX and placed ninth in 200 meters (21.83) at John Jacobs Invite... anchored fifth-place 400-meter relay (41.16) at Drake Relays... won 100 meters (10.84) and ran second leg on winning 1,600-meter relay (3:11.61) at Central College Open.

## Elbert's Collegiate Bests

Event	Time	Meet	Date
60 Meters (I)	6.86	Big Ten Champ's	2/25/06
100 Meters (O)	10.61	Iowa Musco Twilight IX	4/21/07
200 Meters (I)	21.78	at Meyo Invite	2/4/06
400 Meters (I)	50.34	Iowa Invite	2/16/07



**Becca Franklin**  
Throws  
Senior  
East Moline, IL  
Riverdale High School

**Past Big Ten Outdoor Results** -- placed ninth in hammer throw (176-7) in 2005.

**Career Highlights** - set school records in weight throw (58-3 1/4) and hammer throw (195-0).

**2007 -- Indoor** - set school weight throw record (58-3 1/4) with fifth-place finish at Big Ten Championships... broke her own school record in that event four times during the season... placed fourth in that

event (57-5 3/4) at Alex Wilson Invite... runner-up in weight throw at Carle Health Alliance Classic (56-8), Iowa Invite (55-2), Jack Johnson Classic (55-2) and Hawkeye Invite (53-6 1/3)... **Outdoor** - set school, meet and facility hammer throw record (195-0) at Iowa Musco Twilight IX... that mark qualified for NCAA regional, and ranks second in the Big Ten, third in the region and 20th in the nation... posted regional qualifying marks each of the six times she's thrown the hammer this season... broke her own school hammer throw record four times... placed second in hammer (187-11) at Auburn Tiger Classic, third in at Missouri Relays (187-6), fourth at Aztec Classic (179-11) and John Jacobs Invite (178-2) and fifth (193-6) at Drake Relays.

## Franklin's Collegiate Bests

Event	Distance	Meet	Date
Wt. Throw (I)	58-3 1/4 (17.67 m)	at Big Ten Champ's	2/25/07
Hammer (O)	195-0 (59.45 m)	Musco Twilight IX	4/21/07
Triple Jump (O)	36-10 1/2 (11.24)	Musco Twilight VI	5/1/04



**Kara-Aretha Graham**  
Sprints  
Freshman  
Ilford, United Kingdom  
Essex High School

**2007 -- Indoor** - won 200 meters at the Iowa Invite (26.12)... part of the second place 1,600-meter relay team at the Iowa Invite (3:58.23)... ran 200 meters at the Frank Sevigne Husker Invite (25.68) and Big Ten Championships

(25.83)... **Outdoor** - qualified for regional as part of 1,600-meter relay (3:39.36)... that time ranks fourth in the Big Ten, 13th in the region and 55th in the nation... ran 200 meters (25.68) and was part of winning 1,600-meter relay team (3:48.02) at Aztec Classic... placed sixth in 200 meters at Iowa Musco Twilight IX (25.34) and seventh at John Jacobs Invite (25.05)... member of sixth place 1,600-meter relay (3:39.36) and sprint medley relay (3:59.34) at the Drake Relays.

**High School** -- member of the 2004 national champion team at English schools... 2006 national relay champions at English schools (London)... set school records in 100 and 200 meters, and long jump... seven-time district champion... three-time team captain... best times were 12.52 in 100, 24.38 in 200, 40.22 in 300 and 58.27 in 400 meters... coached by Christine Bowemaker and Lloyd Cowan.

**Personal** -- daughter of Beverley and Carl Graham... psychology major.

## Graham's Collegiate Bests

Event	Time	Meet	Date
200 Meters (O)	25.05	at John Jacobs Invite	4/14/07
400 Meters (O)	59.80	at Missouri Relays	3/31/07



# Iowa's Regional Qualifiers



## Adam Hamilton

Throws  
Senior  
Milford, NH  
Milford High School

**Past Big Ten Outdoor Results** -- 2006 Big Ten hammer throw champion (208-1)... placed fifth in hammer in 2004 (196-4) and seventh in 2003 (196-0)... redshirted in 2005.

**Career Highlights** -- all-American in hammer throw... 2006 Big Ten hammer throw champion... all-region honoree.

**2007** -- team captain... **Indoor** - provisionally qualified for NCAA Championships in weight throw with the collegiate-best 66-9 1/2 he threw at NCAA Last Chance Qualifier... that mark led team and ranks third on Iowa's all-time bests list... placed fifth in weight throw (61-10 1/2) at Big Ten Championships... won weight throw four times and provisionally qualified five times during season... **Outdoor** - qualified for NCAA regional in hammer throw with a collegiate-best 222-2 (67.73 meters) at Drake Relays... named Big Ten Field Event Athlete of the Week (May 1) for that performance... that mark leads team and Big Ten, ranks second on Iowa's all-time bests list and in the region, and and eighth in the nation... has posted regional qualifying marks in that event each of the six times he's thrown it this season... won hammer at Iowa Musco Twilight IX (215-2) and at Central College Open (221-0)... won hammer and set meet record (199-4) at Central College Invite... placed third in hammer (207-7) at John Jacobs Invite and fourth (200-11) at Willie Williams Classic.

### Hamilton's Collegiate Bests

Event	Distance	Meet	Date
Wt. Throw (I)	66-9 1/4 (20.35 m)	at Last Chance Qualifier	3/3/07
Shot Put (I)	50-0 3/4 (15.26 m)	at Panther Classic	2/1/03
Hammer (O)	222-2 (67.73 m)	at Drake Relays	4/28/07



## John Hickey

Throws  
Sophomore  
Piermont, NY  
Tappan Zee High School

**Past Big Ten Outdoor Results** -- placed third in shot put (57-3 3/4) in 2006.

**Career Highlights** -- won shot put (63-3 1/4) at 2006 USATF Junior National Championships... placed fourth in shot put (65-2) at 2006 IAAF World Junior

Championships in Beijing, China.

**2007** -- **Indoor** - runner-up in shot put (60-2 1/2) at Big Ten Championships... that mark ranks fifth on Iowa's all-time bests list... won that event and provisionally qualified for NCAA Championships twice... **Outdoor** - qualified for NCAA regional in shot put with winning 60-1 1/4 at Iowa Musco Twilight IX... that mark leads the team and Big Ten, ranks second in the region, and 19th in the nation... it also ranks fifth on Iowa's all-time bests list... placed ninth in hammer throw (171-10) and sixth in javelin (150-11) at Musco Twilight IX... has posted regional qualifying marks in shot put each of the four times he's thrown it this season... placed third in shot put (59-0) and fifth in hammer throw (168-9) at John Jacobs Invite... placed fifth in hammer (169-11) at Central College Invite... placed fifth in shot put (59-5 1/2) and 14th in hammer throw (145-1) at Willie Williams Classic... placed sixth in special invite shot put (58-1 3/4) at Drake Relays.

### Hickey's Collegiate Bests

Event	Distance	Meet	Date
Shot Put (O)	60-2 1/2 (18.35 m)	at Big Ten Champ's	2/24/07
Hammer (O)	171-10 (52.38 m)	at Central College Invite	4/6/07
Javelin (O)	150-11 (46.00 m)	Iowa Musco Twilight IX	4/21/07



# Iowa's Regional Qualifiers



## Tiffany Johnson

Hurdles/Jumps/Sprints

Senior

Danville, IL

Danville High School

### Past Big Ten Outdoor Results -

- runner-up in 100-meter hurdles (13.62), placed third in triple jump (40-5), and ran on fourth-place 400-meter relay (45.90) and seventh-place 1,600-meter relay (3:46.59) in 2006... runner-up in 100-meter hurdles (13.88) and

placed sixth in triple jump (39-8 1/2) in 2005... placed 10th in triple jump (37-3) and seventh as part of 400-meter relay (46.44) in 2004.

**Career Highlights** -- set school records in 60-meter hurdles (8.33), 100-meter hurdles (13.20) and as part of indoor 1,600-meter relay (3:40.52)... first Hawkeye in women's school history to win consecutive Drake Relays individual titles, winning the 100-meter hurdles in 2006 and 2007.

**2007 -- Indoor** - NCAA provisional qualifier in 60-meter hurdles (8.35)... placed third in triple jump (41-3 3/4), fourth in 60-meter hurdles (8.35), 11th in long jump (19-0) and sixth as part of 1,600-meter relay (3:45.45) at Big Ten Championships... won long jump with collegiate-best 19-2 1/2, which ranks third on Iowa's all-time bests list... won 60-meter hurdles at Hawkeye Invite (8.55) and Jack Johnson Classic (8.50)... **Outdoor** -- qualified for NCAA regional in 100-meter hurdles (13.20), triple jump (41-2 1/4) and as part of 400-meter relay (45.21)... the hurdles mark leads the team and the region, ranks second in the Big Ten and 10th in the nation, while the triple jump mark ranks second in the conference, 17th in the region and 55th in the nation... the relay time ranks second in the Big Ten, 15th in the region and 41st in the nation... won second-straight Drake Relays 100-meter hurdles with a school-record setting 13.20 in the finals... only Hawkeye in women's school history to win back-to-back Drake individual titles... ran lead leg on 400-meter relay that placed fourth (45.21) at Drake... won 100-meter hurdles (13.65) and ran lead leg on winning 400-meter relay (46.23) at Iowa Musco Twilight IX... runner-up in 100-meter hurdles (13.66) at Missouri Relays... placed second in triple jump (41-2 1/4) and fourth in 100-meter hurdles (13.77) at Auburn Tiger Classic... won 100-meter hurdles (13.82) at Aztec Classic.

## Johnson's Collegiate Bests

Event	Mark	Meet	Date
60 Meters (I)	7.78	at C/H Alliance Invite	1/27/07
60 Hurdles (I)	8.33	at Iowa State Classic	2/11/06
100 Hurdles (O)	13.20	at Drake Relays	4/28/07
200 Meters (I)	25:36	Hawkeye Open	1/14/06
400 Hurdles (O)	1:06.14	Musco Twilight VI	5/1/04
Triple Jump (I)	41-3 3/4 (12.59 m)	at Big Ten Champ's	2/25/07
Long Jump (I)	19-2 1/2 (5.85 m)	Iowa Invitational	2/16/07



## Aditya Jones

Hurdles/Sprints

Senior

Fairfield, IA

Maharishi School of the Age of Enlightenment

**2007 -- Indoor** - ran collegiate-best 600 meters (1:39.60) at Hawkeye Invite... runner-up in 200 meters (26.69) at Iowa Invite... **Outdoor** -- qualified for regional as part of 1,600-meter relay (3:39.36)... that time ranks fourth in the Big Ten, 13th in the region and 55th in the nation... ran third leg on 1,600-meter relay that placed sixth at Drake Relays, running a season-best 3:39.36 in the prelims... leads team in 400-meter hurdles (1:01.80)... won 400-meter hurdles (1:02.61) at Iowa Musco Twilight IX... placed fifth in 400-meter hurdles with a collegiate-best 1:01.80 at John Jacobs Invite... that time ranks ninth on Iowa's all-time bests list.

## Jones' Collegiate Bests

Event	Mark	Meet	Date
200 Meters (O)	26.47	Musco Twilight VII	4/23/05
400 Meters (O)	57.77	at Missouri Relays	3/31/07
400 Hurdles (O)	1:01.80	at John Jacobs Invite	4/14/07
600 Yards (I)	1:28.43	at Iowa State Classic	2/11/06
600 Meters (I)	1:39.60	at Hawkeye Invite	1/13/07





# Iowa's Regional Qualifiers



**Ryan Jordan**  
**Throws**  
**Junior**  
**Antioch, IL**  
**Antioch High School**

**Past Big Ten Outdoor Results --** placed 11th in hammer throw (167-8) in 2006 and 14th (163-9) in 2005.

**2007 -- Indoor -** placed 12th in weight throw with a collegiate-best 58-4 3/4 at Big Ten Championships... that mark ranks seventh in school history... runner-

up in weight throw at Iowa Invite (58-0 1/2) and Hawkeye Invite (55-8 1/4)... **Outdoor –** qualified for NCAA regional in hammer throw with a collegiate-best 182-9 at Central College Open... that mark ninth in the Big Ten, 23rd in the region and 120th in the nation... that distance also ranks seventh on Iowa's all-time bests list... placed fifth in hammer at Iowa Musco Twilight IX (180-7) and 26th at Drake Relays (179-7).

### Jordan's Collegiate Bests

Event	Distance	Meet	Date
Wt. Throw (I)	58-4 3/4 (17.80 m)	at Big Ten Champ's	2/24/07
Hammer (O)	182-9 (55.71 m)	at Central College Open	5/4/07



**Kale Katt**  
**Throws**  
**Junior**  
**Scott City, KS**  
**Scott High School**

**Past Big Ten Outdoor Results --** placed seventh in javelin in 2006 (201-7) and in 2005 (187-3) .

**2007 -- Indoor -** placed fourth in weight throw (51-7 1/4) at Iowa Invite and fifth (51-2 1/4) at Hawkeye Invite... **Outdoor** – qualified for NCAA regional in javelin

with a collegiate-best and winning throw of 204-0 at Iowa Musco Twilight IX... that mark leads the team, and ranks fifth in the Big Ten, 17th in the region and 76th in the nation... that distance also ranks third on Iowa's all-time bests list... placed fourth in hammer throw with a collegiate-best 181-0 at Iowa Musco Twilight IX... won javelin (197-3) at Lee Calhoun Memorial... won javelin (196-4) and placed eighth in hammer (174-5) at Willie Williams Classic... runner-up in hammer throw (178-0) at Central College Invite... placed 10th in javelin (189-6) at Drake Relays.

### Katt's Collegiate Bests

Event	Distance	Meet	Date
Hammer (O)	181-0 (55.18 m)	Iowa Musco Twilight IX	4/21/07
Javelin (O)	204-0 (62.17 m)	Iowa Musco Twilight IX	4/21/07
Wt. Throw (I)	51-7 1/4 (15.73 m)	Iowa Invite	2/16/07



**Shane Maier**  
**Throws**  
**Junior**  
**Storm Lake, IA**  
**Storm Lake High School**

**Past Big Ten Outdoor Results --** runner-up in shot put (62-2 1/4) and placed seventh in discus (163-2) in 2006... placed 10th in shot put (55-2 1/4) in 2004... redshirted in 2005.

**Career --** 2007 Big Ten indoor shot put champion (60-11 1/4)... all-region.

**2007 --** team captain... **Indoor -** Big Ten shot put champion (60-11 1/4)... provisionally qualified for NCAA Championships in shot put three times... won shot put at Hawkeye Invite (59-5 1/2) and Gladstein Invite (58-8 1/2)... shot put runner-up at Iowa Invite (57-9 3/4), Last Chance Qualifier (57-8 1/2) and Jack Johnson Classic (56-2 1/2)... **Outdoor -** qualified for NCAA regional in shot put (57-6 1/2) at Iowa Musco Twilight IX... that mark ranks seventh in the Big Ten and region, and 41st in the nation... runner-up in shot put (55-0 1/4) at Lee Calhoun Memorial... placed 11th in shot (54-10) and 22nd in discus (153-10) at Drake Relays.

### Maier's Collegiate Bests

Event	Distance	Meet	Date
Discus (O)	171-2 (52.17 m)	Musco Twilight VIII	4/22/06
Shot Put (O)	62-2 1/4 (18.95 m)	at Big Ten Champ's	5/14/06



# Iowa's Regional Qualifiers



## Racheal Marchand

**Distance**  
**Junior**  
**Valparaiso, IN**  
**Valparaiso High School**

**Past Big Ten Outdoor Results -**  
 - placed eighth in 10,000 meters (34:51.68) and 11th in 5,000 meters (16:48.07) in 2006... placed 27th in 5,000 meters (18:08.54) in 2005.

**Career Highlights --** cross country all-American and all-region honoree.

**2007 -- Indoor -** placed 11th in 5,000 meters at Big Ten Championships (17:04.29) and 13th at Cyclone Classic (17:19.60)... placed 31st in 3,000 meters (10:13.79) at Meyo Invite... **Outdoor** - qualified for NCAA regional in 5,000 meters (16:35.04) at Drake Relays... that collegiate-best time ranks sixth in school history, eighth in the Big Ten, 11th in the region and 50th in the nation... placed eighth in 5,000 meters with a collegiate-best 16:35.04 at Drake Relays... runner-up in 1,500 meters (4:39.69) at Aztec Classic... placed third in 3,000 meters (9:45.50) at Iowa Musco Twilight IX, which ranks 10th in school history.

**2006 -- Cross Country -** all-American, placing 30th (21:18) at NCAA Championships... placed ninth at NCAA Midwest Regional (21:07), earning all-region honors... placed 12th at Big Ten Championships (21:05), earning second team all-Big Ten honors... ran collegiate bests at Hawkeye Open (10:29-3,000 meters), Auburn Invite (17:02-5,000 meters) and NCAA Pre-Nationals (20:53-6,000 meters)... those times rank sixth, ninth and third, respectively, in school history... letterwinner.

### Marchand's Collegiate Bests

Event	Time	Meet	Date
1,500 Meters (O)	4:39.69	at Aztec Track Classic	3/17/07
Mile (I)	5:12.16	at Husker Invitational	2/4/06
3,000 Meters (O)	9:45.50	Iowa Musco Twilight IX	4/21/07
4,000 Meters (CC)	14:48	Hawkeye Triangular	9/10/04
5,000 Meters (O)	16:35.04	at Drake Relays	4/26/07
5,000 Meters (CC)	18:11	at Willamette Invite	10/1/05
6,000 Meters (CC)	21:38	NCAA Regionals	11/12/05
10,000 Meters (O)	34:51.68	at Big Ten Championships	5/12/06



## Max Milder

**Sprints**  
**Junior**  
**Council Bluffs, IA**  
**Lincoln High School**

**Past Big Ten Outdoor Results --** ran lead leg on 400-meter relay (40.65) that placed third (40.65) in 2006.

**2007 -- Indoor -** ran on team-leading 1,600-meter relay (3:12.62) at ISU Classic... ran season-best 60 meters

(6.95) at Jack Johnson Classic and 200 meters (21.89) at ISU Classic... **Outdoor -** qualified for NCAA regional as part of winning 400-meter relay (40.58) at Iowa Musco Twilight IX... that time ranks fourth in the Big Ten, 16th in the region and 60th in the nation... placed fifth in 100 meters (10.88) at Musco Twilight IX and 10th in 200 meters (21.89) at John Jacobs Invite... ran lead legs on 400-meter and sprint medley relays that placed fifth (41.16) and 11th (3:23.77), respectively, at Drake Relays... won 200 meters (22.10) and placed fifth in 100 meters (10.98) at Central College Open.

### Milder's Collegiate Bests

Event	Time	Meet	Date
60 Meters (I)	6.93	Big Ten Champ's	2/25/06
100 Meters (O)	10.81	Iowa Musco Twilight VIII	4/22/06
200 Meters (O)	21.80	at Big Ten Champ's	5/14/06
400 Meters (O)	49.41	at Springtime Invite	4/1/06



## Monica Mims

**Middle Distance**  
**Senior**  
**Iowa City, IA**  
**City High School**

**2007 -- Indoor -** ran collegiate-best 600 meters (1:35.54) at Big Ten Championships... won that event at Iowa Invite (1:38.05) and placed third (1:38.99) at Hawkeye Invite... **Outdoor**

- qualified for regional as part of 1,600-meter relay (3:39.36)... that time ranks fourth in the Big Ten, 13th in the region and 55th in the nation... anchored 1,600-meter relay that placed sixth at Drake Relays, running a season-best 3:39.36 in the prelims... ran collegiate-best 400 meters (57.98) at Iowa Musco Twilight IX.



# Iowa's Regional Qualifiers

## Mims' Collegiate Bests

Event	Mark	Meet	Date
400 Meters (O)	57.98	Musco Twilight IX	4/21/07
600 Yards (I)	1:27.53	at Iowa State Classic	2/11/06
600 Meters (I)	1:35.54	at Big Ten Championships	2/24/07
800 Meters (O)	2:18.04	Iowa Musco Twilight VIII	4/22/06



## Diane Nukuri

Distance

Junior

Pickering, Ontario

St. Charles Garnier HS

Butler County CC

**Career Highlights** -- cross country all-American in 2006, placing eighth (21:05) at NCAA Championships... 2006 NCAA Midwest Regional Cross Country Champion... set school 3,000

(9:47), 5,000 (16:10) and 6,000-meter (20:34) records... set Ashton Cross Country Course 3,000-meter record (9:47) at Hawkeye Open... nine-time NJCAA national champion, winning two titles each in half marathon, mile, 3,000 meters and 5,000 meters, and one title in cross country for Butler Community College (2004-06)... 17-time NJCAA all-American... two-time NJCAA Indoor Athlete of the Meet... set NJCAA meet records in half marathon and indoor 5,000 meters... set NJCAA all-time records in half marathon, indoor 3,000 meters and indoor 5,000 meters... 11-time Region VI champion, going undefeated at that meet two straight years... three-time Region VI Athlete of the Meet... set regional records in cross country, mile, 1,500 meters, 3,000 meters and 5,000 meters.

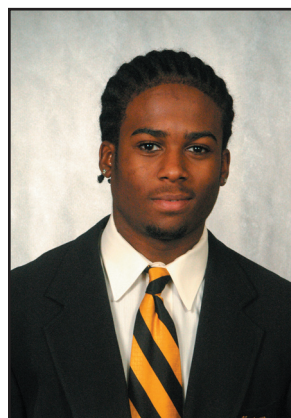
**2007 -- Indoor** - runner-up in 3,000 (9:32.75) and 5,000 meters (16:24.60) at Big Ten Championships... provisionally qualified for NCAA Championships in both events... her best 3,000-meter time of 9:28.41 ranks fifth and 5,000-meter time of 16:24.60 ranks sixth on Iowa's all-time bests list... placed second in mile at Last Chance Qualifier with a collegiate-best 4:46.25, which ranks fifth in school history... won 5,000-meters (16:24.60) at Iowa State Classic... **Outdoor** - qualified for NCAA regional in 1,500 (4:20.95) in 5,000 meters (16:15.28)... NCAA provisional qualifier in 10,000 meters (33:31.69)... the 10,000-meter time leads the team and Big Ten, ranks second in the region and in school history, and 13th in the nation... won 5,000 meters at Drake Relays with a collegiate-best 16:15.28... that time leads the team, and ranks second in school history, third in the Big Ten, seventh in the region and 22nd in the nation.... won 1,500 meters (4:20.95) at Aztec Classic... that time leads team, and ranks third in school history, fifth in the Big Ten, sixth in the region and 21st in the nation... set meet record and ran collegiate best in 3,000 meters with winning 9:23.90 at Iowa

Musco Twilight IX... ran lead leg on 3,200-meter relay that placed ninth (9:05.13) at Drake Relays.

**2006 -- Cross Country** - all-American placing eighth (21:05) at NCAA Championships... NCAA Midwest Regional Champion, winning the 6,000-meter race in a school record-setting 20:34... also won Hawkeye Open (9:47-3,000 meters) and Auburn Invite (16:10-5,000 meters) with school record-setting times... named Big Ten Women's Cross Country Runner of the Week (Oct. 3) for her performance at Auburn... set Ashton Cross Country Course 3,000-meter record (9:47) at Hawkeye Open... placed 16th at Big Ten Championships (21:16) and 63rd at NCAA pre-nationals (21:17)... letterwinner.

## Nukuri's Collegiate Bests

Event	Mark	Meet	Date
1,500 Meters (O)	4:20.95	at Aztec Track Classic	3/17/07
Mile (I)	4:46.25	at NCAA Qualifier	3/3/07
3,000 Meters (O)	9:23.90	Musco Twilight IX	4/21/07
5,000 Meters (O)	16:15.28	at Drake Relays	4/26/07
10,000 Meters (O)	33:31.69	at Stanford Invite	3/31/07



## Aaron Reed

Jumps/Sprints

Junior

Carpentersville, IL

Barrington High School

**Past Big Ten Outdoor Results** -- placed 10th in long jump in 2005 (23-3 1/2) and 2006 (22-9).

**2007 -- Indoor** - led team in long jump (23-1 3/4)... placed ninth in long jump (22-6 1/4) at Big Ten Championships... won long jump (22-7 1/4) at Iowa Invite

and placed second at Hawkeye Invite (22-6 1/2) and Jack Johnson Classic (22-9 1/4)... **Outdoor** - qualified for NCAA regional as part of winning 400-meter relay (40.58) at Iowa Musco Twilight IX... that time ranks fourth in the Big Ten, 16th in the region and 60th in the nation... also won long jump with collegiate-best 23-8 at Musco Twilight IX... placed third in long jump (22-11 1/4) at LSU Relays... ran third leg on 400-meter relay that placed fifth (41.16) at Drake Relays.

## Reed's Collegiate Bests

Event	Mark	Meet	Date
60 meters (I)	7.07	at Jack Johnson Classic	1/20/07
Long Jump (I)	23-8 (7.21 m)	Iowa Open	2/17/06
Long Jump (O)	23-8 (7.21 m)	Musco Twilight IX	4/21/07
Triple Jump (I)	45-5 1/4 (14.72 m)	at Meyo Invite	2/4/06



# Iowa's Regional Qualifiers



**Peaches Roach**  
**Jumps/Sprints**  
**Senior**  
**Kingston, Jamaica**  
**Alpha Academy**

**Past Big Ten Outdoor Results** - won high jump title (5-11 1/4) and ran on seventh-place 400 meter relay (46.44) in 2004... high jump runner-up (5-8 3/4), placed fourth in 200 meters (24.28) and anchored fourth-place 400-meter relay (45.90) in 2006... high

jump runner-up (5-8 3/4) and placed third in 100 meters (11.66) in 2005.

**Career Highlights** - three-time all-American... four-time Big Ten high jump champion... only Hawkeye in women's school history to win four conference titles in one event... 2004 Big Ten Outdoor Freshman of the Year... three-time all-region honoree... set school indoor (6-0 3/4) and outdoor (6-1 1/4) high jump records.

**2007 -- Indoor** - won fourth Big Ten high jump title... placed ninth in 200 meters (24.62) at Big Ten Championships... provisionally qualified for NCAA Championships and tied the Iowa Recreation Building record in the high jump (6-0) at the Iowa Invitational... named co-Big Ten Field Athlete of the Week (Feb. 24) for her record-setting performance... led team in high jump (6-0) and 60 meters (7.56)... placed 11th in high jump (5-10 3/4) at NCAA Championships... ran collegiate-best 200 meters (24.09) at Cyclone Invite, which ranks sixth on Iowa's all-time bests list... also won high jump at Jack Johnson Classic (5-10), Carle/Health Alliance Invite (5-10) and Frank Sevigne Husker Invite (5-10)... **Outdoor** - qualified for NCAA regional in high jump (6-0 3/4), 100 meters (11.71) and as part of 400-meter relay (45.21)... placed sixth in special invitation high jump (6-0 3/4) at Drake Relays... that mark leads team and Big Ten, and ranks third in the region and fifth in the nation... ran on fourth-place finishing 400-meter relay (45.21) at Drake Relays... that time ranks second in the Big Ten, 15th in the region and 41st in the nation... placed second in 100 meters (11.71) at Missouri Relays, running a team-leading and wind-aided 11.64 in the prelims... her qualifying 100-meter time ranks third in the Big Ten, 22nd in the region and 69th in the nation... won high jump at Auburn Tiger Classic (5-8 3/4) and Iowa Musco Twilight IX (5-10 3/4).

## Roach's Collegiate Bests

Event	Mark	Meet	Date
60 Meters (I)	7.45	at Big Ten Champ's	2/26/05
100 Meters (O)	11.60	at Big Ten Champ's	5/14/05
200 Meters (O)	24.01	at Big Ten Champ's	5/13/06
High Jump (O)	6-1 1/4 (1.86 m)	at NCAA Champ's	6/9/06



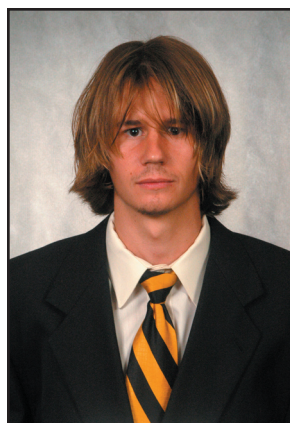
**Rhonda-Kaye Trusty**  
**Sprints**  
**Freshman**  
**Brampton, Ontario**  
**St. Marguerite D'youville**

**2007 -- Indoor** - won 60 meters with a collegiate-best 7.63 at Iowa Invite... that time ranks sixth on Iowa's all-time best performers list... ran season-best 200 meters (24.94) at Iowa State Classic...

**Outdoor** - qualified for NCAA regional as part of 400-meter relay (45.21) at Drake Relays... that time ranks second in the Big Ten, 15th in the region and 41st in the nation... ran collegiate bests in 100 meters (12.04) at Auburn Tiger Classic and 200 meters (24.23) at Aztec Classic.

## Trusty's Collegiate Bests

Event	Mark	Meet	Date
60 Meters (I)	7.63	Iowa Invitational	2/16/07
100 Meters (O)	12.04	at Auburn Tiger Classic	4/7/07
200 Meters (O)	24.23	at Aztec Classic	3/17/07



**Micah VanDenend**  
**Distance**  
**Senior**  
**Glen Ellyn, IL**  
**Glenbard South High School**

**Past Big Ten Outdoor Results** - placed fourth in 5,000 meters (14:13.13) in 2006.

**Career Highlights** - 2006 NCAA Midwest Region Cross Country champion... two-time cross country all-region honoree... set school 3,000

(8:00.81) and 5,000-meter (13:56.46) records indoors, and school 5,000-meter (13:49.31) record outdoors... also ran on school-record setting 6,400-meter relay (16:55.43).

**2007 -- team captain... Indoor** - NCAA provisional qualifier in 5,000 meters... set school and meet 5,000-meter record with winning 13:56.46 at Last Chance Qualifier... first Hawkeye to break 14:00.00 in that event... runner-up in 5,000 meters (14:09.35) at Big Ten Championships... **Outdoor** - qualified for NCAA regional in 5,000 meters with a school-record setting 13:49.31 at Stanford Invite... that time ranks second in the Big Ten, fifth in the region and 15th in the nation... first Hawkeye to break 13:50.00 in that event... named Co-Men's Big Ten Runner of the Week (April 3) for that performance...



# Iowa's Regional Qualifiers

runner-up in 1,500 meters with collegiate-best 3:50.20 at Iowa Musco Twilight IX... that mark ranks eighth in school history.

**2006 -- Cross Country** - won NCAA Midwest Regional with a season-best 30:40 (10,000 meters), earning all-region honors... placed third at Big Ten Championships (24:20), earning first team all-Big Ten honors... set school 8,000-meter record with a collegiate-best 23:39 at NCAA Pre-Nationals, placing sixth... also led team in 10,000 meters (30:40)... placed 40th (25:43) at Roy Griak Invite and 82nd (32:23) at NCAA Championships... team co-captain... earned Deacon Jones Outstanding Cross Country runner team award... letterwinner.

## Vandenend's Collegiate Bests

Event	Time	Meet	Date
1,500 Meters (O)	3:50.20	Iowa Musco Twilight IX	4/21/07
Mile (I)	4:07.54	at Meyo Invite	2/3/07
3,000 Meters (I)	8:00.81	at Alex Wilson Invite	3/4/06
5,000 Meters (O)	13:49.31	at Stanford Invite	3/31/07
6,000 Meters (CC)	19:02	Hawkeye Invite	9/3/04
Five Miles (CC)	25:09:10	at M. Keatinge Invite	10/2/04
8,000 Meters (CC)	24:33	at M. Keatinge Invite	10/1/05
10,000 Meters (CC)	30:26.17	at NCAA Regional	11/16/02



**Ray Varner**  
Hurdles  
Freshman  
Wadsworth, IL  
Warren Township High School

**2007 -- Indoor** - placed ninth in 400 meters (48.14) at Big Ten Championships... season-best times were 8.73 in 60-meter hurdles, 22.26 in 200 meters and 1:22.24 in 600 meters... **Outdoor** - qualified for NCAA

regional in 400-meter hurdles with a collegiate-best 51.46 at Drake Relays... that time leads the team and ranks second in the Big Ten, 10th in the region and 26th in the nation... it also ranks ninth on Iowa's all-time bests list... placed second in 400-meter hurdles at LSU Relays (52.73) and Iowa Musco Twilight IX (51.63)... placed fifth in that event at John Jacobs Invite (52.67) and seventh at Drake Relays (51.46).

## Varner's Collegiate Bests

Event	Time	Meet	Date
60 Hurdles (I)	8.73	Hawkeye Invite	1/13/07
200 Meters (I)	22.26	at Iowa State Classic	2/9/07
400 Meters (I)	48.14	at Big Ten Champ's	2/24/07
400 Hurdles (O)	51.46	at Drake Relays	4/28/07
600 Meters (I)	1:22.24	Iowa Invite	2/16/07



**Renee White**  
Jumps/Sprints  
Sophomore  
Portmore St. Catherine  
Wolmer's Girls High School

**Past Big Ten Outdoor Results** -- placed 14th in long jump (18-7) and 16th in triple jump (36-9 1/2) in 2006.

**Career Highlights** - set school indoor and outdoor triple jump records (41-5 3/4, 41-3 3/4).

**2007 -- Indoor** - set school triple jump record (41-5 3/4) at Iowa State Classic... placed seventh in triple jump (40-10 1/2) and eighth in long jump (19-2 1/2) at Big Ten Championships... won triple jump (40-0 3/4) at Carle/Health Alliance Classic... won long jump (18-0 1/2) and 60 meters (7.88) at Hawkeye Invite... **Outdoor** - qualified for NCAA regional in triple jump with winning and school-record setting 41-3 3/4 at Auburn Tiger Classic... that mark leads the Big Ten, ranks 14th in the region and 47th in the nation... placed sixth in triple jump (41-2 1/2) at Drake Relays... won triple jump (40-7 3/4) and placed third in long jump (19-1 1/4) at Missouri Relays... won triple jump (40-3 1/4) and ran on winning 400-meter relay (46.23) at Iowa Musco Twilight IX... placed second in long jump at Aztec Classic (18-8 1/2) and fourth at John Jacobs Invite (18-9).

## White's Collegiate Bests

Event	Mark	Meet	Date
60 Meters (I)	7.83	at J. Johnson Classic	1/20/07
100 Meters (O)	12.34	at Missouri Relays	3/31/07
200 Meters (O)	25.31	at Aztec Classic	3/16/07
Long Jump (O)	19-9 3/4 (6.04 m)	at Springtime Invite	4/1/06
Triple Jump (I)	41-5 3/4 (12.64 m)	at Cyclone Invite	2/10/07

