

Registration deadline is **December 11 at 11:59pm**

Registration received after December 11, including walk-ups will incur a fee of \$10.

Coaches Clinic

Who: Coaches of all ages and levels

When: Saturday Dec. 14 (9:30am-5:00pm)

Cost: \$75 (includes lunch)

Upcoming Winter Youth Clinics:

Little Hawks (Grades K-3) \$25
Wednesday January 15, 5:30pm-7:30pm

Advanced Pitcher/Catcher (Grades 8-12) \$85*
Saturday January 18, 8:30am-Noon

Advanced All-Skills (Grades 8-12) \$100*
Saturday January 19, 1:00pm-6:00pm

Intermediate Pitcher/Catcher (Grades 4-7) \$60**
Sunday January 19, 9:30am-12:00pm

Intermediate All Skills (Grades 4-7) \$85**
Sunday January 19, 1:00pm-5:00pm

*There is a \$30 discount for registering for both the Advanced Pitcher/Catcher camp and the Advanced All-Skills camp

**There is a \$30 discount for registering for both the Intermediate Pitcher/Catcher camp and the Intermediate All-Skills camp

Please visit <http://lowasoftballcamps.com> for more information and registration.

Registration:

Registration will be accepted both online and by mail. You can register by mailing registration to Iowa Softball or by going to <http://lowasoftballcamps.com>

Late Registration:

The registration deadline is December 11 at 11:59pm. Registration received after December 11, including walk-ups, will incur a fee of \$10.

Parking:

You can park in the West Carver Hawkeye Arena parking lot located off of Hawkins Dr. Parking is free on Saturdays.

Pitching:

Pitching mechanics and approach will be instructed by Iowa's head softball coach, Marla Looper. Looper is in her 4th year as the head coach at Iowa.

Defense:

Defensive fundamentals, team defense, and defensive drills will be taught by Iowa assistant coach, Adrianna Baggetta. Baggetta is in her 4th year as Iowa's defensive coach.

Offense:

Offensive Mechanics, short game, base running, and offensive philosophy will be presented by Iowa assistant coach, Stacy May-Johnson. May-Johnson is in her 4th year as Iowa's offensive coach.

Strength and Conditioning:

Strength and Conditioning for softball athletes will be instructed by Iowa Softball strength coach, Landon Evans. Evans is in his 2nd year as Iowa softball's strength coach.

Iowa Softball Coaches Clinic



December 14

Carver Hawkeye Arena

205 Carver Hawkeye Arena
Iowa City, IA 52242

Coach Information

Name: _____
Email: _____
Phone: _____
Address: _____
City, State, Zip: _____

Additional Coach Information

Name: _____
Email: _____
Phone: _____
Address: _____
City, State, Zip: _____

Name: _____
Email: _____
Phone: _____
Address: _____
City, State, Zip: _____

_____ Coaches Clinic Fee (\$75/coach)-Lunch Included
_____ Late Fee-**After December 11** (\$10/coach)
_____ Total

Coach Information (Check all that apply):

_____ High School _____ Club _____ Junior High
_____ Junior College _____ Recreational _____ Other

School Name: _____
Team Name: _____

Return registration to:

Iowa Softball Clinic
S349 Carver Hawkeye Arena
Iowa City, IA 52242

Itinerary

Classroom Setting (located in the Feller Club Room in Carver):

9:00am-9:30am Registration/Check-In

9:30am-9:40am Introductions

9:40am-10:35am Pitching Fundamentals with Marla Looper

10:35am-11:15am Defensive Fundamentals with Adrianna Baggetta

11:15am-12:00pm Offensive Fundamentals with Stacy May-Johnson

12:00pm-12:30pm Lunch

On field (located in the North Gym of the Field House):

1:00pm-2:00pm Strength and Conditioning with Landon Evans

2:00pm-2:45pm Pitching Drills with Marla Looper

2:45pm-3:15pm Defensive Drills with Adrianna Baggetta

3:15pm -3:45pm Offensive Drills with Stacy May-Johnson

3:45pm-4:15pm Team Defensive Drills with Adrianna Baggetta

4:15pm-5:00pm Q and A

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Iowa Softball office at 319-335-9263.

Please direct all inquiries to:

Stacy May-Johnson
Stacy-may@iowasoftball.com