

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: JORDAN BUCHER

February 11, 2015

2015 IOWA TRACK & FIELD INDOOR SCHEDULE

Date	Meet
Jan. 10	Border Battle <i>(Iowa City, Iowa)</i>
Jan. 24	Big Four Duals <i>(Ames, Iowa)</i>
Feb. 6-7	Husker Invite <i>(Lincoln, Neb.)</i>
Feb. 13-14	Iowa State Classic <i>(Ames, Iowa)</i>
Feb. 13-14	Tyson Invitational <i>(Fayetteville, Ark.)</i>
Feb. 21	Alex Wilson <i>(Bloomington, Ind.)</i>
Feb. 27-28	Big Ten Championships <i>(Geneva, Ohio)</i>
Mar. 13-14	NCAA Championships <i>(Fayetteville, Ark.)</i>

IOWA COACHING STAFF

Joey Woody	Director of Track & Field
Layne Anderson	Head Track & Field Coach
Clive Roberts	Associate Head Coach
Jason Wakenight	Assistant Coach Director of Recruiting
Andrew Dubs	Assistant Coach
Molly Jones	Assistant Coach
Kate See	Director of Operations

THIS WEEK

The University of Iowa track and field team splits competitors between the Iowa State Classic in Ames, Iowa, and the Tyson Invitational in Fayetteville, Arkansas, for competition on Friday and Saturday.

IOWA STATE CLASSIC

The Iowa State Classic begins Friday at 11 a.m. (CT) with field events. Running events follow at noon (CT). Competition resumes on Saturday at 9:30 a.m. (CT). The Iowa State Classic will be held at the Lied Recreational Center on the campus of Iowa State University.

TYSON INVITATIONAL

The Tyson Invitational is set to begin Friday at 1 p.m. (CT) and continue through Saturday. The invite is held at the Randal Tyson Track Center on the campus of the University of Arkansas. The Tyson Invitational features 15 nationally ranked teams on the men's side, including Florida (2), Arkansas (3), Texas A&M (4), Penn State (5), and Nebraska (7).

For the women, 12 teams — Georgia (1), Florida (2), Arkansas (3), Texas A&M (4), Texas (6), Kentucky (7), Kansas State (10), Texas Tech (12), Florida State (13), Akron (14), Oklahoma State (15), Clemson (22) — appeared on the most recent USTFCCA national rankings released Feb. 9.

LIVE RESULTS

Live results will be available for both meets on the track and field schedule page at hawkeyesports.com.

ECKERT, DOUGHERTY TACKLE HEPTATHLON

Senior Jack Eckert and redshirt freshman William Dougherty had strong showings at the Husker Invite in Lincoln, Nebraska, on Feb. 6-7. Eckert set a career-high mark in the men's heptathlon, including a first-place finish in the event's 1,000 meters (2:43.40), to finish fourth overall. He tallied a total of 5,172 points, which ranks third in school history and seventh in the Big Ten. Dougherty finished seventh, respectively, in his heptathlon debut with a mark of 4,991. His performance lands sixth on Iowa's all-time list and 10th in the conference rankings.

AMOSU, BOTE GONZALEZ LEAD HAWKEYES

Sophomore Marta Bote Gonzalez and senior Babatunde Amosu led Iowa at the Husker Invite on Feb. 7. Bote Gonzalez was crowned champion in the women's 3,000 meters (9:51.82), while Amosu took the title in the men's triple jump (49-05.00, 15.06m).

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2015 INDOOR SEASON LEADERS

GUSTER ON THE RISE

After being named to Iowa's 24 Hawkeyes to Watch list on Feb. 5, sophomore Elexis Guster sprinted her way to a second-place finish (54.20) in the women's 400 meters at the Husker Invite on Feb. 6-7. She holds the fourth fastest time at Iowa in the event (54.08), which she recorded at the 2014 Big Ten Indoor Championships with a third-place finish overall.

800-METER TAKEOVER

Five current Hawkeyes — sophomore Katharina Trost (4), sophomore Mahnee Watts (5), senior Adrienne Alexia (6), junior Kaitlyn Nelson (8), and junior MonTayla Holder (9) — have personal-best 800-meter times that rank within the top ten at Iowa. Trost raced to third place in the special invite section at the Husker Invite on Feb. 7, posting a time of 2:10.94, while Watts (2:13.99) came in fifth, respectively.

ON THE LEADER BOARD

Senior Kevin Lewis remains the Big Ten leader in the men's 3,000 meters for the third consecutive week. He was crowned the school-record holder at the UW Invitational in Seattle on Jan. 31 when he crossed the line in 7:57.06. He is the first Hawkeye to break the eight-minute barrier. That time currently ranks 13th in the nation, respectively.

BIG TEN RANKINGS

Five Hawkeyes and one relay are ranked among the top five in the conference.

1. Kevin Lewis -- 3,000 meters (7:57.06)
3. MonTayla Holder -- 600 meters (#1:30.61)
4. Lake Kwaza -- 60-meters (7.42)
5. Elexis Guster -- 400 meters (54.20)
5. Guster, Watts, Holder, Kwaza -- 4x4 Relay (3:39.30)
5. High Jump Kevin Spejcher (7' 0.5", 2.15m)

- converted time

NEXT ON THE BLOCK

The Hawkeyes head to the Alex Wilson Invitational in South Bend, Indiana, and the UNI-Dome Open in Cedar Falls, Iowa, on Feb. 21.

MEN

60 Meters	Vinnie Saucer	6.87
60-Meter Hurdles	Aaron Mallett	7.96
200 Meters	James Harrington	21.51
400 Meters	Kaleb Van Cleave	49.01
600 Yards	Brennan Davey	1:11.24
600 Meters	Carter Lilly	1:20.55
800 Meters	Carter Lilly	1:52.75
1,000 Meters	Will Teubel	2:27.10
Mile	Kevin Lewis	4:07.50
3,000 Meters	Kevin Lewis	* 7:57.06
1,600-Meter Relay	Wolff, Thompson, Mallett, Carter	3:14.30
Heptathlon	Jack Eckert	5,172 points
High Jump	Kevin Spejcher	7-0 1/2 (2.15m)
Pole Vault	Jack Eckert	14-5 1/4 (4.40m)
Long Jump	Sydney Rush	22-09.00 (6.93m)
Triple Jump	Babatunde Amosu	49-05.00 (15.06m)
Shot Put	Gabe Hull	59-0 1/4 (17.99m)
Weight Throw	Carlos Varela-Hernandez	49-3 (15.01m)
Discus Throw	Gabe Hull	182-3 1/4 (55.55m)

WOMEN

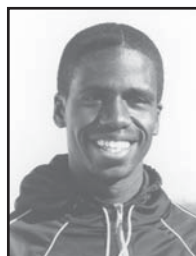
60 Meters	Lake Kwaza	7.42
60-Meter Hurdles	Jahisha Thomas	8.60
200 Meters	Elexis Guster	24.191
400 Meters	Elexis Guster	54.20
600 Yards	Mahnee Watts	1:22.82
600 Meters	MonTayla Holder	1:30.82
800 Meters	MonTayla Holder	2:10.34
1,000 Meters	Shannon Maser	2:57.95
Mile	Marta Bote Gonzalez	4:56.82
3,000 Meters	Marta Bote Gonzalez	9:51.82
5,000 Meters	Carolyn Newhouse	17:55.99
1,600-Meter Relay	Guster, Watts, Holder, Kwaza	3:39.30
High Jump	Madison Rouw	5-04.25 (1.63m)
Long Jump	Jahisha Thomas	19-01.25 (5.82m)
Shot Put	Alexa Hunt	46-8 1/4 (14.24m)
Weight Throw	Annemie Smith	57-03.75 (17.47m)
Discus Throw	Dakotah Goodell	156-6 (47.67m)

* -- school record

INDOOR ALL-TIME TOP TEN PERFORMERS



Justin Austin



Rodney Chambers



Jim Costello



Troy Doris



Bill Hansen



John Hickey



Ethan Holmes

60 Meters

- Justin Austin, 2011 6.69
- Kurt Felix, 1999..... 6.73
Tevin-Cee Mincy, 2014 6.73
- Josh Larney, 2013 6.74
- Troy Doris, 2012 6.75
- Tony Branch, 1999 6.78
- Paul Chaney, Jr., 2009 6.80
D’Juan Richardson, 2010 6.80
- Derrick Burks, 2005 6.81
- Zeke Sayon, 2010..... 6.82

60-Meter Hurdles

- Jordan Mullen, 2013..... 7.70
- Ethan Holmes, 2013 7.82
- Dion Trowers, 1997 7.87
- Aaron Mallett, 2014.....7.88**
- Russell Peterson, 2004 7.97
- Dan Davis, 2012..... 8.02
- DeRocco Reed, 2000..... 8.03
Keith Brown, 20158.03
- Torrey Campbell, 2012 8.09
- Jordan Crosby, 2005 8.16

200 Meters

- Justin Austin, 2011 20.80
- Anthuan Maybank, 1993 21.11
- Bashir Yamini, 1999 21.19
- James Harrington, 201421.21**
- Ethan Holmes, 2013 21.23
- Tim Dodge, 2000 21.26
- Paul Chaney, Jr., 2009 21.34
- George Page, 1997 21.35
- Zach Digney, 2004 21.39
- Tony Branch, 1998 21.46

400 Meters

- Steven Willey, 2010 46.75
- Terrence Duckett, 1984 46.81
- Andre Morris, 1995 47.15
- Monte Raymond, 1998..... 47.18
- Anthuan Maybank, 1990 47.25
- Patrick Richards, 2011 47.35
- Juan Coleman, 2002 47.40
- Justin Austin, 2012 47.61
- Ethan Holmes, 2013 47.63
- Curtis Chung, 1989 47.65

600 Meters

- Erik Sowinski, 2012..... 1:16.91
- Will Teubel, 2014 1:17.84**
- Steven Willey, 2011 1:17.94
- Keaton Rickels, 2012 1:18.19
- Pat McGhee, 1988..... 1:18.30
- Ryan Weir, 2013 1:18.62
- Chris Barton, 2011..... 1:18.75
Brennan Davey, 2014..... 1:18.75
- Neil Flattery, 2014 1:18.78
- Adam Hairston, 2009..... 1:19.05

800 Meters

- Erik Sowinski, 2012..... 1:47.62
- Ryan Weir, 2013 1:49.11
- Adam Hairston, 2010..... 1:49.26
- Nathan Prom, 2013 1:49.29
- Nick Kuczvara, 2010 1:49.59
- Dave Novotny, 1996 1:51.27
- Jim Docherty, 1973..... 1:51.30
- Rod Chambers, 1989 1:51.33
- Jim Donovan, 1999..... 1:51.52
- Michael Layne, 1997 1:51.54

Mile

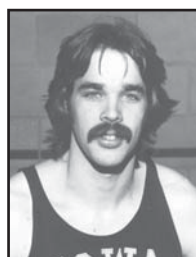
- Jeff Thode, 2011 3:58.72
- Ed DeLashmutt, 1981 4:04.01
- Larry Wiczorek, 1968..... 4:04.40
- John Clark, 1972 4:05.94
- Ben Witt, 2014.....4:07.08**
- Adam Thomas, 2002 4:07.13
- Kevin Herd, 1992 4:07.26
- Jesse Luciano, 2009 4:07.29
- Jake Berns, 2006..... 4:07.43
- Kevin Lewis, 20154:07.50**

3,000 Meters

- Kevin Lewis, 20157:57.06**
- Jeff Thode, 2011 8:00.38
- Micah VanDenend, 2006 8:00.81
- Eric MacTaggart, 2006 8:08.79
- Stetson Steele, 2000..... 8:09.54
- Dan Haut, 2005 8:11.36
- Kevin Herd, 1994 8:11.51
- Nick Holmes, 2010 8:15.48
- Andy Napier, 2008..... 8:15.70
- Kevin Docherty, 20148:16.58**

5,000 Meters

- Micah VanDenend, 2007 13:56.46
- Stetson Steele, 2000..... 14:00.52
- Dan Haut, 2006 14:06.16
- Eric MacTaggart, 2006 14:13.41
- Kevin Lewis, 2014 14:13.57**
- Jeff Thode, 2011 14:16.00
- Matt Esche, 2004..... 14:18.43
- Jeff Kent, 2007..... 14:18.86
- Jesse Luciano, 2009 14:20.99
- Nick Nordheim, 2002 14:22.99



Bill Knoedel



Kevin Lewis



Anthuan Maybank



Jordan Mullen



Nathan Prom

INDOOR ALL-TIME TOP TEN PERFORMERS



Kyle Reid



Patrick Richards



Keaton Rickels



Erik Sowinski



Micah VanDenend



Todd Wigginton



Steven Willey

Heptathlon

1. Kyle Reid, 2013 5,354 points
2. Dan Rolling, 2010 5,205 points
3. **Jack Eckert, 2015 5,172 points**
4. Ryan Niver, 2008..... 5,149 points
5. Frank Prill, 2010..... 5,015 points
6. **William Dougherty, 2015 4,991 points**
7. Scott Faber, 2000..... 4,784 points
8. Cam Appleman, 1997 4,685 points
9. Bobby Windauer, 2007 4,644 points
10. Jacob Drewry, 1995 4,612 points

High Jump

1. Bill Knoedel, 1976..... 7-3 (2.21)
Bill Hansen, 1978..... 7-3 (2.21)
3. Scott Hudek, 1993 7-0 1/2 (2.15)
Kevin Spejcher, 2015..... 7-0 1/2 (2.15)
5. Pat Meade, 1987 7-0 1/4 (2.14)
6. Mike Lacy, 1984..... 7-0 (2.13)
7. M. Cunningham, 1984.. 6-11 1/4 (2.11)
8. Jeffery Herron, 2010..... 6-11 (2.11)
Peter Hlavin, 1980 6-11 (2.11)
Brandon Oest, 2010 6-11 (2.11)
Dan Rolling, 2008 6-11 (2.11)
Graham Valdes, 2010 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984 17-1 (5.21)
2. Dave Nielsen, 1975..... 16-10 (5.13)
3. Kyle Reid, 2013 16-6 3/4 (5.05)
4. Curt Brock, 1979..... 16-6 (5.03)
5. Alex Zona, 2010..... 16-4 3/4 (5.00)
6. Phil Wertman, 1971 16-4 (4.98)
7. Jeff Raymond, 2008..... 16-2 (4.93)
8. John Teffer, 1972 16-1 (4.90)
9. Chad Ohly, 1995 15-9 (4.80)
Rich Palumbo, 1989..... 15-9 (4.80)

Long Jump

1. Anthuan Maybank, 1992. 26-5 1/2 (8.06)
2. Bashir Yamini, 1998 26-0 1/4 (7.93)
3. Darren Smith, 1991 25-2 (7.67)
4. Paul Jones, 1990..... 24-11 1/4 (7.60)
5. Josh Larney, 2013 24-10 (7.57)
6. Ronnie McCoy, 1984..... 24-9 (7.54)
7. **O'Shea Wilson, 2014... 24-8 1/2 (7.53)**
Matty Gorman, 2006.... 24-8 1/2 (7.53)
9. Charles Jones, 1980..... 24-8 1/4 (7.52)
10. Quinn Early, 1986 24-7 1/4 (7.50)

Triple Jump

1. Troy Doris, 2011 54-0 (16.46)
2. Paul Jones, 1990..... 52-1 1/4 (15.88)
Klyvens Delaunay, 2014 52-1 1/4 (15.88)
4. **Babatunde Amosu, 2014 51-7 3/4 (15.74)**
5. Mike Lacy, 1983 49-0 (14.93)
6. Owen Gill, 1982 48-10 3/4 (14.90)
7. Josh Bean, 2009 48-10 (14.88)
8. David Nsabua, 2013 48-9 (14.86)
9. Gordon Finch, 1988.... 48-3 3/4 (14.72)
10. Matty Gorman, 2006.. 48-3 1/2 (14.72)

Shot Put

1. John Hickey, 2009 63-0 (19.20)
2. Jeremy Allen, 2001 ... 62-10 1/2 (19.16)
3. Shane Maier, 2006..... 61-2 (18.64)
4. Gary Kostrubala, 1986. 60-10 3/4 (18.55)
5. Andy Banse, 2005..... 60-9 1/4 (18.52)
6. Ken Kemeny, 2004 60-0 1/2 (18.30)
7. **Gabe Hull, 2014 59-3 (18.06)**
8. Chris Gambol, 1987 59-0 (17.98)
9. Arno van der Westhuizen, 1999 58-10 3/4 (17.95)
10. **Avery Meyers, 2015 .. 58-4 3/4 (17.80)**

Weight Throw

1. Jim Costello, 2002 69-4 3/4 (21.15)
2. Matt Banse, 2012 67-8 (20.62)
3. Arno van der Westhuizen, 2001 67-7 1/2 (20.61)
4. Adam Hamilton, 2007 66-9 1/4 (20.35)
5. Jeremy Allen, 2001 ... 65-10 1/4 (20.07)
6. Chris Voller, 2005..... 63-4 (19.30)
7. Ryan Lamparek, 2012 61-2(18.62)
8. Brad Daufeldt, 2004 ... 60-4 1/2 (18.40)
9. **Gabe Hull, 2014 59-7 (18.16)**
10. Ryan Jordan, 2008 59-0 (17.98)

1,600-Meter Relay

1. Richards, E. Holmes, Sowinski, Willey, 2011 3:06.66
2. Rozell, Davis, Raymond, Yamini, 1998 3:06.80
3. Coleman, Faber, Strang, Peterson, 2002 .. 3:07.44
4. Richards, Sowinski, E. Holmes, Willey, 2011 3:07.84
5. Greer, Williams, Smith, Duckett, 1984..... 3:08.14
6. Card, Coleman, Williamson, Dodge, 2001 3:08.21
7. Davis, Rozell, Page, Morris, 1995..... 3:08.77
8. Dodge, Williamson, Card, Peterson, 2001 3:08.82
9. Richards, E. Holmes, Barton, Willey, 2011 3:08.85
10. Branch, Dodge, Donovan, Yamini, 1999 ... 3:08.99

3,200 Meter Relay

1. Cooke, Nie, Monsey, Chambers, 1990..... 7:13.02
2. Corrigan, Blackman, Strozier, Chambers, 1989 7:29.00
3. English, Blackman, Strozier, Chambers, 1989 7:36.20
4. 1977 7:39.40
5. 1986 7:40.90
6. Bouske, Herd, Chambers, Koon, 1992 7:43.94
7. Bouska, Cook, White, Herd, 1992..... 7:48.63
8. 1992 7:49.86
9. 1986 7:50.10
10. Roseman, Rerko, Novotny, Branigan, 1993 7:51.36

Distance Medley Relay

1. Prom, Rickels, Sowinski, Thode, 2012 9:45.41
2. 1999 9:46.83
3. 1977 9:48.80
4. 1978 9:49.70
5. Kuczvara, Barton, Kuhlman, N. Holmes, 2010 9:51.05
6. Marchese, Varner, Hairston, Luciano, 2009 9:52.52
7. Paul, Varner, Hairston, Thode, 2010..... 9:52.71
8. Prom, Richardson, Sowinski, Thode, 2011 9:57.44
9. Trainor, Faber, Cunningham, Allen, 2002.. 9:58.14
10. Newell, Eisenlauer, Tice, Clark, 1973..... 10:00.0

INDOOR ALL-TIME TOP TEN PERFORMERS



Kineke Alexander



Meghan Armstrong



Brittany Brown



Tracy Dahl



Nicole Erickson



Karesa Farley



Ashlyn Gulvas

60 Meters

1. **Brittany Brown, 2014** **7.41**
- Lake Kwaza, 2014**..... **7.41**
3. Elaine Jones, 19837.43
4. Peaches Roach, 2005.....7.45
5. Shellene Williams, 20047.50
6. Jiselle Providence, 20027.52
7. Rhonda-Kaye Trusty, 20107.55
- Erin Jones, 20117.55
- Raven Moore, 20137.55
10. Angela Menson, 19827.57

60-Meter Hurdles

1. Karesa Farley, 20098.21
2. Tiffany Johnson, 2006.....8.33
3. Paula Ruen, 1998.....8.39
4. Sarah Steffen, 20028.45
- Renee White, 2008.....8.45
6. Colleen Prendergast, 20008.57
7. Tammilee Kerr, 2008.....8.60
- Jahisha Thomas, 2015**..... **8.60**
9. Kimberly Stanford, 2008.....8.63
10. Diane Steinhart, 1981.....8.64

200 Meters

1. Kineke Alexander, 200623.49
2. Shellene Williams, 200423.62
- 3. Brittany Brown, 2014**..... **23.63**
4. Marlene Poole, 199423.66
- Yolanda Hobbs, 1995.....23.66
6. Erica Broomfield, 199823.81
- 7. Lake Kwaza, 2014**..... **23.92**
8. Raven Moore, 201324.00
9. Erin Jones, 201124.01
10. Rhonda-Kaye Trusty, 201024.05

400 Meters

1. Kineke Alexander, 200751.48
2. Ellen Grant, 1996.....52.65
3. Shellene Williams, 200452.83
- 4. Elexis Guster, 2014**..... **54.08**
5. Ashley Liverpool, 201154.09
- 6. MonTayla Holder, 2014** **54.37**
- 7. Alexis Hernandez, 2014**..... **54.91**
8. Tiffany Hendricks, 201155.06
9. Marlene Poole, 199355.20
10. Wynsome Cole, 199755.45

600 Yards

1. Senta Hawkins, 1987 1:21.06
2. Aisha Hume, 2004 1:21.74
3. Kay Stormo, 1982 1:22.49
4. Nicole Erickson, 2012 1:22.61
- 5. Mahnee Watts, 2015**..... **1:22.82**
6. Bethany Praska, 2009 1:23.12
7. Hannah Simonson, 2012 1:23.18
8. Chris Davenport, 1982..... 1:24.14
- 9. Kaitlyn Nelson, 2015** **1:24.52**
10. Sophia Poncè, 2007 1:24.55

600 Meters

1. Kineke Alexander, 2008 1:27.45
2. Bethany Praska, 2011 1:28.14
- 3. MonTayla Holder, 2014** **1:29.98**
4. Senta Hawkins, 1987 1:30.77
- 5. Kaitlyn Nelson, 2013** **1:31.44**
6. Karen Layne, 1990 1:31.45
7. Nicole Erickson, 2012 1:31.71
8. Kay Stormo, 1982 1:32.30
- 9. Elexis Guster, 2015**..... **1:32.35**
10. Aisha Hume, 2004 1:32.41

800 Meters

1. Bethany Praska, 2011 2:05.01
2. Jeanne Kruckeberg, 1989 2:06.38
3. Michelle Lahann, 2004 2:06.83
- 4. Katharina Trost, 2014**..... **2:07.38**
- 5. Mahnee Watts, 2014**..... **2:08.79**
- 6. Adrienne Alexia, 2013**..... **2:08.95**
7. Briana Benning, 1996 2:09.22
- 8. Kaitlyn Nelson, 2013** **2:09.58**
- 9. MonTayla Holder, 2015** **2:10.34**
10. Kay Stormo, 1981 2:11.04

Mile

1. McKenzie Melander, 2011..... 4:39.78
2. Jeanne Kruckeberg, 1989 4:40.19
3. Meghan Armstrong, 2006 4:40.59
4. Lauren Hardesty, 2011..... 4:41.01
5. Tina Stec, 1994 4:42.63
6. Betsy Flood, 2010 4:42.70
7. Penny O'Brien, 1981..... 4:43.72
8. Diane Nukuri, 2007..... 4:46.25
9. Michelle Lahann, 2004 4:47.23
10. Amanda Hardesty, 2010 4:48.69

3,000 Meters

1. Tracy Dahl, 1993 9:15.57
2. Meghan Armstrong, 2008 9:17.50
3. Diane Nukuri, 2008..... 9:20.07
4. Betsy Flood, 2011 9:20.09
5. Nan Doak, 1982 9:21.60
6. Jenny Spangler, 1986 9:22.41
7. Mareike Schrulle, 2012..... 9:23.97
8. Brooke Eilers, 2012..... 9:27.92
9. McKenzie Melander, 2012..... 9:29.71
10. Krista Anderson, 2006 9:29.75



Lauren Hardesty



Senta Hawkins



Tiffany Hendricks



Tammilee Kerr



Lake Kwaza



Ashley Liverpool



McKenzie Melander

INDOOR ALL-TIME TOP TEN PERFORMERS



Zinnia Miller



Diane Nukuri



Bethany Praska



Peaches Roach



Gail Smith



Jessie Strand



Renee White

5,000 Meters

1. Tracy Dahl, 1993 15:49.52
2. Nan Doak, 1985 15:55.45
3. Racheal Marchand, 2009.....15:55.70
4. Diane Nukuri, 2008..... 16:01.36
5. Jenny Spangler, 1982 16:08.74
6. Judy Parker, 1981 16:16.63
7. Betsy Flood, 2011 16:20.67
8. Jennifer Brower, 1992..... 16:22.19
9. Nikki Chapple, 2004..... 16:27.04
10. Mareike Schrulle, 2012..... 16:29.41

High Jump

1. Peaches Roach, 2005.....6-0 3/4 (1.85)
2. Mary Mol, 1983 6-0 (1.83)
3. **Khanishah Williams, 2013 .. 5-11 1/4 (1.81)**
4. Becky Kaza, 19955-9 3/4 (1.77)
5. Caleigh Bacchus, 2010.....5-9 1/4 (1.76)
6. Kristi Dinkla, 1985.....5-8 1/2 (1.74)
- Kacey Childs, 2001.....5-8 1/2 (1.74)
8. Traci Claussen, 1987 5-8 (1.73)
9. Kathy Gillespie, 19835-7 3/4 (1.72)
10. Lynn McMillan, 19885-7 1/4 (1.71)
- Tammilee Kerr, 2008.....5-7 1/4 (1.71)

Pole Vault

1. Jessie Strand, 200412-5 1/2 (3.80)
2. Sarah Burgett, 2007 11-10 (3.61)
3. Kirsten Weismantle, 2011 ..11-5 3/4 (3.50)
4. Brittany Holst, 2013.....11-3 3/4 (3.45)
5. Katie Truedson, 2010.....10-11 3/4 (3.35)
6. Gina Shannon, 2001 10-6 (3.20)
6. Kacey Childs, 2001.....9-0 (2.75)
7. Amy Kasparbauer, 2000..... 8-0 (2.44)

Long Jump

1. Zinnia Miller, 2014.....20-4 1/4 (6.20)
2. Carisa Leacock, 201419-9 1/2 (6.03)
3. Lisa Moats, 1986 19-6 (5.95)
4. Renee White, 2006.....19-3 1/4 (5.87)
5. Tiffany Johnson, 2007.....19-2 1/2 (5.85)
6. Davera Taylor, 198419-1 1/2 (5.83)
7. Yolanda Hobbs, 1993..... 19-1 (5.80)
8. Kamesha Marshall, 2005 ..18-11 1/4 (5.77)
9. Sarah Ryan, 2014.....18-9 1/4 (5.72)
10. Catharine Parmiter, 2000 ..18-7 1/2 (5.68)

Triple Jump

1. Renee White, 2008..... 42-4 (12.90)
2. Tiffany Johnson, 2007.....41-3 3/4 (12.59)
3. Zinnia Miller, 2014.....41-2 1/2 (12.56)
4. Carisa Leacock, 201240-5 1/2 (12.33)
5. Becki Borg, 1987..... 39-6 (12.04)
6. Lynn McMillan, 1988 38-2 (11.63)
7. Sarah Ryan, 2014.....37-5 1/4 (11.41)
8. Lisa Moats, 1985 35-1 (10.69)
9. Becca Franklin, 2004..... 34-3 (10.44)
- Rachel Ballard, 2013..... 34-3 (10.44)

Shot Put

1. Gail Smith, 1985 51-0 (15.54)
2. Lisa Van Steenwyk, 1993. 50-5 1/4 (15.37)
3. Kamesha Marshall, 2005. 49-2 1/4 (14.99)
4. Denise Taylor, 1992 48-9 (14.86)
5. Rachel Curry, 2013 48-2 1/2(14.69)
6. Megan Maurer, 1995..... 47-5 3/4 (14.47)
7. Laura Kriener, 1990 47-5 (14.45)
- Courtney Fritz, 2014..... 47-5 (14.45)
9. Jennifer Gilson, 2002..... 46-11 (14.30)
10. **Alexa Hunt, 2015 46-8 3/4 (14.24)**

Weight Throw

1. Ashlyn Gulvas, 2013 63-6 (19.35)
2. Jasmine Simpson, 2013... 62-6 1/2 (19.06)
3. **Annemie Smith, 2014 61-4 (18.69)**
4. Kelsey Taylor, 2011 60-4 1/2 (18.40)
5. Majesty Tutson, 2011 58-4 (17.78)
6. Becca Franklin, 2007 58-3 1/4 (17.76)
7. Chelsea Colpitts, 2013 56-4 (17.17)
8. Erin O'Hern, 2008..... 56-3 (17.14)
9. Mandy Chandler, 2009 54-4 1/2 (16.57)
10. Kerri Blackstone, 1999..... 50-9 3/4 (15.48)

Pentathlon

1. Tammilee Kerr, 2008.....3,974 points
2. Chris Davenport, 1983.....3,798 points
3. Kamesha Marshall, 20053,701 points
4. Tiff Pedersen, 2004.....3,511 points
5. Sarah Ryan, 2013 3,472 points
6. Maureen Abel, 1979.....3,427 points
7. Zinnia Miller, 2012.....3,416 points
8. Janet Adams, 19813,360 points
9. Janelle Jaspers, 19873,366 points
10. **Kassidy Ellis, 2014..... 3,346 points**

1,600-Meter Relay

1. Liverpool, Hendricks, Praska, Erickson, 2011 3:36.97
2. **Hernandez, Holder, Guster, Watts, 2014 3:37.16**
3. Liverpool, Hendricks, Erickson, Praska, 2011 3:37.58
4. **Guster, Holder, Watts, Hernandez, 2014 3:38.62**
5. Hendricks, Erickson, Praska, Liverpool, 2011 3:39.15
6. Hendricks, Praska, Erickson, Liverpool, 2011 3:40.42
7. McCalla, Granger, Alexander, Johnson, 2006 3:40.52
8. **Kwaza, Holder, Watts, Guster, 2014..... 3:41.57**
9. Simonson, Liverpool, Erickson, Sack, 2012..... 3:41.78
10. **Guster, Watts, Holder, Kwaza, 2015 3:42.37**

Distance Medley Relay

1. Armstrong, Alexander, L. Hardesty, Nukuri, 2008..... 11:20.11
2. Melander, Hendricks, L. Hardesty, Eilers, 2011 11:22.44
3. Stormo, Davenport, Williams, O'Brien, 1981 11:23.02
4. Melander, Praska, Hendricks, Flood, 2011 11:24.47
5. Flood, Hendricks, L. Hardesty, Melander, 2010 11:25.01
6. Melander, Hendricks, Flood, Marchand, 2009 11:27.34
7. Benning, Poole, Salsberry, Stec, 1994 11:28.03
8. Stormo, Davenport, Hayden, Doak, 1982..... 11:29.54
- Armstrong, Granger, Stanley, K. Anderson, 2006 11:29.54
10. Lahann, Williams, Stanley, Arens, 2004..... 11:30.36