

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: BRANDEE BRITT

April 23, 2014

2014 IOWA TRACK & FIELD OUTDOOR SCHEDULE

Date	Meet
March 28-29	Arizona State Invite (Phoenix, Ariz.)
April 4-5	Arkansas Invite (Fayetteville, Ark.) Stanford Invite (Stanford, Calif.)
April 12	Illinois Twilight (Champaign, Ill.)
April 18-19	Mt. Sac Relays (Walnut, Calif.)
April 24-26	Drake Relays (Des Moines, Iowa)
May 3	Musco Twilight XV (Iowa City, Iowa)
May 16-18	Big Ten Championships (West Lafayette, Ind.)
May 29-31	NCAA First Round (Fayetteville, Ark.)
June 11-14	NCAA Championships (Eugene, Ore.)

IOWA COACHING STAFF

Larry Wieczorek	Director of Track & Field
Layne Anderson	Head Track & Field Coach
Scott Capps	Director of Field Events
Molly Jones	Assistant Coach
Clive Roberts	Assistant Coach/ Director of Recruiting
Joey Woody	Assistant Coach

THIS WEEK

The University of Iowa track and field team heads to Des Moines, Iowa, for the Drake Relays this week. The event will be held at Jim Duncan Track and Johnny Bright Field. It is scheduled to begin Wednesday at 11:30 a.m. (CT) and continue through Saturday.

FOLLOW THE HAWKEYES

Follow @IowaXC_TF on twitter for updates on the team. Links to live results can be found on the schedule page at hawkeyesports.com.

HAWKEYE HISTORY

The Hawkeye men have claimed 51 Drake Relays titles dating back to 1923, while the women have registered 17 first-place finishes. The Hawkeye women have claimed at least one title in each of the last three years, including the sprint medley relay (Jones, Hendricks, Liverpool, Praska; 3:48.63) in 2011, the 6,400-meter relay (Flood, Laesch, Ranegar, Melander; 19:16.73) in 2012, and Majesty Tutson (discus; 181-1; 55.19m) in 2013.

WILSON MAINTAINS TOP SPOT

Freshman O'Shea Wilson recorded a personal-best long jump mark of 25-2 (7.67m) to take the men's long jump title at the Illinois Twilight on April 12. His mark currently leads the Big Ten, ranks 17th nationally and seventh all-time at Iowa. The Hawkeyes have captured the Drake Relays long jump title four times. Bashir Yamini was the last Hawkeye to grab the white flag in 1996. Former Hawkeye Ed Gordon, a two time Olympian (1928, 1932), won the title three times from 1929-31.

GUSTER HOLDS TOP SPOT

Freshman Elexis Guster clocked a personal best in the 400 meters at the Mt. SAC Relays on April 19. Her time of 53.33 currently leads the Big Ten and ranks fifth all-time at Iowa.

AMOSU GRABS TRIPLE JUMP TITLE

Junior Babatunde Amosu, the reigning Big Ten Field Athlete of the Week, grabbed the men's triple jump title at the Mt. SAC Relays on April 19. Amosu recorded a personal-best leap of 52-4 3/4 (15.97m). His mark currently ranks second in the Big Ten, sixth in the nation, and third all-time at Iowa. Amosu recorded an eighth-place finish (50-3 1/4; 15.32m) at the Drake Relays a year ago before he suffered a torn patellar tendon in the event. Amosu made a triumphant return to the triple jump when he was crowned the 2014 Big Ten Indoor triple jump champion (51-7 3/4; 15.74m).

WATTS ENTERS RECORD BOOK

Freshman Mahnee Watts recorded a personal best in the 800 meters at the Mt. SAC Relays on April 19. Her time of 2:09.07 ranks eighth all-time at Iowa. Watts, junior Adrianna Alexia, and sophomore Kaitlyn Nelson compete in the 800 meters Thursday at 4 p.m. (CT). Alexia's personal-best time of 2:08.61 ranks fifth all-time, while Nelson ranks seventh (2:08.83).

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HULL GOES FOR GOLD

Junior Gabe Hull became the third athlete in school history to record a discus mark above 60 meters at the Illinois Twilight on April 12. His toss of 200-10 (61.21m) is currently the second best mark in the Big Ten and the eighth best mark in the nation. Hull grabbed silver at the 2013 Drake Relays with a toss of 190-5 (58.05m), finishing just behind the first place throw of 190-6 (58.07m).

SMITH, SIMPSON AND GULVAS IN THE TOP 5

Three Hawkeyes hold hammer throw marks that rank inside the Big Ten's top five and among Iowa's all-time top 10. Junior Annemie Smith's mark of 198-1 (60.38m) ranks second in the Big Ten and is a school record. Seniors Jasmine Simpson (189-0; 57.62m) and Ashlyn Gulvas (186-0; 56.70m) rank fourth and fifth, respectively, in the Big Ten.

FOUR LAPS FOR THE RECORD

Freshmen Elexis Guster and Alexis Hernandez, and sophomores MonTayla Holder and Lake Kwaza ran 3:34.83 to break the school's 1,600-meter record at the Arkansas Spring Invitational. The quartet bested the previous record, set in 2011, by more than one second (3:35.93). The 2011 team of Bethany Praska, Tiffany Hendricks, Ashley Liverpool, and Nicole Erickson won the Big Ten Championship. The 2014 team leads the conference and ranks 14th nationally.

MEET THE RECORD HOLDERS

Six Hawkeyes share three school records. Freshmen Elexis Guster and Alexis Hernandez, and sophomores MonTayla Holder and Lake Kwaza set the 1,600-meter record (3:34.83) at Arkansas Spring Invitational. Junior Annemie Smith set the hammer throw record (198-1; 60.38m) at the 2014 ASU Invite on March 28. Senior Tevin-Cee Mincy ran the first leg on the school-record-setting 400-meter relay team (39.48) at the 2013 NCAA Championships.

RETURNING OUTDOOR ALL-AMERICANS

The Hawkeyes return three outdoor All-Americans from 2013. Senior Tevin-Cee Mincy and sophomore Klyvens Delaunay grabbed first team honors for their performances at the 2013 NCAA Outdoor Championships. Mincy ran the first leg on the sixth-place 400-meter relay team (39.77), while Delaunay captured an eighth-place finish in the triple jump (52-2 1/2; 15.91m). Junior Gabe Hull earned second-team honors for his 15th-place finish in the discus (184-6; 56.25m).

NEXT ON THE BLOCK

The Hawkeyes host the 15th annual Musco Twilight at the Francis X. Cretzmeyer Track on May 3.

2014 OUTDOOR SEASON LEADERS

MEN

100 meters	O'Shea Wilson	10.50
110-meter hurdles	Aaron Mallett	13.98
200 meters	O'Shea Wilson	21.32
400 meters	Kaleb Van Cleave	47.97
400-meter hurdles	Aaron Mallett	52.97
800 meters	Will Teubel	1:52.50
1,500 meters	Ben Witt	3:52.07
3,000 meters	Anthony Gregorio	8:35.02
5,000 meters	Kevin Lewis	14:02.78
High Jump	Kevin Spejcher	6-10 3/4 (2.09)
Pole Vault	Jack Eckert	15-8 1/4 (4.78)
Long Jump	O'Shea Wilson	25-2 (7.67)
Triple Jump	Babtunde Amosu	52-4 3/4 (15.97)
Shot Put	Gabe Hull	57-11 1/4 (17.66)
Discus	Gabe Hull	200-10 (61.21)
Hammer Throw	Gabe Hull	173-10 (52.98)
Javelin	Sam Joens	200-1 (61.00)
400-meter Relay	Mincy, Wilson, Harrington, Saucer	40.37
1,600-meter Relay	VanCleave, Harrington, Daveu, Teubel	3:11.92

WOMEN

100 meters	Brittany Brown	11.81
200 meters	Brittany Brown	23.72
400 meters	Elexis Guster	53.33
400-meter hurdles	MonTayla Holder	59.14
800 meters	Mahnee Watts	2:09.07
1,500 meters	Katharina Trost	4:34.07
3,000 meters	Carolyn Newhouse	10:07.57
High Jump	Khanishah Williams	5-8 1/2 (1.74)
Long Jump	Zinnia Miller	20-3 1/2 (6.18)
Triple Jump	Zinnia Miller	40-9 (12.42)
Shot Put	Rachel Curry	47-5 (14.45)
Discus	Dakotah Goodell	160-8 (48.98)
Javelin	Amanda Stahle	140-4 (42.77)
Hammer Throw	Annemie Smith	198-1 (60.38)
400-meter Relay	Kwaza, Guster, Holder, Brown	44.65
1,600-meter Relay	Guster, Hernandez, Holder Kwaza	3:34.83

Bold indicates school record.

Drake RELAYS

PRESENTED BY **HyVee**

2014 DRAKE RELAYS | APRIL 23 – 27 | DES MOINES, IOWA

Monday, April 21, 2014

12:00 p.m.	Beautiful Bulldog Contest	Knapp Center
6:00 p.m.	High Jump at Hy-Vee	Waukee

Tuesday, April 22, 2014

6:00 p.m.	Grand Blue Mile	Downtown
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Wednesday, April 23, 2014

11:30 a.m.	Decathlon	Men, Day 1
12:30 p.m.	Heptathlon	Women, Day 1
6:15 p.m.	Pole Vault in the Mall	Jordan Creek

Thursday, April 24, 2014

9:30 a.m.	Decathlon	Men, Day 2
10:30 a.m.	Heptathlon	Women, Day 2

Distance Carnival – Afternoon Session

4:00 p.m.	800m (Unseeded)	UD/CD, Women, Final
4:05 p.m.	800m (Unseeded)	UD/CD, Men, Final
4:10 p.m.	3000m	HS, Girls, Final
4:25 p.m.	3200m	HS, Boys, Final
4:40 p.m.	4x1600m	UD/CD, Women, Final
5:05 p.m.	4x1600m	UD/CD, Men, Final
5:25 p.m.	Session Ends	
6:30 p.m.	Hall of Fame	Sheslow Auditorium

Field Events

3:00 p.m.	Discus	HS, Boys, Final
3:00 p.m.	High Jump	HS, Girls, Final
3:30 p.m.	Shot Put	HS, Girls, Final
3:30 p.m.	Long Jump	HS, Boys, Final

Distance Carnival – Evening Session

7:30 p.m.	10,000m	Open, Women, Final
8:10 p.m.	10,000m	Open, Men, Final
8:40 p.m.	5000m	Open, Women, Final
9:05 p.m.	5000m	Open, Men, Final
9:30 p.m.	Session Ends	

Friday, April 25, 2014

8:00 a.m.	100mH	HS, Girls, Prelim
8:16 a.m.	110mH	HS, Boys, Prelim
8:31 a.m.	100m	HS, Girls, Prelim
8:46 a.m.	100m	HS, Boys, Prelim
8:58 a.m.	4x100m	CD, Women, Prelim
9:17 a.m.	4x100m	CD, Men, Prelim
9:32 a.m.	100mH	UD/CD, Women, Prelim
9:45 a.m.	110mH	UD/CD, Men, Prelim
10:00 a.m.	Distance Medley	CD, Women, Final
10:14 a.m.	Sprint Medley	HS, Girls, Final
10:27 a.m.	Sprint Medley	HS, Boys, Final
10:45 a.m.	4x800m	CD, Men, Final
10:58 a.m.	4x100m	UD, Women, Prelim
11:10 a.m.	4x100m	UD, Men, Prelim
11:25 a.m.	Distance Medley	CD, Men, Final
11:36 a.m.	100mH	HS, Girls, Final
11:40 a.m.	110mH	HS, Boys, Final
11:41 a.m.	Officials Break	
11:55 a.m.	Drake Relays Recognitions	
11:58 a.m.	400mH	UD/CD, Women, Final
12:11 p.m.	100m	HS, Girls, Final
12:15 p.m.	100m	UD/CD, Women, Prelim
12:28 p.m.	100m	HS, Boys, Final
12:33 p.m.	100m	UD/CD, Men, Prelim
12:45 p.m.	800m	Masters, Men, Final
12:51 p.m.	4x200m	CD, Women, Final

1:03 p.m.	4x200m	CD, Men, Final
1:15 p.m.	4x200m	HS, Girls, Final
1:27 p.m.	4x200m	HS, Boys, Final
1:39 p.m.	800m	HS, Girls, Final
1:45 p.m.	800m	HS, Boys, Final
1:51 p.m.	800m	UD/CD, Women, Final
1:57 p.m.	4x400m	CD, Women, Prelim
2:25 p.m.	4x400m	CD, Men, Prelim
2:52 p.m.	4x400m	UD, Women, Prelim
3:20 p.m.	4x400m	UD, Men, Prelim
3:45 p.m.	Session Ends	

Field Events

8:30 a.m.	Shot Put	HS, Boys, Final
9:00 a.m.	Discus	HS, Girls, Final
9:30 a.m.	Long Jump	HS, Girls, Final
9:45 a.m.	High Jump	HS, Boys, Final
10:00 a.m.	Long Jump	UD/CD, Women, Final
10:00 a.m.	Javelin	UD/CD, Men, Final
12:00 p.m.	Shot Put	UD/CD, Women, Final
12:30 p.m.	Pole Vault	UD/CD, Men, Final
1:00 p.m.	High Jump	UD/CD, Women, Final
1:00 p.m.	Javelin	UD/CD, Women, Final
1:00 p.m.	Discus	UD/CD, Women, Final
1:30 p.m.	Long Jump	UD/CD, Men, Final

Hy-Vee Night at the Drake Relays

5:00 p.m.	240 Yard Shuttle	ES, Youth, Final
5:10 p.m.	4x100m	HS, Girls, Prelims
5:40 p.m.	4x100m	MS, Girls, Final
5:55 p.m.	4x100m	MS, Boys, Final
6:10 p.m.	4x100m	HS, Boys, Prelims
6:43 p.m.	110mH	MWCR, Men, Final
7:00 p.m.	Shuttle Hurdle	Special, Women, Final
7:15 p.m.	4x200m	UD, Women, Final
7:35 p.m.	400m	MWCR, Men, Final
7:43 p.m.	4x200m	UD, Men, Final
8:00 p.m.	400mH	MWCR, Men, Final
8:10 p.m.	4x800m	UD, Women, Final
8:25 p.m.	1500m	MWCR, Women, Final
8:35 p.m.	4x800m	UD, Men, Final
8:48 p.m.	4x400m	HS, Girls, Prelims
9:08 p.m.	4x400m	HS, Boys, Prelims
9:25 p.m.	Session Ends	

Field Events

5:45 p.m.	Pole Vault	MWCR, Women, Final
6:00 p.m.	High Jump	MWCR, Men, Final

Saturday, April 26, 2014

8:00 a.m.	Shuttle Hurdle	HS, Girls, Prelim
8:15 a.m.	Shuttle Hurdle	HS, Boys, Prelim
8:30 a.m.	Shuttle Hurdle	UD/CD, Women, Prelim
8:45 a.m.	Shuttle Hurdle	UD/CD, Men, Prelim
9:00 a.m.	Sprint Medley	CD, Women, Final
9:20 a.m.	Sprint Medley	CD, Men, Final
9:35 a.m.	4x800m	HS, Girls, Final
9:50 a.m.	4x800m	HS, Boys, Final
10:00 a.m.	Sprint Medley	UD, Women, Final
10:20 a.m.	Sprint Medley	UD, Men, Final
10:40 a.m.	3000m Steeple	UD/CD, Women, Final
10:53 a.m.	3000m Steeple	UD/CD, Men, Final
11:05 a.m.	4x800m	CD, Women, Final
11:17 a.m.	800m	Masters, Women, Final
11:20 a.m.	Officials Break	

11:55 a.m.	Hall of Fame/Host and Hostess Recognition	
11:58 a.m.	Beautiful Bulldog Contest Winner	
12:00 p.m.	Parade of Officials	
12:20 p.m.	Shuttle Hurdle	HS, Girls, Final
12:25 p.m.	Shuttle Hurdle	HS, Boys, Final
12:30 p.m.	Shuttle Hurdle	UD/CD, Women, Final
12:35 p.m.	Shuttle Hurdle	UD/CD, Men, Final
12:40 p.m.	Distance Medley	UD, Men, Final
12:55 p.m.	1500m	HS, Girls, Final
1:02 p.m.	1600m	HS, Boys, Final
1:10 p.m.	Distance Medley	UD, Women, Final
1:23 p.m.	400mH	UD/CD, Men, Final
1:35 p.m.	400mH	HS, Girls, Final
1:43 p.m.	400mH	HS, Boys, Final
1:50 p.m.	800m	UD/CD, Men, Final
2:02 p.m.	Mile	Special, Men, Final
2:10 p.m.	400mH	MWCR, Women, Final
2:15 p.m.	100m	UD/CD, Women, Final
2:20 p.m.	100m	UD/CD, Men, Final
2:28 p.m.	100mH	UD/CD, Women, Final
2:36 p.m.	100mH	MWCR, Women, Final
2:42 p.m.	110mH	UD/CD, Men, Final
2:52 p.m.	Shuttle Hurdle	Special, Men, Final
3:00 p.m.	1500m	UD/CD, Women, Final
3:08 p.m.	1500m	UD/CD, Men, Final
3:15 p.m.	4x100m	UD, Women, Final
3:20 p.m.	4x100m	UD, Men, Final
3:25 p.m.	4x100m	CD, Women, Final
3:30 p.m.	4x100m	CD, Men, Final
3:35 p.m.	4x100m	HS, Girls, Final
3:40 p.m.	4x100m	HS, Boys, Final
3:45 p.m.	4x400m	UD, Women, Final
3:52 p.m.	4x400m	UD, Men, Final
4:00 p.m.	4x400m	CD, Women, Final
4:07 p.m.	4x400m	CD, Men, Final
4:15 p.m.	4x400m	HS, Girls, Final
4:22 p.m.	4x400m	HS, Boys, Final
4:30 p.m.	Session Ends	

Field Events

9:00 a.m.	Hammer	UD/CD, Women, Final
9:00 a.m.	Discus	UD/CD, Men, Final
10:00 a.m.	Triple Jump	UD/CD, Women, Final
10:00 a.m.	High Jump	UD/CD, Men, Final
10:15 a.m.	Pole Vault	UD/CD, Women, Final
12:15 p.m.	Hammer	UD/CD, Men, Final
1:00 p.m.	Triple Jump	UD/CD, Men, Final
1:30 p.m.	Shot Put	UD/CD, Men, Final
1:45 p.m.	High Jump	MWCR, Women, Final
2:15 p.m.	Pole Vault	MWCR, Men, Final

Sunday, April 27, 2014

7:30 a.m.	Half Marathon	Hy-Vee Road Races
8:00 a.m.	10K	Hy-Vee Road Races
10:30 a.m.	5K	Hy-Vee Road Races

Hy-Vee Cup Events in Red

MWCR – Moscow World Championship Rematch in Blue

ES – Elementary School
MS – Middle School
HS – High School
CD – College Division
UD – University Division
Special – Elite Invitational
Masters – Masters Division (40+)

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Jeremy Allen



Justin Austin



Matt Byers



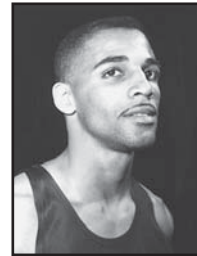
A.J. Curtis



Troy Doris



Jeffery Herron



Deacon Jones

100 Meters

- Justin Austin, 2011 10.21
- George Page, 1996 10.25
- Anthuan Maybank, 1994 10.31
Tim Dwight, 1997 10.31
Josh Larney, 2013 10.31
- Bob Lawson, 1976 10.36
- Robert Smith, 1984 10.39
- Curtis Chang, 1987 10.40
- Jeff Patrick, 1983 10.41
Tim Dodge, 2002 10.41

110-Meter High Hurdles

- Pat McGhee, 1989 13.50
- Dion Trowers, 1996 13.62
- Ronnie McCoy, 1985 13.66
- Ethan Holmes, 2011 13.73
- Jordan Mullen, 2013 13.76
- James Armstrong, 1991 13.89
- Aaron Mallett, 2014 13.98**
- Dan Davis, 2012 14.01
- Doug Jones, 1986 14.06
- Chris Williams, 1983 14.24

200 Meters

- Justin Austin, 2011 20.31
- Jeff Patrick, 1983 20.47
- Anthuan Maybank, 1994 20.55
- Andre Morris, 1995 20.64
- George Page, 1996 20.67
- Terrence Duckett, 1982 20.74
- Tim Dodge, 2002 20.78
- Bashir Yamini, 1999 20.82
- Dennis Kohl, 1966 20.84
- Tim Dwight, 1997 20.91



Todd Wigginton



Arno van der Westhuizen

400 Meters

- Anthuan Maybank, 1993 44.99
- Andre Morris, 1995 45.15
- Mike Mondane, 1967 45.20
- Steven Willey, 2010 45.78
- Gary Hollingsworth, 46.30
- Harold Leonard, 1986 46.45
- Tony Branch, 1999 46.60
- Prince Riley, 2007 46.61
- George Page, 1996 46.66
- Dick Eisenlauer, 1973 46.74
Terrence Duckett, 1983 46.74
Patrick Richards, 2010 46.74

400-Meter Hurdles

- Pat McGhee, 1988 48.83
- Monte Raymond, 1998 50.09
- Ray Varner, 2010 50.24
- Paul Steele, 1989 50.45
- Russell Peterson, 2001 50.50
- Ethan Holmes, 2013 50.51
- Adam Kunkel, 2001 50.73
- Jon Reimer, 1967 50.94
- Gary Falls, 1991 51.08
- D'Juan Richardson, 2011 51.12

800 Meters

- Erik Sowinski, 2012 1:45.90
- Bill Frazier, 1962 1:47.64
- D'Juan Strozier, 1990 1:47.82
- Adam Hairston, 2009 1:48.53
- Michael Layne, 1999 1:49.61
- Bill Thiesen, 1985 1:49.74
- Ryan Weir, 2013 1:50.01
- Andy Wiese, 1985 1:50.22
- Paul Chepkwony, 1984 1:50.36
- Rod Chambers, 1989 1:50.60

1,500 Meters

- Jeff Thode, 2010 3:43.02
- Joel Moeller, 1978 3:44.01
- Jim Docherty, 1978 3:44.30
- Dan Waters, 1986 3:46.35
- Kevin Herd, 1994 3:46.64
- John Clark, 1977 3:46.84
- Ted Wheeler, 1956 3:48.24
- Nick Holmes, 2012 3:49.53
- Jesse Luciano, 2007 3:49.99
- Micah VanDenend, 2007 3:50.20

3,000-Meter Steeplechase

- Deacon Jones, 1956 8:47.40
- Steve Pershing, 1978 8:54.59
- Andy Morris, 2000 8:56.21
- Matt Gerard, 1994 8:57.01
- Andy Napier, 2008 8:57.54
- Rollie Kitt, 1967 9:02.90
- Al Greene, 1985 9:02.96
- Tony Rakaric, 2005 9:03.29
- Mark Battista, 2010 9:04.60
- Sean Gale, 1993 9:08.00

5,000 Meters

- Micah VanDenend, 2007 13:49.31
- Larry Wiczorek, 1968 13:56.00
- Kevin Herd, 1993 13:59.00
- Stetson Steele, 2000 14:02.76
- Kevin Lewis, 2014 14:02.78**
- Eric MacTaggart, 2005 14:04.79
- Dan Haut, 2006 14:07.30
- Jesse Luciano, 2010 14:08.71
- Matt Esche, 2006 14:12.07
- Jeff Thode, 2011 14:12.40

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Anthuan Maybank



Pat McGhee



Kyle Reid



Erik Sowinski



Stetson Steele



Jeff Thode



Micah VanDenend

10,000 Meters

1. Stetson Steele, 200028:44.47
2. Eric MacTaggart, 2006.....28:50.23
3. Nick Nordheim, 200229:44.71
4. Trent Corey, 200229:45.25
5. **Kevin Lewis, 2012.....29:54.02**
6. Chad Schwitters, 199929:56.00
7. Nick Holmes, 201030:02.31
8. Dan Haut, 200630:03.08
9. Kevin Herd, 1994.....30:05.21
10. Paul Sarris, 200130:08.40

Decathlon

1. **Kyle Reid, 2013 7,203 pts**
2. Dan Rolling, 2010 6,957 pts
3. Scott Faber, 2000 6,839 pts
4. Ryan Niver, 2008 6,837 pts
5. **Jack Eckert, 2012..... 6,813 pts**
6. Chad Ohly, 1994..... 6,641 pts
7. Gary Kostrubala, 1984..... 6,498 pts
8. Frank Prill, 2008 6,381 pts
9. Jacob Drewry, 1994..... 5,820 pts

High Jump

1. Jeffery Herron, 2012..... 7-4 1/4 (2.24)
2. Bill Hansen, 1978 7-4 (2.23)
Bill Knoedel, 1975..... 7-4 (2.23)
4. M. Cunningham, 1986 7-1 (2.16)
Kenneth Lansing, 1988..... 7-1 (2.16)
6. Pat Meade, 1987 7-0 1/4 (2.14)
7. Graham Valdes, 2012..... 6-11 3/4 (2.12)
8. Peter Hlavin, 1979 6-11 (2.11)
Scott Hudek, 1993 6-11 (2.11)
Jeremy Petsche, 2008..... 6-11 (2.11)
Brandon Oest, 2012 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984..... 17-0 (5.18)
2. Chad Ohly, 1994..... 16-8 3/4 (5.10)
Kyle Reid, 2013 16-8 3/4 (5.10)
4. Curt Broek, 1978 16-8 (5.08)
5. Phil Wertman, 1971 16-7 (5.05)
Kelly Scott, 1988..... 16-7 (5.05)
7. John Teffer, 1972 16-2 (4.93)
8. Alex Zona, 2009 16-0 3/4 (4.90)
9. Steve Brewer, 1983 16-0 (4.88)
Doug Pennino, 1985..... 16-0 (4.88)

Long Jump

1. Anthuan Maybank, 1993..... 27-1 (8.25)
2. Bashir Yamini, 1997..... 26-8 1/4 (8.13)
3. Paul Jones, 1989..... 25-10 1/4 (7.88)
4. Darren Smith, 1991 25-9 3/4 (7.86)
5. Quinn Early, 1986 25-7 1/4 (7.80)
6. Ed Gordon, 1931 25-4 3/8 (7.68)
7. **O'Shea Wilson, 2014 25-2 (7.67)**
8. Matty Gorman, 2006..... 25-1 1/4 (7.65)
9. Ronnie McCoy, 1985 25-0 (7.62)
10. Jeffery Herron, 2010..... 24-9 (7.54)

Triple Jump

1. Troy Doris, 2012 54-8 (16.66)
2. Paul Jones, 1990..... 53-9 (16.38)
3. **Babatunde Amosu, 2014 ... 52-4 3/4 (15.97)**
4. **Klyvens Delaunay, 2013 52-2 1/2 (15.91)**
5. Gordon Finch, 1988..... 50-9 1/4 (15.47)
6. Mike Lacy, 1984..... 50-5 (15.36)
7. Pat Miller, 1985..... 49-8 1/2 (15.25)
8. Matty Gorman, 2008..... 49-2 1/2 (15.00)
9. Owen Gill, 1982 49-1 (14.96)
10. Josh Bean, 2010..... 48-10 3/4 (14.90)

Shot Put

1. Jeremy Allen, 2001 63-2 3/4 (19.27)
2. Ken Kemeny, 2005 62-3 (18.97)
3. Shane Maier, 2006 62-2 1/4 (18.95)
4. Andy Banse, 2005 61-11 1/2 (18.88)
5. John Hickey, 2008 61-9 1/2 (18.83)
6. Chris Gambol, 1987..... 60-0 1/2 (18.30)
7. A.J. Curtis, 2008 59-8 1/4 (18.19)
8. A. van der Westhuizen, 2000 58-8 3/4 (17.90)
9. Ryan Lamparek, 2010 58-4 (17.78)
10. Gary Kostrubala, 1985..... 58-1 (17.70)

Discus

1. A.J. Curtis, 2007 202-11 (61.84)
2. Gary Kostrubala, 1986..... 202-4 (61.68)
3. **Gabe Hull, 2014..... 200-10 (61.21)**
4. Jeremy Allen, 2001 195-4 (59.54)
5. Tim Brodersen, 2005 193-6 (58.98)
6. Brad Daufeldt, 2004..... 185-0 (56.40)
7. Nick Brayton, 2009 180-11 (55.15)
8. Andy Banse, 2005 180-0 (54.86)
9. Eric Rothwell, 2004..... 179-7 (54.73)
10. Shane Maier, 2008 178-7 (54.43)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007 222-2 (67.73)
3. Jim Costello, 2002 217-7 (66.32)
4. Brad Daufeldt, 2004..... 207-10 (63.34)
5. Chris Voller, 2005 206-0 (62.80)
6. Matt Banse, 2012 201-11 (61.55)
7. Jeremy Allen, 2001 199-0 (60.66)
8. Ben Stancombe, 2011 197-6 (60.20)
9. Ryan Jordan, 2007 184-6 (56.23)
10. Ryan Lamparek, 2010 181-7 (55.35)

Javelin

1. Matt Byers, 2011..... 245-8 (74.89)
2. Bill Neumann, 2002 244-8 (74.58)
3. Dan Ralph, 2000..... 227-10 (69.44)
4. Zach Schimp, 2010..... 211-0 (64.32)
5. **Sam Joens, 2013..... 206-9 (63.03)**
6. Kale Katt, 2007 204-0 (62.17)
7. Joel Storm, 2004 203-5 (62.01)
8. Matt Stank, 2001 199-0 (60.66)
9. **Jack Eckert, 2012..... 187-0 (57.01)**
10. Kyle Reid, 2013 182-10 (55.73)

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Kineke Alexander



Meghan Armstrong



Danielle Berndt



Nan Doak



Aisha James



Tiffany Johnson

100 Meters

1. Vivien McKenzie, 1985	11.45
2. Davera Taylor, 1984	11.51
3. Erica Broomfield, 1998	11.53
4. Lake Kwaza, 2013	11.56
5. Jiselle Providence, 2001	11.57
6. Tanja Reid, 1994	11.60
Peaches Roach, 2005	11.60
8. Yolanda Hobbs, 1995	11.62
9. Elanie Jones, 1985	11.69
10. Rhonda Kaye Trusty, 2010	11.74

100-Meter Hurdles

1. Tiffany Johnson, 2007	13.20
2. Karessa Farley, 2009	13.53
3. C. Prendergast, 1999	13.60
Paula Ruen, 2000	13.60
5. Sarah Steffen, 2002	13.65
6. Ruqayya Raheem, 1998	13.90
7. Brenda Calhoun, 1984	13.94
8. Wynsome Cole, 1997	14.10
9. Kimberly Stanford, 2008	14.11
10. Renee White, 2008	14.20

200 Meters

1. Shellene Williams, 2004	23.50
2. Kineke Alexander, 2006	23.58
3. Davera Taylor, 1984	23.59
4. Vivien McKenzie, 1985	23.61
5. Yolanda Hobbs, 1995	23.65
6. Erin Jones, 2012	23.71
7. Brittany Brown, 2014	23.72
8. Rhonda Kaye Trusty, 2010	23.74
9. Tanja Reid, 1995	23.75
10. Elaine Jones, 1983	23.84

400 Meters

1. Kineke Alexander, 2006	51.35
2. Shellene Williams, 2004	51.94
3. Ashley Liverpool, 2012	52.47
4. Ellen Grant, 1996	52.65
5. Elexis Guster, 2014	53.33
6. Senta Hawkins, 1988	54.01
Bethany Praska, 2011	54.01
8. Marlene Poole, 1994	54.03
9. Elaine Jones, 1983	54.40
10. Nicole Charles, 2001	54.48

400-Meter Hurdles

1. Mary Knoblauch, 1981	56.16
2. Wynsome Cole, 1998	56.67
3. MonTayla Holder, 2014	59.14
4. Chris Davenport, 1981	59.18
5. Hannah Simonson, 2012	59.54
6. Sarah Steffen, 2002	59.59
7. Tiffany Hendricks, 2011	59.63
8. Nicole Erickson, 2012	59.77
9. Beverly Powell, 1991	59.96
10. Kelsey Quinn, 2012	59.99

800 Meters

1. Bethany Praska, 2011	2:03.78
2. Kay Stormo, 1982	2:05.67
3. Michelle Lahann, 2004	2:06.79
4. Aisha Hume, 2005	2:08.50
5. Adrienne Alexia, 2013	2:08.61
6. Jeanne Kruckeberg, 1987	2:08.75
7. Kaitlyn Nelson, 2013	2:08.83
8. Mahnee Watts, 2014	2:09.07
9. Ann Pare, 1997	2:09.25
10. Meghan Armstrong, 2006	2:10.15

1,500 Meters

1. Meghan Armstrong, 2006	4:17.41
2. Betsy Flood, 2010	4:17.75
3. Jeanne Kruckeberg 1989	4:19.71
4. McKenzie Melander, 2012	4:20.22
5. Lauren Hardesty, 2009	4:20.40
6. Diane Nukuri, 2007	4:20.95
7. Penny O'Brien, 1985	4:21.43
8. Kay Stormo, 1982	4:22.24
9. Michelle Lahann, 2004	4:24.00
10. Shannon Stanley, 2006	4:25.08

3,000 Meters

1. Diane Nukuri, 2008	9:18.82
2. Penny O'Brien, 1985	9:20.61
3. McKenzie Melander, 2012	9:21.59
4. Betsy Flood, 2010	9:22.63
5. Nan Doak, 1985	9:23.04
6. Tracy Dahl, 1992	9:23.53
7. Meghan Armstrong, 2006	9:28.03
8. Brooke Eilers, 2011	9:30.08
9. Jeanne Kruckeberg, 1989	9:30.69
10. Jennifer Brower, 1992	9:34.59

3,000-Meter Steeplechase

1. Danielle Berndt, 2011	10:26.54
2. Jessica Schmidt, 2008	10:27.18
3. Sarah Arens, 2004	10:34.50
4. Hannah Roeder, 2011	10:35.22
5. Kelsey Hart, 2011	10:47.56
6. Katie Ellis, 2010	11:02.62
7. Michelle Lahann, 2003	11:16.21
8. Becca Thompson, 2003	11:19.50

5,000 Meters

1. Nan Doak, 1985	15:45.84
2. McKenzie Melander, 2012	15:57.13
3. Diane Nukuri, 2008	15:59.39
4. Betsy Flood, 2011	16:04.46
5. Meghan Armstrong, 2008	16:08.83
6. Brooke Eilers, 2011	16:11.86
7. Mareike Schulle, 2013	16:12.66
8. Jenny Spangler, 1983	16:17.21
9. Tracy Dahl, 1992	16:18.77
10. Racheal Marchand, 2008	16:27.02



Majesty Tutson



Lisa Van Steenwyk



Renee White



Shellene Williams

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Diane Nukuri



Tammilee Kerr



Vivien McKenzie



Bethany Praska



Alana Redfern



Peaches Roach



Annemie Smith

10,000 Meters

1. Diane Nukuri, 2008..... 33:17.01
2. Jennifer Brower, 1991 33:23.38
3. Meghan Armstrong, 2008 33:28.00
4. Nan Doak, 1985..... 33:33.03
5. Jenny Spangler, 1983..... 33:39.24
6. Racheal Marchand, 2008 34:05.87
7. McKenzie Melander, 2012 34:29.83
8. Tracy Dahl, 1992 34:30.09
9. Betsy Flood, 2011..... 35:05.10
10. Nikki Chapple, 2004 35:06.35

Heptathlon

1. Tammilee Kerr, 2008 5,633 pts
2. Kathy Gillespie, 1983..... 5,262 pts
3. Tiff Pedersen, 2004 4,976 pts
4. Janet Adams, 1981..... 4,855 pts
5. **Sarah Ryan, 2012..... 4,819 pts**
6. Ruqayya Raheem, 1997..... 4,665 pts
7. Angela Chadwick, 1993..... 4,493 pts
8. Missy Miller, 2010..... 4,227 pts
9. Angie Hensel, 2004 4,073 pts
10. Janelle Jaspers, 1987..... 4,000 pts

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Mary Mol, 1983..... 6-0 (1.83)
3. **Khanishah Williams, 2013.... 5-11 1/4 (1.81)**
4. Caleigh Bacchus, 2010..... 5-10 (1.78)
5. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
6. Kacey Childs, 2001..... 5-8 1/2 (1.74)
7. Kristi Dinkla, 1985..... 5-8 (1.73)
- Becky Kaza, 1995..... 5-8 (1.73)
- Eve Cullinan, 2003 5-8 (1.73)
10. **Zinnia Miller, 2012..... 5-7 1/4 (1.71)**
- Madison Rouw, 2014 5-7 1/4 (1.71)**

Pole Vault

1. Jessie Strand, 2003 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011..... 12-0 (3.66)
4. Katie Truedson, 2010 11-5 1/4 (3.49)
5. Gina Shannon, 2001..... 11-2 1/4 (3.41)
6. Brittany Holst, 2013 11-1 (3.38)
7. Kacey Childs, 2000..... 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003 22-3 (6.78)
2. Renee White, 2008..... 20-3 3/4 (6.19)
3. **Zinnia Miller, 2014..... 20-3 1/2 (6.18)**
4. **Carisa Leacock, 2011 19-11 1/2 (6.08)**
5. Becki Borg, 1988 19-7 1/4 (5.97)
6. Lisa Moats, 1986 19-6 (5.95)
7. Tammilee Kerr, 2008 19-4 1/4 (5.90)
8. Yolanda Hobbs, 1993 19-2 1/2 (5.85)
9. **Sarah Ryan, 2014..... 19-1 1/2 (5.83)**
10. Jane Dunlevy, 1977..... 18-6 (5.64)

Triple Jump

1. Renee White, 2008..... 43-10 3/4 (13.36)
2. Tiffany Johnson, 2007 41-8 3/4 (12.72)
3. **Carisa Leacock, 2012 40-10 1/2 (12.46)**
4. **Zinnia Miller, 2014..... 40-9 (12.42)**
5. Becki Borg, 1988 40-7 1/2 (12.38)
6. Lynn McMillan, 1988..... 39-6 1/2 (12.05)
7. Lynn, 1998..... 39-0 (11.88)
8. Kacey Childs, 2001..... 37-8 (11.48)
9. Becca Franklin, 2004..... 36-10 1/2 (11.24)
10. Janna Houtz, 1984 33-10 1/2 (10.32)

Shot Put

1. Lisa Van Steenwyk, 1992 50-8 (15.44)
2. Gail Smith, 1984 50-3 1/4 (15.32)
3. Denise Taylor, 1992 50-1 3/4 (15.28)
4. Kamesha Marshall, 2005..... 48-6 3/4 (14.80)
5. Laura Kriener, 1990..... 48-2 1/2 (14.69)
6. Jennifer Gilson, 2002..... 47-10 (14.58)
7. **Rachel Curry, 2013..... 47-9 1/4 (14.56)**
8. Jennifer Moon, 2000..... 47-5 1/4 (14.46)
9. Mandy Chandler, 2006 46-0 (14.02)
10. Tiffany Medenwaldt, 2010 .. 45-11 3/4 (14.01)

Discus

1. Majesty Tutson, 2013 181-1 (55.19)
2. Tiffany Medenwaldt, 2010 161-3 (49.16)
3. **Dakotah Goodell, 2014..... 160-8 (48.98)**
4. Denise Taylor, 1992 160-5 (48.90)
5. **Amanda Stahle, 2014..... 159-3 (48.54)**
6. Lisa Van Steenwyk, 1991 159-1 (48.50)
7. Gail Smith, 1983 158-2 (48.22)
8. **Ashlyn Gulvas, 2011..... 154-11 (47.23)**
9. **Courtney Fritz, 2012 154-1 (46.96)**
10. Kamesha Marshall, 2005..... 152-11 (46.62)

Javelin

1. Alana Redfern, 2003..... 181-5 (55.30)
2. Tammilee Kerr, 2008 163-5 (49.81)
3. Mandy Beck, 1999..... 153-4 (46.74)
4. Terri Soldan, 1983 152-6 1/4 (46.48)
5. Shani Renning, 1990 152-3 (46.40)
6. Clara Simon, 1981 149-9 (45.64)
7. Janet Adams, 1984..... 148-7 (45.28)
8. **Amanda Stahle, 2012..... 141-5 (43.10)**
9. **Dakotah Goodell, 2014..... 140-2 (42.73)**
10. **Allison Gattone, 2013 138-8 (42.27)**

Hammer Throw

1. **Annemie Smith, 2014 198-1 (60.38)**
2. **Jasmine Simpson, 2013..... 197-7 (60.23)**
3. Becca Franklin, 2007..... 195-0 (59.45)
4. **Ashlyn Gulvas, 2013..... 189-6 (57.76)**
5. Kelsey Taylor, 2011..... 177-0 (53.95)
6. Tiffany Medenwaldt, 2010 171-11 (52.40)
7. Erin O'Hern, 2008..... 168-9 (51.45)
8. Chelsea Colpitts, 2013 162-5 (49.51)
9. Kerri Blackstone, 1999 161-10 (49.32)
10. Majesty Tutson, 2013 161-5 (49.20)

MEN'S OUTDOOR ALL-TIME TOP 10 RELAYS

400-Meter Relay

1.	Mincy , Austin, E. Holmes, Larney, 2013	39.31
2.	Beecham, Duckett, Greer, R. Smith, 1984	39.48
3.	Mullen, Austin, E. Holmes, Larney, 2013	39.66
4.	Page, Davis, Rozell, Morris, 1996	39.73
5.	Mincy , Sayon, Chaney, Jr., Austin, 2011	39.86
6.	Richardson, Sayon, Chaney, Jr., Bee, 2009	39.94
7.	Felix, Branch, Dodge, Yamini, 1999	39.96
8.	Beecham, Duckett, Greer, Patrick, 1983	39.99
9.	Dwight, Branch, Davis, Yamini, 1998	40.00
	Goode, Fisher, Morris, Maybank, 1994	40.00
	1998	40.00
	Dwight, Branch, Dodge, Yamini, 1999	40.00

Shuttle Hurdle Relay

1.	McGhee, Armstrong, Falls, Stelle, 1989	57.80
2.	Wigginton, Jones, Lacey, McCoy, 1985	59.77
3.	1975	1:05.20

800-Meter Relay

1.	Richardson, Sayon, Richards, Chaney, Jr., 2009	1:24.85
2.	Austin, Brown , Larney, VanCleave , 2013	1:25.60
3.	Barclay, McCalister, Jensen, Elliott, 1979	1:26.39
4.	Thomas, Balkrishnan, Patterson, Freidrich 1991	1:28.38
5.	Balkrishnan, Patterson, Thomas, Freidrich, 1991	1:29.04

1,600-Meter Relay

1.	Morris, Davis, Page, Rozell, 1995	3:03.11
2.	Branch, Dwight, Dodge, Yamini, 1999	3:03.29
3.	Ferree, Frazier, Mondane, Reimer, 1967	3:04.10
4.	Rozell, Morris, Davis, Yamini, 1996	3:04.71
5.	Willey, Barton, Richards, Sowinski, 2010	3:05.61
6.	Willey, Richards, Sowinski, Barton, 2011	3:05.64
7.	Richards, Davey , E. Holmes, Sowinski, 2012	3:05.77
8.	Cameron, Williams, McGhee, McCoy, 1985	3:06.00
9.	Rozell, Davis, Dwight, Raymond, 1997	3:06.06
	Dodge, Kunkel, Coleman, Peterson, 2001	3:06.06

Sprint Medley Relay

1.	McCorkle, Jones, Chung, Strozier, 1990	3:15.64
2.	Sayon, Austin, Willey, Sowinski, 2011	3:16.18
3.	Richards, Larney, Davey , Sowinski, 2012	3:17.25
4.	Richardson, Richards, Willey, Sowinski, 2010	3:17.74
5.	Armstrong, Thomas, Maybank, Strozier, 1991	3:18.93
6.	Yamini, Davis, Dodge, Donovan, 1999	3:19.87
7.	Richards, Chaney, Jr., Barton, Hairston, 2009	3:20.05
8.	McCorkle, Armstrong, Chung, Strozier, 1990	3:20.43
9.	Dodge, Yamini, Branch, Donovan, 1999	3:20.83
10.	Goode, Fisher, Thomas, Falls, 1992	3:21.02

3,200 Meter Relay

1.	Schum, Christensen, Steffen, Criswell, 1971	7:18.60
1.	Hairston, Prom , Thode, Sowinski, 2011	7:23.77
2.	Corrigan, Blackman, Strozier, Chambers, 1989	7:29.00
3.	Willey, Braff, Sowinski, Hairston, 2009	7:33.08
4.	Tweedy, Gajewski, Linden, O'Hollearn, 2005	7:33.12
5.	Cunningham, Tweedy, S. Allen, Thomas, 2001	7:34.12
6.	Long, Tweedy, Dziubski, O'Hollearn, 2004	7:35.10
7.	1999	7:36.43
8.	Prom , Slaymaker, Wheeler, Weir, 2012	7:38.15
9.	1986	7:40.18
10.	Novotny, Holtkamp, Rerko, Feeldy, 1995	7:44.68

Distance Medley Relay

1.	Pershing, Moeller, Slack, Docherty, 1978	9:39.94
2.	Kuczvara, Barton, Hairston, Thode, 2011	9:41.37
3.	N. Holmes, Van Cleave , Sowinski, Thode, 2012	9:41.59
4.	Young, Barton, Kuczvara, Luciano, 2010	9:42.97
5.	Prom , Davey, Weir, Witt , 2013	9:53.83
6.	Theisen, Williams, Wiesa, Waters, 1985	9:54.04
7.	Wilfong , Slaymaker, Teubel , Witt , 2013	9:54.05
8.	Luciano, Pierre, Hairston, VanDenend, 2007	9:54.07
9.	VanDenend, Riley, O'Hollearn, Rakaric, 2006	9:54.97
10.	Feeldy, Eischeid, Novotny, Peters, 1996	9:55.71

6,400 Meter Relay

1.	Pershing, Fuller, Moeller, Docherty, 1978	16:27.70
2.	Rakaric, Webster, MacTaggart, VanDenend, 2006	16:55.43
3.	Paul, Kadlec, Thode, Luciano, 2010	17:01.46
4.	N. Holmes, Witt , Thode, Lewis , 2012	17:02.26
5.	Thomas, Allen, Rakaric, Lloyd, 2003	17:06.27
6.	Pittman, Novotny, Feeldy, Marquardt, 1995	17:12.49
7.	Bakker, Feeldy, Peters, Pittman, 1996	17:13.10
8.	Allen, Trainor, McDermott, Esche, 2002	17:14.53
9.	Kadlec, E. MacTaggart, Paul, Marchese, 2009	17:17.63
10.	Schwitters, Nordheim, Moeller, Thomas, 1999	17:18.04

WOMEN'S OUTDOOR ALL-TIME TOP 10 RELAYS

400-Meter Relay

1. Poole, Reid, Floyd, Hobbs, 1994..... 44.63
2. **Kwaza, Guster, Holder, Brown, 2014**..... 44.65
3. Charles, Williams, Providence, James, 2003 44.71
4. Floyd, Hobbs, Poole, Reid, 1994 44.80
5. Fouchè, Williams, Providence, James, 2003..... 45.02
6. Alexander, Granger, Johnson, Roach, 2006..... 45.11
7. Johnson, Roach, Clarke, Trusty, 2007..... 45.21
8. **Brown, Holder, Guster, Kwaza, 2014**..... 45.30
Johnson, Alexander, Granger, Roach, 2005 45.30
10. Granger, Johnson, Alexander, Roach, 2005 45.39

Shuttle Hurdle Relay

1. Prendergast, Cole, Raheem, Ruen, 1998 56.44
2. Cole, Prendergast, Raheem, Ruen, 1998 56.54
3. Raheem, Prendergast, Cole, Ruen, 1998 57.53

800-Meter Relay

1. Hobbs, Reid, Floyd, Poole, 1994..... 1:35.69
2. Roach, McCalla, Alexander, Johnson, 2006..... 1:36.19
3. Williams, Charles, Fouchè, Providence, 2003..... 1:37.49
4. Herrmann, McCalla, Raymond, Roach, 2004..... 1:37.66
5. Charles, Dixon, Knight, Prendergast, 2002 1:38.15
6. Trusty, Hendricks, Graham, Erickson, 2009 1:38.79
7. Prendergast, Dixon, Knight, Providence, 2001..... 1:38.73
8. Dixon, Knight, Prendergast, Providence, 2001..... 1:38.93
9. Dixon, Providence, Knight, Charles, 2001..... 1:39.68
10. Underwood, Bynoe, Raheem, Wynter, 1997 1:39.72

1,600-Meter Relay

1. **Guster, Hernandez, Holder, Kwaza, 2014** 3:34.83
2. Praska, Hendricks, Liverpool, Erickson, 2011 3:35.93
3. Hume, Charles, Steffen, Williams, 2003 3:36.26
4. Praska, Hendricks, Erickson, Liverpool, 2011 3:36.51
5. Simsonson, Liverpool, Erickson, Sack, 2012 3:37.57
6. **Guster, Watts, Holder, Kwaza, 2014** 3:37.73
7. McCalla, Granger, Alexander, Johnson, 2006 3:38.36
8. Simonson, Liverpool, Quinn, Erickson, 2012..... 3:38.49
9. Liverpool, Jones, Erickson, Quinn, 2012 3:38.68
10. Alexander, Graham, Jones, M. Mims, 2007 3:39.36

Sprint Medley Relay

1. Jones, Hendricks, Liverpool, Praska, 2011..... 3:48.63
2. **Kwaza, R. Moore, Holder, Alexia, 2013** 3:54.51
3. Trusty, R. Moore, Hendricks, Praska, 2010 3:56.53
4. Reid, Philip, Hobbs, Benning, 1995 3:56.54
5. Roach, Alexander, McCalla, Stanley, 2005..... 3:56.99
6. **Kwaza, R. Moore, Alexia, Nelson, 2013** 3:58.72
7. Clarke, Graham, Jones, Poncé, 2007 3:59.34
8. Underwood, Clarke, Philip, Benning, 1995..... 3:59.75
9. Jones, R. Moore, Erickson, **Alexia**, 2012..... 4:00.19
10. 2005..... 4:00.26

3,200-Meter Relay

1. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987..... 8:46.45
2. Lahann, Stanley, Hume, Barber, 2004..... 8:48.87
3. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989 8:49.38
4. Flood, Dlh, L. Hardesty, Docherty, 2009 8:53.91
5. Armstrong, Stanley, Laney, Hume, 2005 8:54.27
6. O'Brien, Camarigg, Williams, Stormo, 1981 8:54.36
7. Flood, Melander, Praska, Hardesty, 2010..... 8:54.45
8. Drapcho, Schlader, Williams, Stormo, 1980 8:56.14
9. Drapcho, Mitchell, Schlader, Stormo, 1979 8:57.24
10. Lahann, Hume, Thompson, Barber, 2003..... 9:02.58

Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989 11:22.18
2. Armstrong, Alexander, Poncé, Stanley, 2007 11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005..... 11:34.04
4. Barber, Williams, Hume, Arens, 2004..... 11:34.56
5. Thompson, Williams, Hume, Arens, 2003 11:39.02
6. 2000..... 11:39.83
7. Schrulle, Erickson, **Placzek**, Eilers, 2012..... 11:40.57
8. Davenport, xx, xx, xx, 1981 11:41.44
9. Pare, Grant, Benning, Gilchrist, 1997..... 11:41.92
10. Dlh, Erickson, Docherty, Anderson, 2010..... 11:43.06

6,400-Meter Relay

1. Flood, Melander, A. Hardesty, L. Hardesty, 2010 19:05.63
2. Nukuri, Marchand, Henize, Armstrong, 2008..... 19:15.42
3. Flood, Laesch, Ranegar, Melander, 2012..... 19:16.73
4. Flood, Eilers, Melander, L. Hardesty, 2011 19:17.52
5. Flood, Melander, A. Hardesty, Eilers, 2009..... 19:36.43
6. Scott, **Gordon**, Schrulle, Gambrall, 2013..... 19:41.15
7. Chapple, Laney, Donlon, Sokol, 2005 20:39.12
8. Arens, Barber, Butler, Roberts, 2001..... 20:40.89
9. Benning, Boland, Fleck, Coleman, 1995 20:43.07
10. Arens, Sokol, Barber, Donlon, 2003 20:48.08