



IOWA FIELD HOCKEY

AT OHIO STATE / MIAMI (OHIO) - COLUMBUS, OXFORD, OHIO

2013 SCHEDULE (8-5, 1-2)

8/30 vs. Bucknell	W, 3-1
9/1 at Lafayette College.....	W, 3-0
9/7 #18 Wake Forest^	W, 2-0
9/8 #1 North Carolina^	L, 3-1
9/13 Central Michigan	W, 7-1
9/15 #10 Stanford.....	L, 2-0
9/21 vs. Drexel.....	L, 2-1
9/22 at Kent State.....	W, 6-0
9/27 at #12 Northwestern*!	L, 4-3
10/5 at #19 Michigan*	L, 3-2
10/7 Missouri State.....	W, 7-1
10/11 Indiana*	W, 5-1
10/13 Pacific.....	W, 7-2
10/18	.. at Ohio State*	2 p.m.
10/20	.. at Miami (Ohio)	11 a.m.
10/25 Penn State*!.....	2 p.m.
10/27 UC Davis	1 p.m.
11/2 Michigan State*	1 p.m.

Big Ten Tournament (Columbus, Ohio)		
11/7 First Round!.....	TBA
11/8 Semi Finals!.....	TBA
11/10 Final!	TBA

NCAA Tournament (TBA)		
11/16 First Round	TBA
11/17 Second Round	TBA

All games listed are Central
 ^ Big Ten/ACC Challenge
 * Big Ten Conference Games
 ! Televised by Big Ten Network
 # Streamed live on BTN.com

RANKINGS

No.	Team	Points
1.	Maryland (14-0)	698
2.	Connecticut (12-1)	636
3.	*North Carolina (10-2)	635
4.	Syracuse (12-1)	625
5.	*Penn State (10-3)	527
6.	Virginia (14-3)	523
7.	Boston College (11-3)	489
8.	Duke (10-3)	482
9.	Princeton (7-4)	400
10.	Massachusetts (10-4)	337
11.	*Northwestern (11-3)	329
12.	Albany (12-2)	319
13.	*Stanford (10-3)	311
14.	*Wake Forest (8-5)	221
15.	Old Dominion (7-6)	180
16.	Temple (10-4)	166
17.	Louisville (10-4)	155
18.	IOWA (8-5)	116
19.	*Michigan (8-6)	83
20.	*Drexel (9-4)	66

* - 2013 Opponent

THIS WEEK

The 18th-ranked University of Iowa field hockey team continues action with a pair of games on the road this weekend. The Hawkeyes will first take on Ohio State on Friday at 2 p.m. (CT), followed by a match at Miami (Ohio) on Sunday at 11 a.m. (CT).

HEMEON, NORLANDER NAMED BIG PLAYERS OF WEEK

Iowa junior Dani Hemeon and freshman Stephanie Norlander have earned Big Ten Offensive Player of the Week and Freshman of the Week, respectively, the conference announced Tuesday. The weekly honor is the first of Hemeon's career, while this is the second honor for Norlander. She earned Freshman of the Week honors on Sept. 24. Hemeon exploded offensively last weekend for the Hawkeyes, scoring four goals in two games, including a hat trick in the 5-1 win against Big Ten foe Indiana (Oct. 11). Hemeon's hat trick was the first by a Hawkeye since sophomore Natalie Cafone accomplished the feat at Kent State on Sept. 22. Hemeon is second on the team in points with 22, including 10 goals. Norlander was a big part of Iowa's two victories over the weekend, scoring a goal on three shots. Norlander scored the opening goal against Pacific (Oct. 13), which helped set the tone early. Iowa went on to beat Pacific, 7-2. Norlander is fourth on the team in points with 12, including six goals. Iowa has won four Player of the Week awards this season. Cafone was named Offensive Player of the Week on Sept. 24.

SCOUTING OHIO STATE

Ohio State holds a 4-8 record overall and an 0-2 conference record heading into Friday's contest. The Buckeyes last win came on Oct. 6 when they defeated in-state rival Ohio, 2-1. Ohio State is led by head coach Anne Wilkinson. Wilkinson is in her 18th season at the helm of the program. On the field, the Buckeyes are led by sophomore Peanut Johnson. Johnson leads the team with 17 points, including eight goals.

SCOUTING MIAMI (OHIO)

Miami (Ohio) is 7-6 overall and posts a 1-0 conference record. The Redhawks have won two-straight games, their most recent a 7-0 victory over Ball State. Miami (Ohio) is led by head coach Inako Puzo. Puzo is in his second year at the helm of Redhawk field hockey. On the field, Miami (Ohio) is led by Valentina Neira who leads the team with 15 points including five goals.

HAWKEYES TAKE DOWN INDIANA

Iowa defeated Indiana, 5-1, on Oct. 11 at Grant Field. The Hawkeyes did not waste time as junior Dani Hemeon opened up the scoring at the 5:50 mark. Hemeon buried the shot from the top of the circle, scoring off a corner feed from seniors Niki Schultheis and Kelsey Mitchell. Indiana fought back and evened the score as Mariella Grote scored a goal while sliding to the ground at the 21:24 mark. The game did not stay tied for long as roughly 10 minutes later sophomore Natalie Cafone scored her team-leading 11th goal of the season to put the Hawkeyes back on top. It was all Iowa in the second half as Hemeon scored her second and third goals of the game for her first hat trick of the season. It also marked Iowa's first hat trick since Cafone accomplished the feat on Sept. 22 at Kent State. Hemeon scored unassisted at the 45 minute mark, and then blasted home her third goal of the afternoon from the top of the circle at the 67:23 minute mark. Mitchell put the game out of reach, scoring at the 69:29 mark to make the final score, 5-1.

IOWA ROUTS PACIFIC

Iowa utilized a five-goal first half on its way to a 7-2 victory over Pacific on Oct. 13 at Grant Field. The Hawkeyes had an explosive first half on offense, netting five goals in the opening period. Freshman Stephanie Norlander got things started for the Hawkeyes, scoring at the 2:28 mark off a feed from sophomore Natalie Cafone. A minute later, it was Cafone taking the ball coast-to-coast, scoring the second goal for the home team. Junior Dani Hemeon scored the third goal of the day for the Hawkeyes off a deflection in front of the net. Senior Aubrey Coleman added to Iowa's lead at the 19:50 mark of the first half, scoring an unassisted goal. Cafone finished off the scoring in the opening period for the Hawkeyes, netting her second goal of the day to put Iowa on top, 5-0. Following the intermission, Emily Tregoning opened the scoring for Pacific, but Iowa responded with back-to-back goals as senior Kelsey Mitchell scored off a feed from Cafone at the 43:16 mark. Senior Marike Stribos then scored on a penalty stroke to put Iowa on top, 7-1. Kyleigh Morrison of Pacific scored the final goal of the day for the Tigers to make the final score, 7-2.

BIG TEN STANDINGS

	Conf.	Over.
Penn State	3-0	10-3
Michigan State	3-0	7-7
Northwestern	2-1	11-3
IOWA	1-2	8-5
Michigan	1-2	8-6
Indiana	0-3	7-6
Ohio State	0-2	4-8

2013 ROSTER

1	Chandler Ackers	Fr.
2	Aubrey Coleman	Sr.
7	Sophie Plasteras	Fr.
8	Stephanie Norlander	Fr.
9	Natalie Cafone	So.
10	Sara Watro	Jr.
11	Brynn Gitt	Jr.
12	Kelsey Mitchell	Sr.
14	Marika Stribos	Jr.
16	Jessy Silfer	Fr.
17	Danielle Peirson	RS Jr.
18	Karli Johansen	Sr.
19	Dani Hemeon	Jr.
21	Isabella Licciardello	So.
22	Ali Campos	Fr.
28	Kelsey Boyce	RS Sr.
44	Alexandra Pecora	Fr.
49	Niki Schultheis	Sr.
54	Liz Leh	So.

ATHLETIC COMMUNICATIONS

Jimmy Novak
Field Hockey Contact



Area Code (319)
Office Phone..... 335-9411
FAX 335-9417
Press Box Number 319-215-7503
E-mail james-r-novak@uiowa.edu

MEDIA INFORMATION

PRACTICE ATTENDANCE - All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform Jimmy Novak of their intention to attend practice. The Hawkeyes practice daily from 2:30-5 p.m. at Grant Field.

PLAYER INTERVIEWS - All player interviews are coordinated through Jimmy of the sports information office. Please contact Jimmy (319-335-9411) so that he may set a time which does not interfere with the student-athlete's academic or practice schedules.

HEMEON NETS HAT TRICK

Junior Dani Hemeon netted her first hat trick of the season against Indiana on Oct. 11 at Grant Field. The hat trick was the second by a Hawkeye this season as Natalie Cafone accomplished this feat on Sept. 22 against Kent State. Hemeon is second on the team in points with 22, including 10 goals.

3 HAWKEYES COMPETE IN PAN AMERICAN CUP

Iowa freshman Stephanie Norlander and former Hawkeye All-Americans Jessica Barnett and Meghan Beamesderfer competed in the 2013 Pan American Cup, Sept. 21-28, in Mendoza, Argentina. Norlander and Barnett represent ed-Canada, while Beamesderfer played for the United States National Team. Beamesderfer earned a silver medal as the United States placed second, while Norlander and Barnett received bronze medals for a third place finish with Team Canada. Norlander was the youngest player on Team Canada.

HAWKEYES DANCING AGAIN

Iowa garnered an at-large bid to the NCAA Tournament for the second-straight season last year, earning back-to-back bids for the first time since 2007-08. The Hawkeyes fell in the first round of the tournament at No. 7 Virginia, 3-2.

HAWKEYES ON BTN

The Big Ten Network will be airing at least two Hawkeye contests this season. Iowa appeared on BTN on Sept. 27 at Northwestern. The Hawkeyes host Penn State, Oct. 25, at 2 p.m. (CT) at Grant Field in another BTN game. In addition, home matches against Stanford (9/15), Missouri State (10/7), Indiana (10/11), and Pacific (10/13) were shown on the Big Ten Digital Network.

IOWA IN THE NCAA TOURNAMENT

The Hawkeyes were selected to the NCAA Tournament last year for the sixth time in nine years, and for the 22nd time in program history -- the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-23 all-time in tournament play, including 9-5 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

IOWA NEWCOMERS

The Black and Gold feature six freshmen on the 2013 roster. Jessy Silfer and Chandler Ackers have both seen action in the backfield. Ali Campos, Stephanie Norlander, and Sophie Plasteras have contributed to the Hawkeye forward line. Freshman goal keeper Alexandra Pecora earned her first career win on Oct. 7 against Missouri State.

LOOKING AHEAD

The Hawkeyes return home and host No. 5 Penn State on Oct. 25 at 2 p.m. (CT), followed by a match against UC Davis on Oct. 27 at 1 p.m. (CT). Action against Penn State can be seen live on Big Ten Network.

HAWKEYES ON WATCH LIST

Three University of Iowa field hockey players -- Karli Johansen, Niki Schultheis, and Marika Stribos -- appear on the 2013 Big Ten Field Hockey Players to Watch List.

Johansen, a senior from North Vancouver, Canada, has

played in 59 career games and made 54 starts for the Hawkeyes. She was named to the Big Ten All-Tournament team as a sophomore and junior. Johansen was selected to the Canadian Women's National Team in April. Johansen, who served as captain of the Canadian Junior World Cup Team in July, is one of eight Big Ten field hockey standouts also named to the list last season.

Schultheis, a senior from Hamburg, Germany, enters her fourth year as a starter for the Hawkeyes. Schultheis started all 21 games and posted a career-high 10 assists in 2012. The 10 assists marked the second-highest total on the team and ranked 10th in the Big Ten. Schultheis is a two-time Academic All-Big Ten honoree and a three-time NFCA National Academic Squad member.

Stribos, a senior from Brussels, Belgium, has played in 62 career games for the Hawkeyes with 61 career starts. Last season as a junior, Stribos was named a Longstreth/NFCA First Team West Region All-American, in addition to being a second team All-Big Ten selection. She is a two-time Academic All-Big Ten honoree and a three-time NFCA National Academic Squad member.

DR. GRANT SELECTED TO NFCA HALL OF FAME

Former University of Iowa women's athletic director Dr. Christine H.B. Grant has been selected to the NFCA Hall of Fame. Grant joins Virginia head coach Michele Madison, a former Iowa assistant (1982-89), and Ursinus College head coach Laura Moliken in the Class of 2013.

A pioneer in intercollegiate athletics in the United States, Grant became the first women's athletics director at the University of Iowa in 1973. In her 27 years at the helm of a separate Women's Athletic Department, Grant helped coaches develop highly competitive teams at the national level and at the conference level where they won 27 Big Ten Conference titles. A native of Scotland, Grant has earned national acclaim for her dedication to gender equity in athletics. She has testified on Title IX and Gender Equity before several U.S. House of Representatives Subcommittees and has served as an expert witness in many Title IX lawsuits. She served as President of both the AIAW and the NACWAA.

She was given an Honorary Doctorate of Humane Letters by Luther College and also by the University of Northern Iowa and named one of the 100 Most Influential Sports Educators in America by the Institute of International Sport.

Iowa's home facility -- Grant Field -- is named in honor of Grant, the founder of Iowa field hockey.

FOLLOW THE HAWKEYES ON FACEBOOK AND TWITTER

Become fans of the official Iowa Field Hockey fan page by going to facebook.com/iowafieldhockey to follow the Hawkeyes on Facebook. Fans can also follow the Black and Gold on Twitter and Instagram (@iowafieldhockey).