

THE UNIVERSITY OF IOWA



HAWKEYE ROWING

Rowing Contact: Amber Gartner

Oct. 6, 2003

Schedule

Fall 2003

at Milwaukee Challenge 2 Titles
(Milwaukee, WI)
at Head of Des Moines 4 Titles
(Des Moines, IA)
10/12 Head of the Rock
(Rockford, IL)
10/18-19 Head of the Charles
(Boston, MA)
10/26 Head of the Iowa
(Iowa City, IA)

Spring 2004

3/19-21 at Longhorn Invitational
(Austin, TX)
3/27 Kansas State
(Iowa City, IA)
4/2-3 at San Diego Crew Classic
(San Diego, CA)
4/10 Wisconsin
(Iowa City, IA)
4/17 Indiana & Ohio State
(Bloomington, IN)
5/1 Big Ten Championships
(Iowa City, IA)
5/15-16 Central Regionals
(Oak Ridge, TN)
5/28-30 NCAA Championships

Iowa Quickfacts

Head Coach Mandi Kowal
Assistant Coaches Wendy Wisheart
..... Laura Macfarlane
2003 Big Ten Finish Fourth

Sports Information

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HAWKEYES TRAVEL TO HEAD OF THE ROCK

THIS WEEK: The University of Iowa rowing team will travel to Rockford, IL, Sunday for the 18th annual Head of the Rock Regatta. The Rockford YMCA Rowing Club hosts the Regatta, which is held on the Rock River. Racing is scheduled to begin at 8:45 a.m.

THE COMPETITION: The Hawkeyes will be competing against several strong teams, including Wisconsin, Notre Dame and Minnesota. With only one remaining competition until the Head of the Charles, the world's largest two-day rowing event, the Head of the Rock is the last chance for the Hawkeyes to practice and prepare.

LAST WEEK: The Hawkeyes dominated all varsity events at the Head of the Des Moines Regatta. The **Iowa A** boat captured first place in the Varsity 8+ with a time of 17:50. The **Iowa B** boat came in fourth with a time of 18:30. In the Varsity 4+, the **Iowa A** boat, comprised of **Lori Rehel, Megan Manijak, Lydia McGee, Michelle Trannel,** and **Kathleen Lehman,** finished first with a time of 19:13. The varsity pair of **Megan Manijak** and **Lydia McGee** captured first place in the Varsity 2- with a time of 21:03.

HEAD COACH: **Mandi Kowal** is in her tenth year as head coach of the Hawkeyes. Her most recent accomplishments include leading Iowa to the NCAA Championship meet three of the past seven years. Kowal was a two-time rowing World Champion in the Women's Lightweight Four without coxswain in 1986 and 1987. She was named "Female Athlete of the Year" in 1987 by the US Rowing Association and was inducted into the United States Rowing Hall of Fame in 1997.

NEXT COMPETITION: The Hawkeyes will travel to Boston, MA to compete at the Head of the Charles Regatta on October 18-19.