



IOWA FIELD HOCKEY

BIG TEN TOURNAMENT

2014 SCHEDULE

(11-6, 4-4)

8/30 vs. #11 Wake Forest^ W, 4-1
8/31 at #2 North Carolina^ L, 1-4
9/4 #6 Virginia W, 4-3
9/11 vs. UC Davis W, 3-1
9/12 at #8 Stanford L, 1-2 (OT)
9/14 at Pacific W, 5-1
9/21 at Rutgers* W, 3-0
9/26 #17 Indiana*! W, 4-1
9/28 Missouri State W, 7-0
10/3 Ball State W, 8-0
10/5 #11 Northwestern* L, 1-3
10/10 #14 Michigan* L, 1-3
10/12 Miami (Oh) W, 3-1
10/17 at Michigan State* L, 0-2
10/19 at Ohio State* W, 4-2
10/25 #4 Penn State* W, 4-0
11/1 at #2 Maryland* L, 1-4

Big Ten Tournament (Ann Arbor, Mich.)

11/6 Northwestern 4:30 p.m.
11/7 Semifinals*! TBA
11/9 Final*! TBA

NCAA Tournament (TBA)

11/15	... First Round TBA
11/16	... Second Round TBA
11/21	... Semifinals TBA
11/23	... Championship TBA

All games listed are Central

^ ACC/Big Ten Challenge

* Big Ten Conference Games

! Televised by Big Ten Network

Streamed live on BTN.com

RANKINGS

No.	Team	Points
1.	North Carolina	767
2.	Maryland	748
3.	Connecticut	671
4.	Stanford	649
5.	Penn State	609
6.	Syracuse	546
7.	Duke	514
8.	Louisville	457
9.	Boston College	440
10.	Northwestern	424
11.	Wake Forest	387
12.	Michigan	353
13.	Virginia	315
14.	Albany	284
15.	Iowa	244
16.	Temple	210
17.	Old Dominion	167
18.	Northeastern	156
19.	Michigan State	72
20.	Boston University	56

* - 2014 Opponent

THIS WEEK

The 15th-ranked University of Iowa field hockey team has earned the No. 6 seed in the 2014 Big Ten Tournament. Iowa (11-6, 4-4) will face No. 10 and third-seeded Northwestern (13-6, 6-2) on Thursday at 4:30 p.m. (CT) in Ann Arbor, Michigan. The winner of Thursday's contest advances to face Michigan/Rutgers in the second semifinal Friday at 2:45 p.m.

TOURNAMENT COVERAGE

Live streamed coverage of all four quarterfinal matches will be available on BTN Plus. BTN and BTN2Go will provide live coverage of the semifinals on Friday. The championship game will air live at noon (CT) on Sunday, Nov. 9. Follow all the Big Ten Tournament action at bigten.org and on Twitter @bigtenchamps.

HAWKEYES BIG TOURNAMENT HISTORY

The Hawkeyes have won three of the last eight Big Ten Tournaments, winning three-straight from 2006-2008. Iowa is one of three schools that have claimed at least five championships (1981, 1994, 2006, 2007, 2008), joining Penn State and Michigan. Penn State is the only other school to win three-straight titles. Iowa is 29-16 (.644) all-time in conference tournament play, which marks the most tournament wins for any Big Ten school.

Iowa holds a number of Big Ten Tournament records. Anne-Marie Thomas and Vicki Sax are tied for the most goals (4) in one game. Thomas holds the record for most points (9) in one game. As a team, the Hawkeyes hold the mark for most goals in a game (8, against Indiana in 2007) and most goals in a tournament (15, in 2007).

SCOUTING NO. 10 NORTHWESTERN

Tracey Fuchs enters her sixth season at the helm of the Northwestern field hockey program. Fuchs led the Wildcats to a 13-6 regular season record with a 6-2 mark in Big Ten play. Dominique Masters paces the Northwestern offense with 31 points on 12 goals and seven assists. Maddy Carpenter (13-6) has started 18-of-19 games for the Wildcats, collecting 63 saves while surrendering 24 goals.

WE MEET AGAIN

Iowa last met the Wildcats in the regular season on Oct. 5, at Grant Field. The Hawkeyes finished that game on the wrong end of a 3-1 decision that favored Northwestern. Natalie Cafone scored the Hawkeyes' lone goal.

IN THE RANKINGS

The University of Iowa ranks 15th in the 2014 Penn Monto/National Field Hockey Coaches Association (NFHCA) Division I Poll. The Hawkeyes garnered 244 points in the rankings. Iowa has been ranked each week (43 weeks) in the poll dating back to Sept. 6, 2011. Iowa is one of six Big Ten Conference schools in the rankings along with Maryland (No. 2), Penn State (No. 5), Northwestern (No. 10), Michigan (No. 12), and Michigan State (No. 19).

IOWA SITS NO. 17 IN RPI RANKINGS

The Rating Percentage Index, commonly known as the RPI, is a quantity used to rank teams based upon a team's wins and losses and its strength of schedule. Released Nov. 4, the Hawkeyes landed a No. 17 national ranking.

HAWKEYES IN THE NATIONAL RANKINGS

Natalie Cafone -- the reigning 2013 national points leader -- ranks fourth nationally, and leads the Big Ten in goals per game (1.06). The Fairfield, New Jersey native also ranks sixth nationally in points per game (2.47). Sophomore Stephanie Norlander ranks 10th nationally in goals per game (.88). The Hawkeyes rank 10th nationally as a team in goals per game (3.18).

HEMEON NAMED TO NFHCA DIVISION I SENIOR GAME

University of Iowa senior midfielder Dani Hemeon has been selected to compete in the 2014 National Field Hockey Coaches Association Division I Senior Game. Karli Johansen played in the even last year, while Jessica Barnett and Kathleen McGraw were selected in 2012. The Senior Game will be played Saturday, Nov. 22, at the University of Maryland in College Park, Maryland, beginning at 3 p.m. (CT).

BIG TEN STANDINGS

	Conf.	Over.
Maryland	7-1	16-2
Northwestern	6-2	13-6
Michigan	6-2	12-6
Penn State	5-3	14-4
IOWA	4-4	11-6
Michigan State	4-4	10-8
Rutgers	2-6	9-9
Indiana	1-7	9-8
Ohio State	1-7	6-11

2014 ROSTER

00	Katie Jones	Fr.
1	Chandler Ackers	So.
2	Torie Berkel	Fr.
4	Pommeline Korstanje	Fr.
5	JoElla Guagliardo	Fr.
6	Mallory Lefkowitz	Fr.
7	Sophie Plasteras	So.
8	Stephanie Norlander	So.
9	Natalie Cafone	Jr.
10	Sara Watro	Sr.
11	Brynn Gitt	Sr.
12	Taylor Omweg	Fr.
13	Emily George	Fr.
16	Jessy Silfer	So.
17	Mackenzie Sapp	Fr.
19	Dani Hemeon	Sr.
20	Veronique Declercq	Fr.
21	Isabella Licciardello	Jr.
24	Melissa Progar	Fr.
44	Alexandra Pecora	So.
54	Liz Leh	Jr.

ATHLETIC COMMUNICATIONS

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MEDIA INFORMATION

PRACTICE ATTENDANCE - All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform Ben Schmitz of their intention to attend practice. The Hawkeyes practice daily from 2:30-5 p.m. at Grant Field.

PLAYER INTERVIEWS - All player interviews are coordinated through Ben Schmitz of the sports information office. Please contact Ben (319-335-9411) so that he may set a time which does not interfere with the student-athlete's academic or practice schedules.

CHASING HISTORY

UI junior Natalie Cafone netted the 48th goal of her career on Oct. 25 against No. 4 Penn State. The score propelled Cafone into the UI program's all-time top-10 scoring list. Cafone joins her former high school coach Diane DeMiro Simmons who scored 48 goals from 1993-96.

PECORA NAMED DEFENSIVE PLAYER OF THE WEEK

For the first time in her career, sophomore goalkeeper Alexandra Pecora was named Big Ten Defensive Player of the Week on Oct. 28. The Marlton, New Jersey, native tallied four saves in a 70-minute effort in the Hawkeyes 4-0 shutout over No. 4 Penn State on Oct. 25.

HAT TRICKS

Three Hawkeyes -- Natalie Cafone, Dani Hemeon and Stephanie Norlander -- have scored hat tricks in the 2014 season. Junior Natalie Cafone's came against No. 6 Virginia on Sept. 4, in a 4-3 win at home. Sophomore Stephanie Norlander registered her first one in the opening 12 minutes in the win over Missouri State on Sept. 28 in Iowa City. Norlander and Hemeon both achieved the scoring accomplishment on Oct. 3rd against Ball State. The last time two Hawkeyes scored a hat trick in the same game came against Saint Louis on Sept. 19, 2009 when Jess Werley and Tricia Dean each scored a trio of goals in Iowa's 12-0 win over the Billikens.

CAFONE NAMED B1G PLAYER OF THE WEEK

Junior Natalie Cafone was named Big Ten Offensive Player of the Week on Sept. 9. Cafone paced Iowa's offensive attack with three goals on five shots in a 4-3 win over No. 6 Virginia in Iowa's home opener on Sept. 4. This marked Cafone's second Big Ten Player of the Week honor (Sept. 24, 2013).

NORLANDER NAMED B1G PLAYER OF THE WEEK

Sophomore Stephanie Norlander was named Big Ten Offensive Player of the Week on Sept. 30. Norlander paced Iowa's offensive attack with a combined five goals on 12 shots over two games, which included a hat trick in the opening 12 minutes against Missouri State.

ALL-AMERICANS

Natalie Cafone and Dani Hemeon were named 2013 Longstreth/NFHCA Division I All-Americans. Cafone was named to the second team, while Hemeon garnered third team honors. Cafone and Hemeon are the 84th and 85th national All-Americans in program history. Only four programs nationally have had more.

CAFONE STEPS UP

Junior Natalie Cafone was named the University of Iowa's 2014 Female Athlete of the Year. The Fairfield, N.J., native was the NCAA statistical champion for points per game in 2013, leading the nation in points per game (2.48) the first Hawkeye to lead nation in points per game since Kristy Gleason in 1992 (3.95). Cafone was named to the NFHCA Division I All-America second team, NFHCA West Region All-America first team, All-Big Ten first team and the All-Big Ten tournament team. Cafone has scored 40 goals over her last 37 games.

IOWA NEWCOMERS

The Black and Gold feature 10 freshmen on the 2014 roster. Taylor Omweg and Veronique Declercq both see action in the backfield. Torie Berkel, JoElla Guagliardo and Mallory Lefkowitz are contributing to the Hawkeye forward line. Pommeline Kortanje, Emily George, Mackenzie Sapp and Melissa Progar each add to the midfielder's depth. Freshman goalkeeper Katie Jones rounds out the Hawkeye newcomers.

ROSTER BREAKDOWN

21 student-athletes on the UI field hockey roster:
- 10 freshmen
- Five sophomores
- Three juniors
- Three seniors

Four members of the Iowa roster were also teammates in high school. Sophie Plasteras and Stephanie Norlander played alongside one another at Handsworth Secondary in North Vancouver, Canada, while Taylor Omweg and Melissa Progar competed for Tabb High School in Yorktown, Va.

IOWA AT GRANT FIELD

The Hawkeyes own an overall home record of 145-48, a conference record of 62-27 at home, and an 11-2 record in NCAA Tournament games played in Iowa City.

HAWKEYES IN THE NCAA TOURNAMENT

The Hawkeyes have been selected to the NCAA Tournament 22 times in program history -- the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-23 all-time in tournament play, including 9-5 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

HAWKEYES SELECTED TO U.S. NATIONAL TEAM

Junior Natalie Cafone and former UI All-American Lauren Pfeiffer were selected to the 2014-15 U.S. Women's National Team. Pfeiffer, a member of the U.S. National Team since 2009 who has earned 66 caps, was a two time All-American at Iowa. During her career, Pfeiffer earned all-region honors three times, first-team All-Big Ten honors twice, and was named the Big Ten Tournament MVP twice.

NATIONAL ACADEMIC HONORS

The University of Iowa field hockey team was awarded the 2013 Gladiator SGI/NFHCA Division I National Academic Team Award. The National Academic Team Award recognizes those institutions that have achieved a team GPA of 3.0 or higher during the first semester of the 2013-14 academic year. Brynn Gitt and Jessy Silfer were named 2013 Gladiator SGI/NFHCA Division I Scholars of Distinction. The honor is awarded to student-athletes who achieved a cumulative GPA of 3.90 or higher through the first semester of the 2013-14 academic year.

FOLLOW THE HAWKEYES

Become fans of the official Iowa Field Hockey fan page by going to [facebook.com/iowafieldhockey](https://www.facebook.com/iowafieldhockey) to follow the Hawkeyes on Facebook. Fans can also follow on Twitter: @iowafieldhockey



IOWA FIELD HOCKEY

SEASON STATS

Iowa Field Hockey IOWA Combined Team Statistics (as of Nov 01, 2014) All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	11-6	6-2	3-4	2-0
CONFERENCE	4-4	2-2	2-2	0-0
NON-CONFERENCE	7-2	4-0	1-2	2-0

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	ps-att	dsv
Aug 30	vs #11 Wake Forest	w 4-1	405	9	Cafone, Natalie	17	18	6	42	65	.277	47	.723	3	0-0	0
Aug 31	at #2 North Carolina	L 1-4	457	8	Norlander, Stephanie	17	15	4	34	63	.238	35	.556	4	0-0	0
Sep 04	#6 VA	w 4-3	117	19	Hemeon, Dani	17	8	4	20	70	.114	37	.529	2	0-0	5
09/11/14	vs UC Davis	w 3-1	67	10	Watro, Sara	17	4	2	10	8	.500	7	.875	0	0-0	0
Sep 12	at #8 Stanford	Lot 1-2	304	6	Lefkowitz, Mallory	17	3	3	9	6	.500	5	.833	1	0-0	0
Sep 14	at PACIFIC	w 5-1	107	7	Plasteras, Sophie	15	2	0	4	7	.286	6	.857	0	0-0	0
* Sep 21	at Rutgers	w 3-0	266	1	Ackers, Chandler	17	2	7	11	6	.333	2	.333	1	0-0	0
* Sep 26	#17 INDIANA	w 4-1	198	13	George, Emily	5	1	0	2	1	1.000	1	1.000	0	0-0	0
Sep 28	MISSOURI STATE	w 7-0	384	16	Silfer, Jessy	17	1	0	2	4	.250	2	.500	0	0-0	0
Oct 03	BALL STATE	w 8-0	198	54	Leh, Liz	15	0	0	0	3	.000	1	.333	0	0-0	0
* Oct 05	#11 NORTHWESTERN	L 1-3	238	2	Berkel, Torie	2	0	0	0	0	.000	0	.000	0	0-0	0
* Oct 10	#14 MICHIGAN	L 1-3	223	00	Jones, Katie	3	0	0	0	0	.000	0	.000	0	0-0	0
Oct 12	MIAMI(OHIO)	w 3-1	180	24	Progar, Melissa	17	0	0	0	3	.000	2	.667	0	0-0	0
* Oct 17	at Michigan State	L 0-2	212	21	Licciardello, I.	17	0	0	0	3	.000	3	1.000	0	0-0	0
* Oct 19	at Ohio State	w 4-2	331	20	Declercq, Veronique	13	0	1	1	10	.000	2	.200	0	0-0	0
* Oct 25	#4 PENN STATE	w 4-0	335	12	Omweg, Taylor	17	0	0	0	2	.000	1	.500	0	0-0	0
* Nov 1	at #2 Maryland	L 1-4	557	11	Gitt, Brynn	17	0	0	0	6	.000	2	.333	0	0-0	0
				5	Guagliardo, JoElla	5	0	0	0	0	.000	0	.000	0	0-0	0
				4	Korstanje, Pommeline	17	0	2	2	4	.000	2	.500	0	0-0	0
				17	Sapp, Mackenzie	5	0	0	0	3	.000	2	.667	0	0-0	0
					Total	17	54	29	137	264	.205	157	.595	11	0-0	5
					Opponents	17	28	24	80	200	.140	108	.540	6	1-1	2

TEAM STATISTICS IOWA OPP

SHOT STATISTICS	IOWA	OPP
Goals-Shot attempts	54-264	28-200
Goals scored per game	3.18	1.65
Shot pct.	.205	.140
Shots on goal-Attempts	157-264	108-200
SOG pct.	.595	.540
Shots/Game	15.5	11.8
PENALTY CORNERS	112	105
PENALTY STROKES	0-0	1-1
PENALTIES		
Green cards	16	13
Yellow cards	3	2
Red cards	0	0
ATTENDANCE		
Total	1873	2234
Dates/Avg Per Date	8/234	7/319
Neutral Site #/Avg	2/236	

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
00	Jones, Katie	2	82:59	0	0.00	4	1.000	1-0-0	1/1
44	Pecora, Alexandra	16	1115:39	28	1.76	71	.717	10-6-0	2/1
	Total	17	1198:38	28	1.64	80	.741	11-6-0	4
	Opponents	17	1198:38	54	3.15	103	.656	6-11-0	1

Goals by Period	1st	2nd	OT	Total
IOWA	31	23	0	54
Opponents	15	12	1	28

Shots by Period	1st	2nd	OT	Total
IOWA	112	152	0	264
Opponents	101	98	1	200

Saves by Period	1st	2nd	OT	Total
IOWA	39	41	0	80
Opponents	31	72	0	103

Corners by Period	1st	2nd	OT	Total
IOWA	43	69	0	112
Opponents	50	53	2	105





IOWA FIELD HOCKEY

BIG TEN STATS

Iowa Field Hockey IOWA Combined Team Statistics (as of Nov 04, 2014) Conference games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	4-4	2-2	2-2	0-0
CONFERENCE	4-4	2-2	2-2	0-0
NON-CONFERENCE	0-0	0-0	0-0	0-0

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	qw	ps-att	dsv
* Sep 21	at Rutgers	w 3-0	266	9	Cafone, Natalie	8	7	1	15	29	.241	22	.759	2	0-0	0
* Sep 26	#17 INDIANA	w 4-1	198	8	Norlander, Stephanie	8	5	2	12	27	.185	13	.481	1	0-0	0
* Oct 05	#11 NORTHWESTERN	L 1-3	238	1	Ackers, Chandler	8	2	3	7	2	1.000	2	1.000	1	0-0	0
* Oct 10	#14 MICHIGAN	L 1-3	223	19	Hemeon, Dani	8	2	2	6	29	.069	16	.552	0	0-0	4
* Oct 17	at Michigan State	L 0-2	212	6	Lefkowitz, Mallory	8	1	1	3	1	1.000	1	1.000	0	0-0	0
* Oct 19	at Ohio State	w 4-2	331	10	Watro, Sara	8	1	1	3	4	.250	3	.750	0	0-0	0
* Oct 25	#4 PENN STATE	w 4-0	335	16	Silfer, Jessy	8	0	0	0	1	.000	0	.000	0	0-0	0
* Nov 1	at #2 Maryland	L 1-4	557	7	Plasteras, Sophie	7	0	0	0	1	.000	1	1.000	0	0-0	0

TEAM STATISTICS	IOWA	OPP
SHOT STATISTICS		
Goals-Shot attempts	18-110	15-107
Goals scored per game	2.25	1.88
Shot pct.	.164	.140
Shots on goal-Attempts	66-110	58-107
SOG pct.	.600	.542
Shots/Game	13.8	13.4
PENALTY CORNERS	55	46
PENALTY STROKES	0-0	1-1
PENALTIES		
Green cards	5	4
Yellow cards	0	0
Red cards	0	0
ATTENDANCE		
Total	994	1366
Dates/Avg Per Date	4/248	4/342
Neutral Site #/Avg	0/0	

54	Leh, Liz	7	0	0	0	0	.000	0	.000	0	0.000	0	0.000	0	0-0	0
00	Jones, Katie	1	0	0	0	0	.000	0	.000	0	0.000	0	.000	0	0-0	0
17	Sapp, Mackenzie	1	0	0	0	0	.000	0	.000	0	0.000	0	.000	0	0-0	0
12	Omweg, Taylor	8	0	0	0	1	.000	1	1.000	0	0.000	0	0.000	0	0-0	0
20	Declercq, Veronique	7	0	0	0	9	.000	2	.222	0	0.000	0	0.000	0	0-0	0
21	Licciardello, I.	8	0	0	0	1	.000	1	1.000	0	0.000	0	0.000	0	0-0	0
24	Progar, Melissa	8	0	0	0	2	.000	2	1.000	0	0.000	0	0.000	0	0-0	0
4	Korstanje, Pommeline	8	0	0	0	2	.000	2	1.000	0	0.000	0	0.000	0	0-0	0
11	Gitt, Brynn	8	0	0	0	1	.000	0	.000	0	0.000	0	0.000	0	0-0	0
Total		8	18	10	46	110	.164	66	.600	4	0.000	4	0.000	4	0-0	4
Opponents		8	15	15	45	107	.140	58	.542	4	0.000	4	0.000	1-1	0	0

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
44	Pecora, Alexandra	8	558:36	15	1.88	39	.722	4-4-0	2/0
Total		8	558:36	15	1.88	43	.741	4-4-0	2
Opponents		8	558:36	18	2.26	48	.727	4-4-0	1

Goals by Period	1st	2nd	Total
IOWA	9	9	18
Opponents	7	8	15

Shots by Period	1st	2nd	Total
IOWA	46	64	110
Opponents	56	51	107

Saves by Period	1st	2nd	Total
IOWA	23	20	43
Opponents	17	31	48

Corners by Period	1st	2nd	Total
IOWA	22	33	55
Opponents	26	20	46

