



University of Iowa Volleyball

at Purdue - Oct. 27 - 7 p.m.
at Indiana - Oct. 28 - 7 p.m.

Week Ten

October 23, 2006

University of Iowa Hawkeyes 12-10 (1-9)



Indiana Hoosiers (10-12, 1-9)
Oct. 27, 2006 - 7 p.m.
University Gymnasium
Bloomington, IN

VS.



No. 13 Purdue Boilermakers
Oct. 28, 2006 - 7 p.m.
Intercollegiate Athletics Facility
West Lafayette, IN

This Week • The University of Iowa volleyball team (12-10, 1-9) will head to the state of Indiana this weekend for a pair of Big Ten Conference matches.

Iowa will battle the Indiana Hoosiers Friday night at 7 p.m. in Bloomington, then head to West Lafayette for a game with the No. 13 Purdue Boilermakers Saturday night at 7 p.m.

Hawkeyes on the Web • If you can't make the road trip this weekend, you can still follow all of the action on hawkeyesports.com, where livestats will be available.

To check out the livestats, just click on the "gametracker" link on the schedule page.

Web Conference • Iowa Head Coach **Cindy Fredrick** will be hosting a weekly "Web Conference" every Tuesday this season. She will address a variety of topics, from the state of the team to that week's opponents.

Hawkeye fans can get in on the act and ask Coach Fredrick questions of their own by emailing them to AskCoachFredrick@yahoo.com. The coach will answer as many fan questions as possible.

Last Week • The Hawkeyes dropped a pair of Big Ten Conference matches over the weekend, getting swept by No. 17 Minnesota (30-19, 30-23, 30-24) and falling in four to No. 11 Wisconsin (30-19, 26-30, 30-24, 30-21).

On Friday night, Minnesota pressured Iowa with a relentless attack, out-hitting the Hawkeyes .331 to .123, and had three players with 12 or more kills.

Minnesota led from the opening gun in game one, using five service aces to help take the 30-19 win. The Hawkeyes were able to keep things relatively close and cut the lead to 20-17 before Minnesota went on a six-point run to put the game out of reach.

Game two was another wire-to-wire win for the Gophers, who jumped out to an immediate 5-1 lead, then gradually stretched it through the game. Seven of Jessy Jones's match-high 17 kills came in game two.

In game three, the Gophers looked to sprint to the finish before

2006 Schedule

Date	Opponent	Time
8/25-26	Hawkeye Challenge - 2nd Place	
8/25	Drake	W, 30-25, 30-22, 30-22
8/26	Chicago State	W, 30-11, 30-16, 30-17
8/26	Iowa State	L, 30-28, 30-26, 25-30, 22-30, 5-15
9/1-2	Bluejay Invitational - 1st Place	
9/1	vs. North Dakota St.	W, 30-20, 30-22, 25-30, 32-34, 15-10
9/2	vs. Jacksonville State	W, 30-26, 30-26, 30-22
9/2	vs. Creighton	W, 23-30, 30-27, 30-28, 27-30, 15-13
9/8-9	Hawkeye-Holiday Inn Challenge - 1st Place	
9/8	Tulane	W, 30-23, 30-22, 30-24
9/9	UMKC	W, 30-17, 30-19, 30-18
9/9	Florida Atlantic	W, 27-30, 27-30, 39-37, 30-16, 15-10
9/1-2	College of Charleston Invitational - 1st Place	
9/15	vs. Columbia	W, 30-21, 30-22, 30-27
9/16	vs. Eastern Michigan	W, 26-30, 30-19, 30-25, 30-27
9/16	at College of Charleston	W, 27-30, 30-28, 30-27, 24-30, 15-11
9/22	No. 2 Penn State	L, 25-30, 18-30, 26-30
9/23	No. 9 Ohio State	L, 30-25, 25-30, 24-30, 26-30
9/29	at Northwestern	L, 18-30, 20-30, 25-30
9/30	at Illinois	L, 22-30, 30-24, 21-30, 21-30
10/6	Indiana	W, 30-20, 30-24, 30-23
10/7	No. 9 Purdue	L, 30-28, 26-30, 31-33, 30-28, 11-15
10/13	at Michigan	L, 27-30, 21-30, 19-30
10/14	at Michigan State	L, 21-30, 20-30, 25-30
10/20	No. 17 Minnesota	L, 19-30, 23-30, 24-30
10/21	No. 11 Wisconsin	L, 19-30, 30-26, 24-30, 21-30
10/27	at Purdue	6:00 PM
10/28	at Indiana	6:00 PM
11/3	Illinois	7:00 PM
11/4	Northwestern	7:00 PM
11/10	at Ohio State	6:00 PM
11/11	at Penn State	6:00 PM
11/17	at Wisconsin	7:00 PM
11/18	at Minnesota	7:00 PM
11/24	Michigan State	7:00 PM
11/25	Michigan	7:30 PM

Iowa's Probable Starters

Pos.	No.	Player	G	KPG	APG	DPG	BPG	SA
OH	2	Catherine Smale	79	3.18	0.18	3.09	0.27	15
OH	15	Megan Schipper	55	1.93	0.09	1.15	0.44	6
S	3	Kiley Fister	82	0.57	10.93	2.17	0.34	26
MB	24	Melanie Meister	81	2.88	0.09	0.95	1.14	17
MB	2	Jen Barcus	82	2.50	0.06	0.33	1.01	0
RS	8	Stacy Vitali	13	1.85	0.31	0.46	0.69	0
L	5	Emily Hiza	82	0.02	0.32	4.61	0.00	15



2006 Big Ten Standings

TEAM	BIG TEN	OVERALL
Penn State	10-0 1.000	21-0 1.000
Minnesota	9-1 .900	15-5 .750
Purdue	7-3 .700	17-4 .810
Wisconsin	7-3 .667	15-5 .750
Ohio State	5-5 .500	15-5 .750
Illinois	4-6 .333	13-7 .650
Northwestern	4-6 .400	10-9 .526
Michigan St.	4-6 .400	13-7 .650
Michigan	3-7 .333	16-7 .652
IOWA	1-9 .100	12-10 .545
Indiana	1-9 .100	10-12 .455

2006 Quickfacts

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Iowa on the Web

The media and public can find a valuable and timely source of information about Iowa athletics at its world wide web site. The address for the site is:

hawkeyesports.com

Media Information

PRACTICE ATTENDANCE - All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform Tony Wirt of their intention to attend practice. The Hawkeyes practice daily from 3:30-6:30 p.m. at Carver-Hawkeye Arena.

PLAYER INTERVIEWS - All player interviews are coordinated through Tony Wirt of the sports information office. Please contact Tony (319-335-9411) so that he may set a time for an interview which does not interfere with the student-athlete's academic or practice schedules.

Iowa came clawing back to take its first lead of the match at 16-15. It was short-lived, however, as Minnesota took the next two points to re-claim the lead. Iowa tied things up again at 17-17, but it was as close as it would get. The Golden Gophers took 10-of-the-next-12 points to seal the win.

It looked to be another tough night for the Hawkeyes early Saturday, when Wisconsin controlled game one from the outset and cruised to a 30-19 win. But Iowa came storming back in game two to even the match at 1-1.

Iowa out-blocked Wisconsin 7-4 in the game, while **Catherine Smale** had four kills and hit at a .500 clip. The Hawkeyes took a 4-3 lead on a Badger attack error, and never looked back. Iowa ripped off seven-consecutive points during the match, taking its biggest lead at 19-10. Wisconsin did what it could to get back in the game, but the Hawkeyes had an answer for every rally and a **Stacy Vitali** kill ended things at 30-26.

Game three was a close one, with Wisconsin having to fend off a hungry Iowa team most of the way. A Smale kill cut the lead to two at 18-16, but the Badgers heated up and stretched their lead to nine at 28-19. Iowa wouldn't go quietly, and scored three-straight to force Wisconsin into a timeout. The Badgers came out of the break rejuvenated, and closed out the game, 30-24.

In game four, Iowa jumped out to a 16-10 lead, but Wisconsin took advantage of 11 Hawkeye attack errors and outscored Iowa 20-5 to end the game and take the match.

Scouting Indiana • The Indiana Hoosiers come into the week with a 10-12 record and a 1-9 record in the Big Ten Conference. Indiana will play Purdue Wednesday night in West Lafayette.

The Hoosier offense is led by outside hitter Erica Short, who is averaging 4.43 kills per game - good for fifth in the Big Ten. She has slowed down a bit during conference play, but still averages a team-best 3.83 kills per game.

The Hoosiers use a pair of setters. Gabrielle Regas leads the way with 6.33 assists per game, while Caitlin Watts averages 5.72 assists per game.

On defense, Annie Moddrell leads the way with 1.21 blocks per game, while libero Juli Pierce has 3.38 digs per game.

Indiana is coached by Katie Weismiller, who is in her 13th season. The Hoosiers lead the all-time series 29-24. Earlier this season, Iowa swept Indiana in Carver-Hawkeye Arena, and has won the last four meetings.

Scouting Purdue • The 13th-ranked Purdue Boilermakers come into the week with a 17-4 record and a 7-3 mark in the Big Ten. All four losses for the Boilermakers have come at the hands of ranked teams.

Purdue will host Indiana Wednesday.

The Boilermaker offense is led by Danita Merlau, who averages a team-best 3.86 kills per game. Samantha Mader is second with 3.06 kills per game.

Middle blocker Stephanie Lynch is eighth in the Big Ten with 1.16 blocks per game. She averages 2.39 kills per game and a .314 attack percentage.

The Boilermakers are dangerous from the service line, with three players ranked in the top ten in aces. Brittany Dildine and Sam Gray are fifth in the conference with 0.37 aces per game, while Merlau is eighth with 0.36 aces per game.

Purdue is coached by Dave Shondell, who is in his fourth season at the helm. The Boilermakers lead the all-time series 37-18. Earlier this season, Purdue edged the Hawkeyes in a five-game match at Carver-Hawkeye Arena.

Vitali Back in Action • Junior **Stacy Vitali** had her best game since returning to action this past weekend, pounding out a season-high 11 kills against No. 11 Wisconsin Saturday.



Head Coach Cindy Fredrick



Cindy Fredrick enters her third year at the helm of the Hawkeye program.

The Hawkeyes continued to make strides last season, recording more wins (14), Big Ten wins (4), kills (1,709), assists (1,527), service aces (161) and blocks (252) than Fredrick's first year.

There were plenty of highlights on the year, including an 11-4 start and the team's first win over in-state rival Northern Iowa in 16 years.

In the first year of the Fredrick Era, the Hawkeyes not only improved both their overall and Big Ten Conference record, but became more competitive in every aspect in the game. The coaching staff worked hard to install a new winning attitude in the team, which helped the Hawkeyes to an 8-3 start.

The coaching staff also made great strides in recruiting, pulling in the 30th-ranked class in the nation according to prepvolleyball.com.

Turning struggling volleyball programs into winning programs has been a big part of Fredrick's past, most recently as head coach at Washington State University (Pullman, WA). During her 15 year tenure at Washington State, Fredrick earned more wins than any coach of a women's sport with a 278-192 record and in seven seasons she had 20 or more wins. In 1995, after guiding her squad to a national ranking of fifth, the highest rank of any men's or women's team in school history, she was named Pac-10 and AVCA District VIII Coach of the Year. Fredrick also led the Cougars to ten NCAA tournament appearances, including two Elite Eight finishes and one Sweet 16 berth. In 1992 her squad was the NIVC Champions. In the 2002 NCAA tournament, the Cougars posted a 3-0 victory over Northern Iowa to advance to the Elite Eight.

Fredrick's success also translated into individual accolades for three of her players. Fredrick recruited the only three all-Americans in Cougar volleyball history, setter Keri Killebrew (second team, 1992), setter Stephanie Papke (second team, 1996) and middle hitter Sarah Silvernail (second team, 1995 and first team, 1996). Silvernail was also named 1996 Pac-10 Player of the Year.

Prior to coaching at Washington State, Fredrick coached at Weber State (Ogden, UT). When Fredrick first took over the Wildcat program in 1985, she led her team to a sixth place finish in the Mountain West Conference. By the time she left after the 1988 season, her team had finished first in the Big Sky Conference, earned an NCAA tournament birth and Fredrick was named Big Sky Coach of the Year.

Fredrick's first collegiate coaching experience came as an assistant at the University of Iowa from 1982-84 under Sandy Stewart. The 1983 squad finished with a 22-9 record, which stood as the school's winningest record until 1994. The 1983 and 1984 Hawkeyes also placed third in the Big Ten Conference standings.

Fredrick's volleyball ties to the state of Iowa run deeper than just the University of Iowa. Fredrick began her coaching career as the head coach at Davenport Central High School from 1974-82. In 1981, she led her squad to a 33-0 season record and a state championship. From 1983-85 she was head coach of the USVA Junior Development team in eastern Iowa that won four state Midwest championships. In the summer of 1985, Fredrick was named head coach for the United States Volleyball Association team for the state of Iowa that competed throughout Canada.

The St. Charles, IL, native has played in four matches this season since returning from offseason shoulder surgery. She was one of Iowa's leading hitters last season, averaging 3.23 kills per game and recording a team-best .273 attack percentage.

Moving Into the Top Five • Sophomore setter **Kiley Fister** is already among the all-time leaders at Iowa in assists. She has 2,158, good for sixth on the Hawkeyes' all-time list and just one behind Jitka Stehnova (2002-03) for fifth place on the all-time list.

Janet Moylan (1987-90) is Iowa's all-time leader with 5,471.

Attendance Up • The Hawkeyes have been seeing more faces in Carver-Hawkeye Arena this season. The team is averaging a school-best 918 fans per game, good for 34th in the nation.

The Hawkeyes have drawn more than 1,000 fans five times this season, after having done that just seven times previously. Iowa has seen the top four crowds of all-time this season and five of the top seven crowds. Iowa drew a school-record 1,690 fans to the Iowa State game on August 26.

Two-headed Setter • For the first time this season, the Hawkeyes used both setters throughout the game last weekend. Sophomore **Kiley Fister** started each game, with freshman **Christina Meister** entering the game when Fister rotated to the front row. It was Meister's first extensive action at setter. She had previously seen action as a defensive specialist while Fister was setting.

Fister had 44 assists on the weekend, while Meister recorded 28.

Digstown • As a team, the Hawkeyes are second in the Big Ten with 16.60 digs per game. Michigan leads the way with 17.80 digs per game.

Win Number 400 • Iowa Head Coach **Cindy Fredrick** won her 400th career collegiate game on October 6 with a 3-0 (30-20, 30-24, 30-23) win over Indiana.

Coach Fredrick is now 400-292 in her career, with a 36-49 record at the University of Iowa.

Take Me To Your Leader • Senior middle blocker **Melanie Meister** and sophomore libero **Emily Hiza** are the Hawkeye captains this season.

The Assistant Coaches • **Dr. Mashallah (Farokh) Farokhmanesh** and **Chad Hanson** will serve as assistants to Head Coach **Cindy Fredrick** again this season. Farokh, the associate head coach, is the husband of Coach Fredrick.

Welcome Aboard • The Hawkeye coaching staff has a new addition this year with **Katie McGuine** joining the team as the Director of Volleyball Operations.

McGuine will work closely with the Hawkeye volleyball staff, helping coordinate and carry out the day-to-day activities in the program.





