

# THE UNIVERSITY OF IOWA



## HAWKEYE TRACK & FIELD



TRACK CONTACTS: STEPHANIE DITTMER

April 6, 2011

### 2010-11 IOWA TRACK & FIELD INDOOR SCHEDULE

Date	Meet
Mar. 25-26	Stanford (W) <i>Stanford, CA</i>
April 1-2	LSU Invite <i>Baton Rouge, LA</i>
April 8-9	Sun Angel Classic <i>Tempe, AZ</i>
April 15-17	Mt. SAC Relays <i>Walnut, CA</i>
April 23	Musco Twilight XII <i>Iowa City, IA</i>
April 28-30	Drake Relays <i>Des Moines, IA</i>
May 6	Central Invite <i>Pella, IA</i>
May 13-15	Big Ten Championships <i>Iowa City, IA</i>

### IOWA COACHING STAFF

**Layne Anderson** .....Head Women's Coach

**Larry Wieczorek** .....Head Men's Coach

**Scott Cappos** .....Assistant Coach  
.....Men's and Women's Throws

**Clive Roberts** .....Assistant Coach  
.....Horizontal jumps, women's short  
.....sprints, hurdles, relays

**Christi Smith** .....Assistant Coach  
.....Combined events, vertical jumps

**Joey Woody** .....Assistant Coach  
.....Men's sprints, short hurdles and relays  
.....women's long sprints and hurdles

### THIS WEEK

The University of Iowa track and field team is sending student-athletes to the Sun Angel Classic and the Cornell Open this weekend. Hawkeyes traveling to ASU will compete Friday and Saturday, while competitors at Cornell will be in action Saturday.

### BYERS SETS CONFERENCE RECORD

Sophomore **Matt Byers** let the javelin fly at the LSU Invite last weekend. The Wichita, Kan., native recorded a mark of 245-8 (74.89m), beating out the runner up by nearly two feet.

Byers set the Big Ten conference and the Iowa javelin record with the throw. The sophomore broke his personal own record, set at the 2010 outdoor Big Ten Championships (220-6), to set the new Big Ten and Iowa standard. The former Big Ten and school record was set by Bill Neumann in 2002 at 244-8 feet.

The performance this weekend ranks Byers second in the nation among javelin throwers.

### LEACOCK SHINES IN COLLEGIATE DEBUT

**Carisa Leacock**, a freshman from Port of Spain, Trinidad, claimed first in the long jump. Leacock leapt 19-11.5 feet (6.08m) to take the top spot in her outdoor collegiate debut.

Leacock's mark ranks 19th nationally and third on Iowa's all-time top performers list.

### IOWA MEN IN TOP-TEN

Two Iowa track and field athletes stand among the nation's best following the LSU Invite. Byers and Sowinski, both LSU Invite champions, rank among the top 10 competitors in the country.

Byers performance in the javelin throw propelled him to a No. 2 spot while Sowinski's run in the 800 secured him the No. 6 spot nationally.

### WOMEN OWN THE FIELD IN PELLA

Sophomore **Kirsten Weismantle** and freshman **Zinnia Miller** dominated in the field events at the Central Invite last week. Weismantle pole vaulted to 10-6 (3.20m) and Miller recorded a long jump of 17-6 (5.33m). Both athletes earned first place finishes in their respective events.

### CHAMPIONS IN BLACK AND GOLD

Four Hawkeye student-athletes earned the champion distinction last weekend at the LSU Invite.

In addition to Byers and Leacock, Junior **Erik Sowinski** claimed first place in the men's 800 meter run after clocking a time of 1:48.15, and sophomore **Ethan Holmes** dominated the men's 400 meter hurdles (51.85) for the first place finish.

University of Iowa Sports Information Office - Carver-Hawkeye Arena, Iowa City, IA 52242

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### DOING MORE WITH LESS

The Iowa women were represented well at the Central Invite. Despite having only nine competitors at the invite, the women placed third, tallying 80 points and crowning four champions.

Junior **Jackie Laesch** was the first runner in Black and Gold to take the top spot in the 1,500 meter run. Laesch finished the race in 4:43.57. Sophomore **Hannah Simonson** narrowly beat out teammate **Kelsey Labs** for the first place finish in the 400 meter hurdles (1:01.84). Weismantle and Miller were also Central Invite Champions.

### COMING UP

Iowa is slated to compete at the Mt. SAC Relays in Walnut, Calif., next weekend.

## 2010-11 OUTDOOR SEASON LEADERS

MEN'S	WOMEN'S
<b>100 meters</b> ..... Zeke Sayon ..... 10.72	<b>100 meters</b> ..... Erin Jones ..... 11.81
<b>110-meter hurdles</b> ..... Jordan Mullen ..... 14.27	<b>100-meter hurdles</b> ..... Mary-Kate Schmitt ..... 16.07
<b>200 meters</b> ..... Paul Chaney ..... 21.57	<b>200 meters</b> ..... Kelsey Mims ..... 25.73
<b>400 meters</b> ..... Chris Barton..... 47.93	<b>400 meters</b> ..... Ashley Liverpool ..... 53.87
<b>400-meter hurdles</b> .... Ethan Holmes ..... 51.85	<b>400-meter hurdles</b> ..... Tiffany Hendricks ..... 1:00.55
<b>800 meters</b> ..... Erik Sowinski ..... 1:48.15	<b>800 meters</b> .....
<b>1,500 meters</b> ..... James Paul ..... 3:54.27	<b>1,500 meters</b> ..... Lauren Hardesty ..... 4:27.80
<b>3,000 meters</b> .....	<b>3,000 meters</b> .....
<b>Steeple Chase</b> ..... Mark Battista ..... 9:28.75	<b>Steeple Chase</b> ..... Danielle Berndt ..... 10:51.21
<b>5,000 meters</b> ..... Chase Kadlec ..... 15:32.72	<b>5,000 meters</b> ..... Betsy Flood ..... 16:16.41
<b>10,000 meters</b> .....	<b>10,000 meters</b> .....
<b>Shot Put</b> ..... Matt Banse ..... 55-2 1/4 (16.82m)	<b>Hammer Throw</b> ..... Kelsey Taylor ..... 172-0 (52.42m)
<b>Discus</b> ..... Nick Brayton..... 161-10 (49.33m)	<b>Javelin</b> ..... Amanda Stahle .... 131-10 (40.19m)
<b>Hammer</b> ..... Matt Banse ..... 195-1 (59.46m)	<b>Discus</b> ..... Ashlyn Gulvas .... 141-7 (43.15m)
<b>Javelin</b> ..... Matt Byers ... 245-8 (74.89m)*	<b>Shot Put</b> ..... Rachel Curry ..... 44-0 (13.41m)
<b>High Jump</b> ..... Graham Valdes.... 6-8 3/4 (2.05m)	<b>Long Jump</b> ..... Carisa Leacock .... 19-11 1/2 (6.08m)
<b>Long Jump</b> ..... Jeffery Herron .... 23-11 1/2 (7.30m)	<b>High Jump</b> ..... Zinnia Miller ..... 5-3 (1.60m)
<b>Triple Jump</b> .....	<b>Pole Vault</b> ..... Kirsten Weismantle ..... 10-6 (3.20m)
<b>Pole Vault</b> .....	<b>Heptathlon</b> .....
<b>400-meter relay</b> ..... Mincy, Sayon, Richards, Chaney .. 40.53	<b>400-meter relay</b> ..... Hendricks, Jones, Liverpool, Leacock.... 45.77
<b>1,600-meter relay</b> ..... Willey, Barton, Richards, Sowinski .. 3:05.6	<b>800-meter relay</b> .....
	<b>1,600-meter relay</b> ..... Jones, Hendricks, Praska Liverpool ..... 3:41.39

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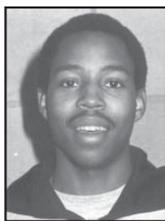
## HAWKEYE TRACK & FIELD



### TRACK CONTACTS: STEPHANIE DITTMER



Jeremy Allen



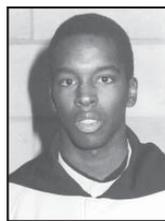
Gordon Beecham



A.J. Curtis



Chris Davis



Terrence Duckett



Bill Frazier



Victor Greer

#### 100 Meters

- George Page, 1996.....10.25
- Anthuan Maybank, 1994.....10.31  
Tim Dwight, 1997.....10.31
- Bob Lawson, 1976.....10.36
- Robert Smith, 1984.....10.39
- Curtis Chang, 1987.....10.40
- Jeff Patrick, 1983.....10.41  
Tim Dodge, 2002.....10.41
- Jerry Fisher, 1991.....10.45
- Andre Morris, 1996.....10.47

#### 110-Meter High Hurdles

- Pat McGhee, 1989.....13.50
- Dion Trowers, 1996.....13.62
- Ronnie McCoy, 1985.....13.66
- James Armstrong, 1991.....13.89
- Doug Jones, 1986.....14.06  
Jordan Mullen, 2010.....14.06
- Chris Williams, 1983.....14.24
- Rajeev Balkrishnan, 1993.....14.29
- Gary Falls, 1992.....14.48
- Ethan Holmes, 2010.....14.49

#### 200 Meters

- Jeff Patrick, 1983.....20.47
- Anthuan Maybank, 1994.....20.55
- Andre Morris, 1995.....20.64
- George Page, 1996.....20.67
- Terrence Duckett, 1982.....20.74
- Tim Dodge, 2002.....20.78
- Bashir Yamini, 1999.....20.82
- Dennis Kohl, 1966.....20.84
- Tim Dwight, 1997.....20.91
- Victor Greer, 1984.....20.98

#### 400 Meters

- Anthuan Maybank, 1993.....44.99
- Andre Morris, 1995.....45.15
- Mike Mondane, 1967.....45.20
- Steven Willey, 2010.....45.78
- Gary Hollingsworth.....46.30
- Harold Leonard, 1986.....46.45
- Tony Branch, 1999.....46.60
- Prince Riley, 2007.....46.61
- George Page, 1996.....46.66
- Dick Eisenlauer, 1973.....46.74  
Terrence Duckett, 1983.....46.74

#### 400-Meter Hurdles

- Pat McGhee, 1988.....48.83
- Monte Raymond, 1998.....50.09
- Ray Varner, 2010.....50.24
- Paul Steele, 1989.....50.45
- Russell Peterson, 2001.....50.50
- Adam Kunkel, 2001.....50.73
- Jon Reimer, 1967.....50.94
- Gary Falls, 1991.....51.08
- Rajeev Balkrishnan, 1993.....51.14
- Scott Williamson, 2000.....51.74

#### 800 Meters

- Bill Frazier, 1962.....\*1:47.64
- D'Juan Strozier, 1990.....1:47.82
- Erik Sowinski, 2010.....1:48.00
- Michael Layne, 1999.....1:49.61
- Bill Thiesen, 1985.....1:49.74
- Adam Hairston, 2008.....1:49.96
- Andy Wiese, 1985.....1:50.22
- Paul Chepkwony, 1984.....1:50.36
- Rod Chambers, 1989.....1:50.60
- Jim Donovan, 1998.....1:50.68

#### 1,500 Meters

- Jeff Thode, 2010.....3:43.02
- Joel Moeller, 1978.....3:44.01
- Jim Docherty, 1978.....3:44.30
- Dan Waters, 1986.....3:46.35
- Kevin Herd, 1994.....3:46.64
- John Clark, 1977.....3:46.84
- Ted Wheeler, 1956.....3:48.24
- Jesse Luciano, 2007.....3:49.99
- M. VanDenend, 2007.....3:50.20
- John Dobbs, 1985.....3:50.70

#### 3,000-Meter Steeplechase

- Deacon Jones, 1956.....8:47.40
- Steve Pershing, 1978.....8:54.59
- Andy Morris, 2000.....8:56.21
- Matt Gerard, 1994.....8:57.01
- Andy Napier, 2008.....8:57.54
- Rollie Kitt, 1967.....9:02.90
- Al Greene, 1985.....9:02.96
- Tony Rakaric, 2005.....9:03.29
- Mark Battista, 2010.....9:04.60
- Sean Gale, 1993.....9:08.00

#### 5,000 Meters

- Micah VanDenend, 2007.....13:49.31
- Larry Wiczorek, 1968.....13:56.00
- Kevin Herd, 1993.....13:59.00
- Stetson Steele, 2000.....14:02.76
- Eric MacTaggart, 2005.....14:04.79
- Dan Haut, 2006.....14:07.30
- Jesse Luciano, 2010.....14:08.71
- Matt Esche, 2006.....14:12.07
- Chase Kadlec, 2010.....14:14.45
- Jeff Kent, 2007.....14:21.05

#### 10,000 Meters

- Stetson Steele, 2000.....28:44.47
- Eric MacTaggart, 2006.....28:50.23
- Nick Nordheim, 2002.....29:44.71
- Trent Corey, 2002.....29:45.25
- Chad Schwitters, 1999.....29:56.00
- Nick Holmes, 2010.....30:02.31
- Dan Haut, 2006.....30:03.08
- Kevin Herd, 1994.....30:05.21
- Paul Sarris, 2001.....30:08.40
- Matt Esche, 2004.....30:08.82

#### Decathlon

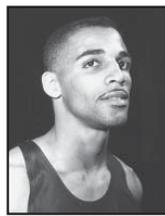
- Dan Rolling, 2010.....6,957 pts
- Scott Faber, 2000.....6,839 pts
- Ryan Niver, 2008.....6,837 pts
- Chad Ohly, 1994.....6,641 pts
- Gary Kostrubala, 1984.....6,498 pts
- Frank Prill, 2008.....6,381 pts
- Jacob Drewry, 1994.....5,820 pts

#### High Jump

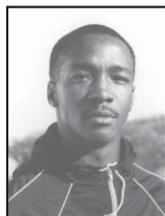
- Bill Hansen, 1978.....7-4 (2.23)
- Bill Knoedel, 1975.....7-4 (2.23)
- M. Cunningham, 1986.....7-1 (2.16)  
Kenneth Lansing, 1988.....7-1 (2.16)
- Pat Meade, 1987.....7-0 (2.13)
- Scott Hudek, 1993.....6-11 (2.11)  
Jeremy Petsche, 2008.....6-11 (2.11)  
G. Valdes, 2010.....6-11 (2.11)
- Ryan Kelly, 2008.....6-10 3/4 (2.10)  
Brandon Oest.....6-10 3/4 (2.10)



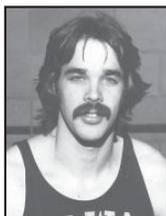
Bill Hansen



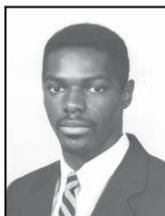
Deacon Jones



Paul Jones



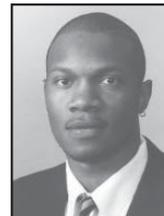
Bill Knoedel



Anthuan Maybank



Pat McGhee



Andre Morris

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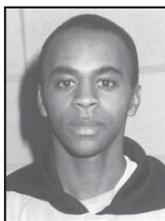
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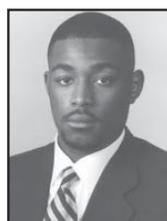
George Page



Jeff Patrick



Dan Rolling



Ed Rozell



Robert Smith



Stetson Steele

#### Long Jump

1. Anthuan Maybank, 1993 ..... 27-1 (8.25)
2. Bashir Yamini, 1997 ..... 26-8 1/4 (8.13)
3. Paul Jones, 1989 ..... 25-10 1/4 (7.88)
4. Darren Smith, 1991 ..... 25-9 3/4 (7.86)
5. Quinn Early, 1986 ..... 25-7 1/4 (7.80)
6. Ed Gordon, 1931 ..... 25-4 3/8 (7.68)
7. Matty Gorman, 2006 ..... 25-1 1/4 (7.65)
8. Ronnie McCoy, 1985 ..... 25-0 (7.62)
9. Jeffery Herron, 2010 ..... 24-9 (7.54)
10. Joe Robinson, 1976 ..... 24-2 3/4 (7.38)

#### Triple Jump

1. Paul Jones, 1990 ..... 52-0 1/2 (15.86)
2. Gordon Finch, 1988 ..... 50-9 1/4 (15.47)
3. Mike Lacy, 1984 ..... 50-5 (15.36)
4. Pat Miller, 1985 ..... 49-8 1/2 (15.25)
5. Matty Gorman, 2008 ..... 49-2 1/2 (15.00)
6. Owen Gill, 1982 ..... 49-1 (14.96)
7. Josh Bean, 2010 ..... 48-10 3/4 (14.90)
8. Ed Gordon, 1931 ..... 48-0 1/8 (14.63)
9. Mike Means, 1981 ..... 47-0 1/2 (14.34)
10. Aaron Reed, 2005 ..... 45-3 1/2 (13.80)

#### Pole Vault

1. Todd Wigginton, 1984 ..... 17-0 (5.18)
2. Chad Ohly, 1994 ..... 16-8 3/4 (5.10)
3. Curt Broek, 1978 ..... 16-8 (5.08)
4. Phil Wertman, 1971 ..... 16-7 (5.05)
5. Kelly Scott, 1988 ..... 16-7 (5.05)
6. John Teffer, 1972 ..... 16-2 (4.93)
7. Kyle Reid, 2010 ..... 16-1 1/4 (4.91m)
8. Alex Zona, 2009 ..... 16-0 3/4 (4.90)
9. Steve Brewer, 1983 ..... 16-0 (4.88)
10. Doug Pennino, 1985 ..... 16-0 (4.88)

#### Shot Put

1. Jeremy Allen, 2001 ..... 63-2 3/4 (19.27)
2. Ken Kemeny, 2005 ..... 62-3 (18.97)
3. Shane Maier, 2006 ..... 62-2 1/4 (18.95)
4. Andy Banse, 2005 ..... 61-11 1/2 (18.88)
5. John Hickey, 2008 ..... 61-9 1/2 (18.83)
6. Chris Gambol, 1987 ..... 60-0 1/2 (18.30)
7. A.J. Curtis, 2008 ..... 59-8 1/4 (18.19)
8. A. van der Westhuizen, 2000 ..... 58-8 3/4 (17.90)
9. Ryan Lamparek, 2010 ..... 58-4 (17.78)
10. Gary Kostrubala, 1985 ..... 58-1 (17.70)

#### Discus

1. A. J. Curtis, 2007 ..... 202-11 (61.84)
2. Gary Kostrubala, 1986 ..... 202-4 (61.68)
3. Jeremy Allen, 2001 ..... 195-4 (59.54)
4. Tim Brodersen, 2005 ..... 193-6 (58.98)
5. Brad Daufeldt, 2004 ..... 185-0 (56.40)
6. Nick Brayton, 2009 ..... 180-11 (55.15)
7. Andy Banse, 2005 ..... 180-0 (54.86)
8. Eric Rothwell, 2004 ..... 179-7 (54.73)
9. Shane Maier, 2008 ..... 178-7 (54.43)
10. Ryan Lamparek, 2009 ..... 177-3 (54.04)

#### Hammer

1. A. van der Westhuizen, 2001 ..... 222-11 (67.94)
2. Adam Hamilton, 2007 ..... 222-2 (67.73)
3. Jim Costello, 2002 ..... 217-7 (66.32)
4. Brad Daufeldt, 2004 ..... 207-10 (63.34)
5. Chris Voller, 2005 ..... 206-0 (62.80)
6. Jeremy Allen, 2001 ..... 199-0 (60.66)
7. Matt Banse, 2010 ..... 199-0 (60.66)
8. Ben Stancombe, 2010 ..... 185-11 (56.68)
9. Ryan Jordan, 2007 ..... 184-6 (56.23)
10. Ryan Lamparek, 2010 ..... 181-7 (55.35)

#### Javelin

1. Matt Byers, 2011 ..... 245-8 (74.89)
2. Bill Neumann, 2002 ..... 244-8 (74.58)
3. Dan Ralph, 2000 ..... 227-10 (69.44)
4. Zach Schimp, 2010 ..... 211-0 (64.32)
5. Kale Katt, 2007 ..... 204-0 (62.17)
6. Joel Storm, 2004 ..... 203-5 (62.01)
7. Matt Stank, 2001 ..... 199-0 (60.66)
8. A. van der Westhuizen, 1999 ..... 173-11 (53.00)
9. Craig Jennings, 2006 ..... 173-4 (52.83)
10. Scott Faber, 2000 ..... 173-1 (52.78)

#### 400-Meter Relay

1. Beecham, Duckett, Greer, R. Smith, 1984 ..... 39.48
2. Page, Davis, Rozell, Morris, 1996 ..... 39.73
3. Felix, Branch, Dodge, Yamini, 1999 ..... 39.96
4. Beecham, Duckett, Greer, Patrick, 1983 ..... 39.99
5. Dwight, Branch, Davis, Yamini, 1998 ..... 40.00
- Goode, Fisher, Morris, Maybank, 1994 ..... 40.00
- 1998 ..... 40.00
- Dwight, Branch, Dodge, Yamini, 1999 ..... 40.00
9. Williamson, Dodge, Peterson, Digney, 2002 ..... 40.04
10. McCoy, Duckett, Greer, Smith, 1984 ..... 40.07

#### 1,600-Meter Relay

1. Morris, Davis, Page, Rozell, 1995 ..... 3:03.11
2. Branch, Dwight, Dodge, Yamini, 1999 ..... 3:03.29
3. Ferree, Frazier, Mondane, Reimer, 1967 ..... 3:04.10
4. Rozell, Morris, Davis, Yamini, 1996 ..... 3:04.71
5. Willey, Barton, Richards, Sowinski, 2010 ..... 3:05.61
6. Cameron, Williams, McGhee, McCoy, 1985 ..... 3:06.00
7. Rozell, Davis, Dwight, Raymond, 1997 ..... 3:06.06
- Dodge, Kunkel, Coleman, Peterson, 2001 ..... 3:06.06
9. Davis, Rozell, Morris, Raymond, 1996 ..... 3:06.54
10. Williamson, Dodge, Strang, Coleman, 2002 ..... 3:06.69

#### Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 ..... 9:39.94
2. Young, Barton, Kuczwarra, Luciano, 2010 ..... 9:42.97
3. Theisen, Williams, Wiesa, Waters, 1985 ..... 9:54.04
4. Luciano, Pierre, Hairston, VanDenend, 2007 ..... 9:54.07
5. VanDenend, Riley, O'Hollearn, Rakaric, 2006 ..... 9:54.97
6. Feeldy, Eischeid, Novotny, Peters, 1996 ..... 9:55.71
7. Thomas, Wise, Cunningham, S.Allen, 2001 ..... 10:01.57
8. Thomas, Wakenight, Dziubski, Rakaric, 2003 ..... 10:01.72
9. Trainor, Coleman, Cunningham, Allen, 2002 ..... 10:01.93
10. English, Blackman, Strolter, Chambers, 1988 ..... 10:04.25



Jeff Thode



Micah  
VanDenend



Arno van der  
Westhuizen



Todd Wigginton

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## HAWKEYE TRACK & FIELD



### TRACK CONTACTS: STEPHANIE DITTMER



Kineke Alexander



Meghan Armstrong



Nicole Charles



Nan Doak



Tina Floyd



Becca Franklin



Yolanda Hobbs

#### 100 Meters

1. Vivien McKenzie, 1985.....11.45
2. Davera Taylor, 1984.....11.51
3. Erica Broomfield, 1998.....11.53
4. Jiselle Providence, 2001.....11.57
5. Tanja Reid, 1994.....11.60
6. Peaches Roach, 2005.....11.60
7. Yolanda Hobbs, 1995.....11.62
8. Elanie Jones, 1985.....11.69
9. R.K. Trusty, 2010.....11.74
10. Lakeya Boatright, 2000.....11.77

#### 100-Meter Hurdles

1. Tiffany Johnson, 2007.....13.20
2. Karessa Farley, 2009.....13.53
3. C. Prendergast, 1999.....13.60
4. Paula Ruen, 2000.....13.60
5. Sarah Steffen, 2002.....13.65
6. Ruqayya Raheem, 1998.....13.90
7. Brenda Calhoun, 1984.....13.94
8. Wynsome Cole, 1997.....14.10
9. Kimberly Stanford, 2008.....14.11
10. Renee White, 2008.....14.20

#### 200 Meters

1. Shellene Williams, 2004.....23.50
2. Kineke Alexander, 2006.....23.58
3. Davera Taylor, 1984.....23.59
4. Vivien McKenzie, 1985.....23.61
5. Yolanda Hobbs, 1995.....23.65
6. R.K. Trusty, 2010.....23.74
7. Tanja Reid, 1995.....23.75
8. Elaine Jones, 1983.....23.84
9. Jiselle Providence, 2001.....24.00
10. Lakeya Boatright, 2000.....24.14

#### 400 Meters

1. Kineke Alexander, 2006.....51.35
2. Shellene Williams, 2004.....51.94
3. Ellen Grant, 1996.....52.65
4. Ashley Liverpool, 2011.....53.87
5. Senta Hawkins, 1988.....54.01
6. Marlene Poole, 1994.....54.03
7. Bethany Praska, 2011.....54.15
8. Elaine Jones, 1983.....54.40
9. Nicole Charles, 2001.....54.48
10. Stacey-Leigh Bynoe, 2000.....54.73

#### 400-Meter Hurdles

1. Mary Knoblauch, 1981.....56.16
2. Wynsome Cole, 1998.....56.67
3. Chris Davenport, 1981.....59.18
4. Sarah Steffen, 2002.....59.59
5. Beverly Powell, 1991.....59.96
6. Tiffany Hendricks, 2011...1:00.55
7. Diane Steinhart, 1980.....1:00.56
8. Ruqayya Raheem, 1999...1:00.62
9. Keely Huber, 2002.....1:00.98
10. Aditya Jones, 2007.....1:01.65

#### 800 Meters

1. Kay Stormo, 1982.....2:05.67
2. Michelle Lahann, 2004.....2:06.79
3. Aisha Hume, 2005.....2:08.50
4. J. Kruckeberg, 1987.....2:08.75
5. Ann Pare, 1997.....2:09.25
6. M. Armstrong, 2006.....2:10.15
7. Sophia Poncé, 2007.....2:10.35
8. Briana Benning, 1996.....2:10.47
9. Bethany Praska, 2010.....2:10.85
10. Tami Hoskins, 1990.....2:11.47

#### 1,500 Meters

1. Meghan Armstrong, 2006...4:17.41
2. Betsy Flood, 2010.....4:17.75
3. J. Kruckeberg 1989.....4:19.71
4. Lauren Hardesty, 2010.....4:20.40
5. Diane Nukuri, 2007.....4:20.95
6. McKenzie Melander, 2010.4:21.18
7. Penny O'Brien, 1985.....4:21.43
8. Kay Stormo, 1982.....4:22.24
9. Michelle Lahann, 2004.....4:24.00
10. Shannon Stanley, 2006.....4:25.08

#### 3,000 Meters

1. Diane Nukuri, 2008.....9:18.82
2. Penny O'Brien, 1985.....9:20.61
3. Betsy Flood, 2010.....9:22.63
4. Nan Doak, 1985.....9:23.04
5. Tracy Dahl, 1992.....9:23.53
6. M. Armstrong, 2006.....9:28.03
7. J. Kruckeberg, 1989.....9:30.69
8. Jennifer Brower, 1992.....9:34.59
9. Jodi Hershberger, 1982.....9:36.44
10. Tina Stec, 1994.....9:38.39

#### 3,000-Meter Steeplechase

1. Jessica Schmidt, 2008.....10:27.18
2. Sarah Arens, 2004.....10:34.50
3. Hannah Roeder, 2009.....10:40.86
4. Danielle Berndt, 2011.....10:51.21
5. Katie Ellis, 2010.....11:02.62
6. Michelle Lahann, 2003.....11:16.21
7. B. Thompson, 2003.....11:19.50

#### 5,000 Meters

1. Nan Doak, 1985.....15:45.84
2. Diane Nukuri, 2008.....15:59.39
3. M. Armstrong, 2008.....16:08.83
4. Betsy Flood, 2011.....16:16.41
5. Jenny Spangler, 1983.....16:17.21
6. Tracy Dahl, 1992.....16:18.77
7. R. Marchand, 2008.....16:27.02
8. Brooke Eilers, 2011.....16:29.47
9. McKenzie Melander, 2011.16:30.63
10. Amanda Haresty, 2010.....16:37.01

#### 10,000 Meters

1. Diane Nukuri, 2008.....33:17.01
2. Jennifer Brower, 1991.....33:23.38
3. M. Armstrong, 2008.....33:28.00
4. Nan Doak, 1985.....33:33.03
5. Jenny Spangler, 1983.....33:39.24
6. R. Marchand, 2008.....34:05.87
7. Tracy Dahl, 1992.....34:30.09
8. Nikki Chapple, 2004.....35:06.35
9. Megan Lessard, 2010.....35:28.03
10. Lindsay Anderson, 2010..35:31.40

#### Heptathlon

1. Tammilee Kerr, 2008.....5,532
2. Kathy Gillespie, 1983.....5,262
3. Tiff Pedersen, 2004.....4,976
4. Janet Adams, 1981.....4,855
5. Ruqayya Raheem, 1997.....4,665
6. Angela Chadwick, 1993.....4,493
7. Missy Miller, 2010.....4,227
8. Angie Hensel, 2004.....4,073
9. Janelle Jaspers, 1987.....4,000



Aisha Hume



Aisha James



Tiffany Johnson



Tammilee Kerr



Vivien McKenzie



Tiffany Medenwald



Diane Nukuri

# THE UNIVERSITY OF IOWA



## HAWKEYE TRACK & FIELD



### TRACK CONTACTS: STEPHANIE DITTMER



Marlene Poole



Alana Redfern



Tanja Reid



Peaches Roach



Jessica Schmidt



Sarah Steffen



Kay Stormo

#### High Jump

1. Peaches Roach, 2006.....6-1 1/4 (1.86)
2. Mary Mol, 1983 .....6-0 (1.83)
3. Caleigh Bacchus, 2010 .....5-10 (1.78)
4. Lynn McMillan, 1988 .....5-9 1/4 (1.76)
5. Kacey Childs, 2001 .....5-8 1/2 (1.74)
6. Kristi Dinkla, 1985 .....5-8 (1.73)
7. Becky Kaza, 1995 .....5-8 (1.73)
8. Eve Cullinan, 2003 .....5-8 (1.73)
9. Jenni Elbert, 2005 .....5-7 (1.70)
10. Nancy Tessmer, 1991 .....5-6 1/2 (1.69)
- Tammilee Kerr, 2008.....5-6 1/2 (1.69)

#### Long Jump

1. Aisha James, 2003.....22-3 (6.78)
2. Renee White, 2008 .....20-3 3/4 (6.19)
3. **Carisa Leacock, 2011 .....19-11 1/2 (6.08)**
4. Becki Borg, 1988.....19-7 1/4 (5.97)
5. Lisa Moats, 1986.....19-6 (5.95)
6. Tammilee Kerr, 2008 .....19-4 1/4 (5.90)
7. Yolanda Hobbs, 1993.....19-2 1/2 (5.85)
8. Jane Dunlevy, 1977.....18-6 (5.64)
9. Ruqayya Raheem, 1997 .....18-5 1/4 (5.62)
- Tiff Pedersen, 2004.....18-5 1/4 (5.62)

#### Triple Jump

1. Renee White, 2008 .....43-10 (13.36)
2. Tiffany Johnson, 2007.....41-8 3/4 (12.72)
3. Becki Borg, 1988.....40-7 1/2 (12.38)
4. Lynn McMillan, 1988 .....39-6 1/2 (12.05)
5. Lynn, 1998 .....39-0 (11.88)
6. Kacey Childs, 2001 .....37-8 (11.48)
7. Becca Franklin, 2004 .....36-10 1/2 (11.24)
8. Janna Houtz, 1984 .....33-10 1/2 (10.32)
9. Latoya Stiffend, 2002 .....32-6 (9.90)
10. Bridget Besch, 2003.....30-10 1/2 (9.41)

#### Shot Put

1. Lisa Van Steenwyk, 1992.....50-8 (15.44)
2. Gail Smith, 1984.....50-3 1/4 (15.32)
3. Denise Taylor, 1992 .....50-1 3/4 (15.28)
4. Kamesha Marshall, 2005 .....48-6 3/4 (14.80)
5. Laura Kriener, 1990 .....48-2 1/2 (14.69)
6. Jennifer Gilson, 2002 .....47-10 (14.58)
7. Jennifer Moon, 2000 .....47-5 1/4 (14.46)
8. Mandy Chandler, 2006.....46-0 (14.02)
9. Tiffany Medenwaldt, 2010..45-11 3/4 (14.01)
10. Shelley Redies, 1985 .....45-7 (13.89)

#### Discus

1. Tiffany Medenwaldt, 2010.....161-3 (49.16)
2. Denise Taylor, 1992.....160-5 (48.90)
3. Majesty Tutson, 2010.....159-4 (48.56)
4. Lisa Van Steenwyk, 1991.....159-1 (48.50)
5. Gail Smith, 1983.....158-2 (48.22)
6. Kamesha Marshall, 2005 .....152-11 (46.62)
7. Jennifer Moon, 2000 .....150-8 (45.92)
8. Laura Kriener, 1989 .....150-3 (45.80)
9. Megan Maurer, 1997 .....149-2 (45.48)
10. Cheryl Bradley, 1982.....146-5 (44.64)

#### Hammer Throw

1. Becca Franklin, 2007 .....195-0 (59.45)
2. **Kelsey Taylor, 2011 .....172-0 (52.42)**
3. Tiffany Medenwaldt, 2010 .....171-11 (52.40)
4. Erin O'Hern, 2008 .....168-9 (51.45)
5. **Ashlyn Gulvas, 2011 .....162-6 (49.54)**
6. Kerri Blackstone, 1999 .....161-10 (49.32)
7. Majesty Tutson, 2010 .....156-09 (47.77)
8. Mandy Chandler, 2009.....154-6 (47.09)
9. Megan Maurer, 1998 .....145-6 (44.36)
10. Jennifer Gilson, 2002 .....142-6 (43.44)

#### Javelin

1. Alana Redfern, 2003 .....181-5 (55.30)
2. Tammilee Kerr, 2008.....163-5 (49.81)
3. Mandy Beck, 1999 .....153-4 (46.74)
4. Terri Soldan, 1983.....152-6 1/4 (46.48)
5. Shani Renning, 1990.....152-3 (46.40)
6. Clara Simon, 1981 .....149-9 (45.64)
7. Janet Adams, 1984 .....148-7 (45.28)
8. Mickey Schoborg, 1985.....137-5 1/4 (41.88)
9. **Amanda Stahle, 2011 .....131-10 (40.19)**
10. Sara Joens, 1987 .....127-1 (38.74)

#### Pole Vault

1. Jessie Strand, 2003 .....12-10 1/4 (3.92)
2. Sarah Burgett, 2006.....12-1 3/4 (3.70)
3. Katie Truedson, 2010.....11-5 1/4 (3.49)
4. K. Weistmantle, 2010.....11-3 3/4 (3.45m)
5. Gina Shannon, 2001 .....11-2 1/4 (3.41)
6. Kacey Childs, 2000 .....8-0 1/2 (2.45)
7. Gina Shannon, 1998 .....8-0 (2.44)

#### 400-Meter Relay

1. Poole, Reid, Floyd, Hobbs, 1994.....44.63
2. Charles, Williams, Providence, James, 2003 .....44.71
3. Floyd, Hobbs, Poole, Reid, 1994.....44.80
4. Fouchè, Williams, Providence, James, 2003.....45.02
5. Alexander, Granger, Johnson, Roach, 2006 .....45.11
6. Johnson, Roach, Clarke, Trusty, 2007 .....45.21
7. Johnson, Alexander, Granger, Roach, 2005 .....45.30
8. Granger, Johnson, Alexander, Roach, 2005 .....45.39
9. Underwood, Reid, Phillip, Hobbs, 1995.....45.50
10. Boatright, Bynoe, Providence, Prendergast, 2000 .....45.50

#### 1,600-Meter Relay

1. Hume, Charles, Steffen, Williams, 2003.....3:36.26
2. McCalla, Granger, Alexander, Johnson, 2006.....3:38.36
3. Alexander, Graham, Jones, M. Mims, 2007 .....3:39.36
4. Jones, Alexander, Johnson, M. Mims, 2007.....3:39.64
5. McCalla, Alexander, Sheeley, Hume, 2005.....3:39.67
6. Hendricks, Trusty, Erickson, Praska, 2010.....3:39.88
7. McCalla, Hume, Sheeley, Alexander, 2005.....3:40.43
8. Layne, Simpson, Powell, McRell, 1989 .....3:41.23
9. **Jones, Hendricks, Praska, Liverppol, 2011.....3:41.39**
10. Bynoe, Cole, Wynter, Grant, 1997.....3:41.74

#### Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989 11:22.18
2. Armstrong, Alexander, Poncé, Stanley, 2007.....11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005 .....11:34.04
4. Barber, Williams, Hume, Arens, 2004 .....11:34.56
5. Thompson, Williams, Hume, Arens, 2003 .....11:39.02
6. 2000.....11:39.83
7. Davenport, xx, xx, xx, 1981 .....11:41.44
8. Pare, Grant, Benning, Gilchrist, 1997.....11:41.92
9. Dhy, Erickson, Docherty, Anderson, 2010.....11:43.06
10. Butler, Hume, Barber, Arens, 2001 .....11:47.16

