

IOWA HAWKEYES

Swimming & Diving Contact: Ashley Carlson

WOMEN'S SWIMMING & DIVING WEEKLY RELEASE

December 8, 2009

2009-10 Season Schedule

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| 10/3 | Black & Gold Intrasquad Meet Iowa City, IA Black: 305 Gold 209 |
| 10/9 | Truman State* Kirksville, MO W 167-88 |
| 10/16 | Wisconsin* Madison, WI L 216-83 |
| 10/23 | Michigan State & Wis. Millwaukee* Iowa City, IA W 177-121; W 198.5-1005 |
| 10/24 | Missouri State* Iowa City, IA W 188-112 |
| 11/6 | Minnesota* Iowa City, IA L 176-118 |
| 11/20-22 | Hawkeye Invitational* Iowa City, IA W 1073 |
| 12/3-5 | ConocoPhillips Short Course National Championships* Federal Way, WA 26th |
| 12/11 | Iowa State% Ames, IA -- 6 p.m. |
| 1/16 | Illinois# Iowa City, IA -- 11 a.m. |
| 1/23 | Northwestern* Evanston, IL -- 11 a.m. |
| 1/29-30 | Shamrock Invite* South Bend, IN -- All Day |
| 2/5 | W. Illinois* & N. Iowa Iowa City, IA -- 5 p.m. |
| 2/17-20 | Big Ten Championships West Lafayette, IN -- Prelim/Final |
| 2/27-28 | Last Chance NCAA Qualifier TBA -- TBA |
| 3/12-14 | NCAA Diving Qualifier* TBA -- TBA |
| 3/18-20 | NCAA Championships West Lafayette, IN -- Prelim/Final |
| 4/17 | Alumni Meet* Iowa City, IA -- 11 a.m. |

All times are local to site.

* -- co-ed meet, % - Hy-Vee Cy-Hawk Series

THIS WEEK -- The University of Iowa women's swimming team will travel to Ames, IA to face in-state rival Iowa State Dec. 11. The Hawkeyes will take on the Cyclones at 6 p.m.

LAST EVENT-- Iowa had five swimmers travel to the ConocoPhillips Short Course National Championship meet. Dec. 3-5 in Federal Way, WA. **Danielle Carty, Daniela Cubelic, Verity Hicks, Christine Kuczek, Sarah Galvin and Katarina Tour** represented the Hawkeyes at the event. Iowa placed 26th out of 51 competing teams.

The Hawkeyes strongest events were their relays. The 4x50 free relay was their best event. The team of Kuczek, Cubelic, Carty and Tour took sixth-place at finals with a time of 1:34.20. The same relay team placed 13th in the 400 medley relay (3:48.02).

Carty, Tour, Cubelic and Kuczek teamed up again on the 4x50 medley relay. Iowa placed 13th at finals with a time of 1:44.15. Kuczek, Cubelic, Hick and Galvin took 14th in the 4x200 free relay (7:28.54). The Hawkeyes concluded the three-day competition with a 15th place finish in the 4x100 free relay (3:25.65).

HEAD COACH MARC LONG -- Marc Long is in his sixth season as head coach for the University of Iowa swimming team. It's his fifth as head coach of the combined program. During his tenure as head coach of both programs, 10 school records have fallen and 39 Hawkeyes have provisionally qualified for the NCAA Championships.

DIVING COACH BOB RYDZE -- Bob Rydze is in his 35th year as diving coach of the men's and women's teams at the University of Iowa. Rydze served as Team Leader for USA Diving at the 2008 Olympics in Beijing, China, where he served as the Team Leader for USA Diving. During his tenure with the Hawkeyes, Rydze has coached 31 all-Americans, nine Big Ten and one NCAA Champion.

CAMPUS RECREATION AND WELLNESS CENTER-- Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility will serve as the new home for Iowa Swimming and Diving upon completion in the spring of 2010. The facility will be at the corner of Burlington and Madison streets and is expected to cost \$69 million.

FIELD HOUSE POOL -- Iowa's Field House Pool was built in 1927 and was, at the time, the world's largest indoor swimming pool. In 1979, the pool underwent a \$400,000 renovation. Diving platforms were added in 1980. The pool is 150 feet long and 60 feet wide, with eight lanes. Diving facilities include a pair of one and three meter springboards, plus five and ten meter platforms.

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IOWA SWIMMING HISTORY & TRADITION -- Iowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top ten 18 times, crowning nine NCAA and 22 Big Ten Champions.

2009-10 Top Times

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|---------------------|-----------------------|----------|
| 50 free | Christine Kuczek..... | 23.46 |
| 100 free | Christine Kuczek..... | 51.22 |
| 200 free | Verity Hicks..... | 1:51.12 |
| 500 free | Verity Hicks..... | 4:57.65 |
| 1,000 free | Lauren Eytalis..... | 10:22.74 |
| 1,650 free..... | Lauren Eytalis..... | 17:20.99 |
| 100 back..... | Danielle Carty..... | 55.57 |
| 200 back..... | Daniela Cubelic..... | 2:04.22 |
| 100 breast..... | Julie Feingold..... | 1:05.16 |
| 200 breast..... | Julie Feingold..... | 2:19.81 |
| 100 fly | Katarina Tour..... | 55.06 |
| 200 fly | Laura Mozden..... | 2:02.86 |
| 200 IM..... | Katarina Tour..... | 2:03.11 |
| 400 IM..... | Kelsie Neubaer..... | 4:29.07 |
| 200 free relay..... | | 1:34.20 |
| 400 free relay..... | | 3:24.46 |
| 800 free relay..... | | 7:28.54 |
| 200 med. relay..... | | 1:44.15 |
| 400 med. relay..... | | 3:48.02 |
| One-Meter..... | Mary Sue Lemay..... | 223.05 |
| Three-Meter..... | Brittany Logan..... | 188.93 |