

# IOWA HAWKEYES

Swimming & Diving Contact: Ashley Carlson

**WOMEN'S SWIMMING & DIVING WEEKLY RELEASE**

**Jan. 18, 2011**

## 2011-12 Season Schedule (Overall 7-2, Big Ten 3-2)

10/8	<b>Black/Gold Intrasquad*</b> Iowa City, Iowa -- Gold W-181-91
10/20	Wisconsin* Madison, Wis. -- W- 224-74
10/29	<b>Michigan State*</b> Iowa City, Iowa -- W, 184.5-93.5
11/4	<b>Minnesota*</b> Iowa City, Iowa -- L, 205-95
11/18	<b>Purdue*</b> Iowa City, Iowa -- L , 182-118
12/ 2-4	<b>Hawkeye Invitational*</b> Iowa City, Iowa -- 3rd/8 teams 629 pts
12/9	at Iowa State% Ames, Iowa -- W, 176-124
1/6	at Training Trip Competition Arizona, L- 168-91- 168-91 New Mexico State, W- 160-102 Northern Arizona, W Oregon State, W-145-117
1/14	<b>Illinois#</b> Iowa City, Iowa -- W, 195.5-120.5
1/21	at Northwestern* & Harvard# Evanston, Ill. -- 11 a.m.
1/27-28	at Shamrock Invitational* South Bend, Ind. -- All Day
2/2	at Northern Iowa Cedar Falls, Iowa -- 6 p.m.
2/4	<b>Western Illinois (Senior Meet)</b> Iowa City, Iowa -- 6 p.m.
2/15-18	<b>at Big Ten Championships#</b> Iowa City, Iowa -- Prelim/Final
2/19	<b>Hawkeye/Big Ten Long Course Invite#</b> Iowa City, Iowa -- Prelim/Final
3/8-10	<b>Diving NCAA Zone Qualifer</b> Iowa City, Iowa -- TBA
3/15-17	at NCAA Championships# Auburn, Ala. -- Prelim/Final
3/22-24	at NCAA Championships^ Federal Way, Wash.-- Prelim/Final
4/14	<b>Alumni Meet*</b> Iowa City, Iowa -- 11 a.m.

All times are local to site.

\* -- co-ed meet

# -- women's only meet

% -- Iowa Corn Cy-Hawk Series

## THIS WEEK

The University of Iowa women's swimming and diving team travels to Evanston, Ill., to take on Northwestern and Harvard on Saturday. The meet is set to start at 11 a.m. inside the Norris Aquatics Center.

## SCOUTING NORTHWESTERN

Northwestern enters Saturday's meet with a 6-3 overall record and 1-3 mark in the Big Ten. The Wildcats beat Illinois in their first meet of the season, 199-101, and lost to Purdue (171-122), Wisconsin (163-132) and No. 22 Michigan (169-126).

Jimmy Tierney is in his 18th year as head coach and his 24th season of involvement with the Northwestern women's swimming program. Prior to being appointed head coach in 1994, Tierney spent six years as the Wildcats' assistant coach.

Tierney's teams have had a Big Ten champion in 15 different seasons. Prior to 2003, the Wildcats never had finished lower than fourth at the Big Ten Championships under Tierney, and have placed in the top 15 in the country 10 times.

## SCOUTING HARVARD

Harvard enters Saturday's meet with a 5-0 overall conference record. The Crimson beat conference-rivals Dartmouth (187.5-110.5), Cornell (218-80), Columbia (157-143), Penn (249-49) and Brown (193-107).

Stephanie Wriede Morawski is in her 15th year as the head coach at Harvard. Last season, Morawski led the Crimson to a 6-1 record and its second straight runner-up finish at the Ivy League and ECAC Championships.

Wriede's teams have broken every swimming record since 2005 and six marks (four individual and two relay) during the 2010-11 campaign. Morawski has a 102-22 career record.

## FOLLOW THE HAWKEYES

Become fans of the official Iowa swimming and diving page by going to <http://www.facebook.com/IowaSwimmingandDiving> to follow the Hawkeyes on Facebook. Fans can also follow the black and gold on Twitter at <http://twitter.com/#!/IowaHawkeyeSwim>.

## SETTING THE RECORD STRAIGHT

Iowa freshman Becky Stoughton set school and pool records in the 1,000 free (9:39.44), 500 free (4:43.79) and 400 IM (4:16.01). She also set the school record in the 200 free (1:48.52). All of her times surpass the NCAA provisional cut times.

She crushed her previous school record time in the 1,000 free by over 11 seconds with a time of 9:39.44. She bested her previous record (9:51.32), which she set against Wisconsin on Oct. 20.

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Stoughton broke her previous school and pool record in the 400 IM and 500 free at the Iowa Hawkeye Invitational on Dec. 2-4

The Peoria, Ill., native also set the pool record in the 1,000 free at the University of Wisconsin's Natatorium with a time of 9:51.32.

Combining pool and school records, Stoughton has set 16 records so far this season.

The Hawkeyes set pool records in the 200 fly, 200 IM and one-meter springboard at Iowa State's Beyer Hall Pool when Iowa faced the Cyclones.

Abbey Tuchscherer set the pool record in the 200 fly with a time of 2:01.17, to break a 20-year-old record.

Stoughton posted a pool record in the 200 IM with her time of 2:03.70. Stoughton's time beat the previous record, which was held by former Iowa swimmer Katarina Tour (2:03.74) in 2009.

Senior diver Veronica Rydze compiled a collegiate best score of 312.90 on the one-meter springboard to set a pool record.

### NCAA PROVISIONAL CUT TIMES

The Hawkeyes currently have NCAA 'B' provisional qualifying cuts in six events this season:

- 200 Free, Becky Stoughton (1:48.52)
- 1,000 Free, Becky Stoughton (9:29.44)
- 1,650 Free, Becky Stoughton (16:28.18)
- 400 IM, Becky Stoughton (4:16.01)
- 200 Medley Relay (1:41.41)
- 400 Free Relay (3:23.31)

### WEEKLY HONORS

Becky Stoughton was selected as the Division I National Swimmer of the Week by collegeswimming.com on Nov. 8. She was also named the Big Ten Conference Swimmer of the Week on Nov. 8 for her same efforts against Minnesota.

Senior Veronica Rydze was named the Big Ten Diver of the Week on Dec. 6 after claiming the 1 and 3-meter diving titles at the Hawkeye Invitational.

Sophomore Abbey Tuchscherer was named Big Ten Co-Swimmer of the Week on Dec. 13 for her efforts against in-state rival Iowa State.

Stoughton was named the Big Ten Freshman Swimmer of the Week Dec. 10 for recording first place finishes in the 500 and 1,000 free at No. 5 Arizona.

### US DIVING NATIONALS

Senior diver **Veronica Rydze** competed in the one-meter and three-meter springboards as well as the three-meter synchro with former Iowa All-America diver **Deidre Freeman** at the 2011 USA Diving Winter National Championships and World Cup Trials.

Rydze posted a seventh place finish on the one-meter with a score of 258.38 and placed 36th on the three-meter springboard with 213, finishing better than 38 competitors. Rydze and Freeman dove to a fifth place finish in the three-meter synchro with 519.30 points.

### CANADIAN DIVING WINTER CHAMPIONSHIPS

Sophomore diver **Lauren Kelba** competed at the Canadian Diving Winter Championships and World Cup Trials Dec. 15-18. Kelba performed five dives on the 3-meter springboard in the preliminaries to place 23rd overall with 231 points.

### RETURNING ALL-AMERICANS

The women's squad returns All-America diver **Veronica Rydze**. She earned the accolade after finishing 13th on the one-meter board (296.35) at the NCAA Championships.

### LAST EVENT

The Hawkeyes hosted Illinois on Jan. 14 at the Campus Recreation and Wellness Center. Iowa won 15 of 16 events to defeat the Fighting Illini 195.5-102.5.

### NEXT EVENT

The Hawkeyes will travel to South Bend, Ind., to compete at the Shamrock Invitational on Jan. 27-28. The meet will run as prelims/finals.

### CAMPUS RECREATION AND WELLNESS CENTER

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is home for the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

### BIG TEN CHAMPIONSHIPS

The University of Iowa hosts the 2012 Big Ten Women's Swimming and Diving Championships on Feb. 15-18 at the Campus Recreation and Wellness Center Pool in Iowa City, Iowa.

Visit the official Championship page at [hawkeyesports.com/sports/w-swim](http://hawkeyesports.com/sports/w-swim) for information on tickets, travel, parking, results, schedule of events and more.

Iowa previously hosted the 1985 Big Ten Women's Swimming

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and Diving Championships at the UI Field House.

Iowa will also be host to the 2012 Men's Big Ten Swimming and Diving Championships on Feb. 22-25. The same site has not hosted both the men and women's Big Ten meets since 1987 and 1988 when they were held in Indianapolis.

## HEAD COACH MARC LONG

Marc Long is in his eighth season as head coach for the University of Iowa swimming team. It's his seventh as head coach of the combined program. During his tenure as head coach of both programs, 36 school records have fallen and 74 Hawkeyes have provisionally qualified for the NCAA Championships.

## DIVING COACH BOB RYDZE

Bob Rydze is in his 37th year as diving coach of the men and women's teams at the University of Iowa. Rydze served as Team Leader for USA Diving at the 2008 Olympics in Beijing. During his tenure with the Hawkeyes, Rydze has coached 33 All-Americans, nine Big Ten and one NCAA Champion.

## IOWA SWIMMING HISTORY & TRADITION

Iowa was one of the first schools in the nation to compete on the collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

## CAPTAINS COUNCIL

Six student-athletes have been named to the 2011-12 Captains' Council. **Ryan Phelan**, **Jordan Huff** and **Kyle Noser** will captain the men's squad, while **Daniela Cubelic**, **Danielle Carty** and **Haley Gordon** will captain the women's squad. The Captains' Council was voted on by their peers and coaches.

## 2011-12 TOP TIMES

50 Free .....	Heather Arseth .....	23.51
100 Free .....	Danielle Carty .....	50.95
200 Free .....	Becky Stoughton.....	1:48.52*
500 Free .....	Becky Stoughton.....	4:43.79***(B)
1,000 Free .....	Becky Stoughton.....	9:39.44***(B)
1,650 Free .....	Becky Stoughton.....	16:28.18 (B)
100 Back .....	Daniela Cubelic.....	55.86
200 Back .....	Daniela Cubelic.....	2:02.31
100 Breast.....	Hannah Maher.....	1:03.13
200 Breast.....	Karolina Wartalowicz.....	2:16.89
100 Fly .....	Abbey Tuchscherer .....	54.77
200 Fly .....	Abbey Tuchscherer .....	2:01.17
200 IM.....	Haley Gordon.....	2:03.36
400 IM.....	Becky Stoughton.....	4:16.01*** (B)
200 Free Relay .....	Arseth, Maher, Carty, Cubelic ..	1:33.91
400 Free Relay.....	Carty, Arseth, Hovren, Stoughton.....	3:23.31 (B)
800 Free Relay.....	Hovren, Stoughton, Cubelic, Maher..	7:29.89
200 Medley Relay.....	Carty, Wartalowicz, Gordon, Arseth....	1:41.41(B)
400 Medley Relay.....	Cubelic, Wartalowicz, Tuchscherer, Stoughton.....	3:45.19
One-Meter Diving .....	Veronica Rydze.....	312.30
Three-Meter Diving ....	Veronica Rydze.....	345.90
Platform.....	Lauren Kelba.....	253.65

(B) - NCAA B Cut, \* -- school record, \*\* -- Pool Record, ^  
 -- NCAA diving Standard