



IOWA SOCCER

UNIVERSITY OF IOWA CAMP STAFF INFORMATION

CAMP DIRECTOR



RON RAINEY

Head Coach, The University of Iowa since 2005
Former Ball State Head Coach (1999-2005)
17 years of collegiate coaching experience
MAC Coach of the Year, 2002
Region II ODP Staff
USSF 'A' License, NSCAA Advanced National Diploma, USSF National Youth Coaching License



SHANE MERIDITH

Assistant Coach, The University of Iowa
14 years of collegiate coaching experience
USSF 'A' License
Region II ODP Staff
Former director of Westside Soccer Club in Ohio
All Conference at Earlham College



EILEEN NARCOTTA

Assistant Coach, The University of Iowa
9 years of collegiate coaching experience
USSF 'B' License
Region II ODP Staff
NSCAA Advanced National License
Played at the University of Vermont

CAMP COACHES

ADDITIONAL COACHES will include other collegiate coaches as well as current players. Both will possess a tremendous knowledge of the game and will be able to provide a fun and enthusiastic atmosphere for all campers!!



IOWA SOCCER



2010 Elite Skills Camp

July 18-21, 2010

Residential/Commuter Camp

For GIRLS ONLY ages 10-18

www.iowasportscamps.com



Apply online or access additional information at:

www.iowasportscamps.com

The University of Iowa requests information for the purpose of registration in The University of Iowa Sports Camps programs. No persons outside the University are routinely provided this information except for items of directory information such as name and local address. Responses to all items are required. If you fail to provide the required information, the University may not consider your registration. The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, 319-335-0705 681942-08



IOWA SOCCER

CAMP PHILOSOPHY

The Elite Skills Camp targets the advanced player capable of handling a challenging and complex curriculum. The camp is geared towards those who have aspirations of being a collegiate soccer player, and will provide an experience comparable to that of our current student-athletes. We have designed the camp to challenge each player through match play coupled with tactical training sessions. Sessions will also incorporate technical, functional, physical and psychological training. All sessions will be conducted at some of the finest facilities in the country!

CAMP FEATURES

ADVANCED instruction in a challenging and educational environment

RECRUITING SEMINAR for all levels of collegiate competition

STRENGTH and AGILITY sessions

VIDEO ANALYSIS session

CAMP T-SHIRT

GAMES against and with our staff!

PREMIER FACILITIES for quality training

GOALKEEPING SESSIONS

Goalkeepers are a valuable component of advanced team development, and they will receive a well rounded goal-keeping experience here! We strive to produce the "complete keeper," so they will be exposed to advanced technical, tactical, physical and mental training. It is vital for goalkeeper development that they be exposed to individual AND match related team training; here they will have the opportunity to participate and be evaluated in both environments!

2010 Elite Skills Camp

WHEN : July 18-21, 2010

WHERE: The University of Iowa

We will utilize the Soccer Stadium and training facility, the Hawk-eye Tennis and Recreation Center, and various campus facilities

AGES: Girls 10-18

FEES: \$470.00 Resident, \$370.00 Commuter

TEAM FEES: \$440.00 Resident, \$340.00 Commuter (10 or more athletes from the same team, registrations must be mailed in together)

HANDLING FEE: There is a \$5.00 handling fee added to each registration.

RESIDENTIAL/COMMUTER: Open to either

Residents will stay at the Hillcrest dormitory, which is all inclusive and centrally located.

A detailed letter of confirmation and medical release form will be sent upon receipt of your application.

****Due to the curriculum and scope of this camp, enrollment will be limited so apply EARLY!!****

COME TRAIN WITH THE HAWKEYES!!



IOWA SOCCER

TRAINING TO GET TO THE NEXT LEVEL!

ELITE SKILLS CAMP SCHEDULE

Sunday, July 18

- Registration 4-5 p.m.
- Evening Session 6-8 p.m.
- College Talk 9-10 p.m.

Monday, July 19 and Tuesday, July 20

- Morning Session 9-11 a.m.
- Technical Session 1-2 p.m.
- Strength Training 2-3 p.m. (Monday)
- Video Analysis 2-3 p.m. (Tuesday)
- Tournament Games 6-9 p.m.

Wednesday, July 21

- Morning Session 9-11 a.m.
- Camp All Star Game 1-3 p.m.
- Camp concludes 4 p.m.



QUESTIONS?? CALL RON RAINEY AT 319-335-9271

Or register online at www.iowasportscamps.com