

IOWA HAWKEYES

Swimming & Diving Contact: Ashley Carlson

WOMEN'S SWIMMING & DIVING WEEKLY RELEASE

Nov. 14 2011

2011-12 Season Schedule (Overall 2-1, Big Ten 2-1)

10/8	Black/Gold Intrasquad* Iowa City, Iowa -- Gold W-181-91
10/20	Wisconsin* Madison, Wis. -- W- 224-74
10/29	Michigan State* Iowa City, Iowa -- W, 184.5-93.5
11/4	Minnesota* Iowa City, Iowa -- L, 205-95
11/18	Purdue* & Ohio State^ Iowa City, Iowa -- 5 p.m.
12/ 2-4	Hawkeye Invitational* Iowa City, Iowa -- Prelim/Final
12/9	at Iowa State% Ames, Iowa -- 6 p.m.
1/6	at Training Trip Competition Arizona^, New Mexico#, Oregon State# Tucson, Ariz. -- 2 p.m.
1/14	Illinois# Iowa City, Iowa -- 11 am
1/21	at Northwestern* & Harvard# Evanston, Ill. -- 11 a.m.
1/27-28	at Shamrock Invitational* South Bend, Ind. -- All Day
2/2	at Northern Iowa Cedar Falls, Iowa -- 6 p.m.
2/4	Western Illinois (Senior Meet) Iowa City, Iowa -- 6 p.m.
2/15-18	at Big Ten Championships# Iowa City, Iowa -- Prelim/Final
2/19	Hawkeye/Big Ten Long Course Invite# Iowa City, Iowa -- Prelim/Final
2/22-25	at Big Ten Championships^ Iowa City, Iowa -- Prelim/Final
2/26	Hawkeye/Big Ten Long Course Invite^ Iowa City, Iowa -- All Day
3/8-10	Diving NCAA Zone Qualifier Iowa City, Iowa -- TBA
3/15-17	at NCAA Championships# Auburn, Ala. -- Prelim/Final
3/22-24	at NCAA Championships^ Federal Way, Wash.-- Prelim/Final
4/14	Alumni Meet* Iowa City, Iowa -- 11 a.m.

All times are local to site.

* -- co-ed meet

-- women's only meet

^ -- men's only meet

THIS WEEK

The University Iowa women's swimming and diving team will host Purdue on Friday at the Campus Recreation and Wellness Center Pool. The meet is set to begin at 5 p.m.

LIVE STATS

For live results from your computer or smart phone, visit:

<http://live.iowaswimming.com/swimming/>

Free WiFi is available at the CRWC for all students and faculty.

EVENT PROMOTIONS

The first 50 fans to arrive at Friday's competition will receive a certificate for a FREE smoothie at the Tropicana Cafe located in the Campus Recreation and Wellness Center.

Hawkeye fans can also pick up 2011-12 swimming and diving posters, calendar cards, stickers and bumper stickers from the marketing table located in the pool gallery at the main entrance.

FOLLOW THE HAWKEYES

Become fans of the official Iowa swimming and diving page by going to <http://www.facebook.com/IowaSwimmingandDiving> to follow the Hawkeyes on Facebook. Fans can also follow the black and gold on Twitter at <http://twitter.com/#!/IowaHawkeyeSwim>.

SCOUTING PURDUE

The Boilermakers enter Friday's dual with a 4-0 record on the season. The team hosted a Indiana Intercollegiate meet with Indiana, Valparaiso and University of Indiana. Purdue finished first out of all four teams. The Boilermakers have also beat Miami of Ohio (175-117), Notre Dame (168-131) and Northwestern (171-122).

Purdue finished fifth at the 2011 Big Ten Championships tallying 385.5 points, while Iowa finished ninth with 151 points. The Boilermakers had nine swimmers represented at the NCAA Championships, finishing 25th overall with 36 points.

John Klinge has helped elevate the national profile of the Purdue women's swimming and diving program in his three years as head coach. He was named the Big Ten Coach of the Year after leading the Boilermakers to historic highs in 2009-10.

SETTING THE RECORD STRAIGHT

Freshman Becky Stoughton set school and pool records in the 1,000 free (9:39.44), 500 free (4:47.18) and 400 IM (4:17.60).

She crushed her previous school record in the 1,000 free by over 11 seconds with a time of 9:39.44. She beat her previous record, which she set against Wisconsin Oct. 20 with a time of 9:51.32.

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Stoughton broke her previous school and pool record in the 400 IM of 4:17.90, which she set at Iowa's meet against Michigan State on Oct. 29.

The Peoria, Ill., native set the pool record in the 1,000 free at the University of Wisconsin's Natatorium with a time of 9:51.32. The time marked a collegiate best for Stoughton and ranks fourth in school history.

Combining pool and school records, Stoughton has set 12 records in Iowa's first four meets of the season.

WEEKLY HONORS

Becky Stoughton was selected as the Division I National Swimmer of the Week by collegeswimming.com Nov. 8.

Stoughton, a freshman from Peoria, Ill., set pool records in all three events in which she swam on Nov. 4 in the dual meet against Minnesota. She won the 1,000-yard freestyle in 9:39.44, the 500-yard free in 4:47.18 and the 400-IM in 4:17.60. The 500-free and 400-IM times were both NCAA "B" qualifiers.

Stoughton was also named the Big Ten Conference Swimmer of the Week Nov. 8 for her same efforts against Minnesota.

Stoughton is the first Hawkeye swimmer to garner the Swimmer of the Week honor this season, and the first since Katrina Tour on Dec. 14, 2010.

RETURNING ALL-AMERICANS

The women's squad returns All-America diver **Veronica Rydze**. She earned the accolade after finishing 13th on the one-meter board (296.35) at the NCAA Championships.

LAST EVENT

The Hawkeyes lost their first meet of the season Nov. 4 against Minnesota. The Gophers beat Iowa, 205-95.

NEXT EVENT

Iowa will return home Dec. 2-5 to host the Hawkeyes Invitational. The competition will be prelims/finals with prelims starting at 11 a.m., while finals is set to begin at 6 p.m.

CAMPUS RECREATION AND WELLNESS CENTER

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is home for the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

BIG TEN CHAMPIONSHIPS

The Hawkeyes will serve as the hosts of the 2012 Big Ten Championships. The championship will take place Feb. 15-18 at the Campus Recreation and Wellness Center.

HEAD COACH MARC LONG

Marc Long is in his eighth season as head coach for the University of Iowa swimming team. It's his seventh as head coach of the combined program. During his tenure as head coach of both programs, 36 school records have fallen and 74 Hawkeyes have provisionally qualified for the NCAA Championships.

DIVING COACH BOB RYDZE

Bob Rydze is in his 37th year as diving coach of the men and women's teams at the University of Iowa. Rydze served as Team Leader for USA Diving at the 2008 Olympics in Beijing. During his tenure with the Hawkeyes, Rydze has coached 33 All-Americans, nine Big Ten and one NCAA Champion.

IOWA SWIMMING HISTORY & TRADITION

Iowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

CAPTAINS COUNCIL

Six student-athletes have been named to the 2011-12 Captains' Council. **Ryan Phelan**, **Jordan Huff** and **Kyle Noser** will captain the men's squad, while **Daniela Cubelic**, **Danielle Carty** and **Haley Gordon** will captain the women's squad. The Captains' Council was voted on by their peers and coaches.

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2011-12 Top Times

50 Free	Heather Arseth	24.03
100 Free	Heather Arseth	51.76
200 Free	Becky Stoughton.....	1:49.70
500 Free	Becky Stoughton.....	4:47.18***(B)
1,000 Free	Becky Stoughton.....	9:39.44***(B)
100 Back	Danielle Carty	56.50
200 Back	Daniela Cubelic	2:04.58
100 Breast	Hannah Maher	1:04.85
200 Breast	Karolina Wartalowicz	2:20.34
100 Fly	Haley Gordon.....	56.57
200 Fly	Haley Gordon.....	2:04.35
200 IM.....	Haley Gordon.....	2:04.96
400 IM.....	Becky Stoughton....	4:17.60*** (B)
200 Free Relay	Groya, Cubelic, Borja, Hovren	1:36.97
400 Free Relay	Arseth, Carty, Cubelic, Hovren.....	3:26.78
200 Medley Relay	Carty, Wartalowicz, Gordon, Arseth.....	1:42.94
One-Meter Diving	Veronica Rydze.....	290.33^
Three-Meter Diving ..	Veronica Rydze.....	322.36

(B) - NCAA B Cut, * -- school record, ** -- Pool Record,
^ -- NCAA diving Standard