



# University of Iowa Volleyball

vs. Wake Forest - Sept. 3, 4:30 p.m.  
 vs. Creighton - Sept. 4, 11:30 a.m.  
 at Saint Louis - Sept. 4, 7 p.m.

Sept. 1, 2010

## University of Iowa Hawkeyes

3-0

VS.



Wake Forest  
Demon Deacons

2-1

Sept. 3, 2010

Saint Louis Tournament  
St. Louis, MO



Creighton  
Bluejays

1-3

Sept. 4, 2010

Saint Louis Tournament  
St. Louis, MO



Saint Louis  
Billikens

1-2

Sept. 4, 2010

Saint Louis Tournament  
St. Louis, MO

## ON THE ROAD FOR THREE

The Hawkeyes head to St. Louis, Mo., this weekend to compete in the Marcia E. Hamilton Active Ankle Challenge on the campus of Saint Louis University. Iowa opens the Challenge Friday at 4:30 p.m. against Wake Forest. The Hawkeyes conclude the Challenge with a doubleheader Saturday. Iowa takes on Creighton at 11:30 a.m. before facing tournament-host Saint Louis at 7 p.m.

**Head Coach Sharon Dingman:** "We got the season started on the right track and we're excited to keep moving forward this weekend. The freshmen will be making their first road trip, which is always exciting, and I think the veterans are pumped about taking this team on the road. We have great team chemistry in our lockerroom and that can be very beneficial when you hit the road for the first time."

## HAWKEYES ONLINE

Hawkeye fans can follow this weekend's action by visiting [hawkeyesports.com](http://hawkeyesports.com). A member of the volleyball staff will operate a live blog during each match. Gametracker will also provide coverage for all three weekend matches. Saturday's contest vs. Saint Louis will be streamed live at no cost on the Billikens' All-Access site. Visit [slubillikens.com](http://slubillikens.com) for All-Access information.

Throughout the season, fans will be able to follow the Hawkeyes via the Official Iowa Volleyball Blog, Gametracker, live streaming and live audio by visiting [hawkeyesports.com](http://hawkeyesports.com). Iowa's home matches will be available via Hawkeye All-Access.

Audio, video and Gametracker links can be found on the volleyball schedule page of [hawkeyesports.com](http://hawkeyesports.com).

## IOWA ON THE BTN

The Hawkeyes will make three appearances on national television this season. Each of Iowa's contests versus No. 6 Minnesota (10/6, 10/27) and the home match against Northwestern (10/30) will be televised live on the Big Ten Network. All three matches will be broadcast in high-definition.

## 2010 Schedule

Date	Opponent	Time
<b>8/27-29</b>	<b>Hawkeye Challenge (Iowa City, IA)</b>	
8/27	Alabama	W, 3-1
8/28	Southern Illinois	W, 3-2
8/29	Green Bay	W, 3-0
<b>9/3-4</b>	<b>at Active Ankle Challenge (St. Louis, MO)</b>	
9/3	vs. Wake Forest	4:30 p.m.
9/4	vs. Creighton	12 p.m.
9/4	at St. Louis	7 p.m.
<b>9/10</b>	<b>vs. #9 Iowa State</b>	<b>7 p.m.</b>
9/14	at Drake	7 p.m.
9/19	at Northern Illinois	3 p.m.
9/24	at #12 Michigan	6 p.m.
9/25	at Michigan State	5:30 p.m.
<b>10/1</b>	<b>Indiana</b>	<b>7 p.m.</b>
<b>10/3</b>	<b>Purdue</b>	<b>2 p.m.</b>
<b>10/6</b>	<b>#6 Minnesota^</b>	<b>6 p.m.</b>
10/8	at Northwestern	7 p.m.
10/15	at Ohio State	6 p.m.
10/16	at #1 Penn State	6 p.m.
<b>10/22</b>	<b>Wisconsin</b>	<b>7 p.m.</b>
<b>10/23</b>	<b>#6 Illinois</b>	<b>7 p.m.</b>
10/27	at #6 Minnesota^	6 p.m.
<b>10/30</b>	<b>Northwestern^</b>	<b>7 p.m.</b>
11/5	at Purdue	6 p.m.
11/6	at Indiana	6 p.m.
<b>11/12</b>	<b>Michigan State</b>	<b>7 p.m.</b>
<b>11/13</b>	<b>#12 Michigan</b>	<b>7 p.m.</b>
11/19	at #6 Illinois	7 p.m.
11/20	at Wisconsin	7 p.m.
<b>11/26</b>	<b>#1 Penn State</b>	<b>7 p.m.</b>
<b>11/27</b>	<b>Ohio State</b>	<b>7 p.m.</b>

home games listed in bold  
 all times listed are central  
 ^Big Ten Network (HD)



## Final 2009 Big Ten Standings

	Conf.	Overall
<b>1. IOWA</b>	<b>0-0</b>	<b>3-0</b>
Illinois	0-0	3-0
Indiana	0-0	3-0
Michigan State	0-0	3-0
Minnesota	0-0	3-0
Ohio State	0-0	3-0
Penn State	0-0	3-0
Wisconsin	0-0	3-0
Northwestern	0-0	2-0
<b>10. Michigan</b>	<b>0-0</b>	<b>2-1</b>
Purdue	0-0	2-1

## Sports Information

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## Iowa on the Web

Updated statistics, rosters, game notes, schedules and more can be found at the University of Iowa Athletic Department's website. The address is:

**[hawkeyesports.com](http://hawkeyesports.com)**

## Media Information

**PRACTICE ATTENDANCE** - All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform Chris Brewer of their intention to attend practice. The Hawkeyes practice daily from 11:30-2:30 p.m. at Carver-Hawkeye Arena.

**PLAYER INTERVIEWS** - All player interviews are coordinated through Chris Brewer of the Iowa Sports Information Office. Please contact Chris (319-335-9267) so that he may set a time for an interview which does not interfere with the student-athlete's academic or practice schedules.

## WAKE FOREST (game one)

The Demon Deacons are members of the Atlantic Coast Conference and led by sixth-year head coach Heather Kahl Holmes. Wake Forest is 2-1 on the young season and led by junior outside hitter Kadija Fornah, who leads the team in kills and was voted the team's best offensive player in 2009. The Demon Deacons are 1-0 all-time against the Hawkeyes. Wake Forest won the only meeting between the schools, 3-0, in 2005.

## CREIGHTON (game two)

The Bluejays are members of the Missouri Valley Conference and led by eighth-year head coach Kirsten Bernthal Booth and senior outside hitter Alicia Runge, who has 60 kills through the first four matches of 2010. Creighton won its season opener, but has since dropped three straight matches. The two schools have split the all-time series, 1-1. Iowa won the last meeting, 3-2, in 2006.

## SAINT LOUIS (game three)

The Billikins are members of the Atlantic 10 and led by sixth-year head coach Anne Kordes, the 2008 Conference Coach of the Year. The Billikens enter the weekend with a 1-2 mark and are led by senior outside hitter Megan Boken, who was named Atlantic 10 Defensive Player of the Week Aug. 31. Iowa and Saint Louis haven't met since Iowa swept the Billikens, 3-0, in 1992, the only meeting between the schools.

## HISTORY IN THE MAKING

For the first time in program history, the Iowa volleyball team has started 3-0 in consecutive seasons. Iowa swept through the Hawkeye Challenge to post its 3-0 record this year. In 2009, the Hawkeyes matched the best start in program history by winning their first six matches.

## TRIPLE-DOUBLE TROUBLE

Senior **Becky Walters** and juniors **Mallory Husz** and **Paige Stevens** each recorded double-doubles in Iowa's 3-2 come-from-behind victory over SIU. Stevens matched her career high by dishing 52 assists and set a career high by picking up 15 digs. Husz recorded career bests in kills (21) and total blocks (11), while Walters earned career highs in kills (20) and digs (10).

## HAWKEYES DOMINATE ALL-TOURNAMENT TEAM

Four Hawkeyes earned all-tournament honors at the 2010 Hawkeye Challenge, including tournament MVP Mallory Husz, who averaged 12 kills and 6.7 blocks as Iowa swept through the three-match challenge. Freshman Bethany Yeager was named the tournament's top libero after averaging 5.25 digs per set. Senior Becky Walters and junior Megan Eskew were named to the all-tournament team.

## DEEP IN THE HEARTLAND

The Hawkeyes have four incoming freshmen on the roster, including three from the Lone Star State. Freshmen Bethany Yeager (Brenham, TX), Chante' Thompson (Hurst, TX) and Rachael Bedell (Plano, TX) all come from the state of Texas. The trio is joined by freshman Nikki Dailey (Franklin, WI). Iowa's freshmen quartet represent a 2010 recruiting class that earned Highest Honorable Mention by PrepVolleyball.com.

## HAWKEYE SCHEDULE

After beginning the season with three straight home matches the Hawkeye will hit the road for seven of their next eight contests, including a conference-opening road trip to Michigan and Michigan State. Fourteen of Iowa's 29 matches are against 2009 NCAA Tournament qualifiers. They include Iowa State, Saint Louis, Illinois (2), Michigan (2), Michigan State (2), Ohio State (2) and Penn State (2).

## HAWKEYE CAPTAINS

Senior **Becky Walters** and junior Megan Eskew have been named team captains for the 2010 season. Walters, a fifth-year senior from Parkersburg, IA, recorded a career-best 181 kills in 2009, the third highest total on the team. Eskew missed 2009 with a knee injury but returned last week to earn all-tournament honors at the Hawkeye Challenge.



## Head Coach Sharon Dingman



Sharon Dingman was hired as the eighth coach in Iowa volleyball history March 21, 2008.

In two seasons at the helm of the volleyball program, she has led the Hawkeyes to historical heights.

In 2009, Dingman helped Iowa match the best start in program history by guiding the Hawkeyes to a 6-0 start. Iowa eventually became the first team in school history to start the season 7-0 on the road.

Iowa has set season attendance records in each of Dingman's two years as head coach, including averaging a school-record 1,632 fans in 2009, the 23rd highest total in the country.

In her first season she led Iowa to its most successful campaign in eight years. The Hawkeyes' 14 overall victories and six conference wins were the most by an Iowa Volleyball team since 2000. Dingman also reached a personal milestone in her inaugural Hawkeye season, recording career victory No. 350 November 14 in a five-set victory over Northwestern.

Iowa re-established a home-court advantage in Dingman's first season, posting its first winning season at North Carver since 1998 and setting a program attendance record.

Dingman came to Iowa after serving as head coach at Illinois State from 2000-07, where she compiled a 147-98 record. In 2007, Dingman led the Redbirds to their first at-large berth into the NCAA Tournament since 1997. Illinois State reached the championship match of the Missouri Valley Conference Tournament and finished with a 21-12 overall record.

Illinois State produced winning seasons in seven of the eight seasons under Dingman and never finished lower than fifth in the Missouri Valley Conference. Dingman produced 21 all-Missouri Valley Conference selections, including Player of the Year, Libero of the Year and two Freshman of the Year honorees.

Dingman started her head coaching career in 1991 at Auburn, where she led the Tigers to a 22-13 record in her only season at the helm. Her 1991 squad became the first Auburn volleyball team to receive votes in the national poll and Auburn's fourth place finish in the SEC that season marked the highest finish ever for Auburn at the time.

She then moved to Butler in 1992, where she served as head coach for eight seasons. Dingman led the Bulldogs to four 20 win seasons and three postseason tournaments, including an appearance in the NCAA Tournament in 1997 after capturing the Midwestern Collegiate Conference title. She was named MCC Coach of the Year in 1997 after compiling a 28-7 record.

Prior to becoming a head coach, Dingman spent seven seasons as an assistant coach at three Division I programs. After one season at Northern Michigan (1984), she assisted at Texas Tech for three seasons (1985-87). Dingman then spent three seasons at Kentucky (1988-90) and helped the Wildcats to an SEC Championship in 1988 along with three-straight regional finals appearances in the NCAA Tournament.

### HUFFMAN SIDELINED

Senior Aimee Huffman continues to rehab from a right shoulder injury and will miss the 2010 season. Huffman was an Academic all-Big Ten honoree in 2009 and was expected to be Iowa top returning scorer. Last season, the Poth, TX native ranked among the team leaders in kills (second), assists (third), blocks (third) and digs (third). Huffman started the first 26 games of 2009 before missing the final six matches due to illness. She was named MVP of two preseason tournaments and earned all-tournament honors at last year's Hawkeye Challenge.

### BIG IN '09

The Hawkeyes continued to show signs of improvement and postseason potential in Dingman's second season at the helm of the Iowa program. The Hawkeyes recorded five conference victories to raise their two-year win total to 11, the highest two-year win total in nine years. Other 2009 highlights include:

- ranked No. 23 in national attendance
- set average attendance record of 1,632
- hosted the two largest crowds in program history, including a school record 3,102 fans Nov. 11 vs. Penn State
- started the season 6-0, matching the best start in program history
- first team in program history to start the season 7-0 on the road
- ranked No. 23 in national attendance

### AMONG THE NATION'S BEST

Four Big Ten teams rank in the top 12 of the AVCA Division I Coaches Preseason Poll, which was released last week. Defending national champion Penn State topped the charts after receiving 40 first-place votes. The Nittany Lions have been ranked atop the poll since Oct. 29, 2007, the year they won their first of three straight national championships. Illinois and Minnesota tied for sixth in the first poll of 2010, while Michigan appeared at No. 12. Ohio State, Michigan State and Wisconsin received votes last week, earning mentions in the preseason poll.

- The Big Ten led the nation in attendance in 2009 and has been the national leader on seven occasions in the last 13 years, including four of the past six seasons.
- Big Ten volleyball possesses unrivaled national television coverage. Twenty-three regular-season games reached a national television audience in 2009, while another 21 were streamed online at [www.bigtennetwork.com](http://www.bigtennetwork.com). This year, 23 regular-season contests will be televised and additional matches will be streamed online at [www.bigtennetwork.com](http://www.bigtennetwork.com).
- Big Ten teams have combined to reach the NCAA semifinals on 17 occasions.
- The Big Ten has sent three or more teams to NCAA regionals on 15 occasions, including each of the past eight years.
- The Big Ten owns a 208-126 (.623) overall record in NCAA competition and has posted a record of .500 or better in each of the past 19 NCAA tournaments.



## Iowa's Record When...

Three-Set Match:.....	1-0
Four-Set Match:.....	1-0
Five-Set Match:.....	1-0
Iowa Wins First Set:.....	1-0
Opponent Wins First Set: .....	2-0
Iowa Wins Second Set:.....	2-0
Opponent Wins Second Set:.....	1-0
Iowa Wins Third Set:.....	3-0
Opponent Wins Third Set:.....	0-0
Iowa Wins Fourth Set: .....	2-0
Opponent Wins Fourth Set:.....	0-0
Iowa To Eight First in Fifth Set:..	1-0
Opponent To Eight First in Fifth Set:	0-0
At Home: .....	3-0
On the Road: .....	0-0
At Neutral Site:.....	0-0
Day Match: .....	1-0
Night Match:.....	2-0
vs. Ranked Opponents:.....	0-0
Iowa Has More Kills: .....	2-0
Opponent Has More Kills: .....	0-0
Iowa Has Higher Hitting %:.....	3-0
Opponent Has Higher Hitting %:.....	0-0
Iowa Has More Assists:.....	2-0
Opponent Has More Assists: .....	0-0
Equal Number of Assists:.....	1-0
Iowa Has More Aces:.....	2-0
Opponent Has More Aces: .....	0-0
Equal Number of Aces:.....	1-0
Iowa Has More Digs:.....	2-0
Opponent Has More Digs:.....	1-0
Iowa Has More Blocks: .....	3-0
Opponent Has More Blocks:.....	0-0
Wearing White/Black Uniforms:.....	3-0
Wearing Black/Gold Uniforms:.....	0-0
In Eastern Time Zone:.....	0-0
In Central Time Zone: .....	3-0
In Mountain Time Zone:.....	0-0
On Big Ten Network:.....	0-0
In Iowa:.....	3-0
In Indiana:.....	0-0
In Illinois: .....	0-0
In Minnesota: .....	0-0
In Michigan:.....	0-0
In New York .....	0-0
In Ohio:.....	0-0
In Pennsylvania: .....	0-0
In Wisconsin: .....	0-0
On Wednesday: .....	0-0
On Friday: .....	1-0
On Saturday:.....	1-0
On Sunday: .....	1-0

## 2010 Hawkeye Roster

No.	Name	Ht.	Cl.	Pos.	Hometown/Previous School
1	Nikki Dailey	5-9	Fr.	S	Franklin, WI/Franklin HS
3	Mallory Husz	6-0	Jr.	MB	Council Bluffs, IA/Lewis Central HS
4	Bethany Yeager	5-7	Fr.	L	Brenham, TX/Brenham HS
5	Lauren Freidman	6-0	So.	MB	Waterloo, IA/Columbus HS
6	Paige Stevens	6-1	Jr.	S	Naperville, IL/Neuqua Valley HS
8	Chante'Thompson	6-3	Fr.	MB	Hurst, TX/L.D. Bell HS
10	Becky Walters*	6-3	Sr.*	MB	Parkersburg, IA/Aplington-Parkersburg
12	Tiffany Nilges	5-11	Jr.	OH	Tripoli, IA/Tripoli HS
13	Aimee Huffman*	6-0	Sr.	RS/S	Poth, TX/Poth HS
14	Megan Eskew	5-9	Jr.*	OH	Schererville, IN/Marist HS
22	Allison Straumann	5-11	So.	OH	Cary, IL/Cary Grove HS
23	Jordanne LeTourneau	5-6	So.	DS	McHenry, IL/Marian Central Catholic
32	Rachael Bedell	6-1	Fr.	OH	Plano, TX/Plano West HS

\* indicates redshirt

**Head Coach:** Sharon Dingman (third season, 30-37)

**Assistant Coaches:** Jason Allen and Ben Boldt

**Volunteer Assistant Coach:** Curt Sivertsen

**Director of Volleyball Operations:** Angie Boldt

**Manager:** Melissa Brockway

## 2010 Coaching Staff

**Sharon Dingman** enters her third season as the head Hawkeye. She is joined by assistants **Jason Allen** and **Ben Boldt**.

Allen is in his third season as a assistant coach at Iowa. Allen was also promoted to the team's recruiting coordinator following the 2008 season. Allen previously served as an assistant coach and recruiting coordinator at Sam Houston State University prior to serving as the 16U head coach for the Texas Tornados club program in 2007.

Boldt enters his second season as an assistant coach at Iowa. Before joining the Hawkeyes, Boldt spent two seasons as an assistant coach at the University of Alabama. Prior to joining Alabama, Boldt served as a staff assistant for five seasons at the University of Nebraska. In his final season, the Cornhuskers finished 33-1 en route to the NCAA Championship.

**Angie Boldt** is in her third season as the Director of Volleyball Operations. She came to Iowa City in 2008 after serving as the Director of Volleyball Operations at Alabama for two seasons.

**Curt Sivertsen** is in his second season as a volunteer assistant. Sivertsen assists with all practice activities is the primary statistical operator of the Data Volley program.

