



IOWA VOLLEYBALL



Clinic Details

Cost

\$95 Per Coach (Sat & Sun)
\$75 per coach (Sunday Only)

Hotel Options

Hotel information will be provided with your confirmation letter.

Clinic Location

**THE NEW AIR CONDITIONED
PRACTICE GYM OF
CARVER HAWKEYE AREA**

Located on the corner of Hawkins Drive and
Newton Road in Iowa City, IA

*Parking is available at no charge in Lot 46
on the west side of Carver Hawkeye Arena*

Questions?

Contact Director of Volleyball Operations
Angie Boldt
319-335-9351
angie-boldt@uiowa.edu



Clinic Schedule

Saturday, August 13th

6:00pm - 9:00pm

5:15pm

Clinic Registration

6:00pm

How to Train Serving

by Ben Boldt

6:30pm

How to Train Blocking

by Ben Boldt

7:00pm

Ball Handling Drills

by Jason Allen

8:00pm

Setter/Middle Training

by Sharon Dingman

Sunday, August 14th

9:00am - 5:00pm

9:00am

How to Train Passing

By Ben Boldt

9:30am

How to Train Defensive Moves

by Ben Boldt

10:00am

How to Train Pin Hitters

by Tom Keating

11:00am

Siding out to Win

by Kathy Bresnahan

12:00pm

Lunch Provided

1:00pm

Round Tables

Ways to Get Your Athletes Recruited

By Jason Allen

Parent/Athlete/Coach Relationships

by Tom Keating

Sport Psychology

by Sport Psychology Expert (TBD)

3:00pm

Strength and Conditioning

by JC Moreau

4:00pm

Drills, Drills, Drills

by Iowa Coaching Staff

Registration Form

Send Registration Form and Payment To:

**Iowa Volleyball Coaches Clinic
Attn: Angie Boldt
213 CHA
Iowa City, IA 52242**

Make checks payable to the:

University of Iowa

Name

School/Club

Home Address

City State Zip

Cell Phone

Home Phone

Email

**Confirmation letters will be sent via email.
Please write email address legibly.**



Clinician's Biographies

University of Iowa Coaching Staff



Sharon Dingman
Head Coach



Jason Allen
Assistant Coach



Ben Boldt
Assistant Coach



Angie Boldt
Director of Operations

Highlights of the Dingman Era

Led Hawkeyes to most conference wins and most overall wins since 2000

Led Hawkeyes to their best start in program history in 2009

2010 marked the first time in program history that Iowa started the season 3-0 in back to back years.

Rank 28th in the country in attendance

19 Academic All-Big Ten Awards

2 Academic All-District Players

Clinician's Biographies

TOM KEATING

Coaching Highlights

Overall Record: 776-82

11 State Championships

17 Conference Championships

Coaching Accolades

2009 IGCA Hall of Fame Inductee

7 Time Iowa Coach of the Year

2003 NFHS National Coach of the Year

2003 Prepvolleyball.com National Coach of the Year

2002 NHSACA National Coach Hall of Fame

IGCA Eagle Award for Service

Kathy Bresnahan

Coaching Highlights

Overall Record: 586-174

1 State Championship

6 State Tournament Appearances

9 Conference Championships

Coaching Accolades

2010 4A Iowa Coach of the Year



2011 COACHES CLINIC
August 13th - 14th

FEATURING

Tom Keating

Former Dubuque-Wahlert Head Coach
11 State Championships
Overall Record: 776-82

Kathy Bresnahan

Iowa City West Head Coach
2010 4A State Champions
2010 4A Iowa Coach of the Year

IOWA COACHING STAFF

Sharon Dingman

Head Volleyball Coach

Jason Allen

Assistant Coach

Ben Boldt

Assistant Coach

Angie Boldt

Director of Volleyball Operations