

# UNIVERSITY OF IOWA TRACK & FIELD



**Senior Kineke Alexander**  
Five-Time Big Ten Champion • Seven-Time All-American



**Junior John Hickey**  
Two-Time Big Ten Champion • All-American

**2008 BIG TEN OUTDOOR CHAMPIONSHIPS**  
ILLINOIS SOCCER & TRACK STADIUM - CHAMPAIGN, IL - MAY 16-18, 2008

## 2008 WOMEN'S OUTDOOR SEASON SCHEDULE

3/20-22	at Shamrock Invite .....	3 champs
4/4-5	at Tiger Classic .....	0 champs
	at Stanford Invite .....	0 champs
4/11-12	at Sun Angel Classic .....	1 champ
4/12	at Calhoun Memorial...	1 champ
4/19	Iowa Invitational .....	4 champs
4/23-26	at Drake Relays.....	0 champs
5/3	Iowa Musco Twilight X3	champs
<b>5/16-18</b>	<b>at Big Ten Championships</b> <b>(Champaign, IL)</b>	
5/30-31	at NCAA Midwest Regional (Lincoln, NE)	
6/11-14	at NCAA Championships (Des Moines, IA)	

## 2008 WOMEN'S OUTDOOR SEASON BESTS

Event .....	Name .....	Mark
100 Meters .....	Rhonda-Kaye Trusty .....	11.90
100 Hurdles .....	Kimberly Stanford .....	14.11
200 Meters .....	Rhonda-Kaye Trusty .....	24.39
400 Meters .....	Kineke Alexander .....	^ 54.52
800 Meters .....	Kineke Alexander .....	2:15.34
1,500 Meters ...	Meghan Armstrong.....	^ 4:26.62
3,000 Meters ...	Diane Nukuri .....	* 9:18.82
3,000 Steeple...	Jessica Schmidt .....	^ 10:32.50
5,000 Meters ...	Racheal Marchand ....	^ 15:59.39
10,000 Meters .	Diane Nukuri .....	*\$ 33:17.01
400-Meter Relay .....		45.78
<i>(White, Alexander, Kerr, Trusty)</i>		
800-Meter Relay .....		1:39.74
<i>(Hendricks, Trusty, White, Stanford)</i>		
1,600-Meter Relay .....		3:48.17
<i>(M. Mims, Alexander, Hendricks, Praska)</i>		
3,200-Meter Relay .....		9:14.66
<i>(Mims, Praska, Docherty, Ellis)</i>		
Distance Medley Relay .....		12:03.66
<i>(L. Hardesty, A. Hardesty, Hendricks, Anderson)</i>		
6,400-Meter Relay .....		* 19:15.42
<i>(Nukuri, Marchand, Henize, Armstrong)</i>		
High Jump.....	Tammilee Kerr.....	5-6 1/2
Long Jump .....	Renee White .....	19-0 1/2
Triple Jump .....	Renee White .....	*^ 42-4
Shot Put .....	Amanda Chandler .....	39-0 1/4
Hammer .....	Erin O'Hern .....	168-9
Javelin.....	Tammilee Kerr.....	^ 153-6
Heptathlon .....	Tammilee Kerr...	*# 5,417 points

\$ - NCAA automatic qualifier

# - NCAA provisional qualifier

^ - NCAA regional qualifier

\* - school record

% - wind-aided

# THE UNIVERSITY OF IOWA

## HAWKEYE TRACK & FIELD



TRACK CONTACTS: TRACI WAGNER, JAKE HOLTORF      MAY 13, 2008

**THIS WEEK** -- The Iowa men and women's track teams will compete at the Big Ten outdoor championships, Friday through Sunday, in Champaign, IL. All events will be held at the Illinois Soccer and Track Stadium on the University of Illinois campus. Competition is scheduled to start at Noon Friday, 9:30 a.m. Saturday and 11 a.m. Sunday (CT).

Tickets are available from the University of Illinois Athletic Ticket Office at (866) 455-4641 or (217) 333-3470. All-session tickets are \$15 for adults and \$8 for youth and students. Single-session tickets are \$6 for adults and \$4 for youth and students.

**ON THE AIR** -- The Big Ten Network will air a tape-delay telecast of the championships on May 22 at 7 p.m. (CT).

**NCAA QUALIFIERS** -- Thirteen Hawkeyes have qualified for the NCAA Midwest Regional Championships, which will be held May 30-31 in Lincoln, NE. Seniors **Diane Nukuri** and **Meghan Armstrong** automatically qualified for the NCAA Championships in the 10,000 meters, while senior **Tammilee Kerr** posted a provisional qualifying mark in the heptathlon. The national meet will be held June 11-14 in Des Moines, IA. Their event, qualifying marks and where they rank in the Big Ten, region and the nation are listed below.

Name	Event - Mark	Big 10/Region/NCAA Ranking
Kineke Alexander	400 Meters - 54.52	6th/12th/76th
Meghan Armstrong	1,500 Meters - 4:26.62	12th/18th/68th
	5,000 Meters - 16:08.83	2nd/5th/8th
	10,000 Meters - 33:28.00	2nd/4th/7th
A.J. Curtis	Discus - 177-2 (54.00 m)	4th/10th/49th
	Shot Put - 58-1 3/4 (17.72 m)	5th/6th/38th
Matty Gorman	Triple Jump - 49-2 1/2 (15.00 m)	5th/21st/90th
John Hickey	Shot Put - 61-9 1/2 (18.83 m)	2nd/2nd/13th
Tammilee Kerr	Javelin - 153-6 (45.34 m)	6th/11th/37th
	Heptathlon - 5,417 points	3rd/3rd/13th
Shane Maier	Discus - 178-7 (54.43 m)	2nd/8th/43rd
	Shot Put - 57-5 (17.50 m)	8th/7th/49th
Racheal Marchand	5,000 Meters - 16:27.02	8th/7th/30th
Andy Napier	3,000 Steeplechase - 9:01.20	3rd/13th/55th
Diane Nukuri	5,000 Meters - 15:59.39	1st/4th/5th
	10,000 Meters - 33:17.01	1st/3rd/3rd
Jessica Schmidt	3,000 Steeplechase - 10:32.50	2nd/13th/36th
Ray Varner	400-Meter Hurdles - 51.27	2nd/10th/30th
Renee White	Triple Jump - 42-4 (12.90 m)	1st/10th/28th

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## 2008 MEN'S OUTDOOR SEASON SCHEDULE

4/4-5	at Tiger Classic .....	2 champs
4/5	at Central Invite ...	1st/2 champs
4/11	at Mesa Classic .....	0 champs
4/11-12	at Sun Angel Classic ....	0 champs
4/19	Iowa Invitational .....	9 champs
4/23-26	at Drake Relays.....	0 champs
5/3	Iowa Musco Twilight X	8 champs
<b>5/16-18</b>	<b>at Big Ten Championships</b> <b>(Champaign, IL)</b>	
5/30-31	at NCAA Midwest Regional <b>(Lincoln, NE)</b>	
6/11-14	at NCAA Championships <b>(Des Moines, IA)</b>	

## 2008 MEN'S OUTDOOR SEASON BESTS

Event .....	Name .....	Mark
100 Meters .....	Max Milder .....	10.85
110 Hurdles .....	Brice Wilson .....	14.94
200 Meters .....	Max Milder .....	21.90
400 Meters .....	Chris Barton .....	47.31
400 Hurdles .....	Ray Varner .....	^ 51.27
800 Meters .....	Adam Hairston .....	1:50.72
1,500 Meters ...	Jesse Luciano .....	3:51.99
3,000 Meters ...	Brendan Camplin .....	8:34.31
3,000 Steeple...	Andy Napier .....	^9:01.20
5,000 Meters ...	Jesse Luciano .....	14:27.31
10,000 Meters .	Tommy Tate.....	33:13.33
400-Meter Relay .....		41.33
	<i>(Milder, McSkimming, Reed, Elbert)</i>	
1,600 Meter Relay .....		3:11.11
	<i>(Willey, Elbert, Varner, Barton)</i>	
Sprint Medley Relay .....		3:21.14
	<i>(Milder, Elbert, Barton, Hairston)</i>	
Distance Medley Relay .....		10:17.87
	<i>(B. MacTaggart, Splan, Dolan, Paul)</i>	
High Jump .....	Ryan Kelly.....	6-9 3/4
Long Jump .....	Matty Gorman .....	23-0 3/4
Triple Jump .....	Matty Gorman .....	^ 49-2 1/2
Pole Vault .....	Jeff Raymond .....	15-7
Shot Put .....	John Hickey .....	^ 61-9 1/2
Discus .....	Shane Maier.....	^ 178-7
Hammer .....	Mark Schaapveld .....	179-9
Javelin.....	Craig Jennings .....	167-1
Decathlon .....	Ryan Niver.....	6,837 points

\$ - NCAA automatic qualifier

# - NCAA provisional qualifier

^ - NCAA regional qualifier

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## HAWKEYE TRACK & FIELD



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**ALEXANDER GOES FOR SIX** -- Senior Kineke Alexander will try to defend her Big Ten outdoor 400-meter title this weekend, as well as rewrite the Hawkeye record books. If she is successful, the five-time Big Ten champion from Mesopotamia, St. Vincent and the Grenadines, will be the only Hawkeye in women's school history to win six conference titles. Her season-best 400-meter time of 54.52 ranks sixth in the Big Ten.

Alexander won the 2007 Big Ten outdoor 400 meters (52.15). The seven-time all-American also won the 200 and 400 meters at the 2006 and 2007 conference indoor meets. Hampered by a hamstring strain this season, she has only competed at three outdoor meets. She and former Hawkeye Peaches Roach are the only women's track and field student-athletes to win five Big Ten titles. Roach won all her titles in the high jump between 2004-07.

**HICKEY LOOKS TO DEFEND SHOT PUT TITLE** -- Hawkeye junior all-American John Hickey will try to defend the Big Ten shot put title he won at the 2007 outdoor meet. Hickey, who also won the 2008 conference indoor title (61-9 3/4), is Iowa's sixth Big Ten shot put champion and 29th two-time conference winner. Only 33 Hawkeyes, in men's track school history, have won three or more Big Ten titles, and only four of those have won field event titles.

Hickey's season-best mark of 61-9 1/2 ranks second in the Big Ten and the nation, and fifth in school history. He is only the fifth Hawkeye to throw over 60 feet in the event.

Iowa has had a stronghold on the top two finishes at the last three conference meets in the shot put, as Hickey won the 2008 indoor and 2007 outdoor titles while senior Shane Maier placed second. At the 2006 indoor meet the finish was reversed as Maier won the title and Hickey placed second.

**HAWKEYES BIG TEN OUTDOOR HISTORY** -- The Iowa men's team has won two Big Ten outdoor team championships (1963, 1967) and 166 conference titles - 55 in individual running events, 39 in field events and 72 in relays - since the first meet was held in 1901.

Two former Hawkeyes hold a spot in the conference record books. In 1997, Bashir Yamini tied the long jump record of 26-8 1/4, set in 1935 by Ohio State's Jesse Owens. Jon Reimer holds the retired 330-yard hurdles record of 36.1, set in 1965. The Hawkeye men's team has had four student-athletes earn conference individual outdoor track honors. Pat McGhee is the lone Hawkeye to earn two awards in the same season, being Male Athlete of the Year and Athlete of the Championships in 1989. Other outdoor honorees were Anthuan Maybank (1993 Athlete of the Year), Jeremy Allen (1998 Freshman of the Year) and Tim Dwight (1999 Athlete of the Championships).

The Iowa women's squad has yet to win a Big Ten outdoor team title, but has crowned 27 conference champions since the first meet in 1982 - 11 in individual running events, four in field events and 12 in relays.

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## 2008 BIG TEN OUTDOOR CHAMPIONSHIPS SCHEDULE OF EVENTS

### Friday, May 16

Noon	Decathlon 100 Meters
12:15	Heptathlon 100-Meter Hurdles
12:45	Decathlon Long Jump
12:50	Heptathlon High Jump
1:30	Men's Hammer Throw (T&F) Men's Pole Vault (T&F)
2:00	Decathlon Shot Put
2:45	Decathlon High Jump
2:50	Heptathlon Shot Put
3:30	Women's Hammer Throw (T&F)
4:00	Heptathlon 200 Meters
5:00	Decathlon 400 Meters
8:30	Men's 10,000 Meters
9:15	Women's 10,000 Meters

### Saturday, May 17

9:30 a.m.	Decathlon 110-Meter Hurdles
10:10	Decathlon Discus
10:15	Heptathlon Long Jump
11:20	Decathlon Pole Vault
11:30	Heptathlon Javelin
1:15 p.m.	Men's High Jump (T&F) Decathlon Javelin
1:20	Men's Long Jump (T&F)
1:45	Heptathlon 800 Meters
2:10	Women's 400-Meter Relay (T)
2:20	Men's 400-Meter Relay (T)
2:30	Women's 1,500 Meters (T)
2:35	Men's Discus (T&F)
2:50	Men's 1,500 Meters (T)
3:10	Decathlon 1,500 Meters
3:20	Women's 400 Meters (T)
3:30	Women's Shot Put (T&F)
3:35	Men's 400 Meters (T)
3:50	Women's 100 Meters (T)
4:05	Men's 100 Meters (T)
4:20	Women's 100-Meter Hurdles (T)
4:35	Women's Long Jump (T&F) Men's 110-Meter Hurdles (T)
4:50	Women's 800 Meters (T)

*Times are Central and subject to change based on number of participants in each event.  
T - trials, F - finals*



## THE UNIVERSITY OF IOWA

# HAWKEYE TRACK & FIELD



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Two Hawkeyes have earned Big Ten Outdoor Freshman of the Year honors. They are **Erica Broomfield** (1998) and **Peaches Roach** (2004). Iowa's highest finish at the conference outdoor meet was third (89 points) in 2004.

**2007 BIG TEN OUTDOOR REVIEW** -- The Hawkeyes crowned four individual champions at the Big Ten Outdoor Championships in University Park, PA. The Hawkeye women's team placed fifth with 81 points, while the men's team placed seventh with 74.5. It was the women's highest finish in 13 years and under late Head Coach **James Grant**. Their previous highest finish was fourth place in 1994. Senior **Peaches Roach**, junior **Kineke Alexander**, senior **Micah VanDenend** and sophomore **John Hickey** each won individual event titles.

Roach won her fifth conference title in the high jump with a leap of 6-0, while Alexander won her fifth individual Big Ten title with a season-best and regional qualifying 52.15 in the 400 meters. The duo are Iowa's 60th and 61st Big Ten champions and the only Hawkeyes in women's school history to win five conference titles. This title was Alexander's first at the Big Ten outdoor meet, and it was the first time she ran the outdoor 400 meters in 2007.

VanDenend won Iowa's 165th Big Ten outdoor title, placing first in the 10,000 meters in 30:28.50. VanDenend, who ran the event for the first time in his career, was the first Hawkeye distance runner to win a Big Ten title at either the indoor or outdoor conference meet since 1994 when Kevin Herd won Iowa's other 10,000-meter conference title (30:05.21). Hickey won the shot put with a throw of 58-4 1/2. He is Iowa's third outdoor shot put champion.

Several Hawkeyes posted strong performances at the event. Sophomore **Renee White** broke her own triple jump school record with a runner-up finish of 42-1 1/2. She is the first Hawkeye in women's school history to leap over 42 feet in that event. Senior **Adam Hamilton** (hammer throw), junior **Diane Nukuri** (5,000 meters) and sophomore **A.J. Curtis** (discus) also provided runner-up performances for Iowa.

**WOMEN'S TRACK SIGNS 2008 CLASS** -- The Iowa women's track team has signed five student-athlete distance runners for the 2008 season. **Lindsay Anderson** (Leeds, ND), **Betsy Flood** (Des Moines, IA), **Brooke Eilers** (Holland, MI), **McKenzie Melander** (Apple Valley, MN) and **Danielle Berndt** (Bloomington, MN) will all be joining the Hawkeyes.

Anderson, sister of Hawkeye distance runner **Krista Anderson**, is a two-time North Dakota Gatorade Athlete of the Year. She is an 11-time state champion, winning four titles in cross country, five in the 1,600 meters and two in the 3,200 meters. She is a three-time Footlocker National High School Cross Country meet qualifier. Flood is one of the top all-around prep runners in Iowa, winning state titles in the 800 and 1,500 meters and the distance medley relay. She is a member of the AAU record setting 3,200 meter relay team. Eilers has received all-state accolades in cross country and track. Melander posted a state runner-up performance in the 1,600 and 3,200 meters in 2007. Berndt

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**2008 BIG TEN OUTDOOR  
CHAMPIONSHIPS  
SCHEDULE OF EVENTS  
(CONTINUED)**

**Saturday, May 17 (Continued)**

- 5:15 Men's 800 Meters (T)
- 5:20 Women's Javelin (T&F)
- 5:25 Women's 200 Meters (T)
- 5:40 Men's 200 Meters (T)
- 5:55 Women's 400-Meter Hurdles (T)
- 6:15 Men's 400-Meter Hurdles (T)
- 6:30 Men's 3,000 Steeplechase
- 6:45 Women's 3,000 Steeplechase

**Sunday, May 18**

- 11 a.m. Women's Triple Jump (T&F)
- Women's Discus (T&F)
- Noon Women's Pole Vault (T&F)
- 12:30 p.m. Men's Shot Put (T&F)
- Women's High Jump (T&F)
- 12:45 Women's 400-Meter Relay (F)
- 12:55 Men's 400-Meter Relay (F)
- 1:05 Women's 1,500 Meters (F)
- 1:15 Men's 1,500 Meters (F)
- 1:25 Women's 100-Meter Hurdles (F)
- 1:30 Men's Triple Jump (T&F)
- Men's Javelin (T&F)
- 1:35 Men's 110-Meter Hurdles (F)
- 1:40 Women's 400 Meters (F)
- 1:45 Men's 400 Meters (F)
- 1:50 Women's 100 Meters (F)
- 1:55 Men's 100 Meters (F)
- 2:03 Women's 800 Meters (F)
- 2:08 Men's 800 Meters (F)
- 2:18 Women's 400-Meter Hurdles (F)
- 2:28 Men's 400-Meter Hurdles (F)
- 2:35 Women's 200 Meters (F)
- 2:42 Men's 200 Meters (F)
- 2:49 Women's 5,000 Meters (F)
- 3:11 Men's 5,000 Meters (F)
- 3:33 Women's 1,600-Meter Relay
- 3:45 Men's 1,600-Meter Relay

*Times are Central and subject to change based on number of participants in each event.  
T - trials, F - finals*



**THE UNIVERSITY OF IOWA**

**HAWKEYE  
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**TRACK CONTACTS: TRACI WAGNER, JAKE HOLTORF**

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placed second in the state 3,200 meters (10:49) and fourth at the state cross country championships. She is also an excellent nordic skier having recently qualified for the national championships in Alaska.

**MEN'S TRACK SIGNS 2008 CLASS** -- The Hawkeye men's track program has signed five student-athletes to its 2008 recruiting class. Head Coach Larry Wieczorek announced the signing of **Zack Braff** (Marion, IA), **D'Juan Richardson** (Indianapolis, IN), **Thomas Reynolds** (Coralville, IA), **Nick Holmes** (Bartonville, IL) and **Patrick Richards** (Colorado Springs, CO) to national letters of intent.

Braff is one of the top returning 800-meter runners in the state. He placed fourth in that event at the state meet last season, and boasts a personal-best of 1:53.60. He anchored Linn-Mar's sprint medley relay to a fourth-place finish at the Drake Relays last month with a 1:54 800-meter split. Braff chose Iowa over Iowa State, Arkansas and Northern Iowa.

Richardson ran sprints and hurdles on the 2007 state champion Warren Central High School team. He won the 2008 state 55-meter hurdles title (7.41), placing third in the 110-meter hurdles (14.08) and the intermediate hurdles (37.4) at the state meet last season. He is currently ranked in the top 15 returning 110-meter hurdlers in the nation, and his current outdoor best time of 13.96 ranks in the top 10 nationally.

Reynolds was a thrower on the 2007 state champion Iowa City West High School team. He won the discus (191-0) and placed third in the shot put (54-8 1/4) at the 2008 Drake Relays. Reynolds placed third in the discus (176-11) at the 2007 state meet.

Holmes was selected Athlete of the Meet at the 2008 Illinois Prep Top Times Classic, winning the indoor mile with a meet record-setting 4:13.72. He also won the 2007 state 2A cross country championships for Limestone High School (14:21 - three miles), beating the runner-up by 27 seconds.

Richards was runner-up at the 2007 Colorado state track meet in the 200 (21.55) and 400 meters (47.66). His current 400-meter time currently ranks 34th in the nation and third in the state. Richards, who competes for Widefield High School, chose Iowa over Arizona, Penn State and Nebraska.

**HAWKEYES BREAK RECORDS** -- The Hawkeye women's team has broken five school records this outdoor season.

Senior distance runner **Diane Nukuri** broke the 3,000 and 10,000 meter records in April, and ran the lead leg on the record-setting 6,400-meter relay at the Drake Relays in April. Nukuri smashed the 17-year-old 10,000 meter record of 33:23.38 set in 1991 by Jennifer Brower at the Stanford Invite. Nukuri's second-place finish of 33:17.01 also automatically qualified her for the NCAA Championships in Des Moines in June. She also broke the 3,000-meter mark of 9:20.61 set in 1985 by Penny O'Brien at the Hawkeye Invite. Nukuri won the race win 9:18.82.

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## HAWKEYES RANKED IN THE BIG TEN

### Women's Individuals

Event	Name - Performance.....	Rank
5,000 Meters	Diane Nukuri - 15:59.39 .....	1st
10,000 Meters	Diane Nukuri - 33:17.01 .....	1st
5,000 Meters	Meghan Armstrong - 16:08.83	2nd
10,000 Meters	Meghan Armstrong - 33:28.00	2nd
Triple Jump	Renee White - 42-4 .....	2nd
Heptathlon	Tammilee Kerr - 5,417 pts .....	3rd
3,000 SC	Jessica Schmidt - 10:32.50.....	4th
400 Meters	Kineke Alexander - 54.52.....	6th
Javelin	Tammilee Kerr - 153-6.....	6th
5,000 Meters	Racheal Marchand - 16:27.02	8th
10,000 Meters	Fionna Fallon - 38:55.95.....	8th
100 Meters	Rhonda-Kaye Trusty - 11.90...9th	9th
High Jump	Tammilee Kerr - 5-6 1/2.....	9th

### Women's Relays

400-Meter Relay  
White, Alexander, Kerr, Trusty - 45.78.....3rd

1,600-Meter Relay  
M. Mims, Alexander, Hendricks, Praska - 3:48.17. 6th

3,200-Meter Relay  
Mims, Praska, Docherty, Ellis - 9:14.66.....6th

### Men's Individuals

Event	Name - Performance.....	Rank
400 Hurdles	Ray Varner - 51.27 .....	2nd
Shot Put	John Hickey - 61-9 1/2 .....	2nd
Discus	Shane Maier - 178-7 .....	2nd
3,000 SC	Andy Napier - 9:01.20 .....	3rd
Discus	A.J. Curtis - 177-2 .....	4th
Shot Put	A.J. Curtis - 58-1 3/4 .....	5th
Triple Jump	Matty Gorman - 49-2 1/2 .....	5th
High Jump	Ryan Kelly - 6-9 3/4 .....	5th
Decathlon	Ryan Niver - 6,837 points .....	5th
800 Meters	Adam Hairston - 1:50.72 .....	7th
Shot Put	Shane Maier - 57-5.....	8th
High Jump	Trey Stross - 6-8 3/4 .....	8th
Triple Jump	Josh Bean - 48-9 .....	9th
400 Meters	Chris Barton - 47.31.....	10th
10,000 Meters	Tommy Tate - 33:13.33 .....	10th

### Men's Relays

400 Meter Relay  
Milder, McSkimming, Reed, Elbert - 41.33 ....5th

1,600-Meter Relay  
Willey, Elbert, Varner, Barton - 3:11.11 .....

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Junior **Racheal Marchand**, graduate student **Sarah Henize** and senior **Meghan Armstrong** ran the other three legs of the record-setting relay, posting a 19:15.42 for third place at Drake. Their time smashed the previous record of 20:39.12 - set in 2005 by former Hawkeyes **Nikki Chapple**, **Jordan Laney**, **Katie Donlon** and **Michelle Sokol** - by over one minute.

Junior **Renee White** broke her own triple jump record April 12 at the Sun Angel Classic in Tempe, AZ. Her winning mark of 42-4 broke the record of 42-2 1/2 she set last season.

**BIG TEN ATHLETES OF THE WEEK** -- Seniors **Meghan Armstrong** and **Diane Nukuri**, and junior **Andy Napier** have earned Big Ten Athlete of the Week honors this outdoor season.

Armstrong earned her honor Mar. 25 after winning the Shamrock Invite 1,500 meters in a regional-qualifying 4:26.62. She was also the first Hawkeye track student-athlete to earn the honor in women's school history.

Nukuri earned her honor April 8 after breaking the 17-year-old school 10,000-meter record at the Stanford Invite in 33:17.01. That time beat her previous-best clocking by over 13 seconds and automatically qualified her for the NCAA Championships. Nukuri is a four-time Big Ten Women's Cross Country Athlete of the Week honoree.

Napier earned his first conference honor April 8 after winning the 3,000-meter steeplechase at the Auburn Tiger Classic with a regional-qualifying and collegiate-best time of 9:03.85. The mark also ranks seventh on Iowa's all-time best performers list.

**ARMSTRONG, MACTAGGART EARN HONORS** -- Senior **Meghan Armstrong** and junior **Eric MacTaggart** were recent recipients of two of the University of Iowa's most prestigious annual athletic awards.

MacTaggart was named the men's Robert F. Ray Award winner, while Armstrong was selected the women's Big Ten Medal of Honor winner. A male and female Hawkeye student-athlete are annually selected for the awards.

The Robert F. Ray Award is presented annually at the UI Finkbine Dinner to senior student-athletes who will complete their eligibility and have demonstrated outstanding academic excellence, athletics excellence and leadership. MacTaggart is an all-American distance runner and a three-time academic all-Big Ten honoree. He missed the 2007 cross country season in order to participate in the Hawkeye marching band, which is a music education requirement. A trombone player from Glen Ellyn, IL, MacTaggart earned an "Outstanding Jury" award from the School of Music.

The Big Ten Medal of Honor goes to a graduating student-athlete at each Big Ten institution who has demonstrated proficiency in scholarship and athletics. Armstrong is a three-time all-American and five-time academic all-Big Ten honoree in cross country and track.

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## 2008 HAWKEYE WOMEN'S INDOOR SEASON REVIEW

### All-American, Event

Kineke Alexander, 400 Meters

### NCAA Provisional Qualifiers, Event

Kineke Alexander, 400 Meters

Kineke Alexander, Distance Medley Relay

Meghan Armstrong, Mile

Meghan Armstrong, 3,000 Meters

Meghan Armstrong, 5,000 Meters

Meghan Armstrong, Distance Medley Relay

Jolly Burke, 5,000 Meters

Lauren Hardesty, Distance Medley Relay

Tammilee Kerr, Pentathlon

Diane Nukuri, Mile

Diane Nukuri, 3,000 Meters

Diane Nukuri, 5,000 Meters

Diane Nukuri, Distance Medley Relay

Renee White, Triple Jump

### Big Ten Finish, Points

5th, 60 points

### Big Ten Champions

Meghan Armstrong, 3,000 Meters

Renee White, Triple Jump

### School Records Broken, Event (Mark)

Kineke Alexander, 600 Meters (1:27.45)

Distance Medley Relay (11:20.11)

Renee White, Triple Jump (42-4)

Tammilee Kerr, Pentathlon (3,974)

## 2008 HAWKEYE MEN'S INDOOR SEASON REVIEW

### All-American, Event

John Hickey, Shot Put

### NCAA Provisional Qualifiers, Event

Adam Hairston, 800 Meters

John Hickey, Shot Put

Shane Maier, Shot Put

Micah VanDenend, 5,000 Meters

### Big Ten Finish, Points

8th place, 49 points

### Big Ten Champions

John Hickey, Shot Put

### Big Ten Athlete of the Week (Date)

John Hickey (Jan. 22)

### School Records Broken, Event (Mark)

Adam Hairston, 800 Meters (1:49.63)

Ryan Niver, Heptathlon (5,149)

# THE UNIVERSITY OF IOWA

## HAWKEYE TRACK & FIELD



TRACK CONTACTS: TRACI WAGNER, JAKE HOLTORF

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**LAST TIME OUT** -- The Hawkeyes crowned 11 champions and posted five regional qualifying performances (May 3) at the 10th annual Iowa Musco Twilight meet at Francis X. Cretzmeyer Track in Iowa City, IA. A total of six meet records fell during the five-team co-ed event, and 28 competitors posted regional qualifying marks.

Hawkeye seniors **Max Milder**, **Lee Elbert**, **Shane Maier**, **Mark Schaapveld**, **Aaron Reed**, **Monica Mims** and **Kineke Alexander** all won events in their finals appearances at Cretzmeyer Track. Milder was a three-time winner, taking titles in the 100 (10.85) and 200 meters (21.97) and running the lead leg of the winning 400-meter relay. Alexander, Elbert, sophomore **Ray Varner** and freshman **Chris Barton** each won two events. Alexander won the 400 meters with a regional qualifying 54.52 and ran the second leg on the winning women's 1,600-meter relay. Elbert anchored the 400-meter relay and ran the second leg of the winning men's 1,600-meter relay. Varner won the 400-meter hurdles with a regional qualifying 52.16, and ran the third leg of the 1,600-meter relay. Barton won the 400 meters (47.54) and anchored the 1,600-meter relay. Maier won the discus with a collegiate-best 178-7, which improved his previous regional qualifying mark. Schaapveld won the hammer throw with a collegiate-best 179-9. Reed anchored the winning 400-meter relay, while Mims ran the first leg of the 1,600-meter relay.

Iowa's other event winners were junior **Racheal Marchand** and freshmen **Steven Willey**, **Brandon McSkimming**, **Tiffany Hendricks** and **Bethany Praska**. Marchand set a meet record with the winning, collegiate-best and regional qualifying 16:27.02 in the 5,000 meters. Willey, Hendricks and Praska each ran on the winning 1600-meter relay, while McSkimming ran on the winning 400-meter relay.

Maier and junior **A.J. Curtis** both improved their previous regional qualifying performances in the shot put and discus. Curtis placed second in the discus (177-2) and shot (58-1 3/4), while Maier placed third in the shot put (57-5).

Seniors **Diane Nukuri** and **Meghan Armstrong** regionally qualified in the 5,000 meters at the Payton Jordan Cardinal Invitational, hosted by Stanford University, by placing seventh and tenth, respectively. Nukuri and Armstrong recorded career best times of 15:59.39 and 16:08.83. These times rank second and third all-time at Iowa.

**LUCIANO, CROSS COUNTRY TEAMS EARN ACADEMIC HONORS** -- The Iowa men and women's cross country teams recently earned academic all-America honors from the U.S. Track & Field and Cross Country Coaches Association (USTFCCA). The men's team earned a team grade point average of 3.20. The women's team had a combined GPA of 3.32.

Individually, sophomore **Jesse Luciano** was one of 56 student-athletes to be named to the academic all-America team. In order to be eligible for academic all-America status, the student must carry a cumulative grade point average of at least 3.25 and completed a minimum of 24 semester hours

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## HAWKEYE WOMEN'S COACHING STAFF



*Head Coach*  
**Layne Anderson**



*Assistant Coach*  
**Victor Houston**



*Assistant Coach*  
**Shellene Williams**

Head Coach **Layne Anderson** is in his first year as head women's track coach at Iowa. In his four seasons as an assistant with the track team, there has been one national champion, 22 all-Americans and 18 Big Ten Champions. While competing for The Citadel in college, Anderson set 10 school records on his way to becoming a three-time Southern Conference champion.

He is assisted by four-time Auburn all-American, 1996 decathlon national champion and Olympian **Victor Houston** and Hawkeye all-American and four-time Big Ten Champion **Shellene Williams**.

## HAWKEYE MEN'S COACHING STAFF



*Head Coach*  
**Larry Wieczorek**



*Assistant Coach*  
**Scott Cappos**



*Assistant Coach*  
**Joey Woody**

Head Coach **Larry Wieczorek** is in his 12th season at the helm of the Iowa men's track team. He has coached 25 all-Americans and 42 Big Ten Champions at Iowa. The team's highest conference meet finishes during his tenure are second at the 1999 outdoor meet and fourth at the 1997 indoor meet. As a runner, Wieczorek was a six-time Big Ten champion at Iowa - winning four track and two cross country titles - and a four-time all-American. In 1998, he was inducted into the National Iowa Varsity Club Hall of Fame.

He is assisted by three-time Indiana all-American **Scott Cappos** and World Champion and four-time Northern Iowa all-American **Joey Woody**.

# THE UNIVERSITY OF IOWA

## HAWKEYE TRACK & FIELD



TRACK CONTACTS: TRACI WAGNER, JAKE HOLTORF

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through the 2007 fall semester. The student-athlete must also finish in the top 15 or top 10 percent at the NCAA regional meet or receive all-America honors. Luciano is a health and sport studies major who placed 15th at the regional meet.

The Hawkeye men's team also was publicly recognized by the NCAA in its annual Academic Progress Rate (APR) report last month. The APR awards are given to teams for their latest multi-year Academic Progress Rate scores. Head Coach Larry Wieczorek squad posted multi-year APR scores in the top 10 percent of all squads in their respective sports. The public recognition awards are part of the broad Division I academic reform effort. The APR provides a real-time look at a team's academic success each semester by tracking the academic progress of each student-athlete. The APR includes eligibility, retention and graduation in the calculation, which provides a clear picture of the academic culture in each sport. High-performing teams receiving awards posted APR scores ranging from 965 to a perfect 1,000.

**2008 MEN'S TEAM CAPTAINS NAMED** -- Seniors **Shane Maier**, **Max Milder** and **Micah VanDenend** are team captains for the 2008 season. Maier and VanDenend both served as captains last season. Maier, from Storm Lake, IA, is the defending Big Ten indoor shot put champion and a two-time all-region honoree. He and four other Hawkeye throwers hold the school record for most times qualified for the NCAA Midwest Regional (4). VanDenend, a native of Glenbard, IL, is the defending Big Ten 10,000-meter champion and won the 2006 NCAA Midwest Cross Country Regional title. The three-time all-region honoree currently holds four of Iowa's school distance records. Milder, a sprinter from Council Bluffs, IA, is a two-time regional qualifier, earning all-region honors as part of the 400-meter relay last season.

**NEXT COMPETITION** -- The Hawkeyes will send student-athletes who meet the qualifying standards to the 2008 NCAA Midwest Regional, May 30-31 in Lincoln, NE. All events will be held at Ed Weir Stadium on the University of Nebraska campus. All-session tickets are \$20 and single day tickets are \$12 for adults and \$8 for seniors and high school students and younger. Tickets can be ordered from the University of Nebraska Athletic ticket office at 800/8244 or [www.drakebulldogs.org](http://www.drakebulldogs.org).

The Midwest region will feature 39 schools from Colorado, Iowa, Kansas, Minnesota, Montana, Nebraska, New Mexico, North Dakota, South Dakota, Oklahoma, Texas and Wyoming. The top five finishers in each individual event and the top three relays from each of the four regionals will automatically advance to the NCAA Championships, to be held June 11-14 in Des Moines, IA. The other three regions are the West (40 men's teams, 42 women's teams), the Midwest (78 men's teams, 81 women's teams) and the East (110 men's teams, 112 women's teams).

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## 2007 HAWKEYE MEN'S BIG TEN OUTDOOR REVIEW

### Team Standings

1.	Wisconsin .....	145.5
2.	Minnesota .....	100.5
3.	Michigan.....	94
4.	Penn State .....	93.5
5.	Purdue .....	92.5
6.	Illinois .....	81.5
7.	Iowa.....	74.5
8.	Indiana.....	56
9.	Ohio State.....	52
10.	Michigan State.....	28

### Iowa's Event Champions

John Hickey - Shot Put (58-4 1/2)  
Micah VanDenend - 10,000 Meters (30:28.50)

### Iowa's Runners-Up

A.J. Curtis - Discus (172-1)  
Adam Hamilton - Hammer (206-4)

## 2007 HAWKEYE WOMEN'S BIG TEN OUTDOOR REVIEW

### Team Standings

1.	Minnesota .....	152.5
2.	Michigan.....	134.66
3.	Penn State .....	115
4.	Illinois .....	104.66
5.	Ohio State.....	66
6.	Purdue .....	53.33
7.	Indiana.....	52
8.	Iowa.....	49.33
9.	Wisconsin .....	48.5
10.	Michigan State.....	41

### Iowa's Event Champions

Kineke Alexander - 400 Meters (52.15)  
Peaches Roach - High Jump (6-0)

### Iowa's Runners-Up

Diane Nukuri - 5,000 Meters (16:26.08)  
Renee White - Triple Jump (42-1 1/2)

# THE UNIVERSITY OF IOWA

## HAWKEYE TRACK & FIELD



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### CURRENT MEN'S TOP EIGHT BIG TEN OUTDOOR PLACWINNERS

#### Paul Chaney, Jr.

2007: 4th - 100 M (10.62)  
6th - 200 M (21.53)

#### A.J. Curtis

2006: 8th - Discus (163-1)  
2007: 2nd - Discus (172-1)

#### Lee Elbert

2007: 6th - 1,600 M Relay (3:08.97)

#### Matty Gorman

2005: 4th - Long Jump (24-1 3/4)  
8th - Triple Jump (47-11 3/4)  
2006: 7th - Long Jump (23-6 3/4)

#### John Hickey

2006: 3rd - Shot Put (57-3 3/4)  
2007: 1st - Shot Put (58-4 1/2)

#### Eric MacTaggart

2005: 8th - 5,000 M (14:41.39)  
2006: 8th - 5,000 M (14:20.04)

#### Shane Maier

2006: 2nd - Shot Put (62-2 1/4)  
7th - Discus (163-2)  
2007: 4th - Shot Put (57-3 3/4)

#### Max Milder

2006: 3rd - 400 M Relay (40.65)

#### Andy Napier

2007: 5th - 3,000 SC (9:06.65)

#### Ryan Niver

2005: 7th - Decathlon (6,531 pts.)  
2006: 6th - Decathlon (6,409 pts.)  
2007: 8th - Decathlon (6,591 pts.)

#### Mark Schaapveld

2006: 6th - Shot Put (56-8 3/4)

#### Trey Stross

2007: 8th - High Jump (6-7 1/2)

#### Micah VanDenend

2006: 4th - 5,000 M (14:13.13)  
2007: 1st - 10,000 M (30:28.50)  
3rd - 5,000 M (14:11.59)

#### Ray Varner

2007: 3rd - 400 M Hurdles (50.99)  
6th - 1,600 M Relay (3:08.97)

### CURRENT WOMEN'S TOP EIGHT BIG TEN OUTDOOR PLACWINNERS

#### Kineke Alexander

2005: 4th - 400 M (53.89)  
3rd - 1,600 M Relay (3:40.34)  
2006: 4th - 400 M Relay (45.90)  
7th - 1,600 M Relay (3:46.59)  
2007: 1st - 400 M (52.15)  
3rd - 1,600 M Relay (3:40.91)

#### Meghan Armstrong

2005: 5th - 1,500 M (4:27.68)  
2006: 2nd - 1,500 M (4:17.41)  
2007: 7th - 1,500 M (4:20.92)  
8th - 5,000 M (16:48.50)

#### Tammilee Kerr

2005: 7th - Javelin (133-7)  
2006: 6th - Javelin (141-0)  
2007: 4th - Heptathlon (5,332 pts.)  
8th - Javelin (139-5)

#### Racheal Marchand

2006: 8th - 10,000 M (34:51.68)  
2007: 3rd - 10,000 M (34:50.37)

#### Monica Mims

2007: 3rd - 1,600 M Relay (3:40.91)

#### Diane Nukuri

2007: 2nd - 5,000 M (16:26.08)  
4th - 10,000 M (34:52.46)

#### Renee White

2007: 2nd - Triple Jump (42-1 1/2)

# 2008 OUTDOOR SEASON & COLLEGIATE BESTS

## WOMEN'S 100 METERS (RQ - 11.75, SR - 11.45)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Rhonda-Kaye Trusty	11.90	at Drake Relays - 4/25/08	11.90	at Drake Relays - 4/25/08

## MEN'S 100 METERS (RQ -- 10.55, SR -- 10.25)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Max Milder	10.85	Musco Twilight X - 5/3/08	10.68	Musco Twilight IX - 4/21/07
Lee Elbert	10.87	Musco Twilight X - 5/3/08	10.61	Musco Twilight IX - 4/21/07
Aaron Reed	11.18 %	at Central Invite - 4/5/08	11.18 %	at Central Invite - 4/5/08
Ryan Niver	11.0 (h)\$	at Drake Relays - 4/23/08	11.32	at Messersmith Invite - 4/9/05
Frank Prill	11.4 (h)\$	at Drake Relays - 4/23/08	11.4 (h)	at Drake Relays - 4/23/08
Bobby Windauer	11.77	Iowa Invite - 4/19/08	11.77	Iowa Invite - 4/19/08

## WOMEN'S 100-METER HURDLES (RQ - 13.92, SR -- 13.20)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kimberly Stanford	14.11	at Shamrock Invite - 3/22/08	14.70	at Shamrock Invite - 3/22/08
Renee White	14.20	at Tiger Classic - 4/5/08	14.20	at Tiger Classic - 4/5/08
Tammilee Kerr	14.35	at Tiger Classic - 4/5/08	14.21	Musco Twilight IX - 4/21/07

## MEN'S 110-METER HURDLES (RQ -- 14.30, SR -- 13.63)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Brice Wilson	14.94	Musco Twilight X - 5/3/08	14.94	Musco Twilight X - 5/3/08
Frank Prill	15.15 %	at Central Invite - 4/5/08	14.94	Musco Twilight IX - 4/21/07
Ray Varner	15.22	Iowa Invite - 4/19/08	15.22	Iowa Invite - 4/19/08
Ryan Niver	15.61	Musco Twilight X - 5/3/08	15.61	Musco Twilight X - 5/3/08
Matt Rammelsberg	15.67	Iowa Invite - 4/19/08	15.67	Iowa Invite - 4/19/08
Mark Mankivsky	15.96	Iowa Invite - 4/19/08	15.96	Iowa Invite - 4/19/08

## WOMEN'S 200 METERS (RQ - 23.96, SR - 23.50)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Rhonda-Kaye Trusty	24.39	at Tiger Classic - 4/5/08	24.23	at Aztec Classic - 3/17/07
Tammilee Kerr	25.18 \$	at Drake Relays - 4/23/08	25.18 \$	at Drake Relays - 4/23/08
Tiffany Hendricks	25.41	at Shamrock Invite - 3/22/08	25.41	at Shamrock Invite - 3/22/08
Bethany Praska	25.69	at Shamrock Invite - 3/22/08	25.69	at Shamrock Invite - 3/22/08

## MEN'S 200 METERS (RQ -- 21.35, SR -- 20.47)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Max Milder	21.90	at Tiger Classic - 4/5/08	21.74	at NCAA Qualifier - 3/8/08
Lee Elbert	22.04	at Tiger Classic - 4/5/08	21.78	at Meyo Invite - 2/4/06

## WOMEN'S 400 METERS (RQ - 54.61, SR - 51.35)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kineke Alexander	54.52 ^	Musco Twilight X - 5/3/08	51.35	at NCAA Champ's - 6/10/06
Monica Mims	56.46	at Tiger Classic - 4/5/08	56.46	at Tiger Classic - 4/5/08
Bethany Praska	57.25	at Sun Angel Classic - 4/12/08	57.25	at Sun Angel Classic - 4/12/08
Tiffany Hendricks	57.90	at Tiger Classic - 4/5/08	57.84	at ISU Classic - 2/16/08
Sophia Ponce	1:02.10	at Shamrock Invite - 3/22/08	58.61	at Cyclone Invite - 2/10/07

## MEN'S 400 METERS (RQ -- 47.20, SR -- 44.99)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Chris Barton	47.31	at Tiger Classic - 4/5/08	47.31	at Tiger Classic - 4/5/08
Steven Willey	47.73	at Sun Angel Classic - 4/12/08	47.73	at Sun Angel Classic - 4/12/08
Brandon McSkimming	49.25	Musco Twilight X - 5/3/08	49.25	Musco Twilight X - 5/3/08
Frank Prill	50.08 \$	at Drake Relays - 4/23/08	50.08 \$	at Drake Relays - 4/23/08
Ryan Niver	51.32	at Tiger Classic - 4/5/08	51.51	at Big Ten Champ's - 5/11/07
Bobby Windauer	53.83	at Central Invite - 4/5/08	53.83	at Central Invite - 4/5/08

## MEN'S 400-METER HURDLES (RQ -- 52.51, SR -- 48.83)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Ray Varner	51.27 ^	at Drake Relays - 4/26/08	50.99	at Big Ten Champ's - 5/13/07
Zach Splan	55.49	Musco Twilight X - 5/3/08	55.49	Musco Twilight X - 5/3/08
Matt Rammelsberg	55.68	Musco Twilight X - 5/3/08	55.68	Musco Twilight X - 5/3/08

@ - NCAA automatic qualifier, # - NCAA provisional qualifier, ^ - NCAA regional qualifier, \* - school record, \$ - decathlon/heptathlon event  
% - wind-aided, (h) - hand-timed

# 2008 OUTDOOR SEASON & COLLEGIATE BESTS

## WOMEN'S 800 METERS (RQ - 2:09.80, SR—2:05.67)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kineke Alexander	2:15.34	Iowa Invite - 4/19/08	2:16.15 (O)	Musco Twilight IX - 4/21/07
Monica Mims	2:15.94	Iowa Invite - 4/19/08	2:15.94	Iowa Invite - 4/19/08
Lauren Hardesty	2:17.01	Iowa Invite - 4/19/08	2:15.32	Iowa Open - 1/19/08
Sarah Henize	2:17.44	at Shamrock Invite - 3/22/08	2:17.44	at Shamrock Invite - 3/22/08
Rachel Hawks	2:22.68	Iowa Invite - 4/19/08	2:22.68	Iowa Invite - 4/19/08
Sophia Ponce	2:22.80	Musco Twilight X - 5/3/08	2:10.35	Big Ten Champ's - 5/12/07
Tammilee Kerr	2:25.25 \$	at Drake Relays - 4/24/08	2:22.02	at Big Ten Champ's - 3/1/08

## MEN'S 800 METERS (RQ -- 1:50.40, SR-- 1:47.64)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Adam Hairston	1:50.72	at Tiger Classic - 4/5/08	1:49.63	at NCAA Qualifier - 3/8/08
Cannon Dolan	1:55.10	at Tiger Classic - 4/5/08	1:53.95	at NCAA Qualifier - 3/8/08
Dan Kuhlman	1:56.07	Iowa Invite - 4/19/08	1:56.07	Iowa Invite - 4/19/08

## WOMEN'S 1,500 METERS (RQ - 4:27.80, SR - 4:17.41)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Meghan Armstrong	4:26.62 ^	at Shamrock Invite - 3/22/08	4:17.41 *	at Big Ten Champ's - 5/14/06
Sarah Henize	4:30.06	Iowa Invite - 4/19/08	4:30.06	Iowa Invite - 4/19/08
Racheal Marchand	4:31.23	Iowa Invite - 4/19/08	4:31.23	Iowa Invite - 4/19/08
Krista Anderson	4:35.52	Iowa Invite - 4/19/08	4:35.52	Iowa Invite - 4/19/08
Jessica Schmidt	4:40.65	Musco Twilight X - 5/3/08	4:40.65	Musco Twilight X - 5/3/08
Lauren Hardesty	4:41.70	at Tiger Classic - 4/5/08	4:41.70	at Tiger Classic - 4/5/08
Katie Ellis	4:45.12	Iowa Invite - 4/19/08	4:45.12	Iowa Invite - 4/19/08
Amanda Hardesty	4:45.76	Musco Twilight X - 5/3/08	4:45.76	Musco Twilight X - 5/3/08
Fionna Fallon	4:49.54	at Tiger Classic - 4/5/08	4:49.54	at Tiger Classic - 4/5/08
Hannah Roeder	4:51.18	Iowa Invite - 4/19/08	4:51.18	Iowa Invite - 4/19/08
Jennie Docherty	4:52.76	Iowa Invite - 4/19/08	4:48.01	Musco Twilight VIII - 4/22/06
Molly Esche	4:52.85	at Tiger Classic - 4/5/08	4:52.56	at Jim Duncan Inv. - 4/16/05
Kathryn Guess	5:06.42	Iowa Invite - 4/19/08	5:06.42	Iowa Invite - 4/19/08
Rachel Hawks	5:07.28	Musco Twilight X - 5/3/08	5:02.91	at Jacobs Invite - 4/13/07
Caitlin Wooldridge	5:23.73	Iowa Invite - 4/19/08	5:23.73	Iowa Invite - 4/19/08
Brittany Graham	5:27.25	Iowa Invite - 4/19/08	5:16.70	Musco Twilight VIII - 4/22/06

## MEN'S 1,500 METERS (RQ -- 3:47.80, SR -- 3:44.01)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jesse Luciano	3:51.99	at Tiger Classic - 4/5/08	3:49.99	at Stanford Invite - 3/31/07
Andy Napier	3:56.44	Musco Twilight X - 5/3/08	3:56.44	Musco Twilight X - 5/3/08
James Paul	3:57.65	at Tiger Classic - 4/5/08	3:57.65	at Tiger Classic - 4/5/08
Bruce MacTaggart	4:01.29	Musco Twilight X - 5/3/08	4:01.29	Musco Twilight X - 5/3/08
Robert Ingram	4:02.99	Musco Twilight X - 5/3/08	4:02.99	Musco Twilight X - 5/3/08
Heath Moenck	4:05.09	Iowa Invite - 4/19/08	4:03.69	Musco Twilight VIII - 4/22/06
Jay Renaud	4:07.54	Iowa Invite - 4/19/08	4:00.99	at Jim Duncan Invite - 4/14/07
Frank Prill	4:41.42 \$	at Drake Relays - 4/24/08	4:41.42 \$	at Drake Relays - 4/24/08
Ryan Niver	5:17.65 \$	at Drake Relays - 4/24/08	5:17.65 \$	at Drake Relays - 4/24/08

## WOMEN'S 3,000 METERS (SR - 9:18.82)

Name	Season Best	Meet-Date	Collegiate Best	Meet-Date
Diane Nukuri	9:18.82 *	Iowa Invite - 4/19/08	9:18.82 *	Iowa Invite - 4/19/08
Fionna Fallon	10:16.76	Iowa Invite - 4/19/08	10:16.76	Iowa Invite - 4/19/08
Molly Esche	10:50.35	at Shamrock Invite 3/21/08	10:20.07	at Big Ten Champ's - 3/1/08

## MEN'S 3,000 METERS

Brendan Camplin	8:34.31	Iowa Invite - 4/19/08	8:34.31	Iowa Invite - 4/19/08
Tommy Tate	8:57.97	Iowa Invite - 4/19/08	8:31.28	at Big Ten Champ's - 2/24/07

@ - NCAA automatic qualifier, # - NCAA provisional qualifier, ^ - NCAA regional qualifier, \* - school record, \$ - decathlon/heptathlon event  
% - wind-aided, (h) - hand-timed

# 2008 OUTDOOR SEASON & COLLEGIATE BESTS

## WOMEN'S 3,000-METER STEEPLECHASE (RQ - 10:50.25, SR - 10:16.71)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jessica Schmidt	10:32.50 ^	at Stanford Invite - 4/5/08	10:32.50	at Stanford Invite - 4/5/08
Hannah Roeder	11:43.16	Musco Twilight X - 5/3/08	11:43.16	Musco Twilight X - 5/3/08

## MEN'S 3,000-METER STEEPLECHASE (RQ -- 9:07.00, SR -- 8:47.4)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Andy Napier	9:01.20 ^	at Sun Angel Classic - 4/12/08	9:01.20	at Sun Angel Classic - 4/12/08

## WOMEN'S 5,000 METERS (RQ - 16:52.00, SR - 15:45.84, Nan Doak, 1985)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Diane Nukuri	15:59.39 ^	Cardinal Invite - 5/4/08	15:59.39	Cardinal Invite - 5/4/08
Meghan Armstrong	16:08.83 ^	Cardinal Invite - 5/4/08	16:08.83	Cardinal Invite - 5/4/08
Racheal Marchand	16:27.02 ^	Musco Twilight X - 5/3/08	16:27.02	Musco Twilight X - 5/3/08
Krista Anderson	17:28.09	Musco Twilight X - 5/3/08	16:48.95	Big Ten Champ's - 2/26/06

## MEN'S 5,000 METERS (RQ -- 14:12.00, SR -- 13:49.31)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jesse Luciano	14:27.31	at Drake Relays - 4/24/08	14:27.31	at Drake Relays - 4/24/08
Brendan Camplin	15:01.70	Musco Twilight X - 5/3/08	15:01.70	Musco Twilight X - 5/3/08

## WOMEN'S 10,000 METERS (AQ - 33:30.00, PQ - 35:00.00, SR - 33:17.01, Diane Nukuri, 2008)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Diane Nukuri	33:17.01 @*	at Stanford Invite - 4/4/08	33:17.01 *	at Stanford Invite - 4/4/08
Meghan Armstrong	33:28.00 @	at Stanford Invite - 4/4/08	33:28.00	at Stanford Invite - 4/4/08
Fionna Fallon	38:55.95	at Drake Relays - 4/24/08	38:55.95	at Drake Relays - 4/24/08

## MEN'S 10,000 METERS (AQ -- 28:45.00, PQ -- 29:30.00, SR -- 28:44.47)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tommy Tate	33:13.33	at Central Invite - 4/5/08	31:05.23	at Big Ten Champ's - 5/11/07

## WOMEN'S 400-METER RELAY (RQ - 45.70, SR - 44.63)

Names	Season Best	Meet - Date
White, Alexander, Kerr, Trusty	45.78	at Tiger Classic - 4/5/08
White, Trusty, Kerr, Stanford	46.69	at Sun Angel Classic - 4/12/08
Trusty, White, Kerr, Hendricks	47.11	at Drake Relays - 4/25/08

## MEN'S 400-METER RELAY (RQ -- 40.66, SR -- 39.48)

Names	Season Best	Meet - Date
Milder, McSkimming, Reed, Elbert	41.33	at Drake Relays - 4/25/08

## WOMEN'S 800-METER RELAY (SR - 1:35.69)

Names	Season Best	Meet - Date
Hendricks, Trusty, White, Stanford	1:39.74	at Shamrock Invite - 3/21/08

## WOMEN'S 1,600-METER RELAY (RQ -- 3:42.00, SR -- 3:36.26)

Names	Season Best	Meet - Date
M. Mims, Alexander, Hendricks, Praska	3:48.17	Musco Twilight X - 5/3/08
M. Mims, Hendricks, Praska, Ponce	3:49.65	at Shamrock Invite - 3/22/08
Praska, Kerr, Trusty, M. Mims	3:52.19	Iowa Invite - 4/19/08
Hendricks, M. Mims, Kerr, Praska	3:52.97	at Sun Angel Classic - 4/12/08

## MEN'S 1,600-METER RELAY (RQ -- 3:10.00, SR -- 3:03.11)

Names	Season Best	Meet - Date
Willey, Elbert, Varner, Barton	3:11.11	at Drake Relays - 4/25/08
Willey, Elbert, Barton, Varner	3:11.21	at Sun Angel Classic - 4/12/08
Willey, Splan, Barton, Varner	3:11.23	at Tiger Classic - 4/5/08
Dolan, McSkimming, Splan, Hairston	3:14.22	Musco Twilight X - 5/3/08
Milder, McSkimming, Elbert, Hairston	3:17.08	at Tiger Classic - 4/5/08
Dolan, Hairston, Splan, Kuhlman	3:17.73	Iowa Invite - 4/19/08
Rolling, Prill, Niver, Rammelsberg	3:22.91	at Tiger Classic - 4/5/08

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# 2008 OUTDOOR SEASON & COLLEGIATE BESTS

## MEN'S SPRINT MEDLEY RELAY (SR -- 3:15.64)

**Names.....Season Best.....Meet - Date**  
 Milder, Elbert, Barton, Hairston..... 3:21.14 ..... at Drake Relays - 4/26/08

## WOMEN'S 3,200-METER RELAY (SR -- 8:46.45)

**Names.....Season Best.....Meet - Date**  
 M. Mims, Praska, Docherty, Ellis ..... 9:14.66 ..... at Drake Relays - 4/26/08

## WOMEN'S DISTANCE MEDLEY RELAY (SR -- 8:46.45)

**Names.....Season Best.....Meet - Date**  
 L. Hardesty, A. Hardesty, Hendricks, Anderson .... 9:14.66 ..... at Drake Relays - 4/25/08

## MEN'S DISTANCE MEDLEY RELAY (SR -- 8:46.45)

**Names.....Season Best.....Meet - Date**  
 B. MacTaggart, Splan, Dolan, Paul ..... 10:17.87 ..... at Drake Relays - 4/25/08

## WOMEN'S HIGH JUMP (RQ - 1.75 meters, SR - 1.86 meters)

**Name ..... Season Best ..... Meet - Date..... Collegiate Best .....Meet - Date**  
 Tammilee Kerr ..... 5-6 1/2 (1.69 m) \$ ..... at Drake Relays - 4/23/08..... 5-7 1/4 (1.71 m) ..... at Big Ten Champ's - 3/2/08  
 Caleigh Bacchus..... 5-5 (1.65 m) ..... at Tiger Classic - 4/5/08 ..... 5-7 (1.70 m)..... at ISU Classic - 2/16/08

## MEN'S HIGH JUMP (RQ -- 2.10 meters, SR -- 2.23 meters)

**Name ..... Season Best ..... Meet - Date..... Collegiate Best .....Meet - Date**  
 Ryan Kelly ..... 6-9 3/4 (2.08 m)..... at Central Invite - 4/5/08 ..... 6-9 3/4 (2.08 m) ..... at Central Invite - 4/5/08  
 Trey Stross ..... 6-8 3/4 (2.05 m)..... Musco Twilight X - 5/3/08..... 6-9 3/4 (2.08 m) ..... at Big Ten Champ's - 2/25/07  
 Jeremy Petsche..... 6-6 3/4 (2.00 m)..... Musco Twilight X - 5/3/08..... 6-10 3/4 (2.09 m) ..... Iowa Open - 2/17/06  
 Dan Rolling ..... 6-6 3/4 (2.00 m)..... at Drake Relays - 4/26/08..... 6-11 (2.11 m)..... at Big Ten Champ's - 3/2/08  
 Graham Valdes ..... 6-4 (1.93 m) ..... at Central Invite - 4/5/08 ..... 6-8 1/4 (2.04 m) ..... Iowa Invite - 2/22/08  
 Ryan Niver ..... 6-4 (1.93 m) \$ ..... at Drake Relays - 4/23/08..... 6-9 (2.06 m)..... at Gladstein Invite - 1/27/07  
 Frank Prill..... 5-10 (1.78 m) \$ ..... at Drake Relays - 4/23/08..... 5-11 1/2 (1.82 m) ..... at Big Ten Champ's - 3/2/08

## MEN'S POLE VAULT (RQ -- 5.05 meters, SR -- 5.18 meters)

**Name ..... Season Best ..... Meet - Date..... Collegiate Best .....Meet - Date**  
 Jeff Raymond..... 15-7 (4.75 m) ..... at Tiger Classic - 4/5/08 ..... 16-2 (4.93 m)..... at Big Ten Champ's - 3/1/08  
 Alex Zona ..... 15-1 (4.50 m) ..... Musco Twilight X - 5/3/08..... 15-7 3/4 (4.77 m) ..... at Johnson Invite - 1/26/08  
 Mark Mankivsky ..... 14-9 (4.50 m) ..... Iowa Invite - 4/19/08 ..... 14-9 (4.50 m)..... Iowa Invite - 4/19/08  
 Ryan Niver ..... 14-5 1/4 (4.40 m) \$ ..... at Drake Relays - 4/24/08..... 14-9 (4.50 m)..... Musco Twilight IX - 4/21/07  
 Frank Prill..... 12-9 1/2 (3.90 m)..... Iowa Invite - 4/19/08 ..... 14-3 1/4 (4.35 m) ..... at Gladstein Invite - 1/27/07

## WOMEN'S LONG JUMP (RQ - 6.00 meters, SR - 6.78 meters)

**Name ..... Season Best ..... Meet - Date..... Collegiate Best .....Meet - Date**  
 Tammilee Kerr ..... 19-2 3/4 (5.86 m)..... at Sun Angel Classic - 4/12/08 ..... 19-2 3/4 (5.86 m) ..... at Sun Angel Classic - 4/12/08  
 Renee White..... 19-0 1/2 (5.80 m)..... at Sun Angel Classic - 4/12/08 ..... 19-9 3/4 (6.04m) ..... at Springtime Invite - 4/1/06

## MEN'S LONG JUMP (RQ -- 7.34 meters, SR -- 8.25 meters)

**Name ..... Season Best ..... Meet - Date..... Collegiate Best .....Meet - Date**  
 Matty Gorman ..... 23-0 3/4 (7.03 m)..... at Central Invite - 4/5/08 ..... 25-1 1/4 (7.65 m) ..... at Springtime Invite - 4/1/06  
 Aaron Reed ..... 22-11 3/4 (7.00 m)..... Musco Twilight X - 5/3/08..... 23-8 (7.21 m)..... Musco Twilight IX - 4/21/07  
 Ryan Niver ..... 22-3 1/2 (6.79 m) \$ ..... at Drake Relays - 4/23/08..... 22-5 3/4 (6.85 m) ..... at Big Ten Champ's - 3/1/08  
 Cody Mixon ..... 21-3 1/4 (6.48 m)..... Iowa Invite - 4/19/08 ..... 22-5 1/4 (6.84 m) ..... at UNI Invite - 2/2/08  
 Bobby Windauer ..... 20-8 1/2 (6.31 m)..... at Central Invite - 4/5/08 ..... 21-3 1/4 (6.48 m) ..... at Big Ten Champ's - 2/24/07  
 Frank Prill..... 20-1 (6.12 m) \$ ..... at Drake Relays - 4/23/08..... 20-1 (6.12 m) \$ ..... at Drake Relays - 4/23/08

## WOMEN'S TRIPLE JUMP (RQ - 12.32 meters, SR - 12.90 meters)

**Name ..... Season Best ..... Meet - Date..... Collegiate Best .....Meet - Date**  
 Renee White..... 42-4 (12.90 m) \*^ ..... at Sun Angel Classic - 4/12/08 ..... 42-4 (12.90 m)..... at Sun Angel Classic - 4/12/08

## MEN'S TRIPLE JUMP (RQ -- 15.00 meters, SR -- 15.86 meters)

**Name ..... Season Best ..... Meet - Date..... Collegiate Best .....Meet - Date**  
 Matty Gorman ..... 49-2 1/2 (15.00 m) ^.. at Central Invite - 4/5/08 ..... 49-2 1/2 (15.00 m) ^. at Central Invite - 4/5/08  
 Josh Bean..... 48-9 (14.86 m) ..... Musco Twilight X - 5/3/08..... 48-9 (14.86 m)..... Musco Twilight X - 5/3/08  
 Cody Mixon ..... 44-2 1/2 (13.47 m)..... at Central Invite - 4/5/08 ..... 44-2 1/2 (13.47 m) .... at Central Invite - 4/5/08

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# 2008 OUTDOOR SEASON & COLLEGIATE BESTS

## WOMEN'S SHOT PUT (RQ - 14.30 meters, SR - 15.54 meters)

Name .....	Season Best .....	Meet - Date.....	Collegiate Best .....	Meet - Date
Amanda Chandler.....	39-0 1/4 (11.89 m).....	at Shamrock Invite - 3/22/08 .....	46-0 (14.02 m).....	at Tom Botts Invite
Tammilee Kerr .....	38-5 (11.71 m) \$ .....	at Drake Relays - 4/23/08.....	38-5 (11.71 m) \$.....	at Drake Relays - 4/23/08

## MEN'S SHOT PUT (RQ -- 16.80 meters, SR -- 19.27 meters)

Name .....	Season Best .....	Meet - Date.....	Collegiate Best .....	Meet - Date
John Hickey.....	61-9 1/2 (18.83 m) ^..	at Sun Angel Classic - 4/12/08 .....	62-8 (19.10 m).....	Iowa Invite - 2/22/08
A.J. Curtis.....	58-1 3/4 (17.72 m) ^..	Musco Twilight X - 5/3/08.....	58-1 3/4 (17.72 m) ^ ..	Musco Twilight X - 5/3/08
Shane Maier .....	57-5 (17.50 m) ^ .....	Musco Twilight X - 5/3/08.....	62-2 1/4 (18.95 m) ....	at Big Ten Champ's - 5/14/06
Mark Schaapveld .....	53-3 1/2 (16.24 m).....	at Central Invite - 4/5/08 .....	56-8 3/4 (17.29 m) ....	at Big Ten Champ's - 5/14/06
Ryan Niver .....	38-8 1/4 (11.79 m) \$..	at Drake Relays - 4/23/08 .....	41-1 1/2 (12.53 m) ....	at J. Johnson Classic - 1/21/06
Frank Prill.....	31-4 (9.55 m) \$ .....	at Drake Relays - 4/23/08 .....	32-8 1/4 (9.96 m) .....	at Gladstein Invite - 1/26/07

## MEN'S DISCUS (RQ -- 51.70 meters, SR -- 61.84 meters)

Name .....	Season Best .....	Meet - Date.....	Collegiate Best .....	Meet - Date
Shane Maier .....	178-7 (54.43 m) ^ .....	Musco Twilight X - 5/3/08.....	178-7 (54.43 m).....	Musco Twilight X - 5/3/08
A.J. Curtis.....	177-2 (54.00 m) ^ .....	Musco Twilight X - 5/3/08.....	202-11 (61.84 m).....	at Central Invite - 4/6/07
John Hickey.....	157-10 (48.11 m) .....	Iowa Invite - 4/19/08 .....	157-10 (48.11 m).....	Iowa Invite - 4/19/08
Ryan Niver .....	142-10 (43.54 m) \$ ....	at Drake Relays - 4/24/08.....	142-10 (43.54 m) \$....	at Drake Relays - 4/24/08
Frank Prill.....	99-3 (30.26 m) \$ .....	at Drake Relays - 4/24/08.....	99-3 (30.26 m) \$.....	at Drake Relays - 4/24/08
Bobby Windauer .....	96-2 (29.32 m) .....	Iowa Invite - 4/19/08 .....	96-2 (29.32 m).....	Iowa Invite - 4/19/08

## WOMEN'S HAMMER THROW (RQ - 54.15 meters, SR - 59.45 meters)

Name .....	Season Best .....	Meet - Date.....	Collegiate Best .....	Meet - Date
Erin O'Hern .....	168-9 (51.45 m).....	at Tiger Classic - 4/5/08 .....	168-9 (51.45 m).....	at Tiger Classic - 4/5/08
Amanda Chandler .....	146-3 (44.57 m).....	Musco Twilight X - 5/3/08 .....	146-3 (44.57 m).....	Musco Twilight X - 5/3/08

## MEN'S HAMMER THROW (RQ -- 56.80 meters, SR -- 67.94 meters)

Name .....	Season Best .....	Meet - Date.....	Collegiate Best .....	Meet - Date
Mark Schaapveld .....	179-9 (54.80 m) .....	Musco Twilight X - 5/3/08.....	179-9 (54.80 m).....	Musco Twilight X - 5/3/08
Ryan Jordan .....	178-3 (54.33 m) .....	Musco Twilight X - 5/3/08.....	184-6 (56.23 m) .....	at Big Ten Champ's - 5/11/07
John Hickey.....	165-8 (50.50 m) .....	at Central Invite - 4/5/08 .....	171-10 (52.38 m).....	Musco Twilight IX - 4/21/07

## WOMEN'S JAVELIN (RQ - 43.45 meters, SR - 55.31 meters)

Name .....	Season Best .....	Meet - Date.....	Collegiate Best .....	Meet - Date
Tammilee Kerr .....	153-6 (46.78 m) ^ .....	at Tiger Classic - 4/5/08 .....	157-0 (47.85 m).....	at Big Ten Champ's - 5/12/07

## MEN'S JAVELIN (RQ -- 61.60 meters, SR -- 74.58 meters)

Name .....	Season Best .....	Meet - Date.....	Collegiate Best .....	Meet - Date
Craig Jennings.....	167-1 (50.92 m) .....	Musco Twilight X - 5/3/08.....	173-4 (52.83 m).....	Musco Twilight VIII - 4/22/06
Ryan Niver .....	151-8 (46.24 m) \$ .....	at Drake Relays - 4/24/08.....	162-5 (49.50 m) \$.....	at Big Ten Champ's - 5/15/05
Alex Zona.....	143-0 (43.60 m) .....	Musco Twilight X - 5/3/08.....	143-0 (43.60).....	Musco Twilight X - 5/3/08
Frank Prill.....	127-8 (38.91 m) \$ .....	at Drake Relays - 4/24/08.....	127-8 (38.91 m) \$.....	at Drake Relays - 4/24/08

## HEPTATHLON (AQ -- 5,500 points, PQ -- 5,050 points, SR -- 5,417 points)

Name .....	Season Best .....	Meet - Date.....	Collegiate Best .....	Meet - Date
Tammilee Kerr .....	5,417 points *#.....	at Drake Relays - 4/23-24/08 .....	5,417 points *# .....	at Drake Relays - 4/23-24/08

## DECATHLON (AQ -- 7,500 points, PQ -- 6,900 points, SR -- 6,839 points)

Name .....	Season Best .....	Meet - Date.....	Collegiate Best .....	Meet - Date
Ryan Niver .....	6,837 points.....	at Drake Relays - 4/23-24/08 .....	6,837 points .....	at Drake Relays - 4/23-24/08
Frank Prill.....	5,580 points.....	at Drake Relays - 4/23-24/08 .....	5,580 points .....	at Drake Relays - 4/23-24/08

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