

IOWA HAWKEYES



University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

WRESTLING WEEKLY RELEASE

DECEMBER 7, 2010

2010-11 SCHEDULE & RESULTS (6-0, 0-0 Big Ten)

Date	Opponent	Time (CT)
11/19	*Iowa Central	W, 45-0
	*Coe	W, 44-0
11/26	^vs. Chattanooga at Cornell College	W, 47-0 W, 43-0
12/3	Iowa State (MC/BTNWS)	W, 22-13
12/4	Michigan State (BTNWS)	W, 29-10
12/9	at Northern Iowa (IPTV) (Cedar Falls, IA)	7 p.m.
12/29-30	at Midlands Championships (Evanston, IL)	
1/7	SIU-Edwardsville (BTNWS) (Iowa City, IA)	7 p.m.
1/16	at Oklahoma State (Stillwater, OK)	2 p.m.
1/22	Ohio State (BTN) (Iowa City, IA)	3 p.m.
1/28	at Northwestern (BTNWS) (Evanston, IL)	7 p.m.
1/30	at Penn State (BTN) (University Park, PA)	2 p.m.
2/6	Indiana (BTNWS) (Iowa City, IA)	5:30 p.m.
2/11	vs. Purdue (Mishawaka, IN)	6 p.m.
2/13	Michigan (IPTV/BTNWS) (Iowa City, IA)	1 p.m.
2/20	at Minnesota (BTN) (Minneapolis, MN)	1 p.m.
3/5-6	at Big Ten Championships (BTN) (Evanston, IL)	
3/17-19	at NCAA Championships (Philadelphia, PA)	

All times are Central and subject to change.

BTN - Big Ten Network

BTNWS - Big Ten Network Web Streaming

MC - Mediacom Connections

* - Iowa City Duals

^ - at Cornell College

PROBABLE LINEUPS

#7 Iowa Hawkeyes (6-0, 1-0 Big Ten)

Wt.	Rank	Name	Yr.	Hometown/High School	2010-11 Collegiate Record
125	1/1/1	Matt McDonough	So.	Marion, IA/Linn-Mar	6-0
133		Nate Moore	So.	Iowa City, IA/West	6-1
OR	-/10/20	Tony Ramos	*Fr.	Carol Stream, IL/Glenbard North	3-0
141	17/13/16	Mark Ballweg	So.	Waverly, IA/Waverly-Shell Rock	6-0
149		Jeret Chiri	So.	New London, IA/New London	2-2
157	12/7/10	Derek St. John	*Fr.	Parnell, IA/Iowa City West	6-0
165		Aaron Janssen	Sr.	Emmetsburg, IA/Emmetsburg	9-0
OR	15/11/-	Jake Kerr	Sr.	Oskaloosa, IA/Oskaloosa	4-1
174	18/-/-	Ethen Lofthouse	*Fr.	Avon, UT/Mountain Crest	4-2
184	9/6/7	Grant Gambrall	So.	Iowa City, IA/Iowa City West	6-0
197	18/12/18	Luke Lofthouse	Sr.	Avon, UT/Mountain Crest	5-1
HWT	16/17/-	Blake Rasing	Jr.	New Hampton, IA/New Hampton	5-1

Northern Iowa Panthers (4-3, 0-0 WWC)

Wt.	Rank	Name	Yr.	Hometown/Last School	2010-11 Dual Record
125		Caleb Flores	Sr.	Rosemead, CA/Northview HS	3-4
133		Ryan Jauch	So.	Crystal Lake, IL/Central HS	2-2
141		Aaron Senzee	Jr.	Kearney, MO/Meramec CC	4-3
OR		Alec Hoffman	So.	Davenport, IA/North HS	0-0
149		Jamal Lawrence	Jr.	Merrillville, IN/Merrillville HS	2-5
157		David Bonin	So.	Broussard, LA/Comeaux HS	4-3
165		Nick Pickerell	Jr.	Albia, IA/Centerville HS	4-3
174		Brice Wolf	*Fr.	Greeley, CO/Central HS	4-2
184		Ryan Loder	*Fr.	Granite Bay, CA/Granite Bay HS	3-4
197		Andy O'Loughlin	Sr.	Independence, IA/Independence HS	3-2
OR		Joe Johnson	Jr.	Swea City, IA/Iowa Central CC	1-1
HWT	17/16/14	Christian Brantley	Jr.	Homewood, IL/Mt. Carmel HS	7-0

* - redshirt freshman. Rankings are AWN/Intermat/W.I.N.

THIS WEEK

The seventh-ranked University of Iowa wrestling team (6-0) will travel to Cedar Falls to face Northern Iowa (4-3) Thursday at 7 p.m. in the West Gym. Tickets are \$13 for adults and \$8 for children, and are available at unipanthers.com.

ON THE AIR

Radio - Steven Grace and two-time Hawkeye NCAA champion and four-time All-American Mark Ironside will call the action live on AM-800, KXIC and hawkeyesports.com. Live audio broadcasts from all events will be available online at hawkeyesports.com using the All-Access subscription (\$14.95 per month or \$119.95 per year).

Television - The dual will be aired live on Iowa Public Television. Tim Johnson, former Hawkeye Head Coach **Dan Gable** and former Iowa State Head Coach Jim Gibbons will call the action.

Internet - The 2010-11 Hawkeye wrestling media guide, press releases, meet results, and audio broadcasts are available on the University of Iowa's website, hawkeyesports.com. Current wrestling staff and student-athlete head shots are available at pics.hawkeyesports.com.

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HEAD COACH TOM BRANDS



Three-time Big Ten Coach of the Year, Tom Brands, is in his fifth season as head wrestling coach at Iowa. A 1996 Olympic gold medalist and member of wrestling's Hall of Fame, Brands is only the eighth wrestling coach at Iowa. The former Hawkeye wrestler was a four-time All-American and three-time national champion (1989-92) at Iowa. He has an 88-6 overall and 30-3 Big Ten coaching record at Iowa, and a 105-26 career mark.

In the past four seasons at Iowa, Brands has led the Hawkeyes to three straight NCAA and Big Ten team titles (2008-10). During that time the Hawkeyes have crowned six NCAA champions, six Big Ten champions and 23 All-Americans, and qualified 36 wrestlers to the NCAA Championships. The Hawkeyes have also won the last three Big Ten regular season titles with perfect 8-0 records each year. The team is in the midst of the longest dual (61) and longest road dual (41) winning streaks in school history.

Brands served as head coach at Virginia Tech University for two seasons (2005-06), recording a 17-20 dual mark. Prior to taking the helm at Virginia Tech, Brands was an assistant coach at Iowa for 12 seasons (1993-2004). He helped the Hawkeyes to a 177-27 dual record, seven NCAA and eight Big Ten titles, while crowning 23 NCAA champions, 73 all-Americans and 36 Big Ten champions. He was named the National Wrestling Coaches Association Assistant Coach of the Year in 2000.

As a competitor, Brands won the 1996 Olympic freestyle gold medal at 136.5 pounds in Atlanta, GA. He also won a gold medal at the 1993 World Freestyle Championships in Toronto, two World Cup gold medals (1994, 1995) and was the 1995 Pan American Games champion. He won four U.S. National titles (1993-96) and made four straight U.S. World or Olympic teams (1993-96). Along with his twin brother, Terry, Tom was named 1993 USA Wrestling Athlete of the Year, the 1993 John Smith Outstanding Freestyle Wrestler and 1993 Amateur Wrestling News Man of the Year. He was inducted into wrestling's Hall of Fame in 2001.

Brands was a four-time All-American at Iowa (1989-92). During his Hawkeye career, he won three NCAA titles and was named Outstanding Wrestler of the 1992 NCAA Championships. Also a three time Big Ten champion, Brands won 95 percent of his matches at Iowa. His career mark of 158-7-2, included an undefeated season in 1991 (45-0).

IOWA WINNING STREAKS

Iowa has won 67 straight dual matches, which is a school record. The current streak started with a win over Cornell (32-3) on Jan. 12, 2008, which was the first match after Iowa lost to Oklahoma State (19-14) on Jan. 5.

The 67-match winning streak ranks fourth-best in NCAA wrestling history behind three Oklahoma State streaks. The Cowboys won 76 straight duals from 1937-51, and had two 69-match streaks (1921-32 and 1996-99).

The Hawkeyes have also won 43 consecutive duals on the road, which is also a school record. That streak started with a 20-13 win at Iowa State on Dec. 9, 2007.

Iowa has also won its last 29 duals at Carver-Hawkeye Arena. That streak, which ranks fourth-best in school history, started with a 27-13 win over Penn State on Jan. 20, 2008, which was also the first home match after the loss to the Cowboys. The school record is 55 (1/9/1977-12/18/1983).

Against Big Ten foes, the Hawkeyes have won their last 28 duals, including 13 at home and 15 on the road. The 28 league duals rank second in school history, while the 13 home duals rank third and the 15 road duals rank fourth. Iowa's school record for consecutive Big Ten wins is 98 (12/13/1975-1/28/1989), while the records for Big Ten home wins is 63 (1/17/1975-1/3/1998) and road wins is 54 (1/19/1974-1/28/1989).

NORTHERN IOWA PANTHERS

The University of Northern Iowa Panthers are 4-3 with wins over McKendree (34-9), Wisconsin-Parkside (34-6), Old Dominion (19-15) and Binghamton (18-15), and losses to Northwestern (6-26), Maryland (16-19) and Bloomsburg (14-18).

Head Coach Doug Schwab, who is in his first year with the Panthers, served as an assistant coach at Iowa from 2006-07 to 2009-10. He was a three-time All-American and Big Ten champion for the Hawkeyes from 1998-2001. He won the 1999 NCAA title at 141 pounds and finished his collegiate career with 130 wins, which ranks 10th-best in school history. Schwab is assisted by UNI alums Mark Schwab (1990) and Randy Pugh (2000), as well as former Hawkeye Joe Slaton and Nebraska alum Tolly Thompson (1997).

The Panthers are led by junior heavyweight Christian Brantley, who is ranked 14th by *WIN*, 16th by *Intermat* and 17th by *AWN* with a 7-0 dual record.

THE SERIES

Iowa leads the series with Northern Iowa, 42-8-2. The Hawkeyes have won the last 35 meetings with the Panthers, and hold a 20-5-1 advantage in Cedar Falls. Iowa won the last meeting, 48-3, Dec. 10, 2009, in Iowa City. Northern Iowa's last win in the series was a 17-15 victory during the 1973-74 season.

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HAVEN'T WE MET?

Following are past collegiate career results of potential Iowa-Northern Iowa match-ups:

125 - **Matt McDonough (Iowa)** is 1-0 vs. Caleb Flores (Northern Iowa)
McDonough pinned Flores in 4:39 at 2009-10 dual

133 - **Nate Moore (Iowa)** is 4-0 vs. Ryan Jauch (Northern Iowa)
Moore pinned Jauch in 1:39 at 2008 Northern Iowa Open
Moore dec. Jauch, 15-8, at 2009 Brand Open
Moore pinned Jauch in 4:00 at 2009 DuHawk Open
Moore pinned Jauch in 2:42 at 2009-10 dual

133 - **Tony Ramos (Iowa)** is 1-0 vs. Ryan Jauch (Northern Iowa)
Ramos dec. Jauch, 7-4, at 2010 DuHawk Open

141 - **Mark Ballweg (Iowa)** is 0-1 vs. Alec Hoffman (Northern Iowa)
Hoffman maj. dec. Ballweg, 14-4, at 2008 Northern Iowa Open

174 - **Ethen Lofthouse (Iowa)** is 1-0 vs. Brice Wolf (Northern Iowa)
Lofthouse dec. Wolf, 6-5, at 2010 Brand Open

184 - **Grant Gambrall (Iowa)** is 1-0 vs. Ryan Loder (Northern Iowa)
Gambrall dec. Loder, 8-3 0 at 2010 Grand View Open

Hwt. - **Blake Rasing (Iowa)** is 1-1 vs. Christian Brantley (Northern Iowa)
Rasing dec. Brantley, 11-9 in TB-1, at 2007 Jim Fox Open
Brantley dec. Rasing, 3-2, at 2009-10 dual

LAST MEETING - IOWA 48, NORTHERN IOWA 3

The top-ranked Hawkeyes (9-0) recorded six pins and three major decisions en route to a 48-3 win over Northern Iowa (3-4) Dec. 9, 2009, at Carver-Hawkeye Arena. The 45-point victory margin was Iowa's largest in the 79-year series. The Hawkeyes collected 29 takedowns on the evening, allowing just one for the Panthers.

Hawkeye redshirt freshmen **Matt McDonough** (125) and **Nate Moore** (133), sophomore **Montell Marion** (141) and senior **Brent Metcalf** (149) gave the Hawkeyes a convincing 24-0 lead with their pins. Moore, who was filling in for senior starter **Daniel Dennis**, made the most of his dual meet debut by scoring a first-period pin over Ryan Jauch in 2:42. Marion, who was also making his first dual appearance in a Hawkeye singlet, built a 6-2 lead over Trent Washington before decking him in 3:28. Junior **Aaron Janssen** took Iowa into the intermission with an 11-1 major decision over Tyson Reiner at 157. Seniors **Ryan Morningstar** (165) and **Jay Borschel** (174) got the Hawkeye fans back on their feet with second-period pins, giving Iowa a 40-0 lead. Morningstar led 1-0 going into the third period before recording the fall over David Bonin in 5:32. Borschel had a 5-0 lead over Jarion Beets before recording the pin in 4:44 to pick up his 70th career win. Major decisions from seniors **Phillip Keddy** (184) and **Chad Beatty** (197) built the Hawkeye lead to 48-0. Keddy recorded the most takedowns of the night (6) in his 14-5 win over Andy O'Loughlin, while Beatty tallied five takedowns in his 15-5 victory over Dustin Bauman.

TEAM RANKINGS

NWCA/USA Today Division I Coaches Poll (12/7/10)

Rank	Team	Points	Previous	
			Rank	Record
1.	Cornell	275	1	1-0
2.	Oklahoma State	264	2	2-0
3.	Minnesota	252	3	3-1
4.	Wisconsin	243	4	4-0
5.	Penn State	230	5	5-0
6.	Boise State	218	T6	2-0-1
7.	Iowa	210	T6	5-0
8.	Oklahoma	200	8	4-0
9.	Illinois	187	9	1-0
10.	Virginia Tech	165	10	6-2
11.	Lehigh	163	12	6-2
12.	Oregon State	150	13	3-0-2
13.	Iowa State	138	14	4-1
14.	Central Michigan	121	11	1-3
15.	Nebraska	118	15	4-1
16.	Missouri	108	16	6-3
17.	Pittsburgh	104	17	4-3
18.	Rutgers	91	18	7-1
19.	Michigan	86	21	1-1
20.	Northwestern	60	20	6-0
21.	Purdue	52	23	1-0-1
22.	Ohio State	45	19	0-2
23.	Arizona State	31	22	3-1
24.	American	26	25	5-1
25.	Virginia	17	24	7-2

TICKET INFORMATION

Single meet Iowa wrestling tickets can be ordered from the UI Athletics Ticket Office, at (319) 335-9323, or online at hawkeyesports.com.

For the **SIU-Edwardsville, Indiana** and **Michigan** duals, tickets are \$10 for adults and \$5 for youth, if purchased in advance. Tickets for those four duals are \$12 for adults and \$6 for youth if purchased at the door.

For the **Ohio State** dual, tickets are \$13 for adults, \$7 for youth and \$2 for children ages five and under, if purchased in advance. Tickets for those two duals are \$15 for adults, \$8 for youth and \$2 for children ages five and under, if purchased at the door.

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2010-11 BIG TEN STANDINGS

Team	Big Ten		Overall	
	W-L-T	Pct.	W-L-T	Pct.
Iowa	1-0-0	1.000	6-0-0	1.000
Indiana	0-0-0	.000	6-0-0	1.000
Northwestern	0-0-0	.000	6-0-0	1.000
Penn State	0-0-0	.000	5-0-0	1.000
Wisconsin	0-0-0	.000	4-0-0	1.000
Illinois	0-0-0	.000	1-0-0	1.000
Purdue	0-0-0	.000	2-0-1	.833
Minnesota	0-0-0	.000	3-1-0	.750
Michigan	0-0-0	.000	1-1-0	.500
Ohio State	0-0-0	.000	0-2-0	.000
Michigan State	0-1-0	.000	4-1-0	.800

THIS WEEK IN THE BIG TEN

- 12/9 **Iowa at Northern Iowa - 7 p.m.**
Minnesota at Nebraska - 7 p.m.
- 12/11 Minnesota at Cal St. Bakersfield - 1 p.m.
Minnesota at Cal St. Fullerton - 8 p.m.
Michigan State at N. Illinois - 7 p.m.
Northern Iowa at Wisconsin - 7 p.m.
- 12/12 Missouri at Purdue - 11 a.m.
Michigan at Wisconsin - 1 p.m.
E. Michigan at Northwestern - 2 p.m.
Ohio State at Edinboro - 1 p.m.
Lock Haven at Penn State - 1 p.m.

Match times are Central.

BIG TEN WRESTLERS OF THE WEEK

Date	Wrestler (Wt., School)
11/9	Ian Paddock (Ohio State)
11/16	Kyle Dooley (157, Illinois) Sean Boyle (125, Michigan)
11/23	Travis Rutt (184, Wisconsin)
11/30	Paul Young (157, Indiana)
12/7	Kellen Russell (141, Michigan)

BIG TEN
CONFERENCE
www.bigten.org

Northern Iowa's Christian Brantley recorded the Panther's only win and takedown of the night, scoring a 3-2 decision over Hawkeye sophomore **Blake Rasing** at heavyweight to end the dual.

Iowa 48, Northern Iowa 3

- 125 - **Matt McDonough (I)** pinned Caleb Flores (UNI), 4:38
133 - **Nate Moore (I)** pinned Ryan Jauch (UNI), 2:42
141 - **Montell Marion (I)** pinned Trent Washington (UNI), 3:28
149 - **Brent Metcalf (I)** pinned Trevor Kittleson (UNI), 3:49
157 - **Aaron Janssen (I)** maj. dec. Tyson Reiner (UNI), 11-1
165 - **Ryan Morningstar (I)** pinned David Bonin (UNI), 5:32
174 - **Jay Borschel (I)** pinned Jarion Beets (UNI), 4:44
184 - **Phillip Keddy (I)** maj. dec. Andy O'Loughlin (UNI), 14-5
197 - **Chad Beatty (I)** maj. dec. Dustin Bauman (UNI), 15-5
Hwt. - Christian Brantley (UNI) dec. **Blake Rasing (I)**, 3-2

HAWKEYES BEAT IOWA STATE, MICHIGAN STATE

Iowa kept its 67-match winning streak intact with a 22-13 victory over #14 Iowa State Friday night and a 29-10 win over Michigan State Saturday night at Carver-Hawkeye Arena. The sixth-ranked Hawkeyes improved to 6-0 on the season, while handing the Cyclones (4-1) and Spartans (4-1) their first dual losses.

Against Iowa State, the Hawkeyes used wins at six weights - including four major decisions - to post its seventh-straight win over Iowa State, and it's 30th over the Cyclones in Iowa City. The win also gave Iowa a 7-6 edge in the 2010-11 Hy-Vee Cy-Hawk series. A crowd of 13,378 saw the Hawkeyes record their 28th straight win in Carver-Hawkeye Arena. That attendance total ranks ninth in Carver-Hawkeye Arena history, and is the 15th largest dual crowd in NCAA history. At the intermission, officials from both schools announced the creation of the Dan Gable Traveling Trophy, which will be presented to the winner of the intrastate rival each year.

Highlights for Iowa included **Mark Ballweg's** 3-1 upset over Cyclone senior Chris Drouin at 141, as well as major decisions from sophomores **Matt McDonough** (125) and **Grant Gambrall** (184) and redshirt freshmen **Tony Ramos** (133) and **Derek St. John** (157). Ballweg, who was not ranked, took Drouin, who was ranked 11th in the nation by InterMat, 13th by *WIN* and 19th by *AWN*, down with 11 seconds left in the bout for the win.

Iowa opened the 2010-11 Big Ten season against the Spartans, winning seven bouts on the night. The Hawkeyes came out strong in front of 6,031 fans, scoring two pins and second-period technical fall to take a 17-0 lead. McDonough recorded his first pin of the season, sticking Eric Olanowski in 3:48 at 125. Ramos accumulated eight nearfall points and scored three takedowns to defeat Josh Harper, 16-1 in 5:13. Ballweg followed by scrambling off his back and pinning Joel Trombly in 2:05. St. John, senior **Jake Kerr** (165), Gambrall and senior **Luke Lofthouse** (197) each recorded decisions. Gambrall led 1-0 early in the second period of his match with Ian Hinton when both wrestlers were awarded one point for unsportsmanlike conduct. The Hawkeye sophomore kept his cool and rode Hinton the entire third period to post the 3-1 win.

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WRESTLERS CROWN FOUR CHAMPIONS AT NORTHERN IOWA OPEN

The Hawkeyes sent 16 competitors to Saturday's Northern Iowa Open in Cedar Falls, crowning four individual champions and 12 placewinners. Senior **Aaron Janssen** won the 165-pound title for the Hawkeyes, while true freshmen **Michael Kelly** (157), **Mike Evans** (174) and **Bobby Telford** (Hwt.) each won titles while competing unattached. Iowa's other placewinners included junior **Vinnie Wagner** (184-2nd), redshirt freshman **Nick Trizzino** (133-4th) and **Tomas Lira** (184-5th), and true freshmen **Ethan Owens** (141-6th), **Jacob Ballweg** (149-3rd), **Nick Moore** (157-3rd), **Walt Gillmor** (165-3rd) and **Jeremy Fahler** (174-6th). All of Iowa's true freshmen were competing unattached.

IOWA WRESTLING HISTORY

Iowa's overall dual meet record is 881-215-30 (.796) in 101 seasons. The Hawkeyes have won 23 national titles and 34 Big Ten titles. Iowa's 51 NCAA champions have won a total of 78 NCAA individual titles, crowning six three-time and 15 two-time champions. The Hawkeyes' 102 Big Ten champions have won a total of 186 conference titles. There have been seven four-time, 18 three-time and 27 two-time Iowa winners. Iowa's 140 all-Americans have earned all-America status 286 times, including 17 four-time, 29 three-time and 37 two-time honorees.

PARDON OUR PROGRESS!

As friends of the UI and fans of the Hawkeyes know, the UI Athletics Department is well into a multi-million dollar revitalization of Carver-Hawkeye Arena. This important and exciting project has reduced for this season the number of ticket windows that are operational on game nights. Fans attending Iowa's home wrestling are invited to avoid meet night delays by purchasing their event tickets online or in advance. If your schedule doesn't allow for an advance purchase, we recommend you consider arriving at the arena a little earlier than originally planned.

The North entrance is no longer accessible from the outside of the facility. Fans can enter and purchase tickets at the West and South entrances. Arena doors will open 90 minutes before an event. The East entrance will serve as the event pass gate.

USA WRESTLING ANNOUNCES 2012 OLYMPIC TEAM TRIALS BIDS

USA Wrestling has received seven proposal packets from bid cities and their potential local organizing committees to jointly host the 2012 U.S. Olympic Team Trials for Wrestling and Weightlifting. The target date for the event is the weekend of April 20-21, 2012.

Each bid proposal includes hosting both the 2012 U.S. Olympic Team Trials for Wrestling and Weightlifting. The wrestling event will feature competition in the three Olympic styles of the sport - men's freestyle, Greco-Roman and women's freestyle. The weightlifting event will include both men's and women's weight divisions.

The competition will determine the U.S. athletes in both sports who will qualify to represent the United States at the 2012 Olympic Games in London, England.

Listed alphabetically below are the bid cities, with the organizations which have submitted the bid, along with the proposed arena where the event might be held: **Columbus, OH** (Greater Columbus Sports Commission - Value City Arena at the Jerome Schottenstein Center); **Council Bluffs, IA** (Council Bluffs Convention &

THE LAST TIME IOWA...

Won a dual meet at home:

Dec. 4, 2010 - 29-10 vs. Michigan State

Lost a dual meet at home:

Jan. 5, 2008 - 19-14 vs. Oklahoma State

Won a dual meet on the road:

Nov. 26, 2010 - 43-0 at Cornell College

Lost a dual meet on the road:

Feb. 4, 2007 - 24-13 at Penn State

Tied a dual meet:

Dec. 4, 1992 - 18-18 at Penn State

Shut-out an opponent in a dual meet:

Nov. 26, 2010 - 43-0 at Cornell College

Was shut-out in a dual meet:

1965-66 - 39-0 vs. Oklahoma

Lost two consecutive dual meets:

Feb. 5, 2006 - 19-17 at Michigan St.

Feb. 10, 2006 - 24-13 vs. Illinois

Scored 50 or more team points:

Nov. 20, 2009 - 51-0 vs. SIUE

Went undefeated for a season:

2009-10 - 23-0

Went undefeated in Big Ten duals:

2009-10 - 8-0

Had a losing season:

1966-67 - 7-8

HIGH/LOW FACTS

Placing at NCAA Meet

High: 1st - 23 times, last in 2010

Low: T32nd - 1971

Team Score at NCAA Meet

High: 170 points - 1997

Low (since 1962): 8 points - 1968

Placing at Big Ten Meet

High: 1st - 34 times, last in 2010

Low: 10th - 1929

Individual NCAA Champs

High: 5 - 1986 and 1997

Low: 0 - 40 times, last in 2009

All-Americans

High: 9 - 6 times, last in 1995

Low: 0 - 19 times, last in 1968

Individual Big Ten Champs

High: 9 - 1983

Low: 0 - 29 times, last in 2006

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Visitor Bureau & Council Bluffs Olympic Trials Committee (Iowa - Mid-America Center); **Greensboro, NC** (Greensboro Sports Commission - Greensboro Coliseum Complex); **Hampton, VA** (Hampton Convention & Visitor Bureau - Hampton Coliseum); **Iowa City, IA** (University of Iowa Athletics Department and Iowa City/Coralville Area Convention & Visitors Bureau - Carver Hawkeye Arena); **Oklahoma City, OK** (Oklahoma City All Sports Association and Oklahoma City Convention and Visitors Bureau - Cox Arena); **Pontiac, MI** (Triple Sports & Entertainment, LLC/ Silverdome Venue - The Silverdome).

The group of seven bid cities will be reduced to between three and four finalist bids, with an announcement from USA Wrestling and USA Weightlifting expected on Dec. 20. The organizing committees selected as finalists will be invited to make an in-person presentation on behalf of their bid during the week of Jan. 10-14, 2011.

A committee will review the finalist bid presentations. The committee will include USA Wrestling staff and athletes, as well as representatives from USA Weightlifting. An announcement on the bid selected to host the 2012 U.S. Olympic Team Trials for Wrestling and Weightlifting is targeted for Jan. 17, 2011.

This will be the second consecutive Olympic quadrennium in which USA Wrestling will partner with another National Governing Body within the Olympic family to hold the U.S. Olympic Team Trials side-by-side. In 2008, USA Wrestling partnered with USA Judo for a joint U.S. Olympic Team Trials event.

Since USA Wrestling became the sport's National Governing Body for the sport in 1983, eight different cities have hosted the U.S. Olympic Team Trials event.

In 1992 and 1996, the final U.S. Olympic Team Trials event for wrestling was split into two events, with men's freestyle in one city and Greco-Roman in another city. Women's freestyle wrestling was added to the event in 2004, after the International Olympic Committee included the discipline for the first time in the Olympic program at the 2004 Athens Olympic Games.

INTERVIEW POLICIES & PROCEDURES

Members of the Hawkeye wrestling team and coaching staff are available for interviews Tuesday afternoons from 2:40-3:25 p.m. in the Field House Practice Facility. If you are interested in scheduling an interview outside that time, please contact Assistant Sports Information Director Traci Wagner at 319-430-6349.

ALL IN THE FAMILY

On the 2010-11 Hawkeye wrestling team, there are three sets of brothers, two wrestlers whose fathers wrestled at Iowa and two uncle-nephew combinations.

Senior **Matt Ballweg** (157), sophomore **Mark Ballweg** (133/141) and freshman **Jacob Ballweg** (141) are brothers who hail from Waverly. They are the fifth set of three brothers to wrestle at Iowa, and the third set to be on the roster at the same time. The other sets of three brothers to compete for the Hawkeyes are **Ed Banach, Lou Banach** and **Steve Banach**; **Marty Kistler, Harlan Kistler** and **Lindley Kistler**; **Mike Uker, Ben Uker** and **Joe Uker**; and **Lenny Zalesky, Larry Zalesky** and **Jim Zalesky**.

Junior **Stew Gillmor** (149/157) and freshman **Walt Gillmor** (165) are brothers from Donahue, while sophomore **Nate Moore** (133) and freshman **Nick Moore** (157/165) are brothers from Iowa City.

Sophomore **Matt McDonough** (125/133) and redshirt freshman **Nick Trizzino** have fathers who wrestled for the Hawkeyes. **Mike McDonough** wrestled at Iowa from 1974-76, while **Mark Trizzino** was an all-American (1984) and four-year letterwinner (1981-84) for the Hawkeyes.

Senior **Luke Lofthouse** (197) is the uncle of Hawkeye redshirt freshman **Ethen Lofthouse** (174). **Nick Trizzino's** uncle, **Scott Trizzino**, was a three-time all-American (1978-79-81) and four-time letterwinner (1977-79, 1981) for the Hawkeyes.

WRESTLING SUMMER CAMPS

For dates and more information about 2011 Iowa Wrestling Summer camps visit iowawrestlingcamps.com.

2010-11 IOWA DUAL STARTING LINEUPS

Opponent	125	133	141	149	157	165	174	184	197	Hwt.
*Iowa Central	McDonough	Trizzino	Ballweg	Carew	St. John	Kerr	E. Lofthouse	Gambrall	L. Lofthouse	Rasing
*Coe	McDonough	Trizzino	Ballweg	Carew	St. John	Kerr	E. Lofthouse	Gambrall	L. Lofthouse	Rasing
^Chattanooga	McDonough	Moore	Ballweg	Chiri	St. John	Kerr	E. Lofthouse	Gambrall	L. Lofthouse	Rasing
at Cornell College	McDonough	Ramos	Ballweg	Chiri	St. John	Janssen	E. Lofthouse	Gambrall	L. Lofthouse	Rasing
Iowa State	McDonough	Ramos	Ballweg	Chiri	St. John	Kerr	E. Lofthouse	Gambrall	L. Lofthouse	Rasing
Michigan State	McDonough	Ramos	Ballweg	Chiri	St. John	Kerr	E. Lofthouse	Gambrall	L. Lofthouse	Rasing

*Bolded names = match winners, *Iowa City Duals, ^at Cornell College*

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IOWA HAWKEYES



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2010-11 HAWKEYE TOP FIVE STATISTICAL LEADERS

Collegiate Wins

1. Aaron Janssen (165)	8
2. Matt McDonough (125)	6
Nate Moore (133)	6
Mark Ballweg (141)	6
Derek St. John (157)	6
Grant Gambrall (184)	6

Collegiate Winning Percentage

1. Aaron Janssen (165)	1.000 (8-0)
2. Matt McDonough (125)	1.000 (6-0)
Mark Ballweg (141)	1.000 (6-0)
Derek St. John (157)	1.000 (6-0)
Grant Gambrall (184)	1.000 (6-0)

Dual Wins

1. Matt McDonough (125)	6
Mark Ballweg (141)	6
Derek St. John (157)	6
Grant Gambrall (184)	6
5. Luke Lofthouse (197)	5
Blake Rasing (Hwt.)	5

Dual Winning Percentage

1. Matt McDonough (125)	1.000 (6-0)
Mark Ballweg (141)	1.000 (6-0)
Derek St. John (157)	1.000 (6-0)
Grant Gambrall (184)	1.000 (6-0)
5. Luke Lofthouse (197)	.833 (5-1)
Blake Rasing (Hwt.)	.833 (5-0)

Big Ten Dual Wins

1. Matt McDonough (125)	1
Tony Ramos (133)	1
Mark Ballweg (141)	1
Derek St. John (157)	1
Jake Kerr (165)	1
Grant Gambrall (184)	1
Luke Lofthouse (197)	1

Big Ten Dual Winning Percentage

1. Matt McDonough (125)	1.000 (1-0)
Tony Ramos (133)	1.000 (1-0)
Mark Ballweg (141)	1.000 (1-0)
Derek St. John (157)	1.000 (1-0)
Jake Kerr (165)	1.000 (1-0)
Grant Gambrall (184)	1.000 (1-0)
Luke Lofthouse (197)	1.000 (1-0)

Dual Meet Team Points Scored

1. Mark Ballweg (141)	32
2. Matt McDonough (125)	26
3. Derek St. John (157)	24
4. Grant Gambrall (184)	23
5. Luke Lofthouse (197)	22

Falls

1. Mark Ballweg (141)	4
2. Nate Moore (133)	2
Nick Trizzino (133)	2
Jake Kerr (165)	2
Ethen Lofthouse (174)	2

Fastest Fall

1. Nate Moore (133)	0:47
2. Vinnie Wagner (184)	0:48
3. Ethen Lofthouse (174)	0:52
4. Blake Rasing (Hwt.)	1:05
5. Stew Gillmor (149)	1:15

Technical Falls

1. Matt McDonough (125)	1
Tony Ramos (133)	1
Mark Ballweg (141)	1
Ethen Lofthouse (174)	1
Grant Gambrall (184)	1
Luke Lofthouse (197)	1

Major Decisions

1. Nate Moore (133)	4
Aaron Janssen (165)	4
3. Matt McDonough (125)	3
Derek St. John (157)	3
Grant Gambrall (184)	3

Winning Streaks

1. Aaron Janssen (165)	12
2. Matt McDonough (125)	11
3. Grant Gambrall (184)	7
4. Nate Moore (133)	6
Mark Ballweg (141)	6
Derek St. John (157)	6
Grant Gambrall (184)	6

Career Dual Starts

1. Luke Lofthouse (197)	37
2. Matt McDonough (125)	29
3. Matt Ballweg (157)	25
4. Jake Kerr (165)	25
5. Aaron Janssen (165)	16

Career Wins

1. Matt McDonough (125)	43
2. Luke Lofthouse (197)	33
3. Aaron Janssen (165)	32
4. Jake Kerr (165)	27
5. Matt Ballweg (157)	25



CHAMPIONSHIP EXPERIENCE

The Hawkeye wrestling staff of **Tom Brands**, **Terry Brands**, **Mike Zadick**, **Kurt Backes** and **Danny Song** earned a total of one Olympic gold medal, one Olympic bronze medal, five NCAA titles, nine conference titles and 12 All-America honors.

UP NEXT

The Hawkeyes (6-0) will try for their 22nd Midlands title Dec. 29-30 in Evanston, IL. The defending team champion, Iowa has won the most team titles (21) in the 46 years of the meet. All matches will be held at Welsh-Ryan Arena on Northwestern's campus.

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IOWA HAWKEYES

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2010-11 INDIVIDUAL SEASON STATISTICS

Career Wrestler, Wt.	Career Record	Overall Record	Coll. Record	Dual Record	Big 10 Record	Career CHA Record	Career Dual Starts	Pts. Scored	SV W-L	TB W-L	MD W-L	TF W-L	Pins W-L	Fastest Fall
Matt Gurule, 125*	0-0	5-5	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
J.J. Krutsinger, 125	19-9	0-0	0-0	0-0	0-0	0-0	5	0	0-0	0-0	0-0	0-0	0-0	----
Matt McDonough, 125	43-1	6-0	6-0	6-0	1-0	15-0	29	26	0-0	0-0	3-0	1-0	1-0	3:48
Tyler Clark, 133	1-0	1-0	1-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Charlie Joseph, 133	0-0	0-4	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Nate Moore, 133	15-7	7-1	6-1	1-0	0-0	1-0	6	3	0-0	0-0	4-0	0-0	2-1	0:47
Tony Ramos, 133	3-0	3-0	3-0	3-0	1-0	2-0	3	13	0-0	0-0	2-0	1-0	0-0	----
Nick Trizzino, 133	5-2	5-2	5-2	2-0	0-0	2-0	2	10	0-0	0-0	1-0	0-0	2-0	1:09
Mark Ballweg, 141	6-2	6-0	6-0	6-0	1-0	4-0	6	32	0-0	0-0	0-0	1-0	4-0	1:22
Joe Moore, 141*	0-0	0-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Ethan Owens, 141*	0-0	9-6	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Jake Ballweg, 149*	0-0	9-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Dylan Carew, 149	2-0	2-0	2-0	2-0	0-0	2-0	2	7	0-0	0-0	1-0	0-0	0-0	----
Jeret Chiri, 149	2-4	2-2	2-2	2-2	0-1	0-2	4	9	0-0	0-0	0-2	0-0	1-0	3:47
Stew Gillmor, 149	4-4	1-2	1-2	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	1-0	1:15
Ethan Sebert, 149	0-3	0-3	0-3	0-0	0-0	0-0	0	0	0-0	0-0	0-1	0-0	0-0	----
Matt Ballweg, 157	25-24	0-0	0-0	0-0	0-0	3-4	25	0	0-0	0-0	0-0	0-0	0-0	----
Michael Kelly, 157*	0-0	10-0	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Nick Moore, 157*	0-0	8-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Derek St. John, 157	6-0	6-0	6-0	6-0	1-0	4-0	6	24	0-0	0-0	3-0	0-0	1-0	2:33
Walt Gillmor, 165*	0-0	5-1	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Aaron Janssen, 165	32-11	10-1	8-0	1-0	0-0	4-3	16	4	0-0	0-0	4-0	0-0	0-0	----
Jake Kerr, 165	27-26	4-1	4-1	4-1	1-0	8-4	25	18	0-0	0-0	0-0	0-0	2-0	2:19
Mike Evans, 174*	0-0	9-0	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Jeremy Fahler, 174*	0-0	7-4	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Ethen Lofthouse, 174	4-2	4-2	4-2	4-2	0-1	2-2	6	20	0-0	0-0	1-0	1-0	2-0	0:52
Grant Gambrall, 184	21-5	6-0	6-0	6-0	1-0	5-0	7	23	0-0	0-0	3-0	1-0	0-0	----
Tomas Lira, 184	5-6	5-4	4-4	0-0	0-0	0-0	0	0	0-0	0-0	1-0	0-0	1-1	2:13
Vinnie Wagner, 184	11-7	8-3	6-3	0-0	0-0	0-0	0	0	1-0	0-0	0-0	0-0	1-1	0:48
Brodie Ambrose, 197	4-2	0-0	0-0	0-0	0-0	0-0	2	0	0-0	0-0	0-0	0-0	0-0	----
Luke Lofthouse, 197	33-33	5-1	5-1	5-1	1-0	9-6	37	22	0-1	0-0	2-0	1-0	1-0	1:17
Jordan Johnson, Hwt.	12-6	1-1	1-1	0-0	0-0	7-2	11	0	0-0	0-0	0-0	0-0	0-0	----
Blake Rasing, Hwt.	14-10	5-1	5-1	5-1	0-1	3-3	12	19	0-0	0-0	1-0	0-0	1-0	1:05
Bobby Telford, Hwt.*	0-0	6-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	----
Totals	294-166	155-50	81-23	53-7	7-3	71-26	204	230	1-1	0-0	26-3	6-0	20-3	0:47

Coll. - Collegiate, CHA - Carver-Hawkeye Arena, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall, * - wrestling unattached, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall. * - wrestling unattached

IOWA HAWKEYES



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2010-11 DUAL TEAM POINTS SCORED BY WEIGHT

Opponent	125	133	141	149	157	165	174	184	197	Hwt.	Total
*Iowa Central	4	4	6	4	6	6	4	4	4	3	45
*Coe	4	6	6	3	4	3	6	4	5	3	44
^Chattanooga	3	3	6	6	4	6	6	3	4	6	47
at Cornell College	5	4	5	3	3	4	4	5	6	4	43
Iowa State	4	4	3	0	4	0	0	4	0	3	22
Michigan State	6	5	6	0	3	3	0	3	3	0	29
Totals	26	26	32	16	24	22	20	23	22	19	230

* - at Iowa City Duals, ^ - at Cornell College

INDIVIDUAL DUAL RECORD BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
6-0	6-0	6-0	4-2	6-0	5-1	4-2	6-0	5-1	5-1	53-7

DUAL PINS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
1/0	1/0	4/0	1/0	1/0	2/0	2/0	0/0	1/0	1/0	14/0

DUAL TECHNICAL FALLS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
1/0	1/0	1/0	0/0	0/0	0/0	1/0	1/0	1/0	0/0	6/0

DUAL MAJOR DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
5/0	3/0	0/0	1/2	3/0	1/0	1/0	3/0	2/0	5/1	16/1

DUAL DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
1/0	1/0	1/0	2/0	2/0	2/1	0/2	2/0	1/1	3/1	15/5

DUAL DISQUALIFICATIONS/FORFEITS/INJURY DEFAULTS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0

TEAM RECORD AT DUAL STARTING WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
5-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	1-0	0-0	6-0

IOWA HAWKEYES

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2010-11 DUAL MEET RESULTS

Iowa 45, Iowa Central 0 - Iowa City Duals - Nov. 19, 2010

125 - **Matt McDonough (I)** maj. dec. Brandon Wright (IC), 16-3
133 - **Nick Trizzino (I)** maj. dec. Cordale Risk (IC), 8-0
141 - **Mark Ballweg (I)** pinned Seth Stender (IC), 1:22
149 - **Dylan Carew (I)** maj. dec. Joseph Winkler (IC), 9-1
157 - **Derek St. John (I)** pinned Jay Fowler (IC), 2:33
165 - **Jake Kerr (I)** pinned Jason Trushcheff (IC), 5:33
174 - **Ethen Lofthouse (I)** maj. dec. Austin Gelbach (IC), 15-3
184 - **Grant Gambrall (I)** maj. dec. Carl Foreside (IC), 19-7
197 - **Luke Lofthouse (I)** maj. dec. Nick Pica (IC), 14-5
Hwt. - **Blake Rasing (I)** dec. Seth McGregor (IC), 9-4

Iowa 44, Coe 0 - Iowa City Duals - Nov. 19, 2010

125 - **Matt McDonough (I)** maj. dec. Clayton Rush (C), 10-2
133 - **Nick Trizzino (I)** pinned Drew Hinschberger (C), 1:53
141 - **Mark Ballweg (I)** pinned Chris LeClere (C), 6:10
149 - **Dylan Carew (I)** dec. James Locke (C), 6-1
157 - **Derek St. John (I)** maj. dec. Dale Handley (C), 18-5
165 - **Jake Kerr (I)** dec. Nick LeClere (C), 6-4
174 - **Ethen Lofthouse (I)** pinned Scott King (C), 4:01
184 - **Grant Gambrall (I)** maj. dec. Seth Rehn (C), 13-3
197 - **Luke Lofthouse (I)** tech. fall Stuart Maddox (C), 19-3 in 5:47
Hwt. - **Blake Rasing (I)** dec. Alex Burkle (C), 2-1

Iowa 47, Chattanooga 0 - Mount Vernon, IA - Nov. 26, 2010

125 - **Matt McDonough (I)** dec. Prescott Garner (UTC), 7-1
133 - **Nate Moore (I)** dec. Cody Hood (UTC), 9-5
141 - **Mark Ballweg (I)** pinned Shawn Greevy (UTC), 4:42
149 - **Jeret Chiri (I)** pinned Dean Pavlou (UTC), 3:47
157 - **Derek St. John (I)** maj. dec. Dan Waddell (UTC), 13-2
165 - **Jake Kerr (I)** pinned Brandon Wright (UTC), 2:19
174 - **Ethen Lofthouse (I)** pinned Levi Clemons (UTC), 0:52
184 - **Grant Gambrall (I)** dec. Jason McCroskey (UTC), 4-0
197 - **Luke Lofthouse (I)** maj. dec. Robert Prigmore (UTC), 21-8
Hwt. - **Blake Rasing (I)** pinned Matt Lettner (UTC), 1:05

Iowa 43, Cornell College 0 - Mount Vernon, IA - Nov. 26, 2010

125 - **Matt McDonough (I)** tech. fall Timothy Hood (C), 18-3 in 5:47
133 - **Tony Ramos (I)** maj. dec. Tigue Snider (C), 14-5
141 - **Mark Ballweg (I)** tech. fall Kevin Donahue (C), 15-0 in 3:09
149 - **Jeret Chiri (I)** dec. Jacob Schwebke (C), 9-4
157 - **Derek St. John (I)** dec. Nicholas Loughlin (C), 4-2
165 - **Aaron Janssen (I)** maj. dec. Joe Hambleton (C), 13-5
174 - **Ethen Lofthouse (I)** tech. fall Derek Munsey (C), 24-9 in 6:53
184 - **Grant Gambrall (I)** tech. fall Andrew Roberts (C), 22-7
197 - **Luke Lofthouse (I)** pinned Robert Widmer (C), 1:17
Hwt. - **Blake Rasing (I)** maj. dec. Wyatt Bauman (C), 11-1

Iowa 22, Iowa State 13 - Iowa City, IA - Dec. 3, 2010

197 - Jerome Ward (ISU) dec. **Luke Lofthouse (I)**, 5-3 SV *
Hwt. - **Blake Rasing (I)** dec. Kyle Simonson (ISU), 2-0
125 - **Matt McDonough (I)** maj. dec. Patrick Hunter (ISU), 14-4
133 - **Tony Ramos (I)** maj. dec. Brandon Jones (ISU), 14-5
141 - **Mark Ballweg (I)** dec. Chris Drouin (ISU), 3-1
149 - Nate Carr, Jr. (ISU) maj. dec. **Jeret Chiri (I)**, 13-3
157 - **Derek St. John (I)** maj. dec. Trent Weatherman (ISU), 12-3
165 - Andrew Sorenson (ISU) dec. **Jake Kerr (I)**, 4-1
174 - Jon Reader (ISU) dec. **Ethen Lofthouse (I)**, 6-1
184 - **Grant Gambrall (I)** maj. dec. Cole Shafer (ISU), 12-3

Iowa 29, Michigan State 10 - Iowa City, IA - Dec. 4, 2010

125 - **Matt McDonough (I)** pinned Eric Olanowski (MSU), 3:48
133 - **Tony Ramos (I)** tech. fall Josh Harper (MSU) 16-1, 5:13
141 - **Mark Ballweg (I)** pinned Joel Trombly (MSU), 2:05
149 - Dan Osterman (MSU) maj. dec. **Jeret Chiri (I)**, 12-2
157 - **Derek St. John (I)** dec. David Cheza (MSU), 9-7
165 - **Jake Kerr (I)** dec. Ben Boudro (MSU), 4-2
174 - Curran Jacobs (MSU) dec. **Ethen Lofthouse (I)**, 6-5
184 - **Grant Gambrall (I)** dec. Ian Hinton (MSU), 3-1
197 - **Luke Lofthouse (I)** dec. Tyler Dickenson (MSU), 12-5
Hwt. - Mike McClure (MSU) dec. **Blake Rasing (I)**, 4-2