



IOWA FIELD HOCKEY

WEEK 3: MONMOUTH (SEPT. 10) & KENT STATE (SEPT. 11)

2016 SCHEDULE

(3-1, 0-0)

8/27 at #7 Wake Forest	W, 2-1
8/28 vs. #1 North Carolina	L, 1-4
9/2 vs. Fairfield.....	W, 4-1
9/4 vs. Saint Louis.....	W, 11-0
9/10 vs. Monmouth.....	11 a.m.
9/11 at Kent State.....	11 a.m.
9/16 vs. Penn State *	3 p.m.
9/18 vs. Ball State #	1 p.m.
9/20 vs. Maryland *#.....	3 p.m.
9/25 vs. Rutgers *#.....	Noon
9/30 at Indiana *#	2 p.m.
10/2 at Louisville	Noon
10/7 vs. Central Michigan #	3 p.m.
10/9 vs. UC Davis	1 p.m.
10/14	... at Northwestern *	3 p.m.
10/16	... at Michigan *	Noon
10/21	... vs. Michigan State *#	3 p.m.
10/27	... at Ohio State *!.....	2:30 p.m.

Big Ten Tournament (College Park, Md.)

11/3 Quarterfinals.....	TBA
11/4 Semifinals!	TBA
11/6 Final!	TBA

NCAA Tournament (Ann Arbor, Mich.)

11/12	... Round one.....	TBA
11/13	... Quarterfinals	TBA
11/18	... Semifinals	TBA
11/20	... Championship.....	TBA

All game times listed are Central

* Big Ten Conference Games

! Televised by Big Ten Network

Streamed live on BTN2GO

RANKINGS

No.	Team	Points
1.	Syracuse (25)	788
2.	Duke (1)	712
3.	North Carolina (7)	707
4.	Connecticut	697
5.	Penn State (8)	590
6.	Michigan	501
7.	Maryland	465
8.	Louisville	438
9.	Wake Forest	436
10.	Delaware	401
11.	Virginia	362
12.	Albany	338
13.	Boston University	298
14.	Stanford	265
15.	Old Dominion	242
16.	Princeton	205
17.	Northwestern	200
18.	Boston College	192
19.	Iowa	159
20.	Maine	156

* - 2016 Opponent

THIS WEEK

The 19th-ranked University of Iowa field hockey team travels to Kent, Ohio, this weekend for a pair of nonconference matches. The Hawkeyes take on Monmouth on Saturday at 11 a.m. (CT) and Kent State on Sunday at 11 a.m. (CT).

SCOUTING MONMOUTH:

Monmouth enters this weekend's action unbeaten with a 4-0 record. The Hawks recorded wins over VCU (3-1), Lafayette (3-0), Georgetown (2-0), and Lehigh (5-0). Monmouth's defense has yielded only one goal through four games. Alyssa Ercolino and Julie Laszlo lead the team with nine points each.

The Hawks are coming off a season that saw them finish at the top of the MAAC conference to secure the MAAC regular season championship. Monmouth finished the 2015 season with an 8-11 record, including a 5-1 record in league play. The Hawks welcome back 12 players to their 2016 roster, including sophomore Kelly Hanna, junior Meg Donahue, and Ercolino. Hanna was one of three unanimous preseason all-league selections and has earned the MAAC Defensive Player of the Year honor the past two seasons.

IOWA VS. MONMOUTH -- THE SERIES

- This will be the first matchup between the Hawkeyes and Monmouth.

SCOUTING KENT STATE

Kent State posted an 11-9 overall record and a 5-1 conference mark a year ago. The Golden Flashes won both the Mid-American Conference regular season and tournament in the last two seasons. Kent State is off to a fast start in 2016, winning four of its first five matches. The Golden Flashes registered wins over Michigan State, Villanova, California, and Pacific. Their lone loss came against Stanford on the West Coast last weekend. Alison Harmatz leads the squad with four goals (8 points).

IOWA VS. KENT STATE -- THE SERIES

- The Hawkeyes lead the series, 7-1.
- The Hawkeyes have won the last four matches between the two teams, including a 7-1 victory last season in Iowa City.

LAST TIME OUT

Junior JoElla Guagliardo and freshman Katie Birch each registered hat tricks to guide the University of Iowa field hockey team to an, 11-0, victory over Saint Louis on Sunday at Grant Field. Six Hawkeyes combined to score 11 goals. Iowa recorded 39 shots in the game.

Guagliardo started her scoring in 16th minute. Senior Sophie Plasteras made a nice pass to Guagliardo who put the ball past the goal-keeper to give Iowa a 3-0 lead. The junior scored her second goal in the 57th minute. Redshirt senior Natalie Cafone beat a defender down the sideline and passed to an open Guagliardo to extend the Iowa lead to 9-0. Guagliardo gave the Hawkeyes a 10-goal advantage less than three minutes later, off of another great setup from Cafone. The hat trick marked Guagliardo's first three goals of the season.

Birch's first goal came in the 27th minute. The York, England, native scored Iowa's fourth goal off of a corner by senior Chandler Ackers. The freshman added her second goal -- Iowa's sixth goal of the match -- in the 41st minute when she drove past a defender and placed the ball perfectly into the corner. Birch completed her hat trick in the 65th minute. Ackers took a shot off a corner that was saved by the Saint Louis goalkeeper, but Birch sent a rocket into the cage off the rebound. Birch now has four goals on the season, all of which were scored in the past two games.

Plasteras had two goals in addition to her assist. The senior scored her first goal of the season in the 12th minute of the match. Guagliardo was credited with the assist after she passed to the center to setup Plasteras. The scoring continued for Plasteras in the 36th minute. Cafone took a shot that hit the post and Plasteras was able to put away the second chance opportunity.

Junior Melissa Progar, freshman Isabella Solaroli, and Ackers also scored in the victory. Solaroli's goal was the first of her career. The Hawkeyes displayed great defense in addition to their stellar attacking game. Iowa yielded just two shots, both of which game in the last two minutes of the match. Senior Alexandra Pecora was credited with her third win in goal.

BIG TEN STANDINGS

	Conf.	Over.
#5 Penn State	0-0	4-0
#19 IOWA	0-0	3-1
#6 Michigan	0-0	3-1
Michigan State	0-0	3-1
Indiana	0-0	2-2
#7 Maryland	0-0	2-2
#17 Northwestern	0-0	2-2
Rutgers	0-0	2-2
Ohio State	0-0	1-3

(Results as of Sept. 5)

2016 ROSTER

00	Katie Jones	Jr.
1	Chandler Ackers	Sr.
4	Makenna Grewe	So.
5	JoElla Guagliardo	Jr.
6	Mallory Lefkowitz	Jr.
7	Sophie Plasteras	Sr.
9	Natalie Cafone	Sr.
10	Isabella Brown	So.
11	Katie Birch	Fr.
12	Taylor Omweg	Jr.
15	Riley Kniptash	Fr.
16	Isabella Solaroli	Fr.
19	Ryley Miller	Fr.
20	Sophie Sunderland	Fr.
22	Lara Bampffield	Fr.
24	Melissa Progar	So.
25	Avery Semler	Fr.
44	Alexandra Pecora	Jr.
96	Leslie Speight	Fr.

ATHLETIC COMMUNICATIONS

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MEDIA INFORMATION

INTERVIEW OPPORTUNITY

Members of the University of Iowa field hockey team and coaching staff will be available for interviews each Tuesday before practice during the regular season.

To attend, please contact UI field hockey communications contact Kevin Quinn by phone (708-336-1294) or email (kevin-quinn@uiowa.edu). Be sure to include which coaches and student-athletes you would like to speak with to ensure availability.

BIRCH EARNS 2ND STRAIGHT BIG HONOR

Freshman Katie Birch was named Big Ten Conference Freshman of the Week for the second time in as many weeks on Sept. 6.

Birch scored the first four goals of her career to help the Hawkeyes to victories over Fairfield (4-1) and Saint Louis (11-0) last weekend. The York, England, native anchored an Iowa defense that only allowed one goal and stopped all 11 penalty corners faced.

Birch earned her first conference honor following her performance at the ACC/Big Ten Challenge in Winston Salem, North Carolina, Aug. 27-28. She registered her first career assist and was part of a Hawkeye defense that fended off three Demon Deacon penalty corners, including a critical stop in the waning moments of the game.

STATISTICALLY SPEAKING

Iowa's 11 goals and 39 shots against Saint Louis are the most by any Big Ten team in a match this season.

Individually, Natalie Cafone ranks in the top-10 in a number of statistical categories in the Big Ten. The Hawkeye senior ranks second in shots per match (5.5), fifth in points per match (2.75), and sixth in goals per match (0.75) and assists per match (0.75).

Iowa is the only Big Ten team to have two players (Katie Birch and JoElla Guagliardo) record hat tricks this season.

NEWCOMERS

The Hawkeyes welcome back 14 players including seniors, Chandler Ackers, Natalie Cafone, Sophie Plasteras, and Alexandra Pecora. In addition to the returnees, Iowa welcomes five newcomers to 2016 roster, including Katie Birch (MF/D), Ryley Miller (MF), Isabella Solaroli (MF), Leslie Speight (GK), and Sophie Sunderland (MF).

3 HAWKEYES RECEIVE BIG TEN PRE-SEASON HONORS

Chandler Ackers, Natalie Cafone, and Melissa Progar received Big Ten preseason honors.

Ackers earned Big Ten preseason recognition for the second straight season. Last year, Ackers was named to NFHCA's All-Regional second team and also received second-team All-Big Ten accolades. She started all 19 games last season, scoring a career-high eight goals, while recording six assists for a total of 22 points.

Cafone, who redshirted last season due to injury, is now a two-time Big Ten preseason honoree. She was named the NFHCA West Region Player of the Year in 2014, while also being named first-team NFHCA All-American, and garnering NFHCA West All-Region accolades. The 2014 Big Ten Offensive Player of the Year ranked fourth nationally in goals per game (1.00), and led the Big Ten in points per game (2.33) in 2014. Cafone ranks 10th all-time in program history in career goals (48).

Progar started every game a year ago and was second on the team with 10 assists. The junior recorded two or more assists in three games, including a pair of three-assist performances in victories over Saint Louis, and Ball State.

CAFONE RETURNS TO ACTION

Redshirt senior Natalie Cafone returns to action this fall after redshirting last season due to a shoulder injury. In 2014 Cafone led the Big Ten and ranked fourth nationally in goals per game (1.00). She also led the Big Ten and ranked seventh nationally in points per game (2.33). Cafone paced the Hawkeyes in goals (18) and points (42) in 2014, and she currently ranks 10th all-time in program history in career goals (48).

Cafone was named the NFHCA West Region Player of the Year, a first-team NFHCA All-American, and garnered NFHCA West All-Region accolades in 2014. She was also named the Big Ten Player of the Year, and earned first team All-Big Ten accolades.

WITH CAFONE IN THE LINEUP

- Iowa is 31-19 in games Natalie Cafone has started.
- The Hawkeyes are 28-6 when Cafone scores at least one goal.

ACKERS RECEIVES POSTSEASON ACCOLADES

- Chandler Ackers received the first postseason honors of her career in 2015.
- Ackers was named second-team All-Region and second-team All-Big Ten following her junior season.
- Ackers had a career-high eight goals and 22 points.
- Ackers' 22 points was third most on the team in 2015.

GREWE'S FRESHMAN CAMPAIGN

- Makenna Grewe scored 25 points last year, the most by a freshman since 2005 (Caitn McCurdy, 28).
- Grewe's 25 points are the fourth most by a freshman since 1989.
- Grewe's 25 points was the second most on the team last season.

HAWKEYES IN THE NCAA TOURNAMENT

The Hawkeyes have been selected to the NCAA Tournament 22 times in program history -- the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-23 all-time in tournament play, including 9-5 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes' 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

LOOKING AHEAD

The Hawkeyes return to Iowa City next week, taking on Penn State (Sept. 16) and Ball State (Sept. 18) at Grant Field.

LINK UP WITH THE HAWKEYES

For an inside look at the Iowa field hockey program and to access exclusive coverage, "like" The University of Iowa Field Hockey Team on Facebook and follow @IowaFieldHockey on Twitter and Instagram.



IOWA FIELD HOCKEY

SEASON STATS

2016 Iowa Field Hockey Iowa Combined Team Statistics (as of Sep 04, 2016) All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	3-1	2-0	1-0	0-1
CONFERENCE	0-0	0-0	0-0	0-0
NON-CONFERENCE	3-1	2-0	1-0	0-1

Date	Opponent	Score	Att.
Aug 27	at #7 Wake Forest	w 2-1	446
Aug 28	vs #1 North Carolina	L 1-4	146
Sep 02	FAIRFIELD	w 4-1	143
Sep 04	SAINT LOUIS	w 11-0	170

TEAM STATISTICS	IOWA	OPP
SHOT STATISTICS		
Goals-Shot attempts	18-71	6-33
Goals scored per game	4.50	1.50
Shot pct.	.254	.182
Shots on goal-Attempts	36-71	12-33
SOG pct.	.507	.364
Shots/Game	17.8	8.2
CORNER KICKS	22	15
PENALTY KICKS	1-1	0-0
PENALTIES		
Yellow cards	1	0
Red cards	0	0
ATTENDANCE		
Total	313	446
Dates/Avg Per Date	2/156	1/446
Neutral Site #/Avg	1/146	

#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att
9	CAFONE, NATALIE	4	4	3	11	22	.182	10	.455	1	0-0
11	BIRCH, KATIE	4	4	1	9	16	.250	7	.438	1	0-0
1	ACKERS, CHANDLER	4	2	1	5	8	.250	4	.500	0	1-1
7	PLASTERAS, SOPHIE	4	2	1	5	6	.333	5	.833	0	0-0
5	GUAGLIARDO, JOELLA	4	3	1	7	5	.600	3	.600	0	0-0
16	SOLAROLI, ISABELLA	4	1	0	2	4	.250	3	.750	0	0-0
20	SUNDERLAND, SOPHI	4	0	1	1	4	.000	2	.500	0	0-0
6	LEFKOWITZ, MALLORY	4	1	1	3	3	.333	1	.333	0	0-0
12	OMWEG, TAYLOR	4	0	0	0	2	.000	0	.000	0	0-0
24	PROGAR, MELISSA	4	1	2	4	1	1.000	1	1.000	1	0-0
19	MILLER, RYLEY	1	0	0	0	0	.000	0	.000	0	0-0
25	SEMLER, AVERY	1	0	0	0	0	.000	0	.000	0	0-0
15	KNIPTASH, RILEY	3	0	0	0	0	.000	0	.000	0	0-0
4	GREWE, MAKENNA	4	0	2	2	0	.000	0	.000	0	0-0
10	BROWN, ISABELLA	4	0	0	0	0	.000	0	.000	0	0-0
Total		4	18	13	49	71	.254	36	.507	3	1-1
Opponents		4	6	4	16	33	.182	12	.364	1	0-0

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Shr
00	JONES, KATIE	1	35:00	0	0.00	0	.000	0-0-0	0/
44	PECORA, ALEXANDR	4	245:00	6	2.20	6	.500	3-1-0	0/
Total		4	280:00	6	1.93	6	.500	3-1-0	
Opponents		4	280:00	18	5.79	18	.500	1-3-0	

Goals by Period	1st	2nd	Total
Iowa	8	10	18
Opponents	2	4	6

Shots by Period	1st	2nd	Total
Iowa	38	33	71
Opponents	12	21	33

Saves by Period	1st	2nd	Total
Iowa	2	4	6
Opponents	12	6	18

Corners by Period	1st	2nd	Total
Iowa	13	9	22
Opponents	5	10	15

Fouls by Period	1st	2nd	Total
Iowa	0	0	0

