



**UNIVERSITY OF IOWA
TRACK AND FIELD**



NCAA OUTDOOR CHAMPIONSHIPS

West Regional • May 23-25, 2013

Austin, Texas • Mike A. Myers Stadium

2013 NCAA DIVISION I TRACK & FIELD WEST PRELIMINARY ROUND

MAY 23-25 • AUSTIN, TEXAS • MIKE A. MYERS STADIUM



SCHEDULE OF EVENTS

Thursday, May 23

Field Events

Noon	Discus	Men	First Round
1:30 p.m.	Long Jump	Men	First Round
2:00 p.m.	Hammer	Women	First Round
6:00 p.m.	High Jump	Men	First Round
6:00 p.m.	Long Jump	Women	First Round

Running Events

4:30 p.m.	400m Hurdles	Women	First Round
5:00 p.m.	400m Hurdles	Men	First Round
5:30 p.m.	1,500 Meters	Women	First Round
6:00 p.m.	1,500 Meters	Men	First Round
6:30 p.m.	100 Meters	Women	First Round
6:55 p.m.	100 Meters	Men	First Round
7:20 p.m.	400 Meters	Women	First Round
7:45 p.m.	400 Meters	Men	First Round
8:10 p.m.	800 Meters	Women	First Round
8:35 p.m.	800 Meters	Men	First Round
9:00 p.m.	10,000 Meters	Women	Semifinal
9:40 p.m.	10,000 Meters	Men	Semifinal

Friday, May 24

Field Events

Noon	Discus	Women	First Round
1:00 p.m.	Pole Vault	Women	First Round
2:00 p.m.	Hammer	Men	First Round
6:00 p.m.	High Jump	Women	First Round
6:00 p.m.	Shot Put	Men	First Round

Running Events

6:00 p.m.	100m Hurdles	Women	First Round
5:30 p.m.	110m Hurdles	Men	First Round
6:00 p.m.	400 Meters	Women	Quarterfinal
6:15 p.m.	400 Meters	Men	Quarterfinal
6:30 p.m.	100 Meters	Women	Quarterfinal
6:45 p.m.	100 Meters	Men	Quarterfinal
7:00 p.m.	800 Meters	Women	Quarterfinal
7:15 p.m.	800 Meters	Men	Quarterfinal
7:30 p.m.	400m Hurdles	Women	Quarterfinal
7:45 p.m.	400m Hurdles	Men	Quarterfinal
8:00 p.m.	200 Meters	Women	First Round
8:25 p.m.	200 Meters	Men	First Round
8:50 p.m.	3,000m Steeplechase	Women	Quarterfinal
9:30 p.m.	3,000m Steeplechase	Men	Quarterfinal

Saturday, May 25

Field Events

Noon	Javelin	Men	First Round
1:00 p.m.	Pole Vault	Men	First Round
1:30 p.m.	Triple Jump	Women	First Round
5:00 p.m.	Javelin	Women	First Round
6:00 p.m.	Shot Put	Women	First Round
6:00 p.m.	Triple Jump	Men	First Round

Running Events

6:00 p.m.	4x100m Relay	Women	Quarterfinal
6:15 p.m.	4x100m Relay	Men	Quarterfinal
6:30 p.m.	1,500 Meters	Women	Quarterfinal
6:45 p.m.	1,500 Meters	Men	Quarterfinal
7:05 p.m.	100m Hurdles	Women	Quarterfinal
7:20 p.m.	110m Hurdles	Men	Quarterfinal
7:35 p.m.	200 Meters	Women	Quarterfinal
7:50 p.m.	200 Meters	Men	Quarterfinal
8:05 p.m.	5,000 Meters	Women	Semifinal
8:45 p.m.	5,000 Meters	Men	Semifinal
9:25 p.m.	4x400m Relay	Women	Quarterfinal
9:45 p.m.	4x400m Relay	Men	Quarterfinal

- Athletes who rank among the top 48 in their respective event earn berths into the NCAA West Preliminary Round. The best 24 relay times will also advance to NCAA prelims. Athletes with the top 12 times/marks and the best 12 relay teams at both the East and West prelims will qualify for the NCAA Championships (June 5-8) in Eugene, Ore. There is no decathlon competition at the NCAA preliminary rounds. The top 24 decathlon marks in the nation earn an automatic berth to the NCAAs.
- In the 100 meters, 200m, 400m, 800m, 100/110m hurdles and 400m hurdles, the top 3 from six first round heats, plus the next 9 fastest times, advance to the quarterfinals (27).
- In the 1,500m, the top 5 from four first round heats, plus next 4 fastest times advance to the quarterfinals (24).
- In the 3,000m steeplechase, the top 3 from three quarterfinal heats, plus the next 3 fastest times (12), advance to the NCAA meet.
- In the 5,000m, the top 5 from both heats, plus the next 2 fastest times (12), advance to the NCAA meet.
- In the 10,000m, the top 12 from the lone heat will advance to the NCAA meet.
- In the 4x100m and 4x400m relays, the top 3 from three quarterfinal heats, plus the next 3 fastest times (12), advance to the NCAA meet.
- In the long jump, triple jump, shot put, discus, hammer and javelin, the 16 best marks, after tiebreakers, will qualify from the first round of three preliminary attempts to the final round of three tries. The top 12 advance to the NCAA meet.
- In the high jump and pole vault, the top 12, based on performance after tiebreakers and possibly a jump-off, will qualify for the NCAA meet.

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: BRANDEE BRITT

May 20, 2013

2013 IOWA TRACK & FIELD OUTDOOR SCHEDULE

<u>Date</u>	<u>Meet</u>
Mar. 22-23	Alabama Relays <i>(Tuscaloosa, Ala.)</i>
Mar. 28	Central Invite <i>(Pella, Iowa)</i>
Mar. 29	Stanford Invite <i>(Palo Alto, Calif.)</i>
Apr. 4-6	Jim Click Invite <i>(Tucson, Ariz.)</i>
Apr. 12-13	Lee Calhoun Invite <i>(Macomb, Ill.)</i>
Apr. 20	Musco Twilight XIV <i>(Iowa City, Iowa)</i>
Apr. 25-27	Drake Relays <i>(Des Moines, Iowa)</i>
May 10-12	Big Ten Championships <i>(Columbus, Ohio)</i>
May 23-25	NCAA Regionals (Austin, Texas)
June 5-8	NCAA Championships <i>(Eugene, Ore.)</i>

IOWA COACHING STAFF

Larry Wieczorek Director of Track & Field

Layne Anderson... Head Track & Field Coach

Scott Cappos Director of Field Events

Clive Roberts..... Assistant Coach/
..... Director of Recruiting

Mike Scott..... Assistant Coach

Joey Woody Assistant Coach

NCAA CHAMPIONSHIPS IN AUSTIN, TEXAS

The University of Iowa track and field team travels to Austin, Texas, to compete at the 2013 NCAA Outdoor Track and Field Championships. The NCAA West Regional event will be held at the Mike A. Myers Stadium on the campus of the University of Texas. Competition begins Thursday at 12 p.m. (CT) and concludes Saturday at 9:45 p.m. (CT).

LIVE RESULTS • WEB STREAM

Links to live results and a live video stream are available throughout the weekend on the track and field schedule page on hawkeyesports.com.

HAWKEYE QUALIFIERS

The Iowa men are represented by a total of 16 qualifiers made up of 13 student-athletes competing in 15 individual events and one relay. Since 2003, the Hawkeye men have sent a total of 205 qualifiers to the NCAA first round. The Iowa men are seeded 10th or better in seven events.

The Iowa women's team will send 10 qualifiers, with each student-athlete competing in their respective individual event. Since 2003, the women's team has sent 157 qualifiers to the NCAA first round. The Iowa women are seeded 10th or better in two events.

ON TO EUGENE

The top 12 individuals or relays in each event will move on to the NCAA Championships final round in Eugene, Ore., on June 5-8. The 12 individuals and teams from the West Region will meet the 12 qualifying individuals and teams from the East Region to form the final 24-team/individual field.

On paper, the Hawkeyes have eight individuals and one relay team seeded in the top 12 in the West Region.

AUSTIN EARNS POSTSEASON HONOR

Senior Justin Austin earned Big Ten Track Athlete of the Year and Athlete of the Big Ten Championships following three first place finishes at the 2013 conference championships. Austin has swept the postseason honors in two of the last three seasons. He also earned both awards in 2011.

Austin contributed 30 points to Iowa's team total at the 2013 Big Ten Outdoor Track and Field Championships. He won titles in the 100 and 200 meters, and ran the second leg of Iowa's championship 400-meter relay.

Austin has qualified for the NCAA final site in each of the last two seasons in the 200 meters. He placed fifth in the nation in 2011, and 13th in 2012.

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: BRANDEE BRITT

4x100 OPTIONS

The 4x100-meter relay has five options heading into the quarterfinal race Saturday at 6:15. Justin Austin, Ethan Holmes and Josh Larney have ran legs 2-4 in each race this season, but the leadoff spot has been shared by Tevin-Cee Mincy and Jordan Mullen.

The relay qualified for the NCAA Championships and set a school record (39.35) with Mincy leading off at the Jim Click Invite.

The relay won a Big Ten title in 40.20 with Mullen leading off at the 2013 outdoor conference championships.

There are three heats Saturday, and the top three in each heat plus the next fastest times (12) advance to the NCAA semifinal in Eugene. The Hawkeyes are seeded No. 4.

SHRULLE SHINES ON NCAA STAGE

Graduate student Mareike Schrulle has qualified for the NCAA Championships for the second time this year. In November, she placed third at the NCAA Cross Country Midwest Regional to advance to the NCAA finals in the 6,000 meters. She placed seventh at the final site, clocking a career best 19:43 to earn All-America honors.

Schrulle is seeded No. 22 in the 5,000 meters this week. She'll need a top 12 finish to advance to the NCAA final site. The women's 5,000 meters begins Saturday at 8:05 p.m.

The Hawkeye women have qualified for the final site in the 5,000 meters in each of the last two seasons. Brooke Eilers and Betsy Flood advanced to the finals in 2011, and McKenzie Melander advanced in 2012.

HAWKEYES CONTRIBUTE TO STRONG "FIELD"

The Hawkeyes qualified 12 student-athletes in the field events, led by Gabe Hull on the men's side and Majesty Tutson and Khanishah Williams on the women's side.

Hull is one of just two Hawkeyes to qualify for multiple individual events (Justin Austin, 100m and 200m). He is seeded No. 5 in the discus, the highest seed of any Hawkeye individual, and No. 38 in the shot put.

Tutson is making her fourth straight appearance in the NCAA discus competition. The school record holder placed

NCAA OUTDOOR CHAMPIONSHIPS 2013 QUALIFIERS

Women	Event	Qualifying Mark (Preliminary Seed)
Adrianna Alexia	800m	2:08.61 (39)
Ashlyn Gulvas	Hammer	57.76 (33)
MonTayla Holder	400m hurdles	59.90 (42)
Lake Kwaza	100m	11.56 (30)
Kaitlyn Nelson	800m	2:09.19 (46)
Mareike Schrulle	5,000m	16:12.66 (22)
Jasmine Simpson	Hammer	60.23m (22)
Annemie Smith	Hammer	57.41m (38)
Majesty Tutson	Discus	55.19m (7)
Khanishah Williams	high jump	1.81m (7)
Men	Event	Qualifying Mark (Preliminary Seed)
Justin Austin	100m	10.22 (8)
	200m	20.54 (7)
	4x100	39.35 (4)
Matt Byers	Javelin	72.45m (9)
Klyvens Delaunay	Triple Jump	15.40m (29)
Ethan Holmes	400m hurdles	50.67 (10)
	4x100	39.35 (4)
Gabe Hull	Discus	59.80m (5)
	Shot Put	17.30m (38)
Sam Joens	Javelin	63.03 (43)
Josh Larney	100m	10.39 (19)
	4x100	39.35 (4)
Kevin Lewis	5,000 meters	14:08.04 (42)
Tevin Cee-Mincy	4x100	39.35 (4)
Jordan Mullen	110m hurdles	13.76 (9)
	4x100	39.35 (4)
Kyle Reid	Pole Vault	5.10m (46)
Keaton Rickels	400m hurdles	51.16 (15)
Ben Stancombe	Hammer	58.98m (44)
Ryan Weir	800 meters	1:50.01 (37)

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: BRANDEE BRITT

23rd in 2011, her highest finish at the NCAA Championships. She is seeded No. 7 this year with a mark of 181-1 (55.19m)

Williams is making her NCAA debut and is seeded No. 7 in the high jump. She qualified with a mark of 5-11 1/4 (1.81m) at the Jim Click Invite, a mark that ranks third in school history.

ANOTHER ROUND FOR ETHAN HOLMES

Senior Ethan Holmes advanced to the NCAA Championships for the fourth straight year, but this is the first season he will not compete in the 110-meter hurdles. Holmes qualified for the field with a season-best mark of 13.77, but he will instead put his focus on the 400-meter hurdles, where he is seeded 10th with a mark of 50.67. This is the third straight season Holmes will compete in the event. He advanced to the final site in 2012 and finished 18th in the country.

Holmes will also compete in the 4x100-meter relay. This is the third straight season he'll compete in multiple events. In 2012, he was the only NCAA athlete to qualify for the final site in three events (110m hurdles, 400m hurdles, 1,600-meter relay).

NCAA ROOKIES

Ten Hawkeyes are making their NCAA debuts this weekend, including three freshmen women and two freshmen men. Klyvens Delaunay is seeded No. 29 in the triple jump, and Sam Joens is seeded No. 43 in the javelin.

Lake Kwaza qualified No. 30 in the 100 meters. Kaitlyn Nelson is seeded No. 46 in the 800 meters, and MonTayla Holder is seeded No. 42 in the 400-meter hurdles.

Adrianna Alexia (800 meters), Jasmine Simpson (hammer), Khanishah Williams (high jump), Kyle Reid (javelin), and Ryan Weir (800 meters) are also making their first NCAA appearance.

MEET THE RECORD HOLDERS

Five Hawkeyes on the 2013 roster account for six individual school records. They include:

Justin Austin -- 100 meters (10.21); 200 meters (20.31)

Matt Byers -- javelin (245-8; 74.89m)

Majesty Tutson -- discus (177-10; 54.21m)

Jasmine Simpson -- hammer throw (197-7; 60.23m)

Kyle Reid -- decathlon (7,203 points)

The Hawkeyes 4X1 men's team also holds the school record (39.35).

2013 OUTDOOR SEASON LEADERS

MEN

100 meters	Justin Austin	10.22
110-meter hurdles	Jordan Mullen	13.76
200 meters	Justin Austin	20.54
400 meters	Kaleb VanCleave	47.94
400-meter hurdles	Ethan Holmes	50.67
800 meters	Ryan Weir	1:50.01
1,500 meters	Ben Witt	3:52.72
3,000 meters	Jon Michael Brandt	8:46.09
3,000 meter steeple	Caleb Wilfong	9:14.36
5,000 meters	Kevin Lewis	14:08.04
10,000 meters	Kevin Lewis	30:15.29
High Jump	Kevin Spejcher	6-9 (2.06m)
Shot Put	Gabe Hull	56-9 1/4 (17.30m)
Discus	Gabe Hull	196-2 (59.80m)
Hammer	Ben Stancombe	193-6 (58.98m)
Javelin	Matt Byers	234-8 (71.54m)
Long Jump	Josh Larney	24-0 3/4 (7.33m)
Triple Jump	Klyvens Delaunay	50-6 1/4 (15.40m)
Pole Vault	Kyle Reid	16-8 3/4 (5.10m)
Decathlon	Kyle Reid	7,203 points
400-meter Relay	Mincy, Austin, Holmes, Larney	39.35
1,600-meter Relay	VanCleave, Rickels, Flattery, Weir	3:10.43

WOMEN

100 meters	Lake Kwaza	11.56
100-meter hurdles	Khanishah Williams	14.49
200 meters	Raven Moore	24.00
400 meters	Tayo Oladele-Ajose	1:00.61
400-meter hurdles	MonTayla Holder	59.90
800 meters	Adrianna Alexia	2:08.61
1,500 meters	Lisa Gordon	4:29.16
3,000 meters	Lisa Gordon	9:42.19
5,000 meters	Mareike Schrulle	16:12.66
Hammer Throw	Jasmine Simpson	197-7 (60.23m)
Javelin	Amanda Stahle	139-10 (42.64m)
Discus	Majesty Tutson	181-1 (55.19m)
Shot Put	Rachel Curry	47-9 1/4 (14.56m)
Long Jump	Sarah Ryan	18-11 3/4 (5.78m)
Triple Jump	Carisa Leacock	40-0 (12.19m)
High Jump	Khanishah Williams	5-11 1/4 (1.81m)
Pole Vault	Brittany Holst	11-1 (3.38m)
Heptathlon	Sarah Ryan	4,567 points
400-meter Relay	Kwaza, Moore, Holder, Miller	45.61
1,600-meter Relay	Holder, Moore, Kwaza, Nelson	3:43.13

University of Iowa Athletic Communications Office - Carver-Hawkeye Arena, Iowa City, IA 52242

Phone: 319/335-9411 - Fax: 319/335-9417 - www.hawkeyesports.com

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Jeremy Allen



Justin Austin



Matt Byers



A.J. Curtis



Troy Doris



Jeffery Herron



Deacon Jones

100 Meters

1. Justin Austin, 2011	10.21
2. George Page, 1996	10.25
3. Anthuan Maybank, 1994	10.31
Tim Dwight, 1997	10.31
5. Bob Lawson, 1976	10.36
6. Robert Smith, 1984	10.39
Josh Larney, 2013	10.39
8. Curtis Chang, 1987	10.40
9. Jeff Patrick, 1983	10.41
Tim Dodge, 2002	10.41

110-Meter High Hurdles

1. Pat McGhee, 1989	13.50
2. Dion Trowers, 1996	13.62
3. Ronnie McCoy, 1985	13.66
4. Ethan Holmes, 2011	13.73
5. Jordan Mullen, 2013	13.76
6. James Armstrong, 1991	13.89
7. Dan Davis, 2012	14.01
8. Doug Jones, 1986	14.06
9. Chris Williams, 1983	14.24
10. Rajeev Balkrishnan, 1993	14.29

200 Meters

1. Justin Austin, 2011	20.31
2. Jeff Patrick, 1983	20.47
3. Anthuan Maybank, 1994	20.55
4. Andre Morris, 1995	20.64
5. George Page, 1996	20.67
6. Terrence Duckett, 1982	20.74
7. Tim Dodge, 2002	20.78
8. Bashir Yamini, 1999	20.82
9. Dennis Kohl, 1966	20.84
10. Tim Dwight, 1997	20.91



Todd Wigginton



Arno van der Westhuizen

400 Meters

1. Anthuan Maybank, 1993	44.99
2. Andre Morris, 1995	45.15
3. Mike Mondane, 1967	45.20
4. Steven Willey, 2010	45.78
5. Gary Hollingsworth	46.30
6. Harold Leonard, 1986	46.45
7. Tony Branch, 1999	46.60
8. Prince Riley, 2007	46.61
9. George Page, 1996	46.66
10. Dick Eisenlauer, 1973	46.74
Terrence Duckett, 1983	46.74
Patrick Richards, 2010	46.74

400-Meter Hurdles

1. Pat McGhee, 1988	48.83
2. Monte Raymond, 1998	50.09
3. Ray Varner, 2010	50.24
4. Paul Steele, 1989	50.45
5. Russell Peterson, 2001	50.50
6. Ethan Holmes, 2011	50.65
7. Adam Kunkel, 2001	50.73
8. Jon Reimer, 1967	50.94
9. Gary Falls, 1991	51.08
10. D'Juan Richardson, 2011	51.12

800 Meters

1. Erik Sowinski, 2012	1:45.90
2. Bill Frazier, 1962	1:47.64
3. D'Juan Strozier, 1990	1:47.82
4. Adam Hairston, 2009	1:48.53
5. Michael Layne, 1999	1:49.61
6. Bill Thiesen, 1985	1:49.74
7. Ryan Weir, 2013	1:50.01
8. Andy Wiese, 1985	1:50.22
9. Paul Chepkwony, 1984	1:50.36
10. Rod Chambers, 1989	1:50.60

1,500 Meters

1. Jeff Thode, 2010	3:43.02
2. Joel Moeller, 1978	3:44.01
3. Jim Docherty, 1978	3:44.30
4. Dan Waters, 1986	3:46.35
5. Kevin Herd, 1994	3:46.64
6. John Clark, 1977	3:46.84
7. Ted Wheeler, 1956	3:48.24
8. Nick Holmes, 2012	3:49.53
9. Jesse Luciano, 2007	3:49.99
10. Micah VanDenend, 2007	3:50.20

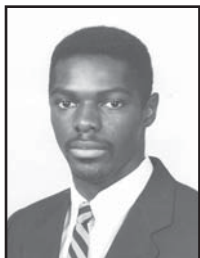
3,000-Meter Steeplechase

1. Deacon Jones, 1956	8:47.40
2. Steve Pershing, 1978	8:54.59
3. Andy Morris, 2000	8:56.21
4. Matt Gerard, 1994	8:57.01
5. Andy Napier, 2008	8:57.54
6. Rollie Kitt, 1967	9:02.90
7. Al Greene, 1985	9:02.96
8. Tony Rakaric, 2005	9:03.29
9. Mark Battista, 2010	9:04.60
10. Sean Gale, 1993	9:08.00

5,000 Meters

1. Micah VanDenend, 2007	13:49.31
2. Larry Wiczorek, 1968	13:56.00
3. Kevin Herd, 1993	13:59.00
4. Stetson Steele, 2000	14:02.76
5. Eric MacTaggart, 2005	14:04.79
6. Dan Haut, 2006	14:07.30
7. Kevin Lewis, 2013	14:08.04
8. Jesse Luciano, 2010	14:08.71
9. Matt Esche, 2006	14:12.07
10. Jeff Thode, 2011	14:12.40

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Anthuan Maybank



Pat McGhee



Kyle Reid



Erik Sowinski



Stetson Steele



Jeff Thode



Micah VanDenend

10,000 Meters

1. Stetson Steele, 200028:44.47
2. Eric MacTaggart, 2006.....28:50.23
3. Nick Nordheim, 200229:44.71
4. Trent Corey, 200229:45.25
5. **Kevin Lewis, 2012.....29:54.02**
6. Chad Schwitters, 199929:56.00
7. Nick Holmes, 201030:02.31
8. Dan Haut, 200630:03.08
9. Kevin Herd, 199430:05.21
10. Paul Sarris, 200130:08.40

Decathlon

1. **Kyle Reid, 2013 7,203 pts**
2. Dan Rolling, 2010 6,957 pts
3. Scott Faber, 2000 6,839 pts
4. Ryan Niver, 2008 6,837 pts
5. **Jack Eckert, 2012..... 6,813 pts**
6. Chad Ohly, 1994 6,641 pts
7. Gary Kostrubala, 1984..... 6,498 pts
8. Frank Prill, 2008 6,381 pts
9. Jacob Drewry, 1994 5,820 pts

High Jump

1. Jeffery Herron, 2012 7-4 1/4 (2.24)
2. Bill Hansen, 1978 7-4 (2.23)
3. Bill Knoedel, 1975..... 7-4 (2.23)
4. M. Cunningham, 1986 7-1 (2.16)
5. Kenneth Lansing, 1988..... 7-1 (2.16)
6. Pat Meade, 1987 7-0 1/4 (2.14)
7. Graham Valdes, 2012 6-11 3/4 (2.12)
8. Peter Hlavin, 1979 6-11 (2.11)
9. Scott Hudek, 1993 6-11 (2.11)
10. Jeremy Petsche, 2008..... 6-11 (2.11)
11. **Brandon Oest, 2012..... 6-11 (2.11)**

Pole Vault

1. Todd Wigginton, 1984 17-0 (5.18)
2. Chad Ohly, 1994 16-8 3/4 (5.10)
3. **Kyle Reid, 2013 16-8 3/4 (5.10)**
4. Curt Broek, 1978 16-8 (5.08)
5. Phil Wertman, 1971 16-7 (5.05)
6. Kelly Scott, 1988..... 16-7 (5.05)
7. John Teffer, 1972 16-2 (4.93)
8. Alex Zona, 2009 16-0 3/4 (4.90)
9. Steve Brewer, 1983 16-0 (4.88)
10. Doug Pennino, 1985..... 16-0 (4.88)

Long Jump

1. Anthuan Maybank, 1993..... 27-1 (8.25)
2. Bashir Yamini, 1997 26-8 1/4 (8.13)
3. Paul Jones, 1989 25-10 1/4 (7.88)
4. Darren Smith, 1991 25-9 3/4 (7.86)
5. Quinn Early, 1986 25-7 1/4 (7.80)
6. Ed Gordon, 1931 25-4 3/8 (7.68)
7. Matty Gorman, 2006..... 25-1 1/4 (7.65)
8. Ronnie McCoy, 1985 25-0 (7.62)
9. Jeffery Herron, 2010 24-9 (7.54)
10. Joe Robinson, 1976..... 24-2 3/4 (7.38)

Triple Jump

1. Troy Doris, 2012 54-8 (16.66)
2. Paul Jones, 1990 52-0 1/2 (15.86)
3. Gordon Finch, 1988..... 50-9 1/4 (15.47)
4. **Klyvens Delaunay, 2013 50-6 1/4 (15.40)**
5. Mike Lacy, 1984 50-5 (15.36)
6. **Babatunde Amosu, 2013... 50-3 1/4 (15.32)**
7. Pat Miller, 1985..... 49-8 1/2 (15.25)
8. Matty Gorman, 2008..... 49-2 1/2 (15.00)
9. Owen Gill, 1982 49-1 (14.96)
10. Josh Bean, 2010..... 48-10 3/4 (14.90)

Shot Put

1. Jeremy Allen, 2001 63-2 3/4 (19.27)
2. Ken Kemeny, 2005 62-3 (18.97)
3. Shane Maier, 2006 62-2 1/4 (18.95)
4. Andy Banse, 2005 61-11 1/2 (18.88)
5. John Hickey, 2008 61-9 1/2 (18.83)
6. Chris Gambol, 1987..... 60-0 1/2 (18.30)
7. A.J. Curtis, 2008 59-8 1/4 (18.19)
8. A. van der Westhuizen, 2000 58-8 3/4 (17.90)
9. Ryan Lamparek, 2010 58-4 (17.78)
10. Gary Kostrubala, 1985..... 58-1 (17.70)

Discus

1. A.J. Curtis, 2007 202-11 (61.84)
2. Gary Kostrubala, 1986..... 202-4 (61.68)
3. **Gabe Hull, 2013..... 196-2 (59.80)**
4. Jeremy Allen, 2001 195-4 (59.54)
5. Tim Brodersen, 2005 193-6 (58.98)
6. Brad Daufeldt, 2004..... 185-0 (56.40)
7. Nick Brayton, 2009 180-11 (55.15)
8. Andy Banse, 2005 180-0 (54.86)
9. Eric Rothwell, 2004..... 179-7 (54.73)
10. Shane Maier, 2008 178-7 (54.43)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007 222-2 (67.73)
3. Jim Costello, 2002 217-7 (66.32)
4. Brad Daufeldt, 2004..... 207-10 (63.34)
5. Chris Voller, 2005 206-0 (62.80)
6. Matt Banse, 2012 201-11 (61.55)
7. Jeremy Allen, 2001 199-0 (60.66)
8. **Ben Stancombe, 2011..... 197-6 (60.20)**
9. Ryan Jordan, 2007 184-6 (56.23)
10. Ryan Lamparek, 2010 181-7 (55.35)

Javelin

1. **Matt Byers, 2011 245-8 (74.89)**
2. Bill Neumann, 2002 244-8 (74.58)
3. Dan Ralph, 2000..... 227-10 (69.44)
4. Zach Schimp, 2010..... 211-0 (64.32)
5. **Sam Joens, 2013..... 206-9 (63.03)**
6. Kale Katt, 2007 204-0 (62.17)
7. Joel Storm, 2004 203-5 (62.01)
8. Matt Stank, 2001 199-0 (60.66)
9. **Jack Eckert, 2012..... 187-0 (57.01)**
10. Kyle Reid, 2013 182-10 (55.73)

OUTDOOR ALL-TIME TOP TEN PERFORMERS

400-Meter Relay

1.	Mincy, Austin, E. Holmes, Larney, 2013	39.35
2.	Beecham, Duckett, Greer, R. Smith, 1984	39.48
3.	Mullen, Austin, E. Holmes, Larney, 2013	39.66
4.	Page, Davis, Rozell, Morris, 1996	39.73
5.	Mincy, Sayon, Chaney, Jr., Austin, 2011	39.86
6.	Richardson, Sayon, Chaney, Jr., Bee, 2009.....	39.94
7.	Felix, Branch, Dodge, Yamini, 1999	39.96
8.	Beecham, Duckett, Greer, Patrick, 1983	39.99
9.	Dwight, Branch, Davis, Yamini, 1998.....	40.00
	Goode, Fisher, Morris, Maybank, 1994	40.00
	1998.....	40.00
	Dwight, Branch, Dodge, Yamini, 1999	40.00

Shuttle Hurdle Relay

1.	McGhee, Armstrong, Falls, Stelle, 1989	57.80
2.	Wigginton, Jones, Lacey, McCoy, 1985.....	59.77
3.	1975.....	1:05.20

800-Meter Relay

1.	Richardson, Sayon, Richards, Chaney, Jr., 2009	1:24.85
2.	Austin, Brown, Larney, VanCleave, 2013	1:25.60
3.	Barclay, McCalister, Jensen, Elliott, 1979.....	1:26.39
4.	Thomas, Balkrishnan, Patterson, Freidrich 1991	1:28.38
5.	Balkrishnan, Patterson, Thomas, Freidrich, 1991.....	1:29.04

1,600-Meter Relay

1.	Morris, Davis, Page, Rozell, 1995	3:03.11
2.	Branch, Dwight, Dodge, Yamini, 1999.....	3:03.29
3.	Ferree, Frazier, Mondane, Reimer, 1967.....	3:04.10
4.	Rozell, Morris, Davis, Yamini, 1996.....	3:04.71
5.	Willey, Barton, Richards, Sowinski, 2010	3:05.61
6.	Willey, Richards, Sowinski, Barton, 2011.....	3:05.64
7.	Richards, Davey, E. Holmes, Sowsinski, 2012	3:05.77
8.	Cameron, Williams, McGhee, McCoy, 1985.....	3:06.00
9.	Rozell, Davis, Dwight, Raymond, 1997	3:06.06
	Dodge, Kunkel, Coleman, Peterson, 2001	3:06.06

Sprint Medley Relay

1.	Sayon, Austin, Willey, Sowinski, 2011	3:16.18
2.	Richards, Larney, Davey, Sowinski, 2012	3:17.25
3.	Richardson, Richards, Willey, Sowinski, 2010.....	3:17.74
4.	Armstrong, Thomas, Maybank, Strozier, 1991	3:18.93
5.	Yamini, Davis, Dodge, Donovan, 1999.....	3:19.87
6.	Richards, Chaney, Jr., Barton, Hairston, 2009.....	3:20.05
7.	McCorkle, Armstrong, Chung, Strozier, 1990	3:20.43
8.	Dodge, Yamini, Branch, Donovan, 1999.....	3:20.83
9.	Goode, Fisher, Thomas, Falls, 1992.....	3:21.02
10.	Dwight, Davis, Raymond, Donovan, 1997	3:21.05

3,200 Meter Relay

1.	Hairston, Prom, Thode, Sowinski, 2011	7:23.77
2.	Corrigan, Blackman, Strozier, Chambers, 1989	7:29.00
3.	Willey, Braff, Sowinski, Hairston, 2009	7:33.08
4.	Tweedy, Gajewski, Linden, O'Hollearn, 2005	7:33.12
5.	Cunningham, Tweedy, S. Allen, Thomas, 2001	7:34.12
6.	Long, Tweedy, Dziubski, O'Hollearn, 2004	7:35.10
7.	1999.....	7:36.43
8.	Prom, Slaymaker, Wheeler, Weir, 2012	7:38.15
9.	1986.....	7:40.18
10.	Novotny, Holtkamp, Rerko, Feeldy, 1995	7:44.68

Distance Medley Relay

1.	Pershing, Moeller, Slack, Docherty, 1978.....	9:39.94
2.	Kuczvara, Barton, Hairston, Thode, 2011	9:41.37
3.	N. Holmes, Van Cleave, Sowinski, Thode, 2012	9:41.59
4.	Young, Barton, Kuczvara, Luciano, 2010.....	9:42.97
5.	Prom, Davey, Weir, Witt, 2013	9:53.83
6.	Theisen, Williams, Wiesa, Waters, 1985	9:54.04
7.	Wilfong, Slaymaker, Teubel, Witt, 2013	9:54.05
8.	Luciano, Pierre, Hairston, VanDenend, 2007	9:54.07
9.	VanDenend, Riley, O'Hollearn, Rakaric, 2006.....	9:54.97
10.	Feeldy, Eischeid, Novotny, Peters, 1996	9:55.71

6,400 Meter Relay

1.	Rakaric, Webster, MacTaggart, VanDenend, 2006.....	16:55.43
2.	Paul, Kadlec, Thode, Luciano, 2010.....	17:01.46
3.	N. Holmes, Witt, Thode, Lewis, 2012	17:02.26
4.	Thomas, Allen, Rakaric, Lloyd, 2003.....	17:06.27
5.	Pittman, Novotny, Feeldy, Marquardt, 1995.....	17:12.49
6.	Bakker, Feeldy, Peters, Pittman, 1996.....	17:13.10
7.	Allen, Trainor, McDermott, Esche, 2002	17:14.53
8.	Kadlec, E. MacTaggart, Paul, Marchese, 2009	17:17.63
9.	Schwitters, Nordheim, Moeller, Thomas, 1999.....	17:18.04
10.	White, Roehl, Wood, Roseman, 1992	17:28.90

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Kineke Alexander



Meghan Armstrong



Danielle Berndt



Nan Doak



Aisha James



Tiffany Johnson



Diane Nukuri

100 Meters

1. Vivien McKenzie, 1985	11.45
2. Davera Taylor, 1984	11.51
3. Erica Broomfield, 1998	11.53
4. Lake Kwaza, 2013	11.56
5. Jiselle Providence, 2001	11.57
6. Tanja Reid, 1994	11.60
7. Peaches Roach, 2005	11.60
8. Yolanda Hobbs, 1995	11.62
9. Elanie Jones, 1985	11.69
10. Rhonda Kaye Trusty, 2010	11.74

100-Meter Hurdles

1. Tiffany Johnson, 2007	13.20
2. Karessa Farley, 2009	13.53
3. C. Prendergast, 1999	13.60
4. Paula Ruen, 2000	13.60
5. Sarah Steffen, 2002	13.65
6. Ruqayya Raheem, 1998	13.90
7. Brenda Calhoun, 1984	13.94
8. Wynsome Cole, 1997	14.10
9. Kimberly Stanford, 2008	14.11
10. Renee White, 2008	14.20

200 Meters

1. Shellene Williams, 2004	23.50
2. Kineke Alexander, 2006	23.58
3. Davera Taylor, 1984	23.59
4. Vivien McKenzie, 1985	23.61
5. Yolanda Hobbs, 1995	23.65
6. Erin Jones, 2012	23.71
7. Rhonda Kaye Trusty, 2010	23.74
8. Tanja Reid, 1995	23.75
9. Elaine Jones, 1983	23.84
10. Ashley Liverpool, 2012	23.98

400 Meters

1. Kineke Alexander, 2006	51.35
2. Shellene Williams, 2004	51.94
3. Ashley Liverpool, 2012	52.47
4. Ellen Grant, 1996	52.65
5. Senta Hawkins, 1988	54.01
6. Bethany Praska, 2011	54.01
7. Marlene Poole, 1994	54.03
8. Elaine Jones, 1983	54.40
9. Nicole Charles, 2001	54.48
10. Stacey-Leigh Bynoe, 2000	54.73

400-Meter Hurdles

1. Mary Knoblauch, 1981	56.16
2. Wynsome Cole, 1998	56.67
3. Chris Davenport, 1981	59.18
4. Hannah Simonson, 2012	59.54
5. Sarah Steffen, 2002	59.59
6. Tiffany Hendricks, 2011	59.63
7. Nicole Erickson, 2012	59.77
8. MonTayla Holder, 2013	59.90
9. Beverly Powell, 1991	59.96
10. Kelsey Quinn, 2012	59.99

800 Meters

1. Bethany Praska, 2011	2:03.78
2. Kay Stormo, 1982	2:05.67
3. Michelle Lahann, 2004	2:06.79
4. Aisha Hume, 2005	2:08.50
5. Adrienne Alexia, 2013	2:08.61
6. Jeanne Kruckeberg, 1987	2:08.75
7. Kaitlyn Nelson, 2013	2:09.19
8. Ann Pare, 1997	2:09.25
9. Meghan Armstrong, 2006	2:10.15
10. Sophia Poncé, 2007	2:10.35

1,500 Meters

1. Meghan Armstrong, 2006	4:17.41
2. Betsy Flood, 2010	4:17.75
3. Jeanne Kruckeberg 1989	4:19.71
4. McKenzie Melander, 2012	4:20.22
5. Lauren Hardesty, 2009	4:20.40
6. Diane Nukuri, 2007	4:20.95
7. Penny O'Brien, 1985	4:21.43
8. Kay Stormo, 1982	4:22.24
9. Michelle Lahann, 2004	4:24.00
10. Shannon Stanley, 2006	4:25.08

3,000 Meters

1. Diane Nukuri, 2008	9:18.82
2. Penny O'Brien, 1985	9:20.61
3. McKenzie Melander, 2012	9:21.59
4. Betsy Flood, 2010	9:22.63
5. Nan Doak, 1985	9:23.04
6. Tracy Dahl, 1992	9:23.53
7. Meghan Armstrong, 2006	9:28.03
8. Brooke Eilers, 2011	9:30.08
9. Jeanne Kruckeberg, 1989	9:30.69
10. Jennifer Brower, 1992	9:34.59

3,000-Meter Steeplechase

1. Danielle Berndt, 2011	10:26.54
2. Jessica Schmidt, 2008	10:27.18
3. Sarah Arens, 2004	10:34.50
4. Hannah Roeder, 2011	10:35.22
5. Kelsey Hart, 2011	10:47.56
6. Katie Ellis, 2010	11:02.62
7. Michelle Lahann, 2003	11:16.21
8. Becca Thompson, 2003	11:19.50

5,000 Meters

1. Nan Doak, 1985	15:45.84
2. McKenzie Melander, 2012	15:57.13
3. Diane Nukuri, 2008	15:59.39
4. Betsy Flood, 2011	16:04.46
5. Meghan Armstrong, 2008	16:08.83
6. Brooke Eilers, 2011	16:11.86
7. Mareike Schulle, 2013	16:12.66
8. Jenny Spangler, 1983	16:17.21
9. Tracy Dahl, 1992	16:18.77
10. Racheal Marchand, 2008	16:27.02



Majesty Tutson



Lisa Van Steenwyk



Renee White



Shellene Williams

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Tammilee Kerr



Vivien McKenzie



Bethany Praska



Alana Redfern



Peaches Roach



Jasmine Simpson



Jessie Strand

10,000 Meters

1. Diane Nukuri, 2008.....33:17.01
2. Jennifer Brower, 199133:23.38
3. Meghan Armstrong, 200833:28.00
4. Nan Doak, 1985.....33:33.03
5. Jenny Spangler, 1983.....33:39.24
6. Racheal Marchand, 200834:05.87
7. McKenzie Melander, 201234:29.83
8. Tracy Dahl, 199234:30.09
9. Betsy Flood, 2011.....35:05.10
10. Nikki Chapple, 200435:06.35

Heptathlon

1. Tammilee Kerr, 20085,633 pts
2. Kathy Gillespie, 1983.....5,262 pts
3. Tiff Pedersen, 20044,976 pts
4. Janet Adams, 1981.....4,855 pts
5. **Sarah Ryan, 2012..... 4,819 pts**
6. Ruqayya Raheem, 1997.....4,665 pts
7. Angela Chadwick, 1993.....4,493 pts
8. Missy Miller, 2010.....4,227 pts
9. Angie Hensel, 20044,073 pts
10. Janelle Jaspers, 1987.....4,000 pts

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Mary Mol, 1983..... 6-0 (1.83)
3. **Khanishah Williams, 2013.... 5-11 1/4 (1.81)**
4. Caleigh Bacchus, 2010..... 5-10 (1.78)
5. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
6. Kacey Childs, 2001..... 5-8 1/2 (1.74)
7. Kristi Dinkla, 1985..... 5-8 (1.73)
- Becky Kaza, 1995..... 5-8 (1.73)
- Eve Cullinan, 2003 5-8 (1.73)
10. **Zinnia Miller, 2012..... 5-7 1/4 (1.71)**

Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. **Kirsten Weismantle, 2011 12-0 (3.66)**
4. **Katie Truedson, 2010 11-5 1/4 (3.49)**
5. Gina Shannon, 2001..... 11-2 1/4 (3.41)
6. **Brittany Holst, 2013 11-1 (3.38)**
7. Kacey Childs, 2000..... 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003 22-3 (6.78)
2. Renee White, 2008..... 20-3 3/4 (6.19)
3. **Carisa Leacock, 2011 19-11 1/2 (6.08)**
4. Becki Borg, 1988 19-7 1/4 (5.97)
5. Lisa Moats, 1986 19-6 (5.95)
6. Tammilee Kerr, 2008 19-4 1/4 (5.90)
7. Yolanda Hobbs, 1993 19-2 1/2 (5.85)
8. **Sarah Ryan, 2013..... 18-11 3/4 (5.78)**
9. Jane Dunlevy, 1977 18-6 (5.64)
10. Ruqayya Raheem, 1997..... 18-5 1/4 (5.62)
- Tiff Pedersen, 2004 18-5 1/4 (5.62)

Triple Jump

1. Renee White, 2008..... 43-10 3/4 (13.36)
2. Tiffany Johnson, 2007 41-8 3/4 (12.72)
3. **Carisa Leacock, 2012 40-10 1/2 (12.46)**
4. Becki Borg, 1988 40-7 1/2 (12.38)
5. Lynn McMillan, 1988..... 39-6 1/2 (12.05)
6. Lynn, 1998..... 39-0 (11.88)
7. Kacey Childs, 2001..... 37-8 (11.48)
8. Becca Franklin, 2004..... 36-10 1/2 (11.24)
9. Janna Houtz, 1984 33-10 1/2 (10.32)
10. Latoya Stiffend, 2002..... 32-6 (9.90)

Shot Put

1. Lisa Van Steenwyk, 1992 50-8 (15.44)
2. Gail Smith, 1984 50-3 1/4 (15.32)
3. Denise Taylor, 1992 50-1 3/4 (15.28)
4. Kamesha Marshall, 2005..... 48-6 3/4 (14.80)
5. Laura Kriener, 1990..... 48-2 1/2 (14.69)
6. Jennifer Gilson, 2002..... 47-10 (14.58)
7. **Rachel Curry, 2013 47-9 1/4 (14.56)**
8. Jennifer Moon, 2000..... 47-5 1/4 (14.46)
9. Mandy Chandler, 2006 46-0 (14.02)
10. Tiffany Medenwaldt, 2010 .. 45-11 3/4 (14.01)

Discus

1. **Majesty Tutson, 2013 181-1 (55.19)**
2. Tiffany Medenwaldt, 2010 161-3 (49.16)
3. Denise Taylor, 1992 160-5 (48.90)
4. Lisa Van Steenwyk, 1991 159-1 (48.50)
5. Gail Smith, 1983..... 158-2 (48.22)
6. **Ashlyn Gulvas, 2011..... 154-11 (47.23)**
7. **Courtney Fritz, 2012 154-1 (46.96)**
8. Kamesha Marshall, 2005..... 152-11 (46.62)
9. Jennifer Moon, 2000..... 150-8 (45.92)
10. Laura Kriener, 1989..... 150-3 (45.80)

Hammer Throw

1. **Jasmine Simpson, 2013 197-7 (60.23)**
2. Becca Franklin, 2007 195-0 (59.45)
3. **Ashlyn Gulvas, 2013..... 189-6 (57.76)**
4. **Annemie Smith, 2013 188-4 (57.41)**
5. Kelsey Taylor, 2011..... 177-0 (53.95)
6. Tiffany Medenwaldt, 2010 171-11 (52.40)
7. Erin O'Hern, 2008..... 168-9 (51.45)
8. **Chelsea Colpitts, 2013 162-5 (49.51)**
9. Kerri Blackstone, 1999 161-10 (49.32)
10. **Majesty Tutson, 2013 161-5 (49.20)**

Javelin

1. Alana Redfern, 2003..... 181-5 (55.30)
2. Tammilee Kerr, 2008 163-5 (49.81)
3. Mandy Beck, 1999..... 153-4 (46.74)
4. Terri Soldan, 1983 152-6 1/4 (46.48)
5. Shani Renning, 1990 152-3 (46.40)
6. Clara Simon, 1981 149-9 (45.64)
7. Janet Adams, 1984..... 148-7 (45.28)
8. **Amanda Stahle, 2012..... 141-5 (43.10)**
9. Mickey Schoborg, 1985 137-5 1/4 (41.88)
10. **Allison Gattone, 2013 138-8 (42.27)**

OUTDOOR ALL-TIME TOP TEN PERFORMERS

400-Meter Relay

1.	Poole, Reid, Floyd, Hobbs, 1994	44.63
2.	Charles, Williams, Providence, James, 2003	44.71
3.	Floyd, Hobbs, Poole, Reid, 1994	44.80
4.	Fouchè, Williams, Providence, James, 2003	45.02
5.	Alexander, Granger, Johnson, Roach, 2006	45.11
6.	Johnson, Roach, Clarke, Trusty, 2007	45.21
7.	Johnson, Alexander, Granger, Roach, 2005	45.30
8.	Granger, Johnson, Alexander, Roach, 2005	45.39
9.	Jones, R. Moore , Liverpool, Simonson, 2012	45.45
10.	Underwood, Reid, Philip, Hobbs, 1995	45.50
	Boatright, Bynoe, Providence, Prendergast, 2000	45.50

Shuttle Hurdle Relay

1.	Prendergast, Cole, Raheem, Ruen, 1998	56.44
2.	Cole, Prendergast, Raheem, Ruen, 1998	56.54
3.	Raheem, Prendergast, Cole, Ruen, 1998	57.53

800-Meter Relay

1.	Hobbs, Reid, Floyd, Poole, 1994	1:35.69
2.	Roach, McCalla, Alexander, Johnson, 2006	1:36.19
3.	Williams, Charles, Fouchè, Providence, 2003	1:37.49
4.	Herrmann, McCalla, Raymond, Roach, 2004	1:37.66
5.	Charles, Dixon, Knight, Prendergast, 2002	1:38.15
6.	Trusty, Hendricks, Graham, Erickson, 2009	1:38.79
7.	Prendergast, Dixon, Knight, Providence, 2001	1:38.73
8.	Dixon, Knight, Prendergast, Providence, 2001	1:38.93
9.	Dixon, Providence, Knight, Charles, 2001	1:39.68
10.	Underwood, Bynoe, Raheem, Wynter, 1997	1:39.72

1,600-Meter Relay

1.	Praska, Hendricks, Liverpool, Erickson, 2011	3:35.93
2.	Hume, Charles, Steffen, Williams, 2003	3:36.26
3.	Praska, Hendricks, Erickson, Liverpool, 2011	3:36.51
4.	Simonson, Liverpool, Erickson, Sack, 2012	3:37.57
5.	McCalla, Granger, Alexander, Johnson, 2006	3:38.36
6.	Simonson, Liverpool, Quinn, Erickson, 2012	3:38.49
7.	Liverpool, Jones, Erickson, Quinn, 2012	3:38.68
8.	Alexander, Graham, Jones, M. Mims, 2007	3:39.36
9.	Jones, Alexander, Johnson, M. Mims, 2007	3:39.64
10.	McCalla, Alexander, Sheeley, Hume, 2005	3:39.67

Sprint Medley Relay

1.	Jones, Hendricks, Liverpool, Praska, 2011	3:48.63
2.	Kwaza, R. Moore, Holder, Alexia, 2013	3:54.51
3.	Trusty, R. Moore , Hendricks, Praska, 2010	3:56.53
4.	Reid, Philip, Hobbs, Benning, 1995	3:56.54
5.	Roach, Alexander, McCalla, Stanley, 2005	3:56.99
6.	Kwaza, R. Moore, Alexia, Nelson, 2013	3:58.72
7.	Clarke, Graham, Jones, Poncé, 2007	3:59.34
8.	Underwood, Clarke, Philip, Benning, 1995	3:59.75
9.	Jones, R. Moore , Erickson, Alexia , 2012	4:00.19
10.	2005	4:00.26

3,200-Meter Relay

1.	Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987	8:46.45
2.	Lahann, Stanley, Hume, Barber, 2004	8:48.87
3.	Schneckloth, Roberts, Hawkins, Kruckeberg, 1989	8:49.38
4.	Flood, Dlhly, L. Hardesty, Docherty, 2009	8:53.91
5.	Armstrong, Stanley, Laney, Hume, 2005	8:54.27
6.	O'Brien, Camarigg, Williams, Stormo, 1981	8:54.36
7.	Flood, Melander, Praska, Hardesty, 2010	8:54.45
8.	Drapcho, Schlader, Williams, Stormo, 1980	8:56.14
9.	Drapcho, Mitchell, Schlader, Stormo, 1979	8:57.24
10.	Lahann, Hume, Thompson, Barber, 2003	9:02.58

Distance Medley Relay

1.	Hoskins, Powell, Schneckloth, Kruckeberg, 1989	11:22.18
2.	Armstrong, Alexander, Poncé, Stanley, 2007	11:25.05
3.	Stanley, McCalla, Hume, Armstrong, 2005	11:34.04
4.	Barber, Williams, Hume, Arens, 2004	11:34.56
5.	Thompson, Williams, Hume, Arens, 2003	11:39.02
6.	2000	11:39.83
7.	Schrulle, Erickson, Placzek, Eilers, 2012	11:40.57
8.	Davenport, xx, xx, xx, 1981	11:41.44
9.	Pare, Grant, Benning, Gilchrist, 1997	11:41.92
10.	Dlhly, Erickson, Docherty, Anderson, 2010	11:43.06

6,400-Meter Relay

1.	Flood, Melander, A. Hardesty, L. Hardesty, 2010	19:05.63
2.	Nukuri, Marchand, Henize, Armstrong, 2008	19:15.42
3.	Flood, Laesch, Ranegar , Melander, 2012	19:16.73
4.	Flood, Eilers , Melander, L. Hardesty, 2011	19:17.52
5.	Flood, Melander, A. Hardesty, Eilers , 2009	19:36.43
6.	Scott, Gordon, Schrulle, Gambrell, 2013	19:41.15
7.	Chapple, Laney, Donlon, Sokol, 2005	20:39.12
8.	Arens, Barber, Butler, Roberts, 2001	20:40.89
9.	Benning, Boland, Fleck, Coleman, 1995	20:43.07
10.	Arens, Sokol, Barber, Donlon, 2003	20:48.08