

Iowa Indoor Opener - 1/15/2011
Results at www.cfpitiming.com
Recreation Building, University of Iowa
Results

Women 60 Meter Dash

World: 6.92 W 2/11/1993 Irina Privalova
American: 6.95 U 3/12/1993 Gail Devers
Collegiate: 7.09 C 3/11/2001 Angela Williams
NCAA Auto: 7.26 A
Iowa Rec Ctr: 7.27 F 2004 Consuella Moore
Iowa school: 7.43 I 1983 Elaine Jones

Name	School	Finals
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Finals

1	Jones, Erin	Iowa	7.74
2	Momo, Michelle	Cent. Methodist	8.00
3	Campbell, Brittny	Truman State	8.03
4	Clayton, Amber	Truman State	8.20
5	Bivens, Tatierra	Bradley	8.56
6	Vinson, Sidney	Iowa Western CC	9.41

Women 200 Meter Dash

World: 21.87 W 2/13/1993 Merlene Ottey
American: 22.33 U 3/2/1996 Gwen Torrence
Collegiate: 22.40 C 3/14/2008 Bianca Knight
NCAA Auto: 23.70 A

Name	School	Finals
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Finals

1	Campbell, Brittny	Truman State	27.16
2	Schmitt, Mary Kate	Iowa	27.37
3	Sargent, Kaci	Truman State	27.60
4	Lowry, Kristin	Truman State	27.63
5	Momo, Michelle	Cent. Methodist	27.81
6	Robertson, Sharifah	Chicago State	28.06
7	Thompson, Emelia	Iowa	28.07
8	Nelson, Rebecca	Truman State	28.65
9	Idowu, Mowaninuoluwa	Chicago State	29.17
10	Dawson, Denise	Iowa Western CC	29.91
11	Johnston, Julie	Cent. Methodist	30.36
12	Bivens, Tatierra	Bradley	30.66
13	Vinson, Sidney	Iowa Western CC	33.33

Women 300 Meter Dash

World: 35.45 W 1/17/1993 Irina Privalova
American: 36.33 U 2/9/2007 Allyson Felix
Iowa Rec Ctr: 40.15 F 1/17/2009 Rhonda-Kaye Trusty
Iowa school: 40.15 I 1/17/2009 Rhonda-Kaye Trusty

Name	School	Finals
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Finals

1	Liverpool, Ashley	Iowa	40.87
2	Mims, Kelsey	Iowa	41.56
3	Wilkinson, Ashley	Iowa	42.11
4	Wright, Lacey	Iowa Western CC	44.39
5	Idowu, Mowaninuoluwa	Chicago State	45.90

6	Elias, Jasmine	Iowa Western CC	46.02
7	Robertson, Sharifah	Chicago State	47.24

Women 400 Meter Dash

World: 49.59 W 3/7/1982 Jamila Kratochvilova
American: 50.54 U 3/13/2010 Francena McCorory
Collegiate: 50.54 C 3/13/2010 Francena McCorory
NCAA Auto: 53.10 A

Name	School	Finals
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Finals

1	Labs, Kelsey	Iowa	1:01.40
2	Lowry, Kristin	Truman State	1:02.30
3	Sargent, Kaci	Truman State	1:04.99
4	Gladbach, Katie	Cent. Methodist	1:05.70
5	Sanford, Jennifer	Chicago State	1:06.26
6	Gayer, Elizabeth	Cent. Methodist	1:07.66
7	Itinger, Sam	Cent. Methodist	1:07.85
8	Trokey, Jayna	Cent. Methodist	1:10.16
9	Shimkus, Melea	Cent. Methodist	1:11.47
---	Dockery, Rachel	Chicago State	DQ

Women 600 Meter Run

2 turn stager, Lanes 1-6 in heat 1

Hip # 1 and 7 share lane 1 in heat 2

World: 1:23.44 W 2/1/2004 Olga Kotlyarova
Iowa Rec Ctr: 1:27.45 F 1/19/2008 Kineke Alexander
Iowa school: 1:27.45 I 1/19/2008 Kineke Alexander

Name	School	Finals
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Finals

1	Hendricks, Tiffany	Iowa	1:35.01
2	Dlhy, Brittany	Iowa	1:37.26
3	Simonson, Hannah	Iowa	1:37.56
4	Dochterman, Shaina	Truman State	1:38.49
5	Hermansen, Nia	Iowa	1:42.15
6	Wolbers, Emily	Bradley	1:43.23
7	Gorman, Keelin	Iowa	1:44.19
8	Schleusner, Mary	Iowa	1:44.58
9	Hartman, Michelle	Bradley	1:45.22
10	Gross, Julia	Iowa	1:47.39
11	Walker, Jasmine	Chicago State	1:48.96
12	Wichert, Jenny	Iowa Western CC	1:57.88
13	Alamgir, Ashley	Chicago State	2:07.19



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Women 800 Meter Run**2 turn Double Alley start****Postitions 1-4 on inside alley****Remaining positions in outside alley**

World: 1:55.82 W 3/3/2002 Jolanda Ceplak

American: 1:58.71 U 3/2/2002 Nicole Teter

Collegiate: 2:00.75 C 2/27/2005 Nicole Cook

NCAA Auto: 2:06.00 A

Name	School	Finals
Finals		
1 Praska, Bethany	Iowa	2:11.22
2 Hardesty, Lauren	Iowa	2:12.80
3 Flood, Betsy	Iowa	2:13.73
4 Melander, McKenzie	Iowa	2:14.43
5 Hardesty, Amanda	Iowa	2:15.38
6 Erickson, Nicole	Iowa	2:17.86
7 Alexia, Adriana	Iowa	2:20.18
8 Goldkamp, Mary	Bradley	2:22.75
9 Hirsch, Katie	Truman State	2:28.89
10 Higgins, Sarah	Bradley	2:32.89
11 Farnsworth, Hannah	Truman State	2:33.85
12 Hallstein, Sarah	Bradley	2:39.57
13 Quisenberry, Deanna	Cent. Methodist	2:44.40
14 Griffin, Chelsea	Bradley	2:57.72
15 Austin, Kayla	Bradley	3:02.80

Women 1 Mile Run

World: 4:17.14 W 2/9/1990 Doina Melinte

American: 4:20.1h U 2/19/1982 Mary Slaney

Collegiate: 4:25.91 C 2/28/2009 Jenny Barringer

NCAA Auto: 4:38.90 A

Iowa Rec Ctr: 4:45.05 F 2004 Hilary Edmondson

Iowa school: 4:40.19 I 1989 Jeanne Kruckeberg

Name	School	Finals
Finals		
1 Ranegar, Megan	Iowa	5:04.94
2 Hart, Kelsey	Iowa	5:04.95
3 Goldkamp, Mary	Bradley	5:09.29
4 Rehn, Katherin	Iowa	5:11.63
5 Berndt, Danielle	Iowa	5:19.36
6 Ratermann, Anne	Truman State	5:24.99
7 Schumacher, Whitney	Bradley	5:30.43
8 Laesch, Jackie	Iowa	5:35.45
9 Higgins, Sarah	Bradley	5:38.47
10 Austin, Kayla	Bradley	5:46.99
11 Hallstein, Sarah	Bradley	5:56.14
12 Beaverson, Amber	Cent. Methodist	5:57.71
13 Garrett, Rachel	Bradley	6:04.61
14 Chepkwony, Zenah	Iowa Western CC	6:13.82

15 Palm, Abby	Truman State	6:14.91
16 Griffin, Chelsea	Bradley	6:20.98
17 Miller, Dana	Iowa Western CC	6:23.72
18 Robertson, Neshia	Chicago State	6:36.72
19 Hermann, Lynsi	Bradley	6:50.58

Women 3000 Meter Run

World: 8:23.72 W 2/3/2007 Meseret Defar

American: 8:33.25 U 1/27/2007 Shalane Flanagan

Collegiate: 8:42.03 C 3/14/2009 Jenny Barringer

NCAA Auto: 9:16.00 A

Name	School	Finals
Finals		
1 Grauel, Karen	Truman State	12:00.63
2 Grauel, Cindy	Truman State	12:13.72
3 Raithel, Kylie	Truman State	13:01.00
4 Brown, Amanda	Truman State	13:24.89
5 Drummey, Joanna	Iowa Western CC	14:46.05
6 Diaz, Beckie	Iowa Western CC	16:19.31
--- Fog, Lauren	Bradley	DNF
--- Lohmeier, Cassie	Bradley	DNF

Women 60 Meter Hurdles

World: 7.68 W 2/10/2008 Susanna Kallur

American: 7.72 U 3/13/2010 Lolo Jones

Collegiate: 7.84 C 3/10/2006 Ginnie Powell

NCAA Auto: 8.14 A

Iowa Rec Ctr: 8.32 F 2004 Yvonne Mensah

Iowa school: 8.33 I 2006 Tiffany Johnson

Name	School	Finals
Finals		
1 Dawson, Denise	Iowa Western CC	9.50
2 Dochterman, Shaina	Truman State	9.56
3 Nelson, Rebecca	Truman State	10.03
4 Barajas, Rebeca	Cent. Methodist	10.09
5 Garrigus, Shelby	Cent. Methodist	10.47
6 Truex, Amelia	Cent. Methodist	10.64
7 Guffey, Jamie	Cent. Methodist	10.75

Women 4x400 Meter Relay

World: 3:23.37 W 1/28/2006 Russia

Gushchina, Kotlyarova, Zaytseva, Krasnomovets

American: 3:27.34 U 3/14/2010 National Team

Dunn, Trotter, Hastings, Felix

Collegiate: 3:27.66 C 3/15/2003 Texas

Downer, McIntosh, Robinson, Richards

NCAA Auto: 3:35.80 A

Iowa Rec Ctr: 3:41.80 F 2004 Indiana

Huber, Ray, Clausing, Maddox

Iowa school: 3:40.52 I 2006 Iowa

Johnson, McCalla, Alexander, Granger

Team	Relay	Finals
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Results

Women 4x400 Meter Relay

World: 3:23.37 W 1/28/2006 Russia
Gushchina, Kotlyarova, Zaytseva, Krasnomovets
American: 3:27.34 U 3/14/2010 National Team
Dunn, Trotter, Hastings, Felix
Collegiate: 3:27.66 C 3/15/2003 Texas
Downer, McIntosh, Robinson, Richards
NCAA Auto: 3:35.80 A
Iowa Rec Ctr: 3:41.80 F 2004 Indiana
Huber, Ray, Clausing, Maddox
Iowa school: 3:40.52 I 2006 Iowa
Johnson, McCalla, Alexander, Granger

Team	Relay	Finals
1 Iowa	A	3:52.21

Finals ... (Women 4x400 Meter Relay)

Team	Relay	Finals
2 Iowa	B	4:03.63
3 Iowa	C	4:09.53
4 Bradley	A	4:28.38
5 Chicago State	A	4:30.15
6 Central Methodist	A	4:30.39
7 Bradley	B	4:36.06
8 Iowa Western CC	A	4:38.10

Women High Jump

World: 2.08m W 2/4/2006 Kajsa Bergqvist
American: 2.01m U 2/28/1998 Tisha Waller
Collegiate: 1.98m C 3/19/2009 Destinee Hooker
NCAA Auto: 1.85m A
Iowa Rec Ctr: 1.83m F 2002 Long/ Roach
Iowa school: 1.85m I 2005 Peaches Roach

Name	School	Finals
1 Bacchus, Calaigh	Unattached	1.75m
2 Miller, Zinnia	Iowa	1.60m
3 Greenwalt, Eva	Iowa	1.55m
4 Fulton, Kate	Cent. Methodist	1.55m
5 Cleghorn, Lyndsey	Bradley	1.50m
6 Barajas, Rebeca	Cent. Methodist	1.50m

Women Pole Vault

World: 5.00m W 2/15/2009 Yelena Isinbaeva
American: 4.83m U 3/1/2009 Jenn Stuczynski
Collegiate: 4.53m C 2/8/2002 Amy Linnen
NCAA Auto: 4.30m A
Iowa Rec Ctr: 3.96m F 2002 Elizabeth Metzinger
Iowa school: 3.80m I 2004 Jessie Strand

Name	School	Finals
1 Weismantle, Kirsten	Iowa	3.35m
--- Figg, Samantha	Truman State	NH
--- Truedson, Katie	Iowa	NH

Women Long Jump

World: 7.37m W 2/13/1988 Heike Drechsler
American: 7.13m U 3/5/1994 Jackie Joyner- Kersee
Collegiate: 6.91m C 2/23/2002 Elva Goulbourne
NCAA Auto: 6.38m A
Iowa Rec Ctr: 6.32m F 2004 Rosalind Goodwin
Iowa school: 5.95m I 1986 Lisa Moats

Name	School	Finals
1 Zweifel, Jennifer	Truman State	5.31m
2 Momo, Michelle	Cent. Methodist	5.11m



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3	Garrigus, Shelby	Cent. Methodist	4.95m
4	Truex, Amelia	Cent. Methodist	4.84m
5	Thompson, Emelia	Iowa	4.71m
---	Reno, Ashley	Cent. Methodist	FOUL

Women Triple Jump

World: 15.36m W 3/6/2004 Tatyana Lebedeva
American: 14.23m U 3/4/1995 Sheila Hudson
Collegiate: 14.25m C 3/8/1997 Suzette Lee
NCAA Auto: 13.30m A

Name	School	Finals
Finals		
1	Zweifel, Jennifer	Truman State 11.52m
2	Barajas, Rebeca	Cent. Methodist 10.69m
3	Garrigus, Shelby	Cent. Methodist 10.40m
4	Reno, Ashley	Cent. Methodist 9.47m

Women Shot Put

World: 22.50m W 2/19/1977 Helena Fibingerova
American: 19.83m U 2/20/1987 Ramona Pagel
Collegiate: 19.15m C 3/3/2004 Laura Gerraughty
NCAA Auto: 16.90m A
Iowa Rec Ctr: 16.81m F 2004 Ja'Nai O'Conner
Iowa school: 15.54m I 1985 Gail Smith

Name	School	Finals
Finals		
1	Curry, Rachel	Iowa 14.08m
2	Haight, Micaela	Iowa 13.49m
3	Simpson, Jasmine	Iowa 13.08m
4	Tutson, Majesty	Iowa 12.97m
5	McGruder, Dimonique	Truman State 12.56m
6	Colpitts, Chelsea	Iowa Western CC 12.15m
7	Fritz, Courtney	Iowa 12.09m
8	Emerson, Jaya	Chicago State 12.09m
9	Vargas-Hafoka, Brianna	Iowa Western CC 11.28m
10	Eggers, Kylee	Iowa Western CC 11.10m
11	McCarroll, Rachel	Truman State 10.85m
12	Wisdom, Essence	Chicago State 10.34m
13	Turner, Megan	Cent. Methodist 9.87m
14	Dawson, Denise	Iowa Western CC 8.67m
15	Morrow, Melissa	Cent. Methodist 8.16m
16	Sutton, Lanesha	Chicago State 7.63m

Women Weight Throw

American: 25.56m U 3/10/2007 Brittany Riley
Collegiate: 25.56m C 3/10/2007 Brittany Riley
NCAA Auto: 21.00m A
Iowa Rec Ctr: 20.01m F 2004 Keturah Lofton
Iowa school: 17.76m I 2007 Becca Franklin

Name	School	Finals
Finals		
1	Tutson, Majesty	Iowa 16.98m
2	Taylor, Kelsey	Iowa 16.33m
3	Gulvas, Ashlyn	Iowa 16.31m
4	McCarroll, Rachel	Truman State 14.27m
5	Eggers, Kylee	Iowa Western CC 13.48m
6	Fritz, Courtney	Iowa 13.22m
7	Colpitts, Chelsea	Iowa Western CC 12.87m
8	Emerson, Jaya	Chicago State 12.74m
9	Morrow, Melissa	Cent. Methodist 12.39m
10	McGruder, Dimonique	Truman State 11.86m
11	Vargas-Hafoka, Brianna	Iowa Western CC 10.86m
12	Blackwell, Lindsey	Cent. Methodist 10.48m
13	Turner, Megan	Cent. Methodist 10.31m
---	Wisdom, Essence	Chicago State FOUL



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World: 6.39 W 2/3/1998 Maurice Greene
American: 6.39 U 2/3/1998 Maurice Green
Collegiate: 6.45 C 2/20/1999 Leonard Myles-Mills
NCAA Auto: 6.60 A
Iowa Rec Ctr: 6.70 F 2006 Demi Omole
Iowa school: 6.73 I 1999 Kurt Felix

Name	School	Prelims
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Preliminaries

1 Doris, Troy	Iowa	6.88q
2 Richardson, D'Juan	Iowa	6.99q
2 Davis, Lancford	Unattached	6.99q
4 Sayon, Zeke	Iowa	7.01q
5 Mincy, Tevin	Iowa	7.02q
6 Thornton, Jerrel	Chicago State	7.07q
7 Herron, Jeffery	Iowa	7.20q
8 Ratliff, Ronnie	Iowa Western CC	7.21q
9 LaVant, Demetrius	Truman State	7.28
10 Fleming, Daniel	Unattached	7.33
11 Ephraim, Jamal	Chicago State	7.34
12 Robinson, Roscoe	Cent. Methodist	7.35
13 Fultz, Colin	Cent. Methodist	7.42
14 Jones, Jamal	Chicago State	7.43
15 White, Kelvin	Chicago State	7.44

Men 60 Meter Dash

World: 6.39 W 2/3/1998 Maurice Greene
American: 6.39 U 2/3/1998 Maurice Green
Collegiate: 6.45 C 2/20/1999 Leonard Myles-Mills
NCAA Auto: 6.60 A
Iowa Rec Ctr: 6.70 F 2006 Demi Omole
Iowa school: 6.73 I 1999 Kurt Felix

Name	School	Finals
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Finals

1 Doris, Troy	Iowa	6.83
2 Richardson, D'Juan	Iowa	6.92
3 Sayon, Zeke	Iowa	6.93
4 Thornton, Jerrel	Chicago State	6.99
5 Mincy, Tevin	Iowa	7.01
6 Herron, Jeffery	Iowa	7.20
7 Ratliff, Ronnie	Iowa Western CC	7.26
8 Davis, Lancford	Unattached	7.75

Men 200 Meter Dash

World: 19.92 W 2/18/1996 Frank Fredericks
American: 20.10 U 3/11/2005 Wallace Spearmon
Collegiate: 20.10 C 3/11/2005 Wallace Spearmon
NCAA Auto: 21.23 A

Name	School	Finals
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Finals

1 Richardson, D'Juan	Iowa	22.40
2 Mincy, Tevin	Iowa	22.70
3 Stewart, Edward	Cent. Methodist	22.89
4 Thornton, Jerrel	Chicago State	23.17
5 Fultz, Colin	Cent. Methodist	23.62
6 Robinson, Roscoe	Cent. Methodist	23.76
7 Landburg, Jordan	Iowa Western CC	23.85
8 Ephraim, Jamal	Chicago State	23.96
9 Ratliff, Ronnie	Iowa Western CC	24.17
10 Butler, Catrell	Iowa Western CC	24.21
11 Lequerre, Cherby	Iowa Western CC	24.52
12 Cluke, Joshua	Iowa Western CC	24.96
13 Pearson, Antowyn	Iowa Western CC	26.22

Men 400 Meter Dash

World: 44.57 W 3/12/2005 Kerron Clement
American: 44.57 U 3/12/2005 Kerron Clement
Collegiate: 44.57 C 3/12/2005 Kerron Clement
NCAA Auto: 46.75 A

Name	School	Finals
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Finals

1 Barton, Chris	Iowa	49.24
2 Kuyoro, Uri	Chicago State	50.66
3 Peterson, Ryan	Truman State	52.79
4 Menk, Dustin	Cent. Methodist	53.08
5 Johnson, Terrance	Iowa Western CC	53.45
6 Brich, Ryan	Cent. Methodist	54.23
7 Phillip, Malcolm	Chicago State	55.85
8 Wyatt, Berevon	Iowa Western CC	56.21
9 Morris, Phillip	Iowa Western CC	57.77

Men 600 Meter Run**2 turn stager, Lane start.**

World: 1:15.12 W 2/28/1999 Nico Motchebon
Iowa Rec Ctr: 1:17.22 F 2006 Trammel Smith
Iowa school: 1:18.30 I 1988 Pat McGhee

Name	School	Finals
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Finals

1 Findlay, Adrian	Unattached	1:20.97
2 Kuhlman, Dan	Iowa	1:22.40
3 Slaymaker, Kyle	Unattached	1:22.79
4 Prom, Nathan	Iowa	1:23.56



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Finals ... (Men 600 Meter Run)

Name	School	Finals
5 Rhodes, Alex	Truman State	1:26.69
6 Teetzel, Nick	Iowa Western CC	1:26.93
7 Gambach, Michael	Truman State	1:29.24
8 Jones, Earnest	Chicago State	1:29.48
9 Lawrence, Andrew	Chicago State	1:31.51
10 Wilson, Kyle	Iowa Western CC	1:34.37
--- Jones, Gary	Cent. Methodist	DNF

Men 800 Meter Run**2 turn, Double Alley start****Positions 1-5 on inside alley****Remainder on outside alley****World: 1:42.67 W 3/9/1997 Wilson Kipketer****American: 1:45.00 U 3/8/1992 Johnny Gray****Collegiate: 1:44.84 C 3/4/1989 Paul Ereng****NCAA Auto: 1:48.90 A**

Name	School	Finals
Finals		
1 Hernandez, Mike	Cent. Methodist	1:55.35
2 Manring, Lucas	Cent. Methodist	1:55.42
3 Walls, Joey	Truman State	1:59.96
4 Schaefer, Matthew	Truman State	2:05.75
5 Anderson, Jeremy	Chicago State	2:06.17
--- McKinley, Ben	Iowa Western CC	DNF

Men 1 Mile Run**World: 3:48.45 W 2/12/1997 Hicham El Guerrouj****American: 3:49.89 U 2/11/2005 Bernard Lagat****Collegiate: 3:55.02 C 2/28/2009 German Fernandez****NCAA Auto: 4:00.80 A****Iowa Rec Ctr: 4:02.1h F 1972 Kevin Popejoy****Iowa school: 4:04.01 I 1980 Ed DeLashmutt**

Name	School	Finals
Finals		
1 Thode, Jeff	Iowa	4:11.85
2 Smith, Andrew	Iowa	4:25.81
3 Chaney, Sam	Iowa	4:31.12
4 Jordan, Matthew	Chicago State	4:34.07
5 Sheets, Andrew	Truman State	4:37.38
6 Sawe, Josphat	Cent. Methodist	4:40.92
7 Gutteridge, Brandon	Truman State	4:43.08
8 Pearce, Ian	Iowa Western CC	5:01.60
9 Drogo, Anthony	Iowa Western CC	5:02.35
10 Moore, Jake	Iowa Western CC	5:09.40
11 Stewart, Bryon	Iowa Western CC	5:09.41
12 Sheehan, Casey	Iowa Western CC	6:24.92

Men 3000 Meter Run**World: 7:24.90 W 2/6/1998 Daniel Komen****American: 7:32.43 U 2/17/2007 Bernard Lagat****Collegiate: 7:38.59 C 2/14/2004 Allistair Cragg****NCAA Auto: 7:57.00 A**

Name	School	Finals
Finals		
1 Lapresi, Colby	Cent. Methodist	9:03.19
2 Robertson, Chris	Unattached	9:06.76
3 Jordan, Matthew	Chicago State	9:09.55
4 Rieger, Cameron	Unattached	9:09.91
5 Venner, John	Truman State	9:12.36
6 Gorman, Bob	Truman State	9:19.44
7 Hazard, Justin	Iowa Western CC	9:35.92
8 Volstromer, Eric	Truman State	9:51.77
9 McDonnell, Eric	Truman State	9:59.07
10 Kiprono, Anthony	Cent. Methodist	10:07.11

Men 60 Meter Hurdles**World: 7.30 W 3/3/1994 Colin Jackson****American: 7.36 U 1/16/1987 Foster/ Johnson/ Trammell****Collegiate: 7.47 C 2/7/1997 Reggie Torian****NCAA Auto: 7.70 A****Iowa Rec Ctr: 7.83 F 2006 Ricky Pinkney****Iowa school: 7.87 I 1997 Dion Trowers**

Name	School	Prelims
Preliminaries		
1 Mullen, Jordan	Iowa	7.90q
2 Stewart, Edward	Cent. Methodist	8.08q
3 Holmes, Ethan	Iowa	8.20q
4 White, Kelvin	Chicago State	8.50q
5 Vaughn, Josh	Cent. Methodist	8.91q
6 Lehman, John	Cent. Methodist	8.92q
7 Anderson, Terry	Iowa Western CC	8.99q
8 Hinton, Drew	Cent. Methodist	9.26q
9 Pearson, Antowyn	Iowa Western CC	9.64
--- Butler, Catrell	Iowa Western CC	FS

Men 60 Meter Hurdles**World: 7.30 W 3/3/1994 Colin Jackson****American: 7.36 U 1/16/1987 Foster/ Johnson/ Trammell****Collegiate: 7.47 C 2/7/1997 Reggie Torian****NCAA Auto: 7.70 A****Iowa Rec Ctr: 7.83 F 2006 Ricky Pinkney****Iowa school: 7.87 I 1997 Dion Trowers**

Name	School	Finals
Finals		
1 Mullen, Jordan	Iowa	7.88



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2 Stewart, Edward	Cent. Methodist	7.97
3 Holmes, Ethan	Iowa	8.16
4 White, Kelvin	Chicago State	8.59
5 Lehman, John	Cent. Methodist	8.61
6 Vaughn, Josh	Cent. Methodist	8.75
7 Hinton, Drew	Cent. Methodist	9.31
--- Anderson, Terry	Iowa Western CC	DQ

Men 4x400 Meter Relay

World: 3:02.83 W 3/7/1999 United States

Morris, Johnson, Minor, Campbell

American: 3:01.96 U 2/11/2006 National Team

Clement, Spearmon, Williamson, Wariner

Collegiate: 3:03.51 C 3/12/2005 Florida

Clark, Middleton, Pastor, Clement

NCAA Auto: 3:08.90 A

Iowa Rec Ctr: 3:11.83 F 1984 Iowa

Greer, Smith, Williams, Duckett

Iowa school: 3:06.80 I 1998 Iowa

Rozell, Davis, Raymond, Yamini

Team	Relay	Finals
Finals		
1 Iowa	A	3:19.46
2 Iowa Western CC	A	3:29.69
3 Central Methodist	A	3:30.66
4 Chicago State	A	3:30.75
5 Truman State	A	3:37.90
6 Chicago State	B	3:55.05

Men High Jump

World: 2.43m W 3/4/1989 Javier Sotomayor

American: 2.40m U 3/10/1991 Hollis Conway

Collegiate: 2.37m C 3/11/1989 Hollis Conway

NCAA Auto: 2.24m A

Iowa Rec Ctr: 2.25m F 1997 Staffan Strand

Iowa school: 2.21m I 1976 Knoedel/ Hansen

Name	School	Finals
Finals		
1 Oest, Brandon	Iowa	2.05m
2 Valdes, Graham	Iowa	2.05m
3 Clawson, Alex	Cent. Methodist	1.90m
--- Fleming, Daniel	Unattached	NH
--- Weis, Tyler	Cent. Methodist	NH

Men Long Jump

World: 8.79m W 1/27/1984 Carl Lewis

American: 8.79m U 1/27/1984 Carl Lewis

Collegiate: 8.59m C 3/1/2002 Miguel Pate

NCAA Auto: 7.90m A

Iowa Rec Ctr: 7.97m F 1992 Anthuan Maybank

Iowa school: 8.06m I 1992 Anthuan Maybank

Name	School	Finals
Finals		
1 Herron, Jeffery	Iowa	6.98m
2 Robinson, Roscoe	Cent. Methodist	6.90m
3 Fleming, Daniel	Unattached	6.64m
4 Fultz, Colin	Cent. Methodist	6.62m
5 Perry, Josh	Cent. Methodist	6.62m
6 LaVant, Demetrius	Truman State	6.53m
7 Kleyh, Jacob	Cent. Methodist	5.95m
8 Cluke, Joshua	Iowa Western CC	5.51m
9 McCray, Brandon	Chicago State	4.46m

Men Triple Jump

World: 17.90m W 3/14/2010 Teddy Tamgho

American: 17.76m U 2/27/1987 Mike Conley

Collegiate: 17.50m C 1/17/1986 Charlie Simpkins

NCAA Auto: 16.15m A

Name	School	Finals
Finals		
1 Teal, Collin	Cent. Methodist	12.78m
2 Kleyh, Jacob	Cent. Methodist	12.74m

Men Shot Put

World: 22.66m W 1/20/1989 Randy Barnes

American: 22.66m U 1/20/1989 Randy Barnes

Collegiate: 21.50m C 2/4/1977 Terry Albritton

NCAA Auto: 19.30m A

Iowa Rec Ctr: 19.40m F 2006 Karl Erickson

Iowa school: 19.16m I 2001 Jeremy Allen

Name	School	Finals
Finals		
1 Banse, Matt	Iowa	16.77m
2 Lamparek, Ryan	Iowa	16.72m
3 Stancombe, Ben	Iowa	15.24m
4 Coon, Maurice	Cent. Methodist	14.22m
5 Smith, Matthew	Truman State	13.98m
6 Viehmann, John	Truman State	13.72m
7 Barta, Randy	Cent. Methodist	12.98m
8 Hunt, Jasper	Iowa Western CC	12.72m
9 Holmes, Robert	Chicago State	12.47m
10 Frakes, Nathan	Iowa Western CC	12.38m
11 Donnelly, Ciaran	Iowa Western CC	9.17m



Iowa Indoor Opener - 1/15/2011
Results at www.cfpitiming.com
Recreation Building, University of Iowa
Results

Finals ... (Men Shot Put)

Name	School	Finals
12 Norris, Jeff	Iowa Western CC	8.67m

Men Weight Throw

American:	25.86m U 3/4/1995	Lance Deal
Collegiate:	24.72m C 2/9/2009	Scott Russell
NCAA Auto:	21.50m A	
Iowa Rec Ctr:	20.78m F 2006	Leonard Jatsek
Iowa school:	21.15m I 2002	Jim Costello

Name	School	Finals
Finals		
1 Banse, Matt	Iowa	18.78m
2 Lamparek, Ryan	Iowa	18.60m
3 Stancombe, Ben	Iowa	16.56m
4 Coon, Maurice	Cent. Methodist	15.65m
5 Brayton, Nick	Iowa	14.95m
6 Donnelly, Ciaran	Iowa Western CC	14.92m
7 Kiblinger, Matt	Truman State	14.87m
8 Wisniewski, Matt	Truman State	14.38m
9 Hunt, Jasper	Iowa Western CC	14.27m
10 Frakes, Nathan	Iowa Western CC	14.03m
11 Viehmann, John	Truman State	13.41m
12 Barta, Randy	Cent. Methodist	13.16m
13 Holmes, Robert	Chicago State	12.76m
14 Norris, Jeff	Iowa Western CC	9.85m

