



THE UNIVERSITY OF IOWA

SPORTS INFORMATION

#21 - Kachine Alexander, Guard , Junior

On getting the season started:

“We are really excited. During the preseason, we are just working on the basics. Now we’re waiting to see the offense and everything else the coaches have for us.”

On pushing the ball up the court this season:

“This summer helped prepare me for that. In our Game Time league I was the point guard, so I was able to see a lot of different things. That experience has made me more comfortable taking the ball up the court. I’m excited about it.”

On what she hopes to improve on this season:

“I worked on a lot this summer - shooting, particularly three-point shooting. My shot wasn’t where I wanted it to be last year. This year it should be where I want it to be because it could help the team out a lot.”

On what drives her to improve her game:

“Coach gave me a lot of things to work on after last season and I took those things to heart. They told me what’s stopping me from being a great player and an amazing player, so I understood I had to work on my three-point shot. Towards the end of the season people started to play off of me and clog the paint, which made things difficult for our posts. So now, I want to bring them out so they have to respect my shot to open up the post for JoAnn and Morgan. “

On defenses game-planning around her:

“Last year when people were keying on Kristi (Smith) or Wendy (Ausdemore), people like me or Jo would have to step up. I’m kind of excited to see who is going to step up when the key on me and Jo. I’d like to see Kamille because they can’t key on all three of us. It will be fun to see how teams adjust and how we adjust. I’m just excited for the season to get started so we can see what happens.”

#2 – Kamille Wahlin, Guard , Sophomore

On returning to point guard and what she learned last year from Kristi Smith:

“I think I learned how to handle the pressure of different defenses and how to communicate on the court better.”





THE UNIVERSITY OF IOWA

SPORTS INFORMATION

On being a young team:

“People are going to be saying that we’re young, but that can play to our strengths too, because we have Jo (JoAnn Hamlin) and Kash (Kachine Alexander) back and they’re able to teach the underclassmen, particularly the freshman, what to expect. It will impact our defense because defense is such a key in every game. We have a great defender in Kash and she can teach the younger girls what to expect on defense.”

On how the freshmen will fit in this season:

“The freshmen coming in are all hard workers. They’re getting worked into the system and now we just have to wait for practice to start so we can get rolling as a team.”

On relying on three-point shooting this season as much as they have in past seasons:

“I think the freshmen coming in can really shoot the three. We need to make sure they are confident in shooting the three, because they should shoot it. It will just come in time.”

#45, JoAnn Hamlin, Senior, Forward/Center

On being the lone senior:

“Because we are so young this year, I think a leadership role [is expected of me]. When you have five seniors or even two you get to share that role but this year, it is on me. Sure, I have Kelsey and Kash to help me out a lot but I’ve kind of been around the game the longest and I think [the team] is going to look to me for advice.”

On changing to the 5 position:

“I kind of had a sneaking suspicion that I would be playing the five this year. I would say I am undersized, but it is about hard work and being strong. I think JC Moreau has done a great job mentally and physically preparing [me] for that.”

On the last few years after transferring:

“I think the first year I actually played here I struggled a lot. I struggled with sitting out a year. I kind of lost my passion for the game and I really didn’t want to work hard. But last year, I came back after taking a little time off in the summer to get my mind right. I came back refreshed and I thought I was doing really well but then I had the injury and that kind of hindered me. But I think I was starting to play the way I used to play last year.”

On her senior year:

“It’s weird to think that I am the senior this year and everyone is looking to me for advice and to carry the team and everything. The weirdest thing for me is going to be standing by myself on senior night. I do not





THE UNIVERSITY OF IOWA

SPORTS INFORMATION

want to do that very much because I am not much of a public speaker. I guess we will cross that bridge when we get there.”

On carrying the team:

“I think I can [carry the team] this year. I think the coaches have asked me to do that. Our weight coaches have said that I need to be the example of working hard and getting in there and doing things right.”

#24 Jaime Printy, Freshman, Guard

On finally seeing her jersey:

“It was awesome [to see my name on the back]. My dad actually made me promise that the first time I ever put on my Iowa jersey that I’d take a picture and send it to him. It was such a great feeling to finally be here.”

On switching to the off guard or shooting guard:

“In high school I played a lot of point guard but it’s fun to not have to bring the ball up all the time. I get to look for more shots or look to get my team mates shots. It’s fun.”

On her teammates (Alexander, Hamlin and Wahlin):

“All three of them are awesome. Kash is one of the best defenders I have ever had to play against. JoAnn finishes up inside all the time and Kamille is one of the best guards I’ve ever played with so it is going to be a fun year.”

On the hardest part of the college transition:

“Strength and quickness [will be the toughest]; everyone here is so much bigger and stronger. Besides that, the game is at a whole other level and that’s a big factor.”

“Strength training has been going good; they work us really hard during the preseason. I feel like I am getting stronger but there is still a lot of improvement to make.”

On what she is looking for:

“I am just excited to finally be here and be a part of it. This conference is awesome and it’s a privilege to play for the Iowa Hawkeyes, so I am just excited for the games and everything to get going.”

