



IOWA HAWKEYES

MEN'S SWIMMING & DIVING

ESTABLISHED 1917

2013-14 SCHEDULE		
Date	Opponent	Time
Sep. 27-28	at #1 Michigan * Michigan Water Carnival (Ann Arbor, Mich.)	L, 110-182
Oct. 11	Intrasquad Meet (Iowa City, Iowa)	Black, 122-104
Oct. 18	Michigan State * (Iowa City, Iowa)	W, 182-113
Nov. 1	#7 Minnesota * (Iowa City, Iowa)	L, 176-121
Nov. 8	at #22 Purdue/ #10 Ohio State* (West Lafayette, Ind.)	L, 173-127 L, 195-105
Dec. 6 - 8	Hawkeye Invitational (Iowa, Denver, Milwaukee, Notre Dame)	2nd (977.5 pts)
Jan. 18	#7 Missouri/ #16 Indiana* (Iowa City, Iowa)	L, 168-131 L, 195-102
Jan. 25	at Northwestern * (Evanston, Ill.)	L, 151-149
Jan 31 - Feb 1	Shamrock Invitational (South Bend, Ind.)	All Day
Feb. 7	Western Illinois (Iowa City, Iowa)	6 p.m.
Feb. 26 - March 1	Big Ten Championships (Ann Arbor, Mich)	All Day
Feb. 27 - March 1	Iowa Senior Championships (Iowa City, Iowa)	All Day
March 10 - 12	NCAA Zone Diving (Minneapolis, Minn.)	All Day
March 27 - 29	NCAA Championships (Austin, Texas)	All Day
April 12	Long Course Intrasquad (Iowa City, Iowa)	TBA

All times Central and subject to change | * -- Conference Event

THIS WEEK

The No. 25 University of Iowa men's swimming and diving travels to South Bend, Ind., for the Shamrock Invitational, hosted by Notre Dame. The invitational will take place from Jan. 31-Feb. 1 inside the Rolfs Aquatic Center.

LIVE RESULTS

Fans can follow along during days of the Shamrock Invitational via livestats, found at: <http://www.und.com/livestats/m-swim/013114/index.htm>.

MEET CAPTAINS

The meet captains for the Shamrock Invitational are senior Kyle Noser and junior Grant Betulius.

HAWKEYES DROP CLOSE DUAL TO NORTHWESTERN

Iowa dropped a closely contested Big Ten dual at Northwestern, 151-149, on Jan. 25 inside the Norris Aquatics Center. The Hawkeyes, who won seven individual events on the afternoon, were in a position to win until the final event of the dual. Rhoads paced Iowa, posting two individual victories along with a relay win. In the 100-back, the Ames, Iowa, native touched out in 48.25 seconds, an NCAA 'B' cut, to take the top time, while also claiming the 200-back in 1:47.32. The Hawkeyes dominated the breaststroke events, finishing first in both the 100 and 200-breast. Trussov achieved an NCAA 'B' cut when he touched out in 55.14 to win the 100-breast, while finishing second in the 200-breast (2:02.11). Freshman Nick Zito won the 200-breast title, finishing in 2:00.76. Zito would continue his winning ways when he captured the 200-IM in 1:51.95. Zito was also part of a 1-2-3 finish in the event, as senior Tyler Lentz (1:52.45) and senior Kyle Noser (1:52.98) all scored points for the Hawkeyes.

SCOUTING THE INVITATIONAL

Notre Dame will host the Hawkeyes in the Shamrock Invitational along with Incarnate Word and Missouri State. This is the first time this year that the Hawkeyes have met Incarnate Word and Missouri State. Notre Dame claimed the Hawkeye Invitational title, Dec. 6-8, in Iowa City.

HAWKEYES IN THE RANKINGS

The Hawkeyes are ranked 25th in the College Swimming Coaches Association of America (CSCAA) poll, released Jan. 21. The Hawkeyes are one of seven Big Ten programs ranked in the top 25 along with Michigan (1), Indiana (8), Ohio State (9), Minnesota (14), Purdue (17), and Penn State (23).

NCAA 'B' CUTS

The Hawkeyes have posted 15 NCAA 'B' cuts, three Zone Diving standards, and one NCAA provisional time on the season. Grant Betulius, Dustin Rhoads, Andrew Marciniak, Roman Trussov, Quillan Oak, and Tyler Lentz have all posted two NCAA 'B' cut times, while David Ernstsson, Andrew Parker, and Chris Freeman have posted one 'B' cut time. Addison Boschult has three Zone Diving standards, and the team of Betulius, Marciniak, Rhoads, and Ernstsson posted a provisional qualifying time in the 400-medley relay.

IOWA NAMED USA DIVING "CENTER OF EXCELLENCE"

UI diving coach Todd Waikel and the Hawkeye diving program have been selected as a USA Diving "Center of Excellence" for 2014. Iowa received the distinction based on its outstanding results and continual production of world-class athletes (Deidre Freeman).





HEAD COACH MARC LONG

Marc Long is in his 10th season as head coach for the University of Iowa swimming and diving team, and ninth leading both the men and women's squads. He served two seasons as the Iowa women's assistant coach (2003-04) before taking over the helm for the 2004-05 season. He also served as the Hawkeye men's assistant coach from 1998-2001.

During his tenure as head coach of both programs, 75 school records have fallen and 112 Hawkeyes have automatically or provisionally qualified for the NCAA Championships.

In 2012-13, Long guided the Hawkeyes to a 32nd place finish at the NCAA Championships, marking the program's second-straight finish among the top-32 teams nationally. Six men's student-athletes competed at the championships, and Iowa earned honorable mention All-America honors in three events -- 200-metley relay, 400-metley relay and 100 backstroke.

Twenty-one school records went down during the course of the season and 20 Iowa student-athletes posted NCAA automatic or provisional times. The men's team finished seventh at the Big Ten Championships with 245 points, while the women's squad was 10th with 113 points.

The men's team finished the 2013 season ranked 20th in the Collegesswimming.com/CSCAA Coaches Poll after posting a 7-3 dual record; the women's squad received votes in the rankings during the season and finished the year with an 8-2 record. Academically, 25 Hawkeyes earned Academic All-Big Ten recognition.

During the 2011-12 season, Long led the UI men's team to a fifth place showing at the Big Ten Championships, the program's highest finish since 1996. Two Iowa relays -- the 200 and 400 free relays -- won Big Ten titles, marking the program's first relay crown in 17 years. Five Hawkeyes garnered first team All-Big Ten recognition.

The women's team finished ninth at the 2012 Big Ten Championships with 201 points. Freshman Becky Stoughton became the first Hawkeye to be selected as the Big Ten Freshman of the Year after finishing in the top six in three individual events.

The Iowa men's team posted a 26th place finish at the NCAA Championships, its best showing since 1995, and three Hawkeye relays earned honorable mention All-America honors. Stoughton became the first UI female swimmer to advance to the NCAA Championships since 2005 and the first freshman since 2002. She earned honorable mention All-America honors after placing ninth in the 1,650 free.

The men's team finished the season with a 7-2 dual meet record, running its four-year mark to an impressive 31-5. The team climbed to a program best 10th in the CSCAA dual meet rankings and finished the season ranked 14th. The Hawkeye women posted a 10-6 record, the most dual victories since the 1985-86 season.

Twenty-four Iowa student-athletes garnered Academic All-Big Ten honors during the 2011-12 season. Four women's swimmers were recognized with the Big Ten Distinguished Scholar Award, and nine Hawkeyes earned Scholar All-America recognition by the College Swimming Coaches Association of America (CSCAA). The women's team earned Scholar All-America team honors for the eighth straight year, finishing with the third-best grade point average in the nation.

Iowa set 18 school records during the 2011-12 season (11 men, seven women) and 18 Hawkeyes posted a NCAA qualifying time. In June 2012, 14 Hawkeyes represented the program at the 2012 U.S. Olympic Team Trials in Omaha.

HAWKEYES TO HOST NCAA CHAMPIONSHIPS

The University of Iowa has been selected as the host site for the 2015 Men's NCAA Swimming and Diving Championships. This marks the second time that NCAA Men's Swimming and Diving Championships will be held in Iowa City. The UI hosted the 1927 NCAA Championships at the UI Field House. The announcement also means that the University of Iowa will host the 2015 Big Ten Men's Swimming and Diving Championships.

BOSCHULT EARNS BIG TEN DIVER OF THE WEEK

Sophomore Addison Boschult was named Big Ten Diver of the Week on Dec. 10. Boschult earned the accolade after claiming the top spot in the platform competition at the Hawkeye Invitational. Boschult's final score of 373.85 is an Iowa record, and an NCAA Zone Diving standard. Boschult also placed sixth in the 3-meter springboard, and eighth in the 1-meter competition. On the year, Boschult has earned NCAA Zone Diving standards in both springboard events, as well as the platform.

TRUSSOV EARNS BIG SWIMMER OF THE WEEK HONORS

Sophomore Roman Trussov was named Big Ten Swimmer of the Week on Nov. 5. The Kazakhstan native swam four events against the Gophers, winning two individual events, while placing second and third in a pair of relays. The Swimmer of the Week honor is the first of Trussov's career and Iowa's first honoree since 2011. Last season he was selected as the Big Ten Freshman of the Week on Nov. 6.

HAWKEYES SET WORLD RECORD

Iowa swam to a World Record in the 200 short course meters mixed-medley relay at the Michigan Water Carnival. In the second-to-last event, the Hawkeyes swam to a World Record time when seniors Dustin Rhoads and Andrew Marciniak, junior Haley Gordon and sophomore Olivia Kabacinski finished with a time of 1:47.61. Iowa also bested a previous World Record time in the mixed 200-meter freestyle relay when sophomore Jackson Allen, senior Gianni Sesto, freshman Emma Sougstad and sophomore Allie Orvis posted a time of 1:40.26. Michigan took down the old record, finishing in 1:36.78.

ZITO EARNS BIG FRESHMAN OF THE WEEK HONORS

Freshman Nick Zito was named Big Ten Freshman of the Week on Oct. 1. Competing in his first collegiate dual at defending national champion Michigan, Zito swam four events for the Hawkeyes, placing second twice, third, and seventh. In the 200-yard breaststroke, the Lombard, Ill., native placed second (2:02.10), behind fellow teammate and NCAA qualifier Roman Trussov. In the 400-yard freestyle relay, Zito swam the anchor leg, touching out in 3:03.27. He also placed third in the 200-yard IM in 1:54.56, and placing seventh in the 200-yard freestyle.

RETURNING ALL-AMERICANS

The men's squad returns junior Grant Betulius and senior Andrew Marciniak who earned All-America recognition last season. Betulius earned honorable mention All-America honors in the 100 back as well as being a part of the 200 and 400 medley relays. Marciniak was also a member of both medley relays. Iowa also returns NCAA qualifiers David Ernstsson and Roman Trussov. Ernstsson swam in the 800-free relay, while Trussov finished 24th in the 200-breaststroke.

RECORD BREAKING YEAR

The Hawkeyes are coming off a 2012-13 season where nine records were broken. Individually, Grant Betulius (100 back - 46.33), Byron Butler (200 back - 1:43.59, 100 fly - 47.05), Andrew Marciniak (100 breast - 53.59), Roman Trussov (200 breast - 1:55.84), and Tyler Lentz (200 IM - 1:46.15) all captured school records. Jordan Huff, David Ernstsson, Gianni Sesto and Betulius broke the record in the 800 free relay (6:26.79). In the 200



medley relay, the record was broken by Betulius, Korey Schneider, Butler and Huff (1:25.82). The quartet of Betulius, Marciniak, Butler and Huff broke the record in the 400 Medley Relay (3:09.66).

ACADEMIC HONORS

One member from the 2012-13 men’s team was named to the Scholar All-America First Team while two other members were named honorable mention. Byron Butler was named to the first team after being an honorable mention selection in 2011-12. Joining Butler were teammates Dustin Rhoads and Manuel Belzer. For Belzer, it is his second consecutive year earning honorable mention recognition, while Rhoads earned the distinction for the first time. The team was recognized as a CSCAA All-America Team for the third time in program history.

HEAD COACH MARC LONG

Marc Long is in his 10th season as head coach for the University of Iowa swimming team. It’s his eighth as head coach of the combined program. During his tenure as head coach of both programs, 75 school records have fallen and 112 Hawkeyes have provisionally qualified for the NCAA Championships.

CAMPUS RECREATION AND WELLNESS CENTER

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is home for the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

IOWA SWIMMING AND DIVING TRADITION

Iowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

NEXT EVENT

Iowa returns home for its final meet before Big Ten Championships, hosting Western Illinois in the annual Senior Meet. The senior recognition will begin around 5:45 p.m. (CT), with competition slated for 6 p.m. (CT).

2013-14 SEASON-BEST TIMES

50 Free	Gianni Sesto	20.40
100 Free	David Ernstsson	44.59
200 Free	David Ernstsson	1:37.28 (B)
500 Free	Manuel Belzer	4:25.59
1,000 Free	Manuel Belzer	9:26.35
1,650 Free	Manuel Belzer	15:40.22
100 Back	Grant Betulius	46.87 (B)
200 Back	Dustin Rhoads	1:43.98 (B)
100 Breast	Andrew Marciniak	53.59 (B) (SR)
200 Breast	Roman Trussov	1:57.37 (B)
100 Fly	Dustin Rhoads	48.71
200 Fly	Chris Freeman	1:48.86
200 IM	Tyler Lentz	1:48.17 (B)
400 IM	Tyler Lentz	3:52.70 (B)
200 Free Relay	Sesto, Ernstsson, Allen, Halsmer	1:20.26
400 Free Relay	Sesto, Betuliu, Halsmer, Ernstsson	2:57.20
800 Free Relay	Sesto, Belzer, Gannon, Betulius	6:37.45
200 Medley Relay	Betulius, Trussov, Rhoads, Ernstsson	1:27.29
400 Medley Relay	Betulius, Marciniak, Rhoads, Ernstsson	3:10.58 (Prov)
One-Meter Diving	Addison Boschult	308.05 (ZS)
Three-Meter Diving	Addison Boschult	323.40 (ZS)
Platform Diving	Addison Boschult	373.85 (ZS) (SR)

(A) - NCAA A Cut (B) - NCAA B Cut * -- school record ** pool record

