

## Clinician's Biographies

### University of Iowa Coaching Staff

**SHARON DINGMAN**  
Head Coach

**BEN BOLDT**  
Assistant Coach

**JASON ALLEN**  
Assistant Coach

**ANGIE BOLDT**  
Director of Operations

#### Highlights of the Dingman Era

Led Hawkeyes to most conference wins and most overall wins since 2000

Led the Hawkeyes to their best start in program history

Rank 23rd in the country in attendance

First team to take a set off of Penn State in 141 sets

16 Academic All-Big Ten Awards

Two Academic All-District Players



### TARA CROSS-BATTLE

#### Olympic Career

First Four Time Volleyball Olympian in US History (1992, 1996, 2000, 2004)

#### Collegiate Career

Four Time Division I All-American Outside Hitter for Long Beach State (1986-1989)

Two Time Division I Player of the Year at Long Beach State (1988 & 1989)

#### Coaching Experience

Head Training Coach for Texas Tornados Volleyball Club (2006-present)

Assistant Coach USA Women's National Team

## Clinician's Biographies



### TOM KEATING

#### Coaching Highlights

Overall Record: 776-82

11 State Championships

17 Conference Championships

#### Coaching Accolades

2009 IGCA Hall of Fame Inductee

7 Time Iowa Coach of the Year

2003 NFHS National Coach of the Year

2003 Prepvolleyball.com National Coach of the Year

2002 NHSACA National Coach Hall of Fame

IGCA Eagle Award for Service



### SHIRLEY RYAN

#### Coaching Highlights

Overall Record: 789-114

2 State Championships (1984 & 2009)

State Runner-Up (1985, 2007, 2008)

#### Coaching Accolades

2009 Iowa Coach of the Year

2009 NHSACA National Coach of the Year Finalist



**2010 COACHES CLINIC**  
**August 14<sup>th</sup> - 15<sup>th</sup>**

### FEATURING

#### **Tara Cross-Battle**

**Four Time Volleyball Olympian**

**Four Time Division I All-American**

**Texas Tornados Club Director & Coach**

#### **Tom Keating**

**Former Dubuque-Wahlert Head Coach**

**11 State Championships**

**Overall Record: 776-82**

#### **Shirley Ryan**

**Mount Vernon Head Coach**

**2009 2A State Champions**

**2009 2A Iowa Coach of the Year**

### IOWA COACHING STAFF

#### **Sharon Dingman**

**Head Volleyball Coach**

#### **Jason Allen**

**Assistant Coach**

#### **Ben Boldt**

**Assistant Coach**

#### **Angie Boldt**

**Director of Volleyball Operations**



# IOWA VOLLEYBALL



## Clinic Details

### Cost

\$90 Per Coach

Includes: Clinic Notebook, T-Shirt, and Lunch on Sunday

### Hotel Options

*Hotel information will be provided with your confirmation letter.*

### Clinic Location

CARVER HAWKEYE ARENA

Located on the corner of Hawkins Drive and Newton Road in Iowa City, IA

*Directions and Parking information will be provided with your confirmation letter.*

### Questions?

Contact Director of Volleyball Operations

Angie Boldt

319-335-9351

angie-boldt@uiowa.edu



## Clinic Schedule

### Saturday, August 14th

6:00pm - 9:00pm

2:30pm	Iowa Team Practice (Open Practice)
5:00pm	Clinic Registration
6:00pm	Welcome
	Setter Training
	by Sharon Dingman
7:00pm	Outside Hitter Training
	by Tara Cross-Battle
8:00pm	Middle Blocker Training
	by Jason Allen

### Sunday, August 15th

9:00am - 5:00pm

9:00am	Potpourri of Mount Vernon Volleyball: What Made a Difference
	by Shirley Ryan
10:00am	Training Serve Receive
	by Tom Keating
11:00am	Improving Your Team's Volleyball IQ
	by Tom Keating
12:00pm	Lunch in Carver
1:00pm	Running a Practice with 9 Players
	by Tara Cross-Battle
2:00pm	What Defense Should I Run?
	by Ben Boldt
3:00pm	Strength and Conditioning for Volleyball
	by JC Moreau
4:00pm	Drills, Drills, Drills
	by Iowa Coaching Staff
5:00pm	Clinic Ends

## Registration Form

Send Registration Form and Payment To:

**Iowa Volleyball Coaches Clinic**  
**Attn: Angie Boldt**  
**213 CHA**  
**Iowa City, IA 52242**

**Make checks payable to the:**

**University of Iowa**

Name

School/Club

Home Address

City

State

Zip

Cell Phone

Home Phone

Email

**Confirmation letters will be sent via email.  
Please write email address legibly.**

