

IOWA HAWKEYES

Swimming & Diving Contact: Ashley Carlson

WOMEN'S SWIMMING & DIVING WEEKLY RELEASE

October 18, 2010

2010-11 Schedule

- 10/2 Black/Gold Intrasquad*
Black-100, Gold-90**
- 10/8 Truman State*
W, 159-99**
- 10/15 University of Wisconsin*
L, 208-92**
- 10/22 at Michigan State*
East Lansing, MI -- 5 pm
- 11/5 at University of Minnesota*
Minneapolis, MN -- 5pm
- 12/ 3-5 Hawkeye Invitational*
Iowa City, IA -- Prelim/Final**
- 12/10 Iowa State#
Iowa City, IA -- 6 pm**
- 1/6-13 Winter Training & Competition
TBD
- 1/27-2/6 U.S. Diving Nationals
Iowa City, IA -- TBD**
- 1/15 at Illinois#
Champaign, IL -- 11 am
- 1/22 Northwestern*
Iowa City, IA -- 11 am
- 1/28-29 at Shamrock Invitational*
South Bend, IN -- All Day
- 2/4 Western Illinois* & UNI#
Iowa City, IA -- TBA**
- 2/16-19 at Big Ten Championships#
Bloomington, IN -- Prelim/Final
- 2/23-26 at Big Ten Championships^
Minneapolis, MN -- Prelim/Final
- 3/26-27 Last Chance NCAA Qualifier#
TBA
- 3/5-6 Last Chance NCAA Qualifier^
TBA
- 3/ 11-13 at NCAA Diving Qualifier*
TBA
- 3/17-19 at NCAA Championships#
Austin, TX -- Prelim/Final
- 3/24-26 at NCAA Championships^
Minneapolis, MN -- Prelim/Final
- 4/ 16 Alumni Meet*
Iowa City, IA -- 11 am**

All times are local to site.

* -- co-ed meet

-- women's only meet

^ -- men's only meet

% - Hy-Vee Cy-Hawk Series

THIS WEEK

The University Iowa women's swimming and diving team will hit the road for the first time this season. The team will take on Michigan State at the McCaffree Pool Friday. The event will start at 4 p.m. (CT).

"We are excited about our first Big Ten road trip of the season," said Head Coach **Marc Long**. "It's another opportunity to swim against a great competitive team."

NEXT WEEK

The Iowa women's swimming team will continue conference competition when they travel to take on Minnesota Nov. 2. The event will start at 5 p.m.

LAST WEEK

The University of Iowa women's swimming and diving team hosted the Wisconsin Badgers at the first Big Ten meet of the season. The Hawkeyes fell to the Badgers 208-92.

The Iowa divers had their first competition of the season against the Badgers. On the 1-meter boards senior Deidre Freeman claimed the top spot with a score of 270.97. Junior Veronica Rydze came in second with a score of 266.70. Hawkeye newcomer Lauren Kelba placed fourth in the event (234.15) while sophomore Mary Sue LeMay finished in fifth (214.35).

HEAD COACH MARC LONG

Marc Long is in his seventh season as head coach for the University of Iowa swimming team. It's his sixth as head coach of the combined program. During his tenure as head coach of both programs, 17 school records have fallen and 39 Hawkeyes have provisionally qualified for the NCAA Championships.

DIVING COACH BOB RYDZE

Bob Rydze is in his 36th year as diving coach of the men and women's teams at the University of Iowa. Rydze served as Team Leader for USA Diving at the 2008 Olympics in Beijing, China. During his tenure with the Hawkeyes, Rydze has coached 31 all-Americans, nine Big Ten and one NCAA Champion.

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WOMEN'S IOWA HAWKEYES: SWIMMING & DIVING WEEKLY RELEASE --

CAMPUS RECREATION AND WELLNESS CENTER-

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is the new home of the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

IOWA SWIMMING HISTORY & TRADITION

Iowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten Champions.

CAPTAINS COUNCIL

Eight student-athletes have been named to the 2010-11 Captains Council. **April Allen, Danielle Carty, Daniela Cubelic, Max Dittmer, Bryan Hill, Jordan Huff, Ryan Phelan** and **Katarina Tour** were each voted to the council by their peers and coaches.

"It's a tremendous honor to be selected to this elite group," said Long. "The council members will meet regularly with the coaches and provide great leadership for this year's team. We're looking forward to continued team development in partnership with these outstanding individuals."

MALONE NAMED ASSOCIATE HEAD COACH

Frannie Malone was named to the position of associate head coach. Malone had served as an assistant coach and recruiting coordinator since joining the Hawkeye coaching staff in 2004.

"I'm pleased to announce the promotion of Frannie Malone to the position of associate head coach," said Long. "Frannie has been a dedicated ally in the development and success of our teams. Her tireless work and commitment to Iowa swimming and diving has poised our program for an exciting future. I look forward to working with Frannie and the rest of our talented staff as we continue to take our program to new heights."

2010-11 Top Times

Women:

50 Free	Daniela Cubelic	24.08
100 Free	Daniela Cubelic	51.65
200 Free	Daniela Cubelic	1:50.94
500 Free	Emily Christiansen.....	5:05.80
1,000 Free	Christine Mauro	10:21.57
1,650 Free		
100 Back	Daniela Cubelic	56.02
200 Back	Daniela Cubelic	2:02.57
100 Breast	Karolina Wartalowicz	1:04.82
200 Breast	Karolina Wartalowicz	2:21.97
100 Fly	Katarina Tour	56.19
200 Fly	Haley Gordon.....	2:07.43
200 IM.....	Haley Gordon.....	2:07.68
400 IM.....		
200 Free Relay		1:37.80
400 Free Relay		3:30.18
800 Free Relay		
200 Medley Relay		1:44.35
400 Medley Relay		
One-Meter Diving.....	Deidre Freeman	270.97
Three-Meter Diving ...	Veronica Rydze	291.75

(B) - NCAA B Cut, * -- school record