

# Iowa Volleyball Camp 2010

## Dates and Fees

All camps available to  
5th thru 12th graders

<p><b>Day Camp</b> June 14th and 15th at the Iowa Field House</p> <p><u>5th - 8th Grade Schedule</u> <b>Monday, June 14th</b></p> <ul style="list-style-type: none"> <li>• Check In: 8:30am</li> <li>• Session I: 9am-12pm</li> </ul> <p><b>Tuesday, June 15th</b></p> <ul style="list-style-type: none"> <li>• Session II: 9am-12pm</li> </ul> <p><u>9th-12th Grade Schedule</u> <b>Monday, June 14th</b></p> <ul style="list-style-type: none"> <li>• Check In: 12:30pm</li> <li>• Session I: 1pm-4pm</li> </ul> <p><b>Tuesday, June 15th</b></p> <ul style="list-style-type: none"> <li>• Session II: 1pm-4pm</li> </ul>	<p><b>\$80.00</b></p>
<p><b>Setter / Libero Camp</b> July 17th at the Iowa Field House <b>Saturday, July 17th</b></p> <ul style="list-style-type: none"> <li>• Check In: 12:30pm - Iowa Field House, Main Deck</li> <li>• Session I: 1:00-4:00pm</li> <li>• Dinner: 4:00-5:30pm</li> <li>• Session II: 5:30-8:00pm</li> </ul>	<p><b>\$90.00</b></p>
<p><b>Individual Camp</b> July 18-20 at the Iowa Field House and Carver Hawkeye Arena <b>Sunday, July 18th</b></p> <ul style="list-style-type: none"> <li>• Check In: 8:30-10:00am at Field House</li> <li>• Session I: 10am-12pm</li> <li>• Session II: 1:30-4:30pm</li> <li>• Session III: 6:00-8:30pm</li> </ul> <p><b>Monday, July 19th</b></p> <ul style="list-style-type: none"> <li>• Session IV: 9am-12pm</li> <li>• Session V: 1:30-4:30pm</li> <li>• Session VI: 6:00-8:30pm</li> </ul> <p><b>Tuesday, July 20th</b></p> <ul style="list-style-type: none"> <li>• Session VII: 9am-12pm</li> <li>• Session VIII: 1:30-4:30pm</li> <li>• Camp Conclusion: 4:30pm Field House</li> </ul>	<p><b>Resident \$290.00</b></p> <p><b>Commuter \$220.00</b></p>

## Day Camp

The goal of Day Camp is to teach players the FUNdamentals of volleyball. All levels of players are welcome from beginner to Varsity starter. It's a great camp to be introduced to volleyball or to refine your skills. Campers will train with current Hawkeye Coaches and Players. Mail in Registration only.

## Setter/Libero Camp

Setter/Libero Camp is designed to teach players the basic fundamentals of their specific position. This day camp covers all the aspects of setter/libero training and will provide campers with many drills and exercises that they can do at home. The camp caters to beginning setters/liberos as well as the most experienced setters/liberos at the high school level. Mail in Registration only

## Individual Camp

Individual Camp is set up to teach players the fundamentals of power volleyball. The camp's goal is to meet the needs of each individual camper. The camp offers eight total sessions including a sand volleyball session (weather permitting). Campers will be broken down into groups based on skill level. All campers will receive a camp T-Shirt and a camp volleyball and have the option to stay overnight in the dorms. Mail in OR ONLINE Registration Accepted.



## REGISTRATION

### TO REGISTER FOR INDIVIDUAL CAMP

Go to [www.iowasportscamps.com](http://www.iowasportscamps.com)  
Under the "Camps" Tab...

Register ONLINE or Mail Individual  
Camp Application and Medical Release To:  
**The University of Iowa Sports Camps**  
**203 Field House**  
**Iowa City, IA 52242**

**Questions? Contact the Iowa Sports  
Camps office at 319-335-7961**

### TO REGISTER FOR DAY CAMP and/or SETTER/LIBERO CAMP

Go to [www.iowasportscamps.com](http://www.iowasportscamps.com)  
Under the "Camps" Tab...  
Click on the "For More Information  
on Day Camps" link

Mail Completed Applications and Medical  
Release Found at this Link To:  
**Iowa Volleyball Camps**  
**219 CHA**  
**Iowa City, IA 52242**

**Questions? Contact Iowa Volleyball at  
319-335-9351 or [angie-boldt@uiowa.edu](mailto:angie-boldt@uiowa.edu).**  
**DO NOT CONTACT THE  
IOWA SPORTS CAMPS OFFICE  
CONCERNING THESE TWO CAMPS.**

## Medical

A medical form signed by a doctor or a school sports physical within one year of camp date is required to participate, **no exceptions!!** You can download a medical form at [www.iowasportscamps.com](http://www.iowasportscamps.com), under the forms tab. If you provide a school physical, the release of liability, medical and media authorization still needs the parental signature on the original medical form. Trainers will be provided at all sessions.

## Acceptance

### Day Camp and Setter/Libero Camp:

- An Email Confirmation will be sent with additional camp and registration information.

### Individual Camp:

- Acceptance to the camp will be sent a confirmation letter by mail or e-mail with additional camp and registration information.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, 319-335-0705.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires reasonable accommodations in order to participate in this program, please contact the Sports Camps office at 319-335-7961 for Individual Camp or the Iowa Volleyball Office at 319-33-9351 for the Day Camp or Setter/Libero Camp

**REGISTER ONLINE for  
Individual Camp (July 18-20) at  
[www.iowasportscamps.com](http://www.iowasportscamps.com)**

**All other camps by mail in only.**

## Iowa Volleyball Coaches



**Sharon Dingman**  
Head Coach

- **2008-Present**  
University of Iowa
- **2000-2007**  
Illinois State
- **1992-1999**  
Butler University
- **1991**  
Auburn University



**Jason Allen**  
Assistant Coach



**Ben Boldt**  
Assistant Coach



**Angie Boldt**  
Director of Operations



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