

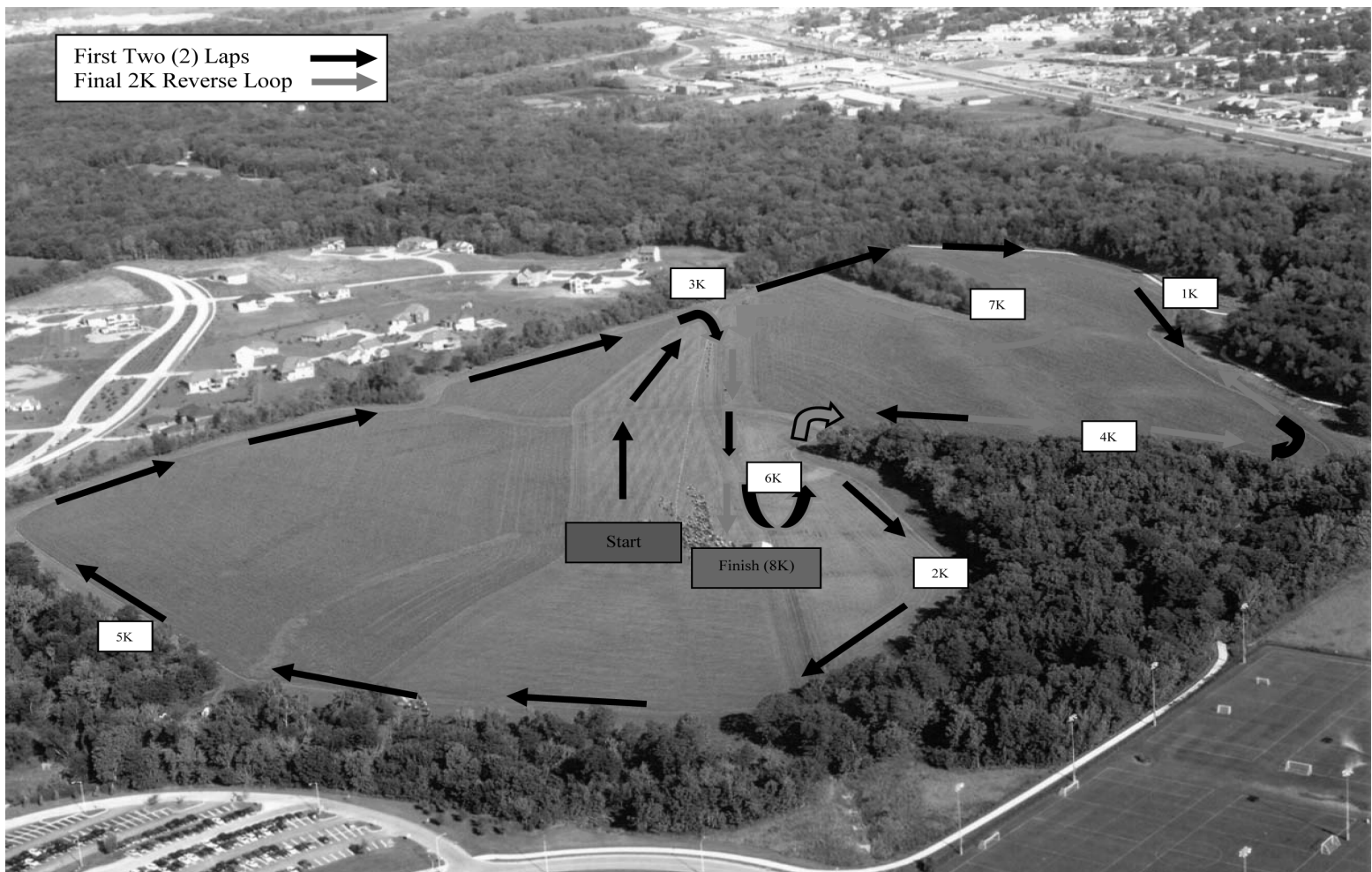


CROSS COUNTRY CHAMPIONSHIPS



ASHTON CROSS COUNTRY COURSE
IOWA CITY, IOWA
Nov. 2, 2014

WOMEN'S 6K @ 10:45 A.M.
MEN'S 8K @ 11:45 A.M.



IOWA HAWKEYES

University of Iowa Athletic Communications – Jordan Bucher, Cross Country



CROSS COUNTRY WEEKLY RELEASE

OCT. 27, 2014

2014 SCHEDULE

| Date | Opponent (Location) | Time |
|--------------|---|-------------------|
| 8/29 | at Bulldog 4K Classic (Des Moines, Iowa)..... | 5 p.m. |
| 9/12 | at Illinois State Invitational (Normal, Ill.)..... | 5 p.m. |
| 9/20 | Big Ten Preview (Iowa City, Iowa)..... | 8 a.m. |
| 10/03 | at Notre Dame Invitational (South Bend, Ind.)... | 1 p.m. |
| 10/18 | at Pre-National Invitational (Terre Haute, Ind.)... | 10 a.m. |
| 11/02 | Big Ten Championships (Iowa City, Iowa)..... | 10:45 a.m. |
| 11/14 | NCAA Midwest Regional (Peoria, Ill.)..... | 1 p.m. |
| 11/22 | NCAA Championships (Terre Haute, Ind.)..... | 11 a.m. |

All times are Central and subject to change.

Home events in **BOLD**.

2014 QUICK FACTS

General Information

Location: Iowa City, Iowa

Enrollment: 31,498

Conference: Big Ten

Facility: Ashton Cross Country Course

Coaching Information

Head Coach: Layne Anderson

Year at Iowa: 12th

Alma Mater, Year: The Citadel, 1989

Volunteer Assistant Coach: John Michael Brandt

Year at Iowa: 1st

Alma Mater, Year: Iowa, 2014

Media Information

Cross Country SID: Jordan Bucher

E-Mail Address: jordan-bucher@uiowa.edu

Phone: (507) 254-1464

Web Site: hawkeyesports.com

FOLLOW THE HAWKEYES

Facebook: U of I Cross Country and Track & Field

Twitter: @IowaXC_TF

Instagram: iowaxctf

*Follow the Hawkeyes for updates on the team throughout the 2014 season.

THIS WEEK

The University of Iowa cross country team hosts the 2014 Big Ten Cross Country Championships on Sunday at the Ashton Cross Country Course. The women's 6,000-meter competition begins at 10:45 a.m. (CT) with the men's 8,000-meter race following at 11:45 a.m. (CT).

TICKET SALES

Tickets can be purchased online at hawkeyesports.com, over the phone at 1-800 IA-HAWKS, or by visiting the UI Athletics Ticket Office location in Carver-Hawkeye Arena. Tickets purchased prior to Sunday are \$8 for adults and \$3 for youth (18 & under). Tickets purchased on site are \$10 for adults and \$5 for youth.

ASHTON CROSS COUNTRY COURSE

The Bill and Jim Ashton Cross Country Course was dedicated in 2004 in conjunction with the last time Iowa hosted the Big Ten Championships. The course is located west of the Finkbine Golf Course and adjacent to the UI Athletics Hall of Fame, accessible from both Mormon Trek Boulevard and Melrose Avenue.

IN THE RANKINGS

The Iowa men and women appeared in the latest USTFCCCA rankings released Oct. 20. The men's team moved up two spots to No. 7 in the Midwest Region, while the women came in at No. 15.

LEWIS ROLLS ON ASHTON

Senior Kevin Lewis has placed first twice, and second once in three career races at the Ashton Cross Country Course. He won 2011 Iowa Invite and 2013 Black & Gold Invitational, and placed second at the 2011 Iowa Open. Lewis has led the team in his past eight races, but did not compete at the Pre-National Invitational on Oct. 18 due to soreness in his knee. He recorded a season best 8,000-meter time of 24:22 at the Illinois State Invitational on Sept. 12.

NEWHOUSE REPEATS

Sophomore Carolyn Newhouse has led Iowa in its previous two outings at the Notre Dame Invitational in South Bend, Indiana, on Oct. 3 and the Pre-National Invitational in Terre Haute, Indiana, on Oct. 18. The sophomore recorded a personal best time of 22:27 in the 6,000-meter race at the Pre-National Invitational, cruising to a 31st place finish overall. She is one of five Hawkeye top finishers this season. Other Iowa leaders include redshirt freshman Courtney Bruns, sophomore Katie Adams, and junior Jocelyn Todd.

SCOUTING THE BIG TEN

The men's race features Wisconsin (6th), Michigan (14th), Indiana (20th), and Michigan State (22nd). Michigan State is the top ranked team in the nation on the women's side. Erin Finn of Michigan won this year's Big Ten Preview meet on Sept. 20 at the Ashton Cross Country Course. Michigan (4th), Wisconsin (8th), Ohio State (19th), and Minnesota (20th) will be heavy competitors in the field.

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CROSS COUNTRY WEEKLY RELEASE

BIG TEN RETURNS TO IOWA CITY

This will be the sixth time Iowa hosts the Big Ten Cross Country Championships and the first time the event has come to Iowa since 2004. The men's team grabbed a third-place finish (110), while the women finished seventh (170) in 2004.

HAWKEYE BIG TEN HISTORY

Eight Hawkeyes (6 men, 2 women) have been crowned Big Ten Individual Champions. Tracy Dahl Morris was Iowa's first female Big Ten Champion in 1992. Diane Nukuri was the last woman to win the title. She clocked a Big Ten Championships record time of 19:37 (6,000-meters) to win gold in 2007.

Former Director of Track & Field Larry Wiecek was the last Iowa male to take the Big Ten crown. Wiecek won back-to-back titles in 1966 (4 miles; 19:02.5) and 1967 (5 miles; 24:17), setting the Big Ten Championships record in the four mile race. He is one of 19 Big Ten student-athletes to win two or more titles. That group includes three Hawkeyes -- Wiecek, Rich Ferguson (1952-53), and H.R. Phelps (1923-24).

The women's team claimed its first Big Ten title at the 1982 Cross Country Championships in Iowa City. The Hawkeyes placed four runners in the top 15. Nan Doak ran as Iowa's number one runner, crossing the line in third. Doak was a two-time All-American for Iowa in cross country, placing 10th at both the NCAA and TAC National Championships. Her 5,000-meter time (16:31) ranks fourth all-time in school history. Teammates Jenny Spangler, Jodi Hersberger, and Anne Dobrowolski finished 10th, 11th, and 13th.

HOME COURSE ADVANTAGE

Hawkeye territory was first home to the Big Ten Championships in 1931 when the men's team placed seventh. The Big Ten Championships returned to Iowa City in 1962 and the men's team claimed a second place finish. Iowa hosted the conference meet again in 1972, 1982, and 1994. Iowa's first team all-Big Ten selections are Kevin Herd (1992-93) and Micah VanDenend (2006).

MAKING AN APPEARANCE

Former Director of Track & Field Larry Wiecek and two-time All-American Nan Doak will hand out awards following the conclusion of the men's and women's races Sunday.

ALUMNI DINNER

An alumni dinner will take place from 7 to 9 p.m. Saturday at UI Athletics Hall of Fame. The event is by invitation only. If interested, please contact Director of Operations Kate See at kathryn-see@uiowa.edu. Heavy o'doeuvres and a cash bar are provided.

LIVE RESULTS

The 2014 Big Ten Cross Country Championships will air on BTN on Wednesday, Nov. 12 at 7 p.m. (CT). Jay Wilson, Eric Vetter and Dave Hunter will call the action from the Ashton Cross Country Course.

BIG CHAMPIONSHIPS ONLINE

Live results are available on the cross country schedule page at hawkeyesports.com and cfptiming.com.

MEN'S 8K SEASON/CAREER BESTS

| | |
|----------------------------|-------|
| Kevin Lewis, SR | 24:15 |
| Ben Anderson, SO..... | 24:42 |
| Ben Witt, SR..... | 24:46 |
| Anthony Gregorio, SO..... | 24:54 |
| Taylor Soltys, SO | 24:58 |
| Nate Ferree, SO | 24:58 |
| Michael Melchert, FR | 25:32 |
| Daniel Huff, SO | 25:42 |
| Matt Butler, SO | 25:44 |
| Kevin Docherty, SO | 25:05 |
| Brook Price, *FR | 25:50 |
| Sam Fourman, SR | 25:53 |
| Michael Hart, SO | 26:00 |
| Sam McElhiney, SO | 26:08 |
| Josh Sindelar, *FR | 26:09 |
| Connor Simmons, SO..... | 26:23 |

WOMEN'S 6K SEASON/CAREER BESTS

| | |
|-------------------------------|-------|
| Jocelyn Todd, JR..... | 22:21 |
| Carolyn Newhouse, SO | 22:27 |
| Katie Adams, SO | 21:59 |
| Samantha Zishka, SO | 22:31 |
| Tess Wilberding, SO | 22:36 |
| Marta Bote Gonzalez, FR | 22:48 |
| Courtney Martin, JR..... | 21:51 |
| Kelly Breen, *FR..... | 23:26 |
| Alana Jones, SO | 23:35 |
| Lindsey Bruns, SO | 23:42 |
| Grace Haerr, SO | 24:41 |

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CROSS COUNTRY WEEKLY RELEASE

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Men's Top 10 All-Time Best Performers

6,000 Meters

1. Eric MacTaggart18:182005 Hawkeye Invite
2. Jeff Thode.....18:212009 Hawkeye Invite
3. Dan Haut18:242005 Hawkeye Invite
4. Jeff Kent18:272005 Hawkeye Invite
5. Nick Holmes18:302009 Hawkeye Invite
6. Adam Roche18:332005 Hawkeye Invite
Sam Bailin18:332009 Hawkeye Invite
Kevin Lewis.....18:332013 Iowa Invite
9. Jesse Luciano18:402008 Hawkeye Invite
10. Tommy Tate18:41at 2006 Early Bird Invite

8,000 Meters

1. Jesse Luciano23:01at 2008 Auburn Invite
2. Micah VanDenend.....23:39at 2006 Pre-Nationals
3. Eric MacTaggart23:24at 2008 Auburn Invite
4. Jeff Thode.....23:27at 2010 Bradley Classic
5. Sam Bailin23:36at 2008 Auburn Invite
6. Tommy Tate23:46at 2008 Auburn Invite
7. Mark Battista.....23:48at 2008 Auburn Invite
8. Andy Napier23:56at 2008 Auburn Invite
9. Brendan Camplin.....24:01at 2008 Auburn Invite
10. Bruce MacTaggart24:04at 2008 Auburn Invite

10,000 Meters

1. Jeff Thode.....29:55at 2010 NCAA Regional
2. Matt Esche30:10at 2002 NCAA Regional
3. Jesse Luciano30:17at 2008 NCAA Champ's
4. Micah VanDenend.....30:26at 2002 NCAA Regional
5. Kevin Herd.....30:281993
6. Joe Welter30:28at 2002 NCAA Regional
7. Tony Rakaric.....30:31at 2002 NCAA Regional
8. Dan Haut30:39at 2002 NCAA Regional
9. Alex Webster30:40at 2006 NCAA Regional
10. Nick Holmes30:43at 2011 Chili Pepper Festival

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06.....9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07.....13:14

Women's 6,000 Meters

Danette Doetzel, Michigan State - B1G Champ's - 10/31/04.....20:33

Men's 6,000 Meters

Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/05.....18:18

Men's 8,000 Meters

Simon Bairu, Wisconsin - Big Ten Champ's - 10/31/04.....23:45

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05.....30:52

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri9:472006 Hawkeye Open
2. Meghan Armstrong10:012006 Hawkeye Open
3. Brooke Eilers.....10:152010 Iowa Invite
4. Besty Flood10:182010 Iowa Invite
5. Amanda Hardesty.....10:212009 Hawkeye Invite
Lauren Hardesty10:212010 Hawkeye Invite
7. Kelsey Hart10:222011 Iowa Invite
8. Shannon Stanley.....10:252006 Hawkeye Open
Krista Anderson10:252006 Hawkeye Open
Racheal Marchand.....10:252008 Hawkeye Invite

4,000 Meters

1. Diane Nukuri13:142007 Hawkeye Open
2. Kayla Beattie.....13:412012 Toledo Bubble Buster
3. Megan Ranegar13:452012 Toledo Bubble Buster
4. Meghan Armstrong13:472007 Hawkeye Open
Mareike Schrulle.....13:472012 Toledo Bubble Buster
6. Nicole Benson.....13:522012 Toledo Bubble Buster
7. Jolly Burke14:032007 Hawkeye Open
8. Nikki Chapple14:092004 Hawkeye Triangular
9. Krista Anderson14:142007 Hawkeye Open
10. Lisa Gordon14:172012 Toledo Bubble Buster

5,000 Meters

1. Diane Nukuri15:55at 2007 Auburn Invite
2. Racheal Marchand.....16:15at 2008 Auburn Invite
3. Meghan Armstrong16:25at 2007 Auburn Invite
4. Nan Doak.....16:31at 1983 Big Ten Champ's
5. Jolly Burke16:33at 2007 Auburn Invite
6. Jenny Spangler16:34at 1983 Big Ten Champ's
7. Renee Doyle16:41at 1986 Purdue Invite
8. Tracy Dahl.....16:42at 1991 Illinois St. Invite
9. Sarah Spencer Perry16:50at 2008 Auburn Invite
10. Brooke Eilers.....16:53at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri19:37at 2007 NCAA Regional
.....at 2007 Big Ten Champ's*
2. Mareike Schrulle.....19:43at 2012 NCAA Champ's
3. Racheal Marchand.....19:54at 2008 NCAA Champ's
4. Meghan Armstrong20:07at 2007 NCAA Regional
5. Jolly Burke20:20at 2007 Big Ten Champ's
6. Betsy Flood20:22at 2010 NCAA Regional
7. McKenzie Melander20:41at 2011 Big Ten Champ's
8. Megan Ranegar20:43at 2012 NCAA Champ's
9. Kayla Beattie.....20:54at 2011 Wisconsin Invite
10. Nikki Chapple21:04at 2004 NCAA Regional

* - This time is also the Big Ten Championships Record.