

2009 MEN'S INDOOR SEASON BEST PERFORMANCES - Updated 3/16/09

60 METERS (AQ -- 6.63, PQ -- 6.74, SR -- 6.73)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Paul Chaney, Jr.	6.80	Iowa Invite – 2/20/09	6.80	Iowa Invite – 2/20/09
Zeke Sayon	6.86	Iowa vs. Illinois - 1/10/09	6.86	Iowa vs. Illinois - 1/10/09
D'Juan Richardson	6.87	Iowa Open - 1/17/09	6.87	Iowa Open - 1/17/09
Patrick Richards	6.97	Iowa vs. Illinois - 1/10/09	6.97	Iowa vs. Illinois - 1/10/09
Stephen Bee	7.03	Iowa Invite – 2/20/09	7.03	Iowa Invite – 2/20/09
Cody Mixon	7.07	Iowa Invite – 2/20/09	7.07	Iowa Invite – 2/20/09
Dan Rolling	7.24	at Jack Jennett Invite - 1/30/09	7.24	at Jack Jennett Invite - 1/31/09
Frank Prill	7.40	at Big Ten Championships – 2/28/09	7.35	at Big Ten Championships - 3/1/08

60-METER HURDLES (AQ - 7.70, PQ -- 7.91, SR -- 7.87)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
D'Juan Richardson	8.20	Iowa Open - 1/17/09	8.20	Iowa Open - 1/17/09
Frank Prill	8.42	at Big Ten Championships - 3/1/9	8.33	Iowa Invite - 2/22/08
Ray Varner	8.46	Iowa Open - 1/17/09	8.45	at Meyo Invite - 2/9/08
Dan Rolling	8.99	Iowa vs. Illinois - 1/10/09	9.81	at UNI Invite - 2/2/08

200 METERS (AQ -- 21.08, PQ -- 21.48, SR -- 21.11)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Paul Chaney, Jr.	21.34	at Last Chance Qualifier - 3/7/09	21.34	at Last Chance Qualifier - 3/7/09
D'Juan Richardson	21.59	Iowa Open - 1/17/09	21.59	Iowa Open - 1/17/09
Patrick Richards	21.78	Iowa Open - 1/17/09	21.78	Iowa Open - 1/17/09
Ray Varner	22.08	at Iowa State Classic – 2/13/09	22.08	at Iowa State Classic - 2/13/09
Steven Willey	22.27	at Iowa State Classic – 2/13/09	22.27	at Iowa State Classic – 2/13/09
Brandon McSkimming	22.44	Iowa Open - 1/17/09	22.44	Iowa Open - 1/17/09
Chris Barton	22.47	at Iowa State Classic – 2/13/09	22.47	at Iowa State Classic – 2/13/09
Stephen Bee	22.64	Iowa Open - 1/17/09	22.64	Iowa Open - 1/17/09
Cody Mixon	22.68	Iowa Invite – 2/20/09	22.68	Iowa Invite – 2/20/09

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400 METERS (AQ -- 46.55, PQ -- 47.65, SR -- 46.81)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Ray Varner	47.75	at Meyo Invite - 2/7/09	47.66	at Last Chance Qualifier - 3/8/08
Patrick Richards	47.78	at Meyo Invite - 2/7/09	47.78	at Meyo Invite - 2/7/09
Steven Willey	48.22	at Meyo Invite - 2/7/09	47.47	at Big Ten Championships - 5/17/08
Chris Barton	48.32	at Meyo Invite - 2/7/09	48.16	at Last Chance Qualifier - 3/8/08
Brandon McSkimming	49.31	Iowa Invite – 2/20/09	49.31	Iowa Invite – 2/20/09
Connor Elmitt	49.61	Iowa Invite – 2/20/09	49.58	at Last Chance Qualifier - 3/8/08

600 METERS (SR -- 1:18.30)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Erik Sowinski	1:18.05 *	at Big Ten Championships – 2/28/09	1:18.05	at Big Ten Championships – 2/28/09
Steven Willey	1:19.03	at Big Ten Championships – 3/1/09	1:19.03	at Big Ten Championships – 3/1/09
Adam Hairston	1:19.05	Iowa Open - 1/17/09	1:19.05	Iowa Open - 1/17/09
Dan Kuhlman	1:20.84	Iowa Open - 1/17/09	1:20.84	Iowa Open - 1/17/09
Daniel Peoples	1:21.26	Iowa Open - 1/17/09	1:21.26	Iowa Open - 1/17/09
Zach Splan	1:22.26	Iowa Open - 1/17/09	1:19.39	Hawkeye Invite - 1/13/07
Zack Braff	1:22.85	Iowa Open - 1/17/09	1:22.85	Iowa Open - 1/17/09

800 METERS (AQ -- 1:48.60, PQ -- 1:51.10, SR -- 1:49.63)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Adam Hairston	1:49.82 P	at Last Chance Qualifier – 3/7/09	1:49.63	at Last Chance Qualifier - 3/8/08
Erik Sowinski	1:51.39	at Last Chance Qualifier - 3/7/09	1:51.39	at Last Chance Qualifier - 3/7/09
Zack Braff	1:52.65	at Big Ten Championships – 2/28/09	1:52.65	at Big Ten Championships – 2/28/09
Dan Kuhlman	1:53.82	at Iowa State Classic - 2/14/09	1:53.82	at Iowa State Classic - 2/14/09
James Paul	1:57.07	Iowa Invite – 2/20/09	1:57.07	Iowa Invite – 2/20/09
Chase Kadlec	1:57.69	Iowa Open - 1/17/09	1:57.69	Iowa Open - 1/17/09
Daniel Peoples	1:58.41	at Razorback Invite - 1/24/09	1:54.15	at Big Ten Championships - 5/12/07
Brian Marchese	1:58.60	Iowa Invite – 2/20/09	1:58.60	Iowa Invite – 2/20/09

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1,000 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Dan Rolling	2:43.10	at Jack Jennet Invite - 1/31/09	2:43.10	at Jack Jennet Invite - 1/31/09
Frank Prill	2:47.25	at Jack Jennet Invite - 1/31/09	2:42.33	at Big Ten Championships - 3/1/08

MILE (AQ -- 4:00.30, PQ -- 4:04.80, SR -- 4:04.01)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jesse Luciano	4:07.29	at Iowa State Classic - 2/14/09	4:07.29	at Iowa State Classic - 2/14/09
Chase Kadlec	4:09.47	at Big Ten Championships - 2/28/09	4:09.47	at Big Ten Championships - 2/28/09
Brian Marchese	4:11.89	at Iowa State Classic - 2/14/09	4:11.89	at Iowa State Classic - 2/14/09
James Paul	4:12.49	at Iowa State Classic - 2/14/09	4:12.49	at Iowa State Classic - 2/14/09
Eric MacTaggart	4:13.87	Iowa Invite – 2/20/09	4:13.87	Iowa Invite – 2/20/09
Brendan Camplin	4:18.47	at Jack Johnson Classic - 1/24/09	4:18.47	at Jack Johnson Classic - 1/24/09
Mark Battista	4:24.73	at Jack Jennet Invite - 1/31/09	4:24.73	at Jack Jennet Invite - 1/31/09
Tommy Tate	4:18.32	Iowa Invite – 2/20/09	4:18.32	Iowa Invite – 2/20/09
Jay Renaud	4:21.86	Iowa Invite – 2/20/09	4:21.86	Iowa Invite – 2/20/09
James Paul	4:19.00	at Big Ten Championships - 2/28/09	4:19.00	at Big Ten Championships - 2/28/09
Bruce MacTaggart	4:22.69	at Iowa State Classic - 2/14/09	4:21.74	at Last Chance Qualifier - 3/8/08

3,000 METERS (AQ -- 7:55.80, PQ -- 8:06.30, SR - 8:00.81)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Eric MacTaggart	8:17.25	at Iowa State Classic - 2/14/09	8:08.79	at Meyo Invite - 2/4/06
Brendan Camplin	8:19.97	at Big Ten Championships – 2/28/09	8:19.97	at Big Ten Championships - 2/28/09
Tommy Tate	8:24.80	at Iowa State Classic - 2/14/09	8:24.80	at Iowa State Classic - 2/14/09
Sam Bailin	8:30.31	at Last Chance Qualifier - 3/7/09	8:30.31	at Last Chance Qualifier - 3/7/09
James Paul	8:34.93	at Jack Johnson Classic - 1/24/09	8:34.93	at Jack Johnson Classic - 1/24/09
Mark Battista	8:40.20	at Last Chance Qualifier - 3/7/09	8:40.20	at Last Chance Qualifier - 3/7/09
Jay Renaud	8:42.35	at Last Chance Qualifier - 3/7/09	8:42.35	at Last Chance Qualifier - 3/7/09
Andy Napier	8:51.08	Iowa vs. Illinois - 1/10/09	8:15.70	at ISU Classic - 2/16/08
Bruce MacTaggart	8:51.99	Iowa Invite – 2/20/09	8:51.99	Iowa Invite – 2/20/09

*P -- NCAA provisional qualifier, * -- school record*

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5,000 METERS (AQ -- 13:49.80, PQ -- 14:11.90, SR -- 13:56.46)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jesse Luciano	14:20.99	at Meyo Invite – 2/6/09	14:20.99	at Meyo Invite – 2/6/09
Tommy Tate	14:31.65	at Big Ten Championships - 3/1/09	14:31.65	at Big Ten Championships - 3/1/09
Brendan Camplin	14:37.87	at Big Ten Championships - 3/1/09	14:37.87	at Big Ten Championships - 3/1/09
Sam Bailin	15:00.26	at Iowa State Classic – 2/13/09	15:00.26	at Iowa State Classic – 2/13/09
Mark Battista	15:00.63	at Iowa State Classic – 2/13/09	15:00.63	at Iowa State Classic – 2/13/09
Jay Renaud	15:14.49	at Iowa State Classic – 2/13/09	15:14.59	at Iowa State Classic – 2/13/09

1,600-METER RELAY (AQ -- 3:08.10, PQ -- 3:12.00, SR -- 3:06.80)

Names	Season Best	Meet - Date
Willey, Richards, Barton, Varner	3:09.62 P	at Last Chance Qualifier - 3/7/09
Varner, Willey, Barton, Richards	3:10.93	at Iowa State Classic - 2/14/09
Iowa A	3:12.48	at Razorback Invite - 1/24/09
Varner, Willey, Sowkinski, Barton	3:13.45	Iowa vs. Illinois - 1/10/09
Varner, Willey, Hairston, Peoples	3:17.13	Iowa Open - 1/17/09
Sowinski, Hairston, Chaney, Braff	3:17.20	at Iowa State Classic - 2/14/09
Splan, Sowinski, Barton, Kuhlman	3:17.37	Iowa Open - 1/17/09
Iowa B	3:18.92	at Razorback Invite - 1/24/09
Iowa A	3:22.37	at Jack Johnson Classic - 1/24/09
Elmitt, Rolling, Kuhlman, Braff	3:22.84	Iowa vs. Illinois - 1/10/09

DISTANCE MEDLEY RELAY (AQ -- 9:36.20, PQ -- 9:47.90, SR -- 9:46.83)

Names	Season Best	Meet - Date
Marchese, Varner, Hairston, Luciano	9:52.52	at Big Ten Championships - 2/28/09
Hairston, Splan, Paul, Kadlec	10:53.41	Iowa vs. Illinois - 1/10/09

HIGH JUMP (AQ -- 2.24 meters, PQ -- 2.14 meters, SR -- 2.21 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Dan Rolling	6-10 1/4 (2.09 m)	at Jack Jennett Invite - 1/30/09	6-11 (2.11 m)	at Big Ten Championships - 3/2/08
Ryan Kelly	6-10 1/4 (2.09 m)	at Big Ten Championships - 3/1/09	6-10-1/4 (2.09 m)	at Big Ten Championships - 3/1/09
Graham Valdes	6-9 1/2 (2.07 m)	at Iowa State Classic - 2/13/09	6-9 1/2 (2.07 m)	at Iowa State Classic - 2/13/09

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Frank Prill 6-0 (1.83 m) at Big Ten Championships – 2/28/09 6-0 (1.83 m) at Big Ten Championships - 2/28/09

POLE VAULT (AQ -- 5.50 meters, PQ -- 5.20 meters, SR -- 5.21 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Alex Zona	16-0 3/4 (4.90 m)	Iowa Invite – 2/20/09	16-0 3/4 (4.90 m)	Iowa Invite – 2/20/09
Mark Mankivsky	14-1 1/4 (4.30 m)	Iowa vs. Illinois - 1/10/09	14-5 1/4 (4.40 m)	at UNI Invite - 2/2/08
Frank Prill	14-5 1/4 (4.40 m)	at Big Ten Championships - 3/1/09	14-5 1/4 (4.40 m)	at Big Ten Championships - 3/1/09
Dan Rolling	11-9 3/4 (3.60 m)	at Jack Jennet Invite - 1/31/09	11-9 3/4 (3.60 m)	at Jack Jennet Invite – 1/31/09

LONG JUMP (AQ -- 7.85 meters, PQ -- 7.50 meters, SR -- 8.06 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Cody Mixon	21-4 1/4 (6.51 m)	Iowa vs. Illinois - 1/10/09	22-5 3/4 (6.85 m)	at UNI Invite - 2/1/08
Frank Prill	20-9 3/4 (6.34 m)	at Jack Jennett Invite - 1/30/09	22-1 3/4 (6.75 m)	at Big Ten Championships - 5/16/08
Dan Rolling	20-2 1/2 (6.16 m)	at Big Ten Championships – 2/28/09	20-7 (6.27 m)	at Kip Janvrin Open - 4/27/07

TRIPLE JUMP (AQ -- 16.10 meters, PQ -- 15.40 meters, SR -- 15.88 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Josh Bean	48-10 (14.88 m)	at Meyo Invite - 2/7/09	48-10 (14.88 m)	at Meyo Invite - 2/7/09
Cody Mixon	42-2 3/4 (12.87 m)	Iowa vs. Illinois - 1/10/09	44-2 1/2 (13.47 m)	at Central Invite - 4/5/08

SHOT PUT (AQ -- 19.30 meters, PQ -- 17.75 meters, SR -- 19.20 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
John Hickey	63-0 (19.20 m) P*	at Iowa State Classic - 2/14/09	63-0 (19.20 m) *	at Iowa State Classic - 2/14/09
A.J. Curtis	57-9 1/2 (17.61 m)	at Big Ten Championships - 2/28/09	57-9 1/2 (17.61 m)	at Big Ten Championships – 2/28/09
Ryan Lamparek	56-8 3/4 (17.29 m)	at Big Ten Championships – 2/28/09	56-8 3/4 (17.29 m)	at Big Ten Championships - 2/28/09
Mark Schaapveld	55-6 1/4 (16.92 m)	at Big Ten Championships - 2/28/09	56-8 3/4 (17.29 m)	at Big Ten Championships - 5/14/06
Matt Banse	53-3 1/2 (16.11 m)	at Meyo Invite - 2/7/09	53-3 1/2 (16.11 m)	at Meyo Invite - 2/7/09
Nick Brayton	51-3 1/2 (15.63 m)	Iowa Open - 1/17/09	51-3 1/2 (15.63 m)	Iowa Open - 1/17/09
Dan Rolling	34-8 1/2 (10.58 m)	at Big Ten Championships - 2/28/09	34-8 1/2 (10.58 m)	at Big Ten Championships - 2/28/09
Frank Prill	32-7 (9.93 m)	at Big Ten Championships - 2/28/09	32-8 1/4 (9.96 m)	at Gladstein Invite - 1/26/07

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WEIGHT THROW (AQ -- 21.50 meters, PQ -- 19.50 meters, SR -- 21.15 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Matt Banse	54-8 1/4 (16.67 m)	Iowa Open - 1/17/09	54-8 1/4 (16.67 m)	Iowa Open - 1/17/09
Mark Schaapveld	53-1 3/4 (16.20 m)	Iowa Invite - 2/20/09	53-10 1/4 (16.41 m)	Iowa Invite - 2/22/08
Ryan Lamparek	49-7 (15.11 m)	Iowa vs. Illinois - 1/10/09	49-7 (15.11 m)	Iowa vs. Illinois - 1/10/09
Nick Brayton	46-11 1/2 (14.31 m)	Iowa vs. Illinois - 1/10/09	46-11 1/2 (14.31 m)	Iowa vs. Illinois - 1/10/09

HEPTATHLON (AQ -- 5,650 points, PQ -- 5,300 points, SR -- 5,149 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Dan Rolling	4,909 points	at Jack Jennet Invite - 1/30-31/09	4,909 points	at Jack Jennet Invite - 1/30-31/09
Frank Prill	4,902 points	at Big Ten Championships - 2/28-3/1/09	4,902 points	at Big Ten Championships - 2/28-3/1/09