

2016-2017

NCAA 2015 SWIMMING & DIVING CHAMPIONSHIPS
DIVISION I - IOWA CITY, IOWA

MARCH 26-28

Tickets Available February 11-13, 15-17, 22-24, 29-31

IOWA SWIM DIVE



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UNIVERSITY QUICK FACTS

Location: Iowa City, Iowa
 Enrollment: 33,334
 Founded: 1847
 Nickname: Hawkeyes
 Colors: Black and Gold
 Conference: Big Ten
 National Affiliation: NCAA, Division I
 President: Bruce Herrald
 Director of Athletics: Gary Barta
 Senior Woman Administrator: Paula Jantz
 Swimming & Diving Administrator: Mark Hankins
 Swimming & Diving Secretary: Kendra Wieditz
 Swimming & Diving Office: 319-335-9741
 Home Facility: Campus Recreation and Wellness Center (CRWC)
 Capacity: 1,000

SWIMMING & DIVING INFORMATION

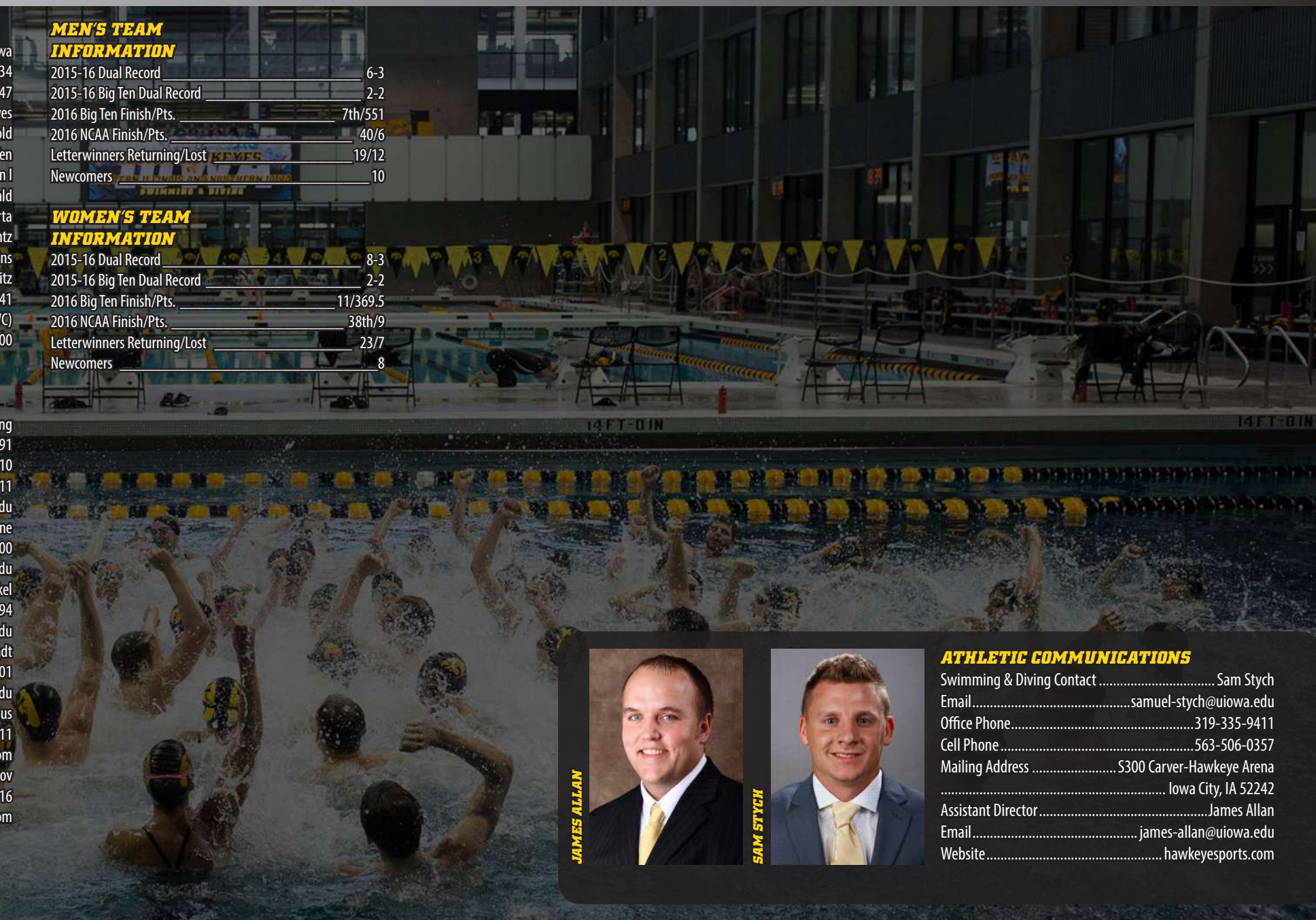
Head Coach: Marc Long
 Alma Mater/Year: Iowa, 1991
 Men's Record at Iowa/Years: 58-35/10
 Women's Record at Iowa/Years: 78-55/11
 Email: marc-long@uiowa.edu
 Associate Head Coach: Frannie Malone
 Alma Mater/Year: Iowa, 2000
 Email: frances-malone@uiowa.edu
 Diving Coach: Todd Waikel
 Alma Mater/Year: Purdue, 1994
 Email: todd-waikel@uiowa.edu
 Assistant Coach: Nathan Mundt
 Alma Mater/Year: Tampa, 2001
 Email: nathan-mundt@uiowa.edu
 Interim Assistant Coach: Richard Salhus
 Alma Mater/Year: Iowa, 2011
 Email: richard-salhus@iowaswimming.com
 Interim Assistant Coach: Roman Trussov
 Alma Mater/Year: Iowa, 2016
 Email: roman-trussov@iowaswimming.com

MEN'S TEAM INFORMATION

2015-16 Dual Record: 6-3
 2015-16 Big Ten Dual Record: 2-2
 2016 Big Ten Finish/Pts.: 7th/551
 2016 NCAA Finish/Pts.: 40/6
 Letterwinners Returning/Lost: 19/12
 Newcomers: 10

WOMEN'S TEAM INFORMATION

2015-16 Dual Record: 8-3
 2015-16 Big Ten Dual Record: 2-2
 2016 Big Ten Finish/Pts.: 11/369.5
 2016 NCAA Finish/Pts.: 38th/9
 Letterwinners Returning/Lost: 23/7
 Newcomers: 8



JAMES ALLAN



SAM STYCH

ATHLETIC COMMUNICATIONS

Swimming & Diving Contact: Sam Stych
 Email: samuel-stych@uiowa.edu
 Office Phone: 319-335-9411
 Cell Phone: 563-506-0357
 Mailing Address: S300 Carver-Hawkeye Arena
 Iowa City, IA 52242
 Assistant Director: James Allan
 Email: james-allan@uiowa.edu
 Website: hawkeyesports.com

DATE	OPPONENT	LOCATION	TIME
Sept. 29-30	*at Michigan State/Notre Dame	East Lansing, Mich.	6 p.m./2 p.m.
Oct. 8	Intrasquad Meet	Iowa City, Iowa	9 a.m.
Oct. 28	*at Minnesota (M)	Minneapolis	6:30 p.m.
Oct. 29	*at Minnesota (W)	Minneapolis	11 a.m.
Nov. 3	South Dakota	Iowa City, Iowa	5 p.m.
Nov. 4	*Purdue/Missouri State	Iowa City, Iowa	2 p.m.
Nov. 11-12	Big Ten vs. USA Swimming	Indianapolis	TBA
Nov. 18-20	Ohio State Invitational	Columbus, Ohio	All Day
Dec. 9	Iowa State (W) %	Iowa City, Iowa	6 p.m.
Dec. 15-21	USA Diving Winter Nationals	Columbus, Ohio	All Day
Jan. 12	at Notre Dame/*Illinois (W)	South Bend, Ind.	5:30 p.m.
Jan. 13	at Notre Dame/*Illinois (W)	South Bend, Ind.	11 a.m.
Feb. 3	Western Illinois/Northern Iowa	Iowa City, Iowa	6 p.m.
Feb. 15-18	at Big Ten Championships (W)	West Lafayette, Ind.	All Day
Feb. 22-25	at Big Ten Championships (M)	Columbus, Ohio	All Day
March. 6-9	at NCAA Zone D Diving Championships	Columbia, Mo.	All Day
March 15-18	at NCAA Championships (W)	Indianapolis	All Day
March 22-25	at NCAA Championships (M)	Indianapolis	All Day

(W) - indicates a women's only competition (M) - indicates a men's only competition % - Iowa Corn Cy-Hawk Series

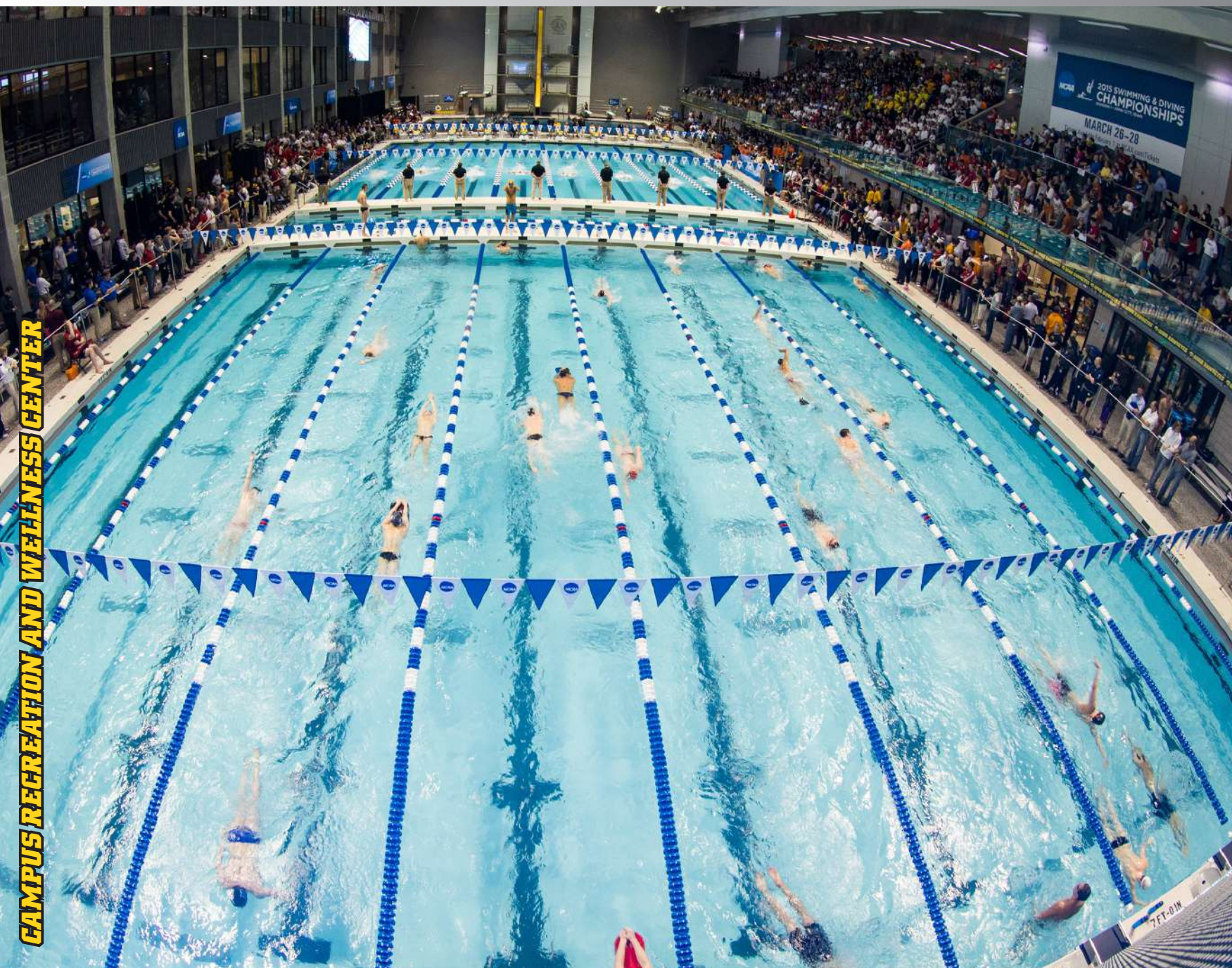
All times Central and subject to change.



BIG



CAMPUS RECREATION AND WELLNESS CENTER



The University of Iowa Athletics Department and the University of Iowa Recreational Services partnered together to construct the new Campus Recreation and Wellness Center (CRWC). The \$69 million facility, which opened in the summer of 2010, serves as the home for the Hawkeye swimming and diving programs.

The UI swimmers have a state-of-the-art 50-meter competition pool and a separate diving well. The facility houses the team locker rooms, while boasting a swimming and diving specific training room space.

The CRWC was showcased nationally in 2015, hosting the NCAA Men's Swimming and Diving Championships. The venue has also host three Big Ten Championships (2012 (men/women), 2015 (men), 2011 USA Diving Winter Nationals, 2011 USA Swimming Speedo Sectionals, and NCAA Zone Diving Qualifier.

The facility has 20,000 square feet of fitness space over three levels, a 52 1/2 foot climbing wall and a leisure pool among other amenities.

The CRWC is located at 309 South Madison Street, on the southwest corner of Burlington and Madison. Parking is available one block to the southeast.





LEADERSHIP  **ACHIEVEMENT**  **INTEGRITY**

TEAM LOUNGE

THE HAWKEYE STRENGTH TRAINING PROGRAM

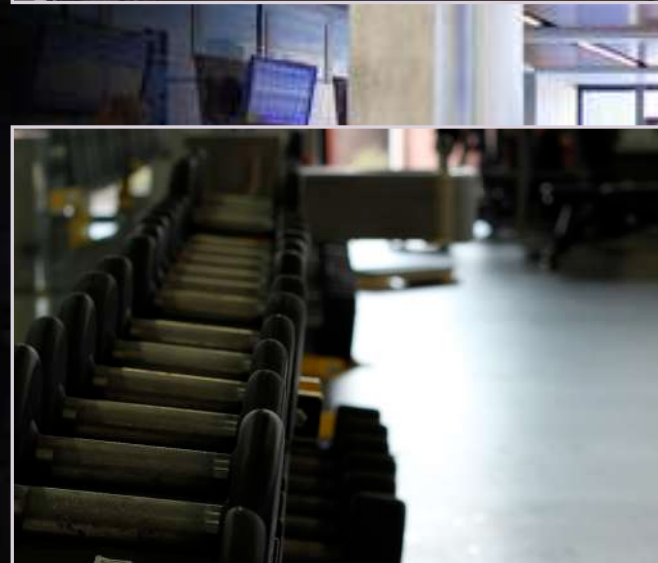
The University of Iowa strength and conditioning department is committed to providing the ultimate training experience for each Hawkeye student-athlete. Our focus is the development of the complete student-athlete through the use of proven scientific methods for reducing the risk of injury, as well as maximizing each student-athlete's athletic potential. Equally as important, our staff will foster a culture of relationship building in which we will seek to enhance the intangible character traits required for each Hawkeye to reach his or her championship potential on and off the playing stage.

STRENGTH & CONDITIONING PHILOSOPHY

The philosophy of this program consists of two components. The first is to continually develop a scientifically sound program that will maximize strength, power and explosiveness in order to allow the athlete to get the utmost out of their genetic potential, and to reduce the chance of injury. This will primarily be accomplished through the use of ground based free weight exercises and the progressive incorporation of functional movements and plyometrics. The second is to establish a culture which will develop the discipline, character and mental toughness within each student-athlete and team as a whole so that they are able to make sacrifices in their training, leave their comfort zone and develop a championship ATTITUDE. This will encourage them to make the most out of every situation and opportunity given to them in athletics and academics, so that they might know what it is to be fully committed to something. When these two converge, they are not only able to reach their full potential; they become champions in and out of the pool.



ASHLEY RENTERIA
Assistant Strength & Conditioning Coach



2016-17 MEN'S ROSTER

NAME	EVENT	YEAR	HOMETOWN/HIGH SCHOOL (LAST SCHOOL)
Colter Allen	Fly	Jr.	Zimmerman, Minn./Fridley
Will Brenner	Diving	So.	Ypsilanti, Mich./Huron
Ben Colin	Free	So.	Dubuque, Iowa/Dubuque Senior
John Colin	Free/Back	Fr.	Dubuque, Iowa/Dubuque Senior
Weston Credit	Breast	Fr.	La Grange, Ill./Lyons Township
Chris Dawson	Free	Jr.	Centennial, Colo./Regis Jesuit
Sam Dumford	Free	Fr.	Downers Grove, Ill./Downers Grove South
Brandon Farnum	Free	Sr.	Red Oak, Iowa/Red Oak
Steve Folic	Free	Fr.	Urbandale, Iowa/Johnston
Kyle Gannon	Free	Sr.	Saint Chalres, Ill./Saint Charles North
Jackson Halsmer	Free	Sr.	Byron, Ill./Byron
Brandis Heffner	Diving	Sr.	Bloomington, Ill./University
RJ Hemmingsen	Free/Fly	Jr.	Council Bluffs, Iowa/Lewis Central
Garrett Hoce	IM/Free	Jr.	Canfield, Ohio/Palm Harbor (Fla.)
Evan Hull	Diving	Jr.	Denver, Colo./East
Matt Kamin	Free	So.	Dunlap, Ill./Notre Dame

NAME	EVENT	YEAR	HOMETOWN/HIGH SCHOOL (LAST SCHOOL)
Matt Mauser	Diving	Jr.	Denver, Colo./Jesuit
Kenneth Mende	Back/IM	RS So.	Gruena, Germany/Sportsgymnasium Chemnitz
Joe Myhre	Free	Fr.	St. Charles, Ill./St. Charles North
Tanner Nelson	Breast	So.	Bettendorf, Iowa/Bettendorf
Kyle Patnode	Fly/Back	Sr.	Oak Park, Ill./Oak Park and River Forest
Thomas Rathbun	Free/Back	Jr.	Sioux Center, Iowa/Holland
Logan Samuelson	Free	Jr.	Fort Myers, Fla./Fort Myers (Auburn)
Will Scott	Free	Fr.	Iowa City, Iowa/West
Jack Smith	Free	So.	Stoke-On-Trent, England/Plymouth College
Alex Streightiff	Diving	Fr.	Lake Bluff, Ill./Lake Forest
Mike Tenney	Free/Back/Fly	Fr.	Chino Hills, Calif./Chino Hills
Jerzy Twarowski	Fly	Jr.	Krakow, Poland/Athletic Championship School
Isaak Webb	Breast/IM	Fr.	Otley, Iowa/Pella
Forrest White	Back/Free	Fr.	Danville, Calif./De La Salle

IOWA COACHING STAFF

Head Coach: Marc Long (Iowa, 1990)

Associate Head Coach/Women's Recruiting Coordinator: Frannie Malone (Iowa, 2000)

Diving Coach: Todd Waikel (Purdue, 1994)

Assistant Coach/Men's Recruiting Coordinator: Nathan Mundt (Temple, 2001)

Interim Assistant Coach: Richard Salhus (Iowa, 2011)

Interim Assistant Coach: Roman Trussov (Iowa, 2016)

Volunteer Assistant Diving Coach: Andrew Hull (Iowa, 2016)

Strength and Conditioning Coach: Ashley Renteria

PRONUNCIATION GUIDE

Steve Folic Fee-oh-lick
 Matt Mauser Mow-zer
 Joe Myhre Meyer
 Kyle Patnode Pat-NO-d
 Richard Salhus Salice
 Alex Streightiff Stray-tiff
 Mike Tenney Tenny (like Penny)
 Roman Trussov Row-mahn True-sov
 Jerzy Twarowski Yer-jay Twar-ow-skee
 Todd Waikel WHY-kull





JACK SMITH
SOPHOMORE

Coached by Marc Long, who enters his 13th year at the helm, the University of Iowa men's swimming and diving program returns 20 letterwinners and adds 10 newcomers for the 2016-17 season.

The Hawkeyes return three NCAA qualifiers and top performers in 10-of-14 swimming events, two-of-three diving events, and seven top performers in relays.

FREESTYLE

The Hawkeyes bring back virtually all of their top freestyle swimmers in seniors Jackson Halsmer and Kyle Gannon, junior Chris Dawson, and sophomore Jack Smith.

Halsmer, an NCAA qualifier as a sophomore in 2015, currently holds the seventh-fastest time in 50 free (19.91) in program history. The Illinois native also swam the freestyle leg of the school-record 200-medley relay (1:25.53). The Byron, Illinois, native competed at the 2016 USA Olympic Team Trials in 50-meter free.

In his final go-round with the Hawkeyes, Gannon enters his senior season the 10th-fastest time in the UI record books in 1,650 free (15:31.19). Last season Gannon swam collegiate-bests in the 50 free (20.85) and the 100 free (45.70). The Saint Charles, Illinois, native scored in the 800-free relay at the Big Ten Championships, finishing sixth overall (6:27.83).

Dawson led the team in the 1,650 free (15:31.84), 500 free (4:28.29), and 400 IM (3:52.14) -- an NCAA "B" qualifying time. The Colorado native recorded collegiate-bests in the 50 free (22.37) and 200 IM (1:55.35). An Academic All-Big Ten honoree, Dawson also scored in two events at 2016 Big Ten Championships, placing 21st in the 1,650 free (15:31.84) and 22nd in the 400 IM (3:52.14). The Hawkeyes will look to Dawson to lead both mid-distance and distance events in 2016-17.

Coming off a big freshman campaign, Smith already holds the program's sixth-fastest time in the 100 free after posting a NCAA "B" qualifying time of 43.86. In addition, the Wally Ris Memorial Award honoree posted NCAA "B" qualifying times in the 50 free (20.06) and 200 free (1:37.80). Smith was also a member of member of the team-leading 200-free relay (1:18.72), 400-free relay (2:56.37), 800-free relay (6:27.83),

200-medley relay (1:25.67), and 400-medley relay (3:07.83). The Stroke-On-Trent, England, native scored in seven events at Big Ten 2016 Championships, including a third place finish in the 400-medley relay (3:07.83).

BACKSTROKE

Highlighted by talented redshirt sophomore Kenneth Mende, the Hawkeyes return an experienced group for backstroke events in 2016-17. Mende is joined by upperclassmen Kyle Patnode and Thomas Rathbun and newcomers John Colin, Mike Tenney, and Forrest White.

Mende burst on to the scene after redshirting as a freshman in 2014. The NCAA qualifier led Iowa in both backstroke events, swimming the third-fastest time in program history in the 100 back (47.19) and the fourth in the 200 back (1:43.87).

Patnode is being looked upon to step up as he enters his senior campaign. The Iowa native swam collegiate bests in the 100 back (49.27) and 200 back (1:47.04) last season, ranking third and fourth on the team. Patnode competed at the 2016 USA Olympic Team Trials in the 100-meter fly.

Rathbun begins his junior season with the seventh-best time in the 200 back (1:45.95). He swam an NCAA "B" qualifying time in the 200 back (1:45.95), ranking third on the team.

BREASTSTROKE

Following the graduation of school record holder Roman Trussov and fellow seniors Mike Nelson and Tyler Nichols, the Hawkeyes turn to a trio of underclassmen for the 2016-17 season in sophomore Tanner Nelson and freshmen Weston Credit and Isaak Webb.

Nelson will be looked upon to fill a big void for the Hawkeyes. The Iowa native swam to season-best times in the 100 breast (56.84), and 200 breast (2:07.12) as a freshman last year.

The Hawkeyes added a pair of talented Midwest preps in Credit and Webb. Credit was

a three-time high school All-American in the 100 breast, 200-medley relay, and the 400-free relay, leading Lyons Township to its first state title in school history in 2016. Webb was a two-time all-state and all-district selection at Pella (Iowa) High School, winning the state title in the 100 breast as a senior.

BUTTERFLY

Iowa has a strong foundation returning in the butterfly events with junior Jerzy Twarowski back in 2016-17 to go along with six letterwinners.

Twarowski, a two-time NCAA qualifier, is Iowa's school record holder in four events, holding the top times in the 100 fly (46.70), 200 fly (1:44.00), 200-medley relay (1:25.53), and 400-medley relay (3:07.83). As a sophomore, Twarowski won six individual events and two relays.

The Hawkeyes will also look for contributions from seniors Kyle Patnode and Brandon Farnum, juniors Colter Allen and RJ Hemmingsen, sophomores Garrett Hoce and Jack Smith, and freshman Mike Tenney.



JERZY TWAROWSKI

IM

Iowa returns a pair of experienced swimmers to the fold in the individual medley events in junior Chris Dawson and redshirt sophomore Kenneth Mende. Junior Garrett Hoce and freshmen Mike Tenney and Isaak Webb also figure to be big factors for the Hawkeyes in the IM events.

Dawson returns after swimming a career-best in the 400-IM (3:52.14) at the Big Ten Championships -- a time that ranks fourth-best in school history.

Mende swam the eighth-best 200-IM time (3:52.37) in the Iowa record books. The talented German was a member of the NCAA automatic qualifying and school-record-setting 400-medley relay (3:07.83), and was third on the team in 400 IM (4:05.32).

DIVING

The Hawkeyes return their top divers in two-of-three events for the 2016-17 season in senior Brandis Heffner and sophomore Will Brenner. Iowa also welcomes back juniors Evan Hull and Matt Mauser this season. The Hawkeyes also added depth to their rotation with the addition of freshman Alex Streightiff.



JACKSON HALSMER



CHRIS DAWSON

Heffner enters his final go around after leading the Hawkeyes on the 3-meter (366.90) and had the second-best 1-meter score (341.55) last season, posting NCAA Zone Diving Standards in both events. The Bloomington, Illinois, native advanced to the finals in both events at the NCAA Zone D Diving Championships. Heffner ranks fifth in the UI record books off the 3-meter and sixth off the 1-meter.

As a freshman, Brenner was Iowa's top 1-meter diver, posting a school record 365.00 at the Hawkeye Invitational. A two-time Big Ten Freshman of the Week honoree, Brenner advanced to the finals of the NCAA Zone D Diving Championships, placing 11th off the 1-meter (328.40). He currently ranks sixth in program history off platform (280.65).

Streightiff was a two-time high school All-American as a prep in Illinois.



WILL BRENNER
SOPHOMORE

2016-17 WOMEN'S ROSTER

NAME	EVENT	YEAR	HOMETOWN/HIGH SCHOOL (LAST SCHOOL)
Amelia Armstrong-Grant	Free	Fr.	Ypsilanti, Mich./Saline
Thelma Baatz Strandberg	Diving	Fr.	Kristiansand, Norway/ Kristiansand katedralskole gimle
Izzie Bindseil	Free	Jr.	St. Charles, Ill./St. Charles East
Hannah Burvill	Free/Back/IM	Fr.	Pyrford, Great Britain/Notre Dame Senior School
Summer Campbell	Fly/Back	Jr.	Fort Worth, Texas/Paschal
Olivia Cook	IM/Fly	So.	Rochester, Minn./Mayo
Olivia Dopkiss	Diving	Fr.	Rockford, Mich./Rockford
Allyssa Fluit	Free	Fr.	Pleasant Hill, Iowa/Southeast Polk
Taylor Flummerfelt	Free	Sr.	Ames, Iowa/Ames
Meghan Hackett	Free/Fly	Fr.	Cedar Falls, Iowa/Cedar Falls
Calli Head	Diving	Sr.	Fox Point, Wis./Nicolet
Shea Hoyt	Breast	Jr.	St. Charles, Ill./St. Charles East
Devin Jacobs	IM/Breast	So.	Naperville, Ill./Naperville North
Jo Jekel	Free	Jr.	Madison, Wis./Madison West
Nikol Lagodzinska	Free	Jr.	Chicago, Ill./Saint Ignatius
Meghan Lavelle	Back/IM	Jr.	Chicago, Ill./Lane Tech

NAME	EVENT	YEAR	HOMETOWN/HIGH SCHOOL (LAST SCHOOL)
Lauren Leehy	Free	Jr.	Neola, Iowa/Lewis Central
Lydia Lehnert	Diving	Sr.	Frederick, Md./Urbana
Tereysa Lehnertz	Free/Fly/IM	Jr.	Iowa City, Iowa/West
Amy Lenderink	Fly/Free	Fr.	Parker, Colo./Regis Jesuit
Natalie McGovern	Back	So.	Naperville, Ill./Neuqua Valley
Kelly McNamara	Fly	So.	Villa Park, Ill./Willowbrook
Carly O'Brien	Fly/IM	Jr.	Williams Bay, Wis./Bay
Morgan Rafferty	Diving	Jr.	West Des Moines, Iowa/Valley
Samantha Sauer	Free/Back	Fr.	St. Charles, Ill./St. Charles North
Mekenna Scheitlin	Free/Fly	Jr.	South Barrington, Ill./Barrington
Abbey Schneider	Free/Back	So.	Fishers, Ind./Fishers
Emma Sougstad	IM/Breast/Fly/Free	Sr.	Forest City, Iowa/Forest City
Jacintha Thomas	Diving	So.	Iowa City, Iowa/West
Serena Wanasek	Free	Sr.	Burlington, Wis./Burlington
Katie Wells	Free/Breast	So.	Glenbrook, Ill./Glenbrook South

IOWA COACHING STAFF

Head Coach: Marc Long (Iowa, 1990)

Associate Head Coach/Women's Recruiting Coordinator: Frannie Malone (Iowa, 2000)

Diving Coach: Todd Waikel (Purdue, 1994)

Assistant Coach/Men's Recruiting Coordinator: Nathan Mundt (Temple, 2001)

Interim Assistant Coach: Richard Salhus (Iowa, 2011)

Interim Assistant Coach: Roman Trussov (Iowa, 2016)

Volunteer Assistant Diving Coach: Andrew Hull (Iowa, 2016)

Strength and Conditioning Coach: Ashley Renteria

PRONUNCIATION GUIDE

Izzie Bindseil Bend-zeil
 Nikol Lagodzinska Nicole Lega-zin-ska
 Tereysa Lehnertz Tear-Ray-suh Lin-ertz
 Richard Salhus Salice
 Mekenna Scheitlin Sheet-lin
 Roman Trussov Row-mahn True-sov
 Todd Waikel WHY-kull





EMMA SOUGSTAD
SENIOR

The University of Iowa women's swimming and diving team enters the 2016-17 season following its 38th-place finish at the 2016 NCAA Championships. The Hawkeyes won eight duals in 2015-16, breaking nine school records along the way.

The Hawkeyes bring back 23 letterwinners this season, including three NCAA qualifiers, and add eight newcomers to the roster. Senior Emma Sougstad headlines the returnees after achieving honorable-mention All-America status as a junior; junior Meghan Lavelle is a school record holder in three events and has the second-best time in the 200 back. Iowa returns its top performers in 12-of-14 individual events, on the platform and its top five relay swimmers.

FREESTYLE

Even with the graduation of Olivia Kabacinski, a member of five school record relays and the owner of the school's fastest 100 free, the Hawkeyes return virtually everybody in the freestyle for 2016-17.

Abbey Schneider looks to anchor this year's group of distance freestylers after bursting onto the scene as a freshman. The Indiana native led the Hawkeyes in three events last season, posting the program's fifth-fastest time in the 1,000 free (10:03.34), seventh in the 500 free (4:53.32), and eighth in the 1,650 free (16:48.14). Schneider won five individual events and was named the Big Ten's Freshman of the Week on Dec. 16.

The Hawkeyes also return two-time NCAA qualifier and top sprinter Emma Sougstad, who posted a school-record time in the 50 free (22.63) at last year's Hawkeye Invitational. Sougstad was also Iowa's second-best performer in the 100 free last season.

Senior Serena Wanasek and juniors Meghan Lavelle and Nikol Lagodzinska will be asked to fill bigger roles this season after all three endured solid seasons last year. Wanasek swam to collegiate-bests in the 50 free (24.31), 100 free (51.07), 200 free (1:49.20), and 500 free (4:56.05). Lavelle was a top-four performer for the Hawkeyes in the 50 free and 100 free, while Lagodzinska swam collegiate bests in the 50 free (23.66) and 100 free (50.60). Lagodzinska was also a member of the school record-setting 400-free relay (3:20.58).

BACKSTROKE

Junior Meghan Lavelle will anchor the backstrokers in 2016-17. The Hawkeyes return two of their top backstrokers this season, but will need a lot of help from a handful of juniors.

Lavelle's first two seasons as a Hawkeye have been solid. She enters her junior campaign as UI's record holder in the 100 back (53.63) and is the owner of the second-best time in the 200 back (1:57.28). The Chicago native finished 12th in the 200 back at the Big Ten Championships and competed at the 2016 USA Olympic Team Trials in both the 100 and 200-meter back.

With the graduation of Allie Orvis and the departure of Rowan Hauber, sophomore Natalie McGovern looks to become a staple for the Iowa backstrokers. McGovern swam collegiate-bests in the 100 back (55.85), 200 back (2:01.78), and 200 IM (2:07.64), and was third on the team in the 200 back and fourth in the 100 back a year ago.

Iowa also added a pair of newcomers to the rotation in freshmen Hannah Burvill and Samantha Sauer.

BREASTSTROKE

Even with the departures of Kabacinski and Colleen Champa, the Hawkeyes will again be talented and experienced in the breaststroke events in 2016-17. The depth starts with Sougstad, a two-time NCAA qualifier.

The Forest City, Iowa, native led the team in both events with school-record times. Sougstad finished ninth in the country in the 100 breast (59.00), 31st in the 200-breast (2:11.25), and 25th in the 200 IM (1:57.55) at the NCAA Championships. Her times in the 100 breast and 200 IM are the fastest in school history. Sougstad was a stand-out performer at the 2016 Big Ten Championships, posting top-seven finishes in five events.

Sougstad is the Iowa school record holder in eight events – 50 free, 100 breast, 200 breast, 200 IM, 200-free relay, 200-medley relay, 400-free relay, 400-medley relay -- heading into her senior season.

The Hawkeyes also return junior Shea Hoyt and sophomores Devin Jacobs, Abbey Schneider, and Katie Wells in the breaststroke. Hoyt had the second-fastest 100 time (1:02.35) and third-fastest 200 time (2:15.10) -- both NCAA "B" cuts -- as a sophomore. Both times rank fifth-best in the UI record books.

BUTTERFLY

Iowa returns eight swimmers with experience in the butterfly events in 2016-17, including Kelly McNamara who broke current Hawkeye Carly O'Brien's then school-record in the 100 fly with a time of 53.90.

Adding to Iowa's depth in the 100 fly are juniors Mekenna Scheitlin and Tereysa Lehnertz, who claimed the team's second and third-best times in the event last year. Scheitlin ranks sixth in the UI record books in the 100 fly (54.84), while Lehnertz ranks seventh (54.91). Lehnertz, a 2015 Pan Am Games qualifier, also led the Hawkeyes in the 200 fly last season, posting an NCAA "B" qualifying time of 1:59.22.

Other returners include juniors Summer Campbell and Jo Jekel and sophomores Olivia Cook and Devin Jacobs.

Freshman Meghan Hackett will look to make a name for herself this season. The Iowa native was a three-time first-team all-state selection

as a prep at Cedar Falls High School, placing third in the 100 fly at the Iowa state meet as a senior.

IM

Iowa will miss Colleen Champa and Allie Orvis, but the Hawkeyes have three of their top five 200 individual medley swimmers and three of their top four 400-IMers back in 2016-17.

Sougstad is the headliner for the 200 IM after swimming to a school record (1:57.55) last year, advancing to the NCAA Championships.

Sophomore Devin Jacobs is the top returnee in the 400 IM (4:21.19). Jacobs also recorded the fifth-fastest 200-IM time on the Iowa roster, clocking in at 2:04.39 last season.

DIVING

In the diving well, Iowa is loaded with depth, returning its top divers in every event.

On the platform, the Hawkeyes are led by a pair of seniors in Calli Head and Lydia Lehnert. A two-time NCAA Championships qualifier, Head comes off a career year that saw her win bronze at the Big Ten Cham-

pionships after diving to a school record score of 312.20 -- she shares the school record with Lehnert. The Wisconsin native placed 31st at the NCAA Championships with a dive of 214.95. Lehnert also advanced to the NCAA Championships, placing 36th with a score of 206.95.

The Hawkeyes return their top three divers on the 1-meter, including last year's team diving MVP Morgan Rafferty. The sophomore ranks ninth off the 1-meter (296.02) in the UI record books and dove to NCAA Zone Diving standards off the 1-meter (296.02) and 3-meter (309.98) last season. Sophomore Jacintha Thomas and Lehnert also look to become factors off the 1-meter board this season.

Iowa's top four 3-meter divers all return for 2016-17, including Lehnert who led the Hawkeyes with a season-best dive of 311.70. Lehnert currently ranks 10th off the 3-meter (312.00) in program history.

Iowa also added to its diving depth with the additions of freshmen Olivia Dopkiss, a Junior National qualifier, and Norwegian Thelma Baatz Strandberg.



**CALLI HEAD
JUNIOR**



KELLY MCNAMARA



TEREYSA LEHNERTZ



LYDIA LEHNERT



COLTER ALLEN

Jr. - Fly
Zimmerman, Minn.
Fridley



2015-16 -- Swam collegiate--best times in 200 free (1:41.61), 100 back (50.38), and 200 back (1:54.69)... had season-best times of 59.47 (100 fly), 1:51.76 (200 fly), and 1:52.22 (200 IM)... Academic All-Big Ten... named to UI's Dean's List for fall and spring semesters.

2014-15 -- Swam collegiate--best times in the 50 free (21.74), 100 free (47.61), 200 free (1:44.38), 100 fly (49.12), 200 fly (1:50.76), and 200 IM (1:49.63)... 200 IM time was the third-best on the team... recorded 11 top-5 finishes... named to the Dean's List in both the fall and spring semesters... letterwinner.

High School -- All-America honoree in 100 fly as a senior... four-time all-state and all-conference selection... two-time Minnesota state champion in the 100 fly and 200 IM... earned All-America consideration both as a sophomore and junior... named Section Swimmer of the Year in 2013 and 2014... holds Fridley High School records in nine events -- 50 free, 100 free, 200 free, 200 IM, 100 fly, 100 back, and as a member

of the 200 and 400-free relays and 200-medley relay... placed seventh nationally in the 50-fly (LCM) at the Summer NCSA Junior Nationals with a 25.36... top times include 48.53 (100 fly), 20.99 (50 free), 1:40.54 (200 free), 4:39.34 (500 free) and 1:53.18 (200 IM)... swam club for Dave Bentz and the Great Wolf Swim Team.

Personal -- Born Oct. 3, 1995... son of Jeff and Shirley Allen... has two brothers, Bryce and Keanan... majoring in business.

COLLEGIATE BESTS

- 50 Free - 21.74, Michigan, 10/3-4/14
- 100 Free - 47.61, at Michigan State, 10/17/14
- 200 Free - 1:44.38, Northwestern, 1/24/15
- 100 Fly - 49.12, Big Ten Championships, 2/26-28/15
- 200 Fly - 1:50.76, Big Ten Championships, 2/26-28/15
- 200 IM - 1:49.63, Big Ten Championships, 2/26-28/15



COLTER ALLEN
JUNIOR



WILL BRENNER

So. • Diving
Ypsilanti, Mich.
Huron



Personal -- Born July 6, 1997, in Ann Arbor, Michigan... son of Karl and Christine Brenner... has two sibings, Ben and Brooke... majoring in pre-business.

COLLEGIATE BESTS

1-Meter - 365.00, Hawkeye Invitational, 12/5/15
3-Meter - 319.35, Northwestern, 1/23/16
Platform - 280.65, Hawkeye Invitational, 12/6/15

Hawk Item -- Holds the UI school record off the 1-meter springboard (365.00) and ranks sixth off platform (280.65).

2015-16 -- Posted an NCAA Zone Diving Standard on the 1-meter (365.00), where he led the team... had season-bests of 319.35 (3-meter) and 280.65 (platform)... broke the school 1-meter record at the Hawkeye Invitational, finishing with a dive of 365.00... two-time Big Ten Freshman of the Week (Dec. 9, Feb. 10)... advanced to the final and placed 11th off the 1-meter (328.40) at the NCAA Zone D Diving Championships... had a score of 334.05 in the prelims... also placed 16th off platform (251.80) at Zones... finished 11th on 1-meter (322.75) at Big Ten Championships... dove to four 1-meter titles on the year.

High School -- Three-time All-American... four-time all-state and all-district selection... three-time team Most Valuable Player... dove to a 16th place finish at Winter Nationals... finished second and eighth at the state meet as a senior, third and 10th as a junior, fourth and 12 as a sophomore, and 14th and 15th as a freshman... also was a state qualifier as a swimmer, where he was a three-time placewinner in 50 free and 200-free relay... holds school record in six dives (335.35) and pool record in six dives (323.80)... holds school and pool records in 11 dives (534.75)... also is a school-recordholder in 50 free (20.37), 200-free relay (1:24.83), and 400-free relay (3:08.43)... also was team captain in tennis, helping team to a pair of state titles... won one individual title and earned two runner-up finishes... high school coaches were Eric and Andrea Stanczyk and Brad Huttenga.



BEN COLIN

So • Free
Dubuque, Iowa
Dubuque Senior



2015-16 -- Swam collegiate-bests in 200 free (1:40.98), 500 free (4:31.58), 1,000 free (9:36.25), 1,650 free (16:00.91)... led team in the 1,000 free and had third-fastest 1,650 free time.

High School -- Three-time all-state honoree... four-time All-MVC selection... earned all-state honors in the 200 free and 500 free as a junior and senior and in the 400-free relay as a sophomore... team MVP and team captain as a senior... was the state runner-up in the 200 and 500 free as a senior... helped team to a second place state finish in 2013, fourth in 2012 and 2015, and eighth in 2014... team won three conference titles (2012, 2013, 2015) and finished second in 2014... school record holder in 500 free (4:35.52)... top times are 48.09 (100 free), 1:41.94 (200 free), 4:35.52 (500 free), 9:39.89 (1,000 free), 16:14.69 (1,650 free)... USA Swimming Scholastic All-American and Academic All-American... named academic all-state and All-MVC... member of the honor roll and received the American Legion Award... National Honor Society inductee... high school coaches were Dan Duclos and Jesse Huff.

Personal -- Born Aug. 22, 1996... son of Doug and Marie Colin... has two younger brothers, John and Will... John, is currently a freshman on the Iowa men's swimming and diving team... majoring in journalism and mass communication.

COLLEGIATE BESTS

200 Free - 1:40.90, Big Ten Championships, 2/26/16
500 Free - 4:31.58, Big Ten Championships, 2/25/16
1,000 Free - 9:36.25, Purdue, 11/5/15
1,650 Free - 16:00.91, Big Ten Championships, 2/27/16



JOHN COLIN

Fr. • Free/Back
Dubuque, Iowa
Dubuque Senior



High School -- USA Swimming Summer and Winter Junior Nationals qualifier... two-time All-American (100 free as a sophomore, 100 back as a junior)... three-time all-state, and four-time all-conference selection... was the Iowa state runner-up in the 100 back as a junior and 100 free and 100 back as a sophomore... helped Dubuque to a team state runner-up finish as a freshman... helped team to two conference team titles, swimming on the winning 200-medley relay as a freshman and junior... school record holder in the 200-medley relay (1:35.50) and 100 back (50.48)... top times: 50 free (21.10), 100 free (45.67), 200 free (1:42.95), 500 free (4:44.08), 100 back (50.48), 100 fly (51.61), 200 IM (1:55.85), 50-meter free (23.97), 100-meter free (52.13), 100-meter back (58.88), 100-meter fly (58.55)... high school coaches were Dan Duclos and Jesse Huff... club coach is Doug Colin.

Personal -- Born Feb. 27, 1998... son of Doug and Marie Colin... has two brothers, Ben and Will... Ben, is currently a sophomore on the Iowa men's swimming and diving team... majoring in pre-business.



WESTON CREDIT

Fr. • Breast
La Grange, Ill.
Lyons Township



High School -- Three-time high school All-American in 100 breast, 200-medley relay, and 400-free relay... 2015 and 2016 Speedo Sectional qualifier... two-time NCSA Junior Nationals qualifier... finished eighth at NCSAs in 200-meter breast (2:24.35) in 2015... was 11th in 50 breast, 12th in 100-breast (55.71), and 14th in 200 breast (2:01.07)... second-team all-state as a junior and senior; honorable-mention as a sophomore... three-time team MVP... team captain of the 2016 Illinois State Champion swim team -- the first swimming team champion in Lyons Township history... member of the school-record-setting and winning 400-free relay (3:04.71)... also swam records in 200-IM (1:51.85, seventh), 100 breast (56.18, fourth), and 200-medley relay (1:32.20, second)... school record-holder in the 200-medley relay (1:33.78), 100 breast (57.61), and 400-free relay (3:07.61)... top times: 50 free (21.90), 100 free (47.86), 100 breast (55.71), 200 breast (2:01.07), 200 free (1:41.37), 200 IM (1:51.85), 100 breast LCM (1:04.61), and 200 breast LCM (2:23.54)... also was a member of the 2015 Illinois state champion water polo team... Honor Roll all four years, recipient of the Academic Letter Award, and Academic Chevron... high school coach was Scott Walker... club coach was Adam Cremieux.

Personal -- Born April 20, 1998... son of Rob and Alison Credit... both parents were swimming All-Americans at Denison University; mother was a two-time NCAA Division III national champion in the 200 breast... cousin, Ryan Dunne, swam at the Air Force Academy... has two younger sisters, Grace and Reagan... majoring in political science.



CHRIS DAWSON

Jr. • Free
Centennial, Colo.
Regis Jesuit



Hawk Item -- Holds the third-fastest time in the UI record books in 1,000 free (9:09.81), fourth-best in 400 IM (3:52.14), and fifth-fastest in 1,650 free (15:12.17).

2015-16 -- Had an NCAA "B" qualifying time in 400 IM (3:52.14)... led the team in 400 IM, 1,650 free (15:31.84), and 500 free (4:28.29)... was second in 1,000 free (9:36.46)... swam collegiate-best times of 22.37 (50 free) and 1:55.35 (200 IM)... had season-best times of 1:42.35 (200 free), 4:28.29 (500 free), 9:36.46 (1,000 free), and 15:31.84 (1,650 free)... scored in two events at Big Ten Championships... placed 21st in 1,650 free (15:31.84) and 22nd in 400 IM (3:52.14)... swam to a 500 free win in dual against Michigan State (10/16/15) and one relay win at Illinois Chicago... Academic All-Big Ten.

2014-15 -- Swam NCAA "B" qualifying times in the 500 free and 400 IM... swam collegiate-best times in the 50 free (23.61), 100 free (48.66), 200 free (1:41.45), 500 free (4:23.27), 1,000 free (9:09.81), 1,650 free



(15:12.17), 100 butterfly (52.74), and 400 IM (3:52.37)... top times in 1,000 free, 1,650 free, and 400 IM each led team... 500 free time was second on the team... finished 10th in the 1,650 free at Big Ten Championships (15:41.85)... member of team's fourth-fastest 800 free relay quartet (6:48.20)... recorded 17 top-5 finishes... letterwinner.

High School -- Earned NISCA All-America honors in three events, while being a three-time all-state selection in the 500-yard free... finished third on a national level at the 2012 Senior Western Zones in the 1,500-free and 400-IM, and seventh in the 1,000-free... competed at the 2012 and 2013 short course Junior Nationals... personal-best times of 15:28.92 (1,650 free), 4:27.82 (500 free) and 3:58.74 (400 IM).

Personal -- Born June 20, 1996... son of Bruce and Sibby Dawson... has an older sister, Holly... majoring in English.

COLLEGIATE BESTS

- 50 Free - 22.37, Michigan State, 10/15/15
- 100 Free - 48.66, Intrasquad Meet, 10/11/14
- 200 Free - 1:41.45, Hawkeye Invitational, 12/5-7/14
- 500 Free - 4:23.27, Big Ten Championships 2/26-28/15
- 1,000 Free - 9:09.81, Big Ten Championships 2/28/15
- 1,650 Free - 15:12.17, Big Ten Championships 2/26-28/15
- 100 Fly - 52.74, Hawkeye Invitational 12/5-7/14
- 200 IM - 1:55.35, Western Illinois 2/5/16
- 400 IM - 3:52.14, Big Ten Championships 2/26/16



SAM DUMFORD

Fr. • Free
Downers Grove, Ill.
Downers Grove South



High School -- All-state selection as a senior... placed third in the 50 free and 11th in the 100 free at the state meet... conference champion in 50 free and 100 free from sophomore to senior years... holds school records with career best times in 50 free (20.98) and 100 free (46.04)... high school coach was Bryan Szweda.

Personal -- Born July 16, 1998, in Omaha, Nebraska... son of Dan and Katie Dumford... both parents are Iowa swimming and diving alums... has two younger sisters, Lucy and Rose... majoring in chemical engineering.



BRANDON FARNUM

Sr. • Free
Red Oak, Iowa
Red Oak



Hawk Item -- Member of the 200-free relay team that has the eighth-fastest time (1:19.38) in program history.

2015-16 -- Swam a collegiate-best time in 100 fly (49.37)... had season-best times of 20.29 (50 free) and 44.80 (100 free)... member of the team-leading 200-free relay (1:18.72)... member of the seventh-place 200-free relay (1:18.72) at the 2016 Big Ten Championships... won the 100 free in season-opening dual at Illinois Chicago (9/26)... also was on a pair of winning relays... recipient of Strength & Conditioning Award... Academic All-Big Ten honoree.

2014-15 -- Iowa's Big Ten Sportsmanship honoree... swam collegiate-best times in the 50 free (20.28), 100 free (44.64), and 100 fly (49.81)... member of team-leading 200 free relay (1:19.38), third-fastest 400 medley relay (3:25.27), and fourth-fastest 200 medley relay (1:29.81)... 200 free relay time ranks eighth all-time... recorded two top-10 finishes at Big Ten Championships; finishing seventh in the 400 free relay (2:56.62) and eighth in the 200 free relay (1:19.38)... named Academic All-Big Ten... recipient of the Irving B. Weber Leadership Award... letterwinner.

BRANDON FARNUM
SENIOR

2013-14 -- Swam collegiate-best times in the 50 (20.44) and 100-free (44.99) at the Iowa Senior Championships, while recording a collegiate-best in the 200 free (1:42.96) at the Hawkeye Invitational... was a member of the third-fastest 200 free relay (1:20.87) and 800 free relay (6:46.24) teams... letterwinner.

High School -- Placed fourth in the 50 and 100 free at the 2013 Iowa State Meet... finished third and 10th as a junior and 24th and 17th as a sophomore... helped Red Oak to an eighth place team finish in 2013 following a ninth-place showing in 2012... school-record-holder in the 100-free (46.81)... also competed on the golf team for four years, where he was named the most improved golfer in 2012... graduated with high honors... high school coach was Bruce Shomburg.

Personal -- Born Aug. 17, 1994, in Council Bluffs, Iowa... son of Mike and Cheryl Farnum... has an older sister, Stephanie... majoring in finance.

COLLEGIATE BESTS

- 50 Free - 20.28, Big Ten Championships, 2/26/15
- 100 Free - 44.65, Big Ten Championships, 2/26/15
- 200 Free - 1:42.96, Hawkeye Invitational, 12/7/13
- 100 Fly - 49.37, Big Ten Championships, 2/26/16



STEVE FIOLIC

Fr. • Free
Urbandale, Iowa
Johnston



High School -- Competed at the 2015 Speedo Futures, finishing 10th in the 100-meter free in 52.84 seconds... was state runner-up at state meet as a senior in 100 free (45.57) and 200 free (1:40.36)... finished third in the state in the 50 free and fourth in the 100 free as a junior... was sixth in the 100 free and eighth in the 50 free at the Iowa State Meet as a sophomore... top times: 50 free (21.05), 100 free (45.57)... also was a state qualifier in track and field... earned an academic letter in 2013, 2014, and 2015... member of the National Honor Society... Senior Scholastics Award recipient... high school coach was Shari Walling... club coach was Allan McCallum and Kyle Hastings.

Personal -- Born Jan. 25, 1997... son of Ivan and Lilijana Fiolic... has a younger sister, Amy... majoring engineering.



KYLE GANNON
SENIOR



KYLE GANNON

Sr. • Free
Saint Charles, Ill.
Saint Charles North



Hawk Item -- Has the 10th-fastest time in UI record books in 1,650 free (15:31.19).

2015-16 -- Swam collegiate-bests in 50 free (20.85) and 100 free (45.70)... had a season-best time of 1:38.35 (200 free) and 4:29.40 (500 free)... ranked third on team in 200 free... member of the team's top 800-free relay (6:27.83)... scored at the Big Ten Championships as part of 800-free relay... placed sixth with a time of 6:27.83... was a member of two winning relays on the year.

2014-15 -- Led the team in the 500 free with an NCAA "B" cut time of 4:22.76... was second on the team in the 200 free with an NCAA "B" cut time of 1:37.35... swam collegiate-best times in the 50 free (23.41), 100 free (46.03), 200 free (1:37.35), 500 free (4:22.76), and 1,000 free (9:24.96)... member of second-fastest 800-free relay (6:35.96) and fourth-fastest 200 free relay team (1:22.88)... letterwinner.

2013-14 -- Led team in 1,650 free (15:31.19)... recorded collegiate-bests in 200-free (1:38.28), 500-free (4:28.57), and 1,650-free at Big Ten Championships... swam season-best time of 9:35.56 in 1,000-free against Michigan State... recorded five top-five finishes... letterwinner.

High School -- Two-time All-American and all-state selection... team captain as a senior... posted three top-five finishes at the Illinois State Meet as a senior... was fourth in 200-medley relay, fifth in 400-free relay and fifth in 500 free... won six conference titles and posted two runner-up finishes in 2012 and 2013... school-record-holder in the 500 free (4:29.33), 200-medley relay (1:34.39), and 400-free relay (3:07.51)... academic all-conference selection from 2010-13... coached by Rob Rooney.

Personal -- Born June 5, 1995, in Doylestown, Pa... son of Michael and Stephanie Gannon... has an older sister, Taylor, who swims at Rhode Island... majoring in human physiology.

COLLEGIATE BESTS

- 50 Free - 20.85, Intrasquad, 10/9/15
- 100 Free - 45.70, Big Ten Championships, 12/5-7/14
- 200 Free - 1:37.35, Big Ten Championships, 2/27/16
- 500 Free - 4:22.76, Big Ten Championships, 2/26-28/15
- 1,000 Free - 9:24.96, Big Ten Championships, 2/28/15
- 1,650 Free - 15:31.19, Big Ten Championships, 3/1/14





JACKSON HALSMER
SENIOR



JACKSON HALSMER

Sr. • Free
Byron, Ill.
Byron



Hawk Item -- 2015 NCAA qualifier... member of the UI school-record 200-medley relay (1:25.53)... also holds the seventh-fastest time in 50 free (19.91)... competed at the 2016 USA Olympic Team Trials in 50-meter free.

2015-16 -- Had a collegiate-best time in 100 breast (1:00.79)... swam season-best times of 20.21 (50 free), 44.79 (100 free), and 1:38.68 (200 free)... member of the team's top 400-free relay (2:56.37) and second-best 200-free relay (1:19.58) and 400-medley relay (3:16.66)... swam to a pair of individual wins in duals against Illinois Chicago and Western Illinois... part of six winning relays.

2014-15 -- NCAA qualifier in two events... finished 18th in the 200-medley relay (1:26.19) and 19th in the 400-medley relay (2:10.03)... swam to NCAA "B" cut times in the 50 and 100 free, leading team in both events... posted collegiate-best times in the 50 free (19.61), 100 free (44.28), and 200 free (1:38.60)... member of team-leading 200-free relay (1:19.38), 400-free relay (2:55.55) and record-setting 200-medley relay (1:25.53), and 400-medley relay (3:08.56)... top time in the 50 free ranks seventh all-time... recipient of team's Wally Ris Memorial Award... letterwinner.

2013-14 -- Led team in the 50-free (20.24)... recorded collegiate-bests in the 50 (20.24), 100 (45.05), and 200-free (1:39.66) at Big Ten Championships... swam on the team-leading 200 (1:20.24) and 400 free relays (2:57.20)... registered five top-five finishes... letterwinner.

High School -- Earned all-state honors as a senior after finishing fourth in the 50 free and seventh in the 100 free at the Illinois State Meet... finished 13th in the 50 free... four-time all-conference selection... two-time team MVP... won the 50 and 100 free at the conference meet as a junior and senior... was runner-up in 200 free as a sophomore and was a member of third-place 200 free and medley relays in 2013... school-record-holder in 50 (20.83) and 100 (45.6) free... also ran track and field/cross country, earning three top-nine finishes in the 4x800-meter relay... high school coach was Pat Egan.

Personal -- Born July 29, 1994, in Peoria, Ill... son of Tim and Shari Halsmer... has two siblings, Spencer and Kennedy... majoring in communication studies.

COLLEGIATE BESTS

- 50 Free - 19.91, Hawkeye Invitational, 12/5-7/14
- 100 Free - 44.28, Hawkeye Invitational, 12/5-7/14
- 200 Free - 1:38.60, Hawkeye Invitational, 12/5-7/14
- 100 Breast - 1:00.79, Hawkeye Invitational, 12/5/15





BRANDIS HEFFNER

Sr. • Diving
Bloomington, Ill.
University



Hawk Item -- Ranks fifth in the UI record books off the 3-meter (366.90) and sixth off 1-meter (341.55).

2015-16 -- Posted NCAA Zone Diving Standards on the 1-meter (341.55) and 3-meter (366.90)... led the team on the 3-meter and had second-best 1-meter score... advanced to 1-meter and 3-meter finals at NCAA Zone D Diving Championships, finishing 14th off 3-meter (323.65) and 18th (293.05) on 1-meter... had a prelim score of 342.75 in 3-meter... finished 16th on the 1-meter (283.75) at the Big Ten Championships... won the 3-meter competition in dual against Western Illinois (2/5)... honorable-mention CSCAA Scholar All-American... Academic All-Big Ten honoree... named to UI's Dean's List for fall and spring semesters.

2014-15 -- Posted NCAA Zone Diving qualifying marks on the 1-meter and 3-meter... led team on the 1-meter after diving to a collegiate-best score of 325.88 against Minnesota (10/31)... top score off the 3-meter (353.10) ranked second on the team and sixth all-time... is tied-eighth all-time off the 1-meter... dove to eight top-5 finishes, including a pair of wins against Western Illinois off the 1-meter (299.80) and 3-meter (353.10)... named Academic All-Big Ten... letterwinner.

2013-14 -- Recorded an NCAA Zone Diving standard in the one-meter springboard (314.00)... dove to a personal-best 314.30 at NCAA Zone Diving on the one-meter, placing 19th... recorded a collegiate best in the

three-meter (308.50) at Big Ten Championships and platform (197.05) at the Hawkeye Invitational... dove to three second place finishes... letterwinner.

High School -- All-America and all-state selection as a senior after winning the Illinois State Meet with 447.25 points... three-time Intercity Diving champion... sectional champion as a junior, conference champion as a senior... finished 23rd at the state meet as a junior and 28th as a sophomore... was the conference runner-up as a sophomore and junior before winning title as a senior... led team to three conference championships and a third, eighth and fifth place state team finish... holds school records in six dives (292.55) and 11 dives (510.75)... personal bests are 292.55 (1-meter/6 dives), 514.05 (1-meter/11 dives) and 515.90 (3-meter/11 dives)... member of the honor roll all four years... coaches were Michelle Meyer (high school) and Phil Hoffmann (club).

Personal -- Born April 7, 1995, in Bloomington, Ill... son of Brendan and Joy Heffner... has three siblings, Alexandria, Jaxon and Trey... majoring in journalism and mass communication.

COLLEGIATE BESTS

- 1-Meter - 341.55, at Purdue, 11/6/15
- 3-Meter - 366.90, Hawkeye Invitational, 12/4/15
- Platform - 239.80, Hawkeye Invitational, 12/8/13



BRANDIS HEFFNER
SENIOR



RJ HEMMINGSEN

Jr. • Free/Fly
Council Bluffs, Iowa
Lewis Central



Hawk Item -- Has the eighth-fastest time in the UI record books in 100 fly (48.00)... competed at the 2016 USA Olympic Team Trials in 50-meter free.

2015-16 -- Swam a collegiate best time in 200 fly (1:49.44) at Big Ten Championships... was second on the team in 200 fly and third in 100 fly (48.47)... had season-bests of 20.48 (50 free), 47.61 (100 free), 50.74 (100 back), and 48.47 (100 fly)... member of the team's third-fastest 400-medley relay... scored in the 200 fly, placing 23rd (1:50.98) at the Big Ten Championships... Academic All-Big Ten honoree.

2014-15 -- Swam to an NCAA "B" cut qualifying time of 48.00 in the 100 fly... posted collegiate-best times in the 50 free (20.27), 100 free (45.54), 100 back (49.90), and 100 fly (48.00)... 50 free time was third-best on the team... top time in the 100 fly ranks eighth all-time... member of team's fourth-fastest 400 medley relay (3:25.63)... letterwinner.

High School -- Qualified for four events -- 50 and 100 free, 100 fly and 100 back -- at Junior Nationals... won the state title in the 100-fly as a junior and senior... set the Iowa state record (47.84) and earned first-team all-state honors in the 50-free... as a sophomore, Hemmingsen was the District Swimmer of the Year earning first-team all-state honors in the 100-fly and second-team honors in the 50-free as a sophomore and freshman... school record holder in three events -- 100 fly (47.84), 50 free (20.56) and 100 back (52.54).

Personal -- Born Aug. 20, 1995... son of Rob and Cheryl Hemmingsen... has one brother, Luke... majoring in electrical engineering.

COLLEGIATE BESTS

- 50 Free - 20.27, Big Ten Championships, 2/26/15
- 100 Free - 45.54, Big Ten Championships, 2/26-28/15
- 100 Back - 49.90, Hawkeye Invitational, 12/6-8/14
- 100 Fly - 48.00, Big Ten Championships, 2/26-28/15
- 200 Fly - 1:49.44.00, at Big Ten Championships, 2/27/16



GARRETT HOCE

Jr. • IM/Free
Canfield, Ohio
Palm Harbor (Fla.)



2015-16 -- Swam collegiate-bests in 200 free (1:46.77), 500 free (4:43.58), 100 back (53.82), and 200 breast (2:11.09)... had a season-best time of 1:56.01 (200 fly), 200 IM (1:53.66), and 400 IM (4:03.79)... ranked second on the team in the 400 IM.

2014-15 -- Swam collegiate-best times in the 500 free (4:45.72), 100 breast (1:02.82), 100 fly (53.95), 200 fly (1:52.07), 200 IM (1:52.11), and 400 IM (3:59.35)... 400 IM time was second-fastest on the team... posted eight top-5 finishes, included a win at the Shamrock Invite, taking first in the 200 IM (1:57.34)... letterwinner.

High School -- Posted three top-eight finishes as a senior, winning the 100-breast, placing third in 200 IM, and eighth in 100 breast... team captain as senior... led team to 4A state title... led team to conference, district, and regional titles and a state runner-up finish as a junior... placed fourth in 200 IM at state meet... team MVP as a freshman in Ohio... set school records in 200-free, 500-free, 200-IM, and in 200 and 400 free relays... high school coach was Lisa Bitting.

Personal -- Born April 16, 1996... son of Kris and Shelly Hoce... has one younger brother, Gibson... majoring in interdepartmental studies.

COLLEGIATE BESTS

- 500 Free - 4:45.72, Western Illinois, 2/6/15
- 100 Breast - 1:02.82, Intrasquad Meet, 10/11/14
- 100 Fly - 53.95, Hawkeye Invitational, 12/5-7/14
- 200 Fly - 1:52.07, Big Ten Championships, 2/26-28/15
- 200 IM - 1:52.11, Big Ten Championships, 2/26-28/15
- 400 IM - 3:58.35, Big Ten Championships, 2/26-28/15





EVAN HULL

Jr. • Diving
Denver, Colo.
Denver East



2015-16 -- Dove to an NCAA Zone Diving Standard on 1-meter (304.75)... had a season-best score of 247.25 on 3-meter... placed 28th on 1-meter (214.40) and 32nd on 3-meter (203.50) at NCAA Zone D Diving Championships... honorable-mention CSCAA Scholar All-American... Academic All-Big Ten honoree... named to UI's Dean's List for spring semester.

2014-15 -- Dove to collegiate-best scores off the 1-meter (245.33), 3-meter (247.65), and platform (222.20)... had two top-five finishes... letterwinner.

Personal -- Son of Brandon and Linda Hull... brother, Andrew, is also a member of the Iowa diving team... majoring in business.

COLLEGIATE BESTS

- 1-Meter - 304.75, Western Illinois, 2/5/16
- 3-Meter - 247.65, Western Illinois, 2/6/15
- Platform - 222.20, Western Illinois, 2/6/15



MATT KAMIN

So. • Free
Dunlap, Ill.
Notre Dame



Hawk Item -- Holds the eighth-fastest time in the UI record books in 100 free (43.95).

2015-16 -- Swam an NCAA "B" qualifying time in 100 free (43.95) -- the second-best time on the team... swam collegiate-bests in 50 free (20.46), 100 free (43.95), 200 free (1:38.85), and 100 breast (1:02.46)... member of the team-leading 800-free relay (6:27.83) and second-fastest 400-free relay (2:56.46)... scored in three events at Big Ten Championships... placed sixth in 800-free relay (6:27.83), eighth in 400-free relay (2:56.46), and 14th in 100 free (44.33)... won four relay titles on the year.

High School -- Two-time All-American... two-time all-state... two-time team captain... won the 400-free relay at state meet as the anchor as a senior... also finished second in 100 and 200 free and third in the 200-free relay... helped team to a state runner-up finish... placed fourth in the

200-free, fifth in the 100 free, and sixth in 200-free relay as a junior at Evanston High School... placed ninth in 200-medley relay at IHSA State Meet at New Trier High School as a sophomore... personal bests are 20.91 (50 free), 45.21 (100 free), 1:38.32 (200 free), and 4:36.45 (500 free)... holds school records in 100 free, 200 free, and 200 and 400-free relays... high school coaches were Shawn Ribordy and Vern Eroh.

Personal -- Son of John and Nancy Kamin... has an older sister, Allison... majoring in communications studies.

COLLEGIATE BESTS

- 50 Free - 20.46, at Big Ten Championships, 2/25/16
- 100 Free - 43.95, at Big Ten Championships, 2/27/16
- 200 Free - 1:38.85, at Big Ten Championships, 2/26/15
- 100 Breast - 1:02.46, Hawkeye Invitational, 12/5/15



MATT MAUSER

So. • Diving
Denver, Colo.
Regis Jesuit



Hawk Item -- Has the fifth-best score in the UI record books off the platform (291.55).

2015-16 -- Redshirted... did not compete... named to UI's Dean's List for fall and spring semesters.

2014-15 -- Posted an NCAA Zone D Diving qualifying score off the 3-meter... dove to collegiate-best scores off the 1-meter (296.50), 3-meter (332.90), and platform (291.55)... finished 16th overall off the platform (529.90) at the NCAA Zones... six-dive score off the platform ranks fourth all-time... posted seven top-5 finishes... letterwinner.

High School -- Two-time NISCA All-American, three-time state team member and team most valuable diver at Regis Jesuit High School... finished as the individual runner-up at the state meet as a sophomore and junior, and fourth as a senior... was conference runner-up all four years... nationally, finished second on the 3-meter (432) and fourth on the 1-meter (372.80) at the 2013 AAU Nationals... 12th on the 1-meter (403) and 21st on the 3-meter (408) at the 2013 USA Diving Age Group Nationals... 14th on the 3-meter at the 2013 Junior West Nationals... top 1-meter score is 321.00 (six dives).

Personal -- Born April 29, 1996... son of Bill and Patt Mauser... has an older sister, Emily... majoring in accounting.

COLLEGIATE BESTS

1-Meter - 296.50, NCAA Zone D Diving Championships, 3/11/15
3-Meter - 332.90, Western Illinois, 2/6/15
Platform - 291.55, Big Ten Championships, 2/26-28/15



KENNETH MENDE

RS Fr. • Back/IM
Gruena, Germany
Sportsgymnasium Chemnitz



Hawk Item -- NCAA qualifier in 2016... member of the school-record 400-medley relay (3:07.83)... ranks third in the UI record books in the 100 back (47.19), fourth in 200 back (1:43.87), and eighth in 200 IM (1:49.12).

2015-16 -- NCAA qualifier in two events -- 200-medley relay and 400-medley relay... swam to NCAA "B" qualifying times and led team in 100 back (47.19) and 200 back (1:43.87)... member of the NCAA automatic qualifying and school-record-setting 400-medley relay (3:07.83)... also led team and swam a career-best in 200 IM (1:49.12) and was third on team in 400 IM (4:05.32)... member of team-leading and NCAA provisional qualifying 200-medley relay (1:25.67)... placed 20th in 200-medley relay (1:26.50) and 21st in 400-medley relay (3:10.06) at NCAA Championships... scored in four events at the Big Ten Championships... placed third in 400-medley relay (3:07.83), fourth in 200-medley relay (1:25.67), 12th in 200 back (1:44.65), and 14th in 100 back (47.45)... won five individual events and three relays on the year... Academic All-Big Ten honoree.

2014-15 -- Redshirted.

High School -- Top times are 47.66 (100-yard back), 1:44.07 (200-yard back), 1:49.66 (200-yard IM), 3:58.47 (400-yard IM)... 53.58 (100-back SCM), 1:57.19 (200 back SCM), 2:02.95 (200 IM SCM), 4:25.32 (400 IM SCM), 56.15 (100 back LCM), 2:02.24 (200 back LCM), 2:04.95 (200 IM LCM), 4:31.67 (400 IM LCM)... coached by Steven Krueger.

Personal -- Born Aug. 10, 1994... son of Karsten and Ines Mende... has an older sister, Sabrina... majoring in pre-business.

COLLEGIATE BESTS

100 Back - 47.19, at Big Ten Championships, 2/25/16
200 Back - 1:43.87, at Big Ten Championships, 2/27/16
200 IM - 1:49.12, at Big Ten Championships, 2/25/16
400 IM - 4:05.32, Hawkeye Invitational, 12/5/15



JOE MYHRE

Fr. • Free
St. Charles, Ill.
St. Charles North



High School -- Three-time All-American as a junior... competed in the NCSA Summer Junior Nationals, NCSA Spring Junior Nationals, and NCSA Winter Nationals... three-time state qualifier, two-time all-conference, all-state selection, and three-time team MVP... four-time conference champion in 100 and 200 freestyle... swam a split time of 20.06 in 200-free relay and 44.63 in 400-free relay as a junior... school record-holder in the 50 free, 100 free, 200-medley relay, and 200-free relay... top times: 50 free (20.55), 100 free (44.92), 200 free (1:38.77), 500 free (4:37.17), 100 back (52.73), and 200 back (1:53.22)... high school coach was Rob Rooney... club coach was Tim Lewarchick.

Personal -- Born Nov. 12, 1997... son of David and Paula Myhre... mother ran collegiate track at Drake... has a younger brother, Will... majoring in mathematics.



TANNER NELSON

So. • Breast
Bettendorf, Iowa
Bettendorf



2015-16 -- Swam season--best times in the 100 breast (56.84), 200 breast (2:07.12), 200 IM (1:57.46), and 50 free (23.03)... was fourth on the team in the 100 and 200 breast.

2014-15 -- Swam collegiate--best times in the 200 free (1:52.40), 500 free (4:56.76), 1,000 free (10:22.97), 1,650 free (17:22.96), 100 fly (1:01.32), 200 IM (2:12.56), and 400 IM (4:27.17)... posted four wins and two runner-up finishes... recorded 14 top-5 finishes... letterwinner.

High School -- Earned all-state honors as a senior after finishing sixth in the 500 free (4:57.94) and eighth in the 200 free (1:52.46)... two-time all-conference selection... voted team's Most Valuable Swimmer as a senior.

Personal -- Born July 8, 1996... daughter of John and Ann Bindseil... has one brother, TJ... majoring in psychology.

COLLEGIATE BESTS

100 Breast - 56.84, Hawkeye Invitational, 12/5/15
200 Breast - 2:07.12, Hawkeye Invitational, 12/6/15
200 IM - 1:57.46, at Shamrock Invitational, 1/30/16
50 Free - 23.03, Hawkeye Invitational, 12/4/15



KYLE PATNODE

Sr. • Fly/Back
Oak Park, Ill.
Oak Park & River Forest



Hawk Item -- Competed at the 2016 USA Olympic Team Trials in 100-meter fly.

2015-16 -- Swam collegiate--bests in 50 free (21.02), 100 back (49.27), 200 back (1:47.04)... ranked third on team in 100 back and fourth in 200 back and 100 fly... had a season-best time of 48.76 (100 fly)... member of the winning 400-medley relay in dual against Western Illinois... recipient of team's Strength & Conditioning Award.

2014-15 -- Swam an NCAA "B" qualifying time in the 100 fly (48.27)... posted collegiate--best times in the 50 free (21.67), 100 back (49.36), 100 fly (48.27), and 200 IM (1:52.50)... recorded 16 top-5 finishes, including one win... member of team's fourth-fastest 200 free relay (1:22.88)... letterwinner.

2013-14 -- Swam collegiate--best times in the 100-back (49.85), 200-back (1:48.90), 100-fly (48.68), and 200-fly (1:51.40) at Iowa Senior Championships... recorded eight top-10 times this season... letterwinner.

High School -- All-state as a senior after placing fourth in the 100 back, ninth in 100 fly at the state meet... led team to a 10th-place finish at the

state championship... team captain as a senior... named team MVP and was an honorable mention IHSA selection as a junior... all-conference honoree as a freshman and sophomore... holds school records in the 100 back (50.31) and 100 fly (50.19)... placed third in the 100-meter back (58.05), third in 200-meter back (2:07.03) and 15th in 200-meter IM (2:11.43) at the 2012 YMCA Long Course Nationals ... also placed 28th in 200-meter back (2:06.61) at Speedo Junior Nationals... two-time academic All-American... high school coaches were Pete Quinn, Clyde Lundgren and George Adcock.

Personal -- Born Jan. 12, 1995, in Chicago... son of Bret and Deb Patnode... has a younger sibling, Riley... majoring in health and human physiology.

COLLEGIATE BESTS

50 Free - 21.02, Hawkeye Invitational, 12/4/15
100 Back - 49.27, at Big Ten Championships, 2/26/16
200 Back - 1:47.04, at Big Ten Championships, 2/27/16
100 Fly - 48.27, Hawkeye Invitational, 12/5-7/14
200 Fly - 1:51.40, Iowa Senior Championships, 3/2/14
200 IM - 1:52.50, Big Ten Championships, 2/26-28/15



KYLE PATNODE
SENIOR



THOMAS RATHBUN

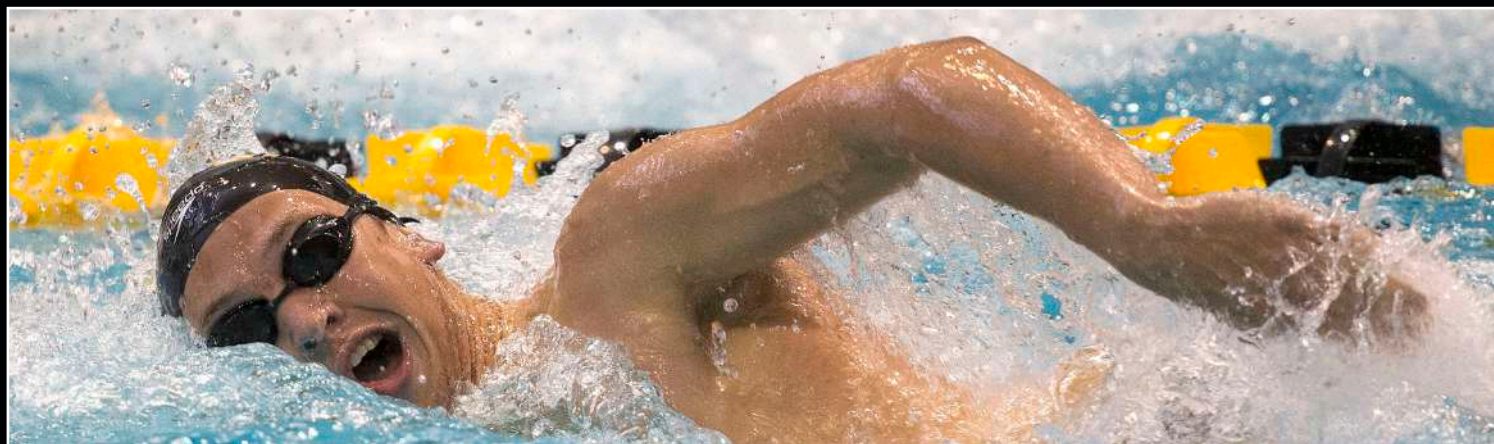
Jr. • Free/Back
Sioux Center, Iowa
Holland (Mich.)



Hawk Item -- Ranks seventh in the UI record books in 200 back (1:45.95).

2015-16 -- Posted an NCAA "B" qualifying time of 1:45.95 in 200 back, ranking third on the team... swam season-best time of 47.82 (100 free), 1:38.81 (200 free), 4:29.11 (500 free), and 51.68 (100 back)... member of the winning 200-free relay in season-opening dual at Illinois Chicago (9/26).

2014-15 -- Swam an NCAA "B" qualifying time in the 200 back (1:46.16)... posted collegiate-best times in the 50 free (23.51), 200 free (1:38.03), 500 free (4:27.13), 100 back (50.75), and 200 back (1:46.16)... ranks eighth all-time in 200 back... member of team's second-fastest 400 free relay (3:01.08) and fourth-fastest 800 free relay (6:48.20)... recorded 19 top-5 finishes, including a trio of wins... letterwinner.



High School -- Two-time All-America honoree in the 200 and 500 freestyle... won the 200 (1:39.50) and 500 (4:30.95) freestyle at the state meet as a junior... swam on the first-place 200 and 400-freestyle relays... earned all-conference honors and was a member of the Michigan "Dream Team"... competed at the 2013 SCY Junior National meet and the 2014 LCM Junior Nationals, posting all career-best times.

Personal -- Born Nov. 18, 1995... son of Van and Terry Rathbun... has six siblings, Julia, Andrew, Sarah, Emma, Joshua, and Gabe... majoring in geoscience.

COLLEGIATE BESTS

- 50 Free - 23.51, Michigan, 10/3-4/14
- 100 Free - 47.92, Hawkeye Invitational, 12/6/15
- 200 Free - 1:38.03, Big Ten Championships, 2/26-28/15
- 500 Free - 4:27.13, Big Ten Championships, 2/26-28/15
- 100 Back - 50.75, Hawkeye Invitational, 12/5-7/14
- 200 Back - 1:45.95, at Big Ten Championships, 2/27/16



LOGAN SAMUELSON

Jr. • Free
Fort Myers, Fla.
Fort Myers (Auburn University)



2015-16 -- Swam collegiate-bests in 200 free (1:40.77), 1,000 free (9:38.81), 1,650 free (15:49.74), and 100 back (55.63)... second on the team in 1,650 free, third in 1,000 free, and fourth in 500 free... had a season-best time of 4:31.01 (500 free)... won the 500 free in the season-opening dual at Illinois Chicago (4/26)... Academic All-Big Ten selection.

2014-15 (at Auburn) -- Competed as a freshman at Auburn University... posted top times of 1:40.53 (200 free), 4:25.94 (500 free), 9:21.70 (1,000 free), and 15:42.04 (1,650 free)... was second on the team in the 1,000 and 1,650 freestyle events and fourth in the 500 free... also saw action in the 400 and 800-free relays.

High School -- All-America honoree in 200 and 500 free... 2012 and 2013 News Press Swimmer and Athlete of the Year as a senior... Florida Dairy Farmers 3A Swimmer of the Year in 2014... 2013 Fort Myers Rotary South Scholar Athlete of the Year... Fort Myers High School Swimming and Diving MVP... state champion in 500 free and 200 free as a junior and senior... USA Swimming National Select Camp selection in 2013... USA Swimming Scholastic All-American from 2012-14... high school coach was Mac Kennedy.

Personal -- Born May 10, 1996... son of Brooke and Ellen Samuelson... has one sister, Lauren, who swims at Centre College... majoring in sports and recreation management.

COLLEGIATE BESTS

- 200 Free - 1:40.53, at Georgia Invitational, 2/19/15
- 500 Free - 4:25.94, at Georgia Invitational, 2/18/15
- 1,000 Free - 9:38.81, Michigan State, 10/16/15
- 1,650 Free - 15:42.04, at SEC Championships, 2/21/15
- 100 Back - 55.63, Intrasquad, 10/9/15





WILL SCOTT

Fr. • Free
Iowa City, Iowa
Iowa City West



High School -- Summer Junior National qualifier. . . All-American as a junior... three-time state qualifier. . . three-time state champion as a junior, winning the 200-free relay, 200-medley relay, and 400-free relay... also finished fourth in the 50 free. . . helped team to back-to-back state titles as a sophomore and junior. . . school record-holder in the 200-free, 200-medley and 400-free relays. . . team captain as a senior, winning the 50 free and finishing fourth in the 100 free... high school state record-holder in the 200-free, 200-medley and 400-free relays in addition to the 50 free... top times: 50 free (20.29), 100 free (45.50) . . . high school coaches were Rob Miecznikowski and Byron Butler. . . club coaches were Robert Pinter and Richard Salhus.

Personal -- Born April 8, 1998... son of Dr. Christopher and Kassia Scott... has an older sibling, Callum... majoring in mechanical engineering.



JACK SMITH

So. • Free
Stoke-On-Trent, England
Plymouth College



Hawk Item -- Member of the school-record 400-medley relay (3:07.83)... also holds the sixth-fastest time in the UI record books in the 100 free (43.86).

2015-16 -- NCAA qualifier in two events -- 200-medley relay and 400-medley relay... posted NCAA "B" qualifying times in 50 free (20.06), 100 free (43.86), and 200 free (1:37.80)... member of school-record setting and NCAA automatic qualifying 400-medley relay (3:07.83)... part of NCAA provisional qualifying 200-medley relay (1:25.67)...recipient of the Wally Ris Memorial Award for leading the team in the 100 free... also was second in 200 free and third in 50 free... swam career-best time of 54.35 (100 back) and 55.70 (100 fly)... member of team-leading 200-free relay (1:18.72), 400-free relay (2:56.37), 800-free relay (6:27.83), 200-medley relay (1:25.67), and 400-medley relay (3:07.83)... placed 20th in 200-medley relay (1:26.50) and 21st in 400-medley relay (3:10.06) at NCAA meet... scored in seven events at Big Ten Championships... placed third in 400-medley relay (3:07.83), fourth in 200-medley relay (1:25.67), sixth in 800-free relay (6:27.83), seventh in 200-free relay (1:18.72), eighth in 400-free relay (2:56.46), 11th in 100 free (43.86), and 21st in 50 free (20.12)... won five individual races and six relays on the year.

High School -- Twice selected to represent England Schools in international meets, competing in the 2013 World School games in Brazil, where he won a gold medal in the 4x100-medley relay... swam in the 2013 and 2014 European Junior Championships in Poland and Holland, swimming

the anchor leg for the winning 400-metet relay... began swimming for the Plymouth Leander program at age 12, winning multiple national titles between 2009-14 in sprint freestyle events... broke several English and British freestyle records at the ages of 12, 13, 15, and 16... swam one year for the City of Derby squad, helping team to a sixth place finish iin the Arena League National Championships... top times are 23.32 (50-meter free), 50.70 (100-meter free), 1:51.81 (200-meter free), 25.91 (50-meter fly).

Personal -- Born May 22, 1996... son of Martin and Angela Smith...has two older siblings, Perry and Tamsyn... majoring in sport and recreation management.

COLLEGIATE BESTS

- 100 Free - 20.06, at Big Ten Championships, 2/25/16
- 100 Free - 43.86, at Big Ten Championships, 2/27/16
- 200 Free - 1:37.58, Hawkeye Invitational, 12/5/15
- 100 Back - 54.35, Hawkeye Invitational, 12/5/15
- 100 Fly - 55.70, at Illinois Chicago, 9/26/15



JACK SMITH
SOPHOMORE



ALEX STREIGHTIFF

Fr. • Diving
Lake Bluff, Ill.
Lake Forest



High School -- Two-time All-American... finished fourth at the Illinois State Meet as a junior (458.25)... three-time all-conference, team MVP, and state qualifier... three-time conference champion... team co-captain as a senior... had an undefeated dual meet season as a senior... placed seventh on 1-meter and 10th on 3-meter at 2015 USA Diving Zone D Championships... won the 1-meter and was runner-up on 3-meter at 2015 Illinois Diving Association Championships... competed at the 2015 USA Diving Synchronized Diving National Championships, placing 15th... 2014 and 2015 sectional champion, posting a Vernon Hills pool record of 534.80 in 2015... pool record-holder at Vernon Hills, Stevenson, and Lake Forest... top scores: 1-meter (590.80), 3-meter (485.10)... Academic Honor Roll... high school coach was Pam Uhrik... club coach was Susan Bromberg.

Personal -- Born April 4, 1998... son of Scott and Alicia Streightiff... has two brothers, Zachary and Benjamin... majoring in mechanical engineering.



MICHAEL TENNEY

Fr. • Free/Back/Fly/IM
Chino Hills, Calif.
Chino Hills



High School -- Placed fourth in 500 free and seventh in 200 free at California state meet as a senior... placed fifth in 500 free as a junior... two-time conference champion, winning the 200 free as a junior and 500 free as a senior... also was runner-up in 200 free as senior and placed sixth in 500 free as a junior... high school coach was John Kunishima.

Personal -- Born April 27, 1998, in Anaheim, California... son of Steven and Christina Tenney... has two older sisters, Alyssa and Danielle... majoring in mechanical engineering.



JERZY TWAROWSKI

Jr. • Fly
Krakow, Poland
Athletic Championship School



Hawk Item -- Two-time NCAA qualifier... UI school record holder in 100 fly (46.70), 200 fly (1:44.00), and as a member of the 200-medley (1:25.53) and 400-medley (3:07.83) relays.

2015-16 -- NCAA qualifier in two events -- 200-medley relay and 400-medley relay... posted NCAA "B" qualifying times and led the team in the 100 fly (46.93) and 200 fly (1:45.41)... member of the NCAA provisional qualifying and team-leading 200-medley relay (1:25.67) and NCAA automatic qualifying and school-record-setting time in 400-medley relay (3:07.83)... swam collegiate-bests in 50 free (20.72) and 500 free (4:49.65)... had a season-best in 100 free (45.78)... placed 20th in 200-medley relay (1:26.50) and 21st in 400-medley relay (3:10.06) at NCAA Championships... scored in four events at the Big Ten Championships... placed third in 400-medley relay (3:07.83), fourth in 200-medley relay (1:25.67), eighth in 100 fly (47.47), and ninth in 200 fly (1:46.31)... won six individual races and two relays on the year... Academic All-Big Ten honoree.

2014-15 -- NCAA Championships qualifier in two events... finished 18th in the 200-medley relay (1:26.19) and 19th in the 400-medley relay (3:10.03)... posted NCAA "B" qualifying times in the 100 and 200 fly... swam to NCAA automatic qualifying times in the 200 and 400 medley relays... swam to school records in the 100 fly (46.70), 200 fly (1:44.00), and as a member of the 200-medley relay team (1:25.53) and 400-medley relays (3:08.56)... named the Big Ten Freshman of the Week on Nov. 4

following a breakout meet at Minnesota... swam to four top-10 finishes at the 2015 Big Ten Championships in the 200-medley relay (third, 1:25.53), 400-medley relay (fifth, 3:08.56), 100 fly (seventh, 47.04), and 800-free relay (ninth, 6:29.57)... posted 17 wins... letterwinner.

High School -- Member of the Polish Juniors National swim team, where he was a multiple gold medalist in international junior competitions... Senior National qualifier in 2014... gold and bronze medalist at the Polish Senior Championships... swam on the 4x100-medley relay that set a Polish Senior Team record... gold medalist at the winter and summer Polish Junior Championships in 2010-11, 2011-12, and 2012-13, winning the 100 fly (SCM), 200 fly (SCM), 100 fly (LCM), and 200 fly (LCM)... bronze medalist at the European Youth Olympic Festival Trabzon... semifinalist at the European Juniors Championships Antwerp in 2011-12... bronze medalist and finalist at the European Juniors Championships Poznan... finalist at World Junior Championships Dubai... best times are 25.08 in 50 fly (LCM), 24.55 in 50-fly (SCM), 53.74 in 100 fly (LCM), 52.81 in 100 fly (SCM), 2:00.11 in 200 fly (LCM), 1:56.60 in 200 fly (SCM), and 1:51.79 in 200 free (SCM)... member of the swimming team SMS Krakow.

Personal -- Born Dec. 19, 1995... son of Jerzey and Karina Twarowski... has an older brother, Bartosz... majoring in biology.

COLLEGIATE BESTS

- 50 Free - 20.72, at Big Ten Championships, 2/25/16
- 100 Free - 45.44, Hawkeye Invitational, 12/5-7/14
- 500 Free - 4:49.65, at Illinois Chicago, 9/26/15
- 100 Fly - 46.70, Hawkeye Invitational, 12/5-7/14
- 200 Fly - 1:44.00, Hawkeye Invitational, 12/5-7/14
- 200 IM - 1:51.15, Hawkeye Invitational, 12/5-7/14



JERZY TWAROWSKI
JUNIOR



ISAAK WEBB

Fr. • Breast/IM
Otley, Iowa
Pella



High School -- Two-time all-state and all-district selection... All-Iowa honoree as a senior... two-time Conference Athlete of the Year... three-time all-conference honoree and team MVP... won the state title in the 100 breast as a senior... also finished third in 100 fly... was the 100 fly runner-up in 2015 and finished eighth in 100 breast... top times: 100 breast (56.45), 100 fly (50.46), 200 IM (1:51.10), 200 breast (2:06.17)... also was a three-year letterwinner in track and field, helping team to the 2016 state championship... two-time letterwinner in cross country, helping team to a third place state finish... named to the Honor Roll... high school coaches were Richard Turner and Robert Pinter.

Personal -- Born July 18, 1998... son of Kurtis and Melissa Webb... has two younger siblings, Madeline and Callista... majoring in computer science.



FORREST WHITE

Fr. • Back/Free
Danville, Calif.
De La Salle



High School -- Junior National Qualifier (summer and winter) and National qualifier (winter)... 2015 California Nevada Section champion in the 200-meter backstroke (2:06.10)... three-time All-American, earning the distinction as a sophomore, junior, and senior... three-time team MVP and team captain... finished fourth and fifth at the 2016 California State Championship... school record-holder in the 200 free (1:38.30), 100 back (49.22), 200-medley relay (1:33.29), and 400-free relay (3:03.29)... top times: 50 back (22.76), 100 back (49.22), 200 back (1:48.73), 50 free (21.11), 100 free (45.86), 200 free (1:38.30), 100 fly (50.34)... USA Swimming Academic All-American and a Scholastic All-American as a sophomore, junior, and senior... high school coach was Steve Guthrie... club coach was Ethan Hall.

Personal -- Born Aug. 20, 1997... son of Troy and Kimberlee White... father played college football at BYU... sister, Madison, is a senior swimmer at UCLA where she is a three-time NCAA qualifier... majoring in biology.





AMELIA ARMSTRONG-GRANT

Fr. • Free
Ypsilanti, Mich.
Saline



High School -- Five-time All-American... Junior National qualifier in the 50 freestyle... top times: 50 free: 23.74, 100 free: 51.1, 200 free: 1:50.41, and 200 breast: 2:23.05... four-time all-state selection in the 100 free, 200 free, 200-free relay, and 400-free relay... holds school record in 100 and 200 free... two-time state champion in the 400 free relay (2012, 2014)... state runner up in the 200 free (2014)... high school coaches were Todd Brunty (head coach), Peter Loveland (assistant), and Maggie Stevens (assistant)... club coaches were Kelton Grahm (2008-10 and 2014-16), Valerie Waters (2007-16), and Josh and Z Morgan (2009-10 and 2013-14).

Personal -- Born July 22, 1998... daughter of Michael Grant and Melissa Armstrong... majoring in pre-physical therapy.



THELMA BAATZ STRANDBERG

Fr. • Diving
Kristiansand, Norway
Kristiansand katedralskole gimle



High School -- Two-time Norwegian all-around champion as a junior and senior... earned best female diver award as a junior... was Norwegian champion as a freshman... claimed a bronze medal at the 2014 European Junior Championship and 2015 FINA Grand Prix Madrid... participated in Junior World Championships in 2014 in Penza, Russia... three-time Nordic champion in 2012, 2014, and 2015... was a European Senior Championship participant... high school coach was Ragnar Klami.

Personal -- Born Nov. 24, 1996, in Oslo, Norway... daughter of Kristin Baatz and Steffan Strandberg... has two siblings, Tallak and Kur... majoring in pharmacy.



IZZIE BINDSEIL

Jr. • Free
St. Charles, Ill.
St. Charles East



2015-16 -- Posted season-best times in 100 free (55.15), 200 free (1:53.36), 500 free (4:57.51), 1,000 free (10:30.82), 1,650 free (17:25.46), and 400 IM (4:28.18) . . . was a member of the third-fastest 800 free relay (7:30.23) . . . Academic All-Big Ten.

2014-15 -- Swam collegiate-best times in the 200 free (1:52.40), 500 free (4:56.76), 1,000 free (10:22.97), 1,650 free (17:22.96), 100 fly (1:01.32), 200 IM (2:12.56), and 400 IM (4:27.17)... posted four wins and two runner-up finishes... recorded 14 top-5 finishes... letterwinner.

High School -- Earned all-state honors as a senior after finishing sixth in the 500 free (4:57.94) and eighth in the 200 free (1:52.46)... two-time all-conference selection... voted team's Most Valuable Swimmer as a senior.

Personal -- Born July 8, 1996... daughter of John and Ann Bindseil... has one brother, TJ... majoring in human physiology.

COLLEGIATE BESTS

- 100 Free - 55.15, Intrasquad Meet, 10/9/15
- 200 Free - 1:52.40, Western Illinois, 2/6/15
- 500 Free - 4:56.76, Shamrock Invitational, 1/30/15
- 1,000 Free - 10:22.97, Northwestern, 1/24/15
- 1,650 Free - 17:22.96, Shamrock Invitational, 1/30/15
- 100 Fly - 1:01.32, Intrasquad Meet, 10/11/14
- 200 IM - 2:12.56, Intrasquad Meet, 10/11/14
- 400 IM - 4:27.17, Hawkeye Invitational, 12/5-7/14



HANNAH BURVILL

Fr. • Free/Back/IM
Pyrford, Great Britain
Notre Dame Senior School



High School -- National medalist in the 100-meter free (2011-gold, 2012-silver, 2014-bronze), 200-meter free (2011-bronze), 50-meter fly (2015-bronze), and 4x100-meter medley relay (2015-gold) . . . selected by England Talent to swim in the French Open in Vichy, France, in July, 2016... British Championship qualifier from 2011-16 . . . holds several South East Region, county, and club records . . . selected as part of the South East Regional team to compete in Barcelona (2014, 2015) in the Catalan Championships . . . will compete as part of South East Regional team in Geneva for the Challenge International Meet in January, 2016 . . . top times: 50 free (22.60), 100 free (48.42), 200 free (1:45.00), 500 free (4:50.84), 100 back (54.05), 100 IM (55.50) . . . club coach was Vince Ayling.

Personal -- Born Sept. 2, 1997... daughter of Brian and Jules Burvill... majoring in health and human physiology.



SUMMER CAMPBELL

Jr. • Fly/Back
Fort Worth, Texas
Paschal



High School -- Two-time All-American in 100 fly (junior and senior)... two-time all-state, all-region and all-district honoree 100 fly and 100 back... was district and regional Swimmer of the Meet... was all-district and all-region in both events as sophomore... also earned all-state honors in 100 fly... team captain as a senior... two-time academic all-state selection... top times, 100-fly (54.65), 200-fly (2:03.60), 100 back (57.14), 200-back (2:04.5), 100-free (51.40), 50-free (24.36), 200-free (1:55.75)... holds school records in 100-fly (54.65) and 100-back (57.14)... head coach was Marshall Campbell.

Personal -- Born May 3, 1996... daughter of Marshall and Patricia Campbell... has three siblings, Hogan, Janel, and Sebastian... parents swam at the University of Oklahoma... industrial engineering major.

COLLEGIATE BESTS

- 50 Free - 24.13, at Big Ten Championships, 2/18-21/15
- 100 Free - 51.98, Hawkeye Invitational, 12/5-7/14
- 200 Free - 1:57.34, Intrasquad Meet, 10/11/14
- 500 Free - 5:11.47, Western Illinois, 2/5/16
- 100 Back - 58.99, Hawkeye Invitational, 12/5/15
- 100 Fly - 55.44, at Big Ten Championshipsrock, 2/18-21/15
- 200 Fly - 2:03.95, Iowa State, 12/5/14
- 200 IM - 2:07.42, Hawkeye Invitational, 12/5-7/14



OLIVIA COOK

So. • Fly/IM
Rochester, Minn.
Mayo



2015-16 -- Swam collegiate-best times in 50 free (24.28), 100 free (55.61), 200 free (2:02.02), 500 free (5:03.98), 1,000 free (10:20.62), 100 fly (56.66), and 200 fly (2:06.56)... named to UI's Dean's List in both the fall and spring semesters.

High School -- Junior Nationals qualifier... four-time all-state selection... three-time Minnesota state champion (400-meter IM, 200-meter IM, 500-yard free)... posted top eight finishes in 100 fly all four years... recorded top-16 finished in 200 IM in 2012, 2013, and 2014... swam to a top-eight finish in 100 back in 2011... school recordholder in 100 fly... Scholastic All-American in 2012 and 2013.

Personal -- Born Feb. 18, 1997... daughter of Brian and Kathy Cook... majoring in electrical engineering.

COLLEGIATE BESTS

- 50 Free - 24.28, Hawkeye Invitational, 12/4/15
- 100 Free - 55.61, at Purdue, 11/6/15
- 200 Free - 2:02.02, at Illinois Chicago, 9/26/15
- 500 Free - 5:03.98, at Iowa State, 12/11/15
- 1,000 Free - 10:20.62, at Iowa State, 12/11/15
- 100 Fly - 56.66, Hawkeye Invitational, 12/5/15
- 200 Fly - 2:06.56, Hawkeye Invitational, 12/6/15



OLIVIA DOPKISS

Fr. • Diving
Rockford, Mich.
Rockford



High School -- Junior National qualifier... state qualifier and all-conference selection... placed 18th on 1-meter and 22nd on 3-meter at USA Diving Nationals... finished fifth on 3-meter (411.55) at 2015 USA Diving Junior Region 5 Championships... was 12th on 1-meter (368.35) at 2014 USA Divigion Summer Junior Region 4 Championships... also was 15th on 3-meter at 2014 Zones and ninth on 1-meter and sixth on 3-meter at 2015 Zones... holds pool record at Grand Haven High School... also competed in gymnastics, where she won eight state titles, four regional titles, and was top 100 in the country on vault, bars, beam, and floor... club coach is Buck Smith.

Personal -- Born May 5, 1998... daughter of Frank and Lisa Dopkiss... has three siblings, Madison, Michael, and Gabi... grandfather swam collegiately at Cleveland State... majoring in communication studies.





ALLYSSA FLUIT

Fr. • Free
Pleasant Hill, Iowa
Southeast Polk



High School -- All-American and state finalist... team Most Valuable Player... school record holder in the 200 and 500 free... academic all-state selection... top times: 100 free (50.1), 200 free (1:47.1), 500 free (4:50.20)... high school coach was Adam Schulte; club coach was Mindy Aronow.

Personal -- Born Feb. 7, 1998... daughter of Lloyd and Kristin Johnson... mother played collegiate basketball at Dakota Wesleyan... father played collegiate hockey at North Dakota... has one younger sibling, Megan... majoring in pre-business.



TAYLOR FLUMMERFELT

Sr. • Free
Ames, Iowa
Ames



2015-16 -- Swam career-best times in 50 free (23.55) and 100 free (51.61) at Big Ten Championships... had a season-best time of 1:54.82 (200 free)... member of the third-fastest 200-free relay (1:32.26) and 200-medley relay (1:42.97)... won the 100 free in the season-opening dual at Illinois-Chicago (9/26).. was part of two winning relays on the year.

2014-15 -- Posted collegiate-best times in the 100 free (51.81)... recorded 18 top-5 finishes, including four wins... letterwinner.

2013-14 -- Swam collegiate-best times in the 50-free (23.76), 100-free (52.23), 200-free (1:52.90), and 500-free (5:04.05) at Big Ten Championships... four top-five finishes... letterwinner.

High School -- Four-time All-American... 12-time all-state selection... seven-time state champion... earned All-America honors in the 200-medley and 400-free relays as a sophomore and junior... all-state in the 50 free and 400-free relay as a freshman, 50 free, 100 free, 200-medley relay and 400-free relay as a sophomore and junior, and in the 100 free and 400-free relay as a senior... led team to back-to-back-to-back state titles after a third-place finish as a freshman... school-record-holder in 50 free (23.96), 200-medley (1:46.16), 400-medley (3:31.65) and 200-free (1:36.93)

relays... team captain as a senior... earned the 4x4 award as a senior, for four-year state qualifier, four-year scorer at state, and four-year letterwinner... recipient of the Richard K. Bliss Award, presented to the most dedicated swimmer... member of the honor roll in 2010, 2011, and 2013... coached by Dan Flannery (High School) and Tim Teeter (Club).

Personal -- Born Nov. 5, 1994, in Ames, Iowa... daughter of Mike and Diane Flummerfelt... has two younger brothers, Matt and Jacob... high school teammate of sophomore Maddie Bro... majoring in health and human physiology.

COLLEGIATE BESTS

- 50 Free - 23.55, at Big Ten Championships, 2/18/16
- 100 Free - 51.61, at Big Ten Championships, 2/20/16
- 200 Free - 1:52.90, Hawkeye Invitational, 12/7/13
- 500 Free - 5:04.05, Hawkeye Invitational, 12/6/13



TAYLOR FLUMMERFELT
SENIOR



MEGHAN HACKETT

Fr. • Free/Fly
Cedar Falls, Iowa
Cedar Falls



High School -- Three-time first-team all-state and four-time first-team all-conference selection... placed third in the 100 fly at the Iowa State Meet as a senior... school record holder in the 100 fly, 200-medley relay, 200-freestyle relay, and 400-freestyle relay... member of the Cedar Falls High School Tiger Booster Club Hall of Fame... two-time member of Team USA, competing at the World Age Group Triathlon Championships... academic all-state and all-conference selection... recipient of the Iowa Senior Scholastic Award... 4.0 grade point average... top times: 100 free (53.3), 100 fly (56.5)... high school coach was Richard Marcussen... also swam for Nick Lakin on the Black Hawk Area Swim Team (BLAST).

Personal -- Born on Sept. 11, 1997... daughter of Kelly and Shelley Hackett... majoring in biomedical engineering.



CALLI HEAD

Sr. • Diving
Fox Point, Wis.
Nicolet



Hawk Item -- Two-time NCAA Championships qualifier... shares the UI school record off the platform (312.20).

2015-16 -- NCAA qualifier on the platform... bronze medalist at the 2016 Big Ten Championships off the platform with a school-record dive of 312.20... placed 31st at the NCAA Championships with a dive of 214.95... qualified for the NAAs by placing seventh (289.65) off the platform at the NCAA Zone D Diving Championships... led the team off the platform, was third off the 3-meter (254.60), and fifth off 1-meter (243.98).

2014-15 -- NCAA Championships qualifier on the platform... finished 40th overall (208.70) on the platform at the NCAA Championships... finished seventh (279.80) at NCAA Zone D Diving Championships... tallied a season-high 283.90 at Big Ten Championships to finish eighth overall... letterwinner.

2013-14 -- Set school record on the platform, scoring 289.60 points at Big Ten Championships... dove to collegiate-bests on the 1-meter (252.38) against Western Illinois, 3-meter springboard (268.65) at Iowa State, and platform (289.60) at Big Ten Championships... placed fourth on the platform at Big Ten Championships and fifth on the platform at the NCAA Zone D Diving Championships... four top-five finishes, including winning the platform at the Hawkeye Invitational (239.35)... letterwinner.

High School -- Two-time All-American, all-state, all-conference and team MVP... was runner-up at state meet as a sophomore following a fourth-place finish as a freshman... two-time conference and sectional champion... holds 11-dive school record (461.15)... won 16-18 Platform Age Group Nationals in 2010, 14-15 Platform AAU Nationals in 2009 and 15-under 1-meter and 3-meter YMCA Nationals in 2008... member of the National Spanish Honor Society... coached by Todd Hill (club) and Dwight Davis and Christine Dempsey (high school).

Personal -- Born Sept. 15, 1994, in Milwaukee... daughter of Terry and Teresa Head... has a younger brother, Joe... majoring in therapeutic recreation.

COLLEGIATE BESTS

1-Meter - 252.38, Western Illinois, 2/7/14
3-Meter - 268.65, at Iowa State, 12/13/13
Platform - 312.20, at Big Ten Championships, 2/20/16



CALLI HEAD
SENIOR



SHEA HOYT

Jr. • Breast
Cocoa Beach, Fla.
St. Charles East



Hawk Item -- Ranks fifth in the UI record books in the 100 breast (1:02.35) and 200 breast (2:15.10).

2015-16 -- Swam NCAA "B" qualifying times in 100 breast (1:02.35) and 200 breast (2:15.10), ranking second and third, respectively, on the team... posted a collegiate-best time of 2:06.05 in 200 IM and a season-best time of 24.37 in 50 free... was a member of the second-fastest 200-medley relay (1:42.61) and third-fastest 400-medley relay (3:44.11)... won the 100 breast in the dual against Michigan State/Northern Iowa (10/16).

2014-15 -- Swam to an NCAA "B" qualifying time in the 100 breast... recorded collegiate-best times in the 50 free (24.38), 100 breast (1:02.45), 200 breast (2:18.52), and 200 IM (2:06.95)... ranks sixth all-time in the 100 breast and seventh in the 200 breast... recorded 21 top-5 finishes, including three wins... letterwinner.

High School -- Posted World and U.S. Open Trial qualifying times as a senior... was a Junior National qualifier and a two-time Scholastic All-American... team captain as a senior... won the 100 breast LCM (1:11.67)

and 50 breast LCM (32.86) with a meet record in the 50 at the 2014 NCSA Junior Nationals... posted a pair of top-two finishes at the 2013 NCSA Junior Nationals, winning the 200-breast (LCM) in 2:34.67... runner-up in the 100-breast LCM (1:11.78) in both U.S. Open cuts... school record-holder in two events -- 100-breast (1:02.92) and 200-medley relay (1:44.39)... St. Charles Swim Team record holder in 100 breast SCY (1:01.73) and 200 breast SCY (2:14.70).

Personal -- Born May 24, 1996... daughter of Rick and Mary Hoyt... both parents swam at the University of Georgia... sister, Shelby, swam at North Carolina State... majoring in communication studies.

COLLEGIATE BESTS

- 50 Free - 24.34, at Big Ten Championships, 2/18-21/15
- 100 Breast - 1:02.35, Hawkeye Invitational, 12/5/15
- 200 Breast - 2:15.10, at Big Ten Championships, 2/20/16
- 200 IM - 2:06.05, Hawkeye Invitational, 12/4/15
- 100 Fly - 1:01.32, Intrasquad Meet, 10/11/14
- 200 IM - 2:12.56, Intrasquad Meet, 10/11/14
- 400 IM - 4:27.17, Hawkeye Invitational, 12/5-7/14



DEVIN JACOBS

So. • IM/Breast
Naperville, Ill.
Naperville North



Hawk Item -- Ranks fifth in the UI record books in 400 IM (4:21.19) and 10th in the 200 breast (2:19.38).

2015-16 -- Led the team in the 400 IM and was second in the 200 fly... swam collegiate-best times in 200 free (1:56.45), 500 free (5:10.19), 100 breast (1:06.66), 200 breast (2:19.38), 200 fly (2:04.65), 200 IM (2:04.39), and 400 IM (4:21.19).

High School -- All-state honoree as a junior... team MVP as a junior... team captain as a senior... personal best times are 4:19.89 (400-yard IM), 4:58.08 (400-meter IM), 2:17.17 (200-yard breast), and 2:40.65 (200-meter breast)... swam for the Academy Bullets Swim Club Elite... also competed in water polo... member of the J. Kyle Braid Leadership Foundation from 2013-15... recipient of the "Unsung Hero" Award in 2013... high school coach was Andy McWhirter.

Personal -- Born July 12, 1997... daughter of Derek and Mary Jacobs... has three younger siblings, Cole, Owen, and Leah... majoring in human physiology.

COLLEGIATE BESTS

- 200 Free - 1:56.45, Michigan State/UNI, 10/16/15
- 500 Free - 5:10.19, Intrasquad, 10/9/15
- 100 Breast - 1:06.66, Intrasquad, 10/9/15
- 200 Breast - 2:19.38, Hawkeye Invitational, 12/6/15
- 200 Fly - 2:04.65, Hawkeye Invitational, 12/6/15
- 200 IM - 2:04.39, Hawkeye Invitational, 12/4/15
- 400 IM - 4:21.19, Hawkeye Invitational, 12/5/15





JO JEKEL

Jr. • Free
Madison, Wis.
Madison West



2015-16 -- Swam collegiate bests in the 50 free (23.76), 100 free (51.99), 200 free (1:59.74), 100 back (57.00), and 100 fly (55.90)... member of the winning 400-medley relay in the dual against Western Illinois (2/5)... Academic All-Big Ten honoree... named to UI's Dean's List in spring semester.

2014-15 -- Swam collegiate-best times in the 50 free (23.78), 100 free (52.63), and 100 back (57.59)... recorded 11 top-5 finishes, including a pair of wins... Dean's List honoree during spring semester... letterwinner.

High School -- All-America honoree as a senior... three-time all-state selection... team captain and academic all-state honoree as a senior... finished sixth in 50 free (23.96) and eighth in 100 free (52.05) at the 2013 Wisconsin State Meet... was seven in 50 free (23.95) and eighth in 100 free (52.65) at the 2012 state meet.

Personal -- Born Aug. 25, 1996... daughter of Todd and Lisa Jekel... has two siblings, Wesley and Sam... majoring in mechanical engineering.

COLLEGIATE BESTS

- 50 Free - 23.76, Hawkeye Invitational, 12/4/15
- 100 Free - 51.99, Hawkeye Invitational, 12/6/15
- 200 Free - 1:59.74, Intrasquad, 10/9/15
- 100 Back - 57.00, Hawkeye Invitational, 12/5/15
- 100 Fly - 55.90, Hawkeye Invitational, 12/5/15



NIKOL LAGODZINSKA

Jr. • Free
Chicago, Ill.
Saint Ignatius



Hawk Item -- Member of the school-record 400-free relay (3:20.58)... also ranks ninth in the UI record books in 100 free (50.60).

2015-16 -- Swam collegiate bests in 50 free (23.66), 100 free (50.60), and 100 back (56.44)... posted a season-best in 200 free (1:51.81) and 500 free (5:15.90)... member of the school record-setting 400-free relay (3:20.58)... swam on the team's second-fastest 800-free relay and 400-medley relay... won the 200 free in the dual against Western Illinois (2/5)... member of three winning relays on the year.

2014-15 -- Swam to collegiate-best times in the 50 free (23.74), 100 free (51.25), 200 free (1:51.00), 500 free (5:01.55), 100 back (57.98), and 200 back (2:05.62)... member of 400-free relay that ranks fifth all-time (3:22.04)... member of team's second-fastest 800-free relay (7:12.86)... recorded 28 top-five finishes, including three wins... letterwinner.

High School -- Two-time All-American and a three-time all-state, all-conference, and team most valuable player... posted six top-12 finishes at the Illinois state meet in her career, including a third-place showing in the 100-free as a junior... top times include 51.16 (58.1 LCM) in the 100 free,

23.90 (50 free) and 1:51.36 (200 free)... holds five school records -- placed in the top 16 at the Speedo Sectionals and helped her water polo team to a state title in 2013.

Personal -- Born Aug. 3, 1996... daughter of Ursula Lagodzinska... has one brother, Christopher... majoring in communication studies.

COLLEGIATE BESTS

- 50 Free - 23.66, Hawkeye Invitational, 12/4/15
- 100 Free - 50.60, Hawkeye Invitational, 12/6/15
- 200 Free - 1:51.00, at Big Ten Championships, 2/18-21/15
- 500 Free - 5:01.55, Hawkeye Invitational, 12/5-7/14
- 100 Back - 56.44, Hawkeye Invitational, 12/5/15
- 200 Back - 2:05.62, Northwestern, 1/24/15



NIKOL LAGODZINSKA
JUNIOR



MEGHAN LAVELLE

Jr. • Back/IM
Chicago, Ill.
Lane Tech



Hawk Item -- Shares the UI school record in the 100 back (53.63) . . . member of the school-record 200-free (1:30.96) and 400-medley (3:36.72) relays. . . also has the second-best time in 200 back (1:57.28) and ranks fifth all-time in the 50 free (23.12)... competed at the 2016 USA Olympic Team Trials in 100 and 200-meter back.

2015-16 -- Swam NCAA "B" qualifying times in 100 and 200 back... posted a school-record time of 53.63 seconds in 100 back at the Big Ten Championships... swam collegiate bests in 100 free (50.95), 100 back (53.63), 200 back (1:57.28), and 200 IM (2:04.00)... ranked third on team in 50 free (23.20) and fourth in 100 free (50.95) and 200 IM (2:04.00)... member of the team's second-fastest 200-free relay, 400-free relay, and 200-medley relay... earned team points in four events at Big Ten Championships... was a member of seventh-place 400-medley relay, placed ninth in 100 back, part of 10th-place 200-free relay, and finished 12th in 200 back... swam to pool record in 400-free relay (3:22.84) at Iowa State's Beyer Pool... swam to four individual wins, including two in the Iowa Corn Cy-Hawk Series dual against Iowa State, and two relay titles.

2014-15 -- Swam to NCAA "B" qualifying times in the 100 and 200 back, leading team in both events... recorded collegiate-best times in the 50 free (23.12), 100 free (51.32), 100 back (54.32), 200 back (1:57.81), and 200 IM (2:04.16)... holds UI school records as a member of the 200-free

MEGHAN LAVELLE
JUNIOR

relay (1:0.96) and 400-medley relays (3:38.68)... holds fourth-fastest times in 50 free and 100 back... swam to three top-10 finishes on relays at Big Ten Championships; 400-medley relay (eighth, 3:38.68), 200-free relay (ninth, 1:30.96), and 400-free relay (10th, 3:21.34)... letterwinner.

High School -- Earned All-America honors in the 100-yard backstroke as a junior at Lane Tech College Prep... four-time all-conference, two-time all-state, two-time team most valuable player and team captain honoree... has four top-seven finishes at the Illinois state meet in the 200-IM and 100 back, is a 15-time city champion out of 16 events in her prep career... top times include 23.73 (50 free), 55.62 (100 back), 1:59.52 (200 back), and 2:04.12 (200 IM)... holds school records in 10 events... competed in the YMCA Nationals Short Course and Long Course Championships and also competed at the 2013 Winter Junior Nationals.

Personal -- Born April 17, 1996... daughter of Patricia and Patrick Lavelle... has three younger brothers, William, Matthew, and Patrick... majoring in art.

COLLEGIATE BESTS

- 50 Free - 23.12, at Big Ten Championships, 2/18-21/15
- 100 Free - 50.95, at Iowa State, 12/11/15
- 100 Back - 53.63, at Big Ten Championships, 2/19/16
- 200 Back - 1:57.28, at Big Ten Championships, 2/20/16
- 200 IM - 2:04.00, Hawkeye Invitational, 12/4/15



LAUREN LEEHY

Jr. • Free
Neola, Iowa
Lewis Central



2015-16 -- Swam a collegiate-best in 50 free (23.97)... posted season-bests in 100 free (52.06) and 200 free (1:57.49)... member of a pair of winning relays on the year.

2014-15 -- Swam collegiate-best times in the 50 free (23.99), 100 free (52.03), and 200 free (1:55.74)... member of team's fourth-fastest 200-free relay (1:35.68) and 400-free relay (3:26.80)... posted 17 top-5 finishes... letterwinner.

High School -- Earned All-America honors as a senior, and is a four-time state qualifier, three-time all-state honoree and an Iowa state record holder in the 400 free relay (3:29.27)... won the 100 free and 400-free relay at the 2013 Iowa State Swim Meet... three-time Lewis Central Swimmer of the Year where she holds five school records... 100-free time of 51.68 is the eighth-fastest in Iowa High School history... top 50-free time is 24.09.

Personal -- Born Nov. 1, 1995... daughter of Ben and Tammy Leehy... has three siblings, Jordan, Mykenzie, and Adison... majoring in interdepartmental studies.

COLLEGIATE BESTS

- 50 Free - 23.97, Hawkeye Invitational, 12/4/15
- 100 Free - 51.74, Northwestern, 1/24/15
- 200 Free - 1:55.74, Hawkeye Invitational, 12/5-7/14



LYDIA LEHNERT

Sr. • Diving
Frederick, Md.
Urbana



Hawk Item -- NCAA Championships qualifier in 2016... shares the UI record off the platform (312.20) and ranks 10th off the 3-meter (312.00).

2015-16 -- NCAA qualifier off the platform... placed 36th at NCAA Championships with a score of 206.95... earned NCAA bid by placing ninth off platform at NCAA Zone D Championships with a score of 261.45... posted Zone Diving standards on 1-meter (271.85), 3-meter (311.70), and platform (256.90)... led the team in 3-meter, was second off platform, and third off 1-meter... dove to a 3-meter win in dual against Western Illinois (2/5).

2013-14 -- Posted an NCAA Zone Diving Standard on the 1-meter springboard (288.60), ranking 10th in program history... recorded a collegiate-best on the platform (253.55) to rank third in school history... posted collegiate-best on the 3-meter springboard (289.73) at Iowa State... finished in 12th place on the platform at the NCAA Zone D Diving Championships... four top-five finishes... letterwinner.

High School -- Competed for Frederick County, Md., at the regional and state level as a junior and senior... county champion as a sophomore en route to first team all-county honors... finished third as a freshman en route to second team all-county honors... holds the girls county diving record of 296.50 (6 dives), set in 2011... won the platform (413.6) and finished third in the 1-meter (388.3) and 3-meter (418.5) at the 2013 USA Diving Summer Junior Region 3 Championships... won the platform

(384.2) and was third in 3-meter (356.5) at the 2013 Junior East National Championships... was runner-up on 3-meter (422.0) at 2013 USA Diving Spring Junior Region 1 Championships ... competed at the 2012 Junior National Diving Championships and USA Diving Age Group National Championships... finished fourth in the synchronized platform (220.6) and eighth in platform (234.4) at 2012 USA Diving National Preliminary Zone A Championships...finalist on all three events, finishing third in the platform (423.6) at the 2012 USA Diving Summer Junior Zone A Championship... placed third on the 1-meter (364.4) and fourth on 3-meter (401.8) at the 2012 USA Diving Summer Junior Region 2 Championships... finished eighth in synchronized platform (406.7) at 2012 USA Diving Winter Nationals... also competed at the 2010 Level 8 USA Gymnastics Maryland State Championships, finishing third in the all-around and second on the floor... member of the National Honor Society and was on the Highest Honors Honor Roll all four years... received the Minds in Motion Athletics and Athletics in 2010 and 2011... coached by John Smith (deceased) and Douglas Beavers (club).

Personal -- Born Feb. 15, 1995, in Leesburg, Va... daughter of Erich and Sandy Lehnert... has two siblings, Jordan and Griff... father, Erich, played college lacrosse at Western Maryland College... grandfather, Edwin, played lacrosse at John Hopkins University... majoring in psychology.

COLLEGIATE BESTS

1-meter - 288.60, Western Illinois, 2/7/14
3-meter - 312.00, at Illinois, 1/17/15
Platform - 312.20, at Big Ten Championships, 2/18-21/15



LYDIA LEHNERT
SENIOR



TEREYSA LEHNERTZ

Jr. • Free/Fly/IM
Iowa City, Iowa
Iowa City West



2014-15 -- Recorded collegiate-best times in the 50 free (23.95), 100 free (52.22), 100 back (59.45), 100 fly (55.31), 200 fly (2:00.84), and 200 IM (2:05.38)... member of Iowa's record-setting 400 medley relay team (3:38.68)... member of 400 free relay quartet that ranks fifth all-time (3:22.04)... swam to 35 top-5 finishes, including a pair of wins... participated at Mayaguez Swimming International Open II from April 8-12, posting two first-place finishes in the 50-meter butterfly (28.37) and 200-meter butterfly (2:16.84)... Dean's List honoree during fall semester... letterwinner.

High School -- Won the 400-IM at the Iowa State Meet as a junior and earned Scholastic All-America honors as a senior... top times are 23.68 (50 free), 51.95 (100-free), 56.56 (100 back) and 55.83 (100 fly).

Personal -- Born Nov. 30, 1995... daughter of Rod and Blanca Lehnertz... has two siblings, Anthony and Mariana... majoring in art.

COLLEGIATE BESTS

- 50 Free - 23.40, Hawkeye Invitational, 12/4/15
- 100 Free - 52.22, at Michigan State, 10/17/14
- 200 Free - 1:53.14, Hawkeye Invitational, 12/5/15
- 100 Back - 59.02, at Illinois Chicago, 9/26/15
- 100 Fly - 54.91, Hawkeye Invitational, 12/5/15
- 200 Fly - 1:59.22, at Iowa State, 12/11/15
- 200 IM - 2:05.38, Hawkeye Invitational, 12/5-7/14

Hawk Item -- Holds the Puerto Rican National Record in 100-meter fly with a FINA "B" Cut time of 1:00.32... 2015 Pan Am Games qualifier, advancing to "B" final in 100-meter and 200-meter butterfly... ranks second in the UI record books in the 200 fly (1:59.22) and seventh in 100 fly (54.91).

2015-16 -- Posted an NCAA "B" qualifying time in 200 fly (1:59.22)... swam collegiate-bests in 50 free (23.40), 200 free (1:53.14), 100 back (59.02), 100 fly (54.91), and 200 fly (1:59.22)... swam season-bests in 100 free (52.32) and 200 IM (2:08.40)... member of the team's second-fastest 200-medley relay... swam to pool record in 200-fly (1:59.22) at Iowa State's Beyer Pool... swam to four individual wins on the year... Academic All-Big Ten honoree.



AMY LENDERINK

Fr. • Fly/Free
Parker, Colo.
Regis Jesuit



High School -- Junior Nationals qualifier... high school All-American... earned All-America consideration in 100 fly... all-city and all-state team member for Colorado... five-time state champion in team relays... state runner-up in 100 fly in 2014 and 2015... recipient of the Regis Jesuit Loyola Award for Sportswoman of the Year, Class of 2016... team captain and recipient of the team's "Iron Woman" award, given to the team's hardest worker... helped team to two high school championships... Colorado record holder in the 200-free relay... three-time Scholastic All-American... member of the National Honor Society, Honor Roll - Highest Honors (4.0+ GPA), and recipient of the Regis Jesuit Loyola Award for Outstanding Leadership... top times: 100 free (52.04), 100 fly (55.1), 200 fly (2:02.57)... high school and club coach was Nick Frasersmith.

Personal -- Born March 31, 1998... daughter of Dan and Chrissy Lenderink... has three younger siblings, Ben, Sam, and Ava... open major.



NATALIE MCGOVERN

So. • Back
Naperville, Ill.
Neuqua Valley



2015-16 -- Swam collegiate-bests in 100 back (55.85), 200 back (2:01.78), and 200 IM (2:07.64)... was third on the team in 200 back and fourth in 100 back.

High School -- Speedo Junior National and Winter National qualifier as a senior... two-time All-American... three-time all-state selection... state champion in 100 back and 200-medley relay as a senior... was a conference champion in 100 fly, 100 back, and 200-medley relay as freshman... NCSA qualifier as a freshman... all-state in 200 medley relay as sophomore... team MVP as a junior... best times are 54.72 (100 back), 2:00.30 (200 back), 56.41 (100 fly), 2:07.77 (200 IM)... Scholastic All-American... National Army Reserve Scholar Athlete Award recipient... three-time academic all-conference selection... high school coaches were Brandon King and Jason Niforatos.

Personal -- Born Oct. 30, 1996... daughter of Jason and Katie McGovern... has two younger siblings, Adam and Andrew... majoring in business.

COLLEGIATE BESTS

- 100 Back - 55.85, at Big Ten Championships, 2/19/16
- 200 Back - 2:01.78, at Big Ten Championships, 2/20/16
- 200 IM - 2:07.64, at Big Ten Championships, 2/18/16



KELLY MCNAMARA
SOPHOMORE



KELLY MCNAMARA

So. • Fly
Villa Park, Ill.
Willowbrook



Hawk Item -- Holds the UI school record in the 100 fly (53.90) and as a member of the 400-medley relay (3:36.72).

2015-16 -- Swam an NCAA "B" qualifying time in 100 back... swam a school-record time of 53.90 in 100 fly at Hawkeye Invitational and was part of school-record-setting 400-medley relay at Big Ten Championships... swam collegiate-bests in 50 free (23.49), 100 free (51.41), 100 fly (53.90), and 200 fly (2:06.34)... member of the team's top 200-free relay, 200-medley relay, and 400-medley relay... scored in three events at the Big Ten Championships... placed seventh in 200-medley and 400-medley relays and was 13th in 100 fly... swam to pool record in 200-medley relay (1:40.29) at Iowa State's Beyer Pool... won five individual event titles and 11 relays on the year.

High School -- Two-time All-American, three-time all-state, and four-time all-conference selection... placed fifth in 100 fly at the 2015 NCSA Junior Nationals and 19th in 100 fly at 2015 Speedo Junior Nationals... won the 100 butterfly at the state meet in 2014, was the runner-up in 2013, and finished six in 2012... high school coaches were Paul Anderson and Tara Murphy.

Personal -- Born Jan. 30, 1997... daughter of Jim and Lori McNamara... majoring in health and human physiology.

COLLEGIATE BESTS

- 50 Free - 23.49, Hawkeye Invitational, 12/4/15
- 100 Free - 51.41, Hawkeye Invitational, 12/6/15
- 100 Fly - 53.90, Hawkeye Invitational, 12/5/15
- 200 Fly - 2:06.34, Hawkeye Invitational, 12/6/15





CARLY O'BRIEN

Jr. • Fly/IM
Williams Bay, Wis.
Williams Bay



Hawk Item -- Member of the school-record 400-free (3:20.58) and 200-medley (1:39.18) relays... also ranks second in the UI record books in the 100 fly (54.54).

2015-16 -- Swam collegiate-bests in 50 free (23.54), 100 free (50.96), 200 free (1:53.55), 200 IM (2:04.68)... member of school-record-setting 400-free relay (3:20.58), set at the Hawkeye Invitational... swam a season-best in 100 fly (55.57)... member of the team's fastest 400-free and 800-free relays... swam to pool record in 400-free relay (3:22.84) at Iowa State's Beyer Pool... scored team points in three events at Big Ten Championships... was 10th in 200 and 400-free relays and 11th in 800-free relay... member of two winning relays on the year... Academic All-Big Ten selection... named to UI's Dean's List in fall semester.

2014-15 -- Posted collegiate-best times in the 50 free (23.83), 100 free (51.06), 200 free (1:55.72), 100 fly (54.54), and 200 IM (2:06.22)... member of Iowa's record-setting 200-medley relay (1:39.18)... led the team in the 100 fly with a school-record time of 54.54 and posted Iowa's second-fastest 100 free time... member of team's second-fastest 400 free-relay (3:22.04) and third-fastest 200 free relay (1:34.28)... letterwinner.

High School... Twelve-time Wisconsin state qualifier, three-time NCSA Junior National qualifier, two-time YMCA National qualifier and was the Wisconsin USS 100-meter butterfly state champion in 2012... holds three school records, is a two-time all-state and four-time all-conference selec-

tion... twice was named team captain... finished sixth in the 100-yard fly (56.47) and seventh in the 200-IM (2:07.73) at the state meet as a senior.

Personal... Born July 24, 1996... daughter of Mat and Karen O'Brien... has two sisters, Katelyn and Lauren... majoring in accounting.

COLLEGIATE BESTS

- 50 Free - 23.54, at Big Ten Championships, 2/18/16
- 100 Free - 50.96, Hawkeye Invitational, 12/6/15
- 200 Free - 1:53.55, Western Illinois, 2/5/16
- 100 Fly - 54.54, at Big Ten Championships, 2/18-21/15
- 200 IM - 2:04.68, Hawkeye Invitational, 12/4/15



MORGAN RAFFERTY

So. • Diving
West Des Moines, Iowa
Valley



Hawk Item -- Ranks ninth off the 1-meter (296.02) in the UI record books.

2015-16-- Dove to NCAA Zone Diving standards off the 1-meter (396.02) and 3-meter (309.98) -- both career-bests... led the team off the 1-meter and was second on team off 3-meter... Big Ten Diver of the Week on Dec. 16... named Iowa women's diving's MVP... led the team off 1-meter in six meets; off three-meter in five meets... honorable-mention CSCAA Scholar All-American... Academic All-Big Ten selection.

2014-15 -- Dove collegiate-best scores on the 1-meter (245.05), 3-meter (229.80), and platform (172.70)... Dean's List honoree during fall and spring semesters... letterwinner.

High School -- All-state honoree as a junior... three-time all-conference and all-district selection... team captain as a senior... placed fourth in state as a senior, third as junior and sixth as sophomore... led team to a pair of state runner-up (2010, 2011) and third place (2012, 2013) finishes... helped team to four conference championships... best 11-dive total is 468.4, which is a Valley High School record... also holds the pool record at Lincoln High School for six dives... won a 2012 event at Coe College in the 1-and-3 meter in 2012... was runner-up at a competition at Grinnell College in 1-and-3 meter... team captain in synchronized swimming as junior and senior... National Honor Society... honor roll all four years... coached by Shawn Deboef, Steve Davis, and Alix Lifka-Reselman... club coach was Jeff Stein.

Personal -- Born May 7, 1996... daughter of Bob and Dawn Rafferty... has two siblings, John and Faith... majoring in actuarial science.

COLLEGIATE BESTS

- 1-meter - 296.02, at Iowa State, 12/11/15
- 3-meter - 309.98, at Iowa State, 12/11/15
- Platform - 172.70, Western Illinois, 2/5/15





SAMANTHA SAUER

Fr. - Free/Back
St. Charles, Ill.
St. Charles North



High School -- 2015 All-American in 50 and 100 free and on all three free relays... 2015 state finalist in 100 free and three relays, 2014 state finalist in 100 back and two medley relays... team record holder in 50 free, 100 free, 100 back, and 200-medley and 200 and 400-free relays... top times: 50 free (23.46), 100 free (51.22), 100 back (56.52)... high school coach was Rob Rooney... club coach was Timothy Lewarchick.

Personal -- Born May 14, 1998... daughter of Roland and Kelly Sauer... has two younger siblings, Sophia and Spencer... majoring in human physiology.



MEKENNA SCHEITLIN

Jr. • Free/Fly
South Barrington, Ill.
Barrington



Hawk Item -- Member of the school-record 200-free relay (1:30.96)... also ranks sixth in the UI record books in the 100 fly (54.84).

2015-16 -- Swam collegiate-bests in 50 free (23.30), 100 free (51.61), 100 fly (54.84), 200 IM (2:05.88)... was second on team in 100 fly and fourth in 50 free... member of the team's top 200-free relay (1:31.52)... swam on the 10th-place 200-free relay at the Big Ten Championships... won the 50 free in the dual win at Iowa State (12/11)... part of the winning 200-free relay at the Hawkeye Invitational... Academic All-Big Ten honoree... named to UI's Dean's List in spring semester.

2014-15 -- Swam collegiate-best times in the 50 free (23.43), 100 free (51.60), and 100 fly (55.82)... member of record-setting 200 free relay (1:30.96)... member of 400-free relay which ranks third all-time (3:21.34)... Dean's List honoree during spring semester... letterwinner.

High School -- 2013 NISCA/Speedo High School Girls All-American in the 400 free and 200-free relay... three-time USA Swimming Scholastic All-American... holds 10 records at the Barrington Swim Club... four-time IHSA all-state honoree, seven-time state finalist, 13-time conference champion, nine-time IHSA sectional champion and a two-time team most valuable player... holds two school records and holds the most top-10 times in school history... top times are 23.60 (50 free), 51.8 (100 free), and 56.44 (100 fly).

Personal -- Born May 14, 1996... daughter of Geoff and Cindy Scheitlin... has one brother, Eric... majoring in mechanical engineering.

COLLEGIATE BESTS

- 50 Free - 23.30, Hawkeye Invitational, 12/4/15
- 100 Free - 51.60, at Big Ten Championships, 2/18-21/15
- 100 Fly - 54.84, Hawkeye Invitational, 12/5/15
- 200 IM - 2:05.88, Hawkeye Invitational, 12/4/15



ABBEY SCHNEIDER

So. • Free/Breast
Fishers, Ind.
Fishers



Hawk Item -- Ranks fifth in the UI record books in the 1,000 free (10:03.34), seventh in the 500 free (4:53.32), eighth in the 1,650 free (16:48.14), and ninth in 400 IM (4:23.53).

2015-16 -- Led the team in the 500 free (4:53.32), 1,000 free (10:03.34), and 1,650 free (16:48.14)... also posted season and collegiate-bests in 100 breast (1:06.71), 200 breast (2:29.90), and 400 IM (4:23.53)... named Big Ten Freshman of the Week on Dec. 16... won five individual event titles on the year.

High School -- All-American in four events (200 medley relay, 200 IM, 500 free, 400 free relay) as a junior and senior... placed 19th in 1,500 free at 2014 Summer Junior Nationals in 16:54.57... earned all-conference in eight times in her prep career... earned the Eye of the Tiger Award as a freshman... finished third in the state in the 500 free as a junior and senior, helping team to a third place finish in 2014 and a runner-up finish in 2015... led team to a conference title in 2014, winning the 100 breast (1:07.20)... holds school records in 200 medley relay (1:43.78), 200 IM (2:03.46), 500 free (4:52.12), and 400-free relay (3:26.24)... top times are 16:42.98 (1,650 free), 10:01.07 (1,000 free), 4:51.25 (500 free), 4:22.97 (400 IM), 2:02.69 (200 IM), 2:20.01 (200 breast), and 1:05.57 (100 breast)... National Honor Society inductee... high school coaches were Jay Chambers, Steve Sanchez, and Matt Swaim.

Personal -- Born March 21, 1997... daughter of Marc and Angie Schneider... has three younger sisters, Carissa, Lauren, and Kate... majoring in health and human physiology.

COLLEGIATE BESTS

- 500 Free - 4:53.32, at Iowa State, 12/11/15
- 1,000 Free - 10:03.34, at Iowa State, 12/11/15
- 1,650 Free - 16:48.14, Hawkeye Invitational, 12/6/15
- 100 Breast - 1:06.71, Hawkeye Invitational, 12/5/15
- 200 Breast - 2:29.90, at Shamrock Invitational, 1/30/16
- 400 IM - 4:23.53, Hawkeye Invitational, 12/5/15





EMMA SOUGSTAD

Sr. • IM/Breast/Fly/Free
Forest City, Iowa
Forest City



Hawk Item -- Honorable-mention All-American... two-time NCAA qualifier... Iowa school record-holder in 50 free (22.63), 100 breast (59.00), 200 breast (2:10.81), 200 IM (1:57.55), and as a member of the 200-free (1:30.96), 400-free (3:20.58), 200-medley (1:39.18), and 400-medley (3:36.72) relays... also ranks fifth in 100 free (50.47)... competed at the 2016 USA Olympic Team Trials in 100-meter breast.

2015-16 -- Honorable-mention All-American in 100 breast... NCAA qualifier in three events (100 breast, 200 breast, 200 IM)... led team with school-record times in 50 free (22.63), 100 breast (59.00), 200 breast (2:10.81), and 200 IM (1:57.55)... also part of team-best 200-free relay (1:31.52), school-record-setting 400-free relay (3:20.58), 200-medley relay (1:39.27), and school-record setting 400-medley relay (3:36.72)... placed ninth to win "B" final in 100 breast at NCAA Championships in 59.00... broke school record and placed 25th in 200 IM (1:57.55) and was 31st in 200 breast (2:11.25)... swam to five top-seven finishes at Big Ten Championships... was fourth in 100 breast (59.22), sixth in 200 breast (2:10.81), tied for sixth in 200 IM (1:58.06), seventh in 200-medley relay (1:39.27) and 400-medley relay (3:36.72)... also was 10th in 200-free relay (1:31.84) and 400-free relay (3:21.36)... named TeamUnify/CollegeSwimming.com Division I Women's Swimmer of the Week on Dec. 15... selected as Big Ten Swimmer of the Week on Dec. 16... swam to four pool records -- 200-medley relay (1:40.29), 100 breast (1:00.50), 200 breast (2:12.95), and 200 IM (2:01.39) -- at Iowa State's Beyer Pool... won 13 individual races and 12 relay races on the year... named Iowa's December

Student-Athlete of the Month... women's swimming MVP and recipient of the team's Strength & Conditioning Award... Big Ten Sportsmanship Award honoree... CSCAA Scholar All-American... Academic All-Big Ten selection.

2014-15 -- NCAA qualifier in three events... finished 18th in 100 breast (59.96), 29th in 200 breast (2:11.20), and 42nd in 200 IM (1:59.12)... posted top-10 finishes in all eight events at Big Ten Championships... named Big Ten Swimmer of the Week on Dec. 16, following competition against Iowa State... swam collegiate-best times in the 50 free (23.30), 100 back (57.10), 100 breast (59.96), 200 breast (2:11.20), and 200 IM (1:58.74)... school record holder in the 100 breast, 200 breast, 200 IM and as a member of the 200 free relay (1:30.96), 200 medley relay (1:39.18), and 400 medley relay (3:38.68)... named Academic All-Big Ten... letterwinner.

2013-14 -- Set the school record, with an NCAA "B" qualifying time in the 100-breast (1:00.90) at Big Ten Championships... was a member of the record-setting 200-medley relay (1:40.12) at Big Ten Championships... swam to the third-fastest time and an NCAA "B" qualifying time in the 200-IM (2:01.41) at Big Ten Championships... recorded the seventh-best 100-fly time (55.49) at the Hawkeye Invitational... was also a member of the 200-free relays that recorded the third and fifth-fastest times in program history, the fifth-fastest time in the 400-medley, and the seventh-best time in the 200-medley relay in UI history... recorded collegiate-best times in the 50-free (23.55) and 100-free (52.51) at the Hawkeye Invitational... was named Big Ten Freshman of the Week on Oct. 1 after compiling a first place and a pair of second-place finishes in the opening meet of the season against Michigan... letterwinner.

High School -- Ten-time All-American... 11-time first team all-state honoree... three-time second team all-state honoree... earned All-America honors in 200 IM, 100 fly, 100 free, 50 free, and 100 breast as a senior, in 100 fly and 200 IM as a junior, and in 100 fly, 200-medley relay and 200-free relay as a freshman... State record holder in the 200 IM (2:00.33), and the

100 free (51.08)... team captain as a senior... named the IGSAU and MCSC Swimmer of the Year as a junior... holds school records in 200-medley relay, 50 free (23.31), 100 free (51.08), 100 fly (55.25), 200 IM (2:00.33), 200 free relay and 400 free relay... also competed in basketball and was a district champion and state qualifier sprinter in track and field... two-time Scholastic All-American... academic all-conference selection... graduated with a silver medal (3.6-3.8 GPA) and was a four-year academic letterwinner... high school coaches were Steve Hugo and Shea Brunsvold.

Personal -- Has two older siblings, Randy and Willie... majoring in elementary education.

COLLEGIATE BESTS

- 50 Free - 22.63, Hawkeye Invitational, 12/4/15
- 100 Free - 50.47, Hawkeye Invitational, 12/6/15
- 100 Back - 57.10, Nebraska/Michigan, 10/3-4/14
- 100 Breast - 59.00, at NCAA Championships, 3/18/16
- 200 Breast - 2:10.81, at Big Ten Championships, 2/20/16
- 100 Fly - 55.49, Hawkeye Invitational, 12/7/13
- 200 IM - 1:57.55, at NCAA Championships, 3/17/16



EMMA SOUGSTAD
SENIOR



JACINTHA THOMAS

So. • Diving
Iowa City, Iowa
Iowa City West



2015-16 -- Posted NCAA Zone Diving standard off 1-meter (276.80)... had the second-best 1-meter score on the team... had a season-best of 244.10 off 3-meter... won the 1-meter title in the dual against Western Illinois (2/5)... honorable-mention CSCAA Scholar All-American... named to UI's Dean's List in both the fall and spring semesters.

High School -- Four-time state qualifier... three-time regional champion... All-American as a senior... two-time all-state selection... three-time first-team all-conference honoree... won the state title on the 1-meter in 2015 with a state meet record score of 561.10... finished as runner-up on 1-meter as a junior (513.15), fourth as a sophomore (439.60), and 24th as a freshman... three-time conference champion, including a MVC record 494.30 as a senior... holds school records in 1-meter six dives (336.20) and 11 dives (581.25), which are the third and second-best scores in Iowa history... named KCRG Athlete of the Week as a junior and Hy-Vee Horizon Athlete of the

Week as a senior... academic all-state and all-conference honoree... Senior Scholastic Award recipient... United States Army Reserve National Scholar Athlete Award... member of West High School's Athlete Hall of Fame... member of the National Honor Society... Youth Salute Leadership Award... class valedictorian... also was a sprint freestyler and backstroker and was in competitive gymnastics for 10 years... high school coaches were Robert Miecznikowski (swimming) and Tony Kramer (diving).

Personal -- Born June 2, 1997... daughter of Mitchell and Candace Thomas... has a younger sister, Alleyna... majoring in human physiology.

COLLEGIATE BESTS

1-Meter - 276.80, Western Illinois, 2/5/16
3-Meter - 244.10, Hawkeye Invitational, 12/5/15



JACINTHA THOMAS
SOPHOMORE



SERENA WANASEK
SENIOR



SERENA WANASEK

Sr. • Free
Burlington, Wis.
Burlington



Hawk Item -- Ranks seventh in the UI record books in the 200 free (1:49.20).

2015-16 -- Swam to collegiate-bests in 50 free (24.31), 100 free (51.07), 200 free (1:49.20), and 500 free (4:56.05)... member of the 10th-place 800-free relay (7:20.79) at Big Ten Championships... member of two winning relays on the year... Academic All-Big Ten selection.

2014-15 -- Swam collegiate-best times in the 100 free (51.26), 200 free (1:49.80), 500 free (4:56.53), and 1,000 free (10:37.11)... recorded to 21 top-5 finishes... named Academic All-Big Ten... letterwinner.

2013-14 -- Was a member of the 800-free relay team that posted the fifth-fastest time in program history (7:20.52)... recorded collegiate-best times in the 50-free (24.60) at the Hawkeye Invitational, 100 (51.50) 200 (1:51.20) and 500-free (10:41.36) at Big Ten Championships, and 1,000-free (10:41.36) at the Black & Gold Intrasquad... posted 13 top-10 times... letterwinner.

High School -- Named the All-County Swimmer of the Year as a senior... all-state in 200 free as a junior... three-time honorable mention all-state... two-time team MVP... recipient of the Coaches Award as a junior... seven-time conference champion... school-record-holder in 100 free, 200 free and 200 and 400-free relays... 2011 state champion in the 400-meter freestyle... finished eighth in 800-free relay at NCSA Junior Nationals in 2013... four-time Academic All-American... coached by Denita Jones and Ken France.

Personal -- Born March 1, 1995... daughter of John and Leslie Wanasek... has four younger siblings, Sara, Olivia, Devon, and Ian... majoring in human physiology.

COLLEGIATE BESTS

50 Free - 24.31, Hawkeye Invitational, 12/4/15
100 Free - 51.07, at Big Ten Championships, 2/20/16
200 Free - 1:49.20, at Big Ten Championships, 2/19/16
500 Free - 4:56.05, at Big Ten Championships, 2/18/16
1,000 Free - 10:37.11, Nebraska/Michigan, 10/3-4/14



KATIE WELLS

So. • Free/Breast
Glenbrook, Ill.
Glenbrook South



2015-16 -- Swam collegiate-bests in 50 free (24.47), 100 free (53.70), 100 back (58.70), 100 breast (1:05.05), and 200 IM (2:07.94)... posted a pair of individual wins, winning the 100 back and 100 breast in the season-opening dual at Illinois Chicago (9/26)... also was part of two winning relays on the year.

High School -- Speedo Junior National and Winter National qualifier... four-time all-state and all-conference selection... 2015 Female Athlete of the Year and Team MVP... won state titles and set state records in 200 and 400-free relays as a sophomore... recipient of the Senior Athletic-Academic Award for having the highest senior GPA... holds school records in 200 medley relay (1:43.40), 200 free relay (1:32.98), 400 free relay (3:24.50), 200 IM (2:07.70), and 100 breast (1:03.96)... personal best times are 23.26 (50 free), 51.38 (100 free), 1:53.85 (200 free), and 1:03.27 (100 breast)... high school coaches were Keith MacDonald and Kelly Timson.

Personal -- Born June 23, 1997... daughter of Michael and Andrea Wells... has an older sister, Niki, and younger brother, Jack... majoring in health and human physiology.

COLLEGIATE BESTS

50 Free - 24.47, Hawkeye Invitational, 12/4/15
100 Free - 53.70, Hawkeye Invitational, 12/6/15
100 Back - 58.70, at Illinois Chicago, 9/26/15
100 Breast - 1:05.05, at Illinois Chicago, 9/26/15
200 IM - 2:07.94, Hawkeye Invitational, 12/4/15



MARC LONG

Head Coach • 13th Season
University of Iowa, 1991



Marc Long is entering his 13th season as head coach for the University of Iowa swimming and diving team and 12th leading both the men and women's programs.

During his tenure as head coach of both teams, 118 school records have fallen and 203 Hawkeyes have automatically or provisionally qualified for the NCAA Championships. Iowa has posted 11 top 40 NCAA finishes (five men, six women) since 2004.

Academically, the Hawkeyes have had prolonged academic success under Long's tutelage. Iowa has crowned 17 academic All-Americans, 269 Academic All-Big Ten selections, and the team has earned academic All-America honors nine times.

The 2015-16 season saw the Hawkeyes finish in the top-40 nationally at the NCAA Championships. The women's team had three NCAA qualifiers and finished 38th, courtesy of an honorable-mention All-America performance from junior Emma Sougstad. Sougstad won the "B" heat, finishing ninth overall in the 100 breaststroke. Sougstad was honored as the CollegeSwimming.com National Swimmer of the Week in December.

The UI men had five NCAA qualifiers and tallied a 40th-place finish nationally, highlighted by two honorable-mention All-America performances from senior Roman Trussov. The breastroker earned All-America distinctions in both the 100-and-200-yard breaststroke events. Trussov was also a second-team All-Big Ten honoree after finishing as the 100-breast runner-up at the 2016 Big Ten Championships.

Over the course of the season, the Hawkeyes swam to 12 school records and had 28 UI student-athletes posted NCAA qualifying standards. Academically, Iowa had 35 Academic All-Big Ten honorees and the program received both the spring and fall CSCAA Scholar All-America Award distinction.

Senior Charles Holliday was a semifinalist for the Arthur Ashe, Jr., Scholar Award, and he and Maddie Bro were recipients of the NCAA Postgraduate Scholarships. Holliday was also a Big Ten Postgraduate Scholarship honoree.

Iowa enjoyed success across the board during the 2014-15 season -- a year where the UI was in the national spotlight, hosting the 2015 NCAA Men's Swimming and Diving Championships at the Campus Recreation and Wellness Center Natatorium. It was the first championship in Iowa City since 1927.

The Hawkeyes swam to 19 school records and had 31 student-athletes post NCAA qualifying standards. The Iowa men had five NCAA qualifiers en route to a 35th place finish (eight points) at the NCAA Championships, while the women had four NCAA qualifiers -- the most since 1993 -- to place 38th nationally with 10 points.

Senior Becky Stoughton earned honorable mention All-America honors in the 500 and 1,650 freestyle events, while also becoming Iowa's first women's Big Ten champion since 2001. Junior Addison Boschult dove to honorable mention All-America honors on the platform with a 10th place overall finish.

Both teams tallied eighth-place finishes at the 2015 Big Ten Championships. The Hawkeye women finished with 223 points, while the men's squad had 230.5 points in a championship event held in Iowa City.

The Hawkeyes garnered national rankings during the course of the season with the men's squad climbing as high as No. 19 in the CSCAA rankings and SwimSwam Power rankings. The Hawkeye women were 21st in the CSCAA poll Jan. 21.





Academically, Iowa had 27 student-athletes earn Academic All-Big Ten honors with the 12 men's honorees tying the school record. The Hawkeye women earned the CSCAA Fall and Spring Scholar All-America honors for the seventh straight year and the program has received at least one team accolade dating back to 2005.

In 2013-14, Long guided the women's team to a 9-5 dual record with the nine victories being the second-highest total for the program in his tenure. The Hawkeyes went 4-3 in Big Ten duals, which led to a No. 20 ranking in the collegeswimming.com poll on Dec. 29. The team posted school records in four individual and four relays throughout the course of the season.

The UI men's squad was ranked as high as No. 21 in the CSCAA poll for three weeks and three school records went down in 2013-14. Long coached senior Dustin Rhoads to the NCAA Championships in the 100 and 200-yard backstroke events, marking the fourth-straight year the Hawkeyes have been represented at the championship.

Both the men's and women's squads posted eighth place finishes at the 2014 Big Ten Championships. The UI women finished with 199 points, while the men tallied 188 points. At season's end, 31 Hawkeyes were named Academic All-Big Ten honorees -- the 19 women's selections were a school record, while the men tied a record with 12 receiving the accolade.

In 2012-13, Long guided the Hawkeyes to a 32nd place finish at the NCAA Championships, marking the program's second-straight finish among the top-32 teams nationally. Six men's student-athletes competed at the championships, and Iowa earned honorable mention All-America honors in three events -- 200-medley relay, 400-medley relay and 100 backstroke.

Twenty-one school records went down during the course of the season and 20 Iowa student-athletes posted NCAA automatic or provisional times. The men's team finished seventh at the Big Ten Championships with 245 points, while the women's squad was 10th

with 113 points.

The men's team finished the 2013 season ranked 20th in the Collegeswimming.com/CSCAA Coaches Poll after posting a 7-3 dual record; the women's squad received votes in the rankings during the season and finished the year with an 8-2 record. Academically, 25 Hawkeyes earned Academic All-Big Ten recognition.

During the 2011-12 season, Long led the UI men's team to a fifth-place showing at the Big Ten Championships, the program's highest finish since 1996. Two Iowa relays -- the 200 and 400 free relays -- won Big Ten titles, marking the program's first relay crown in 17 years. Five Hawkeyes garnered first-team All-Big Ten recognition.

The women's team finished ninth at the 2012 Big Ten Championships with 201 points. Freshman Becky Stoughton became the first Hawkeye to be selected as the Big Ten Freshman of the Year after finishing in the top six in three individual events.

The Iowa men's team posted a 26th place finish at the NCAA Championships, its best showing since 1995, and three Hawkeye relays earned honorable mention All-America honors. Stoughton became the first UI female swimmer to advance to the NCAA Championships since 2005 and the first freshman since 2002. She earned honorable mention All-America honors after placing ninth in the 1,650 free.

The men's team finished the season with a 7-2 dual meet record, running its four-year mark to an impressive 31-5. The team climbed to a program-best 10th in the CSCAA dual meet rankings and finished the season ranked 14th overall. The Hawkeye women posted a 10-6 record, the most dual victories since the 1985-86 season.

Twenty-four Iowa student-athletes garnered Academic All-Big Ten honors during the 2011-12 season. Four women's swimmers were recognized with the Big Ten Distinguished Scholar Award, and nine Hawkeyes earned Scholar All-America recognition by the CSCAA. The

IOWA MEN UNDER COACH LONG

Year	W-L-T	Big Ten Finish	NCAA Finish	Big Ten Champions	All-Americans
2005-06	3-6	9th	--	--	--
2006-07	5-6	9th	--	--	--
2007-08	3-4	9th	--	--	--
2008-09	7-1	9th	--	--	--
2009-10	10-1	6th	--	--	--
2010-11	7-1	7th	35th	--	4
2011-12	7-2	5th	26th	2	5
2012-13	7-3	7th	35th	--	--
2013-14	2-9	8th	--	--	--
2014-15	7-2	8th	35th	--	1
2015-16	6-3	7th	40th	--	2
TOTALS	62-29	--	--	2	12

IOWA WOMEN UNDER COACH LONG

Year	W-L-T	Big Ten Finish	NCAA Finish	Big Ten Champions	All-Americans
2004-05	5-4	8th	23rd	--	2
2005-06	8-6	10th	27th	--	2
2006-07	6-6	10th	--	--	--
2007-08	5-7	9th	--	--	--
2008-09	7-4	9th	--	--	--
2009-10	8-4	9th	--	--	--
2010-11	5-7	9th	--	--	2
2011-12	10-6	9th	37th	--	1
2012-13	8-2	10th	--	--	--
2013-14	9-5	8th	--	--	--
2014-15	7-4	8th	38th	1	2
2015-16	8-3	11th	38th	--	1
TOTALS	76-52	--	--	1	10

ACADEMIC HONORS BY THE NUMBERS

17 - Academic All-Americans
269 - Academic All-Big Ten selections

women's team earned Scholar All-America team honors, finishing with the third-best grade point average in the nation.

Iowa set 18 school records during the 2011-12 season (11 men, seven women) and 18 Hawkeyes posted a NCAA qualifying time. In June 2012, 14 Hawkeyes represented the program at the 2012 U.S. Olympic Team Trials in Omaha.

In 2010-11, the Hawkeye men set schools records in three individual events and all five relays, while the women's squad set a program record in one individual event and one relay. The men recorded a dual meet record of 7-1 overall and 3-1 in the Big Ten to finish the year ranked 24th in the final TYR/CSCAA rankings.

The Hawkeye men sent Paul Gordon, Jordan Huff, Duncan Partridge, and Ryan Phelan to the NCAA Championships in the 200 free relay and the quartet earned All-America honors in the 400-free relay. The team posted NCAA "B" cuts in 11 individual events and five relays. The women's team was named to the CSCAA All-Academic team for the sixth-straight year, and 20 Hawkeyes earned Academic All-Big Ten honors.

In 2009-10, the Hawkeye men set school records in two individual events and three relays, while the women's squad set a program record in one individual event and established a new pool record. The Iowa men recorded their best dual record in program history with a 10-1 overall record and finished sixth at the Big Ten Championships, the highest finish in 14 years. The women were named to the CSCAA All-Academic team for the fifth-straight year, and 28 Hawkeyes earned Academic All-Big Ten honors.

In 2008-09, the Hawkeye women set school records in four individual events and three relays, while the men's squad set school bests in two individual events. The Hawkeyes posted NCAA "B" cuts in seven individual events and five relays. The Iowa men posted their best dual record since 1995 with a 7-1 mark, and went undefeated (4-0) at its

own Field House pool. The women were named to the CSCAA All-Academic team for the fourth straight year, and 25 Hawkeyes earned Academic All-Big Ten honors.

The 2007-08 season saw four school records set at the 2008 Big Ten Championships, including two relays. Wil Whaley and Christine Kuczek eclipsed Iowa's records in the 200 backstroke and 100 freestyle, respectively, and the 200 and 400 free relays swam to school records. Whaley also placed 19th at the 2008 U.S. Olympic Trials.

In 2006-07, two school records were broken and nine student-athletes posted NCAA "B" cuts. Dragos Agache led the Hawkeyes by competing at the NCAA Championships in both the 100 and 200 breast -- two events in which he set school records.

In his first season with the combined program (2005-06), four student-athletes qualified for the NCAA Championships and four school records were broken. Five-time All-American and U.S. Olympic diver Nancilea Underwood completed her Hawkeye career by leading the women's team to a 27th-place finish at the NCAA meet. Agache led the men's squad, competing in the 100 and 200-yard breaststroke at the NCAA meet, setting the school 100-yard breaststroke record and posting Iowa's highest individual finishes at the Big Ten Championships.

In 2004-05, the women's team recorded their second-highest finish at the NCAA Championships (23rd) in school history. The Hawkeyes were led by Underwood and four-year NCAA qualifier and All-American Jennifer Skolaski. The Hawkeyes set five school and two Field House pool records, posting a 5-4 overall dual mark.

Before focusing solely on his head-coaching duties, Long served as the UI's aquatics director for his first six years as head coach. In his dual role, Long was a part of the core committee involved in designing the Campus Recreation and Wellness Center -- one of the best facilities in the country.

As an assistant coach, Long helped Iowa to its highest placing and point total in school history (20th, 41 points) at the 2003 NCAA Championships. The Hawkeyes also posted an 8-4 overall season record, which was the first winning season for the program since 1999-2000.

Long has also served as head coach of the Iowa City Eels Swim Club (ICE) and the COHO Swim Club (Deerfield, Illinois). During his tenure, Long helped produce numerous state champions, record holders, and NCAA and USS national qualifiers.

The Cedar Falls, Iowa, native began his collegiate swimming career at the University of Northern Iowa (1986), winning the conference title and setting the 100 butterfly school record before joining the UI men's squad for his sophomore season.

As a Hawkeye swimmer (1987-89), Long was a multiple NCAA finalist, six-time All-American and three-time Big Ten champion, winning two conference titles in the 100 fly and one as part of the 400 free relay. He was voted a team captain in 1989 and helped lead the Hawkeyes to a Big Ten runner-up finish, and their highest team placing (eighth) in modern day history at the NCAA Championships. He swam on Iowa's Big Ten and NCAA record setting 200 freestyle relay in 1989.

Long was also a member of the 1987 U.S. National Champion 400-meter freestyle relay team from San Jose (Calif.) Aquatics, and participated in the 1988 U.S. Olympic Trials. Long is a member of the American Swimming Coaches Association and the College Swimming Coaches Association of America.

Long earned his bachelor's degree in recreation education from Iowa in 1991. He and his wife, Beth, have two children, Ethan and Rhys, and a dog, Torre.





FRANNIE MALONE

Associate Head Coach • 13th Season
University of Iowa, 2000



Frannie Malone is entering her 13th season with the Hawkeyes, serving as the associate head coach. Malone has served on the Iowa coaching staff since 2004; she was named associate head coach in 2010-11.

During Malone's tenure with the program, 118 school records have fallen and 203 Hawkeyes have automatically or provisionally qualified for the NCAA Championships. Iowa has posted 11 top 40 NCAA finishes (five men, six women) since 2004.

Academically, the Hawkeyes have had prolonged academic success with Malone's guidance. Iowa has crowned 17 academic All-Americans, 269 Academic All-Big Ten selections, and the team has earned academic All-America honors nine times.

The 2015-16 season saw the Hawkeyes finish in the top-40 nationally at the NCAA Championships. The women's team had three NCAA qualifiers and finished 38th, courtesy of an honorable-mention All-America performance from junior Emma Sougstad. Sougstad won the "B" heat, finishing ninth overall in the 100 breaststroke. Sougstad was honored as the CollegeSwimming.com National Swimmer of the Week in December.

The UI men had five NCAA qualifiers and tallied a 40th-place finish nationally, highlighted by two honorable-mention All-America performances from senior Roman Trussov. The breastroker earned All-America distinctions in both the 100-and-200-yard breaststroke events. Trussov was also a second-team All-Big Ten honoree after finishing as the 100-breast runner-up at the 2016 Big Ten Championships.

Over the course of the season, the Hawkeyes swam to 12 school records and had 28 UI student-athletes posted NCAA qualifying standards. Academically, Iowa had 35 Academic All-Big Ten honorees and the program received both the spring and fall CSCAA Scholar All-America Award distinction.

Senior Charles Holliday was a semifinalist for the Arthur Ashe, Jr., Scholar Award, and he and Maddie Bro were recipients of the NCAA Postgraduate Scholarships. Holliday was also a Big Ten Postgraduate Scholarship honoree.

Iowa enjoyed success across the board during the 2014-15 season -- a year where the UI was in the national spotlight, hosting the 2015 NCAA Men's Swimming and Diving Championships at the Campus Recreation and Wellness Center Natatorium. It was the first championship in Iowa City since 1927.

Under Malone's guidance, the Hawkeyes swam to 19 school records and had 31 student-athletes post NCAA qualifying standards. The Iowa men had five NCAA qualifiers en route to a 35th place finish (eight points) at the NCAA Championships, while the women had four NCAA qualifiers -- the most since 1993 -- to place 38th nationally with 10 points.

Senior Becky Stoughton earned honorable mention All-America honors in the 500 and 1,650 freestyle events, while also becoming Iowa's first women's Big Ten champion since 2001. Junior Addison Boschult dove to honorable mention All-America honors on the platform with a 10th place overall finish.

Both teams tallied eighth-place finishes at the 2015 Big Ten Championships. The Hawkeye women finished with 223 points, while the men's squad had 230.5 points in a championship event held in Iowa City.

The Hawkeyes garnered national rankings during the course of the season with the men's squad climbing as high as No. 19 in the CSCAA rankings and SwimSwam Power rankings. The Hawkeye women were 21st in the CSCAA poll Jan. 21.

Academically, Iowa had 27 student-athletes earn Academic All-Big Ten honors with the 12 men's honorees tying the school record. The Hawkeye women earned the CSCAA Fall and Spring Scholar All-America honors for the seventh straight year and the program has received at least one team accolade dating back to 2005.

In 2013-14, Malone assisted in coaching the women's team to a 9-5 dual record with the nine victories being the second-highest total for the program in the last decade. The Hawkeyes went 4-3 in Big Ten duals, which led to a No. 20 ranking in the collegeswimming.com poll on Dec. 29. The team posted school records in four individual and four relays throughout the course of the season.

The UI men's squad was ranked as high as No. 21 in the CSCAA poll for three weeks and three school records went down in 2013-14. Malone coached senior Dustin Rhoads to the NCAA Championships in the 100 and 200-yard backstroke events, marking the fourth-straight year the Hawkeyes have been represented at the championship.

Both the men's and women's squads posted eighth place finishes at the 2014 Big Ten Championships. The UI women finished with 199 points, while the men tallied 188 points. At season's end, 31 Hawkeyes were named Academic All-Big Ten honorees -- the 19 women's selections were a school record, while the men tied a record with 12 receiving the accolade.

In 2012-13, Malone assisted in guiding the Hawkeye men's team to a 32nd place finish at the NCAA Championships, marking the program's second-straight finish among the top-32 teams nationally. Six men's student-athletes competed at the championships, and Iowa earned honorable mention All-America honors in three events -- 200-medley relay, 400-medley relay and 100 backstroke.

Twenty-one school records went down during the course of the season and 20 Iowa student-athletes posted NCAA automatic or provisional times. The men's team finished seventh at the Big Ten Championships with 245 points, while the women's squad was 10th with 113 points.





The men's team finished the 2013 season ranked 20th in the Colleg-swimming.com/CSCAA Coaches Poll after posting a 7-3 dual record; the women's squad received votes in the rankings during the season and finished the year with an 8-2 record. Academically, 25 Hawkeyes earned Academic All-Big Ten recognition.

During the 2011-12 season, Malone led the men's team to a fifth place showing at the Big Ten Championships, the program's highest finish since 1996. Two UI relays -- the 200 and 400 free relays -- won Big Ten titles. It was the first relay crown for the program in 17 years. Five Hawkeyes garnered first team All-Big Ten recognition.

The women's team finished ninth at the 2012 Big Ten Championships with 201 points. Freshman Becky Stoughton became the first Hawkeye to be selected as the Big Ten Freshman of the Year after finishing in the top six in three individual events.

The Iowa men's team finished 26th at the NCAA Championships, its best finish since 1995, and three Hawkeye relays earned honorable mention All-America honors. Stoughton became the first UI female swimmer to advance to the NCAA Championships since 2005 and the first freshman since 2002. She earned honorable mention All-America honors after placing ninth in the 1,650 free.

The men's team finished the season with a 7-2 dual meet record, running its four-year mark to an impressive 31-5. The team climbed to a program best 10th in the College Swimming Coaches Association of America (CSCAA) dual meet rankings and finished the season ranked 14th. The Hawkeye women posted a 10-6 record, the most dual victories since the 1985-86 season.

Twenty-four Iowa student-athletes garnered Academic All-Big Ten honors during the 2011-12 season. Four women's swimmers were recognized with the Big Ten Distinguished Scholar Award, and nine Hawkeyes earned Scholar All-America recognition by the CSCAA.

Following the 2011-12 season, 14 Hawkeyes represented the program at the 2012 U.S. Olympic Team Trials in Omaha.

In 2010-11, Malone coached four Iowa swimmers to All-America honors at the 2011 NCAA Championships. Ten school records were broken over the course of the season, eight by the men's program and two by the women's team. In the classroom, 20 Hawkeyes garnered Academic All-Big Ten honors, and the women's program was named to the CSCAA All-Academic team for the sixth straight season.

In 2009-10, the Iowa men posted a 10-1 dual record and finished sixth at the Big Ten Championships, the program's highest finish in 14 years. The Hawkeyes combined to set six school records, and 28 student-athletes were named Academic All-Big Ten. The Hawkeye women were named to the CSCAA All-Academic team for the fifth straight year.

In 2008-09, the Hawkeye women set school records in four individual events and three relays, while the men's squad set school bests in two individual events. The Hawkeyes posted NCAA "B" cuts in seven individual events and five relays. The Iowa men posted their best dual record since 1995 with a 7-1 mark, and went undefeated (4-0) at their own Field House pool. Twenty-five Hawkeyes earned Academic All-Big Ten honors.

In 2008, Malone coached events that broke four school records at the 2008 Big Ten Championships. Wil Whaley and Christine Kuczek eclipsed Iowa's previous bests in the 200 back and 100 free, respectively, while the women's 200 and 400 free relay teams also set school records. Whaley placed 19th at the 2008 U.S. Olympic Trials, and Iowa posted NCAA "B" cuts in nine individual events and four relays.

Malone's second season on the Hawkeye staff saw two school records broken and nine student-athletes qualify for the NCAA Championships. Dragos Agache led the Hawkeyes by qualifying for the NCAA Championships in both the 100 and 200 breast -- the two events in which he set new school records. Agache posted Iowa's highest Big Ten finishes with third in the 100 and sixth in the 200.

In her first season with the combined program, four student-athletes qualified for the NCAA Championships and four school records were broken. Five-time All-America diver Nancilea Underwood completed her Hawkeye career by leading the women's team to a 27th-place finish at

the NCAA meet. Agache led the men's squad, competing in the 100 and 200-yard breaststroke at the NCAA meet, setting the school 100-yard breaststroke record and posting Iowa's highest individual finishes at the Big Ten Championships.

In 2004-05, the women's team recorded their second-highest finish at the NCAA Championships (23rd) in school history. The Hawkeyes were led by Underwood and four-year NCAA swimmer Jennifer Skolaski at the meet. The Hawkeyes set five school and two Field House pool records, posting a 5-4 overall dual mark.

Prior to returning to Iowa, Malone served as an assistant women's swimming coach at Tulane (2003) and Fresno State (2002). At Tulane, she helped field the first Green Wave swimming team since 1989-90, recruiting a class of 15 student-athletes. The fledgling team posted a 13-3 dual record, won three Conference USA individual titles and recorded 20 top eight finishes at the conference meet. Linda McEachrane won two conference titles to earn Conference USA Freshman of the Year accolades and posted NCAA performances in the 50 and 100 free.

At Fresno State, Malone helped the Bulldogs to a 6-6 record and a fourth-place finish in the Western Athletic Conference with a team comprised of one senior and 18 freshmen.

Malone served as a graduate assistant coach at Ohio University (2001) and student assistant coach at Iowa (1998-2000) after her swimming career was cut short by a shoulder injury. Her club coaching experience includes leading the Willow Knolls Country Club and Ohio Master's Swimming Program, and serving as an age-group assistant with the Central Illinois Aquatics Program.

Malone is a USA Swimming Registered Coach, a Dimension I and II graduate of the NCAA Women's Coaches Academy and a member of the American Swimming Coaches Association and the CSCAA.

A native of Peoria, Illinois, Malone earned her bachelor's degree from Iowa in 2000 and her master's degree in physical education and sports science from Ohio in 2004. She and her husband, Sean, have two children, Nathan and Betty.



TODD WAIKEL

Diving Coach • Fifth Season
Purdue, 1994



Todd Waikel is entering his fifth season as the diving coach with the University of Iowa swimming and diving program.

In his four seasons in Iowa City, Waikel has coached five NCAA Championships qualifiers, one honorable-mention All-American -- the program's first men's All-American since 2004 -- and was instrumental in helping the UI diving program become a USA Diving "Center of Excellence."

In 2015-16, Waikel had three divers -- Addison Boschult, Calli Head, and Lydia Lehnert -- qualify for the NCAA Championships on the platform, eight divers post NCAA Zone Diving Standards, and had two divers garner three Big Ten Conference weekly accolades. Boschult narrowly missed earning All-America honors for a second-straight season after placing 18th -- two points shy of a top-16 finish.

The Hawkeyes dove to school records in two events on the year. Freshman Will Brenner, a two-time Big Ten Freshman of the Week honoree, set the 1-meter springboard (365.00) school record at the Hawkeye Invitational, while junior Calli Head tied the women's platform record (312.20) at the 2016 Big Ten Championships, where she earned a bronze medal.

Sophomore Morgan Rafferty also earned a weekly accolade, earning Big Ten Diver of the Week honors Dec. 16 after winning a pair of events in the Iowa Corn Cy-Hawk Series dual victory over Iowa State.

Waikel coached two athletes at the 2016 USA Diving Olympic Trials. Boschult qualified on the platform, while former Hawkeye All-American Deidre Freeman-Huff competed in the 3-meter springboard.

During the 2014-15 season, Waikel had three divers advance to the NCAA Championships and eight divers post NCAA Zone Diving Standards. Boschult earned honorable mention All-America honors on the platform after finishing 10th at the NCAA Championships, while Head (platform) and Joelle Christy (1-meter) qualified for the NCAAs.

Two school records were broken during the season on the platform. Boschult dove to the men's record at the NCAA Zone D Diving Championships with a score of 409.20, while sophomore Lydia Lehnert took down the women's record with a 312.20.

In 2013-14, seven UI divers qualified for the NCAA Zone D Diving Championships. The Hawkeyes got a pair of top-five finishes and school records on the platform at the zones by Boschult and Head.

Waikel coached divers to three of the top seven scores in the 3-meter in school history throughout the course of the season. One of the divers -- Abby Grilli -- posted the fourth-best score (354.10) and was a three-time Big Ten Diver of the Week honoree.

Under Waikel's watch, Iowa diving has turned into a major player on the national diving scene as USA Diving recognized Hawkeye diving as "Center of Excellence" for 2014. Much of the attention can be attributed to Freeman-Huff, who has excelled under Waikel's tutelage.

Freeman-Huff was bronze medalist at the 2015 Pan American Games and placed fourth at FINA Grand Prix Meet. She also won the 3-meter synchroized diving event at the USA Diving Winter Nationals, claimed the 3-meter and 3-meter synchro events at the AT&T Diving Championships and placed 11th on the 1-meter at the FINA World Championships in Spain.





In 2014, Freeman-Huff was named to the U.S. Olympic Performance Squad, finished eighth at the FINA Diving World Series in China, and earned the bronze at the Canada Cup and 2014 Malaysia Grand Prix. She also earned a bronze at the 2015 Pan Am Games with Waikel serving as a Team Leader for Team USA.

Waikel joined the Hawkeyes after putting together an impressive collegiate and national diving resume during his seven-year stint as assistant diving coach at Indiana University. He helped the Hoosiers to five Big Ten Conference titles (four women's, one men's) and three top 10 NCAA finishes in his seven seasons. He also has coached 10 USA Diving National Teams to titles since 2006.

In his final season at Indiana, Waikel coached six Indiana divers to 11 All-America honors. Darian Schmidt and Zac Nees earned All-America status on all three boards. Schmidt won the individual Big Ten title on the platform and was the Big Ten Diver of the Championship.

In 2010-11, Waikel was key in guiding the Indiana women's squad to its third consecutive Big Ten title and Laura Ryan to her first win on the women's platform. He also coached Amy Korthauer and Amy Cozad at the World University Games in Shenzhen, China.

In 2009-10, Waikel coached Gabby Agostino to her first Big Ten title, while helping IU to the women's team title. Hoosier All-American Christina Loukas won a national title on the 3-meter springboard at the USA Diving Winter Nationals, and Amy Korthauer earned a spot on the U.S. National Team for the FINA World Cup in China.

In 2009, Waikel helped Loukas to Big Ten and NCAA titles on the 3-meter springboard, as well as NCAA Diver of the Year, Big Ten Diver of the Year, and Big Ten Diver of the Championships honors. Brittney Feldman also finished third in the 3-meter at the NCAA meet to garner All-America recognition.

In 2008, Waikel's divers captured four Big Ten titles, earning diver of the year, diver of the championship and coach of the year honors on both the men's and women's sides. Feldman captured conference titles in both the 1-meter and 3-meter springboard and went on to earn All-America honors in both events. Landon Marzullo won the same events on the men's side and was an All-American in all three diving events.

In 2007, Loukas turned in one of the most dominant performances in Big Ten diving history, becoming just the fourth diver to win all three diving events at the meet. She earned Big Ten Diver of the Year and Diver of the Championship honors for the third straight season. Loukas went on to earn first-team All-America honors after finishing as the runner-up in the 1-meter, while two other divers earned honorable mention recognition.

Loukas, a 2008 Olympian, won her first national title with a win in the 1-meter at the 2007 NCAA Championships, and she defended that title in 2008 and 2009. She was also a silver medalist in the 3-meter and a bronze in the 3-meter synchro at the World University Games. Loukas was a seven-time USA National Champion and six-time Big Ten champion under Waikel's watch. Loukas earned All-America honors on all three boards in 2006.

Waikel served as a USA Diving team leader/coach at the FINA Grand Prix in Montreal and the 2011 USA Diving Team coach at the 2011 World University Games in Shenzhen, China.

The 1994 Purdue University graduate with a degree in speech communications is a safety certified, U.S. Diving Grassroots and Dive Safe instructor. He and his wife, Marlene, are the parents of nine children: Damian, Hannah, Nathan, Dominic, Jonah, Paul, Christopher, Clare and Vincent.



NATHAN MUNDT

Assistant Coach • Ninth Season
University of Iowa, 2001



Nathan Mundt is entering his ninth season as assistant coach and international recruiting coordinator for the University of Iowa swimming and diving program.

The 2015-16 season saw the Hawkeyes finish in the top-40 nationally at the NCAA Championships. The women's team had three NCAA qualifiers and finished 38th, courtesy of an honorable-mention All-America performance from junior Emma Sougstad. Sougstad won the "B" heat, finishing ninth overall in the 100 breaststroke. Sougstad was honored as the CollegeSwimming.com National Swimmer of the Week in December.

The UI men had five NCAA qualifiers and tallied a 40th-place finish nationally, highlighted by two honorable-mention All-America performances from senior Roman Trussov. The breastroker earned All-America distinctions in both the 100-and-200-yard breaststroke events. Trussov was also a second-team All-Big Ten honoree after finishing as the 100-breast runner-up at the 2016 Big Ten Championships.

Over the course of the season, the Hawkeyes swam to 12 school records and had 28 UI student-athletes posted NCAA qualifying standards. Academically, Iowa had 35 Academic All-Big Ten honorees and the program received both the spring and fall CSCAA Scholar All-America Award distinction.

Senior Charles Holliday was a semifinalist for the Arthur Ashe, Jr., Scholar Award, and he and Maddie Bro were recipients of the NCAA Postgraduate Scholarships. Holliday was also a Big Ten Postgraduate Scholarship honoree.

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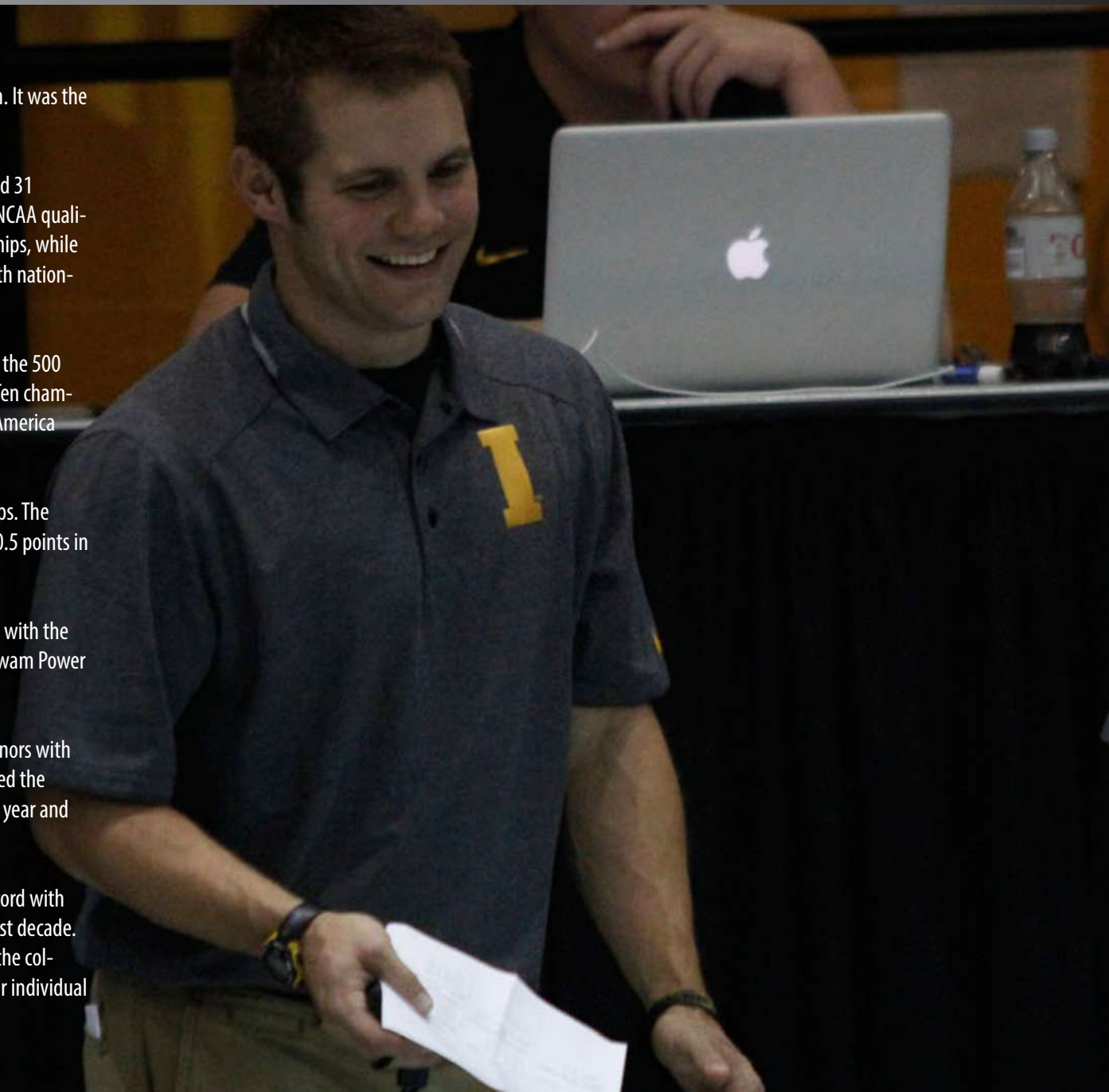
Senior Becky Stoughton earned honorable mention All-America honors in the 500 and 1,650 freestyle events, while also becoming Iowa's first women's Big Ten champion since 2001. Junior Addison Boschult dove to honorable mention All-America honors on the platform with a 10th place overall finish.

Both teams tallied eighth-place finishes at the 2015 Big Ten Championships. The Hawkeye women finished with 223 points, while the men's squad had 230.5 points in a championship event held in Iowa City.

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In 2013-14, Mundt assisted in guiding the women's team to a 9-5 dual record with the nine victories being the second-highest total for the program in the last decade. The Hawkeyes went 4-3 in Big Ten duals, which led to a No. 20 ranking in the collegeswimming.com poll on Dec. 29. The team posted school records in four individual and four relays throughout the course of the season.





The UI men's squad was ranked as high as No. 21 in the CSCAA poll for three weeks and three school records went down in 2013-14. Mundt coached senior Dustin Rhoads to the NCAA Championships in the 100 and 200-yard backstroke events, marking the fourth-straight year the Hawkeyes have been represented at the championship.

Both the men's and women's squads posted eighth place finishes at the 2014 Big Ten Championships. The UI women finished with 199 points, while the men tallied 188 points. At season's end, 31 Hawkeyes were named Academic All-Big Ten honorees -- the 19 women's selections were a school record, while the men tied a record with 12 receiving the accolade.

In 2012-13, Mundt assisted in guiding the Hawkeye men's team to a 32nd place finish at the NCAA Championships, marking the program's second-straight finish among the top-32 teams nationally. Six men's student-athletes competed at the championships, and Iowa earned honorable mention All-America honors in three events -- 200-medley relay, 400-medley relay and 100 backstroke.

Twenty-one school records went down during the course of the season and 20 Iowa student-athletes posted NCAA automatic or provisional times. The men's team finished seventh at the Big Ten Championships with 245 points, while the women's squad was 10th with 113 points.

The men's team finished the 2013 season ranked 20th in the Collegewimming.com/CSCAA Coaches Poll after posting a 7-3 dual record; the women's squad received votes in the rankings during the season and finished the year with an 8-2 record. Academically, 25 Hawkeyes earned Academic All-Big Ten recognition.

During the 2011-12 season, Mundt led the men's team to a fifth place showing at the Big Ten Championships, the program's highest finish since 1996. Two UI relays -- the 200 and 400 free relays -- won Big Ten titles. It was the first relay crown for the program in 17 years. Five Hawkeyes garnered first team All-Big Ten recognition.

The women's team finished ninth at the 2012 Big Ten Championships with 201 points. Freshman Becky Stoughton became the first Hawkeye to be selected as the Big Ten Freshman of the Year after finishing in the top six in three individual events.

The Iowa men's team finished 26th at the NCAA Championships, its best finish since 1995, and three Hawkeye relays earned honorable mention All-America honors. Stoughton became the first UI female swimmer to advance to the NCAA Championships since 2005 and the first freshman since 2002. She earned honorable mention All-America honors after placing ninth in the 1,650 free.

The men's team finished the season with a 7-2 dual meet record, running its four-year mark to an impressive 31-5. The team climbed to a program best 10th in the CSCAA dual meet rankings and finished the season ranked 14th. The Hawkeye women posted a 10-6 record, the most dual victories since the 1985-86 season.

Twenty-four Iowa student-athletes garnered Academic All-Big Ten honors during the 2011-12 season. Four women's swimmers were recognized with the Big Ten Distinguished Scholar Award, and nine Hawkeyes earned Scholar All-America recognition by the College Swimming Coaches Association of America (CSCAA).

Following the 2011-12 season, 14 Hawkeyes represented the program at the 2012 U.S. Olympic Team Trials in Omaha.

In 2010-11, the Hawkeye men recorded a seventh place finish at the Big Ten Championships. The men's squad set eight school records and sent four swimmers to the NCAA Championships, all of which earned All-America honors. The women's team set two school records and was named to the CSCAA All-Academic team for the sixth straight year. A total of 20 Hawkeyes were recognized as Academic All-Big Ten selections.

In his second season, Mundt helped the Hawkeyes establish six new program records. The Hawkeye men recorded a sixth-place finish at the Big Ten Championships, Iowa's highest finish in 14 years. The men posted a 10-1 dual record on the year, the best dual mark in school history. The women were named to the CSCAA All-Academic team for the fifth straight year, and 28 Hawkeyes earned Academic All-Big Ten honors.

In his first season at Iowa, the Hawkeye women set school records in four individual events and three relays, while the men's squad set school bests in two individual events. The Hawkeyes posted NCAA "B" cuts in seven individual events and five relays. The Iowa men posted its best dual record since 1995 with a 7-1 mark, and went undefeated (4-0) at their own Field House pool. The women were named to the CSCAA All-Academic team for the fourth straight year, and 25 Hawkeyes earned Academic All-Big Ten honors.

Mundt joined the Iowa staff after serving as the head men's and women's swimming coach at Western Illinois University. He was named the 2006-07 Mid-Continent Conference Women's Coach of the Year. He coached swimmers to 13 school record-setting marks and six athletes to 12 Summit League individual event championships.

A native of Portage, Ind., Mundt was a four-year letterwinner and academic all-conference honoree at the University of Tampa while earning a bachelor's degree in sports management in 2001.

Mundt served as a graduate assistant coach at Valparaiso University from 2003-2005 and was named interim head coach for the 2003-04 season. Mundt also added a master's degree in sports administration while at Valparaiso.

He and his wife, Erika, have two sons, Nolan and Maclin.



RICHARD SALHUS

Interim Assistant Coach • 1st Season
University of Iowa, 2011



Richard Salhus is in his first season as an interim assistant coach with the University of Iowa swimming and diving program.

Salhus, a former Hawkeye swimmer and UI graduate, returns to the team after spending the last five years as assistant head coach of the Iowa Flyers Swim Club. He recently had been named the club's head coach.

During his stint with the Iowa Flyers, Salhus helped the team achieve a number of accolades:

- He coached a fourth-place place finisher in the 200-meter butterfly at the 2016 USA Olympic Swimming Trials.
- He coached an athlete named to 2016 USA Junior Pan Pacific Championship Team.
- He was a 2014 National Select Camp assistant coach and a 2015 Central Zone Select Camp assistant coach.
- He coached multiple Winter and Summer Junior National medalists.

Coaching alongside Robert Pinter, Salhus was also instrumental in developing three swimmers that were selected to the National Select Camp and one athlete was chosen to the USA Swimming National Junior Team.

The Johannesburg, South Africa, native was a four-year Iowa letterwinner, competing from 2007-11. He earned Big Ten Swimmer of the Week honors in 2008.

As a prep, Salhus was a South African Junior National qualifier, winning numerous medals, including the gold in the 50 free and 50 fly. He was also a member of the South African Junior Squad and qualified for multiple South African Senior Nationals and Olympic Trials. He was a finalist in the 200 free and 50 fly and a gold medalist in the 400-free and 800-free relays.

Salhus competed for Jon Rudd under Plymouth Leander in the United Kingdom where he held various records in Devon County. He went on to win silver in the 17/18-year-old 50 free and bronze in the 800-free relay at the British Youth Championships and he also competed in the Great Britain Open Championships, where he was a finalist in the men's 50 fly and semifinalist in men's 50 free.

Salhus, who is ASCA Level 4 certified, graduated from the University of Iowa in 2011 with a bachelor's degree in health science with a minor health and sports studies. He and his wife, Mary, recently had their first child, Liam.





ROMAN TRUSSOV
Interim Assistant Coach • 1st Season
University of Iowa, 2016

University of Iowa All-American Roman Trussov is in his first season as an interim assistant coach with the UI swimming and diving program.

Trussov was a two-time honorable-mention All-American as a senior, placing 13th in the 200-yard breaststroke and 15th in the 100 breast at the 2016 NCAA Championships. He was an NCAA qualifier in four events in his final Hawkeye go-round. Trussov also was a second-team All-Big Ten selection in 2016 after finishing as the runner-up in the 100 breast at the Big Ten Championships.

The Kazakhstan native finished his career as a three-time NCAA qualifier and is the school record holder in the 100 breast (52.17), 200 breast (1:54.57) and as a member of the 200-medley (1:25.53) and 400-medley (3:07.83) relays.

Academically, Trussov was a three-time CSCAA Scholar All-American and was twice named Academic All-Big Ten and as a Big Ten Distinguished Scholar.

Prior to joining the Hawkeyes, Trussov ranked in the top 50 in the world in the 50 and 100-meter breaststroke. He claimed gold medals at the RSF International Swimming Competition and the Grand Prix of Greece and was a silver medalist at the Winter Championships of Ukraine.

Trussov graduated from the University of Iowa with a bachelor's degree in management in 2016.



ANDREW HULL
Volunteer Assistant Diving Coach • 1st Season
University of Iowa, 2016

Former Hawkeye diver Andrew Hull is in his first season as a volunteer assistant diving coach for the University of Iowa swimming and diving program.

Hull dove one season at the UI where he posted NCAA Zone Diving Standards on the 1-meter, 3-meter, and platform. He finished his career with the second-best platform score (339.25) and 10th-best 1-meter (332.25) and 3-meter (346.25) scores in school history.

The Denver, Colorado, native transferred to Iowa in 2014-15 after diving his first two seasons at Indiana. Hull placed 11th on the platform at the 2014 Big Ten Championships.

Academically, Hull was a two-time Academic All-Big Ten honoree.

Hull plans to graduate from the University of Iowa in December, 2016, with a degree in human physiology.

SUPPORT STAFF



MARK HANKINS
Special Assistant to AD



DR. NED AMENDOLA
Sports Medicine
Center Director



DR. BRIAN WOLF
Head Team Physician



JESSICA BUSER
Academic Advisor



ASHLEY RENTERIA
Strength & Conditioning



KENDRA WIEDITZ
Secretary



MIKE LAWLER
Athletic Trainer



DAVE ASPELMEIER
Compliance



GABE MIECZNIKOWSKI
Manager (3rd Year)



JACKSON McNALLY
Manager (2nd Year)



ABIGAYLE AMMON
Manager (1st Year)





**GARY BARTA
ATHLETICS
DIRECTOR**

A record-setting, perfect regular season, which included a Big Ten West Division title for the Hawkeye football team, set the tone for a successful 2015-16 for the University of Iowa Athletics Department, as Gary Barta completed his first decade as the UI's Director of Athletics.

As Barta enters his 11th year as the leader of Hawkeye athletics, he does so with a five-year contract extension and recognition as the 2015-16 Under Armour Athletics Director of the Year, presented by the National Association of Collegiate Directors of Athletics (NACDA).

In the past year, Iowa athletics staff, coaches, and, most importantly, Hawkeye student-athletes, have continued to raise the bar in their daily approach to: Win. Graduate. Do it Right. There is tremendous momentum surrounding the entire athletics program in all three areas.

The Hawkeye football team earned a spot in the Big Ten Conference Championship game after an undefeated regular season and made its sixth Rose Bowl appearance. The Iowa men's and women's basketball teams advanced to postseason play, and the Iowa wrestling program was once again in the thick of the battle for the national title.

UI student-athletes continued to attack their work in the classroom—the "Graduate" leg of the Hawkeyes' three-legged stool. All of Iowa's 24 sports teams again exceeded the NCAA's Annual Progress Report while holding steady their record, established a year ago, with a 89 percent Graduation Success Rate (GSR). The average grade point average for all student-athletes reached an impressive 3.0.

The "Do it Right" column was filled with success as well. Under Barta's leadership, the Hawkeyes continued their significant service and contribution to the greater Iowa City area and beyond, taking a leadership position in matters related to

student-athlete welfare. Iowa remains among the handful of intercollegiate athletics programs nationally that successfully maintains its status as 100 percent self-supporting.

Iowa's "Wins" also occurred at the turnstiles, where the Iowa wrestling program once again led the nation in home attendance. Iowa was one of just five programs in the country to rank in the top 25 in home attendance for football, women's basketball, and men's basketball. When the Hawkeye baseball team reached the Big Ten Tournament championship game, more than 10,000 Hawkeye fans were in Omaha to cheer on the Hawkeyes on a Sunday afternoon.

While the record-setting performance by the football team led the way in 2015-16, a number of other Hawkeye athletics teams also enjoyed outstanding success:

- The 2016 Rose Bowl marked Iowa's 13th postseason bowl game under the leadership of Kirk Ferentz and its ninth January bowl event. Junior defensive back Desmond King earned unanimous consensus All-America honors while winning the Jim Thorpe Trophy and was recognized as the Tatum Woodson Big Ten Defensive Back of the Year. He is Iowa's 23rd consensus All-American. Fifteen Hawkeye players earned All-Big Ten recognition.
- Lisa Bluder's women's basketball team advanced to postseason play for the ninth straight season while fielding a very young team comprised mainly of underclassmen. Three Hawkeyes earned All-Big Ten honors, six earned Academic All-Big Ten recognition, and junior Ally Disterhoft garnered Academic All-America honors for the second straight year.
- The Iowa men's basketball team advanced to the NCAA Tournament for the third straight season, winning its opening game for the second consecutive year before a second round loss to the eventual national champion, Villanova. Coach Fran McCaffery's team was ranked as high as third in the nation while earning a second straight third-place finish in the Big Ten Conference. Two Hawkeyes earned All-Big Ten honors, including first-team selection Jarod Uthoff.
- Jarrod Uthoff (men's basketball) and Ally Disterhoft (women's basketball), were named Academic All-Americans of the Year for their respective sports. Iowa became the first Division I program to claim both the male and female basketball recipients of the award in the same season. Uthoff is the first Iowa men's

basketball student-athlete to earn both consensus All-America and Academic All-America honors.

• Tom Brands' Iowa wrestling squad finished second in the Big Ten and fifth at the NCAA Championships. The Hawkeyes crowned two Big Ten individual champions, featured three NCAA finalists, and had six All-Americans. Iowa wrestling set a national dual meet attendance record as 42,287 were on hand to see the Hawkeyes hand top-ranked Oklahoma State an 18-16 defeat in Kinnick Stadium to open the season.

• Iowa baseball made another late season charge under coach Rick Heller, reaching the Big Ten Tournament title game for the first time since 2010. Only a one-run loss in the championship game kept the Hawkeyes from a second straight NCAA Regional appearance. Two Hawkeyes earned first-team All-Big Ten honors and three players were selected in the 2016 Major League Baseball Draft, moving the three-year total to 11 under Heller—the most for the program since 1991-93.

• Coach Megan Menzel's women's golf program was represented in the national tournament as senior Amy Ihm competed as an individual after earning first-team All-Big Ten honors. Ihm became the first UI women's golfer to compete in NCAA postseason competition since 1990 and just the second in program history.

• The UI's men's golf team, under the direction of second-year head coach Tyler Stith, competed in its eighth straight NCAA Tournament. The Hawkeyes placed second in the Big Ten Championships as three Hawkeyes—juniors Carson Schaake and Raymond Knoll, along with true freshman Matthew Walker—earned all-tournament recognition.

• Larissa Libby's GymHawks advanced to the NCAA Regionals for the seventh time in the last eight seasons, hosting the event in Carver-Hawkeye Arena in 2016. Iowa recorded dual meet wins over five conference foes, including three Big Ten teams who were nationally ranked at the time. Two Hawkeyes were named to the All-Championship team, with Mollie Drenth representing Iowa as an individual competitor at the NCAA Championships. Drenth, Iowa's first NCAA Championships qualifier since 2011, placed third on beam at the NCAA Championship, earning first-team All-America accolades. She is the program's first All-American since 2004.

• JD Reive's UI men's gymnastics squad placed fifth at the Big Ten Championships and saw Matt Loochtan garner first-team All-Big Ten recognition. The Hawkeyes fell short of making team finals at the NCAA Championships, but saw five student-



The Barta family includes Luke, Connie, Madison, and Gary.

athletes advance to individual event finals. The youthful roster excelled in the classroom, tying a school record with nine Academic All-Big Ten selections. Senior Jack Boyle was also named a finalist for the Nissen–Emery Award, an award given to the country’s most outstanding senior gymnast in the gym and in the classroom.

- Joey Woody’s second season as head coach of the UI’s men’s and women’s track and field teams resulted in a record number of performers advancing to the NCAA Outdoor Championships. A total of 15 Hawkeyes advanced to the national championships, including Big Ten champions Briana Guillory (200 meters), Aaron Mallett (110 meter hurdles), men’s 400-meter relay, and women’s 1,600-meter relay.

- The Iowa men’s and women’s swimming and diving teams both tallied top-40 finishes at the NCAA Championships under head coach Marc Long. The program had two student-athletes—junior Emma Sougstad (100 breast) and senior Roman Trussov (100 breast, 200 breast)—garner three All-America distinctions. Ten student-athletes were named CSCAA Scholar All-Americans and 35 earned Academic All-Big Ten recognition.

- Under third-year head coach Andrew Carter, the Iowa rowing program continued to make significant strides forward. The Hawkeyes were represented in the top-20 national rankings for the first time in six seasons. The squad placed fifth in the Big Ten Championships with 95 points, its highest championship point total since 2009. Senior Beth Baustian earned second-team Pocock All-America accolades, becoming the fourth All-American in program history and the second in the last three seasons. The Hawkeyes excelled off the water with 20 Academic All-Big Ten selections, the most for the program since 2009, and five Collegiate Rowing Coaches Association Scholar Athletes.

- Under second-year head coach Bond Shymansky, the UI volleyball team compiled a 10-3 record in nonconference action—the best overall start for the program since 2006 (11-1). The Hawkeyes won eight straight matches from Sept. 6-19, including a 3-1 victory over

Iowa State -- Iowa’s first win over the Cyclones since 1997 -- and a 3-1 win over No. 25 Texas A&M.

In October 2015, the NCAA reported that Iowa’s student-athletes had tied the record set the previous year by posting a Graduation Success Rate (GSR) score of 89 percent. That mark ranked six points better than the national average.

The NCAA also noted the UI had posted a federal graduation rate of 71 percent. This was also a record, three points better than the national average—and tops the three State of Iowa Board of Regents’ institutions.

Last May, the NCAA reported that all 24 of Iowa’s sports programs were comfortably above the Academic Progress Rate (APR) threshold. The NCAA also singled out the UI’s volleyball, men’s golf, and women’s swimming and diving for APR scores that ranked in the top 10 percent of their peer group. These three teams have each registered a perfect score of 1,000 in each of the past four years.

Along with Uthoff and Disterhoft earning Academic All-American of the Year accolades, the Hawkeyes also boasted Academic All-Americans in football (senior defensive back Jordan Lomax) and wrestling (senior Nathan Burak). In addition, 167 UI student-athletes earned Academic All-Big Ten recognitions throughout the year, and wrestler Alex Meyer earned academic recognition from the National Wrestling coaches Association (NWCA).

“Doing it Right” for Barta and the more than 225 staff of the UI Athletics Department is a charge that encompasses a long and varied list of responsibilities, including maintaining the department’s status as one of a handful of intercollegiate athletics programs nationally that successfully operates its sports programs and auxiliary enterprises in a fiscally responsible manner and without any institutional or taxpayer financial support. The UI provides a superior experience for the more than 650 talented student-athletes who participate in the program annually and the more than one million friends and fans of the UI who attend Hawkeye events on the

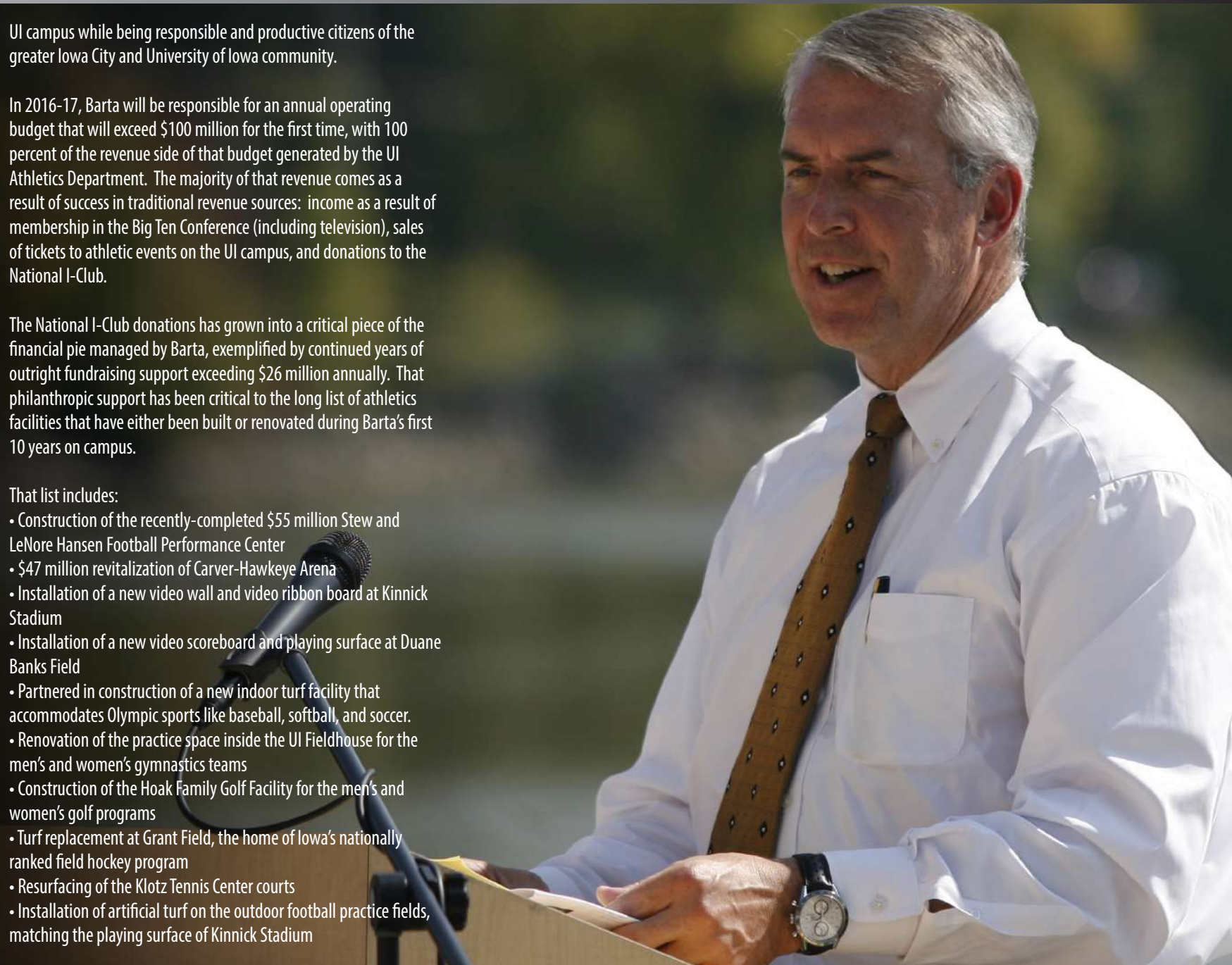
UI campus while being responsible and productive citizens of the greater Iowa City and University of Iowa community.

In 2016-17, Barta will be responsible for an annual operating budget that will exceed \$100 million for the first time, with 100 percent of the revenue side of that budget generated by the UI Athletics Department. The majority of that revenue comes as a result of success in traditional revenue sources: income as a result of membership in the Big Ten Conference (including television), sales of tickets to athletic events on the UI campus, and donations to the National I-Club.

The National I-Club donations has grown into a critical piece of the financial pie managed by Barta, exemplified by continued years of outright fundraising support exceeding \$26 million annually. That philanthropic support has been critical to the long list of athletics facilities that have either been built or renovated during Barta’s first 10 years on campus.

That list includes:

- Construction of the recently-completed \$55 million Stew and LeNore Hansen Football Performance Center
- \$47 million revitalization of Carver-Hawkeye Arena
- Installation of a new video wall and video ribbon board at Kinnick Stadium
- Installation of a new video scoreboard and playing surface at Duane Banks Field
- Partnered in construction of a new indoor turf facility that accommodates Olympic sports like baseball, softball, and soccer.
- Renovation of the practice space inside the UI Fieldhouse for the men’s and women’s gymnastics teams
- Construction of the Hoak Family Golf Facility for the men’s and women’s golf programs
- Turf replacement at Grant Field, the home of Iowa’s nationally ranked field hockey program
- Resurfacing of the Klotz Tennis Center courts
- Installation of artificial turf on the outdoor football practice fields, matching the playing surface of Kinnick Stadium





Providing the resources for UI student-athletes and coaches to be successful is a priority for Barta and his senior management team. That process includes providing state-of-the-art facilities, which is why Barta continues to work closely with institutional leadership on the finalization of a comprehensive master plan for the facilities available to the Hawkeyes.

Additional facility projects on the horizon include:

- Center-hung videoboards in Carver-Hawkeye Arena, along with new sound and lighting systems being installed this summer
- A north end zone project at Kinnick Stadium that will provide additional premium seating options and additional upgrades
- Installation of a new banked track in the UI Recreation Building, home of UI indoor track programs
- Renovations to the Gerdin Athletics Learning Center, home to the UI's Athletic Student Services staff
- Stadium upgrades to the baseball (Duane Banks Field) and softball (Bob Pearl Field) facilities
- A new clubhouse at the UI's Finkbine Golf Course
- Additional olympic sport improvements for soccer, gymnastics, volleyball, and other teams.

Iowa's contributions to the greater Iowa City community go far beyond the multi-million dollars of economic impact generated as a result of the staging of hundreds of annual regular season, postseason, and special events annually. Barta and UI student-athletes, coaches, and staff are also active citizens, logging thousands of hours of community service and spearheading efforts to support a wide variety of causes ranging from construction of the UI's new Children's Hospital, to the UI's extremely successful Dance Marathon, to involvement with Coaches vs. Cancer.

Iowa football has been involved with the Children's Hospital "Kid Captain" program for 10 years. UI athletics teamed with the UI Alumni Association on the "Black and Gold Friday" outreach program; partnered with the College Football Playoff Foundation on "Extra Yard for (K-12) Teachers" program; and partnered with select colleges on the staging of the first "Academic Day" as part of Homecoming in 2015.

Iowa's annual "Day of Caring" serves as the foundation upon which all these outreach activities rest. Now in its 21st year of existence, the Day of Caring happens each April and typically involves representatives of most, if not all, of Iowa's sports programs who provide a wide variety of assistance to an equally-wide variety of not-for-profit organizations that service the greater Iowa City community.

"Doing it Right" also encompasses efforts aimed at improving the student-athlete experience. The UI Athletics Department invested more than \$1.7 million directly into food cost for its student-athletes in 2014-15 in response to NCAA legislation aimed at providing a higher quality student-athlete experience. That commitment will continue annually and is complemented by increases to the value of the scholarships awarded the UI's student-athletes as part of the NCAA's effort to fully address cost of attendance.

Barta's involvement in the UI campus and the greater Iowa City community extends beyond his position as Director of the UI's Intercollegiate Athletics programs. He is a member of the President's Cabinet, comprised of vice presidents and other campus leaders that provide counsel to the UI's president.

Barta represents the UI and the Hawkeyes at the conference and national level as a member of the Rose Bowl Management Committee. During his tenure, he has participated in the creation and implementation of the Big Ten Network (BTN), the expansion of the Big Ten Conference and realignment of athletics conferences.

Barta remains active on the conference and NCAA level. He is involved in committee work with NCAA Football, the Division IA Athletic Directors Association, and is an ongoing participant in the National Association of Collegiate Directors of Athletics (NACDA).

Barta is also involved in a variety of community groups, including the United Way of Johnson and Washington Counties and the Partnership for Alcohol Safety, a joint effort between UI campus leaders and the city of Iowa City.

Barta often suggests to his staff that "Hope is not a strategy," which is why the Department has completed a comprehensive review and rewriting of the strategic plan for the UI Athletics Department and continues to work with the UI's leadership on a long-term financial plan.

As the Director of Athletics at the University of Wyoming for three years, seven different Wyoming coaches were named Mountain West Conference Coach of the Year. He also spearheaded a fundraising effort that netted the Cowboy athletics program \$11 million in private support and \$11 million in matching state funds.

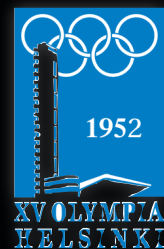
As the senior associate athletics director at the University of Washington, he directed the "Campaign for the Student-Athlete," was a participant in the design, construction and/or renovation of several Washington athletics facilities, including Bank of America Arena and the Dempsey Indoor Practice Facility. In addition to almost doubling the amount of annual private support received by Washington, Barta also managed the department's external relations division, a task that included managing corporate sponsorship and radio contracts.

His responsibilities at Washington expanded over time to include hiring coaching and administrative staff, and the day-to-day oversight of several Huskie sport teams.

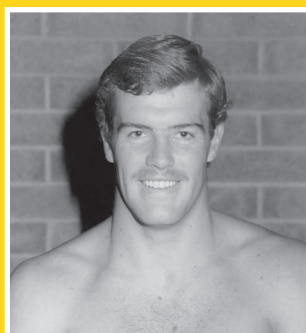
The roots of his development experience extend to his first two positions: director of development at his alma mater, North Dakota State University, and director of athletics development and external relations at the University of Northern Iowa.

Barta earned a bachelor of science degree in mass communication and broadcast journalism from North Dakota State in 1987. He was an option quarterback for Bison football squads that won the Division II NCAA National Championship in 1983, 1985, and 1986.

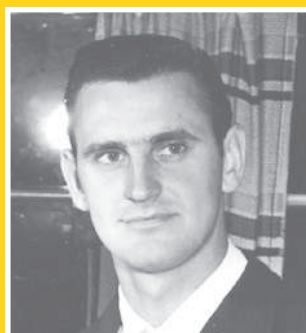
Barta, and his wife, Connie, have a son, Luke (18), and a daughter, Madison (15). He was born Sept. 4, 1963, in Minneapolis.



IOWA OLYMPIC MEDALISTS



GRAEME BREWER
Bronze Medalist
200 free - 1980



WALLY RIS
Gold Medalist
100 free - 1948



BOWEN STRASSFORTH
Silver Medalist
200 breast - 1952



RAFAL SZUKALA
Silver Medalist
100 fly - 1992



ARTUR WOJDAT
Bronze Medalist
400 free - 1988

IOWA OLYMPIANS

1948 - LONDON, ENGLAND

Wally Ris, swimmer, U.S.A.

1952 - HELSINKI, FINLAND

Lincoln Hurring, swimmer, New Zealand
Bowen Strassforth, swimmer, U.S.A.

1956 - MELBOURNE, AUSTRALIA

Lincoln Hurring, swimmer, New Zealand

1976 - MONTREAL, CANADA

Bent Brask, swimmer, Norway
Ricardo Camacho, diver, Spain
Brett Naylor, swimmer, New Zealand

1980 - MOSCOW, SOVIET UNION

Randy Ableman, diver, U.S.A.
Graeme Brewer, swimmer, Australia
Ricardo Camacho, diver, Spain
Ron McKeon, swimmer, Australia

1984 - LOS ANGELES, CALIFORNIA

Ricardo Camacho, diver, Spain
Ron McKeon, swimmer, Australia

1988 - SEOUL, SOUTH KOREA

John Davey, swimmer, England
Tomasz Rossa, diver, Poland
Bob Rydze, coach, Poland
Rafal Szukala, swimmer, Poland
Artur Wojdat, swimmer, Poland

1992 - BARCELONA, SPAIN

John Davey, swimmer, England
Brad Flood, coach, Poland
Rafal Szukala, swimmer, Poland
Artur Wojdat, swimmer, Poland

1996 - ATLANTA, GEORGIA

Rafal Szukala, swimmer, Poland
Loredana Zisu, swimmer, Romania

2000 - SYDNEY, AUSTRALIA

Marko Milenkovic, swimmer, Slovenia

2004 - ATHENS, GREECE

Marko Milenkovic, swimmer, Slovenia

2008 - BEIJING, CHINA

Nancilea (Underwood) Foster, diver, U.S.A.
Bob Rydze, team leader, U.S.A.

2012 - LONDON, U.K.

Heather Arseth, swimmer, Mauritius
Dragos Agache, swimmer, Romania



50 FREE

- 1936 **Ray Walters**
- 1937 Ray Walters
- 1950 **Ed Garst**
- 1951 Ed Garst
- 1953 Richard Pennington
- 1954 Richard Pennington
- 1955 Richard Pennington
- 1957 Gary Morris
- 1958 **Gary Morris**
- 1959 Robert Pratt
- 1981 Matt Wood
- 1982 Matt Wood
- 1983 Matt Wood
- 1984 Tom Williams
- 1985 Tom Williams
- 1986 Tom Williams
- 1987 Dan Dumford
- 1989 Dave Kohmetscher
- 1993 Krzysztof Cwalina
- 1994 Krzysztof Cwalina
- 1995 Krzysztof Cwalina

100 FREE

- 1936 Ray Walters
- 1937 Ray Walters
- 1948 **Wally Ris**
- 1949 **Wally Ris**
- 1950 Ed Garst
- 1951 Ed Garst
- 1956 James Coles
- 1957 Gary Morris
- 1958 Gary Morris

200 FREE

- 1923 Ivan Kingman
- 1989 **Artur Wojdat**
- 1990 Artur Wojdat
- 1991 **Artur Wojdat**
- 1992 Artur Wojdat

220 FREE

- 1929 Boyd Liddle
- 1933 Bruce Grove
- 1934 Adolph Jacobsmeyer
- 1935 Adolph Jacobsmeyer

- 1935 Jack Sieg
- 1938 Robert Christians
- 1948 Wally Ris
- 1949 Wally Ris

400 FREE

- 1926 Standish Lambert
- 1936 Robert Christians
- 1936 Adolph Jacobsmeyer

440 FREE

- 1933 August Anderson
- 1933 Bruce Grove
- 1934 Bruce Grove
- 1935 Adolph Jacobsmeyer
- 1936 Adolph Jacobsmeyer
- 1938 Robert Christians

500 FREE

- 1987 Erik Bacon
- 1989 Tomasz Gawronski
- 1989 **Artur Wojdat**
- 1990 **Artur Wojdat**
- 1991 Tomasz Gawronski
- 1991 **Artur Wojdat**
- 1992 **Artur Wojdat**

1,500 FREE

- 1934 Bruce Grove
- 1937 Robert Reed
- 1950 Donald Watson
- 1951 Donald Watson
- 1955 Ross Lucas

1,650 FREE

- 1989 Tomasz Gawronski
- 1989 Artur Wojdat
- 1990 Tomasz Gawronski
- 1990 **Artur Wojdat**
- 1991 Tomasz Gawronski
- 1991 **Artur Wojdat**
- 1992 **Artur Wojdat**

BACKSTROKE

- 1922 Irving Weber

100 BACK

- 1955 Lincoln Hurring
- 1956 **Lincoln Hurring**
- 1958 Lincoln Hurring
- 1980 Steve Harrison
- 1981 Steve Harrison
- 1981 Tom Roemer
- 1982 Tom Roemer
- 1983 David Ross
- 1984 David Ross
- 1994 Matt Smith
- 2013 Grant Betulius

150 BACK

- 1925 Ned Ashton
- 1935 R.M. Westerfield
- 1936 R.M. Westerfield
- 1937 R.M. Westerfield
- 1938 Albert Armbruster
- 1939 Francis Heydt
- 1940 Albert Armbruster
- 1946 Richard Maine
- 1948 Duane Draves
- 1949 Duane Draves

200 BACK

- 1955 Lincoln Hurring
- 1956 **Lincoln Hurring**
- 1958 Lincoln Hurring
- 1980 Tom Roemer
- 1981 Tom Roemer
- 1982 Tom Roemer
- 1988 Rick Williams

BREAST

- 1934 Wilbur Wehmeyer
- 1935 Wilbur Wehmeyer

100 BREAST

- 1950 Bowen Strassforth
- 1952 Bowen Strassforth
- 1990 Rob Leyshon
- 1995 Marco Minonne
- 1998 Marco Minonne
- 2016 Roman Trusssov (HM)

200 BREAST

- 1926 Merlin Carter
- 1927 Merlin Carter
- 1927 Russell Goldman
- 1931 Rollie Evans
- 1949 Bowen Strassforth
- 1950 Bowen Strassforth
- 1990 Rob Leyshon
- 1991 Rob Leyshon
- 1998 Marco Minonne
- 2016 Roman Trusssov (HM)

220 BREAST

- 1935 Jack Sieg
- 1952 Bowen Strassforth

100 FLY

- 1988 Marc Long
- 1989 Marc Long
- 1992 Rafal Szukala
- 1993 Rafal Szukala
- 1994 **Rafal Szukala**
- 2000 Ales Abersek

200 FLY

- 1956 Glenn Johnston
- 1986 John Davey
- 1988 John Davey
- 1992 **Rafal Szukala**
- 1993 Rafal Szukala
- 1994 Rafal Szukala
- 1995 Rafal Szukala
- 2000 Ales Abersek

150 IM

- 1950 Duane Draves
- 1951 Ronald Johnson
- 1953 Ronald Johnson

200 IM

- 1957 Gary Morris
- 1981 Tom Roemer
- 1982 Tom Roemer
- 1986 John Davey

400 IM

- 1985 John Davey
- 1986 John Davey
- 1987 John Davey
- 1988 John Davey

PLUNGE

- 1923 William Hickox

DIVING

- 1930 Wentworth Lobdell
- 1931 Wentworth Lobdell
- 1932 Wentworth Lobdell
- 1932 William McCloy
- 1933 William Busby
- 1934 Anton Zukas
- 1935 William Busby
- 1935 Arnold Christen
- 1936 Arnold Christen
- 1937 George Nissen
- 1938 Arnold Christen
- 1943 David Brockway
- 1948 David Brockway

1-METER DIVING

- 1949 David Brockway
- 1951 Otto Broeder
- 1957 Jack Quick
- 1958 Estel Mills
- 1959 Jack Quick
- 1981 **Randy Ableman**
- 1982 Randy Ableman
- 1988 Tomasz Rossa
- 1992 B.J. Blair
- 1995 Jose Hidalgo
- 1996 Jose Hidalgo
- 1999 Simon Chrisander
- 2004 Timo Klami

3-METER DIVING

- 1949 David Brockway
- 1950 Jack Wilson
- 1953 Otto Broeder
- 1958 Estel Mills
- 1977 Ricardo Camacho
- 1981 Randy Ableman

- 1982 Randy Ableman
- 1988 Tomasz Rossa
- 1989 Tomasz Rossa
- 1995 Jose Hidalgo
- 1996 Tete Gil
- 1997 Tete Gil
- 2000 Simon Chrisander
- 2002 Simon Chrisander
- 2003 Timo Klami
- 2004 Timo Klami

PLATFORM DIVING

- 1991 B.J. Blair
- 1992 B.J. Blair
- 1994 B.J. Blair
- 1995 B.J. Blair
- 2002 Simon Chrisander
- 2015 Addison Boschult (HM)

NCAA Champions in BOLD



ARTUR WOJDAT



TIMO KLAMI

500 Free

- 2015 Becky Stoughton (HM)

1,500 Free

- 2000 Melissa Loehndorf

1,650 Free

- 2012 Becky Stoughton (HM)
- 2015 Becky Stoughton (HM)

100 Back

- 1977 Diane Jager
- 2003 Jennifer Skolaski
- 2005 Jennifer Skolaski

50 Breast

- 1980 Kerry Stewart
- 1982 Kerry Stewart

100 Breast

- 1982 Kerry Stewart
- 2001 Allison Lyle
- 2016 Emma Sougstad (HM)

200 Breast

- 1983 Wenche Olsen
- 1988 Christina Dieterle
- 2002 Allison Lyle

200 Fly

- 2001 Melissa Loehndorf

100 IM

- 1978 Julie Baty

1-Meter Diving

- 1987 Terri Millmier
- 2003 Lisette Planken
- 2005 Nancilea Underwood
- 2006 Nancilea Underwood
- 2011 Deidre Freeman
- 2011 Veronica Rydze

3-Meter Diving

- 1981 Ann Bowers
- 1984 Diane Goldsworthy

- 2003 Nancilea Underwood
- 2005 Nancilea Underwood
- 2006 Nancilea Underwood
- 2011 Deidre Freeman

Platform Diving

- 1991 Katy Ketoff
- 1992 Katy Ketoff
- 1999 Laura Maldonado



MELISSA LOEHDORF



ALLISON LYLE



DEIDRE FREEMAN

MEN'S 200 FREE RELAY

- 1989 Steve Gram, Todd Kellner, Dave Kohmetscher, Marc Long
- 1992 Eric Kirch, Matt Smith, Dan Stoppenhagen, Rafal Szukala
- 1993 Krzysztof Cwalina, Eric Kirch, Matt Smith, Rafal Szukala
- 1994 Krzysztof Cwalina, Tim Schnulle, Dan Stoppenhagen, Rafal Szukala
- 1995 Krzysztof Cwalina, Jim Mulligan, Tim Schnulle, Rafal Szukala
- 2012 Ryan Phelan, Duncan Partridge, Gianni Sesto, Paul Gordon

MEN'S 200 MEDLEY RELAY

- 1989 Rick Williams, Doug Mencl, Marc Long, Dave Kohmetscher
- 2013 Grant Betulius, Andrew Marciniak, Byron Butler, Jordan Huff

MEN'S 300 MEDLEY RELAY

- 1935 Adolph Jacobsmeyer, Wilbur Wehmeyer, Richard Westerfield
- 1936 Robert Christians, Wilbur Wehmeyer, Richard Westerfield
- 1937 Robert Allen, Fred Kershaw, Richard Westerfield
- 1938 Robert Allen, Francis Heydt, Robert Ed. Reed
- 1948 Duane Draves, Richard Lake, Wally Ris
- 1949 Duane Draves, Bowen Strassforth, Ervin Straub
- 1950 Duane Draves, Lawrence Dunbar, Bowen Strassforth
- 1952 Bowen Strassforth, Wallace Nicholson, Ronald Johnson
- 1955 Lincoln Hurring, Glenn Johnston, Dennis Roberson
- 1956 James Coles, Lincoln Hurring, Glenn Johnston

MEN'S 400 FREE RELAY

- 1936 Robert Christians, Adolph Jacobsmeyer, Jack Sieg, Clifford Walters
- 1942 Albert Armbruster, Clyde Kemnitz, Vito Lopin, Donald Wenstrom
- 1948 Duane Draves, Ken Marsh, Wally Ris, Ervin Straub
- 1949 Robert Busch, Rusty Garst, Wally Ris, Ervin Straub
- 1950 Duane Draves, Lawrence Dunbar, Rusty Garst, Wallace Nicholson
- 1951 Rusty Garst, Richard Labahn, Keo Mana, Wallace Nicholson
- 1952 Wallace Nicholson, Labahn, Mana, Pennington
- 1955 Harold Begel, Thomas Jacobson, Richard Pennington, Robert El. Reed
- 1956 James Coles, Thomas Jacobson, Robert Pratt, Dennis Roberson
- 1981 Brent Brask, Graeme Brewer, Bryan Farris, Tom Roemer
- 1985 Steve Ferguson, Edward Lower, Martin Svensson, Tom Williams
- 1986 Dan Dumford, John Linxwiler, Edward Lower, Tom Williams
- 1987 Dan Dumford, Steve Gram, John Linxwiler, Edward Lower
- 1988 Dan Dumford, Kohmetscher, John Linxwiler, Marc Long
- 1989 Steve Gram, Todd Kellner, Dave Kohmetscher, Artur Wojdat
- 1991 Tomasz Gawronski, Eric Kirch, Dan Stoppenhagen, Artur Wojdat
- 1992 Eric Kirch, Matt Smith, Dan Stoppenhagen, Rafal Szukala
- 1993 Krzysztof Cwalina, Jim Mulligan, Matt Smith, Rafal Szukala
- 1994 Krzysztof Cwalina, Jim Mulligan, Dan Stoppenhagen, Rafal Szukala

- 1995 Krzysztof Cwalina, Erik Marchitell, Jim Mulligan, Rafal Szukala
- 2011 Duncan Partridge, Ryan Phelan, Jordan Huff, Paul Gordon
- 2012 Gianni Sesto, Duncan Partridge, Jordan Huff, Paul Gordon

MEN'S 440 FREE RELAY

- 1933 August Anderson, George Ernst, Adolph Jacobsmeyer, Jack Sieg

MEN'S 400 MEDLEY RELAY

- 1980 Brent Brask, Hurley, Charlie Roberts, Tom Roemer
- 1981 Brent Brask, Steve Harrison, Charlie Roberts, Dan White
- 1989 Rick Williams, Doug Mencl, Marc Long, Dave Kohmetscher
- 1995 Jory Blauer, Krzysztof Cwalina, Marco Minnone, Rafal Szukala
- 2013 Grant Betulius, Andrew Marciniak, Byron Butler, Jordan Huff

MEN'S 800 FREE RELAY

- 1979 Brent Brask, Ian Bullock, Brett Naylor, Charlie Roberts
- 1981 Brent Brask, Graeme Brewer, Charlie Roberts, Tom Roemer
- 1982 Steve Harrison, Tom Roemer, Drew Donovan, Bryan Farris
- 1987 Erik Bacon, John Davey, Dan Dumford, Gavin Lilley
- 1989 Erik Bacon, Tomasz Gawronski, Dave Kohmetscher, Artur Wojdat
- 1990 Erik Bacon, Stewart Carroll, Tomasz Gawronski, Artur Wojdat
- 1991 Stewart Carroll, Tomasz Gawronski, Mike Johnson, Dan Stoppenhagen, Artur Wojdat
- 1992 Matt Smith, Dan Stoppenhagen, Rafal Szukala, Artur Wojdat
- 1993 Krzysztof Cwalina, Jim Mulligan, Matt Smith, Rafal Szukala
- 1994 Krzysztof Cwalina, Jim Mulligan, Dan Stoppenhagen, Rafal Szukala
- 1995 Krzysztof Cwalina, Erik Marchitell, Jim Mulligan, Rafal Szukala
- 2012 Jordan Huff, Gianni Sesto, Ryan Phelan, Paul Gordon

WOMEN'S 200 FREE RELAY

- 1985 Allison Lloyd, Jennifer Petty, Kim Stevens, Donna Strilich

WOMEN'S 200 MEDLEY RELAY

- 1982 Jodi Davis, Martha Donovan, Kerry Stewart, Nancy Vaccaro

WOMEN'S 400 FREE RELAY

- 1985 Allison Lloyd, Jennifer Petty, Kim Stevens, Donna Strilich

WOMEN'S 800 FREE RELAY

- 1986 Bernie Brandenburg, Jane Keating, Vickie Nauman, Kim Stevens



MEN'S BIG TEN SWIMMER OF THE MONTH

- Artur Wojdat March, 1992
- MEN'S BIG TENSWIMMER OF THE WEEK**
- Jay Glenn Dec. 15, 1998
 - Jay Glenn Dec. 8, 1999
 - Richard Salhus Jan. 8, 2008
 - Conor Dwyer Oct. 14, 2008
 - Conor Dwyer Jan. 27, 2009
 - Ryan Phelan Nov. 1, 2012
 - Roman Trussov Nov. 5, 2013

MEN'S BIG TEN DIVER OF THE WEEK

- Simon Chrisander Dec. 15, 1998
- Roberto Gutierrez Nov. 20, 2001
- Roberto Gutierrez Nov. 5, 2002
- Timo Klami Nov. 19, 2002
- Timo Klami Jan. 28, 2003
- Timo Klami Oct. 28, 2003
- Timo Klami Nov. 25, 2003
- Timo Klami Jan. 26, 2004
- Frank Van Dijkhuizen Oct. 17, 2006
- Frank Van Dijkhuizen Oct. 23, 2007
- Frank Van Dijkhuizen Oct. 30, 2007
- Frank Van Dijkhuizen Jan. 29, 2008
- Frank Van Dijkhuizen Jan. 27, 2009
- Frank Van Dijkhuizen Oct. 27, 2009
- Addison Boschult Dec. 10, 2013

MEN'S BIG TEN FRESHMAN OF THE WEEK

- Nick Zito Oct. 1, 2013
- Jerzy Twarowski Nov. 4, 2014
- Will Brenner Dec. 9, 2015
- Will Brenner Feb. 10, 2015

WOMEN'S BIG TEN SWIMMER OF THE WEEK

- Stacy Wertz Dec. 15, 1998
- Loredana Zisu Feb. 10, 1999
- Loredana Zisu Dec. 5, 2000
- Stacy Wertz Dec. 12, 2000
- Jennifer Skolaski Dec. 10, 2001
- Jennifer Skolaski Feb. 12, 2002
- Jennifer Skolaski Jan. 28, 2003
- Jennifer Skolaski Feb. 12, 2003
- Kelly Werner Dec. 13, 2005
- Robin Samples Feb. 7, 2006
- Alison Gschwend Dec. 12, 2006
- Christine Kuczek Dec. 16, 2008
- Verity Hicks Dec. 15, 2009

- Katarina Tour Dec. 14, 2010
- Becky Stoughton Nov. 8, 2011
- Becky Stoughton Dec. 11, 2013
- Lindsay Seemann Dec. 17, 2013
- Emma Sougstad Nov. 4, 2014
- Emma Sougstad Dec. 16, 2014
- Emma Sougstad Dec. 15, 2015

WOMEN'S BIG TEN FRESHMAN SWIMMER OF THE WEEK

- Becky Stoughton Dec. 10, 2011
- Becky Stoughton Jan. 24, 2012
- Becky Stoughton Jan. 31, 2012
- Olivia Kabacinski Dec. 11, 2012
- Emma Sougstad Oct. 1, 2013
- Abbey Schneider Dec. 16, 2015

WOMEN'S BIG TEN DIVER OF THE WEEK

- Sara Wolchko Dec. 15, 1998
- Laura Maldonado Dec. 10, 2001
- Lisette Planken Jan. 28, 2002
- Lisette Planken Nov. 19, 2002
- Lisette Planken Jan. 28, 2003
- Lisette Planken Feb. 6, 2003
- Lisette Planken Oct. 26, 2004
- Nancilea Underwood Nov. 9, 2004
- Nancilea Underwood Nov. 16, 2004
- Nancilea Underwood Oct. 18, 2005
- Nancilea Underwood Oct. 25, 2005
- Nancilea Underwood Dec. 13, 2005
- Deidre Freeman Nov. 11, 2008
- Veronica Rydze Jan. 19, 2010
- Veronica Rydze Dec. 6, 2011
- Joelle Christy Dec. 11, 2012
- Joelle Christy Jan. 22, 2013
- Abby Grilli Nov. 19, 2013
- Abby Grilli Dec. 17, 2013
- Abby Grilli Jan. 21, 2014
- Morgan Rafferty Dec. 16, 2015

DIVISION I NATIONAL SWIMMER OF THE WEEK BY COLLEGESWIMMING.COM

- Becky Stoughton Nov. 8, 2011
- Paul Gordon Nov. 8, 2012
- Emma Sougstad Dec. 15, 2015

BIG TEN SWIMMER OF THE WEEK BY COLLEGESWIMMING.COM

- Olivia Kabacinski Dec. 15, 2015

50 FREESTYLE

Ray Walters, 1936.....	24.0
Ed Garst, 1950.....	23.6
Richard Pennington, 1955.....	23.0
Gary Morris, 1958.....	22.4
Gary Morris, 1959.....	22.0
Jim Marshall, 1980.....	20.58
Matt Wood, 1982.....	20.09
Matt Wood, 1983.....	20.14
Tom Williams, 1984.....	19.93
Tom Williams, 1985.....	20.09
Tom Williams, 1986.....	19.97
Dan Dumford, 1987.....	20.30
Dave Kohmetscher, 1989.....	19.97
Krzysztof Cwalina, 1994.....	19.75
Krzysztof Cwalina, 1995.....	19.83

100 FREESTYLE

Ray Walters, 1936.....	54.1
Walter Ris, 1948.....	51.5
Walter Ris, 1949.....	51.4
Ed Garst, 1950.....	52.2
Matt Wood, 1983.....	43.96
Bryan Farris, 1984.....	44.21
Tom Williams, 1986.....	44.36

200 FREESTYLE

Graeme Brewer, 1982.....	1:36.39
Artur Wojdat, 1989.....	1:35.99
Artur Wojdat, 1990.....	1:36.29
Artur Wojdat, 1991.....	1:36.02
Jay Glenn, 2000.....	1:36.84

220 FREESTYLE

Walter Ris, 1948.....	2:15.3
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500 FREESTYLE

Graeme Brewer, 1981.....	4:22.50
Graeme Brewer, 1982.....	4:20.80
John Davey, 1985.....	4:22.25
John Davey, 1986.....	4:21.27
Artur Wojdat, 1990.....	4:21.29
Artur Wojdat, 1991.....	4:18.51
Artur Wojdat, 1992.....	4:19.99

1,650 FREESTYLE

Ron McKeon, 1981.....	15:16.48
Artur Wojdat, 1990.....	15:06.05
Artur Wojdat, 1992.....	15:06.93

100 BACKSTROKE

Lincoln Hurring, 1956.....	59.1
Lincoln Hurring, 1958.....	58.5
*Steve Harrison, 1981.....	50.54
*Tom Roemer, 1981.....	50.54
Tom Roemer, 1982.....	50.25
David Ross, 1983.....	51.11
David Ross, 1984.....	50.29
* - co-champion	

150 BACKSTROKE

Richard Maine, 1946.....	1:37.4
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200 BACKSTROKE

Lincoln Hurring, 1956.....	2:08.4
Lincoln Hurring, 1958.....	2:08.2
Tom Roemer, 1980.....	1:50.45
Tom Roemer, 1981.....	1:49.08
Tom Roemer, 1982.....	1:48.88
David Ross, 1983.....	1:49.71
David Ross, 1984.....	1:50.65

100 BREASTSTROKE

Dan White, 1981.....	56.60
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200 BREASTSTROKE

Merlin Carter, 1926.....	2:47.2
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100 BUTTERFLY

Marc Long, 1988.....	48.18
Marc Long, 1989.....	48.11
Rafal Szukala, 1992.....	48.06
Rafal Szukala, 1994.....	47.52
Ales Abersek, 2000.....	47.68

200 BUTTERFLY

Charlie Roberts, 1980.....	1:49.83
John Davey, 1986.....	1:46.35
John Davey, 1988.....	1:46.30
Rafal Szukala, 1992.....	1:45.17
Rafal Szukala, 1994.....	1:45.15
Ales Abersek, 2000.....	1:44.93

200 INDIVIDUAL MEDLEY

Gary Morris, 1957.....	2:09.1
Tom Roemer, 1981.....	1:50.52
Tom Roemer, 1982.....	1:50.66
Mike Curley, 1984.....	1:51.55
Mike Curley, 1985.....	1:50.27
John Davey, 1987.....	1:48.16
John Davey, 1988.....	1:48.02

400 INDIVIDUAL MEDLEY

John Davey, 1985.....	3:52.48
John Davey, 1986.....	3:48.27
John Davey, 1987.....	3:50.84
John Davey, 1988.....	3:49.47

60 PLUNGE FOR DISTANCE

William Hickox, 1924.....	19.6
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FANCY DIVING

Wentworth Lobdell, 1930.....	90.3
Wentworth Lobdell, 1931.....	100.1
Wentworth Lobdell, 1932.....	119.90
William Busby, 1935.....	121.12

ONE-METER DIVING

Randy Ableman, 1981.....	516.00
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THREE-METER DIVING

Randy Ableman, 1982.....	584.64
Timo Klami, 2003.....	596.40

MEN'S RELAY CHAMPIONS

300 MEDLEY RELAY

Iowa, 1939.....	2:59.8
Draves, Strassforth, Straub, 1949.....	2:54.5

200 FREESTYLE RELAY

Cwalina, Kirch, Smith, Szukala, 1993.....	1:18.95
Cwalina, Schnulle, Mulligan, Szukala, 1994.....	1:19.02
Cwalina, Schnulle, Mulligan, Szukala, 1995.....	1:19.69
Phelan, Sesto, Partridge, Gordon, 2012.....	1:17.61

400 FREESTYLE RELAY

Straub, Marsh, Draves, Ris, 1948.....	3:33.4
Busch, Garst, Straub, Ris, 1949.....	3:29.2
Brask, Harrison, Roemer, Brewer, 1981.....	2:59.89
Brewer, Roemer, Harrison, Wood, 1982.....	2:57.82
Farris, Williams, Ferguson, Wood, 1983.....	2:58.51
Dumford, Lower, Linxwiler, Williams, 1986.....	2:57.08
Kohmetscher, Linxwiler, Long, Dumford, 1988.....	2:57.49
Partridge, Phelan, Huff, Gordon, 2012.....	2:52.53

400 MEDLEY RELAY

Harrison, White, Roberts, Brask, 1981.....	3:20.58
Harrison, Rychlik, Roberts, Brewer, 1982.....	3:21.11
Ross, Coveney, Williams, Farris, 1983.....	3:20.35
Ross, Coveney, Williams, Farris, 1984.....	3:18.49

800 FREESTYLE RELAY

Donovan, Harrison, Roemer, Brewer, 1982.....	6:33.51
Davey, Lilley, Wilson, Bacon, 1988.....	6:30.11
Wojdat, Bacon, Carroll, Gawronski, 1990.....	6:31.51
Wojdat, Johnson, Carroll, Gawronski, 1991.....	6:29.42

WOMEN'S RELAY CHAMPIONS

800 FREESTYLE RELAY

Keating, Brandenburg, Lindeskog, Stevens, 1986.....	7:29.81
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BIG TEN CHAMPIONSHIP AWARDS

MEN'S AWARDS

MEDAL OF HONOR
David Ross - 1984

SWIMMER OF THE YEAR
John Davey - 1985, 1986, 1987, 1988
Artur Wojdat - 1990, 1991, 1992

SWIMMER OF THE MEET
Artur Wojdat - 1991, 1992
Rafal Szukala - 1994
Ales Abersek - 2000

WOMEN'S AWARDS

MEDAL OF HONOR
Kerry Stewart - 1983
Jennifer Skolaski - 2005
Nancilea Underwood - 2006

DIVER OF THE YEAR
Kelly Johnson - 1986

DIVING COACH OF THE YEAR
Bob Rydze - 1985, 1986, 1995, 2011

FRESHMAN OF THE YEAR
Becky Stoughton - 2012



50 FREESTYLE

Colleen Thome, 1990.....	23.56
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100 FREESTYLE

Kim Stevens, 1985.....	51.64
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200 FREESTYLE

Kim Stevens, 1985.....	1:50.76
Kim Stevens, 1986.....	1:50.13

500 FREESTYLE

Jane Keating, 1986.....	4:50.45
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1,650 FREESTYLE

Melissa Loehndorf, 2000.....	16:33.95
Becky Stoughton, 2015.....	15:57.43

200 BREASTSTROKE

Wenche Olsen, 1984.....	2:21.69
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50 BUTTERFLY

Nancy Vaccaro, 1983.....	26.26
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200 BUTTERFLY

Melissa Loehndorf, 2001.....	2:00.14
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ONE-METER DIVING

Kelly Johnson, 1986.....	466.62
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THREE-METER DIVING

Kelly Johnson, 1985.....	491.94
Kelly Johnson, 1986.....	487.95

3-METER SYNCHROIZED DIVING

Deidre Freeman, Veronica Rydze, 2011.....	266.76
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MEN'S HONOREES

Austin Abbas 2013
 Dan Abel 1997, 1999
 Rob Adams 2009
 Nigel Ali 1987
Colter Allen 2016
 Clint Anderson 1996-98
 Erik Bacon 1988
 Manuel Belzer 2012-14
 Jory Blauer 1995-97
 Addison Boschult 2014, 2016
 Alex Boyce 2003-05
 Matthew Boyd 2014-16
 Chris Brunson 2002-03
 Byron Butler 2011-13
 Simon Chrisander 1999-00, 2002
 Chris Courts 1997
 Krzysztof Cwalina 1994-95
Chris Dawson 2016
 Drew DeLashmutt 2007-00
 Max Dittmer 2009-11
 Nick Divan 2007, 2009-10
 James Dragon 2009
 Chris Duffin 1994
 Cameron Dye 2004-06
 David Ernstsson 2014-16
 Jacob Everhart 1996-98
 Brian Farris 2008-10
Brandon Farnum 2015-16
 Tomasz Gawronski 1989-91
 Chris George 2001-03
 Bill Gillaspie 1996-98
 Michael Gilligan 2010
 Paul Gordon 2010
 Keith Gunderson 1992-93
 Roberto Gutierrez 2001-03
 Sean Hagan 2009-11
 Eric Hahn 2003, 2005
 Todd Hamer 1994-96
Brandis Heffner 2015-16
RJ Hemmingsen 2016
 Bryan Hill 2009-11
 Tyler Holcomb 1996-98
 Charles Holliday 2014-16

Maverick Hovey 2014-16
 Andrew Hull 2016
Evan Hull 2016
 Aaron Kahn 1999-00
 Nathan Keeling 2006-08
 Timo Klami 2002-03
 Mark Kohmetscher 1988-90
 Jason Kolfenbach 1998-2000
 Andy Kopacz 2000
 Knut Landboe 1990
 Jonathan Landon 2004-06
 Andrej Lenert 2006-08
 Rob Leyshon 1989-91
 Joe Lureau 2003-04
Kenneth Mende 2016
 Marko Milenkovic 1999
 Andy Miner 2007-09
 Marco Minnone 1996-98
 Matt Maulding 2001-02
 Jake Moore 2007-10
 Mike Nelson 2014-16
 Tyler Nichols 2014-16
 Kyle Noser 2012-14
 Andrew Parker 2014-16
 J.J. Patton 1991-93
 James Patla 1997-98
 Ryan Phelan 2010-12
 Natan Pheil 2003-05
 Elliot Ptasnik 2003-05
 Dustin Rhoads 2012-14
 Marc River 1995-97
 Steve Rivers 1994-96
 Jake Roos 1994
 Dan Ross 1996
 Tomasz Rossa 1988
 Dale Rudow 1996
 Matt Ryan 2008-10
Logan Samuelson 2016
 Josh Seykora 1995-98
 Mitchell Shanahan 2011
 Cal Shelangoski 2003-05
 John Singer 2002-04
 Todd Smith 1992
 Chris Smyser 1997

Jason Snider 2002-04
 Luke Snow 2014-16
 Jeff Stein 1995-97
 Mark Stori 1987-88
 Mitch Taylor 2011-13
 Todd Trappe 1989-90
 Brian Tremml 2010-12
 Tom Troia 1987
 Roman Trussov 2015-16
Jerzy Twarowski 2016
 Seth Tweedy 2007
 Mike Vinyard 2013, 2015
 Donny Warren 2011-13
 Artur Wojdat 1989-92

WOMEN'S HONOREES

Anna Acosta 1995-96
 April Allen 2011-13
 Rebecca Anderson 1988-90
 Heather Arseth 2013
 Erin Beesley 2000
Izzie Bindseil 2016
 Marie Blanchard 1988
 Elaine Boosalis 2013-15
 Grace Borchers 2010
 Sophie Borchers 2010
 Laura Borgelt 1992-94
 Elise Borja 2012-14
 Bernie Brandenburg 1987-88
 Pamela Breित्रick 2013-15
 Maddie Bro 2014-16
 Pam Broad 1992-94
 Ileana Buciu 1998-2000
 Dana Burkhardt 1998
 Marisa Burkhardt 1998-2000
 Liane Burton 1992-94
Summer Campbell 2016
 Danielle Carty 2010-11
 Pam Capin 1990, 1992
 Colleen Champa 2016
 Emily Christansen 2012-13
 Joelle Christy 2012-15
 Jennine Cota 1996
 Sara Cotter 1998

Sherrill Crow 1992-93
 Daniela Cubelic 2010-12
 Dana Davidson 2010
 Julie deBruin 2008-10
 Katie Decker 1990-92
 Ashley Dell 2009
 Sheila Dempsey 1989
 Aiste Dobrovolskaite 2012
 Lauren Drennan 2012-14
 Lynn Dustin 1995-97
 Christine Eck 1993
 Kristen Eide 2003-05
 Katelyn Eustis 2003-05
 Lauren Eytalis 2013
 Regan Fields 2000
 Julie Feingold 2008-10
 Anna Flessner 2011
 Deidre Freeman 2008-09, 2011
 Stacy Friedlund 1991-93
 Therese Gannon 1994
 Stacie Gilleo 1991-92
 Caitlin Girdley 2003-05
 Tracy Golden 1991-93
 Haley Gordon 2012-14
 Alicia Graziano 2000
 Abby Grilli 2012-15
 Alison Gschwend 2007-08
 Katie Haeger 2003-05
 Deb Hamling 1991
 Heather Hall 2007
 Lisa Haunz 2001-04
 Kendra Helfter 1987-88
 Andrea Hemphill 2004-06
 Verity Hicks 2009-11
 Emily Hoefler 2007
 Maggie Hofstadter 2014
 Stephanie Homewood 1998-2000
 Christie Hooper 2002, 2004
 Ashley Horodyski 2014-16
 Emily Hovren 2012-14
 Lisa Hovey 1992-93
Jo Jekel 2016
 Stacia Johns 2008-10
 Tracy Juncker 1991-93

Olivia Kabacinski 2015-16
 Elizabeth Katz 1999-2000
 Lauren Kelba 2012, 2015
 Karen Kelly 2004-06
 Danielle Klunk 2013
 Katie Koenig 2004-06
 Louise Keogh 1988-90
 Katy Ketoff 1990-92
 Jennifer Knapp 1995-96
 Amy Krone 1989-90
 Christine Kuczek 2009-10
 Audrey Kumm 2013-15
 Sara Kunnemann 2003
 Marsha Landowski 1993
Tereya Lehnertz 2016
 Hilary Leigh 2008-10
 Mary Sue Lemay 2011
 Meredith Lewis 1991-93
 Lyndsey Lewman 1997-99
 Sophie Lindeskog 1987
 Amy Lindgren 1989
 Allison Lloyd 1987
 Brittany Logan 2010
 Allison Lyle 2001-02
 Deb Lynch 1989-90
 Jennifer Maehl 1994-95
 Hannah Maher 2013-15
 Laura Maldonado 2000-02
 Katie Martin 2005-06
 Kelly McCready 1996-97
 Katie Michelau 2008-10
 Terri Millmier 1989
 Kristin Mills 1994
 Shelley Miyamoto 1991-93
 Jackie Molzahn 2002-04
 Laura Mozden 2008-10
 Nicole Nemmers 2006-07
 Kelsie Neubauer 2010-11
 Taylor Newgaard 2012-14
 Ann Nollau 2001
Carly O'Brien 2016
 Allie Orvis 2014-16
 Erin Petty 2005-07
 Caitie Polz 2011

Lisette Planken 2003, 2005
Morgan Rafferty 2016
 Vicki Ramseyer 1987-89
 Brianne Richson 2012
 Veronica Rydze 2009-12
 Robin Samples 2005-07
Mekenna Scheitlin 2016
 Michele Schmerbauch 2003
 Kara Schmitz 1999
 Rebecca Schwartz 1999-2001
 Lindsay Seemann 2014
 Michelle Sentyrz 1992-93
 Meghan Sievertsen 2007-09
 Jennifer Skolaski 2003-05
Emma Sougstad 2015-16
 Kimberly Stevens 1988
 Alisha Stitts 1998-2000
 Becky Stoughton 2015
 Jennifer Swan 1989
 Angela Teigland 1995
 Kelly Tellschow 1997-99
 Abbey Tuchscherer 2014
 Angie Todt 1991
 Katarina Tour 2009-11
 Nancilea Underwood 2003, 2005-06
 Abby Van Maaren 2003-05
 Cristina Vintila 1998-2000
 Samantha Wagner 2014-16
Serena Wanasek 2015-16
 Karolina Wartalowicz 2012-14
 Jane Wentzien 1989
 Nicki Wex 2008-09
 Nicole Widmyer 1994
 Holly Wilkinson 1996-97
 Deb Wirth 1991
 Loredana Zisu 1999-2001
 Emily Zywicke 1999-2000



CSCAA SCHOLAR ALL-AMERICA TEAMS

IOWA WOMEN

2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016

IOWA MEN

2006, 2010, 2013, 2015

CSCAA MEN'S SCHOLAR ALL-AMERICA

Manuel Belzer 2012-13
 Addison Boschult 2015
 Byron Butler 2013
 Simon Chrisander 1999-00
 Krzysztof Cwalina 1994-95
 David Ernstsson 2016
 Sean Hagan 2010
 Brandis Heffner 2016
 Charles Holliday 2016
 Evan Hull 2016
 Rob Leyshon 1989-90
 Andy Miner 2008
 Mike Nelson 2015
 Kyle Noser 2012, 2014
 Andrew Parker 2014, 2015
 Dustin Rhoads 2013
 Matt Ryan 2010
 Roman Trussov 2014, 2015, 2016

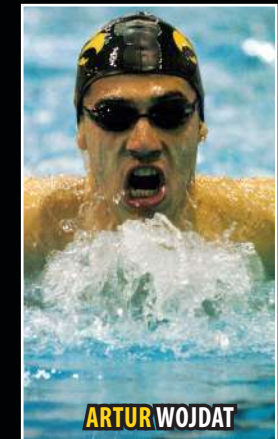
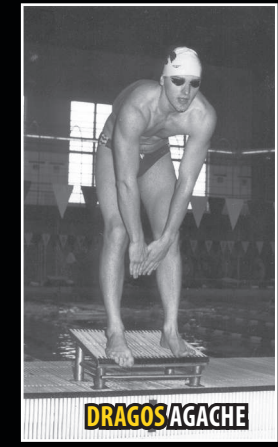
CSCAA WOMEN'S SCHOLAR ALL-AMERICA

Heather Arseth 2013
 Becky Anderson 1988-89, 1990
 Grace Borchers 2010

Elise Borja 2014
 Ileana Buciu 1988-89, 2001
 Julie deBruin 2008
 Danielle Carty 2012
 Joelle Christy 2012, 2014, 2015
 Daniela Cubelic 2010, 2012
 Ashley Dell 2008
 Katelyn Eustis 2003-04
 Caitlyn Girdley 2003
 Abby Grilli 2012, 2014, 2015
 Alison Gschwend 2008
 Chelsea Hoff 2006
 Olivia Kabacinski 2015, 2016
 Karen Kelly 2005-06
 Katy Ketoff 1991-92
 Christine Kuczek 2010
 Katie Martin 2006
 Laura Mozden 2008
 Allie Orvis 2015, 2016
 Lisette Planken 2003
 Morgan Rafferty 2016
 Robin Samples 2006
 Jennifer Skolaski 2004-05
 Emma Sougstad 2016
 Becky Stoughton 2012
 Jacintha Thomas 2016
 Katarina Tour 2008
 Nancilea Underwood 2005-06
 Joyce VanKeulen 2004
 Karolina Wartalowicz 2012-14

NCAA WOMAN OF THE YEAR FINALIST

Jennifer Skolaski 2005



NATIONAL ACADEMIC HONORS

ACADEMIC ALL-BIG TEN



PAUL GORDON

MEN'S SWIMMING MVP AWARD

1993.....	Matt Smith
1994.....	Rafal Szukala
1995.....	Rafal Szukala
1996.....	Marco Minnone
1997.....	Jory Blauer
1998.....	Marco Minnone
1999.....	Marko Milenkovic
2000.....	Alas Abersek
.....	Avi Mednick
.....	Jason Willer

2001.....	Jay Glenn
.....	Dave Mazur
2002.....	Andrei Prada
.....	Jason Snider
.....	Cal Shelangoski

2003.....	Cameron Dye
.....	Jason Snider
2004.....	Trevor Haley
2005.....	Cal Shelangoski
2006.....	Dragos Agache
2007.....	Dragos Agache
2008.....	Conor Dwyer
2009.....	Conor Dwyer

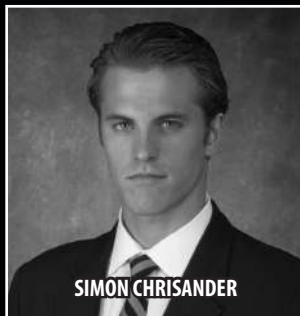
2010.....	Paul Gordon
2011.....	Paul Gordon
2012.....	Paul Gordon
2013.....	Grant Betulius
.....	Byron Butler

2014.....	Dustin Rhoads
2015.....	Roman Trussov
.....	Grant Betulius
2016.....	Roman Trussov

"LOBBY" LOBDELL AWARD

The Wentworth "Lobby" Lobdell Award is presented annually to the top men's diver. Lobdell was a three-time Big Ten champion and All-American on the 1-meter board from 1930-32.

1995.....	Vico Hidalgo
1996.....	Tete Gil
1997.....	Tete Gil
1998.....	Simon Chrisander
1999.....	Simon Chrisander
2000.....	Simon Chrisander



SIMON CHRISANDER



CAMERON DYE



TIMO KLAMI

2001.....	Roberto Gutierrez
2002.....	Timo Klami
.....	Simon Chrisander
2003.....	Timo Klami
2004.....	Timo Klami
2007.....	Michael Gilligan
2008.....	Frank Van Dijkhuizen
2009.....	Michael Gilligan
2010.....	Michael Gilligan
2011.....	Osvel Molina
2012.....	Osvel Molina
2013.....	Addison Boschult
2014.....	Addison Boschult
2015.....	Addison Boschult
2016.....	Addison Boschult

IRVING B. WEBER AWARD

The Irving B. Weber Award is presented annually to a men's team member who displays outstanding leadership. Weber was Iowa's first swimming All-American in 1922.

1994.....	Dan Stoppenhagen
1995.....	B.J. Blair
1996.....	Todd Harvey
1997.....	Marc River
1998.....	Tyler Holcomb
1999.....	Jason Kolfenbach
2000.....	Jason Kolfenbach

2001.....	Chris Brunson
2002.....	Chris George
2003.....	Chris George
2004.....	Jason Snider
2005.....	Cameron Dye
2006.....	Cameron Dye
2007.....	Andrej Lenert
2008.....	Jake Moore
2009.....	Ryan Evans
2010.....	Max Dittmer
2011.....	Bryan Hill
2012.....	Jordan Huff
2013.....	Jordan Huff
2014.....	Tyler Nichols
2015.....	Brandon Farnum
2016.....	Charles Holliday

ALISON PENNINGTON HADDON STRENGTH OF CHARACTER AWARD

The Alison Pennington Haddon Strength of Character Award is presented to the women's team member who exemplifies the qualities of integrity, authenticity, dedication, work ethic, perseverance, loyalty, encouragement and leadership. Alison Pennington Haddon competed for the Hawkeyes from 1990-94. She was killed in a car accident in 2003.

2003.....	Nancilea Underwood
2004.....	Christie Hooper
2005.....	Katelyn Eustis
2006.....	Karen Kelly
2007.....	Stacia Johns
2008.....	Ashley Dell
2009.....	Daniela Cubelic
2010.....	Laura Mozden
2011.....	Caitie Polz
2012.....	Abbey Tuchscherer
2013.....	April Allen
2014.....	Elise Borja
2015.....	Colleen Champa
2016.....	Samantha Wagner

JIM MARSHALL AWARD

The Jim Marshall Award is presented annually to the "senior who has contributed the best of his athletic ability to the Iowa men's swimming team." Marshall was a Big Ten champion for the Hawkeyes in 1980.

1983.....	Matt Wood
1984.....	David Ross
1985.....	Chris Coveney
1986.....	Tom Williams
1987.....	Ole Vold
1988.....	John Davey
1989.....	Rick Williams
1990.....	Knut Landboe
1991.....	Rob Leyshon
1992.....	Stewart Carroll
1993.....	Matt Young
1994.....	Mark Brown
1995.....	Krzysztof Cwalina
.....	Jim Mulligan
1996.....	Vico Hidalgo
1997.....	Todd Harvey
1998.....	Bill Gillaspie

1999.....	Dan Abel
2000.....	Mark Fastabend
2001.....	Nick Hinz
2002.....	Marko Milenkovic
2003.....	Chris Brunson
2004.....	Andrei Prada
2005.....	Elliot Ptasnik
2006.....	Trevor Haley
2007.....	Seth Tweedy
2008.....	Nathan Keeling
2009.....	Drew DeLashmutt
2010.....	Nick Divan
2011.....	Max Dittmer
.....	Sean Hagan
2012.....	Ryan Phelan
2013.....	Byron Butler
2014.....	Andrew Marciniak
2015.....	Chris Freeman
2016.....	Mike Nelson

WOMEN'S SWIMMING TEAM MVP

2001.....	Melissa Loehndorf
2003.....	Jennifer Skolaski
2004.....	Jennifer Skolaski
2005.....	Jennifer Skolaski
2006.....	Kelly Werner
2007.....	Christine Kuczek
2008.....	Christine Kuczek
.....	Katarina Tour
2009.....	Katarina Tour
2010.....	Katarina Tour
2011.....	Katarina Tour
2012.....	Becky Stoughton
2013.....	Lindsay Seemann
2014.....	Olivia Kabacinski
2015.....	Becky Stoughton
2016.....	Emma Sougstad

WOMEN'S DIVING TEAM MVP

2009.....	Deidre Freeman
2010.....	Veronica Rydze
2011.....	Deidre Freeman
.....	Veronica Rydze
2012.....	Veronica Rydze
2013.....	Abby Grilli
2014.....	Abby Grilli
2015.....	Joelle Christy
2016.....	Morgan Rafferty

WALLY RIS MEMORIAL AWARD

The Wally Ris Memorial Award is presented annually to the student-athlete who swam to the fastest 100-meter freestyle time throughout the season.

2011.....	Paul Gordon
2012.....	Paul Gordon
2013.....	Jordan Huff
2014.....	David Ernstsson
2015.....	Jackson Halsmer
2016.....	Jack Smith

STRENGTH & CONDITIONING ACHIEVEMENT AWARD

2009.....	Nick Divan
.....	Stacia Johns
2010.....	MaxDittmer
.....	Christine Kuczek
2011.....	Max Dittmer
.....	April Allen
2012.....	Jordan Huff
.....	Abbey Tuchscherer
2013.....	Jordan Huff/Byron Butler
.....	Emily Hovren/Karolina Wartalowicz
2014.....	Dustin Rhoads
.....	Emily Hovren/Karolina Wartalowicz
2015.....	Tyler Nichols
.....	Pamela Breitrick
2016.....	Kyle Patnode/Brandon Farnum
.....	Emma Sougstad



JENNIFER SKOLASKI



NANCILEA UNDERWOOD



VERONICA RYDZE



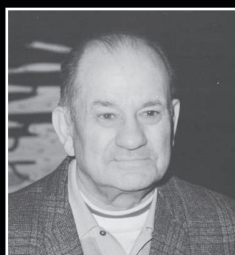
KATARINA TOUR



Inductees are selected by a vote of all dues-paying members of the National Iowa Varsity Club. All former Hawkeyes who have won at least one major letter and completed their eligibility at least 10 years prior to selection are eligible for the Hall of Fame. A coach or administrator must have retired or left the university at least five years prior to selection. A maximum of seven inductees may be selected to the Hall of Fame each year. Listed below each name is the individual's years of participation at Iowa and the year they were inducted into the Hall of Fame.



RANDY ABLEMAN
Athlete - 1978-82
Inducted - 2005



DAVID ARMBRUSTER
Coach - 1917-58
Inducted - 1989



JOHN DAVEY
Athlete - 1985-88
Inducted - 1999



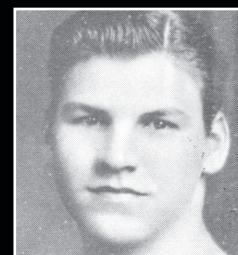
DUANE DRAVES
Athlete - 1947-50
Inducted - 2004



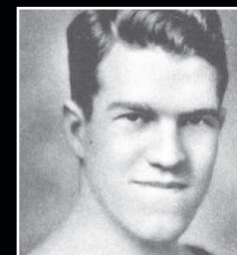
EDWARD GARST, JR.
Athlete - 1949-51
Inducted - 2001



LINCOLN HURRING
Athlete - 1955-58
Inducted - 2001



ADOLPH JACOBMEYER
Athlete - 1934-36
Inducted - 2002



WENTWORTH LOBDELL
Athlete - 1930-32
Inducted - 1992



GARY MORRIS
Athlete - 1957-59
Inducted - 2008



GLENN PATTON
Coach - 1976-98
Inducted - 2009



WALLY RIS
Athlete - 1947-49
Inducted - 1989



TOM ROEMER
Athlete - 1980-83, 84
Inducted - 2015



JACK SIEG
Athlete - 1934-36
Inducted - 1997



BOWEN STASSFORTH
Athlete - 1949-52
Inducted - 1996



BOB STEIN
Athlete - 1953-55
Lifetime Achievement - 2004



KIMBERLY STEVENS
Athlete - 1983-88
Inducted - 2016



RAFAL SZUKALA
Athlete - 1992-95
Inducted - 2006



RAY WALTERS
Athlete - 1936-37
Inducted - 1996



IRVING WEBER
Athlete - 1922
Inducted - 1994



R.M. WESTERFIELD
Athlete - 1935-37
Inducted - 1995



ARTUR WOJDAT
Athlete - 1989-92
Inducted - 2004

"I chose the University of Iowa because of the amazing team atmosphere. Being on a close team was huge to me. I also loved the campus and found myself comparing every other school to the campus and attributes Iowa had. The swim team is on the rise, and I am very honored and proud to be a part of something bigger than myself. Go Hawks!"

FORREST WHITE, Fr., Danville, Calif.

"I decided to attend the University of Iowa because I am a life-long Hawkeye and have always dreamt of being part of the Hawkeyes' swimming and diving program. The school was a great fit for me and a perfect place to excel at both swimming and in the classroom. I am beyond excited to be able to swim for the team I have loved for so many years."

BEN COLIN, So., Dubuque, Iowa

"I chose the University of Iowa because I believe this is the perfect fit for me. On my recruiting visit, I loved the campus, facilities, opportunities in education, pool, and coaches. These girls and guys, who I call my teammates, are also friends and family. They are my support system and I couldn't thank them enough for all they do for me. It's for each other that we get up at 5:20 a.m. three times a week, and push ourselves beyond belief every afternoon. I chose Iowa because of the amazing atmosphere that is created when all 68 swimmers and divers come together to reach a common goal."

EMMA SOUGSTAD, Sr., Forest City, Iowa



"I chose the University of Iowa for the team atmosphere, academics, and campus. Everyone on the team is very close and makes it a great atmosphere to work hard and to make great friends at the same time. Academically, the university offered the major I was interested in and I liked the campus. Add in the pool and overall facilities, and it made it an even easier choice."

JACKSON HALSMER, Sr., Byron, Ill.

"I chose the University of Iowa because it is providing me with great opportunities in both academics and athletics. Iowa has a great pre-dental program, which will help me reach my goal of attending dental school. On the swimming side of things, my teammates and coaches are awesome. They are always providing a great deal of support to everyone. I'm so glad that I ended up at school here. I wouldn't want to be anywhere else!"

ABBEY SCHNEIDER, So., Fishers, Ind.

"I love the team atmosphere and coaches. They make you feel like you can do anything you set your mind to. Everyone is incredibly welcoming and inclusive. I also love the campus because it's easy to navigate around and the classes are close by. The academic and athletic advisors are very helpful when it comes to choosing classes, too. They help make sure you're not overwhelmed when you first come to school your first semester. I am proud to be a Hawkeye!"

AMELIA ARMSTRONG-GRANT, Fr., Ypsilanti, Mich.



SOCIAL MEDIA

Fans can stay up-to-date with the behind the scenes segments of the Hawkeye swimming and diving program via a number of social media platforms.

FACEBOOK: IowaSwimmingandDiving

TWITTER: @IowaSwimDive

INSTAGRAM: HawkeyeSwimDive

HAWKEYESPORTS.COM

Media and fans can obtain a wealth of up-to-date information about the Hawkeyes on the official web site of the University of Iowa -- hawkeyesports.com. Live meet results, final results, photo galleries, coach and bio information, video, podcasts and more can be found on the web site.



IOWA CONTINUES TO BUILD FOR SUCCESS

The UI Department of Athletics is under the direction of Gary Barta and is regarded as one of the top intercollegiate programs in the nation. Once again, the Hawkeyes enjoyed success both athletically and academically in 2015-16.

Academically, the UI's federal graduation rate of 78 percent (for student-athletes who enrolled in the fall of 2008), meaning UI student-athletes have graduated at a rate of 70 percent or better in five straight years. For the sixth consecutive year, all 24 of Iowa's teams exceeded the Academic Progress Rate (APR) benchmark and the program posted a record 89 percent in the NCAA's "Graduation Success Rate." That mark tied a school record. It is the 11th time in 12 years of the GSR's existence that Iowa's student-athletes scored 80 percent or better.

Seven UI teams scored a perfect 100 on their GSR: Men's basketball, field hockey, men's golf, women's golf, men's tennis, field hockey, women's golf, women's tennis, and volleyball. All counted, the GSR for 17 of Iowa's 24 teams was better than the national average among its peer sport group.

Athletically, Hawkeye teams enjoyed another outstanding year in 2015-16, as a significant number of Iowa's 24 programs reached postseason play. The Iowa football team played in the 2016 Rose Bowl Game, the UI men's basketball team advanced to second round of the NCAA Tournament for a second straight year, the women's basketball team advanced to the postseason for a ninth consecutive season, the wrestling team had three NCAA finalists en route to a fifth place finish at the NCAA Championships, the women's gymnastics team advanced to NCAA Regionals for the seventh time in eight seasons and the men's golf team qualified for NCAAs for an eighth straight year.

Facilities upgrades remain at the forefront with Carver-Hawkeye Arena being the latest facility receiving an upgrade with new LED video technology being installed by Daktronics. The new four-sided centerhung video system is the centerpiece of the installation, while four auxiliary displays -- two on each end of the arena -- will also be installed. The Hawkeye Tennis and Recreation Center installed PlaySight Smart Court Technology -- a video component with live streaming capabilities, transforming the HTRC into a fully interactive practice and competition venue.

The gymnastics practice venues inside the UI Fieldhouse were completely renovated more than doubling the training space for the men's and women's programs, and a second indoor practice facility was constructed on the west campus -- Iowa Turf -- for sports like baseball, softball, and soccer in a partnership with recreation services.

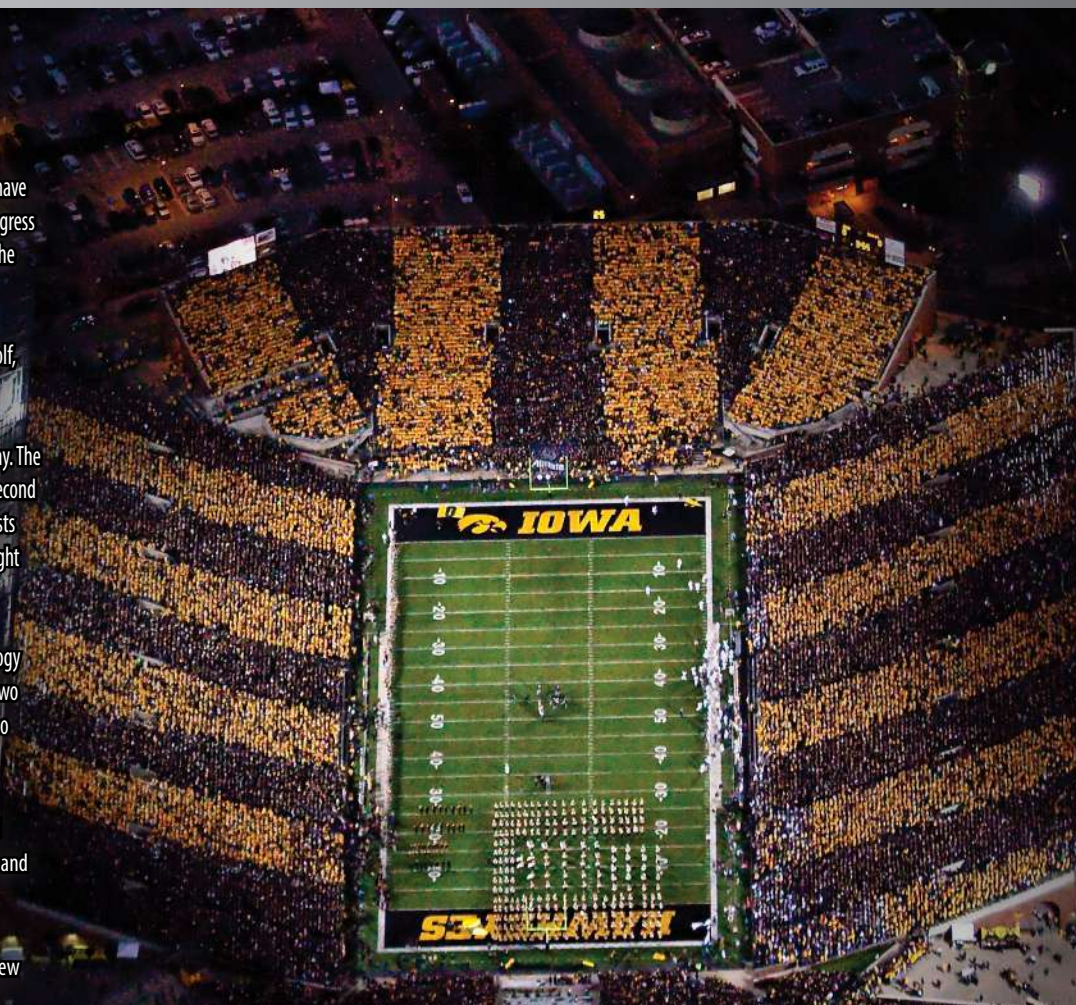
Renovations continue with a north end zone project at Kinnick Stadium on the horizon, a new banked track in the UI Recreation Building, a new clubhouse at Finkbine Golf Course, and a renovation to the Gerdin Athletics Learning Center -- the home to the UI's Athletic Student Services.

IOWA FOOTBALL

The Iowa football team went 12-0 during the regular season en route to the Big Ten West Division title and played in the 2016 Rose Bowl Game. Junior defensive back Desmond King earned consensus All-America honors while winning the Jim Thorpe Trophy and being recognized as the Tatum Woodson Big Ten Defensive Back of the Year.

IOWA WOMEN'S BASKETBALL

UI head coach Lisa Bluder led the women's basketball team to the postseason for a ninth consecutive season. Three Hawkeyes earned All-Big Ten honors, six were Academic All-Big Ten selections, and junior Ally Disterhoft garnered Academic All-America honors for the second straight year and was the Academic All-American of the Year.



IOWA WRESTLING

The Hawkeyes finished the 2015-16 season as the Big Ten team runner-up and finished fifth at the NCAA Championships. Iowa crowned two Big Ten individual champions, featured three NCAA finalists, and had six All-Americans. The program set a national dual meet attendance record when 42,287 were on hand to see the Hawkeyes defeat top-ranked Oklahoma State in Kinnick Stadium to open the season.

IOWA MEN'S BASKETBALL

Sixth-year head coach Fran McCaffery led the men's basketball team to the NCAA Tournament for a third straight season, winning its opening game for a second consecutive year before a second round loss to eventual NCAA champion, Villanova. The Hawkeyes were ranked as high as No. 3 in the nation while earning a third-place Big Ten finish. Two players earned All-Big Ten recognition.

IOWA WOMEN'S GYMNASTICS

The Gymhaws advanced to NCAA Regionals for the seventh time in the last eight seasons, hosting the event in Carver-Hawkeye Arena in 2016. Mollie Drenth represented the program at the NCAA Championships where she earned first-team All-America honors -- Iowa's first All-American since 2004.

IOWA MEN'S & WOMEN'S GOLF

Head coach Tyler Stith led the Hawkeyes to their eighth straight NCAA Regional appearance in 2016 and Iowa was the team runner-up at the Big Ten Championships. Senior Amy Ihm qualified individually for the NCAA Tournament, becoming the first UI women's golfer to compete in NCAA postseason competition since 1990 and just the second in program history.

IOWA TRACK & FIELD

The Hawkeyes had a record number of NCAA performers at the 2016 NCAA Championships with 15 student-athletes advancing to Eugene, Oregon. Iowa crowned Big Ten champions in four events, including the men's 400-meter relay and women's 1,600-meter relay.



DID YOU KNOW...

45.7 percent of UI students are from out of state

25 University of Iowa graduate programs and colleges ranked among the top 25 in the nation.

-U.S. News & World Report's America's Best Graduate Schools, 2015

With over 33,000 students in a city of roughly 75,000, UI offers a different atmosphere than many other universities in the Big Ten or the Midwest.

The unemployment rate in Iowa City (2.7 %) ranks among the nations' lowest. (May, 2015).



Building on a rich tradition of excellence and innovation, the University of Iowa is educating more than 30,000 students annually, preparing them for success immediately following graduation, as well as continued achievements throughout their lives.

The University of Iowa offers more than 100 areas of undergraduate and graduate study, including seven professional degree programs, through its 11 colleges: the colleges of Liberal Arts and Sciences, Business, Dentistry, Education, Engineering, Law, Medicine, Nursing, Pharmacy and Public Health, and the Graduate College. The University also provides on-campus and distance learning opportunities through its division of Continuing Education.

Long recognized as one of the nation's leading centers for the arts, creative writing, space physics, hydraulics, basic health and science research, and communication studies, the University of Iowa is also developing new strengths in informatics, nanoscience, simulation technology, and other fields.

The University of Iowa has maintained its tradition as an innovator with its pioneering work in speech pathology, science and medicine. It's also known internationally for being home of one of the nation's largest public university owned hospitals.

Cultural DIVERSITY at the University of Iowa

The University of Iowa has worked hard to assure that students of all races, creeds, and backgrounds are represented in the student body. In the past five years, Iowa has moved aggressively towards its goal of creating communities of African American, Hispanic/Latino (a), Asian American, and Native American students, and making the University a stimulating, welcoming place.

The Center for Diversity and Enrichment is a coordinated university-wide resource for creating and maintaining this campus diversity

and providing opportunities for all University students interested in other cultures. Scholarships, fellowships, and support programs help to make this possible. International Programs brings together scholars from around the world and UI students looking to expand their perspectives by studying abroad or exploring global issues on campus. International students at the University of Iowa represent more than 100 countries.

How the University of Iowa Measures Up

"Designated as a "best buy" 10 years in a row" — *Fiske Guide to the Colleges, 2015*

One of the top 30 public institutions in the country *U.S. News & World Report, 2015*

Ranked #121 on "Best Global Universities" list (U.S. News & World Report Global Rankings, 2014)

"Professors make themselves accessible and possess a genuine interest in students' experiences," — *Insider's Guide to the Colleges, 2012*

25 University of Iowa graduate programs and colleges ranked among the top 25 in the nation — *U.S. News & World Report's America's Best Graduate Schools, 2016*

University of Iowa Hospitals and Clinics ranked as one of "America's Best Hospitals" — *U.S. News & World Report, 2012*

One of the top five college towns in America among cities under 250,000 — *American Institute for Economic Research, College Destination Index, 2010-11*



CONSIDER THE COMMUNITY

Some universities offer the large city atmosphere. Others offer the college town experience. The University of Iowa is uniquely situated to offer student athletes the very best of both of these different worlds.

Once the state capital, Iowa City is considered one of the truly great college towns in America. The city swells with excitement on game day when nearly 16,000 Hawkeye fans from across the state and Midwest converge on Carver-Hawkeye Arena to cheer the Hawkeyes to another victory.

Iowa City's downtown area is alive and thriving. Restaurants, shops and sidewalk cafes face onto pedestrian malls full of people watchers, street entertainers and food vendors.

Attractive in size and friendliness, Iowa City is big in the sense that it offers all the advantages and conveniences of much larger metropolitan areas like summer and permanent employment opportunities, live entertainment and concerts, fine dining and shopping, industry and commerce.

Iowa City is located in the heart of eastern Iowa, within easy driving distance of several major Midwestern cities including the state capital, Des Moines, as well as Chicago, St. Louis, Omaha, Kansas City, Minneapolis and Milwaukee.



"Iowa City is unlike any other place in the state, both because of its regional beauty and because of its independent, serendipitous spirit."

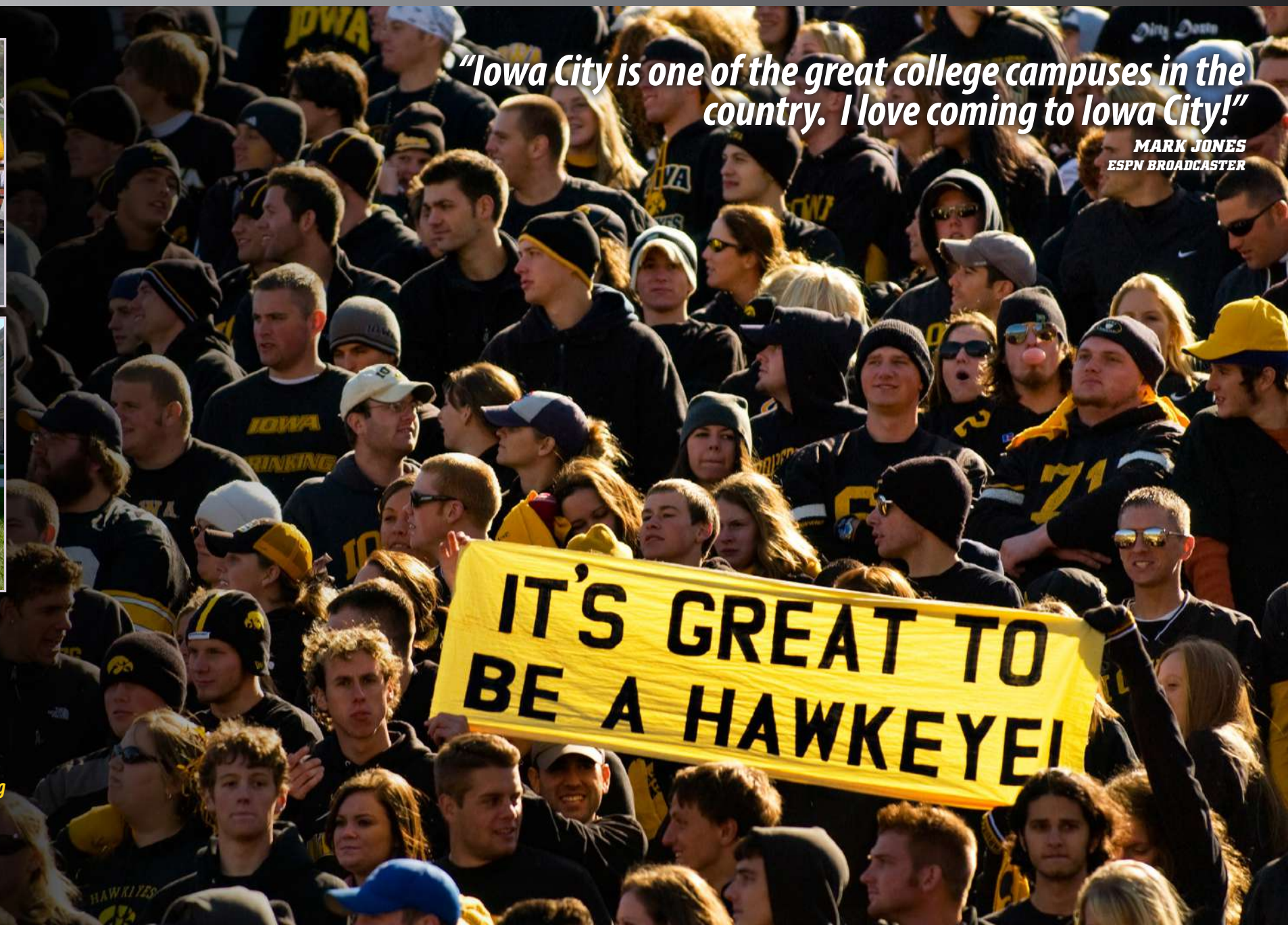
"There's nothing like feeling the crisp air as one tours the Big Ten campus, just as there's no other feeling like walking the shores along Lake MacBride, north of town. This is an ideal location for a weekend trip filled with sights, sounds, shopping and plenty of activities on any given weekend."

"If there is a star in Iowa, Iowa City is it."

DES MOINES SUNDAY REGISTER

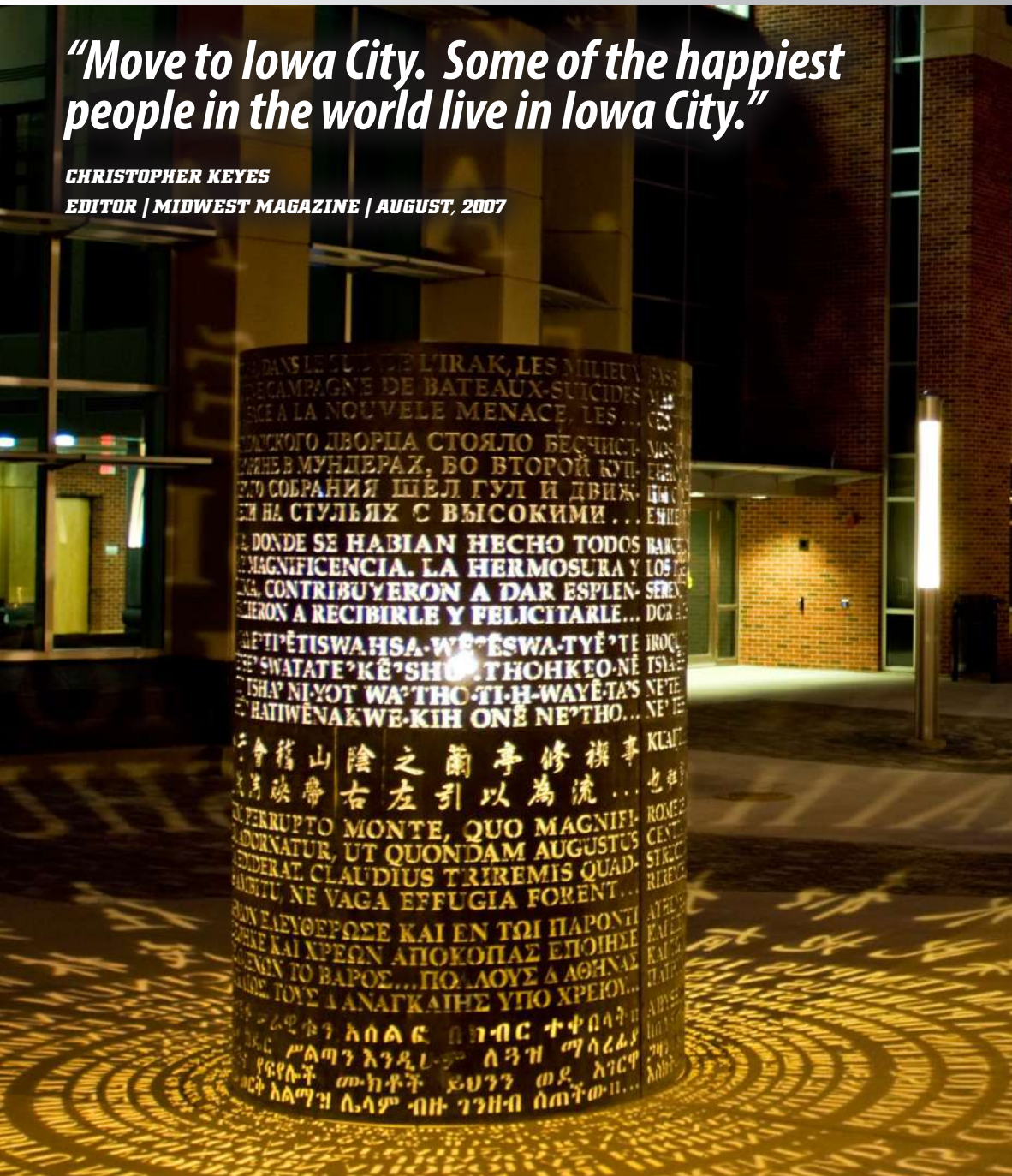
"Iowa City is one of the great college campuses in the country. I love coming to Iowa City!"

MARK JONES
ESPN BROADCASTER



“Move to Iowa City. Some of the happiest people in the world live in Iowa City.”

CHRISTOPHER KEYES
 EDITOR | MIDWEST MAGAZINE | AUGUST, 2007



**IOWA CITY:
 THE BEST PLACE TO LIVE**

- Named best U.S. city to live in for college graduates *Huffington Post*, May 2015
- #1 employment destination for college graduates (*American Institute for Economic Research*, 2015)
- #8 “Top 30 Small Cities” *Area Development Magazine*, June 2015
- UI Hospitals and Clinics ranked as the #12 best employer in the U.S. and #1 in the health care industry *Forbes Magazine*, 2015
- 25 years on list of “America’s Best Hospitals” *U.S. News & World Report*, 2014
- Iowa City is ranked the #4 college town in America - *American Institute for Economic Research*, 2014
- #47 on livability.com’s list of best places to live (2014)
- Named a top-10 college town by Livability.com, Aug., 2013
- The Iowa City Public Library is #5 on the “Top 10 Libraries for Children” list - *Livability.com*, 2012
- One of the Top 25 “Best Places to Retire and Work” - *Forbes*, 2012
- UI Hospitals and Clinics ranked top hospital in Iowa; nine UICH programs rated among the best in the U.S. - *US News and Word Report*, 2012
- Iowa City West and City High ranked among the best high schools in the country - *Newsweek*, 2012
- Johnson County is ranked third nationally in the “Fourth Economy Index,” April, 2012
- Iowa City ranks 8th out of 179 on best performing small cities list *“Milken Institute,”* October 2011

- Iowa City named third-best major metropolitan area in the country for college students *“American Institute for Economic Research,”* August 2011
- Iowa City ranks 3rd for volunteer rate (mid-sized cities) - *“Volunteering in America,”* Corporation for National & Community Service, August 2011
- “Top Towns for Jobs,” *MSN CareerBuilder*, January 2010
- No. 5 “Best Places to Begin a Career” Metros Under 500,000, *Forbes Magazine*, July, 2010
- Iowa ranks 9th in the nation for number of state parks, recreational areas and natural areas *CQ Press*, 2010
- Iowa ranks 10th in safest neighborhoods in the U.S. - *CQ Press*, 2010
- Iowa has the 3rd-highest public high school graduation rate in the U.S. - *CQ Press*, 2010
- Iowa City is ranked as one of America’s Top 100 Adventure Cities *National Geographic Adventure*, October 2009
- No. 13 “Top College Towns for Jobs” *Forbes Magazine*, May 2009
- *Sperling’s Best Places*, March 2007
- Iowa City/Coralville/North Liberty named an Iowa Great Place *Iowa Department of Cultural Affairs*, October 2009
- Iowa has over 1400 miles of trails for hiking and biking within its state parks and recreational areas *Iowa Department of Transportation*
- One of 50 “Best Places to Live and Play” *National Geographic Adventure*
- #18 among the top 25 green cities in the country *Country Home*
- Healthiest Town in the United States *Men’s Journal*



A CAMPUS ON THE MOVE

The University of Iowa campus caters to pedestrians and bicyclists; it's compact enough to cross in a 20-minute walk. A free ride on a campus bus can cut that time in half. Entertainment on campus and in Iowa City is geared toward student budgets, with many events offered at no charge. The University of Iowa offers more than 400 student organizations, extensive recreation facilities, 50 fraternities and sororities, and a broad schedule of arts performances, lectures, cultural celebrations and club sports and intramural athletic contests to go along with the intercollegiate competition within the Big Ten Conference

STUDENT-ORIENTED NIGHT LIFE

Iowa's campus is set right in the city's downtown area, where you'll find dance clubs, movies, coffeehouses, and restaurants to suit every taste. Live music can be found any night of the week in clubs and restaurants, even outside on warm evenings on the downtown pedestrian mall. Iowa City businesses are convenient and geared toward student tastes and needs.





CONSIDER THE OPPORTUNITY FOR A QUALITY EDUCATION

A quality education is one of the highest priorities at the University of Iowa. Just over 90 percent of Johnson County residents have graduated from high school, and in Iowa City nearly half of all residents have earned bachelor's degrees. In fact, census statistics indicate Johnson County is the 10th "smartest" county in the nation, based on percentage of residents holding bachelor's degrees.

The University of Iowa represents a strong presence in the community while enhancing the quality of life in Iowa City.

Your aspiration may be a career in medicine, law or education. Regardless of the specific career field, it's important to identify the college baseball program that places a high priority on academics and allows you to take full advantage of the tremendous educational opportunities available.

At the University of Iowa, student-athletes learn quickly that academic success is the highest priority.

ATHLETICS AND ACADEMICS

At The University of Iowa, a strong relationship has been developed between athletics and academics, where coaches and athletes work hand-in-hand with academic deans and professors, assuring the student-athlete the best possible opportunities to excel in the classroom and in athletics.

From the first visit for any prospective student-athlete, to the completion of their academic and athletic career at Iowa, academic personnel play a large role in the career of Hawkeye student-athletes. Beginning with the on-campus visits, student-athletes are introduced to professors in their selected field of study, and are able to establish a relationship and develop an understanding of the academic setting in which they will be involved.





**THE RUSSELL AND ANN GERDIN
ATHLETIC LEARNING CENTER**

The University of Iowa Russell and Ann Gerdin Athletic Learning Center opened in the fall of 2003. The Learning Center is a multi-level, 20,000-square foot facility, which provides one all-purpose area for the academic pursuits for Iowa's male and female student-athletes. The facility is centrally located on the UI campus for easy access by all student-athletes and staff.

The Learning Center features an auditorium, two classrooms, study lounges for freshmen and upper-class student-athletes, a computer lab, a teaching lab, the athletic library, office space for Iowa's Academic Student Services staff and a display area to recognize the academic accomplishments of Iowa's student-athletes.



When a student-athlete considers her future, she should consider prospects beyond volleyball. She should consider where she wants to be five, ten, fifteen years from today, and the best course of action for getting there. Also, she should decide early on to commit to excellence in every challenge undertaken.

Without a doubt, the men and women listed here took time to consider their future and the ways to get there. These former University of Iowa undergraduates have gone on to become leaders in their chosen fields. They also pursued their academic studies as strongly as the Iowa Hawkeyes go after a loose ball or rebound.

BUSINESS

Leland C. Adams
Former president, Amoco Production Co.

B.J. Armstrong, Iowa Letterman, 1986-89
Vice-President of Basketball, Wasserman Media Group
NBA All-Star, 1994
Three-time NBA Champion, Chicago Bulls

John J. Balles
Former president, Federal Reserve Bank of San Francisco

Matthew Bucksbaum
Former CEO & Founder
General Growth Properties

Arthur A. Collins
Founder, Collins Radio (Rockwell Collins)

Kathleen A. Dore
President, CanWest Media Works, Toronto, Canada
Former Executive vice president and general manager, Bravo Television Network & the Independent Film Channel

John W. English
Former vice president and chief investment officer, Ford Foundation

Nolden Gentry
Iowa Letterman, '58, '59, '60
Attorney, Brick, Gentry, Bowers, Swartz, Stoltze, Scheling and Levis Des Moines, IA

Leonard Hadley
Former chairman and CEO, Maytag Corporation

H. John Hawkinson
Former president and director of funds, Kemper Financial Services Inc.

Richard O. Jacobson
President, Jacobson Warehouse Co.

Bill Krause
President, Krause Gentle Corp.

Richard Levitt
Chairman & CEO, Nellis Corporation

Frank N. Magid
President, Frank N. Magid Associates, Inc., Pioneer in market research and media consultation

John Pappajohn
Venture capitalist, entrepreneur; President, Equity Dynamics, Inc.

Gary Seamans
Chairman and CEO, Westell Technologies, Aurora, Ill.

Luther Smith
Aerospace Engineer, pilot
Member, Tuskegee Airmen, 1942
World War II Purple Heart and Prisoner of War Medal

Henry B. Tippie
Director, Rollins, Inc.
Chairman of the Board, Dover Motorsports & Dover Downs Entertainment

EDUCATION

Joseph N. Crowley
President, University of Nevada at Reno and former NCAA president

R. Wayne Duke
Former commissioner, Big Ten Conference

E.F. Lindquist
Co-founder, American College Testing (ACT) Program

John B. McLendon
First African-American coach inducted into The Basketball Hall of Fame

Eddie Robinson
Legendary football coach, Grambling State University

Wilbur Schramm
International authority on communications and founder, Iowa Writers' Workshop

Richard Schultz
Executive Director, United States Olympic Committee; Former Executive Director, NCAA

James Van Allen
World famous space physicist who discovered two radiation belts (the Van Allen Belts) that orbit the earth

ENTERTAINMENT

Diablo Cody
Best Original Screenplay Oscar Award for Juno

Michele M. Crider
Recognized worldwide as a leading soprano
Has performed in all of Europe's major opera houses

Simon Estes
International opera star

John Falsay
Executive producer of television's "Northern Exposure" & "I'll Fly Away"

Jim Foster
Iowa Letterman
Founder and Innovator, Arena Football

Al Jarreau
Grammy Award-winning singer

Mark Johnson
Film producer and Oscar Award winner for Rainman

Alex Karras
Former NFL All-Pro, Detroit Lions; actor, Victor, Victoria; Blazing Saddles; "Webster"

Barry Kemp
Television producer, creator of the hit series "Coach"

Shirley Rich Krohn
Casting director for Kramer vs Kramer, Three Days of the Condor, Taps, Saturday Night Fever

Ashton Kutcher
Television and film actor

Richard Maibaum
Writer of James Bond motion picture scripts

Nicholas Meyer
Film writer and director whose film credits include Time After Time, The Seven Per-Cent Solution and Star Trek II, IV and VI

David Milch
Creator, Hill Street Blues, NYPD Blue and other television series
Three-time Emmy Award recipient
Founder, Redboard Productions

Marian Rees
Producer of television films
Owner, Marian Rees and Associates

Brandon Routh
Actor, Superman

Gene Wilder
Actor, Silver Streak, Young Frankenstein, Stir Crazy

GOVERNMENT

David Bonior
U.S. House of Representatives, Mt. Clemons, Mich.

Terry Branstad
Governor, state of Iowa

General Charles A. Horner
Architect of the US air war against Iraq during the Persian Gulf War/Desert Storm

Alan Larson
Assistant to Secretary of State for Economic, Business, and Agricultural Affairs

Ruth Van Roeckel McGregor
Chief Justice of the Arizona Supreme Court, 2005 recipient, American Judicature Society's Dwight D. Opperman Award for Judicial Excellence

Trudy Huskamp Peterson
Acting Archivist of the United State, 1993-95

Mary Louise Smith
Noted political party leader and civil rights proponent

Juanita Kidd Stout
First African-American woman elected to a state Supreme Court

LITERATURE

Marvin Bell
Iowa Poet Laureate
UI Writers Workshop faculty member and mentor from 1965 until retirement in 2005

Mildred Wirt Benson
Author of 23 Nancy Drew mysteries and first woman to receive master's degree in journalism at Iowa

T.C. Boyle
Author of 11 Novels & eight short story collections
Winner of numerous literary awards, including five O. Henry Awards

Max Allan Collins
Writer of the comic strip Dick Tracy, 1977-92
American mystery writer, including the graphic novel Road to Perdition

Paul Engle
Poet
Founder of the University of Iowa's International Writing Program
Director of the Iowa Writer's Workshop (1941-65)

John Irving
Writer, The World According to Garp; A Son of the Circus; Hotel New Hampshire; A Prayer for Owen Meany

W.P. Kinsella
Writer, Shoeless Joe

Margaret Walker
Writer, Jubilee

MEDIA

Alan Abelson
Editor, Barron's

Tom Brokaw
Former anchorman, NBC News

Paul Burmeister
Iowa Letterman, 1992-93
Sports anchor/reporter
The NFL Network

John Cochran
Correspondent, ABC News

Paul Conrad
Political cartoonist and three-time winner of the Pulitzer Prize

Wayne Drehs
General assignment writer, espn.com

Brett Dolan
Broadcaster, Houston Astros

George Gallup
Founder, The Gallup Poll

Charles Guggenheim
Documentary filmmaker, Peabody and Oscar award winner

Milo Hamilton
50 years in Broadcasting
Voice of the Houston Astros

Harry Kalas
Broadcaster, Philadelphia Phillies

Bob Miller
Broadcaster, Los Angeles Kings

Herbert Nipson
Executive Editor, Ebony

Brian Ross
Correspondent, NBC News; Peabody and Emmy award winner

Mark Shapiro
Former Vice-President, ESPN

Carole Simpson
Anchor, ABC News

MEDICINE

Dr. Nancy Andreasen
Psychiatrist renowned for her research on schizophrenia, as well as creativity

James Bramson
Executive Director, American Dental Association

Dr. Johann L. Ehrenhaft
Pioneer in field of open heart surgery

Dr. Robert C. Hardin
Developed blood bank protocols during WW II based on seminal work on blood preservation

Dr. Don H. O'Donoghue
Sports medicine pioneer

Dr. Emory D. Warner
World recognized pathologist

FIRST ADVANCED DEGREES IN THE UNITED STATES

African-Americans who received advanced degrees from the University of Iowa, who were also the first in the United States to receive that particular degree:

Alexander Clark, Jr.
1879, law degree

Elizabeth Catlett
1940, master's in art

Lulu Johnson
1941, Ph.D. in history

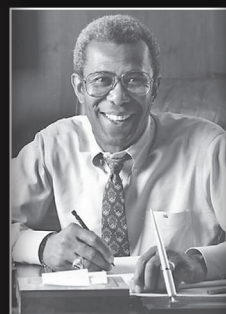
Oscar Anderson Fuller
1942, Ph.D. in music

Lilia Ann Abron
1972, Ph.D. in chemical engineering

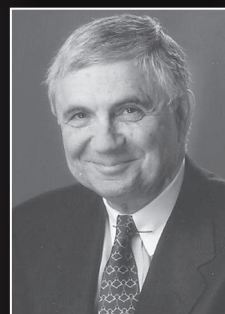
Lisa Portis
1989, Ph.D. in pharmacology



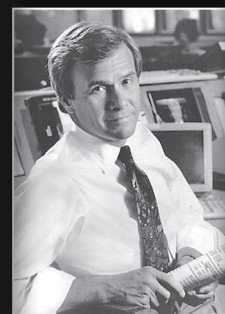
JUANITA KIDD STOUT
First African-American woman
Elected to a state Supreme Court



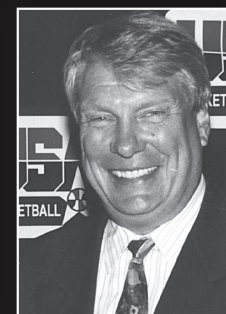
NOLDEN GENTRY
Attorney



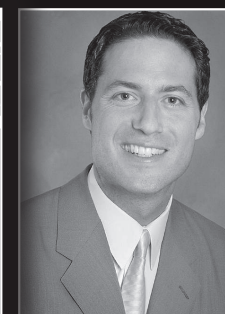
JOHN PAPPAJOHN
Entrepreneur



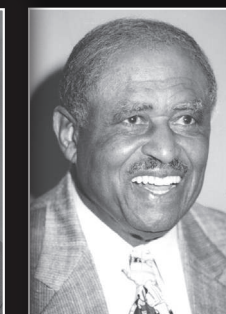
TOM BROKAW
Former Anchorman, NBC News



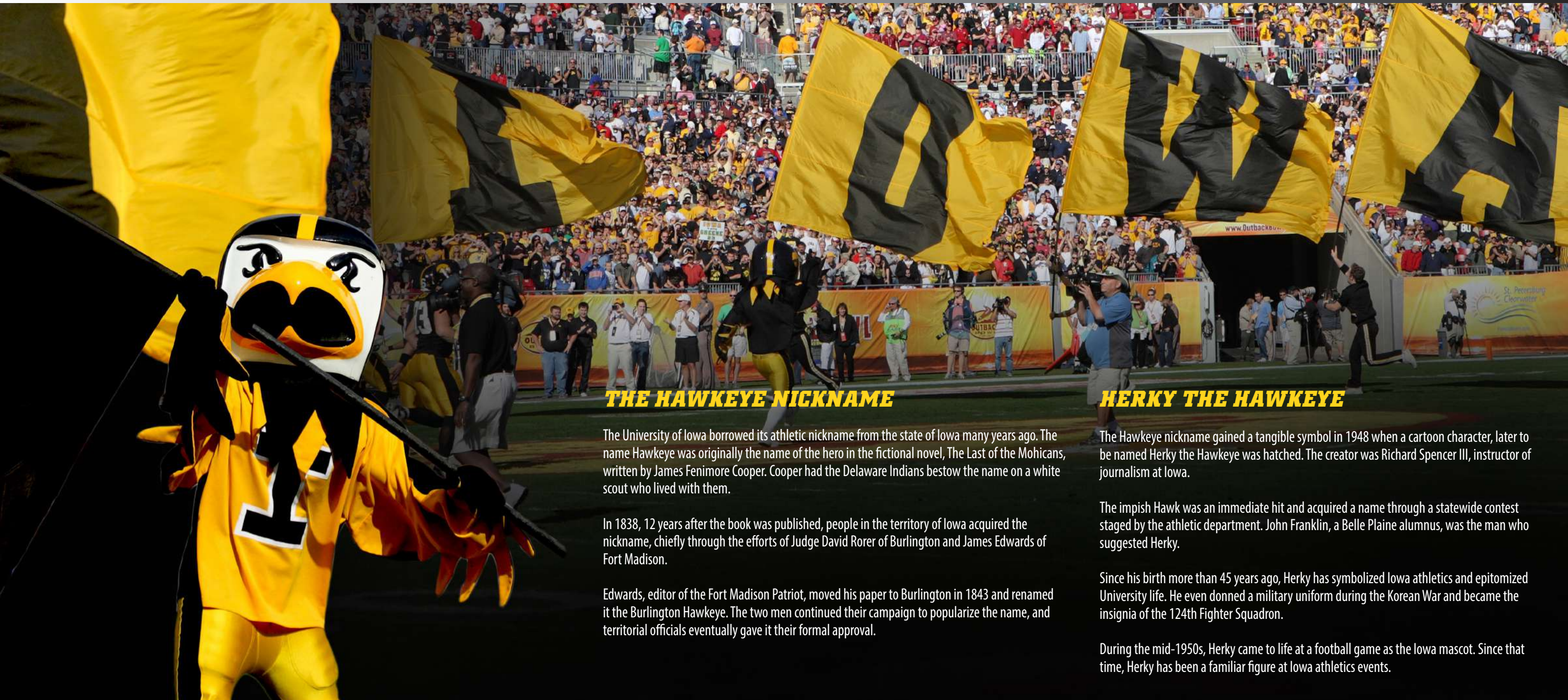
DON NELSON
All-time winningest coach
in NBA history



MARK SHAPIRO
Former Executive
Vice-President, ESPN



EDDIE ROBINSON
Former Football Coach
Grambling State University



THE HAWKEYE NICKNAME

The University of Iowa borrowed its athletic nickname from the state of Iowa many years ago. The name Hawkeye was originally the name of the hero in the fictional novel, *The Last of the Mohicans*, written by James Fenimore Cooper. Cooper had the Delaware Indians bestow the name on a white scout who lived with them.

In 1838, 12 years after the book was published, people in the territory of Iowa acquired the nickname, chiefly through the efforts of Judge David Rorer of Burlington and James Edwards of Fort Madison.

Edwards, editor of the *Fort Madison Patriot*, moved his paper to Burlington in 1843 and renamed it the *Burlington Hawkeye*. The two men continued their campaign to popularize the name, and territorial officials eventually gave it their formal approval.

HERKY THE HAWKEYE

The Hawkeye nickname gained a tangible symbol in 1948 when a cartoon character, later to be named Herky the Hawkeye was hatched. The creator was Richard Spencer III, instructor of journalism at Iowa.

The impish Hawk was an immediate hit and acquired a name through a statewide contest staged by the athletic department. John Franklin, a Belle Plaine alumnus, was the man who suggested Herky.

Since his birth more than 45 years ago, Herky has symbolized Iowa athletics and epitomized University life. He even donned a military uniform during the Korean War and became the insignia of the 124th Fighter Squadron.

During the mid-1950s, Herky came to life at a football game as the Iowa mascot. Since that time, Herky has been a familiar figure at Iowa athletics events.

**2015-16 RESULTS
(6-3 OVERALL, 2-2 BIG TEN)**

Meet	Result
Sept. 25-26	at Illinois Chicago, W, 155-77
Oct. 15-16	Michigan State, W, 188-91
Oct. 30	#20 Minnesota, L, 130.5-169.5
Nov. 6	at Purdue, L, 112-188
Dec. 4-6	Hawkeye Invite, 1st/923 pts.
Jan. 23	at N'western, W, 174.5-125.5
Jan. 29-30	at Shamrock Invitational
.....	at Notre Dame, W, 220-150
.....	vs. Missouri State, W, 243-121
.....	vs. Grand Canyon, L, 168-202
Feb. 5	Western Illinois, W, 147-71
Feb. 24-27	at Big Ten Championships
.....	7th/551 points
March 24-27	at NCAA Championships
.....	40th/6 points

2016 BIG TEN CHAMPIONSHIPS

Place	Team	Points
1.	Michigan	1475.5
2.	Indiana	1306
3.	Ohio State	1294.5
4.	Minnesota	919
5.	Wisconsin	832.5
6.	Purdue	725
7.	Iowa	551
8.	Northwestern	462
9.	Penn State	357.5
10.	Michigan State	230

TEAM AWARDS

Men's Swimming MVP Award: Roman Trussov
 Wentworth "Lobby" Lobdell Award: Addison Boschult
 Irving B. Weber Award: Charles Holliday
 Wally Ris Memorial Award: Jack Smith
 Jim Marshall Award: Mike Nelson
 Strength and Conditioning Award:
 Kyle Patnode, Brandon Farnum

HONORABLE MENTION ALL-AMERICAN

Roman Trussov (100 breast, 200 breast)

SECOND-TEAM ALL-BIG TEN

Roman Trussov

NCAA QUALIFIERS

Roman Trussov (100 breast, 200 breast, 200-medley relay, 400-medley relay)
 Kenneth Mende (200 medley relay, 400 medley relay)
 Jack Smith ((200 medley relay, 400 medley relay)
 Jerzy Twarowski (200 medley relay, 400 medley relay)
 Addison Boschult (platform)

BIG TEN SPORTSMANSHIP AWARD

Roman Trussov

ARTHUR ASHE SCHOLAR AWARD SEMIFINALIST

Charles Holliday

NCAA & BIG POSTGRADUATE SCHOLARSHIP

Charles Holliday

BIG TEN FRESHMAN OF WEEK OF THE WEEK

Dec. 9, Feb. 10 Will Brenner

2015 CSCAA SCHOLAR FALL ALL-AMERICA TEAM

CSCAA SCHOLAR ALL-AMERICAN

Roman Trussov

CSCAA HONORABLE MENTION SCHOLAR ALL-AMERICANS

David Ernstsson, Brandis Heffner, Evan Hull, Charles Holliday

ACADEMIC ALL-BIG TEN

Colter Allen	Andrew Hull
Addison Boschult	Evan Hull
Matthew Boyd	Kenneth Mende
Chris Dawson	Mike Nelson
David Ernstsson	Tyler Nichols
Brandon Farnum	Andrew Parker
Brandis Heffner	Logan Samuelson
RJ Hemmingsen	Luke Snow
Charles Holliday	Roman Trussov
Maverick Hovey	Jerzy Twarowski

^ Big Ten Distinguished Scholar

TOP 24 PERFORMANCES AT BIG TEN CHAMPIONSHIPS

Event	Athlete	Mark	Place
100 breast	Roman Trussov	52.17	2nd
400-medley relay	Mende, Trussov, Twarowski, Smith	3:07.83	3rd
200-medley relay	Mende, Trussov, Twarowski, Smith	1:25.67	4th
800-free relay	Smith, Ernstsson, Kamin, Gannon	6:27.83	6th
Platform	Addison Boschult	350.45	6th
200 free relay	J. Allen, Smith, Holliday, Farnum	1:18.72	7th
3-Meter	Addison Boschult	359.25	7th
100 Fly	Jerzy Twarowski	47.47	8th
400-Free Relay	Kamin, Smith, Trussov, Holliday	2:56.46	8th
200 Fly	Jerzy Twarowski	1:46.31	9th
200 Breast	Roman Trussov	1:57.05	10th
1-Meter	Will Brenner	322.75	11th
100 Free	Jack Smith	43.86	11th
200 Back	Kenneth Mende	1:44.65	12th
100 Back	Kenneth Mende	47.45	14th
100 Free	Matthew Kamin	44.33	14th
Platform	Andrew Hull	320.25	14th
1-Meter	Brandis Heffner	283.75	16th
3-Meter	Andrew Hull	306.35	16th
50 Free	Jackson Allen	19.99	17th
100 Breast	Tyler Nichols	54.46	18th
100 Breast	Mike Nelson	54.57	19th
50 Free	Jack Smith	20.12	21st
100 Fly	Jackson Allen	48.19	21st
1,650 Free	Chris Dawson	15:31.84	21st
400 IM	Chris Dawson	3:52.14	22nd
200 Fly	RJ Hemmingsen	1:50.98	23rd
50 Free	Charles Holliday	20.25	24th
200 Free	David Ernstsson	1:38.11	24th
200 Breast	Mike Nelson	2:01.12	24th



ADDISON BOSCHULT



ROMAN TRUSSOV

SEASON-BEST PERFORMANCES

Event	Athlete	Mark
50 Free	Charles Holliday	19.97 (B)
100 Free	Jack Smith	43.86 (B)
200 Free	David Ernstsson	1:37.58 (B)
500 Free	Chris Dawson	4:28.29
1,000 Free	Ben Colin	9:36.25
1,650 Free	Chris Dawson	15:31.84
100 Back	Kenneth Mende	47.19 (B)
200 Back	Kenneth Mende	1:43.87 (B)
100 Breast	Roman Trussov	52.17 (B) *
200 Breast	Roman Trussov	1:55.24 (B)
100 Fly	Jerzy Twarowski	46.93 (B)
200 Fly	Jerzy Twarowski	1:45.41 (B)
200 IM	Kenneth Mende	1:49.12
400 IM	Chris Dawson	3:52.14 (B)
200 Free Relay	J. Allen, Smith, Holliday, Farnum	1:18.72
400 Free Relay	J. Allen, Smith, Halsmer, Ernstsson	2:56.37
800 Free Relay	Smith, Ernstsson, Kamin, Gannon	6:27.83
200 Medley Relay	Mende, Trussov, Twarowski, Smith	1:25.67 (PROV)
400 Medley Relay	Mende, Trussov, Twarowski, Smith	3:07.83 (AUTO) *
1-Meter Diving	Will Brenner	365.00 (ZS) *
3-Meter Diving	Brandis Heffner	366.90 (ZS)
Platform Diving	Addison Boschult	356.65 (ZS)

LETTERWINNERS

Colter Allen	Brandon Farnum	Evan Hull	Quinn Risley
Jackson Allen	Kyle Gannon	Matt Kamin	Logan Samuelson
Addison Boschult	Jackson Halsmer	Kenneth Mende	Jack Smith
Matthew Boyd	Brandis Heffner	Mike Nelson	Luke Snow
Will Brenner	RJ Hemmingsen	Tanner Nelson	Roman Trussov
Ike Casey	Garrett Hoce	Tyler Nichols	Jerzy Twarowski
Ben Colin	Charles Holliday	Andrew Parker	
Chris Dawson	Maverick Hovey	Kyle Patnode	
David Ernstsson	Andrew Hull	Thomas Rathbun	

**2015-16 RESULTS
(8-3 OVERALL, 2-2 BIG TEN)**

Meet	Result
Sept. 25-26	at Illinois Chicago, W, 146-72
Oct. 15-16	Michigan State, W, 165-132
.....	Northern Iowa, W, 204.5-92
Oct. 30.....	#17 Minnesota, L, 105-192
Nov. 6.....	at Purdue, L, 117-179
Dec. 4-6.....	Hawkeye Invitational, 1st/900 pts.
Dec. 11.....	at Iowa State, W, 198-101
Jan. 16.....	Illinois, W, 174.5-125.5
Jan. 29-30.....	at Shamrock Invitational
.....	vs. Illinois State, W, 302-67
.....	vs. Grand Canyon, W, 202-167
.....	at Notre Dame, L, 111-258
Feb. 5.....	Western Illinois, W, 144-61
Feb. 17-20.....	at Big Ten Championships
.....	11th/369.5 points
March 17-20.....	at NCAA Championships
.....	38th/9 points

2016 BIG TEN CHAMPIONSHIPS

Place	Team	Points
1.	Michigan	1,361
2.	Indiana	1207.5
3.	Minnesota	927.5
4.	Ohio State	859
5.	Purdue	766.5
6.	Wisconsin	712
7.	Penn State	687.5
8.	Northwestern	467
9.	Nebraska	411.5
10.	Rutgers	385
11.	Iowa	369.5
12.	Illinois	234
13.	Michigan State	210

HONORABLE MENTION ALL-AMERICA

Emma Sougstad, 100 Breast

NCAA QUALIFIERS

Emma Sougstad (100 breast, 200 breast, 200 IM)
Calli Head (platform), Lydia Lehnert (platform)

TEAMUNIFY/COLLEGESWIMMING.COM DIVISION I WOMEN'S SWIMMER OF THE WEEK

Emma Sougstad, Dec. 15

COLLEGESWIMMING.COM BIG TEN SWIMMER OF THE WEEK

Olivia Kabacinski

BIG TEN SWIMMER/DIVER/FRESHMAN OF THE WEEK

Emma Sougstad, Morgan Rafferty, Abbey Schneider, Dec. 16

NCAA POSTGRADUATE SCHOLARSHIP

Maddie Bro

BIG TEN SPORTSMANSHIP AWARD

Emma Sougstad

ACADEMIC ALL-BIG TEN

Izzie Bindseil/Carly O'Brien

Maddie Bro	Allie Orvis
Summer Campbell	Morgan Rafferty
Colleen Champa	Mekenna Scheitlin
Ashley Horodyski	Emma Sougstad
Jo Jekel	Samantha Wagner
Olivia Kabacinski	Serena Wanasek
Tereysa Lehnertz	

^ Big Ten Distinguished Scholars

2015 CSCAA TEAM FALL/SPRING SCHOLAR ALL-AMERICA

CSCAA SCHOLAR ALL-AMERICAN

Emma Sougstad

CSCAA HONORABLE MENTION SCHOLAR ALL-AMERICAN

Olivia Kabacinski, Allie Orvis, Morgan Rafferty, Jacintha Thomas

TEAM AWARDS

Women's Swimming MVP: Emma Sougstad
Women's Diving MVP: Morgan Rafferty
Alison Pennington Haddon Strength of Character: Samantha Wagner
Strength & Conditioning Achievement: Emma Sougstad

TOP 24 PERFORMANCES AT BIG TEN CHAMPIONSHIPS

Event.....	Athlete	Mark	Place
Platform.....	Calli Head	312.20	3rd
100 Breast.....	Emma Sougstad	59.22	4th
200 Breast.....	Emma Sougstad	2:10.81	6th
200 IM.....	Emma Sougstad	1:58.06	16th
200-medley relay.....	Orvis, Sougstad, McNamara, Kabacinski	1:39.27	7th
400-medley relay.....	Lavelle, Sougstad, McNamara, Kabacinski	3:36.72	7th
100 Back	Meghan Lavelle	53.83	9th
200-free relay.....	Sougstad, Lavelle, Scheitlin, O'Brien	1:31.84	10th
400-free relay.....	Sougstad, Kabacinski, Lavelle, O'Brien	3:21.36	10th
800-free relay.....	Kabacinski, Wanasek, Weigand, O'Brien	7:20.79	11th
200 Back	Meghan Lavelle	1:58.09	12th
100 Fly	Kelly McNamara	54.23	13th
200 Breast.....	Colleen Champa	2:14.58	14th
100 Back	Allie Orvis	54.68	18th
200 Breast.....	Shea Hoyt	2:15.28	21st
200 Back	Allie Orvis	1:59.16	22nd



OLIVIA KABACINSKI

SEASON-BEST PERFORMANCES

Event.....	Athlete	Mark
50 Free	Emma Sougstad	22.63 (B) *
100 Free	Olivia Kabacinski	49.97 (B)
200 Free	Olivia Kabacinski	1:48.14
500 Free	Abbey Schneider	4:53.32
1,000 Free	Abbey Schneider	10:03.34
1,650 Free	Abbey Schneider	16:48.14
100 Back	Meghan Lavelle	53.63 (B) *
200 Back	Meghan Lavelle	1:57.28 (B)
100 Breast.....	Emma Sougstad	59.00 (A) *
200 Breast.....	Emma Sougstad	2:10.81 (B) *
100 Fly	Kelly McNamara	53.90 (B) *
200 Fly	Tereysa Lehnertz.....	1:59.22 (B)
200 IM.....	Emma Sougstad	1:57.55 (B) *
400 IM.....	Devin Jacobs.....	4:21.19
200 Free Relay.....	Sougstad, Kabacinski, Scheitlin, McNamara	1:31.52
400 Free Relay.....	Kabacinski, Sougstad, Lagodzinska, O'Brien	3:20.58 *
800 Free Relay.....	Kabacinski, Wanasek, Weigand, O'Brien	7:20.79
200 Medley Relay.....	Orvis, Sougstad, McNamara, Kabacinski	1:39.27
400 Medley Relay.....	Lavelle, Sougstad, McNamara, Kabacinski	3:36.72 *
1-Meter Diving.....	Morgan Rafferty	296.02 (ZS)
3-Meter Diving.....	Lydia Lehnert	311.70 (ZS)
Platform Diving.....	Calli Head	312.20 (ZS) *

LETTERWINNERS

Izzie Bindseil	Devin Jacobs	Kelly McNamara	Serena Wanasek
Maddie Bro	Jo Jekel	Carly O'Brien	Katie Wells
Summer Campbell	Olivia Kabacinski	Allie Orvis	Jennifer Weigand
Colleen Champa	Nikol Lagodzinska	Morgan Rafferty	
Olivia Cook	Meghan Lavelle	Mekenna Scheitlin	
Taylor Flummerfelt	Lauren Leehy	Abbey Schneider	
Calli Head	Lydia Lehnert	Emma Sougstad	
Ashley Horodyski	Tereysa Lehnertz	Jacintha Thomas	
Shea Hoyt	Natalie McGovern	Samantha Wagner	



RYAN PHELAN

50-YARD FREESTYLE
19.52 Ryan Phelan, 2012

100-YARD FREESTYLE
43.22 Paul Gordon, 2012

200-YARD FREESTYLE
1:33.41 Artur Wojdat, 1990

500-YARD FREESTYLE
4:12.24 Artur Wojdat, 1989

1,000-YARD FREESTYLE
8:55.03 Artur Wojdat, 1992

1,650-YARD FREESTYLE
14:42.06 Artur Wojdat, 1991

100-YARD BACKSTROKE
45.56 Grant Betulius, 2015

200-YARD BACKSTROKE
1:42.19 Grant Betulius, 2014

100-YARD BREASTSTROKE
52.17 Roman Trussov, 2016

200-YARD BREASTSTROKE
1:54.57 Roman Trussov, 2015

100-YARD BUTTERFLY
46.70 Jerzy Twarowski, 2014

200-YARD BUTTERFLY
1:44.00 Jerzy Twarowski, 2014

200-YARD INDIVIDUAL MEDLEY
1:46.15 Tyler Lentz, 2013



TYLER LENTZ

400-YARD INDIVIDUAL MEDLEY
3:47.65 Tyler Lentz, 2012

200-YARD FREESTYLE RELAY
1:17.61 Ryan Phelan, Gianni Sesto, Duncan Partridge, Paul Gordon, 2012

400-YARD FREESTYLE RELAY
2:52.53 Duncan Partridge, Ryan Phelan, Jordan Huff, Paul Gordon, 2012

800-YARD FREESTYLE RELAY
6:26.79 Jordan Huff, David Ernstsson, Gianni Sesto, Grant Betulius, 2013

200-YARD MEDLEY RELAY
1:25.53 Grant Betulius, Roman Trussov, Jerzy Twarowski, Jackson Halsmer, 2015

400-YARD MEDLEY RELAY
3:07.83 Kenneth Mende, Roman Trussov, Jerzy Twarowski, Jack Smith (2016)

ONE-METER DIVING
365.00 Will Brenner, 2015

THREE-METER DIVING
448.20 Randy Ableman, 1981

PLATFORM DIVING
409.20 Addison Boschult, 2015



KENNETH MENDE



JACK SMITH



WILL BRENNER



RANDY ABLEMAN



ADDISON BOSCHULT

IOWA TEAM RECORDS

BEST SEASON RECORD
10-1 in 2010

BEST FINISH AT BIG 10 CHAMPIONSHIPS
1st in 1936, 1981, 1982

BEST FINISH AT NCAA CHAMPIONSHIPS
2nd in 1949

MOST NCAA CHAMPIONS
5 in 1936

MOST BIG TEN CHAMPIONS
19 in 1982

MOST ALL-AMERICANS
28 in 1989

MOST ACADEMIC ALL-BIG TEN HONOREES
20 in 2016

50-YARD FREESTYLE
18.67 Caeleb Dressel, Florida, 3/26/15

100-YARD FREESTYLE
41.56 Kristian Gkolomeev, Alabama, 3/28/15

200-YARD FREESTYLE
1:32.03 Cristian Quintero, Southern Cal, 3/27/15

500-YARD FREESTYLE
4:09.72 Clark Smith, Texas, 3/26/15

1,000-YARD FREESTYLE
8:45.66 Jordan Wilimovsky, Northwestern, 2/28/15

1,650-YARD FREESTYLE
14:32.38 Matias Koski, Georgia, 3/28/15

100-YARD BACKSTROKE
44.17 Ryan Murphy, California, 3/26/15

200-YARD BACKSTROKE
1:36.77 Ryan Murphy, California, 3/28/15

100-YARD BREASTSTROKE
50.25 Kevin Cordes, Arizona, 3/27/15

200-YARD BREASTSTROKE
1:49.48 Will Licon, Texas, 3/28/15

100-YARD BUTTERFLY
44.51 Joseph Schooling, Texas, 3/27/15

200-YARD BUTTERFLY
1:39.62 Joseph Schooling, Texas, 3/28/15

200-YARD INDIVIDUAL MEDLEY
1:39.38 David Nolan, Stanford, 3/26/15

400-YARD INDIVIDUAL MEDLEY
3:36.37 Will Licon, Texas, 3/27/15

200-YARD FREESTYLE RELAY
1:15.79 Bilis, Held, Schiellerup, Williams, NC State, 3/26/15

400-YARD FREESTYLE RELAY
2:47.06 Quintero, Condorelli, Tribuntsov, Carter, Southern Cal, 3/28/15

800-YARD FREESTYLE RELAY
6:11.64 Quintero, Carter, Domagala, Malone, Southern Cal, 3/27/15

200-YARD MEDLEY RELAY
1:22.40 Murphy, Katis, Lynch, Messerschmidt, California, 3/27/15

400-YARD MEDLEY RELAY
3:01.23 Darmody, Licon, Schooling, Conger, Texas, 3/26/15

1-METER DIVING
468.15 Steele Johnson, Purdue, 3/26/15

3-METER DIVING
529.10 Samuel Dorman, Miami (Fla.), 3/27/15

PLATFORM DIVING
578.05 David Boudia, Purdue, 2/6/11



EMMA SOUGSTAD

50-YARD FREESTYLE

22.63 Emma Sougstad, 2015

100-YARD FREESTYLE

49.61 Olivia Kabacinski, 2014

200-YARD FREESTYLE

1:45.47 Becky Stoughton, 2015

500-YARD FREESTYLE

4:39.76 Becky Stoughton, 2015

1,000-YARD FREESTYLE

9:39.44 Becky Stoughton, 2012

1,650-YARD FREESTYLE

15:57.43 Becky Stoughton, 2015

100-YARD BACKSTROKE

53.63 Daniela Cubelic, 2012
53.63 Meghan Lavelle, 2016

200-YARD BACKSTROKE

1:56.49 Lindsay Seemann, 2013

100-YARD BREASTSTROKE

59.00 Emma Sougstad, 2016

200-YARD BREASTSTROKE

2:10.81 Emma Sougstad, 2016

100-YARD BUTTERFLY

53.90 Kelly McNamara, 2015

200-YARD BUTTERFLY

1:58.28 Becky Stoughton, 2015

200-YARD INDIVIDUAL MEDLEY

1:57.55 Emma Sougstad, 2016



KELLY MCMAMARA

400-YARD INDIVIDUAL MEDLEY

4:12.34 Becky Stoughton, 2012

200-YARD FREESTYLE RELAY

1:30.96 Olivia Kabacinski, Emma Sougstad, Meghan Lavelle, Mekenna Scheitlin, 2015

400-YARD FREESTYLE RELAY

3:20.58 Olivia Kabacinski, Emma Sougstad, Nikol Lagodzinska, Carly O'Brien

800-YARD FREESTYLE RELAY

7:12.49 Olivia Kabacinski, Emily Hovren, Becky Stoughton, Lindsay Seemann, 2014

200-YARD MEDLEY RELAY

1:39.18 Allie Orvis, Emma Sougstad, Carly O'Brien, Olivia Kabacinski, 2015

400-YARD MEDLEY RELAY

3:36.72 Meghan Lavelle, Emma Sougstad, Kelly McNamara, Olivia Kabacinski

ONE-METER DIVING

338.55 Deidre Freeman, 2011

THREE-METER DIVING

407.40 Deidre Freeman, 2011

PLATFORM DIVING

312.20 Lydia Lehnert, 2015
312.20 Calli Head, 2016



DEIDRE FREEMAN



LYDIA LEHNERT



CALLI HEAD

IOWA TEAM RECORDS

BEST SEASON RECORD

11-0-0 in 1984; 5-0-0 in 1978

BEST FINISH AT BIG TEN CHAMPIONSHIPS

Tied for 2nd in 1986

BEST FINISH AT NCAA CHAMPIONSHIPS

20th in 2003

MOST BIG TEN CHAMPIONS

8 in 1986

MOST NCAA QUALIFIERS

10 in 1985

MOST ALL-AMERICANS

8 in 1985

MOST ACADEMIC ALL-BIG TEN HONOREES

19 in 2014

50-YARD FREESTYLE

22.04 Rebecca Thompson, Wisconsin, 2/6/12

100-YARD FREESTYLE

48.28 Rebecca Thompson, Wisconsin, 2/18/12

200-YARD FREESTYLE

1:45.76 Margaux Farrell, Indiana, 2/17/12

500-YARD FREESTYLE

4:38.00 Ashley Steenvoorden, Minnesota, 2/16/12

1,000-YARD FREESTYLE

9:39.44 Becky Stoughton, Iowa, 11/4/11

1,650-YARD FREESTYLE

16:00.44 Lindsay Vrooman, Indiana, 2/18/12

100-YARD BACKSTROKE

52.35 Tess Behrens, Minnesota, 2/17/12

200-YARD BACKSTROKE

1:52.68 Sam Corea, Denver, 12/7/14

100-YARD BREASTSTROKE

58.76 Emily McClellan, Wisconsin Milwaukee, 12/7/13

200-YARD BREASTSTROKE

2:05.85 Emma Reaney, Notre Dame, 12/8/13

100-YARD BUTTERFLY

52.25 Mackenzie Powers, Penn State, 2/17/12

200-YARD BUTTERFLY

1:56.35 Shannon Draves, Ohio State, 2/18/12

200-YARD INDIVIDUAL MEDLEY

1:55.18 Emma Reaney, Notre Dame, 12/6/13

400-YARD INDIVIDUAL MEDLEY

4:01.41 Allysa Vavra, Indiana, 2/17/12

200-YARD FREESTYLE RELAY

1:28.46 Thompson, Martin, Palm, Martin, Wisconsin, 2/16/12

400-YARD FREESTYLE RELAY

3:16.12 Palser, Thomas, Pulos, Whitmire, Penn State, 2/18/12

800-YARD FREESTYLE RELAY

7:00.82 Strumbel, Vrooman, White, Farrell, Indiana, 2/15/12

200-YARD MEDLEY RELAY

1:37.34 Osten, Wanland, Palm, Thompson, Wisconsin, 2/15/12

400-YARD MEDLEY RELAY

3:33.50 Whitmire, Krawczyk, Powers, Palser, Penn State, 2/17/12

1-METER DIVING

360.65 Bianca Alvarez, Ohio State, 2/16/12

3-METER DIVING

410.65 Bianca Alvarez, Ohio State, 2/17/11

PLATFORM DIVING

373.20 Samantha Bromberg, OSDC, 8/14/13

50 FREESTYLE

- Ryan Phelan, 2012 19.52
- Dave Kohmetscher, 1989 19.66
- Tom Williams, 1986 19.67
- Duncan Partridge, 2012 19.68
- Paul Gordon, 2012 19.71
- Krzysztof Cwalina, 1993 19.74
- 7. Jackson Halsmer, 2014 19.91**
- Charles Holliday, 2016 19.97
- Matt Wood, 1983 19.99
- Jackson Allen, 2016 19.99

100 FREESTYLE

- Paul Gordon, 2012 43.22
- Ryan Phelan, 2012 43.31
- Duncan Partridge, 2011 43.56
- Conor Dwyer, 2009 43.67
- Krzysztof Cwalina, 1994 43.84
- 6. Jack Smith, 2016 43.86**
- Steve Grams, 1989 43.91
- 8. Matt Kamin, 2016 43.95**
- Matt Wood, 1983 43.96
- Matt Smith, 1993 44.02

200 FREESTYLE

- Artur Wojdat, 1990 1:33.41
- Paul Gordon, 2010 1:34.85
- Conor Dwyer, 2009 1:35.27
- Jordan Huff, 2012 1:35.87
- David Ernstsson, 2014 1:36.04
- Graeme Brewer, 1982 1:36.39
- Jay Glenn, 2001 1:36.39
- Chris Freeman, 2015 1:36.94
- Gavin Lilley, 1988 1:37.08
- Matt Smith, 1992 1:37.29

500 FREESTYLE

- Artur Wojdat, 1989 4:12.24
- Erik Bacon, 1987 4:20.78
- Graeme Brewer, 1982 4:20.80
- Nick Divan, 2009 4:21.15
- Tom Gawronski, 1989 4:21.21
- John Davey, 1986 4:21.27
- Manuel Belzer, 2011 4:21.48
- Conor Dwyer, 2009 4:22.35
- Gavin Lilley, 1988 4:22.42
- Paul Gordon, 2010 4:22.55

1,000 FREESTYLE

- Artur Wojdat, 1992 8:55.03
- Tomasz Gawronski, 1988 8:58.13
- 3. Chris Dawson, 2015 9:09.81**
- Gavin Lilley, 1988 9:10.46
- John Davey, 1985 9:12.23
- Manuel Belzer, 2011 9:12.29
- Ron McKeon, 1982 9:15.20
- Brett Naylor, 1980 9:16.59
- Erik Bacon, 1988 9:17.34
- James Lorys, 1983 9:19.30

1,650 FREESTYLE

- Artur Wojdat, 1991 14:42.06
- Manuel Belzer, 2012 15:03.20
- Tomasz Gawronski, 1991 15:04.96
- Gavin Lilley, 1988 15:10.28
- 5. Chris Dawson, 2015 15:12.17**
- Nick Divan, 2009 15:14.78
- Ron McKeon, 1981 15:16.48
- James Lorys, 1983 15:27.33
- Alan Hayes, 1985 15:30.19
- 10. Kyle Gannon, 2014 15:31.19**

100 BACKSTROKE

- Grant Betulius, 2015 45.56
- Dustin Rhoads, 2014 46.53
- 3. Kenneth Mende, 2016 47.19**
- Byron Butler, 2013 47.48
- Chris Freeman, 2015 47.68
- Andrew Parker, 2015 48.14
- Matt Smith, 1993 48.60
- Max Dittmer, 2010 48.75
- Kevin Velleca, 2004 48.86
- Nick Hinz, 2001 49.11

200 BACKSTROKE

- Grant Betulius, 2014 1:42.19
- Dustin Rhoads, 2014 1:42.94
- Byron Butler, 2013 1:43.59
- 4. Kenneth Mende, 2016 1:43.87**
- Andrew Parker, 2015 1:44.45
- Chris Freeman, 2015 1:44.52
- Thomas Rathbun, 2016 1:45.95
- Max Dittmer, 2011 1:46.08
- Wil Whaley, 2008 1:46.11
- Matt Smith, 1992 1:46.30

100 BREASTSTROKE

- Roman Trussov, 2016 52.17
- Andrew Marciniak, 2014 53.58
- Dragos Agache, 2007 53.77
- Mike Nelson, 2013 53.91
- Korey Schneider, 2013 54.08
- Nick Zito, 2014 54.12
- Quillan Oak, 2013 54.31
- Tyler Nichols, 2016 54.46
- Marco Minonne, 1998 54.80
- Andrei Prada, 2002 54.91

200 BREASTSTROKE

- Roman Trussov, 2015 1:54.57
- Andrew Marciniak, 2013 1:55.89
- Dragos Agache, 2007 1:58.40
- Rob Leyshon, 1991 1:58.43
- Quillan Oak, 2013 1:58.58
- Mike Nelson, 2015 1:59.16
- Tyler Nichols, 2016 1:59.33
- Marco Minonne, 1998 1:59.44
- Kyle Noser, 2013 1:59.85
- Sean Hagan, 2010 1:59.88

100 BUTTERFLY

- 1. Jerzy Twarowski, 2014 46.70**
- Byron Butler, 2013 47.05
- Chris Freeman, 2015 47.29
- Rafal Szukala, 1994 47.43
- Jackson Allen, 2014 47.57
- Ales Abersek, 2000 47.68
- Marc Long, 1988 47.93
- 8. RJ Hemmingson, 2015 48.00**
- Mitch Taylor, 2013 48.08
- Dustin Rhoads, 2014 48.13

200 BUTTERFLY

- 1. Jerzy Twarowski, 2014 1:44.00**
- Rafal Szukala, 1992 1:44.73
- Ales Abersek, 2000 1:44.93
- John Davey, 1988 1:46.30
- Tyler Lentz, 2012 1:46.60
- Mike Johnson, 1990 1:47.05
- Mariusz Muras, 2004 1:47.73
- Jason Snider, 2002 1:47.76
- Charlie Roberts, 1981 1:48.25
- Byron Butler, 2013 1:48.27

200 INDIVIDUAL MEDLEY

- Tyler Lentz, 2013 1:46.15
- Sean Hagan, 2010 1:47.73
- Kyle Noser, 2012 1:47.85
- Nick Zito, 2013 1:47.88
- John Davey, 1988 1:48.02
- Chris Freeman, 2014 1:49.03
- Max Dittmer, 2009 1:49.10
- 8. Kenneth Mende, 2016 1:49.12**
- Quillan Oak, 2013 1:49.15
- Roman Trussov, 2015 1:49.18

400 INDIVIDUAL MEDLEY

- Tyler Lentz, 2012 3:47.65
- John Davey, 1986 3:47.88
- Kyle Noser, 2012 3:50.59
- 4. Chris Dawson, 2016 3:52.14**
- Marko Milenkovic, 2001 3:53.11
- Donny Warren, 2010 3:54.68
- Erik Marchitell, 1993 3:54.72
- Trevor Haley, 2004 3:55.93
- Avi Mednick, 2000 3:56.73
- Nick Zito, 2013 3:57.29

1-METER DIVING (6)

- 1. Will Brenner, 2015 365.00**
- Timo Klami, 2004 358.28
- Randy Ableman, 1981 355.60
- Osvel Molina, 2011 354.10
- Tete Gil, 1997 351.68
- 6. Brandis Heffner, 2015 341.55**
- Addison Boschult, 2015 334.43
- F. Van Dijkhuizen, 2008 333.60
- Greg Forster, 2014 332.18
- Andrew Hull, 2015 332.25

1-METER DIVING (11)

- Timo Klami, 2003 625.60
- Simon Chrisander, 1999 552.45
- Tete Gil, 1996 547.40
- B.J. Blair, 1992 546.65
- Vico Hidalgo, 1996 537.85
- Randy Ableman, 1981 515.80
- Jeff Stein, 1996 503.15
- Brad Virkler, 1999 489.20

3-METER DIVING (6)

- Randy Ableman, 1981 448.20
- Timo Klami, 2003 389.10
- F. Van Dijkhuizen, 2009 379.30
- Addison Boschult, 2014 368.60
- 5. Brandis Heffner, 2015 366.90**
- Vico Hidalgo, 1995 361.80
- Ira Stein, 1986 350.78
- Michael Gilligan, 2009 348.15
- Tete Gil, 1997 348.08
- Andrew Hull, 2015 346.25

3-METER DIVING (11)

- Timo Klami, 2004 608.15
- Simon Chrisander, 1998 607.70
- Randy Ableman, 1981 588.70
- Tete Gil, 1996 576.45
- B.J. Blair, 1991 556.95
- Vico Hidalgo, 1996 544.60
- Brad Virkler, 1999 533.30
- Tomasz Rossa, 1989 533.10
- Roberto Gutierrez, 2002 531.10
- Glen Gallemmo, 1985 505.50

PLATFORM DIVING (6)

- Addison Boschult, 2015 409.20
- Andrew Hull, 2015 339.25
- Michael Gilligan, 2009 335.45
- Osvel Monlina, 2011 354.15
- 5. Matt Mauser, 2015 291.55**
- 6. Will Brenner, 2015 280.65**

PLATFORM DIVING (11)

- B.J. Blair, 1991 628.90
- Robert Gutierrez, 2003 498.40
- Simon Chrisander, 2002 487.10
- Timo Klami, 2002 464.85

IOWA RELAYS

200 FREE RELAY

- Phelan, Sesto, Partridge, Gordon, 2012 1:17.61
- Phelan, Partridge, Gordon, Huff, 2011 1:18.28
- Phelan, Gordon, Partridge, Huff, 2011 1:18.81
- J. Allen, **Smith**, Holliday, **Farnum**, 2016 1:18.72
- Cwalina, Szukala, **Smith**, Kirch, 1993 1:18.95
- Cwalina, Schnulle, Mulligan, Szukala, 1995 1:19.02
- Grams, Kohmetscher, Long, Kellner, 1989 1:19.04
- Phelan, Partridge, Hagan, Huff, 2010 1:19.26
- Halsmer**, Betulius, Holliday, **Farnum**, 2015 1:19.38
- J. Allen, **Halsmer**, **Smith**, **Farnum**, 2015 1:19.58

400 FREE RELAY

- Partridge, Phelan, Huff, Gordon, 2012 2:52.53
- Partridge, Phelan, Huff, Gordon, 2011 2:53.50
- Cwalina, Mulligan, Stoppenhagen, Szukala, 1994 2:54.43
- Partridge, Huff, Phelan, Gordon, 2011 2:54.78
- Cwalina, Mulligan, n/a, Szukala, 1994 2:55.08
- Dwyer, Partridge, Phelan, Gordon, 2009 2:55.19
- Halsmer**, J. Allen, Ernstsson, Betulius, 2014 2:55.44
- Szukala, Mulligan, Marchitell, Cwalina, 1995 2:55.79
- Ernstsson, Huff, Donatelli, Betulius, 2013 2:56.07
- Gordon, Partridge, Phelan, Huff, 2010 2:56.20

800 FREE RELAY

- Huff, Ernstsson, Sesto, Betulius, 2013 6:26.79
- Gordon, Huff, Partridge, Dittmer, 2011 6:27.36
- Huff, Gordon, Partridge, Farris, 2010 6:27.66
- Smith**, Ernstsson, **Kamin**, **Gannon**, 2016 6:27.83
- Gordon, Partridge, Weigand, Huff, 2012 6:28.59
- Stoppenhagen, Gawronski, Wojdat, Carroll, 1991 6:29.40
- Gawronski, Carroll, Wojdat, Johnson, 1991 6:29.42
- Freeman, Ernstsson, Betulius, **Twarowski**, 2015 6:29.57
- Huff, Ernstsson, Butler, Betulius, 2013 6:29.96
- Davey, Lilley, Wilson, Bacon, 1988 6:30.11

200 MEDLEY RELAY

- Betulius, Trussov, **Twarowski**, **Halsmer**, 2015 1:25.53
- Betulius, Schneider, Butler, Huff, 2013 1:25.82
- Mende**, Trussov, **Twarowski**, **Smith**, 2016 1:25.67
- Betulius, Marciniak, Rhoads, Sesto, 2014 1:26.33
- Betulius, Marciniak, Butler, Huff, 2013 1:26.42
- Rhoads, Schneider, Gordon, Phelan, 2012 1:27.16
- Betulius, Trussov, Rhoads, Ernstsson, 2013 1:27.29
- Betulius, Trussov, Butler, Ernstsson, 2012 1:27.81
- Rhoads, Hagan, Gordon, Phelan, 2011 1:28.45
- Mende**, Trussov, J. Allen, **Smith**, 2016 1:28.56

400 MEDLEY RELAY

- Mende**, Trussov, **Twarowski**, **Smith**, 2016 3:07.83
- Betulius, Trussov, **Twarowski**, **Halsmer**, 2015 3:08.56
- Betulius, Marciniak, Butler, Huff, 2013 3:09.66
- Betulius, Trussov, Butler, Huff, 2013 3:10.18
- Betulius, Marciniak, Rhoads, Ernstsson, 2013 3:10.58
- Betulius, Marciniak, Rhoads, Sesto, 2014 3:11.15
- Rhoads, Marciniak, Betulius, Sesto, 2013 3:11.38
- Betulius, Marciniak, Butler, Partridge, 2012 3:11.87
- Betulius, Trussov, Butler, Huff, 2012 3:12.71
- Rhoads, Hagan, Gordon, Partridge, 2011 3:14.12



50 FREESTYLE

1. **Emma Sougstad, 2015** **22.63**
2. Olivia Kabacinski, 2014..... 22.70
3. Elise Borja, 2014..... 22.96
4. Stacey Wertz, 2000..... 23.08
5. **Meghan Lavelle, 2015**..... **23.12**
6. Danielle Carty, 2011..... 23.17
7. Julie deBruin, 2008..... 23.18
8. Heather Arseth, 2013..... 23.25
9. Allison Lyle, 2002..... 23.27
10. Colleen Thome, 1991..... 23.28

100 FREESTYLE

1. Olivia Kabacinski, 2014..... 49.61
2. Christine Kuczek, 2008..... 50.21
3. Danielle Carty, 2012..... 50.26
4. Elise Borja, 2014..... 50.45
5. **Emma Sougstad, 2016** **50.47**
6. Emily Hovren, 2012..... 50.51
7. Heather Arseth, 2013..... 50.54
8. Jennifer Skolaski, 2005..... 50.56
9. **Nikol Lagodzinska, 2015** **50.60**
10. Stacey Wertz, 2001..... 50.79
- Daniela Cubelic, 2009..... 50.79
- Katarina Tour, 2011..... 50.79

200 FREESTYLE

1. Becky Stoughton, 2015..... 1:45.47
2. Olivia Kabacinski, 2014..... 1:46.68
3. Verity Hicks, 2010..... 1:48.93
4. Emily Hovren, 2014..... 1:48.93
5. Jennifer Skolaski, 2004..... 1:49.07
6. Lindsay Seemann, 2014..... 1:49.13
7. **Serena Wanasek, 2015**..... **1:49.20**
8. Christie Hooper, 2002..... 1:49.43
9. Melissa Loehndorf, 2001..... 1:49.77
10. Christine Kuczek, 2009..... 1:49.92

500 FREESTYLE

1. Becky Stoughton, 2015..... 4:39.76
2. Lindsay Seemann, 2013..... 4:45.86
3. Melissa Loehndorf, 2000..... 4:47.21
4. Jennifer Skolaski, 2003..... 4:48.20
5. Jane Keating, 1987..... 4:50.45
6. Ileana Buciu, 1998..... 4:51.78
7. **Abbey Schneider, 2015** **4:53.32**
8. Ashley Dell, 2008..... 4:53.69
9. Verity Hicks, 2009..... 4:53.94
10. Shelly Miyamoto, 1993..... 4:55.94

1,000 FREESTYLE

1. Becky Stoughton, 2011..... 9:39.44
2. Melissa Loehndorf, 2001..... 9:55.59
3. Jennifer Skolaski, 2002..... 9:58.53
4. Jane Keating, 1984..... 9:58.63
5. **Abbey Schneider, 2015** **10:03.34**
6. Angie Todd, 1990..... 10:04.30
7. Ileana Buciu, 1998..... 10:06.38
8. Lauren Eytalis, 2010..... 10:08.54
9. Christie Hooper, 2002..... 10:09.39
10. Hillary Weigand, 2014..... 10:09.79

1,650 FREESTYLE

1. Becky Stoughton, 2015..... 15:57.43
2. Melissa Loehndorf, 2001..... 16:27.91
3. Jennifer Skolaski, 2002..... 16:32.30
4. Jane Keating, 1986..... 16:35.02
5. Angie Todd, 1991..... 16:37.96
6. Ashley Dell, 2008..... 16:45.29
7. Ileana Buciu, 1997..... 16:46.25
8. **Abbey Schneider, 2015** **16:48.14**
9. Hillary Weigand, 2015..... 16:49.18
10. Lauren Eytalis, 2010..... 17:04.42

100 BACKSTROKE

1. Daniela Cubelic, 2012..... 53.63
2. **Meghan Lavelle, 2016**..... **53.63**
3. Lindsay Seemann, 2014..... 54.05
4. Danielle Carty, 2012..... 54.25
5. Jennifer Skolaski, 2003..... 54.34
6. Allie Orvis, 2015..... 54.43
7. Heather Arseth, 2013..... 54.55
8. Rowan Hauber, 2014..... 54.94
9. Alison Gschwend, 2008..... 55.39
10. Kelly Werner, 2006..... 55.53

200 BACKSTROKE

1. Lindsay Seemann, 2013..... 1:56.49
2. **Meghan Lavelle, 2016**..... **1:57.28**
3. Jennifer Skolaski, 2004..... 1:57.51
4. Becky Stoughton, 2012..... 1:58.38
5. Allie Orvis, 2015..... 1:58.50
6. Daniela Cubelic, 2010..... 1:58.87
7. Rowan Hauber, 2014..... 1:59.68
8. Loredana Zisu, 2000..... 2:00.67
9. Kelly Werner, 2005..... 2:00.69
10. Alison Gschwend, 2009..... 2:01.61

1000 BREASTSTROKE

1. **Emma Sougstad, 2016** **59.00**
2. Olivia Kabacinski, 2014..... 1:01.36
3. Katarina Tour, 2009..... 1:01.45
4. Karolina Wartalowicz, 2014..... 1:02.06
5. **Shea Hoyt, 2015** **1:02.35**
6. Allison Lyle, 2002..... 1:02.43
7. Colleen Champa, 2014..... 1:02.48
8. Andrea Pennington, 2000..... 1:03.46
9. Julie Feingold, 2010..... 1:03.76
10. Hannah Maher, 2011..... 1:03.88

200 BREASTSTROKE

1. **Emma Sougstad, 2016** **2:10.81**
2. Allison Lyle, 2002..... 2:11.92
3. Colleen Champa, 2014..... 2:12.71
4. Karolina Wartalowicz, 2014..... 2:13.33
5. **Shea Hoyt, 2016** **2:15.10**
6. Alisha Stitts, 1999..... 2:18.19
7. Hannah Maher, 2015..... 2:18.32
8. Andrea Pennington, 1999..... 2:19.08
9. Louise Keogh, 1990..... 2:19.22
10. **Devin Jacobs, 2015** **2:19.38**

100 BUTTERFLY

1. **Kelly McNamara, 2015** **53.90**
2. **Carly O'Brien, 2015**..... **54.54**
3. Haley Gordon, 2014..... 54.58
4. Katarina Tour, 2009..... 54.61
5. Abbey Tuchscherer, 2012..... 54.67
6. **Mekenna Scheitlin, 2015** **54.84**
7. **Tereysa Lehnertz, 2015**..... **54.91**
8. Aiste Dobrovolskaite, 2011..... 55.10
9. Audrey Kumm, 2012..... 55.28
10. Ashley Horodyski, 2015..... 55.38

200 BUTTERFLY

1. Becky Stoughton, 2015..... 1:58.28
2. **Tereysa Lehnertz, 2014**..... **1:59.22**
3. Melissa Loehndorf, 2001..... 2:00.14
4. Abbey Tuchscherer, 2011..... 2:01.17
5. Loredana Zisu, 1998..... 2:01.71
6. Margie Chamberlin, 2007..... 2:02.24
7. Haley Gordon, 2012..... 2:02.67
8. Laura Mozden, 2009..... 2:02.86
9. Pamela Breitrick, 2015..... 2:03.16
10. Katie Michelau, 2009..... 2:03.66

200 INDIVIDUAL MEDLEY

1. **Emma Sougstad, 2016**..... **1:57.55**
2. Emily Hovren, 2013..... 2:00.42
3. Katarina Tour, 2009..... 2:01.33
4. Allie Orvis, 2014..... 2:01.76
5. Colleen Champa, 2014..... 2:02.19
6. Jennifer Skolaski, 2005..... 2:02.93
7. Haley Gordon, 2010..... 2:03.05
8. Karolina Wartalowicz, 2014..... 2:03.19
9. Allison Lyle, 2002..... 2:03.48
10. Becky Stoughton, 2011..... 2:03.70

400 INDIVIDUAL MEDLEY

1. Becky Stoughton, 2012..... 4:12.34
2. Lindsay Seemann, 2013..... 4:15.00
3. Jennifer Skolaski, 2003..... 4:20.14
4. Melissa Loehndorf, 1999..... 4:20.65
5. **Devin Jacobs, 2015** **4:21.19**
6. Colleen Champa, 2014..... 4:21.20
7. Pamela Breitrick, 2014..... 4:21.51
8. Haley Gordon, 2010..... 4:22.04
9. **Abbey Schneider, 2015** **4:23.53**
10. Loredana Zisu, 1998..... 4:24.26

1-METER DIVING (6)

1. Deidre Freeman, 2011..... 338.55
2. Lisette Planken, 2005..... 326.55
3. Veronica Rydze, 2012..... 325.28
4. Nancilea Underwood, 2006..... 322.75
5. Joelle Christy, 2013..... 319.45
6. Terri Millmier, 1988..... 315.60
7. Abby Grilli, 2014..... 306.70
8. Lauren Kelba, 2013..... 299.85
9. **Morgan Rafferty, 2016**..... **296.02**
10. Katy Ketoff, 1992..... 294.60

1-METER DIVING (10)

1. Katy Ketoff, 1992..... 407.20
2. Kim Yager, 1991..... 433.55

1-METER DIVING (11)

1. Lisette Planken, 2003..... 583.55
2. Nancilea Underwood, 2003..... 541.55
3. Teresa Millmier, 1989..... 476.90
4. Kelly Johnson, 1986..... 466.62
5. Diane Goldsworthy, 1984..... 439.55
6. Kelly Johnson, 1983..... 431.10
7. Kelly McCready, 1996..... 413.75
8. Jessica Riccobono, 1994..... 413.45
9. Anne Bowers, 1982..... 399.10
10. Kelly McCready, 1994..... 394.70

1-METER DIVING (12)

1. Nancilea Underwood, 2006..... 626.95
2. Kim Yager, 1991..... 433.55

3-METER DIVING (6)

1. Deidre Freeman, 2011..... 407.40
2. Nancilea Underwood, 2006..... 400.05
3. Veronica Rydze, 2011..... 358.45
4. Abby Grilli, 2013..... 354.10
5. Lauren Kelba, 2015..... 332.17
5. Lisette Planken, 2005..... 332.03
7. Joelle Christy, 2013..... 327.08
8. Katy Ketoff, 1991..... 315.60
9. Kelly Johnson, 1986..... 314.70
10. **Lydia Lehnert, 2015** **312.00**

3-METER DIVING (11)

1. Nancilea Underwood, 2003..... 564.60
2. Lisette Planken, 2003..... 561.25
3. Kelly Johnson, 1986..... 494.65
4. Katy Ketoff, 1992..... 489.90
5. Sara Wolchko, 2001..... 480.50
6. Diane Goldworthy, 1985..... 478.44
7. Kelly McCready, 1994..... 477.35
8. Terri Millmier, 1988..... 476.90
9. Jessica Riccobono, 1995..... 472.69
10. Ann Bowers, 1982..... 463.80

3-METER DIVING (12)

1. Nancilea Underwood, 2006..... 658.30

PLATFORM DIVING (11)

1. Laura Maldonado, 1999..... 497.89
2. Katy Ketoff, 1991..... 445.67
3. Kelly McCready, 1996..... 437.95

PLATFORM DIVING (5)

1. **Lydia Lehnert, 2015** **312.20**
2. **Calli Head, 2016** **312.20**
3. Joelle Christy, 2013..... 234.75
4. Lauren Kelba, 2015..... 230.2

IOWA RELAYS

200 FREESTYLE RELAY

1. Kabacinski, **Sougstad, Lavelle, Scheitlin**, 2015 ... 1:30.96
2. **Sougstad**, Kabacinski, **Scheitlin, McNamara**, 2015:1:31.52
3. Carty, Arseth, Cubelic, Hovren, 2012..... 1:31.68
4. Kabacinski, Arseth, Tuchscherer, Orvis, 2013..... 1:31.73
5. **Sougstad**, Kabacinski, **Scheitlin, O'Brien**, 2016 ... 1:31.84
6. Kabacinski, Borja, **Sougstad**, Orvis, 2014..... 1:31.93
7. Kabacinski, **Sougstad, Lagodzinska, Flummerfelt**, 2016... 1:32.26
8. Kuczek, deBruin, Cubelic, Gschwend, 2009..... 1:32.37
9. Kabacinski, Hofstadter, **Sougstad**, Borja, 2014..... 1:32.50
10. Kabacinski, Arseth, Borja, Bro, 2013..... 1:32.90

400 FREESTYLE RELAY

1. Kabacinski, **Sougstad, Lagodzinska, O'Brien**, 2015..... 3:20.58
2. Kabacinski, Borja, Hovren, Seemann, 2014..... 3:21.07
3. Cubelic, Kuczek, Tour, Gschwend, 2009..... 3:21.27
4. Kabacinski, **Sougstad, Lavelle, Scheitlin**, 2015 ... 3:21.34
5. **Sougstad**, Kabacinski, **Lavelle, O'Brien**, 2016 3:21.55
6. Carty, Hovren, Cubelic, Stoughton, 2012..... 3:21.66
7. Kabacinski, **O'Brien, Lagodzinski, Lehnertz**, 2014..... 3:22.04
8. **Lavelle, Lagodzinski, Sougstad, O'Brien**, 2014..... 3:22.26
9. Hovren, Kabacinski, Tuchscherer, Seemann, 2013..... 3:22.31
10. Kuczek, deBruin, Tour, Gschwend, 2008..... 3:22.52

800 FREESTYLE RELAY

1. Kabacinski, Hovren, Stoughton, Seemann, 2014..... 7:12.49
2. Stoughton, Kabacinski, **Wanasek, Lagodzinska**, 2015 ... 7:12.86
3. Hovren, Stoughton, Seemann, Kabacinski, 2013..... 7:14.99
4. Skolaski, Hooper, Eustis, VanKeulen, 2004..... 7:18.90
5. Stoughton, Hovren, Maher, Cubelic, 2012..... 7:20.29
6. Kabacinski, Seemann, **Wanasek**, Stoughton, 2014... 7:20.52
7. Kabacinski, **Wanasek**, Weigand, **O'Brien**, 2016..... 7:20.79
8. Kuczek, Hicks, Gschwend, Cubelic, 2009..... 7:21.08
9. **Wanasek**, Kabacinski, Weigand, **Lagodzinska**, 2015 .. 7:21.41
10. Loehndorf, Hooper, Schwartz, Zisu, 2001..... 7:22.52

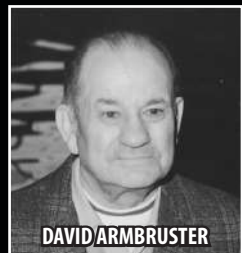
200 MEDLEY RELAY

1. Orvis, **Sougstad, O'Brien**, Kabacinski, 2015..... 1:39.18
2. Orvis, **Sougstad, McNamara**, Kabacinski, 2016..... 1:39.27
3. Seemann, **Sougstad**, Tuchscherer, Borja, 2014..... 1:40.12
4. Hauber, **Sougstad, O'Brien**, Kabacinski, 2015..... 1:40.60
5. Arseth, Wartalowicz, Tuchscherer, Kabacinski, 2013..... 1:40.97
6. **Lavelle, Sougstad, Campbell**, Kabacinski, 2014..... 1:40.99
7. Carty, Tour, Cubelic, deBruin, 2009..... 1:41.33
8. Carty, Wartalowicz, Tuchscherer, Arseth, 2011..... 1:41.41
9. Carty, Wartalowicz, Gordon, Arseth, 2012..... 1:41.85
10. Carty, Tour, S. Borchers, Cubelic, 2010..... 1:42.12

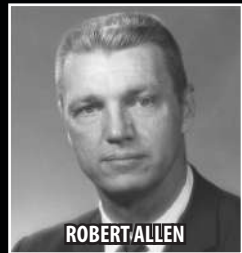
400 MEDLEY RELAY

1. **Lavelle, Sougstad, McNamara**, Kabacinski, 2016 3:36.72
2. **Lavelle, Sougstad, Lehnertz**, Stoughton, 2015 ... 3:38.68
3. Seemann, **Sougstad**, Gordon, Kabacinski, 2014..... 3:39.54
4. Cubelic, Wartalowicz, Tuchscherer, Carty, 2012..... 3:40.33
5. Hauber, **Sougstad, Campbell**, Kabacinski, 2014... 3:41.66
6. Cubelic, Tour, Dobrovolskaite, Hovren, 2011..... 3:41.87
7. Arseth, Wartalowicz, Tuchscherer, Kabacinski, 2013..... 3:42.52
8. Seemann, Wartalowicz, Gordon, Hovren, 2013..... 3:42.77
9. Skolaski, Lyle, Loehndorf, Strub, 2002..... 3:43.42
- Seemann, **Sougstad**, Gordon, Kabacinski, 2014..... 3:43.42

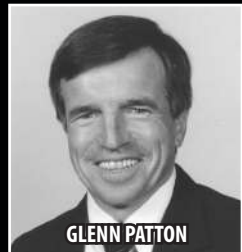




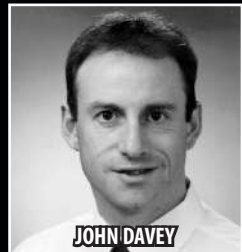
DAVID ARMBRUSTER



ROBERT ALLEN



GLENN PATTON



JOHN DAVEY



MARCLONG

YEAR.....	COACH.....	W-L-T.....	BIG TEN.....	NCAA.....
1917	David Armbruster	0-1-0	---	---
1918	no competition	---	---	---
1919	David Armbruster	0-0-0	5th	---
1920	David Armbruster	0-3-0	T-6th	---
1921	David Armbruster	0-4-0	7th	---
1922	David Armbruster	0-2-0	6th	---
1923	David Armbruster	1-2-0	8th	---
1924	David Armbruster	3-2-0	T-4th	---
1925	David Armbruster	2-2-0	T-5th	---
1926	David Armbruster	2-3-0	7th	---
1927	David Armbruster	0-6-0	T-7th	---
1928	David Armbruster	2-3-0	T-4th	---
1929	David Armbruster	4-2-0	T-6th	---
1930	David Armbruster	3-0-0	T-5th	---
1931	David Armbruster	3-2-0	T-2nd	---
1932	David Armbruster	1-1-0	3rd	---
1933	David Armbruster	3-3-0	5th	---
1934	David Armbruster	4-1-0	2nd	---
1935	David Armbruster	4-1-0	3rd	---
1936	David Armbruster	3-1-0	1st	---
1937	David Armbruster	5-1-1	3rd	5th
1938	David Armbruster	3-1-0	3rd	6th
1939	David Armbruster	3-2-0	T-4th	T-9th
1940	David Armbruster	5-1-0	4th	---
1941	David Armbruster	5-1-0	2nd	7th
1942	David Armbruster	3-2-0	5th	T-9th
1943	David Armbruster	2-2-0	4th	4th
1944	David Armbruster	0-2-1	6th	---
1945	David Armbruster	2-2-1	8th	T-12th
1946	David Armbruster	5-1-0	3rd	T-9th
1947	David Armbruster	5-2-0	3rd	7th
1948	David Armbruster	3-2-0	3rd	T-6th
1949	David Armbruster	4-1-0	2nd	2nd
1950	David Armbruster	3-3-0	3rd	3rd
1951	David Armbruster	4-3-0	5th	T-9th
1952	David Armbruster	5-1-0	4th	8th
1953	David Armbruster	3-3-0	4th	T-23rd
1954	David Armbruster	2-4-0	8th	T-22nd
1955	David Armbruster	4-3-0	3rd	T-7th
1956	David Armbruster	8-0-0	T-3rd	4th
1957	David Armbruster	4-3-0	8th	8th
1958	David Armbruster	4-3-0	4th	5th
1959	Robert Allen	4-4-0	5th	7th
1960	Robert Allen	3-3-0	5th	13th
1961	Robert Allen	4-3-0	6th	12th
1962	Robert Allen	4-4-0	7th	21st
1963	Robert Allen	0-8-0	9th	---

YEAR.....	COACH.....	W-L-T.....	BIG TEN.....	NCAA.....
1964	Robert Allen	3-5-0	8th	---
1965	Robert Allen	5-3-0	7th	---
1966	Robert Allen	6-3-0	8th	---
1967	Robert Allen	4-4-0	10th	---
1968	Robert Allen	4-4-1	10th	---
1969	Robert Allen	2-6-0	10th	---
1970	Robert Allen	5-8-0	9th	---
1971	Robert Allen	2-8-0	9th	---
1972	Robert Allen	5-7-0	10th	---
1973	Robert Allen	4-6-0	10th	---
1974	Robert Allen	3-7-0	10th	---
1975	Robert Allen	0-8-0	10th	---
1976	Glenn Patton	5-6-0	9th	---
1977	Glenn Patton	8-6-0	7th	---
1978	Glenn Patton	9-1-0	5th	24th
1979	Glenn Patton	7-2-0	4th	---
1980	Glenn Patton	8-0-0	3rd	22nd
1981	Glenn Patton	8-3-0	1st	10th
1982	Glenn Patton	5-5-0	1st	17th
1983	Glenn Patton	3-7-0	2nd	22nd
1984	Glenn Patton	12-2-0	2nd	23rd
1985	Glenn Patton	5-5-0	3rd	18th
1986	Glenn Patton	12-2-0	3rd	14th
1987	Glenn Patton	13-1-0	2nd	18th
1988	Glenn Patton	7-4-0	2nd	13th
1989	Glenn Patton	6-3-0	2nd	8th
1990	Glenn Patton	7-1-0	3rd	14th
1991	Glenn Patton	7-0-0	4th	12th
1992	Glenn Patton	6-2-0	5th	13th
1993	Glenn Patton	8-1-0	3rd	17th
1994	Glenn Patton	6-4-0	4th	17th
1995	Glenn Patton	8-0-0	3rd	13th
1996	Glenn Patton	4-1-0	5th	33rd
1997	Glenn Patton	7-4-0	8th	41st
1998	Glenn Patton	7-3-0	9th	33rd
1999	John Davey	3-8-0	9th	39th
2000	John Davey	2-6-0	8th	28th
2001	John Davey	0-5-0	9th	---
2002	John Davey	2-5-0	9th	---
2003	John Davey	3-5-0	9th	39th
2004	John Davey	8-4-0	9th	T-28th
2005	John Davey	3-10-0	10th	---
2006	Marc Long	3-6-0	9th	---
2007	Marc Long	5-6-0	9th	---
2008	Marc Long	3-4-0	9th	---
2009	Marc Long	7-1-0	9th	---
2010	Marc Long	10-1-0	6th	---

YEAR.....	COACH.....	W-L-T.....	BIG TEN.....	NCAA.....
2011	Marc Long	7-1-0	7th	35th
2012	Marc Long	7-2-0	5th	26th
2013	Marc Long	7-3-0	7th	32nd
2014	Marc Long	2-9-0	8th	---
2015	Marc Long	7-2-0	8th	35th
2016	Marc Long	6-3-0	7th	40th
Total		428-318-4		

OPPONENT	FIRST MTG.....	W-L-T
Alabama	1977	1-6-0
Arizona	2012	0-1-0
Army Air Forces	1944	0-0-1
Augustana	1970	2-0-0
Austin College	2012	1-0-0
Ball State	1996	1-0-0
Bowling Green	1998	1-0-0
Bradley	1976	8-0-0
California	1980	1-1-0
Carleton	1931	4-0-0
Chicago	1920	14-5-0
Chicago State	1977	3-0-0
Cincinnati	1998	1-0-0
Colorado	1970	1-0-0
Colorado College	2012	1-0-0
Denver	2009	2-0-0
Drake	1930	1-0-0
Drury	2007	1-0-0
Evansville	1966	1-0-0
Florida	1992	0-1-0
Grand Canyon	2016	0-1-0
Gustavus Adolphus	1934	1-0-0
Harvard	1988	1-0-0
Hawaii	1986	2-1-0
Illinois	1923	25-22-2
Illinois-Chicago	2006	1-1-0
Illinois State	1977	1-0-0
Illinois Tech	1945	1-0-0
Incarnate Word	2015	1-0-0
Indiana	1925	13-23-0
Iowa State	1917	18-14-0
Kansas	1961	6-1-0
Kansas State	1966	1-0-0
Louisville	2007	0-1-0
Louisiana State	1987	1-0-0
Michigan	1927	3-30-0
Michigan State	1950	13-22-0
Milwaukee AC	1942	1-0-0

OPPONENT	FIRST MTG.....	W-L-T
Minnesota	1920	40-50-0
Missouri	1967	7-5-0
Missouri State	2006	4-1-0
Monmouth	1969	1-0-0
Nazareth	2006	1-0-0
Nebraska	1930	16-11-0
Niagra	1998	1-0-0
N.E. Louisiana	1995	0-0-0
Northern Colorado	1972	1-0-0
Northern Illinois	1968	6-2-0
Northern Iowa	1972	14-1-0
Northern Michigan	1970	1-0-0
Northwestern	1920	43-27-1
Notre Dame	2005	6-2-0
Ohio State	1948	3-14-0
Penn State	1993	2-4-0
Purdue	1946	31-19-0
Saint Cloud State	2005	1-0-0
South Carolina	1984	2-0-0
South Dakota	2002	2-0-0
South Dakota State	2015	1-0-0
Southern Illinois	1982	9-9-0
SIU-Carbondale	1977	8-7-0
Stanford	1980	1-0-0
SW Minnesota	1974	3-0-0
Texas A&M	1987	2-0-0
Texas-Arlington	1978	1-0-0
Truman State	2003	8-0-0
USC	1983	0-1-0
Washington (Mo.)	1929	2-0-0
Western Illinois	1971	15-1-0
Western Michigan	1972	1-0-0
Wisconsin	1924	50-34-0
Wisconsin-Milwaukee	2006	3-0-0
Wyoming	1992	1-0-0

ALL-TIME MEN'S RESULTS

MEN'S YEAR-BY-YEAR RESULTS

Year	Coach	W-L-T
1974-75	Deborah Woodside	1-2-0
1975-76	Deborah Woodside	2-1-0
1976-77	Deborah Woodside	1-1-0
1977-78	Deborah Woodside	5-0-0
1978-79	Deborah Woodside	0-3-0
1979-80	Deborah Woodside	1-10-0
1980-81	Deborah Woodside	3-12-0
1981-82	Dr. Peter Kennedy	3-5-0
1982-83	Dr. Peter Kennedy	6-2-0
1983-84	Dr. Peter Kennedy	11-0-0
1984-85	Dr. Peter Kennedy	13-2-0
1985-86	Dr. Peter Kennedy	8-2-0
1986-87	Dr. Peter Kennedy	5-0-1
1987-88	Dr. Peter Kennedy	6-8-0
1988-89	Dr. Peter Kennedy	4-7-0
1989-90	Dr. Peter Kennedy	5-2-0
1990-91	Dr. Peter Kennedy	8-1-1
1991-92	Dr. Peter Kennedy	8-2-0
1992-93	Dr. Peter Kennedy	4-5-0
1993-94	Dr. Peter Kennedy	5-5-0
1994-95	Dr. Peter Kennedy	1-7-0
1995-96	Trish Meyer	2-6-0
1996-97	Mary Bolich	2-5-0
1997-98	Mary Bolich	6-4-0
1998-99	Mary Bolich	8-4-0
1999-00	Mary Bolich	5-4-0
2000-01	Garland O'Keefe	5-7-0
2001-02	Garland O'Keefe	5-5-0
2002-03	Garland O'Keefe	8-4-0
2003-04	Garland O'Keefe	3-7-0
2004-05	Marc Long	5-4-0
2005-06	Marc Long	8-6-0
2006-07	Marc Long	6-6-0
2007-08	Marc Long	5-7-0
2008-09	Marc Long	7-4-0
2009-10	Marc Long	8-4-0
2010-11	Marc Long	5-7-0
2011-12	Marc Long	10-6-0
2012-13	Marc Long	8-2-0
2013-14	Marc Long	9-5-0
2014-15	Marc Long	7-4-0
2015-16	Marc Long	8-3-0
Total		222-178-2

Big 10	Big 10	NCAA	NCAA	All-	Academic
Place	Champs	Place	Qualifiers	Americans	All-Big 10
9th	0	—	1	0	
10th	0	—	0	0	
8th	0	—	2	1	
5th	0	—	6	1	
10th	0	—	0	0	
8th	0	—	5	1	
9th	0	—	3	1	
8th	0	—	8	6	
4th	1	T-31st	2	1	
3rd	1	26th	9	1	0^
3rd	3	26th	10	8	0
T-2nd	8	39th	8	4	0
10th	0	—	1	1	5
7th	0	—	5	1	7
7th	0	—	3	0	9
7th	1	—	3	0	7
6th	0	42nd	5	1	11
7th	0	—	1	1	15
7th	0	—	8	0	13
9th	0	—	2	0	7
11th	0	—	0	0	5
11th	0	—	0	0	6
10th	0	—	0	0	5
7th	0	—	0	0	9
7th	0	—	2	1	12
8th	1	—	1	1	13
8th	1	40th	2	2	6
7th	0	35th	2	1	5
8th	0	20th	3	3	12
9th	0	—	1	0	12
8th	0	23rd	2	2	14
10th	0	27th	2	2	8
10th	0	—	0	0	7
9th	0	—	0	0	10
9th	0	—	0	0	14
9th	0	—	0	0	14
9th	0	T-30th	2	2	11
9th	0	37th	2	1	16
10th	0	—	0	0	17
8th	0	—	0	0	19
8th	1	38th	4	2	15
11th	0	38th	3	1	15
Total	17	117*	45	307	

*Twelve (12) student-athletes qualified for the NCAA Championships before the University of Iowa officially recognized the sport of women's swimming and diving.
 ^The 1983-84 season was the first year the Big Ten awarded Academic All-Big Ten honors.



DEBORAH WOODSIDE



DR. PETER KENNEDY



TRISH MEYER



MARY BOLICH



GARLAND O'KEEFE

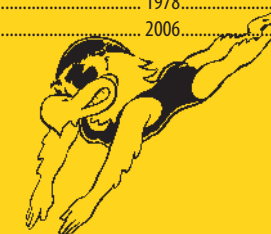


MARC LONG

ALL-TIME WOMEN'S RESULTS

OPPONENT	FIRST MTG.	W-L-T
Alabama	1981	0-1-0
Alaska	1985	1-0-0
Arizona	2012	0-1-0
Austin College	2012	1-0-0
Brigham Young	1990	1-0-0
Colorado College	2012	1-0-0
Denver	2009	1-1-0
Drury	2003	2-0-0
Etobicoke	1988	0-1-0
Grand Canyon	2016	1-0-0
Grinnell	1976	2-0-0
Hawaii	1988	8-1-0
Harvard	2012	1-0-0
Houston	1981	0-1-0
Illinois	1976	15-13-0
Illinois-Chicago	2006	2-0-0
Illinois State	1977	21-1-0
Incarnate Word	2015	1-0-0
Indiana	1987	4-10-1
Iowa State	1979	27-11-0
IUPUI Swim Club	1984	1-0-0
Kansas	2000	4-2-0
Kansas State	1975	0-1-0
Louisville	2007	0-1-0
Miami (Ohio)	2002	1-0-0
Michigan	1986	2-7-0
Michigan State	1981	13-7-0
Minnesota	1977	6-28-1
Missouri	1981	5-7-0
Missouri State	2006	2-0-0
Nazareth	2006	1-0-0

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Nebraska	1975	6-7-0
Nevada-Reno	2008	0-1-0
New Mexico State	2012	1-0-0
Northern Arizona	2012	1-0-0
Northern Illinois	1981	12-0-0
Northern Iowa	1975	17-1-0
Northwestern	1977	5-11-0
Notre Dame	2001	0-8-0
Ohio State	1985	7-6-0
Oklahoma	1981	0-1-0
Oregon State	2012	1-0-0
Pacific	1999	1-0-0
Penn State	1992	1-7-0
Purdue	1980	5-12-0
St. Cloud State	2005	1-0-0
South Dakota	2002	1-0-0
South Dakota State	2013	1-0-0
Southern Illinois	1978	3-5-0
Tippicannone Sw. Club	1984	1-0-0
Truman State	2002	9-0-0
Utah	1990	1-0-0
Villanova	1989	1-0-0
Western Illinois	1978	15-2-0
Wisconsin	1978	12-23-0
Wisconsin-Milwaukee	2006	3-0-0



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 Allard, Carl1971
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 Allen, Robert.....1936-38
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 Bohmann, Sarah*1997-98
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 Doss, Ken%1989-91
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 Fastabend, Mark.....1997-00
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 Gillberg, Alan1989-92

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 Gordon, Paul2009-12
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 Gram, Steve.....1987-89
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Hemmingsen, RJ.....2015-16
 Henry, Dale#1992-94
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 Heydt, Francis.....1938
 Hicklin, Mike1999
 Hickox, Warren1923-24
 Hildago, Jose1992-96
 Higgins, Albert (Bud)1952-54
 Hill, Bryan2008-11
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 Hines, Bradon.....1993-94
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 Hise, William1966-67
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 Hoegh, Leo A1929
 Hoffman, Harry1925
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 Hogan, Charles2011-12
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 Holcomb, Tyler.....1995-98
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 Holliday, Charles2013-16
 Holmwood, Donald1943
 Holzworth, Peter.....1983-84
 Homan, Merle1944
 Horst, Mike.....1965
 Hovenden, Todd1985
 Hovey, Maverick2013-16
 Huebner, Wayne A.1958
 Huff, Jordan.....2010-13
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Hull, Evan2015-16
 Hugo, Zane.....2008-11
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 Hurley, Allen1934
 Hurley, Mike#1977-80
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 Hutingner, Paul1947-50
 Hyman, Mike1987-89
 Jacobsmeyer, Adolph C.1934-36
 Jacobson, Mark1976
 Jacobson, Dr. Thomas1955-57
 Janss, Robert.....1932
 Jensen, Viggo1966-68
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 Johann, Albert1939
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 Jones, Brad.....2007-10
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 Kaminski, Ron1988-91
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 Dell, Cindy King*1978-79
 King, Frederick1926-28
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 Kirch, Eric1990-93
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 Korte, Robert1947, 49
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 Kryder, Ralph1967
 Kubat, Jeff2004-06
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 Lake, John1947-48
 Lake, Morse.....1925

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Lambert, John.....	1925-26
Lambert, Richard.....	1932
Landboe, Knute.....	1987-90
Lando, David.....	1928
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Lane, Seth.....	2013
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Larsen, Robert.....	1929-30
Latona, Peter.....	1947
Laughlin, Ralph.....	1962-64
Lehman Jr., Herman.....	1949-51
Leibbrand, Dan.....	1991-93
Lenert, Andrej.....	2005-08
Lentz, Tyler.....	2011-14
Leonard, Dr. J.P.....	1954
Leonard, Larry.....	1954
Levitski, Dale.....	1993-96
Levois, Maurice.....	1966-68
Levois, Michael.....	1963-65
Leyshon, Robert.....	1988-91
Liddle, Boyd.....	1929
Lilley, Gavin.....	1986-88
Linxwiler, John S.....	1986-88
Litzinger, Mike%.....	
Lloyd, Harvey.....	1929
Lobdell, Wentworth.....	1930-32
Loneragan, John.....	1998-01
Loftus, Joe.....	1996-97
Logan, Clyde.....	1960
Long, Marc.....	1987-89
Lopin, Vito.....	1941-43, 47
Lorys, James.....	1981-84
Lounsbury, Arthur.....	1941-43
Lowell, I. Allen.....	1930
Lower, Edward.....	1985-87
Lowry, Robert.....	1938
Lowry, William.....	1938
Lucas, Buddy.....	1952-56
Lullo, Robert.....	1975-78
Lureau, Joe.....	2002-05
Lutz, James.....	1926
Magnussen, Evan.....	1931
Maher, Michael.....	1983-84
Mahl, Chester.....	1933
Maine, Richard.....	1946-49
Mana, Keo.....	1951-53
Marble, Edwin.....	1926, 28
Marble, Dr. W.P.....	1925
Marchitell, Eric.....	1992-95

Marciniak, Andrew.....	2011-14
Markwalter, Bruce.....	1974
Markwalter, Thomas.....	1971-74
Marsh, Ken.....	1946-49
Marsh, Andrew.....	2014
Marshall, Charles.....	1967-69
Marshall, George.....	1967-69
Marshall, Jim.....	1979-80
Martin, Douglas.....	1970-72
Martin, Herbert.....	1951
Massey, Steve.....	1978-79
Massey, Wayne.....	1978-79
Matsu, Mike.....	1992-93
Matters, Robert.....	1947
Mattusch, Donald.....	1959
Matz, Eric.....	1961-62
Maulding, Matt.....	2000, 2002
Maurie, James.....	1962
Mauser, Matt.....	2015
Maxwell, Peter.....	1965
Mayes, Steve.....	1990
Mazur, David.....	2001-04
McCall, Brad.....	1973-75
McCarthy, Jim.....	1981-82
McClintock, James P.....	1933-35
McClintock, John.....	1925-27
McClintock, Phillips J.....	1933-35
McCloy, William.....	1932-33
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McCullough, James.....	1956
McCullough, William A.....	1923
McCune, Richard II.....	1969
McDonald, William.....	1947-48
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McNamee, DDS Robert.....	1959-60
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Medglia, Steve.....	2004
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Mednick, Avi.....	1997-00
Meeks, Devon.....	2011-13
Meers, Mark.....	1984-87
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Mend, Doug.....	1988-91
Mende, Kenneth.....	2016
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Nicholsen, Kathy*.....	1981-82
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Van Havern, Arthur.....	1946
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Wicklander, Andrew.....	1996-98
Wildblood, Lynn.....	1966
Wilkins, Chris*.....	1990-93
Willer, Jason.....	1997-00
Williams, Artie.....	1983-84
Williams, Koudy.....	
Williams, Rick.....	1986-89
Williams, Tom.....	1983-85
Willis, Marlin.....	1969
Wilson, Donald.....	1977-80
Wilson, Jack.....	1948, 50
Wilson, John.....	1987-90
Wilwerding, Doug.....	1982
Wisner, Scott.....	1979-82
Wojdat, Artur.....	1989-92
Wood, Matt.....	1981-83
Wood, Shannon.....	1973-76
Wright, Dr. Marvin.....	1930
Wyllie, Charles.....	1926
Yap, Anthony.....	1981-84
Yim, George.....	1951-52
Yocum, Daniel III.....	1966
Young, Matt.....	1990-93
Zakrzewski, Richard.....	1947
Zastrow, Keith.....	1958
Zingerman, Joel.....	
Zito, Nick.....	2014-15
Zschiegner, Roland.....	1988-91
Zukas, Anton.....	1934

* - manager, # - coach
% - graduate assistant

Acosta, Anna	1993-96
Alexander, Jane	1980-82
Allen, April	2010-13
Ambroze, Michelle	1976-78
Anderson, Becky	1986-90
Aramovich, Mary	1976-77
Arntzen, Ingrid	1976-78
Arseth, Heather	2012-13
Bagi, Michelle	2000-04
Baltes, Katelyn	2011
Barron, Kathleen	1978-80
Barron, Maureen	1976-79
Baty, Julie	1976-79
Bauernfeind, Paige	2010
Bayster, Rachael	1992-96
Beesley, Erin	1998-99
Belleson, Kristin	1993-97
Bensink, Emily	2005-06
Bindseil, Izzie	2015-16
Biskup, Lisa	1983-84
Blanchard, Marie	1986-88
Bogelt, Laura	1990-93
Bohan, Catherine	1982-86
Boosalis, Elaine	2012-15
Borchers, Grace	2010
Borchers, Sophie	2009-11
Borgelt, Laura	1990-94
Borja, Elise	2011-14
Botts, Haley (Mgr.)	2014-15
Bowers, Ann	1976-78, 1980-82
Brandenburg, Bernie	1984-88
Breitrick, Pamela	2012-15
Bro, Maddie	2013-16
Broad, Pam	1990-94
Brown, Rebecca	1979-80
Buciu, Ileana	1996-99
Burford, Karma	1975-76
Burkhardt, Dana	1996-99
Burkhardt, Marisa	1996-99
Bures, Katie	2004-05
Burton, Liane	1990-94
Butler, Amy	1983-84
Butler, Susan	1980-81
Cable, Becky	1989-91
Camp, Erin	1984-85
Campbell, Niamh	1993-97
Campbell, Summer	2015-16
Capin, Pam	1988-92
Carlyle, Caitlin	2008-11
Carty, Danielle	2009-12
Cason, Lori	1984-85

Ceschin, Marian	1975-79
Chamberlin, Margie	2007
Champa, Colleen	2013-16
Chess, Suzanne	1988-89
Christiansen, Babetta	1986-87
Christiansen, Emily	2011-13
Christy, Joelle	2012-15
Cochran, Erin	2002-05
Conley, Linda	1977-79
Conley, Nancy	1975-78
Connolly, Carolyn	1980-83
Cook, Olivia	2015-16
Coombs, Jill (Mgr.)	2004-05
Copin, Pam	1992-93
Cota, Jennifer	1992-96
Cotter, Sara	1995-98
Crow, Sherill	1989-93
Cubelic, Daniela	2009-12
Danielson, Sharon	1980-81
Davidsen, Dana	2009-10
Davies, Jennifer	1982-84
Davis, Jodi	1980-81, '82-83
DeAth, Jennifer	1991-95
DeBord, Frannie	1996-98
deBruin, Julie	2007-10
Decker, Kathleen	1988-92

Dempsey, Sheila	1987-89
Dickman, Barb	1984-88
Diers, Anne	2002
Dieterle, Christina	1984-88
Dobrovolskaite, Aiste	2012
Donovan, Martha	1979-80
Drennan, Lauren	2011-14
Duclos, Abby*	2012
Dull, Beth	1980-83
Dustin, Lynn	1993-97
Earls, Holly	1987-89
Eberhart, Melissa	1990-94
Eck, Christine	1989-93
Eicher, Debbie	1981-83
Eicher, Sarah Dee	1975-78
Eide, Kristen	2002-05
Enos, Rachel	1994-95
Eustis, Katelyn	2002-05
Eytalis, Lauren	2010-13
Feeley, Jennifer	1992-94
Feingold, Julie	2007-10
Fields, Regan	1998-99
Fish, Deborah	1977-80
Fisher, Melissa	1997-98
Flessner, Anna	2010-11
Flummerfelt, Taylor	2014-16

Gable, Molly	2002-05
Galvin, Sarah	2010
Gannon, Therese	1992-94
Garver, Lindsay	1995-96
Gaul, Mary Kay	1979-80
Gilleo, Stacie	1988-92
Girdley, Caitlin	2002-05
Golden, Tracy	1989-93
Goldsworthy, Diane	1982-86
Gordon, Haley	2011-14
Grams, Ellen	1996-97
Grasshof, Carolyn	1985-87
Graziano, Alicia	1998-99
Gregory, Melissa	1995-96
Grilli, Abby	2012-14
Groya, Gigi	2012-13
Gschwend, Alison	2006-09
Hackney, Misty	2005-08
Haeger, Emmy	2004-07
Haeger, Katie	2002-05
Hagenson, Susan	1982-84
Hall, Heather	2006-07
Hamling, Deborah	1986-91
Hansen, Meredith	1995-96
Harkness, Jennifer	1992-93
Harne, Teresa	1985-86
Harney, Brenda	1986-90
Hauber, Rowan	2015
Hayward, Dana	1985-87
Haunz, Lisa	1999-04
Head, Calli	2014-16
Helfter, Kendra	1985-87
Hemphill, Andrea	2003-06
Hibbard, Daylyn	1991-92
Hicks, Verity	2008-11
Higgs, Marlene	1985-86
Higgs, Roberta	1980-84
Hoefler, Emily	2006-07
Hofstadter, Maggie	2013-14
Hoff, Chelsea	2006
Holzwarth, Leah	1985-89
Homewood, Stephanie	1996-99
Hooper, Christie	2000-04
Horodyski, Ashley	2013-16
Hoshino, Sachiko	1995-96
Hovey, Lisa	1989-93
Hovren, Emily	2011-14
Franta, Juanita	1992-96
Freeman, Deidre	2007-09, 2011
Friedlund, Stacy	1989-93
Fuerste, Madelin	1988-89

Ivers, Megan	1995-96
Jacobs, Devin	2016
Jacques, Brandy	1992-93
Jager, Diane	1976-80
Janis, Elizabeth	1988-92
Jekel, Jo	2015-16
Jespersen, Nicole	1998-00
Johns, Stacia	2007-10
Johnson, Amanda	2008
Johnson, Kelly	1982-86
Jones, Kristen	1986-88
Judkins, Cheryl	1982-83
Juncker, Tracy	1999-93
Kabacinski, Olivia	2013-16
Kaduce, Amy	1993-95
Kalb, Laura	1979-80
Kaminski, Kristen	1991-93
Katz, Beth	1996-99
Keating-Vrasprier, Jane	1983-88
Kelba, Lauren	2011-13, 2015
Kelly, Karen	2003-06
Kelly, Mary	1982-83
Keogh, Louise	1986-90
Ketoff, Katy	1988-92
King, Cindy	1976-77
King, Denette	1980-84
Kirkland, Kay	1979-83
Klinkefus, Beth	1979-80
Klunk, Danielle	2012-13
Knapp, Jennifer	1992-96
Knebel, Amy	1989-90
Knebel, Ann	1988-90
Knippenburg, Jessica	1995-97
Kocovsky, Amanda	2012-13
Krone, Amy	1987-90
Koenig, Katie	2003-06
Kuczek, Christine	2007-10
Kumm, Audrey	2012-15
Kunemann, Sara	2003
Lagodzinska, Nikol	2015-16
Landowski, Marsha	1991-93
Lavelle, Meghan	2015-16
Lawler, Ashley	2008
Lawler, Mickenzie*	2011-12, 2014
Lee, Rachel	2008
Leehy, Lauren	2015-16
Leffler, Becca	2010
Lehnert, Lydia	2014-16
Hutchison, Nancy	1977-79
Lehnert, Tereysa	2015-16
Leigh, Hilary	2007-10
LeMay, Mary Sue	2010-11

Lent, Jennifer *	2009-12
Leuer, Linda	1980-84
Lewis, Meredith	1989-93
Lewman, Lyndsey	1995-99
Lieurance, Lorissa	1992-93
Lindeskog, Sophie	1984-87
Lindgren, Amy	1987-89
Lloyd, Allison	1983-87
Loehndorf, Melissa	1998-02
Logan, Brittany	2010
Loupee, Danette	1981-82
Lowry, Betsy	1976-77
Luellen, Katerine	1991-93
Lyle, Allison	1998-02
Lynch, Debbie	1987-91
MacBride, Elizabeth	1978, 1980-82
Madden, Sandy	1985-86
Maehl, Jennifer	1991-95
Maher, Hannah	2012-15
Maldonado, Laura	1999-02
Marshall, Kim	1981-85
Martin, Katie	2004-06
Mauro, Christine	2010-11
McCready, Kelly	1993-97
McGovern, Natalie	2016
McNamara, Kelly	2016
Meagher, Maribeth	1986-87
Mercer, Amy	1983-84
Meyer, Trish	1982-86
Michelau, Katie	2007-10
Millmier, Teresa	1985-89
Mills, Kristen	1993-94
Miner, Sarah	2012
Miyamoto, Shelley	1989-93
Moeller, Nancy	1975-76
Molzahn, Jackie	2000-04
Montgomery, Carol	1980-82
Morris, Margaret	1977-81
Morrison, Karen	1980-82
Moylan, Aimee	2006-09
Mozden, Laura	2007-10
Munn, Chris	1988-90
Murphy, Pieper	1979-80
Nackness, Jennifer	1992-93
Nauman, Vickie	1982-86
Neidhart, Shannon	1992-93
Nemmers, Nicole	2004-07
Neubauer, Kelsie	2008-11
Newgaard, Taylor	2011-14
Noah, Erica	2003-06
Nollau, Ann	1999-00

Oberheide, Jane	1978-80
Oboikovitz, Jill	1990-94
O'Brien, Carly	2015-16
Olsen, Wencke	1982-84
Olson, Miekka	1989-91
O'Toole, Emily	1992-93
Orvis, Allie	2013-16
Packer, Cristina	1991-92
Paolucci, Jennifer	1992-96
Parise, Megan	1998-99
Parker, Kathy	1975-76
Patterson, Dana	1993-94
Peiffer, Polly	1979-80
Pennington, Alison	1990-94
Pennington, Andrea	1997-00
Peterman, Barbara	1987-88
Peters, Pamela	1980-81
Peters, Susan	1983-84
Peterson, Dana	1993-96
Peterson, Kristin	1981-85
Petty, Erin	2004-07
Petty, Jennifer	1982-86
Pfeiffer, Ann	1983-87
Plankett, Lisette	2002-03, 2005
Plunkett, Darcie	1993-94
Polz, Caitie	2008-11
Pozzi, Lori	1982-84
Rafferty, Morgan	2015-16
Ramseyer, Vicki	1985-89
Redmond, Nicole	1993-96
Reif, Robin	1977-79
Rhodes, Mary	1992-95
Riccobono, Jessica	1993-97
Richson, Brianne	2011-2013
Ricks, Seon	1995-96
Roberts, Mary	1988-89
Rostoker, Wendy	1981-82
Rovane, Celeste	1975-77
Rydz, Veronica	2009-11
Samples, Robin	2004-07
Sanderson, Jeni	2003-06
Sarna, Jaclyn	2004-06
Schaaf, Margie	1983-85
Scheitlin, Mekenna	2015-16
Schmerbauch, Michele	2002
Swan, Jennifer	1987-89
Swanson, Kelly	1979-80
Sympson, Jennifer	1992-94
Tellschow, Kelly	1995-99
Tieglund, Angela	1994-95
Schulte, Mindy	2005-08



NANCILEA UNDERWOOD

Schwartz, Leah	2006-09
Schwartz, Rebecca	1997-00
Sebolt, Cathy	1980-81
Seemann, Lindsay	2013-14
Sentyrz, Michelle	1990-93
Shaver, Diana	1977-78
Sherman, Sandra	1975-79
Sidenstick, Holly	1975-77
Sievertsen, Meghan	2006-09
Silok, Stacey	2000-02
Sissler, Charlotte	1993-94
Skolaski, Jennifer	2002-05
Smetana, Andrea	1994-98
Smith, Dorothy	1981-82
Smith, Jennifer	1995-99
Smith, Lisa	1981-82
Sougstad, Emma	2014-16
Statham, Sonja	1993-97
Steger, Adrienne	1979-83
Stevens, Kim	1983-88
Stewart, Kerry	1979-83
Stiits, Alisha	1996-99
Stoughton, Becky	2012-15
Strauss, Jami	1993-95
Strub, Erin	2003
Sudek, Sherrie	1986-88
Swan, Jennifer	1987-89
Swanson, Kelly	1979-80
Sympson, Jennifer	1992-94
Tellschow, Kelly	1995-99
Tieglund, Angela	1994-95
Thomas, Jacintha	2016

Thomas, Michelle	1980-84
Thome, Colleen	1987-91
Thompson, Lisa	1977-78
Todd, Angela	1989-91
Tour, Katarina	2008-11
Treado, Jennifer	1990-91
Triebe, Nicole	2002
Tuchscherer, Abbey	2011-2014
Twomey, Rosemarie	1993-94
Underwood, Nancilea	2002-03, 05-06
Vaccaro, Nancy	1980-84
VanKeulen, Joyce	2004
Van Maaren, Abby	2002-05
VanVerst, Katie	1986-90
Vintila, Cristina	1996-99
Wagner, Darcie	1975-76
Wagner, Samantha	2013-16
Wallace, Kristin	1989-93
Walling, Sheri	1979-81
Wanasek, Serena	2014-16
Wartalowicz, Karolina	2011-2014
Weatherhead, Liz	1996-99
Weigand, Hillary	2012-15
Weigand, Jennifer	2013-16
Wells, Katie	2016
Wentzien, Jane	1988-89
Werner, Kelly	2003-06
Wertz, Stacey	1997-00
Wex, Nicki	2007-09
Whelan, Kathleen	1978-80
Wilcox, Karen	1979-80
Wildy, Stephanie	1988-89, 90-92
Wildmyer, Nicole	1990-94
Wilkinson, Holly	1994-96
Williams, Mary	1992-93
Willis, Laura	1977-78
Wilson, Ashley	2000-01
Wintz, Cheryl	1980-81
Wirth, Debra	1987-91
Wise, Kati	2000-01
Wolchko, Sarah	1997-00
Wonderlick, Angie	1983-84
Wright, Catherine	1977-78
Yager, Kim	1988-92
Yoder, Jennifer	1986-90
Zimmer, Tracy	1983-84
Zisu, Loredana	1997-00
Zwick, Lori	1980-82
Zywicke, Emily	1997-99

JENNIFER SKOLASKI



HOTELS/MOTELS

Alexis Park Inn and Suites, 1165 S. Riverside Drive, Iowa City	337-8665	Holiday Inn Express, 970 25th Ave., Coralville	625-5000
Amana Colonies Holiday Inn, I-80, Exit 225, Amana	688-1175	Holiday Inn, 1200 1st Ave., Coralville	351-5049
Americinn, 2597 Holiday Road, Coralville	625-2400	Homewood Suites by Hilton, 921 E. 2nd Ave., Coralville	338-3410
Baymont Inn & Suites, 200 6th Street, Coralville	337-9797	Hotel Vetro Studio Suites, 201 S. Linn St., Iowa City, IA	337-4961
Best Western Canterbury Inn, 704 1st Ave., Coralville	351-0400	Iowa House Hotel, 121 Iowa Memorial Union, Iowa City	335-3513
Big Ten Inn, 707 1st Ave., Coralville	351-6131	Marriott Hotel and Conference Center, 300 East 9th Street, Coralville	688-4000
Candlewood Suites, 2491 Holiday Road, Coralville	625-2200	Quality Inn, 209 W. 9th Street, Coralville	351-8144
Clarion Highlander Hotel & Conference Center, 2525 N. Dodge St., Iowa City	354-2000	Residence Inn, 2681 James Street, Coralville	338-6000
Comfort Inn and Suites, 2431 James Street, Coralville	338-3400	Riverside Golf Resort, 3184 Hwy. 22, Riverside, IA	648-1234
Comfort Inn, 209 9th St., Coralville	351-8144	Sheraton Iowa City Hotel, 210 S. Dubuque St., Iowa City	337-4058
Country Inn and Suites by Carlson, 2571 Heartland Place, Coralville	545-8464	Sleep Inn and Suites, 485 Madison Ave., N., North Liberty	665-2700
Days Inn, 205 2nd Street, Coralville	354-4400	Suburban Extended Stay Hotel, 2491 Holiday Road, Coralville	625-2200
Fairfield Inn, 214 9th Street, Coralville	337-8382	Super 8 Motel, 611 1st Ave., Coralville	337-8388
Hampton Inn, 1200 1st Ave., Coralville	351-6600	The Hotel at Kirkwood Center, 7725 Kirkwood Blvd. SW, Cedar Rapids	848-8700
Hampton Inn, 4 Sturgis Corner Drive, Iowa City	339-8000	Travel Lodge, 2216 N. Dodge St., Iowa City	351-1010
Heartland Inn, 87 2nd Street, Coralville	351-8132		

RESTAURANTS

30hop, 900 E. 2nd Ave., Coralville	351-3800	Chipotle Mexican grill, 201 S. Clinton Street, #12, Iowa City	338-1194
Agave Bar & Grill, 2781 Oakdale Blvd., Coralville	665-2524	Chop House, 223 E. Washington St., Iowa City	359-1078
Airliner, 22 S. Clinton, Iowa City	351-9259	Colony Inn Restaurant, 741 47th Ave., Amana	622-6270
Applebee's, 200 12th St., Coralville	358-1986	Culvers Frozen Custard, 2591 Heartland Place, Coralville	545-8255
Atlas World Grill, 127 Iowa Ave., Iowa City	341-7700	Divot's Bar and Grill, 1900 Country Club Drive, Coralville	248-9303
Backpocket Brewing, 903 Quarry Road, Coralville	466-4444	Donnelley's, 110 E. College Street, Iowa City	338-7355
Bandana's Bar-B-Q, 807 1st Ave., Coralville	512-6444	Edgewater Grille, 300 E. 9th Street, Coralville	887-5018
Basta, 121 Iowa Avenue, Iowa City	337-2010	El Dorado, 102 Second Street, Coralville	688-5237
Blackstone, 502 Westbury Drive, Suite 1, Iowa City	338-1770	El Rancho, 21 Sturgis Drive, Iowa City	338-4324
Bluebird Diner, 330 E. Market St., Iowa City	351-1470	Flannigan's Bar & Grill, 501 1st Ave., Coralville	351-1904
Bo-James, 118 E. Washington St., Iowa City	337-4703	Givanni's Café, 109 E. College St., Iowa City	338-5967
Bobby's Live on 965, Hwy. 965, North Liberty	665-4800	Graze, 115 E. College Street, Iowa City	887-5477
Bob's Your Uncle Pizza Café, 2208 N. Dodge St., Iowa City	331-7400	Gus' Food & Spirits, 2421 Coral Court, Coralville	545-4290
Bread Garden Bakery & Café, 224 S. Clinton, Iowa City	354-4246	Hamburg Inn, 214 N. Linn St., Iowa City	337-5512
Brothers Bar & Grill, 125 W. Dubuque, Iowa City	338-6373	House of Lords Restaurant & Pub, 704 1st Ave., Coralville	351-0400
Bruegger's Bagel Bakery, 404 1st Avenue, Coralville	337-2243	HuHot Mongolian Grill, 917 25th Ave., Coralville	358-9100
Buffalo Wild Wings, 201 Clinton Street, Iowa City	887-9464	Hunan Restaurant, 118 2nd St., Coralville	338-8886
Buffalo Wild Wings, 2500 Corridor Way, Coralville	338-9464	IHOP, 2435 James Street, Coralville	248-1122
Carl and Ernie's Good Time Pub and Grub, 161 Hwy. 1 West, Iowa City	337-4422	Iowa River Power Company, 501 1st Ave., Coralville	351-1904
Carlos O'Kelly's, 1411 S. Waterfront Drive, Iowa City	354-5800	Jimmy Jack's Rib Shack, 1940 Lower Muscatine Road, Iowa City	354-7427
Charlotte's, 745 Community Drive, North Liberty	626-2295	Joseph's Steakhouse, 212 S. Clinton St., Iowa City	358-0776
Cheddars, 2824 Commerce Drive, Coralville	545-3131	Konomi, 843 Quarry Road, #140, Coralville	351-2290
Chili's, 2651 2nd St., Coralville	351-1488	Kyodai Japanese Grill, 575 Cameron Way, North Liberty	626-2111

La Cava Mexican Restaurant, 1810 Coral St., Coralville	358-2324
Linn Street Café, 121 N. Linn St., Iowa City	337-7370
Longhorn Steak House, 2671 James Street, Coralville	338-2011
Micky's Irish Pub, 11 S. Dubuque St., Iowa City	338-6860
Midtown Family Restaurant, 1069 Hwy. 1, Iowa City	351-9323
Mill Restaurant, 120 E. Burlington Street, Iowa City	351-9529
Mondo's Tomato Pie, 516 E. 2nd St., Coralville	337-3000
Monicas, 302 2nd Street, Coralville	338-7400
Okoboji Grill, 1857 Lower Muscatine Rd., Iowa City	248-1155
Old Capitol Brew Works & Public House, 525 S. Gilbert St., Iowa City	337-3422
Old Chicago, 78 Second Street, Coralville	248-1220
Olive Garden, 925 25th Ave., Coralville	339-9100
Otis' Tailgators, 450 1st Ave., Coralville	356-6914
Ox Yoke Inn, 4420 220 Trail, Amana	1-800-233-3441
Pagliai's Pizza, 302 E. Bloomington St., Iowa City	351-5073
Pancho's Mexican Grill, 901 25th Ave., Coralville	248-3256
Pancho's Mexican Grill, 965 S. Riverside Drive, Iowa City	887-2600
Pancho's Mexican Grill, 32 S. Clinton, Iowa City	338-6311
Quinton's Bar & Deli, 215 E. Washington, Iowa City	354-7074
Quinton's Bar & Deli, 2500 Corridor Way, Ste. 5, Coralville	625-2221
Red Lobster, 2671 2nd Street, Coralville	338-6400
Red Pepper Deli and Grill, 517 S. Riverside Drive, Iowa City	337-5270
Red's Ale House, 515 S. Dubuque St., North Liberty	626-2100
River City Beefstro, 1210 1st Ave., Coralville	351-1551

Rocky O'Brien's Public House, 720 Pacha Pkwy., Ste. 8, North Liberty	665-2010
The Saloon, 112 E. College St., Iowa City	354-3837
Sam's Pizza, 441 S. Gilbert St., Iowa City	337-8200
Sanctuary Restaurant & Pub, 405 S. Gilbert St., Iowa City	351-5692
Short's Burger and Shine, 18 S. Clinton St., Iowa City	337-4678
Short's Burgers East Side, 521 Westbury Dribe, Iowa City	338-7743
Sports Column, 12 S. Dubuque Street, Iowa City	356-6902
Steak and Shake, 2806 Commerce Drive, Coralville	545-5472
Stella, 1006 Melrose Ave., Iowa City	887-5564
Summit Restaurant & Bar, 10 S. Clinton St., Iowa City	354-7482
Sushi Popo, 725 Mormon Trek Blvd., Iowa City	338-7676
Takanami, 219 Iowa Avenue, Iowa City	351-5125
Teddy's Bigger Burgers, 324 E. Washington St., Iowa City	354-6888
Texas Road House, 2520 Corridor Way, Coralville	354-3489
The Three Samurai, 1801 2nd St., Coralville	337-3340
Two Dogs Pub, 1705 W. 1st Ave., Iowa City	337-9047
Vesta, 849 Quarry Road, Coralville	338-3782
Vine Tavern, 330 E. Prentiss St., Iowa City	354-8767
Vine Tavern & Eatery, 39 2nd St., Coralville	338-7770
Vito's Italian American Restaurant, 118 E. College St., Iowa City	338-1393
Which Wich, 925 25th Ave., Coralville	354-9424
Which Wich, 23 S. Dubuque Street, Iowa City	337-9424
Wig and Pen Pizza Pub, 1220 Hwy. 6 West, Coralville	354-2767
Wildwood/Smokehouse & Saloon, 4919 B Walleye Drive, Iowa City	338-2211

