



IOWA HAWKEYE CROSS COUNTRY

2009 Team Rosters & Quick Facts

Men's Team Roster

Name	Yr.	Hometown (Last School)
Sam Bailin	Jr.	Urbandale, IA (Valley HS)
Mark Battista	Jr.	New Lenox, IL (Lincoln Way Central HS)
Brendan Camplin	Sr.	Batavia, IL (Batavia HS)
Adam Hairston	Sr.	Cedar Rapids, IA (Kennedy HS)
Nick Holmes	So.	Peoria, IL (Limestone HS)
Chase Kadlec	So.	Wheaton, IL (North HS)
Nick Kuczvara	Jr.	Elmhurst, IL (Eastern Illinois University)
Dan Kuhlman	Jr.	Glen Ellyn, IL (Glenbard South HS)
Jesse Luciano	Sr.	Villa Park, IL (Willowbrook HS)
Mike Marbach	So.	Orland Park, IL (Carl Sandburg HS)
Brian Marchese	Jr.	Elmhurst, IL (College of DuPage)
James Paul	Jr.	Queenston, Canada (Churchill S.S.)
Jay Renaud	Sr.	Mt. Prospect, IL (Prospect HS)
Cameron Rieger	Fr.	Mundelein, IL (Carmel Catholic HS)
Tommy Tate	Sr.	Galesburg, IL (Galesburg HS)
Jeffrey Thode	Fr.	Schaumburg, IL (James B. Conant HS)
Nick Young	Fr.	Bettendorf, IA (Bettendorf HS)

Women's Team Roster

Name	Yr.	Hometown (Last School)
Lindsay Anderson	So.	Leeds, ND (Leeds HS)
Danielle Berndt	So.	Bloomington, MN (Kennedy HS)
Sarah Boyd	Fr.	Ottawa, Canada (All Saints Catholic HS)
Brittany Dlhj	*Fr.	West Branch, IA (West Branch HS)
Jennie Docherty	Sr.	St. Paul, MN (Cretin-Derham Hall HS)
Alissa Duffy	Jr.	West Des Moines, IA (Iowa State)
Brooke Eilers	So.	Holland, MI (Holland Christian HS)
Katie Ellis	Sr.	Barrington, IL (Wauconda HS)
Fionna Fallon	Sr.	Des Moines, IA (Portland State)
Betsy Flood	So.	Des Moines, IA (Dowling HS)
Amanda Hardesty	Jr.	Valparaiso, IN (Valparaiso HS)
Lauren Hardesty	Jr.	Valparaiso, IN (Valparaiso HS)
Kelsey Hart	Fr.	West Branch, IA (West Branch HS)
Susan Kuhl	So.	Beaman, IA (BCLUW HS)
Jackie Laesch	So.	Wheaton, IL (North HS)
Megan Lessard	Gr.	Manchester, NH (Columbia University)
McKenzie Melander	So.	Apple Valley, MN (Eastview HS)
Megan Ranegar	Fr.	Valparaiso, IN (Valparaiso HS)
Hannah Roeder	Jr.	Des Moines, IA (UCLA)
Kelsey Stueland	Sr.	Tipton, IA (Tipton HS)
Jordan Williams	So.	Glenwood, IA (St. Albert HS)

Men's Cross Country Team Quick Facts

2008 Big Ten Cross Country Championship Finish (Pts.):7th (169)
 2008 NCAA Regional Cross Country Finish (Pts.):7th (186)
 NCAA Qualifiers Returning/Lost 1/0
 All-Region Returning/Lost: 1/1
 All-Big Ten Honorees Returning/Lost: 1/0
 Letterwinners Returning/Lost: 8/3

Men's Cross Country Historical Quick Facts

Highest Big Ten Championships Team Place (Yr.s): 1st (1961, 1966)
 Highest NCAA Regional Team Place (Pts., Yr.): 1st (79, 2002)
 Highest NCAA Championships Team Place (Yr.): 2nd (1955)
 NCAA Champions: 1 - Deacon Jones, 1955
 All-Americans: 5 student-athletes, 7 honors
 NCAA Regional Champions: 1 - Micah VanDenend, 2006
 All-Region Honorees: 16 student-athletes, 34 honors
 Big Ten Champions: 6 student-athletes, 9 titles
 All-Big Ten Honorees: 8 student-athletes, 8 honors
 USTFCCCA All-Academic Team Members: 6 student-athletes, 6 honors
 Academic All-Big Ten Honorees: 33 student-athletes, 73 honors

Women's Cross Country Team Quick Facts

2008 Big Ten Cross Country Finish (Points):6th (151)
 2008 NCAA Midwest Regional Finish (Points):4th (126)
 2008 NCAA Championships Finish (Points):24th (538)
 All-Americans Returning/Lost: 0/1
 All-Region Returning/Lost: 0/2
 All-Big Ten Honorees Returning/Lost: 0/1
 Academic All-Big Ten Returning/Lost: 1/0
 Letterwinners Returning/Lost: 9/2

Women's Cross Country Historical Information

Highest Big Ten Championships Team Place (Pts., Yr.): 1st (74, 1982)
 Highest NCAA Regional Team Place (Pts., Yr.): 3rd (118, 2006; 111, 2007)
 Highest NCAA District Champ's Team Place (Yr.): 2nd (1986, 1991)
 Highest NCAA Championships Team Place (Pts., Yr.): 8th (249, 1982)
 All-Americans: 10 student-athletes, 13 honors
 NCAA Regional Champions: 2 student-athletes, 3 honors
 All-Region Honorees: 7 student-athletes, 12 honors
 Big Ten Champions: 2 - Tracy Dahl, 1992; Diane Nukuri, 2007
 All-Big Ten Honorees: 11 student-athletes, 16 honors
 USTFCCCA All-Academic Team Members: 2 student-athletes, 3 honors
 Academic All-Big Ten Honorees: 56 student-athletes, 99 honors



2009 University of Iowa Cross Country Team

Front Row (l-r): Megan Lessard, Alissa Duffy, Hannah Roeder, Jennie Docherty, Brittany Dhly, Kelsey Hart, Megan Ranegar, Sarah Boyd. **Second Row (l-r):** Volunteer Assistant Coach Evelyn Ross, Susan Kuhl, Fionna Fallon, Jackie Laesch, Lindsay Anderson, Jordan Williams, Katie Ellis. **Third Row (l-r):** Danielle Berndt, Amanda Hardesty, Lauren Hardesty. **Fourth Row (l-r):** Cameron Riegar, Jay Renuad, Brian Marchese, James Paul, Mark Battista, Sam Bailin, Chase Kadlec. **Back Row (l-r):** Volunteer Jeff Randall, Nick Holmes, Tommy Tate, Nick Young, Jeffrey Thode, Brendan Camplin, Mike Marbach. **Not Pictured:** Brooke Eilers, Besty Flood, Adam Hairston, Nick Kuczvara, Dan Kuhlman, Jesse Luciano, McKenzie Melander, Kelsey Stueland.



IOWA HAWKEYE CROSS COUNTRY

2008 Men's Season Review

Hawkeye Invite

August 29 - Iowa City, IA
6,000 meters - 1st/3 teams

Place	Name	Time
1.	Nick Holmes	18:33.23
2.	Jesse Luciano	18:40.03
3.	Eric MacTaggart	18:51.05
5.	Sam Bailin	18:57.91
7.	Brendan Camplin	19:10.49
10.	Chase Kadlec	19:29.24
11.	James Paul	19:33.65
12.	Jay Renaud	19:36.24
13.	Mark Battista	19:37.19
14.	Bruce MacTaggart	19:38.30
17.	Keith Renaud	19:48.78
18.	Robert Ingram	19:50.57
22.	Mike Marbach	20:21.26

Hawkeye Open

September 12 - Iowa City, IA
6,000 meters

Place	Name	Time
1.	Bruce MacTaggart	19:27.27
2.	Mark Battista	19:28.36
3.	Tommy Tate	19:43.75
4.	Keith Renaud	19:49.12
5.	Robert Ingram	19:54.68
6.	Jay Renaud	20:01.97
7.	James Paul	20:24.96
11.	Mike Marbach	20:52.11

Roy Griak Invite

September 27 - Minneapolis, MN
8,000 meters - 9th/25 teams

Place	Name	Time
14.	Jesse Luciano	24:40
54.	Eric MacTaggart	25:25
55.	Sam Bailin	25:27
68.	Andy Napier	25:37
81.	Chase Kadlec	25:50
29.	Brendan Camplin	26:00

Auburn Invite

October 4 - Auburn, AL
8,000 meters - 3rd/24 teams

Place	Name	Time
4.	Jesse Luciano	23:01.83
11.	Eric MacTaggart	23:24.61
19.	Sam Bailin	23:36.82
26.	Tommy Tate	23:46.33
27.	Mark Battista	23:48.23
31.	Andy Napier	23:56.03
34.	Brendan Camplin	24:01.77
37.	Bruce MacTaggart	24:04.23
59.	Jay Renaud	24:28.91
60.	James Paul	24:29.10
91.	Chase Kadlec	25:08.37

NCAA Pre-Nationals

October 18 - Terre Haute, IN
8,000 meters - 18th/41 teams

Place	Name	Time
55.	Jesse Luciano	24:31.0
79.	Eric MacTaggart	24:45.7
89.	Andy Napier	24:50.4
138.	Sam Bailin	25:10.3
151.	Tommy Tate	25:19.2
156.	Brendan Camplin	25:21.4
172.	Mark Battista	25:29.0

Big Ten Championships

November 2 - Ann Arbor, MI
8,000 meters - 7th/10 teams

Place	Team	Points
1.	Wisconsin	40
2.	Michigan	57
3.	Minnesota	60
4.	Penn State	133
5.	Indiana	135
6.	Michigan State	138
7.	Iowa	169
8.	Ohio State	209
9.	Illinois	252
10.	Purdue	296

Individual Results

Place	Athlete	Time
9.	Jesse Luciano	24:52.2
34.	Eric MacTaggart	25:28.2
39.	Mark Battista	25:31.6
48.	Andy Napier	25:38.6
50.	Sam Bailin	25:40.4
70.	Tommy Tate	26:16.7
71.	Bruce MacTaggart	26:18.0
76.	Brendan Camplin	26:39.5
77.	Chase Kadlec	26:42.7

NCAA Midwest Regional

November 15 - Stillwater, OK
10,000 meters - 7th/23 teams

Place	Team	Points
1.	Oklahoma State	42
2.	Minnesota	51
3.	Tulsa	68
4.	Iowa State	107
5.	Missouri	168
6.	Southern Illinois	187
7.	Iowa	189
8.	Kansas	236
9.	Illinois	270
10.	Nebraska	270

Individual Results

Place	Athlete	Time
14.	Jesse Luciano	31:32.55
20.	Eric MacTaggart	31:42.90
50.	Brendan Camplin	32:33.75
52.	Sam Bailin	32:36.10
53.	Mark Battista	32:37.25
55.	Andy Napier	32:37.95
65.	Tommy Tate	32:55.65

NCAA Championships

November 24 - Terre Haute, IN
10,000 meters

Individual Results

Place	Athlete	Time
43.	Jesse Luciano	30:17.8

2008 Season Best Times

Athlete	6,000	8,000	10,000
Sam Bailin	18:57	23:36	32:36
Mark Battista	19:28	23:48	32:37
Brendan Camplin	19:10	24:01	32:33
Nick Holmes	18:33	---	---
Robert Ingram	19:50	---	---
Chase Kadlec	19:29	25:08	---
Jesse Luciano	18:40	23:01	30:17
Bruce MacTaggart	19:27	24:04	---
Eric MacTaggart	18:51	23:24	31:42
Mike Marbach	20:21	---	---
Andy Napier	---	23:56	32:37
James Paul	19:33	24:29	---
Jay Renaud	19:36	24:28	---
Keith Renaud	19:48	27:17	---
Tommy Tate	19:43	23:46	32:55



Hawkeye Invite

August 29 - Iowa City, IA
3,000 meters - 1st/3 teams

Place	Name	Time
1.	Racheal Marchand	10:25.83
4.	Sarah Spencer Perry	10:40.43
5.	Betsy Flood	10:41.55
6.	Brooke Eilers	10:43.21
7.	Amanda Hardesty	10:55.00
8.	McKenzie Melander	10:56.24
9.	Lauren Hardesty	10:58.69
11.	Jennifer Docherty	11:02.50
12.	Danielle Berndt	11:03.80
13.	Lindsay Anderson	11:11.18

Iowa Invite

September 12 - Iowa City, IA
3,000 meters

Place	Name	Time
3.	Krista Anderson	10:50.38
6.	Fionna Fallon	11:07.89
8.	Jennie Docherty	11:17.79
9.	Rachel Hawks	11:22.26
10.	Katie Ellis	11:26.41
11.	Jackie Laesch	11:36.31
13.	Susan Kuhl	11:47.81
14.	Kathryn Guess	11:50.22
15.	Jordan Williams	12:59.79
16.	Caitlin Wooldridge	13:13.38

Auburn Invite

October 4 -- Auburn, AL
5,000 meters - 3rd/23 teams

Place	Name	Time
5.	Racheal Marchand	16:15.50
14.	Sarah Spencer Perry	16:50.70
15.	Brooke Eilers	16:53.95
36.	Betsy Flood	17:34.40
37.	Amanda Hardesty	17:36.12
39.	Fionna Fallon	17:39.96
42.	Lauren Hardesty	17:40.89
47.	McKenzie Melander	17:45.60
57.	Lindsay Anderson	17:56.78
82.	Jennie Docherty	18:17.61
129.	Danielle Berndt	19:06.13

NCAA Pre-Nationals

October 18 - Terre Haute, IN
6,000 meters - 9th/41 teams

Place	Name	Time
11.	Racheal Marchand	20:27.9
34.	Brooke Eilers	21:06.7
39.	Sarah Spencer Perry	21:12.5
82.	Betsy Flood	21:37.3
117.	Lauren Hardesty	22:04.3
158.	Fionna Fallon	22:24.0
180.	Amanda Hardesty	22:36.6

Big Ten Championships

November 2 - Ann Arbor, MI
6,000 meters - 6th/11 teams

Place	Team	Points
1.	Minnesota	63
2.	Wisconsin	67
3.	Michigan State	83
4.	Illinois	101
5.	Michigan	116
6.	Iowa	151
7.	Penn State	154
8.	Indiana	180
9.	Purdue	250
10.	Ohio State	300
11.	Northwestern	333

Individual Results

Place	Athlete	Time
3.	Racheal Marchand	20:28.5
21.	Sarah Spencer Perry	21:33.9
38.	Brooke Eilers	22:03.4
39.	Betsy Flood	22:03.5
51.	Hannah Roeder	22:19.2
68.	Amanda Hardesty	22:51.5
70.	Lindsay Anderson	22:53.6
71.	McKenzie Melander	22:57.0

NCAA Midwest Regional

November 15 - Stillwater, OK
6,000 Meters - 4th/27 teams

Place	Team (Top 5)	Points
1.	Minnesota	57
2.	Illinois	64
3.	Nebraska	124
4.	Iowa	126
5.	Oklahoma State	184

Individual Results

Place	Athlete	Time
1.	Racheal Marchand	20:32.05
22.	Sarah Spencer Perry	21:33.95
31.	Brooke Eilers	21:50.25
39.	Hannah Roeder	22:03.70
40.	Betsy Flood	22:06.55
51.	Fionna Fallon	22:21.05

NCAA Championships

November 24 - Terre Haute, IN
6,000 meters - 24th/31 teams

Place	Team (Top 5 + Iowa)	Points
1.	Washington	79
2.	Oregon	131
3.	Florida State	163
4.	West Virginia	198
5.	Princeton	220
24.	Iowa	538

Individual Results

Place	Athlete	Time
5.	Racheal Marchand	19:54.9
121.	Sarah Spencer Perry	21:20.4
158.	Hannah Roeder	21:39.6
190.	Brooke Eilers	21:52.3
194.	Betsy Flood	21:55.4
210.	Amanda Hardesty	22:06.0
227.	Fionna Fallon	22:30.2

2008 Season Best Times

Athlete	3,000	5,000	6,000
Krista Anderson	10:50	---	---
Lindsay Anderson	11:11	17:56	22:53
Danielle Berndt	11:03	19:06	---
Jennie Docherty	11:02	18:17	---
Brooke Eilers	10:43	16:53	21:06
Katie Ellis	11:26	---	---
Fionna Fallon	11:07	17:39	22:21
Betsy Flood	10:41	17:34	21:37
Kathryn Guess	11:40	---	---
Amanda Hardesty	10:55	17:36	22:06

Athlete	3,000	5,000	6,000
Lauren Hardesty	10:58	17:40	22:04
Rachel Hawks	11:22	---	---
Susan Kuhl	11:47	---	---
Jackie Laesch	11:22	---	---
Racheal Marchand	10:25	16:15	19:54
McKenzie Melander	10:56	17:45	22:57
Sarah Spencer Perry	10:40	16:50	21:12
Hannah Roeder	---	---	21:39
Jordan Williams	12:59	---	---
Caitlin Wooldridge	12:48	---	---



IOWA HAWKEYE CROSS COUNTRY

School & Course Records

Men's Top 10 All-Time Best Performers

6,000 Meters

1. Eric MacTaggart 18:18 2005 Hawkeye Invite
2. Dan Haut 18:24 2005 Hawkeye Invite
3. Jeff Kent 18:27 2005 Hawkeye Invite
4. Adam Roche 18:33 2005 Hawkeye Invite
- 5. Nick Holmes 18:33 2008 Hawkeye Invite**
- 6. Jesse Luciano 18:40 2008 Hawkeye Invite**
7. Tommy Tate 18:41 at 2006 Early Bird Invite
8. Dan Trainor 18:42 at 2002 N. Illinois Invite
9. Matt Esche 18:45 2003 Hawkeye Invite
10. Alex Webster 18:50 2005 Hawkeye Invite
Andy Napier 18:50 at 2006 Early Bird Invite

8,000 Meters

- 1. Jesse Luciano 23:01 at 2008 Auburn Invite**
2. Micah VanDenend 23:39 at 2006 Pre-Nationals
3. Eric MacTaggart 23:24 at 2008 Auburn Invite
- 4. Sam Bailin 23:36 at 2008 Auburn Invite**
- 5. Tommy Tate 23:46 at 2008 Auburn Invite**
- 6. Mark Battista 23:48 at 2008 Auburn Invite**
7. Andy Napier 23:56 at 2008 Auburn Invite
- 8. Brendan Camplin 24:01 at 2008 Auburn Invite**
9. Bruce MacTaggart 24:04 at 2008 Auburn Invite
10. Ed DeLashmutt 24:10 1979

10,000 Meters

1. Matt Esche 30:10 at 2002 NCAA Regional
- 2. Jesse Luciano 30:17 at 2008 NCAA Champ's**
3. Micah VanDenend 30:26 at 2002 NCAA Regional
4. Kevin Herd 30:28 1993
5. Joe Welter 30:28 at 2002 NCAA Regional
6. Tony Rakaric 30:31 at 2002 NCAA Regional
7. Dan Haut 30:39 at 2002 NCAA Regional
8. Alex Webster 30:40 at 2006 NCAA Regional
9. Jared Pittman 30:48 1995
10. Stetson Steele 30:52 1995

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07 13:14

Women's 6,000 Meters

Danette Doetzel, Michigan St. - Big Ten Champ's - 10/31/04 .. 20:33

Men's 6,000 Meters

Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/05 18:18

Men's 8,000 Meters

Simon Bairu, Wisconsin - Big Ten Champ's - 10/31/04 23:45

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05 30:52

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri 9:47 2006 Hawkeye Open
2. Meghan Armstrong 10:01 2006 Hawkeye Open
3. Shannon Stanley 10:25 2006 Hawkeye Open
Krista Anderson 10:25 2006 Hawkeye Open
Racheal Marchand 10:25 2008 Hawkeye Invite
6. Nikki Chapple 10:28 2004 Hawkeye Invite
7. Sarah Spencer Perry 10:40 2008 Hawkeye Invite
8. Sarah Arens 10:41 2003 Hawkeye Invite
- 9. Besty Flood 10:41 2008 Hawkeye Invite**
10. Jolly Burke 10:43 2006 Hawkeye Open
Brooke Eilers 10:43 2008 Hawkeye Invite

4,000 Meters

1. Diane Nukuri 13:14 2007 Hawkeye Open
2. Meghan Armstrong 13:47 2007 Hawkeye Open
3. Jolly Burke 14:03 2007 Hawkeye Open
4. Nikki Chapple 14:09 2004 Hawkeye Triangular
5. Krista Anderson 14:14 2007 Hawkeye Open
6. Jessica Schmidt 14:21 2007 Hawkeye Open
- 7. Lauren Hardesty 14:28 2007 Hawkeye Open**
8. Shannon Stanley 14:32 2004 Hawkeye Triangular
9. Katie Donlon 14:34 at 2001 Stanford Invite
10. Georgia Millward 14:36 at 2001 Stanford Invite

5,000 Meters

1. Diane Nukuri 15:55 at 2007 Auburn Invite
2. Racheal Marchand 16:15 at 2008 Auburn Invite
3. Meghan Armstrong 16:25 at 2007 Auburn Invite
4. Nan Doak 16:31 at 1983 Big Ten Champ's
5. Jolly Burke 16:33 at 2007 Auburn Invite
6. Jenny Spangler 16:34 at 1983 Big Ten Champ's
7. Renee Doyle 16:41 at 1986 Purdue Invite
8. Tracy Dahl 16:42 at 1991 Illinois St. Invite
9. Sarah Spencer Perry 16:50 at 2008 Auburn Invite
- 10. Brooke Eilers 16:53 at 2008 Auburn Invite**

6,000 Meters

1. Diane Nukuri 19:37 at 2007 NCAA Regional
at 2007 Big Ten Champ's*
2. Racheal Marchand 19:54 at 2008 NCAA Champ's
3. Meghan Armstrong 20:07 at 2007 NCAA Regional
4. Jolly Burke 20:20 at 2007 Big Ten Champ'
5. Nikki Chapple 21:04 at 2004 NCAA Regional
- 6. Brooke Eilers 21:06 at 2008 NCAA Pre-Nationals**
7. Sarah Spencer Perry 21:12 at 2008 NCAA Pre-Nationals
8. Jessica Schmidt 21:20 at 2007 Big Ten Champ's
- 9. Betsy Flood 21:37 at 2008 NCAA Pre-Nationals**
- 10. Lauren Hardesty 21:38 at 2007 NCAA Regional**

* - This time is also the Big Ten Championships Record.

IOWA HAWKEYE CROSS COUNTRY

National, Regional & Big Ten Champions & Honorees



**Meghan
Armstrong**



**Jennifer
Brower**



Tracy Dahl



Nan Doak



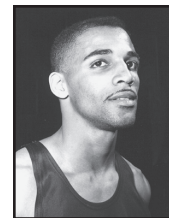
Renee Doyle



Rich Ferguson



Kevin Herd



Deacon Jones



**Jeanne
Kruckeberg**



**Racheal
Marchand**



Diane Nukuri



Stetson Steele



**Micah
VanDenend**



Ted Wheeler



**Larry
Wiczorek**

National, Regional & Big Ten Champions & Honorees

NCAA Champion

Deacon Jones 1957

Men's All-Americans

Kevin Herd 1992-93
Deacon Jones..... 1957
Stetson Steele..... 1998
Ted Wheeler 1952
Larry Wiczorek..... 1966-67

Women's All-Americans

Meghan Armstrong 2007
Jennifer Brower 1991
Tracy Dahl 1991-92
Nan Doak..... 1980, 1982-83
Renee Doyle 1986
Jeanne Kruckeberg 1990
Racheal Marchand..... 2006, 2008
Diane Nukuri..... 2006-07
Jenny Spangler..... 1983

Honda Sports Awards Nominee

Nan Doak..... 1983
Diane Nukuri..... 2007

Men's NCAA Regional Champion

Micah VanDenend 2006

Women's NCAA Regional Champion

Diane Nukuri..... 2006-07
Racheal Marchand..... 2008

Men's Regional Athlete of the Year

Micah VanDenend 2006

Women's Regional Athlete of the Year

Diane Nukuri..... 2006-07
Racheal Marchand..... 2008

Men's NCAA All-Region Team

Trent Corey 1997, 2001
Matt Esche..... 2002-05
Dan Haut 2002, 2004-05
Jesse Luciano..... 2007-08
Eric MacTaggart 2005-06, 2008
Nick Nordheim..... 1998-99, 2001
Jared Pittman 1997
Brian Rae 2003
Tony Rakaric..... 2002, 2004
Adam Roche 2004-05
Paul Sarris..... 1998-99
Chad Schwitters..... 1998
Reed Steele..... 1998
Stetson Steele..... 1997-98
Micah VanDenend 2002, 2005-06
Joe Welter 2001-02

Women's NCAA All-Region Team

Sarah Arens 2003
Meghan Armstrong 2005-07
Jolly Burke 2007
Nikki Chapple..... 2004
Racheal Marchand..... 2005-06, 2008
Diane Nukuri..... 2006-07
Sarah Spencer Perry 2008

Men's Big Ten Champions

Rich Ferguson..... 1952-53
Jock Hunn 1926
Deacon Jones..... 1958
H.R. Phelps 1923-24
James Tucker 1961
Larry Wiczorek..... 1966-67

Women's Big Ten Champions

Tracy Dahl 1992
Diane Nukuri..... 2007

Women's Big Ten Athlete of the Year

Tracy Dahl 1992
Diane Nukuri..... 2007

Women's Big Ten Coach of the Year

Jerry Hassard 1989

Men's Big Ten Freshman of the Year

Jared Pittman 1993
Reed Steele 1998



IOWA HAWKEYE CROSS COUNTRY

Big Ten & Academic Honorees

Men's All-Big Ten Honorees

Jesse Luciano.....	2008
Eric MacTaggart.....	2006
Brian Rae.....	2003
Tony Rakaric.....	2003
Chad Schwitters.....	1997
Stetson Steele.....	1996
Micah VanDenend.....	2004, 2006

Women's All-Big Ten Honorees

Meghan Armstrong.....	2006-07
Erin Boland.....	1994
Jennifer Brower.....	1991
Jolly Burke.....	2007
Tracy Dahl.....	1991-92
Renee Doyle.....	1986-88
Tami Hoskins.....	1989
Jennifer Johnson.....	1991
Jeanne Kruckeberg.....	1989
Racheal Marchand.....	2006, 2008
Diane Nukuri.....	2007

Men's Big Ten Athlete of the Month

Kevin Herd.....	September 1992
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Men's Big Ten Athlete of the Week

Trent Corey.....	Sept. 11, 2001
Matt Esche.....	Sept. 7, 2004
Jesse Luciano.....	Oct. 7, 2008
Eric MacTaggart.....	Sept. 6, 2005
Micah VanDenend.....	Sept. 17, 2002

Women's Big Ten Athlete of the Month

Tracy Dahl.....	September 1990
Tracy Dahl.....	October 1992
Tracy Dahl.....	November 1992

Women's Big Ten Athlete of the Week

Sarah Arens.....	Sept. 3, 2003
Meghan Armstrong.....	Sept. 6, 2005
Racheal Marchand.....	Oct. 7, 2008
Diane Nukuri.....	Sept. 18, 2007
Diane Nukuri.....	Oct. 2, 2007
Diane Nukuri.....	Oct. 16, 2007

Men's USTFCCA All-Academic

Dan Haut.....	2004
Kevin Herd.....	1993
Jesse Luciano.....	2007-08
Chad Schwitters.....	1998
Stetson Steele.....	1998

Women's USTFCCA All-Academic

Meghan Armstrong.....	2004-05
Sarah Arens.....	2004

Women's USTFCCA Academic Team

2003, 2004, 2005, 2006, 2007, 2008

CoSIDA Academic All-American

Chad Schwitters.....	1997
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CoSIDA Academic All-District

Kevin Herd.....	1990, 1992-93
Stetson Steele.....	1996, 1998

Men's Big Ten Distinguished Scholar

Sam Bailin.....	2008
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Men's Academic All-Big Ten

L.J. Albrecht.....	1988-90
Ravi B'Have.....	1994, 1996

Sam Bailin..... 2008

Mike Biderman.....	2001
Bill Branigan.....	1992
David Brown.....	1987-90

Brendan Camplin..... 2007-08

Trent Corey.....	2000-01
Matt Gerard.....	1992-94
Dan Haut.....	2002, 2004-05
Kevin Herd.....	1990, 1992-93
Alan Jackson.....	2005
Ben Lloyd.....	2002-03

Jesse Luciano..... 2007-08

Eric MacTaggart.....	2005-06, 2008
Steve Marshall.....	1991-93
Pete McDowell.....	1993-94
Sean Moeller.....	1998-99, 2001
Andy Morris.....	1997, 1999
Steve Morrissey.....	1990-91
Andy Napier.....	2005-08

James Paul..... 2008

Jared Pittman.....	1995-96
Tim Pleskac.....	1998-99

Jay Renaud..... 2007-08

Marc Roehl.....	1991-94
Paul Sarris.....	1997
Blake Schlotzhauer.....	2006
Chad Schwitters.....	1995-98
Stetson Steele.....	1996-98
Adam Thomas.....	2001
Andy Weise.....	1986
David White.....	1990-91

Women's Academic All-Big Ten

Krista Anderson.....	2006-07
Sarah Arens.....	2000, 2002-03
Meghan Armstrong.....	2005-07
Atalie Barber.....	2001, 2003
Holly Barnes.....	1992
Briana Benning.....	1994-97
Allison Billhardt.....	2005
Kerri Blackstone.....	1996
Jennifer Brower.....	1989-91
Jolly Burke.....	2007
Katie Butler.....	2000

Women's Academic All-Big Ten (Con't)

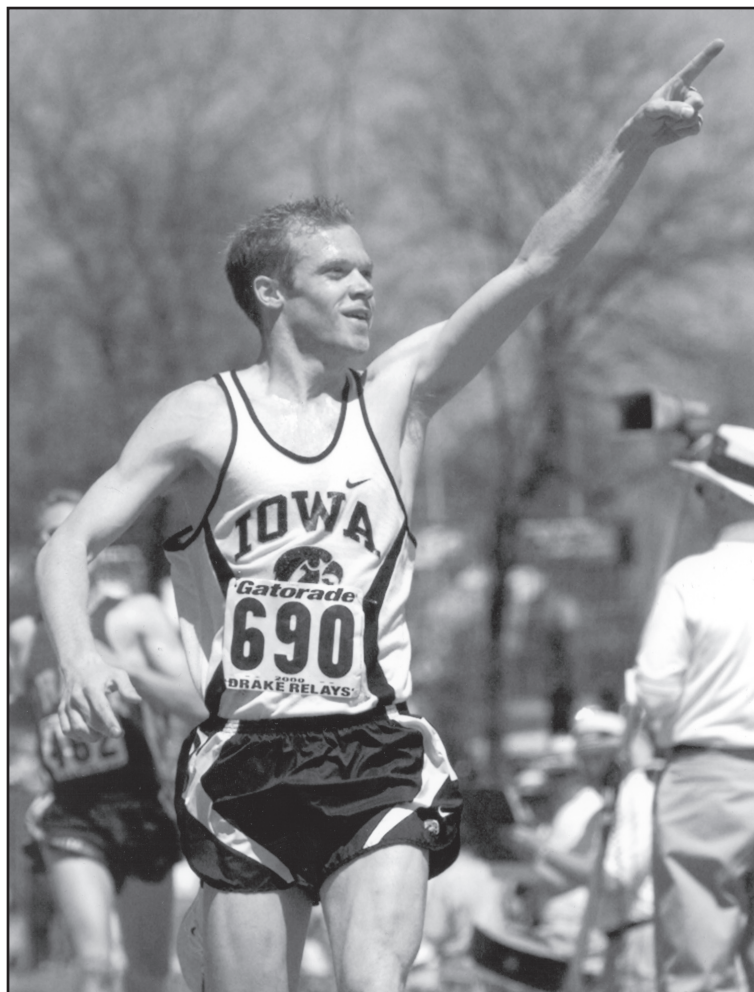
Jenni Capista.....	2003-04
Megan Daniel.....	1994
Jennie Docherty.....	2006
Katie Donlon.....	2005
Katie Ellis.....	2007
Molly Esche.....	2005-07
Fionna Fallon.....	2008
Shawn Fleck.....	1995
Alienor Gilchrist.....	1997
Kristin Haefke.....	1998
Rachel Hawks.....	2006-07
Jennifer Johnson.....	1991-93
Patricia Jones.....	1991
Jennifer Kiciak.....	1996-97
Tricia Kiraly.....	1988
Natalie Kleinfelter.....	1993-94
Christine Kotarba.....	2004, 2007
Jeanne Kruckeberg.....	1987-89
Kimberly Kruk.....	1994
Michelle Lahann.....	2000-02
Jennifer Lisy.....	1992
Amy McRell.....	1991-92
Georgia Millward.....	2001-03
Jennifer Moore.....	1987-89
Amy Murphy.....	1999
Sarah Murray.....	1993
Haley Newbrough.....	1997
Val Oltman.....	1999
Kiersten Pauling.....	1994-96
Erica Roberts.....	2000-02
Janeth Salazar.....	1987
Christine Salsberry.....	1990-93
Jill Scheibel.....	1996
Jessica Schmidt.....	2007
Kristi Schmidt.....	1999
Kim Schneckloth.....	1986-89
Jennifer Schoonover.....	1994
Anna Shearer.....	1999-2000
Michelle Sokol.....	2002, 2004
Jenny Spangler.....	1985
Laura Spencer.....	2004
Shannon Stanley.....	2004
Tina Stec.....	1991-93
Sherri Suppelsa.....	1986
Jamie Voss.....	1992

IOWA HAWKEYE CROSS COUNTRY

Men's All-Time Letterwinners



Albrecht, L.J. 1988-90	Everingham, Will 1928	Kadlec, Chase 2008	Lillwitz, Tim..... 1999-2000
Albright, Robert 1941	Everman, Wayne..... 1954-55	Keatinge, Murray 1954-56	Lindeman, James 1977
Allen, Shaun..... 1998-01	Fanthouser, John 1942	Keil, Richard L. 1941-42	Lister, Donald..... 1914-15
Ashton, George C..... 1921-22	Fearing, Ken..... 1959-62	Keller, Keith..... 1947-48	Lloyd, Ben 2002-03
Ashton, James Ed..... 1962-63	Feeldy, Chad 1994-96	Kelly, Thomas..... 1928-30	Loechel, Thomas..... 1970-73
Ashton, William 1960	Ferguson, Richard..... 1951-55	Kent, Jeff..... 2004-06	Lord, Richard 1943
Atkins, Bobby..... 1999-00	Ferree, Tom 1978-80	Kitt, Roland 1966-69	Luciano, Jesse 2006-08
Bailin, Sam 2007-08	Fischer, Gary W. 1960-63	Knoedel, James J..... 1970-71	Lyle, James..... 1936-38
Baker, Lawrence..... 1961	Fishba, Ugh H. RI 1949	Kramer, Larry 1961-64	Lyle, Ralph 1957-58
Bakker, Mike 1994-95, 97-98	Flage, David 1933-34	Kruse, Arthur 1919-20	MacDonald, Peter..... 1964-66
Barron, Ben..... 2003	Fletcher, Robert Ash 1956-59	Kurth, Steve 1995-97	MacTaggart, Bruce..... 2008
Battista, Mark..... 2007-08	Foster, Richard..... 1922	Labond, Curtis 1966-68	MacTaggart, Eric.. 2004-06, 2008
Bender, Arnold N. 1924	Frazier, Carl..... 1966-69	Lainson, Bernard 1951	Maiden, Sydnor 1945
Benjerdes, T.D..... 1920	Frazier, Harry 1956	Langer, Dave 1979	Mak, Leo 1913
Bentz, Robert LE 1943	Frazier, William 1961-65	Layne, Michael 1997-99	Marasco, Frank 1917-18
Betz, Leighton A..... 1959	Fritsch, Raymond..... 1940	Lewis, Bernard..... 1945	Marshall, Steve..... 1991-93
Biderman, Mike 2001	Fudge, Arthur 1951-54	Lewis, H. Mount 1909-11	Mawe, William 1960
Brady, Frank H. 1927-28	Furst, Don 1975-76		
Brandenberg, H. 1921	Gale, Sean..... 1992-94		
Branigan, Bill..... 1992	Gardner, Russell..... 1928		
Brown, David 1987, 1989-90	Gee, George..... 1916		
Brown, Keith Lav. 1948-55	Gerard, Matthew 1992-94		
Brown, Ray Kenne. 1979-81	Greenlee, Donald 1959-61		
Brubacher, Theod 1964-67	Greenlee, Ron..... 1965		
Burney, William 1944	Griffith, Ron 1965-68		
Bush, Warren L. 1968	Griswold, Joe 1949		
Bye, Bill E. 1949	Hakes, Montague 1928		
Camplin, Brendan 2007-08	Hanson, Mark 1995		
Campisi, Leo A. 1932-34	Hartmann, H.W. 1915-16		
Carlson, Herman..... 1923	Hass, Edward 1934-35		
Carman, Kenneth..... 1949-50	Hassen, Galen..... 1951		
Clancy, Thomas R..... 1974-78	Hausler, Leland 1916-17		
Clark, John Jay 1969-73	Haut, Dan 2001-02, 2004-05		
Clarke, Eric Lloyd 1957-58	Henderson, Robert 1933-34		
Clarke, George W. 1962-63	Herd, Kevin J. 1989-94		
Coffie, Harry E..... 1927	Hermeier, Raymond..... 1957-59		
Collins, John..... 1949	Hermeier, Richard..... 1955-59		
Cook, Dale 1912	Hill, Jack L. 1957-60		
Copeland, Jack..... 1948-49	Hindt, William..... 1913-15		
Corey, Trent 1997-01	Hinrich, Joel H..... 1940-41		
Criswell, John W..... 1969-71	Holland, Stephen 1971-72		
Cue, John L. 1927	Hollatz, Troy..... 1993		
Cutler, Allan J. 1942	Hotz, William 1906-08		
Davis, S. Jack..... 1949-51	Hunn, Leonard E. 1925-28		
Delashmutt, Ed 1979-81	Hunter, William..... 1914-15		
Donovan, James 1995	Hymon, W. Paul 1912-13		
Dotseth, Frank..... 1958-59	Ingram, Robert 2007		
Drew, John 1957	Jackson, Alan 2005		
Duggan, Earle 1949-52	Jamison, Orlin..... 1916		
Dunsworth, Ira W..... 1954-56	Jans, Paul A..... 1910-11		
Eastland, Dave 1968-71	Jeffers, Clyde..... 1904-05		
Ebert, Leroy 1952-54	Jensen, Chris..... 2003		
Eckhardt, Gerald 1944	Jensen, Richard..... 1968-70		
Edwards, James 1978	Jones, Charles N, 1955-58		
Esche, Matt..... 2002-05	Jones, Douglas H..... 1968		



Stetson Steele was a three-time all-American, two-time all-region and six-time academic all-Big Ten honoree in cross country and track from 1996-2000. He holds the school 10,000-meter record, and in 2000 he won the Drake Relays 5,000-meter title and was Iowa's Big Ten Medal of Honor winner.



IOWA HAWKEYE CROSS COUNTRY

Men's All-Time Letterwinners

McCabe, Dennis.....1969
 McClanahan, Rich..... 1946-48
 McDermott, Eric2000
 McDowell, Peter 1993-94
 McElroy, Robert1933
 Melnick, Sidney1934
 Messer, Kenneth..... 1964-65
 Meyer, David.....1941
 Miller, Fred1921
 Mitvalsky, Richard.....1932
 Moeller, Sean..... 1998-01
 Moenck, Heath2007
 Moldenhauer, Way1954
 Morch, Herbert O. 1951-53
 Morris, Andy..... 1997-00
 Morrissey, Steve 1991-92
 Murphy, W. H..... 1944-45
 Murray, Harold H. 1920-21
 Murray, Jack A. 1944-45

Napier, Andy 2005-08
 Naylor, Myrel1930
 Nelson, Paul H. 1935
 Nelson, Robert.....1936
 Nie, Bruce 1988-89
 Nordheim, Nick..... 1998-01
 Novotny, David 1994-95
 Oxley, John R. 1946-47
Paul, James..... 2008
 Paul, Joe 1976-77
 Payne, Arthur 1922-23
 Pershing, Steve 1975-77
 Peters, Chris.....1995
 Phelps, Harold R. 1923-25
 Pinkerton, Volne1928
 Pirkel, Jeff 1982-83, 85-86
 Pittman, Jared..... 1994-98
 Pleskac, Tim 1998-00
 Pratt, Raymond O.1934, 36

Presteman, Gregory1978
 Price, Bradley D. 1979-81
 Prince, Earl S.....1942
 Pristine, Leonard1921
 Purvis, Donald L.....1936
 Rae, Brian 2002-05
 Rakaric, Tony..... 2001-04
 Reid, Morrison..... 1971-72
Renaud, Jay 2007-08
 Rerko, Rodney 1992-95
 Reyes, William A. 1964-65
 Ristine, Leonard..... 1920-21
 Roche, Adam 2003-05
 Roehl, Mark 1991-93
 Roller, Robert J.....1970
 Roseman, Garry 1990-93
 Rosenberg, Norman 1931-32
 Santino, William 1974-76
 Sarris, Paul..... 1997-00
 Saur, Wayne.....1974
 Schlotzhauer, Blake..... 2005-06
 Schutman, Ben2000
 Schum, Robert L. 1969-71
 Schwitters, Chad 1995-99
 Seashore, Robert1922
 Shaw, Robert J. 1914
 Sheets, Lawrence..... 1963-64
 Sheldon, Jay A..... 1972, 74-75
 Sheldon, John H.....1922
 Sitko, John1934
 Slater, Albert L. 1943-44
 Slingsby, Tim 1988-89
 Smith, N.E. 1912
 Snook, William H. 1949
 Speers, Maurice..... 1925-26
 Stark, Maurie1942
 Steele, Ryan 1998-99
 Steele, Stetson..... 1995-99
 Steffen, Mark A..... 1970-72
 Steinberg, Albert1911

Stevenson, Gerold1941
 Stiller, Martin.....1936
 Stone, Gerald L. 1950
 Sumner, M.L. 1912-13
 Swift, Mark 1974
 Swisher, Michael.....1972
 Szabo, Steve..... 1966-68
Tate, Tommy 2006-08
 Terbell, Floyd O.....1924
 Tice, Robert W. 1971
 Thomas, Adam..... 1998-01
 Tiernan, Stephen1964
 Trainor, Dan 2001-03
 Traphagen, Stephen..... 2002-03
 Trimble, Bruce W. 1957-59
 Trimble, Ralph 1960-62
 Tucker, Jim 1959-61
 Tupper, Richard..... 1947-48
 Vacik, George J.....1940
 Vanatta, Lyell 1930
 Vanderwilt, Robert1943
 VanDenend, Micah 2002, 2004-06
 Vonahsen, Virgil..... 1950-52
 Walker, Leland C. 1963
 Webster, Alex.....2005
 Welt, Donald.....1941
 Welter, Joe..... 2000-02
 Wheeler, Ted S..... 1951-52, 55
 Wickey, Howard..... 1929-30
 Wieczorek, Lawrence.... 1965-67
 Wilkes, Quenten1956
 Williams, Derrick1963
 Wisgerhof, Max V.....1934
 Workman, Robert..... 1941-42
 Wren, Richard T. 1946
 Zacher, Eugene R. 1922
 Zaruba, Arnold J.....1944

Names in bold are current team members.



Micah VanDenend holds three school records and won the 2007 Big Ten 10,000-meter outdoor track title. He was the 2006 NCAA Midwest Regional Cross Country Meet Champion and Male Athlete of the Year. The four-time all-region honoree competed for Iowa from 2002-07.

IOWA HAWKEYE CROSS COUNTRY

Women's All-Time Letterwinners



Anderson, Krista2006-07
Anderson, Lindsay 2008
 Andrews, Karen1978-80
 Arens, Sarah 1999-2000, 2002-03
 Armstrong, Meghan2004-07
 Ballweg, Rachel 1997
 Barber, Atalie2000-03
 Benning, Briana1993-96
Berndt, Danielle 2008
 Billhart, Allison 2005
 Blossfeld, Suzanne1978-79
 Boddicker, Bev 1977
 Boland, Erin1991-94
 Brower, Jennifer.....1988-91
 Brown, Nicole1994-96
 Burke, Jolly2006-07
 Butler, Katie1999-00
 Capista, Jenni.....2001, 2003-04
 Chapple, Nikki.....2003-05
 Chow, Sophia 2000
 Coleman, Becky1993-96
 Connelly, Michelle 1977
 Dahl, Tracy1989-92
 Daniel, Megan 1993
 Davis, Eileen1978-79

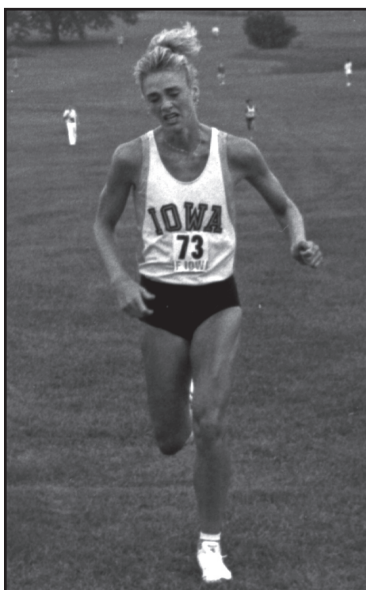
Deluca, Sarah C. Abel.....1979-81
 Dixon, Pamela 1978
 Doak (Davis), Nan1980-84
 Dobrowolski, Anne1981-85
 Docherty, Beverly1977-80
Docherty, Jennie..... 2006
 Donlon, Katie.....2001-03
 Doyle, Renee1985-88
 Drapcho, Rosemary1978-81
 Dresselhaus, Ann1978-80
 Drulis, Julie1997-98
 Dunlop, Amy1977-79
Eilers, Brooke 2008
Ellis, Katie.....2006-07
 Esche, Molly2004-07
Fallon, Fionna 2008
 Feltes, Teresa1977-78
 Fleck, Shawn1993-95
Flood, Betsy..... 2008
 Flynn, Erin.....1978-82
 Freund, Kay.....1978-81
 Gilchrist, Alienor1996-97
 Griffin, Maggie.....1996-99
 Gripp, Sue..... 1977
 Haefke, Kristen1997-98

Hamilton, Jana.....1979-80
Hardesty, Amanda2007-08
Hardesty, Lauren2007-08
 Hawks, Rachel 2006
 Hedlund, Laurie1977-78
 Hentges, Leah1999
 Hoehle, Zanetta1978-81
 Hoeman, Carissa.....1998
 Hoskins, Tami.....1987-91
 Johnson, Jennifer.....1990-93
 Kiciak, Jennifer.....1995-96
 Kintzel, Denise1977-78
 Kleinfelter, Natalie1993-95
 Kotarba, Christine 2004, 2007
 Krekeler, Rebecca Ann1978-79
 Kruckeberg, Jeanne1987-89
 Kruck, Kim.....1994
 Kubitz, Christine ..1995-96, 1998
 Lahann, Michelle1999-2002
 Lambrecht, Carol1977-78
 Lund, Yvonne Irene.....1979-80
 Lynberg, Michele M. Dr. .1977-78
 Marchand, Racheal 2004-06, 2008
 Marshall, Sue 1977
 McDowell, Tina.....1991-94

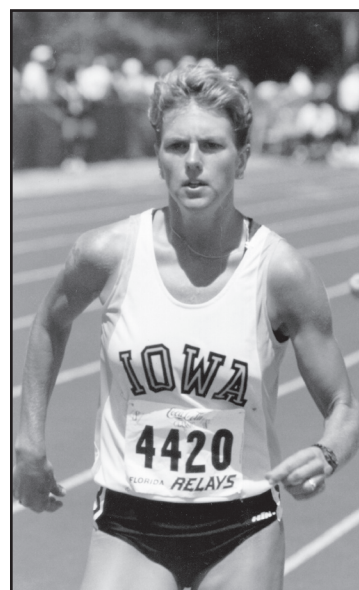
Millward, Georgia2000-03
 Mims, Susan1977-80
 Mitchell, Elizabeth.....1978-79
 Murphy, Amy1998-99
 Murray, Megan 1998
 Nelson, Major Sue1977-78
 Newbrough, Haley.....1996-97
 Nukuri, Diane.....2006-07
 Oltman, Valerie..... 1998
 Pare, Anne 1996
 Pauling, Kiersten1993-96
 Pearson, Laura 2004
Perry, Sarah Spencer..... 2008
 Quigley, Kristina 1999
 Roberts, Ericka.....1999-2002
Roeder, Hannah..... 2008
 Roehl, Becky1994-97
 Ruffcorn, Ann..... 1999
 Salazar, Nina 1998
 Salsberry, Christine1991-93
 Schaefer, Chrissy 2006
 Scheibel, Jill1995-98
 Schmidt, Jessica2004-07
 Schmidt, Kristi.....1998-99
 Schoonover, Jennifer 1993
 Shearer, Anna 1998
 Sims, Sharon1977-78
 Sokol, Michelle2001-02, 2004
 Spangler, Jenny1981-83
 Sparks, Staci..... 1993
 Spencer, Laura 2004
 Stanley, Shannon2003-06
 Stec, Tina1990-93
 Swartzrock, Diane.....1978-80
 Thompson, Becca .1999-00, 2002
 Todd, Stephanie.....1977-80
 Vandervoort, Martha.....1991-94
 Vitense, Mandi1996-98
 Von Muenster, Shannon 2001
 Williams, Julie.....1979-81



Nan Doak was Iowa's first cross country all-American, earning a total of three honors (1980, 1982-82).



Jennifer Brower was an all-American for the Hawkeyes in 1991. She also ran on the 1991 Iowa squad that posted a second-place finish at the NCAA district meet - its highest finish there in school history.



Tracy Dahl was Iowa's first Big Ten Cross Country Champion. The two-time all-American (1991-92) won the title and was named Big Ten Female Cross Country Athlete of the Year in 1992.

Names in bold are current team members.