







The Big Ten Network has some of the top play-by-play and color analysts in the country calling its women's basketball games throughout the year. Pictured above are some of the network's top announcers (I-r): Mark Neely, Mary Murphy, Vera Jones and Brenda VanLengen.

#### ABOUT THE BIG TEN NETWORK

The Big Ten Network is dedicated to covering the Big Ten Conference and its 11 member institutions. The Big Ten Network provides unprecedented access to an extensive schedule of conference sports events and shows; original programs in academics, the arts and sciences; campus activities; and associated personalities. Sports programming includes live coverage of more events than ever before, along with news, highlights and analysis, all complemented by hours of university-produced campus programming. The Big Ten Network is a joint venture between subsidiaries of the Big Ten Conference and Fox Cable Networks. The Big Ten Network reaches a national audience through distribution arrangements with approximately 230 cable and satellite companies.

#### **PROGRAMMING**

Each year, the Big Ten Network televises approximately 400 live events, plus hundreds of hours of original programming, classic games, coaches' shows and campus programming. Virtually all of the network's live event programming is available in high definition.

#### **LIVE EVENTS**

#### **Football**

- Through the creation of the Big Ten Network, every home Big Ten football game is produced.
- Each team is guaranteed to make a minimum of two appearances on the network per year, with one a conference game.
- The network televises approximately 35-40 football games each fall and nearly all of them are available in high definition.

#### Men's Basketball

- Through the creation of the Big Ten Network, every home Big Ten basketball game is produced.
- Each Big Ten men's basketball team makes approximately 15-20 appearances a season on the Big Ten Network.
- The network televises approximately 60-65 in-conference match-ups, plus selected Big Ten Tournament contests, and virtually all of those games are produced in high definition.
- The network has a set on site at the Big Ten Men's Basketball Tournament in Indianapolis, with anchors providing coverage and analysis of all the action.

#### Women's Basketball

- Each Big Ten women's basketball team makes approximately 8-10 appearances on the Big Ten Network.
- In all, the network televises approximately 50-60 regular season games plus approximately nine Big Ten Basketball Tournament games; in 2007-08, all of these games were produced in high definition.
- The network has a set on site at the Big Ten Women's Basketball Tournament in Indianapolis, with anchors providing coverage and analysis of all the action.

#### **NCAA-Sponsored Sports**

• The Big Ten Network televises more than 170 NCAA-sponsored events in both men's and women's sports such as hockey, baseball, softball, soccer, volleyball, track and field, swimming and diving, etc.

#### **Big Ten Championships**

• The Big Ten Network televises 17 Big Ten Championships and Tournaments in the sports of basketball, field hockey, golf, soccer, swimming and diving, tennis, indoor and outdoor track and field, volleyball and wrestling.

#### **ORIGINAL PROGRAMMING**

The Big Ten Network goes beyond the games and gives fans more access to their teams than ever before.

#### **Big Ten Tonight**

Big Ten Tonight is the only nightly sports program dedicated to covering the Big Ten, setting it apart from all other sports highlight shows. Utilizing a studio on each campus, Big Ten Tonight includes interviews with coaches and players every evening. Big Ten Tonight is the ultimate destination for Big Ten fans.

#### **Big Ten Tip-Off Show**

With years of experience on the court and on the sidelines, no one knows the Big Ten like our men's and women's basketball analysts. This 30-minute pre-game show provides the kind of inside information and in-depth analysis fans can't get anywhere else. During the Big Ten Men's and Women's Basketball Tournament, the show hits the road for a live pre-game presence from Conseco Fieldhouse in Indianapolis, with anchors providing coverage and analysis of all the action.

## I**owa women's bask**eti Big Ten Network

#### Big Ten Women's Show

Every Monday at 7:30pm ET, the Big Ten Women's Show is dedicated to showcasing the best of Big Ten women's athletics with highlights, previews, analysis and features. The Big Ten has been a pioneer in promoting and recognizing women's athletics, and the Big Ten Network continues that tradition, not just with this program but with the promise that the Big Ten Network will offer event equality on all its platforms within three years of its launch.

#### WANT MORE? NOW THERE'S WWW.BIGTENNETWORK.COM

For video highlights of your Big Ten teams, human interest features on your favorite student-athletes and all the latest happenings in the Big Ten, log onto www.bigtennetwork.com. The network's online home also contains statistics, schedules and more.

Now, fans can get their Big Ten news and discussion to go with www.bigtennetwork.com podcasts with conference insiders. Podcasts are available by sport and by school.

Want to know when you can catch your team on Big Ten Network? When can you see last night's game again? Which classic games are coming up? The answers can be found on www.bigtennetwork.com where each school has a page that lists all of its upcoming programming.

Selected events are available via live web stream on www.bigtennetwork.com. Fans all over the world will enjoy bonus coverage of Big Ten sports as the Big Ten Network expands its streaming initiative to include more than 100 events, many of which would not otherwise be produced. The games will be available at no charge at www.bigtennetwork.com.

The Big Ten Network will televise a total of 64 games involving conference teams this season, including 55 regular season contests. The lowa Hawkeyes will be televised on the network a minimum of six times, including four times at home. Below is a list of the network's 2008-09 regular season schedule.

#### 2008-09 Big Ten Network Schedule

Monday, Nov. 17	_Kansas State at Northwestern (8 p.m.)
Wednesday, Nov. 19	Missouri at Illinois (8:30 p.m.)
	Texas A&M at Michigan (5:30 p.m.)
Sunday, Nov. 23	Vanderbilt at Michigan (11 a.m.)
	Hartford at Ohio State (5:30 p.m.)
Wednesday, Nov. 26	Old Dominion at Mich State (5:30 p.m.)
Sunday, Nov. 30	TBD at Ohio State (1 p.m.)
Tuesday, Dec. 2	UW-Milwaukee at Wisconsin (6 p.m.)
Tuesday, Dec. 2	Marquette at Northwestern (8 p.m.)
Wednesday, Dec. 3	North Carolina at Ohio State (7 p.m.)
Thursday, Dec. 4	Maryland at Purdue (5:30 p.m.)
Thursday, Dec. 4	Virginia at Illinois (7:30 p.m.)
Friday, Dec. 5	NC State at Michigan (5:30 p.m.)
Sunday, Dec. 7	lowa State at lowa (1 p.m.)
Tuesday, Dec. 9	Bucknell at Penn State (5:30 p.m.)
Wednesday, Dec. 10	Notre Dame at Michigan (6 p.m.)
Thursday, Dec. 11	Northern lowa at lowa (7 p.m.)
	Cincinnati at Michigan (6 p.m.)
Sunday, Dec. 21	_Michigan State at Penn State (11 a.m.)
Sunday, Dec. 21	Michigan at Ohio State (1 p.m.)
Sunday, Dec. 28	Illinois at Penn State (11 a.m.)
	Minnesota at Wisconsin (8 p.m.)
Thursday, Jan. 1	Michigan State at Purdue (12 p.m.)
Sunday, Jan. 4	Michigan State at Ohio State (1 p.m.)
Sunday, Jan. 4	lowa at Indiana (3 p.m.)
Thursday, Jan. 8	lowa at Purdue (6 p.m.)
Thursday, Jan. 8	Ohio State at Wisconsin (8 p.m.)
	Minnesota at Iowa (TBD)
	Ohio State at Illinois (7 p.m.)
Thursday, Jan. 15	Minnesota at Ohio State (6 p.m.)

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•	Penn State at Michigan State (3 p.m.)
	Illinois at Wisconsin (5 p.m.)
Monday, Jan 19	Purdue at Indiana (6 p.m.)
	Minnesota at Purdue (6 p.m.)
	_ Wisconsin at Michigan State (1 p.m.)
Sunday, Jan. 25	Indiana at Illinois (6 p.m.)
Monday, Jan. 26	Michigan at Iowa (7 p.m.)
Thursday, Jan. 29	Illinois at Northwestern (6 p.m.)
Sunday, Feb. 1	Indiana at Ohio State (3 p.m.)
Monday, Feb. 2	_ Michigan State at Minnesota (7 p.m.)
Thursday, Feb. 5	Michigan State at Illinois (8 p.m.)
Sunday, Feb. 8	Illinois at Indiana (11 a.m.)
	Wisconsin at Purdue (4 p.m.)
Monday, Feb. 9	Penn State at Michigan (6 p.m.)
Thursday, Feb. 12	Michigan State at Indiana (6 p.m.)
Thursday, Feb. 12	Purdue at Minnesota (8 p.m.)
Sunday, Feb. 15	Northwestern at Ohio State (10 a.m.)
Sunday, Feb. 15	Minnesota at Michigan (4 p.m.)
Monday, Feb. 16	Indiana at Wisconsin (7 p.m.)
	Ohio State at Minnesota (8 p.m.)
•	Minnesota at Northwestern (7 p.m.)

Schedule subject to change



#### CARVER-HAWKEYE ARENA Home of Hawkeye Basketball

Without question, the University of Iowa's Carver-Hawkeye Arena is one of the finest basketball facilities in the Midwest. Named for the late Roy Carver, a long-time supporter of the University, the arena opened in January 1983. The \$18-million arena is one of the 20 largest university-owned facilities in the nation. Last winter, it celebrated its 25th anniversary. It's the site for all Iowa home basketball, wrestling and volleyball contests, as well as select gymnastics meets. The arena hosted the Big Ten Wrestling and Women's Gymnastics Championships in 2005 and served as the site for the 2006 Men's Gymnastics conference championships.

The arena has hosted the NCAA Women's Championships 11 times and will serve as a site host for the 12th time this spring in 2009.

A unique structure in itself, Carver-Hawkeye Arena became even more distinguished with the installation of a parquet-style playing court in July 1988. Prior to the 2006-07 season, four new scoreboards were installed in the

arena. The north and south scoreboards are 48-feet, while the east and west measure at 80-feet. The east and west scoreboards feature state-of-the-art video quality. The Led Matrix display areas also have the ability to show expanded team and individual statistics.

When Sports Illustrated magazine surveyed sports fans in the state of lowa as part of its 50th anniversary, Carver-Hawkeye Arena was named as the "Hot Spot" for sporting events in the state.

The arena's weight and training facilities are arguably the most complete in the Big Ten Conference. The weight room includes state-of-the-art free-weight equipment while the spacious training and medical care area is prized by the members of the lowa training staff.

Located on the western edge of the UI campus, Carver-Hawkeye is the centerpiece for a superlative athletics complex. Within walking distance are Duane Banks Field, Fieldhouse, Recreation Building, Kenyon Football Practice Facility, Finkbine Golf Course, Pearl Field and Cretzmeyer Track and Field, as well as Kinnick Stadium, the 70,585-seat home for the football team.

Carver-Hawkeye
Arena, one of the 25
largest university-owned
facilities in the nation,
also brings in some of
the hottest music artists in the country. The
Backstreet Boys (right),
Red Hot Chilli Peppers
(far right), Foo Fighters,
Tonic, John Mayer, Elton
John and the Goo Goo
Dolls are some of the
bands that headlined
the past couple years.









Carver-Hawkeye Arena



Carver-Hawkeye Arena has hosted games in the NCAA Women's Tournament 11 times and the WNIT twice. Iowa City and the arena will serve as a host site for the 12th time in March 2009.



■ The Hawkeyes had a season-high 11,036 fans inside Carver-Hawkeye Arena watch lowa upset No. 13 Penn State, 79-64, in 2001.

Carver Hawkeye Arena has been recognized as one of the architectural wonders of the nation. The American Institute of Architects of Washington, D.C., singled out the arena's design as the winner of its 1984 Honor Award. In bestowing the honor, the AIA wrote the following:

"The lacy quality of the roof structure effectively evokes the natural setting, which, in combination with glass block walls, gives the arena a lightness and attractiveness rare in such large structures."

Carver-Hawkeye Arena

#### **Outstanding Fans**

A basketball player at the University of Iowa not only enjoys the finest coaching and facilities available, but a student-athlete is also provided the opportunity to showcase their talents to some of the greatest fans in America.

lowa's women's basketball team has ranked among the nation's leaders in attendance and has been one of the top draws in the Big Ten the past 19 seasons. In fact, in 1985 the Hawkeyes shattered the NCAA and Big Ten Conference attendance records when 22,157 fans squeezed into the 15,500 seat Carver-Hawkeye Arena, and in 1988 Iowa became the first school to sellout a regular-season women's basketball game over 30 hours prior to tip-off.

Eighteen of the last 19 years, the Hawkeyes ranked in the top 30 in average attendance, including ranking in the top 10 for nine seasons. In 1988, Iowa established the record for Big Ten attendance as an average 7,071 fans followed the team during league play.

During 1993-94 Big Ten fans set new national records for total attendance and per-game average. The conference shattered its own record (set in 1993) as 427,166 fans passed through Big Ten gates. Ohio State led the way and Iowa was second. The Hawkeyes averaged 7,131 fans per game, an all-time high, ranking sixth nationally.

In 1994-95, the Hawkeye loyalists filled the stands, averaging 6,147 fans per game, ranking seventh nationally in home attendance. In 1996-97, the Hawkeyes ranked 10th nationally in home attendance, while lowa ranked 12th in the country during the 1995-96 campaign.

lowa ranked 24th nationally in attendance in 2002-03 and 2003-04. Furthermore, the Big Ten, as a conference, has ranked second in the country the last seven years. Six conference teams ranked in the top 25 the last five seasons.

#### No Place Like Home When You're With The Hawkeye Family

Becoming a member of The University of Iowa basketball team means more than just being a player, you're a member of the "Hawkeye Family".

The lowa coaching staff knows how important it is for their players to get the opportunity to play games close to home. Each year the basketball team travels to tournaments around the country to insure that friends and families can see their Hawkeye stars play.

While traveling on the road, Hawkeye players and the coaching staff join in a private dining area to enjoy their pre-game meal.

Playing in Carver-Hawkeye Arena the Hawkeyes enjoy the enthusiasm and warmth of their fans.

The Hawkeyes reached a milestone victory in Carver-Hawkeye Arena five years ago. lowa's 74-59 win over Ohio State on Feb. 18, 2001, served as its 200th win in Carver-Hawkeye Arena. Since its opening in 1983, Iowa holds a 259-78 (.769) record in the friendly confines of Carver-Hawkeye Arena entering the 2007-08 season. Iowa's winning percentage ranks 49th nationally among active home collegiate arenas (minimum 150 games in the arena).

The Hawkeyes went a perfect 15-0 on their home court during 1992-93. lowa also recorded undefeated seasons on its home court during the 1985-86, 1987-88, 1989-90 and 1995-96 seasons, registering a 14-0 mark each time.

lowa has been dominant at home under Head Coach Lisa Bluder. The Hawkeyes are 82-35 (.701) overall and 32-10 (.762) in regular-season non-conference contests in Carver-Hawkeye Arena during Bluder's tenure. Iowa went 12-2 during the 2000-01 season. Additionally, the Hawkeyes were one of only two Big Ten teams to run the table during its home conference schedule, winning all eight home contests. Iowa went 11-3 in 2005-06 and 13-3 at home in 2007-08.



lowa has ranked in the top 25 in attendance 14 of the last 18 years



lowa packed 22,157 fans into its game against Ohio State in 1985, which is a Big Ten record for attendance.

#### Carver-Hawkeye Arena



The lowa locker room includes leather sofas, a big screen TV, satellite, computers and spacious lockers for the players.



lowa student-athletes have spacious lockers for their personal and game use.



The Hawkeye locker room has a trophy case that showcases lowa's nine Big Ten Championships, two Big Ten Tournament Championships, one Final Four appearance and numerous holiday tournament trophies.

"I love the big pictures of everyone hanging on the wall as you walk in." Freshman

**Shante Jones** 

"I love the couches in our locker room! They are so comfortable and I like to take naps on them when I have extra time after practice and before classes! The big screen TV is pretty cool too!"

Junior JoAnn Hamlin

"I love walking in every morning and seeing my name tag and my chair. It reminds me that I am a part of something great!"

**Sophomore** 

**Kachine Alexander** 

The lowa women's basketball locker room has been completely remodeled over the past couple years. Highlighting the changes is improvement to the player lounge. Players now enjoy the comfort of leather sofas, a big screen TV and computers with high-speed Internet access. The lounge also features plush carpeting and a high-quality sound and system, helping make the lowa locker room the envy of most women's collegiate basketball programs. The changes provide the lowa players with an opportunity to relax before and after practices and games. Additionally, a brand new editing system has been installed in the locker room so players can break down film at their leisure.

lowa's locker area was also remodeled with large wooden lockers for each player's personal and game use. Also, lowa's shower area was expanded to provide additional room.



The Board of Regents, State of Iowa approved the schematic design, project description, budget, and financing plan for a \$47 million addition and revitalization of the University of Iowa's award-winning Carver-Hawkeye Arena.

The Carver-Hawkeye Arena – Addition and Renovation Project will include the construction of a practice facility immediately north of the Arena for use by the UI's men's basketball, women's basketball and volleyball programs; renovation of the practice, fitness and weight-training facilities utilized by the UI's wrestling program; renovation and expansion of other fitness and weight-training space in the Arena utilized by the majority of lowa's 24 sports teams; the renovation and expansion of locker rooms in the facility; and the renovation of existing and the creation of new office, meeting, and storage space for use by administrative and coaching staff of the UI Athletics Department.

The addition of the practice facility will eliminate the need to have student-athletes in the sports of men's basketball, women's basketball and volleyball practice and train at unusual or irregular times of day or at times which are typically reserved for classes. The flexibility created by the practice space will also positively impact the potential for use of the Arena for other University and community-related events such as concerts.

The revitalization of the Arena will also extend into spaces used by the general public on game days and nights including renovation of select concessions and rest room facilities, and the creation of hospitality and meeting spaces combined with club facilities for fans of the Hawkeyes who choose to participate in a variety of premium seating options similar to that which are available in the Paul W. Brechler Press Box at historic Kinnick Stadium.

Finally, the project will also upgrade the fire alarm, elevator and mechanical systems of the award-winning 25-year-old facility.

"Today, 25 years after its construction, Carver-Hawkeye Arena remains a great facility for spectators. However, if we are to remain competitive, some of the public spaces and many of the 'behind-the-scenes' spaces need significant updating and enhancement. I greatly appreciate the Board's recognition of our needs and its confidence in our plan to address those needs," said Gary Barta, the UI's director of athletics.

"I am also confident fans of the Hawkeyes recognize our need to be competitive and will be as supportive of this project as they were when they were asked to support the construction of Carver-Hawkeye Arena and, more recently, the renovation of Kinnick Stadium."

Approval by the Board of Regents allows the UI to move forward with the creation of architectural plans and the solicitation of bids for the project. The UI anticipates receiving bids in March 2009 and estimates completion of the full project in the fall of 2011.

The Board also approved the financing plan submitted by the UI for the project. The plan was similar to that which was created for the renovation of historic Kinnick Stadium. It includes revenue generated from fund-raising specifically related to the project and bonding secured by revenues specifically related to the project.

The UI Athletics Department will work with the UI Foundation on a capital gift campaign that has a goal of generating \$20 million in support of the project. The UI has already received a multi-million dollar pledge in support of the project from Dale and Marilyn Howard of Iowa Falls.

### Carver-Hawkeye Arena Renovation

The UI Athletics Department will also establish court side and club seat programs comparable to the indoor and outdoor club seat program currently in operation inside the Paul W. Brechler Press Box at historic Kinnick Stadium. The premium seating options will likely involve only 600 seats and have the potential to generate as much as \$3 million annually in the first five years of operation and \$1.3 million annually in the second five years of operation.

"We have developed a funding model that is used across the country for virtually every project like this and particularly when the athletics department involved is asked to be 100 percent self-supporting. We will need help from all fans of the Hawkeyes and the response has already been terrific. With that said, fans sitting in two-thirds of the Arena will not be required to make a contribution or participate in the priority seating program."

The UI Athletics Department also plans to implement a priority seating program for the Arena similar to that which is in place for seats in the four grandstands at historic Kinnick Stadium. The Arena program currently calls for less than one-third (less than 4,500) of the 15,000 seats in the facility to be subject to a priority seat contribution.

"When Carver was built 25 years ago, Hawkeye fans were incredibly generous and those who made a contribution to the project were provided access to the best seats. When we renovated Kinnick Stadium, those who were most generous were provided the opportunity to lease premium seating opportunities in the new press box," Barta said.

"I am thrilled with the Board of Regents has approved this important improvement and addition to Carver-Hawkeye Arena. Our student-athletes will benefit tremendously from the enhanced practice and strength training facilities. Carver-Hawkeye Arena is a great basketball venue and the renovation will only make our game-day atmosphere that much better and more comfortable for our fans."

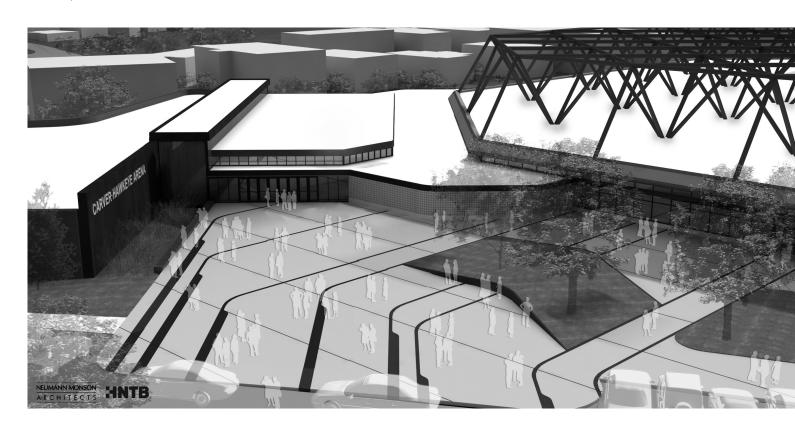
**Head Coach** Lisa Bluder

"I think the improvements are going to be great! I am very excited to see what it will look like because there is a great plan. And, to have this plan for improvement will help the recruiting process."

Freshman Kamille Wahlin

Barta said the impact of this project will be felt across the spectrum of sports offered by the UI, by thousands of current and future student-athletes, and by hundreds of thousands of fans who will attend events in the Arena for many years to come.

"To say that our staff and coaches are excited or that our student-athletes are excited would be a tremendous understatement. We are making an important investment in one of the landmark buildings on our campus and the programs that it houses," he said.



Academic Student Services

Since its inception in 1979, Athletics Student Services has evolved from a two-person, academic support service to a broad-based, nationally prominent student support services operation. Its purpose is to assist student athletes to become tomorrow's leaders by offering academic and personal support services to assist them in making timely and satisfactory progress toward their degrees.

Athletic Student Services focuses on four important areas — academic counseling and monitoring, educational and support programs, retention programs and compliance services — when working with student-athletes. Following are descriptions of some of the programs, services and opportunities available to student-athletes in those areas.

#### Athletics Learning Center

The \$4.6 million Russell A. and Ann Gerdin Athletics Learning Center opened in September of 2003 and gives all lowa student-athletes a state of the art facility to help them with their educations.

The Athletics Learning Center is a multi-level, 20,000 square foot facility that provides a computer center, study areas, classes and meeting places for all Hawkeye student-athletes.

The Learning Center features an auditorium that converts into two classrooms, separate study rooms for under and upper-class student-athletes that feature 28 study carrels, a computer lab, five tutorial rooms, the book loan repository, office space for lowa's Student Services staff and a display area to recognize the academic accomplishments of lowa's student-athletes.

### Academic Counseling and Monitoring

Athletics coordinators work closely with student-athletes and their university-assigned advisors from the time they arrive on campus until the time they leave the University. Along with focusing on academic planning matters such as goal-setting, plans of study, choosing majors and degree requirements, athletics coordinators also help student-athletes understand NCAA, Big Ten and University academic policies. They also solicit feedback from instructors on academic progress made by student-athletes.

#### **Tutoring**

Tutoring is available free of charge to all student-athletes. Tutors, who are post-graduates and teachers, help with course content as well as study strategies and are available in virtually all general education program subjects.



#### Retention

A full-time staff member directs the retention program, which identifies student-athletes who may need tailored academic assistance and structure, and implements individualized learning plans to help them succeed. Such plans may include daily and weekly planning sessions with athletics coordinators and retention staff, tutoring, study groups, mainstreaming into on-campus services like the writing center, math labs and services for students with learning disabilities.

#### **Transition Seminar**

All new student-athletes attend an eight-week transition seminar during the fall semester that is geared toward helping them make the transition from high school to college successfully. Seminar topics include time management skills, learning and study strategies, the culture and rules of the university, and life skills concerning alcohol and other substances, relationships and intimacy, diversity, tolerance, values and character.

#### CHAMPS/Life Skills

Life skills programs are conducted throughout the year with and for student athletes on quality of life issues critical to personal growth, such as personal accountability, responsible use and non use of alcohol, diversity and gambling.

### Career Guidance and Development

Planning a meaningful career and a fulfilling life is an ongoing process of expanding and narrowing choices, beginning when student-athletes arrive on campus and continuing throughout their college career and lifetime. The professional staff works with other career development professionals on campus to offer individual consultation, career development seminars, workshops, referrals to other campus offices and special events like the Senior Recognition Banquet for graduating student-athletes.

#### **Minority Enrichment Program**

This program offers a culturally supportive environment in which minority student-athletes have the opportunity to develop friendships and a support network in the university. A core focus group of students and staff coordinate programs such as guest speakers, holiday celebrations, community service activities with the local neighborhood centers, events with Cultural Centers and networking with minority faculty, staff, professional and business leaders.

#### Compare the Numbers

lowa's student-athletes have outperformed the University's entire student population each year since the NCAA started requiring a report of student-athlete graduation rates.

Academic Success

"I think that the success that we've had in the classroom shows lowa's commitment to the student-athlete. With Lindsey Meder being one of the top-five academic players in America two straight years (2001-02) and having 18 different student-athletes on the academic all-Big Ten team the last eight seasons combined speaks volumes about our commitment to academics. Our players have proven that they can do both at a school like lowa. They can achieve success both academically and athletically."

#### Lisa Bluder **Iowa Head Coach**

"In following our theme, 'Today's Hawkeyes are Tomorrow's Leaders,' the Office of Athletic Student Services is dedicated to meeting the needs of each individual student-athlete as she earns the degree of her choice while participating on a championship caliber team. Counseling, academic monitoring, educational programming, supplemental instruction, tutoring, community service opportunities, and career exploration are all part of the services available to these student-athletes."

#### **Peter Gray**

**Assistant Director, Athletics Student Services** 

The University of Iowa women's basketball team not only has a rich tradition of success on the court, but in the classroom as well. The University of Iowa and its staff are committed to the student-athlete and prepares its athletes for life after college.

Lindsey Meder (1998-2002), who was a pre-medicine major, was selected to the Verizon Academic All-America first team both her junior and senior years. She was the only junior selected to the five-member team.

Wendy Ausdemore, Stacy Schlapkohl, Kristi Smith and Krista VandeVenter were named to the academic All-Big Ten team last season. Five years ago, lowa had a school record eight student-athletes named to the academic all-Big Ten team -- the most of any other women's basketball team in the league. Thirty different Hawkeyes have been named to the Academic All-Big Ten Team since 1985.

Last season, Ausdemore was named second team academic all-District. She was the only sophomore named to either the first or second team.

In addition, Jennie Lillis (2000-04) was one of only two recipients of the 2004 WBCA Scholarship Award.



(I-r): Krista VandeVenter, Stacy Schlapkohl, Wendy Ausdemore and Kristi Smith were lowa's honorees to the 2008 academic All-Big Ten team.



Jennie Lillis is congratulated by Robin Roberts after being one of only two recipients of the 2004 WBCA Scholarship Award.

#### Iowa Academic All-Big Ten

1985-86 Lisa Becker 1986-87 Lisa Becker

1987-88 Jody Ratigan Jolynn Schneider 1988-89

Felecia Hall Jody Ratigan 1989-90 **Becky Shrigley** Trisha Waugh

Jody Ratigan

1990-91 Trisha Waugh

1991-92 **Becky Shrigley** 

1993-94 Karen Clayton

1994-95 Karen Clayton Susan Koering

1995-96 Karen Clayton Tiffany Gooden Susan Koering Shannon Perry

1996-97 Tiffany Gooden Amy Herrig

Susan Koering Shannon Perry

1997-98 Tiffany Gooden Amy Herrig Shannon Perry

1998-99 Cara Consuegra Amy Herrig Randi Peterson

1999-00 Cara Consuegra Lindsey Meder Randi Peterson Laura Podolak

2000-01 Cara Consuegra Leah Magner Lindsey Meder Randi Peterson

2001-02 Kristi Faulkner Jennie Lillis Leah Magner Becca McCann Lindsey Meder

2002-03 Jenna Armstrong April Calhoun Jamie Cavey Kristi Faulkner Jennie Lillis

Becca McCann 2003-04 Jenna Armstrong Jamie Cavey Kristi Faulkner Morgan Kasperek Jennie Lillis Becca McCann

Tiffany Reedy

Lindsay Richards

2004-05

Jamie Cavey Morgan Kasperek Tiffany Reedy

2005-06 Jeneé Graham Morgan Kasperek Tiffany Reedy Krista VandeVenter

2006-07 Wendy Ausdemore Jenee Graham Krista VandeVenter

2007-08 Wendy Ausdemore Stacy Schlapkohl Kristi Smith Krista VandeVenter

Strength and Conditioning



Junior JoAnn Hamlin is performing a rotational chop on our new, state of the art, free motion pulley system to develop rotational strength, as well, as core stability.



Kachine Alexander performing a Squat to work on lower body strength and power.

#### Strength & Conditioning Philosophy

The philosophy of this program consists mainly of two components. The first is to continually develop a scientifically sound program that will maximize strength, power and explosiveness in order to allow the athlete to get the utmost out of their genetic potential, and to reduce the chance of injury. This will primarily be accomplished through the use of ground based free weight exercises and the progressive incorporation of functional movements and plyometrics. The second is to establish a culture which will develop the discipline, character and mental toughness within each athlete and team as a whole so that they are able to make the sacrifices in their training, leave their comfort zone and develop a Championship ATTITUDE. This will encourage them to make the most out of every situation and opportunity given to them in athletics, so that they might know what it is to be fully committed to something in at least one area of their life. When these two converge, they are not only able to reach their full potential; they become champions on and off the playing field.

Big Ten Basketball



The Big Ten Conference is a union of 11 world-class academic institutions who share a common mission of research, graduate, professional and undergraduate teaching and public service. The conference's 100-plus years of history, strong tradition of competitive intercollegiate athletic programs, vast and passionate alumni base, and consistent leadership in innovations position the Big Ten and its entire community firmly on the Big Stage.

The Big Ten has sustained a comprehensive set of shared practices and policies that enforce the priority of academics and emphasize the values of integrity, fairness and competitiveness in all aspects of its student-athletes' lives, with the ultimate goal of ensuring that each individual have the opportunity to live a Big Life.

#### STUDENT-ATHLETE OPPORTUNITIES

- · Big Ten universities provide approximately \$100 million in direct financial aid to more than 8,500 men and women student-athletes who compete for 25 championships, 12 for men and 13 for women.
- · Conference institutions sponsor broad-based athletic programs with more than 270 teams. Other than the Ivy League, the Big Ten has the most broad-based athletic programs in the United States.

#### TOP ACADEMIC INSTITUTIONS

- · Big Ten universities are members of the nation's only conference whose constituency is entirely composed of institutions that are members of the AAU, a prestigious association of major academic and research institutions in the United States and Canada.
- · Big Ten institutions house on their campuses 10 of the nation's 35 largest academic libraries. Collectively, conference libraries hold more than 70 million book volumes, and institutions work collaboratively to build and share their resources with other Big Ten members.

#### MORE TELEVISION EXPOSURE

- · The Big Ten's media agreements with CBS, ABC/ESPN and the Big Ten Network provide the conference with its greatest television exposure ever.
- In 2006, the Big Ten created the first national conference-owned television network devoted to the athletic and academic programs of a single conference. The Big Ten Network launched on Aug. 30, 2007, and became the first new network in cable or satellite television history to reach 30 million homes in its first 30 days.
- In 2007-08, the Big Ten's television partners aired every home football and men's basketball game for the first time in conference history while also providing twice as much national exposure for women's basketball than any other conference during the regular season.
- The Big Ten's new media agreements resulted in the broadcast of more than 500 events nationally and regionally during the 2007-08 academic year, compared to 300 events in the final year of the previous agreements.

#### **NATION'S BEST FANS**

- Big Ten fans are some of the most supportive in the country, as nearly 7.8 million patrons attended conference home contests during the 2007-08 seasons for football, men's and women's basketball and volleyball alone.
- Over the last 30 seasons, the conference has ranked either No. 1 or No. 2 nationally in football, men's basketball and wrestling attendance.
- Big Ten institutions have more than 4.2 million living alumni and over 300,000 undergraduate students attending their universities.

#### SUCCESSFUL PROGRAMS

· The Big Ten is the only conference in the nation in which every school has captured at least one national title in an NCAA sponsored sport over the last 10 seasons.

· The Big Ten has claimed at least four national championships in eight of the last 10 seasons. Big Ten national champions in 2007-08 included Penn State men's and women's volleyball, Iowa wrestling, Ohio State fencing and Northwestern women's lacrosse. The Big Ten has also produced team national crowns in the sports of basketball, cross country, field hockey, football, golf, gymnastics, ice hockey, lacrosse, soccer, softball, synchronized swimming, tennis and track and field over the last decade.

#### LEADERSHIP IN GENDER EQUITY

- Since 1992, the Big Ten has shown a strong commitment to increasing opportunities for women in sports and exposure of women's athletics by establishing a multi-phased gender equity program. In that time, the Big Ten has created in excess of 2,000 new opportunities for women student-athletes and established 28 new women's teams, while expanding the number of women's championships to 13 by adding field hockey, soccer and rowing.
- · As part of the gender equity action plan, the Big Ten was the first conference to voluntarily adopt male/female participation goals for student-athletes in 1992. The Big Ten initiated a five-year plan for conference members to commit to a 60 percent/40 percent male-to-female student-athlete participation ratio. This was achieved as a conference by 1997 and 2000 was the first year that all institutions individually met this goal. As part of its commitment to gender equity, the Council of Presidents/ Chancellors annually monitors this policy. Over the past five years, the Big Ten has maintained on average a 53 percent/47 percent male-to-female participation ratio.
- · According to the National Association of Collegiate Women's Athletics Administrators (NACWAA), the Big Ten is one of only two conferences in the nation in which women account for over 50 percent of the head coaching positions and 60 percent of the assistant coaching ranks in women's sports.

#### **BUILDING THE FUTURE**

- In 1989, the Big Ten created a community outreach program SCORE (Success Comes Out of Reading Everyday), which partnered the conference with two Chicago elementary schools to improve reading performances. What began with one school, two grade levels and five classrooms has grown in its 19th year to include grades kindergarten through eighth, encompassing all classes and students at Melody School and Louis Armstrong School.
- · Following the national tragedy on Sept. 11, 2001, the Big Ten, through its intercollegiate athletic department revenues, pledged a \$1 million scholarship contribution to assist the families of those affected by the terrorist attacks. The conference's donation is called the "Big Ten 9-11 Scholarship Fund", and the \$1 million contribution will be drawn from conference reserves which are generated as a result of football and men's basketball participation in NCAA, bowl and regular-season television op-
- The Big Ten has established numerous community programs surrounding the Big Ten Men's and Women's Basketball Tournaments, including the Wayne Duke Postgraduate Award Scholarship, the Big Ten Career Fair and the Shoot for the Cure event during the women's tournament that raised over \$10,000 for the Indianapolis Affiliate of Susan G. Komen for the Cure in its first year.



Big Ten Basketball



The lowa Hawkeyes celebrate after capturing their second conference tournament title after dethroning three-time defending champion Purdue in 2001.

The University of Iowa Hawkeyes play in one of the premiere conferences in the nation: the Big Ten. The 11-member institutions that compete in this highly competitive league consistently battle for national titles on an annual basis.

Women's basketball in the Big Ten is one of its most popular sports amongst its fans. Last season marked the first time since the 1993-94 campaign that teams played an 18-game conference schedule, followed by one of the most watched and attended league tournaments in the nation.

The popularity of women's basketball continues to rise. For the past seven seasons, the Big Ten Conference has ranked No. 2 nationally in attendance, with six school's ranked in the top 25.

Two Big Ten Conference schools reached the NCAA Final Four two of the last four seasons. In 2004, Minnesota advanced to the Final Four before falling to eventual national champion Connecticut in the semifinals. In 2005, Michigan State became the third league school to reach the championship game. Baylor defeated the Spartans for the national championship.

lowa has won or shared the second-most Big Ten regular season titles with nine championship trophies (1986-'87, '87-'88, '88-'89, '89-'90, '91-'92, '92-'93, '95-'96, '97-'98 and '07-'08). The Hawkeyes have also won the Big Ten Tournament twice (1997 and 2001), which ties for second-best in the league.

Eight years ago, the University of Iowa and its basketball fans were treated to an unprecedented accomplishment. Both the men's and women's team's won its respective tournament. It marked the first time the same school won both the men's and women's conference tournament the same year. No other Big Ten school has accomplished that feat.

"It was an indescribable feeling when we won the Big Ten Tournament," said Head Coach Lisa Bluder. "To share that with the team and the fans, but then to watch our players genuinely get just as excited when our men won speaks volumes about the comradely between the two programs and the love for lowa that is shared by everybody."

"I knew from the beginning that I wanted to play in the Big Ten Conference, no matter what. The Big Ten is an amazing conference and I wouldn't trade it for the world."

#### Sophomore

#### Kachine Alexander

"The Big Ten is one of the best, if not the best, conference in the U.S. The competition in the Big Ten is very competitive, which I love! Being able to play against and with the best players in the country is truly a dream come true! Being a Big Ten studentathlete is also an honor, we are given so many great opportunities, whether it's academically or basketball wise."

#### Senior

#### Nicole VanderPol

"Big Ten competition is very intense, and every time you step on the floor you have to be ready to take some bows. Being a Big Ten student-athlete is demanding, but well worth it because of the experiences and things you learn along the way."

#### Senior

#### **Wendy Ausdemore**

"It's a great opportunity to be able to associate myself with lowa and The Big Ten Conference. Every school in our conference is well-respected and I enjoy traveling and playing at all of different schools."

#### Senior

#### Kristi Smith



The Iowa Hawkeyes won 11 of their last 13 Big Ten games, including eight in a row, to win a share of the 2008 Big Ten regular season championship.

Big Ten Basketball

The Big Ten Conference has held a league tournament every year since 1995, with every tournament but one being held in Indianapolis.

Fans have embraced the Big Ten Women's Tournament. Nearly 36,000 fans watched in 2008 as Purdue captured the tournament title marked by close games and stellar individual performances. Last year, the tournament set attendance records for sessions one & two.

Conseco Fieldhouse has played host to the conference tournament the last seven consecutive years and eight overall. In fact, the Conference announced in 2006 that it has signed a five-year extension to Indianapolis and the Conseco Fieldhouse to serve as host of the men's and women's tournaments until the year 2012.

Purdue (7) has captured the most tournament titles, followed by Iowa (2) and Penn State (2). The Boilermakers boast the best winning percentage (.800) in the tournament, while the Hawkeyes rank fourth (.520).

lowa currently holds tournament records for average points per game (80.7), field goals in a single game (37), free throw percentage in a single game (1.000, 13-13) and fewest turnovers per game (5).



lowa advanced to the semifinals of last year's Big Ten Tournament in Indianapolis. The Big Ten and Conseco Fieldhouse set an attendance record in 2006, with 38,638 fans watching exciting tournament action.

#### ALL-TIME TOURNAMENT RESULTS

W	L	Pct.	1st	2nd	Years Winner
28	7	.800	7	3	·98-99-00-03-04-07-08
20	13	.606	1	3	<b>'06</b>
20	12	.625	2	4	<sup>95</sup> -96
13	12	.520	2	0	<b>'97-01</b>
13	13	.500	1	0	'02
13	14	.481	0	3	
11	13	.458	0	0	<sup>6</sup> 05
8	14	.364	0	0	
6	14	.300	0	0	
5	14	.263	0	0	
3	14	.176	0	0	
	28 20 20 <b>13</b> 13	28 7 20 13 20 12 <b>13 12</b> 13 13 13 14 11 13 8 14 6 14 5 14	28 7 .800 20 13 .606 20 12 .625 13 12 .520 13 13 .500 13 14 .481 11 13 .458 8 14 .364 6 14 .300 5 14 .263	28       7       .800       7         20       13       .606       1         20       12       .625       2         13       12       .520       2         13       13       .500       1         13       14       .481       0         11       13       .458       0         8       14       .364       0         6       14       .300       0         5       14       .263       0	28       7       .800       7       3         20       13       .606       1       3         20       12       .625       2       4         13       12       .520       2       0         13       13       .500       1       0         13       14       .481       0       3         11       13       .458       0       0         8       14       .364       0       0         6       14       .300       0       0         5       14       .263       0       0

#### YEAR-BY-YEAR TOURNAMENT ATTENDANCE

Year	Session 1	Session 2	Session 3	Session 4	Session 5	Total	Avg. per Session
1995	3,782	4,293	5,006	4,240	4,590	22,001	4,400
1996	3,517	4,038	3,688	4,840	6,783	22,866	4,573
1997	4,548	5,755	4,285	4,725	5,490	24,803	4,960
1998	4,280	6,363	4,796	4,505	5,930	25,874	5,175
1999	4,961	7,317	4,948	6,123	6,459	29,808	5,962
2000	5,053	4,753	5,664	6,672	5,256	27,398	5,480
2001	5,340	2,796	5,566	7,948	5,369	27,019	5,403
2002	5,630	6,324	5,614	9,358	9,221	35,846	7,169
2003	4,854	5,318	5,743	6,898	7,847	30,658	6,132
2004	5,521	6,768	7,405	8,524	#9,417	37,635	7,527
2005	4,966	6,940	5,701	5,847	6,757	30,311	6,042
2006	6,015	7,493	7,681	8,780	8,669	*38,638	*7,728
2007	5,026	5,362	5,388	6,879	6,550	29,205	5,841
2008	6,432	7,321	6,936	7,684	7,221	35,594	7,119
Average	4,995	5,774	5,602	6,645	6,826	29,833	5,968 (session)

Site of Tournament: Indianapolis, IN from 1995-2000, 02-05, Grand Rapids, MI in 2001

#single-session attendance record

<sup>\*</sup> Total and average attendance record

Photos







# IOWA WOMEN'S BASKETBALL Photos







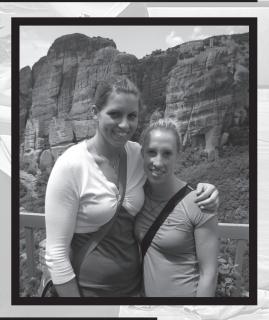


















The Roy G. Karro Athletics Hall of Fame and Visitors Center sits on the western edge of campus adjacent to the lowa Soccer Complex, Grant Field and Finkbine Golf Course.





Since it opened its doors in September 2002, the Roy G. Karro Athletics Hall of Fame and Visitors Center has served as a stop for Hawkeye fans on their way to Carver-Hawkeye Arena. Fans can browse through the history of not only Hawkeye basketball, but every competitive sport that the University of lowa has to offer.

Exhibits of all 22 sports adorn the Hall of Fame walls. Fans can see everything from the women's 2008 regular season and 2001 Big Ten Tournament trophies to a scorecard from the lowest round shot by a Hawkeye golfer. Fans of Hawkeye athletics can view old baseball uniforms and every national championship trophy won by the lowa wrestling program.

Fans can get hands on experience in the interactive room by shooting baskets on the old Fieldhouse floor and kicking field goals while a crowd cheers in the background. The Hall of Fame also has computer screens throughout the building, showing historic moments in lowa athletic history. There is also a theatre where fans can watch highlights from any one of lowa's sports. Databases are available so friends and relatives of former athletes can relive their history as a Hawkeye.

The Hall of Fame is not just an attraction for fans. Meeting spaces are available and are used for business meetings and team activities.

"Teams use this building for luncheons and recruiting purposes," said Hall of Fame Director Dale Arens. "When potential athletes walk through, they realize the level of commitment that this university has to its athletic program. Not too many universities have a facility like this."

Athletics have always been a big part of The University of Iowa. The Hall of Fame allows fans to view the history of the Hawkeyes and will let fans in the future revisit the success that is Iowa Hawkeye athletics.

Women's basketball has two players and a former coach already inducted into the Hall of Fame. Michelle Edwards was a member of the 2000 Class, Cindy Haugejorde was inducted in 2007, while Coach C. Vivian Stringer was honored in 2006.

## Iowa's Bluder wins No. 500 Smith, Solverson spearhead coal NIVERSITY OF TOWA

in that building. Hopefully,

In This Section... The University of Iowa ......70-72

free-throw shooting ay of the season, hitting 19-20 shots from the stripe.

After trailing by as my as 14 in the first half, nn State rallied back

> wa ahead with a inter to make it



## IG TEN CO-CHAMPS

Hawks past Badgers



Press-Citizen / Dan Williamson

lowa's Abby Emmert, left, drives around Indiana's Jamie

front of 3,239 fans in Carver-Hawkeye Arena.

"We know in our hearts and in our heads, we're here to win," sophomore JoAnn Hamlin said. "And that's

for Hamlin, form the arc m all Big Ten by the e shot a little

answer to that," Bluder sa in respond to Skouby's sco ing surge of late. "It's hard figure out which butto

#### An Exceptional Choice

Since 1847, The University of Iowa has distinguished itself as a leader among public universities. Today its programs in health, business, engineering, education, law, the arts, communications, and the sciences are known worldwide for their excellence and innovation.

#### **Outstanding Academic Opportunities**

Iowa offers degrees in 11 colleges: Business, Dentistry, Education, Engineering, Law, Liberal Arts and Sciences, Medicine, Nursing, Pharmacy, Public Health, and the Graduate College. Undergraduates can choose from more than 100 areas of study.

#### A Fun Place to Call Home

lowa City is a classic university town where learning and creating truly matter. The city blends the vibrant University campus and the natural beauty of the lowa River with nearby shopping, entertainment, and residential areas.

#### **Commanding Resources**

The University operates one of the largest research library systems in the country. Iowa equips its classrooms and laboratories with the latest in computer technology. Students benefit from this technology-rich environment coupled with the high personal attention of University faculty and staff. Visit the University's web site at www.uiowa.edu to take a virtual campus tour or find out more about its programs of study.

#### More Than a Taste of the Arts

Hancher Auditorium, the University's outstanding arts showplace, presents an amazing array of world-renowned performers, and students may purchase tickets to performances at reduced rates. Premier works of art are displayed not only at the Museum of Art but in most University buildings and plazas throughout campus. Students may participate in theater, music, and dance groups.

#### Time and Space to Play

Every year about 90 percent of lowa's students make use of the University's recreational facilities. Each season offers a full schedule of intramural and club sports, ranging from rugby, tennis, and golf to volleyball, soccer, and swimming. Individual workouts are a part of many students' daily routines. Students also make use of campus walking and running trails, bikeways, ski trails, golf courses, and canoe and sailboat rentals to relax and enjoy leisure time.

#### What Distinguishes an Iowa Education?

Success. lowa's philosophy is that if students meet the entrance requirements, the University is going to do everything it can to help students to graduate. An lowa degree spells success in the job market, giving students the skills to continue learning and growing throughout their careers.

**Excellence.** The faculty is stellar. Students are amazed not only at how much they know but at how enthused they are about sharing that knowledge and getting students excited about their subject.

#### Comfortable class sizes

Here are average class sizes for some typical first-year courses:

Biology: 600 in lecture, 24 in lab; Rhetoric: 22 in class; Calculus: 25 in class; Western Civilization: 260 in lecture, 22 in discussion group;

German: 15 in class; First-year seminar: 13 in class



U.S. News & World Report ranked UI as the 21st best public university in the nation in 2004 and 2005 and the 25th best in 2006 and 27th best in 2007.

#### **Consider Iowa's Advantages**

- According to the Fiske Guide to Colleges, the University of Iowa is a "Best Buy" for an outstanding, affordable education.
- Iowa celebrates diversity—the University attracts students from 100 countries and all 50 U.S. states.
- ◆ Iowa is part of the Big Ten Conference, sharing academic and athletic traditions among a group of America's leading universities.
- lowa's faculty members not only offer a full range of academic offerings for students, they actively engage in innovative research projects within their specialty areas.
- Students can easily travel a half day by car to a number of large American cities, including Chicago, Minneapolis/St. Paul, Kansas City, St. Louis, and
- Iowa City holds a cosmopolitan charm all its own as a gathering place for the world's writers, for world-renowned artists, and for noted visiting lecturers.
- The University's 400+ student organizations include fraternities, sororities, and many professional and cultural societies.
- The University's career and placement services match students with companies for internships and other professional experiences throughout their education.
- ◆ The University's graduates excel in their careers, often holding leadership positions within their professions and communities.

#### The University of Iowa

#### The Colleges

Freshmen who enroll at The University of Iowa are admitted to either the College of Liberal Arts and Sciences or the College of Engineering. The General Education Program allows students to sample courses in more than 100 areas of study. At lowa, students are required to take electives, major courses, and general education course work.

#### Liberal Arts & Sciences

Undergraduate Degrees Offered - Bachelor of Arts (BA) and Science (BS) in 58 major fields; Bachelor of Fine Arts (BFA) in Music (BM) and of Liberal Studies (BLS). Admission - Freshmen and transfer students are to meet the college's admissions requirements.

#### **Engineering**

Undergraduate Degrees Offered - Bachelor of Science in Engineering (BSE) in six majors- biomedical, chemical, civil, electrical, industrial, and mechanical engineering. Admission - Students must meet the college's high admissions requirements.

#### **Business**

Undergraduate Degrees Offered - Bachelor of Business Administration (BBA) in six majors: accounting, economics, finance, management, management information systems, and marketing. Admission - Requires two years of prebusiness study in the College of Liberal Arts and Sciences. Details at www. biz.uiowa.edu/upo/admissions/

#### **Education**

**Teacher Education Programs -** Elementary Education, Art Education, English Education, Foreign Language Education, Mathematics Education, Music Education, Science Education, and Social Studies Education. Additional teaching minors in Coaching, ESL (English as a Second Language), Hearing Impaired, Journalism, and Talented and Gifted. Admission - Review all admission requirements and program guides at www.education.uiowa.edu/tess/

#### Nursing

Undergraduate Degrees Offered: Bachelor of Science in Nursing (BSN). Admission: Students complete one year of pre-requisite courses in the College of Liberal Arts and Sciences and apply for admission during the second semester of the first year. The College of Nursing has competitive admission. The BSN requires three years of study once the student earns admission.

#### **Pharmacy**

Professional Degree Offered - Doctor of Pharmacy (PharmD).

Admission - Students must successfully complete required pre-pharmacy course work in the College of Liberal Arts and Sciences. These requirements may be met in two years but do not guarantee admission. Students must also complete the Pharmacy College Admission Test (PCAT).

#### **Graduate and Professional Degrees**

Many student-athletes who have attended The University of Iowa and completed their undergraduate degrees continue their education at the University. Student-athletes who attend graduate or professional school must first complete course work toward a bachelor's degree in their field of study. The University also offers undergraduates the opportunity to participate in research and overseas study programs, as well as internships that will help prepare them for graduate school.



The state-of-the-art Pappajohn Business Building.



The Becker Communication Studies Building is one of the campus' new additions.

The University of lowa **Dental Sci**ence Program is one of the oldest in the nation.





The University of lowa College of Law is one of the best and most respected law schools in the country.

## **IOWA WOMEN'S BASKETBALL** The University of Iowa

#### Housing

Each athletics team has its own rules regarding residence of incoming freshmen. Across the University, about 90 percent of freshmen choose to live on campus in one of the 10 residence halls. Most student-athletes live at least two years on campus.

The residence halls have full-service dining rooms, study lounges, laundry facilities, recreational facilities, vending, and bank machines. Each room has high-speed computer connections for e-mail and Internet access, plus there are wireless networking hot spots in a variety of locations across campus. lowa also offers wireless networking in 52 buildings and several outdoor areas, providing more than 265 access points across campus.

#### Safety

- 11:55 p.m. 2:10 a.m.: Free SafeRide buses take students home Fridays and Saturdays during the fall and spring semesters.
- · Special telephones with blue lights are stationed across campus with a direct link to the UI Department of Public Safety.
- University of Iowa Police personnel educate students on safety during summer orientation.
- · The Rape Victim Advocacy Program cooperates with the UI Department of Public Safety and participates in Sexual Crime Awareness Week.

#### Libraries

The University of Iowa Libraries supports the academic achievement of all student-athletes with specialized courses, one-on-one consultations with librarians, 24/7 access to electronic resources through the web site (www. lib.uiowa.edu), and extended hours, which can accommodate complicated practice and travel schedules. UI Librarians help students find answers, whether they're on a web site, in a book, journal, government document, or database. Librarians also plan and teach students how to find, evaluate, and use information from a variety of sources-skills they will use throughout their lives.

#### **Career Planning**

Finding and pursuing a career takes careful planning. The Pomerantz Career Center is extremely valuable for student-athletes and can help identify stills that transfer from athletics to the workplace. The program suggests a timeline each student-athlete may follow throughout his or her stay at lowa. The components of the program include:

- · Individualized career advising
- Career education programs
- · Summer job/internship opportunities
- · Resume and cover letter development
- · Preparing for life after college athletics



#### **Computers**

There are 26 Instructional Technology Centers all over the campus which are filled with 1,200 computers. These facilities are open at least 50 hours a week. Some are open 24 hours. Also, the Information Arcade in the Main Library provides a variety of specialized computing tools. The Computer Demo Center provides information for students who want to purchase computers and software.

#### **Skills Labs & Support**

Many academic departments offer skills labs to help students improve skills necessary to succeed at lowa, such as writing, speaking, math, science, and foreign language. Assistance with skills such as note-taking, time-management, and test-taking are available through resources such as the College Transition Seminar (a credit-bearing course offered through University College), University Counseling Services, and Athletic Student Services staff.

#### **Health Services**

The University of Iowa provides the student-athlete with the most up-todate and highest-quality medical care available. Students at lowa can go to Student Health Service, which is open Monday through Friday. The service is supported by a fee paid by all full-time students. It offers students unlimited free office visits (there is a charge for other procedures done in the office, such as blood tests).

#### **Cultural Centers**

Four cultural centers on campus provide a welcoming setting where students from various cultures can find cultural, academic, and personal support services: the Latino and Native American Cultural Center, the Afro American Cultural Center, the Asian Pacific American Cultural Center, and the Lesbian, Gay, Bisexual, and Transgender Resource and Education Center.

#### **Cambus**

There are six primary bus routes throughout the lowa campus. The University Cambus provides over three million free rides to class and to the dorms for students each year. Some routes run seven days a week, and some run until 2:30 a.m. Cambus also operates a specialized transportation service for persons with disabilities.

The Community

lowa City is a diverse, highly cosmopolitan community of 60,000 set in the natural scenic beauty of lowa's rolling hills and woods along the tree-lined banks of the lowa River. Iowa City has all the art galleries, ethnic foods, historic architecture and vibrant atmosphere of a much larger city, but with the compactness and friendly feeling of a small town.

As a place to live, Iowa City keeps winning awards and accolades - Named one of the ten most enlightened towns in the country by Utne Reader, listed in the book The 100 Best Small Art Towns in America and selected the number-one place to live in the nation by Editor & Publisher magazine.

Economically, businesses such as Rockwell Collins, American College Testing and Procter & Gamble help keep the city booming. In Coralville, a branch office of Geico Auto Insurance has provided many residents with employment opportunities.

Culturally, lowa City is alive with concerts, art exhibits, readings, plays and art events of all kinds. Located on the University of Iowa campus, Hancher Auditorium is a nationally-known performance center that brings in the best of Broadway, classical and jazz music, dance and other performances. The University of Iowa Theater Arts department also produces a full schedule of plays each year, featuring the work of student performers and directors. So whether you enjoy the arts as a spectator or as an outlet for your own creativity, Iowa City has the opportunities.

Residents of Iowa City are not only economically and culturally enriched, they also take advantage of the numerous recreational facilities offered around town. The area's more than 30 parks provide opportunities for year-round activities including boating, hiking, swimming, fishing and skiing.

The city's greatest charm, however, remains the sincere friendliness of its citizens, the cosmopolitan atmosphere and the successful partnership built between the community and the University.



One of the most recognizable sites in lowa City is the gold dome of the Old Capitol which is situated in the heart of downtown. Built in 1840, it is Iowa City's most historic building. The Old Capitol was the site of the first governor inauguration as well as the first six Iowa General Assemblies. It is also where the state's Constitution was drafted. When the capital was moved to Des Moines in 1857, the Old Capitol was dedicated to The University of Iowa, becoming the first building owned by the University.

#### **Coralville Lake**

Just north of Iowa City is Coralville Lake, an outdoor recreational area that offers a variety of opportunities for the public. Coralville Lake offers picnic shelters, biking, hiking, fishing, boating, swimming, hunting, camping, snowmobiling, cross country skiing, golf and disc golf.

#### **Pedestrian Mall**

Located downtown and in walking distance of many of the University's dormitories is the Pedestrian Mall. It is a perfect place to sit outside and study or hang out with friends. During the fall, spring and summer months there are concerts and art festivals in the Pedestrian Mall.

#### **Coral Ridge Mall**

The Coral Ridge Mall is a 1.2-million-square-foot shopping center located just minutes from the UI campus. The center combines a mix of over 120 specialty shops and strong department stores including

Dillards, JC Penney, Sears, Target and Younkers. Coral Ridge also offers entertainment features such as an NHL-regulation-sized indoor ice arena, state-of-the-art 10-screen movie theatre and a large carousel along with a 1,000-seat food court with sit-down restaurants. Specialty stores include Abercrombie & Fitch, Barnes & Noble, Gap, Old Navy, Scheels All Sports and Pier 1 Imports.





For More Information Contact: Iowa City/Coralville Convention & Visitors Bureau: 900 First Avenue, Coralville 52241; 319/337-6592 or 800/283-6592

#### THE HAWKEYE NICKNAME

The University of Iowa borrowed its athletic nickname from the state of Iowa many years ago.

The name Hawkeye was originally the name of the hero in the fictional novel, The Last of the Mohicans, written by James Fenimore Cooper. Cooper had the Delaware Indians bestow the name on a white scout who lived with them.

In 1838, 12 years after the book was published, people in the territory of lowa acquired the nickname, chiefly through the efforts of Judge David Rorer of Burlington and James Edwards of Fort Madison.

Edwards, editor of the *Fort Madison Patriot*, moved his paper to Burlington in 1843 and renamed it the *Burlington Hawkeye*. The two men continued their campaign to popularize the name, and territorial officials eventually gave it their formal approval.

#### HERKY THE HAWKEYE

The Hawkeye nickname gained a tangible symbol in 1948 when a cartoon character, later to be named Herky the Hawkeye was hatched. The creator was Richard Spencer III, instructor of journalism at lowa.

The impish Hawk was an immediate hit and acquired a name through a statewide contest staged by the athletic department. John Franklin, a Belle Plaine alumnus, was the man who suggested Herky.

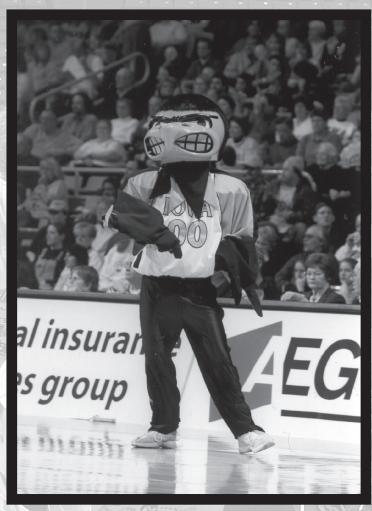
Since his birth more than 45 years ago, Herky has symbolized lowa athletics and epitomized University life. He even donned a military uniform during the Korean War and became the insignia of the 124th Fighter Squadron.

During the mid-1950s, Herky came to life at a football game as the lowa mascot. Since that time, Herky has been a familiar figure at lowa athletics events.



#### **SCHOOL COLORS**

For 40 years lowa was without school colors, but in 1887 a group of 50 seniors met on the steps of the Old Capitol to decide what are now the school official colors. They chose Gold, the color of lowa's vast corn fields and Black, the color of the rich soil.



#### **SCHOOL FIGHT SONG**

The Iowa Fight Song was written in 1950 by Mason City, Iowa, native Meredith Willson. Best known as the creator of Broadway's "The Music Man," Willson was awarded a 1963 University of Iowa Alumni Association Distinguished Service Award for "setting the spirit of Iowa to music." The lively cheer is sung hundreds of times during Iowa athletics events the year around.

The word is
Fight, Fight, Fight for IOWA
Let every loyal lowan sing;
The word is
Fight, Fight, Fight for IOWA
Until the walls and rafters ring
(Go Hawks!)
Come on and
cheer, cheer, cheer for IOWA
Come on and cheer until you hear
the final gun.
The word is
Fight, Fight, Fight for IOWA
Until the game is won.





**Hy-Vee Cy-Hawk Series** 2008-09 marks the fifth season of the Hy-Vee Cy-Hawk Series. lowa has the early lead, 5-2, in the in-state competition against their rivals from lowa State that began in 2005.

lowa regained possession of the Cy-Hawk Trophy (pictured above) with lowa's 17-5 win over lowa State Sept. 13, 2008. The win also gave lowa the early advantage in the Hy-Vee Cy-Hawk Trophy.

Last season, the Hawkeyes captured victories in women's cross country, wrestling, women's gymnastics and softball. The Cyclones recorded win in men's golf, volleyball, football, men's cross country, men's and women's basketball, women's swimming and diving and women's gymnastics. Each team registered one point for a draw in women's soccer.

The University of Iowa captured the inaugural Cy-Hawk Series in 2005 registering a 13-8 margin of victory. Iowa State evened the competition with its own 13-8 triumph in 2006.

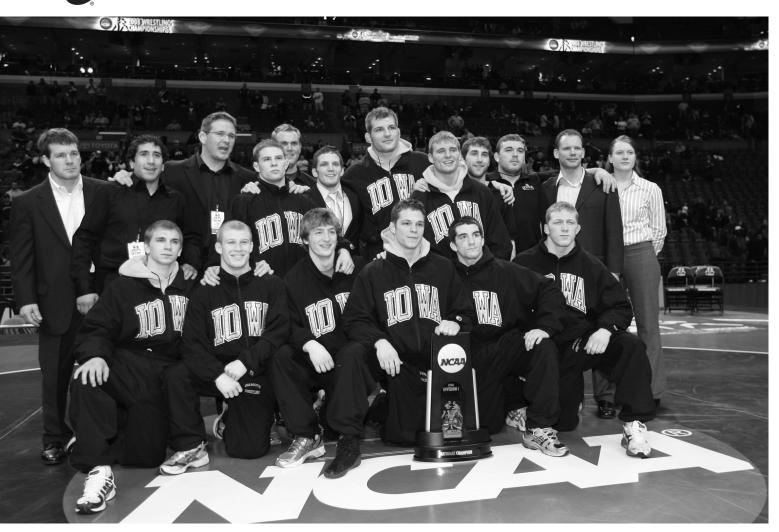
The 12-event series awards two points (except football, which is worth three) to the winning school in each head-to-head match-up between the two institutions. Additionally, two points are awarded to an institution if the graduation rate of its student-athletes is greater than the national average as reported each fall by the NCAA.

A commemorative Hy-Vee Cy-Hawk Series Cup, which stands 31 inches tall and weighs 19 pounds, is displayed on the winning team's campus for an entire year after a victory. Replica cups are also presented as "traveling trophies" for individual victorious teams in the head-to-head competition.

This season's fifth annual Hy-Vee Cy-Hawk Series schedule is listed below:

Date	Event	Site
9/12	Volleyball (2 pts)	L, 3-0
9/13	Football (3 pts)	W, 17-5
9/21	Women's Soccer (2 pts)	W, 3-2
11/15	Men's Cross Country (2 pts)	Stillwater, OK
11/15	Women's Cross Country (2 pts)	Stillwater, OK
12/6	Wrestling (2 pts)	Iowa City
12/7	Women's Basketball (2 pts)	Iowa City
12/12	Men's Basketball (2 pts)	Iowa City
12/12	Women's Swimming & Diving (2 pts)	Iowa City
2/12	Women's Gymnastics (2 pts)	Ames
2/14	Women's Gymnastics (2 pts)	Iowa City
4/7	Softball (2 points)	Iowa City





The 2008 lowa Hawkeye wrestling team won its 21st NCAA championship along with its 32nd Big Ten title. lowa crowned two individual NCAA champions and seven all-Americans.

The University of Iowa Athletic Department is under the direction of Gary Barta and is regarded as one of the top intercollegiate programs in the nation.

The men's and women's departments, operating separately for over 25 years, merged in 2001. It combined nationally recognized programs for both genders into one successful and progressive unit.

Combining their successes on the playing fields with continued success and recognition in the classroom, UI studentathletes practice and perform in some of the best facilities in the nation. The support of their efforts and attendance by

Hawkeye fans ranks among the best in I the country.

While the Hawkeyes compete with the best in the nation in a variety of sports, lowa boasts some of the most impressive athletic facilities in the nation, operated by one of the most respected departments.

Several new projects are underway on the Iowa campus. Some of the latest additions to the UI campus are the Roy G. Karro Athletics Hall of Fame and Visitors Center, the Russell and Ann Gerdin Athletic Learning Center and the Hawkeye Tennis and Recreation Center.

Construction on the new Campus Recreation and Wellness Center has also begun and is scheduled for a summer, 2010 completion. Ground has also been broken on Iowa's \$7 million rowing boathouse.

Kinnick Stadium received a major up-grading and renovation that was completed just prior to the 2006 season. The \$89 million project included the replacing of the south end zone stands and building of a four-level press box that houses 47 quest suites. New scoreboards. video walls, concession stands and new rest rooms were also part of the project.



The 2007-08 lowa women's basketball team won a share of the Big Ten regular season championship and received an at-large bid to the NCAA Tournament.

Additional priorities for the lowa program include establishment and development of endowments for all sports programs, continued enhancement of graduation rates, and implementation of a long-range plan to ensure lowa's financial, academic and competitive future. As an example, all of lowa's 13 scholarships for men's basketball are fully endowed.

The graduation rate of Iowa's studentathletes has improved in each of the past 10 years and has consistently ranked above the graduation rate of all UI students. Hawkeye athletes have garnered 76 academic All-America honors since 1992. The 2007-08 school year saw the University of Iowa produce 148 academic all-Big Ten athletes.

lowa athletes have been recognized as all-Americans in their sport on 238 occasions during the past 16 years.

During the 2007-08 athletic year, the Hawkeyes continued their trend of success on the playing fields and in academic pursuits.

The Hawkeye wrestling team claimed its 21st NCAA national championship and its 32nd Big Ten title. Brent Metcalf won his first NCAA and Big Ten individual title

at 149 pounds while senior Mark Perry also won his second-consecutive NCAA individual championship at 165 pounds. Metcalf won numerous individual awards, including the Hodge Trophy, given annually to the nation's most dominate wrestler. The Hawkeyes had six all-Americans while head coach Tom Brands was named both Big Ten and national Coach of the Year.

The women's basketball team won a share of the Big Ten regular season championship. Iowa now has nine Big Ten regular season titles, the secondmost among Big Ten schools. Hawkeyes received an at-large big to



■ The 2008 lowa Hawkeye field hockey team won its second straight Big Ten Tournament championship last year. The Hawkeye field hockey team is rich in tradition, winning nine regular season championships, three conference tournament titles and playing in 19 NCAA Tournaments.

its 17th NCAA Tournament and has advanced to post-season play seven of the eight years under Head Coach Lisa Bluder, who was named Big Ten and WBCA Region 6 Coach of the Year for the second time in eight years at lowa. Kristi Smith was named second team all-Big Ten and was honorable mention all-America. Johanna Solverson was third team all-Big Ten, Wendy Ausdemore was honorable mention and Megan Skouby was named Sixth Player of the Year.

Iowa's field hockey team won its secondconsecutive Big Ten Tournament championship, earning an automatic bid into the NCAA Tournament. The Hawkeyes were ranked in the top 10 nationally during the entire season and had three players named all-America. Four players were named first team all-Big Ten, marking the most first team picks since 1996.

Head women's gymnastics coach Larissa Libby was named co-Big Ten Coach of

the Year while Jenifer Simbhudas was a first team all-Big Ten selection. Assistant coaches Jeff Richards and Tayla Vexler were also named North Central Region Assistant Coaches of the Year.

The Hawkeye women's cross country team placed 10th at the NCAA Championships, highlighted by two strong individual performances. Both Diane Nukuri and Meghan Armstrong earned all-America status after placing fourth and 13th, respectively. Nukuri shattered the Big Ten championship record en route to

"Student-athletes at lowa know what it means to work hard, and it is exciting to be a part of a group of athletes that win championships every year in their sport. I've made a lot of great friends with all the other teams, and it is fun to experience the accomplishments of them."

Senior Wendy Ausdemore

A Total Program

a first place finish and was named the Big Ten Cross Country Athlete of the Year. Nukuri also won the Midwest Regional meet.

Head Coach Gayle Blevins and the lowa softball team enjoyed trips to both the Big Ten Tournament and NCAA Regional championship game. The Hawkeyes hosted an NCAA Regional for the eighth time in school history and also had two first team all-Mideast Region selections. Colleen McGlaughlin was also one of 11 student-athletes in the nation to be named first team ESPN the Magazine Academic all-America.

In just the second year under Head Coach Ron Rainey, the Iowa women's soccer team qualified for the Big Ten Tournament for the first time since 2001. Iowa also had a sixmatch winning streak and an eight-match unbeaten streak, which are the longest in school history.



In 2006, college football fans across the nation witnessed the atmosphere surrounding lowa City and Hawkeye fans' passion and excitement for their team. Iowa hosted Ohio State in a nationally televised night game on ABC, which also included an on site appearance by ESPNs College Gameday.

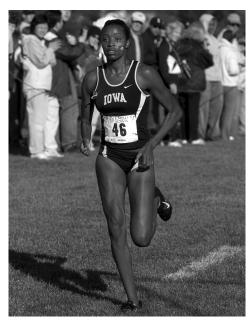
Whether it's the top-notch athletic or academic performances, the outstanding community and fan support or the impressive facilities, it's easy to understand why lowa fans everywhere truly believe, "It's great to be a Hawkeye."



Nancilea (Underwood) Foster was lowa's first fivetime all-American after placing fourth on 3-meters at the 2006 NCAA Championships. She competed for the USA at the 2008 Olympics in Beijing, China.



Colleen McGlaughlin was one of 11 softball studentathletes in the country to be named first team ESPN the Magazine Academic all-America last season.



Diane Nukuri was named the 2007 Big Ten Cross Country Athlete of the Year and also finished fourth at the NCAA Championships.