



Student-athletes who have the talent, and the desire, to excel in two sports at the NCAA Division I level have the opportunity to do so at the University of Iowa. The list of former Iowa track and field student-athletes who have excelled in a second sport includes such standouts as **Tim Dwight**, **Bashir Yamini**, **Jeremy Allen**, **Quinn Early**, **Chris Gambol**, **Gary Kostrubala**, **Tim Dodge**, **Nick Bell**, **Robert Smith** and **Eric Rothwell**.

Two current team members are listed on both the track and football rosters. Wide receivers **Paul Chaney, Jr.** and **Trey Stross** are set to compete on the gridiron this fall and the track next spring. Chaney, Jr., is a four-time NCAA regional qualifier who anchored the winning men's 400-meter relay (40.71) and the Iowa's men's 800-meter relay to a school-record (1:24.85) at the 2009 Drake Relays. The St. Louis, MO, native also ran the second leg on Iowa's sprint medley relay that placed second in 3:20.05, which ranks third in school history. He led the team in the 60 and 200 meters indoors the last three seasons, and led the Hawkeyes in the 100 and 200 meters last outdoor season, as well as ran on the team-leading 400-meter, 800-meter and sprint medley relays. Stross scored points for Iowa in the high jump at both the Big Ten indoor and outdoor meets in 2008.

Dwight leads the list of former two-sport standouts, earning all-America honors in both football and track before moving on to a career in the NFL. A senior all-American in 1997, Dwight returned to compete for Iowa's track team after his rookie season with the Atlanta Falcons. He earned all-America honors as a member of the 1,600-meter relay team. Dwight was named Athlete of the Meet at the 1999 Big Ten Outdoor Championships when he won the 100 meters and ran the second legs of Iowa's winning 400 and 1,600-meter relays.

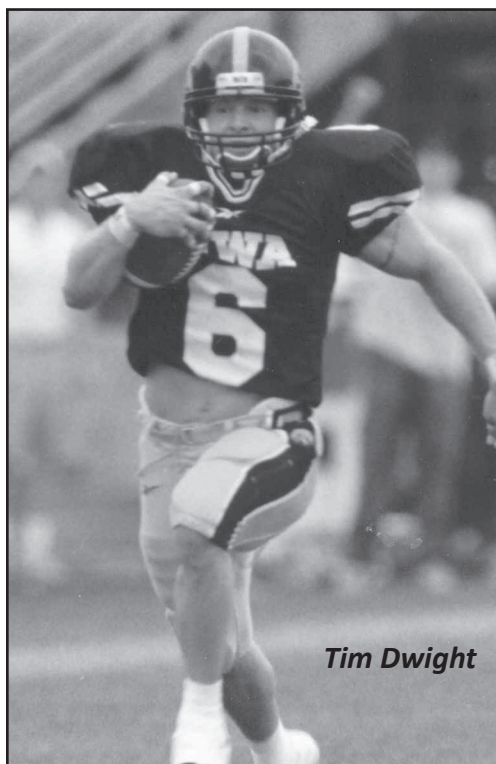
Yamini is Iowa's most recent NCAA champion, winning the long jump in 1998. He still shares the Big Ten Outdoor Championships long jump record of 26-8 1/4 with the legendary Jesse Owens of Ohio State. A nine-time Big Ten champion and six-time all-American from 1996-99, Yamini used his 1999 stint at wide receiver as a stepping stone to a career in the NFL.

Allen is the only thrower in conference history to win Big Ten Freshman of the Year honors during the indoor and outdoor seasons of his rookie year. He was a four-time Big Ten champion and five-time all-American for the Hawkeyes from 1998-2001. Allen was a two-year starter at fullback who signed an NFL contract with the Minnesota Vikings following the 2002 NFL Draft.

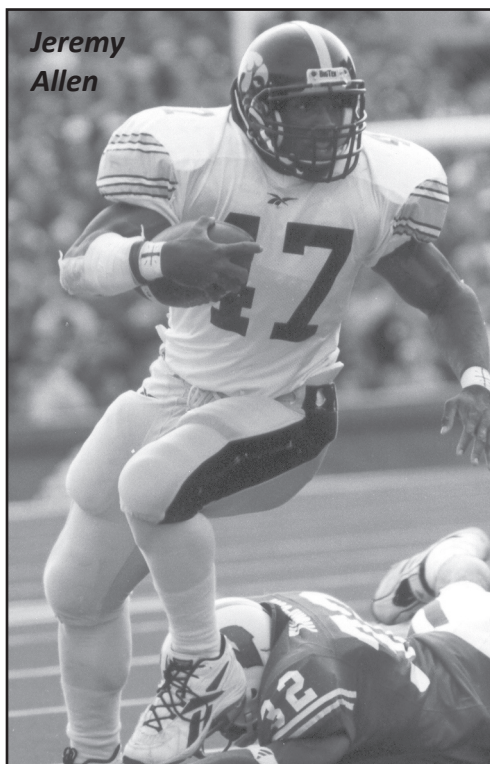
Dodge, a senior on the 2001 Hawkeye football squad, earned all-America honors while competing in sprint events for Iowa's track team. Dodge played both wide receiver and defensive back in football and led the team in punt and kickoff returns in 1999. He signed an NFL contract with the Tennessee Titans following the 2002 NFL Draft and remains active in arena football.

Bell, the recipient of the *Chicago Tribune's* Silver Football as the 1990 Big Ten Player of the Year, ran indoor track during the off season leading into his senior year with the Iowa football team. He saw running track as an opportunity to work on his speed and explosiveness.

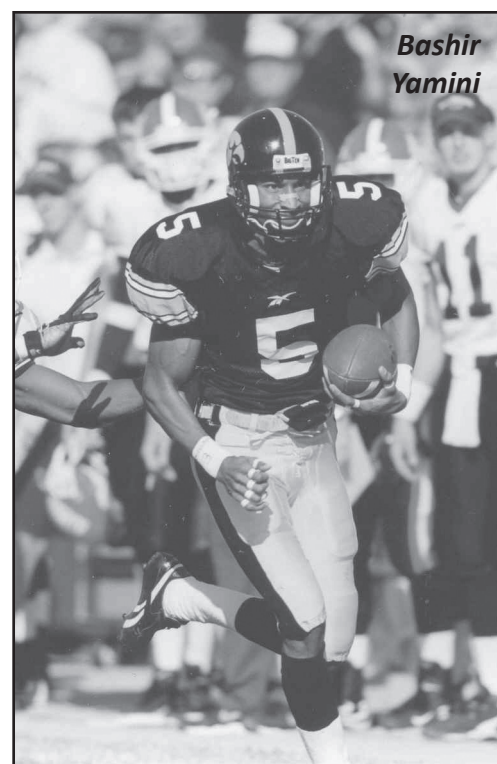
Early, a four-year football letterman who played wide receiver for the NFL's San Diego Chargers, New Orleans Saints and Buffalo Bills, won Big Ten long jump titles at the indoor and outdoor meets in 1986. His collegiate best (25-7 1/4) still ranks fifth in Iowa outdoor history.



Tim Dwight



Jeremy Allen



Bashir Yamini



Why Iowa?



"I chose Iowa because it was one of the top academic schools in the country. I also thought the athletic program was a good one and that being here would enable me to grow as an athlete and a student."

Caleigh Bacchus
Senior - Cascade, Trinidad & Tobago



"Iowa is a great school where the coaching staff has the experience and the enthusiasm to help their athletes become successful both academically and athletically. The facilities here are designed to help the athletes succeed both on the track and in the classroom."

Megan Glisar
Freshman - Sergeant Bluff, Iowa



"The reason I chose the University of Iowa is because Iowa is the perfect fit for me - not only athletically but also academically. Iowa has a great campus and a great community. I feel like the track coaching staff at Iowa is one of the best in the nation, and this is a place where I can come in, improve at my event and become better. The team is great - they make it feel like it's a big family."

Matt Byers
Freshman - Wichita, Kansas



"I chose Iowa because I felt it was a great fit for me. We have an excellent coaching staff, great facilities, and a unique town. Also, I think our team atmosphere is outstanding, and unlike some track and field programs, I genuinely feel that we are a team with our focus being on team first, individual second. Finally, the state of Iowa is a Hawkeye state, and being from Iowa I couldn't think of a better place to continue my athletic career."

Adam Hairston
Senior - Cedar Rapids, Iowa



"I chose Iowa because I was told it had a good medicine program and I am pursuing a degree in physical therapy. I also chose Iowa because Coach Anderson was very confident in telling me that the track program was doing well and that the girls on the track team were really close like a family. Now they are like my family away from home."

Karessa Farley
Junior - Bridgetown, Barbados



"I didn't spend much time looking into many colleges or universities, and chose Iowa because it seemed like a comfortable fit. My lack of search turned out to be one of the biggest blessings I have ever encountered. I can't imagine a better school, team, or atmosphere. Everything and everyone surrounding me has created a wonderful positive place that could set any person up to thrive in any situation whether it be in the classroom, on the track, or with friendships. I am so thankful that I came to Iowa and lucky to be a part of such a great program."

Betsy Flood
Sophomore - Des Moines, Iowa





"I chose to come to Iowa because it's a great school that has so much to offer. I liked the team and coach. I could really picture myself being happy and successful here."

Amanda Hardesty
Junior - Valparaiso, Indiana



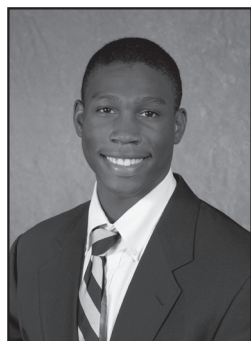
"When I came on my visit everyone on the team was really cool. It didn't take any time at all to start connecting with them, and by the end of my visit I felt like I was already part of the team."

Ethan Holmes
Freshman - Clinton, Iowa



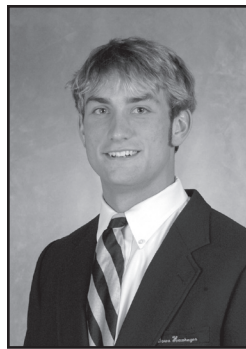
"I chose to come to the University of Iowa for many reasons. The campus seemed perfect to me. It was big, yet small enough to where you do not have to walk very far to get to class. Also, I felt like the University of Iowa track and field and cross country team was the best fit for me. I got along with the coaches better here than anywhere else. I can tell that everyone here is ready to step up and achieve greatness, which is exactly what I was looking for."

Nick Holmes
Redshirt Freshman - Peoria, Illinois



"I chose Iowa because I loved the campus, and they have a great major that goes along with what I want to do in life. Also, I thought Joey Woody would be the best coach for me out of all my other college choices. The best thing I like about the team is the closeness that everybody has with each other. It feels more like a family than a team."

D'Juan Richardson
Sophomore - Indianapolis, Indiana



"I have always been a Hawkeye, so choosing Iowa was relatively easy. Not to mention the campus was a perfect fit for me. It was big enough that there was always something new, but not so big that I would ever feel overwhelmed. The track team was a bonus I was given by choosing Iowa. The team actually seemed like a team, they were always together having fun. Choosing Iowa wasn't too difficult."

Dan Rolling
Senior - Milford, Iowa



"I chose to come to Iowa for two reasons. The school's biology program appealed to me because it is ranked in the top 10 in the nation. Also, the women's track program has done well."

Rhonda-Kaye Trusty
Senior - Brampton, Ontario



"When choosing a school to attend, I knew I wanted to find a place that was comfortable to me and a place I could call home for the next four years of my life. That is what I found at the University of Iowa. I saw Iowa as my new family. Within my new family there was a mother and father-figure through the coaches and administration, and my new teammates considered as my brothers and sisters. With the development of a new family the University of Iowa became home."

Ray Varner
Senior - Wadsworth, Illinois



Ashton Cross Country Course



Ashton Cross Country Course



UI Recreation Building

Ashton Cross Country Course

The Bill and Jim Ashton Cross Country Course is located west of Finkbine Golf Course and adjacent to the University's West Campus project, which includes the Athletic Hall of Fame and soccer fields. It is able to accommodate races of 5,000, 6,000, 8,000 and 10,000 meters.

The course boasts a rolling terrain with an outstanding rhythm for running. The Hawkeye cross country squads have the advantage of a large grass area for training and racing. Some features include a 2,000-meter perimeter and a layout that will enable spectators to view the entire race, from start to finish, from one vantage point. The first event held on the course was the Iowa Invitational on August 29, 2003. The course was dedicated on October 31, 2004, in conjunction with Iowa hosting the Big Ten Championships. The Hawkeyes also hosted the NCAA Midwest Regional on November 12, 2005.

The leadership gift for the course was made by former Hawkeyes Bill and Jim Ashton. Bill, of Davenport, IA, graduated from the University's College of Engineering in 1962, and earned his master's degree in 1963. Jim, a 1964 University of Iowa College of Engineering graduate, currently resides in Dallas, TX. The Ashton brothers lettered in cross country under former Hawkeye men's coach, the late Francis X. Cretzmeyer, and made the lead gift for the course in his honor.

UI Recreation Building

Iowa's indoor practice and competition facility is the multi-million dollar University of Iowa Recreation Building. Located within walking distance of the University's west-side dormitories, Kinnick Stadium and Carver-Hawkeye Arena, the Recreation Building houses a six-lane mondo-Turf circuit that was resurfaced in 2002.

Locker rooms, weight training and athletic training space for the Iowa track and field, and cross country teams is also located in the Recreation Building.

The Hawkeyes hosted the Big Ten Indoor Men's Championships in 1989, 1997 and 2006, and the Big Ten Indoor Women's Championships in 1991 and 2004 at the facility.



Francis X. Cretzmeyer Track

The University of Iowa track and field team practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles.

In June 2008, floodwaters and debris damaged the entire track complex, which will be completely reconstructed and refinished for competition in 2010. Cretzmeyer Track features an IAAF certified, BSS 1000 track and field surface designed by Benyon Sports Surfaces. The state of the art full-pour polyurethane surface provides the resiliency and return of energy necessary for NCAA athletes to compete at the highest level and train intensively without injury.

Iowa hosted the 1987 and 2000 Big Ten Championships at Cretzmeyer Track, as well as the annual Iowa Musco Twilight Invitational. The Hawkeyes are scheduled to host the 2011 Big Ten Outdoor Championships.



Francis X. Cretzmeyer Track



Hawkeye Locker Rooms



Francis X. Cretzmeyer Track





IOWA HAWKEYE TRACK & FIELD

2009 Men's Season Review

2009 Indoor Results

Date	Meet.....	Result
1/10	vs. Illinois.....	W, 92-77
1/17	Iowa Open	9 champs
1/23	at Jack Johnson Classic..	1 champ
1/23-24	at Razorback Invite	0 champs
1/30	at Millrose Games.....	0 champs
1/30-31	at Jack Jennet Invite....	2 champs
2/6	at New Balance Invite .	0 champs
2/6-7	at Meyo Invite.....	0 champs
2/13-14	at Iowa State Classic	1 champ
2/20	Iowa Invite	12 champs
2/28-3/1	at Big Ten's	9th/0 champs
3/7	at Last Chance Meet ...	0 champs
3/14-15	at NCAA's	1 all-American

Big Ten Indoor Team Results

	Team	Points
1.	Minnesota	135
2.	Michigan	93
3.	Penn State.....	78
4.	Ohio State	77.5
5.	Wisconsin.....	69
6.	Indiana	61
7.	Illinois.....	55
8.	Michigan State	49
9.	Iowa	43
10.	Purdue	41.5

2009 Outdoor Results

Date	Meet.....	Result
4/3-4	at Tiger Track Classic.....	1 champ
4/10	at Mesa Classic.....	0 champs
4/10-11	at Lee Calhoun	6 champs
4/11	at Sun Angel Classic	1 champ
4/17-18	at McDonnell Invite	1 champ
4/18	at Messersmith Invite .	4 champs
4/23-25	at Drake Relays	1 champ
5/2	at Illini Invite	7 champs
5/2	at PJ Cardinal Invite.....	0 champs
5/15-17	at Big Ten's.....	7th, 69 pts.
5/29-30	at NCAA Regional...	19th, 14 pts.
6/10-13	at NCAA's	1 all-American

Big Ten Outdoor Team Results

	Team	Points
1.	Minnesota	130
2.	Ohio State	103
3.	Michigan	100
4.	Purdue	81
5.	Penn State.....	80
6.	Wisconsin.....	76
7.	Iowa	69
8.	Michigan State	62
9.	Illinois.....	60
10	Indiana	58

Indoor Season Bests

Event.....	Athlete	Mark
60 Meters	Paul Chaney, Jr.	6.80 #
60-Meter Hurdles.....	D'Juan Richardson	8.20 #
200 Meters	Paul Chaney, Jr.	21.34 #
400 Meters	Ray Varner	47.75
600 Meters	Erik Sowinski.....	1:18.05 *
800 Meters	Adam Hairston.....	1:49.82 !
1,000 Meters	Dan Rolling.....	2:43.10 #@
Mile	Jesse Luciano	4:07.29 #
3,000 Meters	Eric MacTaggart	8:17.25
5,000 Meters	Jesse Luciano	14:20.99 #
1,600-Meter Relay.....	Willey, Richards, Barton, Varner	3:09.62 !
Dist. Medley Relay.....	Marchese, Varner, Hairston, Luciano.....	9:52.52
High Jump.....	Dan Rolling.....	6-10 1/4 (2.09 m) @
	Ryan Kelly	6-10 1/4 (2.09 m)
Pole Vault	Alex Zona	16-0 3/4 (4.90 m) #
Long Jump	Cody Mixon.....	21-4 1/4 (6.51 m)
Triple Jump	Josh Bean.....	48-10 (14.88 m) #
Shot Put.....	John Hickey.....	63-0 (19.20 m) !##*
Weight Throw.....	Matt Banse	54-8 1/4 (16.67 m) #
Heptathlon	Dan Rolling.....	4,909 points #

Outdoor Season Bests

Event.....	Athlete	Mark
100 Meters	Paul Chaney, Jr.	10.46 ^#
110-M. Hurdles.....	D'Juan Richardson	15.01 #
200 Meters	Paul Chaney, Jr.	21.04 ^#
400 Meters	Steven Willey	46.67 ^#
400-M. Hurdles.....	Ray Varner	50.54 ^
800 Meters	Adam Hairston.....	1:48.53 ^
1,500 Meters	Chase Kadlec.....	3:51.01 #
3,000 Meters	Brian Marchese.....	8:25.98 #
3,000-M Steeplechase..	Andy Napier.....	9:07.84
5,000 Meters	Eric MacTaggart	14:15.43
10,000 Meters	Eric MacTaggart	30:57.35
400-Meter Relay.....	Richardson, Sayon, Bee, Chaney, Jr.....	39.94 ^
800-Meter Relay.....	Richardson, Bee, Richards, Chaney, Jr.....	1:24.85 *
1,600-Meter Relay.....	Willey, Sowinski, Barton, Varner.....	3:08.81 ^
Sprint Medley Relay	Richards, Chaney, Jr., Barton, Hairston	3:20.05
3,200-Meter Relay.....	Willey, Braff, Sowinski, Hairston	7:33.08
Dist. Medley Relay.....	Kadlec, Sowinski, Braff, E. MacTaggart.....	10:02.91
6,400-Meter Relay.....	Kadlec, E. MacTaggart, Paul, Marchese	17:17.63
High Jump.....	Ryan Kelly	6-9 (2.06 m)
Pole Vault	Alex Zona	16-0 3/4 (4.90 m) #
Long Jump	Cody Mixon.....	21-2 3/4 (6.47 m)
Triple Jump	Josh Bean.....	48-9 1/2 (14.87 m) #
Shot Put.....	John Hickey.....	60-1 3/4 (18.33 m) ^
Discus	Nick Brayton	180-11 (55.15 m) ^#
Hammer Throw	Matt Banse	187-7 (57.19 m) ^#
Javelin.....	Zachary Schimp.....	206-3 (62.88 m) ^#
Decathlon	Dan Rolling.....	6,811 points #

! - NCAA provisional qualifier, * - school record, \$ - school record (top 10),

^ - NCAA regional qualifier, # - collegiate best, @ - heptathlon event



Top Eight Placers at Big Ten Indoor Championships

Event	Athlete	Mark	Place
Shot Put	John Hickey	60-5 3/4 (18.43m)	2nd [^]
800 Meters	Adam Hairston	1:51.34	3rd
Shot Put	A.J. Curtis	57-9 1/2 (17.61m)	4th
200 Meters	Paul Chaney, Jr.	21.45	5th
400 Meters	Patrick Richards	47.94	5th
60 Meters	Paul Chaney, Jr.	6.84	6th
High Jump	Ryan Kelly	6-10 1/4 (2.09m)	6th
Triple Jump	Josh Bean	48-7 1/2 (14.82m)	6th
Shot Put	Ryan Lamparek	56-8 3/4 (17.29m)	6th
600 Meters	Steven Willey	1:19.03	7th
600 Meters	Erik Sowinski	1:19.10	8th
1,600-Meter Relay	Varner, Willey, Barton, Richards	3:14.73	8th

Top Placers at NCAA Indoor Championships

Event	Athlete	Mark	Place
Shot Put	John Hickey	60-3 3/4 (18.38 m)	9th *

Top Eight Placers at Big Ten Outdoor Championships

Event	Athlete	Mark	Place
800 Meters	Adam Hairston	1:50.16	2nd [^]
Discus	A.J. Curtis	170-5, 51.94m	2nd [^]
Shot Put	John Hickey	59-9 1/2, 18.22m	3rd
100 Meters	Paul Chaney, Jr.	10.59	3rd
400 Hurdles	Ray Varner	51.16	3rd
400-Meter Relay	Richardson, Sayon, Richards, Chaney, Jr.	40.85	3rd
200 Meters	Paul Chaney, Jr.	21.17	4th
100 Meters	Zeke Sayon	10.72	5th
Discus	Ryan Lamparek	167-8, 51.12m	5th
400 Meters	Steven Willey	47.23	6th
3,000 Steeplechase	Andy Napier	9:10.82	6th
400 Hurdles	Connor Elmitt	54.41	7th
400 Hurdles	D'Juan Richardson	54.42	8th
10,000 Meters	Eric MacTaggart	30:57.35	8th
Pole Vault	Alex Zona	15-11 3/4, 4.87m	8th
Triple Jump	Josh Bean	48-9 1/2, 14.87m	8th

Top Eight Placers at NCAA Midwest Regional

Event	Athlete	Mark	Place
800 Meters	Adam Hairston	1:48.87	5th #
400-Meter Relay	Richardson, Sayon, Bee, Chaney, Jr.	40.33	5th #
400 Hurdles	Ray Varner	51.21	6th #
Shot Put	John Hickey	58-11 1/4 (17.96 m)	6th #

Top Placers at NCAA Outdoor Championships

Event	Athlete	Mark	Place
Shot Put	John Hickey	57-11 3/4 (17.67 m)	11th *
800 Meters	Adam Hairston	1:49.12	15th
400 Hurdles	Ray Varner	53.03	18th

* -- all-American, # -- all-region, ^ - second team all-Big Ten

NCAA Midwest Regional

(Top 5 plus Iowa)	
Team	Points
1. Texas A&M	98
2. Nebraska	84.25
3. Texas Tech	49
4. Texas	47
5. Oklahoma	40
19. Iowa	14

Post-Season Qualifiers

NCAA Indoor Championships

Chris Barton	1,600-Meter Relay #
Adam Hairston	800 Meters #
John Hickey	Shot Put #
Patrick Richards	1,600-Meter Relay #
Ray Varner	1,600-Meter Relay #
Steven Willey	1,600-Meter Relay #
# - provisional qualifier	

NCAA Midwest Regional

Matt Banse	Hammer
Chris Barton	1,600-Meter Relay
Nick Brayton	Discus
Paul Chaney, Jr.	100 Meters, 200 Meters, 400-Meter Relay
A.J. Curtis	Discus, Shot Put
Adam Hairston	800 Meters
John Hickey	Shot Put
Ryan Lamparek	Discus
Patrick Richards	400-Meter Relay
D'Juan Richardson	400-Meter Relay
Zeke Sayon	400-Meter Relay
Zachary Schimp	Javelin
Erik Sowinski	1,600-Meter Relay
Ray Varner	400-Meter Hurdles, 1,600-Meter Relay
Steven Willey	400 Meters, 1,600-Meter Relay

NCAA Outdoor Championships

Adam Hairston	800 Meters
John Hickey	Shot Put
Ray Varner	400-Meter Hurdles

Big Ten Awards

Big Ten Athlete of the Week

Feb. 16	John Hickey
Apr. 8	Ray Varner

Big Ten Medal of Honor

Eric MacTaggart

Big Ten Sportsmanship Award

Josh Bean (Indoor)
Paul Chaney, Jr. (Outdoor)



IOWA HAWKEYE TRACK & FIELD

2009 Women's Season Review

2009 Indoor Results

Date	Meet	Result
1/17	Iowa Open	4 champs
1/23	at Jack Johnson Classic	0 champ
1/23-24	at Razorback Invite	0 champs
1/30-31	at Jack Jennet Invite	1 champ
2/6	at New Balance Invite	0 champs
2/6-7	at Meyo Invite	0 champs
2/13-14	at Iowa State Classic	2 champs
2/20	Iowa Invite	6 champs
2/28-3/1	at Big Ten's	10th, 0 champs
3/7	at Last Chance Qualifier	1 champ
3/14-15	at NCAA's	2 all-Americans

Big Ten Indoor Team Results

1.	Minnesota	129
2.	Penn State	125
3.	Michigan	121.5
4.	Indiana	69.5
5.	Illinois	60
6.	Michigan State	53.5
7.	Wisconsin	46
8.	Purdue	38.5
9.	Ohio State	33
10.	Iowa	25

2009 Outdoor Results

Date	Meet	Result
3/27	at Stanford Invite	0 champs
4/3-4	at Tiger Track Classic	1 champ
4/10-11	at Lee Calhoun	1 champ
4/11	at Sun Angel Classic	1 champ
4/17-18	at McDonnell Invite	0 champs
4/18	at Messersmith Invite	4 champs
4/23-25	at Drake Relays	0 champs
5/2	at Illini Invite	2 champs
5/2	at PJ Cardinal Invite	0 champs
5/15-17	at Big Ten's	10th, 31 pts.
5/29-30	at NCAA Regional	21st, 13 pts.
6/10-13	at NCAA's	0 all-Americans

Big Ten Outdoor Team Results

1.	Penn State	139
2.	Michigan	138.7
3.	Minnesota	131.5
4.	Illinois	100
5.	Indiana	74.2
6.	Purdue	64
7.	Michigan State	57.2
8.	Ohio State	45
9.	Wisconsin	38.2
10.	Iowa	31

Indoor Season Bests

Event	Athlete	Mark
60 Meters	Rhonda-Kaye Trusty	7.61 #
60 Hurdles	Karessa Farley	8.21 !*
200 Meters	Rhonda-Kaye Trusty	24.44
300 Meters	Rhonda-Kaye Trusty	40.15 #
400 Meters	Bethany Praska	56.42 #
500 Meters	Sophia Ponce	1:19.08 #
600 Yards	Bethany Praska	1:23.12 #
600 Meters	Bethany Praska	1:31.33 #
800 Meters	Lauren Hardesty	2:12.39 #
Mile Run	Betsy Flood	4:51.75 #
3,000 Meters	Racheal Marchand	9:35.25 #
5,000 Meters	Racheal Marchand	15:55.70 \$#
1,600-Meter Relay	Erickson, Hendricks, Ponce, Trusty	3:46.98
Distance Med. Relay	Melander, Hendricks, Flood, Marchand	11:27.34 !
Long Jump	Renee White	18-7 3/4 (5.68m)
Triple Jump	Renee White	41-7 3/4 (12.90) !
Shot Put	Mandy Chandler	42-11 1/2 (13.09)
Weight Throw	Mandy Chandler	54-4 1/2 (16.57) #

Outdoor Season Bests

Event	Athlete	Mark
100 Meters	Rhonda-Kaye Trusty	11.85 #
100 Hurdles	Karessa Farley	13.34 ^#
200 Meters	Rhonda-Kaye Trusty	23.83 ^#
400 Meters	Tiffany Hendricks	56.26 #
400M Hurdles	Tiffany Hendricks	1:03.00 #
800 Meters	Betsy Flood	2:11.69 #
1,500 Meters	Betsy Flood	4:24.11 ^#
3,000 Meters	Danielle Berndt	10:20.62
3,000 Steeplechase	Hannah Roeder	10:35.26 ^#
5,000 Meters	Amanda Hardesty	17:01.58 #
10,000 Meters	Jolly Burke	36:06.96 #
400-Meter Relay	Farley, Trusty, Graham, White	45.83
800-Meter Relay	Trusty, Hendricks, Graham, Erickson	1:38.79
1,600-Meter Relay	Hendricks, Praska, Docherty, Erickson	3:48.22
3,200-Meter Relay	Flood, Dlh, L. Hardesty, Docherty	8:53.91
Distance Med. Relay	Hawks, Praska, Ellis, Berndt	12:11.56
6,400-Meter Relay	Flood, Melander, A. Hardesty, Eilers	19:36.43
High Jump	Caleigh Bacchus	5-5 (1.65)
Long Jump	Renee White	20-0 1/4 (6.10) ^
Triple Jump	Renee White	43-10 3/4 (13.36) ^*#
Shot Put	Mandy Chandler	38-5 1/2 (11.72)
Hammer Throw	Mandy Chandler	158-4 3/4 (48.28) #

\$ - NCAA automatic qualifier, ! - NCAA provisional qualifier, ^ - regional qualifier,
 * - school record, # - collegiate best, @ - all-American, & - all-region,
 + - first team all-Big Ten, % - second team all-Big Ten



Top Eight Placers at Big Ten Indoor Championships

Event	Athlete	Mark	Place
5,000 Meters	Racheal Marchand	15:55.70 \$	2nd %
Triple Jump	Renee White	41-7 (12.67)!	3rd
Dist. Med. Relay	Melander, Hendricks, Flood, Marchand	11:27.34 #	3rd
600 Meters	Bethany Praska	1:31.80	6th
3,000 Meters	Amanda Hardesty	9:50.76	8th
1,600-M Relay	Erickson, Hendricks, Poncè, Trusty	3:46.98	8th

Top Performances at NCAA Indoor Championships

Event	Athlete	Mark	Place
5,000 Meters	Racheal Marchand	15.59.44	3rd @
60 Hurdles	Karessa Farley	8.23	6th @

Top Eight Placers at Big Ten Outdoor Championships

Event	Athlete	Mark	Place
Triple Jump	Renee White	43-10 3/4 (13.38)	1st +
100 Meters	Rhonda-Kaye Trusty	11.85	4th
200 Meters	Rhonda-Kaye Trusty	24.11	4th
100 Hurdles	Karessa Farley	13.56	4th
400-M Relay	Farley, Trusty, Graham, White	46.30	6th
10,000 Meters	Jolly Burke	36:23.33	7th
3,000 Steeplechase	Hannah Roeder	10:35.26	8th

Top Eight Placers at NCAA Midwest Regional

100-Meter Hurdles	Karessa Farley	13.34	3rd &
1,500 Meters	Betsy Flood	4:25.98	4th &
1,500 Meters	McKenzie Melander	4:30.83	7th &

Top Performances at NCAA Outdoor Championships

Event	Athlete	Mark	Place
Triple Jump	Renee White	42-4 3/4 (12.92 m)	14th
100 Hurdles	Karessa Farley	13.56	17th
1,500 Meters	Betsy Flood	4:24.11	23rd

NCAA Midwest Regional

(Top 5 Plus Iowa)

1.	Texas A&M	96
2.	Texas Tech	61
3.	Texas	59
4.	Texas Christian	55
5.	Oklahoma	43.5
21.	Iowa	13

Post-Season Qualifiers

NCAA Indoor Championships

Karessa Farley	60-Meter Hurdles !
Betsy Flood	Distance Medley Relay !
Tiffany Hendricks	Distance Medley Relay !
Racheal Marchand	5,000 Meters \$
	Distance Medley Relay !
McKenzie Melander	Distance Medley Relay !
Renee White	Triple Jump !

NCAA Midwest Regional

Karessa Farley	100-Meter Hurdles
Betsy Flood	1,500 Meters
McKenzie Melander	1,500 Meters
Hannah Roeder	3,000-Meter Steeplechase
Renee White	Triple Jump, Long Jump

NCAA Outdoor Championships

Karessa Farley	100-Meter Hurdles
Betsy Flood	1,500 Meters
Renee White	Triple Jump

Big Ten Awards

Big Ten Sportsmanship Awards

Bethany Praska (Indoor)
Betsy Flood (Outdoor)



All-American
Racheal Marchand



All-American Karessa Farley



IOWA HAWKEYE TRACK & FIELD

Iowa's Olympians



1904 Games

St. Louis, MO

Jerry Barker, High Jump

1924 Games

Paris, France

Charles Brookins, 400-Meter Hurdles

Chan Coulter, 400-Meter Hurdles

Harold Phelps, 5,000 Meters

Eric Wilson, 400 Meters

1928 Games

Amsterdam, Holland

George Baird, 1,600-Meter Relay (G)

Frank Cuhel, 400-Meter Hurdles (S)

1932 Games

Los Angeles, CA

Ed Gordon, broad jump (G)

George Saling, 110-Meter Hurdles (G)

1956 Games

Melbourne, Australia

Rich Ferguson, 5,000 Meters

Deacon Jones, 3,000 Meters

Ira Murchison, 100 Meters

Ted Wheeler, 1,500 Meters

1960 Games

Rome, Italy

Deacon Jones,

3,000-Meter Steeplechase

1996 Games

Atlanta, GA

Anthuan Maybank 1,600-M Relay (G)

Jenny Spangler, Marathon

2008 Games

Beijing, China

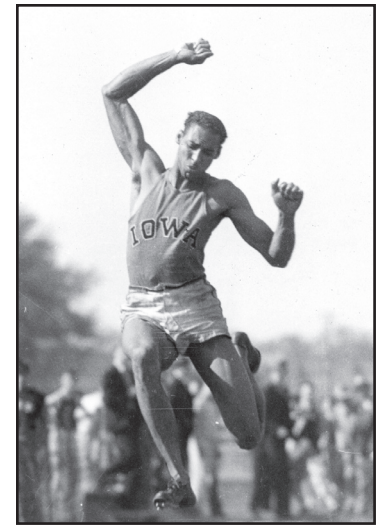
Kineke Alexander, 400 Meters



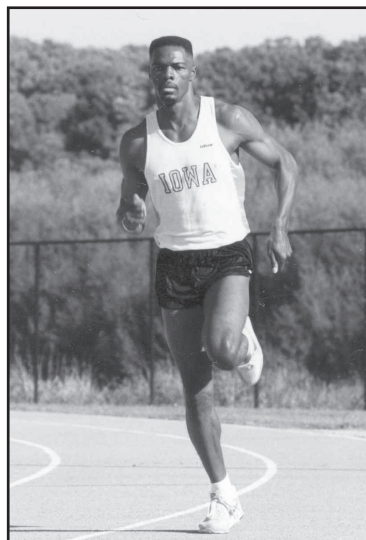
Kineke Alexander



Frank Cuhel



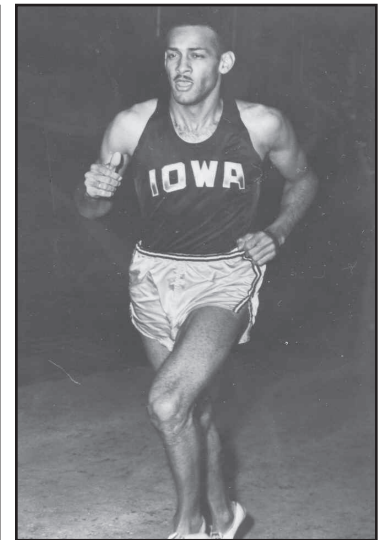
Ed Gordon



Anthuan Maybank



George Saling



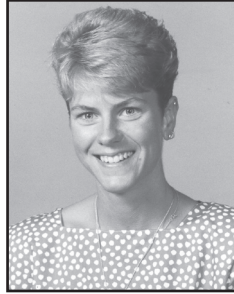
Ted Wheeler

G = Gold Medalist

S = Silver Medalist



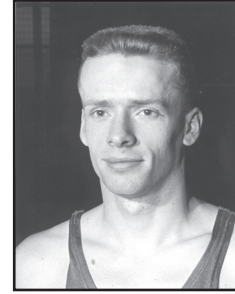
Kineke Alexander
2006 - 400 Meters



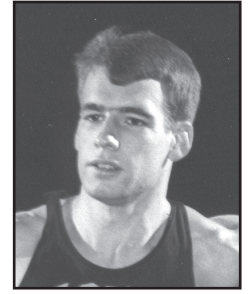
Tracy Dahl
1992 - 5,000 Meters
1993 - 5,000 Meters



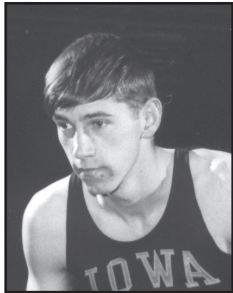
Nan Doak
1985 - 10,000 Meters



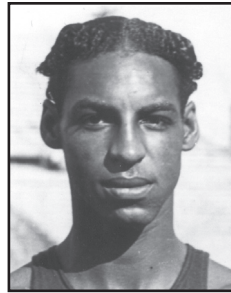
Rich Ferguson
1953 - Two Miles



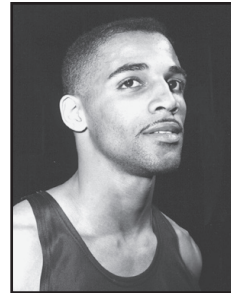
Fred Ferree
1967 - Mile Relay



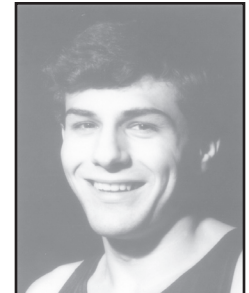
Carl Frazier
1967 - Mile Relay



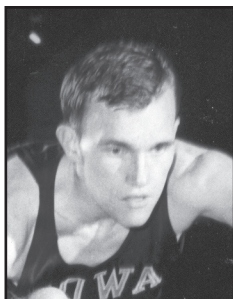
Ed Gordon
1929-31 - Long Jump



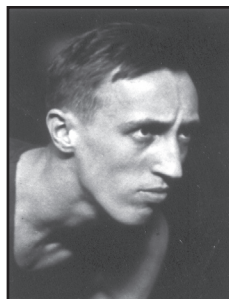
Deacon Jones
1957 - Two Miles



Mike Mondane
1967 - Mile Relay



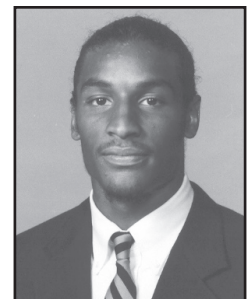
Jon Reimer
1964 - Mile Relay



George Sailing
1932 -120 Hurdles



Eric Wilson
1921, 1923 - 220



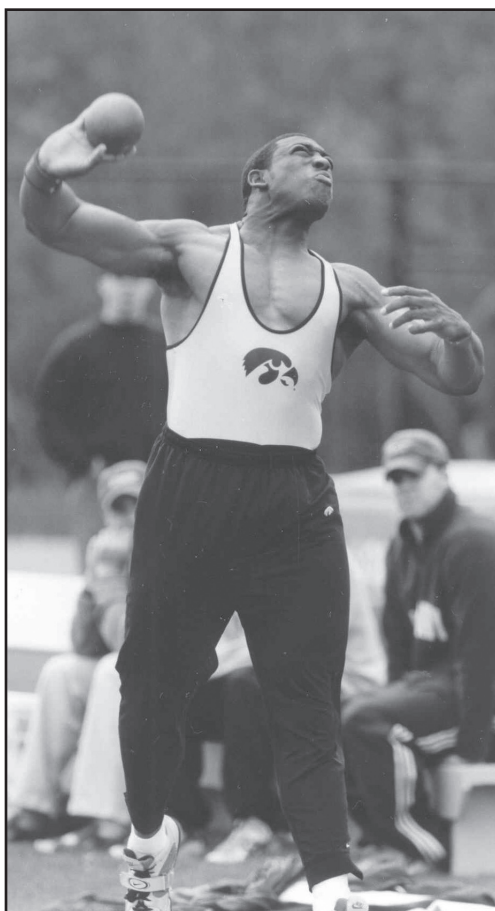
Bashir Yamini
1998 - Long Jump



IOWA HAWKEYE TRACK & FIELD

Men's All-Americans

Year	Athlete, Event
1921	Charles Brookins, 220 Hurdles Harold Crawford, Hurdles Eric Wilson, 220
1922	Charles Brookins, Hurdles Eric Wilson, 220
1923	Eric Wilson, 220
1929	Ed Gordon, Long Jump
1930	Ed Gordon, Long Jump
1931	Ed Gordon, Long Jump
1932	George Salings, 120 Hurdles
1952	Ted Wheeler, 800
1953	Rick Ferguson, Two Miles
1956	Jack Matthews, Low Hurdles Ted Wheeler, 1,500
1957	Deacon Jones, Two Miles
1962	Bill Frazier, 600 Yards
1965	Jon Reimer, 440 Hurdles



Jeremy Allen is the only thrower in conference history to win Big Ten Freshman of the Year honors during the indoor and outdoor seasons. Allen was a four-time Big Ten champion and five-time all-American at Iowa from 1998-2001.

Year	Athlete, Event
1967	Mike Mondane, 440 Yards Jon Reimer, 440 Hurdles Larry Wiczorek, Indoor Mile Larry Wiczorek, Outdoor Mile Fred Ferree, Mile Relay Carl Frazier, Mile Relay Mike Mondane, Mile Relay Jon Reimer, Mile Relay
1968	Mike Mondane, 440 Yards
1973	Dick Eisenlauer, 440 Yards
1975	Bill Knoedel, High Jump
1978	Bill Hansen, High Jump
1979	Joe Paul, Dist. Medley Relay Tom Slack, Dist. Medley Relay James Docherty, Dist. Medley Relay Joel Moeller, Dist. Medley Relay
1983	Ronnie McCoy, 110 Hurdles
1984	Terrance Duckett, Mile Relay Victor Greer, Mile Relay Caesar Smith, Mile Relay Kenny Williams, Mile Relay
1985	Ronnie McCoy, 110 Hurdles
1988	Pat McGhee, 400 Hurdles
1989	Pat McGhee, 110 Hurdles Pat McGhee, 400 Hurdles
1992	Anthuan Maybank, Long Jump Anthuan Maybank, 400 Meters
1993	Kevin Herd, 5,000 Meters Anthuan Maybank, Long Jump Anthuan Maybank, 400 Meters
1994	Kevin Herd, 5,000 Meters
1995	Andre Morris, 400 Meters Andre Morris, 1,600-Meter Relay Chris Davis, 1,600-Meter Relay George Page, 1,600-Meter Relay Ed Rozell, 1,600-Meter Relay
1996	Andre Morris, 1,600-Meter Relay Chris Davis, 1,600-Meter Relay Ed Rozell, 1,600-Meter Relay Bashir Yamini, 1,600-Meter Relay
1997	Bashir Yamini, Long Jump
1998	Jeremy Allen, Discus Dion Trowers, 55-Meter Hurdles Bashir Yamini, Long Jump Bashir Yamini, Long Jump Tony Branch, 1,600-Meter Relay Chris Davis, 1,600-Meter Relay Ed Rozell, 1,600-Meter Relay Bashir Yamini, 1,600-Meter Relay

Year	Athlete, Event
1999	Tony Branch, 1,600-Meter Relay Tim Dodge, 1,600-Meter Relay Tim Dwight, 1,600-Meter Relay Bashir Yamini, 1,600-meter relay
2000	Jeremy Allen, Shot Put Jeremy Allen, Weight Throw Stetson Steele, 5,000 Meters Stetson Steele, 10,000 Meters
2001	Jeremy Allen, Discus Jeremy Allen, Shot Put
2002	Jim Costello, Weight Throw Jim Costello, Hammer Throw Bill Neumann, Javelin
2003	Bill Neumann, Javelin
2004	Adam Hamilton, Hammer Throw
2006	Eric MacTaggart, 10,000 Meters
2007	Adam Hamilton, Hammer Throw
2008	John Hickey, Shot Put
2009	John Hickey, Shot Put Johh Hickey, Shot Put



Bashir Yamini was a nine-time Big Ten Champion for Iowa from 1996-99. The six-time all-American is the most recent NCAA Champion for the Hawkeye men, winning the outdoor long jump title in 1998. He was named Big Ten Indoor Freshman of the Year in 1996. He also shares the Big Ten Outdoor Championships long jump record of 26-8 1/4 with Ohio State's Jesse Owens.



All-Americans

Year	Athlete, Event
1982	Chris Davenport, Dist. Medley Relay Nan Doak, Two Miles Nan Doak, Three Miles Nan Doak, 5,000 Meters Nan Doak, Dist. Medley Relay Kathy Gillespie, Heptathlon Jenny Hayden, Dist. Medley Relay Jodi Hershberger, 3,000 Meters Jenny Spangler, 10,000 Meters Kay Stormo, 880 Yards Kay Stormo, 800 Meters Kay Stormo, Dist. Medley Relay
1983	Nan Doak, 5,000 Meters Mary Mol, High Jump Jenny Spangler, 10,000 Meters
1985	Penny O'Brien, 3,000 Meters Nan Doak, 10,000 Meters
1987	Jeanne Kruckeberg, 3,200-Meter Relay Kim Schneckloth, 3,200-Meter Relay Sherri Suppelsa, 3,200-Meter Relay Janet Wodek, 3,200-Meter Relay
1988	Jeanne Kruckeberg, Mile
1989	Jeanne Kruckeberg, 800 Meters
1990	Rachelle Roberts, Mile
1992	Jennifer Brower, 10,000 Meters Tracy Dahl, 5,000 Meters Lisa Van Steenwyk, Shot Put
1993	Tracy Dahl, 5,000 Meters
1994	Tina Floyd, 400-Meter Relay Yolanda Hobbs, 400-Meter Relay Marlene Poole, 400-Meter Relay Tanja Reid, 400-Meter Relay Tina Stec, Mile Tina Stec, 3,000 Meters
1995	Yolanda Hobbs, 55 Meters Yolanda Hobbs, 200 Meters
1997	Wynsome Cole, 400-Meter Hurdles
2004	Shellene Williams, 400 Meters
2005	Kineke Alexander, 400 Meters Peaches Roach, High Jump Kineke Alexander, 400 Meters
2006	Kineke Alexander, 400 Meters Peaches Roach, High Jump Meghan Armstrong, Mile Kineke Alexander, 400 Meters Peaches Roach, High Jump

Year	Athlete, Event
2007	Kineke Alexander, 400 Meters Meghan Armstrong, Mile Kineke Alexander, 400 Meters Peaches Roach, High Jump Diane Nukuri, 10,000 Meters
2008	Kineke Alexander, 400 Meters Kineke Alexander, 400 Meters Meghan Armstrong, 10,000 Meters Tammilee Kerr, Heptathlon Racheal Marchand, 10,000 Meters
2009	Karessa Farley, 100-Meter Hurdles Racheal Marchand, 5,000 Meters



The 2006 NCAA indoor 400-meter champion, Kineke Alexander was an eight-time all-American and five-time Big Ten champion at Iowa from 2005-08. She holds Iowa school records in four individual events and two relays, and set the Big Ten Indoor Championships 400-meter record (52.23) in 2007.

National & School Honors

CoSIDA Academic All-America

1986	Danny Waters
1989	Kim Schneckloth
1990	Lisa Skidmore
1997	Chad Schwitters
2000	Stetson Steele

USTFCCCA All-Academic

2006	Meghan Armstrong
2006	Krista Anderson
2009	Hannah Roeder
2009	McKenzie Melander

Honda Sports Award

2008	Diane Nukuri (finalist)
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NCAA Woman of the Year

1992	Jennifer Brower (state winner)
1994	Tina Stec (national finalist)

Wilma Rudolph Award

2008	Diane Nukuri
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Iowa Female Athlete of the Year

1983	Nan Doak
1989	Jeanne Kruckeberg
1992	Tracy Dahl
1993	Tracy Dahl
2006	Kineke Alexander
2007	Kineke Alexander
2008	Diane Nukuri
2009	Racheal Marchand



Kineke Alexander
Two-Time Midwest
Regional Champion
400 Meters



Tiffany Johnson
2007 Midwest
Regional Champion
100-Meter Hurdles



Bill Neumann
2003 Midwest
Regional Champion
Javelin

Men's All-Region Honorees

Year	Athlete	Event - Mark	Place
2003	Bill Neumann	Javelin - 227-0 (69.20 m)	1st
	Tony Leick	400-Meter Hurdles - 53.16	7th
	Chris Voller	Hammer - 192-2 (58/58)	8th
2004	Ken Kemeny	Shot Put - 61-4 1/4 (18.70 m)	4th
	Brad Daufelt	Hammer - 205-4 (62.59 m)	4th
	Russell Peterson	400-Meter Hurdles - 51.18	6th
	Chris Voller	Hammer - 196-7 (59.91 m)	7th
2005	Ken Kemeny	Shot Put - 62-3 (18.97 m)	2nd
	Tim Brodersen	Discus - 179-1 (54.59 m)	3rd
	Chris Voller	Hammer - 195-4 (59.55 m)	8th
2006	Adam Hamilton	Hammer - 217-11 (66.42 m)	2nd
	Shane Maier	Shot Put - 61-0 1/4 (18.60 m)	5th
2007	Shane Maier	Shot Put - 58-6 1/2 (17.84 m)	2nd
	Adam Hamilton	Hammer - 215-7 (65.70 m)	2nd
	Ray Varner	400-Meter Hurdles - 52.93	8th
	Micah VanDenend	5,000 Meters - 14:14.62	8th
	Max Milder	400-Meter Relay - 42.53	8th
	Paul Chaney, Jr.	400-Meter Relay - 42.53	8th
	Aaron Reed	400-Meter Relay - 42.53	8th
	Lee Elbert	400-Meter Relay - 42.53	8th
2008	John Hickey	Shot Put - 61-4 1/4 (18.70 m)	2nd
	A.J. Curtis	Shot Put - 59-5 1/2 (18.12 m)	3rd
	A.J. Curtis	Discus - 176-8 (53.85 m)	3rd
	Andy Napier	3,000 Steeplechase - 8:57.54	7th
	Shane Maier	Shot Put - 56-11 1/2 (17.36 m)	7th
	Ray Varner	400 Hurdles - 51.07	8th
	John Hickey	Shot Put - 58-11 1/4 (17.96 m)	6th
2009	Adam Hairston	800 Meters - 1:48.87	5th
	D'Juan Richardson	400-Meter Relay - 40.33	5th
	Zeke Sayon	400-Meter Relay - 40.33	5th
	Stephen Bee	400-Meter Relay - 40.33	5th
	Paul Chaney, Jr.	400-Meter Relay - 40.33	5th
	Ray Varner	400 Hurdles - 51.21	6th
	John Hickey	Shot Put - 58-11 1/4 (17.96 m)	6th

Regional Awards

Midwest Regional Female Athlete of the Year

Kineke Alexander, 2007

Women's All-Region Honorees

Year	Athlete	Event - Mark	Place
2003	Alana Redfern	Javelin - 159-8 (48.68 m)	3rd
	Jessie Strand	Pole Vault - 12-10 1/4 (3.92 m)	3rd
	Sarah Arens	3,000 Steeplechase - 10:42.42	5th
	Nicole Charles	1,600-Meter Relay - 3:36.26	5th
	Aisha Hume	1,600-Meter Relay - 3:36.26	5th
	Sarah Steffen	1,600-Meter Relay - 3:36.26	5th
	Shellene Williams	1,600-Meter Relay - 3:36.26	5th
	Shellene Williams	400 Meters - 53.09	6th
	Sarah Steffen	400-Meter Hurdles - 1:00.10	8th
	2004	Sarah Arens	3,000 Steeplechase - 10:39.31
Shellene Williams		400 Meters - 52.41	4th
Peaches Roach		High Jump - 5-10 1/2 (1.79 m)	5th
2005	Michelle Lahann	800 Meters - 2:09.34	6th
	Kineke Alexander	400 Meters - 52.34	2nd
2006	Peaches Roach	High Jump - 5-11 1/4 (1.81 m)	2nd
	Kineke Alexander	1,600-Meter Relay - 3:39.67	8th
	Aisha Hume	1,600-Meter Relay - 3:39.67	8th
	Lindsey McCalla	1,600-Meter Relay - 3:39.67	8th
	Erin Sheeley	1,600-Meter Relay - 3:39.67	8th
	Kineke Alexander	400 Meters - 51.75	1st
	Meghan Armstrong	1,500 Meters - 4:23.33	2nd
	Peaches Roach	High Jump - 6-0 1/2 (18.4 m)	3rd
2007	Racheal Marchand	5,000 Meters - 17:17.01	7th
	Tiffany Johnson	100-Meter Hurdles - 13.53	8th
	Shannon Stanley	1,500 Meters - 4:30.98	8th
	Kineke Alexander	400 Meters - 52.34	1st
	Tiffany Johnson	100-Meter Hurdles - 13.22	1st
	Meghan Armstrong	1,500 Meters - 4:21.56	5th
	Diane Nukuri	1,500 Meters - 4:24.30	6th
2008	Becca Franklin	Hammer - 192-2 (58.58 m)	6th
	Racheal Marchand	5,000 Meters - 16:27.72	6th
	Peaches Roach	High Jump - 5-9 1/4 (1.76 m)	7th
2009	Kineke Alexander	400 Meters - 52.24	2nd
	Renee White	Triple Jump - 43-10 (13.36 m)	6th
2009	Renee White	Long Jump - 20-3 3/4 (6.19 m)	8th
	Karessa Farley	100-Meter Hurdles - 13.34	3rd
	Betsy Flood	1,500 Meters - 4:25.98	4th
McKenzie Melander	1,500 Meters - 4:30.83	7th	



Men's Indoor Champions

50 Yards Charles Brookins, 1922..... 5.4	1,500 Meters Ed DeLashmutt, 1980 ... 3:49.90
55-Meter Hurdles Dion Trowers, 1998..... 7.27	Mile Ted Wheeler, 1956..... 4:12.5 Charles Jones, 1957..... 4:13.8 Charles Jones, 1958..... 4:10.5 Gary Fischer, 1963..... 4:13.7 Larry Wiczorek, 1966.... 4:09.7 Larry Wiczorek, 1967.... 4:05.3
60 Yards Lee Farmer, 1942..... 6.3	Two Miles Harold Phelps, 1925..... 9:32.6 Leonard Hunn, 1927..... 9:44.2 Charles Jones, 1957..... 9:23.3 Charles Jones, 1958..... 9:09.6 Larry Wiczorek, 1968.... 8:54.3
70-Yard High Hurdles Frank Cuhel, 1928..... 8.8 George Saling, 1932..... 8.7 Russell Merkel, 1950..... 8.8	Long Jump Lee Farmer, 1942..... 23-9 1/4 Earl Smith, 1954..... 24-0 3/4 Quinn Early, 1986..... 24-7 1/4 Anthuan Maybank, 1992. 26-5 1/2 Anthuan Maybank, 1993... 26-5 Bashir Yamini, 1997..... 25-9 1/4 Bashir Yamini, 1998... 24-11 1/4 Bashir Yamini, 1999..... 25-6 1/2 Matty Gorman, 2005... 24-8 1/2
70-Yard Low Hurdles Russell Merkel, 1950..... 8.1	High Jump *Ed Schrader, 1913..... 5-11 1/2 *Edgar Hoffman, 1920..... 6-0 *Donald Craig, 1929..... 5-9 5/8 *H. Workhoven, 1929.... 5-9 5/8 Les Stevens, 1956..... 6-6 3/8 Bill Knoedel, 1975..... 7-1
200 Meters George Page, 1997..... 21.63	Pole Vault *Xavier Boyles, 1926..... 12-6 *Henry Canby, 1929..... 13-7 1/2 Ken Steinbeck, 1943..... 13-3 Dave Nielsen, 1975..... 16-10
440 Yards George Baird, 1928..... 50.1 Vaughn Stevenson, 1929... 51.2 Bernard Page, 1935..... 51.5 Carl Teufel, 1938..... 49.8 John Brown, 1960..... 48.6 Gary Hollingsworth, 1963.. 48.5 Mike Mondane, 1967..... 47.9 Mike Mondane, 1968..... 47.6 Dick Eisenlauer, 1972..... 47.8	Shot Put Ray Danber, 1926..... 46-2 1/2 Jeremy Allen, 2000..... 61-4 1/4 Shane Maier, 2007..... 60-11 1/4 John Hickey, 2008..... 61-9 3/4
400 Meters Anthuan Maybank, 1990 . 47.55	
600 Yards Leroy Ebert, 1954..... 1:11.4 Caesar Smith, 1956..... 1:14.0 Tom Ecker, 1957..... 1:13.7 Bill Frazier, 1962..... 1:12.2 Roger Kerr, 1963..... 1:10.0 Mike Mondane, 1966..... 1:11.2	
600 Meters D'Juan Strozier, 1990 1:20.26	
880 Yards Ted Wheeler, 1956..... 1:55.1 Bill Frazier, 1963..... 1:51.8 D'Juan Strozier, 1992 1:51.54	
1,000 Yards Gary Fischer, 1961..... 2:16.8 Joel Moeller, 1978..... 2:12.4	

Women's Indoor Champions

55 Meters Vivien McKenzie, 1985 6.92 Yolanda Hobbs, 1995..... 6.83	880 Yards Jeanne Kruckeberg, 1987 2:11.71
60 Yards Elaine Jones, 1983 6.92 Elaine Jones, 1984 6.91	3,000 Meters Nan Doak, 1985 9:38.5 Meghan Armstrong, 2008 9:18.30
200 Meters Erica Broomfield, 1998 23.88 Kineke Alexander, 2006 ... 23.49 Kineke Alexander, 2007 ... 23.67	Three Miles Nan Doak, 1982 15:27.53
300 Yards Elaine Jones, 1984 34.59	5,000 Meters Tracy Dahl, 1992 16:36.13
400 Meters Senta Hawkins, 1988 55.66 Ellen Grant, 1997..... 54.39 Shellene Williams, 2004 .. 54.17 Kineke Alexander, 2006 ... 52.01 Kineke Alexander, 2007 ... 52.23	High Jump Peaches Roach, 2004... 5-11 1/4 Peaches Roach, 2005... 5-10 3/4 Peaches Roach, 2007..... 5-10
600 Meters Kay Stormo, 1979 1:33 Karen Layne, 1990 1:31.45	Triple Jump Renee White, 2008..... 42-4
800 Yards Kay Stormo, 1982 2:09.35	Shot Put Gail Smith, 1985 51-0 Lisa Van Steenwyk, 1993 .50-5 1/4
	Pentathlon Kathy Gillespie, 1983 .4.079 pts.

Men's Indoor Relay Champions

Mile Relay Morrow, Noll, Brookins, Wilson, 1923..... 3:29.6 Morrow, Kohn, Roberts, Coulter, 1924 3:33.2 Beatty, Phelps, Baird, Cuhel, 1927 3:29.5 Stevenson, Stamats, Baird, Cuhel, 1928 3:24.2 Thomas, Ferguson, Depping, Stevenson, 1929 3:25.6 Boylan, Wheeler, Ebert, Scott, 1952..... 3:18.3 Richards, Rocker, Hollingsworth, Kerr, 1963 3:14.7 Ferree, Frazier, Mondane, Reimer, 1967 3:13.1 Greer, Williams, Smith, Duckett, 1984..... 3:09.24
Two Mile Relay English, Blackman, Strozier, Chambers, 1989..... 7:36.20

Women's Indoor Relay Champions

3,200-Meter Relay Schlader, Mitchell, Drapcho, Stormo, 1979..... 9:10.0 Hoskins, Kruckeberg, Roberts, Schneckloth, 1989 8:53.01
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Men's Outdoor Champions

100 Yards
Dennis Kohl, 1966..... 9.6

120-Yard High Hurdles
Russell Merkel, 1950 14.4
Les Stevens, 1956 14.2

100 Meters
George Page, 1995 10.50
George Page, 1996 10.08
Tim Dwight, 1999 10.51

110-Meter High Hurdles
Pat McGhee, 1989 13.74

220 Yards
Eric Wilson, 1921..... 22.0
Eric Wilson, 1923..... 21.2
John Everingham, 1927 22.0
Dennis Kohl, 1966..... 20.6

220-Yard Low Hurdles
Charles Brookins, 1922..... 23.8
Charles Brookins, 1923..... 23.2
Charles Brookins, 1924..... 23.8
Frank Cuhel, 1926..... 23.9
Frank Cuhel, 1927..... 24.2
Frank Cuhel, 1928..... 23.6
George Saling, 1932..... 23.0

200 Meters
Andre Morris, 1995 20.64
Bashir Yamini, 1998 21.10
Bashir Yamini, 1999 21.39

330-Yard Int. Hurdles
Donald Gardner, 1963 37.7
Jon Reimer, 1965 36.1

440 Yards
Chan Coulter, 1924 50.4
George Baird, 1927..... 49.1
John Brown, 1959..... 48.1
Mike Mondane, 1967 46.4
Mike Mondane, 1968 47.5
Dick Eisenlauer, 1975..... 47.1

440-Yard Int. Hurdles
Jon Reimer, 1965 50.8

400 Meters
Anthuan Maybank, 1991 . 45.76
Anthuan Maybank, 1993 . 45.91
Andre Morris, 1995 45.39
Andre Morris, 1996 46.38

400-Meter Hurdles
Pat McGhee, 1986 50.94
Pat McGhee, 1988 50.01
Pat McGhee, 1989 49.63

660 Yards
Roger Kerr, 1963 1:17.4
Mike Mondane, 1966 1:17.7

880 Yards
Harry Morrow, 1924 1:57.0
Ted Wheeler, 1956..... 1:51.7
Bill Frazier, 1962 1:50.1
Bill Frazier, 1963 1:50.6

800 Meters
D'Juan Strozier, 1990 1:47.17

Mile
Ted Wheeler, 1956..... 4:12.7
Charles Jones, 1957..... 4:17.0
Charles Jones, 1958..... 4:09.2

3,000-M. Steeplechase
Rollie Kitt, 1967 9:02.9
Steve Pershing, 1977 9:00.1

Two Miles
Richard Ferguson, 1952.. 9:19.0
Richard Ferguson, 1953.. 9:26.6
Charles Jones, 1957..... 9:14.0

Three Miles
Larry Wieczorek, 1968.. 13:58.0

10,000 Meters
Kevin Herd, 1994 30:05.21
Micah VanDenend, 2007..30:28.50

Long Jump
Edward Gordon, 1929..24-1 3/4
Edward Gordon, 1930..24-8 1/4
Edward Gordon, 1931..24-1 1/2
Earl Smith, 1954 23-1
Quinn Early, 1986 24-11
Anthuan Maybank, 1993.25-9 1/2
Bashir Yamini, 1997 26-8 1/4

High Jump
E.J. Baker, 1905..... 5-10 1/4
*Edward Gordon, 1929..... 6-0
Bill Knoedel, 1975..... 7-3
Bill Hansen, 1976..... 7-2
Ryan Kelly, 2008..... 6-10 3/4

Pole Vault
*Xavier Boyles, 1926 ... 12 9 1/2
Bill Burnette, 1966.....15 3
Phil Wertman, 1971..... 16 1 1/2
John Tefer, 1972.....16 0
Todd Wigginton, 198417 0

Shot Put
Chris Gambol, 198760-0 1/2
Jeremy Allen, 200162-2 1/4
John Hickey, 200758-4 1/2

Discus
C.H. Swift, 1902 118-9
C.H. Swift, 1903 117-7 1/2
Merle Alderman, 1910.129-8 1/2
John Hancock, 1925..... 138-2
Jeremy Allen, 1998 185-9
Jeremy Allen, 2001 194-5
Tim Brodersen, 2005 187-0
Tim Brodersen, 2006 181-2

Hammer
A. van der Westhuizen, 1999..202-3
A. van der Westhuizen, 2000..218-5
Jim Costello, 2002..... 217-7
Adam Hamilton, 2006 208-1

Javelin
L.D. Weldon, 1930184-5 1/2
L.D. Weldon, 1931191-4 1/2
Mark Panther, 1934 208-2
Mark Panther, 1935...219-7 3/8
Bushnell Lamb, 1936 .194-4 1/2
Bushnell Lamb, 1938 202-8
Bill Neumann, 2002 231-8
Bill Neumann, 2003 238-2

Men's Outdoor Relay Champions

400-Meter Relay
Beecham, Duckett, Greer, Patrick, 198339.99
McCoy, Duckett, Greer, Smith, 1984.....40.11
Davis, Morris, Rozell, Page, 1995.....40.03
Dwight, Branch, Davis, Yamini, 199840.27
Branch, Dwight, Dodge, Yamini, 199940.66
Coleman, Kunkel, Peterson, Dodge, 200140.15

400-Yard Relay
Johnson, Lake, Eisenlauer, Wellington, 1974.....41.2

Mile Relay
Beck, Noll, Keppler, Wilson, 1922..... 3:20.0
Stevenson, Stamats, Baird, Cuhel, 1928..... 3:20.2
Stevenson, Ferguson, Depping, Baird, 1929 3:20.7
Levinson, Boylan, Ebert, Scott, 1953 3:16.4
Richards, Hollingsworth, Frazier, Kerr, 1962 3:12.3
Richards, Hollingsworth, Frazier, Kerr, 1963 3:11.2
Thompson, Feree, Randolph, Reimer, 1965 3:12.1
Ferree, Frazier, Mondane, Reimer, 1967 3:08.7
Teberg, Stevens, Frazier, Mondane, 1968..... 3:13.3

1,600-Meter Relay
Chung, Williams, McGhee, Leonard, 1986 3:07.05
Branch, Dwight, Dodge, Yamini, 1999 3:09.09



Women's Outdoor Champions

100 Meters

Vivien McKenzie, 1983 11.90
 Vivien McKenzie, 1984 11.50
 Vivien McKenzie, 1985 11.63

400 Meters

Ellen Grant, 1997 52.82
 Shellene Williams, 2003 .. 53.58
 Shellene Williams, 2004 .. 52.97
 Kineke Alexander, 2007 ... 52.15

400-Meter Hurdles

Wynsome Cole, 1998..... 56.67

5,000 Meters

Nan Doak, 1982 16:26.63
 Tracy Dahl, 1992 16:22.01
 Diane Nukuri, 2008..... 16:24.21

10,000 Meters

Jennifer Brower, 1992. 34:29.61
 Meghan Armstrong, 2008. 33:49.03

High Jump

Peaches Roach, 2004...5-11 1/4
 Peaches Roach, 2007 6-0

Shot Put

Lisa Van Steenwyk, 1993 .47-4 1/2

Long Jump

Aisha James, 2003 21-4

Triple Jump

Renee White, 2009....43-10 3/4

Women's Outdoor Relay Champions

400-Meter Relay

Floyd, Hobbs, Poole, Reid, 199444.80
 Underwood, Cole, Grant, Wynter, 199746.53

1,600-Meter Relay

Hume, Charles, Steffen, Williams, 2003 3:38.95

Big Ten Championships Honors

Men's Awards

Athlete of the Year

1989 Pat McGhee (O)
 1993 Anthuan Maybank (O)

Track Athlete of the Meet

1989 Pat McGhee (O)
 1999 Tim Dwight (O)

Freshman of the Year

1996 Bashir Yamini (I)
 1998 Jeremy Allen (I, O)

I - Indoor, O - Outdoor

Women's Awards

Track Athlete of the Year

2007 Kineke Alexander (I)

Track Athlete of the Meet

2007 Kineke Alexander (I)

Freshman of the Year

1998 Erica Broomfield (I)
 2004 Peaches Roach (O)

I - Indoor, O - Outdoor

All-Big Ten Honorees

Women's Team

Kineke Alexander..... 2006-08
 Krista Anderson 2006
 Meghan Armstrong .2006, 2008
 Erica Broomfield 1998
 Jennifer Brower 1992
 Nicole Charles..... 2003
 Wynsome Cole 1997-98
 Tracy Dahl..... 1992-93
 Nan Doak..... 1985
 Tina Floyd 1994
 Ashley Granger 2006
 Ellen Grant..... 1997
 Senta Hawkins 1988
 Yolanda Hobbs 1994-95
 Tami Hoskins 1989
 Aisha Hume 2003
 Aisha James 2003
 Tiffany Johnson 2005-06
 Elaine Jones 1984
 Jeanne Kruckeberg 1987-89
 Karen Layne 1990
 Racheal Marchand..... 2009
 Lindsey McCalla..... 2006
 Vivien McKenzie 1984-86
 Diane Nukuri..... 2007-08
 Marlene Poole..... 1994
 Alana Redfern..... 2003
 Tanja Reid..... 1994
 Peaches Roach..... 2004-07
 Rachelle Roberts..... 1989-90
 Kim Schneckloth 1989
 Gail Smith 1985
 Shannon Stanley..... 2006
 Sarah Steffen 2003
 Jessie Strand 2003
 Tara Underwood 1997
 Lisa Van Steenwyk..... 1993
 Renee White 2007-09
 Shellene Williams 2003-04
 Kaydene Wynter..... 1997

Names in bold are current team members.

Men's Team

Jeremy Allen 1998, 2000-01
 St. Clair Blackman 1989
 Tony Branch 1998-99
 Tim Brodersen 2005-06
 Rodney Chambers 1989
 Jim Costello 2002
 Curtis Chung1986, 1989
 Juan Coleman 2001
 A.J. Curtis.....2007, 2009
 Chris Davis1995, 1998
 Tim Dodge1999, 2001
 Terrence Duckett 1984
 Tim Dwight 1998-99
 Quinn Early 1986
 Louis English 1989
 Chris Gambol 1987
 Matty Gorman 2006
 Victor Greer 1984
Adam Hairston 2008-09
 Adam Hamilton 2006-07
 Kevin Herd 1994
 John Hickey..... 2007-09
 Ryan Kelly 2008
 Gary Kostrubala..... 1986
 Adam Kunkel 2001
 Harold Leonard..... 1986
 Shane Maier 2006-08
 Anthuan Maybank..... 1990-94
 Ronnie McCoy 1984
 Pat McGhee 1986, 1988-89
 Andre Morris 1995-96
 Andy Napier..... 2008
 Bill Neumann 2002-03
 George Page 1995-97
 Russell Peterson 2001
 Ed Rozell 1995
 Caesar Smith..... 1984
 Robert Smith 1984
 D'Juan Strozier... 1989-90, 1992
 Dion Trowers 1998
 Micah VanDenend 2007
 Arno van der Westhuizen . 2000
 Todd Wigginton 1984
 Kenny Williams1984, 1986
 Chris Voller 2005
 Bashir Yamini 1997-99



IOWA HAWKEYE TRACK & FIELD

Academic All-Big Ten Honorees

Men's Academic All-Big Ten

Recipients of the Academic All-Big Ten award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.0 or higher for their academic career. The inaugural award was presented in 1986-87.

Name	Years	Name	Years
L. J. Albrecht	1989-92	Jesse Luciano	2008-09
Rajeev Balkrishnan	1993	Eric MacTaggart	2006, 2008-09
Andy Banse	2003-05	Shane Maier	2005-06
Jake Berns	2006	Steve Marshall	1991, 1994
Ravi B'Have	1995, 1998	Brad McCorkle	1990
Tim Brodersen	2003-06	Pete McDowell	1994
David Brown	1988-91	Pat Meade	1987, 1989
Brendan Camplin	2008-09	Sean Moeller	1999-02
Chris Cassata	1999-00	Andy Morris	1998-00
Trent Corey	1999-02	Steve Morrissey	1991
Jim Costello	2001-02	Andy Napier	2007-09
Mike Cunningham	1999, 2001-02	Ryan Niver	2008
A.J. Curtis	2007-09	Jason Nolting	2004-06
Cannon Dolan	2007-09	Chad Ohly	1993-95
Jim Donovan	1997-99	Matt O'Hollearn	2004-06
Peter Eischeid	1996-98	James Paul	2009
Lee Elbert	2007-08	Chris Peters	1997
Connor Elmitt	2009	Tim Pleskac	2000
Joe Estes	1994-96	Justin Poots	2001
Scott Faber	1999, 2002	Jay Renaud	2008
Andy Flaherty	1988	Marc Roehl	1993-95
Matt Gerard	1992-94	Paul Sarris	1998
Mike Gorsline	1989-91	Mark Schaapveld	2008-09
Adam Hamilton	2004-07	Zachary Schimp	2009
Dan Haut	2004-06	Chad Schwitters	1996-99
Kevin Herd	1991-93	Stetson Steele	1997, 1999-00
Mark Holtkamp	1996	Dion Trowers	1997
Jason Joens	1993	Jonathan Tullett	1994
Scott Joens	1987	Josh Tweedy	2004-05
Richard Johnson	2007	Graham Valdes	2009
Ben Lloyd	2003	David White	1991-92
Marco Loureiro	1995-96	Andy Wiese	1987
Ryan Lamparek	2009	Brice Wilson	2008
		Bobby Windauer	2007-08

Big Ten Distinguished Scholars

Recipients of the Big Ten Distinguished Scholar award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.7 or higher for the previous academic year. The inaugural award was presented in 2008-09.

Name	Year	Name	Year
Jolly Burke	2009	Andy Napier	2009
A.J. Curtis	2009	Hannah Roeder	2009
Jennie Docherty	2009	Brice Wilson	2009
Rachel Hawks	2009		

Women's Academic All-Big Ten

Name	Years	Name	Years
Krista Anderson	2007-08	Christine Kotarba	2005
Sarah Arens	2001-04	Jeanne Kruckeberg	1988, 1990-91
Meghan Armstrong	2006-08	Kimberly Kruk	1994
Caleigh Bacchus	2009	Christine Kubitz	1999
Atalie Barber	2002, 2004	Michelle Lahann	2001-04
Holly Barnes	1994	Jordan Laney	2005
Briana Benning	1995-97	Meg Maurer	1997
Allison Billhardt	2005	Amy McRell	1990-93
Kerri Blackstone	1997-99	Georgia Millward	2002-04
Becky Borg	1988-89	Kelsey Mims	2009
Jennifer Brower	1991-92	Monica Mims	2005-07
Nicole Brown	1997	Jennifer Moore	1988-89
Sarah Burgett	2005-07	Amy Murphy	2000-01
Jolly Burke	2008-09	Sara Murray	1994
Katie Butler	2001	Erin O'Hern	2005-06
Jenni Capista	2004-05	Valerie Oltman	2000
Nicole Charles	2001-03	Kiersten Pauling	1995-97
Kacey Childs	2000-01	Beverly Powell	1991
Traci Claussen	1988-89	Bethany Praska	2009
Megan Daniel	1994	Ruquaua Raheem	1998
Sarah Dankoff	2002	Alana Redfern	2003
Jennie Docherty	2009	Peaches Roach	2005-07
Katie Donlon	2005	Ericka Roberts	2001-02
Jenni Elbert	2006	Hannah Roeder	2009
Katie Ellis	2008-09	Janeth Salazar	1988
Molly Esche	2006-08	Christine Salsberry	1991, 1993-94
Shawn Fleck	1996	Kristi Schmidt	2000
Becca Franklin	2007	Jessica Schmidt	2007
Melissa Fraser	1997	Kim Schneckloth	1987-90
Jill Freed	1989	Jennifer Schoonover	1995
Sheila Galbraith	1992	Gina Shannon	1999-2001
Ashley Granger	2006	Anna Shearer	2000-01
Maggie Hall	1999	Erin Sheeley	2005
Rachel Hawks	2008-09	Michelle Sokol	2004-05
Sarah Henize	2009	Shannon Stanley	2007
Katie Herrmann	2004	Tina Stec	1992-94
Aisha Hume	2002-05	Sarah Steffen	2001-03
Janelle Jaspers	1988-89	Jessie Strand	2001-04
Jennifer Johnson	1992-93	Sherri Suppelsa	1987
Tiffany Johnson	2005-07	Rhonda-Kaye Trusty	2008-09
Aditya Jones	2006-07	Tara Underwood	1998
Amy Kasparbauer	2000	Sheri Van Der Hart	1991-93
Rebecca Kaza	1997-99	Kim Vinton	1992
Tammilee Kerr	2006-07	Jamie Voss	1992-93
Jennifer Kiciak	1997-98	Renee White	2007
Tricia Kiraly	1988-89	Beth Wilson	1989
Natalie Kleinfelter	1994		

Names in bold are current team members.



Drake Relays Champions

Men's Champions

Event.....Athlete, Year - Performance

100 MetersLeicester Farmer, 1942 - 10.1
 100 MetersGeorge Page, 1996 - 10.42
 200 Meters (SI)Jeff Patrick, 1983 - 20.47
 200 Meters (SI)Anthuan Maybank, 1994 - 20.82
 400 Meters (SI)Anthuan Maybank, 1993 - 44.99
 MileDeacon Jones, 1957 - 4:10.7
 Two MilesDeacon Jones, 1957 - N/A
 5,000 MetersStetson Steele, 2000 - 14:02.76
 110-Meter Hurdles....Pat McGhee, 1988 - 14.15
 400-Meter Relay.....1927 - 41.8; 1928 - 42.2; 1935 - 41.7; 1952 - 41.5
 400-Meter Relay.....Trowers, Branch, Davis, Yamini, 1998 - 40.24
 400-Meter Relay.....Richardson, Sayon, Richards, Chaney, Jr.,
 2009 - 40.71
 800-Meter Relay.....1929 - 1:28.23
 1,600-Meter Relay.....1923 - 3:16.9; 1924 - 3:21.5; 1926 - 3:27.1;
 1927 - 3:20.5; 1928 - 3:22.2; 1929 - 3:25.4;
 1938 - 3:15.4; 1963 - 3:13.5; 1967 - 3:07.4
 3,200-Meter Relay.....1929 - 7:57.3
 Dist. Medley Relay.....1956 - 10:14.3
 Shuttle Hurdle Relay..1932 - 1:01.6; 1955 - 59.3; 1984 - 58.77
 Sprint Medley Relay ..1952 - 3:23.5; 1956 - 3:23.4; 1992 - 3:21.02
 High Jump.....Milton Kuhl (5-way tie), 1942.... 6-4 (1.93 m)
 High Jump.....Bill Knoedel, 1976..... 7-1 3/4 (2.18 m)
 High Jump.....Bill Hansen, 1978..... 7-1 3/4 (2.18 m)
 Long JumpEd Gordon, 1929 - 24-0 3/4 (7.33 m)
 Long JumpEd Gordon, 1930 - 24-0 (7.31 m)

Men's Champions - Continued

Event.....Athlete, Year - Performance

Long JumpEd Gordon, 1931 - 23-10 1/2 (7.28 m)
 Long Jump.....Anthuan Maybank, 1993. **(w)** - 27-6 3/4 (8.40 m)
 Long JumpBashir Yamini, 1996 - 25-1 1/4 (7.65 m)
 Pole VaultXavier Boyles, 1927 - 12-9 (3.89 m)
 Shot Put.....Chris Gambol, 1987 - 59-3 (18.06 m)
 Shot Put.....Ken Kemeny, 2004 - 59-11 1/4 (18.27 m)
 DiscusRobert Mitchell, 1928 - 141-9 (43.22 m)
 Javelin.....L.D. Weldon, 1930 - 202-5 (61.70 m)
 Javelin.....Mark Panther, 1935 - 210-7 (64.18 m)
 Javelin.....Paul Fagerlind, 1945 - 205-2 (62.54 m)
 Javelin.....Bill Neumann, 2003 - 238-11 (72.83 m)

Women's Champions

Event.....Athlete, Year - Performance

100-Meter Hurdles....Paula Ruen, 1998 - 13.96
 100-Meter Hurdles....Tiffany Johnson, 2006 - 13.58
 100-Meter Hurdles....Tiffany Johnson, 2007 - 13.27
 400 Meters (SI)Kineke Alexander, 2006 - 52.05
 400-Meter Hurdles....Wynsome Cole, 1998 - 57.44
 1,500-Meters.....Jeanne Kruckeberg, 1989 - N/A
 5,000 MetersDiane Nukuri, 2007 - 16:15.28
 10,000 MetersJennifer Brower, 1992 - 34:11.58
 Shuttle Hurdle Relay..1998 - 56.54
 3,200-Meter Relay.....1990 - 8:54.49
 Dist. Medley Relay.....1989 - 11:22.18; 1990 - 11:24.12
 Javelin.....Alana Redfern, 2003 - 157-9
 Long JumpAisha James, 2003 - 22-3

SI -- Special Invitation Race, w -- wind aided

Big Ten Athletes of the Month/Week

Women's Big Ten Athlete of the Month

Tracy Dahl March 1992
 Tracy Dahl February 1993
 Yolanda Hobbs..... March 1995

Women's Big Ten Athlete of the Week

Mandy Beck.....March 22, 1999
 Aisha James April 28, 2003
 Alana Redfern..... May 5, 2003
 Peaches Roach (F)..... Feb. 20, 2007
 Meghan Armstrong (T) March 25, 2008
 Diane Nukuri (T) April 8, 2008

Men's Big Ten Athlete of the Month

Anthuan Maybank April 1993

Men's Big Ten Athlete of the Week

Jeremy Allen Jan. 19, 1999
 Tony Branch Jan. 26, 1999
 Arno van der Westhuizen . Apr. 12, 1999
 Jeremy Allen Jan. 24, 2001
 Jim Costello Jan. 31, 2001
 Bill Neumann Apr. 8, 2003
 Shane Maier (F) Jan. 16, 2007
 Micah VanDenend (T) Apr. 3, 2007
 A.J. Curtis (F)..... Apr. 10, 2007
 Adam Hamilton (F) May 1, 2007
 John Hickey (F)..... Jan. 22, 2008
 Andy Napier (T) Apr. 8, 2008
 John Hickey (F).....Feb. 16, 2009
 Ray Varner (T) Apr. 8, 2009

T - track athlete, F - field athlete

Big Ten Medal of Honor

Men's Honorees

1932 Stuart Skowbo
 1934 Tom Moore
 1936 Francis Cretzmeyer
 1947 John Hunter
 1948 Herbert Wilkinson
 1955 LeRoy Ebert
 1959 James Van Young
 1963 Ralph Trimble
 1991 David Brown
 1994 Kevin Herd
 2000 Stetson Steele
 2009 Eric MacTaggart

Women's Honorees

1992 Jennifer Brower
 1994 Tina Stec
 2008 Meghan Armstrong