Laulanga Tansdga

Briana Guillory

IOWA

2018-19 TRACK & FIELD Record Book

Mar'yea Harris

Reno Tuufuli

FIRST TEAM ALL-AMERICANS

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2018 Cross Country Schedule

Aug. 31	**Hawkeye Invitational**	**Iowa City, Iowa**
Sept. 15	Woody Greeno Invite	Lincoln, Neb.
Sept. 28	Joe Piane - Notre Dame Invite	South Bend, Ind.
Oct. 12	Bradley Invitational (W)	Peoria, Ill.
Oct. 13	NCAA Pre-Nationals (M)	Madison, Wisc.
Oct. 19	Illinois Open (W)	Champaign, Ill.
Oct. 28	Big Ten Championships	Bloomington, Ind.
Nov. 9	NCAA Regionals	Ames, Iowa
Nov. 17	NCAA Championships	Louisville, Ky.

2018-19 Indoor Track & Field Schedule

Dec. 8	Jimmy Grant Open	Iowa City, Iowa
Jan. 11-12	Hawkeye Invitational	Iowa City, Iowa
Jan. 18-19	Larry Wieczorek Invitational	Iowa City, Iowa
Jan. 25-26	Black and Gold Premier	Iowa City, Iowa
Feb. 1-2	Frank Sevigne Invitational	Lincoln, Neb.
Feb. 2	Meyo Invitational	South Bend, Ind.
Feb. 8-9	Tyson Invitational	Fayetteville, Ark.
Feb. 8-9	Iowa State Classic	Ames, Iowa
Feb. 16	Alex Wilson Invitational	South Bend, Ind.
Feb. 22-23	Big Ten Championships	Ann Arbor, Mich.
Mar. 8-9	NCAA Indoor Championships	Birmingham, Ala.

2019 Outdoor Track & Field Schedule

Mar. 15-16	Baldy Castillo	Tempe, Ariz.
Mar. 29-30	Florida Relays	Gainesville, Fla.
Mar. 29-30	Stanford Invitational	Stanford, Calif.
Apr. 5-6	Sun Angel	Tempe, Ariz.
Apr. 13	Musco Twilight XX	Iowa City, Iowa
Apr. 18-20	Mt. Sac Relays	El Camino, Calif.
Apr. 25-27	Drake Relays	Des Moines, Iowa
May 10-12	Big Ten Championships	Iowa City, Iowa
May 23-25	NCAA First Round	Sacramento, Calif.
Jun. 5-8	NCAA Championships	Austin, Texas

UI Intercollegiate Athletics Department Mission Statement

The mission of the Department of Intercollegiate Athletics is to provide the administrative and coaching support, facilities, resources, and equipment necessary for student-athletes to graduate from The University of Iowa while competing successfully in broad-based championship caliber intercollegiate athletics. The overall well-being of the participant and integrity of the program are paramount in all that we do.

UI Nondiscrimination Statement

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD),diversity@uiowa.edu.

UI Accessibility Statement

Individuals with disabilities are encouraged to attend all University of Iowa- sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the UI Athletics Ticket office (319-335-9309) or UI Athletics Event Management (319-335-9247).

Credits

The University of Iowa men's track and field and cross country media guide was written, designed and edited by Athletic Communications Assistant Hannah Ossman, and assistant athletic communication Directors Traci Wagner and Chris Brewer. Photographs provided by Chris Donahue, Darren Miller and University of Iowa CMP Photo Services. Cover artwork designed by Mindy Gardner. Printing done by University of Iowa Printing.

NAME	YEAR	EVENT	HOMETOWN (LAST SCHOOL)
Josh Andrews	Fr.	Mid Distance	Urbandale, Iowa (Waukee)
Karayme Bartley	Jr.	Sprints	Lionel Town, Jamaica (Iowa Central CC)
Josh Braverman	So.	Hurdles	Lacey, Wash. (River Ridge High)
James Carter	Fr.	Jumps	Oak Creek, Wis. (Oak Creek)
Raymund Clarke	Sr.	Hurdles	Roselle, N.J. (Clark Abraham)
Chris Douglas	Sr.	Hurdles	Deerfield, Ill. (Deerfield)
Raymonte Dow	Fr.	Hurdles	High Point, N.C. (High Point Central)
Ian Eklin	Sr.	Distance	Plymouth, Minn. (Wayzata)
Dawson Ellingson	Fr.	Throws	Hudson, Iowa (Hudson)
DeJuan Frye	Sr.	Sprints	Lacey, Wash. (River Ridge)
Daniel Gaynes	So.	Multi Events	Naperville, Ill. (Neuqua Valley)
Seth Groom	Fr.	Multi Events	Aurora, Ill. (Marmion Academy)
Spencer Gudgel	Fr.	Mid Distance	Carmel, Ind. (Carmel)
Peyton Haack	Fr.	Multi Events	Westfield, Ind. (Westfield)
Mar'yea Harris	Sr.	Sprints	Auburn, Wash. (Long Beach, Wilson)
Jordan Hawkins	Fr.	Throws	Roxana, Ill. (Roxana)
Noah Healy	Fr.	Distance	Frankfort, Ill. (Lincoln-Way East)
Bailey Hesse-Withbroe	Sr.	Distance	Stillwater, Minn. (Stillwater)
Collin Hofacker	Jr.	Sprints	Freedom, Wis. (Freedom High)
Jay Hunt	So.	Jumps	Batavia, Ill. (Batavia)
Tanner Iske	Fr.	Sprints	West Liberty, Iowa (West Liberty)
Melvin Ivy	Fr.	Sprints	Plainfield, Ill. (Plainfield South)
Andy Jatis	Sr.	Pole Vault	Homer Glen, Ill. (Providence Catholic)
Randall Jubilee III	Fr.	Sprints	Philadelphia, Penn. (Centennial HS (N.V.))
Nolan Kembel	Fr.	Hurdles	Loveland, Colo. (Mountain View)
Cooper Koenig	So.	Jumps	West Branch, Iowa (West Branch)
Noah Larrison	Sr.	Hurdles	Clive, Iowa (Waukee)
Wayne Lawrence	Fr.	Sprints	Dayton, Ohio (Meadowdale)
Austin Lietz	Jr.	Hurdles	Sherman Oaks, Calif. (Notre Dame Academy)
Carter Lilly	Sr.	Mid Distance	Sioux City, Iowa (Sioux City East)
Matt Manternach	Jr.	Mid Distance	Monticello, Iowa (Monticello)
Liam Mather	Fr.	Hurdles	London, Ontario (London Central Secondary School)
Jaylan McConico	Jr.	Hurdles	Bolingbrook, Ill. (Bolingbrook)
Michael Melchert	Sr.	Distance	Monticello, Iowa (Monticello)
Cole Moeller	So.	Jumps	Wheatland, Iowa (Calamus Wheatland)
Daniel Murphy	Sr.	Distance	Marion, Iowa (Linn-Marr)
Nathan Mylenek	Jr.	Distance	Clarkston, Mich. (Pontiac Notre Dame)
Tyler Olson	Fr.	Mid Distance	Muscatine, Iowa (Muscatine)
Gratt Reed	Fr.	Hurdles	Atlantic, Iowa (Atlantic)
Jeff Roberts	Fr.	Distance	River Vale, N.J. (Pascack Valley)
Nolan Roethler	Fr.	Hurdles	Urbandale, Iowa (Waukee)
Luke Sampson	So.	Distance	Little Chute, Wis. (Little Chute)
Spencer Smith	Fr.	Distance	Bettendorf, Iowa (Alleman)
Karson Sommer	Jr.	Distance	Bettendorf, Iowa (Pleasant Valley)
Konnor Sommer	Fr.	Distance	Bettendorf, Iowa (Pleasant Valley)
Tyree Sorrells	So.	Jumps	Raytown, Mo. (Raytown South)
Daniel Soto	Jr.	Distance	West Des Moines, Iowa (Valley)
Alec Still	Fr.	Mid Distance	Moville, Iowa (Woodbury Central)
Nolan Teubel	Jr.	Mid Distance	Lisbon, Iowa (Mount Vernon)
Chris Thompson	Jr.	Sprints	Lemont, Ill. (Lemont)
Reno Tuufuli	Sr.	Throws	Las Vegas, Nev. (Liberty)
Tysen Vandraska	Jr.	Mid Distance	Swisher, Iowa (Cedar Rapids Prarie)
Austin West	Fr.	Multi Events	Iowa City, Iowa (Iowa City West)
Anthony Williams	So.	Hurdler	Chesapeake, Va. (Western Branch)
Antonio Woodard	Jr.	Sprints	Rancho Cucamonga, Calif. (Upland High)

Pronunciation Guide

Name	Pronunciation
Karayme Bartley	Kuh-raym
Mar'yea Harris	Mar-ee-ay
Tanner Iske	Iss-kee
Any Jatis	JAY-tiss
Matt Manternach	MON-ter-knock
Cole Moeller	MOLE-er
Nathan Mylenek	MY-len-ek
Nolan Roethler	RAYth-ler
Tyree Sorells	Ser-ELs
Reno Tuufuli	TOO-foo-lee

Name	Yr.	Event	Hometown (Last School)
Logan Akason	Fr.	Distance	Waukee, Iowa (Waukee)
Mary Arch	So.	Distance	Iowa City, Iowa (City High)
Taylor Arco	Jr.	Mid Distance	Mission Viejo, Calif. (Mission Viejo)
Nia Britt	Jr.	Throws	Sherman Oaks, Calif. (Notre Dame High)
Mariel Bruxvoort	Fr.	Hurdles	Grand Rapids, Mich. (Grand Rapids South Christian)
Ashley Bryja	So.	Distance	Chicago, Ill. (Tennessee-Martin)
Talia Buss	Jr.	Sprints	Waukee, Iowa (Waukee)
Amanda Carty	Jr.	Jumps	Spanish Town, Jamaica (Barton County CC)
Antonise Christian	So.	Sprints	Gary, Ind. (West Side Leadership)
Sydney Collins	Jr.	Jumps	Lake Geneva, Wis. (Badger)
Mika Cox	So.	Sprints	Reynoldsburg, Ohio (Reynoldsburg)
Kelli DeGeorge	Jr.	Jumps	Bettendorf, Iowa (Pleasant Valley)
Carly Donahue	So.	Hurdles	Pleasant Valley, Iowa (Pleasant Valley)
Ashley Espinosa	Sr.	Distance	Lindenhurst, Ill. (Lake Villa)
Alexis Gay	Sr.	Sprints	Oak Park, Ill. (Trinity High)
Emma Gordon	Fr.	Distance	Ankeny, Iowa (Ankeny Centennial)
Maria Gorham	Fr.	Jumps	Alleman, Iowa (North Polk)
Briana Guillory	Sr.	Sprints	Antioch, Calif. (Deer Valley High)
Ericka Hammond	Jr.	Throws	Clinton, Iowa (Clinton)
Anna Hostetler	Fr.	Distance	Parnell, Iowa (Mid-Prairie)
Amanda Howe	Fr.	Throws	Southington, Conn. (Southington)
Jenny Kimbro	Jr.	Multi Events	Catlin, Ill. (Salt Fork)
Mallory King	Jr.	Mid Distance	Davenport, Iowa (Assumption)
Aubrianna Lantrip	Jr.	Jumps	Phelps, N.Y. (Midlakes)
Kylie Latham	Fr.	Distance	Ottumwa, Iowa (Ottumwa)
Jada Laye	Fr.	Sprints	Desoto, Texas (Desoto)
Grace McCabe	Fr.	Distance	Clarendon, Ill. (Hinsdale Central)
Jessica McKee	Fr.	Distance	Johnston, Iowa (Johnston)
Kylie Morken	So.	Hurdles	Ames, Iowa (Ames)
Marissa Mueller	So.	Throws	Ontario, Canada (Lambton Central)
Wren Renquist	So.	Distance	Okinawa City, Japan (Kadena)
Tia Saunders	Jr.	Mid Distance	Iowa City, Iowa (West High)
Hannah Schilb	Jr.	Jumps	St. Charles, Ill. (St. Charles North)
Megan Schott	Jr.	Distance	Des Moines, Iowa (Iowa State)
Andrea Shine	Sr.	Distance	Crystal Lake, Ill. (Prairie Ridge)
Tria Simmons	Sr.	Multi Events	Phoenix, Ariz. (Mountain Point)
Konstadina Spanoudakis	So.	Throws	Crete, Greece (4th Geniko Lykeio of Chania)
Addie Swanson	So.	Hurdles	Bettendorf, Iowa (Pleasant Valley)
Laulauga Tausaga	Jr.	Throws	Spring Valley, Calif. (Mount Miguel)
Patty Teggatz	Fr.	Distance	Hampton, Iowa (Hampton-Dumont)
Gillian Urycki	Jr.	Multi Events	Metamora, Ill. (Metamora)
Elzerie van Dyk	Fr.	Distance	Johnston, Iowa (Dowling Catholic)
Sidney Vancil	Fr.	Distance	Perry, Iowa (Perry)
Allison Wahrman	Jr.	Throws	Carol Stream, Ill. (Glenbard North)
Macie Weber	Jr.	Distance	Cascade, Iowa (Cascade)
Kylie Welch	So.	Sprints	Bloomington, Ill. (Bloomington)
Lindsay Welker	So.	Mid Distance	Terre Haute, Ind. (North)
Payton Wensel	Fr.	Hurdles	Marion, Iowa (Linn-Mar)
Aly Weum	So.	Mid Distance	Stoughton, Wis. ((Stoughton)
Sydney Winger	Fr.	Hurdles	Waukee, Iowa (Waukee)
Jordan Winke	Fr.	Distance	Albia, Iowa (Albia Community)
Daneisha Woodside	Fr.	Sprints	Oakland Park, Fla. (Northeast)

Pronunciation Guide

Name	Pronunciation
Ashley Bryja	Bree-UH
Mika Cox	MY-cuh
Briana Guillory	Gill-ree
Kylie Latham	Lay-thum
Konstadina Spanoudakis	SPAWN-uh-dock-iss
Lalauga Tausaga	LAU-long-a Tuh-saga
Gillian Urycki	YER-ick-ee
Elzerie van Dyk	EL-zur-ee VAN-dike
Jordan Winke	Wink-ee

General Information

Location: ..... Iowa City, Iowa
Founded: 1847
Enrollment: 32,949
Conference: ..... Big Ten
School Colors: ..... Black and Gold
President: ..... Bruce Harreld
Director of Athletics: ..... Gary Barta
Nickname/Mascot: ..... Hawkeyes/Herky the Hawk
Cross Country Facility: ..... Bill and Jim Ashton Cross Country Course
Indoor Track & Field Facility: ..... UI Recreation Building
Outdoor Track & Field Facility: ..... Francis X. Cretzmeyer Track

Coaching & Staff Information

Director of Track & Field (Yr. at Iowa): ..... Joey Woody (13th)
Events: Men's Sprints, Hurdles & Relays; Women's Long Sprints & Hurdles
Alma Mater, Yr.: ..... Northern Iowa, 1997
E-Mail Address: ..... joey-woody@uiowa.edu
Cross Country/Asst. Track & Field Coach (Yr. at Iowa): ..... Randy Hasenbank (3rd)
Events: ..... Cross Country, Distance
Alma Mater, Yr.: ..... Wichita State
E-Mail Address: ..... randy-hasenbank@uiowa.edu
Associate Head Coach (Yr. at Iowa): ..... Clive Roberts (10th)
Events: . Horizontal Jumps; Women's Short Sprints, Hurdles & Relays
Alma Mater, Yr.: ..... Central Michigan, 2003
E-Mail Address: ..... clive-roberts@uiowa.edu
Assistant Coach (Yr. at Iowa): ..... Jason Wakenight (5th)
Events: ..... Middle Distance, Sprints & Relays
Alma Mater, Yr.: ..... University of Iowa, 2006
E-Mail Address: ..... jason-wakenight@uiowa.edu
Assistant Coach (Yr. at Iowa) ..... Paige Knodle (3rd)
Events: ..... Multi-Events, vertical jump, hurdles
Alma Mater, Yr: ..... University of Northern Iowa, 2016
Email Address ..... paige-knodle@hawkeyesports.com
Assistant Coach (Yr. at Iowa): ..... Eric Werskey (2nd)
Events: ..... Throws
Alma Mater, Yr.: ..... Auburn, 2011
E-Mail Address: ..... eric-werskey@uiowa.edu
Cross Country/Track Administrator: ..... Matt Henderson
Cross Country/Track Secretary: ..... Syrena Even
Office Phone: ..... (319) 335-9257
Office Address: ..... Carver-Hawkeye Arena, Iowa City, IA 52242

Media Information

Cross Country/Track and Field SID: ..... Hannah Ossman
E-Mail Address: ..... hannah-ossman@hawkeyesports.com
Sports Information Phone: ..... (319) 335-9411
Sports Information Fax: ..... (319) 335-9417
Office Address: ..... Carver-Hawkeye Arena, Iowa City, IA 52242
Web Site: ..... www.hawkeyesports.com

Men's Track & Field Team Information

2018 Big Ten Indoor Championships Place (Points): 7th (51)
2018 Big Ten Indoor Champions Returning/Lost: 4/0
2018 Indoor All-Big Ten Competitors Returning/Lost: 6/0
2018 NCAA Indoor Championships Qualifiers Returning/Lost: 5/1
2018 Indoor All-Americans Returning/Lost: 5/1
2018 Big Ten Outdoor Championships Place (Points): 6th (80)
2018 Big Ten Outdoor Champions Returning/Lost: 5/0
2018 Outdoor All-Big Ten Competitors Returning/Lost: 5/0
2018 NCAA Outdoor Championships Qualifiers Returning/Lost: 7/2
2018 Outdoor All-Americans Returning/Lost: 7/2
2018 Letterwinners Returning/Lost: 28/9

Men's Track & Field Historical Information

Highest Big Ten Indoor Team Place (Yrs.): 1st (1926, 1929, 1963)
Highest NCAA Indoor Champ's Team Place (Yrs.): 8th (2011)
Highest Big Ten Outdoor Champ's Team Place (Yrs.): . 1st (1963, 1967, 2011)
Highest NCAA Regional Team Finish (Pts., Yr.): 12th (25, 2008)
Highest NCAA Outdoor Champ's Team Place (Yr.): 7th (1967)
NCAA Champions: ..... 10 champions, 12 titles
First Team All-Americans: ..... 72 student-athletes, 129 honors
Big Ten Indoor Champions: ..... 95 champions, 120 titles
Big Ten Outdoor Champions: ..... 156 champions, 191 titles
All-Big Ten Honorees: ..... 154 honors
Academic All-Big Ten Honorees: ..... 212 honors

Women's Track & Field Team Information

2018 Big Ten Indoor Championships Place (Points): 5th (74)
2018 Big Ten Indoor Champions Returning/Lost: 1/3
2018 Indoor All-Big Ten Competitors Returning/Lost: 1/3
2018 NCAA Indoor Championships Qualifiers Returning/Lost: 1/4
2018 Indoor All-Americans Returning/Lost: 1/4
2018 Big Ten Outdoor Championships Place (Points): 3rd (96)
2018 Big Ten Outdoor Champions Returning/Lost: 1/2
2018 Outdoor All-Big Ten Competitors Returning/Lost: 1/2
2018 NCAA Outdoor Championships Qualifiers Returning/Lost: 1/2
2018 Outdoor All-Americans Returning/Lost: 1/2
2018 Letterwinners Returning/Lost: 26/13

Women's Track & Field Historical Information

Highest Big Ten Indoor Team Place (Pts., Yr.): .. 3rd (65, 1981; 89, 2004)
Highest NCAA Indoor Champ 's Team Place (Pts., Yr.): .. 14th (10, 1993)
Highest AIAW Indoor Champ's Team Place (Pts., Yr.): 10th (15, 1982)
Highest Big Ten Outdoor Champ's Team Place (Pts., Yr): .. 3rd (75, 1981; 96, 2018)
Highest NCAA Regional Team Finish (Pts., Yr.): 8th (34.5, 2007)
Highest NCAA Outdoor Champ's Team Place (Pts., Yr.): 19th (12, 1992)
Highest AIAW Outdoor Champ's Team Place (Pts., Yr.): . 10th (21, 1982)
NCAA Champions: ..... 3 champions, 4 titles
All-Americans: ..... 68 student-athletes, 111 total honors
Big Ten Champions (Indoor/Outdoor): 39/41
All-Big Ten Honorees: ..... 113 honors
Academic All-Big Ten Honorees: ..... 274 honors

Hawkeye Coaching & Support Staff

Joey Woody
Director of Track & Field

Clive Roberts
Associate Head Coach

Randy Hasenbank
Associate Head coach

Eric Wersky
Assistant Coach

Jason Wakenight
Assistant Coach/Recruiting Coordinator

Kate Wakenight
Director of Operations

Matt Henderson
Administration

Landon Evans
Strength and Conditioning Coach

Syrena Even
Secretary

Andy Winkelmann
Academic Advisor

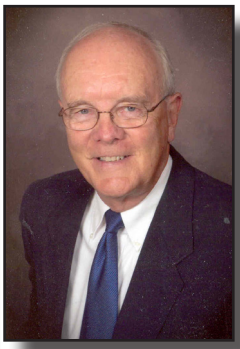
Randy Jensen
Facilities

Doug West
Assistant Athletic Trainer

Bill Maxwell
Head Strength Coach

Hannah Ossman
Athletic Communications

Cody Roberts
Assistant Strength Coach



John Raffensperger
Volunteer Assistant Coach

Mike Boykins
Volunteer Assistant Coach

Nathan Sultan
Graduate Athletic Trainer

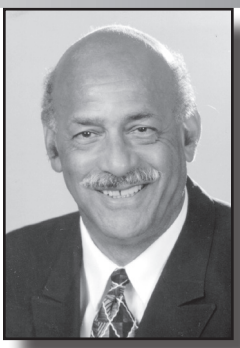
Samantha Wagner
Athletic Trainer

Dalton Nelson
Manager

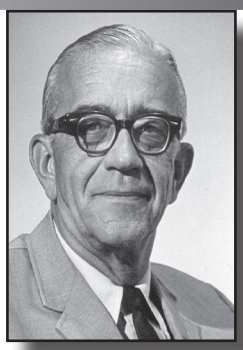
Joel Miller
Manager

Joey Woody
2015-Present

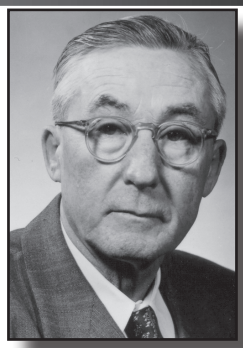
Larry Wieczorek
1998-2014



Ted Wheeler
1978-1997



Francis Cretzmeyer
1949-1977



George Bresnahan
1921-1948

Men

YEAR	COACH	B1G FINISH Indoor/Outoor	B1G Champions	ALL-American honors
2018	Woody	7th/6th	1/2	0/2
2017	Woody	6th/5th	1	8/13
2016	Woody	8th/4th	3	2/11
2015	Woody	T7/3rd	3	3/7
2014	Wieczorek	10th/7th	3	0/6
2013	Wieczorek	7th/5th	7	0/12
2012	Wieczorek	8th/ 5th	4	2/7
2011	Wieczorek	4th/1st	6	10/8
2010	Wieczorek	5th/4th	3	0/5
2009	Wieczorek	9th/7th	0	1/1
2008	Wieczorek	8th/8th	2	1/0
2007	Wieczorek	7th/7th	3	0/1
2006	Wieczorek	7th/4th	2	0/1
2005	Wieczorek	10th/8th	2	0
2004	Wieczorek	10th/10th	0	0
2003	Wieczorek	9th/9th	1	0/1
2002	Wieczorek	N.A/6th	2	1/1
2001	Wieczorek	10th/5th	3	1/1
2000	Wieczorek	8th/6th	0	0/1
1999	Wieczorek	7th/2nd	7	0/4
1998	Wieczorek	5th/3rd	5	6/1
1997	Wheeler	4th/9th	2	1/0
1996	Wheeler	8th/10th	2	0/4
1995	Wheeler	9th/6th	4	0/5
1994	Wheeler	10th/7th	1	1/0
1993	Wheeler	9th/9th	2	1/2
1992	Wheeler	7th/9th	1	1/1
1991	Wheeler	8th/7th	1	0
1990	Wheeler	6th/8th	3	0
1989	Wheeler	7th/7th	2	0/2
1988	Wheeler	9th/7th	1	0/1
1987	Wheeler	10th/6th	1	0
1986	Wheeler	7th/3rd	4	0
1985	Wheeler	8th/5th	0	0/1
1984	Wheeler	6th/4th	3	4/0
1983	Wheeler	8th/5th	1	0/2
1982	Wheeler	9th/8th	0	0
1981	Wheeler	8th/8th	0	0
1978	Wheeler	8th/9th	1	0/1
1977	Cretzmeyer	T6th/9th	1	0
1976	Cretzmeyer	8th/5th	1	0
1975	Cretzmeyer	6th/T6th	4	1/0

Men

YEAR	COACH	B1G FINISH Indoor/Outoor	B1G Champions	ALL-American honors
1980	Wheeler	9th/9th	1	0
1979	Wheeler	9th/8th	0	4/0
1974	Cretzmeyer	9th/6th	1	0
1973	Cretzmeyer	8th/8th	0	1/0
1972	Cretzmeyer	9th/8th	2	0
1971	Cretzmeyer	10th/9th	1	0
1970	Cretzmeyer	9th/9th	0	0
1969	Cretzmeyer	7th/8th	0	0
1968	Cretzmeyer	8th/6th	5	0/1
1967	Cretzmeyer	3rd/1st	6	4/4
1966	Cretzmeyer	3rd/2nd	6	0
1965	Cretzmeyer	8th/4th	3	0/1
1964	Cretzmeyer	10th/6th	0	0
1963	Cretzmeyer	1st/1st	9	0
1962	Cretzmeyer	4th/4th	3	0/1
1961	Cretzmeyer	3rd/4th	1	0
1960	Cretzmeyer	6th/6th	1	0/1
1959	Cretzmeyer	9th/4th	1	0
1958	Cretzmeyer	6th/6th	3	0/1
1957	Cretzmeyer	6th/T7th	5	0/2
1956	Cretzmeyer	2nd/2nd	7	1/1
1955	Cretzmeyer	7th/3rd	0	0
1954	Cretzmeyer	6th/5th	3	0
1953	Cretzmeyer	6th/4th	2	0/1
1952	Cretzmeyer	3rd/3rd	2	0
1951	Cretzmeyer	8th/5th	0	0
1950	Cretzmeyer	8th/7th	3	0
1949	Cretzmeyer	9th/9th	0	0
1948	Bresnahan	9th/9th	0	0
1947	Bresnahan	9th/9th	0	0
1946	Bresnahan	9th/9th	0	0
1945	Bresnahan	7th/8th	0	0
1944	Bresnahan	5th/9th	0	0
1943	Bresnahan	8th/10th	1	0
1942	Bresnahan	6th/7th	2	0
1941	Bresnahan	10th/10th	0	0
1940	Bresnahan	10th/10th	0	0
1939	Bresnahan	8th/10th	0	0
1938	Bresnahan	3rd/5th	1	0
1937	Bresnahan	T5th/6th	0	0
1936	Bresnahan	5th/6th	0	0
1935	Bresnahan	4th/6th	1	0

All-Time Coaching Records (Men Cont./Women)

Jack Watson
1920

Nelson Kellogg
1911-1913

Layne Anderson
2007-2012

James Grant
1996-2006

Jerry Hassard
1982-1996

Men

YEAR	COACH	B1G FINISH Indoor/Outoor	B1G Champions	ALL-American honors
1934	Bresnahan	10th/T5th	0	0
1933	Bresnahan	T6th7th	0	0
1932	Bresnahan	6th/6th	2	0/1
1931	Bresnahan	9th/6th	1	0/1
1930	Bresnahan	7th/5th	1	0/1
1929	Bresnahan	1st/4th	8	0/1
1928	Bresnahan	2nd/2nd	5	0
1927	Bresnahan	3rd/4th	5	0
1926	Bresnahan	1st/3rd	4	0
1925	Bresnahan	6th/4th	2	0
1924	Bresnahan	3rd/2nd	4	0
1923	Bresnahan	3rd/4th	3	0/1
1922	Bresnahan	4th/2nd	3	0/3
1921	Bresnahan	6th/5th	1	0/3
1920	Watson	9th/N.A	1	N.A
1917	Watson	N.A	0	N.A
1916	Watson	N.A	0	N.A
1915	Watson	N.A	0	N.A
1914	Watson	N.A	0	N.A
1913	Kellogg	N.A	1	N.A
1912	Kellogg	N.A	0	N.A
1911	Kellogg	N.A	0	N.A
1910	Delaney	N.A	1	N.A
1909	Delaney	N.A	0	N.A
1908	Catlin	N.A	0	N.A
1907	Catlin	N.A	0	N.A
1906	Catlin	N.A	0	N.A
1905	Delaney	N.A	1	N.A
1904	No Coach	N.A	0	N.A
1903	No Coach	N.A	1	N.A
1902	A.A Knipe	N.A	1	N.A
1901	A.A Knipe	N.A	0	N.A
1900	A.A Knipe	N.A	0	N.A

Women

YEAR	COACH	B1G FINISH Indoor/Outoor	B1G Champions Indoor/Outoor	ALL-American honors
2018	Woody	5th/3rd	4/5	2/4
2017	Woody	10th/7th	1/1	2/3
2016	Woody	5th/6th	2/2	5
2015	Woody	13th/8th	0/1	2
2014	Wieczorek	8th/4th	0/3	8
2013	Wieczorek	11th/11th	0	1
2012	Wieczorek	10th/8th	0/1	0
2011	Wieczorek	T8th/8th	1/2	8
2010	Wieczorek	9th/10th	0	0
2009	Wieczorek	10th/10th	0/1	0
2008	Wieczorek	5th/6th	1/1	5
2007	Anderson	5th/5th	3/1	5
2006	Grant	7th/9th	2/0	5
2005	Grant	9th/9th	1/0	3
2004	Grant	3rd/10th	1/2	1
2003	Grant	9th/6th	0/3	0
2002	Grant	9th/10th	0	0
2001	Grant	10th/9th	0	0
2000	Grant	10th/9th	0	0
1999	Grant	9th/9th	0	0
1998	Grant	9th/9th	1/1	0
1997	Grant	T9th/10th	0/1	1
1996	Grant	8th/10th	0	0
1995	Hassard	T7th/9th	1/0	2
1994	Hassard	5th/T4th	0/1	6
1993	Hassard	7th/8th	2/1	1
1992	Hassard	5th/7th	1/2	4
1991	Hassard	6th/8th	0	0
1990	Hassard	8th/7th	1/0	1
1989	Hassard	5th/5th	1/0	1
1988	Hassard	7th/7th	1/0	1
1987	Hassard	6th/9th	1/0	4
1986	Hassard	7th/8th	0	0
1985	Hassard	4th/4th	4/1	2
1984	Hassard	5th/5th	2/1	0
1983	Hassard	7th/3rd	1/1	3
1982	Hassard	6th/5th	1/0	12
1981	Hassard	N.A	N.A	N.A
1980	Hassard	N.A	N.A	N.A
1979	Hassard	N.A	N.A	N.A
1978	Hassard	N.A	N.A	N.A
1977	Hassard	N.A	N.A	N.A
1976	Finnegan	N.A	N.A	N.A
1975	Finnegan	N.A	N.A	N.A
1974	Finnegan	N.A	N.A	N.A

2018-19 UNIVERSITY OF IOWA TRACK AND FIELD TEAM

(First Row L-R): Head coach Joey Woody, Tyson VanDraska, Tanner Iske, Carter Lilly, Daniel Soto, Noah Healy, Nathan Mylenek, Alec Still, Nia Britt, Briana Guillory, Alexis Gay, Daneisha Woodside, Jada Laye, Addie Swanson, Hannah Schilb, Talia Buss, Ally Weum, Taylor Arco, Tia Saunders, Lindsay Welker, Megan Schott, Logan Akason, assistant coach Paige Knodle **Second Row (L-R):** Associate head coach Randy Hasenbank, Tyree Sorrells, Konnor Sommer, Tyler Olson, Nolan Teubel, Michael Melchert, Ian Eklin, Spencer Smith, Cole Moeller, Austin Lietz, Mar'yea Harris, DeJuan Frye, Wren Renquist, Kylie Morken, Carly Donahue, Ashley Espinosa, Emma Gordon, Sidney Vancil, Ashley Bryja, Jordan Winke, Andrea Shine, Amanda Carty, assistant coach Clive Roberts **Third Row (L-R):** assistant coach Jason Wakenight, Spencer Gudgel, Peyton Haack, Austin West, Josh Andrews, Bailey Hesse-Withbroe, Jeff Roberts, Chris Thompson, Antonio Woodard, Karayme Bartley, Anthony Williams, Mika Cox, Maddie Carver, Macie Weber, Marissa Mueller, Patty Teggatz, Elzerie van Dyk, Grace McCabe, Kylie Latham, Jessica McKee, Mallory King, assistant coach Eric Werskey **Fourth Row (L-R):** volunteer assistant coach John Raffensperger, Liam Mather, Gratt Reed, Nolan Roaethler, Matt Manternach, Melvin Ivy, Cooper Koenig, Collin Hofacker, Noah Larrison, Raymund Clarke, Raymonte Dow, Kylie Welch, Sydney Collins, Gillian Uryki, Kelli DeGeorge, Aubrianna Lantrip, Anna Hostetler, Mary Arch, director of operations Kate Wakenight **Fifth Row (L-R):** Dawson Ellingson, Jaylan McConico, Jordan Hawkins, Brandon Cooley, Luke Sampson, Chris Douglas, James Carter, Randall Jubilee III, Daniel Gaynes, Nolan Kembel, Wayne Lawrence, Sydney Winger, Payton Wensel, Jenny Kimbro, Erika Hammond, Tria Simmons, Allison Wahrman, Antonise Christian **Sixth Row (L-R):** Andy Jatis, Jay Hunt, Reno Tuufuli, Josh Braverman, Mariel Bruxvoort, Maria Gorham, Amanda Howe, Laulauga Tausaga, Konstadina Spanoudakis

Ashton Cross Country Course

The Bill and Jim Ashton Cross Country Course is located west of Finkbine Golf Course and adjacent to the University's West Campus project, which includes the Athletic Hall of Fame and soccer fields. It is able to accommodate races of 5,000, 6,000, 8,000 and 10,000 meters. The course will host the 2016 NCAA Regional.

The course boasts a rolling terrain with an outstanding rhythm for running. The Hawkeye cross country squads have the advantage of a large grass area for training and racing. Some features include a 2,000-meter perimeter and a layout that will enable spectators to view the entire race, from start to finish, from one vantage point. The first event held on the course was the Iowa Invitational on August 29, 2003. The course was dedicated on October 31, 2004, in conjunction with Iowa hosting the Big Ten Championships. The Hawkeyes also hosted the 2009 and the 2014 Big Ten Championships and the NCAA Midwest Regional in 2005 and in 2016.

The leadership gift for the course was made by former Hawkeyes Bill and Jim Ashton. Bill, of Davenport, Iowa, graduated from the University's College of Engineering in 1962, and earned his master's degree in 1963. Jim, a 1964 University of Iowa College of Engineering graduate, currently resides in Dallas, Texas. The Ashton brothers lettered in cross country under former Hawkeye men's coach, the late Francis X. Cretzmeyer, and made the lead gift for the course in his honor.

UI Recreation Building

Iowa's indoor practice and competition facility reopened in 2016 with a multi-million dollar makeover. Called by some as the 'fastest track in the world', the new raised track sits up to five feet off the ground and is a one-of-a-kind competition surface previously used for the 2016 World Championships in Eugene, Ore.

The Recreation building also includes eight training and athletic training spaces for the Iowa track and field, and cross country teams.

The Hawkeyes hosted the Big Ten Indoor Men's Championships in 1989, 1997 and 2006, and the Big Ten Indoor Women's Championships in 1991 and 2004 at the facility.

Francis X. Cretzmeyer Track

The University of Iowa track and field team practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles.

In June 2008, floodwaters and debris damaged the entire track complex, which was completely reconstructed and refinished for competition in 2010. The track features an IAAF certified, BSS 1000 track and field surface designed by Benyon Sports Surfaces. The state of the art full-pour polyurethane surface provides the resiliency and return of energy necessary for NCAA athletes to compete at the highest level.

Iowa hosted the 1987, 2000 and 2011 Big Ten Championships at Cretzmeyer Track, as well as the annual Iowa Musco Twilight Invitational and the 2019 Big Ten Championships.

2018 Indoor Results

Date	Meet	Result
1/13	Hawkeye Invite	8 champs
1/19-20	Larry Wieczorek Invite	4 champs
1/26-27	Black and Gold Premier	4 champs
2/2-3	at Meyo Invite	4 champs
	at Husker Invite	0 champs
2/9-10	at Iowa State Classic	0 champs
	at Tyson Invite	0 champs
2/17	at Alex Wilson Invite	1 champ
2/23-24	at B1G Championships	7th/54 pts.
3/9-10	at NCAA Championships	32nd
		6 All-Americans

Big Ten Indoor Team Results

	Team	Points
1.	Ohio State	101.5
2.	Nebraska	93.5
3.	Indiana	86
4.	Penn State	84
5.	Wisconsin	70
6.	Michigan	57
7.	**Iowa**	**51**
8.	Illinois	48
9.	Minnesota	37
10.	Purdue	32
11.	Michigan State	21
	Rutgers	21

2018 Outdoor Results

Date	Meet	Result
3/16-17	at Willie Williams Classic	6 champs
3/28-31	at Texas Relays	0 champs
3/29-31	at Pepsi Florida Relays	0 champs
3/30-31	at Stanford Invite	0 champs
4/7	at Battle on the Bayou	3 champs
4/12	Musco Twilight XIX	4 champs
4/18-19	at Bryan Clay Invite	0 champs
4/20-21	at Long Beach Invite	1 champ
	at Mt. SAC Relays	1 champ
4/27-28	at Drake Relays	2 champs
5/11-13	at B1G Championships	6th/80 pts.
5/24-26	at NCAA First Round	14 qualifiers
6/6-8	at NCAA Championships	31st
		3 All-Americans

Big Ten Outdoor Team Results

	Team	Points
1.	Ohio State	109
2.	Indiana	88
3.	Nebraska	85
4.	Michigan	84
5.	Penn State	83
6.	**IOWA**	**80**
7.	Minnesota	60
8.	Michigan State	53
9.	Wisconsin	43
10.	Rutgers	41
11.	Purdue	39
12.	Illinois	38
13.	Maryland	16

Indoor Season Bests

Event	Athlete	Mark
60 Meters	Christian Brissett	6.79
60-Meter Hurdles	Chris Douglas	7.76
200 Meters	Antonio Woodard	20.99
400 Meters	Mar'yea Harris	45.95
600 Meters	Mar'yea Harris	1:17.26
800 Meters	Carter Lilly	1:50.13
1,000 Meters	Kevin Docherty	2:27.90
Mile	Michael Melchert	4:04.32
3,000 Meters	Michael Melchert	8:08.30
5,000 Meters	Daniel Soto	14:25.42
1,600-Meter Relay	Hofacker, Frye, Garron, Harris	3:05.33
Distance Medley Relay	Mylenek, Hofacker, Lilly, Melchert	9:33.90 *
High Jump	Jay Hunt	6-8 3/4 (2.05m)
Pole Vault	Andy Jatis	16-6 3/4 (5.05m)
Long Jump	O'Shea Wilson	23-11 3/4 (7.31m)
Triple Jump	Akinshe Hill	48-4 1/4 (14.74m)
Shot Put	Reno Tuufuli	63-3 1/4 (19.28m)
Heptathlon	Will Dougherty	5,606 points *

Outdoor Season Bests

Event	Athlete	Mark
100 Meters	Antonio Woodard	10.34
110-Meter Hurdles	Chris Douglas	13.76
200 Meters	Antonio Woodard	20.61
400 Meters	Mar'yea Harris	* 44.94
400-Meter Hurdles	Chris Douglas	50.44
800 Meters	Matt Manternach	1:48.63
1,500 Meters	Nathan Mylenek	3:46.56
3,000 Meters	Luke Sampson	8:28.37
3,000 Steeplechase	Nathan Mylenek	8:48.66
5,000 Meters	Nathan Mylenek	14:09.43
10,000 Meters	Daniel Soto	29:39.35
400-Meter Relay	Woodard, Wilson, Hofacker, Harris	39.51
800-Meter Relay	Wilson, Sorrells, Douglas, Williams	1:25.87
1,600-Meter Relay	Frye, Woodard, Hofacker, Harris	3:03.69
Sprint Med. Relay	Hofacker, Woodard, Harris, VanDraska	3:18.11
3,200-Meter Relay	Melchert, Manternach, Teubel, Lilly	7:28.37
Dist. Medley Relay	Mylenek, Thompson, Manternach, Melchert	9:50.70
High Jump	Jay Hunt	6-8 3/4 (2.05m)
Pole Vault	Andy Jatis	16-7 1/2 (5.07m)
Long Jump	O'Shea Wilson	25-0 1/2 (7.63m)
Triple Jump	Akinske Calica-Hill	48-10 3/4 (14.90m)
Shot Put	Reno Tuufuli	6-10 3/4 (19.17m)
Discus	Reno Tuufuli	199-8 (60.87m)
Javelin	Alex Balke	196-6 (59.90m)
Decathlon	William Dougherty	* 7,673 points

** school record*

Letterwinners

Alex Balke	Gage Eller	Noah Larrison	Tyree Sorrells
Josh Braverman	DeJuan Frye	Austin Lietz	Dan Soto
Raymond Clarke	Daniel Gaynes	Matt Manternach	Nolan Teubel
Brandon Cooley	Mar'yea Harris	Michael Melchert	Chris Thompson
Kevin Docherty	Akinshe Hill	Cole Moeller	Reno Tuufuli
Ryan Dorman	Collin Hofacker	Daniel Murphy	Tysen VanDraska
Will Dougherty	Jay Hunt	Nathan Mylenek	Anthony Williams
Chris Douglas	Andy Jatis	Luke Sampson	O'Shea Wilson
Raymonte Dow	Cooper Koenig	Karson Sommer	Antonio Woodard
Ian Eklin			

Postseason Qualifiers

NCAA Indoor Championships (6)

Mar'yea Harris	400m, 4x4
Bradford Garron	4x4
Collin Hofacker	4x4
DeJuan Frye	4x4
Chris Douglas	60mH

NCAA West Preliminary Round (25)

Raymund Clarke	400H
Chris Douglas	110H, 400H
DeJuan Frye	400m, 4x4
Mar'yea Harris	400m, 4x1, 4x4
Collin Hofacker	400m, 4x1, 4x4
Noah Larrison	400H
Matt Manternach	800m
Michael Melchert	1500m
Nathan Mylenek	3000SC
Reno Tuufuli	Discus, Shot Put
Tysen VanDraska	800m
Anthony Williams	110H
O'Shea Wilson	100m, Long Jump, 4x1
Antonio Woodard	200m, 4x1, 4x4

NCAA Outdoor Championships (14)

Chris Douglas	110H, 400H
DeJuan Frye	4x4
Mar'yea Harris	400m, 4x1, 4x4
Collin Hofacker	4x1, 4x4
Matt Manternach	800m
Reno Tuufuli	Discus, Shot Put
O'Shea Wilson	4x1
Antonio Woodard	4x1, 4x4

Academic All-Big Ten

Brandon Cooley
Kevin Docherty
Chris Douglas ^
Ian Eklin
Gage Eller *
Daniel Gaynes
Andrew Jatis *^
Austin Lietz

** Big Ten Distinguished Scholar*
^ USTFCCCA All-Academic Team Member

UI Dean's List

Brandon Cooley (S)
Chris Doulgas (F)
Ian Eklin (S)
Gage Eller (F/S) *
Evan Jacobs (F/S)
Carter Lilly (F)
Matt Manternach (S)
Luke Sampson (S)
Karson Sommer (F/S)
Daneil Soto (S)
*F-Fall, S-Spring, * President's List student*

Top Eight Placers at Big Ten Indoor Championships

Event	Athlete	Mark	Place
Distance Medley Relay	Mylenek, Thompson, Lilly, Melchert	9:45.10	1st $
Shot Put	Reno Tuufuli	63-03 .25 (19.28m)	2nd^
400 Meters	Mar'yea Harris	45.75	2nd^
1,600-Meter Relay	Hofacker, Frye, Garron, Harris	3:05.33	3rd
60-Meter Hurdles	Chris Douglas	7.80	4th
800 Meters	Tysen VanDraska	1:51.10	5th
Heptathlon	Will Dougherty	5,606 points	6th
200 Meters	Antonio Woodard	20.99	6th
800 Meters	Matt Manternach	1:52.04	7th
60-Meter Hurdles	Anthony Williams	8.01	8th

Top Placers at NCAA Indoor Championships

Event	Athlete	Mark	Place
1,600-Meter Relay	Hofacker, Frye, Harris, Garron	3:06.63	9th #
400 Meters	Mar'yea Harris	46.63	13th #
60-Meter Hurdles	Chris Douglas	7.95	14th #

Top Eight Placers at Big Ten Outdoor Championships

Event	Athlete	Mark	Place
400 Meters	Mar'yea Harris	44.98	1st $
4x4-Meter Relay	Frye, Woodard, Hofacker, Harris	3:06.32	1st $
Discus	Reno Tuufuli	60.87m	2nd ^
400-Meter Hurdles	Chris Douglas	51.00	3rd
3,000m Steeplechase	Nate Mylenek	8:49.49	3rd
4x1-Meter Relay	Woodard, Wilson, Hofacker, Harris	39.51	4th
400 Meters	DeJuan Frye	46.17	4th
200 Meters	Antonio Woodard	20.75	5th
Long Jump	O'Shea Wilson	7.44m	5th
400-Meter Hurdles	Ray Clarke	51.92	6th
Shot Put	Reno Tuufuli	18.88m	6th
400 Meters	Collin Hofacker	47.08	7th
400-Meter Hurdles	Austin Lietz	52.45	7th
10,000 Meters	Dan Soto	30:44.24	8th

Top Placers at NCAA Outdoor Championships

Event	Athlete	Mark	Place
400 Meters	Mar'yea Harris	45.00	4th *
Discus	Reno Tuufuli	57.61m	5th *
16,00-Meter Relay	Frye, Harris, Woodard, Hofacker	3:04.93	9th #
110-Meter Hurdles	Chris Douglas	13.76	11th #
Decathlon	Will Dougherty	7,467 points	13th #
800 Meters	Matt Manternach	1:50.58	17th +
400-Meter Relay	Woodard, Wilson, Hofacker, Harris	39.63	17th +
400-Meter Hurdles	Chris Douglas	52.16	18th +
Shot Put	Reno Tuufuli	17.89m	23rd +

*! school record; * All-American; # second-team All-American;*
+ honorable-mention All-American; $ first-team all-Big Ten; ^ second-team all-Big Ten

Big Ten Athlete of the Week

Reno Tuufuli - Mar. 21
Antonio Woodard - Mar. 21

Big Ten Sportsmanship Award

Nathan Mylenek (Indoor)
William Dougherty (Outdoor)

2018 Indoor Results

Date	Meet	Result
1/13	Hawkeye Invite	7 champs
1/19-20	Larry Wieczorek Invite	5 champs
1/26-27	Black and Gold Premier	5 champs
2/2-3	at Meyo Invite	0 champs
	at Husker Invite	2 champs
2/9-10	at Iowa State Classic	0 champs
	at Tyson Invite	0 champs
2/17	at Alex Wilson Invite	0 champs
2/23-24	at B1G Championships	5th/74 pts.
3/9-10	at NCAA Champ's	7 All-Americans

2018 Big Ten Indoor Team Results

	Team	Points
1.	Minnesota	91.5
2.	Purdue	80
3.	Ohio State	75
3.	Indiana	75
5.	**IOWA**	**74**
6.	Penn State	70
7.	Wisconsin	61
8.	Michigan	60
9.	Nebraska	47.5
10.	Illinois	26
11.	Maryland	18
12.	Michigan State	17
13.	Rutgers	5

2018 Outdoor Results

Date	Meet	Result
3/16-17	at Willie Williams Classic	6 champs
3/28-31	at Texas Relays	0 champs
3/29-31	at Pepsi Florida Relays	0 champs
3/30-31	at Stanford Invite	0 champs
4/7	at Battle on the Bayou	4 champs
4/12	Musco Twilight XIX	12 champs
4/18-19	at Bryan Clay Invite	0 champs
4/20-21	at Long Beach Invite	0 champs
	at Mt. SAC Relays	1 champ
4/27-28	at Drake Relays	1 champ
5/11-13	at B1G Championships	3rd/96 pts.
5/24-26	at NCAA First Round	7 qualifiers
6/6-8	at NCAA Championships	13th 6 All-Americans

Big Ten Outdoor Team Results

	Team	Points
1.	Minnesota	134
2.	Purdue	132
3.	**IOWA**	**96**
4.	Indiana	87
5.	Ohio State	60
5.	Wisconsin	60
5.	Nebraska	60
5.	Michigan	60
9.	Penn State	50
10.	Michigan State	35
11.	Maryland	28
12.	Illinois	11
13.	Rutgers	6

Indoor Season Bests

Event	Athlete	Mark
60 Meters	Kyara Avant	7.44
60-Meter Hurdles	Jenny Kimbro	8.38
200 Meters	Brittany Brown	23.09
400 Meters	Briana Guillory	51.68
600 Meters	Mallory King	1:31.25
800 Meters	Tia Saunders	2:11.93
1,000 Meters	Julie Hollensbe	3:00.98
Mile	Andrea Shine	4:55.55
3,000 Meters	Andrea Shine	9:39.02
5,000 Meters	Andrea Shine	16:21.53
1,600-Meter Relay	Champe, Guillory, Brown, Plock	3:33.19
High Jump	Gillian Urycki	5-8 3/4 (1.75m)
Pole Vault	Amy Smith	11-9 3/4 (3.60m)
Long Jump	Jahisha Thomas	21-0 3/4 (6.42m) *
Triple Jump	Jahisha Thomas	43-4 1/2 (13.22m) *
Shot Put	Laulauga Tausaga	54-2 (16.51m) *
Weight Throw	Laulauga Tausaga	65-8 3/4 (20.03m) *
Pentathlon	Jenny Kimbro	3,930 points

Outdoor Season Bests

Event	Athlete	Mark
100 Meters	Brittany Brown	* 11.28
100-Meter Hurdles	Jenny Kimbro	13.38
200 Meters	Brittany Brown	22.76
400 Meters	Briana Guillory	51.85
400-Meter Hurdles	Sommer Sharpe	59.20
800 Meters	Mallory King	2:08.45
1,500 Meters	Madison Waymire	4:31.86
3,000 Meters	Mary Arch	11:02.21
3,000 Steeplechase	Marta Bote Gonzalez	10:53.67
5,000 Meters	Andrea Shine	16:29.65
10,000 Meters	Andrea Shine	33:50.25
400-Meter Relay	Thomas, Avant, Guillory, Brown	44.44
800-Meter Relay	Brown, Champe, Avant, Plock	1:35.11 *
1,600-Meter Relay	Champe, Guillory, Plock, Sharpe	3:35.94
Sprint Med. Relay	Buss, Avant, Sharpe, Saunders	4:00.57
3,200-Meter Relay	Weum, Swanson, Arco, Waymire	9:15.26
Dist. Medley Relay	Saunders, Morken, Arco, Waymire	12:03.04
High Jump	A. Lantrip/G. Urycki	5-9 1/4 (1.76m)
Pole Vault	Amy Smith	11-11 3/4 (3.65m)
Long Jump	Jahisha Thomas	21-6 (6.55m)
Triple Jump	Jahisha Thomas	44-2 (13.46m) *
Shot Put	Laulauga Tausaga	56-10 3/4 (17.34m) *
Discus	Laulauga Tausaga	196-4 (59.86m) *
Javelin	Marissa Mueller	151-0 (46.02m)
Hammer	Leah Colbert	189-3 (57.69m)
Heptathlon	Jenny Kimbro	5,523 points

** - school record*

Letterwinners

Kyara Avant	Alexis Gay	Marissa Mueller	Addie Swanson
Nia Britt	Marte Bote Gonzalez	Sarah Plock	Laulauga Tausaga
Brittany Brown	Briana Guillory	Jalynn Roberts-Lewis	Jahisha Thomas
Talia Buss	Erika Hammond	Tia Saunders	Gillian Urycki
Sheridan Champe	Tashee Hargrave	Hannah Schlib	Allison Wahrman
Antonise Christian	Jenny Kimbro	Sommer Sharpe	Madison Waymire
Leah Colbert	Mallory King	Andrea Shine	Kylie Welch
Sydney Collins	Aubrianna Lantrip	Tria Seawater-Simmons	Shelby West
Kelli DeGeorge	Kara Misel	Amy Smith	Aly Weum
Carly Donahue	Kylie Morken	Konstadina Spanoudakis	

Postseason Qualifiers

NCAA Indoor Championships (8)

Brittany Brown	200 meters, 4x400
Jahisha Thomas	Long Jump, Triple Jump
Briana Guillory	400 meters, 4x400
Sarah Plock	4x400
Sheridan Champe	4x400

NCAA West Preliminary Round (27)

Kyara Avant	4x1
Nia Britt	Shot Put
Talia Buss	4x1
Brittany Brown	100m, 200m
Sheridan Champe	4x1, 4x4
Leah Colbert	Hammer
Briana Guillory	400m
Jenny Kimbro	110H, 4x1
Mallory King	800m, 4x4
Aubrianna Lantrip	High Jump
Marissa Mueller	Javelin
Sarah Plock	400H, 4x4
Andrea Shine	10,000m
Sommer Sharpe	400H, 4x4
Tria Simmons	High Jump
Konstadina Spanoudakis	Discus
Laulauga Tausaga	Discus, Shot Put
Jahisha Thomas	Triple Jump, Long Jump
Gillian Urycki	High Jump

NCAA Outdoor Championships (7)

Brittany Brown	100m, 200m
Briana Guillory	400m
Laulauga Tausaga	Discus, Shot Put
Jahisha Thomas	Triple Jump, Long Jump

Big Ten Awards

Field Event Athlete of the Outdoor Championships

Jahisha Thomas

Athlete of the Week

Brittany Brown - Mar. 21
Briana Guillory - Jan. 24, Feb. 7
Laulauga Tausaga - Apr. 11

Sportsmanship Award

Mallory King (Indoor)
Jahisha Thomas (Outdoor)

UI Dean's List

Mary Arch (F)	Elizabeth Niedert (F/S)
Marta Bote Gonzalez (F/S)	Lauren Opatrny (F/S)
Talia Buss (S)	Sarah Plock (F)
Madeline Carver (F/S)	Wren Renquest (F/S)
Shridan Champe (F)	Tia Saunders (S)
Kelli DeGeorge (F)	Sommer Sharpe (S)
Carly Donahue (F/S)	Andrea Shine (F) *
Maren Jeppson (F)	Amy Smith (F) *
Jennifer Kimbro (F/S) (F)	Konstadina Spanoudakis
Mallory King (F)	Addie Swanson (S)
Aubrianna Lantrip (F)	Jahisa Thomas (F)
Christina McNab (F/S)	Madison Waymire (F)
Kara Misel (F)	Lindsay Welker (F)
Marissa Mueller (F/S) *	Alyson Weum (F)

*F-Fall, S-Spring, *President's List student*

Top Eight Placers at Big Ten Indoor Championships

Event	Athlete	Mark	Place
Long Jump	Jahisha Thomas	6.42m	1st $
Triple Jump	Jahisha Thomas	13.22	1st $
400 Meters	Briana Guillory	52.08	1st $
200 Meters	Brittany Brown	23.20	1st $
4x4-Meter Relay	Champe, Brown, Guillory, Plock	3:33.30	3rd
60 Meters	Brittany Brown	7.49	5th
60 Meters	Kyara Avant	7.51	7th
60-Meter Hurdles	Jenny Kimbro	8.44	7th

Top Placers at NCAA Indoor Championships

Long Jump	Jahisha Thomas	6.40m	5th *
400 Meters	Briana Guillory	51.68	6th *
1,600-Meter Relay	Champe, Guillory, Brown, Plock	3:33.19	9th #
200 Meters	Brittany Brown	23.16	10th #

Top Eight Placers at Big Ten Outdoor Championships

Event	Athlete	Mark	Place
200 Meters	Brittany Brown	22.93	1st $
Discus	Laulauga Tausaga	58.39m	1st $
Shot Put	Laulauga Tausaga	16.80m	1st $
Long Jump	Jahisha Thomas	6.55m	1st $
Triple Jump	Jahisha Thomas	13.19m	1st $
100 Meters	Brittany Brown	11.28	2nd ^
Long Jump	Jahisha Thomas	6.32m	2nd ^
4x1-Meter Relay	Thomas, Avant, Champe, Brown	44.52	3rd
4x4-Meter Relay	Champe, Guillory, Plock, Sharpe	3:35.94	3rd
Shot Put	Nia Britt	16.52m	4th
400 Meters	Briana Guillory	51.95	5th
High Jump	Gillian Urycki	1.76m	6th
100-Meter Hurdles	Jenny Kimbro	13.75	6th
10,000-Meters	Andrea Shine	35:04.50	6th
High Jump	Aubrianna Lantrip	1.76m	7th
800 Meters	Mallory King	2:10.70	7th
Discus	Konstadina Spanoudakis	52.51m	7th
Triple Jump	Tria Simmons	12.49m	8th

Top Placers at NCAA Outdoor Championships

Event	Athlete	Mark	Place
Long Jump	Jahisha Thomas	6.53m	3rd *
Discus	Laulauga Tausaga	56.07m	4th *
Shot Put	Laulauga Tausaga	17.34m	4th *
Triple Jump	Jahisha Thomas	13.39m	6th *
200 Meters	Brittany Brown	22.89	14th #
100 Meters	Brittany Brown	11.51	23rd +

** All-American; # second-team All-American; + honorable-mention All-American; $ first-team all-Big Ten; ^ second-team all-Big Ten; % championship record*

Academic All-Big Ten

Marta Bote Gonzalez *	Juliann Hollensbe	Kylie Morken	Andrea Shine *
Talia Buss *^	Jennifer Kimbro *	Kara Neustrom	Amy Smith *
Leah Colbert	Mallory King	Elizabeth Niedert *	Allison Wahrman
Kelli DeGeorge	Aubrianna Lantrip	Lauren Opatrny *	Madison Waymire *
Carly Donahue	Christina MacNab	Sarah Plock	Macie Weber
Claire Dupuis	Kara Misel *	Tia Saunders	Lindsay Welker *
Ashley Espinosa			

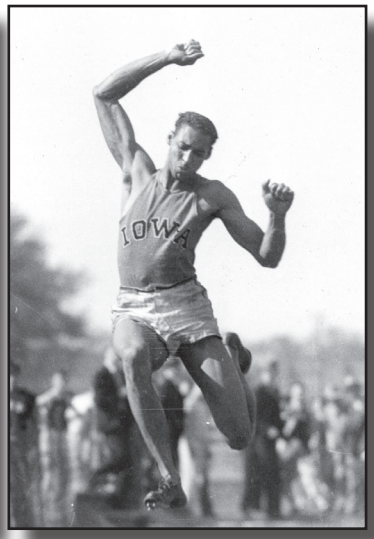
**Big Ten Distinguished Scholar*

USTFCCCA All-Academic

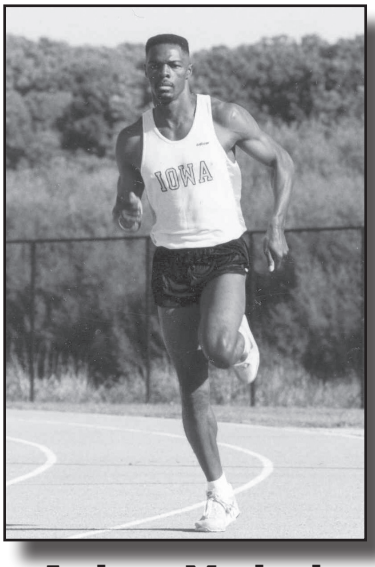
Talia Buss	Mallory King	Marissa Mueller	Sommer Sharpe
Jenny Kimbro	Aubrianna Lantrip	Sarah Plock	Andrea Shine

Kineke Alexander

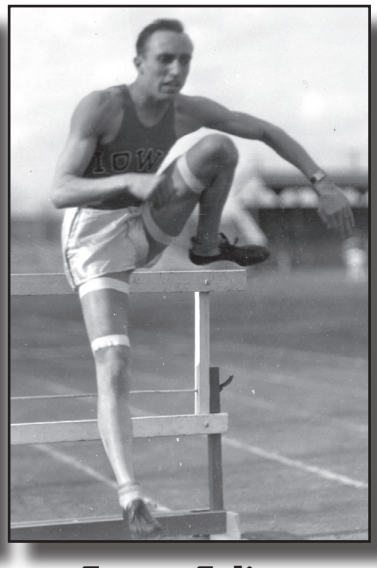
Frank Cuhel



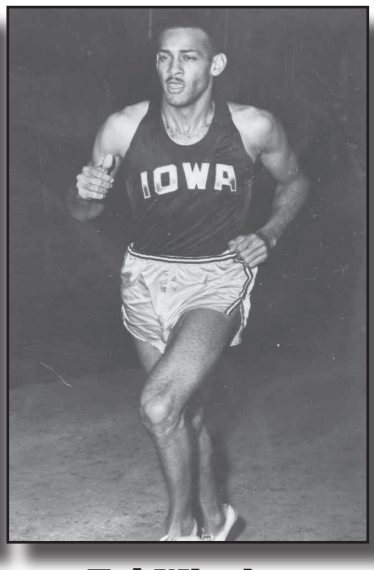
Ed Gordon



Anthuan Maybank



George Saling



Ted Wheeler

1904 Games
St. Louis, MO
Jerry Barker, High Jump

1924 Games
Paris, France
Charles Brookins, 400-Meter Hurdles
Chan Coulter, 400-Meter Hurdles
Harold Phelps, 5,000 Meters
Eric Wilson, 400 Meters

1928 Games
Amesterdam, Holland
George Baird, 1,600-Meter Relay (G)
Frank Cuhel, 400-Meter Hurdles (S)
Ed Gordon, Long Jump

1932 Games
Los Angeles, CA
Ed Gordon, Long Jump (G)
George Saling, 110-Meter Hurdles (G)

1952 Games
Helsinki, Finland
Rich Ferguson, 5,000 Meters

1956 Games
Melbourne, Austraila
Deacon Jones, 3,000 Meters
Ira Murchison, 100 Meters
Ira Murchison, 400-M Relay (G)
Ted Wheeler, 1,500 Meters

1960 Games
Rome, Italy
Deacon Jones,
3,000-Meter Steeplechase

1996 Games
Atlanta, GA
Anthuan Maybank, 1,600-M Relay (G)
Jenny Spangler, Marathon

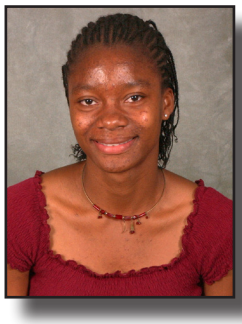
2000 Games
Sydney, Australia
Diane Nukuri-Johnson, 5,000 Meters

2008 Games
Beijing, China
Kineke Alexander, 400 Meters

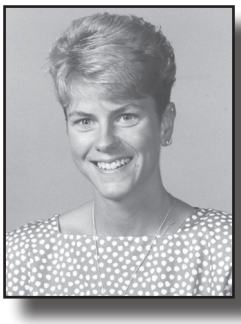
2012 Games
London, England
Kineke Alexander, 400 Meters
Diane Nukuri-Johnson, Marathon

2016 Games
Rio de Janeiro, Brazil
Diane Nukuri-Johnson, 10,000 Meters
Kineke Alexander, 400 Meters
Troy Doris, Triple Jump

G = Gold Medalist; S = Silver Medalist

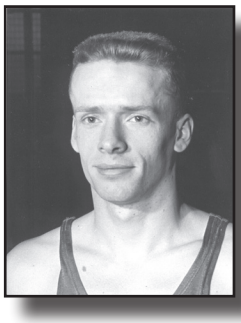


Kineke Alexander
2006 - 400 Meters (I)

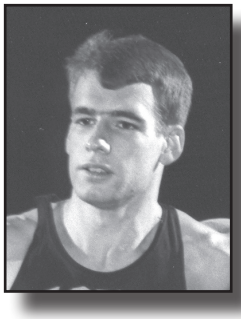


Tracy Dahl
1992-93 - 5,000 Meters (I)

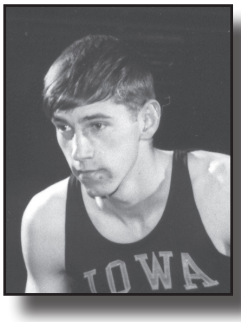
Nan Doak
1985 - 10,000 Meters (O)



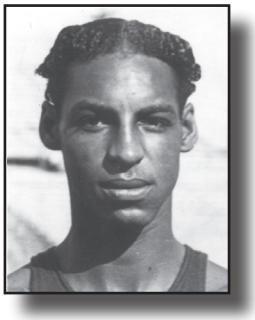
Rich Ferguson
1953 - Two Miles (O)



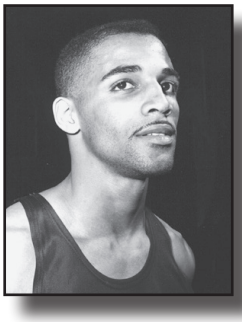
Fred Ferree
1967 - Mile Relay (O)



Carl Frazier
1967 - Mile Relay (O)

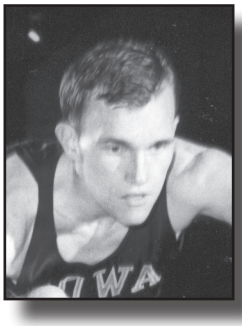


Ed Gordon
1929-31 - Long Jump (O)



Charles "Deacon" Jones
1957 - Two Miles (O)

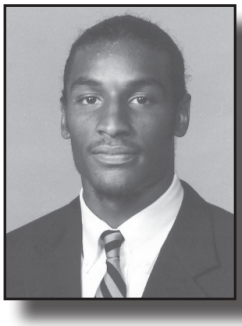
Mike Mondane
1967 - Mile Relay (O)



Jon Reimer
1964 - Mile Relay (O)

George Sailing
1932 - 120 Hurdles (O)

Eric Wilson
1921, 1923 - 220 Hurdles (O)



Bashir Yamini
1998 - Long Jump (I)

IOWA ALL-AMERICANS - BY THE NUMBERS

Category	*Total (M/W)*
# of Cross Country All-America Honors	8/16
# of Indoor All-America Honors	61/48
# of Outdoor All-America Honors	137/74
Total All-Americans	**206/138**
# of different Cross Country All-Americans	6/10
# of different Indoor All-Americans	49/28
# of different Outdoor All-Americans	70/40
# of Indoor All-America honors in Field Events	12/9
# of Outdoor All-America honors in Field Events	29/14
# of Indoor All-America honors in Track Events	21/27
# of Outdoor All-America honors in Track Events	56/36
# of Indoor All-America honors in a Relay	28/12
# of Outdoor All-America honors in a Relay	52/24

MEN'S ALL-AMERICANS

Indoor (61)

Year	Athlete, Event
1956	Jack Mathews, Low Hurdles
1967	Larry Wieczorek, Mile
	Fred Ferree, Mile Relay
	Carl Frazier, Mile Relay
	Mike Mondane, Mile Relay
	Jon Reimer, Mile Relay
1973	Dick Eisenlauer, 440 Yards
1975	Bill Knoedel, High Jump
1979	Joe Paul, Dist. Medley Relay
	Tom Slack, Dist. Medley Relay
	James Docherty, Dist. Medley Relay
	Joel Moeller, Dist. Medley Relay
1984	Terrance Duckett, Mile Relay
	Victor Greer, Mile Relay
	Caesar Smith, Mile Relay
	Kenny Williams, Mile Relay
1992	Anthuan Maybank, Long Jump
1993	Kevin Herd, 5,000 Meters
1994	Kevin Herd, 5,000 Meters
1997	Bashir Yamini, Long Jump
1998	Bashir Yamini, Long Jump
	Dion Trowers, 55-Meter Hurdles
	Tony Branch, 1,600-Meter Relay
	Bashir Yamini, 1,600-Meter Relay
	Chris Davis, 1,600-Meter Relay
	Ed Rozell, 1,600-Meter Relay
2001	Jeremy Allen, Shot Put
2002	Jim Costello, Weight Throw
2008	John Hickey, Shot Put
2009	John Hickey, Shot Put
2011	Troy Doris, Triple Jump
	Erik Sowinski, 800 Meters
	Erik Sowinski, 1,600-Meter Relay
	Chris Barton, 1,600-Meter Relay
	Patrick Richards, 1,600-Meter Relay
	Steven Willey, 1,600-Meter Relay
	Ethan Holmes, 110-Meter Hurdles *
	Justin Austin, 200 Meters

Indoor

Year	Athlete, Event
	Jeff Thode, Mile
	Jordan Mullen, 60-Meter Hurdles ^
2012	Troy Doris, Triple Jump
	Erik Sowinski, 800 Meters
2015	Babatunde Amosu, Triple Jump ^
	Kevin Lewis, 5,000 Meters ^
	Aaron Mallett, 60-Meter Hurdles
2016	Aaron Mallett, 60-Meter Hurdles
	Will Teubel, 800 meters ^
2017	Aaron Mallett, 60-Meter Hurdles
	Emmanuel Ogwo, 1,600-Meter Relay
	Collin Hofacker, 1,600-Meter Relay
	DeJuan Frye, 1,600-Meter Relay
	Mar'yea Harris, 1,600-Meter Relay
	Carter Lilly, 800 Meters ^
	Mar'yea Harris, 400 Meters ^
	O'Shea Wilson, Long Jump ^
2018	Chris Douglas, 60-Meter Hurdles^
	Mar'yea Harris, 400 Meters^
	DeJuan Frye, 1,600-Meter Relay^
	Mar'yea Harris, 1,600-Meter Relay^
	Antonio Woodard, 1,600-Meter Relay^
	Bradford Garron, 1,600-Meter Relay^

*^ second-team, * honorable-mention (added in 2011)*

Outdoor (137)

Year	Athlete, Event
1921	Charles Brookins, 220 Hurdles
	Harold Crawford, Hurdles
	Eric Wilson, 220 Hurdles
1922	Charles Brookins, Hurdles
	Eric Wilson, 220 Hurdles
1923	Eric Wilson, 220 Hurdles
1929	Ed Gordon, Long Jump
1930	Ed Gordon, Long Jump
1931	Ed Gordon, Long Jump
1932	George Salings, 120 Hurdles
1953	Rick Ferguson, Two Miles
1956	Ted Wheeler, 1,500 Meters
1957	Deacon Jones, Two Miles
	Jack Mathews, 120 Hurdles
1958	Deacon Jones, two Miles
1960	Jerry Williams, 400 Hurdles
1962	Bill Frazier, 600 Yards
1965	Jon Reimer, 440 Hurdles
1967	Mike Mondane, 440 Yards
	Jon Reimer, 440 Hurdles
	Rollie Kitt, Steeplechase
	Larry Wieczorek, Mile
1968	Mike Mondane, 440 Yards
1978	Bill Hansen, High Jump
1983	Ronnie McCoy, 110 Hurdles
	Jeff Patrick, 200 Meters
1985	Ronnie McCoy, 110 Hurdles
1988	Pat McGhee, 400 Hurdles
1989	Pat McGhee, 110 Hurdles
	Pat McGhee, 400 Hurdles
1992	Anthuan Maybank, 400 Meters
1993	Anthuan Maybank, Long Jump
	Anthuan Maybank, 400 Meters
1995	Andre Morris, 400 Meters
	Andre Morris, 1,600-Meter Relay
	Chris Davis, 1,600-Meter Relay
	George Page, 1,600-Meter Relay
	Ed Rozell, 1,600-Meter Relay

Outdoor

Year	Athlete, Event
1996	Andre Morris, 1,600-Meter Relay
	Chris Davis, 1,600-Meter Relay
	Ed Rozell, 1,600-Meter Relay
	Bashir Yamini, 1,600-Meter Relay
1998	Jeremy Allen, Discus
1999	Tony Branch, 1,600-Meter Relay
	Tim Dodge, 1,600-Meter Relay
	Tim Dwight, 1,600-Meter Relay
	Bashir Yamini, 1,600-Meter Relay
2000	Steele Stetson, 10,000 Meters
2001	Jeremy Allen, Discus
2002	Bill Neumann, Javelin
2003	Bill Neumann, Javelin
2006	Eric MacTaggart, 10,000 Meters
2007	Adam Hamilton, Hammer throw
2009	John Hickey, Shot Put
2010	Patrick Richards, 1,600-Meter Relay
	Steven Willey, 1,600-Meter Relay
	Erik Sowinski, 1,600-Meter Relay
	Chris Barton, 1,600-Meter Relay
	Steven Willey, 400 Meters
2011	Troy Doris, Triple Jump
	Erik Sowinski, 1,600-Meter Relay ^
	Chris Barton, 1,600-Meter Relay ^
	Patrick Richards, 1,600-Meter Relay ^
	Steven Willey, 1,600-Meter Relay ^
	Jeffery Herron, High Jump ^
	Ethan Holmes, 400-Meter Hurdles ^
	Justin Austin, 200 Meters *
2012	Troy Doris, Triple Jump
	Erik Sowinski, 800 Meters
	Matt Byers, Javelin ^
	Justin Austin, 200 Meters ^
	Ethan Holmes, 400-Meter Hurdles *
	Ethan Holmes, 110-Meter Hurdles *
	Matt Banse, Hammer *
2013	Justin Austin, 200 Meters
	Justin Ausin, 400-Meter Relay
	Tevin-Cee Mincy, 400-Meter Relay
	Ethan Holmes, 400-Meter Relay
	Josh Larney, 400-Meter Relay
	Klyvens Delaunay, Triple Jump
	Ethan Holmes, 400-Meter Hurdles ^
	Matt Byers, Javelin ^
	Gabe Hull, Discus ^
	Justin Austin, 100 Meters *
	Jordan Mullen, 100-Meter Hurdles *
	Josh Larney, 100 Meters *
2014	Babatunde Amosu, Triple Jump ^
	Keith Brown, 400-Meter Relay
	James Harrington, 400-Meter Relay
	Gabe Hull, Discus ^
	Tevin-Cee Mincy, 400-Meter Relay
	O'Shea Wilson, 400-Meter Relay
2015	Babatunde Amosu, Triple Jump *
	Keith Brown, 400-Meter Relay ^
	James Harrington, 400-Meter Relay ^
	Aaron Mallett, 110-Meter Hurdles
	Aaron Mallett, 400-Meter Relay ^
	Vinnie Saucer Jr., 400-Meter Relay ^
	Mitch Wolff, 400-Meter Hurdles ^
2016	Christian Brissett, 400-Meter Relay ^
	William Dougherty, Decathlon *
	James Harrington, 400-Meter Relay ^
	James Harrington, 200-Meters *

Outdoor

Year	Athlete, Event
	Mar'yea Harris, 400-Meters *
	Carter Lilly, 800-Meters *
	Aaron Mallett, 400-Meter Relay ^
	Aaron Mallett, 110-Meter Hurdles ^
	Vinnie Saucer Jr., 400-Meter Relay ^
	Reno Tuufuli, Discus *
	Mitch Wolff, 400-Meter Hurdles ^
2017	Christian Brissett, 400-Meter Relay ^
	O'Shea Wilson, 400-Meter Relay ^
	Brendan Thompson, 400-Meter Relay ^
	Aaron Mallett, 400-Meter Relay ^
	O'Shea Wilson, Long Jump *
	Aaron Mallett, 110-Meter Hurdles
	Reno Tuufuli, Discus
	Mar'yea Harris, 400 Meters ^
	DeJuan Frye, 1,600-Meter Relay
	Collin Hofacker, 1,600-Meter Relay
	Mar'yea Harris, 1,600-Meter Relay
	Emmanuel Ogwo, 1,600-Meter Relay
2018	Mar'yea Harris, 400 Meters
	Reno Tuufuli, Discus
	Chris Douglas, 110-Meter Hurdles
	Will Dougherty, Decathlon
	DeJuan Frye, 1,600-Meter Relay ^
	Mar'yea Harris, 1,600-Meter Relay ^
	Antonio Woodard, 1,600-Meter Relay ^
	Collin Hofacker, 1,600-Meter Relay ^
	Chris Douglas, 400-Meter Hurdles *
	Matt Manternach, 800 Meters *
	Reno Tuufuli, Shot Put *
	Mar'yea Harris, 400-Meter Relay ^
	Collin Hofacker, 400-Meter Relay ^
	O'Shea Wilson, 400-Meter Relay ^
	Antonio Woodard, 400-Meter Relay ^

Five-time All-American Aaron Mallett crosses the finish line at the 2017 NCAA Outdoor Championships. He finished fourth in the country with a time of 13.65.

Women's All-Americans

Indoor (48)

Year	Athlete, Event
1983	Mary Mol, High Jump
1987	Jeanne Kruckeberg, 3,200-Meter Relay
	Kim Schneckloth, 3,200-Meter Relay
	Sherri Suppelsa, 3,200-Meter Relay
	Janet Wodek, 3,200-Meter Relay
1988	Jeanne Kruckeberg, Mile
1989	Jeanne Kruckeberg, 800 Meters
1990	Rachelle Roberts, Mile
1992	Lisa Van Steenwyk, Shot Put
1993	Tracy Dahl, 5,000 Meters
1994	Tina Stec, Mile
	Tina Stec, 3,000 Meters
1995	Yolanda Hobbs, 55 Meters
	Yolanda Hobbs, 200 Meters
2005	Peaches Roach, High Jump
	Kineke Alexander, 400 Meters
2006	Kineke Alexander, 400 Meters
	Peaches Roach, High Jump
	Meghan Armstrong, Mile
	Kineke Alexander, 400 Meters
	Peaches Roach, High Jump
2007	Kineke Alexander, 400 Meters
	Meghan Armstrong, Mile
	Kineke Alexander, 400 Meters
	Peaches Roach, High Jump
	Diane Nukuri, 10,000 Meters
2008	Kineke Alexander, 400 Meters
	Meghan Armstrong, 10,000 Meters
	Tammilee Kerr, Heptathlon
	Racheal Marchand, 10,000 Meters
2009	Karessa Farley, 60-Meter Hurdles
	Racheal Marchand, 5,000 Meters
2011	Bethany Praska, 800 Meters
	McKenzie Melander, Mile ^
2016	Briana Guillory, 1,600-Meter Relay ^
	Elexis Guster, 1,600-Meter Relay ^
	Elexis Guster, 400 Meters ^
	Alexis Hernandez, 1,600-Meter Relay ^
	MonTayla Holder, 1,600-Meter Relay ^
2017	Brittany Brown, 200 Meters
	Jahisha Thomas, Long Jump ^
2018	Jahisha Thomas, Long Jump
	Briana Guillory, 400 Meters
	Brittany Brown, 200 Meters^
	Brittany Brown, 1,600-Meter Relay^
	Sheridan Champe, 1,600-Meter Relay^
	Briana Guillory, 1,600-Meter Relay^
	Sarah Plock, 1,600-Meter Relay

*^ second-team, * honorable-mention (added in 2011)*

Women's All-Americans - Continued

Outdoor (74)

Year	Athlete, Event
1982	Chris Davenport, Dist. Medley Relay
	Nan Doak, Two Miles
	Nan Doak, Three Miles
	Nan Doak, 5,000 Meters
	Nan Doak, Dist. Medley Relay
	Kathy Gillespie, Heptathlon
	Jenny Hayden, Dist. Medley Relay
	Jodi Hershberger, 3,000 Meters
	Jenny Spangler, 10,000 Meters
	Kay Stormo, 880 Yards
	Kay Stormo, 800 Meters
	Kay Stormo, Dist. Medley Relay
1983	Nan Doak, 5,000 Meters
	Jenny Spangler, 10,000 Meters
1985	Penny O'Brien, 3,000 Meters
	Nan Doak, 10,000 Meters
1992	Jennifer Brower, 10,000 Meters
	Tracy Dahl, 5,000 Meters
1994	Tina Floyd, 400-Meter Relay
	Yolanda Hobbs, 400-Meter Relay
	Marlene Poole, 400-Meter Relay
	Tanja Reid, 400-Meter Relay
1997	Wynsome Cole, 400-Meter Hurdles
2004	Shellene Williams, 400 Meters
2005	Kineke Alexander, 400 Meters
2006	Peaches Roach, High Jump
	Kineke Alexander, 400 Meters
2007	Kineke Alexander, 400 Meters
	Peaches Roach, High Jump
2008	Kineke Alexander, 400 Meters
	Meghan Armstrong, 10,000 Meters
	Racheal Marchand, 10,000 Meters
	Diana Nukuri-Johnson, 10,000 Meters
2009	Karessa Farley, 100-Meter Hurdles ^
	Tammilee Kerr, Heptathlon
2011	Betsy Flood, 5,000 Meters ^
	Brooke Eilers, 5,000 Meters *
	Nicole Erickson, 1,600-Meter Relay *
	Tiffany Hendricks, 1,600-Meter Relay *
	Ashley Liverpool, 1,600-Meter Relay *
	Bethany Praska, 1,600-Meter Relay *
2012	McKenzie Melander, 5,000 Meters
2013	Majesty Tutson, Discus *
2014	Brittany Brown, 200 Meters ^
	Brittany Brown, 400-Meter Relay ^
	Elexis Guster, 400-Meter Relay ^
	MonTayla Holder, 400-Meter Relay ^
	MonTayla Holder, 400-Meter Hurdles *
	Lake Kwaza, 400-Meter Relay ^
	Zinnia Miller, Long Jump
	Zinnia Miller, Triple Jump ^
2015	Brittany Brown, 200 Meters *
	Elexis Guster, 400 Meters *
2016	Briana Guillory, 400-Meter Relay ^
	Brianna Guillory, 1,600-Meter Relay ^
	Briana Guillory, 200 Meters *
	Elexis Guster, 400 Meters ^

Outdoor

Year	Athlete, Event
	Elexis Guster, 400-Meter Relay ^
	Elexis Guster, 1,600-Meter Relay ^
	Alexis Hernandez, 400-Meter Relay ^
	Alexis Hernandez, 1,600-Meter Relay ^
	MonTayla Holder, 400-Meter Hurdles ^
	MonTayla Holder, 1,600-Meter Relay ^
	Lake Kwaza, 400-Meter Relay ^
	Jahisha Thomas, Long Jump ^
2017	Brittany Brown, 200 Meters
	Laulauga Tausaga, Discus
	Jahisha Thomas, Long Jump ^
2018	Laulauga Tausaga, Discus
	Laulauga Tausaga, Shot Put
	Jahisha Thomas, Long Jump
	Jahisha Thomas, Triple Jump
	Brittany Brown, 200 meters^
	Brittany Brown, 100 meters*

*^ second-team, * honorable-mention (added in 2011)*

Laulauga Tausaga watches her discus throw at the 2017 NCAA Championships.

National & School Honors

Honda Sports Award

2008 Diane Nukuri (finalist)

NCAA Woman of the Year

1992 Jennifer Brower (state winner)
1994 Tina Stec (national finalist)

Wilma Rudolph Award

2008 Diane Nukuri

Iowa Female Athlete of the Year

1983 Nan Doak
1989 Jeanne Kruckeberg
1992 Tracy Dahl
1993 Tracy Dahl
2006 Kineke Alexander
2007 Kineke Alexander
2008 Diane Nukuri
2009 Racheal Marchand

USATF Champions

Junior Champions

2006 John Hickey (Shot Put)
2017 Laulauga Tausaga (Discus)

Pan American Games Champions

Junior Champions

2017 Laulauga Tausaga (Discus)

Senior Champions

2018 Briana Guillory (1,600 meter relay)

In 2010, the NCAA altered the format for athletes to qualify and advance to the NCAA Championships, therefore there is no longer a regional-based qualifying competition.

NCAA Prelim Qualifiers (since 2010)

Men's

YEAR	QUALIFIERS	INDIVIDUAL EVENTS	RELAYS
2010	20	20	2
2011	17	18	1
2012	20	20	2
2013	14	15	1
2014	13	14	1
2015	15	13	2
2016	15	17	2
2017	17	17	2
2018	14	17	2

Women's

YEAR	QUALIFIERS	INDIVIDUAL EVENTS	RELAYS
2010	14	10	2
2011	12	11	1
2012	14	13	1
2013	9	9	0
2014	15	15	2
2015	10	11	1
2016	10	11	2
2017	7	8	0
2018	19	19	2

NCAA Finals Qualifiers (since 2010)

Men's

YEAR	QUALIFIERS	INDIVIDUAL EVENTS	RELAYS
2010	7	4	1
2011	8	6	1
2012	6	7	0
2013	8	8	1
2014	6	2	1
2015	6	3	1
2016	9	7	1
2017	12	7	2
2018	8	6	2

Women's

YEAR	QUALIFIERS	INDIVIDUAL EVENTS	RELAYS
2010	2	2	0
2011	6	2	1
2012	2	2	0
2013	1	1	0
2014	5	4	1
2015	2	2	0
2016	6	4	2
2017	3	3	0
2018	4	7	0

Regional Awards

Midwest Regional Female Athlete of the Year

Kineke Alexander, 2007

Men's All-Region Honorees

Year	Athlete	Event - Mark	Place
2003	Bill Neumann	Javelin - 227-0 (69.20 m)	1st
	Tony Leick	400-Meter Hurdles - 53.16	7th
	Chris Voller	Hammer - 192-2 (58/58)	8th
2004	Ken Kemeny	Shot Put - 61-4 1/4 (18.70 m)	4th
	Brad Daufelt	Hammer - 205-4 (62.59 m)	4th
	Russell Peterson	400-Meter Hurdles - 51.18	6th
	Chris Voller	Hammer - 196-7 (59.91 m)	7th
2005	Ken Kemeny	Shot Put - 62-3 (18.97 m)	2nd
	Tim Brodersen	Discus - 179-1 (54.59 m)	3rd
	Chris Voller	Hammer - 195-4 (59.55 m)	8th
2006	Adam Hamilton	Hammer - 217-11 (66.42 m)	2nd
	Shane Maier	Shot Put - 61-0 1/4 (18.60 m)	5th
2007	Shane Maier	Shot Put - 58-6 1/2 (17.84 m)	2nd
	Adam Hamilton	Hammer - 215-7 (65.70 m)	2nd
	Ray Varner	400-Meter Hurdles - 52.93	8th
	Micah VanDenend	5,000 Meters - 14:14.62	8th
	Max Milder	400-Meter Relay - 42.53	8th
	Paul Chaney, Jr.	400-Meter Relay - 42.53	8th
	Aaron Reed	400-Meter Relay - 42.53	8th
	Lee Elbert	400-Meter Relay - 42.53	8th
2008	John Hickey	Shot Put - 61-4 1/4 (18.70 m)	2nd
	A.J. Curtis	Shot Put - 59-5 1/2 (18.12 m)	3rd
	A.J. Curtis	Discus - 176-8 (53.85 m)	3rd
	Andy Napier	3,000 Steeplechase - 8:57.54	7th
	Shane Maier	Shot Put - 56-11 1/2 (17.36 m)	7th
	Ray Varner	400 Hurdles - 51.07	8th
2009	Adam Hairston	800 Meters - 1:48.87	5th
	D'Juan Richardson	400-Meter Relay - 40.33	5th
	Zeke Sayon	400-Meter Relay - 40.33	5th
	Stephen Bee	400-Meter Relay - 40.33	5th
	Paul Chaney, Jr.	400-Meter Relay - 40.33	5th
	Ray Varner	400 Hurdles - 51.21	6th
	John Hickey	Shot Put - 58-11 1/4 (17.96 m)	6th

Women's All-Region Honorees

Year	Athlete	Event - Mark	Place
2003	Alana Redfern	Javelin - 159-8 (48.68 m)	3rd
	Jessie Strand	Pole Vault - 12-10 1/4 (3.92 m)	3rd
	Sarah Arens	3,000 Steeplechase - 10:42.42	5th
	Nicole Charles	1,600-Meter Relay - 3:36.26	5th
	Aisha Hume	1,600-Meter Relay - 3:36.26	5th
	Sarah Steffen	1,600-Meter Relay - 3:36.26	5th
	Shellene Williams	1,600-Meter Relay - 3:36.26	5th
	Shellene Williams	400 Meters - 53.09	6th
	Sarah Steffen	400-Meter Hurdles - 1:00.10	8th
2004	Sarah Arens	3,000 Steeplechase - 10:39.31	2nd
	Shellene Williams	400 Meters - 52.41	4th
	Peaches Roach	High Jump - 5-10 1/2 (1.79 m)	5th
	Michelle Lahann	800 Meters - 2:09.34	6th
2005	Kineke Alexander	400 Meters - 52.34	2nd
	Peaches Roach	High Jump - 5-11 1/4 (1.81 m)	2nd
	Kineke Alexander	1,600-Meter Relay - 3:39.67	8th
	Aisha Hume	1,600-Meter Relay - 3:39.67	8th
	Lindsey McCalla	1,600-Meter Relay - 3:39.67	8th
	Erin Sheeley	1,600-Meter Relay - 3:39.67	8th
2006	Kineke Alexander	400 Meters - 51.75	1st
	Meghan Armstrong	1,500 Meters - 4:23.33	2nd
	Peaches Roach	High Jump - 6-0 1/2 (18.4 m)	3rd
	Racheal Marchand	5,000 Meters - 17:17.01	7th
	Tiffany Johnson	100-Meter Hurdles - 13.53	8th
	Shannon Stanley	1,500 Meters - 4:30.98	8th
2007	Kineke Alexander	400 Meters - 52.34	1st
	Tiffany Johnson	100-Meter Hurdles - 13.22	1st
	Meghan Armstrong	1,500 Meters - 4:21.56	5th
	Diane Nukuri	1,500 Meters - 4:24.30	6th
	Becca Franklin	Hammer - 192-2 (58.58 m)	6th
	Racheal Marchand	5,000 Meters - 16:27.72	6th
	Peaches Roach	High Jump - 5-9 1/4 (1.76 m)	7th
2008	Kineke Alexander	400 Meters - 52.24	2nd
	Renee White	Triple Jump - 43-10 (13.36 m)	6th
	Renee White	Long Jump - 20-3 3/4 (6.19 m)	8th
2009	Karessa Farley	100-Meter Hurdles - 13.34	3rd
	Betsy Flood	1,500 Meters - 4:25.98	4th
	McKenzie Melander	1,500 Meters - 4:30.83	7th

Men's Indoor Champions (75)

50 Yards
Charles Brookins, 1922 ..... 5.4

55-Meter Hurdles
Dion Trowers, 1998..... 7.27

60 Yards
Lee Farmer, 1942 ..... 6.3

60 Meters
Vinnie Saucer, Jr., 2016 ..... 6.7

60-Meter Hurdles
Jordan Mullen, 2013..... 7.7
Aaron Mallett, 2016 ..... 7.69
Aaron Mallett, 2017 ..... 7.63

70-Yard High Hurdles
Frank Cuhel, 1928..... 8.8
George Saling, 1932..... 8.7
Russell Merkel, 1950 ..... 8.8

70-Yard Low Hurdles
Russell Merkel, 1950 ..... 8.1

200 Meters
George Page, 1997 ..... 21.63
Justin Austin, 2011 ..... 21.23

440 Yards
George Baird, 1928..... 50.1
Vaughn Stevenson, 1929 ..... 51.2
Bernard Page, 1935 ..... 51.5
Carl Teufel, 1938..... 49.8
John Brown, 1960..... 48.6
Gary Hollingsworth, 1963..... 48.5
Mike Mondane, 1967 ..... 47.9
Mike Mondane, 1968 ..... 47.6
Dick Eisenlauer, 1972..... 47.8

400 Meters
Anthuan Maybank, 1990 .... 47.55

600 Yards
Leroy Ebert, 1954 ..... 1:11.4
Caesar Smith, 1956..... 1:14.0
Tom Ecker, 1957..... 1:13.7
Bill Frazier, 1962 ..... 1:12.2
Roger Kerr, 1963 ..... 1:10.0
Mike Mondane, 1966 ..... 1:11.2

600 Meters
D'Juan Strozier, 1990 ..... 1:20.26

880 Yards
Ted Wheeler, 1956..... 1:55.1
Bill Frazier, 1963 ..... 1:51.8
D'Juan Strozier, 1992 ..... 1:51.54

800 Meters
Erik Sowinski, 2012..... 1:47.90

1,000 Yards
Gary Fischer, 1961 ..... 2:16.8
Joel Moeller, 1978 ..... 2:12.4

1,500 Meters
Ed DeLashmutt, 1980 ..... 3:49.90

Mile
Ted Wheeler, 1956..... 4:12.5
Charles Jones, 1957 ..... 4:13.8
Charles Jones, 1958 ..... 4:10.5
Gary Fischer, 1963 ..... 4:13.7
Larry Wieczorek, 1966..... 4:09.7
Larry Wieczorek, 1967..... 4:05.3

Two Miles
Harold Phelps, 1925 ..... 9:32.6
Leonard Hunn, 1927 ..... 9:44.2
Charles Jones, 1957 ..... 9:23.3
Charles Jones, 1958 ..... 9:09.6
Larry Wieczorek, 1968..... 8:54.3

Long Jump
Lee Farmer, 1942 ..... 23-9 1/4
Earl Smith, 1954 ..... 24-0 3/4
Quinn Early, 1986 ..... 24-7 1/4
Anthuan Maybank, 1992 26-5 1/2
Anthuan Maybank, 1993 26-5
Bashir Yamini, 1997 ..... 25-9 1/4
Bashir Yamini, 1998 ..... 24-11 1/4
Bashir Yamini, 1999 ..... 25-6 1/2
Matty Gorman, 2005 ..... 24-8 1/2

High Jump
*Ed Schrader, 1913 ..... 5-11 1/2
*Edgar Hoffman, 1920..... 6-0
*Donald Craig, 1929 ..... 5-9 5/8
*H. Workhoven, 1929..... 5-9 5/8
Les Stevens, 1956 ..... 6-6 3/8
Bill Knoedel, 1975..... 7-1

Triple Jump
Troy Doris, 2011..... 54-0
Troy Doris, 2012..... 52-1 3/4
Babatunde Amosu, 2014....51-7 3/4
Babatunde Amosu, 2015..... 52-8.75

Pole Vault
*Xavier Boyles, 1926 12-6
*Henry Canby, 1929 ..... 13-7 1/2
Ken Steinbeck, 1943 13-3
Dave Nielsen, 1975..... 16-10

Shot Put
Ray Danber, 1926 ..... 46-2 1/2
Jeremy Allen, 2000 ..... 61-4 1/4
Shane Maier, 2007..... 60-11 1/4
John Hickey, 2008 ..... 61-9 3/4

Men's Indoor Relay Champions (12)

Mile Relay
Morrow, Noll, Brookins, Wilson, 1923..... 3:29.6
Morrow, Kohn, Roberts, Coulter, 1924 ..... 3:33.2
Beatty, Phelps, Baird, Cuhel, 1927..... 3:29.5
Stevenson, Stamats, Baird, Cuhel, 1928 ..... 3:24.2
Thomas, Ferguson, Depping, Stevenson, 1929 ..... 3:25.6
Boylan, Wheeler, Ebert, Scott, 1952..... 3:18.3
Richards, Rocker, Hollingsworth, Kerr, 1963 ..... 3:14.7
Ferree, Frazier, Mondane, Reimer, 1967 ..... 3:13.1
Greer, Williams, Smith, Duckett, 1984..... 3:09.24
Richards, Holmes, Sowinski, Willey, 2011 ..... 3:12.13

Two Mile Relay
English, Blackman, Strozier, Chambers, 1989..... 7:36.20

Distance Medley Relay
Mylenek, Thompson, Lilly, Melchert, 2018 ..... 9:45.10

Women's Indoor Champions (33)

55 Meters
Vivien McKenzie, 1985 ..... 6.92
Yolanda Hobbs, 1995..... 6.83

60 Yards
Elaine Jones, 1983 ..... 6.92
Elaine Jones, 1984 ..... 6.91

60 Meters
Lake Kwaza, 2016..... 7.33

200 Meters
Erica Broomfield, 1998 ..... 23.88
Kineke Alexander, 2006 ..... 23.49
Kineke Alexander, 2007 ..... 23.67
Brittany Brown, 2017..... 22.83
Brittany Brown, 2018..... 23.20

300 Yards
Elaine Jones, 1984 ..... 34.59

400 Meters
Senta Hawkins, 1988 ..... 55.66
Ellen Grant, 1997..... 54.39
Shellene Williams, 2004 ..... 54.17
Kineke Alexander, 2006 ..... 52.01
Kineke Alexander, 2007 ..... 52.23
Elexis Guster, 2016 ..... 52.36
Briana Guillory, 2018 ..... 52.08

600 Meters
Kay Stormo, 1979 ..... 1:33
Karen Layne, 1990 ..... 1:31.45
Bethany Praska, 2011 ..... 1:28.99

800 Yards
Kay Stormo, 1982 ..... 2:09.35

880 Yards
Jeanne Kruckeberg, 1987... 2:11.71

3,000 Meters
Nan Doak, 1985 ..... 9:38.5
Meghan Armstrong, 2008 9:18.30

Three Miles
Nan Doak, 1982 ..... 15:27.53

5,000 Meters
Tracy Dahl, 1992 ..... 16:36.13

High Jump
Peaches Roach, 2004..... 5-11 1/4
Peaches Roach, 2005..... 5-10 3/4
Peaches Roach, 2007..... 5-10

Long Jump
Jahisha Thomas, 2018 ... 21-0 3/4

Triple Jump
Renee White, 2008..... 42-4
Jahisha Thomas, 2018 ... 43-4 1/2

Shot Put
Gail Smith, 1985 51-0
Lisa Van Steenwyk, 1993 50-5 1/4

Pentathlon
Kathy Gillespie, 1983 ... 4,079 pts.

Women's Indoor Relay Champions (2)

3,200-Meter Relay
Schlader, Mitchell, Drapcho, Stormo, 1979 ..... 9:10.0
Hoskins, Kruckeberg, Roberts, Schneckloth, 1989 ..... 8:53.01

Men's Outdoor Champions (112)

100 Yards
Dennis Kohl, 1966 ..... 9.6

120-Yard High Hurdles
Russell Merkel, 1950 ..... 14.4
Les Stevens, 1956 ..... 14.2

100 Meters
George Page, 1995 ..... 10.50
George Page, 1996 ..... 10.08
Tim Dwight, 1999 ..... 10.51
Justin Ausin, 2013 ..... 10.27

110-Meter High Hurdles
Pat McGhee, 1989 ..... 13.74
Aaron Mallett, 2015 ..... 13.43
Aaron Mallett, 2016 ..... 13.48
Aaron Mallett, 2017 ..... 13.24

220 Yards
Eric Wilson, 1921 ..... 22.0
Eric Wilson, 1923 ..... 21.2
John Everingham, 1927 ..... 22.0
Dennis Kohl, 1966 ..... 20.6

220-Yard Low Hurdles
Charles Brookins, 1922 ..... 23.8
Charles Brookins, 1923 ..... 23.2
Charles Brookins, 1924 ..... 23.8
Frank Cuhel, 1926 ..... 23.9
Frank Cuhel, 1927 ..... 24.2
Frank Cuhel, 1928 ..... 23.6
George Saling, 1932 ..... 23.0

200 Meters
Andre Morris, 1995 ..... 20.64
Bashir Yamini, 1998 ..... 21.10
Bashir Yamini, 1999 ..... 21.39
Justin Austin, 2011 ..... 20.46
Justin Austin, 2013 ..... 20.86

330-Yard Int. Hurdles
Donald Gardner, 1963 ..... 37.7
Jon Reimer, 1965 ..... 36.1

440 Yards
Chan Coulter, 1924 ..... 50.4
George Baird, 1927 ..... 49.1
John Brown, 1959 ..... 48.1
Mike Mondane, 1967 ..... 46.4
Mike Mondane, 1968 ..... 47.5
Dick Eisenlauer, 1975 ..... 47.1

440-Yard Int. Hurdles
Jon Reimer, 1965 ..... 50.8

400 Meters
Anthuan Maybank, 1991 ..... 45.76
Anthuan Maybank, 1993 ..... 45.91
Andre Morris, 1995 ..... 45.39
Andre Morris, 1996 ..... 46.38
Steven Willey, 2010 ..... 46.12
Mar'yea Harris, 2018 ..... 44.98

400-Meter Hurdles
Pat McGhee, 1986 ..... 50.94
Pat McGhee, 1988 ..... 50.01
Pat McGhee, 1989 ..... 49.63
Ray Varner, 2010 ..... 50.61
Ethan Holmes, 2013 ..... 50.78

660 Yards
Roger Kerr, 1963 ..... 1:17.4
Mike Mondane, 1966 ..... 1:17.7

880 Yards
Harry Morrow, 1924 ..... 1:57.0
Ted Wheeler, 1956 ..... 1:51.7
Bill Frazier, 1962 ..... 1:50.1
Bill Frazier, 1963 ..... 1:50.6

800 Meters
D'Juan Strozier, 1990 ..... 1:47.17

Mile
Ted Wheeler, 1956 ..... 4:12.7
Charles Jones, 1957 ..... 4:17.0
Charles Jones, 1958 ..... 4:09.2

3,000-Meter Steeplechase
Rollie Kitt, 1967 ..... 9:02.9
Steve Pershing, 1977 ..... 9:00.1

Two Miles
Richard Ferguson, 1952 ..... 9:19.0
Richard Ferguson, 1953 ..... 9:26.6
Charles Jones, 1957 ..... 9:14.0

Three Miles
Larry Wieczorek, 1968 ..... 13:58.0

10,000 Meters
Kevin Herd, 1994 ..... 30:05.21
Micah VanDenend, 2007 30:28.50

Long Jump
Edward Gordon, 1929 ..... 24-1 3/4
Edward Gordon, 1930 ..... 24-8 1/4
Edward Gordon, 1931 ..... 24-1 1/2
Earl Smith, 1954 23-1
Quinn Early, 1986 24-11
Anthuan Maybank, 1993 25-9 1/2
Bashir Yamini, 1997 ..... 26-8 1/4

High Jump
E.J. Baker, 1905 ..... 5-10 1/4
*Edward Gordon, 1929 6-0
Bill Knoedel, 1975 7-3
Bill Hansen, 1976 7-2
Ryan Kelly, 2008 ..... 6-10 3/4
Kevin Spejcher, 2016 ..... 7-1 3/4

Triple Jump
Troy Doris, 2011 ..... 53-8 1/2
Troy Doris, 2012 54-8
Babatunde Amosu, 2015 53-0

Pole Vault
*Xavier Boyles, 1926 ..... 12-9 1/2
Bill Burnette, 1966 15-3
Phil Wertman, 1971 ..... 16-1 1/2
John Tefer, 1972 16-0
Todd Wigginton, 1984 17-0

Discus
C.H. Swift, 1902 118-9
C.H. Swift, 1903 ..... 117-7 1/2
Merle Alderman, 1910 129-8 1/2
John Hancock, 1925 138-2
Jeremy Allen, 1998 185-9
Jeremy Allen, 2001 194-5
Tim Brodersen, 2005 187-0
Tim Brodersen, 2006 181-2

Shot Put
Chris Gambol, 1987 ..... 60-0 1/2
Jeremy Allen, 2001 ..... 62-2 1/4
John Hickey, 2007 ..... 58-4 1/2

Hammer
A. van der Westhuizen, 1999. 202-3
A. van der Westhuizen, 2000. 218-5
Jim Costello, 2002 217-7
Adam Hamilton, 2006 208-1

Javelin
L.D. Weldon, 1930 ..... 184-5 1/2
L.D. Weldon, 1931 ..... 191-4 1/2
Mark Panther, 1934 208-2
Mark Panther, 1935 ..... 219-7 3/8
Bushnell Lamb, 1936 ... 194-4 1/2
Bushnell Lamb, 1938 202-8
Bill Neumann, 2002 231-8
Bill Neumann, 2003 238-2
Matt Byers, 2010 220-6
Matt Byers, 2011 235-4
Matt Byers, 2012 222-10

Men's Outdoor Relay Champions (22)

400-Meter Relay
Beecham, Duckett, Greer, Patrick, 1983 ..... 39.99
McCoy, Duckett, Greer, Smith, 1984 ..... 40.11
Davis, Morris, Rozell, Page, 1995 ..... 40.03
Dwight, Branch, Davis, Yamini, 1998 ..... 40.27
Branch, Dwight, Dodge, Yamini, 1999 ..... 40.66
Coleman, Kunkel, Peterson, Dodge, 2001 ..... 40.15
Mullen, Austin, E. Holmes, Larney, 2013 ..... 40.20
Brown, Harrington, Mincy, Wilson, 2014 ..... 39.35
Saucer, Brissett, Harrington, Mallett, 2016 ..... 39.44

400-Yard Relay
Johnson, Lake, Eisenlauer, Wellington, 1974 ..... 41.2

Mile Relay
Beck, Noll, Keppler, Wilson, 1922 ..... 3:20.0
Stevenson, Stamats, Baird, Cuhel, 1928 ..... 3:20.2
Stevenson, Ferguson, Depping, Baird, 1929 ..... 3:20.7
Levinson, Boylan, Ebert, Scott, 1953 ..... 3:16.4
Richards, Hollingsworth, Frazier, Kerr, 1962 ..... 3:12.3
Richards, Hollingsworth, Frazier, Kerr, 1963 ..... 3:11.2
Thompson, Feree, Randolph, Reimer, 1965 ..... 3:12.1
Ferree, Frazier, Mondane, Reimer, 1967 ..... 3:08.7
Teberg, Stevens, Frazier, Mondane, 1968 ..... 3:13.3

1,600-Meter Relay
Chung, Williams, McGhee, Leonard, 1986 ..... 3:07.05
Branch, Dwight, Dodge, Yamini, 1999 ..... 3:09.09
Frye, Woodard, Hofacker, Harris, 2018 ..... 3:06.32

Women's Outdoor Champions (31)

100 Meters
Vivien McKenzie, 1983 ..... 11.90
Vivien McKenzie, 1984 ..... 11.50
Vivien McKenzie, 1985 ..... 11.63

200 Meters
Briana Guillory, 2016 ..... 22.95
Brittany Brown, 2017..... 22.30
Brittany Brown, 2018..... 22.93

400 Meters
Ellen Grant, 1997..... 52.82
Shellene Williams, 2003 ..... 53.58
Shellene Williams, 2004 ..... 52.97
Kineke Alexander, 2007 ..... 52.15
Elexis Guster, 2014 ..... 52.77
Elexis Guster, 2015 ..... 52.19

400-Meter Hurdles
Wynsome Cole, 1998..... 56.67

800 Meters
Bethany Praska, 2011 ..... 2:05.63

5,000 Meters
Nan Doak, 1982 ..... 16:26.63
Tracy Dahl, 1992 ..... 16:22.01
Diane Nukuri, 2008..... 16:24.21
McKenzie Melander, 2012 16:14.03

10,000 Meters
Jennifer Brower, 1992.... 34:29.61
Meghan Armstrong, 2008. 33:49.03

High Jump
Peaches Roach, 2004..... 5-11 1/4
Peaches Roach, 2007..... 6-0
Khanishah Williams, 2014.. 5-9 1/4

Shot Put
Lisa Van Steenwyk, 1993.. 47-4 1/2
Laulauga Tausga, 2018... 55-1 1/2

Discus
Laulauga Tausga, 2017..... 180-5
Laulauga Tausga, 2018..... 191-7

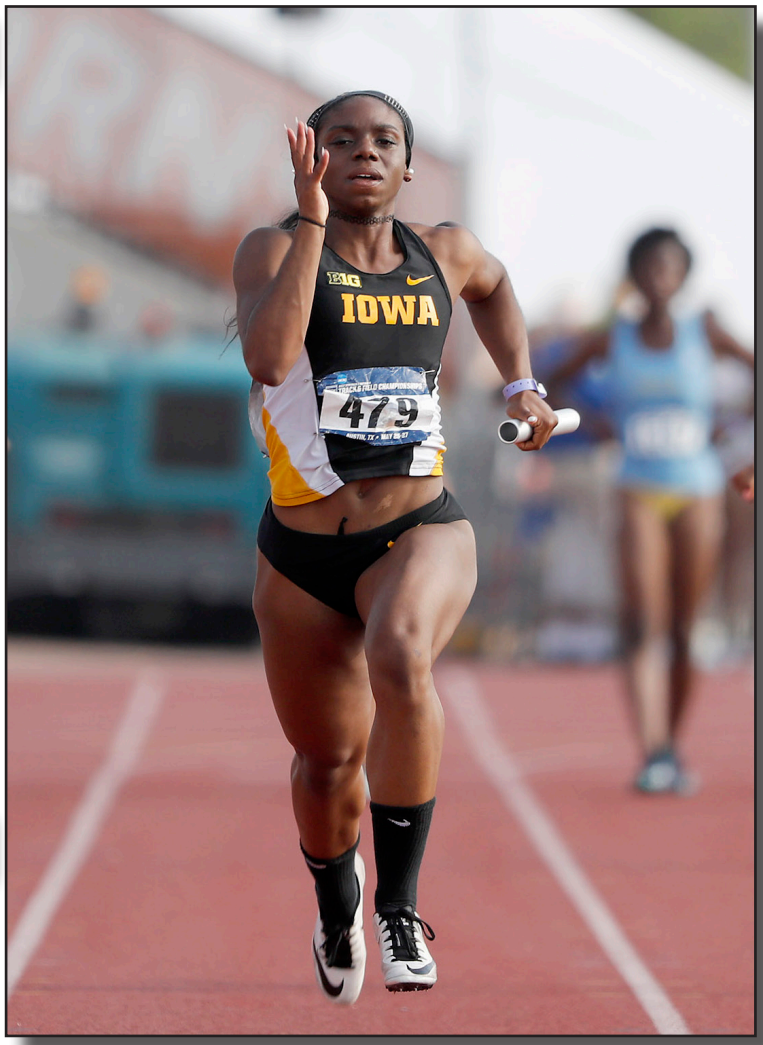
Long Jump
Aisha James, 2003 21-4
Jahisha Thomas, 2018 21-6

Triple Jump
Renee White, 2009..... 43-10 3/4
Jahisha Thomas, 2018 ... 43-3 1/4

Women's Outdoor Relay Champions (6)

400-Meter Relay
Floyd, Hobbs, Poole, Reid, 1994 ..... 44.80
Underwood, Cole, Grant, Wynter, 1997 ..... 46.53
Kwaza, Guster, Holder, Brown, 2014..... 44.62

1,600-Meter Relay
Hume, Charles, Steffen, Williams, 2003 ..... 3:38.95
Praska, Hendricks, Erickson, Liverpool, 2011 ..... 3:36.51
Hernandez, Guillory, Holder, Guster, 2016 ..... 3:31.22



The 2017 Big Ten Indoor and Outdoor Champion in the 200 meters, Brittany Brown owns the school records in both indoor and outdoor and was a runner up in the 100 meters at the Big Ten Outdoor Championships in Penn State.

Big Ten Championships Honors

Men's Awards

Athlete of the Year
1989 Pat McGhee (O)
1993 Anthuan Maybank (O)
2011 Justin Austin (O)
2013 Justin Austin (O)

Track Athlete of the Meet
1989 Pat McGhee (O)
1999 Tim Dwight (O)
2011 Justin Austin (O)
2013 Jusin Austin (O)

Freshman of the Year
1996 Bashir Yamini (I)
1998 Jeremy Allen (I, O)

I - Indoor, O - Outdoor

Women's Awards

Track Athlete of the Year
2007 Kineke Alexander (I)

Field Athlete of the Year
2018 Jahisha Thomas (O)

Freshman of the Year
1998 Erica Broomfield (I)
2004 Peaches Roach (O)
2016 Briana Guillory (O)

I - Indoor, O - Outdoor

Big Ten Medal of Honor

Men's Honorees
1932 Stuart Skowbo
1934 Tom Moore
1936 Francis Cretzmeyer
1947 John Hunter
1948 Herbert Wilkinson
1955 LeRoy Ebert
1959 James Van Young
1963 Ralph Trimble
1991 David Brown
1994 Kevin Herd
2000 Stetson Steele
2009 Eric MacTaggart
2012 Erik Sowinski

Women's Honorees
1992 Jennifer Brower
1994 Tina Stec
2008 Meghan Armstrong
2011 Bethany Praska
2012 McKenzie Melander

First-Team All-Big Ten Honorees

Men's Honorees

Jeremy Allen 1998, 2000-01
Babatunde Amosu 2013, 2015
Justin Austin 2011, 2013
Chris Barton 2010-11
St. Clair Blackman 1989
Tony Branch 1998-99
Christian Brissett 2016
Tim Brodersen 2005-06
Keith Brown 2014, 2015
Matt Byers 2010-12
Rodney Chambers 1989
Jim Costello 2002
Curtis Chung 1986, 1989
Juan Coleman 2001
A.J. Curtis 2007, 2009
Chris Davis 1995, 1998
Klyvens Delaunay 2014
Tim Dodge 1999, 2001
Troy Doris 2011-12
Terrence Duckett 1984
Tim Dwight 1998-99
Quinn Early 1986
Louis English 1989
DeJuan Frye 2018
Chris Gambol 1987
Matty Gorman 2006
Victor Greer 1984
Adam Hairston 2008-09
Adam Hamilton 2006-07
James Harrington 2014-16
Mar'yea Harris 2018
Kevin Herd 1994
Jeffery Herron 2010
John Hickey 2007-09
Collin Hofacker 2018
Ethan Holmes 2011-13
Gabe Hull 2014, 2015
Sam Joens 2014
Ryan Kelly 2008
Gary Kostrubala 1986
Adam Kunkel 2001
Josh Larney 2013
Harold Leonard 1986
Carter Lilly 2018
Shane Maier 2006-08
Aaron Mallett 2015-17
Anthuan Maybank 1990-94
Ronnie McCoy 1984
Pat McGhee 1986, 1988-89
Michael Melchert 2018
Tevin-Cee Mincy 2014
Andre Morris 1995-96
Jordan Mullen 2013
Nathan Mylenek 2018
Andy Napier 2008
Bill Neumann 2002-03
George Page 1995-97
Russell Peterson 2001
Patrick Richards 2010
Ed Rozell 1995
Vinnie Saucer, Jr. 2015, 2016
Zeke Sayon 2010
Caesar Smith 1984
Robert Smith 1984
Erik Sowinski 2010-12
Kevin Spejcher 2014, 2016
D'Juan Strozier 1989-90, 1992
Chris Thompson 2018
Dion Trowers 1998
Reno Tuufuli 2016
Micah VanDenend 2007
Ray Varner 2010
Arno van der Westhuizen 2000
Todd Wigginton 1984
Steven Willey 2010-11
Kenny Williams 1984, 1986
O'Shea Wilson 2014
Antonio Woodard 2018
Chris Voller 2005
Bashir Yamini 1997-99

Women's Honorees

Kineke Alexander 2006-08
Krista Anderson 2006
Meghan Armstrong 2006, 2008
Erica Broomfield 1998
Jennifer Brower 1992
Brittany Brown 2014, 2017-18
Nicole Charles 2003
Wynsome Cole 1997-98
Tracy Dahl 1992-93
Nan Doak 1985
Nicole Erickson 2011
Betsy Flood 2011-12
Tina Floyd 1994
Ashley Granger 2006
Ellen Grant 1997
Briana Guillory 2016, 2018
Elexis Guster 2014, 2016
Senta Hawkins 1988
Tiffany Hendricks 2011
Alexis Hernandez 2016
Yolanda Hobbs 1994-95
MonTayla Holder 2014, 2016
Tami Hoskins 1989
Aisha Hume 2003
Aisha James 2003
Tiffany Johnson 2005-06
Elaine Jones 1984
Jeanne Kruckeberg 1987-89
Lake Kwaza 2014
Karen Layne 1990
Ashley Liverpool 2011-12
Racheal Marchand 2009
Lindsey McCalla 2006
Vivien McKenzie 1984-86
McKenzie Melander 2012
Zinnia Miller 2014
Diane Nukuri 2007-08
Marlene Poole 1994
Bethany Praska 2011
Alana Redfern 2003
Tanja Reid 1994
Peaches Roach 2004-07
Rachelle Roberts 1989-90
Kim Schneckloth 1989
Marieke Schrulle 2013
Gail Smith 1985
Shannon Stanley 2006
Sarah Steffen 2003
Jessie Strand 2003
Laulauga Tausga 2017-18
Jahisha Thomas 2018
Majesty Tutson 2011, 2013
Tara Underwood 1997
Lisa Van Steenwyk 1993
Renee White 2007-09
Khanishah Williams 2014
Shellene Williams 2003-04
Kaydene Wynter 1997

Big Ten Athletes of the Month/Week

Big Ten Athlete of the Month
Men's Honorees
Anthuan Maybank ..... Apr. 1993

Women's Honorees
Tracy Dahl ..... Mar. 1992
Tracy Dahl ..... Feb. 1993
Yolanda Hobbs ..... Mar. 1995

Big Ten Athlete of the Week
Women's Honorees
Mandy Beck ..... Mar. 22, 1999
Aisha James ..... Apr. 28, 2003
Alana Redfern ..... May 5, 2003
Peaches Roach (F) ..... Feb. 20, 2007
Meghan Armstrong (T) ..... Mar. 25, 2008
Diane Nukuri (T) ..... Apr. 8, 2008
Betsy Flood (T) ..... May 5, 2010
MonTayla Holder (T) ..... Jan. 12, 2015
Madison Rouw (F) ..... Mar. 23, 2016
Elexis Guster (T) ..... Apr. 13, 2016
Brittany Brown (T) ..... Apr. 12, 2017
Briana Guillory (T) ..... Jan. 24, 2018; Feb. 7,2018
Brittany Brown (T) ..... March 21, 2018
Laulauga Tausaga (F) ..... April 10,2018

T- track athlete, F- field athlete

Men's Honorees
Jeremy Allen ..... Jan. 19, 1999
Tony Branch ..... Jan. 26, 1999
Arno van der Westhuizen ..... Apr. 12, 1999
Jeremy Allen ..... Jan. 24, 2001
Jim Costello ..... Jan. 31, 2001
Bill Neumann ..... Apr. 8, 2003
Shane Maier (F) ..... Jan. 16, 2007
Micah VanDenend (T) ..... Apr. 3, 2007
A.J. Curtis (F) ..... Apr. 10, 2007
Adam Hamilton (F) ..... May 1, 2007
John Hickey (F) ..... Jan. 22, 2008
Andy Napier (T) ..... Apr. 8, 2008
John Hickey (F) ..... Feb. 16, 2009
Ray Varner (T) ..... Apr. 8, 2009
Erik Sowinski (T) ..... Apr. 13, 2011
Troy Doris (F) ..... Jan. 30, 2012
Justin Austin (T) ..... Apr. 10, 2013
Babatunde Amosu (F) ..... Apr. 23, 2014
Aaron Mallett (T) ..... Mar. 25, 2015
Aaron Mallett (T) ..... Feb. 17, 2016
Christian Brissett (T) ..... Mar. 23, 2016
Aaron Mallett (T) ..... Apr. 27, 2016
Reno Tuufuli (F) ..... March 22, 2017
Reno Tuufuli (F) ..... April 12, 2017
Aaron Mallett (T) ..... May 3, 2017
Reno Tuufuli (F) ..... March 21, 2018
Antonio Woodard (T) ..... March 21, 2018

CoSIDA Academic Teams

CoSIDA Academic All-America

1986 Danny Waters
1989 Kim Schneckloth
1990 Lisa Skidmore
1997 Chad Schwitters
1998 Chad Schwitters
2000 Stetson Steele
2012 Erik Sowinski

CoSIDA Academic All-District

1986 Danny Waters
1989 Kim Schneckloth
1990 Lisa Skidmore
1997 Chad Schwitters
1998 Chad Schwitters
2000 Stetson Steele
2006 Tim Brodersen
Adam Hamilton
2008 Jolly Burke
2012 McKenzie Melander
Erik Sowinski

USTFCCCA All-Academic

2006 Meghan Armstrong
Krista Anderson
2009 Hannah Roeder
McKenzie Melander
2010 Kevin Dibbern
Amanda Hardesty
McKenzie Melander
Tiffany Medenhaldt
Bethany Praska
Eric Sowinski
2011 Brooke Eilers
Bethany Praska
2012 Brooke Eilers
Betsy Flood
Jackie Laesch
Kevin Lewis
McKenzie Melander
Megan Ranegar
Keaton Rickels
Victoria Sack
Marieke Schrulle
Hannah Simonson
Annemie Smith
Eric Sowinski
Ben Stancombe
2013 Marieke Schrulle
Jasmine Simpson
Annemie Smith
Kyle Reid
Keaton Rickels
Ben Stancombe
2014 Kevin Lewis
Jasmine Simpson
Annemie Smith
2015 Carter Lilly
Marta Bote Gonzalez
Kassidy Ellis
Annemie Smith
2016 Carter Lilly
Christopher Douglas
Briana Guillory
2017 Talia Buss
Heaven Chandler
Chris Douglas
Marta Bote Gonzalez
Austin Lietz
Carter Lilly
Andrea Shine
Brendan Thompson
2018 Talia Buss
Chris Douglas
Andy Jatis
Jenny Kimbro
Mallory King
Aubrianna Lantrip
Carter Lilly
Marissa Mueller
Sarah Plock
Sommer Sharpe
Andrea Shine
Matt Manternach
Tysen VanDraska

Big Ten Distinguished Scholars

Recipients of the Big Ten Distinguished Scholar award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.7 or higher for the previous academic year. The inaugural award was presented in 2008-09.

2009 Jolly Burke
A.J. Curtis
Jennie Docherty
Rachel Hawks
Andy Napier
Hannah Roeder
Brice Wilson
2010 Sam Bailin
Connor Elmitt
Amanda Hardesty
Mark Mankivsky
2011 Brooke Eilers
Kelsey Hart
McKenzie Melander
Amanda Hardesty
Keaton Rickels
Hannah Roeder
2012 Kyle Reid
Keaton Rickels
Ben Stancombe
Kirsten Weismantle
2013 Courtney Fritz
Keaton Rickels
Sarah Ryan
Jasmine Simpson
Ben Stancombe
Kirsten Weismantle
2014 Andrew Carman
Courtney Fritz
Michaela Haight
Kevin Lewis
Sarah Ryan
Jasmine Simpson
Amanda Stahle
Jocelyn Todd
2015 Kassidy Ellis
Allison Gattone
Lindsay Herra
2016 Heaven Chandler
Allison Gattone
Lindsay Herra
Lake Kwaza
2017 Heaven Chandler
Gage Eller
Daniel Gardarsson
Lauren Opatrny
Brendan Thompson
Andrea Shine
Amy Smith
2018 Talia Buss
Gage Eller
Marta Gonzalez
Andy Jatis
Jenny Kimbro
Carter Lilly
Kara Misel
Karson Sommer
Elizabeth Niedert
Lauren Opatrny
Andrea Shine
Amy Smith
Madison Waymire
Lindsay Welker

Academic All-Big Ten Honorees

Recipients of the Academic All-Big Ten award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.0 or higher for their academic career. The inaugural award was presented in 1986-87.

Men's Honorees

L. J. Albrecht 1989-92
Alex Balke 2015
Rajeev Balkrishnan 1993
Andy Banse 2003-05
Jake Berns 2006
Ravi B'Have 1995, 1998
Tim Brodersen 2003-06
David Brown 1988-91
Brendan Camplin 2008-09
Andrew Carman 2012-14
Chris Cassata 1999-00
Brandon Cooley 2018
Trent Corey 1999-02
Jim Costello 2001-02
Mike Cunningham 1999, 2001-02
A.J. Curtis 2007-09
Kevin Docherty 2016-18
Cannon Dolan 2007-09
Jim Donovan 1997-99
Christopher Douglas 2017-18
Jack Eckert 2012-15
Peter Eischeid 1996-98
Ian Eklin 2017-18
Lee Elbert 2007-08
Gage Eller 2017-18
Connor Elmitt 2009-10
Joe Estes 1994-96
Scott Faber 1999, 2002
Andy Flaherty 1988
Daniel Gardarsson 2016-17
Daniel Gaynes 2018
Matt Gerard 1992-94
Mike Gorsline 1989-91
Anthony Gregorio 2015
Adam Hairston 2010
Adam Hamilton 2004-07
Michael Hart 2015
Dan Haut 2004-06
Kevin Herd 1991-93
Mark Holtkamp 1996
Andy Jatis 2017-18
Nick Jensen 2017
Jason Joens 1993
Scott Joens 1987
Richard Johnson 2007
Chase Kadlec 2010, 2012
Ryan Lamparek 2009-12
Kevin Lewis 2013, 2015
Austin Lietz 2018
Carter Lilly 2016-18
Ben Lloyd 2003
Marco Loureiro 1995-96
Jesse Luciano 2008-10
Eric MacTaggart 2006, 2008-09
Shane Maier 2005-06
Mark Mankivsky 2010
Matt Manternach 2018
Steve Marshall 1991, 1994
Brad McCorkle 1990
Pete McDowell 1994
Pat Meade 1987, 1989
Michael Melchert 2016
Sean Moeller 1999-02
Andy Morris 1998-00
Steve Morrissey 1991
Andy Napier 2007-09
Ryan Niver 2008
Jason Nolting 2004-06
Chad Ohly 1993-95
Matt O'Hollearn 2004-06
James Paul 2009-11
Chris Peters 1997
Tim Pleskac 2000
Justin Poots 2001
Nathan Prom 2012-14
Kyle Reid 2011-13
Jay Renaud 2008
Thomas Reynolds 2010
Keaton Rickels 2011-13
Cameron Rieger 2012-13
Marc Roehl 1993-95
Luke Sampson 2018
Paul Sarris 1998
Mark Schaapveld 2008-09
Zachary Schimp 2009-10
Chad Schwitters 1996-99
Karson Sommer 2018
Daniel Soto 2018
Eric Sowinski 2010-12
Ben Stancombe 2011-13
Stetson Steele 1997, 1999-00
Brendan Thompson 2014-17
Dion Trowers 1997
Nolan Teubel 2017-18
Christopher Thompson 2018
Jonathan Tullett 1994
Josh Tweedy 2004-05
Graham Valdes 2009
Tysen VanDraska 2018
David White 1991-92
Andy Wiese 1987
Brice Wilson 2008
Bobby Windauer 2007-08
Ben Witt 2013, 2015
Mitch Wolff 2014-17

Women's Honorees

Adrianne Alexia 2012-15
Krista Anderson 2007-08
Lindsay Anderson 2010
Sarah Arens 2001-04
Meghan Armstrong 2006-08
Caleigh Bacchus 2009
Atalie Barber 2002, 2004
Holly Barnes 1994
Briana Benning 1995-97
Danielle Berndt 2010-12
Allison Billhardt 2005
Kerri Blackstone 1997-99
Becky Borg 1988-89
Jennifer Brower 1991-92
Nicole Brown 1997
Kelly Breen 2017
Sarah Burgett 2005-07
Jolly Burke 2008-09
Talia Buss 2018
Katie Butler 2001
Jenni Capista 2004-05
Heaven Chandler 2016-17
Nicole Charles 2001-03
Kacey Childs 2000-01
Leah Colbert 2017-18
Traci Claussen 1988-89
Megan Daniel 1994
Sarah Dankoff 2002
Kelli DeGeorge 2018
Brittany Dlhy 2011
Jennie Docherty 2009
Carly Donahue 2018
Katie Donlon 2005
Claire Dupuis 2018
Brooke Eilers (Gambrall) 2012-13
Jenni Elbert 2006
Kassidy Ellis 2014-15
Katie Ellis 2008-09
Molly Esche 2006-08
Ashley Espinosa 2018
Fionna Fallon 2010
Shawn Fleck 1996
Betsy Flood 2010-12
Becca Franklin 2007
Melissa Fraser 1997
Jill Freed 1989
Courtney Fritz 2012-14
Sheila Galbraith 1992
Allison Gattone 2014-16
Marta Gonzalez 2017-18
Keelin Gorman 2012
Ashley Granger 2006
Briana Guillory 2017
Micaela Haight 2014
Maggie Hall 1999
Amanda Hardesty 2010-11
Kelsey Hart 2011-13
Rachel Hawks 2008-09
Tiffany Hendricks 2010
Sarah Henize 2009
Lindsay Herra 2015-16
Katie Herrmann 2004
Julie Hollensbe 2018
Aisha Hume 2002-05
Janelle Jaspers 1988-89
Jennifer Johnson 1992-93
Tiffany Johnson 2005-07
Aditya Jones 2006-07
Amy Kasparbauer 2000
Rebecca Kaza 1997-99
Tammilee Kerr 2006-07
Jennifer Kiciak 1997-98
Jenny Kimbro 2018
Mallory King 2018
Tricia Kiraly 1988-89
Natalie Kleinfelter 1994
Christine Kotarba 2005
Jeanne Kruckeberg 1988, 1990-91
Kimberly Kruk 1994
Christine Kubitz 1999
Jackie Laesch 2010-12
Michelle Lahann 2001-04
Jordan Laney 2005
Aubrianna Lantrip 2018
Shannon Maser 2015
Meg Maurer 1997
Christina MacNab 2018
Amy McRell 1990-93
McKenzie Melander 2010-12
Georgia Millward 2002-04
Kelsey Mims 2009-12
Monica Mims 2005-07
Kara Misel 2018
Jennifer Moore 1988-89
Raven Moore 2013
Kylie Morken 2018
Amy Murphy 2000-01
Sara Murray 1994
Kara Neustrom 2018
Elizabeth Niedert 2018
Erin O'Hern 2005-06
Tayo Oladele-Ajose 2014
Valerie Oltman 2000
Lauren Opatrny 2018
Kiersten Pauling 1995-97
Lena Placzek 2012
Sarah Plock 2018
Sophia Ponce 2010
Beverly Powell 1991
Bethany Praska 2009-11
Rachel Price 2013
Kelsey (Labs) Quinn 2011-12
Ruqauua Raheem 1998
Megan Ranegar 2011-12
Alana Redfern 2003

Academic All-Big Ten Honorees - Continued

Peaches Roach..... 2005-07
Ericka Roberts 2001-02
Hannah Roeder 2009-11
Sarah Ryan..... 2013-14
Janeth Salazar.....1988
Christine Salsberry1991, 1993-94
Tia Saunders 2018
Kristi Schmidt 2000
Jessica Schmidt.....2007
Kim Schneckloth 1987-90
Jennifer Schoonover.....1995
Mareike Schrulle 2013
Gina Shannon 1999-2001
Anna Shearer..... 2000-01
Erin Sheeley.....2005
Andrea Shine 2017
-18Hannah Simonson 2011-12
Jasmine Simpson 2011-14
Jordyn Sindt..... 2016-17
Annemie Smith..... 2014-15
Amy Smith 2017-18
Michelle Sokol 2004-05
Amanda Stahle 2012-14
Shannon Stanley.....2007
Tina Stec 1992-94
Sarah Steffen 2001-03
Jessie Strand 2001-04
Kelsey Stueland 2010
Sherri Suppelsa.....1987
Jocelyn Todd.....2013
Katharina Trost 2015
Rhonda-Kaye Trusty 2008-09
Tara Underwood 1998
Sheri Van Der Hart..... 1991-93
Kim Vinton.....1992
Jamie Voss 1992-93
Allison Wahrman 2018
Madison Waymire 2017-18
Macie Weber 2018
Kirsten Weismantle 2011-13
Lindsay Welker 2018
Renee White.....2007
Tess Wilberding 2015-17
Beth Wilson 1989

Drake Relays Champions

Men's Champions

Event..... Athlete, Year - Performance

100 Meters ..... 1942 - Leicester Farmer - 10.1
1996 - George Page - 10.42
200 Meters (SI)..... 1983 - Jeff Patrick - 20.47
1994 - Anthuan Maybank - 20.82
400 Meters (SI)..... 1993 - Anthuan Maybank - 44.99
Mile ..... 1957 - Deacon Jones - 4:10.7
Two Miles ..... 1957 - Deacon Jones - N/A
5,000 Meters ..... 2000 - Stetson Steele - 14:02.76
110-Meter Hurdles..... 1988 - Pat McGhee - 14.15
2017 - Aaron Mallett -13.57
400-Meter Relay.....1927 - 41.8; 1928 - 42.2; 1935 - 41.7; 1952 - 41.5
1998 - Trowers, Branch, Davis, Yamini - 40.24
2009 - Richardson, Sayon, Richards, Chaney, Jr. - 40.71
800-Meter Relay..... 1929 - 1:28.23
1,600-Meter Relay..... 1923 - 3:16.9; 1924 - 3:21.5; 1926 - 3:27.1;
1927 - 3:20.5; 1928 - 3:22.2; 1929 - 3:25.4;
1938 - 3:15.4; 1963 - 3:13.5; 1967 - 3:07.4;
2017 - Ogwo, Hofacker, Frye, Harris - 3:07.35
2018 - Frye, Hofacker, Thompson, Hofacker - 3:05.05
3,200-Meter Relay..... 1929 - 7:57.3
2017 - Manternach, VanDraska, Teubel, Lilly - 7:24.77
Dist. Medley Relay..... 1956 - 10:14.3
Shuttle Hurdle Relay... 1932 - 1:01.6; 1955 - 59.3; 1984 - 58.77
Sprint Medley Relay ... 1952 - 3:23.5; 1956 - 3:23.4; 1992 - 3:21.02;
2011 - Sayon, Austin, Willey, Sowinski - 3:16.18
2016 - Saucer, Jr., Brissett, Harris, Lilly - 3:18.53
2017 - Brissett, Ogwo, Harris, Lilly - 3: 20.40
High Jump..... 1942 - Milton Kuhl (5-way tie) - 6-4 (1.93m)
1976 - Bill Knoedel - 7-1 3/4 (2.18m)
1978 - Bill Hansen - 7-1 3/4 (2.18m)
Long Jump ..... 1929 - Ed Gordon - 24-0 3/4 (7.33m)
1930 - Ed Gordon - 24-0 (7.31m)
1931 - Ed Gordon - 23-10 1/2 (7.28m)
1993 - Anthuan Maybank (w) - 27-6 3/4 (8.40m)
1996 - Bashir Yamini - 25-1 1/4 (7.65m)
Triple Jump ..... 2012 - Troy Doris - 53-10 1/4 (16.41m)
Pole Vault ..... 1927 - Xavier Boyles - 12-9 (3.89m)
Shot Put..... 1987 - Chris Gambol - 59-3 (18.06m)
2004 - Ken Kemeny - 59-11 1/4 (18.27m)
2018 - Reno Tuufuli - 60-8 1/2 (18.50m)
Discus ..... 1928 - Robert Mitchell - 141-9 (43.22m)
2014 - Gabe Hull - 197-00 (60.05m)
2017 - Reno Tuufuli - 194-08 (59.34m)
Javelin..... 1930 - L.D. Weldon - 202-5 (61.70m)
1935 - Mark Panther - 210-7 (64.18m)
1945 - Paul Fagerlind - 205-2 (62.54m)
2003 - Bill Neumann - 238-11 (72.83m)

Women's Champions

Event..... Athlete, Year - Performance

100-Meter Hurdles..... 1998 -Paula Ruen - 13.96
2006 - Tiffany Johnson - 13.58
2007 - Tiffany Johnson - 13.27
400 Meters (SI)..... 2006 - Kineke Alexander - 52.05
400-Meter Hurdles..... 1998 - Wynsome Cole, 1998 - 57.44
800 Meters ..... 2016 - Mahnee Watts - 2:07.93
1,500-Meters..... 1989 - Jeanne Kruckeberg - N/A
5,000 Meters ..... 2007 - Diane Nukuri - 16:15.28
10,000 Meters ..... 1992 - Jennifer Brower - 34:11.58
Shuttle Hurdle Relay... 1998 - Cole, Prendergast, Raheem, Ruen - 56.54
400-Meter Relay 2014 - Kwaza, Guster, Hernandez, Brown - 44.51
2017 - Chapman, Guillory, Hernandez, Brown - 45.17
3,200-Meter Relay..... 1990 - 8:54.49
Sprint Medley Relay ... 2011 - Jones, Hendricks, Liverpool, Praska - 3:48.63
2016 - Kwaza, Guster, Holder, Watts - 3:52.62
Dist. Medley Relay..... 1989 - 11:22.18; 1990 - 11:24.12
6,400-Meter Relay..... 2012 - Flood, Laesch, Ranegar, Melander - 19:16.73
Javelin..... 2003 - Alana Redfern - 157-9
Long Jump ..... 2003 - Aisha James - 22-3
Discus ..... 2013 - Majesty Tutson - 181-1 (55.19m)
Shot Put ..... 2018 - Laulauga Tausaga - 54-11 1/4 (16.74m)

Running Events

60 Meters
School: 6.69 ..... Justin Austin, 2011
Facility: 6.70 ..... Demi Omole, Wisconsin, 2006

60-Meter Hurdles
School: 7.63 ..... Aaron Mallett, 2017
Facility: 7.74 ..... Nate Pozolinski, 2017

200 Meters
School: 20.80 ..... Justin Austin, 2011
Facility: 21.21 ..... David Neville, Indiana, 2006

400 Meters
School: 45.75 ..... Mar'yea Harris
Facility: 47.11 ..... David Neville, Indiana, 2006

600 Meters
School: 1:16.91 ..... Erik Sowinski, 2012
Facility: 1:16.45 ..... Erik Sowinski, unattached, 2017

800 Meters
School: 1:47.33 ..... Carter Lilly, 2017
Facility: 1:50.87 ..... Joseph Loner, Penn State, 1997

1,000 Meters
Facility: 2:26.21 ..... Joe McAsey, Notre Dame, 2015

Mile
School: 3:58.72 ..... Jeff Thode, 2011
Facility: 4:02.1 ..... Ken Popejoy, Michigan State, 1972

3,000 Meters
School: 7:57.06 ..... Kevin Lewis, 2015
Facility: 7:54.13 ..... Chris Solinsky, Wisconsin, 2006

5,000 Meters
School: 13:43.70 ..... Kevin Lewis, 2015
Facility: 13:51.34 ..... Chris Solinsky, Wisconsin, 2006

Relays

1,600-Meter
School: 3:04.94 ..... Ogwo, Hofacker, Frye, Harris - 2017
Facility: 3:09.30 ..... Kelley, Roomes, Fogltanz, Dennison - 2017

3,200-Meter
School: 7:13.02 ..... Cooke, Nie, Monsey, Chambers - 1990
Facility: 7:32.25 ..... Brown, Koning, Blumke, Gledhill, Michigan State - 1992

Distance Medley
School: 9:33.90 ..... Mylenek, Hofacker, Lilly, Melchert - 2018
Facility: 9:47.78 ..... Candella, Griffin, Gourley, See, Ohio State - 2006

** - distance conversion*

Big Ten Championships Retired Records

1,500 Meters
Meet 3:49.90 ..... Ed DeLashmutt, 1981

Mile Relay
Meet 3:09.24 ..... Greer, Williams, Smith, Duckett - 1984

Field Events

Discus
Facility: 191-4 (58.33m) ..... Chase Madison, Unattached, 2015

High Jump
School: 7-3 (2.21m) ..... Bill Knoedel, 1976
7-3 (2.21m) ..... Bill Hansen, 1978
Facility: 7-4 1/2 (2.25m) ..... Staffan Strand, Minnesota, 1997

Long Jump
School: 26-5 1/2 (8.06m) ..... Anthuan Maybank, 1992
Facility: 26-1 3/4 (7.97m) ..... Anthuan Maybank, Iowa, 1992

Triple Jump
School: 54-0 (16.46m) ..... Troy Doris, 2011
Facility: 53-4 1/4 (16.26m) ..... Bannon Hayes, Illinois, 1989

Pole Vault
School: 17-1 (5.21m) ..... Todd Wigginton, 1984
Facility: 18-1 1/4 (5.52m) ..... Tye Harvey, Minnesota, 1997

Shot Put
School: 63-3 1/4 (19.28m) ..... Reno Tuufuli, 2018
Facility: 63-7 3/4 (19.40m) ..... Karl Erickson, Minnesota, 2006

Weight Throw
School: 69-4 3/4 (21.15m) ..... Jim Costello, 2002
Facility: 68-2 1/4 (20.78m) ..... Leonard Jatsek, Ohio State, 2006

Pentathlon
School: 3,460 points ..... Scott Faber, 2000

Heptathlon
School: 5,606 points ..... William Dougherty, 2018
Facility: 5,648 points ..... Benjamin Jensen, Minnesota, 1997

Iowa Retired Records

55 Meters
School: 6.23 ..... Robert Smith, 1984
Facility: 6.27 ..... Cory Pryor, Michigan State, 1989

55-Meter Hurdles
School: 7.14 ..... Pat McGhee, 1989
Facility: 7.07 ..... Reggie Torian, Wisconsin, 1997

300 Yards
School: 30.08 ..... Victor Greer, 1984
Facility: 30.54 ..... Terrence Duckett, Iowa, 1984

300 Meters
School: 36.02 ..... Rajeev Balkrishnan, Iowa, 1992
Facility: 34.41 ..... Ron Brown, Purdue, 1992

600 Yards
School: 1:09.60 ..... Terrence Duckett, 1984
Facility: 1:09.54 ..... Ray Armstead, NE Missouri State, 1984

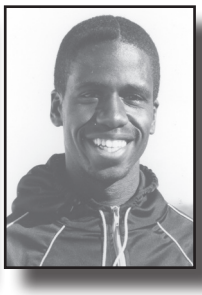
1,000 Yards
School: 2:10.0 ..... Joel Moeller, 1977
Facility: 2:10.0 ..... Joel Moeller, Iowa, 1977

1,000 Meters
School: 2:24.53 ..... Bill Theisen, 1986
Facility: 2:27.69 ..... Brian Peppard, Notre Dame, 1992

Two Miles
School: 8:53.91 ..... Jeff Thode, 2012
Facility: 8:47.5 ..... Dave Johnson, Minnesota, 1977

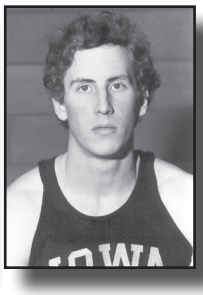
All-Time Top Ten Performers
Men's Indoor

Justin Austin


Rodney Chambers

Jim Costello

Troy Doris


Bill Hansen

Mar'yea Harris

John Hickey

60 Meters

1. Justin Austin, 2011 ..... 6.69
2. Vinnie Saucer, Jr., 2016 ..... 6.70
3. Kurt Felix, 1999 ..... 6.73
   Tevin-Cee Mincy, 2014 ..... 6.73
5. Josh Larney, 2013 ..... 6.74
   Christian Brissett, 2017 ..... 6.74
7. Troy Doris, 2012 ..... 6.75
8. **O'Shea Wilson, 2017 ..... 6.75**
9. Jacob Gourley, 2017 ..... 6.77
10. Tony Branch, 1999 ..... 6.78

60-Meter Hurdles

1. Aaron Mallett, 2017 ..... 7.64
2. Jordan Mullen, 2013 ..... 7.70
3. **Chris Douglas, 2018 ..... 7.76**
4. Ethan Holmes, 2013 ..... 7.82
5. Dion Trowers, 1997 ..... 7.87
6. Russell Peterson, 2004 ..... 7.97
   Anthony Williams, 2018 ..... 7.97
8. Dan Davis, 2012 ..... 8.02
9. DeRocco Reed, 2000 ..... 8.03
   Keith Brown, 2015 ..... 8.03

200 Meters

1. Justin Austin, 2011 ..... 20.80
2. **Antonio Woodard, 2018 ..... 20.99**
3. Anthuan Maybank, 1993 ..... 21.11
4. Bashir Yamini, 1999 ..... 21.19
5. James Harrington, 2014 ..... 21.21
6. Ethan Holmes, 2013 ..... 21.23
7. Tim Dodge, 2000 ..... 21.26
8. Christian Brissett, 2017 ..... 21.27
9. Emmanuel Ogwo, 2017 ..... 21.32
10. Paul Chaney, Jr., 2009 ..... 21.34
    Mar'yea Harris, 2018 ..... 21.34

400 Meters

1. **Mar'yea Harris, 2017 ..... 45.75**
2. Emmanuel Ogwo, 2017 ..... 46.45
3. Steven Willey, 2010 ..... 46.75
4. Terrence Duckett, 1984 ..... 46.81
5. **Collin Hofacker, 2017 ..... 46.82**
6. Andre Morris, 1995 ..... 47.15
7. Monte Raymond, 1998 ..... 47.18
8. Anthuan Maybank, 1990 ..... 47.25
9. **Chris Thompson, 2018 ..... 47.32**
10. Patrick Richards, 2011 ..... 47.35

600 Meters

1. Erik Sowinski, 2012 ..... 1:16.91
2. **Carter Lilly, 2017 ..... 1:17.20**
3. **Mar'yea Harris, 2018 ..... 1:17.26**
4. **Austin Lietz, 2017 ..... 1:17.40**
5. Will Teubel, 2016 ..... 1:17.55
6. Steven Willey, 2011 ..... 1:17.94
7. Keaton Rickels, 2012 ..... 1:18.19
8. Pat McGhee, 1988 ..... 1:18.30
9. **Noah Larrison, 2017 ..... 1:18.41**
10. Ryan Dorman, 2017 ..... 1:18.44

800 Meters

1. **Carter Lilly, 2017 ..... 1:47.33**
2. Erik Sowinski, 2012 ..... 1:47.62
3. Will Teubel, 2016 ..... 1:47.74
4. Pavlo Hutsalyuk, 2016 ..... 1:48.97
5. Ryan Weir, 2013 ..... 1:49.11
6. Adam Hairston, 2010 ..... 1:49.26
7. Nathan Prom, 2013 ..... 1:49.29
8. Nick Kuczwara, 2010 ..... 1:49.59
9. **Anthony Chaidez, 2017 ..... 1:49.73**
10. **Tysen VanDraska, 2018 ..... 1:50.22**

Mile

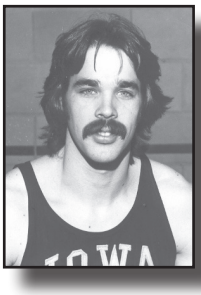
1. Jeff Thode, 2011 ..... 3:58.72
2. Ed DeLashmutt, 1981 ..... 4:04.01
3. Adam Jones, 2017 ..... 4:04.28
4. **Michael Melchert, 2018 ..... 4:04.32**
5. Larry Wieczorek, 1968 ..... 4:04.40
6. **Nathan Mylenek, 2018 ..... 4:05.13**
7. John Clark, 1972 ..... 4:05.94
8. Ben Witt, 2014 ..... 4:07.08
9. Adam Thomas, 2002 ..... 4:07.13
10. Kevin Herd, 1992 ..... 4:07.26

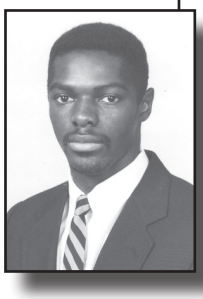
3,000 Meters

1. Kevin Lewis, 2015 ..... 7:57.06
2. Jeff Thode, 2011 ..... 8:00.38
3. Micah VanDenend, 2006 ..... 8:00.81
4. **Michael Melchert, 2018 ..... 8:08.30**
5. Eric MacTaggart, 2006 ..... 8:08.79
6. Stetson Steele, 2000 ..... 8:09.54
7. Ben Witt, 2015 ..... 8:10.97
8. Dan Haut, 2005 ..... 8:11.36
9. **Daniel Soto, 2018 ..... 8:11.83**
10. Kevin Herd, 1994 ..... 8:11.51

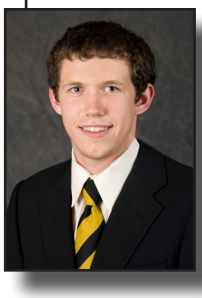
5,000 Meters

1. Kevin Lewis, 2015 ..... 13:43.70
2. Micah VanDenend, 2007 ..... 13:56.46
3. Stetson Steele, 2000 ..... 14:00.52
4. Dan Haut, 2006 ..... 14:06.16
5. Eric MacTaggart, 2006 ..... 14:13.41
6. Jeff Thode, 2011 ..... 14:16.00
7. Matt Esche, 2004 ..... 14:18.43
8. Jeff Kent, 2007 ..... 14:18.86
9. Jesse Luciano, 2009 ..... 14:20.99
10. Nick Nordheim, 2002 ..... 14:22.99


Bill Knoedel


Anthuan Maybank

Aaron Mallett


Nathan Prom

Kyle Reid

Patrick Richards

Keaton Rickels

Erik Sowinski

Jeff Thode

Micah VanDenend

Todd Wigginton

Steven Willey

Heptathlon

1. **William Dougherty, 2018 5,606 points**
2. Kyle Reid, 2013 ..... 5,354 points
3. Dan Rolling, 2010 ..... 5,205 points
4. Jack Eckert, 2015 ..... 5,188 points
5. Ryan Niver, 2008..... 5,149 points
6. Frank Prill, 2010..... 5,015 points
7. **Daniel Gaynes, 2018 ..... 4,895 points**
8. Scott Faber, 2000..... 4,784 points
9. Cam Appleman, 1997..... 4,685 points
10. Bobby Windauer, 2007..... 4,644 points

High Jump

1. Bill Knoedel, 1976..... 7-3 (2.21)
   Bill Hansen, 1978..... 7-3 (2.21)
3. Scott Hudek, 1993 ..... 7-0 1/2 (2.15)
   Kevin Spejcher, 2015 ..... 7-0 1/2 (2.15)
5. Pat Meade, 1987 ..... 7-0 1/4 (2.14)
6. Mike Lacy, 1984..... 7-0 (2.13)
7. M. Cunningham, 1984.. 6-11 1/4 (2.11)
8. Jeffery Herron, 2010..... 6-11 (2.11)
   Peter Hlavin, 1980 ..... 6-11 (2.11)
   Brandon Oest, 2010 ..... 6-11 (2.11)
   Dan Rolling, 2008 ..... 6-11 (2.11)
   Graham Valdes, 2010 ..... 6-11 (2.11)
   Peter Andreano, 2016 ..... 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984 ..... 17-1 (5.21)
2. Dave Nielsen, 1975..... 16-10 (5.13)
3. Kyle Reid, 2013 ..... 16-6 3/4 (5.05)
   Andy Jatis, 2018..... 16-6 3/4 (5.05)
5. Curt Brock, 1979..... 16-6 (5.03)
6. Alex Zona, 2010..... 16-4 3/4 (5.00)
7. Phil Wertman, 1971 ..... 16-4 (4.98)
8. Jeff Raymond, 2008..... 16-2 (4.93)
9. John Teffer, 1972 ..... 16-1 (4.90)
10. Josh Pelock, 2017 ..... 16-0 3/4 (4.90)

Long Jump

1. Anthuan Maybank, 1992. 26-5 1/2 (8.06)
2. Bashir Yamini, 1998..... 26-0 1/4 (7.93)
3. **O'Shea Wilson, 2017.... 25-9 1/2 (7.86)**
4. Darren Smith, 1991 ..... 25-2 (7.67)
5. Paul Jones, 1990..... 24-11 1/4 (7.60)
6. Josh Larney, 2013 ..... 24-10 (7.57)
7. Ronnie McCoy, 1984..... 24-9 (7.54)
8. Matty Gorman, 2006 ..... 24-8 1/2 (7.53)
9. Charles Jones, 1980..... 24-8 1/4 (7.52)
10. Quinn Early, 1986 ..... 24-7 1/4 (7.50)

Triple Jump

1. Troy Doris, 2011 ..... 54-0 (16.46)
2. Babatunde Amosu, 2015. 52-8 3/4 (16.07)
3. Paul Jones, 1990..... 52-1 1/4 (15.88)
   Klyvens Delaunay, 2014.. 52-1 1/4 (15.88)
5. Mike Lacy, 1983 ..... 49-0 (14.93)
6. Owen Gill, 1982..... 48-10 3/4 (14.90)
7. Josh Bean, 2009 ..... 48-10 (14.88)
8. David Nsabua, 2013 ..... 48-9 (14.86)
9. Kerry Dean, Jr., 2016... 48-8 1/4 (14.84)
10. **Akash Patel, 2018 ..... 48-4 1/2 (14.73)**

Shot Put

1. **Reno Tuufuli, 2018.... 63-3 1/4 (19.28)**
2. John Hickey, 2009..... 63-0 (19.20)
3. Jeremy Allen, 2001... 62-10 1/2 (19.16)
4. Avery Meyers, 2017.... 61-4 1/4 (18.70)
5. Shane Maier, 2006..... 61-2 (18.64)
6. Gary Kostrubala, 1986. 60-10 3/4 (18.55)
7. Andy Banse, 2005..... 60-9 1/4 (18.52)
8. Ken Kemeny, 2004..... 60-0 1/2 (18.30)
9. Gabe Hull, 2014..... 59-3 (18.06)
10. Chris Gambol, 1987..... 59-0 (17.98)

Weight Throw

1. Jim Costello, 2002 ..... 69-4 3/4 (21.15)
2. Matt Banse, 2012 ..... 67-8 (20.62)
3. Arno van der Westhuizen,
   2001 ..... 67-7 1/2 (20.61)
4. Adam Hamilton, 2007 66-9 1/4 (20.35)
5. Jeremy Allen, 2001... 65-10 1/4 (20.07)
6. Chris Voller, 2005..... 63-4 (19.30)
7. Ryan Lamparek, 2012 ..... 61-2(18.62)
8. Brad Daufeldt, 2004 ... 60-4 1/2 (18.40)
9. Gabe Hull, 2014..... 59-7 (18.16)
10. Ryan Jordan, 2008 ..... 59-0 (17.98)

1,600-Meter Relay

1. Ogwo, **Hofacker, Frye, Harris**, 2017 .....3:04.94
2. **Hofacker, Frye, Garron, Harris, 2018 .....3:05.33**
3. **Thompson, Frye, Garron, Harris, 2018....3:06.06**
4. Richards, E. Holmes, Sowinski, Willey, 2011 ....3:06.66
5. Rozell, Davis, Raymond, Yamini, 1998 .....3:06.80
6. Ogwo, Mallett, **Frye, Harris,** 2017.....3:07.08
7. Wolff, Ganschow, **Lilly, Harris,** 2016 .....3:07.24
8. Coleman, Faber, Strang, Peterson, 2002 ..3:07.44
9. Wolff, B. Thompson, Ganschow, **Harris,** 2016 ..3:07.58
10. Richards, Sowinski, E. Holmes, Willey, 2011..3:07.84

3,200-Meter Relay

1. Cooke, Nie, Monsey, Chambers, 1990.....7:13.02
2. Corrigan, Blackman, Strozier, Chambers, 1989...7:29.00
3. English, Blackman, Strozier, Chambers, 1989 ...7:36.20
4. 1977 .....7:39.40
5. 1986 .....7:40.90
6. Bouske, Herd, Chambers, Koon, 1992 .....7:43.94
7. Bouska, Cook, White, Herd, 1992.....7:48.63
8. 1992 .....7:49.86
9. 1986 .....7:50.10
10. Roseman, Rerko, Novotny, Branigan, 1993..7:51.36

Distance Medley Relay

1. **Mylenek, Hofacker, Lilly, Melchert 9:33.90**
2. **Lilly, Frye, Manternach,** Jones, 2017 .....9:44.07
3. **Mylenek, Thompson, Lilly, Melchert, 2018 . 9:45.10**
4. Prom, Rickels, Sowinski, Thode, 2012 .....9:45.41
5. 1999 .....9:46.83
6. 1977 .....9:48.80
7. 1978 .....9:49.70
8. Kuczwara, Barton, Kuhlman, N. Holmes, 2010...9:51.05
9. Marchese, Varner, Hairston, Luciano, 2009...9:52.52
10. Paul, Varner, Hairston, Thode, 2010.....9:52.71

Running Events

60 Meters
School: 7.33 ..... Lake Kwaza, 2016
Facility: 7.27 ..... Consuella Moore, Penn State, 2004

60-Meter Hurdles
School: 8.21 ..... Karessa Farley, 2009
Facility: 8.24 ..... Peta-Gay Williams, Florida State, 2017

200 Meters
School: 22.79 ..... Brittany Brown, 2017
Facility: 23.44 ..... Consuella Moore, Penn State, 2004

400 Meters
School: 51.48 ..... Kineke Alexander, 2007
Facility: 54.17 ..... Shellene Williams, Iowa, 2004

600 Yards
School: 1:21.06 ..... Senta Hawkins, 1987

600 Meters
School: 1:27.45 ..... Kineke Alexander, 2008
Facility: 1:27.45 ..... Kineke Alexander, 2008

800 Meters
School: 2:03.78 ..... Bethany Praska, 2011
Facility: 2:07.99 ..... Jessica Harris, Notre Dame, 2017

1,000 Meters
School: 2:38.44 ..... Jenny Hayden, 1982

Mile
School: 4:39.78 ..... McKenzie Melander, 2011
Facility: 4:45.05 ..... Hilary Edmondson, Wisconsin, 2004

3,000 Meters
School: 9:15.57 ..... Tracy Dahl, 1993
Facility: 9:37.80 ..... Carmela Cardama Baez, Florida State, 2017

5,000 Meters
School: 15:49.52 ..... Tracy Dahl, 1993
Facility: 16:47.41 ..... Amy Legacki, Indiana, 1991

Relays

1,600-Meter
School: 3:32.93 ..... Holder, Guillory, Hernandez, Guster - 2016
Facility: 3:41.80 ..... Huber, Ray, Clausing, Maddox, Indiana - 2004

3,200-Meter
School: 8:41.38* ..... Schneckloth, Roberts, Hoskins, Kruckeberg - 1989
Facility: 8:57.61 ..... Nortz, Kluge, Yates, Bannister, Michigan - 1991

Distance Medley
School: 11:20.11 ..... Armstrong, Alexander, L. Hardesty, Nukuri - 2008
Facility: 11:33.76 ..... Parker, Simms, Hirtle, Erdman, Michigan - 2004

** - distance conversion*

Field Events

Discus
Facility: 157-4 (47.97m) ..... Dakotah Goodell, 2015

High Jump
School: 6-0 3/4 (1.85m) ..... Peaches Roach, 2005
Facility: 6-0 (1.83m) ..... Carri Long, Unattached, 2002
6-0 (1.83m) ..... Peaches Roach, Iowa, 2007

Long Jump
School: 21-0 3/4 (6.42m) ..... Jahisha Thomas, 2018
Facility: 20-1 1/2 (6.43m) ..... Samara Spencer, South Dakota, 2017

Triple Jump
School: 43-4 1/2 (13.22m) ..... Jahisha Thomas, 2018
Facility: 44-6 1/2 (13.57m) ..... Jhoanmy Lugque, 2017, Iowa State

Pole Vault
School: 12-5 1/2 (3.80m) ..... Jessie Strand, 2004
Facility: 14-5 1/4 (4.40m) ..... Emily Grove, Unattached, 2017

Shot Put
School: 54-2 (16.51m) ..... Laulauga Tausaga, 2018
Facility: 55-2 (16.81m) ..... Ja'Nai O'Conner, Penn State, 2004

Weight Throw
School: 65-8 3/4 (20.03m) ..... Laulauga Tausaga, 2018
Facility: 65-7 3/4 (20.01m) ..... Keturah Lofton, Ohio State, 2004

Pentathlon
School: 3,974 points ..... Tammilee Kerr, 2008
Facility: 4,104 points ..... Georgia Ellenwood, Wisconsin, 2017

Iowa Retired Records

55 Meters
School: 6.80 ..... Elaine Jones, 1983
Facility: 6.94 ..... Regina Frye, Indiana, 1991

55-Meter Hurdles
School: 7.91 ..... Davera Taylor, 1985
Facility: 7.75 ..... Tonja Buford, Illinois, 1991

300 Meters
School: 37.82 ..... Elaine Jones, 1984

Pentathlon
School: 4,079 points ..... Kathy Gillespie, 1982

Kineke Alexander

Meghan Armstrong

Brittany Brown

Tracy Dahl

Nicole Erickson

Karessa Farley

Ashlyn Gulvas

60 Meters

1. Lake Kwaza, 2016 ....7.33
2. **Brittany Brown, 2017 ....7.39**
3. Elaine Jones, 1983 ....7.43
4. **Kyara Avant, 2018 ....7.44**
5. Peaches Roach, 2005 ....7.45
6. Shellene Williams, 2004 ....7.50
7. **Briana Guillory, 2017 ....7.51**
8. Jiselle Providence, 2002 ....7.52
9. Rhonda-Kaye Trusty, 2010 ....7.55
   Erin Jones, 2011 ....7.55
   Raven Moore, 2013 ....7.55

60-Meter Hurdles

1. Karessa Farley, 2009 ....8.21
2. Tiffany Johnson, 2006 ....8.33
3. **Jahisha Thomas, 2017 ....8.35**
4. **Jenny Kimbro, 2018 ....8.38**
5. Paula Ruen, 1998 ....8.39
6. Heaven Chandler, 2017 ....8.44
7. Sarah Steffen, 2002 ....8.45
   Renee White, 2008 ....8.45
9. Colleen Prendergast, 2000 ....8.57
10. Tammilee Kerr, 2008 ....8.68

200 Meters

1. **Brittany Brown, 2017 ....22.79**
2. **Briana Guillory, 2018 ....23.22**
3. Kineke Alexander, 2006 ....23.49
4. Lake Kwaza, 2016 ....23.54
5. Shellene Williams, 2004 ....23.62
6. Marlene Poole, 1994 ....23.66
   Yolanda Hobbs, 1995 ....23.66
8. Erica Broomfield, 1998 ....23.81
9. Raven Moore, 2013 ....24.00
10. Erin Jones, 2011 ....24.01

400 Meters

1. Kineke Alexander, 2007 ....51.48
2. **Briana Guillory, 2018 ....51.68**
3. Elexis Guster, 2016 ....52.36
4. Ellen Grant, 1996 ....52.65
5. Shellene Williams, 2004 ....52.83
6. Alexis Hernandez, 2017 ....53.42
7. Ashley Liverpool, 2011 ....54.09
8. MonTayla Holder, 2015 ....54.32
9. **Sheridan Champe, 2018 ....54.70**
10. Tiffany Hendricks, 2011 ....55.06

600 Yards

1. Senta Hawkins, 1987 .... 1:21.06
2. Aisha Hume, 2004 .... 1:21.74
3. Kay Stormo, 1982 .... 1:22.49
4. Nicole Erickson, 2012 .... 1:22.61
5. Mahnee Watts, 2016 .... 1:22.72
6. Bethany Praska, 2009 .... 1:23.12
7. Hannah Simonson, 2012 .... 1:23.18
8. Chris Davenport, 1982 .... 1:24.14
9. Kaitlyn Nelson, 2015 .... 1:24.52
10. Sophia Poncè, 2017 .... 1:24.55

600 Meters

1. Kineke Alexander, 2008 .... 1:27.45
2. Bethany Praska, 2011 .... 1:28.14
3. MonTayla Holder, 2016 .... 1:29.35
4. Mahnee Watts, 2016 .... 1:30.41
5. Senta Hawkins, 1987 .... 1:30.77
6. **Mallory King, 2018 .... 1:31.25**
7. Kaitlyn Nelson, 2013 .... 1:31.44
8. Karen Layne, 1990 .... 1:31.45
9. Nicole Erickson, 2012 .... 1:31.71
10. Elexis Guster, 2016 .... 1:32.04

800 Meters

1. Bethany Praska, 2011 .... 2:05.01
2. Jeanne Kruckeberg, 1989 .... 2:06.38
3. Michelle Lahann, 2004 .... 2:06.83
4. Katharina Trost, 2014 .... 2:07.38
5. Mahnee Watts, 2014 .... 2:08.79
6. Adrianne Alexia, 2013 .... 2:08.95
7. Briana Benning, 1996 .... 2:09.22
8. Kaitlyn Nelson, 2013 .... 2:09.58
9. MonTayla Holder, 2015 .... 2:10.34
10. Kay Stormo, 1981 .... 2:11.04

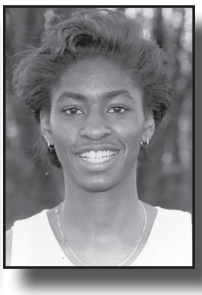
Mile

1. McKenzie Melander, 2011 .... 4:39.78
2. Jeanne Kruckeberg, 1989 .... 4:40.19
3. Meghan Armstrong, 2006 .... 4:40.59
4. Lauren Hardesty, 2011 .... 4:41.01
5. Tina Stec, 1994 .... 4:42.63
6. Betsy Flood, 2010 .... 4:42.70
7. Penny O'Brien, 1981 .... 4:43.72
8. Diane Nukuri, 2007 .... 4:46.25
9. Michelle Lahann, 2004 .... 4:47.23
10. Amanda Hardesty, 2011 .... 4:48.69

3,000 Meters

1. Tracy Dahl, 1993 .... 9:15.57
2. Meghan Armstrong, 2008 .... 9:17.50
3. Diane Nukuri, 2008 .... 9:20.07
4. Betsy Flood, 2011 .... 9:20.09
5. Nan Doak, 1982 .... 9:21.60
6. Jenny Spangler, 1986 .... 9:22.41
7. Mareike Schrulle, 2012 .... 9:23.97
8. Brooke Eilers, 2012 .... 9:27.92
9. McKenzie Melander, 2012 .... 9:29.71
10. Krista Anderson, 2006 .... 9:29.75

Lauren Hardesty


Senta Hawkins

Tiffany Hendricks

Tammilee Kerr

Lake Kwaza

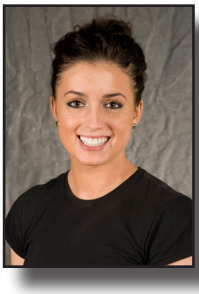
Ashley Liverpool

McKenzie Melander

All-Time Top Ten Performers
Women's Indoor

Zinnia Miller

Diane Nukuri


Bethany Praska

Peaches Roach

Gail Smith

Jessie Strand

Renee White

5,000 Meters

1. Tracy Dahl, 1993 ..... 15:49.52
2. Nan Doak, 1985 ..... 15:55.45
3. Racheal Marchand, 2009..... 15.55.70
4. Diane Nukuri, 2008..... 16:01.36
5. Jenny Spangler, 1982 ..... 16:08.74
6. Judy Parker, 1981..... 16:16.63
7. Betsy Flood, 2011 ..... 16:20.67
8. **Andrea Shine, 2018..... 16:21.53**
9. Jennifer Brower, 1992..... 16:22.19
10. Nikki Chapple, 2004..... 16:27.04

High Jump

1. Peaches Roach, 2005..... 6-0 3/4 (1.85)
2. Mary Mol, 1983 .....6-0 (1.83)
3. Khanishah Williams, 2013 .....5-11 1/4 (1.81)
4. Becky Kaza, 1995 ..... 5-9 3/4 (1.77)
5. Caleigh Bacchus, 2010..... 5-9 1/4 (1.76)
6. **Gillian Urycki, 2018.....5-8 3/4 (1.75)**
7. Kristi Dinkla, 1985 ..... 5-8 1/2 (1.74)
   Kacey Childs, 2001..... 5-8 1/2 (1.74)
   Aubrianna Lantrip, 2018 ....5-8 1/2 (1.74)
10. Traci Claussen, 1987 .....5-8 (1.73)

Pole Vault

1. Jessie Strand, 2004 ..... 12-5 1/2 (3.80)
2. Amy Smith, 2017 ..... 11-11 3/4 (3.65)
3. Sarah Burgett, 2007.....11-10 (3.61)
4. Kirsten Weismantle, 2011 . 11-5 3/4 (3.50)
5. Brittany Holst, 2013..... 11-3 3/4 (3.45)
6. Katie Truedson, 2010..... 10-11 3/4 (3.35)
7. Gina Shannon, 2001 .....10-6 (3.20)
8. Kacey Childs, 2001.....9-0 (2.75)
9. Amy Kasparbauer, 2000.....8-0 (2.44)

Long Jump

1. Jahisha Thomas, 2018 ..... 21-0 3/4 (6.42)
2. Zinnia Miller, 2014 ..... 20-4 1/4 (6.20)
3. Carisa Leacock, 2014 ..... 19-9 1/2 (6.03)
4. Lisa Moats, 1986.....19-6 (5.95)
5. Kassidy Ellis, 2015 ..... 19-5 1/2 (5.93)
6. **Jenny Kimbro, 2017 .....19-3 1/2 (5.88)**
7. **Tria Seawater-Simmons, 2018 19-2 (5.84)**
8. Renee White, 2006..... 19-3 1/4 (5.87)
9. Tiffany Johnson, 2007..... 19-2 1/2 (5.85)
10. Davera Taylor, 1984 ..... 19-1 1/2 (5.83)

Triple Jump

1. Jahisha Thomas, 2018 ..... 43-4 1/2 (13.22)
2. Renee White, 2008.....42-4 (12.90)
3. **Tria Simmons, 2017 .....42-1 1/4 (12.83)**
4. Tiffany Johnson, 2007..... 41-3 3/4 (12.59)
5. Zinnia Miller, 2014 ..... 41-2 1/2 (12.56)
6. Carisa Leacock, 2012 ..... 40-5 1/2 (12.33)
7. **Allison Wahrman, 2017..... 39-10 (12.14)**
8. Becki Borg, 1987.....39-6 (12.04)
9. **Hannah Schlib, 2017 .....39-5 3/4 (12.03)**
10. Lynn McMillan, 1988 .....38-2 (11.63)

Shot Put

1. **Laulauga Tausaga, 2018 .....54-2 (16.51)**
2. **Nia Britt, 2018 .....51-10 1/2 (15.81)**
3. Gail Smith, 1985 .....51-0 (15.54)
4. Lisa Van Steenwyk, 1993 . 50-5 1/4 (15.37)
5. Kamesha Marshall, 2005 . 49-2 1/4 (14.99)
6. Denise Taylor, 1992 .....48-9 (14.86)
7. **Erika Hammond, 2017 ....48-8 1/4 (14.84)**
8. Rachel Curry, 2013 ..... 48-2 1/2(14.69)
9. Megan Maurer, 1995..... 47-5 3/4 (14.47)
10. Laura Kriener, 1990 .....47-5 (14.45)
    Courtney Fritz, 2014.....47-5 (14.45)

Weight Throw

1. **Laulauga Tausaga, 2018 ..65-8 3/4 (20.03)**
2. Ashlyn Gulvas, 2013 .....63-6 (19.35)
3. Jasmine Simpson, 2013 ... 62-6 1/2 (19.06)
4. Annemie Smith, 2014.....61-4 (18.69)
5. Kelsey Taylor, 2011 ..... 60-4 1/2 (18.40)
6. Majesty Tutson, 2011.....58-4 (17.78)
7. Becca Franklin, 2007 ..... 58-3 1/4 (17.76)
8. **Nia Britt, 2018 .....56-5 3/4 (17.21)**
9. Chelsea Colpitts, 2013.....56-4 (17.17)
10. Erin O'Hern, 2008.....56-3 (17.14)

Pentathlon

1. Tammilee Kerr, 2008.....3,974 points
2. **Jenny Kimbro, 2018 ..... 3,930 points**
3. **Tria Simmons, 2018 ..... 3,859 points**
4. Chris Davenport, 1983.....3,798 points
5. Kamesha Marshall, 2005 .....3,701 points
6. Tiff Pedersen, 2004.....3,511 points
7. Sarah Ryan, 2013..... 3,472 points
8. Maureen Abel, 1979..... 3,427 points
9. Allison Wahrman, 2017 ..... 3,421 points
10. Zinnia Miller, 2012.....3,416 points

Distance Medley Relay

1. Armstrong, Alexander, L. Hardesty, Nukuri, 2008..... 11:20.11
2. Melander, Hendricks, L. Hardesty, Eilers, 2011 ..... 11:22.44
3. Stormo, Davenport, Williams, O'Brien, 1981 ..... 11:23.02
4. Melander, Praska, Hendricks, Flood, 2011 ..... 11:24.47
5. Flood, Hendricks, L. Hardesty, Melander, 2010 ..... 11:25.01
6. Melander, Hendricks, Flood, Marchand, 2009 ..... 11:27.34
7. Benning, Poole, Salsberry, Stec, 1994 ..... 11:28.03
8. Stormo, Davenport, Hayden, Doak, 1982..... 11:29.54
   Armstrong, Granger, Stanley, K. Anderson, 2006 ..... 11:29.54
10. Lahann, Williams, Stanley, Arens 11:30.36

1,600-Meter Relay

1. Holder, **Guillory,** Hernandez, Guster, 2016 .....3:32.93
2. Champe, **Guillory,** Brown, Plock, 2018 .....3:33.19
3. Sharpe, **Guillory,** Brown, Champe, 2018 **..... 3:34.34**
4. Holder, Guster, Hernandez, **Guillory,** 2016 .....3:36.47
5. Liverpool, Hendricks, Praska, Erickson, 2011 .....3:36.97
6. Holder, Hernandez, Guster, **Guillory,** 2016 .....3:36.99
7. Hernandez, Holder, Guster, Watts, 2014 .....3:37.16
8. Liverpool, Hendricks, Erickson, Praska, 2011 .....3:37.58
9. Kwaza, Guster, Holder, Watts, 2015 ..... 3:37.84
10. Kwaza, Holder, Watts, Guster, 2015 ..... 3:38.56
    Buss, Guillory, Champe, Hernandez, 2017 **.....3:38.56**

Running Events

100 Meters
School: 10.21 ..... Justin Austin, 2011
Facility: 10.18 ..... Shane Crawford, Purdue, 2011

110-Meter Hurdles
School: 13.24 ..... Aaron Mallett, 2017
Facility: 13.49 ..... Andrew Riley, Illinois, 2011

200 Meters
School: 20.31 ..... Justin Austin, 2011
Facility: 20.46 ..... Justin Austin, 2011

400 Meters
School: 44.94 ..... Mar'yea Harris, 2018
Facility: 44.87 ..... Andrew Pierce, Ohio State, 2000

400-Meter Hurdles
School: 48.83 ..... Pat McGhee, 1989
Facility: 48.94 ..... Joey Woody, Unattached, 2004

800 Meters
School: 1:45.90 ..... Erik Sowinski, 2012
Facility: 1:47.59 ..... Edward Kemboi, Unattached, 2012

1,500 Meters
School: 3:43.02 ..... Jeff Thode, 2010
Facility: 3:44.51 ..... Jeff Thode, Iowa, 2011

3,000-Meter Steeplechase
School: 8:47.4 ..... Deacon Jones, 1956
Facility: 8:38.07 ..... Charles Marsala, Indiana, 1987

5,000 Meters
School: 13:49.31 .... Micah VanDenend, 2007
Facility: 13:47.39 .... Scott Fry, Wisconsin, 1987

10,000 Meters
School: 28:44.47 .... Stetson Steele, 2000
Facility: 29:04.79 .... Hassan Mead, Minnesota, 2011

Relays

400-Meter
School: 39.11 ..... Brissett, Wilson, Thompson, Mallett- 2017
Facility: 39.64 ..... Herring, Bennett, Nelson, Tucker, Wisconsin - 2000

800-Meter
School: 1:23.36 ..... Thompson, Brissett, Harrington, Ganschow-2016

1,600-Meter
School: 3:02.57 ..... Frye, Ogwo, Hofacker, Harris - 2017
Facility: 3:05.56 ..... Olson, Homewood, Rock, Woody, Unattached - 2007

Sprint Medley
School: 3:15.64 ..... McCorkle, Jones, Chung, Strozier - 1990

3,200-Meter
School: 7:18.60 ..... Schum, Christensen, Steffen, Criswell - 1971

Distance Medley
School: 9:39.94 ..... Pershing, Moeller, Slack, Docherty - 1978

6,400-Meter
School: 16:27.70 .... Pershing, Fuller, Moeller, Docherty - 1978

Field Events

High Jump
School: 7-4 1/4 (2.24 m) ..... Jeffery Herron, 2012
Facility: 7-3 3/4 (2.23 m) ..... Jon Baer, Wisconsin, 1987

Long Jump
School: 27-1 (8.25 m) ..... Anthuan Maybank, 1993
27-6 3/4 (8.40 m)^ ..... Anthuan Maybank, 1993
Facility: 26-2 1/4 (7.98 m) ..... Bashir Yamini, Iowa, 1997

Triple Jump
School: 54-8 (16.66 m) ..... Troy Doris, 2012
Facility: 55-2 (16.81 m) ..... Greg Yeldell, Indiana, 2000

Pole Vault
School: 17-0 (5.18 m) ..... Todd Wigginton, 1984
Facility: 17-6 3/4 (5.35 m) ..... Jacob Pauli, 2010

Shot Put
School: 63-2 3/4 (19.27 m) ..... Jeremy Allen, 2001
Facility: 70-4 1/2 (21.45 m) ..... Christian Cantwell, Missouri, 2002

Discus
School: 207-1 (63.11 m) ..... Gabe Hull, 2014
Facility: 207-1 (63.11 m) ..... Gabe Hull, Iowa, 2014

Hammer
School: 222-11 (67.94 m) ..... Arno van der Westhuizen, 2001
Facility: 219-9 (66.98 m) ..... A.G. Kruger, Unattached, 2003

Javelin
School: 245-8 (74.89 m) ..... Matt Byers, 2011
Facility: 238-3 (72.62 m) ..... Bill Neumann, Iowa, 2003

Decathlon
School: 7,471 points ..... William Dougherty, 2017
Facility: 7,208 points ..... Heath Nickles, Ohio State, 2011

^ -- wind-aided

Big Ten Conference Men's Records

Long Jump
All-Time Best: 27-0 3/4 (8.25 m).. Anthuan Maybank, 1993
Meet:..... 26-8 1/4 (8.13 m).. Bashir Yamini, 1997*

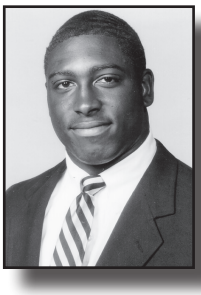
330-yard Hurdles (Retired)
Meet:..... 36.1 ..... Jon Reimer, 1965

Iowa Men's Retired Records

Mile
School..... 4:01.11 ..... John Clark, 1973

Javelin
School:..... 219 7 3/8..... Mark Panther, 1934

Decathlon
School:..... 6,860 points ..... Mike Lacy, 1984


Jeremy Allen

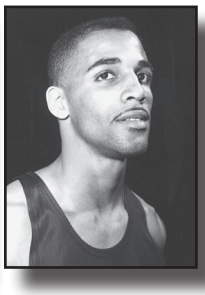
Justin Austin

Matt Byers

Troy Doris

Jeffery Herron

Gabe Hull


Deacon Jones

100 Meters

1. Justin Austin, 2011 ..... 10.21
2. O'Shea Wilson, 2017 ..... 10.22
3. George Page, 1996 ..... 10.25
4. James Harrington, 2015 ..... 10.26
5. Anthuan Maybank, 1994 ..... 10.31
   Tim Dwight, 1997 ..... 10.31
   Josh Larney, 2013 ..... 10.31
   Vinnie Saucer, Jr., 2015 ..... 10.31
9. **Antonio Woodard, 2018 ..... 10.34**
10. Bob Lawson, 1976 ..... 10.36

110-Meter High Hurdles

1. Aaron Mallett, 2017 ..... 13.24
2. Pat McGhee, 1989 ..... 13.50
3. Dion Trowers, 1996 ..... 13.62
4. Ronnie McCoy, 1985 ..... 13.66
5. Ethan Holmes, 2011 ..... 13.73
6. Jordan Mullen, 2013 ..... 13.76
   Chris Douglas, 2018 ..... 13.76
8. James Armstrong, 1991 ..... 13.89
9. Dan Davis, 2012 ..... 14.01
10. Doug Jones, 1986 ..... 14.06

200 Meters

1. Justin Austin, 2011 ..... 20.31
2. Jeff Patrick, 1983 ..... 20.47
3. James Harrington, 2015 ..... 20.50
4. Anthuan Maybank, 1994 ..... 20.55
5. Victor Green, 1984 ..... 20.60
6. **Antoino Woodard, 2018 ..... 20.61**
7. Andre Morris, 1995 ..... 20.64
8. George Page, 1996 ..... 20.67
9. Terrence Duckett, 1982 ..... 20.74
10. Christian Brissett, 2017 ..... 20.75

400 Meters

1. **Mar'yea Harris, 2018 ..... 44.94**
2. Anthuan Maybank, 1993 ..... 44.99
3. Andre Morris, 1995 ..... 45.15
4. Mike Mondane, 1967 ..... 45.20
5. Steven Willey, 2010 ..... 45.78
6. Emmanuel Ogwo, 2017 ..... 46.10
7. **DeJuan Frye, 2017 ..... 46.17**
8. Gary Hollingsworth, 1963 ..... 46.30
9. Harold Leonard, 1986 ..... 46.45
10. **Collin Hofacker, 2017 ..... 46.50**

400-Meter Hurdles

1. Pat McGhee, 1988 ..... 48.83
2. Monte Raymond, 1998 ..... 50.09
3. Ray Varner, 2010 ..... 50.24
4. **Chris Douglas, 2018 ..... 50.44**
5. Paul Steele, 1989 ..... 50.45
6. Russell Peterson, 2001 ..... 50.50
7. Ethan Holmes, 2013 ..... 50.51
8. Adam Kunkel, 2001 ..... 50.73
9. Jon Reimer, 1967 ..... 50.94
   Noah Larrison, 2016 ..... 50.94

800 Meters

1. Erik Sowinski, 2012 ..... 1:45.90
2. **Carter Lilly, 2016 ..... 1:47.32**
3. Bill Frazier, 1962 ..... 1:47.64
4. D'Juan Strozier, 1990 ..... 1:47.82
5. Adam Hairston, 2011 ..... 1:48.10
6. Will Teubel, 2015 ..... 1:48.60
7. **Matt Manternach, 2018 ..... 1:48.63**
8. Michael Layne, 1999 ..... 1:49.61
9. **Tysen VanDraska, 2018 ..... 1:49.65**
10. Bill Thiesen, 1985 ..... 1:49.74

1,500 Meters

1. Jeff Thode, 2010 ..... 3:43.02
2. Joel Moeller, 1978 ..... 3:44.01
3. Jim Docherty, 1978 ..... 3:44.30
4. Sam Fourman, 2015 ..... 3:44.50
5. **Michael Melchert, 2018 ..... 3:44.59**
6. Adam Jones, 2017 ..... 3:45.48
7. Dan Waters, 1986 ..... 3:46.35
8. Kevin Herd, 1994 ..... 3:46.64
9. John Clark, 1977 ..... 3:46.84
10. **Nathan Mylenek, 2017 ..... 3:47.87**

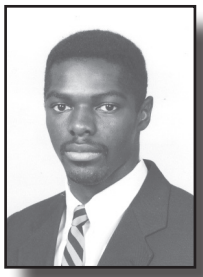
3,000-Meter Steeplechase

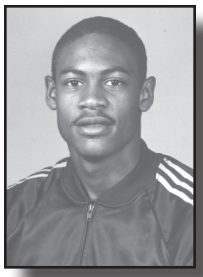
1. Deacon Jones, 1956 ..... 8:47.40
2. **Nathan Mylenek, 2018 ..... 8:48.66**
3. Steve Pershing, 1978 ..... 8:54.59
4. Andy Morris, 2000 ..... 8:56.21
5. Matt Gerard, 1994 ..... 8:57.01
6. Andy Napier, 2008 ..... 8:57.54
7. Rollie Kitt, 1967 ..... 9:02.90
8. Al Greene, 1985 ..... 9:02.96
9. Tony Rakaric, 2005 ..... 9:03.29
10. Mark Battista, 2010 ..... 9:04.60

5,000 Meters

1. Micah VanDenend, 2007 ..... 13:49.31
2. Larry Wieczorek, 1968 ..... 13:56.00
3. Kevin Herd, 1993 ..... 13:59.00
4. Stetson Steele, 2000 ..... 14:02.76
5. Kevin Lewis, 2014 ..... 14:02.78
6. Eric MacTaggart, 2005 ..... 14:04.79
7. Dan Haut, 2006 ..... 14:07.30
8. Jesse Luciano, 2010 ..... 14:08.71
9. **Nathan Mylenek, 2018 ..... 14:09.43**
10. Adam Jones, 2017 ..... 14:11.52

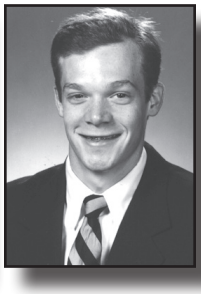
Aaron Mallett


Anthuan Maybank


Pat McGhee

Kyle Reid

Erik Sowinski


Stetson Steele

Jeff Thode

Micah VanDenend

Todd Wigginton

Arno van der Westhuizen

10,000 Meters

1. Stetson Steele, 2000 ..... 28:44.47
2. Eric MacTaggart, 2006 ..... 28:50.23
3. Kevin Lewis, 2015 ..... 28:59.62
4. **Dan Soto, 2018 ..... 29:39.35**
5. Nick Nordheim, 2002 ..... 29:44.71
6. Trent Corey, 2002 ..... 29:45.25
7. **Ian Eklin, 2017 ..... 29:47.06**
8. Chad Schwitters, 1999 ..... 29:56.00
9. **Luke Sampson, 2018 ..... 29:58.47**
10. Nick Holmes, 2010 ..... 30:02.31

Decathlon

1. William Dougherty, 2018 ..... 7,673 pts
2. Kyle Reid, 2013 ..... 7,203 pts
3. Jack Eckert, 2015 ..... 7,087 pts
4. Dan Rolling, 2010 ..... 6,957 pts
5. Scott Faber, 2000 ..... 6,839 pts
6. Ryan Niver, 2008 ..... 6,837 pts
7. Chad Ohly, 1994 ..... 6,641 pts
8. Gary Kostrubala, 1984 ..... 6,498 pts
9. Frank Prill, 2008 ..... 6,381 pts
10. Jacob Drewry, 1994 ..... 5,820 pts

High Jump

1. Jeffery Herron, 2012 ..... 7-4 1/4 (2.24)
2. Bill Hansen, 1978 ..... 7-4 (2.23)
   Bill Knoedel, 1975 ..... 7-4 (2.23)
4. Kevin Spejcher, 2014 ..... 7-2 1/2 (2.20)
5. M. Cunningham, 1986 ..... 7-1 (2.16)
   Kenneth Lansing, 1988 ..... 7-1 (2.16)
7. Pat Meade, 1987 ..... 7-0 1/4 (2.14)
8. Graham Valdes, 2012 ..... 6-11 3/4 (2.12)
9. Peter Hlavin, 1979 ..... 6-11 (2.11)
   Scott Hudek, 1993 ..... 6-11 (2.11)
   Jeremy Petsche, 2008 ..... 6-11 (2.11)
   Brandon Oest, 2012 ..... 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984 ..... 17-0 (5.18)
2. Chad Ohly, 1994 ..... 16-8 3/4 (5.10)
   Kyle Reid, 2013 ..... 16-8 3/4 (5.10)
4. Curt Broek, 1978 ..... 16-8 (5.08)
5. **Andy Jatis, 2017 ..... 16-7 1/2 (5.07)**
6. Phil Wertman, 1971 ..... 16-7 (5.05)
   Kelly Scott, 1988 ..... 16-7 (5.05)
8. John Teffer, 1972 ..... 16-2 (4.93)
9. Alex Zona, 2009 ..... 16-0 3/4 (4.90)
10. Steve Brewer, 1983 ..... 16-0 (4.88)
    Doug Pennino, 1985 ..... 16-0 (4.88)

Long Jump

1. Anthuan Maybank, 1993 ..... 27-1 (8.25)
2. Bashir Yamini, 1997 ..... 26-8 1/4 (8.13)
3. Paul Jones, 1989 ..... 25-10 1/4 (7.88)
4. Darren Smith, 1991 ..... 25-9 3/4 (7.86)
5. Quinn Early, 1986 ..... 25-7 1/4 (7.80)
6. O'Shea Wilson, 2017 ..... 25-5 1/4 (7.75)
7. Ed Gordon, 1931 ..... 25-4 3/8 (7.68)
8. Matty Gorman, 2006 ..... 25-1 1/4 (7.65)
9. Ronnie McCoy, 1985 ..... 25-0 (7.62)
10. Antwon James, 2017 ..... 24-11 (7.59)

Triple Jump

1. Troy Doris, 2012 ..... 54-8 (16.66)
2. Babatunde Amosu, 2015 ..... 53-10 (16.15)
3. Paul Jones, 1990 ..... 53-9 (16.38)
4. Antwon James, 2017 ..... 52-4 1/2 (15.96)
5. Klyvens Delaunay, 2013 ... 52-2 1/2 (15.91)
6. Gordon Finch, 1988 ..... 50-9 1/4 (15.47)
7. Mike Lacy, 1984 ..... 50-5 (15.36)
8. Pat Miller, 1985 ..... 49-8 1/2 (15.25)
9. Matty Gorman, 2008 ..... 49-2 1/2 (15.00)
10. Owen Gill, 1982 ..... 49-1 (14.96)

Shot Put

1. Jeremy Allen, 2001 ..... 63-2 3/4 (19.27)
2. **Reno Tuufuli, 2018 ..... 62-10 3/4 (19.17)**
3. Ken Kemeny, 2005 ..... 62-3 (18.97)
4. Shane Maier, 2006 ..... 62-2 1/4 (18.95)
5. Andy Banse, 2005 ..... 61-11 1/2 (18.88)
6. John Hickey, 2008 ..... 61-9 1/2 (18.83)
7. Avery Meyers, 2017 ..... 60-4 (18.39)
8. Chris Gambol, 1987 ..... 60-0 1/2 (18.30)
9. A.J. Curtis, 2008 ..... 59-8 1/4 (18.19)
10. Gabe Hull, 2014 ..... 59-4 1/4 (18.09)

Discus

1. Gabe Hull, 2014 ..... 207-1 (63.11)
2. **Reno Tuufuli, 2017 ..... 203-7 (62.06)**
3. A.J. Curtis, 2007 ..... 202-11 (61.84)
4. Gary Kostrubala, 1986 ..... 202-4 (61.68)
5. Jeremy Allen, 2001 ..... 195-4 (59.54)
6. Tim Brodersen, 2005 ..... 193-6 (58.98)
7. Avery Meyers, 2017 ..... 185-8 (56.61m)
8. Brad Daufeldt, 2004 ..... 185-0 (56.40)
9. Nick Brayton, 2009 ..... 180-11 (55.15)
10. Andy Banse, 2005 ..... 180-0 (54.86)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007 ..... 222-2 (67.73)
3. Jim Costello, 2002 ..... 217-7 (66.32)
4. Brad Daufeldt, 2004 ..... 207-10 (63.34)
5. Chris Voller, 2005 ..... 206-0 (62.80)
6. Matt Banse, 2012 ..... 201-11 (61.55)
7. Jeremy Allen, 2001 ..... 199-0 (60.66)
8. Ben Stancombe, 2011 ..... 197-6 (60.20)
9. Ryan Jordan, 2007 ..... 184-6 (56.23)
   Mark Shapveld, 2009 ..... 184-6 (56.23

Javelin

1. Matt Byers, 2011 ..... 245-8 (74.89)
2. Bill Neumann, 2002 ..... 244-8 (74.58)
3. Dan Ralph, 2000 ..... 227-10 (69.44)
4. Sam Joens, 2015 ..... 211-5 3/4 (64.45)
5. Zach Schimp, 2010 ..... 211-0 (64.32)
6. **Alex Balke, 2016 ..... 205-11 (62.77)**
7. Kale Katt, 2007 ..... 204-0 (62.17)
8. Joel Storm, 2004 ..... 203-5 (62.01)
9. Matt Stank, 2001 ..... 199-0 (60.66)
10. Jack Eckert, 2015 ..... 188-9 (57.53)

400-Meter Relay

1. Brissett, Wilson, Thompson, Mallett, 2017 ..... 39.12
2. Mincy, Wilson, Harrington, Brown, 2014 ..... 39.19
3. Mincy, Austin, E. Holmes, Larney, 2013 ..... 39.31
4. Saucer, Jr., Brissett, Harrington, Mallett, 2016 ..... 39.44
5. Brissett, Wilson, **Woodard,** Mallett, 2017 ..... 39.46
6. Beecham, Duckett, Greer, R. Smith, 1984 ..... 39.48
7. Mallett, Wilson, Ogwo**, Harris,** 2017 ..... 39.49
8. Brissett, **Harris,** Harrington, Mallett, 2016 ..... 39.53
9. Brissett, Wilson, Ogwo, **Harris,** 2017 ..... 39.59
10. Mullen, Austin, E. Holmes, Larney, 2013 ..... 39.66
    Saucer, Jr., Thompson, Harrington, Mallett, 2015 ..... 39.66

Shuttle Hurdle Relay

1. McGhee, Armstrong, Falls, Stelle, 1989 ..... 57.80
2. Wigginton, Jones, Lacey, McCoy, 1985 ..... 59.77
3. 1975 ..... 1:05.20

800-Meter Relay

1. James, Mallett, **Harris,** B. Thompson, 2017 ..... 1:23.02
2. B. Thompson, Brissett, Harrington, Ganschow, 2016 ..... 1:23.36
3. B. Thompson, Ganschow, **Frye, Hofacker,** 2017 ..... 1:23.73
4. Richardson, Sayon, Richards, Chaney, Jr., 2009 ..... 1:24.85
5. Harrington, VanCleave, Wilson, Mallett, 2014 ..... 1:24.86
6. Austin, Brown, Larney, VanCleave, 2013 ..... 1:25.60
7. Wilson, **Sorrells, Douglas, Williams, 2018 ..... 1:25.87**
8. Barclay, McCalister, Jensen, Elliott, 1979 ..... 1:26.39
9. Thomas, Balkrishnan, Patterson, Freidrich 1991 ..... 1:28.38
10. Balkrishnan, Patterson, Thomas, Freidrich, 1991 ..... 1:29.04

1,600-Meter Relay

1. **Frye, Harris, Hofacker,** Ogwo, 2017 ..... **3:01.91**
2. Morris, Davis, Page, Rozell, 1995 ..... 3:03.11
3. Branch, Dwight, Dodge, Yamini, 1999 ..... 3:03.29
4. **Frye, Woodard, Hofacker, Harris, 2018 ..... 3:03.69**
5. Ogwo, **Harris, Hofacker, Lilly,** 2017 ..... 3:03.78
6. Ferree, Frazier, Mondane, Reimer, 1967 ..... 3:04.10
7. Rozell, Morris, Davis, Yamini, 1996 ..... 3:04.71
8. Willey, Barton, Richards, Sowinski, 2010 ..... 3:05.61
9. Wolff**, Harris, Lilly, Frye,** 2016 **..... 3:05.72**
10. Richards, Davey, E. Holmes, Sowsinski, 2012 ..... 3:05.77

Sprint Medley Relay

1. McCorkle, Jones, Chung, Strozier, 1990 ..... 3:15.64
2. Sayon, Austin, Willey, Sowinski, 2011 ..... 3:16.18
3. Richards, Larney, Davey, Sowinski, 2012 ..... 3:17.25
4. Richardson, Richards, Willey, Sowinski, 2010 ..... 3:17.74
5. **Woodard, Hofacker, Manternach, Melchert, 2018 ..... 3:18.11**
6. Saucer, Jr., Brissett, **Harris, Lilly,** 2016 ..... 3:18.53
7. **Hofacker, Woodard, Harris, Lilly,** 2017 ..... 3:18.73
8. Armstrong, Thomas, Maybank, Strozier, 1991 ..... 3:18.93
9. Yamini, Davis, Dodge, Donovan, 1999 ..... 3:19.87
10. Richards, Chaney, Jr., Barton, Hairston, 2009 ..... 3:20.05

3,200-Meter Relay

1. Schum, Christensen, Steffen, Criswell, 1971 ..... 7:18.60
2. Hairston, Prom, Thode, Sowinski, 2011 ..... 7:23.77
3. **Manternach, VanDraska,** W. Teubel, **Lilly,** 2017 ..... 7:24.77
4. **Melchert, Manternach, Hofacker, Harris, 2018 ..... 7:28.37**
5. Corrigan, Blackman, Strozier, Chambers, 1989 ..... 7:29.00
6. **Melchert,** Dorman**, Lilly, Larrison,** 2016 ..... 7:30.32
7. **N. Teubel, Manternach,** Chaidez, W. Teubel, 2017 ..... 7:30.74
8. **Lilly,** Dorman, W. Teubel, Davey, 2015 ..... 7:31.48
9. Willey, Braff, Sowinski, Hairston, 2009 ..... 7:33.08
10. Tweedy, Gajewski, Linden, O'Hollearn, 2005 ..... 7:33.12

Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 ..... 9:39.94
2. Kuczwara, Barton, Hairston, Thode, 2011 ..... 9:41.37
3. N. Holmes, VanCleave, Sowinski, Thode, 2012 ..... 9:41.59
4. Young, Barton, Kuczwara, Luciano, 2010 ..... 9:42.97
5. **Mylenek, Thompson, Manternach, Melchert, 2018 ..... 9:50.70**
6. Prom, Davey, Weir, Witt, 2013 ..... 9:53.83
7. Theisen, Williams, Wiesa, Waters, 1985 ..... 9:54.04
8. Wilfong, Slaymaker, W. Teubel, Witt, 2013 ..... 9:54.05
9. Luciano, Pierre, Hairston, VanDenend, 2007 ..... 9:54.07
10. VanDenend, Riley, O'Hollearn, Rakaric, 2006 ..... 9:54.97

6,400-Meter Relay

1. Pershing, Fuller, Moeller, Docherty, 1978 ..... 16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006 ..... 16:55.43
3. Lewis, Witt, Hart, Fourman, 2015 ..... 16:58.44
4. Price**, Eklin,** Gardarsson, Docherty, 2016 ..... 17:00.30
5. Paul, Kadlec, Thode, Luciano, 2010 ..... 17:01.46
6. Witt, Lewis, Hart, Butler, 2014 ..... 17:01.65
7. N. Holmes, Witt, Thode, Lewis, 2012 ..... 17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003 ..... 17:06.27
9. Pittman, Novotny, Feeldy, Marquardt, 1995 ..... 17:12.49
10. Bakker, Feeldy, Peters, Pittman, 1996 ..... 17:13.10

Running Events

100 Meters
School: 11.28 ..... Brittany Brown, 2018
Facility: 11.29 ..... Christina Manning, Ohio State, 2011

100-Meter Hurdles
School: 13.20 ..... Tiffany Johnson, 2007
Facility: 12.86 ..... Christina Manning, Ohio State, 2011

200 Meters
School: 22.30 ..... Brittany Brown, 2017
Facility: 23.22 ..... Madison Mcnary, Ohio State, 2011

400 Meters
School: 51.35 ..... Kineke Alexander, 2006
Facility: 52.73 ..... Adriane Diamond, Indiana, 1987

400-Meter Hurdles
School: 56.16 ..... Mary Knoblauch, 1981
Facility: 57.35 ..... Megan Duncan, Penn State, 2011

800 Meters
School: 2:03.78 ..... Bethany Praska, 2011
Facility: 2:05.63 ..... Bethany Praska, Iowa, 2011

1,500 Meters
School: 4:17.41 ..... Meghan Armstrong, 2006
Facility: 4:10.93 ..... Suzy Favor, Wisconsin, 1987

3,000 Meters
School: 9:18.82 ..... Diane Nukuri, 2008
Facility: 9:15.83 ..... Colette Gudreau, Indiana, 1987

3,000-Meter Steeplechase
School: 10:23.15 ..... Marta Bote Gonzalez, 2015
Facility: 10:15.05 ..... Sarah Pease, 2011

5,000 Meters
School: 15:45.84 ..... Nan Doak, 1985
Facility: 16:09.10 ..... Emily MacLeod, Michigan State, 2011

10,000 Meters
School: 33:17.01 ..... Diane Nukuri, 2008
Facility: 35:02.33 ..... Kara Millhouse, Penn State, 2011

Marathon
School: 2:33:51 ..... Jenny Spangler, 1983

Big Ten Conference Women's Records

Triple Jump
Meet: ..... 43-10 3/4 (13.38 m) ..... Renee White, 2010

Iowa Women's Retired Records

Heptathlon
School: ..... 5,448 points ..... Kathy Gillespie, 1983

Relays

400-Meter
School: 44.04 ..... Kwaza, Guster, Guillory, Hernandez, 2016
Facility: 43.94 ..... Wright, Mcnary, Sykes, Manning, 2011

Shuttle Hurdle
School: 56.44 ..... Prendergast, Cole, Raheem, Ruen, 1998

800-Meter
School: 1:35.36 ..... Chapman, Guillory, Hernandez, Brown, 2017

800-Meter Medley
School: 1:42.70 ..... Taylor, Vesely, Powell, Hawkins, 1998

1,600-Meter
School: 3:30.97 ..... Hernandez, Guillory, Holder, Guster 2016
Facility: 3:36.51 ..... Praska, Hendricks, Erickson, Liverpool, 2011

Sprint Medley
School: 3:48.63 ..... Jones, Hendricks, Liverpool, Praska, 2011

3,200 Meter
School: 8:46.45 ..... Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987

Distance Medley
School: 11:22.18 ..... Hoskins, Powell, Schneckloth, Kruckeberg, 1989

6,400-Meter
School: 19:05.63 ..... Flood, Melander, A. Hardesty, L. Hardesty, 2010

Field Events

High Jump
School: 6-1 1/4 (1.86 m) ..... Peaches Roach, 2006
Facility: 6-0 1/2 (1.84 m) ..... Peaches Roach, 2010

Long Jump
School: 22-3 (6.78 m) ..... Aisha James, 2003
Facility: 20-4 1/2 (6.21 m) ..... Ineta Radevica, Wichita St., 2002

Triple Jump
School: 44-2 (13.46 m) ..... Jahisha Thomas, 2018
Facility: 43-9 3/4 (13.35 m) .... C. Gulbrandsen, Minnesota, 2000

Pole Vault
School: 12-10 1/4 (3.92 m) .... Jessie Strand, 2003
Facility: 14-3 1/4 (4.36 m) ..... Vera Neuenswander, Indiana, 2011

Shot Put
School: 56-10 3/4 (17.34 m) .. Laulauga Tausaga, 2018
Facility: 54-1 3/4 (16.50 m) .... Kearsten Peoples, Missouri, 2013

Discus
School: 198-11 (60.69m) ..... Laulauga Tausaga, 2018
Facility: 192-3 (58.59 m) ..... Gina Smallwood, Unattached, 2012

Hammer
School: 200-1 1/2 (60.99 m) .. Annemie Smith, 2015
Facility: 197-9 (60.28 m) ..... Beth Rohl, Michigan State, 2011

Javelin
School: 181-5 (55.31 m) ..... Alana Redfern, 2003
Facility: 181-5 (55.31 m) ..... Alana Redfern, Iowa, 2003

Heptathlon
School: 5,633 points ..... Tammilee Kerr, 2008
Facility: 5,922 points ..... Cathey Tyree, Purdue, 1987

All-Time Top Ten Performers
Women's Outdoor

Kineke Alexander

Meghan Armstrong

Danielle Berndt

Brittany Brown

Nan Doak

Aisha James

Tiffany Johnson

100 Meters

1. Brittany Brown, 2018 ..... 11.28
2. **Briana Guillory, 2016 ..... 11.35**
3. Lake Kwaza, 2015 ..... 11.40
4. Vivien McKenzie, 1985 ..... 11.45
5. Davera Taylor, 1984 ..... 11.51
6. Erica Broomfield, 1998 ..... 11.53
7. Jiselle Providence, 2001 ..... 11.57
8. Tanja Reid, 1994 ..... 11.60
   Peaches Roach, 2005 ..... 11.60
10. Yolanda Hobbs, 1995 ..... 11.62

100-Meter Hurdles

1. Tiffany Johnson, 2007 ..... 13.20
2. **Jenny Kimbro, 2018 ..... 13.38**
3. Jahisha Thomas, 2017 ..... 13.46
4. Karessa Farley, 2009 ..... 13.53
5. C. Prendergast, 1999 ..... 13.60
   Paula Ruen, 2000 ..... 13.60
7. Sarah Steffen, 2002 ..... 13.65
8. Ruqayya Raheem, 1998 ..... 13.90
9. Heaven Chandler, 2016 ..... 13.91
10. Brenda Calhoun, 1984 ..... 13.94

200 Meters

1. Brittany Brown, 2017 ..... 22.30
2. **Briana Guillory, 2016 ..... 22.89**
3. Elexis Guster, 2016 ..... 23.03
4. Lake Kwaza, 2016 ..... 23.17
5. Shellene Williams, 2004 ..... 23.50
6. Kineke Alexander, 2006 ..... 23.58
7. Davera Taylor, 1984 ..... 23.59
8. Vivien McKenzie, 1985 ..... 23.61
9. Yolanda Hobbs, 1995 ..... 23.65
10. Alexis Hernandez, 2017 ..... 23.69

400 Meters

1. **Briana Guillory, 2018 ..... 51.30**
2. Kineke Alexander, 2006 ..... 51.35
3. Elexis Guster, 2016 ..... 51.85
4. Shellene Williams, 2004 ..... 51.94
5. Ashley Liverpool, 2012 ..... 52.47
6. Ellen Grant, 1996 ..... 52.65
7. Alexis Hernandez, 2017 ..... 53.27
8. Senta Hawkins, 1988 ..... 54.01
   Bethany Praska, 2011 ..... 54.01
10. Marlene Poole, 1994 ..... 54.03

400-Meter Hurdles

1. Mary Knoblauch, 1981 ..... 56.16
2. Wynsome Cole, 1998 ..... 56.67
3. MonTayla Holder, 2014 ..... 56.70
4. Chris Davenport, 1981 ..... 59.18
5. Sommer Sharpe, 2018 ..... 59.20
6. Sarah Plock, 2018 ..... 59.49
7. Hannah Simonson, 2012 ..... 59.54
8. Sarah Steffen, 2002 ..... 59.59
9. Tiffany Hendricks, 2011 ..... 59.63
10. Nicole Erickson, 2012 ..... 59.77

800 Meters

1. Bethany Praska, 2011 ..... 2:03.78
2. Kay Stormo, 1982 ..... 2:05.67
3. Michelle Lahann, 2004 ..... 2:06.79
4. Katharina Trost, 2015 ..... 2:07.09
5. Mahnee Watts, 2016 ..... 2:07.41
6. **Mallory King, 2018 ..... 2:08.45**
7. Aisha Hume, 2005 ..... 2:08.50
8. Adrianne Alexia, 2013 ..... 2:08.61
9. Jeanne Kruckeberg, 1987 ..... 2:08.75
10. Kaitlyn Nelson, 2013 ..... 2:08.83

1,500 Meters

1. Meghan Armstrong, 2006 ..... 4:17.41
2. Betsy Flood, 2010 ..... 4:17.75
3. Jeanne Kruckeberg 1989 ..... 4:19.71
4. McKenzie Melander, 2012 ..... 4:20.22
5. Lauren Hardesty, 2009 ..... 4:20.40
6. Diane Nukuri, 2007 ..... 4:20.95
7. Penny O'Brien, 1985 ..... 4:21.43
8. Kay Stormo, 1982 ..... 4:22.24
9. Michelle Lahann, 2004 ..... 4:24.00
10. Shannon Stanley, 2006 ..... 4:25.08

3,000 Meters

1. Diane Nukuri, 2008 ..... 9:18.82
2. Penny O'Brien, 1985 ..... 9:20.61
3. McKenzie Melander, 2012 ..... 9:21.59
4. Betsy Flood, 2010 ..... 9:22.63
5. Nan Doak, 1985 ..... 9:23.04
6. Tracy Dahl, 1992 ..... 9:23.53
7. Meghan Armstrong, 2006 ..... 9:28.03
8. Brooke Eilers, 2011 ..... 9:30.08
9. Jeanne Kruckeberg, 1989 ..... 9:30.69
10. Jennifer Brower, 1992 ..... 9:34.59

3,000-Meter Steeplechase

1. Marta Bote Gonzalez, 2015 ..... 10:23.15
2. Danielle Berndt, 2011 ..... 10:26.54
3. Jessica Schmidt, 2008 ..... 10:27.18
4. Sarah Arens, 2004 ..... 10:34.50
5. Hannah Roeder, 2011 ..... 10:35.22
6. Madison Waymire, 2017 ..... 10:41.91
7. Kelsey Hart, 2011 ..... 10:47.56
8. Kelly Breen, 2017 ..... 10:59.99
9. Katie Ellis, 2010 ..... 11:02.62
10. Michelle Lahann, 2003 ..... 11:16.21

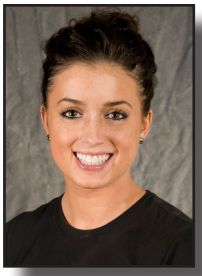
5,000 Meters

1. Nan Doak, 1985 ..... 15:45.84
2. McKenzie Melander, 2012 ..... 15:57.13
3. Diane Nukuri, 2008 ..... 15:59.39
4. Betsy Flood, 2011 ..... 16:04.46
5. Meghan Armstrong, 2008 ..... 16:08.83
6. Brooke Eilers, 2011 ..... 16:11.86
7. Mareike Schrulle, 2013 ..... 16:12.66
8. Jenny Spangler, 1983 ..... 16:17.21
9. Tracy Dahl, 1992 ..... 16:18.77

Diane Nukuri

Tammilee Kerr

Vivien McKenzie


Bethany Praska

Alana Redfern

Peaches Roach

Annemie Smith

Jessie Strand

Majesty Tutson

Lisa Van Steenwyk

Renee White

10,000 Meters

1. Diane Nukuri, 2008 ..... 33:17.01
2. Jennifer Brower, 1991 ..... 33:23.38
3. Meghan Armstrong, 2008 ..... 33:28.00
4. Nan Doak, 1985 ..... 33:33.03
5. Jenny Spangler, 1983 ..... 33:39.24
6. **Andrea Shine, 2018..... 33:50.25**
7. Racheal Marchand, 2008..... 34:05.87
8. McKenzie Melander, 2012 ..... 34:29.83
9. Tracy Dahl, 1992..... 34:30.09
10. Betsy Flood, 2011..... 35:05.10

Heptathlon

1. Tammilee Kerr, 2008..... 5,633 pts
2. **Jenny Kimbro, 2018 ..... 5,523 pts**
3. **Tria Simmons, 2018 ..... 5,298 pts**
4. Kathy Gillespie, 1983..... 5,262 pts
5. Tiff Pedersen, 2004 ..... 4,976 pts
6. Janet Adams, 1981 ..... 4,855 pts
7. Sarah Ryan, 2012..... 4,819 pts
8. Ruqayya Raheem, 1997..... 4,665 pts
9. Angela Chadwick, 1993 ..... 4,493 pts
10. Allison Wahrman, 2017 ..... 4,315 pts

High Jump

1. Peaches Roach, 2006 ..... 6-1 1/4 (1.86)
2. Mary Mol, 1983..... 6-0 (1.83)
3. Khanishah Williams, 2013 . 5-11 1/4 (1.81)
4. Caleigh Bacchus, 2010..... 5-10 (1.78)
5. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
   Aubrianna Lantrip, 2018 .... 5-9 1/4 (1.76)
7. Madison Rouw, 2016..... 5-8 3/4 (1.75)
   Tria Simmons, 2018 ..... 5-8 3/4 (1.75)
9. Kacey Childs, 2001..... 5-8 1/2 (1.74)
10. Kristi Dinkla, 1985 ..... 5-8 (1.73)
    Becky Kaza, 1995..... 5-8 (1.73)
    Eve Cullinan, 2003..... 5-8 (1.73)

Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006..... 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011..... 12-0 (3.66)
4. Amy Smith, 2018 ..... 11-11 3/4 (3.65)
5. Katie Truedson, 2010 ..... 11-5 1/4 (3.49)
6. Gina Shannon, 2001 ..... 11-2 1/4 (3.41)
7. Brittany Holst, 2013..... 11-1 (3.38)
8. Elyssa Tracy, 2015..... 10-6 (3.20)
9. Kacey Childs, 2000..... 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003..... 22-3 (6.78)
2. Jahisha Thomas, 2018 ..... 21-6 (6.55)
3. Zinnia Miller, 2014 ..... 20-6 1/2 (6.26)
4. Renee White, 2008..... 20-3 3/4 (6.19)
5. Carisa Leacock, 2014 ..... 19-11 3/4 (6.09)
6. Becki Borg, 1988..... 19-7 1/4 (5.97)
7. **Jenny Kimbro, 2018 ..... 19-7 (5.97)**
8. Kassidy Ellis, 2015..... 19-6 1/4 (5.95)
9. Lisa Moats, 1986 ..... 19-6 (5.95)
10. Tammilee Kerr, 2008..... 19-4 1/4 (5.90)

Triple Jump

1. Jahisha Thomas, 2018 ..... 44-2 (13.46)
2. Renee White, 2008..... 43-10 3/4 (13.36)
3. Zinnia Miller, 2014 ..... 42-0 1/2(12.81)
4. Tiffany Johnson, 2007 ..... 41-8 3/4 (12.72)
5. Carisa Leacock, 2012 ..... 40-10 1/2 (12.46)
6. Becki Borg, 1988..... 40-7 1/2 (12.38)
7. **Tria Simmons,2016 ..... 40-7 1/2(12.38)**
8. **Hannah Schlib, 2017 ..... 40-6 (12.34)**
9. Lynn McMillan, 1988..... 39-6 1/2 (12.05)
10. Allison Wahrman, 2018... 39-3 1/4 (11.97)

Shot Put

1. **Laulauga Tausaga, 2018 .. 56-10 3/4 (17.34)**
2. **Nia Britt, 2018 ..... 54-2 1/2 (16.52)**
3. Lisa Van Steenwyk, 1992..... 50-8 (15.44)
4. Gail Smith, 1984 ..... 50-3 1/4 (15.32)
5. Denise Taylor, 1992..... 50-1 3/4 (15.28)
6. **Erika Hammond, 2018 ... 49-7 1/4 (15.12)**
7. Kamesha Marshall, 2005 . 48-6 3/4 (14.80)
8. Laura Kriener, 1990..... 48-2 1/2 (14.69)
9. Jennifer Gilson, 2002..... 47-10 (14.58)
10. Rachel Curry, 2013 ..... 47-9 1/4 (14.56)

Discus

1. **Laulauga Tausaga, 2018 .... 198-11 (60.69)**
2. Majesty Tutson, 2013..... 181-1 (55.19)
3. **K. Spanoudakis, 2018..... 172-3 (52.51)**
4. Dakotah Goodell, 2014..... 169-4 (51.62)
5. Tiffany Medenwaldt, 2010 .. 161-3 (49.16)
6. Denise Taylor, 1992..... 160-5 (48.90)
7. Amanda Stahle, 2014 ..... 159-3 (48.54)
8. Lisa Van Steenwyk, 1991..... 159-1 (48.50)
9. Gail Smith, 1983 ..... 158-2 (48.22)
10. Ashlyn Gulvas, 2011 ..... 154-11 (47.23)

Javelin

1. Alana Redfern, 2003..... 181-5 (55.30)
2. Tammilee Kerr, 2008..... 163-5 (49.81)
3. Mandy Beck, 1999..... 153-4 (46.74)
4. Dakotah Goodell, 2015.. 153-3 1/4 (46.71)
5. Terri Soldan, 1983 ..... 152-6 1/4 (46.48)
6. Shani Renning, 1990..... 152-3 (46.40)
7. Kayla Hochhalter, 2015..... 152-6 (46.48)
8. **Marissa Mueller, 2018 ..... 151-0 (46.02)**
9. Clara Simon, 1981 ..... 149-9 (45.64)
10. Janet Adams, 1984 ..... 148-7 (45.28)

Hammer Throw

1. Annemie Smith, 2015.... 200-1 1/2 (60.99)
2. Jasmine Simpson, 2013..... 197-7 (60.23)
3. Becca Franklin, 2007 ..... 195-0 (59.45)
4. Ashlyn Gulvas, 2014 ..... 192-9 (58.75)
5. Leah Colbert, 2018..... 189-3 (57.69)
6. **Laulauga Tausaga, 2018 ..... 178-7 (54.43)**
7. **Nia Britt, 2018 ..... 178-4 (54.37)**
8. Kelsey Taylor, 2011 ..... 177-0 (53.95)
9. Tiffany Medenwaldt, 2010 171-11 (52.40)
10. Erin O'Hern, 2008..... 168-9 (51.45)

400-Meter Relay

1. Kwaza, Guster, **Guillory,** Hernandez, 2016 ..... 44.04
2. Chapman, **Guillory,** Hernandez, Brown, 2017 ..... 44.34
3. Kwaza, Guster, Chapman, **Guillory,** 2016 ..... 44.41
4. Thomas, Avant, **Guillory,** Brown, 2018 ..... 44.44
5. Kwaza, Guster, Hernandez, Brown, 2014 ..... 44.51
6. Thomas, **Guillory,** Hernandez, Brown, 2017 ..... 44.53
7. Kwaza, Guster, Holder, Brown, 2014 ..... 44.62
8. Poole, Reid, Floyd, Hobbs, 1994 ..... 44.63
9. Charles, Williams, Providence, James, 2003 ..... 44.71
   Brown, Kwaza, Ellis, Holder, 2015 ..... 44.71

Shuttle Hurdle Relay

1. Prendergast, Cole, Raheem, Ruen, 1998 ..... 56.44
2. Cole, Prendergast, Raheen, Ruen, 1998 ..... 56.54
3. Raheen, Prendergast, Cole, Ruen, 1998 ..... 57.53

800-Meter Relay

1. Chapman, **Guillory,** Hernandez, Brown, 2017 ..... 1:35.36
2. Hobbs, Reid, Floyd, Poole, 1994 ..... 1:35.69
3. Roach, McCalla, Alexander, Johnson, 2006 ..... 1:36.19
4. Chapman, Roberts-Lewis, Champe, Brown, 2016 ..... 1:36.98
5. Williams, Charles, Fouchè, Providence, 2003 ..... 1:37.49
6. Herrmann, McCalla, Raymond, Roach, 2004 ..... 1:37.66
7. Charles, Dixon, Knight, Prendergast, 2002 ..... 1:38.15
8. Prendergast, Dixon, Knight, Providence, 2001 ..... 1:38.73
9. Trusty, Hendricks, Graham, Erickson, 2009 ..... 1:38.79
10. Chapman, Roberts-Lewis, **Buss,** Hargrave, 2017 ..... 1:38.82

1,600-Meter Relay

1. Hernandez, **Guillory**, Holder, Guster, 2016 ..... 3:30.97
2. **Guillory,** Brown, Hernandez, Champe, 2017 ..... 3:32.37
3. Guster, Hernandez, Holder, Kwaza, 2014 ..... 3:34.83
4. Praska, Hendricks, Liverpool, Erickson, 2011 ..... 3:35.93
5. Champe, **Guillory,** Plock, Sharpe, 2018 ..... 3:35.94
6. Guster, Watts, Hernandez, Kwaza, 2014 ..... 3:36.09
7. Hume, Charles, Steffen, Williams, 2003 ..... 3:36.26
8. Simsonson, Liverpool, Erickson, Sack, 2012 ..... 3:37.57
9. Guster, Watts, Holder, Kwaza, 2014 ..... 3:37.73
10. McCalla, Granger, Alexander, Johnson, 2006 ..... 3:38.36

Sprint Medley Relay

1. Jones, Hendricks, Liverpool, Praska, 2011 ..... 3:48.63
2. **Brown**, Kwaza, Guster, Watts, 2014 ..... 3:51.18
3. Kwaza, Guster, Holder, Watts, 2016 ..... 3:52.62
4. Kwaza, **Brown**, Guster, Trost, 2015 ..... 3:53.29
5. Kwaza, R. Moore, Holder, Alexia, 2013 ..... 3:54.51
6. Trusty, R. Moore, Hendricks, Praska, 2010 ..... 3:56.53
7. Reid, Philip, Hobbs, Benning, 1995 ..... 3:56.54
8. Roach, Alexander, McCalla, Stanley, 2005 ..... 3:56.99
9. Kwaza, R. Moore, Alexia, Nelson, 2013 ..... 3:58.72
10. Clarke, Graham, Jones, Poncé, 2007 ..... 3:59.34

3,200-Meter Relay

1. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987 ..... 8:46.45
2. Lahann, Stanley, Hume, Barber, 2004 ..... 8:48.87
3. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989 ..... 8:49.38
4. Trost, Maser, Alexia, Nelson, 2014 ..... 8:49.95
5. Nelson, Watts, Wilberding, Sindt, 2016 ..... 8:51.90
6. Flood, Dlhy, L. Hardesty, Docherty, 2009 ..... 8:53.91
7. Armstrong, Stanley, Laney, Hume, 2005 ..... 8:54.27
8. O'Brien, Camarigg, Williams, Stormo, 1981 ..... 8:54.36
9. Flood, Melander, Praska, Hardesty, 2010 ..... 8:54.45
10. Drapcho, Schlader, Williams, Stormo, 1980 ..... 8:56.14

Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989 ..... 11:22.18
2. Armstrong, Alexander, Poncé, Stanley, 2007 ..... 11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005 ..... 11:34.04
4. Barber, Williams, Hume, Arens, 2004 ..... 11:34.56
5. Thompson, Williams, Hume, Arens, 2003 ..... 11:39.02
6. 2000 ..... 11:39.83
7. Schrulle, Erickson, Placzek, Eilers, 2012 ..... 11:40.57
8. Davenport, xx, xx, xx, 1981 ..... 11:41.44
9. Pare, Grant, Benning, Gilchrist, 1997 ..... 11:41.92
10. Dlhy, Erickson, Docherty, Anderson, 2010 ..... 11:43.06

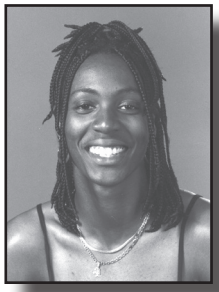
6,400-Meter Relay

1. Flood, Melander, A. Hardesty, L. Hardesty, 2010 ..... 19:05.63
2. Nukuri, Marchand, Henize, Armstrong, 2008 ..... 19:15.42
3. Flood, Laesch, Ranegar, Melander, 2012 ..... 19:16.73
4. Flood, Eilers, Melander, L. Hardesty, 2011 ..... 19:17.52
5. Flood, Melander, A. Hardesty, Eilers, 2009 ..... 19:36.43
6. Scott, Gordon, Schrulle, Gambrall, 2013 ..... 19:41.15
7. Jones, Bote Gonzalez, Wilberding, Reischmann, 2015 ..... 19:59.72
8. Maser, Price, Wilberding, Montuclard, 2014 ..... 20:23.27
9. Chapple, Laney, Donlon, Sokol, 2005 ..... 20:39.12
10. Arens, Barber, Butler, Roberts, 2001 ..... 20:40.89

Kineke Alexander

Meghan Armstrong

Jennifer Brower


Wynsome Cole

Tracy Dahl

Chris Davenport

The University of Iowa women's track and field program is rich in honor and tradition. Iowa athletes compete annually at national and international events, representing the UI with pride. Here are brief bios on some Hawkeyes have have left their marks in the Iowa record books.

Laulauga Tausaga, 2017-(Present)
- 2017 Junior Pan Am Discus Champion
- Three-time All-American
- Three-time Big Ten Champion

Jahisha Thomas, 2015-2018
- Six-time All-American
- Four-time Big Ten Champion

Bethany Praska, 2008-2011
- Two-time All-American
- Three-time Big Ten Champion
- Holds five school records

Diane Nukuri, 2006-2008
- 2012 Burundi Olympic Team Member
- Three-time All-American
- Two-time NCAA Midwest Region Cross Country Champion (2006, 2007)
- Two-time NCAA Midwest Region Cross Country Female Athlete of the Year (2006, 2007)
- 2007 Drake Relays Champion, 5,000 Meters
- Two-time All-Region
- Set eight school records
- 2008 Iowa Female Athlete of the Year
- 2008 Wilma Rudolph Award winner
- 2007 Honda Sports Award finalist

Kineke Alexander, 2005-2008
- 2008 & 2016 St. Vincent & The Grenadines Olympic Team Member
- 2006 NCAA Indoor 400-MeterChampion
- Eight-time All-American
- Five-time Big Ten Champion
- Two-time NCAA Regional 400-Meter Champ
- Drake Relays Champion, 400 Meters
- Five-time All-Region
- Two-time NACAC Games bronze medalist
- Iowa's nominee for Big Ten Female Athlete of the Year twice (2006, 2007)
- 2007 Big Ten Indoor Athlete of the Year
- 2007 Big Ten Indoor Athlete of the Meet
- 2007 Midwest Regional Athlete of the Year
- Set six school records
- 2018 Iowa Athletic Hall of Fame inductee

Racheal Marchand, 2005-2008
- Four-time All-American
- Three-time All-region
- 2009 Midwest Region Cross Country Female of the Year
- 2009 Iowa Female Athlete of the Year
- 2010 Puerto Rico 5K National Champion

Shellene Williams, 2004
- Jamaican National Team member
- Four-time Big Ten Champion
- All-American, 400 Meters

Meghan Armstrong, 2004-2008
- Four-time All-American
- NCAA Academic All-American
- Four-time All-Region
- Two-time Big Ten Champion
- Two-time second-team All-Big Ten
- Six-time academic All-Big Ten
- Set school records in 1,500 meters (track) and 6,000 meters (cross country)
- Big Ten Medal of Honor winner (2008)

Peaches Roach, 2004-2007
- Four-time All-American
- Five-time Big Ten Champion, High Jump
- 2004 Big Ten Outdoor Freshman of the Year
- Four-time All-Region
- Ten-time regional qualifier

Tiffany Johnson, 2004-2007
- First Hawkeye to win consecutive Drake Relays titles (100-m hurdles in 2006, 2007)
- 2007 NCAA Regional Champion, 100 Hurdles
- Two-time All-Region
- Ten-time regional qualifier

Wynsome Cole, 1994-1998
- Three-time NCAA & NAIA qualifier
- Two-time Big Ten Champion
- All-American, 400-Meter Hurdles
- Drake Relays Champion

Ellen Grant, 1994-1997
- Two-time Big Ten Champion
- World Junior representative

Yolanda Hobbs, 1991-1995
- Three-time All-American
- Big Ten 55-meter Champion
- Iowa Female Athlete of the Year
- Daily Iowan Female Athlete of the Year

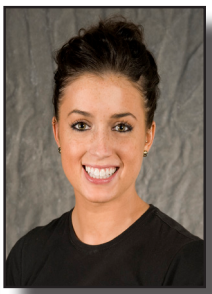
Jeanne Kruckeberg

Racheal Marchand

Vivien McKenzie

Mary Mol

Diane Nukuri


Bethany Praska

Peaches Roach

Nan Doak

Kathy Gillespie

Ellen Grant

Yolanda Hobbs

Tiffany Johnson

Elaine Jones

Tina Stec, 1990-1994
- Two-time All-American
- Big Ten runner-up, 3,000 Meters
- NCAA Academic All-American
- Iowa Academic Athlete of the Year
- Iowa Female Athlete of the Year
- NCAA Woman of the Year finalist

Tracy Dahl, 1989-1994
- Two-time NCAA 5,000-Meters Champion
- Five-time All-American
- Four-time Big Ten Champion
- U.S. Olympic Trials participant
- Kansas Relays Champion
- Big Ten Cross Country and Two-time Iowa Female Athlete of the Year

Lisa Van Steenwyk, 1989-1993
- All-American, Shot Put
- Two-time Big Ten Champion
- U.S. Olympic Trials participant

Jennifer Brower, 1988-1992
- Three-time All-American
- NCAA Academic All-American
- Big 10 & Drake Relays Champion
- Kansas Relays 5,000-Meters Champion
- Big Ten runner-up, Cross Country
- U.S. Olympic Trials participant
- Track Academic Athlete of the Decade
- NCAA Woman of the Year nominee

Jeanne Kruckeberg, 1987-1990
- NCAA 800-meter runner-up
- Three-time All-American
- Big Ten Champion
- Drake Relays Female Athlete of the Meet
- Two-time Drake Relays Champion
- Three-time Kansas Relays Champion
- Iowa Female Athlete of the Year

Vivien McKenzie, 1983-1986
- Four-time Big Ten Champion
- TAC Champion 400-Meters relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection

Jenny Spangler, 1982-1986
- Three-time All-American
- U.S. Olympic Trials participant
- Iowa Female Athlete of the Year
- Set 19-and-under world marathon record (2:33)
- 1996 USA Olympic team, Marathon

Mary Mol, 1982-1985
- NCAA runner-up
- Big Ten runner-up
- Mason-Dixon Games Champion
- Runner-up at Drake & Kansas Relays

Gail Smith, 1982-1985
- Big Ten Champion
- Olympic Sports Festival selection

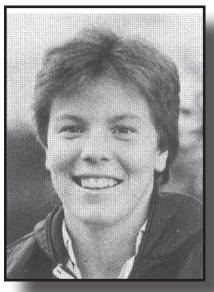
Kathy Gillespie, 1982-1985
- NCAA runner-up, Heptathlon
- Big Ten champion/former recordholder
- Member of U.S Pentathlon team

Elaine Jones, 1982-1985
- Five-time Big Ten Champion
- TAC Champion 400-Meter relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection
- Mason-Dixon Games Champion

Nan Doak, 1980-1985
- NCAA Champion, 10,000-Meters
- NCAA runner-up, Cross Country
- Nine-time All-American
- World recordholder, Indoor 3-miles
- Three-time Big Ten Champion
- U.S. Olympic Trials participant
- World sixth place, Cross Country
- TAC 5,000 and 10,000-Meters Champion
- Iowa Female Athlete of the Decade
- National Iowa Varsity Club Hall of Fame inductee

Chris Davenport, 1980-1983
- U.S. Olympic Trials participant
- All-American
- Runner-up at Kansas & Drake Relays

Kay Stormo, 1979-1982
- 800-meter NCAA runner-up
- Three-time All-American
- Three-time Big Ten Champion
- Iowa Female Athlete of the Year
- National Iowa Varsity Club Hall of Fame inductee


Gail Smith

Jenny Spangler

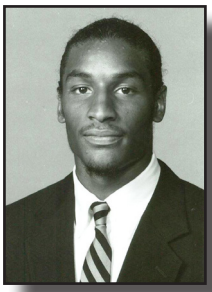
Tina Stec

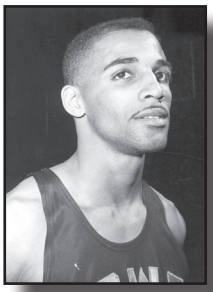
Kay Stormo

Lisa Van Steenwyk

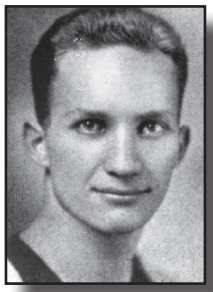
Shellene Williams

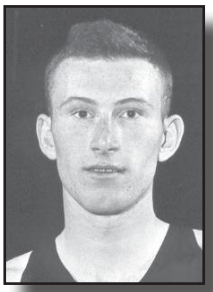
Mike Mondane


Bashir Yamini


Deacon Jones

Frank Cuhel


George Baird


Bill Frazier

The University of Iowa men's track and field program is rich in honor and tradition. Iowa athletes compete annually at national and international events, representing the UI with pride. Here are brief bios on Hawkeyes that have left their marks in the Iowa record books.

Aaron Mallett, 2013-2017
- Owns school records in the 110H, 60H and 4x100
- Six-time All-American
- 5-time Big Ten Champion

Babatunde Amosu, 2012-2015
- Three-time Big Ten Champion (Triple Jump)
- Three-time All-American

Matt Byers, 2010-2013
- Two-time All-American (Javelin)
- Three-time Big Ten Champion (2010-13)

Justin Austin, 2010-2013
- Five-time Big Ten Champion
- Five-time All-American
- Graduated with five school records

Ethan Holmes, 2009-2013
- Three-time Big Ten Champion

Erik Sowinski, 2009-2012
- Six-time All-American (2010-12)
- Two-time Big Ten Champion
- 2012 & 2016 Olympic Trials participant

Troy Doris, 2009-2012
- Four-time Big Ten Champion
- Four-time All-American
- 2016 Olympian for Guyana

Jeremy Allen, 1998-2001
- Big Ten Freshman of the Year (Indoor and Outdoor)
- Four-time Big Ten Champion
- Five-time All-American

Tim Dodge, 1998-2001
- 1999 All American
- Three-time Big Ten Champion

Tim Dwight, 1996-2000
- Four-time Big Ten Champion
- All-American on 4x100-meter relay in 1999
- Two-sport athlete (football, track and field)

Bashir Yamini, 1996-1999
- 1998 Long Jump National Champion
- Six-time All-American
- Nine-time Big Ten Champion
- Big Ten Freshmen of the Year in 1996
- Shares Big Ten Record in long jump

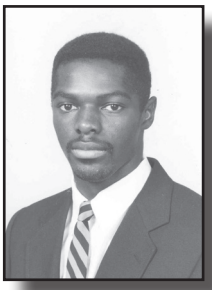
Andre Morris, 1992-1996
- Four-time Big Ten Champion
- Three-time All-American
- Participated in Olympic trials in 1996 and 2000
- Eight-time National Championship qualfier

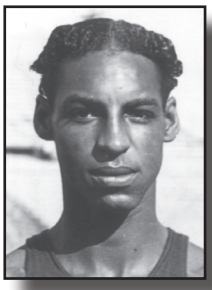
Anthuan Maybank, 1990-1994
- Olympic Gold Medallist, 1,600 relay, 1996 (Atlanta)
- All-America, long jump, 1992, 1993
- All-America, 400 dash, 1992, 1993
- Six-time Big Ten Champion, 1990-93
- Big Ten Athlete of the Year, 1993 (outdoor)
- All-Big Ten, 1990, 1991, 1992, 1993, 1994

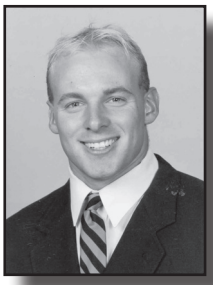
D'Juan Strozier, 1989-92
- Four-time Big Ten Champion

Patrick McGhee, 1988-1992
- Five-time Big Ten Champion
- Three-time All-American
- NCAA Runner-Up
- Big Ten Athlete of the Year in 1989

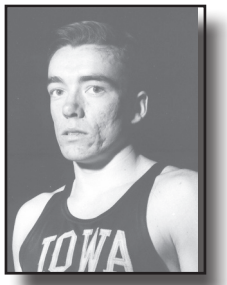
Mike Mondane, 1966-1968
- Nine-time Big Ten Champion
- 1979 NCAA Champion
- Three-time All-American
- Ranks third in school history in 400-meters


Anthuan Maybank

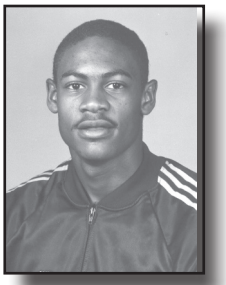

Ed Gordon

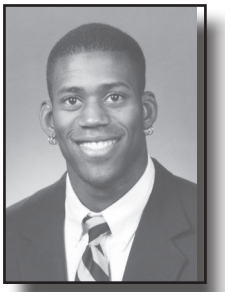

Tim Dwight

Justin Austin

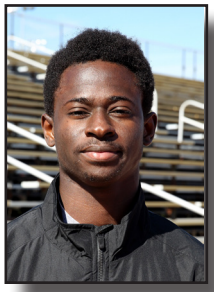


Larry Wieczorek

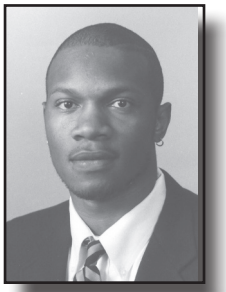

Patrick McGhee


George Page

Eric Wilson


Babtunde Amosu

Erik Sowinski


Andre Morris

Matt Byers

Larry Wieczorek, 1964-1968
- Six-time Big Ten Champion
- Four-time All-American

Bill Frazier 1962-1965
- 1962 All-American
- Eight-time Big Ten Champion
- Helped Iowa win 1963 indoor and outdoor Big Ten Championships
- Held outdoor 800-meter school record for 50 years (1962-2012)

Roger Kerr, 1960-1963
- Five-time Big Ten Champion
- Three-time 4x400-meter Relay Champion

Deacon Jones 1954-1958
- Two-time Olympian
- Two-time NCAA Champion
- Seven-time Big Ten Champion
- Holds school record in 3,000-meter steeplechase
- First African American Cross Country Champion

Ted Wheeler, 1952-1956
- Five-time Big Ten Champion
- Three-time All-American
- Competed in 1956 Summer Olympics

Frank Cuhel, 1926-1928
- 1928 NCAA Champion
- Won Silver in 400-meter hurdles at 1928 Olympics

Charles Brookins, 1921-1924
- 1924 Olympian
- Five-time Big Ten Champion
- Two-time NCAA Champion

Eric Wilson, 1920-1923
- Four-time All-American
- Four-time Big Ten Champion
- Two-time NCAA Champion in 220 yard-dash
- Competed in the 1924 Summer Olympics in Paris.

Victor Greer, 1981-1984
- Three-time Big Ten Champion
- 1984 All-American

Rich Ferguson, 1952-1955
- Four-time Big Ten Champion
- 1953 All-American in the two mile race
- 1953 NCAA Champion in the two mile race

Steven Willey, 2008-2011
- Four-time All-American
- Two-time Big Ten Champion

George Page, 1995-1997
- Four-time Big Ten Champion
- 1995 All-American (4x400-meter relay)

Ed Gordon, 1929-1931
- Four-time Big Ten Champion
- Three-time NCAA Champion on long jump
- Most NCAA Championships in school history
- Three-time All-American (1929-31)

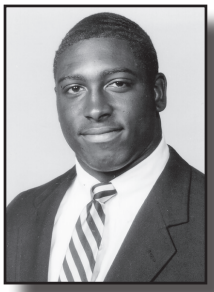
Jonathan Reimer, 1965-1967
- Five-time Big Ten Champion
- 1965 NCAA Champion in two mile race

Vaughn Stevenson, 1928-1929
- Five-time Big Ten Champion

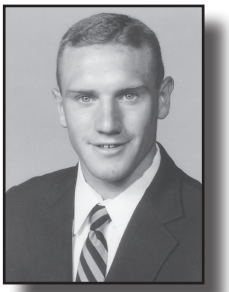
George Baird, 1927-1929
- 1928 Olympic Gold Medalist in 4x400-meter relay
- Six-time Big Ten Champion

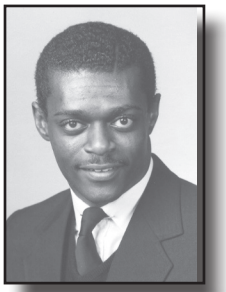
Rich Ferguson

Troy Doris


Jeremy Allen

Ethan Holmes


Tim Dodge

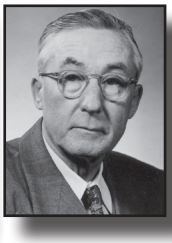

Victor Greer

National Iowa Varsity Club Hall of Fame

Inductees are selected by a vote of all dues-paying members of the National Iowa Varsity Club. All former Hawkeye athletes who have won at least one major letter and completed their eligibility at least 10 years prior to selection are eligible for the Hall of Fame. A coach or administrator must have retired or left the university at least five years prior to selection. A maximum of seven inductees may be selected to the Hall of Fame each year. Pictured are the 29 inductees from the University of Iowa track and field program. Listed below each name is the individual's years of participation at Iowa and the year they were inducted into the Hall of Fame.

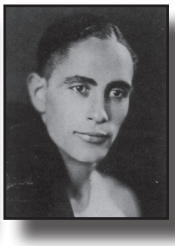
Kineke Alexander
Athlete 2005-08
Inducted 2018

George Baird
Athlete 1926-29
Inducted 1994



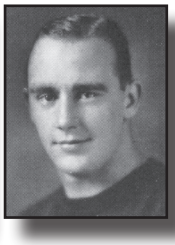
George Bresnahan
Coach 1921-48
Inducted 1991

Lester Belding
Athlete 1921-24
Inducted 1991

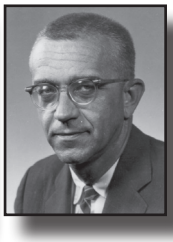


Charles Brookins
Athlete 1921-24
Inducted 1990

Jennifer Brower
Athlete 1988-92
Inducted 2013



Dick Crayne
Athlete 1934
Inducted 1992



Francis X. Cretzmeyer
Coach 1948-78
Inducted 1993

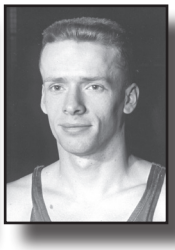
Frank Cuhel
Athlete 1925-28
Inducted 1993

Tracy Dahl
Athlete 1989-93
Inducted 2010

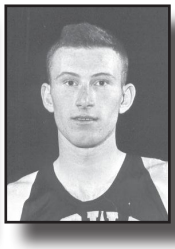
Aubrey Devine
Athlete 1920-22
Inducted 1989

Nan Doak
Athlete 1981-85
Inducted 1999

Tim Dwight
Athlete 1996-99
Inducted 2011

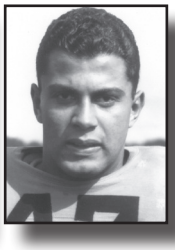


Rich Ferguson
Athlete 1952-55
Inducted 2004



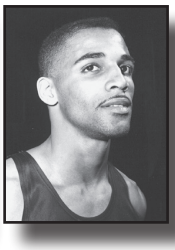
Bill Frazier
Athlete 1962-65
Inducted 2012

Ed Gordon
Athlete 1929-31
Inducted 1989



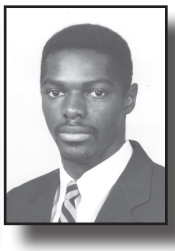
Homer E. Harris
Athlete 1936-37
Inducted 2002

Jerry Hassard
Coach 1976-96
Inducted 2014



Deacon Jones
Athlete 1955-58
Inducted 1989

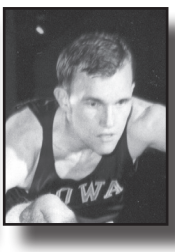
Jeanne Kruckeberg
Athlete 1987-90
Inducted 2014



Anthuan Maybank
Athlete 1966-68
Inducted 2010

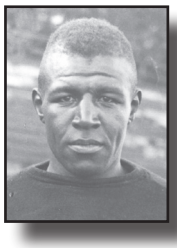
Michael Mondane
Athlete 1966-68
Inducted 2002

Emerson "Spike" Nelson
Athlete 1925-28
Inducted 1995



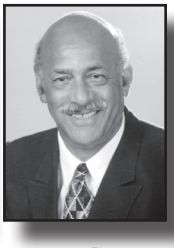
Jon Reimer
Athlete 1965-67
Inducted 2014

George Sailing
Athlete 1929-32
Inducted 1989



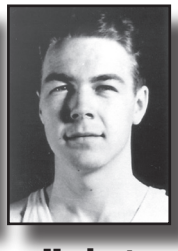
Fred "Duke" Slater
Athlete 1919-22
Inducted 1989

Kay Stormo
Athlete 1979-82
Inducted 2008



Ted Wheeler
Athlete 1952-53, 56
Inducted 2000

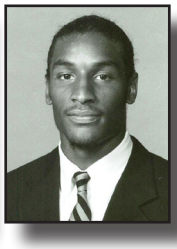
Larry Wieczorek
Athlete 1965-68
Inducted 1998



Herbert Wilkinson
Athlete 1945-46
Inducted 1999

Samuel "Clyde" Williams
Athlete 1900-02
Inducted 1993

Eric Wilson
Athlete 1921-24
SID 1924-68
Inducted 1989



Bashir Yamini
Athlete 1996-99
Inducted 2012

Adams, Don 1973-76
Adamson, Robert.....1931-32
Albrecht, L.J. 1989-91
Albright, Justin.....1930
Alderman, Merle 1910
Alexander, Jack S. 1938
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Allison, William.....1895-96
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Amosu, Babatunde.....2013-15
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Anderson, Kent J. 1975-76
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Appleman, Cameron.....1997
Armstrong, James....1988-89, 1991
Ashton, George C. 1922-23
Atkins, Bobby.....2000
Austin, Justin 2011-13
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Baird, George H. 1927-29
Bakker, Michael ..1994, 1996, 1998
Balke, Alex 2015-18
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Banse, Andy.....2002-05
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Barber, Nathan B. 1896-99
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Barclay, Brelyn 2017
Barker, Dale 1932-33
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Barker, Ervin J. 1902-05
Barnes, Howard M. 1921
Barnett, Robert 1973
Barton, Chris.....2008-11
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Bean, Josh.....2008-10
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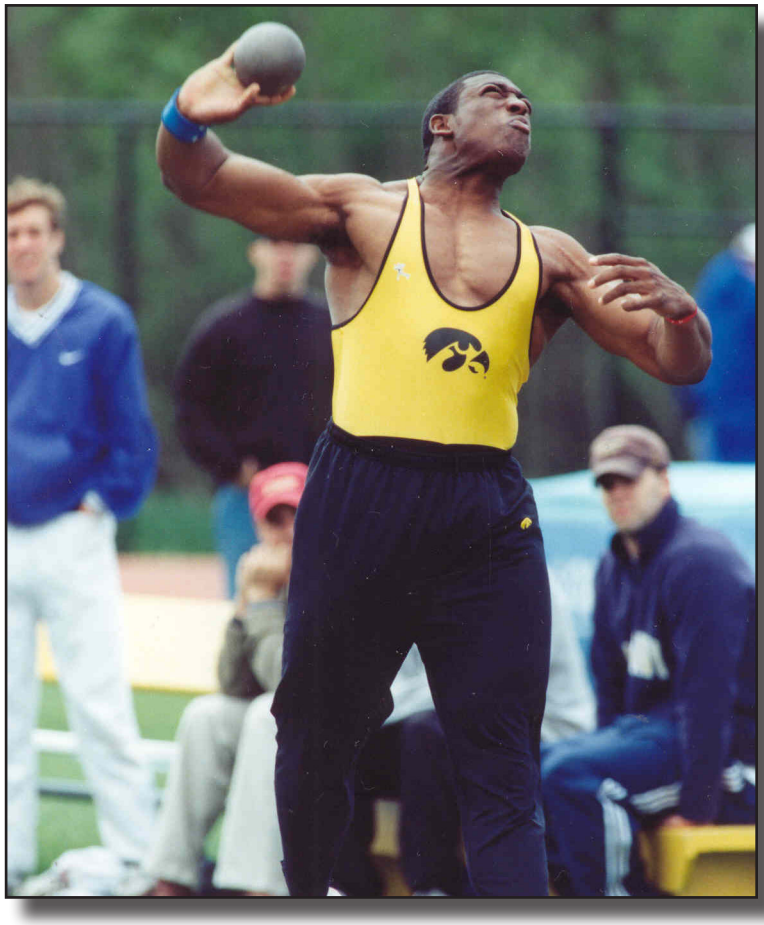
Beck, Lester R. 1922
Becker, Edward C. 1934
Beckner, John O. 1930
Bee, Stephen 2009-11
Beebe, Robert E. 1936
Beecham, Gordon.....1983-85



Jeremy Allen was the first thrower in conference history to win Big Ten Freshman of the Year honors during the indoor and outdoor seasons. Allen was a four-time Big Ten champion and five-time All-American at Iowa from 1998-2001.

Beecham, Todd 1982
Beelman, Jeff 1981-82
Belding, Lester 1920-22
Berger, Charles 1977
Berne, Clarence 1924
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Betz, Jon A. 1982-83
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Braff, Zack 2009
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Brandt, Jon Michael.....2012-14
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Brayton, Nick 2009-12
Bream, Alan 1968-69
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Briggs, Charles 1903
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Brown, Jeff A. 1980
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Call, Roy G.....1902
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Carberry, William.....1906
Card, Liam.....2000
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Corcoran, Thomas 1933
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Ferguson, Richard.....1952-55
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Ferren, William.....1891
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Flaherty, Andy.....1988-90
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Fletcher, Robert.....1959
Flood Jr, Elmer.....1945
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Foster, James F.....1972
Fourman, Sam.....2013
Fowler, Richard.....1952-54
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Frazier, Carl.....1967-69
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Frye, DeJuan.....2016-18
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Gambol, Chris.....1984-87
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Garnder, Donald.....1961-63
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Garretson, Herman.....1915
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Gerard, Matt.....1993-94
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Gibbs, Richard.....1965-67
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Gillette, Charles.....1892
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Goldston, Stephen.....1964-65
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Gordon, Edward L.....1929-31
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Gorman, Matty.....2005-06, 2008
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Gotthardt, Keith.....1945-46
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Gregorio, Anthony.....2015
Grelck, Henry.....1921
Griffith, Ronald.....1966-68
Grosser, Ernest.....1938
Grubb, Frank.....1916
Gunderson, Eric.....1932

Iowa City native Tim Dwight was named Outstanding Male Athlete of the 1999 Big Ten Outdoor meet after leading the team to a runner-up finish. Earlier that year, he scored a touchdown in the Super Bowl for the Atlanta Falcons. He was an All-American and three-time Big Ten Champion in track from 1996-99, and a two-time first team All-American for the Hawkeye football team from 1994-97.

Gunn, Joseph 1928-29
Hager, Matt 1989-91
Hagerty, Lorin 1928
Haines, Randall 1966-68
Hairston, Adam 2007-11
Hall, John W. 1952
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Hamilton, Adam 2003-07
Hammer, Leroy 1908-10
Hammon, Victor 1893
Hampson, J.A. 1905
Hancock, John 1923-25
Handorf, Everett 1930-32
Hands, Sidney G. 1903-05
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Hanley, C.P. 1899-1900
Hanlon, Thomas 1908
Hansell, WW 1912
Hansen, Robert H. 1958, 1960
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Hanson, John 1912
Harkness, Merril 1937-39
Harper, Craig T. 1950-51
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Harris, Homer E. 1936-37
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Hartman, Frederick 1957
Hartmann, H.W. 1915-16
Hartupee, Harry 1910
Hartzler, Jeffrey 1974-76, 1978
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Haugo, Thomas 1969
Haut, Dan 2004-06
Hawkins, Reggie 1997
Hazard, A.M. 1906-08
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Hazard, P.L. 1910
Heard, Bernard 1989-91
Heck, Thomas G. 1972
Hempel, Stephen 1970-71
Henard Jr, Robert 1951-53
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Henry, Armando 1975
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Herron, Jeffery 2010-12
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Hickey, John 2006-09
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Hines, Hugh 1957-58
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Hoffman, Edgar 1920-22
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Holbrook, Frank 1896-97
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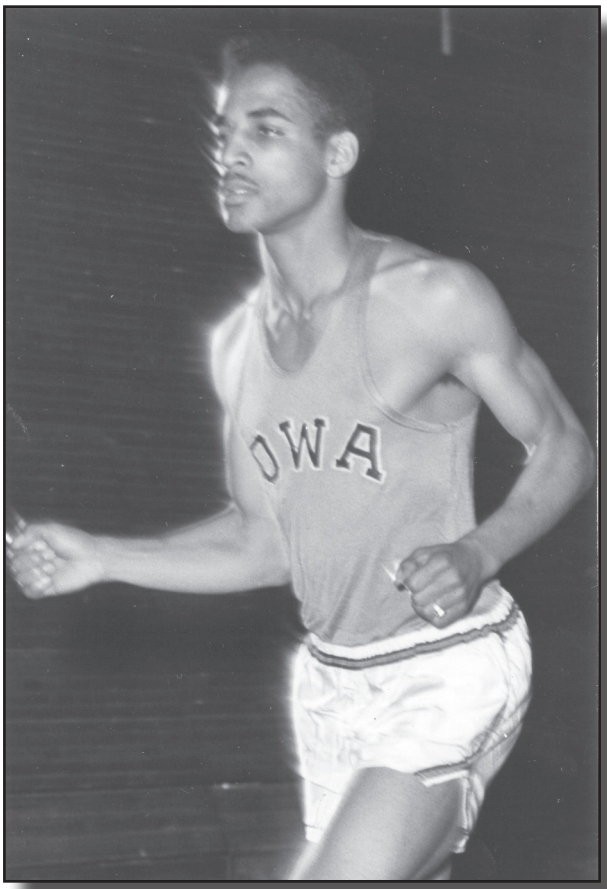
Howell, Lloyd 1899-1900
Hoyt, Lyman 1923-24
Hubbard, Clarence 1930
Hudek, Scott 1993, 1996
Huff, Daniel 2015
Hull, Elmer C. 1900-01
Hull, Gabe 2012-14
Hunn, Leonard 1926-28
Hunt, Jay 2018
Hunter, John 1944-46
Huntrods, Clint 2005-06
Hutton, Clyde 1932
Hutsalyuk, Pavlo 2016
Hyde, Thomas 1959-61
Hyland, Mark 1908-1910



Deacon Jones was a two-time NCAA champion, two-time All-American and seven-time Big Ten champion for the Hawkeyes (1954-58). He won Iowa's first and only individual cross country national title in 1955, becoming the first African-American and sophomore national cross country champion in history. The seven-time Big Ten champion also won the national two-mile track title in 1957. During the 1957 track season, Jones was unbeaten in the college mile and two mile. He set Big Ten indoor and outdoor records in the one and two mile races, and still holds the school record in the 3,000-meter steeplechase (8:47.40). He was a two-time Olympian, running the 3,000-meter steeplechase at the 1956 games in Melbourne, Australia, and the 1960 games in Rome. Jones was inducted in to the University of Iowa Varsity Club Hall of Fame as a member of the charter class in 1989.

Ingram, David 1957
Isaacs, Omar 2003-05
Jackson III, Harvey 1982
Jackson, Miles 1932
Jacobson, Gary 1983-84
Jaeger, Charles 1970-72
James, Antwon 2017
Jans, John 1910, 1912
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Katt, Kale 2005-07
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Kohl, Alvin....1909
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Korb, Tom 1981-83
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Lamparek, Ryan 2009-12
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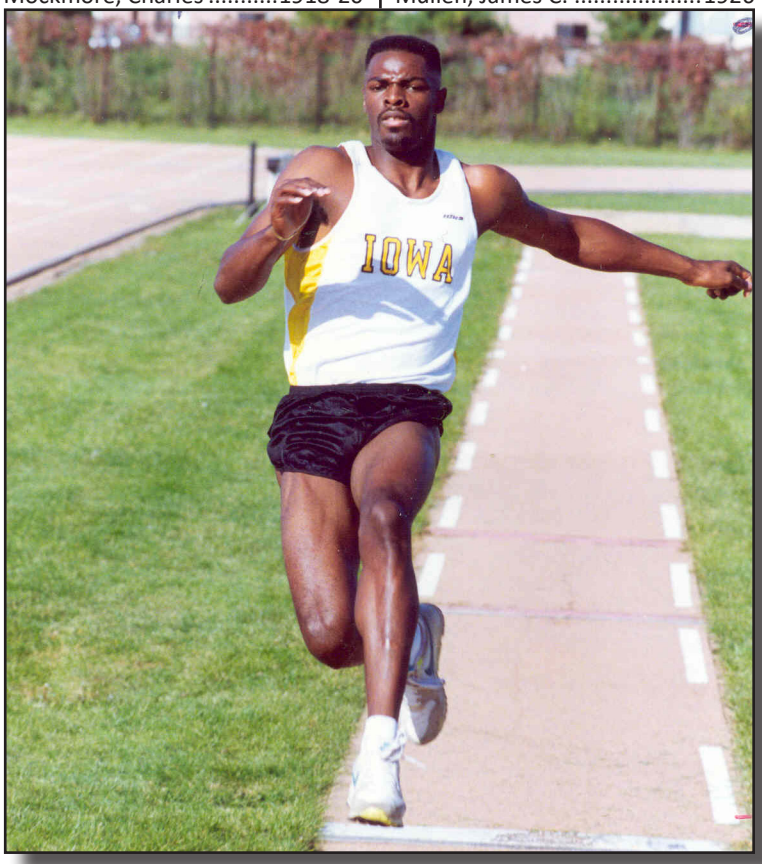
Martin, Thomas E. 1914-1916
Maske, Norman 1963
Massey, Wayne....1930-32
Mather, Anders V. 1913
Mathis, Louis 1951
Mathews, John 1955-57
Mathies, Elgar C.....1931
Matteson, Orval....1936
Matthews, Alvin....1970-73
Mathis, Louis B. 1951
Matteson, Orval....1936
Matthews, Alvin....1970-73
Matthey, Carl 1919-20
Mau, Cecil T. 1926-27
Mau, Charles 1934-35
Mawe, William 1960-62
Maybank, Anthuan ..1990-91, 1993
McCalister, William....1977-80
McCammon, John....1929
McClanahan, Richard....1947
McCluskey, Henry L....1893
McCollister, Edwin 1938-39
McCorkle, Brad 1990
McCoy, B.E.....1904
McCoy, Ricky....1982, 1984-85
McCoy, Ronnie....1982-85
McDermott, Eric 2002
McDonald, Elliot 1949
McDonald, John....1958
McDowell, Bruce E. 1918
McDowell, Mike....1977-78
McDowell, Pete 1993-94
McElhiney, Sam 2015
McElhinney, William 1936
McGhee, Patrick 1986, 1988-89
McGilmer, Ben 1966
McIntire, G.S.....1921
McMahon, Thomas 1905-06
McSkimming, Brandon 2008-09
Meade, Pat 1987, 1989
Means, Mike....1981
Meder, Lloyd....1922-24
Meeks, Gary W. 1957
Meggars, Frank H.....1898
Melchert, Michael 2015-18
Menke, Roger 1966-68
Mercer, Nick 1997
Merkel, John E. 1950
Merkel, Russell 1948-50
Merrell, T. Eugene 1969
Messer, Kenneth....1965
Meyer, Mark C. 1968-69
Meyering, Albert 1951
Meyers, Avery....2014-17
Meyers, C.C.....1907
Meyers, Harry C.....1908
Meyers, Joseph H. 1898
Milani, James G. 1952
Milder, Max 2005-08
Miller, D.G.....1903-04
Miller, Henry G. 1930
Miller, Pat 1983-86
Miller, Robert E.....1907-08
Miller, Erik....2017
Mincy, Tevin-Cee....2011-14
Mitchell, Robert....1928
Mockmore, Charles 1918-20
Cole Moeller 2018
Moeller, Joel D.....1976-78
Moeller, Sean..... 1998-99, 2001-02
Moenck, Heath 2008
Mohr, David 1990-91
Mondane, Michael 1966-68
Moore, Edward M. 1951
Moore, George J. 1945
Moore, Tom W.....1932-34
Morch, Herbert O. 1953
Morford, J. 1908
Morris, Andre 1995-96
Morris, Andrew 1997-00
Morrissey, Steve 1990-92
Morrow, Harry 1922-24
Mortimore, M.E.....1914
Mortimore, Roy H.....1916
Morton, Raymond A. 1900
Moschella, Mike 1991
Mosley, Dennis E. 1980
Moulton, Graham 1934
Mylenek, Nathan 2017-18
Nelson, Donald F.....1935
Nelson, Emerson 1926-28
Moulton, Jack A. 1928-30
Mullen, James C. 1926



Anthuan Maybank is Iowa's most recent Olympic gold medalist, running on the winning 1,600-meter relay at the 1996 Games in Atlanta. He was a four-time All-American and seven-time Big Ten Champion for the Hawkeyes from 1990-93. Maybank was named Big Ten Athlete of the Year in 1993, and still holds school records in the long jump and outdoor 400 meters.

Mullen, Jordan.....2010-13
Munson, Harry C. 1923
Murchison, Ira J. 1952
Murphy, Daniel 2018
Myers, F.M. 1910
Myler, Melvin W. 1904-05
Napier, Andy 2007-09
Neal, Fred W. 1891-1893
Nelson, Carl 1935
Nelson, Donald F. 1935
Nelson, Emerson 1926-28
Nelson, Murray 1980
Nelson, Oscar E. 1930-32
Nelson, Paul H. 1935-36
Nelson, Robert 1936-37
Nelson, Robert E. 1948
Nessa, Luke 2001, 2003
Neuman, Scott 1990
Neumann, Bill 2001-03, 2005
Newell, Greg 1973
Newman, Matt 2010
Nichols, E.C. 1886-88
Nie, Bruce 1990
Nielsen, David W. 1973-75
Niver, Ryan 2006-08
Noff, Bruce O. 1954
Noll, Gerhard B. 1921-23
Nolting, Jason 2004-06
Nordheim, Nick 1998-02
Novotny, David 1993-96
Nugent, Leo C. 1917-18
Nugnis, Walter G. 1932
Oakley, John B. 1956
O'Brien, Willis J. 1910
O'Conner, Pat 1980-82
Ogwo, Emmanuel 2017
O'Hollearn, Matt 2003-06
Oehlert, Lewis 1923-24
Oest, Brandon 2010-13
Oestenstad, Kevin 1997-98
Ohly, Chad 1991, 1993-95
Okerlin, John 1932
Oliver, Ronald 1975-78
Olson, Dustin 2000
Olson, Harry 1959
Olson, Marvin L. 1973, 76
O'Neil, Kevin B. 1975, 77
Orris, William C. 1958-60
Otte, F. Lowell 1924
Oveson, Lynn 1970-72
Owen III, Eugene 1960
Owen, James C. 1935
Oxley, John R. 1948
Page, Bernard A. 1933-35
Page, Floyd 1919
Page, George 1995-97
Paige, Ralph 1918
Palmer, George B. 1953
Palumbo, Richard 1988-91
Panther, Mark A. 1934-36
Pape, Oran 1929
Park, William H. 1891
Parker, Guerdon D. 1920-21
Parker, Louis F. 1916
Parker, Mark 1977
Parsons, Charles L. 1913-15
Parsons, Harry C. 1903-05
Patrick, Jeff 1983
Patterson, Audwin 1991, 93-94
Paul, James 2008--11
Paul, Joe 1977, 80
Pedelty, Jay 1969-70
Pelock, Josh 2017
Pennino, Doug 1983-85
Peoples, Daniel 2006-07, 2009
Perry, Lawrence 1955-57
Pershing, Steve 1976-78
Peterman, Lester 1920-22
Peters, Chris 1993-97
Peterson, Donald 1955-56
Peterson, Joseph 1949
Peterson, Russell 2000-02, 2004
Petsche, Jeremy 2006-08
Phelps, Garry L. 1968-69
Phelps, Harold R. 1923-25
Phelps, Lowell D. 1925-27
Phillips, Van L. 1935-36
Pierre, David 2006-07
Pinsker, William A. 1929
Piper, James P. 1964
Piper, Nick J. 1954-56
Pirkl, Jeff 1984-86
Pittman, Jared 1995-96, 1998
Pleskac, Tim 1998-00
Ploen, Rex H. 1946, 48
Poots, Justin 1999, 2001-02
Porter, James 1994
Powers Jr., John L. 1916
Prall, Jonathan 1898
Presley, Bruce 1969-71
Prill, Frank 2007-10
Pristine, Leonard 1920-22
Price, Brad 1981
Price, Brook 2015-16
Price, John 1965
Prom, Nathan 2011-14
Prudhon, Wayne M. 1918
Pullman, Norman 1942
Purnell, Mark 1975-77
Quarles, Brian 1980
Rae, Brian 2003-06
Rakaric, Tony 2003-06
Ralph, Dan 1998-01
Randolph, Alvin 1964-66
Rauker, James L. 1961
Raymond, Jeff 2006-08
Raymond, Monte 1996-98
Read, Harold 1923
Reed, Aaron 2005-08
Reed, F.C. 1910-11
Rehder, Dennis 1959-60
Reichelt, W.L. 1912
Reid, Kyle 2010, 2012-14
Reid, Morrison 1972-74
Reif, William E. 1961-62
Reimer, Jonathan 1965-67
Remley, Robert G. 1907-08
Renshaw, Fred E. 1906-07
Rerko, Rodney 1994-96
Reyes, William 1965
Reynolds, Thomas 2010
Rice, Harry H. 1925, 27
Rich, Edward G. 1921
Richards, Gary L. 1962-64
Richards, Patrick 2009-12
Richardson, D'Juan 2009-12
Rickels, Keaton 2010-12
Rieger, Cameron 2012-13
Riemcke, CA 1903, 1906-07
Riley, Prince 2006-07
Riley, Steve 1979
Riley, William F. 1905-07
Ringena, E.J. 1906
Ristine, Leonard 1920, 1922
Roberts, Dale A. 1938-39
Roberts, Fred 1928-30
Roberts, Orthel 1924-26
Robinson, Joseph 1973-76
Robinson, Leonard 1894-95
Roche, Adam 2004-06
Rock, J.J. 1914
Rocker, Sidney 1963-64
Roehl, Marc 1994
Rolling, Dan 2007-10
Rorick, E.E. 1908
Rose, Winston 1993
Rosebaugh, Arthur 1919
Roseman, Garry 1990-93
Rosen, Melvin 1950
Ross, Charles W. 1902-04
Rothwell, Eric..... 2000-01, 2003-04
Rowe, Dewitt 1915
Rozell, Edward 1995-98
Russell, Fred 2001
Rybarczyk, Matt 1990
Ryerson, Karl E. 1940
Safley, Thomas E. 1968
Saling, George J. 1929-30, 1932
Salter, Robert 1974-75, 1977
Sametz, Rob 1980
Sampson, Linwood 1967
Sampson, Luke 2018
Sangster, Tom 1948-50
Sansen, Oliver M. 1931-32
Santino, William 1976-78
Sarris, Paul 1997-98, 2001-01
Saucer, Jr., Vinnie 2015-16
Sayon, Zeke 2009-11
Scarr, F.M. 1903
Schaapveld, Mark 2006-09
Schimp, Zachary 2009-10
Schlaser, Verne 1935
Schlauder, Arthur 1940-42
Schlotzhauer, Blake 2006
Schmidt, Christi 1934
Schmidt, John W. 1937-38
Schnoor, Carl F. 1940
Schoof, Steve 1996
Schum, Robert L. 1970-72
Schwengel, Franklin 1953
Scwitters, Chad 1996-99
Scott, Gary 1951-53
Scott, Kelly 1987-88
Seiling, Fred O. 1921
Sewell, Pat 1979
Seymour, Michael 1994
Shakoor, Damini 1994-96
Shaver, Leroy G. 1945
Sheedy, CC 1919
Sheehan, Daniel 1946
Sheldon, Jay A. 1973-76
Sherman, Robert 1962
Shope, Richard E. 1920, 1922-23
Shrader, E.G. 1913-15
Sidney, Earl W. 1961, 1963
Simons, James D. 1908
Simpson, Jack S. 1947-50
Skinner, Eugene 1935-37
Skowbo, Stuart W. 1930-31
Slack, Thomas 1976-79
Slater, Albert L. 1945
Slater, Frederick 1919-21
Slaymaker, Kyle 2012-13
Slingsby, Tim 1989
Smith, Alex 1998-99
Smith Jr, Ambrose 1945-46
Smith, Andrew 2011
Smith, Caesar 1983-85
Smith, C.W. 1905
Smith, Charles E. 1921-23
Smith, Darrin 1991, 1993
Smith Jr, Earl H. 1954
Smith, Floyd 1910
Smith, J. Ty 1920
Smith, L.L. 1919
Smith, Lamar F. 1935
Smith, Lowell E. 1918-20
Smith, Bob L. 1984-85
Smith, Wardell 1956
Smith, William L. 1966
Snook, William H. 1950
Soltys, Taylor 2015
Sommer, Karson 2018
Soto, Daniel 2016
Sorenson, Alfred 1925
Sorenson, Einer 1925-26
Sorrells, Tyree 2018
Soto, Daniel 2018
Sowinski, Erik 2009-12
Spejcher, Kevin 2013-16
Spencer, William 1942
Splan, Zach 2007-10
Stamats, Ralph I. 1928-29
Stancombe, Ben 2010-13

Stanfield, S.E. 1905
Stank, Matt 2001
Stanley, Arthur 1930
Stanowski, Craig 1980
Steele, Paul 1986-89
Steele, Stetson... 1996-97, 1999-00
Steffen, Mark 1970-72
Stein, Robert A. 1979
Steinbeck, Kenneth 1942-43
Steinberg, Albert 1911-12
Steussy, William 1970, 1972-73
Stevens, Jerry L. 1968
Stevens, Lester 1954-56
Stevens, Stephen 1974
Stevenson, W.V. 1928-29
Stoner, Harold E. 1918-19
Storm, Joel 2002, 2004
Story, Raymond E. 1932
Strang, Ryan 2003-05
Streeter, Stanley 1911-13
Stross, Trey 2007-08
Strozier, D'Juan 1988-89
Stubbard, Ira D. 1913
Stutsman, Issac 1908-09
Sumner, M.L. 1913
Sundberg, Richard 1969
Swedberg, Rodger 1954
Swenson, William 1923-24, 1926
Swift, CH 1902-04
Swisher, Michael 1973
Sykes, Leonard L. 1951-52
Szabo, Steve 1966-67
Tabb, Charles L. 1933
Tate, Tommy 2007, 2009
Taylor, Charles 1917
Teberg, Dale 1967-68
Tefer, John 1970-72
Teubel, Will 2013-16
Teubel, Nolan 2017-18
Teufel, John C. 1937-39
Teufel, William 1937-39
Theisen, Bill 1984-86
Thode, Jeff 2010-12
Thomas, Adam 1999-01, 2003
Thomas, Arthur W. 1929
Thomas, Brian 1991
Thomas, David 1925-27
Thomas, John W. 1961-62
Thomas, Pat 1973
Thompson, Brendan 2014-17
Thompson, Dale C. 1965-66
Thompson, Chris 2017-18
Thorpe, Walter R. 1945
Thurston, Larue 1930-32
Tiernan, Stephen 1965
Todd, Walter C. 1941
Trainor, Dan 2002, 2004
Traphagen, Stephen 2004
Trimble, Ralph 1961-63
Triplett, Orle F. 1916
Trott, Emil G. 1932
Troughton, Edward 1965
Trowers, Dion 1995-98
Tucker, James 1960-62
Tullett, Jonathan 1994-95
Tupper, Richard 1949
Turner, Byron M. 1929
Turner, Damion 1998
Tuufuli, Reno 2016-18
Tweedy, Josh 2003-05
Tyler, Samuel 1913-14
Ure, Samuel R. 1892-93
Utsinger, Donald A. 1967-69
Valdes, Graham 2008-12
Valentine, Dennis 1961
Vana, Rudolph 1928
VanCleave, Kaleb 2012-15
VanDenend, Micah 2006-08
Van Der Westhuizen, Arno 1999-01
VanDraska, Tysen 2017-18
Van Dyke, Gardner 1955-57
Van Ness, J. Everett 1924
Van Oosterhout, Peter 1892
Varner, Ray 2007-10
Ventura, Scott 1986
Ventura, Scott 1987-88
Vollenweider, Henry 1940-42
Voller, Chris 2002-05
Vonahsen, Virgil 1951
Waddelow, Dan 1978
Wahl, Ernest F. 1918-19
Wallace, Thomas 1971
Wallen, Allen 1916, 1919-20
Walter, Todd 1941
Wakenight, Jason 2004, 2006
Waples, Eliot O. 1936-37
Waples, Robert S. 1938
Warner, Joseph S. 1898-1900
Warren, John R. 1958-60
Warrington, John 1931
Washington, Richard 1946, 1948
Waters, Danny 1983, 1985-86
Waymire, Pat 1991
Webb, Cloyd W. 1961-63
Webster, Alex 2006
Weik, John 1948, 1950-51
Weiland, F.H. 1900, 1902
Weinrich, AF 1903
Weir, Ryan 2012-13
Weldon, LD 1930-31
Wellington, Rodney 1973-75
Welter, Joe 2000-03
Wertman, Phil 1969-71
Wheeler, Ted 1952-53, 1956
Weldon, L.D. 1930-31
Wellington, Rodney 1973-75
Wertman, Philip 1969-71
Wheeler, Kyle 2012
Wheeler, Ted S. 1952-53, 56
White, David 1990-91
White, George H. 1956, 1958
White, Roy A. 1908
Whitworth, Rex H. 1944
Wickey, Howard 1931
Wieczorek, Larry 1966-68
Wiese, Andy 1984-87
Wiggins, Edward 1938-39
Wigginton, Todd 1984-86
Wilcox, Francis 1928, 1930
Wilcox, Kenneth 1934
Woodard, Antonio 2017
Caleb Wilfong 2013
Wilkerson, Edward 1942
Wilkinson, Herbert 1945-46
Wilkinson, John 1967
Willer, James F. 1930-31
Willet, F.E. 1905
Willey, Steven 2008-11
Williams, Anthony 2018
Williams, Chris 1980-83
Williams, Earl H. 1926
Williams, Fred A. 1896, 1898-99
Williams, Jerry 1960-62
Williams, John S. 1972-73
Williams, Joseph 1894
Williams, Kenny 1983-86
Williams, Samuel 1900-02
Williamson, Scott 2000-02
Wilmoth, Charles 1928
Wilson, Arlo 1910-11
Wilson, Brice 2008-09
Wilson, Dennis B. 1973
Wilson, Eric C. 1921-23
Wilson Jr, Eric C. 1946, 1948
Wilson, James L. 1939-40
Wilson, James P. 1955
Wilson, L.A. 1899-1901
Wilson, Lawrence 1968-70
Wilson, O'Shea 2014, 2018
Windauer, Bobby 2007, 2009
Wise, Kevin 2001
Wisgerhof, Max V. 1934-35
Witt, Ben 2012-15
Wolf, Irvin 1941-42
Wolfe, Daniel A. 1965-67
Wolff, Mitch 2014-17
Wood, David 1990
Wood, Richard R. 1958
Woodard, Antonio 2018
Workhoven, Harry 1929
Workman, Robert 1942
Wright, George E. 1953
Wright, John 1986
Wyatt, Bernard T. 1961
Wyland, Guido 1917
Yamini, Bashir 1996-99
Yavorsky, G.W. 1902-03
Young, D.R. 1918
Young, H.E. 1903-05
Young, James V. 1956-58
Young, Nick 2010
Young, Richard D. 1918
Youngerman, Wesley 1930-32
Zell, Edward H. 1922-23
Zittnan, David D. 1975, 78
Zona, Alex 2007-10

Erik Sowinski is the most decorated 800-meter runner in school history. He is a seven-time All-American, and the 2012 Big Ten Indoor 800-meter champion. He currently holds school records in the indoor and outdoor 800 meters, and ran on the school recond-setting 3,200 meter and sprint medley relays.

Women's All-Time Letterwinners

Abel, Maureen 1978-80
Abel, Sara 1981
Adam, Carol 1984
Adams, Janet 1981-84
Adams, Kristen 1986-88
Adams-Brown, Lacey 2001
Albert, Janet 1984-87
Alexander, Kineke 2005-08
Alexia, Adrianne 2011-15
Almquist, Heidi ..... NA
Althoff, Martha ..... NA
Ambrose, Suzanne 1982-83
Amenda, Barbara 1979
Anderson, Blair 2002
Anderson, Debra ..... NA
Anderson, Krista 2006-08
Anderson, Lindsey 2009
Andrews, Amy 1983
Andrews, Karen 1978-80
Anton, Christen ..... NA
Arco, Taylor 2017
Arens, Sarah 2000-04
Armstrong, Meghan 2005-08
Avant, Kyara 2018
Bacchus, Caleigh 2007-10
Bain, Robin 1985
Barber, Atalie 2001-04
Bare, Wendy 1987
Barnes, Holly 1992-93
Beck, Mandy 1999-2002
Bennett, Stephanie 1983, 1985
Benning, Briana 1994-97
Benson, Nicole 2013
Bentler, Catherine 1990-92
Bergman, Julie 1985
Berndt, Danielle 2009-12
Betz, Anne ..... NA
Betz, Michelle 1983
Billman, Angela 1992-93
Blackstone, Kerri 1996-99
Blossfeld, Suzanne 1978-79
Blum, Virginia ..... NA
Boatright, Lakeya 1998-99
Boddicker, Bev 1978-80
Boland, Erin 1992-95
Borg, Becki 1987-89
Bote Gonzalez, Marta .. 2015, 2017-18
Bouska, Any 1989-92
Bradley, Cheryl 1982
Brandt, Jan ..... NA
Bray, Emily ..... NA
Breen, Kelly 2015, 17
Brennen, Catherine 1981
Britt, Nia 2017-18
Brooks, Marta 1979-80
Broomfield, Erica 1998
Brower, Jennifer 1989-92
Brown, Brittany 2014-15, 17-18
Brown, Leslie 1989
Brown, Nicole 1995-97
Burgett, Sarah 2004-07
Burke, Jolly 2007-09
Burnham, Vicki 1978
Burris, Anne 1979
Buss, Talia 2017-18
Butler, Katie 1999-2001
Buysse, Kathy 1986
Bynoe, Stacey-Leigh 1996-99
Calhoun, Brenda 1984
Camarigg, Denise 1981
Campbell, Laura ..... NA
Capista, Jenni 2002, 2005
Carr, Lori 1986
Casey, Joyce ..... NA
Cervin, Judith 1980
Chadwick, Angela 1989-92
Champe, Sheridan 2015-18
Chandler, Heaven 2016-17
Chandler, Mandy 2006-07, 2009
Chapman, Carrie 1977-78
Chapman, Taylor 2016-17
Chapple, Nikki 2004-06
Charles, Nicole 2001-03
Chatterson, Joyce 1979
Cevalleau, Karen 1989
Childs, Kacey 1998-2001
Chow, Sophia 2001-03
Choynacki, Gretchen 1983
Christensen, Mari 1983
Christian, Antonise 2018
Clapperton, Gaye 1978-79
Clarke, Megan 2007
Clarke, Coretta 1995, 1999
Claussen, Traci 1986-89
Colbert, Leah 2015-18
Cole, Wynsome 1994-98
Colegrove, Erica ..... NA
Coleman, Becky 1994-97
Collins, Sydney 2017-18
Combs, Anne 1982
Connelly, Michelle 1978
Cook, Margaret ..... NA
Cooper, Susan 1977-78
Corcoran, Kelly ..... NA
Costello, Beth 1980
Crossett, Lisa 1983-87
Cullinan, Eve 2001-03
Curry, Rachel 2010-14
Dahl, Tracy 1990-94
Damron, Leatha 1985
Daniel, Megan 1993-94
Dankof, Sarah 2002
Darland, Sheila 1994-95
Davenport, Chris 1981-83
Davis, Diane 1983
Davis, Eileen 1978-79
Davis, Lynne 1983-86
Davis, Stephanie 1988
Davis, Vickie 1986
Decker, Amber 2017
DeGeorge, Kelli 2017-18
Deldin, Patricia 1982
Deluca, Sarah C. Abel 1979-81
Dickerson, Cristy 1981-82
Dinkla, Kristi 1985-86
Dixon, Pamela 1978
Dixon, Tamara 2001-02
Dlhy, Brittany 2009-12
Doak, Nan 1981-85
Dobrowolski, Anne 1982-86
Docherty, Beverly 1977-80
Docherty, Jennie 2006, 2009
Donahue, Carly 2018
Donlon, Katie 2002-05
Doyle, Renee 1986-89
Drapcho, Rosemary 1978-81
Dresselhaus, Ann 1978-80
Drewry, Allison 1995-96
Drulis, Julie 1997-98
Duhaney, Dahlia 1989
Dunlevy, Jane 1977
Dunlop, Amy 1977-79
Egan, Bridgette 1991-93
Eilers, Brooke 2009, 2011-13
Elbert, Jenni 2005-06
Emmons, Diane 1979-80
Ellis, Kassidy 2014-15
Ellis, Katie 2008-09
Erickson, Nicole 2009-12
Esche, Molly 2005-08
Fabian, Cynthia 1981-82
Fallon, Fionna 2009-10
Farley, Karessa 2008-10
Feltes, Teresa 1977-78
Fisher, Niki 1996
Fishwald, Karen 1981
Fleck, Shawn 1995-96
Flood, Betsy 2009-12
Floyd, Ida "Tina" 1991-95
Flynn, Anne 1982-85
Flynn, Erin 1978-82
Fouché, Jessica 2003
Franklin, Becca 2005-07
Fraser, Melissa 1995-97
Freed, Jill 1988-89
Freund, Kay 1978-81
Friedlander, Laura 1985-86
Fritz, Courtney 2011-14
Galbraith, Sheila 1992-93
Gallery, Julie 1998, 2000-02
Gantz, Ellen 1997-99
Garmanian, Debbie 1977
Gattone, Allison 2013-16
Gaupp, Colleen 1978-81
Gay, Alexis 2017-18
Giampapa, Michelle 1986
Gilbaugh, Laura 1983
Gilchrist, Alienor 1997
Gillespie, Kathy 1982-85
Gilson, Jennifer 2002
Gnage, Lynn 1983
Goettsch, Shelley 1988
Gooch, Susan 1977
Goodell, Dakotah 2013-16
Gorman, Keelin 2011-12
Graber, Kim 1976-78
Graham, Kara-Aretha 2007-10
Granger, Ashley 2005-06
Grant, Ellen 1994-97
Griffin, Maggie 1997-00
Griffin, Sara 1986-89
Gripp, Sue 1978
Gritters, Stephanie 1982-84
Guillory, Briana 2016-18
Gulvas, Ashlyn 2011-13
Guster, Elexis 2014-16
Haefke, Kristen 1997-98
Haggerty, Laura 1985-86
Haight, Micaela 2011
Hall, Maggie 1998-99
Hammond, Erika 2017-18
Hamilton, Jana 1979-80
Hardesty, Amanda 2008-11
Hardesty, Lauren 2008-11

Peaches Roach was a four-time All-American and five-time Big Ten Champion in the high jump (2004-07). She is the only Hawkeye to win five Big Ten titles in one event.

Hargrave, Tashee 2017-18
Harris, Susan ..... NA
Hart, Kelsey 2011,2013
Harold, Lydia 2016
Hassin, Kathryn 1977
Hawes, Michelle 1984-86
Hawks, Rachel 2009
Hawkins, Senta 1985-88
Hayden, Jenny 1982-83
Healy, Patty 1982
Heath, Maureen 1977-80
Hedlund, Laurie 1977-78
Hendricks, Tiffany 2008-11
Henize, Sarah 2008
Hensel, Angie 2004-05
Hentges, Leah 1999-2000
Heppner, Molly 1983
Hernandez, Alexis 2014,16-17
Herra, Lindsay 2014-16
Herrmann, Katie 2003-04
Hershberger, Jodi 1981-83, 1985
Hill, Shelley ..... NA
Hinz, Kara 2000-01
Hoback, Katie 2002
Hobbs, Yolanda 1991-95
Hochhalter, Kayla 2015
Hoehle, Zanetta 1978-81
Hoeman, Cari 1998-99
Holder, MonTayla 2013-16
Hollensbe, Julie 2017
Holly, Karen 1981-83
Holmes, Christa 1990-92
Holst, Brittany 2013
Holst, Mindy 1991-92
Hornof, Debbie 1981-82
Hoskins, Tami 1988-92
Hosmer, Rachel 1990-92
Houmiel, Tami 1988-91
Houtz, Janna 1983-84
Hovorka, Julia ..... NA
Huber, Keely 2002-03
Hull, Sherri 1983, 1985-87
Hume, Aisha 2001-05
Hunt, Alexa 2014
Hyde, Leslie ..... NA
Hynes, Mary 1977
Jackson, Jennifer 1983
Jackson, Kathy 1982-83
Jackson, Staci 1989
Jacobsen, Julie 1977
James, Aisha 2003
Jaspers, Janelle 1986-89
Joens, Angela ..... NA
Joens, Sara 1986-89
Johns, Jennifer ..... NA
Johnson, Jeanne 1979
Johnson, Jennifer 1991-94
Johnson, Nichole 1991-93

Diane Nukuri (2006-07) was a three-time All-American, two-time NCAA Midwest Region Cross Country Champion and Female Athlete of the Year and the 2008 University of Iowa Female Athlete of the Year. She set school records in eight events, and holds the Ashton Course marks in the 3,000 and 4,000 meters. She won the 2007 Big Ten cross country title, earning Big Ten Women's Cross Country Athlete of the Year honors. She also won the 2007 Drake Relays 5,000 meters. A 2007 Honda Sports Award finalist, she received the 2008 Wilma Rudolph award.

Johnson, Tiffany 2004-07
Jones, Aditya 2005-07
Jones, Alana 2015, 17
Jones, Elaine 1982-85
Jones, Erin 2011-12
Jones, Patricia 1989-91
Jones, Peggy 1978
Jordan, Mariah 2010
Kasparbauer, Amy 2001
Kaufman, Dominque 1995
Kaza, Rebecca 1995-99
Kerr, Tammilee 2005-08
Kiciak, Jennifer 1996-97
Kilmer, Margaret ..... NA
Kintzel, Denise 1977-78
Kimbro, Jenny 2017-18
King, Mallory 2017-18
Kiraly, Tricia 1986-89
Kirgis, Lori 1980
Kleinfelter, Natalie 1993-94
Knight, Kristin 2001-03
Knoblauch, Mary 1981
Knox, Nancy 1977
Koch, Suzanne 1982-83
Kotarba, Christine 2004-05
Krekeler, Rebecca Ann 1978-79
Kreiner, Laura 1989-92
Kruckenberg, Jeanne 1987-90
Kruck, Kim 1993-95
Kruse, Renee 1986-89
Kubitz, Christine 1996-97, 1999
Kull, Carolyn 1978-79
Kull, Marcia 1977-78
Kwaza, Lake 2013-16
Labs, Kelsey 2011
Laesch, Jackie 2010, 2012
Lahann, Michelle 2000-04
Lambrecht, Carol 1977-78
Laney, Jordan 2004-05, 2007
Lantrip, Aubrianna 2017-18
Larson, Erica 1978
Layne, Karen 1989-92
Leacock, Carissa 2011-14
Lessard, Megan 2010
Levang, Margo 1998
Leydens, Connie 1980
Linner, Michelle 1979-80
Lisy, Jennifer 1992-93
Liverpool, Ashley 2011-12
Lund, Yvonne Irene 1979-80
Lundquist, Lisa 1978
Lynberg, Michele 1977-78
Maks, Stephanie 1982-84
Marchand, Racheal 2005-09
Marconi, Janelle 1987-89
Marks, Tricia 1986-89
Marshall, Kamesha 2003-05
Marshall, Sue 1978
Martin, Courtney 2014-15
Mashek, Lori 1980-81
Maser, Shannon 2014-15
Mason, Jacolyn 1984
Matsunaga, Stephanie 1996
Mattingly, Marianne 1978-80
Maurer, Megan 1995-98
McCalla, Lindsey 2004-06
McClure, Michaela 1998
McDougall, Elizabeth 1989
McDowell, Tina 1991-94
McGarrahan, Kimberly 1987-88
McGuire, Margaret 1989
McGuire, Michelle 1983
McKenzie, Vivien 1983-86
McManus, Maureen 1980
McMillan, Lynn 1986-88
McRell, Amy 1989-93
Medenwaldt, Tiffany 2010
Melander, McKenzie 2009-12
Menson, Angela 1982
Merry, Ashley 2005
Mettelmann, Perriann 1979
Mikkelsen, Peggy 1980
Millange, Michele 1976-77
Miller, Missy 2010
Miller, Zinnia 2011-14
Millward, Georgia 2001-05
Mims, Kelsey 2009-11
Mims, Monica 2005-08
Mims, Susan 1977-80
Misel,Kara 2018
Mitchell, Elizabeth 1978-79
Moats, Lisa 1986-87
Mol, Mary 1982-85
Molony, Terry ..... NA
Moon, Jennifer 2000
Moore, Jackie 1984
Moore, Jennifer 1987-89
Moore, Jennifer S. 1991-93
Moore, Raven 2010, 2012
Moreno, Susan 1977-79
Morken, Kylie 2018
Mueller, Marissa 2018
Mugge, Jill 1978
Mumford, Suzanne 1983-84
Murphy, Amy 1999-00
Murray, Sara 1993
Neighbors, Jill 1983
Nelson, Kaitlyn 2013-16
Nelson, Major Sue 1977-78
Newbrough, Haley 1997
Newhouse, Carolyn 2014-16
Newman, Ronda 1977
Nukuri, Diane 2007-08
O'Brien, Penny 1981, 1983-85
O'Hern, Erin 2005-06, 2008
Oladele-Ajose, Tayo 2013-14
O'Leary, Jeann 1976-79
O'Neil, Erin 1981-82
Orr, Davera 1984-87
Otii, Helen 1993
Owens, Maria 1999
Pare, Anne 1996
Parker, Judy 1981-82
Parmiter, Catherine 2000

Bethany Praska was a two-time All-American and three-time Big Ten champion in 2011. She was a three-time academic All-Big Ten honoree (2009-11) for the Hawkeyes.

Parsons, Jodi 1991-94
Paterno, Janey 1977
Pauling, Kiersten 1994-96
Pearson, Laura 2005
Pedersen, Tiff 2002-05
Perkins, Tiffany 2002
Perry, Sarah Spencer 2009
Peterson, Jodi 1989-93
Peth, Maria ..... NA
Philip, Maria 1996
Pisha, Stephanie 1978
Placzek, Lena 2011
Plock, Sarah
Poncè, Sophia 2007-10
Poole, Marlene 1991, 1993-95
Powell, Beverly 1988-89
Powers, Mary 1983
Praska, Bethany 2008-11
Prendergast, Colleen 1997-99, 2001
Price, Rachel 2013-14
Providence, Jiselle 2001-03
Quigley, Kristina 1999-2000
Quinn, Kelsey 2012
Radakovich, Bobby 1992-94
Raheem, Ruqayya 1996-99
Ranegar, Megan 2010-13
Redfern, Alana 2002-03
Redies, Shelly 1984-86
Reid, Tanja 1994-95
Rehn, Katherin 2011
Reischmann, Anne 2015
Renning, Shani 1990, 1992-94
Reynolds, Roxanne 1988
Richardson, Holly 1977
Riedl, Carrie 1978
Rimpson, Michelle 1986
Roach, Peaches 2004-07
Roberts, Ericka 2000-03
Roberts, Rachelle 1987-89
Roberts-Lewis, Jaylnn 2016-18
Roeder, Hannah 2008-11
Roehl, Becky 1994-97
Romic, Kimberly 1987-88
Rouw, Madison 2014-16
Rozycki, Laurie 1996
Ruden, Lindsey 1994
Ruen, Paula 1996-99
Ruffcorn, Ann 1999-2000
Russo, Diane 1979-82
Ryan, Sarah 2012-14
Ryken, Karen 1977
Salazar, Nina 1986-88
Salsberry, Christine 1991-93
Sas, Kathryn 1983
Sasseen, Dee 1986
Sasseen, D'an ..... NA
Sather, Mari 1983
Saunders, Tia 2017-18
Scheibel, Jill 1996-99
Schilb, Hannah 2017-18
Schlueter, Janna 1983-84
Schmidt, Jessica 2005-08
Schmidt, Kristi 2000
Schneckloth, Kim 1987-89
Schneider, Ann 1980
Schoborg, Mickey 1984-86
Schoonover, Jennifer 1994
Schrulle, Mareike 2013
Scott, Lauren 2013
Sears, Laura 1984-87
See, Maribeth 1983-86
Selsor, Kristin 1982-85
Shannon, Gina 1998-2001
Sharpe, Sommer 2018
Shine, Anrea 2018
Shearer, Anna 1999
Sheeley, Erin 2005
Sheetz, Terri 1977
Simmons, Tria 2016-18
Simon, Clara 1981
Simonson, Hannah 2011-12
Simpson, Alycia 1986-89
Simpson, Jasmine 2011-14
Sims, Sharon 1977-78
Sindt, Jordyn 2014-17
Slocum, Wendy ..... NA
Smith, Annemie 2012-15
Smith, Gail 1982-85
Smith, Amy 2017-18
Snow, Kathy 1986-87
Snow, Shari 1981
Sokol, Michelle 2002-03, 2005
Soldan ,Terri 1981-83
Spangler, Jenni 1982, 1984-86
Spanoudakis, Konstadina 2018
Sparks, Staci 1993-94
Spinks, Natalie 1983
Sproles, Lakesha 1996-98
Stahle, Amanda 2011-14
Stanford, Kimberly 2008
Stanley, Shannon 2004-07
Stec, Tina 1991-94
Steelhammer, Jill 1977-78
Steffen, Sarah 2000-03
Steinhart, Diane 1979-82
Steinhart, Laurie 1981
Stiffend, Latoya 2002-03, 2005
Stippel, Lori 1979
Stormo, Kay 1979-82
Strand, Jessie 2002-04
Strobel, Belina 1981
Strub, Charlotte 1977
Strueland, Kelsey 2010
Sullivan, Traci 1986-89
Suppelsa, Sherri 1984-88
Swaim, Mandy 1997-98
Swanson, Addie 2018
Swartzrock, Diane 1978-80
Taylor, Barbara 1977
Taylor, Davera 1984-87
Taylor, Denise 1990, 1992-94
Taylor, Kelsey 2011
Tausaga, Laulauga 2017-18
Teague, Kimberly ..... NA
Tessmer, Nancy 1989-92
Thomas, Jahisha 2015-18
Thompson, Becca 2000-03
Thurber, Anne ..... NA
Tillman, Catherine ..... NA
Todd, Jocelyn 2013, 2015
Todd, Stephanie 1977-80
Tremmel, Laura 1983
Tripp, Shawna 1990-92
Trost, Katharina 2014-15
Truedson, Katie 2010, 2013
Trusty, Rhonda-Kaye 2007-10
Tully, Penny 1981-84
Tutson, Majesty 2010-12
Tweto, Marjorie 1996
Tyson, Adrienne 1998
Underwood, Tara 1995-98
Uryki, Gillian 2017-18
Van Der Hart, Sheri 1990-93
Vandersteen, Laura 1983
Vandervoort, Martha 1991-94
VanSteenwyk, Lisa 1989-93
Vaughan, Jennifer 1983
Vesely, Trisha 1988-89
Villhauer, Holly 1976-78
Vinton, Kimberly 1992-93
Vitense, Mandi 1997-99
VonMuenster, Shannon 2002
Voss, Jamie 1992-93
Wahrman, Allison 2017-18
Watters, Kristen 1986-89
Watts, Mahnee 2014-17
Waymire, Madison 2016-18
Weber, Zanette 1981
Weiland, Melissa 1987-88
Weismantle, Kirsten 2010-13
Welch, Kylie 2018
West, Shelby 2018
Westhoff, Sherry ..... NA
Weum, Aly 2018
Wheeler, Mary ..... NA
Whelchel, Christie 1980-83
White, Renee 2006-09
Wiese, Suzanne 1983-84
Wilberding, Tess 2014-17
Wight, Jena 1983
Wiley, Sadie 1992-93
Wilkinson, Ashley 2011-12
Williams, Julie 1979-81
Williams, Khanishah 2012-16
Williams, Shellene 2003-04
Wilson, Beth 1989
Winjum, Kristin 1982-85
Winn, Nicole 1992-93
Winter, Catherine 1990-92
Winter, Ester ..... NA
Wodek, Janet 1984-87
Woodard, Christann 1979
Wymore, Sue 1978
Wynter, Kaydene 1996
Young, Deborah 1981-83

Men's 2018 Team Roster

Name	Yr.	Hometown (Last School)
Brandon Cooley	Jr.	Bettendorf, Iowa (Bettendorf)
Ian Eklin	Sr.	Plymouth, Minn. (Wayzata)
Noah Healy	So.	Frankfort, Ill. (Lincoln-Way East)
Bailey Hesse-Withbroe	Sr.	Stillwater, Minn. (Stillwater)
Michael Melchert	Sr.	Monticello, Iowa (Monticello)
Daniel Murphy	Sr.	Marion, Iowa (Linn-Mar)
Nathan Mylenek	Jr.	Clarkston, Mich. (Pontiac Notre Dame)
Jeff Roberts	So.	River Vale, N.J. (Pascack Valley)
Luke Sampson	Jr.	Little Chute, Wis. (Little Chute)
Spencer Smith	Fr.	Bettendorf, Iowa (Alleman)
Karson Sommer	Jr.	Bettendorf, Iowa (Pleasant Valley)
Konnor Sommer	Fr.	Bettendorf, Iowa (Pleasant Valley)
Daniel Soto	Sr.	W. Des Moines, Iowa (Valley)

Women's 2018 Team Roster

Name	Yr.	Hometown (Last School)
Logan Akason	Fr.	Waukee, Iowa (Waukee)
Mary Arch	So.	Iowa City, Iowa (City High)
Taylor Arco	Jr.	Mission Viejo, Calif. (Mission Viejo)
Ashley Bryja	So.	Chicago, Ill. (Tennessee-Martin)
Maddie Carver	So.	Urbandale, Iowa (Urbandale)
Ashley Espinosa	Sr.	Lindenhurst, Ill. (Lake Villa)
Emma Gordon	Fr.	Ankeny, Iowa (Ankeny Centennial)
Anna Hostetler	Fr.	Parnell, Iowa (Mid-Prairie)
Mallory King	Jr.	Davenport, Iowa (Assumption)
Kylie Latham	Fr.	Ottumwa, Iowa (Ottumwa)
Grace McCabe	Fr.	Clarendon Hills, Ill. (Hinsdale Central)
Jessica McKee	Fr.	Johnston, Iowa (Johnston)
Wren Renquist	So.	Okinawa, Japan (Kadena)
Megan Schott	So.	Des Moines, Iowa (Iowa State)
Andrea Shine	Sr.	Crystal Lake, Ill. (Prairie Ridge)
Patty Teggatz	Fr.	Hampton, Iowa (Hampton-Dumont)
Elzerie van Dyk	Fr.	Johnston, Iowa (Dowling Catholic)
Macie Weber	Jr.	Cascade, Iowa (Cascade)
Lindsay Welker	Jr.	Terre Haute, Ind. (North)
Aly Weum	So.	Stoughton, Wis. (Stoughton)
Jordan Winke	So.	Albia, Iowa (Albia Community HS)

Coaching & Staff Information

Cross Country head coach (Yrs. at Iowa) ..... Randy Hasenbank (3rd)
Alma Mater ..... Wichita State
Email Address ..... randy-hasenbank@uiowa.edu

Men's Cross Country Team Quick Facts

2018 Big Ten Cross Country Championship Finish (Pts.): 6th (153)
2018 NCAA Regional Cross Country Finish (Pts.): 7th (249)
NCAA Qualifiers Returning/Lost 1/0
All-Region Returning/Lost: 1/0
Letterwinners Returning/Lost: 8/5

Men's Cross Country Historical Quick Facts

Highest Big Ten Championships Team Place (Yrs.): 1st (1961, 1966)
Highest NCAA Regional Team Place (Pts., Yr.): 1st (79, 2002)
Highest NCAA Championships Team Place (Yr.): 2nd (1955)
NCAA Champions: ..... 1 - Deacon Jones, 1955
All-Americans: ..... 5 student-athletes, 7 honors
NCAA Regional Champions: ..... 1 - Micah VanDenend, 2006
All-Region Honorees: ..... 21 student-athletes, 41 honors
Big Ten Champions: ..... 6 student-athletes, 9 titles
All-Big Ten Honorees: ..... 9 student-athletes, 11 honors
Academic All-Big Ten Honorees: ..... 53 student-athletes, 126 honors

Women's Cross Country Team Quick Facts

2018 Big Ten Cross Country Finish (Points): 9th (233)
2018 NCAA Midwest Regional Finish (Points): 12th (343)
NCAA Qualifiers Returning/Lost 0/0
All-Region Returning/Lost: 0/0
Letterwinners Returning/Lost: 14/2

Women's Cross Country Historical Quick Facts

Highest Big Ten Championships Team Place (Pts., Yr.): .. 1st (74, 1982)
Highest NCAA Regional Team Place (Pts., Yr.): 3rd (118, 2006), 3rd (111, 2007)
Highest NCAA District Champ's Team Place (Yr.): 2nd (1986, 1991)
Highest NCAA Championships Team Place (Pts., Yr.): . 8th (249, 1982)
All-Americans: ..... 11 student-athletes, 14 honors
NCAA Regional Champions: ..... 2 student-athletes, 3 honors
All-Region Honorees: ..... 13 student-athletes, 18 honors
Big Ten Champions: ..... 2 - Tracy Dahl, 1992; Diane Nukuri, 2007
All-Big Ten Honorees: ..... 14 student-athletes, 19 honors
Academic All-Big Ten Honorees: ..... 95 student-athletes, 167 honors

Hawkeye Invitational

August 31 - Iowa City, Iowa
6,000 meters - 2nd/6 teams (63 points)

Individual Results

Place	Name	Time
9.	Daniel Soto	18:44.3
10.	Ian Eklin	18:44.3
12.	Spencer Smith	18:49.3
19.	Daniel Murphy	19:02.0
21.	Nathan Mylenek	19:03.0
23.	Karson Sommer	19:05.7
25.	Bailey Hesse-Withbroe	19:09.0
26.	Noah Healy	19:10.6
30.	Brandon Cooley	19:22.1
31.	Konnor Sommer	19:22.8
48.	Jeff Roberts	20:10.1

Woody Greeno Invite

September 15 - Lincoln, Neb.
8,000 meters - 2nd/9 teams (68 points)

Individual Results

Place	Name	Time
3.	Daniel Soto	24:45.5
6.	Nathan Mylenek	25:08.6
12.	Brandon Cooley	25:33.3
22.	Bailey Hesse-Withbroe	25:47.0
25.	Noah Healy	25:49.6
26.	Ian Eklin	25:52.1
28.	Karson Sommer	25:53.7
31.	Daniel Murphy	25:59.7
32.	Konnor Sommer	26:00.8
51.	Jeff Roberts	26:30.6
61.	Spencer Smith	26:57.4

Joe Piane Notre Dame Invitational

September 28 - South Bend, Ind.
5 miles - 9th/17 teams (246 points)

Individual Results - Blue Race

Place	Name	Time
14.	Dan Soto	24:16.2
38.	Nathan Mylenek	24:44.0
55.	Brandon Cooley	24:57.7
70.	Karson Sommer	25:10.3
80.	Noah Healy	25:25.8
82.	Bailey Hesse-Withbroe	25:29.2
84.	Ian Eklin	25:31.5
86.	Daniel Murphy	25:32.5

Individual Results - Open Race

12.	Spencer Smith	25:24.98
18.	Konnor Sommer	25:40.24
20.	Jeff Roberts	25:53.46

NCAA Pre-Nationals

October 12 - Madison, Wis.
8,000-meters - 16th/35 teams (511 points)

Individual Results - Cardinal Race

Place	Name	Time
57.	Nathan Mylenek	24:39.7
81.	Daniel Soto	24:52.9
110.	Karson Sommer	25:08.2
127.	Bailey Hesse-Withbroe	25:19.0
141.	Brandon Cooley	25:25.9
156.	Noah Healy	25:39.5
186.	Ian Eklin	25:52.8

Big Ten Championships

October 28 - Lincoln, Neb.
8,000 meters - 6th/12 teams (153 points)

Team Results

Place	Team	Points
1.	Wisconsin	38
2.	Purdue	88
3.	Indiana	108
4.	Michigan	109
5.	Michigan State	111
6.	**Iowa**	**153**
7.	Minnesota	164
8.	Nebraska	179
9.	Penn State	212
10.	Illinois	299
11.	Ohio State	350
12.	Rutgers	365

Individual Results

Place	Athlete	Time
11.	Nathan Mylenek*	24:00.5
32.	Daniel Soto	24:33.6
35.	Brandon Cooley	24:36.9
36.	Daniel Murphy	24:37.0
39.	Karson Sommer	24:40.5
52.	Ian Eklin	24:58.7
54.	Spencer Smith	24:59.8
60.	Bailey Hesse-Withbroe	25:05.2

* -- All-Big Ten

NCAA Midwest Regional

November 9 - Peoria, Ill.
10,000 meters - 7th/31 teams (249 points)

Team Results

Place	Team	Points
1.	Iowa State	38
2.	Bradley	102
3.	Tulsa	107
4.	Oklahoma State	124
5.	Minnesota	173
6.	Kansas	199
7.	**Iowa**	**249**
8.	Nebraska	256
9.	Illinois State	267
10.	South Dakota State	288
11.	Illinois	303
12.	Eastern Illinois	316
13.	Missouri	330
14.	St. Louis	340
15.	Drake	413
16.	Loyola (Ill.)	458
17.	Kansas State	502
18.	Wichita State	515
19.	Northern Iowa	549
20.	Oklahoma	568
21.	North Dakota State	580
22.	Southern Illinois	587
23.	SIU Edwardsville	620
24.	Illinois-Chicago	659
25.	UMKC	668
26.	South Dakota	515
27.	SEMO	805
28.	Creighton	875
29.	DePaul	883
30.	Western Illinois	906
31.	North Dakota	911

Individual Results

Place	Athlete	Time
3.	Nate Mylenek*	30:55.2
35.	Karson Sommer	31:47.9
47.	Daniel Murphy	32:07.4
60.	Ian Eklin	32:16.3
104.	Bailey Hesse-Withbroe	33:00.0
116.	Brandon Cooley	33:12.9
119.	Spencer Smith	33:17.6

** -- All-Region*

NCAA Championships

November 17 - Madison, Wis.
10,000 meters

Individual Results

Place	Athlete	Time
141.	Nate Mylenek	30:59.88

Hawkeye Invitational

August 31 - Iowa City, Iowa
4,000 meters - 2nd/6 teams (56 points)

Individual Results

Place	Name	Time
1.	Andrea Shine	14:07.5
4.	Megan Schott	14:23.7
14.	Anna Hostetler	14:51.5
15.	Grace McCabe	14:52.9
22.	Jordan Winke	15:06.8
27.	Kylie Latham	15:21.7
29.	Jessica McKee	15:26.4
34.	Logan Akason	15:38.2
36.	Wren Renquist	15:43.5
37.	Emma Gordan	15:51.7
38.	Ashley Bryja	15:52.3
40.	Ashley Espinosa	15:52.9
41.	Mary Arch	15:53.7
45.	Julie Hollensbe	16:06.2
47.	Lindsay Welker	16:13.4
49.	Patty Teggatz	16:38.2
52.	Taylor Arco	16:53.1
53.	Alyson Weum	16:59.1

Woody Greeno Invite

September 15 - Lincoln, Neb.
6,000 meters - 3rd/12 teams (124 points)

Individual Results

Place	Name	Time
1.	Andrea Shine	21:15.1
16.	Megan Schott	22:03.1
21.	Anna Hostetler	22:10.5
50.	Jessica McKee	23:05.1
52.	Kylie Latham	23:13.8
56.	Grace McCabe	23:19.8
68.	Ashley Bryja	23:35.4
70.	Macie Weber	23:37.0
71.	Ashley Espinosa	23:37.4
88.	Mary Arch	24:04.0
99.	Emma Gordon	24:21.2
103.	Wren Renquist	24:31.3

Joe Piane Notre Dame Invite

September 28 - South Bend, Ind.
5,000 meters - 7th/19 teams (253 points)

Individual Results - Blue Race

Place	Name	Time
15.	Andrea Shine	17:10.29
30.	Megan Schott	17:28.99
41.	Anna Hostetler	17:42.71
78.	Grace McCabe	18:10.29
94.	Jessica McKee	18:24.28
103.	Kylie Latham	18:29.67

Individual Results - Open Race

40.	Wren Renquist	19:14.28
41.	Mary Arch	19:15.65
60.	Macie Weber	20:01.12

Bradley Pink Classic

October 12 - Peoria, Ill.
6,000 meters - 6th/39 teams (238 points)

Individual Results - Red Race

Place	Name	Time
12.	Megan Schott	21:02.2
14.	Andrea Shine	21:08.6
27.	Anna Hostetler	21:25.8
62.	Grace McCabe	21:54.0
123.	Jessica McKee	22:25.6
161.	Ashley Bryja	22:46.9
179.	Kylie Latham	22:57.1
186.	Jordan Winke	22:59.8
227.	Ashley Espinosa	23:29.5

Illinois Open

October 19 - Champaign, Ill.
5,000 meters - 3rd/5 teams (58 points)

Individual Results - Red Race

Place	Name	Time
11.	Wren Renquist	18:53.8
15.	Ashley Espinosa	19:01.0
16.	Emma Gordan	19:03.4
24.	Mary Arch	19:19.2
32.	Patty Teggatz	19:33.5
53.	Elzerie van Dyk	20:17.1

Big Ten Championships

October 28 - Lincoln, Neb.
6,000 meters - 9th/14 teams (233 points)

Team Results

Place	Team	Points
1.	Michigan	57
2.	Michigan State	75
3.	Wisconsin	89
4.	Penn State	103
5.	Indiana	110
6.	Minnesota	167
7.	Northwestern	200
8.	Ohio State	232
9.	**Iowa**	**233**
10.	Purdue	260
11.	Nebraska	283
12.	Illinois	300
13.	Rutgers	375
14.	Maryland	381

Individual Results

Place	Athlete	Time
15.	Andrea Shine	20:35.0
41.	Megan Schott	21:16.8
50.	Anna Hostetler	21:33.9
67.	Kylie Latham	21:59.8
74.	Grace McCabe	22:11.4
79.	Jordan Winke	22:13.8
89.	Ashley Bryja	22:35.3
98.	Kylie Latham	22:52.8
122.	Macie Weber	24:15.1

NCAA Midwest Regional

November 9 - Peoria, Illinois
6,000 meters - 12th/34 teams (343 points)

Team Results

Place	Team	Points
1.	Iowa State	78
2.	Oklahoma State	140
3.	Minnesota	185
4.	Illinois	203
5.	Northwestern	205
6.	South Dakota	217
7.	Kansas	229
8.	Tulsa	233
9.	Bradley	236
10.	Wichita State	255
11.	Missouri	278
12.	**Iowa**	**343**
13.	South Dakota State	369
14.	Nebraska	386
15.	Northern Illinois	412
16.	Loyola (Ill.)	414
17.	North Dakota State	441
18.	Kansas State	487
19.	SEMO	487
20.	Illinois State	542
21.	UMKC	550
22.	Missouri State	609
23.	Northern Iowa	610
24.	St. Louis	618
25.	Oklahoma	626
26.	North Dakota	631
27.	Eastern Illinois	675
28.	Illinois-Chicago	795
29.	Drake	849
30.	Southern Illinois	852
31.	DePaul	918
32.	Nebraska-Omaha	919
33.	Creighton	973
34.	Western Illinois	1013

Individual Results

Place	Athlete	Time
31.	Andrea Shine	21:23.2
54.	Anna Hostetler	21:37.0
55.	Megan Schott	21:37.2
96.	Grace McCabe	22:03.8
107.	Jessica McKee	22:07.8
142.	Ashley Bryja	22:34.0
181.	Jordan Winke	23:11.9

Women's Team	4,000m	5,000m	6,000m
Logan Akason	15:38.2	---	---
Mary Arch	15:53.7	19:15.65	24:04.0
Taylor Arco	16:53.1	---	---
Ashley Bryja	15:52.3	19:03.8	22:35.3
Ashley Espinosa	15:52.3	19:01.0	23:29.5
Emma Gordon	15:51.7	19:03.4	23:53.6
Julie Hollensbe	16:06.2	---	---
Anna Hostetler	14:51.5	17:42.71	21:25.8
Kylie Latham	15:21.7	18:29.67	22:52.8
Grace McCabe	14:52.9	18:10.29	21:54.0
Jessica McKee	15:26.4	18:24.47	22:11.4
Wren Renquist	15:43.5	18:53.8	23:06.0
Megan Schott	14:23.7	17:28.99	21:02.2
Andrea Shine	14:07.5	17:10.29	20:35.0
Patty Teggatz	16:38.2	19:33.5	---
Elzerie van Dyk	---	20:17.1	---
Macie Weber	---	20:01.12	22:43.9
Lindsay Welker	16:13.4	---	---
Aly Weum	16:59.1	---	---
Jordan Winke	15:06.8	19:05.7	22:13.8

Men's Team	6,000m	8,000m	5Miles	10,000m
Brandon Cooley	19:22.1	24:36.9	24:57.7	33:12.9
Ian Eklin	18:44.3	24:58.7	25:31.5	32:16.3
Noah Healy	19:10.6	25:24.5	25:25.8	---
Bailey Hesse-Withbroe	19:09.0	25:05.2	25:29.2	33:00.0
Daniel Murphy	19:02.0	24:37.0	25:32.5	32:07.4
Nathan Mylenek	19:03.0	24:00.5	24:44.0	30:55.2
Jeff Roberts	20:10.1	26:12.1	25:53.46	---
Spencer Smith	18:49.3	24:59.8	25:40.24	33:17.6
Karson Sommer	19:05.7	24:40.5	25:10.3	31:47.9
Konnor Sommer	19:22.8	26:00.8	25:40.24	---
Daniel Soto	18:44.3	24:33.6	24:16.2	---

Men's Top 10 All-Time Best Performers

6,000 Meters

1.	**Ian Eklin**	**18:10**	**2017 Hawkeye Invite**
2.	**Michael Melchert**	**18:12**	**2016 Hawkeye Invite**
3.	Eric MacTaggart	18:18	2005 Hawkeye Invite
4.	Jeff Thode	18:21	2009 Hawkeye Invite
5.	Dan Haut	18:24	2005 Hawkeye Invite
6.	**Nathan Mylenek**	**18.26**	**2017 Hawkeye Invite**
7.	Jeff Kent	18:27	2005 Hawkeye Invite
8.	Nick Holmes	18:30	2009 Hawkeye Invite
9.	Ben Anderson	18:31	2016 Hawkeye Invite
10.	Adam Roche	18:33	2005 Hawkeye Invite
	Sam Bailin	18:33	2009 Hawkeye Invite
	Kevin Lewis	18:33	2013 Iowa Invite

8,000 Meters

1.	Jesse Luciano	23:01	at 2008 Auburn Invite
2.	Micah VanDenend	23:39	at 2006 Pre-Nationals
3.	Eric MacTaggart	23:24	at 2008 Auburn Invite
4.	Jeff Thode	23:27	at 2010 Bradley Classic
5.	Sam Bailin	23:36	at 2008 Auburn Invite
6.	Tommy Tate	23:46	at 2008 Auburn Invite
7.	Mark Battista	23:48	at 2008 Auburn Invite
8.	Kevin Lewis	23:52	at 2014 Big Ten Champs
9.	Andy Napier	23:56	at 2008 Auburn Invite
10.	**Michael Melchert**	**23:57**	**at 2015 Big Ten Champs**

10,000 Meters

1.	**Nathan Mylenek**	**29:53**	**at 2017 NCAA Regional**
2.	Jeff Thode	29:55	at 2010 NCAA Regional
3.	**Daniel Soto**	**30:04**	**at 2017 NCAA Regional**
4.	Matt Esche	30:10	at 2002 NCAA Regional
5.	Jesse Luciano	30:17	at 2008 NCAA Champs
6.	Micah VanDenend	30:26	at 2002 NCAA Regional
7.	Kevin Herd	30:28	1993
8.	Joe Welter	30:28	at 2002 NCAA Regional
9.	**Brandon Cooley**	**30:29**	**at 2017 NCAA Regional**
10.	Tony Rakaric	30:31	at 2002 NCAA Regional

Ashton Cross Country Course Records

Women's 3,000 Meters
Diane Nukuri, Iowa - Hawkeye Open - 9/9/06 ..... 9:47

Women's 4,000 Meters
Diane Nukuri, Iowa - Hawkeye Open - 9/15/07 ..... 13:14

Women's 6,000 Meters
Leah O'Connor, Michigan St. - Big Ten Champ's - 11/2/14 ..... 19:26

Men's 6,000 Meters
Festus Lagat, Iowa State - Hawkeye Invitational - 9/1/17 ..... 17:49

Men's 8,000 Meters
Malachy Schrobilgen, Wisconsin - Big Ten Champ's - 11/2/14 . 23:35

Men's 10,000 Meters
Antonio Vega, Minnesota - NCAA Regional - 11/12/05 ..... 30:52

Women's Top 10 All-Time Best Performers

3,000 Meters

1.	Diane Nukuri	9:47	2006 Hawkeye Open
2.	Meghan Armstrong	10:01	2006 Hawkeye Open
3.	Brooke Eilers	10:15	2010 Iowa Invite
4.	Besty Flood	10:18	2010 Iowa Invite
5.	Tess Wilberding	10:20	2016 Hawkeye Invite
6.	Amanda Hardesty	10:21	2009 Hawkeye Invite
	Lauren Hardesty	10:21	2010 Hawkeye Invite
	Madison Waymire	10:21	2016 Hawkeye Invite
9.	Kelsey Hart	10:22	2011 Iowa Invite
10.	Shannon Stanley	10:25	2006 Hawkeye Open

4,000 Meters

1.	Diane Nukuri	13:14	2007 Hawkeye Open
2.	Kayla Beattie	13:41	2012 Toledo Bubble Buster
3.	Megan Ranegar	13:45	2012 Toledo Bubble Buster
4.	Meghan Armstrong	13:47	2007 Hawkeye Open
	Mareike Schrulle	13:47	2012 Toledo Bubble Buster
6.	Nicole Benson	13:52	2012 Toledo Bubble Buster
7.	**Andrea Shine**	**13:58**	**2017 Hawkeye Invite**
8.	Jolly Burke	14:03	2007 Hawkeye Open
	Madison Waymire	14:03	2017 Hawkeye Invite
10.	**Andrea Shine**	**14:07**	**2018 Hawkeye Invite**

5,000 Meters

1.	Diane Nukuri	15:55	at 2007 Auburn Invite
2.	Racheal Marchand	16:15	at 2008 Auburn Invite
3.	Meghan Armstrong	16:25	at 2007 Auburn Invite
4.	Nan Doak	16:31	at 1983 Big Ten Champs
5.	Jolly Burke	16:33	at 2007 Auburn Invite
6.	Jenny Spangler	16:34	at 1983 Big Ten Champs
7.	Renee Doyle	16:41	at 1986 Purdue Invite
8.	Tracy Dahl	16:42	at 1991 Illinois St. Invite
9.	Sarah Spencer Perry	16:50	at 2008 Auburn Invite
10.	Brooke Eilers	16:53	at 2008 Auburn Invite

6,000 Meters

1.	Diane Nukuri	19:37	at 2007 NCAA Regional
			at 2007 Big Ten Champs
2.	Mareike Schrulle	19:43	at 2012 NCAA Champs
3.	Racheal Marchand	19:54	at 2008 NCAA Champs
4.	Meghan Armstrong	20:07	at 2007 NCAA Regional
5.	Jolly Burke	20:20	at 2007 Big Ten Champs
6.	Betsy Flood	20:22	at 2010 NCAA Regional
7.	**Andrea Shine**	**20:35**	**at 2018 Big Ten Champs**
8.	McKenzie Melander	20:41	at 2011 Big Ten Champs
9.	Megan Ranegar	20:43	at 2012 NCAA Champs
10.	**Andrea Shine**	**20:46**	**at 2017 NCAA Regional**

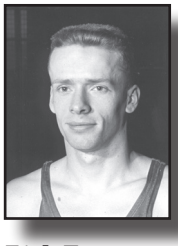
Meghan Armstrong

Jennifer Brower

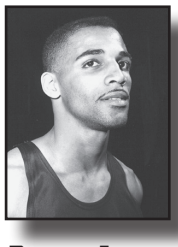
Tracy Dahl

Nan Doak

Renee Doyle


Rich Ferguson

Kevin Herd


Deacon Jones

Jeanne Kruckeberg

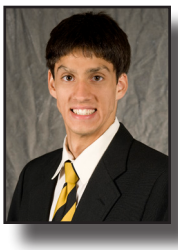
Racheal Marchand

Diane Nukuri

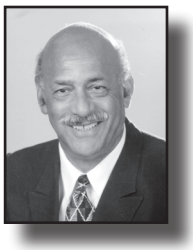
Mareike Schrulle

Jenny Spangler

Stetson Steele


Jeff Thode

Micah VanDenend


Ted Wheeler

Larry Wieczorek

National & Regional Champions & Honorees

NCAA Champion

Deacon Jones 1957

All-Americans

Men's

Kevin Herd 1992-93
Deacon Jones 1957
Stetson Steele 1998
Jeff Thode 2010
Ted Wheeler 1952
Larry Wieczorek 1966-67

Women's

Meghan Armstrong 2007
Jennifer Brower 1991
Tracy Dahl 1991-92
Nan Doak 1980, 1982-83
Renee Doyle 1986
Jeanne Kruckeberg 1990
Racheal Marchand 2006, 2008
Diane Nukuri 2006-07
Mareike Schrulle 2012
Jenny Spangler 1983

Honda Sports Awards Nominee

Nan Doak 1983
Diane Nukuri 2007

NCAA Regional Champion & Athlete of the Year

Men's

Micah VanDenend 2006

Women's

Diane Nukuri 2006-07
Racheal Marchand 2008

NCAA All-Region Team

Men's

Mark Battista 2009
Trent Corey 1997, 2001
Matt Esche 2002-05
Dan Haut 2002, 2004-05
Nick Holmes 2011
Kevin Lewis 2013-14
Jesse Luciano 2007-08
Eric MacTaggart 2005-06, 2008
Nathan Mylenek 2018
Nick Nordheim 1998-99, 2001
Jared Pittman 1997
Brian Rae 2003
Tony Rakaric 2002, 2004
Adam Roche 2004-05
Paul Sarris 1998-99
Chad Schwitters 1998

NCAA All-Region Team (Con't)

Men's (Con't)

Reed Steele 1998
Stetson Steele 1997-98
Jeff Thode 2009-11
Micah VanDenend 2002, 2005-06
Joe Welter 2001-02

Women's

Sarah Arens 2003
Meghan Armstrong 2005-07
Kayla Beattie 2011
Jolly Burke 2007
Nikki Chapple 2004
Brooke Eilers 2009
Betsy Flood 2010
Racheal Marchand 2005-06, 2008
McKenzie Melander 2011
Diane Nukuri 2006-07
Megan Ranegar 2012
Andrea Shine 2017
Mareike Schrulle 2012
Sarah Spencer Perry 2008

Big Ten Champions

Men's

Rich Ferguson 1952-53
Jock Hunn 1926
Deacon Jones..... 1958
H.R. Phelps 1923-24
James Tucker 1961
Larry Wieczorek..... 1966-67

Women's

Tracy Dahl 1992
Diane Nukuri..... 2007

Big Ten Athlete of the Year

Women's

Tracy Dahl 1992
Diane Nukuri..... 2007

Big Ten Coach of the Year

Women's

Jerry Hassard 1989

Big Ten Freshman of the Year

Men's

Jared Pittman 1993
Reed Steele..... 1998

All-Big Ten Honorees

Men's

Kevin Lewis 2014
Jesse Luciano 2008-09
Eric MacTaggart 2006
Nathan Mylenek 2018
Brian Rae 2003
Tony Rakaric..... 2003
Chad Schwitters 1997
Stetson Steele..... 1996
Jeff Thode 2010
Micah VanDenend 2004, 2006

Women's

Meghan Armstrong 2006-07
Erin Boland 1994
Jennifer Brower 1991
Jolly Burke 2007
Tracy Dahl 1991-92
Renee Doyle 1986-88
Betsy Flood 2010
Tami Hoskins..... 1989
Jennifer Johnson..... 1991
Jeanne Kruckeberg 1989
Racheal Marchand..... 2006, 2008
McKenzie Melander 2011
Diane Nukuri..... 2007
Mareike Schrulle..... 2012

Big Ten Athlete of the Month

Men's

Kevin Herd .....September 1992

Women's

Tracy Dahl ... Sept. 1990, Oct. 1992, Nov. 1992

Big Ten Athlete of the Week

Men's

Trent Corey ..... Sept. 11, 2001
Matt Esche..... Sept. 7, 2004
Jesse Luciano .....Oct. 7, 2008
Eric MacTaggart ..... Sept. 6, 2005
Jeff Thode .....Oct. 19, 2010
Micah VanDenend ..... Sept. 17, 2002

Women's

Sarah Arens ..... Sept. 3, 2003
Meghan Armstrong ..... Sept. 6, 2005
Kayla Beattie ..... Sept. 11, 2012
Betsy Flood ..... Sept. 8, 2009
Lauren Hardesty ..... Sept. 7, 2010
Racheal Marchand.....Oct. 7, 2008
Diane Nukuri..... Sept. 18, 2007
Diane Nukuri.....Oct. 2, 2007
Diane Nukuri.....Oct. 16, 2007
Mareike Schrulle.....Oct. 16, 2012

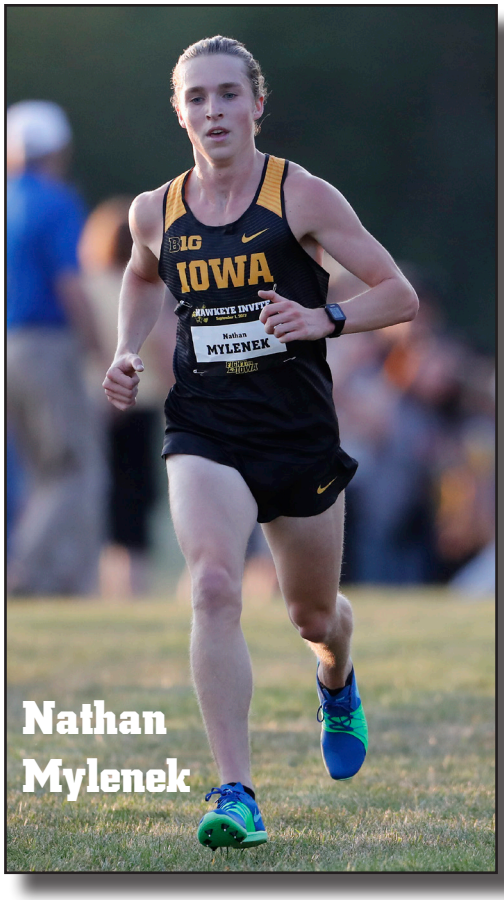
Big Ten Sportsmanship Award

Men's

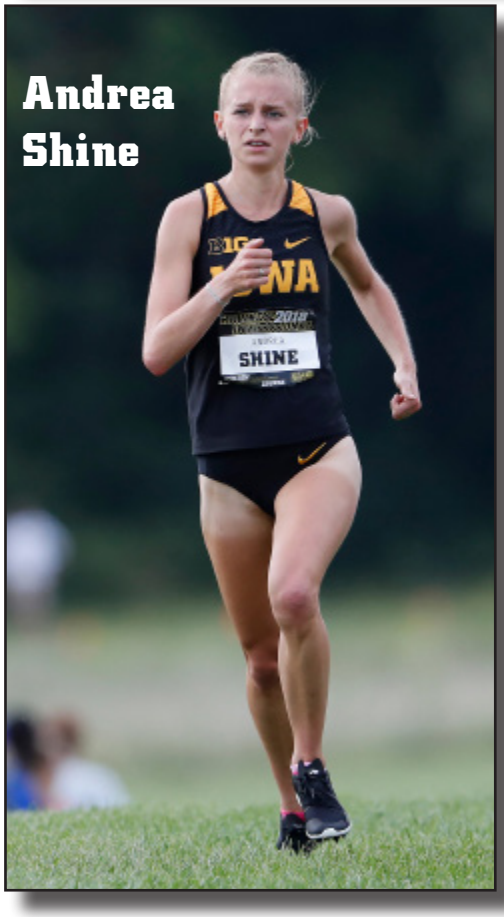
Sam Bailin 2008
Brendan Camplin 2009
Mark Battista 2010
Cameron Rieger..... 2011
Ben Witt 2012
Nate Ferree..... 2013
Anthony Gregorio 2014
Ben Anderson 2015
Ben Anderson 2016
Brandon Cooley 2017-18

Women's

Sarah Spencer Perry 2008
Brooke Eilers..... 2009
Kelsey Hart 2010
Mareike Schrulle..... 2011-12
Shannon Maser 2013
Carolyn Newhouse 2014
Madison Waymire 2015
Tess Wilberding 2016
Madison Waymire 2017
Anna Hostetler 2018



Nathan Mylenek



Andrea Shine

CoSIDA Academic All-American
Chad Schwitters 1997

CoSIDA Academic All-District
Kevin Herd 1990, 1992-93
Stetson Steele 1996, 1998

USTFCCCA Academic Team
Men's
2007, 2008, 2010, 2014, 2015, 2017, 2018

Women's
1995, 1997, 1999, 2000, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018

USTFCCCA All-Academic Honorees
Men's
Dan Haut 2004
Kevin Herd 1993
Kevin Lewis 2013
Jesse Luciano 2007-08
Chad Schwitters 1998
Stetson Steele 1998

Women's
Meghan Armstrong 2004-05
Sarah Arens 2004
Brooke Eilers 2009
Megan Ranegar 2012
Mareike Schrulle 2012
Andrea Shine 2017

Big Ten Distinguished Scholar
Men's
Sam Bailin 2008
Dan Gardarsson 2017
Anthony Gregorio 2016
Kevin Lewis 2013
Karson Sommer 2017-18

Women's
Katie Adams 2014-15
Marta Bote Gonzalez 2016-17
Fionna Fallon 2008
Kelsey Hart 2011
McKenzie Melander 2011
Elizabeth Niedert 2017
Lauren Opatrny 2017
Lena Placzek 2012
Marieke Schrulle 2012
Andrea Shine 2017
Jocelyn Todd 2012-15
Madison Waymire 2017
Lindsay Welker 2017
Samantha Zishka 2014

Academic All-Big Ten
Men's
L.J. Albrecht 1988-90
Ravi B'Have 1994, 1996
Sam Bailin 2008, 2010
Mike Biderman 2001
Bill Branigan 1992
David Brown 1987-90
Matt Butler 2013
Brendan Camplin 2007-10
Brandon Cooley 2017-18
Trent Corey 2000-01
Kevin Docherty 2014-16
Ian Eklin 2016-18
Nate Ferree 2013-16
Daniel Gardarsson 2015-17
Matt Gerard 1992-94
Anthony Gregorio 2014-156
Dan Haut 2002, 2004-05
Noah Healy 2018
Kevin Herd 1990, 1992-93
Daniel Huff 2015
Alan Jackson 2005
Chase Kadlec 2009-11
Kevin Lewis 2012-14
Ben Lloyd 2002-03
Jesse Luciano 2007-10
Eric MacTaggart 2005-06, 2008
Steve Marshall 1991-93
Pete McDowell 1993-94
Sean Moeller 1998-99, 2001
Andy Morris 1997, 1999
Steve Morrissey 1990-91
Andy Napier 2005-08
James Paul 2008-10
Jared Pittman 1995-96
Tim Pleskac 1998-99
Jay Renaud 2007-10
Cameron Rieger 2011-12
Jeff Roberts 2018
Marc Roehl 1991-94
Luke Sampson 2017-18
Paul Sarris 1997
Blake Schlotzhauer 2006
Chad Schwitters 1995-98
Taylor Soltys 2014-15
Karson Sommer 2017-18
Dan Soto 2016, 2018
Stetson Steele 1996-98
Adam Thomas 2001
Andy Weise 1986
Michael Westphal 2017
David White 1990-91
Ben Witt 2012-14

Women's
Katie Adams 2014
Krista Anderson 2006-07
Lindsay Anderson 2009-10
Mary Arch 2018
Sarah Arens 2000, 2002-03
Meghan Armstrong 2005-07
Atalie Barber 2001, 2003
Holly Barnes 1992
Briana Benning 1994-97
Danielle Berndt 2010-11
Allison Billhardt 2005
Kerri Blackstone 1996
Marta Bote Gonzalez 2015-17
Kelly Breen 2014-16
Jennifer Brower 1989-91
Courtney Bruns 2015-16
Jolly Burke 2007
Katie Butler 2000
Jenni Capista 2003-04
Maddie Carver 2018
Megan Daniel 1994
Amber Decker 2017
Jennie Docherty 2006, 2009-10
Katie Donlon 2005
Claire Dupuis 2017
Brooke Eilers 2009-11
Katie Ellis 2007, 2009-10
Molly Esche 2005-07
Ashley Espinosa 2016-18
Fionna Fallon 2008-10
Shawn Fleck 1995
Betsy Flood 2009-11
Alienor Gilchrist 1997
Lisa Gordon 2014
Keelin Gorman 2011
Kristin Haefke 1998
Amanda Hardesty 2010
Kelsey Hart 2010-12
Rachel Hawks 2006-07
Julie Hollensbe 2017
Jennifer Johnson 1991-93
Patricia Jones 1991
Jennifer Kiciak 1996-97
Mallory King 2017-18
Tricia Kiraly 1988
Natalie Kleinfelter 1993-94
Christine Kotarba 2004, 2007
Jeanne Kruckeberg 1987-89
Kimberly Kruk 1994
Michelle Lahann 2000-02
Jackie Laesch 2011
Jennifer Lisy 1992
Shannon Maser 2012-13
Amy McRell 1991-92
McKenzie Melander 2009-11
Georgia Millward 2001-03
Jennifer Moore 1987-89
Amy Murphy 1999
Sarah Murray 1993
Haley Newbrough 1997
Carolyn Newhouse 2014
Elizabeth Niedert 2016-17
Kara Neustrom 2017
Val Oltman 1999
Lauren Opatrny 2016-17
Kiersten Pauling 1994-96
Lena Placzek 2012-13
Rachel Price 2013
Megan Ranegar 2010-12
Katherin Rehn 2011
Wren Renquist 2018
Ericka Roberts 2000-02
Hannah Roeder 2009-10
Janeth Salazar 1987
Christine Salsberry 1990-93
Tia Saunders 2018
Jill Scheibel 1996
Jessica Schmidt 2007
Kristi Schmidt 1999
Kim Schneckloth 1986-89
Jennifer Schoonover 1994
Mareike Schrulle 2012
Anna Shearer 1999-2000
Andrea Shine 2016-18
Michelle Sokol 2002, 2004
Jenny Spangler 1985
Laura Spencer 2004
Shannon Stanley 2004
Tina Stec 1991-93
Sherri Suppelsa 1986
Jocelyn Todd 2012-14
Jamie Voss 1992
Madison Waymire 2016-17
Macie Weber 2018
Lindsay Welker 2017-18
Aly Weum 2018
Tess Wilberding 2014-16
Jordan Winke 2018
Samantha Zishka 2014

Albrecht, L.J. 1988-90
Albright, Robert.....1941
Allen, Shaun..... 1998-01
Anderson, Ben..... 2013-16
Ashton, George C. 1921-22
Ashton, James Ed 1962-63
Ashton, William.....1960
Atkins, Bobby 1999-00
Bailin, Sam..... 2007-08, 2010
Baker, Lawrence.....1961
Bakker, Mike..... 1994-95, 97-98
Barron, Ben 2003
Battista, Mark..... 2007-10
Bender, Arnold N.....1924
Benjerdes, T.D. 1920
Bentz, Robert LE 1943
Betz, Leighton A. 1959
Biderman, Mike.....2001
Brady, Frank H. 1927-28
Brandenberg, H. 1921
Brandt, Jon Michael..... 2010-12
Branigan, Bill.....1992
Brown, David 1987, 1989-90
Brown, Keith Lav..... 1948-55
Brown, Ray Kenne. 1979-81
Brubacher, Theod..... 1964-67
Burney, William.....1944
Bush, Warren L. 1968
Butler, Matt.....2013
Bye, Bill E. 1949
Camplin, Brendan..... 2007-09
Campisi, Leo A. 1932-34
Carlson, Herman.....1923
Carman, Kenneth..... 1949-50
Chaney, Sam..... 2012-13
Clancy, Thomas R. 1974-78
Clark, John Jay 1969-73
Clarke, Eric Lloyd 1957-58
Clarke, George W. 1962-63
Coffie, Harry E. 1927
Collins, John.....1949
Cook, Dale 1912
Cooley, Brandon..... 2016-18
Copeland, Jack..... 1948-49
Corey, Trent..... 1997-01
Criswell, John W. 1969-71
Cue, John L. 1927
Cutler, Allan J.....1942
Davis, S. Jack..... 1949-51
Delashmutt, Ed..... 1979-81
Docherty, Kevin 2013-16
Docherty, James 1974-76
Donovan, James 1995
Dotseth, Frank..... 1958-59
Drew, John.....1957
Duggan, Earle 1949-52
Dunsworth, Ira W. 1954-56
Eastland, Dave..... 1968-71
Ebert, Leroy 1952-54
Eckhardt, Gerald.....1944
Edwards, James 1978
Eklin, Ian 2015-18
Esche, Matt..... 2002-05
Everingham, Will 1928
Everman, Wayne 1954-55
Fanthouser, John.....1942
Fearing, Ken..... 1959-62
Feeldy, Chad 1994-96
Ferguson, Richard..... 1951-55
Ferree, Nate 2013-16
Ferree, Tom 1978-80
Fischer, Gary W. 1960-63
Fishba, Ugh H. RI 1949
Flage, David 1933-34
Fletcher, Robert Ash..... 1956-59
Foster, Richard 1922
Fourman, Sam 2014
Frazier, Carl 1966-69
Frazier, Harry.....1956
Frazier, William..... 1961-65
Fritsch, Raymond.....1940
Fudge, Arthur 1951-54
Furst, Don 1975-76
Gale, Sean..... 1992-94
Gardarsson, Daniel 2015-17
Gardner, Russell 1928
Gee, George 1916
Gerard, Matthew..... 1992-94
Greenlee, Donald 1959-61
Greenlee, Ron.....1965
Gregorio, Anthony2012, 2014-16
Griffith, Ron..... 1965-68
Griswold, Joe 1949
Hakes, Montague 1928
Hanson, Mark 1995
Hartmann, H.W. 1915-16
Hass, Edward 1934-35
Hassen, Galen.....1951
Hausler, Leland..... 1916-17
Haut, Dan 2001-02, 2004-05
Healy, Noah 2017-18
Henderson, Robert 1933-34
Herd, Kevin J..... 1989-94
Hermeier, Raymond 1957-59
Hermeier, Richard 1955-59
Hesse-Withbroe, Bailey.... 2015-18
Hill, Jack L. 1957-60
Hindt, William..... 1913-15
Hinrich, Joel H..... 1940-41
Holland, Stephen..... 1971-72
Hollatz, Troy 1993
Holmes, Nick..... 2009, 2011-12
Hotz, William 1906-08
Huff, Daniel 2014
Hunn, Leonard E. 1925-28
Hunter, William 1914-15
Hymon, W. Paul..... 1912-13
Ingram, Robert 2007
Jackson, Alan 2005
Jacobs, Evan 2017
Jamison, Orlin.....1916
Jans, Paul A..... 1910-11
Jeffers, Clyde 1904-05
Jensen, Chris.....2003
Jensen, Richard..... 1968-70
Jones, Charles N, ... 1955-58
Jones, Douglas H.....1968
Kadlec, Chase 2008-11
Keatinge, Murray..... 1954-56
Keil, Richard L. 1941-42
Keller, Keith 1947-48
Kelly, Thomas 1928-30
Kent, Jeff..... 2004-06
Kitt, Roland..... 1966-69
Knoedel, James J. 1970-71
Kramer, Larry..... 1961-64
Kruse, Arthur 1919-20
Kurth, Steve..... 1995-97
Labond, Curtis 1966-68
Lainson, Bernard 1951
Langer, Dave.....1979
Layne, Michael 1997-99
Lewis, Bernard.....1945
Lewis, H. Mount 1909-11
Lewis, Kevin..... 2011-14
Lillwitz, Tim..... 1999-2000
Lindeman, James.....1977
Lister, Donald 1914-15
Lloyd, Ben 2002-03
Loechel, Thomas..... 1970-73
Lord, Richard 1943
Luciano, Jesse 2006-09
Lyle, James 1936-38
Lyle, Ralph 1957-58

Stetson Steele was a three-time All-American, two-time all-region and six-time academic All-Big Ten honoree in cross country and track from 1996-2000. He holds the school 10,000-meter record, and in 2000 he won the Drake Relays 5,000-meter title and was Iowa's Big Ten Medal of Honor winner.

MacDonald, Peter..... 1964-66
MacTaggart, Bruce 2008
MacTaggart, Eric.. 2004-06, 2008
Maiden, Sydner 1945
Mak, Leo.....1913
Marasco, Frank..... 1917-18
Marshall, Steve..... 1991-93
Mawe, William 1960
McCabe, Dennis.....1969
McCllanahan, Rich..... 1946-48
McDermott, Eric.....2000
McDowell, Peter..... 1993-94
McElroy, Robert 1933
Melchert, Michael ... 2014-16, 18
Melnick, Sidney 1934
Messer, Kenneth 1964-65
Meyer, David 1941
Miller, Fred 1921
Mitvalsky, Richard 1932
Moeller, Sean 1998-01
Moenck, Heath.....2007
Moldenhauer, Way.....1954
Morch, Herbert O. 1951-53
Morris, Andy..... 1997-00
Morrissey, Steve..... 1991-92
Murphy, W. H. 1944-45
Murphy, Dan 2016-18
Murray, Harold H..... 1920-21
Murray, Jack A. 1944-45
Mylenek, Nathan..... 2016-18
Napier, Andy..... 2005-08
Naylor, Myrel.....1930
Nelson, Paul H. 1935
Nelson, Robert 1936

Micah VanDenend holds three school records and won the 2007 Big Ten 10,000-meter outdoor track title. He was the 2006 NCAA Midwest Regional Cross Country Meet Champion and Male Athlete of the Year. The four-time all-region honoree competed for Iowa from 2002-07.

Nie, Bruce 1988-89
Nordheim, Nick 1998-01
Novotny, David..... 1994-95
Oxley, John R. 1946-47
Paul, James..... 2008-10
Paul, Joe 1976-77
Payne, Arthur 1922-23
Pershing, Steve..... 1975-77
Peters, Chris 1995
Phelps, Harold R. 1923-25
Pinkerton, Volne.....1928
Pirkl, Jeff..... 1982-83, 85-86
Pittman, Jared 1994-98
Pleskac, Tim..... 1998-00
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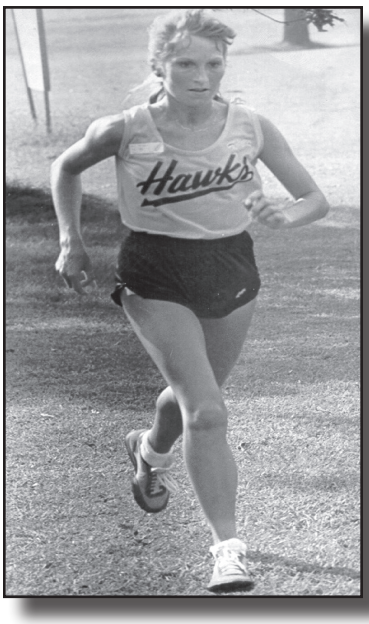

Nan Doak was Iowa's first cross country All-American, earning a total of three honors (1980, 1982-82).

Tracy Dahl was Iowa's first Big Ten Cross Country Champion. The two-time All-American (1991-92) won the title and was named Big Ten Female Cross Country Athlete of the Year in 1992.

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