





CROSS COUNTRY



2007 University of Iowa Women's Cross Country Team

Front Row (l-r): Jolly Burke, Krista Anderson, Caitlin Wooldridge, Meghan Armstrong. **Second Row (l-r):** Kelsey Stueland, Kathryn Guess, Molly Esche, Jessica Schmidt, Rachel Hawks. **Third Row (l-r):** Fionna Fallon, Brittany Graham, Lauren Hardesty, Amanda Hardesty. **Fourth Row (l-r):** Christine Kotarba, Katie Ellis, Racheal Marchand, Sophia Poncè, Diane Nukuri. **Back Row (l to R):** Athletic Training Student Mike Sepiol, Head Coach Layne Anderson. **Not Pictured:** Jennie Docherty

2007 Team Roster

Name	Yr.	Hometown (High School/Last School)
Krista Anderson	So.	Leeds, ND (Leeds)
Meghan Armstrong	Sr.	Tualatin, OR (Tualatin)
Jolly Burke	So.	Waunakee, WI (Madison-Edgewood)
Jennie Docherty	Jr.	St. Paul, MN (Cretin-Derham Hall)
Katie Ellis	So.	Barrington, IL (Wauconda)
Molly Esche	Sr.	Waukesha, WI (West)
Fionna Fallon	So.	Des Moines, IA (Roosevelt/Portland State)
Brittany Graham	Jr.	Wheaton, IL (Wheaton Warrenville South)
Kathryn Guess	Fr.	Des Moines, IA (Lincoln)
Amanda Hardesty	Fr.	Valparaiso, IN (Valparaiso)
Lauren Hardesty	Fr.	Valparaiso, IN (Valparaiso)
Rachel Hawks	Jr.	Marshalltown, IA (Marshalltown)
Christine Kotarba	Sr.	Elmhurst, IL (York)
Racheal Marchand	Sr.	Valparaiso, IN (Valparaiso)
Diane Nukuri	Sr.	Toronto, Ontario (St. Charles Garnier/Butler County CC)
Sophia Poncè	So.	Rockton, IL (Hononegah)
Jessica Schmidt	Sr.	Hilliard, OH (Hilliard Davidson)
Kelsey Stueland	So.	Tipton, IA (Tipton)
Caitlin Wooldridge	Fr.	Fox River Grove, IL (Cary-Grove)

CROSS COUNTRY

2006 Season Review



Hawkeye Open

Sept. 8, 2006 - Iowa City, IA
3,000 meters - 2 wins

Place	Name	Time
1.	Diane Nukuri	9:47
2.	Meghan Armstrong	10:01
4.	Shannon Stanley	10:25.21
5.	Krista Anderson	10:25.80
6.	Racheal Marchand	10:29
11.	Jolly Burke	10:43
12.	Jessica Schmidt	10:46
18.	Chrissy Schaefer	10:52
20.	Molly Esche	10:53
22.	Katie Ellis	10:57
26.	Jennie Docherty	11:07
31.	Rachel Hawks	11:30

Auburn Invitational

Oct. 29, 2006 -- Auburn, AL
5,000 meters - 1st/23 teams

Place	Name	Time
1.	Diane Nukuri	16:10
2.	Meghan Armstrong	16:26
3.	Shannon Stanley	16:56
4.	Jolly Burke	16:59
6.	Racheal Marchand	17:02
12.	Krista Anderson	17:26
17.	Jessica Schmidt	17:44
18.	Katie Ellis	17:45
21.	Molly Esche	17:50
63.	Jennie Docherty	18:36

NCAA Pre-Nationals

Oct. 13, 2006 - Terre Haute, IN
6,000 meters - 10th/36 teams

Place	Name	Time
13.	Meghan Armstrong	20:34
33.	Racheal Marchand	20:53
63.	Diane Nukuri	21:17
117.	Krista Anderson	21:48
120.	Shannon Stanley	21:49
159.	Jolly Burke	22:10
192.	Jessica Schmidt	22:37

Big Ten Championships

Oct. 27, 2006 - Bloomington, IN
6,000 meters - 6th/11 teams

Place	Team	Points
1.	Michigan	52
2.	Wisconsin	91
3.	Minnesota	92
4.	Michigan State	101
5.	Illinois	107
6.	Iowa	112
7.	Indiana	158
8.	Penn State	222
9.	Ohio State	252
10.	Purdue	297
11.	Northwestern	321

Individual Results

Place	Athlete	Time
8.	Meghan Armstrong	20:54
12.	Racheal Marchand	21:05
16.	Diane Nukuri	21:16
35.	Krista Anderson	22:09
42.	Jolly Burke	22:26
49.	Jessica Schmidt	22:42
59.	Shannon Stanley	22:53
60.	Molly Esche	22:56
68.	Chrissy Schaefer	23:18

NCAA Midwest Regional

Nov. 10, 2006 - Minneapolis, MN

Place	Team	Points
1.	Illinois	44
2.	Minnesota	49
3.	Iowa	118
4.	Nebraska	141
5.	Oklahoma State	175

Individual Results

Place	Athlete	Time
1.	Diane Nukuri	20:34
7.	Meghan Armstrong	21:05
8.	Racheal Marchand	21:07
46.	Jessica Schmidt	22:20
56.	Krista Anderson	22:36
66.	Jolly Burke	22:51
85.	Molly Esche	23:14

NCAA Championships

Nov. 20, 2006 - Terre Haute, IN
6,000 meters - Individual Qualifiers

Place	Team	Points
1.	Stanford	195
2.	Colorado	223
3.	Michigan	233
17.	Iowa	409

Individual Results

Place	Athlete	Time
7.	Diane Nukuri	21:06
26.	Racheal Marchand	21:19
35.	Meghan Armstrong	21:34
166.	Jessica Schmidt	23:06
175.	Jolly Burke	23:21
188.	Krista Anderson	23:36
210.	Molly Esche	24:26

2006 Season Best Times

Athlete	3,000 meters	5,000 meters	6,000 meters
Krista Anderson	10:25	17:26	21:48
Meghan Armstrong	10:01	16:26	20:34
Jolly Burke	10:43	16:59	22:10
Jennie Docherty	11:07	18:36	---
Katie Ellis	10:57	17:45	---
Molly Esche	10:53	17:50	22:56
Rachel Hawks	11:30	---	---
Racheal Marchand	10:29	17:02	20:53
Diane Nukuri	9:47	16:10	20:34
Chrissy Schaefer	10:52	---	23:18
Jessic Schmidt	10:46	17:44	22:20
Shannon Stanley	10:25	16:56	21:49



CROSS COUNTRY

History & Records

Top Iowa Cross Country Times

3,000 Meters

1. Diane Nukuri	9:47	2006 Hawkeye Open
2. Meghan Armstrong	10:01	2006 Hawkeye Open
3. Shannon Stanley	10:25	2006 Hawkeye Open
Krista Anderson	10:25	2006 Hawkeye Open
5. Nikki Chapple	10:28	2004 Hawkeye Invite
6. Racheal Marchand	10:29	2006 Hawkeye Open
7. Sarah Arens	10:41	2003 Hawkeye Invite
8. Jolly Burke	10:43	2006 Hawkeye Open
9. Jessica Schmidt	10:46	2006 Hawkeye Open
10. Chrissy Schaefer	10:52	2006 Hawkeye Open

4,000 Meters

1. Nikki Chapple	14:09	2004 Hawkeye Triangular
2. Shannon Stanley	14:32	2004 Hawkeye Triangular
3. Katie Donlon	14:34	at 2001 Stanford Invite
Meghan Armstrong	14:34	2004 Hawkeye Triangular
5. Georgia Millward	14:36	at 2001 Stanford Invite
6. Michelle Lahann	14:41	at 2001 Stanford Invite
7. Jessica Schmidt	14:47	at 2006 Early Bird Invite
8. Racheal Marchand	14:48	2004 Hawkeye Triangular
9. Atalie Barber	14:51	at 2001 Stanford Invite
10. Molly Esche	14:59	at 2006 Early Bird Invite

5,000 Meters

1. Diane Nukuri	16:10	at 2006 Auburn Invite
2. Meghan Armstrong	16:26	at 2006 Auburn Invite
3. Nan Doak	16:31	at 1983 Big Ten Champ's
4. Jenny Spangler	16:34	at 1983 Big Ten Champ's
5. Renee Doyle	16:41	at 1986 Purdue Invite
6. Tracy Dahl	16:42	at 1991 Illinois St. Invite
7. Shannon Stanley	16:56	at 2006 Auburn Invite
8. Jolly Burke	16:59	at 2006 Auburn Invite
9. Racheal Marchand	17:02	at 2006 Auburn Invite
10. Krista Anderson	17:26	at 2006 Auburn Invite

6,000 Meters

1. Meghan Armstrong	20:34	at 2006 NCAA Pre-Nationals
Diane Nukuri	20:34	at 2006 NCAA Midwest Regional
3. Racheal Marchand	20:53	at 2006 NCAA Pre-Nationals
4. Nikki Chapple	21:04	at 2004 NCAA Regional
5. Krista Anderson	21:48	at 2006 NCAA Pre-Nationals
6. Shannon Stanley	21:49	at 2006 NCAA Pre-Nationals
7. Sarah Arens	21:58	at 2000 UNI Invite
8. Jolly Burke	22:10	at 2006 NCAA Pre-Nationals
9. Jessica Schmidt	22:20	at 2006 NCAA Midwest Regional
10. Molly Esche	22:27	at 2005 NCAA Pre-Nationals

Ashton Course Records

3,000 Meters	Diane Nukuri, Iowa	9:47 - 2006 Hawkeye Open
4,000 Meters	Nikki Chapple, Iowa	14:09 - 2004 Hawkeye Triangle
6,000 Meters	Danette Doetzel, MSU	20:33 - 2004 Big Ten Champ's

Cross Country Awards & Honors

All-Americans

Jennifer Brower	1991
Tracy Dahl	1991-92
Nan Doak	1980, 1982-83
Renee Doyle	1986
Jeanne Kruckeberg	1990
Racheal Marchand	2006
Diane Nukuri	2006
Jenny Spangler	1983

Regional Champion

Diane Nukuri	2006
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Regional Athlete of the Year

Diane Nukuri	2006
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All-Region

Sarah Arens	2003
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Meghan Armstrong

Meghan Armstrong	2005-06
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Nikki Chapple

Nikki Chapple	2004
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Racheal Marchand

Racheal Marchand	2005-06
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Diane Nukuri

Diane Nukuri	2006
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Big Ten Champion

Tracy Dahl	1992
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Big Ten Athlete of the Year

Tracy Dahl	1992
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Big Ten Coach of the Year

Jerry Hassard	1989
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All-Big Ten

Meghan Armstrong

Meghan Armstrong	2006
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Erin Boland

Erin Boland	1994
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Jennifer Brower

Jennifer Brower	1991
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Tracy Dahl

Tracy Dahl	1991-92
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Renee Doyle

Renee Doyle	1986-88
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Tami Hoskins

Tami Hoskins	1989
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Jennifer Johnson

Jennifer Johnson	1991
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Jeanne Kruckeberg

Jeanne Kruckeberg	1989
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Racheal Marchand

Racheal Marchand	2006
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USCCA All-Academic Team

Meghan Armstrong

Meghan Armstrong	2004-05
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Sarah Arens

Sarah Arens	2004
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Academic All-Big Ten

Krista Anderson

Krista Anderson	2006
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Sarah Arens

Sarah Arens	2000, 2002-03
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Meghan Armstrong

Meghan Armstrong	2005-06
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Atalie Barber

Atalie Barber	2001, 2003
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Holly Barnes

Holly Barnes	1992
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Briana Benning

Briana Benning	1994-97
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Allison Billhardt

Allison Billhardt	2005
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Kerri Blackstone

Kerri Blackstone	1996
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Jennifer Brower

Jennifer Brower	1989-91
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Katie Butler

Katie Butler	2000
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Jenni Capista

Jenni Capista	2003-04
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Megan Daniel

Megan Daniel	1994
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Jennie Docherty

Jennie Docherty	2006
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Katie Donlon

Katie Donlon	2005
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Molly Esche

Molly Esche	2005-06
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Shawn Fleck

Shawn Fleck	1995
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Alienor Gilchrist

Alienor Gilchrist	1997
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Kristin Haefke

Kristin Haefke	1998
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Rachel Hawks

Rachel Hawks	2006
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Jennifer Johnson

Jennifer Johnson	1991-93
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Patricia Jones

Patricia Jones	1991
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Jennifer Kiciak

Jennifer Kiciak	1996-97
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Tricia Kiraly

Tricia Kiraly	1988
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Natalie Kleinfelter

Natalie Kleinfelter	1993-94
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Christine Kotarba

Christine Kotarba	2004
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Jeanne Kruckeberg

Jeanne Kruckeberg	1987-89
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Kimberly Kruk

Kimberly Kruk	1994
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Michelle Lahann

Michelle Lahann	2000-02
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Jennifer Lisy

Jennifer Lisy	1992
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Amy McRell

Amy McRell	1991-92
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Georgia Millward

Georgia Millward	2001-03
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Jennifer Moore

Jennifer Moore	1987-89
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Amy Murphy

Amy Murphy	1999
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Sarah Murray

Sarah Murray	1993
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Haley Newbrough

Haley Newbrough	1997
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Val Oltman

Val Oltman	1999
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Kiersten Pauling

Kiersten Pauling	1994-96
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Ericka Roberts

Ericka Roberts	2000-02
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Janeth Salazar

Janeth Salazar	1987
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Christine Salsberry

Christine Salsberry	1990-93
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Jill Scheibel

Jill Scheibel	1996
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Kristi Schmidt

Kristi Schmidt	1999
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Kim Schneckloth

Kim Schneckloth	1986-89
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Jennifer Schoonover

Jennifer Schoonover	1994
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Anna Shearer

Anna Shearer	1999-2000
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Michelle Sokol

Michelle Sokol	2002, 2004
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Jenny Spangler

Jenny Spangler	1985
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Laura Spencer

Laura Spencer	2004
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Shannon Stanley

Shannon Stanley	2004
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Tina Stec

Tina Stec	1991-93
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Sherri Suppelsa

Sherri Suppelsa	1986
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Jamie Voss

Jamie Voss	1992
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Names in bold are
current team members.

CROSS COUNTRY



All-Time Letterwinners

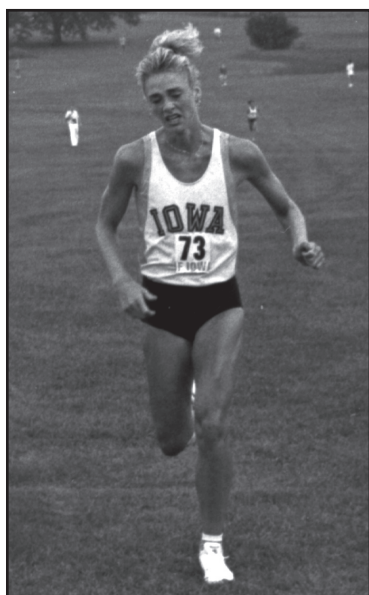
Anderson, Krista..... 2006
 Andrews, Karen 1978-80
 Arens, Sarah... 1999-2000, 2002-03
Armstrong, Meghan..... 2004-06
 Ballweg, Rachel..... 1997
 Barber, Atalie 2000-03
 Benning, Briana 1993-96
 Billhart, Allison 2005
 Blossfeld, Suzanne..... 1978-79
 Boddicker, Bev..... 1977
 Boland, Erin 1991-94
 Brower, Jennifer..... 1988-91
 Brown, Nicole 1994-96
Burke, Jolly..... 2006
 Butler, Katie 1999-00
 Capista, Jenni..... 2001, 2003-04
 Chapple, Nikki 2003-05
 Chow, Sophia 2000
 Coleman, Becky 1993-96
 Connelly, Michelle..... 1977
 Dahl, Tracy 1989-92
 Daniel, Megan 1993
 Davis, Eileen..... 1978-79
 Deluca, Sarah C. Abel 1979-81
 Dixon, Pamela 1978
 Doak (Davis), Nan 1980-84
 Dobrowolski, Anne..... 1981-85

Docherty, Beverly 1977-80
Docherty, Jennie..... 2006
 Donlon, Katie 2001-03
 Doyle, Renee..... 1985-88
 Drapcho, Rosemary..... 1978-81
 Dresselhaus, Ann 1978-80
 Drulis, Julie 1997-98
 Dunlop, Amy 1977-79
Ellis, Katie 2006
Esche, Molly..... 2004-06
 Feltes, Teresa 1977-78
 Fleck, Shawn 1993-95
 Flynn, Erin 1978-82
 Freund, Kay 1978-81
 Gilchrist, Alienor..... 1996-97
 Griffin, Maggie 1996-99
 Gripp, Sue 1977
 Haefke, Kristen 1997-98
 Hamilton, Jana..... 1979-80
Hawks, Rachel 2006
 Hedlund, Laurie 1977-78
 Hentges, Leah 1999
 Hoehle, Zanetta 1978-81
 Hoeman, Carissa..... 1998
 Hoskins, Tami 1987-91
 Johnson, Jennifer 1990-93
 Kiciak, Jennifer 1995-96

Kintzel, Denise..... 1977-78
 Kleinfelter, Natalie..... 1993-95
 Kotarba, Christine..... 2004
 Krekeler, Rebecca Ann 1978-79
 Kruckeberg, Jeanne 1987-89
 Kruck, Kim 1994
 Kubitz, Christine 1995-96, 1998
 Lahann, Michelle 1999-2002
 Lambrecht, Carol 1977-78
 Lund, Yvonne Irene 1979-80
 Lynberg, Michele M. Dr..... 1977-78
Marchand, Racheal..... 2004-06
 Marshall, Sue..... 1977
 McDowell, Tina 1991-94
 Millward, Georgia..... 2000-03
 Mims, Susan..... 1977-80
 Mitchell, Elizabeth..... 1978-79
 Murphy, Amy..... 1998-99
 Murray, Megan..... 1998
 Nelson, Major Sue 1977-78
 Newbrough, Haley..... 1996-97
Nukuri, Diane 2006
 Oltman, Valerie..... 1998
 Pare, Anne 1996
 Pauling, Kiersten 1993-96
 Pearson, Laura 2004
 Quigley, Kristina..... 1999

Roberts, Ericka 1999-2002
 Roehl, Becky 1994-97
 Ruffcorn, Ann..... 1999
 Salazar, Nina 1998
 Salsberry, Christine 1991-93
 Schaefer, Chrissy 2006
 Scheibel, Jill..... 1995-98
Schmidt, Jessica 2004-06
 Schmidt, Kristi..... 1998-99
 Schoonover, Jennifer..... 1993
 Shearer, Anna..... 1998
 Sims, Sharon 1977-78
 Sokol, Michelle 2001-02, 2004
 Spangler, Jenny..... 1981-83
 Sparks, Staci 1993
 Spencer, Laura 2004
 Stanley, Shannon 2003-06
 Stec, Tina 1990-93
 Swartzrock, Diane 1978-80
 Thompson, Becca.... 1999-00, 2002
 Todd, Stephanie..... 1977-80
 Vandervoort, Martha 1991-94
 Vitense, Mandi..... 1996-98
 Von Muenster, Shannon 2001
 Williams, Julie..... 1979-81

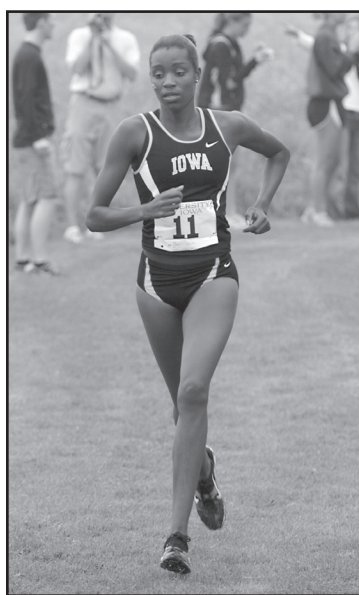
**Names in bold are
 current team members.**



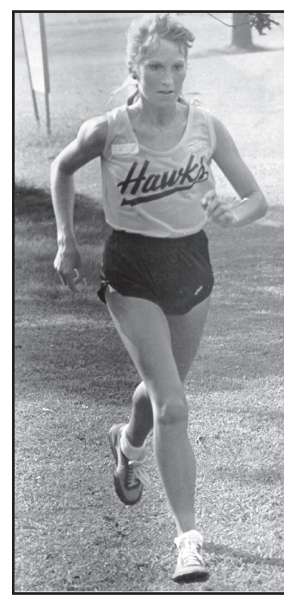
Jennifer Brower was an all-American for the Hawkeyes in 1991. She also ran on the 1991 Iowa squad that posted a second-place finish at the NCAA district meet - its highest finish there in school history.



Tracy Dahl is Iowa's only Big Ten Cross Country Champion. The two-time all-American (1991-92) won the title and was named Big Ten Female Cross Country Athlete of the Year in 1992.



Diane Nukuri is Iowa's only NCAA regional champ, winning the race in 2006. The all-American holds three school records and one Ashton Cross Country Course mark after one season with the Hawkeyes.



Nan Doak was Iowa's first cross country all-American, earning a total of three honors (1980, 1982-82).



CROSS COUNTRY

Ashton Cross Country Course

Ashton Cross Country Course

The Bill and Jim Ashton Cross Country Course is located west of Finkbine Golf Course and adjacent to the University's West Campus project, which includes the Athletic Hall of Fame and soccer fields. It is able to accommodate races of 3,000, 4,000, 5,000, 6,000, 8,000 and 10,000 meters.

The course boasts a rolling terrain with an outstanding rhythm for running. The Hawkeye cross country squads have the advantage of a large grass area for training and racing. Some features include a 2,000-meter perimeter and a layout that will enable spectators to view the entire race, from start to finish, from one vantage point. The first event held on the course was the Iowa Invitational on August 29, 2003. The course was dedicated on October 31, 2004, in conjunction with Iowa hosting the Big Ten Championships. The Hawkeyes also hosted the NCAA Midwest Regional on November 12, 2005.

The leadership gift for the course was made by former Hawkeyes Bill and Jim Ashton. Bill, of Davenport, IA, graduated from the University's College of Engineering in 1962, and earned his master's degree in 1963. Jim, a 1964 University of Iowa College of Engineering graduate, currently resides in Dallas, TX. The Ashton brothers lettered in cross country under former Hawkeye men's coach, the late Francis X. Cretzmeyer, and made the lead gift for the course in his honor.



Jim (left) and Bill Ashton pose with Herky the Hawkeye at the Ashton Cross Country Course dedication on October 31, 2004. The Ashton brothers lettered in cross country at Iowa and made the leadership gift for the course.



The Ashton Cross Country Course boasts a rolling terrain with an outstanding rhythm for running. Spectators can view the entire race, from start to finish, from one vantage point.