

## 2010 MEN'S INDOOR SEASON BEST PERFORMANCES - Updated 3/15/11

### 60 METERS (AQ -- 6.63, PQ -- 6.74, SR -- 6.69)

| Name              | Season Best | Meet - Date                                | Collegiate Best | Meet - Date                        |
|-------------------|-------------|--|-----------------|------------------------------------|
| Justin Austin     | 6.69*       | at Big Ten Championships – 2/26/11         | 6.69*           | at Big Ten Championships – 2/26/11 |
| Paul Chaney       | 6.81        | at ISU Last Chance – 3/5/11                | 6.80            | Iowa Invite – 2/20/09              |
| Tevin Mincy       | 6.82        | at ISU Last Chance – 3/5/11                | 6.82            | at ISU Last Chance – 3/5/11        |
| Troy Doris        | 6.83        | Iowa Open – 1/15/11                        | 6.83            | Iowa Open – 1/15/11                |
| Zeke Sayon        | 6.86        | at Jack Johnson Classic – 1/22/11          | 6.82            | at NCAA Qualifier – 3/6/10         |
| D'Juan Richardson | 6.92        | twice, last at Iowa Invitational – 2/18/11 | 6.80            | at NCAA Qualifier – 3/6/10         |
| Stephen Bee       | 7.14        | at Jack Johnson Classic – 1/22/11          | 7.00            | Iowa Open – 1/16/10                |
| Jeffery Herron    | 7.20        | Iowa Open – 1/15/11                        | 7.20            | Iowa Open – 1/15/11                |

### 60-METER HURDLES (AQ - 7.70, PQ -- 7.91, SR -- 7.75)

| Name          | Season Best | Meet - Date                       | Collegiate Best | Meet - Date                       |
|---------------|-------------|-----------------------------------|-----------------|-----------------------------------|
| Jordan Mullen | 7.75*       | at Jack Johnson Classic – 1/22/11 | 7.75*           | at Jack Johnson Classic – 1/22/11 |
| Ethan Holmes  | 8.08        | at ISU Classic – 2/12/11          | 8.08            | at ISU Classic – 2/12/11          |

### 200 METERS (AQ -- 21.23, PQ -- 21.63, SR – 20.83)

| Name              | Season Best | Meet - Date                                     | Collegiate Best | Meet - Date                                     |
|-------------------|-------------|---|-----------------|---|
| Justin Austin     | 20.80*      | at NCAA Indoor Championships                    | 20.80*          | at NCAA Indoor Championships                    |
| Patrick Richards  | 21.63       | at ISU Classic – 2/12/11                        | 21.63           | at ISU Classic – 2/12/11                        |
| Paul Chaney       | 21.63       | at Razorback Invitational – 1/29/11             | 21.34           |   |
| Steven Willey     | 21.74       | twice, last at Razorback Invitational – 1/29/11 | 21.74           | twice, last at Razorback Invitational – 1/29/11 |
| D'Juan Richardson | 21.80       | at Razorback Invitational – 1/29/11             | 21.79           | at Meyo Invite – 2/7/09                         |
| Tevin Mincy       | 22.37       | at ISU Classic – 2/12/11                        | 22.37           | at ISU Classic – 2/12/11                        |
| Stephen Bee       | 22.46       | at ISU Classic – 2/12/11                        | 21.91           | at Razorback Invite – 1/23/10                   |
| Zeke Sayon        | 22.94       | at Jack Johnson Classic – 1/22/11               | 22.49           | Twice, last at ISU Classic – 2/13/10            |

### 400 METERS (AQ -- 46.75, PQ -- 47.85, SR -- 46.75)

| Name             | Season Best | Meet - Date                 | Collegiate Best | Meet - Date                |
|------------------|-------------|-----------------------------|-----------------|----------------------------|
| Steven Willey    | 46.82       | at ISU Last Chance – 3/5/11 | 46.75*          | at NCAA Qualifier – 3/6/10 |
| Patrick Richards | 47.35       | at ISU Classic – 2/12/11    | 47.35           | at ISU Classic – 2/12/11   |
| Ethan Holmes     | 47.85       | at ISU Classic – 2/12/11    | 47.85           | at ISU Classic – 2/12/11   |

*P -- NCAA provisional qualifier, \* -- school record*

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|                   |       |                                     |       |                                     |
|-------------------|-------|-------------------------------------|-------|-------------------------------------|
| Chris Barton      | 48.69 | at Razorback Invitational – 1/29/11 | 48.69 | at Razorback Invitational – 1/29/11 |
| D’Juan Richardson | 49.12 | at Big Ten Championships – 2/26/11  | 49.12 | at Big Ten Championships – 2/26/11  |
| Keaton Rickels    | 50.08 | at Razorback Invitational – 1/29/11 | 50.08 | at Razorback Invitational – 1/29/11 |

### 600 METERS (SR -- 1:17.94)

| Name           | Season Best | Meet - Date                        | Collegiate Best | Meet - Date                        |
|----------------|-------------|------------------------------------|-----------------|------------------------------------|
| Steven Willey  | 1:17.94*    | at Jack Johnson Classic – 1/22/11  | 1:17.94*        | at Jack Johnson Classic – 1/22/11  |
| Erik Sowinski  | 1:18.50     | at Jack Johnson Classic – 1/22/11  | 1:18.05         | at Big Ten’s – 3/1/09              |
| Chris Barton   | 1:18.75     | at Big Ten Championships – 2/26/11 | 1:18.75         | at Big Ten Championships – 2/26/11 |
| Keaton Rickels | 1:21.14     | at Jack Johnson Classic – 1/22/11  | 1:21.14         | at Jack Johnson Classic – 1/22/11  |
| Dan Kuhlman    | 1:21.75     | at Jack Johnson Classic – 1/22/11  | 1:21.07         | at Big Tens – 2/27/10              |
| Nathan Prom    | 1:23.56     | Iowa Open – 1/15/11                | 1:23.56         | Iowa Open – 1/15/11                |

### 600 YARDA (SR --)

| Name           | Season Best | Meet - Date              | Collegiate Best | Meet - Date |
|----------------|-------------|--------------------------|-----------------|-------------|
| Dan Kuhlman    | 1:12.12     | at ISU Classic – 2/12/11 |                 |             |
| Keaton Rickels | 1:12.68     | at ISU Classic – 2/12/11 |                 |             |

### 800 METERS (AQ -- 1:48.90, PQ -- 1:51.40, SR -- 1:47.98)

| Name          | Season Best | Meet - Date                         | Collegiate Best | Meet - Date               |
|---------------|-------------|-------------------------------------|-----------------|---------------------------|
| Erik Sowinski | 1:47.98*AQ  | at Huskie Invite – 2/12/11          | 1:47.98*        | at Huskie Invite          |
| Nathan Prom   | 1:53.66     | at ISU Classic – 2/12/11            | 1:53.66         | at ISU Classic – 2/12/11  |
| Dan Kuhlman   | 1:53.91     | at Razorback Invitational – 1/29/11 | 1:53.66         | at Meyo Invite – 2/6/10   |
| Sam Chaney    | 2:02.58     | at Illinois Open – 1/8/11           | 2:02.58         | at Illinois Open – 1/8/11 |

### 1,200 METERS

|              |         |                             |         |                             |
|--------------|---------|-----------------------------|---------|-----------------------------|
| Nathan Prom  | 3:06.27 | Iowa Invitational – 2/18/11 | 3:06.27 | Iowa Invitational – 2/18/11 |
| Andrew Smith | 3:07.33 | Iowa Invitational – 2/18/11 | 3:07.33 | Iowa Invitational – 2/18/11 |
| James Paul   | 3:12.96 | Iowa Invitational – 2/18/11 | 3:12.96 | Iowa Invitational – 2/18/11 |
| Same Chaney  | 3:15.18 | Iowa Invitational – 2/18/11 | 3:15.18 | Iowa Invitational – 2/18/11 |

## 2010 MEN'S INDOOR SEASON BEST PERFORMANCES - Updated 3/15/11

### MILE (AQ -- 4:00.80, PQ -- 4:05.30, SR -- 3:58.72)

| Name           | Season Best | Meet - Date                        | Collegiate Best | Meet - Date                        |
|----------------|-------------|------------------------------------|-----------------|------------------------------------|
| Jeff Thode     | 3:58.72*AQ  | at Notre Dame Last Chance 3/5/11   | 3:58.72         | at Notre Dame Last Chance 3/5/11   |
| Brian Marchese | 4:13.34     | at Jack Johnson Classic – 1/22/11  | 4:11.89         | at ISU Classic – 2/14/10           |
| James Paul     | 4:16.47     | at Meyo Invite – 2/5/11            | 4:11.27         | at Big Tens – 2/27/10              |
| Nick Young     | 4:19.58     | at Illinois Open – 1/8/11          | 4:19.58         | at Illinois Open – 1/8/11          |
| Andrew Smith   | 4:18.93     | at Big Ten Championships – 2/26/11 | 4:18.93         | at Big Ten Championships – 2/26/11 |
| Sam Chaney     | 4:31.12     | Iowa Open – 1/15/11                | 4:31.12         | Iowa Open – 1/15/11                |
| Mark Battista  | 4:31.30     | at Jack Johnson Classic – 1/22/11  | 4:16.37         | Iowa Invite – 2/19/10              |

### 3,000 METERS (AQ -- 7:57.20, PQ -- 8:07.70, SR - 8:00.38)

| Name          | Season Best | Meet - Date                 | Collegiate Best | Meet - Date                 |
|---------------|-------------|-----------------------------|-----------------|-----------------------------|
| Jeff Thode    | 8:00.38*    | at Huskie Invite – 2/12/11  | 8:00.38*        | at Huskie Invite – 2/12/11  |
| Andrew Smith  | 8:46.98     | Iowa Invitational – 2/18/11 | 8:46.98         | Iowa Invitational – 2/18/11 |
| Mark Battista | 8.48.32     | at Meyo Invite – 2/5/11     | 8:25.82         | at Big Tens – 2/27/10       |
| Nick Young    | 8:52.59     | at Illinois Open – 1/8/11   | 8:52.59         | at Illinois Open – 1/8/11   |

### 1,600-METER RELAY (AQ -- 3:08.90, PQ -- 3:12.80, SR -- 3:06.66)

| Names                                | Season Best | Meet - Date                         |
|--------------------------------------|-------------|-------------------------------------|
| Richards, Holmes, Sowinski, Willey   | 3:06.66*    | at ISU Last Chance – 3/5/11         |
| Richards, Sowinski, Holmes, Willey   | 3:07.84     | at Razorback Invitational – 1/29/11 |
| Richards, Holmes, Barton, Willey     | 3:08.85     | at ISU Classic – 2/12/11            |
| Richards, Barton, Sowinski, Willey   | 3:12.65     | at Jack Johnson Classic – 1/22/11   |
| Richardson, Kuhlman, Chaney, Rickels | 3:17.47     | at Razorback Invitational – 1/29/11 |
| Kuhlman, Chaney, Richardson, Rickels | 3:18.61     | at ISU Classic – 2/12/11            |
| Holmes, Barton, Kuhlman, Richardson  | 3:19.46     | Iowa Open – 1/15/11                 |
| Richardson, Kuhlman, Rickels, Barton | 3:20.51     | Iowa Invitational – 2/18/11         |

### DISTANCE MEDLEY RELAY (AQ -- 9:36.20, PQ -- 9:47.90, SR -- 9:46.83)

| Names                         | Season Best | Meet - Date              |
|-------------------------------|-------------|--------------------------|
| Prom, Rickels, Kuhlman, Smith | 10:13.58    | at ISU Classic – 2/12/11 |

## 2010 MEN'S INDOOR SEASON BEST PERFORMANCES - Updated 3/15/11

### HIGH JUMP (AQ -- 2.24 meters, PQ -- 2.14 meters, SR -- 2.21 meters)

| Name           | Season Best                | Meet - Date                                     | Collegiate Best | Meet - Date              |
|----------------|----------------------------|---|-----------------|--------------------------|
| Graham Valdes  | 6-10 $\frac{3}{4}$ (2.10m) | at Razorback Invitational – 1/29/11             | 6-11 (2.11m)    | at Big Tens – 2/28/10    |
| Brandon Oest   | 6-8 $\frac{3}{4}$ (2.05m)  | twice, last at Razorback Invitational – 1/29/11 | 6-11 (2.11m)    | at ISU Classic – 2/12/10 |
| Jeffery Herron | 6-8 $\frac{3}{4}$ (2.05m)  | twice, last at Razorback Invitational – 1/29/11 | 6-11 (2.11m)    | at ISU Classic – 2/13/10 |

### POLE VAULT (AQ -- 5.50 meters, PQ -- 5.20 meters, SR -- 5.21 meters)

| Name      | Season Best  | Meet - Date                 | Collegiate Best            | Meet - Date         |
|-----------|--------------|-----------------------------|----------------------------|---------------------|
| Kyle Reid | 15-7 (4.75m) | Iowa Invitational – 2/18/11 | 16-4 $\frac{3}{4}$ (5.00m) | Iowa Invite 2/19/10 |

### LONG JUMP (AQ -- 7.85 meters, PQ -- 7.50 meters, SR -- 8.06 meters)

| Name           | Season Best                | Meet - Date                        | Collegiate Best            | Meet - Date                        |
|----------------|----------------------------|------------------------------------|----------------------------|------------------------------------|
| Jeffery Herron | 24-7 (7.49m)               | at Big Ten Championships – 2/26/11 | 24-7 (7.49m)               | at Big Ten Championships – 2/26/11 |
| Troy Doris     | 23-3 $\frac{1}{2}$ (7.10m) | at ISU Classic – 2/12/11           | 23-3 $\frac{1}{2}$ (7.10m) | at ISU Classic – 2/12/11           |

### TRIPLE JUMP (AQ -- 16.10 meters, PQ -- 15.40 meters, SR -- 15.88 meters)

| Name       | Season Best      | Meet - Date                         | Collegiate Best  | Meet - Date                         |
|------------|------------------|-------------------------------------|------------------|-------------------------------------|
| Troy Doris | 54-0 (16.46m)*AQ | at Razorback Invitational – 1/29/11 | 54-0 (16.46m)*\$ | at Razorback Invitational – 1/29/11 |

### SHOT PUT (AQ -- 19.30 meters, PQ -- 17.75 meters, SR -- 19.20 meters)

| Name          | Season Best                 | Meet - Date                         | Collegiate Best             | Meet - Date                         |
|---------------|-----------------------------|-------------------------------------|-----------------------------|-------------------------------------|
| Ryan Lamparek | 56-4 $\frac{1}{2}$ (17.18m) | at Razorback Invitational – 1/29/11 | 56-10 (17.32 m)             | at Big Tens – 2/27/10               |
| Matt Banse    | 55-9 $\frac{1}{4}$ (17.00m) | at Razorback Invitational – 1/29/11 | 55-9 $\frac{1}{4}$ (17.00m) | at Razorback Invitational – 1/29/11 |
| Ben Stancombe | 50-0 (15.24m)               | Iowa Open – 1/15/11                 | 50-0 (15.24m)               | Iowa Open – 1/15/11                 |

### WEIGHT THROW (AQ -- 21.50 meters, PQ -- 19.50 meters, SR -- 21.15 meters)

| Name          | Season Best                 | Meet - Date                 | Collegiate Best             | Meet - Date                 |
|---------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| Matt Banse    | 64-8 $\frac{1}{2}$ (19.72m) | Iowa Invitational – 2/18/11 | 64-8 $\frac{1}{2}$ (19.72m) | Iowa Invitational – 2/18/11 |
| Ryan Lamparek | 61-0 $\frac{1}{4}$ (18.60m) | Iowa Open – 1/15/11         | 61-0 $\frac{1}{4}$ (18.60m) | Iowa Open – 1/15/11         |
| Ben Stancombe | 56-10 (17.32m)              | Iowa Invitational – 2/18/11 | 56-10 (17.32m)              | Iowa Invitational – 2/18/11 |
| Nick Brayton  | 49-0 $\frac{3}{4}$ (14.95m) | Iowa Open – 1/15/11         | 49-0 $\frac{3}{4}$ (14.95m) | Iowa Open – 1/15/11         |

*P -- NCAA provisional qualifier, \* -- school record*

# 2010 MEN'S INDOOR SEASON BEST PERFORMANCES - Updated 3/15/11

HEPTATHLON (AQ -- 5,650 points, PQ -- 5,300 points, SR -- 5,205 points)

| Name | Season Best | Meet - Date | Collegiate Best | Meet – Date |
|------|-------------|-------------|-----------------|-------------|
|------|-------------|-------------|-----------------|-------------|

*P -- NCAA provisional qualifier, \* -- school record*