



IOWA TRACK & FIELD

2008 Season Review

2008 Indoor Results

| Date | Meet | Result |
|---------|-----------------------|----------------|
| 1/19 | Iowa Open | 4 champs |
| 1/25-26 | at J. Johnson Classic | 2 champs |
| 2/8-9 | at Meyo Classic | 0 champs |
| 2/15-16 | at Cyclone Classic | 1 champ |
| 2/16 | at Husky Classic | 0 champs |
| 2/22 | Iowa Invite | 3 champs |
| 3/1-2 | at Big Ten's | 5th/2 champs |
| 3/8 | at Alex Wilson Invite | 1 champ |
| | at Last Chance Meet | 0 champs |
| 3/14-15 | at NCAA's | 1 all-American |

Big Ten Indoor Meet

| Place | Team | Points |
|-------|----------------|--------|
| 1. | Minnesota | 136 |
| 2. | Michigan | 128 |
| 3. | Penn State | 121 |
| 4. | Wisconsin | 69.5 |
| 5. | Iowa | 60 |
| 6. | Illinois | 47 |
| 7. | Purdue | 40 |
| 8. | Michigan State | 35 |
| 9. | Indiana | 33.5 |
| 10. | Ohio State | 32 |

2008 Outdoor Results

| Date | Meet | Result |
|---------|----------------------|-----------------|
| 3/20-22 | at Shamrock Invite | 3 champs |
| 4/4-5 | at Auburn Classic | 0 champs |
| | at Stanford Invite | 0 champs |
| 4/11-12 | at Sun Angel Classic | 1 champ |
| 4/12 | at Calhoun Memorial | 1 champ |
| 4/19 | Iowa Invite | 4 champs |
| 4/20 | at Cardinal Open | 0 champs |
| 4/23-26 | at Drake Relays | 0 champs |
| 5/3 | Musco Twilight X | 3 champs |
| 5/16-18 | at Big Ten's | 6th/2 champs |
| 5/30-31 | at NCAA Regional | 18th/0 champs |
| 6/11-14 | at NCAA's | 4 all-Americans |

Big Ten Outdoor Meet

| Place | Team | Points |
|-------|----------------|--------|
| 1. | Penn State | 151 |
| 2. | Michigan | 118 |
| 3. | Minnesota | 113.5 |
| 4. | Illinois | 77 |
| 5. | Ohio State | 74 |
| 6. | Iowa | 73 |
| | Wisconsin | 73 |
| 8. | Purdue | 70.5 |
| 9. | Michigan State | 35 |
| 10. | Indiana | 31 |

Indoor Season Bests

| Event | Athlete | Mark |
|-----------------------|---|------------------|
| 60 Meters | Rhonda-Kaye Trusty | 7.61 |
| 60 Hurdles | Renee White | 8.45 # |
| 200 Meters | Kineke Alexander | 24.14 |
| 400 Meters | Kineke Alexander | 52.63 \$ |
| 600 Meters | Kineke Alexander | 1:27.45 * |
| 800 Meters | Lauren Hardesty | 2:15.45 # |
| 1,000 Meters | Katie Ellis | 3:07.75 # |
| Mile Run | Meghan Armstrong | 4:41.07 ! |
| 3,000 Meters | Meghan Armstrong | 9:17.50 !# |
| 5,000 Meters | Diane Nukuri | 16:01.36 !# |
| 1,600-Meter Relay | White, Alexander, Kerr, Hendricks | 3:43.83 |
| Distance Medley Relay | Armstrong, Alexander, L. Hardesty, Nukuri | 11:20.11 !* |
| High Jump | Tammilee Kerr | 5-7 1/4 (1.71) # |
| Long Jump | Renee White | 19-0 3/4 (5.81) |
| Triple Jump | Renee White | 42-4 (12.90) !*# |
| Shot Put | Tammilee Kerr | 37-10 (11.53) # |
| Weight Throw | Erin O'Hern | 56-3 (17.14) # |
| Pentathlon | Tammilee Kerr | 3,974 points !*# |

Outdoor Season Bests

| Event | Athlete | Mark |
|-----------------------|---|---------------------|
| 100 Meters | Rhonda-Kaye Trusty | 11.90 # |
| 100 Hurdles | Kimberly Stanford | 14.11 # |
| 200 Meters | Rhonda-Kaye Trusty | 24.39 |
| 400 Meters | Kineke Alexander | 52.24 ^ |
| 800 Meters | Kineke Alexander | 2:15.34 # |
| 1,500 Meters | Meghan Armstrong | 4:26.62 ^ |
| 3,000 Meters | Diane Nukuri | 9:18.82 * |
| 3,000 Steeplechase | Jessica Schmidt | 10:27.18 ^* |
| 5,000 Meters | Diane Nukuri | 15:59.39 ^ |
| 10,000 Meters | Diane Nukuri | 33:17.01 \$* |
| 400-Meter Relay | White, Alexander, Kerr, Trusty | 45.78 |
| 800-Meter Relay | Hendricks, Trusty, White, Stanford | 1:39.74 |
| 1,600-Meter Relay | Praska, M. Mims, Hendricks, Alexander | 3:44.21 |
| 3,200-Meter Relay | M. Mims, Praska, Docherty, Ellis | 9:14.66 |
| Distance Medley Relay | L. Hardesty, A. Hardesty, Hendricks, Anderson | 12:03.66 |
| 6,400-Meter Relay | Nukuri, Marchand, Henize, Armstrong | 19:15.42 * |
| High Jump | Caleigh Bacchus | 5-7 1/4 (1.71) # |
| Long Jump | Renee White | 20-3 3/4 (13.36) ^# |
| Triple Jump | Renee White | 43-10 (13.36) ^*# |
| Shot Put | Mandy Chandler | 39-0 1/4 (11.89) |
| Hammer Throw | Erin O'Hern | 168-9 (51.45) # |
| Javelin | Tammilee Kerr | 165-7 (50.49) ^# |
| Heptathlon | Tammilee Kerr | 5,633 points *\$ |

@ - all-American, & - all-region, \$ - NCAA automatic qualifier, ! - NCAA provisional qualifier,
 ^ - regional qualifier, * - school record, # - collegiate best,
 + - first team all-Big Ten, ^ - second team all-Big Ten



Top Eight Placers at Big Ten Indoor Championships

| Event | Athlete | Mark | Place |
|--------------|-----------------------------------|--------------|-------|
| 3,000 Meters | Meghan Armstrong | 9:18.30 | 1st + |
| Triple Jump | Renee White | 42-4 (12.90) | 1st + |
| 200 Meters | Kineke Alexander | 24.39 | 2nd ^ |
| 400 Meters | Kineke Alexander | 53.77 | 2nd ^ |
| 5,000 Meters | Diane Nukuri | 16:02.96 | 3rd |
| Pentathlon | Tammilee Kerr | 3,974 | 4th |
| 1,600 Relay | White, Alexander, Hendricks, Kerr | 3:47.34 | 5th |
| 60 Meters | Rhonda-Kaye Trusty | 7.61 | 6th |
| 60 Hurdles | Renee White | 8.48 | 7th |
| 5,000 Meters | Meghan Armstrong | 16:39.04 | 7th |
| 60 Hurdles | Karessa Farley | 8.70 | 8th |
| 3,000 Meters | Diane Nukuri | 9:28.39 | 8th |

Top Performances at NCAA Indoor Championships

| Event | Athlete | Mark | Place |
|--------------|------------------|--------------|-------|
| 400 Meters | Kineke Alexander | 52.72 | 5th ! |
| 5,000 Meters | Diane Nukuri | 16:35.05 | 12th |
| 3,000 Meters | Meghan Armstrong | 9:37.54 | 13th |
| Pentathlon | Tammilee Kerr | 3,836 points | 15th |

Top Eight Placers at Big Ten Outdoor Championships

| Event | Athlete | Mark | Place |
|---------------|---------------------------------------|--------------------|-------|
| 5,000 Meters | Diane Nukuri | 16:24.21 | 1st + |
| 10,000 Meters | Meghan Armstrong | 33:49.03 | 1st + |
| 5,000 Meters | Meghan Armstrong | 16:28.71 | 3rd |
| 10,000 Meters | Diane Nukuri | 34:07.50 | 3rd |
| 400 Meters | Kineke Alexander | 54.06 | 4th |
| 3,000 Steeple | Jessica Schmidt | 10:27.18 | 4th |
| 10,000 Meters | Racheal Marchand | 34:11.48 | 4th |
| Triple Jump | Renee White | 42-8 1/4 (13.01 m) | 4th |
| Javelin | Tammilee Kerr | 163-5 (49.82 m) | 4th |
| Heptathlon | Tammilee Kerr | 5,532 points | 4th |
| 5,000 Meters | Racheal Marchand | 16:40.03 | 5th |
| High Jump | Caleigh Bacchus | 5-7 1/4 (1.71 m) | 6th |
| 1,600-M Relay | Praska, M. Mims, Hendricks, Alexander | 3:44.21 | 6th |
| 400-M Relay | Trusty, White, Stanford, Hendricks | 47.29 | 8th |

Top Eight Placers at NCAA Midwest Regional

| Event | Athlete | Mark | Place |
|-------------|------------------|-----------------|-------|
| 400 Meters | Kineke Alexander | 52.24 | 2nd & |
| Triple Jump | Renee White | 43-10 (13.36) | 6th & |
| Long Jump | Renee White | 20-3 3/4 (6.19) | 8th & |

Top Performances at NCAA Outdoor Championships

| Event | Athlete | Mark | Place |
|---------------|------------------|--------------------|-------|
| 10,000 Meters | Meghan Armstrong | 34:01.87 | 6th @ |
| 10,000 Meters | Racheal Marchand | 34:05.87 | 8th @ |
| 400 Meters | Kineke Alexander | 52.53 | 8th @ |
| Heptathlon | Tammilee Kerr | 5,633 points | 8th @ |
| Triple Jump | Renee White | 43-4 1/4 (13.21 m) | 11th |
| Javelin | Tammilee Kerr | 143-6 (43.75 m) | 12th |

NCAA Midwest Regional

(Top Five Plus Iowa)

| Place | Team | Points |
|-------|------------|--------|
| 1. | Texas A&M | 116 |
| 2. | Texas Tech | 66.5 |
| 3. | Minnesota | 53.5 |
| 4. | Kansas | 49 |
| 5. | Oklahoma | 46 |
| 18. | Iowa | 12 |

NCAA Outdoor Championships

(Top Five Plus Iowa)

| Place | Team | Points |
|-------|---------------|--------|
| 1. | LSU | 67 |
| 2. | Arizona State | 62 |
| 3. | Texas A&M | 48 |
| 4. | Penn State | 39 |
| 5. | Texas Tech | 32 |
| 43. | Iowa | 6 |

Post-Season Qualifiers

NCAA Indoor Championships

| | |
|------------------|-------------------------|
| Kineke Alexander | 400 Meters ! |
| | Distance Medley Relay ! |
| Meghan Armstrong | Mile #, 3,000 Meters ! |
| | 5,000 Meters ! |
| | Distance Medley Relay ! |
| Jolly Burke | 5,000 Meters ! |
| Lauren Hardesty | Distance Medley Relay ! |
| Tammilee Kerr | Pentathlon ! |
| Diane Nukuri | Mile #, 3,000 Meters ! |
| | 5,000 Meters ! |
| | Distance Medley Relay ! |
| Renee White | Triple Jump ! |

NCAA Midwest Regional

| | |
|------------------|----------------------------|
| Kineke Alexander | 400 Meters |
| Meghan Armstrong | 1,500 Meters, 5,000 Meters |
| Tammilee Kerr | Javelin |
| Racheal Marchand | 5,000 Meters |
| Diane Nukuri | 5,000 Meters |
| Jessica Schmidt | 3,000 Steeplechase |
| Renee White | Triple Jump, Long Jump |

NCAA Outdoor Championships

| | |
|------------------|------------------------|
| Kineke Alexander | 400 Meters \$ |
| Meghan Armstrong | 10,000 Meters \$ |
| Tammilee Kerr | Javelin, Heptathlon \$ |
| Racheal Marchand | 10,000 Meters ! |
| Diane Nukuri | 10,000 Meters \$ |
| Renee White | Triple Jump ! |