

2011 WOMEN'S OUTDOOR SEASON & COLLEGIATE BEST PERFORMANCES - Updated 6/27/11

100 METERS (SR - 11.45, Vivien McKenzie, 1985)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Erin Jones	11.81	at LSU Invite – 4/2/11	11.81	at LSU Invite – 4/2/11
Ashley Wilkinson	12.71	Musco Twilight XII – 4/23/11	12.71	Musco Twilight XII – 4/23/11

100-METER HURDLES (SR - 13.20, Tiffany Johnson, 2007)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Mary-Kate Schmitt	16.07	at Central Invite – 4/2/11	16.07	at Central Invite – 4/2/11
Emelia Thompson	18.74	Musco Twilight XII – 4/23/11	18.74	Musco Twilight XII – 4/23/11

200 METERS (SR - 23.50, Shellene Williams, 2004)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Erin Jones	24.17	at War Eagle Invitational – 4/16/11	24.17	at War Eagle Invitational – 4/16/11
Kelsey Mims	25.73	at LSU Invite – 4/2/11	25.73	at LSU Invite – 4/2/11
Ashley Wilkinson	26.09	at Central Invite – 4/2/11	26.09	at Central Invite – 4/2/11
Zinnia Miller	26.36	Musco Twilight XII – 4/23/11	26.36	Musco Twilight XII – 4/23/11
Mary-Kate Schmitt	27.15	Musco Twilight XII – 4/23/11	27.15	Musco Twilight XII – 4/23/11
Emelia Thompson	27.72	Musco Twilight XII – 4/23/11	27.72	Musco Twilight XII – 4/23/11

400 METERS (SR - 51.35, Kineke Alexander, 2006)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Ashley Liverpool	53.87	at LSU Invite – 4/2/11	53.87	at LSU Invite – 4/2/11
Bethany Praska	54.01	Musco Twilight XII – 4/23/11	54.01	Musco Twilight XII – 4/23/11
Tiffany Hendricks	55.29	twice, last at War Eagle Invite – 4/16/11	55.19	at Sun Angel Classic – 4/10/10
Nicole Erickson	56.26	at LSU Invite – 4/2/11	57.19	at Sun Angel Classic – 4/10/10
Kelsey Mims	57.50	at LSU Invite – 4/2/11	56.81	at Sun Angel Classic – 4/10/10
Adrienne Alexia	58.91	at LSU Invite – 4/2/11	58.91	at LSU Invite – 4/2/11
Ashley Wilkinson	59.31	at Cornell Open- 4/9/11	59.31	at Cornell Open – 4/9/11

400-METER HURDLES (SR - 56.67, Wynsome Cole, 1998)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tiffany Hendricks	59.63	at NCAA Regional – 5/28/11	59.63	at NCAA Regional – 5/28/11
Hannah Simonson	1:01.35	Musco Twilight XII – 4/23/11	1:01.35	Musco Twilight XII – 4/23/11
Kelsey Labs	1:02.78	at Central Invite – 4/2/11	1:02.78	at Central Invite – 4/2/11

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Nicole Erickson	1:02.85	Musco Twilight XII – 4/23/11	1:02.85	Musco Twilight XII – 4/23/11
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800 METERS (SR - 2:05.46, Bethany Praska, 2011)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Bethany Praska	2:05.46*	at War Eagle Invitational – 4/16/11	2:05.46*	at War Eagle Invitational – 4/16/11
Lauren Hardesty	2:11.12	Musco Twilight XII – 4/23/11	2:10.90	at Shamrock Invite - 3/20/10
Nicole Erickson	2:11.50	at Sun Angel Classic – 4/9/11	2:11.50	at Sun Angel Classic – 4/9/11
Lena Placzek	2:13.76	Musco Twilight XII – 4/23/11	2:13.76	Musco Twilight XII – 4/23/11
Adrienne Alexia	2:17.96	Musco Twilight XII – 4/23/11	2:17.96	Musco Twilight XII – 4/23/11
Jackie Laesch	2:18.54	Musco Twilight XII – 4/23/11	2:17.26	at Big Ten Championships - 5/14/10
Nia Hermansen	2:20.87	Musco Twilight XII – 4/23/11	2:20.87	Musco Twilight XII – 4/23/11

1,500 METERS (SR - 4:17.41, Meghan Armstrong, 2006)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
McKenzie Melander	4:21.35	at Drake Relays – 4/28-30/11	4:21.18	at Big Ten Championships – 5/16/10
Betsy Flood	4:22.94	at Drake Relays – 4/28-30/11	4:17.75	at Big Ten Championships – 5/16/10
Lauren Hardesty	4:25.68	at Drake Relays – 4/28-30/11	4:20.40	at NCAA Regional - 5/28/09
Brooke Eilers	4:30.53	at Sun Angel Classic – 4/9/11	4:30.53	at Sun Angel Classic – 4/9/11
Amanda Hardesty	4:34.99	at Sun Angel Classic – 4/9/11	4:25.60	at Sun Angel Classic – 4/10/10
Hannah Roeder	4:38.30	Musco Twilight XII – 4/23/11	4:35.78	at Illinois Invite - 5/2/09
Lena Placzek	4:38.41	Big Ten Championships – 5/14/11	4:40.10	at Sun Angel Classic – 4/9/11
Danielle Berndt	4:40.56	at Cornell Open – 4/9/11	4:40.02	at Messersmith Invite – 4/18/09
Jackie Laesch	4:42.04	Big Ten Championships – 5/14/11	4:39.70	Musco Twilight XI – 5/1/10
Katherin Rehn	4:46.50	at Cornell Open – 4/9/11	4:46.50	at Cornell Open – 4/9/11
Kelsey Hart	4:50.78	at Cornell Open – 4/9/11	4:50.78	at Cornel Open – 4/9/11

3,000 METERS (SR - 9:18.82, Diane Nukuri, 2008)

Name	Season Best	Meet-Date	Collegiate Best	Meet-Date
Betsy Flood	9:28.89	Musco Twilight XII – 4/23/11	9:22.63	Musco Twilight XI - 5/1/10
Brooke Eilers	9:30.08	Musco Twilight XII – 4/23/11	9:30.08	Musco Twilight XII – 4/23/11
McKenzie Melander	9:34.13	Musco Twilight XII – 4/23/11	9:34.13	Musco Twilight XII – 4/23/11
Katherin Rehn	10:26.98	Musco Twilight XII – 4/23/11	10:26.98	Musco Twilight XII – 4/23/11

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3,000-METER STEEPLECHASE (SR – 10:27.18, Jessica Schmidt, 2008)

Name	Season Best	Meet-Date	Collegiate Best	Meet-Date
Danielle Berndt	10:26.54*	at NCAA Regional – 5/27/11	10:26.54	at NCAA Regional – 5/27/11
Hannah Roeder	10:35.22	at NCAA Regional – 5/27/11	10:35.22	at NCAA Regional – 5/27/11
Kelsey Hart	10:47.56	Big Ten Championships - 5/14/11	10:47.56	Big Ten Championships - 5/14/11

5,000 METERS (SR - 15:45.84, Nan Doak, 1985)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Betsy Flood	16:04.46	at NCAA Regional – 5/28/11	16:04.46	at NCAA Regional – 5/28/11
Brooke Eilers	16:11.86	at NCAA Regional – 5/28/11	16:11.86	at NCAA Regional – 5/28/11
McKenzie Melander	16:28.47	Big Ten Championships – 5/15/11	16:28.47	Big Ten Championships – 5/15/11
Hannah Roeder	17:12.36	at Stanford Invite - 3/26/11	17:12.36	at Stanford Invite - 3/26/11
Amanda Hardesty	17:14.77	at Stanford Invite - 3/26/11	16:37.01	at Big Ten Championships - 5/14/10
Megan Ranegar	17:49.26	at Sun Angel Classic – 4/9/11	17:09.77	at Stanford Invite – 3/26/10

10,000 METERS (AQ - 33:30.00, PQ - 35:00.00, SR - 33:17.01, Diane Nukuri, 2008)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Betsy Flood	35:05.10	Big Ten Championships – 5/13/11	35:05.10	Big Ten Championships – 5/13/11
Amanda Hardesty	36:38.45	Big Ten Championships – 5/13/11	36:38.45	Big Ten Championships – 5/13/11
Katherin Rehn	39:30.96	Big Ten Championships – 5/13/11	39:30.96	Big Ten Championships – 5/13/11

400-METER RELAY (SR - 44.63, Floyd, Hobbs, Reid, Poole, 1994)

Names	Season Best	Meet – Date
Hendricks, Jones, Liverpool, Leacock	45.77	at LSU Invite – 4/2/11
Jones, Liverpool, Leacock, Hendricks	46.59	at Sun Angel Classic – 4/9/11
Jones, Hendricks, Liverpool, Leacock	46.85	Musco Twilight XII – 4/23/11

1,600-METER RELAY (SR -- 3:35.93, Praska, Hendricks, Liverpool, Erickson, 2011)

Names	Season Best	Meet - Date
Praska, Hendricks, Liverpool, Erickson	3:35.93*	at Drake Relays – 4/28-30/11
Praska, Hendricks, Erickson, Liverpool	3:36.51	Big Ten Championships – 5/15/11
Jones, Hendricks, Praska, Liverpool	3:41.39	at LSU Invite – 4/2/11
Erickson, Hendricks, Praska, Liverpool	3:43.31	Musco Twilight – 4/23/11

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Mims, Leacock, Erickson, Alexia	3:46.41	at LSU Invite – 4/2/11
Simonson, Mims, Leacock, Alexia	3:54.13	Musco Twilight – 4/23/11

SPRINT MEDLEY RELAY (SR – 3:48.63, Jones, Hendricks, Liverpool, Praska, 2011)

Names	Season Best	Meet – Date
Jones, Hendricks, Liverpool, Praska	3:48.63*	at Drake Relays – 4/28-30/11

DISTANCE MEDLEY RELAY (SR - 11:22.18, Hoskins, Powell, Schneckloth, Kruckeberg, 1989)

Names	Season Best	Meet – Date
Placzek, Mims, Laesch, A. Hardesty	11:43.65	at Drake Relays – 4/28-30/11

3,200-METER RELAY (SR - 8:46.45, Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987)

Names	Season Best	Meet – Date
Erickson, Placzek, Eilers, Alexia	9:03.94	at Drake Relays – 4/28-30/11

6,400-METER RELAY (SR - 19:05.63, Flood, Melander, A. Hardesty, L. Hardesty, 2010)

Names	Season Best	Meet - Date
Flood, Eilers, Melander, L. Hardesty	19:17.52	at Drake Relays – 4/28-30/11

HIGH JUMP (SR - 1.86 meters, Peaches Roach, 2006)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Zinnia Miller	5-7 (1.70m)	Big Ten Championships – 5/15/11	5-7 (1.70m)	Big Ten Championships – 5/15/11
Eva Greenwalt	5-1 (1.55m)	at Central Invite – 4/2/11	5-3 (1.60m)	Iowa Invitational – 4/17/10

LONG JUMP (SR - 6.78 meters, Aisha James, 2003)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Carisa Leacock	19-11 ½ (6.08m)	at LSU Invite – 4/2/11	19-11 ½ (6.08m)	at LSU Invite – 4/2/11
Zinnia Miller	18-1 (5.51m)	Musco Twilight XII – 4/23/11	18-1 (5.51m)	Musco Twilight XII – 4/23/11
Emelia Thompson	16-5 (5.00m)	at Cornell Open – 4/9/11	16-5 (5.00m)	at Cornell Open – 4/9/11
Mary-Kate Schmitt	15-11 (4.85m)	Musco Twilight XII – 4/23/11	15-11 (4.85m)	Musco Twilight XII – 4/23/11

SHOT PUT (SR - 15.54 meters, Lisa VanSteenwyk, 1992)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
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Rachel Curry	46-5 (14.03m)	Musco Twilight XII – 4/23/11	46-5 (14.03m)	Musco Twilight XII – 4/23/11
Majesty Tutson	40-6 ¼ (12.35m)	Musco Twilight XII – 4/23/11	42-8 ¾ (13.02m)	at Tiger Track Classic - 4/2/10
Courtney Fritz	40-1 ½ (12.23m)	Musco Twilight XII – 4/23/11	40-1 ½ (12.23m)	Musco Twilight XII – 4/23/11
Jasmine Simpson	37-10 ¾ (11.55m)	Musco Twilight XII – 4/23/11	37-10 ¾ (11.55m)	Musco Twilight XII – 4/23/11
Ashlyn Gulvas	35-5 ¼ (10.80m)	Musco Twilight XII – 4/23/11	35-5 ¼ (10.80m)	Musco Twilight XII – 4/23/11

DISCUS THROW (SR – 52.52 meters, Majesty Tutson, 2011)

Majesty Tutson	172-3 (52.52m)*	Big Ten Championships – 5/15/11	172-3 (52.52m)*	Big Ten Championships – 5/15/11
Ashlyn Gulvas	154-11 (47.23m)	Musco Twilight XII – 4/23/11	154-11 (47.23m)	Musco Twilight XII – 4/23/11
Courtney Fritz	146-6 (44.66m)	Big Ten Championships – 5/15/11	146-6 (44.66m)	Big Ten Championships – 5/15/11
Rachel Curry	145-9 (44.44m)	Big Ten Championships – 5/15/11	145-9 (44.44m)	Big Ten Championships – 5/15/11
Amanda Stahle	140-7 (42.86m)	Musco Twilight XII – 4/23/11	140-7 (42.86m)	Musco Twilight XII – 4/23/11

JAVELIN THROW (SR – 55.30 meters, Alana Redfern, 2003)

Amanda Stahle	138-5 (42.20m)	at Messersmith Invite – 5/7/11	138-5 (42.20m)	at Messersmith Invite – 5/7/11
Majesty Tutson	99-7 (30.36m)	Musco Twilight XII – 4/23/11	99-7 (30.36m)	Musco Twilight XII – 4/23/11

POLE VAULT (SR – 12-10 1/4 (3.92m), Jessie Strand, 2003)

Name	Season Best	Meet – Date	Collegiate Best	Meet – Date
Kirsten Weismantle	12-0 (3.66m)	Big Ten Championships – 5/13/11	12-0 (3.66m)	Big Ten Championships – 5/13/11

HAMMER THROW (SR - 59.45 meters, Becca Franklin, 2007)

Name	Season Best	Meet - Date	Collegiate Best	Meet – Date
Ashlyn Gulvas	182-3 (55.55m)	at Messersmith Invite – 5/7/11	182-3 (55.55m)	at Messersmith Invite – 5/7/11
Jasmine Simpson	180-2 (54.93m)	Musco Twilight XII – 4/23/11	180-2 (54.93m)	Musco Twilight XII – 4/23/11
Kelsey Taylor	177-0 (53.95m)	Musco Twilight XII – 4/23/11	177-0 (53.95m)	Musco Twilight XII – 4/23/11
Majesty Tutson	146-6 (44.66m)	at LSU Invite – 4/2/11	156-9 (47.77m)	at Tiger Track Classic – 4/2/10
Courtney Fritz	134-8 (41.04m)	at LSU Invite – 4/2/11	134-8 (41.04m)	at LSU Invite – 4/2/11

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