

TATATA

HOW 'BOUT IT

2013-2014



A. V. 133

Dale Allen



2013-2014

11/22 IOWA CITY DUALS

12/1 @ IOWA STATE

12/5 @ EDINBORO

12/12 BUFFALO

12/21 PENN STATE

12/29-30 @ MIDLANDS

1/3 @ PURDUE

1/4 MICHIGAN STATE

1/10 OKLAHOMA STATE

1/12 INDIANA

1/18 @ NEBRASKA

1/25 MINNESOTA

1/31 @ NORTHWESTERN

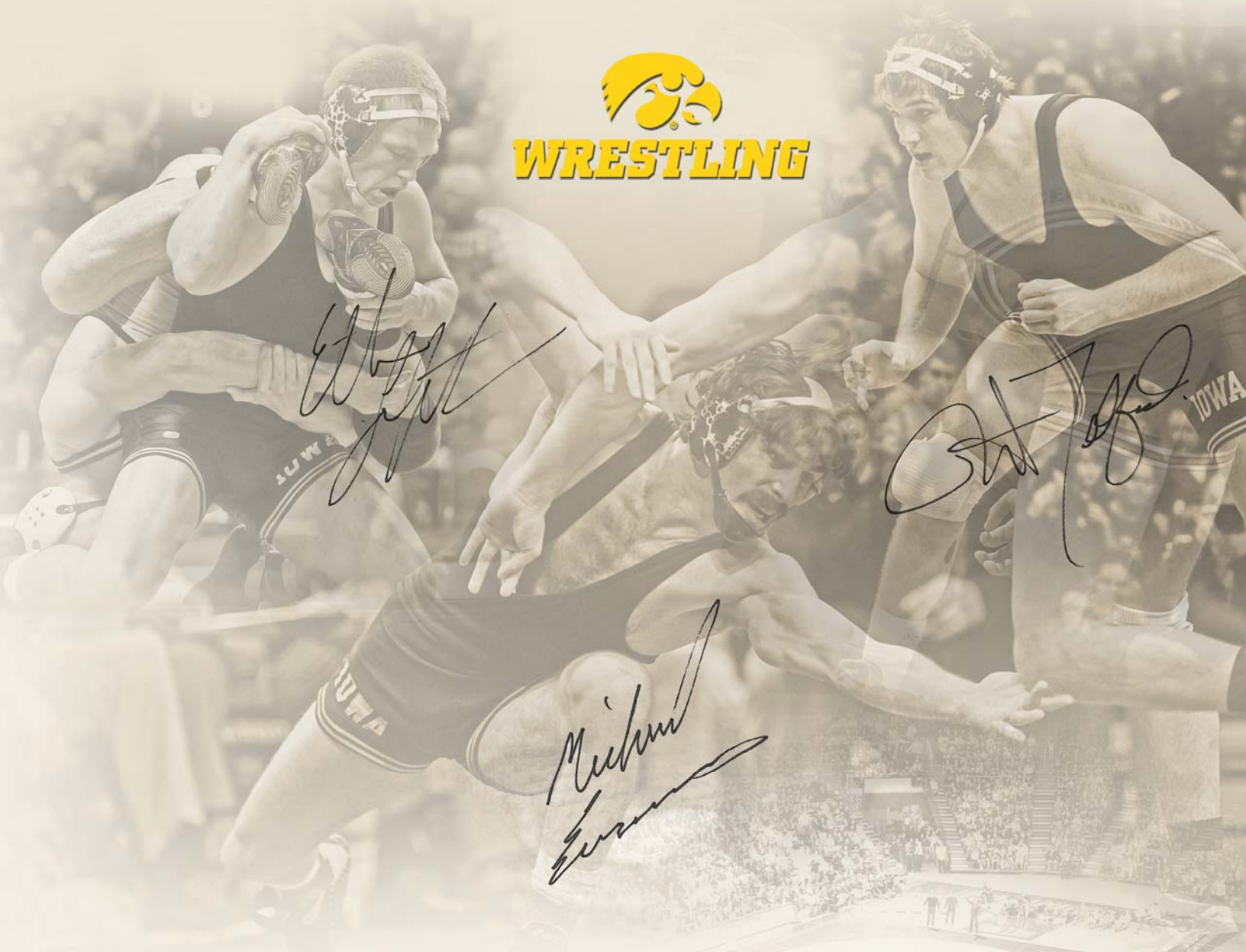
2/9 MICHIGAN

2/14 @ LEHIGH

2/23 @ WISCONSIN

3/8-9 @ BIG TEN CHAMPIONSHIPS

3/20-22 @ NCAA CHAMPIONSHIPS



**2013-14 Quick Facts****School Information**

Name: University of Iowa
Location: Iowa City, Iowa
Enrollment: 31,065
President: Sally Mason
Director of Athletics: Gary Barta
Colors: Black & Gold (PMS 116)
Nickname: Hawkeyes
Mascot: Herky the Hawk
Conference: Big Ten
Facility (Capacity): Carver-Hawkeye Arena (15,400)

Athletics Communications

Wrestling Contact: Chris Brewer
Office Phone: 319/335-9411
Cell Phone: 319/325-3483
Office Fax: 319/335-9417
E-Mail Address: christopher-brewer@hawkeyesports.com
Mailing Address: S300 Carver-Hawkeye Arena, Iowa City, IA 52242
Web Site: hawkeyesports.com

Team Information

Head Coach (Alma Mater, Yr.): Tom Brands (Iowa, 1992)
School Record (Yrs.): 131-13-1 (8th year)
Overall Record (Yrs.): 148-32-1 (10th year)
Office Phone: 319/335-9405
Office Fax: 319/353-5999
Associate Head Coach (Alma Mater, Year): Terry Brands (Iowa, 1992)
Assistant Coach (Alma Mater, Year): Ryan Morningstar (Iowa, 2009)
2012-13 Record: 20-3
2012-13 Conference Record/Finish: 8-0/1st
2012-13 Conference Tournament: 3rd
2012-13 NCAA Finish: 4th
2012-13 Letterwinners Returning/Lost: 21/4
NCAA Qualifiers Returning/Lost: 7/2
All-Americans Returning/Lost: 4/0
Returning All-Americans (Wt., NCAA Finish):
 Tony Ramos (133, 2nd)
 Derek St. John (157, 1st)
 Ethen Lofthouse (184, 5th)
 Mike Evans (174, 6th)

Intercollegiate Athletics Mission Statement

The mission of the Department of Athletics is to provide the administrative and coaching support, facilities, resources, and equipment necessary for student athletes to graduate from The University of Iowa while participating in broad-based championship-caliber athletic competition. The overall well-being of the participant and the integrity of the program will be paramount in all that we do.

University of Iowa Nondiscrimination Statement

The University of Iowa does not discriminate in employment or in its educational programs and activities on the basis of race, national origin, color, religion, sex, age, disability, or veteran status. The University also affirms its commitment to providing equal opportunities and equal access to University facilities without reference to affectional or associational preference. For additional information on nondiscrimination policies, contact the Coordinator of Title IX, Section 504, and the ADA in the Office of Affirmative Action, telephone (319) 335-0705, 202 Jesup Hall, the University of Iowa, Iowa City, Iowa, 52242-1316.

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Hawkeye Wrestling Interview Requests

Coach Brands and wrestling student-athletes will be available for interviews from 3:00-3:25 Tuesday afternoons starting November 19 inside the Dan Gable Wrestling Complex. Please contact Chris Brewer with student-athlete requests prior to Tuesday's media sessions.

Credits

The University of Iowa wrestling media guide was written, designed and edited by Assistant Athletics Communications Directors Chris Brewer and Traci Wagner. Photographs provided by Director of New Media Darren Miller, the University Relations Photo Unit, the IOC/Olympic Museum Collections and the University of Iowa Visual Center's Photographic Services. Cover artwork designed by Matt Ellison. Printing done University of Iowa Printing Service in Iowa City, IA.



IOWA WRESTLING

2013-14 MEDIA GUIDE

2013-14 ROSTER

Name	Wt.	Ht.	Yr.	Hometown (High School/Last School)
Broc Berge	197	6-0	Fr.	Mantorville, Minn. (Kasson-Mantorville)
Artie Bess	285	6-3	*Fr.	Deerfield, Ill. (Deerfield)
Faraan Brantley	165	6-0	Fr.	Homewood, Ill. (Flossmoor)
Sammy Brooks	184	6-0	*Fr.	Oak Park, Ill. (Oak Park-River Forest)
Nathan Burak	197	6-1	So.	Colorado Springs, Colo. (Coronado)
Topher Carton	133	5-5	*Fr.	Rock Island, Ill. (Davenport Assumption)
Cory Clark	125	5-6	*Fr.	Pleasant Hill, Iowa (Southeast Polk)
Joe DuCharme	149/157	5-9	Sr.	Pagosa Springs, Colo. (Pagosa Springs)
Josh Dziewa	141	5-6	Jr.	Yardley, Pa. (Council Rock)
Mike Evans	174	6-0	Jr.	Enola, Pa. (Blair Academy)
Jeremy Fahler	184/197	6-1	Jr.	Deerfield, Ill. (Deerfield)
Walt Gillmor	165	6-1	Jr.	Donahue, Iowa (North Scott)
Thomas Gilman	125	5-5	*Fr.	Council Bluffs, Iowa (Skutt Catholic)
Lenzell Green	285	5-10	*Fr.	St. Louis, Mo. (Hazelwood East)
Brody Grothus	149	5-10	So.	Davenport, Iowa (Assumption)
Matt Gurule	125	5-5	Jr.	Grand Junction, Colo. (Central)
Josh Haug	285	6-2	Jr.	Mt. Vernon, Iowa (Mt. Vernon)
Terrance Jean-Jacques	285	6-1	*Fr.	Haverhill, Pa. (Rutgers)
Jake Kadel	149	5-8	So.	New London, Iowa (New London)
Michael Kelly	149	5-8	Jr.	Cedar Falls, Iowa (Cedar Falls)
Kris Klapprodt	174/184	5-11	So.	Rapid City, S.D. (Stevens)
Phillip Laux	125	5-8	*Fr.	Brighton, Iowa (Iowa City West)
Tomas Lira	184/197	5-10	Sr.	Nichols, Iowa (West Liberty)
Ethen Lofthouse	184	5-9	Sr.	Avon, Utah (Mountain Crest)
Jacob Marlin	141	5-4	Fr.	Creston, Iowa (Creston)
Logan McQuillen	174	5-11	Fr.	Monticello, Iowa (Monticello)
Alex Meyer	184	6-0	*Fr.	Pleasant Hill, Iowa (Southeast Polk)
Nick Moore	165	5-8	Jr.	Iowa City, Iowa (West)
Ethan Owens	141/149	5-7	Jr.	Vansant, Va. (Grundy)
Tony Ramos	133	5-4	Sr.	Carol Stream, Ill. (Glenbard North)
Patrick Rhoads	149/157	5-9	So.	Kansas City, Mo. (Staley)
Connor Ryan	141	5-10	*Fr.	Bettendorf, Iowa (Bettendorf)
Chance Shelton	125	5-10	Fr.	Harvard, Ill. ((Harvard)
Brandon Sorenson	149	5-8	Fr.	Cedar Falls, Iowa (Denver)
Derek St. John	157	6-0	Sr.	Parnell, Iowa (Iowa City West)
Bobby Telford	285	6-4	Jr.	Hockessin, Del. (St. Mark's)
Logan Thomsen	157	5-8	Fr.	La Porte City, Iowa (Union)
Nick Trizzino	133/141	5-6	Sr.	Bettendorf, Iowa (Bettendorf)

* -- indicates redshirt freshman

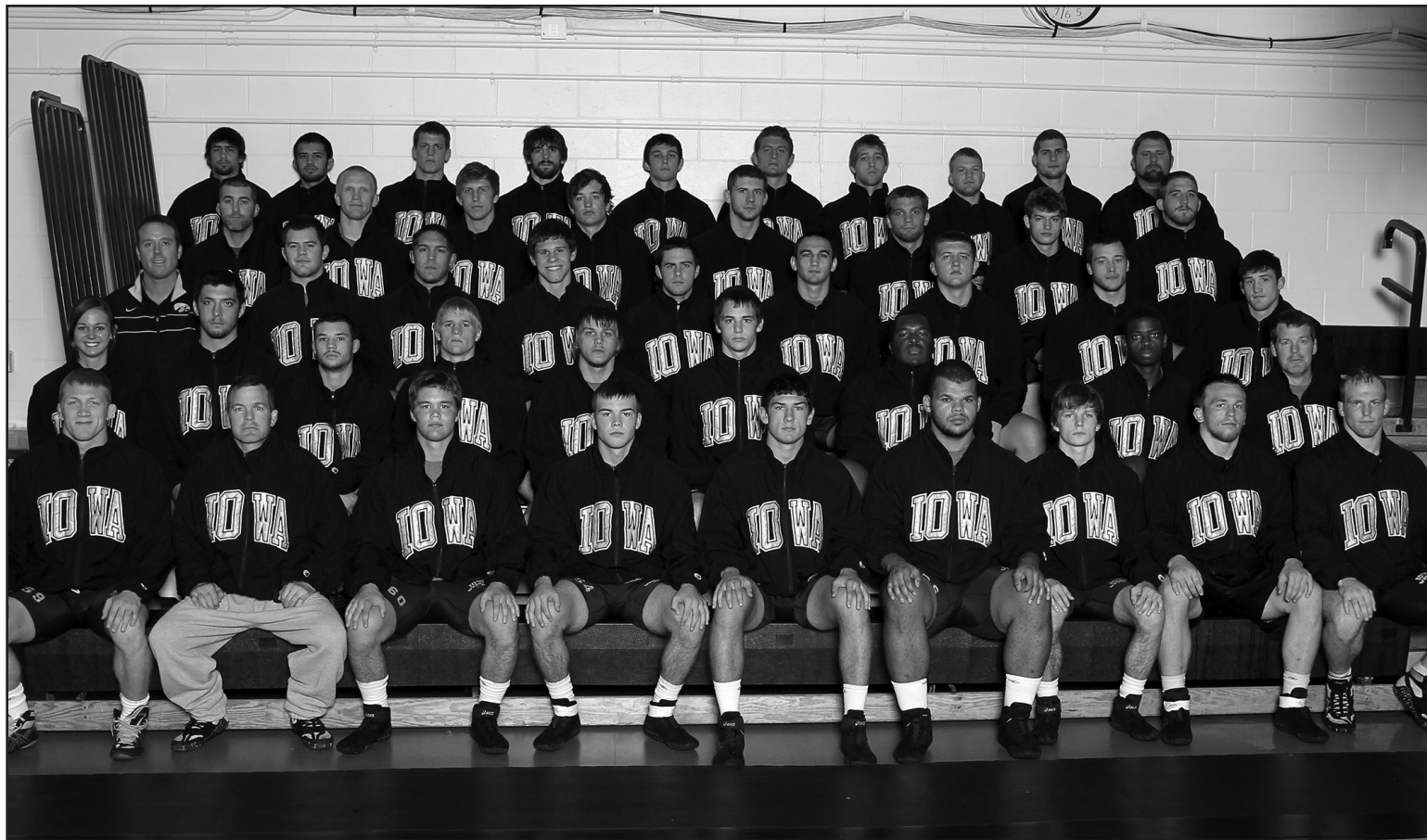
Head Coach: Tom Brands (University of Iowa, 1992)
 Associate Head Coach: Terry Brands (University of Iowa, 1992)
 Assistant Coach: Ryan Morningstar (University of Iowa, 2009)
 Volunteer Assistant Coach: Ben Berhow (Minnesota, 2011)
 Strength and Conditioning Coach: Luke Lofthouse (University of Iowa, 2011)
 Director of Operations: Luke Eustice (University of Iowa, 2004)

Pronunciation Guide

Broc Berge.....	BUR-gee
Joe DuCharme	doo-SHARM
Josh Dziewa	JEVA
Jeremy Fahler.....	FAYE-lur
Brody Grothus	GROW-thus
Matt Gurule.....	gurr-LAY
Josh Haug	HAYG
Terrance Jean-Jacques	JOAN-Jax
Jake Kadel.....	KAY-dull
Kris Klapprodt.....	CLAP-rod
Phillip Laux.....	LAUX
Tomas Lira	TOE-mahs
Nick Trizzino	Trih-ZEE-no

Weight-By-Weight Breakdown

125	165
Cory Clark	Faraan Brantley
Thomas Gilman	Walt Gillmor
Matt Gurule	Nick Moore
Phillip Laux	
Chance Shelton	174
	Mike Evans
133	Kris Klapprodt
Topher Carton	Logan McQuillen
Tony Ramos	
Nick Trizzino	184
	Sammy Brooks
141	Jeremy Fahler
Josh Dziewa	Kris Klapprodt
Jacob Marlin	Ethen Lofthouse
Ethan Owens	Tomas Lira
Connor Ryan	Alex Meyer
Nick Trizzino	
	197
149	Broc Berge
Joe DuCharme	Nathan Burak
Brody Grothus	Jeremy Fahler
Jake Kadel	Tomas Lira
Michael Kelly	
Ethan Owens	285
Patrick Rhoads	Artie Bess
Brandon Sorensen	Lenzell Green
	Josh Haug
157	Terrance Jean-Jacques
Joe DuCharme	Bobby Telford
Patrick Rhoads	
Derek St. John	
Logan Thomsen	



The 2013-14 University of Iowa Wrestling Team

Front Row (l-r): Ryan Morningstar (assistant coach), Terry Brands (associate head coach), Logan Thomsen, Brandon Sorenson, Logan McQuillen, Terrance Jean-Jacques, Cory Clark, Ethen Lofthouse, Kris Klapprodt. **Second Row (l-r):** Kristen Barger (student athletic trainer), Artie Bess, Thomas Gilman, Phillip Laux, Jake Marlin, Trevor Graves, Lenzell Green, Faraan Brantley, Tom Brands (head coach). **Third Row (l-r):** Jesse Donnerwerth (athletic training), Joe DuCharme, Tomas Lira, Nathan Burak, Chance Shelton, Topher Carton, Broc Berge, Patrick Rhoads, Derek St. John. **Fourth Row (l-r):** Luke Eustice (director of operations), Luke Lofthouse (strength and conditioning coach), Brody Grothus, Connor Ryan, Alex Meyer, Nick Moore, Jake Kadel, Bobby Telford. **Back Row (l-r):** Matt Gurule, Tony Ramos, Michael Kelly, Mike Evans, Nick Trizzino, Sammy Brooks, Josh Dziewa, Ethan Owens, Walt Gillmor, Ben Berhow (assistant coach). **Not Pictured:** Jeremy Fahler, Josh Haug.

Iowa Wrestling Sponsorships

Two of Iowa's key sponsors are Cliff Keen Athletic and ASICS. The Hawkeye staff is proud and thankful to be associated with these two organizations, who provide the best in wrestling gear.

Cliff Keen Athletic is a wrestling and officials wear company, dedicated to the advancement of athletics through innovative products and communications. Cliff Keen Athletic exemplifies the rich traditions of sport and the superior quality of athletic wear required for holding up to the rigors of competition. The company was founded by the legendary University of Michigan wrestling coach of the same name in 1958. Keen coached the 1948 U.S. Olympic team and invented the wrestling head guard.

In 1949, Mr. Kihachiro Onitsuka began his athletic footwear company (Onitsuka Co., Ltd.) by manufacturing basketball shoes out of his living room in Kobe, Japan. He chose the name ASICS for his company in 1977, based on a famous Latin phrase "Anima Sana In Corpore Sano", which when translated expresses the ancient ideal of "A Sound Mind in a Sound Body." Taking the acronym of this phrase, ASICS was founded on the belief that the best way to create a healthy and happy lifestyle is to promote total health and fitness. ASICS® products were introduced to the United States in 1977.



2013-14 Mat Assistants



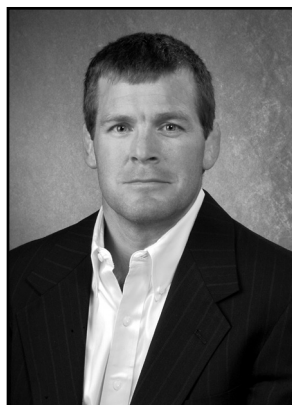
Lindsey Skahill, Jodi Naber and Alison Speltz



IOWA WRESTLING

2013-14 MEDIA GUIDE

HEAD COACH TOM BRANDS



Tom Brands

Head Coach (University of Iowa, 1992)

Three-time Big Ten Coach of the Year, Tom Brands, is in his eighth season as head wrestling coach at the University of Iowa. A 1996 Olympic gold medalist and member of wrestling's Hall of Fame, Brands is only the eighth wrestling coach at the University of Iowa. The former Hawkeye wrestler was a four-time All-American and three-time national champion (1989-92) at Iowa. He has a 131-13-1 (.907) overall and 51-5 (.911) Big Ten coaching record at Iowa, and a 148-32-1 (.820) career mark.

In seven seasons as Iowa's head coach, Brands has led the Hawkeyes to three NCAA and Big Ten team titles, crowning eight NCAA champions, 10 Big Ten champions and 38 All-Americans. Iowa has honored 53 academic all-Big Ten honorees, including a school-record 12 in 2011-12. The Hawkeyes have qualified 62 wrestlers for the NCAA Championships in the last seven years, sending the entire 10-man lineup in 2009-10. Iowa has also won five of the last six Big Ten regular season titles.

During Brands' tenure, Iowa set school records for longest dual unbeaten (84) and winning streaks (69), longest dual road unbeaten (51) and winning streaks (44), most Carver-Hawkeye Arena victories (11) and most dual shutouts (8).

Iowa also made another entry in the record books, setting the national collegiate dual meet attendance record of 15,955 when it hosted Iowa State Dec. 6, 2008, at Carver-Hawkeye Arena. The previous record of 15,646 was set Feb. 1, 2002, when Minnesota hosted Iowa at the Target Center in Minneapolis. The Hawkeyes won the Iowa State dual, 20-15. Iowa has led the nation in attendance in each of Brands' six seasons, setting an NCAA all-time attendance average of 9,014 in 2011-12.

Brands was named 2008 NWCA Coach of the Year after leading the Hawkeyes to their first NCAA team title since 2000 and their first Big Ten team title since 2004. He was named Big Ten Coach of the Year in 2008, 2009 and 2010, becoming the first coach in conference history to earn the honor in three consecutive seasons.

Brands served as head coach at Virginia Tech University for two seasons (2005-06), recording a 17-20 dual mark. In his first season with the Hokies, Brands led the team to the 2005 regular season Atlantic Coast Conference title, set a school record for dual meet wins (16) and had a school-record five wrestlers qualify for the NCAA Championships. During his tenure, Virginia Tech crowned five ACC champions and had two All-Americans. Senior heavyweight Mike Faust was named 2006 ACC Wrestler of the Year.

Prior to taking the helm at Virginia Tech, Brands was an assistant coach at Iowa for 12 seasons (1993-2004). He helped the Hawkeyes to a 177-27 dual record, seven NCAA and eight Big Ten titles, while crowning 23 NCAA champions, 73 All-Americans and 36 Big Ten champions. He was named the National Wrestling Coaches Association Assistant Coach of the Year in 2000.

In 2004, he was one of three coaches for the U.S. Olympic freestyle wrestling team, participating in Athens. Brands also served as assistant coach for the 2002 and 2003 U.S. Freestyle World Teams, earning Freestyle Coach of the Year honors from USA Wrestling both years. He was also a member of the U.S. coaching staff at the 2001 World Championships, and has coached a number of other U.S. teams in international competition.

As a competitor, Brands won the 1996 Olympic freestyle gold medal at 136.5 pounds in Atlanta, GA. He also won a gold medal at the 1993 World Freestyle Championships in Toronto, two World Cup gold medals (1994, 1995) and was the 1995 Pan American Games champion. He won four U.S. National titles (1993-96) and made four straight U.S. World or Olympic teams (1993-96). Along with his twin brother, Terry, Tom was named 1993 USA Wrestling Athlete of the Year, the 1993 John Smith Outstanding Freestyle Wrestler and 1993 Amateur Wrestling News Man of the Year. He was inducted into wrestling's Hall of Fame in 2001.

Brands was a four-time All-American at Iowa (1989-92). During his Hawkeye career, he won three NCAA titles and was named Outstanding Wrestler of the 1992 NCAA Championships. Also a three-time Big Ten champion, Brands won 95 percent of his matches at Iowa. His career mark of 158-7-2, included an undefeated season in 1991 (45-0).

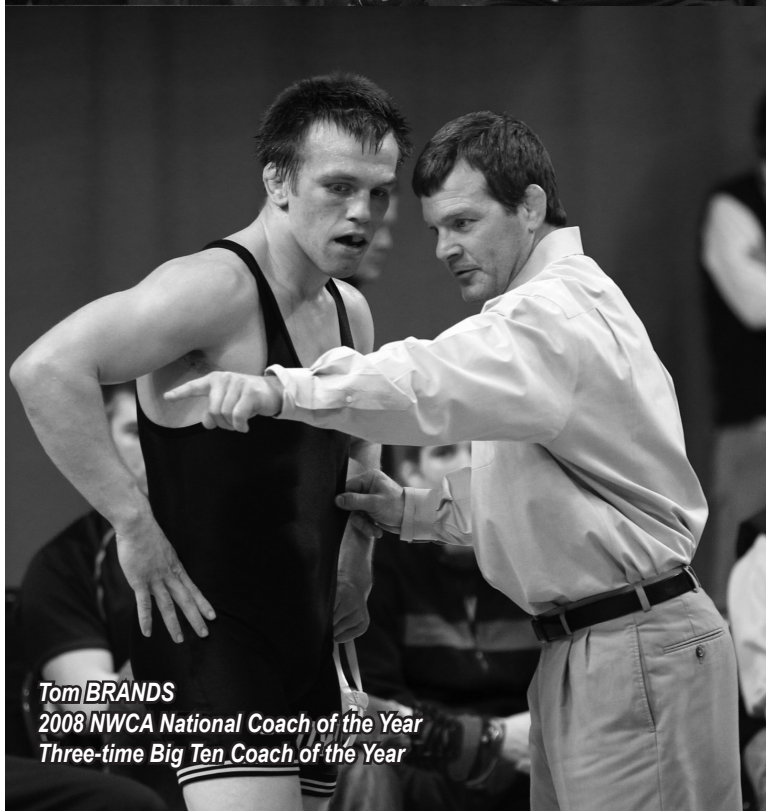
The Sheldon, Iowa, native was born April 9, 1968. He earned his B.S. degree in physical education from Iowa in 1992. He and his wife, Jeni, have three children, Madigan, Kinsee and Tommy.

Brands At Iowa

Year	Overall Dual Record	Big Ten Dual Record	Big Ten Place	NCAA Place	Big Ten Champions	NCAA Champions	All- Americans	NCAA Qualifiers	Academic All-Big Ten
2006-07	14-5-0	5-3	3rd	8th	1	1	3	8	4
2007-08	21-1-0	8-0	1st	1st	1	2	7	9	6
2008-09	24-0-0	8-0	1st	1st	2	0	5	9	9
2009-10	23-0-0	8-0	1st	1st	2	3	8	10	5
2010-11	15-0-1	8-0	2nd	3rd	2	0	5	9	10
2011-12	14-4-0	6-2	3rd	3rd	2	1	6	8	12
2012-13	20-3-0	8-0	3rd	4th	0	1	4	9	7
Total	131-13-1	51-5			10	8	38	62	53



Tom BRANDS
Three-time NCAA Champion
University of Iowa, 1992



Tom BRANDS
2008 NWCA National Coach of the Year
Three-time Big Ten Coach of the Year

Tom Brands - Hawkeye Head Coach - 2006-Present

National Champions (8)

Jay Borschel (2010)
Matt McDonough (2010, 2012)
Brent Metcalf (2008, 2010)
Mark Perry (2007, 2008)
Derek St. John (2013)

All-Americans (38)

Jay Borschel (2008-10)
Daniel Dennis (2009-10)
Dan Erikson (2009-10)
Mike Evans (2013)
Charlie Falck (2007-08)
Matt Fields (2008)
Grant Gambrell (2011)
Phillip Keddy (2008-10)
Ethen Lofthouse (2012-13)
Luke Lofthouse (2011)
Eric Luedke (2007)
Montell Marion (2010-12)
Matt McDonough (2010-12)
Brent Metcalf (2008-10)
Ryan Morningstar (2009-10)
Mark Perry (2007-08)
Tony Ramos (2012-13)
Derek St. John (2011-13)
Joe Slaton (2008)
Bobby Telford (2012)

Big Ten Champions (10)

Jay Borschel (2010)
Dan Erikson (2009-10)
Matt McDonough (2011-12)
Brent Metcalf (2008-09)
Mark Perry (2007)
Blake Rasing (2011)
Derek St. John (2012)

Academic All-Big Ten (53)

Jacob Ballweg (2012)
Matt Ballweg (2008-11)
Jay Borschel (2008-09-10)
Tyler Clark (2011-12)
Joe DuCharme (2011-13)
Josh Dziewa (2012-13)
Mike Evans (2013)
Jeremy Fahler (2012)
Matt Fields (2008)
Josh Haug (2012-13)
Brody Grothus (2013)
Alex Grunder (2007)
Michael Kelly (2012)
Kris Klapprodt (2013)
Nick Kolegraff (2009)
J.J. Krutsinger (2009-12)
Dan LeClere (2008-09-10)
T.H. Leet (2008-09)
Tomas Lira (2011-12)
Luke Lofthouse (2011)
Eric Luedke (2007)
Lucas Magnani (2007)
Matt McDonough (2012-13)
Brent Metcalf (2008-10)
Joe Moore (2009-11)
Blake Rasing (2009-12)
Ethan Sebert (2009-10-11)
Bobby Telford (2012)
Joe Uker (2007)
Vinnie Wagner (2011)

Tom Brands - Hawkeye Wrestler - 1989-92

- Won gold medal at 1996 Olympics
- Four-time All-American
- Three-time NCAA Champion
- Three-time Big Ten Champion
- Outstanding Wrestler at 1992 NCAA Championships
- Career record was 158-7-2 at 126 and 134 pounds
- Holds school record for best season winning percentage (100.0 in 1991 and 1992) with 12 other Hawkeyes
- Ranks second (to Barry Davis) in school history in season wins (45, 1991) and career wins (158)
- Ranks third in career winning percentage (.952), seventh in career pins (46) and eighth in season wins (41, 1992) in school history



IOWA WRESTLING

2013-14 MEDIA GUIDE

ASSOCIATE HEAD COACH TERRY BRANDS



Terry Brands Associate Head Coach University of Iowa, 1992

Two-time World Champion and 2000 Olympic bronze medalist Terry Brands is in his 16th season on the University of Iowa staff. Brands was promoted to associate head coach in 2011 after serving two stints (2008-10 and 1992-2000) as an assistant coach at Iowa.

During the last five seasons, Brands has helped Iowa to two NCAA and Big Ten team titles, crowning five NCAA champions, 28 All-Americans, eight Big Ten champions and 31 academic all-Big Ten honorees. Iowa owns a 96-7-1 dual record since Brands returned to the staff in 2008.

In the last five seasons, Iowa set school records for longest dual unbeaten (84) and winning streaks (69), longest dual road unbeaten (51) and winning streaks (44), most Carver-Hawkeye Arena victories (11) and most dual shutouts (8). Iowa also made another entry in the record books, setting the national collegiate dual meet attendance record of 15,955 when it hosted Iowa State Dec. 6, 2008, at Carver-Hawkeye Arena. Iowa also set a national dual attendance record by average 9,014 fans in 2011-12.

Brands rejoined the Hawkeye staff in 2008 after a three-year stint (2005-08) as USA Wrestling's National Freestyle Resident Coach in Colorado Springs, CO. During his tenure, Brands worked with 2008 U.S. Olympic freestyle gold medalist Henry Cejudo and 2006 World champion Bill Zadick.

His previous collegiate coaching experience includes three years as head coach at the University of Tennessee-Chattanooga (2002-05), and as an assistant coach at Montana State-Northern (2001-02), the University of Nebraska (2000-01) and the University of Iowa (1992-2000). At Chattanooga, Brands led the Mocs to the 2005 Southern Conference title, while crowning three conference champions and two All-Americans. At Iowa, he helped the Hawkeyes win seven NCAA and Big Ten titles, while crowning 19 NCAA and 26 Big Ten champions. Iowa's dual record of 115-12-1 during his tenure included three undefeated seasons (14-0 in 1995, 17-0 in 1996 and 18-0 in 2000).

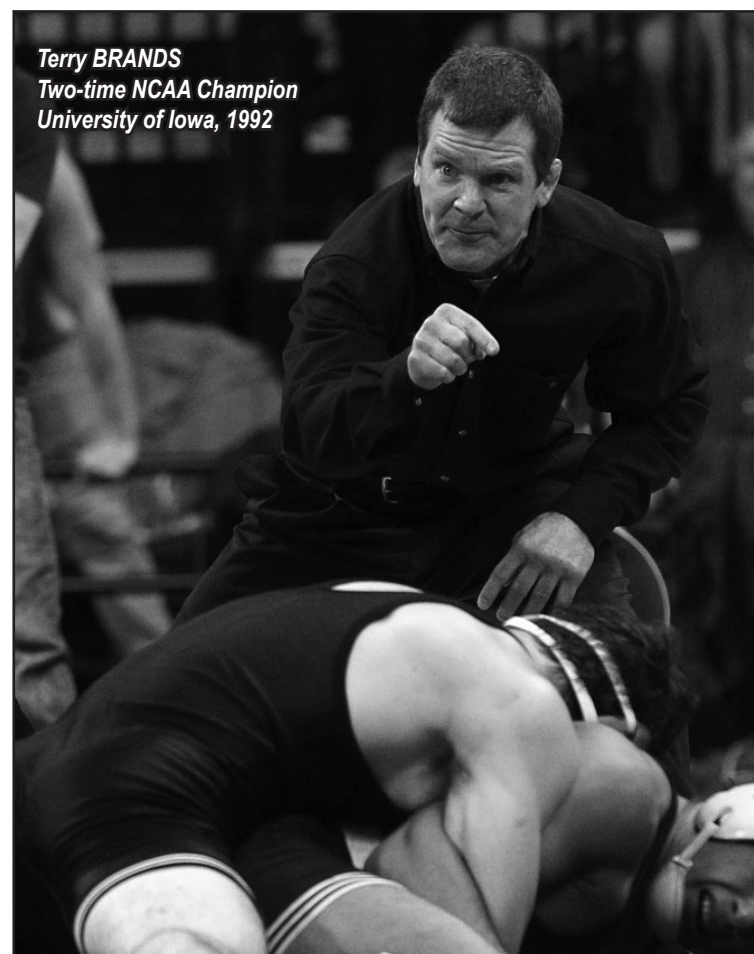
Brands was one of the nation's greatest freestyle wrestlers, winning World gold medals in 1993 in Toronto, Canada, and in 1995 in Atlanta, GA, at 125.5 pounds (57 kg). As a member of the 1993 and 1995 U.S. World Teams, he was on the only two U.S. teams to win World Team Titles in freestyle. In 1993, he won his world title with Tom, who was the World champion at 136.5 pounds (62 kg). Terry and Tom were named 1993 USA Wrestling Athlete of the Year, 1993 John Smith Freestyle Wrestler of the Year and 1993 Amateur Wrestling News Man of the Year. The Brands brothers became the first U.S. brothers to win a World title during the same year.

Brands placed second at in the 1996 U.S. Nationals and the 1996 Olympic Team Trials, falling just short of making the U.S. Olympic Team. He qualified for the 1997 and 1999 U.S. World Teams, but did not compete due to injury. In 2000, he made a comeback and won the U.S. Olympic Team Trials at 127.75 pounds (58 kg). He earned a bronze medal at the 2000 Olympic Games in Sydney, Australia.

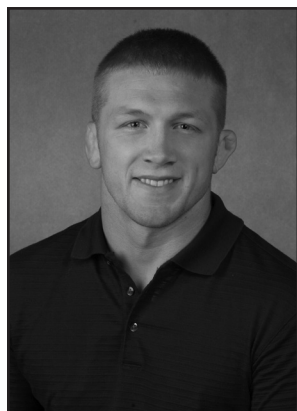
A two-time World Cup champion (1994, 1995), Brands won a gold medal at the 1995 Pan American Games. He was a two-time silver medalist at the respected Yarygin Tournament in Krasnoyarsk, Russia. Brands won three U.S. Nationals titles, and was runner-up three times. He was inducted into the National Wrestling Hall of Fame in 2006.

Brands was a two-time NCAA champion, three-time All-American and three-time Big Ten champion for the Hawkeyes (1989-92) at 126 pounds. He ended his career at Iowa with a 137-7 record. He still ranks fourth in season wins (43 - 1990-91) and career record, fifth in career wins (137), sixth in career pins (48) and ninth in season pins (18 - 1990-91). He is one of 18 Hawkeyes to post an undefeated season record, going 35-0 in 1991-92.

The Sheldon, Iowa, native was born April 9, 1968. He earned a bachelor of science degree in Human Development from the University of Iowa in 1992. He and his wife, Michelle, have a son, Nelson, and a daughter, Sydney.



Terry BRANDS
Two-time NCAA Champion
University of Iowa, 1992



Ryan Morningstar
Assistant Coach
University of Iowa, 2009

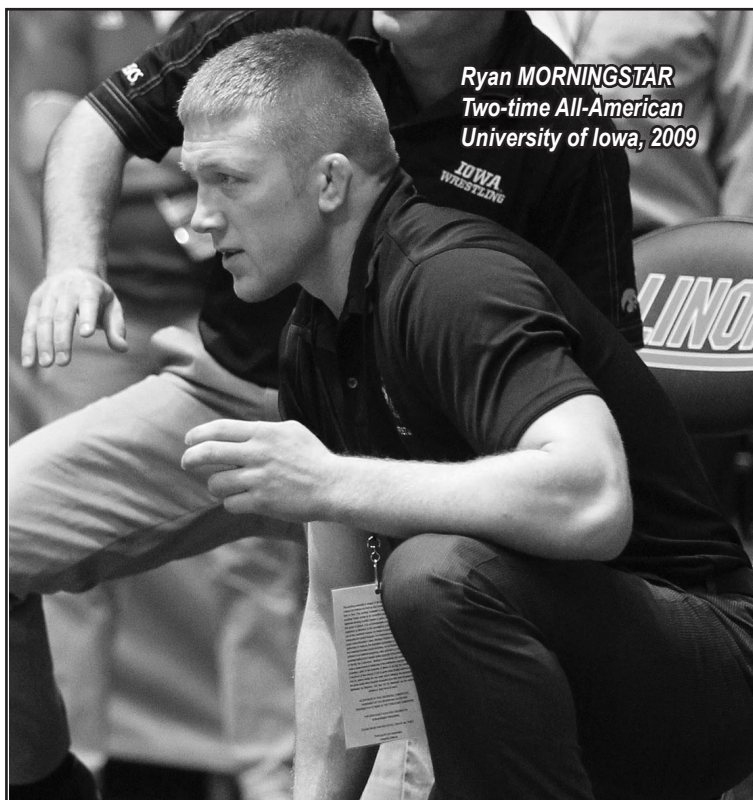
Ryan Morningstar is in his second season as an assistant coach at the University of Iowa. He joined the Iowa staff after serving as an assistant coach at Wisconsin in 2011-12.

In her first season in the Iowa corner, Morningstar helped Iowa earn the Big Ten regular season title, and saw the Hawkeyes crown one NCAA champion and four All-Americans.

Morningstar began his career in coaching following a collegiate career that included four NCAA appearances (2007-10) as a Hawkeye. He earned All-America honors in 2009 and 2010, and was a member of three NCAA championship teams (2008-10).

Morningstar placed third at the NCAA championships and was a Big Ten runner-up at 165 pounds in 2009. He suffered a knee injury during his senior season (2010) but still went on to place seventh at the NAAs and fourth at the Big Ten championships. That same year he was named Iowa's Big Ten Sportsmanship Award winner and won the Mike McGivern Award, which is given annually to the team's most courageous wrestler.

A four-year letterwinner from 2007-10, Morningstar owns a career record of 110-40. He was a member of the Hawkeye Wrestling Club in 2010-11 and qualified to compete in the 2012 U.S. Olympic Team Trials at 163 pounds (74 kg). The Lisbon, Iowa, native graduated from Iowa in 2009 with a bachelor's degree in health and sports studies.



Ryan MORNINGSTAR
Two-time All-American
University of Iowa, 2009



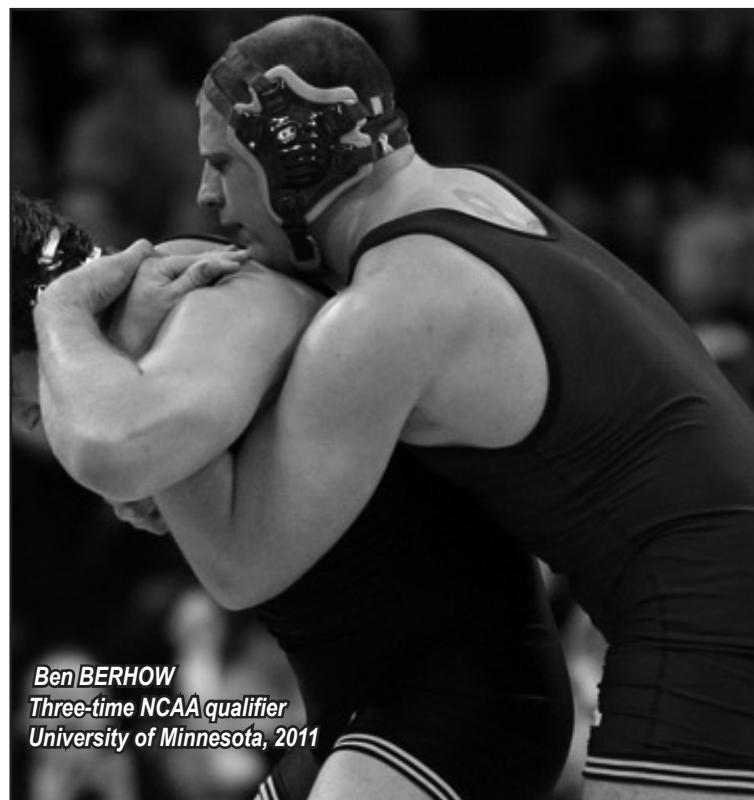
Ben Berhow
Volunteer Assistant Coach
University of Minnesota, 2011

Ben Berhow is in his first season as volunteer assistant coach at the University of Iowa after spending two years as an administrative assistant at the University of Minnesota.

As a member of the Gophers' staff from 2011-13, Minnesota crowned four Big Ten and two NCAA individual champions, including two-time NCAA heavyweight champion Tony Nelson.

Berhow joined Minnesota's staff following a four-year career with the Gophers that included 78 wins and three national tournament appearances from 2007-10. He received the Minnesota Integrity Award his senior season and was honored with the Verne Gagne Scholarship/Leadership Award as a junior. He earned the Chris Berglin Most Improved Wrestler award after posting an 8-0 Big Ten record as a sophomore.

A native of Hayward, Minn., Berhow won the 2006 Minnesota state championship while attending Albert Lea High School. He graduated from the University of Minnesota in 2011.



Ben BERHOW
Three-time NCAA qualifier
University of Minnesota, 2011



IOWA WRESTLING

2013-14 MEDIA GUIDE

LUKE LOFTHOUSE/LUKE EUSTICE



Luke Lofthouse Strength & Conditioning Coach University of Iowa, 2011

Luke Lofthouse is in his second season as strength and conditioning coach.

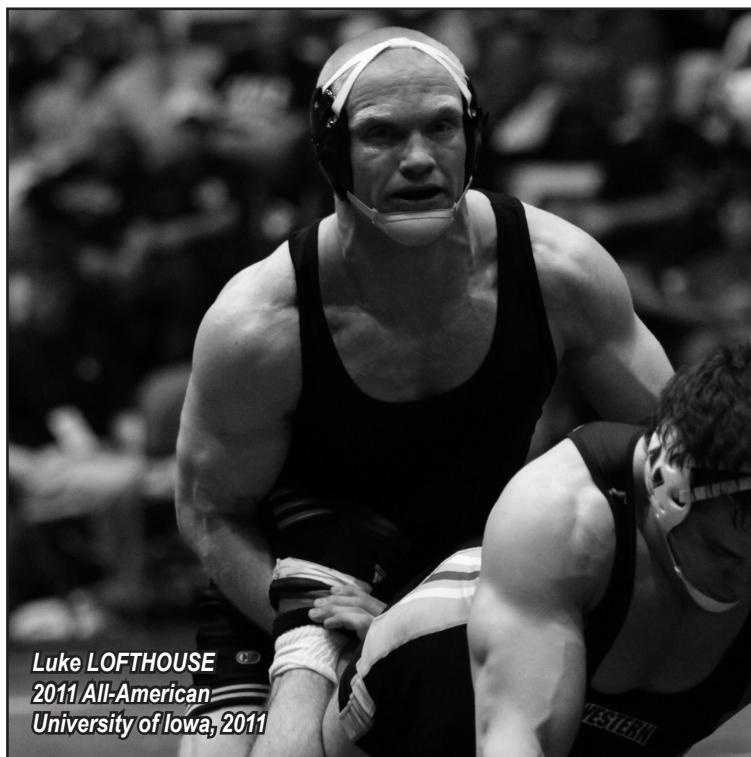
A 2011 All-American, Lofthouse first joined the Iowa wrestling program in 2004. He was a letterwinner during the 2004-05 season, earning the coaches' appreciation award while competing at 174 pounds. He then took a two-year hiatus from the program to

complete a Mormon mission to Africa from 2005-07.

Lofthouse returned to the program and redshirted in 2007-08 before making his way back to the mat in 2008-09, when he was again named the recipient of the coaches' appreciation award. The following season he posted a 5-3 Big Ten dual record at 197 pounds while competing for the injured Chad Beatty.

In 2011, Lofthouse earned the starting spot at 197 pounds and went on to earn All-America honors by placing fifth at the 2011 NCAA Championships. That year he posted a 25-7 dual record, a runner-up finish at the Big Ten Championships, and was named the team's most dedicated wrestler.

A native of Avon, Utah, Lofthouse was a member of the Hawkeye Wrestling Club in 2012. He and his wife, Allison, and their son, Nicholas, currently reside in Coralville, Iowa. He is a 2011 graduate of the University of Iowa.



Luke LOFTHOUSE
2011 All-American
University of Iowa, 2011

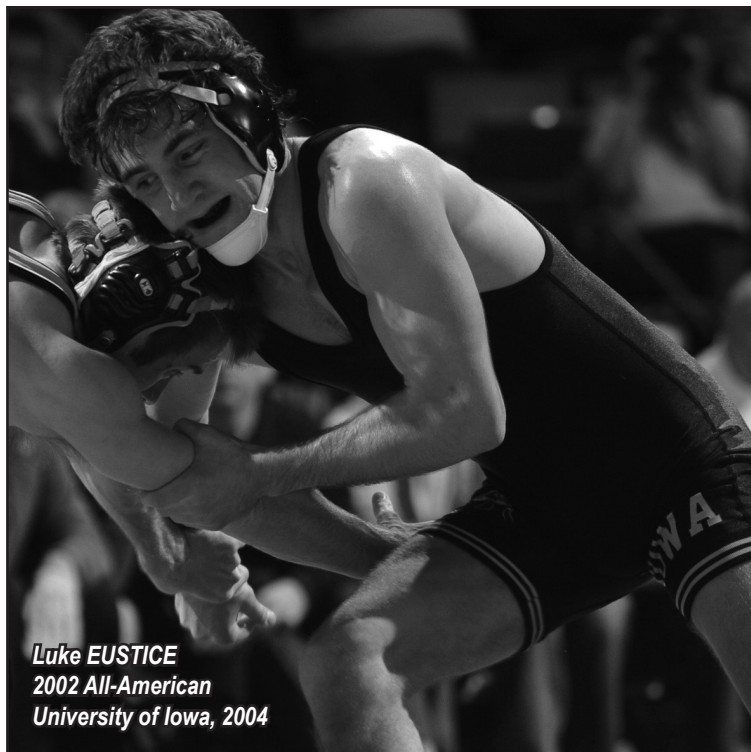


Luke Eustice Director of Operations University of Iowa, 2004

Former Hawkeye All-American Luke Eustice is in his fourth season as Director of Wrestling Operations. He previously served as the team's administrative assistant for three seasons (2007-2010), and the strength and conditioning coach in 2005-06.

Eustice was a three-year starter at 125 pounds for Iowa from 2002-04. He posted an 86-26 career record, placing second at the 2002 NCAA Championships. He was also a two-time Big Ten runner-up. He competed for the Hawkeye wrestling club for three seasons after college.

A native of Blue Earth, Minn., Eustice was born August 26, 1980. He earned his bachelor's degree in history from the Iowa in 2004. He and his wife, Jenny, have a daughter, Peyton, and a son, Charlie.



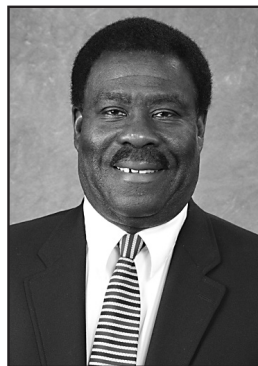
Luke EUSTICE
2002 All-American
University of Iowa, 2004



Former Hawkeyes in Coaching Positions

NameSchool

Chad BeattyCornell College
 Jay BorschelNorthwestern
 Terry Brands.....University of Iowa
 Tom Brands.....University of Iowa
 Josh BudkeCedar Rapids Washington High School
 Pete BushDavenport Assumption High School
 Cory ConnellIowa City High School
 Barry DavisUniversity of Wisconsin
 Nick DohrmannWilton High School
 Kevin DresserVirginia Tech University
 Eric Ehlen.....Mt. Ayr High School
 Tony ErslandUniversity of Nebraska
 Luke EusticeUniversity of Iowa
 Travis FiserGrundy High School (Grundy, VA)
 Al Frost.....Nashua-Plainfield High School
 Duane Goldman.....Indiana University
 Trent GoodaleLimestone College
 Alex Grunder.....El Dorado High School (Placerville, CA)
 Matt HatcherCedar Rapids Washington High School
 Jim Heffernan.....University of Illinois
 John HeffernanSt. Edwards High School (Cleveland, OH)
 Eric Juergens.....Augustana
 Joe Johnston.....University of Missouri
 Pat Kelly.....Seaman High School (Topeka, KS)
 Jake Kerr.....Knox College
 Steve Martin.....Old Dominion University
 Mike McGivern.....Des Moines Lincoln High School
 Luke MoffittIowa Central Community College
 Cliff Moore.....Edinboro University
 Ryan Morningstar.....University of Iowa
 John OostendorpCoe College
 Mark PerryUniversity of Illinois
 Greg Randall.....Boise State University
 Mark Reiland.....Iowa City West High School
 Tom Ryan.....Ohio State University
 Doug Schwab.....University of Northern Iowa
 Joel Sharratt.....U.S. Air Force Academy
 Charlie Sherertz.....Whitfield High School (St. Louis, MO)
 Brad SmithLisbon High School
 Jessman SmithSoutheast Polk High School
 Terry Steiner.....USA Wrestling Women's Ntl. Freestyle Coach
 Troy SteinerOregon State University
 Doug Streicher.....Linn-Mar High School
 Jody Strittmatter.....Pittsburgh-Johnstown University
 Ben UckerPleasant Valley High School (Bettendorf, Iowa)
 Daryl WeberChristiansburg High School (Christiansburg, VA)
 Bill Zadick.....USA Wrestling Ntl. Freestyle Development Coach
 Jim ZaleskyOregon State University



Fred Mims
Associate Athletics Director



Doug Coonrad
Academic Services



Jesse Donnenworth
Athletic Training



Kristen Barger
Student Athletic Trainer



Kim Klein
Secretary



Maddie Schossow
Manager



Chris Brewer
Athletic Communications



Zach Pilcher
Manager



Artie Bess

285 Pounds - Redshirt Freshman - Deerfield, Ill. (Deerfield HS)

2012-13 -- redshirted... posted a 6-6 record at heavyweight while competing unattached... placed sixth at Grand View Open... pinned three opponents.

High School -- three-time all-conference and two-time MVP at Deerfield High School... holds school record for most career pins and most escapes in a season... placed third at the 2012 Illinois state championships while competing at 220 pounds... was an all-conference linebacker in football and a two-year letterwinner in lacrosse... also lettered in track and field.

Personal -- born December 18, 1993... parents are Art and Heidi Bess... two siblings, Haley and Jessie... physical education major.



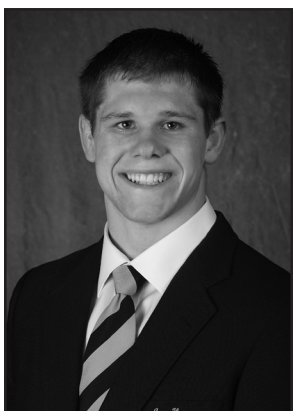
Sammy Brooks

184 pounds - Redshirt Freshman - Oak Park, Ill. (Oak Park-River Forest)

2012-13 -- redshirted... posted a 19-9 record at 184 pounds while competing unattached... runner-up at UNI, Roger Denker and Grand View Opens... placed third at Kaufman-Brand Open and eighth at Midlands Championships... recorded five technical falls, four pins and three major decisions.

High School -- two-time state champion and three-time state finalist... two-time team MVP, earning Takedown and Pin King and Tough Guy awards senior year... 2012 Junior National Greco-Roman (182 lb.) and Freestyle (195 lb.) champion... won bronze medal at 2011 FILA Cadet Freestyle World Championships in Szombathely, Hungary... 2011 FILA Cadet Greco-Roman (84 kg.) and Freestyle (84 kg.) champion... 2011 Junior Nationals All-American in Greco-Roman and Freestyle... 2010 Cadet National Greco-Roman and Freestyle finalist... coached by Mike Powell.

Personal -- born March 21, 1994... son of Charles Brooks and Caryn Brooks... siblings include brothers Max and Ben... Max played football at Illinois Wesleyan, while Ben wrestled at North Carolina... open major.



Nathan Burak

197 Pounds - Sophomore - Colorado Springs, Colo. (Coronado)

2012-13 -- recorded a 20-17 overall record, including a 4-4 Big Ten dual record... shared Most Improved Wrestler award with Nick Moore and Mark Ballweg... started 19 duals... recorded four major decisions... placed fourth at the Big Ten Championships... advanced to the round of 12 at the NCAA Championships... letterwinner... Dean's List.

High School -- three-time state qualifier... state individual and team champion as a senior... state runner-up as a sophomore... missed his junior season with a broken elbow... three-time all-district honoree... competed at 2011 Fargo Nationals, placing third in freestyle and fourth in Greco-Roman.

Personal -- born January 6, 1993... parents are Steve and Bonnie Burak... siblings include brothers Gabe and Micah, Gabe wrestled at Northern Colorado and Penn, Micah wrestled at Penn... open major.

Burak's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2012-13	20-17	7-12	4-4	23	4th	--	2-2	4-1	1-0	2-1	2:34



Topher Carton

133 Pounds - Redshirt Freshman - Rock Island, Ill. (Davenport Assumption)

2012-13 -- redshirted... posted a 6-7 record at 133 and 141 pounds while competing unattached... recorded one pin and one technical fall.

High School -- prep career record of 175-2 with 99 career pins... won 154 consecutive matches to begin high school career... three-time state champion, four-time finalist... four-time conference, sectional and district champion... two-time metro wrestler of the year... four-time all-metro... conference wrestler of the year as a senior... two-time NHSCA All-American... four-year letter winner cross country... four-time academic all-conference... National Honor Society Member... coached by former Hawkeye NCAA Champion Pete Bush.

Personal -- born May 9, 1994... son of Anthony and Margaret Carton... has one sister, Rachel... pre-med major.



Cory Clark

125 Pounds - Redshirt Freshman - Pleasant Hill, Iowa (Southeast Polk)

2012-13 -- redshirted... posted a 20-2 record at 125 and 133 pounds while competing unattached... won 125-pound titles at Kaufman-Brand and UNI Opens, and 133-pound titles at Roger Denker and Grand View Opens... placed fourth at Midlands... pinned nine opponents, scoring one technical fall and two major decisions... scored 6-1 decision over Illinois' Jesse Delgado in UNI Open finals... ended season on an eight-match winning streak.

High School -- four-time Iowa state champion... captured state and conference titles at 103 pounds in 2009... won state and conference titles at 112 pounds in 2010... won state and conference titles at 119 pounds in 2011... captured state and conference championships at 126 pounds in 2012... was a four-time MVP for Southeast Polk High School... holds school records for career wins and falls, and single-season record for wins.

Personal -- born May 26, 1993... parents are Robin VanHeeswyk and Paul Clark, and stepfather Rob VanHeeswyk... has one brother, Cody Clark... open major.



Joe DuCharme

149/157 Pounds - Senior - Pagosa Springs, Colo. (Pagosa Springs)

2012-13 -- posted a 1-4 record at 149 pounds, competing at Kaufman-Brand and Lindenwood Opens... academic All-Big Ten... letterwinner... Dean's List.

2011-12 -- went 2-2 at 157 pounds at the Lindenwood Open... academic all-Big Ten... letterwinner.

2010-11 -- posted a 5-6 record at 165 pounds... placed fourth at William Penn and Pat "Flash" Flanagan Opens... pinned two opponents and recorded one major decision... academic all-Big Ten... letterwinner.

2009-10 -- redshirted... posted a 4-2 record at 165 pounds while competing unattached... placed fifth at Kaufman-Brand Open.

High School -- won state 160-pound title senior year, earning all-state honors... prep career record of 119-34 included a 32-0 senior campaign... two-time all-conference in wrestling... three-year letterwinner in football, earning honorable mention all-state and all-conference honors... four-year honor roll student... National Honor Society member... coached by Dan Janowsky.

Personal -- born January 14, 1991... son of Tracy Schenk and Nathan DuCharme... marketing major.

DuCharme's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2010-11	5-6	0-0	0-0	0	--	--	0/0	1/0	0/0	2/1	3:47
2011-12	2-2	0-0	0-0	0	--	--	0/0	1/0	0/0	0/0	----
2012-13	1-4	0-0	0-0	0	--	--	0/0	0/2	0/0	0/0	----
Career	8-12	0-0	0-0	0			0/0	2/2	0/0	2/1	3:47



Josh Dziewa

141 Pounds - Junior - Yardley, Pa. (Council Rock)

2012-13 -- went 15-4 at 141 pounds, going 1-0 in dual competition... won title at Kaufman-Brand and Roger Denker Opens... scored five pins and three major decisions... academic All-Big Ten... letterwinner.

2011-12 -- posted a 13-3 record at 141 and 149 pounds... won titles at Flash Flanagan and Grand View Opens... placed second at Duhawk Open... posted a 14-6 major decision over UNI's Clay Welter in his collegiate dual and Carver-Hawkeye Arena debut... recorded three pins, three technical falls and four major decisions... his fastest season pin of 11 seconds led team... academic All-Big Ten... letterwinner.

2010-11 -- redshirted.

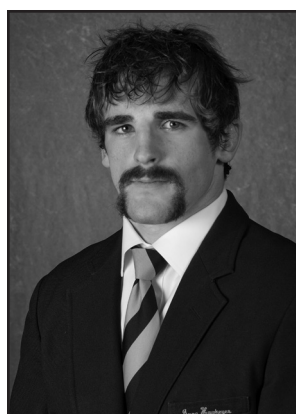
High School -- prep career record of 124-7 includes a 33-1 senior season... won state 135-pound title senior year... Asics first team All-American senior year... two-time all-conference and all-district, earning all-region honors as a sophomore and all-state honors as a senior... 2009 Junior National champion... 2010 FILA Junior National runner-up... 2008 Wilkes Open champion... team MVP senior

year... coached by Brad Silimperi and Trap McCormack.

Personal -- born January 5, 1992... son of John and Lori Dziewa... recreation and sports studies major.

Dziewa's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2011-12	13-3	1-0	0-0	4	--	--	0/0	3/1	3/0	4/0	0:11
2012-13	15-4	1-0	0-0	4	--	--	0/0	3/0	0/0	5/0	2:27
Career	28-7	2-0	0-0	8			0/0	6/1	3/0	9/0	0:11



Mike Evans

174 Pounds - Junior - Enola, Pa. (Blair Academy)

2012-13 -- earned All-America honors following a sixth place finish at NCAA Championships... recorded an overall record of 23-7, including 17-3 in dual competition... opened the season 2-0 competing at 165 pounds before moving up to 174 pounds, where he posted an overall record of 21-7... earned a runner-up finish at the Big Ten Championships, earning an automatic NCAA bid... scored 68 dual points and tied for the team lead with 10 major decisions... was 7-1 in Big Ten duals, and 8-0 at Carver-Hawkeye Arena... pinned two opponents and scored two technical falls... academic All-Big Ten... NWCA All-Academic team... letterwinner.

2011-12 -- posted a 26-8 record at 165 pounds, going 14-4 in duals and 6-2 in Big Ten duals... placed second at Big Ten Championships, earning an automatic NCAA bid... went 9-0 at Carver-Hawkeye Arena... scored 61 team points in dual competition, which ranked third on team... won title at Lindenwood Open and placed seventh at Midlands Championships... started season on nine-match winning streak... pinned seven opponents, while scoring five major decisions and three technical falls... earned the Most Improved Wrestler Award... letterwinner.

2010-11 -- redshirted... posted a 22-2 record at 174 pounds while competing unattached... won titles at Kaufman-Brand, UNI, William Penn, Pat "Flash" Flanagan and DuHawk Opens... pinned 12 opponents, while recording three major decisions and one technical fall... ended season on 10-match winning streak.

High School -- prep career record of 165-8 includes a 52-0 senior campaign... won prep state and national titles at 189 pounds senior year... three-time Pennsylvania freestyle and Greco-Roman state champion... three-time sectional and district champion... four-time conference champion... four-time Fargo All-American... member of Asics All-America, Dapper Dan USA and Cliff Keen Dream teams as a senior... also played football... coached by Jeff Buxton.

Personal -- born August 2, 1991... son of Richard and Cindy Evans... communications major.

Evans' Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2011-12	26-8	14-4	6-2	61	2nd	--	0-1	5-3	3-0	7-0	1:10
2012-13	23-7	17-3	7-1	68	2nd	6th	1-0	10-0	2-0	2-1	2:54
Career	49-15	31-7	13-3	129			1-1	15-3	5-0	9-1	1:10



Jeremy Fahler

184/197 Pounds - Junior - Deerfield, Ill. (Deerfield)

2012-13 -- posted an 8-3 record at 184 and 197 pounds... went 1-0 in dual competition, scoring six team points... placed third at Grand View Open... earned Coaches Appreciation Award... letterwinner.

2011-12 -- posted a 12-5 record at 184 pounds, going 3-1 in duals and 1-1 in Big Ten duals... runner-up at Lindenwood and Grand View Opens... recorded five major decisions and one pin... academic all-Big Ten... letterwinner.

2010-11 -- redshirted... posted a 14-12 record at 174 and 184 pounds while competing unattached... placed second at Kaufman-Brand Open, fourth at Glen Brand and William Penn Opens, fifth at DuHawk Open and sixth at UNI Open... pinned three opponents and recorded four major decisions.

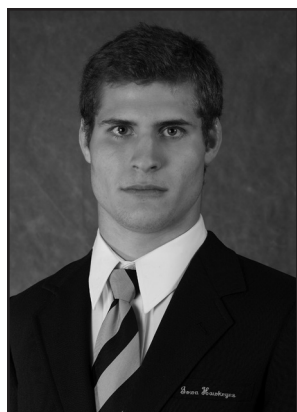
High School -- prep career record of 116-11 included 44 pins and 21 technical falls... three-time conference and two-time regional champion, winning sectional title as a senior... two-time state qualifier, placing fifth as a senior... two-time first team all-district and all-state... team won two conference titles... set school records for most takedowns in a season (254) and career (454), and most technical

falls in a season (11) and career (21)... two-time Midwest Army champion... placed first at Illinois State Greco-Roman meet and sixth at Greco-Roman nationals... lettered three years in wrestling and two each in football and track... second-team all-district in football, earning all-conference honors... high honors student as a junior and senior... coached by Marc Pechter and Aaron Cohen.

Personal -- born September 10, 1991... son of Lola Fahler... elementary education major.

Fahler's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2011-12	12-5	3-1	1-1	11	--	--	0/1	5/1	0/0	1/0	3:09
2012-13	8-3	1-0	0-0	6	--	--	0/0	0/0	0/0	1/0	1:47
Career	20-8	4-1	1-1	17			0/1	5/1	0/0	2/0	1:47



Walt Gillmor

165 Pounds - Junior - Donahue, Iowa (North Scott)

2012-13 -- went 12-7 at 165 pounds... placed second at Roger Denker Open, third at Kaufman-Brand Open and sixth at Lindenwood Open... pinned six opponents and scored four major decisions... letterwinner.

2011-12 -- posted a 3-4 record at 165 and 174 pounds, going 0-1 in Big Ten duals at 174... competed at Lindenwood and UNI Opens.

2010-11 -- redshirted... posted a 24-6 record at 165 pounds while competing unattached... placed third at Northern Iowa, William Penn, Glen Brand, Pat "Flash" Flanagan, Grand View and DuHawk Opens... pinned 16 opponents... letterwinner.

High School -- prep career record of 151-16 included 123 pins... three-time conference and district champion... state runner-up at 171 pounds senior year... set school career and season pin records... won 171-pound title at 2009 USAW Preseason National Folkstyle Championships... placed seventh at 2010 NHSCA Senior National Folkstyle Championships and at 2009 Asics/Vaughn Junior National Freestyle Championships... four-year honor student... coached by Dan Mashek and Eugene Kreiter.

Personal -- born October 9, 1991... son of Kent and Patti Gillmor... his brother, Stew, was a three-year letterwinner for the Hawkeyes (2009-11)... they were the 38th set of brothers to compete for the Hawkeyes... entrepreneurial management major.

Gillmor's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2011-12	3-4	0-1	0-1	0	--	--	0/0	0/1	0/0	1/1	2:41
2012-13	12-7	0-0	0-0	0	--	--	0/0	4/1	0/1	6/0	2:03
Career	15-11	0-1	0-1	0			0/0	4/2	0/1	7/1	2:03



Thomas Gilman

125 Pounds - Redshirt Freshman - Council Bluffs, Iowa (Omaha Skutt Catholic)

2012-13 -- redshirted... posted a 23-5 record at 125 pounds while wrestling unattached... won titles at Roger Denker and Grand View Opens... placed second at Kaufman-Brand Open and third at Lindenwood and UNI Opens... recorded eight technical falls, four major decisions and two pins... ended season on a seven-match winning streak... won FILA Junior World Team Trials at 55 kgs.

High School -- four-time Nebraska state champion... won the 103 pound title as a freshman, the 112 pound title as a sophomore, the 119 pound title as a junior, and the 132 pound title as a senior... led Omaha Skutt to the team championship three times (2009-10, 2012) and a runner-up finish in 2011... four-time River City all-conference honoree... 2009 NHSCA national champion and Cadet Freestyle All-American (103)... 2010 Cadet Freestyle national champion (119)... 2011 Junior Freestyle national champion... 2011 FILA Cadet national champion and FILA Cadet World Team member.

Personal -- born May 28, 1994... son of Patrick Gilman and Cheri Gilman... has two siblings, Joseph and Claire... history major.



Lenzell Green

285 Pounds - Sophomore - St. Louis, Mo. - (Hazelwood East)

2013 -- redshirted.

High School -- junior varsity letterwinner in 2009... varsity letterwinner in 2010... played football (right guard and linebacker) and baseball (3rd base) in high school... earned Spartan of the Quarter academic award in 2010.

Personal -- born June 5, 1994... son of LeRoy and Linell Green... has one brother, LeRon Green... sports business major.



Brody Grothus

149 Pounds - Sophomore - Davenport, Iowa (Assumption)

2012-13 -- posted a 6-8 record at 149 pounds, going 2-8 in dual competition and 0-5 in Big Ten duals... scored nine team points in dual competition... won Roger Denker Open title... pinned three opponents... Academic All-Big Ten... letterwinner.

2011-12 -- redshirted... posted a 19-6 record at 149 pounds while competing unattached... won title at Lindenwood Open... placed second at Duhawk Open, third at UNI Open and fourth at Grand View Open... recorded nine pins and three major decisions.

High School -- state champion in 2010 and second runner-up in 2008 and 2009... named class 2A Iowa State Tournament Outstanding Wrestler... USA Wrestling All-American... recorded a 52-0 mark with 36 pins as a senior... prep career record of 175-16 with 115 career pins... three-time conference champion... earned all-conference honors in baseball and football... four-year academic all-conference... NHSCA Academic All-American.

Personal -- born August 19, 1992... son of Ed and Judy Grothus... pre-med major.

Grothus' Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2012-13	6-8	2-8	0-5	9	--	--	0/0	0/3	0/0	3/0	2:36



Matt Gurule

125 Pounds - Junior - Grand Junction, Colo. (Central)

2012-13 -- went 6-4 at 125 pounds, posting a 2-1 record in dual competition... earned Coaches Appreciation Award... letterwinner.

2011-12 -- posted a 12-5 record at 125 pounds... won title at Duhawk Open, placing second at Grand View Open and third at Lindenwood Open... recorded three major decisions, two pins and one technical fall... letterwinner.

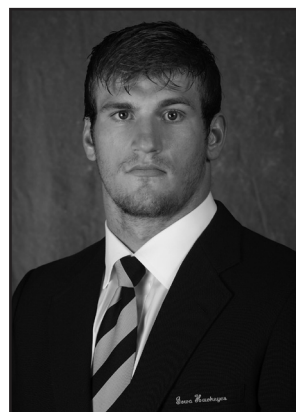
2010-11 -- redshirted... posted a 19-9 record at 125 pounds while competing unattached... won titles at William Penn and DuHawk Opens... placed second at Glen Brand and Pat "Flash" Flanagan Opens, fourth at Grand View Open and sixth at Kaufman-Brand Open... recorded three major decisions and two pins.

High School -- prep career record of 170-21 included a 45-0 junior season... two-time state champion and three-time state finalist... two-time regional champion... set school records for most takedowns (174) and pins (23) in a season... first wrestler in school history to place at state tournament all four years... 2009 NHSCA Junior National champion, earning All-America honors... two-time team outstanding wrestler... 2009 Colorado High School Coaches Association Class 5A Wrestler of the Year... runner-up at 2008 Reno World Championships... four-time letterwinner... coached by Lucas Archuleta, Arnold Gurule and Paul Martinez.

Personal -- born November 13, 1991... son of Arnold and Mitzi Gurule... recreation and sports business major.

Gurule's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2011-12	12-5	0-0	0-0	0	--	--	0/0	3/0	1/0	2/1	2:00
2012-13	6-4	2-1	0-1	6	--	--	0/0	1/0	0/0	1/0	4:13
Career	18-9	2-1	0-1	6			0/0	4/0	1/0	3/0	2:00



Josh Haug

285 Pounds - Junior - Mt. Vernon, Iowa (Mt. Vernon)

2012-13 -- went 4-7 at 197 pounds and heavyweight... pinned five opponents... Academic All-Big Ten... letterwinner... Dean's List.

2011-12 -- posted a 2-8 record at 174 and 184 pounds... competed at Lindenwood, UNI, Flash Flanagan and Grand View Opens... Academic All-Big Ten.

High School -- prep career record was 99-51... qualified four times for state meet in track and twice in wrestling... two-time runner-up at conference wrestling meet... earned all-conference honors in football... lettered two years in football and four years in track... four-year honor student... AP scholar senior year... coached by Vance Light, Justin Dix and Aaron Truitt.

Personal -- born January 26, 1992... son of Wayne and Anita Haug... electrical engineering major.

Haug's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2011-12	2-8	0-0	0-0	0	--	--	0/0	0/2	0/1	1/1	4:13
2012-13	4-7	0-0	0-0	0	--	--	0/0	0/1	0/0	5/1	0:36
Career	6-15	0-0	0-0	0			0/0	0/3	0/1	6/2	0:36



Jake Kadel

149 Pounds - Sophomore - New London, Iowa (New London)

2012-13 -- posted an 8-7 record at 157 pounds... recorded two pins and one major decision... letterwinner.

2011-12 -- redshirted... posted an 8-8 record at 149 pounds while wrestling unattached... placed third at Duhawk Open... also wrestled at Lindenwood, UNI, Flash Flanagan and Grand View Opens.

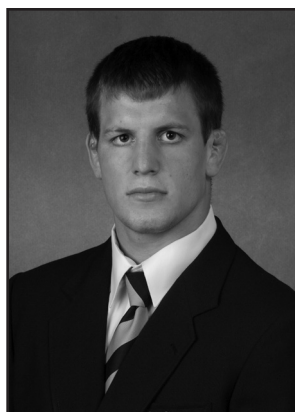
High School -- three-time state semi-finalist and 2009 finalist... prep career record of 189-13, including a 50-1 mark as a junior and a 49-2 record as a senior... four-time conference champion... team captain as a junior and senior... holds school record for wins in a season (50) and career (189)... career win total ranks sixth in Iowa prep wrestling history... three-time academic all-state honoree... member of the National Honor Society.

Personal -- born May 23, 1992... son of Kelly and Jeannette Kadel... pre-med major.

Kadel's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2012-13	8-7	0-0	0-0	0	--	--	0/0	1/3	0/0	2/0	2:00

23 NCAA TITLES, 34 BIG TEN TITLES | 15



Michael Kelly

149 Pounds - Junior - Cedar Falls, Iowa (Cedar Falls)

2012-13 -- went 10-8 at 149 pounds, posting a 6-6 record in dual competition and a 0-3 mark in Big Ten duals... scored 23 team points in dual competition... went 3-1 at Carver-Hawkeye Arena... placed fourth at Lindenwood Open... scored five major decisions, two pins and one technical fall... letterwinner... Dean's List.

2011-12 -- posted a 15-14 record at 149 and 157 pounds... went 3-9 in duals and 2-5 in Big Ten duals at 149... scored 12 team points in dual competition... placed fifth at Midlands Championships and third at Lindenwood Open... went 1-3 at Carver-Hawkeye Arena... academic all-Big Ten... letterwinner.

2010-11 -- redshirted... posted a 25-4 record at 157 and 165 pounds while competing unattached... won titles at Kaufman-Brand, UNI, William Penn and Glen Brand Opens... placed second at Pat "Flash" Flanagan, Grand View and DuHawk Opens... pinned 11 opponents, while scoring five major decisions and two technical falls... placed eighth at 163 pounds at FILA Junior Nationals.

High School -- two-time state champion... prep career record was 141-14 with 76 pins... three-time state qualifier... coached by Wil

Kelly, Zhang Fan, Chris Helgeson, Zach Weigline and Brett Williams.

Personal -- born May 14, 1991... son of Shawn and Paula Kelly... his relatives, Wil Kelly and Ryan Heim, wrestled at Iowa... biology major.

Kelly's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2011-12	15-14	3-9	2-5	12	--	--	0/0	1/3	0/0	2/0	2:52
2012-13	10-8	6-6	0-3	23	--	--	0/0	5/1	1/0	2/1	1:10
Career	25-22	9-15	2-8	35			0/0	6/4	1/0	4/1	1:10



Kris Klapprodt

174/184 Pounds - Sophomore - Rapid City, S.D. (Stevens)

2012-13 -- posted a 23-7 record at 174 pounds... placed third at UNI and Kaufman-Brand Opens, fourth at Roger Denker Open and fifth at Lindenwood Open... pinned eight opponents and scored four major decisions... letterwinner.

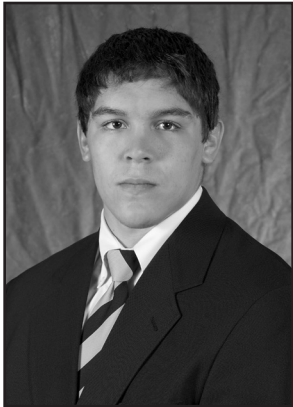
2011-12 -- redshirted... posted a 15-4 record at 174 pounds while competing unattached... won title at DuHawk Open, placing third at Grand View Open... recorded four major decisions and two pins... ended season on a six-match winning streak.

High School -- won state championships his junior and senior year, posting a 49-0 mark his senior season and a 49-2 mark as a junior... state champion while competing at 119 lbs. as an eighth grader... state champion runner-up as a freshman, sophomore and seventh grader... career record of 276-24 with 132 career pins... four-time conference champion... two-time NHSCA National Champion (2011, 171 lbs; 2009, 160 lbs)... 2010 NHSCA National Champion runner-up (171 lbs)... named outstanding wrestler at the 2011 state tournament... all-state football player... National Honor Society member.

Personal -- born June 3, 1992... son of Kevin and Michele Klapprodt... father played football at South Dakota State, mother played basketball and softball at South Dakota State... pre-physical therapy major.

Klapprodt's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2012-13	23-7	0-0	0-0	0	--	--	1/1	4/1	0/0	8/0	0:55

**Tomas Lira****184/197 Pounds - Senior - Nichols, Iowa (West Liberty)**

2012-13 -- went 17-6 at 197 pounds... pinned 12 opponents, recording fastest fall on team (0:19)... all but one of his 12 pins were in the first period... went 1-2 in dual competition, scoring six team points... runner-up at Kaufman-Brand and Roger Denker Opens... placed third at UNI Open and sixth at Lindenwood Open... letterwinner.

2011-12 -- posted a 11-10 record at 197 pounds, going 2-6 in duals and 0-3 in Big Ten duals... scored six team points in dual competition... placed second at Grand View Open and third at Lindenwood Open... recorded six pins, one major decision and one technical fall... posted a 1-3 record at Carver-Hawkeye Arena... academic all-Big Ten... letterwinner.

2010-11 -- recorded a 13-7 mark at 184 pounds... runner-up at William Penn, Pat "Flash" Flanagan and Grand View Opens... placed fifth at UNI Open... pinned six opponents... academic all-Big Ten... letterwinner.

2009-10 -- redshirted... posted a 10-11 record at 184 pounds while competing unattached... won title at York College Open and placed second at Duhawk Open... also competed at Harold Nichols, Kaufman-Brand, Wisconsin, Brand and Grand View Opens.

High School -- prep career record was 124-6... two-time state runner-up, winning conference title senior year... two-time all-state in wrestling, earning all-district and all-conference honors in football... set school records for most pins and most escapes... also lettered four years in track and one year in football and cross country... three-time medalist on 1,600-meter relay... coached by Jesus Lira, Morgan DePrenger, Jeff Wiele, Jeff Richardson, Curt Diemer, Travis Mauer, Kevin Mueller and Mitch Kelly.

Personal -- born May 26, 1991... son of Jesus Lira, Sr. and Audrey Rasmussen... chemical engineering major.

Lira's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2010-11	13-7	0-0	0-0	0	--	--	0/0	1/0	0/1	6/1	1:55
2011-12	11-10	2-6	0-3	6	--	--	0/0	1/1	1/1	6/0	0:39
2012-13	17-6	1-2	0-0	6	--	--	0/0	1/0	0/0	12/0	0:19
Career	41-23	3-8	0-3	12			0/0	3/1	1/2	24/1	0:19

**Ethen Lofthouse****184 Pounds - Senior - Avon, Utah (Mountain Crest)**

2012-13 -- All-American, placing fifth at NCAA Championships... placed third at Big Ten Championships, earning his third straight automatic NCAA bid... posted a 22-9 overall record at 184 pounds, including a 14-6 mark in dual competition... was 4-2 in Big Ten duals... was 6-1 at Carver-Hawkeye Arena... scored 58 dual points... pinned four opponents, recorded five major decisions and one technical fall... was 11-9 against ranked opponents... letterwinner.

2011-12 -- All-American, placing seventh at NCAA Championships... placed third at Big Ten Championships, earning his second-straight automatic NCAA bid... posted a 28-9 record at 174 pounds, going 13-4 in duals and 5-2 in Big Ten duals... scored 53 team points in dual competition... went 7-2 at Carver-Hawkeye Arena... runner-up at Midlands Championships and Lindenwood Open... recorded four pins, three technical falls and three major decisions... letterwinner.

2010-11 -- went 20-10 at 174 pounds, posting a 10-5 dual record and a 3-4 Big Ten dual mark... placed third at Big Ten Championships, earning an automatic bid to his first NCAA Championships... scored 40 team points in dual competition... went 5-2 at Carver-Hawkeye Arena... placed fifth at Midlands... recorded five major decisions, two pins and one technical fall... won 174-pound title at FILA Junior Nationals... letterwinner.

2009-10 -- redshirted... posted a 30-7 record at 174 pounds while competing unattached... won titles at Brand, York College and Grand View Opens... placed second at Duhawk Open, third at Wisconsin and Harold Nichols Opens and fourth at Kaufman-Brand Open... pinned nine opponents, while scoring three technical falls and three major decisions... placed second at 74 kg/163 pounds at ASICS men's freestyle University National Championships.

High School -- prep career record of 192-7, included a 47-0 sophomore campaign... four-time state and regional champion, winning titles at 140, 152, 160 and 171 pounds... helped team to three state and regional titles... four-time Junior National All-American and Cadet All-American... won Cadet National Greco-Roman national title, Junior National Greco-Roman title and Junior National freestyle titles... NHSCAA sophomore and junior national champion, placing second senior year... earned all-state and all-region honors at linebacker in football... received 2009 Utah High School Scholar-Athlete award... academic all-state in football and wrestling... graduated first in his class with a 4.0 grade-point average... coached by Davie Swenson.

Personal -- born June 22, 1991... son of JoLee Bottorff... grandparents are Lyle and Julee Lofthouse... his uncle, Luke, also wrestled at Iowa (2005-11)... business studies major.

Lofthouse's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2010-11	20-10	10-5	3-4	40	3rd	--	0-0	5-2	1-0	2-0	0:52
2011-12	28-9	13-4	5-2	53	3rd	7th	0-2	3-1	3-0	4-0	1:06
2012-13	22-9	14-6	4-2	58	3rd	5th	1-0	5-1	1-0	4-0	1:30
Career	70-28	37-15	12-8	151			1-2	13-3	5-0	10-0	0:52



Alex Meyer

184 Pounds - Redshirt Freshman - Pleasant Hill, Iowa - (Southeast Polk)

2012-13 -- redshirted... posted an 11-8 record at 184 pounds while competing unattached... placed third at Roger Denker Open, fifth at UNI Open and sixth at Lindenwood Open... pinned three opponents.

High School -- three-time state placewinner, including the 170-pound state championship as a senior... two-time conference champion... team captain and MVP as a senior... placed fifth at the 2012 Junior Freestyle Nationals... placed third at the 2012 FILA Junior World Team Nationals... placed first at the 2011 USAW Junior Folkstyle Nationals, second at the 2011 USAW Greco-Roman Nationals and third at the USAW Junior Freestyle Nationals... played football as a freshman and sophomore... three-time first team academic all-state (2010-12)... four-time first team academic all-conference (2009-12)... involved in student council, student activities leadership team, Team Leadership Council and Fellowship of Christian Athletes... coached by former Hawkeye Jessman Smith.

Personal -- born May 2, 1994... son of Todd and Lorna Meyer... has one brother, Aaron, and one sister, Paige... biology major.



Nick Moore

165 Pounds - Junior - Iowa City, Iowa (West)

2012-13 -- recorded a 18-10 overall record and 15-6 dual record competing at 165 pounds... placed fourth at the Big Ten Championships, earning his first automatic berth to the NCAA tournament... was 6-2 in Big Ten duals... recorded 8-1 record at Carver-Hawkeye Arena... pinned five opponents and recorded three major decisions... named Most Improved Wrestler... named Big Ten Wrestler of the Week on Jan. 29... letterwinner.

2011-12 -- posted a 12-7 record at 157 and 165 pounds... went 3-4 in dual competition and 2-3 in Big Ten duals at 157, scoring 10 team points in dual competition... recorded four major decisions and three pins... placed seventh at 157 at Midlands Championships... 165-pounds runner-up at Lindenwood Open... earned the Coaches Appreciation Award... letterwinner.

2010-11 -- redshirted... posted a 19-4 record at 157 and 165 pounds while competing unattached... won titles at Pat "Flash" Flanagan and DuHawk Opens... placed second at Kaufman-Brand, William Penn and Glen Brand Opens, and third at Northern Iowa Open... ended season on an eight-match winning streak... pinned nine opponents and recorded four major decisions.

High School -- prep career record of 183-1 includes three undefeated seasons (52-0, 49-0, 50-0)... four-time state champion... junior national freestyle champion... coached by former Hawkeye NCAA Champion and two-time All-American Mark Reiland.

Personal -- born March 29, 1992... son of Dennis and Denise Moore... his brother, Nate, was a two-year letterwinner at Iowa (2010-11)... they are the 39th set of brothers to wrestle for the Hawkeyes... his cousin, Cliff, was a 2004 NCAA Champion, three-time All-American and two-time Big Ten Champion at Iowa... attended same high school as Hawkeye Derek St. John... recreation and sports studies major.

Moore's Career Record

	Overall	Dual	Big Ten Dual	Dual Pts.	Big Ten	NCAA	OT	MD	TF	Pins	Fastest
Year	Record	Record	Record	Scored	Place	Place	W/L	W/L	W/L	W/L	Pin
2011-12	12-7	3-4	2-3	10	--	--	0-0	4-1	0-0	3-2	0:40
2012-13	18-10	15-6	6-2	60	4th	--	0-0	3-1	0-2	5-0	0:56
Career	30-17	18-10	6-2	70			0-0	7-2	0-2	8-2	0:40



Ethan Owens

141/149 Pounds - Junior - Vansant, Va. (Grundy)

2012-13 -- went 14-5 at 141, 149 and 157 pounds, going 0-1 in dual competition... runner-up at Kaufman-Brand Open, placing third at Roger Denker and fourth at Grand View Opens... recorded one pin, one technical fall and one major decision... letterwinner.

2011-12 -- posted an 18-7 record at 141 and 149 pounds... runner-up at Grand View Open and placed third at Duhawk Open... his six technical falls ranked second on team... recorded three pins and two major decisions... also wrestled at Lindenwood, UNI and Flash Flanagan Opens... letterwinner.

2010-11 -- redshirted... posted a 12-10 record at 141 and 149 pounds while competing unattached... placed second at Glen Brand Open, and sixth at Kaufman-Brand, UNI and William Penn Opens... recorded four major decisions, two technical falls and one pin.

High School -- two-time state champion and four-time state placewinner... prep career record was 182-14... placed sixth at Junior Nationals senior year... placed third at Reno Tournament of Champions as a junior and fifth as a senior... placed second at NHSCA Nationals as a sophomore... coached by Travis Fisher.

Personal -- born April 6, 1991... son of Sammy and Missy Owens... sports studies major.

Owens' Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2011-12	18-7	0-0	0-0	0	--	--	0/0	2/0	6/0	3/1	1:27
2012-13	14-5	0-1	0-0	0	--	--	0/0	1/0	1/0	1/1	6:41
Career	32-12	0-1	0-0	0			0/0	3/0	7/0	4/2	1:27



Tony Ramos

133 Pounds - Senior - Carol Stream, Ill. (Glenbard North)

2012-13 -- All-American, placing second at 133 pounds at NCAA Championships... runner-up at Big Ten Championships, earning his third-straight automatic NCAA bid... overall record of 30-2, including 23-0 in dual competition... 23 dual wins led the team... 8-0 in Big Ten duals... led the team with 114 dual points... recorded a team-high 14 pins... scored eight major decisions and one technical fall... was 9-0 at Carver-Hawkeye Arena... won his first 26 matches of the season, increasing his career-best winning streak to 28 matches... named Big Ten Wrestler of the Week on Feb. 5... earned the John and Dorothy Sill award, presented to the most dedicated wrestler... letterwinner.

2011-12 -- All-American, placing third at 133 pounds at NCAA Championships... runner-up at Big Ten Championships, earning his second-straight automatic NCAA bid... posted a 33-4 record at 133, going 17-1 in duals and 7-1 in Big Ten duals... led team with 74 team points scored in dual competition... also led team in dual wins (17), dual winning percentage (.944), Big Ten duals (7), Big Ten dual winning percentage (.875), and technical falls (7)... ranked second on team in overall wins (33) and overall winning percentage (.892),

and third in pins (8) and major decisions (5)... runner-up at Midlands Championships... won Lindenwood Open title... won first 15 matches of season, scoring bonus points in 12... posted a 9-0 record at Carver-Hawkeye Arena... named Big Ten Wrestler of the Week on Dec. 6 and Jan. 10... letterwinner.

2010-11 -- posted a 25-6 record at 133 pounds... went undefeated in duals (12-0) and Big Ten duals (8-0)... placed third at Big Ten Championships earning an automatic bid to his first NCAA Championships... scored 47 team points in dual competition... won title at Glen Brand Open and placed sixth at Midlands Championships... posted an undefeated 6-0 record at Carver-Hawkeye Arena... recorded six major decisions, three technical falls and two pins... won 132.25-pound title at FILA Junior Nationals... letterwinner.

2009-10 -- redshirted... went undefeated at 12-0 at 133 pounds while competing unattached... won titles at York College, Grand View and Duhawk Opens... pinned six opponents and recorded two major decisions... placed third at 55 kg/121.25 pounds at ASICS men's freestyle University National Championships.

High School -- three-time state champion, winning titles at 112 and 125 pounds... four-time conference champion... four-time all-state and all-conference... two-time team MVP... set school records for most takedowns in a career and season, and best season record... placed second, third and fifth at Fargo Junior Nationals, and fifth at Junior World Championships... ASICS all-star team member... coached by Frankie Defilippis, Mark Hahn, Israel Martinez and Chris Edwards.

Personal -- son of Al and Deb Ramos... theatre arts major.

Ramos' Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big 10 Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2010-11	25-6	12-0	8-0	47	3rd	--	1-2	6-0	3-0	2-0	2:00
2011-12	33-4	17-1	7-1	74	2nd	3rd	2-1	5-0	7-0	8-0	2:12
2012-13	30-2	23-0	8-0	114	2nd	2nd	1-1	8-0	1-0	14-0	1:33
Career	88-12	52-1	23-1	235			4-4	19-0	11-0	24-0	1:33



Patrick Rhoads

149/157 Pounds - Sophomore - Kansas City, Mo. (Staley)

2012-13 -- posted a 3-2 record at 149 pounds... scored two major decisions... letterwinner.

2011-12 -- redshirted... posted a 6-4 record at 157 pounds while competing unattached... placed fourth at Lindenwood Open.

High School -- two-time state champion while compiling a 101-3 mark as a junior and senior... career record of 171-19-0 with a school record 113 career falls... state semifinalist as a freshman and sophomore... school record 39 pins as a senior... three-time conference champion with a runner-up finish as a freshman... runner-up at the Fila Cadet National Greco Roman Championships... fourth place finish at the Fila Cadet National Freestyle Championships... fourth place finish at the NHSCA Senior Tournament... three-time academic all-state... National Honor Society member... High School Coaches Association Senior Nationals Academic All-American.

Personal -- born April 15, 1993... son of Linda Sperry and Tim Rhoads... civil engineering major.

Rhoads' Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big 10 Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2012-13	3-2	0-0	0-0	0	--	--	0/0	2/0	0/1	0/0	----



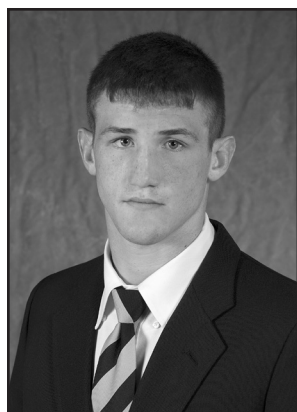
Connor Ryan

141 Pounds - Redshirt Freshman - Bettendorf, Iowa (Bettendorf)

2012-13 -- redshirted... posted a 10-5 record at 141 and 149 pounds while wrestling unattached... runner-up at Roger Denker Open... pinned three opponents.

High School -- four-time state champion runner-up... conference and district champion at 103 pounds as a freshman... conference and district champion at 112 pounds as a sophomore... conference and district champion at 125 pounds as a junior... conference and district champion at 132 pounds as a senior... four-time all-conference... four-time team MVP... team captain as a junior and senior... earned the coaches award while leading team to 2012 state championship as a senior... two-time conference first team all-academic.

Personal -- born December 29, 1993... parents are Shawn and Wendy Ryan... has one brother, Logan... father Shawn wrestled at Northwest Missouri State... biomedical engineering major.



Derek St. John

157 Pounds - Senior - Parnell, Iowa (Iowa City West)

2012-13 -- NCAA Champion at 157 pounds, defeated Northwestern's Jason Welch 3-2 in the finals... placed third at Big Ten Championships, earning his third-straight NCAA automatic bid... led team in total wins with a 31-2 overall record... .931 win percentage led team... led team with three technical falls... pinned four opponents and recorded seven major decisions... perfect 8-0 record in Big Ten duals... 9-0 record at Carver-Hawkeye Arena... scored 85 dual points, the second-highest total on the team... won his first 22 duals of the season, a career-long... only two losses of the season were by a single point... named Mike Howard Most Valuable Wrestler award... earned Mike J. McGovern Award (most courageous) for the second straight season... letterwinner.

2011-12 -- All-American, placing second at 157 pounds at NCAA Championships... Big Ten Champion, beating Northwestern's Jason Welch (4-3) in the finals for his second-straight automatic NCAA bid... posted a 21-3 record at 157 pounds, going 9-2 in duals and 2-1 in Big Ten duals... won first 11 season bouts before missing Midlands Championships and seven duals due to injury... went 6-0 at Carver-Hawkeye Arena... scored all three of his overtime wins at either Big Ten or NCAA Championships... recorded four major decisions, three technical falls and two pins... won Lindenwood Open title... earned Mike J. McGovern Award for most courageous wrestler... letterwinner.

2010-11 -- All-American, placing fourth at 157 pounds at NCAA Championships... placed second at Big Ten Championships... posted a 24-6 record, going 15-1 in dual competition and 7-1 in Big Ten duals... posted an 8-0 record at Carver-Hawkeye Arena... scored 55 team points in dual competition... recorded five major decisions and three pins... earned team Most Improved and All-America awards... letterwinner.

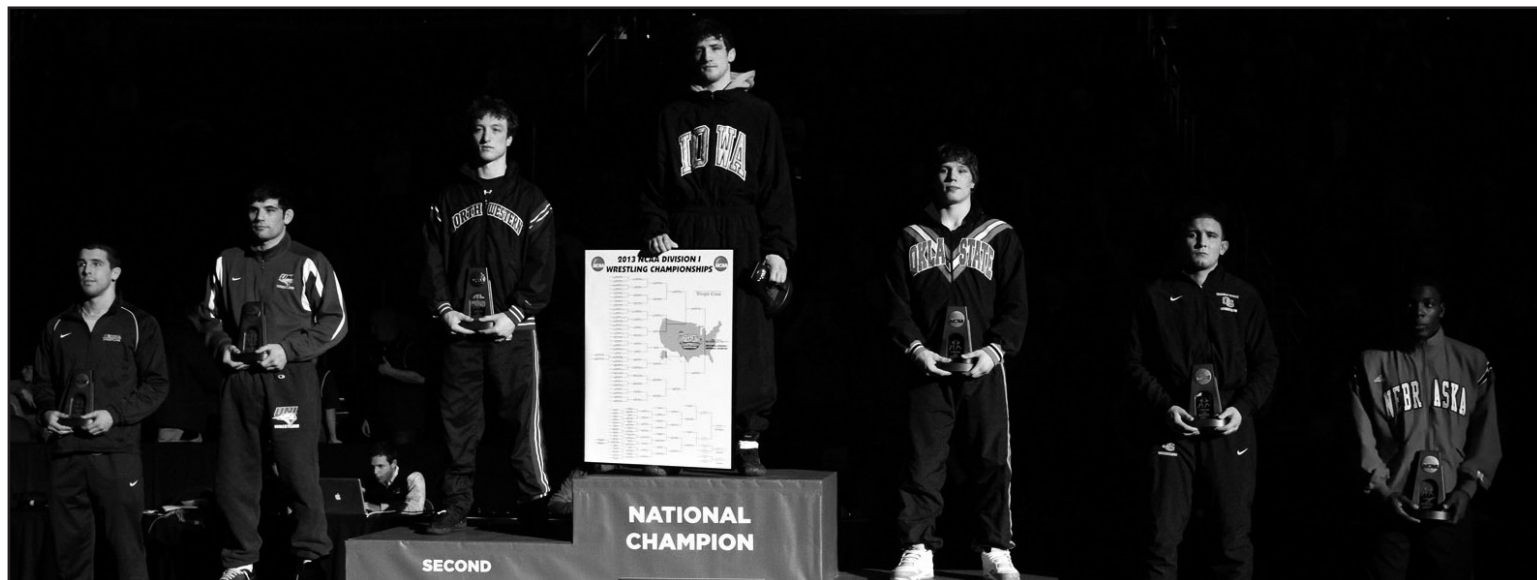
2009-10 -- redshirted... posted a 26-4 record at 157 pounds while competing unattached... won titles at Grand View and Wisconsin Opens... placed third at Harold Nichols and Kaufman-Brand Opens and fifth at Midlands Championships... recorded eight major decisions, four pins and two technical falls... placed third at 74 kg/163 pounds at ASICS men's freestyle University National Championships.

High School -- prep career record of 182-9 included a 50-0 campaign his junior year... two-time state champion... four-time conference champion... four-time first team all-district and all-conference... helped team to two state and four conference titles... team MVW senior year... set school records for most career wins (182) and fastest fall (6 seconds)... won titles at Junior National Folkstyle Championships, Fargo Junior Freestyle Championships and File Junior Freestyle Championships in 2009... won Western Junior Folkstyle title and placed second at Fargo Junior Freestyle Championships in 2008... coached by former Hawkeye NCAA Champion and two-time All-American Mark Reiland.

Personal -- born October 2, 1990... son of Trent and Laurie St. John... attended same high school as Hawkeye teammate Nick Moore... business studies major.

St. John's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2010-11	24-6	15-1	7-1	55	2nd	4th	0-0	5-2	0-0	3-1	2:05
2011-12	21-3	9-2	2-1	37	1st	2nd	3-0	4-1	3-0	2-0	3:14
2012-13	31-2	22-1	8-0	85	3rd	1st	0-0	7-0	3-0	4-0	2:47
Career	76-11	46-4	17-2	177			3-0	16-3	6-0	9-1	2:05



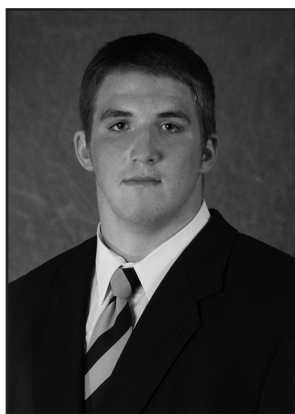
Derek St. John won the 157-pound title at the 2013 NCAA Championships. It was the 80th NCAA individual title in program history.



IOWA WRESTLING

2013-14 MEDIA GUIDE

IOWA HAWKEYES



Bobby Telford

285 Pounds - Junior - Hockessin, Del. (St. Mark's)

2012-13 -- placed third at Big Ten Championships to earn his second-straight NCAA automatic berth... injury defaulted after an opening round victory at the NCAA Championships... posted a 20-6 overall record, including 16-5 in Big Ten duals... was 4-2 in Big Ten duals... was 8-1 at Carver-Hawkeye Arena... scored 70 points in dual competition, the fourth-highest total on the team... recorded five falls, two major decisions and a technical fall... his fastest pin (0:51) ranked third on the team... overall winning percentage (.769) ranked fourth on the team... letterwinner.

2011-12 -- All-American, placing fifth at NCAA Championships... placed second at Big Ten Championships, earning his first automatic NCAA bid... posted a 29-9 record at heavyweight, going 9-5 in duals and 2-2 in Big Ten duals... scored 36 team points in dual competition... pinned nine opponents, which ranked second on team... his fastest pin (0:23) also ranked second on team... went 6-2 at Carver-Hawkeye Arena... runner-up at Midlands Championships and Grand View Open... won Lindenwood Open title... Academic All-Big Ten... NWCA All-Academic team... letterwinner.

2010-11 -- redshirted... posted a 22-4 record at heavyweight while competing unattached... won titles at UNI, William Penn, Glen Brand, Pat "Flash" Flanagan, Grand View and DuHawk Opens... pinned 13 opponents and scored two major decisions... ended season on a 16-match winning streak... won heavyweight title at FILA Junior Nationals.

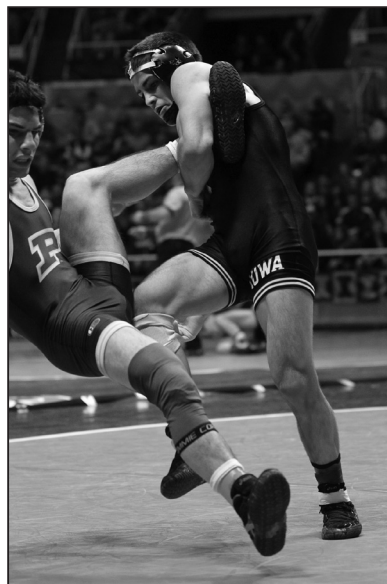
High School -- two-time state champion and All-American... prep career record of 118-37 includes an 80-1 mark his last two seasons... 2010 state tournament outstanding wrestler... two-time conference and Vanguard Invite champion... went 8-0 at Virginia Duals twice... won titles at Mount Mat Madness, Beast of the East, War on the Shore, Bethlehem Hurricane Classic, Ray Oliver Invite and Hurricane Invite.

Personal -- born June 19, 1991... son of Bob and Gigi Telford... Health Studies major.

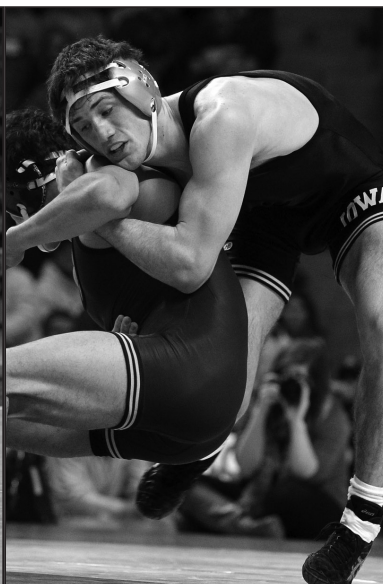
Telford's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2011-12	29-9	9-5	2-2	36	2nd	5th	1-2	2-1	1-0	9-0	0:23
2012-13	20-6	16-5	4-2	70	3rd	--	0-2	2-0	1-0	5-0	0:51
Career	49-15	25-10	6-4	106			1-4	4-1	2-0	14-0	0:23

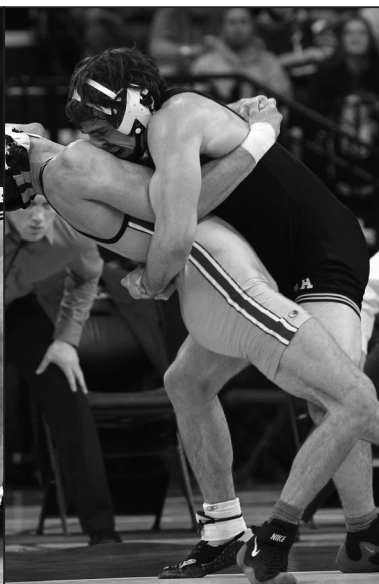
2013 ALL-AMERICANS



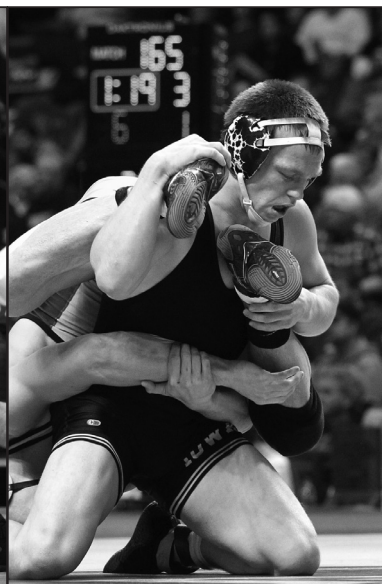
Tony Ramos
133 pounds



Derek St. John
157 pounds



Mike Evans
174 pounds



Ethen Lofthouse
184 pounds



Nick Trizzino

133/141 Pounds - Senior - Bettendorf, Iowa (Bettendorf)

2012-13 -- did not compete... letterwinner.

2011-12 -- went 7-2 at 141 pounds, going 1-0 in Big Ten duals with a 5-1 win over Indiana's Matt Ortega... scored three team points in dual competition... placed second at Lindenwood Open and third at UNI Open... letterwinner.

2010-11 -- posted a 10-5 record at 133 and 141 pounds... went 2-0 at 133 in dual competition... placed second at Pat "Flash" Flanagan Open and fourth at UNI Open... recorded three pins and two major decisions... letterwinner.

2009-10 -- redshirted... went 9-6 at 133 while competing unattached... placed fourth at Harold Nichols and Kaufman-Brand Opens.

High School -- state champion at 112 pounds junior year... prep career record was 118-18... two-time district and conference champion... two-time team captain... coached by Dan Knight.

Personal -- born October 15, 1989... son of Mark and Kathy Trizzino... his father earned All-America honors at Iowa in 1984 and was a four-year letterwinner with the Hawkeyes (1981-84)... his uncle, Scott was a three-time All-American and four-time letterwinner (1977-81) at Iowa... his brother, Joey, lettered for Iowa in 2013... they are the 40th set of brothers to wrestle at Iowa... communication and interdepartmental studies major.

Trizzino's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W/L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2010-11	10-5	2-0	0-0	10	--	--	0/0	2/1	0/0	3/0	1:09
2011-12	7-2	1-0	1-0	3	--	--	0/0	0/0	0/0	2/0	0:53
Career	17-7	3-0	1-0	13			0/0	2/1	0/0	5/0	0:53

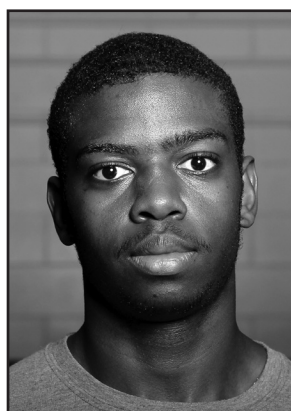


Broc Berge

197 Pounds - Freshman
Mantorville, Minn.
(Kasson-Mantorville)

High School -- two-time state champion, winning 189-pound title as a sophomore and 195-pound title as a junior... placed runner-up as a senior... three-time Minnesota Christmas Tournament champion... led team to 2012 Minnesota state championship... four-time all-conference and all-state honoree... team MVP in 2011... career varsity record of 129-8... ASICS/Vaughan Junior National Freestyle runner-up in 2011... USA High School All-American... all-state football running back... wrestling coach was former Hawkeyes Jamie Heidt.

Personal -- born May 10, 1994... son of Kevin and Cheri Berge.. has two brothers, Brady and Bennett, and one sister, Bailey... sports management major.

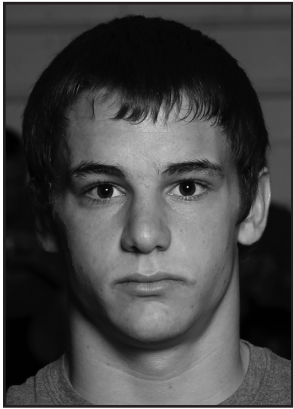


Faraan Brantley

165 Pounds - Freshman
Homewood, Ill.
(Homewood Flossmoor)

High School -- placed runner-up at 2012 conference championships... qualified for 2013 Illinois high school state tournament as a senior... was named team MVP his senior year... played soccer in high school, and was a three-year letterwinner in gymnastics, competing on high bar and parallel bars... wrestling coaches were Brett Giejer and Daryl Luigs.

Personal -- born December 21, 1994... son of Francis and Tamara Brantley... has one sister, Taylor Brantley, and two brothers, Christian Brantley and Juan Garcia... brother Christian wrestled at UNI... engineering major.

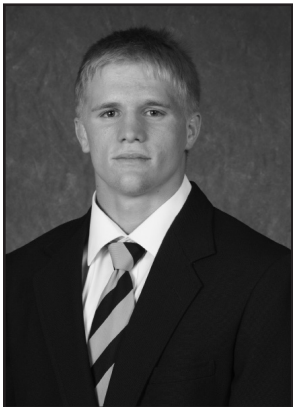


Trevor Graves

165 Pounds - Freshman
Fort Collins, Colo.
(Rocky Mountain)

High School -- placed seventh at Colorado high school state tournament as a senior... placed second at 2013 Colorado freestyle tournament, and third at 2013 Colorado Greco-Roman tournament... played football and was a swimmer in high school... high school wrestling coaches were Ken Taylor, Clayton Foster, Bill Greenwood and Barret Goyler.

Personal -- born March 28, 1995... son of Lori and Rob Graves... has one brother, Bryan, and three sisters, Allyx, Amber and Kelsey... biomedical engineering major.



Phillip Laux

125 Pounds - Freshman
Brighton, Iowa
(Iowa City West)

High School -- two-time state champion, earning 103-pound title as a junior and 113-pound title as a senior... three-time all-conference... team MVP as a sophomore, placing third at state meet... Asics first team All-American as a junior... Iowa City West Bernie Saggau Award Winner for class of 2012.... coached by former Hawkeyes Mark Reiland and Chad Beatty.

Personal -- born June 10, 1994... son of Phil and Renee Laux... has one sister, Mackenzie... business major.



Terrance

Jean-Jacques

285 Pounds - Redshirt Freshman
Haverill, Pa.
(Rutgers)

2013 -- enrolled at Rutgers for one semester, redshirted.

High School -- Pennsylvania prep state champion in 2012... won state title with a 62-0 record in 2011... national runner-up at the 2011 Preps Tournament, competing at heavyweight...

wrestled for Wyoming Seminary (Kingston, Pa.) after completing an undefeated, New England championship season for Haverhill in 2010... runner-up showing at the 2010 NHSCA Junior Nationals... notched stout finishes at the nationally renowned Beast of the East and Walsh Ironman tournaments in 2010, placing second and fourth, respectively... placed seventh at heavyweight at the 2011 NHSCA Senior Nationals... participated in the 2010 Junior Nationals tournament in freestyle... coached by Scott Green at Wyoming Seminary and Brett Legault at Haverhill... four-year starter on high school football team, earning all-league honors at tackle position.

Personal -- born September 27, 1992... son of Theresa and Ernst Jean-Jacques... has two brothers, Corey and Ernst, Jr... business major.



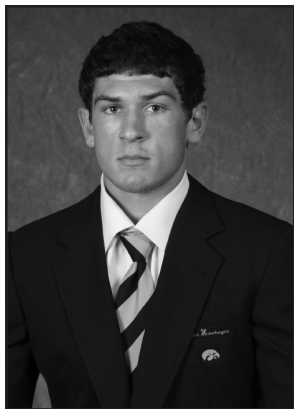
Jacob Marlin

141 Pounds - Freshman
Creston, Iowa
(Creston)

High School -- four-time Iowa high school state champion... won titles at 138 pounds as a junior and senior, 135 pounds as a sophomore, and 130 pounds as a freshman... compiled a career record of 204-6... holds the state record with 147 career pins... owns four school records at Creston High School... is a three-time Fargo All-American... high school coaches

were Darrell Frain and former Hawkeye Mario Galanakis.

Personal -- born September 17, 1994... son of Randy and Angie Marlin... father, Randy, was a 1986 state champion at Creston High School... has two brothers, Trevor and Evy, and one sister, Chloe... open major.

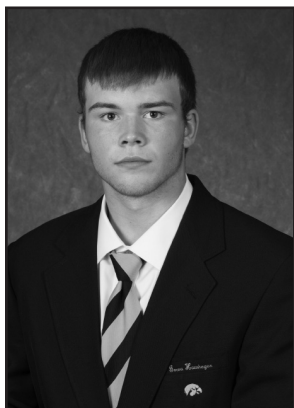


Logan McQuillen
174 Pounds - Freshman
Monticello, Iowa
(Monticello)

High School -- became first wrestling state champion in school history when he won the 160-pound title in 2012... 152-pound conference champion in 2011... team captain and team MVP as a junior and senior... academic all-state in 2012... holds school record for career takedowns... all-state football linebacker in 2012... four-year varsity letterwinner in track

& field... two-time member of National Honor Society... 4-H Club President and student council representative.

Personal -- born November 11, 1994... son of Brent and Kathy McQuillen... has one brother, Colton, and one sister, Calli... pre-physical therapy major.

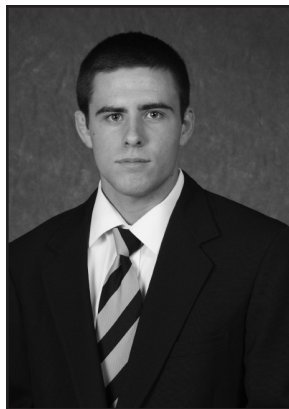


Brandon Sorensen
149 Pounds - Freshman
Cedar Falls, Iowa
(Denver)

High School -- four-time Iowa high school state champion from 2010-13... finished his career tied for the most career wins in the history of the Iowa High School Athletic Association... led Denver High School to team titles at the 2010 and 2012 state tournament... four-time conference champion and first team honoree... 2013 USA Wrestling folkstyle national runner-

up... placed fifth at 2013 USA Wrestling freestyle nationals... 2012 USA Wrestling high school preseason national champion... team captain on 2013 cross country team, placing second as a team at state championship... high school coaches were Dwight Sorensen, Chris Krueger, Shane Miller and Rod Wolfensperger.

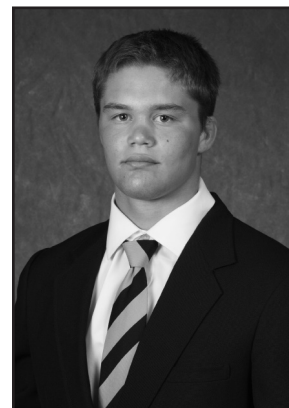
Personal -- born August 22, 1994... son of Dwight and Julie Sorensen... siblings include brothers Blake and Brock, and one sister, Brenna... brother Blake wrestles at Upper Iowa... business major.



Chance Shelton
125 Pounds - Freshman
Harvard, Ill.
(Harvard)

High School -- four-time regional champion and first team Big Northern Conference honoree... did not surrender a point in four years of regional competition... finished career with 55 pins and 14 technical falls... school record 140 wins... earned 11 career varsity letters in five sports... all-conference defensive back in 2012... coached by Hall of Fame Coach Tim Haak.

Personal -- born August 27, 1994... son of Lance and Kristy Shelton... has one sister, Tegan, and one brother, Bryce... sports studies major.



Logan Thomsen
157 Pounds - Freshman
La Porte City, Iowa
(Union)

High School -- 2013 state champion at 152 pounds... placed runner-up as a freshman (119) and junior (138), and placed third as a sophomore (130)... conference champion in 2012 and 2013... set school record with 178 career wins... three-time team MVP... named most valuable freshman in 2010... placed fourth at 152 pounds at the USA Asics folkstyle tournament in 2013...

was a two-time letterwinner in cross country.

Personal -- born August 13, 1994... son of Mark and Kim Thomsen... has three brothers, Max, Mason and Jack... history major.



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HAWKEYE VISIONS

Hawkeye Visions is an on-going campaign, which seeks to build an endowment capable of covering the cost, via earnings, of UI student-athlete scholarships. The program currently includes almost 200 scholarships ranging from fully endowed scholarships, partially endowed, in development or scholarships pledged via an estate gift. The following scholarships were given for the specific benefit of Hawkeye Wrestling.



John and Ruth Beckman Wrestling Scholarship

The Beckman Wrestling Scholarship, along with similar scholarships for football and the Hawkeye Marching Band, was established in 1985 by the Beckmans. John worked for Hawkeye Castings, Inc. in Manchester, IA. He passed away in 1991. Ruth passed away in 2006.

John and Mary Ann Colloton Wrestling Scholarship

The Colloton Wrestling Scholarship was established in 1998 with a generous gift from longtime Hawkeye fans John and Mary Ann Colloton of Iowa City. John, who earned degrees from Loras College and the UI, was director of UI Hospitals and Clinics from 1971-93. He is the UI's Vice President Emeritus for Statewide Health Services and received a Distinguished Alumni Award from the UI in 1999. Mary Ann, a 1957 UI graduate, served as a staff nurse at the UIHC from 1957-63. The Collotons have also generously established scholarships benefitting football, men's basketball and women's basketball.

Russ and Ann Gerdin Family Wrestling Scholarship

In 2008, Russ and Ann Gerdin extended their Hawkeye legacy with the largest athletic scholarship gift in University history: a \$5 million commitment to establish the Russ and Ann Gerdin Family Athletic Scholarship Fund. As part of that gift, the Gerdin Wrestling Scholarship was established. Russ Gerdin was the founder, and former president and chief executive officer of Coralville-based trucking company Heartland Express, Inc. Russ passed away in 2011. The Gerdins have supported the Russell A. and Ann Gerdin Athletic Learning Center, the UI Athletics Hall of Fame and Visitors Center, the J. Hayden Fry Center for Prostate Cancer Research, the aforementioned athletic scholarships, and the renovation of Kinnick Stadium.

Donald W. and Marilyn Heineking Wrestling Scholarship

The Heineking Wrestling Scholarship was established in 2003. Since that time, additional Heineking scholarships have been established in women's basketball, volleyball, softball, baseball, football and men's track/cross country, along with a men's basketball manager's scholarship. Don is a 1958 UI business graduate and former president of Security State Bank in Hubbard, IA. He is a member of the UI Foundation Board of Directors, the Johnson County I-Club Board of Directors and the National I-Club Board of Directors (honorary) and a member of the Iowa Scholarship Fund Board of Directors. Don lives in Iowa City and is a member of the Presidents Club of the UI Foundation. Marilyn Heineking passed away in February of 2004.

Robert G. and Annalee Jacoby Hockridge Wrestling Scholarship

The Hockridge Scholarship was established by Bettendorf natives, Robert (Bob) and Annalee Jacoby (Jake) Hockridge in 2004. Both Bob and Jake are members of the Presidents Club of the UI Foundation and have been loyal ticketholders and contributors since the early 1970s. Robert is a graduate of the UI with a degree in accounting. He was an executive vice president of finance at Brammer Manufacturing Company prior to his retirement in 1995. Jake received her degree in elementary education from UNI.

Gary Kurdelmeier Wrestling Scholarship

The Gary Kurdelmeier Wrestling Scholarship was established by Gary's family and friends as a tribute to the highly successful UI wrestler, coach and administrator following his death in 1998. Kurdelmeier graduated from the UI in 1959 where he was a Big Ten Champion, NCAA Champion and team captain for the Hawkeyes. He served as UI assistant wrestling coach from 1967-72 and then head coach from 1973-76. During his tenure, the Hawkeyes won three Big Ten Championships, two NCAA team titles and Kurdelmeier was named national coach of the year in 1975. He also secured the future of Iowa wrestling when he and former UI Athletic Director, Bump Elliott, hired Dan Gable as an assistant coach.

William and Kay Pitlik Wrestling Scholarship

Bill and Kay Pitlik of Cedar Rapids, IA, first created an endowed scholarship in 1998 to show their love for the Hawkeyes. Both graduated from UI, Kay in 1952 and Bill in 1953. The Pitliks owned and operated Pepsi-Cola Bottling Company for many years in Cedar Rapids. Kay is an avid Hawkeye fan, and prior to Bill's death in 2008, they also endowed scholarships to benefit women's basketball, field hockey and football (2). Kay continues to support UI athletics very generously, in Bill's honor, including a naming gift to the wrestling area in the newly renovated Carver Hawkeye Arena.

John and Dorothy Sill Wrestling Scholarship

The John and Dorothy Sill Wrestling Scholarship was established in 1999 through a generous estate gift by the Sill family. John and Dorothy were both born and raised in small town Iowa. They were married in 1941 and managed a family farm until 1959. They later moved to Manchester, IA, where he was the manager of the Delaware County Mutual Insurance Association and opened his own insurance agency. They were very active in the community and proud supporters of the West Delaware and University of Iowa athletic teams. John passed away in 1989. Dorothy followed in 1999.

Iowa Style Wrestling Scholarship

Gary and Camille Seamans established the Iowa Style Wrestling Scholarship in 2001. It is a tribute to the aggressive, determined and dominating style that Hawkeye wrestlers have exhibited under head coaches Gary Kurdelmeier, Dan Gable, Jim Zalesky and Tom Brands. An Iowa City native, Gary received his B.S. in electrical engineering from the UI and enjoyed a successful career in the telecommunications industry, retiring as chairman and CEO of Westell Technologies in 1998. Camille is a native of Dekalb, IL, and is now retired from her role as director of human resources for the John D. and Catherine T. MacArthur Foundation of Chicago. Gary is a past recipient of the UI Alumni Association's Distinguished Young Alumnus Award.

To make a gift or for more information about the Hawkeye Visions Endowment Program, please contact Sloane R. Tyler, Director of Development, (319) 467-3410 or (800) 648-6973. The UI Foundation is the preferred channel of support for private contributions to all areas of The University of Iowa. For a complete list of all named, endowed scholarships please visit www.jointheclub.com.

Athletic Endowed Scholarship Gift Levels:

Visionary Scholarship (weight/position specific)	\$400,000
Leadership Scholarship (sport specific)	\$200,000
Sustaining Scholarship (general athletics)	\$50,000

**Cornell College**

Iowa City Duals
November 22, 2013 -- Iowa City, Iowa
Carver-Hawkeye Arena

School Information

Location: Mount Vernon, Iowa
Enrollment: 1,191
President: Jonathan Brand
Athletics Director: John Cochrane
Colors: Purple and White
Nickname: Rams
Affiliation: NCAA III
Conference: MWC
Facility (Capacity): Small Multi-Sport Center (2,100)

Sports Information

Wrestling Contact: Kerry Kahl
Office Phone: (319) 895-4483
E-Mail Address: kkahl@cornellcollege.edu
Web Site: www.cornellrams.com

Team Information

Head Coach: Mike Duroe
Alma Mater, Year: Drake University, 1978
Assistant Coaches (Alma Mater, Year):
Andrew Knaack (Wartburg College, 2005)
Kyle Burkle (Upper Iowa University, 2007)
Chad Beatty (University of Iowa, 2010)
2012-13 Record: 5-6
2013 NCAA Finish: 21st
NCAA Qualifiers Returning/Lost: 2/0
All-Americans Returning/Lost: 1/0

Top Returnees (Wt., Yr.)

Trevor Engle (149, So.)
Alex Coolidge (197, Sr.)

Series Record (Iowa leads, 6-3)

Streak: Iowa - 6
At Iowa City: 4-0
At Iowa Central: 2-3
First Meeting: Cornell won, 17-13, 1930
Last Meeting: Iowa won, 49-3, 2012

Largest Victory Margin

Iowa: 57-0, 2010
Cornell: 17-11, 1933

Iowa Central Community College

Iowa City Duals
November 22, 2013 -- Iowa City, Iowa
Carver-Hawkeye Arena

School Information

Location: Fort Dodge, Iowa
Enrollment: 6,204
President: Dan Kinney
Athletics Director: Rick Sandquist
Colors: Blue and White
Nickname: Tritons
Affiliation: NJCAA
Conference: Iowa CC Athletic Conference
Facility (Capacity): Hodges Fieldhouse (1,500)

Sports Information

Wrestling Contact: Ben Taylor
Office Phone: (515) 574-1340
Web Site: www.ictriton.com

Team Information

Head Coach: Luke Moffitt
Alma Mater, Year: University of Iowa, 2003
Assistant Coaches (Alma Mater, Year):
Troy Bennett (University of Northern Iowa, 1995)
Mark Rial (University of Northern Iowa, 2001)
2013 NJCAA Finish: 5th
NJCAA Qualifiers Returning/Lost: 1/8

Top Returnees (Wt., Yr.)

Chris Ballard (285, So.)
Marcus Peterson (141/149, Fr.)
Malcolm Allen (285, So.)

Series Record (Iowa leads, 6-0)

Streak: Iowa - 6
At Iowa City: 4-0
At Iowa Central: 1-0
Neutral Site: 1-0
First Meeting: Iowa won, 49-0, 2000
Last Meeting: Iowa won, 45-6, 2012

Largest Victory Margin

Iowa: 52-0, 2009

Baker University

Iowa City Duals
November 22, 2013 -- Iowa City, Iowa
Carver-Hawkeye Arena

School Information

Location: Baldwin City, Kan.
Enrollment: 4,000
President: Patricia Long
Athletics Director: Theresa Yetmar
Colors: Orange
Nickname: Wildcats
Affiliation: NAIA
Conference: Heart of America Athletics Conference
Facility (Capacity): George F. Collins, Jr. Sports and Convention Center (1,200)

Sports Information

Wrestling Contact: Tyler Price
Office Phone: (785) 594-8495
E-Mail Address: tprice@bakeru.edu
Web Site: www.bakeru.edu

Team Information

Head Coach: Pete Di Pol
Alma Mater: Rutgers
Assistant Coaches (Alma Mater, Year):
Levi Calhoun (Baker University, 2011)
Jarid Price
2013 NAIA Finish: 15th
All-Americans Returning/Lost: 1/1

Top Returnees (Wt., Yr.)

Parker Gebhardt (174, Sr.)
Alan Callahan (125, Sr.)
Joel Olivas (141, Sr.)

Series Record (Iowa leads, 1-0)

Streak: Iowa - 1
At Iowa City: 1-0
At Iowa Central: 0-0
Neutral Site: 0-0
First Meeting: Iowa won, 47-3, 2011
Last Meeting: Iowa won, 47-3, 2011

Largest Victory Margin

Iowa: 47-3, 2011



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Iowa State University

December 1, 2013 -- Ames, Iowa
Hilton Coliseum
Iowa Corn Cy-Hawk Series

School Information

Location: Ames, Iowa
Enrollment: 31,040
President: Steven Leath
Athletic Director: Jamie Pollard
Colors: Cardinal and Gold
Nickname: Cyclones
Conference: Big 12
Facility (Capacity): Hilton Coliseum (7,914)

Sports Information

Wrestling Contact: Nick McVey
Office Phone: (515) 294-2008
Cell Phone: (515) 418-7379
E-Mail Address: nmcvey@iastate.edu
Web Site: www.cyclones.com

Team Information

Head Coach: Kevin Jackson
Alma Mater, Year: U.S. Sports Academy/University of Americas, 2005
School/Overall Record (Yrs.): 37-30 (4)
Assistant Coaches (Alma Mater, Year):
Troy Nickerson (Cornell University, 2010)
Travis Paulson (Iowa State, 2007)
2012-13 Record: 11-5
2012-13 Conference Record/Finish: 3-3/2nd
2013 NCAA Finish: 11th
NCAA Qualifiers Returning/Lost: 5/2
All-Americans Returning/Lost: 2/1

Top Returnees (Wt., Yr.)

Ryak Finch (125, Jr.)
Luke Goettl (141, Jr.)
Boaz Beard (184, Sr.)

Series Record (Iowa leads, 61-16-2)

Streak: Iowa - 9
At Iowa City: 31-5-1
At Ames: 24-11-1
Neutral: 6-0
First Meeting: Iowa won 4-0, 1912
Last Meeting: Iowa won, 32-3, 2012

Largest Victory Margin

Iowa: 37-6, 1991
Iowa State: 34-0, 1933

Edinboro University

December 5, 2013 -- Edinboro, Pa.
McComb Fieldhouse

School Information

Location: Edinboro, Pa.
Enrollment: 9,106
President: Dr. Julie E. Wollman
Athletic Director: Bruce Baumgartner
Colors: Red and White
Nickname: Fighting Scots
Conference: Eastern Wrestling League
Facility (Capacity): McComb Fieldhouse (3,500)

Sports Information

Wrestling Contact: Bob Shreve
Office Phone: (814) 732-1834
Cell Phone: (862) 791-4651
E-Mail Address: rshreve@edinboro.edu
Web Site: www.gofightingscots.com

Team Information

Head Coach: Tim Flynn
Alma Mater, Year: Penn State University, 1986
Assistant Coach (Alma Mater, Year):
Cliff Moore (University of Iowa, 2004)
Joey Fendone (Edinboro University, 2009)
2012-13 Record: 10-6
2012-13 Conference Record/Finish: 3-2/3rd
2013 NCAA Finish: 14th
NCAA Qualifiers Returning/Lost: 5/0
All-Americans Returning/Lost: 2/0

Top Returnee (Wt., Yr.)

A.J. Schopp (133, Jr.)
Mitchell Port (141, Jr.)
David Habat (149, Jr.)
Vic Avery (184, Jr.)
Ernest James (285, Sr.)

Series Record (Iowa leads, 6-0)

Streak: Iowa - 6
At Iowa City: 2-0
At Edinboro: 2-0
Neutral: 2-0
First Meeting: Iowa won, 30-14, 1986
Last Meeting: Iowa won, 31-6, 2013

Largest Victory Margin

Iowa: 40-7, 1987

University of Buffalo

December 12, 2013 -- Iowa City, Iowa
Carver-Hawkeye Arena

School Information

Location: Buffalo, N.Y.
Enrollment: 28,601
President: Dr. Satish K. Tripathi
Athletic Director: Daniel J. White
Colors: Royal Blue and White
Nickname: Bulls
Conference: Mid-American
Facility (Capacity): Alumni Arena (6,100)

Sports Information

Wrestling Contact: Joe Kepler
Office Phone: (716) 645-5523
E-Mail Address: jdkepler@buffalo.edu
Web Site: www.buffalobulls.com

Team Information

Head Coach: John Stutzman
Alma Mater, Year: University of Buffalo, 1998
Assistant Coaches (Alma Mater, Year):
Quincy Osborn (Augsburg, 2009)
Bryce Hasseman (Bloomsburg, 2005)
2012-13 Record: 1-11
2012-13 Conference Record/Finish: 1-4/T-4th
2013 NCAA Finish: 57th
NCAA Qualifiers Returning/Lost: 2/2
All-Americans Returning/Lost: 0/0

Top Returnees (Wt., Yr.)

Max Soria (125, Jr.)
Jake Waste (174/184, Jr.)

Series Record (Iowa leads, 1-0)

Streak: Iowa - 1
At Iowa City: 0-0
At Buffalo: 1-0
Neutral: 0-0
First Meeting: Iowa won, 39-3, 2012



Penn State University

December 21, 2013 -- Iowa City, Iowa
Carver-Hawkeye Arena

School Information

Location: State College, Pa.
Enrollment: 41,445
President: Dr. Rodney A. Erickson
Athletic Director: David M. Joyner
Colors: Blue and White
Nickname: Nittany Lions
Conference: Big Ten
Facility (Capacity): Rec Hall (6,500)

Sports Information

Wrestling Contact: Pat Donghia
Office Phone: (814) 865-1757
E-Mail Address: pad11@psu.edu
Web Site: www.gopsusports.com

Team Information

Head Coach: Cael Sanderson
Alma Mater, Year: Iowa State University, 2002
School Record: 56-9-2 (4)
Overall Record (Yrs.): 100-19-2 (7)
Associate Head Coach (Alma Mater, Year):
Cody Sanderson (Iowa State University, 2000)
Head Assistant Coach (Alma Mater, Year):
Casey Cunningham (Central Michigan, 1999)
Assistant Coach (Alma Mater, Year):
Nick Fanthorpe (Iowa State, 2010)
2012-13 Record: 13-1
2012-13 Conference Record/Finish: 7-1/T-2nd
2013 NCAA Finish: 1st
NCAA Qualifiers Returning/Lost: 8/2
All-Americans Returning/Lost: 4/1

Top Returnees (Wt., Yr.)

Nico Megaludis (125, Jr.)
Andrew Alton (149, Sr.)
Dylan Alton (157, Jr.)
David Taylor (165, Sr.)
Matt Brown (174, Jr.)
Ed Ruth (184, Sr.)

Series Record (Iowa leads, 26-7-2)

Streak: Iowa - 1
At Iowa City: 13-3
At University Park: 11-4-1
Neutral: 2-0-1
First Meeting: Iowa won, 34-9, 1983
Last Meeting: Iowa won 22-15, 2013

Largest Victory Margin

Iowa: 36-3, 1990
Penn State: 27-15, 1987

Ken Kraft

Midlands Championships

December 29-30, 2013
Evanston, Ill.
Welsh-Ryan Arena

Tournament Information

Media Contact: Betsy Golomski
Office Phone: (847) 467-3274
Cell Phone: (414) 688-0264
E-Mail Address: golomski@northwestern.edu
Web Site: www.nusports.com

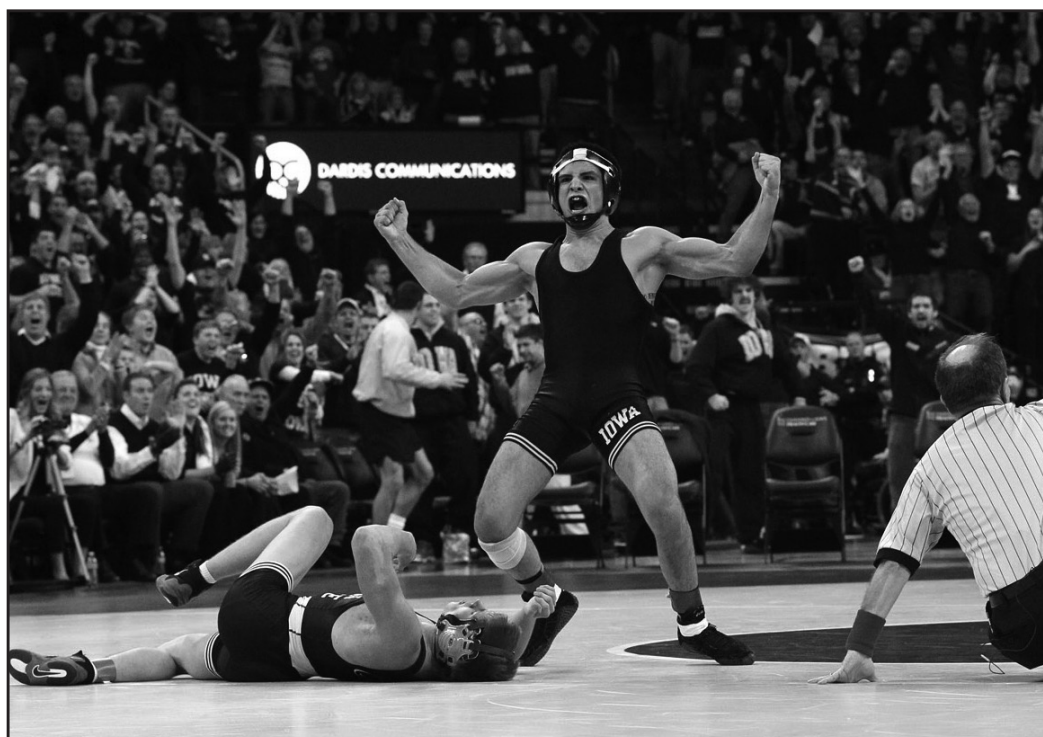


Iowa's Midlands History

Iowa has won a record 22 team titles in the 50-year history of the Midlands Championships. The Hawkeyes won their first team title in 1974, and proceeded to win nine of the next 11. Iowa also won team titles in 1990, 1992, 1996, 1997, 1998, 1999, 2001, 2002, 2007, 2008, 2009 and 2011.

Seven former Hawkeyes are enshrined in the Midlands Hall of Fame. They are Ed Banach, Chris Campbell, Steve Combs, Tim Cysewski, Barry Davis, Randy Lewis and Chuck Yagla. Former Hawkeye Head Coach Dan Gable is also a Midlands Hall of Fame member.

Seven former Hawkeyes earned the Art Kraft Champion of Champions Award, while nine were named the Dan Gable Outstanding Wrestler. The Art Kraft Champion of Champions include Lenny Zalesky (1980), Jim Zalesky (1983), Jim Heffernan (1986), Jeff McGinness (1995), Joe Williams (1996), Eric Juergens (1999) and Mark Perry (2007). The Dan Gable Outstanding Wrestlers were Randy Lewis (1979), Lenny Zalesky (1980), Ed Banach (1981), Royce Alger (1994), Jeff McGinness (1995), Lincoln McClravy (1997), Joe Williams (1999, 2000), Mark Perry (2007) and Brent Metcalf (2009). Gable was named the tournament's outstanding wrestler five times (1966-69, 1971).



Tony Ramos pinned Penn State's Jordan Conaway to lead Iowa past top-ranked Penn State last year at Carver-Hawkeye Arena. The crowd of 15,077 was the seventh largest dual crowd in NCAA history.



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Purdue University

January 3, 2014 -- West Lafayette, Ind.
Holloway Gymnasium

School Information

Location: West Lafayette, Ind.
Enrollment: 39,726
President: France Cordova
Athletic Director: Morgan Burke
Colors: Old Gold and Black
Nickname: Boilermakers
Conference: Big Ten
Facility (Capacity): Holloway Gymnasium (2,288)

Sports Information

Wrestling Contact: Tanner Lipsett
Office Phone: (765) 494-3197
E-Mail Address: tlipsett@purdue.edu
Web Site: www.purduesports.com

Team Information

Head Coach: Scott Hinkel
Alma Mater, Year: Purdue University, 1990
School/Overall Record (Yrs.): 68-49-2 (6)
Assistant Coach (Alma Mater, Year):
Pete Rogers (Ohio State University, 2000)
Chris Fleeger (Purdue University, 2006)
2012-13 Record: 17-6
2012-13 Conference Record/Finish: 5-3/T-4th
2013 NCAA Finish: 31st
NCAA Qualifiers Returning/Lost: 3/2
All-Americans Returning/Lost: 0/1

Top Returnee (Wt., Yr.)

Camden Eppert (125, Sr.)
Cashe Quiroga (133, Sr.)
Braden Atwood (184, Jr.)

Series Record (Iowa leads, 38-4-3)

Streak: Iowa - 26
At Iowa City: 19-1-2
At West Lafayette: 18-3-1
Neutral: 1-0
First Meeting: Tied, 3-3, 1915
Last Meeting: Iowa won, 29-9, 2013

Largest Victory Margin

Iowa: 49-0, 1977
Purdue: 23-9, 1961

Michigan State University

January 5, 2014 -- Iowa City, Iowa
Carver-Hawkeye Arena

School Information

Location: East Lansing, Mich.
Enrollment: 43,159
President: Mitchell E. Daniels Jr.
Athletics Director: Mark Hollis
Colors: Green and White
Nickname: Spartans
Conference: Big Ten
Facility (Capacity): Jenison Field House (5,017)

Sports Information

Wrestling Contact: Ben Phlegar
Office Phone: (517) 355-2271
E-Mail Address: phlegarb@msu.edu
Web Site: www.msuspartans.com

Team Information

Head Coach: Tom Minkel
Alma Mater, Year: Central Michigan University, 1971
School Record (Yrs.): 158-204-4 (22)
Overall Record (Yrs.): 173-222-4 (24)
Associate Head Coach (Alma Mater, Year):
Roger Chandler (Indiana University, 1997)
Assistant Coach (Alma Mater, Year):
Chris Williams (Michigan State University, 2002)
2012-13 Record: 4-14
2012-13 Conference Record/Finish: 0-8/T-11th
2013 NCAA Finish: 31st
NCAA Qualifiers Returning/Lost: 3/1
All-Americans Returning/Lost: 0/0

Top Returnees (Wt., Yr.)

Brian Gibbs (141, So.)

Series Record (Iowa leads, 35-15-2)

Streak: Iowa - 5
At Iowa City: 19-6-1
At East Lansing: 14-9-1
Neutral Site: 2-0
First Meeting: Michigan State won, 22-5, 1953
Last Meeting: Iowa won, 27-12, 2013

Largest Victory Margin

Iowa: 47-3, 1982
Michigan State: 32-0, 1966

Oklahoma State University

January 10, 2014 -- Iowa City, Iowa
Carver-Hawkeye Arena

School Information

Location: Stillwater, Okla.
Enrollment: 35,073
President: Burns Hargis
Athletic Director: Mike Holder
Colors: Orange and Black
Nickname: Cowboys
Conference: Big 12
Facility (Capacity): Gallagher-Iba Arena (13,611)

Sports Information

Wrestling Contact: Gavin Lang
Office Phone: (405) 744-3875
Cell Phone: (405) 612-9274
E-Mail Address: gavin.lang@okstate.edu
Web Site: www.okstate.com

Team Information

Head Coach: John Smith
Alma Mater, Year: Oklahoma State Univ., 1988
School/Overall Record (Yrs.): 348-48-6 (22)
Assistant Coaches (Alma Mater, Year):
Eric Guerrero (Oklahoma State Univ., 1999)
Zack Esposito (Oklahoma State Univ., 2007)
2012-13 Record: 20-1
2012-13 Conference Record/Finish: 6-0/1st
2013 NCAA Finish: 2nd
NCAA Qualifiers Returning/Lost: 6/3
All-Americans Returning/Lost: 5/2

Top Returnees (Wt., Yr.)

Jon Morrison (125, Sr.)
Josh Kindig (141, Sr.)
Dallas Bailey (165, Sr.)
Chris Perry (165, Sr.)
Austin Marsden (285, Jr.)

Series Record (Oklahoma State leads, 27-18-2)

Streak: Oklahoma State - 2
At Iowa City: 10-10
At Stillwater: 7-12-2
Neutral: 2-4
First Meeting: Oklahoma State won, 24-8, 1954
Last Meeting: Oklahoma State won, 18-12, 2013

Largest Victory Margin

Iowa: 40-6, 1985
Oklahoma State: 25-2, 1962

**Indiana University**

January 12, 2014 -- Iowa City, Iowa
Carver-Hawkeye Arena

School Information

Location: Bloomington, Ind.
Enrollment: 42,731
President: Michael McRobbie
Athletics Director: Fred Glass
Colors: Cream and Crimson
Nickname: Hoosiers
Conference: Big Ten
Facility: University Gymnasium (2,000)

Sports Information

Wrestling Contact: Kyle Kuhlman
Office Phone: (812) 855-4770
Cell Phone: (812) 308-8292
E-Mail Address: kkuhlman@indiana.edu
Web Site: www.iuhoosiers.com

Team Information

Head Coach: Duane Goldman
Alma Mater, Year: University of Iowa, 1986
School/Overall Record (Yrs.): 263-145-5 (21)
Assistant Coach (Alma Mater, Year):
Nick Simmons Michigan State University, 2007
Joe LeBlanc (University of Wyoming, 2012)
2012-13 Record: 9-10
2012-13 Conference Record/Finish: 0-8/T-11th
2013 NCAA Finish: T-41st
NCAA Qualifiers Returning/Lost: 5/0
All-Americans Returning/Lost: 0/0

Top Returnees (Wt., Yr.)

Joe Duca (125, Jr.)
Taylor Walsh (157, Jr.)
Ryan LeBlanc (165, Sr.)
Adam Chalfant (285, Jr.)

Series Record (Iowa leads, 35-4-3)

Streak: Iowa 20
At Iowa City: 18-3-1
At Bloomington: 16-1-2
Neutral Site: 1-0
First Meeting: Iowa won, 11-10, 1918
Last Meeting: Iowa won, 26-12, 2012

Largest Victory Margin

Iowa: 43-0, 1974
Indiana: 33-6, 1920

University of Nebraska

January 18, 2014 -- Lincoln, Neb.
NU Coliseum

School Information

Location: Lincoln, Neb.
Enrollment: 24,610
President: James B. Milliken
Athletics Director: Shawn Eichorst
Colors: Scarlet and Cream
Nickname: Cornhuskers
Conference: Big Ten
Facility: Bob Devaney Sports Center (7,907)

Sports Information

Wrestling Contact: Connor Stange
Office Phone: (402) 472-0694
Cell Phone: 402-560-3758
E-Mail Address: cstange@huskers.com
Web Site: www.huskers.com

Team Information

Head Coach: Mark Manning
Alma Mater, Year: University of Nebraska Omaha, 1985
School Record (Yrs.): 175-71-3 (13)
Overall Record (Yrs.): 198-95-5 (16)
Assistant Coach (Alma Mater, Year):
Tony Ersland (University of Iowa, 1997)
Bryan Snyder (University of Nebraska, 2002)
2012-13 Record: 11-6
2012-13 Conference Record/Finish: 4-4/T-6th
2013 NCAA Finish: 13th
NCAA Qualifiers Returning/Lost: 5/2
All-Americans Returning/Lost: 2/0

Top Returnees (Wt., Yr.)

Jake Suefloth (141, Jr.)
James Green (157, Jr.)
Robert Kokesh (165, Jr.)

Series Record (Iowa leads, 28-10-2)

Streak: Iowa - 6
At Iowa City: 13-3
At Lincoln: 11-6-2
Neutral Site: 4-1
First Meeting: Nebraska won, 3-0, 1911
Last Meeting: Iowa won, 31-7, 2013

Largest Victory Margin

Iowa: 40-0, 1987-88
Nebraska: 22-6, 1928

University of Minnesota

January 26, 2014-- Iowa City, Iowa
Carver-Hawkeye Arena

School Information

Location: Minneapolis, Minn.
Enrollment: 50,883
President: Eric Kaler
Athletics Director: Norwood Teague
Colors: Maroon and Gold
Nickname: Golden Gophers
Conference: Big Ten
Facility (Capacity): Sports Pavilion (5,840)
Williams Arena (14,625)

Sports Information

Wrestling Contact: Kate Wadman
Office Phone: (612) 624-4345
E-Mail Address: wadma005@umn.edu
Web Site: www.gophersports.com

Team Information

Head Coach: J Robinson
Alma Mater, Year: Oklahoma State, 1969
School/Overall Record (Yrs.): 404-132-4 (28)
Assistant Coaches (Alma Mater, Year):
Brandon Eggum (Minnesota, 2000)
Luke Becker (Minnesota, 2003)
2012-13 Record: 16-2
2012-13 Conference Record/Finish: 7-1/T-2nd
2013 NCAA Finish: 3rd
NCAA Qualifiers Returning/Lost: 6/4
All-Americans Returning/Lost: 6/2

Top Returnees (Wt., Yr.)

Chris Dardanes (133, Jr.)
Nick Dardanes (141, Jr.)
Dylan Ness (149, Jr.)
(165, Sr.)
Logan Storley (174, Jr.)
Kevin Steinhaus (184, Sr.)
Tony Nelson (285, Sr.)

Series Record (Iowa leads, 70-25-1)

Streak: Iowa - 1
At Iowa City: 32-12
At Minneapolis: 33-11-1
Neutral: 5-2
First Meeting: Iowa won, 39-3, 1921
Last Meeting: Minnesota won, 22-15, 2013

Largest Victory Margin

Iowa: 51-0, 1985
Minnesota: 32-0, 1966



IOWA WRESTLING

2013-14 MEDIA GUIDE

HAWKEYE OPPONENTS/SERIES RESULTS

Northwestern University

January 31, 2014 -- Evanston, Ill.

Welsh-Ryan Arena

School Information

Location: Evanston, Ill.

Enrollment: 19,000

President: Morton O. Schapiro

Athletics Director: Jim Phillips

Colors: Purple and White

Nickname: Wildcats

Conference: Big Ten

Facility (Capacity): Welsh-Ryan Arena (8,117)

Sports Information

Wrestling Contact: Betsy Golomski

Office Phone: (847) 467-3274

Cell Phone: (414) 688-0264

E-Mail Address: golomski@northwestern.edu

Web Site: www.nusports.com

Team Information

Head Coach: Drew Pariano

Alma Mater, Year: Northwestern University, 2000

School/Overall Record (Yrs.): 38-14 (3)

Assistant Coaches (Alma Mater, Year):

Tim Cysewski (University of Iowa, 1976)

Matt Storniolo (Oklahoma University, 2007)

Jay Borschel (University of Iowa, 2010)

2012-13 Record: 9-8

2012-13 Conference Record/Finish: 2-6/10th

2013 NCAA Finish: 17th

NCAA Qualifiers Returning/Lost: 5/1

All-Americans Returning/Lost: 1/1

Top Returnees (Wt., Yr.)

Pat Greco (141, Jr.)

Lee Munster (174, Jr.)

Alex Polizzi (197, Jr.)

Mike McMullan (285, Jr.)

Series Record (Iowa leads, 68-7-1)

Streak: Iowa - 8

At Iowa City: 30-3

At Evanston: 32-4-1

Neutral: 6-0

First Meeting: Iowa won 30-14, 1921

Last Meeting: Iowa won, 24-13, 2012

Largest Victory Margin

Iowa: 50-0, 1979

Northwestern: 25-8, 1967

Opponent Series Results

Opponent.....	1st Meeting	W-L-T	Opponent.....	1st Meeting	W-L-T
Alabama	1975	1-0-0	Louisiana State	1978	7-0-0
Arizona	1971	2-0-0	Luther	1998	2-0-0
Arizona State	1979	24-1-1	Mankato State	1969	2-0-0
Army	1967	2-1-0	Maritime	1969	1-0-0
Athletes in Action	1970	1-0-0	Marquette	1988	5-0-0
Auburn	1981	1-0-0	Maryland	1973	2-0-0
Augsburg	1996	1-0-0	Michigan	1924	29-25-1
Augustana (IL)	1971	1-0-0	Michigan State	1953	35-15-2
Augustana (SD)	1999	1-0-0	Minnesota	1921	70-25-1
Baker	2011	1-0-0	Minnesota State	2004	2-0-0
Binghamton	2009	1-0-0	Missouri	1967	4-1-0
Bloomsburg	1986	3-0-0	Monmouth	1930	1-0-0
Boise State	1994	5-0-0	Montana-Western	1996	1-0-0
Bowling Green	1968	1-0-0	Montana St.-Northern	1996	1-0-0
Bradley	1941	4-0-0	Montclair State	1975	1-0-0
Brigham Young	2000	1-0-0	Morgan State	1985	1-0-0
Bucknell	2009	3-0-0	Nebraska	1911	28-10-2
Buena Vista	1997	1-0-0	New York AC	1967	0-1-0
Buffalo	2012	1-0-0	North Carolina	1987	3-0-0
Cal Bakersfield	1979	6-0-0	North Carolina Pembroke ..	2010	1-0-0
Cal Davis	2003	3-0-0	North Carolina State	1985	4-0-0
Cal Poly	1977	5-1-0	North Colorado	1948	2-0-0
Carleton	1935	3-0-0	North Dakota State	1993	1-0-0
Central Michigan	2002	3-0-0	Northern Illinois	1968	4-0-0
Central Oklahoma	1993	1-0-0	Northern Iowa	1930	44-8-2
Chattanooga	2011	2-0-0	Northwestern	1921	68-7-1
Chicago	1926	6-5-1	Notre Dame	1990	2-0-0
Clarion	1974	5-0-0	Ohio	1971	0-0-1
Cleveland State	1976	10-0-0	Ohio State	1929	37-3-0
Coe	2007	4-0-0	Oklahoma	1930	16-17-1
Colorado	1955	1-0-0	Oklahoma State	1954	18-27-2
Colo. School of Mines	1959	1-0-0	Old Dominion	2008	1-0-0
Colorado State	1955	6-0-0	Omaha	1951	1-0-0
Cornell (IA)	1930	6-3-0	Oregon	2001	1-0-0
Cornell (NY)	1965	3-1-0	Oregon State	1973	6-1-0
Cumberland (Tenn.)	2012	1-0-0	Pennsylvania	1998	3-0-0
Drake	1970	18-0-0	Penn State	1983	26-7-2
Dubuque	1970	1-0-0	Princeton	2002	1-0-0
East Stroudsburg	1967	1-1-0	Purdue	1915	38-4-3
Edinboro	1986	6-0-0	Rutgers	2010	1-0-0
Embry Riddle	2004	1-0-0	Simpson	1987	1-0-0
Findlay	2008	1-0-0	Southern Colorado	1992	1-0-0
Fresno State	1994	2-0-0	South Dakota State	1996	4-0-0
Graceland	1971	1-0-0	Southern Illinois	1970	5-1-0
Hofstra	1975	7-0-0	S. Illinois-Edwardsville	1985	6-0-0
Illinois	1920	48-26-1	Southwest Missouri	1987	1-0-0
Illinois State	1968	1-0-0	Southwest State	2004	1-0-0
Indiana	1918	35-4-3	Syracuse	1979	3-0-0
Indiana State	1978	1-0-0	Temple	1977	1-0-0
Iowa Central	2000	6-0-0	Toledo	1966	0-1-0
Iowa Lakes	2010	1-0-0	Utah Valley	2010	1-0-0
Iowa State	1912	61-16-2	Virginia	2012	1-0-0
Ithaca	1991	1-0-0	Virginia Tech	1968	3-0-0
Kansas State	1938	0-1-1	Western Illinois	1970	1-0-0
Kentucky	1976	2-0-0	Wheaton	1949	1-0-1
Lehigh	1972	24-0-0	Wisconsin	1923	74-8-3
Lock Haven	1995	2-0-0	Wisconsin State	1969	2-0-0
Loras	1988	6-0-0	Wyoming	1958	2-0-0


University of Michigan

February 9, 2014 -- Iowa City, Iowa
Carver-Hawkeye Arena

School Information

Location: Ann Arbor, MI
Enrollment: 43,426
President: Mary Sue Coleman
Athletics Director: David Brandon
Colors: Maize and Blue
Nickname: Wolverines
Conference: Big Ten
Facility (Capacity): Cliff Keen Arena (1,800)

Sports Information

Wrestling Contact: Leah Howard
Office Phone: (734) 615-0679
Cell Phone: (734) 358-3651
E-Mail Address: lchoward@umich.edu
Web Site: www.mgoblue.com

Team Information

Head Coach: Joe McFarland
Alma Mater, Year: University of Michigan, 1985
School Record (Yrs.): 163-82-4 (14)
Overall Record (Yrs.): 193-116-4 (17)
Assistant Coaches (Alma Mater, Year):
Sean Bormet (University of Michigan, 1994)
Donny Pritzlaff (University of Wisconsin, 2002)
Josh Churella (University of Michigan, 2008)
2012-13 Record: 10-7
2012-13 Conference Record/Finish: 3-5/T-8th
2013 NCAA Finish: T-33rd
NCAA Qualifiers Returning/Lost: 6/1
All-Americans Returning/Lost: 0/0

Top Returnees (Wt., Yr.)

Eric Grajales (149, Sr.)
Dan Yates (165, Sr.)
Max Huntley (197, Jr.)

Series Record (Iowa leads, 29-25-1)

Streak: Iowa - 6
At Iowa City: 12-9-1
At Ann Arbor: 13-13
Neutral: 4-3
First Meeting: Iowa won 21-12, 1924
Last Meeting: Iowa won, 33-10, 2013

Largest Victory Margin

Iowa: 47-3, 1982
Michigan: 32-0, 1966

Lehigh University

February 14, 2014 -- Bethlehem, Pa.
Leeman-Turner Arena

School Information

Location: Bethlehem, Pa.
Enrollment: 4,700
President: Dr. Alice P. Gast
Athletic Director: Joe Sterrett
Colors: Brown and White
Nickname: Mountain Hawks
Conference: Eastern Intercollegiate Wrestling Association
Facility (Capacity): Leeman-Turner Arena (2,200)

Sports Information

Wrestling Contact: Steve Lomangino
Office Phone: (610) 758-3174
E-Mail Address: sjl304@lehigh.edu
Web Site: www.lehighsports.com

Team Information

Head Coach: Pat Santoro
Alma Mater, Year: University of Pittsburgh, 1992
Assistant Coaches (Alma Mater, Year):
Brad Dillon (Lehigh University, 2007)
John Hughes (Penn State, 1996)
2012-13 Record: 10-7
2012-13 Conference Record/Finish: 4-4/6th
2013 NCAA Finish: 25th
NCAA Qualifiers Returning/Lost: 4/4
All-Americans Returning/Lost: 1/3

Top Returnees (Wt., Yr.)

Mason Beckman (133, Jr.)
Stephen Dutton (141, Sr.)
(149, Sr.)
Nathaniel Brown (174, Jr.)
(184, Sr.)

Series Record (Iowa leads, 24-0)

Streak: Iowa - 24
At Iowa City: 14-0
At Bethlehem: 10-0
Neutral: 0-0
First Meeting: Iowa won 33-3, 1972
Last Meeting: Iowa won, 26-9, 2012

Largest Victory Margin

Iowa: 49-2, 1992
47-0, 1986

University of Wisconsin

February 23, 2014 -- Madison, Wis.
UW Field House

School Information

Location: Madison, Wis.
Enrollment: 42,595
Chancellor: Rebecca Blank
Athletic Director: Barry Alvarez
Colors: Cardinal and White
Nickname: Badgers
Conference: Big Ten
Facility (Capacity): UW Field House (10,300)

Sports Information

Wrestling Contact: Ryan Evans
Office Phone: (608) 262-1811
E-Mail Address: ryanevans@athletics.wisc.edu
Web Site: www.uwbadgers.com

Team Information

Head Coach: Barry Davis
Alma Mater, Year: University of Iowa, 1985
School/Overall Record (Yrs.): 195-144-1 (19)
Assistant Coaches (Alma Mater, Year):
Kyle Ruschell (Wisconsin, 2010)
Trevor Brandvold (Wisconsin, 2011)
Eric Bugenhagen (Wisconsin, 2011)
2012-13 Record: 7-8
2012-13 Conference Record/Finish: 4-4/T-6th
2013 NCAA Finish: T-27th
NCAA Qualifiers Returning/Lost: 3/0
All-Americans Returning/Lost: 1/0

Top Returnees (Wt., Yr.)

Tyler Graff (133, Sr.)
Jackson Hein (197, Sr.)
Connor Medberry (285, So.)

Series Record (Iowa leads, 74-8-3)

Streak: Iowa - 4
At Iowa City: 38-4-1
At Madison: 36-4-2
Neutral Site: 4-1
First Meeting: Iowa won 8-6, 1923
Last Meeting: Iowa won 39-3, 2012

Largest Victory Margin

Iowa: 43-3, 1982; 42-2, 1983
Wisconsin: 23-5, 1952



IOWA WRESTLING

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2012-13 SEASON REVIEW

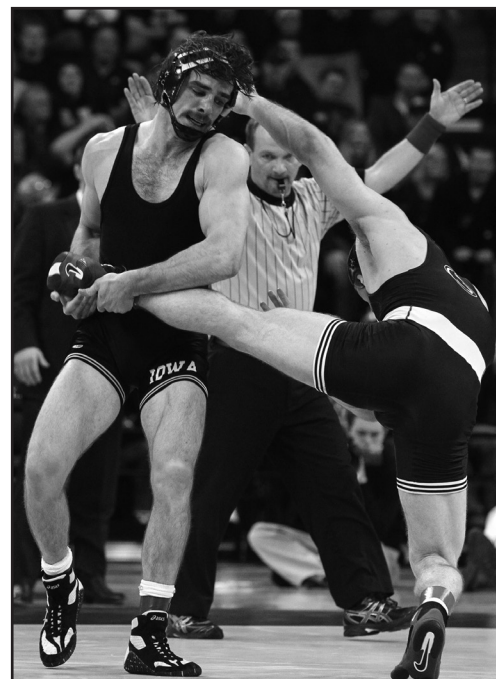
2012-13 Individual Season Statistics

Wrestler, Wt.	Career Record	2012-13 Record	Dual Record	Big Ten Record	Win Streak	Career CHA Record	Career Dual Starts	Dual Pts. Scored	OT W-L	MD W-L	TF W-L	Pins W-L	Fastest Fall
Matt McDonough, 125	122-9	22-5	18-2	6-1	0	36-1	77	74	1-2	4-0	1-0	5-0	1:17
Matt Gurule, 125	18-9	6-4	2-1	0-1	0	0-1	3	6	0-0	1-0	0-0	1-0	4:13
Tony Ramos, 133	88-12	30-2	23-0	8-0	0	24-0	53	114	1-1	8-0	1-0	14-0	1:33
Mark Ballweg, 141	62-23	23-7	18-4	7-1	0	13-4	39	69	1-0	10-2	1-0	2-0	2:13
Josh Dziewa, 141/149	28-7	15-4	1-0	0-0	0	1-0	2	4	0-0	3-0	0-0	5-0	2:27
Ethan Owens, 141/149	32-12	14-5	0-1	0-0	0	0-0	1	0	0-0	1-0	1-0	1-1	6:41
Nick Trizzino, 141	17-7	0-0	0-0	0-0	3	2-0	3	0	0-0	0-0	0-0	0-0	-----
Brody Grothus, 149	6-8	6-8	2-8	0-5	0	1-4	10	9	0-0	0-3	0-0	3-0	2:36
Jeret Chiri, 149	4-6	0-0	0-0	0-0	0	0-2	5	0	0-0	0-0	0-0	0-0	-----
Michael Kelly, 149	25-22	10-8	6-6	0-3	0	4-4	24	23	0-0	5-1	1-0	2-1	1:10
Patrick Rhoads, 149	3-2	3-2	0-0	0-0	0	0-0	0	0	0-0	2-0	0-1	0-0	-----
Joe DuCharme, 157	8-12	1-4	0-0	0-0	0	0-0	0	0	0-0	0-2	0-0	0-0	-----
Jake Kadel, 157	8-7	8-7	0-0	0-0	0	0-0	0	0	0-0	1-3	0-0	2-0	2:00
Derek St. John, 157	76-11	31-2	22-1	8-0	7	23-0	50	85	0-0	7-0	3-0	4-0	2:47
Joey Trizzino, 157/165	0-0	0-0	0-0	0-0	0	0-0	0	0	0-0	0-0	0-0	0-0	-----
Nick Moore, 165	30-16	18-10	15-6	6-2	0	9-3	28	60	0-0	3-1	0-2	5-0	0:56
Mike Evans, 165/174	49-15	23-7	17-3	7-1	0	16-0	38	68	1-0	10-0	2-0	2-1	2:54
Walt Gillmor, 165/174	15-11	12-7	0-0	0-0	0	0-0	1	0	0-0	4-1	0-1	6-0	2:03
Grant Gambrall, 174/184	62-31	3-5	3-5	0-2	0	12-6	36	11	1-1	0-1	1-0	0-1	-----
Kris Klapprodt, 174	23-7	23-7	0-0	0-0	0	0-0	0	0	1-1	4-1	0-0	8-0	0:55
Jeremy Fahler, 184	20-8	8-3	1-0	0-0	5	2-1	5	6	0-0	0-0	0-0	1-0	1:47
Ethen Lofthouse, 184	70-28	22-9	14-6	4-2	1	18-5	52	58	1-0	5-1	1-0	4-0	1:30
Nathan Burak, 197	20-17	20-17	7-12	4-4	0	3-5	19	23	2-2	4-1	1-0	2-1	2:34
Tomas Lira, 197	41-23	17-6	1-2	0-0	0	2-3	11	6	0-0	1-0	0-0	12-0	0:19
Josh Haug, 285	4-7	0-0	0-0	0-0	0	0-0	0	0	0-0	0-1	0-0	4-1	0:36
Bobby Telford, 285	49-15	20-6	16-5	4-2	3	14-3	37	70	0-2	2-0	1-0	5-0	0:51

2012-13 Individual Season Statistics for Redshirt Competitors

Wrestler, Wt.	Overall Record	OT W-L	MD W-L	TF W-L	Pins W-L	Fastest Fall	Win Streak
Cory Clark, 125	20-2	0-1	2-0	1-0	9-0	1:20	8
Thomas Gilman, 125	23-5	0-0	4-1	8-0	2-0	1:23	7
Topher Carton, 133/141	6-7	0-0	0-2	1-0	1-0	0:35	0
Connor Ryan, 141/149	10-5	0-0	0-0	0-0	3-0	1:32	0
Sammy Brooks, 184	19-9	0-1	3-0	5-1	4-0	1:39	0
Alex Meyer, 184	11-8	0-0	0-2	0-0	3-1	1:28	2
Artie Bess, 285	6-6	0-0	0-0	0-1	3-3	3:17	0

CHA - Carver-Hawkeye Arena, OT - overtime, MD - major decision, TF - technical fall



Mike Evans earned All-America honors and recorded 23 wins, including nine against ranked opponents, in 2012-13.



2012-13 Top Five Statistical Rankings

Overall Wins

1. Derek St. John (157)	31
2. Tony Ramos (133)	30
3. Kris Klapprodt (174)	23
4. Mark Ballweg (141)	23
Mike Evans (174)	23
6. Matt McDonough (125)	22
Ethen Lofthouse (184)	22

Overall Winning Percentage

1. Derek St. John (157)	939
2. Tony Ramos (133)	938
3. Matt McDonough (125)	815
4. Bobby Telford (285)	769
5. Mike Evans (174)	767
Mark Ballweg (141)	767
Kris Klapprodt (174)	767
8. Ethen Lofthouse (174)	710

Dual Wins

1. Tony Ramos (133)	23
Derek St. John (157)	22
3. Mark Ballweg (141)	18
Matt McDonough (125)	18
5. Mike Evans (174)	17

Dual Winning Percentage

1. Tony Ramos (133)	1.000
Derek St. John (157)	1.000
3. Matt McDonough (125)941
4. Mark Ballweg (141)900
5. Mike Evans (174)882

Big Ten Dual Wins

1. Tony Ramos (133)	8
Derek St. John (157)	8
3. Mark Ballweg (141)	7
Mike Evans (174)	7
5. Matt McDonough (125)	6
Nick Moore (165)	6

Big Ten Dual Winning Percentage

1. Tony Ramos (133)	1.000
Derek St. John (157)	1.000

Dual Meet Team Points Scored

1. Tony Ramos (133)	114
2. Derek St. John (157)	85
3. Matt McDonough (125)	74
4. Bobby Telford (285)	70
5. Mark Ballweg (141)	69

Falls

1. Tony Ramos (133)	14
Tomas Lira (197)	12
3. Kris Klapprodt (174)	8
4. Walt Gillmor (174)	6
5. Matt McDonough (125)	5
Josh Dziewa (141)	5
Bobby Telford (285)	5

Fastest Falls

1. Tomas Lira (197)	0:19
2. Josh Haug (285)	0:36
3. Bobby Telford (295)	0:51
4. Kris Klapprodt (174)	0:55
5. Nick Moore (165)	0:56

Technical Falls

1. Derek St. John (157)	3
2. Mike Evans (174)	2
3. 8 tied with	1

Major Decisions

1. Mark Ballweg (141)	10
Mike Evans (174)	10
3. Tony Ramos (133)	8
4. Derek St. John (157)	7
5. Michael Kelly (149)	5
Ethen Lofthouse (184)	5

Career Dual Starts

1. Matt McDonough (125)	77
2. Tony Ramos (133)	53
3. Ethen Lofthouse (184)	52
4. Derek St. John (157)	50
5. Mark Ballweg (141)	39

Career Wins

1. Matt McDonough (125)	122
2. Tony Ramos (133)	88
3. Derek St. John (157)	76
4. Ethen Lofthouse (184)	70
5. Grant Gambrell (184)	62
Mark Ballweg (141)	62

2012-13 Results

(20-3 Overall, 8-0 Big Ten)

Date	Opponent	Result
11/16	vs. Cumberland (Tenn.)	W, 52-0
	vs. #17 Virginia	W, 26-12
	at Chattanooga	W, 37-6
11/24	SIU-Edwardsville*	W, 49-0
	Cornell College*	W, 49-3
	Iowa Central (exh.)*	W, 45-6
12/1	Iowa State	W, 32-3
12/6	#23 Lehigh	W, 26-9
12/16	vs. Hofstra^	W, 42-0
	vs. Bucknell^	W, 34-9
	at Buffalo	W, 39-3
12/17	#4 Ohio State	W, 22-9
1/4	#21 Purdue	W, 29-9
1/6	at #2 Oklahoma State	L, 12-18
1/13	at #18 Michigan	W, 33-10
1/18	at Michigan State	W, 27-12
1/20	at #3 Minnesota	W, 16-15
1/26	#1 Penn State	W, 22-16
2/1	at #8 Illinois	W, 25-12
2/8	#13 Nebraska	W, 31-7
2/10	#15 Edinboro	W, 31-6
2/16	vs. #9 Cornell+	W, 21-16
2/22	at #4 Minnesota+	L, 15-22
2/23	vs. #6 Missouri+	L, 16-18
3/9-10	at Big Ten Championships	3rd/133.5 points
3/21-23	at NCAA Championships	4th/73 points

*Iowa City Duals

^Grapple at the Garden

+NWCA/National Duals (Minneapolis)

2012-13 Big Ten
Regular Season Standings

	Team	Big Ten		Overall	
		W-L	Pct.	W-L	Pct.
1.	IOWA	8-0	1.000	20-3	.870
2.	Penn State	7-1	.875	12-1	.923
	Minnesota	7-1	.875	16-2	.888
4.	Ohio State	5-3	.625	11-4	.733
	Purdue	5-3	.625	17-6	.739
6.	Nebraska	4-4	.500	11-6	.647
	Wisconsin	4-4	.500	7-8	.467
8.	Michigan	3-5	.375	10-7	.588
	Illinois	3-5	.375	7-6	.538
10.	Northwestern	2-6	.250	9-8	.529
11.	Indiana	0-8	.000	9-10	.474
	Michigan State	0-8	.000	4-14	.222



**March 9-10, 2013 • Assembly Hall
Champaign, Ill.**

Team Standings

Place	Team	Score
1.	Penn State	151.0
2.	Minnesota	139.0
3.	IOWA	133.5
4.	Ohio State	109.5
5.	Illinois	85.5
6.	Michigan	75.0
7.	Nebraska	61.0
8.	Northwestern	56.0
9.	Purdue	38.0
10.	Wisconsin	37.0
11.	Indiana	30.5
12.	Michigan State	22.0

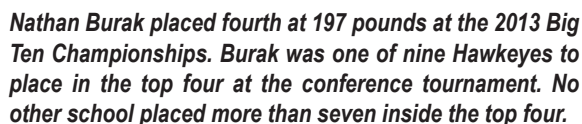
Big Ten Championships Awards

Freshman of the Year:.....Connor Medberg, Wisconsin

Wrestler of the Year:..... Ed Ruth, Penn State

Outstanding Wrestler of the Meet:.. Jesse Delgado, Illinois

Coach of the Year:..... J Robinson, Minnesota;
Cael Sanderson, Penn State



Big Ten Championships Placewinners

125 Pounds

1. Jesse Delgado, Illinois
2. **Matt McDonough, IOWA**
3. Nico Megaludis, Penn State
4. Sean Boyle, Michigan
5. Nikko Triggas, Ohio State
6. David Thorn, Minnesota
7. Joe Duca, Indiana
8. Camden Eppert, Purdue

133 Pounds

1. Logan Stieber, Ohio State
2. **Tony Ramos, IOWA**
3. Tyler Graff, Wisconsin
4. Chris Dardanes, Minnesota
5. Jordan Conaway, Penn State
6. Daryl Thomas, Illinois
7. Rossi Bruno, Michigan
8. Shawn Nagel, Nebraska

141 Pounds

1. Hunter Stieber, Ohio State
2. **Mark Ballweg, IOWA**
3. Nick Dardanes, Minnesota
4. Brandon Nelsen, Purdue
5. Bryan Pearsall, Penn State
6. Pat Greco, Northwestern
7. Camryn Jackson, Michigan
8. Thomas Kelliher, Wisconsin

149 Pounds

1. Dylan Ness, Minnesota
2. Jake Suefloth, Nebraska
3. Ivan Lopouchanski, Purdue
4. Andrew Alton, Penn State
5. Dan Osterman, Michigan State
6. Ian Paddock, Ohio State
7. Eric Grajales, Michigan
8. Caleb Ervin, Illinois

157 Pounds

1. Jason Welch, Northwestern
2. James Green, Nebraska
3. **Derek St. John, IOWA**
4. Josh Demas, Ohio State
5. Danny Zilverberg, Minnesota
6. Dylan Alton, Penn State
7. Ryan Watts, Michigan State
8. Taylor Walsh, Indiana

165 Pounds

1. David Taylor, Penn State
2. Conrad Polz, Illinois
3. Cody Yohn, Minnesota
4. **Nick Moore, Iowa**
5. Taylor Massa, Michigan
6. Pierce Harger, Nebraska
7. Ryan LeBlanc, Indiana
8. Mark Martin, Ohio State

174 Pounds

1. Matt Brown, Penn State
2. **Mike Evans, Iowa**
3. Robert Kokesch, Nebraska
4. Jordan Blanton, Illinois
5. Nick Heflin, Ohio State
6. Dan Yates, Michigan
7. Logan Storley, Minnesota
8. Chad Welch, Purdue

184 Pounds

1. Ed Ruth, Penn State
2. Kevin Steinhaus, Minnesota
3. **Ethen Lofthouse, IOWA**
4. Josh Ihnen, Nebraska
5. C.J. Magrum, Ohio State
6. Tony Dallago Illinois
7. Chris Heald, Michigan
8. Luke Sheridan, Indiana

197 Pounds

1. Quentin Wright, Penn State
2. Scott Schiller, Minnesota
3. Mario Gonzalez, Illinois
4. **Nathan Burak, Iowa**
5. Andrew Campolattano, Ohio State
6. Max Huntly, Michigan
7. Jackson Hein, Wisconsin
8. Braden Atwood, Purdue

Heavyweight

1. Tony Nelson, Minnesota
2. Mike McMullan, Northwestern
3. **Bobby Telford, IOWA**
4. Connor Medbery, Wisconsin
5. Adam Chalfant, Indiana
6. Ben Apland, Michigan
7. Mike McClure, Michigan State
8. Jimmy Lawson, Penn State



NCAA All-Americans By Place

125 lbs.

1. Jesse Delgado, Illinois
2. Nico Megaludis, Penn State
3. Nahshon Garrett, Cornell
4. Alan Waters, Missouri
5. Trent Sprenkle, NDSU
6. Jarrod Garnett, Virginia Tech
7. David Thorn, Minnesota
8. Tyler Cox, Wyoming

133 lbs.

1. Logan Stieber, Ohio St
2. **Tony Ramos, IOWA**
3. Tyler Graff, Wisconsin
4. A.J. Schopp, Edinboro
5. Jon Morrison, Oklahoma State
6. Chris Dardanes, Minnesota
7. Cody Brewer, Oklahoma
8. Nathan McCormick, Missouri

141 lbs.

1. Kendric Maple, Oklahoma
2. Mitchell Port, Edinboro
3. Hunter Stieber, Ohio State
4. Undrakhbayar Khishignyam, Citadel
5. Michael Nevinger, Cornell
6. Evan Henderson, North Carolina
7. Nick Dardanes, Minnesota
8. Zach Neibert, Virginia Tech

149 lbs.

1. Jordan Oliver, Oklahoma State
2. Jason Chamberlain, Boise State
3. Steve Santos, Columbia
4. Dylan Ness, Minnesota
5. Scott Sakaguchi, Oregon State
6. Drake Houdashelt, Missouri
7. Ivan Lopouchanski, Purdue
8. Nick Brascetta, Virginia Tech

157 lbs.

1. **Derek St. John, IOWA**
2. Jason Welch, Northwestern
3. Alex Dierringer, Oklahoma State
4. David Bonin, Northern Iowa
5. R.J. Pena, Oregon State
6. Jedd Moore, Virginia
7. James Green, Nebraska
8. James Flemming, Clarion

165 lbs.

1. Kyle Dake, Cornell
2. David Taylor, Penn State
3. Tyler Caldwell, Oklahoma State
4. Peter Yates, Virginia Tech
5. Conrad Polz, Illinois
6. Mike Moreno, Iowa State
7. Cody Yohn, Minnesota
8. Nicholas Sulzer, Virginia

174 lbs.

1. Chris Perry, Oklahoma State
2. Matt Brown, Penn State
3. Robert Kokesh, Nebraska
4. Logan Storley, Minnesota
5. Nick Heflin, Ohio State
6. **Mike Evans, IOWA**
7. Jordan Blanton, Illinois
8. Cody Walters, Ohio

184 lbs.

1. Ed Ruth, Penn State
2. Robert Hamlin, Lehigh
3. Steve Bosak, Cornell
4. Ben Bennett, Central Michigan
5. **Ethen Lofthouse, IOWA**
6. Jimmy Sheptock, Maryland
7. Ryan Loder, Northern Iowa
8. Mike Larson, Missouri

197 lbs.

1. Quentin Wright, Penn State
2. Dustin Kilgore, Kent State
3. Matthew Wilps, Pitt
4. Taylor Meeks, Oregon State
5. Scott Schiller, Minnesota
6. Kyven Gadson, Iowa State
7. Alfonso Hernandez, Wyoming
8. Blake Rosholt, Oklahoma State

285 lbs.

1. Anthony Nelson, Minnesota
2. Mike McMullan, Northwestern
3. Alan Gelogaev, Oklahoma State
4. Dom Bradley, Missouri
5. Zac Thomusseit, Pitt
6. Jarod Trice, Central Michigan
7. Odie Delaney, Citadel
8. Matt Gibson, Iowa State

NCAA Championships

March 21-23 • Wells Fargo Arena
Des Moines, Iowa

Team Standings (Top 10)

Place	Team	Points
1.	Penn State	123.5
2.	Oklahoma State	119.5
3.	Minnesota	103
4.	IOWA	73
5.	Cornell	65
6.	Ohio State	59.5
7.	Missouri	56.5
8.	Oregon State	48.5
9.	Illinois	45.5
10.	Virginia Tech	43.5

Individual Awards

Outstanding Wrestler:

Kyle Dake, Cornell

Gorriaran Trophy (most pins in least time):

David Taylor, Penn State

NWCA Coach of the Year:

Cael Sanderson, Penn State

Hodge Trophy:

Kyle Dake, Cornell



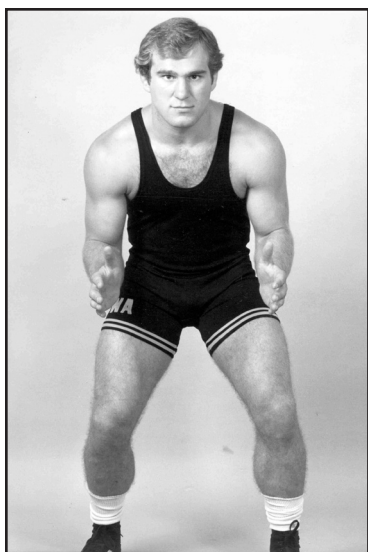
Three-time All-American Derek St. John won his first career national title at the 2013 NCAA Championships. After placing fourth at the 2011 tournament, St. John has advanced to the 157-pound finals in each of the last two seasons. He placed runner-up in 2012.



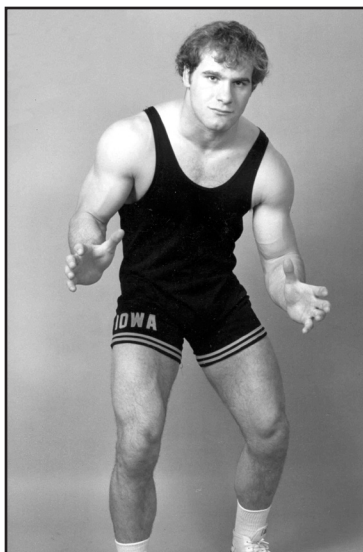
IOWA WRESTLING

2013-14 MEDIA GUIDE

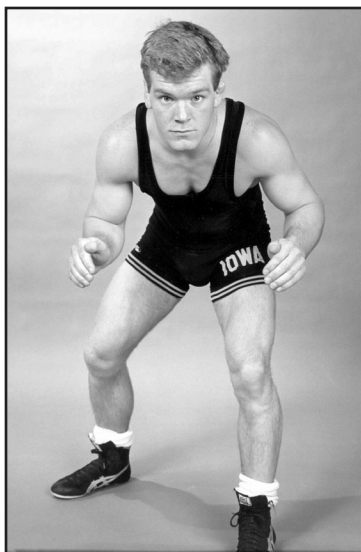
HAWKEYES IN INTERNATIONAL COMPETITION



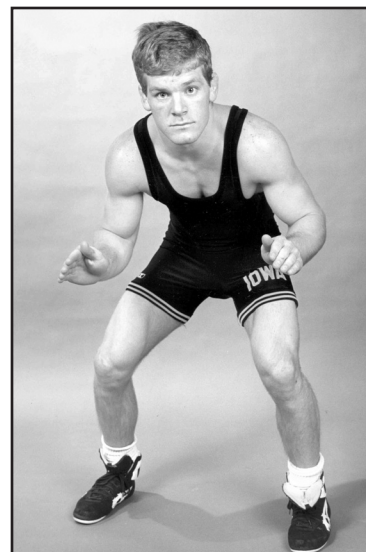
Ed Banach



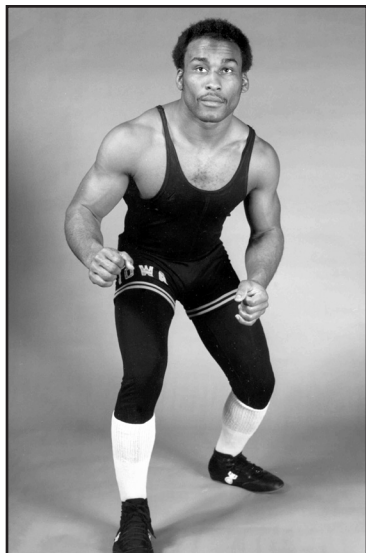
Lou Banach



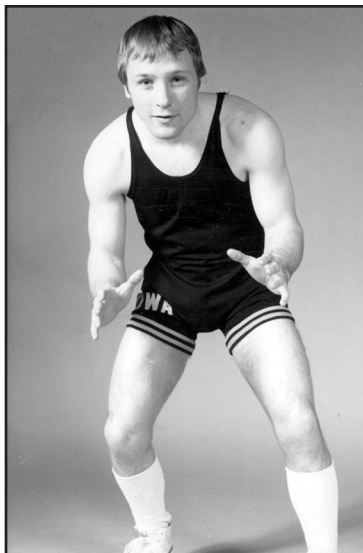
Terry Brands



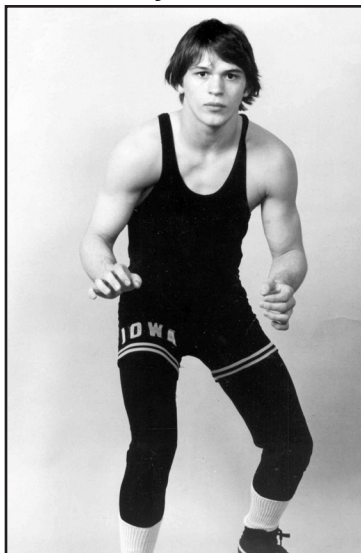
Tom Brands



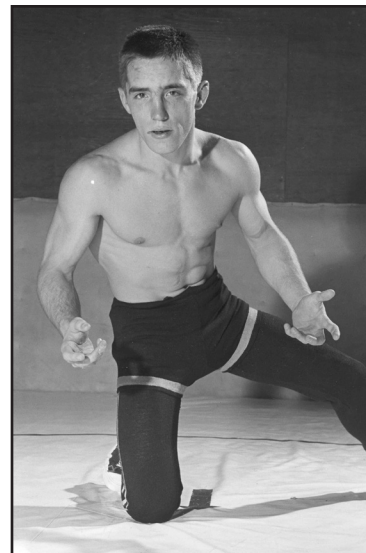
Chris Campbell



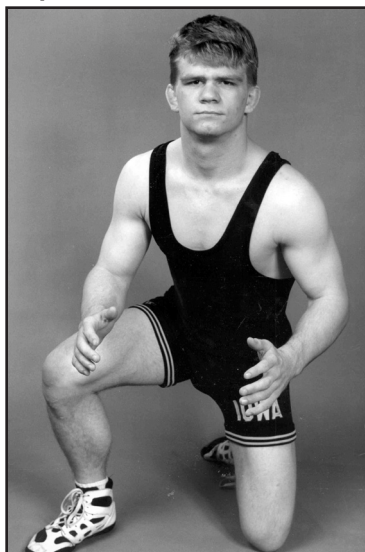
Barry Davis



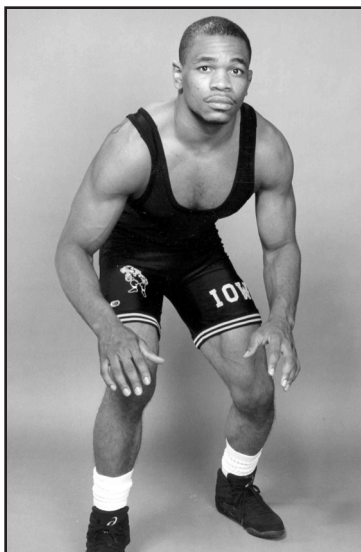
Randy Lewis



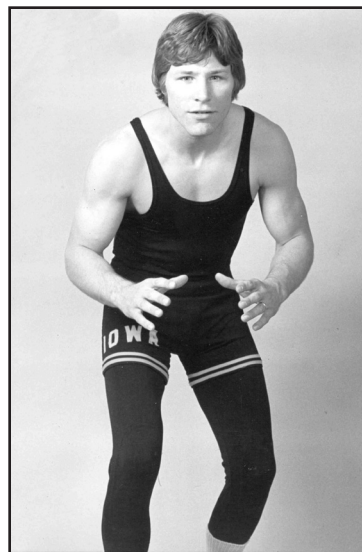
Terry McCann



Lincoln McIlravy



Joe Williams



Chuck Yagla



Игры
XXII Олимпиады
Москва
1980



Hawkeye Olympians

Name	Year	Weight	Games (Medal)
Ed Banach	1984	198	Los Angeles (G)
Lou Banach	1984	220	Los Angeles (G)
Leslie Beers	1928	158.5	Amsterdam (A)
Terry Brands	2000	127.75	Sydney (B)
Tom Brands	1996	136.5	Atlanta (G)
Chris Campbell	1980	180.5	Moscow
	1992	198	Barcelona (B)
Steve Combs	1968	171.5	Mexico City
Barry Davis	1984	125.5	Los Angeles (S)
	1988	125.5	Seoul

Name	Year	Weight	Games (Medal)
Randy Lewis	1980	136.5	Moscow
	1984	136.5	Los Angeles (G)
Terry McCann	1960	125.5	Rome (G)
Lincoln McClravy	2000	152	Sydney (B)
Steve Mocco	2008	264.5	Beijing
Joe Scarpello	1948	174	London (A)
Doug Schwab	2008	145.5	Beijing
Joe Williams	2004	163	Athens
Chuck Yagla	1980	149.5	Moscow
Mike Zadick	2008	132	Beijing



Hawkeye World Championships Experience

Name	Year	Games (Medal)
Royce Alger	1990	Tokyo, Japan (S)
Ed Banach	1983	Kiev, Soviet Union
John Bowlsby	1974	Istanbul, Turkey
	1977	Lausanne, Switzerland
Terry Brands	1993	Toronto, Canada (G)
	1994	Istanbul, Turkey
	1995	Atlanta, United States (G)
	2010	Moscow, Russia (C)
Tom Brands	1993	Toronto, Canada (G)
	1994	Istanbul, Turkey
	1995	Atlanta, United States
	2013	Budapest, Hungary (C)
Chris Campbell	1977	Lausanne, Switzerland
	1981	Skopljie, Yugoslavia (G)
	1990	Tokyo, Japan (S)
	1991	Varna, Bulgaria
Barry Davis	1983	Kiev, Soviet Union
	1986	Budapest, Hungary (S)
	1987	Clermont-Ferrand, France (S)
Dan Gable	1977	Lausanne, Switzerland (C)
	1978	Mexico City, Mexico (C)
	1979	San Diego, United States (C)
	1983	Kiev, Soviet Union (C)
	1994	Istanbul, Turkey (C)
	1999	Ankara, Turkey (C)

G - gold medal, S - silver medal, B - bronze medal, C - coach, A - team alternate

Name	Year	Games (Medal)
Randy Lewis	1978	Mexico City, Mexico
	1982	Edmonton, Canada
Lincoln McClravy	1997	Krasnoyarsk, Russia
	1998	Tehran, Iran (B)
	1999	Ankara, Turkey (S)
Joe Melchior	1990	Tokyo, Japan
Brent Metcalf	2010	Moscow, Russia
	2013	Budapest, Hungary
John Oostendorp	1995	Prague, Czech Republic
Brad Penrith	1989	Martigny, Switzerland
	1991	Varna, Bulgaria (S)
Doug Schwab	2007	Baku, Azerbaijan
Joe Williams	1999	Ankara, Turkey
	2001	Sofia, Bulgaria (B)
	2002	Tehran, Iran
	2003	New York, United States
	2005	Budapest Hungary (B)
	2007	Baku, Azerbaijan
Chuck Yagla	1977	Lausanne, Switzerland
	1979	San Diego, United States
Bill Zadick	2001	Sofia, Bulgaria
	2006	Guangzhou, China (G)
	2010	Moscow, Russia (C)
Mike Zadick	2006	Guangzhou, China (S)
	2007	Baku, Azerbaijan
	2010	Moscow, Russia



IOWA WRESTLING

2013-14 MEDIA GUIDE

NCAA CHAMPIONSHIP SEASONS

No team has dominated collegiate wrestling like the University of Iowa Hawkeyes since the mid 1970s. Iowa captured nine straight NCAA titles from 1978-86 and has won 23 of the last 39. During that span Iowa boasts 250 All-Americans and 68 individual champions. Following are summaries of Iowa's 23 NCAA championship seasons.

1975

Iowa posted an undefeated dual season (17-0-1), set a school mark for wins and won its first NCAA title. The team had a school-record five All-Americans, national champs in Chuck Yagla and Dan Holm, and four dual shutouts.

1976

Iowa won its second straight NCAA title and captured 14 of 15 duals. A school-record three Hawkeyes (Brad Smith, Chuck Yagla and Chris Campbell) won NCAA titles. Yagla won his second straight title and was the meet's Outstanding Wrestler. Iowa won the title by almost 40 points and amassed a national record 123 1/4 points.

1978

The Hawkeyes started their nine-year string of national championships and were 15-1 in duals. Iowa's one-half point margin of victory at the NCAA meet gave the Hawkeyes their third title in four years. This team was the first in college history to win the national championship without an individual champion.

1979

Coach Dan Gable's first undefeated and untied (19-0-0) team included NCAA champs Bruce Kinseth and Randy Lewis. Kinseth, who had a school-record 23 pins, was named Outstanding Wrestler at the NCAA Meet. He pinned all four opponents at Big Tens and all five at nationals.

1980

Iowa won its third straight national title with a school-record eight all-Americans, including NCAA champions Randy Lewis (134) and Ed Banach (177). A 34-match dual winning streak was snapped by Cal-Poly, 27-12.

1981

The winningest team (21-1) in Iowa annals boasted nine All-Americans and seven Big Ten champs. Brothers Ed and Lou Banach won NCAA titles. The 10-man lineup had an overall record of 302-45-2. Iowa won the NCAA title by 29 1/2 points.

1982

Three NCAA champions – Barry Davis, Jim Zalesky and Pete Bush – paced the undefeated (16-0-1) national titlists. Davis set the Iowa season mark for wins with 46. The Hawkeyes had eight All-Americans and piled up a record 131 3/4 points at the NAAs.

1983

Iowa set a Big Ten record with nine league champs, compiled a 17-1 dual record and won a sixth consecutive NCAA crown. Iowa had nine All-Americans, a tournament record. Ed Banach won his third NCAA title in four years. Carver-Hawkeye Arena opened its doors with a 35-7 victory over Oklahoma.

1984

The Hawkeyes were 16-1 in duals and won both NCAA and Big Ten titles. Jim Zalesky, named Outstanding Wrestler at the NAAs, posted his second straight undefeated campaign and closed his career with 89 straight wins. Five Hawkeyes made the national championship match.

1985

Gable's second perfect season record (18-0-0) was accomplished with nine All-Americans and eight Big Ten champions. Davis, who won his third NCAA title, earned Outstanding Wrestler. For the second year in a row, five Hawkeyes wrestled in NCAA title matches.

1986

The Hawkeyes' record-tying ninth straight national team title was a record-shattering performance. Iowa set all-time NCAA records for points scored (158), margin of victory (73.25) and national champs (five)! Marty Kistler was the Hawkeyes' third straight NCAA Outstanding Wrestler award winner. Six wrestlers won at least 30 matches. The ninth straight NCAA championship tied the all-time record for consecutive titles.

1991

Iowa regained the national title that had eluded it since 1986, crowning nine All-Americans at the NCAA meet in Iowa City. Tom Brands (134) won his second straight title and was joined on the victory stand by Mark Reiland (167). Tom Brands ended the year with a perfect 45-0 record. Iowa's team total of 157 was just one shy of the NCAA record, set by Iowa in 1986. The Hawkeyes won their 18th straight Big Ten title.

1992

Gable's third perfect season (16-0-0) was accomplished by nine All-Americans, including NCAA champs Terry Brands, Tom Brands, and Troy Steiner. Tom Brands won his third consecutive NCAA title and was named Outstanding Wrestler. The Hawkeyes won their 19th straight Big Ten crown (6 champs) and second straight NCAA title. The Iowa-Iowa State dual meet (a 29-8 Iowa victory) drew an NCAA record 15,291 fans in Iowa City.

1993

Iowa rebounded from a midseason slump to win a third straight NCAA title and 20th consecutive Big Ten title. The Hawkeyes fell from the top of the Amateur Wrestling News poll with a 24-20 loss to Nebraska at the National Duals in Lincoln, NE, in late January, but regrouped to go 8-0 down the stretch. Seven Hawkeyes earned All-America honors, headlined by national champs Lincoln McClravy and Terry Steiner. Steiner was named Outstanding Wrestler at the NCAA Meet, and his brother Troy was selected Big Ten Athlete of the Year. Gable was named Big Ten Coach of the Year for the first time.

1995

The Hawkeyes won their 15th NCAA title and 22nd consecutive Big Ten title while posting an undefeated dual meet record (14-0). Nine Hawkeyes were named to the All-America team for the sixth time in school history. The All-Americans were Ray Brinzer, Mark Ironside, Jeff McGinness, Lincoln McClravy, Mike Mena, Matt Nerem, Joel Sharratt, Daryl Weber and Bill Zadick.

1996

Iowa finished its second consecutive dual meet season undefeated, posting a 17-0 record. The Hawkeyes won their 23rd consecutive Big Ten title and their 16th national title. Gable was named Big Ten Co-Coach of the Year and sophomore Mark Ironside was selected Big Ten Wrestler of the Year. Seniors Daryl Weber and Bill Zadick and sophomore Joe Williams all won their first NCAA titles. Seven Hawkeyes earned All-American honors, including Lee Fullhart, Ironside, Mike Mena, Mike Uker, Weber, Williams and Zadick.

1997

The Hawkeyes scored an NCAA record 170 team points en route to their 17th national title in Dan Gable's final season at Iowa head coach. Iowa crowned five national champions (Jessie Whitmer, Mark Ironside, Lincoln McClravy, Joe Williams and Lee Fullhart), and eight All-Americans. McClravy was named Outstanding Wrestler of the NCAA Championships. The Hawkeyes also won their 24th consecutive Big Ten title, and Ironside was named Big Ten Wrestler of the Year for the second consecutive year.



1998

Led by head coach Jim Zalesky, the Hawkeyes won their 25th consecutive Big Ten title and their 18th national title. Seniors Mark Ironside, Jeff McGinness and Joe Williams all won Big Ten and NCAA individual titles. Ironside was named Big Ten wrestler of the Year, McGinness was selected Outstanding Wrestler of the Big Ten meet and Williams garnered Outstanding Wrestler honors at the NCAA meet. Junior Lee Fullhart, freshman Eric Juergens and sophomore Wes Hand earned All-America honors.

1999

Iowa won their eighth NCAA title in the 1990's and their 19th overall at an exciting national meet in University Park, PA. The Hawkeyes' two-point victory margin was the closest in 20 years. Sophomores Doug Schwab and T.J. Williams each won their first national titles, while sophomore Eric Juergens and seniors Lee Fullhart and Jamie Heidt earned All-America honors. Heidt, Schwab and Williams all won Big Ten titles.

2000

The Hawkeyes won seven consecutive matches, scoring 23 1/2 points, in the consolation round to come from behind and win their sixth consecutive NCAA Championship in St. Louis, MO. Iowa crowned one individual national champion in junior 133-pound-

er Eric Juergens, while juniors Jody Strittmatter, Doug Schwab and T.J. Williams, sophomore Mike Zadick and senior Wes Hand earned All-America honors. The Hawkeyes went 18-0 in duals, and recaptured the conference team title. Big Ten individual champs were Strittmatter, Juergens, Schwab and Williams.

2008

After an eight-year absence, the Hawkeyes regained the top spot on the NCAA Championship podium by winning the school's 21st national title. The team crowned two individual champions - senior Mark Perry (165) and sophomore Brent Metcalf (149) - and had seven All-Americans. Iowa won its 32nd Big Ten title and went 21-1 in dual competition and 8-0 in Big Ten duals. Head Coach Tom Brands was named Coach of the Year by the NWCA, *W.I.N. Magazine* and the Big Ten. Metcalf was named the Dan Hodge Trophy winner, the Jesse Owens Big Ten Male Athlete of the Year, Outstanding Wrestler at the NCAA and Big Ten Championships and Big Ten Wrestler of the Year.

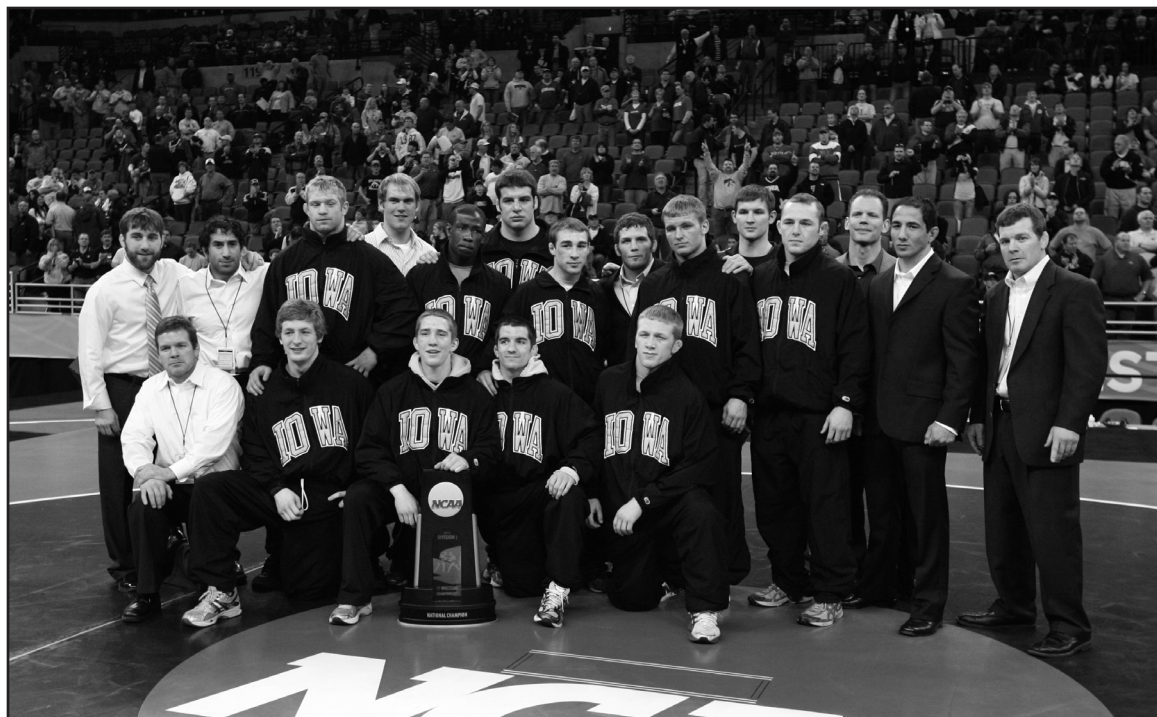
2009

Despite crowning no individual champions, the Hawkeyes collected their second straight team title at the 2009 NCAA Championships in St. Louis, MO. Iowa scored 96.5 points, edging runner-up Ohio State by 4.5 points, to record its 22nd NCAA team title. It's the closest margin of victory since Iowa won the 1999

team title by two points. It also marks only the second time in school history the Hawkeyes have won the NCAA title without an individual champion. Iowa also accomplished that feat in 1978. The Hawkeyes had a total of five All-Americans in juniors Brent Metcalf (149-2nd), Daniel Dennis (133-7th), Ryan Morningstar (165-3rd), Phillip Keddy (184-4th) and Dan Erikson (Hwt.-4th). The Hawkeyes posted a perfect 24-0 dual meet record, going 8-0 in Big Ten duals, and won their 33rd Big Ten team title. Iowa also set the national collegiate dual meet attendance record of 15,955 when it hosted Iowa State at Carver-Hawkeye Arena.

2010

Iowa closed out the 2009-10 season on the winner's stand, bringing the Big Ten and NCAA team trophies back to Iowa City. Iowa won its 23rd NCAA and 34th Big Ten titles while crowning three NCAA champions, eight All-Americans and two Big Ten champions. The team was undefeated at 23-0 in dual competition, marking the 13th perfect season in school history. Iowa was also 11-0 at Carver-Hawkeye Arena and 8-0 in Big Ten duals, winning its third straight conference regular season title. Iowa won the 2009 Midlands and 2010 NWCA/Cliff Keen National Duals Division I team titles, ending the season on a 61 dual-match winning streak and shutting out eight opponents - both of which are school records. Seniors Brent Metcalf and Jay Borschel, and redshirt freshman Matt McDonough won individual NCAA titles, while seniors Daniel Dennis, Dan Erikson, Phillip Keddy and Ryan Morningstar, and sophomore Montell Marion each earned All-America honors. Borschel and Erikson were Iowa's two Big Ten champions. McDonough was named Big Ten Freshman of the Year, and Head Coach Tom Brands was named Big Ten Coach of the Year for the third straight season.



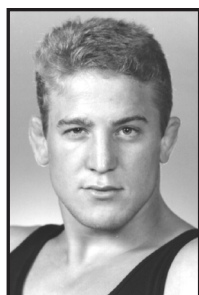
The Hawkeyes won their 23rd national team title at the 2010 NCAA Championships in Omaha. Iowa scored 134.5 points while crowning three individual champions -- seniors Brent Metcalf (149) and Jay Borschel (174), and redshirt freshman Matt McDonough (125).



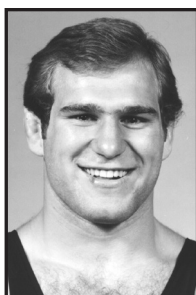
IOWA WRESTLING

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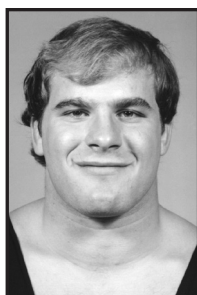
NCAA CHAMPIONS



Royce Alger
1987, 1988



Ed Banach
1980, 1981, 1983



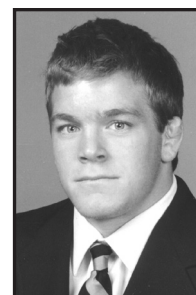
Lou Banach
1981, 1983



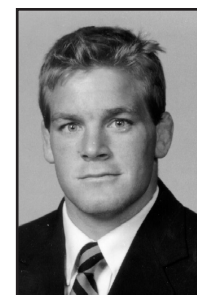
Leslie Beers
1928



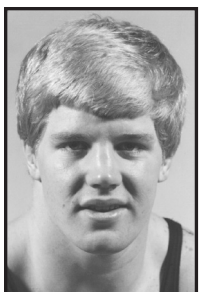
Jay Borschel
2010



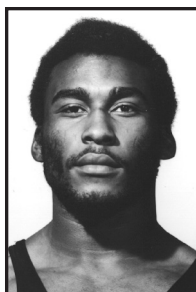
Terry Brands
1990, 1992



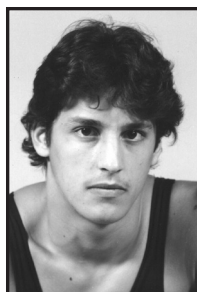
Tom Brands
1990, 1991, 1992



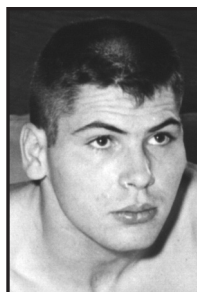
Pete Bush
1982



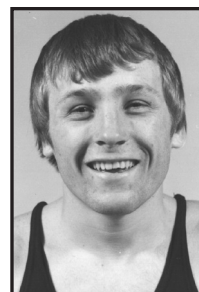
Chris Campbell
1976, 1977



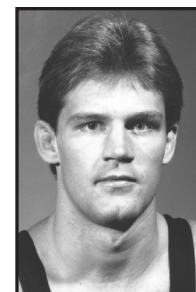
Rico Chiapparelli
1987



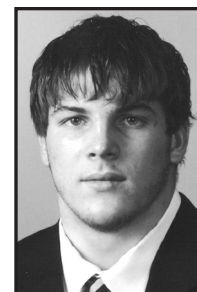
Jim Craig
1959



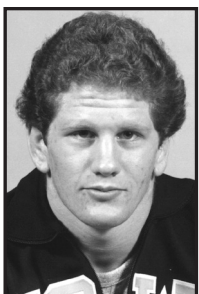
Barry Davis
1982, 1983, 1985



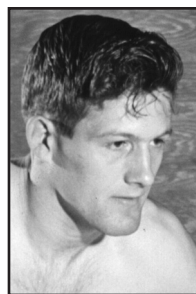
Kevin Dresser
1986



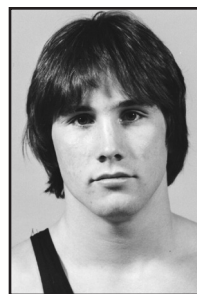
Lee Fullhart
1997



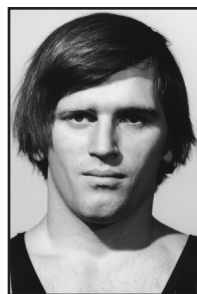
Duane Goldman
1986



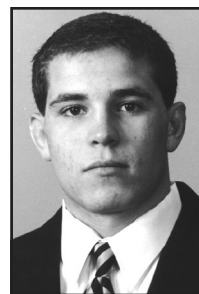
Richard Govig
1954



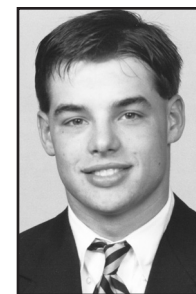
Jim Heffernan
1986



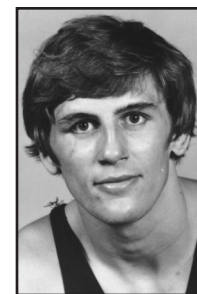
Dan Holm
1975



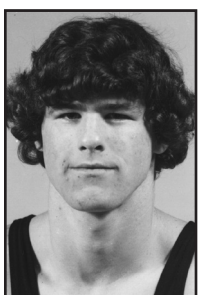
***Mark Ironside**
1997, 1998



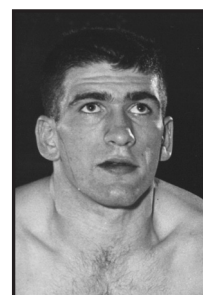
Eric Juergens
2000, 2001



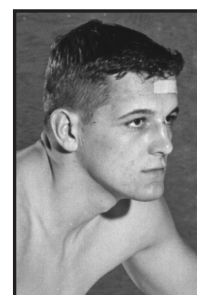
Bruce Kinseth
1979



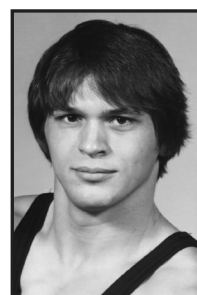
Marty Kistler
1985, 1986



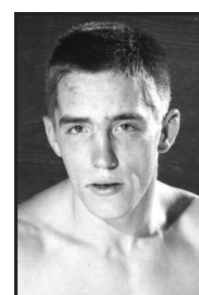
Gary Kurdelmeier
1958



Kenneth Leuer
1956



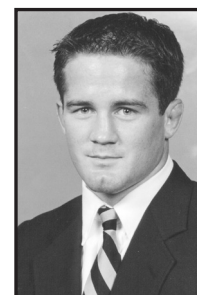
Randy Lewis
1979, 1980



Terry McCann
1955, 1956



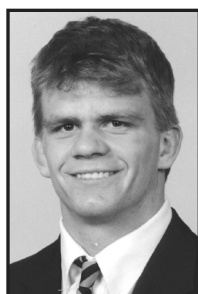
Matt McDonough
2010, 2012



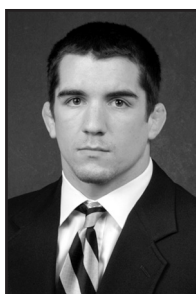
Jeff McGinness
1995, 1998

NCAA CHAMPIONS/HODGE TROPHY WINNERS IOWA WRESTLING

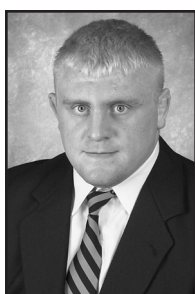
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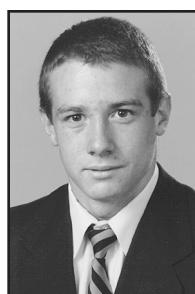
Lincoln McIlravy
1993, 1994, 1997



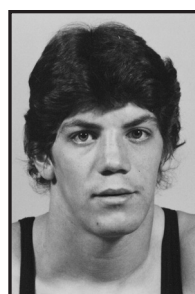
***Brent Metcalf**
2008, 2010



Steve Mocco
2003



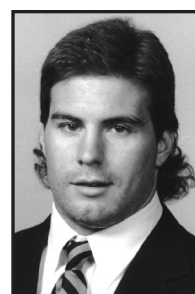
Cliff Moore
2004



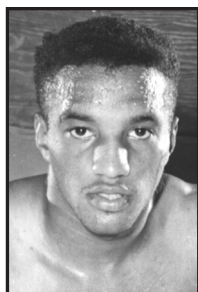
Brad Penrith
1986



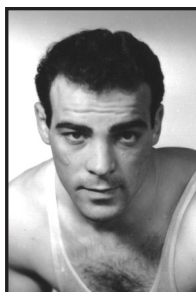
Mark Perry
2007, 2008



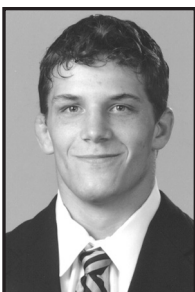
Mark Reiland
1991



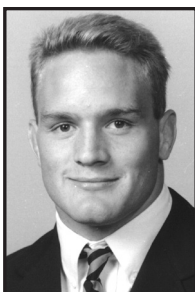
Simon Roberts
1957



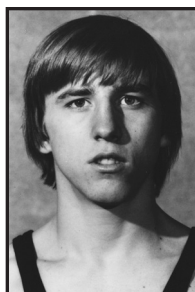
Joe Scarpello
1947, 1950



Doug Schwab
1999



Joel Sharratt
1994



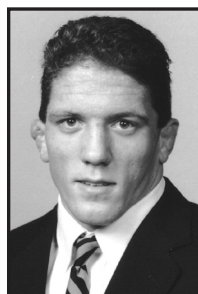
Dan Sherman
1973



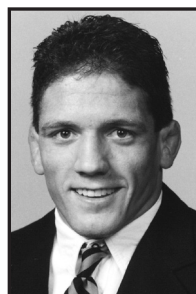
Brad Smith
1976



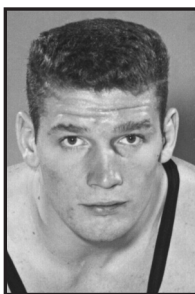
Derek St. John
2013



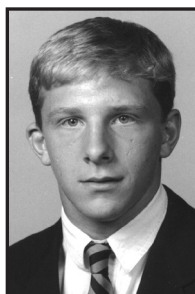
Terry Steiner
1993



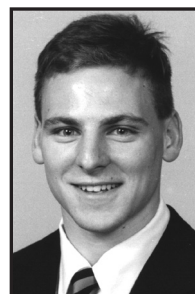
Troy Steiner
1992



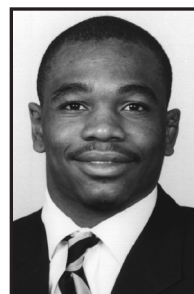
Sherwyn Thorson
1962



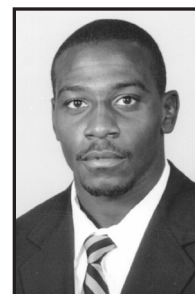
Daryl Weber
1996



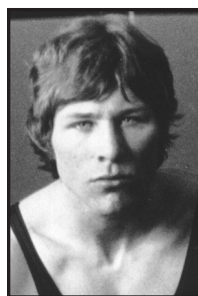
Jessie Whitmer
1997



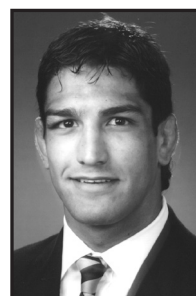
Joe Williams
1996, 1997, 1998



T.J. Williams
1999, 2001



Chuck Yagla
1975, 1976



Bill Zadick
1996



Jim Zalesky
1982, 1983, 1984

*Dan Hodge Trophy

The Dan Hodge Trophy is presented annually to the nation's most dominant college wrestler. It is named for the undefeated, three-time NCAA champion from Oklahoma University in the mid 1950s. Hodge has the highest pinning percentage in collegiate history, and was known for his dominating style of wrestling. The award is co-sponsored by W.I.N. Magazine and the Dan Gable International Wrestling Institute and Museum in Waterloo, IA. The award was first presented in 1995. Former Hawkeye Mark Ironside won the award in 1998 and Hawkeye senior Brent Metcalf won it in 2008.

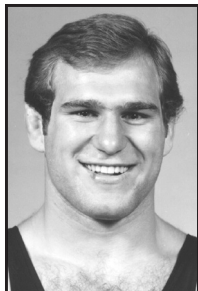


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4-TIME ALL-AMERICANS

Following are brief sketches on wrestlers who earned four All-America honors while competing for the University of Iowa.

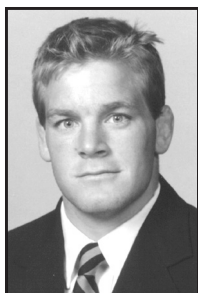


Ed Banach

177-190 pounds

Won gold medal at 1984 Olympics... three-time NCAA Champion... 1983 Big Ten Athlete of the Year... sixth wrestler in Big Ten history to win four conference titles... career record was 141-9-1... set school record for most pins in a career (73)... ranks second in season pins (22), fourth in career wins (141) and eighth in season wins (41 in 1980) and career winning percentage (.937) in school history.

Year	W-L-D	NCAA Finish
1979-80	41-3-0	1st
1980-81	35-1-0	1st
1981-82	31-2-1	2nd
1982-83	34-3-1	1st

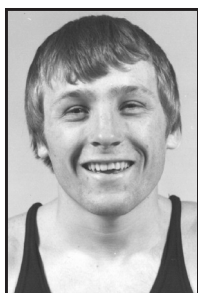


Tom Brands

126-134 pounds

Won gold medal at 1996 Olympics... three-time NCAA and Big Ten Champion... named Outstanding Wrestler at 1992 NCAA Championships... career record was 158-7-2... holds school record for best season winning percentage (1.00 in 1991 and 1992) with 12 other Hawkeyes... also ranks second in season wins (45 in 1991) and career wins (158), third in career winning percentage (.952), seventh in career pins (46) and eighth in season wins (41 in 1992) in school history.

Year	W-L-D	NCAA Finish
1988-89	32-4-2	4th
1989-90	40-2-0	1st
1990-91	45-0-0	1st
1991-92	41-1-0	1st

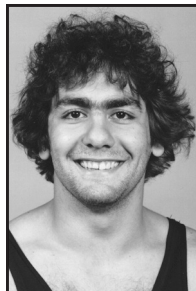


Barry Davis

118-126 pounds

Two-time Olympian, winning silver medal at 1984 Olympics... three-time NCAA Champion... named Big Ten Athlete of the Year and Outstanding Wrestler at NCAA Championships in 1985... seventh wrestler in Big Ten history to win four conference titles... career record was 162-9-2... holds school records for most wins in a season (46 in 1982) and in a career (162)... also ranks fifth in career winning percentage (.945) in school history.

Year	W-L-D	NCAA Finish
1980-81	35-6-0	7th
1981-82	46-1-0	1st
1982-83	38-1-1	1st
1984-85	43-1-1	1st

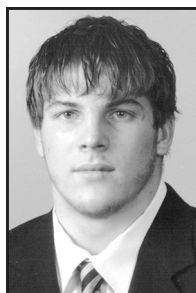


Mike DeAnna

167 pounds

Fifth wrestler in Big Ten history to win four conference titles... career record was 122-18-2... two-time runner-up at NCAA Championships.

Year	W-L-D	NCAA Finish
1976-77	30-5-0	3rd
1977-78	31-5-2	6th
1978-79	24-6-0	2nd
1980-81	37-2-0	2nd

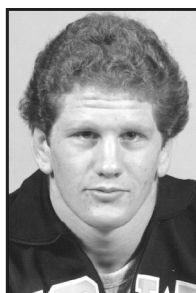


Lee Fullhart

190-197 pounds

NCAA Champion in 1997... career record was 107-18... three-time runner-up at Big Ten Championships.

Year	W-L-D	NCAA Finish
1995-96	16-5-0	4th
1996-97	26-4-0	1st
1997-98	31-4-0	3rd
1998-99	34-5-0	2nd



Duane Goldman

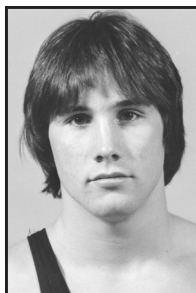
177-190 pounds

1986 NCAA Champion... three-time NCAA runner-up... eighth wrestler in Big Ten history to win four conference titles... career record was 132-10... holds school record for best season winning percentage (1.00 in 1986) with 12 other Hawkeyes... also ranks sixth in career wins (132) and 10th in career winning percentage (.930) in school history.

Year	W-L-D	NCAA Finish
1982-83	34-7-0	2nd
1983-84	31-1-0	2nd
1984-85	31-2-0	2nd
1985-86	36-0-0	1st



Following are brief sketches on wrestlers who earned four All-America honors while competing for the University of Iowa.

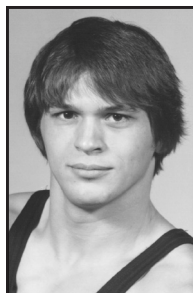


Jim Heffernan

150 pounds

NCAA champion in 1986... ninth wrestler in Big Ten history to win four conference titles... career record was 131-18-2... two-time NCAA runner-up... ranks seventh in career wins (131) in school history.

Year	W-L-D	NCAA Finish
1982-83	23-7-1	4th
1984-85	40-5-0	2nd
1985-86	32-3-1	1st
1986-87	36-3-0	2nd

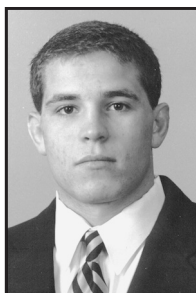


Randy Lewis

126-134 pounds

Two-time Olympian, winning gold medal at 1984 Olympics... two-time NCAA champion, winning three Big Ten titles... career record was 127-11-1... holds school record for best season winning percentage (1.00 in 1979) with 12 other Hawkeyes... also ranks second in career pins (64) and fourth in season pins (19 in 1979 and 1980) in school history.

Year	W-L-D	NCAA Finish
1977-78	30-6-0	2nd
1978-79	36-0-0	1st
1979-80	40-1-0	1st
1980-81	21-4-1	7th

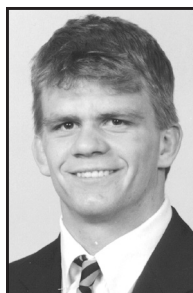


Mark Ironside

134 pounds

Two-time NCAA champion... 1998 Hodge Award winner... 10th wrestler in Big Ten history to win four Big Ten titles... three-time Big Ten Wrestler of the Year... career record was 127-10... holds school record for best season winning percentage (1.00 in 1997 and 1998) with 12 other Hawkeyes... ended collegiate career on a 67-match winning streak that spanned three seasons.

Year	W-L-D	NCAA Finish
1994-95	27-8-0	6th
1995-96	35-2-0	3rd
1996-97	30-0-0	1st
1997-98	35-0-0	1st

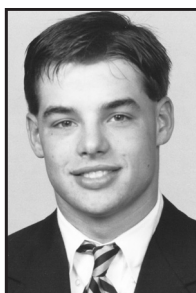


Lincoln McIlravy

142-150 pounds

Won bronze medal at 2000 Olympics... three-time NCAA and Big Ten Champion... named Outstanding Wrestler of 1997 NCAA Championships... named 1993 Big Ten Freshman of the Year... career record was 96-3-0... holds school record for best season winning percentage (1.00 in 1994 and 1997) with 12 other Hawkeyes... also ranks second in career winning percentage (.970).

Year	W-L-D	NCAA Finish
1992-93	22-2-0	1st
1993-94	27-0-0	1st
1994-95	25-1-0	2nd
1996-97	22-0-0	1st

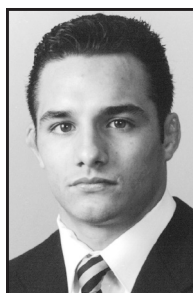


Eric Juergens

118-133 pounds

Two-time NCAA and Big Ten Champion... named 2001 Big Ten Wrestler of the Year... career record was 120-13... holds school record for best season winning percentage (1.00 in 2000) with 12 other Hawkeyes... ended his career on a 28-match winning streak, winning 65 of his last 66 outings.

Year	W-L-D	NCAA Finish
1997-98	23-5-0	3rd
1998-99	36-7-0	3rd
1999-2000	31-0-0	1st
2000-01	30-1-0	1st



Mike Mena

118-126 pounds

Won one Big Ten title... career record was 108-24... runner up at 1997 NCAA Championships.

Year	W-L-D	NCAA Finish
1993-94	27-10-0	7th
1994-95	31-3-0	3rd
1995-96	26-5-0	5th
1996-97	24-6-0	2nd

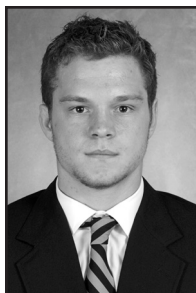


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4-TIME ALL-AMERICANS

Following are brief sketches on wrestlers who earned four All-America honors while competing for the University of Iowa.

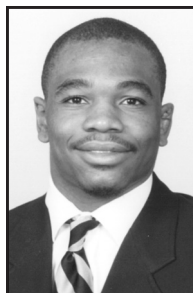


Mark Perry

165-174 pounds

Two-time NCAA Champion... won 2007 Big Ten title... four-time Big Ten finalist... career record was 96-16... Goriaran Trophy winner at 2006 NCAA Championships, pinning four opponents in a combined total of 15:33... 2005 NWCA Rookie of the Year.

Year	W-L-D	NCAA Finish
2004-05	27-5-0	2nd
2005-06	21-4-0	3rd
2006-07	28-4-0	1st
2007-08	20-3-0	1st

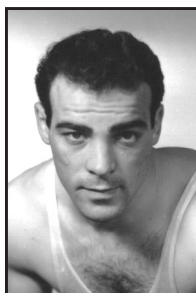


Joe Williams

158-167 pounds

Three-time NCAA Champion... won two Big Ten titles... named Outstanding Wrestler of 1998 NCAA Championships... career record was 129-9... holds school record for best season winning percentage (1.00 in 1998) with 12 other Hawkeyes... also ranks ninth in career winning percentage (.935) in school history... ended collegiate career on 39-match winning streak.

Year	W-L-D	NCAA Finish
1993-94	30-7-0	7th
1995-96	36-1-0	1st
1996-97	29-1-0	1st
1997-98	34-0-0	1st



Joe Scarpello

175 pounds

Iowa's first two-time NCAA champion... third wrestler in Big Ten history to win four conference titles... placed second as a sophomore and third as a junior... national AAU champ in 1942... career record was 51-5.

Year	W-L-D	NCAA Finish
1946-47	12-0-0	1st
1947-48	18-4-0	3rd
1948-49	10-1-0	2nd
1949-50	11-0-0	1st

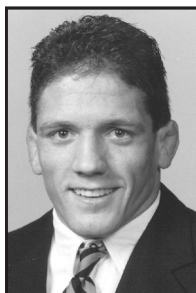


Jim Zalesky

158 pounds

Three-time NCAA and Big Ten Champion... 132-7-1 career record... named Outstanding Wrestler at the 1984 Championships... won his last 89 collegiate matches... holds school record for best season winning percentage (1.00 in 1983 and 1984) with 12 other Hawkeyes... ranks seventh in career wins (131) and winning percentage (.939).

Year	W-L-D	NCAA Finish
1980-81	23-5-0	5th
1981-82	30-2-1	1st
1982-83	40-0-0	1st
1983-84	39-0-0	1st



Troy Steiner

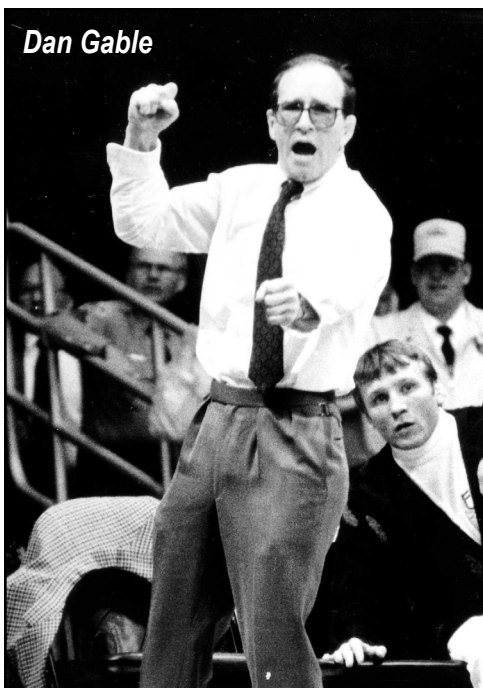
134-142 pounds

Won one NCAA title and three Big Ten championships... career record was 148-13... bronze medalist at 1991 U.S. Olympic Festival at 149.5 pounds... holds school record for best season winning percentage (1.00 in 1992) with 12 other Hawkeyes... also ranks third in career wins (148) and sixth in season wins (42 in 1992).

Year	W-L-D	NCAA Finish
1989-90	32-8-0	5th
1990-91	40-4-1	2nd
1991-92	42-0-0	1st
1992-93	34-1-0	3rd



Dan Gable

**Iowa's Most...**

Wins in a season:	25	1991
Losses in a season:	8	1967
All-Americans in a season:	9	1981, 1983, 1985, 1991, 1992, 1995
Big Ten Champions in a season:	9	1983
NCAA Champions in a season:	5	1986, 1997

Most Consecutive...

Wins:	69	January 12, 2008 - January 16, 2011
Home Wins:	55	January 9, 1997 - December 18, 1983
Away Wins:	44	November 24, 2007 - January 16, 2011
Losses:	8	1932-33
Big Ten Wins:	98	December 13, 1975-January 28, 1989
Big Ten Home Wins:	63	January 17, 1975-January 3, 1998
Big Ten Away Wins:	54	January 19, 1974-January 28, 1989

Most Team Points Scored...

In a Season (Dual Matches):	1,028	1991
In a Dual Match:	60	vs. Simpson, 1987
By an Opponent in a Dual Match:	39	by Oklahoma, 1966
At the Big Ten Championships:	200	1983
At the NCAA Championships:	170	1997

40 Seasons On Top

The following statistics reflect the University of Iowa's wrestling success over the past 39 seasons (1974-2013).

NCAA Team Titles

1. Iowa	23
2. Oklahoma State	7
3. Minnesota	3
Penn State	3
5. Iowa State	2
6. Arizona State	1
Oklahoma	1

All-Americans

1. Iowa	250
2. Oklahoma State	201
3. Penn State	182
4. Iowa State	172
5. Oklahoma	134
6. Minnesota	133

NCAA Points

1. Iowa	4,309
2. Oklahoma State	3,501.50
3. Iowa State	2,779
4. Penn State	2,554.25
5. Oklahoma	2,193.75
6. Minnesota	2,065.25

National Champions

1. Iowa	68
2. Oklahoma State	46
3. Iowa State	33
4. Penn State	27
5. Oklahoma	22
6. Wisconsin	18

NCAA Finalists

1. Iowa	122
2. Oklahoma State	76
3. Iowa State	67
4. Oklahoma	45
Penn State	45
6. Minnesota	34

Top 10 NCAA Point Totals

1. Iowa	170.00	1997
2. Iowa	158.00	1986
3. Iowa	157.00	1991
4. Iowa	155.00	1983
5. Oklahoma State	153.00	2005
6. Iowa	149.00	1992
7. Iowa	145.25	1985
8. Oklahoma State	143.00	2003
Penn State	143.00	2012
10. Minnesota	138.50	2001

Top 10 NCAA Victory Margins

1. Iowa	73.25	1986
2. Oklahoma State	70.00	2005
3. Iowa	56.50	1997
Iowa	56.50	1995
5. Iowa	53.00	1983
6. Iowa	48.50	1992
7. Iowa	48.25	1991
8. Iowa	46.75	1985
9. Iowa	44.50	2010
10. Iowa	44.00	1996

NCAA Championship Records Held Or Shared By Iowa

	Record	Year
Most team points	170.00	1997
Margin of victory	73.25	1986
Consecutive titles	9	1978-86
Most finalists	6	1986, 1991, 1997
Most champions	5	1986, 1997

NCAA Regular Season Records Held Or Shared By Iowa

	Record	Year
Average margin of victory	36.90	1992
Average points per dual meet	41.30	1992

Big Ten Championship Records Held Or Shared By Iowa

	Record	Year
Most champions	187	since 1926
Most champions in one tournament	9	1983
Most consecutive titles	25	1974-98
Most falls in tournament	12	1979
Margin of victory	118.50	1983
Most four-time champions	7 (10 total)	
Most three-time champions	18	



IOWA WRESTLING

2013-14 MEDIA GUIDE

ALL-AMERICANS

1927-28 (1)

Leslie Beers (1st, 158)

1928-29 (1)

Albert Montgomery (3rd, 145)

1934-35 (1)

Earle Kielhorn (2nd, 165)

1935-36 (2)

Byron Guernsey (3rd, 145)
Earle Kielhorn (3rd, 158)

1940-41 (2)

William Sherman (3rd, 121)
Loy Julius (4th, 128)

1946-47 (1)

Joe Scarpello (1st, 175)

1947-48 (3)

Bob Geigel (3rd, 191)
Rometo Macias (2nd, 125.5)
Joe Scarpello (3rd, 175)

1948-49 (1)

Joe Scarpello (2nd, 175)

1949-50 (1)

Joe Scarpello (1st, 175)

1951-52 (1)

George Myers (2nd, 191)

1953-54 (3)

Richard Govig (1st, 123)
Terry McCann (3rd, 115)
Streeter Shining (4th, 191)

1954-55 (2)

Kenneth Leuer (2nd, 191)
Terry McCann (1st, 115)

1955-56 (4)

Harlan Jenkinson (3rd, 167)
Gary Kurdelmeier (3rd, 177)
Kenneth Leuer (1st, 191)
Terry McCann (1st, 115)

1956-57 (2)

Ralph Rieks (3rd, 137)
Simon Roberts (1st, 147)

1957-58 (2)

Jim Craig (3rd, 191)
Gary Kurdelmeier (1st, 177)

1958-59 (3)

Jim Craig (1st, 177)
Vince Garcia (3rd, 123)
Gordon Trapp (3rd, 191)

1959-60 (3)

John Kelly (3rd, 130)
Sherwyn Thorson (2nd, Hwt)
Gordon Trapp (4th, 191)

1961-62 (3)

Tom Huff (3rd, 130)
Fran McCann (4th, 115)
Sherwyn Thorson (1st, Hwt)

1962-63 (2)

Steve Combs (2nd, 167)
Tom Huff (2nd, 137)

1963-64 (2)

Morris Barnhill (6th, 115)
Bill Fuller (3rd, 123)

1968-69 (2)

Richard Mihal (2nd, 160)
Verlyn Strellner (3rd, 177)

1969-70 (4)

Joe Carstensen (2nd, 134)
Mike Edwards (6th, Hwt)
Phil Henning (2nd, 167)
Paul Zander (5th, 190)

1971-72 (3)

Jan Sanderson (6th, 158)
Dan Sherman (6th, 118)
Paul Zander (4th, 190)

1972-73 (2)

Dan Holm (3rd, 150)
Dan Sherman (1st, 118)

1973-74 (3)

Dan Holm (3rd, 158)
Jan Sanderson (3rd, 167)
Chuck Yagla (4th, 150)

1974-75 (5)

John Bowsby (3rd, Hwt)
Chris Campbell (2nd, 177)
Dan Holm (1st, 158)
Greg Stevens (2nd, 190)
Chuck Yagla (1st, 150)

1975-76 (7)

Doug Benschoter (5th, Hwt)
Chris Campbell (1st, 177)
Tim Cysewski (3rd, 134)
Bud Palmer (3rd, 190)
Brad Smith (1st, 142)
Dan Wagemann (2nd, 167)
*Chuck Yagla (1st, 150)

1976-77 (5)

John Bowsby (5th, Hwt)
Chris Campbell (1st, 177)
Mike DeAnna (3rd, 167)
Mike McGivern (4th, 158)
Keith Moulam (2nd, 126)

1977-78 (6)

John Bowsby (5th, Hwt)
Mike DeAnna (6th, 167)
Dan Glenn (3rd, 118)
Bruce Kinseth (2nd, 150)
Randy Lewis (2nd, 126)
Scott Trizzino (3rd, 142)

1978-79 (6)

Mike DeAnna (2nd, 167)
Dan Glenn (3rd, 118)
*Bruce Kinseth (1st, 150)
Randy Lewis (1st, 126)
Bud Palmer (2nd, 177)
Scott Trizzino (2nd, 142)

1979-80 (8)

Doug Anderson (8th, 167)
Ed Banach (1st, 177)
Dan Glenn (2nd, 118)
Randy Lewis (1st, 134)
King Mueller (3rd, 150)
Dean Phinney (3rd, Hwt)
Mark Stevenson (7th, 158)
Lennie Zalesky (4th, 142)

1980-81 (9)

Ed Banach (1st, 177)
Lou Banach (1st, Hwt)
Barry Davis (7th, 118)
Mike DeAnna (2nd, 167)
Randy Lewis (7th, 134)
Tim Riley (7th, 126)
Scott Trizzino (2nd, 150)
Jim Zalesky (5th, 158)
Lennie Zalesky (2nd, 142)

1981-82 (8)

Ed Banach (2nd, 177)
Lou Banach (3rd, Hwt)
Pete Bush (1st, 190)
Barry Davis (1st, 118)
Dave Fitzgerald (7th, 167)
Jeff Kerber (6th, 134)
Jim Zalesky (1st, 158)
Lennie Zalesky (2nd, 142)

1982-83 (9)

Ed Banach (1st, 190)
Lou Banach (1st, Hwt)
Barry Davis (1st, 126)
Duane Goldman (2nd, 177)
Jim Heffernan (4th, 150)
Jeff Kerber (5th, 134)
Harlan Kistler (3rd, 142)
Tim Riley (5th, 118)
Jim Zalesky (1st, 158)

1983-84 (8)

Duane Goldman (2nd, 177)
Jeff Kerber (6th, 142)
Lindley Kistler (2nd, 167)
Marty Kistler (2nd, 150)
Greg Randall (2nd, 134)
Tim Riley (5th, 118)
Mark Trizzino (4th, 126)
*Jim Zalesky (1st, 158)

1984-85 (9)

*Barry Davis (1st, 126)
Rico Chiapparelli (5th, 177)
Kevin Dresser (4th, 142)
Matt Egeland (2nd, 118)
Duane Goldman (2nd, 190)
Jim Heffernan (2nd, 150)
Lindley Kistler (5th, 167)
Marty Kistler (1st, 158)
Greg Randall (5th, 134)

1985-86 (8)

Royce Alger (5th, 158)
Rico Chiapparelli (4th, 177)
Kevin Dresser (1st, 142)
Duane Goldman (1st, 190)
Jim Heffernan (1st, 150)
*Marty Kistler (1st, 167)
Brad Penrith (1st, 126)
Greg Randall (2nd, 134)

1986-87 (6)

Royce Alger (1st, 167)
Rico Chiapparelli (1st, 177)
Jim Heffernan (2nd, 150)
John Heffernan (6th, 158)
Brad Penrith (2nd, 126)
Mark Sindlinger (4th, Hwt)

1987-88 (5)

Royce Alger (1st, 177)
John Heffernan (4th, 158)
Joe Melchiorre (2nd, 134)
Brad Penrith (2nd, 126)
Mark Sindlinger (6th, Hwt)

1988-89 (4)

Tom Brands (4th, 126)
Steve Martin (7th, 118)
Joe Melchiorre (3rd, 134)
Mark Reiland (4th, 158)

1989-90 (6)

Terry Brands (1st, 126)
Tom Brands (1st, 134)
Bart Chelesvig (3rd, 167)
Brooks Simpson (2nd, 190)
Troy Steiner (5th, 142)
Doug Streicher (6th, 150)

1990-91 (9)

Terry Brands (2nd, 126)
Tom Brands (1st, 134)
Bart Chelesvig (3rd, 177)
Travis Fiser (6th, 190)
Mark Reiland (1st, 167)
Tom Ryan (2nd, 158)
Terry Steiner (3rd, 150)
Troy Steiner (2nd, 142)
Chad Zaputil (2nd, 118)

1991-92 (9)

Terry Brands (1st, 126)
Tom Brands (1st, 134)*
Bart Chelesvig (3rd, 177)
Travis Fiser (5th, 190)
John Oostendorp (5th, Hwt)
Tom Ryan (3rd, 158)
Terry Steiner (5th, 150)
Troy Steiner (1st, 142)
Chad Zaputil (2nd, 118)


1992-93 (7)

Ray Brinzer (3rd, 177)
Lincoln McClravy (1st, 142)
John Oostendorp (3rd, Hwt)
Joel Sharratt (2nd, 190)
Terry Steiner (1st, 150)*
Troy Steiner (3rd, 134)
Chad Zaputil (2nd, 118)

1993-94 (6)

Lincoln McClravy (1st, 150)
Jeff McGinness (5th, 126)
Mike Mena (7th, 118)
Joel Sharratt (1st, 190)
Daryl Weber (6th, 142)
Joe Williams (7th, 158)

1994-95 (9)

Ray Brinzer (3rd, 177)
Mark Ironside (6th, 134)
Jeff McGinness (1st, 126)
Lincoln McClravy (2nd, 150)
Mike Mena (3rd, 118)
Matt Nerem (6th, 167)
Joel Sharratt (2nd, 190)
Daryl Weber (6th, 158)
Bill Zadick (5th, 142)

1995-96 (7)

Lee Fullhart (4th, 190)
Mike Mena (5th, 118)
Mark Ironside (3rd, 134)
Mike Uker (8th, 150)
Joe Williams (1st, 158)
Daryl Weber (1st, 167)
Bill Zadick (1st, 142)

1996-97 (8)

Lee Fullhart (1st, 190)
Kasey Gilliss (6th, 142)
Mark Ironside (1st, 134)
Lincoln McClravy (1st, 150)*
Mike Mena (2nd, 126)
Mike Uker (5th, 167)
Jessie Whitmer (1st, 118)
Joe Williams (1st, 158)

1997-98 (6)

Lee Fullhart (3rd, 190)
Wes Hand (8th, Hwt)
Mark Ironside (1st, 134)
Eric Juergens (3rd, 118)
Jeff McGinness (1st, 142)
Joe Williams (1st, 167)*

1998-99 (5)

Lee Fullhart (2nd, 197)
Jamie Heidt (8th, 157)
Eric Juergens (3rd, 133)
Doug Schwab (1st, 141)
T.J. Williams (1st, 149)

1999-2000 (6)

Wes Hand (2nd, Hwt.)
Eric Juergens (1st, 133)
Doug Schwab (3rd, 141)
Jody Strittmatter (3rd, 125)
T.J. Williams (3rd, 157)
Mike Zadick (7th, 149)

2000-01 (7)

Eric Juergens (1st, 133)
Gabe McMahan (6th, 174)
Doug Schwab (2nd, 141)
Ben Shirk (8th, 165)
Jody Strittmatter (2nd, 125)
T.J. Williams (1st, 157)
Mike Zadick (3rd, 149)

2001-02 (5)

Luke Eustice (2nd, 125)
Steve Mocco (2nd, Hwt.)
Cliff Moore (6th, 133)
Jessman Smith (3rd, 184)
Mike Zadick (7th, 149)

2002-03 (3)

Steve Mocco (1st, Hwt.)
Cliff Moore (6th, 133)
Jessman Smith (4th, 184)

2003-04 (4)

Paul Bradley (4th, 184)
Ryan Fulsaa (2nd, 197)
Cliff Moore (1st, 141)
Tyler Nixt (3rd, 174)

2004-05 (4)

Ty Eustice (5th, 149)
Joe Johnston (2nd, 157)
Mark Perry (2nd, 165)
Paul Bradley (5th, 184)

2005-06 (5)

Alex Tsirtsis (7th, 141)
Ty Eustice (2nd, 149)
Joe Johnston (6th, 157)
Eric Luedke (8th, 165)
Mark Perry (3rd, 174)

2006-07 (3)

Charlie Falck (8th, 125)
Mark Perry (1st, 165)
Eric Luedke (3rd, 174)

2007-08 (7)

Jay Borschel (174, 3rd)
Charlie Falck (125, 6th)
Matt Fields (Hwt., 5th)
Phillip Keddy (184, 6th)
Brent Metcalf (1st, 149)*
Mark Perry (1st, 165)
Joe Slaton (133, 2nd)

2008-09 (5)

Daniel Dennis (133, 7th)
Dan Erikson (Hwt., 4th)
Phillip Keddy (184, 4th)
Brent Metcalf (149, 2nd)
Ryan Morningstar (165, 3rd)

2009-10 (8)

Jay Borschel (174, 1st)
Daniel Dennis (133, 2nd)
Dan Erikson (Hwt., 7th)
Phillip Keddy (184, 8th)
Montell Marion (141, 2nd)
Matt McDonough (125, 1st)
Brent Metcalf (149, 1st)
Ryan Morningstar (165, 7th)

2010-11 (5)

Grant Gambrall (184, 3rd)
Luke Lofthouse (197, 5th)
Montell Marion (141, 4th)
Matt McDonough (125, 2nd)
Derek St. John (157, 4th)

2011-12 (6)

Ethen Lofthouse (174, 7th)
Montell Marion (141, 2nd)
Matt McDonough (125, 1st)
Tony Ramos (133, 3rd)
Derek St. John (157, 2nd)
Bobby Telford (Hwt., 5th)

2012-13 (4)

Mike Evans (174, 6th)
Ethen Lofthouse (184, 7th)
Tony Ramos (133, 2nd)
Derek St. John (157, 1st)

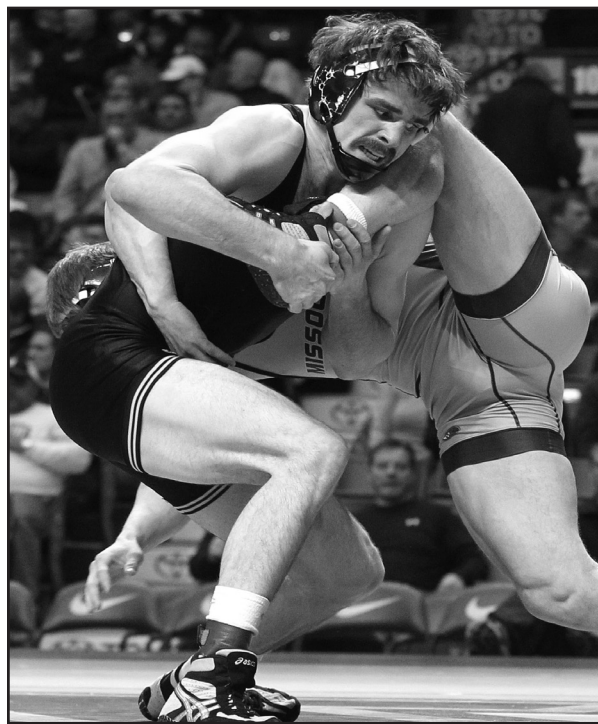
**NCAA Championships
Outstanding Wrestlers**

Tom Brands	1992
Barry Davis	1985
Bruce Kinseth	1979
Marty Kistler	1986
Brent Metcalf	2008
Lincoln McClravy	1997
Terry Steiner	1993
Joe Williams	1998
Chuck Yagla	1976
Jim Zalesky	1984

Gorriaran Trophy Winners

Named for Manuel "Manny" Gorriaran, this trophy is annually awarded to the wrestler who records the most pins in the least total time. Following are the Iowa wrestlers who have won the award.

Sherwyn Thorson	1962.....	3 pins in 10:46
Bruce Kinseth	1979.....	5 pins in 22:43
Lou Banach	1983.....	3 pins in 10:35
Doug Streicher.....	1990.....	3 pins in 5:42
Mark Perry	2006.....	4 pins in 15:33



Mike Evans (6th/174 pounds) was one of four Hawk-eyes to earn All-America honors at the 2013 NCAA Championships.

* -- OW at NCAA Meet



IOWA WRESTLING

2013-14 MEDIA GUIDE

BIG TEN CHAMPIONS

1914 (1)

Oscar Hobbet, 145

1924 (1)

Ted Pfeffer, 115

1926 (2)

Leslie Beers, 145

Royal Wier, 115

1928 (1)

Leslie Beers, 158

1929 (1)

Al Montgomery, 145

1935 (3)

Verne Derrer, 155

Earle Kielhorn, 165

Robert Larson, 135

1936 (4)

Byron Guernsey, 155

Earle Kielhorn, 175

Robert Larson, 135

1939 (1)

Wilbur Nead, Hwt

1941 (1)

Loy Julius, 128

1944 (1)

Rometo Macias, 128

1945 (1)

Rometo Macias, 128

1947 (2)

Edward Kemp, 145

Joe Scarpello, 175

1948 (1)

Joe Scarpello, 175

1949 (1)

Joe Scarpello, 175

1950 (1)

Joe Scarpello, 175

1952 (1)

George Meyers, 191

1954 (1)

John Winder, 167

1955 (2)

Terry McCann, 123

John Winder, 177

1956 (3)

Harlan Jenkinson, 167

Ken Leuer, 191

Terry McCann, 115

1957 (2)

Gary Kurdelmeier, 177

Ralph Rieks, 137

1958 (2)

Eugene Luttrell, 137

Simon Roberts, 147

1959 (2)

Vincent Garcia, 123

Eugene Luttrell, 137

1960 (1)

Gordon Trapp, 177

1962 (2)

Tom Huff, 130

Norman Parker, 123

1963 (2)

Steve Combs, 167

Tom Huff, 137

1964 (2)

Norman Parker, 130

Melvin Wieland, 167

1968 (2)

Richard Mihal, 160

Russell Sill, 167

1970 (2)

Phil Henning, 167

Don Yahn, 150

1971 (1)

Steve DeVries, 177

1972 (2)

John Evashevski, 177

Paul Zander, 190

1973 (3)

Fred Penrod, 190

Jan Sanderson, 158

Dan Sherman, 118

1974 (3)

Chris Campbell, 177

Jan Sanderson, 167

Chris Sones, 118

1975 (1)

Chuck Yagla, 150

1976 (3)

Chris Campbell, 177

Bud Palmer, 190

Chuck Yagla, 150

1977 (5)

John Bowlsby, Hwt

Chris Campbell, 177

Mike DeAnna, 167

Steve Hunte, 134

Keith Moulam, 126

1978 (6)

John Bowlsby, Hwt

Mike DeAnna, 167

Dan Glenn, 118

Steve Hunte, 134

Randy Lewis, 126

Greg Stevens, 177

1979 (6)

Mike DeAnna, 167

Dan Glenn, 118

Bruce Kinseth, 150

Randy Lewis, 126

Bud Palmer, 177

Scott Trizzino, 142

1980 (4)

Ed Banach, 177

Dan Glenn, 118

Randy Lewis, 134

Lennie Zalesky, 142

1981 (7)

Ed Banach, 177

Lou Banach, Hwt

Pete Bush, 190

Barry Davis, 118

Mike DeAnna, 167

Scott Trizzino, 150

Lennie Zalesky, 142

1982 (7)

Ed Banach, 177

Pete Bush, 190

Barry Davis, 118

Jeff Kerber, 134

Mark Trizzino, 126

Jim Zalesky, 158

Lennie Zalesky, 142

1983 (9)

Ed Banach, 190

Lou Banach, Hwt

Barry Davis, 126

Duane Goldman, 177

Jim Heffernan, 150

Jeff Kerber, 134

Harlan Kistler, 142

Tim Riley, 118

Jim Zalesky, 158

1984 (7)

Pete Bush, 190

Duane Goldman, 177

Jeff Kerber, 142

Lindley Kistler, 167

Marty Kistler, 150

Greg Randall, 134

Jim Zalesky, 158

1985 (8)

Rico Chiapparelli, 177

Barry Davis, 126

Kevin Dresser, 142

Matt Egeland, 118

Duane Goldman, 190

Jim Heffernan, 150

Lindley Kistler, 167

Marty Kistler, 158

1986 (7)

Royce Alger, 158

Rico Chiapparelli, 177

Kevin Dresser, 142

Duane Goldman, 190

Jim Heffernan, 150

Marty Kistler, 167

*Brad Penrith, 126

1987 (6)

*Royce Alger, 167

Rico Chiapparelli, 177

Jim Heffernan, 150

Brad Penrith, 126

John Regan, 118

Mark Sindlinger, Hwt

1988 (4)

*Royce Alger, 177

John Heffernan, 158

Brad Penrith, 126

Mark Sindlinger, Hwt

1989 (1)

*Tom Brands, 126

1990 (2)

Terry Brands, 126

Brooks Simpson, 190

1991 (5)

Terry Brands, 126

Tom Brands, 134

Tom Ryan, 158

Troy Steiner, 142

Chad Zaputil, 118

1992 (6)

*Terry Brands, 126

Tom Brands, 134

John Oostendorp, Hwt

Tom Ryan, 158

Troy Steiner, 142

Chad Zaputil, 118

1993 (2)

Troy Steiner, 134

Chad Zaputil, 118

1994 (2)

Ray Brinzer, 167

Lincoln McIlravy, 150

1995 (6)

Ray Brinzer, 177

Mark Ironside, 134

Jeff McGinness, 126

Lincoln McIlravy, 150

Mike Mena, 118

Joel Sharratt, 190

1996 (4)

Mark Ironside, 134

Daryl Weber, 167

Joe Williams, 158

Bill Zadick, 142

1997 (2)

*Mark Ironside, 134

Lincoln McIlravy, 150

**1998 (3)**

Mark Ironside, 134
*Jeff McGinness, 142
Joe Williams, 167

1999 (3)

*Jamie Heidt, 157
Doug Schwab, 141
T.J. Williams, 149

2000 (4)

Eric Juergens, 133
Doug Schwab, 141
*Jody Strittmatter, 125
T.J. Williams, 157

2001 (4)

Eric Juergens, 133
Doug Schwab, 141
Jody Strittmatter, 125
T.J. Williams, 157

2002 (2)

*Luke Moffitt, 141
Mike Zadick, 149

2003 (3)

Steve Mocco, Hwt.
Cliff Moore, 133
Jessman Smith, 184

2004 (1)

Cliff Moore, 141

2007 (1)

Mark Perry, 165

2008 (1)

Brent Metcalf, 149*

2009 (2)

Brent Metcalf, 149*
Dan Erikson, Hwt.

2010 (2)

Jay Borschel, 174
Dan Erikson, Hwt.

2011 (2)

Matt McDonough, 125
Blake Rasing, Hwt.

2012 (2)

Matt McDonough, 125
Derek St. John, 157

* -- Outstanding Wrestler at Big Ten Meet. Since 1984, winning a Big Ten title constitutes all-Big Ten status.



Derek St. John, the 2012 Big Ten champion, placed third at the 2013 conference tournament before eventually claiming the NCAA title.

Big Ten Awards & Honors

Outstanding Wrestler of Big Ten Championships

Royce Alger	1987, 1988
Terry Brands	1992
Tom Brands	1989
Jamie Heidt	1999
Mark Ironside	1997
Brent Metcalf	2008, 2009
Jeff McGinness	1998
Luke Moffitt	2002
Jody Strittmatter	2000

Big Ten Wrestler of the Year

Royce Alger	1987, 1988
Terry Brands	1992
Tom Brands	1989
Mark Ironside	1996, 1997, 1998
Eric Juergens	2001
Brent Metcalf	2008
Steve Mocco	2003
Brad Penrith	1986
Troy Steiner	1993

Big Ten Coach of the Year

Dan Gable	1993, 1995, 1996 (co-coach)
Jim Zalesky	2000, 2004
Tom Brands	2008, 2009, 2010

Big Ten Freshman of the Year

Tom Brands	1989
Matt McDonough	2010
Lincoln McClravy	1993
Jeff McGinness	1994
Steve Mocco	2002

Iowa's Big Ten Medal of Honor Award

Ed Banach	1983
Dan Glenn	1980
Jeff McGinness	1998
Brent Metcalf	2009
Gary Meyer	1958
Wilbur Nead	1939
Dan Sherman	1973
Ralph Thomas	1951
Carl Voltmer	1927

Jesse Owens Big Ten Athlete of the Year

Ed Banach	1983
Barry Davis	1985
Brent Metcalf	2008



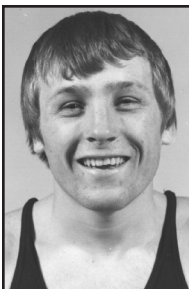
IOWA WRESTLING

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INDIVIDUAL SCHOOL RECORDS

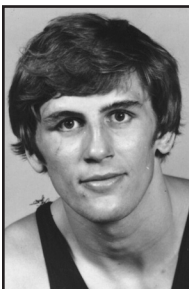
Season Wins

Wrestler (Year)	Wins
1. Barry Davis (1981-82)	46
2. Tom Brands (1990-91)	45
3. Mark Reiland (1990-91)	44
4. Barry Davis (1984-85)	43
5. Terry Brands (1990-91)	43
6. Royce Alger (1987-88)	42
7. Troy Steiner (1991-92)	42
8. Chuck Yagla (1975-76)	41
Ed Banach (1979-80)	41
Tom Ryan (1990-91)	41
Tom Brands (1991-92)	41



Season Pins

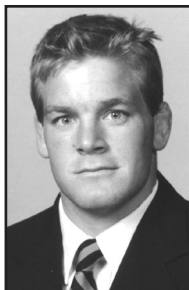
Wrestler (Year)	Pins
1. Bruce Kinseth (1978-79)	23
2. John Bowlsby (1976-77)	22
Ed Banach (1982-83)	22
4. Brent Metcalf (2008-09)	20
5. Randy Lewis (1978-79)	19
Randy Lewis (1979-80)	19
Ed Banach (1981-82)	19
Royce Alger (1987-88)	19
Luke Moffitt (2001-02)	19
10. Rico Chiapparelli (1982-83)	18
Mark Reiland (1988-89)	18
Terry Brands (1990-91)	18
Mark Reiland (1990-91)	18



Season Record

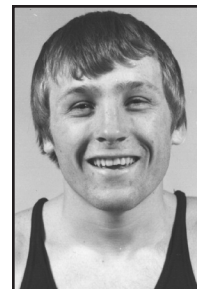
Based upon winning percent (minimum 20 matches)

Wrestler (Year)	W-L/Pct.
1. Tom Brands (1990-91)	45-0/1.00
Troy Steiner (1991-92)	42-0/1.00
Jim Zalesky (1982-83)	40-0/1.00
T.J. Williams (1998-99)	40-0/1.00
Jim Zalesky (1983-84)	38-0/1.00
Jay Borschel (2009-10)	37-0/1.00
Randy Lewis (1978-79)	36-0/1.00
Duane Goldman (1985-86)	36-0/1.00
Royce Alger (1986-87)	35-0/1.00
Terry Brands (1991-92)	35-0/1.00
Mark Ironside (1997-98)	35-0/1.00
Joe Williams (1997-98)	34-0/1.00
Steve Mocco (2002-03)	34-0/1.00
Eric Juergens (1999-2000)	31-0/1.00
Jeff McGinness (1994-95)	30-0/1.00
Mark Ironside (1996-97)	30-0/1.00
T.J. Williams (2000-01)	29-0/1.00
Lincoln McClravy (1993-94)	27-0/1.00
Lincoln McClravy (1996-97)	22-0/1.00



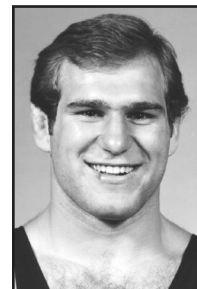
Career Wins

Wrestler (Years)	Wins
1. Barry Davis (1981-85)	162
2. Tom Brands (1988-92)	158
3. Troy Steiner (1990-93)	148
4. Ed Banach (1980-83)	141
5. Terry Brands (1988-92)	137
6. Duane Goldman (1983-86)	132
7. Jim Zalesky (1981-84)	131
Jim Heffernan (1983-87)	131
Royce Alger (1984-88)	131
10. Doug Schwab (1998-2001)	130



Career Pins

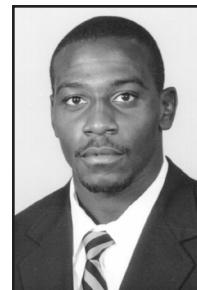
Wrestler (Years)	Pins
1. Ed Banach (1980-83)	73
2. Randy Lewis (1978-81)	64
3. John Bowlsby (1975-79)	59
4. Rico Chiapparelli (1983-87)	49
Royce Alger (1984-88)	49
6. Terry Brands (1988-92)	48
7. Brent Metcalf (2008-10)	47
8. Tom Brands (1988-92)	46
9. Mark Reiland (1989-92)	45
10. Chuck Yagla (1973-76)	44



Career Record

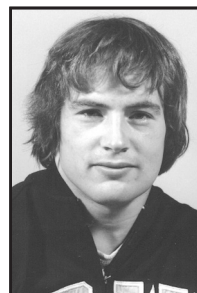
Based upon winning percent (minimum 95 matches)

Wrestler (Years)	W-L-T/Pct.
1. T.J. Williams (1999-2001)	98-1-0/.990
2. Brent Metcalf (2008-10)	108-3-0/.972
3. Lincoln McClravy (1993-97)	96-3-0/.970
4. Tom Brands (1988-92)	158-7-2/.952
5. Terry Brands (1988-92)	137-7-0/.951
6. Barry Davis (1981-85)	162-9-1/.945
7. Chris Campbell (1974-77)	122-6-3/.943
8. Jim Zalesky (1981-84)	131-8-1/.939
9. Ed Banach (1980-83)	141-9-1/.937
10. Joe Williams (1994-98)	129-9/.935



Consecutive Matches Won

Wrestler (Years)	Matches
1. Jim Zalesky (1981-84)	89
2. Troy Steiner (1991-93)	74
3. Tom Brands (1988-92)	69
Brent Metcalf (2008-09)	69
5. Mark Ironside (1996-98)	67
T.J. Williams (1999-2001)	67
7. Lincoln McClravy (1993-97)	56
8. Joe Williams (1994-98)	53
9. Chris Campbell (1974-77)	46
10. Jeff McGinness (1994-96)	43





Mike Howard Award

The Mike Howard Award is presented to Iowa's most valuable wrestler.

Royce Alger	1987-88
Ed Banach	1982-83
Lou Banach	1983
Jay Borschel	2010
Terry Brands	1990, 1992
Tom Brands	1990-92
Rico Chiapparelli	1987
Barry Davis	1983, 1985
Mike DeAnna	1981
Kevin Dresser	1986
Ty Eustice	2006
Lee Fullhart	1999
Duane Goldman	1986
Wes Hand	2000
Jim Heffernan	1987
Mark Ironside	1997-98
Joe Johnston	2005
Eric Juergens	2000-01
Marty Kistler	1986
Randy Lewis	1981
Jeff McGinness	1995, 1998
Matt McDonough	2010-12
Lincoln McIlravy	1995, 1997
Joe Melchiorre	1989
Mike Mena	1997
Brent Metcalf	2008-10
Steve Mocco	2003
Cliff Moore	2004
Brad Penrith	1988
Mark Perry	2005, 2007-08
Mark Reiland	1991
Doug Schwab	1999, 2001
Joel Sharratt	1994-95
Derek St. John	2013
Troy Steiner	1992-93
Jody Strittmatter	2001
Daryl Weber	1996
Joe Williams	1997-98
T.J. Williams	1999, 2001
Bill Zadick	1996
Mike Zadick	2002
Jim Zalesky	1983-84
Lennie Zalesky	1982
Chad Zaputil	1993

Iowa's Male Athlete of the Year

Ed Banach	1983
Jay Borschel	2010
Tom Brands	1992
Barry Davis	1985
Jim Heffernan	1987
Eric Juergens	2001
Brent Metcalf	2008
Daryl Weber	1996

Mike J. McGivern, Sr. Award

The Mike J. McGivern, Sr. Award is presented each year to Iowa's Most Courageous wrestler.

Lou Banach	1982
Chad Beatty	2008, 2010
Paul Bradley	2005
Bart Chelesvig	1991
Mike DeAnna	1981
Dan Erikson	2007, 2009
Ty Eustice	2003
Lee Fullhart	1998
Ryan Fulsas	2004
Mario Galanakis	2007
Duane Goldman	1986
John Heffernan	1989
Ryan Heim	2002
Joe Johnston	2003
Eric Juergens	1998-99
Jeff Kerber	1984
Lindley Kistler	1985
Steve Knight	1986
Randy Lewis	1981
Montell Marion	2011
Mike McGivern	1977
Lincoln McIlravy	1993
Joe Melchiorre	1988
Cliff Moore	2002
Ryan Morningstar	2009-10
King Mueller	1980
Mark Mysnyk	1979
John Oostendorp	1990
Greg Randall	1987
Greg Stevens	1978
Tim Riley	1983
Tom Ryan	1992
Doug Schwab	2000
Ben Shirk	2001
Derek St. John	2012-13
Jody Strittmatter	2000
Terry Steiner	1992
Jeff Stewart	2002
Alex Tsirtsis	2006
Mike Uker	1997
Vinnie Wagner	2012
Daryl Weber	1994
Joe Williams	1996
T.J. Williams	2000
Bill Zadick	1995
Mike Zadick	2000-01

J. Donald McPike Award

The J. Donald McPike Award is given to the senior on the team with the highest grade-point average.

Steve Banach	1982
Kevin Brown	1985
Tony Ersland	1997
Matt Fields	2008
Lance Forbes	1993
Chris Gapen	1991
Paul Glynn	1986
Joe Johnston	2006
Harlan Kistler	1983
Eric Koble	1998
Dan LeClere	2010
T.H. Leet	2009
Bill Levy	1987
Steve Martin	1990
Matt McDonough	2013
Dave Munson	1989
Matt Nerem	1995
Mike Neuman	1994
Tyler Nixt	2004
Randy Samuelson	1984
Ethan Sebert	2011
Doug Streicher	1992
Yoshi Rose	1996
Ben Shirk	2002
Ned Shuck	2005
Jessman Smith	2003
Jody Strittmatter	2001
Ben Uker	1999
Joe Uker	2007
Vinnie Wagner	2012
Lee Weber	2000
Scott Williamson	1988

John & Dorothy Sill Award

The John & Dorothy Sill Award is presented annually to the team's most dedicated wrestler on and off the mat.

Lee Fullhart	1997
Wes Hand	2000
Mark Ironside	1996
Joe Johnston	2005, 2006
Eric Juergens	2000
Luke Lofthouse	2011
Matt McDonough	2010, 2012
Lincoln McIlravy	1994
Brent Metcalf	2009
Steve Mocco	2002
Cliff Moore	2003
Matt Nerem	1995
Tyler Nixt	2002, 2004
John Oostendorp	1993
Tony Ramos	2013
Doug Schwab	1999, 2001
Brooks Simpson	1990
Terry Steiner	1991
Troy Steiner	1991
Jessie Whitmer	1997
Joe Williams	1998
Chad Zaputil	1992



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ACADEMIC AWARDS

Academic All-Big Ten

This honor is awarded to student-athletes who meet the following requirements: is a letterwinner, is in at least in his second academic year at the institution and carries a grade-point average of 3.0 or better.

Jacob Ballweg	2012
Matt Ballweg	2008, 2011
Jay Borschel	2008-10
Josh Budke	1999-2001
Rich Catalano	1992-93
David Christensen	1995
Tyler Clark	2011-12
Joe DuCharme	2011-13
Josh Dziawa	2012-13
Josh Eastvold	1999-2000
Tony Ersland	1994-97
Mike Evans	2013
Jeremy Fahler	2012
Matt Fields	2008
Lance Forbes	1992-93
Ryan Fulsaa	2002-04
Chris Gapen	1989-91
Matt Gogel	1998-2000
Brody Grothus	2013
Alex Grunder	2004-06
Josh Haug	2012-13
Curt Heideman	1994-96
Paul Jenn	1998
Mike Kelly	2012
Pat Kennedy	1998-99, 2001
Kris Klapprodt	2013
Eric Koble	1995-97
Nick Kolegraff	2009
J.J. Krutsinger	2009-12
Dan LeClere	2008-10
T.H. Leet	2008-09
Tomas Lira	2011-12
Luke Lofthouse	2011
Eric Luedke	2007
Lucas Magnani	2005, 2007
David Marrah	1999-2000
Matt McDonough	2012-13
Jeff McGinness	1995-96, 1998
Lincoln McIlravy	1994
Brent Metcalf	2008-10
Cliff Moore	2002
Joe Moore	2009, 2011
Matt Morkel	2003-05
Dave Munson	1989
Matt Nerem	1995
Tyler Nixt	2001-04
Oleg Polyatskiy	2004-06
Blake Rasing	2009, 2011-12
Yoshi Rose	1993-96
Ben Shirk	1999, 2001-02
Ned Shuck	2003-05
Ethan Sebert	2009-11
Ben Smith	1998
Jessman Smith	2000-03

David Spangler	2000
Jody Strittmatter	2001
Bobby Telford	2012
Joe Uker	2004-07
Vinne Wagner	2011
Lee Weber	1997-2000
Scott Williamson	1988

N.W.C.A. Division I All-Academic Team

To qualify for the NWCA all-academic team, a wrestler must have at least a 3.2 cumulative grade-point average, and has either been an NCAA qualifier or won 60 percent of his total schedule - and must have competed in at least 60 percent of said schedule. Wrestlers can also earn a spot on the all-academic team if they were an NCAA All-American and posted a 3.0 cumulative grade-point average.

Jay Borschel	2008, 2010
Nathan Burak	2013
Mike Evans	2013
Matt Fields	2008
Ryan Fulsaa	2004
Dan LeClere	2008
T.H. Leet	2008
Luke Lofthouse	2011
Eric Luedke	2006-07
Matt McDonough	2012
Jeff McGinness	1995, 1998
Lincoln McIlravy	1994
Brent Metcalf	2008-10
Matt Nerem	1995
Tyler Nixt	2004
Jody Strittmatter	2001
Jessman Smith	2002
Bobby Telford	2012

UI Dean's List

To be eligible for the University of Iowa Dean's List, a full-time student must have achieved a grade-point average of 3.5 or above.

Chad Barkalow	2006
Jay Borschel	2009
Nathan Burak	2013
Chas DeVetter	2002
Joe DuCharme	2012-13
Josh Eastvold	1998-2000
Tony Ersland	1997
Matt Fields	2008
Ryan Fulsaa	2000, 2002
Grant Gambrell	2011, 2013
Matt Gogel	1998-99
Alex Grunder	2003, 2005
Josh Haug	2013
Paul Jenn	2000
Joe Johnston	2005-06
Phillip Keddy	2009
Michael Kelly	2013
Eric Koble	1998

J.J. Krutsinger	2008, 2011
Dan LeClere	2007
T.H. Leet	2008-09
David Marrah	1998-2000
Brent Metcalf	2007-08
Cliff Moore	2002
Matt Morkel	2002, 2004-05
Tyler Nixt	2000-04
Cole Pape	2005
Oleg Polyatskiy	2004-05
Blake Rasing	2010
Chris Roberts	2001
Yoshi Rose	1997
Doug Schwab	1998
Ethan Sebert	2008-11
Ben Shirk	1999, 2001-02
Ned Shuck	2002-05
Ben Smith	1998
Jessman Smith	2002
Joe Uker	2003, 2005-07
Mike Uker	1997
Vinnie Wagner	2009-11
Lee Weber	1998-99

Academic All-America At-Large Team

To earn a spot on the national ballot, a student-athlete must be named to the academic all-district first team for his district. He must be a varsity starter or key reserve, maintain a cumulative grade-point average of 3.2 on a scale of 4.0, have reached sophomore athletic and academic standing at his current institution and be nominated by his sports information director.

CoSida

Tyler Nixt, First Team	2004
ESPN The Magazine	
Brent Metcalf, First Team	2010

UI President's List

The University of Iowa President's List was established in the fall of 1983 to recognize academic excellence. In order to be included on the list, a student must have a minimum 4.0 grade point average in all academic subjects for the preceding two semesters, with a total of at least 12 semester hours of credit per semester during that period.

Tyler Nixt	2002
Joe Uker	2005

Academic All-District VII At-Large Team

To be eligible, a student-athlete must be a varsity starter or key reserve, maintain a cumulative grade-point average of 3.2 on a scale of 4.0, have reached sophomore athletic and academic standing at his current institution and be nominated by his sports information director.

Verizon

Tyler Nixt, First Team	2003
CoSida	
Tyler Nixt, First Team	2004
ESPN The Magazine	
Brent Metcalf, First Team	2010



Alger, Royce	1985-88	Chiri, Jeret	2010-11, 2013	Fahrer, Michael	2008-10	Halverson, Tyler	2009-12
Ambrose, Brodie	2009-10, 2012	Christensen, Cory	1995-96	Falck, Charlie	2005, 2007-09	Haman, Andy	1986-89
Amore, Joe	1973, 1975-77	Christensen, Mike	1995-98	Fellers, Adam	2003-05	Hand, Matt	1998-01
Anderson, Blake	2003	Clark, Trey	2002	Fennelly, Tom	1965	Hand, Wes	1997-00
Anderson, Doug....	1976-77, 1979-80	Clark, Tyler	2011-12	Fields, Matt	2005-08	Hansen, LeRoy	1953
Anderson, Matt	2000-03	Clarke, Matt	1972-74	Finch, Don	1989	Hanson, Duane	1947
Aure, Aaron	1992-95	Clements, William	1955	Fiser, Travis	1991-92	Happel, Dean	1988-89
Austin, Arthur	1916	Cockshoot, R.W.	1915-16	Fisher, Scott	1936	Harbison, Earl	1917
Ballweg, Mark	2010-13	Combs, Steve	1961-63	Fitzgerald, Dave	1978-79, 1982	Hasley, Eldon	1955
Ballweg, Matt	2008-11	Connell, Cory	2002-03	Fleming, Robert	1941	Hatcher, Matt	1994
Banach, Ed	1980-83	Conrad, Bernard	1941-43	Forbes, Lance	1990-93	Hatcher, Mike	1993-96
Banach, Lou	1981-83	Coons, A.E.	1932	Fowler, Tim	1971	Haug, Josh	2013
Banach, Steve	1980-82	Coorough, Derek	2006-09	Frisk, Kurt	1976-77	Heaton, Don	1951-53
Barkalow, Chad	2004-06	Cordes, Tony	1974-75, 1978	Frost, Al	1983-84	Heffernan, Jim	1983, 1985-87
Barker, Richard	1946-48	Cote, Paul	1973-74	Fuller, William	1963-65	Heffernan, John	1986-89
Barnhill, Morris	1960-64	Coughlan, C.H.	1931	Fuller, Ryan	2004-06	Heideman, Curt	1994-96
Barron, Irving	1914-16	Counsell, Virgil	1945	Fullhart, Lee	1996-99	Heidt, Jamie	1997-99
Beatty, Chad	2007-10	Craig, Jim	1957-59	Fulsaas, Randy	2001-03	Heim, Ryan	2002
Beers, Leslie	1926-28	Cysewski, Tim	1973-76	Fulsaas, Ryan	2001-04	Heldt, John	1923
Benda, Miles	1950	D'Agata, Jason	2002-04	Furey, Matt	1983-84	Hemmingson, George	1915-16
Benschoter, Doug	1976	Davis, Barry	1981-83, 1985	Galanakis, Mario	2005, 2007	Heneghan, Eric	1988-89
Bentz, Tom	1968-70	Davis, Doug	1973	Gambrall, Grant	2010-13	Henning, Phil	1967-68, 1970
Beranek, Randy	1982	Davis, Ray	1966	Gapen, Chris	1988-91	Heying, Jim	1978-79
Blank, Jerry	1971	DeAnna, Mike	1977-79, 1981	Garcia, Vincent	1958-59	Hickenbottom, Rich	1951
Borschel, Jay	2008-10	DePrenger, Morgan	1991-93	Gates, David	1960-61	Hindt, William	1915
Bostwick, Robert	1971-73	DeVetter, Chas	2002-03	Geigel, Robert	1947-49	Hobbett, Oscar	1913-14
Bowlsby, John	1975, 1977-79	Decker, Justin	1997	George, Louis	1939	Hogan, Kevin	1992-95
Bowman, Tom	1965	Degl, John	1993-96	Geppert, Ralph	1941-42	Holm, Dan	1972-75
Bradley, Paul	2003-06	Dennis, Daniel	2006, 2008-10	Geppert, Richard	1942	Hoover, Matt	1997
Brands, Terry	1989-92	Derrer, Verne	1935	Gillespie, John	2000-03	Howell, Jason	2001-02
Brands, Tom	1989-92	Devine, Wilbur	1964-65	Gilliss, Kasey	1997-98	Hruska, Mike	1989-90
Breedlove, Dan	1977-78	DeVries, Steve	1969-71	Gillmor, Stew	2009-12	Hubbard, C.V.	1932
Bremner, Barron	1957-58	Dohrmann, Nick	1996-97	Gillmor, Walt	2012-13	Huff, Donald	1961
Briggs, Don	1969-71	Dresser, Kevin	1983-86	Glenn, Dan	1977-80	Huff, Thomas	1961-63
Brinzer, Ray	1993-95	DuCharme, Joe	2011-13	Glenn, Scott	1988	Hull, Alan	1984
Brown, Jed	1977-79	Duggan, Phil	1951-53	Glynn, Paul	1984-86	Hulshof, Jason	1995
Brown, Kevin	1983-85	Dull, W.B.	1932	Gogel, Matt	1998-00	Hunte, Steve	1974-75, 1977-78
Bruhl, Brad	1990-91	Duss, Doug	1967	Goldman, Duane	1983-86	Hunter, Robert	1921
Bucklin, Michael	2006	Duus, Erik	1986-87	Goodale, Trent	2003-06	Hynek, Dennis	1988-89
Budke, Josh	1999-02	Duven, Don	1948	Govig, Richard	1954-56	Ironside, Mark	1995-98
Bugajski, Dennis	1971	Dziewa, Josh	2012-13	Gran, Albert	1913-15	Ironside, Tim	2000-01
Burak, Nathan	2013	Eastvold, Josh	1999-00	Granger, Chuck	1954	Irvine, John	1968-70
Bush, Pete	1980-82, 1984	Edwards, Mike	1968-70	Grattan, Eugene	1924-26	James, David	1923-24
Campbell, Chris	1974-77	Egeland, Matt	1982, 1984-85	Gray, Lynn	1946	Janssen, Aaron	2008-11
Campbell, C.T.	1987	Ehlen, Eric	1992-95	Greene, Pat	1975	Jarrard, Roy	1928-30
Carew, Dylan	2011	Engelby, John	1953	Greenlee, Joseph	1963-65	Jenkins, Richard	1961
Carlson, Ray	1948	Ennen, Major	2002-05	Grothus, Brody	2013	Jenkinson, Harlan	1954-56
Carman, Ken	1950	Erekson, Dan	2006-07, 2009-10	Grouwinkel, Gary	1959	Jenn, Paul	1998-00
Carpenter, Mike	1988	Ersland, Tony	1994-97	Grunder, Alex	2004-07	Jensen, Roy	1917-20
Carstensen, Joe	1968-70	Eustice, Luke	2001-04	Guernsey, Byron	1936	Jeys, Gene	1945
Catalano, Rich	1991-93	Eustice, Ty	2003-06	Guernsey, Dewayne	1935-36	Johnson, Art	1940-41
Chambers, Ryan	1992-94	Evans, Mike	2012-13	Gugisberg, A.W.	1923-24	Johnson, Chris	2006
Chavez, Ruben	2005	Evashevski, John	1970-72	Gurule, Matt	2012-13	Johnson, Clarence	1932-34
Chelesvig, Bart	1988, 1990-92	Ewoldsen, James	1966	Haesy, Mike	1983	Johnson, Jordan	2009-10
Chiapparelli, Rico	1983, 1985-87	Fahler, Jeremy	2012-13	Halford, Tom	1957-58	Johnson, Ken	1963

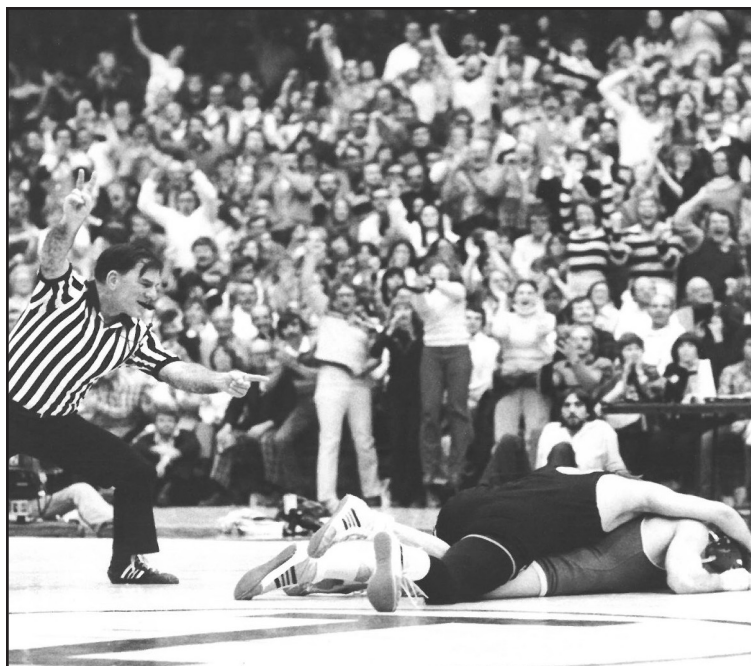


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ALL-TIME LETTERWINNERS

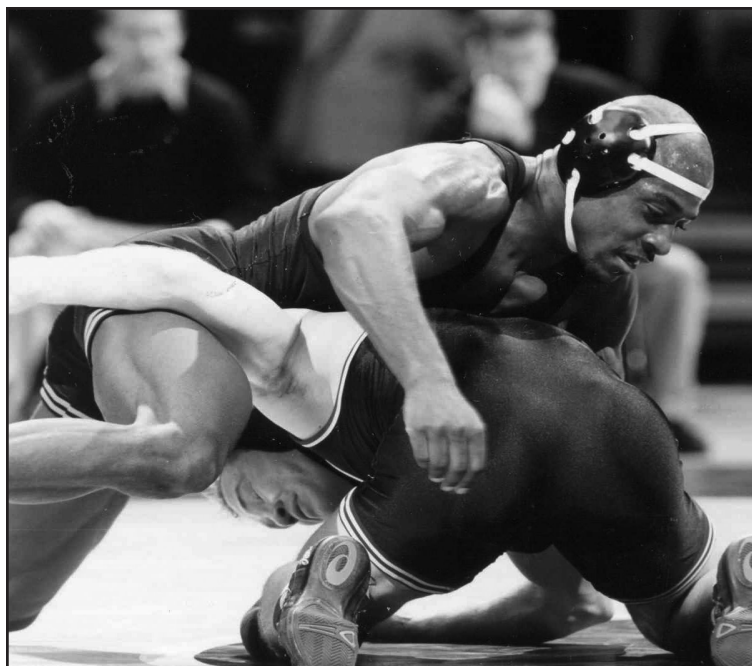
Johnson, Kenny.....	1993	Legler, Charles	1969	Michaels, Robert.....	1925-26	Nelson, Chad.....	2000
Johnson, Merrill	1939	Leinbaugh, Lyle	1953	Mihal, Richard.....	1968-69	Nerem, Matt.....	1992-95
Johnson, Robert.....	1946	Leo, John.....	1944	Millen, Phil	1940	Neuman, Mike	1993-94
Johnston, Joe	2003-06	Leonard, Xavier	1937	Millen, Richard.....	1937	Newmeister, John	1968-69
Johnston, Troy	1984	Lepic, Tom	1973-75	Miller, Russell	1941-43	Nixt, Tyler.....	2001-04
Jones, Don	1983	Leuer, Kenneth	1954-56	Minkel, Willard	1933	Novak, Rick	1988-89
Juergens, Eric.....	1998-01	Levy, Bill	1985-87	Mitchell, Bill.....	1973	O'Brien, John.....	1924
Juergens, Marc.....	1999-02	Levy, Dan.....	1987-90	Mocco, Steve.....	2002-03	O'Connor, E.L.....	1913
Julius, Loy.....	1940-42	Lewis, Randy	1978-81	Moffitt, Luke	2002-03	O'Leary, Frank	1934-36
Kadel, Jake.....	2013	Liddle, Josh	2000-02	Mohler, Mark.....	1993-95	O'Leary, John	1932-33
Kane, Rollie	1986-87	Lira, Tomas	2011-13	Monroe, Tom.....	1934-35	Oostendorp, John	1990-93
Kantor, Ori	1992	Loera, Rick	2007-10	Montgomery, A.E.	1929	Owens, Ethan	2012
Kauffman, Bob.....	1983-85	Lofthouse, Ethen	2011-13	Mooers, Neil	1979	Padden, Kevin	1971-74
Kauffman, Scott.....	2000	Lofthouse, Luke	2005, 2009-11	Moore, Cliff	2001-04	Palmer, Bud.....	1975-76, 1978-79
Keddy, Phillip	2007-10	Logan, Bob	1977-78	Moore, Joe.....	2009, 2011	Pape, Cole.....	2003-06
Kelly, John	1958-60	Luedke, Eric.....	2006-07	Moore, Nate.....	2010-11	Pape, Dane.....	2005
Kelly, Michael.....	2012-13	Luttrell, Gene	1957-59	Moore, Nick	2012-13	Parker, Norman	1962-64
Kelly, Mitch	1984-87	Machacek, Robert	1967-69	Morkel, Matt.....	2003-05	Parmenter, R.R.....	1932
Kelly, Pat.....	1990-91	Macias, Manuel	1950-51	Morningstar, Ryan	2007-10	Parrott, Oran.....	1916-17
Kelly, Wil	1997	Macias, Rometo.....	1944-46, 1948	Moser, Larry.....	1957-59	Pastorino, Ray	1967-68
Kemp, Clarence.....	1939-40	Magnani, Lucas	2005-07	Moses, Dave.....	1973	Paulsen, Joe.....	1950-51
Kemp, Edward.....	1942, 1947	Maland, Donald	1937	Moss, Stephen.....	1966	Peer, H.C.	1931
Kennedy, Pat	1998-01	Manganiello, Mike.....	1991-92, 1994	Mourlam, Keith	1974, 1976-77	Penrith, Brad.....	1986-88
Kerber, Jeff.....	1980, 1982-84	Mangum, Marcus.....	1990-91	Mueller, King	1977, 1979-80	Penrod, Fred.....	1973
Kerr, Jake	2008-11	Mangum, Maurice.....	1992	Mueller, L.W.....	1930-32	Perrin, Delbert	1949
Kielhorn, Earle.....	1934-36	Mantle, Robert.....	2000	Mulcahy, Mike.....	1972	Perry, Mark	2005-08
Kingsbury, Ken	1938-39	Marion, Montell.....	2009-12	Mullins, Joe.....	1960-61	Peterson, Scott.....	1970
Kinseth, Bruce	1976-79	Marrah, David	1999-00	Munson, Dave	1988-89	Peyton, Mitch.....	1999-00
Kistler, Harlan	1983	Martin, David	1983-86	Myers, George.....	1951-53	Pfaffinger, Jeff.....	2005
Kistler, Lindley	1984-85	Martin, Steve	1987-90	Mysnyk, Mark	1975-76, 1978-79	Pfeffer, L.	1925-27
Kistler, Marty.....	1982, 1984-86	Massey, Brian	1990-93	Natvig, Steve	1971-73	Pfeffer, Ted	1923-24
Kittle, Bruce	1980	Matthews, Maurice	1937	Nead, Wilbur.....	1937-39	Phinney, Dean	1980
Klapprodt, Kris.....	2013	Maurey, Steve.....	1976				
Klein, Ken	1993-95	McCain, Terrie	1991				
Knight, Steve	1985-86	McCann, Fran.....	1962				
Koble, Eric	1995-98	McCann, Terry	1954-57				
Koenig, Jeff.....	1988	McCarthy, John.....	1965				
Kohl, Vernon	1963-64	McCoy, Vern	1947-50				
Kolegraff, Nick	2009	McDonough, Matt	2010-13				
Kopsa, Brooks	2008-11	McDonough, Mike.....	1974-76				
Krasuski, P.R.	1924	McGinness, Jeff.....	1994-96, 1998				
Kriewall, Todd	1977	McGivern, Mike.....	1974, 1976-78				
Kritsonis, Ben	1999	McGivern, Ryan.....	2000-01				
Krutsinger, J.J.....	2009-11	McIlravy, Lincoln	1993-95, 1997				
Kucinski, William.....	1997	McLaughlin, Jim.....	1990-93				
Kurdelmeier, Gary.....	1956-58	McLaughlin, Jordan	2007				
Kurdelmeier, Steve	1978-81	McMahan, Gabe	1998-01				
Lage, Robert.....	1951	Medchill, Brad.....	2005-07				
Lainson, Mike	1984-86	Meier, Brian	1996-98				
Lansing, Dean	1951-52	Melchior, Joe	1987-89				
Larson, Robert.....	1934-36	Mena, Mike	1994-97				
LeClere, Dan	2008-10	Menne, David	1995				
LeClere, Nick.....	2009	Metcalfe, Brent	2008-10				
Lee, Jerry.....	1968-70	Merzweiler, Tim.....	1981				
Leet, T.H.	2008-09	Meyer, Gary	1956				



Bruce Kinseth pinned a school record 23 opponents during the 1978-79 season. The two-time All-American won the 150 pound NCAA title in 1979 and placed runner-up in 1978.



Pickett, Roy1942-47	Sherman, Dan1970-73	Trizzino, Mark1981-84	Wilbur, Steve1981, 1983-85
Pierson, Eric1988-89	Shining, Streeter1953-54	Trizzino, Joe2013	Wilkerson, Dan1974-77
Pollitt, Bob1973	Shirk, Ben1999-02	Trizzino, Nick2011-13	Williams, Herbert1943
Polyatskiy, Oleg2004-06	Shuck, Ned2002-05	Trizzino, Scott1977-79, 1981	Williams, Joe1994, 1996-98
Poyneer, L.W.1930-31	Sigler, Shane1995-96	Tsirtsis, Alex2005-07, 2009	Williams, T.J.1999-01
Proctor, Jason1995-96	Sill, Russell1966-68	Ubasa, Pablo1992-93	Williamson, Scott1988
Quinlan, William1946-49	Simpson, Brooks1987-90	Uker, Ben1996-99	Winder, John1954-56
Ramos, Tony2011-13	Sindlinger, Mark1985-88	Uker, Joe2004-07	Winegardner, Russ1972
Randall, Greg1984-87	Slaton, Joe2008-10	Uker, Mike1994-97	Witzleb, Jim1972-75
Randall, Steve1985	Sloss, Gail1969	Vana, Edward1921-22	Woltz, Jim1945
Ranshaw, Kurt1982	Smith, Ben1998	Vance, Chad1998-99	Woodard, Richard1948
Rasing, Blake2009-12	Smith, Brad1973-76	Vergamini, Carl1937-38	Woodruff, Charles1953
Rausenberger, Robert1965	Smith, George1938	Voltmer, Carl1925-27	Yagla, Chuck1973-76
Ray, David1984	Smith, Jessman2000-03	Voltmer, Walter1929	Yahn, Don1968-70
Regan, John1986-88	Smith, R.T.1921	Wagemann, Dan... 1972-73, 1975-76	Yegge, J.P.1926-27
Reiland, Mark1989-92	Smith, Ryan1992-95	Wagner, Vinnie2011-12	Yegge, Todd1990
Reininga, Herman1961	Smith, Tom1994	Walston, Sydney1960-62	Zadick, Bill1993-96
Rhoades, Todd1971	Sones, Chris1971, 1973-74	Walz, Matt (Mgr.)2003-05	Zadick, Mike1999-02
Rhoads, Patrick2013	Spangler, David2000-01	Waschek, Jim1971-74	Zalesky, Jim1981-84
Riehm, Robert1958	Spruill, Luke2001, 2003	Weber, Daryl1993-96	Zalesky, Larry1981-83
Rieks, Ralph1957	Stageberg, Harris1943	Weber, Lee1997-00	Zalesky, Lennie1979-82
Righter, Pat1933-34	Stanley, Corey1998-01	Wegner, Dennis1965-67	Zander, Paul1970-72
Riley, Tim1980-81, 1983-84	Stanley, Justin2000-01	Weir, Royal1926-28	Zaputit, Chad1990-93
Rizzuti, Jim1972-75	Stearns, Dale1967-69	Wells, Joe1968-69	Zobeck, Jesse2002-03
Roberts, Jay1963-64	Stearns, Dennis1973	Wells, Terry1971	
Roberts, Simon1956-58	Stedman, Ben2004-07	Whinnery, Randall1933	
Robinson, John D.1993-94	Stedman, Brett2004-07	White, L.C.1921	
Robinson, John T.1990-92	Steenlage, Les1974	Whitmer, Jessie1994-97	
Robken, Jon1971-73	Steiger, Ray1951	Whitmer, John1996-98	
Rodenborn, Donald1948	Steiner, Terry1990-93	Whitmore, Paul1940-41	
Rogers, Wayne1969	Steiner, Troy1990-93	Whitter, A.L.1930	
Rolfstad, Erik1991-93	Steinhoff, Ed1949	Wieland, Melvin1964	
Rose, Yoshi1993-96	Stewart, Jeff1999-02		
Rossberg, Delbert1960-61	Stevens, Greg1975, 1977-78		
Ruhkala, Gabe2006	Stevenson, Mark1976, 1978-80		
Ryan, Tom1991-92	Stiltner, Greg1992-95		
St. John, Derek2011-13	Strauss, Jeff1988		
Salmon, Jerry1955	Streicher, Doug1989-92		
Salome, Richard1952	Streicher, Kent1991-92		
Samuelson, Randy1981, 1983-84	Strellner, Verlyn1967-69		
Sanderson, Jan1971-74	Strittmatter, Jody2000-01		
Scarpello, Joe1947-50	Stroner, Erik1995-96		
Scheyli, William1925	Strub, Chris1995-98		
Schilling, Roger1963-65	Strub, Cody1992-94		
Schwab, Doug1998-01	Strubbe, C.1926		
Scott, A.B.1927	Sugai, Ryan1990-91		
Sebert, Ethan2009-11	Sweeney, Charles1921-22		
Senneff, Tom1983-84	Taylor, Herb1941		
Shaheen, Tom1958	Telford, Bobby2012-13		
Shaner, Kenneth1966	Tesla, George1949-50		
Shankey, Matt2002-03	Tharp, Russell1949		
Sharratt, Joel1992-95	Thomas, Ralph1951		
Shepard, Jack1943	Thorson, Sherwyn1960-62		
Sherertz, Charlie1986-87	Trammell, Keith1990-93		
Sherman, Bill1939-41	Trapp, Gordon1959-60		



Two-time NCAA champion T.J. Williams owned a career record of 98-1 from 1999-2001. His .990 winning percentage is a school record.



IOWA WRESTLING

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SUCCESS OFF THE MAT



"Wrestling for Iowa and Coach Gable taught me significant life lessons, such as hard work, dedication and perseverance. In addition to these tenets, wrestling has instilled in me the ability to read people, whether it be on the mat or in the courtroom. The importance of this skill translates easily from the mat to all facets of the professional/business world. Beyond fulfilling my childhood dream of wrestling for Iowa, I will always be grateful for those life lessons and skills, which I use daily to continue my success off the mat."

Jeff McGinness

Attorney with McGinness Law Firm

Three-time All-American, two-time NCAA Champion and NWCA all-academic team member, 1994 Big Ten Freshman of the Year, 1998 Big Ten Championships Outstanding Wrestler, Hawkeye letterwinner in 1994-96, 1998



"To be successful in wrestling, you must have a strong desire, good work ethic and be surrounded by good people with similar goals. The Iowa wrestling room is the ideal setting for this success. The same principles apply to the business world. Without hard work and good people, you will have a tough time succeeding in the business world. The Iowa wrestling program gave me the background and contacts to be successful on and off the mat."

Mark Reiland

M.R.S. Appraisals L.C.

Head Wrestling Coach at Iowa City West H.S.

NCAA Champion at 167 pounds in 1991, two-time All-American, letterwinner from 1989-92



"Success in athletics comes with planning, hard work and discipline. Iowa wrestling has been at the top because they work the hardest, they are disciplined and they plan to succeed. As a husband, a father and an investment representative, all of those traits help me to reach my goals on a daily basis. I am very grateful for the opportunities given to me in my years as a Hawkeye, and I am very happy that the tradition continues today."

Mark Sindlinger

Investment Representative with Edward Jones

Two-time All-American and two-time Big Ten Champion at heavyweight, letterwinner from 1985-88 with the wrestling team and 1983-86 with the football team, started at center for the Hawkeyes for three seasons (1984-86), two-time honorable mention all-Big Ten pick by UPI and AP in football



"While at the University of Iowa I learned what it means to compete - to step onto the mat and wrestle not just to participate, but to wrestle to win. I learned what it means to be disciplined enough to train in such a way as to maximize the chances for victory. Now as a pastor I see people wrestling with life and death. People who are dealing with all the difficulties that come with life. My job is to equip people to run the race of life to win, not just to compete."

Brooks Simpson

Pastor of Grace Community Church in North Liberty, IA Big Ten Champion and All-American at 190 pounds in 1990, Hawkeye letterwinner from 1987-90



"My training to be an orthopedist and my current practice responsibilities are often quite demanding, both physically and mentally. The work ethic and discipline I learned participating in the Iowa wrestling program has helped me deal with these demands tremendously. In fact, I don't know any aspect of my life, including my roles as a husband and father, that has not benefited from the discipline I developed at Iowa."

Mark Mysnyk

Orthopedic Surgeon and Specialist

Hawkeye letterwinner in 1975-76, 78-79

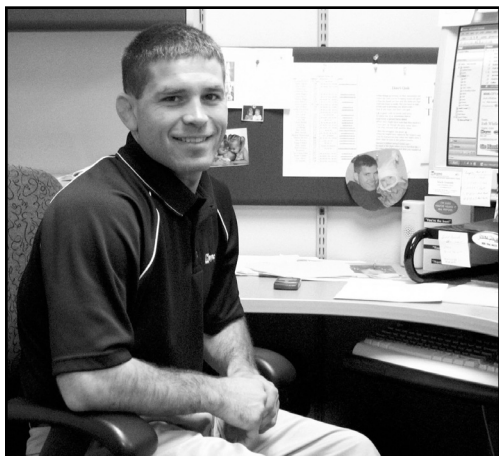


"Basically the price to wrestle at Iowa is everything you have to give, and nothing less. After graduating I have continued to strive for only the best in all my endeavors. This commitment and drive has allowed me as a person and my photography studio to become very successful. When a client hires me they know that they will get nothing but my greatest effort and it shows in the creativity and quality of work I produce."

Ben Shirk

Owner of Shirk Photography

All-American at 165 pounds in 2001, three-time academic all-Big Ten honoree, Hawkeye letterwinner in 1999-2002



"Iowa wrestling was and still is very beneficial to me. Before I wrestled at Iowa I was in awe of the program. When I wrestled there I lived it and was in awe of my coaches, teammates, fans and the amount of success that was accomplished. What I learned, and still use everyday of my life, is that a high level success has to come from the heart. Myself, teammates, and coaches were able to achieve the goals that we set out to conquer, not just from hard work and dedication, but from living for success and dying with failure. It wasn't just a sport, it was life. I owe great gratitude to Tom Brands and Dan Gable for making me successful on and off the mat and for who I am today. I look forward to watching and living many more successful years with Iowa Wrestling."

Mark Ironside

Owner of Ironside Apparel and Promotion

Four time All-American, two-time NCAA Champion, 10th wrestler in Big Ten history to win four conference titles, three-time Big Ten Wrestler of the Year, Hawkeye letterwinner in 1995-98



"The fact that I experienced wrestling for Coach Gable and the University of Iowa, will always be a dream come true for me. Coach Gable taught me what it takes to be successful in every facet of life. Life is a wrestling match. If you possess discipline, accountability, sacrifice, and a good work ethic, anything you put your mind to can be achieved. These are just a few of the wonderful attributes one can attain through the great sport of wrestling. The very sport I am fortunate enough to be coaching at Davenport Assumption. No matter how much time I put back into the sport of wrestling, I can never repay the sport for all the 'tools for life' it has provided me."

Pete Bush

Owner of McCarthy-Bush Development

Head Wrestling Coach at Davenport Assumption H.S.

NCAA Champion at 190 pounds in 1982, three-time Big Ten Champion, 1984 team co-captain, Hawkeye letterwinner in 1980-82, 1984



"I try and pass the lessons that were beneficial to me in my life to the athletes I now coach. Iowa wrestling gave me so many of those lessons. My time in Iowa was a dream come true and a tremendous experience for me that I will cherish forever. The Iowa wrestling program taught me so much about work ethic, dedication and the type of lifestyle that you have to live in order to succeed. The University of Iowa wrestling program has a passion for the sport of wrestling that is unmatched by any other. I am so grateful for the coaches, friends and people I met in Iowa City."

Jody Strittmatter

Co-Owner and Coach with Hawkeye teammate Eric Juergens (above right) of Young Guns Wrestling Youth Club; Assistant Wrestling Coach at Pittsburgh-Johnstown University

Two-time All-American and Big Ten Champion at 125 pounds in 2000-01, Outstanding wrestler at 2000 Big Ten Championships, Hawkeye letterwinner in 2000-01



"Wrestling at the University of Iowa emphasized the importance of not only hard work, but work with a goal in mind as well as surrounding yourself with the right people. Having a goal to focus on gives a purpose to the time and effort put forth each day. Knowing you have people around you that have your best interest in mind and want you to succeed gives confidence that you can reach your goals and make the work more enjoyable. These are things that carry into all areas of life, not just sports."

Tyler Nixt

Senior Financial Analyst, UIHC

All-American at 174 pounds, four-time academic all-Big Ten honoree, CoSIDA academic All-American and NWCA all-academic team member, Hawkeye letterwinner from 2001-04



"The Iowa Wrestling System preaches and implements life's most important lessons: relentless preparation, unwavering confidence, execution under pressure, accountability, and above all, the strength to endeavor again in the face of adversity. Upon graduation from law school, I sat for the Iowa Bar Exam - a three day written examination - with the same rock solid confidence with which I entered the NCAA Wrestling Tournament. My experience at the University of Iowa has tempered me for life's ongoing challenges. I am a better attorney, husband, father and person for having passed through the doors of the Dan Gable Wrestling Complex."

ing passed through the doors of the Dan Gable Wrestling Complex."

Jessman Smith

Attorney, Frank Smith Law Office

Two-time All-American, 2003 Big Ten Champion at 184 pounds, four-time academic all-Big Ten honoree, NWCA all-academic team member, Hawkeye letterwinner in 2000-03



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ALL-TIME RESULTS

1910-11 (0-1)

Head Coach: E.G. Schroeder

Nebraska..... L0-3

1911-12 (1-1)

* Iowa State..... W4-0

Nebraska..... L1-2

1912-13 (2-0)

Iowa State..... W2.5-1.5

* Nebraska..... W3.5-0.5

1913-14 (1-0)

Nebraska..... W4-1

Western Inv. 2nd

1914-15 (1-0-1)

* Nebraska..... W4-2

Purdue T3-3

Western Inv. 2nd

1915-16 (2-0-1)

Head Coach: Pat Wright

* Iowa State..... W17-8

* Purdue W27-0

Nebraska..... T13-13

Western Inv. 1st

1916-17 (0-2)

Iowa State..... L7-33

* Nebraska..... L14-27

Western Inv. 4th

1917-18 (1-0)

Indiana W11-10

1918-19 (0-1)

Iowa State..... L14-26

1919-20 (0-3)

* Indiana L6-33

* Iowa State..... L6-31

Illinois..... L16-21

1920-21 (4-1)

Head Coach: E.G. Schroeder

Northwestern..... W30-14

* Minnesota W39-3

Purdue L22-34

* Illinois W30-12

Nebraska..... W27-23

Western Inv. 2nd

1921-22 (2-2)

Head Coach: Mike Howard

* Northwestern..... W38-12

Nebraska..... L22-28

Illinois..... L8-34

* Purdue W36-14

1922-23 (4-1)

Wisconsin..... W8-6

* Minnesota W18-2

Northwestern..... W23-10

Nebraska..... W15-8

* Illinois L11-16

Western Inv. 2nd

1923-24 (5-1)

* Northwestern..... W10-7

* Minnesota W23-0

* Wisconsin..... W23-0

Nebraska..... W19-10

Michigan..... W21-2

Illinois L9-11

1924-25 (4-1)

* Minnesota W25-4

Michigan..... W14-6

Nebraska..... W18-5

* Wisconsin..... W16-7

Illinois L9-11

Western Inv. 2nd

1925-26 (5-1)

* Wisconsin..... W8-6

* Minnesota W18-2

Nebraska..... W12-8

Illinois L8-9

* Chicago W19-7

Indiana W14-12

Big Ten Meet 3rd

1926-27 (5-1)

* Wisconsin..... W17.5-7.5

Chicago W23-6

* Minnesota W12-9

* Nebraska..... W17-6

* Illinois L9-12

* Indiana W12.5-10.5

Big Ten Meet 3rd

1927-28 (1-5)

Wisconsin..... L11-16

* Chicago L13-14

* Minnesota L7.5-13.5

Nebraska..... L6-19

Illinois L3-24

Northwestern..... W14-9

Big Ten Meet 9th

1928-29 (0-5-1)

* Nebraska..... L6-22

Minnesota T14-14

Chicago L11-17

Illinois L9-17

Wisconsin..... L10.5-15.5

* Ohio State..... L13-17

Big Ten Meet 10th

NCAA Meet T9th

1929-30 (2-3)

* Oklahoma..... L11-21

Cornell..... L13-17

Nebraska..... L11-17

Monmouth W31-3

* N. Iowa W21.5-6.5

1930-31 (3-3)

* Nebraska..... W17-11

Wisconsin..... W15-11

* Minnesota W17-13

* Chicago L12-14

Illinois L4.5-23.5

Oklahoma..... L3-27

1931-32 (1-4)

Cornell..... L10.5-15.5

* Minnesota W24-6

Chicago L16-18

N. Iowa L4.5-19.5

* Illinois L7.5-24.5

State Meet 2nd

1932-33 (0-5)

Minnesota L11-21

Chicago L12.5-13.5

Iowa State..... L0-34

Cornell..... L11-17

* N. Iowa L8-26

1933-34 (2-1-2)

* Wisconsin..... W29.5-4.5

Chicago T16-16

Minnesota W21-15

N. Iowa T14-14

Iowa State..... L12.5-19.5

Big Ten Meet 3rd

NCAA Meet T13th

1934-35 (4-1)

N. Iowa W21-13

Minnesota W20.5-9.5

Carleton W33-3

Iowa State..... L10.5-15.5

* Chicago W23-3

Big Ten Meet 2nd

NCAA Meet T8th

1935-36 (5-0)

Wisconsin..... W24-6

* Minnesota W21-11

N. Iowa W22.5-9.5

Nebraska..... W21-3

* Iowa State..... W15-13

* Big Ten Meet 2nd

NCAA Meet 9th

1936-37 (3-3-1)

* Wisconsin..... W20.5-7.5

Northwestern..... W29-3

Iowa State..... L7.5-24.5

Carleton W38-0

Minnesota L3-24

* Nebraska..... L14.5-15.5

* N. Iowa T16-16

Big Ten Meet 7th

1937-38 (1-6-1)

* Northwestern..... W22-8

Wisconsin..... L11-17

* Iowa State..... L11-19

N. Iowa L11-19

* Minnesota L11-19

Nebraska..... T14-14

Kansas State..... L1.5-32.5

Illinois L6-24

Big Ten Meet 8th

1938-39 (3-3-1)

* Kansas State..... T14-14

* Wisconsin..... W23-11

* Nebraska..... W21-11

Minnesota L5-25

* N. Iowa L10-20

Northwestern..... W15-11

* Illinois L7.5-16.5

Big Ten Meet 5th

1939-40 (3-3)

* Northwestern..... W28-6

* Minnesota L9-19

Wisconsin..... W21-9

Illinois L6-18

N. Iowa L9-15

Nebraska..... W23.5-4.5

Big Ten Meet 6th

1940-41 (4-3)

Bradley..... W30-0

* Nebraska..... W22-6

* N. Iowa L11-15

Chicago W25-3

* Wisconsin..... W25-3

Minnesota L6-20

* Illinois L13-14

Big Ten Meet 2nd

NCAA Meet T10th

1941-42 (6-1)

* Bradley..... W32-0

* Chicago W22-8

Nebraska..... W25-6

* Minnesota W18-8

N. Iowa W15-9

Wisconsin..... W19-9

Illinois L6-22

Big Ten Meet 4th

**1942-43 (3-0)**

* Wisconsin.....	W	22-6
Carleton.....	W	23-3
Minnesota.....	W	18-14
Big Ten Meet.....	5th	

1943-44 (0-0)

Big Ten Meet.....	T6th	
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1944-45 (0-2)

Wisconsin.....	L	16-18
* Minnesota.....	L	9-21
Big Ten Meet.....	2nd	

1945-46 (4-1)

* Wisconsin.....	L	13-15
* Nebraska.....	W	19-9
Northwestern.....	W	17-9
Minnesota.....	W	15-13
* Chicago.....	W	31-3
Big Ten Meet.....	5th	

1946-47 (4-1)

* Bradley.....	W	38-0
Wisconsin.....	W	15-11
* Northwestern.....	W	28-0
* Minnesota.....	W	19-9
Illinois.....	L	12-16
Big Ten Meet.....	T3rd	
NCAA Meet.....	7th	

1947-48 (5-1)

* N. Colorado.....	W	14-12
Bradley.....	W	28-4
* Wisconsin.....	W	26-6
Northwestern.....	W	34-5
Michigan.....	W	19-9
* Illinois.....	L	18-19
Big Ten Meet.....	T2nd	
NCAA Meet.....	T5th	

1948-49 (3-2-1)

Wheaton.....	T	15-15
* Northwestern.....	W	19-9
* Michigan.....	W	15-9
* Minnesota.....	L	13-14
Wisconsin.....	W	22-6
Illinois.....	L	11-14
Big Ten Meet.....	7th	
NCAA Meet.....	T7th	
NCAU Meet.....	10th	

1949-50 (4-2)

* Wisconsin.....	W	15-11
* Wheaton.....	W	16-14
* Illinois.....	L	8-19
Northwestern.....	W	23-5
Michigan.....	L	9-15
Minnesota.....	W	16-11
* Big Ten Meet.....	5th	

NCAA Meet.....	6th	
NCAU Meet.....	T9th	

1950-51 (4-2-2)

Omaha.....	W	23-3
Wisconsin.....	T	14-14
Illinois.....	L	11-17
* Michigan.....	L	6-20
* Northwestern.....	W	21-8
* Minnesota.....	W	16-11
Indiana.....	W	17-8
* Purdue.....	T	13-13
Big Ten Meet.....	T6th	
NAAU Meet.....	T7th	

1951-52 (0-5-2)

* Wisconsin.....	L	5-23
* Indiana.....	T	14-14
Northwestern.....	L	9-15
Michigan.....	L	6-18
* Illinois.....	T	12-12
Purdue.....	L	8-19
Minnesota.....	L	9-15
Big Ten Meet.....	7th	
NCAA Meet.....	T14th	

1952-53 (3-4-1)*Head Coach: David McCuskey*

Wisconsin.....	W	15-11
* Michigan.....	L	6-20
Michigan State.....	L	5-22
* Minnesota.....	L	8-17
* Northwestern.....	L	13-16
Illinois.....	W	17-13
Indiana.....	T	12-12
* Purdue.....	W	14-12
Big Ten Meet.....	T5th	

1953-54 (4-4)

* Wisconsin.....	W	23-3
* Indiana.....	W	20-8
* Michigan State.....	L	14-15
* Illinois.....	W	19-8
Michigan.....	L	14-15
Northwestern.....	W	26-7
* Oklahoma State.....	L	8-24
Purdue.....	L	10-16
Big Ten Meet.....	4th	
NCAA Meet.....	T4th	

1954-55 (9-2-1)

Wisconsin.....	W	20-5
Indiana.....	W	25-5
* Colorado State.....	W	26-6
Oklahoma.....	L	13-14
Oklahoma State.....	T	13-13
Illinois.....	W	14-12
* Nebraska.....	W	31-3
* Northwestern.....	W	27-3
* Michigan.....	W	24-5

Michigan State.....	L	11-14
* Colorado.....	W	18-11
* Purdue.....	W	18-8
Big Ten Meet.....	2nd	
NCAA Meet.....	6th	

1955-56 (6-2)

* Wisconsin.....	W	21-3
* Michigan State.....	W	16-14
* Indiana.....	W	24-8
* Illinois.....	W	28-10
Northwestern.....	W	22-8
Michigan.....	L	15-18
* Oklahoma.....	L	9-17
Purdue.....	W	25-15
Big Ten Meet.....	2nd	
NCAA Meet.....	4th	

1956-57 (7-2)

Oklahoma.....	L	12-14
Illinois.....	W	17-13
Michigan State.....	W	15-9
* Colorado State.....	W	19-8
Michigan.....	L	12-14
Northwestern.....	W	16-12
Wisconsin.....	W	24-5
* Purdue.....	W	30-0
Indiana.....	W	22-6
Big Ten Meet.....	3rd	
NCAA Meet.....	8th	

1957-58 (10-3)

* Indiana.....	W	24-5
* Illinois.....	L	12-14
Colorado State.....	W	25-2
N. Colorado.....	W	20-5
Wyoming.....	W	21-6
* Michigan State.....	W	17-9
Minnesota.....	W	17-9
* Oklahoma State.....	L	6-18
* Northwestern.....	W	25-7
Michigan.....	W	17-9
* Oklahoma.....	L	9-17
* Wisconsin.....	W	30-0
Purdue.....	W	24-6
Big Ten Meet.....	1st	
NCAA Meet.....	5th	

1958-59 (10-2)

Indiana.....	W	16-13
Illinois.....	W	18-10
Michigan State.....	W	17-9
* Minnesota.....	W	19-8
Wisconsin.....	W	29-3
* Colorado State.....	W	22-6
Northwestern.....	W	31-2
* Colo. Mines.....	W	21-3
* Michigan.....	W	14-12
Oklahoma State.....	L	9-18
Oklahoma.....	L	9-15

* Purdue.....	W	26-5
* Big Ten Meet.....	2nd	
* NCAA Meet.....	4th	

1959-60 (4-4-1)

* Illinois.....	W	23-9
* Indiana.....	W	18-6
* Oklahoma.....	L	6-18
Minnesota.....	W	17-13
* Oklahoma State.....	L	5-22
* Wisconsin.....	W	23-5
Michigan.....	L	11-14
Northwestern.....	T	12-12
* Michigan State.....	L	9-18
Big Ten Meet.....	2nd	
NCAA Meet.....	4th	

1960-61 (5-6)

Indiana.....	W	24-15
Illinois.....	L	18-20
Oklahoma State.....	L	2-25
Oklahoma.....	L	11-14
* Minnesota.....	W	26-12
* Northwestern.....	W	23-11
Wisconsin.....	W	22-17
* Colorado State.....	W	17-8
* Michigan.....	L	14-21
Michigan State.....	L	3-31
* Purdue.....	L	9-23
Big Ten Meet.....	4th	
NCAA Meet.....	T21st	

1961-62 (7-2)

* Illinois.....	W	14-13
Northwestern.....	W	17-9
* Michigan State.....	L	13-15
* Wisconsin.....	W	16-12
Michigan.....	W	15-13
* Oklahoma.....	L	10-17
Minnesota.....	W	18-12
Indiana.....	W	22-10
Purdue.....	W	20-11
Big Ten Meet.....	1st	
NCAA Meet.....	3rd	

1962-63 (8-4)

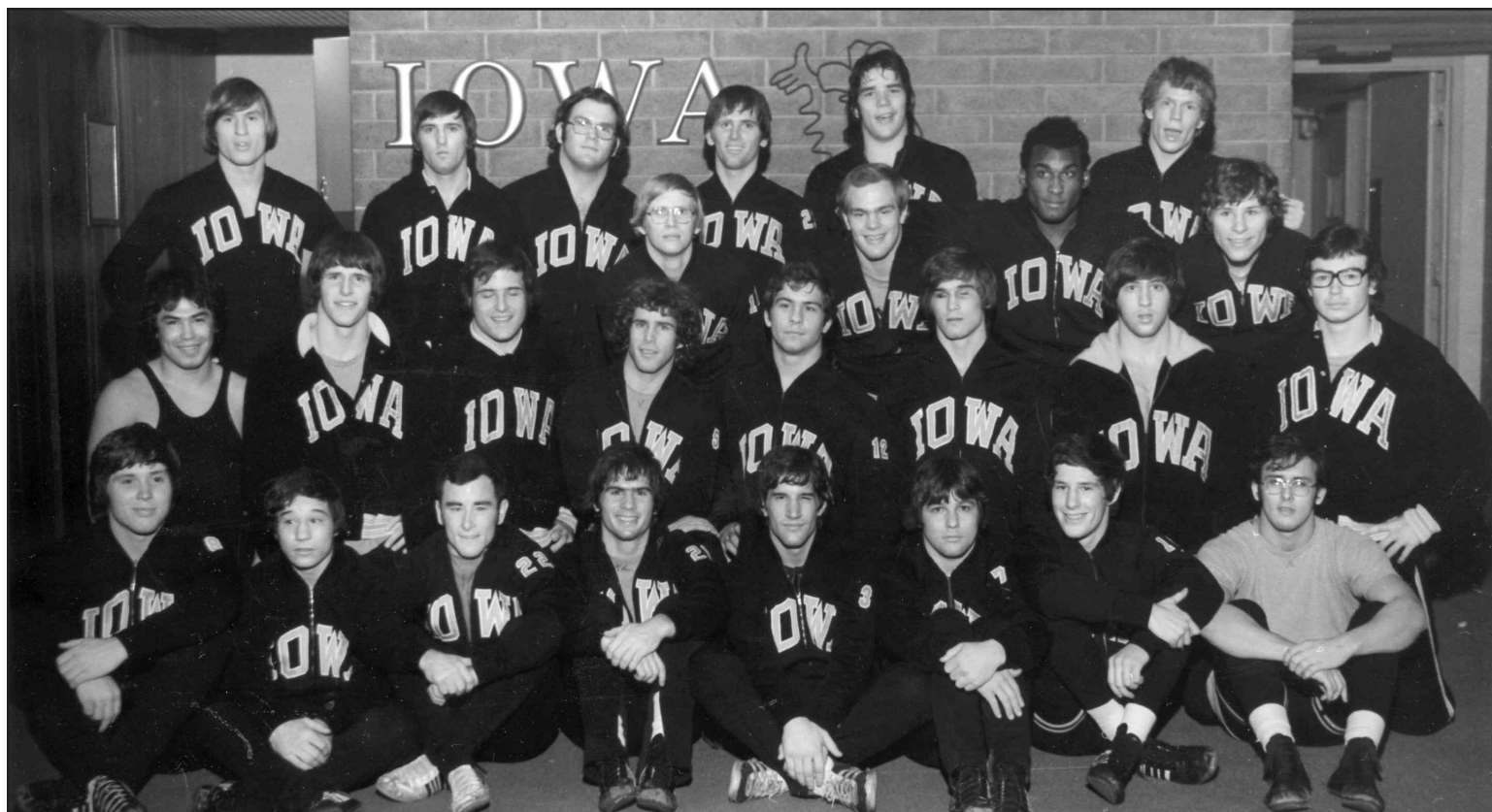
Illinois.....	W	14-12
Wisconsin.....	W	23-7
Ohio State.....	W	17-8
Minnesota.....	W	19-7
Oklahoma State.....	L	9-15
Oklahoma.....	L	13-16
* Northwestern.....	W	18-9
* Minnesota.....	W	19-8
Michigan State.....	L	11-14
* Indiana.....	W	27-3
* Purdue.....	W	16-11
* Michigan.....	L	12-17
Big Ten Meet.....	2nd	
NCAA Meet.....	7th	



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ALL-TIME RESULTS



Head Coach Gary Kurdelmeier and Assistant Coach Dan Gable, both in their third years at Iowa, were optimistic at the beginning of the 1974-75 season, hoping to defend their Big Ten team title and post a winning dual season. The duo not only accomplished those goals, but added the first NCAA team title in school history and the school's ninth undefeated season (17-0-1) to their list of accomplishments. The Hawkeyes also set then-school records for most all-Americans (5) and most dual wins (17) in a season. Dan Holm and Chuck Yagla each won their first NCAA individual title.

1963-64 (7-3)

* Illinois	W	16-10
* Wisconsin	W	23-9
Minnesota	W	19-8
* Oklahoma	L	12-14
* Michigan State	W	15-13
Northwestern	L	7-19
Indiana	W	15-12
Purdue	W	17-11
Purdue	W	19-8
Michigan	L	9-15
Big Ten Meet	2nd	
NCAA Meet	T12th	

1964-65 (5-6)

* Colorado State	W	15-9
Illinois	W	16-10
Michigan State	L	10-18
* Ohio State	W	15-12
* Minnesota	W	14-13
* Indiana	L	11-14
* Cornell (NY)	L	6-24
Oklahoma	L	2-25
* Northwestern	L	11-15

Wisconsin	W	17-11
* Michigan	L	8-23
Big Ten Meet	T9th	

1965-66 (2-7-2)

* Illinois	W	17-9
Michigan	L	0-32
Toledo	L	9-17
Minnesota	L	0-32
* Oklahoma	L	0-39
Northwestern	W	16-12
Indiana	T	12-12
Ohio State	L	11-14
* Michigan State	L	8-21
* Wisconsin	L	12-18
* Purdue	T	14-14
Big Ten Meet	T8th	

1966-67 (7-8)

Illinois	W	23-6
E. Strdsbrg	L	15-20
Army	L	14-15
N.Y.A.C.	L	9-20
* Missouri	W	24-8
* Indiana	L	15-23

* Minnesota	L	13-17
* Ohio State	W	25-6
* Michigan	L	8-20
* Northwestern	L	8-25
Michigan State	L	8-24
Minnesota	W	20-9
Ohio State	W	15-14
Wisconsin	W	19-11
Purdue	W	24-9
Big Ten Meet	8th	

1967-68 (13-3)

Purdue	W	34-3
Bowling Green	W	23-6
Indiana	L	13-19
Illinois	W	27-6
Wisconsin	W	19-0
* Illinois State	W	27-3
Minnesota	W	23-6
Michigan	L	6-25
Northwestern	L	6-18
* Michigan State	W	15-12
Ohio State	W	25-5
Wisconsin	W	17-13
Virginia Tech	W	21-10

* Purdue	W	31-0
* N. Iowa	W	21-6
* N. Illinois	W	22-10
* Big Ten Meet	T2nd	
NCAA Meet	T31st	

1968-69 (15-2)

Illinois	W	28-3
E. Strdsbrg	W	21-8
Yale	W	37-0
Maritime	W	21-8
Army	W	18-11
* Indiana	W	24-8
* Mankato State	W	25-8
* Wisconsin State	W	23-6
* Michigan	W	22-8
* Northwestern	W	21-6
* Minnesota	W	23-10
* Oklahoma	L	6-23
Michigan State	L	9-18
Purdue	W	31-0
Ohio State	W	29-0
Wisconsin	W	25-6
Purdue	W	32-3
Big Ten Meet	2nd	
NCAA Meet	7th	

**1969-70 (15-1)**

* Illinois	W	22-11
* Army	W	25-7
Midlands	9th	
Indiana	W	35-3
* Ath. Action	W	19-16
Northwestern	W	27-9
* Wisconsin	W	29-3
* Michigan State	L	13-20
* S. Illinois	W	20-11
* Michigan	W	18-16
Wisconsin State	W	21-12
Minnesota	W	19-13
* Purdue	W	27-7
Cornell (IA)	W	22-11
W. Illinois	W	29-8
Dubuque	W	29-8
Drake	W	36-0
Big Ten Meet	2nd	
NCAA Meet	5th	

1970-71 (12-4-1)

* Augustana (11/20)	W	34-5
* Graceland (11/20)	W	35-5
* Illinois (11/20)	W	32-0
* Michigan State (1/9)	L	12-22
* Purdue (1/9)	W	26-11
* Ohio (1/23)	T	16-16
S. Illinois (1/23)	L	14-17
* Northwestern (1/30)	W	28-6
* Indiana (1/30)	W	27-11
* Arizona (1/30)	W	19-17
* Michigan (2/6)	L	16-17
* Minnesota (2/20)	W	19-14
* Wisconsin (2/20)	W	21-9
* Ohio State (2/20)	W	26-13
* Minnesota (2/20)	W	30-6
Drake (2/23)	W	35-3
N. Iowa (3/19)	L	12-18
Big Ten Meet	2nd	
NCAA Meet	T32nd	

1971-72 (11-0-1)

* Illinois (12/17)	W	28-9
* Michigan State (1/8)	W	22-14
* N. Iowa (1/8)	W	24-6
* Minnesota (1-22)	W	20-14
N. Iowa (1/29)	W	25-9
Indiana (1/29)	W	24-12
Northwestern (1/29)	W	24-10
* Lehigh (1/31)	W	33-3
* Michigan (2/4)	T	15-15
* Drake (2/4)	W	31-9
* Purdue (2/5)	W	19-15
* Wisconsin (2/12)	W	30-9
Big Ten Meet	2nd	
NCAA Meet	11th	

1972-73 (10-4-2)**Head Coach: Gary Kurdelmeier**

Minnesota Invite	8 champs	
N. Iowa Open	5 champs	
Lehigh Invite	5 champs	
* Iowa Invite	5 champs	
Maryland (12/8)	W	25-6
S. Illinois (12/9)	W	35-0
Lehigh (12/9)	W	24-8
Indiana (12/14)	W	30-10
Illinois (12/14)	W	24-11
S. Illinois (1/5)	W	36-5
Purdue (1/8)	W	38-2
* Iowa State (1/13)	L	9-29
* Wisconsin (1/13)	T	17-17
* Minnesota (1/20)	L	16-18
* Northwestern (1/20)	W	34-6
Michigan (2/2)	L	17-18
* Michigan State (2/3)	T	19-19
* Oregon State (2/12)	L	11-23
Drake (2/12)	W	30-3
N. Iowa (2/12)	W	26-9
Big Ten Meet	2nd	
NCAA Meet	T7th	

1973-74 (10-2-2)

Minnesota Invite	7 champs	
N. Iowa Open	4 champs	
* S. Illinois (12/7)	W	33-3
* Iowa Invite	5 champs	
* Illinois (12/7)	W	43-0
Clarion State (12/7)	W	23-10
Drake (1/8)	W	30-8
* Lehigh (1/11)	W	25-9
* Purdue (1/12)	W	35-6
Wisconsin (1/12)	T	17-17
Minnesota (1/12)	W	21-14
Northwestern (1/26)	W	24-8
* Michigan (2/1)	L	16-21
N. Iowa (2/4)	L	15-17
* Indiana (2/8)	W	43-0
Iowa State (2/8)	W	23-12
* Michigan State (2/22)	T	16-16
Big Ten Meet	1st	
NCAA Meet	5th	

1974-75 (17-0-1)

Minnesota Invite	13 champs	
Northern Open	4 champs	
* Drake (12/6)	W	33-6
Oklahoma (12/6)	W	29-8
Hofstra (12/6)	W	42-0
Lehigh (12/6)	W	23-12
Illinois (12/6)	W	25-9
Midlands	1st	
* Iowa State (1/3)	T	19-19
Michigan State (1/10)	W	21-9
* Arizona (1/14)	W	48-0

* Wisconsin (1/17)	W	17-14
* Minnesota (1/18)	W	34-3
* Northwestern (1/24)	W	38-0
* Montcl. State (1/25)	W	47-0
Michigan (1/31)	W	28-8
Alabama (2/8)	W	37-9
Indiana (2/7)	W	44-3
Purdue (2/8)	W	33-3
* Oklahoma (2/15)	W	34-5
* N. Iowa (1/21)	W	31-8
Big Ten Meet	1st	
NCAA Meet	1st	

1975-76 (14-1)

Minnesota Invite	6 champs	
Drake	W	35-6
Northern Open	2 champs	
Clev. State (12/5)	W	36-9
* Illinois (12/9)	W	40-3
* Kentucky (12/12)	W	38-3
N. Iowa Open	5 champs	
Midlands	1st	
Iowa State (1/9)	W	19-14
* Lehigh (1/10)	W	32-17
Wisconsin (1/16)	W	22-15
Minnesota (1/16)	W	27-9
Northwestern (1/24)	W	27-6
* Michigan (1/24)	W	33-0
* Michigan State (1/31)	W	34-3
* Indiana (2/6)	W	39-2
N. Iowa (2/5)	W	31-8
Oklahoma (2/6)	L	12-21
* Iowa State (2/21)	W	27-12
* Big Ten Meet	1st	
NCAA Meet	1st	

1976-77 (17-1-1)**Head Coach: Dan Gable**

Minnesota Invite	7 champs	
* N. Iowa (11/27)	W	37-3
* Purdue (12/3)	W	49-0
Clev. State (12/4)	W	26-12
Hofstra	W	39-6
Kentucky	W	30-9
Lehigh	W	34-3
* Drake (12/9)	W	44-2
Midlands	1st	
* Iowa State (1/7)	L	15-17
* Temple (1/9)	W	43-5
* Cal-Poly (1/14)	W	27-3
* Oklahoma State (1/15)	W	22-10
* Wisconsin (1/21)	W	24-14
* Minnesota (1/22)	W	33-12
* Northwestern (1/29)	W	33-6
Michigan (2/4)	W	27-8
Michigan State (2/5)	W	25-6
* Oklahoma (2/11)	W	34-3

Iowa State (2/19)	T	17-17
Illinois (2/24)	W	36-6
* Big Ten Meet	1st	
NCAA Meet	3rd	

1977-78 (15-1)

Minnesota Invite	11 champs	
* Indiana State (11/26)	W	56-0
* Clev. State (12/2)	W	43-3
N. Iowa Open	5 champs	
* LSU (12/5)	W	35-11
* N. Iowa (12/10)	W	26-17
Midlands	1st	
Iowa State (1/7)	L	16-18
* Lehigh (1/14)	W	36-8
Minnesota (1/14)	W	40-5
Wisconsin	W	23-17
Northwestern	W	42-2
Drake (1/31)	W	40-6
* Michigan (2/3)	W	43-6
* Michigan State (2/4)	W	49-3
Oklahoma State	W	23-15
Oklahoma (2/10)	W	29-8
* Iowa State (2/18)	W	24-13
Illinois (2/23)	W	37-2
Big Ten Meet	1st	
NCAA Meet	1st	

1978-79 (19-0)

Minnesota Invite	11 champs	
N. Iowa	W	32-6
Ohio State	W	43-0
Clev. State (12/1)	W	42-6
Syracuse	W	41-3
Lehigh	W	29-10
* Drake (12/8)	W	52-0
* Illinois (12/9)	W	50-3
Midlands	1st	
* Iowa State (1/6)	W	24-14
* Oklahoma State (1/12)	W	33-7
* Wisconsin (1/19)	W	28-14
* Minnesota (1/20)	W	31-11
* Northwestern	W	50-0
* Oregon State (1/27)	W	24-13
* Cal-Poly (1/28)	W	36-3
Michigan (2/2)	W	32-12
Michigan State (2/3)	W	28-9
* Cal-Bakersfield (2/9)	W	30-14
* Arizona State (2/10)	W	30-6
Iowa State (2/17)	W	29-19
* Big Ten Meet	1st	
NCAA Meet	1st	



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The 1982-83 Hawkeyes set records for most Big Ten champions (9), largest victory margin at the Big Ten Championships (118.5), all-Americans (9), and largest point total (155) and victory margin (53) at the NCAA meet. Senior twin brothers Ed (190) and Lou Banach (Hwt.) won their second NCAA individual titles, making them only the second set of twins in NCAA Division I Wrestling Championships history to win individual titles in the same season two straight years.

1979-80 (17-1)

Minnesota Invite.....	5 champs
Northern Open	1 champ
* Ohio State (11/29).....	W39-10
* Clev. State (11/30) ...	W36-15
N. Iowa Open	4 champs
Arizona State (12/5) ..	W25-10
Cal-Bakersfield (12/5) W	35-13
Cal-Poly (12/5).....	L12-27
* N. Iowa (12/14).....	W41-3
* LSU (12/15).....	W42-6
Midlands.....	1st
Iowa State (1/5).....	W23-17
* Lehigh (1/5).....	W35-6
Wisconsin (1/5).....	W20-18
Minnesota (1/19).....	W21-20
Northwestern (1/26) ..	W42-4
* Michigan (2/1).....	W34-6
* Michigan State (2/2) ..	W35-9
Drake (2/2).....	W49-6
* Illinois (2/11).....	W43-8
* Iowa State (2/16).....	W22-12
Oklahoma State (2/16) ..	W22-14
Big Ten Meet.....	1st
NCAA Meet.....	1st

1980-81 (21-1)

Minnesota Invite.....	9 champs
N. Iowa.....	W40-8
Ohio State.....	W45-3
Clev. State.....	W37-8
Syracuse.....	W41-5
Lehigh.....	W41-5
Clarion State.....	W44-6
* Indiana (12/12).....	W35-12
Midlands.....	1st
Auburn.....	W42-0
LSU.....	W41-7
Iowa State (1/9).....	L14-25
* Oklahoma State (1/15) ..	W35-6
* Oregon State (1/17) ..	W43-0
* Wisconsin (1/23).....	W41-2
* Minnesota (1/24).....	W42-0
* Cal-Poly (1/27).....	W48-0
Illinois (1/27).....	W35-5
Northwestern (1/27) ..	W42-12
Michigan.....	W40-3
Michigan State (2/7) ..	W46-0
* Cal-Bakersfield (2/13) W	34-15
* Oklahoma (2/14).....	W30-13
* Iowa State (2/21).....	W27-6
Big Ten Meet.....	1st
NCAA Meet.....	1st

1981-82 (16-0-1)

Minnesota Invite.....	12 champs
Northern Open	1 champ
* Ohio State (12/3).....	W52-0
* Clev. State.....	W42-6
N. Iowa Open.....	6 champs
Arizona State (12/9) ..	W34-9
Cal-Bakersfield.....	W24-16
Cal-Poly (12/12).....	W37-9
* LSU (12/18).....	W43-12
* N. Iowa (12/19).....	W34-9
Midlands.....	3rd
* Iowa State (1/9).....	W24-11
* Lehigh (1/17).....	W34-7
* Wisconsin (1/22).....	W43-3
Northwestern (1/29) ..	W27-14
* Illinois (1/30).....	W46-4
Oklahoma.....	T19-19
Oklahoma State.....	W22-18
* Michigan State (2/13) ..	W43-3
* Michigan (2/13).....	W47-3
Iowa State (2/19).....	W31-8
Big Ten Meet.....	1st
NCAA Meet.....	1st

1982-83 (17-1)

Minnesota Invite.....	14 champs
Northern Open	4 champs
Ohio State.....	W34-7
Clev. State.....	W32-9
Penn State.....	W34-9
Lehigh (12/7).....	W24-20
N. Iowa.....	W33-8
* Cal-Bakersfield (12/17) ..	W44-0
* Oklahoma State (12/18) ..	L23-27
Midlands.....	1st
* Oklahoma (1/3).....	W35-7
* Syracuse (1/8).....	W46-3
Iowa State (1/15).....	W21-15
* LSU (1/22).....	W36-4
Wisconsin (1/22).....	W37-6
Illinois (1/28).....	W39-13
* Northwestern (1/29) ..	W47-3
Michigan State (2/4) ..	W30-8
Michigan (2/5).....	W40-0
* Cal-Poly (2/12).....	W47-0
* Iowa State (2/19).....	W26-11
* Big Ten Meet.....	1st
NCAA Meet.....	1st

**1983-84 (16-1)**

Minnesota Invite.....	10 champs
Northern Open.....	3 champs
* Clev. State (12/1).....	W41-6
UNI Open.....	5 champs
Arizona State (12/7) ..	W33-7
Cal-Bakersfield (12/8) W	39-5
LSU (12/10).....	W37-0
* N. Iowa (12/17).....	W30-14
Midlands.....	1st
* Penn State (1/7).....	W26-19
* Ohio State (1/8).....	W31-15
* Lehigh (1/13).....	W38-8
* Iowa State (1/14).....	W27-14
* Wisconsin (1/20).....	W28-6
Minnesota (1/21).....	W28-19
Illinois (1/28).....	W52-0
Northwestern (1/29) ..	W43-3
* Oklahoma (2/4).....	W28-11
Oklahoma State (2/10) ..	L6-24
* Michigan State (2/12) ..	W29-11
Iowa State (2/18).....	W26-16
Big Ten Meet.....	1st
NCAA Meet.....	1st

1984-85 (18-0)

Minnesota Invite.....	15 champs
Northern Open.....	5 champs
* LSU (11/30).....	W37-15
* Purdue (11/30).....	W46-0
N. Iowa Open.....	6 champs
Morgan State (12/5) ..	W45-5
Lehigh (12/6).....	W44-0
Penn State (12/7).....	W31-9
Ohio State (12/9).....	W41-2
N. Iowa (12/14).....	W43-3
Midlands.....	2nd
* N.C. State (1/5).....	W40-6
Oklahoma (1/12).....	W25-13
Iowa State (1/19).....	W28-9
* Minnesota (1/25).....	W51-0
Wisconsin (1/26).....	W23-12
Michigan State (1/27) ..	W40-3
Illinois (2/1).....	W48-6
* Northwestern (2/2) ..	W46-6
* SIU-Edw. (2/9).....	W44-13
* Oklahoma State (2/16) ..	W40-6
* Iowa State (2/23).....	W23-9
Big Ten Meet.....	1st
NCAA Meet.....	1st

1985-86 (16-1)

Minnesota Invite.....	10 champs
Northern Open.....	4 champs
SIU-Edw. (12/5).....	W30-23
Edinboro (12/7).....	W30-14
Bloomsburg (12/8) ..	W30-14
* N. Iowa (12/14).....	W39-9
Midlands.....	1st

* Oklahoma (1/4).....	W26-14
* Penn State (1/5).....	W35-5
* Lehigh (1/11).....	W47-0
* Iowa State (1/18).....	W25-9
Minnesota (1/24).....	W29-14
* Wisconsin (1/25).....	W34-9
Northwestern (1/31) ..	W33-10
* Illinois (2/1).....	W45-2
* Michigan State (2/8) ..	W51-5
* Ohio State (2/9).....	W46-0
* Drake (2/9).....	W48-6
Oklahoma State (2/14) ..	W30-9
Iowa State (2/23).....	L16-19
Big Ten Meet.....	1st
NCAA Meet.....	1st

1986-87 (19-2)

Drake.....	W40-3
Simpson.....	W60-0
SW Missouri.....	W51-0
Northern Open.....	2 champs
Penn State (12/3).....	L15-27
Lehigh (12/4).....	W18-17
Ohio State (12/6).....	W29-16
Clev. State (12/7).....	W28-10
N. Iowa (12/13).....	W31-11
Midlands.....	7th
* Arizona State (1/3) ..	W34-13
* N. Carolina (1/4).....	W26-14
Iowa State (1/11).....	L12-23
Wisconsin (1/17).....	W30-12
* Minnesota (1/23).....	W34-6
Michigan State (1/25) ..	W35-6
Oklahoma (1/30).....	W38-6
Illinois (2/1).....	W28-14
Northwestern (2/1) ..	W37-6
* SIU-Edw. (2/7).....	W39-10
* Edinboro (2/8).....	W40-7
* Oklahoma State (2/14) ..	W28-15
* Iowa State (2/21).....	W18-15
Big Ten Meet.....	1st
NCAA Meet.....	2nd

1987-88 (16-3)

Drake Classic.....	9 champs
Loras.....	W46-0
Marquette.....	W49-3
Edinboro.....	W22-14
Drake.....	W50-0
Northern Open.....	1 champ
Arizona State (12/2) ..	L18-22
* N. Iowa (12/12).....	W24-14
Midlands.....	5th
* Lehigh (1/7).....	W43-3
* Nebraska (1/9).....	W40-0
* Iowa State (1/16).....	W22-15
Minnesota (1/21).....	W26-11
* Wisconsin (1/23).....	W24-15
* Oklahoma (1/30).....	W25-12

Illinois (1/31).....	W42-5
Northwestern (1/31) ..	W33-8
* Penn State (2/6).....	L18-19
* Ohio State (2/7).....	W28-10
* Michigan State (2/7) ..	W32-15
Oklahoma State (2/13) ..	L15-19
Iowa State (2/21).....	W17-15
Big Ten Meet.....	1st
NCAA Meet.....	2nd

1988-89 (17-2)

Marquette.....	W42-9
Loras.....	W57-0
Drake.....	W37-7
Northern Open.....	1 champ
Lehigh (11/30).....	W24-13
Penn State (12/2).....	L16-18
Edinboro (12/3).....	W23-12
Ohio State (12/4).....	W25-12
N. Iowa (12/9).....	W26-11
Midlands.....	2nd
* SIU-Edw. (1/7).....	W45-3
Iowa State (1/15).....	W25-15
Wisconsin (1/21).....	W24-14
* Minnesota (1/22).....	W22-17
Ohio State.....	W33-8
Minnesota.....	W26-13
Michigan.....	L17-23
* Missouri (2/4).....	W41-6
* Oklahoma State (2/11) ..	W26-10
* Arizona State (2/12) ..	W20-14
* Iowa State (2/19).....	W22-17
Big Ten Meet.....	1st
NCAA Meet.....	6th

1989-90 (19-2-1)

N. Illinois.....	W52-0
Loras.....	W51-0
Marquette.....	W45-0
Drake.....	W44-0
Northern Open.....	1 champ
N. Iowa Open.....	5 champs
* N. Iowa (12/9).....	W39-7
* Lehigh (1/6).....	W47-3
Illinois (1/7).....	W51-0
Northwestern.....	W33-8
National Duals.....	3rd
^ Bloomsburg.....	W37-3
^ Iowa State.....	W32-2
^ Oklahoma State.....	L15-21
^ Penn State.....	W22-5
^ Iowa State.....	W24-13
* Iowa State (1/20).....	W28-6
Minnesota (1/24).....	W31-7
* Wisconsin (1/27).....	W42-2
* Penn State (2/3).....	W36-3
Ohio State (2/4).....	W38-5
Arizona State (2/9).....	T18-18
Oklahoma State (2/11) ..	L18-19

Iowa State (2/18).....	W29-8
Notre Dame.....	W36-5
Big Ten Meet.....	1st
NCAA Meet.....	3rd

1990-91 (25-0-1)

Marquette.....	W51-3
Mankato State.....	W55-0
Loras.....	W45-0
N. Illinois.....	W54-0
Drake.....	W35-6
Northern Open.....	5 champs
Lehigh (11/28).....	W42-4
Penn State (11/30)....	W32-6
Ohio State (12/1).....	W35-5
N. Iowa (12/8).....	W34-11
Midlands.....	2 champs
* Purdue (1/4).....	W32-6
* N.C. State (1/4).....	W37-7
National Duals.....	3rd
^ Ithaca.....	W55-0
^ Ohio State.....	W30-7
^ Penn State.....	T19-19
^ N. Iowa.....	W35-7
^ Ohio State.....	W43-2
Iowa State (1/20).....	W25-9
Wisconsin (1/24).....	W30-7
* Minnesota (1/26).....	W30-9
Illinois (2/1).....	W45-6
Northwestern (2/1) ..	W50-3
* Notre Dame (2/2).....	W51-0
* Oklahoma State (2/9) ..	W35-2
* Arizona State (2/10) ..	W40-5
Michigan State (2/15) ..	W42-6
* Iowa State (2/17).....	W37-6
Big Ten Meet.....	1st
NCAA Meet.....	1st

1991-92 (16-0-0)

Drake.....	W48-0
Loras.....	W57-0
Marquette.....	W51-0
Northern Open.....	5 champs
Las Vegas Open.....	1st
* N. Iowa (12/13).....	W35-4
Midlands.....	4 champs
* Lehigh (1/11).....	W49-2
Minnesota (1/24).....	W44-2
* Wisconsin (1/25).....	W35-2
* NWCA All-Star.....	4 champs
Illinois (1/31).....	W53-0
Northwestern (1/31) ..	W40-5
* Penn State (2/1).....	W30-11
National Duals.....	1st
^ Purdue.....	W39-9
^ Ohio State.....	W35-8
^ Iowa State.....	W32-13
S. Colorado (2/14)....	W43-0
Arizona State (2/16) ..	W41-6



IOWA WRESTLING

2013-14 MEDIA GUIDE

ALL-TIME RESULTS



Iowa celebrated Dan Gable's 10th season as head coach by winning its ninth consecutive national team title at the 1986 NCAA Championships held in Carver-Hawkeye Arena. It equaled the longest streak of national titles won by any school, in any sport, also held by the Yale golf team (1905-13) and the Southern Cal track team (1935-43). The Hawkeyes also set NCAA records for total points (158), victory margin (73.25) and number of national champions (5), and tied the record for most finalists (6).

* Iowa State (2/22)..... W29-8
Big Ten Meet.....1st
NCAA Meet.....1st

1992-93 (14-1-1)

N. Dakota State (11/22) .W33-7
Northern Open 2 champs
Penn State (12/4)..... T18-18
N. Iowa (12/11)..... W31-9
Midlands.....1st
* N. Carolina (1/2)..... W45-6
* Indiana (1/16)..... W34-7
National Duals.....3rd
^ C. Oklahoma..... W40-6
^ Michigan..... W27-11
^ Nebraska..... L20-24
^ Ohio State..... W26-9
^ Arizona State..... W25-14
Wisconsin (1/28)..... W34-6
* Minnesota (1/30)..... W21-13
* Northwestern (2/6).... W34-3
* Arizona State (2/13).. W30-11
* Ohio State (2/19)..... W24-13
Iowa State (2/20)..... W28-12
Big Ten Meet.....1st
NCAA Meet.....1st

1993-94 (11-3-0)

Northern Open 6 champs
Las Vegas Open 3rd
N. Iowa Open 4 champs
* N. Iowa (12/11)..... W30-8
Midlands..... 0 champs
* Penn State (1/7)..... W29-15
* Lehigh (1/13)..... W32-9
National Duals.....2nd
^ Arizona State..... W31-7
^ Fresno State..... W32-10
^ Penn State..... W24-15
^ Oklahoma State..... L15-17
Minnesota (1/28)..... L11-23
* Wisconsin (1/29)..... W26-12
Northwestern (2/4).... W37-3
Boise State (2/24).... W33-6
Oklahoma State (2/11) .L16-23
Arizona State (2/13).. W27-12
* Iowa State (2/20)..... W22-19
* Big Ten Meet.....1st
NCAA Meet.....2nd

1994-95 (14-0)

Northern Open 4 champs
Penn State (12/2)..... W33-6
Lock Haven (12/3)..... W41-3
N. Iowa (12/9)..... W40-4
Midlands..... 2 champs
* Clarion (1/7)..... W40-3
* Arizona State (1/14).. W29-7
Oregon State..... W34-10
National Duals.....1st
^ N. Carolina..... W33-9
^ Michigan State..... W33-6
^ Oklahoma State..... W31-3
Wisconsin (1/27)..... W31-4
* Minnesota (1/28)..... W24-12
* Northwestern (2/4).... W40-0
* Oklahoma State (2/11)..W29-10
Iowa State (2/18)..... W32-3
Big Ten Meet.....1st
* NCAA Meet.....1st

1995-96 (17-0)

S. Dakota State (11/24).. W29-6
Montana-Wstrn (11/26) .W48-6
Montana St.-N (11/26)..W50-0
Michigan State (12/1) .W25-13
N. Iowa Open 6 champs
* N. Iowa (12/9)..... W44-0
Midlands 4 champs
Iowa State (1/13)..... W22-12
National Duals.....1st
^ Augsburg..... W44-0
^ Clarion..... W37-6
^ Oklahoma State..... W28-13
^ Nebraska..... W20-15
Minnesota (1/26)..... W27-12
* Wisconsin (1/27)..... W35-6
Northwestern (2/1).... W27-6
* Penn State (2/3)..... W28-6
Oklahoma State (2/9) .W26-9
Arizona State (2/11).. W22-12
* Iowa State (2/18)..... W33-4
Big Ten Meet.....1st
NCAA Meet.....1st



The 1996-97 wrestling team broke the NCAA record for total points (158), which it set in 1986, with its winning total of 170, and recorded the second-largest victory margin (56.50 points) in NCAA tournament history. The Hawkeyes also crowned five NCAA Champions out of six finalists, both tying NCAA records.

1996-97 (15-1)

S. Dakota State (11/29) .. W	38-6
Buena Vista (11/29) .. W	52-0
Penn State (12/6)..... W	22-15
Lock Haven (12/7)..... W	31-6
N. Iowa Open	1 champ
* Iowa State (12/14)..... W	26-13
Midlands.....	1st
Michigan State (1/11) W	26-10
National Duals.....	2nd
^ Clarion..... W	30-7
^ Nebraska..... W	40-3
^ Minnesota	23-12
^ Oklahoma State	13-21
* Minnesota (1/24)	29-12
Wisconsin (1/25)	31-4
* Northwestern (2/1) .. W	40-4
* Illinois (2/8)..... W	25-10
* Arizona State (2/8) ... W	28-12
Iowa State (2/16)..... W	20-18
Big Ten Meet.....	1st
NCAA Meet	1st

1997-98 (13-3)

Head Coach: Jim Zalesky

Luther (11/28)..... W	51-0
N. Iowa Open	7 champs
Iowa State (12/14)..... W	28-10
Midlands.....	1st
* Penn State (1/3)..... L	17-25
* Michigan State (1/4) .. W	31-12
National Duals.....	2nd
*^ Pennsylvania (1/17) .. W	30-3
*^ Nebraska (1/17)	28-16
*^ Penn State (1/17)..... W	23-9
*^ Minnesota (1/18)..... L	17-18
Minnesota (1/23)	20-12
* Wisconsin (1/24)	39-3
Northwestern (1/29) .. W	40-0
Purdue (1/30)	30-6
Illinois (2/7)..... W	26-12
Arizona State (2/8) ... W	24-13
* Oklahoma State (2/14) .. L	18-22
* Iowa State (2/20)..... W	32-9
Big Ten Meet.....	1st
NCAA Meet	1st

1998-99 (13-4)

Augustana (11/27)..... W	57-0
S. Dakota State (11/27) .. W	45-4
N. Iowa Open	4 champs
* Iowa State (12/11)..... W	30-14
Midlands.....	1st
National Duals.....	3rd
*^ Michigan State (1/16) .. W	35-3
*^ Oklahoma (1/16)	21-13
*^ Minnesota (1/16)..... L	14-21
*^ Nebraska (1/17)	37-2
*^ Iowa State (1/17)..... W	32-7
Ohio State (1/22)..... W	32-6
Penn State (1/24)..... W	30-9
* Minnesota (1/30)..... L	17-19
* Indiana (1/31)..... W	39-9
* Wisconsin (2/5)	29-13
* Michigan (2/7)	29-12
Northwestern (2/12) .. W	36-3
Illinois (2/14)..... L	16-20
Oklahoma State (2/21) .. L	11-26
Big Ten Meet.....	2nd
NCAA Meet	1st

1999-2000 (18-0)

South Dakota State... W	47-0
Iowa Central..... W	49-0
N. Iowa Open	0 champs
* Northern Iowa (12/1) .. W	25-15
Brigham Young..... W	32-6
Iowa State (12/10)..... W	24-12
Midlands.....	1st
Lone Star Duals	
# Boise State..... W	36-7
# Oregon State..... W	35-7
# Oklahoma..... W	21-12
* Hofstra (1/15)..... W	34-3
* Purdue (1/21)	42-0
Indiana (1/23)..... W	37-6
* Penn State (1/28)..... W	22-9
Michigan State	22-13
* Oklahoma State (2/4) .. W	20-14
* Northwestern (2/6) W	41-3
* Illinois (2/11)..... W	27-9
Wisconsin..... W	37-6
Minnesota (2/20)..... W	20-13
Big Ten Meet.....	1st
NCAA Meet	1st



IOWA WRESTLING

2013-14 MEDIA GUIDE

ALL-TIME RESULTS

2000-01 (18-4)

Kaufman-Brand Open	2 champs
Luther (11/24)	W 43-6
Loras (11/24)	W 54-0
Oklahoma State (12/2)	L 14-21
N. Iowa Open	0 champs
* Iowa State (12/8)	W 23-17
Northern Iowa (12/10)	W 32-16
Midlands	2 champs
Fresno State (1/4)	W 38-7
Oregon (1/6)	W 36-9
Oregon State (1/6)	W 31-6
* Hofstra (1/13)	W 40-3
Northwestern (1/14)	W 45-3
National Duals	3rd
^ Edinboro (1/20)	W 35-14
^ Michigan (1/20)	W 20-18
^ Minnesota (1/20)	L 17-20
^ Oklahoma (1/21)	W 23-18
^ Iowa State (1/21)	W 26-21
Purdue (1/26)	W 32-16
* Wisconsin (1/28)	W 31-13
Michigan (2/2)	L 16-18
Penn State (2/4)	W 33-10
* Michigan State (2/11)	W 31-9
* Ohio State (2/16)	W 34-11
* Minnesota (2/18)	L 16-17
Big Ten Meet	3rd
* NCAA Meet	2nd

2001-02 (16-4)

C. Missouri St. Open	6 champs
Kaufman-Brand Open	3 champs
Pennsylvania (11/30)	W 21-12
Hofstra (12/1)	W 24-15
Princeton (12/1)	W 36-7
Iowa State (12/9)	W 21-16
* Northern Iowa (12/14)	W 27-10
Midlands	1st
* Oklahoma St. (1/11)	L 15-21
National Duals	3rd
^ C. Michigan	W 36-6
^ Michigan	L 12-23
^ Arizona St.	W 39-3
^ Pennsylvania	W 17-15
^ Oklahoma	W 17-14
^ Iowa St.	W 25-15
Ohio St. (1/25)	W 21-16
* Northwestern (1/27)	W 40-6
Minnesota (2/1)	L 15-22
Wisconsin (2/3)	W 23-9
Penn St. (2/10)	W 24-11
* Michigan (2/15)	L 15-20
* Indiana (2/17)	W 26-12
Illinois	W 24-10
Big Ten Meet	2nd
NCAA Meet	4th

2002-03 (17-3)

Minnesota (11/15)	W 24-11
Kaufman-Brand Open	4 champs
* Lehigh (12/1)	W 25-13
* Arizona State (12/1)	W 32-7
Northern Iowa Open	0 champs
* Iowa State (12/8)	W 34-7
Northern Iowa (12/13)	W 30-7
Midlands	1st
* Cal Davis (1/3)	W 36-3
Oklahoma State (1/12)	L 15-24
National Duals	3rd
^ Central Michigan (1/18)	W 28-8
^ Michigan (1/18)	W 29-11
^ Oklahoma (1/18)	L 18-18
^ Minnesota (1/19)	W 18-18
^ Ohio State (1/19)	W 34-10
* Wisconsin (1/24)	W 34-3
* Illinois (1/26)	W 40-4
NWCA All-Star Classic	1 champ
Michigan State (2/7)	L 19-19
Penn State (2/9)	W 26-10
* Minnesota (2/14)	W 22-18
* Purdue (2/16)	W 33-7
Indiana	W 34-3
Northwestern	W 44-6
Big Ten Meet	2nd
NCAA Meet	8th

2003-04 (11-4)

C. Missouri Open	4 champs
Kaufman-Brand Open	2 champs
Southwest State	W 54-0
Minnesota State	W 37-3
at Arizona State (11/30)	W 24-17
at Embry Riddle	W 41-6
N. Iowa Open	1 champ
at Iowa State (12/7)	L 13-21
* Northern Iowa (12/11)	W 27-10
at Midlands	5th 0 champs
at Brand Open	1 champ
* Oklahoma State (1/11)	L 10-30
* Northwestern (1/17)	W 39-4
at Michigan (1/23)	L 16-20
at Purdue (1/25)	W 23-9
* Penn State (1/30)	W 23-11
* Michigan State (2/1)	W 31-6
at Wisconsin (2/13)	W 24-9
at Minnesota (2/15)	L 15-18
* Ohio State (2/20)	W 22-18
at Big Ten Meet	1st
at NCAA Meet	2nd

2004-05 (10-5)

at Spartan Classic	10 champs
at Kauf-Brand Open	2 champs
* Arizona State (11/27)	W 29-10
at N. Iowa Open	0 champs
* Iowa State (12/5)	L 16-19
at Northern Iowa (12/9)	W 23-13
at Midlands	2nd 3 champs
* Virginia Tech (1/7)	W 38-0
at Fresno State (1/9)	W 30-7
at Cal-Davis (1/9)	W 26-9
at Oklahoma State (1/16)	L 12-26
* Wisconsin (1/23)	W 19-14
at Illinois (1/28)	L 7-25
at Northwestern (1/29)	L 19-22
at Penn State (2/4)	W 23-16
at Ohio State (2/5)	W 30-6
* Minnesota (2/11)	W 23-14
* Michigan (2/13)	L 11-21
* Indiana (2/20)	W 17-16
* Big Ten Meet	4th
at NCAA Meet	7th

2005-06 (11-7)

at Spartan Classic	7 champs
at Kauf.-Brand Open	2 champs
at Arizona State (11/26)	W 26-13
at Iowa State (12/2)	W 20-15
at Northern Iowa Open	1 champ
* Northern Iowa (12/8)	W 25-11
at Midlands	4th 0 champs
* Oklahoma State (1/7)	L 14-18
^ Nebraska	L 13-24
^ Missouri	W 31-12
^ Oklahoma	W 21-15
^ Northern Illinois	W 24-6
^ Michigan	L 15-19
at Wisconsin (1/20)	W 24-7
at Minnesota (1/22)	L 9-25
* Purdue (1/27)	W 28-11
at Indiana (1/29)	W 30-12
* Penn State (2/3)	L 12-21
at Michigan State (2/5)	L 17-19
* Illinois (2/10)	L 13-24
* Northwestern (2/12)	W 20-16
* Boise State (2/17)	W 24-13
at Big Ten Meet	6th
at NCAA Meet	4th

2006-07 (14-5)

Head Coach: Tom Brands

at Kauf.-Brand Open	3 champs
at Northern Iowa (11/21)	W 18-15
* Arizona State (11/25)	W 39-3
* Iowa State (12/3)	W 24-6
* Coe (12/7)	W 50-0
* N. Carolina State (12/7)	W 38-9
at Midlands	2nd ... 1 champ
^ Cal Davis	W 41-4
^ Oklahoma State	L 13-22
^ Nebraska	W 30-5
^ Northwestern	W 22-18
^ Hofstra	W 26-10
Oklahoma State (1/9)	L 11-21
Northwestern (1/21)	W 24-14
Purdue (1/26)	W 36-3
Wisconsin (1/27)	L 14-21
Michigan (2/2)	W 20-13
Penn State (2/4)	L 13-24
* Michigan State (2/11)	W 33-9
* Ohio State (2/16)	W 25-12
* Minnesota (2/18)	L 13-29
at Big Ten Meet	3rd
at NCAA Meet	8th

2007-08 (21-1)

at Cyclone Open	0 champs
at Kauf.-Brand Open	6 champs
% Findlay	W 40-3
% Iowa Central	W 50-0
% Old Dominion	W 28-13
% N. Carolina State	W 37-9
at Spartan Open	2 champs
at Iowa State (12/9)	W 20-13
* Northern Iowa (12/13)	W 40-3
* Cornell College (12/13)	W 51-0
at Midlands	1st. 4 champs
* Oklahoma State (1/5)	L 14-19
National Duals	1st
^ Cornell	W 32-3
^ Missouri	W 27-9
^ Michigan	W 23-13
^ Nebraska	W 24-6
at Ohio State (1/18)	W 24-10
* Penn State (1/20)	W 27-13
* Northwestern (1/27)	W 22-13
at Minnesota (2/1)	W 20-13
at Wisconsin (2/3)	W 22-20
vs. Arizona State (2/8)	W 36-3
at Boise State (2/10)	W 30-9
* Indiana (2/15)	W 28-7
* Michigan (2/17)	W 20-16
at Illinois (2/24)	W 21-12
at Big Ten Meet	1st
at NCAA Meet	1st

* -- at Iowa City

^ -- at National Duals

-- at Lone Star Duals

% - at St. Edward Duals

& -- at Journeyman Duals

**2008-09 (24-0)**

at Cyclone Open	0 champs
* Iowa Central (11/21) .. W	52-0
* Coe (11/21)	W 51-0
* Minn. St.-Mankato (11/21) .. W	45-3
* Arizona State (11/21) .. W	41-0
at Kauf.-Brand Open	4 champs
& vs. Binghamton	W 48-0
& vs. Maryland	W 34-6
& vs. C. Michigan	W 27-6
& vs. Bloomsburg	W 39-3
* Iowa State (12/6)	W 20-15
at N. Iowa Open	3 champs
at Northern Iowa (12/11) .. W	30-12
at Midlands	1st. 3 champs
^ National Duals	1st
^ vs. Wyoming	W 38-3
^ vs. Minnesota	W 27-7
^ vs. Nebraska	W 22-11
^ vs. Cornell	W 23-13
at Oklahoma St. (1/18) .. W	20-13
* Wisconsin (1/23)	W 24-12
* Illinois (1/25)	W 32-4
* Bucknell (1/30)	W 40-3
at Michigan State (2/6) .. W	22-15
at Penn State (2/8)	W 31-6
* Purdue (2/13)	W 38-0
* Minnesota (2/15)	W 25-9
at Indiana (2/20)	W 24-12
at Northwestern (2/22) .. W	34-13
at Big Ten Meet	1st
at NCAA Meet	1st

2009-10 (23-0)

at H. Nichols Open	2 champs
* Coe (11/20)	W 39-3
* Cornell College (11/20) .. W	57-0
* Iowa Lakes (11/20)	W 52-0
* UNC Pembroke (11/20) .. W	47-0
* SIU Edwardsville (11/20) .. W	51-0
at Kauf.-Brand Open	2 champs
at Bucknell (11/27)	W 29-7
vs. Rutgers (11/27)	W 33-9
at Iowa State (12/6)	W 18-16
* Northern Iowa (12/10) .. W	48-3
at Midlands	1st. 3 champs
^ National Duals	1st
^ vs. Nebraska (1/9)	W 33-3
^ vs. Boise State (1/9)	W 20-12
^ vs. Minnesota (1/10) .. W	28-12
^ vs. Iowa State (1/10) .. W	19-12
* Oklahoma State (1/16) .. W	19-16
at Michigan (1/22)	W 36-0
vs. Purdue (1/24)	W 41-6
* Penn State (1/29)	W 29-6
* Michigan State (1/31) .. W	37-0

vs. Utah Valley (2/6)	W 38-0
* Northwestern (2/12)	W 49-0
at Minnesota (2/14)	W 28-9
* Ohio State (2/19)	W 32-3
at Wisconsin (2/21)	W 31-6
at Big Ten Meet	1st
at NCAA Meet	1st

2010-11 (15-0-1)

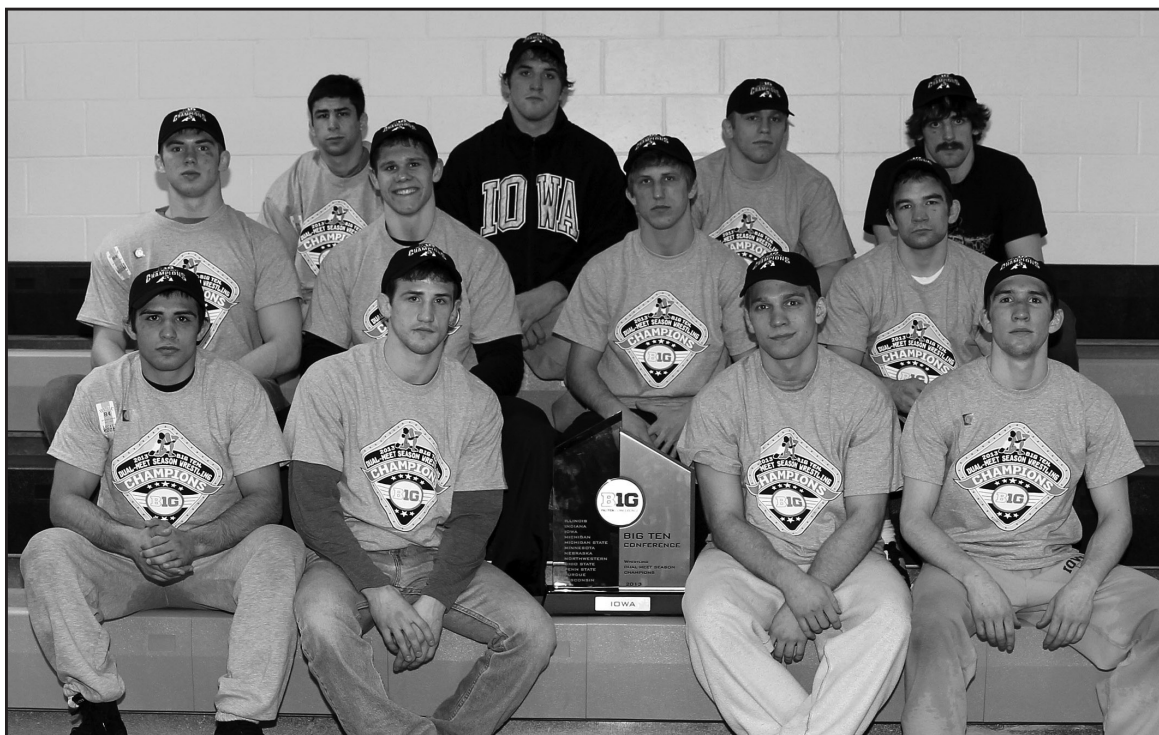
* Iowa Central (11/19)	W 45-0
* Coe (11/19)	W 44-0
vs. Chattanooga (11/19) .. W	47-0
at Cornell College (11/19) .. W	43-0
* Iowa State (12/3)	W 22-13
* Michigan State (12/4)	W 29-10
at Northern Iowa (12/9) .. W	39-0
at Midlands	4 0 champs
* SIUE (1/7)	W 49-0
at Oklahoma State (1/16)	T 15-15
* Ohio State (1/22)	W 33-3
at Northwestern (1/28) .. W	31-9
at Penn State (1/30)	W 22-13
* Indiana (2/4)	W 35-6
vs. Purdue (2/11)	W 37-3
* Michigan (2/13)	W 30-7
at Minnesota (2/20)	W 19-12
at Big Ten Meet	2nd
at NCAA Meet	3rd

2011-12 (14-4)

Lindenwood Open (11/19)	7 champs
* Baker (11/25)	W 47-3
* Cornell College (11/25) .. W	42-0
* Iowa Central CC (11/25) .. W	37-6
* Illinois (12/2)	W 20-13
at Iowa State (12/4)	W 27-9
* Northern Iowa (12/8)	W 38-4
Midlands (12/29-30)	1st. 1 champ
at Indiana (1/6)	W 26-12
* Oklahoma State (1/7)	L 16-17
at Nebraska (1/13)	W 24-9
* Northwestern (1/15)	W 24-13
at Ohio State (1/20)	L 9-21
at Penn State (1/22)	L 12-22
* Minnesota (1/29)	W 19-17
* Wisconsin (2/5)	W 39-3
^ Virginia Tech (2/12)	W 31-3
^ Oregon State (2/12)	W 22-14
^ Minnesota (2/19)	L 15-16
^ Illinois (2/19)	W 28-6
at Big Ten Meet	3rd
at NCAA Meet	3rd

2012-13 (20-3)

Cumberland (11/16)	W 52-0
#17 Virginia (11/16)	W 26-12
at Chattanooga (11/16)	W 37-6
* SIU-Edwardsville (11/24) .. W	49-0
* Cornell College (11/24) .. W	49-3
* Iowa Central (ex. 11/24) .. W	45-6
* Iowa State (12/1)	W 32-3
* #23 Lehigh (12/6)	W 26-9
vs. Hofstra (12/16)	W 42-0
vs. Bucknell (12/16)	W 34-9
at Buffalo (12/17)	W 39-3
* #4 Ohio State (1/4)	W 22-9
* #21 Purdue (1/6)	W 29-9
at #2 Oklahoma St. (1/13) .. L	12-18
at #18 Michigan (1/18) .. W	33-10
at Michigan St. (1/20) .. W	27-12
at #3 Minnesota (1/26) .. W	16-15
* #1 Penn State (2/1)	W 22-16
at #8 Illinois (2/8)	W 25-12
* #13 Nebraska (2/10)	W 31-7
* #15 Edinboro (2/16)	W 31-6
^ #9 Cornell (2/22)	W 21-16
^ #4 Minnesota (2/23)	L 15-22
^ #6 Missouri (2/23)	L 16-18
at Big Ten Meet	3rd
at NCAA Meet	4th



The Hawkeyes were 8-0 in Big Ten duals in 2012-13, marking the fifth time in the last six seasons Iowa finished the regular season with an undefeated conference mark and a Big Ten dual championship.



IOWA WRESTLING

2013-14 MEDIA GUIDE

ALL-TIME COACHING RECORDS



E.G. Schroeder



Pat Wright



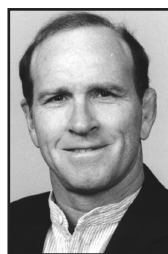
Mike Howard



Dave
McCuskey



Gary
Kurdelmeier



Dan Gable



Jim Zalesky



Tom Brands

All-Time Yearly Records & Championships Results

Year	Coach	W-L-T	NCAA Big 10
1910-11	E.G. Schroeder	0-1-0	-- --
1911-12	E.G. Schroeder	1-1-0	-- --
1912-13	E.G. Schroeder	2-0-0	-- --
1913-14	E.G. Schroeder	1-0-0	-- --
1914-15	E.G. Schroeder	1-0-1	-- 1
1915-16	Pat Wright	2-0-1	-- 1
1916-17	Pat Wright	0-2-0	-- --
1917-18	Pat Wright	1-0-0	-- --
1918-19	not available	0-1-0	-- --
1919-20	Pat Wright	0-3-0	-- --
1920-21	E.G. Schroeder	4-1-0	-- --
1921-22	Mike Howard	2-2-0	-- --
1922-23	Mike Howard	4-1-0	-- --
1923-24	Mike Howard	5-1-0	-- --
1924-25	Mike Howard	4-1-0	-- --
1925-26	Mike Howard	5-1-0	-- 3
1926-27	Mike Howard	5-1-0	-- 3
1927-28	Mike Howard	1-5-0	-- 9
1928-29	Mike Howard	0-5-1	9t 10
1929-30	Mike Howard	2-3-0	-- --
1930-31	Mike Howard	3-3-0	-- --
1931-32	Mike Howard	1-4-0	-- --
1932-33	Mike Howard	0-5-0	-- --
1933-34	Mike Howard	2-1-2	13t 3
1934-35	Mike Howard	4-1-0	8t 2
1935-36	Mike Howard	5-0-0	9 2
1936-37	Mike Howard	3-3-1	-- 7
1937-38	Mike Howard	1-6-1	-- 8
1938-39	Mike Howard	3-3-1	-- 5
1939-40	Mike Howard	3-3-0	-- 6
1940-41	Mike Howard	4-3-0	10t 2
1941-42	Mike Howard	6-1-0	-- 4
1942-43	Mike Howard	3-0-0	-- 5
1943-44	Mike Howard	0-0-0	-- 6t
1944-45	Mike Howard	0-2-0	-- 2
1945-46	Mike Howard	4-1-0	-- 5
1946-47	Mike Howard	4-1-0	7 3t
1947-48	Mike Howard	5-1-0	5t 2t
1948-49	Mike Howard	3-2-1	7t 7
1949-50	Mike Howard	4-2-0	6 5
1950-51	Mike Howard	4-2-2	-- 6t
1951-52	Mike Howard	0-5-2	14t 7
1952-53	Dave McCuskey	3-4-1	-- 5t

Year	Coach	W-L-T	NCAA Big 10
1953-54	Dave McCuskey	4-4-0	4t 4
1954-55	Dave McCuskey	9-2-1	6 2
1955-56	Dave McCuskey	6-2-0	4 2
1956-57	Dave McCuskey	7-2-0	8 3
1957-58	Dave McCuskey	10-3-0	5 1
1958-59	Dave McCuskey	10-2-0	4 2
1959-60	Dave McCuskey	4-4-1	4 2
1960-61	Dave McCuskey	5-6-0	21t 4
1961-62	Dave McCuskey	7-2-0	3 1
1962-63	Dave McCuskey	8-4-0	7 2
1963-64	Dave McCuskey	7-3-0	12t 2
1964-65	Dave McCuskey	5-6-0	-- 9t
1965-66	Dave McCuskey	2-7-2	-- 8t
1966-67	Dave McCuskey	7-8-0	-- 8
1967-68	Dave McCuskey	13-3-0	31t 2t
1968-69	Dave McCuskey	15-2-0	7 2
1969-70	Dave McCuskey	15-1-0	5 2
1970-71	Dave McCuskey	12-4-1	32t 2
1971-72	Dave McCuskey	11-0-1	11 2
1972-73	Gary Kurdelmeier	10-4-2	7t 2
1973-74	Gary Kurdelmeier	10-2-2	5 1
1974-75	Gary Kurdelmeier	17-0-1	1 1
1975-76	Gary Kurdelmeier	14-1-0	1 1
1976-77	Dan Gable	17-1-1	3 1
1977-78	Dan Gable	15-1-0	1 1
1978-79	Dan Gable	19-0-0	1 1
1979-80	Dan Gable	17-1-0	1 1
1980-81	Dan Gable	21-1-0	1 1
1981-82	Dan Gable	16-0-1	1 1
1982-83	Dan Gable	17-1-0	1 1

Year	Coach	W-L-T	NCAA Big 10
1983-84	Dan Gable	16-1-0	1 1
1984-85	Dan Gable	18-0-0	1 1
1985-86	Dan Gable	16-1-0	1 1
1986-87	Dan Gable	19-2-0	2 1
1987-88	Dan Gable	16-3-0	2 1
1988-89	Dan Gable	17-2-0	6 1
1989-90	Dan Gable	19-2-1	3 1
1990-91	Dan Gable	25-0-1	1 1
1991-92	Dan Gable	16-0-0	1 1
1992-93	Dan Gable	14-1-1	1 1
1993-94	Dan Gable	11-3-0	2 1
1994-95	Dan Gable	14-0-0	1 1
1995-96	Dan Gable	17-0-0	1 1
1996-97	Dan Gable	15-1-0	1 1
1997-98	Jim Zalesky	13-3-0	1 1
1998-99	Jim Zalesky	13-4-0	1 2
1999-2000	Jim Zalesky	18-0-0	1 1
2000-01	Jim Zalesky	18-4-0	2 3
2001-02	Jim Zalesky	16-4-0	4 2
2002-03	Jim Zalesky	17-3-0	8 2
2003-04	Jim Zalesky	11-4-0	2 1
2004-05	Jim Zalesky	10-5-0	7 4
2005-06	Jim Zalesky	11-7-0	4 6
2006-07	Tom Brands	14-5-0	8 3
2007-08	Tom Brands	21-1-0	1 1
2008-09	Tom Brands	24-0-0	1 1
2009-10	Tom Brands	23-0-0	1 1
2010-11	Tom Brands	15-0-1	3 2
2011-12	Tom Brands	14-4-0	3 3
2012-13	Tom Brands	20-3-0	4 3
Totals		926-222-31	

All-Time Coaching Records

Coach	Seasons	Years	Record	Pct.	Big Ten Titles	NCAA Titles
E.G. Schroeder	6	1911-15, 1921	9-3-1	.730	1	0
Pat Wright	4	1916-18, 1920	3-5-1	.390	1	0
Mike Howard	31	1922-52	90-69-11	.560	0	0
Dave McCuskey	20	1953-72	160-69-7	.690	2	0
Gary Kurdelmeier	4	1973-1976	51-7-5	.850	3	2
Dan Gable	21	1977-97	355-21-5	.940	21	15
Jim Zalesky	9	1998-2006	127-34-0	.789	3	3
Tom Brands	7	2006-Present	131-13-1	.907	3	3



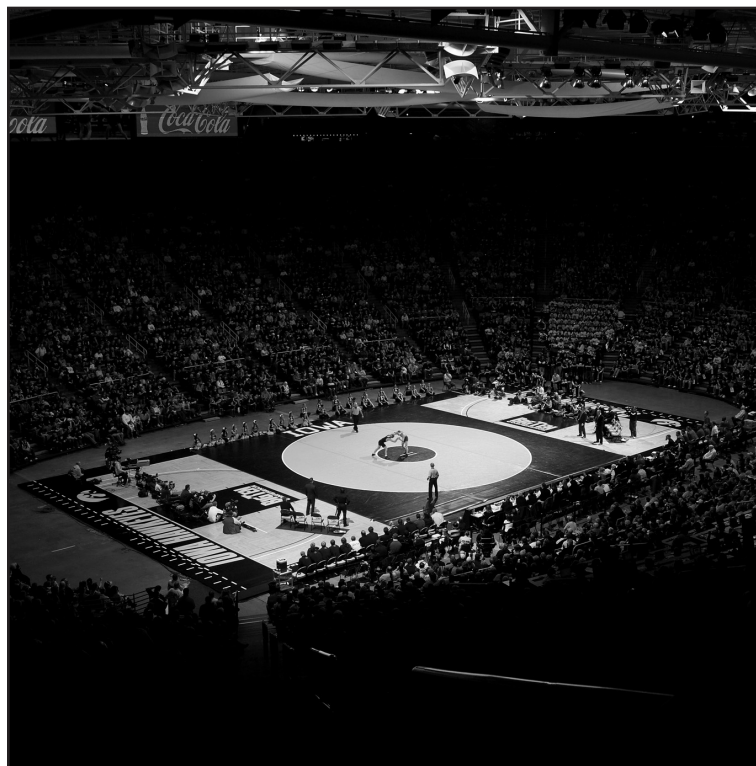
Iowa wrestling fans love their Hawkeyes, and in 2012-13 the Hawkeyes led the nation in average attendance for the seventh straight year, posting a season average of 8,764 fans per home dual. Penn State was a distant second with a 6,412 season attendance average. The Hawkeyes also hosted the dual that drew the season's largest crowd when 15,077 watched No. 3 Iowa defeat No. 1 Penn State at Carver-Hawkeye Arena on Feb. 1, 2013.

Iowa's ability to draw crowds on the road has helped 10 schools set dual attendance records. They include Minnesota (15,646 - 2002), Iowa State (14,507 - 1982), Penn State (11,245 - 1996), Northern Iowa (10,200 - 1976), North Dakota State (6,307 - 1992), Cal Davis (5,150 - 2005), Pennsylvania (5,109 - 2002), Wisconsin (4,800 - 1978), Cleveland State (3,620 - 1987) and Illinois (3,573 - 2005).

Iowa has been a part of the 49 of the top 50 largest recorded dual meet crowds, helping set the national attendance record 11 times. Thirty-one of the top 50 matchups were with intra-state rival Iowa State.

2012-13 Top 10 National Dual Meet Attendance Figures

School (Duals)	Average	Total	Best Crowd-Visitor
1. IOWA (7)	8,764	61,350	15,077-Penn State
2. Penn State (7)	6,412	44,884	6,618-Nebraska
3. Minnesota (7)	3,199	25,588	8,254-Iowa
4. Ohio State (5)	2,834	14,169	6,518-Penn State
5. Oklahoma State (5)	2,559	12,793	5,537-Iowa
6. Iowa State (5)	2,455	12,277	3,866-Northern Iowa
7. Lehigh (7)	1,717	12,019	2,719-Oklahoma
8. Missouri (4)	1,554	6,214	3,243-Oklahoma State
9. Cornell (5)	1,408	7,039	3,039-Oregon State
10. Virginia Tech (6)	1,328	7,967	2,183-Oklahoma



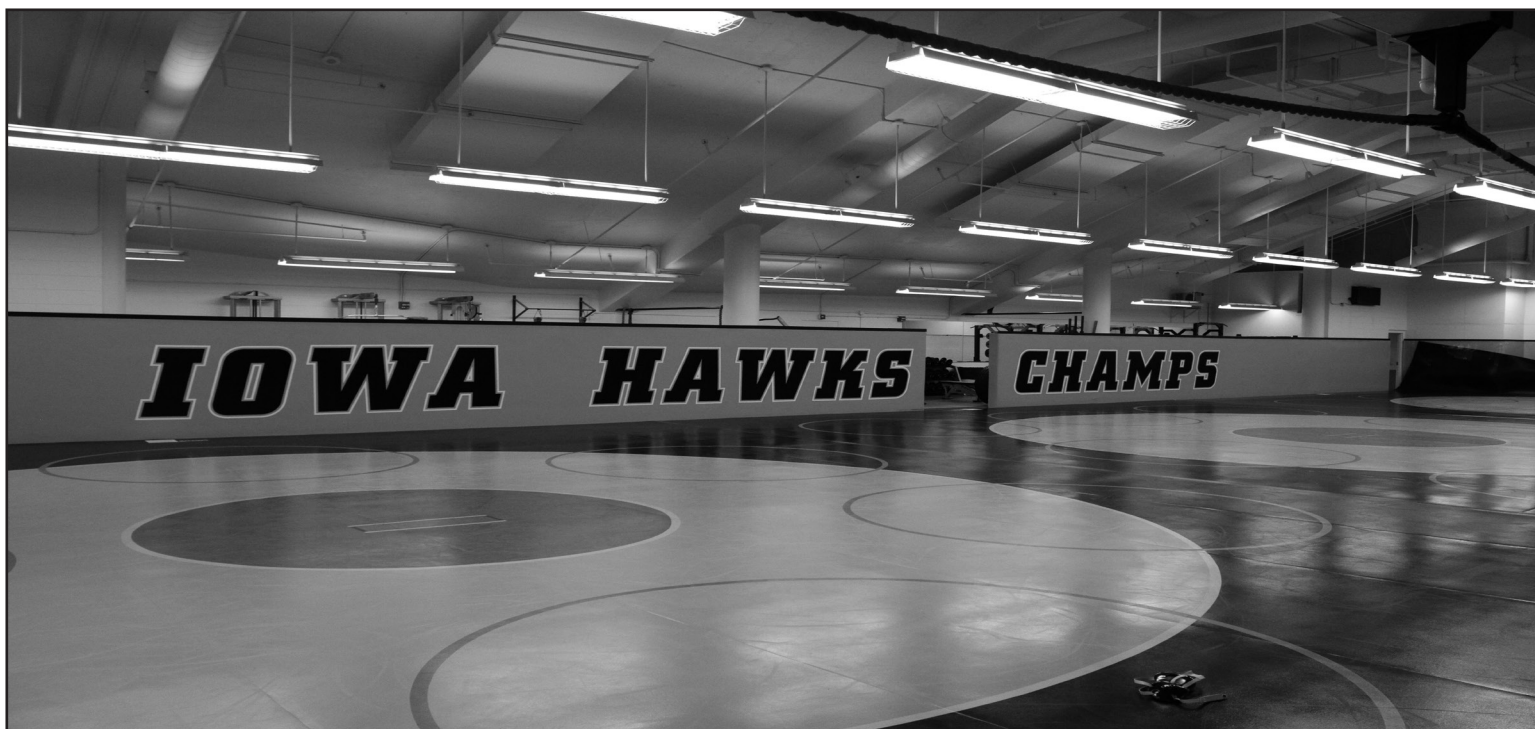
Iowa recaptured the national dual meet attendance record when 15,955 fans packed Carver-Hawkeye Arena to watch Iowa defeat intra-state rival Iowa State, 20-15, on Dec. 6, 2008.

Top 25 Largest Overall Dual Crowds

	Attendance	Home-Visitor	Date	Result
1.	15,955	Iowa-Iowa State	Dec. 6, 2008	W, 20-15
2.	15,646	Minnesota-Iowa	Feb. 1, 2002	L, 15-22
3.	15,400	Iowa-Oklahoma State	Jan. 7, 2012	L, 16-17
4.	15,291	Iowa-Iowa State	Feb. 22, 1992	W, 29-8
5.	15,283	Iowa-Iowa State	Feb. 19, 1983	W, 26-11
6.	15,210	Iowa-Iowa State	Jan. 18, 1986	W, 25-9
7.	15,077	Iowa-Penn State	Feb. 1, 2013	W, 22-16
8.	14,760	Iowa-Iowa State	Feb. 21, 1987	W, 18-15
9.	14,507	Iowa State-Iowa	Feb. 19, 1982	W, 31-8
10.	14,332	Iowa-Oklahoma State	Jan. 5, 2008	L, 14-19
11.	14,300	Iowa State-Iowa	Feb. 19, 1977	T, 17-17
	14,300	Iowa State-Iowa	Jan. 7, 1978	L, 16-18
13.	14,293	Iowa State-Iowa	Jan. 9, 1976	W, 19-14
14.	13,805	Iowa State-Iowa	Jan. 15, 1983	W, 21-15
15.	13,732	Iowa-Iowa State	Dec. 3, 2006	W, 24-6
16.	13,575	Iowa-Iowa State	Jan. 16, 1988	W, 22-15
17.	13,240	Iowa-Oklahoma State	Feb. 14, 1998	L, 18-22
18.	13,192	Iowa State-Iowa	Jan. 9, 1981	L, 14-25
19.	13,128	Minnesota-Iowa	Feb. 20, 2000	W, 20-13
20.	12,951	Iowa-Iowa State	Jan. 6, 1979	W, 24-14
21.	12,900	Iowa-Iowa State	Feb. 18, 1978	W, 24-13
	12,900	Iowa-Iowa State	Jan. 9, 1982	W, 24-11
23.	12,890	Iowa-Iowa State	Feb. 21, 1976	W, 27-12
24.	12,750	Iowa-Iowa State	Feb. 21, 1981	W, 27-6
25.	12,568	Iowa-Iowa State	Jan. 14, 1984	W, 27-14

Top 25 Dual Crowds in Carver-Hawkeye Arena

	Attendance	Opponent	Date	Result
1.	15,955	Iowa State	Dec. 6, 2008	W, 20-15
2.	15,400	Oklahoma State	Jan. 7, 2012	L, 16-17
3.	15,291	Iowa State	Feb. 22, 1992	W, 29-8
4.	15,283	Iowa State	Feb. 19, 1983	W, 26-11
5.	15,210	Iowa State	Jan. 18, 1986	W, 25-9
6.	15,077	Penn State	Feb. 1, 2013	W, 22-16
7.	14,760	Iowa State	Feb. 21, 1987	W, 18-15
8.	14,332	Oklahoma State	Jan. 5, 2008	L, 14-19
9.	13,732	Iowa State	Dec. 3, 2006	W, 24-6
10.	13,575	Iowa State	Jan. 16, 1988	W, 22-15
11.	13,240	Oklahoma State	Feb. 14, 1998	L, 18-22
12.	12,951	Iowa State	Jan. 6, 1979	W, 24-14
13.	12,900	Iowa State	Feb. 18, 1978	W, 24-13
	12,900	Iowa State	Jan. 9, 1982	W, 24-11
15.	12,890	Iowa State	Feb. 21, 1976	W, 27-12
16.	12,750	Iowa State	Feb. 21, 1981	W, 27-6
17.	12,568	Iowa State	Jan. 14, 1984	W, 27-14
18.	12,250	Iowa State	Jan. 7, 1977	L, 15-17
19.	12,200	Iowa State	Jan. 3, 1975	T, 19-19
	12,200	Iowa State	Feb. 16, 1980	W, 22-12
21.	12,145	Iowa State	Dec. 8, 2000	W, 23-17
22.	12,112	Oklahoma State	Feb. 9, 1991	W, 35-2
23.	11,895	Iowa State	Dec. 3, 2010	W, 22-13
24.	11,845	Oklahoma State	Feb. 11, 1995	W, 29-10
25.	11,679	Iowa State	Feb. 18, 1996	W, 33-4



The Dan Gable Wrestling Complex was a part of the \$47 million revitalization and expansion of Carver-Hawkeye Arena. The complex features an extended training space, a new locker room, new coaches locker room, student-athlete video center, and a new office suite.

Carver-Hawkeye Arena has been the home of Iowa wrestling since 1983. The facility is one of the finest of its kind in the world, and it seats 15,077 fans for a dual wrestling meet. The arena is named after the late Roy J. Carver, a long-time friend and contributor to the University. Carver had a love for Iowa athletics and a lifelong affection for wrestling. Carver died in 1981 at the age of 71.

Iowa's basketball and volleyball squads also compete in the bowl-shaped arena. The multi-purpose building has also been the site of banquets, concerts, exhibition shows and graduation ceremonies. Besides the main floor, where dual meets are staged, the arena boasts one of the best wrestling workout areas in the nation. The Dan Gable Wrestling Complex features three mats, a locker room, sauna, weight-lifting facilities and retractable bleachers.

The Board of Regents, State of Iowa approved the schematic design, project description, budget, and financing plan for a \$47 million addition and revitalization of the arena that was completed in 2011. The Carver-Hawkeye Arena – Addition and Renovation Project added a practice facility immediately north of the arena for use by the Hawkeye men and women's basketball and volleyball programs; renovation of the practice, fitness and weight-training facilities utilized by the wrestling program; renovation and expansion of other fitness and weight-training space in the arena utilized by the majority of Iowa's 24 sports; the renovation and expansion of locker rooms in the facility; and the renovation of existing and the creation of new office, meeting, and storage space for use by administrative and coaching staff of the Athletics Department. The project began in the fall of 2009 and the UI Department of Athletics moved back into the facility in July, 2011.

The revitalization of the arena also extends into spaces used by the general public on game days and nights. This includes renovation of select concessions and restroom facilities, and the creation of hospitality and meeting spaces. There are also club facilities for fans of the Hawkeyes who choose to participate in a variety of premium seating options similar to that which are available in the Paul W. Brechler Press Box at Kinnick Stadium.

The Hawkeyes have a .915 winning percentage at Carver-Hawkeye Arena. Iowa's 205-19 all-time mark in the building includes a record 10 home triumphs

during the 1986 season. The Hawkeyes have recorded 20 undefeated seasons in Carver-Hawkeye, with the most recent (9-0) occurring in 2012-13. The first event held in the arena was a wrestling meet on January 3, 1983. Iowa beat Oklahoma 35-7. Iowa all-American Tim Riley won the first match contested in the arena.

On Dec. 6, 2008, Iowa set the NCAA wrestling dual meet attendance record when 15,955 fans saw the Hawkeyes defeat Iowa State, 20-15, in Carver-Hawkeye Arena.

In all, the Hawkeyes have hosted several conference and national tournaments. Three Big Ten (1983, 1994 and 2005) and four NCAA Championships (1986, 1991, 1995 and 2001) were held in Carver-Hawkeye Arena, with Iowa winning the team title five of the seven times. The total attendance figures for the 1995 (80,389), 2001 (79,477) and 1991 (70,163) NCAA Championships rank ninth, 11th and 15th, respectively among NCAA Wrestling Championships. Carver-Hawkeye Arena has also held the 1984 U.S. Olympic trials, the annual N.W.C.A. All-Star Wrestling Classic in 1993 and 1996, and the Cliff Keen/N.W.C.A. National Duals in 1998 and 1999.

The award winning facility hosted the 2012 USA Wrestling Olympic Team Trials. Nearly 300 wrestlers competed for a spot on Team USA's men's freestyle, women's freestyle, and Greco-Roman Olympic teams at Carver-Hawkeye Arena April 21-22.





Hawkeye Locker Room



Hawkeye Video Room



Dan Gable Wrestling Complex Weight Room

Iowa's CHA Record		
Year	W-L	Pct.
1982-83	6-0	1.000
1983-84	9-0	1.000
1984-85	8-0	1.000
1985-86	10-0	1.000
1986-87	7-0	1.000
1987-88	8-1	.889
1988-89	6-0	1.000
1989-90	7-0	1.000
1990-91	7-0	1.000
1991-92	5-0	1.000
1992-93	6-0	1.000
1993-94	5-0	1.000
1994-95	5-0	1.000
1995-96	4-0	1.000
1996-97	5-0	1.000
1997-98	6-3	.667
1998-99	8-2	.800
1999-2000	7-0	1.000
2000-01	5-1	.833
2001-02	4-2	.667
2002-03	8-0	1.000
2003-04	5-1	.833
2004-05	5-2	.714
2005-06	4-3	.571
2006-07	6-2	.750
2007-08	6-1	.857
2008-09	7-0	1.000
2009-10	11-0	1.000
2010-11	8-0	1.000
2011-12	8-1	.889
2012-13	9-0	1.000
Total	205-19	.915



Gary Barta Director of Athletics

Now in his eighth year as director of athletics at the University of Iowa, Gary Barta continues to provide the UI's almost 900 student-athletes, coaches, administrators, and support staff the strong leadership and strategic vision that is the foundation for the Hawkeyes' success both today and in the future.

Barta often notes, "Hope is not a strategy," and evidence of his commitment to planning and execution is his second strategic plan for

the UI Athletics Department. The latest document addresses the next five years for the Hawkeyes and is built on the same core tenets contained in the first: Win. Graduate. Do it right.

Under Barta's direction, the UI continues to put into place the infrastructure that will provide the foundation for competitive success. The 2012-13 basketball season provides an outstanding example of the impact state-of-the-art facilities can have on a program. Boosted by a new practice facility and an enhanced strength and conditioning facility – two pieces of Barta's first strategic plan for the UI – Fran McCaffery's Iowa men's basketball team won 25 games and advanced to the championship game of the 2013 National Invitation Tournament. Lisa Bluder's Iowa women's basketball team earned its sixth consecutive invitation to the NCAA Tournament.

Another example of investments made under Barta's direction that have helped Iowa turn the corner competitively is the UI men's golf program. Barta increased his commitment to the sport when he hired native Iowan Mark Hankins, who had a vision for the program that included a new practice facility. Barta, Hankins and the Hawkeyes celebrated the opening of the new \$6 million Hoak Family Golf Facility in February, just three months before Hankins' nationally ranked squad made its fifth straight appearance in the national regional championships. The Hawkeyes have advanced to the NCAA Championships in three of the last five seasons.

Women's basketball and men's golf are two of the eight UI programs that participated in national championship competition in 2012-13. At the top of the list was Tom Brands' wrestling program, which crowned one national champion, had four wrestlers earn All-America honors, and finished fourth nationally at the end of a season that included a Big Ten Conference Dual Meet championship.

JD Reive's men's gymnastics team had three individuals earn All-America honors after finishing fifth at the national meet. Larissa Libby's women's gymnastics program advanced to NCAA regional competition for the sixth straight season.

The Iowa field hockey program under the direction of Tracy Greisbaum advanced to its sixth NCAA Tournament over the last nine years and 22nd in school history – a total that ranks No. 1 among the Hawkeyes' Big Ten Conference peers. Two Hawkeyes were named All-Americans.

Iowa's 200 and 400 medley relay teams and backstroke Grant Betulius earned All-America honors while leading Marc Long's men's swimming and diving team to a 32nd place at the national championship. Larry Wiecezorek's UI track and field program crowned eight All-Americans en route to placing 35th at the national outdoor championship.

Interest in the Hawkeyes continues to soar. Sellouts for home games of the football team at historic Kinnick Stadium and a waiting list for access to the premium seating areas inside the Paul W. Brechler Press Box are the norm. So, too, is Iowa leading the country in attendance at home wrestling events -- Iowa averaged just under 9,000 fans per home dual match in 2012-13 – and being ranked among the nation's Top 20 in attendance in women's basketball.

Success on the court has also resulted in spinning turnstiles for home games of the UI men's basketball team. The Hawkeyes' run to New York City's Madison

Square Garden and the NIT championship game included a pair of sold out games on Mediacom Court in 15,400-seat Carver-Hawkeye Arena. Those two sellouts, paired with three regular season sellouts, helped to push Iowa's total average per game to 13,625, an improvement of more than 1,700 per game that has pushed the Hawkeyes into the nation's Top 25 in per game attendance.

Under Barta's leadership, Iowa has also embraced new technologies and that, too, has paid dividends: Iowa ranks among the nation's Top 10 in Facebook "friends" and Twitter "followers." The UI also delivers Hawk Talk Daily, a daily e-newsletter, and Hawk Talk Monthly, a monthly e-magazine, to more than 70,000 friends of the UI and fans of the Hawkeyes to complement the news, information, video and photography available on hawkeyesports.com, the official world wide web site of the Iowa Hawkeyes and the UI's anchor in the digital world.

Academically, Iowa continues to achieve at pace that sets the bar across the state and competes favorably with its peers in the Big Ten Conference. UI student-athletes set new records for academic achievement, according to data released by the NCAA in October 2012, as part of its annual report on the work in the classroom by student-athletes across the country.

Student-athletes that entered the UI in the fall of 2005 graduated at a rate of 77 percent, according to the NCAA. That mark – which uses the federal government benchmark for graduation success – is three points better than the 2011 report when Iowa tied the previous school record of 74 percent set first in 1994-95. It is also six points better than the UI student body and 12 points better than that achieved all by student-athletes nationally.

The UI also set a new record by posting a score of 87 percent in the NCAA's "Graduation Success Rate" or GSR, one point better than what was posted in 86. It marked the seventh time in the eight years of the GSR's existence that Iowa's student-athletes scored 80 percent or better.

The GSR's for football (82), men's basketball (89), and women's basketball (100) all bested the national averages in their sport: 68, 65, and 86, respectively.

The NCAA's Academic Progress Rate report for 2012-13 revealed that for the fourth consecutive year all of Iowa's 24 sports programs were comfortably above the 930 threshold that signals a red flag for the NCAA. The highlights of Iowa's report include APR's for 18 of Iowa's programs that were better than the national average in that sport, including football, men's basketball, and wrestling. The APR for Iowa's football program – 961 – was an all-time best.

As noted, Barta has been the driving force behind substantial investments in the facilities used by Iowa's more than 850 talented male and female student-athletes. When the Iowa football program moves into its new \$54 million operations center in late summer 2014, the UI will have completed more than \$220 million of construction and renovation work over the previous eight years.

That list of projects includes a \$47 million facelift and addition to Iowa's award-winning Carver-Hawkeye Arena, a project that directly impacted 23 of Iowa's 24 sports programs, two phases of improvements to the facilities used daily by Iowa's football program – construction of a new indoor practice facility and renovation of the Kenyon Outdoor Practice facility in Phase I, and construction of a state-of-the-art operations center in Phase II, a \$9 million investment in scoreboards, ribbon boards, and video walls at historic Kinnick Stadium, construction of the aforementioned \$6 million Hoak Family Golf Facility at Iowa's award-winning Finkbine Golf Course, turf replacement at Grant field, the home of Iowa's nationally ranked field hockey program, resurfacing of the courts at the Klotz Tennis Center, the home of Iowa's men's and women's tennis programs, and the construction of a new indoor turf facility.

On the horizon for Barta, from a facilities perspective, is the planning and construction of the "Hawkeye Campus." Located on the western edge of the UI campus, immediately west of Finkbine Golf Course and adjacent to the UI's Athletics Hall of Fame, the practice and competition sites for Iowa's soccer and field hockey programs, and the UI Sports Medicine facility, and near the UI's Ashton Cross Country Course, the Hawkeye Campus is envisioned to be the new home for Iowa's track and field, softball, and baseball programs.

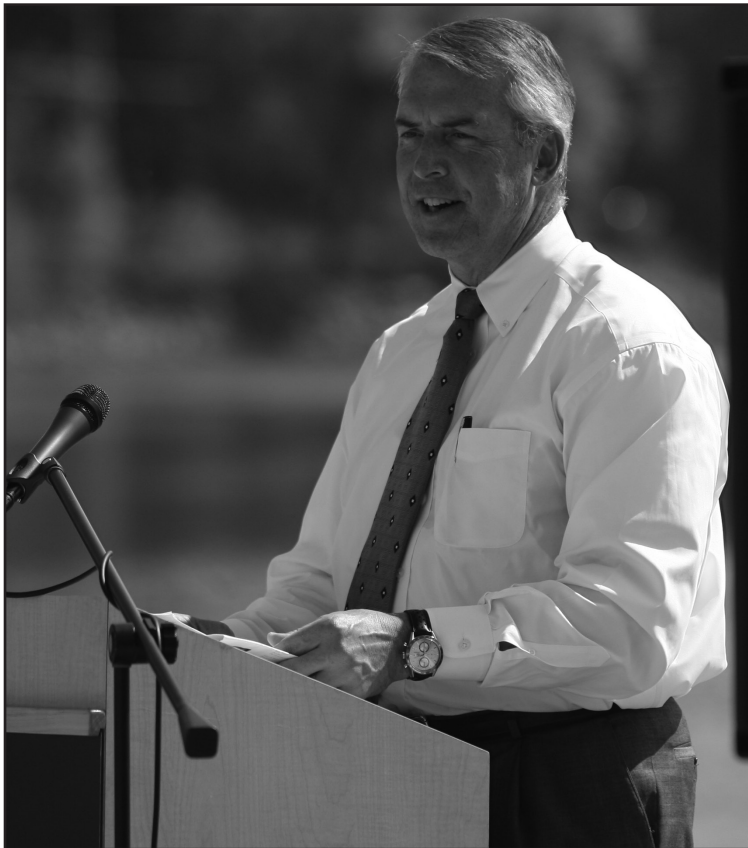


Another favorite saying of Barta's is, "Vision without resources is irrelevant." Over the course of his career he has been directly involved in raising hundreds of millions of dollars in support of intercollegiate athletics. This task has remained a primary focus during his tenure at Iowa, where private support for the Hawkeyes continues to be a critical piece to Iowa's ability to remain one of a handful of NCAA Division I intercollegiate athletics programs that are 100 percent self-sustaining financially.

Under Barta's leadership -- and thanks to a talented athletics development staff - the UI has seen year-over-year improvement in annual giving in spite of the difficult economic environment. In addition, under Barta's direction, the UI generated more than \$20 million of philanthropic and corporate sponsorship support for the revitalization of Carver-Hawkeye Arena and more than \$30 million of support for phases I and II of the projects designed to position Iowa's football program for success in the next decade.

The UI also generated the \$2 million in private support necessary to fully fund the Hawkeyes' new practice facility for its men's and women's golf programs. Philanthropic support will also play a critical role in the development of the Hawkeye Campus.

Barta's involvement in the UI campus and the greater Iowa City communities extends far beyond his position as director of the UI's intercollegiate athletics programs. He is a member of the President's Cabinet, comprised of vice presidents and other campus leaders that provide counsel to UI President Sally Mason. That group was instrumental in the UI's response to record-setting flooding that be-



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sieged the campus and the Iowa City and Coralville community in June 2008.

Barta also represents the UI and the Hawkeyes at the conference and national level. During his first six years at the UI, he has participated in the creation and implementation of the Big Ten Network, the expansion of the Big Ten Conference and realignment of athletics conferences nationally, and the Big Ten's postseason bowl game agreements that were successfully implemented in 2010.

Nationally, Barta remains active in the Division IA Athletics Directors Association, the National Association of College Directors of Athletics, and currently serves on the NCAA Football Committee Board of Directors.

Barta is also involved in a variety of community groups, included the United Way of Johnson County and Partnership for Alcohol Safety, a joint effort between UI campus leaders and the city of Iowa City.

Barta often suggests to his staff that "Hope is not a strategy," which is why he is currently overseeing a comprehensive review of the strategic plan for the UI Athletics Department and has worked with the UI's leadership on a long-term financial plan.

As the director of athletics at the University of Wyoming for three years, seven different UW coaches were named Mountain West Conference Coach of the Year. He also spearheaded a fund-raising effort that netted the Cowboy athletics program \$11 million in private support and \$11 million in matching state fund.

As the senior associate athletics director at the University of Washington, he directed the "Campaign for the Student-Athlete," was a participant in the design, construction and/or renovation of several UW athletics facilities, including Bank of America Arena and the Dempsey Indoor Practice Facility. In addition to almost doubling the amount of annual private support received by UW, Barta also managed the department's external relations division, a task that included corporate sponsorship and radio contracts.

His responsibilities at Washington expanded over time to include hiring of coaching and administrative staff, and the day-to-day oversight of several Huskie sport teams.

The roots of his development experience extend to his first two positions: director of athletics development and external relations at the University of Northern Iowa and director of development at his alma mater, North Dakota State University.

Barta earned a Bachelor of Science degree in mass communication and broadcast journalism from NDSU in 1987. He was an option quarterback for Bison football squads that won the Division II NCAA National Championship in 1983, 1985 and 1986.

Barta, and his wife, Connie, have a son, Luke (15) and a daughter, Madison (13). He was born Sept. 4, 1963, in Minneapolis.



IOWA WRESTLING

2013-14 MEDIA GUIDE

IOWA HAWKEYE TRADITIONS

The Hawkeye Nickname

The University of Iowa borrowed its athletic nickname from the state of Iowa many years ago. The name Hawkeye was originally the name of the hero in the fictional novel, *The Last of the Mohicans*, written by James Fenimore Cooper. Cooper had the Delaware Indians bestow the name on a white scout who lived with them.

In 1838, 12 years after the book was published, people in the territory of Iowa acquired the nickname, chiefly through the efforts of Judge David Rorer of Burlington and James Edwards of Fort Madison.

Edwards, editor of the Fort Madison Patriot, moved his paper to Burlington in 1843 and renamed it the Burlington Hawkeye. The two men continued their campaign to popularize the name, and territorial officials eventually gave it their formal approval.

Herky The Hawkeye

The Hawkeye nickname gained a tangible symbol in 1948 when a cartoon character, later to be named Herky the Hawkeye was hatched. The creator was Richard Spencer III, instructor of journalism at Iowa.

The impish Hawk was an immediate hit and acquired a name through a statewide contest staged by the athletic department. John Franklin, a Belle Plaine alumnus, was the man who suggested Herky.

Since his birth more than 45 years ago, Herky has symbolized Iowa athletics and epitomized university life. He even donned a military uniform during the Korean War and became the insignia of the 124th Fighter Squadron.

During the mid-1950s, Herky came to life at a football game as the Iowa mascot. Since that time, Herky has been a familiar figure at Iowa athletics events.

School Colors

For 40 years Iowa was without school colors, but in 1887 a group of 50 seniors met on the steps of the Old Capitol to decide what are now the school official colors. They chose gold, the color of Iowa's vast corn fields and black, the color of the rich soil.



School Fight Song

The Iowa Fight Song was written in 1950 by Mason City, Iowa, native Meredith Willson. Best known as the creator of Broadway's *"The Music Man,"* Willson was awarded a 1963 University of Iowa Alumni Association Distinguished Service Award for "setting the spirit of Iowa to music." The lively cheer is sung hundreds of times during Iowa athletics events the year around.

The word is Fight, Fight, Fight for IOWA
Let every loyal Iowan sing;
The word is Fight, Fight, Fight for IOWA
Until the walls and rafters ring (Go Hawks!)
Come on and cheer, cheer, cheer for IOWA
Come on and cheer until you hear the final gun.
The word is Fight, Fight, Fight for IOWA
Until the game is won.