

2007 OUTDOOR SEASON BEST PERFORMANCES

100 METERS (RQ -- 10.50, SR -- 10.25)

Lee Elbert	10.61 #%	Iowa Musco Twilight IX	4/21/07
Paul Chaney, Jr.	10.62 #	Big Ten Championships	5/13/07
Max Milder	10.68 %	Iowa Musco Twilight IX	4/21/07

110-METER HURDLES (RQ -- 14.30, SR -- 13.63)

Frank Prill	14.94 #	Iowa Musco Twilight IX	4/21/07
Brice Wilson	15.39 #	at Jim Duncan Invite	4/14/07

200 METERS (RQ -- 21.19, SR -- 20.47)

Paul Chaney, Jr.	21.53	Big Ten Championships	5/13/07
Lee Elbert	21.83	at Jim Duncan Invite	4/14/07
Max Milder	21.89	at Jim Duncan Invite	4/14/07

400 METERS (RQ -- 47.20, SR -- 44.99)

Prince Riley	46.61 ^#	Big Ten Championships	5/13/07
David Pierre	47.66 #	Iowa Musco Twilight IX	4/21/07
Zach Splan	49.41 #	at John Jacobs Invite	4/14/07

400-METER HURDLES (RQ -- 52.51, SR -- 48.83)

Ray Varner	50.99 #^	Big Ten Championships	5/13/07
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800 METERS (RQ -- 1:50.40, SR-- 1:47.64)

Adam Hairston	1:49.99 ^#	Big Ten Championships	5/12/07
Zach Splan	1:53.83 #	at Central College Open	5/4/07
Daniel Peoples	1:54.15	Big Ten Championships	5/12/07
Cannon Do lan	1:54.59 #	at Kip Janvrin Open	4/27/07

1,500 METERS (RQ -- 3:47.80, SR -- 3:44.01)

Jesse Luciano	3:49.99 #	at Stanford Invite	3/31/07
Micah VanDenend	3:50.20 #	Iowa Musco Twilight IX	4/21/07
Adam Hairston	3:58.97 #	at LSU Relays	3/24/07
Tommy Tate	4:00.13 #	at Jim Duncan Invite	4/14/07
Jay Renaud	4:00.99 #	at Jim Duncan Invite	4/14/07

3,000 METERS

Tommy Tate	8:31.67	at Jim Duncan Invite	4/14/07
Brendan Camplin	8:48.95	at Jim Duncan Invite	4/14/07
Jay Renaud	8:51.24	at Jim Duncan Invite	4/14/07

3,000-METER STEEPLECHASE (RQ -- 9:07.00, SR -- 8:47.4)

Andy Napier	9:06.65 ^#	Big Ten Championships	5/12/07
Tommy Tate	9:36.63 #	Iowa Musco Twilight IX	4/21/07

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^-- regional qualifier, *-- school record, #-- collegiate best ! -- meet record, %- wind-aided, \$ - decathlon event

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5,000 METERS (RQ -- 14:12.00, SR -- 13:49.31)

Micah VanDenend	13:49.31 *^#	at Stanford Invite	3/31/07
Jeff Kent	14:21.05	at Stanford Invite	3/30/07
Andy Napier	14:42.77	at Drake Relays	4/26/07
Tommy Tate	14:57.27 #	at Kip Janvrin Open	4/27/07

10,000 METERS (AQ -- 28:45.00, PQ -- 29:30.00, SR -- 28:44.47)

Micah VanDenend	30:28.50	at Big Ten Championships	5/11/07
Thomas Tate	31.05.23#	at Big Ten Championships	5/11/07

400-METER RELAY (RQ -- 40.66, SR -- 39.48)

Milder, Chaney, Jr., Reed, Elbert	40.58 ^	Iowa Musco Twilight IX	4/21/07
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SPRINT MEDLEY RELAY (SR -- 3:15.64)

Milder, Elbert, Riley, Hairston	3:23.32	at LSU Relays	3/23/07
Milder, Chaney, Jr., Riley, Hairston	3:23.77	at Drake Relays	4/28/07

1,600-METER RELAY (RQ -- 3:10.00, SR -- 3:03.11)

Pierre, Elbert, Varner, Riley	3:08.97 ^	Big Ten Championships	5/13/07
Milder, Elbert, Varner, Riley	3:10.75	Iowa Musco Twilight IX	4/21/07
Riley, Elbert, Varner, Pierre	3:11.61	at Central College Open	5/4/07
Dolan, Splan, Peoples, Hairston	3:16.90	Iowa Musco Twilight IX	4/21/07
Rolling, Milder, Splan, Peoples	3:20.39	at John Jacobs Invite	4/14/07

DISTANCE MEDLEY RELAY (SR -- 9:39.94)

Luciano, Pierre, Hairston, VanDenend	9:54.07	at Drake Relays	4/28/07
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HIGH JUMP (RQ -- 2.10 m, SR -- 2.23 m)

Jeremy Petsche	6-8 3/4 (2.05 m)	Iowa Musco Twilight IX	4/21/07
Ryan Kelly	6-8 3/4 (2.05 m)	Iowa Musco Twilight IX	4/21/07
Trey Stross	6-07.50 (2.02m)	Big Ten Championships	5/12/07
Dan Rolling	6-6 3/4 (2.00 m)	Iowa Musco Twilight IX	4/21/07
		at Kip Janvrin Open	4/27/07
Ryan Niver	6-6 3/4 (2.00 m)	Iowa Musco Twilight IX	4/21/07
		at Drake Relays	4/28/07
Frank Prill	5-8 3/4 (1.75 m) #	Iowa Musco Twilight IX	4/21/07

LONG JUMP (RQ -- 7.34 m, SR -- 8.25 m)

Aaron Reed	23-8 (7.21 m) %	Iowa Musco Twilight IX	4/21/07
Ryan Niver	21-5.25 (6.53m) \$	Big Ten Championships	5/11/07
Dan Rolling	20-7 (6.27 m) #	at Kip Janvrin Open	4/27/07

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POLE VAULT (RQ -- 5.05 m, SR -- 5.18 m)

Jeff Raymond	15-11 (4.85 m)#	Big Ten Championships	5/13/07
Alex Zona	15-1 (4.60 m)	at Jim Duncan Invite	4/14/07
Richard Johnson	15-1 (4.60 m) #	at Kip Janvrin Open	4/27/07
	15-1 (4.60 m)	Big Ten Championships	5/13/07
Ryan Niver	14-9 (4.50 m) #	Iowa Musco Twilight IX	4/21/07
Frank Prill	14-1 1/4 (4.30 m)	at Jim Duncan Invite	4/14/07
		Iowa Musco Twilight IX	4/21/07

SHOT PUT (RQ -- 16.80 m, SR -- 19.27 m)

John Hickey	60-1 1/4 (18.32 m) ^	Iowa Musco Twilight IX	4/21/07
Shane Maier	58-6 1/2 (17.84m) ^	Midwest Regional	5/26/07
A.J. Curtis	56-2 (17.12 m) ^	Iowa Musco Twilight IX	4/21/07
Mark Schaapveld	54-4 (16.56 m)	Iowa Musco Twilight IX	4/21/07

DISCUS (RQ -- 51.70 m, SR -- 61.68 m)

A.J. Curtis	202-11 (61.84 m) ^*#!	at Central College Invite	4/6/07
Shane Maier	153-10 (46.88 m)	at Drake Relays	4/28/07
Clint Hantrods	143-6 (47.73 m)	Iowa Musco Twilight IX	4/21/07
Frank Prill	98-3 (29.96 m)	Iowa Musco Twilight IX	4/21/07

HAMMER THROW (RQ -- 55.60 m, SR -- 67.94 m)

Adam Hamilton	222-2 (67.73 m) ^#	at Drake Relays	4/28/07
Ryan Jordan	184-06 (56.23m) #	Big Ten Championships	5/11/07
Kale Katt	181-0 (55.18 m) #	Iowa Musco Twilight IX	4/21/07
Mark Schaapveld	176-8 (53.84 m) #	Iowa Musco Twilight IX	4/21/07
John Hickey	171-10 (52.38 m) #	Iowa Musco Twilight IX	4/21/07

JAVELIN (RQ -- 61.60 m, SR -- 74.58 m)

Kale Katt	204-0 (62.17 m) #^	Iowa Musco Twilight IX	4/21/07
John Hickey	150-11 (46.00 m) #	Iowa Musco Twilight IX	4/21/07
Troy Naumes	144-10 (44.15 m) #	Iowa Musco Twilight IX	4/21/07

DECATHLON (AQ -- 7,500 points, PQ -- 7,000 points, SR -- 6,839 points)

Ryan Niver	6,591 points #	Big Ten Championships	5/12/07
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