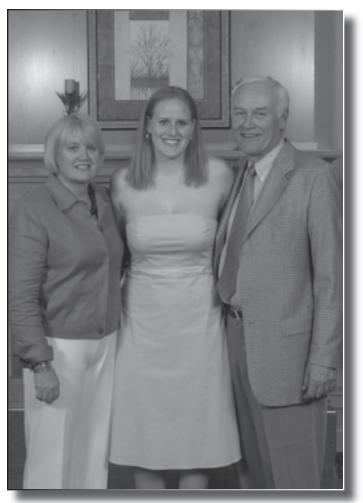
HAWKEYE FAMILIES



TIFFANY WITH HER MOTHER LU ANN.

"As a parent, I am very proud to say that my daughter plays for the Iowa Hawkeye women's basketball team! Through the two years that Tiffany has been a part of this team I have seen what a class act program it is. From Coach Bluder and the coaching staff, to the administrative team, to the academic coordinator, to the team chef -- the list goes on and on as to why it is one of the top run programs in the country. I know it has provided so many opportunities and memories for Tiffany so far. I feel like the Iowa program has been a great 'family' experience for Tiffany that no one can ever take away from her. Iowa has it all."

Lu Ann Hennings



MORGAN WITH HER FATHER DICK AND MOTHER BARB.

"The University of Iowa is set on a beautiful campus and has a proud tradition of academic and athletic excellence. When we first visited the school, there seemed to be a real camaraderie among the coaches, staff, and players. They all showed each other such respect and support and best of all we couldn't help notice they were genuinely happy and having fun doing their jobs. We knew Coach Bluder and her staff were excellent teachers, but we didn't know they were also best friends and had surrounded themselves with a wonderful support staff. We had heard about the 'lowa Family' and once we saw it first hand we wanted to be a part of it. Now that we are involved with the program we know how important, supportive, and loyal the Hawkeye fans are and we've enjoyed becoming friends with so many of them."

Dick and Barb Kasperek

HAWKEYE FAMILIES



CRYSTAL WITH HER FATHER MICHAEL, STEPMOTHER CRIS, BROTHER JEREMY AND SISTERS MIKAELA AND CAILYN.

"Being a part of the Hawkeye Family has been a long standing tradition in the Morgan household. We are very proud of the rich family values that are instilled in each player by Coach Bluder and her staff. The importance of "life after basketball" is taken seriously and building women of character is a part of every daily practice. The coaching staff, the trainers, the academic advisors, the Carver Hawkeye staff, the office personnel; they all care genuinely for the well-being of our daughter. It a great feeling to know that they are in such good hands! Everyone wants them to succeed and find success, not only on the basketball floor, but also in life! We are confident that Crystal is finding that success for both with Coach Bluder and her staff here at the University of Iowa. We are honored to be a part of the Iowa Women's Basketball family! Go Hawks!"

JOHANNA WITH HER FATHER PETE AND STEPMOTHER CINDY.

"Sports has been a way of life in the Solverson family for many years. When you see a winner you want to jump on board. After we visited lowa on our recruiting weekend, we all came away knowing lowa was the place. It was a feeling you get when you know something is right for all the right reasons. Coach Bluder had taken us into her home, meeting her family and friends. Coach Jensen showed us around the campus and made us feel very comfortable. Family and togetherness is power for success and lowa has those qualities. Johanna has grown and developed close relationships with her fellow players. The lowa fans are the greatest fans around and are part of the lowa women's basketball family. We are proud to be a Hawkeye!"

Pete and Cindy Solverson

Michael and Cris Morgan

HAWKEYE FAMILIES



JENNA WITH HER GRANDFATHER GENE AND GRANDMOTHER JOY.

"As a family, we feel very privileged to be a part of the lowa Hawkeye 'family'. As professional educators ourselves, and as for Scholar Athletes at SMS, we have always believed very strongly in the development of the total person, academically, socially, and emotionally, as well as athletically. We believe that our daughter selected the right school because of lowa's emphasis on excelling in all of those areas. We consider the nomination of Jenna, as a biology/pre-med student, to the Big Ten Academic Team, along with seven of her teammates, to be one of their greatest achievements. It is a great time to be a Hawkeye!"

Tony and Terre Armstrong



LINDSAY WITH HER FATHER TOM AND MOTHER MARY BETH

"For us the thing that makes Iowa Women's Basketball so special is the 'people'. In the end, it was the main reason Lindsay chose Iowa. Everybody, from the coaches, to the players, to the people in the office, to the trainers, to the doctors, and even the fans behave like one big family. As parents, it is very comforting to know that people care so much about your child both on and off the court."

Tom and Mary Beth Richards

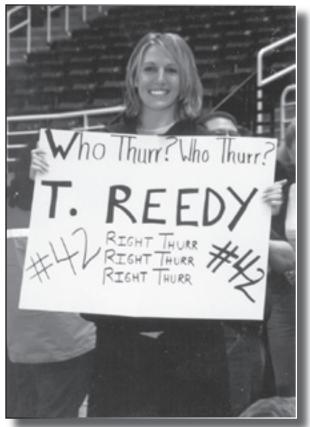


JAMIE WITH HER FATHER PAT AND MOTHER PAM.

"The lowa women's basketball program is an awesome program because it is built on the foundation that families are built on. Everyone in the program cares about one another in all aspects of their life. Basketball is of course very important and the players and coaches all work very hard and give 110 percent. However, school, family and friendship is equally important and they genuinely care about all aspects of everyone's lives. The 'family' that has been developed in the Iowa Women's Basketball program is exactly the type of program we had hoped our daughter would be a part of. We are very proud to be part of the Hawkeye Family!!!"

Pat and Pam Cavey

HAWKEYE FAMILIES



Tiffany Reedy shows off a sign at the 2004 Big Ten Tournament in Indianapolis, IN.



Members of the Iowa Hawkeyes showoff during Media Day last year.

HAWKEYE TRAVEL



The first stop on Iowa's 12-day Italy tour in 2003 was the historic Ancient Colosseum in Rome.

Not only do the Hawkeyes play in front of thousands of fans in Carver-Hawkeye Arena, but the Iowa women's basketball program also travels to exciting destinations to play in challenging tournaments. Over the past eight years, Iowa has competed in holiday tournaments in Alaska, California, Hawaii, New York, Florida (2), Massachusetts and South Carolina. The Hawkeyes have also traveled to Utah, Connecticut and Virginia in their last three NCAA Tournament appearances.

During the summer of 2003 the entire Iowa basketball team and staff traveled overseas. The Hawkeyes spent 12 days in Italy touring the country and playing four exhibition games. Iowa visited the beautiful cities of Rome, Vatican City, Florence, Venice and Lake Como. The Hawkeyes' next big summer trip is planned for the summer of 2007 when Iowa will travel to the Greek Islands and Spain.

lowa also hosts its own tournament every year. The Hawkeyes have won the KCRG-TV 9 Hawkeye Challenge 15 times, including winning five of the last six.

Playing in one of the most demanding conferences in the nation, the Hawkeyes continuely play challenging non-conference games. Four years ago, lowa played the most demanding schedule in the Big Ten and the 16th toughest in the nation. Last year, lowa played the 14th most difficult schedule in the country.

lowa has also been invited to play in the biggest and most important tournament, the NCAA Tournament 15 times, which is the second most among Big Ten teams (Penn State). This season will mark lowa's first-ever trip to the Bahamas. The Hawkeyes will be competing in the four-team Junkanoo Jam, Nov. 26-27, in Freeport. Iowa will open the tournament against Florida and then play either Akron or Oklahoma in day two of the tournament.





The Hawkeyes travel "in style" after last year's NCAA Tournament. Iowa flew from Roanoke, VA, to Cedar Rapids, IA, on the Cleveland Cavaliers private jet.

HAWKEYE TRAVEL

(1) In 2003, the Iowa Hawkeyes traveled to California and competed in the Loyola Marymount Thanksgiving Classic in Los Angeles. In addition to playing in the tournament the Hawkeyes were able to do a lot of sightseeing, including visiting Universal Studios (right). The holiday trip also included ESPN broadcaster Ann Myers inviting the entire Iowa women's basketball team over to her parent's house for Thanksgiving dinner.

(2) Head Coach Lisa Bluder led her team on a 12-day, fourgame foreign tour to Italy, August 11-22, 2003. While abroad the Hawkeyes were fortunate to visit many cities and sites throughout Italy. Iowa toured Rome, the Vatican, Florence, Venice and Como. Some of the highlights from the trip include visits to the Ancient Colosseum (right), the Sistine Chapel, St. Peter's Basilica, the Spanish Steps and gondola rides.

(3) Last season, the Iowa Hawkeyes enjoyed a week in the sun in South Florida during Thanksgiving week. Iowa won the four-team FIU Thanksgiving Classic in Miami, FL. Away from the basketball floor, the Hawkeyes enjoyed shopping, a boat tour and also found plenty of time to relax on the beautiful beaches of South Beach.



MEDIA ATTENTION



Coach Bluder talks with FSN's Gail Fischer at halftime of Iowa's game at the 2004 Big Ten Tournament.



Johanna Solverson chats with KCRG TV-9 during last year's Media Day in Carver-Hawkeye Arena.



Lindsay Richards meets the media during last year's Media Day.



Coach Bluder discusses Iowa's 2004 NCAA Tournament game vs. Virgina Tech at a press conference.

The popularity of Iowa women's basketball has grown so much that television coverage of the Hawkeyes has more than doubled the past couple years. Not only are the Hawkeyes playing more games on national TV and major cable outlets, but locally as well.

Four years ago, the Iowa Athletic Department and the Big Ten Conference granted permission to KCRG-TV 9 to televise games locally. Since that time, KCRG-TV 9 has televised 14 games. This season Hawkeye fans can expect a minimum of three games to be televised by the local ABC affiliate, including Iowa's game against intrastate rival Iowa State. KCRG's first telecast was against Iowa State on Nov. 22, 2000. The primetime broadcast was the second highest watched program in the state of Iowa that night. In addition to Iowa women's games, KCRG enters its third season of airing Lisa Bluder's monthly television show.

In addition to the KCRG-TV local telecasts, there will be games televised regionally by the Big Ten Conference. The Hawkeyes will be televised once during the 2005 regular season by the Big Ten Conference as their road game at Northwestern (Feb. 10) will be televised live on FSN Chicago. Additionally, the network will also televise all Big Ten Tournament games leading up to the championship game, which will air on ESPN2.

Over the past four seasons, Iowa has been televised 52 times: six times on ESPN2, once on ESPN, 17 times on FSN Chicago, 14 times on KCRG, 13 times on an opponent's local TV station and once by NCAA Productions. Iowa was on the tube 13 times last season alone. The Hawkeyes were 31-21 in games that were televised during the four-year span, including Iowa's thrilling Big Ten Tournament victory over Purdue on ESPN2 on March 4, 2001.

January 5 proved to be a landmark date for the Iowa Women's Basketball Team in terms of television coverage. On that date in 1990, the Hawkeyes met Michigan State in East Lansing in a Big Ten Conference opener that was the first-ever regular season women's basketball game to be televised live nationwide. The game was shown on ESPN.

Exactly one year later, in 1991, Iowa and Carver-Hawkeye Arena played host to the Big Ten-SEC Challenge, the first regular season women's basketball doubleheader to be shown by one of the three major networks. The historic basketball extravaganza, featuring five hours of live coverage, was shown on CBS.



MEDIA ATTENTION

RADIO COVERAGE

In 1996, Learfield Communications signed a contract with the University of Iowa Athletic Department, and has served as the official radio network of Hawkeye women's basketball. And the in the summer of 2001, the University of Iowa selected Learfield Communications to continue its coverage of women's basketball through 2005.

WHO Radio in Des Moines, Iowa, is one of numerous radio stations on the Hawkeye Network. It is a clear channel station whose signal is received in portions of all 48 contiguous states and Alaska and Canada, on its 50,000 watt station.

KXIC (lowa City) and WMT (Cedar Rapids) are also members of the Hawkeye Network. Karen Schulte enters her fourth season providing color commentary of the Hawkeye games. The new play-by-play voice of the Hawkeyes will be announced at a later date.

In addition to providing radio coverage for all games, the three affiliates (KXIC, WHO and WMT) also carry Lisa Bluder's weekly radio call-in show, "Hawk Talk With Lisa Bluder".

NEWSPAPER COVERAGE

Fans can read about Hawkeye action in several newspapers throughout the state of Iowa. A few of the papers that cover the Hawkeyes on a regular basis include:

The Des Moines Register, the Iowa City Press-Citizen, the Cedar Rapids Gazette, the Quad City Times, The Daily Iowan, the Voice of The Hawkeyes, the Burlington Hawkeye, the Waterloo Courier, and the Moline Dispatch.



Every lowa game is broadcast on radio and over the Internet. Karen Schulte (left) returns for her fourth season providing the color commentary during the Hawkeye broadcasts.

ON THE WORLD WIDE WEB

Media and fans can obtain up-to-date information about the Hawkeyes on the Internet. All of Iowa's games can be heard over the Internet via college sports pass. Live Stats, box scores, play-by-play, coach and player bio information and more can be found on Iowa's official website at:

www.hawkeyesports.com

"The media does a great job covering lowa women's basketball. We have such dedicated and hard-working journalists that have become familiar and supportive faces around our team."

Junior Tiffany Reedy



Jamie Cavey meets the media during an NCAA Tournament press conference.

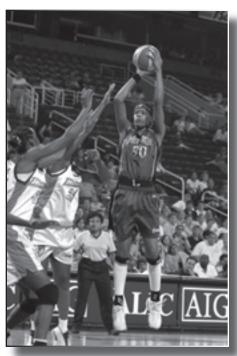


Tiffany Reedy talks about the outcome of lowa's game at a Big Ten Tournament press conference.



Ann Meyers of ESPN, interviews Coach Bluder after an Iowa NCAA Tournament win.

HAWKEYES IN THE WNBA



Over 50 studentathletes from the Big Ten Conference have played in United States professional ranks. Iowa, Purdue and Penn State led the conference with nine players drafted in the WNBA the last eight years. Last season, lowa had two players (Simone Edwards and Tangela Smith) on WNBA rosters.

The Iowa roster of professional players include National Player of the Year and Big Ten

Tangela Smith ranked second in scoring for the Sacramento Monarchs last season.

Player of the Year Michelle Edwards (lowa '88), who retired from playing professional ball in 2002. She played her final two years with the Seattle Storm. Edwards ranks second on the Hawkeyes' all-time career assists leader charts (431) and third in career points (1,821). She also ranks third on Iowa's all-time three-point field goals made list (97).

Tangela Smith, (Iowa '98) was drafted by Sacramento and has played seven season with the Monarchs. Last season Smith started all 34 regular season games, averaged 11.2 ppg and pulled down 4.1 rpg. Smith scored a career-high 40 points at Ceveland in 2000. Five years ago, she started during the championship series with the Houston Comets. In 1999, she finished eighth in the league with 38 blocks. Smith finished her career as the Hawkeyes all-time leader in blocked shots with 235 and is currently No. 7 on the career scoring list with 1,598 career points.

Simone Edwards (Iowa '97) played in 23 games, including three starts with the Seattle Storm last year. Edwards averaged 2.1 ppg and 2.4 rpg last season for Seattle. She is the Storm's all-time leader in games played, minutes and rebounds and second in points scored. Before playing for Seattle, Edwards spent her rookie season with the New York Liberty in 1997. Edwards averaged 4.5 rebounds and 8.6 points per game her senior season at lowa.

Other former Hawkeyes who played in the WNBA include:

Nadine Domond (Iowa '98) played with the Sacramento Monarchs in 1998 and averaged 3.0 points per game. Domond held the lowa record for most three-point attempts before Lindsey Meder surpassed the record during the 2000-01 season.

Toni Foster (lowa '93) was a member the Phoenix Mercury from 1997-99. Foster averaged 6.5 ppg in the 54 games she played for the Mercury. Foster, who finished her career as the Hawkeyes No. 4 scorer in school history with 1,606 career points, played in 10 games for the Mercury.

Angela Hamblin (Iowa '98) was signed by the Detroit Shock in 1998. She played in six games for the Shock, averaging 1.0 ppg. Hamblin finished her career at Iowa with 780 career points.

Tia Jackson (lowa '96) played one season in the WNBA. Jackson played with the Phoenix Mercury in 1997. She averaged 2.6 ppg and 2.1 rpg in 26 games. Jackson ended he career ranked No. 9 in scoring, No. 8 in steals, and No. 11 in rebounds.

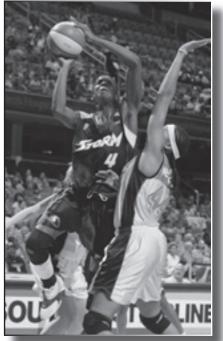
Franthea Price (Iowa '90) also played one season in the WNBA. Price played in 26 games for the Sacramento Monarchs, averaging 4.9 ppg and 1.7 rpg. Price, who is the Hawkeyes No. 5 career scorer with 1,742 points.

Amy Herrig (lowa '99) was drafted by the Utah Starzz. Herrig played in 28 games, averaged 2.4 ppg and 2.0 rpg in her final season in 2002. She collected a career-high 10 rebounds vs. Houston and twice tied a career-best with two steals in 2002. Herrig posted a Carver-Hawkeye Arena record 42 points in her final home game of her career.

Lindsey Meder (Iowa, '02) was drafted by the Minnesota Lynx. Unfortunately, the native of Solon, IA, suffered

a knee injury during training camp and was unable to compete for Minnesota in 2002. The Lynx put Meder on their Injured Reserve List, but failed to make the team the following season.

Cara Consuegra, (Iowa, '01) played limited minutes in 15 games for the Utah Starzz in 2001. The point guard finished her career as Iowa's alltime assists leader (191).



Simone Edwards is the Seattle Storm's career leader in several statistical categories.

CARVER-HAWKEYE ARENA Home of Hawkeye Basketball

Without question, the University of Iowa's Carver-Hawkeye Arena is one of the finest basketball facilities in the Midwest. Opened in January 1983, the \$18-million arena is one of the 10 largest university-owned facilities in the nation. Two years ago it celebrated its 20th anniversary. It's the site for all Iowa home basketball, wrestling and volleyball contests, as well as some gymnastics meets. This winter the arena will host the 2005 Big Ten Wrestling and Women's Gymnastics Championships.

A unique structure in itself, Carver-Hawkeye Arena became even more distinguished with the installation of a parquet-style playing court in July 1988.

The arena's weight and training facilities are arguably the most complete in the Big Ten Conference. The weight room includes state-of-the-art free-weight equipment while the spacious training and medical care area is prized by the members of the Iowa training staff.

Located on the western edge of the UI campus, Carver-Hawkeye is the centerpiece for a superlative athletics complex. Within walking distance are the Iowa Baseball Field, Fieldhouse, Recreation Building, Indoor Practice Facility, Grant Field, Finkbine Golf Course, Pearl Field and Cretzmeyer Track and Field, as well as Kinnick Stadium, the 70,397-seat home for the football team.

Spectators enjoy an unobsructed view of the playing floor from all 15,500 seats while the most modern lighting and sound systems make covering the Hawkeyes a pleasure for the many members of the print and electronic media.

Carver-Hawkeye Arena also brings

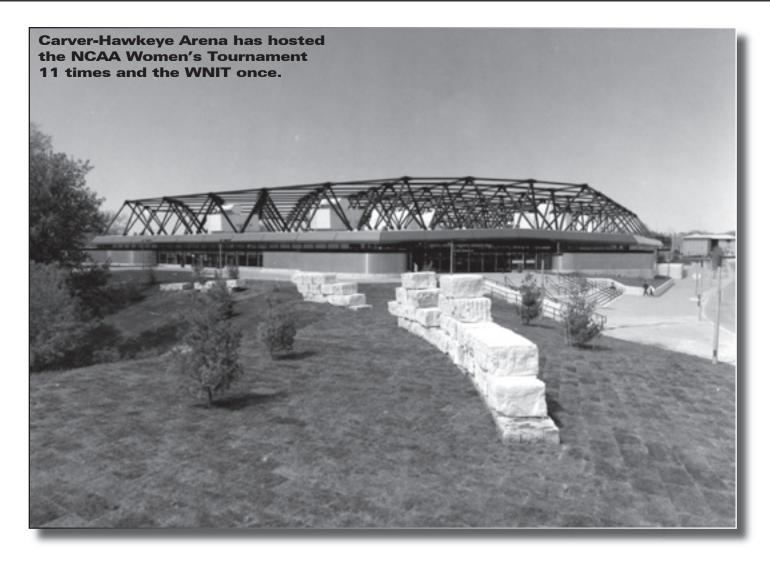
in some of the hottest music artists in the country. The **Backstreet Boys** (right), Red Hot Chili Peppers (far right), Foo Fighters, Tonic, Elton John and the Goo Goo Dolls are some the bands of that headlined the past couple years.













The Hawkeyes had a season-high 11,036 fans inside Carver-Hawkeye Arena watch lowa upset No. 13 Penn State, 79-64, in 2001.

Carver Hawkeye Arena has been recognized as one of the architectural wonders of the nation. The American Institute of Architects of Washington, D.C., singled out the arena's design as the winner of its 1984 Honor Award. In bestowing the honor, the AIA wrote the following:

"The lacy quality of the roof structure effectively evokes the natural setting, which, in combination with glass block walls, gives the arena a lightness and attractiveness rare in such large structures."

OUTSTANDING FANS

A basketball player at the University of Iowa not only enjoys the finest coaching and facilities available, but a student-athlete is also provided the opportunity to showcase their talents to some of the greatest fans in America.

lowa's women's basketball team has ranked among the nation's leaders in attendance and has been one of the top draws in the Big Ten the past 16 seasons. In fact, in 1985 the Hawkeyes shattered the NCAA and Big Ten Conference attendance records when 22,157 fans squeezed into the 15,500 seat Carver-Hawkeye Arena, and in 1988 lowa became the first school to sellout a regular-season women's basketball game over 30 hours prior to tip-off.

For 14 of the last 15 years, the Hawkeyes ranked in the top 25 in average attendance, including ranking in the top 10 for nine seasons. In 1988, Iowa established the record for Big Ten attendance as an average 7,071 fans followed the team during league play.

During 1993-94 Big Ten fans set new national records for total attendance and per-game average. The conference shattered its own record (set in 1993) as 427,166 fans passed through Big Ten gates. Ohio State led the way and Iowa was second. The Hawkeyes averaged 7,131 fans per game, an all-time high, ranking sixth nationally.

In 1994-95, the Hawkeye loyalists filled the stands, averaging 6,147 fans per game, ranking seventh nationally in home attendance. In 1996-97, the Hawkeyes ranked 10th nationally in home attendance, while lowa ranked 12th in the country during the 1995-96 campaign.

lowa has ranked 24th nationally in attendance the last two seasons. Furthermore, the Big Ten, as a conference, ranked second in the country for three straight years. Six conference teams ranked in the top 25 the last two seasons.

IOWA	WOMEN	'S BAS	KETBA	LL ATT	ENDANCE	(1982-03)	
Year	<u>Home</u>	<u>Avg.</u>	<u>Away</u>	<u>Avg.</u>	<u>Home High</u>	NCAA Rank	
1982-83	3,800	380	4,955	450	1,363		
1983-84	37,193	3,382	9,245	669	7,130		
1984-85	52,360	4,363	20,709	1,294	22,157		
1985-86	38,893	2,593	15,275	1,091	4,440		
1986-87	46,658	3,110	26,525	1,658	10,159		
1987-88	83,868	5,990	29,518	1,736	15,365		
1988-89	62,001	4,429	27,056	1,503	10,461		
1989-90	58,783	4,522	56,608	3,774	13,498	3rd	
1990-91	56,098	4,007	45,036	2,815	10,216	3rd	
1991-92	62,012	4,429	37,307	2,487	8,693	5th	
1992-93	76,092	5,073	47,530	2,971	12,343	5th	
1993-94	83,945	6,457	42,039	2,803	9,084	6th	
1994-95	67,617	6,147	47,455	2,791	8,137	7th	
1995-96	73,713	5,265	37,797	2,812	9,793	10th	
1996-97	59,349	5,395	73,586	3,873	9,133	10th	
1997-98	69,679	5,806	65,602	5,563	7,469	9th	
1998-99	52,097	4,007	52,403	4,367	5,169	22nd	
1999-00	41,776	3,214	51,848	3,654	6,256	29th	
2000-01	70,190	5,014	48,211	3,709	11,036	14th	
2001-02	57,940	4,457	66,181	5,515	6,172	18th	
2002-03	65,629	3,861	57,020	5,184	9,445	24th	
2003-04	53,744	4,134	76,538	4,956	8,262	24th	
ATTENDANCE RECORDS							
Attendance			e	<u>Avera</u>	ge	<u>Year</u>	
SINGLE SEASON 125,984		4	4,4	.99 1	1993-94		
BIG TEN SEASON 95,064		4	5,2	.81 1	1993-94		
<u>Attendance</u>		e	Oppone	<u>ent</u>	Date		
SINGLE GAME		22,15	22,157		ate	2-3-85	

NO PLACE LIKE HOME WHEN YOU'RE WITH THE HAWKEYE FAMILY

Becoming a member of The University of Iowa basketball team means more than just being a player, you're a member of the Hawkeye Family.

The lowa coaching staff knows how important it is for their players to get the opportunity to play games close to home. Each year the basketball team travels to tournaments around the country to insure that friends and families can see their Hawkeye stars play.

While traveling on the road, Hawkeye players and the coaching staff join in a private dining area to enjoy their pregame meal.

Playing in Carver-Hawkeye Arena the Hawkeyes enjoy the enthusiasm and warmth of their fans.

The Hawkeyes reached a milestone victory in Carver-Hawkeye Arena three years ago. Iowa's 74-59 win over Ohio State on Feb. 18, 2001, served as its 200th win in Carver-Hawkeye Arena. Since its opening in 1983, Iowa holds a 227-54 record in the friendly confines of Carver-Hawkeye Arena entering the 2004-05 season.

The Hawkeyes went a perfect 15-0 on their home court during 1992-93. Iowa also recorded undefeated seasons on its home court during the 1985-86, 1987-88, 1989-90 and 1995-96 seasons, registering a 14-0 mark each time.

The Hawkeyes have been dominant at home under Head Coach Lisa Bluder. The Hawkeyes are 40-17 in Carver-Hawkeye Arena during Bluder's tenure. Iowa went 12-2 during the 2000-01 season. Additionally, the Hawkeyes were one of only two Big Ten teams to run the table during its home conference schedule, winning all eight home contests.



Iowa has ranked in the top 25 in attendance 14 of the last 15 years.



lowa packed 22,157 fans into its game against Ohio State in 1985, which is a Big Ten record for attendance.



The lowa locker room includes leather sofas, a big screen TV, computers and spacious lockers for the players.



The Hawkeye locker room has a trophy case that showcases lowa's eight Big Ten Championships, two Big Ten Tournament Championships and one Final Four appearance.



lowa student-athletes have spacious lockers for their personal and game use.

"The thing I like most about our locker room is the leather couches. I like to take naps on them before and after practice."

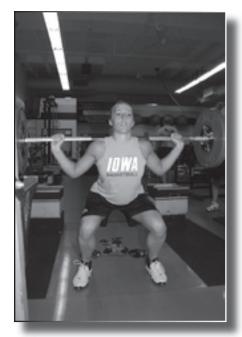
Junior Tiffany Reedy

"We have a great 'front room' where the team gets to bond, hang out and surf the web on the computers." Junior Morgan Kasperek

The lowa women's basketball locker room has been completely remodeled over the past couple years. Highlighting the changes is improvement to the player lounge. Players now enjoy the comfort of leather sofas, a big screen TV and computers with high-speed Internet access. The lounge also features plush carpeting and a high-quality sound system, helping make the lowa locker room the envy of most women's collegiate basketball programs. The changes provide the lowa players with an opportunity to relax before and after practices and games.

lowa's locker area was also remodeled with large wooden lockers for each players personal and game use. Additionally, lowa's shower area was expanded to provide additional room.

STRENGTH AND CONDITIONING



Tiffany Reedy executes a squat for lower body strength.



Crystal Smith presses the weight to improve upper body strength.



Jamie Cavey performs a split jerk to work on power.

Strength and conditioning's mission is to enhance athletic performance while reducing the risk of injury. This is accomplished by progression of multi-joint exercises through four phases of training: **work capacity** (medicine ball circuits, trunk stabilization, combination lifts and repeat sprints at 70%), **strength** (squats and presses), **power** (explosive lifts like power clean, snatch and jerk) and **speed** (high intensity jumps and short sprints). Each phase builds a foundation for the next level.

Basketball is a game of high and rapid forces. The connective tissues of the body resist stretch depending on the rate of force loading. Explosive lifts expose the athlete to high force outputs and rapid loading while preparing the athlete for speed. The multi-joint movements improve muscle coordination, stabilizing muscle groups, body control and timing. These qualities facilitate success in basketball.

Bill Maxwell Strength and Conditioning Coach



Morgan Kasperek finishes a combination lift with an overhead split squat.



Iowa's strength and conditioning facility in Carver-Hawkeye Arena is located just steps from the arena floor and the Hawkeye locker room.

ACADEMIC STUDENT SERVICES

Since its inception in 1979, Athletics Student Services has evolved from a twoperson, academic support service to a broad-based, nationally prominent student support services operation. Its purpose is to assist student athletes to become tomorrow's leaders by offering academic and personal support services to assist them in making timely and satisfactory progress toward their degrees.

Athletic Student Services focuses on four important areas — academic counseling and monitoring, educational and support programs, retention programs and compliance services — when working with student-athletes. Following are descriptions of some of the programs, services and opportunities available to student-athletes in those areas.

Athletic Learning Center

The \$4.6 million Russell A. and Ann Gerdin Athletic Learning Center, opened in September 2003, giving all Iowa student-athletes a state of the art facility to help them with their educations.

The Athletics Learning Center is a multi-level, 20,000 square foot facility which will provide a computer center, study areas, classes and meeting places for all Hawkeye student-athletes.

The Learning Center will feature an auditorium that converts into two classrooms, separate study rooms for under and upperclass student-athletes that feature 28 study carrels, a computer lab, five tutorial rooms, the book loan repository, office space for lowa's Student Services staff and a display area to recognize the academic accomplishments of lowa's student-athletes.

Academic Counseling and Monitoring

Athletics coordinators work closely with student-athletes and their universityassigned advisors from the time they arrive on campus until the time they leave the University. Along with focusing on academic planning matters such as goal-setting, plans of study, choosing majors and degree requirements, athletics coordinators also help student-athletes understand NCAA, Big Ten and University academic policies. They also solicit feedback from instructors on academic progress made by studentathletes.

Tutoring

Tutoring is available free of charge to all student-athletes. Tutors, who are postgraduates and teachers, help with course content as well as study strategies and are available in virtually all general education program subjects.



Retention

A full-time staff member directs the retention program, which identifies studentathletes who may need tailored academic assistance and structure, and implements individualized learning plans to help them succeed. Such plans may include daily and weekly planning sessions with athletics coordinators and retention staff, tutoring, study groups, mainstreaming into on-campus services like the writing center, math labs and services for students with learning disabilities.

Transition Seminar

All new student-athletes attend an eight-week transition seminar during the fall semester that is geared toward helping them make the transition from high school to college successfully. Seminar topics include time management skills, learning and study strategies, the culture and rules of the university, and life skills concerning alcohol and other substances, relationships and intimacy, diversity, tolerance, values and character.

CHAMPS/Life Skills

Life skills programs are conducted throughout the year with and for student athletes on quality of life issues critical to personal growth, such as personal accountability, responsible use and nonuse of alcohol, diversity and gambling.

Career Guidance and Development

Planning a meaningful career and a fulfilling life is an ongoing process of expanding and narrowing choices, beginning when student-athletes arrive on campus and continuing throughout their college career and lifetime. The professional staff works with other career development professionals on campus to offer individual consultation, career development seminars, workshops, referrals to other campus offices and special events like the Senior Recognition Banquet for graduating student-athletes.

Minority Enrichment Program

This program offers a culturally supportive environment in which minority student-athletes have the opportunity to develop friendships and a support network in the university. A core focus group of students and staff coordinate programs such as guest speakers, holiday celebrations, community service activities with the local neighborhood centers, events with Cultural Centers and networking with minority faculty, staff, professional and business leaders.

Compare the Numbers

Iowa's student-athletes have outperformed the University's entire student population each year since the NCAA started requiring a report of student-athlete graduation rates.

ACADEMIC SUCCESS



Hawkeyes Tiffany Reedy and Lindsay Richards receive some academic support from Hope Williams, the team's Academic Coordinator.



Jennie Lillis is congratulated by Robin Roberts after being one of only two recipients of the 2004 WBCA Scholarship Award.

"I think that the success that we've had in the classroom shows lowa's commitment to the student-athlete. With Lindsey Meder being one of the top-five academic players in America two straight years (2001-02) and having eight players on the Academic All-Big Ten Team last season speaks volumes about our commitment to academics. Our players have proven that they can do both at a school like Iowa. They can achieve success both academically and athletically."

Lisa Bluder Iowa Head Coach

"New student-athletes face many challenges during their first year at the University of Iowa. Freshmen meet with me individually on a weekly basis to discuss academic progress and other issues as they may arise. Athletics Student Services is dedicated to meeting the needs of the whole student-athlete and serves as a support system along the road to the bachelors degree"

Hope D. Williams Assistant Director, Athletics Student Services

The University of Iowa women's basketball team not only has a rich tradition of success on the court, but in the classroom as well. The University of Iowa and its staff is committed to the student-athlete and prepares its athletes for life after college.

Lindsey Meder (1998-2002), who was a pre-medicine major, was selected to the Verizon Academic All-America First Team both her junior and senior years. She was the only junior selected to the five-member team.

Jenna Armstrong, Jamie Cavey, Kristi Faulkner, Morgan Kasperek, Jennie Lillis, Becca McCann, Tiffany Reedy and Lindsay Richards were all named to the academic all-Big Ten team last year. Iowa's eight selections is a new school record!!! Twenty-five different Hawkeyes have been named to the Academic All-Big Ten Team since 1985.

In addition, Jennie Lillis (2000-04) was one of only two recipients of the 2004 WBCA Scholarship Award.

Iowa Academic All-Big Ten

1985-86 Lisa Becker

1986-87 Lisa Becker

1987-88 Jody Ratigan Jolynn Schneider

1988-89 Felecia Hall Jody Ratigan **1989-90** Becky Shrigley Trisha Waugh Jody Ratigan

1990-91 Trisha Waugh

1991-92 Becky Shrigley

1993-94 Karen Clayton

1994-95 Karen Clayton Susan Koering **1995-96** Karen Clayton Tiffany Gooden Susan Koering Shannon Perry

1996-97 Tiffany Gooden Amy Herrig Susan Koering Shannon Perry 1997-98 Tiffany Gooden Amy Herrig Shannon Perry **1998-99** Cara Consuegra Amy Herrig Randi Peterson

1999-00 Cara Consuegra Lindsey Meder Randi Peterson Laura Podolak

2000-01 Cara Consuegra Leah Magner Lindsey Meder Randi Peterson

2001-02 Kristi Faulkner Jennie Lillis Leah Magner Becca McCann Lindsey Meder

2002-03 Jenna Armstrong April Calhoun Jamie Cavey Kristi Faulkner Jennie Lillis Becca McCann 2003-04 Jenna Armstrong Jamie Cavey Kristi Faulkner Morgan Kasperek Jennie Lillis Becca McCann Tiffany Reedy Lindsay Richards

BIG TEN BASKETBALL



The Iowa Hawkeye bench begins to celebrate as the final seconds tick away in its 75-70 Big Ten Tournament victory over Purdue in 2001.

The University of Iowa Hawkeyes play in one of the premiere conferences in the nation: the Big Ten. The 11member institutions that compete in this highly competitive league consistently battle for National titles on an annual basis.

Women's basketball in the Big Ten is one of its most popular sports amongst its fans. Teams play a 16-game conference schedule, followed by one of the most watched and attended conference tournaments in the country.

The popularity of women's basketball continues to rise. For the past three seasons, the Big Ten Conference ranked No. 2 nationally in attendance, with six school's ranked in the top 25. Additionally, the 2002 edition of the Big Ten Women's Basketball Tournament saw all three tournament attendance records fall. The first attendance mark fell during Sunday's semifinals with 9,358 fans, eclipsing the previous single-session record of 7,948, set two years ago. With 9,221 fans showing up for Monday night's championship game, the all-session total attendance mark (35,846) and the average-per-session marks (7,169) were also set.

lowa has won or shared the most regular season titles than any other Big Ten team with eight championship trophies (1986-'87, '87-'88, '88-'89, '89-'90, '91-'92, '92-'93, '95-'96 and '97-'98). The Hawkeyes have also won the Big Ten Tournament twice (1997 and 2001).

Four years ago, the University of Iowa and its basketball fans were treated to an unprecedented accomplishment. Both the men's and women's team's won its respective tournament. It marked the first time the same school won both the men's and women's conference tournament the same year. No other Big Ten school has accomplished that feat.

"It was an indescribable feeling when we won the Big Ten Tournament," said Head Coach Lisa Bluder. "To share that with the team and the fans, but then to watch our players geniunely get just as excited when our men won speaks volumes about the comradery between the two programs and the love for lowa that is shared by everybody." "Growing up in the Chicago suburbs and in the heart of Big Ten Country, I have always wanted to play for a school in the best conference in America. The fan support is second to none!" **Junior**

Johanna Solverson

"The Big Ten race will be very competitive this year as it contains some of the best collegiate women's basketball players in the nation. Without question, this is one of the best conferences in the country, which allows us to be able to be the best team competing in the NCAA Championships."

Freshman Stacy Schlapkohl

"Playing for lowa and competing in the Big Ten Conference is a dream come true. Athletes are given every opportunity to succeed both on the court and in the classroom."

Sophomore Tiffany Reedy

"The Big Ten is one of the best and most competitive conferences in the country every year. The fact that any team can win on any given night makes for great games and lots of fun. I'm looking forward to my first year on Big Ten competition."

Freshman Krista VandeVenter



lowa and Michigan State faced off in the quarterfinals of the 2004 Big Ten Tournament held in the Conseco Fieldhouse in Indianapolis, IN.

BIG TEN CONFERENCE

Mission Statement

The Big Ten Conference is an association of 11 world-class universities whose member institutions share a common mission of research, graduate, professional and undergraduate teaching and public service. Intercollegiate athletics has an important place within the mission.

Founded in 1896, the Big Ten has sustained a comprehensive set of shared practices and policies that enforce the priority of academics in student-athletes' lives and emphasize the values of integrity, fairness and competitiveness. Big Ten universities provide in excess of \$76 million in athletic scholarship aid to more than 8,500 men and women student-athletes who compete for 25 championships, 12 for men and 13 for women. In 2003-04, the Big Ten distributed over \$115 million in revenues to its 11 member institutions. Conference institutions sponsor broad-based athletic programs with more than 270 teams.

Big Ten Universities...

• are members of the nation's only conference whose constituency is entirely comprised of institutions that are members of the AAU, a prestigious association of major academic and research institutions in the United States and Canada.

• have more than 70 Nobel laureates as faculty, students or researchers.

• enroll students of whom over 41 percent have graduated in the top 10 percent of their high school class, while 74 percent graduated in the top quarter of their class.

• have more than 3,500,000 living alumni and over 320,000 undergraduate students attend Big Ten universities.

 typically receive more than 8,000 employers each year who conduct recruitment visits on Big Ten campuses.

• house on their campuses eight of the nation's 20 largest academic libraries. All of the Conference libraries are interconnected through an online library system (the Virtual Electronic Library).

Athletic Programs In the Big Ten Conference...

• provide an avenue for more than 140,000 young men and women to pursue higher education while competing in sport.

• have, since 1992, created in excess of 2,000 new opportunities for women student-athletes and established 28 new women's teams.

 had more than 8,500 student-athletes playing on over 270 teams in 2002-03. Those student-athletes received in excess of \$76 million in direct financial aid.

• graduate at a rate of 10 percent higher than all Division I student athletes.

• have won more than 185 team titles and 1,100 individual NCAA titles. In 1999-00, the Conference celebrated six NCAA team titles (men's soccer, women's volleyball, wrestling, men's basketball, fencing, men's gymnastics), the most for the Big Ten in the last 10 years.

• in the past 10 years (1994-95 through 2003-04) claimed 41 NCAA team championships including 25 since 1998-99.

• were all ranked among the top 29 in the country, including a No. 1 honor for Penn State, in a first-of-its-kind analysis by *The Sporting News* (September, 1999) of all 112 Division I-A athletic programs (that play football and men's basketball).

• showcased more than 250 events that are televised nationally, regionally and locally last year, representing over 550 hours of programming.

• are among the national attendance leaders in football, men's and women's basketball and women's volleyball. During the 2003-04 season, more than 8.3 million fans attended Big Ten home contests in those sports.

The Big Ten sponsors championships or tournaments in the following sports:

Men's Sports Baseball Basketball Cross Country Football Golf Gymnastics Soccer Swimming & Diving Tennis Indoor Track & Field Outdoor Track & Field Wrestling

Women's Sports

Basketball Cross Country Field Hockey Golf Gymnastics Rowing Soccer Softball Swimming & Diving Tennis Indoor Track & Field Outdoor Track & Field Volleyball



Big Ten Conference Recent National Team Titles

2003-04

Men's Gymnastics (Penn State) Men's Soccer (Indiana) Fencing (Ohio State) Women's Ice Hockey (Minnesota) Synchronized Swimming (Ohio State)

2002-03

Football (Ohio State) Men's Tennis (Illinois) Men's Ice Hockey (Minnesota)

2001-02

Field Hockey (Michigan) Wrestling (Minnesota) Men's Ice Hockey (Minnesota) Fencing (Penn State) Men's Golf (Minnesota)

2000-01

Men's Gymnastics (Ohio State) Wrestling (Minnesota)

1999-00

Men's Soccer (Indiana) Women's Volleyball (Penn State) Wrestling (Iowa) Men's Basketball (Michigan State) Fencing (Penn State) Men's Gymnastics (Penn State)

1998-99

Women's Basketball (Purdue) Fencing (Penn State) Men's Gymnastics (Michigan) Men's Soccer (Indiana) Wrestling (Iowa) **1997-98** Football (Michigan) Ice Hockey (Michigan) Fencing (Penn State) Wrestling (Iowa)

1996-97 Fencing (Penn State) Wrestling (Iowa)

1995-96

Fencing (Penn State) Men's Gymnastics (Ohio State) Ice Hockey (Michigan) Wrestling (Iowa)

1994-95

Fencing (Penn State) Men's Soccer (Wisconsin) M. Swimming & Diving (Mich.) Wrestling (Iowa)

1993-94 Men's Volleyball (Penn State)

1992-93 Men's Cross Country (Wisc.)

1991-92 Wrestling (lowa)

1990-91 Fencing (Penn State) Wrestling (Iowa)

PHOTOS



The Iowa Pep Band gets the Hawkeyes pumped up before their NCAA Tournament game at Virginia Tech.



Crystal Smith, Jamie Cavey and Jenna Armstrong.



Tiffany Reedy and Jamie Cavey.



The Hawkeyes "wig out" during their trip to Miami last season.



Tiffany Reedy and Lindsay Richards hanging out.



Jenna Armstrong, Lindsay Geoffroy and Jamie Cavey love the camera.

PHOTOS



Johanna Solverson and Lindsay Geoffroy hang out with Coach Bluder's daughters Hanna and Emma.



Jenna Armstrong and Jamie Cavey.



Morgan Kasperek, Jamie Cavey and Johanna Solverson.



The 2003-04 lowa Hawkeyes at their annual banquet.



The Iowa Hawkeyes eat Thanksgiving Dinner in Miami.



Morgan Kasperek, Crystal Smith and Johanna Solverson.

HALL OF FAME



The Roy G. Karro Athletics Hall of Fame and Visitors Center sits on the western edge of campus adjacent to the Iowa Soccer Complex and Finkbine Golf Course.





Since it opened its doors in September, 2002, the Roy G. Karro Athletics Hall of Fame and Visitors Center has served as a stop for Hawkeye fans on their way to Carver-Hawkeye Arena. Fans can browse through the history of not only Hawkeye basketball, but every competitive sport that the University of Iowa has to offer.

Exhibits of all 22 sports adorn the Hall of Fame walls. Fans can see everything from the men's and women's 2001 Big Ten Tournament trophies to a scorecard from the lowest round shot by a Hawkeye golfer. Fans of Hawkeye athletics can view old baseball uniforms and every national championship trophy won by the lowa wrestling program.

Fans can get hands on experience in the interactive room by shooting baskets on the old Fieldhouse floor and kicking field goals while a crowd cheers in the background. The Hall of Fame also has computer screens throughout the building, showing historic moments in Iowa athletic history. There is also a theatre where fans can watch highlights from any one of Iowa's sports. Databases are available so friends and relatives of former athletes can relive their history as a Hawkeye.

The Hall of Fame is not just an attraction for fans. Meeting spaces are available and are used for business meetings and team activities.

"Teams use this building for luncheons and recruiting purposes," said Hall of Fame Director Dale Arens. "When potential athletes walk through, they realize the level of commitment that this university has to its athletic program. Not too many universities have a facility like this."

Athletics have always been a big part of the University of lowa. The newly constructed Hall of Fame allows fans to view the history of the Hawkeyes and will let fans in the future revisit the success that is Iowa Hawkeye athletics.

University of Iowa



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THE UNIVERSITY OF IOWA

An Exceptional Choice

Since 1847, The University of Iowa has distinguished itself as a leader among public universities. Today its programs in health, business, engineering, education, law, the arts, communications, and the sciences are known worldwide for their excellence and innovation.

Outstanding Academic Opportunities

lowa offers degrees in 11 colleges: Business, Dentistry, Education, Engineering, Law, Liberal Arts and Sciences, Medicine, Nursing, Pharmacy, Public Health, and the Graduate College. Undergraduates can choose from more than 100 areas of study.

A Fun Place to Call Home

lowa City is a classic university town where learning and creating truly matter. The city blends the vibrant University campus and the natural beauty of the lowa River with nearby shopping, entertainment, and residential areas.

Commanding Resources

The University operates one of the largest research library systems in the country. Iowa equips its classrooms and laboratories with the latest in computer technology. Students benefit from this technology-rich environment coupled with the high personal attention of University faculty and staff. Visit the University's web site at <u>www.uiowa.edu</u> to take a virtual campus tour or find out more about its programs of study.

More Than a Taste of the Arts

Hancher Auditorium, the University's outstanding arts showplace, presents an amazing array of world-renowned performers, and students may purchase tickets to performances at reduced rates. Premier works of art are displayed not only at the Museum of Art but in most University buildings and plazas throughout campus. Students may participate in theater, music, and dance groups.

Time and Space to Play

Every year about 90 percent of Iowa's students make use of the University's recreational facilities. Each season offers a



Time Magazine placed The University of lowa in an elite group of seven schools recognized as the "Best School for You".

full schedule of intramural and club sports, ranging from rugby, tennis, and golf to volleyball, soccer, and swimming. Individual workouts are a part of many students' daily routines. Students also make use of campus walking and running trails, bikeways, ski trails, golf courses, and canoe and sailboat rentals to relax and enjoy leisure time.

What Distinguishes an Iowa Education?

Success. Iowa's philosophy is that if students meet the entrance requirements, the University is going to do everything it can to help students to graduate. An Iowa degree spells success in the job market, giving students the skills to continue learning and growing throughout their careers.

Excellence. The faculty is stellar. Students are amazed not only at how much they know but at how enthused they are about sharing that knowledge and getting students excited about their subject.

Comfortable class sizes

Here are average cla	iss sizes for some
typical first-year cours	es:
Rhetoric	22 in class
Biology	600 in lecture
	24 in lab
Western Civilization	260 in lecture
22 i	n discussion group
Calculus	25 in class
German	15 in class
First-year seminar	12 in class

Consider Iowa's Advantages:

• In 1999, Iowa City was named as the best place to live among metropolitan areas in the United States by *Editor and Publisher Market Guide.*

• Iowa celebrates diversity—the University attracts students from 100 countries and all 50 U.S. states.

• Iowa's students and faculty have an enthusiasm for learning and for having fun.

• Iowa is part of the Big Ten Conference, sharing academic and athletic traditions among a group of America's leading universities.

• Iowa's faculty members not only offer a full range of academic offerings for students, they actively engage in innovative research projects within their specialty areas.

• Students can easily travel a half day by car to a number of large American cities, including Chicago, Minneapolis/St. Paul, Kansas City, St. Louis, and Omaha.

• Iowa City holds a cosmopolitan charm all its own as a gathering place for the world's writers, for world-renowned artists, and for noted visiting lecturers.

The University's 389 student organizations include fraternities, sororities, and many professional and cultural societies.
The University's career and placement services match students with companies for internships and other professional experiences throughout their education.

• The University's graduates excel in their careers, often holding leadership positions within their professions and communities.

THE UNIVERSITY OF IOWA

THE COLLEGES

Almost all freshmen who enroll at The University of Iowa are admitted to the College of Liberal Arts and Sciences. General Education Program Requirements (GER) allow students to sample courses in over 100 areas of study. At Iowa, students are required to take electives, major courses, and GER's.

LIBERAL ARTS & SCIENCES - Enrollment - 16,276

Degrees Awarded - Bachelor of Arts (B.A.) and Science (B.S.) in 58 major fields; Bachelor of Fine Arts (B.F.A) in Music (B.M.) and of Liberal Studies (B.L.S.).

Admission - Freshmen and transfer students are to meet the college's admissions requirements.

ENGINEERING - Enrollment - 1,159

Degrees Awarded - Bachelor of Science in Engineering (B.S.E.) in six majors- biomedical, chemical, civil, electrical, industrial, and mechanical engineering.

Admission - Students must meet the college's high admissions requirements.

BUSINESS - Enrollment - 1,553

Degrees Awarded - Bachelor of Business Administration (B.B.A.) in six majors: accounting; economics; finance; management and organizations; management science; and marketing.

Admission - Students must satisfactorily complete two years of pre-business study in the College of Liberal Arts and Sciences.

EDUCATION - Enrollment - 818

Teacher Education Programs - Elementary education, health occupations, art, communication studies, English, foreign languages, journalism, mathematics, music, physical education, science education, and social studies.

Admission - Students must satisfactorily complete one year of appropriate course work in the College of Liberal Arts and Sciences.

NURSING - Enrollment - 554

Degrees Awarded - Bachelor of Science in Nursing (B.S.N.) **Admission -** Students must satisfactorily complete three to four semesters of pre-nursing course work in the College of Liberal Arts and Sciences.

PHARMACY - Enrollment - 426

Degrees Awarded - Six-year Pharm.D. degree.

Admission - Students must successfully complete pre-pharmacy course work in the College of Liberal Arts and Sciences. As well, students must take the PCAT (Pharmacy College Admission Test) during October of their freshman year.

GRADUATE AND PROFESSIONAL DEGREES

Many student-athletes who have attended The University of lowa and completed their undergraduate degrees continue their education at the University.

Student-athletes who attend graduate or professional school must first complete course work toward a bachelor's degree in their field of study. The University also offers undergraduates the opportunity to participate in research and overseas study programs, as well as internships that will help prepare them for graduate school.



The state-of-the-art Pappajohn Business Building



The University Museum of Art houses 9,000 permanent works of art.

The University of lowa Dental Science Program is one of the oldest in the nation.





The University of Iowa College of Law is one of the best and most respected Iaw schools in the country.

THE UNIVERSITY OF IOWA

RESIDENCE

Ninety percent of freshmen choose to live in one of the University's ten residence halls. Each team has its own rules regarding residence of incoming freshmen. Most studentathletes live at least two years on campus.

The University residence halls provide students fullservice dining rooms, study lounges, laundry facilities, recreational facilities, as well as vending and bank machines. Residence hall rooms currently have high-speed ethernet connections that give you e-mail and Internet access in your room.

SAFETY

*11:55 p.m. - 2:25 a.m.: Free SafeRide buses take students home Fridays and Saturdays.

*15 special telephones with blue lights are a direct link to the Department of Public Safety and are situated throughout the lowa campus.

*During summer orientation, campus security personnel educate students on safety.

*Rape Victim Advocacy Program cooperates with the Department of Public Safety and participates in Sexual Crime Awareness Week.

LIBRARIES

The University of Iowa's library system is the largest in the state and has over 4 million volumes. Students also have access to the collections of other libraries throughout the Big Ten Conference via computer network. Besides the Main Library, The University has 12 departmental libraries: Art Library, Biological Sciences Library, Business Library, Chemistry-Botany Library, Engineering Library, Geology Library, Hardin Library for the Health Sciences, Mathematical Sciences Library, Rita Benton Music Library, Physics Library, Psychology Library and Law Library.

COMPUTERS

There are 26 Instructional Technology Centers all over the campus which are filled with thousands of computers. These facilities are open at least 50 hours a week. Some are open 24 hours. Also, the Information Arcade in the Main Library provides a variety of specialized computing tools.

The Computer Demo Center provides information for students who want to purchase computers and software.

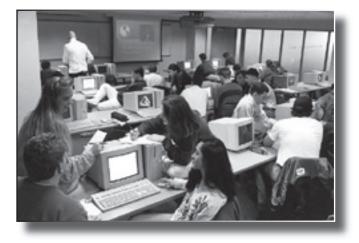
CAREER DECISIONS

Finding and pursuing a career takes careful planning. The Career Center is extremely valuable for student-athletes. The program suggests a time line each student-athlete may follow throughout her stay at Iowa. The components of the program include:

> *Individualized career counseling *Career information programs *Summer job/ internship opportunities *Resume and cover letter writing *Portfolio development *Preparing for life after college athletics

SKILLS LABS

The University provides Skills Labs to help students improve a variety of skills necessary to succeed at lowa: writing, reading, speaking, science, note taking, time management, test taking and foreign languages.



HEALTH SERVICES

The University of Iowa provides the student-athlete with the most up-to-date and highest-quality medical care available. Students at Iowa can go to Student Health Services, which is open six days a week. Student Health Services is supported by a fee paid by all full-time students. It offers students unlimited free office visits (there is a charge for other procedures done in the office such as blood tests).

CULTURAL CENTERS

There are three houses on campus that offer students from different ethnic backgrounds a place to congregate, the Latino and Native American Cultural Center, the Afro American Cultural Center and the Asian Pacific American Cultural Center.

CAMBUS

There are six bus routes throughout the Iowa campus. The University Cambus provides over four million free rides to class and to the dorms for students each year. Some routes run seven days a week, and some run until 2:30 a.m. Cambus also operates a specialized transportation service for persons with disabilities.

