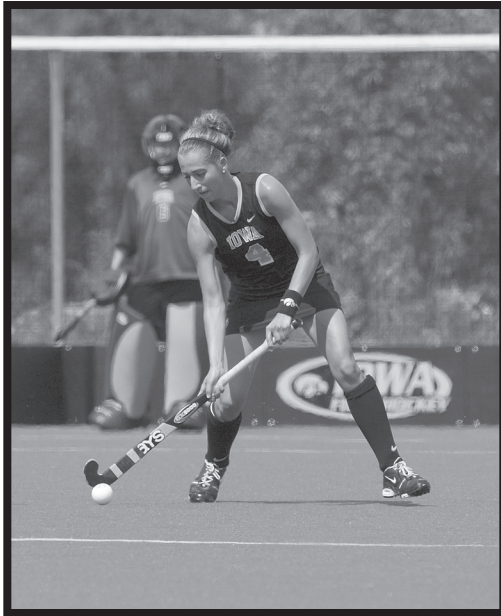




IOWA HAWKEYES FIELD HOCKEY

Why Iowa?



"When deciding on a college I had a checklist of qualities that I was looking for in a school. I wanted a school that had reputable science and math programs and had the option to do graduate work in the physical therapy field. I also wanted a school with a field hockey program that had dedicated coaches who love what they do, a team that was more like a family than a team, and lastly a program that was dedicated to helping me grow as a field hockey player and also as a person. When I came to The University of Iowa all the pieces of this puzzle seemed to fall right into place. The University of Iowa seemed like a home away from home, and the field hockey team seemed to be a family away from my family. Attending the University of Iowa and being a part of the field hockey team has been one of the biggest blessings of my life."

Becca Spengler

Sophomore - Phoenixville, Pennsylvania

"I chose to come to the University of Iowa for many reasons. The level of academics, state-of-the-art facilities and provided support staff were all suited to prepare and assist me in my future endeavors. However, the level of competitiveness and long-standing traditions of the Iowa Field Hockey team are what put Iowa at the top of my list. The high expectations that are instilled not only by my coaches and professors, but also by my teammates, have made me a better person today. I am proud and honored to have the opportunity to be a part of such an amazing program and University."

Tricia Dean

Senior - Bear, Delaware



"The moment I stepped on the University of Iowa campus I realized that Iowa was the place where I belonged. The University in its entirety rings with the feeling of great pride and integrity, from the buildings to the students, and that feeling is contagious. The team and coaches share this feeling as they support each other and work toward common goals, not merely as a group of people, but as a family who realize that they must work together in order to achieve great things. I am honored to have the opportunity to become a part of this Hawkeye tradition, as these hardworking student-athletes continue to support and encourage each other to meet the goals set for the classroom, the field and in life."

Hailey Chadbourne

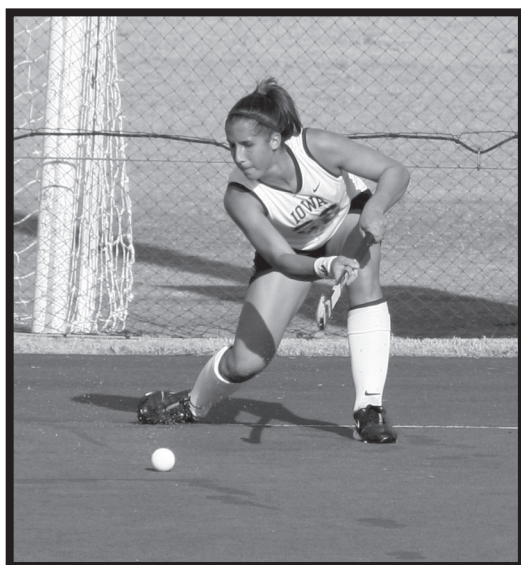
Freshman - Pittston, Maine





“From the first day that I walked on the campus of the University of Iowa, I knew I had found a home away from home. I am honored and proud to be given the opportunity to wear Black and Gold and be part of the great Hawkeye tradition. It is here that I have learned what being a Hawkeye means - strong values, goals and commitments to my teammates and coaches which has made a strong, successful family. I look forward to the upcoming seasons and growing as a person and player. I have been fortunate enough to have experienced Iowa’s athletics, academics and developed many close friendships, which will influence who I am for the rest of my life.”

Meghan Beamesderfer
Senior - Lititz, Pennsylvania



“Once I stepped foot on Hawkeye land, met the team, and saw the campus, I knew I had to become a Hawkeye. Not only is this team a family away from home, but with great coaches and academics as well, the Hawks strive for success each and every day. As a unit we are a very determined group that help each other achieve individual and team goals as well as compete for greatness. I am proud to be a part of a team that has so much heart and competitiveness, and I know every Hawk that ever steps foot on Grant Field will bleed Black and Gold forever.”

Jess Werley
Senior - Allentown, Pennsylvania

“When making the decision of which university would be the best fit for me, I knew that I wanted to be a part of a team that had tremendous pride in their program. The University of Iowa field hockey team not only has that, but they hold themselves to a higher standard than most of the other teams out there. Each person on the team is challenged to make a greater individual commitment for the betterment of the team, and the competitiveness that can be found at Iowa is unlike any other program that I have seen. Iowa provides the environment for a student-athlete not only to grow and progress within their sport, but as a person as well.”

Sarah Pergine
Junior - Collegenille, Pennsylvania





IOWA HAWKEYES FIELD HOCKEY

Grant Field

The 2008 season marked the fourth year the Hawkeyes have played on the new Grant Field. Grant Field is one of the finest facilities in the nation with a state-of-the-art playing surface, permanent grandstand, concessions, rest rooms and a press box.

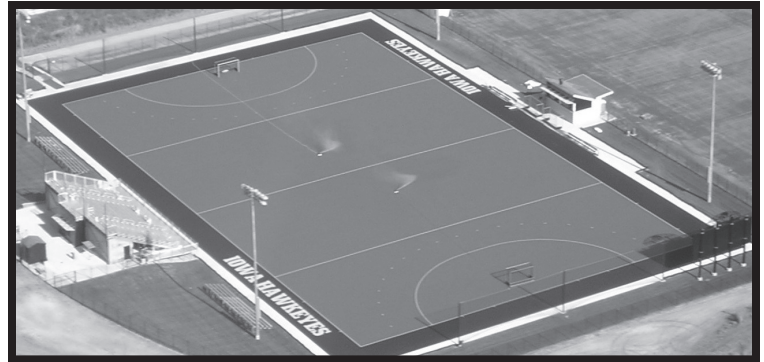
Whether playing on the new Grant Field, or on the original facility that was introduced in 1989, opponents have usually left Iowa City unhappy.

The Hawkeyes own an overall home record of 122-30, a conference record of 56-17 at home and an 11-2 record in NCAA Tournament games played in Iowa City.

Originally named the Hawkeye Field Hockey Field, the facility was renamed in honor of former University of Iowa Women's Athletics Director and founder of Iowa Field Hockey Dr. Christine Grant on Sept. 22, 1991. The new field was re-dedicated on Oct. 8, 2006.

The Hawkeyes set a home attendance record Oct. 24, 1993 with 1,339 fans watching Iowa defeat No. 4 Penn State, 4-0.

Iowa has gone undefeated on its home field in six separate seasons, including a 40-game home winning streak.



Year-By-Year Grant Field Records (New stadium beginning 2005)

Year	Overall	Big Ten
2008	6-2	2-1
2007	5-1	2-1
2006	3-3	1-2
2005	5-3	2-1
2004	8-1	3-0
2003	6-3	1-2
2002	2-2	0-2
2001	5-1	2-1
2000	5-3	2-1
1999	9-0	5-0
1998	5-3	2-3
1997	5-3	3-2
1996	9-1	5-0
1995	8-2	5-0
1994	5-2	4-1
1993	8-0	3-0
1992	10-0	4-0
1991	6-0	3-0 (MCFHC)
1990	8-0	4-0 (MCFHC)
1989	4-0	3-0
Total	122-30	56-17

MCFHC - Midwest Collegiate Field Hockey Conference

What Others Are Saying About Grant Field

"If I were a high school player looking to go to Iowa, I would take one step into that facility (Grant Field), and say 'Where do I sign?'. What a great facility. This place is start-of-the-art for college field hockey."

Brent Stover (Big Ten Network)

"It is the best facility in the Big Ten."

Kara Lentz (Big Ten Network)



Iowa Locker Room



Hawkeye Lounge

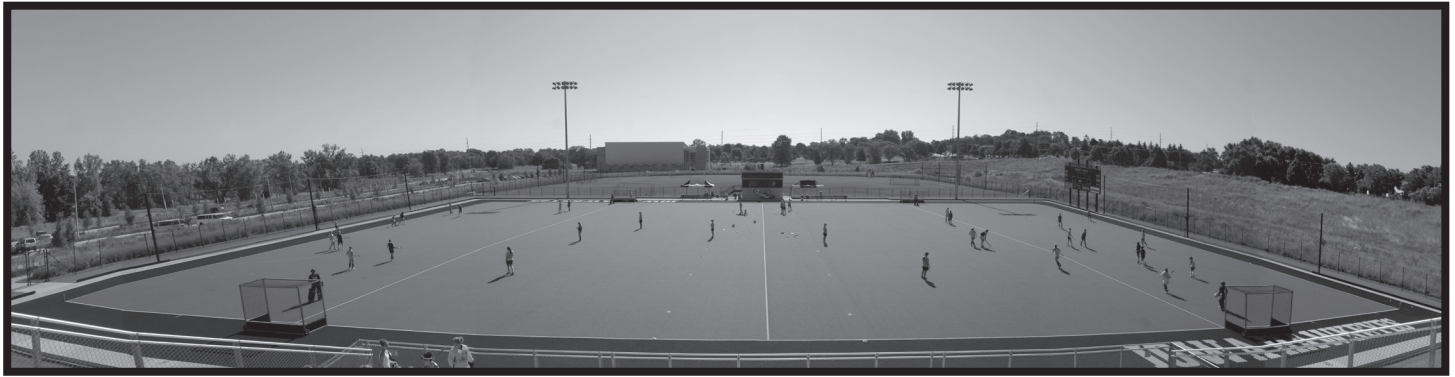


Athletic Training Room and Indoor Turf Facility



IOWA HAWKEYES FIELD HOCKEY

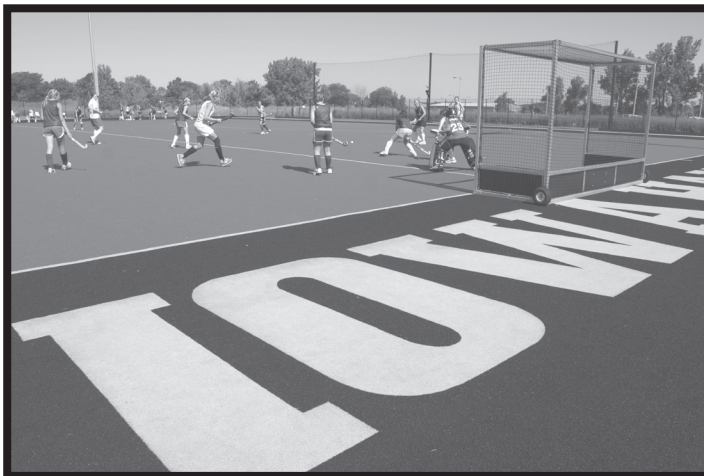
Iowa Field Hockey Camp



Grant Field is considered one of the top complexes in the country and participants have the advantage of state-of-the-art facilities. Campers also play alongside accomplished college players.



Each summer, field hockey players from around the nation come to Iowa City for the Iowa Field Hockey Camp.



Campers ages 13-18 participate in the camp led by the Hawkeye coaching staff as well as current and former Iowa players.

IOWA HAWKEYES FIELD HOCKEY

Hawkeyes in the Coaching Ranks



Hawkeyes In The Coaching Ranks

One of the most definitive statements that reflects upon the quality of the Iowa field hockey program is the number of alumni that have chosen to enter the coaching profession and the number of Hawkeye assistants that have become head coaches. Below is a list of former Hawkeyes who have or are currently coaching at various levels.

Name	Position	School	Years at Iowa	Name	Position	School	Years at Iowa
Joan Behrends	HC	White Plains H.S.	1982-86	Michele Madison	HC	Virginia	1982-89
Caroline Blaum	AC	Iowa	2004-08	Melisa Meccage	AC	Princeton	1993-97
Ange Bradley	HC	Syracuse	1995-96	Diane Monkiewicz	HC	Mansfield Univ.	1981-84
Mary Casabian	AC	Virginia (1999-2001)	1993-96	Quan Nim	AC	William and Mary	1995-99
Lisa Cellucci	AHC	Iowa	1994-98	Marcia Pankratz	HC	Michigan (1996-2004, 09-)	1982-86
Dawn Chamberlin	HC	Salisbury State	1981-85	Annette Payne	HC	Ball State	1994-97
Diane DeMiro	AC	West Essex H.S.	1993-96	Emily Rinde-Thorsen	HC	Kimball Union H.S.	2000-02
Roz Ellis	AC	Appalachian State	2005-08	Amy Robertson	HC	Indiana	1989-92
Amy Fowler	HC	Dartmouth	1989-93	Saleema Rogers	AC	Stanford (2005)	1999-02
Pattie Gillern	AC	Rutgers	2000-03	Heather Schnepf	AC	Drexel (2008)	2003-06
Kristy Gleason	AC	Iowa (2006)	1989-94	Patty Shea	HC	UMass (1997-06)	1989-95
Kristen Holmes	HC	Princeton	1992-96	Kadi Sichel	AC	Bryant University	2004-07
Kerry Horgan	HC	Kent State (1997-2005)	1988-91	Liz Tchou	HC	Rutgers	1984-88
Debbie Humpage	HC	Conn. College	1991-95	Sarah Thorn	AHC	American	1996-99
Lesley Irvine	HC	Stanford	1999	Kara Zappone	AC	Fairfield	2003-06
Sue Lowley	HC	Bridgewater College (1996-99)	1981-83	Jessica Zosky	AC	Lehigh	2000-03

Head Coach = HC

Associate Head Coach = AHC

Assistant Coach = AC



Lisa Cellucci

Class of 1998

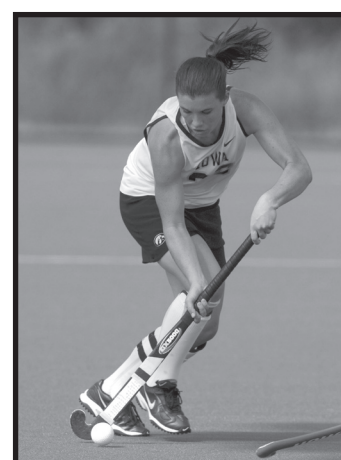
Associate Head Coach - Iowa



Caroline Blaum

Class of 2008

Assistant Coach - Iowa



Sarah Thorn

Class of 1999

Associate Head Coach - American



Liz Tchou

Class of 1988

Head Coach - Rutgers





IOWA HAWKEYES FIELD HOCKEY

Big Ten Conference



BIG TEN



CONFERENCE



When people think of collegiate field hockey, their thoughts primarily go out east, where Atlantic Coast Conference and Big East schools are often seen as national powerhouses.

The Big Ten though has quickly become one of the premier field hockey conferences in the nation.

In the 25 years the conference has sponsored field hockey, Big Ten schools have advanced to the NCAA Tournament 68 times.

Last season, Iowa, Michigan State and Penn State represented the conference in the national tournament field of 16 teams. It represented the ninth time in the last 10 years that the conference has had at least three or more representatives. The Nittany Lions fell to Princeton in the first round. Michigan State defeated defending national champion North Carolina in the first round before falling to Iowa in the second. The Hawkeyes advanced to the NCAA Semifinals before falling to eventual champion Maryland.

In 2007, Iowa, Penn State, Michigan and Michigan State all advanced to the tournament. Penn State fell to North Carolina in the national championship game. The Hawkeyes were defeated in double overtime against Boston during the first round.

In 2004, Michigan State reached the Final Four, making it the fourth consecutive year the Big Ten has sent a team to the Final Four. The league record for consecutive years in the National Semifinals is eight, when either Iowa or Northwestern reached the Final Four every year from 1983-1990.

In 2003, Michigan advanced to the Final Four for the third time in school history.

In 2002, the Big Ten had a pair of teams in the Final Four for the second-consecutive year when Michigan State and Penn State each won regional tournaments. The Nittany Lions advanced to the championship game and were the national runner-up.

In 2001, the Big Ten ended the year with five of its seven teams ranked in the top 20 by the NFHCA. Both Michigan and Michigan State represented

the conference in the Final Four. The Wolverines went on to become the second Big Ten School to win the National Championship. Iowa was the first in 1986.

The Big Ten has been represented in the Final Four 22 times. The Hawkeyes lead the Big Ten Conference schools with 11 Final Four appearances.

Individually, the Big Ten produces some of the top field hockey players in the nation. In the last five seasons, the conference has produced 52 NFHCA All-Americans, 19 of which were on the first team.

The Big Ten Conference began sponsoring field hockey

in 1981 with a conference tournament, then began full league play in 1982.

From 1989-91, five conference teams competed in the Midwest Collegiate Field Hockey Conference along with the Northern Illinois Huskies. But when Penn State joined up with the Big Ten in 1991, the league resumed sponsoring a conference season.

In conference play, each team plays each other only once, with the season ending with the Big Ten Tournament. The site of the Big Ten Tournament is determined on a rotating basis. The 2009 championship will be held in East Lansing, MI.





In June 2006, the Big Ten announced the creation of the Big Ten Network, a national network devoted to Big Ten athletic and academic programs. Available to all cable and satellite providers nationwide, with most programs offered in stunning high-definition television (HDTV), the network allows fans to see their home teams, regardless of where they live.

The Network currently has agreements with more than 250 affiliates, including AT&T U-Verse, Charter, Comcast, Cox (Cleveland), DirecTV, DISH Network, Insight, Mediacom, Time Warner Cable and Verizon FiOS. Available to approximately 70 million households nationwide, the Big Ten Network is the first nationally distributed network dedicated to covering one of the premier collegiate conferences in the country. With approximately 350 live events, and nearly all of them in high definition, the network is the ultimate destination for Big Ten fans and alumni across the country, allowing them to see their favorite teams, regardless of where they live.

The network operates 24 hours a day, 365 days a year, showcasing a wide array of classic-to-current sports and televising more Olympic sporting events and women's sports than has ever been aired on any other network.

The Hawkeyes were televised six times by the Network in 2008. Iowa's matches with Penn State, Michigan State and Michigan were all televised. In addition, all three of the Hawkeyes matches at the Big Ten Tournament were shown on the Network.

For more information regarding the Big Ten Network, visit www.bigten-network.com.



Above: Head Coach Tracey Griesbaum talks with the Big Ten Network's Kara Lentz.

Below: Iowa celebrates its third-straight Big Ten Tournament title on the Big Ten Network.





IOWA HAWKEYES FIELD HOCKEY

2009 Opponents



Wake Forest

Aug. 29
 Atlantic Coast Conference
 Head Coach: Jennifer Averill
 2008 Record: 22-4
 Series Record: 2-7
 SID: Kathryn Hamlett
 Official Website: wakeforestsports.com



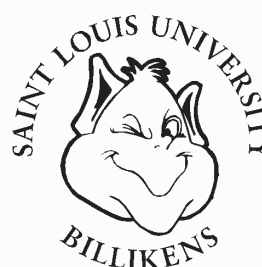
Stanford

Sept. 13
 NorPac Conference
 Head Coach: Lesley Irvine
 2008 Record: 9-11
 Series Record: 12-2
 SID: Brian Risso
 Official Website: gostanford.com



North Carolina

Aug. 30
 Atlantic Coast Conference
 Head Coach: Karen Shelton
 2008 Record: 14-6
 Series Record: 3-18
 SID: Dana Gelin
 Official Website: tarheelblue.com



St. Louis

Sept. 19
 Atlantic Ten Conference
 Head Coach: Lauren Bruce
 2008 Record: 4-13
 Series Record: 14-5-1
 SID: Chuck Yahng
 Official Website: slubillikens.com



Massachusetts

Sept. 5
 Atlantic Ten Conference
 Head Coach: Justine Sowry
 2008 Record: 17-5
 Series Record: 7-1-1
 SID: Dave Gunn
 Official Website: umassathletics.com



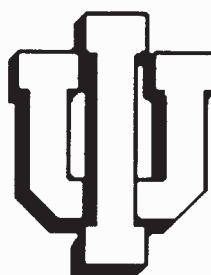
Michigan

Sept. 25
 Big Ten Conference
 Head Coach: Marcia Pankratz
 2008 Record: 8-12
 Series Record: 37-14
 SID: Matt Trevor
 Official Website: mgoblue.com



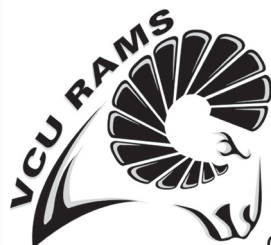
Boston University

Sept. 6
 America East Conference
 Head Coach: Sally Starr
 2008 Record: 10-10
 Series Record: 7-1
 SID: Brian Kelley
 Official Website: goterriers.com



Indiana

Oct. 2
 Big Ten Conference
 Head Coach: Amy Robertson
 2008 Record: 7-11
 Series Record: 13-4
 SID: Shana Daniels
 Official Website: iuhoosiers.com



Virginia Commonwealth

Sept. 11
 Colonial Athletic Association
 Head Coach: Kelly McQuade
 2008 Record: 5-14
 Series Record: 2-0
 SID: Chris Kowalczyk
 Official Website: vcuathletics.com



California

Oct. 4
 NorPac Conference
 Head Coach: Shellie Onstead
 2008 Record: 13-5
 Series Record: 9-1
 SID: Tim Miguel
 Official Website: calbears.com

IOWA HAWKEYES FIELD HOCKEY

2009 Opponents



Ohio State

Oct. 11
 Big Ten Conference
 Head Coach: Anne Wilkinson
 2008 Record: 14-7
 Series Record: 41-11
 SID: Emily Meyer
 Official Website: ohiostatebuckeyes.com



Louisville

Oct. 25
 Big East Conference
 Head Coach: Pam Bustin
 2008 Record: 14-7
 Series Record: 4-3
 SID: Lori Korte
 Official Website: uoflsports.com



Michigan State

Oct. 16
 Big Ten Conference
 Head Coach: Rolf van de Kerkhof
 2008 Record: 17-6
 Series Record: 45-9-1
 SID: TBA
 Official Website: msuspartans.com



James Madison

Oct. 30
 Colonial Athletic Association
 Head Coach: Antoinette Lucas
 2008 Record: 18-3
 Series Record: 3-1
 SID: Kevin Warner
 Official Website: jmusports.com



Penn State

Oct. 18
 Big Ten Conference
 Head Coach: Charlene Morett
 2008 Record: 13-7
 Series Record: 22-17-1
 SID: Justin Lafleur
 Official Website: gopsusports.com



American

Oct. 31
 Patriot League
 Head Coach: Steve Jennings
 2008 Record: 13-8
 Series Record: 2-1
 SID: TBA
 Official Website: aueagles.com



Northwestern

Oct. 23
 Big Ten Conference
 Head Coach: Tracey Fuchs
 2008 Record: 7-13
 Series Record: 49-17-4
 SID: Scott Hammer
 Official Website: nusports.com



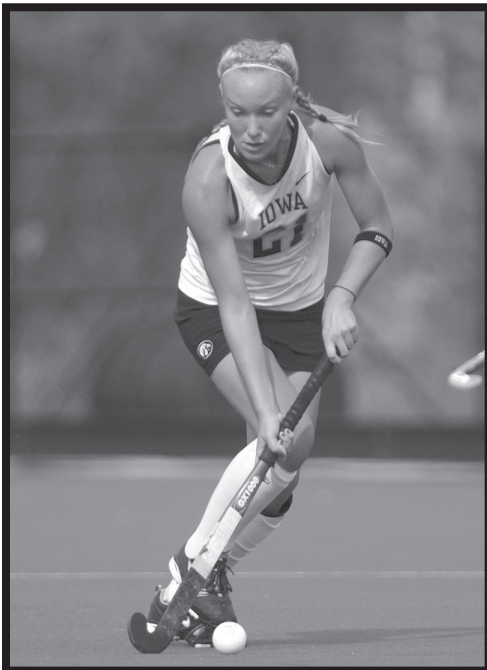


ACADEMIC EXCELLENCE

**Iowa Field Hockey is Tops on the Field
AND in the Classroom**

2008-09 Hawkeye Academic Record

- 32% (6 out of 19) were recognized on the Big Ten Academic Squad
- 33% of the team had a 3.5 GPA or higher
- Team cumulative GPA over 3.0
- NFHCA National Academic Squad



Tricia Dean



Becca Spengler



Chelsea Miller