



# **IOWA SWIMMING**



# **AND DIVING**

**2010-11 MEDIA GUIDE**



***IOWA SWIMMING AND DIVING***



# IOWA SWIMMING & DIVING

## 2010-11 Season Schedule

| <u>Date</u> | <u>Opponent</u>   | <u>Location</u>  | <u>Time</u>  |
|-------------|---|------------------|--------------|
| 10/2        | Black/Gold Intrasquad*  | Iowa City, IA    | 9am          |
| 10/8        | Truman State*   | Iowa City, IA    | 6 pm         |
| 10/15       | University of Wisconsin*  | Iowa City, IA    | 5 pm         |
| 10/22       | at Michigan State*  | East Lansing, MI | 5,pm         |
| 11/5        | at University of Minnesota*   | Minneapolis, MN  | 5pm          |
| 12/ 3-5     | Hawkeye Invitational*<br>(Notre Dame, Denver,<br>Wis-Milwaukee, Wis-GB, S Dakota State) | Iowa City, IA    | All Day      |
| 1/6-13      | Winter Training & Competition   | TBD              |              |
| 1/27-2/6    | U.S. Diving Nationals   | Iowa City, IA    | TBD          |
| 1/15        | at Illinois#  | Champaign, IL    | 11 am        |
| 1/22        | Northwestern*   | Iowa City, IA    | 11 am        |
| 1/28-29     | at Shamrock Invitational*<br>(Notre Dame, Denver, Missouri)                             | South Bend, IN   | All Day      |
| 2/4         | Western Illinois* & UNI#  | Iowa City, IA    | TBA          |
| 2/16-19     | at Big Ten Championships#   | Bloomington, IN  | Prelim/Final |
| 2/23-26     | at Big Ten Championships^   | Minneapolis, MN  | Prelim/Final |
| 3/26-27     | Last Chance NCAA Qualifier#   | TBA              | TBA          |
| 3/5-6       | Last Chance NCAA Qualifier^   | TBA              | TBA          |
| 3/ 11-13    | at NCAA Diving Qualifier*   | TBA              | TBA          |
| 3/17-19     | at NCAA Championships#  | Austin, TX       | Prelim/Final |
| 3/24-26     | at NCAA Championships^  | Minneapolis, MN  | Prelim/Final |
| 4/ 16       | Alumni Meet*  | Iowa City, IA    | 11 am        |

All times are local to site.

\* -- co-ed meet

# -- women's only meet

^ -- men's only meet

% - Hy-Vee Cy-Hawk Series

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## Credits

The University of Iowa swimming and diving media guide was written and designed by Sports Information Student Assistant Ashley Carlson. Editorial assistance provided by Assistant Sports Information Director Chris Brewer. Photographs provided by the University of Iowa CMP-Photo Services, RDG Planning and Design, and the University of Iowa Visual Center's Photographic Services.

## Practice Attendance & Interviews

All afternoon practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. The swim team will practice Monday, Wednesday and Friday from 2-4p.m. and Tuesday and Thursday from 1:15-2:45 p.m. The diving team practices daily from 1:45-5 p.m. All practices are held at the Campus Recreation and Wellness Center. All interviews should be coordinated by Ashley Carlson in the sports information office. Please contact Carlson so that she may set up an interview time that does not interfere with the student-athlete's academic or practice schedules.

## UI Nondiscrimination Statement

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, (319) 335-0705.

## Athletics Department Mission Statement

The mission of the Department of Athletics is to provide the administrative and coaching support, facilities, resources and equipment necessary for student-athletes to graduate from The University of Iowa while participating in broad-based championship-caliber athletic competition. The overall well-being of the participant and the integrity of the program will be paramount in all that we do.



# IOWA SWIMMING & DIVING

| Name              | Yr. | Event(s)       | Hometown (Last School)                         |
|-------------------|-----|----------------|--|
| Andy Ahlberg      | So. | Free/IM        | Glastonbury, CT (Glastonbury HS)               |
| Max Behles        | Fr. | Free           | Evanston, IL (Evanston HS)                     |
| Jay Bell          | So. | Diving         | Cary, NC (Cardinal Gibbons HS)                 |
| Manuel Belzer     | Fr. | Free           | Schornsheim, Germany (SG EWRR Rheinessen-Marz) |
| Grant Betulius    | Fr. | Back           | Naperville, IL (Neuqua Valley HS)              |
| Byron Butler      | So. | Back/Fly       | New Berlin, WI (West HS)                       |
| Max Dittmer       | Sr. | Back/IM        | Muscatine, IA (Muscatine HS)                   |
| Paul Gordon       | Jr. | Free           | Sioux Falls, SD (Washington HS)                |
| Sean Hagan        | Sr. | Breast/Free/IM | Boone, IA (Boone HS)                           |
| Bryan Hill        | Sr. | Back           | West Des Moines, IA (Valley HS)                |
| Charlie Hogan     | Fr. | Free           | West Des Moines, IA (Valley HS)                |
| Jordan Huff       | So. | Back/Free      | Dubuque, IA (Senior HS)                        |
| Zane Hugo         | Sr. | Breast         | Mason City, IA (Mason City HS)                 |
| Tyler Lentz       | Fr. | Back/Fly/IM    | Reedsburg, WI (Sauk Prairie High School)       |
| Andrew Marciniak  | Fr. | Breast         | Gilbert, AZ (Highland HS)                      |
| Devon Meeks       | Fr. | Back/Fly/Free  | Farmington, MN (Rosemount HS)                  |
| Osvel Molina      | Fr. | Diving         | Miami, FL (Goleman HS)                         |
| Kevin Moran       | So. | Free           | Lockport, IL (Lockport Township HS)            |
| Kyle Noser        | Fr. | Breast         | Denver, CO (ThunderRidge HS)                   |
| Duncan Partridge  | Jr. | Free           | Lake Forest, IL (Stevenson HS)                 |
| Ryan Phelan       | Jr. | Free/Breast    | Cedar Rapids, IA (Washington HS)               |
| Dustin Rhoads     | Fr. | Back/Fly       | Ames, IA (Ames HS)                             |
| Richard Salhus    | Sr. | Fly/Free       | Rustington, England (Northcliff HS)            |
| Arsen Sarkisian   | Fr. | Diving         | Skokie, IL (Niles North HS)                    |
| Gianni Sesto      | Fr. | Free           | Las Vegas, NV (Palo Verde HS)                  |
| Mitchell Shanahan | So. | Back/Fly       | Omaha, NE (Ralston HS)                         |
| Sean Swibes       | Jr. | Breast         | Chesterton, IN (University of Indianapolis)    |
| Mitch Taylor      | So. | Fly/Free       | Urbandale, IA (Urbandale)                      |
| Brian Tremml      | Jr. | Fly/IM         | Holland, MI (Holland HS)                       |
| Donny Warren      | So. | Back/IM        | Dubuque, IA (Hempstead HS)                     |
| Patrick Weigand   | So. | Free/IM        | LaGrange Park, IL (Lyons Township HS)          |

**Pronunciation Guide**

Name..... Pronunciation

Andy Ahlberg ..... ALL-burg

Ryan Phelan .....FAY-len

Diving Coach Bob Rydze ..... RIDZ

Richard Salhus ..... SAL-us

Sean Swibes.....SWHYBZZ

Brian Tremml..... TREM-il

Patrick Weigand.....WHY-gand

Head Coach: Marc Long (7th season)  
 Associate Head Coach: Frannie Malone (7th season)  
 Diving Coach: Bob Rydze (36th season)  
 Assistant Coaches: Kirk Hampleman (5th season)  
 Nathan Mundt (3rd season)



# IOWA SWIMMING & DIVING

| Name                 | Yr. | Event(s)      | Hometown (Last School)                        |
|----------------------|-----|---------------|---|
| April Allen          | So. | Breast/Free   | Cedar Rapids, IA (Kennedy HS)                 |
| Katelyn Baltés       | Fr. | Breast        | Madison, WI (Verona Area HS)                  |
| Grace Borchers       | So. | Back/Fly      | Evanston, IL (Indiana University)             |
| Sophie Borchers      | Jr. | Fly           | Evanston, IL (Evanston Twp. HS)               |
| Elise Borja          | Fr. | Free          | Waukesha, WI (Waukesha South HS)              |
| Caitlin Carlyle      | Sr. | Free          | Denison, IA (Denison HS)                      |
| Danielle Carty       | Jr. | Back          | Ontario, Canada (McKinnon Park SS)            |
| Emily Christiansen   | Fr. | Free          | Mesa, AZ (Mountain View HS)                   |
| Joelle Christy       | Fr. | Diving        | Spring Field, IL (Sacred Heart)               |
| Daniela Cubelic      | Jr. | Back /Free    | Glenview, IL (South HS)                       |
| Lauren Drennan       | Fr. | Fly           | Danville, IL (Danville HS)                    |
| Lauren Eytalis       | So. | Free          | Bloomington, IL (Tri-Valley HS)               |
| Anna Flessner        | So. | Free          | Springfield, IL (Sacred Heart-Griffin HS)     |
| Deidre Freeman       | Sr. | Diving        | Grinnell, IA (Grinnell)                       |
| Sarah Galvin         | So. | Back/Free     | Glen Ellyn, IL (Benet Academy)                |
| Haley Gordon         | Fr. | Breast/Fly/IM | Sioux Falls, SD (Washington HS)               |
| Abby Grilli          | Fr. | Diving        | Burr Ridge, IL (Hinsdale Central HS)          |
| Verity Hicks         | Sr. | Free          | Pukekohe, New Zealand (ACG Strathallan)       |
| Emily Hovren         | Fr. | Free/IM       | Normal, IL (University HS)                    |
| Lauren Kelba         | Fr. | Diving        | Calgary, Alberta, Canada                      |
| Amanada Kocovsky     | Fr. | Diving        | Andover, MN (Andover)                         |
| Mary Sue LeMay       | So. | Diving        | Sterling, IL (Newman Central HS)              |
| Christine Mauro      | Sr. | Free          | Lake Forest, IL (Lake Forest HS)              |
| Erin Mykleby         | Jr. | Back/Fly/Free | Bettendorf, IA (Luther College)               |
| Kelsie Neubauer      | Sr. | Free/IM       | Libertyville, IL (Libertyville HS)            |
| Taylor Newgaard      | Fr. | Free          | Phoenix, AZ (Desert Vista HS)                 |
| Caitie Polz          | Sr. | Free          | Elk Grove Village, IL (St. Viator HS)         |
| Brianne Richson      | Fr. | Diving        | Summit, N.J. (Summit)                         |
| Veronica Rydze       | Sr. | Diving        | Iowa City, IA (City HS)                       |
| Sasha Stephens       | Jr. | Back          | Flower Mound, TX (Arizona State)              |
| Katarina Tour        | Sr. | Breast/IM     | Stockholm, Sweden (Fryshuset Kunskapscentrum) |
| Abbey Tuchscherer    | Fr. | Fly           | Oschkosh, WI (Oschkosh West HS)               |
| Karolina Wartolowicz | Fr. | Breast        | Oswego, IL (Oswego East HS)                   |

Head Coach: Marc Long (7th season)  
 Associate Head Coach: Frannie Malone (7th season)  
 Diving Coach: Bob Rydze (36th season)  
 Assistant Coaches: Kirk Hampleman (5th season)  
 Nathan Mundt (3rd season)

## Pronunciation Guide

| Name              | Pronunciation |
|-------------------|---------------|
| Paige Bauernfeind | BARN-find     |
| Daniela Cubelic   | cue-BELL-ick  |
| Lauren Eytalis    | eye-TAL-iss   |
| Katie Michelau    | MEEK-lau      |
| Erin Mykleby      | MIKE-ill-bee  |
| Kelsie Neubauer   | NEW-bower     |
| Caitie Polz       | POLES         |
| Veronica Rydze    | RIDZ          |



# IOWA SWIMMING & DIVING



### General Information

Location: .....Iowa City, IA  
 Founded: ..... 1847  
 Enrollment: ..... 30,561  
 Nickname: .....Hawkeyes  
 School Colors: .....Black and Gold  
 Home Facility (Capacity): .....CRWC (2,300)  
 Conference: .....Big Ten  
 President: .....Sally Mason  
 Director of Athletics:.....Gary Barta  
 Swimming Administrator: .....Jane Meyer  
 Swimming Secretary:.....Irene Pearson  
 Administrative Phone:.....(319) 335-8874  
 Administrative Fax: .....(319) 335-9333  
 Academic Services Phone:.....(319) 335-9384  
 Athletic Training Phone:.....(319) 335-9482

### Team Information

2009-10 Men's Overall/Big Ten Record: ..... 10-1/3-1  
 2009 Men's Big Ten Championships Finish (Points): .....6th (223)  
 Men's Letterwinners Returning/Lost: ..... 20/8  
 2008-09 Women's Overall/Big Ten Record:.....8-4/2-3  
 2009 Women's Big Ten Championships Finish (Points): .....9th (120)  
 Women's Letterwinners Returning/Lost: ..... 20/8

### Coaching Information

Head Coach:..... Marc Long  
 Alma Mater, Year: ..... University of Iowa, 1991  
 Women's School/Career Record (Year): .....42-27 (7th)  
 Men's School/Career Record (Year):.....26-21 (6th)  
 E-mail Address: ..... marc-long@uiowa.edu  
 Assistant Coach (Year at Iowa): ..... Kirk Hampleman (5th)  
 Alma Mater, Year: ..... Auburn University, 2002  
 E-mail Address: ..... kirk-hampleman@uiowa.edu  
 Assistant Coach (Year at Iowa): ..... Frannie Malone (7th)  
 Alma Mater, Year: ..... University of Iowa, 2000  
 E-mail Address: ..... frannie-malone@uiowa.edu  
 Assistant Coach (Year at Iowa): ..... Nathan Mundt (3rd)  
 Alma Mater, Year: ..... University of Tampa, 2001  
 E-mail Address: ..... nathan-mundt@uiowa.edu  
 Diving Coach: ..... Bob Rydze (36th)  
 Alma Mater, Year: ..... University of Maryland, 1970  
 E-mail Address: ..... RRIDZ@aol.com  
 Office Address:.....309 South Madison Iowa City, IA 52242  
 Office Phone:.....(319) 335-9432  
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 Web Site:.....hawkeyesports.com



# IOWA SWIMMING & DIVING

The 2010-11 season will be filled with excitement and new memories for the University of Iowa swimming and diving program as the team will compete in their new pool at the Campus Recreation and Wellness Center. The new facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

"We're excited about having this amazing training facility and being able to host regional and national meets. It's a real sense of pride for our current athletes that they are moving into one of the nicest facilities in the country," said Head Swimming Coach Marc Long. "Iowa has a very deep swimming and diving history, so to leave such a historical facility and add a facility like this is an outstanding opportunity."

The Hawkeyes' former home, the Field House Pool, did not have access to adequate training facilities. The pool was not Olympic size and the divers did not have access to a regulation size tower. The CRWC on the other hand is stocked with modern amenities and features all new equipment.

The Hawkeyes want their first year in the Campus Recreation and Wellness Center be as successful as their final season at the Field House Pool.

"We had a great finish to last season. Many of our student athletes recorded career best times and performances and we want to continue building on that success this season," explained Long.

The Hawkeye women return their top performer in 12 of 14 individual events. They also have a solid class of newcomers to add depth and talent in every event. Last season, Iowa set a pool record in one individual event and posted NCAA "B" cuts in five individual events and four relays.

The Iowa men's squad returns its top performer in 10 of 17 individual events and all four legs in four of the five relays. In 2009-10, the Hawkeye men set school records in three individual events and three relays, while posting NCAA "B" cuts in eight individual events and five relays. The Hawkeyes posted their best dual record in program history (10-1), going 3-1 in the Big Ten. Iowa's sixth place finish at the Big Ten Championships



**Junior Danielle Carty**



**Junior Paul Gordon**

marks the team's highest finish at the conference championships in 14 years.

Iowa returns all of its major point scorers and welcomes an outstanding freshmen class that was ranked No. 17 by collegeswimming.com.

Iowa will open its new pool and the 2010-11 season Oct. 2 with the annual Black and Gold Intrasquad meet, which will also be this season's "Awareness Meet," an event promoting heart disease awareness. The Hawkeyes will host Truman State Oct. 8 before opening Big Ten competition against Wisconsin Oct. 15.

Former Hawkeyes will have a chance to take a dip in the new pool at the Iowa Alumni Meet, set for April 16, 2010.

Here is an event-by-event breakdown of the 2010-11 Hawkeyes:

## Freestyle

The women's team returns juniors Daniela Cubelic and Danielle Carty in the sprints, and senior Verity Hicks and sophomore Lauren Eytalis in the distance races. Cubelic provided solid depth in the sprints, posting season best times in the 50 (23.91) and 100 free (52.16). Carty will also be a big contributor in the sprints, recording a collegiate best time in the 100 free (52.16) last season. Hicks led Iowa in the 200 (1:48.93) and 500 free (4:56.44) in 2010. Her 200 time set a new school record and her best 500 free (4:53.94) ranks sixth in school history. Eytalis had a great freshman season leading the team in the 1,000 free (10:19.72) and 1,650 (17:08.29), times that rank ninth and eighth, respectively, on Iowa's all-time top 10 performers list. Freshman Emily Hovren (Normal, IL) will provide solid depth in the sprints and mid-distance races.

The men's sprint teams will be led by juniors Ryan Phelan, Duncan Partridge and Paul Gordon and sophomore Jordan Huff. Freshmen Devon Meeks (Farmington, MN) and Manuel Belzer (Schornsheim, Germany) will also be counted on to contribute.

Gordon led the team and posted a NCAA "B" cuts in the 100 free (43.88), 200 free (1:36.01) and 500 free (4:22.55) last year, times that rank third, second and ninth all-time at Iowa. Huff made the all-time top 10 performers list in the 100 free (44.24) and 200 free (1:36.18), ranking 10th and third, respectively. Partridge swam a collegiate-best time in the 100 free



# IOWA SWIMMING & DIVING

## Senior Max Dittmer



(44.11) and ranks eighth on Iowa's all-time list. Meeks was a Minnesota State Champion in the 50 free (20.73) and is sure to be a great addition to the team. Belzer is expected to be a top swimmer in the 500, 1000 and 1650 free.

### Backstroke

Carty and Cubelic, and sophomore Sarah Galvin return after leading the Hawkeye women in the backstroke last season. Carty led the Hawkeyes in the 100 back (55.17) while Cubelic led Iowa in the 200 back (1:58.87). Both times rank second all-time at Iowa. Galvin climbed her way onto the all-time performers list last season in the 100 back (56.43) and 200 back (2:02.77) with times that rank sixth and ninth, respectively. Carty was team captain and competed at the 2009 Canada Games in Prince Edwards Island, where she placed first in the 50-meter back, third in the 100-meter back and was a member of the 200-meter medley relay that set a new senior Canadian national record. Freshman Haley Gordon (Sioux Falls, ND) will provide solid depth.

Senior co-captain Max Dittmer, sophomore Byron Butler and freshmen Dustin Rhoads and Grant Betulius are expected to lead the Iowa men in the backstroke. Dittmer posted the team's top time in the 100 (48.75) last season, narrowly missing a school record (48.60). Butler set a new school record in the 200 back (1:45.30) earning a NCAA "B" cut in the event.

### Breaststroke

Senior Katarina Tour returns after a successful 2009-10 season where she earned the Hawkeye women's MVP honor for the third time in her career. She was Iowa's top finisher at the Big Ten Championships, placing 10th in the 100 breast. Freshmen Karolina Wartalowicz and Gordon will compete for points in the 200 breast.

Senior Sean Hagan posted the top 100 (56.59) and 200 breast (1:59.88) times for the men's team last season. Hagan is only the fourth Hawkeye in school history to break the two-minute mark in the 200 breast. His best time in both events rank fourth all-time at Iowa. Freshmen Kyle Noser and Andrew Marciniak will help strengthen the Hawkeyes in the breaststroke.

### Butterfly

Tour led the women in the 100 fly, setting a new Field House Pool record (55.06). During the 2008-09 season she became the first Hawkeye to break 55 seconds in 100 fly. Experienced butterflyer junior Sophia Borchers will help contribute strength in the butterfly for the women. Freshmen Abby Turscherer, Lauren Drennan and Gordon will also compete for points in the 100 fly.

Junior Brian Tremml returns after leading the Hawkeyes in the 200 fly (1:50.21) last season. Gordon returns to the lineup after leading team in the 100 fly (48.96) and cracking the all-time list at Iowa. Butler and Richard Salhus

### Individual Medley

Tour returns to the lineup having led the Hawkeyes in the 200 IM (2:01.51) last season. Senior Kelsey Neubauer is expected to pace the team in the 400 IM (4:29.07). Gordon and Hovren will also contribute in the IM events.

The men return a lot of talent in the IM. In 2010, Hagan set a new school record in the 200 IM (1:47.73), while sophomore Donny Warren posted the team-best 400 IM time of 3:57.63, which ranks eighth in school history. The Hawkeyes look forward to success in the IM with the help of four incoming freshmen. Tyler Lenz, Kyle Noser, Belzer and Rhoads will provide quality depth in both races.

### Relays

Carty, Cubelic, Hicks and Tour are all returning to contribute to Iowa's relay success. Hicks led off the 800 free relay (7:22.77) by setting a new school record in the 200 free. Carty and Tour are back from the 400 medley relay that earned an NCAA "B" cut of 3:23.30. Cubelic, Tour and Hicks were all members of last year's 400 free relay (3:24.67), while Carty and Cubelic return to lead the 200 free relay. The 200 medley relay of Carty, Tour, Borchers and Cubelic are returning with hopes of improving their NCAA "B" cut time of 1:42.12.

The Hawkeye men return all four legs of the 200 and 400 free relays that posted NCAA "B" cuts, and three legs of the 800 free relay that set a new school record (6:27.66). Huff, Gordon and Partridge swam on the last year's record breaking 800 free relay. Huff joined Gordon, Partridge and Phelan on the 400 free relay that swam a 2:56.20 to earn a NCAA "B" cut. Phelan, Partridge and Huff teamed up with Hagan in the 200 free relay

## Senior Katarina Tour







# IOWA SWIMMING & DIVING

(1:19.26). The entire team-leading 200 medley relay of Dittmer, Phelan, Gordon and Hagan, also returns. The team set the 200 medley relay school record with a time of 1:29.02. Dittmer, Gordon and Partridge are returning from the 400 medley relay that set a new school record (3:15.37) last season.

## Diving

Senior Veronica Rydze returns to lead the Iowa women along with Deidre Freeman, who decided to take a redshirt last season to study abroad. The duo placed fourth on three-meter synchronized at the 2010 AT&T National Diving Championships in August, while Freeman placed 12th in one-meter springboard competition.

Rydze led Iowa in the one and three-meter events last year, placing eighth on one-meter and 12th on three-meter at the Big Ten Championships. She earned the team diving MVP award last season after scoring the most team points at the conference meet.

Sophomore Mary Sue LeMay will also be returning to the boards for the Hawkeyes. She finished the season with a career-best of 242.60 in the one-meter and 219.05 in the three-meter. Rydze, Freeman and LeMay will be joined by freshman Lauren Kelba (Calgary, Alberta, Canada) who will make her collegiate debut with the Hawkeyes.

Jay Bell will be returning to the men's team after taking a redshirt his freshman season. He will be joined by incoming freshmen Osvel Molina (Miami, FL) and Arsen Sarkisian (Skokie, IL).



**Sophomore Jordan Huff**



**Senior Veronica Rydze**



**Senior Kelsey Neubauer**



# IOWA SWIMMING & DIVING



**Marc Long**  
Head Coach  
Seventh Season

Marc Long is in his seventh season as head coach for the University of Iowa swimming team and sixth leading both the men and women's squads. He served two seasons as the Iowa women's assistant coach (2003-04) before taking over the helm for the 2004-05 season. He

also served as the Hawkeye men's assistant coach from 1998-2001.

During his tenure as head coach of both programs, 26 school records have fallen and 70 Hawkeyes have automatically or provisionally qualified for the NCAA Championships.

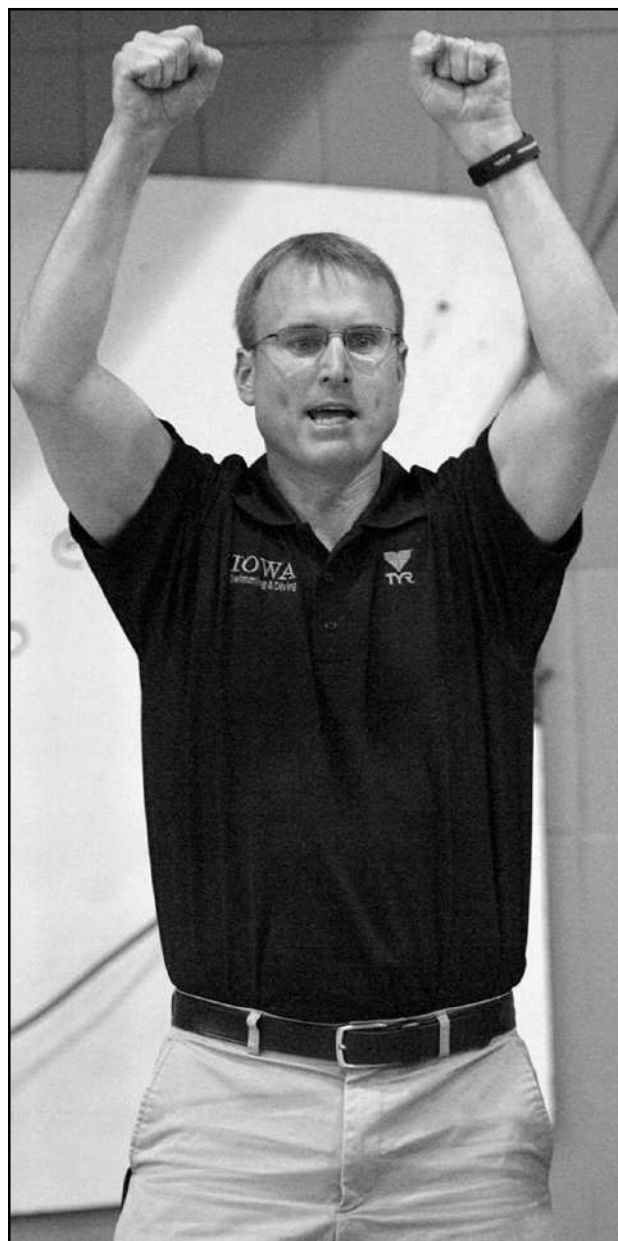
In 2009-10, the Hawkeye men set school records in two individual events and three relays, while the women's squad set a program record in one individual event and established a new pool record. The Iowa men recorded their best dual record in program history with a 10-1 overall record and finished sixth at the Big Ten Championships, the highest finish in 14 years. The women were named to the College Swimming Coaches Association of America (CSCAA) all-academic team for the fifth-straight year, and 28 Hawkeyes earned academic all-Big Ten honors.

In 2008-09, the Hawkeye women set school records in four individual events and three relays, while the men's squad set school bests in two individual events. The Hawkeyes posted NCAA "B" cuts in seven individual events and five relays. The Iowa men posted their best dual record since 1995 with a 7-1 mark, and went undefeated (4-0) at their own Field House pool. The women were named to the College Swimming Coaches Association of America (CSCAA) all-academic team for the fourth straight year, and 25 Hawkeyes earned academic all-Big Ten honors.

The 2007-08 season saw four school records set at the 2008 Big Ten Championships, including two relays. Wil Whaley and Christine Kuczek eclipsed Iowa's records in the 200 backstroke and 100 freestyle, respectively. Long also coached the women's 200 and 400 free relay teams to school records, while Whaley also placed 19th at the 2008 U.S. Olympic Trials.

In 2006-07, two more school records were broken and nine student-athletes posted NCAA "B" cuts. Dragos Agache led the Hawkeyes by competing at the NCAA Championships in both the 100 and 200 breast – the two events in which he set new school records.

In his first season with the combined program (2005-06), four student-athletes qualified for the NCAA Championships and four school records were broken. Five-time all-American and U.S. Olympic diver Nancilea Underwood completed her Hawkeye career by leading the women's team to a 27th-place finish at the NCAA meet. Agache led the men's squad, competing in the 100 and 200-yard breaststroke at



## Long's Swimming Accomplishments

- Six-time NCAA all-American
- Two-time Big Ten 100 fly champion
- Swam second-fastest (at the time) 100 fly in Big Ten history
- Big Ten 400 free relay champion
- Multiple NCAA Championships finalist and all-Big Ten
- Set NCAA and Big Ten records in 200 free relay
- U.S. National 400 free relay champion (San Jose Aquatics, 1987)
- Participated in 1988 Olympic Trials



# IOWA SWIMMING & DIVING

the NCAA meet, setting the school 100-yard breaststroke record and posting Iowa's highest individual finishes at the Big Ten Championships.

In 2004-05, the women's team recorded their second-highest finish at the NCAA Championships (23rd) in school history. The Hawkeyes were led by Underwood and four-year NCAA qualifier and all-American Jennifer Skolaski at the meet. The Hawkeyes set five school and two Field House pool records, posting a 5-4 overall dual mark.

While great individual and team performances are crucial, Coach Long also places a high priority on academic success. During Long's tenure, Iowa has crowned 17 academic all-Americans and 68 academic all-Big Ten selections, and the team has earned academic all-America honors four times.

As an assistant coach, Long helped Iowa to its highest placing and point total in school history (20th, 41 points) at the 2003 NCAA Championships. The Hawkeyes also posted an 8-4 overall season record, which was the first winning season for the program since 1999-2000.

Before his assistant coaching stints, Long served as head coach of the Iowa City Eels Swim Club (ICE) and the COHO Swim Club (Deerfield, IL). During his tenure, Long has helped produce numerous state champions, record holders, and NCAA and USS national qualifiers.

Long began his collegiate swimming career at the University of Northern Iowa (1986), winning the conference title and setting the 100 butterfly school record before joining the University of Iowa men's squad his sophomore season. As a Hawkeye swimmer (1987-89), Long was a multiple NCAA finalist, six-time all-American and three-time Big Ten Champion, winning two conference titles in the 100 fly and one as part of the 400 free relay. Long was voted a team captain in 1989 and helped lead the Hawkeyes to a Big Ten runners-up finish, and their highest team placing (eighth) in modern day history at the NCAA Championships. Long swam on Iowa's Big Ten and NCAA record setting 200 freestyle relay that year. He was also a member of the 1987 U.S. National Champion 400-meter freestyle relay team from San Jose (CA) Aquatics, and participated in the 1988 U.S. Olympic Trials.

Long is a member of the American Swimming Coaches Association and the College Swimming Coaches Association of America.

A native of Cedar Falls, IA, Long earned his B.S. in recreation education from Iowa in 1991. He and his wife, Beth, have two children, Ethan and Rhys, and a dog, PeeKay.



## Kirk Hampleman

Assistant Coach

Fifth Season

Kirk Hampleman is in his fifth season as an assistant coach for the University of Iowa swimming team.

In 2009-10, Hampleman helped guide the Hawkeye men to a sixth-place finish at the Big Ten Championships, Iowa's highest finish in 14 years. After completing the season with a 10-1 dual mark, the men have combined for a 17-2 dual meet record over the last two seasons. The women were named to the College Swimming Coaches Association of American all-academic team for the fifth straight year, and 28 Hawkeyes earned Academic all-Big Ten honors. The Hawkeyes broke six school records, and under Hampleman's guidance, Danielle Carty was able to capture the gold medal in the 50-backstroke at the 2010 Canada Games.

In 2008-09, the Hawkeye women set school records in four individual events and three relays, while the men's squad set school bests in two individual events. The Hawkeyes posted NCAA "B" cuts in seven individual events and five relays. The Iowa men posted their best dual record since 1995 with a 7-1 mark, and went undefeated (4-0) at their own Field House pool. Hampleman also coached Danielle Carty to a third-place finish at the 2009 Canadian National Championships where she qualified for a spot on the Canada Games Team.

Hampleman's second season saw four school records broken at the 2008 Big Ten Championships and the Hawkeyes post NCAA provisional qualifying performances in nine individual events and four relays. Wil Whaley and Christine Kuczek eclipsed Iowa's previous bests in the 200 back and 100 free, respectively, while the women's 200 and 400 free relay teams also set school records. Whaley placed 19th at the 2008 U.S. Olympic Trials.

In his first season at Iowa, two school records were broken and four student-athletes posted NCAA provisional marks. Hampleman and Assistant Coach Frannie Malone worked closely with the stroke group which included Dragos Agache who led the Hawkeyes by competing at the NCAA Championships in both the 100 and 200 breaststroke – the two events in which he set new school records. Agache posted Iowa's highest Big Ten finishes with third in the 100 and sixth in the 200.

Before joining the Hawkeyes, Hampleman served as a graduate assistant coach for Florida State University for two seasons. His specialties included training the stroke and sprint freestyle groups. In 2006, Florida State won its first ever women's ACC team championship. His other experience includes an assistant position at Tanoan Country Club in Albuquerque, NM, in 2002.



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Hampleman was a nine-time all-American swimmer for Auburn University from 1998-2002. He helped the Tigers to a 1999 NCAA team title, and received the Auburn Swimming Award in 2002 which recognizes superior scholarship, leadership and performance. Kirk was third in the 200 backstroke and eighth in the 200 individual medley at the 2002 NCAA Championships and was also an SEC Champion.

Hampleman earned his B.A. in mass communication from Auburn in 2002. He received a M.S. in physical education-sport administration from Florida State in 2006. He and his wife, Kendra, have a son Pierce, and a French Bulldog named Beaux.



## Frannie Malone Assistant Coach Seventh Season

Frannie Malone is in her seventh season as assistant coach and recruiting coordinator with the University of Iowa swimming team.

In 2009-10, The Iowa men posted a 10-1 dual record and finished sixth at the Big Ten Championships, the program's highest finish in 14 years. The Hawkeyes combined to set six school records, and 28 student-athletes were named Academic all-Big Ten. The Hawkeye women were named to the College Swimming Coaches Association of American all-academic team for the fifth straight year.

In 2008-09, the Hawkeye women set school records in four individual events and three relays, while the men's squad set school bests in two individual events. The Hawkeyes posted NCAA "B" cuts in seven individual events and five relays. The Iowa men posted their best dual record since 1995 with a 7-1 mark, and went undefeated (4-0) at their own Field House pool. Twenty-five Hawkeyes earned academic all-Big Ten honors.

In 2008, Malone coached events that broke four school records at the 2008 Big Ten Championships. Wil Whaley and Christine Kuczek eclipsed Iowa's previous bests in the 200 back and 100 free, respectively, while the women's 200 and 400 free relay teams also set school records. Whaley placed 19th at the 2008 U.S. Olympic Trials, and Iowa posted NCAA "B" cuts in nine individual events and four relays.

Malone's second season on the Hawkeye staff saw two school records broken and nine student-athletes qualify for the NCAA Championships. Dragos Agache led the Hawkeyes by competing qualifier at the NCAA Championships in both the 100 and 200 breast – the two events in which he set new school records. Agache posted Iowa's highest Big Ten finishes with third in the 100 and sixth in the 200.

In her first season with the combined program, four student-athletes qualified for the NCAA Championships and four school records were

broken. Five-time all-American diver Nancilea Underwood completed her Hawkeye career by leading the women's team to a 27th-place finish at the NCAA meet. Agache led the men's squad, competing in the 100 and 200-yard breaststroke at the NCAA meet, setting the school 100-yard breaststroke record and posting Iowa's highest individual finishes at the Big Ten Championships.

In 2004-05, the women's team recorded their second-highest finish at the NCAA Championships (23rd) in school history. The Hawkeyes were led by Underwood and four-year NCAA Jennifer Skolaski at the meet. The Hawkeyes set five school and two Field House pool records, posting a 5-4 overall dual mark.

Before returning to Iowa, Malone served as an assistant women's swimming coach at Tulane (2003) and Fresno State (2002). At Tulane, she helped field the first Green Wave swimming team since 1989-90, recruiting a class of 15 student-athletes. The fledgling team posted a 13-3 dual record, won three Conference USA individual titles and recorded 20 top eight finishes at the conference meet. Linda McEachrane won two conference titles to earn Conference USA Freshman of the Year accolades and posted NCAA performances in the 50 and 100 free. At Fresno State, Malone helped the Bulldogs to a 6-6 record and a fourth-place finish in the Western Athletic Conference with a team comprised of one senior and 18 freshmen.

Malone served as a graduate assistant coach at Ohio University (2001) and student assistant coach at the University of Iowa (1998-2000) after her swimming career was ended by a shoulder injury. Her club coaching experience includes leading the Willow Knolls Country Club and Ohio Master's Swimming Program, and serving as an age-group assistant with the Central Illinois Aquatics Program.

Malone is a USA Swimming Registered Coach, a Dimension I and II graduate of the NCAA Women's Coaches Academy and a member of the American Swimming Coaches Association and the College Swimming Coaches Association of America.

A native of Peoria, IL, Malone earned her bachelor's degree from Iowa in 2000 and her master's degree in physical education and sports science from Ohio University in 2004. She and her husband, Sean, have a son, Nathan.



# IOWA SWIMMING & DIVING



**Nathan Mundt**  
Assistant Coach  
Third Season

Nathan Mundt is in his third season as assistant coach and international recruiting coordinator for the Hawkeye swimming team.

In his second season, Mundt helped the Hawkeyes establish six new program records. The Hawkeye men recorded a sixth-place finish at the Big Ten Championships, Iowa's highest finish in 14 years. After completing the season with a 10-1 dual mark, the men have combined for a 17-2 dual meet record over the last two seasons. The women were named to the College Swimming Coaches Association of American all-academic team for the fifth straight year, and 28 Hawkeyes earned Academic all-Big Ten honors. Mundt also coached Paul Gordon, who represented the Hawkeyes at the 2009 World Championships Trials & U.S. Nationals.

In his first season at Iowa, the Hawkeye women set school records in four individual events and three relays, while the men's squad set school bests in two individual events. The Hawkeyes posted NCAA "B" cuts in seven individual events and five relays. The Iowa men posted their best dual record since 1995 with a 7-1 mark, and went undefeated (4-0) at their own Field House pool. The women were named to the College Swimming Coaches Association of America (CSCAA) all-academic team for the fourth straight year, and 25 Hawkeyes earned academic all-Big Ten honors.

Mundt joined the Iowa staff after serving as the head men's and women's swimming coach at Western Illinois University. He was named the 2006-07 Mid-Continent Conference Women's Coach of the Year. He coached swimmers to 13 school record-setting marks and six athletes to 12 Summit League individual event championships.

A native of Portage, IN, Mundt was a four-year letterwinner and academic all-conference honoree at the University of Tampa while earning a B.A. in Sport Management.

Mundt served as a graduate assistant coach at Valparaiso University from 2003-2005 and was named Interim Head Coach for the 2003-04 season. Mundt also added a M.S. in Sports Administration while at Valparaiso.

He and his wife, Erika, currently reside in Coralville.



**Bob Rydze**  
Diving Coach  
36th Season

Bob Rydze is in his 36th year as diving coach of the men and women's teams at the University of Iowa, and is dean of Big Ten diving coaches.

Rydze served as Team Leader for USA Diving at the 2008 Olympics in Beijing, China. He was elected chairman of USA Diving's board of directors, and also serves on the U.S. Aquatics Sports board of directors. Rydze has served as chairman of U.S. Diving's Competition Committee for Excellence (CCE).

During his tenure at Iowa, Rydze has coached three Olympians, 31 all-Americans, nine Big Ten Champions and one NCAA Champion. He has been named Big Ten Diving Coach of the Year three times (1985, 1986 and 1995).

He and his wife, Elaine, have three children, Bo, Robin and Veronica. Veronica is a diver on the Hawkeye team.



**Bill Maxwell**  
Strength Coach  
14th Season

Bill Maxwell is in his 14th season with the University of Iowa strength and conditioning staff. He was named a Master Strength and Conditioning Coach by the Collegiate Strength and Conditioning Coaches Association (CSCC) in February 2009.

Prior to joining the Hawkeyes in 1997, Maxwell served as assistant strength and conditioning coach at the University of Kansas (1991-97). He oversaw strength and conditioning programs for the Jayhawk Olympic sports, including basketball, baseball and swimming and diving. He also assisted with the Kansas football program. In 1993, the Kansas football team won the Aloha Bowl, the basketball team advanced to the NCAA Final Four and the baseball team advanced to the College World Series.

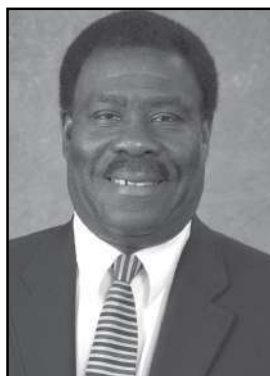
Maxwell earned his bachelor's degree in physical education from East Carolina University in 1990, where he competed for the Pirate football team. Maxwell served as a graduate assistant strength and conditioning coach at Kansas before becoming a fulltime member of the Kansas staff.



# IOWA SWIMMING & DIVING



**Jane Meyer**  
Senior Associate  
Athletics Director



**Fred Mims**  
Associate Athletics Director -  
Student Services & Compliance



**Irene Pearson**  
Secretary



**Becky Gradisher**  
Academic Advisor



**Dr. Ned Amendola**  
Sports Medicine  
Center Director



**Dr. Brian Wolf**  
Head Team Physician



**Mike Lawler**  
Senior Associate  
Athletic Trainer



**Chris Johnson**  
Senior Athletic  
Training Student



**Mickenzie Lawler**  
Manager



**Jennifer Lent**  
Manager



**Andrea Schubert**  
Manager



# IOWA SWIMMING & DIVING

## The Hawkeye Strength Training Program

The University of Iowa Strength and Conditioning Department is committed to providing the ultimate training experience for each Hawkeye student-athlete. Our focus is the development of the complete student-athlete through the use of proven scientific methods for reducing the risk of injury, as well as maximizing each student-athlete's athletic potential. Equally as important, our staff will foster a culture of relationship building in which we will seek to enhance the intangible character traits required for each Hawkeye to reach his or her championship potential on and off the playing stage.

## Strength & Conditioning Philosophy

The philosophy of this program consists of two components. The first is to continually develop a scientifically sound program that will maximize strength, power and explosiveness in order to allow the athlete to get the utmost out of their genetic potential, and to reduce the chance of injury. This will primarily be accomplished through the use of ground based free weight exercises and the progressive incorporation of functional movements and plyometrics. The second is to establish a culture which will develop the discipline, character and mental toughness within each student-athlete and team as a whole so that they are able to make sacrifices in their training, leave their comfort zone and develop a Championship ATTITUDE. This will encourage them to make the most out of every situation and opportunity given to them in athletics and academics, so that they might know what it is to be fully committed to something. When these two converge, they are not only able to reach their full potential; they become champions in and out of the pool.





# IOWA SWIMMING & DIVING



**Andy Ahlberg**  
Free/IM  
Sophomore  
Glastonbury, CT  
Glastonbury High School

**2009-10** -- swam collegiate bests in 500 free (4:36.20), 1650 free (16:05.14) and 400 IM (4:06.34) at Big Ten Championships, and 1000 free (9:49.34) vs. Truman State... recorded 14 top-five finishes...

letterwinner.

**High School** -- two-time all-American... won 500 free title and placed third in 200 free senior year... four-time all-state and 11-time all-conference... set school records in 100 free (47.63), 200 free (1:41.29), 500 free (4:33.26) and 200 IM (1:58.64), and as part of 200 (1:31.05) and 400 free (3:21.08) relays... set LL divisional record at state division LL finals... four-time team MVP, all-academic honoree and honor roll student... coached by Suzie Hoyt and Bill Ball.

**Personal** -- born June 29, 1991... son of Alan and Peggy Ahlberg... integrative psychology major.

### Ahlberg's Collegiate Best Scores

| Event     | Time     | Meet                     | Date    |
|-----------|----------|--------------------------|---------|
| 500 Free  | 4:36.20  | at Big Ten Championships | 2/24/10 |
| 1000 Free | 9:49.34  | at Truman State          | 10/9/09 |
| 1650 Free | 16:05.14 | at Big Ten Championships | 2/24/10 |
| 200 Fly   | 1:57.80  | vs. Minnesota            | 11/6/09 |
| 200 IM    | 2:00.04  | at Northwestern          | 1/23/10 |
| 400 IM    | 4:06.34  | at Big Ten Championships | 2/24/10 |



**Max Behles**  
Free  
Freshman  
Evanston, IL  
Evanston High School

**High School** -- high school all-American... coached by Kevin Auger at Evanston High School... member of YWCA Flying Fish coached by Peter Caragher.

**Personal** -- born March 3, 1992... son of

Joe and Karen Behles... finance major.



**Jay Bell**  
Diving  
Sophomore  
Cary, NC  
Cardinal Gibbons High School

**2009-10** -- Redshirted.

**High School** -- won state one-meter title senior year, setting state and school records in that event (11 dives-364.30)... team captain and MVP senior year...

two-year letterwinner in diving and football... also wrestled and played rugby... National Honor Society member... coached by Mike Adams and Kevin Lawrence.

**Personal** -- born April 22, 1991... son of David and Mary Bell... pre-medicine and psychology with a Spanish minor.



**Manuel Belzer**  
Free  
Freshman  
Schornsheim, Germany  
SG EWR Rheinhessen-Manz

**High School** -- German Junior National Champion... German National Champion finalist... European Junior National Finalist... coached by Lothar Schubert.

**Personal** -- born June 3, 1991... son of

Johanna and Michael Belzer... business major.



**Grant Betulius**  
Back  
Freshman  
Naperville, IL  
Neuqua Valley High School

**High School** -- Illinois high school state champion in 200 (1:32.01) medley relay and 100 back (49.64) ... four-time high school all-American... three-time first team all-state and one-time second team all-

state... coached by Chad Allen... swam for Fox Valley Swim Club.

**Personal** -- Born May 5, 1992... son of Joe and Sue Betulis... engineering major.





# IOWA SWIMMING & DIVING



**Byron Butler**  
**Back/Fly**  
**Sophomore**  
**New Berlin, WI**  
**West High School**

**Iowa Items** -- his best times in 100 back (49.45) and 200 back (1:45.30) rank eighth and first at Big Ten Championships, respectively, in school history... holds school record in the 200 back.

**2009-10** -- set school record in the 200 back (1:45.30) swam collegiate bests in 100 free (50.00), 100 fly (49.03) and 200 fly (1:55.40)... placed 11th in the 200 back and 19th in the 100 fly at Big Ten Championships... recorded 13 first-place finishes... swam on seven winning relays... letterwinner.

**High School** -- won 100 fly (49.11) and 100 back (50.05) state titles senior year with both times ranking fourth in Division I meet history... led 200 medley relay to second place at state meet with a time that ranks seventh in meet history... three-time automatic all-American, earning all-America consideration as part of 400 free relay... Milwaukee Journal 2009 Swimmer of the Year... won 100 fly state title (51.39) and placed seventh in 100 back (53.85) at state meet junior year... 12-time state qualifier... five-time all-state, eight-time conference champion and eight-time first team all-conference... set conference record in 100 back three times... three-time team MVP... team captain senior year... six-time Junior National qualifier... 2008 USA short course national championship qualifier... set school and pool records in 100 fly, 100 back, and as part of 200 medley and 400 free relays... three-time USA swimming scholastic all-American and AP scholar... four-year honor roll student... coached by Paul Lutzke and Blaine Carlson... swam for Waukesha Express Swim Club.

**Personal** -- born July 8, 1991... son of Wyatt and Robin Butler... biology major.

**Butlers' Collegiate Best Times**

| Event    | Time    | Meet                      | Date     |
|----------|---------|---------------------------|----------|
| 100 Free | 50.00   | at Short Course Nationals | 12/3/09  |
| 100 Back | 49.45   | at Big Ten Championships  | 2/24/10  |
| 200 Back | 1:45.30 | at Big Ten Championships  | 2/24/10  |
| 100 Fly  | 49.03   | at Big Ten Championships  | 2/24/10  |
| 200 Fly  | 1:53.28 | at Shamrock Invite        | 1/29/10  |
| 200 IM   | 1:55.40 | Hawkeye Invite            | 11/20/09 |



**Max Dittmer**  
**Back/IM**  
**Senior**  
**Muscatine, IA**  
**Muscatine High School**

**Iowa Items** -- his best times in 100 back (48.75), 200 back (1:46.72) and 200 IM (1:49.10) rank second, fourth and third, respectively, in school history... swam lead leg on 400 medley relay that ranks first

(3:15.37-2010) in school history.

**2009-10** -- team co-captain... led team in the 100 back (48.75)... the 100 back time ranks second in school history... also swam collegiate best time in 200 back (1:46.72) at the Big Ten Championships... the 200 back time ranks fourth in school history... was a member of the school record breaking 200 medley (1:29.02) and 400 medley relay (3:15.37) at the Big Ten Championships... placed 12th in the 100 back (48.75) at the Big Ten Championships... the relays rank second and first in school history... recorded 19 top-three finishes... swam on eight winning relays... letterwinner.

**2008-09** -- led team in 100 (49.41) and 200 back (1:48.33)... swam on team-leading 200 medley (1:32.24) and 400 medley relays (3:18.27)... the 100 back time ranks seventh, 200 back ranks eighth and 400 medley relay ranks sixth in school history... also swam collegiate bests in 200 IM (1:49.10) at Big Ten meet, and 100 breast (59.40) and 100 fly (52.53) at Western Illinois... the 200 IM time ranks third in school history... placed 22nd in 100 back (50.19) and swam on 400 medley relay that placed ninth at Big Ten meet (3:18.27)... won five races and posted 15 top-three finishes... swam on six winning relays... academic all-Big Ten... letterwinner.

**2007-08** -- recorded three victories and 12 top-five finishes... swam collegiate bests in 50 (21.53) and 100 free (49.05), and season bests 100 (51.44) and 200 back (1:50.21), 100 fly (53.47) and 200 IM (1:57.16)... letterwinner.

**High School** -- five-time all-American, six-time all-state, eight-time conference champion and nine-time all-conference... swam on state champion 200 medley relay team as a senior... placed second in 200 back (50.86) and fifth in 100 free (47.32) at state meet as a senior... set school records in 100 back (50.86) and as part of 200 medley relay (1:35.04) and school pool records in 50 free (21.66), 100 free (47.39) and 200 medley relay (1:36.17)... team captain as senior... coached by Judd Anderson, Barry Neville and Eric Hahn... class valedictorian.

**Personal** -- born July 5, 1988... son of Jerry and Cindy Dittmer... business major.



# IOWA SWIMMING & DIVING

## Dittmer's Collegiate Best Times

| Event      | Time    | Meet                     | Date    |
|------------|---------|--------------------------|---------|
| 50 Free    | 21.53   | at Big Ten Championships | 2/28/08 |
| 100 Free   | 49.04   | at Ohio State Invite     | 12/2/07 |
| 100 Back   | 48.75   | at Big Ten Championships | 2/24/10 |
| 200 Back   | 1:46.72 | at Big Ten Championships | 2/24/10 |
| 100 Breast | 59.40   | at Western Illinois      | 1/16/09 |
| 100 Fly    | 52.53   | at Western Illinois      | 1/16/09 |
| 200 IM     | 1:49.10 | at Big Ten Championships | 2/26/09 |

100 free for age 17 and under U.S. swimmers... swam for Snowfox Club team... club coach was Lindsie Micko.

**Personal** -- born September 12, 1989... son of Paula and Rick Gordon... his father played baseball and his mother swam at South Dakota State... younger sister, Haley Gordon, is a member of the women's swim team... engineering major.

## Gordon's Collegiate Best Times

| Event    | Time    | Meet                     | Date    |
|----------|---------|--------------------------|---------|
| 100 Free | 43.88   | at Big Ten Championships | 2/24/10 |
| 200 Free | 1:36.01 | at Big Ten Championships | 2/24/10 |
| 500 Free | 4:22.55 | at Big Ten Championships | 2/24/10 |
| 100 Fly  | 48.96   | vs. Minnesota            | 11/6/09 |
| 200 Fly  | 1:54.57 | at Truman State          | 10/9/09 |
| 200 IM   | 1:50.39 | at Missouri Invite       | 12/5/08 |



**Paul Gordon**  
**Free**  
**Junior**  
**Sioux Falls, SD**  
**Washington High School**

**Iowa Items** -- his best times in the 100 free (43.88), 200 free (1:36.01) rank third in school history and 500 free (4:22.55) ranks ninth...swam on 400 free relay (2:55.19-2009) that ranks second on on

Iowa's all-time best performers list.

**2009-10** -- met NCAA B standards as part of teaming-leading 400 free (2:56.20) and 800 free (6:27.66) relays and 200 (1:29.02) and 400 (3:15.37) medley relays ...the relay times rank fifth, first, second and fourth in school history... led off the 400 free relay that placed fourth at the Big Ten Championships... swam collegiate best times in the 100 free (43.88), 200 free (1:36.01) and 500 free (4:22.55) at Big Ten Championships... recorded 20 first place finishes... swam on 17 swimming relays... letterwinner.

**2008-09** -- met NCAA B standards as part of team-leading 400 free (2:55.19) and 800 free relays (6:35.62)... anchored 400 free relay to fifth-place finish (2:55.19) at Big Ten Championships... that time ranks second on Iowa's all-time best performers list... posted four individual wins and 19 top-three finishes, while swimming on five winning relays... swam on six winning relays... letterwinner.

**High School** -- swam 200 IM at 2008 U.S. Olympic Trials... 2007 U.S. Junior National Team member, competing in seven individual events at U.S. Junior National Championships.... set over 25 state swimming records during his prep career... named his high school's Athlete of the Year as a senior... as a junior he was ranked ninth in the nation in 200 IM, 22nd in 100 fly and 26th in



# IOWA SWIMMING & DIVING



**Sean Hagan**  
**Breast/Free/IM**  
**Senior**  
**Boone, IA**  
**Boone High School**

**Iowa Items** -- his best times in 100 breast (54.93), 200 breast (1:59.88) and 200 IM (1:48.79) rank fifth, fourth and first, respectively, on Iowa's all-time best performers list... swam on 200 medley

(1:29.02-2010) and 200 free (1:19.26-2010) relays that rank second and fourth respectively, in school history.

**2009-10** -- earned academic all-American honorble mention...led team in 200 breast (1:59.88) and 200 IM (1:47.73)... his 200 breast time ranks fourth in school history... set a new school record in the 200 IM, which ranks first in school history.... anchored 200 medley relay to ninth-place finished with NCAA B cut (1:29.02) and swam third leg on fourth-place 200 free relay (1:19.26) at Big Ten Championships... placed 12th in the 200 breast and 14th in the 200 IM at Big Ten Championships... posted 23 top-three finishes... swam on six winning relays... letterwinner.

**2008-09** -- led team in 100 breast (54.93), 200 breast (1:59.89) and 200 IM (1:48.79) with his swims at Big Ten Championships... anchored 200 free relay to eighth-place finish with NCAA B cut 1:19.59 and swam second leg on ninth-place 400 medley relay (3:18.27) at Big Ten Championships... the 200 IM time ranks second, 100 and 200 breast times rank fourth, the 200 free relay ranks fourth and the 400 medley relay ranks sixth on Iowa's all-time best performers list... swam second leg on team-leading 200 medley relay (1:32.24)... placed 16th in 200 breast (2:01.18) and 22nd in 100 breast (55.96) at Big Ten Championships... posted 14 top-three finishes... academic all-Big Ten... letterwinner.

**2007-08** -- led team in 50 free (20.85), 100 (56.41) and 200 breast (2:04.35) and 200 IM (1:52.27)... swam on team-leading 200 medley relay (1:31.44)... the relay ranks eighth in school history... won 50 breast (27.33) vs. Western Illinois... recorded nine top-five finishes... also posted collegiate bests in 100 (47.57) and 200 free (1:52.31), and 200 back (2:00.93)... letterwinner.

**High School** -- all-American... four-time first team all-state and team MVP... seven-time NISCA Top 16 award winner... six-time state placewinner... set nine school records... named district athlete of the year as a senior... National Honor Society member... coaches were Kim Gescheidler and Aron Nakama.

**Personal** -- born December 20, 1988... son of Patrick and Kathryn Hagan... brother, Chris, swam at Truman State... management information systems major.

## Hagan's Collegiate Best Times

| Event                   | Time    | Meet                     | Date          |
|-------------------------|---------|--------------------------|---------------|
| 50 Free                 | 20.85   | at Big Ten Championships | 3/2/08        |
| 100 Free                | 47.57   | at Ohio State Invite     | 12/2/07       |
| 200 Free                | 1:43.34 | Hawkeye Invite           | 11/20/09 Back |
| 52.68at Shamrock Invite |         | 1/29/10                  |               |
| 100 Breast              | 54.93   | at Big Ten Championships | 2/27/09       |
| 200 Breast              | 1:59.88 | at Big Ten Championships | 2/24/10       |
| 200 IM                  | 1:47.73 | at Big Ten Championships | 2/24/10       |



**Bryan Hill**  
**Back**  
**Senior**  
**West Des Moines, IA**  
**Valley High School**

**2009-10** -- swam season bests in 50 free (21.47) and 100 back (50.78) at Big Ten Championships and 200 back (1:54.72) at Hawkeye Invite... posted six top-five finishes... letterwinner.

**2008-09** -- swam collegiate bests in 100 (50.66) and 200 back (1:48.71) at Big Ten Championships... posted eight top-five finishes... academic all-Big Ten... letterwinner.

**2007-08** -- recorded 12 top 10 finishes... swam collegiate bests in 50 (21.70), 100 (50.82) and 200 free (1:47.03), and season bests in 100 (52.82) and 200 back (1:53.71)... letterwinner.

**High School** -- seven-time all-American... named district swimmer of the year and team captain as a senior... four-time all-state and all-conference... eight-time conference champion... set school record in 100 back (52.65)... won 100 and 200 back at 2006 Iowa Long Course State... high school coaches were Shawn DeBoef and Mark Wagner... club coach was Dave Joenson.

**Personal** -- born January 20, 1989... son of Carolyn and Robb Hill... sister, Lauren, runs cross country and track at DePauw University... mother, Carolyn, played volleyball at Drake and father, Robb, played football at Drake... political science major.

## Hill's Collegiate Best Times

| Event    | Time    | Meet                     | Date    |
|----------|---------|--------------------------|---------|
| 50 Free  | 21.18   | at Big Ten Championships | 2/28/08 |
| 100 Back | 50.66   | at Big Ten Championships | 2/27/09 |
| 200 Back | 1:48.71 | at Big Ten Championships | 2/28/09 |



# IOWA SWIMMING & DIVING



## Charlie Hogan

**Free**  
**Freshman**  
**West Des Moines, IA**  
**Valley High School**

**High School** -- Valley High School swimmer of the year his sophomore and junior seasons... all-america swimmer... six-time state placewinner... team captain his senior season... state

champion in the 400 free relay (3:09.27)... team won state title his senior season... holds school record in the 400 free relay (3:09.27)... high school coach was Shawn DeBoef... club coaches were Dave Joenson and Lonny Kerman.

**Personal** -- born June 8, 1992... son of Tim and Teresa Hogan... open major.



## Jordan Huff

**Back/Free**  
**Sophomore**  
**Dubuque, IA**  
**Senior High School**

**Iowa Items** -- his best times in the 100 free (44.24) and 200 free (1:37.46) rank 10th and fourth, respectively, in school history... swam on the 800 free relay (6:27.66) that ranks first in school history.

**2009-10** -- met NCAA B standards as part of teaming-leading 200 free (1:19.26), 400 free (2:56.20) and 800 free (6:27.66) relays... swam collegiate best times in the 50 free (20.60), 100 free (44.24), 200 free (1:37.46), and 500 free (4:36.21)... placed seventh in 200 free and 15th in 100 free at Big Ten Championships...posted 16 top-three finishes... swam on 16 winning relays...letterwinner.

**High School** -- Ten-time all-American... eight-time all-state and all-conference... three-time District Athlete of the Year... two-time State and Conference Athlete of the Year.. six-time state champion, winning five conference titles... set school records in 50 free (20.88), 100 free (45.07), 200 free (1:39.66) and 500 free (4:47.94)... four-time team MVP and two-time team captain... his team won state title senior year... coached by Dan Duclos, Pete Ross and Doug Colin.

**Personal** -- born August 29, 1991... son of Steve and Vickie Huff... psychology major.

## Huff's Collegiate Best Times

| Event    | Time    | Meet                     | Date     |
|----------|---------|--------------------------|----------|
| 50 Free  | 20.60   | at Big Ten Championships | 2/24/10  |
| 100 Free | 44.24   | at Big Ten Championships | 2/24/10  |
| 200 Free | 1:37.46 | at Big Ten Championships | 2/24/10  |
| 500 Free | 4:36.21 | at Shamrock Invite       | 1/29/10  |
| 200 Back | 1:52.60 | Hawkeye Invite           | 11/20/09 |
| 200 IM   | 1:59.31 | at Truman State          | 10/9/09  |



## Zane Hugo

**Breast**  
**Senior**  
**Mason City, IA**  
**Mason City High School**

**2009-10** -- swam collegiate best time in 400 IM (4:20.08) at Hawkeye Invite and season bests in the 100 breast (58.50), 200 breast (2:08.38) and 200 IM (1:57.79) at Big Ten Championships... recorded six

top-five finishes... letterwinner.

**2008-09** -- swam collegiate bests in 100 breast (57.34) and 200 IM (1:55.32) at Big Ten Championships, and 200 breast (2:05.65) at Missouri Invite... recorded six top-five finishes... letterwinner.

**2007-08** -- recorded 10 top 10 finishes... posted collegiate-best 4:20.98 in 400 IM... swam season bests in 100 (59.76) and 200 breast (2:10.19), and 200 IM (1:58.68)... letterwinner.

**High School** -- six-time state qualifier... placed sixth in 100 breast and seventh in 200 free at state meet senior year... two-time district runner-up in 200 breast winning title senior year... coached by Steve Hugo... swam for Mason City Swim Club... three-time cross country letterwinner.

**Personal** -- born November 28, 1998... son of Steve and Nancy Hugo... interdepartmental studies major.

## Hugo's Collegiate Best Times

| Event      | Time    | Meet                     | Date     |
|------------|---------|--------------------------|----------|
| 100 Breast | 57.34   | at Big Ten Championships | 2/27/09  |
| 200 Breast | 2:05.65 | at Missouri Invite       | 12/5/08  |
| 200 IM     | 1:55.32 | at Big Ten Championships | 2/26/09  |
| 400 IM     | 4:20.08 | Hawkeye Invite           | 11/20/09 |



# IOWA SWIMMING & DIVING



**Tyler Lentz**  
 Back/Fly/IM  
 Freshman  
 Reedsburg, WI  
 Sauk Prairie High School

**High School** -- set school records in the 200 free, 500 free, 100 breast, 100 back and 200 IM, 200 and 400 free relay... three-time Junior National qualifier and state record holder in the 200 free relay...

earned all-America honors in the 200 free relay as a sophomore and was a four-time all-American his junior year.

**Personal** -- born June 15, 1992... son of Kurt and Kerri Lentz... undecided major.



**Devon Meeks**  
 Back/Fly/Free  
 Freshman  
 Farmington, MN  
 Rosemount High School

**High School** -- Minnesota high school state champion in the 50 yard free (20.73) and runner-up in the 100 free (45.44)... team MVP his junior and senior seasons... four-time all-conference

selection... voted hardest worker on the Rosemount High School swim team all four years... Junior National qualifier in multiple events.

**Personal** -- born March 28, 1992... son of Brad and Terri Meeks... open major.



**Andrew Marciniak**  
 Breast  
 Freshman  
 Gilbert, AZ  
 Highland High School

**High School** -- set school records in 200 IM (1:59.73), 100 breast (57.77), 200 medley relay (1:40.69) and 400 free relay (3:18.61)... Arizona high school state champion... high school all-American...

2009 Arizona State Champion in 100 breast (57.77) and Arizona Central Regional Swimmer of the Year... 2009 high school team captain... coached by Jim Richardson... swam for Sun Devil Aquatics.

**Personal** -- born May 20, 1991... son of Amy and Ray Marciniak... mechanical engineering major.



**Osvel Molina**  
 Diving  
 Freshman  
 Miami, FL  
 Goleman High School

**High School** -- high school all-American... Region 7 Zone meet runner-up... Florida high school state championships runner-up... coached by Kath Webb... member of Miami Diving Club.

**Personal** -- born July 10, 1991... son of Manuel Molina and Egly Rodriguez... pharmacy major.



# IOWA SWIMMING & DIVING



**Kevin Moran**  
Free  
Sophomore  
Lockport, IL  
Lockport Township HS

**2009-10** -- swam collegiate best times in 50 free (21.17), 100 free (47.25) and 200 free (1:45.50) at Big Ten Championships... letterwinner.

**High School** -- three-time all-American, two-time all-state and four-time all-conference... team captain and MVP senior year... three-year state meet qualifier... set varsity school records in 50 free (21.03) and 100 free (47.37), and as part of 200 free (1:25.10) and 400 free (3:11.41) relays... three-year varsity letterwinner in water polo, earning team captain honors... four-year honor roll student... coached by Grant Ferkaluk.

**Personal** -- born October 12, 1990... son of Robert and Toni Moran... pre-business major.

### Moran's Collegiate Best Times

| Event    | Time    | Meet                     | Date    |
|----------|---------|--------------------------|---------|
| 50 Free  | 21.17   | at Big Ten Championships | 2/24/10 |
| 100 Free | 47.25   | at Big Ten Championships | 2/24/10 |
| 200 Free | 1:45.50 | at Big Ten Championships | 2/24/10 |



**Kyle Noser**  
Breast  
Freshman  
Denver, CO  
ThunderRidge High School

**High School** -- set school records in the 100 breast (58.23) and 200 IM... three-time all-American and all-state performer... earned all-conference honors every year since his freshman season in

2007... placed second at the state meet in the 100 breast his last two seasons... led his team to a second-place finish at the Colorado State Championships in 2009... secretart of National Honor Society.

**Personal** -- born April 7, 1992... son of Brett and Kay Noser... engineering major.



**Duncan Partridge**  
Free  
Junior  
Lake Forest, IL  
Stevenson High School

**Iowa Items** -- his best times in 50 free (20.24) and 100 free (44.11) rank ninth and eighth, respectively, on Iowa's all-

time best performers list... swam on 200 free (1:19.26-2010), 400 free (2:55.19-2009), 800 free (6:27.66-2010) and 400 medley (3:15.37) relays that rank fourth, third, and first respectively, in school history.

**2009-10** -- swam collegiate bests in 100 free (44.11) at Big Ten Championships and 100 back (54.02) vs. Truman State... 100 time ranks eighth in school history... met NCAA B standards as part of teaming-leading 200 free (1:19.26), 400 free (2:56.20) and 800 free (6:27.66) relays and 400 medley relay (3:15.37)... anchored the record breaking 400 medley relay (3:15.37) and swam the third leg of the 800 free (6:27.66) record setting relay...recorded 14 top-two finishes... swam on 17 winning relays... letterwinner.

**2008-09** -- swam on 200 free (1:19.59) and 400 free relays (2:55.19) that placed eighth and fifth, respectively, at Big Ten Championships with NCAA B cut times... those times rank fourth and second on Iowa's all-time best performers list... also anchored ninth-place 400 medley relay at Big Ten meet with a team-leading 3:19.85... that time ranks sixth in school history... placed 18th in 100 free (44.89) and 20th in 50 free (20.28) at Big Ten Championships... swam collegiate bests of 44.18 in 100 free prelims and 20.21 as part of relay at Big Ten Championships... those times rank seventh and ninth, respectively... posted 15 top-three individual finishes and swam on 13 winning relays... letterwinner.

**High School** -- competed at 2007 U.S. Junior Nationals... all-state and all-conference honoree... team MVP and captain... also captained his high school's water polo team... high school coach was Susan Whitehouse... competed for Lake Forest Swim Club... coach was Maureen Sheehan.

**Personal** -- born September 4, 1990... son of William and Janet Partridge... his brother, Tristan, swims at the University of Massachusetts Amherst... open major.



# IOWA SWIMMING & DIVING

## Partridge's Collegiate Best Times

| Event    | Time    | Meet                     | Date    |
|----------|---------|--------------------------|---------|
| 50 Free  | 20.21   | at Big Ten Championships | 2/26/09 |
| 100 Free | 44.11   | at Big Ten Championships | 2/24/10 |
| 200 Free | 1:39.73 | at Missouri Invite       | 12/5/08 |
| 100 Back | 54.02   | Truman State             | 10/9/09 |



## Ryan Phelan

Free/Breast

Junior

Cedar Rapids, IA

Washington High School

**Iowa Items** -- his best times in 50 free (19.98) ranks fourth on Iowa's all-time best performers list... swam on 200 free (1:19.26-2010) and 400 free (2:55.19-2009) relays that rank fourth and second,

respectively, in school history.

**2009-10** -- posted team-leading NCAA B cuts in 50 free (20.04) and as part of 200 free (1:19.26) and 400 free (2:56.40) relays... those relay times rank fourth and fifth on Iowa's all-time best performers list... swam first leg of 200 free relay (1:19.26) that placed fourth and third leg on the 400 free relay (2:56.40) that placed fourth at Big Ten Championships... placed 12th in 50 free (20.34) at Big Ten Championships... posted 11 top-three individual finishes and swam on 15 winning relays... letterwinner.

**2008-09** -- posted team-leading NCAA B cuts in 50 free (19.98) and as part of 200 free (1:19.59) and 400 free (2:55.19) relays... those times rank fourth, fourth and second on Iowa's all-time best performers list... swam second leg on 200 free relay (1:19.59) that placed eighth and third leg on 400 free relay (2:55.19) that placed fifth at Big Ten Championships... placed 15th in 50 free (20.24) at Big Ten meet, swimming a collegiate-best 19.98 in prelims... collected eight top-three individual finishes and swam on 10 winning relays... letterwinner.

**High School** -- all-American... two-time all-state selection... led team to two runner-up finishes at state meet... placed second in 50 free and fourth in 100 breast at state meet junior year... placed fourth in 50 free at state as a sophomore... swam on school record-setting 200 medley and 200 free relays... high school coach was Chris Cruise... team captain and MVP junior year.

**Personal** -- born October 13, 1989... son of Paul and Kathy Phelan... open major.

## Phelan's Collegiate Best Times

| Event      | Time  | Meet                     | Date    |
|------------|-------|--------------------------|---------|
| 50 Free    | 19.98 | at Big Ten Championships | 2/26/09 |
| 100 Free   | 45.07 | at Big Ten Championships | 2/28/09 |
| 100 Breast | 56.98 | at Big Ten Championships | 2/27/09 |



# IOWA SWIMMING & DIVING



## Dustin Rhoads

Back/Fly

Freshman

Ames, IA

Ames High School

**High School** -- Iowa high school state champion in the 100 fly (49.73), 100 back (49.63) and 200 medley relay (1:34.33)... holds school record in 200 medley relay (1:34.33)... also played

tennis and baseball... National Honor Society member... Senior Scholastic Award winner.

**Personal** -- born Dec. 30, 1991... son of Jeffrey and Jodi Rhoads.



## Richard Salhus

Fly/Free

Senior

Rustington, England

Northcliff High School

**Iowa Items** -- swam on 200 free (1:20.95-2009) and 800 free (6:33.95-2008) relays that rank sixth and 10th, respectively, on Iowa's all-time best performers list.

2009-10 -- swam a personal best in the

100 fly (49.60) at Big Ten Championships... swam season bests in the 50 free (21.28) and 100 free (46.41) at the Big Ten Championships... posted six top-five finishes... letterwinner.

**2008-09** -- swam on winning 200 free relay (1:20.95) at Missouri Invite, which ranks sixth on Iowa's all-time best performers list... swam third leg on team-leading 200 medley relay (1:32.24)... recorded collegiate bests in 50 free (20.76) and 100 fly (50.19) at Missouri Invite... posted seven top-three individual finishes and swam on five winning relays... letterwinner.

**2007-08** -- Big Ten Swimmer of the Week (1/8/08)... swam on team-leading 200 (1:22.92), 400 (3:00.68) and 800 free relays (6:33.95)... the 800 free relay time met NCAA B standard and ranks 10th in school history... won 50 (21.75) and 100 free (48.02) vs. Western Illinois... recorded 10 top-five finishes... set collegiate-bests in 100 (45.84) and 200 free (1:39.72) at Big Ten Championships... letterwinner... competed in 50, 100 and 200 free, and 100 fly at South African Senior Nationals, which served as that country's Olympic Trials.

**High School** -- won 50, 100 and 200 free at senior open provincial championships... won 50 free and 50 fly at South

African Junior Nationals as a junior... South African Junior Squad member... three-time team MVP... three-time senior nationals competitor... team vice-captain and received the school's Sportsman of the Year award as a senior... set state records in the 50 and 100 fly in the 16 year-old age group and in the 50 fly in the 18 year-old age group... best times were 23.93 (LC) in the 50 free, 52.66 (LC) in 100 free, 1:55.86 (LC) in 200 free, 25.22 (LC) in 50 fly, and 57.09 (LC) in 100 fly...semi-finalist at 2007 British Nationals in open 50 free and a finalist in open 50 fly... semi-finalist at 2007 Great Britain Championships in open 50 fly... coaches were Peter Williams in South Africa and Jon Rudd in the United Kingdom.

**Personal** -- born June 14, 1988... son of Ruth and Graham Salhus... health and sports studies interest/athletic training interest.

### Salhus' Collegiate Best Times

| Event    | Time    | Meet                     | Date    |
|----------|---------|--------------------------|---------|
| 50 Free  | 20.76   | at Missouri Invite       | 12/5/08 |
| 100 Free | 45.84   | at Big Ten Championships | 3/1/08  |
| 200 Free | 1:39.72 | at Big Ten Championships | 2/29/08 |
| 100 Fly  | 49.60   | at Big Ten Championships | 2/24/10 |





# IOWA SWIMMING & DIVING



**Aresen Sarkisian**  
**Diving**  
**Freshman**  
**Skokie, IL**  
**Niles North High School**

**High School** -- Illinois high school state championships second runner-up... Region 6 Zone meet champion... high school all-American... coached by Gary Ramirez... member of Chicago Dive Club.

Club.



**Gianni Sesto**  
**Free**  
**Freshman**  
**Las Vegas, NV**  
**Palo Verde High School**

**High School** -- set school records in the 500 free, 200 free (1:39.51), 100 back, 200 medley relay, 200 and 400 free relays... entered his senior season a three-time Nevada High School

State Champion and defending 200 free and 100 back conference champion... earned NISCA all-America honors in the 200 free and 100 back... Junior National, National, and US Open qualifier... holds Nevada Sunset Regional record in the 100 back.

**Personal** -- born Aug. 5, 1992... son of Giampaolo and Kellie Sesto... business major.



**Mitchell Shanahan**  
**Back/Fly**  
**Sophomore**  
**Omaha, NE**  
**Ralston High School**

**2009-10** -- swam collegiate bests in 50 free (22.25), 100 back (53.47) and 100 fly (52.38) at Big Ten Championships... posted three top-five finishes...letterwinner.

**High School** -- placed third in 100 fly and sixth in 100 back at state meet senior year... two-time team captain and top points scorer... team MVP senior year... best 100 back time is 53.59... four-time academic all-conference, earning academic all-state honors as a senior... also lettered in tennis... National Honor Society member... named to distinction honor roll eight semesters... competed for Omaha Swim Club... coached by Rich Draper and Docker Hartfield.

**Personal** -- born October 28, 1990... son of Jeff and Beth Shanahan... athletic training major.

### Shanahan's Collegiate Best Times

| Event    | Time    | Meet                     | Date     |
|----------|---------|--------------------------|----------|
| 50 Free  | 22.25   | at Big Ten Championships | 2/24/10  |
| 100 Free | 48.94   | Hawkeye Invite           | 11/20/09 |
| 100 Back | 53.47   | at Big Ten Championships | 2/24/10  |
| 200 Back | 2:02.06 | at Shamrock Invite       | 1/29/10  |
| 100 Fly  | 52.38   | at Big Ten Championships | 2/24-10  |



# IOWA SWIMMING & DIVING



**Sean Swibes**  
**Breast**  
**Junior**  
**Chesterton, IN**  
**Chesterton High School**  
**University of Indianapolis**

**Iowa Items** -- transferred to Iowa from University of Indianapolis in 2009.  
 2009-10 -- swam collegiate best times in

200 breast (2:13.99) and 200 IM (2:03.31) at Hawkeye Invite... posted four top-five finishes...letterwinner.

**2008-09** -- earned all-America honors as part of 200 free and 400 medley relays at the University of Indianapolis... best times were 58.23 in 100 breast and 2:09.94 in 200 breast.

High School -- placed 11th in 100 breast (59.47) at state meet senior year, helping team to first ever state title... team co-captain earning all-area honors and team sportsmanship award senior year... coached by Kevin Kinel.

**Personal** -- born July 29, 1989... son of John Swibes and Brenda Swibes... economics major.

### Taylor's Collegiate Best Times

| Event      | Time    | Meet                    | Date     |
|------------|---------|-------------------------|----------|
| 200 Breast | 2:13.99 | Hawkeye Invite          | 11/20/09 |
| 100 Breast | 58.23   | (Unviersity of Indiana) |          |
| 200 IM     | 2:03.31 | Hawkeye Invite          | 11/20/09 |



**Mitch Taylor**  
**Fly/Free**  
**Sophomore**  
**Urbandale, IA**  
**Urbandale High School**

**2009-10** -- swam collegiate best times in 50 free (21.25), 100 free (46.27) and 100 fly (50.48) at Big Ten Championships... letterwinner.

**High School** -- won state titles in 50 free and 100 fly, and swam on third-place finishing 200 free and 400 free relays at state meet senior year... three-time all-American, earning consideration all-America honors in two events... four-time all-state honoree and 11-time conference champion... two-time district swimmer of the year... earned team leader and most versatile swimmer awards senior year... set school records in 100 fly (50.67) and 100 free (46.81), and as part of 200 free relay (1:26.20)... four-year academic all-conference honoree, earning academic all-state honors as a senior... coached by Shari Walling.

**Personal** -- born May 21, 1991... son of Bob and Dayna Taylor... his grandfather, Dick Taylor, played football, basketball and baseball at Iowa... his cousin, Grant Mahoney, is a place kicker on the Iowa State football team... open major.

### Swibes' Collegiate Best Times

| Event    | Time  | Meet                     | Date    |
|----------|-------|--------------------------|---------|
| 50 Free  | 21.25 | at Big Ten Championships | 2/24/10 |
| 100 Free | 46.27 | at Big Ten Championships | 2/24/10 |
| 100 Fly  | 50.48 | at Big Ten Championships | 2/24/10 |



# IOWA SWIMMING & DIVING



**Brian Tremml**  
 Fly/IM  
 Junior  
 Holland, MI  
 Holland High School

**2009-10** -- led team in 200 fly (1:50.21)... swam collegiate bests in 500 free (4:51.78) at Hawkeye Invite, 200 fly (1:50.21) and 200 IM (1:54.37) at Big Ten Championships... placed 18th in 200 fly (1:50.21) at Big Ten

Championships... posted six top-five finishes... letterwinner.

**2008-09** -- led team in 200 fly (1:50.53) and 400 IM (3:59.24)... posted 10 top-five finishes... swam collegiate bests in 200 fly (1:50.53), 200 IM (1:54.42) and 400 IM (3:59.24) at Big Ten Championships... letterwinner.

**High School** -- all-American as a senior, earning two all-state and three all-conference honors... team won state title his junior year... placed second in 100 fly (52.36) junior year... placed second in 200 fly (2:06.54) and fourth in 100 fly (58.67) at 2008 Michigan long course state meet... National Honor Society and student council member... coached by Don Kimble.

**Personal** -- born September 18, 1989... son of Marilyn Tremml... cinema major.

### Tremml's Collegiate Best Times

| Event    | Time    | Meet                     | Date        |
|----------|---------|--------------------------|-------------|
| 100 Fly  | 52.32   | at Missouri Invite       | 12/5/08     |
| 200 Fly  | 1:50.21 | at Big Ten Championships | 2/24/10 200 |
| IM       | 1:54.37 | at Big Ten Championships | 2/24/10     |
| 400 IM   | 3:59.24 | at Big Ten Championships | 2/27/09     |
| 500 Free | 4:51.78 | Hawkeye Invite           | 11/20/09    |



**Donny Warren**  
 Back/IM  
 Sophomore  
 Dubuque, IA  
 Hempstead High School

**2009-10** -- swam collegiate bests in 100 back (52.12) and 200 back (1:51.12) at Hawkeye Invite and 200 IM (1:51.36) and 400 IM (3:57.63) at Big Ten Championships... placed 22nd in 200

IM (1:51.36) and 24th in 400 IM (3:57.63) at Big Ten Championships... posted 15 top-five finishes... letterwinner.

**High School** -- won 200 IM (1:53.94) state title senior year, placing second in 100 back (51.66)... placed second in 200 IM (1:57.99) and third in 100 back (53.99) at state meet junior year... two-time conference champion... set school records in 200 IM (1:53.94) and 100 back (51.66)... best times are 1:53.87 in 200 IM and 50.67 in 100 back... placed third at 2008 Mega Zone meet... gold honor roll student... coached by Rick Loeffelholz.

**Personal** -- born October 17, 1990... son of Don and Janet Warren... biology major.

### Warren's Collegiate Best Times

| Event    | Time    | Meet                     | Date     |
|----------|---------|--------------------------|----------|
| 100 Back | 52.12   | Hawkeye Invite           | 11/20/09 |
| 200 Back | 1:51.12 | Hawkeye Invite           | 11/20/09 |
| 200 IM   | 1:51.36 | at Big Ten Championships | 2/24/10  |
| 400 IM   | 3:57.63 | at Big Ten Championships | 2/24/10  |
| 200 Fly  | 1:59.89 | at Truman State          | 10/9/09  |



# IOWA SWIMMING & DIVING



**Patrick Weigand**  
**Free/IM**  
**Sophomore**  
**LaGrange Park, IL**  
**Lyons Township High School**

**2009-10** -- swam collegiate bests in 200 free (1:41.95), 500 free (4:32.72) and 1650 free (15:54.570 at Big Ten

Championships...posted 14 top--five finishes... letterwinner.

**High School** -- five-time all-American and all-state honoree... set school records in 200 IM (1:54.73) and 500 free (4:34.33), and as part of 200 medley (1:37.01) and 200 free relays (1:24.35)... two-time first team all-section and first team all-state honoree in water polo... earned team MVP honors in water polo senior year... earned coaches medal award senior year... coached by Scott Walker.

**Personal** -- born March 26, 1991... son of Paul and Kelley Weigand... undecided engineering major.

### Weigand's Collegiate Best Times

| Event     | Time     | Meet                     | Date    |
|-----------|----------|--------------------------|---------|
| 100 Free  | 49.91    | at Shamrock Invite       | 1/29/10 |
| 200 Free  | 1:41.95  | at Big Ten Championships | 2/24/10 |
| 500 Free  | 4:32.72  | at Big Ten Championships | 2/24/10 |
| 1000 Free | 9:48.46  | at Northwestern          | 1/23/10 |
| 1650 Free | 15:54.57 | at Big Ten Championships | 2/24/10 |
| 200 IM    | 2:00.19  | at Truman State          | 10/9/09 |



**April Allen**  
**Breast/Free**  
**Sophomore**  
**Cedar Rapids, IA**  
**Kennedy High School**

**2009-10** -- swam collegiate bests in the 50 free (24.91) and 100 free (54.75) at Hawkeye Invitational, 100 breast (1:06.82) vs. Illinois and 100 fly (59.44) vs. Northwestern... letterwinner.

**High School** -- all-American junior year... nine-time conference and regional champion... named first team and second team all-state twice... team won two conference and regional titles... four-time first-time all-Metro and three-time team MVP... set school records in 50 free and 100 breast, and as part of 200 medley and 200 free relays... swam on relays at Spring and Junior National Championships... academic all-American and all-conference, and team captain senior year... four-year swimming and academic letterwinner... earned U.S. Marine Corps Distinguished Athlete award senior year... named a salutatorian of her graduating class with a 4.1 grade-point average... four-year honor roll of excellence student... coached by John Ross.

**Personal** -- born July 15, 1990... daughter of Jerry and Nancy Allen... pre-medicine and biology major.

### Allens' Collegiate Bests

| Event      | Time    | Meet            | Date     |
|------------|---------|-----------------|----------|
| 50 Free    | 24.91   | Hawkeye Invite  | 11/20/10 |
| 100 Free   | 54.75   | Hawkeye Invite  | 11/20/10 |
| 100 Breast | 1:06.82 | Illinois        | 1/16/10  |
| 100 Fly    | 59.44   | at Northwestern | 1/23/10  |



**Katelyn Baltes**  
**Breast**  
**Freshman**  
**Madison, WI**  
**Verona Area High School**

**High School** -- set school records in the 200 medley relay and 100 breast (1:06.14)... junior national qualifier in the 100 breast... broke conference record in the 100 breast her freshman year... six-

time conference champion... three-time all-state honoree... swam at BAC club in Madison, WI.

**Personal** -- born Feb. 23, 1992... daughter of John and Julie Baltes... health science major.



# IOWA SWIMMING & DIVING



**Sophie Borchers**  
**Fly**  
**Junior**  
**Evanston, IL**  
**Evanston Township HS**

**2009-10** -- swam collegiate best times in the 50 free (25.43) and 100 free (56.16) at the Big Ten Championships.... letterwinner.

**2008-09** -- swam collegiate bests in 100 fly (58.02) at Big Ten meet, 200 fly (2:09.86) vs. Nebraska and 200 IM (2:12.38) at Missouri Invite... recorded 16 top-five finishes... letterwinner.  
**High School** -- three-time all-state, earning all-section honors as a freshman... placed second in 100 fly (59.36) and third in 200 IM (2:14.58) at 2007 conference meet... won 200 fly (2:06.66) at winter senior state meet... qualified for Junior and Senior National meets... National Honor Society member... four-year honor society student... coached by Kevin Auger.

**Personal** -- born June 14, 1990... daughter of Brad and Aya Borchers... her sister, Grace, also swims at Iowa... communication studies and art major.

**Borchers' Collegiate Bests**

| Event    | Time    | Meet                     | Date    |
|----------|---------|--------------------------|---------|
| 50 Free  | 25.43   | at Big Ten Championships | 2/17/10 |
| 100 free | 56.16   | at Big Ten Championships | 2/17/10 |
| 100 Fly  | 58.02   | at Big Ten Championships | 2/20/09 |
| 200 Fly  | 2:09.86 | Nebraska                 | 11/1/08 |
| 200 IM   | 2:12.38 | at Missouri Invite       | 12/5/08 |



**Elise Borja**  
**Free**  
**Freshman**  
**Waukesha, WI**  
**Waukesha South High School**

**High School** -- earned 10 all-conference honors and six all-state laurels... team MVP freshman year after finishing first in the 50 free (24.19) and 100 free (52.68) at conference meet... swam for Waukesha

Express swim club.

**Personal** -- born April 20, 1992... daughter of John and Jackie Borja... sister, Lauren, Borja, swam at the University of Wisconsin... major undecided.



**Caitlin Carlyle**  
**Free**  
**Senior**  
**Denison, IA**  
**Denison High School**

**2009-10** -- swam season bests in 50 free (24.52), 100 free (52.91), 200 free (1:54.52) at Big Ten Championships... letterwinner.

**2008-09** -- posted season bests in 50 free (25.16) vs. Nebraska, 100 free (54.47) vs. Iowa State and 200 free (1:58.15) vs. Wisconsin... recorded five top-five finishes... letterwinner.  
**2007-08** -- swam on team-leading 800 free relay (7:29.57), which ranks eighth in school history... also swam on 400 free relay that ranks ninth in school history (3:25.94)... recorded 14 top 10 finishes... set collegiate bests in 50 (24.28), 100 (52.68) and 200 free (1:54.42) at the Big Ten Championships... letterwinner.

**High School** -- placed fourth in 50 free and second in 100 free at state meet as a senior... was named second team all-state as a freshman and first team as a senior... team captain... set school records in 50 free (24.64), 100 free (52.61), 200 free (2:00.00), 500 free, 200 free relay and 400 free relay... won Class 1A Senior Scholastic Award... high school coach was Shawn Stewart.

**Personal** -- born March 20, 1989... daughter of Alan and Angie Carlyle... art major.

**Carlyle's Collegiate Bests**

| Event     | Time     | Meet                     | Date    |
|-----------|----------|--------------------------|---------|
| 50 Free   | 24.28    | at Big Ten Championships | 2/21/08 |
| 100 Free  | 52.68    | at Big Ten Championships | 2/23/08 |
| 200 Free  | 1:54.42  | at Big Ten Championships | 2/22/08 |
| 1000 Free | 10:33.48 | at Northwestern          | 1/23/10 |



# IOWA SWIMMING & DIVING



## Danielle Carty

Back

Junior

Ontario, Canada

McKinnon Park S.S.

**Iowa Items** -- swam lead leg on school-record setting 200 medley relay (1:42.43) at 2009 Big Ten Championships... her best time in 100 back (55.17) ranks second and in 200 back (2:02.96) ranks ninth

on Iowa's all-time best performers list... swam lead leg on 400 medley relay (3:43.65) and third leg of 200 free relay (1:32.91) that rank second in school history.

**2009-10** -- swam collegiate bests in the 100 back ( 55.17) at Big Ten Championships and 100 free (52.16) vs. Iowa State ... placed 12th in the 100 back (55.17) at Big Ten Championships.. recorded 19 top-five finishes... swam on 13 winning relays... letterwinner... was a member of the 200-meter medley relay (1:50.18) at the 2009 Canada Games that set the new Canadian national relay record... placed first in the 50-meter free (27.97) and third in the 100-meter back (1:00.41) at Canadian Summer National Championships.

**2008-09** -- swam lead leg on school-record setting 200 medley relay (1:42.43) at Big Ten Championships... led team in 100 back (55.31), which ranks second on Iowa's all-time best performers list... also swam lead leg on team-leading 400 medley relay (3:43.73), which ranks second in school history... placed 23rd in 100 back (55.98) at Big Ten Championships... swam collegiate-best 2:02.96 in 200 back at Big Ten Championships... that time ranks ninth in school history... won 100 back five times and placed second three times... swam on 12 winning relays... Iowa's Big Ten Sportsmanship award winner... letterwinner... 2009 Canada Games team captain... named to 2009 Canada Games team after placing third in 50-meter back (27.94), and 14th in 100-meter back (1:01.23) at Canadian Spring National Championships in short course meters.

**High School** -- named to 2009 Canada Games Hopeful Team in 100 back (1cm)... won gold medals as part of 200 free and 200 medley relays and silver medal in 100 back at 2007 Provincial Championships... two-time age group national champion...placed eighth in 50 back at 2008 Summer Nationals... competed at 2008 Canadian Olympic Trials... won 50 back title and placed second in 100 back at 2006 Eastern National Championships... won 100 back Youth Cup in 2006... placed eighth in 50 back at 2006 Bell Grand Prix-Nationals... best short-course meter times are 29.06 in 50 back, 1:03.53 in 100 back, 2:18.0 in 200 back, 27.01 in 50 free and 58.0 in 100 free... coached by Sean Baker... also competed in triathlon at Provincial and Eastern National Championships... named an Ontario Scholar and earned school's academic gold award.

**Personal** -- born May 14, 1990... daughter of Bernard and Pauline Car-

ty... her sister, Stephanie, was the captain of the women's swimming team at McMaster University and her sister, Adele, runs cross country at Brock University... business major.

### Carty's Collegiate Bests

| Event    | Time    | Meet                     | Date     |
|----------|---------|--------------------------|----------|
| 50 Free  | 23.64   | at Big Ten Championships | 2/19/09  |
| 100 Free | 52.16   | at Iowa State            | 12/11/09 |
| 200 Free | 1:57.09 | at Missouri Invite       | 12/5/08  |
| 100 Back | 55.17   | at Big Ten Championships | 2/17/10  |
| 200 Back | 2:02.96 | at Big Ten Championships | 2/21/09  |



## Emily Christiansen

Free

Freshman

Mesa, AZ

Mountain View High School

**High School** -- two-time all-American and twice earned team MVP honors... 2008 won the state championship in the 500 free (4:58.56)... set school records in the 500 free, 200 medley relay, and 200

and 400 free relays... eight-time place winner at the Arizona State Meet.

**Personal** -- born May 13, 1992... daughter of Todd and Jody Christiansen... Emily is a fourth generation Hawkeye, her father, grandpa and great-grandparents graduated from Iowa... pre-medicine/ health and human physiology major.



## Joelle Christy

Diving

Freshman

Springfield, IL

Sacred Heart



# IOWA SWIMMING & DIVING



## Daniela Cubelic

**Back/Free**

**Junior**

**Glenview, IL**

**Glenbrook South HS**

**Iowa Items** -- swam on school-record setting 200 free (1:32.37), 200 medley (1:42.43) and 400 free (3:21.27) relays at 2009 Big Ten Championships... the 200 medley and 400 free relay times also met

NCAA B standards... also swam on 800 free relay (7:21.08) that ranks second, 200 free relay (1:33.10) that ranks third, 400 medley relay (3:45.13) that ranks fifth and 400 free relay (3:23.86) that ranks fifth in school history... her best 200 back (1:58.87), 100 free (50.79), 100 back (55.44) and 50 free (23.52) times rank second, third, fourth and eighth, respectively, in school history.

**2009-10** -- led team in 200 back (1:58.87)... placed 17th in the 100 back (55.71) and 19th in the back (1:58.87) at Big Ten Championships... 200 back (1:58.87) ranks second in school history...swam on 200 medley relay (1:42.12) and 400 (3:23.30) and 800 free relays (7:22.77) that rank second, fourth and fourth in school history... recorded 14 individual top-three finishes... letterwinner.

**2008-09** -- swam on school-record setting 200 free (1:32.37), 200 medley (1:42.43) and 400 free (3:21.27) relays at Big Ten Championships... the 200 medley and 400 free relay times also met NCAA B standards... led team in 200 back (2:00.67), which ranks second on Iowa's all-time best performers list... also anchored team-leading 800 free relay (7:21.08) at Big Ten meet, which ranks second in school history... placed 20th in 100 back (55.80) and 21st in 200 back (2:01.00) at Big Ten Championships... her best 100 free (50.79), 100 back (55.44) and 50 free (23.52) times rank third, fourth and eighth, respectively, in school history... won six individual races and swam on 15 winning relays... swam on 13 winning relays... recorded 23 individual top-three finishes... letterwinner.

**High School** -- three-time all-American, all-state and team MVP... swam on state champion 200 free relay... four-time state runner-up... won conference titles in 100 and 200 free... set school records in 100 free, 200 free, 100 back, 100 fly, 200 IM, and every relay event... high school coach was Kelly Timson... competed for Northwestern Aquatic Swim Association coached by Andy Grevers.

**Personal** -- born April 16, 1990... daughter of Angelo Cubelic... sports studies major.

## Cubelic's Collegiate Bests

| Event    | Time    | Meet                     | Date     |
|----------|---------|--------------------------|----------|
| 50 Free  | 23.52   | at Big Ten Championships | 2/19/09  |
| 100 Free | 50.79   | at Big Ten Championships | 2/21/09  |
| 200 Free | 1:52.55 | at Michigan State        | 10/25/08 |
| 100 Back | 55.44   | at Missouri Invite       | 12/5/08  |
| 200 Back | 2:00.67 | at Big Ten Championships | 2/21/09  |



# IOWA SWIMMING & DIVING



**Lauren Drennan**  
**Fly**  
**Freshman**  
**Danville, IL**  
**Danville High School**

**High School --** holds school records in the 200 IM (2:13.62), 50 free (24.79), 100 free (54.19), 100 fly (57.58), 200 medley relay (1:58.07), and 200 (1:42.94) and 400 free (3:42.87) relays... four-time

team MVP... five-time state qualifier... 2009 earned all-state honors and was named New-Gazette Swimmer of the Year... earned all-area honors in each of her four seasons... served as co-captain at Danville High School her junior and senior seasons... coached by her mother Jana Drennan... National Honor Society member.

**Personal --** born July 9, 1991... daughter of Jana and Troy Drennan... mother swam at Illinois State University... journalism and cinema major.



**Lauren Eytalis**  
**Free**  
**Sophomore**  
**Bloomington, IL**  
**Tri-Valley High School**

**Iowa Items --** her best times in 1000 free (10:19.72) and 1650 free (17:08.29) rank ninth and eighth in Iowa's all-time best performers list... was a member of the 800 free relay (7:22.77) that ranks fourth

in school history.

**2009-10 --** swam collegiate bests in the 200 free (1:53.29) and 1650 free (17:08.29) at the Big Ten Championships and 500 free (5:01.23) vs. Iowa State and 1000 free (10:19.72) at Hawkeye Invite... swam on 800 free relay (7:22.77) that placed ninth at Big Ten Championships... posted 21 top-five individual finishes...letterwinner... swam on 800 free relay (7:22.77) that placed ninth at Big Ten Championships...posted 21 top-five individual finishes...letterwinner.

**High School --** three-time scholastic all-American... best times are 4:57 in 500 free and 17:05 in 1,650 free... won 400 free (4:25), 800 free (9:05.91) and 1,500 free (17:22) at 2008 Zone meet... competed for Waves Swimming Club coached by Charles Yourd.

**Personal --** born December 24, 1990... daughter of Chris and Deanne Eytalis... open major.

## Eytalis' Collegiate Bests

| Event     | Time     | Meet                     | Date     |
|-----------|----------|--------------------------|----------|
| 200 Free  | 1:53.29  | at Big Ten Championships | 2/19/10  |
| 500 Free  | 5:01.23  | at Iowa State            | 12/11/09 |
| 1000 Free | 10:19.72 | Hawkeye Invitational     | 11/20/09 |
| 1650      | 17:08.29 | at Big Ten Championships | 2/17/10  |



**Anna Flessner**  
**Free**  
**Sophomore**  
**Springfield, IL**  
**Sacred Heart-Griffin HS**

**2009-10 --** swam collegiate best times in the 50 free (25.81) vs. Illinois, 100 free (55.71) vs. Missouri State and 200 free (2:01.34) at Hawkeye Invitational... letterwinner.

**High School --** five-time conference champion and three-time runner-up, earning all-conference honors all four years... set school records in 200 free (1:58.53) and as part of 200 and 400 free relays... other best times are 25.1 in 50 free and 54.85 in 100 free... two-time state qualifier, earning conference swimmer of the year honors... three-time academic all-conference... National Merit Commended Scholar and Illinois State Scholar... National Honor Society member... coached by Mike Schwartz.

**Personal --** born February 17, 1991... daughter of John and Cindy Flessner... engineering major.

## Flessner's Collegiate Bests

| Event    | Time    | Meet           | Date     |
|----------|---------|----------------|----------|
| 50 Free  | 25.81   | Illinois       | 1/16/10  |
| 100 Free | 55.71   | Missouri State | 10/24/09 |
| 200 Free | 2:01.34 | Hawkeye Invite | 11/22/09 |





# IOWA SWIMMING & DIVING



**Deidre Freeman**  
**Diving**  
**Senior**  
**Grinnell, IA**  
**Grinnell High School**

**Iowa Items** -- her best scores on one-meter (300.90) and three-meter (330.98) rank fourth and third, respectively, in school history.

**2009-10** -- Redshirted... placed fourth on three-meter synchroized event with Hawkeye teammate Veronica Rydze and 12th on individual one-meter at the 2010 AT&T National Diving Championships in August.

**2008-09** -- led team on one-meter (300.90) and three-meter (330.98)... those scores rank fourth and third, respectively, in school history... earned team's high point award at Big Ten Championships, placing eighth on three-meter (301.65) and 12th on one-meter (253.50)... placed 10th on one-meter (261.25) and 11th on three-meter (251.95) at NCAA Qualifier... named Big Ten Women's Diver of the Week Nov. 11 for her wins at Minnesota... swept one and three-meter events four times... posted seven wins on one-meter and six wins on three-meter... academic all-Big Ten... placed seventh on three-meter synchro with Hawkeye teammate Veronica Rydze and 10th on individual three-meter at 2009 U.S. Diving Nationals... won high point award at 2009 National Preliminary Zone C meet, tallying 55 points... won one-meter, three-meter synchro with Rydze and placed third on three-meter at Zone meet... letterwinner.

**2007-08** -- led team in one-meter (277.05) and three-meter (295.85)... won one-meter four times and three-meter three times... academic all-Big Ten... letterwinner... placed 15th on one-meter (204.70) at 2008 Kaiser Permanente Championships.

**2006-07** -- led team in one-meter (245.30) and three-meter (276.45)... won one-meter against Wisconsin and Wisconsin-Milwaukee (238.50) and three-meter against Illinois (272.35)... placed 14th on one-meter at NCAA diving qualifier... recorded eight top-five finishes... letterwinner.

**High School** -- state runner-up as a senior, placing fourth as a junior... three-time conference champion... three-time all-state, all-district, all-conference and team MVP... two-time conference athlete of the year and team captain... set school records for six dives (264.10) and 11 dives (491.25)... the 11-dive score ranked third in Iowa high school history... lettered four years in softball, three in soccer and one in track... soccer team MVP senior year... honorable mention all-state and second team all-conference in softball... only catcher named first team elite all-state senior year... academic all-state and all-conference... four-year honor roll student... National Honor Society member... coaches were Mark Stanley, Karen Robbins, Kelly Rose and Ray Obermiller.

**Personal** -- born August 26, 1988... daughter of Will and Evelyn Freeman... father was an all-American pole vaulter at the University of Florida and is the men's track and cross country coach at Grinnell College... mother represented Canada in the high jump at two Olympic Trials and is the women's track and cross country coach at Grinnell... religion and African-American studies major.

**Freeman's Collegiate Bests**

| Event       | Score  | Meet              | Date     |
|-------------|--------|-------------------|----------|
| One-Meter   | 300.90 | at Michigan State | 10/25/08 |
| Three-Meter | 330.98 | Iowa State        | 12/12/08 |



**Sarah Galvin**  
**Back/Free**  
**Sophomore**  
**Glen Ellyn, IL**  
**Benet Academy**

**Iowa Items** -- her best times in 100 back (56.43) and 200 back (2:02.77) rank sixth and ninth on Iowa's all-time best performers list.

**2009-10** -- swam collegiate bests in the 500 free (5:05.33) at Shamrock Invite, 1,000 free (10:31.11) at Hawkeye Invitational, 100 back (56.43) and 200 back (2:02.77) at Big Ten Championships... posted 14 individual top-five finishes ... letterwinner. High School -- four-time all-state and three-time American... scholastic all-American as a senior... placed second in 100 back and third in 500 free at state meet junior year, placed second in 100 back at state meet senior year... won 200 back and placed third in 100 back at 2008 YMCA LCM Summer Nationals, placed 3rd in 200 back at 2009 YMCA SC Spring Nationals... four-year honor roll student... National Honor Society member... coached by Nicole Kothe and Robert Young.

**Personal** -- born October 8, 1990... daughter of Simon and Carolyn Galvin... psychology major.

**Galvin's Collegiate Bests**

| Event     | Time     | Meet                     | Date     |
|-----------|----------|--------------------------|----------|
| 500 Free  | 5:05.33  | at Shamrock Invite       | 1/29/10  |
| 1000 Free | 10:31.11 | Hawkeye Invite           | 11/20/09 |
| 100 Back  | 56.43    | at Big Ten Championships | 2/17/10  |
| 200 Back  | 2:02.77  | at Big Ten Championships | 2/17/10  |



# IOWA SWIMMING & DIVING



**Haley Gordon**  
Breast/Fly/IM  
Freshman  
Sioux Fall, SD  
Washington High School

**High School** -- Senior National qualifier in multiple events... won the high point championship at the 2008 Mega-Zone... Female "Swimmer of the Year" in 2008 at Washington High School.

**Personal** -- born May 9, 1992... daughter of Richard and Paula Gordon... brother Paul is a member of the Iowa men's swim team... integrative physiology major.



**Abby Grilli**  
Diving  
Freshman  
Burr Ridge, IL  
Hinsdale Central High School

**High School** -- team captain her junior and senior seasons... earned NISCA all-american, all-state team and was a conference and sectional champion her sophomore, junior and senior seasons...

voted MVP her senior season... five-time AAU all-american on the one and three meter... holds the 6-dive pool record (265.55)... placed 3rd at the 2009 state meet... National Honor Society member.

**Personal** -- born April 24, 1992... daughter of Mimi and Dave Grilli... elementary education major.



**Verity Hicks**  
Free  
Senior  
Pukekohe, New Zealand  
ACG Strathallan

**Iowa Items** -- her best times in 200 free (1:48.93), 500 free (4:53.94) and 1,000 free (10:22.39) rank first, sixth and tenth, respectively, on Iowa's all-time best performers list... swam on 800 free relays

(7:21.08-2009) and (7:22.77-2010) and 400 free relay (3:23.30-2010) that rank second, fourth and fourth in school history.

**2009-10** -- led team in the 200 free (1:48.93) and 500 free (4:56.44)... swam first leg of the 800 free relay (7:22.77) and set a new school record in the 200 free (1:48.93) at the Big Ten Championships...recorded 12 individual first-place finishes... letterwinner.

**2008-09** -- led team in 200 free (1:49.48) and 500 free (4:53.94)... those times rank third and sixth, respectively, in school history... swam second leg on team-leading 800 free relay (7:21.08) at Big Ten Championships... that time ranks second in school history... placed 23rd in 200 free (1:50.12) at Big Ten Championships... recorded 13 top-three finishes, winning 200 free twice, 500 free once and 1,000 free once... academic all-Big Ten... letterwinner.

**2007-08** -- swam on team-leading 800 free relay (7:29.57) that ranks ninth in school history... recorded season bests in 100 (52.32), 200 (1:51.94), 500 (4:59.10) and 1,000 free (10:40.83)... letterwinner... placed fifth in 400 and 800 free, eighth in 200 free and 12th in 100 free at New Zealand Olympic Trials... placed fifth in 800 free, 12th in 400 free, 24th in 200 free and 26th in 100 free at Oceania Championships.

**High School** -- New Zealand national age group champion in 200, 400 and 800 free from age 13-17... Australian age group champion in 200 and 400 free at age 14... best times were 59.1 in 100 free, 2:04.6 in 200 free, 4:21.7 in 400 free and 8:59.9 in 800 free... named her high school's sports person of the year as a senior... coached by Horst Mieke.

**Personal** -- born August 17, 1988... daughter of Nigel and Karen Hicks... sports studies interest major.

### Hicks' Collegiate Bests

| Event      | Time     | Meet                     | Date      |
|------------|----------|--------------------------|-----------|
| 100 Free   | 52.12    | at Big Ten Championships | 2/21/09   |
| 200 Free   | 1:48.93  | at Big Ten Championships | 2/20/10   |
| 500 Free   | 4:53.94  | at Missouri Invite       | 12/5-7/08 |
| 1,000 Free | 10:22.39 | Iowa State               | 12/12/08  |



# IOWA SWIMMING & DIVING



**Emily Hovren**  
**Free/IM**  
**Freshman**  
**Normal, IL**  
**University High School**

**High School** -- set school records in the 200 IM (2:08.62) and 200 free relay (1:39.27)... three-time all-state honoree... two-time team MVP... finished in the top five at the state meet three times.

**Personal** -- born Feb. 28, 1992... daughter of Mark and Judy Hovren... marketing and a certificate in International business and a minor in Spanish.



**Mary Sue LeMay**  
**Diving**  
**Sophomore**  
**Sterling, IL**  
**Newman Central HS**

**2009-10** -- scored collegiate bests on one-meter dive (242.60) and three-meter (219.05)... recorded 13 top-five finishes... letterwinner.

**High School** -- four-time conference champion, winning sectional title and setting conference and sectional records senior year... three-time state qualifier, placing second at state meet senior year... two-time team captain and three-time team MVP... first team all-state as a senior... set school records in six-dive (233.60) and 11-dive (452.60) events... also participated in swimming, basketball and competitive cheerleading... honor roll student... swimming coach was John Berge and diving coach was Gary Miller.

**Personal** -- daughter of Jeff and Susie LeMay... business communications major.



**Lauren Kelba**  
**Diving**  
**Freshman**  
**Calgary, Alberta, Canada**

**High School**-- represented her country at multiple junior international diving meets... her featured events include the 3-Meter Springboard and the platform.



**Amanda Kocovsky**  
**Diving**  
**Freshman**  
**Andover, MN**  
**Andover HS**

**LeMay's Collegiate Bests**

| Event       | Score  | Meet                          | Date   |
|-------------|--------|-------------------------------|--------|
| One-Meter   | 242.60 | UNI & WIU                     | 2/5/10 |
| Three-Meter | 219.05 | at Shamrock Invite 1/29-30/10 |        |



# IOWA SWIMMING & DIVING



## Christine Mauro

**Free**  
**Senior**  
**Lake Forest, Ill.**  
**Arizona State University**

**Iowa Items** -- transferred from Arizona State University.

**2009-10** -- swam a collegiate best time in the 100 free (55.58) at the Shamrock Invite... swam season best times in the

500 free (5:01.97), 1000 free (10:33.48) and 1650 free (17:09.29)... letterwinner.

**2008-09** -- began establishing herself as more of a middle-distance swimmer... improved her times in both the 200 and 500 free... set a new personal best in the 200 free at the Pac-10 Championships with a time of 1:51.59... clocked in at 4:56.51 for a new personal best at the Pac-10 Championships...earned a season-best 1000 free time of 10:18.69 against Cal...touched in at 16:54.17 in the 1,650 free at the Texas Invite.

**2007-08** -- competed in the mid-distance and distance free events...all of her best times of the season were at the Pac-10 Championships... earned new personal bests in all four of her main events... clocked in a time of 1:52.77 in the 200 free; 4:56.61 in the 500 free; 10:12.72 in the 1000 free and 16:48.75 in the 1,650 free.

**High School** -- a 2007 graduate of Lake Forest High School in Lake Forest, Ill...Earned four letters in swimming... member of the 2003 Illinois state champion high school team in 2003... team was also named the No. 1 team in the country in 2003... named Most Valuable Swimmer on her team her senior year.... named Most Improved Swimmer her freshman, sophomore and junior years... inducted in Lake Forest High School's Sports Wall of Honor her senior year... In 2006, became the only female swimmer in the history of Illinois to final in the 50 and 500 freestyle at the state meet... coached by Lea Maurer (Stanford) and Maureen Sheahan (Kansas).

**Personal** -- Born May 25, 1989 in New York City... daughter of Bob and Florence Mauro... father Bob played basketball and baseball for St. Francis College... sister Florence was an All-American swimmer for ASU from 2000-04... sister Alyse swam for the University of Rhode Island from 2003-04 and played water polo for Indiana University in 2005.

## Mauro's Collegiate Bests

| Event     | Time     | Meet                | Date    |
|-----------|----------|---------------------|---------|
| 200 Free  | 1:51.59  | PAC-10 Championship | 2/25/09 |
| 500 Free  | 4:46.51  | PAC-10 Championship | 2/25/09 |
| 1000 Free | 10:12.72 | Texas Invite        |         |
| 1650 Free | 16:48.75 | PAC-10 Championship | 2/27/08 |



## Kelsie Neubauer

**Free/IM**  
**Senior**  
**Libertyville, IL**  
**Libertyville High School**

**2009-10** -- recorded collegiate bests in the 1000 free (10:30.88), 200 IM (2:07.82) and 400 IM (4:29.07) at Hawk-eye Invite, and 200 back (2:16.87) at Truman State... posted 18 top-five individual

finishes... letterwinner.

**2008-09** -- posted collegiate bests in 200 breast (2:23.18), and 200 (2:08.21) and 400 IM (4:30.06) at Big Ten Championships... recorded 19 top-five finishes... letterwinner.

**2007-08** -- won 500 free (5:09.21) vs. Western Illinois... recorded 19 top-five finishes... swam collegiate bests in 100 (52.95), 200 (1:54.91) and 500 free (5:07.36)... letterwinner.

**High School** -- four-time all-conference... four-time sectional and two-time conference champion... two-time all-state and team MVP... placed fifth in 400 IM at 2006 Speedo Sectionals and third at the 2007 Speedo Sectionals... set school records in 100 free (52.52), 200 medley relay and 400 free relay... high school coaches were Maggie Casteleyn, Keri Greenawalt and Greg Herman... club coaches were Maureen Sheehan and Michael Lawrence... was a 2005 Scholastic all-American and National Honor Society member.

**Personal** -- born August 3, 1989... daughter of Jim and Toni Neubauer... father played basketball at Western Michigan University... therapeutic recreation major.



# IOWA SWIMMING & DIVING

## Neubauer's Collegiate Bests

| Event      | Time     | Meet                     | Date     |
|------------|----------|--------------------------|----------|
| 100 Free   | 52.95    | at Big Ten Championships | 2/23/08  |
| 200 Free   | 1:54.91  | vs. Illinois             | 1/19/08  |
| 500 Free   | 5:07.36  | vs. Illinois             | 1/19/08  |
| 1,000 Free | 10:30.88 | Hawkeye Invite           | 11/20/09 |
| 200 Back   | 2:16.87  | at Truman State          | 10/9/09  |
| 200 Breast | 2:23.18  | at Big Ten Championships | 2/21/09  |
| 200 IM     | 2:07.82  | Hawkeye Invite           | 11/20/09 |
| 400 IM     | 4:29.07  | Hawkeye Invite           | 11/20/09 |



## Caitie Polz

**Free**  
**Senior**  
**Elk Grove Village, IL**  
**St. Viator High School**

**2009-10** -- recorded collegiate bests in 50 free (23.86) and 200 free (1:54.78) at Big Ten Championships... posted seven top-five individual finishes... honored with the Sportsmanship Award at Big Ten Cham-

pionships... letterwinner.

**2008-09** -- swam collegiate bests in 50 free (24.02), 100 free (52.05) and 200 free (1:55.07) at Big Ten Championships... posted five top-five finishes... letterwinner.

**2007-08** -- recorded six top-six finishes... swam bests in 50 (24.26), 100 (52.82) and 200 free (1:58.64)... letterwinner.

**High School** -- three-time academic all-conference... swam on school-record setting 400 free relay... goalie on water polo team... team captain for swimming and water polo teams as a senior... named one of top water polo goalies in the state by Illinois Water Polo... Pioneer Press Great Northwestern all-area water polo honoree... water polo team placed fifth at state junior year and 10th senior year... four-year honor roll student... high school coaches were B. Balla and Adam Clementi... swam for Arlington Alligators club coached by Mary Ruffin and Iowa City Eels club coached by Don Spellman.

**Personal** -- born February 5, 1988... daughter of Don and Donna Polz... father swam at Western Illinois... psychology major.



**Taylor Newgaard**  
**Free**  
**Freshman**  
**Phoenix, AZ**  
**Desert Vista High School**

**High School** -- High School all-American Consideration... recorded best times in 500 free (5:01.41), 1000 free (10:15.08)

and 1650 free (17:14.09)... high school coach was Shawn O'Connell... swam for Sun Devil Aquatics, coached by Patrcik Nalley.

**Personal** -- born March 15, 1992... daughter of Dave and Jeri Newgaard... intended health and sports studies major.

## Polz' Collegiate Bests

| Event    | Time    | Meet                     | Date    |
|----------|---------|--------------------------|---------|
| 50 Free  | 23.86   | at Big Ten Championships | 2/17-10 |
| 100 Free | 52.05   | at Big Ten Championships | 2/21/09 |
| 200 Free | 1:54.78 | at Big Ten Championships | 2/17/10 |
| 100 Back | 1:00.07 | Nebraska                 | 11/1/08 |



**Brianne Richson**  
**Diving**  
**Freshman**  
**Summit, N.J.**  
**Summit HS**



# IOWA SWIMMING & DIVING



## Veronica Rydze

Diving  
Senior  
Iowa City, IA  
City High School

**Iowa Items** -- her best scores on one-meter (281.10) and three-meter (302.62) rank eighth and sixth, respectively, on Iowa's all-time best performers list.

2009-10 -- placed eighth in the one-meter

at Big Ten Championships with a collegiate best 281.10... placed 12th in the three-meter at Big Ten Championships... Iowa's top team scorer at Big Ten Championships... recorded five first-place finishes... named the Nancilea Underwood Women's Diving MVP... placed fourth on the three-meter synchronized event with Hawkeye Teammate Deidre Freeman at the 2010 AT&T National Diving Championships... letterwinner.

**2008-09** -- won three-meter vs. Northwestern with a collegiate-best 302.62... that score ranks sixth in school history... her collegiate-best 272.10 on one-meter at Missouri Invite ranks 10th in school history... placed 18th on three-meter (265.25) and 23rd on one-meter (228.15) at NCAA Qualifier... recorded 12 top-three finishes... academic all-Big Ten... placed seventh on three-meter synchro with Hawkeye teammate Deidre Freeman at 2009 U.S. Diving Nationals... won three-meter synchro event with Freeman and placed seventh on individual one-meter at 2009 National Preliminary Zone C meet... letterwinner.

**2007-08** -- won three-meter (236.55) vs. Minnesota... recorded five top-five finishes... scored collegiate bests on one-meter (260.85) and three-meter (270.76)... letterwinner.

**High School** -- two-time state champion and two-time state runner-up on one-meter... all-American and team captain as a senior... set six and 11-dive school records on one-meter... high school coach was Tony Kramer... club coach was Bob Rydze... ran on state and Drake Relays shuttle hurdle relay in track senior year... track team captain senior year.

**Personal** -- born August 15, 1988... daughter of Bob and Elaine Rydze... father is University of Iowa diving coach... mother is Coe College cross country coach... biology major.

### Rydze's Collegiate Bests

| Event       | Score  | Meet                     | Date       |
|-------------|--------|--------------------------|------------|
| One-Meter   | 281.10 | at Big Ten Championships | 2/17-20/10 |
| Three-Meter | 302.62 | Northwestern             | 1/24/09    |



## Sasha Stephens

Back  
Junior  
Flower Mound, TX  
Arizona State University

**Iowa Items** -- transferred from Arizona State University.

**High School** -- all-american her sophomore and junior seasons... voted MVP her freshman and sophomore season at

Marcus High School... holds school records in the 100 back, 100 fly, 200 im and 500 free.

**Personal** -- born Dec. 10, 1989... daughter of Richard and Terry Stephens... journalism and mass communication major.



## Katarina Tour

Breast/IM  
Senior  
Stockholm, Sweden  
Fryshuset Kunskapscentrum

**Iowa Items** -- set school records in 100 breast (1:01.45), 100 fly (54.61) and 200 IM (2:01.33)... swam on school-record setting 200 medley (1:41.33) and 400 free (3:21.27) relays... her best times in 100

breast (1:01.45) 200 breast (2:20.43) and 100 free (51.23) rank first, ninth and tenth on Iowa's all-time best performers list... swam on two 200 medley, three 400 medley, one 200 free and three 400 free relays that rank in the top 10 in school history.

**2009-10** -- set Field House pool record in 100 fly (55.06)... swam season best in 200 IM (2:01.51) at Big Ten Championships... the 200 IM met NCAA B standards... led team in the 100 breast (1:01.72), 100 fly (55.06), and 200 IM (2:01.51)... swam on the 200 (1:42.12) and 400 medley (3:43.65) relays and 400 free relay (3:23.30) at Big Ten Championships... the relay times rank second, second, and fourth on Iowa's all-time best performers list... won 21 individual races and swam on 11 winning relays... women's swimming team MVP... letterwinner.

**2008-09** -- set school records in 100 breast (1:01.45), 100 fly (54.61) and 200 IM (2:01.33)... swam on school-record setting 200 medley (1:41.33) and 400 free (3:21.27) relays... the 100 breast and both relay times also met NCAA B standards... swam on team-leading 400 medley relay (3:43.73), which ranks second



# IOWA SWIMMING & DIVING

in school history... placed eighth in 100 breast (1:01.95) at Big Ten Championships... won 13 individual races and swam on 10 winning relays... swept 100 fly and 100 breast at Western Illinois and 100 breast and 200 IM at Illinois... posted 28 top-three finishes... earned CSCAA all-academic individual honorable mention honors... academic all-Big Ten... letterwinner.

**2007-08** -- swam on 200 (1:32.95) and 400 free relays (3:22.52) that led team, set then-school records and posted NCAA B standard times... also led team in 50 (30.15) and 100 breast (1:02.51), and 200 IM (2:03.72) and swam on team-leading 200 (1:43.81) and 400 medley relays (3:44.05)... the 100 breast and 400 medley relay times met NCAA B standards... won 10 races and posted 12 top-five finishes... placed fourth in the 100 breast (1:04.18/1:03.94) and eighth in the 200 IM (2:04.57/2:06.36) at the Ohio State Invite... placed sixth in the 100 breast (1:02.56/1:02.51) at Big Ten Championships... also swam collegiate bests in 100 free (52.30), 100 back (58.32) and 200 breast (1:02.51)... women's swimming team MVP... letterwinner.

**High School** -- best short course times were 26.51 in 50 free, 57.745 in 100 free, 32.11 in 50 breast, 1:10.16 in 100 breast, 2:34.73 in 200 breast, 29.23 in 50 back, 1:04.13 in 100 back, 2:23.67 in 200 back, 1:02.93 in 100 fly, 2:25.11 in 200 fly, 1:02.92 in 100 IM and 2:18.55 in 200 IM... best long course times were 59.74 in 100 free, 2:11.28 in 200 free, 32.66 in 50 breast, 1:12.49 in 100 breast, 2:41.89 in 200 breast, 1:08.11 in 100 back, 29.67 in 50 fly, 1:05.11 in 100 fly, 2:31.16 in 200 fly and 2:26.77 in 200 IM... coached by Anne Forsell... competed for Sk Neptun swimming club.

**Personal** -- born February 8, 1987... daughter of Rene and Ylva Tour... international studies major.

### Tour's Collegiate Bests

| Event      | Time    | Meet                        | Date     |
|------------|---------|-----------------------------|----------|
| 50 Free    | 24.59   | at Northern Iowa            | 2/5/09   |
| 100 Free   | 52.30   | at Ohio State Invite        | 12/2/07  |
| 100 Back   | 58.32   | at Truman State             | 11/16/07 |
| 50 Breast  | 30.15   | Western Illinois            | 1/18/08  |
| 100 Breast | 1:01.45 | at Big Ten Championships    | 2/20/09  |
| 200 Breast | 2:20.43 | at Big Ten Championships    | 2/23/08  |
| 100 Fly    | 54.61   | at Boiler-Make-It Qualifier | 3/1/09   |
| 200 IM     | 2:01.33 | at Big Ten Championships    | 2/19/09  |



**Abbey Tuchscherer**  
 Fly  
 Freshman  
 Oshkosh, WI  
 Oshkosh High School

**High School** -- set school records in the 100 fly (56.61), 200 medley relay and 400 free relay... earned all-state honors from

2007-09... named conference co-MVP in 2008... earned her team's Outstanding Work Ethic Award as a freshman... four-time firstteam all conference honoree... served as team co-captain her junior and senior seasons... eight-time YMCA state champion.

**Personal** -- born Nov. 13, 1991... daughter of John and Becky Tuchscherer... undecided major.



**Karolina Wartolowicz**  
 Breast  
 Freshman  
 Oswego, IL  
 Oswego East High School

**High School** -- set school record in the 100 breast (1:03.87)... four-time all-conference representative... two time

all-American... three-time defending conference champion in the 100 breast... placed in the top five at the state meet three times since 2007.

**Personal** -- born May, 6, 1992... daughter of Monika and Mariusz Wartolowicz... undecided major.



# IOWA SWIMMING & DIVING

## 2009-10 Results

### (10-1 Overall, 3-1 Big Ten)

| Meet                               | Result                  |
|------------------------------------|-------------------------|
| at Truman State.....               | W, 182-76               |
| at Wisconsin.....                  | W, 162-138              |
| Michigan State.....                | W, 193-150              |
| Wis. Milwaukee.....                | W, 198-94               |
| Missouri State.....                | W, 188.5-190.5          |
| Minnesota.....                     | L, 114-184              |
| Hawkeye Invite.....                | 1st, 1408 pts           |
| at Short Course Championships..... | 6th                     |
| Tampa Relays.....                  | 1st, 226 pts            |
| at Northwestern.....               | W, 149.5-144.5          |
| at Shamrock Invite.....            | Notre Dame W, 197- 171  |
| .....                              | Missouri W, 184.5-183.5 |
| .....                              | Denver W, 236-125       |
| Western Illinois.....              | W, 162-52               |
| at Big Ten Championships.....      | 6th, 223 pts            |

## 2010 Big Ten Championships

| Place     | Team           | Points     |
|-----------|----------------|------------|
| 1.        | Ohio State     | 860.5      |
| 2.        | Michigan       | 715.5      |
| 3.        | Minnesota      | 497        |
| 4.        | Purdue         | 417        |
| 5.        | Indiana        | 283        |
| <b>6.</b> | <b>Iowa</b>    | <b>223</b> |
| 7.        | Penn State     | 219        |
| 8.        | Wisconsin      | 217        |
| 9.        | Michigan State | 205        |
| 10.       | Northwestern   | 169        |

## Big Ten Athletes of the Week

Frank Van Dijkhuizen Oct.27

## Big Ten Sportsmanship Award

Bryan Hill

## Team Awards

### Armbruster/Patton Swimming MVP

Paul Gordon

### Jim Marshall Award

Nick Divan

### Irving Weber Award

Max Dittmer

### "Lobby" Lobdel Diving MVP

Michael Gilligan

### Strength & Conditioning Achievement

Max Dittmer

## Season Best Performances

| Event              | Athlete                          | Mark         |
|--------------------|----------------------------------|--------------|
| 50 Free            | Ryan Phelan                      | 20.04 (B)    |
| 100 Free           | Paul Gordon                      | 43.88 (B)    |
| 200 Free           | Paul Gordon                      | 1:36.01 (B)* |
| 500 Free           | Paul Gordon                      | 4:22.55(B)   |
| 1,000 Free         | Nick Divan                       | 9:37.20      |
| 1,650 Free         | Brian Farris                     | 15:49.89     |
| 100 Back           | Max Dittmer                      | 48.75 (B)    |
| 200 Back           | Byron Butler                     | 1:45.30 (B)* |
| 100 Breast         | Matt Ryan                        | 56.59        |
| 200 Breast         | Sean Hagan                       | 1:59.88 (B)  |
| 100 Fly            | Paul Gordon                      | 48.96        |
| 200 Fly            | Brian Tremml                     | 1:50.21      |
| 200 IM             | Sean Hagan                       | 1:47.73 (B)* |
| 400 IM             | Donny Warren                     | 3:57.63      |
| 200 Free Relay     | Phelan, Partridge, Hagan, Huff   | 1:19.26 (B)  |
| 400 Free Relay     | Gordon, Partridge, Phelan, Huff  | 2:56.20 (B)  |
| 800 Free Relay     | Huff, Gordon, Partridge, Farris  | 6:27.66 (B)* |
| 200 Medley Relay   | Dittmer, Phelan, Gordon, Hagan   | 1:29.02 (B)* |
| 400 Medley Relay   | Dittmer, Ryan, Gordon, Partridge | 3:15.37 (B)* |
| One-Meter Diving   | Mike Gilligan                    | 340.00       |
| Three-Meter Diving | Frank Van Dijkhuizen             | 379.30       |
| Platform Diving    | Michael Gilligan                 | 354.95*      |

## Top 15 Performances at Big Ten Championships

| Event            | Athlete                          | Mark        | Place |
|------------------|----------------------------------|-------------|-------|
| 200 Medley Relay | Dittmer, Phelan, Gordon, Hagan   | (B) 1:29.02 | 9th   |
| 800 Free Relay   | Huff, Gordon, Partridge, Farris  | (B)*6:27.66 | 4th   |
| 500 Free         | Paul Gordon                      | (B) 4:23.17 | 12th  |
| 200 IM           | Sean Hagan                       | (B)*1:47.73 | 14th  |
| 50 Free          | Ryan Phelan                      | 20.34       | 12th  |
| 400 Medley Relay | Dittmer, Ryan, Gordon, Partridge | (B)*3:15.37 | 8th   |
| 200 Free         | Paul Gordon                      | (B) 1:36.01 | 5th   |
| 100 Back         | Max Dittmer                      | (B) 48.96   | 12th  |
| 200 Free Relay   | Phelan, Partridge, Hagan, Huff   | (B)1:19.26  | 4th   |
| 200 Back         | Byron Butler                     | (B)*1:46.52 | 11th  |
| 100 Free         | Paul Gordon                      | (B) 44.03   | 6th   |
| 200 Breast       | Sean Hagan                       | (B)*1:59.88 | 12th  |
| 400 Free Relay   | Gordon, Partridge, Phelan, Huff  | (B) 2:56.20 | 4th   |
| One-Meter Diving | Frank Van Dijkhuizen             | 319.20      | 12th  |
| Platform Diving  | Michael Gilligan                 | *354.95     | 10th  |

(B) - NCAA B Cut, \* -- school record





# IOWA SWIMMING & DIVING

## 2009-10 Results

### (8-4 Overall, 2-3 Big Ten)

| Meet                       | Results               |
|----------------------------|-----------------------|
| at Truman State            | W, 167-88             |
| at Wisconsin               | L, 216-83             |
| Michigan State             | W, 177-121            |
| Wis. Milwaukee             | W, 198.5-100.5        |
| Missouri State             | W, 188-112            |
| Minnesota                  | L, 176-118            |
| Hawkeye Invite             | 1st, 1073 pts         |
| Short Course Championships | 25th                  |
| at Iowa State              | L, 166-133            |
| Tampa Relays               | 1st, 208 pts          |
| Illinois                   | W, 150.5-149.5        |
| at Northwestern            | L, 173-121.5          |
| at Shamrock Invite         | Denver W, 225-143     |
|                            | Notre Dame L, 260-110 |
|                            | Missouri L, 269-101   |
| Western Illinois           | W, 168-60             |
| Northern Iowa              | W, 160-60             |
| at Big Ten Championships   | 9th, 120 pts          |

## 2010 Big Ten Championships

| Place | Team           | Points |
|-------|----------------|--------|
| 1.    | Indiana        | 758    |
| 2.    | Minnesota      | 572.5  |
| 3.    | Michigan       | 462.5  |
| 4.    | Purdue         | 460    |
| 5.    | Ohio State     | 399.5  |
| 6.    | Wisconsin      | 384.5  |
| 7.    | Penn State     | 333    |
| 8.    | Northwestern   | 238    |
| 9.    | Iowa           | 120    |
| 10.   | Michigan State | 89     |
| 11.   | Illinois       | 51     |

## Big Ten Athlete of the Week

Dec. 15 Verity Hicks  
Jan. 19 Veronica Rydze

## Big Ten Sportsmanship Award

Caitlin Polz

## Season Best Performances

| Event              | Athlete                         | Mark         |
|--------------------|---------------------------------|--------------|
| 50 Free            | Christine Kuczek                | 23.31        |
| 100 Free           | Christine Kuczek                | 50.67        |
| 200 Free           | Verity Hicks                    | 1:48.93 (B)* |
| 500 Free           | Verity Hicks                    | 4:56.44      |
| 1,000 Free         | Lauren Eytalis                  | 10:19.72     |
| 1,650 Free         | Lauren Eytalis                  | 17:08.29     |
| 100 Back           | Danielle Carty                  | 55.17 (B)    |
| 200 Back           | Daniela Cubelic                 | 1:58.87 (B)  |
| 100 Breast         | Katarina Tour                   | 1:01.72(B)   |
| 200 Breast         | Julie Feingold                  | 2:19.81      |
| 100 Fly            | Katarina Tour                   | 55.06**      |
| 200 Fly            | Laura Mozdzen                   | 2:02.86      |
| 200 IM             | Katarina Tour                   | 2:01.51      |
| 400 IM             | Kelsie Neubauer                 | 4:29.07      |
| 200 Free Relay     | Kuczek, Cubelic, Carty, deBruin | 1:32.91      |
| 400 Free Relay     | Cubelic, Tour, Hicks, Kuczek    | 3:23.30 (B)  |
| 800 Free Relay     | Hicks, Cubelic, Eytalis, Kuczek | 7:22.77 (B)  |
| 200 Medley Relay   | Carty, Tour, Borchers, Cubelic  | 1:42.12(B)   |
| 400 Medley Relay   | Carty, Tour, Mozdzen, Kuczek    | 3:43.65 (B)  |
| One-Meter Diving   | Veronica Rydze                  | 281.10       |
| Three-Meter Diving | Veronica Rydze                  | 296.93       |

## Top 15 Performances at Big Ten Championships

| Event              | Athlete                         | Mark        | Place   |     |
|--------------------|---------------------------------|-------------|---------|-----|
| 200 IM             | Katarina Tour                   | (B) 2:01.88 | 15th    |     |
| 100 Breast         | Katarina Tour                   | (B) 1:01.72 | 10th    |     |
| 100 Back           | Danielle Carty                  | (B) 55.17   | 12th    |     |
| Three-Meter Diving | Veronica Rydze                  | 284.95      | 12th    |     |
| 200 Medley Relay   | Carty, Tour, Borchers, Cubelic  | (B) 1:41.12 | 9th     |     |
| 400 Medley Relay   | Carty, Tour, Mozdzen, Kuczek    | 3:43.65     | 9th     |     |
| 200 Free Relay     | Kuczek, Cubelic, Carty, deBruin | 1:32.91     | 9th     |     |
| 400 Free Relay     | Cubelic, Tour, Hicks, Kuczek(B) | 3:21.27     | 3:23.30 | 9th |
| 800 Free Relay     | Hicks, Cubelic, Eytalis, Kuczek | (B) 7:22.77 | 9th     |     |
| One-Meter Diving   | Veronica Rydze                  | 281.10      | 8th     |     |

(B) - NCAA B Cut, \* -- school record, \*\* Pool Record

## Team Awards

**Swimming Team MVP:** Katarina Tour

**Nancilea Underwood Diving MVP:** Veronica Rydze

**Alison Pennington Haddon Strength of Character:** Laura Mozdzen

**Strength & Conditioning Achievement:** Christine Kuczek

**IOWA SWIMMING & DIVING****50-Yard Freestyle**

Iowa: 19.66 Dave Kohmetscher, 1989  
 Pool: 19.12 Tom Jager, Santa Clara, 1990

**100-Yard Freestyle**

Iowa: 43.67 Conor Dwyer, 2009  
 Pool: 43.94 Brent Lang, Michigan, 1989

**200-Yard Freestyle**

Iowa: 1:33.41 Artur Wojdat, 1990  
 Pool: 1:36.39 Graeme Brewer, Iowa, 1982

**500-Yard Freestyle**

Iowa: 4:12.24 Artur Wojdat, 1989  
 Pool: 4:20.80 Graeme Brewer, Iowa, 1982

**1,000-Yard Freestyle**

Iowa: 8:55.03 Artur Wojdat, 1992  
 Pool: 9:10.86 Tomasz Gawroknski, Iowa, 1989

**1,650-Yard Freestyle**

Iowa: 14:42.06 Artur Wojdat, 1991  
 Pool: 15:26.12 Ola Stromberg, Wisconsin, 1994

**100-Yard Backstroke**

Iowa: 48.60 Matt Smith, 1993  
 Pool: 48.17 Todd Smolinski, Minnesota, 2002

**200-Yard Backstroke**

Iowa: 1:45.30 Byron Butler, 2010  
 Pool: 1:46.30 Matt Smith, Iowa, 1992

**100-Yard Breaststroke**

Iowa: 53.77 Dragos Agache, 2007  
 Pool: 55.02 Travis Myers, Alabama, 1993

**200-Yard Breaststroke**

Iowa: 1:58.40 Dragos Agache, 2007  
 Pool: 1:59.57 Tamas Bessenyi, Purdue, 2000

**100-Yard Butterfly**

Iowa: 47.43 Rafal Szukala, 1994  
 Pool: 47.92 David Cowell, Ohio State, 1982

**200-Yard Butterfly**

Iowa: 1:44.73 Rafal Szukala, 1992  
 Pool: 1:46.22 Mark Hamming, Northwestern, 2004

**200-Yard Individual Medley**

Iowa: 1:47.73 Sean Hagan, 2010  
 Pool: 1:48.35 Tony Swanson, Northwestern, 2004

**400-Yard Individual Medley**

Iowa: 3:47.88 John Davey, 1986  
 Pool: 3:54.04 Marko Milenkovic, Iowa, 2002

**200-Yard Freestyle Relay**

Iowa: 1:18.95 Cwalina, Szukala, Smith, Kirch, 1993  
 Pool: 1:21.75 Iowa, 1988

**400-Yard Freestyle Relay**

Iowa: 2:54.43 Cwalina, Mulligan, Stoppenhagen, Szukala, 1994  
 Pool: 2:57.82 Brewer, Roemer, Harrison, Wood, Iowa, 1982

**800-Yard Freestyle Relay**

Iowa: 6:27.66 Huff, Gordon, Partridge, Farris, 2010  
 Pool: 6:33.51 Donovan, Harrison, Roemer, Brewer, Iowa, 1982

**200-Yard Medley Relay**

Iowa: 1:29.02 Dittmer, Phelan, Gordon, Hagan, 2010  
 Pool: 1:30.38 Minnesota, 2002

**400-Yard Medley Relay**

Iowa: 3:15.37 Dittmer, Ryan, Gordon, Partridge, 2010  
 Pool: 3:17.91 Northwestern, 2004

**One-Meter Diving**

Iowa: 358.28 Timo Klami, 2004  
 Pool: 351.50 Jesus Gil, Iowa, 1996

**Three-Meter Diving**

Iowa: 446.20 Randy Ableman, 1981  
 Pool: 413.25 Randy Ableman, Iowa, 1981

**Platform Diving**

Iowa: 354.95 Michael Gilligan, 2010

**Iowa Team Records**

**Best Season Record: 10-1 in 2010**

**Best Finish at Big 10 Championships: 1st in 1936, 1981, 1982**

**Best Finish at NCAA Championships: 2nd in 1949**

**Most NCAA Champions: 5 in 1936**

**Most Big Ten Champions: 19 in 1982**

**Most All-Americans: 28 in 1989**

**Most Academic All-Big Ten Honorees: 13 in 1996, 1997, 2003**



# IOWA SWIMMING & DIVING

## 50-Yard Freestyle

Iowa: 23.08 Stacey Wertz, 2000  
Pool: 23.08 Stacey Wertz, Iowa, 2000

## 100-Yard Freestyle

Iowa: 50.21 Christine Kuczek, 2009  
Pool: 50.56 Barb Viney, Illinois, 2006

## 200-Yard Freestyle

Iowa: 1:48.93 Verity Hicks, 2010  
Pool: 1:49.43 Christie Hooper, Iowa, 2002

## 500-Yard Freestyle

Iowa: 4:47.21 Melissa Loehndorf, 2000  
Pool: 4:45.45 Carly Piper, Wisconsin, 2002

## 1,000-Yard Freestyle

Iowa: 9:55.59 Melissa Loehndorf, 2001  
Pool: 9:49.40 Carly Piper, Wisconsin, 2002

## 1,650-Yard Freestyle

Iowa: 16:27.91 Melissa Loehndorf, 2001  
Pool: 16:35.02 Jane Keating, Iowa, 1986

## 100-Yard Backstroke

Iowa: 54.34 Jennifer Skolaski, 2003  
Pool: 54.47 Maggie Meyer, Wisconsin, 2008

## 200-Yard Backstroke

Iowa: 1:57.51 Jennifer Skolaski, 2004  
Pool: 1:59.49 Kasey Carpenter, Wisconsin, 2007

## 100-Yard Breaststroke

Iowa: 1:01.45 Katarina Tour, 2009  
Pool: 1:02.75 Ashley Wanland, Wisconsin, 2008

## 200-Yard Breaststroke

Iowa: 2:11.92 Allison Lyle, 2002  
Pool: 2:11.24 Yi Ting Siow, Wisconsin, 2007

## 100-Yard Butterfly

Iowa: 54.61 Katarina Tour, 2009  
Pool: 55.03 Katarina Tour, 2009

## 200-Yard Butterfly

Iowa: 2:00.14 Melissa Loehndorf, 2001  
Pool: 2:00.29 Kathy-Lyn Allen, Island SC, 1990

## 200-Yard Individual Medley

Iowa: 2:01.33 Katarina Tour, 2009  
Pool: 2:02.46 Anna Trinidad, Wisconsin, 2005

## 400-Yard Individual Medley

Iowa: 4:20.14 Jennifer Skolaski, 2003  
Pool: 4:17.97 Janelle Bosse, Ohio State, 1985

## 200-Yard Freestyle Relay

Iowa: 1:32.37 Kuczek, deBruin, Cubelic, Gschwend, 2009  
Pool: 1:32.26 Rowe, Dinkelmann, Trondle, Piercy, W. Illinois, 2008

## 400-Yard Freestyle Relay

Iowa: 3:21.27 Cubelic, Kuczek, Tour, Gschwend, 2009  
Pool: 3:25.81 Lyle, K. Haeger, Hooper, Strub, Iowa, 2002

## 800-Yard Freestyle Relay

Iowa: 7:18.90 Skolaski, Hooper, Eustis, VanKeulen, 2004  
Pool: 7:30.03 Ballard, Skowron, Heavey, Bosse, Ohio St., 1985

## 200-Yard Medley Relay

Iowa: 1:41.33 Carty, Tour, Cubelic, deBruin, 2009  
Pool: 1:44.55 Engstrom, Fry, Congdon, Wong, Northwestern, 2009

## 400-Yard Medley Relay

Iowa: 3:43.42 Skolaski, Lyle, Loehndorf, Strub, 2002  
Pool: 3:48.87 Johnson, Siow, Gelden, McClurg, Wisconsin 2007

## One-Meter Diving

Iowa: 326.55 Lisette Planken, 2005  
Pool: 326.55 Lisette Planken, 2005

## Three-Meter Diving

Iowa: 400.05 Nancilea Underwood, 2006  
Pool: 365.78 Nancilea Underwood, Iowa, 2006

## Platform Diving

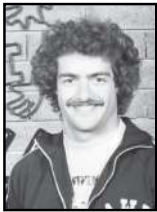
Iowa: 497.85 Laura Maldonado, 1999

### Iowa Team Records

**Best Season Record: 11-0-0 in 1984; 5-0-0 in 1978**  
**Best Finish at Big Ten Championships: Tied for 2nd in 1986**  
**Best Finish at NCAA Championships: 20th in 2003**  
**Most Big Ten Champions: 8 in 1986**  
**Most NCAA Qualifiers: 10 in 1985**  
**Most All-Americans: 8 in 1985**  
**Most Academic All-Big Ten Honorees: 17 in 2010**



# IOWA SWIMMING & DIVING



**Randy Abelman**



**Ales Abersek**



**Dragos Agache**



**B.J. Blair**



**Jory Blauer**



**Stewart Carroll**



**Krzysztof Cwalina**



**John Davey**

### 50 Freestyle

1. Dave Kohmetscher, 1989 ..... 19.66
2. Tom Williams, 1986..... 19.67
3. Krzysztof Cwalina, 1993 ..... 19.74
4. **Ryan Phelan, 2009 ..... 19.98**
5. Matt Wood, 1983 ..... 19.99
6. Steve Grams, 1989..... 20.02
7. Mark River, 1996..... 20.05
8. Dan Dumford, 1987 ..... 20.06
9. Bryan Farris, 1984 ..... 20.07
- Dan Ross, 1997 ..... 20.07

### 100 Freestyle

1. Conor Dwyer, 2009..... 43.67
2. Krzysztof Cwalina, 1994 ..... 43.84
3. **Paul Gordon, 2010 ..... 43.88**
4. Steve Grams, 1989..... 43.91
5. Matt Wood, 1983 ..... 43.96
6. Matt Smith, 1993..... 44.02
7. Jim Mulligan, 1996..... 44.04
8. **Duncan Partridge, 2010.....44.11**
9. Bryan Farris, 1984 ..... 44.21
10. **Jordan Huff, 2010..... 44.24**

### 200 Freestyle

1. Artur Wojdat, 1990.....1:33.41
2. Conor Dwyer, 2009..... 1:35.27
3. **Paul Gordon, 2010 ..... 1:36.01**
4. **Jordan Huff, 2010..... 1:36.18**
5. Graeme Brewer, 1982..... 1:36.39
6. Jay Glenn, 2001..... 1:36.39
7. Gavin Lilley, 1988 ..... 1:37.08
8. Matt Smith, 1992..... 1:37.29
9. Jim Mulligan, 1996..... 1:37.54
10. Brian Farris, 2009 ..... 1:38.44

### 500 Freestyle

1. Artur Wojdat, 1989..... 4:12.24
2. Erik Bacon, 1987 ..... 4:20.78
3. Graeme Brewer, 1982..... 4:20.80
4. Nick Divan, 2009..... 4:21.15
5. Tom Gawronski, 1989..... 4:21.21
6. John Davey, 1986 ..... 4:21.27
7. Conor Dwyer, 2009 ..... 4:22.35
8. Gavin Lilley, 1988 ..... 4:22.42
9. **Paul Gordon, 2010 ..... 4:22.55**
10. Drew Donovan, 1982..... 4:24.23

### 1,000 Freestyle

1. Artur Wojdat, 1992 ..... 8:55.03
2. Tomasz Gawronski, 1988 ..... 8:58.13
3. Gavin Lilley, 1988 ..... 9:10.46
4. John Davey, 1985 ..... 9:12.23
5. Ron McKeon, 1982 ..... 9:15.20
6. Brett Naylor, 1980 ..... 9:16.59
7. Erik Bacon, 1988 ..... 9:17.34
8. James Lorys, 1983 ..... 9:19:30
9. Jason Lathrum, 1998 ..... 9:22.47
10. Dave Anderson, 1986 ..... 9:25.61

### 1,650 Freestyle

1. Artur Wojdat, 1991..... 14:42.06
2. Tomasz Gawronski, 1991 ..... 15:04.96
3. Gavin Lilley, 1988 ..... 15:10.28
4. Nick Divan, 2009..... 15:14.78
5. Ron McKeon, 1981 ..... 15:16.48
6. James Lorys, 1983 ..... 15:27.33
7. Alan Hayes, 1985 ..... 15:30.19
8. Scott Wisner, 1980..... 15:32.80
9. Ryan Evans, 2009 ..... 15:40.35
10. Brett Naylor, 1980 ..... 15:42.46

### 100 Backstroke

1. Matt Smith, 1993..... 48.60
2. **Max Dittmer, 2010 ..... 48.75**
3. Kevin Velleca, 2004 ..... 48.86
4. Nick Hinz, 2001..... 49.11
5. Jory Blauer, 1997..... 49.28
6. Wil Whaley, 2008 ..... 49.31
7. Mike Johnson, 1992..... 49.35
8. **Byron Butler, 2010 ..... 49.45**
9. Andrei Ciurca, 2004 ..... 49.65
10. Jay Glenn, 1998..... 49.92

### 200 Backstroke

1. **Byron Butler, 2010 ..... 1:45.30**
2. Wil Whaley, 2008 ..... 1:46.11
3. Matt Smith, 1992..... 1:46.30
4. **Max Dittmer, 2010 ..... 1:46.72**
5. Nick Hinz, 2001..... 1:46.75
6. Jory Blauer, 1995 ..... 1:46.79
7. Andrei Ciurca, 2004 ..... 1:48.03
8. Bogdan Deac, 2000 ..... 1:48.04
9. Tom Roemer, 1982 ..... 1:48.23
10. Matt Young, 1992..... 1:48.55

### 100 Breaststroke

1. Dragos Agache, 2007 ..... 53.77
2. Marco Minonne, 1998 ..... 54.80
3. Andrei Prada, 2002..... 54.91
4. **Sean Hagan, 2009 ..... 54.93**
5. Cal Shelangoski, 2005..... 55.24
6. Rob Leyshon, 1990..... 55.25
7. Matt Ryan, 2009 ..... 55.54
8. Chris Brunson, 2003 ..... 55.68
9. Doug Mencl, 1989..... 55.83
10. Todd Slaybaugh, 1988 ..... 55.86

### 200 Breaststroke

1. Dragos Agache, 2007 ..... 1:58.40
2. Rob Leyshon, 1991..... 1:58.43
3. Marco Minonne, 1998 ..... 1:59.44
4. **Sean Hagan, 2010 ..... 1:59.88**
5. Chris Brunson, 2003 ..... 2:00.65
6. Cal Shelangoski, 2005..... 2:01.90
7. Andrei Prada, 2002 ..... 2:02.00
8. Paul Divan, 2005 ..... 2:02.41
9. Elliot Ptasnik, 2004 ..... 2:02.54
10. Todd Slaybaugh, 1988 ..... 2:03.34

### 100 Butterfly

1. Rafal Szukala, 1994..... 47.43
2. Ales Abersek, 2000..... 47.68
3. Marc Long, 1988..... 47.93
4. Tomasz Dzeidzic, 2002..... 48.26
5. Jason Snider, 2002 ..... 48.54
6. Joe Hayes, 1997..... 48.56
7. Mike Johnson, 1991..... 48.70
8. Nick Hinz, 2000..... 48.80
9. Nathan Keeling, 2006 ..... 48.89
10. **Paul Gordon, 2009 ..... 48.96**

### 200 Butterfly

1. Rafal Szukala, 1992..... 1:44.73
2. Ales Abersek, 2000 ..... 1:44.93
3. Rafal Szukala, 1994..... 1:45.15
4. John Davey, 1988 ..... 1:46.30
5. Mike Johnson, 1990..... 1:47.05
6. Mariusz Muras, 2004 ..... 1:47.73
7. Jason Snider, 2002 ..... 1:47.76
8. Charlie Roberts, 1981 ..... 1:48.25
9. Roland Zschiegner, 1989..... 1:48.53
10. Tyler Holcomb, 1997..... 1:48.59

### 200 Individual Medley

1. **Sean Hagan, 2010 ..... 1:47.73**
2. John Davey, 1988 ..... 1:48.02
3. **Max Dittmer, 2009 ..... 1:49.10**
4. Jory Blauer, 1997 ..... 1:49.41
5. Marco Minonne, 1998 ..... 1:49.65
6. Erik Marchitell, 1995 ..... 1:49.72
7. Tom Roemer, 1982 ..... 1:50.08
8. Roland Zschiegner, 1989..... 1:50.23
9. Mike Curley, 1985 ..... 1:50.27
10. Jason Snider, 2003 ..... 1:50.35

### 400 Individual Medley

1. John Davey, 1986 ..... 3:47.88
2. Marko Milenkovic, 2001 ..... 3:53.11
3. Erik Marchitell, 1993 ..... 3:54.72
4. Trevor Haley, 2004..... 3:55.93
5. Avi Mednick, 2000 ..... 3:56.73
6. Bogdan Deac, 1997 ..... 3:57.36
7. Mark Stori, 1987 ..... 3:57.42
8. **Donny Warren, 2010 ..... 3:57.63**
9. Mike Curley, 1983 ..... 3:58.17
10. Roland Zschiegner, 1989..... 3:58.80

### One-Meter Diving (6)

1. Timo Klami, 2004..... 358.28
2. Randy Ableman, 1981 ..... 355.60
3. Tete Gil, 1997..... 351.68
4. F. Van Dijkhuizen, 2008 ..... 333.60
5. B.J. Blair, 1995..... 329.85
6. Michael Gilligan, 2009 ..... 325.88
7. Ira Stein, 1985 ..... 323.50
8. Simon Chrisander, 2002 ..... 320.20
9. Glen Galemno, 1986..... 311.50
10. Tomasz Rossa, 1989 ..... 309.45

### One-Meter Diving (11)

1. Timo Klami, 2003..... 625.60
2. Simon Chrisander, 1999 ..... 552.45
3. Tete Gil, 1996..... 547.40
4. B.J. Blair, 1992..... 546.65
5. Vico Hidalgo, 1996..... 537.85
6. Randy Ableman, 1981 ..... 515.80
7. Jeff Stein, 1996 ..... 503.15
8. Brad Virkler, 1999 ..... 489.20
9. Mark Brown, 1994..... 499.00
10. Tomasz Rossa, 1989 ..... 473.85

Names in bold are current team members.



# IOWA SWIMMING & DIVING



**Conor  
Dwyer**



**Tomasz  
Gawronski**



**Michael  
Gilligan**



**Jay  
Glenn**



**Nick  
Hinz**



**Eric  
Kirch**



**Timo  
Klami**



**Dave  
Kohmetscher**

### Three-Meter Diving (6)

1. Randy Ableman, 1981 .....448.20
2. Timo Klami, 2003 .....389.10
3. F. Van Dijkhuizen, 2009 .....379.30
4. Vico Hidalgo, 1995 .....361.80
5. Ira Stein, 1986 .....350.78
6. Michael Gilligan, 2009 .....348.15
7. Tete Gil, 1997 .....348.08
8. B.J. Blair, 1995 .....343.80
9. Roberto Gutierrez, 2003 .....338.32
10. Tomasz Rossa, 1988 .....335.18

### Three-Meter Diving (11)

1. Timo Klami, 2004 .....608.15
2. Simon Chrisander, 1998 .....607.70
3. Randy Ableman, 1981 .....588.70
4. Tete Gil, 1996 .....576.45
5. B.J. Blair, 1991 .....556.95
6. Vico Hidalgo, 1996 .....544.60
7. Brad Virkler, 1999 .....533.30
8. Tomasz Rossa, 1989 .....533.10
9. Roberto Gutierrez, 2002 .....531.10
10. Glen Galemno, 1985 .....505.50

### Platform Diving (6)

1. Michael Gilligan, 2009 .....335.45

### Platform Diving (11)

1. B.J. Blair, 1991 .....628.90
2. Robert Gutierrez, 2003 .....498.40
3. Simon Chrisander, 2002 .....487.10
4. Timo Klami, 2002 .....464.85

### 200 Medley Relay

1. **Dittmer, Phelan, Gordon, Hagan, 2010** ..... **1:29.02**
2. Hinz, Prada, Abersek, Glenn, 2001 .....1:29.74
3. Szukala, Minnone, Hayes, Cwalina, 1995 .....1:29.78
4. Ciorca, Prada, Snider, Kazmierczak, 2003 .....1:29.83
5. Johnson, Geath, Szukala, Cwalina, 1993 .....1:29.89
6. Gazvoda, George, Beaumier, Brunson, 2001 .....1:29.93
7. Ciorca, Prada, Snider, Buys, 2002 .....1:30.27
8. Hinz, Mednick, Abersek, Glenn, 2000 .....1:30.37
9. Blauer, Minnone, Hayes, River, 1997 .....1:30.43
10. 1991 .....1:30.71

### 400 Medley Relay

1. **Dittmer, Ryan, Gordon, Partridge, 2010** ..... **3:15.37**
1. Blauer, Minnone, Szukala, Cwalina, 1995 .....3:15.86
2. Johnson, Geath, Szukala, Smith, 1993 .....3:16.23
3. Hinz, Prada, Abersek, Glenn, 2001 .....3:16.88
4. Williams, Leyshon, Long, Kohmetscher, 1989 .....3:17.13
5. Ciorca, Prada, Dziedzic, Ranstead, 2004 .....3:17.30
6. Blauer, Minnone, Hayes, Schnulle, 1997 .....3:17.60
7. **Dittmer, Hagan, J. Dragon, Partridge, 2009** ..... **3:18.27**
8. Ross, Coveney, Wood, Farris, 1984 .....3:18.49
9. Davey, Slaybaugh, Bacon, Dumford, 1987 .....3:18.70
10. Whaley, Aqache, J. Dragon, Farris, 2007 .....3:18.74



### 200 Free Relay

1. Cwalina, Szukala, Smith, Kirch, 1993 .....1:18.95
2. Cwalina, Schnulle, Mulligan, Szukala, 1995 .....1:19.02
3. Grams, Kohmetscher, Long, Kellner, 1989 .....1:19.04
4. **Phelan, Partridge, Hagan, Huff, 2010** ..... **1:19.26**
5. **Partridge, Phelan, Dwyer, Hagan, 2009** ..... **1:19.59**
6. Cwalina, Schnulle, Mulligan, Szukala, 1994 .....1:19.86
7. 1991 .....1:20.44
8. **Phelan, Partridge, Huff, Hagan, 2009** ..... **1:20.62**
9. **Partridge, Phelan, Salhus, Dwyer, 2009** ..... **1:20.95**
10. Ranstead, Dziedzic, Prada, Velleca, 2004 .....1:21.00

### 400 Free Relay

1. Cwalina, Mulligan, Stoppenhagen, Szukala, 1994 .....2:54.43
2. Cwalina, Mulligan, n/a, Szukala, 1994 .....2:55.08
3. Dwyer, **Partridge, Phelan, Gordon, 2009** ..... **2:55.19**
4. Szukala, Mulligan, Marchitell, Cwalina, 1995 .....2:55.79
5. **Gordon, Partridge, Phelan, Huff, 2010** ..... **2:56.20**
6. Smith, Kirch, Stoppenhagen, Cwalina, 1993 .....2:56.22
7. Lower, Linxwiler, Dumford, Grams, 1987 .....2:56.47
8. Grams, Kohmetscher, Wojdat, Kellner, 1989 .....2:56.63
9. 1989 .....2:56.94
10. Kohmetscher, Long, Linxwiler, Dumford, 1988 .....2:57.49

### 800 Free Relay

1. **Huff, Gordon, Partridge, Farris, 2010** ..... **6:27.66**
2. Stoppenhagen, Gawronski, Wojdat, Carroll, 1991 .....6:29.40
3. Gawronski, Carroll, Wojdat, Johnson, 1991 .....6:29.42
4. Davey, Lilley, Wilson, Bacon, 1988 .....6:30.11
5. Bacon, Stewart, Gawronski, Wojdat, 1990 .....6:31.51
6. Smith, Stoppenhagen, Szukala, Mulligan, 1993 .....6:31.72
7. Szukala, Smith, Stoppenhagen, Johnson, 1992 .....6:32.59
8. Bacon, Grams, Gawronski, Wojdat, 1989 .....6:32.69
9. Dwyer, Farris, N. Divan, Evans, 2009 .....6:32.74
10. Donovan, Harrison, Roemer, Brewer, 1982 .....6:33.51



**Marco  
Minnone**



**Jim  
Mulligan**



**Andrei  
Prada**



**Matt  
Smith**



**Dan  
Stoppenhagen**



**Rafal  
Szukala**



**Wil  
Whaley**



**Artur  
Wojdat**

Names in bold are current team members.



# IOWA SWIMMING & DIVING



Danielle Carty



Daniela Cubelic



Julie deBruin



Katelyn Eustis



Alison Gschwend



Christie Hooper



Katy Ketoff

### 50 Freestyle

1. Stacey Wertz, 2000 ..... 23.08
2. Julie deBruin, 2008 ..... 23.18
3. Allison Lyle, 2002 ..... 23.27
4. Colleen Thome, 1991 ..... 23.28
5. Becky Anderson, 1990 ..... 23.31
- Christine Kuczek, 2009 ..... 23.31
6. Katie Haeger, 2002 ..... 23.44
7. **Daniela Cubelic, 2009 ..... 23.52**
8. Nicole Widmeyer, 1994 ..... 23.54
9. Abby Van Maaren, 2004 ..... 23.54
10. Alison Gschwend, 2009 ..... 23.62

### 100 Freestyle

1. Christine Kuczek, 2008 ..... 50.21
2. Jennifer Skolaski, 2005 ..... 50.56
3. Stacey Wertz, 2001 ..... 50.79
- Daniela Cubelic, 2009 ..... 50.79**
5. Katie Martin, 2005 ..... 50.86
6. Kim Stevens, 1985 ..... 51.01
7. Erin Strub, 2003 ..... 51.12
8. Becca Schwartz, 2001 ..... 51.19
9. Karen Kelly, 2006 ..... 51.21
10. **Katarina Tour, 2010 ..... 51.23**

### 200 Freestyle

1. **Verity Hicks, 2010 ..... 1:48.93**
1. Jennifer Skolaski, 2004 ..... 1:49.07
2. Christie Hooper, 2002 ..... 1:49.43
4. Melissa Loehndorf, 2001 ..... 1:49.77
5. Christine Kuczek, 2009 ..... 1:49.92
6. Becca Schwartz, 2001 ..... 1:50.04
7. Kim Stevens, 1986 ..... 1:50.13
8. Shelly Miyamoto, 1993 ..... 1:50.34
9. Stacey Wertz, 1999 ..... 1:50.95
10. Katelyn Eustis, 2003 ..... 1:51.40

### 500 Freestyle

1. Melissa Loehndorf, 2000 ..... 4:47.21
2. Jennifer Skolaski, 2003 ..... 4:48.20
3. Jane Keating, 1987 ..... 4:50.45
4. Ileana Buciu, 1998 ..... 4:51.78
5. Ashley Dell, 2008 ..... 4:53.69
6. **Verity Hicks, 2009 ..... 4:53.94**
7. Shelly Miyamoto, 1993 ..... 4:55.94
8. Christine Kuczek, 2009 ..... 4:56.49
9. Angie Todt, 1990 ..... 4:57.08
10. Katelyn Eustis, 2003 ..... 4:57.40

### 1,000 Freestyle

1. Melissa Loehndorf, 2001 ..... 9:55.59
2. Jennifer Skolaski, 2002 ..... 9:58.53
3. Jane Keating, 1984 ..... 9:58.63
4. Angie Todt, 1990 ..... 10:04.30
5. Ileana Buciu, 1998 ..... 10:06.38
6. Christie Hooper, 2002 ..... 10:09.39
7. Ashley Dell, 2007 ..... 10:14.21
8. Katelyn Eustis, 2002 ..... 10:15.96
9. **Lauren Eytalis, 2009 ..... 10:19.72**
10. **Verity Hicks, 2009 ..... 10:22.39**

### 1,650 Freestyle

1. Melissa Loehndorf, 2001 ..... 16:27.91
2. Jennifer Skolaski, 2002 ..... 16:32.30
3. Jane Keating, 1986 ..... 16:35.02
4. Angie Todt, 1991 ..... 16:37.96
5. Ashley Dell, 2008 ..... 16:45.29
6. Ileana Buciu, 1997 ..... 16:46.25
7. Christie Hooper, 2001 ..... 17:05.49
8. **Lauren Eytalis, 2010 ..... 17:08.29**
9. **Christine Mauro, 2010 ..... 17:09.16**
10. Alison Pennington, 1993 ..... 17:16.03

### 100 Backstroke

1. Jennifer Skolaski, 2003 ..... 54.34
2. **Danielle Carty, 2010 ..... 55.17**
3. Alison Gschwend, 2008 ..... 55.39
4. **Daniela Cubelic, 2009 ..... 55.44**
5. Kelly Werner, 2006 ..... 55.53
6. **Sarah Galvin, 2010 ..... 56.43**
7. J.J. De Ath, 1993 ..... 56.75
8. Kara Schmitz, 1999 ..... 56.90
9. Loredana Zisu, 2001 ..... 57.09
10. Hilary Leigh, 2009 ..... 57.10

### 200 Backstroke

1. Jennifer Skolaski, 2004 ..... 1:57.51
2. **Daniela Cubelic, 2010 ..... 1:58.87**
3. Loredana Zisu, 2000 ..... 2:00.67
4. Kelly Werner, 2005 ..... 2:00.69
5. Alison Gschwend, 2009 ..... 2:01.61
6. Kara Schmitz, 1997 ..... 2:02.37
7. J.J. De Ath, 1993 ..... 2:02.47
8. Caitlin Girdley, 2004 ..... 2:02.55
9. **Sarah Galvin, 2010 ..... 2:02.77**
10. **Danielle Carty, 2009 ..... 2:02.96**

### 100 Breaststroke

1. **Katarina Tour, 2009 ..... 1:01.45**
2. Allison Lyle, 2002 ..... 1:02.43
3. Andrea Pennington, 2000 ..... 1:03.46
4. Julie Feingold, 2010 ..... 1:03.76
5. Emmy Haeger, 2007 ..... 1:04.33
6. Melissa Eberhardt, 1993 ..... 1:04.34
7. Alisha Stitts, 1999 ..... 1:04.59
8. Katie Haeger, 2005 ..... 1:04.77
9. Kristen Eide, 2003 ..... 1:04.78
10. Louise Keogh, 1990 ..... 1:05.17

### 200 Breaststroke

1. Allison Lyle, 2002 ..... 2:11.92
2. Alisha Stitts, 1999 ..... 2:18.19
3. Andrea Pennington, 1999 ..... 2:19.08
4. Louise Keogh, 1990 ..... 2:19.22
5. Julie Feingold, 2010 ..... 2:19.81
6. Crissy Eck, 1993 ..... 2:20.13
7. Alison Pennington, 1993 ..... 2:20.24
8. Kristen Eide, 2002 ..... 2:20.37
9. **Katarina Tour, 2008 ..... 2:20.43**
10. Sara Kunnemann, 2003 ..... 2:21.17

### 100 Butterfly

1. **Katarina Tour, 2009 ..... 54.61**
2. Kelly Werner, 2005 ..... 55.49
- Laura Mozdzen, 2010 ..... 55.49
3. Loredana Zisu, 1998 ..... 55.62
4. Nicole Widmeyer, 1994 ..... 55.76
5. Margie Chamberlin, 2007 ..... 55.96
6. Jennifer Skolaski, 2002 ..... 56.08
7. Stacey Wertz, 2000 ..... 56.24
8. Melissa Loehndorf, 2001 ..... 56.35
9. Katie Michelau, 2009 ..... 56.36
10. Mindy Schulte, 2008 ..... 57.13

### 200 Butterfly

1. Melissa Loehndorf, 2001 ..... 2:00.14
2. Loredana Zisu, 1998 ..... 2:01.71
3. Margie Chamberlin, 2007 ..... 2:02.24
4. Laura Mozdzen, 2009 ..... 2:02.86
5. Katie Michelau, 2009 ..... 2:03.66
6. Bernie Brandenburg, 1987 ..... 2:04.31
7. Jane Keating, 1984 ..... 2:04.51
8. Alison Lloyd, 1986 ..... 2:04.90
9. Pamela Capin, 1990 ..... 2:05.49
10. Emily Zywicke, 1998 ..... 2:05.66

### 200 Individual Medley

1. **Katarina Tour, 2009 ..... 2:01.33**
2. Jennifer Skolaski, 2005 ..... 2:02.93
3. Allison Lyle, 2002 ..... 2:03.48
4. Laura Mozdzen, 2010 ..... 2:05.28
5. Loredana Zisu, 1999 ..... 2:05.38
6. Julie Feingold, 2010 ..... 2:05.38
7. M. Schmerbauch, 2002 ..... 2:05.82
8. Melissa Loehndorf, 2002 ..... 2:06.02
9. Becky Sentyrz, 1992 ..... 2:06.28
10. Kelly Werner, 2006 ..... 2:06.35

### 400 Individual Medley

1. Jennifer Skolaski, 2003 ..... 4:20.14
2. Melissa Loehndorf, 1999 ..... 4:20.65
3. Loredana Zisu, 1998 ..... 4:24.26
4. Katelyn Eustis, 2002 ..... 4:26.01
5. Allison Pennington, 1993 ..... 4:26.09
6. Julie Feingold, 2009 ..... 4:26.49
7. Crissy Eck, 1990 ..... 4:27.71
8. Andrea Hemphill, 2003 ..... 4:28.57
9. Rachel Bayster, 1993 ..... 4:28.95
10. Kelsie Neubauer, 2009 ..... 4:29.07

### One-Meter Diving (6)

1. Lisette Planken, 2005 ..... 326.55
2. Nancilea Underwood, 2006 ..... 322.75
3. Terri Millmier, 1988 ..... 315.60
4. Deidre Freeman, 2009 ..... 300.90
5. Katy Ketoff, 1992 ..... 294.60
6. Anne Bowers, 1981 ..... 287.15
7. Diane Goldsworthy, 1983 ..... 286.275
8. **Veronica Rydze, 2010 ..... 281.10**
9. Kim Yager, 1991 ..... 278.55
10. Kelly Johnson, 1985 ..... 274.95

### One-Meter Diving (10)

1. Katy Ketoff, 1992 ..... 407.20
2. Kim Yager, 1991 ..... 433.55

### One-Meter Diving (12)

1. Nancilea Underwood, 2006 ..... 626.95

Names in bold are current team members.



# IOWA SWIMMING & DIVING



Christine Kuczek



Melissa Loehndorf



Allison Lyle



Lisette Planken



Jennifer Skolaski



Erin Strub



Katarina Tour

### One-Meter Diving (11)

1. Lisette Planken, 2003..... 583.55
2. Nancilea Underwood, 2003..... 541.55
3. Teresa Millmier, 1989..... 476.90
4. Kelly Johnson, 1986..... 466.62
5. Diane Goldsworthy, 1984..... 439.55
6. Kelly Johnson, 1983..... 431.10
7. Kelly McCready, 1996..... 413.75
8. Jessica Riccobono, 1994..... 413.45
9. Anne Bowers, 1982..... 399.10
10. Kelly McCready, 1994..... 394.70

### Three-Meter Diving (6)

1. Nancilea Underwood, 2006..... 400.05
2. Lisette Planken, 2005..... 332.03
3. **Deidre Freeman, 2009..... 330.98**
4. Katy Ketoff, 1991..... 315.60
5. Kelly Johnson, 1986..... 314.70
6. **Veronica Rydze, 2009..... 302.62**
7. Sara Wolchko, 2001..... 292.40
8. Terri Millmier, 1989..... 290.70
9. Anne Bowers, 1982..... 290.15
10. Kelly McCready, 1994..... 288.30

### Three-Meter Diving (11)

1. Nancilea Underwood, 2003..... 564.60
2. Lisette Planken, 2003..... 561.25
3. Kelly Johnson, 1986..... 494.65
4. Katy Ketoff, 1992..... 489.90
5. Sara Wolchko, 2001..... 480.50
6. Diane Goldworthy, 1985..... 478.44
7. Kelly McCready, 1994..... 477.35
8. Terri Millmier, 1988..... 476.90
9. Jessica Riccobono, 1995..... 472.69
10. Ann Bowers, 1982..... 463.80

### Three-Meter Diving (12)

1. Nancilea Underwood, 2006..... 658.30

### Platform Diving

1. Laura Maldonado, 1999..... 497.89
2. Katy Ketoff, 1991..... 445.67
3. Kelly McCready, 1996..... 437.95

### 200 Medley Relay

1. **Carty, Tour, Cubelic, deBruin, 2009..... 1:41.33**
2. **Carty, Tour, S. Borchers, Cubelic, 2010..... 1:42.12**
3. Skolaski, E. Haeger, Werner, K. Haeger, 2004..... 1:42.94
4. Gschwend, E. Haeger, Werner, Martin, 2006..... 1:42.95
5. Skolaski, K. Haeger, Werner, Van Maaren, 2005..... 1:43.13
6. Gschwend, Tour, Mozdzen, deBruin, 2008..... 1:43.81
7. **Carty, Tour, Mozdzen, deBruin, 2009..... 1:44.15**
8. Girdley, Lyle, Loehndorf, Strub, 2002..... 1:44.47
9. Schmitz, Lyle, Zisu, Fields, 1999..... 1:44.72
10. Fields, Pennington, Zisu, Wertz, 2000..... 1:44.76

### 400 Medley Relay

1. Skolaski, Lyle, Loehndorf, Strub, 2002..... 3:43.42
2. **Carty, Tour, Mozdzen, Kuczek, 2010..... 3:43.65**
3. **Carty, Tour, Mozdzen, Kuczek, 2009..... 3:43.73**
4. Gschwend, **Tour, Mozdzen, Kuczek, 2008..... 3:44.05**
5. Skolaski, K. Haeger, Werner, Van Maaren, 2005..... 3:44.45
6. **Cubelic, Tour, Mozdzen, Kuczek, 2009..... 3:45.13**
7. Zisu, Lyle, Wise, Wertz, 2001..... 3:46.86
8. Schmitz, Pennington, Zisu, Wertz, 1998..... 3:47.01
9. Gschwend, E. Haeger, Chamberlin, Kuczek, 2007..... 3:47.56
10. Gschwend, E. Haeger, Werner, Martin, 2006..... 3:47.64

### 200 Freestyle Relay

1. Kuczek, deBruin, **Cubelic, Gschwend, 2009..... 1:32.37**
2. Kuczek, **Cubelic, Carty, deBruin, 2010..... 1:32.91**
3. deBruin, Kuczek, Gschwend, **Tour, 2008..... 1:32.95**
4. **Cubelic, deBruin, Kuczek, Gschwend, 2009..... 1:33.10**
5. Lyle, K. Haeger, Cochran, Strub, 2002..... 1:33.30
6. Lyle, Schwartz, Fields, Wertz, 1999..... 1:33.32
7. Schulte, Martin, Hoff, Kelly, 2006..... 1:33.46
8. deBruin, Kuczek, Samples, Haeger, 2007..... 1:33.65
9. Wertz, Strub, Schwartz, Lyle, 2001..... 1:33.85
10. Van Maaren, K. Haeger, Martin, E. Haeger, 2004..... 1:33.95

### 400 Freestyle Relay

1. **Cubelic, Kuczek, Tour, Gschwend, 2009..... 3:21.27**
2. Kuczek, deBruin, **Tour, Gschwend, 2008..... 3:22.52**
3. Wertz, Schwartz, Lyle, Zisu, 2001..... 3:23.16
4. **Cubelic, Tour, Hicks, Kuczek, 2010..... 3:23.30**
5. Strub, K. Haeger, Hooper, Lyle, 2002..... 3:23.43
6. Kuczek, deBruin, **Tour, Cubelic, 2009..... 3:23.86**
7. K. Haeger, Skolaski, Hooper, Strub, 2003..... 3:24.01
8. Skolaski, Martin, Kelly, K. Haeger, 2005..... 3:24.03
9. Skolaski, Hooper, Martin, Van Maaren, 2004..... 3:24.18
10. Martin, Werner, Samples, Kelly, 2006..... 3:24.51

### 800 Freestyle Relay

1. Skolaski, Hooper, Eustis, VanKeulen, 2004..... 7:18.90
2. Kuczek, **Hicks, Gschwend, Cubelic, 2009..... 7:21.08**
3. Loehndorf, Hooper, Schwartz, Zisu, 2001..... 7:22.52
4. **Hicks, Cubelic, Eytalis, Kuczek, 2010..... 7:22.77**
5. Hooper, Girdley, Skolaski, Loehndorf, 2002..... 7:24.10
6. Hooper, Skolaski, Eustis, Girdley, 2003..... 7:24.47
7. Zisu, Buciu, Katz, Wertz, 1998..... 7:27.90
8. Schwartz, Loehndorf, Buciu, Wertz, 2000..... 7:27.95
9. Kuczek, **Cubelic, Hicks, Galvin, 2009..... 7:28.54**
10. Schwartz, Buciu, Loehndorf, Wertz, 1999..... 7:28.67

Names in bold are current team members.



Nancilea Underwood



Joyce VanKeulen



Stacey Wertz



# IOWA SWIMMING & DIVING

## 50 Free

- 1936 **Ray Walters**
- 1937 Ray Walters
- 1950 **Ed Garst**
- 1951 Ed Garst
- 1953 Richard Pennington
- 1954 Richard Pennington
- 1955 Richard Pennington
- 1957 Gary Morris
- 1958 **Gary Morris**
- 1959 Robert Pratt
- 1981 Matt Wood
- 1982 Matt Wood
- 1983 Matt Wood
- 1984 Tom Williams
- 1985 Tom Williams
- 1986 Tom Williams
- 1987 Dan Dumford
- 1989 Dave Kohmetscher
- 1993 Krzysztof Cwalina
- 1994 Krzysztof Cwalina
- 1995 Krzysztof Cwalina

## 100 Free

- 1936 Ray Walters
- 1937 Ray Walters
- 1948 **Wally Ris**
- 1949 **Wally Ris**
- 1950 Ed Garst
- 1951 Ed Garst
- 1956 James Coles
- 1957 Gary Morris
- 1958 Gary Morris

## 200 Free

- 1923 Ivan Kingman
- 1989 **Artur Wojdat**
- 1990 Artur Wojdat
- 1991 **Artur Wojdat**
- 1992 Artur Wojdat

## 220 Free

- 1929 Boyd Liddle
- 1933 Bruce Grove
- 1934 Adolph Jacobsmeyer
- 1935 Adolph Jacobsmeyer
- 1935 Jack Sieg
- 1938 Robert Christians
- 1948 Wally Ris
- 1949 Wally Ris

## 400 Free

- 1926 Standish Lambert
- 1936 Robert Christians
- 1936 Adolph Jacobsmeyer

## 440 Free

- 1933 August Anderson
- 1933 Bruce Grove
- 1934 Bruce Grove
- 1935 Adolph Jacobsmeyer
- 1936 Adolph Jacobsmeyer
- 1938 Robert Christians

## 500 Free

- 1987 Erik Bacon
- 1989 Tomasz Gawronski
- 1989 **Artur Wojdat**
- 1990 **Artur Wojdat**
- 1991 Tomasz Gawronski
- 1991 **Artur Wojdat**
- 1992 **Artur Wojdat**

## 1,500 Free

- 1934 Bruce Grove
- 1937 Robert Reed
- 1950 Donald Watson
- 1951 Donald Watson
- 1955 Ross Lucas

## 1,650 Free

- 1989 Tomasz Gawronski
- 1989 Artur Wojdat
- 1990 Tomasz Gawronski
- 1990 **Artur Wojdat**
- 1991 Tomasz Gawronski
- 1991 **Artur Wojdat**
- 1992 **Artur Wojdat**

## Backstroke

- 1922 Irving Weber

**Names in bold are NCAA Champions.**

## 100 Back

- 1955 Lincoln Hurring
- 1956 **Lincoln Hurring**
- 1958 Lincoln Hurring
- 1980 Steve Harrison
- 1981 Steve Harrison
- 1981 Tom Roemer
- 1983 David Ross
- 1984 David Ross
- 1994 Matt Smith

## 150 Back

- 1925 Ned Ashton
- 1935 R.M. Westerfield
- 1936 R.M. Westerfield
- 1937 R.M. Westerfield
- 1938 Albert Armbruster
- 1939 Francis Heydt
- 1940 Albert Armbruster
- 1946 Richard Maine
- 1948 Duane Draves
- 1949 Duane Draves



**Artur Wojdat was an 18-time all-American, 10-time Big Ten Champion, nine-time NCAA Champion and two-time Olympian at Iowa (1989-92). He won the 400 free bronze medal at the 1988 Olympic Games in Seoul, South Korea.**





# IOWA SWIMMING & DIVING

## 200 Back

1955 Lincoln Hurring  
**1956 Lincoln Hurring**  
 1958 Lincoln Hurring  
 1980 Tom Roemer  
 1981 Tom Roemer  
 1988 Rick Williams

## Breast

1934 Wilbur Wehmeyer  
 1935 Wilbur Wehmeyer

## 100 Breast

1950 Bowen Strassforth  
 1952 Bowen Strassforth  
 1990 Rob Leyshon  
 1995 Marco Minonne  
 1998 Marco Minonne

## 200 Breast

1926 Merlin Carter  
 1927 Merlin Carter  
 1927 Russell Goldman  
 1931 Rollie Evans  
 1949 Bowen Strassforth  
 1950 Bowen Strassforth  
 1990 Rob Leyshon  
 1991 Rob Leyshon  
 1998 Marco Minonne

## 220 Breast

1935 Jack Sieg  
 1952 Bowen Strassforth

## 100 Fly

1988 Marc Long  
 1989 Marc Long  
 1992 Rafal Szukala  
 1993 Rafal Szukala  
**1994 Rafal Szukala**  
 2000 Ales Abersek

## 200 Fly

1956 Glenn Johnston  
 1986 John Davey  
 1988 John Davey  
**1992 Rafal Szukala**  
 1993 Rafal Szukala  
 1994 Rafal Szukala  
 1995 Rafal Szukala  
 2000 Ales Abersek

## 150 IM

1950 Duane Draves  
 1951 Ronald Johnson  
 1953 Ronald Johnson

## 200 IM

1957 Gary Morris  
 1981 Tom Roemer  
 1986 John Davey

## 400 IM

1985 John Davey  
 1986 John Davey  
 1987 John Davey  
 1988 John Davey

## Plunge

1923 William Hickox

## Diving

1930 Wentworth Lobdell  
 1931 Wentworth Lobdell  
 1932 Wentworth Lobdell  
 1932 William McCloy  
 1933 William Busby  
 1934 Anton Zukas  
 1935 William Busby  
 1935 Arnold Christen  
 1936 Arnold Christen  
 1937 George Nissen  
 1938 Arnold Christen  
 1943 David Brockway  
 1948 David Brockway

## One-Meter Diving

1949 David Brockway  
 1951 Otto Broeder  
 1957 Jack Quick  
 1958 Estel Mills  
 1959 Jack Quick  
**1981 Randy Ableman**  
 1982 Randy Ableman  
 1988 Tomasz Rossa  
 1992 B.J. Blair  
 1995 Jose Hidalgo  
 1996 Jose Hidalgo  
 1999 Simon Chrisander  
 2004 Timo Klami

## Three-Meter Diving

1949 David Brockway  
 1950 Jack Wilson  
 1953 Otto Broeder  
 1958 Estel Mills  
 1977 Ricardo Camacho  
 1981 Randy Ableman  
 1982 Randy Ableman  
 1988 Tomasz Rossa  
 1989 Tomasz Rossa  
 1995 Jose Hidalgo  
 1996 Tete Gil  
 1997 Tete Gil  
 2000 Simon Chrisander  
 2002 Simon Chrisander  
 2003 Timo Klami  
 2004 Timo Klami

## Platform Diving

1991 B.J. Blair  
 1992 B.J. Blair  
 1994 B.J. Blair  
 1995 B.J. Blair  
 2002 Simon Chrisander

## Women's All-Americans

### 1,500 Free

2000 Melissa Loehndorf

### 100 Back

1977 Diane Jager  
 2003 Jennifer Skolaski  
 2005 Jennifer Skolaski

### 50 Breast

1980 Kerry Stewart  
 1982 Kerry Stewart

### 100 Breast

1982 Kerry Stewart  
 2001 Allison Lyle

### 200 Breast

1983 Wenche Olsen  
 1988 Christina Dieterle  
 2002 Allison Lyle

### 200 Fly

2001 Melissa Loehndorf

### 100 IM

1978 Julie Baty

### One-Meter Diving

1987 Terri Millmier  
 2003 Lisette Planken  
 2005 Nancilea Underwood  
 2006 Nancilea Underwood

### Three-Meter Diving

1981 Ann Bowers  
 1984 Diane Goldsworthy  
 2003 Nancilea Underwood  
 2005 Nancilea Underwood  
 2006 Nancilea Underwood

### Platform Diving

1991 Katy Keff  
 1992 Katy Keff  
 1999 Laura Maldonado

Names in bold are NCAA Champions.

**IOWA SWIMMING & DIVING****Men's 200 Free Relay**

- 1989 Steve Gram, Todd Kellner, Dave Kohmetscher, Marc Long  
 1992 Eric Kirch, Matt Smith, Dan Stoppenhagen, Rafal Szukala  
 1993 Krzystof Cwalina, Eric Kirch, Matt Smith, Rafal Szukala  
 1994 Krzystof Cwalina, Tim Schnulle, Dan Stoppenhagen, Rafal Szukala  
 1995 Krzystof Cwalina, Jim Mulligan, Tim Schnulle, Rafal Szukala

**Men's 200 Medley Relay**

- 1989 Rick Williams, Doug Mencl, Marc Long, Dave Kohmetscher

**Men's 300 Medley Relay**

- 1935 Adolph Jacobsmeyer, Wilbur Wehmeyer, Richard Westerfield  
 1936 Robert Christians, Wilbur Wehmeyer, Richard Westerfield  
 1937 Robert Allen, Fred Kershaw, Richard Westerfield  
 1938 Robert Allen, Francis Heydt, Robert Ed. Reed  
 1948 Duane Draves, Richard Lake, Wally Ris  
**1949 Duane Draves, Bowen Strassforth, Ervin Straub**  
 1950 Duane Draves, Lawrence Dunbar, Bowen Strassforth  
 1952 Bowen Strassforth, Wallace Nicholson, Ronald Johnson  
 1955 Lincoln Hurring, Glenn Johnston, Dennis Roberson  
 1956 James Coles, Lincoln Hurring, Glenn Johnston

**Men's 400 Free Relay**

- 1936 Robert Christians, Adolph Jacobsmeyer, Jack Sieg, Clifford Walters  
 1942 Albert Armbruster, Clyde Kemnitz, Vito Lopin, Donald Wenstrom  
 1948 Duane Draves, Ken Marsh, Wally Ris, Ervin Straub  
 1949 Robert Busch, Rusty Garst, Wally Ris, Ervin Straub  
 1950 Duane Draves, Lawrence Dunbar, Rusty Garst, Wallace Nicholson  
 1951 Rusty Garst, Richard Labahn, Keo Mana, Wallace Nicholson  
 1952 Wallace Nicholson, Labahn, Mana, Pennington  
 1955 Harold Begel, Thomas Jacobson, Richard Pennington, Robert El. Reed  
 1956 James Coles, Thomas Jacobson, Robert Pratt, Dennis Roberson  
 1981 Brent Brask, Graeme Brewer, Bryan Farris, Tom Roemer  
 1985 Steve Ferguson, Edward Lower, Martin Svensson, Tom Williams  
 1986 Dan Dumford, John Linxwiler, Edward Lower, Tom Williams  
 1987 Dan Dumford, Steve Gram, John Linxwiler, Edward Lower  
 1988 Dan Dumford, Kohmetscher, John Linxwiler, Marc Long  
 1989 Steve Gram, Todd Kellner, Dave Kohmetscher, Artur Wojdat  
 1991 Tomasz Gawronski, Eric Kirch, Dan Stoppenhagen, Artur Wojdat  
 1992 Eric Kirch, Matt Smith, Dan Stoppenhagen, Rafal Szukala  
 1993 Krzystof Cwalina, Jim Mulligan, Matt Smith, Rafal Szukala  
 1994 Krzystof Cwalina, Jim Mulligan, Dan Stoppenhagen, Rafal Szukala  
 1995 Krzystof Cwalina, Erik Marchitell, Jim Mulligan, Rafal Szukala

**Men's 440 Free Relay**

- 1933 August Anderson, George Ernst, Adolph Jacobsmeyer, Jack Sieg

**Men's 400 Medley Relay**

- 1980 Brent Brask, Hurley, Charlie Roberts, Tom Roemer  
 1981 Brent Brask, Steve Harrison, Charlie Roberts, Dan White  
 1989 Rick Williams, Doug Mencl, Marc Long, Dave Kohmetscher  
 1995 Jory Blauer, Krzystof Cwalina, Marco Minnone, Rafal Szukala

**Men's 800 Free Relay**

- 1979 Brent Brask, Ian Bullock, Brett Naylor, Charlie Roberts  
 1981 Brent Brask, Graeme Brewer, Charlie Roberts, Tom Roemer  
 1982 Steve Harrison, Tom Roemer, Drew Donovan, Bryan Farris  
 1987 Erik Bacon, John Davey, Dan Dumford, Gavin Lilley  
 1989 Erik Bacon, Tomasz Gawronski, Dave Kohmetscher, Artur Wojdat  
 1990 Erik Bacon, Stewart Carroll, Tomasz Gawronski, Artur Wojdat  
 1991 Stewart Carroll, Tomasz Gawronski, Mike Johnson, Dan Stoppenhagen, Artur Wojdat  
 1992 Matt Smith, Dan Stoppenhagen, Rafal Szukala, Artur Wojdat  
 1993 Krzystof Cwalina, Jim Mulligan, Matt Smith, Rafal Szukala  
 1994 Krzystof Cwalina, Jim Mulligan, Dan Stoppenhagen, Rafal Szukala  
 1995 Krzystof Cwalina, Erik Marchitell, Jim Mulligan, Rafal Szukala

**Women's 200 Free Relay**

- 1985 Allison Lloyd, Jennifer Petty, Kim Stevens, Donna Strilich

**Women's 200 Medley Relay**

- 1982 Jodi Davis, Martha Donovan, Kerry Stewart, Nancy Vaccaro

**Women's 400 Free Relay**

- 1985 Allison Lloyd, Jennifer Petty, Kim Stevens, Donna Strilich

**Women's 800 Free Relay**

- 1986 Bernie Brandenburg, Jane Keating, Vickie Nauman, Kim Stevens

**Names in bold are NCAA Champions.**



# IOWA SWIMMING & DIVING

## Men's Big Ten Champions

### 50 Freestyle

|                          |       |
|--------------------------|-------|
| Ray Walters, 1936        | 24.0  |
| Ed Garst, 1950           | 23.6  |
| Richard Pennington, 1955 | 23.0  |
| Gary Morris, 1958        | 22.4  |
| Gary Morris, 1959        | 22.0  |
| Jim Marshall, 1980       | 20.58 |
| Matt Wood, 1982          | 20.09 |
| Matt Wood, 1983          | 20.14 |
| Tom Williams, 1984       | 19.93 |
| Tom Williams, 1985       | 20.09 |
| Tom Williams, 1986       | 19.97 |
| Dan Dumford, 1987        | 20.30 |
| Dave Kohmetscher, 1989   | 19.97 |
| Krzysztof Cwalina, 1994  | 19.75 |
| Krzysztof Cwalina, 1995  | 19.83 |

### 100 Freestyle

|                    |       |
|--------------------|-------|
| Ray Walters, 1936  | 54.1  |
| Walter Ris, 1948   | 51.5  |
| Walter Ris, 1949   | 51.4  |
| Ed Garst, 1950     | 52.2  |
| Matt Wood, 1983    | 43.96 |
| Bryan Farris, 1984 | 44.21 |
| Tom Williams, 1986 | 44.36 |

### 200 Freestyle

|                     |         |
|---------------------|---------|
| Graeme Brewer, 1982 | 1:36.39 |
| Artur Wojdat, 1989  | 1:35.99 |
| Artur Wojdat, 1990  | 1:36.29 |
| Artur Wojdat, 1991  | 1:36.02 |
| Jay Glenn, 2000     | 1:36.84 |

### 220 Freestyle

|                  |        |
|------------------|--------|
| Walter Ris, 1948 | 2:15.3 |
|------------------|--------|

### 500 Freestyle

|                     |         |
|---------------------|---------|
| Graeme Brewer, 1981 | 4:22.50 |
| Graeme Brewer, 1982 | 4:20.80 |
| John Davey, 1985    | 4:22.25 |
| John Davey, 1986    | 4:21.27 |
| Artur Wojdat, 1990  | 4:21.29 |
| Artur Wojdat, 1991  | 4:18.51 |
| Artur Wojdat, 1992  | 4:19.99 |

### 1,650 Freestyle

|                    |          |
|--------------------|----------|
| Ron McKeon, 1981   | 15:16.48 |
| Artur Wojdat, 1990 | 15:06.05 |
| Artur Wojdat, 1992 | 15:06.93 |

### 100 Backstroke

|                       |       |
|-----------------------|-------|
| Lincoln Hurring, 1956 | 59.1  |
| Lincoln Hurring, 1958 | 58.5  |
| *Steve Harrison, 1981 | 50.54 |
| *Tom Roemer, 1981     | 50.54 |
| Tom Roemer, 1982      | 50.25 |
| David Ross, 1983      | 51.11 |
| David Ross, 1984      | 50.29 |
| * - co-champion       |       |

### 150 Backstroke

|                     |        |
|---------------------|--------|
| Richard Maine, 1946 | 1:37.4 |
|---------------------|--------|

### 200 Backstroke

|                       |         |
|-----------------------|---------|
| Lincoln Hurring, 1956 | 2:08.4  |
| Lincoln Hurring, 1958 | 2:08.2  |
| Tom Roemer, 1980      | 1:50.45 |
| Tom Roemer, 1981      | 1:49.08 |
| Tom Roemer, 1982      | 1:48.88 |
| David Ross, 1983      | 1:49.71 |
| David Ross, 1984      | 1:50.65 |

### 100 Breaststroke

|                 |       |
|-----------------|-------|
| Dan White, 1981 | 56.60 |
|-----------------|-------|

### 200 Breaststroke

|                     |        |
|---------------------|--------|
| Merlin Carter, 1926 | 2:47.2 |
|---------------------|--------|

### 100 Butterfly

|                     |       |
|---------------------|-------|
| Marc Long, 1988     | 48.18 |
| Marc Long, 1989     | 48.11 |
| Rafal Szukala, 1992 | 48.06 |
| Rafal Szukala, 1994 | 47.52 |
| Ales Abersek, 2000  | 47.68 |

### 200 Butterfly

|                       |         |
|-----------------------|---------|
| Charlie Roberts, 1980 | 1:49.83 |
| John Davey, 1986      | 1:46.35 |
| John Davey, 1988      | 1:46.30 |
| Rafal Szukala, 1992   | 1:45.17 |
| Rafal Szukala, 1994   | 1:45.15 |
| Ales Abersek, 2000    | 1:44.93 |

### 200 Individual Medley

|                   |         |
|-------------------|---------|
| Gary Morris, 1957 | 2:09.1  |
| Tom Roemer, 1981  | 1:50.52 |
| Tom Roemer, 1982  | 1:50.66 |
| Mike Curley, 1984 | 1:51.55 |
| Mike Curley, 1985 | 1:50.27 |
| John Davey, 1987  | 1:48.16 |
| John Davey, 1988  | 1:48.02 |

### 400 Individual Medley

|                  |         |
|------------------|---------|
| John Davey, 1985 | 3:52.48 |
| John Davey, 1986 | 3:48.27 |
| John Davey, 1987 | 3:50.84 |
| John Davey, 1988 | 3:49.47 |

### 60 Plunge For Distance

|                      |      |
|----------------------|------|
| William Hickox, 1924 | 19.6 |
|----------------------|------|

### Fancy Diving

|                         |        |
|-------------------------|--------|
| Wentworth Lobdell, 1930 | 90.3   |
| Wentworth Lobdell, 1931 | 100.1  |
| Wentworth Lobdell, 1932 | 119.90 |
| William Busby, 1935     | 121.12 |

### One-Meter Diving

|                     |        |
|---------------------|--------|
| Randy Ableman, 1981 | 516.00 |
|---------------------|--------|

### Three-Meter Diving

|                     |        |
|---------------------|--------|
| Randy Ableman, 1982 | 584.64 |
| Timo Klami, 2003    | 596.40 |

## Women's Big Ten Champions

### 50 Freestyle

|                     |       |
|---------------------|-------|
| Colleen Thome, 1990 | 23.56 |
|---------------------|-------|

### 100 Freestyle

|                   |       |
|-------------------|-------|
| Kim Stevens, 1985 | 51.64 |
|-------------------|-------|

### 200 Freestyle

|                   |         |
|-------------------|---------|
| Kim Stevens, 1985 | 1:50.76 |
| Kim Stevens, 1986 | 1:50.13 |

### 500 Freestyle

|                    |         |
|--------------------|---------|
| Jane Keating, 1986 | 4:50.45 |
|--------------------|---------|

### 1,650 Freestyle

|                         |          |
|-------------------------|----------|
| Melissa Loehndorf, 2000 | 16:33.95 |
|-------------------------|----------|

### 200 Breaststroke

|                    |         |
|--------------------|---------|
| Wenche Olsen, 1984 | 2:21.69 |
|--------------------|---------|

### 50 Butterfly

|                     |       |
|---------------------|-------|
| Nancy Vaccaro, 1983 | 26.26 |
|---------------------|-------|

### 200 Butterfly

|                         |         |
|-------------------------|---------|
| Melissa Loehndorf, 2001 | 2:00.14 |
|-------------------------|---------|

### One-Meter Diving

|                     |        |
|---------------------|--------|
| Kelly Johnson, 1986 | 466.62 |
|---------------------|--------|

### Three-Meter Diving

|                     |        |
|---------------------|--------|
| Kelly Johnson, 1985 | 491.94 |
| Kelly Johnson, 1986 | 487.95 |



# IOWA SWIMMING & DIVING

## Men's Relay Champions

### 300 Medley Relay

|  |        |
|--|--------|
| Iowa, 1939.....                        | 2:59.8 |
| Draves, Strassforth, Straub, 1949..... | 2:54.5 |

### 200 Freestyle Relay

|   |         |
|---|---------|
| Cwalina, Kirch, Smith, Szukala, 1993.....       | 1:18.95 |
| Cwalina, Schnulle, Mulligan, Szukala, 1994..... | 1:19.02 |
| Cwalina, Schnulle, Mulligan, Szukala, 1995..... | 1:19.69 |

### 400 Freestyle Relay

|  |         |
|--|---------|
| Straub, Marsh, Draves, Ris, 1948.....            | 3:33.4  |
| Busch, Garst, Straub, Ris, 1949.....             | 3:29.2  |
| Brask, Harrison, Roemer, Brewer, 1981.....       | 2:59.89 |
| Brewer, Roemer, Harrison, Wood, 1982.....        | 2:57.82 |
| Farris, Williams, Ferguson, Wood, 1983.....      | 2:58.51 |
| Dumford, Lower, Linxwiler, Williams, 1986.....   | 2:57.08 |
| Kohmetscher, Linxwiler, Long, Dumford, 1988..... | 2:57.49 |

### 400 Medley Relay

|   |         |
|---|---------|
| Harrison, White, Roberts, Brask, 1981.....    | 3:20.58 |
| Harrison, Rychlik, Roberts, Brewer, 1982..... | 3:21.11 |
| Ross, Coveney, Williams, Farris, 1983.....    | 3:20.35 |
| Ross, Coveney, Williams, Farris, 1984.....    | 3:18.49 |

### 800 Freestyle Relay

|  |         |
|--|---------|
| Donovan, Harrison, Roemer, Brewer, 1982.....   | 6:33.51 |
| Davey, Lilley, Wilson, Bacon, 1988.....        | 6:30.11 |
| Wojdat, Bacon, Carroll, Gawronski, 1990.....   | 6:31.51 |
| Wojdat, Johnson, Carroll, Gawronski, 1991..... | 6:29.42 |

## Women's Relay Champions

### 800 Freestyle Relay

|   |         |
|---|---------|
| Keating, Brandenburg, Lindeskog, Stevens, 1986..... | 7:29.81 |
|---|---------|

## Big Ten Championship Awards

### MEN'S AWARDS

Medal of Honor  
David Ross - 1984

### **Swimmer of the Year**

John Davey - 1985, 1986, 1987, 1988  
Artur Wojdat - 1990, 1991, 1992

### **Swimmer of the Meet**

Artur Wojdat - 1991, 1992  
Rafal Szukala - 1994  
Ales Abersek - 2000

### WOMEN'S AWARDS

Medal of Honor  
Kerry Stewart - 1983  
Jennifer Skolaski - 2005  
Nancilea Underwood - 2006

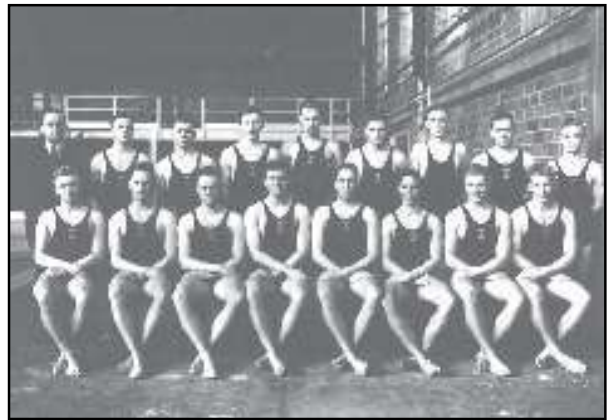
### **Diver of the Year**

Kelly Johnson - 1986

### **Diving Coach of the Year**

Bob Rydze - 1985, 1986, 1995

## Big Ten Team Champions



1936 Big Ten Team Champions



1981 Big Ten Team Champions



1982 Big Ten Team Champions



# IOWA SWIMMING & DIVING

## CSCAA All-Academic Teams

|                 |           |
|-----------------|-----------|
| Iowa Women..... | 2005-10   |
| Iowa Men.....   | 2006,2010 |

## CSCAA Men's

### All-Academic Honorees

|                        |             |
|------------------------|-------------|
| Simon Chrisander.....  | 1999-00     |
| Krzysztof Cwalina..... | 1994-95     |
| <b>Sean Hagan.....</b> | <b>2010</b> |
| Andy Miner.....        | 2008        |
| Rob Leyshon.....       | 1989-90     |
| Matt Ryan.....         | 2010        |

## CSCAA Women's

### All-Academic Honorees

|                             |               |
|-----------------------------|---------------|
| Becky Anderson.....         | 1988-89, 1990 |
| Grace Borchers.....         | 2010          |
| Ileana Buciu.....           | 1988-89, 2001 |
| Julie deBruin.....          | 2008          |
| <b>Daniela Cubelic.....</b> | <b>2010</b>   |
| Ashley Dell.....            | 2008          |
| Katelyn Eustis.....         | 2003-04       |
| Caitlyn Girdley.....        | 2003          |
| Alison Gschwend.....        | 2008          |
| Chelsea Hoff.....           | 2006          |
| Karen Kelly.....            | 2005-06       |
| Katy Ketoff.....            | 1991-92       |
| Christine Kuczek.....       | 2010          |
| Katie Martin.....           | 2006          |
| Laura Mozdzen.....          | 2008          |
| Lisette Planken.....        | 2003          |
| Robin Samples.....          | 2006          |
| Jennifer Skolaski.....      | 2004-05       |
| <b>Katarina Tour.....</b>   | <b>2008</b>   |
| Nancilea Underwood.....     | 2005-06       |
| Joyce VanKeulen.....        | 2004          |

## NCAA Woman of the Year Finalist

|                        |      |
|------------------------|------|
| Jennifer Skolaski..... | 2005 |
|------------------------|------|

Names in bold are current team members.

## Men's Academic

### All-Big Ten Honorees

|                |            |
|----------------|------------|
| Dan Abel.....  | 1997, 1999 |
| Rob Adams..... | 2009       |

|                         |                |
|-------------------------|----------------|
| Nigel Ali.....          | 1987           |
| Clint Anderson.....     | 1996-98        |
| Erik Bacon.....         | 1988           |
| Jory Blauer.....        | 1995-97        |
| Alex Boyce.....         | 2003-05        |
| Chris Brunson.....      | 2002-03        |
| Simon Chrisander.....   | 1999-00, 2002  |
| Chris Courts.....       | 1997           |
| Krzysztof Cwalina.....  | 1994-95        |
| Drew DeLashmutt.....    | 2007-00        |
| Max Dittmer.....        | 2009-10        |
| Nick Divan.....         | 2007, 2009-10  |
| James Dragon.....       | 2009           |
| Chris Duffin.....       | 1994           |
| Cameron Dye.....        | 2004-06        |
| Jacob Everhart.....     | 1996-98        |
| Brian Farris.....       | 2008-10        |
| Tomasz Gawronski.....   | 1989-91        |
| Chris George.....       | 2001-03        |
| Bill Gillaspie.....     | 1996-98        |
| Michael Gilligan.....   | 2010           |
| <b>Paul Gordon.....</b> | <b>2010</b>    |
| Keith Gunderson.....    | 1992-93        |
| Roberto Gutierrez.....  | 2001-03        |
| <b>Sean Hagan.....</b>  | <b>2009-10</b> |
| Eric Hahn.....          | 2003, 2005     |
| Todd Hamer.....         | 1994-96        |
| Bryan Hill.....         | 2009-10        |
| Tyler Holcomb.....      | 1996-98        |
| Aaron Kahn.....         | 1999-00        |
| Nathan Keeling.....     | 2006-08        |
| Timo Klami.....         | 2002-03        |
| Mark Kohmetscher.....   | 1988-90        |
| Jason Kolfenbach.....   | 1998-2000      |
| Andy Kopacz.....        | 2000           |
| Knut Landboe.....       | 1990           |
| Jonathan Landon.....    | 2004-06        |
| Andrej Lenert.....      | 2006-08        |
| Rob Leyshon.....        | 1989-91        |
| Joe Lureau.....         | 2003-04        |
| Marko Milenkovic.....   | 1999           |
| Andy Miner.....         | 2007-09        |
| Marco Minnone.....      | 1996-98        |
| Matt Maulding.....      | 2001-02        |
| Jake Moore.....         | 2007-10        |
| J.J. Patton.....        | 1991-93        |
| James Patla.....        | 1997-98        |
| <b>Ryan Phelan.....</b> | <b>2010</b>    |
| Natan Pheil.....        | 2003-05        |
| Elliot Ptasnik.....     | 2003-05        |

|                          |             |
|--------------------------|-------------|
| Marc River.....          | 1995-97     |
| Steve Rivers.....        | 1994-96     |
| Jake Roos.....           | 1994        |
| Dan Ross.....            | 1996        |
| Tomasz Rossa.....        | 1988        |
| Dale Rudow.....          | 1996        |
| Matt Ryan.....           | 2008-10     |
| Josh Seykora.....        | 1995-98     |
| Cal Shelangoski.....     | 2003-05     |
| John Singer.....         | 2002-04     |
| Todd Smith.....          | 1992        |
| Chris Smyser.....        | 1997        |
| Jason Snider.....        | 2002-04     |
| Jeff Stein.....          | 1995-97     |
| Mark Stori.....          | 1987-88     |
| Todd Trappe.....         | 1989-90     |
| <b>Brian Tremml.....</b> | <b>2010</b> |
| Tom Troia.....           | 1987        |
| Seth Tweedy.....         | 2007        |
| Artur Wojdat.....        | 1989-92     |

## Women's Academic All-Big Ten Honorees

|                             |             |
|-----------------------------|-------------|
| Anna Acosta.....            | 1995-96     |
| Rebecca Anderson.....       | 1988-90     |
| Erin Beesley.....           | 2000        |
| Marie Blanchard.....        | 1988        |
| Grace Borchers.....         | 2010        |
| <b>Sophie Borchers.....</b> | <b>2010</b> |
| Laura Borgelt.....          | 1992-94     |
| Bernie Brandenburg.....     | 1987-88     |
| Pam Broad.....              | 1992-94     |
| Ileana Buciu.....           | 1998-2000   |
| Dana Burkhardt.....         | 1998        |
| Marisa Burkhardt.....       | 1998-2000   |
| Liane Burton.....           | 1992-94     |
| <b>Danielle Carty.....</b>  | <b>2010</b> |
| Pam Capin.....              | 1990, 1992  |
| Jennine Cota.....           | 1996        |
| Sara Cotter.....            | 1998        |
| Sherrill Crow.....          | 1992-93     |
| <b>Daniela Cubelic.....</b> | <b>2010</b> |
| Dana Davidson.....          | 2010        |
| Julie deBruin.....          | 2008-10     |
| Katie Decker.....           | 1990-92     |
| Ashley Dell.....            | 2009        |
| Sheila Dempsey.....         | 1989        |
| Lynn Dustin.....            | 1995-97     |
| Christine Eck.....          | 1993        |
| Kristen Eide.....           | 2003-05     |



# IOWA SWIMMING & DIVING

|                            |                |
|----------------------------|----------------|
| Katelyn Eustis.....        | 2003-05        |
| Regan Fields.....          | 2000           |
| Julie Feingold.....        | 2008-10        |
| <b>Deidre Freeman.....</b> | <b>2008-09</b> |
| Stacy Friedlund.....       | 1991-93        |
| Therese Gannon.....        | 1994           |
| Stacie Gilleo.....         | 1991-92        |
| Caitlin Girdley.....       | 2003-05        |
| Tracy Golden.....          | 1991-93        |
| Alicia Graziano.....       | 2000           |
| Alison Gschwend.....       | 2007-08        |
| Katie Haeger.....          | 2003-05        |
| Deb Hamling.....           | 1991           |
| Heather Hall.....          | 2007           |
| Lisa Haunz.....            | 2001-04        |
| Kendra Helfter.....        | 1987-88        |
| Andrea Hemphill.....       | 2004-06        |
| <b>Verity Hicks.....</b>   | <b>2009-10</b> |
| Emily Hoefler.....         | 2007           |
| Stephanie Homewood.....    | 1998-2000      |
| Christie Hooper.....       | 2002, 2004     |
| Lisa Hovey.....            | 1992-93        |
| Stacia Johns.....          | 2008-10        |
| Tracy Juncker.....         | 1991-93        |
| Elizabeth Katz.....        | 1999-2000      |
| Karen Kelly.....           | 2004-06        |
| Katie Koenig.....          | 2004-06        |
| Louise Keogh.....          | 1988-90        |
| Katy Ketoff.....           | 1990-92        |
| Jennifer Knapp.....        | 1995-96        |
| Amy Krone.....             | 1989-90        |
| Christine Kuczek.....      | 2009-10        |
| Sara Kunnemann.....        | 2003           |
| Marsha Landowski.....      | 1993           |
| Hilary Leigh.....          | 2008-10        |
| Meredith Lewis.....        | 1991-93        |
| Lyndsey Lewman.....        | 1997-99        |
| Sophie Lindeskog.....      | 1987           |
| Amy Lindgren.....          | 1989           |
| Allison Lloyd.....         | 1987           |
| Brittany Logan.....        | 2010           |
| Allison Lyle.....          | 2001-02        |
| Deb Lynch.....             | 1989-90        |
| Jennifer Maehl.....        | 1994-95        |
| Laura Maldonado.....       | 2000-02        |
| Katie Martin.....          | 2005-06        |
| Kelly McCready.....        | 1996-97        |
| Katie Michelau.....        | 2008-10        |
| Terri Millmier.....        | 1989           |
| Kristin Mills.....         | 1994           |

|                             |                |
|-----------------------------|----------------|
| Shelley Miyamoto.....       | 1991-93        |
| Jackie Molzahn.....         | 2002-04        |
| Laura Mozdzen.....          | 2008-10        |
| Nicole Nemmers.....         | 2006-07        |
| <b>Kelsie Neubauer.....</b> | <b>2010</b>    |
| Ann Nollau.....             | 2001           |
| Erin Petty.....             | 2005-07        |
| Lisette Planken.....        | 2003, 2005     |
| Vicki Ramseyer.....         | 1987-89        |
| <b>Veronica Rydze.....</b>  | <b>2009-10</b> |
| Robin Samples.....          | 2005-07        |
| Michele Schmerbauch.....    | 2003           |
| Kara Schmitz.....           | 1999           |
| Rebecca Schwartz.....       | 1999-2001      |
| Michelle Sentyrz.....       | 1992-93        |
| Meghan Sievertsen.....      | 2007-09        |
| Jennifer Skolaski.....      | 2003-05        |
| Kimberly Stevens.....       | 1988           |
| Alisha Stitts.....          | 1998-2000      |
| Jennifer Swan.....          | 1989           |
| Angela Teigland.....        | 1995           |
| Kelly Tellschow.....        | 1997-99        |
| Angie Todt.....             | 1991           |
| <b>Katarina Tour.....</b>   | <b>2009-10</b> |
| Nancilea Underwood.....     | 2003, 2005-06  |
| Abby Van Maaren.....        | 2003-05        |
| Cristina Vintila.....       | 1998-2000      |
| Jane Wentzien.....          | 1989           |
| Nicki Wex.....              | 2008-09        |
| Nicole Widmyer.....         | 1994           |
| Holly Wilkinson.....        | 1996-97        |
| Deb Wirth.....              | 1991           |
| Loredana Zisu.....          | 1999-2001      |
| Emily Zywicke.....          | 1999-2000      |

### Men's Big Ten Swimmer of the Month

Artur Wojdat.....March 1992

### Men's Big Ten Swimmer of the Week

|                            |                     |
|----------------------------|---------------------|
| Jay Glenn.....             | Dec. 15, 1998       |
| Jay Glenn.....             | Dec. 8, 1999        |
| <b>Richard Salhus.....</b> | <b>Jan. 8, 2008</b> |
| Conor Dwyer.....           | Oct. 14, 2008       |
| Conor Dwyer.....           | Jan. 27, 2009       |

Names in bold are current team members.

### Men's Big Ten Diver of the Week

|                           |               |
|---------------------------|---------------|
| Simon Chrisander.....     | Dec. 15, 1998 |
| Roberto Gutierrez.....    | Nov. 20, 2001 |
| Roberto Gutierrez.....    | Nov. 5, 2002  |
| Timo Klami.....           | Nov. 19, 2002 |
| Timo Klami.....           | Jan. 28, 2003 |
| Timo Klami.....           | Oct. 28, 2003 |
| Timo Klami.....           | Nov. 25, 2003 |
| Timo Klami.....           | Jan. 26, 2004 |
| Frank Van Dijkhuizen..... | Oct. 17, 2006 |
| Frank Van Dijkhuizen..... | Oct. 23, 2007 |
| Frank Van Dijkhuizen..... | Oct. 30, 2007 |
| Frank Van Dijkhuizen..... | Jan. 29, 2008 |
| Frank Van Dijkhuizen..... | Jan. 27, 2009 |
| Frank Van Dijkhuizen..... | Oct. 27, 2009 |

### Women's Big Ten Swimmer of the Week

|                          |                      |
|--------------------------|----------------------|
| Stacy Wertz.....         | Dec. 15, 1998        |
| Loredana Zisu.....       | Feb. 10, 1999        |
| Loredana Zisu.....       | Dec. 5, 2000         |
| Stacy Wertz.....         | Dec. 12, 2000        |
| Jennifer Skolaski.....   | Dec. 10, 2001        |
| Jennifer Skolaski.....   | Feb. 12, 2002        |
| Jennifer Skolaski.....   | Jan. 28, 2003        |
| Jennifer Skolaski.....   | Feb. 12, 2003        |
| Kelly Werner.....        | Dec. 13, 2005        |
| Robin Samples.....       | Feb. 7, 2006         |
| Alison Gschwend.....     | Dec. 12, 2006        |
| Christine Kuczek.....    | Dec. 16, 2008        |
| <b>Verity Hicks.....</b> | <b>Dec. 15, 2009</b> |

### Women's Big Ten Diver of the Week

|                            |                      |
|----------------------------|----------------------|
| Sara Wolchko.....          | Dec. 15, 1998        |
| Laura Maldonado.....       | Dec. 10, 2001        |
| Lisette Planken.....       | Jan. 28, 2002        |
| Lisette Planken.....       | Nov. 19, 2002        |
| Lisette Planken.....       | Jan. 28, 2003        |
| Lisette Planken.....       | Feb. 6, 2003         |
| Lisette Planken.....       | Oct. 26, 2004        |
| Nancilea Underwood.....    | Nov. 9, 2004         |
| Nancilea Underwood.....    | Nov. 16, 2004        |
| Nancilea Underwood.....    | Oct. 18, 2005        |
| Nancilea Underwood.....    | Oct. 25, 2005        |
| Nancilea Underwood.....    | Dec. 13, 2005        |
| <b>Deidre Freeman.....</b> | <b>Nov. 11, 2008</b> |
| <b>Veronica Rydze.....</b> | <b>Jan. 19, 2010</b> |



# IOWA SWIMMING & DIVING

## Armbruster/Patton MVP Award

The David Armbruster/Glenn Patton MVP Award is named in honor of two Hawkeye coaches. Armbruster was Iowa's first swimming coach (1917-1958). Patton coached the Hawkeyes from 1976-1998 and is Iowa's all-time winningest coach with a career record of 168-63. It is presented to the men's most valuable swimmer.

- 1993.....Matt Smith
- 1994.....Rafal Szukala
- 1995.....Rafal Szukala
- 1996.....Marco Minnone
- 1997.....Jory Blauer
- 1998.....Marco Minnone
- 1999.....Marko Milenkovic
- 2000.....Ales Abersek/Avi Mednick/  
Jason Willer
- 2001.....Jay Glenn, Dave Mazur
- 2002.....Andrei Prada/Jason Snider/  
Cal Shelangoski
- 2003.....Cameron Dye/Jason Snider
- 2004.....Trevor Haley
- 2005.....Cal Shelangoski
- 2006.....Dragos Agache
- 2007.....Dragos Agache
- 2008.....Conor Dwyer
- 2009.....Conor Dwyer
- 2010.....Paul Gordon**

## “Lobby” Lobdell Award

The Wentworth “Lobby” Lobdell Award is presented annually to the top men's diver. Lobdell was a three-time Big Ten champion and all-American on the 1-meter board from 1930-32.

- 1995.....Vico Hidalgo
- 1996.....Tete Gil
- 1997.....Tete Gil
- 1998.....Simon Chrisander
- 1999.....Simon Chrisander
- 2000.....Simon Chrisander
- 2001.....Roberto Gutierrez
- 2002.....Timo Klami/Simon Chrisander
- 2003.....Timo Klami
- 2004.....Timo Klami
- 2007.....Michael Gilligan
- 2008.....Frank Van Dijkhuizen
- 2009.....Michael Gilligan

- 2010.....Michael Gilligan

## Irving B. Weber Award

The Irving B. Weber Award is presented annually to a men's team member who displays outstanding leadership. Weber was Iowa's first swimming all-American in 1922.

- 1994.....Dan Stoppenhagen
- 1995.....B.J. Blair
- 1996.....Todd Harvey
- 1997.....Marc River
- 1998.....Tyler Holcomb
- 1999.....Jason Kolfenbach
- 2000.....Jason Kolfenbach
- 2001.....Chris Brunson
- 2002.....Chris George
- 2003.....Chris George
- 2004.....Jason Snider
- 2005.....Cameron Dye
- 2006.....Cameron Dye
- 2007.....Andrej Lenert
- 2008.....Jake Moore
- 2009.....Ryan Evans
- 2010.....Max Dittmer**

## Alison Pennington Haddon Strength of Character Award

The Alison Pennington Haddon Strength of Character Award is presented to the women's team member who exemplifies the qualities of integrity, authenticity, dedication, work ethic, perseverance, loyalty, encouragement and leadership. Alison Pennington Haddon competed for the Hawkeyes from 1990-94. She was killed in a car accident in 2003.

- 2003.....Nancilea Underwood
- 2004.....Christie Hooper
- 2005.....Katelyn Eustis
- 2006.....Karen Kelly
- 2007.....Stacia Johns
- 2008.....Ashley Dell
- 2009.....Daniela Cubelic**
- 2010.....Laura Mozdzen

## Strength & Conditioning Achievement Award

- 2009.....Nick Divan/Stacia Johns
- 2010.....MaxDittmer/Chrstine Kuczek

## Jim Marshall Award

The Jim Marshall Award is presented annually to the “senior who has contributed the best of his athletic ability to the Iowa men's swimming team.” Marshall was a Big Ten champion for the Hawkeyes in 1980.

- 1983.....Matt Wood
- 1984.....David Ross
- 1985.....Chris Coveney
- 1986.....Tom Williams
- 1987.....Ole Vold
- 1988.....John Davey
- 1989.....Rick Williams
- 1990.....Knut Landboe
- 1991.....Rob Leyshon
- 1992.....Stewart Carroll
- 1993.....Matt Young
- 1994.....Mark Brown
- 1995.....Krzysztof Cwalina/Jim Mulligan
- 1996.....Vico Hidalgo
- 1997.....Todd Harvey
- 1998.....Bill Gillaspie
- 1999.....Dan Abel
- 2000.....Mark Fastabend
- 2001.....Nick Hinz
- 2002.....Marko Milenkovic
- 2003.....Chris Brunson
- 2004.....Andrei Prada
- 2005.....Elliot Ptasnik
- 2006.....Trevor Haley
- 2007.....Seth Tweedy
- 2008.....Nathan Keeling
- 2009.....Drew DeLashmutt
- 2010.....Nick Divan

## Women's Swimming Team MVP

- 2001.....Melissa Loehndorf
- 2003.....Jennifer Skolaski
- 2004.....Jennifer Skolaski
- 2005.....Jennifer Skolaski
- 2006.....Kelly Werner
- 2007.....Christine Kuczek
- 2008.....Christine Kuczek/Katarina Tour
- 2009.....Katarina Tour**
- 2010.....Katarina Tour**

## Nancilea Underwood Women's Diving Team MVP

- 2009.....Deidre Freeman**
- 2010.....Veronica Rydze**



# IOWA SWIMMING & DIVING

## Men's Results

| Opponent.....               | First Mtg.      | W-L-T          |
|-----------------------------|-----------------|----------------|
| Alabama .....               | 1977 .....      | 1-6-0          |
| Army Air Forces .....       | 1944 .....      | 0-0-1          |
| Augustana .....             | 1970 .....      | 2-0-0          |
| Ball State .....            | 1996 .....      | 1-0-0          |
| Bowling Green .....         | 1998 .....      | 1-0-0          |
| Bradley .....               | 1976 .....      | 8-0-0          |
| California .....            | 1980 .....      | 1-1-0          |
| Carleton .....              | 1931 .....      | 4-0-0          |
| Chicago .....               | 1920 .....      | 14-5-0         |
| Chicago State .....         | 1977 .....      | 3-0-0          |
| Cincinnati .....            | 1998 .....      | 1-0-0          |
| Colorado .....              | 1970 .....      | 1-0-0          |
| Drake .....                 | 1930 .....      | 1-0-0          |
| Drury .....                 | 2007 .....      | 1-0-0          |
| Evansville .....            | 1966 .....      | 1-0-0          |
| Florida .....               | 1992 .....      | 0-1-0          |
| Gustavus Adolphus .....     | 1934 .....      | 1-0-0          |
| Harvard .....               | 1988 .....      | 1-0-0          |
| Hawaii .....                | 1986 .....      | 2-1-0          |
| Illinois .....              | 1923 .....      | 25-22-2        |
| Illinois-Chicago .....      | 2006 .....      | 0-1-0          |
| Illinois State .....        | 1977 .....      | 1-0-0          |
| Illinois Tech .....         | 1945 .....      | 1-0-0          |
| Indiana .....               | 1925 .....      | 13-21-0        |
| Iowa State .....            | 1917 .....      | 18-14-0        |
| Kansas .....                | 1961 .....      | 6-1-0          |
| Kansas State .....          | 1966 .....      | 1-0-0          |
| Louisville .....            | 2007 .....      | 0-1-0          |
| Louisiana State .....       | 1987 .....      | 1-0-0          |
| Michigan .....              | 1927 .....      | 3-28-0         |
| <b>Michigan State .....</b> | <b>1950 ...</b> | <b>7-22-0</b>  |
| Milwaukee AC .....          | 1942 .....      | 1-0-0          |
| <b>Minnesota .....</b>      | <b>1920 .</b>   | <b>39-45-0</b> |

| Opponent.....                    | First Mtg.       | W-L-T          |
|----------------------------------|------------------|----------------|
| <b>Missouri .....</b>            | <b>1967 ....</b> | <b>7-4-0</b>   |
| <b>Missouri State .....</b>      | <b>2006 ....</b> | <b>1-1-0</b>   |
| Monmouth .....                   | 1969 .....       | 1-0-0          |
| Nazareth .....                   | 2006 .....       | 1-0-0          |
| Nebraska .....                   | 1930 .....       | 16-11-0        |
| Niagra .....                     | 1998 .....       | 1-0-0          |
| N.E. Louisiana .....             | 1995 .....       | 0-0-0          |
| Northern Colorado .....          | 1972 .....       | 1-0-0          |
| Northern Illinois .....          | 1968 .....       | 6-2-0          |
| Northern Iowa .....              | 1972 .....       | 14-1-0         |
| Northern Michigan .....          | 1970 .....       | 1-0-0          |
| <b>Northwestern .....</b>        | <b>1920 .</b>    | <b>38-25-1</b> |
| <b>Notre Dame .....</b>          | <b>2005 ....</b> | <b>0-1-0</b>   |
| Ohio State .....                 | 1948 .....       | 3-11-0         |
| Penn State .....                 | 1993 .....       | 2-4-0          |
| Purdue .....                     | 1946 .....       | 30-17-0        |
| Saint Cloud State .....          | 2005 .....       | 1-0-0          |
| South Carolina .....             | 1984 .....       | 2-0-0          |
| South Dakota .....               | 2002 .....       | 2-0-0          |
| Southern Illinois .....          | 1982 .....       | 9-9-0          |
| SIU-Carbondale .....             | 1977 .....       | 8-7-0          |
| Stanford .....                   | 1980 .....       | 1-0-0          |
| SW Minnesota .....               | 1974 .....       | 3-0-0          |
| Texas A&M .....                  | 1987 .....       | 2-0-0          |
| Texas-Arlington .....            | 1978 .....       | 1-0-0          |
| <b>Truman State .....</b>        | <b>2003 ....</b> | <b>7-0-0</b>   |
| USC .....                        | 1983 .....       | 0-1-0          |
| Washington (Mo.) .....           | 1929 .....       | 2-0-0          |
| <b>Western Illinois .....</b>    | <b>1971 ....</b> | <b>9-1-0</b>   |
| Western Michigan .....           | 1972 .....       | 1-0-0          |
| <b>Wisconsin .....</b>           | <b>1924 .</b>    | <b>48-34-0</b> |
| <b>Wisconsin-Milwaukee .....</b> | <b>2006 ....</b> | <b>3-0-0</b>   |
| Wyoming .....                    | 1992 .....       | 1-0-0          |

## Women's Results

| Opponent.....                    | First Mtg.       | W-L-T          |
|----------------------------------|------------------|----------------|
| Alabama .....                    | 1981 .....       | 0-1-0          |
| Alaska .....                     | 1985 .....       | 1-0-0          |
| Brigham Young .....              | 1990 .....       | 1-0-0          |
| Drury .....                      | 2003 .....       | 2-0-0          |
| Etobicoke .....                  | 1988 .....       | 0-1-0          |
| Grinnell .....                   | 1976 .....       | 2-0-0          |
| Hawaii .....                     | 1988 .....       | 8-1-0          |
| Houston .....                    | 1981 .....       | 0-1-0          |
| <b>Illinois .....</b>            | <b>1976 .</b>    | <b>10-12-0</b> |
| Illinois-Chicago .....           | 2006 .....       | 1-0-0          |
| Illinois State .....             | 1977 .....       | 20-1-0         |
| Indiana .....                    | 1987 .....       | 4-9-1          |
| <b>Iowa State .....</b>          | <b>1979 ..</b>   | <b>21-11-0</b> |
| IUPUI Swim Club .....            | 1984 .....       | 1-0-0          |
| Kansas .....                     | 2000 .....       | 4-2-0          |
| Kansas State .....               | 1975 .....       | 0-1-0          |
| Louisville .....                 | 2007 .....       | 0-1-0          |
| Miami (OH) .....                 | 2002 .....       | 1-0-0          |
| Michigan .....                   | 1986 .....       | 2-5-0          |
| <b>Michigan State .....</b>      | <b>1981 ....</b> | <b>7-7-0</b>   |
| <b>Minnesota .....</b>           | <b>1977 ...</b>  | <b>6-22-1</b>  |
| <b>Missouri .....</b>            | <b>1981 ....</b> | <b>4-6-0</b>   |
| <b>Missouri State .....</b>      | <b>2006 ....</b> | <b>2-0-0</b>   |
| Nazareth .....                   | 2006 .....       | 1-0-0          |
| Nebraska .....                   | 1975 .....       | 4-7-0          |
| Nevada-Reno .....                | 2008 .....       | 0-1-0          |
| Northern Illinois .....          | 1981 .....       | 12-0-0         |
| <b>Northern Iowa .....</b>       | <b>1975 ...</b>  | <b>12-1-0</b>  |
| <b>Northwestern .....</b>        | <b>1977 ....</b> | <b>3-7-0</b>   |
| <b>Notre Dame .....</b>          | <b>2001 ....</b> | <b>0-2-0</b>   |
| Ohio State .....                 | 1985 .....       | 7-4-0          |
| Oklahoma .....                   | 1981 .....       | 0-1-0          |
| Pacific .....                    | 1999 .....       | 1-0-0          |
| Penn State .....                 | 1992 .....       | 1-7-0          |
| Purdue .....                     | 1980 .....       | 5-10-0         |
| St. Cloud State .....            | 2005 .....       | 1-0-0          |
| South Dakota .....               | 2002 .....       | 1-0-0          |
| Southern Illinois .....          | 1978 .....       | 3-5-0          |
| Tippicannone Sw. Club .....      | 1984 .....       | 1-0-0          |
| <b>Truman State .....</b>        | <b>2002 ....</b> | <b>8-0-0</b>   |
| Utah .....                       | 1990 .....       | 1-0-0          |
| Villanova .....                  | 1989 .....       | 1-0-0          |
| <b>Western Illinois .....</b>    | <b>1978 ...</b>  | <b>10-2-0</b>  |
| <b>Wisconsin .....</b>           | <b>1978 ..</b>   | <b>11-22-0</b> |
| <b>Wisconsin-Milwaukee .....</b> | <b>2006 ....</b> | <b>3-0-0</b>   |

*Teams in bold are 2010-11 opponents.*





# IOWA SWIMMING & DIVING



"My experience at Iowa was exceptional. I'm extremely proud to be a Hawkeye (and to have married one). I hope that one day our kids will follow in their parents' footsteps. While at Iowa not only did I receive a first rate education and compete on an elite level, I had the time of my life. I made lifelong friends and always look forward to returning to Iowa City. The University of Iowa prepared me well for medical school and a rewarding career."

**Katy (Ketoff) Fethke, M.D.**  
**B.S., Exercise Physiology, 1992**  
**Ophthalmologist/Ophthalmic Surgeon in Boise, ID**



"Memories and opportunities, both personally and professionally, are the greatest gifts that I took with me from the University of Iowa. I formed friendships that will last a lifetime and have memories that will keep me laughing and smiling for even longer. The dedication, determination and drive that I developed as a student-athlete have opened doors for me as I pursue my career as an engineer. Attending a university as an athlete develops skills and

teamwork that are priceless in the workforce and will pay off in endless opportunities. It's great to be a Hawkeye!"

**Beth Katz**  
**B.S. Engineering, 2001**  
**Associate Engineer in the Assembly & Logistics Group at the Caterpillar Technical Center**



"I will always view the years I spent within the academic and athletic facilities of the University of Iowa as some of the most rewarding and enjoyable times of my life. Looking back, I now realize how valuable the skill sets provided to me by the coaches and educators at Iowa have become in my daily activities. Acting as the managing partner of an engineering firm that operates in the City of Chicago's most demanding and competitive construction market, requires that I continuously push the

limits of my physical and intellectual abilities. I am convinced the foundation for this commitment level was built during the pursuit and award of both my engineering degree and four-year letterman recognition at the University of Iowa."

**Ronald G. Kaminski**  
**President, HBK Engineering, LLC**  
**Chicago, IL**



"The University of Iowa and the Hawkeye swimming program opened the doors to the world, which I continue to walk through as I interact with colleagues and friends around the globe almost daily. I am proud of my tenure as a Hawkeye swimmer because of all the quality people I developed friendships with that continue today. As a high school student athlete from Iowa, I once naively thought I might need to leave the state of Iowa to obtain a high quality and unique student athlete experience.

The 17 years since I became a Hawkeye has proven that I could not have been more wrong.

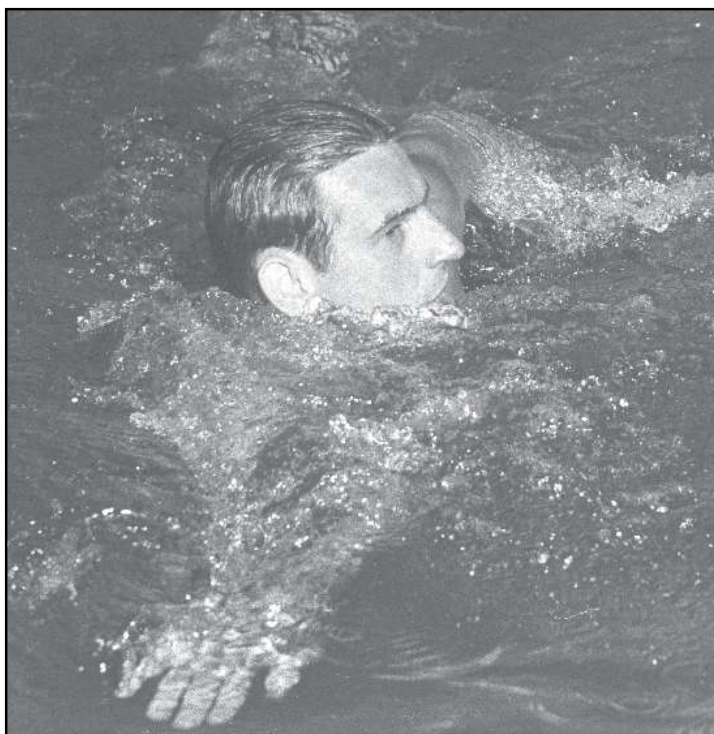
As a close friend and former teammate of Coach Long, I am excited about the future of Hawkeye swimming. Marc's unique passion for the University of Iowa and the swimming programs in particular will provide an outstanding experience for all involved in the future of Hawkeye Swimming. It is truly an exciting time to be a Hawkeye."

**Todd Trappe, Ph.D.**  
**Associate Professor, Human Performance Lab**  
**Ball State University**  
**Class of '91**



# IOWA SWIMMING & DIVING

|                                      |  |                                   |                                       |
|--------------------------------------|--|-----------------------------------|---------------------------------------|
| Abel, Dan..... 1996-99               | Ashton, Ned..... 1924-25               | Bextine, Ralph ..... 1964-65      | Carpenter, Jeff ..... 1970-72         |
| Abelman, Randy ..... 1978, 81-82     | Austin, James ..... 1957               | Bigger, Hal ..... 1964-65         | Carroll, Stewart..... 1989-92         |
| Abersek, Ales..... 1999-02           | Bachmann, Boris ..... 1990-91          | Billups, Nate ..... 2002-05       | Carter, Merlin ..... 1926-28          |
| Adams, Grant ..... 1977-78           | Bacon, Erik ..... 1987-90              | Blades, James ..... 1970, 72-73   | Carter, Richard ..... 1969            |
| Adams, Rob..... 2008-09              | Bane, Loren..... 1922                  | Blair, B.J. .... 1991-95          | Cartland, John ..... 1984             |
| Agache, Dragos..... 2005-07          | Bareisa, Walter ..... 1940             | Blauer, Jory..... 1994-97         | Cartwright, James..... 1969-71        |
| <b>Ahlberg, Andy ..... 2010</b>      | Barnes, Tim ..... 1967-68              | Block, Warren ..... 1970          | Choplin, Brian*..... 1993-96          |
| Ahlgren, Carl..... 1939-41           | Barr, Bob..... 1972-74                 | Blumer, John..... 1972-75         | Chrisander, Simon ..... 1998-00, 2002 |
| Ali, Nigel Karim..... 1986-88        | Beaumier, Bill..... 2001               | Blumthal, John..... 2006          | Christen, Arnold..... 1936, 38        |
| Allard, Carl..... 1971               | Bech, Tim ..... 1942-43                | Bodine, Dr. Roy ..... 1931-33     | Christensen, Chuck ..... 2008         |
| Allen Jr., Robert..... 1969          | Becker, Robert..... 1942-43            | Bogart, John ..... 1991-92        | Christensen, Thomas P. .... 1953      |
| Allen, Robert..... 1936-38           | Bedrick (Biedrzycki), Leo..... 1940-42 | Bohmann, Sarah* ..... 1997-98     | Christians, Robert..... 1936-38       |
| Ammann Sr., Dr. George A. .... 1932  | Beer, Tom ..... 1991                   | Bond, Wilbert..... 1920           | Christianson, Tom..... 1957           |
| Anderson, August ..... 1933-35       | Begel, Harold..... 1956-57             | Booth, Mark ..... 1991-92         | Ciurca, Andrei ..... 2002-05          |
| Anderson, Clint..... 1995-98         | Bell, James ..... 1928                 | Boswell Jr., William..... 1945-46 | Claerhout, William ..... 1959-61      |
| Anderson, Dave..... 1987-89          | Bender, W..... 1929                    | Bowling, Bruce..... 1970          | Clark, Brad* ..... 1989               |
| Anderson, Don..... 1962              | Bennett, Mitchell ..... 1977           | Boyce, Alex..... 2002-05          | Clark, John* ..... 2000               |
| Anneberg, W.A. .... 1919-20          | Berg, James ..... 1928                 | Boyd, John..... 1950              | Clarke, Robert ..... 1937-38          |
| Ardelean, Erik..... 1988-89          | Berge, Edward..... 1947, 49            | Boyd, John R. .... 1950           | Clarke, Ross ..... 1923               |
| Arkfeld, Joe..... 1970-73            | Bergman, William ..... 1969-70         | Boynton, Douglas ..... 1921       | Close, Tad..... 1934                  |
| Armbruster, Dr. Albert ..... 1938-40 | Bernstein, Stanley ..... 1958          | Bradshaw, Homer ..... 1936        | Cohoe, Daniel..... 1947-48            |
| Ashby, Cade ..... 2005               | Berry, Ronald..... 1964-66             | Brandon, Benjamin..... 1937, 39   | Cohrs, Brad* ..... 1994               |
|                                      |  | Brask, Bent..... 1978-81          | Cole, Chester..... 1946               |
|                                      |  | Breckner, Chris*..... 1981-84     | Coles, James..... 1956, 58-59         |
|                                      |  | Bremer, Charles..... 1938-40      | Connell, Nick ..... 1947              |
|                                      |  | Brewer, Graeme ..... 1981-82      | Cook, James..... 1963-65              |
|                                      |  | Brinkley, Brian..... 1995-98      | Cook, Robert ..... 1970               |
|                                      |  | Brix, Brian ..... 1996-99         | Courts, Chris..... 1996-97            |
|                                      |  | Brockway, David ..... 1943, 48-49 | Coveney, Chris ..... 1982-85          |
|                                      |  | Broeder Jr., Otto ..... 1951-53   | Craig, Martin J. .... 1978-79         |
|                                      |  | Brooker, George ..... 1991        | Craiger, James ..... 1943             |
|                                      |  | Brown, Craig..... 1985            | Cramer, Robert..... 1961              |
|                                      |  | Brown, Lyle ..... 1943            | Crockett, David ..... 1975            |
|                                      |  | Brown, Mark ..... 1991-94         | Cromwell, Thomas..... 1961            |
|                                      |  | Brown, Robert..... 1919-20        | Crookham, Joe ..... 1928-30           |
|                                      |  | Brunson, Chris..... 2001-03       | Cupp, James ..... 1941                |
|                                      |  | Buck, Mike ..... 1987-90          | Curley, Michael ..... 1983-85         |
|                                      |  | Buckley, John A. .... 1973-76     | Cutler, Lester ..... 1960-62          |
|                                      |  | Bullock, Ian ..... 1978-81        | Cwalina, Krzysztof..... 1993-95       |
|                                      |  | Bullock, Erin* ..... 1998         | Davey, John..... 1985-88              |
|                                      |  | <b>Butler, Byron ..... 2010</b>   | Davidson, James E..... 1957-59        |
|                                      |  | Brunson, Chris..... 2001          | Davis, Kevin..... 1976-77             |
|                                      |  | Busby, William ..... 1933-35      | Deac, Bogdan..... 1996-97, 99-00      |
|                                      |  | Busch, Robert..... 1949-50        | DeLashmutt, Drew..... 2006-09         |
|                                      |  | Butcher, Forrest..... 1997        | Deppe, Raymond M..... 1917            |
|                                      |  | Buys, Jay ..... 2002              | Derrickson, Adam ..... 1991           |
|                                      |  | Cady, Wayne ..... 1946            | Dissington, Keith..... 1977-78        |
|                                      |  | Camacho, Richardo..... 1977-78    | <b>Dittmer, Max ..... 2008-10</b>     |
|                                      |  | Carlson, Ray..... 1959-61         | Divan, Nick ..... 2006-07, 2009-10    |
|                                      |  | Carpenter, Dave ..... 1988-89     | Divan, Paul ..... 2004-06             |



*Wally Ris is Iowa's only Olympic gold medalist, winning the 100 free at the 1948 games in London, England. He was a seven-time all-American for the Hawkeyes, winning Big Ten and national titles in the 100 free in 1948 and 1949.*



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|                                 |                                   |                                     |                                     |
|---------------------------------|-----------------------------------|-------------------------------------|-------------------------------------|
| Donovan, Drew..... 1982         | Gerber, Edmond ..... 1940         | Henrysson, Fred ..... 1992-94       | Kaminski, Ron ..... 1988-91         |
| Doran, Robert..... 1968         | Gil, Jesus..... 1994-97           | Heydt, Francis ..... 1938           | Kanter, William..... 1964-66        |
| Doss, Ken%.....                 | Gillaspie, William ..... 1995-98  | Hicklin, Mike ..... 1999            | Karaffa, Nicholas ..... 1940-41, 43 |
| Dotson, Russell ..... 1940      | Gillberg, Alan ..... 1954         | Hickox, Warren ..... 1923-24        | Karlsrud, Steve ..... 1982          |
| Dragon, Alex..... 2008-09       | Gilligan, Michael ..... 2007-10   | Hildago, Jose..... 1992-96          | Katalinich, Dan .....               |
| Dragon, James ..... 2006-09     | Gilski, Pawel.....2010            | Higgins, Albert (Bud)..... 1952-54  | Katz, Ralph M. .... 1945-46         |
| Draper, Richard# .....          | Glatts, Bernard ..... 1917        | <b>Hill, Bryan..... 2008-10</b>     | Kazmierczak, Konrad .... 2003-04    |
| Draves, Duane L..... 1947-50    | Glenn, Jay ..... 1998-01          | Hill, Frank ..... 1956              | Kearney, Raymond ..... 1966-68      |
| Draves, Ernest..... 1939        | Goldman, Russell ..... 1927       | Hines, Bradon..... 1993-94          | Keating, Kevin ..... 1970-73        |
| Duffin, Chris..... 1992-93      | Goltman, John ..... 1922-24       | Hinz, Nick ..... 1998-01            | Keeling, Nate..... 2005-08          |
| Dumford, Dan ..... 1986-89      | <b>Gordon, Paul ..... 2009-10</b> | Hise, William..... 1966-67          | Keith, Richard ..... 1949-50        |
| Dunbar, Lawrence ..... 1950     | Gorrell, James ..... 1972-75      | Hitchcock, Gilbert ..... 1966-67    | Kellner, Todd..... 1987-90          |
| Dunton, Allen ..... 1936        | Gottsch, John ..... 1943          | Hoefft, Lee ..... 1951-52           | Kemnitz, Clyde ..... 1941-43        |
| Dwyer, Conor..... 2008-09       | Gottsch, Dr. Joseph ..... 1944    | Hoegh, Leo A..... 1929              | Kennedy, Charlie# ..... 1977-80     |
| Dye, Cameron ..... 2003-06      | Graettinger, Mark..... 1977-80    | Hoffman, Harry ..... 1925           | Kennedy, Timothy J. .... 1977-79    |
| Dziedzic, Tomasz..... 2004      | Graff, Lorin..... 1924-25         | Hoffnagle, Dennis ..... 1948        | Kern, Herbert..... 1951             |
| Eastburn, Glen..... 1917        | Gram, Steve ..... 1987-89         | Holcomb, Tyler..... 1995-98         | Kern, Ronrick..... 1974-76          |
| Eaton, Paul ..... 1976-78       | Grey, Gary ..... 1963-65          | Holleran, David..... 1953           | Kerrigan, Jay ..... 1980-81         |
| Ellett, John..... 1978          | Griesbach Jr., Henry..... 1948-51 | Holmwood, Donald ..... 1943         | Kershaw, Fred ..... 1937-39         |
| Ellis, Earl..... 1956-58        | Griffin, Marlin ..... 1923-24     | Holzworth, Peter ..... 1983-84      | Keyes, Alfred ..... 1927            |
| Emerson, Earl..... 1924         | Grosser, Ernest..... 1961         | Homan, Merle ..... 1944             | Khoo, Nick ..... 1994-97            |
| Engler, Paul*..... 1988-91      | Grove, Bruce ..... 1933-34        | Horst, Mike ..... 1965              | Kieck, William ..... 1954           |
| Ernst, George ..... 1934-35     | Grow, Bradford ..... 1933-34      | Hovenden, Todd ..... 1985           | Killebrew, Robert ..... 1927        |
| Evans, Evan ..... 1930-31       | Gunderson, Keith..... 1991-94     | Huebner, Wayne A..... 1958          | Kincaid, Dale ..... 1952            |
| Evans, Ryan ..... 2008-09       | Hackey, Cody....2002-03, 2005-06  | <b>Huff, Jordan ..... 2010</b>      | Dell, Cindy King* ..... 1978-79     |
| Everhart, Jacob ..... 1998-98   | Hackney, Thad..... 1997-00        | <b>Hugo, Zane ..... 2008-10</b>     | King, Frederick ..... 1926-28       |
| Faiella, David%.....            | Haffner, James ..... 1972-75      | Hupfer, Jeff ..... 1997             | Kingsley, Ted ..... 1968            |
| Farris, Brian ..... 2007-10     | Hahn, Eric..... 2002-03, 2005     | Hurley, Allen..... 1934             | Kirch, Eric ..... 1990-93           |
| Farris, Bryan ..... 1981-84     | <b>Hagan, Sean ..... 2008-10</b>  | Hurley, Mike#..... 1977-80          | Klami, Timo..... 2002-04            |
| Fastabend, Mark..... 1997-00    | Haines, Kevin ..... 1977-78       | Hurring, Lincoln ..... 1955-58      | Klasson Jr., Charles..... 1977-78   |
| Fellows, John.....              | Haley, Trevor ..... 2003-06       | Huting, Paul ..... 1947-50          | Klingman, Ivan J. .... 1923-24      |
| Ferguson, Steve ..... 1982-85   | Hall, Anna*..... 2002-05          | Hyman, Mike..... 1987-89            | Kohmetscher, David ..... 1988-89    |
| Flood, Brad%..... 1989-92       | Halldorson, Jonas..... 1945-46    | Jacobsmeier, Adolph C. .... 1934-36 | Kohmetscher, Mark..... 1987-90      |
| Forney, Roy ..... 1920-21       | Hamburger, Marty* ..... 1987-90   | Jacobson, Mark ..... 1976           | Kolfenbach, Jason..... 1997-00      |
| Forrest, James..... 1942        | Hamer, Todd ..... 1993-96         | Jacobson, Dr. Thomas.... 1955-57    | Kopacz, Andrew* ..... 1999-00, 2002 |
| Forrester, Ricky ..... 1973     | Hanapel, Alvin..... 1919          | Janss, Robert ..... 1932            | Korte, Robert..... 1947, 49         |
| Fosdick, Tom ..... 1980-81      | Hark, William ..... 1949-51       | Jensen, Viggo..... 1966-68          | Krizan, Kim*..... 1974              |
| Freas, Sam (Coach) .....        | Harrison, Steve..... 1979-82      | Jilek, Mack..... 1999               | Kryder, Ralph..... 1967             |
| Freed, Tim ..... 1981-84        | Harvey, Todd..... 1994-97         | Johann, Albert..... 1939            | Kubat, Jeff ..... 2004-06           |
| Fruehling, Larry ..... 1959-60  | Haskins Jr., Harry ..... 1931, 33 | Johnson, Dwight..... 1940-41        | Kutsch, Nikolas..... 1953           |
| Fuller, Craig ..... 1982-84     | Haskins, Fred ..... 1935-37       | Johnson, Mike ..... 1991-93         | Kutyna, Donald ..... 1953           |
| Fuller, Pat ..... 2000          | Haskins, Harry ..... 1931, 33     | Johnson, Ronald..... 1951-53        | Labahn, A Donald ..... 1952-54      |
| Funcke, Jeff*..... 2007-10      | Hayes, Alan ..... 1983-85         | Johnston, Glenn ..... 1954-56       | Labahn, Richard ..... 1951-52       |
| Gaeth, Brad ..... 1990-93       | Hayes, Joe..... 1994-97           | Jones, Brad ..... 2007-10           | Lake, John ..... 1947-48            |
| Gage, Gerrard ..... 1923        | Hayes, Lawrence..... 1939         | Jones, James ..... 1965-66          | Lake, Morse..... 1925               |
| Galemmo, Glen ..... 1984-87     | Heid, Howard..... 1960            | Jones, Joel ..... 1957-59           | Lake, Richard ..... 1947-48         |
| Garst, Ed "Rusty"..... 1949-51  | Heintzman, Jeff..... 1976-77      | Jones, John ..... 1963-64           | Lambert, John..... 1925-26          |
| Gawronski, Tomasz ..... 1989-91 | Heintzman, John..... 1976-79      | Jones, Robert ..... 1941            | Lambert, Richard..... 1932          |
| Gazvoda, Gregg ..... 2001-04    | Helm, Doug..... 1989-92           | Jurgensen, Reynold P.....           | Landboe, Knute ..... 1987-90        |
| George, Chris ..... 2000-03     | Henry, Dale#.....                 | Kahn, Aaron..... 1997-00            | Lando, David ..... 1928             |



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|                         |             |                             |                     |                               |             |                            |                |
|-------------------------|-------------|-----------------------------|---------------------|-------------------------------|-------------|----------------------------|----------------|
| Landon, Jonathan.....   | 2003-06     | Martin, Herbert.....        | 1951                | Mohoney, Edward.....          | 1941-42     | Patton, Marcia*.....       | 1987-90        |
| Larimore, Ogilvie.....  | 1948-49     | Massey, Steve.....          | 1978-79             | Monohan, Paul.....            | 1965-67     | Pearson, Kent.....         | 1976-77        |
| Larsen, Robert.....     | 1929-30     | Massey, Wayne.....          | 1978-79             | Mood, Dr. Dale.....           | 1962        | Pegg, Edward.....          | 1970           |
| Latona, Peter.....      | 1947        | Matsu, Mike.....            | 1992-93             | Moore, Clarence.....          | 1941, 43    | Pennington, Richard D..... | 1952-55        |
| Laughlin, Ralph.....    | 1962-64     | Matters, Robert.....        | 1947                | Moore, Jake.....              | 2007-10     | Petersen, A.G.....         | 1928-30        |
| Lehman Jr., Herman..... | 1949-51     | Mattusch, Donald.....       | 1959                | Moore, Tom.....               |             | Petersen, Mike.....        | 1964-66        |
| Leibrand, Dan.....      | 1991-93     | Matz, Eric.....             | 1961-62             | Moorehead, Lisa*.....         |             | Pheil, Natan.....          | 2002-05        |
| Lenert, Andrej.....     | 2005-08     | Maulding, Matt.....         | 2000, 2002          | <b>Moran, Kevin.....</b>      | <b>2010</b> | <b>Phelan, Ryan.....</b>   | <b>2009-10</b> |
| Leonard, Dr. J.P.....   | 1954        | Maurue, James.....          | 1962                | Morris, Gary.....             | 1957-59     | Phillips, Jonathon R.....  | 1970-73        |
| Leonard, Larry.....     | 1954        | Maxwell, Peter.....         | 1965                | Morrow, Jamie.....            | 1988-91     | Piatt, Robert.....         |                |
| Levitski, Dale.....     | 1993-96     | Mayes, Steve.....           | 1990                | Moscrip, Karl.....            | 1976-77     | Picchiotto, Joe.....       | 1983           |
| Levois, Maurice.....    | 1966-68     | Mazur, David.....           | 2001-04             | Mower, Penfield.....          | 1948        | Pins, Mike.....            | 1985-87        |
| Levois, Michael.....    | 1963-65     | McCall, Brad.....           | 1973-75             | Mu, Xiang Hao#.....           |             | Plager, Doug.....          | 1982-85        |
| Leyshon, Robert.....    | 1988-91     | McCarthy, Jim.....          | 1981-82             | Mullahey, Edward.....         | 1952-54     | Porter, Bradley.....       | 1974           |
| Liddle, Boyd.....       | 1929        | McClintock, James P.....    | 1933-35             | Mulligan, Jim.....            | 1992-95     | Porter, Douglas.....       | 1969-70        |
| Lilley, Gavin.....      | 1986-88     | McClintock, John.....       | 1925-27             | Mummey, John.....             | 1968-70     | Poulos, George.....        | 1939-41        |
| Linxwiler, John S.....  | 1986-88     | McClintock, Phillips J..... | 1933-35             | Munro, Scott.....             | 1978        | Povilaitis, Alfred.....    | 1941           |
| Litzinger, Mike%.....   |             | McCloy, William.....        | 1932-33             | Muras, Mariusz.....           | 2004        | Powell, James.....         | 1971-74        |
| Lloyd, Harvey.....      | 1929        | McCulley, Dr. William.....  | 1930-31             | Nash, Joe.....                | 1980-81     | Prada, Andrei.....         | 2001-04        |
| Lobdell, Wentworth..... | 1930-32     | McCullough, James.....      | 1956                | Nash, Kathy.....              | 1983-84     | Pratt, Robert.....         | 1956-59        |
| Lonergan, John.....     | 1998-01     | McCullough, William A.....  | 1923                | Naylor, Brett.....            | 1978-81     | Presler, Francis.....      | 1932           |
| Loftus, Joe.....        | 1996-97     | McCune, Richard II.....     | 1969                | Naylor, Myrel.....            |             | Prochaska, Mark.....       | 1971           |
| Logan, Clyde.....       | 1960        | McDonald, William.....      | 1947-48             | Nelson, Sherman.....          | 1954        | Ptasnik, Elliot.....       | 2002-05        |
| Long, Marc.....         | 1987-89     | McGuire Sr., Jack.....      | 1931-32             | Nestrud, Charles.....         | 1971-74     | Quick, John.....           | 1956-59        |
| Lopin, Vito.....        | 1941-43, 47 | McGuire, Vincent.....       | 1950-52             | Nestrud, Richard.....         | 1968-70     | Quindt, Brad.....          | 1995           |
| Lorys, James.....       | 1981-84     | McKee, John.....            | 1973-74             | Nestrud, Thomas.....          | 1964-65     | <b>Radtke, Tommy ...</b>   | <b>2009-10</b> |
| Lounsbury, Arthur.....  | 1941-43     | McKeon, Ron.....            | 1981                | Nichols, Craig.....           | 1963-64     | Ranstead, Pete.....        | 2004           |
| Lowell, I. Allen.....   | 1930        | McNamee, DDS Robert.....    | 1959-60             | Nicholsen, Kathy*.....        | 1981-82     | Reed, Robert Edward.....   | 1936-38        |
| Lower, Edward.....      | 1985-87     | Meadows, Rob.....           | 1991-92             | Nicholson, Wallace.....       | 1950-52     | Reed, Robert Elmer.....    | 1954-56        |
| Lowry, Robert.....      | 1938        | Medberry, John.....         | 1979                | Nielson, Stephen.....         | 1931-33     | Reig, Donald.....          | 1974-76        |
| Lowry, William.....     | 1938        | Medglia, Steve.....         | 2004                | Noble, Dave.....              | 1975-76     | Renner-Arjes, Ian.....     | 2000           |
| Lucas, Buddy.....       | 1952-56     | Mednick, Avi.....           | 1997-00             | Noon, T. Cyril.....           | 1942        | Reno Jr., Walter.....      | 1947           |
| Lullo, Robert.....      | 1975-78     | Meers, Mark.....            | 1984-87             | Norman, Hubert D.....         | 1943-44     | Reusswig, David.....       | 1971           |
| Lureau, Joe.....        | 2002-05     | Meis, Dr. Lee.....          | 1944-45             | Nower, Penfield.....          | 1948        | Rhodes, Patrick.....       | 1960-62        |
| Lutz, James.....        | 1926        | Mencl, Doug.....            | 1988-91             | Nybaln, Hans.....             | 1929        | Richardson, Rod.....       | 1972-73        |
| Magnussen, Evan.....    | 1931        | Meyer, Dr. Bertrand.....    | 1933                | O'Mahoney, Jack.....          | 1939        | Rieler, Robert.....        | 1944           |
| Maher, Michael.....     | 1983-84     | Meyerhoff, William.....     | 1960-62             | O'Neil, John.....             | 1977-78     | Ris, Walter.....           | 1947-49        |
| Mahl, Chester.....      | 1933        | Milenkovic, Marko.....      | 1998-99,<br>2001-02 | Olsen, Anders.....            | 1990-92     | River, Ian.....            | 1995           |
| Maine, Richard.....     | 1946-49     | Miles, Dan.....             | 1993                | Officer, Michael.....         | 1999        | River, Marc.....           | 1994-97        |
| Mana, Keo.....          | 1951-53     | Miller, Jon.....            | 1964                | Orbell, David.....            | 1985        | Rivers, Steve.....         | 1993-96        |
| Marble, Edwin.....      | 1926, 28    | Miller, Dr. William.....    | 1945                | Otten, Tammy*.....            | 1981        | Robbins, James.....        | 1961-63        |
| Marble, Dr. W.P.....    | 1925        | Mills, Estel.....           | 1957-59             | Paca, Suzanne*.....           | 1981        | Roberson, Dennis.....      | 1954-56        |
| Marchitell, Eric.....   | 1992-95     | Minonne, Marco.....         | 1995-98             | <b>Partridge, Duncan.....</b> |             | Roberts, Charlie.....      | 1979-82        |
| Markwalter, Bruce.....  | 1974        | Miner, Andy.....            | 2006-09             | <b>2009-10</b>                |             | Roemer, Tom.....           | 1980-84        |
| Markwalter, Thomas..... | 1971-74     | Miner, Kenneth R.....       | 1956                | Patla, James A.....           | 1996-98     | Rogers, John.....          | 1975-76        |
| Marsh, Ken.....         | 1946-49     | Mitchell, Charles III.....  | 1959-61             | Patla, Mike.....              | 1998        | Roos, Jake*.....           | 1993-94        |
| Marshall, Charles.....  | 1967-69     | Mitvalsky, John F.....      | 1967                | Patterson, Earl.....          | 1945        | Roseman, Joseph (III)..... | 1965           |
| Marshall, George.....   | 1967-69     | Mitvalsky, Milo.....        | 1931                | Pattie, James.....            | 1927        | Ross, Dan.....             | 1994-97        |
| Marshall, Jim.....      | 1979-80     | Mohl, Raymond.....          | 1930-32             | Patton, Glenn.....            | Coach       | Ross, Dave.....            | 1981-84        |
| Martin, Douglas.....    | 1970-72     |                             |                     | Patton, James J. (J.J.).....  | 1987-90     | Ross, Nikki*.....          | 1991-92        |



# IOWA SWIMMING & DIVING

|                                    |                                     |                                       |                                     |
|------------------------------------|-------------------------------------|---------------------------------------|-------------------------------------|
| Ross, Dr. Warren ..... 1933        | Snell, George H. .... 1930          | Turley, Dallas ..... 1980-82          | Wenstrom, Rev. Donald ..... 1940-42 |
| Rossa, Tomasz ..... 1988-90        | Snider, Jason ..... 2001-04         | Tweedy, Seth ..... 2003, 2005-07      | Wessels, Seth ..... 2007-09         |
| Rouse, Richard ..... 1954-55       | Soracco, Dixon ..... 1987           | Tyler, Lee ..... 1917                 | Westerfield, Richard ..... 1935-37  |
| Rovane, Steven ..... 1974-76       | Sorenson, Adel ..... 1926           | Urich, Al ..... 1979-80               | Whaley, Wil ..... 2007-08           |
| Rowe, Alvin G. .... 1955           | Sorensen, Ryan ..... 1998-99        | Van Dijkhuizen, Frank ..... 2008-10   | White, Dan ..... 1981               |
| Rowland, Bryan ..... 2002-05       | Stanger, David ..... 1975           | Van Havern, Arthur ..... 1946         | Whittemore, Donald ..... 1959, 61   |
| Royce, Merle ..... 1964            | Stanley, Al ..... 1946              | Van Horn, Rolland ..... 1928          | Wicklander, Andrew ..... 1996-98    |
| Rudow, Dale ..... 1994-96          | Stark, John ..... 1938              | Vandewater, David ..... 1953-54       | Wildblood, Lynn ..... 1966          |
| Rudy, Tom ..... 1983-84            | Stassforth, Bowen .... 1949-50, 52  | Vargon, Victor ..... 1940-42          | Wilkins, Chris* ..... 1990-93       |
| Ruschmeyer, Max ..... ..           | Stein, Ira ..... 1983-85            | Velleca, Kevin ..... 2003-04          | Willer, Jason ..... 1997-00         |
| Ryan, Matt ..... 2007-10           | Stein, Jeff ..... 1993-94, 96-97    | VerBurg, Bruce ..... 1984-85          | Williams, Artie ..... 1983-84       |
| Rychlik, Ted ..... 1980-82         | Stein, Randall ..... 1972           | Verink, Tyler ..... 2007-09           | Williams, Koudy ..... ..            |
| Sadewater, Henry ..... 1945        | Stein, Robert A. .... 1953-55       | Verner, Jay ..... 1972-75             | Williams, Rick ..... 1986-89        |
| <b>Salhus, Richard .. 2008-10</b>  | Stewart, Dr. Charles ..... 1925, 28 | Villa, George# ..... ..               | Williams, Tom ..... 1983-85         |
| Saxton, Bill ..... ..              | Stoppenhagen, Dan ..... 1991-94     | Vining, James II ..... 1971           | Willis, Marlin ..... 1969           |
| Scheda, John ..... 1966-68         | Stori, Mark ..... 1985-87           | Virkler, Brad ..... 1996-99           | Wilson, Donald ..... 1977-80        |
| Schenck, Alan ..... 1966-68        | Stouer, R. .... 1922                | Vokolek, Dennis ..... 1961-63         | Wilson, Jack ..... 1948, 50         |
| Schmitt, Mark ..... 2002           | Stranglen, Ernest ..... 1943        | Vold, Andreas ..... 1983              | Wilson, John ..... 1987-90          |
| Schmitz, Karl ..... 1983           | Straub, Ervin ..... 1943, 47-49     | Vold, Ole ..... 1984-87               | Wilwerding, Doug ..... 1982         |
| Schnulle, Tim ..... 1994-97        | Strbac, Damjan ..... 2008           | Wadlington, G.E. .... 1960-62         | Wisner, Scott ..... 1979-82         |
| Schorgl, Marshall ..... 1971-74    | Sundberg, Eugene ..... 1943         | Wadley, Bil# ..... ..                 | Wojdat, Artur ..... 1989-92         |
| Schraeder, Brian* ..... 1988       | Svensson, Martin ..... 1983-85      | Wagy, Rich ..... ..                   | Wood, Matt ..... 1981-83            |
| Schubert, Josh ..... 2007-10       | Swanson, Terry ..... 1967-69        | Walters, Bernard ..... 1944-46        | Wood, Shannon ..... 1973-76         |
| Schueckler, Norman J.# ..... ..    | Sweitzer, Robert ..... 1938         | Walters, Clifford R. .... 1936-37, 39 | Wright, Dr. Marvin ..... 1930       |
| Schurman, Timothy ..... 1980       | <b>Swibes, Sean ..... 2010</b>      | <b>Warren, Donny ..... 2010</b>       | Wyllie, Charles ..... 1926          |
| Schutte, Harvey ..... 1963         | Synhorst, Robert ..... 1966-68      | Watson, Donald ..... 1950-52          | Yap, Anthony ..... 1981-84          |
| Sears, Jay ..... 1936-37           | Syverud, John ..... 1945            | Webber, Donald D. .... 1934           | Yim, George ..... 1951-52           |
| Secor, Allyn ..... 1998            | Szukala, Rafal ..... 1992-95        | Weber, Irving ..... 1919, 21          | Yocum, Daniel III ..... 1966        |
| Seykora, Josh ..... 1995-98        | Taylor, Jeffrey ..... 1978          | Weber, Willis ..... 1951-53           | Young, Matt ..... 1990-93           |
| <b>Shanahan, Mitchell ... 2010</b> | <b>Taylor, Mitch ..... 2010</b>     | Weeks, Cooper ..... 1961              | Zakrzewski, Richard ..... 1947      |
| Shaw, John ..... 1957              | Teeters, Otis ..... ..              | Wehmeyer, Wilbur ..... 1934-36        | Zastrow, Keith ..... 1958           |
| Shean, Steven Lee ..... 1975-77    | Tennes, Joseph ..... 1937           | Weidlein, Ivan F. .... 1920           | Zingerman, Joel ..... ..            |
| Sheckler, Gilbert ..... 1946       | Tesla, William ..... 1938           | <b>Weigand, Patrick ..... 2010</b>    | Zschiegner, Roland ..... 1988-91    |
| Shelangoski, Cal ..... 2002-05     | Theobald, Abbie* ..... 2000-01      | Weinheimer, Scott* ..... 2003, 2007   | Zukas, Anton ..... 1934             |
| Shephard, Scott ..... 1991         | Thompkins, R.E. .... 1931           |                                       |                                     |
| Sheperd, Illif ..... 1921          | Thompson, Paul ..... 1944           |                                       |                                     |
| Shurman, Mark ..... 1980           | Thousand, T.L.* ..... 1983-84       |                                       |                                     |
| Siefers, Kyle ..... 2008           | Throckmorton, Tom ..... 1965-66     |                                       |                                     |
| Sieg, Jack G. .... 1934-36         | Titus, Brad ..... 1974              |                                       |                                     |
| Sieh, Greg ..... 1969              | Tolentino Jr., Vincente ..... 1959  |                                       |                                     |
| Singer, John ..... 2001-04         | Towne, Doug ..... 1983-84           |                                       |                                     |
| Sjostrom, William ..... 1963-65    | Townsend, Mark ..... 1987           |                                       |                                     |
| Slaybaugh, Todd ..... 1985-88      | Trager, Leonard ..... 1925          |                                       |                                     |
| Smith, Clarence ..... 1921         | Trappe, Todd ..... 1988-91          |                                       |                                     |
| Smith, James ..... 1951            | <b>Tremml, Brian ..... 2009-10</b>  |                                       |                                     |
| Smith, Kenneth ..... 1931          | Troia, Tom ..... 1986-89            |                                       |                                     |
| Smith, Matt ..... 1990-93          | Trost, Jon ..... 1960               |                                       |                                     |
| Smith, Scott ..... 1984-85         | Tucker, Thomas ..... 1953-54        |                                       |                                     |
| Smith, Todd ..... 1990-92          | Tunwall, Warren ..... 1981          |                                       |                                     |
| Smyser, Chris ..... 1995-96, 98    | Turbett, George ..... 1928          |                                       |                                     |

\* - manager, # - coach



*Rafal Szukala was a 13-time all-American and seven-time Big Ten Champion at Iowa (1992-95). The two-time NCAA Champion and two-time Olympian was named 1994 Big Ten Swimmer of the Year. He won the 100 fly silver medal at the 1992 Olympics in Barcelona, Spain.*



# IOWA SWIMMING & DIVING

Acosta, Anna ..... 1993-96  
 Alexander, Jane ..... 1980-82  
**Allen, April.....2010**  
 Ambroze, Michelle ..... 1976-78  
 Anderson, Becky ..... 1986-90  
 Aramovich, Mary..... 1976-77  
 Arntzen, Ingrid ..... 1976-78  
 Bagi, Michelle ..... 2000-04  
 Barron, Kathleen..... 1978-80  
 Barron, Maureen..... 1976-79  
 Baty, Julie ..... 1976-79  
 Bauernfeind, Paige ..... 2010  
 Bayster, Rachael ..... 1992-96  
 Beesley, Erin..... 1998-99  
 Belleson, Kristin..... 1993-97  
 Bensink, Emily ..... 2005-06  
 Biskup, Lisa ..... 1983-84  
 Blanchard, Marie ..... 1986-88  
 Bogelt, Laura ..... 1990-93  
 Bohan, Catherine..... 1982-86  
 Borchers, Grace ..... 2010  
**Borchers, Sophie 2009-10**  
 Borgelt, Laura ..... 1990-94  
 Bowers, Ann .... 1976-78, 1980-82  
 Brandenburg, Bernie ..... 1984-88  
 Broad, Pam..... 1990-94  
 Brown, Rebecca ..... 1979-80  
 Buciu, Ileana..... 1996-99  
 Burford, Karma ..... 1975-76  
 Burkhardt, Dana ..... 1996-99  
 Burkhardt, Marisa ..... 1996-99  
 Bures, Katie ..... 2004-05  
 Burton, Liane ..... 1990-94  
 Butler, Amy ..... 1983-84  
 Butler, Susan ..... 1980-81  
 Cable, Becky ..... 1989-91  
 Camp, Erin..... 1984-85  
 Campbell, Niamh ..... 1993-97  
 Capin, Pam..... 1988-92  
**Carlyle, Caitlin..... 2008-10**  
**Carty, Danielle..... 2009-10**  
 Cason, Lori ..... 1984-85  
 Ceschin, Marian..... 1975-79  
 Chamberlin, Margie ..... 2007  
 Chess, Suzanne ..... 1988-89  
 Christiansen, Babetta ..... 1986-87  
 Cochran, Erin..... 2002-05  
 Conley, Linda..... 1977-79  
 Conley, Nancy ..... 1975-78

Connolly, Carolyn ..... 1980-83  
 Coombs, Jill (Mgr.)..... 2004-05  
 Copin, Pam ..... 1992-93  
 Cota, Jennifer ..... 1992-96  
 Cotter, Sara ..... 1995-98  
 Crow, Sherill ..... 1989-93  
**Cubelic, Daniela.. 2009-10**  
 Danielson, Sharon..... 1980-81  
 Davidsen, Dana ..... 2009-10  
 Davies, Jennifer..... 1982-84  
 Davis, Jodi ..... 1980-81, '82-83  
 DeAth, Jennifer..... 1991-95  
 DeBord, Frannie ..... 1996-98

deBruin, Julie..... 2007-10  
 Decker, Kathleen ..... 1988-92  
 Decker, Katie ..... 1992-93  
 DeGlopper, Erica ..... 1987-88  
 Delaney, Sheila..... 1983-85  
 Dell, Ashley..... 2006-09  
 Dempsey, Sheila..... 1987-89  
 Dickman, Barb ..... 1984-88  
 Diers, Anne ..... 2002  
 Dieterle, Christina ..... 1984-88  
 Donovan, Martha ..... 1979-80  
 Dull, Beth ..... 1980-83  
 Dustin, Lynn..... 1993-97

Earls, Holly ..... 1987-89  
 Eberhart, Melissa..... 1990-94  
 Eck, Christine ..... 1989-93  
 Eicher, Debbie ..... 1981-83  
 Eicher, Sarah Dee ..... 1975-78  
 Eide, Kristen ..... 2002-05  
 Enos, Rachel ..... 1994-95  
 Eustis, Katelyn..... 2002-05  
**Eytalis, Lauren .....2010**  
 Feeley, Jennifer ..... 1992-94  
 Feingold, Julie ..... 2007-10  
 Fields, Regan ..... 1998-99  
 Fish, Deborah ..... 1977-80  
 Fisher, Melissa..... 1997-98  
**Flessner, Anna .....2010**  
 Franta, Juanita ..... 1992-96  
**Freeman, Deidre . 2007-09**  
 Friedlund, Stacy..... 1989-93  
 Fuerste, Madelin..... 1988-89  
 Gable, Molly..... 2002-05  
**Galvin, Sarah.....2010**  
 Gannon, Therese..... 1992-94  
 Garver, Lindsay ..... 1995-96  
 Gaul, Mary Kay..... 1979-80  
 Gilleo, Stacie ..... 1988-92  
 Girdley, Caitlin ..... 2002-05  
 Golden, Tracy ..... 1989-93  
 Goldsworthy, Diane ..... 1982-86  
 Grams, Ellen..... 1996-97  
 Grasshof, Carolyn..... 1985-87  
 Graziano, Alicia..... 1998-99  
 Gregory, Mellissa ..... 1995-96  
 Gschwend, Alison ..... 2006-09  
 Hackney, Misty ..... 2005-08  
 Haeger, Emmy..... 2004-07  
 Haeger, Katie..... 2002-05  
 Hagenson, Susan..... 1982-84  
 Hall, Heather..... 2006-07  
 Hamling, Deborah..... 1986-91  
 Hansen, Meredith ..... 1995-96  
 Harkness, Jennifer..... 1992-93  
 Harne, Teresa ..... 1985-86  
 Harney, Brenda..... 1986-90  
 Hayward, Dana..... 1985-87  
 Haunz, Lisa..... 1999-04  
 Helfter, Kendra..... 1985-87  
 Hemphill, Andrea ..... 2003-06  
 Hibbard, Daylyn ..... 1991-92  
**Hicks, Verity ..... 2008-10**



Jennifer Skolaski is a two-time all-American, competing at Iowa from 2002-05. The 2005 NCAA Woman of the Year finalist set nine school records.



# IOWA SWIMMING & DIVING

Higgs, Marlene ..... 1985-86  
 Higgs, Roberta ..... 1980-84  
 Hoefler, Emily ..... 2006-07  
 Hoff, Chelsea ..... 2006  
 Holzwarth, Leah ..... 1985-89  
 Homewood, Stephanie ..... 1996-99  
 Hooper, Christie ..... 2000-04  
 Hoshino, Sachiko ..... 1995-96  
 Hovey, Lisa ..... 1989-93  
 Hutchison, Nancy ..... 1977-79  
 Hutton, Shawn ..... 1983-84  
 Ivers, Megan ..... 1995-96  
 Jacques, Brandy ..... 1992-93  
 Jager, Diane ..... 1976-80  
 Janis, Elizabeth ..... 1988-92  
 Jesperson, Nicole ..... 1998-00  
 Johns, Stacia ..... 2007-10  
 Johnson, Amanda ..... 2008  
 Johnson, Kelly ..... 1982-86  
 Jones, Kristen ..... 1986-88  
 Judkins, Cheryl ..... 1982-83  
 Juncker, Tracy ..... 1989-93  
 Kaduce, Amy ..... 1993-95  
 Kalb, Laura ..... 1979-80  
 Kaminski, Kristen ..... 1991-93  
 Katz, Beth ..... 1996-99  
 Keating-Vraspier, Jane ... 1983-88  
 Kelly, Karen ..... 2003-06  
 Kelly, Mary ..... 1982-83  
 Keogh, Louise ..... 1986-90  
 Ketoff, Katy ..... 1988-92  
 King, Cindy ..... 1976-77  
 King, Denette ..... 1980-84  
 Kirkland, Kay ..... 1979-83  
 Klinkefus, Beth ..... 1979-80  
 Knapp, Jennifer ..... 1992-96  
 Knebel, Amy ..... 1989-90  
 Knebel, Ann ..... 1988-90  
 Knippenburg, Jessica ..... 1995-97  
 Krone, Amy ..... 1987-90  
 Koenig, Katie ..... 2003-06  
 Kuczek, Christine ..... 2007-10  
 Kunnemann, Sara ..... 2003  
 Landowski, Marsha ..... 1991-93  
 Lawler, Ashley ..... 2008  
 Lee, Rachel ..... 2008  
 Leffler, Becca ..... 2010  
 Leigh, Hilary ..... 2007-10  
**LeMay, Mary Sue ..... 2010**

**Lent, Jennifer \* .... 2009-10**  
 Leuer, Linda ..... 1980-84  
 Lewis, Meredith ..... 1989-93  
 Lewman, Lyndsey ..... 1995-99  
 Lieurance, Lorissa ..... 1992-93  
 Lindeskog, Sophie ..... 1984-87  
 Lindgren, Amy ..... 1987-89  
 Lloyd, Allison ..... 1983-87  
 Loehndorf, Melissa ..... 1998-02  
 Logan, Brittany ..... 2010  
 Loupee, Danette ..... 1981-82  
 Lowry, Betsy ..... 1976-77  
 Luellen, Katerine ..... 1991-93  
 Lyle, Allison ..... 1998-02  
 Lynch, Debbie ..... 1987-91

MacBride, Elizabeth ..... 1978, 1980-82  
 Madden, Sandy ..... 1985-86  
 Maehl, Jennifer ..... 1991-95  
 Maldonado, Laura ..... 1999-02  
 Marshall, Kim ..... 1981-85  
 Martin, Katie ..... 2004-06  
**Mauro, Christine ..... 2010**  
 McCready, Kelly ..... 1993-97  
 Meagher, Maribeth ..... 1986-87  
 Mercer, Amy ..... 1983-84  
 Meyer, Trish ..... 1982-86  
 Michelau, Katie ..... 2007-10  
 Millmier, Teresa ..... 1985-89  
 Mills, Kristen ..... 1993-94  
 Miyamoto, Shelley ..... 1989-93

Moeller, Nancy ..... 1975-76  
 Molzahn, Jackie ..... 2000-04  
 Montgomery, Carol ..... 1980-82  
 Morris, Margaret ..... 1977-81  
 Morrison, Karen ..... 1980-82  
 Moylan, Aimee ..... 2006-09  
 Mozden, Laura ..... 2007-10  
 Munn, Chris ..... 1988-90  
 Murphy, Pieper ..... 1979-80  
 Nackness, Jennifer ..... 1992-93  
 Nauman, Vickie ..... 1982-86  
 Neidhart, Shannon ..... 1992-93  
 Nemmers, Nicole ..... 2004-07  
**Neubauer, Kelsie 2008-10**  
 Noah, Erica ..... 2003-06  
 Nollau, Ann ..... 1999-00  
 Oberheide, Jane ..... 1978-80  
 Oboikovitz, Jill ..... 1990-94  
 Olsen, Wenche ..... 1982-84  
 Olson, Miekka ..... 1989-91  
 O'Toole, Emily ..... 1992-93  
 Packer, Cristina ..... 1991-92  
 Paolucci, Jennifer ..... 1992-96  
 Parise, Megan ..... 1998-99  
 Parker, Kathy ..... 1975-76  
 Patterson, Dana ..... 1993-94  
 Peiffer, Polly ..... 1979-80  
 Pennington, Alison ..... 1990-94  
 Pennington, Andrea ..... 1997-00  
 Peterman, Barbara ..... 1987-88  
 Peters, Pamela ..... 1980-81  
 Peters, Susan ..... 1983-84  
 Peterson, Dana ..... 1993-96  
 Peterson, Kristin ..... 1981-85  
 Petty, Erin ..... 2004-07  
 Petty, Jennifer ..... 1982-86  
 Pfeiffer, Ann ..... 1983-87  
 Planken, Lisette .... 2002-03, 2005  
 Plunkett, Darcie ..... 1993-94  
**Polz, Caitie ..... 2008-10**  
 Pozzi, Lori ..... 1982-84  
 Ramseyer, Vicki ..... 1985-89  
 Redmond, Nicole ..... 1993-96  
 Reif, Robin ..... 1977-79  
 Rhodes, Mary ..... 1992-95  
 Riccobono, Jessica ..... 1993-97  
 Ricks, Seon ..... 1995-96  
 Roberts, Mary ..... 1988-89  
 Rostoker, Wendy ..... 1981-82



**Nancilea (Underwood) Foster (2003-06) is the only five-time all-American and the first U.S. Olympic diver in Hawkeye women's swimming and diving school history. She set the school and Fieldhouse three-meter records, and the school one-meter championship record.**



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|  |                                  |  |                                  |
|--|----------------------------------|--|----------------------------------|
| Rovane, Celeste ..... 1975-77          | Silok, Stacey ..... 2000-02      | Thome, Colleen ..... 1987-91               | Whelan, Kathleen ..... 1978-80   |
| <b>Rydze, Veronica.. 2009-10</b>       | Sissler, Charlotte ..... 1993-94 | Thompson, Lisa ..... 1977-78               | Wilcox, Karen ..... 1979-80      |
| Samples, Robin ..... 2004-07           | Skolaski, Jennifer ..... 2002-05 | Todt, Angela ..... 1989-91                 | Wilzey, Stephanie ..... 1988-89, |
| Sanderson, Jeni ..... 2003-06          | Smetana, Andrea ..... 1994-98    | <b>Tour, Katarina..... 2008-10</b>         | 1990-92                          |
| Sarna, Jaclyn ..... 2004-06            | Smith, Dorothy ..... 1981-82     | Treado, Jennifer ..... 1990-91             | Wildmyer, Nicole ..... 1990-94   |
| Scarborough, Madeline...2010           | Smith, Jennifer ..... 1995-99    | Triebe, Nicole ..... 2002                  | Wilkinson, Holly ..... 1994-96   |
| Schaaf, Margie ..... 1983-85           | Smith, Lisa ..... 1981-82        | Twomey, Rosemarie ..... 1993-94            | Williams, Mary ..... 1992-93     |
| Schmerbauch, Michele ..... 2002        | Statham, Sonja ..... 1993-97     | Underwood, Nancilea ..... 2002-03, 2005-06 | Willis, Laura ..... 1977-78      |
| Schmitz, Kara ..... 1995-99            | Steger, Adrienne ..... 1979-83   | Vaccaro, Nancy ..... 1980-84               | Wilson, Ashley ..... 2000-01     |
| Schmitz, Kris ..... 1983-85            | Stevens, Kim ..... 1983-88       | VanKeulen, Joyce ..... 2004                | Wintz, Cheryl ..... 1980-81      |
| Schoenwald, Gail ..... 1980-81         | Stewart, Kerry ..... 1979-83     | Van Maaren, Abby ..... 2002-05             | Wirth, Debra ..... 1987-91       |
| <b>Schubert, Andrea* ..... 2008-10</b> | Stiits, Alisha ..... 1996-99     | VanVerst, Katie ..... 1986-90              | Wise, Kati ..... 2000-01         |
| Schulte, Mindy ..... 2005-08           | Strauss, Jami ..... 1993-95      | Vintila, Cristina ..... 1996-99            | Wolchko, Sarah ..... 1997-00     |
| Schwartz, Leah ..... 2006-09           | Strub, Erin ..... 2003           | Wagner, Darcie ..... 1975-76               | Wonderlick, Angie ..... 1983-84  |
| Schwartz, Rebecca ..... 1997-00        | Strilich, Donna ..... 1981-85    | Wallace, Kristin ..... 1989-93             | Wright, Catherine ..... 1977-78  |
| Sebolt, Cathy ..... 1980-81            | Sudek, Sherrie ..... 1986-88     | Walling, Sheri ..... 1979-81               | Yager, Kim ..... 1988-92         |
| Sentyrz, Michelle ..... 1990-93        | Swan, Jennifer ..... 1987-89     | Weatherhead, Liz ..... 1996-99             | Yoder, Jennifer ..... 1986-90    |
| Shaver, Diana ..... 1977-78            | Swanson, Kelly ..... 1979-80     | Wentzien, Jane ..... 1988-89               | Zimmer, Tracy ..... 1983-84      |
| Sherman, Sandra ..... 1975-79          | Sympson, Jennifer ..... 1992-94  | Werner, Kelly ..... 2003-06                | Zisu, Loredana ..... 1997-00     |
| Sidenstick, Holly ..... 1975-77        | Tellschow, Kelly ..... 1995-99   | Wertz, Stacey ..... 1997-00                | Zwick, Lori ..... 1980-82        |
| Sievertsen, Meghan ..... 2006-09       | Tiegland, Angela ..... 1994-95   | Wex, Nicki ..... 2007-09                   | Zywicke, Emily ..... 1997-99     |
|  | Thomas, Michelle ..... 1980-84   |  |                                  |

\* -- team manager



Kim Stevens was a four- time Big Ten Champion and three-time all-American at Iowa, competing from 1983-86.





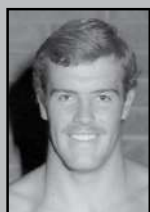
# IOWA SWIMMING & DIVING



Montréal 1976



## Iowa's Olympic Medalists



**Graeme Brewer**  
Bronze Medalist  
200 free - 1980



**Wally Ris**  
Gold Medalist  
100 free - 1948



**Bowen Strassforth**  
Silver Medalist  
200 breast - 1952



**Rafal Szukala**  
Silver Medalist  
100 fly - 1992



**Artur Wojdat**  
Bronze Medalist  
400 free - 1988

## Iowa's Olympians

### 1948 - London, England

Wally Ris, swimmer, U.S.A.

### 1952 - Helsinki, Finland

Lincoln Hurring, swimmer, New Zealand  
Ross Lucas, swimmer, New Zealand  
Bowen Strassforth, swimmer, U.S.A.

### 1956 - Melbourne, Australia

Lincoln Hurring, swimmer, New Zealand

### 1976 - Montreal, Canada

Bent Brask, swimmer, Norway  
Ricardo Camacho, diver, Spain  
Brett Naylor, swimmer, New Zealand

### 1980 - Moscow, Soviet Union

Randy Ableman, diver, U.S.A.  
Graeme Brewer, swimmer, Australia  
Ricardo Camacho, diver, Spain  
Ron McKeon, swimmer, Australia

### 1984 - Los Angeles, California

Ricardo Camacho, diver, Spain

### 1988 - Seoul, South Korea

John Davey, swimmer, England  
Tomasz Rossa, diver, Poland  
Bob Rydze, coach, Poland  
Artur Wojdat, swimmer, Poland

### 1992 - Barcelona, Spain

John Davey, swimmer, England  
Brad Flood, coach, Poland  
Rafal Szukala, swimmer, Poland  
Artur Wojdat, swimmer, Poland

### 1996 - Atlanta, Georgia

Rafal Szukala, swimmer, Poland  
Loredana Zisu, swimmer, Romania

### 2000 - Sydney, Australia

Marko Milenkovic, swimmer, Slovenia

### 2004 - Athens, Greece

Marko Milenkovic, swimmer, Slovenia

### 2008 - Beijing, China

Nancilea (Underwood) Foster, diver, U.S.A.  
Bob Rydze, team leader, U.S.A.





# IOWA SWIMMING & DIVING



Inductees are selected by a vote of all dues-paying members of the National Iowa Varsity Club. All former Hawkeyes who have won at least one major letter and completed their eligibility at least 10 years prior to selection are eligible for the Hall of Fame. A coach or administrator must have retired or left the university at least five years prior to selection. A maximum of seven inductees may be selected to the Hall of Fame each year. Listed below each name is the individual's years of participation at Iowa and the year they were inducted into the Hall of Fame.



**Randy Ableman**  
Athlete 1978-82  
Inducted 2005



**David Armbruster**  
Coach 1917-58  
Inducted 1989



**John Davey**  
Athlete 1985-88  
Inducted 1999



**Duane Draves**  
Athlete 1947-50  
Inducted 2004



**Edward Garst, Jr.**  
Athlete 1949-51  
Inducted 2001



**Lincoln Hurring**  
Athlete 1955-58  
Inducted 2001



**Adolph Jacobsmeyer**  
Athlete 1934-36  
Inducted 2002



**Wentworth Lobdell**  
Athlete 1930-32  
Inducted 1992



**Gary Morris**  
Athlete 1957-59  
Inducted 2008



**Glenn Patton**  
Coach 1976-98  
Inducted 2009



**Wally Ris**  
Athlete 1947-49  
Inducted 1989



**Jack Sieg**  
Athlete 1934-36  
Inducted 1997



**Bob Stein**  
Athlete 1953-55  
Lifetime Achievement  
2004



**Bowen Strassforth**  
Athlete 1949-52  
Inducted 1996



**Rafal Szukala**  
Athlete 1992-95  
Inducted 2006



**Ray Walters**  
Athlete 1936-37  
Inducted 1996



**Irving Weber**  
Athlete 1922  
Inducted 1994



**R.M. Westerfield**  
Athlete 1935-37  
Inducted 1995



**Artur Wojdat**  
Athlete 1989-92  
Inducted 2004



# IOWA SWIMMING & DIVING



## Iowa Swimming History & Tradition

Since 1917, the University of Iowa swimming and diving program has been rich in tradition. Iowa was one of the first schools in the nation to compete on a collegiate level, and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

Iowa's facility, the Field House Pool, was the world's largest indoor pool when it was dedicated in January 1927. Head Coach Dave Armbruster, who founded the team in 1917 and coached until 1957, designed the facility. Iowa hosted the NCAA Championships that year.

The Field House pool was the birthplace of the butterfly stroke. Armbruster and swimmer Jack Sieg collaborated in its development in the 1930s. The acceptance of the new stroke encountered considerable controversy and was first used February 25, 1935, in Iowa City in the medley relay in a dual against Wisconsin. The relay included Dick Westerfield, Jack Sieg and Adolph Jacobsmeyer. Sieg's time was five second faster than the existing 100-yard world record.

The Iowa men's team has produced 17 Olympians, 26 NCAA champions, 382 all-Americans and 163 Big Ten champions in its 93-year history. Three Hawkeye men's teams have won the Big Ten team title and have a dual meet record of 392-298-4. The women's team boasts 108 NCAA qualifiers, 39 all-Americans and 16 Big Ten champions in its 35-year history. The women's team has a dual meet record of 183-154-2.

## Field House Pool

Iowa's Field House Pool was built in 1927 and was, at the time, the world's largest indoor swimming pool. The pool has been the site of many national and international meets.

In 1979, the pool underwent a \$400,000 renovation, making it one of the fastest competitive pools in the midwest. Diving platforms were added in 1980.

The pool is 150 feet long and 60 feet wide and has eight lanes (7-foot-3 wide) with a one-foot buffer lane on each side. The lanes in the competition end of the pool are separated by two Kiefer nonturbulent lines, and all four walls have recirculating gutters which make for very fast conditions.

The competitive end of the facility is separated from the shallow section by a four-foot wide Whitten bulkhead. The bulkhead allows 30 percent of the water to flow through, contributing to the calm water surface. Each lane is equipped with a Whitten starting block, which can be adjusted to permit competition at 25 meters or yards or long-course training. Diving facilities include a pair of one- and three-meter springboards, plus five- and ten-meter platforms. Automatic timing equipment is used in all eight lanes and a large readout board posts times for each swimmer.

On, April 17, the Hawkeyes swam in the Field House Pool for the final time. More than 150 former Hawkeyes competed in the annual Alumni Meet to celebrate 83 years in the Field House Pool.



# IOWA SWIMMING & DIVING



### Campus Recreation and Wellness Center

The University of Iowa Athletic Department and the University of Iowa Recreational Services have partnered together to construct a new Campus Recreation and Wellness Center (CRWC), which will serve as the new home of the Hawkeys. The facility, which is expected to cost \$69 million, is located at the corners of Burlington and Madison streets. Construction began in the fall of 2007 and is to be completed in June 2010.

The CRWC will include a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.





# IOWA SWIMMING & DIVING

| Year | Coach            | W-L-T | Big Ten | NCAA   | Year         | Coach        | W-L-T            | Big Ten | NCAA   |
|------|------------------|-------|---------|--------|--------------|--------------|------------------|---------|--------|
| 1917 | David Armbruster | 0-1-0 | ---     | ---    | 1964         | Robert Allen | 3-5-0            | 8th     | ---    |
| 1918 | no competition   | ---   | ---     | ---    | 1965         | Robert Allen | 5-3-0            | 7th     | ---    |
| 1919 | David Armbruster | 0-0-0 | 5th     | ---    | 1966         | Robert Allen | 6-3-0            | 8th     | ---    |
| 1920 | David Armbruster | 0-3-0 | T-6th   | ---    | 1967         | Robert Allen | 4-4-0            | 10th    | ---    |
| 1921 | David Armbruster | 0-4-0 | 7th     | ---    | 1968         | Robert Allen | 4-4-1            | 10th    | ---    |
| 1922 | David Armbruster | 0-2-0 | 6th     | ---    | 1969         | Robert Allen | 2-6-0            | 10th    | ---    |
| 1923 | David Armbruster | 1-2-0 | 8th     | ---    | 1970         | Robert Allen | 5-8-0            | 9th     | ---    |
| 1924 | David Armbruster | 3-2-0 | T-4th   | ---    | 1971         | Robert Allen | 2-8-0            | 9th     | ---    |
| 1925 | David Armbruster | 2-2-0 | T-5th   | ---    | 1972         | Robert Allen | 5-7-0            | 10th    | ---    |
| 1926 | David Armbruster | 2-3-0 | 7th     | ---    | 1973         | Robert Allen | 4-6-0            | 10th    | ---    |
| 1927 | David Armbruster | 0-6-0 | T-7th   | ---    | 1974         | Robert Allen | 3-7-0            | 10th    | ---    |
| 1928 | David Armbruster | 2-3-0 | T-4th   | ---    | 1975         | Robert Allen | 0-8-0            | 10th    | ---    |
| 1929 | David Armbruster | 4-2-0 | T-6th   | ---    | 1976         | Glenn Patton | 5-6-0            | 9th     | ---    |
| 1930 | David Armbruster | 3-0-0 | T-5th   | ---    | 1977         | Glenn Patton | 8-6-0            | 7th     | ---    |
| 1931 | David Armbruster | 3-2-0 | T-2nd   | ---    | 1978         | Glenn Patton | 9-1-0            | 5th     | 24th   |
| 1932 | David Armbruster | 1-1-0 | 3rd     | ---    | 1979         | Glenn Patton | 7-2-0            | 4th     | ---    |
| 1933 | David Armbruster | 3-3-0 | 5th     | ---    | 1980         | Glenn Patton | 8-0-0            | 3rd     | 22nd   |
| 1934 | David Armbruster | 4-1-0 | 2nd     | ---    | 1981         | Glenn Patton | 8-3-0            | 1st     | 10th   |
| 1935 | David Armbruster | 4-1-0 | 3rd     | ---    | 1982         | Glenn Patton | 5-5-0            | 1st     | 17th   |
| 1936 | David Armbruster | 3-1-0 | 1st     | ---    | 1983         | Glenn Patton | 3-7-0            | 2nd     | 22nd   |
| 1937 | David Armbruster | 5-1-1 | 3rd     | 5th    | 1984         | Glenn Patton | 12-2-0           | 2nd     | 23rd   |
| 1938 | David Armbruster | 3-1-0 | 3rd     | 6th    | 1985         | Glenn Patton | 5-5-0            | 3rd     | 18th   |
| 1939 | David Armbruster | 3-2-0 | T-4th   | T-9th  | 1986         | Glenn Patton | 12-2-0           | 3rd     | 14th   |
| 1940 | David Armbruster | 5-1-0 | 4th     | ---    | 1987         | Glenn Patton | 13-1-0           | 2nd     | 18th   |
| 1941 | David Armbruster | 5-1-0 | 2nd     | 7th    | 1988         | Glenn Patton | 7-4-0            | 2nd     | 13th   |
| 1942 | David Armbruster | 3-2-0 | 5th     | T-9th  | 1989         | Glenn Patton | 6-3-0            | 2nd     | 8th    |
| 1943 | David Armbruster | 2-2-0 | 4th     | 4th    | 1990         | Glenn Patton | 7-1-0            | 3rd     | 14th   |
| 1944 | David Armbruster | 0-2-1 | 6th     | ---    | 1991         | Glenn Patton | 7-0-0            | 4th     | 12th   |
| 1945 | David Armbruster | 2-2-1 | 8th     | T-12th | 1992         | Glenn Patton | 6-2-0            | 5th     | 13th   |
| 1946 | David Armbruster | 5-1-0 | 3rd     | T-9th  | 1993         | Glenn Patton | 8-1-0            | 3rd     | 17th   |
| 1947 | David Armbruster | 5-2-0 | 3rd     | 7th    | 1994         | Glenn Patton | 6-4-0            | 4th     | 17th   |
| 1948 | David Armbruster | 3-2-0 | 3rd     | T-6th  | 1995         | Glenn Patton | 8-0-0            | 3rd     | 13th   |
| 1949 | David Armbruster | 4-1-0 | 2nd     | 2nd    | 1996         | Glenn Patton | 4-1-0            | 5th     | 33rd   |
| 1950 | David Armbruster | 3-3-0 | 3rd     | 3rd    | 1997         | Glenn Patton | 7-4-0            | 8th     | 41st   |
| 1951 | David Armbruster | 4-3-0 | 5th     | T-9th  | 1998         | Glenn Patton | 7-3-0            | 9th     | 33rd   |
| 1952 | David Armbruster | 5-1-0 | 4th     | 8th    | 1999         | John Davey   | 3-8-0            | 9th     | 39th   |
| 1953 | David Armbruster | 3-3-0 | 4th     | T-23rd | 2000         | John Davey   | 2-6-0            | 8th     | 28th   |
| 1954 | David Armbruster | 2-4-0 | 8th     | T-22nd | 2001         | John Davey   | 0-5-0            | 9th     | ---    |
| 1955 | David Armbruster | 4-3-0 | 3rd     | T-7th  | 2002         | John Davey   | 2-5-0            | 9th     | ---    |
| 1956 | David Armbruster | 8-0-0 | T-3rd   | 4th    | 2003         | John Davey   | 3-5-0            | 9th     | 39th   |
| 1957 | David Armbruster | 4-3-0 | 8th     | 8th    | 2004         | John Davey   | 8-4-0            | 9th     | T-28th |
| 1958 | David Armbruster | 4-3-0 | 4th     | 5th    | 2005         | John Davey   | 3-10-0           | 10th    | ---    |
| 1959 | Robert Allen     | 4-4-0 | 5th     | 7th    | 2006         | Marc Long    | 3-6-0            | 9th     | ---    |
| 1960 | Robert Allen     | 3-3-0 | 5th     | 13th   | 2007         | Marc Long    | 5-6-0            | 9th     | ---    |
| 1961 | Robert Allen     | 4-3-0 | 6th     | 12th   | 2008         | Marc Long    | 3-4-0            | 9th     | ---    |
| 1962 | Robert Allen     | 4-4-0 | 7th     | 21st   | 2009         | Marc Long    | 7-1-0            | 9th     | ---    |
| 1963 | Robert Allen     | 0-8-0 | 9th     | ---    | 2010         | Marc Long    | 10-1-0           | 6th     | ---    |
|      |                  |       |         |        | <b>Total</b> |              | <b>392-298-4</b> |         |        |



# IOWA SWIMMING & DIVING

| Year         | Coach             | W-L-T            | Big 10 Place | Big 10 Champs | NCAA Place | NCAA Qualifiers | All-Americans | Academic All-Big 10 |
|--------------|-------------------|------------------|--------------|---------------|------------|-----------------|---------------|---------------------|
| 1974-75      | Deborah Woodside  | 1-2-0            | 9th          | 0             | —          | 1               | 0             |                     |
| 1975-76      | Deborah Woodside  | 2-1-0            | 10th         | 0             | —          | 0               | 0             |                     |
| 1976-77      | Deborah Woodside  | 1-1-0            | 8th          | 0             | —          | 2               | 1             |                     |
| 1977-78      | Deborah Woodside  | 5-0-0            | 5th          | 0             | —          | 6               | 1             |                     |
| 1978-79      | Deborah Woodside  | 0-3-0            | 10th         | 0             | —          | 0               | 0             |                     |
| 1979-80      | Deborah Woodside  | 1-10-0           | 8th          | 0             | —          | 5               | 1             |                     |
| 1980-81      | Deborah Woodside  | 3-12-0           | 9th          | 0             | —          | 3               | 1             |                     |
| 1981-82      | Dr. Peter Kennedy | 3-5-0            | 8th          | 0             | —          | 8               | 6             |                     |
| 1982-83      | Dr. Peter Kennedy | 6-2-0            | 4th          | 1             | T-31st     | 2               | 1             |                     |
| 1983-84      | Dr. Peter Kennedy | 11-0-0           | 3rd          | 1             | 26th       | 9               | 1             | 0 <sup>^</sup>      |
| 1984-85      | Dr. Peter Kennedy | 13-2-0           | 3rd          | 3             | 26th       | 10              | 8             | 0                   |
| 1985-86      | Dr. Peter Kennedy | 8-2-0            | T-2nd        | 8             | 39th       | 8               | 4             | 0                   |
| 1986-87      | Dr. Peter Kennedy | 5-0-1            | 10th         | 0             | —          | 1               | 1             | 5                   |
| 1987-88      | Dr. Peter Kennedy | 6-8-0            | 7th          | 0             | —          | 5               | 1             | 7                   |
| 1988-89      | Dr. Peter Kennedy | 4-7-0            | 7th          | 0             | —          | 3               | 0             | 9                   |
| 1989-90      | Dr. Peter Kennedy | 5-2-0            | 7th          | 1             | —          | 3               | 0             | 7                   |
| 1990-91      | Dr. Peter Kennedy | 8-1-1            | 6th          | 0             | 42nd       | 5               | 1             | 11                  |
| 1991-92      | Dr. Peter Kennedy | 8-2-0            | 7th          | 0             | —          | 1               | 1             | 15                  |
| 1992-93      | Dr. Peter Kennedy | 4-5-0            | 7th          | 0             | —          | 8               | 0             | 13                  |
| 1993-94      | Dr. Peter Kennedy | 5-5-0            | 9th          | 0             | —          | 2               | 0             | 7                   |
| 1994-95      | Dr. Peter Kennedy | 1-7-0            | 11th         | 0             | —          | 0               | 0             | 5                   |
| 1995-96      | Trish Meyer       | 2-6-0            | 11th         | 0             | —          | 0               | 0             | 6                   |
| 1996-97      | Mary Bolich       | 2-5-0            | 10th         | 0             | —          | 0               | 0             | 5                   |
| 1997-98      | Mary Bolich       | 6-4-0            | 7th          | 0             | —          | 0               | 0             | 9                   |
| 1998-99      | Mary Bolich       | 8-4-0            | 7th          | 0             | —          | 2               | 1             | 12                  |
| 1999-00      | Mary Bolich       | 5-4-0            | 8th          | 1             | —          | 1               | 1             | 13                  |
| 2000-01      | Garland O'Keeffe  | 5-7-0            | 8th          | 1             | 40th       | 2               | 2             | 6                   |
| 2001-02      | Garland O'Keeffe  | 5-5-0            | 7th          | 0             | 35th       | 2               | 1             | 5                   |
| 2002-03      | Garland O'Keeffe  | 8-4-0            | 8th          | 0             | 20th       | 3               | 3             | 12                  |
| 2003-04      | Garland O'Keeffe  | 3-7-0            | 9th          | 0             | —          | 1               | 0             | 12                  |
| 2004-05      | Marc Long         | 5-4-0            | 8th          | 0             | 23rd       | 2               | 2             | 14                  |
| 2005-06      | Marc Long         | 8-6-0            | 10th         | 0             | 27th       | 2               | 2             | 8                   |
| 2006-07      | Marc Long         | 6-6-0            | 10th         | 0             | —          | 0               | 0             | 7                   |
| 2007-08      | Marc Long         | 5-7-0            | 9th          | 0             | —          | 0               | 0             | 10                  |
| 2008-09      | Marc Long         | 7-4-0            | 9th          | 0             | —          | 0               | 0             | 14                  |
| 2009-10      | Marc Long         | 8-4-0            | 9th          | 0             | —          | 0               | 0             | 14                  |
| <b>Total</b> |                   | <b>183-154-2</b> |              | <b>16</b>     |            | <b>109*</b>     | <b>40</b>     | <b>229</b>          |

\*Twelve (12) student-athletes qualified for the NCAA Championships before the University of Iowa officially recognized the sport of women's swimming and diving.

<sup>^</sup>The 1983-84 season was the first year the Big Ten awarded academic all-Big Ten honors.

## IOWA SWIMMING AND DIVING



## Gary Barta

### Director of Athletics

"Hope is not a strategy," is a common refrain of the University of Iowa's Gary Barta. So, as Barta enters his fifth year as the UI's director of intercollegiate athletics – and his 24th year in athletics administration – he does so diligently working a plan that contributed to historic success for the Iowa Hawkeyes in 2009-10 and is setting the stage for more of the same in the years ahead.

Competitively, two events stand alone at the top of the list of achievements by UI teams in 2009-10: Iowa's dominating victory over Georgia

Tech in the 2010 FedEx Orange Bowl and yet another national championship for the UI wrestling program.

The victory over the Yellow Jackets in Land Shark Stadium in Miami was Iowa's 11th of the college football season and its first in a Bowl Championship Series event since the Hawkeyes' victory over California in the 1959 Rose Bowl. It was the final chapter in a season that opened with a school-record nine straight victories by Kirk Ferentz's squad, a streak that electrified fans of the Hawkeyes and triggered another pilgrimage of fans of the team to their second BCS appearance under Ferentz.

Tom Brands' Iowa wrestling squad crowned three national champions and eight Hawkeyes earned all-America honors while leading the UI to its 23rd NCAA title in school history. The championship was the third straight under Brands and it came rather handily – Iowa finished 44.5 points ahead of its nearest competitor – and, as more often than not – after yet another Big Ten Conference championship.

As inspiring as the achievements of Iowa's football and wrestling teams were, they weren't the alone. Iowa's women's basketball team overcame a series of injuries to secure 20 victories, reach the championship game of the post-season Big Ten Tournament, and advance to NCAA Tournament play for the third straight year.

The Iowa men's golf team used a second place finish at the 2010 Big Ten Conference Championship to secure an at-large invitation to NCAA Regional play where it finished tied for sixth and just one stroke shy of its second straight appearance in the national championship.

First-year coach Katie Dougherty guided the UI's women's tennis team to its first NCAA post-season action since 2006. The squad was powered by the nationally-ranked doubles team of Merel Beelen and Sonja Molnar.

The Iowa baseball team won seven of its last eight regular season league games to advance to the Big Ten Tournament when the Hawkeyes marched to the championship game for the first time since the 1983 season.

The Iowa men's track and field team advanced 32 athletes to NCAA post-season competition after a fourth-place finish by the men's squad at the Big Ten Championships. That finish was the Hawkeyes' best since 2006 and was sparked by three individual champions.

Barta and the UI Athletics Department also enjoyed historic success out of competition including, most notably, significant improvements to the facilities used by the more than 700 student-athletes who represent the UI in intercollegiate athletics competition.

In September 2009, the University of Iowa and the UI Athletics Department dedicated the \$7 million P. Sue Beckwith, M.D. Boathouse, a 20,000-square-foot facility built right on the bank of the Iowa River off of Dubuque Street in Terrill Mill Park.

In November 2009, the UI broke ground on a multi-million dollar addition and renovation of Carver-Hawkeye Arena, the 28-year-old competitive home of the Hawkeye men's and women's basketball, wrestling and volleyball programs. The Carver-Hawkeye Arena Revitalization Project will greatly improve the practice, strength training, and conditioning facilities for a myriad of sports programs in addition to providing new office space for the vast majority of Iowa's administrative and coaching staffs in addition to new locker room and support facilities for Iowa's men's and women's basketball, wrestling and volleyball teams.

In fall 2010, Barta will join the campus community in celebrating the opening of the \$69 million Campus Wellness and Recreation Center. The facility will provide unparalleled recreational opportunity for UI students, faculty and staff, and the greater Iowa City community in addition to being the new full-time home of the UI's men's and women's swimming and diving programs.

The UI also expects to break ground on an addition to the facilities used by the Iowa football program during the 2010-11 year. Funded entirely through private support, the project is an important next phase of the master facilities plan for Hawkeye football. The project will include the construction of a new indoor practice facility, upgraded and improved locker rooms, team rooms, strength and conditioning facilities, and spaces used for the day-to-day operation of the UI's football program. The construction of the Ron and Margaret Kenyon Outdoor Practice Facility – a facility envied by many collegiate programs and NFL franchises – and the \$89 million renovation of historic Kinnick Stadium were phases 1 and 2 of the master plan.

While Iowa continues to move the facilities it makes available to student-athletes forward, the UI's commitment to the academic piece of the student-athlete experience remains paramount – and successful.

According to information released annually by the NCAA, the graduation rate for student-athletes who enrolled at the University of Iowa in the fall of the 2002-03 academic year was 70 percent, six percentage points better than the national average and two points better than a year ago. The graduation rate for UI student-athletes was also four percentage points better than the rate for all UI students.

The football program at the UI – with a Graduation Success Rate of 74 – ranked second only to Cincinnati among the ten teams invited to participate in the five 2010 Bowl Championship Series events. Iowa also ranked third among the seven bowl-bound Big Ten Conference teams.

The UI's field hockey, softball and men's cross country teams were among the NCAA Division I intercollegiate athletics programs singled out by the NCAA for Academic Progress Reports (APR) in the top 10 percent of all teams in their specific sport. In fact, for the second straight year all 24 of Iowa's teams exceeded the NCAA's APR benchmark and compared favorably to their peers in the Big Ten and nationally.

Barta's involvement in the UI campus community extends well beyond intercollegiate athletics. He is a member of the cabinet comprised of vice presidents and other campus leaders that provides counsel to UI President Sally Mason.

Barta also represents the UI and the Hawkeyes at the conference and national level as well. During his first four years at the UI, he has participated in the creation and implementation of the Big Ten Network, the expansion of the Big Ten Conference and realignment of athletics conferences nationally, and the Big Ten's post-season bowl game agreements that go into effect this college football season.

Nationally, Barta remains active in the Division IA Athletics Directors Association, the National Association of College Directors of Athletics, and currently serves on the NCAA Football Committee Board of Directors.

As the director of athletics at the University of Wyoming for three years, seven different UW coaches were named Mountain West Conference Coach of the Year. He also spearheaded a fund-raising effort that netted the Cowboy athletics program \$11 million in private support and \$11 million in matching state fund.

As the senior associate athletics director at the University of Washington, he directed the "Campaign for the Student-Athlete," was a participant in the design, construction and/or renovation of several UW athletics facilities including Bank of America Arena and the Dempsey Indoor Practice Facility. In addition to almost doubling the amount of annual private support received by UW, Barta also managed the department's external affairs division, a task that included corporate sponsorship and radio contracts.

The roots of his development experience extend to his first two positions: director of athletics development and external relations at the University of Northern Iowa and director of development at his alma mater, North Dakota State University.

Barta earned a Bachelor of Science degree in mass communication and broadcast journalism from NDSU in 1987. He was an option quarterback for Bison football squads that won the Division II NCAA national championship in 1983, 1985 and 1986.

Barta, and his wife, Connie, have a son, Luke (12) and a daughter, Madison (10). He was born September 4, 1963, in Minneapolis, MN.

## IOWA SWIMMING AND DIVING

When student-athletes consider their future, they should consider prospects beyond athletics. A list of all University of Iowa alumni who have distinguished themselves professionally would be difficult to assemble and could never be complete. However, some are truly outstanding in their area of expertise.

**Business**

**Leland C. Adams**, Former president, Amoco Production Co.  
**John J. Balles**, Former president, Federal Reserve Bank of San Francisco  
**Arthur A. Collins**, Founder, Collins Radio (Rockwell Collins)  
**Kathleen A. Dore**, Executive vice president and general manager, Bravo Television Network & the Independent Film Channel  
**John W. English**, Former vice president and chief investment officer, Ford Foundation  
**H. John Hawkinson**, Former president and director of funds, Kemper Financial Services Inc.  
**Richard O. Jacobson**, President, Jacobson Warehouse Co.  
**Bill Krause**, President, Krause Gentle Corp.  
**Richard Levitt**, Chairman & CEO, Nellis Corporation  
**John Pappajohn**, Venture capitalist, entrepreneur; President, Equity Dynamics, Inc.  
**Henry Tippie**, Presiding director for Rollins, Inc.; Chairman of the Board, Dover Motorsports & Dover Downs Entertainment

**Education**

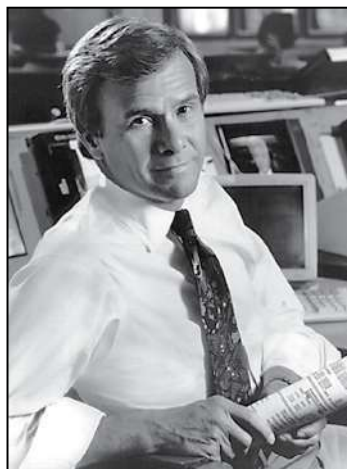
**Joseph N. Crowley**, President, University of Nevada at Reno and former NCAA president  
**R. Wayne Duke**, Former commissioner, Big Ten Conference  
**E.F. Lindquist**, Co-founder, American College Testing (ACT) Program  
**John B. McLendon**, First black coach inducted into The Basketball Hall of Fame  
**Eddie Robinson**, Legendary football coach, Grambling State University  
**Wilbur Schramm**, International authority on communications and founder, Iowa Writers' Workshop  
**Richard Schultz**, Executive Director, United States Olympic Committee; Former Executive Director, NCAA  
**James Van Allen**, Space Physicist

**Entertainment**

**Diablo Cody**, Oscar Award winning writer of *Juno*  
**Simon Estes**, International opera star  
**John Falsey**, Executive producer of television's *Northern Exposure* & *I'll Fly Away*  
**Al Jarreau**, Grammy Award-winning singer  
**Mark Johnson**, Film producer and Oscar Award winner for *Rainman*  
**Alex Karras**, former NFL All-Pro, Detroit Lions; actor, *Victor, Victoria*; *Blazing Saddles*; *Webster*  
**Barry Kemp**, television producer, creator of the hit series *Coach*  
**Dave Keuning**, guitarist, *The Killers*  
**Shirley Rich Krohn**, Casting director for *Kramer vs. Kramer*, *Three Days of the Condor*, *Taps*, *Saturday Night Fever*  
**Richard Maibaum**, Writer of James Bond motion picture scripts  
**Brandon Routh**, Actor, *Superman Returns*  
**Gene Wilder**, Actor, *Silver Streak*, *Young Frankenstein*, *Stir Crazy*

**Government**

**David Bonior**, U.S. House of Representatives, Mt. Clemons, MI  
**Terry Branstad**, former Governor of Iowa  
**General Charles A. Horner**, Architect of the US air war against Iraq during the Persian Gulf War/Desert Storm  
**Mary Louise Smith**, noted political party leader and civil rights proponent  
**Juanita Kidd Stout**, First black woman elected to a state Supreme Court



**Tom Brokaw**  
NBC News



**Mark Shapiro**  
Former ESPN Vice-President

**Literature**

**Mildred Wirt Benson**, Author of 23 Nancy Drew mysteries and first woman to receive master's degree in journalism at Iowa  
**John Irving**, Writer, *The World According to Garp*, *The Cider House Rules*  
**W.P. Kinsella**, Writer, *Shoeless Joe*  
**Margaret Walker**, Writer, *Jubilee*

**Media**

**Alan Abelson**, Editor, *Barron's*  
**Tom Brokaw**, Former Anchorman, *NBC News*  
**John Cochran**, Correspondent, *ABC News*  
**Paul Conrad**, Political cartoonist and three-time winner of the Pulitzer Prize  
**Wayne Drehs**, General Assignment Writer, *ESPN.com*  
**George Gallup**, Founder, The Gallup Poll  
**Charles Guggenheim**, Documentary filmmaker, Peabody and Oscar award winner  
**Bob Miller**, Broadcaster, Los Angeles Kings  
**Herbert Nipson**, Executive Editor, *Ebony*  
**Brian Ross**, Correspondent, *ABC News*, *NBC News*; Peabody and Emmy award winner  
**Carole Simpson**, Anchor, *ABC News*

**Science and Medicine**

**Dr. Nancy Andreasen**, Psychiatrist renowned for her research on schizophrenia, as well as creativity  
**Dr. Johann L. Ehrenhaft**, Pioneer in field of open heart surgery  
**Dr. Robert C. Hardin**, Developed blood bank protocols during WW II based on seminal work on blood preservation  
**Dr. Don H. O'Donoghue**, sports medicine pioneer  
**James Van Allen**, World famous physicist and discoverer of two radiation belts (the Van Allen Belts) that surround the earth.  
**Dr. Emory D. Warner**, World recognized pathologist

**Pulitzer Prize Winners**

**Marquis Childs**, 1970, *St. Louis Post Dispatch*  
**Rita Dove**, 1987, *Thomas and Beulah*; U.S. Poet Laureate  
**Jorie Graham**, 1996, *The Dream of the Unified Field*; *New and Selected Poems*  
**J. Tracy Kidder**, 1982, *The Soul of a New Machine*  
**James A. McPherson**, 1978, *Elbow Room*  
**Jane Smiley**, 1992, *A Thousand Acres*  
**Tennessee Williams**, 1948, *A Streetcar Named Desire*; 1955, *Cat on a Hot Tin Roof*



# IOWA SWIMMING AND DIVING

The UI Department of Athletics is under the direction of Gary Barta and is regarded as one of the top intercollegiate programs in the nation. Once again, the Hawkeyes enjoyed success both athletically and academically in 2009-10.

Thirty-seven Hawkeyes earned all-conference accolades, while 15 were recognized as all-Americans. Hawkeye student-athletes excelled in the classroom, as well with 178 earning academic all-Big Ten laurels. The graduation rate of Iowa's student-athletes has improved in each of the past 10 years and has consistently ranked above the graduation rate of all UI students.

Paced by its men's cross country and field hockey teams -- each with perfect APR scores of 1,000 for the second straight year -- all 24 of Iowa's intercollegiate athletics programs achieved at a rate that surpasses the national benchmark established by the NCAA. Iowa's men's tennis, women's golf, women's tennis and volleyball all ranked in the upper 90 percent of its peers.

The support of their efforts and attendance by Hawkeye fans ranks among the best across the country.

While the Hawkeyes compete with the best in the nation in a variety of sports, Iowa boasts some of the most impressive athletic facilities in the nation, operated by one of the most respected departments.

Several new projects are underway on the Iowa campus. Some of the latest additions to the UI campus include the completion of the new Campus Recreation and Wellness Center, which houses the swimming and diving teams, and the state-of-the-art \$7 rowing boathouse. In addition to the brand new swimming and rowing facilities, the Roy G. Karro Athletics Hall of Fame and Visitors Center, the Russell and Ann Gerdin Athletic Learning Center and the Hawkeye Tennis and Recreation Center completed construction in recent years. Furthermore, the UI is in the middle of a \$43 million Carver-Hawkeye Arena renovation project that is expected to be completed the summer of 2011.

Kinnick Stadium received a major up-grading and renovation that was completed just prior to the 2006 season. The \$89 million project included the replacing of the south end zone stands and building of a four-level press box that houses 47 guest suites. New scoreboards, video walls, concession stands and new rest rooms were also part of the project.

Iowa athletes have been recognized as all-Americans in their sport on 268 occasions during the past 18 years, including 15 this past season.



*The 2010 Iowa Hawkeye wrestling team won its 23rd NCAA championship along with its 34th Big Ten title. Iowa crowned eight all-Americans en route to its third-straight national and league championships.*



*The Iowa women's basketball team finished runner-up at the Big Ten Tournament and advanced to the second round of the NCAA Tournament last season.*

## IOWA SWIMMING AND DIVING



*The Iowa football team boasted an 11-2 record a year ago, was ranked as high as fourth nationally, and recorded a dominating 24-14 Orange Bowl victory over Georgia Tech.*

During the 2009-10 athletic year, the Hawkeyes continued their trend of success on the playing fields and in academic pursuits. Below are some examples of recent Hawkeye success.

The Hawkeye wrestling team continued its dominance on the mat claiming its 23rd and third-straight NCAA national championship and its 34th and third-straight Big Ten title. Ten Hawkeyes earned all-American laurels en route to the team championship. Tom Brands was tabbed Big Ten Coach of the Year, while Matt McDonough was honored as the league's top freshman.

Iowa football continued its stellar play, winning 11 of its 13 games in 2009, and earned a national ranking as high as fourth. The year culminated with a dominating 24-14 performance over Georgia Tech in the Orange Bowl. The return trip to Miami marked Iowa's sixth January bowl game in eight years. Kirk Ferentz was named Big Ten Coach of the Year, while Bryan Bulaga was honored as the conference's Offensive Lineman of the Year.

Iowa's field hockey team has won the Big Ten Tournament championship three of the last four years and finished third nationally, advancing all the way to the Final Four in 2008. A total of 39 Hawkeyes have garnered all-Big Ten accolades under Head Coach Tracey Griesbaum.

The Hawkeye baseball team surged last season, winning 11 of its last 14 games to finish third in the Big Ten and earn runner-up honors in the conference tournament. Three Hawkeyes and two incoming recruits were drafted in the Major League Draft following the season.

The women's basketball team had another outstanding season, finishing third in the league, earning runner-up honors at the Big Ten Tournament and advancing to the NCAA Second Round. Lisa Bluder, who was named Big Ten Coach of the Year for the third time, coached Kachine Alexander to honorable mention all-America status and Jamie Printy to Big Ten Freshman of the Year laurels.

Under first-year Head Coach Katie Dougherty, the women's tennis team ascended in the national rankings to 18th and earned a NCAA Tournament berth. Also, Iowa's doubles team of Sonja Molnar and Merel Beelen ranked 14th nationally competed in the national tournament at the end of the year. Molnar is a two-time all-Big Ten performer and was tabbed the league's Freshman of the Year in 2009.

Head Coach Mark Hankins continued to have his men's golfers play at a high level. The Hawkeyes finished second, only three strokes from first, at the Big Ten Championships and was only one stroke from advancing to its second-straight NCAA Championships when it placed sixth at Regionals this past spring.

The aforementioned list of team and individual accomplishments are just a sampling of the recent excellence achieved in Iowa City.

Whether it's the top-notch athletic or academic performances, the outstanding community and fan support or the impressive facilities, it's easy to understand why Iowa fans everywhere truly believe, "It's great to be a Hawkeye."

# IOWA SWIMMING AND DIVING

Since its inception in 1979, Athletics Student Services has evolved from a two-person, academic support service to a broad-based, nationally prominent student support services operation. Its purpose is to offer academic and personal support services that will assist student-athletes in making timely progress toward their degrees while preparing to become tomorrow's leaders. Athletics Student Services focuses on four important areas - academic counseling and monitoring, educational and support programs, retention programs and compliance education and services - when working with student-athletes. Following are descriptions of some of the programs, services and opportunities available in those areas.

## **Gerdin Athletics Learning Center**

The \$4.6 million Russell A. and Ann Gerdin Athletics Learning Center opened in August of 2003 and gives all Iowa student-athletes a state of the art facility to support their educational goals. The Athletics Learning Center is a 20,000 square foot facility which provides a computer lab, study lounges, seminar and meeting places for all Hawkeye student-athletes. The Learning Center features an auditorium that converts into two classrooms, separate study rooms for under and upper-class student-athletes with 28 study carrels, a computer lab, tutorial rooms, the book loan repository, offices for Iowa's Student Services staff and a display area to recognize the academic and athletic accomplishments of Iowa's student-athletes.

## **Academic Counseling & Monitoring**

Athletics coordinators work closely with student-athletes and their university-assigned advisors from the time they arrive on campus until the time they leave the University. Along with focusing on academic planning matters such as goal-setting, plans of study, choosing majors and degree requirements, athletics coordinators also help student-athletes understand NCAA, Big Ten and University academic policies. They also solicit feedback from instructors on academic progress made by student-athletes.

## **Tutoring**

Tutoring is available free of charge to all student-athletes. Tutors, who are graduate and professional students, current and former teachers, help with course content as well as study strategies and are available in virtually all general education program subjects.



*The \$4.6 million Russell A. and Ann Gerdin Athletics Learning Center opened in August of 2003 and gives all Iowa student-athletes a state of the art facility to support their educational goals.*

## **Career Guidance & Development**

Planning a meaningful career and a fulfilling life is an ongoing process of expanding and narrowing choices, beginning when student-athletes arrive on campus and continuing throughout their college career and lifetime. The professional staff works with other career development professionals on campus to offer individual consultation, career development seminars, workshops, referrals to other campus offices and special events like the Senior Recognition Banquet for graduating student-athletes.

## **Educational Programs**

A full menu of educational programs are offered to student-athletes to ensure their academic success and personal development as they grow from Today's Hawkeyes to Tomorrow's Leaders. Through collaboration with other University of Iowa student services offices, and in partnership with the NCAA CHAMPS/Life Skills Program, programs address such quality of life issues as alcohol safety, healthy lifestyles, tolerance and respect, career development, professional conduct and leadership development.

## **Retention**

Through the retention program student-athletes, who may need tailored academic assistance and structure, are identified and receive individualized learning plans to help them succeed. Such plans may include daily and weekly planning sessions with athletics coordinators and retention staff, tutoring, study groups, mainstreaming into on-campus services like the writing center, math labs and services for students with learning disabilities.

## **Transition Seminar**

All new student-athletes attend an eight-week transition seminar during the fall semester that is geared toward helping them make the transition from high school to college successfully. Seminar topics include time management skills, learning and study strategies, the culture and rules of the university and Division I Big Ten intercollegiate athletics, and personal leadership and life skills concerning alcohol safety, healthy relationships and intimacy, diversity and inclusion, tolerance, values and character.

# IOWA SWIMMING AND DIVING



### Minority Enrichment Program

This program offers a culturally supportive environment in which minority student-athletes develop friendships and a support network in the university. A core focus group of students and staff coordinate programs such as guest speakers, holiday celebrations, community service activities with the local neighborhood centers, events with Cultural Centers and networking with minority faculty, staff, professional and business leaders.

### Leadership Development through Iowa SAAC

Through the Iowa SAAC (Student-Athlete Advisory Committee), student-athlete representatives selected by their coaches and teammates represent the interests and concerns of their teams to Athletics Administrators. They meet regularly to plan community service, personal development, career education and social programs advised and supported by Athletics Student Services staff. They are consulted about emerging department policies and NCAA proposed legislation. SAAC representatives learn about and participate in the athletics governance structure by serving on department advisory committees.



### Compliance Education and Services

Athletics Student Services administers a comprehensive compliance program to ensure that all staff and student-athletes act in accordance with NCAA, Big Ten Conference and University of Iowa regulations. Staff members oversee and assist with the recruiting of prospective student-athletes. They monitor the continuing eligibility of student-athletes. They oversee and administer student-athlete financial aid. They conduct rules education programs for coaches, staff, student-athletes and boosters. They monitor staff and student-athlete behavior to ensure conformity with the NCAA, Big Ten Conference, University of Iowa and Athletic Department policies and rules.



### Compare the Numbers

Iowa's student-athletes have outperformed the University's entire student population each year since the NCAA started requiring a report of student-athlete graduation rates.

*The Russell A. and Ann Gerdin Athletics Learning Center includes a large computer lab (middle left), as well as areas for group and independent study (top and bottom left).*

# IOWA SWIMMING AND DIVING

## Athletic Training & Sports Medicine

Continuing to set the standard in athletic training and Sports Medicine Service, The University of Iowa provides the student-athlete with exemplary medical care. Athletic Training Services is the largest component of the University of Iowa Sports Medicine program. UI Sports Medicine is a multidisciplinary health-care team housed within the UI Sports Medicine Center, as part of University Hospitals & Clinics (UIHC), striving to provide exemplary everyday care all student-athletes. The team consists of Athletic Training, Orthopaedics, Primary Care, Physician Assistants, Radiology, Physical Therapy, and Nursing. In addition, Athletic Training Services connect student-athletes to UIHC resources and specialty areas. Iowa's staff of 12 full-time licensed athletic trainers and six graduate assistant licensed athletic trainers provide health care services within four athletic training rooms and ancillary facilities, involving injury rehabilitation and prevention programs among other health care services. When injuries and illness occur Iowa's athletic trainers provide treatment and rehabilitation programs to facilitate appropriate return to participation.

Services from the UIHC, among the world's largest university-owned teaching hospitals, support the efforts of the athletic trainers and other specialty sports medicine staff. Located next to Kinnick Stadium, the hospital offers a cutting-edge environment where staff physicians, sports medicine fellows, sports physical therapists, and athletic trainers care for student-athletes and

produce successful outcomes. Dedicated research and education result in outstanding care. During the fall of 2009 the Institute for Orthopaedics, Sports Medicine and Rehabilitation (IOSMR) will open to further enhance the care for student athletes and will house the UI Sports Medicine Center.

Athletic trainers form a team with orthopaedic and primary care physicians for every Hawkeye sport. Many of the physicians are fellowship trained in their specialty area and lecture locally, nationally, and around the world. In addition each athlete has access to orthodontists, nutritionists, psychologists, and specialty physicians at the UIHC. Priority access to see physicians and other health care professionals provides expertise for comprehensive health care that returns the student-athlete to practice and competition promptly and safely.

## Recreation Building Athletic Training Room

The Recreation Building athletic training room is used by the Hawkeye baseball, men's and women's cross country, men's and women's track and field, and softball teams. It supports health care with modalities (moist hot packs, ultrasound, electrical stimulation, Hivamat, and TENS), Hydroworx polar and thermal plunge pools with therapy jets and massage hoses to aid in self administration of deep tissue massage, cardiovascular equipment (LeMond independent pedal bike with Power Cranks, the Keiser Functional Trainer, Pre-Cor Ellipticals and Adaptive Motion Trainer), and a private physicians office.



*The Recreation Building athletic training room is equipped with modalities, Hydroworx polar and thermal plunge pools with therapy jets and massage hoses to aid in self administration of deep tissue massage, cardiovascular equipment and a private physicians office.*

# IOWA SWIMMING AND DIVING

## The Hawkeye Strength Training Program

The program is designed to develop strength, explosiveness, speed, coordination, balance and flexibility. All qualities are developed through progression of exercises in four phases of training: work capacity - ability to perform work for a prolonged time and recover quickly, strength - ability to exert force, power - ability to exert strength quickly, and speed - ability to move the body in shortest time possible.

The highest level of performance is achieved by training under close supervision, in a year-round program. Improvement is monitored closely through the newest and best technology. Electronic timing devices are used to measure sprints, while a microcomputer device is used to monitor peak velocity and power outputs in weight training movements. With this technological support, the athletes are constantly receiving immediate feedback on their development.

## Strength & Conditioning Philosophy

The philosophy of this program consists mainly of two components. The first is to continually develop a scientifically sound program that will maximize strength, power and explosiveness in order to allow the athlete to get the utmost out of their genetic potential, and to reduce the chance of injury. This will primarily be accomplished through the use of ground based free weight exercises and the progressive incorporation of functional movements and plyometrics. The second is to establish a culture which will develop the discipline, character and mental toughness within each athlete and team as a whole so that they are able to make the sacrifices in their training, leave their comfort zone and develop a Championship ATTITUDE. This will encourage them to make the most out of every situation and opportunity given to them in athletics, so that they might know what it is to be fully committed to something in at least one area of their life. When these two converge, they are not only able to reach their full potential; they become champions on and off the playing field.



*The 1,800-square foot Recreation Building strength training facility is equipped with eight Olympic platforms, squat racks, medicine balls, physio balls and over 10,000 pounds of free weights.*

# IOWA SWIMMING AND DIVING

## **An Exceptional Choice**

Since 1847, The University of Iowa has distinguished itself as a leader among public universities. Today its programs in health, business, engineering, education, law, the arts, communications, and the sciences are known worldwide for their excellence and innovation.

## **Outstanding Academic Opportunities**

Iowa offers degrees in 11 colleges: Business, Dentistry, Education, Engineering, Law, Liberal Arts and Sciences, Medicine, Nursing, Pharmacy, Public Health, and the Graduate College. Undergraduates can choose from more than 100 areas of study.

## **A Fun Place to Call Home**

Iowa City is a classic university town where learning and creating truly matter. The city blends the vibrant University campus and the natural beauty of the Iowa River with nearby shopping, entertainment, and residential areas.

## **Commanding Resources**

The University operates one of the largest research library systems in the country. Iowa equips its classrooms and laboratories with the latest in computer technology. Students benefit from this technology-rich environment coupled with the high personal attention of University faculty and staff. Visit the University's web site at [www.uiowa.edu](http://www.uiowa.edu) to about its multifaceted education, research and service programs.

## **More Than a Taste of the Arts**

Although temporarily displaced from their buildings by a summer 2008 flood, Hancher Auditorium and the UI Museum of Art continue to offer performances, exhibits and special events in alternate venues. Premier works of art are displayed in most University buildings and plazas throughout campus. Students may participate in theater, music, and dance groups.

## **Time and Space to Play**

Every year about 90 percent of Iowa's students make use of the University's recreational facilities. Each season offers a full schedule of intramural and club sports, ranging from rugby, tennis, and golf to volleyball, soccer, and swimming. Individual workouts are a part of many students' daily routines. Students also make use of campus walking and running trails, bikeways, ski trails, golf courses, and canoe and sailboat rentals to relax and enjoy leisure time.

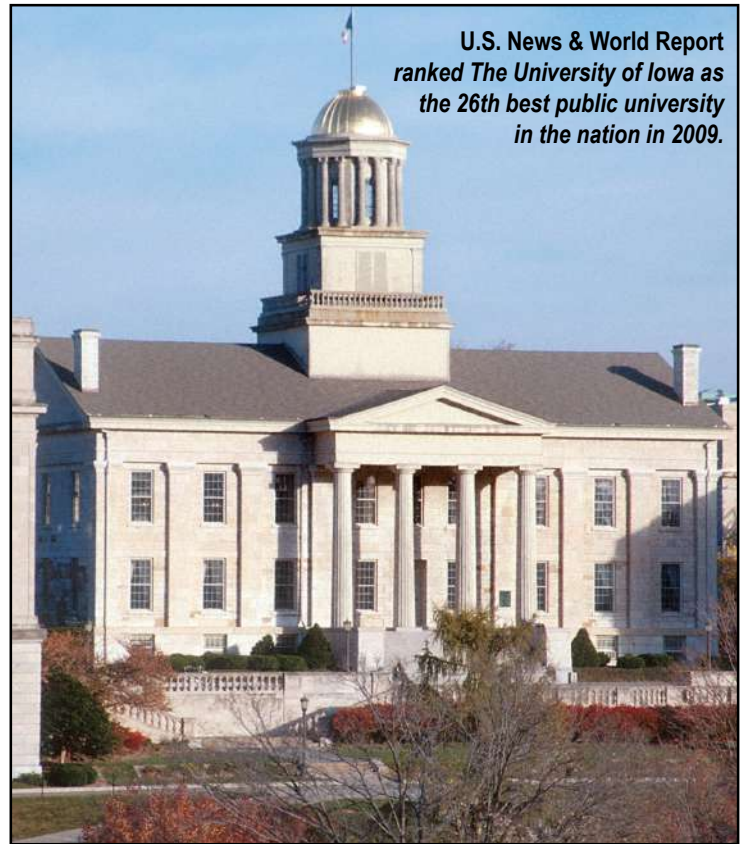
## **What Distinguishes an Iowa Education?**

**Success.** Iowa's philosophy is that if students meet the entrance requirements, the University is going to do everything it can to help students to graduate. An Iowa degree spells success in the job market, giving students the skills to continue learning and growing throughout their careers.

**Excellence.** The faculty is stellar. Students are amazed not only at how much they know but at how enthused they are about sharing that knowledge and getting students excited about their subject.

## **Comfortable class sizes**

Attending a large university does not necessarily mean having large class sizes. More than 30,000 students are enrolled at Iowa, but the UI has a student-to-faculty ratio of 15:1. Large lecture halls host a few of the most popular undergraduate courses, with several hundred students in attendance. However, most lectures are complemented by classroom discussions among smaller groups. Altogether, 92 percent of undergraduate classes have fewer than 50 students in them; 80 percent have fewer than 30 students. Less than 4 percent of undergraduate classes have more than 100 students in them.



**U.S. News & World Report ranked The University of Iowa as the 26th best public university in the nation in 2009.**

## **Consider Iowa's Advantages**

- According to the Fiske Guide to Colleges, the University of Iowa is a "Best Buy" for an outstanding, affordable education.
- Iowa celebrates diversity—the University attracts students from 100 countries and all 50 U.S. states.
- Iowa's students and faculty have an enthusiasm for learning and for having fun.
- Iowa is part of the Big Ten Conference, sharing academic and athletic traditions among a group of America's leading universities.
- Iowa's faculty members not only offer a full range of academic offerings for students, they actively engage in innovative research projects within their specialty areas.
- Students can easily travel a half day by car to a number of large American cities, including Chicago, Minneapolis/St. Paul, Kansas City, St. Louis, and Omaha.
- Iowa City holds a cosmopolitan charm all its own as a gathering place for the world's writers, for world-renowned artists, and for noted visiting lecturers.
- The University's 400+ student organizations include fraternities, sororities, and many professional and cultural societies.
- The University's career and placement services match students with companies for internships and other professional experiences throughout their education.
- The University's graduates excel in their careers, often holding leadership positions within their professions and communities.

# IOWA SWIMMING AND DIVING

## The Colleges

Most freshmen who enroll at The University of Iowa are admitted to either the College of Liberal Arts and Sciences or the College of Engineering. The General Education Program allows students to sample courses in more than 100 areas of study. At Iowa, students are required to take electives, major courses, and general education course work.

## Liberal Arts & Sciences

**Undergraduate Degrees Offered** - Bachelor of Arts (BA) and Science (BS) in 58 major fields; Bachelor of Fine Arts (BFA) in Music (BM) and of Liberal Studies (BLS). **Admission** - Freshmen and transfer students are to meet the college's admissions requirements.

## Engineering

**Undergraduate Degrees Offered** - Bachelor of Science in Engineering (BSE) in six majors- biomedical, chemical, civil, electrical, industrial, and mechanical engineering. **Admission** - Students must meet the college's high admissions requirements.

## Business

**Undergraduate Degrees Offered** - Bachelor of Business Administration (BBA) in six majors: accounting, economics, finance, management, management information systems, and marketing. **Admission** - Usually requires two years of pre-business study in the College of Liberal Arts and Sciences. Details at [www.biz.uiowa.edu/upo/admissions/](http://www.biz.uiowa.edu/upo/admissions/).

## Education

**Teacher Education Programs** - Elementary Education, Art Education, English Education, Foreign Language Education, Mathematics Education, Music Education, Science Education, and Social Studies Education. Additional teaching minors in Coaching, ESL (English as a Second Language), Hearing Impaired, Journalism, and Talented and Gifted. **Admission** - Review all admission requirements and program guides at [www.education.uiowa.edu/tess/](http://www.education.uiowa.edu/tess/)

## Nursing

**Undergraduate Degrees Offered: Bachelor of Science in Nursing (BSN).**

**Admission:** Students typically complete one year of pre-requisite courses in the College of Liberal Arts and Sciences and apply for admission during the second semester of the first year. The College of Nursing has competitive admission. The BSN requires three years of study once the student earns admission.

## Pharmacy

**Professional Degree Offered - Doctor of Pharmacy (PharmD).**

**Admission** - Students must successfully complete required pre-pharmacy course work in the College of Liberal Arts and Sciences. These requirements may be met in two years but do not guarantee admission. Students must also complete the Pharmacy College Admission Test (PCAT).

## Graduate and Professional Degrees

Many student-athletes who have attended The University of Iowa and completed their undergraduate degrees continue their education at the University. Student-athletes who attend graduate or professional school must first complete course work toward a bachelor's degree in their field of study. The University also offers undergraduates the opportunity to participate in research and overseas study programs, as well as internships that will help prepare them for graduate school.



*The Tippie School of Management's MBA program was recently ranked 20th best in the country by Forbes magazine.*



# IOWA SWIMMING AND DIVING

## Housing

Each athletics team has its own rules regarding residence of incoming freshmen. Across the University, about 90 percent of freshmen choose to live on campus in one of the 10 residence halls. Most student-athletes live at least two years on campus.

The residence halls have full-service dining rooms, study lounges, laundry facilities, recreational facilities, vending, and bank machines. Each room has high-speed computer connections for e-mail and Internet access, plus there are wireless networking hot spots in a variety of locations across campus. Iowa also offers wireless networking in 110 buildings and several outdoor areas, providing more than 2,000 access points across campus.

## Safety

- 11:55 p.m. - 2:10 a.m.: Free SafeRide buses take students home Fridays and Saturdays during the fall and spring semesters.
- Public Safety offers Nite Ride, a safe means of late night transportation for women only. Nite Ride operates 10 p.m.-3 p.m. Thursday, Friday and Saturday.
- Special telephones with blue lights are stationed across campus with a direct link to the UI Department of Public Safety.
- University of Iowa Police personnel educate students on safety during summer orientation.
- The Rape Victim Advocacy Program cooperates with the UI Department of Public Safety and participates in Sexual Crime Awareness Week.

## Campus

There are six primary bus routes throughout the Iowa campus. The University Campus provides over three million free rides to class and to the dorms for students each year. Some routes run seven days a week, and some run until 2:30 a.m. Campus also operates a specialized transportation service for persons with disabilities.

## Health Services

The University of Iowa provides the student-athlete with the most up-to-date and highest-quality medical care available. Students at Iowa can go to Student Health Service, which is open Monday through Friday. The service is supported by a fee paid by all full-time students. It offers students unlimited free office visits (there is a charge for other procedures done in the office, such as blood tests).

## Libraries

The University of Iowa Libraries supports the academic achievement of all student-athletes with specialized courses, one-on-one consultations with librarians, 24/7 access to electronic resources through the web site ([www.lib.uiowa.edu](http://www.lib.uiowa.edu)), and extended hours, which can accommodate complicated practice and travel schedules. UI Librarians help students find answers, whether they're on a web site, in a book, journal, government document, or database. Librarians also plan and teach students how to find, evaluate, and use information from a variety of sources--skills they will use throughout their lives.



## Career Planning

Finding and pursuing a career takes careful planning. The Pomerantz Career Center is extremely valuable for student-athletes and can help identify skills that transfer from athletics to the workplace. The program suggests a timeline each student-athlete may follow throughout his or her stay at Iowa. The components of the program include individualized career advising, career education programs, summer job/internship opportunities, resume and cover letter development and preparing for life after college athletics.

## Computers

There are 26 Instructional Technology Centers all over the campus which are filled over 1,000 computers. These facilities are open at least 50 hours a week. Some are open 24 hours. Also, the Information Arcade in the Main Library provides a variety of specialized computing tools. The Computer Demo Center provides information for students who want to purchase computers and software.

## Skills Labs & Support

Many academic departments offer skills labs to help students improve skills necessary to succeed at Iowa, such as writing, speaking, math, science, and foreign language. Assistance with skills such as note-taking, time-management, and test-taking are available through resources such as the College Transition Seminar (a credit-bearing course offered through University College), University Counseling Services, and Athletic Student Services staff.

## Cultural Centers

Four cultural centers on campus provide a welcoming setting where students from various cultures can find cultural, academic, and personal support services: the Latino and Native American Cultural Center, the Afro American Cultural Center, the Asian Pacific American Cultural Center, and the Lesbian, Gay, Bisexual, and Transgender Resource and Education Center.

# IOWA SWIMMING AND DIVING

Iowa City is a diverse, highly cosmopolitan community of 60,000 set in the natural scenic beauty of Iowa's rolling hills and woods along the tree-lined banks of the Iowa River. Iowa City has all the art galleries, ethnic foods, historic architecture and vibrant atmosphere of a much larger city, but with the compactness and friendly feeling of a small town.

As a place to live, Iowa City keeps winning awards and accolades - Named one of the 10 most enlightened towns in the country by Utne Reader, listed in the book *The 100 Best Small Art Towns in America* and selected the number-one place to live in the nation by *Editor & Publisher* magazine.

Economically, businesses such as Rockwell Collins, American College Testing and Procter & Gamble help keep the city booming. In Coralville, a branch office of Geico Auto Insurance has provided many residents with employment opportunities.

Culturally, Iowa City is alive with concerts, art exhibits, readings, plays and art events of all kinds. Located on the University of Iowa campus, Hancher Auditorium is a nationally-known performance center that brings in the best of Broadway, classical and jazz music, dance and other performances. The University of Iowa Theatre Arts department also produces a full schedule of plays each year, featuring the work of student performers and directors. So whether you enjoy the arts as a spectator or as an outlet for your own creativity, Iowa City has the opportunities.

Residents of Iowa City are not only economically and culturally enriched, they also take advantage of the numerous recreational facilities offered around town. The area's more than 30 parks provide opportunities for year-round activities including boating, hiking, swimming, fishing and skiing.

The city's greatest charm, however, remains the sincere friendliness of its citizens, the cosmopolitan atmosphere and the successful partnership built between the community and the University.

## Old Capitol

One of the most recognizable sites in Iowa City is the gold dome of the Old Capitol which is situated in the heart of downtown. Built in 1840, it is Iowa City's most historic building. The Old Capitol was the site of the first governor inauguration as well as the first six Iowa General Assemblies. It is also where the state's Constitution was drafted. When the capital was moved to Des Moines in 1857, the Old Capitol was dedicated to The University of Iowa, becoming the first building owned by the University.

## Coralville Lake

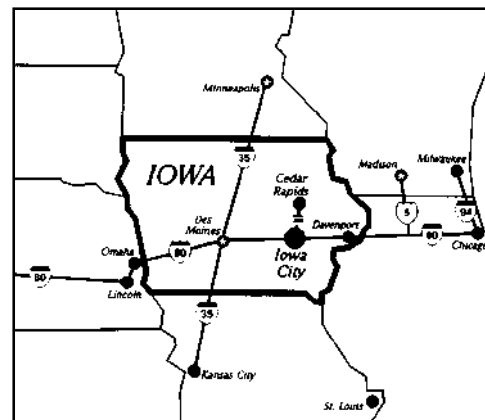
Just north of Iowa City is Coralville Lake, an outdoor recreational area that offers a variety of opportunities for the public. Coralville Lake offers picnic shelters, biking, hiking, fishing, boating, swimming, hunting, camping, snowmobiling, cross country skiing, golf and disc golf.

## City Plaza

Located downtown and in walking distance of many of the University's dormitories is the City Plaza. It is a perfect place to sit outside and study or hang out with friends. During the fall, spring and summer months there are concerts and art festivals in the "Ped" Mall.

## Coral Ridge Mall

The Coral Ridge Mall is a 1.2-million-square-foot shopping center located just minutes from campus. The center combines a mix of over 120 specialty shops and strong department stores including Dillard's, JC Penney, Sears, Target and Younkers. Coral Ridge also offers entertainment features such as an NHL-regulation-sized indoor ice arena, state-of-the-art 10-screen movie theatre and a large carousel along with a 1,000-seat food court with sit-down restaurants. Specialty stores include Abercrombie & Fitch, Barnes & Noble, Gap, Old Navy, Scheels All Sports and Pier 1 Imports.



*Iowa City is located in eastern Iowa and is an easy trip to such cities as Des Moines (the capital of Iowa), Chicago, St. Louis, Kansas City, and Minneapolis. Also, Cedar Rapids, a city of more than 150,000, is just a short drive north of Iowa City. The Eastern Iowa Airport, which links residents to every major airport in the Midwest, nation and world, is only 20 minutes away.*

**For More Information Contact:**  
**Iowa City/Coralville**  
**Convention & Visitors Bureau**  
**900 First Avenue**  
**Coralville 52241**  
**319/337-6592 or 800/283-6592**  
**[www.iowacitycoralville.org](http://www.iowacitycoralville.org)**



# IOWA SWIMMING AND DIVING

## The Hawkeye Nickname

The University of Iowa borrowed its athletic nickname from the state of Iowa many years ago. The name Hawkeye was originally the name of the hero in the fictional novel, *The Last of the Mohicans*, written by James Fenimore Cooper. Cooper had the Delaware Indians bestow the name on a white scout who lived with them.

In 1838, 12 years after the book was published, people in the territory of Iowa acquired the nickname, chiefly through the efforts of Judge David Rorer of Burlington and James Edwards of Fort Madison.

Edwards, editor of the *Fort Madison Patriot*, moved his paper to Burlington in 1843 and renamed it the *Burlington Hawkeye*. The two men continued their campaign to popularize the name, and territorial officials eventually gave it their formal approval.

## Herky The Hawkeye

The Hawkeye nickname gained a tangible symbol in 1948 when a cartoon character, later to be named Herky the Hawkeye was hatched. The creator was Richard Spencer III, instructor of journalism at Iowa.

The impish Hawk was an immediate hit and acquired a name through a statewide contest staged by the athletic department. John Franklin, a Belle Plaine alumnus, was the man who suggested Herky.

Since his birth more than 45 years ago, Herky has symbolized Iowa athletics and epitomized University life. He even donned a military uniform during the Korean War and became the insignia of the 124th Fighter Squadron.

During the mid-1950s, Herky came to life at a football game as the Iowa mascot. Since that time, Herky has been a familiar figure at Iowa athletics events.

## School Colors

For 40 years Iowa was without school colors, but in 1887 a group of 50 seniors met on the steps of the Old Capitol to decide what are now the school official colors. They chose Old Gold, the color of Iowa's vast corn fields and Black, the color of the rich soil.



## School Fight Song

The Iowa Fight Song was written in 1950 by Mason City, Iowa, native Meredith Willson. Best known as the creator of Broadway's "The Music Man," Willson was awarded a 1963 University of Iowa Alumni Association Distinguished Service Award for "setting the spirit of Iowa to music." The lively cheer is sung hundreds of times during Iowa athletics events the year around.

*The word is Fight, Fight, Fight for IOWA  
Let every loyal Iowan sing;*

*The word is Fight, Fight, Fight for IOWA  
Until the walls and rafters ring (Go Hawks!)  
Come on and cheer, cheer, cheer for IOWA  
Come on and cheer until you hear the final gun.*

*The word is Fight, Fight, Fight for IOWA  
Until the game is won.*



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