



Sarah Boyd

Freshman - Distance
Ottawa, Canada
All Saints Catholic High School

High School -- two-time district champion in cross country, earning second team all-state honors twice... placed third at 2007 OFSAA Cross Country Championships... placed sixth in 1,500 and ninth in 800 meters at 2009 OFSAA Track and Field Championships... best times were 2:14.68

in 800 meters, 4:39 in indoor 1,500 meters and 4:40.5 outdoor 1,500 meters... swimming team MVP... swam competitively for 10 years, meeting several national time standards... five-year honor roll student and three-year presidential honor roll student... 2009 Ontario scholar... coached by Sean Grimes... trained with Ottawa Lions track and field club coached by Vince Fay and Nathalie Cote.

Personal -- born June 28, 1991... daughter of John and Elaine Boyd... integrative physiology major.



Rachel Curry

Freshman - Throws
Homestead, IA
Williamsburg High School

High School -- state champion in discus and placed second in shot put at state meet senior year... four-time Drake Relays qualifier... best marks are 44-0 1/4 in shot put and 135-11 in discus... coached by Nick Nordheim.

Personal -- born June 28, 1991... daughter of Sam and Janelle Curry... chemistry/pre-

medicine major.



Matt Byers

Freshman - Throws
Wichita, KS
Wichita East High School

High School -- member of 2009 USA Pan-American team... two-time runner-up in javelin at USA Junior National Championships... two-time conference javelin champion, placing second at state meet twice... set school javelin record (219-8)... also lettered three years in basketball... coached by Brian Byers and

Mike Draut.

Personal -- born November 12, 1990... son of Brian and Debbie Byers... open major.



Kevin Dibbern

Freshman - Sprints
Iowa City, IA
City High School

High School -- two-time state champion in 400 meters... the personal-best 47.77 he ran his senior year ranks sixth in state meet history... won two conference titles in 400 meters, and one each in 100 meters and as part of 1,600-meter relay... team won conference title his freshman year... best times were 10.70 in 100 meters and 21.56

in 200 meters... four-time all-conference, three-time all-district and all-state... two-time team MVP... academic all-state and all-conference senior year, and team captain... also competed in football and cross country... 2009 *Iowa City Press-Citizen* Male Track Athlete of the Year... ended senior year ranked first in the Heartland in 400 meters... National Honor Society member... coached by Tom Carey, Mike Moore, Tim Casey, Jayme Skay, Ryan Ahlers, Andrew Smith and Josh Hildebrand.

Personal -- born July 25, 1990... son of Bill and Karla Dibbern... engineering major.



Alissa Duffy

Junior - Distance
West Des Moines, IA
Valley High School
Iowa State University

2007-08 -- competed in cross country and track at Iowa State.

High School--two-time district 3,000-meter champion, winning won conference title... four-time all-state, all-district and all-conference in cross country and track... team won four district and conference

track team titles and three district and conference cross country team titles... best times were 4:54 in 1,500 meters, 10:46 in 3,000 meters and 14:32 in cross country 4,000 meters... cross country team MVP senior year... coached by Aaron Herman, Keith Borness and Bob Hardin... also played soccer on Valley's state champion team.

Personal -- born January 4, 1989... daughter of Brian and Sharon Duffy... her sister, Shanna, competed in cross country and track at Iowa and her sister, Tiffin, rowed at Iowa... integrative physiology major.



Megan Glisar

Freshman - High Jump/Sprints
Sergeant Bluff, IA
Sergeant Bluff-Luton High School

High School -- National Scholastic Sports Foundation all-American, placing third in high jump at 2007 Nike outdoor meet... is the only student-athlete in Iowa high school track and field history to win four high jump titles at the state meet... 15-time state qualifier, 10-time district champion and nine-time conference champion...

2007 Iowa indoor all-class high jump champion setting meet record... four-time elite all-state... four-year medalist in high jump at Drake Relays... won titles at 2006 USA Junior Olympics and 2007 USA Youth Outdoor National Championships... placed second at 2007 USA Junior Olympics and fifth at 2007 USA Junior Nationals... set indoor school records in high jump (5-7), 200 meters (28.09) and 400 meters (1:03.66) and as part of 800-meter relay (1:56.63)... set outdoor school records in high jump (5-8) and 400 meters (58.01), and as part of sprint medley (1:50.9) and distance medley relays (4:20.7)... team captain and all-conference selection in volleyball and basketball, earning four letters in each sports... selected to all-region team and Iowa Senior All-Star game in basketball... four-year honor roll student who graduated in the top 10 in her class... coached by Mark Bliven and Brian Friesner.

Personal -- born March 30, 1991... daughter of Robert and Julie Glisar... open major.



Eva Greenwalt

Freshman - High Jump
Fitchburg, WI
Verona High School

High School -- six-time conference champion and 12-time state qualifier... placed third in high jump at state meet junior year, earning first team all-state honors... team won three conference, regional and sectional titles... four-time team most valuable athlete and jumper of the year... set school records in high jump

(5-8) and long jump (17-9 3/4)... two-year letterwinner in basketball... graduated with highest honors... National Honor Society member... coached by Mark Happel.

Personal -- born January 14, 1991... daughter of Rick and Katy Greenwalt... health promotion major.



Ashlyn Gulvas

Freshman - Throws
Standish, MI
Standish-Sterling High School

High School -- two-time state champion in both discus and shot put... four-time all-state and all-conference honoree... set school records in shot put (47-0 1/4) and discus (144-6), and as part of 1,600-meter relay... also played varsity basketball... coached by Paul Walderzak, Gary Hagnebuch and Dennis Pruder.

Personal -- born March 25, 1991... daughter of Bill and Faye Gulvas... criminal law major.



Kelsey Hart
Freshman - Distance
West Branch, IA
West Branch High School

High School -- three-time conference champion in track, placing second in 3,000 meters at state meet senior year... two-time first team all-conference in cross country, earning second team honors twice... two-time cross country team MVP and track MVP her senior year... her team won two state cross country titles, competed at

Nike Team Nationals, and one conference track title... best times were 4:55 in 1,500 meters, 10:37 in 3,000 meters and 14:48 in cross country 4,000 meters... four-year honor roll student, academic all-conference and academic letterwinner... earned her school's outstanding scholar-athlete award... National Honor Society member... coached by Harlan Ferguson, Carol Lumpa, Scot Patrick and Tom Mittman.

Personal -- born May 30, 1991... daughter of Doug and Jacqui Hart... open major.



Nia Hermansen
Freshman
Hurdles/Middle Distance
Minnetonka, MN
Minnetonka High School

High School -- ran on state and conference champion 3,200-meter relay senior year... two-time all-conference in cross country and track, earning all-state and team captain honors senior year... team won conference titles in cross country twice and track once... best times were 60.1 in

400 meters, 47.6 in 300-meter hurdles, 2:19 in 800 meters and 15:32 in cross country 4,000 meters... also competed in figure skating... coached by Jane Morgan, Krista Larson and Amy Mayer.

Personal -- born February 20, 1991... daughter of Mike and Mary Hermansen... open major.



Jeffery Herron
Sophomore - Jumps
Richmond, TX
Fort Bend Austin High School
University of Texas-San Antonio

2008-09 -- placed fourth in high jump (6-10 3/4) and 10th in long jump (22-7 3/4) at conference meets while competing for the University of Texas at San Antonio.

High School -- three-time all-district in high jump, winning two titles... runner-up in high jump (6-10) at state meet senior year... two-time team MVP... set school

high jump record (6-10)... played football senior year... ran 400 meters (49.64) at 2008 Rice Bayou Classic and 200 meters (22.43) at Pearland Regional Qualifier... coached by Coach Burlingame and Coach Castle.

Personal -- born April 22, 1990... son of Greatha Williams... mechanical engineering major.



Ethan Holmes
Freshman - Hurdles
Clinton, IA
Clinton High School

High School -- state champion in 110-meter hurdles as a senior and in 400-meter hurdles as a junior... two-time state runner-up in 400-meter hurdles, placing second in 110-meter hurdles, 800-meter relay and 1,600-meter relay once... six-time conference and district hurdles champion... also ran on conference and district

champion 800 and 1,600-meter relays senior year... set school record in 400-meter hurdles (52.71)... other best times are 14.33 in 110-meter hurdles and 49.6 in 400 meters... three-time team MVP... two-time team captain... also lettered in swimming and cross country... two-time member of school's 3.0 club... coached by Anthony Smith and Wes Golden.

Personal -- born March 16, 1991... son of Dan and Renee Holmes... open major.



Jacqueline Jordan
Freshman - Sprints
Waterloo, IA
Cedar Falls High School

High School -- qualified for state meet 11 times and Drake Relays six times... ran on winning 400 and 800-meter relays at state indoor meet junior year... ran on winning 400-meter relay and runner-up sprint medley relay at Drake Relays junior year...

set school records as part of 400-meter (48.92) and 800-meter (1:46.14) relays... best times were 7.1 in 60 meters, 12.4 in 100 meters and 26.5 in 200 meters... coached by John Aldrich and Troy Becker.

Personal -- born March 4, 1991... daughter of Jon Jordan and Janette Blackburn... open major.



Weston Ketelsen
Freshman - Hurdles/Jumps
DeWitt, IA
Central Clinton DeWitt HS

High School -- won high jump state title senior year, placing second in 110-meter hurdles and eighth as part of shuttle hurdle relay at state meet... won conference high jump title senior year, placing second in 110-meter hurdles and as part of shuttle hurdle relay... team won 2009 state and conference titles... set school records

in high jump (6-7) and as part of shuttle hurdle relay (59.6)... first-team all-conference honoree in basketball and soccer... coached by Jerad Birt, Jerad Block and Tony Foxen.

Personal -- born October 30, 1990... son of Kurt and Colleen Ketelsen... sports studies major.



Mariah Jordan
Freshman - Hurdles/Sprints
Iowa City, IA
City High School

High School -- two-time state champion, winning one title in 100-meter hurdles and one as part of shuttle hurdle relay... shuttle hurdle team also won two conference and one Drake Relays title... four-time qualifier for state meet and Drake Relays... set school and state record in 100-meter hurdles (14.3)... other best times are 12.5

in 100 meters and 26.3 in 200 meters... three-time team most valuable hurdler, earning team captain and overall most valuable runner honors as a senior... ran on cross country team that placed second at state meet once and track team that placed second at state meet three times... also played volleyball... coached by Tom Mittman, Terry Coleman, Elaine Rydze and Nathan Cooper.

Personal -- born January 17, 1991... daughter of Jordan and Fonda Jordan... biology major and Spanish minor.



Nick Kuczvara
Junior - Middle Distance
Elmhurst, IL
York High School
Eastern Illinois University

At Eastern Illinois -- placed 25th at 2008 OVC cross country championships... redshirted 2008 outdoor track season... ran 800m and mile during 2008 indoor track, placing eighth in mile at conference meet... ran in two events in the fall of 2007 with a top 8,000-meter time of 26:07 at

Bradley Invite.

High School -- competed in three different events at 2007 state track meet, anchoring state champion 3,200-meter relay... placed 3rd at the state meet as part of 1,600-meter relay... finished 42nd at the 2006 state cross country meet after finishing 26th as a junior... won the 2006 Niles West Sectional Championship... ran as the anchor leg on York HS national championship distance medley relay and national runner-up 3,200-meter relay teams in 2006.

Personal -- born December 9, 1988... son of Steve and Gina Stine, and Glen Kuczvara... health and sport studies major.



Kelsey Labs

Freshman - Hurdles/Sprints
Marion, IA
Marion High School

High School -- three-time conference champion in 400-meter hurdles, winning one title each in 100-meter hurdles and as part of 1,600-meter relay... five-time all-conference, four-time all-district and first team all-Metro and three-time all-WAMAC... set school records in 100 (15.09) and 400-meter hurdles (1:05.24), and as

part of 1,600-meter relay (4:03.48)... team captain, earning outstanding performer and top points awards as a senior... placed fifth in 400-meter hurdles at senior spotlight meet... lettered four years in track, and in cross country and cheerleading... four-year honor roll student, earning academic all-state honors as a senior... coached by Sherryl Gaffney-Paige, Marc Ferguson, Matt Thornton and Emily Logan.

Personal -- born July 1, 1990... daughter of Martin and Kathy Labs... open major.



Tiffany Medenwaldt

Sophomore - Throws
Lake Mills, WI
Lakeside Lutheran High School
University of South Alabama

2009 -- **Indoor** - set school record in weight throw (49-4 1/4) at the Sewanee Invitational... also broke her own school record in the weight throw at the Sewanee Invitational... season best shot put was

39-11 1/2 at SBC Championships... **Outdoor** - set school hammer throw record (155-5)... best performances were 132-8 in discus and 40-2 1/4 in shot put... Presidential scholar, earning a 4.0 grade-point average both semesters.

High School -- won state shot put title (40-5 1/4) senior year, placing fourth in discus (128-1)... three-time sectional champion... set school discus record (138-9)... earned all-state honors as a junior... team MVP senior year... also played softball, basketball and volleyball... four-year honor roll student... coached by Jim Bauer and Dan Krueger.

Personal -- born June 26, 1990... daughter of Joel and Gayle Medenwaldt... nursing major.



Megan Lessard

Graduate - Distance
Manchester, NH
Manchester Central High School
Columbia University

At Columbia University -- graduated cum laude from Columbia University... competed three years each in cross country and track... placed 58th at 2008 NCAA Cross Country Championships (20:53)... won 3,000-meter ECAC conference title (9:25) senior year... placed eighth in 5,000 meters (16:22) at NCAA Eastern Regional

junior year, earning all-region honors... other best times were 4:46.6 in mile, 4:23.04 in 1,500 meters and 17:51 in cross country 5,000 meters... academic all-Ivy selection, earning scholar-athlete award senior year... USTFCCA all-academic team member.

High School -- won two state titles in 800 meters and one in 1,000 meters... track and cross country team captain senior year... nine-time letterwinner... also played soccer... coached by Kelly Feibel.

Personal -- born September 25, 1987... daughter of Gerald and Kim Lessard... public health major.



Emily Messerly

Freshman - Throws
West Des Moines, IA
Waukee High School

High School -- placed third in shot put (39-1) at state meet senior year, helping team to state title... two-time conference shot put champion... team won four conference titles during her career... set shot put school record (40-1)... team captain senior year, scoring most field points on team... placed eighth in shot put (39-9) at 2009

Drake Relays... also played volleyball... academic all-conference... coached by Brandon Morton.

Personal -- born June 26, 1991... daughter of Patrick and Jane Messerly... marketing major.



IOWA HAWKEYE TRACK & FIELD

Meet The Hawkeye Newcomers



Missy Miller
 Freshman
 High Jump/Combined Events
 Tipton, IA
 Tipton High School

High School -- four-time state and conference champion in track... 12-time state track qualifier, competing on two state champion teams... four-time all-conference and all-district in cross country, earning all-state honors three times... three-time team MVP in cross country... won cross country

conference title as a junior, placing second at conference, district and state meet senior year... set school records in high jump (5-7) and 400-meter hurdles (1:04.45)... lettered four years in basketball and two in softball... earned all-state honors in basketball and led the state in scoring for the 2008-09 season before suffering a season-ending injury... National Honor Society member... honor roll student... coached by Dave Fetterman and Jenny King.

Personal -- born February 14, 1991... daughter of Darren and Ann Miller... her sister, Ashley, runs cross country and track at the University of Nebraska... elementary education major.



Emily Moore
 Freshman - Jumps/Sprints
 Gillette, WY
 Campbell County High School

High School -- 15-time state champion, winning four titles in long jump, 100 meters and 200 meters, and three titles in triple jump... two-time Wyoming Gatorade Track and Field Athlete of the Year... 2009 Wyoming Milward Simpson Female Athlete of the Year... earned all-state and all-conference honors four years in track,

two years in golf and two years in basketball... set school records in 100 meters (12.04), 200 meters (24.87), long jump (19-6) and triple jump (40-0 1/2), and as part of 400-meter relay (48.30)... five-time placewinner at Nike Outdoor National meet in long and triple jumps... McDonald's All-American and conference player of the year in basketball senior year... salutatorian of high school class.

Personal -- born February 6, 1991... daughter of Bob and Janet Moore... sports interest major.



Raven Moore
 Freshman - Sprints
 Atlanta, GA
 Sandy Creek High School

High School -- four-time state champion, winning two titles each in 100 and 200 meters... earned award for scoring most team points by an individual at state meet freshman year... two-time runner-up in 100 meters at state meet... set school records in 100 meters (11.9) and 200 meters (24.9)... also played softball and basketball... four-

year principal's honor roll student... honor graduate... coached by Coach Courtney, Coach Glover, Coach Chatam and Coach Mathis.

Personal -- born May 1, 1991... daughter of Antoinette Moore... nursing major.



Jordan Mullen
 Freshman - Hurdles
 Atlantic, IA
 Atlantic High School

High School -- seven-time state champion... set Class 3A state meet records in 110 (14.08) meter hurdles senior year... two-time Drake Relays 110-meter hurdles champion, setting a meet record of 14.04 senior year... set conference 110-meter hurdles record (13.8)... two-time elite all-state and two-time all-state selection... set

school records in 110-meter hurdles (13.8), 400-meter hurdles (52.58) and 200 meters (21.9), and as part of 800-meter (1:29.6) and shuttle hurdle relays... coached by Josh Rasmussen.

Personal -- born April 6, 1990... son of Claudia Mullen and Steve Mullen... business major.



Matt Newman

Freshman - High Jump
Arlington Heights, IL
Buffalo Grove High School

High School -- three-time conference high jump champion... placed second at state meet as a senior and third as a junior and sophomore... set school high jump record (6-10)... two-time team MVP... also played varsity basketball for three years... coached by Jamie Clots and Sean Murrin.

Personal -- born May 24, 1991... son of

John Newman and Eileen Newman... anthropology major.



Kyle Reid

Freshman - Combined Events
Schaumburg, IL
James B. Conant High School

High School -- set school pole vault record (15-3)... won conference titles in 110 and 300-meter hurdles, and as part of 1,600-meter relay... named most valuable athlete junior year, most valuable sprinter sophomore year and most outstanding newcomer freshman year... also competed in soccer and wrestling... coached by Brett

Anderson and John Powers.

Personal -- born July 22, 1991... son of Darren and Laura Reid... mathematics major.



Megan Ranegar

Freshman - Distance
Valparaiso, IN
Valparaiso High School

High School -- won state 3,200-meter title senior year... placed second at state cross country meet junior year... three-time conference champion in 3,200 meters, winning one conference cross country title... ran on conference champion 3,200-meter relay... set school record in 3,200 meters (10:43)... other best times were 5:05 in

1,600 meters and 18:19 in cross country 5,000 meters... runner-up at Nike Team Regional... Indiana's top finishers at Midwest Meet of Champions, placing eighth overall... National Honor Society member... graduated with honors... coached by Karen DeVries, Mick Cavanaugh, Jim McCall and Matt Snoeynk.

Personal -- born June 20, 1990... daughter of Anthony and Kimberly Ranegar... integrative physiology major.



Keaton Rickels

Freshman
Sprints/Middle Distance
Iowa Falls, IA
Iowa Falls-Alden High School

High School -- two-time all-state, placing second in 800 meters and 400-meter hurdles senior year... five-time conference champion and two-time runner-up... set school records in 400 meters (50.2), 400-meter hurdles (52.98), 800 meters (1:55.6) and 1,600 meters (4:32.8)... two-

time first team all-district selection in football... four-time team MVP... five-time team captain (twice in track and wrestling, and once football)... three-time academic all-state in football... four-time honor roll student... National Honor Society member... coached by David and Ronn Rickels.

Personal -- born September 17, 1990... son of Ronn & Alene Rickels... his father wrestled and his mother rank track at the University of Northern Iowa... biology major.



IOWA HAWKEYE TRACK & FIELD

Meet The Hawkeye Newcomers



Cameron Rieger

Freshman - Distance
Mundelein, IL
Carmel Catholic High School

High School -- conference cross country champion senior year, earning all-conference honors three seasons... won 3,200-meter conference title junior year, earning all-conference honors four years... two-time all-sectional in track... two-time all-regional and team MVP in cross country, earning all-sectional honors and qualifying

for state meet senior year... set school record in cross country three miles (14:28)... other best times are 2:01 in 800 meters, 4:31 in 1,600 meters and 9:28 in 3,200 meters... 2009 ESCC Student-Athlete of the Year, earning IHSA scholar award... National Honor Society member... coached by Jim Halford and Lisa Halford.

Personal -- born June 12, 1991... son of Richard and Lori Rieger... marketing major.



Leia Scott

Freshman - Jumps
Downers Grove, IL
Downers Grove North

High School -- set school records in indoor triple jump (35-10 1/2) and outdoor triple jump (36-5), and freshman/sophomore records in indoor 55 meters (7.5), long jump (15-7 1/2) and as part of indoor 400-meter (1:32.6) and 800-meter (1:53.7) relays... two-time state qualifier... lettered four years in track and two in golf... two-time west suburban silver academic team member... coached by Tim McDonald, Bruce Ritter, Erin Flanagan and Michael Kayse.

Personal -- born January 23, 1991... daughter of Michael and Inzafaye Scott... biomedical engineering major.

Personal -- born January 23, 1991... daughter of Michael and Inzafaye Scott... biomedical engineering major.



Alicia Rus

Freshman - Sprints
Eldridge, IA
North Scott High School

High School -- five-time all-conference... member of conference champion 400-meter relay junior year... earned academic all-conference and presidential award junior year, and was named team captain senior year... best marks were 12.64 in 100 meters, 27.4 in 200 meters, 58.01 in 400 meters and 16-7 1/4 in long

jump... won 100 and 200 meters at 2008 Iowa Games, running on winning 1,600-meter relay and placing second in 400 meters... ran on winning 1,600-meter relay at 2008 AAU Regionals... lettered four years in track, two in soccer and one in cross country... four-year honor roll student... coached by Kari Lane, Paula Nemmers-Skarich, Dave Williams, Bernie Peters, Dan Brown and Wendy Hamann.

Personal -- born May 24, 1991... daughter of Richard and Dawn Swope, and Doug and April Rus... art major.



Hannah Simonson

Freshman - Hurdles
Jefferson, IA
Jefferson-Scranton High School

High School -- placed third in 100-meter hurdles and fourth in 400-meter hurdles at state meet senior year... 12-time state qualifier... set school records in 100-meter hurdles (14.7) and 400-meter hurdles (1:05.05), and as part of shuttle hurdle

relay (1:07.67)... four-time team MVP... two-year letterwinner in basketball and swimming... set medley relay school record in swimming and earned honorable mention all-conference honors in basketball... academic all-state in track and basketball... four-year high honor roll student... National Honor Society member... coached by Kelly Simpson.

Personal -- born March 13, 1991... daughter of David and Janie Simonson... integrative physiology/pre-medicine major.



Jasmine Simpson

Freshman - Throws
Wheaton, IL
Glenbard South High School

High School -- two-time all-conference in shot put and discus, winning two conference shot put titles... team captain as a junior... set school records in indoor shot put (40-7)... other best marks are 41-0 in outdoor shot put and 113-7 in discus... lettered two years in basketball... four-year honor roll student... National Honor Society

member... coached by Ryan Chrissey and Mark Tacchi.

Personal -- born April 9, 1991... daughter of Kevin and Sandra Simpson... her sister, Nikki, currently plays softball at the University of Illinois... secondary education major.



Kelsey Taylor

Freshman - Throws
Camp Point, IL
Camp Point Central High School

High School -- two-time conference discus champion, earning all-county second team honors... set school records in shot put (34-2) and discus (132-5)... four-year track letterwinner... also lettered in volleyball and played basketball... four-year high honor roll student... National Honor Society member... coached by Lane Glick and Rod

Schoonover.

Personal -- born January 31, 1991... daughter of Don and Terri Taylor... marketing major.



Ben Stancombe

Freshman - Throws
Bloomington, IN
South High School

High School -- two-time Nike all-American, placing sixth in weight throw indoors and fourth in hammer throw outdoors... placed second in shot put (58-0) and sixth in discus (165-8) at state meet senior year... two-time conference shot put champion, earning all-state and all-conference honors twice... team captain as a senior... set

school record in shot put (60-4)... other best marks are 178-4 in discus, 218-4 in 12-pound hammer throw, 197-4 in 6-kilogram hammer throw and 67-10 in 25-pound weight throw... lettered four years in track and three in football... named football team captain, earning all-conference honors... academic all-state honorable mention, academic all-conference and National Honor Society member... coached by Larry Williams, Wil Fleming, Ryan Ketchum and Doug Ballard.

Personal -- born March 29, 1990... son of Brian and Beth Stancombe... chemistry major.



Jeffrey Thode

Freshman - Distance
Schaumburg, IL
James B. Conant High School

High School -- won state titles in cross country and 1,600 meters senior year... all-state and all-conference honoree, earning team MVP and athlete of the year honors as a senior... placed fifth in two miles at 2009 national meet, finishing ninth as part of 3,200-meter relay and 12th as part of distance medley relay in 2008... set school

records in 800 meters (1:53.710, 1,600 meters (4:05.00) and as part of 3,200-meter relay (7:51.9)... four-year letterwinner in cross country and track... two-time Illinois High School Scholar-Athlete award winner... coached by Russel Dahl and John Powers.

Personal -- born September 10, 1990... son of Jim and Terry Thode... biology major.



Katie Truedson
Freshman - Pole Vault
Oak Brook, IL
Hinsdale Central High School

High School -- won conference indoor pole vault title (10-9) senior year, placing second outdoors (10-6)... won pole vault at 2009 Glenbard West Invite (11-0)... helped team to indoor and outdoor conference titles as a senior... 2009 Oak Brook Athlete of the Year... also competed in gymnastics and pom squad... earned HC Scholar Athlete

Award twice... earned conference senior athletic award... coached by Pat Richards, Dave Knecht and James Conyers.

Personal -- born April 4, 1991... daughter of Tom and Patti Truedson... marketing major.



Kirsten Weismantle
Freshman - Pole Vault
Oak Park, IL
Oak Park River Forest HS

High School -- three-time state qualifier, winning conference pole vault title as a junior and two sectional pole vault titles... three-time all-conference and two-time all-section honoree... all-academic and pole vault team captain senior year... best pole vault mark was 10-9... lettered four years in cross country and track...

coached by Sarah McCabe and Tim Gamble.

Personal -- born October 12, 1990... daughter of Peter Weismantle and Sandy Williams... art education major.



Majesty Tutson
Freshman - Throws
Iowa City, IA
City High School

High School -- placed second in discus and shot put at state and conference meets senior year... Drake Relays discus champion senior year... all-conference and team captain senior year... two-time team throws MVP... best marks are 138-9 1/2 in discus and 41-9 1/2 in shot put... all-academic honoree... three-year letterwinner in

basketball, helping team to 2008 state title... coached by Tom Mittman.

Personal -- born May 2, 1991... daughter of James and LaVerne Tutson... open major.



Nick Young
Freshman - Distance
Bettendorf, IA
Bettendorf High School

High School -- two-time all-conference in track, earning all-state honors in cross country senior year... placed fourth in 1,600 meters (4:24) at state meet junior year... best times are 51.5 in 400 meters, 1:55.6 in 800 meters, 4:23.6 in 1,600 meters and 9:33.6 in 3,200 meters... two-time team MVP in cross country, earning

track team MVP honors as a junior... also played basketball and football... honor roll student, earning academic letters in cross country and track... earned 2009 Presidential academic award... all-academic team member in cross country and track... coached by Joe Lopez and Ben Pennington.

Personal -- born October 3, 1990... son of Tom and Joan Young... business major.