

#CLIMBTHEMOUNTAIN

TRACK AND FIELD



2017 PROGRAM



Table of Contents

- Track Team Rosters 2-3
- 2016 Quick Facts: 4
- Coaching & Support Staff: 5
- All-Time Coaching Records 6-7
- Team Photo 8
- Hawkeye Facilities: 9-10
- 2015 Track & Field Season Reviews: 11-14
- Iowa’s Olympians: 15
- Track & Field NCAA Champions:..... 16-17
- Track & Field All-Americans & National Honorees:... 18-19
- Track & Field Regional Champions & Honorees: 20
- Track & Field Big Ten Champions & Honorees: 21-25
- Drake Relays Champions: 26
- Track & Field Indoor School & Facility Records: 27-28
- Track & Field Indoor Top 10 Performers: 29-32
- Track & Field Outdoor School & Facility Records: 33-34
- Track & Field Outdoor Top 10 Performers: 35-38
- Track & Field Top 10 Relays..... 39-40
- Hawkeye Women’s Elite Competitors:..... 41-42
- Hawkeye Men’s Elite Competitors 43-44
- National Iowa Varsity Club Hall of Fame: 45
- All-Time Track & Field Letterwinners: 46-54
- Cross Country Team Rosters & Quick Facts: 55
- 2015 Cross Country Season Reviews:..... 56-58
- Cross Country School & Course Records: 59
- Cross Country Awards & Honors: 60-62
- All-Time Cross Country Letterwinners:..... 63-65

2017 Cross Country Schedule

| | | |
|----------------|-----------------------------|------------------------|
| Sept. 2 | Hawkeye Invitational | Iowa City, Iowa |
| Sept. 9 | Illinois State | Normal, Ill. |
| Sept. 24 | Roy Griak Invitational | Minneapolis, Minn. |
| Oct. 1 | Regional Preview | Iowa City, Iowa |
| Oct. 15 | Pre-Nationals | Terre Haute, Ind. |
| Oct. 30. | Big Ten Championships | Minneapolis, Minn. |
| Nov. 11 | NCAA Regional | Iowa City, Iowa |
| Nov. 19 | NCAA Championships | Terre Haute, Ind. |

2017 Indoor Track & Field Schedule

| | | |
|-------------------|-----------------------------|------------------------|
| Jan. 7 | Border Battle | Iowa City, Iowa |
| Jan. 14 | Hawkeye Challenge | Iowa City, Iowa |
| Jan. 20 | Hawkeye Invitational | Iowa City, Iowa |
| Jan. 27-28 | Big Ten Challenge | Iowa City, Iowa |
| Feb. 2 | Meyo Classic | South Bend, Ind. |
| Feb. 10 | Iowa State Classic | Ames, Iowa |
| Feb. 11 | Tyson Invitational | Fayetteville, Ark. |
| Feb. 17 | Iowa Open | Iowa City, Iowa |
| Feb. 18 | Alex Wilson Invitational | South Bend, Ind. |
| Feb. 24 | Big Ten Championships * | Geneva, Ohio |
| Mar. 10-11 | NCAA Championships | College Station, Texas |

2017 Outdoor Track & Field Schedule

| | | |
|----------------|---------------------------------------|------------------------|
| Mar. 17-18 | Baldy Castillo | Tempe, Ariz. |
| Mar. 31 | Stanford Invitational | Palo Alto, Calif. |
| Apr. 1 | Florida Relays | Gainesville, Fla. |
| Apr. 1 | San Francisco State Distance Carnival | San Francisco, Calif. |
| Apr. 8 | Sun Angel Classic | Tempe, Ariz. |
| Apr. 15 | Mt. Sac Relays | Torrance, Calif. |
| Apr. 22 | Musco Twilight | Iowa City, Iowa |
| Apr. 26-29 | Drake Relays | Des Moines, Iowa |
| May 12-14 | Big Ten Championships | State College, Penn. |
| May 25-27 | West Regional Championships | Austin, Texas |
| Jun. 7-10 | NCAA Championships | Eugene, Ore. |

UI Intercollegiate Athletics Department Mission Statement

The mission of the Department of Intercollegiate Athletics is to provide the administrative and coaching support, facilities, resources, and equipment necessary for student-athletes to graduate from The University of Iowa while competing successfully in broad-based championship caliber intercollegiate athletics. The overall well-being of the participant and integrity of the program are paramount in all that we do.

UI Nondiscrimination Statement

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD),diversity@uiowa.edu.

UI Accessibility Statement

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the UI Athletics Ticket office (319-335-9309) or UI Athletics Event Management (319-335-9247).

Credits

The University of Iowa men’s track and field and cross country media guide was written, designed and edited by Athletic Communications intern Jack Rossi, and assistant athletic communication Directors Traci Wagner and Chris Brewer. Photographs provided by Chris Donahue, Darren Miller and University of Iowa CMP Photo Services. Cover artwork designed by Mindy Gardner. Printing done by University of Iowa Printing.



| Name | Event | Yr. | Hometown (Last School) |
|-----------------------|-----------------|-----|---|
| Ben Anderson | Distance | Sr. | Clive, Iowa (West Des Moines Valley) |
| Peter Andreano | Jumps | So. | Minooka, Ill. (Minooka) |
| Alex Balke | Throws | Jr. | Iowa City, Iowa (Regina) |
| Christian Brissett | Sprints | So. | Wyncote, Penn. (Cheltenham High) |
| Akinshe Calica-Hill | Jumps | Fr. | Chesapeake, Va. (Western Branch) |
| Anthony Chaidez | Mid-Distance | Fr. | Sylmar, Calif. (Notre Dame Academy) |
| Peyton Chapman | Middle Distance | So. | Bolingbrook, Ill. (Bolingbrook) |
| Brandon Cooley | Distance | Fr. | Bettendorf, Iowa (Bettendorf) |
| Kevin Docherty | Distance | Sr. | St. Paul, Minn. (Cretin Derham Hall) |
| Ryan Dorman | Middle Distance | Jr. | Iowa City, Iowa (City High School) |
| William Dougherty | Multiple Events | Jr. | Moville, Iowa (Woodbury Central) |
| Chris Douglas | Hurdles | So. | Deerfield, Ill. (Deerfield) |
| Ian Eklin | Distance | So. | Plymouth, Minn. (Wayzata) |
| Gage Eller | Hurdles | Fr. | Ames, Iowa (Ames High) |
| Nate Ferree | Distance | Sr. | Appleton, Wis. (Xavier) |
| Max Ford | Throws | Jr. | Macomb, Ill. (Western Illinois) |
| DeJuan Frye | Sprints | So. | Lacey, Wash. (River Ridge High) |
| Jared Ganschow | Sprints | Sr. | Oxford, Iowa (Clear Creek Amana) |
| Daniel Gardarsson | Distance | Sr. | Reykjavik, Iceland (Iowa City West) |
| Jacob Gourley | Sprints | So. | Eagan, Minn. (Minnesota State Mankato) |
| Anthony Gregorio | Distance | Gr. | Palatine, Ill. (Palatine) |
| Charles Guier | Long Sprints | Fr. | Sweet Springs, Mo. (Smith-Cotton) |
| Mar'yea Harris | Sprints | So. | Auburn, Wash. (Long Beach, Wilson) |
| Bailey Hesse-Withbroe | Distance | So. | Stillwater, Minn. (Stillwater) |
| Gavin Hoch | Hurdles | Fr. | Lake Forest, Ill. (Lake Forest) |
| Collin Hofacker | Sprints | Fr. | Freedom, Wis. (Freedom High) |
| Antwon James | Sprints, Jumps | Sr. | Lombard, Ill. (Loyola) |
| Andy Jatis | Jumps | So. | Homer Glen, Ill. (Providence Catholic High) |
| Nick Jensen | Sprints | Jr. | Iowa Falls, Iowa (Iowa Falls-Alden) |
| Adam Jones | Distance | So. | Columbus, Ga. (Samford University) |
| Kallin Khan | Distance | So. | Lisle, Ill. (St. Ignatius Prep) |
| Tyler Kirkwood | Hurdles | Fr. | East Aurora, Ill. (Waubonsie Valley) |
| Cooper Koenig | Jumps | Fr. | West Branch, Iowa (West Branch) |
| Noah Larrison | Hurdles | So. | Clive, Iowa (Waukee) |
| Austin Lietz | Hurdles | Fr. | Sherman Oaks, Calif. (Notre Dame Academy) |
| Carter Lilly | Middle Distance | Jr. | Sioux City, Iowa (Sioux City East) |
| Aaron Mallett | Hurdles | Sr. | St. Louis, Mo. (McCluer North) |
| Matt Manternach | Mid-Distance | Fr. | Monticello, Iowa (Monticello) |
| Michael Melchert | Distance | Jr. | Monticello, Iowa (Monticello) |
| Avery Meyers | Throws | Sr. | West Liberty, Iowa (West Liberty) |
| Erik Miller | Jumps | So. | Saint Charles, Ill. (Illinois State) |
| Cole Mullins | Distance | So. | West Des Moines, Iowa (Valley) |
| Daniel Murphy | Distance | So. | Marion, Iowa (Linn-Mar) |
| Nathan Mylenek | Distance | Fr. | Clarkston, Mich. (Pontiac Notre Dame Prep) |
| Charles Nash | Distance | So. | Deerfield, Ill. (Deerfield) |
| Josh Pelock | Jumps | Fr. | St. Charles, Ill. (St. Charles North) |
| Luke Sampson | Distance | Fr. | Little Chute, Wis. (Little Chute) |
| Karson Sommer | Distance | Fr. | Bettendorf, Iowa (Pleasant Valley) |
| Daniel Soto | Distance | So. | West Des Moines, Iowa (Valley) |
| Nolan Teubel | Middle Distance | So. | Lisbon, Iowa (Mount Vernon) |
| Will Teubel | Middle Distance | Gr. | Lisbon, Iowa (Mount Vernon) |
| Brendan Thompson | Sprints | Gr. | Fort Madison, Iowa (Fort Madison) |
| Chris Thompson | Sprints | Fr. | Lemont, Ill. (Lemont) |
| Reno Tuufuli | Throws | So. | Las Vegas, Nev. (Liberty) |
| Tysen VanDraska | Mid-Distance | Fr. | Swisher, Iowa (Cedar Rapids Prairie) |
| Vinnie Saucer Jr. | Sprints | Sr. | Valencia, Calif. (Oaks Christian) |
| Anthony Williams | Hurdles | Fr. | Chesapeake, Va. (Western Branch) |
| O'Shea Wilson | Sprints | Sr. | Houston, Texas (Fort Bend Bush) |
| Mitch Wolff | Hurdles | Sr. | Plainfield, Ill. (Plainfield South) |
| Antonio Woodard | Sprints | So. | Rancho Cucamonga, Calif. (Upland High) |

Pronunciation Guide

| Name | Pronunciation |
|-------------------|---------------|
| Alex Balke | ball-KEY |
| Kevin Docherty | DOC-er-tee |
| Nate Ferree | fuh-REE |
| Jared Ganschow | GAN-chow |
| Daniel Gardarsson | GAR-duh-sun |
| Nathan Mylenek | MY-len-ek |
| Will Teubel | TUE-bull |
| Reno Tuufuli | TOO-foo-lee |



2017 Women's Track & Field Roster

| Name | Event | Yr. | Hometown (Last School) |
|-----------------------|-----------------|-----|--|
| Taylor Arco | Middle Distance | Fr. | Mission Viejo, Calif. (Mission Viejo) |
| Marta Bote Gonzalez | Distance | Jr. | Mérida, Spain (Colegio Salesianos Maria Auxiliadora) |
| Kelly Breen | Distance | Sr. | Palatine, Ill. (Fremd) |
| Nia Britt | Throws | So. | Sherman Oaks, Calif. (Notre Dame High) |
| Brittany Brown | Sprints | Jr. | Upland, Calif. (Claremont) |
| Talia Buss | Sprints | Fr. | Waukee, Iowa (Waukee) |
| Sheridan Champe | Sprints | Jr. | Amherst, Ohio (Amherst Steele High) |
| Heaven Chandler | Jumps | Jr. | Columbus Junction, Iowa (Columbus Community High) |
| Taylor Chapman | Sprints | So. | Perkasie, Pennsylvania (Pennridge) |
| Grace Coen | Distance | Fr. | Newton, Iowa (Newtown) |
| Leah Colbert | Throws | Jr. | Troy, Mo. (Troy Buchanan High) |
| Sydney Collins | Jumps | Fr. | Lake Geneva, Wis. (Badger) |
| Amber Decker | Middle Distance | Fr. | Marion, Iowa (Linn-Mar) |
| Kelle DeGeorge | Jumps | Fr. | Bettendorf, Iowa (Pleasant Valley) |
| Carly Donahue | Hurdles | Fr. | Pleasant Valley, Iowa (Pleasant Valley) |
| Claire Dupuis | Distance | Fr. | Ames, Iowa (Ames) |
| Maria Eastman | Distance | Fr. | Victoria, Minn. (Holy Family Catholic) |
| Ashley Espinosa | Distance | So. | Lake Villa, Ill. (Lakes) |
| Alexis Gay | Sprints | So. | River Forest, Ill. (Trinity) |
| Lauren Gibbs | Distance | Fr. | Mililani, Hawaii (Mililani) |
| Briana Guillory | Sprints | So. | Antioch, Calif. (Deer Valley High) |
| Erika Hammond | Throws | Fr. | Clinton, Iowa (Clinton) |
| Tashee Hargrave | Sprints | Fr. | Naperville, Ill. (Neuqua Valley) |
| Alexis Hernandez | Sprints | Sr. | San Diego, Calif. (Mount Carmel) |
| Lindsay Herra | Throws | Sr. | Rockford, Ill. (Boylan Catholic) |
| Julie Hollensbe | Distance | Fr. | Williamsburg, Iowa (Williamsburg) |
| Jasmine Howell | Sprints | Fr. | Frankfort, Ill. (Lincoln-Way East) |
| Alana Jones | Distance | Sr. | Laguna Hills, Calif. (Laguna Hills) |
| Jenny Kimbro | Hurdles | Fr. | Sidell, Ill. (Salt Fork) |
| Mallory King | Middle Distance | Fr. | Davenport, Iowa (Assumption) |
| Hunter Koenigsfeld | Distance | Fr. | Cedar Rapids, Iowa (Jefferson) |
| Aubrianna Lantrip | Jumps | Fr. | Phelps, New York (Midlakes) |
| Christina MacNab | Jumps | Fr. | New Lenox, Ill. (Providence Catholic) |
| Chase Martin | Multi-Events | Fr. | Houston, Texas (Lamar) |
| Kara Misel | Throws | Jr. | Solon, Iowa (Solon) |
| Kylie Morken | Multi-Events | Fr. | Ames, Iowa (Ames) |
| Kara Neustrom | Distance | Jr. | West Des Moines, Iowa (Valley High School) |
| Elizabeth Niedert | Distance | Jr. | Glen Ellyn, Ill. (Glenbard South) |
| Lauren Opatrny | Distance | So. | McHenry, Ill. (McHenry) |
| Jalynn Roberts-Lewis | Sprints | Jr. | Des Moines, Iowa (Illinois State) |
| Tia Saunders | Middle Distance | Fr. | Iowa City, Iowa (Iowa City West) |
| Hannah Schilb | Jumps | Fr. | St. Charles, Ill. (St. Charles North) |
| Haley Schroeder | Middle Distance | Fr. | Elkader, Iowa (Central Community) |
| Tria Seawater-Simmons | Jumps | So. | Phoenix, Ariz. (Mountain Pointe) |
| Laura Sherman | Sprints | Fr. | Dubuque, Iowa (Wahlert) |
| Andrea Shine | Distance | So. | Crystal Lake, Ill. (Prairie Ridge High) |
| Jordyn Sindt | Middle Distance | Sr. | Griswold, Iowa (Griswold) |
| Amy Smith | Jumps | So. | Wheaton, Ill. (Wheaton-Warrenville, South) |
| Megan Tamasovich | Jumps | Fr. | Canal Winchester, Ohio (Canal Winchester) |
| Laulauga Tausaga | Throws | Fr. | Spring Valley, Calif (Mount Miguel) |
| Jahisha Thomas | Jumps | Jr. | London, United Kingdom (Wallington High) |
| Gillian Urycki | Jumps | Fr. | Metamora, Ill. (Metamora) |
| Allison Wahrman | Jumps | Fr. | Carol Stream, Ill. (Glenbard North) |
| Mahnee Watts | Middle Distance | Sr. | Bettendorf, Iowa (Bettendorf) |
| Madison Waymire | Distance | Jr. | Grimes, Iowa (Dallas Center-Grimes) |
| Macie Weber | Distance | Fr. | Cascade, Iowa (Cascade) |
| Lindsay Welker | Middle Distance | Fr. | Terre Haute, Ind. (Terre Haute North Vigo) |
| Tess Wilberding | Distance | Sr. | Troy, Mich. (Birmingham Seaholm) |

Pronunciation Guide

Name Pronunciation
Marta Bote Gonzalez BOAT
Sheridan Champe CHAMP-ee
Kara Neustrom NEW-strum
Elizabeth Niedert KNEE-dirt
Mahnee Watts MAH-knee



General Information

Location:Iowa City, IA
 Founded: 1847
 Enrollment: 33,334
 Conference: Big Ten
 School Colors: Black and Gold
 President: Bruce Harreld
 Director of Athletics: Gary Barta
 Nickname/Mascot: Hawkeyes/Herky the Hawk
 Cross Country Facility: Bill and Jim Ashton Cross Country Course
 Indoor Track & Field Facility: UI Recreation Building
 Outdoor Track & Field Facility: Francis X. Cretzmeyer Track

Coaching & Staff Information

Director of Track & Field (Yr. at Iowa): Joey Woody (11th)
 Events: Men's Sprints, Hurdles & Relays; Women's Long Sprints & Hurdles
 Alma Mater, Yr.: Northern Iowa, 1997
 E-Mail Address: joey-woody@uiowa.edu
 Interim Cross Country/Asst. Track & Field Coach (Yr. at Iowa): Randy Hasenbank (1st)
 Events: Cross Country, Distance
 Alma Mater, Yr.: Wichita State
 E-Mail Address: randy-hasenbank@uiowa.edu
 Associate Head Coach (Yr. at Iowa): Clive Roberts (8th)
 Events: Horizontal Jumps; Women's Short Sprints, Hurdles & Relays
 Alma Mater, Yr.: Central Michigan, 2003
 E-Mail Address: clive-roberts@uiowa.edu
 Assistant Coach (Yr. at Iowa): Jason Wakenight (3rd)
 Events: Middle Distance, Sprints & Relays
 Alma Mater, Yr.: University of Iowa, 2006
 E-Mail Address: jason-wakenight@uiowa.edu
 Assistant Coach (Yr. at Iowa): Andrew Dubs (3rd)
 Events: Throws
 Alma Mater, Yr.: University of Connecticut, 2009
 E-Mail Address: andrew-dubs@uiowa.edu
 Cross Country/Track Administrator: Paula Jantz
 Cross Country/Track Secretary: Syrena Even
 Office Phone: (319) 335-9257
 Office Address: Carver-Hawkeye Arena, Iowa City, IA 52242

Media Information

Cross Country/Track and Field SID: Jack Rossi
 E-Mail Address: jack-rossi@uiowa.edu
 Sports Information Phone: (319) 335-9411
 Sports Information Fax: (319) 335-9417
 Office Address: Carver-Hawkeye Arena, Iowa City, IA 52242
 Web Site: www.hawkeyesports.com

Men's Track & Field Team Information

2016 Big Ten Indoor Championships Place (Points):8th (50)
 2016 Big Ten Indoor Champions Returning/Lost:2/0
 2016 Indoor All-Big Ten Competitors Returning/Lost:2/0
 2016 NCAA Indoor Championships Qualifiers Returning/Lost:2/0
 2016 Indoor All-Americans Returning/Lost:1/0
 2016 Big Ten Outdoor Championships Place (Points):4th (86)
 2016 Big Ten Outdoor Champions Returning/Lost:5/1
 2016 Outdoor All-Big Ten Competitors Returning/Lost:4/2
 2016 NCAA Outdoor Championships Qualifiers Returning/Lost:8/1
 2016 Outdoor All-Americans Returning/Lost:1/1
 2016 Letterwinners Returning/Lost:28/3

Men's Track & Field Historical Information

Highest Big Ten Indoor Team Place (Yrs.): 1st (1926, 1929, 1963)
 Highest NCAA Indoor Champ's Team Place (Yrs.):8th (2011)
 Highest Big Ten Outdoor Champ's Team Place (Yrs.): 1st (1963, 1967, 2011)
 Highest NCAA Regional Team Finish (Pts., Yr.):12th (25, 2008)
 Highest NCAA Outdoor Champ's Team Place (Yr.):7th (1967)
 NCAA Champions: 10 champions, 12 titles
 All-Americans: 76 student-athletes, 134 honors
 NCAA Champions/Qualifiers:1/207
 Big Ten Indoor Champions: 89 champions, 117 titles
 Big Ten Outdoor Champions: 152 champions, 188 titles
 All-Big Ten Honorees: 137 honors
 Academic All-Big Ten Honorees: 99 student-athletes, 186 honors

Women's Track & Field Team Information

2016 Big Ten Indoor Championships Place (Points):5th (50)
 2016 Big Ten Indoor Champions Returning/Lost:0/2
 2016 Indoor All-Big Ten Competitors Returning/Lost:0/3
 2016 NCAA Indoor Championships Qualifiers Returning/Lost:2/2
 2016 Indoor All-Americans Returning/Lost:0/0
 2016 Big Ten Outdoor Championships Place (Points):6th (58)
 2016 Big Ten Outdoor Champions Returning/Lost:2/2
 2016 Outdoor All-Big Ten Competitors Returning/Lost:4/2
 2016 NCAA Outdoor Championships Qualifiers Returning/Lost:4/2
 2016 Outdoor All-Americans Returning/Lost:0/0
 2016 Letterwinners Returning/Lost:12/8

Women's Track & Field Historical Information

Highest Big Ten Indoor Team Place (Pts., Yr.):...3rd (65, 1981; 89, 2004)
 Highest NCAA Indoor Champ's Team Place (Pts., Yr.): ..14th (10, 1993)
 Highest AIAW Indoor Champ's Team Place (Pts., Yr.):...10th (15, 1982)
 Highest Big Ten Outdoor Champ's Team Place (Pts., Yr):.3rd (75, 1981)
 Highest NCAA Regional Team Finish (Pts., Yr.):8th (34.5, 2007)
 Highest NCAA Outdoor Champ's Team Place (Pts., Yr.): 19th (12, 1992)
 Highest AIAW Outdoor Champ's Team Place (Pts., Yr.):.10th (21, 1982)
 NCAA Champions: 3 champions, 4 titles
 All-Americans: 42 student-athletes, 73 honors
 NCAA Champions/Qualifiers:3/140
 Big Ten Champions (Indoor/Outdoor):33/33
 All-Big Ten Honorees: 98 honors
 Academic All-Big Ten Honorees: 149 student-athletes, 239 honors



Hawkeye Coaching & Support Staff



Joey Woody
Director of Track
& Field



Clive Roberts
Associate Head Coach



Randy Hasenbank
Associate Head coach



Andrew Dubs
Assistant Coach



Jason Wakenight
Assistant Coach



Kate See
Director of Operations



Mark Hankins
Administration



Landon Evans
Strength and Conditioning
Coach



Kendra Wieditz
Secretary



Andy Winkelmann
Academic Advisor



Randy Jensen
Facilities



Terry Noonan
Assistant Athletic
Trainer



Bill Maxwell
Head
Strength Coach



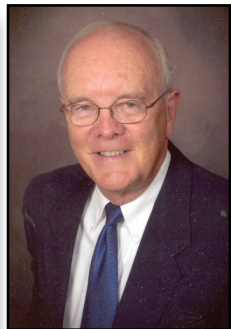
Jack Rossi
Athletic
Communications



Cody Roberts
Assistant
Strength Coach



Ethan Holmes
Volunteer
Assistant Coach



John Raffensperger
Volunteer
Assistant Coach



Jon-Michael Brandt
Volunteer
Assistant Coach



Lake Kwaza
Volunteer Assistant
Coach



Kyle Reid
Volunteer Assistant
Coach



Klint Dougherty
Graduate
Athletic Trainer



Wes Spading
Undergraduate
Athletic Trainer



Alexis Arango
Manager



Kevin Clark
Manager



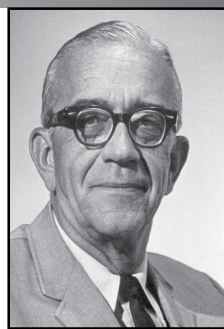
Joey Woody
2015-Pres



Larry Wiczorek
1998-2014



Ted Wheeler
1978-1997



Francis Cretzmeyer
1949-1977



George Bresnahan
1921-1948

Men

| YEAR | COACH | B1G FINISH Indoor/Outdoor | B1G Champions | ALL- Americans |
|------|------------|------------------------------|------------------|-------------------|
| 2016 | Woody | 8th/4th | 3 | 16 |
| 2015 | Woody | T7/3rd | 3 | 10 |
| 2014 | Wiczorek | 10th/7th | 3 | 6 |
| 2013 | Wiczorek | 7th/5th | 7 | 12 |
| 2012 | Wiczorek | 8th/5th | 4 | 9 |
| 2011 | Wiczorek | 4th/1st | 6 | 18 |
| 2010 | Wiczorek | 5th/4th | 3 | 5 |
| 2009 | Wiczorek | 9th/7th | 0 | 2 |
| 2008 | Wiczorek | 8th/8th | 2 | 1 |
| 2007 | Wiczorek | 7th/7th | 3 | 1 |
| 2006 | Wiczorek | 7th/4th | 2 | 1 |
| 2005 | Wiczorek | 10th/8th | 2 | 0 |
| 2004 | Wiczorek | 10th/10th | 0 | 1 |
| 2003 | Wiczorek | 9th/9th | 1 | 1 |
| 2002 | Wiczorek | N.A/6th | 2 | 3 |
| 2001 | Wiczorek | 10th/5th | 3 | 2 |
| 2000 | Wiczorek | 8th/6th | 0 | 4 |
| 1999 | Wiczorek | 7th/2nd | 7 | 4 |
| 1998 | Wiczorek | 5th/3rd | 5 | 8 |
| 1997 | Wheeler | 4th/9th | 2 | 1 |
| 1996 | Wheeler | 8th/10th | 2 | 4 |
| 1995 | Wheeler | 9th/6th | 4 | 5 |
| 1994 | Wheeler | 10th/7th | 1 | 1 |
| 1993 | Wheeler | 9th/9th | 2 | 3 |
| 1992 | Wheeler | 7th/9th | 1 | 2 |
| 1991 | Wheeler | 8th/7th | 1 | 0 |
| 1990 | Wheeler | 6th/8th | 3 | 0 |
| 1989 | Wheeler | 7th/7th | 2 | 2 |
| 1988 | Wheeler | 9th/7th | 1 | 2 |
| 1987 | Wheeler | 10th/6th | 1 | 0 |
| 1986 | Wheeler | 7th/3rd | 4 | 0 |
| 1985 | Wheeler | 8th/5th | 0 | 1 |
| 1984 | Wheeler | 6th/4th | 3 | 4 |
| 1983 | Wheeler | 8th/5th | 1 | 1 |
| 1982 | Wheeler | 9th/8th | 0 | 0 |
| 1981 | Wheeler | 8th/8th | 0 | 0 |
| 1978 | Wheeler | 8th/9th | 1 | 1 |
| 1977 | Cretzmeyer | T6th/9th | 1 | 0 |
| 1976 | Cretzmeyer | 8th/5th | 1 | 0 |
| 1975 | Cretzmeyer | 6th/T6th | 4 | 1 |
| 1980 | Wheeler | 9th/9th | 1 | 0 |

Men

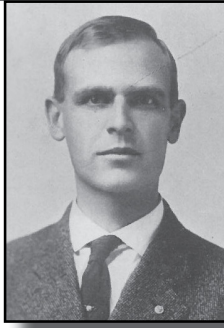
| YEAR | COACH | B1G FINISH Indoor/Outdoor | B1G Champions | ALL- Americans |
|------|------------|------------------------------|------------------|-------------------|
| 1979 | Wheeler | 9th/8th | 0 | 4 |
| 1974 | Cretzmeyer | 9th/6th | 1 | 0 |
| 1973 | Cretzmeyer | 8th/8th | 0 | 1 |
| 1972 | Cretzmeyer | 9th/8th | 2 | 0 |
| 1971 | Cretzmeyer | 10th/9th | 1 | 0 |
| 1970 | Cretzmeyer | 9th/9th | 0 | 0 |
| 1969 | Cretzmeyer | 7th/8th | 0 | 0 |
| 1968 | Cretzmeyer | 8th/6th | 5 | 1 |
| 1967 | Cretzmeyer | 3rd/1st | 6 | 8 |
| 1966 | Cretzmeyer | 3rd/2nd | 6 | 0 |
| 1965 | Cretzmeyer | 8th/4th | 3 | 1 |
| 1964 | Cretzmeyer | 10th/6th | 0 | 0 |
| 1963 | Cretzmeyer | 1st/1st | 9 | 0 |
| 1962 | Cretzmeyer | 4th/4th | 3 | 1 |
| 1961 | Cretzmeyer | 3rd/4th | 1 | 0 |
| 1960 | Cretzmeyer | 6th/6th | 1 | 0 |
| 1959 | Cretzmeyer | 9th/4th | 1 | 0 |
| 1958 | Cretzmeyer | 6th/6th | 3 | 0 |
| 1957 | Cretzmeyer | 6th/T7th | 5 | 1 |
| 1956 | Cretzmeyer | 2nd/2nd | 7 | 3 |
| 1955 | Cretzmeyer | 7th/3rd | 0 | 0 |
| 1954 | Cretzmeyer | 6th/5th | 3 | 0 |
| 1953 | Cretzmeyer | 6th/4th | 2 | 1 |
| 1952 | Cretzmeyer | 3rd/3rd | 2 | 1 |
| 1951 | Cretzmeyer | 8th/5th | 0 | 0 |
| 1950 | Cretzmeyer | 8th/7th | 3 | 0 |
| 1949 | Cretzmeyer | 9th/9th | 0 | 0 |
| 1948 | Bresnahan | 9th/9th | 0 | 0 |
| 1947 | Bresnahan | 9th/9th | 0 | 0 |
| 1946 | Bresnahan | 9th/9th | 0 | 0 |
| 1945 | Bresnahan | 7th/8th | 0 | 0 |
| 1944 | Bresnahan | 5th/9th | 0 | 0 |
| 1943 | Bresnahan | 8th/10th | 1 | 0 |
| 1942 | Bresnahan | 6th/7th | 2 | 0 |
| 1941 | Bresnahan | 10th/10th | 0 | 0 |
| 1940 | Bresnahan | 10th/10th | 0 | 0 |
| 1939 | Bresnahan | 8th/10th | 0 | 0 |
| 1938 | Bresnahan | 3rd/5th | 1 | 0 |
| 1937 | Bresnahan | T5th/6th | 0 | 0 |
| 1936 | Bresnahan | 5th/6th | 0 | 0 |
| 1935 | Bresnahan | 4th/6th | 1 | 0 |



All-Time Coaching Records (Men Cont./ Women)



Jack Watson
1920



Nelson Kellogg
1911-1913



Layne Anderson
2007-2012



James Grant
1996-2006



Jerry Hassard
1982-1996

Men

| YEAR | COACH | B1G FINISH Indoor/Outdoor | B1G Champions | ALL- Americans |
|------|-----------|------------------------------|------------------|-------------------|
| 1934 | Bresnahan | 10th/T5th | 0 | 0 |
| 1933 | Bresnahan | T6th/7th | 0 | 0 |
| 1932 | Bresnahan | 6th/6th | 2 | 1 |
| 1931 | Bresnahan | 9th/6th | 1 | 1 |
| 1930 | Bresnahan | 7th/5th | 1 | 1 |
| 1929 | Bresnahan | 1st/4th | 8 | 1 |
| 1928 | Bresnahan | 2nd/2nd | 5 | 0 |
| 1927 | Bresnahan | 3rd/4th | 5 | 0 |
| 1926 | Bresnahan | 1st/3rd | 4 | 0 |
| 1925 | Bresnahan | 6th/4th | 2 | 0 |
| 1924 | Bresnahan | 3rd/2nd | 4 | 0 |
| 1923 | Bresnahan | 3rd/4th | 3 | 1 |
| 1922 | Bresnahan | 4th/2nd | 3 | 3 |
| 1921 | Bresnahan | 6th/5th | 1 | 4 |
| 1920 | Watson | 9th/N.A. | 1 | N.A. |
| 1917 | Watson | N.A. | 0 | N.A. |
| 1916 | Watson | N.A. | 0 | N.A. |
| 1915 | Watson | N.A. | 0 | N.A. |
| 1914 | Watson | N.A. | 0 | N.A. |
| 1913 | Kellogg | N.A. | 1 | N.A. |
| 1912 | Kellogg | N.A. | 0 | N.A. |
| 1911 | Kellogg | N.A. | 0 | N.A. |
| 1910 | Delaney | N.A. | 1 | N.A. |
| 1909 | Delaney | N.A. | 0 | N.A. |
| 1908 | Catlin | N.A. | 0 | N.A. |
| 1907 | Catlin | N.A. | 0 | N.A. |
| 1906 | Catlin | N.A. | 0 | N.A. |
| 1905 | Delaney | N.A. | 1 | N.A. |
| 1904 | No Coach | N.A. | 0 | N.A. |
| 1903 | No Coach | N.A. | 1 | N.A. |
| 1902 | A.A Knipe | N.A. | 1 | N.A. |
| 1901 | A.A Knipe | N.A. | 0 | N.A. |
| 1900 | A.A Knipe | N.A. | 0 | N.A. |

Women

| YEAR | COACH | B1G FINISH Indoor/Outdoor | B1G Champions | ALL- Americans |
|------|-----------|------------------------------|------------------|-------------------|
| 2016 | Woody | 5th/6th | 2 | 5 |
| 2015 | Woody | 13th/8th | 1 | 2 |
| 2014 | Wieczorek | 8th/4th | 3 | 8 |
| 2013 | Wieczorek | 11th/11th | 0 | 1 |
| 2012 | Wieczorek | 10th/8th | 1 | 0 |
| 2011 | Wieczorek | T8th/8th | 3 | 8 |
| 2010 | Wieczorek | 9th/10th | 0 | 0 |
| 2009 | Wieczorek | 10th/10th | 1 | 0 |
| 2008 | Wieczorek | 5th/6th | 4 | 5 |
| 2007 | Anderson | 5th/5th | 5 | 5 |
| 2006 | Grant | 7th/9th | 2 | 5 |
| 2005 | Grant | 9th/9th | 1 | 3 |
| 2004 | Grant | 3rd/10th | 4 | 1 |
| 2003 | Grant | 9th/6th | 3 | 0 |
| 2002 | Grant | 9th/10th | 0 | 0 |
| 2001 | Grant | 10th/9th | 0 | 0 |
| 2000 | Grant | 10th/9th | 0 | 0 |
| 1999 | Grant | 9th/9th | 0 | 0 |
| 1998 | Grant | 9th/9th | 2 | 0 |
| 1997 | Grant | T9th/10th | 3 | 1 |
| 1996 | Grant | 8th/10th | 0 | 0 |
| 1995 | Hassard | T7th/9th | 1 | 2 |
| 1994 | Hassard | 5th/T4th | 1 | 6 |
| 1993 | Hassard | 7th/8th | 2 | 1 |
| 1992 | Hassard | 5th/7th | 3 | 4 |
| 1991 | Hassard | 6th/8th | 0 | 0 |
| 1990 | Hassard | 8th/7th | 1 | 1 |
| 1989 | Hassard | 5th/5th | 1 | 1 |
| 1988 | Hassard | 7th/7th | 1 | 1 |
| 1987 | Hassard | 6th/9th | 1 | 4 |
| 1986 | Hassard | 7th/8th | 0 | 0 |
| 1985 | Hassard | 4th/4th | 4 | 2 |
| 1984 | Hassard | 5th/5th | 3 | 0 |
| 1983 | Hassard | 7th/3rd | 3 | 3 |
| 1982 | Hassard | 6th/5th | 2 | 12 |
| 1981 | Hassard | N.A. | 0 | N.A. |
| 1980 | Hassard | N.A. | 0 | N.A. |
| 1979 | Hassard | N.A. | 2 | N.A. |
| 1978 | Hassard | N.A. | N.A. | N.A. |
| 1977 | Hassard | N.A. | N.A. | N.A. |
| 1976 | Finnegan | N.A. | N.A. | N.A. |
| 1975 | Finnegan | N.A. | N.A. | N.A. |
| 1974 | Finnegan | N.A. | N.A. | N.A. |



2016 University of Iowa Track & Field Team

(First Row L-R): Antwon James, Derek Meeks, Nathan Mylenek, Daniel Gardarsson, Aaron Mallett, Brendan Thompson, Emmanuel Ogwo, Heaven Chandler, Lydia Harold, Mahnee Watts, Brittany Brown, Alexis Hernandez, Amber Decker, Haylee Luna, Tia Saunders, Lauren Gibbs
Second Row (L-R): Vinnie Saucer, Bailey Hesse-Withbroe, Dylan Ponomar, Jacob Gourley, Mar'yea Harris, Jared Ganschow, DeJuan Frye, Talia Buss, Julia Lampe, Jasmine Howell, Tashee Hargrave, Carly Donahue, Grace Coen, Emily Paul, Jordyn Sindt, Tess Wilberding
Third Row (L-R): Charles Nash, Anthony Gregorio, Nick Jensen, Anthony Chaidez, Daniel Soto, Akinshe Hill, Allison O'Connell, Hannah Schilb, Maria Eastman, Taylor Arco, Claire Dupuis, Chase Martin, Julie Hollensbe, Macie Weber, Lindsay Welker
Fourth Row (L-R): Luke Sampson, Charles Guier, Carter Lilly, Chris Thompson, Cole Mullins, Kallin Khan, Sydney Collins, Mallory King, Marlie Houston, Lauren Opatrny, Ashley Espinosa, Gillian Urycki
Fifth Row (L-R): Mitch Wolff, Will Teubel, Tysen VanDraska, Gage Eller, Kevin Docherty, Antonio Woodard, Christian Brissett, Adam Jones, Laura Sherman, Kylie Morken, Hunter Koenigsfeld, Elizabeth Niedert, Alana Jones
Sixth Row (L-R): Will Dougherty, Nolan Teubel, Cooper Koenig, Noah Larrison, Austin Lietz, Matt Manternach, Brook Price, Karson Sommer, Jenny Kimbro, Allison Wahrman, Aubrianna Lantrip, Kara Neustrom, Abby Sears, Madison Waymire, Hayley Schroeder
Seventh Row (L-R): Alex Balke, Patrick Karanja, Ian Eklin, Brandon Cooley, Gavin Hoch, Daniel Gaynes, Josh Pelock, Kelli DeGeorge, Sarah Plock, Christina MacNab, Amy Smith, Marta Gonzalez, Sheridan Champe, Nia Britt
Eighth Row (L-R): Avery Meyers, O'Shea Wilson, Max Ford, Andy Jatis, Collin Hofacker, Ben Anderson, Peter Andreano, Erika Hammond, Laulauga Tausaga, Kara Misel, Megan Tamasovich, Leah Colbert, Lindsay Herra, Jahisha Thomas
Ninth Row (L-R): Anthony Williams, Breyln Barclay, Chris Douglas, Erik Miller, Reno Tuufuli, Tyler Kirkwood, Jalynn Roberts-Lewis, Alexis Gay
Coaches (L-R): Andrew Dubs, Joey Woody, Kate See, Jason Wakenight, John Raffensperger, John-Michael Brandt, Ethan Holmes, Kyle Reid, Clive Roberts



Ashton Cross Country Course

The Bill and Jim Ashton Cross Country Course is located west of Finkbine Golf Course and adjacent to the University's West Campus project, which includes the Athletic Hall of Fame and soccer fields. It is able to accommodate races of 5,000, 6,000, 8,000 and 10,000 meters. The course will host the 2016 NCAA Regional.

The course boasts a rolling terrain with an outstanding rhythm for running. The Hawkeye cross country squads have the advantage of a large grass area for training and racing. Some features include a 2,000-meter perimeter and a layout that will enable spectators to view the entire race, from start to finish, from one vantage point. The first event held on the course was the Iowa Invitational on August 29, 2003. The course was dedicated on October 31, 2004, in conjunction with Iowa hosting the Big Ten Championships. The Hawkeyes also hosted the 2009 and the 2014 Big Ten Championships and the NCAA Midwest Regional in 2005 and in 2016.

The leadership gift for the course was made by former Hawkeyes Bill and Jim Ashton. Bill, of Davenport, Iowa, graduated from the University's College of Engineering in 1962, and earned his master's degree in 1963. Jim, a 1964 University of Iowa College of Engineering graduate, currently resides in Dallas, Texas. The Ashton brothers lettered in cross country under former Hawkeye men's coach, the late Francis X. Cretzmeyer, and made the lead gift for the course in his honor.



Ashton Cross Country Course

UI Recreation Building



UI Recreation Building

Iowa's indoor practice and competition facility reopened in 2016 with a multi-million dollar makeover. Called by some as the 'fastest track in the world', the new raised track sits up to five feet off the ground and is a one-of-a-kind competition surface previously used for the 2016 World Championships in Eugene, Ore.

The Recreation building also includes eight training and athletic training spaces for the Iowa track and field, and cross country teams.

The Hawkeyes hosted the Big Ten Indoor Men's Championships in 1989, 1997 and 2006, and the Big Ten Indoor Women's Championships in 1991 and 2004 at the facility.



Training Facility

Francis X. Cretzmeyer Track

The University of Iowa track and field team practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles.



Hawkeye Lockerrooms

In June 2008, floodwaters and debris damaged the entire track complex, which was completely reconstructed and refinished for competition in 2010. The track features an IAAF certified, BSS 1000 track and field surface designed by Benyon Sports Surfaces. The state of the art full-pour polyurethane surface provides the resiliency and return of energy necessary for NCAA athletes to compete at the highest level.

Iowa hosted the 1987, 2000 and 2011 Big Ten Championships at Cretzmeyer Track, as well as the annual Iowa Musco Twilight Invitational.



Francis X. Cretzmeyer Track



2016 Indoor Results

| Date | Meet | Result |
|---------|-----------------------|--------------|
| 1/9 | at Border Battle | 2-0 |
| | Illinois | W, 81-73 |
| | Missouri | W, 85-65 |
| 1/15-16 | Iowa Duals | 8 champs |
| 1/23 | at Big 4 Duals | 2-1 |
| | Drake | W, 95-61 |
| | Northern Iowa | W, 82-73 |
| | Iowa State | L, 85-78 |
| 1/29-30 | at Razorback Invite | 10th/24 pts. |
| 2/5-6 | at Meyo Invite | 1 champ |
| 2/12-13 | at Tyson Invite | 0 champs |
| 2/12-13 | at ISU Classic | 0 champs |
| 2/20 | at Alex Wilson Invite | 3 champs |
| 2/26-27 | at Big Ten Champ's | 8th/50 pts. |
| | | 2 champs |
| 3/11-12 | at NCAA Champ's | 2 qualifiers |

Big Ten Indoor Team Results

| Team | Points |
|--------------------|-----------|
| 1. Nebraska | 116 |
| 2. Wisconsin | 73 |
| 3. Minnesota | 72 |
| 4. Michigan | 71 |
| 5. Ohio State | 63.5 |
| 6. Penn State | 60 |
| 7. Indiana | 57.5 |
| 8. Iowa | 50 |
| 9. Rutgers | 40 |
| 10. Illinois | 38 |
| 11. Michigan State | 34 |
| 12. Purdue | 27 |

2016 Outdoor Results

| Date | Meet | Result |
|----------|---------------------------------|-----------------|
| 3/18-19 | at Baldy Castillo Invite | 1 champ |
| 3/31-4/2 | at Florida Relays | 0 champs |
| 4/1 | at Stanford Invite | 0 champs |
| 4/1 | at San Francisco Dist. Carnival | 0 champs |
| 4/7-9 | at Jim Click Shootout | 1st/150 pts. |
| 4/15-16 | at Jim Duncan Invite | 1 champ |
| 4/16 | at Texas Invite | 3rd/118 pts. |
| 4/23 | Musco Twilight | 8 champs |
| 4/28-30 | at Drake Relays | 1 champ |
| 4/28-29 | at Kip Janvrin Open | 6 champs |
| 5/13-15 | at Big Ten Champ's | 4th/86 pts. |
| 5/26-28 | at NCAA First Round | 15 qualifiers |
| 6/8-11 | at NCAA Champ's | 5 All-Americans |

Big Ten Outdoor Team Results

| Team | Points |
|--------------------|-----------|
| 1. Nebraska | 140.5 |
| 2. Michigan | 90.5 |
| 3. Purdue | 87 |
| 4. Iowa | 86 |
| 5. Penn State | 82 |
| 6. Ohio State | 75.5 |
| 7. Minnesota | 72 |
| 8. Wisconsin | 54 |
| 9. Rutgers | 43 |
| 10. Indiana | 36 |
| 11. Michigan State | 27.5 |
| 12. Illinois | 24 |
| 12. Illinois | 24 |

Indoor Season Bests

| Event | Athlete | Mark |
|-----------------------|---|-------------------|
| 60 Meters | Vinnie Saucer, Jr. | 6.70 |
| 60-Meter Hurdles | Aaron Mallett | 7.69 * |
| 200 Meters | Christian Brissett | 21.43 |
| 400 Meters | Mar'yea Harris | 46.83 |
| 600 Yards | Will Teubel | 1:09.59 |
| 600 Meters | Carter Lilly | 1:17.34 |
| 800 Meters | Will Teubel | 1:47.74 |
| 1,000 Meters | Michael Hart | 2:29.91 |
| Mile | Michael Melchert | 4:05.37 |
| 3,000 Meters | Michael Melchert | 8:08.57 |
| 5,000 Meters | Anthony Gregorio | 14:55.99 |
| 1,600-Meter Relay | Wolff, Ganschow, Lilly, Harris | 3:07.24 |
| Distance Medley Relay | Gardarsson, Ganschow, Hutsalyuk, Melchert | 9:52.97 |
| Heptathlon | William Dougherty | 5,172 points |
| High Jump | Peter Andreano | 6-11 (2.11m) |
| Pole Vault | Andy Jatis | 16-0 3/4 (4.90m) |
| Long Jump | Kerry Dean Jr. | 22-11 3/4 (7.00m) |
| Triple Jump | Kerry Dean Jr. | 48-8 1/4 (14.84m) |
| Shot Put | Reno Tuufuli | 60-8 3/4 (18.51m) |
| Weight Throw | Avery Meyers | 53-5 (16.28m) |
| Discus Throw | Avery Meyers | 170-1 (51.84m) |

Outdoor Season Bests

| Event | Athlete | Mark |
|----------------------|--|-------------------|
| 100 Meters | James Harrington | 10.31 |
| 110-Meter Hurdles | Aaron Mallett | 13.48 |
| 200 Meters | James Harrington | 20.57 |
| 400 Meters | Mar'yea Harris | 45.76 |
| 400-Meter Hurdles | Noah Larrison | 50.94 |
| 800 Meters | Carter Lilly | 1:47.32 |
| 1,500 Meters | Michael Melchert | 3:48.35 |
| 3,000-M Steeplechase | Daniel Gardarsson | 9:25.84 |
| 5,000 Meters | Kevin Docherty | 14:37.15 |
| 10,000 Meters | Michael Melchert | 30:10.32 |
| 400-Meter Relay | Saucer, Jr., Brissett, Harrington, Mallett | 39.44 |
| 1,600-Meter Relay | Wolff, Harris, Lilly, Frye | 3:05.72 |
| High Jump | Kevin Spejcher | 7-1 3/4 (2.18m) |
| Pole Vault | Andy Jatis | 15-9 1/4 (4.81m) |
| Long Jump | Kerry Dean Jr. | 23-1 3/4 (7.05m) |
| Triple Jump | Kerry Dean Jr. | 48-3 1/2 (14.72m) |
| Shot Put | Reno Tuufuli | 60-2 (18.34m) |
| Discus | Reno Tuufuli | 199-2 (60.71m) |
| Javelin | Alex Balke | 205-11 (62.77m) |
| Decathlon | William Dougherty | 7,311 points * |

* school record



Postseason Qualifiers

NCAA Indoor Championships

| | |
|---------------|------|
| Aaron Mallett | 60mh |
| Will Teubel | 800m |

NCAA West Preliminary Round

| | |
|--------------------|------------------|
| Alex Balke | javelin |
| Christian Brissett | 100m, 200m, 4x1 |
| Chris Douglas | 110mh |
| DeJuan Frye | 400m, 4x4 |
| James Harrington | 200m, 4x1 |
| Mar'yea Harris | 400m, 4x4 |
| Pavlo Hutsalyuk | 800m |
| Noah Larrison | 400mh |
| Carter Lilly | 800m |
| Aaron Mallett | 110mh, 4x1, 4x4 |
| Avery Meyers | shot put |
| Vinnie Saucer, Jr. | 100m, 4x1 |
| Kevin Spejcher | high jump |
| Reno Tuufuli | discus, shot put |
| Mitch Wolff | 400mh, 4x4 |

NCAA Outdoor Championships

| | |
|--------------------|------------|
| Christian Brissett | 4x1 |
| James Harrington | 200m, 4x1 |
| Mar'yea Harris | 400m |
| Carter Lilly | 800m |
| Aaron Mallett | 110mh, 4x1 |
| Vinnie Saucer, Jr. | 4x1 |
| Reno Tuufuli | discus |
| Mitch Wolff | 400mh |

Academic All-Big Ten

| | |
|------------------|-------------------|
| Kevin Docherty | Daniel Gardarsson |
| Carter Lilly | Michael Melchert |
| Brendan Thompson | Mitch Wolff |

Big Ten Athlete of the Week

Feb. 17: Aaron Mallett

Mar. 23: Christian Brissett

Apr. 27: Aaron Mallett

Big Ten Sportsmanship Award

Mar'yea Harris (Indoor)

Kerry Dean Jr. (Outdoor)

UI Dean's List

Fall 2015

Chris Douglas
Ian Eklin
Nathan Ferree
Daniel Gardarsson
Anthony Gregorio
Michael Hart
Daniel Huff
Andrew Jatis
Nicholas Jensen
Nicholas Jensen
Kevin Lewis
Carter Lilly
Erik Miller

Spring 2016

Kevin Docherty
Chris Douglas
Gage Eller
Daniel Gardarsson
Anthony Gregorio
Connor Janu
Andrew Jatis
Nicholas Jensen
Avery Meyers
Brendan Thompson

Top Eight Placers at Big Ten Indoor Championships

| Event | Athlete | Mark | Place |
|-------------------|--------------------------------|-------------------|----------|
| 60-Meter Hurdles | Aaron Mallett | 7.69 | 1st ! \$ |
| 60 Meters | Vinnie Saucer, Jr. | 6.70 | 1st \$ |
| 1,600-Meter Relay | Wolff, Ganschow, Lilly, Harris | 3:07.24 | 4th |
| 600 Meters | Carter Lilly | 1:17.43 | 5th |
| 800 Meters | Pavlo Hutsalyuk | 1:50.27 | 5th |
| Shot Put | Reno Tuufuli | 60-8 3/4 (18.51m) | 5th |
| High Jump | Peter Andreano | 6-11 (2.11m) | 6th |
| 400 Meters | Mar'yea Harris | 46.88 | 6th |
| Mile | Michael Melchert | 4:10.17 | 6th |
| Triple Jump | Kerry Dean, Jr. | 48-8 1/4 (14.84m) | 7th |
| 800 Meters | Will Teubel | 1:50.57 | 7th |

Top Placers at NCAA Indoor Championships

| Event | Athlete | Mark | Place |
|------------------|---------------|---------|--------|
| 60-Meter Hurdles | Aaron Mallett | 7.70 | 3rd * |
| 800 Meters | Will Teubel | 1:49.73 | 13th # |

Top Eight Placers at Big Ten Outdoor Championships

| Event | Athlete | Mark | Place |
|-------------------|---------------------------------------|-----------------|--------|
| 110-Meter Hurdles | Aaron Mallett | 13.48 | 1st \$ |
| High Jump | Kevin Spejcher | 7-1 3/4 (2.18m) | 1st \$ |
| 400-Meter Relay | Saucer, Brissett, Harrington, Mallett | 39.44 | 1st \$ |
| Discus | Reno Tuufuli | 185-5 (56.51m) | 2nd ^ |
| 200 Meters | James Harrington | 20.92 | 2nd ^ |
| 100 Meters | James Harrington | 10.63 | 3rd |
| 100 Meters | Vinnie Saucer, Jr. | 10.73 | 4th |
| 400 Meters | Mar'yea Harris | 45.76 | 4th |
| 800 Meters | Carter Lilly | 1:47.54 | 4th |
| 1,600-Meter Relay | Wolff, Harris, Lilly, Frye | 3:05.72 | 4th |
| Decathlon | William Dougherty | 7,311 points | 5th ! |
| 400-Meter Hurdles | Noah Larrison | 51.17 | 5th |
| 400-Meter Hurdles | Mitch Wolff | 51.21 | 6th |
| 200 Meters | Christian Brissett | 21.48 | 6th |

Top Placers at NCAA Outdoor Championships

| Event | Athlete | Mark | Place |
|--------------|---------------------------------------|----------|--------|
| 110m hurdles | Aaron Mallett | 13.80 | 14th # |
| 400m relay | Saucer, Brissett, Harrington, Mallett | 39.75 | 16th # |
| 400 meters | Mar'yea Harris | 46.32 | 18th + |
| 800 meters | Carter Lilly | 1:50.84 | 20th + |
| 400m hurdles | Mitch Wolff | 51.38 | 23rd + |
| Decathlon | Will Dougherty | withdrew | DNP |
| Discus | Reno Tuufuli | fault | DNP |

! school record; * All-American; # second-team All-American;

+ honorable-mention All-American; \$ first-team all-Big Ten; ^ second-team all-Big Ten

Letterwinners

| | | | |
|------------------|--------------------|--------------------|-------------------|
| Peter Andreano | Alex Balke | Christian Brissett | Kerry Dean, Jr. |
| Klyvens Delaunay | Kevin Docherty | Ryan Dorman | William Dougherty |
| Chris Douglas | Ian Eklin | Nate Ferree | DeJuan Frye |
| Jared Ganschow | Daniel Gardarsson | James Harrington | Mar'yea Harris |
| Pavlo Hutsalyuk | Andy Jatis | Sam Joens | Noah Larrison |
| Carter Lilly | Aaron Mallett | Michael Melchert | Avery Meyers |
| Brooke Price | Vinnie Saucer, Jr. | Kevin Spejcher | Daniel Soto |
| Will Teubel | Brendan Thompson | Reno Tuufuli | Mitch Wolff |



2016 Indoor Results

| Date | Meet | Result |
|---------|-----------------------|--|
| 1/9 | at Border Battle | 0-2 Illinois L, 67-68 Missouri L, 63-73 |
| 1/15-16 | Iowa Duals | 7 champs |
| 1/23 | at Big 4 Duals | 2-1 Drake W, 79-66 Northern Iowa T, 76-76 Iowa State L, 68-91 |
| 1/29-30 | at Razorback Invite | 11th/16 pts. |
| 2/5-6 | at Meyo Invite | 1 champ |
| 2/12-13 | at Tyson Invite | 0 champs |
| 2/12-13 | at ISU Classic | 1 champ |
| 2/20 | at Alex Wilson Invite | 1 champ |
| 2/26-27 | at Big Ten Champ's | 5th/50 pts. 2 champs |
| 3/11-12 | at NCAA Champ's | 2 qualifiers |

Big Ten Indoor Team Results

| Rank | Team | Points |
|------|----------------|-----------|
| 1. | Michigan | 109 |
| 2. | Purdue | 102 |
| 3. | Penn State | 96.5 |
| 4. | Minnesota | 89 |
| 5. | Iowa | 50 |
| 6. | Nebraska | 48 |
| 7. | Ohio State | 45 |
| 8. | Wisconsin | 38 |
| 9. | Maryland | 28 |
| 10. | Indiana | 25 |
| | Rutgers | 25 |
| 12. | Michigan State | 24.5 |
| 13. | Illinois | 22 |

2016 Outdoor Results

| Date | Meet | Result |
|----------|--------------------------|-----------------|
| 3/18-19 | at Baldy Castillo Invite | 2 champs |
| 3/31-4/2 | at Florida Relays | 0 champs |
| 4/1 | at Stanford Invite | 0 champs |
| 4/7-9 | at Jim Click Shootout | 2nd/128 pts. |
| 4/15-16 | at Jim Duncan Invite | 0 champs |
| 4/16 | at Texas Invite | 8th/51 pts. |
| 4/23 | Musco Twilight | 6 champs |
| 4/28-30 | at Drake Relays | 2 champs |
| 4/28-29 | at Kip Janvrin Open | 0 champs |
| 5/13-15 | at Big Ten Champ's | 6th/58 pts. |
| 5/26-28 | at NCAA First Round | 10 qualifiers |
| 6/8-11 | at NCAA Champ's | 11 All-American |

Big Ten Outdoor Team Results

| Rank | Team | Points |
|------|----------------|-----------|
| 1. | Michigan | 106 |
| | Minnesota | 106 |
| 3. | Nebraska | 94 |
| 4. | Purdue | 87 |
| 5. | Ohio State | 74 |
| 6. | Iowa | 58 |
| | Michigan State | 58 |
| 8. | Wisconsin | 55.5 |
| 9. | Indiana | 53.5 |
| 10. | Penn State | 47.5 |
| 11. | Maryland | 32 |
| 12. | Rutgers | 29 |
| 13. | Illinois | 18.5 |

Indoor Season Bests

| Event | Athlete | Mark |
|-----------------------|--------------------------------------|-------------------|
| 60 Meters | Lake Kwaza | 7.33 * |
| 60-Meter Hurdles | Jahisha Thomas | 8.46 |
| 200 Meters | Lake Kwaza | 23.54 |
| 400 Meters | Elexis Guster | 52.36 |
| 600 Yards | Mahnee Watts | 1:22.72 |
| 600 Meters | MonTayla Holder | 1:29.35 |
| 800 Meters | Mahnee Watts | 2:11.49 |
| Mile | Madison Waymire | 4:58.60 |
| 3,000 Meters | Tess Wilberding | 9:46.61 |
| 5,000 Meters | Kelly Breen | 17:58.02 |
| 1,600-Meter Relay | Holder, Guillory, Hernandez, Guster | 3:32.93 * |
| Distance Medley Relay | Wilberding, Watts, Trost, Reischmann | 11:46.05 |
| High Jump | Khanishah Williams | 5-8 3/4 (1.75m) |
| Long Jump | Jahisha Thomas | 20-4 1/2 (6.21m) |
| Triple Jump | Tria Seawater-Simmons | 38-6 3/4 (11.75m) |
| Shot Put | Leah Colbert | 38-2 3/4 (11.65m) |
| Weight Throw | Leah Colbert | 52-2 1/2 (15.91m) |
| Discus | Dakotah Goodell | 156-6 (47.67m) |
| Pole Vault | Amy Smith | 10-10 (3.30m) |

Outdoor Season Bests

| Event | Athlete | Mark |
|-------------------|-------------------------------------|-------------------|
| 100 Meters | Briana Guillory | 11.35 * |
| 100-Meter Hurdles | Jahisha Thomas | 13.67 |
| 200 Meters | Briana Guillory | 22.95 |
| 400 Meters | Elexis Guster | 51.85 |
| 400-Meter Hurdles | MonTayla Holder | 56.70 |
| 800 Meters | Mahnee Watts | 2:07.41 |
| 1,500 Meters | Tess Wilberding | 4:30.75 |
| 400-Meter Relay | Kwaza, Guster, Guillory, Hernandez | 44.04 * |
| 1,600-Meter Relay | Hernandez, Guillory, Holder, Guster | 3:30.97 * |
| High Jump | Madison Rouw | 5-8 3/4 (1.75m) |
| | Khanishah Williams | 5-8 3/4 (1.75m) |
| Pole Vault | Amy Smith | 11-3 3/4 (3.54m) |
| Long Jump | Jahisha Thomas | 19-11 (6.07m) |
| Triple Jump | Jahisha Thomas | 42-3 1/2 (12.89m) |
| Javelin | Kayla Hochhalter | 144-8 (44.90m) |
| Discus | Dakotah Goodell | 161-6 (49.23m) |
| Hammer Throw | Leah Colbert | 178-9 (54.49m) |

* - school record



Postseason Qualifiers

NCAA Indoor Championships

| | |
|------------------|-----------|
| Briana Guillory | 4x4 |
| Elexis Guster | 400m, 4x4 |
| Alexis Hernandez | 4x4 |
| MonTayla Holder | 4x4 |

NCAA West Preliminary Round

| | |
|--------------------|------------------------|
| Taylor Chapman | 100m |
| Briana Guillory | 200m, 4x1, 4x4 |
| Lake Kwaza | 200m, 4x1 |
| Elexis Guster | 400m, 4x1, 4x4 |
| Alexis Hernandez | 400m, 4x1, 4x4 |
| MonTayla Holder | 400mh, 4x4 |
| Mahnee Watts | 800m |
| Madison Rouw | high jump |
| Khanishah Williams | high jump |
| Jahisha Thomas | long jump, triple jump |

NCAA Outdoor Championships

| | |
|------------------|----------------|
| Briana Guillory | 200m, 4x1, 4x4 |
| Elexis Guster | 400m, 4x1, 4x4 |
| Alexis Hernandez | 4x1, 4x4 |
| MonTayla Holder | 400mh, 4x4 |
| Lake Kwaza | 4x1 |
| Jahisha Thomas | long jump |

Big Ten Athlete of the Week

Mar. 23: Madison Rouw

Apr. 13: Elexis Guster

Big Ten Freshman of the Year

Briana Guillory

Big Ten Sportsmanship Award

Jordan Sindt (Indoor)

Heaven Chandler (Outdoor)

UI Dean's List

Fall 2015

Marta Bote Gonzalez
Kelly Breen
Courtney Bruns
Heaven Chandler
Anna Eisenzimmer
Allison Gattone
Lake Kwaza
Taylor Majher
Carolyn Newhouse
Elizabeth Niedert
Lauren Opatrny
Jordyn Sindt
Amy Smith
Elyssa Tracy

Spring 2016

Marta Bote Gonzales
Kelly Breen
Courtney Bruns
Heaven Chandler
Briana Guillory
Alexis Hernandez
Lindsay Herra
Carolyn Newhouse
Elizabeth Niedert
Lauren Opatrny
Madison Rouw
Andrea Shine
Khanishah Williams

Top Eight Placers at Big Ten Indoor Championships

| Event | Athlete | Mark | Place |
|-------------------|-------------------------------------|------------------|--------|
| 60 Meters | Lake Kwaza | 7.33 | 1st \$ |
| 400 Meters | Elexis Guster | 52.36 | 1st \$ |
| 600 Meters | MonTayla Holder | 1:29.35 | 2nd ^ |
| 200 Meters | Lake Kwaza | 23.54 | 3rd |
| 1,600-Meter Relay | Holder, Guillory, Hernandez, Guster | 3:32.93 | 3rd |
| Long Jump | Jahisha Thomas | 20-0 1/4 (6.10m) | 4th |
| 200 Meters | Briana Guillory | 23.83 | 6th |
| 600 Meters | Mahnee Watts | 1:31.08 | 7th |

Top Placers at NCAA Indoor Championships

| | | | |
|-------------------|-------------------------------------|---------|--------|
| 1,600-Meter Relay | Holder, Guillory, Hernandez, Guster | 3:33.03 | 9th # |
| 400 Meters | Elexis Guster | 53.86 | 16th # |

Top Eight Placers at Big Ten Outdoor Championships

| Event | Athlete | Mark | Place |
|-------------------|-------------------------------------|-------------------|---------|
| 200 Meters | Briana Guillory | 22.95 | 1st \$ |
| 1,600-Meter Relay | Hernandez, Guillory, Holder, Guster | 3:31.22 | 1st \$% |
| 400 Meters | Elexis Guster | 52.12 | 2nd ^ |
| 400-Meter Hurdles | MonTayla Holder | 57.60 | 3rd |
| 400-Meter Relay | Kwaza, Guster, Guillory, Hernandez | 44.31 | 3rd |
| Triple Jump | Jahisha Thomas | 41-8 3/4 (12.72m) | 4th |
| 100 Meters | Lake Kwaza | 11.62 | 6th |
| 800 Meters | Mahnee Watts | 2:08.53 | 6th |
| 200 Meters | Elexis Guster | 23.61 | 7th |
| 400 Meters | Alexis Hernandez | 54.45 | 7th |
| Long Jump | Jahisha Thomas | 19-6 3/4 (5.96m) | 7th |
| 200 Meters | Lake Kwaza | 23.91 | 8th |

Top Placers at NCAA Outdoor Championships

| Event | Athlete | Mark | Place |
|--------------|-------------------------------------|------------------|--------|
| 400 meters | Elexis Guster | 52.46 | 10th # |
| 400m Relay | Kwaza, Guster, Guillory, Hernandez | 44.31 | 14th # |
| 1,600m Relay | Hernandez, Guillory, Holder, Guster | 3:34.36 | 14th # |
| Long Jump | Jahisha Thomas | 20-2 1/4 (6.15m) | 15th # |
| 400m hurdles | MonTayla Holder | 58.52 | 16th # |
| 200 meters | Briana Guillory | 23.66 | 20th + |

* All-American; # second-team All-American; + honorable-mention All-American; \$ first-team all-Big Ten; ^ second-team all-Big Ten; % championship record

Academic All-Big Ten

Heaven Chandler
Lindsay Herra
Tess Wilberding

Allison Gattone
Jordyn Sindt

Big Ten Distinguished Scholars

Heaven Chandler
Allison Gattone
Lindsay Herra
Lake Kwaza

Letterwinners

| | | | |
|-------------------|------------------|------------------|----------------------|
| Sheridan Champe | Heaven Chandler | Taylor Chapman | Leah Colbert |
| Ali Gattone | Dakota Goodell | Briana Guillory | Elexis Guster |
| Lydia Harold | Alexis Hernandez | Lindsay Herra | MonTayla Holder |
| Lake Kwaza | Kaitlyn Nelson | Carolyn Newhouse | JayInn Roberts-Lewis |
| Maddie Rouw | Jashisha Thomas | Mahnee Watts | Tess Wilberding |
| Khanisha Williams | | | |



1904 Games

St. Louis, MO
Jerry Barker, High Jump

1924 Games

Paris, France
Charles Brookins, 400-Meter Hurdles
Chan Coulter, 400-Meter Hurdles
Harold Phelps, 5,000 Meters
Eric Wilson, 400 Meters

1928 Games

Amsterdam, Holland
George Baird, 1,600-Meter Relay (G)
Frank Cuhel, 400-Meter Hurdles (S)
Ed Gordon, Long Jump

1932 Games

Los Angeles, CA
Ed Gordon, Long Jump (G)
George Saling, 110-Meter Hurdles (G)

1952 Games

Helsinki, Finland
Rich Ferguson, 5,000 Meters

1956 Games

Melbourne, Australia
Deacon Jones, 3,000 Meters
Ira Murchison, 100 Meters
Ira Murchison, 400-M Relay (G)
Ted Wheeler, 1,500 Meters

1960 Games

Rome, Italy
Deacon Jones,
3,000-Meter Steeplechase

1996 Games

Atlanta, GA
Anthuan Maybank, 1,600-M Relay (G)
Jenny Spangler, Marathon

2000 Games

Sydney, Australia
Diane Nukuri-Johnson, 5,000 Meters

2008 Games

Beijing, China
Kineke Alexander, 400 Meters

2012 Games

London, England
Kineke Alexander, 400 Meters
Diane Nukuri-Johnson, Marathon

2016 Games

Rio de Janeiro, Brazil
Diane Nukuri-Johnson, 10,000 Meters
Kineke Alexander, 400 Meters
Troy Doris, Triple Jump

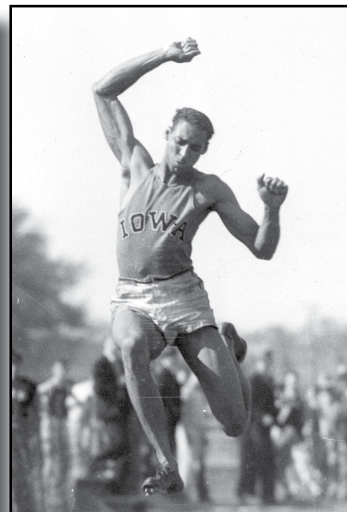
G = Gold Medalist; S = Silver Medalist



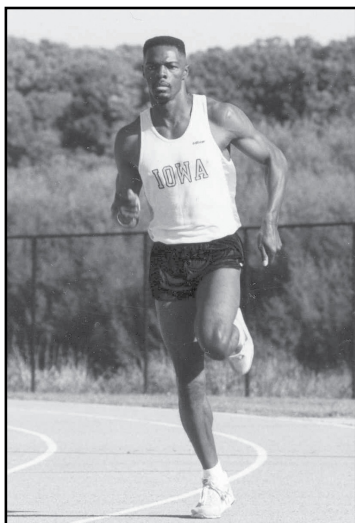
Kineke Alexander



Frank Cuhel



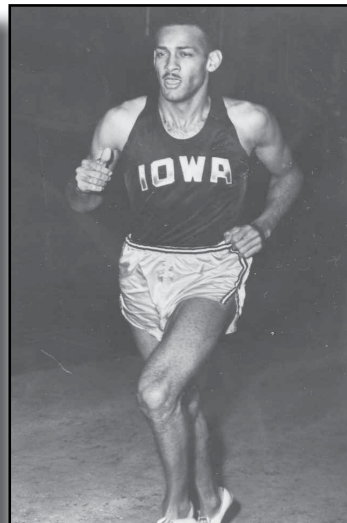
Ed Gordon



Anthuan Maybank



George Saling

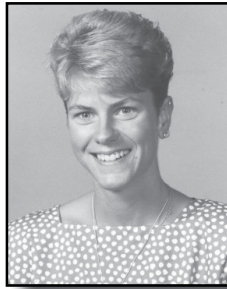


Ted Wheeler





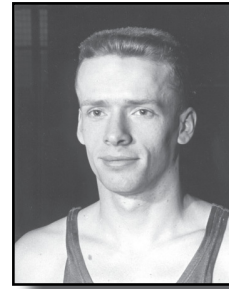
Kineke Alexander
2006 - 400 Meters



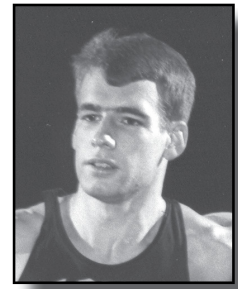
Tracy Dahl
1992-93 - 5,000 Meters



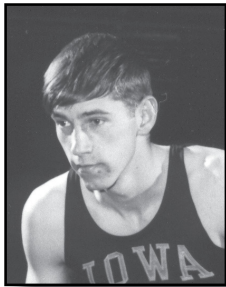
Nan Doak
1985 - 10,000 Meters



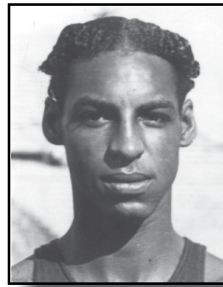
Rich Ferguson
1953 - Two Miles



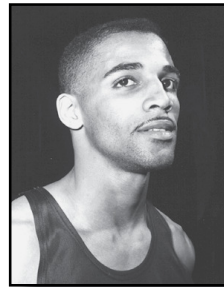
Fred Ferree
1967 - Mile Relay



Carl Frazier
1967 - Mile Relay



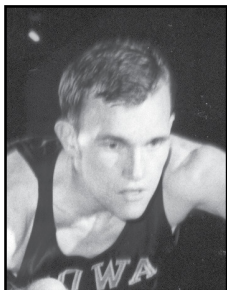
Ed Gordon
1929-31 - Long Jump



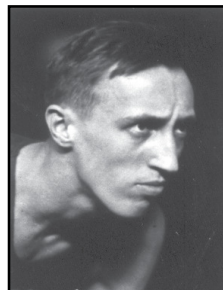
Deacon Jones
1957 - Two Miles



Mike Mondane
1967 - Mile Relay



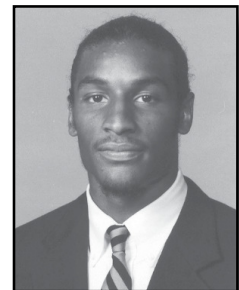
Jon Reimer
1964 - Mile Relay



George Sailing
1932 - 120 Hurdles



Eric Wilson
1921, 1923 - 220 Hurdles



Bashir Yamini
1998 - Long Jump



Men's All-Americans

| Year | Athlete, Event |
|------|---|
| 1921 | Charles Brookins, 220 Hurdles Harold Crawford, Hurdles Eric Wilson, 220 Hurdles |
| 1922 | Charles Brookins, Hurdles Eric Wilson, 220 Hurdles |
| 1923 | Eric Wilson, 220 Hurdles |
| 1929 | Ed Gordon, Long Jump |
| 1930 | Ed Gordon, Long Jump |
| 1931 | Ed Gordon, Long Jump |
| 1932 | George Salings, 120 Hurdles |
| 1952 | Ted Wheeler, 800 Meters |
| 1953 | Rick Ferguson, Two Miles |
| 1956 | Jack Matthews, Low Hurdles Ted Wheeler, 1,500 Meters |
| 1957 | Deacon Jones, Two Miles |
| 1962 | Bill Frazier, 600 Yards |
| 1965 | Jon Reimer, 440 Hurdles |
| 1967 | Mike Mondane, 440 Yards Jon Reimer, 440 Hurdles Larry Wieczorek, Mile (I) Larry Wieczorek, Mile (O) Fred Ferree, Mile Relay Carl Frazier, Mile Relay Mike Mondane, Mile Relay Jon Reimer, Mile Relay |
| 1968 | Mike Mondane, 440 Yards |
| 1973 | Dick Eisenlauer, 440 Yards |
| 1975 | Bill Knoedel, High Jump |
| 1978 | Bill Hansen, High Jump |
| 1979 | Joe Paul, Dist. Medley Relay Tom Slack, Dist. Medley Relay James Docherty, Dist. Medley Relay Joel Moeller, Dist. Medley Relay |
| 1983 | Ronnie McCoy, 110 Hurdles |
| 1984 | Terrance Duckett, Mile Relay Victor Greer, Mile Relay Caesar Smith, Mile Relay Kenny Williams, Mile Relay |
| 1985 | Ronnie McCoy, 110 Hurdles |
| 1988 | Pat McGhee, 400 Hurdles |
| 1989 | Pat McGhee, 110 Hurdles Pat McGhee, 400 Hurdles |
| 1992 | Anthuan Maybank, Long Jump Anthuan Maybank, 400 Meters |
| 1993 | Kevin Herd, 5,000 Meters Anthuan Maybank, Long Jump Anthuan Maybank, 400 Meters |
| 1994 | Kevin Herd, 5,000 Meters |
| 1995 | Andre Morris, 400 Meters Andre Morris, 1,600-Meter Relay Chris Davis, 1,600-Meter Relay George Page, 1,600-Meter Relay Ed Rozell, 1,600-Meter Relay |
| 1996 | Andre Morris, 1,600-Meter Relay Chris Davis, 1,600-Meter Relay Ed Rozell, 1,600-Meter Relay Bashir Yamini, 1,600-Meter Relay |
| 1997 | Bashir Yamini, Long Jump |
| 1998 | Jeremy Allen, Discus |

| Year | Athlete, Event |
|------|--|
| | Dion Trowers, 55-Meter Hurdles Bashir Yamini, Long Jump Bashir Yamini, Long Jump |
| | Tony Branch, 1,600-Meter Relay Bashir Yamini, 1,600-Meter Relay Chris Davis, 1,600-Meter Relay Ed Rozell, 1,600-Meter Relay |
| 1999 | Tony Branch, 1,600-Meter Relay Tim Dodge, 1,600-Meter Relay Tim Dwight, 1,600-Meter Relay |
| 2000 | Bashir Yamini, 1,600-Meter relay Jeremy Allen, Shot Put Jeremy Allen, Weight Throw Stetson Steele, 5,000 Meters |



Bashir Yamini was a nine-time Big Ten Champion for Iowa from 1996-99. The six-time All-American is the most recent NCAA Champion for the Hawkeye men, winning the outdoor long jump title in 1998. He was named Big Ten Indoor Freshman of the Year in 1996. He also shares the Big Ten Outdoor Championships long jump record of 26-8 1/4 with Ohio State's Jesse Owens.

| Year | Athlete, Event |
|------|---|
| | Stetson Steele, 10,000 Meters |
| 2001 | Jeremy Allen, Discus Jeremy Allen, Shot Put |
| 2002 | Jim Costello, Weight Throw Jim Costello, Hammer Throw Bill Neumann, Javelin |
| 2003 | Bill Neumann, Javelin |
| 2004 | Adam Hamilton, Hammer Throw |
| 2006 | Eric MacTaggart, 10,000 Meters |
| 2007 | Adam Hamilton, Hammer Throw |
| 2008 | John Hickey, Shot Put |
| 2009 | John Hickey, Shot Put John Hickey, Shot Put |
| 2010 | Patrick Richards, 1,600-Meter Relay Steven Willey, 1,600-Meter Relay Erik Sowinski, 1,600-Meter Relay Chris Barton, 1,600-Meter Relay Steven Willey, 400 Meters |
| 2011 | Troy Doris, Triple Jump (I) Troy Doris, Triple Jump (O) Erik Sowinski, 800 Meters (I) Erik Sowinski, 1,600-Meter Relay (I) Erik Sowinski, 1,600-Meter Relay (O) ^ Chris Barton, 1,600-Meter Relay (I) Chris Barton, 1,600-Meter Relay (O) ^ Patrick Richards, 1,600-Meter Relay (I) Patrick Richards, 1,600-Meter Relay (O) ^ Steven Willey, 1,600-Meter Relay (I) Steven Willey, 1,600-Meter Relay (O) ^ Jeffery Herron, High Jump (O) ^ Ethan Holmes, 400-Meter Hurdles (O) ^ Ethan Holmes, 110-Meter Hurdles (I) * Justin Austin, 200 Meters (I) Justin Austin, 200 Meters (O) * Jeff Thode, Mile (I) Jordan Mullen, 60-Meter Hurdles (I) ^ |
| 2012 | Troy Doris, Triple Jump (I) Troy Doris, Triple Jump (O) Erik Sowinski, 800 Meters (I) Erik Sowinski, 800 Meters (O) Matt Byers, Javelin (O) ^ Justin Austin, 200 Meters (O) ^ Ethan Holmes, 400-Meter Hurdles (O) * Ethan Holmes, 110-Meter Hurdles (O) * Matt Banse, Hammer (O) * |
| 2013 | Justin Austin, 200 Meters (O) Justin Ausin, 400-Meter Relay (O) Tevin-Cee Mincy, 400-Meter Relay (O) Ethan Holmes, 400-Meter Relay (O) Josh Larney, 400-Meter Relay (O) Klyvens Delaunay, Triple Jump (O) Ethan Holmes, 400-Meter Hurdles (O) ^ Matt Byers, Javelin (O) ^ Gabe Hull, Discus (O) ^ Justin Austin, 100 Meters (O) * Jordan Mullen, 100-Meter Hurdles (O) * Josh Larney, 100 Meters (O) * |



Men's All-Americans

| Year | Athlete, Event |
|------|--|
| 2014 | Babatunde Amosu, Triple Jump (O) ^ Keith Brown, 400-Meter Relay (O) James Harrington, 400-Meter Relay (O) Gabe Hull, Discus (O) ^ Tevin-Cee Mincy, 400-Meter Relay (O) O'Shea Wilson, 400-Meter Relay (O) |
| 2015 | Babatunde Amosu, Triple Jump (I) ^ Babatunde Amosu, Triple Jump (O) * Keith Brown, 400-Meter Relay (O) ^ James Harrington, 400-Meter Relay (O) ^ Kevin Lewis, 5,000 Meters (I) ^ Aaron Mallett, 60-Meter Hurdles (I) Aaron Mallett, 110-Meter Hurdles (O) Aaron Mallett, 400-Meter Relay (O) ^ Vinnie Saucer Jr., 400-Meter Relay (O) ^ Mitch Wolff, 400-Meter Hurdles (O) ^ |
| 2016 | Aaron Mallett, 60-meter hurdles (I) Will Teubel, 800 meters (I) ^ Christian Brissett, 400-Meter Relay(O) ^ William Dougherty, Decathlon (O) * James Harrington, 400-Meter Relay (O) ^ James Harrington, 200-Meters (O) * Mar'yea Harris, 400-Meters (O) * Carter Lilly, 800-Meters (O) * Aaron Mallett, 400-Meter Relay (O) ^ Aaron Mallett, 110-Meter Hurdles (O) ^ Vinnie Saucer Jr., 400-Meter Relay (O) ^ Reno Tuufuli, Discus (O) * Mitch Wolff, 400-Meter Hudles (O) * <i>^ second-team, * honorable-mention, I - indoor, O - outdoor</i> |

National & School Honors

Honda Sports Award

2008 Diane Nukuri (finalist)

NCAA Woman of the Year

1992 Jennifer Brower (state winner)

1994 Tina Stec (national finalist)

Wilma Rudolph Award

2008 Diane Nukuri

Iowa Female Athlete of the Year

1983 Nan Doak

1989 Jeanne Kruckeberg

1992 Tracy Dahl

1993 Tracy Dahl

2006 Kineke Alexander

2007 Kineke Alexander

2008 Diane Nukuri

2009 Racheal Marchand

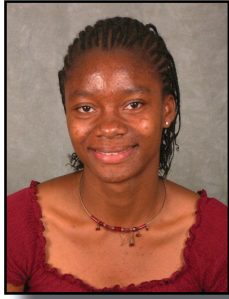
Women's All-Americans

| Year | Athlete, Event |
|------|--|
| 1982 | Chris Davenport, Dist. Medley Relay Nan Doak, Two Miles Nan Doak, Three Miles Nan Doak, 5,000 Meters Nan Doak, Dist. Medley Relay Kathy Gillespie, Heptathlon Jenny Hayden, Dist. Medley Relay Jodi Hershberger, 3,000 Meters Jenny Spangler, 10,000 Meters Kay Stormo, 880 Yards Kay Stormo, 800 Meters Kay Stormo, Dist. Medley Relay |
| 1983 | Nan Doak, 5,000 Meters Mary Mol, High Jump Jenny Spangler, 10,000 Meters |
| 1985 | Penny O'Brien, 3,000 Meters Nan Doak, 10,000 Meters |
| 1987 | Jeanne Kruckeberg, 3,200-Meter Relay Kim Schneckloth, 3,200-Meter Relay Sherri Suppelsa, 3,200-Meter Relay Janet Wodek, 3,200-Meter Relay |
| 1988 | Jeanne Kruckeberg, Mile |
| 1989 | Jeanne Kruckeberg, 800 Meters |
| 1990 | Rachelle Roberts, Mile |
| 1992 | Jennifer Brower, 10,000 Meters Tracy Dahl, 5,000 Meters Lisa Van Steenwyk, Shot Put |
| 1993 | Tracy Dahl, 5,000 Meters |
| 1994 | Tina Floyd, 400-Meter Relay Yolanda Hobbs, 400-Meter Relay Marlene Poole, 400-Meter Relay Tanja Reid, 400-Meter Relay Tina Stec, Mile Tina Stec, 3,000 Meters |
| 1995 | Yolanda Hobbs, 55 Meters |

Women's All-Americans

| | |
|------|---|
| 1997 | Yolanda Hobbs, 200 Meters Wynsome Cole, 400-Meter Hurdles |
| 2004 | Shellene Williams, 400 Meters |
| 2005 | Kineke Alexander, 400 Meters Peaches Roach, High Jump Kineke Alexander, 400 Meters |
| 2006 | Kineke Alexander, 400 Meters Peaches Roach, High Jump Meghan Armstrong, Mile Kineke Alexander, 400 Meters Peaches Roach, High Jump |
| 2007 | Kineke Alexander, 400 Meters Meghan Armstrong, Mile Kineke Alexander, 400 Meters Peaches Roach, High Jump Diane Nukuri, 10,000 Meters |
| 2008 | Kineke Alexander, 400 Meters Kineke Alexander, 400 Meters Meghan Armstrong, 10,000 Meters Tammilee Kerr, Heptathlon Racheal Marchand, 10,000 Meters |
| 2009 | Karessa Farley, 100-Meter Hurdles Racheal Marchand, 5,000 Meters |
| 2011 | Bethany Praska, 800 Meters (I) McKenzie Melander, Mile (I) ^ Betsy Flood, 5,000 Meters (O) ^ Brooke Eilers, 5,000 Meters (O) * Nicole Erickson, 1,600-Meter Relay (O) * Tiffany Hendricks, 1,600-Meter Relay (O) * Ashley Liverpool, 1,600-Meter Relay (O) * Bethany Praska, 1,600-Meter Relay (O) * |
| 2013 | Majesty Tutson, Discus (O) * |
| 2014 | Brittany Brown, 200 Meters (O) ^ Brittany Brown, 400-Meter Relay (O) ^ Elexis Guster, 400-Meter Relay (O) ^ MonTayla Holder, 400-Meter Relay (O) ^ MonTayla Holder, 400-Meter Hurdles (O) ^ Lake Kwaza, 400-Meter Relay (O) ^ Zinnia Miller, Long Jump (O) Zinnia Miller, Triple Jump (O) ^ |
| 2015 | Brittany Brown, 200 Meters (O) * Elexis Guster, 400 Meters (O) * |
| 2016 | Briana Guillory, 1,600-Meter Relay (I) ^ Elexis Guster, 1,600-Meter Relay (I) ^ Elexis Guster, 400 Meters (I) ^ Alexis Hernandez, 1,600-Meter Relay (I) ^ MonTayla Holder, 1,600-Meter Relay (I) ^ Briana Guillory, 400-Meter Relay (O) ^ Brianna Guillory, 1,600-Meter Relay (O) ^ Briana Guillory, 200-Meters (O) * Elexis Guster, 400 Meters (O) ^ Elexis Guster, 400-Meter Relay (O) ^ Elexis Guster, 1,600-Meter Relay (O) ^ Alexis Hernandez, 400-Meter Relay (O) ^ Alexis Hernandez, 1,600-Meter Relay (O) ^ MonTayla Holder, 400-Meter Hurdles (O) ^ MonTayla Holder, 1,600-Meter Relay (O) ^ Lake Kwaza, 400-Meter Relay (O) ^ Jahisha Thomas, Long Jump (O) ^ |

*^ second-team, * honorable-mention, I - indoor, O - outdoor*



Kineke Alexander
Two-Time Midwest
Regional Champion
400 Meters



Tiffany Johnson
2007 Midwest
Regional Champion
100-Meter Hurdles



Bill Neumann
2003 Midwest
Regional Champion
Javelin

Men's All-Region Honorees

| Year | Athlete | Event - Mark | Place |
|-------------|--------------------------------|--------------------------------|-------|
| 2003 | Bill Neumann | Javelin - 227-0 (69.20 m) | 1st |
| | Tony Leick | 400-Meter Hurdles - 53.16 | 7th |
| | Chris Voller | Hammer - 192-2 (58/58) | 8th |
| 2004 | Ken Kemeny | Shot Put - 61-4 1/4 (18.70 m) | 4th |
| | Brad Daufelt | Hammer - 205-4 (62.59 m) | 4th |
| | Russell Peterson | 400-Meter Hurdles - 51.18 | 6th |
| 2005 | Chris Voller | Hammer - 196-7 (59.91 m) | 7th |
| | Ken Kemeny | Shot Put - 62-3 (18.97 m) | 2nd |
| | Tim Brodersen | Discus - 179-1 (54.59 m) | 3rd |
| 2006 | Chris Voller | Hammer - 195-4 (59.55 m) | 8th |
| | Adam Hamilton | Hammer - 217-11 (66.42 m) | 2nd |
| | Shane Maier | Shot Put - 61-0 1/4 (18.60 m) | 5th |
| 2007 | Shane Maier | Shot Put - 58-6 1/2 (17.84 m) | 2nd |
| | Adam Hamilton | Hammer - 215-7 (65.70 m) | 2nd |
| | Ray Varner | 400-Meter Hurdles - 52.93 | 8th |
| 2008 | Micah VanDenend | 5,000 Meters - 14:14.62 | 8th |
| | Paul Chaney, Jr. | 400-Meter Relay - 42.53 | 8th |
| | Aaron Reed | 400-Meter Relay - 42.53 | 8th |
| 2009 | Lee Elbert | 400-Meter Relay - 42.53 | 8th |
| | John Hickey | Shot Put - 61-4 1/4 (18.70 m) | 2nd |
| | A.J. Curtis | Shot Put - 59-5 1/2 (18.12 m) | 3rd |
| 2009 | A.J. Curtis | Discus - 176-8 (53.85 m) | 3rd |
| | Andy Napier | 3,000 Steeplechase - 8:57.54 | 7th |
| | Shane Maier | Shot Put - 56-11 1/2 (17.36 m) | 7th |
| | Ray Varner | 400 Hurdles - 51.07 | 8th |
| | Adam Hairston | 800 Meters - 1:48.87 | 5th |
| | D'Juan Richardson | 400-Meter Relay - 40.33 | 5th |
| | Zeke Sayon | 400-Meter Relay - 40.33 | 5th |
| | Stephen Bee | 400-Meter Relay - 40.33 | 5th |
| | Paul Chaney, Jr. | 400-Meter Relay - 40.33 | 5th |
| | Ray Varner | 400 Hurdles - 51.21 | 6th |
| John Hickey | Shot Put - 58-11 1/4 (17.96 m) | 6th | |

Regional Awards

Midwest Regional Female Athlete of the Year

Kineke Alexander, 2007

Women's All-Region Honorees

| Year | Athlete | Event - Mark | Place |
|-------------------|-------------------|---------------------------------|-------------------------------|
| 2003 | Alana Redfern | Javelin - 159-8 (48.68 m) | 3rd |
| | Jessie Strand | Pole Vault - 12-10 1/4 (3.92 m) | 3rd |
| | Sarah Arens | 3,000 Steeplechase - 10:42.42 | 5th |
| | Nicole Charles | 1,600-Meter Relay - 3:36.26 | 5th |
| | Aisha Hume | 1,600-Meter Relay - 3:36.26 | 5th |
| | Sarah Steffen | 1,600-Meter Relay - 3:36.26 | 5th |
| | Shellene Williams | 1,600-Meter Relay - 3:36.26 | 5th |
| | Shellene Williams | 400 Meters - 53.09 | 6th |
| | Sarah Steffen | 400-Meter Hurdles - 1:00.10 | 8th |
| | 2004 | Sarah Arens | 3,000 Steeplechase - 10:39.31 |
| Shellene Williams | | 400 Meters - 52.41 | 4th |
| Peaches Roach | | High Jump - 5-10 1/2 (1.79 m) | 5th |
| 2005 | Michelle Lahann | 800 Meters - 2:09.34 | 6th |
| | Kineke Alexander | 400 Meters - 52.34 | 2nd |
| | Peaches Roach | High Jump - 5-11 1/4 (1.81 m) | 2nd |
| 2005 | Kineke Alexander | 1,600-Meter Relay - 3:39.67 | 8th |
| | Aisha Hume | 1,600-Meter Relay - 3:39.67 | 8th |
| | Lindsey McCalla | 1,600-Meter Relay - 3:39.67 | 8th |
| | Erin Sheeley | 1,600-Meter Relay - 3:39.67 | 8th |
| | Kineke Alexander | 400 Meters - 51.75 | 1st |
| 2006 | Meghan Armstrong | 1,500 Meters - 4:23.33 | 2nd |
| | Peaches Roach | High Jump - 6-0 1/2 (18.4 m) | 3rd |
| | Racheal Marchand | 5,000 Meters - 17:17.01 | 7th |
| | Tiffany Johnson | 100-Meter Hurdles - 13.53 | 8th |
| | Shannon Stanley | 1,500 Meters - 4:30.98 | 8th |
| 2007 | Kineke Alexander | 400 Meters - 52.34 | 1st |
| | Tiffany Johnson | 100-Meter Hurdles - 13.22 | 1st |
| | Meghan Armstrong | 1,500 Meters - 4:21.56 | 5th |
| | Diane Nukuri | 1,500 Meters - 4:24.30 | 6th |
| | Becca Franklin | Hammer - 192-2 (58.58 m) | 6th |
| 2008 | Racheal Marchand | 5,000 Meters - 16:27.72 | 6th |
| | Peaches Roach | High Jump - 5-9 1/4 (1.76 m) | 7th |
| | Kineke Alexander | 400 Meters - 52.24 | 2nd |
| 2008 | Renee White | Triple Jump - 43-10 (13.36 m) | 6th |
| | Renee White | Long Jump - 20-3 3/4 (6.19 m) | 8th |
| | Karessa Farley | 100-Meter Hurdles - 13.34 | 3rd |
| 2009 | Betsy Flood | 1,500 Meters - 4:25.98 | 4th |
| | McKenzie Melander | 1,500 Meters - 4:30.83 | 7th |

In 2010, the NCAA altered the format for athletes to qualify and advance to the NCAA Championships, therefore there is no longer a regional-based qualifying competition.



Men's Indoor Champions

50 Yards

Charles Brookins, 1922 5.4

55-Meter Hurdles

Dion Trowers, 1998 7.27

60 Yards

Lee Farmer, 1942 6.3

60 Meters

Vinnie Saucer, Jr., 2016 6.7

60-Meter Hurdles

Jordan Mullen, 2013 7.7

Aaron Mallett, 2016 7.69

70-Yard High Hurdles

Frank Cuhel, 1928 8.8

George Saling, 1932 8.7

Russell Merkel, 1950 8.8

70-Yard Low Hurdles

Russell Merkel, 1950 8.1

200 Meters

George Page, 1997 21.63

Justin Austin, 2011 21.23

440 Yards

George Baird, 1928 50.1

Vaughn Stevenson, 1929 51.2

Bernard Page, 1935 51.5

Carl Teufel, 1938 49.8

John Brown, 1960 48.6

Gary Hollingsworth, 1963 48.5

Mike Mondane, 1967 47.9

Mike Mondane, 1968 47.6

Dick Eisenlauer, 1972 47.8

400 Meters

Anthuan Maybank, 1990 47.55

600 Yards

Leroy Ebert, 1954 1:11.4

Caesar Smith, 1956 1:14.0

Tom Ecker, 1957 1:13.7

Bill Frazier, 1962 1:12.2

Roger Kerr, 1963 1:10.0

Mike Mondane, 1966 1:11.2

600 Meters

D'Juan Strozier, 1990 1:20.26

880 Yards

Ted Wheeler, 1956 1:55.1

Bill Frazier, 1963 1:51.8

D'Juan Strozier, 1992 1:51.54

800 Meters

Erik Sowinski, 2012 1:47.90

1,000 Yards

Gary Fischer, 1961 2:16.8

Joel Moeller, 1978 2:12.4

1,500 Meters

Ed DeLashmutt, 1980 3:49.90

Mile

Ted Wheeler, 1956 4:12.5

Charles Jones, 1957 4:13.8

Charles Jones, 1958 4:10.5

Gary Fischer, 1963 4:13.7

Larry Wieczorek, 1966 4:09.7

Larry Wieczorek, 1967 4:05.3

Two Miles

Harold Phelps, 1925 9:32.6

Leonard Hunn, 1927 9:44.2

Charles Jones, 1957 9:23.3

Charles Jones, 1958 9:09.6

Larry Wieczorek, 1968 8:54.3

Long Jump

Lee Farmer, 1942 23-9 1/4

Earl Smith, 1954 24-0 3/4

Quinn Early, 1986 24-7 1/4

Anthuan Maybank, 1992 26-5 1/2

Anthuan Maybank, 1993 26-5

Bashir Yamini, 1997 25-9 1/4

Bashir Yamini, 1998 24-11 1/4

Bashir Yamini, 1999 25-6 1/2

Matty Gorman, 2005 24-8 1/2

High Jump

*Ed Schrader, 1913 5-11 1/2

*Edgar Hoffman, 1920 6-0

*Donald Craig, 1929 5-9 5/8

*H. Workhoven, 1929 5-9 5/8

Les Stevens, 1956 6-6 3/8

Bill Knoedel, 1975 7-1

Triple Jump

Troy Doris, 2011 54-0

Troy Doris, 2012 52-1 3/4

Babatunde Amosu, 2014 51-7 3/4

Babatunde Amosu, 2015 52-8.75

Pole Vault

*Xavier Boyles, 1926 12-6

*Henry Canby, 1929 13-7 1/2

Ken Steinbeck, 1943 13-3

Dave Nielsen, 1975 16-10

Shot Put

Ray Danber, 1926 46-2 1/2

Jeremy Allen, 2000 61-4 1/4

Shane Maier, 2007 60-11 1/4

John Hickey, 2008 61-9 3/4

Women's Indoor Champions

55 Meters

Vivien McKenzie, 1985 6.92

Yolanda Hobbs, 1995 6.83

60 Yards

Elaine Jones, 1983 6.92

Elaine Jones, 1984 6.91

60 Meters

Lake Kwaza, 2016 7.33

200 Meters

Erica Broomfield, 1998 23.88

Kineke Alexander, 2006 23.49

Kineke Alexander, 2007 23.67

300 Yards

Elaine Jones, 1984 34.59

400 Meters

Senta Hawkins, 1988 55.66

Ellen Grant, 1997 54.39

Shellene Williams, 2004 54.17

Kineke Alexander, 2006 52.01

Kineke Alexander, 2007 52.23

Elexis Guster, 2016 52.36

600 Meters

Kay Stormo, 1979 1:33

Karen Layne, 1990 1:31.45

Bethany Praska, 2011 1:28.99

800 Yards

Kay Stormo, 1982 2:09.35

880 Yards

Jeanne Kruckeberg, 1987 2:11.71

3,000 Meters

Nan Doak, 1985 9:38.5

Meghan Armstrong, 2008 9:18.30

Three Miles

Nan Doak, 1982 15:27.53

5,000 Meters

Tracy Dahl, 1992 16:36.13

High Jump

Peaches Roach, 2004 5-11 1/4

Peaches Roach, 2005 5-10 3/4

Peaches Roach, 2007 5-10

Triple Jump

Renee White, 2008 42-4

Shot Put

Gail Smith, 1985 51-0

Lisa Van Steenwyk, 1993 50-5 1/4

Pentathlon

Kathy Gillespie, 1983 4,079 pts.

Men's Indoor Relay Champions

Mile Relay

Morrow, Noll, Brookins, Wilson, 1923 3:29.6

Morrow, Kohn, Roberts, Coulter, 1924 3:33.2

Beatty, Phelps, Baird, Cuhel, 1927 3:29.5

Stevenson, Stamats, Baird, Cuhel, 1928 3:24.2

Thomas, Ferguson, Depping, Stevenson, 1929 3:25.6

Boylan, Wheeler, Ebert, Scott, 1952 3:18.3

Richards, Rocker, Hollingsworth, Kerr, 1963 3:14.7

Ferree, Frazier, Mondane, Reimer, 1967 3:13.1

Greer, Williams, Smith, Duckett, 1984 3:09.24

Richards, Holmes, Sowinski, Willey, 2011 3:12.13

Two Mile Relay

English, Blackman, Strozier, Chambers, 1989 7:36.20

Women's Indoor Relay Champions

3,200-Meter Relay

Schlader, Mitchell, Drapcho, Stormo, 1979 9:10.0

Hoskins, Kruckeberg, Roberts, Schneckloth, 1989 8:53.01



Men's Outdoor Champions

100 Yards
Dennis Kohl, 1966..... 9.6

120-Yard High Hurdles
Russell Merkel, 1950 14.4
Les Stevens, 1956 14.2

100 Meters
George Page, 1995 10.50
George Page, 1996 10.08
Tim Dwight, 1999 10.51
Justin Ausin, 2013..... 10.27

110-Meter High Hurdles
Pat McGhee, 1989 13.74
Aaron Mallett, 2015 13.43
Aaron Mallett, 2016 13.48

220 Yards
Eric Wilson, 1921..... 22.0
Eric Wilson, 1923..... 21.2
John Everingham, 1927 22.0
Dennis Kohl, 1966..... 20.6

220-Yard Low Hurdles
Charles Brookins, 1922..... 23.8
Charles Brookins, 1923..... 23.2
Charles Brookins, 1924..... 23.8
Frank Cuhel, 1926..... 23.9
Frank Cuhel, 1927 24.2
Frank Cuhel, 1928..... 23.6
George Saling, 1932..... 23.0

200 Meters
Andre Morris, 1995 20.64
Bashir Yamini, 1998 21.10
Bashir Yamini, 1999 21.39
Justin Austin, 2011 20.46
Justin Austin, 2013 20.86

330-Yard Int. Hurdles
Donald Gardner, 1963 37.7
Jon Reimer, 1965 36.1

440 Yards
Chan Coulter, 1924 50.4
George Baird, 1927..... 49.1
John Brown, 1959..... 48.1
Mike Mondane, 1967 46.4
Mike Mondane, 1968 47.5
Dick Eisenlauer, 1975..... 47.1

440-Yard Int. Hurdles
Jon Reimer, 1965 50.8

400 Meters
Anthuan Maybank, 1991 45.76
Anthuan Maybank, 1993 45.91
Andre Morris, 1995 45.39
Andre Morris, 1996 46.38
Steven Willey, 2010 46.12

400-Meter Hurdles
Pat McGhee, 1986 50.94
Pat McGhee, 1988 50.01
Pat McGhee, 1989 49.63
Ray Varner, 2010..... 50.61
Ethan Holmes, 2013 50.78

660 Yards
Roger Kerr, 1963 1:17.4
Mike Mondane, 1966 1:17.7

880 Yards
Harry Morrow, 1924 1:57.0
Ted Wheeler, 1956..... 1:51.7
Bill Frazier, 1962 1:50.1
Bill Frazier, 1963 1:50.6

800 Meters
D'Juan Strozier, 1990 1:47.17

Mile
Ted Wheeler, 1956..... 4:12.7
Charles Jones, 1957 4:17.0
Charles Jones, 1958 4:09.2

3,000-Meter Steeplechase
Rollie Kitt, 1967 9:02.9
Steve Pershing, 1977 9:00.1

Two Miles
Richard Ferguson, 1952..... 9:19.0
Richard Ferguson, 1953..... 9:26.6
Charles Jones, 1957 9:14.0

Three Miles
Larry Wiczorek, 1968..... 13:58.0

10,000 Meters
Kevin Herd, 1994 30:05.21
Micah VanDenend, 200730:28.50

Long Jump
Edward Gordon, 1929.... 24-1 3/4
Edward Gordon, 1930.... 24-8 1/4
Edward Gordon, 1931.... 24-1 1/2
Earl Smith, 1954 23-1
Quinn Early, 1986 24-11
Anthuan Maybank, 1993 25-9 1/2
Bashir Yamini, 1997 26-8 1/4

High Jump
E.J. Baker, 1905..... 5-10 1/4
*Edward Gordon, 1929..... 6-0
Bill Knoedel, 1975..... 7-3
Bill Hansen, 1976..... 7-2
Ryan Kelly, 2008..... 6-10 3/4
Kevin Spejcher, 2016 7-1 3/4

Triple Jump
Troy Doris, 2011..... 53-8 1/2
Troy Doris, 2012..... 54-8
Babatunde Amosu, 2015 53-0

Pole Vault
*Xavier Boyles, 1926 12-9 1/2
Bill Burnette, 1966..... 15-3
Phil Wertman, 1971..... 16-1 1/2
John Tefer, 1972..... 16-0
Todd Wigginton, 1984 17-0

Discus
C.H. Swift, 1902 118-9
C.H. Swift, 1903 117-7 1/2
Merle Alderman, 1910 129-8 1/2
John Hancock, 1925..... 138-2
Jeremy Allen, 1998 185-9
Jeremy Allen, 2001 194-5
Tim Brodersen, 2005 187-0
Tim Brodersen, 2006 181-2

Shot Put
Chris Gambol, 1987 60-0 1/2
Jeremy Allen, 2001 62-2 1/4
John Hickey, 2007 58-4 1/2

Hammer
A. van der Westhuizen, 1999. 202-3
A. van der Westhuizen, 2000. 218-5
Jim Costello, 2002..... 217-7
Adam Hamilton, 2006 208-1

Javelin
L.D. Weldon, 1930 184-5 1/2
L.D. Weldon, 1931 191-4 1/2
Mark Panther, 1934 208-2
Mark Panther, 1935 219-7 3/8
Bushnell Lamb, 1936 ... 194-4 1/2
Bushnell Lamb, 1938 202-8
Bill Neumann, 2002 231-8
Bill Neumann, 2003 238-2
Matt Byers, 2010 220-6
Matt Byers, 2011 235-4
Matt Byers, 2012 222-10

Men's Outdoor Relay Champions

400-Meter Relay
Beecham, Duckett, Greer, Patrick, 1983 39.99
McCoy, Duckett, Greer, Smith, 1984 40.11
Davis, Morris, Rozell, Page, 1995 40.03
Dwight, Branch, Davis, Yamini, 1998 40.27
Branch, Dwight, Dodge, Yamini, 1999 40.66
Coleman, Kunkel, Peterson, Dodge, 2001 40.15
Mullen, Austin, E. Holmes, Larney, 2013 40.20
Brown, Harrington, Mincy, Wilson, 2014..... 39.35
Saucer, Brissett, Harrington, Mallett, 2016..... 39.44

400-Yard Relay
Johnson, Lake, Eisenlauer, Wellington, 1974..... 41.2

Mile Relay
Beck, Noll, Keppler, Wilson, 1922..... 3:20.0
Stevenson, Stamats, Baird, Cuhel, 1928 3:20.2
Stevenson, Ferguson, Depping, Baird, 1929..... 3:20.7
Levinson, Boylan, Ebert, Scott, 1953 3:16.4
Richards, Hollingsworth, Frazier, Kerr, 1962 3:12.3
Richards, Hollingsworth, Frazier, Kerr, 1963 3:11.2
Thompson, Feree, Randolph, Reimer, 1965 3:12.1
Ferree, Frazier, Mondane, Reimer, 1967 3:08.7
Teberg, Stevens, Frazier, Mondane, 1968..... 3:13.3

1,600-Meter Relay
Chung, Williams, McGhee, Leonard, 1986 3:07.05
Branch, Dwight, Dodge, Yamini, 1999 3:09.09



Women's Outdoor Champions

100 Meters

Vivien McKenzie, 1983 11.90
 Vivien McKenzie, 1984 11.50
 Vivien McKenzie, 1985 11.63

200 Meters

Briana Guillory, 2016 22.95

400 Meters

Ellen Grant, 1997 52.82
 Shellene Williams, 2003 53.58
 Shellene Williams, 2004 52.97
 Kineke Alexander, 2007 52.15
 Elexis Guster, 2014 52.77
 Elexis Guster, 2015 52.19

400-Meter Hurdles

Wynsome Cole, 1998 56.67

800 Meters

Bethany Praska, 2011 2:05.63

5,000 Meters

Nan Doak, 1982 16:26.63

Tracy Dahl, 1992 16:22.01
 Diane Nukuri, 2008 16:24.21
 McKenzie Melander, 2012 16:14.03

10,000 Meters

Jennifer Brower, 1992 34:29.61
 Meghan Armstrong, 2008. 33:49.03

High Jump

Peaches Roach, 2004 5-11 1/4
 Peaches Roach, 2007 6-0
 Khanishah Williams, 2014.. 5-9 1/4

Shot Put

Lisa Van Steenwyk, 1993 47-4 1/2

Long Jump

Aisha James, 2003 21-4

Triple Jump

Renee White, 2009 43-10 3/4



The 2006 NCAA indoor 400-meter champion, Kineke Alexander, was an eight-time All-American and five-time Big Ten champion at Iowa from 2005-08. She holds Iowa school records in four individual events and two relays, and set the Big Ten Indoor Championships 400-meter record (52.23) in 2007.

Women's Outdoor Relay Champions

400-Meter Relay

Floyd, Hobbs, Poole, Reid, 1994 44.80
 Underwood, Cole, Grant, Wynter, 1997 46.53
 Kwaza, Guster, Holder, Brown, 2014 44.62

1,600-Meter Relay

Hume, Charles, Steffen, Williams, 2003 3:38.95
 Praska, Hendricks, Erickson, Liverpool, 2011 3:36.51
 Hernandez, Guillory, Holder, Guster, 2016 3:31.22

Big Ten Championships Honors

Men's Awards

Athlete of the Year

1989 Pat McGhee (O)
 1993 Anthuan Maybank (O)
 2011 Justin Austin (O)
 2013 Justin Austin (O)

Track Athlete of the Meet

1989 Pat McGhee (O)
 1999 Tim Dwight (O)
 2011 Justin Austin (O)
 2013 Justin Austin (O)

Freshman of the Year

1996 Bashir Yamini (I)
 1998 Jeremy Allen (I, O)

I - Indoor, O - Outdoor

Women's Awards

Track Athlete of the Year

2007 Kineke Alexander (I)

Freshman of the Year

1998 Erica Broomfield (I)
 2004 Peaches Roach (O)
 2016 Briana Guillory (O)

I - Indoor, O - Outdoor

Big Ten Medal of Honor

Men's Honorees

1932 Stuart Skowbo
 1934 Tom Moore
 1936 Francis Cretzmeyer
 1947 John Hunter
 1948 Herbert Wilkinson
 1955 LeRoy Ebert
 1959 James Van Young
 1963 Ralph Trimble
 1991 David Brown
 1994 Kevin Herd
 2000 Stetson Steele
 2009 Eric MacTaggart
 2012 Erik Sowinski

Women's Honorees

1992 Jennifer Brower
 1994 Tina Stec
 2008 Meghan Armstrong
 2011 Bethany Praska
 2012 McKenzie Melander



First-Team All-Big Ten Honorees

Men's Honorees

Jeremy Allen 1998, 2000-01
Babatunde Amosu 2013, 2015
Justin Austin 2011, 2013
Chris Barton 2010-11
St. Clair Blackman 1989
Tony Branch 1998-99
Christian Brissett 2016
Tim Brodersen 2005-06
Keith Brown 2014, 2015
Matt Byers 2010-12
Rodney Chambers 1989
Jim Costello 2002
Curtis Chung 1986, 1989
Juan Coleman 2001
A.J. Curtis 2007, 2009
Chris Davis 1995, 1998
Klyvens Delaunay 2014
Tim Dodge 1999, 2001
Troy Doris 2011-12
Terrence Duckett 1984
Tim Dwight 1998-99
Quinn Early 1986
Louis English 1989
Chris Gambol 1987
Matty Gorman 2006
Victor Greer 1984
Adam Hairston 2008-09
Adam Hamilton 2006-07
James Harrington 2014-16
Kevin Herd 1994
Jeffery Herron 2010
John Hickey 2007-09
Ethan Holmes 2011-13
Gabe Hull 2014, 2015
Sam Joens 2014
Ryan Kelly 2008
Gary Kostrubala 1986
Adam Kunkel 2001
Josh Larney 2013
Harold Leonard 1986
Shane Maier 2006-08
Aaron Mallett 2015, 2016
Anthuan Maybank 1990-94
Ronnie McCoy 1984
Pat McGhee 1986, 1988-89
Tevin-Cee Mincy 2014
Andre Morris 1995-96
Jordan Mullen 2013
Andy Napier 2008
Bill Neumann 2002-03
George Page 1995-97
Russell Peterson 2001
Patrick Richards 2010
Ed Rozell 1995

Vinnie Saucer, Jr. 2015, 2016
Zeke Sayon 2010
Caesar Smith 1984
Robert Smith 1984
Erik Sowinski 2010-12
Kevin Spejcher 2014, 2016
D'Juan Strozier 1989-90, 1992
Dion Trowers 1998
Reno Tuufuli 2016
Micah VanDenend 2007
Ray Varner 2010
Arno van der Westhuizen 2000
Todd Wigginton 1984
Steven Willey 2010-11
Kenny Williams 1984, 1986
O'Shea Wilson 2014
Chris Voller 2005
Bashir Yamini 1997-99

Women's Honorees

Kineke Alexander 2006-08
Krista Anderson 2006
Meghan Armstrong ... 2006, 2008
Erica Broomfield 1998
Jennifer Brower 1992
Brittany Brown 2014
Nicole Charles 2003
Wynsome Cole 1997-98
Tracy Dahl 1992-93
Nan Doak 1985
Nicole Erickson 2011
Betsy Flood 2011-12
Tina Floyd 1994
Ashley Granger 2006
Ellen Grant 1997
Briana Guillory 2016
Elexis Guster 2014, 2016
Senta Hawkins 1988
Tiffany Hendricks 2011
Alexis Hernandez 2016
Yolanda Hobbs 1994-95
MonTayla Holder 2014, 2016
Tami Hoskins 1989
Aisha Hume 2003
Aisha James 2003
Tiffany Johnson 2005-06
Elaine Jones 1984
Jeanne Kruckeberg 1987-89
Lake Kwaza 2014

Karen Layne 1990
Ashley Liverpool 2011-12
Racheal Marchand 2009
Lindsey McCalla 2006
Vivien McKenzie 1984-86
McKenzie Melander 2012
Zinnia Miller 2014
Diane Nukuri 2007-08
Marlene Poole 1994
Bethany Praska 2011
Alana Redfern 2003
Tanja Reid 1994
Peaches Roach 2004-07
Rachelle Roberts 1989-90
Kim Schneckloth 1989
Marieke Schrulle 2013
Gail Smith 1985
Shannon Stanley 2006
Sarah Steffen 2003
Jessie Strand 2003
Majesty Tutson 2011, 2013
Tara Underwood 1997
Lisa Van Steenwyk 1993
Renee White 2007-09
Khanishah Williams 2014
Shellene Williams 2003-04
Kaydene Wynter 1997

Big Ten Athletes of the Month/Week

Big Ten Athlete of the Month

Men's Honorees

Anthuan Maybank Apr. 1993

Women's Honorees

Tracy Dahl Mar. 1992
Tracy Dahl Feb. 1993
Yolanda Hobbs Mar. 1995

Big Ten Athlete of the Week

Women's Honorees

Mandy Beck Mar. 22, 1999
Aisha James Apr. 28, 2003
Alana Redfern May 5, 2003
Peaches Roach (F) Feb. 20, 2007
Meghan Armstrong (T) Mar. 25, 2008
Diane Nukuri (T) Apr. 8, 2008
Betsy Flood (T) May 5, 2010
MonTayla Holder (T) Jan. 12, 2015
Madison Rouw (F) Mar. 23, 2016
Elexis Guster (T) Apr. 13, 2016

T - track athlete, F - field athlete

Men's Honorees

Jeremy Allen Jan. 19, 1999
Tony Branch Jan. 26, 1999
Arno van der Westhuizen Apr. 12, 1999
Jeremy Allen Jan. 24, 2001
Jim Costello Jan. 31, 2001
Bill Neumann Apr. 8, 2003
Shane Maier (F) Jan. 16, 2007
Micah VanDenend (T) Apr. 3, 2007
A.J. Curtis (F) Apr. 10, 2007
Adam Hamilton (F) May 1, 2007
John Hickey (F) Jan. 22, 2008
Andy Napier (T) Apr. 8, 2008
John Hickey (F) Feb. 16, 2009
Ray Varner (T) Apr. 8, 2009
Erik Sowinski (T) Apr. 13, 2011
Troy Doris (F) Jan. 30, 2012
Justin Austin (T) Apr. 10, 2013
Babatunde Amosu (F) Apr. 23, 2014
Aaron Mallett (T) Mar. 25, 2015
Aaron Mallett (T) Feb. 17, 2016
Christian Brissett (T) Mar. 23, 2016
Aaron Mallett (T) Apr. 27, 2016



CoSIDA Academic Teams

CoSIDA Academic All-America

| | |
|------|-----------------|
| 1986 | Danny Waters |
| 1989 | Kim Schneckloth |
| 1990 | Lisa Skidmore |
| 1997 | Chad Schwitters |
| 1998 | Chad Schwitters |
| 2000 | Stetson Steele |
| 2012 | Erik Sowinski |

CoSIDA Academic All-District

| | |
|------|------------------------------------|
| 1986 | Danny Waters |
| 1989 | Kim Schneckloth |
| 1990 | Lisa Skidmore |
| 1997 | Chad Schwitters |
| 1998 | Chad Schwitters |
| 2000 | Stetson Steele |
| 2006 | Tim Brodersen Adam Hamilton |
| 2008 | Jolly Burke |
| 2012 | McKenzie Melander Erik Sowinski |

USTFCCCA All-Academic

| | |
|------|---|
| 2006 | Meghan Armstrong Krista Anderson |
| 2009 | Hannah Roeder McKenzie Melander |
| 2010 | Kevin Dibbern Amanda Hardesty McKenzie Melander Tiffany Medenhardt Bethany Praska Eric Sowinski |
| 2011 | Brooke Eilers Bethany Praska |
| 2012 | Brooke Eilers Betsy Flood Jackie Laesch Kevin Lewis McKenzie Melander Megan Ranegar Keaton Rickels Victoria Sack Marieke Schrulle Hannah Simonson Annemie Smith Eric Sowinski Ben Stancombe |
| 2013 | Marieke Schrulle Jasmine Simpson Annemie Smith Kyle Reid Keaton Rickels Ben Stancombe |
| 2014 | Kevin Lewis Jasmine Simpson Annemie Smith |
| 2015 | Carter Lilly Marta Bote Gonzalez Kassidy Ellis Annemie Smith |
| 2016 | Carter Lilly Christopher Douglas Briana Guillory |

Big Ten Distinguished Scholars

Recipients of the Big Ten Distinguished Scholar award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.7 or higher for the previous academic year. The inaugural award was presented in 2008-09.

| | |
|------|---|
| 2009 | Jolly Burke A.J. Curtis Jennie Docherty Rachel Hawks Andy Napier Hannah Roeder Brice Wilson |
| 2010 | Sam Bailin Connor Elmitt Amanda Hardesty Mark Mankivsky |
| 2011 | Brooke Eilers Kelsey Hart McKenzie Melander Amanda Hardesty Keaton Rickels Hannah Roeder |
| 2012 | Kyle Reid Keaton Rickels Ben Stancombe Kirsten Weismantle |
| 2013 | Courtney Fritz Keaton Rickels Sarah Ryan Jasmine Simpson Ben Stancombe Kirsten Weismantle |
| 2014 | Andrew Carman Courtney Fritz Michaela Haight Kevin Lewis Sarah Ryan Jasmine Simpson Amanda Stahle Jocelyn Todd |
| 2015 | Kassidy Ellis Allison Gattone Lindsay Herra |
| 2016 | Heaven Chandler Allison Gattone Lindsay Herra Lake Kwaza |



Academic All-Big Ten Honorees

Recipients of the Academic All-Big Ten award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.0 or higher for their academic career. The inaugural award was presented in 1986-87.

Men's Honorees

- L. J. Albrecht1989-92
Alex Balke 2015
Rajeev Balkrishnan 1993
Andy Banse2003-05
Jake Berns..... 2006
Ravi B'Have..... 1995, 1998
Tim Brodersen2003-06
David Brown 1988-91
Brendan Camplin2008-09
Andrew Carman2012-14
Chris Cassata 1999-00
Trent Corey.....1999-02
Jim Costello2001-02
Mike Cunningham 1999, 2001-02
A.J. Curtis.....2007-09
Kevin Docherty 2016
Cannon Dolan2007-09
Jim Donovan 1997-99
Jack Eckert2012-15
Peter Eischeid1996-98
Lee Elbert2007-08
Connor Elmitt2009-10
Joe Estes1994-96
Scott Faber 1999, 2002
Andy Flaherty 1988
Daniel Gardarsson 2016
Matt Gerard.....1992-94
Mike Gorsline 1989-91
Anthony Gregorio 2015
Adam Hairston..... 2010
Adam Hamilton2004-07
Michael Hart..... 2015
Dan Haut2004-06
Kevin Herd1991-93
Mark Holtkamp 1996
Jason Joens..... 1993
Scott Joens..... 1987
Richard Johnson 2007
Chase Kadlec 2010, 2012
Ryan Lamparek.....2009-12
Kevin Lewis..... 2013, 2015
Carter Lilly 2016
Ben Lloyd2003
Marco Loureiro.....1995-96
Jesse Luciano2008-10
Eric MacTaggart....2006, 2008-09
Shane Maier2005-06
Mark Mankivsky 2010
Steve Marshall..... 1991, 1994
Brad McCorkle 1990
Pete McDowell 1994

- Pat Meade 1987, 1989
Michael Melchert 2016
Sean Moeller1999-02
Andy Morris.....1998-00
Steve Morrissey..... 1991
Andy Napier.....2007-09
Ryan Niver 2008
Jason Nolting2004-06
Chad Ohly 1993-95
Matt O'Hollearn.....2004-06
James Paul2009-11
Chris Peters 1997
Tim Pleskac..... 2000
Justin Poots 2001
Nathan Prom2012-14
Kyle Reid2011-13
Jay Renaud 2008
Thomas Reynolds 2010
Keaton Rickels2011-13
Cameron Rieger.....2012-13
Marc Roehl1993-95
Paul Sarris 1998
Mark Schaapveld2008-09
Zachary Schimp2009-10
Chad Schwitters.....1996-99
Eric Sowinski.....2010-12
Ben Stancombe2011-13
Stetson Steele..... 1997, 1999-00
Brendan Thompson2014-16
Dion Trowers 1997
Jonathan Tullett..... 1994
Josh Tweedy2004-05
Graham Valdes 2009
David White1991-92
Andy Wiese 1987
Brice Wilson 2008
Bobby Windauer.....2007-08
Ben Witt 2013, 2015
Mitch Wolff2014-16

Women's Honorees

- Adrienne Alexia 2012-15
Krista Anderson 2007-08
Lindsay Anderson2010
Sarah Arens 2001-04
Meghan Armstrong 2006-08
Caleigh Bacchus.....2009
Atalie Barber2002, 2004
Holly Barnes 1994
Briana Benning 1995-97
Danielle Berndt 2010-12
Allison Billhardt2005

- Kerri Blackstone 1997-99
Becky Borg..... 1988-89
Jennifer Brower 1991-92
Nicole Brown1997
Sarah Burgett..... 2005-07
Jolly Burke 2008-09
Katie Butler.....2001
Jenni Capista..... 2004-05
Heaven Chandler2016
Nicole Charles..... 2001-03
Kacey Childs..... 2000-01
Traci Claussen..... 1988-89
Megan Daniel1994
Sarah Dankoff2002
Brittany Dlhj.....2011
Jennie Docherty.....2009
Katie Donlon.....2005
Brooke Eilers (Gambrell) 2012-13
Jenni Elbert.....2006
Kassidy Ellis..... 2014-15
Katie Ellis 2008-09
Molly Esche 2006-08
Fionna Fallon2010
Shawn Fleck.....1996
Betsy Flood..... 2010-12
Becca Franklin2007
Melissa Fraser1997
Jill Freed1989
Courtney Fritz..... 2012-14
Sheila Galbraith1992
Allison Gattone 2014-16
Keelin Gorman.....2012
Ashley Granger2006
Micaela Haight2014
Maggie Hall.....1999
Amanda Hardesty..... 2010-11
Kelsey Hart 2011-13
Rachel Hawks 2008-09
Tiffany Hendricks.....2010
Sarah Henize.....2009
Lindsay Herra..... 2015-16
Katie Herrmann2004
Aisha Hume 2002-05
Janelle Jaspers 1988-89
Jennifer Johnson..... 1992-93
Tiffany Johnson 2005-07
Aditya Jones 2006-07
Amy Kasparbauer2000
Rebecca Kaza 1997-99
Tammilee Kerr 2006-07
Jennifer Kiciak.....1997-98
Tricia Kiraly 1988-89

- Natalie Kleinfelter1994
Christine Kotarba.....2005
Jeanne Kruckeberg1988, 1990-91
Kimberly Kruk1994
Christine Kubitz1999
Jackie Laesch 2010-12
Michelle Lahann 2001-04
Jordan Laney2005
Shannon Maser2015
Meg Maurer1997
Amy McRell 1990-93
McKenzie Melander 2010-12
Georgia Millward..... 2002-04
Kelsey Mims 2009-12
Monica Mims..... 2005-07
Jennifer Moore..... 1988-89
Raven Moore2013
Amy Murphy..... 2000-01
Sara Murray.....1994
Erin O'Hern 2005-06
Tayo Oladele-Ajose.....2014
Valerie Oltman2000
Kiersten Pauling..... 1995-97
Lena Placzek2012
Sophia Ponce2010
Beverly Powell1991
Bethany Praska..... 2009-11
Rachel Price2013
Kelsey (Labs) Quinn 2011-12
Ruqauua Raheem1998
Megan Ranegar 2011-12
Alana Redfern.....2003
Peaches Roach..... 2005-07
Ericka Roberts 2001-02
Hannah Roeder 2009-11
Sarah Ryan..... 2013-14
Janeth Salazar.....1988
Christine Salsberry1991, 1993-94
Kristi Schmidt2000
Jessica Schmidt.....2007
Kim Schneckloth 1987-90
Jennifer Schoonover.....1995
Mareike Schrulle2013
Gina Shannon 1999-2001
Anna Shearer..... 2000-01
Erin Sheeley.....2005
Hannah Simonson 2011-12
Jasmine Simpson 2011-14
Jordyn Sindt.....2016
Annemie Smith..... 2014-15
Michelle Sokol 2004-05
Amanda Stahle 2012-14



Academic All-Big Ten Honorees - Continued

| | | |
|-----------------------------|----------------------------------|-------------------------------|
| Shannon Stanley.....2007 | Katharina Trost2015 | Tess Wilberding 2015-16 |
| Tina Stec 1992-94 | Rhonda-Kaye Trusty 2008-09 | Beth Wilson1989 |
| Sarah Steffen 2001-03 | Tara Underwood1998 | |
| Jessie Strand 2001-04 | Sheri Van Der Hart..... 1991-93 | |
| Kelsey Stueland2010 | Kim Vinton.....1992 | |
| Sherri Suppelsa.....1987 | Jamie Voss 1992-93 | |
| Jocelyn Todd.....2013 | Kirsten Weismantle 2011-13 | |
| | Renee White.....2007 | |

Drake Relays Champions

Men's Champions

| Event..... | Athlete, Year - Performance |
|-------------------------|--|
| 100 Meters..... | Leicester Farmer, 1942 - 10.1 |
| 100 Meters..... | George Page, 1996 - 10.42 |
| 200 Meters (SI)..... | Jeff Patrick, 1983 - 20.47 |
| 200 Meters (SI)..... | Anthuan Maybank, 1994 - 20.82 |
| 400 Meters (SI)..... | Anthuan Maybank, 1993 - 44.99 |
| Mile | Deacon Jones, 1957 - 4:10.7 |
| Two Miles | Deacon Jones, 1957 - N/A |
| 5,000 Meters | Stetson Steele, 2000 - 14:02.76 |
| 110-Meter Hurdles..... | Pat McGhee, 1988 - 14.15 |
| 400-Meter Relay..... | 1927 - 41.8; 1928 - 42.2; 1935 - 41.7; 1952 - 41.5 |
| 400-Meter Relay..... | Trowers, Branch, Davis, Yamini, 1998 - 40.24 |
| 400-Meter Relay..... | Richardson, Sayon, Richards, Chaney, Jr., 2009 - 40.71 |
| 800-Meter Relay..... | 1929 - 1:28.23 |
| 1,600-Meter Relay..... | 1923 - 3:16.9; 1924 - 3:21.5; 1926 - 3:27.1; 1927 - 3:20.5; 1928 - 3:22.2; 1929 - 3:25.4; 1938 - 3:15.4; 1963 - 3:13.5; 1967 - 3:07.4 |
| 3,200-Meter Relay..... | 1929 - 7:57.3 |
| Dist. Medley Relay..... | 1956 - 10:14.3 |
| Shuttle Hurdle Relay... | 1932 - 1:01.6; 1955 - 59.3; 1984 - 58.77 |
| Sprint Medley Relay ... | 1952 - 3:23.5; 1956 - 3:23.4; 1992 - 3:21.02; Sayon, Austin, Willey, Sowinski, 2011 - 3:16.18; Saucer, Jr., Brissett, Harris, Lilly, 2016 - 3:18.53 |
| High Jump..... | Milton Kuhl (5-way tie), 1942 - 6-4 (1.93m) |
| High Jump..... | Bill Knoedel, 1976 - 7-1 3/4 (2.18m) |
| High Jump..... | Bill Hansen, 1978 - 7-1 3/4 (2.18m) |
| Long Jump | Ed Gordon, 1929 - 24-0 3/4 (7.33m) |
| Long Jump | Ed Gordon, 1930 - 24-0 (7.31m) |
| Long Jump | Ed Gordon, 1931 - 23-10 1/2 (7.28m) |
| Long Jump | Anthuan Maybank, 1993 (w) - 27-6 3/4 (8.40m) |
| Long Jump | Bashir Yamini, 1996 - 25-1 1/4 (7.65m) |
| Triple Jump..... | Troy Doris, 2012 - 53-10 1/4 (16.41m) |
| Pole Vault | Xavier Boyles, 1927 - 12-9 (3.89m) |
| Shot Put..... | Chris Gambol, 1987 - 59-3 (18.06m) |
| Shot Put..... | Ken Kemeny, 2004 - 59-11 1/4 (18.27m) |
| Discus | Robert Mitchell, 1928 - 141-9 (43.22m) |
| Discus | Gabe Hull, 2014 - 197-00 (60.05m) |
| Javelin..... | L.D. Weldon, 1930 - 202-5 (61.70m) |
| Javelin..... | Mark Panther, 1935 - 210-7 (64.18m) |
| Javelin..... | Paul Fagerlind, 1945 - 205-2 (62.54m) |
| Javelin..... | Bill Neumann, 2003 - 238-11 (72.83m) |

Women's Champions

| Event..... | Athlete, Year - Performance |
|-------------------------|---|
| 100-Meter Hurdles..... | Paula Ruen, 1998 - 13.96 |
| 100-Meter Hurdles..... | Tiffany Johnson, 2006 - 13.58 |
| 100-Meter Hurdles..... | Tiffany Johnson, 2007 - 13.27 |
| 400 Meters (SI)..... | Kineke Alexander, 2006 - 52.05 |
| 400-Meter Hurdles..... | Wynsome Cole, 1998 - 57.44 |
| 800 Meters | Mahnee Watts, 2016 - 2:07.93 |
| 1,500-Meters..... | Jeanne Kruckeberg, 1989 - N/A |
| 5,000 Meters | Diane Nukuri, 2007 - 16:15.28 |
| 10,000 Meters..... | Jennifer Brower, 1992 - 34:11.58 |
| Shuttle Hurdle Relay... | Cole, Prendergast, Raheem, Ruen, 1998 - 56.54 |
| 400-Meter Relay..... | Kwaza, Guster, Hernandez, Brown, 2014 - 44.51 |
| 3,200-Meter Relay..... | 1990 - 8:54.49 |
| Sprint Medley Relay ... | Jones, Hendricks, Liverpool, Praska, 2011 - 3:48.63; Kwaza, Guster, Holder, Watts, 2016 - 3:52.62 |
| Dist. Medley Relay..... | 1989 - 11:22.18; 1990 - 11:24.12 |
| 6,400-Meter Relay..... | Flood, Laesch, Ranegar, Melander, 2012 - 19:16.73 |
| Javelin..... | Alana Redfern, 2003 - 157-9 |
| Long Jump | Aisha James, 2003 - 22-3 |
| Discus | Majesty Tutson, 2013 - 181-1 (55.19m) |

SI -- Special Invitation Race, w -- wind-aided



Running Events

60 Meters

School: 6.69 Justin Austin, 2011
Facility: 6.70 Demi Omole, Wisconsin, 2006

60-Meter Hurdles

School: 7.69 Aaron Mallett, 2016
Facility: 7.82 Aaron Mallett, 2016

200 Meters

School: 20.80 Justin Austin, 2011
Facility: 21.21 David Neville, Indiana, 2006

400 Meters

School: 46.75 Steven Willey, 2010
Facility: 47.11 David Neville, Indiana, 2006

600 Meters

School: 1:16.91 Erik Sowinski, 2012
Facility: 1:17.22 Trammel Smith, Illinois, 2006

800 Meters

School: 1:47.62 Erik Sowinski, 2012
Facility: 1:50.87 Joseph Loner, Penn State, 1997

1,000 Meters

Facility: 2:26.21 Joe McAsey, Notre Dame, 2015

Mile

School: 3:58.72 Jeff Thode, 2011
Facility: 4:02.1 Ken Popejoy, Michigan State, 1972

3,000 Meters

School: 7:57.06 Kevin Lewis, 2015
Facility: 7:54.13 Chris Solinsky, Wisconsin, 2006

5,000 Meters

School: 13:43.70 Kevin Lewis, 2015
Facility: 13:51.34 Chris Solinsky, Wisconsin, 2006

Relays

1,600-Meter

School: 3:06.66 Richards, Holmes, Sowinski, Willey - 2011
Facility: 3:11.83 Greer, Smith, Williams, Duckett, Iowa - 1984

3,200-Meter

School: 7:13.02 Cooke, Nie, Monsey, Chambers - 1990
Facility: 7:32.25 Brown, Koning, Blumke, Gledhill,
Michigan State - 1992

Distance Medley

School: 9:45.41 Prom, Rickels, Sowinski, Thode, 2012
Facility: 9:47.78 Candella, Griffin, Gourley, See,
Ohio State - 2006

* - distance conversion

Big Ten Championships Retired Records

1,500 Meters

Meet 3:49.90 Ed DeLashmutt, 1981

Mile Relay

Meet 3:09.24 Greer, Williams, Smith, Duckett - 1984

Field Events

Discus

Facility: 191-4 (58.33m) Chase Madison, Unattached, 2015

High Jump

School: 7-3 (2.21m) Bill Knoedel, 1976
7-3 (2.21m) Bill Hansen, 1978
Facility: 7-4 1/2 (2.25m) Staffan Strand, Minnesota, 1997

Long Jump

School: 26-5 1/2 (8.06m) Anthuan Maybank, 1992
Facility: 26-1 3/4 (7.97m) Anthuan Maybank, Iowa, 1992

Triple Jump

School: 54-0 (16.46m) Troy Doris, 2011
Facility: 53-4 1/4 (16.26m) Bannon Hayes, Illinois, 1989

Pole Vault

School: 17-1 (5.21m) Todd Wigginton, 1984
Facility: 18-1 1/4 (5.52m) Tye Harvey, Minnesota, 1997

Shot Put

School: 63-0 (19.20m) John Hickey, 2009
Facility: 63-7 3/4 (19.40m) Karl Erickson, Minnesota, 2006

Weight Throw

School: 69-4 3/4 (21.15m) Jim Costello, 2002
Facility: 68-2 1/4 (20.78m) Leonard Jatsek, Ohio State, 2006

Pentathlon

School: 3,460 points Scott Faber, 2000

Heptathlon

School: 5,354 points Kyle Reid, 2013
Facility: 5,648 points Benjamin Jensen, Minnesota, 1997

Iowa Retired Records

55 Meters

School: 6.23 Robert Smith, 1984
Facility: 6.27 Cory Pryor, Michigan State, 1989

55-Meter Hurdles

School: 7.14 Pat McGhee, 1989
Facility: 7.07 Reggie Torian, Wisconsin, 1997

300 Yards

School: 30.08 Victor Greer, 1984
Facility: 30.54 Terrence Duckett, Iowa, 1984

300 Meters

School: 36.02 Rajeev Balkrishnan, Iowa, 1992
Facility: 34.41 Ron Brown, Purdue, 1992

600 Yards

School: 1:09.60 Terrence Duckett, 1984
Facility: 1:09.54 Ray Armstead, NE Missouri State, 1984

1,000 Yards

School: 2:10.0 Joel Moeller, 1977
Facility: 2:10.0 Joel Moeller, Iowa, 1977

1,000 Meters

School: 2:24.53 Bill Theisen, 1986
Facility: 2:27.69 Brian Peppard, Notre Dame, 1992

Two Miles

School: 8:53.91 Jeff Thode, 2012
Facility: 8:47.5 Dave Johnson, Minnesota, 1977



Running Events

60 Meters

School: 7.33 Lake Kwaza, 2016
 Facility: 7.27 Consuella Moore, Penn State, 2004

60-Meter Hurdles

School: 8.21 Karessa Farley, 2009
 Facility: 8.32 Yvonne Mensah, Illinois, 2004

200 Meters

School: 23.49 Kineke Alexander, 2006
 Facility: 23.44 Consuella Moore, Penn State, 2004

400 Meters

School: 51.48 Kineke Alexander, 2007
 Facility: 54.17 Shellene Williams, Iowa, 2004

600 Yards

School: 1:21.06 Senta Hawkins, 1987

600 Meters

School: 1:27.45 Kineke Alexander, 2008
 Facility: 1:27.45 Kineke Alexander, 2008

800 Meters

School: 2:03.78 Bethany Praska, 2011
 Facility: 2:09.57 Amy Bannister, Michigan, 1991

1,000 Meters

School: 2:38.44 Jenny Hayden, 1982

Mile

School: 4:39.78 McKenzie Melander, 2011
 Facility: 4:45.05 Hilary Edmondson, Wisconsin, 2004

3,000 Meters

School: 9:15.57 Tracy Dahl, 1993
 Facility: 9:37.80 Hilary Edmondson, Wisconsin, 2004

5,000 Meters

School: 15:49.52 Tracy Dahl, 1993
 Facility: 16:47.41 Amy Legacki, Indiana, 1991

Relays

1,600-Meter

School: 3:32.93 Holder, Guillory, Hernandez, Guster - 2016
 Facility: 3:41.80 Huber, Ray, Clausing, Maddox,
 Indiana - 2004

3,200-Meter

School: 8:41.38* Schneckloth, Roberts, Hoskins,
 Kruckeberg - 1989
 Facility: 8:57.61 Nortz, Kluge, Yates, Bannister,
 Michigan - 1991

Distance Medley

School: 11:20.11 Armstrong, Alexander, L. Hardesty,
 Nukuri - 2008
 Facility: 11:33.76 Parker, Simms, Hirtle, Erdman,
 Michigan - 2004

* - distance conversion

Field Events

Discus

Facility: 157-4 (47.97m) Dakotah Goodell, 2015

High Jump

School: 6-0 3/4 (1.85m) Peaches Roach, 2005
 Facility: 6-0 (1.83m) Carri Long, Unattached, 2002
 6-0 (1.83m) Peaches Roach, Iowa, 2007

Long Jump

School: 20-4 1/2 (6.21m) Jahisha Thomas, 2016
 Facility: 20-9 (6.32m) Rosalind Goodwin, Ohio State, 2004

Triple Jump

School: 42-4 (12.90m) Renee White, 2008
 Facility: 43-6 1/2 (13.27m) Rosalind Goodwin, Ohio State, 2004

Pole Vault

School: 12-5 1/2 (3.80m) Jessie Strand, 2004
 Facility: 12-11 3/4 (3.96m) Elizabeth Metzinger, Purdue, 2002

Shot Put

School: 51-0 (15.54m) Gail Smith, 1985
 Facility: 55-2 (16.81m) Ja'Nai O'Conner, Penn State, 2004

Weight Throw

School: 63-6 (19.35m) Ashlyn Gulvas, 2013
 Facility: 65-7 3/4 (20.01m) Keturah Lofton, Ohio State, 2004

Pentathlon

School: 3,974 points Tammilee Kerr, 2008
 Facility: 3,751 points Melissa Talbot, Wisconsin, 2004

Iowa Retired Records

55 Meters

School: 6.80 Elaine Jones, 1983
 Facility: 6.94 Regina Frye, Indiana, 1991

55-Meter Hurdles

School: 7.91 Davera Taylor, 1985
 Facility: 7.75 Tonja Buford, Illinois, 1991

300 Meters

School: 37.82 Elaine Jones, 1984

Pentathlon

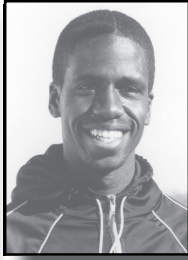
School: 4,079 points Kathy Gillespie, 1982



All-Time Top Ten Performers Men's Indoor



Justin Austin



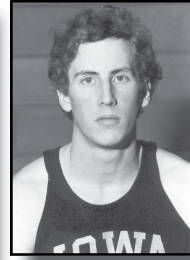
Rodney Chambers



Jim Costello



Troy Doris



Bill Hansen



John Hickey



Ethan Holmes

60 Meters

- Justin Austin, 2011 6.69
- Vinnie Saucer, Jr., 2016 6.70**
- Kurt Felix, 1999..... 6.73
Tevin-Cee Mincy, 2014 6.73
- Josh Larney, 2013 6.74
- Troy Doris, 2012 6.75
- O'Shea Wilson, 2016..... 6.76**
- Tony Branch, 1999 6.78
Christian Brissett, 2016 6.78
- Paul Chaney, Jr., 2009 6.80
D'Juan Richardson, 2010 6.80

60-Meter Hurdles

- Aaron Mallett, 2016..... 7.69**
- Jordan Mullen, 2013..... 7.70
- Ethan Holmes, 2013 7.82
- Dion Trowers, 1997 7.87
- Chris Douglas, 2016 7.96**
- Russell Peterson, 2004 7.97
- Dan Davis, 2012..... 8.02
- DeRocco Reed, 2000..... 8.03
Keith Brown, 2015..... 8.03
- Torrey Campbell, 2012 8.09

200 Meters

- Justin Austin, 2011 20.80
- Anthuan Maybank, 1993..... 21.11
- Bashir Yamini, 1999 21.19
- James Harrington, 2014 21.21
- Ethan Holmes, 2013 21.23
- Tim Dodge, 2000 21.26
- Paul Chaney, Jr., 2009..... 21.34
- George Page, 1997 21.35
- Zach Digney, 2004 21.39
- Christian Brissett, 2016 21.43**

400 Meters

- Steven Willey, 2010 46.75
- Terrence Duckett, 1984 46.81
- Mar'yea Harris, 2016 46.83**
- Andre Morris, 1995 47.15
- Monte Raymond, 1998..... 47.18
- Anthuan Maybank, 1990 47.25
- Patrick Richards, 2011 47.35
- Juan Coleman, 2002 47.40
- DeJuan Frye, 2016 47.45**
- Jared Ganschow, 2016 47.51**

600 Meters

- Erik Sowinski, 2012..... 1:16.91
- Carter Lilly, 2016 1:17.34**
- Will Teubel, 2016 1:17.55**
- Steven Willey, 2011 1:17.94
- Keaton Rickels, 2012 1:18.19
- Pat McGhee, 1988..... 1:18.30
- Ryan Weir, 2013 1:18.62
- Chris Barton, 2011..... 1:18.75
Brennan Davey, 2014..... 1:18.75
- Neil Flattery, 2014 1:18.78

800 Meters

- Erik Sowinski, 2012..... 1:47.62
- Will Teubel, 2016 1:47.74**
- Pavlo Hutsalyuk, 2016 1:48.97**
- Carter Lilly, 2016 1:49.09**
- Ryan Weir, 2013 1:49.11
- Adam Hairston, 2010..... 1:49.26
- Nathan Prom, 2013 1:49.29
- Nick Kuczvara, 2010 1:49.59
- Dave Novotny, 1996 1:51.27
- Jim Docherty, 1973..... 1:51.30

Mile

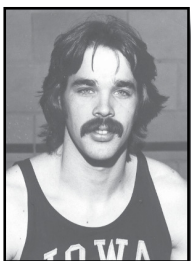
- Jeff Thode, 2011 3:58.72
- Ed DeLashmutt, 1981 4:04.01
- Larry Wiczorek, 1968..... 4:04.40
- Michael Melchert, 2016..... 4:05.37**
- John Clark, 1972 4:05.94
- Ben Witt, 2014 4:07.08
- Adam Thomas, 2002 4:07.13
- Kevin Herd, 1992 4:07.26
- Jesse Luciano, 2009 4:07.29
- Jake Berns, 2006..... 4:07.43

3,000 Meters

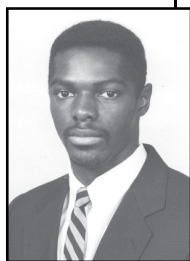
- Kevin Lewis, 2015 7:57.06
- Jeff Thode, 2011 8:00.38
- Micah VanDenend, 2006 8:00.81
- Michael Melchert, 2016..... 8:08.57**
- Eric MacTaggart, 2006..... 8:08.79
- Stetson Steele, 2000..... 8:09.54
- Ben Witt, 2015 8:10.97
- Dan Haut, 2005 8:11.36
- Kevin Herd, 1994 8:11.51
- Nick Holmes, 2010 8:15.48

5,000 Meters

- Kevin Lewis, 2015 13:43.70
- Micah VanDenend, 2007 13:56.46
- Stetson Steele, 2000..... 14:00.52
- Dan Haut, 2006 14:06.16
- Eric MacTaggart, 2006..... 14:13.41
- Jeff Thode, 2011 14:16.00
- Matt Esche, 2004..... 14:18.43
- Jeff Kent, 2007..... 14:18.86
- Jesse Luciano, 2009 14:20.99
- Nick Nordheim, 2002 14:22.99



Bill Knoedel



Anthuan Maybank



Aaron Mallett



Nathan Prom



Kyle Reid



Patrick Richards

Keaton Rickels

Erik Sowinski

Jeff Thode

Micah VanDenend

Todd Wigginton

Steven Willey

Heptathlon

1. Kyle Reid, 2013 5,354 points
2. Dan Rolling, 2010 5,205 points
3. Jack Eckert, 2015 5,188 points
4. **William Dougherty, 2016 5,172 points**
5. Ryan Niver, 2008..... 5,149 points
6. Frank Prill, 2010..... 5,015 points
7. Scott Faber, 2000..... 4,784 points
8. Cam Appleman, 1997..... 4,685 points
9. Bobby Windauer, 2007..... 4,644 points
10. Jacob Drewry, 1995 4,612 points

High Jump

1. Bill Knoedel, 1976..... 7-3 (2.21)
Bill Hansen, 1978..... 7-3 (2.21)
3. Scott Hudek, 1993 7-0 1/2 (2.15)
Kevin Spejcher, 2015 7-0 1/2 (2.15)
5. Pat Meade, 1987 7-0 1/4 (2.14)
6. Mike Lacy, 1984..... 7-0 (2.13)
7. M. Cunningham, 1984.. 6-11 1/4 (2.11)
8. Jeffery Herron, 2010..... 6-11 (2.11)
Peter Hlavin, 1980 6-11 (2.11)
Brandon Oest, 2010 6-11 (2.11)
Dan Rolling, 2008 6-11 (2.11)
Graham Valdes, 2010 6-11 (2.11)
Peter Andreano, 2016..... 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984 17-1 (5.21)
2. Dave Nielsen, 1975..... 16-10 (5.13)
3. Kyle Reid, 2013 16-6 3/4 (5.05)
4. Curt Brock, 1979..... 16-6 (5.03)
5. Alex Zona, 2010..... 16-4 3/4 (5.00)
6. Phil Wertman, 1971 16-4 (4.98)
7. Jeff Raymond, 2008..... 16-2 (4.93)
8. John Teffer, 1972 16-1 (4.90)
9. **Andy Jatis, 2016..... 16-0 3/4 (4.90)**
10. Chad Ohly, 1995 15-9 (4.80)
Rich Palumbo, 1989..... 15-9 (4.80)

Long Jump

1. Anthuan Maybank, 1992. 26-5 1/2 (8.06)
2. Bashir Yamini, 1998 26-0 1/4 (7.93)
3. Darren Smith, 1991 25-2 (7.67)
4. Paul Jones, 1990..... 24-11 1/4 (7.60)
5. Josh Larney, 2013 24-10 (7.57)
6. Ronnie McCoy, 1984..... 24-9 (7.54)
7. **O'Shea Wilson, 2014... 24-8 1/2 (7.53)**
Matty Gorman, 2006 24-8 1/2 (7.53)
9. Charles Jones, 1980..... 24-8 1/4 (7.52)
10. Quinn Early, 1986 24-7 1/4 (7.50)

Triple Jump

1. Troy Doris, 2011 54-0 (16.46)
2. Babatunde Amosu, 2015. 52-8 3/4 (16.07)
3. Paul Jones, 1990..... 52-1 1/4 (15.88)
Klyvens Delaunay, 2014.... 52-1 1/4 (15.88)
5. Mike Lacy, 1983 49-0 (14.93)
6. Owen Gill, 1982 48-10 3/4 (14.90)
7. Josh Bean, 2009 48-10 (14.88)
8. David Nsabua, 2013 48-9 (14.86)
9. **Kerry Dean, Jr., 2016. 48-8 1/4 (14.84)**
10. Gordon Finch, 1988.... 48-3 3/4 (14.72)

Shot Put

1. John Hickey, 2009..... 63-0 (19.20)
2. Jeremy Allen, 2001 ... 62-10 1/2 (19.16)
3. Shane Maier, 2006..... 61-2 (18.64)
4. Gary Kostrubala, 1986. 60-10 3/4 (18.55)
5. Andy Banse, 2005..... 60-9 1/4 (18.52)
6. **Reno Tuufuli, 2016.... 60-8 3/4 (18.51)**
7. Ken Kemeny, 2004 60-0 1/2 (18.30)
8. Gabe Hull, 2014..... 59-3 (18.06)
9. **Avery Meyers, 2016.. 59-0 1/4 (17.99)**
10. Chris Gambol, 1987 59-0 (17.98)

Weight Throw

1. Jim Costello, 2002 69-4 3/4 (21.15)
2. Matt Banse, 2012 67-8 (20.62)
3. Arno van der Westhuizen,
2001 67-7 1/2 (20.61)
4. Adam Hamilton, 2007 66-9 1/4 (20.35)
5. Jeremy Allen, 2001 ... 65-10 1/4 (20.07)
6. Chris Voller, 2005..... 63-4 (19.30)
7. Ryan Lamparek, 2012 61-2(18.62)
8. Brad Daufeldt, 2004 ... 60-4 1/2 (18.40)
9. Gabe Hull, 2014..... 59-7 (18.16)
10. Ryan Jordan, 2008 59-0 (17.98)

1,600-Meter Relay

1. Richards, E. Holmes, Sowinski, Willey,
2011 3:06.66
2. Rozell, Davis, Raymond, Yamini, 1998 3:06.80
3. **Wolff, Ganschow, Lilly, Harris, 2016..... 3:07.24**
4. Coleman, Faber, Strang, Peterson, 2002 .. 3:07.44
5. **Wolff, Thompson, Ganschow,
Harris, 2016 3:07.58**
6. Richards, Sowinski, E. Holmes, Willey,
2011 3:07.84
7. Greer, Williams, Smith, Duckett, 1984..... 3:08.14
8. Card, Coleman, Williamson, Dodge, 2001 3:08.21
9. Davis, Rozell, Page, Morris, 1995..... 3:08.77
10. Dodge, Williamson, Card, Peterson, 2001 3:08.82

3,200-Meter Relay

1. Cooke, Nie, Monsey, Chambers, 1990..... 7:13.02
2. Corrigan, Blackman, Strozier, Chambers,
1989 7:29.00
3. English, Blackman, Strozier, Chambers,
1989 7:36.20
4. 1977 7:39.40
5. 1986 7:40.90
6. Bouske, Herd, Chambers, Koon, 1992 7:43.94
7. Bouska, Cook, White, Herd, 1992..... 7:48.63
8. 1992 7:49.86
9. 1986 7:50.10
10. Roseman, Rerko, Novotny, Branigan,
1993 7:51.36

Distance Medley Relay

1. Prom, Rickels, Sowinski, Thode, 2012 9:45.41
2. 1999 9:46.83
3. 1977 9:48.80
4. 1978 9:49.70
5. Kuczwarra, Barton, Kuhlman, N. Holmes,
2010 9:51.05
6. Marchese, Varner, Hairston, Luciano,
2009 9:52.52
7. Paul, Varner, Hairston, Thode, 2010..... 9:52.71
8. **Gardarsson, Ganschow, Hutsalyuk,
Melchert, 2016 9:52.97**
9. Prom, Richardson, Sowinski, Thode,
2011 9:57.44
10. Trainor, Faber, Cunningham, Allen, 2002.. 9:58.14



All-Time Top Ten Performers Women's Indoor



Kineke Alexander **Meghan Armstrong** **Brittany Brown** **Tracy Dahl** **Nicole Erickson** **Karessa Farley** **Ashlyn Gulvas**

60 Meters

1. Lake Kwaza, 2016.....7.33
2. Brittany Brown, 2014.....7.41
3. Elaine Jones, 1983.....7.43
4. Peaches Roach, 2005.....7.45
5. Shellene Williams, 2004.....7.50
6. Jiselle Providence, 2002.....7.52
7. Rhonda-Kaye Trusty, 2010.....7.55
Erin Jones, 2011.....7.55
Raven Moore, 2013.....7.55
10. Angela Menson, 1982.....7.57

60-Meter Hurdles

1. Karessa Farley, 2009.....8.21
2. Tiffany Johnson, 2006.....8.33
3. Paula Ruen, 1998.....8.39
4. Sarah Steffen, 2002.....8.45
Renee White, 2008.....8.45
6. **Jahisha Thomas, 2016.....8.46**
7. Colleen Prendergast, 2000.....8.57
8. Tammilee Kerr, 2008.....8.60
9. Kimberly Stanford, 2008.....8.63
10. Diane Steinhart, 1981.....8.64

200 Meters

1. Kineke Alexander, 2006.....23.49
2. Lake Kwaza, 2016.....23.54
3. Shellene Williams, 2004.....23.62
4. **Brittany Brown, 2014.....23.63**
5. Marlene Poole, 1994.....23.66
Yolanda Hobbs, 1995.....23.66
7. **Briana Guillory, 2016.....23.69**
8. Erica Broomfield, 1998.....23.81
9. Raven Moore, 2013.....24.00
10. Erin Jones, 2011.....24.01

400 Meters

1. Kineke Alexander, 2007.....51.48
2. Elexis Guster, 2016.....52.36
3. Ellen Grant, 1996.....52.65
4. Shellene Williams, 2004.....52.83
5. Ashley Liverpool, 2011.....54.09
6. **Briana Guillory, 2016.....54.24**
7. MonTayla Holder, 2015.....54.32
8. **Alexis Hernandez, 2014.....54.91**
9. Tiffany Hendricks, 2011.....55.06
10. Marlene Poole, 1993.....55.20

600 Yards

1. Senta Hawkins, 1987.....1:21.06
2. Aisha Hume, 2004.....1:21.74
3. Kay Stormo, 1982.....1:22.49
4. Nicole Erickson, 2012.....1:22.61
5. **Mahnee Watts, 2016.....1:22.72**
6. Bethany Praska, 2009.....1:23.12
7. Hannah Simonson, 2012.....1:23.18
8. Chris Davenport, 1982.....1:24.14
9. Kaitlyn Nelson, 2015.....1:24.52
10. Sophia Poncè, 2007.....1:24.55

600 Meters

1. Kineke Alexander, 2008.....1:27.45
2. Bethany Praska, 2011.....1:28.14
3. MonTayla Holder, 2016.....1:29.35
4. **Mahnee Watts, 2016.....1:30.41**
5. Senta Hawkins, 1987.....1:30.77
6. Kaitlyn Nelson, 2013.....1:31.44
7. Karen Layne, 1990.....1:31.45
8. Nicole Erickson, 2012.....1:31.71
9. Elexis Guster, 2016.....1:32.04
10. Kay Stormo, 1982.....1:32.30

1. Bethany Praska, 2011.....2:05.01
2. Jeanne Kruckeberg, 1989.....2:06.38
3. Michelle Lahann, 2004.....2:06.83
4. Katharina Trost, 2014.....2:07.38
5. **Mahnee Watts, 2014.....2:08.79**
6. Adrienne Alexia, 2013.....2:08.95
7. Briana Benning, 1996.....2:09.22
8. Kaitlyn Nelson, 2013.....2:09.58
9. MonTayla Holder, 2015.....2:10.34
10. Kay Stormo, 1981.....2:11.04

Mile

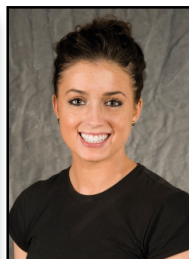
1. McKenzie Melander, 2011.....4:39.78
2. Jeanne Kruckeberg, 1989.....4:40.19
3. Meghan Armstrong, 2006.....4:40.59
4. Lauren Hardesty, 2011.....4:41.01
5. Tina Stec, 1994.....4:42.63
6. Betsy Flood, 2010.....4:42.70
7. Penny O'Brien, 1981.....4:43.72
8. Diane Nukuri, 2007.....4:46.25
9. Michelle Lahann, 2004.....4:47.23
10. Amanda Hardesty, 2010.....4:48.69

3,000 Meters

1. Tracy Dahl, 1993.....9:15.57
2. Meghan Armstrong, 2008.....9:17.50
3. Diane Nukuri, 2008.....9:20.07
4. Betsy Flood, 2011.....9:20.09
5. Nan Doak, 1982.....9:21.60
6. Jenny Spangler, 1986.....9:22.41
7. Mareike Schrulle, 2012.....9:23.97
8. Brooke Eilers, 2012.....9:27.92
9. McKenzie Melander, 2012.....9:29.71
10. Krista Anderson, 2006.....9:29.75



Lauren Hardesty **Senta Hawkins** **Tiffany Hendricks** **Tammilee Kerr** **Lake Kwaza** **Ashley Liverpool** **McKenzie Melander**



Zinnia Miller

Diane Nukuri

Bethany Praska

Peaches Roach

Gail Smith

Jessie Strand

Renee White

5,000 Meters

1. Tracy Dahl, 1993..... 15:49.52
2. Nan Doak, 1985..... 15:55.45
3. Racheal Marchand, 2009.....15:55.70
4. Diane Nukuri, 2008..... 16:01.36
5. Jenny Spangler, 1982..... 16:08.74
6. Judy Parker, 1981 16:16.63
7. Betsy Flood, 2011 16:20.67
8. Jennifer Brower, 1992..... 16:22.19
9. Nikki Chapple, 2004..... 16:27.04
10. Mareike Schrulle, 2012..... 16:29.41

High Jump

1. Peaches Roach, 2005.....6-0 3/4 (1.85)
2. Mary Mol, 1983..... 6-0 (1.83)
3. Khanishah Williams, 2013 5-11 1/4 (1.81)
4. Becky Kaza, 1995 5-9 3/4 (1.77)
5. Caleigh Bacchus, 2010.....5-9 1/4 (1.76)
6. Kristi Dinkla, 1985.....5-8 1/2 (1.74)
7. Kacey Childs, 2001.....5-8 1/2 (1.74)
8. Traci Clausen, 1987 5-8 (1.73)
9. Kathy Gillespie, 1983 5-7 3/4 (1.72)
10. Lynn McMillan, 1988 5-7 1/4 (1.71)
- Tammilee Kerr, 2008.....5-7 1/4 (1.71)

Pole Vault

1. Jessie Strand, 200412-5 1/2 (3.80)
2. Sarah Burgett, 2007..... 11-10 (3.61)
3. Kirsten Weismantle, 2011 .11-5 3/4 (3.50)
4. Brittany Holst, 2013.....11-3 3/4 (3.45)
5. Katie Truedson, 2010.....10-11 3/4 (3.35)
6. **Amy Smith, 2016 10-10 (3.30)**
7. Gina Shannon, 2001 10-6 (3.20)
8. Kacey Childs, 2001..... 9-0 (2.75)
9. Amy Kasparbauer, 2000..... 8-0 (2.44)

Long Jump

1. **Jahisha Thomas, 2016.....20-4 1/2 (6.21)**
2. Zinnia Miller, 2014.....20-4 1/4 (6.20)
3. Carisa Leacock, 201419-9 1/2 (6.03)
4. Lisa Moats, 1986 19-6 (5.95)
5. Cassidy Ellis, 2015.....19-5 1/2 (5.93)
6. Renee White, 2006.....19-3 1/4 (5.87)
7. Tiffany Johnson, 2007.....19-2 1/2 (5.85)
8. Davera Taylor, 198419-1 1/2 (5.83)
9. Yolanda Hobbs, 1993..... 19-1 (5.80)
10. Kamesha Marshall, 2005 .18-11 1/4 (5.77)

Triple Jump

1. Renee White, 2008..... 42-4 (12.90)
2. Tiffany Johnson, 2007.....41-3 3/4 (12.59)
3. Zinnia Miller, 2014.....41-2 1/2 (12.56)
4. Carisa Leacock, 201240-5 1/2 (12.33)
5. Becki Borg, 1987 39-6 (12.04)
6. **Tria Seawater-Simmons, 2016 38-6 3/4 (11.75)**
7. Lynn McMillan, 1988 38-2 (11.63)
8. Sarah Ryan, 2014 37-5 1/4 (11.41)
9. Lisa Moats, 1985 35-1 (10.69)
10. Becca Franklin, 2004..... 34-3 (10.44)
- Rachel Ballard, 2013 34-3 (10.44)

Shot Put

1. Gail Smith, 1985 51-0 (15.54)
2. Lisa Van Steenwyk, 1993 . 50-5 1/4 (15.37)
3. Kamesha Marshall, 2005 . 49-2 1/4 (14.99)
4. Denise Taylor, 1992 48-9 (14.86)
5. Rachel Curry, 2013 48-2 1/2 (14.69)
6. Megan Maurer, 1995..... 47-5 3/4 (14.47)
7. Laura Kriener, 1990 47-5 (14.45)
- Courtney Fritz, 2014..... 47-5 (14.45)
9. Jennifer Gilson, 2002..... 46-11 (14.30)
10. Alexa Hunt, 2015 46-8 3/4 (14.24)

Weight Throw

1. Ashlyn Gulvas, 2013 63-6 (19.35)
2. Jasmine Simpson, 2013 ... 62-6 1/2 (19.06)
3. Annemie Smith, 2014 61-4 (18.69)
4. Kelsey Taylor, 2011 60-4 1/2 (18.40)
5. Majesty Tutson, 2011 58-4 (17.78)
6. Becca Franklin, 2007 58-3 1/4 (17.76)
7. Chelsea Colpitts, 2013 56-4 (17.17)
8. Erin O'Hern, 2008..... 56-3 (17.14)
9. Mandy Chandler, 2009 54-4 1/2 (16.57)
10. **Leah Colbert, 2016.....52-2 1/2 (15.91)**

Pentathlon

1. Tammilee Kerr, 2008.....3,974 points
2. Chris Davenport, 1983.....3,798 points
3. Kamesha Marshall, 20053,701 points
4. Tiff Pedersen, 2004.....3,511 points
5. Sarah Ryan, 2013..... 3,472 points
6. Maureen Abel, 1979.....3,427 points
7. Zinnia Miller, 2012.....3,416 points
8. Janet Adams, 19813,360 points
9. Janelle Jaspers, 19873,366 points
10. Cassidy Ellis, 2014.....3,346 points

1,600-Meter Relay

1. Holder, **Guillory, Hernandez, Guster, 2016.....3:32.93**
2. Holder, Guster, **Hernandez, Guillory, 2016.....3:36.47**
3. Liverpool, Hendricks, Praska, Erickson, 2011 3:36.97
4. Holder, **Hernandez, Guster, Guillory, 2016.....3:36.99**
5. **Hernandez, Holder, Guster, Watts, 2014 3:37.16**
6. Liverpool, Hendricks, Erickson, Praska, 2011 3:37.58
7. Kwaza, **Guster, Holder, Watts, 2015 3:37.84**
8. Kwaza, Holder, **Watts, Guster, 2015 3:38.56**
9. Guster, Holder, **Watts, Hernandez, 2014 3:38.62**
10. Hendricks, Erickson, Praska, Liverpool, 2011 3:39.15

Distance Medley Relay

1. Armstrong, Alexander, L. Hardesty, Nukuri, 2008..... 11:20.11
2. Melander, Hendricks, L. Hardesty, Eilers, 2011 11:22.44
3. Stormo, Davenport, Williams, O'Brien, 1981 11:23.02
4. Melander, Praska, Hendricks, Flood, 2011 11:24.47
5. Flood, Hendricks, L. Hardesty, Melander, 2010 11:25.01
6. Melander, Hendricks, Flood, Marchand, 2009 11:27.34
7. Benning, Poole, Salsberry, Stec, 1994 11:28.03
8. Stormo, Davenport, Hayden, Doak, 1982..... 11:29.54
- Armstrong, Granger, Stanley, K. Anderson, 2006 11:29.54
10. Lahann, Williams, Stanley, Arens, 2004..... 11:30.36



Running Events

100 Meters

School: 10.21 Justin Austin, 2011
Facility: 10.18 Shane Crawford, Purdue, 2011

110-Meter Hurdles

School: 13.43 Aaron Mallett, 2015
Facility: 13.49 Andrew Riley, Illinois, 2011

200 Meters

School: 20.31 Justin Austin, 2011
Facility: 20.46 Justin Austin, 2011

400 Meters

School: 44.99 Anthuan Maybank, 1992
Facility: 44.87 Andrew Pierce, Ohio State, 2000

400-Meter Hurdles

School: 48.83 Pat McGhee, 1989
Facility: 48.94 Joey Woody, Unattached, 2004

800 Meters

School: 1:45.90 Erik Sowinski, 2012
Facility: 1:47.59 Edward Kemboi, Unattached, 2012

1,500 Meters

School: 3:43.02 Jeff Thode, 2010
Facility: 3:44.51 Jeff Thode, Iowa, 2011

3,000-Meter Steeplechase

School: 8:47.4 Deacon Jones, 1956
Facility: 8:38.07 Charles Marsala, Indiana, 1987

5,000 Meters

School: 13:49.31 Micah VanDenend, 2007
Facility: 13:47.39 Scott Fry, Wisconsin, 1987

10,000 Meters

School: 28:44.47 Stetson Steele, 2000
Facility: 29:04.79 Hassan Mead, Minnesota, 2011

Relays

400-Meter

School: 39.19 Mincy, Wilson, Harrington, Brown - 2014
Facility: 39.64 Herring, Bennett, Nelson, Tucker,
Wisconsin - 2000

800-Meter

School: 1:23.36 Thompson, Brissett, Harrington, Ganschow-2016

1,600-Meter

School: 3:03.11 Morris, Davis, Page, Rozell - 1995
Facility: 3:05.56 Olson, Homewood, Rock, Woody,
Unattached - 2007

Sprint Medley

School: 3:15.64 McCorkle, Jones, Chung, Strozier - 1990

3,200-Meter

School: 7:18.60 Schum, Christensen, Steffen, Criswell - 1971

Distance Medley

School: 9:39.94 Pershing, Moeller, Slack, Docherty - 1978

6,400-Meter

School: 16:27.70 Pershing, Fuller, Moeller, Docherty - 1978

Field Events

High Jump

School: 7-4 1/4 (2.24 m) Jeffery Herron, 2012
Facility: 7-3 3/4 (2.23 m) Jon Baer, Wisconsin, 1987

Long Jump

School: 27-1 (8.25 m) Anthuan Maybank, 1993
27-6 3/4 (8.40 m)^ Anthuan Maybank, 1993
Facility: 26-2 1/4 (7.98 m) Bashir Yamini, Iowa, 1997

Triple Jump

School: 54-8 (16.66 m) Troy Doris, 2012
Facility: 55-2 (16.81 m) Greg Yeldell, Indiana, 2000

Pole Vault

School: 17-0 (5.18 m) Todd Wigginton, 1984
Facility: 17-6 3/4 (5.35 m) Jacob Pauli, 2010

Shot Put

School: 63-2 3/4 (19.27 m) Jeremy Allen, 2001
Facility: 70-4 1/2 (21.45 m) Christian Cantwell, Missouri, 2002

Discus

School: 207-1 (63.11 m) Gabe Hull, 2014
Facility: 207-1 (63.11 m) Gabe Hull, Iowa, 2014

Hammer

School: 222-11 (67.94 m) Arno van der Westhuizen, 2001
Facility: 219-9 (66.98 m) A.G. Kruger, Unattached, 2003

Javelin

School: 245-8 (74.89 m) Matt Byers, 2011
Facility: 238-3 (72.62 m) Bill Neumann, Iowa, 2003

Decathlon

School: 7,311 points William Dougherty, 2016
Facility: 7,208 points Heath Nickles, Ohio State, 2011

^ -- wind-aided

Big Ten Conference Men's Records

Long Jump

All-Time Best: 27-0 3/4 (8.25 m).. Anthuan Maybank, 1993
Meet:..... 26-8 1/4 (8.13 m).. Bashir Yamini, 1997*

330-yard Hurdles (Retired)

Meet:..... 36.1 Jon Reimer, 1965

Iowa Men's Retired Records

Mile

School 4:01.11 John Clark, 1973

Javelin

School:..... 219 7 3/8..... Mark Panther, 1934

Decathlon

School:..... 6,860 points Mike Lacy, 1984



Running Events

100 Meters

School: 11.40 Lake Kwaza, 2015
 Facility: 11.29 Christina Manning, Ohio State, 2011

100-Meter Hurdles

School: 13.20 Tiffany Johnson, 2007
 Facility: 12.86 Christina Manning, Ohio State, 2011

200 Meters

School: 22.89 Brittany Brown, 2015
 Facility: 23.22 Madison McNary, Ohio State, 2011

400 Meters

School: 51.35 Kineke Alexander, 2006
 Facility: 52.73 Adriane Diamond, Indiana, 1987

400-Meter Hurdles

School: 56.16 Mary Knoblauch, 1981
 Facility: 57.35 Megan Duncan, Penn State, 2011

800 Meters

School: 2:03.78 Bethany Praska, 2011
 Facility: 2:05.63 Bethany Praska, Iowa, 2011

1,500 Meters

School: 4:17.41 Meghan Armstrong, 2006
 Facility: 4:10.93 Suzy Favor, Wisconsin, 1987

3,000 Meters

School: 9:18.82 Diane Nukuri, 2008
 Facility: 9:15.83 Colette Gudreau, Indiana, 1987

3,000-Meter Steeplechase

School: 10:23.15 Marta Bote Gonzalez, 2015
 Facility: 10:15.05 Sarah Pease, 2011

5,000 Meters

School: 15:45.84 Nan Doak, 1985
 Facility: 16:09.10 Emily MacLeod, Michigan State, 2011

10,000 Meters

School: 33:17.01 Diane Nukuri, 2008
 Facility: 35:02.33 Kara Millhouse, Penn State, 2011

Marathon

School: 2:33:51 Jenny Spangler, 1983

Relays

400-Meter

School: 44.51 Kwaza, Guster, Hernandez, Brown, 2014
 Facility: 43.94 Wright, McNary, Sykes, Manning, 2011

Shuttle Hurdle

School: 56.44 Prendergast, Cole, Raheem, Ruen, 1998

800-Meter

School: 1:35.69 Hobbs, Reid, Floyd, Poole, 1994

800-Meter Medley

School: 1:42.70 Taylor, Vesely, Powell, Hawkins, 1998

1,600-Meter

School: 3:34.83 Guster, Hernandez, Holder, Kwaza, 2014
 Facility: 3:36.51 Praska, Hendricks, Erickson, Liverpool, 2011

Sprint Medley

School: 3:48.63 Jones, Hendricks, Liverpool, Praska, 2011

3,200 Meter

School: 8:46.45 Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987

Distance Medley

School: 11:22.18 Hoskins, Powell, Schneckloth, Kruckeberg, 1989

6,400-Meter

School: 19:05.63 Flood, Melander, A. Hardesty, L. Hardesty, 2010

Field Events

High Jump

School: 6-1 1/4 (1.86 m) Peaches Roach, 2006
 Facility: 6-0 1/2 (1.84 m) Peaches Roach, 2010

Long Jump

School: 22-3 (6.78 m) Aisha James, 2003
 Facility: 20-4 1/2 (6.21 m) Ineta Radevica, Wichita St., 2002

Triple Jump

School: 43-10 3/4 (13.36 m) .. Renee White, 2009
 Facility: 43-9 3/4 (13.35 m)C. Gulbrandsen, Minnesota, 2000

Pole Vault

School: 12-10 1/4 (3.92 m) Jessie Strand, 2003
 Facility: 14-3 1/4 (4.36 m) Vera Neuenswander, Indiana, 2011

Shot Put

School: 50-8 (15.54 m) Lisa VanSteenwyk, 1992
 Facility: 54-1 3/4 (16.50 m) Kearsten Peoples, Missouri, 2013

Discus

School: 181-1 (55.19 m) Majesty Tutson, 2013
 Facility: 192-3 (58.59 m) Gina Smallwood, Unattached, 2012

Hammer

School: 200-1 1/2 (60.99 m) .. Annemie Smith, 2015
 Facility: 197-9 (60.28 m) Beth Rohl, Michigan State, 2011

Javelin

School: 181-5 (55.31 m) Alana Redfern, 2003
 Facility: 181-5 (55.31 m) Alana Redfern, Iowa, 2003

Heptathlon

School: 5,633 points Tammilee Kerr, 2008
 Facility: 5,922 points Cathey Tyree, Purdue, 1987

Big Ten Conference Women's Records

Triple Jump

Meet: 43-10 3/4 (13.38 m) Renee White, 2010

Iowa Women's Retired Records

Heptathlon

School: 5,448 points Kathy Gillespie, 1983



All-Time Top Ten Performers Men's Outdoor



Jeremy Allen



Justin Austin



Matt Byers



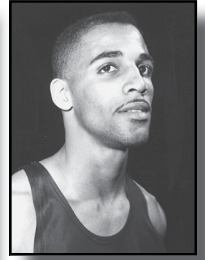
Troy Doris



Jeffery Herron



Gabe Hull



Deacon Jones

100 Meters

- Justin Austin, 2011 10.21
- George Page, 1996 10.25
- James Harrington, 2015 10.26
- Anthuan Maybank, 1994 10.31
Tim Dwight, 1997 10.31
Josh Larney, 2013 10.31
Vinnie Saucer, Jr., 2015 10.31
- Bob Lawson, 1976 10.36
- Robert Smith, 1984 10.39
- Curtis Chang, 1987 10.40

110-Meter High Hurdles

- Aaron Mallett, 2015 13.40**
- Pat McGhee, 1989 13.50
- Dion Trowers, 1996 13.62
- Ronnie McCoy, 1985 13.66
- Ethan Holmes, 2011 13.73
- Jordan Mullen, 2013 13.76
- James Armstrong, 1991 13.89
- Dan Davis, 2012 14.01
- Doug Jones, 1986 14.06
- Chris Williams, 1983 14.24

200 Meters

- Justin Austin, 2011 20.31
- Jeff Patrick, 1983 20.47
- James Harrington, 2015 20.50
- Anthuan Maybank, 1994 20.55
- Victor Green, 1984 20.60
- Andre Morris, 1995 20.64
- George Page, 1996 20.67
- Terrence Duckett, 1982 20.74
- Tim Dodge, 2002 20.78
- Bashir Yamini, 1999 20.82
O'Shea Wilson, 2014 20.82

400 Meters

- Anthuan Maybank, 1993 44.99
- Andre Morris, 1995 45.15
- Mike Mondane, 1967 45.20
- Mar'yea Harris, 2016 45.76**
- Steven Willey, 2010 45.78
- Gary Hollingsworth, 1963 46.30
- Dejuan Frye, 2016 46.41**
- Harold Leonard, 1986 46.45
- Tony Branch, 1999 46.60
- Prince Riley, 2007 46.61

400-Meter Hurdles

- Pat McGhee, 1988 48.83
- Monte Raymond, 1998 50.09
- Ray Varner, 2010 50.24
- Paul Steele, 1989 50.45
- Russell Peterson, 2001 50.50
- Ethan Holmes, 2013 50.51
- Adam Kunkel, 2001 50.73
- Jon Reimer, 1967 50.94
Noah Larrison, 2016 50.94
- Mitch Wolff, 2016 50.96**

800 Meters

- Erik Sowinski, 2012 1:45.90
- Carter Lilly, 2016 1:47.32**
- Bill Frazier, 1962 1:47.64
- D'Juan Strozier, 1990 1:47.82
- Adam Hairston, 2011 1:48.10
- Will Teubel, 2015 1:48.60**
- Michael Layne, 1999 1:49.61
- Bill Thiesen, 1985 1:49.74
- Pavlo Hutsalyuk 1:49.94
- Ryan Weir, 2013 1:50.01

1,500 Meters

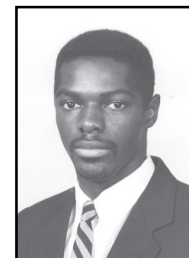
- Jeff Thode, 2010 3:43.02
- Joel Moeller, 1978 3:44.01
- Jim Docherty, 1978 3:44.30
- Sam Fourman, 2015 3:44.50
- Dan Waters, 1986 3:46.35
- Kevin Herd, 1994 3:46.64
- John Clark, 1977 3:46.84
- Ted Wheeler, 1956 3:48.24
- Michael Melchert, 2016 3:48.35**
- Kevin Docherty, 2016 3:49.21**

3,000-Meter Steeplechase

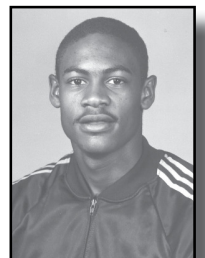
- Deacon Jones, 1956 8:47.40
- Steve Pershing, 1978 8:54.59
- Andy Morris, 2000 8:56.21
- Matt Gerard, 1994 8:57.01
- Andy Napier, 2008 8:57.54
- Rollie Kitt, 1967 9:02.90
- Al Greene, 1985 9:02.96
- Tony Rakaric, 2005 9:03.29
- Mark Battista, 2010 9:04.60
- Sean Gale, 1993 9:08.00

5,000 Meters

- Micah VanDenend, 2007 13:49.31
- Larry Wiczorek, 1968 13:56.00
- Kevin Herd, 1993 13:59.00
- Stetson Steele, 2000 14:02.76
- Kevin Lewis, 2014 14:02.78
- Eric MacTaggart, 2005 14:04.79
- Dan Haut, 2006 14:07.30
- Jesse Luciano, 2010 14:08.71
- Matt Esche, 2006 14:12.07
- Jeff Thode, 2011 14:12.40



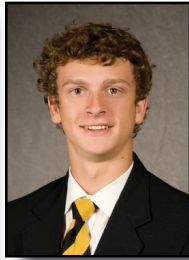
Anthuan Maybank



Pat McGhee



Kyle Reid



Erik Sowinski



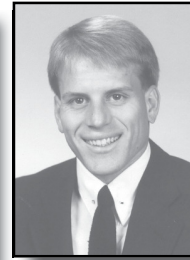
Stetson Steele



Jeff Thode



Micah VanDenend



Todd Wigginton



**Arno
van der Westhuizen**

10,000 Meters

1. Stetson Steele, 2000..... 28:44.47
2. Eric MacTaggart, 2006..... 28:50.23
3. Kevin Lewis, 2015..... 28:59.62
4. Nick Nordheim, 2002..... 29:44.71
5. Trent Corey, 2002..... 29:45.25
6. Chad Schwitters, 1999..... 29:56.00
7. Nick Holmes, 2010..... 30:02.31
8. Dan Haut, 2006..... 30:03.08
9. Kevin Herd, 1994..... 30:05.21
10. Paul Sarris, 2001..... 30:08.40

Decathlon

1. **William Dougherty, 2016..... 7,311 pts**
2. Kyle Reid, 2013..... 7,203 pts
3. Jack Eckert, 2015..... 7,087 pts
4. Dan Rolling, 2010..... 6,957 pts
5. Scott Faber, 2000..... 6,839 pts
6. Ryan Niver, 2008..... 6,837 pts
7. Chad Ohly, 1994..... 6,641 pts
8. Gary Kostrubala, 1984..... 6,498 pts
9. Frank Prill, 2008..... 6,381 pts
10. Jacob Drewry, 1994..... 5,820 pts

High Jump

1. Jeffery Herron, 2012..... 7-4 1/4 (2.24)
2. Bill Hansen, 1978..... 7-4 (2.23)
Bill Knoedel, 1975..... 7-4 (2.23)
4. Kevin Spejcher, 2014..... 7-2 1/2 (2.20)
5. M. Cunningham, 1986..... 7-1 (2.16)
Kenneth Lansing, 1988..... 7-1 (2.16)
7. Pat Meade, 1987..... 7-0 1/4 (2.14)
8. Graham Valdes, 2012..... 6-11 3/4 (2.12)
9. Peter Hlavin, 1979..... 6-11 (2.11)
Scott Hudek, 1993..... 6-11 (2.11)
Jeremy Petsche, 2008..... 6-11 (2.11)
Brandon Oest, 2012..... 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984..... 17-0 (5.18)
2. Chad Ohly, 1994..... 16-8 3/4 (5.10)
Kyle Reid, 2013..... 16-8 3/4 (5.10)
4. Curt Broek, 1978..... 16-8 (5.08)
5. Phil Wertman, 1971..... 16-7 (5.05)
Kelly Scott, 1988..... 16-7 (5.05)
7. John Teffer, 1972..... 16-2 (4.93)
8. Alex Zona, 2009..... 16-0 3/4 (4.90)
9. Steve Brewer, 1983..... 16-0 (4.88)
Doug Pennino, 1985..... 16-0 (4.88)

Long Jump

1. Anthuan Maybank, 1993..... 27-1 (8.25)
2. Bashir Yamini, 1997..... 26-8 1/4 (8.13)
3. Paul Jones, 1989..... 25-10 1/4 (7.88)
4. Darren Smith, 1991..... 25-9 3/4 (7.86)
5. Quinn Early, 1986..... 25-7 1/4 (7.80)
6. Ed Gordon, 1931..... 25-4 3/8 (7.68)
7. **O'Shea Wilson, 2014..... 25-2 (7.67)**
8. Matty Gorman, 2006..... 25-1 1/4 (7.65)
9. Ronnie McCoy, 1985..... 25-0 (7.62)
10. Jeffery Herron, 2010..... 24-9 (7.54)

Triple Jump

1. Troy Doris, 2012..... 54-8 (16.66)
2. Babatunde Amosu, 2015..... 53-10 (16.15)
3. Paul Jones, 1990..... 53-9 (16.38)
4. Klyvens Delaunay, 2013..... 52-2 1/2 (15.91)
5. Gordon Finch, 1988..... 50-9 1/4 (15.47)
6. Mike Lacy, 1984..... 50-5 (15.36)
7. Pat Miller, 1985..... 49-8 1/2 (15.25)
8. Matty Gorman, 2008..... 49-2 1/2 (15.00)
9. Owen Gill, 1982..... 49-1 (14.96)
10. Josh Bean, 2010..... 48-10 3/4 (14.90)

Shot Put

1. Jeremy Allen, 2001..... 63-2 3/4 (19.27)
2. Ken Kemeny, 2005..... 62-3 (18.97)
3. Shane Maier, 2006..... 62-2 1/4 (18.95)
4. Andy Banse, 2005..... 61-11 1/2 (18.88)
5. John Hickey, 2008..... 61-9 1/2 (18.83)
6. **Reno Tuufuli, 2016..... 60-2 (18.34)**
7. Chris Gambol, 1987..... 60-0 1/2 (18.30)
8. A.J. Curtis, 2008..... 59-8 1/4 (18.19)
9. Gabe Hull, 2014..... 59-4 1/4 (18.09)
10. A. van der Westhuizen, 2000 58-8 3/4 (17.90)

Discus

1. Gabe Hull, 2014..... 207-1 (63.11)
2. A.J. Curtis, 2007..... 202-11 (61.84)
3. Gary Kostrubala, 1986..... 202-4 (61.68)
4. **Reno Tuufuli, 2016..... 199-2 (60.71)**
5. Jeremy Allen, 2001..... 195-4 (59.54)
6. Tim Brodersen, 2005..... 193-6 (58.98)
7. Brad Daufeldt, 2004..... 185-0 (56.40)
8. Nick Brayton, 2009..... 180-11 (55.15)
9. Andy Banse, 2005..... 180-0 (54.86)
10. Eric Rothwell, 2004..... 179-7 (54.73)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007..... 222-2 (67.73)
3. Jim Costello, 2002..... 217-7 (66.32)
4. Brad Daufeldt, 2004..... 207-10 (63.34)
5. Chris Voller, 2005..... 206-0 (62.80)
6. Matt Banse, 2012..... 201-11 (61.55)
7. Jeremy Allen, 2001..... 199-0 (60.66)
8. Ben Stancombe, 2011..... 197-6 (60.20)
9. Ryan Jordan, 2007..... 184-6 (56.23)
Mark Shapveld, 2009..... 184-6 (56.23)

Javelin

1. Matt Byers, 2011..... 245-8 (74.89)
2. Bill Neumann, 2002..... 244-8 (74.58)
3. Dan Ralph, 2000..... 227-10 (69.44)
4. Sam Joens, 2015..... 211-5 3/4 (64.45)
5. Zach Schimp, 2010..... 211-0 (64.32)
6. **Alex Balke, 2016..... 205-11 (62.77)**
7. Kale Katt, 2007..... 204-0 (62.17)
8. Joel Storm, 2004..... 203-5 (62.01)
9. Matt Stank, 2001..... 199-0 (60.66)
10. Jack Eckert, 2015..... 188-9 (57.53)



All-Time Top Ten Performers Women's Outdoor



Kineke Alexander Meghan Armstrong Danielle Berndt Brittany Brown Nan Doak Aisha James Tiffany Johnson

100 Meters

1. **Briana Guillory, 2016** 11.35
2. Lake Kwaza, 2015..... 11.40
3. **Brittany Brown, 2015**..... 11.42
4. Vivien McKenzie, 1985 11.45
5. Davera Taylor, 1984 11.51
6. Erica Broomfield, 1998..... 11.53
7. Jiselle Providence, 2001 11.57
8. Tanja Reid, 1994..... 11.60
- Peaches Roach, 2005 11.60
10. Yolanda Hobbs, 1995 11.62

100-Meter Hurdles

1. Tiffany Johnson, 2007 13.20
2. Karessa Farley, 2009..... 13.53
3. C. Prendergast, 1999..... 13.60
- Paula Ruen, 2000 13.60
5. Sarah Steffen, 2002..... 13.65
6. **Jahisha Thomas, 2015**..... 13.67
7. Ruqayya Raheem, 1998..... 13.90
8. **Heaven Chandler, 2016**..... 13.91
9. Brenda Calhoun, 1984..... 13.94
10. Wynsome Cole, 1997 14.10

200 Meters

1. **Brittany Brown, 2015**..... 22.89
2. **Briana Guillory, 2016** 22.89
3. Elexis Guster, 2016 23.03
4. **Lake Kwaza, 2016**..... 23.17
5. Shellene Williams, 2004 23.50
6. Kineke Alexander, 2006 23.58
7. Davera Taylor, 1984 23.59
8. Vivien McKenzie, 1985 23.61
9. Yolanda Hobbs, 1995 23.65
10. Erin Jones, 2012 23.71

400 Meters

1. Kineke Alexander, 2006 51.35
2. Elexis Guster, 2016 51.85
3. Shellene Williams, 2004 51.94
4. Ashley Liverpool, 2012 52.47
5. Ellen Grant, 1996..... 52.65
6. **Alexis Hernandez, 2016** 53.82
7. Senta Hawkins, 1988 54.01
- Bethany Praska, 2011..... 54.01
9. Marlene Poole, 1994..... 54.03
10. Elaine Jones, 1983 54.40

400-Meter Hurdles

1. Mary Knoblauch, 1981 56.16
2. Wynsome Cole, 1998 56.67
3. MonTayla Holder, 2014..... 56.70
4. Chris Davenport, 1981 59.18
5. Hannah Simonson, 2012 59.54
6. Sarah Steffen, 2002 59.59
7. Tiffany Hendricks, 2011..... 59.63
8. Nicole Erickson, 2012 59.77
9. Beverly Powell, 1991..... 59.96
10. Kelsey Quinn, 2012..... 59.99

800 Meters

1. Bethany Praska, 2011..... 2:03.78
2. Kay Stormo, 1982 2:05.67
3. Michelle Lahann, 2004 2:06.79
4. Katharina Trost, 2015 2:07.09
5. **Mahnee Watts, 2016** 2:07.41
6. Aisha Hume, 2005 2:08.50
7. Adrienne Alexia, 2013 2:08.61
8. Jeanne Kruckeberg, 1987 2:08.75
9. Kaitlyn Nelson, 2013..... 2:08.83
10. Ann Pare, 1997 2:09.25

1,500 Meters

1. Meghan Armstrong, 2006 4:17.41
2. Betsy Flood, 2010..... 4:17.75
3. Jeanne Kruckeberg 1989 4:19.71
4. McKenzie Melander, 2012 4:20.22
5. Lauren Hardesty, 2009 4:20.40
6. Diane Nukuri, 2007 4:20.95
7. Penny O'Brien, 1985 4:21.43
8. Kay Stormo, 1982 4:22.24
9. Michelle Lahann, 2004 4:24.00
10. Shannon Stanley, 2006..... 4:25.08

3,000 Meters

1. Diane Nukuri, 2008 9:18.82
2. Penny O'Brien, 1985 9:20.61
3. McKenzie Melander, 2012 9:21.59
4. Betsy Flood, 2010..... 9:22.63
5. Nan Doak, 1985..... 9:23.04
6. Tracy Dahl, 1992..... 9:23.53
7. Meghan Armstrong, 2006 9:28.03
8. Brooke Eilers, 2011 9:30.08
9. Jeanne Kruckeberg, 1989 9:30.69
10. Jennifer Brower, 1992 9:34.59

3,000-Meter Steeplechase

1. **Marta Bote Gonzalez, 2015**..... 10:23.15
2. Danielle Berndt, 2011 10:26.54
3. Jessica Schmidt, 2008..... 10:27.18
4. Sarah Arens, 2004 10:34.50
5. Hannah Roeder, 2011 10:35.22
6. Kelsey Hart, 2011 10:47.56
7. Katie Ellis, 2010 11:02.62
8. Michelle Lahann, 2003 11:16.21
9. Becca Thompson, 2003 11:19.50

5,000 Meters

1. Nan Doak, 1985..... 15:45.84
2. McKenzie Melander, 2012 15:57.13
3. Diane Nukuri, 2008 15:59.39
4. Betsy Flood, 2011..... 16:04.46
5. Meghan Armstrong, 2008 16:08.83
6. Brooke Eilers, 2011 16:11.86
7. Mareike Schrulle, 2013 16:12.66
8. Jenny Spangler, 1983 16:17.21
9. Tracy Dahl, 1992..... 16:18.77
10. Racheal Marchand, 2008..... 16:27.02



Diane Nukuri Tammilee Kerr Vivien McKenzie Bethany Praska



Alana Redfern



Peaches Roach



Annemie Smith



Jessie Strand



Majesty Tutson



Lisa Van Steenwyk



Renee White

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991 33:23.38
3. Meghan Armstrong, 2008 33:28.00
4. Nan Doak, 1985 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. Racheal Marchand, 2008 34:05.87
7. McKenzie Melander, 2012 34:29.83
8. Tracy Dahl, 1992 34:30.09
9. Betsy Flood, 2011 35:05.10
10. Nikki Chapple, 2004 35:06.35

Heptathlon

1. Tammilee Kerr, 2008 5,633 pts
2. Kathy Gillespie, 1983 5,262 pts
3. Tiff Pedersen, 2004 4,976 pts
4. Janet Adams, 1981 4,855 pts
5. Sarah Ryan, 2012 4,819 pts
6. Ruqayya Raheem, 1997 4,665 pts
7. Angela Chadwick, 1993 4,493 pts
8. Cassidy Ellis, 2014 4,242 pts
9. Missy Miller, 2010 4,227 pts
10. Angie Hensel, 2004 4,073 pts

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Mary Mol, 1983 6-0 (1.83)
3. Khanishah Williams, 2013 ..5-11 1/4 (1.81)
4. Caleigh Bacchus, 2010 5-10 (1.78)
5. Lynn McMillan, 1988 5-9 1/4 (1.76)
6. Madison Rouw, 2016 5-8 3/4 (1.75)
7. Kacey Childs, 2001 5-8 1/2 (1.74)
8. Kristi Dinkla, 1985 5-8 (1.73)
- Becky Kaza, 1995 5-8 (1.73)
- Eve Cullinan, 2003 5-8 (1.73)

Pole Vault

1. Jessie Strand, 2003 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011 12-0 (3.66)
4. Katie Truedson, 2010 11-5 1/4 (3.49)
- 5. Amy Smith, 2016 11-3 3/4 (3.45)**
6. Gina Shannon, 2001 11-2 1/4 (3.41)
7. Brittany Holst, 2013 11-1 (3.38)
8. Elyssa Tracy, 2015 10-6 (3.20)
9. Kacey Childs, 2000 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003 22-3 (6.78)
2. Zinnia Miller, 2014 20-6 1/2 (6.26)
3. Renee White, 2008 20-3 3/4 (6.19)
- 4. Jahisha Thomas, 2016 20-3 (6.17)**
5. Carisa Leacock, 2014 19-11 3/4 (6.09)
6. Becki Borg, 1988 19-7 1/4 (5.97)
7. Cassidy Ellis, 2015 19-6 1/4 (5.95)
8. Lisa Moats, 1986 19-6 (5.95)
9. Tammilee Kerr, 2008 19-4 1/4 (5.90)
10. Yolanda Hobbs, 1993 19-2 1/2 (5.85)

Triple Jump

1. Renee White, 2008 43-10 3/4 (13.36)
- 2. Jahisha Thomas, 2016 42-3 1/2 (12.89)**
3. Zinnia Miller, 2014 42-0 1/2 (12.81)
4. Tiffany Johnson, 2007 41-8 3/4 (12.72)
5. Carisa Leacock, 2012 40-10 1/2 (12.46)
6. Becki Borg, 1988 40-7 1/2 (12.38)
- 7. T. Seawater-Simmons, 2016 .. 40-7 1/2 (12.38)**
8. Lynn McMillan, 1988 39-6 1/2 (12.05)
9. Lynn, 1998 39-0 (11.88)
10. Kacey Childs, 2001 37-8 (11.48)

Shot Put

1. Lisa Van Steenwyk, 1992 50-8 (15.44)
2. Gail Smith, 1984 50-3 1/4 (15.32)
3. Denise Taylor, 1992 50-1 3/4 (15.28)
4. Kamesha Marshall, 2005 ..48-6 3/4 (14.80)
5. Laura Kriener, 1990 48-2 1/2 (14.69)
6. Jennifer Gilson, 2002 47-10 (14.58)
7. Rachel Curry, 2013 47-9 1/4 (14.56)
8. Jennifer Moon, 2000 47-5 1/4 (14.46)
9. Courtney Fritz, 2014 46-6 1/4 (14.18)
10. Mandy Chandler, 2006 46-0 (14.02)

Discus

1. Majesty Tutson, 2013 181-1 (55.19)
- 2. Dakotah Goodell, 2014 169-4 (51.62)**
3. Tiffany Medenwaldt, 2010 .. 161-3 (49.16)
4. Denise Taylor, 1992 160-5 (48.90)
5. Amanda Stahle, 2014 159-3 (48.54)
6. Lisa Van Steenwyk, 1991 159-1 (48.50)
7. Gail Smith, 1983 158-2 (48.22)
8. Ashlyn Gulvas, 2011 154-11 (47.23)
9. Courtney Fritz, 2012 154-1 (46.96)
10. Kamesha Marshall, 2005 ... 152-11 (46.62)
- Lindsay Herra, 2015 152-11 (46.60)**

Javelin

1. Alana Redfern, 2003 181-5 (55.30)
2. Tammilee Kerr, 2008 163-5 (49.81)
3. Mandy Beck, 1999 153-4 (46.74)
4. Dakotah Goodell, 2015 ...153-3 1/4 (46.71)
5. Terri Soldan, 1983 152-6 1/4 (46.48)
6. Shani Renning, 1990 152-3 (46.40)
7. Kayla Hochhalter, 2015 152-6 (46.48)
8. Clara Simon, 1981 149-9 (45.64)
9. Janet Adams, 1984 148-7 (45.28)
10. Amanda Stahle, 2014 148-0 (45.11)

Hammer Throw

1. Annemie Smith, 2015 200-1 1/2 (60.99)
2. Jasmine Simpson, 2013 197-7 (60.23)
3. Becca Franklin, 2007 195-0 (59.45)
4. Ashlyn Gulvas, 2014 192-9 (58.75)
- 5. Leah Colbert, 2015 178-9 (54.49)**
6. Kelsey Taylor, 2011 177-0 (53.95)
7. Tiffany Medenwaldt, 2010 171-11 (52.40)
8. Erin O'Hern, 2008 168-9 (51.45)
9. Chelsea Colpitts, 2013 162-5 (49.51)
10. Kerri Blackstone, 1999 161-10 (49.32)



400-Meter Relay

1. Mincy, **Wilson**, Harrington, Brown, 2014 39.19
2. Mincy, Austin, E. Holmes, Larney, 2013 39.31
3. **Saucer, Jr., Brissett**, Harrington, **Mallett**, 2016..... **39.44**
4. Beecham, Duckett, Greer, R. Smith, 1984 39.48
5. **Brissett, Harris**, Harrington, **Mallett**, 2016..... **39.53**
6. Mullin, Austin, E. Holmes, Larney, 2013 39.66
- Saucer, Jr., Thompson**, Harrington, **Mallett**, 2015 **39.66**
8. **Saucer, Jr., Mallett**, Harrington, Brown, 2015 **39.67**
9. Page, Davis, Rozell, Morris, 1996..... 39.73
- Brown, Harrington, Mincy, **Wilson**, 2014 39.73
- Thompson, Brisset**, Harrington, **Mallett**, 2016..... **39.73**

Shuttle Hurdle Relay

1. McGhee, Armstrong, Falls, Stelle, 1989 57.80
2. Wigginton, Jones, Lacey, McCoy, 1985 59.77
3. 1975 1:05.20

800-Meter Relay

1. **Thompson, Brissett**, Harrington, **Ganschow**, 2016..... **1:23.36**
2. Richardson, Sayon, Richards, Chaney, Jr., 2009 1:24.85
3. Harrington, VanCleave, Wilson, Mallett, 2014 1:24.86
4. Austin, Brown, Larney, VanCleave, 2013 1:25.60
5. Barclay, McCalister, Jensen, Elliott, 1979 1:26.39
6. Thomas, Balkrishnan, Patterson, Freidrich 1991 1:28.38
7. Balkrishnan, Patterson, Thomas, Freidrich, 1991 1:29.04

1,600-Meter Relay

1. Morris, Davis, Page, Rozell, 1995..... 3:03.11
2. Branch, Dwight, Dodge, Yamini, 1999 3:03.29
3. Ferree, Frazier, Mondane, Reimer, 1967 3:04.10
4. Rozell, Morris, Davis, Yamini, 1996..... 3:04.71
5. Willey, Barton, Richards, Sowinski, 2010..... 3:05.61
6. **Wolff, Harris, Lilly, Frye**, 2016 **3:05.72**
7. Richards, Davey, E. Holmes, Sowsinski, 2012 3:05.77
8. Cameron, Williams, McGhee, McCoy, 1985 3:06.00
9. Rozell, Davis, Dwight, Raymond, 1997 3:06.06
- Dodge, Kunkel, Coleman, Peterson, 2001 3:06.06

Sprint Medley Relay

1. McCorkle, Jones, Chung, Strozier, 1990 3:15.64
2. Sayon, Austin, Willey, Sowinski, 2011 3:16.18
3. Richards, Larney, Davey, Sowinski, 2012 3:17.25
4. Richardson, Richards, Willey, Sowinski, 2010..... 3:17.74
5. **Saucer, Jr., Brissett, Harris, Lilly**, 2016 **3:18.53**
6. Armstrong, Thomas, Maybank, Strozier, 1991 3:18.93
7. Yamini, Davis, Dodge, Donovan, 1999 3:19.87
8. Richards, Chaney, Jr., Barton, Hairston, 2009 3:20.05
9. Harrington, **Mallett**, Davey, **Teubel**, 2014 3:20.08
10. McCorkle, Armstrong, Chung, Strozier, 1990 3:20.43

3,200-Meter Relay

1. Schum, Christensen, Steffen, Criswell, 1971 7:18.60
2. Hairston, Prom, Thode, Sowinski, 2011..... 7:23.77
3. Corrigan, Blackman, Strozier, Chambers, 1989 7:29.00
4. **Melchert, Dorman, Lilly, Larrison**, 2016..... **7:30.32**
5. **Lilly, Dorman, Teubel, Davey**, 2015 **7:31.48**
6. Willey, Braff, Sowinski, Hairston, 2009 7:33.08
7. Tweedy, Gajewski, Linden, O'Hollearn, 2005 7:33.12
8. Cunningham, Tweedy, S. Allen, Thomas, 2001..... 7:34.12
9. Long, Tweedy, Dziubski, O'Hollearn, 2004 7:35.10
10. 1999 7:36.43

Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 9:39.94
2. Kuczwarra, Barton, Hairston, Thode, 2011 9:41.37
3. N. Holmes, VanCleave, Sowinski, Thode, 2012..... 9:41.59
4. Young, Barton, Kuczwarra, Luciano, 2010..... 9:42.97
5. Prom, Davey, Weir, Witt, 2013..... 9:53.83
6. Theisen, Williams, Wiesa, Waters, 1985 9:54.04
7. Wilfong, Slaymaker, **Teubel**, Witt, 2013 9:54.05
8. Luciano, Pierre, Hairston, VanDenend, 2007..... 9:54.07
9. VanDenend, Riley, O'Hollearn, Rakaric, 2006..... 9:54.97
10. Feeldy, Eischeid, Novotny, Peters, 1996 9:55.71

6,400-Meter Relay

1. Pershing, Fuller, Moeller, Docherty, 1978..... 16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006..... 16:55.43
3. Lewis, Witt, Hart, Fourman, 2015..... **16:58.44**
4. Price, **Eklin, Gardarsson, Docherty**, 2016 **17:00.30**
5. Paul, Kadlec, Thode, Luciano, 2010..... 17:01.46
6. Witt, Lewis, Hart, Butler, 2014..... 17:01.65
7. N. Holmes, Witt, Thode, Lewis, 2012 17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003..... 17:06.27
9. Pittman, Novotny, Feeldy, Marquardt, 1995 17:12.49
10. Bakker, Feeldy, Peters, Pittman, 1996 17:13.10



400-Meter Relay

1. Kwaza, Guster, **Guillory, Hernandez**, 2016**44.04**
2. Kwaza, Guster, **Chapman, Guillory**, 2016**44.41**
3. Kwaza, Guster, **Hernandez, Brown**, 2014 44.51
4. Kwaza, Guster, Holder, **Brown**, 2014 44.62
5. Poole, Reid, Floyd, Hobbs, 1994 44.63
6. Charles, Williams, Providence, James, 2003 44.71
Brown, Kwaza, Ellis, Holder, 2015.....**44.71**
8. Floyd, Hobbs, Poole, Reid, 1994 44.80
9. **Thomas**, Guster, **Chapman, Guillory****44.88**
10. Holder, Guster, Kwaza, **Brown**, 2015**44.93**

Shuttle Hurdle Relay

1. Prendergast, Cole, Raheem, Ruen, 1998 56.44
2. Cole, Prendergast, Raheen, Ruen, 1998 56.54
3. Raheen, Prendergast, Cole, Ruen, 1998 57.53

800-Meter Relay

1. Hobbs, Reid, Floyd, Poole, 1994 1:35.69
2. Roach, McCalla, Alexander, Johnson, 2006 1:36.19
3. **Chapman, Roberts-Lewis, Champe, Brown**, 2016**1:36.98**
4. Williams, Charles, Fouchè, Providence, 2003..... 1:37.49
5. Herrmann, McCalla, Raymond, Roach, 2004..... 1:37.66
6. Charles, Dixon, Knight, Prendergast, 2002 1:38.15
7. Prendergast, Dixon, Knight, Providence, 2001 1:38.73
8. Trusty, Hendricks, Graham, Erickson, 2009 1:38.79
9. Dixon, Knight, Prendergast, Providence, 2001 1:38.93
10. Dixon, Providence, Knight, Charles, 2001..... 1:39.68

1,600-Meter Relay

1. **Hernandez, Guillory**, Holder, Guster, 2016.....**3:30.97**
2. Guster, **Guillory**, Holder, **Hernandez**, 2016.....**3:32.63**
3. Holder, **Guillory, Hernandez**, Guster, 2016.....**3:33.25**
4. Guster, **Hernandez**, Holder, Kwaza, 2014..... 3:34.83
5. Praska, Hendricks, Liverpool, Erickson, 2011..... 3:35.93
6. Guster, **Watts, Hernandez**, Kwaza, 2014..... 3:36.09
7. Hume, Charles, Steffen, Williams, 2003..... 3:36.26
8. Kwaza, Guster, **Hernandez**, Holder, 2014..... 3:36.40
9. Simsonson, Liverpool, Erickson, Sack, 2012..... 3:37.57
10. Guster, **Watts**, Holder, Kwaza, 2014..... 3:37.73

Sprint Medley Relay

1. Jones, Hendricks, Liverpool, Praska, 2011..... 3:48.63
2. **Brown**, Kwaza, Guster, **Watts**, 2014..... 3:51.18
3. Kwaza, Guster, Holder, **Watts**, 2016.....**3:52.62**
4. Kwaza, **Brown**, Guster, Trost, 2015..... 3:53.29
5. Kwaza, R. Moore, Holder, Alexia, 2013..... 3:54.51
6. Trusty, R. Moore, Hendricks, Praska, 2010..... 3:56.53
7. Reid, Philip, Hobbs, Benning, 1995..... 3:56.54
8. Roach, Alexander, McCalla, Stanley, 2005..... 3:56.99
9. Kwaza, R. Moore, Alexia, Nelson, 2013..... 3:58.72
10. Clarke, Graham, Jones, Poncé, 2007..... 3:59.34

3,200-Meter Relay

1. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987..... 8:46.45
2. Lahann, Stanley, Hume, Barber, 2004 8:48.87
3. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989 8:49.38
4. Trost, Maser, Alexia, Nelson, 2014 8:49.95
5. Nelson, **Watts, Wilberding, Sindt**, 2016.....**8:51.90**
6. Flood, Dlhy, L. Hardesty, Docherty, 2009..... 8:53.91
7. Armstrong, Stanley, Laney, Hume, 2005..... 8:54.27
8. O'Brien, Camarigg, Williams, Stormo, 1981 8:54.36
9. Flood, Melander, Praska, Hardesty, 2010 8:54.45
10. Drapcho, Schlader, Williams, Stormo, 1980 8:56.14

Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989 11:22.18
2. Armstrong, Alexander, Poncé, Stanley, 2007..... 11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005 11:34.04
4. Barber, Williams, Hume, Arens, 2004..... 11:34.56
5. Thompson, Williams, Hume, Arens, 2003 11:39.02
6. 2000 11:39.83
7. Schrulle, Erickson, Placzek, Eilers, 2012 11:40.57
8. Davenport, xx, xx, xx, 1981..... 11:41.44
9. Pare, Grant, Benning, Gilchrist, 1997 11:41.92
10. Dlhy, Erickson, Docherty, Anderson, 2010..... 11:43.06

6,400-Meter Relay

1. Flood, Melander, A. Hardesty, L. Hardesty, 2010..... 19:05.63
2. Nukuri, Marchand, Henize, Armstrong, 2008..... 19:15.42
3. Flood, Laesch, Ranegar, Melander, 2012 19:16.73
4. Flood, Eilers, Melander, L. Hardesty, 2011 19:17.52
5. Flood, Melander, A. Hardesty, Eilers, 2009..... 19:36.43
6. Scott, Gordon, Schrulle, Gambrell, 2013 19:41.15
7. **Jones, Bote Gonzalez, Wilberding**, Reischmann, 2015....**19:59.72**
8. Maser, Price, **Wilberding**, Montuclard, 2014 20:23.27
9. Chapple, Laney, Donlon, Sokol, 2005 20:39.12
10. Arens, Barber, Butler, Roberts, 2001 20:40.89



Hawkeye Women's Elite Competitors



Kineke Alexander



Meghan Armstrong



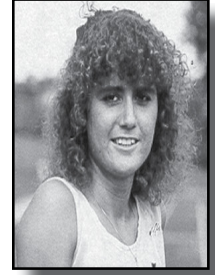
Jennifer Brower



Wynsome Cole



Tracy Dahl



Chris Davenport

The University of Iowa women's track and field program is rich in honor and tradition. Iowa athletes compete annually at national and international events, representing the UI with pride. Here are brief bios on some Hawkeyes who have left their marks in the Iowa record books.

Kineke Alexander, 2005-08

- 2008 & 2016 St. Vincent & The Grenadines Olympic Team Member
- 2006 NCAA Indoor 400-Meter Champion
- Eight-time All-American
- Five-time Big Ten Champion
- Two-time NCAA Regional 400-Meter Champ
- Drake Relays Champion, 400 Meters
- Five-time All-Region
- Two-time NACAC Games bronze medalist
- Iowa's nominee for Big Ten Female Athlete of the Year twice (2006, 2007)
- 2007 Big Ten Indoor Athlete of the Year
- 2007 Big Ten Indoor Athlete of the Meet
- 2007 Midwest Regional Athlete of the Year
- Set six school records

Meghan Armstrong, 2004-08

- Four-time All-American
- NCAA Academic All-American
- Four-time All-Region
- Two-time Big Ten Champion
- Two-time second-team All-Big Ten
- Six-time academic All-Big Ten
- Set school records in 1,500 meters (track) and 6,000 meters (cross country)
- Big Ten Medal of Honor winner (2008)

Jennifer Brower, 1988-92

- Three-time All-American
- NCAA Academic All-American
- Big 10 & Drake Relays Champion
- Kansas Relays 5,000-m Champion
- Big Ten runner-up, Cross Country
- U.S. Olympic Trials participant
- Track Academic Athlete of the Decade
- NCAA Woman of the Year nominee

Wynsome Cole, 1994-98

- Three-time NCAA & NAIA qualifier
- Two-time Big Ten Champion
- All-American, 400-Meter Hurdles
- Drake Relays Champion

Tracy Dahl, 1989-94

- Two-time NCAA 5,000-m Champion
- Five-time All-American
- Four-time Big Ten Champion
- U.S. Olympic Trials participant
- Kansas Relays Champion
- Big Ten Cross Country and Two-time Iowa Female Athlete of the Year

Chris Davenport, 1980-83

- U.S. Olympic Trials participant
- All-American
- Runner-up at Kansas & Drake Relays

Nan Doak, 1980-85

- NCAA Champion, 10,000 meters
- NCAA runner-up, Cross Country
- Nine-time All-American
- World recordholder, Indoor 3-miles
- Three-time Big Ten Champion
- U.S. Olympic Trials participant
- World sixth place, Cross Country
- TAC 5,000 and 10,000-m Champion
- Iowa Female Athlete of the Decade
- National Iowa Varsity Club Hall of Fame inductee

Kathy Gillespie, 1982-85

- NCAA runner-up, Heptathlon
- Big Ten champion/former recordholder
- Member of U.S Pentathlon team

Ellen Grant, 1994-97

- Two-time Big Ten Champion
- World Junior representative

Yolanda Hobbs, 1991-95

- Three-time All-American
- Big Ten 55-meter Champion
- Iowa Female Athlete of the Year
- Daily Iowan Female Athlete of the Year



Jeanne Kruckeberg Racheal Marchand Vivien McKenzie Mary Mol Diane Nukuri Bethany Praska Peaches Roach



Nan Doak



Kathy Gillespie



Ellen Grant



Yolanda Hobbs



Tiffany Johnson



Elaine Jones

Tiffany Johnson, 2004-07

- First Hawkeye to win consecutive Drake Relays titles (100-m hurdles in 2006, 2007)
- 2007 NCAA Regional Champion, 100 Hurdles
- Two-time All-Region
- Ten-time regional qualifier

Elaine Jones, 1982-85

- Five-time Big Ten Champion
- TAC Champion 400-m relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection
- Mason-Dixon Games Champion

Jeanne Kruckeberg, 1987-90

- NCAA 800-meter runner-up
- Three-time All-American
- Big Ten Champion
- Drake Relays Female Athlete of the Meet
- Two-time Drake Relays Champion
- Three-time Kansas Relays Champion
- Iowa Female Athlete of the Year

Racheal Marchand, 2005-08

- Four-time All-American
- Three-time All-region
- 2009 Midwest Region Cross Country Female of the Year
- 2009 Iowa Female Athlete of the Year
- 2010 Puerto Rico 5K National Champion

Vivien McKenzie, 1983-86

- Four-time Big Ten Champion
- TAC Champion 400-m relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection

Mary Mol, 1982-85

- NCAA runner-up
- Big Ten runner-up
- Mason-Dixon Games Champion
- Runner-up at Drake & Kansas Relays

Diane Nukuri, 2006-08

- 2012 Burundi Olympic Team Member
- Three-time All-American
- Two-time NCAA Midwest Region Cross Country Champion (2006, 2007)
- Two-time NCAA Midwest Region Cross Country Female Athlete of the Year (2006, 2007)
- 2007 Drake Relays Champion, 5,000 Meters
- Two-time All-Region
- Set eight school records
- 2008 Iowa Female Athlete of the Year
- 2008 Wilma Rudolph Award winner
- 2007 Honda Sports Award finalist

Bethany Praska, 2008-11

- Two-time All-American
- Three-time Big Ten Champion
- Holds five school records

Peaches Roach, 2004-07

- Four-time All-American
- Five-time Big Ten Champion, High Jump
- 2004 Big Ten Outdoor Freshman of the Year
- Four-time All-Region
- Ten-time regional qualifier

Gail Smith, 1982-85

- Big Ten Champion
- Olympic Sports Festival selection

Jenny Spangler, 1982-86

- Three-time All-American
- U.S. Olympic Trials participant
- Iowa Female Athlete of the Year
- Set 19-and-under world marathon record (2:33)
- 1996 USA Olympic team, Marathon

Tina Stec, 1990-94

- Two-time All-American
- Big Ten runner-up, 3,000 Meters
- NCAA Academic All-American
- Iowa Academic Athlete of the Year
- Iowa Female Athlete of the Year
- NCAA Woman of the Year finalist

Kay Stormo, 1979-82

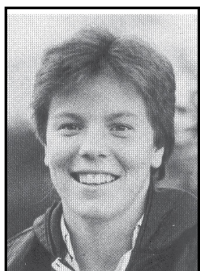
- 800-meter NCAA runner-up
- Three-time All-American
- Three-time Big Ten Champion
- Iowa Female Athlete of the Year
- National Iowa Varsity Club Hall of Fame inductee

Lisa Van Steenwyk, 1989-93

- All-American, Shot Put
- Two-time Big Ten Champion
- U.S. Olympic Trials participant

Shellene Williams, 2004

- Jamaican National Team member
- Four-time Big Ten Champion
- All-American, 400 Meters



Gail Smith



Jenny Spangler



Tina Stec



Kay Stormo



Lisa Van Steenwyk



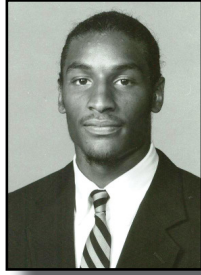
Shellene Williams



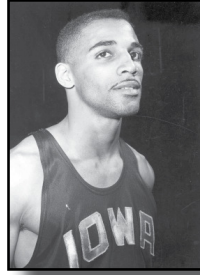
Hawkeye Men's Elite Competitors



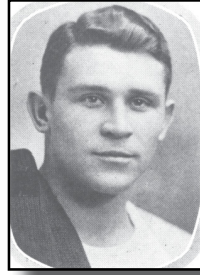
Mike Mondane



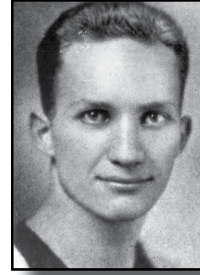
Bashir Yamini



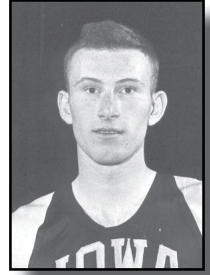
Deacon Jones



Frank Cuhel



George Baird



Bill Frazier

The University of Iowa men's track and field program is rich in honor and tradition. Iowa athletes compete annually at national and international events, representing the UI with pride. Here are brief bios on Hawkeyes who have left their marks in the Iowa record books.

Mike Mondane, 1966-68

- Nine-time Big Ten Champion
- 1979 NCAA Champion
- Three-time All-American
- Ranks third in school history in 400-meters

Bashir Yamini, 1996-99

- 1998 Long Jump National Champion
- Six-time All-American
- Nine-time Big Ten Champion
- Big Ten Freshmen of the Year in 1996
- Shares Big Ten Record in long jump

Deacon Jones 1954-58

- Two-time Olympian
- Two-time NCAA Champion
- Seven-time Big Ten Champion
- Holds school record in 3,000-meter steeplechase
- First African American Cross Country Champion

Frank Cuhel, 1926-28

- 1928 NCAA Champion
- Won Silver in 400-meter hurdles at 1928 Olympics

George Baird

- 1928 Olympic Gold Medalist in 4x400-meter relay
- Six-time Big Ten Champion

Bill Frazier 1962-62,65

- 1962 All-American
- Eight-time Big Ten Champion
- Helped Iowa win 1963 indoor and outdoor Big Ten Championships
- Held outdoor 800-meter school record for 50 years (1962-2012)

Anthuan Maybank, 1990-94

- Olympic Gold Medalist, 1,600 relay, 1996 (Atlanta)
- All-America, long jump, 1992, 1993
- All-America, 400 dash, 1992, 1993
- Six-time Big Ten Champion, 1990-93
- Big Ten Athlete of the Year, 1993 (outdoor)
- All-Big Ten, 1990, 1991, 1992, 1993, 1994

Larry Wieczorek, 1964-68

- Six-time Big Ten Champion
- Four-time All-American

Justin Austin, 2010-13

- Five-time Big Ten Champion
- Five-time All-American
- Graduated with five school records

Charles Brookins, 1921-24

- 1924 Olympian
- Five-time Big Ten Champion
- Two-time NCAA Champion

Roger Kerr, 1960-63

- Five-time Big Ten Champion
- Three-time 4x400-meter Relay Champion

Patrick McGhee, 1988-92

- Five-time Big Ten Champion
- Three-time All-American
- NCAA Runner-Up
- Big Ten Athlete of the Year in 1989

Jonathan Reimer,

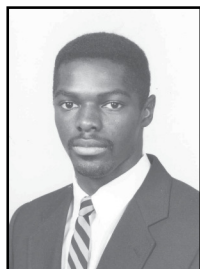
- Five-time Big Ten Champion
- 1953 NCAA Champion in two mile race

Vaughn Stevenson,

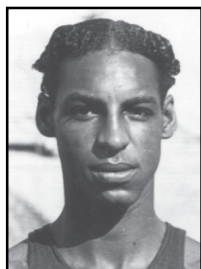
- Five-time Big Ten Champion

Ted Wheeler, 1952-56

- Five-time Big Ten Champion
- Three-time All-American
- Competed in 1956 Summer Olympics



Anthuan Maybank



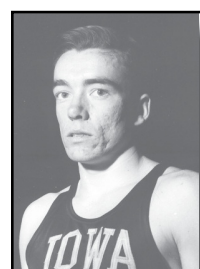
Ed Gordon



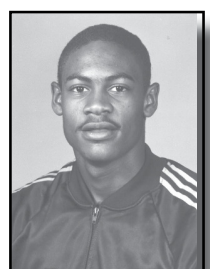
Tim Dwight



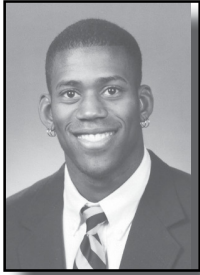
Justin Austin



Larry Wieczorek



Patrick McGhee



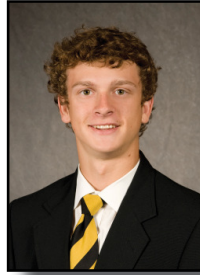
George Page



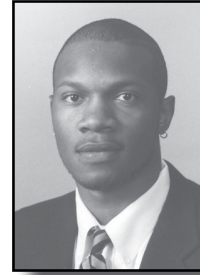
Eric Wilson



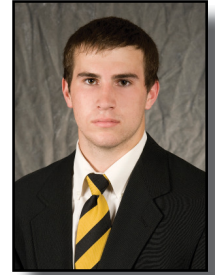
Babtunde Amosu



Erik Sowinski



Andre Morris



Matt Byers

Jeremy Allen, 1998-01

- Big Ten Freshman of the Year (Indoor and Outdoor)
- Four-time Big Ten Champion
- Five-time All-American

Troy Doris, 2009-12

- Four-time Big Ten Champion
- Four-time All-American
- 2016 Olympian for Guyana

Tim Dwight, 1996-2000

- Four-time Big Ten Champion
- All-American on 4x100-meter relay in 1999
- Two-sport athlete (football, track and field)

Rich Ferguson,

- Four-time Big Ten Champion
- 1953 All-American in the two mile race
- 1953 NCAA Champion in the two mile race

Ed Gordon,

- Four-time Big Ten Champion
- Three-time NCAA Champion on long jump
- Most NCAA Championships in school history
- Three-time All-American (1929-31)

Erik Sowinski, 2009-12

- Six-time All-American (2010-12)
- Two-time Big Ten Champion
- 2012 & 2016 Olympic Trials participant

Andre Morris, 1992-96

- Four-time Big Ten Champion
- Three-time All-American
- Participated in Olympic trials in 1996 and 2000
- Eight-time National Championship qualifier

George Page,

- Four-time Big Ten Champion
- 1995 All-American (4x400-meter relay)

D’Juan Strozier, 1989-92

- Four-time Big Ten Champion

Eric Wilson, 1920-23

- Four-time All-American
- Four-time Big Ten Champion
- Two-time NCAA Champion in 220 yard-dash
- Competed in the 1924 Summer Olympics in Paris.

Babatunde Amosu, 2012-15

- Three-time Big Ten Champion (Triple Jump)
- Three-time All-American

Matt Byers, 2010-13

- Two-time All-American (Javelin)
- Three-time Big Ten Champion (2010-13)

Ethan Holmes

- Three-time Big Ten Champion

Steven Willey

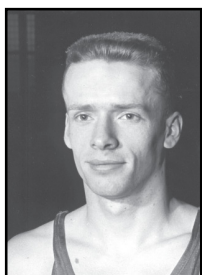
- Four-time All-American
- Two-time Big Ten Champion

Tim Dodge, 1998-2001

- 1999 All American
- Three-time Big Ten Champion

Victor Greer

- Three-time Big Ten Champion
- 1984 All-American



Rich Ferguson



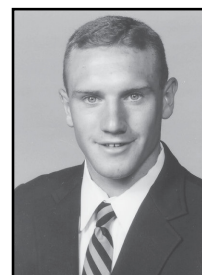
Troy Doris



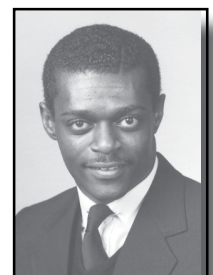
Jeremy Allen



Ethan Holmes



Tim Dodge



Victor Greer



National Iowa Varsity Club Hall of Fame

Inductees are selected by a vote of all dues-paying members of the National Iowa Varsity Club. All former Hawkeye athletes who have won at least one major letter and completed their eligibility at least 10 years prior to selection are eligible for the Hall of Fame. A coach or administrator must have retired or left the university at least five years prior to selection. A maximum of seven inductees may be selected to the Hall of Fame each year. Pictured are the 28 inductees from the University of Iowa track and field program. Listed below each name is the individual's years of participation at Iowa and the year they were inducted into the Hall of Fame.



George Baird

Athlete 1926-29
Inducted 1994



George Bresnahan

Coach 1921-48
Inducted 1991



Lester Belding

Athlete 1921-24
Inducted 1991



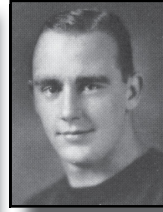
Charles Brookins

Athlete 1921-24
Inducted 1990



Jennifer Brower

Athlete 1988-92
Inducted 2013



Dick Crayne

Athlete 1934
Inducted 1992



Francis X. Cretzmeyer

Coach 1948-78
Inducted 1993



Frank Cuhel

Athlete 1925-28
Inducted 1993



Tracy Dahl

Athlete 1989-93
Inducted 2010



Aubrey Devine

Athlete 1920-22
Inducted 1989



Nan Doak

Athlete 1981-85
Inducted 1999



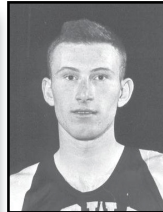
Tim Dwight

Athlete 1996-99
Inducted 2011



Rich Ferguson

Athlete 1952-55
Inducted 2004



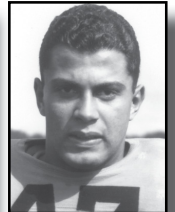
Bill Frazier

Athlete 1962-65
Inducted 2012



Ed Gordon

Athlete 1929-31
Inducted 1989



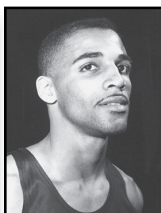
Homer E. Harris

Athlete 1936-37
Inducted 2002



Jerry Hassard

Coach 1976-96
Inducted 2014



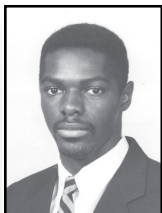
Deacon Jones

Athlete 1955-58
Inducted 1989



Jeanne Kruckeberg

Athlete 1987-90
Inducted 2014



Anthuan Maybank

Athlete 1966-68
Inducted 2010



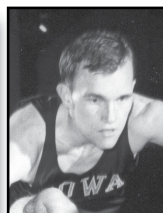
Michael Mondane

Athlete 1966-68
Inducted 2002



Emerson "Spike" Nelson

Athlete 1925-28
Inducted 1995



Jon Reimer

Athlete 1965-67
Inducted 2014



George Sailing

Athlete 1929-32
Inducted 1989



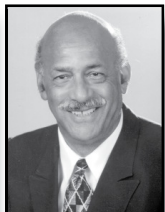
Fred "Duke" Slater

Athlete 1919-22
Inducted 1989



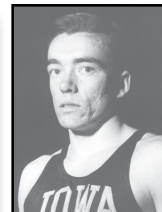
Kay Stormo

Athlete 1979-82
Inducted 2008



Ted Wheeler

Athlete 1952-53, 56
Inducted 2000



Larry Wiczorek

Athlete 1965-68
Inducted 1998



Herbert Wilkinson

Athlete 1945-46
Inducted 1999



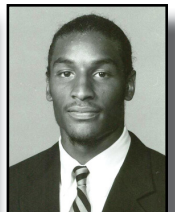
Samuel "Clyde" Williams

Athlete 1900-02
Inducted 1993



Eric Wilson

Athlete 1921-24
SID 1924-68
Inducted 1989



Bashir Yamini

Athlete 1996-99
Inducted 2012

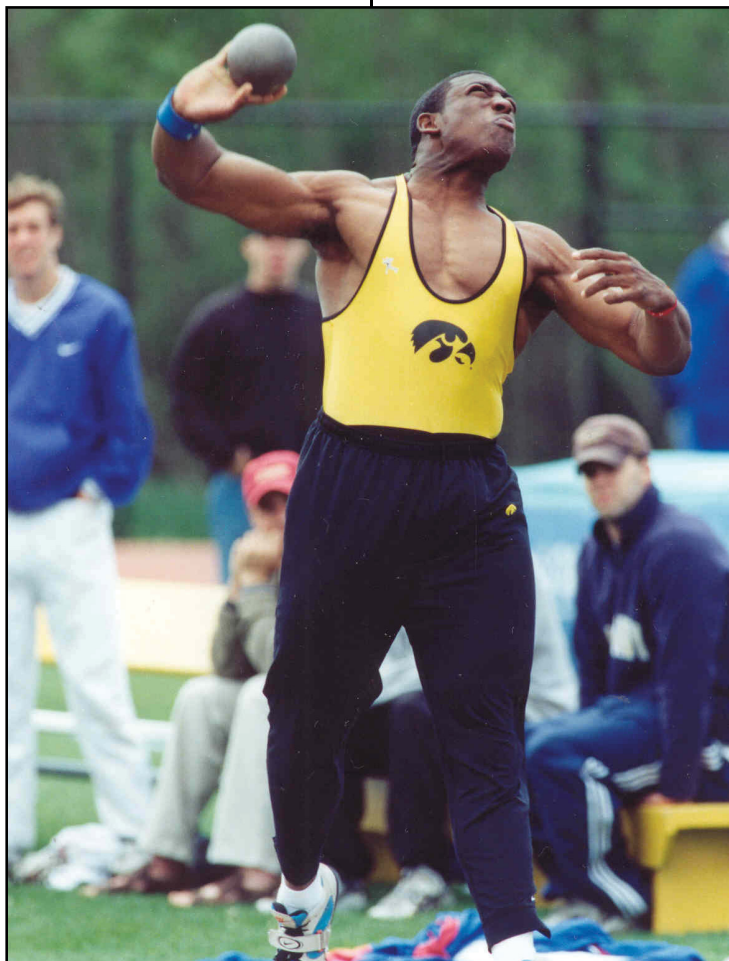


Adams, Don1973-76
 Adamson, Robert.....1931-32
 Albrecht, L.J1989-91
 Albright, Justin.....1930
 Alderman, Merle1910
 Alexander, Jack S.1938
 Allen, Jeremy1998-01
 Allen, Shaun.....1999, 2001-03
 Allison, William.....1895-96
 Aly, Nicholas2015
 Amosu, Babatunde2013-15
 Anderson, Ben2015
 Anderson, Carl J.....1959
 Anderson, Kent J.....1975-76
 Anderson, R.M.....1900-03
 Andreano, Peter2016
 Appleman, Cameron.....1997
 Armstrong, James.....1988-89, 1991
 Ashton, George C.....1922-23
 Atkins, Bobby.....2000
 Austin, Justin2011-13
 Bailey, F.S.1900
 Bailey, Merrill M1919-21

Bailin, Sam2010
 Baird, George H.1927-29
 Bakker, Michael ..1994, 1996, 1998
 Balke, Alex2015-16
 Balke, Norm1983-86
 Balkrishnan, Rajeev 1991, 1993
 Banse, Andy.....2002-05
 Banse, Matt2009-12
 Barber, Nathan B.1896-99
 Barclay, Tom.....1979
 Barker, Dale1932-33
 Barker, E.E.....1905
 Barker, Ervin J.1902-05
 Barnes, Howard M.....1921
 Barnett, Robert.....1973
 Barton, Chris.....2008-11
 Bateman, Howard.....1903
 Battista, Mark2010-11
 Beach, Robert.....2003, 2005
 Bean, Josh.....2008-10
 Beatty, Ernest J.1926-27
 Beck, Lester R.1922
 Becker, Edward C.1934

Beckner, John O.1930
 Bee, Stephen2009-11
 Beebe, Robert E.....1936
 Beecham, Gordon.....1983-85
 Beecham, Todd1982
 Beelman, Jeff.....1981-82
 Belding, Lester1920-22
 Berger, Charles1977
 Berne, Clarence1924
 Berns, Jake.....2005-06
 Berrien, Clifford R.1918
 Betz, Jon A.1982-83
 Bevan, Sargant.....1896
 Bever, William H.1971
 Beyer, Robbie.....2004
 Bhave, Ravi1998
 Billig, Milton1937-39
 Blackman, St. Cl.1986
 Blasier, Herbert E..... 1878, 1882
 Boardman, Benjamin.....1900-01
 Boston, Marcellu1950
 Bott, Richard E.1933
 Bouska, Paul1990
 Bowers, John1981
 Bowles, Robert S.....1943
 Boyd, William1959
 Boyer, John1979-82
 Boylan, Charles.....1952-53
 Boyles, Xavier P.....1924, 1926-27
 Brackett, M.1899, 1901-03
 Brackett, O.T.1901
 Braff, Zack2009
 Branch, Tony1997-00
 Brandmill, Potte.....1921-23
 Brandt, Barry1975
 Brandt, Jon Michael.....2012-14
 Brayton, Nick2009-12
 Bream, Alan1968-69
 Brewer, Steve.....1981-83
 Brewton, Cecil H.1944
 Briggs, Charles1903
 Briggs, Clyde1935-36
 Briggs, Wilbur1918
 Brigham, Leon H.1918-20
 Brisset, Christian.....2016
 Brodersen, Tim2003-06
 Broek, Curt1976-79
 Brookins, Charles.....1922-24
 Brown, Brad.....1980
 Brown, C.A.....1901
 Brown, David 1987-88, 1990-91
 Brown, Earl1905
 Brown, Jeff A.1980
 Brown, Jeff.....1979
 Brown, Keith L.1949-50, 1955
 Brown, Keith2013-15
 Brown, John Anthony1958-60
 Brubucher, Theodore.....1965-67
 Bryant, Huges J.1931
 Burkheimer, I. A.....1907

Burks, Derrick2003, 2005
 Burnette, William1965-67
 Burrier, Emmett1899-1901
 Burrows, Tom G.1957-59
 Burton, William1953-55
 Bye, Bill E.1949
 Byers, Matt2010-13
 Byre, James O.1962
 Cada, Jon1961
 Cadwallader, Joseph1932
 Cahalan, Jim1977-78
 Cahn, Bernard.....1961
 Call, Roy G.....1902
 Camamo, Joseph A.1956-58
 Cameron, Robert1985-86
 Campbell, Cameron .1937-38, 1940
 Campbell, D.1910
 Campbell, Torrey2012-13
 Camplin, Brendan2009
 Canby, Henry F.1929-31
 Carberry, William.....1906
 Card, Liam.....2000
 Carmen, Andrew2012-14
 Carr, E. Michael.....1960-61
 Carr, Leslie1913
 Cassata, Chris1998-00
 Chalmers, Andrew1905-06
 Chambers, Rodney1988-91
 Chaney Jr., Paul.....2007-09
 Chantland, William1894
 Chaplin, David.....2006
 Chepkwony, Paul1983-84
 Choate, Rufus1900-01
 Christensen, CHA.....1970-72
 Chung, Curtis1986, 1988-90
 Clancy, Michael.....1983
 Clancy, Roy.....1976, 1978
 Clark, Drew2014
 Clark, George H.....1890
 Clark, John Jay1971-73
 Clark, Robert J.E.....1952
 Clarke, George W.1963
 Clarrissimeaux, Evan.....1982-83
 Clements, Keith1973-76
 Cline, Hubert1943
 Cobb, Dave1980
 Cochran, J H Ray1930
 Coffey, Vernon1948
 Colby, Charles1919-20, 1922
 Coleman, Juan ... 2001-02, 2004-05
 Coleman, Merrill.....1997-00
 Collinge, John1938-39
 Collins, John.....1949
 Conn, Max1920-22
 Conway, Paul1930-31
 Cook, Robert.....1989-90
 Cook, Robert F.1933-34
 Copeland, Jack.....1949
 Corcoran, Thomas1933
 Corey, Trent1999, 2001-02



Jeremy Allen was the first thrower in conference history to win Big Ten Freshman of the Year honors during the indoor and outdoor seasons. Allen was a four-time Big Ten champion and five-time All-American at Iowa from 1998-2001.



Men's All-Time Letterwinners

| | | | |
|------------------------------------|-----------------------------------|----------------------------------|-----------------------------------|
| Cornog, Robert.....1931-33 | Dotseth, Frank.....1959 | Fieseler, Michael.....1975-76 | Gale, Sean.....1994 |
| Corrigan, Sean.....1986-89 | Doty, Lewis.....1892 | Finazzo, Vincent.....1939 | Gambol, Chris.....1984-87 |
| Costello, Jim.....2000-02 | Dougherty, Robert.....1959 | Finch, Gastonia.....1956-57 | Ganschow, Jared.....2014-16 |
| Cotton, Jordon.....2010 | Dougherty, Will.....2015-16 | Finch, Gordon.....1987-90 | Gardarsson, Daniel.....2015-16 |
| Coulter, Channing.....1923-25 | Douglas, Chris.....2016 | Findlay, Palmer.....1890 | Gardner, Clyde.....1952, 1954 |
| Cox, Leroy.....1894 | Drewry, Jacob.....1994 | Findley, Thomas.....1890 | Garnder, Donald.....1961-63 |
| Craig, Donald.....1929 | Driebelbis, Roy.....1952 | Finney, Otis.....1946 | Garland, Dick.....1975 |
| Crain, Maurea.....1990-91 | Duckett, Terence.....1981-84 | Fischer, Gary.....1961-63 | Garretson, Herman.....1915 |
| Crane, E.H.....1903-04 | Dunsorth, Ira.....1954-56 | Fisher, Jerry.....1993-94 | Gentry, Nolden I.....1959 |
| Crawford, Harold.....1921, 1923-24 | Dupont, Glenn.....1980 | Flage, David.....1934 | Gerard, Matt.....1993-94 |
| Crayne, Richard.....1934 | Dutton, William.....1915-17 | Flaherty, Andy.....1988-90 | Gershenzon, Rich.....1968-70 |
| Cretzmeyer, Francis X.....1934-36 | Dwight, Tim.....1996-99 | Neil Flattery.....2013 | Gibbs, Richard.....1965-67 |
| Criswell, John W.....1969-71 | Dye, Charles.....1900 | Fletcher, Robert.....1959 | Gilchrist, John.....1929-30 |
| Crossan, John.....1903, 1904, 1908 | Dyke, Lester M.....1919-20 | Flood Jr, Elmer.....1945 | Gill, Owen.....1982-83 |
| Crozier, M.V.....1922 | Dziubski, Dan.....2003-05 | Folwell, John.....1926 | Gillette, Charles.....1892 |
| Crum, Jonathan.....1894-95 | Eastland, David.....1969-71 | Forwarld, Charles.....1927-29 | Gilliland, F.H.....1914 |
| Cuhel, Frank JOS.....1926-28 | Ebert, LeRoy.....1952-54 | Foster, James F.....1972 | Goldston, Stephen.....1964-65 |
| Cumberland, John.....1919 | Ecker, Tom.....1956-57 | Fourman, Sam.....2013 | Goodrich, Benjamin.....1922, 1924 |
| Cummins, Richard.....1965-66 | Eckert, Jack.....2012-15 | Fowler, Richard.....1952-54 | Gordon, Edward L.....1929-31 |
| Cunningham, M. 1998-99, 2001-02 | Edwards, Jim.....1975, 1978 | Franke, Walter.....1915 | Gordon, Maurice.....1934 |
| Cunningham, Mike.....1984-1986 | Egbert, Thomas.....1962 | Frazier, Carl.....1967-69 | Gorman, Matty.....2005-06, 2008 |
| Curtis, A.J.....2006-09 | Eiel, Robert.....1942 | Frazier, William.....1962-65 | Gorsline, Mike.....1989-91 |
| Daine, Henry.....1923-25 | Eischeid, Peter.....1995-98 | Freels Jr, Eugene.....1946, 1950 | Gotthardt, Keith.....1945-46 |
| Daley, Ryan.....1998 | Eisenlauer, Dick.....1972-75 | Freeman, Ralph.....1954 | Graves, John.....1937-39 |
| Darling, Charles.....1950-51 | Eklin, Ian.....2016 | Friedlander, J.M.....1920-21 | Green, Al.....1985-86 |
| Dauber, Ray G.....1924-26 | Elbert, Lee.....2006-08 | Friedrich, Kurt.....1991 | Greenlee, Donald.....1960-61 |
| Daufeldt, Brad.....2001-04 | Elliott, Edward.....1939-40 | Frohwein, George.....1961 | Greenwood, Glenn.....1918-19 |
| Davey, Brennan.....2012-15 | Elliott, Randy.....1979 | Frye, DeJuan.....2016 | Greer, Victor.....1981-84 |
| Davis, Charles.....1918, 1920 | Elliott, Wallace.....1926-27 | Fudge, Arthur.....1953-54 | Gregorio, Anthony.....2015 |
| Davis, Chris.....1995-98 | Ellis, Kevin.....1980-82 | Fuller, Levi.....1891 | Grelck, Henry.....1921 |
| Davis, Daniel.....2012 | Ellwein, Orin.....1972-73 | Fuller Jr., Richard.....1978 | Griffith, Ronald.....1966-68 |
| Davis, Elmer, R.....1904-05 | Elmitt, Connor.....2009-10 | Furst, Don.....1976 | Grosser, Ernest.....1938 |
| Davis, Severt.....1950 | Ely, Howard Lyle.....1938 | Gableman, H.H.....1912 | Grubb, Frank.....1916 |
| Dean Jr., Kerry.....2014-16 | Ende, August.....1896 | Gajewski, Joe.....2005 | Gunderson, Eric.....1932 |
| Dean, Walter S.....1932-34 | English, Louis.....1986-89 | | |
| Deheer, Floyd.....1936-37 | English, Steve.....1997-99 | | |
| DeLashmutt, Ed.....1981 | Engstrom, George....1909-10, 1912 | | |
| Delaunay, Klyvens.....2013-16 | Erdenberger, Rick.....1948-50 | | |
| Depping, Reuben.....1929-30 | Erickson, Merlin.....1939-40 | | |
| Dertinger, Stephen.....1969 | Esche, Matt.....2002, 2004, 2006 | | |
| Deuel, Dean.....1950-51 | Estes, Joe.....1993-96 | | |
| Devine, Aubrey A.....1920-22 | Everingham, John.....1925-27 | | |
| Devine Jr., Aubrey A.....1944 | Everman, Wayne.....1955 | | |
| Dey, Curtis.....1892-95 | Faas, Lewis.....1973-74 | | |
| Dibbern, Kevin.....2010 | Faber, Scott.....1999-02 | | |
| Dick, Leo.....1914 | Fagerline, Paul.....1945-46 | | |
| Dietz, Duwayne.....1950-52 | Falk, Walter.....1913 | | |
| Digney, Zach.....2002-05 | Falls, Gary.....1989-91 | | |
| Diment, Michael.....1982 | Farmer, Leicester.....1942-43 | | |
| Dobbs, John.....1984-86 | Farrell, Jerome.....1923-24 | | |
| Dobson, Glenn.....1923-24 | Farroh, Mike Alb.....1929 | | |
| Docherty, Kevin.....2014-16 | Fearing, Kenneth.....1962 | | |
| Docherty, James.....1977-78 | Feeldy, Chad.....1995-96 | | |
| Dodge, Tim.....1998-02 | Felix, Kurt.....1999 | | |
| Dolan, Cannon.....2007-09 | Ferguson, Richard.....1952-55 | | |
| Donalan, J.J.....1905 | Ferree, Fred.....1965-67 | | |
| Donovan, Jim.....1997-99 | Ferree, Nate.....2015-16 | | |
| Dooley, Andrew.....1935-37 | Ferree, Thomas.....1978 | | |
| Doris, Troy.....2011-12 | Ferren, William.....1891 | | |
| Dorman, Ryan.....2015-16 | Fiala, Harold L.E.....1943 | | |



Iowa City native Tim Dwight was named Outstanding Male Athlete of the 1999 Big Ten Outdoor meet after leading the team to a runner-up finish. Earlier that year, he scored a touchdown in the Super Bowl for the Atlanta Falcons. He was an All-American and three-time Big Ten Champion in track from 1996-99, and a two-time first team All-American for the Hawkeye football team from 1994-97.

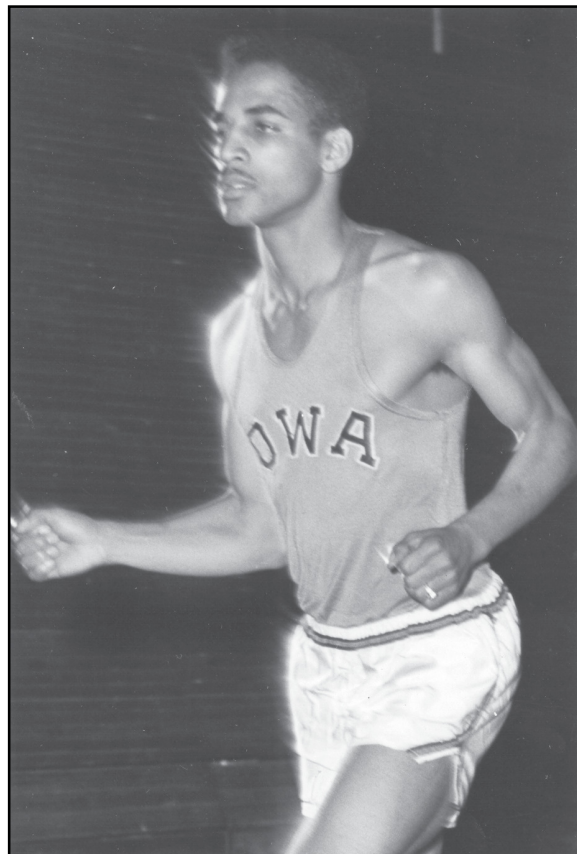


Gunn, Joseph.....1928-29
 Hager, Matt.....1989-91
 Hagerty, Lorin1928
 Haines, Randall.....1966-68
 Hairston, Adam.....2007-11
 Hall, John W.1952
 Hall, Thomas M.1947
 Hamilton, Adam2003-07
 Hammer, Leroy1908-10
 Hammon, Victor1893
 Hampson, J.A.1905
 Hancock, John1923-25
 Handorf, Everett1930-32
 Hands, Sidney G.....1903-05
 Handy, Elvin1924-25
 Hanley, C.P.1899-1900
 Hanlon, Thomas1908
 Hansell, WW.....1912
 Hansen, Robert H.1958, 1960
 Hansen, William1975-78
 Hanson, Daniel1960
 Hanson, John1912
 Harkness, Merrill1937-39
 Harper, Craig T.1950-51
 Harrington, James2014-16
 Harris, Homer E.1936-37
 Harris, Mar'yea.....2016
 Hart, James O.1930
 Hart, Michael.....2014-15
 Hartman, Frederick.....1957
 Hartmann, H.W.1915-16
 Hartupee, Harry.....1910
 Hartzler, Jeffrey.....1974-76, 1978
 Hass, Edward1935
 Haugo, Thomas.....1969
 Haut, Dan2004-06
 Hawkins, Reggie1997
 Hazard, A.M.1906-08
 Hazard, Charles.....1908
 Hazard, P.L.1910
 Heard, Bernard.....1989-91
 Heck, Thomas G.....1972
 Hempel, Stephen.....1970-71
 Henard Jr, Robert.....1951-53
 Hendricks, John1968
 Henry, Armando1975
 Henry, Russell1933-34
 Herd, Kevin J.1990, 1993-94
 Hermeier, Raymond.....1959
 Herron, Jeffery.....2010-12
 Hertzberg, Thomas1960, 1962
 Hesseltine, Glen.....1952, 1954
 Hexum, Richard1970-71, 1973
 Hickey, John2006-09
 Hill, Jack.....1958-60
 Hill, Joel1919, 1921
 Hill, John V.1958-60
 Hindt, William.....1915
 Hines, Hugh1957-58
 Hlavin, James.....1978

Hlavin, Peter1977-80
 Hobbs, Samuel.....1897-98
 Hoerner, Lester1943, 1947
 Hoffner, Edgar.....1920-22
 Hoffman, Gary D.....1974
 Holbrook, Frank.....1896-97
 Holliday, Herman1918
 Hollingsworth, Gary.....1962-64
 Holloway, Warren2003-04
 Holmes, Barry.....1987-88
 Holmes, Ethan2010-13
 Holmes, Nick.....2010, 2012-13
 Holtkamp, Mark.....1995-96
 Hoskinson, Calvin1932-33
 Hotz, William.....1908

Howell, Lloyd1899-1900
 Hoyt, Lyman.....1923-24
 Hubbard, Clarence.....1930
 Hudek, Scott.....1993, 1996
 Huff, Daniel.....2015
 Hull, Elmer C.1900-01
 Hull, Gabe.....2012-14
 Hunn, Leonard1926-28
 Hunter, John1944-46
 Huntrods, Clint2005-06
 Hutton, Clyde.....1932
 Hutsalyuk, Pavlo2016
 Hyde, Thomas.....1959-61
 Hyland, Mark1908-1910
 Ingram, David1957

Isaacs, Omar2003-05
 Jackson III, Harvey1982
 Jackson, Miles.....1932
 Jacobson, Gary1983-84
 Jaeger, Charles1970-72
 Jans, John1910, 1912
 Jatis, Andy.....2016
 Jaqua, Franklin.....1920, 1922
 Jeffers, Clyde.....1904
 Jennett, Clair.....1948-50
 Jennings, Craig.....2009
 Jensen, Andy1977-80
 Jensen, Chris.....2004
 Jensen, James1973-76
 Jerrel, Burton.....1928
 Joens, Doug1989-91
 Joens, Jason.....1990-91, 1993
 Joens, Sam.....2014-16
 Joens, Scott.....1985-87
 Johnson, Craig1971, 1974
 Johnson, Isaiah1945-46, 1948
 Johnstone, Alexander1923
 Jones, Charles.....1957-58
 Jones, Charlie1978-81
 Jones, Doug1985-88
 Jones, Paul.....1987-90
 Jones, Paul G.1923-25
 Jones, Thomas1968
 Jordan, Ryan2005-08
 Joslyn, A.A.1911-12
 Justin, Raymond1918-20
 Kadlec, Chase.....2009-10, 2012
 Katt, Kale.....2005-07
 Keder, Lloyd1922-24
 Keatinge, Murray1955-56
 Keller II, Clyne.....1966-67
 Keller, Keith.....1948
 Kelley, John.....1966-67
 Kelly, John1930
 Kelly, Ryan.....2007-09
 Kelso, Tom1979, 1981
 Kemeny, Ken2001-02, 2004-05
 Kent, Jeff2005-07
 Kepler, Richard.....1895-96
 Keppler, Karl1922
 Kerr, Roger.....1961-63
 Kettlewell, Irvin.....1903
 Killinger, Louis.....1918
 Kitch, Paul.....1955-56
 Kitt, Roland1967-69
 Klewin, Harold1932
 Klindt, Fred1923-25
 Knoedel, Andy1979-80
 Knoedel, William1973-76
 Knutson, Thomas.....1965-67
 Kohl, Alvin.....1909
 Kohl, Dennis R.1964-66
 Kohl, Gerald.....1924
 Kolb, John C.1963
 Koon, Doug.....1990

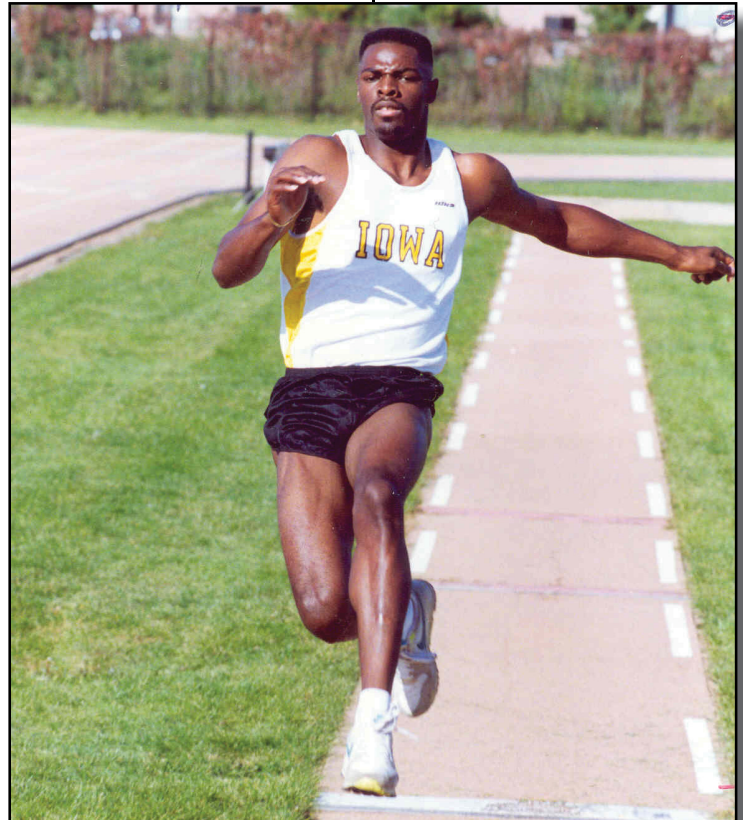


Deacon Jones was a two-time NCAA champion, two-time All-American and seven-time Big Ten champion for the Hawkeyes (1954-58). He won Iowa's first and only individual cross country national title in 1955, becoming the first African-American and sophomore national cross country champion in history. The seven-time Big Ten champion also won the national two-mile track title in 1957. During the 1957 track season, Jones was unbeaten in the college mile and two mile. He set Big Ten indoor and outdoor records in the one and two mile races, and still holds the school record in the 3,000-meter steeplechase (8:47.40). He was a two-time Olympian, running the 3,000-meter steeplechase at the 1956 games in Melbourne, Australia, and the 1960 games in Rome. Jones was inducted in to the University of Iowa Varsity Club Hall of Fame as a member of the charter class in 1989.



Men's All-Time Letterwinners

| | | | |
|-----------------------------------|------------------------------------|-------------------------------------|-------------------------------|
| Korb, Tom1981-83 | Maine, Ernest1896 | Mercer, Nick1997 | Moore, George J.1945 |
| Kostlan, F L1919-20 | Mallett, Aaron2014-16 | Merkel, John E.1950 | Moore, Tom W.1932-34 |
| Kostrubala, Gary1983-86 | Mankivsky, Mark2008-10 | Merkel, Russell1948-50 | Morch, Herbert O.1953 |
| Kostrubala, Mark1989-90 | Mann, Ray1926-28 | Merrell, T. Eugene1969 | Morford, J.1908 |
| Kouba, Lumir J.1933 | Mann, William1925 | Messer, Kenneth1965 | Morris, Andre1995-96 |
| Krakow, Alfred C.1914 | Marasco, Frank1918 | Meyer, Mark C.1968-69 | Morris, Andrew1997-00 |
| Kramer, Larry1962-64 | Marbach, Mike2011 | Meyering, Albert1951 | Morrissey, Steve1990-92 |
| Kreamer, Robert1962-63 | Marchese, Brian2009 | Meyers, Avery2014-16 | Morrow, Harry1922-24 |
| Kriz, Leo1923-24 | Marchi, Bruno G.1925 | Meyers, C.C.1907 | Mortimore, M.E.1914 |
| Kruse, Arthur G.1919-20 | Marrota, Mike1997-98 | Meyers, Harry C.1908 | Mortimore, Roy H.1916 |
| Kuczwarra, Nick.2010-12 | Marquis, Fred1926, 28 | Meyers, Joseph H.1898 | Morton, Raymond A.1900 |
| Kuhl, Milton B.1941-42 | Marschall, John1923-25 | Milani, James G.1952 | Moschella, Mike1991 |
| Kuhlman, Dan2009-11 | Marsh, Richard1973 | Milder, Max2005-08 | Mosley, Dennis E.1980 |
| Kunkel, Adam.2001 | Marske, Herbert1959 | Miller, D.G.1903-04 | Moulton, Graham1934 |
| Kunz, Craig1986 | Martin, Thomas E.1914-1916 | Miller, Henry G.1930 | Nelson, Donald F.1935 |
| Labond, Curtis1967-68 | Maske, Norman1963 | Miller, Pat1983-86 | Nelson, Emerson1926-28 |
| Lacy, Mike1981, 1983-85 | Massey, Wayne1930-32 | Miller, Robert E.1907-08 | Moulton, Jack A.1928-30 |
| Ladick, Gary1975 | Mather, Anders V.1913 | Mincy, Tevin-Cee.2011-14 | Mullen, James C.1926 |
| Lake, Royd1974-78 | Mathis, Louis1951 | Mitchell, Robert.1928 | Mullen, Jordan.2010-13 |
| Lamar, David1982, 1984 | Mathews, John1955-57 | Mockmore, Charles1918-20 | Munson, Harry C.1923 |
| Lamb, Laird1936-38 | Mathies, Elgar C.1931 | Moeller, Joel D.1976-78 | Murchison, Ira J.1952 |
| Lambert, Joe1922, 1924 | Matteson, Orval1936 | Moeller, Sean.1998-99, 2001-02 | Myers, F.M.1910 |
| Lamparek, Ryan2009-12 | Matthews, Alvin.1970-73 | Moenck, Heath2008 | Myler, Melvin W.1904-05 |
| Lansing, Kenneth1987-89 | Mathis, Louis B.1951 | Mondane, Michael1966-68 | Napier, Andy2007-09 |
| Lapp, Vernon1926-28 | Matteson, Orval.1936 | Moore, Edward M.1951 | Neal, Fred W.1891-1893 |
| Larrison, Noah2016 | Matthews, Alvin.1970-73 | | |
| Larney, Josh2012-13 | Matthey, Carl1919-20 | | |
| Larsen, David1969-70 | Mau, Cecil T.1926-27 | | |
| Latham, Raymond W.1934-36 | Mau, Charles1934-35 | | |
| Lawson, Robert1975-76 | Mawe, William1960-62 | | |
| Wayne, Michael1997-99 | Maybank, Anthuan .1990-91, 1993 | | |
| Leahy, Philip W.1954-56 | McCalister, William.1977-80 | | |
| Leazer, Richard.1961-62 | McCammon, John.1929 | | |
| Leick, Tony2000, 2002-04 | McClanahan, Richard.1947 | | |
| Leonard, Larry1964-65 | McCluskey, Henry L.1893 | | |
| Leonard, Harold.1986 | McCollister, Edwin1938-39 | | |
| Lester, H.S.1893-95 | McCorkle, Brad1990 | | |
| Leuz, William1939-40 | McCoy, B.E.1904 | | |
| Levinson, Stanley.1952-54 | McCoy, Ricky.1982, 1984-85 | | |
| Lewis, Kevin2012-15 | McCoy, Ronnie.1982-85 | | |
| Leytze, Rudolph1934 | McDermott, Eric2002 | | |
| Lilly, Carter2015-16 | McDonald, Elliot1949 | | |
| Linden, Davis2005-06 | McDonald, John1958 | | |
| Lindenmeyer, Frederick1938 | McDowell, Bruce E.1918 | | |
| Lindenmeyer, John1936 | McDowell, Mike.1977-78 | | |
| Linnan, Luke.1916 | McDowell, Pete1993-94 | | |
| Lloyd, Ben2003-04 | McElhiney, Sam2015 | | |
| Loechel, Thomas.1972-73 | McElhinney, William1936 | | |
| Long, Rob.2004 | McGhee, Patrick1986, 1988-89 | | |
| Louis, Jonathan.1897-99 | McGilmer, Ben1966 | | |
| Loureiro, Marco1994, 1996 | McIntire, G.S.1921 | | |
| Luciano, Jesse2007-10 | McMahon, Thomas1905-06 | | |
| Lund, Tom1983 | McSkimming, Brandon2008-09 | | |
| Luthans, Fred1960-61 | Meade, Pat1987, 1989 | | |
| Lyle, James.1936-38 | Means, Mike1981 | | |
| Lyle, Ralph1958 | Meder, Lloyd.1922-24 | | |
| MacTaggart, Eric 2005-06, 2008-09 | Meeks, Gary W.1957 | | |
| Mahoney, Edward.1941 | Meggars, Frank H.1898 | | |
| Maiden Jr., Sidney.1944 | Melchert, Michael2015-16 | | |
| Maier, Shane.2004-08 | Menke, Roger1966-68 | | |



Anthuan Maybank is Iowa's most recent Olympic gold medalist, running on the winning 1,600-meter relay at the 1996 Games in Atlanta. He was a four-time All-American and seven-time Big Ten Champion for the Hawkeyes from 1990-93. Maybank was named Big Ten Athlete of the Year in 1993, and still holds school records in the long jump and outdoor 400 meters.



| | | | |
|-------------------------------------|---------------------------------------|---------------------------------------|--|
| Nelson, Carl 1935 | Paul, James 2008--11 | Reynolds, Thomas 2010 | Scott, Gary 1951-53 |
| Nelson, Donald F. 1935 | Paul, Joe 1977, 80 | Rice, Harry H. 1925, 27 | Scott, Kelly 1987-88 |
| Nelson, Emerson 1926-28 | Pedelty, Jay 1969-70 | Rich, Edward G. 1921 | Seiling, Fred O. 1921 |
| Nelson, Murray 1980 | Pennino, Doug 1983-85 | Richards, Gary L. 1962-64 | Sewell, Pat 1979 |
| Nelson, Oscar E. 1930-32 | Peoples, Daniel 2006-07, 2009 | Richards, Patrick 2009-12 | Seymour, Michael 1994 |
| Nelson, Paul H. 1935-36 | Perry, Lawrence 1955-57 | Richardson, D'Juan 2009-12 | Shakoor, Damini 1994-96 |
| Nelson, Robert 1936-37 | Pershing, Steve 1976-78 | Rickels, Keaton 2010-12 | Shaver, Leroy G. 1945 |
| Nelson, Robert E. 1948 | Peterman, Lester 1920-22 | Rieger, Cameron 2012-13 | Sheedy, CC 1919 |
| Nessa, Luke 2001, 2003 | Peters, Chris 1993-97 | Riemcke, CA 1903, 1906-07 | Sheehan, Daniel 1946 |
| Neuman, Scott 1990 | Peterson, Donald 1955-56 | Riley, Prince 2006-07 | Sheldon, Jay A. 1973-76 |
| Neumann, Bill 2001-03, 2005 | Peterson, Joseph 1949 | Riley, Steve 1979 | Sherman, Robert 1962 |
| Newell, Greg 1973 | Peterson, Russell 2000-02, 2004 | Riley, William F. 1905-07 | Shope, Richard E. 1920, 1922-23 |
| Newman, Matt 2010 | Petsche, Jeremy 2006-08 | Ringena, E.J. 1906 | Shrader, E.G. 1913-15 |
| Nichols, E.C. 1886-88 | Phelps, Garry L. 1968-69 | Ristine, Leonard 1920, 1922 | Sidney, Earl W. 1961, 1963 |
| Nie, Bruce 1990 | Phelps, Harold R. 1923-25 | Roberts, Dale A. 1938-39 | Simons, James D. 1908 |
| Nielsen, David W. 1973-75 | Phelps, Lowell D. 1925-27 | Roberts, Fred 1928-30 | Simpson, Jack S. 1947-50 |
| Niver, Ryan 2006-08 | Phillips, Van L. 1935-36 | Roberts, Orthel 1924-26 | Skinner, Eugene 1935-37 |
| Noff, Bruce O. 1954 | Pierre, David 2006-07 | Robinson, Joseph 1973-76 | Skowbo, Stuart W. 1930-31 |
| Noll, Gerhard B. 1921-23 | Pinsker, William A. 1929 | Robinson, Leonard 1894-95 | Slack, Thomas 1976-79 |
| Nolting, Jason 2004-06 | Piper, James P. 1964 | Roche, Adam 2004-06 | Slater, Albert L. 1945 |
| Nordheim, Nick 1998-02 | Piper, Nick J. 1954-56 | Rock, J.J. 1914 | Slater, Frederick 1919-21 |
| Novotny, David 1993-96 | Pirkel, Jeff 1984-86 | Rocker, Sidney 1963-64 | Slaymaker, Kyle 2012-13 |
| Nugent, Leo C. 1917-18 | Pittman, Jared 1995-96, 1998 | Roehl, Marc 1994 | Slingsby, Tim 1989 |
| Nugnis, Walter G. 1932 | Pleskac, Tim 1998-00 | Rolling, Dan 2007-10 | Smith, Alex 1998-99 |
| Oakley, John B. 1956 | Ploen, Rex H. 1946, 48 | Rorick, E.E. 1908 | Smith Jr, Ambrose 1945-46 |
| O'Brien, Willis J. 1910 | Poots, Justin 1999, 2001-02 | Rose, Winston 1993 | Smith, Andrew 2011 |
| O'Conner, Pat 1980-82 | Porter, James 1994 | Rosebaugh, Arthur 1919 | Smith, Caesar 1983-85 |
| O'Hollearn, Matt 2003-06 | Powers Jr, John L. 1916 | Roseman, Garry 1990-93 | Smith, C.W. 1905 |
| Oehlert, Lewis 1923-24 | Prall, Jonathan 1898 | Rosen, Melvin 1950 | Smith, Charles E. 1921-23 |
| Oest, Brandon 2010-13 | Presley, Bruce 1969-71 | Ross, Charles W. 1902-04 | Smith, Darrin 1991, 1993 |
| Oestenstad, Kevin 1997-98 | Prill, Frank 2007-10 | Rothwell, Eric 2000-01, 2003-04 | Smith Jr, Earl H. 1954 |
| Ohly, Chad 1991, 1993-95 | Pristine, Leonard 1920-22 | Rowe, Dewitt 1915 | Smith, Floyd 1910 |
| Okerlin, John 1932 | Price, Brad 1981 | Rozell, Edward 1995-98 | Smith, J. Ty 1920 |
| Oliver, Ronald 1975-78 | Price, Brook 2015-16 | Russell, Fred 2001 | Smith, L.L. 1919 |
| Olson, Dustin 2000 | Price, John 1965 | Rybarczyk, Matt 1990 | Smith, Lamar F. 1935 |
| Olson, Harry 1959 | Prom, Nathan 2011-14 | Ryerson, Karl E. 1940 | Smith, Lowell E. 1918-20 |
| Olson, Marvin L. 1973, 76 | Prudhon, Wayne M. 1918 | Safley, Thomas E. 1968 | Smith, Bob L. 1984-85 |
| O'Neil, Kevin B. 1975, 77 | Pullman, Norman 1942 | Saling, George J. 1929-30, 1932 | Smith, Wardell 1956 |
| Orris, William C. 1958-60 | Purnell, Mark 1975-77 | Salter, Robert 1974-75, 1977 | Smith, William L. 1966 |
| Otte, F. Lowell 1924 | Quarles, Brian 1980 | Sametz, Rob 1980 | Snook, William H. 1950 |
| Oveson, Lynn 1970-72 | Rae, Brian 2003-06 | Sampson, Linwood 1967 | Soltys, Taylor 2015 |
| Owen III, Eugene 1960 | Rakaric, Tony 2003-06 | Sangster, Tom 1948-50 | Soto, Daniel 2016 |
| Owen, James C. 1935 | Ralph, Dan 1998-01 | Sansen, Oliver M. 1931-32 | Sorenson, Alfred 1925 |
| Oxley, John R. 1948 | Randolph, Alvin 1964-66 | Santino, William 1976-78 | Sorenson, Einer 1925-26 |
| Page, Bernard A. 1933-35 | Rauker, James L. 1961 | Sarris, Paul 1997-98, 2001-01 | Sowinski, Erik 2009-12 |
| Page, Floyd 1919 | Raymond, Jeff 2006-08 | Saucer, Jr., Vinnie 2015-16 | Spejcher, Kevin 2013-16 |
| Page, George 1995-97 | Raymond, Monte 1996-98 | Sayon, Zeke 2009-11 | Spencer, William 1942 |
| Paige, Ralph 1918 | Read, Harold 1923 | Scarr, F.M. 1903 | Splan, Zach 2007-10 |
| Palmer, George B. 1953 | Reed, Aaron 2005-08 | Schaapveld, Mark 2006-09 | Stamats, Ralph I. 1928-29 |
| Palumbo, Richard 1988-91 | Reed, F.C. 1910-11 | Schimp, Zachary 2009-10 | Stancombe, Ben 2010-13 |
| Panther, Mark A. 1934-36 | Rehder, Dennis 1959-60 | Schlaser, Verne 1935 | Stanfield, S.E. 1905 |
| Pape, Oran 1929 | Reichelt, W.L. 1912 | Schlauder, Arthur 1940-42 | Stank, Matt 2001 |
| Park, William H. 1891 | Reid, Kyle 2010, 2012-14 | Schlotzhauer, Blake 2006 | Stanley, Arthur 1930 |
| Parker, Guerdon D. 1920-21 | Reid, Morrison 1972-74 | Schmidt, Christi 1934 | Stanowski, Craig 1980 |
| Parker, Louis F. 1916 | Reif, William E. 1961-62 | Schmidt, John W. 1937-38 | Steele, Paul 1986-89 |
| Parker, Mark 1977 | Reimer, Jonathan 1965-67 | Schnoor, Carl F. 1940 | Steele, Stetson 1996-97, 1999-00 |
| Parsons, Charles L. 1913-15 | Remley, Robert G. 1907-08 | Schoof, Steve 1996 | Steffen, Mark 1970-72 |
| Parsons, Harry C. 1903-05 | Renshaw, Fred E. 1906-07 | Schum, Robert L. 1970-72 | Stein, Robert A. 1979 |
| Patrick, Jeff 1983 | Rerko, Rodney 1994-96 | Schwengel, Franklin 1953 | Steinbeck, Kenneth 1942-43 |
| Patterson, Audwin 1991, 93-94 | Reyes, William 1965 | Scwitters, Chad 1996-99 | Steinberg, Albert 1911-12 |



Men's All-Time Letterwinners

Steussy, William.....1970, 1972-73
 Stevens, Jerry L.....1968
 Stevens, Lester.....1954-56
 Stevens, Stephen.....1974
 Stevenson, W.V.....1928-29
 Stoner, Harold E.....1918-19
 Storm, Joel.....2002, 2004
 Story, Raymond E.....1932
 Strang, Ryan.....2003-05
 Streeter, Stanley.....1911-13
 Stross, Trey.....2007-08
 Strozier, D'Juan.....1988-89
 Stubbard, Ira D.....1913
 Stutsman, Issac.....1908-09
 Sumner, M.L.....1913
 Sundberg, Richard.....1969
 Swedberg, Rodger.....1954
 Swenson, William1923-24, 1926
 Swift, CH.....1902-04
 Swisher, Michael.....1973
 Sykes, Leonard L.....1951-52
 Szabo, Steve.....1966-67
 Tabb, Charles L.....1933
 Tate, Tommy.....2007, 2009
 Taylor, Charles.....1917
 Teberg, Dale.....1967-68
 Tefer, John.....1970-72
 Teubel, Will.....2013-16
 Teufel, John C.....1937-39
 Teufel, William.....1937-39
 Theisen, Bill.....1984-86
 Thode, Jeff.....2010-12
 Thomas, Adam.....1999-01, 2003
 Thomas, Arthur W.....1929
 Thomas, Brian.....1991
 Thomas, David.....1925-27
 Thomas, John W.....1961-62
 Thomas, Pat.....1973
 Thompson, Brendan.....2014-16
 Thompson, Dale C.....1965-66
 Thorpe, Walter R.....1945
 Thurston, Larue.....1930-32
 Tiernan, Stephen.....1965
 Todd, Walter C.....1941
 Trainor, Dan.....2002, 2004
 Traphagen, Stephen.....2004
 Trimble, Ralph.....1961-63
 Triplett, Orle F.....1916
 Trott, Emil G.....1932
 Troughton, Edward.....1965
 Trowers, Dion.....1995-98
 Tucker, James.....1960-62
 Tullett, Jonathan.....1994-95
 Tupper, Richard.....1949
 Turner, Byron M.....1929
 Turner, Damion.....1998
 Tuufuli, Reno.....2016
 Tweedy, Josh.....2003-05
 Tyler, Samuel.....1913-14
 Ure, Samuel R.....1892-93

Utsinger, Donald A.....1967-69
 Valdes, Graham.....2008-12
 Valentine, Dennis.....1961
 Vana, Rudolph.....1928
 VanCleave, Kaleb.....2012-15
 VanDenend, Micah.....2006-08
 Van Der Westhuizen, Arno 1999-01
 Van Dyke, Gardner.....1955-57
 Van Ness, J. Everett.....1924
 Van Oosterhout, Peter.....1892
 Varner, Ray.....2007-10
 Ventura, Scott.....1986
 Ventura, Scott.....1987-88
 Vollenweider, Henry.....1940-42
 Voller, Chris.....2002-05
 Vonahsen, Virgil.....1951
 Waddelow, Dan.....1978
 Wahl, Ernest F.....1918-19
 Wallace, Thomas.....1971
 Wallen, Allen.....1916, 1919-20
 Walter, Todd.....1941
 Wakenight, Jason.....2004, 2006
 Waples, Eliot O.....1936-37
 Waples, Robert S.....1938
 Warner, Joseph S.....1898-1900
 Warren, John R.....1958-60
 Warrington, John.....1931
 Washington, Richard 1946, 1948
 Waters, Danny.....1983, 1985-86
 Waymire, Pat.....1991
 Webb, Cloyd W.....1961-63
 Webster, Alex.....2006
 Weik, John.....1948, 1950-51
 Weiland, F.H.....1900, 1902
 Weinrich, AF.....1903
 Weir, Ryan.....2012-13
 Weldon, LD.....1930-31
 Wellington, Rodney.....1973-75
 Welter, Joe.....2000-03
 Wertman, Phil.....1969-71
 Wheeler, Ted.....1952-53, 1956
 Weldon, L.D.....1930-31
 Wellington, Rodney.....1973-75
 Wertman, Philip.....1969-71
 Wheeler, Kyle.....2012
 Wheeler, Ted S.....1952-53, 56
 White, David.....1990-91
 White, George H.....1956, 1958
 White, Roy A.....1908
 Whitworth, Rex H.....1944
 Wickey, Howard.....1931
 Wiczorek, Larry.....1966-68
 Wiese, Andy.....1984-87
 Wiggins, Edward.....1938-39
 Wigginton, Todd.....1984-86
 Wilcox, Francis.....1928, 1930
 Wilcox, Kenneth.....1934
 Caleb Wilfong.....2013
 Wilkerson, Edward.....1942
 Wilkinson, Herbert.....1945-46

Wilkinson, John.....1967
 Willer, James F.....1930-31
 Willet, F.E.....1905
 Willey, Steven.....2008-11
 Williams, Chris.....1980-83
 Williams, Earl H.....1926
 Williams, Fred A.....1896, 1898-99
 Williams, Jerry.....1960-62
 Williams, John S.....1972-73
 Williams, Joseph.....1894
 Williams, Kenny.....1983-86
 Williams, Samuel.....1900-02
 Williamson, Scott.....2000-02
 Wilmoth, Charles.....1928
 Wilson, Arlo.....1910-11
 Wilson, Brice.....2008-09
 Wilson, Dennis B.....1973
 Wilson, Eric C.....1921-23
 Wilson Jr, Eric C.....1946, 1948
 Wilson, James L.....1939-40
 Wilson, James P.....1955
 Wilson, L.A.....1899-1901
 Wilson, Lawrence.....1968-70
 Wilson, O'Shea.....2014
 Windauer, Bobby.....2007, 2009
 Wise, Kevin.....2001
 Wisgerhof, Max V.....1934-35
 Witt, Ben.....2012-15
 Wolf, Irvin.....1941-42

Wolfe, Daniel A.....1965-67
 Wolff, Mitch.....2014-16
 Wood, David.....1990
 Wood, Richard R.....1958
 Workhoven, Harry.....1929
 Workman, Robert.....1942
 Wright, George E.....1953
 Wright, John.....1986
 Wyatt, Bernard T.....1961
 Wyland, Guido.....1917
 Yamini, Bashir.....1996-99
 Yavorsky, G.W.....1902-03
 Young, D.R.....1918
 Young, H.E.....1903-05
 Young, James V.....1956-58
 Young, Nick.....2010
 Young, Richard D.....1918
 Youngerman, Wesley.....1930-32
 Zell, Edward H.....1922-23
 Zittnan, David D.....1975, 78
 Zona, Alex.....2007-10



Erik Sowinski is the most decorated 800-meter runner in school history. He is a seven-time All-American, and the 2012 Big Ten Indoor 800-meter champion. He currently holds school records in the indoor and outdoor 800 meters, and ran on the school record-setting 3,200 meter and sprint medley relays.



| | | | |
|-----------------------------------|-----------------------------------|----------------------------------|----------------------------------|
| Abel, Maureen.....1978-80 | Burris, Anne.....1979 | Doak, Nan.....1981-85 | Fritz, Courtney.....2011-14 |
| Abel, Sara.....1981 | Butler, Katie.....1999-2001 | Dobrowolski, Anne.....1982-86 | Galbraith, Sheila.....1992-93 |
| Adam, Carol.....1984 | Buysse, Kathy.....1986 | Docherty, Beverly.....1977-80 | Gallery, Julie.....1998, 2000-02 |
| Adams, Janet.....1981-84 | Bynoe, Stacey-Leigh.....1996-99 | Docherty, Jennie.....2006, 2009 | Gantz, Ellen.....1997-99 |
| Adams, Kristen.....1986-88 | Calhoun, Brenda.....1984 | Donlon, Katie.....2002-05 | Garmanian, Debbie.....1977 |
| Adams-Brown, Lacey.....2001 | Camarigg, Denise.....1981 | Doyle, Renee.....1986-89 | Gattone, Allison.....2013-16 |
| Albert, Janet.....1984-87 | Campbell, Laura.....NA | Drapcho, Rosemary.....1978-81 | Gaupp, Colleen.....1978-81 |
| Alexander, Kineke.....2005-08 | Capista, Jenni.....2002, 2005 | Dresselhaus, Ann.....1978-80 | Giampapa, Michelle.....1986 |
| Alexia, Adrienne.....2011-15 | Carr, Lori.....1986 | Drewry, Allison.....1995-96 | Gilbaugh, Laura.....1983 |
| Almquist, Heidi.....NA | Casey, Joyce.....NA | Drulis, Julie.....1997-98 | Gilchrist, Alienor.....1997 |
| Althoff, Martha.....NA | Cervin, Judith.....1980 | Duhaney, Dahlia.....1989 | Gillespie, Kathy.....1982-85 |
| Ambrose, Suzanne.....1982-83 | Chadwick, Angela.....1989-92 | Dunlevy, Jane.....1977 | Gilson, Jennifer.....2002 |
| Amenda, Barbara.....1979 | Champe, Sheridan.....2015-16 | Dunlop, Amy.....1977-79 | Gnage, Lynn.....1983 |
| Anderson, Blair.....2002 | Chandler, Heaven.....2016 | Egan, Bridgette.....1991-93 | Goettsch, Shelley.....1988 |
| Anderson, Debra.....NA | Chandler, Mandy....2006-07, 2009 | Eilers, Brooke.....2009, 2011-13 | Gooch, Susan.....1977 |
| Anderson, Krista.....2006-08 | Chapman, Carrie.....1977-78 | Elbert, Jenni.....2005-06 | Goodell, Dakotah.....2013-16 |
| Anderson, Lindsey.....2009 | Chapman, Taylor.....2016 | Emmons, Diane.....1979-80 | Gorman, Keelin.....2011-12 |
| Andrews, Amy.....1983 | Chapple, Nikki.....2004-06 | Ellis, Cassidy.....2014-15 | Graber, Kim.....1976-78 |
| Andrews, Karen.....1978-80 | Charles, Nicole.....2001-03 | Ellis, Katie.....2008-09 | Graham, Kara-Aretha.....2007-10 |
| Anton, Christen.....NA | Chatterson, Joyce.....1979 | Erickson, Nicole.....2009-12 | Granger, Ashley.....2005-06 |
| Arens, Sarah.....2000-04 | Cevalleau, Karen.....1989 | Esche, Molly.....2005-08 | Grant, Ellen.....1994-97 |
| Armstrong, Meghan.....2005-08 | Childs, Kacey.....1998-2001 | Fabian, Cynthia.....1981-82 | Griffin, Maggie.....1997-00 |
| Bacchus, Caleigh.....2007-10 | Chow, Sophia.....2001-03 | Fallon, Fionna.....2009-10 | Griffin, Sara.....1986-89 |
| Bain, Robin.....1985 | Choynacki, Gretchen.....1983 | Farley, Karessa.....2008-10 | Gripp, Sue.....1978 |
| Barber, Atalie.....2001-04 | Christensen, Mari.....1983 | Feltes, Teresa.....1977-78 | Gritters, Stephanie.....1982-84 |
| Bare, Wendy.....1987 | Clapperton, Gaye.....1978-79 | Fisher, Niki.....1996 | Guillory, Briana.....2016 |
| Barnes, Holly.....1992-93 | Clarke, Megan.....2007 | Fishwald, Karen.....1981 | Gulvas, Ashlyn.....2011-13 |
| Beck, Mandy.....1999-2002 | Clarke, Coretta.....1995, 1999 | Fleck, Shawn.....1995-96 | Guster, Elexis.....2014-16 |
| Bennett, Stephanie.....1983, 1985 | Claussen, Traci.....1986-89 | Flood, Betsy.....2009-12 | Haefke, Kristen.....1997-98 |
| Benning, Briana.....1994-97 | Colbert, Leah.....2015-16 | Floyd, Ida "Tina".....1991-95 | Haggerty, Laura.....1985-86 |
| Benson, Nicole.....2013 | Cole, Wynsome.....1994-98 | Flynn, Anne.....1982-85 | Haight, Micaela.....2011 |
| Bentler, Catherine.....1990-92 | Colegrove, Erica.....NA | Flynn, Erin.....1978-82 | Hall, Maggie.....1998-99 |
| Bergman, Julie.....1985 | Coleman, Becky.....1994-97 | Fouché, Jessica.....2003 | Hamilton, Jana.....1979-80 |
| Berndt, Danielle.....2009-12 | Combs, Anne.....1982 | Franklin, Becca.....2005-07 | Hardesty, Amanda.....2008-11 |
| Betz, Anne.....NA | Connelly, Michelle.....1978 | Fraser, Melissa.....1995-97 | Hardesty, Lauren.....2008-11 |
| Betz, Michelle.....1983 | Cook, Margaret.....NA | Freed, Jill.....1988-89 | Harris, Susan.....NA |
| Billman, Angela.....1992-93 | Cooper, Susan.....1977-78 | Freund, Kay.....1978-81 | Hart, Kelsey.....2011, 2013 |
| Blackstone, Kerri.....1996-99 | Corcoran, Kelly.....NA | Friedlander, Laura.....1985-86 | Harold, Lydia.....2016 |
| Blossfeld, Suzanne.....1978-79 | Costello, Beth.....1980 | | |
| Blum, Virginia.....NA | Crossett, Lisa.....1983-87 | | |
| Boatright, Lakeya.....1998-99 | Cullinan, Eve.....2001-03 | | |
| Boddicker, Bev.....1978-80 | Curry, Rachel.....2010-14 | | |
| Boland, Erin.....1992-95 | Dahl, Tracy.....1990-94 | | |
| Borg, Becki.....1987-89 | Damron, Leatha.....1985 | | |
| Bote Gonzalez, Marta.....2015 | Daniel, Megan.....1993-94 | | |
| Bouska, Any.....1989-92 | Dankof, Sarah.....2002 | | |
| Bradley, Cheryl.....1982 | Darland, Sheila.....1994-95 | | |
| Brandt, Jan.....NA | Davenport, Chris.....1981-83 | | |
| Bray, Emily.....NA | Davis, Diane.....1983 | | |
| Breen, Kelly.....2015 | Davis, Eileen.....1978-79 | | |
| Brennen, Catherine.....1981 | Davis, Lynne.....1983-86 | | |
| Brooks, Marta.....1979-80 | Davis, Stephanie.....1988 | | |
| Broomfield, Erica.....1998 | Davis, Vickie.....1986 | | |
| Brower, Jennifer.....1989-92 | Deldin, Patricia.....1982 | | |
| Brown, Brittany.....2014-15 | Deluca, Sarah C. Abel.....1979-81 | | |
| Brown, Leslie.....1989 | Dickerson, Cristy.....1981-82 | | |
| Brown, Nicole.....1995-97 | Dinkla, Kristi.....1985-86 | | |
| Burgett, Sarah.....2004-07 | Dixon, Pamela.....1978 | | |
| Burke, Jolly.....2007-09 | Dixon, Tamara.....2001-02 | | |
| Burnham, Vicki.....1978 | Dlhy, Brittany.....2009-12 | | |



Peaches Roach was a four-time All-American and five-time Big Ten Champion in the high jump (2004-07). She is the only Hawkeye to win five Big Ten titles in one event.



Women's All-Time Letterwinners

Hassin, Kathryn..... 1977
 Hawes, Michelle 1984-86
 Hawks, Rachel 2009
 Hawkins, Senta 1985-88
 Hayden, Jenny 1982-83
 Healy, Patty 1982
 Heath, Maureen 1977-80
 Hedlund, Laurie 1977-78
 Hendricks, Tiffany 2008-11
 Henize, Sarah 2008
 Hensel, Angie 2004-05
 Hentges, Leah 1999-2000
 Heppner, Molly 1983
 Hernandez, Alexis 2014,16
 Herra, Lindsay 2014-16
 Herrmann, Katie 2003-04
 Hershberger, Jodi..... 1981-83, 1985
 Hill, Shelley NA
 Hinz, Kara 2000-01
 Hoback, Katie 2002
 Hobbs, Yolanda 1991-95
 Hochhalter, Kayla 2015
 Hoehle, Zanetta 1978-81
 Hoeman, Cari 1998-99

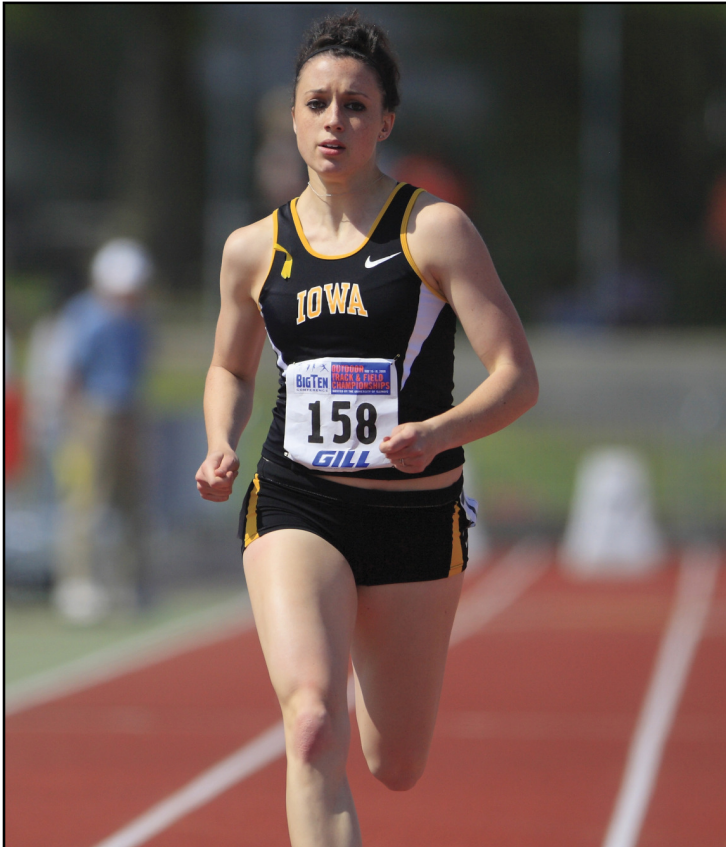
Holder, MonTayla 2013-16
 Holly, Karen 1981-83
 Holmes, Christa 1990-92
 Holst, Brittany 2013
 Holst, Mindy 1991-92
 Hornof, Debbie 1981-82
 Hoskins, Tami 1988-92
 Hosmer, Rachel 1990-92
 Houmiel, Tami 1988-91
 Houtz, Janna 1983-84
 Hovorka, Julia NA
 Huber, Keely 2002-03
 Hull, Sherri 1983, 1985-87
 Hume, Aisha 2001-05
 Hunt, Alexa 2014
 Hyde, Leslie NA
 Hynes, Mary 1977
 Jackson, Jennifer 1983
 Jackson, Kathy 1982-83
 Jackson, Staci 1989
 Jacobsen, Julie 1977
 James, Aisha 2003
 Jaspers, Janelle 1986-89
 Joens, Angela NA

Joens, Sara 1986-89
 Johns, Jennifer NA
 Johnson, Jeanne 1979
 Johnson, Jennifer 1991-94
 Johnson, Nichole 1991-93
 Johnson, Tiffany 2004-07
 Jones, Aditya 2005-07
 Jones, Alana 2015
 Jones, Elaine 1982-85
 Jones, Erin 2011-12
 Jones, Patricia 1989-91
 Jones, Peggy 1978
 Jordan, Mariah 2010
 Kasparbauer, Amy 2001
 Kaufman, Dominique 1995
 Kaza, Rebecca 1995-99
 Kerr, Tammilee 2005-08
 Kiciak, Jennifer 1996-97
 Kilmer, Margaret NA
 Kintzel, Denise 1977-78
 Kiraly, Tricia 1986-89
 Kirgis, Lori 1980
 Kleinfelter, Natalie 1993-94
 Knight, Kristin 2001-03
 Knoblauch, Mary 1981
 Knox, Nancy 1977
 Koch, Suzanne 1982-83
 Kotarba, Christine 2004-05
 Krekeler, Rebecca Ann 1978-79
 Kreiner, Laura 1989-92
 Kruckenberg, Jeanne 1987-90
 Kruck, Kim 1993-95
 Kruse, Renee 1986-89
 Kubitz, Christine 1996-97, 1999
 Kull, Carolyn 1978-79
 Kull, Marcia 1977-78
 Kwaza, Lake 2013-16
 Labs, Kelsey 2011
 Laesch, Jackie 2010, 2012
 Lahann, Michelle 2000-04
 Lambrecht, Carol 1977-78
 Laney, Jordan 2004-05, 2007
 Larson, Erica 1978
 Layne, Karen 1989-92
 Leacock, Carissa 2011-14
 Lessard, Megan 2010
 Levang, Margo 1998
 Leydens, Connie 1980
 Linner, Michelle 1979-80
 Lisy, Jennifer 1992-93
 Liverpool, Ashley 2011-12
 Lund, Yvonne Irene 1979-80
 Lundquist, Lisa 1978
 Lynberg, Michele 1977-78
 Maks, Stephanie 1982-84
 Marchand, Racheal 2005-09
 Marconi, Janelle 1987-89
 Marks, Tricia 1986-89
 Marshall, Kamesha 2003-05
 Marshall, Sue 1978

Martin, Courtney 2014-15
 Mashek, Lori 1980-81
 Maser, Shannon 2014-15
 Mason, Jacolyn 1984
 Matsunaga, Stephanie 1996
 Mattingly, Marianne 1978-80
 Maurer, Megan 1995-98
 McCalla, Lindsey 2004-06
 McClure, Michaela 1998
 McDougall, Elizabeth 1989
 McDowell, Tina 1991-94
 McGarrahan, Kimberly 1987-88
 McGuire, Margaret 1989
 McGuire, Michelle 1983
 McKenzie, Vivien 1983-86
 McManus, Maureen 1980
 McMillan, Lynn 1986-88
 McRel, Amy 1989-93
 Medenwaldt, Tiffany 2010
 Melander, McKenzie 2009-12
 Menson, Angela 1982
 Merry, Ashley 2005
 Mettelmann, Perriann 1979
 Mikkelsen, Peggy 1980
 Millange, Michele 1976-77
 Miller, Missy 2010
 Miller, Zinnia 2011-14
 Millward, Georgia 2001-05
 Mims, Kelsey 2009-11
 Mims, Monica 2005-08
 Mims, Susan 1977-80
 Mitchell, Elizabeth 1978-79
 Moats, Lisa 1986-87
 Mol, Mary 1982-85
 Molony, Terry NA
 Moon, Jennifer 2000
 Moore, Jackie 1984
 Moore, Jennifer 1987-89
 Moore, Jennifer S. 1991-93
 Moore, Raven 2010, 2012
 Moreno, Susan 1977-79
 Mugge, Jill 1978
 Mumford, Suzanne 1983-84
 Murphy, Amy 1999-00
 Murray, Sara 1993
 Neighbors, Jill 1983
 Nelson, Kaitlyn 2013-16
 Nelson, Major Sue 1977-78
 Newbrough, Haley 1997
 Newhouse, Carolyn 2014-16
 Newman, Ronda 1977
 Nukuri, Diane 2007-08
 O'Brien, Penny 1981, 1983-85
 O'Hern, Erin 2005-06, 2008
 Oladele-Ajose, Tayo 2013-14
 O'Leary, Jeann 1976-79
 O'Neil, Erin 1981-82
 Orr, Davera 1984-87
 Oti, Helen 1993
 Owens, Maria 1999



Diane Nukuri (2006-07) was a three-time All-American, two-time NCAA Midwest Region Cross Country Champion and Female Athlete of the Year and the 2008 University of Iowa Female Athlete of the Year. She set school records in eight events, and holds the Ashton Course marks in the 3,000 and 4,000 meters. She won the 2007 Big Ten cross country title, earning Big Ten Women's Cross Country Athlete of the Year honors. She also won the 2007 Drake Relays 5,000 meters. A 2007 Honda Sports Award finalist, she received the 2008 Wilma Rudolph award.



Bethany Praska was a two-time All-American and three-time Big Ten champion in 2011. She was a three-time academic All-Big Ten honoree (2009-11) for the Hawkeyes.

| | |
|------------------------------------|-----------------------------------|
| Pare, Anne 1996 | Ranegar, Megan.....2010-13 |
| Parker, Judy.....1981-82 | Redfern, Alana.....2002-03 |
| Parmiter, Catherine 2000 | Redies, Shelly.....1984-86 |
| Parsons, Jodi.....1991-94 | Reid, Tanja1994-95 |
| Paterno, Janey 1977 | Rehn, Katherin 2011 |
| Pauling, Kiersten.....1994-96 | Reischmann, Anne.....2015 |
| Pearson, Laura 2005 | Renning, Shani.....1990, 1992-94 |
| Pedersen, Tiff.....2002-05 | Reynolds, Roxanne 1988 |
| Perkins, Tiffany 2002 | Richardson, Holly.....1977 |
| Perry, Sarah Spencer.....2009 | Riedl, Carrie 1978 |
| Peterson, Jodi1989-93 | Rimpson, Michelle.....1986 |
| Peth, Maria.....NA | Roach, Peaches.....2004-07 |
| Philip, Maria 1996 | Roberts, Ericka.....2000-03 |
| Pisha, Stephanie 1978 | Roberts, Rachelle.....1987-89 |
| Placzek, Lena 2011 | Roberts-Lewis, JaylInn 2016 |
| Poncè, Sophia2007-10 | Roeder, Hannah.....2008-11 |
| Poole, Marlene 1991, 1993-95 | Roehl, Becky1994-97 |
| Powell, Beverly1988-89 | Romic, Kimberly1987-88 |
| Powers, Mary.....1983 | Rouw, Madison2014-16 |
| Praska, Bethany2008-11 | Rozycki, Laurie 1996 |
| Prendergast, Colleen1997-99, 2001 | Ruden, Lindsey 1994 |
| Price, Rachel.....2013-14 | Ruen, Paula.....1996-99 |
| Providence, Jiselle2001-03 | Ruffcorn, Ann.....1999-2000 |
| Quigley, Kristina.....1999-2000 | Russo, Diane1979-82 |
| Quinn, Kelsey.....2012 | Ryan, Sarah.....2012-14 |
| Radakovich, Bobby1992-94 | Ryken, Karen.....1977 |
| Raheem, Ruqayya.....1996-99 | Salazar, Nina1986-88 |

| | |
|------------------------------------|----------------------------------|
| Salsberry, Christine.....1991-93 | Taylor, Kelsey 2011 |
| Sas, Kathryn.....1983 | Teague, Kimberly NA |
| Sasseen, Dee1986 | Tessmer, Nancy.....1989-92 |
| Sasseen, D'an.....NA | Thomas, Jahisha2015-16 |
| Sather, Mari.....1983 | Thompson, Becca2000-03 |
| Scheibel, Jill1996-99 | Thurber, Anne.....NA |
| Schlueter, Janna.....1983-84 | Tillman, Catherine NA |
| Schmidt, Jessica.....2005-08 | Todd, Jocelyn 2013, 2015 |
| Schmidt, Kristi.....2000 | Todd, Stephanie.....1977-80 |
| Schneckloth, Kim1987-89 | Tremmel, Laura.....1983 |
| Schneider, Ann.....1980 | Tripp, Shawna1990-92 |
| Schoborg, Mickey1984-86 | Trost, Katharina 2014-15 |
| Schoonover, Jennifer 1994 | Truedson, Katie.....2010, 2013 |
| Schrulle, Mareike.....2013 | Trusty, Rhonda-Kaye2007-10 |
| Scott, Lauren.....2013 | Tully, Penny.....1981-84 |
| Sears, Laura1984-87 | Tutson, Majesty2010-12 |
| See, Maribeth1983-86 | Tweto, Marjorie1996 |
| Selsor, Kristin1982-85 | Tyson, Adrienne.....1998 |
| Shannon, Gina1998-2001 | Underwood, Tara.....1995-98 |
| Shearer, Anna1999 | Van Der Hart, Sheri.....1990-93 |
| Sheeley, Erin2005 | Vandersteen, Laura.....1983 |
| Sheetz, Terri.....1977 | Vandervoort, Martha.....1991-94 |
| Simon, Clara1981 | VanSteenwyk, Lisa1989-93 |
| Simonson, Hannah2011-12 | Vaughan, Jennifer1983 |
| Simpson, Alycia.....1986-89 | Vesely, Trisha1988-89 |
| Simpson, Jasmine2011-14 | Villhauer, Holly1976-78 |
| Sims, Sharon1977-78 | Vinton, Kimberly.....1992-93 |
| Slocum, Wendy.....NA | Vitense, Mandi1997-99 |
| Smith, Annemie2012-15 | VonMuenster, Shannon2002 |
| Smith, Gail1982-85 | Voss, Jamie1992-93 |
| Snow, Kathy1986-87 | Watters, Kristen1986-89 |
| Snow, Shari1981 | Watts, Mahnee2014-16 |
| Sokol, Michelle2002-03, 2005 | Weber, Zanette1981 |
| Soldan ,Terri.....1981-83 | Weiland, Melissa1987-88 |
| Spangler, Jenni.....1982, 1984-86 | Weismantle, Kirsten2010-13 |
| Sparks, Staci.....1993-94 | Westhoff, Sherry.....NA |
| Spinks, Natalie1983 | Wheeler, Mary.....NA |
| Sproles, Lakesha1996-98 | Whelchel, Christie1980-83 |
| Stahle, Amanda2011-14 | White, Renee2006-09 |
| Stanford, Kimberly.....2008 | Wiese, Suzanne1983-84 |
| Stanley, Shannon2004-07 | Wilberding, Tess2014-16 |
| Stec, Tina1991-94 | Wight, Jena1983 |
| Steelhammer, Jill1977-78 | Wiley, Sadie1992-93 |
| Steffen, Sarah2000-03 | Wilkinson, Ashley2011-12 |
| Steinhart, Diane.....1979-82 | Williams, Julie.....1979-81 |
| Steinhart, Laurie1981 | Williams, Khanishah2012-16 |
| Stiffend, Latoya.....2002-03, 2005 | Williams, Shellene2003-04 |
| Stippel, Lori.....1979 | Wilson, Beth1989 |
| Stormo, Kay1979-82 | Winjum, Kristin1982-85 |
| Strand, Jessie2002-04 | Winn, Nicole1992-93 |
| Strobel, Belina1981 | Winter, Catherine1990-92 |
| Strub, Charlotte1977 | Winter, EsterNA |
| Strueland, Kelsey2010 | Wodek, Janet.....1984-87 |
| Sullivan, Traci.....1986-89 | Woodard, Christann1979 |
| Suppelsa, Sherri.....1984-88 | Wymore, Sue1978 |
| Swaim, Mandy.....1997-98 | Wynter, Kaydene1996 |
| Swartzrock, Diane.....1978-80 | Young, Deborah1981-83 |
| Taylor, Barbara1977 | |
| Taylor, Davera1984-87 | |
| Taylor, Denise1990, 1992-94 | |



Men's 2016 Team Roster

| Name | Yr. | Hometown (Last School) |
|-----------------------|-----|---|
| Ben Anderson | Sr. | Clive, Iowa (West Des Moines Valley) |
| Brandon Cooley | Fr. | Bettendorf, Iowa (Bettendorf) |
| Kevin Docherty | Sr. | Saint Paul, Minn. (Cretin-Derham Hall) |
| Ian Eklin | So. | Plymouth, Minn. (Wayzata) |
| Nate Ferree | Sr. | Appleton, Wis. (Xavier) |
| Daniel Gardarsson | So. | Reykjavik, Iceland (Iowa City West) |
| Anthony Gregorio | Sr. | Palatine, Ill. (Palatine) |
| Bailey Hesse-Withbroe | So. | Stillwater, Minn. (Stillwater) |
| Adam Jones | Sr. | Columbus, Georgia (Samford University) |
| Kallin Khan | So. | Lisle, Ill. (St. Ignatius College Prep) |
| Michael Melchert | So. | Monticello, Iowa (Monticello) |
| Cole Mullins | So. | West Des Moines, Iowa (Valley) |
| Daniel Murphy | So. | Marion, Iowa (Linn-Mar) |
| Nathan Mylenek | Fr. | Clarkston, Mich. (Pontiac) |
| Luke Sampson | Fr. | Little Chute, Wis. (Little Chute) |
| Karson Sommer | Fr. | Bettendorf, Iowa (Pleasant Valley) |
| Daniel Soto | So. | West Des Moines, Iowa (Valley) |

Women's 2016 Team Roster

| Name | Yr. | Hometown (Last School) |
|---------------------|-----|---|
| Taylor Arco | Fr. | Mission Viejo, Calif. (Mission Viejo) |
| Maria Bote Gonzalez | Jr. | Merida, Spain (Colegio Salesianos Maria Auxiliadora) |
| Kelly Breen | Jr. | Palatine, Ill. (Fremd) |
| Grace Coen | Fr. | Newton, Iowa (Newtown) |
| Amber Decker | Fr. | Marion, Iowa (Linn-Mar) |
| Alex Dodds | Fr. | Davenport, Iowa |
| Claire Dupuis | Fr. | Gilbert, Iowa (Ames) |
| Maria Eastman | Fr. | Victoria, Minn. (Holy Family Catholic) |
| Ashley Espinosa | So. | Lindenhurst, Ill. (Lake Villa) |
| Lauren Gibbs | Fr. | Miliani, Hawaii (Mililani) |
| Julie Hollensebe | Fr. | Williamsburg, Iowa (Williamsburg) |
| Alana Jones | Sr. | Laguna Hills, Calif. (Laguna Hills) |
| Mallory King | Fr. | Davenport, Iowa (Assumption) |
| Hunter Koenigsfeld | Fr. | Cedar Rapids, Iowa (Jefferson) |
| Kara Neustrom | So. | West Des Moines, Iowa (Valley) |
| Elizabeth Niedert | So. | Glen Ellyn, Ill. (Glenbard South) |
| Lauren Opatrny | So. | McHenry, Ill. (McHenry East) |
| Tia Saunders | Fr. | Iowa City, Iowa (Iowa City West) |
| Haley Schroeder | Fr. | Elkader, Iowa (Central Community HS) |
| Andrea Shine | So. | Crystal Lake, Ill. (Prairie Ridge) |
| Jordyn Sindt | Sr. | Griswold, Iowa (Griswold) |
| Mahnee Watts | Sr. | Bettendorf, Iowa (Bettendorf) |
| Madison Waymire | Jr. | Grimes, Iowa (Dallas Center-Grimes) |
| Macie Weber | Fr. | Cascade, Iowa (Cascade) |
| Lindsay Welker | Fr. | Terre Haute, Ind. (Terre Haute North Vigo) |
| Tess Wilberding | Sr. | Troy, Mich. (Birmingham Seaholm) |

* - redshirt freshman

Coaching & Staff Information

Cross Country head coach (Yrs. at Iowa) Randy Hasenbank (1st)
Alma Mater Wichita State
Email Address randy-hasenbank@uiowa.edu
Volunteer Assistant (Yrs. at Iowa) Jon Michael Brandt (2nd)
Alma Mater Iowa

Men's Cross Country Team Quick Facts

2016 Big Ten Cross Country Championship Finish (Pts.): ... 12th (341)
2016 NCAA Regional Cross Country Finish (Pts.): 11th (351)
NCAA Qualifiers Returning/Lost 0/0
All-Region Returning/Lost: 0/0
Letterwinners Returning/Lost: 11/3

Men's Cross Country Historical Quick Facts

Highest Big Ten Championships Team Place (Yrs.): 1st (1961, 1966)
Highest NCAA Regional Team Place (Pts., Yr.): 1st (79, 2002)
Highest NCAA Championships Team Place (Yr.): 2nd (1955)
NCAA Champions: 1 - Deacon Jones, 1955
All-Americans: 5 student-athletes, 7 honors
NCAA Regional Champions: 1 - Micah VanDenend, 2006
All-Region Honorees: 20 student-athletes, 40 honors
Big Ten Champions: 6 student-athletes, 9 titles
All-Big Ten Honorees: 8 student-athletes, 10 honors
Academic All-Big Ten Honorees: 47 student-athletes, 100 honors

Women's Cross Country Team Quick Facts

2016 Big Ten Cross Country Finish (Points): 11th (318)
2016 NCAA Midwest Regional Finish (Points): 17th (452)
NCAA Qualifiers Returning/Lost 0/0
All-Region Returning/Lost: 0/0
Letterwinners Returning/Lost: 7/2

Women's Cross Country Historical Quick Facts

Highest Big Ten Championships Team Place (Pts., Yr.): .. 1st (74, 1982)
Highest NCAA Regional Team Place (Pts., Yr.): 3rd (118, 2006),
3rd (111, 2007)
Highest NCAA District Champ's Team Place (Yr.): 2nd (1986, 1991)
Highest NCAA Championships Team Place (Pts., Yr.): . 8th (249, 1982)
All-Americans: 11 student-athletes, 14 honors
NCAA Regional Champions: 2 student-athletes, 3 honors
All-Region Honorees: 12 student-athletes, 17 honors
Big Ten Champions: 2 - Tracy Dahl, 1992; Diane Nukuri, 2007
All-Big Ten Honorees: 14 student-athletes, 19 honors
Academic All-Big Ten Honorees: 83 student-athletes, 142 honors



Hawkeye Early Bird Invitational

September 3 - Iowa City, Iowa
6,000 meters - 2nd/9 teams (60 points)

Individual Results

| Place | Name | Time |
|-------|-----------------------|----------|
| 6. | Michael Melchert | 18:12.8* |
| 10. | Ben Anderson | 18:31. |
| 13. | Ian Eklin | 18:37.8 |
| 15. | Daniel Soto | 18:39.9 |
| 16. | Luke Sampson | 18:40.7 |
| 19. | Anthony Gregorio | 18:42.4 |
| 28. | Nathan Mylenek | 18:48.5 |
| 29. | Bailey Hesse-Withbroe | 18:50.1 |
| 30. | Daniel Gardarsson | 18:50.6 |
| 37. | Daniel Murphy | 18:54.4 |
| 39. | Brandon Cooley | 18:56.7 |
| 41. | Kallin Khan | 18:57.6 |
| 49. | Karson Sommer | 19:15.6 |
| 53. | Michael Westphal | 19:20.6 |
| 59. | Patrick Karanja | 19:26.0 |
| 67. | Cole Mullins | 19:41.4 |
| 68. | Derek Meeks | 19:42.5 |
| 76. | Nate Ferree | 19:53.6 |
| 88. | Dylan Ponomar | 20:45.4 |

Illinois State Invitational

September 9 - Normal, Ill.
8,000 meters - 1st/9 teams (44 points)

Individual Results

| Place | Name | Time |
|-------|------------------|---------|
| 2. | Ben Anderson | 25:12.3 |
| 4. | Michael Melchert | 25:23.6 |
| 11. | Daniel Soto | 25:40.4 |
| 13. | Nathan Mylenek | 25:44.7 |
| 14. | Ian Eklin | 25:45.3 |
| 18. | Daniel Murphy | 25:50.9 |
| 21. | Anthony Gregorio | 26:00.3 |

Roy Griak Invitational

September 24 - Minneapolis, Minn.
8,000-meters - 15th/29 teams (399 points)

Individual Results - Gold Race

| Place | Name | Time |
|-------|-------------------|-------|
| 34. | Ben Anderson | 25:50 |
| 53. | Michael Melchert | 26:06 |
| 93. | Nathan Mylenek | 26:31 |
| 104. | Daniel Soto | 26:45 |
| 115. | Daniel Gardarsson | 26:55 |
| 121. | Brandon Cooley | 26:59 |
| 132. | Anthony Gregorio | 27:07 |

Regional Preview

October 1 - Iowa City, Iowa
8,000-meters - 1st/3 teams (15 points)

Individual Results

| Place | Name | Time |
|-------|-----------------------|---------|
| 2. | Daniel Soto | 25:23.2 |
| 3. | Anthony Gregorio | 25:25.8 |
| 4. | Luke Sampson | 25:32.2 |
| 5. | Ian Eklin | 25:34.1 |
| 6. | Bailey Hesse-Withbroe | 25:28.0 |
| 7. | Daniel Gardarsson | 25:45.1 |
| 8. | Daniel Murphy | 25:47.4 |
| 11. | Brandon Cooley | 25:56.5 |
| 12. | Karson Sommer | 26:04.4 |
| 14. | Cole Mullins | 26:18.8 |
| 20. | Kallin Khan | 27:37.4 |

Bradley Pink Classic

October 14 - Peoria, Ill.
8,000 meters - 16th/27 teams (425 points)

Individual Results

| Place | Name | Time |
|-------|-----------------|---------|
| 30. | Nathan Mylenek | 25:09.3 |
| 59. | Brandon Cooley | 25:34.0 |
| 83. | Luke Sampson | 25:55.4 |
| 114. | Cole Mullins | 26:15.8 |
| 139. | Kallin Khan | 26:34.1 |
| 142. | Karson Sommer | 26:40.8 |
| 169. | Patrick Karanja | 28:12.3 |

Pre-Nationals

October 15 - Terre Haute, Ind.
8,000 meters - 35th/40 teams (812 points)

Individual Results

| Place | Name | Time |
|-------|-----------------------|---------|
| 104. | Ben Anderson | 25:19.9 |
| 141. | Anthony Gregorio | 25:35.4 |
| 174. | Ian Eklin | 25:48.4 |
| 190. | Daniel Gardarsson | 25:55.8 |
| 215. | Daniel Murphy | 26:14.4 |
| 227. | Bailey Hesse-Withbroe | 26:30.9 |
| 245. | Kevin Docherty | 26:53.0 |

Big Ten Championships

November 1 - Minneapolis, Minn.
8,000 meters - 12th/12 teams (341 points)

Team Results

| Place | Team | Points |
|-------|----------------|--------|
| 1. | Wisconsin | 63 |
| 2. | Michigan State | 66 |
| 3. | Indiana | 92 |
| 4. | Minnesota | 119 |
| 5. | Michigan | 123 |
| 6. | Illinois | 126 |
| 7. | Purdue | 168 |
| 8. | Ohio State | 228 |

| | | |
|-----|------------|-----|
| 9. | Penn State | 250 |
| 10. | Nebraska | 275 |
| 11. | Rutgers | 333 |
| 12. | Iowa | 341 |

Individual Results

| Place | Athlete | Time |
|-------|-----------------------|---------|
| 54. | Ben Anderson | 25:45.6 |
| 80. | Ian Eklin | 26:15.7 |
| 86. | Kevin Docherty | 26:33.0 |
| 91. | Bailey Hesse-Withbroe | 26:45.2 |
| 95. | Anthony Gregorio | 26:55.2 |
| 97. | Nathan Mylenek | 26:57.6 |
| 98. | Brandon Cooley | 27:05.4 |
| 104. | Daniel Murphy | 27:50.6 |

NCAA Midwest Regional

November 11 - Iowa City, Iowa
10,000 meters - 11th/26 teams (351 points)

Team Results - Top 20

| Place | Team | Points |
|-------|--------------------|--------|
| 1. | Oklahoma State | 64 |
| 2. | Tulsa | 89 |
| 3. | Illinois | 113 |
| 4. | Iowa State | 120 |
| 5. | Bradley | 135 |
| 6. | South Dakota St. | 154 |
| 7. | Minnesota | 205 |
| 8. | Kansas | 233 |
| 9. | Oklahoma | 283 |
| 10. | Missouri | 333 |
| 11. | Iowa | 351 |
| 12. | Saint Louis | 365 |
| 13. | UMKC | 367 |
| 14. | Wichita State | 369 |
| 15. | Nebraska | 373 |
| 16. | Eastern Illinois | 423 |
| 17. | Loyola (Ill.) | 453 |
| 18. | Kansas State | 491 |
| 19. | North Dakota State | 542 |
| 20. | Drake | 551 |

Individual Results

| Place | Athlete | Time |
|-------|-----------------------|---------|
| 44. | Ben Anderson | 31:13.2 |
| 62. | Ian Eklin | 31:33.6 |
| 78. | Anthony Gregorio | 31:54.6 |
| 84. | Nathan Mylenek | 32:02.0 |
| 97. | Bailey Hesse-Withbroe | 32:15.2 |
| 115. | Kevin Docherty | 32:28.9 |
| 153. | Daniel Gardarsson | 33:17.0 |

* -- All-Region



Cross Country

2016 Women's Season Review

Hawkeye Early Bird Invitational

September 3 - Iowa City, Iowa
3,000 meters - 1st/8 teams (47 points)

Individual Results

| Place | Name | Time |
|-------|---------------------|---------|
| 1. | Tess Wilberding | 10:20.4 |
| 3. | Madison Waymire | 10:21.9 |
| 9. | Lauren Opatrny | 10:30.8 |
| 14. | Andrea Shine | 10:36.1 |
| 20. | Claire Dupuis | 10:42.1 |
| 23. | Julie Hollensbe | 10:43.7 |
| 30. | Kelly Breen | 10:50.6 |
| 32. | Marta Bote Gonzalez | 10:53.2 |
| 45. | Marlie Houston | 11:07.8 |
| 47. | Maria Eastman | 11:09.2 |
| 48. | Jordyn Sindt | 11:10.6 |
| 51. | Hunter Koenigsfeld | 11:15.0 |
| 53. | Macie Weber | 11:16.2 |
| 55. | Ashley Espinosa | 11:16.8 |
| 57. | Tia Saunders | 11:20.8 |
| 70. | Mallory King | 11:35.7 |
| 75. | Abby Sears | 11:46.9 |
| 76. | Lauren Gibbs | 11:50.7 |
| 77. | Haley Schroeder | 11:52.2 |
| 81. | Amber Decker | 12:02.0 |
| 82. | Elizabeth Niedert | 12:21.8 |

Illinois State Invitational

September 9 - Normal, Ill.
5,000 meters - 2nd/10 teams (57 points)

Individual Results

| Place | Name | Time |
|-------|---------------------|---------|
| 2. | Tess Wilberding | 17:48.7 |
| 3. | Madison Waymire | 17:55.9 |
| 8. | Andrea Shine | 18:08.1 |
| 16. | Kelly Breen | 18:23.2 |
| 28. | Claire Dupuis | 18:35.3 |
| 37. | Julie Hollensbe | 18:53.2 |
| 39. | Marta Bote Gonzalez | 19:02.8 |

Roy Griak Invitational

September 24 - Minneapolis, Minn.
5,000 meters - 24th/34 teams (613 points)

Individual Results

| Place | Name | Time |
|-------|---------------------|-------|
| 91. | Tess Wilberding | 23:23 |
| 101. | Andrea Shine | 23:27 |
| 118. | Lauren Opatrny | 23:41 |
| 146. | Madison Waymire | 24:06 |
| 157. | Kelly Breen | 24:16 |
| 165. | Claire Dupuis | 24:24 |
| 185. | Marta Bote Gonzalez | 24:45 |

Regional Preview

October 1 - Iowa City, Iowa
6,000 meters - 3rd/6 teams (66 points)

Individual Results

| Place | Name | Time |
|-------|---------------------|---------|
| 2. | Tess Wilberding | 21:30.3 |
| 10. | Andrea Shine | 21:51.7 |
| 11. | Lauren Opatrny | 21:57.6 |
| 21. | Julie Hollensbe | 22:22.6 |
| 22. | Claire Dupuis | 22:23.9 |
| 27. | Marta Bote Gonzalez | 22:28.5 |
| 44. | Marlie Houston | 23:18.6 |
| 45. | Ashley Espinosa | 23:18.6 |
| 49. | Lauren Gibbs | 23:32.8 |
| 60. | Macie Weber | 24:04.4 |
| 61. | Maria Eastman | 24:10.8 |
| 67. | Alana Jones | 25:14.5 |
| 68. | Abby Sears | 25:22.4 |
| 69. | Elizabeth Niedert | 25:30.3 |

Bradley Pink Classic

October 14 - Peoria, Ill.
6,000 meters - 24th/30 teams (610 points)

Individual Results

| Place | Name | Time |
|-------|-----------------|---------|
| 40. | Claire Dupuis | 21:48.9 |
| 109. | Julie Hollensbe | 22:37.6 |
| 148. | Ashley Espinosa | 23:11.5 |
| 150. | Marlie Houston | 23:14.9 |
| 163. | Lauren Gibbs | 23:27.2 |
| 166. | Macie Weber | 23:33.5 |
| 183. | Alana Jones | 23:57.4 |

Pre-Nationals

October 15 - Terre Haute, Ind.
6,000 meters - 38th/42 teams (860 points)

Individual Results

| Place | Name | Time |
|-------|---------------------|---------|
| 135. | Tess Wilberding | 21:46.2 |
| 157. | Lauren Opatrny | 21:52.7 |
| 167. | Andrea Shine | 21:56.3 |
| 180. | Madison Waymire | 22:01.2 |
| 221. | Kelly Breen | 22:28.1 |
| 240. | Marta Bote Gonzalez | 22:45.4 |

Big Ten Championships

October 30 - Minneapolis, Minn.
6,000 meters - 11th/14 teams (318 points)

Team Results

| Place | Team | Points |
|-------|----------------|--------|
| 1. | Michigan | 63 |
| 2. | Penn State | 70 |
| 3. | Michigan State | 80 |
| 4. | Minnesota | 120 |
| 5. | Ohio State | 130 |

| | | |
|-----|--------------|-----|
| 6. | Wisconsin | 138 |
| 7. | Purdue | 164 |
| 8. | Indiana | 171 |
| 9. | Northwestern | 254 |
| 10. | Illinois | 286 |
| 11. | Iowa | 318 |
| 12. | Maryland | 319 |
| 13. | Nebraska | 349 |
| 14. | Rutgers | 439 |

Individual Results

| Place | Athlete | Time |
|-------|---------------------|---------|
| 47. | Tess Wilberding | 22:30.4 |
| 66. | Andrea Shine | 22:50.7 |
| 74. | Claire Dupuis | 23:06.0 |
| 78. | Madison Waymire | 23:09.7 |
| 79. | Lauren Opatrny | 23:10.9 |
| 101. | Kelly Breen | 23:53.4 |
| 109. | Julie Hollensbe | 24:16.4 |
| 117. | Marta Bote Gonzalez | 24:39.0 |

NCAA Midwest Regional

November 11 - Iowa City, Iowa
6,000 meters - 17th/33 teams (452 points)

Team Results - Top 20

| Place | Team | Points |
|-------|--------------------|--------|
| 1. | Missouri | 83 |
| 2. | Oklahoma State | 89 |
| 3. | Iowa State | 90 |
| 4. | Minnesota | 131 |
| 5. | Kansas | 154 |
| 6. | Tulsa | 190 |
| 7. | Oklahoma | 228 |
| 8. | Northwestern | 264 |
| 9. | Northern Illinois | 267 |
| 10. | Northern Iowa | 333 |
| 11. | South Dakota | 347 |
| 12. | Wichita State | 348 |
| 13. | South Dakota St. | 396 |
| 14. | Illinois | 423 |
| 15. | Bradley | 428 |
| 16. | SE Missouri | 448 |
| 17. | Iowa | 452 |
| 18. | North Dakota State | 464 |
| 19. | Nebraska | 480 |
| 20. | Eastern Illinois | 489 |

Individual Results

| Place | Athlete | Time |
|-------|---------------------|---------|
| 51. | Tess Wilberding | 21:20.3 |
| 90. | Andrea Shine | 21:47.6 |
| 96. | Madison Waymire | 21:53.4 |
| 102. | Lauren Opatrny | 21:56.8 |
| 118. | Kelly Breen | 22:08.9 |
| 140. | Marta Bote Gonzalez | 22:26.5 |
| 144. | Claire Dupuis | 22:29.1 |



Women's Team

3,000m

5,000m

6,000m

| | | | |
|---------------------|---------|---------|---------|
| Marta Bote Gonzalez | 10:53.2 | 19:02.8 | 22:28.5 |
| Kelly Breen | 10:50.6 | 18:23.2 | 22:28.1 |
| Amber Decker | 12:02.0 | -- | -- |
| Claire Dupuis | 10:42.1 | 18:36.3 | 21:48.9 |
| Maria Eastman | 11:09.2 | 19:22.9 | 24:10.8 |
| Ashley Espinosa | 11:16.8 | 19:27.3 | 23:11.5 |
| Lauren Gibbs | 11:50.7 | 20:17.8 | 23:27.2 |
| Julie Hollensbe | 10:43.7 | 18:53.2 | 22:22.6 |
| Marlie Houston | 11:07.8 | 19:26.6 | 23:14.9 |
| Alana Jones | -- | 21:61.9 | 23:57.4 |
| Mallory King | 11:35.7 | -- | -- |
| Hunter Koenigsfeld | 11:15.0 | 19:50.3 | -- |
| Elizabeth Niedert | 12:21.8 | 21:00.3 | 24:52.3 |
| Kara Neustrom | -- | -- | -- |
| Lauren Opatrny | 10:30.8 | -- | 21:52.7 |
| Tia Saunders | 11:20.8 | -- | -- |
| Andrea Shine | 10:36.1 | 18:08.1 | 21:51.7 |
| Abby Sears | 11:46.9 | -- | 24:43.0 |
| Haley Schroeder | 11:52.2 | -- | -- |
| Jordyn Sindt | 11:10.6 | -- | -- |
| Madison Waymire | 10:21.9 | 17:55.9 | 22:01.2 |
| Macie Weber | 11:16.2 | 20:03.5 | 23:33.5 |
| Tess Wilberding | 10:20.4 | 17:48.7 | 21:30.3 |

Men's Team

6,000m

8,000m

10,000m

| | | | |
|---------------------------|---------|---------|---------|
| Ben Anderson | 18:31.1 | 25:12.3 | 31:13.2 |
| Brandon Cooley | 18:56.7 | 25:34.0 | -- |
| Kevin Docherty | -- | 26:33.0 | 32:28.9 |
| Ian Eklin | 18:37.8 | 25:34.1 | 31:33.6 |
| Nate Ferree | 19:53.6 | 28:04.3 | -- |
| Daniel Gardarsson | 18:50.6 | 25:45.1 | 33:17.0 |
| Anthony Gregorio | 18:42.4 | 25:25.8 | 31:54.6 |
| Bailey Hesse- Withbroe | 18:50.1 | 25:38.0 | 32:15.2 |
| Patrick Karanja | 19:26.0 | 27:20.4 | -- |
| Kallin Khan | 18:57.6 | 26:34.1 | -- |
| Michael Melchert | 18:12.8 | 25:23.5 | -- |
| Nathan Mylenek | 18:48.5 | 25:09.3 | 32:02.0 |
| Cole Mullins | 19:41.4 | 26:15.8 | -- |
| Daniel Murphy | 18:54.4 | 25:47.4 | -- |
| Dylan Ponomar | 20:45.4 | 28:45.0 | -- |
| Luke Sampson | 18:40.7 | 25:32.2 | -- |
| Karson Sommer | 19:53.6 | 26:04.4 | -- |
| Daniel Soto | 18:39.9 | 25:23.2 | -- |
| Michael Westphal | 19:20.6 | -- | -- |



Men's Top 10 All-Time Best Performers

6,000 Meters

1. **Michael Melchert** 18:12 **2016 Hawkeye Invite**
2. Eric MacTaggart 18:18 2005 Hawkeye Invite
3. Jeff Thode..... 18:21 2009 Hawkeye Invite
4. Dan Haut 18:24 2005 Hawkeye Invite
5. Jeff Kent 18:27 2005 Hawkeye Invite
6. Nick Holmes 18:30 2009 Hawkeye Invite
7. Adam Roche 18:33 2005 Hawkeye Invite
Sam Bailin..... 18:33 2009 Hawkeye Invite
Kevin Lewis..... 18:33 2013 Iowa Invite
10. Jesse Luciano 18:40 2008 Hawkeye Invite

8,000 Meters

1. Jesse Luciano 23:01 at 2008 Auburn Invite
2. Micah VanDenend..... 23:39 at 2006 Pre-Nationals
3. Eric MacTaggart 23:24 at 2008 Auburn Invite
4. Jeff Thode..... 23:27 at 2010 Bradley Classic
5. Sam Bailin..... 23:36 at 2008 Auburn Invite
6. Tommy Tate 23:46 at 2008 Auburn Invite
7. Mark Battista..... 23:48 at 2008 Auburn Invite
8. Kevin Lewis..... 23:52 at 2014 Big Ten Champ's
9. Andy Napier 23:56 at 2008 Auburn Invite
10. **Michael Melchert** **23:57** **at 2015 Big Ten Champ's**

10,000 Meters

1. Jeff Thode..... 29:55 at 2010 NCAA Regional
2. Matt Esche 30:10 at 2002 NCAA Regional
3. Jesse Luciano 30:17 at 2008 NCAA Champ's
4. Micah VanDenend..... 30:26 at 2002 NCAA Regional
5. Kevin Herd..... 30:28 1993
6. Joe Welter 30:28 at 2002 NCAA Regional
7. Tony Rakaric..... 30:31 at 2002 NCAA Regional
8. Kevin Lewis..... 30:35 at 2014 NCAA Regional
9. Dan Haut 30:39 at 2002 NCAA Regional
10. Alex Webster..... 30:40 at 2006 NCAA Regional

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06.....9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07..... 13:14

Women's 6,000 Meters

Leah O'Connor, Michigan St. - Big Ten Champ's - 11/2/14 19:26

Men's 6,000 Meters

Toby Hardwick, Iowa - Hawkeye Invitational - 9/2/15 17:57

Men's 8,000 Meters

Malachy Schrobilgen, Wisconsin - Big Ten Champ's - 11/2/14 .23:35

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05 30:52

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri9:47 2006 Hawkeye Open
2. Meghan Armstrong 10:01 2006 Hawkeye Open
3. Brooke Eilers..... 10:15 2010 Iowa Invite
4. Besty Flood 10:18 2010 Iowa Invite
5. **Tess Wilberding**..... **10:20** **2016 Hawkeye Invite**
6. Amanda Hardesty..... 10:21 2009 Hawkeye Invite
Lauren Hardesty 10:21 2010 Hawkeye Invite
Madison Waymire..... **10:21** **2016 Hawkeye Invite**
9. Kelsey Hart 10:22 2011 Iowa Invite
10. Shannon Stanley..... 10:25 2006 Hawkeye Open

4,000 Meters

1. Diane Nukuri 13:14 2007 Hawkeye Open
2. Kayla Beattie..... 13:41 2012 Toledo Bubble Buster
3. Megan Ranegar 13:45 2012 Toledo Bubble Buster
4. Meghan Armstrong 13:47 2007 Hawkeye Open
Mareike Schrulle..... 13:47 2012 Toledo Bubble Buster
6. Nicole Benson..... 13:52 2012 Toledo Bubble Buster
7. Jolly Burke 14:03 2007 Hawkeye Open
8. Nikki Chapple 14:09 2004 Hawkeye Triangular
9. Krista Anderson 14:14 2007 Hawkeye Open
10. Lisa Gordon 14:17 2012 Toledo Bubble Buster

5,000 Meters

1. Diane Nukuri 15:55 at 2007 Auburn Invite
2. Racheal Marchand..... 16:15 at 2008 Auburn Invite
3. Meghan Armstrong 16:25 at 2007 Auburn Invite
4. Nan Doak..... 16:31 at 1983 Big Ten Champ's
5. Jolly Burke 16:33 at 2007 Auburn Invite
6. Jenny Spangler 16:34 at 1983 Big Ten Champ's
7. Renee Doyle 16:41 at 1986 Purdue Invite
8. Tracy Dahl..... 16:42 at 1991 Illinois St. Invite
9. Sarah Spencer Perry 16:50 at 2008 Auburn Invite
10. Brooke Eilers..... 16:53 at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri 19:37 at 2007 NCAA Regional
..... at 2007 Big Ten Champ's
2. Mareike Schrulle..... 19:43 at 2012 NCAA Champ's
3. Racheal Marchand..... 19:54 at 2008 NCAA Champ's
4. Meghan Armstrong 20:07 at 2007 NCAA Regional
5. Jolly Burke 20:20 at 2007 Big Ten Champ's
6. Betsy Flood 20:22 at 2010 NCAA Regional
7. McKenzie Melander 20:41 at 2011 Big Ten Champ's
8. Megan Ranegar 20:43 at 2012 NCAA Champ's
9. Kayla Beattie..... 20:54 at 2011 Wisconsin Invite
10. **Madison Waymire**..... **21:01** **at 2015 Big Ten Champ's**



Meghan Armstrong



Jennifer Brower



Tracy Dahl



Nan Doak



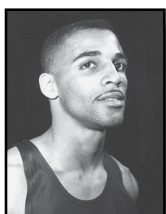
Renee Doyle



Rich Ferguson



Kevin Herd



Deacon Jones



Jeanne Kruckeberg



Racheal Marchand



Diane Nukuri



Mareike Schrulle



Jenny Spangler



Stetson Steele



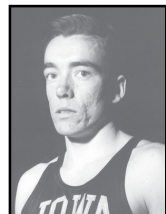
Jeff Thode



Micah VanDenend



Ted Wheeler



Larry Wiczorek

National & Regional Champions & Honorees

NCAA Champion

Deacon Jones 1957

All-Americans

Men's

Kevin Herd 1992-93
Deacon Jones..... 1957
Stetson Steele..... 1998
Jeff Thode 2010
Ted Wheeler 1952
Larry Wiczorek..... 1966-67

Women's

Meghan Armstrong 2007
Jennifer Brower 1991
Tracy Dahl 1991-92
Nan Doak 1980, 1982-83
Renee Doyle 1986
Jeanne Kruckeberg 1990
Racheal Marchand..... 2006, 2008
Diane Nukuri..... 2006-07
Mareike Schrulle..... 2012
Jenny Spangler..... 1983

Honda Sports Awards Nominee

Nan Doak..... 1983
Diane Nukuri..... 2007

NCAA Regional Champion & Athlete of the Year

Men's

Micah VanDenend 2006

Women's

Diane Nukuri..... 2006-07
Racheal Marchand..... 2008

NCAA All-Region Team

Men's

Mark Battista 2009
Trent Corey 1997, 2001
Matt Esche..... 2002-05
Dan Haut 2002, 2004-05
Nick Holmes..... 2011
Kevin Lewis 2013-14
Jesse Luciano 2007-08
Eric MacTaggart 2005-06, 2008
Nick Nordheim..... 1998-99, 2001
Jared Pittman 1997
Brian Rae 2003
Tony Rakaric..... 2002, 2004
Adam Roche 2004-05
Paul Sarris..... 1998-99
Chad Schwitters..... 1998

NCAA All-Region Team (Con't)

Men's (Con't)

Reed Steele..... 1998
Stetson Steele..... 1997-98
Jeff Thode 2009-11
Micah VanDenend 2002, 2005-06
Joe Welter 2001-02

Women's

Sarah Arens 2003
Meghan Armstrong 2005-07
Kayla Beattie 2011
Jolly Burke 2007
Nikki Chapple..... 2004
Brooke Eilers..... 2009
Betsy Flood 2010
Racheal Marchand..... 2005-06, 2008
McKenzie Melander 2011
Diane Nukuri..... 2006-07
Megan Ranegar 2012
Mareike Schrulle..... 2012
Sarah Spencer Perry 2008



Cross Country Big Ten Championships & Honorees

Big Ten Champions

Men's

| | |
|---------------------|---------|
| Rich Ferguson | 1952-53 |
| Jock Hunn | 1926 |
| Deacon Jones..... | 1958 |
| H.R. Phelps | 1923-24 |
| James Tucker | 1961 |
| Larry Wiczorek..... | 1966-67 |

Women's

| | |
|-------------------|------|
| Tracy Dahl | 1992 |
| Diane Nukuri..... | 2007 |

Big Ten Athlete of the Year

Women's

| | |
|-------------------|------|
| Tracy Dahl | 1992 |
| Diane Nukuri..... | 2007 |

Big Ten Coach of the Year

Women's

| | |
|---------------------|------|
| Jerry Hassard | 1989 |
|---------------------|------|

Big Ten Freshman of the Year

Men's

| | |
|---------------------|------|
| Jared Pittman | 1993 |
| Reed Steele..... | 1998 |

All-Big Ten Honorees

Men's

| | |
|-----------------------|------------|
| Kevin Lewis | 2014 |
| Jesse Luciano | 2008-09 |
| Eric MacTaggart | 2006 |
| Brian Rae | 2003 |
| Tony Rakaric..... | 2003 |
| Chad Schwitters | 1997 |
| Stetson Steele..... | 1996 |
| Jeff Thode | 2010 |
| Micah VanDenend | 2004, 2006 |

Women's

| | |
|-------------------------|------------|
| Meghan Armstrong | 2006-07 |
| Erin Boland | 1994 |
| Jennifer Brower | 1991 |
| Jolly Burke | 2007 |
| Tracy Dahl | 1991-92 |
| Renee Doyle | 1986-88 |
| Betsy Flood | 2010 |
| Tami Hoskins..... | 1989 |
| Jennifer Johnson..... | 1991 |
| Jeanne Kruckeberg | 1989 |
| Racheal Marchand..... | 2006, 2008 |
| McKenzie Melander | 2011 |
| Diane Nukuri..... | 2007 |
| Mareike Schrulle..... | 2012 |

Big Ten Athlete of the Month

Men's

| | |
|------------------|----------------|
| Kevin Herd | September 1992 |
|------------------|----------------|

Women's

| | |
|----------------|----------------------------------|
| Tracy Dahl ... | Sept. 1990, Oct. 1992, Nov. 1992 |
|----------------|----------------------------------|

Big Ten Athlete of the Week

Men's

| | |
|-----------------------|----------------|
| Trent Corey | Sept. 11, 2001 |
| Matt Esche..... | Sept. 7, 2004 |
| Jesse Luciano | Oct. 7, 2008 |
| Eric MacTaggart | Sept. 6, 2005 |
| Jeff Thode | Oct. 19, 2010 |
| Micah VanDenend | Sept. 17, 2002 |

Women's

| | |
|------------------------|----------------|
| Sarah Arens | Sept. 3, 2003 |
| Meghan Armstrong | Sept. 6, 2005 |
| Kayla Beattie..... | Sept. 11, 2012 |
| Betsy Flood | Sept. 8, 2009 |
| Lauren Hardesty | Sept. 7, 2010 |
| Racheal Marchand..... | Oct. 7, 2008 |
| Diane Nukuri..... | Sept. 18, 2007 |
| Diane Nukuri..... | Oct. 2, 2007 |
| Diane Nukuri..... | Oct. 16, 2007 |
| Mareike Schrulle..... | Oct. 16, 2012 |

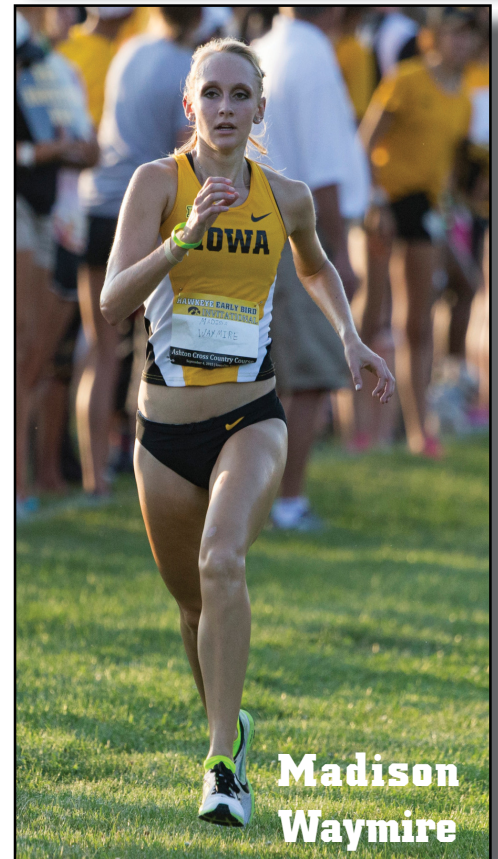
Big Ten Sportsmanship Award

Men's

| | |
|------------------------|------|
| Ben Anderson | 2015 |
| Sam Bailin | 2008 |
| Mark Battista | 2010 |
| Brendan Camplin | 2009 |
| Nate Ferree..... | 2013 |
| Anthony Gregorio | 2014 |
| Cameron Rieger..... | 2011 |
| Ben Witt | 2012 |

Women's

| | |
|---------------------------|---------|
| Madison Waymire | 2015 |
| Brooke Eilers..... | 2009 |
| Kelsey Hart | 2010 |
| Shannon Maser | 2013 |
| Carolyn Newhouse | 2014 |
| Sarah Spencer Perry | 2008 |
| Mareike Schrulle..... | 2011-12 |





CoSIDA Academic All-American

Chad Schwitters 1997

CoSIDA Academic All-District

Kevin Herd 1990, 1992-93
Stetson Steele 1996, 1998

USTFCCGA Academic Team

Men's

2007, 2008, 2010, 2014, 2015

Women's

1995, 1997, 1999, 2000, 2003, 2004, 2005,
2006, 2007, 2008, 2009, 2010, 2011, 2012,
2013, 2014, 2015

USTFCCGA All-Academic Honorees

Men's

Dan Haut 2004
Kevin Herd 1993
Kevin Lewis 2013
Jesse Luciano 2007-08
Chad Schwitters 1998
Stetson Steele 1998

Women's

Meghan Armstrong 2004-05
Sarah Arens 2004
Brooke Eilers 2009
Megan Ranegar 2012
Mareike Schrulle 2012

Big Ten Distinguished Scholar

Men's

Sam Bailin 2008
Anthony Gregorio 2016
Kevin Lewis 2013

Women's

Katie Adams 2014-15
Marta Bote Gonzalez 2016
Fionna Fallon 2008
Kelsey Hart 2011
McKenzie Melander 2011
Lena Placzek 2012
Marieke Schrulle 2012
Jocelyn Todd 2012-15
Samantha Zishka 2014

Academic All-Big Ten

Men's

L.J. Albrecht 1988-90
Ravi B'Have 1994, 1996
Sam Bailin 2008, 2010
Mike Biderman 2001
Bill Branigan 1992
David Brown 1987-90
Matt Butler 2013
Brendan Camplin 2007-10
Trent Corey 2000-01

Kevin Docherty 2014-16
Ian Eklin 2016
Nate Ferree 2013-16
Daniel Gardarsson 2015-16
Matt Gerard 1992-94
Anthony Gregorio 2014-156
Dan Haut 2002, 2004-05
Kevin Herd 1990, 1992-93
Daniel Huff 2015
Alan Jackson 2005
Chase Kadlec 2009-11
Kevin Lewis 2012-14
Ben Lloyd 2002-03
Jesse Luciano 2007-10
Eric MacTaggart 2005-06, 2008
Steve Marshall 1991-93
Pete McDowell 1993-94
Sean Moeller 1998-99, 2001
Andy Morris 1997, 1999
Steve Morrissey 1990-91
Andy Napier 2005-08
James Paul 2008-10
Jared Pittman 1995-96
Tim Pleskac 1998-99
Jay Renaud 2007-10
Cameron Rieger 2011-12
Marc Roehl 1991-94
Paul Sarris 1997
Blake Schlotzhauer 2006
Chad Schwitters 1995-98
Taylor Soltyis 2014-15
Dan Soto 2016
Stetson Steele 1996-98
Adam Thomas 2001
Andy Weise 1986
David White 1990-91
Ben Witt 2012-14

Women's

Katie Adams 2014
Krista Anderson 2006-07
Lindsay Anderson 2009-10
Sarah Arens 2000, 2002-03
Meghan Armstrong 2005-07
Atalie Barber 2001, 2003
Holly Barnes 1992
Briana Benning 1994-97
Danielle Berndt 2010-11
Allison Billhardt 2005
Kerri Blackstone 1996
Marta Bote Gonzalez 2015-16
Kelly Breen 2014-16
Jennifer Brower 1989-91
Courtney Bruns 2015-16
Jolly Burke 2007
Katie Butler 2000
Jenni Capista 2003-04
Megan Daniel 1994
Jennie Docherty 2006, 2009-10
Katie Donlon 2005
Brooke Eilers 2009-11

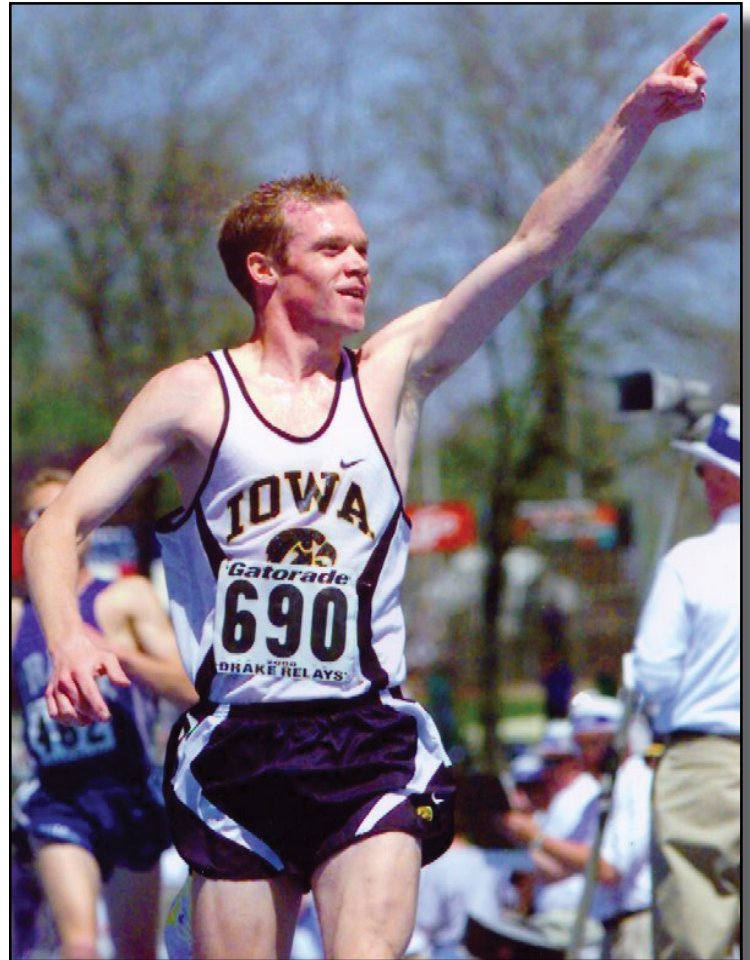
Katie Ellis 2007, 2009-10
Molly Esche 2005-07
Ashley Espinosa 2016
Fionna Fallon 2008-10
Shawn Fleck 1995
Betsy Flood 2009-11
Alienor Gilchrist 1997
Lisa Gordon 2014
Keelin Gorman 2011
Kristin Haefke 1998
Amanda Hardesty 2010
Kelsey Hart 2010-12
Rachel Hawks 2006-07
Jennifer Johnson 1991-93
Patricia Jones 1991
Jennifer Kiciak 1996-97
Tricia Kiraly 1988
Natalie Kleinfelter 1993-94
Christine Kotarba 2004, 2007
Jeanne Kruckeberg 1987-89
Kimberly Kruk 1994
Michelle Lahann 2000-02
Jackie Laesch 2011
Jennifer Lisy 1992
Shannon Maser 2012-13
Amy McRell 1991-92
McKenzie Melander 2009-11
Georgia Millward 2001-03
Jennifer Moore 1987-89
Amy Murphy 1999
Sarah Murray 1993
Haley Newbrough 1997
Carolyn Newhouse 2014
Elizabeth Niedert 2016
Val Oltman 1999
Lauren Opatrny 2016
Kiersten Pauling 1994-96
Lena Placzek 2012-13
Rachel Price 2013
Megan Ranegar 2010-12
Katherin Rehn 2011
Ericka Roberts 2000-02
Hannah Roeder 2009-10
Janeth Salazar 1987
Christine Salsberry 1990-93
Jill Scheibel 1996
Jessica Schmidt 2007
Kristi Schmidt 1999
Kim Schneckloth 1986-89
Jennifer Schoonover 1994
Mareike Schrulle 2012
Anna Shearer 1999-2000
Andrea Shine 2016
Michelle Sokol 2002, 2004
Jenny Spangler 1985
Laura Spencer 2004
Shannon Stanley 2004
Tina Stec 1991-93
Sherri Suppelsa 1986
Jocelyn Todd 2012-14
Jamie Voss 1992
Madison Waymire 2016
Tess Wilberding 2014-16
Samantha Zishka 2014



Cross Country

Men's All-Time Letterwinners

| | | | |
|-----------------------------------|------------------------------------|---------------------------------|--------------------------------|
| Albrecht, L.J. 1988-90 | Eastland, Dave 1968-71 | Hunter, William 1914-15 | Kruse, Arthur 1919-20 |
| Albright, Robert 1941 | Ebert, Leroy 1952-54 | Hymon, W. Paul 1912-13 | Kurth, Steve 1995-97 |
| Allen, Shaun 1998-01 | Eckhardt, Gerald 1944 | Ingram, Robert 2007 | Labond, Curtis 1966-68 |
| Anderson, Ben 2013-16 | Edwards, James 1978 | Jackson, Alan 2005 | Lainson, Bernard 1951 |
| Ashton, George C. 1921-22 | Eklin, Ian 2015-16 | Jamison, Orlin 1916 | Langer, Dave 1979 |
| Ashton, James Ed 1962-63 | Esche, Matt 2002-05 | Jans, Paul A. 1910-11 | Layne, Michael 1997-99 |
| Ashton, William 1960 | Everingham, Will 1928 | Jeffers, Clyde 1904-05 | Lewis, Bernard 1945 |
| Atkins, Bobby 1999-00 | Everman, Wayne 1954-55 | Jensen, Chris 2003 | Lewis, H. Mount 1909-11 |
| Bailin, Sam 2007-08, 2010 | Fanthouser, John 1942 | Jensen, Richard 1968-70 | Lewis, Kevin 2011-14 |
| Baker, Lawrence 1961 | Fearing, Ken 1959-62 | Jones, Charles N, 1955-58 | Lillwitz, Tim 1999-2000 |
| Bakker, Mike 1994-95, 97-98 | Feeldy, Chad 1994-96 | Jones, Douglas H. 1968 | Lindeman, James 1977 |
| Barron, Ben 2003 | Ferguson, Richard 1951-55 | Kadlec, Chase 2008-11 | Lister, Donald 1914-15 |
| Battista, Mark 2007-10 | Ferree, Nate 2013-16 | Keatinge, Murray 1954-56 | Lloyd, Ben 2002-03 |
| Bender, Arnold N. 1924 | Ferree, Tom 1978-80 | Keil, Richard L. 1941-42 | Loechel, Thomas 1970-73 |
| Benjerdes, T.D. 1920 | Fischer, Gary W. 1960-63 | Keller, Keith 1947-48 | Lord, Richard 1943 |
| Bentz, Robert LE 1943 | Fishba, Ugh H. RI 1949 | Kelly, Thomas 1928-30 | Luciano, Jesse 2006-09 |
| Betz, Leighton A. 1959 | Flage, David 1933-34 | Kent, Jeff 2004-06 | Lyle, James 1936-38 |
| Biderman, Mike 2001 | Fletcher, Robert Ash 1956-59 | Kitt, Roland 1966-69 | Lyle, Ralph 1957-58 |
| Brady, Frank H. 1927-28 | Foster, Richard 1922 | Knoedel, James J. 1970-71 | MacDonald, Peter 1964-66 |
| Brandenberg, H. 1921 | Fourman, Sam 2014 | Kramer, Larry 1961-64 | MacTaggart, Bruce 2008 |
| Brandt, Jon Michael 2010-12 | Frazier, Carl 1966-69 | | |
| Branigan, Bill 1992 | Frazier, Harry 1956 | | |
| Brown, David 1987, 1989-90 | Frazier, William 1961-65 | | |
| Brown, Keith Lav 1948-55 | Fritsch, Raymond 1940 | | |
| Brown, Ray Kenne. 1979-81 | Fudge, Arthur 1951-54 | | |
| Brubacher, Theod 1964-67 | Furst, Don 1975-76 | | |
| Burney, William 1944 | Gale, Sean 1992-94 | | |
| Bush, Warren L. 1968 | Gardarsson, Daniel 2015-16 | | |
| Butler, Matt 2013 | Gardner, Russell 1928 | | |
| Bye, Bill E. 1949 | Gee, George 1916 | | |
| Camplin, Brendan 2007-09 | Gerard, Matthew 1992-94 | | |
| Campisi, Leo A. 1932-34 | Greenlee, Donald 1959-61 | | |
| Carlson, Herman 1923 | Greenlee, Ron 1965 | | |
| Carman, Kenneth 1949-50 | Gregorio, Anthony 2012, 2014-16 | | |
| Chaney, Sam 2012-13 | Griffith, Ron 1965-68 | | |
| Clancy, Thomas R. 1974-78 | Griswold, Joe 1949 | | |
| Clark, John Jay 1969-73 | Hakes, Montague 1928 | | |
| Clarke, Eric Lloyd 1957-58 | Hanson, Mark 1995 | | |
| Clarke, George W. 1962-63 | Hartmann, H.W. 1915-16 | | |
| Coffie, Harry E. 1927 | Hass, Edward 1934-35 | | |
| Collins, John 1949 | Hassen, Galen 1951 | | |
| Cook, Dale 1912 | Hausler, Leland 1916-17 | | |
| Cooley, Brandon 2016 | Haut, Dan 2001-02, 2004-05 | | |
| Copeland, Jack 1948-49 | Henderson, Robert 1933-34 | | |
| Corey, Trent 1997-01 | Herd, Kevin J. 1989-94 | | |
| Criswell, John W. 1969-71 | Hermeier, Raymond 1957-59 | | |
| Cue, John L. 1927 | Hermeier, Richard 1955-59 | | |
| Cutler, Allan J. 1942 | Hesse-Withbroe, Bailey. 2015-16 | | |
| Davis, S. Jack 1949-51 | Hill, Jack L. 1957-60 | | |
| Delashmutt, Ed 1979-81 | Hindt, William 1913-15 | | |
| Docherty, Kevin 2013-16 | Hinrich, Joel H. 1940-41 | | |
| Docherty, James 1974-76 | Holland, Stephen 1971-72 | | |
| Donovan, James 1995 | Hollatz, Troy 1993 | | |
| Dotseth, Frank 1958-59 | Holmes, Nick 2009, 2011-12 | | |
| Drew, John 1957 | Hotz, William 1906-08 | | |
| Duggan, Earle 1949-52 | Huff, Daniel 2014 | | |
| Dunsworth, Ira W. 1954-56 | Hunn, Leonard E. 1925-28 | | |



Stetson Steele was a three-time All-American, two-time all-region and six-time academic All-Big Ten honoree in cross country and track from 1996-2000. He holds the school 10,000-meter record, and in 2000 he won the Drake Relays 5,000-meter title and was Iowa's Big Ten Medal of Honor winner.



MacTaggart, Eric.. 2004-06, 2008
Maiden, Sydner1945
Mak, Leo.....1913
Marasco, Frank..... 1917-18
Marshall, Steve..... 1991-93
Mawe, William1960
McCabe, Dennis.....1969
McClanahan, Rich..... 1946-48
McDermott, Eric2000
McDowell, Peter 1993-94
McElroy, Robert1933
Melchert, Michael 2014-16
Melnick, Sidney1934
Messer, Kenneth 1964-65
Meyer, David1941
Miller, Fred.....1921
Mitvasky, Richard1932

Moeller, Sean 1998-01
Moenck, Heath2007
Moldenhauer, Way.....1954
Morch, Herbert O. 1951-53
Morris, Andy.....1997-00
Morrissey, Steve..... 1991-92
Murphy, W. H. 1944-45
Murphy, Dan2016
Murray, Harold H..... 1920-21
Murray, Jack A. 1944-45
Mylenek, Nathan.....2016
Napier, Andy..... 2005-08
Naylor, Myrel.....1930
Nelson, Paul H. 1935
Nelson, Robert1936
Nie, Bruce..... 1988-89
Nordheim, Nick 1998-01

Novotny, David..... 1994-95
Oxley, John R. 1946-47
Paul, James..... 2008-10
Paul, Joe 1976-77
Payne, Arthur 1922-23
Pershing, Steve..... 1975-77
Peters, Chris1995
Phelps, Harold R. 1923-25
Pinkerton, Volne.....1928
Pirkel, Jeff 1982-83, 85-86
Pittman, Jared 1994-98
Pleskac, Tim..... 1998-00
Pratt, Raymond O.1934, 36
Presteman, Gregory1978
Price, Bradley D. 1979-81
Price, Brook2014
Prince, Earl S.....1942
Pristine, Leonard1921
Purvis, Donald L.....1936
Rae, Brian 2002-05
Rakaric, Tony 2001-04
Reid, Morrison..... 1971-72
Renaud, Jay 2007-09
Rerko, Rodney 1992-95
Reyes, William A. 1964-65
Rieger, Cameron..... 2011-12
Ristine, Leonard..... 1920-21
Roche, Adam 2003-05
Roehl, Mark 1991-93
Roller, Robert J. 1970
Roseman, Garry..... 1990-93
Rosenberg, Norman 1931-32
Sampson, Luke2016
Santino, William 1974-76
Sarris, Paul..... 1997-00
Saur, Wayne1974
Schlotzhauer, Blake 2005-06
Schutman, Ben2000
Schum, Robert L. 1969-71
Schwitters, Chad..... 1995-99
Seashore, Robert1922
Selsor, Evan2011
Shaffer, Quentin.....2013
Shaw, Robert J.....1914
Sheets, Lawrence 1963-64
Sheldon, Jay A. 1972, 74-75
Sheldon, John H.....1922
Sitko, John1934
Slater, Albert L..... 1943-44
Slingsby, Tim..... 1988-89
Smith, Andrew.....2010
Smith, N.E.....1912
Snook, William H. 1949
Soltys, Taylor2012, 2015
Sommer, Karson2016
Soto, Daniel 2015-16
Speers, Maurice..... 1925-26

Stark, Maurie.....1942
Steele, Ryan..... 1998-99
Steele, Stetson..... 1995-99
Steffen, Mark A. 1970-72
Steinberg, Albert1911
Stevenson, Gerold1941
Stiller, Martin1936
Stone, Gerald L. 1950
Sumner, M.L. 1912-13
Swift, Mark1974
Swisher, Michael1972
Szabo, Steve 1966-68
Tate, Tommy 2006-09
Terbell, Floyd O. 1924
Tice, Robert W.....1971
Thode, Jeff..... 2009-11
Thomas, Adam..... 1998-01
Tiernan, Stephen1964
Trainor, Dan..... 2001-03
Traphagen, Stephen 2002-03
Trimble, Bruce W..... 1957-59
Trimble, Ralph 1960-62
Tucker, Jim 1959-61
Tupper, Richard 1947-48
Vacik, George J. 1940
Vanatta, Lyell.....1930
Vanderwilt, Robert1943
VanDenend, Micah 2002, 2004-06
Vonahsen, Virgil 1950-52
Walker, Leland C.....1963
Webster, Alex.....2005
Welt, Donald1941
Welter, Joe 2000-02
Wheeler, Ted S. 1951-52, 55
Wickey, Howard 1929-30
Wieczorek, Lawrence 1965-67
Wilfong, Caleb 2012-13
Wilkes, Quenten.....1956
Williams, Derrick1963
Wisgerhof, Max V. 1934
Witt, Ben 2011-14
Workman, Robert..... 1941-42
Wren, Richard T.....1946
Young, Nick.....2011
Zacher, Eugene R. 1922
Zaruba, Arnold J. 1944



Micah VanDenend holds three school records and won the 2007 Big Ten 10,000-meter outdoor track title. He was the 2006 NCAA Midwest Regional Cross Country Meet Champion and Male Athlete of the Year. The four-time all-region honoree competed for Iowa from 2002-07.



Cross Country Women's All-Time Letterwinners

Adams, Katie.....2013-14
 Anderson, Krista2006-07
 Anderson, Lindsay2008-09
 Andrews, Karen1978-80
 Arens, Sarah 1999-2000, 2002-03
 Armstrong, Meghan2004-07
 Ballweg, Rachel1997
 Barber, Atalie2000-03
 Beattie, Kayla2011
 Benning, Briana1993-96
 Benson, Nicole.....2011-12
 Berndt, Danielle....2008, 2010-11
 Billhart, Allison2005
 Blossfeld, Suzanne1978-79
 Boddicker, Bev1977-80
 Boland, Erin1991-94
 Bote Gonzalez, Marta2014-16
 Breen, Kelly.....2015-16
 Brower, Jennifer.....1988-91
 Brown, Nicole1994-96
 Bruns, Courtney.....2015
 Burke, Jolly2006-07
 Butler, Katie1999-00
 Capista, Jenni.....2001, 2003-04
 Chapple, Nikki.....2003-05
 Chow, Sophia2000
 Coleman, Becky1993-96
 Connelly, Michelle1977
 Dahl, Tracy1989-92
 Daniel, Megan1993
 Davis, Eileen1978-79

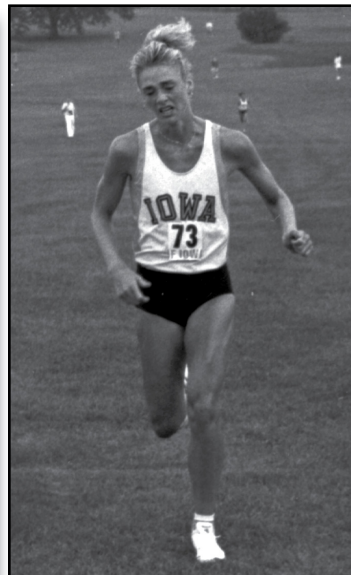
Deluca, Sarah C. Abel.....1979-81
 Dixon, Pamela1978
 Doak (Davis), Nan1980-84
 Dobrowolski, Anne1981-85
 Docherty, Jennie2006, 2009
 Donlon, Katie2001-03
 Doyle, Renee1985-88
 Drapcho, Rosemary1978-81
 Dresselhaus, Ann.....1978-80
 Druulis, Julie1997-98
 Dunlop, Amy.....1977-79
 Dupuis, Claire2016
 Eilers, Brooke.....2008-11
 Ellis, Katie2006-07, 2009
 Esche, Molly2004-07
 Espinosa, Ashley2016
 Fallon, Fionna2008-09
 Feltes, Teresa.....1977-78
 Fleck, Shawn.....1993-95
 Flood, Betsy2008-11
 Flynn, Erin.....1978-82
 Freund, Kay.....1978-81
 Gilchrist, Alienor.....1996-97
 Gordon, Lisa2012
 Gorman, Keelin.....2011
 Griffin, Maggie.....1996-99
 Gripp, Sue1977
 Haefke, Kristen1997-98
 Hamilton, Jana.....1979-80
 Hardesty, Amanda2007-10
 Hardesty, Lauren.....2007-10

Hart, Kelsey2009-12
 Hawks, Rachel2006
 Hedlund, Laurie1977-78
 Hentges, Leah.....1999
 Hoehle, Zanetta1978-81
 Hollensbe, Julie2016
 Hoeman, Carissa.....1998
 Hoskins, Tami.....1987-91
 Houston, Marlie.....2016
 Johnson, Jennifer.....1990-93
 Jones, Alana.....2013, 2015
 Kiciak, Jennifer.....1995-96
 Kintzel, Denise1977-78
 Kleinfelter, Natalie1993-95
 Kotarba, Christine.....2004, 2007
 Krekeler, Rebecca Ann1978-79
 Kruckeberg, Jeanne1987-89
 Kruck, Kim.....1994
 Kubitz, Christine ...1995-96, 1998
 Laesch, Jackie2011
 Lahann, Michelle1999-2002
 Lambrecht, Carol1977-78
 Lessard, Megan2009
 Luber, Hannah2010
 Lund, Yvonne Irene.....1979-80
 Lynberg, Michele M. Dr. .1977-78
 Marchand, Racheal 2004-06, 2008
 Marshall, Sue.....1977
 Martin, Courtney.....2012-14
 Maser, Shannon.....2012-13
 McDowell, Tina.....1991-94

Melander, McKenzie.....2009-11
 Millward, Georgia.....2000-03
 Mims, Susan1977-80
 Mitchell, Elizabeth.....1978-79
 Murphy, Amy.....1998-99
 Murray, Megan1998
 Nelson, Major Sue.....1977-78
 Newbrough, Haley.....1996-97
 Newhouse, Carolyn2014-15
 Nukuri, Diane.....2006-07
 Oltman, Valerie.....1998
 Opatrny, Lauren.....2016
 Pare, Anne1996
 Pauling, Kiersten.....1993-96
 Pearson, Laura2004
 Perry, Sarah Spencer.....2008
 Placzek, Lena2012-13
 Price, Rachel2013
 Quigley, Kristina.....1999
 Ranegar, Megan.....2010-12
 Rehn, Katherin.....2010-11
 Roberts, Ericka.....1999-2002
 Roeder, Hannah2008-09
 Roehl, Becky1994-97
 Ruffcorn, Ann.....1999
 Salazar, Nina1998
 Saliba, Cindy2012
 Salsberry, Christine.....1991-93
 Schaefer, Chrissy.....2006
 Scheibel, Jill1995-98
 Schleusner, Mary2010
 Schmidt, Jessica.....2004-07
 Schmidt, Kristi.....1998-99
 Schoonover, Jennifer1993
 Schrulle, Mareike.....2011-12
 Shearer, Anna1998
 Shine, Andrea2015-16
 Sims, Sharon.....1977-78
 Sokol, Michelle2001-02, 2004
 Spangler, Jenny1981-83
 Sparks, Staci.....1993
 Spencer, Laura2004
 Stanley, Shannon2003-06
 Stec, Tina1990-93
 Swartzrock, Diane.....1978-80
 Thompson, Becca .1999-00, 2002
 Todd, Jocelyn2012-14
 Todd, Stephanie1977-80
 Vandervoort, Martha.....1991-94
 Vitense, Mandi1996-98
 Von Muenster, Shannon2001
 Waymire, Madison2015-16
 Wilberding, Tess2013-16
 Williams, Julie.....1979-81
 Zishka, Samantha.....2013-14



Nan Doak was Iowa's first cross country All-American, earning a total of three honors (1980, 1982-82).



Jennifer Brower was an All-American for the Hawkeyes in 1991. She also ran on the 1991 Iowa squad that posted a second-place finish at the NCAA district meet - it's highest finish there in school history.



Tracy Dahl was Iowa's first Big Ten Cross Country Champion. The two-time All-American (1991-92) won the title and was named Big Ten Female Cross Country Athlete of the Year in 1992.