





### What the GymHawks are Saying About Iowa Women's Gymnastics...



*"Iowa is a beautiful state with amazing people. The athletics teams here are the pride and joy of the people who live in Iowa City. Everyone here bleeds black and gold! The academics at Iowa are the biggest plus. Full of opportunity and so willing to help students and athletes with so much care and attention. As for the team, they are my sisters with whom I share all of the awesome experiences that I am having at Iowa. The comforting environment that Iowa provides, along with the family atmosphere of the*

*team, made me choose to go to this prestigious Big Ten school."*

**-Nathalie Balfour**



*"Sweet home Alabama? I think not... Iowa is definitely the sweetest thing and has become my home away from home. The campus is beautiful and very safe, the academic opportunities are boundless, and the people are friendly, accepting and fun. Not to mention the gymnastics team, which has become my new family, is made up of some of the sweetest, most talented people I have ever met. I have to admit, the thing I love most about Iowa is the people surrounding me. My teammates and coaches*

*have accepted me for who I am (which, I assure you, is not as easy as it sounds) and I have complete confidence that they will always be there for me, pushing me to be a better student, athlete and most importantly, a better person!"*

**-Liz Grajewski**



*"I chose Iowa because I felt so at home with the amazing girls on the team as well as the coaching staff. It is a great school academically and a big switch from my hometown of New Orleans, which was what I was looking for. Our team has made substantial improvements very quickly in the last couple of years, and I hope and believe that trend will continue."*

**-Danielle Legeai**



*"I came to Iowa in a year that was full of opportunity. Mike was the new head coach, the program was on the rise and I really wanted to be a part of this breakthrough team. One thing I've learned since I've been here is that Iowa will not let you down, whether it be athletics or academics, or life experience in general. As a team member, an ISAAC member and a student, I can say that Iowa is the place to be."*

**-Brandy Killian**



*"Coming from California, everyone always asks me, 'Why would you want to go to Iowa?' The answer for me is simple - Iowa feels like home! Everything about Iowa is exactly what I was looking for. After being here, I can say that I was not at all disappointed. I have learned about myself, formed life-long friendships, but more importantly, I've had a great time."*

**-Mindi Levitz**



*"I chose Iowa because it is such a wonderful place for so many reasons. The academics are great, the campus is beautiful and the team is truly something special. As a student, I have the ability to excel and prepare for the rest of my life. As a gymnast, I get to be part of a talented group of gymnasts and coaches who are ready to take Iowa's team to the next level and have tons of fun in the process. I'm looking forward to a great year. Go Gymhawks!!!"*

**-Beth Dilick**



*"It wasn't just one person or one place or any specific thing that made me choose Iowa. The reason I chose Iowa was because everything here told me this is where I belonged and would grow as a person. It's the place where I would be opened to a world full of opportunity."*

**-Tiffany Kwan**



*"I came to Iowa because during my first visit here, it felt like home! I wanted to be a part of a team that resembles a family. As a freshman, my coaches and teammates made me feel welcomed and wanted. Being a student-athlete on such a big campus is hard, but the university offers all I need to succeed."*

**-Krista Lewis**



## What the GymHawks are Saying About Iowa Women's Gymnastics...



*"You don't choose to go to Iowa, Iowa chooses you. Life here is a state of mind. As a student there is a pride and silent prestige that runs the classroom, building a set of our country's future leaders. The campus is full of history and beauty unparalleled. The buildings stand strong within the rolling hills and the people - a sincere set of Midwestern sweetness. There is never a day where I go without seeing a new person smile or say 'hi.' Then there is my family... my team! With dedication and desire I couldn't possibly be more inspired*

*to reach my full potential. It's great to be a Hawkeye!"* **-Stephanie Gran**



*"There are three reasons why I chose Iowa. First was the chance to be part of something great; a gymnastics team that was on the verge of its first ever Big Ten title and trip to NCAA nationals. To know that I could be a part of that experience was my major deciding factor. The second reason was because of the campus. Where else in the country can you find a college campus that has a river running through the center of campus? It's absolutely gorgeous. The final reason was the team dynamics. We have a*

*team whose goal at every meet is to have the most FUN - cheering, dancing, singing, competing. After all, that is what gymnastics is all about."* **-Alexis Maday**



*"The first thing you see when you get off the puddle jumper plane at Cedar Rapids Airport is a sign scrolling the words 'Field of Opportunity'. Contrary to popular belief, Iowa City is not a cornfield but there are a lot of opportunities available here. Not only is Iowa a challenging school academically, it is also a really fun place to be, and being part of Iowa Gymnastics is a special feeling in itself."*

**-Annie Rue**



*"I came to Iowa because I loved the campus and knew that it was a great physical therapy school. I also liked how it was the smallest Big Ten school. My final decision to come to Iowa came from my recruiting trip. I loved all of the girls and they were very upbeat and welcoming. They made me feel like I was already a part of the team."*

**-Bobbie Zimmerman**



*"Despite what everyone says, Iowa City is not a cornfield. It is just what the name says - a city. As soon as I stepped on the campus I felt right at home. The team here is not only my team, but also my family. Outside of the gym there are so many nice people that it was hard not to choose Iowa. Besides the athletics, the academics at Iowa provide students many opportunities to make something of themselves. So why Iowa? Well, why not?"*

**-Kortny Williamson**



*"I came to Iowa because I wanted to be involved in something truly amazing. The university offered everything I wanted in a college, including a beautiful campus and friendly people beaming with Hawkeye pride. The school colors were definitely a plus... I mean, who doesn't look good in black and gold? The team and coaches were excited about a brand new start for Iowa Gymnastics and I wanted to be a part of that. As a senior, I look back and see how far we've all come. It's been an incredible journey. Thanks,*

*Hawks."* **-Nicole Wong**



*"I came to the University of Iowa because it is so well-rounded. Everyone here is friendly, but the gymnastics team and coaches are especially loving! The campus is beautiful, clean and safe. Most importantly, though, Iowa has strong academics which will prepare me for the future!"*

**-Melissa Saliba**



2004 Opponents

**Oklahoma**  
**Jan. 2 - TBA**  
**Cancun, Mexico - TBA**

Location: ..... Norman, OK  
Founded: ..... 1890  
President: ..... Davis L. Boren  
Athletic Director: ..... Joe Castiglione  
SWA: ..... Stephanie Rempe  
Colors: ..... Crimson & Cream  
Nickname: ..... Sooners  
Venue: ..... Lloyd Noble Center  
Conference: ..... Big 12  
2003 Record: ..... 18-11  
2003 Conference Finish: ..... 2nd  
Regional Finish: ..... 4th  
NCAA Finish: ..... N/A  
Head Coach: ..... Steve Nunno  
Alma Mater/Year: ..... UMass/1979  
Record at School/Years: ..... 55-28/3  
Career Record/Years: ..... Same  
Assistant Coach: ..... Nilson Savage  
..... Jenny Rowland  
Letterwinners Returning/Lost: ..... 9/5  
Gymnastics SID: ..... Craig Moran  
Office Phone: ..... (405) 325-8231  
Fax Phone: ..... (405) 325-7623  
Email Address: ..... cmoran@ou.edu  
Web Address: ..... www.SoonerSports.com

**Texas Woman's University**  
**Jan. 2 - TBA**  
**Cancun, Mexico - TBA**

Location: ..... Denton, TX  
Founded: ..... 1901  
Chancellor: ..... Dr. Ann Stuart  
Athletic Director: ..... Chales Co  
Colors: ..... Maroon & White  
Nickname: ..... Pioneers  
Venue: ..... Pioneer Hall  
Conference: ..... Midwest Independent  
2003 Record: ..... 19-18  
2003 Conference Finish: ..... 2nd  
Regional Finish: ..... N/A  
NCAA Finish: ..... N/A  
Head Coach: ..... Frank Kudlac  
Alma Mater/Year: ..... West Chester/1978  
Record at School/Years: ..... 382-378-1/25  
Career Record/Years: ..... Same  
Assistant Coach: ..... Jackie Fain  
Letterwinners Returning/Lost: ..... 11/6  
Gymnastics SID: ..... N/A  
Office Phone: ..... (940) 898-2373  
Fax Phone: ..... (940) 898-2400  
Email Address: ..... TBA  
Web Address: ..... www.twuathletics.com

**Iowa State**  
**Jan. 17 - Iowa City, IA - 7 p.m.**  
**Mar. 12 - Ames, IA - 7 p.m.**

Location: ..... Ames, IA  
Founded: ..... 1858  
President: ..... Dr. Gregory L. Geoffroy  
Athletic Director: ..... Bruce Van De Velde  
SWA: ..... Calli Theisen Sanders  
Colors: ..... Cardinal & Gold  
Nickname: ..... Cyclones  
Venue: ..... Hilton Coliseum  
Conference: ..... Big 12  
2003 Record: ..... 9-13  
2003 Conference Finish: ..... 4<sup>th</sup>  
Regional Finish: ..... 3<sup>rd</sup>  
NCAA Finish: ..... N/A  
Head Coach: ..... K.J. Kindler  
Alma Mater/Year: ..... Iowa State/1992  
Record at School/Years: ..... 37-30/3  
Career Record/Years: ..... Same  
Assistant Coach: Lou Ball & Kristen Hoferlin  
Letterwinners Returning/Lost: ..... 9/2  
Gymnastics SID: ..... Erin Gaylord  
Office Phone: ..... (515) 294-3372  
Fax Phone: ..... (515) 294-0558  
Email Address: mediarelations@iastate.edu  
Web Address: ..... www.cyclones.com

**Michigan**  
**Jan. 24 - Field House**  
**Iowa City, IA - 2 p.m.**

Location: ..... Ann Arbor, MI  
Founded: ..... 1817  
President: ..... Mary Sue Coleman  
Athletic Director: ..... William C. Martin  
Colors: ..... Maize & Blue  
Nickname: ..... Wolverines  
Venue: ..... Crisler Arena  
Conference: ..... Big Ten  
2003 Record: ..... 17-6  
2003 Conference Finish: ..... 1st  
Regional Finish: ..... 1st  
NCAA Finish: ..... 5th  
Head Coach: ..... Bev Plocki  
Alma Mater/Year: ..... West Virginia/1987  
Record at School/Years: ..... 262-78/14  
Career Record/Years: ..... Same  
Assistant Coaches: ..... Scott Sherman  
..... Joanne Bowers  
Letterwinners Returning/Lost: ..... 5/4  
Gymnastics SID: ..... Paul Thomas  
Office Phone: ..... (734) 763-4423  
Fax Phone: ..... (734) 647-1188  
Email Address: ..... pwthomas@umich.edu  
Web Address: ..... mgoblue.com

**North Carolina State**  
**Jan. 31 - Field House**  
**Iowa City, IA - 2 p.m.**

Location: ..... Raleigh, NC  
Founded: ..... 1887  
Chancellor: ..... Dr. Marye Anne Fox  
Athletic Director: ..... Lee Fowler  
SWA: ..... Nora Lynn Finch  
Colors: ..... Red & White  
Nickname: ..... Wolfpack  
Venue: ..... Reynolds Coliseum  
Conference: ..... EAGL  
2003 Record: ..... 22-6  
2003 Conference Finish: ..... 2nd  
Regional Finish: ..... 6th  
NCAA Finish: ..... N/A  
Head Coach: ..... Mark Stevenson  
Alma Mater/Year: ..... Iowa/1978  
Record at School/Years: ..... 319-185/23  
Career Record/Years: ..... Same  
Assistant Coach: Colleen Johnson & Greg Frew  
Letterwinners Returning/Lost: ..... 11/3  
Gymnastics SID: ..... Brian Reinhardt  
Office Phone: ..... (919) 515-8953  
Fax Phone: ..... (919) 515-2898  
Email Address: . brian\_reinhardt@ncsu.edu  
Web Address: ..... www.gopack.com

**Utah**  
**Feb. 6 - Salt Lake City, UT - 8 p.m.**  
**Mar. 5 - Seattle, WA - 9 p.m.**

Location: ..... Salt Lake City, UT  
Founded: ..... 1850  
President: ..... Dr. Bernie Machen  
Athletic Director: ..... Dr. Chris Hill  
SWA: ..... Mary Bowman  
Colors: ..... Crimson & White  
Nickname: ..... Utes  
Venue: ..... Huntsman Center  
2003 Record: ..... 7-5  
2003 Conference Finish: ..... N/A  
Regional Finish: ..... 1st  
NCAA Finish: ..... 6th  
Head Coach: ..... Greg Marsden  
Alma Mater/Year: .. Central Arkansas/1972  
Record at School/Years: ..... 780-130-5/28  
Career Record/Years: ..... Same  
Assistant Coach: ..... Megan Marsden  
Letterwinners Returning/Lost: ..... 7/3  
Gymnastics SID: ..... Liz Abel  
Office Phone: ..... (801) 581-3511  
Fax Phone: ..... (801) 581-4358  
Email Address: .. label@huntsman.utah.edu  
Web Address: ..... www.utahutes.com



**Maryland**

**Feb. 14 - Comcast Center  
College Park, MD - 6 p.m.**

Location: ..... College Park, MD  
 Founded: ..... 1807  
 President: ..... C.D. Mote, Jr.  
 Athletic Director: ..... Deborah A. Yow  
 SWA: ..... Kathleen Worthington  
 Colors: ..... Red, White, Black, Gold  
 Nickname: ..... Terrapins, Terps  
 Venue: ..... Comcast Center  
 Conference: ..... ACC  
 2003 Record: ..... 12-9  
 2003 Conference Finish: ..... 4<sup>th</sup>  
 Regional Finish: ..... 4<sup>th</sup>  
 NCAA Finish: ..... N/A  
 Head Coach: ..... Bob Nelligan  
 Alma Mater/Year: ..... Massachusetts/1972  
 Record at School/Years: ..... 404-343-2/25  
 Career Record/Years: ..... Same  
 Assistant Coach: ..... Wendy Marshall  
 Letterwinners Returning/Lost: ..... 12/2  
 Gymnastics SID: ..... Mary Smith  
 Office Phone: ..... (301) 314-7064  
 Fax Phone: ..... (301) 314-9094  
 Email Address: ..... marysmth@umd.edu  
 Web Address: ..... www.umterps.com

**Illinois State**

**Feb. 21 - Horton Fieldhouse  
Normal, IL - 7 p.m.**

Location: ..... Normal, IL  
 Founded: ..... 1857  
 Interim President: ..... Dr. Al Bowman  
 Athletic Director: ..... Perk Weisenburger  
 Colors: ..... Red & White  
 Nickname: ..... Redbirds  
 Venue: ..... Horton Fieldhouse  
 Conference: ..... Midwest Independent  
 2003 Record: ..... 5-16  
 2003 Conference Finish: ..... 5<sup>th</sup>  
 Regional Finish: ..... N/A  
 NCAA Finish: ..... N/A  
 Head Coach: ..... Kristin Montero  
 Alma Mater/Year: ..... Illinois/1998  
 Record at School/Years: ..... 0-0/1  
 Career Record/Years: ..... 0-0/1  
 Assistant Coach: ..... Jared Erlenbaugh  
 Letterwinners Returning/Lost: ..... 13/5  
 Gymnastics SID: ..... Kristen Greenstreet  
 Office Phone: ..... (309) 438-3262  
 Fax Phone: ..... (309) 438-5634  
 Email Address: ..... kegreen2@ilstu.edu  
 Web Address: ..... www.redbirds.org

**Minnesota**

**Mar. 22 - Field House  
Iowa City, IA - 7 p.m.**

Location: ..... Minneapolis, MN  
 Founded: ..... 1851  
 Interim President: ..... Robert Bruiniks  
 Athletic Director: ..... Joel Maturi  
 Colors: ..... Maroon & Gold  
 Nickname: ..... Golden Gophers  
 Venue: ..... Sports Pavillion  
 Conference: ..... Big Ten  
 2003 Record: ..... 15-17  
 2003 Conference Finish: ..... 4<sup>th</sup>  
 Regional Finish: ..... 5<sup>th</sup>  
 NCAA Finish: ..... N/A  
 Co-Head Coach: ..... Jim Stephensen  
 Alma Mater/Year: ..... Iowa State/1973  
 Co-Head Coach: ..... Meg Stephensen  
 Alma Mater/Year: ..... Iowa State/1981  
 Record at School/Years: ..... 104-72-1/6  
 Career Record/Years: ..... 172-143-1/11  
 Assistant Coach: ..... Doug Day  
 Letterwinners Returning/Lost: ..... 9/4  
 Gymnastics SID: ..... Shane Sandersfeld  
 Office Phone: ..... (612) 625-4090  
 Fax Phone: ..... (612) 625-0359  
 Email Address: ..... sande102@umn.edu  
 Web Address: ..... www.gophersports.com

**Washington**

**Jan. 2 - Cancun, Mexico - TBA  
Mar. 5 - Seattle, WA - 9 p.m.**

Location: ..... Seattle, WA  
 Founded: ..... 1861  
 Interim President: ..... Lee Huntsman  
 Athletic Director: ..... Barbara Hedges  
 Colors: ..... Purple & Gold  
 Nickname: ..... Huskies  
 Venue: ..... Bank of America Arena  
 Conference: ..... Pac-10  
 2003 Record: ..... 21-11  
 2003 Conference Finish: ..... 4<sup>th</sup>  
 Regional Finish: ..... 3<sup>rd</sup>  
 NCAA Finish: ..... N/A  
 Head Coach: ..... Bob Levesque  
 Alma Mater/Year: ..... Fresno State/1972  
 Record at School/Years: ..... 155-124-1/13  
 Career Record/Years: ..... Same  
 Assistant Coach: Heidi Coleman & Frank Lee  
 Letterwinners Returning/Lost: ..... 11/3  
 Gymnastics SID: ..... Jim Daves  
 Office Phone: ..... (206) 543-2230  
 Fax Phone: ..... (206) 543-5000  
 Email Address: .. jdaves@u.washington.edu  
 Web Address: ..... www.gohuskies.com

**Big Ten Championships**

**Mar. 20 - Sports Pavilion  
Minneapolis, MN - 6 p.m.**

Teams Competing: ..... Illinois  
 ..... Iowa  
 ..... Michigan  
 ..... Michigan State  
 ..... Minnesota  
 ..... Ohio State  
 ..... Penn State

**NCAA National Championships**

**April 15-17  
Los Angeles, CA - All Day**

April 15: ..... Team Preliminaries  
 April 16: ..... Super Six Team Finals  
 April 17: ..... Individual Event Finals

**NCAA Regional Championships**

**April 3  
Various Locations**

Central Regional: ..... Baton Rouge, LA  
 North Central Regional: ..... Denver, CO  
 Northeast Regional: ..... State College, PA  
 South Central Regional: ..... Tucson, AZ  
 Southeast Regional: ..... Raleigh, NC  
 West Regional: ..... Corvallis, OR



**Iowa at Georgia**  
**January 12, 2003 – Athens, GA**

The 14<sup>th</sup>-ranked Hawkeyes were defeated in their season opener by second-ranked Georgia. Iowa posted a team score of 193.25, the highest score in an opener in school history. The GymHawks secured the top three spots in the all-around, with **Alexis Maday**, **Liz Grajewski** and **Annie Rue** finishing 1-2-3. **Maday** also recorded a second-place finish on the bars.

Gymnast	V	UB	BB	F	AA
Alexandrova	—	—	9.15	—	—
Conway	9.225	—	—	9.8	—
Grajewski	9.625	9.625	9.575	9.75	38.575
Gran	9.85	—	9.6	9.65	—
Killian	—	9.175	8.825	9.6	—
Kwan	—	9.75	—	—	—
Maday	9.825	9.9	9.3	9.875	38.9
Rue	9.775	9.275	9.675	9.625	38.35
Williamson	9.825	—	—	—	—
Wong	—	9.8	—	—	—
Team	48.9	48.35	47.3	48.7	193.25

**Team Results** - 1. Georgia (197.0) 2. Iowa (193.25)

**Iowa vs. Michigan State**  
**February 8, 2003 – Iowa City, IA**

The 18<sup>th</sup>-ranked Hawkeyes dominated Michigan State, 196.55 - 193.925, for their first Big Ten win. Junior **Stephanie Gran** dominated the meet, winning three individual event titles and the all-around. She won the vault with a 9.825, floor with a 9.95 and all-around with a 9.475. **Gran** had a career-high and tied for first on beam with **Maday**, scoring a 9.9. **Maday** also won the bars (9.925).

Gymnast	V	UB	BB	F	AA
Alexandrova	—	—	9.875	—	—
Conway	9.6	9.825	—	9.8	—
Grajewski	9.725	—	9.25	9.85	—
Gran	9.825	9.8	9.9	9.95	39.475
Killian	—	—	—	9.7	—
Kwan	9.65	9.75	—	—	—
Maday	—	9.925	9.9	—	—
Rue	9.8	9.8	9.825	9.8	39.225
Williamson	9.8	—	—	9.85	—
Wong	—	9.85	9.8	—	—
Team	48.8	49.2	49.3	49.25	196.55

**Team Results** - 1. Iowa (196.55) 2. Michigan State (193.925)

**Iowa at Illinois-Chicago**  
**March 2, 2003 – Chicago, IL**

The 20<sup>th</sup>-ranked GymHawks recorded its second win of the season, defeating Illinois-Chicago 194.725 - 193.25. **Maday** led the team, winning the all-around (39.25) and beam (9.775), finishing second on bars (9.825), tying for second with **Gran** on vault (9.825) and placing fourth on floor (9.825). Second-place finishes for the Hawkeyes included **Rue** in all-around and **Alexandrova** on beam.

Gymnast	V	UB	BB	F	AA
Alexandrova	—	—	9.75	—	—
Conway	—	9.6	—	9.8	—
Grajewski	9.7	9.725	—	9.7	—
Gran	9.825	—	—	—	—
Kwan	9.625	9.7	9.25	9.75	38.325
Maday	9.825	9.825	9.775	9.825	39.25
Rue	9.75	9.75	9.6	9.8	38.9
Williamson	9.375	9.5	—	9.75	—
Wong	—	9.65	9.7	—	—
Team	48.725	48.525	48.55	48.925	194.725

**Team Results** - 1. Iowa (194.725) 2. Illinois-Chicago (193.25)

**Iowa vs. Nebraska**  
**January 18, 2003 – Iowa City, IA**

The No. 24 Hawkeyes fell to #4 Nebraska at home, 197.125 - 195.075. **Maday** and **Rue** tied for first on bars with a 9.95, a career high for **Rue** and a tied career best for **Maday**. **Maday** also finished second in the all-around. On floor, sophomore **Michelle Conway** finished second with a career-high 9.9. **Grajewski** tied for third on the event with a 9.875.

Gymnast	V	UB	BB	F	AA
Alexandrova	—	—	9.85	—	—
Conway	9.225	—	—	9.8	—
Grajewski	9.675	9.1	9.7	9.875	38.35
Gran	9.675	—	—	—	—
Killian	—	8.95	—	—	—
Kwan	9.625	9.825	—	9.725	—
Maday	9.875	9.95	9.775	9.8	39.4
Rue	9.575	9.95	9.775	9.05	38.35
Williamson	9.8	9.7	9.7	9.8	39.0
Team	48.65	48.525	48.8	49.1	195.075

**Team Results** - 1. Nebraska (197.125) 2. Iowa (195.075)

**Iowa at Oklahoma**  
**February 14, 2003 – Norman, OK**

The No. 17 GymHawks fell to No. 16 Oklahoma, 196.6 - 194.725. **Gran** posted a 10.0 on vault to win the event, won floor with a 9.95 and tied for first in the all-around (39.5). On bars, **Maday** finished second (9.9) and **Rue** placed third (9.875). Iowa's top finisher on beam was **Rue**, who scored a 9.875 to finish third.

Gymnast	V	UB	BB	F	AA
Alexandrova	—	—	5.0	—	—
Conway	—	9.65	8.775	9.8	—
Grajewski	9.8	—	—	9.775	—
Gran	10.0	9.75	9.8	9.95	39.5
Kwan	9.65	9.825	—	—	—
Maday	9.8	9.9	9.1	9.8	38.6
Rue	9.825	9.875	9.875	9.7	39.275
Williamson	9.85	—	—	9.575	—
Wong	—	9.8	9.725	—	—
Team	49.275	49.15	47.275	49.025	194.725

**Team Results** - 1. Oklahoma (196.6) 2. Iowa (194.725)

**Iowa at Illinois**  
**March 8, 2003 – Champaign, IL**

The No. 21 GymHawks defeated Illinois with a school-record performance of 196.8 to Illinois' 194.0. **Gran** and **Maday** tied for first on vault with a 9.95. **Maday** also won the bars and all-around. **Alexandrova** recorded a victory on beam with a 9.925.

Gymnast	V	UB	BB	F	AA
Alexandrova	—	—	9.925	—	—
Grajewski	9.8	9.775	9.825	9.75	38.65
Gran	9.95	9.8	9.875	—	—
Killian	—	—	—	9.375	—
Kwan	9.675	9.825	—	9.8	—
Maday	9.95	9.95	9.825	9.925	39.65
Rue	9.85	9.85	9.775	9.85	39.325
Williamson	9.85	—	—	9.725	—
Wong	—	9.825	9.7	—	—
Team	49.4	49.25	49.1	49.05	196.8

**Team Results** - 1. Iowa (196.8) 2. Illinois (194.0)

**Iowa at Iowa State**  
**January 31, 2003 – Ames, IA**

The 19<sup>th</sup>-ranked GymHawks fell in their third meet of the season to Iowa State, 196.425 - 195.275. **Maday** led the team with two first-place finishes. Her victories came on the bars, where she tied for first with a 9.95, and the beam, scoring a 9.9. **Rue** won the all-around with a 39.325 and placed second on beam (9.875). **Kortny Williamson** was Iowa's top finisher on vault, placing second with a 9.825.

Gymnast	V	UB	BB	F	AA
Alexandrova	—	—	9.8	—	—
Conway	9.5	9.75	8.75	9.375	37.375
Grajewski	9.75	—	—	9.275	9.85
Gran	9.675	9.8	9.35	9.9	38.725
Kwan	9.6	9.825	—	9.8	—
Maday	—	9.95	9.9	—	—
Rue	9.775	9.85	9.875	9.825	39.325
Williamson	9.825	—	—	9.825	—
Wong	—	9.825	—	—	—
Team	48.625	49.25	48.2	49.2	195.275

**Team Results** - 1. Iowa State (196.425) 2. Iowa (195.275)

**Iowa at Southern Utah**  
**February 22, 2003 – Cedar City, UT**

The No. 17 Hawkeyes were barely edged by Southern Utah, 195.975 - 195.9. On vault, Iowa took the top four spots, with **Gran** and **Maday** tying for first (9.875). The GymHawks tied a school team record 49.35 on the beam. Senior **Janna Alexandrova** won the event with a 9.925. **Maday** took floor with a 9.925, while **Rue** won the all-around (39.275).

Gymnast	V	UB	BB	F	AA
Alexandrova	—	—	9.925	—	—
Conway	—	9.775	—	9.875	—
Grajewski	9.725	—	9.825	9.8	—
Gran	9.875	9.825	—	6.55	—
Kwan	9.55	9.35	9.625	9.65	38.175
Maday	9.875	9.225	9.9	9.925	38.925
Rue	9.85	9.675	9.9	9.85	39.275
Williamson	9.825	—	—	—	—
Wong	—	9.675	9.8	—	—
Team	49.15	48.3	49.35	49.1	195.9

**Team Results** - 1. Southern Utah (195.975) 2. Iowa (195.9)

**Iowa vs. Iowa State**  
**March 13, 2003 – Iowa City, IA**

The No. 20 Hawkeyes downed #21 Iowa State, 196.675 - 195.825. **Maday** and **Williamson** tied for first on vault (9.9). On bars, Iowa took the top five spots, with **Maday** winning and **Nicole Wong** taking second. **Alexandrova** won beam with a 9.9. **Maday** took first in the all-around (39.55) and was the GymHawks top finisher on floor, placing second.

Gymnast	V	UB	BB	F	AA
Alexandrova	—	—	9.9	—	—
Conway	—	—	—	9.9	—
Grajewski	9.775	9.8	9.675	9.625	38.875
Gran	9.85	9.85	9.8	—	—
Kwan	9.625	8.825	—	9.675	—
Maday	9.9	9.925	9.8	9.925	39.55
Rue	9.8	9.875	9.7	9.85	39.225
Williamson	9.9	—	—	9.825	—
Wong	—	9.9	9.725	—	—
Team	49.225	49.35	48.925	49.175	196.675

**Team Results** - 1. Iowa (196.675) 2. Iowa State (195.825)



**Iowa at Minnesota**  
**March 22, 2003 – Minneapolis, MN**

The 20th-ranked GymHawks edged out No. 21 Minnesota, 196.65 - 196.5. The win gave the Hawkeyes a perfect 3-0 finish in Big Ten dual competition. **Gran** and **Williamson** tied for first on vault with a 9.9. **Maday** tied for first on bars (9.925) and won the all-around (39.475). Iowa took the top three spots in the all-around, with **Rue** finishing second and **Gran** third.

Gymnast	V	UB	BB	F	AA
Alexandrova	—	—	9.825	—	—
Conway	—	—	—	9.85	—
Grajewski	9.8	9.8	9.75	9.75	39.1
Gran	9.9	9.775	9.75	9.825	39.25
Kwan	9.725	9.85	—	—	—
Maday	9.85	9.925	9.8	9.9	39.475
Rue	9.775	9.9	9.8	9.8	39.275
Williamson	9.9	—	—	9.775	—
Wong	—	9.875	9.725	—	—
Team	49.225	49.35	48.925	49.15	196.65

**Team Results - 1. Iowa (196.65) 2. Minnesota (196.5)**

**Iowa at Big Ten Championships**  
**March 29, 2003 – Champaign, IL**

The 17th-ranked GymHawks finished second, with #10 Michigan winning the championships. **Gran** tied for first on floor with a 9.95. **Maday** placed second in vault with a 9.9 and tied for first on bars (9.95). **Maday** was Iowa's top finisher in the all-around, finishing fourth (39.525). **Alexandrova** placed second on beam (9.925).

Gymnast	V	UB	BB	F	AA
Alexandrova	—	—	9.925	—	—
Conway	—	—	—	9.825	—
Grajewski	9.75	9.7	9.8	9.775	39.025
Gran	9.85	9.8	9.8	9.95	39.4
Kwan	9.675	9.85	—	—	—
Maday	9.9	9.95	9.775	9.9	39.525
Rue	9.8	9.85	9.825	9.825	39.3
Williamson	9.875	—	—	9.8	—
Wong	—	9.8	9.75	—	—
Team	49.175	49.25	49.125	49.3	196.85

**Team Results - 1. Michigan (197.45) 2. Iowa (196.85) 3. Penn State (196.65) 4. Minnesota (195.425) 5. Ohio State (194.975) 6. Illinois (193.575) 7. Michigan State (193.425)**

**Iowa at South Central Regionals**  
**April 12, 2003 – Columbia, MO**

The No. 13 GymHawks placed second to qualify for NCAAs for the first time in school history. Top-ranked UCLA took first with a 197.7. **Conway** and **Maday** tied for fourth on floor with a 9.9. **Maday** also tied for fifth on vault, and she tied for ninth on bars with **Wong**. **Alexandrova** tied for fifth on beam with a 9.85. **Rue** was Iowa's top all-around finisher, placing seventh with a 39.2.

Gymnast	V	UB	BB	F	AA
Alexandrova	—	—	9.85	—	—
Conway	9.55	9.8	—	9.9	—
Grajewski	9.425	9.8	9.65	9.775	38.65
Gran	9.825	9.8	9.75	9.575	38.95
Maday	9.85	9.85	9.15	9.9	38.75
Rue	9.725	9.825	9.8	9.85	39.2
Williamson	9.725	—	—	9.85	—
Wong	—	9.85	9.75	—	—
Team	48.675	49.125	48.8	49.275	195.975

**Team Results - 1. UCLA (197.7) 2. Iowa (195.875) 3. Oregon State (195.850) 4. Arizona (195.45) 5. Missouri (194.825) 6. Illinois-Chicago (193.2)**

**Iowa at NCAA Championships**  
**April 24, 2003 – Lincoln, NE**

The 13th-ranked Hawkeyes posted a score of 193.925 to finish sixth in Session I. On bars, **Maday** tied for fourth (9.85) to advance to the individual event finals, and **Wong** placed 13th. **Maday** and **Rue** finished seventh and 13th on all-around, respectively. **Maday** tied for 11th on beam (9.825) and tied for 12th on floor with **Gran** (9.825). **Maday** and **Rue** tied for 16th on vault with a 9.750. At the individual event finals, **Maday** posted a 9.85 to tie for fourth.

Gymnast	V	UB	BB	F	AA
Alexandrova	—	—	9.525	—	—
Conway	9.5	—	—	9.75	—
Grajewski	9.675	9.05	9.775	9.75	38.25
Gran	9.575	9.6	9.775	9.825	38.775
Kwan	—	9.075	—	—	—
Maday	9.75	9.85	9.825	9.825	39.25
Rue	9.75	9.725	9.8	9.6	38.875
Williamson	9.3	—	—	9.55	—
Wong	—	9.775	9.625	—	—
Team	49.25	48.025	48.8	48.75	193.825

**Team Results - 1. UCLA (197.825) 2. Alabama (197.275) 3. Georgia (197.275) 4. Nebraska (197.125) 5. Michigan (196.05) 6. Utah (195.3) 7. Florida (196.325\*) 8. Stanford (196.2\*) 9. Arizona State (194.225\*) 10. Louisiana State (194.0\*) 11. Iowa (193.825\*) 12. Auburn (193.525\*)**

\*Starting in 1993, scores for teams 7-12 are from team qualifying night.

**Individual Event Finals**

Gymnast	V	UB	BB	F
Maday	—	9.85	—	—

**Team Season Bests**

Event	Score	Date	Meet
Vault	49.400	Mar. 8	at Illinois
Uneven Bars	49.350	Mar. 13	vs. Iowa State
	49.350	Mar. 22	at Minnesota
Balance Beam	49.350	Feb. 22	at Southern Utah
Floor	49.300	Mar. 29	at Big Ten Championships
Team Total	196.850	Mar. 29	at Big Ten Championships

**2003 Conference Honors and Awards**

**Big Ten Champions**

Floor Exercise Stephanie Gran (co-champ)  
 Uneven Bars Alexis Maday (co-champ)

**All-Big Ten Selections**

Alexis Maday (first team)  
 Annie Rue (first team)  
 Stephanie Gran (second team)

**Big Ten Athlete of the Week**

Alexis Maday, 1/22, 3/11

**Academic All-Big Ten Honorees**

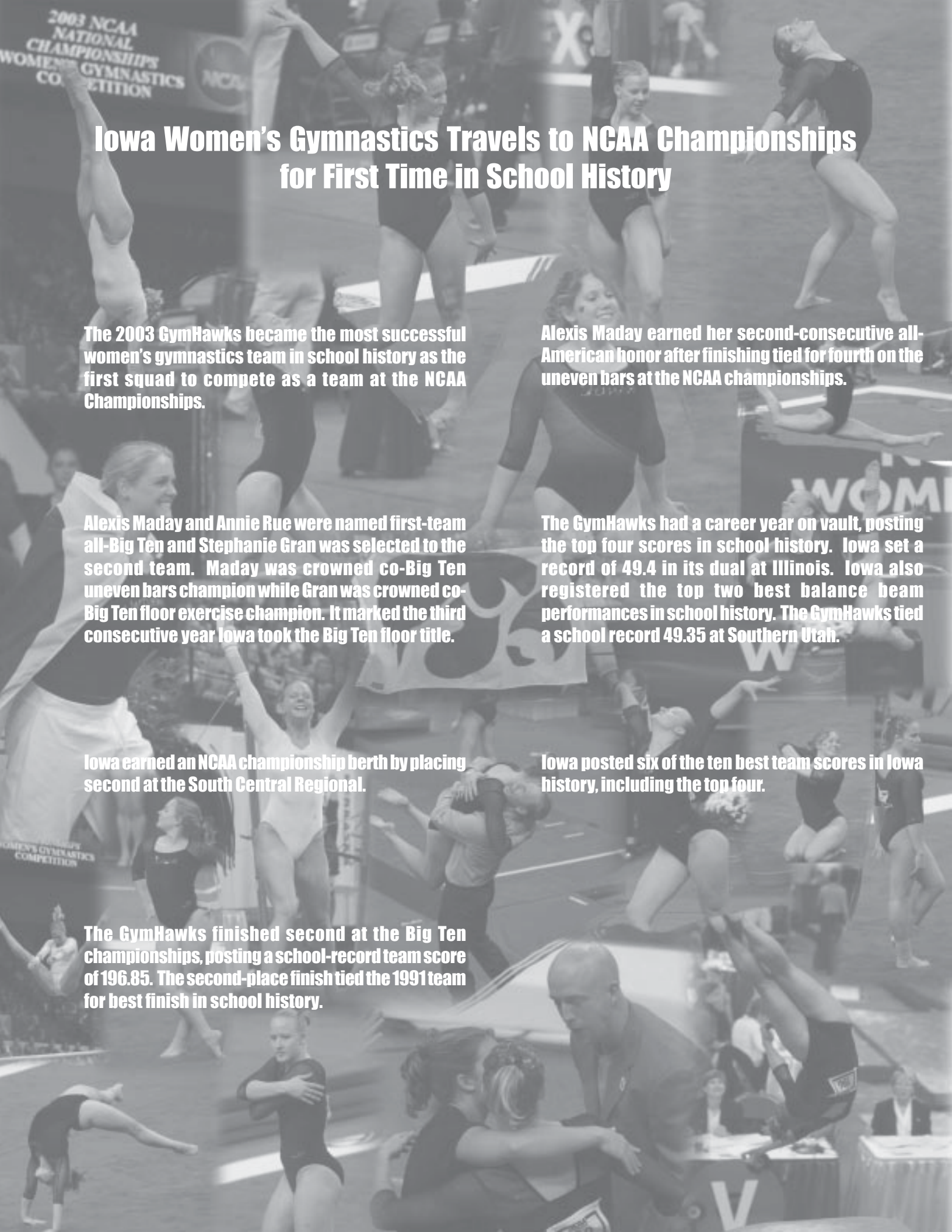
Stephanie Gran  
 Brandy Killian  
 Mindi Levitz  
 Annie Rue  
 Nicole Wong

**Event Season Bests**

Event	Individual	Score	Date	Meet
Vault	Stephanie Gran	10.00	Feb. 14	at Oklahoma
Uneven Bars	Alexis Maday	9.950	Mar. 29	at Big Ten Champs
		9.950	Mar. 8	at Illinois
		9.950	Jan. 31	at Iowa State
		9.950	Jan. 18	vs. Nebraska
	Annie Rue	9.950	Jan. 18	vs. Nebraska
Balance Beam	Janna Alexandrova	9.925	Mar. 29	at Big Ten Champs
Floor Exercise	Stephanie Gran	9.950	Mar. 29	at Big Ten Champs
		9.950	Feb. 14	at Oklahoma
		9.950	Feb. 8	vs. Michigan State
All-Around	Alexis Maday	39.650	Mar. 8	at Illinois

**Individual Season Bests**

Gymnast	V	UB	BB	F	AA
Janna Alexandrova	—	—	9.925	—	—
Nathalie Balfour	—	—	—	—	—
Michelle Conway	9.600	9.825	9.675	9.900	37.375
Elizabeth Grajewski	9.800	9.800	9.825	9.875	39.100
Stephanie Gran	10.000	9.850	9.900	9.950	39.500
Brandy Killian	—	9.175	8.825	9.700	—
Tiffany Kwan	9.725	9.850	9.725	9.800	38.325
Alexis Maday	9.950	9.950	9.900	9.925	39.650
Annie Rue	9.850	9.950	9.900	9.850	39.325
Kortny Williamson	9.900	9.700	9.700	9.850	39.000
Nicole Wong	—	9.900	9.800	—	—
Team	49.400	49.350	49.350	49.300	196.850



## Iowa Women's Gymnastics Travels to NCAA Championships for First Time in School History

The 2003 GymHawks became the most successful women's gymnastics team in school history as the first squad to compete as a team at the NCAA Championships.

Alexis Maday and Annie Rue were named first-team all-Big Ten and Stephanie Gran was selected to the second team. Maday was crowned co-Big Ten uneven bars champion while Gran was crowned co-Big Ten floor exercise champion. It marked the third consecutive year Iowa took the Big Ten floor title.

Iowa earned an NCAA championship berth by placing second at the South Central Regional.

The GymHawks finished second at the Big Ten championships, posting a school-record team score of 196.85. The second-place finish tied the 1991 team for best finish in school history.

Alexis Maday earned her second-consecutive all-American honor after finishing tied for fourth on the uneven bars at the NCAA championships.

The GymHawks had a career year on vault, posting the top four scores in school history. Iowa set a record of 49.4 in its dual at Illinois. Iowa also registered the top two best balance beam performances in school history. The GymHawks tied a school record 49.35 at Southern Utah.

Iowa posted six of the ten best team scores in Iowa history, including the top four.





## Spectators's Guide to Women's Gymnastics

## The Basics

Six gymnasts perform on each of the four events (vault, uneven bars, balance beam and floor exercise). The five highest scores per event comprise the cumulative team total. Although a perfect score is 200, top teams score above 190.

Individual optional routines, put together by the gymnast to express herself through the skills she performs the best, have a starting value of only 9.5. An additional five-tenths of bonus can be earned, one-tenth by performing a "D" element or two-tenths by performing an "E" element. Also the gymnast can get one-tenth by performing a special connection of skills. The remaining points can be earned by additional D/E elements or special connections. The maximum start value is 10.0.

## Judging

Uneven bars, balance beam and floor exercise are judged using a rating system that evaluates each element on the following scale:

**A - easy part**

**B - part with partial difficulty**

**C - part with higher difficulty**

**D - part with very high difficulty**

**E - part with highest difficulty**

Routines require the following to start from a 9.5 value:  
3 "A" elements, 3 "B" elements, and two "C" elements.

## Special Deductions:

- \*Out of bounds (floor exercise), -0.1 each time
- \*Overtime in balance beam routine (over 1:30), -0.2
- \*Undertime in balance beam routine (under 35 seconds), -0.2
- \*Fall off apparatus, -0.5 each time
- \*Wiggles or wobbles on beam, -0.3
- \*Two steps on landing, -0.2
- \*Insufficient artistry of presentation, up to -0.3
- \*Relaxed posture throughout the exercise, up to -0.2



## Vault

Vaulting requires speed, quickness and explosive power. The gymnast is allowed to perform only one vault. Vaults have assigned maximum difficulty ranging from 8.6 to 10.0. Deductions are taken for technical errors in four phases: first flight phase (the approach), repulsion phase (contact with the vaulting horse), second flight phase (height and distance from the horse), and landing. Specific deductions include up to 0.5 for body position faults, 0.1-0.4 for steps off landing, up to 0.3 for an off-center landing,

and not receiving a score if the coach assists the athlete at any time during the vault. Some common vaults in collegiate competition include:

1/2 on, 1/2 off front layout	10.0
Roundoff back handspring, 1/2 turn front layout	10.0
Handspring front pike, 1/2 turn	10.0
Handspring front tuck, full turn	10.0
Tsukahara layout, full twist	10.0
1/2 on, 1/2 off front tuck	9.9

**Handspring front pike**

9.9

**Handspring front tuck, 1/2 turn**

9.9

**Roundoff back handspring layout**

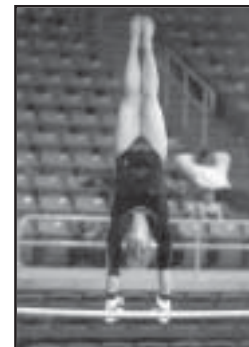
9.8

**Tsukahara layout**

9.8

## Uneven Bars

This event combines the gymnast's strength and agility as the gymnast must maintain a flowing and consistent rhythm. A bar routine must include a mount, two release moves, a directional change and a dismount. Bonus points are awarded through spectacular release moves and dismounts, along with performing difficult elements in a series.



## Balance Beam

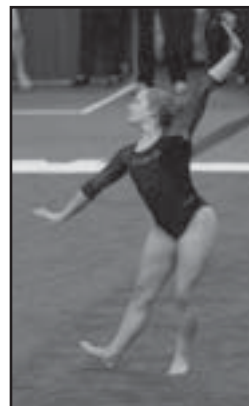
The balance beam is 16 feet long, four feet high and only four inches wide. Performing on the beam requires precise movement and intense concentration. A beam routine should be between 70 and 90 seconds long and include a tumbling series, a leap series, a combined tumbling and leap series, a mount and a dismount.

## Composition Requirements:

- \* Full turn
- \* Large leap or jump
- \* Element close to the beam
- \* Acrobatic series with two or more flight skills
- \* Dance series or acrobatic/dance combination
- \* Minimum of a "B" level dismount

## Floor Exercise

This is the "glamour" event in women's gymnastics that combines tumbling, dance, and interpretation of music. Floor routines must contain two tumbling passes (one with two flips), a series of three leaps and a series with tumbling and leaps all choreographed to music. Floor exercise has become not only one of the most beautiful of athletic events, but one of the most daring and exciting as well.



## Composition Requirements:

- \* Dance series with three elements
- \* Acrobatic/dance combination series with three elements
- \* Two tumbling series with one having at least two saltos
- \* Three different saltos within two tumbling series
- \* Minimum of "B" level dismount



**Individual Vault**

10.000	Stephanie Gran	2003
	at Oklahoma	
	Stephanie Gran	2002
	at SEMO	
	Stephanie Gran	2001
	at Hearts Invitational	
	Kim Baker	1996
	vs. Northern Illinois	
	Kim Baker	1996
	vs. Iowa State	
9.950	Stephanie Gran	2003
	at Illinois	
	Alexis Maday	2003
	at Illinois	
	Alexis Maday	2002
	vs. Minnesota	
	Stephanie Gran	2001
	at Big Ten Championships	
9.925	Alexis Maday	2001
	at Big Ten Championships	
	Kim Baker	1995
	vs. Michigan State	
9.900	Alexis Maday	2003
	at Big Ten Championships	
	Stephanie Gran	2003
	at Minnesota	
	Kortny Williamson	2003
	at Minnesota	
	Alexis Maday	2003
	vs. Iowa State	
	Kortny Williamson	2003
	vs. Iowa State	
	Alexis Maday	2001
	at NCAA Regionals	
	Alexis Maday	2001
	at Iowa State	
	Alexis Maday	2001
	at Arizona State	
	Alexis Maday	2001
	at Illinois	
	Stephanie Gran	2001
	at Illinois	
	Kim Baker	1996
	at Oklahoma	
	Kim Baker	1996
	vs. Illinois	
	Lori Whitwer	1996
	vs. Northern Illinois	
	Kim Baker	1995
	vs. Oklahoma	
	Kim Baker	1995
	vs. Michigan	

**Individual Uneven Bars**

9.950	Alexis Maday	2003
	at Big Ten Championships	
	Alexis Maday	2003
	at Illinois	
	Alexis Maday	2003
	at Iowa State	
	Alexis Maday	2003
	vs. Nebraska	
	Annie Rue	2003
	vs. Nebraska	

	Alexis Maday	2002
	at Iowa State	
	Giselle Boniforti	2000
	at Corvette Cup	
	Giselle Boniforti	1998
	vs. Illinois	
9.925	Alexis Maday	2003
	at Minnesota	
	Alexis Maday	2003
	vs. Iowa State	
	Alexis Maday	2003
	vs. Michigan State	
	Annie Rue	2002
	vs. Minnesota	
	Alexis Maday	2001
	at Big Ten Championships	
	Alexis Maday	2001
	vs. Illinois State	
	Giselle Boniforti	2001
	vs. Illinois State	
	Giselle Boniforti	2000
	at Big Ten Championships	
	Giselle Boniforti	1998
	vs. Iowa State	
	Giselle Boniforti	1998
	at SE Missouri State	
9.900	Annie Rue	2003
	at Minnesota	
	Nicole Wong	2003
	vs. Iowa State	
	Alexis Maday	2003
	at Oklahoma	
	Alexis Maday	2003
	at Georgia	
	Alexis Maday	2001
	at Iowa State	
	Alexis Maday	2001
	at Illinois	
	Brandy Killian	2001
	vs. Illinois State	
	Giselle Boniforti	2001
	vs. Ohio State	
	Giselle Boniforti	2001
	at Hearts Invitational	
	Alexis Maday	2001
	at Hearts Invitational	
	Giselle Boniforti	2001
	vs. Iowa State	
	Alexis Maday	2001
	vs. Iowa State	
	Giselle Boniforti	2000
	vs. Illinois	
	Giselle Boniforti	1998
	at Cardinal Classic	
	Giselle Boniforti	1998
	vs. Minnesota	
	Giselle Boniforti	1998
	at NIT Championships	

**Individual Balance Beam**

9.975	Janna Alexandrova	2001
	at Illinois	
	Janna Alexandrova	2002
	vs. Minnesota	



Janna Alexandrova

9.925	Janna Alexandrova	2003
	at Big Ten Championships	
	Janna Alexandrova	2003
	at Illinois	
	Kelley Kello	2002
	at Iowa State	
	Janna Alexandrova	2001
	vs. Illinois State	
9.900	Janna Alexandrova	2003
	vs. Iowa State	
	Alexis Maday	2003
	at Southern Utah	
	Annie Rue	2003
	at Southern Utah	
	Stephanie Gran	2003
	vs. Michigan State	
	Alexis Maday	2003
	vs. Michigan State	
	Alexis Maday	2003
	at Iowa State	
	Janna Alexandrova	2001
	at Iowa State	
	Stephanie Gran	2001
	at Illinois	
	Janna Alexandrova	2001
	vs. Ohio State	
	Robyn Gamble	1997
	at Southeastern Missouri State	
9.875	Stephanie Gran	2003
	at Illinois	
	Annie Rue	2003
	at Oklahoma	
	Janna Alexandrova	2003
	vs. Michigan State	
	Annie Rue	2003
	at Iowa State	
	Annie Rue	2002
	vs. Minnesota	
	Alexis Maday	2002
	at Northeast Regionals	
	Michele Ford	2002
	at Louisiana State	
	Stephanie Gran	2001
	at Iowa State	
	Stephanie Gran	2001
	vs. Illinois State	
	Alexis Maday	2001
	vs. Ohio State	
	Janna Alexandrova	2001
	at Hearts Invitational	
	Giselle Boniforti	1998
	vs. Iowa State	



Giselle Boniforti 1998  
vs. Illinois  
Lori Whitwer 1997  
at Big Ten Championships  
Kim Baker 1996  
at NIT Championships  
Kim Baker 1996  
at Florida  
Kim Baker 1996  
vs. Iowa State  
Jodie Gray 1996  
at Minnesota

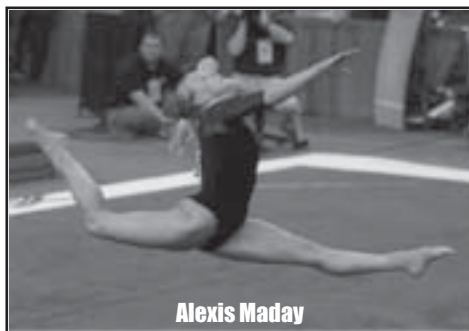
**Individual Floor Exercise**

9.975 Alexis Maday 2001  
at Big Ten Championships  
9.950 Stephanie Gran 2003  
at Big Ten Championships  
Stephanie Gran 2003  
at Oklahoma  
Stephanie Gran 2003  
vs. Michigan State  
Alexis Maday 2002  
at Iowa State  
Alexis Maday 2001  
at Illinois  
Kim Baker 1996  
vs. Illinois  
9.925 Alexis Maday 2003  
vs. Iowa State  
Alexis Maday 2003  
at Illinois  
Alexis Maday 2003  
at Southern Utah  
Alexis Maday 2001  
at NCAA Regionals  
Alexis Maday 2001  
vs. Illinois State  
Stephanie Gran 2001  
vs. Illinois State  
Alexis Maday 2001  
vs. Ohio State  
Alexis Maday 2001  
at Hearts Invitational  
9.900 Michelle Conway 2003  
at South Central Regionals  
Alexis Maday 2003  
at South Central Regionals  
Alexis Maday 2003  
at Big Ten Championships  
Alexis Maday 2003  
at Minnesota  
Michelle Conway 2003  
vs. Iowa State  
Stephanie Gran 2003  
at Iowa State  
Michelle Conway 2003  
vs. Nebraska  
Corynne Cooper 2002  
vs. Minnesota  
Michele Ford 2002  
vs. Illinois  
Stephanie Gran 2001  
at Big Ten Championships

Alexis Maday 2001  
at Iowa State  
Corynne Cooper 2001  
at Illinois  
Stephanie Gran 2001  
at Illinois  
Alexis Maday 2001  
vs. Iowa State  
Alexis Maday 2001  
at Michigan  
Giselle Boniforti 1998  
vs. Iowa State  
Angie Hungerford 1998  
vs. Minnesota

**Individual All-Around**

39.650 Alexis Maday 2003  
at Illinois  
Alexis Maday 2001  
at Big Ten Championships  
39.625 Alexis Maday 2002  
at Iowa State  
39.600 Alexis Maday 2001  
at Illinois  
39.550 Alexis Maday 2003  
vs. Iowa State  
39.525 Alexis Maday 2003  
at Big Ten Championships  
Stephanie Gran 2001  
at Illinois  
Giselle Boniforti 1998  
vs. Iowa State  
Kim Baker 1996  
vs. Iowa State  
39.500 Stephanie Gran 2003  
at Oklahoma  
Annie Rue 2002  
vs. Minnesota  
Alexis Maday 2001  
vs. Ohio State  
39.475 Alexis Maday 2003  
at Minnesota  
Stephanie Gran 2003  
vs. Michigan State  
39.400 Stephanie Gran 2003  
at Big Ten Championships  
Alexis Maday 2003  
vs. Nebraska  
Alexis Maday 2001  
vs. Iowa State



Alexis Maday

Kim Baker 1996  
vs. Northern Illinois  
39.375 Alexis Maday 2001  
vs. Illinois State

**Team Vault**

49.400 at Illinois 2003  
49.275 at Oklahoma 2003  
49.250 at NCAA Championships 2003  
49.225 vs. Iowa State 2003  
at Minnesota 2003  
vs. Minnesota 2002  
49.175 at Big Ten Championships 2003  
49.150 at Southern Utah 2003  
49.000 at Big Ten Championships 2001  
48.975 at Illinois 2001

**Team Uneven Bars**

49.425 vs. Illinois State 2001  
49.350 vs. Iowa State 2003  
at Minnesota 2003  
49.300 vs. Iowa State 2001  
49.250 at Big Ten Championships 2003  
at Illinois 2003  
at Iowa State 2003  
vs. Ohio State 2001  
49.200 vs. Michigan State 2003  
49.150 at Oklahoma 2003

**Team Balance Beam**

49.350 at Southern Utah 2003  
at Illinois 2001  
49.300 vs. Michigan State 2003  
49.250 at Iowa State 2002  
49.225 at Hearts Invitational 2001  
49.125 at Big Ten Championships 2003  
49.100 at Illinois 2003  
vs. Illinois State 2001  
vs. Ohio State 2001  
48.975 vs. Iowa State 1998

**Team Floor Exercise**

49.375 vs. Minnesota 2002  
49.300 at Big Ten Championships 2003  
49.275 at South Central Regionals 2003  
at Illinois 2001  
vs. Illinois State 2001  
vs. Ohio State 2001  
49.250 vs. Michigan State 2003  
vs. Iowa State 2001  
49.225 at Big Ten Championships 2001  
49.200 at Iowa State 2003

**Team Totals**

196.850 at Big Ten Championships 2003  
196.800 at Illinois 2003  
196.675 vs. Iowa State 2003  
at Illinois 2001  
196.650 at Minnesota 2003  
196.575 vs. Ohio State 2001  
196.550 vs. Michigan State 2003  
196.425 vs. Illinois State 2001  
196.125 at Hearts Invitational 2001  
195.975 at South Central Regionals 2003



Awards

**National Award Winners**

**All-American Selections**

Alexis Maday 2002, 2003

**Academic All-American Team**

Kim Baker 1996  
 Meridith Chang 1994  
 Stephanie Gran 2002, 2003  
 Annie Rue 2003  
 Melissa Saliba 2003  
 Sandy Stengel 1994  
 Nicole Wong 2003

**Big Ten Award Winners**

**Medal of Honor**

Kim Baker 1996

**Coach of the Year**

Mike Lorenzen (co) 2001

**Gymnast of the Year**

Lori Cole 1991

**Freshman of the Year**

Kim Baker 1993  
 Giselle Boniforti 1998  
 Alexis Maday 2001

**All-Big Ten Selections**

Janna Alexandrova 2001  
 Kim Baker 1994, 1995, 1996  
 Giselle Boniforti 1998, 1999, 2000  
 Lori Cole 1989, 1990, 1991  
 Corynne Cooper 2002  
 Stephanie Gran 2001, 2003  
 Wendy Hussar 1985  
 Tracy Junker 1989  
 Alexis Maday 2001, 2002, 2003  
 Kris Meighan 1985  
 Annie Rue 2003  
 Sandy Stengel 1991  
 Robyn Zussman 1989

**Academic All-Big Ten Team**

Janna Alexandrova 2002  
 Kim Baker 1994, 1995, 1996  
 Stephanie Benson 2001, 2002  
 Carey Betcher 1990  
 Misti Blackledge 1993, 1995  
 Kim Burkard 1987, 1988  
 Stacy Burns 1990, 1991, 1992  
 Meredith Chang 1992, 1994

Tiffany Chapman 1997  
 Corynne Cooper 2002  
 Heather DeAtley 2001, 2002  
 Jennifer DuBois 1987, 1988  
 Michele Ford 2001, 2002  
 Joni Goldwasser 1987  
 Stephanie Gran 2002, 2003  
 Carie Hatch 1996, 1997, 1998  
 Jamie Lynne Hedley 1990, 1991, 1992  
 Angie Hungerford 1999, 2000, 2001, 2002  
 Tracy Junker 1989, 1990, 1991  
 Kelley Kello 2002  
 Brandy Killian 2002, 2003  
 Jessica Kyanka 2002  
 Betsy Lam 1998, 1999, 2000  
 Grace Lee 1996, 1997, 1998  
 Mindi Levitz 2002, 2003  
 Alexis Maday 2002  
 Stephani Martinsen 1992  
 Jennifer Miermyk 1993  
 Tawna Rathe 1995  
 Christine Roselli 1997, 1998, 1999  
 Annie Rue 2002, 2003  
 Becky Sheldon 1992, 1993  
 Sandy Stengel 1992, 1993, 1994  
 Cathy Terrell 1993  
 Linda Tremain 1984  
 Lori Whitwer 1997, 1998, 1999  
 Nicole Wong 2002, 2003

**University & Community Award Winners**

*Each spring several Iowa student-athletes are recognized for their accomplishments in academic, athletic, humanitarian and community service arenas. Listed below are the various awards and winners through the years.*

**Robert F. Ray Faculty Representative Award**

*Named for former Dean and UI Faculty Representative to the Big Ten Conference Robert F. Ray, this award is presented to the senior student-athlete who has demonstrated outstanding academic excellence, athletic excellence and leadership. Prior to 1992, a female student-athlete winner was selected every other year.*

Kim Baker 1996

**Lou Ginsberg Humanitarian Award**

*Named for former Hawkeye loyalist and athlete Lou Ginsberg, this award is presented to the student-athlete possessing the humanitarian qualities that include kindness, compassion, empathy, warmth and a commitment to helping others.*

Stephanie Smith 1987  
 Martie Janovich 1990  
 Cindy, Cathy Terrell 1995  
 Elizabeth Bryant 1999

**Scholar Athlete of the Year**

*Each spring at the All-Sports Banquet the member of the senior class sporting the highest grade point average among all student-athletes is named the Scholar Athlete of the Year. Graduating seniors with a cumulative GPA of 3.50 or better are also recognized as members of the All-Academic Team.*

Jamie Lynne Headley 1992  
 Kim Baker 1996

**All-Academic Team**

Jamie Lynne Headley 1992  
 Kim Baker 1996  
 Grace Lee 1998

**Dr. Patricia Hicks Award**

*Named for long-time women's team physician Pat Hicks, who died of cancer in November 1992. The recipient is a student-athlete who has succeeded in overcoming adversity and has shown perseverance and great strength of character.*

Misti Blackledge 1994



All-American Alexis Maday