



# TRACK & FIELD

## 2007 Indoor Season Review

### 2007 Indoor Results

Date	Meet	Result
1/13	Hawkeye Invite	9 champs
1/19-20	at Jack Johnson Classic	4 champs
1/27	at Carle/Health Alliance Classic	3 champs
2/2-3	at F. Sevigne Husker Invite	2 champs
2/2-3	at Meyo Invite	0 champs
2/9-10	at Cyclone Classic	2 champs
2/16	Iowa Invite	8 champs
2/24-25	at Big Ten Championships	5th/3 champs
3/3	at NCAA Qualifier	1 champ
3/9-10	NCAA Championships	2 all-Americans

### Big Ten Indoor Meet

Place	Team	Points
1.	Minnesota	121.5
2.	Michigan	108.5
3.	Illinois	107
4.	Penn State	92
5.	Iowa	75
6.	Wisconsin	52.5
7.	Ohio State	47
8.	Indiana	42
9.	Purdue	41
10.	Michigan State	15.5

### 2007 Outdoor Results

Date	Meet	Result
3/16-17	at Aztec Classic	3 champs
3/30-31	at Stanford Invite	0 champs
	at Missouri Relays	2 champs
4/6-7	at Tiger Classic	2 champs
4/13-14	at John Jacobs Invite	0 champs
4/21	Iowa Musco Twilight IX	8 champs
4/26-28	at Drake Relays	2 champs
4/27	at Kip Janvrin Open	1 champ
5/11-13	at Big Ten Championships	5th/2 champs
5/25-26	at NCAA Regional	8th/2 champs
6/6-9	at NCAA Championships	3 all-Americans

### Big Ten Outdoor Meet

Place	Team	Points
1.	Michigan	129
	Illinois	129
3.	Penn State	121.5
4.	Minnesota	106
5.	Iowa	81
6.	Indiana	62
7.	Purdue	58
8.	Wisconsin	55.5
9.	Michigan State	42
10.	Ohio State	35

### Indoor Season Bests

Event	Athlete	Mark
60 Meters	Peaches Roach	7.56
60-Meter Hurdles	Tiffany Johnson	! 8.35
200 Meters	Kineke Alexander	! 23.67
400 Meters	Kineke Alexander	*@ 51.48
600 Meters	Kineke Alexander	* 1:27.84
800 Meters	Meghan Armstrong	2:12.79
Mile Run	Meghan Armstrong	! 4:41.18
3,000 Meters	Meghan Armstrong	! 9:27.95
5,000 Meters	Diane Nukuri	! 16:24.50
1,600-Meter Relay	Alexander, Johnson, Poncé, Mims	3:42.75
Distance Medley Relay	Schmidt, Poncé, Stanley, Burke	12:31.55
High Jump	Peaches Roach	! 6-0 (1.83 m)
Long Jump	Renee White, Tiffany Johnson	19-2 1/2 (5.85 m)
Triple Jump	Renee White	* 41-5 3/4 (12.64 m)
Shot Put	Amanda Chandler	41-4 1/4 (12.60 m)
Pole Vault	Sarah Burgett	11-10 (3.61 m)
Weight Throw	Becca Franklin	* 58-3 1/4 (17.76 m)
Pentathlon	Tammilee Kerr	3,553 points

### Top Eight Placers at Big Ten Indoor Championships

Event	Athlete	Mark	Place
200 Meters	Kineke Alexander	23.67	1st
400 Meters	Kineke Alexander	52.23	1st
High Jump	Peaches Roach	5-10 (1.78 m)	1st
3,000 Meters	Diane Nukuri	9:32.75	2nd
5,000 Meters	Diane Nukuri	16:24.60	2nd
Triple Jump	Tiffany Johnson	41-3 3/4 (12.59 m)	3rd
60-Meter Hurdles	Tiffany Johnson	8.35	4th
Mile	Meghan Armstrong	4:47.03	5th
3,000 Meters	Meghan Armstrong	9:40.91	5th
Weight Throw	Becca Franklin	58-3 1/4 (17.76 m)	5th
1,600 Relay	Alexander, Johnson, Poncé, Jones	3:45.45	6th
Triple Jump	Renee White	40-10 1/2 (12.46 m)	7th
Long Jump	Renee White	19-2 1/2 (5.85 m)	8th

### NCAA Indoor Championships Qualifiers

Event	Athlete	Qualifying Mark	Type
60-Meter Hurdles	Tiffany Johnson	8.35	Provisional
200 Meters	Kineke Alexander	23.75	Provisional
400 Meters	Kineke Alexander	52.01	Automatic
Mile	Meghan Armstrong	4:41.18	Provisional
3,000 Meters	Meghan Armstrong	9:27.95	Provisional
3,000 Meters	Diane Nukuri	9:28.41	Provisional
5,000 Meters	Diane Nukuri	16:24.50	Provisional
High Jump	Peaches Roach	6-0 (1.83 m)	Provisional

### Top Performances at NCAA Indoor Championships

Event	Athlete	Mark	Place
400 Meters	Kineke Alexander	51.48	# 2nd
Mile	Meghan Armstrong	4:49.07	# 8th
High Jump	Peaches Roach	5-10 3/4 (1.80 m)	11th

# TRACK & FIELD

2007 Outdoor Season Review



## Outdoor Season Bests

Event	Athlete	Mark
100 Meters	Peaches Roach	+ %11.64
100-Meter Hurdles	Tiffany Johnson	*% 13.20
200 Meters	Rhonda-Kaye Trusty	24.23
400 Meters	Kineke Alexander	% 51.80
800 Meters	Sophia Poncé	2:10.35
1,500 Meters	Meghan Armstrong	% 4:20.92
3,000 Meters	Diane Nukuri	9:23.90
5,000 Meters	Diane Nukuri	% 16:15.28
10,000 Meters	Diane Nukuri	! 33:30.29
400-Meter Relay	Johnson, Roach, Clarke, Trusty	% 45.21
1,600-Meter Relay	Alexander, K. Graham, Jones, Mims	% 3:39.36
3,200-Meter Relay	Nukuri, Gilmore, Mims, Schmidt	9:05.13
Sprint Med. Relay	Clarke, K. Graham, Jones, Poncé	3:59.34
Distance Medley Relay	Armstrong, Alexander, Poncé, Stanley	11:25.05
Heptathlon	Tammilee Kerr	*! 5,332 points
High Jump	Peaches Roach	% 6-0 3/4 (1.85 m)
Long Jump	Renee White	19-1 1/4 (5.82 m)
Triple Jump	Renee White	*% 42-1 1/2 (12.84 m)
Pole Vault	Sarah Burgett	12-0 (3.65 m)
Shot Put	Amanda Chandler	39-1 1/4 (11.92 m)
Hammer Throw	Becca Franklin	*% 195-0 (59.45 m)
Javelin	Tammilee Kerr	% 157-0 (47.85 m)

## Top Eight Placers at Big Ten Outdoor Championships

Event	Athlete	Mark	Place
400 Meters	Kineke Alexander	52.15	1st
High Jump	Peaches Roach	6-0 (1.83 m)	1st
5,000 Meters	Diane Nukuri	16:26.08	2nd
Triple Jump	Renee White	42-1 1/2 (12.84 m)	2nd
10,000 Meters	Racheal Marchand	34:50.37	3rd
Triple Jump	Tiffany Johnson	41-8 3/4 (12.72 m)	3rd
100 Meters	Peaches Roach	11.77	4th
10,000 Meters	Diane Nukuri	34:52.46	4th
Hammer Throw	Becca Franklin	190-7 (58.08 m)	4th
Heptathlon	Tammilee Kerr	5,332 points	4th
100 Hurdles	Tiffany Johnson	13.74	6th
1,500 Meters	Meghan Armstrong	4:20.92	7th
5,000 Meters	Meghan Armstrong	16:48.50	8th
Javelin Throw	Tammilee Kerr	139-5 (42.50 m)	8th

## Top Eight Placers at NCAA Midwest Regional

Event	Athlete	Mark	Place
400 Meters	Kineke Alexander	51.75	& 1st
1,500 Meters	Meghan Armstrong	4:23.33	& 2nd
High Jump	Peaches Roach	6-0 1/2 (1.84 m)	& 3rd
1,500 Meters	Diane Nukuri	4:23.27	& 6th
5,000 Meters	Racheal Marchand	17:17.01	& 7th
100-Meter Hurdles	Tiffany Johnson	13.53	& 8th
1,500 Meters	Shannon Stanley	4:30.98	& 8th

## Top Performances at NCAA Outdoor Championships

Event	Athlete	Mark	Place
400 Meters	Kineke Alexander	51.35	# 2nd
High Jump	Peaches Roach	6-1 1/4 (1.86 m)	# 4th
10,000 Meters	Diane Nukuri	33:30.29	# 7th

## NCAA Midwest Regional

### (Top 5 Plus Iowa)

1.	Texas A&M	99
2.	Texas	67
3.	Nebraska	55
4.	Texas Tech	43
5.	Texas Christian	42
8.	Iowa	34.50

## NCAA Championships

### (Top 5 Plus Iowa)

1.	Arizona State	60
2.	LSU	53
3.	Michigan	36
4.	Texas A&M	34
5.	UCLA	30
39.	Iowa	7

## Post-Season Qualifiers

### NCAA Midwest Regional

Kineke Alexander	400 Meters, 1,600-Meter Relay
Meghan Armstrong	1,500 Meters, 5,000 Meters
Megan Clarke	400-Meter Relay
Becca Franklin	Hammer Throw
Kara-Aretha Graham	1,600-Meter Relay
Tiffany Johnson	100-Meter Hurdles, 400-Meter Relay, Triple Jump
Aditya Jones	1,600-Meter Relay
Tammilee Kerr	Javelin, ! Heptathlon
Racheal Marchand	5,000 Meters, 10,000 Meters
Monica Mims	1,600-Meter Relay
Diane Nukuri	1,500 Meters, 5,000 Meters, ! 10,000 Meters
Peaches Roach	High Jump, 100 Meters, 400-Meter Relay
Rhonda-Kaye Trusty	400-Meter Relay
Renee White	Triple Jump

## NCAA Outdoor Championships

Kineke Alexander	400 Meters
Meghan Armstrong	1,500 Meters
Tiffany Johnson	100-Meter Hurdles
Tammilee Kerr	Heptathlon
Racheal Marchand	5,000 Meters
Diane Nukuri	10,000 Meters
Peaches Roach	High Jump

\* -- School Record, # -- All-American,  
 @ -- NCAA automatic qualifier,  
 ! -- NCAA provisional qualifier,  
 % -- Regional qualifier, & -- All-Region



# TRACK & FIELD

NCAA & Regional Champions, All-Americans, All-Region Honorees

## NCAA Champions



**Nan Doak**  
1985 - 10,000 Meters



**Tracy Dahl**  
1992 - 5,000 Meters  
1993 - 5,000 Meters



**Kineke Alexander**  
2006 - 400 Meters

## NCAA Regional Champions



**Kineke Alexander**  
2006 - 400 Meters  
2007 - 400 Meters



**Tiffany Johnson**  
2007 - 100-Meter Hurdles

## All-Americans

Year	Athlete, Event
1982	Chris Davenport, Distance Medley Relay
	Nan Doak, Two Miles
	Nan Doak, Three Miles
	Nan Doak, 5,000 Meters
	Nan Doak, Distance Medley Relay
	Kathy Gillespie, Heptathlon
	Jenny Hayden, Distance Medley Relay
	Jodi Hershberger, 3,000 Meters
	Jenny Spangler, 10,000 Meters
	Kay Stormo, 880 Yards
	Kay Stormo, 800 Meters
	Kay Stormo, Distance Medley Relay
1983	Nan Doak, 5,000 Meters
	Mary Mol, High Jump
	Jenny Spangler, 10,000 Meters
1985	Penny O'Brien, 3,000 Meters
	Nan Doak, 10,000 Meters
1987	Jeanne Kruckeberg, 3,200-Meter Relay
	Kim Schneckloth, 3,200-Meter Relay
	Sherri Suppelsa, 3,200-Meter Relay
	Janet Wodek, 3,200-Meter Relay
1988	Jeanne Kruckeberg, Mile
1989	Jeanne Kruckeberg, 800 Meters
1990	Rachelle Roberts, Mile
1992	Jennifer Brower, 10,000 Meters
	Tracy Dahl, 5,000 Meters
	Lisa Van Steenwyk, Shot Put

Year	Athlete, Event
1993	Tracy Dahl, 5,000 Meters
1994	Tina Floyd, 400-Meter Relay
	Yolanda Hobbs, 400-Meter Relay
	Marlene Poole, 400-Meter Relay
	Tanja Reid, 400-Meter Relay
	Tina Stec, Mile
	Tina Stec, 3,000 Meters
1995	Yolanda Hobbs, 55 Meters
	Yolanda Hobbs, 200 Meters
1997	Wynsome Cole, 400-Meter Hurdles
2004	Shellene Williams, 400 Meters
2005	Kineke Alexander, 400 Meters
	Peaches Roach, High Jump
	Kineke Alexander, 400 Meters
2006	Kineke Alexander, 400 Meters
	Peaches Roach, High Jump
	Meghan Armstrong, Mile
	Kineke Alexander, 400 Meters
	Peaches Roach, High Jump
2007	Kineke Alexander, 400 Meters
	Meghan Armstrong, Mile
	Kineke Alexander, 400 Meters
	Peaches Roach, High Jump
	Diane Nukuri, 10,000 Meters

## All-Midwest Region

Year	Athlete, Event
2003	Sarah Arens, 3,000-Meter Steeplechase
	Nicole Charles, 1,600-Meter Relay
	Aisha Hume, 1,600-Meter Relay
	Alana Redfern, Javelin
	Sarah Steffen, 400-Meter Hurdles
	Sarah Steffen, 1,600-Meter Relay
	Jessie Strand, Pole Vault
	Shellene Williams, 1,600-Meter Relay
	Shellene Williams, 400 Meters
2004	Shellene Williams, 400 Meters
2005	Kineke Alexander, 400 Meters
	Kineke Alexander, 1,600-Meter Relay
	Aisha Hume, 1,600-Meter Relay
	Lindsey McCalla, 1,600-Meter Relay
	Peaches Roach, High Jump
	Erin Sheeley, 1,600-Meter Relay
2006	Kineke Alexander, 400 Meters
	Meghan Armstrong, 1,500 Meters
	Tiffany Johnson, 100-Meter Hurdles
	Racheal Marchand, 5,000 Meters
	Peaches Roach, High Jump
	Shannon Stanley, 1,500 Meters
2007	Kineke Alexander, 400 Meters
	Meghan Armstrong, 1,500 Meters
	Becca Franklin, Hammer Throw
	Tiffany Johnson, 100-Meter Hurdles
	Racheal Marchand, 5,000 Meters
	Diane Nukuri, 1,500 Meters
	Peaches Roach, High Jump



### Big Ten Indoor Champions

Year	Athlete	Event	Mark
1979	Kay Stormo	600 Meters	1:33
	3,200-Meter Relay ( <i>Schlader, Mitchell, Drapcho, Stormo</i> ) . 9:10.0		
1982	Kay Stormo	800 Yards	2:09.35
	Nan Doak	Three Miles	15:27.53
1983	Elaine Jones	60 Yards	6.92
	Kathy Gillespie	Pentathlon	4,079 pts.
1984	Elaine Jones	60 Yards	6.91
	Elaine Jones	300 Yards	34.59
1985	Vivien McKenzie	55 Meters	6.92
	Nan Doak	3,000 Meters	9:38.5
	Gail Smith	Shot Put	51-0 (15.54 m)
1987	Jeanne Kruckeberg	880 Yards	2:11.71
1988	Senta Hawkins	400 Meters	55.66
1989	3,200-Meter Relay ..... 8:53.01 ( <i>Hoskins, Kruckeberg, Roberts, Schneckloth</i> )		
1990	Karen Layne	600 Meters	1:31.45
1992	Tracy Dahl	5,000 Meters	16:36.13
1993	Lisa Van Steenwyk	Shot Put	50-5 1/4 (15.37 m)
1995	Yolanda Hobbs	55 Meters	6.83
1997	Ellen Grant	400 Meters	54.39
1998	Erica Broomfield	200 Meters	23.88
2004	Shellene Williams	400 Meters	54.17
	Peaches Roach	High Jump	5-11 1/4 (1.81 m)
2005	Peaches Roach	High Jump	5-10 3/4 (1.80 m)
2006	Kineke Alexander	200 Meters	23.49
	Kineke Alexander	400 Meters	52.01
2007	Kineke Alexander	200 Meters	23.67
	Kineke Alexander	400 Meters	52.23
	Peaches Roach	High Jump	5-10 (1.78 m)

### Big Ten Outdoor Champions

Year	Athlete	Event	Mark
1982	Nan Doak	5,000 Meters	16:26.63
1983	Vivien McKenzie	100 Meters	11.90
1984	Vivien McKenzie	100 Meters	11.50
1985	Vivien McKenzie	100 Meters	11.63
1992	Tracy Dahl	5,000 Meters	16:22.01
	Jennifer Brower	10,000 Meters	34:29.61
1993	Lisa Van Steenwyk	Shot Put	47-4 1/2 (14.44 m)
1994	400-Meter Relay ( <i>Floyd, Hobbs, Poole, Reid</i> ) ..... 44.80		
1997	Ellen Grant	400 Meters	52.82
	400-Meter Relay ( <i>Underwood, Cole, Grant, Wynter</i> ) ..... 46.53		
1998	Wynsome Cole	400-M Hurdles	56.67
2003	Shellene Williams	400 Meters	53.58
	1,600-Meter Relay ( <i>Hume, Charles, Steffen, Williams</i> ).... 3:38.95		
	Aisha James	Long Jump	21-4 (6.50 m)
2004	Shellene Williams	400 Meters	52.97
	Peaches Roach	High Jump	5-11 1/4 (1.81 m)
2007	Kineke Alexander	400 Meters	52.15
	Peaches Roach	High Jump	6-0 (1.83 m)
	Peaches Roach	High Jump	5-11 1/4 (1.81 m)
2007	Kineke Alexander	400 Meters	52.15
	Peaches Roach	High Jump	6-0 (1.83 m)

### National & Big Ten Honorees

#### Big Ten Track Athlete of the Year

2007 Kineke Alexander - Indoor

#### Big Ten Track Athlete of the Meet

2007 Kineke Alexander - Indoor

#### Big Ten Freshman of the Year

1998 Erica Broomfield - Indoor

2004 Peaches Roach - Outdoor

#### Big Ten Medal of Honor

1992 Jennifer Brower

1994 Tina Stec

#### Midwest Regional Athlete of the Year

2007 Kineke Alexander

#### Iowa Female Athlete of the Year

1992 Tracy Dahl

1993 Tracy Dahl

2006 Kineke Alexander

2007 Kineke Alexander

#### NCAA Woman of the Year

1992 Jennifer Brower (state winner)

1994 Tina Stec (national finalist)

### Iowa's Multiple Big Ten Champions

#### Five-Time Champions

Kineke Alexander (2006-07)

Peaches Roach (2004-07)

#### Four-Time Champions

Vivien McKenzie (1983-85)

Shellene Williams (2003-04)

#### Three-Time Champions

Nan Doak (1982, 1985)

Ellen Grant (1997)

Elaine Jones (1983-84)

Kay Stormo (1979, 1982)

#### Two-Time Champions

Wynsome Cole (1997-98)

Tracy Dahl (1992)

Yolanda Hobbs (1994-95)

Jeanne Kruckeberg (1987, 1989)

Lisa Van Steenwyk (1993)



# TRACK & FIELD

## Big Ten Honorees

### Academic All-Big Ten

<b>Krista Anderson</b> .....	2007
Sarah Arens.....	2001-04
<b>Meghan Armstrong</b> .....	2006-07
Atalie Barber.....	2002, 2004
Holly Barnes.....	1994
Briana Benning.....	1995-97
Allison Billhardt.....	2005
Kerri Blackstone.....	1997-99
Becky Borg.....	1988-89
Jennifer Brower.....	1991-92
Nicole Brown.....	1997
Sarah Burgett.....	2005-07
Katie Butler.....	2001
Jenni Capista.....	2004-05
Nicole Charles.....	2001-03
Kacey Childs.....	2000-01
Traci Claussen.....	1988-89
Megan Daniel.....	1994
Sarah Dankoff.....	2002
Katie Donlon.....	2005
Jenni Elbert.....	2006
<b>Molly Esche</b> .....	2006-07
Shawn Fleck.....	1996
Becca Franklin.....	2007
Melissa Fraser.....	1997
Jill Freed.....	1989
Sheila Galbraith.....	1992
Ashley Granger.....	2006
Maggie Hall.....	1999
Katie Herrmann.....	2004
Aisha Hume.....	2002-05
Janelle Jaspers.....	1988-89
Jennifer Johnson.....	1992-93
Tiffany Johnson.....	2005-07
Aditya Jones.....	2006-07
Amy Kasparbauer.....	2000
Rebecca Kaza.....	1997-99
<b>Tammilee Kerr</b> .....	2006-07
Jennifer Kiciak.....	1997-98
Tricia Kiraly.....	1988-89
Natalie Kleinfelter.....	1994
Christine Kotarba.....	2005
Jeanne Kruckeberg.....	1988, 1990-91
Kimberly Kruk.....	1994
Christine Kubitz.....	1999
Michelle Lahann.....	2001-04

Jordan Laney.....	2005
Meg Maurer.....	1997
Amy McRell.....	1990-93
Georgia Millward.....	2002-04
<b>Monica Mims</b> .....	2005-07
Jennifer Moore.....	1988-89
Amy Murphy.....	2000-01
Sara Murray.....	1994
Erin O'Hern.....	2005-06
Valerie Oltman.....	2000
Kiersten Pauling.....	1995-97
Beverly Powell.....	1991
Ruqauua Raheem.....	1998
Alana Redfern.....	2003
Peaches Roach.....	2005-07
Ericka Roberts.....	2001-02
Janeth Salazar.....	1988
Christine Salsberry.....	1991, 1993-94
Kristi Schmidt.....	2000
<b>Jessica Schmidt</b> .....	2007
Kim Schneckloth.....	1987-90
Jennifer Schoonover.....	1995
Gina Shannon.....	1999-2001
Anna Shearer.....	2000-01
Erin Sheeley.....	2005
Michelle Sokol.....	2004-05
Shannon Stanley.....	2007
Tina Stec.....	1992-94
Sarah Steffen.....	2001-03
Jessie Strand.....	2001-04
Sherri Suppelsa.....	1987
Tara Underwood.....	1998
Sheri Van Der Hart.....	1991-93
Kim Vinton.....	1992
Jamie Voss.....	1992-93
<b>Renee White</b> .....	2007
Beth Wilson.....	1989

Names in bold are current team members.

### All-Big Ten

<b>Kineke Alexander</b> .....	2006-07
<b>Krista Anderson</b> .....	2006
<b>Meghan Armstrong</b> .....	2006
Erica Broomfield.....	1998
Jennifer Brower.....	1992
Nicole Charles.....	2003
Wynsome Cole.....	1997-98
Tracy Dahl.....	1992-93
Nan Doak.....	1985
Tina Floyd.....	1994
Ashley Granger.....	2006
Ellen Grant.....	1997
Senta Hawkins.....	1988
Yolanda Hobbs.....	1994-95
Tami Hoskins.....	1989
Aisha Hume.....	2003
Aisha James.....	2003
Tiffany Johnson.....	2005-06
Elaine Jones.....	1984
Jeanne Kruckeberg.....	1987-89
Karen Layne.....	1990
Lindsey McCalla.....	2006
Vivien McKenzie.....	1984-86
<b>Diane Nukuri</b> .....	2007
Marlene Poole.....	1994
Alana Redfern.....	2003
Tanja Reid.....	1994
Peaches Roach.....	2004-07
Rachelle Roberts.....	1989-90
Kim Schneckloth.....	1989
Gail Smith.....	1985
Shannon Stanley.....	2006
Sarah Steffen.....	2003
Jessie Strand.....	2003
Tara Underwood.....	1997
Lisa Van Steenwyk.....	1993
<b>Renee White</b> .....	2007
Shellene Williams.....	2003-04
Kaydene Wynter.....	1997

# TRACK & FIELD

Iowa's Elite Competitors



## Bally Invitational

Vivien McKenzie	1985, 1986
Rachelle Roberts	1994
Davera Taylor	1985, 1986

## Bonne Bell 10K

Nan Doak	1984
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## Grandma's Marathon

Jenny Spangler	1983
Bev Docherty	1994

## Houston-Tennessee Marathon

Jenny Spangler	1984
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## Jamaican Olympic Trials

Wynsome Cole	1998
Shellene Williams	2004

## Jamaican National Championships

Karen Layne	1990
Davera Taylor	1988
Shellene Williams	2003, 2005

## Mason-Dixon Games

Elaine Jones	1983
Mary Mol	1984

## Mobile I Invitational

Briana Benning	1994
Marlene Poole	1994
Christine Salsberry	1994
Tina Stec	1994

## NACAC Jr. C. C. Championships

Jolly Burke	2006
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## NACAC Games

Kineke Alexander	2006, 2007
Peaches Roach	2007

## Olympic Games

Jenny Spangler	1996
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## Olympic Sports Festival

Kathy Gillespie	1983
Elaine Jones	1983
Vivien McKenzie	1985, 1986
Gail Smith	1985
Kay Stormo	1982

## Pan-American Games

Shellene Williams	2003
Kineke Alexander	2007
Peaches Roach	2007
Kimberly Stanford (Juniors)	2007
Karessa Farley (Juniors)	2007

## Panasonic-Millrose Games

Tami Hoskins	1990, 1991
Elaine Jones	1984
Laura Kriener	1990, 1991
Jeanne Kruckeberg	1990
Vivien McKenzie	1985
Mary Mol	1985
Rachelle Roberts	1990
Kim Schneckloth	1990

## Sunkist Invitational

Penny O'Brien	1985
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## TAC Cross Country Nationals

Nan Doak	1982, 1983, 1984
Jenny Spangler	1983

## TAC Track & Field Nationals

Gail Smith	1980
Kay Stormo	1982

## USA v. Canada/TAC Pentathlon

Kathy Gillespie	1983
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## U.S. Junior C.C. Championships

Jolly Burke	2006
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## U.S. Mater's Marathon Championships

Bev Docherty	1988, 2000, 2002
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## U.S. Olympic Trials

Jennifer Brower	1992
Chris Davenport	1980
Tracy Dahl	1992
Nan Doak	1984, 1988
Bev Docherty	1984, 1988, 2000, 2004
Amy Dunlop	1980
Elaine Jones	1984
Vivien McKenzie	1984
Jenny Spangler	1984, 1988, 1996
Diane Steinhart	1980
Davera Taylor	1984
Lisa Van Steenwyk	1992

## U.S. National Track Championships

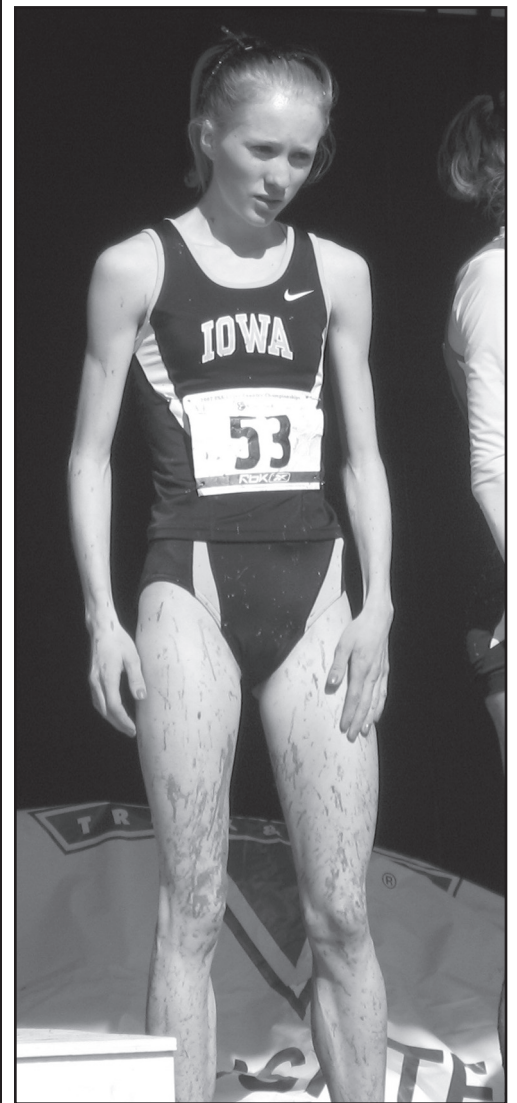
Tracy Dahl	1993
Marlene Poole	1993, 1994
Tina Stec	1994
Lisa Van Steenwyk	1993

## World Cross Country Championships

Nan Doak	1984, 1985, 1986, 1987
Jolly Burke (Juniors)	2006

## World Outdoor Track Championships

Aisha James	2003
Shellene Williams	2003



Hawkeye sophomore Jolly Burke on the awards stand at the 2006 U.S. Junior Cross Country Championships.



# TRACK & FIELD

## Hawkeye Hall of Fame



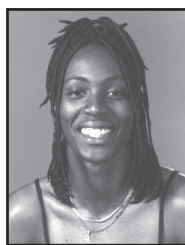
Kineke Alexander



Meghan Armstrong



Jennifer Brower



Wynsome Cole



Tracy Dahl



Chris Davenport

### Hawkeye Hall of Fame

The University of Iowa women's track and field program is rich in honor and tradition. Iowa athletes compete annually at national and international events, representing the UI with pride. Here are brief bios on some Hawkeyes who have left their marks in the Iowa record books.

#### Kineke Alexander, 2005-07

- 2006 NCAA Indoor 400-Meter Champion
- Six-time all-American
- Five-time Big Ten Champion
- Two-time NCAA Regional 400-Meter champ
- Drake Relays Champion, 400 Meters
- Four-time all-region
- Two-time NACAC Games bronze medalist
- Iowa's nominee for Big Ten Female Athlete of the Year twice (2006, 2007)
- 2007 Big Ten Indoor Athlete of the Year
- 2007 Big Ten Indoor Athlete of the Meet
- 2007 Midwest Regional Athlete of the Year

#### Meghan Armstrong, 2004-07

- Two-time all-American
- NCAA Academic all-American
- Four-time all-region
- Two-time second team all-Big Ten
- Four-time academic all-Big Ten
- Set school records in 1,500 meters (track) and 6,000 meters (cross country)

#### Jennifer Brower, 1988-92

- Three-time all-American
- NCAA Academic all-American
- Big 10 & Drake Relays Champion
- Kansas Relays 5,000-m Champion
- Big Ten runner-up, Cross Country
- U.S. Olympic Trials participant
- Track Academic Athlete of the Decade
- NCAA Woman of the Year nominee

#### Wynsome Cole, 1994-98

- Three-time NCAA & NAIA qualifier
- Two-time Big Ten Champion
- All-American, 400-meter hurdles
- Drake Relays Champion

#### Tracy Dahl, 1989-94

- Two-time NCAA 5,000-m Champion
- Five-time all-American
- Four-time Big Ten Champion
- U.S. Olympic Trials participant
- Kansas Relays Champion
- Big Ten Cross Country and Two-time Iowa Female Athlete of the Year

#### Chris Davenport, 1980-83

- U.S. Olympic Trials participant
- All-American
- Runner-up at Kansas & Drake Relays

#### Nan Doak, 1980-85

- NCAA champion, 10,000 meters
- NCAA runner-up, cross country
- Nine-time all-American
- World recordholder, indoor 3-miles
- Three-time Big Ten Champion
- U.S. Olympic Trials participant
- World sixth place, Cross Country
- TAC 5,000 and 10,000-m champion
- Iowa Female Athlete of the Decade

#### Kathy Gillespie, 1982-85

- NCAA runner-up, heptathlon
- Big Ten champion/former recordholder
- Member of U.S Pentathlon team

#### Ellen Grant, 1994-97

- Two-time Big Ten Champion
- World Junior representative



Jeanne Kruckeberg



Vivien McKenzie



Mary Mol



Diane Nukuri



Peaches Roach



Gail Smith

# TRACK & FIELD

Hawkeye Hall of Fame



Nan Doak



Kathy Gillespie



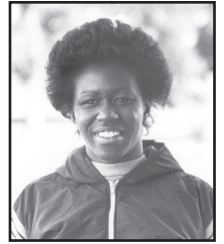
Ellen Grant



Yolanda Hobbs



Tiffany Johnson



Elaine Jones

## Yolanda Hobbs, 1991-95

- Three-time all-American
- Big Ten 55-meter Champion
- Iowa Female Athlete of the Year
- Daily Iowan Female Athlete of the Year

## Tiffany Johnson, 2004-07

- First Hawkeye to win consecutive Drake Relays titles (100-meter hurdles in 2006, 2007)
- 2007 NCAA Regional Champion, 100 Hurdles
- Two-time all-region
- 10-time regional qualifier

## Elaine Jones, 1982-85

- Five-time Big Ten Champion
- TAC Champion 400-m relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection
- Mason-Dixon Games champion

## Jeanne Kruckeberg, 1987-90

- NCAA 800-meter runner-up
- Three-time all-American
- Big Ten Champion
- Drake Relays Female Athlete of the Meet
- Two-time Drake Relays Champion
- Three-time Kansas Relays Champion
- Iowa Female Athlete of the Year

## Vivien McKenzie, 1983-86

- Four-time Big Ten Champion
- TAC Champion 400-m relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection

## Mary Mol, 1982-85

- NCAA runner-up
- Big Ten runner-up
- Mason-Dixon Games Champion
- Runner-up at Drake & Kansas Relays

## Diane Nukuri, 2006-07

- Two-time all-American
- 2006 NCAA Midwest Region Cross Country Champion
- 2006 NCAA Midwest Region Cross Country Female Athlete of the Year
- 2007 Drake Relays Champion, 5,000 Meters
- Two-time all-region

## Peaches Roach, 2004-07

- Four-time all-American
- Five-time Big Ten Champion, High Jump
- 2004 Big Ten Outdoor Freshman of the Year
- Four-time all-region
- 10-time regional qualifier

## Gail Smith, 1982-85

- Big Ten Champion
- Olympic Sports Festival selection

## Jenny Spangler, 1982-86

- Three-time all-American
- U.S. Olympic Trials participant
- Iowa Female Athlete of the Year
- Held 19-and-under world marathon record (2:33)
- 1996 USA Olympic team, marathon

## Tina Stec, 1990-94

- Two-time all-American
- Big Ten runner-up, 3,000 meters
- NCAA Academic all-American
- Iowa Academic Athlete of the Year
- Iowa Female Athlete of the Year
- NCAA Woman of the Year finalist

## Kay Stormo, 1979-82

- 800-meter NCAA runner-up
- Three-time all-American
- Three-time Big Ten Champion
- Iowa Female Athlete of the Year

## Lisa Van Steenwyk, 1989-93

- All-American, Shot Put
- Two-time Big Ten Champion
- U.S. Olympic Trials participant

## Shellene Williams, 2004

- Jamaican National Team Member
- Four-time Big Ten Champion
- All-American, 400 Meters



Jenny Spangler



Tina Stec



Kay Stormo



Lisa Van Steenwyk



Shellene Williams





# TRACK & FIELD

## Indoor Records

### Running Events

#### 60 Meters

School: 7.43 Elaine Jones, 1983  
 Facility: 7.27 Consuella Moore, Penn State, 2004

#### 60-Meter Hurdles

School: 8.33 Tiffany Johnson, 2006  
 Facility: 8.32 Yvonne Mensah, Illinois, 2004

#### 200 Meters

School: 23.49 Kineke Alexander, 2006  
 Facility: 23.44 Consuella Moore, Penn State, 2004

#### 400 Meters

School: 51.48 Kineke Alexander, 2007  
 Facility: 54.17 Shellene Williams, Iowa, 2004

#### 600 Yards

School: 1:21.06 Senta Hawkins, 1987

#### 600 Meters

School: 1:27.84 Kineke Alexander, 2007  
 Facility: 1:27.84 Kineke Alexander, 2007

#### 800 Meters

School: 2:06.38 Jeanne Kruckeberg, 1989  
 Facility: 2:09.57 Amy Bannister, Michigan, 1991

#### 1,000 Meters

School: 2:38.44 Jenny Hayden, 1982

#### Mile

School: 4:40.19 Jeanne Kruckeberg, 1989  
 Facility: 4:45.05 Hilary Edmondson, Wisconsin, 2004

#### 3,000 Meters

School: 9:15.57 Tracy Dahl, 1993  
 Facility: 9:37.80 Hilary Edmondson, Wisconsin, 2004

#### 5,000 Meters

School: 15:49.52 Tracy Dahl, 1993  
 Facility: 16:47.41 Amy Legacki, Indiana, 1991

\* -- converted time

### Relays

#### 1,600-Meter

School: 3:40.52 Johnson, McCalla, Alexander, Granger - 2006  
 Facility: 3:41.80 Huber, Ray, Clausing, Maddox, Indiana - 2004

#### 3,200-Meter

School: 8:41.38\* Schneckloth, Roberts, Hoskins, Kruckeberg - 1989  
 Facility: 8:57.61 Nortz, Kluge, Yates, Bannister, Michigan - 1991

#### Distance Medley

School: 11:23.02 Stormo, Davenport, Williams, O'Brien - 1981  
 Facility: 11:33.76 Parker, Simms, Hirtle, Erdman, Michigan - 2004

### Field Events

#### High Jump

School: 6-0 3/4 (1.85 m) Peaches Roach, 2005  
 Facility: 6-0 (1.83 m) Carri Long, Unattached, 2002  
 6-0 (1.83 m) Peaches Roach, Iowa, 2007

#### Long Jump

School: 19-6 (5.95 m) Lisa Moats, 1986  
 Facility: 20-9 (6.32 m) Rosalind Goodwin, Ohio State, 2004

#### Triple Jump

School: 41-5 3/4 (12.64 m) Renee White, 2007  
 Facility: 43-6 1/2 (13.27 m) Rosalind Goodwin, Ohio St., 2004

#### Pole Vault

School: 12-5 1/2 (3.80 m) Jessie Strand, 2004  
 Facility: 12-11 3/4 (3.96 m) Elizabeth Metzinger, Purdue, 2002

#### Shot Put

School: 51-0 (15.54 m) Gail Smith, 1985  
 Facility: 55-2 (16.81 m) Ja'Nai O'Conner, Penn St., 2004

#### Weight Throw

School: 58-3 1/4 (17.76 m) Becca Franklin, 2007  
 Facility: 65-7 3/4 (20.01 m) Keturah Lofton, Ohio St., 2004

#### Pentathlon

School: 3,798 points Chris Davenport, 1983  
 Facility: 3,751 points Melissa Talbot, Wisconsin, 2004



**Senior**  
**Kineke Alexander**



### Running Events

#### 100 Meters

School: 11.45 Vivien McKenzie, 1985  
Facility: 11.35 Donica Merriman, Ohio State, 2000

#### 100-Meter Hurdles

School: 13.20 Tiffany Johnson, 2007  
Facility: 12.89 Donica Merriman, Ohio State, 2000

#### 200 Meters

School: 23.50 Shellene Williams, 2004  
Facility: 23.32 Donica Merriman, Ohio State, 2000

#### 400 Meters

School: 51.35 Kineke Alexander, 2006  
Facility: 52.73 Adriane Diamond, Indiana, 1987

#### 400-Meter Hurdles

School: 56.67 Wynsome Cole, 1998  
Facility: 57.97 Victoria Fulcher, Illinois, 1987

#### 800 Meters

School: 2:05.67 Kay Stormo, 1982  
Facility: 2:07.05 Suzy Favor, Wisconsin, 1987

#### 1,500 Meters

School: 4:17.41 Meghan Armstrong, 2006  
Facility: 4:10.93 Suzy Favor, Wisconsin, 1987

#### 3,000 Meters

School: 9:20.61 Penny O'Brien, 1985  
Facility: 9:15.83 Colette Gudreau, Indiana, 1987

#### 3,000-Meter Steeplechase

School: 10:34.50 Sarah Arens, 2004  
Facility: 10:16.71 Emily Brown, Minnesota, 2006

#### 5,000 Meters

School: 15:45.84 Nan Doak, 1985  
Facility: 16:22.71 Kathryn Monard, Ohio State, 1987

#### 10,000 Meters

School: 33:23.38 Jennifer Brower, 1991  
Facility: 33:43.88 Mary Shea, Michigan State, 1987

#### Marathon

School: 2:33:51 Jenny Spangler, 1983

### Retired Records

#### 55 Meters - Indoor

School: 6.80\* Elaine Jones, 1983  
Facility: 6.94 Regina Frye, Indiana, 1991

#### 55-Meter Hurdles - Indoor

School: 7.91\* Davera Taylor, 1985  
Facility: 7.75 Tonja Buford, Illinois, 1991

#### 300 Meters - Indoor

School: 37.82\* Elaine Jones, 1984

#### Pentathlon - Indoor

School: 4,079 points Kathy Gillespie, 1982

#### Heptathlon - Outdoor

School: 5,448 points Kathy Gillespie, 1983

### Relays

#### 400-Meter

School: 44.63 Floyd, Hobbs, Reid, Poole - 1994  
Facility: 44.40 Boone, Carruthers, Richmond, Dunlop, Indiana - 2000

#### 800-Meter

School: 1:35.69 Hobbs, Reid, Floyd, Poole - 1994

#### 800-Meter Medley

School: 1:42.70 Taylor, Vesely, Powell, Hawkins - 1998

#### 1,600-Meter

School: 3:36.26 Hume, Charles, Steffen, Williams - 2003  
Facility: 3:37.24 Reece, Calloway, Johnson, Merriman, Ohio St. - 2000

#### 3,200 Meter

School: 8:46.45 Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987

#### 6,400-Meter

School: 20:39.12 Chapple, Laney, Donlon, Sokol, 2005

#### Shuttle Hurdle

School: 56.44 Prendergast, Cole, Raheem, Ruen, 1998

#### Sprint Medley

School: 3:56.54 Reid, Philip, Hobbs, Benning, 1995

#### Distance Medley

School: 11:22.18 Hoskins, Powell, Schneckloth, Kruckeberg, 1989

### Field Events

#### High Jump

School: 6-1 1/4 (1.86 m) Peaches Roach, 2006  
Facility: 6-0 (1.83 m) Tia Hensler, Purdue, 1987

#### Long Jump

School: 22-3 (6.78 m) Aisha James, 2003  
Facility: 20-4 1/2 (6.21 m) Ineta Radevica, Wichita St., 2002

#### Triple Jump

School: 42-1 1/2 (12.84 m) Renee White, 2007  
Facility: 43-9 3/4 (13.35 m) Christine Gulbrandsen, Minnesota, 2000

#### Pole Vault

School: 12-10 1/4 (3.92 m) Jessie Strand, 2003  
Facility: 12-11 1/2 (3.95 m) Andrea Smith, Minnesota, 2007

#### Shot Put

School: 50-8 (15.54 m) Lisa VanSteenwyk, 1992  
Facility: 53-4 1/4 (16.26 m) Rachel Jansen, Northern Iowa, 2007

#### Hammer

School: 195-0 (59.45 m) Becca Franklin, 2007  
Facility: 195-0 (59.45 m) Becca Franklin, 2007

#### Discus

School: 160-5 (48.90 m) Denise Taylor, 1992  
Facility: 170-11 (52.10 m) Gia Lewis, Unattached, 2003

#### Javelin

School: 181-5 (55.31 m) Alana Redfern, 2003  
Facility: 181-5 (55.31 m) Alana Redfern, Iowa, 2003

#### Heptathlon

School: 5,332 points Tammilee Kerr, 2007  
Facility: 5,922 points Cathey Tyree, Purdue, 1987



# TRACK & FIELD

## All-Time Top 10 Indoor Performers



**Kineke Alexander**



**Tracy Dahl**



**Chris Davenport**



**Becca Franklin**



**Ashley Granger**



**Senta Hawkins**



**Tiffany Johnson**



**Elaine Jones**

### 60 Meters

1. Elaine Jones, 1983..... 7.43
2. Peaches Roach, 2005..... 7.45
3. Shellene Williams, 2004..... 7.50
4. Jiselle Providence, 2002..... 7.52
5. Angela Menson, 1982..... 7.57
6. **Rhonda-Kaye Trusty, 2007..... 7.63**
7. Tamara Dixon, 2002..... 7.64
8. Lakeya Boatright, 1999..... 7.68
9. Kamesha Marshall, 2004..... 7.72
10. Diane Emmons, 1979..... 7.74  
Davera Taylor, 1984..... 7.74

### 60-Meter Hurdles

1. Tiffany Johnson, 2006..... 8.33
2. Paula Ruen, 1998..... 8.39
3. Sarah Steffen, 2002..... 8.45
4. Colleen Prendergast, 2000..... 8.57
5. Diane Steinhart, 1981..... 8.64
6. Ruqayya Raheem, 1999..... 8.74
7. **Tammilee Kerr, 2005..... 8.75**
8. Kamesha Marshall, 2005..... 8.77
9. Tiff Pedersen, 2004..... 8.80
10. Latoya Stiffend, 2003..... 8.97

### 200 Meters

1. **Kineke Alexander, 2006..... 23.49**
2. Shellene Williams, 2004..... 23.62
3. Marlene Poole, 1994..... 23.66  
Yolanda Hobbs, 1995..... 23.66
5. Erica Broomfield, 1998..... 23.81
6. Peaches Roach, 2007..... 24.09
7. Jiselle Providence, 2002..... 24.44
8. Tanja Reid, 1994..... 24.67
9. Tamara Dixon, 2002..... 24.71
10. Diane Emmons, 1979..... 24.8

### 400 Meters

1. **Kineke Alexander, 2007..... 51.48**
2. Ellen Grant, 1996..... 52.65
3. Shellene Williams, 2004..... 52.83
4. Marlene Poole, 1993..... 55.20
5. Wynsome Cole, 1997..... 55.45
6. Nicole Charles, 2002..... 55.59
7. Senta Hawkins, 1988..... 55.66
8. Aisha Hume, 2002..... 56.33  
Lindsey McCalla, 2006..... 56.33
10. Alycia Simpson, 1988..... 56.69

### 600 Yards

1. Senta Hawkins, 1987..... 1:21.06
2. Aisha Hume, 2004..... 1:21.74
3. Kay Stormo, 1982..... 1:22.49
4. Chris Davenport, 1982..... 1:24.14
5. **Sophia Poncè, 2007..... 1:24.55**
6. Wynsome Cole, 1995..... 1:24.83
7. Keely Huber, 2002..... 1:25.81
8. Briana Benning, 1996..... 1:26.05
9. Sherri Hull, 1983..... 1:26.10
10. Nicole Charles, 2000..... 1:26.48  
Sarah Steffen, 2001..... 1:26.48

### 600 Meters

1. **Kineke Alexander, 2007..... 1:27.84**
2. Senta Hawkins, 1987..... 1:30.77\*
3. Karen Layne, 1990..... 1:31.45
4. Kay Stormo, 1982..... 1:32.3
5. Aisha Hume, 2004..... 1:32.41
6. Sophia Chow, 2002..... 1:33.54
7. Ann Pare, 1997..... 1:34.95
8. Chris Davenport, 1981..... 1:35.34
9. Ellen Grant, 1997..... 1:35.46
10. **Monica Mims, 2007..... 1:35.54**

### 1,600-Meter Relay

1. McCalla, Granger, **Alexander**, Johnson, 2006..... 3:40.52
2. Johnson, McCalla, **Alexander**, Granger, 2006..... 3:42.44
3. **Alexander**, Johnson, **Poncè**, M. Mims, 2007..... 3:42.75
4. McCalla, Williams, Sheeley, Hume, 2004..... 3:44.47
5. Bynoe, Cole, Raheem, Grant, 1996..... 3:44.58
6. Simpson, McReil, Layne, Powell, 1989..... 3:44.75
7. Hume, Charles, Barber, Knight, 2002..... 3:45.33
8. Floyd, Poole, Hobbs, Layne, 1992..... 3:45.38
9. Williams, Charles, Hume, Fouchè, 2003..... 3:45.50
10. **Alexander**, Johnson, **Poncè**, Jones, 2007..... 3:45.45

### Distance Medley Relay

1. Stormo, Davenport, Williams, O'Brien, 1981..... 11:23.02
2. Benning, Poole, Salsberry, Stec, 1994..... 11:28.03
3. Stormo, Davenport, Hayden, Doak, 1982..... 11:29.54  
**Armstrong**, Granger, Stanley, **Anderson**, 2006..... 11:29.54
5. Lahann, Williams, Stanley, Arens, 2004..... 11:30.36
6. Thompson, Williams, Barber, Lahann, 2003..... 11:30.38
7. Doak, xx, Hayden, xx, 1982..... 11:35.07
8. 2005..... 11:39.29
9. Camarigg, Stormo, Williams, O'Brien, 1981..... 11:41.44
10. Lahann, McCalla, Barber, Arens, 2004..... 11:41.77

# TRACK & FIELD



## All-Time Top 10 Indoor Performers



Jeanne Kruckeberg



Lindsey McCalla



Lisa Moats



Penny O'Brien



Peaches Roach



Gail Smith



Kay Stormo



Jessie Strand



Renee White

### 800 Meters

- Jeanne Kruckeberg, 1989 ..... 2:06.38
- Michelle Lahann, 2004 ..... 2:06.83
- Briana Benning, 1996 ..... 2:09.22
- Kay Stormo, 1981 ..... 2:11.4
- Ann Pare, 1997 ..... 2:11.19
- Atalie Barber, 2003 ..... 2:12.10
- Shannon Stanley, 2005 ..... 2:12.13
- Tracy Dahl, 1993 ..... 2:12.74
- Meghan Armstrong, 2007 ..... 2:12.79**
- Anna Shearer, 1999 ..... 2:12.89

### Mile

- Jeanne Kruckeberg, 1989 ..... 4:40.19
- Meghan Armstrong, 2006 ..... 4:40.59**
- Tina Stec, 1994 ..... 4:42.63
- Penny O'Brien, 1981 ..... 4:43.72
- Diane Nukuri, 2007 ..... 4:46.25**
- Michelle Lahann, 2004 ..... 4:47.23
- Tracy Dahl, 1992 ..... 4:48.92
- Nan Doak, 1982 ..... 4:51.46
- Krista Anderson, 2006 ..... 4:51.79**
- Sarah Arens, 2004 ..... 4:52.18

### 3,000 Meters

- Tracy Dahl, 1993 ..... 9:15.57
- Nan Doak, 1982 ..... 9:21.60
- Jenny Spangler, 1986 ..... 9:22.41
- Meghan Armstrong, 2007 ..... 9:27.95**
- Diane Nukuri, 2007 ..... 9:28.41**
- Krista Anderson, 2006 ..... 9:29.75**
- Nikki Chapple, 2004 ..... 9:34.17
- Jennifer Brower, 1992 ..... 9:41.02
- Sarah Arens, 2000 ..... 9:56.85
- Renee Doyle, 1987 ..... 9:57.45

### 5,000 Meters

- Tracy Dahl, 1993 ..... 15:49.52
- Nan Doak, 1985 ..... 15:55.45
- Jenny Spangler, 1982 ..... 16:08.74
- Judy Parker, 1981 ..... 16:16.63
- Jennifer Brower, 1992 ..... 16:22.19
- Diane Nukuri, 2007 ..... 16:24.50**
- Nikki Chapple, 2004 ..... 16:27.04
- Jodi Hersberger, 1982 ..... 16:32.24
- Krista Anderson, 2006 ..... 16:48.95**
- Zanetta Weber, 1981 ..... 16:54.64

### High Jump

- Peaches Roach, 2005 ..... 6-0 3/4 (1.85 m)
- Mary Mol, 1983 ..... 6-0 (1.83 m)
- Becky Kaza, 1995 ..... 5-9 3/4 (1.77 m)
- Kristi Dinkla, 1985 ..... 5-8 1/2 (1.74 m)
- Kacey Childs, 2001 ..... 5-8 1/2 (1.74 m)
- Traci Claussen, 1987 ..... 5-8 (1.73 m)
- Kathy Gillespie, 1983 ..... 5-7 3/4 (1.72 m)
- Lynn McMillan, 1988 ..... 5-7 1/4 (1.71 m)
- Julie Gallery, 2002 ..... 5-7 (1.70 m)
- Jenni Elbert, 2006 ..... 5-7 (1.70 m)

### Long Jump

- Lisa Moats, 1986 ..... 19-6 (5.95 m)
- Renee White, 2006 ..... 19-3 1/4 (5.87 m)**
- Tiffany Johnson, 2007 ..... 19-2 1/2 (5.85 m)
- Davera Taylor, 1984 ..... 19-1 1/2 (5.83 m)
- Yolanda Hobbs, 1993 ..... 19-1 (5.80 m)
- Kamesha Marshall, 2005 ..... 18-11 1/4 (5.77 m)
- Catharine Parmiter, 2000 ..... 18-7 1/2 (5.68 m)
- Jessie Strand, 2000 ..... 18-3 1/4 (5.57 m)
- Tiff Pedersen, 2003 ..... 18-2 1/2 (5.55 m)
- Tammilee Kerr, 2005 ..... 18-1 3/4 (5.53 m)**

### Triple Jump

- Renee White, 2007 ..... 41-5 3/4 (12.64 m)**
- Tiffany Johnson, 2007 ..... 41-3 3/4 (12.59 m)
- Becki Borg, 1987 ..... 39-6 (12.04 m)
- Lynn McMillan, 1988 ..... 38-2 (11.63 m)
- Lisa Moats, 1985 ..... 35-1 (10.69 m)
- Becca Franklin, 2004 ..... 34-3 (10.44 m)

### Pole Vault

- Jessie Strand, 2004 ..... 12-5 1/2 (3.80 m)
- Sarah Burgett, 2007 ..... 11-10 (3.61 m)
- Gina Shannon, 2001 ..... 10-6 (3.20 m)
- Kacey Childs, 2001 ..... 9-0 (2.75 m)
- Amy Kasparbauer, 2000 ..... 8-0 (2.44 m)

### Shot Put

- Gail Smith, 1985 ..... 51-0 (15.54 m)
- Lisa Van Steenwyk, 1993 ..... 50-5 1/4 (15.37 m)
- Kamesha Marshall, 2005 ..... 49-2 1/4 (14.99 m)
- Denise Taylor, 1992 ..... 48-9 (14.86 m)
- Megan Maurer, 1995 ..... 47-5 3/4 (14.47 m)
- Laura Kriener, 1990 ..... 47-5 (14.45 m)
- Jennifer Gilson, 2002 ..... 46-11 (14.30 m)
- Jennifer Moon, 2000 ..... 45-9 (13.94 m)
- Shelly Redies, 1985 ..... 45-0 1/4 (13.73 m)
- Mandy Chandler, 2006 ..... 43-2 1/4 (13.16 m)**

### Weight Throw

- Becca Franklin, 2007 ..... 58-3 1/4 (17.76 m)
- Erin O'Hern, 2006 ..... 51-11 (15.82 m)
- Kerri Blackstone, 1999 ..... 50-9 3/4 (15.48 m)
- Megan Maurer, 1998 ..... 48-10 1/4 (14.89 m)
- Jennifer Moon, 2000 ..... 47-10 3/4 (14.60 m)
- Jennifer Gilson, 2002 ..... 46-7 1/4 (14.20 m)
- Mandy Chandler, 2007 ..... 46-4 (14.12 m)**
- Katie Hoback, 2002 ..... 42-8 (13.00 m)
- Missy Fraser, 1997 ..... 41-10 3/4 (12.77 m)
- Kara Hinz, 2000 ..... 37-4 1/2 (11.39 m)

### Pentathlon

- Chris Davenport, 1983 ..... 3,798 points
- Kamesha Marshall, 2005 ..... 3,701 points
- Tammilee Kerr, 2007 ..... 3,553 points**
- Tiff Pedersen, 2004 ..... 3,511 points
- Maureen Abel, 1979 ..... 3,427 points
- Janet Adams, 1981 ..... 3,360 points
- Janelle Jaspers, 1987 ..... 3,366 points
- Kacey Childs, 1999 ..... 3,224 points
- Katie Herrmann, 2004 ..... 3,154 points
- Marjie Tweto, 1996 ..... 2,896 points



# TRACK & FIELD

## All-Time Top 10 Outdoor Performers



**Kineke Alexander**



**Meghan Armstrong**



**Sarah Arens**



**Jennifer Brower**



**Nicole Charles**



**Nan Doak**



**Tina Floyd**



**Becca Franklin**



**Yolanda Hobbs**

### 100 Meters

1. Vivien McKenzie, 1985 ..... 11.45
2. Davera Taylor, 1984 ..... 11.51
3. Erica Broomfield, 1998 ..... 11.53
4. Jiselle Providence, 2001 ..... 11.57
5. Tanja Reid, 1994 ..... 11.60  
Peaches Roach, 2005 ..... 11.60
7. Yolanda Hobbs, 1995 ..... 11.62
8. Elanie Jones, 1985 ..... 11.69
9. Lakeya Boatright, 2000 ..... 11.77
10. Tamara Dixon, 2002 ..... 11.79

### 100-Meter Hurdles

1. Tiffany Johnson, 2007 ..... 13.20
2. Colleen Prendergast, 1999 ..... 13.60  
Paula Ruen, 2000 ..... 13.60
4. Sarah Steffen, 2002 ..... 13.65
5. Ruqayya Raheem, 1998 ..... 13.90
6. Brenda Calhoun, 1984 ..... 13.94
7. Wynsome Cole, 1997 ..... 14.10
8. Tiff Pedersen, 2002 ..... 14.23
9. **Tammilee Kerr, 2007 ..... 14.21**
10. Colleen Prendergast, 2001 ..... 14.24

### 200 Meters

1. Shellene Williams, 2004 ..... 23.50
2. **Kineke Alexander, 2006 ..... 23.58**
3. Davera Taylor, 1984 ..... 23.59
4. Vivien McKenzie, 1985 ..... 23.61
5. Yolanda Hobbs, 1995 ..... 23.65
6. Tanja Reid, 1995 ..... 23.75
7. Elaine Jones, 1983 ..... 23.84
8. Jiselle Providence, 2001 ..... 24.00
9. Peaches Roach, 2006 ..... 24.01
10. Lakeya Boatright, 2000 ..... 24.14

### 400 Meters

1. **Kineke Alexander, 2006 ..... 51.35**
2. Shellene Williams, 2004 ..... 51.94
3. Ellen Grant, 1996 ..... 52.65
4. Senta Hawkins, 1988 ..... 54.01
5. Marlene Poole, 1994 ..... 54.03
6. Elaine Jones, 1983 ..... 54.40
7. Nicole Charles, 2001 ..... 54.48
8. Stacey-Leigh Bynoe, 2000 ..... 54.73
9. Alycia Simpson, 1987 ..... 55.18  
Aisha Hume, 2004 ..... 55.18

### 400-Meter Hurdles

1. Mary Knoblauch, 1981 ..... 56.16
2. Wynsome Cole, 1998 ..... 56.67
3. Chris Davenport, 1981 ..... 59.18
4. Sarah Steffen, 2002 ..... 59.59
5. Beverly Powell, 1991 ..... 59.96
6. Diane Steinhart, 1980 ..... 1:00.56
7. Ruqayya Raheem, 1999 ..... 1:00.62
8. Keely Huber, 2002 ..... 1:00.98
9. Aditya Jones, 2007 ..... 1:01.65
10. Sherri Hull, 1987 ..... 1:02.60

### 800 Meters

1. Kay Stormo, 1982 ..... 2:05.67
2. Michelle Lahann, 2004 ..... 2:06.79
3. Aisha Hume, 2005 ..... 2:08.50
4. Jeanne Kruckeberg, 1987 ..... 2:08.75
5. Ann Pare, 1997 ..... 2:09.25
6. **Meghan Armstrong, 2006 2:10.15**
7. **Sophia Poncé, 2007 ..... 2:10.35**
8. Briana Benning, 1996 ..... 2:10.47
9. Tami Hoskins, 1990 ..... 2:11.47
10. Shannon Stanley, 2004 ..... 2:12.01

### 1,500 Meters

1. **Meghan Armstrong, 2006 4:17.41**
2. Jeanne Kruckeberg 1989... 4:19.71
3. **Diane Nukuri, 2007 ..... 4:20.95**
4. Penny O'Brien, 1985 ..... 4:21.43
5. Kay Stormo, 1982 ..... 4:22.24
6. Michelle Lahann, 2004 ..... 4:24.00
7. Shannon Stanley, 2006 ..... 4:25.08
8. Tracy Dahl, 1992 ..... 4:27.44
9. Jenny Hayden, 1982 ..... 4:27.54
10. Tina Stec, 1994 ..... 4:28.71

### 3,000 Meters

1. Penny O'Brien, 1985 ..... 9:20.61
2. Nan Doak, 1985 ..... 9:23.04
3. Tracy Dahl, 1992 ..... 9:23.53
4. **Diane Nukuri, 2007 ..... 9:23.90**
5. **Meghan Armstrong, 2006 9:28.03**
6. Jeanne Kruckeberg, 1989... 9:30.69
7. Jennifer Brower, 1992 ..... 9:34.59
8. Jodi Hershberger, 1982 ..... 9:36.44
9. Tina Stec, 1994 ..... 9:38.39
9. **Racheal Marchand, 2007 9:45.50**
10. **Krista Anderson, 2006 ..... 9:45.65**

### 3,000-Meter Steeplechase

1. Sarah Arens, 2004 ..... 10:34.50
2. Michelle Lahann, 2003 ..... 11:16.21
3. Becca Thompson, 2003 ..... 11:19.50
4. **Jessica Schmidt, 2006... 11:20.85**

### 5,000 Meters

1. Nan Doak, 1985 ..... 15:45.84
2. **Diane Nukuri, 2007 ..... 16:15.28**
3. Jenny Spangler, 1983 ..... 16:17.21
4. **Meghan Armstrong, 2007 16:18.74**
5. Tracy Dahl, 1992 ..... 16:18.77
6. **Racheal Marchand, 2007 16:27.72**
7. Jennifer Brower, 1991 ..... 16:37.09
8. Renee Doyle, 1988 ..... 16:39.46
9. Jodi Hershberger, 1982 ... 16:48.04
10. Anne Dobrowolski, 1984 ... 16:50.00

### 10,000 Meters

1. Jennifer Brower, 1991 ..... 33:23.38
2. **Diane Nukuri, 2007 ..... 33:30.29**
3. Nan Doak, 1985 ..... 33:33.03
4. Jenny Spangler, 1983 ..... 33:39.24
5. Tracy Dahl, 1992 ..... 34:30.09
6. **Racheal Marchand, 2007 34:50.37**
7. Nikki Chapple, 2004 ..... 35:06.35
8. Jenny Johnson, 1992 ..... 35:45.53
9. Anne Dobrowolski, 1985 . 35:59.98
10. Renee Doyle, 1987 ..... 36:32.40

### Heptathlon

1. **Tammilee Kerr, 2007 ..... 5,332**
2. Kathy Gillespie, 1983 ..... 5,262
3. Tiff Pedersen, 2004 ..... 4,976
4. Janet Adams, 1981 ..... 4,855
5. Ruqayya Raheem, 1997 ..... 4,665
6. Angela Chadwick, 1993 ..... 4,493
7. Angie Hensel, 2004 ..... 4,073
8. Janelle Jaspers, 1987 ..... 4,000
9. Marjie Tweto, 1996 ..... 3,967

### 400-Meter Relay

1. Poole, Reid, Floyd, Hobbs, 1994 ..... 44.63
2. Charles, Williams, Providence, James, 2003 ..... 44.71
3. Floyd, Hobbs, Poole, Reid, 1994 ..... 44.80
4. Fouchè, Williams, Providence, James, 2003 ..... 45.02
5. **Alexander, Granger, Johnson, Roach, 2006 ..... 45.11**
6. Johnson, Roach, Clarke, **Trusty, 2007 ..... 45.21**
7. Johnson, **Alexander, Granger, Roach, 2005 ..... 45.30**
8. Granger, Johnson, **Alexander, Roach, 2005 ..... 45.39**
9. Underwood, Reid, Philip, Hobbs, 1995 ..... 45.50
10. Boatright, Bynoe, Providence, Prendergast, 2000 ..... 45.50

### 1,600-Meter Relay

1. Hume, Charles, Steffen, Williams, 2003 ..... 3:36.26
2. McCalla, Granger, **Alexander, Johnson, 2006 ..... 3:38.36**
3. **Alexander, Graham, Jones, M. Mims, 2007 ..... 3:39.36**
4. Jones, **Alexander, Johnson, M. Mims, 2007 ..... 3:39.64**
5. **McCalla, Alexander, Sheeley, Hume, 2005 ..... 3:39.67**
6. McCalla, Hume, Sheeley, **Alexander, 2005 ..... 3:40.43**
7. Layne, Simpson, Powell, McReil, 1989 ..... 3:41.23
8. Bynoe, Cole, Wynter, Grant, 1997 ..... 3:41.74
9. Charles, Fouchè, Williams, Hume, 2003 ..... 3:42.18
10. Fouchè, Charles, Williams, Hume, 2003 ..... 3:42.52

# TRACK & FIELD



## All-Time Top 10 Outdoor Performers



Aisha Hume



Aisha James



Tiffany Johnson



Tammilee Kerr



Vivien McKenzie



Penny O'Brien



Marlene Poole



Alana Redfern



Tanja Reid



Peaches Roach



Sarah Steffen



Kay Stormo



Jessie Strand



Denise Taylor



Lisa Van Steenwyk



Renee White



Shellene Williams

### High Jump

1. Peaches Roach, 2006.....6-1 1/4 (1.86 m)
2. Mary Mol, 1983 .....6-0 (1.83 m)
3. Lynn McMillan, 1988 .....5-9 1/4 (1.76 m)
4. Kacey Childs, 2001 .....5-8 1/2 (1.74 m)
5. Kristi Dinkla, 1985 .....5-8 (1.73 m)
- Becky Kaza, 1995 .....5-8 (1.73 m)
- Eve Cullinan, 2003 .....5-8 (1.73 m)
8. Jenni Elbert, 2005 .....5-7 (1.70 m)
9. Nancy Tessmer, 1991 .....5-6 1/2 (1.69 m)
10. Janet Adams, 1981 .....5-6 1/4 (1.68 m)

### Pole Vault

1. Jessie Strand, 2003 .....12-10 1/4 (3.92)
2. Sarah Burgett, 2006 .....12-1 3/4 (3.70)
3. Gina Shannon, 2001 .....11-2 1/4 (3.41)
4. Becky Kaza, 1998 .....8-6 (2.59)
- Amy Kasparbauer, 2001 .....8-6 (2.59)
6. Kacey Childs, 2000 .....8-0 1/2 (2.45)
7. Gina Shannon, 1998 .....8-0 (2.44)

### Long Jump

1. Aisha James, 2003 .....22-3 (6.78 m)
2. Renee White, 2006 .....19-9 3/4 (6.04 m)
3. Becki Borg, 1988 .....19-7 1/4 (5.97 m)
4. Lisa Moats, 1986 .....19-6 (5.95 m)
5. Yolanda Hobbs, 1993 .....19-2 1/2 (5.85 m)
6. Jane Dunlevy, 1977 .....18-6 (5.64 m)
7. Ruqayya Raheem, 1997 .....18-5 1/4 (5.62 m)
- Tiff Pedersen, 2004 .....18-5 1/4 (5.62 m)
9. Angie Hensel, 2005 .....18-5 (5.61 m)
10. Tammilee Kerr, 2007 .....18-2 1/4 (5.54 m)

### Triple Jump

1. Renee White, 2007 .....42-1 1/2 (12.84 m)
2. Tiffany Johnson, 2007 .....41-8 3/4 (12.72 m)
3. Becki Borg, 1988 .....40-7 1/2 (12.38 m)
4. Lynn McMillan, 1988 .....39-6 1/2 (12.05 m)
5. Lynn, 1998 .....39-0 (11.88 m)
6. Kacey Childs, 2001 .....37-8 (11.48 m)
7. Becca Franklin, 2004 .....36-10 1/2 (11.24 m)
8. Janna Houtz, 1984 .....33-10 1/2 (10.32 m)
9. Latoya Stiffend, 2002 .....32-6 (9.90 m)
10. Bridget Besch, 2003 .....30-10 1/2 (9.41 m)

### Shot Put

1. Lisa Van Steenwyk, 1992 .....50-8 (15.44 m)
2. Gail Smith, 1984 .....50-3 1/4 (15.32 m)
3. Denise Taylor, 1992 .....50-1 3/4 (15.28 m)
4. Kamesha Marshall, 2005 .....48-6 3/4 (14.80 m)
5. Laura Kriener, 1990 .....48-2 1/2 (14.69 m)
6. Jennifer Gilson, 2002 .....47-10 (14.58 m)
7. Jennifer Moon, 2000 .....47-5 1/4 (14.46 m)
8. Mandy Chandler, 2006 .....46-0 (14.02 m)
9. Shelley Redies, 1985 .....45-7 (13.89 m)
10. Megan Maurer, 1998 .....44-9 3/4 (13.66 m)

### Discus

1. Denise Taylor, 1992 .....160-5 (48.90 m)
2. Lisa Van Steenwyk, 1991 .....159-1 (48.50 m)
3. Gail Smith, 1983 .....158-2 (48.22 m)
4. Kamesha Marshall, 2005 .....152-11 (46.62 m)
5. Jennifer Moon, 2000 .....150-8 (45.92 m)
6. Laura Kriener, 1989 .....150-3 (45.80 m)
7. Megan Maurer, 1997 .....149-2 (45.48 m)
8. Cheryl Bradley, 1982 .....146-5 (44.64 m)
9. Mickey Schoborg, 1985 .....146-2 (44.56 m)
10. Jodi Peterson, 1993 .....142-1 3/4 (43.32 m)

### Hammer Throw

1. Becca Franklin, 2007 .....195-0 (59.45 m)
2. Erin O'Hern, 2006 .....166-0 (50.60 m)
3. Kerri Blackstone, 1999 .....161-10 (49.32 m)
4. Megan Maurer, 1998 .....145-6 (44.36 m)
5. Jennifer Gilson, 2002 .....142-6 (43.44 m)
6. Jennifer Moon, 2000 .....139-3 (42.44 m)
7. Mandy Chandler, 2007 .....138-1 (42.08 m)
8. Kara Hinz, 2000 .....125-1 (38.14 m)
9. Katie Hoback, 2002 .....121-11 (37.16 m)

### Javelin

1. Alana Redfern, 2003 .....181-5 (55.30)
2. Tammilee Kerr, 2007 .....157-0 (47.85 m)
3. Mandy Beck, 1999 .....153-4 (46.74)
4. Terri Soldan, 1983 .....152-6 1/4 (46.48)
5. Shani Renning, 1990 .....152-3 (46.40)
6. Clara Simon, 1981 .....149-9 (45.64)
7. Janet Adams, 1984 .....148-7 (45.28)
8. Mickey Schoborg, 1985 .....137-5 1/4 (41.88)
9. Sara Joens, 1987 .....127-1 (38.74)
10. Angela Chadwick, 1992 .....124-2 (37.86)



# TRACK & FIELD

## Track & Field Letterwinners

### -A-

Abel, Maureen ..... 1978-80  
 Abel, Sara ..... 1981  
 Adam, Carol ..... 1984  
 Adams, Janet ..... 1981-84  
 Adams, Kristen ..... 1986-88  
 Adams-Brown, Lacey ..... 2001  
 Albert, Janet ..... 1984-87  
**Alexander, Kineke..... 2005-07**  
 Almquist, Heidi ..... NA  
 Althoff, Martha ..... NA  
 Ambrose, Suzanne ..... 1982-83  
 Amenda, Barbara ..... 1979  
 Anderson, Blair ..... 2002  
 Anderson, Debra ..... NA  
**Anderson, Krista..... 2006-07**  
 Andrews, Amy ..... 1983  
 Andrews, Karen ..... 1978-80  
 Anton, Christen ..... NA  
 Arens, Sarah ..... 2000-04  
**Armstrong, Meghan..... 2005-07**

### -B-

**Bacchus, Caleigh..... 2007**  
 Bain, Robin ..... 1985  
 Barber, Atalie ..... 2001-04  
 Bare, Wendy ..... 1987  
 Barnes, Holly ..... 1992-93  
 Beck, Mandy ..... 1999-2002  
 Bennett, Stephanie ..... 1983, 1985  
 Benning, Briana ..... 1994-97  
 Bentler, Catherine ..... 1990-92  
 Bergman, Julie ..... 1985  
 Betz, Anne ..... NA  
 Betz, Michelle ..... 1983  
 Billman, Angela ..... 1992-93  
 Blackstone, Kerri ..... 1996-99  
 Blossfeld, Suzanne ..... 1978-79  
 Blum, Virginia ..... NA  
 Boatright, Lakeya ..... 1998-99  
 Boddicker, Bev ..... 1978-80  
 Boland, Erin ..... 1992-95  
 Borg, Becki ..... 1987-89  
 Bouska, Any ..... 1989-92  
 Bradley, Cheryl ..... 1982  
 Brandt, Jan ..... NA  
 Bray, Emily ..... NA  
 Brennen, Catherine ..... 1981  
 Brooks, Marta ..... 1979-80  
 Broomfield, Erica ..... 1998  
 Brower, Jennifer ..... 1989-92

Brown, Leslie ..... 1989  
 Brown, Nicole ..... 1995-97  
 Burgett, Sarah ..... 2004-07  
**Burke, Jolly ..... 2007**  
 Burnham, Vicki ..... 1978  
 Burris, Anne ..... 1979  
 Butler, Katie ..... 1999-2001  
 Buysse, Kathy ..... 1986  
 Bynoe, Stacey-Leigh ..... 1996-99

### -C-

Calhoun, Brenda ..... 1984  
 Camarigg, Denise ..... 1981  
 Campbell, Laura ..... NA  
 Capista, Jenni ..... 2002, 2005  
 Carr, Lori ..... 1986  
 Casey, Joyce ..... NA  
 Cervin, Judith ..... 1980  
 Chadwick, Angela ..... 1989-92  
**Chandler, Mandy ..... 2006-07**  
 Chapman, Carrie ..... 1977-78  
 Chapple, Nikki ..... 2004-06  
 Charles, Nicole ..... 2001-03  
 Chattersson, Joyce ..... 1979  
 Cevalleau, Karen ..... 1989  
 Childs, Kacey ..... 1998-2001  
 Chow, Sophia ..... 2001-03  
 Choynacki, Gretchen ..... 1983  
 Christensen, Mari ..... 1983  
 Clapperton, Gaye ..... 1978-79  
 Clarke, Megan ..... 2007  
 Clarke, Coretta ..... 1995, 1999  
 Claussen, Traci ..... 1986-89  
 Cole, Wynsome ..... 1994-98  
 Colegrove, Erica ..... NA  
 Coleman, Becky ..... 1994-97  
 Combs, Anne ..... 1982  
 Connelly, Michelle ..... 1978  
 Cook, Margaret ..... NA  
 Cooper, Susan ..... 1977-78  
 Corcoran, Kelly ..... NA  
 Costello, Beth ..... 1980  
 Crossett, Lisa ..... 1983-87  
 Cullinan, Eve ..... 2001-03

### -D-

Dahl, Tracy ..... 1990-94  
 Damron, Leatha ..... 1985  
 Daniel, Megan ..... 1993-94  
 Dankof, Sarah ..... 2002  
 Darland, Sheila ..... 1994-95

Davenport, Chris ..... 1981-83  
 Davis, Diane ..... 1983  
 Davis, Eileen ..... 1978-79  
 Davis, Lynne ..... 1983-86  
 Davis, Stephanie ..... 1988  
 Davis, Vickie ..... 1986  
 Deldin, Patricia ..... 1982  
 Deluca, Sarah C. Abel ..... 1979-81  
 Dickerson, Cristy ..... 1981-82  
 Dinkla, Kristi ..... 1985-86  
 Dixon, Pamela ..... 1978  
 Dixon, Tamara ..... 2001-02  
 Doak, Nan ..... 1981-85  
 Dobrowolski, Anne ..... 1982-86  
 Docherty, Beverly ..... 1977-80  
 Docherty, Jennie ..... 2006  
 Donlon, Katie ..... 2002-05  
 Doyle, Renee ..... 1986-89  
 Drapcho, Rosemary ..... 1978-81  
 Dresselhaus, Ann ..... 1978-80  
 Drewry, Allison ..... 1995-96  
 Drulis, Julie ..... 1997-98  
 Duhaney, Dahlia ..... 1989  
 Dunlevy, Jane ..... 1977  
 Dunlop, Amy ..... 1977-79

### -E-

Egan, Bridgette ..... 1991-93  
 Elbert, Jenni ..... 2005-06  
 Emmons, Diane ..... 1979-80  
**Esche, Molly ..... 2005-07**

### -F-

Fabian, Cynthia ..... 1981-82  
 Feltes, Teresa ..... 1977-78  
 Fisher, Niki ..... 1996  
 Fishwald, Karen ..... 1981  
 Fleck, Shawn ..... 1995-96  
 Floyd, Ida "Tina" ..... 1991-95  
 Flynn, Anne ..... 1982-85  
 Flynn, Erin ..... 1978-82  
 Fouché, Jessica ..... 2003  
 Franklin, Becca ..... 2005-07  
 Fraser, Melissa ..... 1995-97  
 Freed, Jill ..... 1988-89  
 Freund, Kay ..... 1978-81  
 Friedlander, Laura ..... 1985-86

### -G-

Galbraith, Sheila ..... 1992-93  
 Gallery, Julie ..... 1998, 2000-02  
 Gantz, Ellen ..... 1997-99  
 Garmanian, Debbie ..... 1977  
 Gaupp, Colleen ..... 1978-81  
 Giampapa, Michelle ..... 1986  
 Gilbaugh, Laura ..... 1983  
 Gilchrist, Alienor ..... 1997  
 Gillespie, Kathy ..... 1982-85  
 Gilson, Jennifer ..... 2002  
 Gnage, Lynn ..... 1983  
 Goettsch, Shelley ..... 1988  
 Gooch, Susan ..... 1977  
 Graber, Kim ..... 1976-78  
**Graham, Kara-Aretha ..... 2007**  
 Granger, Ashley ..... 2005-06  
 Grant, Ellen ..... 1994-97  
 Griffin, Maggie ..... 1997-00  
 Griffin, Sara ..... 1986-89  
 Gripp, Sue ..... 1978  
 Gritters, Stephanie ..... 1982-84

### -H-

Haefke, Kristen ..... 1997-98  
 Haggerty, Laura ..... 1985-86  
 Hall, Maggie ..... 1998-99  
 Hamilton, Jana ..... 1979-80  
 Harris, Susan ..... NA  
 Hassin, Kathryn ..... 1977  
 Hawes, Michelle ..... 1984-86  
 Hawkins, Senta ..... 1985-88  
 Hayden, Jenny ..... 1982-83  
 Healy, Patty ..... 1982  
 Heath, Maureen ..... 1977-80  
 Hedlund, Laurie ..... 1977-78  
 Hensel, Angie ..... 2004-05  
 Hentges, Leah ..... 1999-2000  
 Heppner, Molly ..... 1983  
 Herrmann, Katie ..... 2003-04  
 Hershberger, Jodi ... 1981-83, 1985  
 Hill, Shelley ..... NA  
 Hinz, Kara ..... 2000-01  
 Hoback, Katie ..... 2002  
 Hobbs, Yolanda ..... 1991-95  
 Hoehle, Zanetta ..... 1978-81  
 Hoeman, Cari ..... 1998-99  
 Holly, Karen ..... 1981-83  
 Holmes, Christa ..... 1990-92  
 Holst, Mindy ..... 1991-92  
 Hornof, Debbie ..... 1981-82

# TRACK & FIELD



## Track & Field Letterwinners

Hoskins, Tami ..... 1988-92  
Hosmer, Rachel ..... 1990-92  
Houmiel, Tami ..... 1988-91  
Houtz, Janna ..... 1983-84  
Hovorka, Julia ..... NA  
Huber, Keely ..... 2002-03  
Hull, Sherri ..... 1983, 1985-87  
Hume, Aisha ..... 2001-05  
Hyde, Leslie ..... NA  
Hynes, Mary ..... 1977

### -J-

Jackson, Jennifer ..... 1983  
Jackson, Kathy ..... 1982-83  
Jackson, Staci ..... 1989  
Jacobsen, Julie ..... 1977  
James, Aisha ..... 2003  
Jaspers, Janelle ..... 1986-89  
Joens, Angela ..... NA  
Joens, Sara ..... 1986-89  
Johns, Jennifer ..... NA  
Johnson, Jeanne ..... 1979  
Johnson, Jennifer ..... 1991-94  
Johnson, Nichole ..... 1991-93  
Johnson, Tiffany ..... 2004-07  
Jones, Aditya ..... 2005-07  
Jones, Elaine ..... 1982-85  
Jones, Patricia ..... 1989-91  
Jones, Peggy ..... 1978

### -K-

Kasparbauer, Amy ..... 2001  
Kaufman, Dominique ..... 1995  
Kaza, Rebecca ..... 1995-99  
**Kerr, Tammilee ..... 2005-07**  
Kiciak, Jennifer ..... 1996-97  
Kilmer, Margaret ..... NA  
Kintzel, Denise ..... 1977-78  
Kiraly, Tricia ..... 1986-89  
Kirgis, Lori ..... 1980  
Kleinfelter, Natalie ..... 1993-94  
Knight, Kristin ..... 2001-03  
Knoblauch, Mary ..... 1981  
Knox, Nancy ..... 1977  
Koch, Suzanne ..... 1982-83  
Kotarba, Christine ..... 2004-05  
Krekeler, Rebecca Ann ..... 1978-79  
Kreiner, Laura ..... 1989-92  
Kruckenberg, Jeanne ..... 1987-90  
Kruck, Kim ..... 1993-95  
Kruse, Renee ..... 1986-89

Kubitz, Christine ..... 1996-97, 1999  
Kull, Carolyn ..... 1978-79  
Kull, Marcia ..... 1977-78

### -L-

Lahann, Michelle ..... 2000-04  
Lambrecht, Carol ..... 1977-78  
Laney, Jordan ..... 2004-05, 2007  
Larson, Erica ..... 1978  
Layne, Karen ..... 1989-92  
Levang, Margo ..... 1998  
Leydens, Connie ..... 1980  
Linner, Michelle ..... 1979-80  
Lisy, Jennifer ..... 1992-93  
Lund, Yvonne Irene ..... 1979-80  
Lundquist, Lisa ..... 1978  
Lynberg, Michele ..... 1977-78

### -M-

Maks, Stephanie ..... 1982-84  
**Marchand, Racheal ..... 2005-07**  
Marconi, Janelle ..... 1987-89  
Marks, Tricia ..... 1986-89  
Marshall, Kamesha ..... 2003-05  
Marshall, Sue ..... 1978  
Mashek, Lori ..... 1980-81  
Mason, Jacolyn ..... 1984  
Matsunaga, Stephanie ..... 1996

Mattingly, Marianne ..... 1978-80  
Maurer, Megan ..... 1995-98  
McCalla, Lindsey ..... 2004-06  
McClure, Michaela ..... 1998  
McDougall, Elizabeth ..... 1989  
McDowell, Tina ..... 1991-94  
McGarrahan, Kimberly ..... 1987-88  
McGuire, Margaret ..... 1989  
McGuire, Michelle ..... 1983  
McKenzie, Vivien ..... 1983-86  
McManus, Maureen ..... 1980  
McMillan, Lynn ..... 1986-88  
McRell, Amy ..... 1989-93  
Menson, Angela ..... 1982  
Merry, Ashley ..... 2005  
Mettelmann, Perriann ..... 1979  
Mikkelsen, Peggy ..... 1980  
Millange, Michele ..... 1976-77  
Millward, Georgia ..... 2001-05  
**Mims, Monica ..... 2005-07**  
Mims, Susan ..... 1977-80  
Mitchell, Elizabeth ..... 1978-79  
Moats, Lisa ..... 1986-87  
Mol, Mary ..... 1982-85  
Molony, Terry ..... NA  
Moon, Jennifer ..... 2000  
Moore, Jackie ..... 1984  
Moore, Jennifer ..... 1987-89

Moore, Jennifer S. ..... 1991-93  
Moreno, Susan ..... 1977-79  
Mugge, Jill ..... 1978  
Mumford, Suzanne ..... 1983-84  
Murphy, Amy ..... 1999-00  
Murray, Sara ..... 1993

### -N-

Neighbors, Jill ..... 1983  
Nelson, Major Sue ..... 1977-78  
Newbrough, Haley ..... 1997  
Newman, Ronda ..... 1977  
**Nukuri, Diane ..... 2007**

### -O-

O'Brien, Penny ..... 1981, 1983-85  
O'Hern, Erin ..... 2005-06  
O'Neil, Erin ..... 1981-82  
O'Leary, Jeann ..... 1976-79  
Orr, Davera ..... 1984-87  
Oti, Helen ..... 1993  
Owens, Maria ..... 1999

### -P-Q-

Pare, Anne ..... 1996  
Parker, Judy ..... 1981-82  
Parmiter, Catherine ..... 2000  
Parsons, Jodi ..... 1991-94



*Several former Hawkeyes reunited when Iowa hosted the 2004 NCAA Midwest Regional Cross Country Championships in Iowa City.*





# TRACK & FIELD

## Track & Field Letterwinners

Paterno, Janey ..... 1977  
 Pauling, Kiersten ..... 1994-96  
 Pearson, Laura ..... 2005  
 Pedersen, Tiff ..... 2002-05  
 Perkins, Tiffany ..... 2002  
 Peterson, Jodi ..... 1989-93  
 Peth, Maria ..... NA  
 Philip, Maria ..... 1996  
 Pisha, Stephanie ..... 1978  
**Poncè, Sophia ..... 2007**  
 Poole, Marlene ..... 1991, 1993-95  
 Powell, Beverly ..... 1988-89  
 Powers, Mary ..... 1983  
 Prendergast, Colleen ..... 1997-99, 2001  
 Providence, Jiselle ..... 2001-03  
 Quigley, Kristina ..... 1999-2000

### -R-

Radakovich, Bobby ..... 1992-94  
 Raheem, Ruqayya ..... 1996-99  
 Redfern, Alana ..... 2002-03  
 Redies, Shelly ..... 1984-86  
 Reid, Tanja ..... 1994-95  
 Renning, Shani ..... 1990, 1992-94  
 Reynolds, Roxanne ..... 1988  
 Richardson, Holly ..... 1977  
 Riedl, Carrie ..... 1978  
 Rimpson, Michelle ..... 1986  
 Roach, Peaches ..... 2004-07  
 Roberts, Ericka ..... 2000-03  
 Roberts, Rachelle ..... 1987-89  
 Roehl, Becky ..... 1994-97  
 Romic, Kimberly ..... 1987-88  
 Rozycki, Laurie ..... 1996  
 Ruden, Lindsey ..... 1994  
 Ruen, Paula ..... 1996-99  
 Ruffcorn, Ann ..... 1999-2000  
 Russo, Diane ..... 1979-82  
 Ryken, Karen ..... 1977

### -S-

Salazar, Nina ..... 1986-88  
 Salsberry, Christine ..... 1991-93  
 Sas, Kathryn ..... 1983  
 Sasseen, Dee ..... 1986  
 Sasseen, D'an ..... NA  
 Sather, Mari ..... 1983  
 Scheibel, Jill ..... 1996-99  
 Schlueter, Janna ..... 1983-84  
**Schmidt, Jessica ..... 2005-07**

Schmidt, Kristi ..... 2000  
 Schneckloth, Kim ..... 1987-89  
 Schneider, Ann ..... 1980  
 Schoborg, Mickey ..... 1984-86  
 Schoonover, Jennifer ..... 1994  
 Sears, Laura ..... 1984-87  
 See, Maribeth ..... 1983-86  
 Selsor, Kristin ..... 1982-85  
 Shannon, Gina ..... 1998-2001  
 Shearer, Anna ..... 1999  
 Sheeley, Erin ..... 2005  
 Sheetz, Terri ..... 1977  
 Simon, Clara ..... 1981  
 Simpson, Alycia ..... 1986-89  
 Sims, Sharon ..... 1977-78  
 Slocum, Wendy ..... NA  
 Smith, Gail ..... 1982-85  
 Snow, Kathy ..... 1986-87  
 Snow, Shari ..... 1981  
 Sokol, Michelle ..... 2002-03, 2005  
 Soldan, Terri ..... 1981-83  
 Spangler, Jenni ..... 1982, 1984-86  
 Sparks, Staci ..... 1993-94  
 Spinks, Natalie ..... 1983  
 Sproles, Lakesha ..... 1996-98  
 Stanley, Shannon ..... 2004-07

Stec, Tina ..... 1991-94  
 Steelhammer, Jill ..... 1977-78  
 Steffen, Sarah ..... 2000-03  
 Steinhart, Diane ..... 1979-82  
 Steinhart, Laurie ..... 1981  
 Stiffend, Latoya ..... 2002-03, 2005  
 Stippel, Lori ..... 1979  
 Stormo, Kay ..... 1979-82  
 Strand, Jessie ..... 2002-04  
 Strobel, Belina ..... 1981  
 Strub, Charlotte ..... 1977  
 Sullivan, Traci ..... 1986-89  
 Suppelsa, Sherri ..... 1984-88  
 Swaim, Mandy ..... 1997-98  
 Swartzrock, Diane ..... 1978-80

### -T-

Taylor, Barbara ..... 1977  
 Taylor, Davera ..... 1984-87  
 Taylor, Denise ..... 1990, 1992-94  
 Teague, Kimberly ..... NA  
 Tessmer, Nancy ..... 1989-92  
 Thompson, Becca ..... 2000-03  
 Thurber, Anne ..... NA  
 Tillman, Catherine ..... NA  
 Todd, Stephanie ..... 1977-80

Tremmel, Laura ..... 1983  
 Tripp, Shawna ..... 1990-92  
**Trusty, Rhonda-Kaye ..... 2007**  
 Tully, Penny ..... 1981-84  
 Tweto, Marjorie ..... 1996  
 Tyson, Adrienne ..... 1998

### -U-V-

Underwood, Tara ..... 1995-98  
 Van Der Hart, Sheri ..... 1990-93  
 Vandersteen, Laura ..... 1983  
 Vandervoort, Martha ..... 1991-94  
 VanSteenwyk, Lisa ..... 1989-93  
 Vaughan, Jennifer ..... 1983  
 Vesely, Trisha ..... 1988-89  
 Villhauer, Holly ..... 1976-78  
 Vinton, Kimberly ..... 1992-93  
 Vitense, Mandi ..... 1997-99  
 VonMuenster, Shannon ..... 2002  
 Voss, Jamie ..... 1992-93

### -W-Y-

Watters, Kristen ..... 1986-89  
 Weber, Zanette ..... 1981  
 Weiland, Melissa ..... 1987-88  
 Westhoff, Sherry ..... NA  
 Wheeler, Mary ..... NA  
 Whelchel, Christie ..... 1980-83  
**White, Renee ..... 2006-07**  
 Wiese, Suzanne ..... 1983-84  
 Wight, Jena ..... 1983  
 Wiley, Sadie ..... 1992-93  
 Williams, Julie ..... 1979-81  
 Williams, Shellene ..... 2003-04  
 Wilson, Beth ..... 1989  
 Winjum, Kristin ..... 1982-85  
 Winn, Nicole ..... 1992-93  
 Winter, Catherine ..... 1990-92  
 Winter, Ester ..... NA  
 Wodek, Janet ..... 1984-87  
 Woodard, Christann ..... 1979  
 Wymore, Sue ..... 1978  
 Wynter, Kaydene ..... 1996  
 Young, Deborah ..... 1981-83

**Names in bold are current team members.**



*Peaches Roach was a five-time Big Ten Champion and four-time all-American in the high jump (2004-07). She is the only Hawkeye to win five conference titles in one event.*

# TRACK & FIELD



Why Iowa?



*"I met Coach (James) Grant for the first time when I was in Barbados, and he seemed like a nice person. After my first two years, I was right about that."*

**Kineke Alexander**  
Senior - Glenside, St. Vincent & The Grenadines



*"I chose Iowa because it has so much to offer both academically and athletically. My experience has exceeded my every expectation. For these reasons I am proud to say that I am a University of Iowa Hawkeye!"*

**Meghan Armstrong**  
Senior - Tualatin, OR



*"I chose to come to Iowa for two reasons. The school's biology program appealed to me because it is ranked in the top 10 in the nation. Also, the women's track program has done well."*

**Rhonda-Kaye Trusty**  
Sophomore - Brampton, Ontario



*"I chose to come to Iowa because I like the coach and Iowa has good academic and athletic programs. So far, I love it!!!"*

**Diane Nukuri**  
Senior - Toronto, Ontario



*"I chose Iowa because it not only offered me a chance to excel academically at one of the top 10 schools in the country, but it also gave me the opportunity to compete for one of the top teams in the Big Ten. My time here so far has been priceless and I wouldn't trade it for anything!"*

**Renee White**  
Junior - St. Catherine, Jamaica



*"I chose Iowa because I was told it had a good medicine program and I am pursuing a degree in Physical Therapy. I also chose Iowa because Coach Houston was very confident in telling me that the track program was doing well and that the girls on the track team were really close like a family. Now they are like my family away from home."*

**Karessa Farley**  
Freshman - Bridgetown, Barbados



*"I chose Iowa because of the sense of belonging it portrayed to me. Whether in the classroom or on the field, Iowa has really lived up to my expectations. Iowa gave me such supportive coaches and teammates. I couldn't see myself anywhere but Iowa!"*

**Racheal Marchand**  
Senior - Valparaiso, Indiana



*"I chose to come to Iowa because it's a great school that has so much to offer. I liked the team and coach. I could really picture myself being happy and successful here."*

**Amanda Hardesty**  
Freshman - Valparaiso, Indiana



# TRACK & FIELD

Track & Field Facilities



## UI Recreation Building

Iowa's indoor practice and competition facility is the multi-million dollar Recreation Building. Located within walking distance of the University's west-side dormitories, Kinnick Stadium and Carver-Hawkeye Arena, the Recreation Building houses a six-lane mondo-Turf circuit that was resurfaced in 2002. Locker rooms, weight training and athletic training space for the Iowa track and field, and cross country teams is also located in the Recreation Building.

The Hawkeyes hosted the Big Ten Men's Championships in 1989, 1997 and 2006, and the Big Ten Women's Championships in 1991 and 2004 at the facility.

## Francis X. Cretzmeyer Track

The University of Iowa track and field team practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles.

Resurfaced in 1993, the \$2 million Olympic-sized outdoor track features an expansive eight-lane, 400-meter Martin surface, which is considered to be one of the finest running mediums in the world. Iowa hosted the 1987 and 2000 Big Ten Championships at the track, as well as the annual Iowa Musco Twilight Invitational.

