



IOWA

TRACK AND FIELD

GOOD TO GREAT



5 OLYMPIC GOLD MEDALISTS
15 NCAA CHAMPIONS
15 BIG TEN DISTINGUISHED SCHOLARS
18 BIG TEN MEDAL OF HONOR WINNERS
23 OLYMPIANS
210 ALL-AMERICANS
272 BIG TEN CHAMPIONS
455 ACADEMIC ALL-BIG TEN HONOREES



2015 IOWA TRACK & FIELD

2015 Indoor Track and Field

	IOWA DUALS @ IOWA
January 10	
January 24	Big Four Duals @ Iowa State
February 6-7	Husker Invite @ Nebraska
February 13-14	Cyclone Classic @ Iowa State
February 13-14	Tyson Invitational @ Arkansas
February 21	Alex Wilson Invite @ Indiana
February 21	UNI Dome Open @ UNI
Feb. 27-28	Big Ten Championships @ Geneva
March 13-14	NCAA Championships @ Arkansas

2015 Outdoor Track and Field

March 20-21	Baldy Castillo @ Arizona
April 3-4	Stanford Invite @ Stanford
April 3-4	Florida Relays @ Florida
April 17-18	Mt. Sac Relays @ Mt. SAC CC
April 22-26	Drake Relays @ Drake
May 2	MUSCO TWILIGHT @ IOWA
May 15-17	Big Ten Championships @ Michigan State
May 28-30	NCAA First Round @ Texas
June 10-13	NCAA Championships @ Oregon



Table of Contents

Track Team Rosters	2-3
2015 Quick Facts:	4
Coaching & Support Staff:	5-10
Team Photo	11
Hawkeye Facilities:	12-13
2014 Track & Field Season Reviews:	14-17
Iowa's Olympians:	18
Track & Field NCAA Champions:.....	19
Track & Field All-Americans & National Honorees:.....	20-21
Track & Field Regional Champions & Honorees:	22
Track & Field Big Ten Champions & Honorees:.....	23-29
Drake Relays Champions:	29
Track & Field Indoor School & Facility Records:	30-31
Track & Field Indoor Top 10 Performers:	32-35
Track & Field Outdoor School & Facility Records:	36-37
Track & Field Outdoor Top 10 Performers:	38-41
Track & Field Top 10 Relays.....	42-43
Hawkeye Women's Elite Competitors:.....	44-46
National Iowa Varsity Club Hall of Fame:	47
All-Time Track & Field Letterwinners:	48-56
Cross Country Team Rosters & Quick Facts:	57
2014 Cross Country Season Reviews:.....	58-60
Cross Country School & Course Records:	61
Cross Country Awards & Honors:	62-64
All-Time Cross Country Letterwinners:.....	65-67

UI Intercollegiate Athletics Department Mission Statement

The mission of the Department of Athletics is to provide the administrative and coaching support, facilities, resources, and equipment necessary for student athletes to graduate from The University of Iowa while participating in broad-based championship-caliber athletic competition. The overall well-being of the participant and the integrity of the program will be paramount in all that we do.

UI Nondiscrimination Statement

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information on nondiscrimination policies, contact the Office of Equal Opportunity and Diversity, (319) 335-0705 (voice) and (319) 335-0697 (text), 202 Jessup Hall, The University of Iowa, Iowa City, Iowa 52242-1316.

UI Accessibility Statement

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the UI Athletics Ticket office (319-335-9309) or UI Athletics Event Management (319-335-9247).

2014 Cross Country Schedule

Aug. 29	Bulldog 4K Classic	Des Moines, Iowa
Sept. 12	Illinois State Invitational	Normal, Ill.
Sept. 20	Big Ten Preview	Iowa City, Iowa
Oct. 3	Notre Dame Invitational	South Bend, Ind.
Oct. 18	Pre-National Invitational	Terre Haute, Ind.
Nov. 2	Big Ten Championships	Iowa City, Iowa
Nov. 14	NCAA Midwest Regional	Peoria, Ill.
Nov. 22	NCAA Championships	Terre Haute, Ind.

2015 Indoor Track and Field Schedule

Jan. 10	Border Battle	Iowa City, Iowa
Jan. 24	Big Four Duals	Ames, Iowa
Feb. 6-7	Frank Sevigne Husker Invite	Lincoln, Neb.
Feb. 13-14	Iowa State Classic	Ames, Iowa
Feb. 13-14	Tyson Classic	Fayetteville, Ark.
Feb. 21	Alex Wilson Invitational	South Bend, Ind.
Feb. 21	UNI-Dome Open	Cedar Falls, Iowa
Feb. 27-28	Big Ten Championships *	Geneva, Ohio
Mar. 13-14	NCAA Indoor Championships	Fayetteville, Ark.

2015 Outdoor Track and Field Schedule

Mar. 20-21	Baldy Castillo	Tempe, Ariz.
Apr. 3-4	Florida Relays	Gainesville, Fla.
Apr. 3-4	Stanford Invitational	Stanford, Calif.
Apr. 17-18	Mt. Sac Relays	Stanford, Calif.
Apr. 22-26	Drake Relays	Des Moines, Iowa
May 2	Musco Twilight	Iowa City, Iowa
May 15-17	Big Ten Championships *	East Lansing, Mich.
May 28-30	NCAA Regional Championships	Austin, Texas
Jun. 10-13	NCAA Championships Final Round	Eugene, Oregon

Credits

The University of Iowa men's track and field and cross country media guide was written, designed and edited by Sports Information Student Interns Brandee Britt and Jordan Bucher, and Assistant Athletic Communication Directors Traci Wagner and Chris Brewer. Photographs provided by Chris Donahue, Darren Miller and University of Iowa CMP Photo Services. Cover artwork designed by Mindy Heidgerken. Printing done by University of Iowa Printing.



IOWA TRACK AND FIELD

2014-15 MEDIA GUIDE

2015 Men's Track Team Roster

Name	Event	Yr.	Hometown (Last School)
Nicholas Aly	Middle Distance	Fr.	Escondido, California (San Pasqual)
Babatunde Amosu	Jumps	Sr.	London, England (Texas A&M)
Ben Anderson	Distance	So.	Clive, Iowa (West Des Moines Valley)
Alex Balke	Combined Events	*Fr.	Iowa City, Iowa (University of Nebraska)
Keith Brown	Sprints/Hurdles	Sr.	Milwaukee, Wisconsin (Iowa Wesleyan)
Matt Butler	Distance	Jr.	Bettendorf, Iowa (Bettendorf)
Brennan Davey	Middle Distance	Sr.	Indianola, Iowa (Indianola)
Kerry Dean Jr.	Jumps	Jr.	Evergreen Park, Illinois (Mount Carmel)
Klyvens Delaunay	Jumps	Jr.	Claremont, California (Claremont)
Kevin Docherty	Distance	So.	Saint Paul, Minnesota (Saint Paul)
Ryan Dorman	Middle Distance	Fr.	Iowa City, Iowa (City High School)
William Dougherty	Combined Events	*Fr.	Moville, Iowa (Woodbury Central)
Jack Eckert	Combined Events	Sr.	Sellersburg, Indiana (Silver Creek)
Nate Ferree	Distance	Jr.	Appleton, Wisconsin (Xavier)
Sam Fourman	Distance	Sr.	Oak Park, Illinois (Oak Park)
Jared Ganschow	Sprints	So.	Oxford, Iowa (Clear Creek Amana)
Daniel Gardarsson	Distance	Fr.	Coralville, Iowa (Iowa City West)
Anthony Gregorio	Distance	Jr.	Palatine, Illinois (Palatine)
James Harrington	Sprints	Jr.	Cedar Falls, Iowa (University of Alabama)
Michael Hart	Distance	Jr.	West Branch, Iowa (West Branch)
Daniel Huff	Distance	Jr.	Waverly, Iowa (Waverly-Shell Rock)
Gabe Hull	Throws	Sr.	Bloomington, Indiana (South)
Connor Janu	Hurdles	*Fr.	Blaine, Minnesota (Spring Lake Park)
Nick Jensen	Sprints/High Jump	*Fr.	Iowa Falls, Iowa (Iowa Falls-Alden)
Sam Joens	Throws	Jr.	Cedar Rapids, Iowa (Prairie)
Kaleb Kesselring	Sprints	Fr.	Des Moines, Iowa (Abraham Lincoln High)
Noah Larrison	Hurdles	Fr.	Clive, Iowa (Waukee)
Kevin Lewis	Distance	Sr.	Ottumwa, Iowa (Ottumwa)
Carter Lilly	Middle Distance	Fr.	Sioux City, Iowa (Sioux City East)
Aaron Mallett	Hurdles	So.	St. Louis, Missouri (McCluer North)
Sam McElhiney	Distance	*Fr.	Bettendorf, Iowa (Pleasant Valley)
Michael Melchert	Distance	Fr.	Monticello, Iowa (Monticello)
Avery Meyers	Throws	So.	West Liberty, Iowa (West Liberty)
Zahir Nobles	Hurdles	Fr.	Katy, Texas (Cypress Falls)
Brook Price	Distance	So.	Iowa City, Iowa (City)
Vinnie Saucer, Jr.	Sprints	So.	Valencia, California (Oaks Christian)
Taylor Soltys	Distance	So.	Naperville, Illinois (Neuqua Valley)
Kevin Spejcher	High Jump	Jr.	Bloomington, Illinois (Lake Park)
Will Teubel	Middle Distance	Jr.	Lisbon, Iowa (Mount Vernon)
Brendan Thompson	Sprints	Jr.	Fort Madison, Iowa (Fort Madison)
Reno Tuufuli	Throws	*Fr.	Las Vegas, Nevada (Liberty)
Kaleb VanCleave	Sprints	Sr.	Des Moines, Iowa (Hoover)
Carlos Varela-Hernandez	Throws	*Fr.	Naperville, Illinois (Neuqua Valley)
O'Shea Wilson	Sprints/Jumps	So.	Houston, Texas (Fort Bend Bush)
Ben Witt	Distance	Sr.	Burlington, Iowa (Burlington)
Mitch Wolff	Sprints/Hurdles	Jr.	Plainfield, Illinois (Plainfield South)

* - redshirt freshman

Pronunciation Guide

Name	Pronunciation
Nicholas Aly	ALL-ee
Babatunde Amosu	bob-ah-TOON-day AH-moo-sue
Alex Balke	ball-KEY
Klyvens Delaunay	DUE-lay-knee
Kevin Docherty	DOC-er-tee
Nate Ferree	fuh-REE
Jared Ganschow	GAN-chow
Daniel Gardarsson	GAR-duh-sun
Connor Janu	JAN-knew
Sam Joens	JONES
Sam McElhiney	MAC-ill-AY-knee
Zahir Nobles	NO-bulls
Taylor Soltys	SOUL-stiss
Kevin Spejcher	SPAY-shur
Will Teubel	TUE-bull
Reno Tuufuli	TOO-foo-lee



Name	Event	Yr. Hometown (Last School)
Katie Adams	Distance	So. Marengo, Illinois (Marengo)
Adrienne Alexia	Sprints	Sr. Grundy Center, Iowa (Grundy Center)
Marta Bote Gonzalez	Distance	Fr. Merida, Spain (Colegio Salesianos Maria Auxiliadora)
Jenna Brandhorst	High Jump	*Fr. Hudson, Iowa (Hudson High)
Kelly Breen	Distance	So. Palatine, Illinois (Fremd)
Brittany Brown	Sprints	So. Upland, California (Claremont)
Torey Brown	Middle Distance/Distance	Fr. West Des Moines, Iowa (Valley)
Courtney Bruns	Distance	*Fr. West Branch, Iowa (West Branch)
Lindsey Bruns	Distance	So. West Branch, Iowa (West Branch)
Sheridan Champe	Sprints	Fr. Amherst, Ohio (Amherst Steele)
Heaven Chandler	Jumps	Fr. Columbus Junction, Iowa (Columbus Community)
Leah Colbert	Throws	Fr. Troy, Missouri (Troy Buchanan)
Anna Eisenzimmer	Distance	Fr. Mineral Point, Wisconsin (Mineral Point)
Kassidy Ellis	Combined Events	Jr. Bakersfield, California (Frontier)
Allison Gattone	Javelin	Jr. Libertyville, Illinois (Libertyville)
Dakotah Goodell	Throws	Jr. Williamsburg, Iowa (Williamsburg)
Lisa Gordon	Distance	Jr. Western Springs, Illinois (Lyons Township)
Elexis Guster	Sprints/Hurdles	So. Atlanta, Georgia (Berkmar)
Grace Haerr	Distance	Jr. Schaumburg, Illinois (Schaumburg)
Alexis Hernandez	Sprints	So. San Diego, California (Mount Carmel)
Lindsay Herra	Throws	So. Rockford, Illinois (Boylan Catholic)
Kayla Hochhalter	Throws	Fr. Carrington, North Dakota (Carrington)
MonTayla Holder	Sprints/Hurdles	Jr. Indianapolis, Indiana (Lawrence Central)
Alexa Hunt	Throws	So. Des Moines, Iowa (Roosevelt)
Alana Jones	Distance	So. Laguna Hills, California (Laguna Hills)
Lake Kwaza	Sprints	Jr. Sycamore, Illinois (Sycamore)
Taylor Majher	Distance	Fr. Naperville, Illinois (Metea Valley)
Courtney Martin	Distance	Jr. Ames, Iowa (Ames)
Shannon Maser	Distance	Sr. Stilwell, Kansas (Blue Valley West)
Kaitlyn Nelson	Sprints	Jr. West Des Moines, Iowa (Valley)
Kara Neustrom	Distance	Fr. West Des Moines, Iowa (Valley)
Carolyn Newhouse	Distance	So. Marion, Iowa (Linn-Mar)
Elizabeth Niedert	Distance	Fr. Glen Ellyn, Illinois (Glenbard South)
Claire Nolan	Throws	*Fr. Taylorville, Illinois (Taylorville)
Elizabeth Pagan	Sprints	Fr. Huntley, Illinois (Hampshire)
Anne Reischmann	Distance	Jr. Ravensburg, Germany (Spohn-Gymnasium)
Madison Rouw	High Jump	So. Clive, Iowa (Waukee High School)
Kaylee Schnathorst	Hurdles/Throws	Fr. Webster City, Iowa (Webster City)
Jordyn Sindt	Middle Distance	So. Griswold, Iowa (Griswold)
Annemie Smith	Throws	Sr. George, South Africa (Hoerskool Outeniqua)
Jahisha Thomas	Jumps	Fr. London, United Kingdom (Wallington)
Jocelyn Todd	Distance	Sr. St. Louis, Missouri (Ladue Horton Watkins)
Elyssa Tracy	Pole Vault	Fr. Mequon, Wisconsin (Homestead)
Katharina Trost	Middle Distance	So. Piding, Germany (KarlsGymnasium)
Mahnee Watts	Middle Distance	So. Bettendorf, Iowa (Bettendorf)
Tess Wilberding	Distance	So. Troy, Michigan (Birmingham Seaholm)
Khanishah Williams	High Jump	Sr. Burlington, Iowa (Burlington)
Samantha Zishka	Distance	So. Lancaster, Ohio (Lancaster)

Pronunciation Guide

Name	Pronunciation
Marta Bote Gonzalez	BOAT
Sheridan Champe	CHAMP-ee
Grace Haerr	HAIR
Lake Kwaza	KWAH-za
Taylor Majher	MAH-hair
Shannon Maser	MAY-zer
Kara Neustrom	NEW-strum
Elizabeth Niedert	KNEE-dirt
Anne Reischmann	RICE-chman
Annemie Smith	ahn-UH-mee
Elyssa Tracy	eh-LISA
Mahnee Watts	MAH-knee
Khanishah Williams	kah-NEE-shuh

* - redshirt freshman



IOWA TRACK AND FIELD

2014-15 MEDIA GUIDE

2015 Quick Facts

General Information

Location:Iowa City, IA
 Founded: 1847
 Enrollment: 31,065
 Conference: Big Ten
 School Colors: Black and Gold
 President: Sally Mason
 Director of Athletics: Gary Barta
 Nickname/Mascot: Hawkeyes/Herky the Hawk
 Cross Country Facility: Bill and Jim Ashton Cross Country Course
 Indoor Track & Field Facility: UI Recreation Building
 Outdoor Track & Field Facility: Francis X. Cretzmeyer Track

Coaching & Staff Information

Director of Track & Field (Yr. at Iowa): Joey Woody (9th)
 Events: Men's Sprints, Hurdles & Relays; Women's Long Sprints & Hurdles
 Alma Mater, Yr.: Northern Iowa, 1997
 E-Mail Address: joey-woody@uiowa.edu
 Head Cross Country/Track & Field Coach (Yr. at Iowa): ..Layne Anderson (12th)
 Events: Cross Country, Distance
 Alma Mater, Yr.: The Citadel, 1989
 E-Mail Address: layne-anderson@uiowa.edu
 Associate Head Coach (Yr. at Iowa):Clive Roberts (6th)
 Events: . Horizontal Jumps; Women's Short Sprints, Hurdles & Relays
 Alma Mater, Yr.: Central Michigan, 2003
 E-Mail Address: clive-roberts@uiowa.edu
 Assistant Coach (Yr. at Iowa): Molly Jones (2nd)
 Events: Pole Vault, High Jump, Combined Events
 Alma Mater, Yr.: Princeton, 2006
 E-Mail Address: molly-jones-1@hawkeyetrack.com
 Assistant Coach (Yr. at Iowa): Jason Wakenight (1st)
 Events: Middle Distance, Sprints & Relays
 Alma Mater, Yr.: University of Iowa, 2006
 E-Mail Address: jason-wakenight@uiowa.edu
 Assistant Coach (Yr. at Iowa):Andrew Dubs (1st)
 Events: Throws
 Alma Mater, Yr.: University of Connecticut, 2009
 E-Mail Address: andrew-dubs@uiowa.edu
 Cross Country/Track Administrator: Paula Jantz
 Cross Country/Track Secretary: Syrena Even
 Office Phone: (319) 335-9257
 Office Address: Carver-Hawkeye Arena, Iowa City, IA 52242

Media Information

Cross Country/Track and Field SID: Jordan Bucher
 E-Mail Address: jordan-bucher@uiowa.edu
 Sports Information Phone: (319) 335-9411
 Sports Information Fax: (319) 335-9417
 Office Address: Carver-Hawkeye Arena, Iowa City, IA 52242
 Web Site: www.hawkeyesports.com

Men's Track & Field Team Information

2014 Big Ten Indoor Championships Place (Points):10th (30)
 2014 Big Ten Indoor Champions Returning/Lost:1/0
 2014 Indoor All-Big Ten Competitors Returning/Lost:1/0
 2014 NCAA Indoor Championships Qualifiers Returning/Lost:1/0
 2014 Indoor All-Americans Returning/Lost:0/0
 2014 Big Ten Outdoor Championships Place (Points):7th (66)
 2014 Big Ten Outdoor Champions Returning/Lost:3/1
 2014 Outdoor All-Big Ten Competitors Returning/Lost:7/1
 2014 NCAA Outdoor Championships Qualifiers Returning/Lost:5/1
 2014 Outdoor All-Americans Returning/Lost:5/1
 2014 Letterwinners Returning/Lost:17/6

Men's Track & Field Historical Information

Highest Big Ten Indoor Team Place (Yrs.): 1st (1926, 1929, 1963)
 Highest NCAA Indoor Champ's Team Place (Yrs.):8th (2011)
 Highest Big Ten Outdoor Champ's Team Place (Yrs.): . 1st (1963, 1967, 2011)
 Highest NCAA Regional Team Finish (Pts., Yr.):12th (25, 2008)
 Highest NCAA Outdoor Champ's Team Place (Yr.):7th (1967)
 NCAA Champions: 10 champions, 12 titles
 All-Americans: 71 student-athletes, 124 honors
 NCAA Champions/Qualifiers:1/189
 Big Ten Indoor Champions: 88 champions, 114 titles
 Big Ten Outdoor Champions: 149 champions, 183 titles
 All-Big Ten Honorees: 125 honors
 Academic All-Big Ten Honorees:96 student-athletes, 172 honors

Women's Track & Field Team Information

2014 Big Ten Indoor Championships Place (Points):8th (49.5)
 2014 Big Ten Indoor Champions Returning/Lost:0/0
 2014 Indoor All-Big Ten Competitors Returning/Lost:0/0
 2014 NCAA Indoor Championships Qualifiers Returning/Lost:0/0
 2014 Indoor All-Americans Returning/Lost:0/0
 2014 Big Ten Outdoor Championships Place (Points):4th (86)
 2014 Big Ten Outdoor Champions Returning/Lost:5/0
 2014 Outdoor All-Big Ten Competitors Returning/Lost:5/1
 2014 NCAA Outdoor Championships Qualifiers Returning/Lost:4/1
 2014 Outdoor All-Americans Returning/Lost:4/1
 2014 Letterwinners Returning/Lost:23/7

Women's Track & Field Historical Information

Highest Big Ten Indoor Team Place (Pts., Yr.):...3rd (65, 1981; 89, 2004)
 Highest NCAA Indoor Champ's Team Place (Pts., Yr.): ..14th (10, 1993)
 Highest AIAW Indoor Champ's Team Place (Pts., Yr.):10th (15, 1982)
 Highest Big Ten Outdoor Champ's Team Place (Pts., Yr.): .3rd (75, 1981)
 Highest NCAA Regional Team Finish (Pts., Yr.):8th (34.5, 2007)
 Highest NCAA Outdoor Champ's Team Place (Pts., Yr.): 19th (12, 1992)
 Highest AIAW Outdoor Champ's Team Place (Pts., Yr.): .10th (21, 1982)
 NCAA Champions: 3 champions, 4 titles
 All-Americans: 42 student-athletes, 71 honors
 NCAA Champions/Qualifiers:3/138
 Big Ten Champions (Indoor/Outdoor):31/30
 All-Big Ten Honorees: 90 honors
 Academic All-Big Ten Honorees: 145 student-athletes, 226 honors



Joey Woody

Director of Track & Field

Ninth Season

Iowa City native and World Champion runner Joey Woody is in his first season as director of track and field/cross country for the University of Iowa. Woody served as the associate head track and field coach for two seasons and served as assistant coach and director of sprint and hurdle events for the Hawkeyes since 2006.

Since arriving on campus, Woody has led Iowa to 10 Big Ten individual titles, three conference relay titles and 33 All-America honors.

In 2014, the men's 400-meter relay won the Big Ten championship for the second consecutive year. Operating with four new members, the relay broke the school record for the second straight season, and ran to a sixth-place finish and All-America honors at the NCAA Outdoor Championships.

In 2013, the Hawkeyes earned four individual conference titles and won the Big Ten championship in the 400-meter relay for the first time since 2001. The relay also twice broke the school record, topping out at 39.31 at the NCAA Championships. Woody earned his second career USTFCCA Midwest Region Coach of the Year honor. He also earned the honor in 2011 when Iowa captured its first Big Ten team title in 44 years.

In 2012, Woody coached Erik Sowinski to the Big Ten Indoor 800 meter title, and a runner-up finish in the 800 meters at the NCAA Championships.

Woody led Iowa to three Big Ten titles and saw the Hawkeyes break eight school records in 2011. The men's indoor 1,600-meter relay of Patrick Richards, Ethan Holmes, Sowinski and Steven Willey won its first conference championship since 1984. Woody led Justin Austin to four school records and a 200 meter outdoor conference championship. Austin's 2011 performance earned him Big Ten Track Athlete of the Year and Big Ten Track Athlete of the Championships honors. He is just the fourth Hawkeye in school history to earn either honor, and he repeated the effort by sweeping both awards in 2013.

Woody also helped Holmes qualify for three events at the NCAA Outdoor Championships. Holmes was a member of Iowa's mile relay, and was the only NCAA student-athlete to qualify for both the 110- and 400-meter hurdles.

In 2010, Woody helped four athletes earn All-America honors at the NCAA Outdoor Championships, including Willey, who was a two-time All-American following his performances in the 400 meters and 1,600-meter relay. Willey was joined on the seventh-place relay by Barton, Sowinski and Richards. Ray Varner qualified for the NCAA Championships following his Big Ten title in the 400-meter hurdles. Willey also nabbed first team Big Ten honors after capturing the 400-meter title.

In 2009, the men's 400-meter relay of D'Juan Richardson, Zeke Sayon, Richards and Paul Chaney, Jr. won Iowa's first Drake Relays title since 1998, placing third at the Big Ten meet and qualifying for the NCAA regional. The 400-meter relay of Richardson, Sayon, Stephen Bee and Chaney, Jr., earned all-region honors. Chaney, Jr., and Sayon placed third and fifth, respectively, in the 100 meters at the Big Ten Championships, while Chaney, Jr., placed fourth in the conference 200 meters. Varner earned his third all-region honor in the 400-meter hurdles, earning a bid to the national meet. Varner, Connor Elmitt and Richardson placed third, seventh and eighth, respectively, in the 400-meter hurdles at the Big Ten meet. The 1,600-meter relay of Barton, Richards, Varner and Willey provisionally qualified for



the NCAA indoor meet, while the squad of Barton, Sowinski, Varner and Willey qualified for the NCAA regional.

In 2008, Varner earned his second all-region honor in the 400-meter hurdles after making a strong run at the Big Ten title in that event. Both 1,600-meter relays and the outdoor 400-meter relay each earned top five finishes at the Big Ten Championships.

In 2007, Varner and the 400-meter relay team of Max Milder, Aaron Reed, Lee Elbert, Chaney, Jr. earned all-region honors. Chaney, Jr., Varner, Prince Riley and the 1,600-meter relay of David Pierre, Elbert, Varner and Riley all scored team points for Iowa at the Big Ten meet.

Woody joined Iowa's full-time staff after serving as a volunteer assistant coach with the Hawkeye sprinters and middle distance runners in 2006. He also served as sports performance director and co-owner of Velocity Sports Performance in Cedar Rapids (2005-06).

Woody has also run competitively on the international track circuit, earning a spot on three United States World teams. In 2003, he won the silver medal in the 400-meter hurdles at the World Championships and was ranked second in the world in the event. Woody was also part of the 1,600-meter relay which won the World Championships gold medal in 1999. In 2000, he was a member of the 3,200-meter relay which set a world record and he missed qualifying for the United States Olympic team by .37 seconds in the 400-meter hurdles.

Woody was a four-time All-American at Northern Iowa, winning the 1997 NCAA title in the 400-meter hurdles. He was inducted into the Drake Relays Hall of Fame in 2002. He is the only athlete in Drake Relays history to win the Athlete of the Meet award in high school (1992) and college (1994). Woody earned a B.A. in public relations and communications from UNI in 1997, and his M.A. in sports science with honors from the United States Sports Academy in 2013.

He served as assistant coach for men and women's track at UNI for five seasons (1997-2002). During that time the Panthers won six Missouri Valley Conference team titles, including the first-ever women's title in 2002. He coached one individual All-American and assisted in coaching two All-American relays.

Woody and his wife, Heather, have two children, Drake and Isabelle. Heather was an all-conference track student-athlete at Northern Iowa, and currently owns Heather Woody Unlimited, INC., which is a corporate and personal success coaching practice.



Layne Anderson **Head Cross Country/ Track & Field Coach** **12th Season**

Layne Anderson is in his 12th year as cross country and track and field coach at the University of Iowa. He has served as head coach of the Hawkeye women's cross country team since 2003, and was head coach for the women's track and field team (2008-12). From 2003-07, he served as an assistant women's track and field coach for the Hawkeyes. In 2014, he assumed head coaching responsibilities of the men's and women's cross country teams.

Under Anderson's direction, Iowa has crowned 72 All-Americans and 29 Big Ten champions, and earned 176 academic All-Big Ten honors.

During Anderson's tenure with the women's cross country team, Iowa has crowned seven All-Americans, three NCAA Midwest Regional champions, one Big Ten champion and 18 all-region honorees. The team qualified for the NCAA Championships three straight years (2006-08) after a 14-year absence from the meet. The Hawkeyes have also set school records in the 3,000, 4,000, 5,000 and 6,000 meters, as well as Ashton Cross Country Course facility records in the 3,000 and 4,000 meters.

Former Hawkeyes Diane Nukuri, Meghan Armstrong, Racheal Marchand and Mareike Schrulle had outstanding Hawkeye careers under Anderson's tutelage. The quartet combined for six All-America honors, three NCAA Midwest Regional titles, nine All-Region honors and six All-Big Ten honors.

In 2007, Nukuri became only the second Hawkeye in school history to win a Big Ten title. She earned Athlete of the Year honors and set meet records at both the Big Ten and regional championships. A finalist for the national 2007 Honda Sports Award in cross country, Nukuri still holds school records in the 3,000, 4,000, 5,000 and 6,000 meters, as well as Ashton Cross Country Course facility records in the 3,000 and 4,000 meters. Armstrong became the first women's cross country competitor in school history to earn three all-region honors. She was Anderson's first NCAA cross country qualifier at Iowa. Marchand was the second Hawkeye in school history to win the NCAA Midwest Regional and take home NCAA Midwest Regional Female Athlete of the Year honors. Nukuri and Marchand were Iowa's Female Athlete of the Year honorees in 2008 and 2009, respectively.

The Iowa cross country team has also had success in the classroom under Anderson. The team earned USTFCCCA all-academic honors 11 times, while Sarah Arens (2003), Armstrong (2005), Brooke Eilers (2009), Megan Ranegar (2013) and Mareike Schrulle (2013) earned individual all-academic recognition. Armstrong was Iowa's Big Ten Medal of Honor recipient in 2007, while Arens was Iowa's nominee for NCAA Woman of the Year in 2004.

Former Hawkeyes Kineke Alexander, Karessa Farley, Renee White, Tammilee Kerr, Bethany Praska, Armstrong, Nukuri and Marchand have earned national and conference recognition during Anderson's tenure.

In 2008, Marchand (5,000 meters) and Farley (60-meter hurdles) earned All-America honors. Alexander picked up her eighth All-America honor in the 400 meters, which is the most any Hawkeye in school history has ever accumulated. The 2006 NCAA 400-meter champion and two-time NCAA Midwest Regional Champion won five Big Ten titles and set school records

in four individual events and two relays during her Hawkeye career. Armstrong and Nukuri kept the momentum going from cross country, with Armstrong winning two Big Ten titles and Nukuri and White each snagging one. Armstrong, Marchand and Kerr earned All-America honors outdoors. Nukuri earned the Wilma Rudolph Award and was Iowa's nominee for Big Ten Female Athlete of the Year. White was a two-time Big Ten outdoor triple jump champion (2008-09).

As an assistant track coach for the Hawkeyes from 2003-07, Anderson had success with the middle distance and distance corps. During that time the Hawkeyes crowned three All-Americans, posted 19 national qualifiers and 13 regional qualifiers. Iowa was one of four schools in the nation to have NCAA indoor qualifying marks in the 800 meters, mile, 3,000 meters, 5,000 meters and distance medley relay in 2004. Tennessee, Stanford and Kentucky were the other three schools to achieve those standards.

Prior to joining the Hawkeyes, Anderson served as head men's and women's cross country coach and assistant track coach at Auburn University (1997-2002). During his tenure, he coached seven All-Americans, two SEC champions, 15 all-SEC honorees and 58 academic all-SEC performers. He also coached eight individual school record holders and four relays to school records. Anderson helped the men's team to four top-15 finishes at the NCAA Outdoor Championships and two top-20 placings at the NCAA Indoor Championships; and the women's squad to three top-15 finishes at the national indoor meet and one at the NCAA outdoor meet. The men's highest national finish was third place in 2000, while the women's was 11th in 2002.



Coach Anderson with former Hawkeyes McKenzie Melander (left) and Betsy Flood (right) that placed first and second, respectively, at the 2012 Big Ten Outdoor Championships.



The Tiger cross country team produced four all-South Region performers, two NCAA individual qualifiers, four team titles, three individual titles and two SEC Athlete of the Week Award recipients under Anderson. He served as meet director for the annual Auburn Cross Country Invitational, which featured over 600 runners, and the 2000 NCAA South Regional Championships.

Before his stint at Auburn, Anderson was an assistant men's cross country and track and field coach at Texas Tech (1996-97), where he coached six Red Raiders to nine All-America honors. In 1997, the men's track and field team placed 11th at the NCAA Outdoor Championships and 21st at the national indoor meet. He also coached one GTE academic all-district award recipient.

He served as the administrative assistant to the Faculty Athletics Representative at Auburn (1994-96), which included a one-year stint as administrative assistant to the Graduate Program Officer (1994-95). Anderson was a graduate teaching assistant at Auburn (1991-94) and The Citadel (1989-91). During his graduate assistantship at Auburn, he worked with 1991 World Champion and 1996 Olympic silver medallist Samuel Matete and two-time Olympian Tommy Asinga.

A three-time Southern Conference individual champion, Anderson set 10 school records at The Citadel and was named team MVP three times. He was a member of a USATF national champion distance medley relay. A three-time academic all-conference selection, Anderson was named to the Dean's List four times and the Gold Stars list twice.

The son of an Army Officer, Anderson graduated from Frankfurt American High School in 1985. He was a five-time Department of Defense Schools champion in the 800 and 1,500 meters and was named Department of Defense Schools European High School Runner of the Year twice.

Anderson holds two degrees from The Citadel. He earned a bachelor's (1989) and masters of education (1991), both in health and physical education. Anderson and his wife, Alexis, have two sons, Sawyer and Griffin.

The Anderson File

- 7 Cross Country All-Americans
- 65 Track & Field All-Americans
- 3 NCAA Midwest Regional Cross Country Champions
- 3 NCAA Midwest Regional Cross Country Athletes of the Year
- 19 NCAA All-Midwest Region Cross Country Performers
- 14 NCAA All-Midwest Region Track Performers
- 1 Big Ten Cross Country Champion
- 28 Big Ten Track & Field Champions
- 11 USTFCCA Academic All-America Cross Country Team Awards
- 3 USTFCCA Academic All-America Track & Field Team Awards
- 188 Academic All-Big Ten Performers In Cross Country and Track

Anderson At Iowa - Cross Country

	Big Ten	Regional	National	Academic
Year	Finish/Points	Finish/Points	Finish/Points	All-Big Ten Honorees
2003	11th/241	9th/283	--/--	4
2004	7th/170	7th/235	--/--	5
2005	7th/170	6th/182	--/--	4
2006	6th/112	3rd/118	17th/409	5
2007	5th/103	3rd/111	10th/387	8
2008	6th/151	4th/126	24th/538	1
2009	6th/150	5th/160	--/--	8
2010	8th/190	7th/208	--/--	7
2011	6th/149	4th/146	--/--	9
2012	10th/228	6th/220	--/--	6
2013	12th/369	21st/512	--/--	4
2014	11th/300 (w) 8th/191 (m)	13th/396 (w) 7th/261 (m)	--/-- --/--	1

Anderson At Iowa - Track & Field

	Indoor Big Ten	Outdoor Big Ten	Indoor/Outdoor	Academic
Year	Finish/Points	Finish/Points	All-Americans All-Big Ten Honorees	
2008	5th/60	6th/73	1/4	7
2009	10th/25	10th/31	2/0	10
2010	9th/36	10th/34	0/0	18
2011	8th/56	8th/59	1/0	16
2012	8th/45 (m) 10th/21 (w)	5th/80.5 (m) 8th/53 (w)	2/2 0/0	27
2013	7th/49 (m) 11th/11 (w)	5th/85 (m) 11th/31	0/6 0/0	22
2014	10th/30 (m) 8th/49.5 (w)	7th/66 (m) 4th/86 (w)	0/4 0/1	15

m - men's team, w - women's team, AA - 1st team





Clive Roberts

Associate Head Coach

Sixth Season

Clive Roberts is in his sixth season on the University of Iowa track and field staff, and enters his first as associate head coach. Since 2009, he has overseen women's sprints and hurdles (short and long), women's relays and men's and women's horizontal jumps.

Since arriving on campus, Roberts has led his student-athletes to 11 Big Ten titles, 22 All-America honors, and 14 school records. From 2011-12, he coached four-time All-American and school record holder Troy Doris to four conference triple jump titles in as many conference championships.

In 2014, the women's 400- and 1,600-meter relays set school records and qualified for the NCAA Championships. The 400-meter relay won the Big Ten Outdoor Championship, and Elexis Guster won the women's 400 meters. Babatunde Amosu was the indoor conference champion in the triple jump.

In 2013, he guided freshman Klyvens Delaunay to a first team All-American finish at the NCAA Championships. Delaunay hit a season-best 52-2 1/2 (15.91) in the finals to place eighth in the triple jump. Roberts also coach Josh Larney to All-America honors in 2013. Larney earned honorable mention in the 100 meters and anchored the 400-meter relay to a sixth place finish.

The Hawkeyes set five school records in 2011, including two individual marks by Bethany Praska. Praska set the indoor and outdoor 800 meter records, and contributed to the record setting 1,600-meter (indoor/outdoor) and sprint medley relays. Roberts also coached Praska to conference titles in the indoor 600 meters and the outdoor 800 meters. The women's 1,600-meter relay also earned Big Ten gold at the outdoor championships.

In his first season with the Hawkeyes, Roberts coached All-American hurdler Karessa Farley and Big Ten outdoor triple jump champion Renee White. Farley set the school 60-meter hurdles record (8.21), while White broke her own outdoor triple jump school mark with a collegiate-best 43-10 3/4. Farley earned all-region honors in the 100-meter hurdles, and both competed at the NCAA Outdoor Championships.

A native of Toronto, Canada, Roberts served as an assistant coach for the Bowling Green State University women's team during the 2007 and 2008 seasons. During his first indoor season with the Falcons, he guided sprinter Jessica White and hurdler Nicole Standback to successful seasons. White set the school record in the 60 meters (7.53) and placed third in the 100 meters at the MAC Championships. Her season-best time of 11.58 ranked second in school history and qualified her for the NCAA Regional, making her the Falcons' first sprinter to qualify since 2004. Standback placed third in the 60-meter hurdles and 100-meter hurdles at the conference meet, posting the third fastest 100-meter hurdles time (14.03) in school history.

Before joining the Bowling Green staff, Roberts served as a graduate assistant at his alma mater, Central Michigan University. During his stint with the Chippewas, Roberts coached 13 MAC Champions, two indoor all-Americans, and one USA Track Championship qualifier. The men's squad won the 2005 MAC indoor and outdoor team titles, and Roberts guided conference champions Pierre Vinson and Clarence Glenn to all-America honors at the NCAA indoor meet. Roberts coached the top placers in the 60, 200 and 400 meters, 60-meter hurdles, and 1,600-meter relay at the 2005 conference indoor meet, and the 100, 200 and 400 meters, and 110 and 400-meter hurdles champions at the conference outdoor meet. Vinson received the Most Valuable Participant award at both the indoor and outdoor championships. Vinson's personal best under Roberts was 10.29

in the 100 meters and Glenn's personal best under Roberts was 13.60 in the 110-meter hurdles.

Roberts was a hurdler Central Michigan, qualifying for nationals and placing second in the 60-meter hurdles at the MAC Championships. He was a Canadian Junior Champion in the 110-meter hurdles during his high school career.

Roberts currently is a Level II USATF certified coach in sprints, hurdles, jumps and throws. He is also a certified USATF instructor.

Roberts graduated with a degree in finance from Central Michigan in 2003 and a Master of Arts also from Central Michigan University in 2007. He has a daughter, Makaylah, and son, Alexander. He and his wife, Niki, reside in Iowa City.

Roberts' Coaching Philosophy

I coach because I love the sports of track and field and because I feel it is what God created me to do. I feel a great responsibility to meet the needs of my student athletes both athletically and personally. There is no greater responsibility than to be given the opportunity to make a positive difference in someone's life. I want to win and have successful teams but I will never make the success of the team more important than the welfare of the individuals I coach. It is my job to assist the head coach in leading the team in the right direction through emphasis on academics and ethical behavior, and to guide them athletically using training methods that are sound and have proven success. It is also my job to make sure that I am always taking the individual into account and what will work best for them to reach their full potential in all areas of life. A successful team is built around successful people. Without quality individuals as a foundation the team cannot be successful.

- Open communication is the key to having a good coach to athlete relationship. Without open communication the athlete and the coach will not be on the same page.
- There must be clear expectations for behavior and work ethic spelled out in the team rules and voiced throughout the year.
- Athletes must be held accountable for their behavior inside and outside of practice. Anyone who breaks team rules or puts himself or herself or the team in a negative position will have to be disciplined.
- All student-athletes will be expected to ultimately be responsible for their academic success and their athletic success. The coach's job is to lead the athlete but the athlete must be the one to follow the lead and take responsibility for his or her success and failure.

Student-Athlete Success Under Roberts

Bethany Praska, Iowa

High School Bests: 800 m-2:21.21

Collegiate Bests: 800 m-2:03.78

Honors: Three-time Big Ten Champion, All-American

Troy Doris, Iowa

Collegiate Best: 54-8 (16.66m)

Honors: Four-Time Big Ten Champion, Four-Time All-American

Pierre Vinson, Central Michigan University

High School Bests: 60 m-6.95, 100 m-10.60, 200 m-22.30

Collegiate Bests: 60 m-6.67, 100 m-10.29, 200 m-21.10

Honors: Eight-Time MAC Champion, All-American, 2005 MAC Indoor and Outdoor Most Valuable Recipient, Three-Time Regional Qualifier, Two-Time National Qualifier

Clarence Glenn, Central Michigan University

High School Bests: 60-m hurdles-8.60, 110-m hurdles-14.90

Collegiate Bests: 60-m hurdles-7.79, 110-m hurdles-13.60

Honors: Two-Time MAC Champion, All-American, 2005 Regional and National Qualifier, 2005 USA Championship Semifinalist

Steve Wezner, Central Michigan University

High School Bests: 200 m-22.50, 400 m-48.89

Collegiate Bests: 200 m-21.49, 400 m-46.99

Honors: Six-Time MAC Champion, Three-Time Regional Qualifier



Andrew Dubs Assistant Coach First Season

Andrew Dubs is in his first season as an assistant coach at the University of Iowa. He directs the men's and women's throws program.

Dubs most recently served as an assistant coach at Harvard from 2012-14. He directed the men's and women's throws programs and helped the Crimson capture three Ivy League team championships.

Dubs' Harvard student-athletes set 12 school records, won seven individual league titles, broke two Ivy League records, and earned a pair of All-America honors. He landed one of the most decorated recruiting classes in the country in 2013, and last season his throws group set a conference record for points scored at the Ivy League Indoor Championships.

Before joining the Harvard staff, Dubs was assistant coach at the University of North Carolina. The Tar Heels' recruiting class was among the country's best in 2012, with the women's class consisting of the nation's top-ranked hammer, weight throw, and shot put throwers, and the men signing one of the country's top discus throwers.

Dubs began his collegiate coaching career as a volunteer at Auburn University, where he helped two Tigers earn All-America honors from 2010-11. While at Auburn, Dubs earned his master's degree in Higher Education and Sport Management.

A native of Holland, Penn., Dubs earned a B.A. in Kinesiology: Coaching and Administration from UConn in 2009. He was a four-time Big East champion in the shot put, and qualified for three NCAA Championships.



Molly Jones Assistant Coach Second Season

Molly Jones is in her second season as assistant coach for the University of Iowa track and field team. She coaches pole vault, high jump, and multi-events, including the heptathlon and decathlon.

In her first season at Iowa, Jones led Khanishah Williams to a Big Ten title in the women's high jump, and helped Kevin Spejcher place runner-up at the conference

championship. Both student-athletes qualified for the NCAA Championships for the first time in their careers.

Prior to joining the Hawkeyes, Jones spent two seasons as a volunteer coach at Florida State. From 2011-13, she assisted with short sprints, jumps, multi-events and javelin. She worked with six NCAA All-Americans, and helped guide the Seminoles to ACC championships in 2012 and 2013. She also helped coach nine conference champions and five Olympians.

Jones earned a B.A. from Princeton University in 2006, and a M.S. from Florida State in 2012. She is a certified sports nutritionist from the International Society of Sports Nutrition, and earned her USTFCCCA Technical Coaches Certification in 2012. In July 2013, she added the USTFCCCA Track and Field Academy Jump Specialist Certification.



Jason Wakenight Assistant Coach Recruiting Coordinator First Season

Jason Wakenight joined the University of Iowa track and field staff as assistant coach and recruiting coordinator in 2014. His primary responsibilities include coaching middle distance and men's long sprints. He will also assist in sprints and relays.

Prior to joining Iowa, Wakenight was recruiting coordinator at Loyola University.

From 2012-14, he helped the Ramblers set 51 school records, crown 26 league champions, and earn four NCAA All-America honors. The Loyola men won two Horizon League championships and placed runner-up three times, and the Loyola women won three conference titles.

Before joining the Loyola staff, Wakenight was a volunteer assistant coach for the Hawkeyes from 2006-11. He helped coached 11 Big Ten champions and 16 All-Americans in his final two seasons at Iowa, and was on staff when the Hawkeyes won the 2011 Big Ten Outdoor Championship.

He graduated from the University of Iowa in 2006 with a B.A. in English.

Wakenight has USTFCCCA specialist certification in sprints/hurdles, jumps, and endurance. He also has a USTFCCCA program management certification.



Kate See Director of Operations First Season

Kate See is in her first season as director of operation for the track and field program.

She is a two-time University of Iowa graduate, earning her bachelor's degree in health & sports studies in 2008 before earning a master's degree in recreation and sports management in 2012.

She worked for the Hawkeyes' event management team as an undergrad, a

grad student, and a full-time intern, and in 2013-14 she was an administrative assistant for the University of Iowa field hockey program. He was a four-time Big East champion in the shot put, and qualified for three NCAA Championships.



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

Hawkeye Support Staff



Paula Jantz
Administration



Syrena Even
Secretary



Andy Winkelmann
Academic Advisor



Randy Jensen
Facilities



Kelly Moran-Miller
Sports Psychologist



Terry Noonan
Director of
Athletic Training



Bill Maxwell
Head
Strength Coach



Landon Evans
Assistant
Strength Coach



Gabby Quiggle
Assistant
Strength Coach



Ray Varner
Volunteer
Assistant Coach



John Raffensperger
Volunteer
Assistant Coach



Jon-Michael Brandt
Volunteer
Assistant Coach



Jordan Bucher
Athletic
Communications



Katie Staiert
Graduate
Assistant
Athletic Trainer



Wes Spading
Undergraduate
Athletic Training
Student



Natalie Erickson
Manager



Grant Lammers
Manager



2015 University of Iowa Track & Field Team

Front Row (l-r): (M) Babatunde Amosu, Sam Joens, Sam Fourman, Ben Witt, Kaleb VanCleave, Jack Eckert, Brennan Davey, Gabe Hull; (W) Adrianne Alexia, Shannon Maser, Jocelyn Todd. **Row 2 (l-r):** (M) Hunter Van Haalen, Connor Janu, William Dougherty, Carter Lilly, Ryan Dorman, Michael Melchert, Michael Hart, Ben Anderson; (W) Grace Haerr, Brittany Brown, Mahnee Watts, Alexis Hernandez. **Row 3 (l-r):** (M) Aaron Mallett, Kaleb Kesselring, Vinnie Saucer, Jr., Jared Ganschow, Brendan Thompson, Mohamed Traore, Matt Butler, Klyvens Delaunay, Kerry Dean Jr.; (W) Lake Kwaza, MonTayla Holder, Carolyn Newhouse, Taylor Majher. **Row 4 (l-r):** Anthony Gregorio, Mitch Wolff, Nicholas Aly, Will Teubel, Noah Larrison, Kevin Docherty, Daniel Huff, Zahir Nobles, Mike Wilson; (W) Kassidy Ellis, Jenna Brandhorst, Elizabeth Niedert, Courtney Bruns, Katie Adams. **Row 5 (l-r):** James Harrington, Nick Jensen, Daniel Gardarsson, Brook Price, Sam McElhiney, Nate Ferree, Josh Sindelar, Connor Simmons; (W) Kelsey Ferguson, Elizabeth Pagan, Sheridan Champe, Heaven Chandler, Lisa Gordon, Alana Jones, Anne Reischmann, Lindsey Bruns, Marta Bote Gonzalez. **Row 6 (l-r):** O'Shea Wilson, Alex Balke, Kevin Spejcher, Austin Murphy, Carlos Varela-Hernandez, Reno Tuufuli, Avery Meyers; (W) Tess Wilberding, Madison Rouw, Jahisha Thomas, Katharina Trost, Kelly Breen, Jordyn Sindt. **Row 7 (l-r):** (W) Elyssa Tracy, Anna Eisenzimmer, Paige Hackman, Kara Neustrom. **Row 8 (l-r):** (W) Dakotah Goodell, Claire Nolan, Lindsay Herra, Torey Brown, Kaitlyn Nelson. **Row 9 (l-r):** (W) Leah Colbert, Alexa Hunt, Kayla Hochhalter, Elexis Guster, Allison Gattone. **Back Row (l-r):** (Coaches & Staff) Clive Roberts, Jason Wakenight, Layne Anderson, Joey Woody, Andrew Dubs, Molly Jones, Kate See.

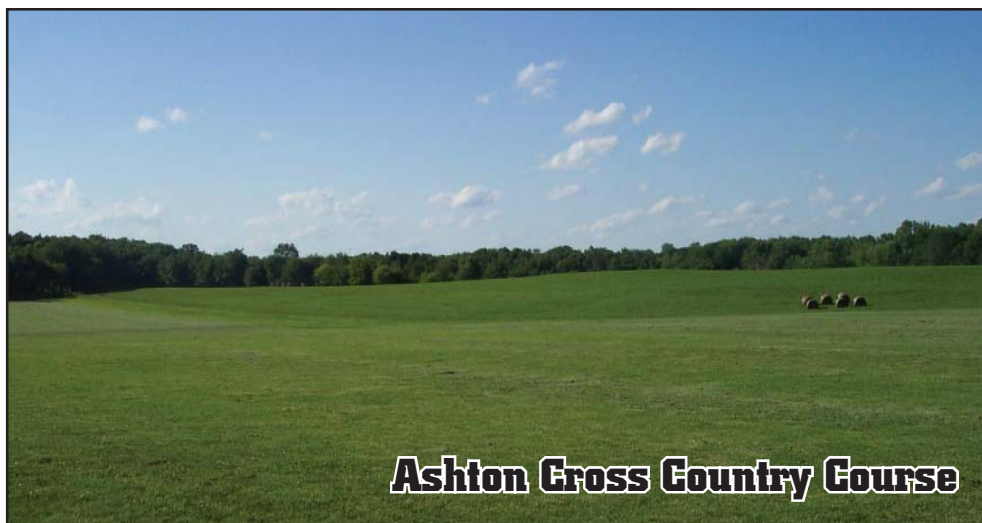


Ashton Cross Country Course

The Bill and Jim Ashton Cross Country Course is located west of Finkbine Golf Course and adjacent to the University's West Campus project, which includes the Athletic Hall of Fame and soccer fields. It is able to accommodate races of 5,000, 6,000, 8,000 and 10,000 meters. The course will host the 2014 Big Ten Championships and 2016 NCAA Regional.

The course boasts a rolling terrain with an outstanding rhythm for running. The Hawkeye cross country squads have the advantage of a large grass area for training and racing. Some features include a 2,000-meter perimeter and a layout that will enable spectators to view the entire race, from start to finish, from one vantage point. The first event held on the course was the Iowa Invitational on August 29, 2003. The course was dedicated on October 31, 2004, in conjunction with Iowa hosting the Big Ten Championships. The Hawkeyes also hosted the NCAA Midwest Regional on November 12, 2005.

The leadership gift for the course was made by former Hawkeyes Bill and Jim Ashton. Bill, of Davenport, Iowa, graduated from the University's College of Engineering in 1962, and earned his master's degree in 1963. Jim, a 1964 University of Iowa College of Engineering graduate, currently resides in Dallas, Texas. The Ashton brothers lettered in cross country under former Hawkeye men's coach, the late Francis X. Cretzmeyer, and made the lead gift for the course in his honor.



Ashton Cross Country Course

UI Recreation Building



UI Recreation Building

Iowa's indoor practice and competition facility is the multi-million dollar University of Iowa Recreation Building. Located within walking distance of the University's west-side dormitories, Kinnick Stadium and Carver-Hawkeye Arena, the Recreation Building houses a six-lane mondo-Turf circuit that was resurfaced in 2011.

Locker rooms, weight training and athletic training space for the Iowa track and field, and cross country teams is also located in the Recreation Building.

The Hawkeyes hosted the Big Ten Indoor Men's Championships in 1989, 1997 and 2006, and the Big Ten Indoor Women's Championships in 1991 and 2004 at the facility.



Training Facility

Francis X. Cretzmeyer Track

The University of Iowa track and field team practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles.

In June 2008, floodwaters and debris damaged the entire track complex, which was completely reconstructed and refinished for competition in 2010. The track features an IAAF certified, BSS 1000 track and field surface designed by Benyon Sports Surfaces. The state of the art full-pour polyurethane surface provides the resiliency and return of energy necessary for NCAA athletes to compete at the highest level.

Iowa hosted the 1987, 2000 and 2011 Big Ten Championships at Cretzmeyer Track, as well as the annual Iowa Musco Twilight Invitational.



Hawkeye Lockerooms



Francis X. Cretzmeyer Track



IOWA TRACK AND FIELD

2014-15 MEDIA GUIDE

2014 Men's Season Review

2014 Indoor Results

Date	Meet.....	Result
1/18	Big Four Duals	3-0
1/25	at J. Johnson Classic ...	2nd/101 pts.
1/30-2/1	at Bill Bergan Invite	3rd/96 pts.
2/7-8	at Husker Invite	1 champ
2/14-15	at ISU Classic	1 champ
2/14-15	at Tyson Invite	0 champs
2/21	Iowa Invite	11 champs
2/28-3/1	at Big Ten Champ's	10th/30 pts.
3/14-15	at NCAA Champ's	1 qualifier

Big Ten Indoor Team Results

	Team.....	Points
1.	Wisconsin.....	122.5
2.	Nebraska	118
3.	Penn State	72
4.	Illinois.....	71.5
5.	Purdue.....	61
6.	Minnesota	57
7.	Ohio State	55
8.	Michigan State	51
9.	Indiana	40.5
10.	Iowa	30
11.	Michigan	23.5

2014 Outdoor Results

Date	Meet.....	Result
3/28-29	at Arizona State Invite...	2nd/109.5 pts.
4/4-5	at Arkansas Invite	0 champs
4/4-5	at Stanford Invite	0 champs
4/12	at Illinois Twilight.....	3rd/128 pts.
4/18-19	at Mt. SAC Relays.....	1 champs
4/24-26	at Drake Relays	1 champ
5/2-3	Musco Twilight	2nd/130 pts.
5/16-18	at Big Ten Champ's	7th/66 pts.
5/29-31	at NCAA First Round	15 qualifiers
6/11-14	at NCAA Champ's.....	3 qualifiers

Big Ten Outdoor Team Results

	Team.....	Points
1.	Wisconsin.....	121
2.	Illinois.....	109
3.	Nebraska	106
4.	Ohio State	80
5.	Purdue.....	79
6.	Penn State	78
7.	Iowa	66
8.	Indiana	51
9.	Michigan	48
10.	Minnesota.....	44
11.	Michigan State	37

Indoor Season Bests

Event.....	Athlete	Mark
60 Meters	Tevin-Cee Mincy	6.73
60-Meter Hurdles	Ethan Holmes	7.85
200 Meters	James Harrington	21.21
400 Meters	Jared Ganschow.....	47.90
600 Yards.....	Brennan Davey	1:11.22
600 Meters	Will Teubel.....	1:17.84
800 Meters	Will Teubel.....	1:52.25
1,000 Meters	Caleb Wilfong	2:30.17
Mile	Ben Witt.....	4:07.08
3,000 Meters	Kevin Docherty	8:16.58
5,000 Meters	Kevin Lewis	14:13.57
1,600-Meter Relay.....	Ganschow, Van Cleave, Holmes, Teubel ..	3:11.45
Distance Medley Relay ..	Witt, Van Cleave, Flattery, Docherty	10:03.37
High Jump	Kevin Spejcher	6-11 (2.11m)
Pole Vault	Jack Eckert	15-5 (4.70m)
Long Jump	O'Shea Wilson	24-8 1/2 (7.53m)
Triple Jump	Klyvens Delauney.....	52-1 1/4 (15.88m)
Shot Put	Gabe Hull	59-3 (18.06m)
Weight Throw.....	Gabe Hull	59-7 (18.16m)
Heptathlon	Jack Eckert	5,116 points

Outdoor Season Bests

Event.....	Athlete	Mark
100 meters	Tevin-Cee Mincy	10.46
110-m hurdles	Aaron Mallett	13.86
200 meters	O'Shea Wilson	20.82
400 meters	Brennan Davey	47.49
400-m hurdles	Aaron Mallett	51.78
800 meters	Will Teubel.....	1:49.77
1,500 meters	Ben Witt.....	3:52.07
3,000 meters	Anthony Gregorio.....	8:35.02
5,000 meters	Kevin Lewis	14:02.78
10,000 meters	Kevin Lewis	29:11.04
High Jump	Kevin Spejcher	7-2 1/2 (2.20)
Pole Vault	Jack Eckert	15-8 1/4 (4.78)
Long Jump	O'Shea Wilson	25-2 (7.67)
Triple Jump	Babtunde Amosu	52-4 3/4 (15.97)
Shot Put	Gabe Hull	59-4 1/4 (18.09)
Discus	Gabe Hull	207-1 (63.11) *
Hammer Throw	Gabe Hull	173-10 (52.98)
Javelin.....	Sam Joens	210-1 (64.03)
Decathlon	Jack Eckert	6,768 points
400-m Relay.....	Mincy, Wilson, Harrington, Brown	39.19 *
1,600-m Relay.....	VanCleave, Thompson, Mallett,Davey.....	3:10.21
Sprint Med. Relay	Harrington, Mallett, Davey, Teubel	3:20.08
Dist. Med. Relay	Witt, VanCleave, Prom, Docherty.....	9:59.69
6,400-Meter Relay.....	Witt, Lewis, Hart, Butler	17:01.65

* - school record

**Post-Season Qualifiers****NCAA Indoor Championships**

Klyvens Delaunay triple jump

NCAA West Preliminary Round

Babatunde Amosu triple jump
 Keith Brown 4x1
 Klyvens Delaunay triple jump
 James Harrington 4x1
 Gabe Hull discus, shot put
 Sam Joens javelin
 Kevin Lewis 10,000 meters
 Aaron Mallett 110m/400m hurdles
 Tevin-Cee Mincy 100, 4x1
 Kevin Spejcher high jump
 Will Teubel 800 meters
 Brendan Thompson 4x1
 O'Shea Wilson 100, 200, long jump

NCAA Outdoor Championships

Babatunde Amosu triple jump
 Keith Brown 4x1
 James Harrington 4x1
 Gabe Hull discus
 Tevin-Cee Mincy 4x1
 O'Shea Wilson 4x1

Big Ten Awards**Academic All-Big Ten**

Andrew Carman
 Jack Eckert
 Nathan Prom
 Brendan Thompson
 Mitch Wolff

Big Ten Sportsmanship Award

Tevin-Cee Mincy (Indoor)
 Drew Clark (Outdoor)

Top Eight Placers at Big Ten Indoor Championships

Event.....	Athlete	Mark	Place
Triple Jump	Babatunde Amosu	51-7 3/4 (15.74m).....	1st \$
60 Meters	Tevin-Cee Mincy	6.73	3rd
Triple Jump	Klyvens Delaunay.....	51-5 (15.67m)	3rd
600 Meters	Will Teubel.....	1:17.84	5th
Shot Put	Gabe Hull	58-7 1/4 (17.86m).....	7th
1,600-Meter Relay...	Ganschow, Van Cleave, Holmes, Teubel....	3:11.45	7th

Top Eight Placers at Big Ten Outdoor Championships

Event.....	Athlete	Mark	Place
4x1 Relay	Mincy, Wilson, Harrington, Brown	39.35	1st \$
Triple Jump	Klyvens Delaunay.....	51-4 1/4 (15.66m).....	2nd ^
Discus	Gabe Hull	198-2 (60.40m)	2nd ^
Javelin	Sam Joens	(64.03m).....	2nd ^
High Jump.....	Kevin Spejcher	7-0 1/4 (2.14m)	2nd ^
100 Meters	O'Shea Wilson.....	10.48	3rd
200 Meters	O'Shea Wilson.....	21.16	4th
10,000 Meters	Kevin Lewis	29:11.04	5th
200 Meters	James Harrington.....	21.33	6th
110m Hurdles	Aaron Mallett.....	14.11	6th
Triple Jump	Babatunde Amosu	50-4 3/4 (15.36m).....	6th
Decathlon	Jack Eckertt	6,759	8th

Top Placers at NCAA Indoor Championships

Event.....	Athlete	Mark	Place
Triple Jump	Klyvens Delaunay.....	50-2 3/4 (15.31m).....	13th

Top Placers at NCAA Outdoor Championships

Event.....	Athlete	Mark	Place
4x1 relay	Mincy, Wilson, Harrington, Brown	39.55	6th*
Discus	Gabe Hull	190-3 (57.99m)	11th#
Triple Jump	Babatunde Amosu	51-11 3/4 (15.84m).....	13th#

* All-American; # second team All-American; \$ first team all-Big Ten; ^ second team all-Big Ten

Men's Letterwinners

Babatunde Amosu	Keith Brown	Andrew Carmen	Drew Clark
Kerry Dean Jr.	Klyvens Delaunay	Kevin Docherty	Jack Eckert
Jared Ganschow	James Harrington	Michael Hart	Sam Joens
Aaron Mallett	Avery Meyers	Jon Michael Brandt	Tevin-Cee Mincy
Nathan Prom	Kyle Reid	Kevin Spejcher	Will Teubel
Brendan Thompson	O'Shea Wilson	Mitch Wolff	



IOWA TRACK AND FIELD

2014-15 MEDIA GUIDE

2014 Women's Season Review

2014 Indoor Results

Date	Meet	Result
1/18	Big Four Duals	3-0
1/25	at J. Johnson Classic	2nd/104.5 pts.
1/30-2/1	at Bill Bergan Invite	0 champs
2/7-8	at Husker Invite	0 champs
2/14-15	at ISU Classic	0 champs
2/14-15	at Tyson Invite	0 champs
2/21	Iowa Invite	7 champs
2/28-3/1	at Big Ten Champ's	8th/49.5 pts.

Big Ten Indoor Team Results

	Team	Points
1.	Penn State	114.5
2.	Michigan	104
3.	Nebraska	92
4.	Minnesota	64.5
5.	Purdue	53
6.	Ohio State	51
7.	Michigan State	50
8.	Iowa	49.5
9.	Illinois	47
10.	Indiana	46.5
11.	Wisconsin	29

2014 Outdoor Results

Date	Meet	Result
3/28-29	at Arizona State Invite	3rd/106 pts
4/4-5	at Arkansas Invite	5 champs
4/4-5	at Stanford Invite	0 champs
4/12	at Illinois Twilight	4th/108 pts.
4/18-19	at Mt. SAC Relays	0 champs
4/24-26	at Drake Relays	1 champ
5/2-3	Musco Twilight	2nd/170 pts.
5/16-18	at Big Ten Champ's	4th/ 86 pts.
5/29-31	at NCAA First Round	17 qualifiers
6/11-14	at NCAA Champ's	5 qualifiers

Big Ten Outdoor Team Results

	Team	Points
1.	Penn State	136
2.	Nebraska	102.5
3.	Purdue	89
4.	Iowa	86
4.	Michigan	86
6.	Michigan State	85
7.	Minnesota	75.5
8.	Ohio State	64
9.	Indiana	39
10.	Wisconsin	35
11.	Illinois	21

Indoor Season Bests

Event	Athlete	Mark
60 Meters	Brittany Brown/Lake Kwaza	7.41 *
60-Meter Hurdles	Kassidy Ellis	9.05
200 Meters	Brittany Brown	23.63
400 Meters	Elexis Guster	54.08
600 Meters	MonTayla Holder	1:29.98
800 Meters	Katharina Trost	2:07.38
Mile	Katharina Trost	4:52.66
3,000 Meters	Katie Adams	10:11.01
5,000 Meters	Katie Adams	18:00.00
1,600-Meter Relay	Hernandez, Holder, Guster, Watts	3:37.16
Distance Medley Relay	Price, Lynch, Alexia, Maser	11:39.55
High Jump	Khanishah Williams	5-7 1/4 (1.71m)
Long Jump	Zinnia Miller	20-4 1/4 (6.20m) *
Triple Jump	Zinnia Miller	41-2 1/2 (12.56m)
Shot Put	Courtney Fritz	47-5 (14.45m)
Weight Throw	Jasmine Simpson	61-11 (18.87m)
Pentathlon	Kassidy Ellis	3,346 points

Outdoor Season Bests

Event	Athlete	Mark
100 meters	Brittany Brown	11.61
100-m hurdles	Kassidy Ellis	15.28
200 meters	Brittany Brown	22.95 *
400 meters	Elexis Guster	52.77
400-m hurdles	MonTayla Holder	57.81
800 meters	Mahnee Watts	2:08.58
1,500 meters	Shannon Maser	4:25.09
3,000 meters	Carolyn Newhouse	10:07.57
5,000 meters	Jocelyn Todd	17:58.37
High Jump	Khanishah Williams	5-9 1/4 (1.76)
Long Jump	Zinnia Miller	20-11 3/4 (6.39)
Triple Jump	Zinnia Miller	42-0 1/2 (12.81)
Shot Put	Rachel Curry	47-5 (14.45)
Discus	Dakotah Goodell	163-3 (49.76)
Javelin	Amanda Stahle	148-0 (45.11)
Hammer Throw	Annemie Smith	198-1 (60.38)
Heptathlon	Kassidy Ellis	4,242 points
400-m Relay	Kwaza, Guster, Hernandez, Brown	44.51
1,600-m Relay	Guster, Hernandez, Holder, Kwaza	3:34.83 *
Sprint Med. Relay	Brown, Kwaza, Guster, Watts	3:51.18 *
6,400-m Relay	Maser, Price, Wilberding, Montuclard	20:23.27

* - school record

**Post-Season Qualifiers****NCAA West Preliminary Round**

Brittany Brown	200, 4x1
Dakotah Goodell	discus
Ashlyn Gulvas	hammer
Elexis Guster	400, 4x1, 4x4
Alexis Hernandez	4x4
MonTayla Holder	400m hurdles, 4x1, 4x4
Lake Kwaza	100 meters, 4x1, 4x4
Carisa Leacock	long jump
Shannon Maser	1,500 meters
Zinnia Miller	long jump, triple jump
Jasmine Simpson	hammer
Annemie Smith	hammer
Katarina Trost	800 meters
Mahnee Watts	800 meters
Khanishah Williams	high jump

NCAA Outdoor Championships

Brittany Brown	4x1, 200m
Elexis Guster	4x1
MonTayla Holder	4x1, 400m hurdles
Lake Kwaza	4x1
Zinnia Miller	long jump, triple jump

Big Ten Awards**Academic All-Big Ten**

Adrienne Alexia
Kassidy Ellis
Courtney Fritz
Allison Gattone
Micaela Haight
Tayo Oladele-Ajose
Sarah Ryan
Jasmine Simpson
Annemie Smith
Amanda Stahle

Big Ten Sportsmanship Award

Courtney Fritz (Indoor)
Zinnia Miller (Outdoor)

Big Ten Outstanding Sportsmanship Award

Shannon Maser

Top Eight Placers at Big Ten Indoor Championships

Event	Athlete	Mark	Place
200 Meters	Brittany Brown	23.63	3rd
400 Meters	Elexis Guster	54.08	3rd
Long Jump	Zinnia Miller	20-4 1/4 (6.20m)	3rd
60 Meters	Brittany Brown	7.44	4th
1,600-Meter Relay	Hernandez, Holder, Guster, Watts	3:37.16	4th
60 Meters	Lake Kwaza	7.45	5th
600 Meters	MonTayla Holder	1:30.00	5th
Triple Jump	Zinnia Miller	41-2 1/4 (12.55m)	5th
High Jump	Khanishah Williams	5-7 1/4 (1.71m)	6th
Long Jump	Carisa Leacock	19-8 1/4 (6.00m)	6th
200 Meters	Lake Kwaza	23.92	7th
3,000 Meters	Katie Adams	10:11.01	7th %
Weight Throw	Annemie Smith	61-4 (18.69m)	7th

Top Eight Placers at Big Ten Outdoor Championships

Event	Athlete	Mark	Place
400 Meters	Elexis Guster	52.77	1st \$
High Jump	Khanishah Williams	5-9 1/4 (1.76m)	1st \$
400-Meter Relay	Kwaza, Guster, Holder, Brown	44.62	1st \$
200 Meters	Brittany Brown	23.45	2nd
Long Jump	Zinnia Miller	20-4 1/4 (6.20m)	2nd ^
100 Meters	Brittany Brown	11.61	3rd
400m hurdles	MonTayla Holder	57.81	3rd
Triple Jump	Zinnia Miller	42-0 1/2 (12.81m)	4th
200 Meters	Lake Kwaza	23.84	5th
1,600-Meter Relay	Guster, Holder, Hernandez, Kwaza	3:37.95	5th
Long Jump	Carisa Leacock	19-11 3/4 (6.09m)	5th
Discus	Dakotah Goodell	160-4 (48.87m)	5th
100 Meters	Lake Kwaza	11.90	6th
Hammer	Annemie Smith	178-2 (54.32m)	7th
Discus	Courtney Fritz	153-5 (46.76m)	8th
Javelin	Amanda Stahle	148-0 (45.11m)	8th

Top Placers at NCAA Outdoor Championships

Event	Athlete	Mark	Place
Long Jump	Zinnia Miller	20-6 1/4 (6.25m)	8th*
Triple Jump	Zinnia Miller	41-9 3/4 (12.74m)	15th#
200 meters	Brittany Brown	23.35	11th#
4X1 relay	Kwaza, Guster, Holder, Brown	45.02	16th#
400-meter hurdles	MonTayla Holder	1:01.70	23rd+

* All-American, # second team All-American, + honorable mention All-American,
\$ first team all-Big Ten, ^ second team all-Big Ten, % unseeded race

Letterwinners

Adrienne Alexia	Alexis Hernandez	Zinnia Miller	Jasmine Simpson
Brittany Brown	Lindsay Herra	Kaitlyn Nelson	Annemie Smith
Rachel Curry	MonTayla Holder	Carolyn Newhouse	Amanda Stahle
Kassidy Ellis	Alexa Hunt	Tayo Oladele-Ajose	Katharina Trost
Courtney Fritz	Lake Kwaza	Rachel Price	Mahnee Watts
Allison Gattone	Carisa Leacock	Madison Rouw	Tess Wilberding
Dakotah Goodell	Courtney Martin	Sarah Ryan	Khanishah Williams
Elexis Guster	Shannon Maser		



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

Olympians



1904 Games

St. Louis, MO
Jerry Barker, High Jump

1924 Games

Paris, France
Charles Brookins, 400-Meter Hurdles
Chan Coulter, 400-Meter Hurdles
Harold Phelps, 5,000 Meters
Eric Wilson, 400 Meters

1928 Games

Amsterdam, Holland
George Baird, 1,600-Meter Relay (G)
Frank Cuhel, 400-Meter Hurdles (S)
Ed Gordon, long jump

1932 Games

Los Angeles, CA
Ed Gordon, long jump (G)
George Saling, 110-Meter Hurdles (G)

1952 Games

Helsinki, Finland
Rich Ferguson, 5,000 Meters

1956 Games

Melbourne, Australia
Deacon Jones, 3,000 Meters
Ira Murchison, 100 Meters
Ira Murchison, 400-M Relay (G)
Ted Wheeler, 1,500 Meters

1960 Games

Rome, Italy
Deacon Jones,
3,000-Meter Steeplechase

1996 Games

Atlanta, GA
Anthuan Maybank 1,600-M Relay (G)
Jenny Spangler, Marathon

2008 Games

Beijing, China
Kineke Alexander, 400 Meters

2012 Games

London, England
Kineke Alexander, 400 Meters
Diane Nukuri-Johnson, Marathon

G = Gold Medalist; S = Silver Medalist

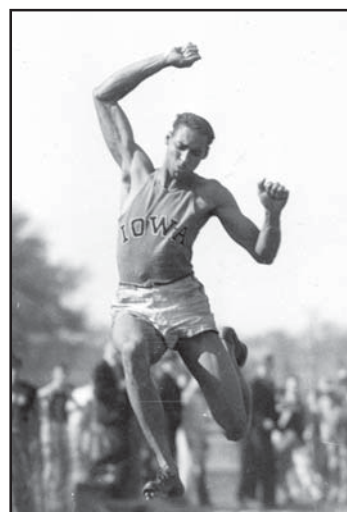
hawkeyesports.com



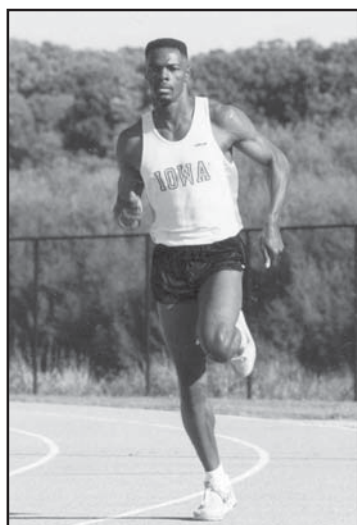
Kineke Alexander



Frank Cuhel



Ed Gordon



Anthuan Maybank



George Saling



Ted Wheeler





Kineke Alexander

2006 - 400 Meters



Tracy Dahl

1992 - 5,000 Meters
1993 - 5,000 Meters



Nan Doak

1985 - 10,000 Meters



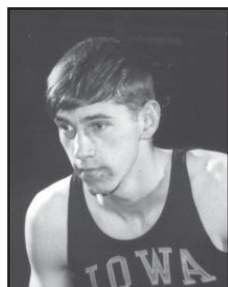
Rich Ferguson

1953 - Two Miles



Fred Ferree

1967 - Mile Relay



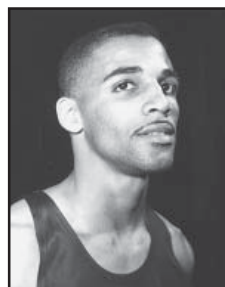
Carl Frazier

1967 - Mile Relay



Ed Gordon

1929-31 - Long Jump



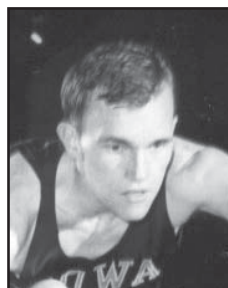
Deacon Jones

1957 - Two Miles



Mike Mondane

1967 - Mile Relay



Jon Reimer

1964 - Mile Relay



George Sailing

1932 -120 Hurdles



Eric Wilson

1921, 1923 - 220



Bashir Yamini

1998 - Long Jump



Men's All-Americans

Year	Athlete, Event
1921	Charles Brookins, 220 Hurdles Harold Crawford, Hurdles Eric Wilson, 220
1922	Charles Brookins, Hurdles Eric Wilson, 220
1923	Eric Wilson, 220
1929	Ed Gordon, Long Jump
1930	Ed Gordon, Long Jump
1931	Ed Gordon, Long Jump
1932	George Salings, 120 Hurdles
1952	Ted Wheeler, 800
1953	Rick Ferguson, Two Miles
1956	Jack Matthews, Low Hurdles Ted Wheeler, 1,500
1957	Deacon Jones, Two Miles
1962	Bill Frazier, 600 Yards
1965	Jon Reimer, 440 Hurdles
1967	Mike Mondane, 440 Yards Jon Reimer, 440 Hurdles Larry Wieczorek, Indoor Mile Larry Wieczorek, Outdoor Mile Fred Ferree, Mile Relay Carl Frazier, Mile Relay Mike Mondane, Mile Relay Jon Reimer, Mile Relay
1968	Mike Mondane, 440 Yards
1973	Dick Eisenlauer, 440 Yards
1975	Bill Knoedel, High Jump
1978	Bill Hansen, High Jump
1979	Joe Paul, Dist. Medley Relay Tom Slack, Dist. Medley Relay James Docherty, Dist. Medley Relay Joel Moeller, Dist. Medley Relay
1983	Ronnie McCoy, 110 Hurdles
1984	Terrance Duckett, Mile Relay Victor Greer, Mile Relay Caesar Smith, Mile Relay Kenny Williams, Mile Relay
1985	Ronnie McCoy, 110 Hurdles
1988	Pat McGhee, 400 Hurdles
1989	Pat McGhee, 110 Hurdles Pat McGhee, 400 Hurdles
1992	Anthuan Maybank, Long Jump Anthuan Maybank, 400 Meters
1993	Kevin Herd, 5,000 Meters Anthuan Maybank, Long Jump Anthuan Maybank, 400 Meters
1994	Kevin Herd, 5,000 Meters
1995	Andre Morris, 400 Meters Andre Morris, 1,600-Meter Relay Chris Davis, 1,600-Meter Relay George Page, 1,600-Meter Relay Ed Rozell, 1,600-Meter Relay

Year	Athlete, Event
1996	Andre Morris, 1,600-Meter Relay Chris Davis, 1,600-Meter Relay Ed Rozell, 1,600-Meter Relay Bashir Yamini, 1,600-Meter Relay
1997	Bashir Yamini, Long Jump
1998	Jeremy Allen, Discus Dion Trowers, 55-Meter Hurdles Bashir Yamini, Long Jump Bashir Yamini, Long Jump Tony Branch, 1,600-Meter Relay Bashir Yamini, 1,600-Meter Relay Chris Davis, 1,600-Meter Relay Ed Rozell, 1,600-Meter Relay



Bashir Yamini was a nine-time Big Ten Champion for Iowa from 1996-99. The six-time All-American is the most recent NCAA Champion for the Hawkeye men, winning the outdoor long jump title in 1998. He was named Big Ten Indoor Freshman of the Year in 1996. He also shares the Big Ten Outdoor Championships long jump record of 26-8 1/4 with Ohio State's Jesse Owens.

Year	Athlete, Event
1999	Tony Branch, 1,600-Meter Relay Tim Dodge, 1,600-Meter Relay Tim Dwight, 1,600-Meter Relay Bashir Yamini, 1,600-meter relay
2000	Jeremy Allen, Shot Put Jeremy Allen, Weight Throw Stetson Steele, 5,000 Meters Stetson Steele, 10,000 Meters
2001	Jeremy Allen, Discus Jeremy Allen, Shot Put
2002	Jim Costello, Weight Throw Jim Costello, Hammer Throw Bill Neumann, Javelin
2003	Bill Neumann, Javelin
2004	Adam Hamilton, Hammer Throw
2006	Eric MacTaggart, 10,000 Meters
2007	Adam Hamilton, Hammer Throw
2008	John Hickey, Shot Put
2009	John Hickey, Shot Put Johh Hickey, Shot Put
2010	Patrick Richards, 1,600-Meter Relay Steven Willey, 1,600-Meter Relay Erik Sowinski, 1,600-Meter Relay Chris Barton, 1,600-Meter Relay Steven Willey, 400 Meters
2011	Troy Doris, Triple Jump (I) Troy Doris, Triple Jump (O) Erik Sowinski, 800 Meters (I) Erik Sowinski, 1,600-Meter Relay (I) Erik Sowinski, 1,600-Meter Relay (O)^ Chris Barton, 1,600-Meter Relay (I) Chris Barton, 1,600-Meter Relay (O)^ Patrick Richards, 1,600-Meter Relay (I) Patrick Richards, 1,600-Meter Relay (O)^ Steven Willey, 1,600-Meter Relay (I) Steven Willey, 1,600-Meter Relay (O)^ Jeffery Herron, High Jump (O)^ Ethan Holmes, 400-Meter Hurdles (O)^ Ethan Holmes, 110-Meter Hurdles (I)* Justin Austin, 200 Meters (I) Justin Austin, 200 Meters (O)* Jeff Thode, Mile (I) Jordan Mullen, 60m hurdles (I)^
2012	Troy Doris, Triple Jump (I) Troy Doris, Triple Jump (O) Erik Sowinski, 800 Meters (I) Erik Sowinski, 800 Meters (O) Matt Byers, javelin (O)^ Justin Austin, 200 meters (O)^ Ethan Holmes, 400m hurdles (O)* Ethan Holmes, 110m hurdles (O)* Matt Banse, hammer (O)*

**Men's All-Americans**

Year	Athlete, Event
2013	Justin Austin, 200 meters (O) Justin Ausin, 400-meter relay (O) Tevin-Cee Mincy, 400-meter relay (O) Ethan Holmes, 400-meter relay (O) Josh Larney, 400-meter relay (O) Klyvens Delaunay, Triple Jump (O) Ethan Holmes, 400-meter hurdles (O)^ Mat Byers, Javelin (O)^ Gabe Hull, Discus (O)^ Justin Austin, 100 meters (O)* Jordan Mullen, 100-meter hurdles (O)* Josh Larney, 100 meters (O)*
2014	Babatunde Amosu, triple jump (O)^ Keith Brown, 400-meter relay (O) James Harrington, 400-meter relay (O) Gabe Hull, Discus (O)^ Tevin-Cee Mincy, 400-meter relay (O) O'Shea Wilson, 400-meter relay (O)

^second team, *honorable mention,
I - indoor, O - outdoor

National & School Honors**Honda Sports Award**

2008 Diane Nukuri (finalist)

NCAA Woman of the Year

1992 Jennifer Brower (state winner)
1994 Tina Stec (national finalist)

Wilma Rudolph Award

2008 Diane Nukuri

Iowa Female Athlete of the Year

1983 Nan Doak
1989 Jeanne Kruckeberg
1992 Tracy Dahl
1993 Tracy Dahl
2006 Kineke Alexander
2007 Kineke Alexander
2008 Diane Nukuri
2009 Racheal Marchand

Women's All-Americans

Year	Athlete, Event
1982	Chris Davenport, Dist. Medley Relay Nan Doak, Two Miles Nan Doak, Three Miles Nan Doak, 5,000 Meters Nan Doak, Dist. Medley Relay Kathy Gillespie, Heptathlon Jenny Hayden, Dist. Medley Relay Jodi Hershberger, 3,000 Meters Jenny Spangler, 10,000 Meters Kay Stormo, 880 Yards Kay Stormo, 800 Meters Kay Stormo, Dist. Medley Relay
1983	Nan Doak, 5,000 Meters Mary Mol, High Jump Jenny Spangler, 10,000 Meters
1985	Penny O'Brien, 3,000 Meters Nan Doak, 10,000 Meters
1987	Jeanne Kruckeberg, 3,200-Meter Relay Kim Schneckloth, 3,200-Meter Relay Sherri Suppelsa, 3,200-Meter Relay Janet Wodek, 3,200-Meter Relay
1988	Jeanne Kruckeberg, Mile
1989	Jeanne Kruckeberg, 800 Meters
1990	Rachelle Roberts, Mile
1992	Jennifer Brower, 10,000 Meters Tracy Dahl, 5,000 Meters Lisa Van Steenwyk, Shot Put
1993	Tracy Dahl, 5,000 Meters
1994	Tina Floyd, 400-Meter Relay Yolanda Hobbs, 400-Meter Relay Marlene Poole, 400-Meter Relay Tanja Reid, 400-Meter Relay Tina Stec, Mile Tina Stec, 3,000 Meters
1995	Yolanda Hobbs, 55 Meters Yolanda Hobbs, 200 Meters
1997	Wynsome Cole, 400-Meter Hurdles
2004	Shellene Williams, 400 Meters
2005	Kineke Alexander, 400 Meters Peaches Roach, High Jump Kineke Alexander, 400 Meters
2006	Kineke Alexander, 400 Meters Peaches Roach, High Jump Meghan Armstrong, Mile Kineke Alexander, 400 Meters Peaches Roach, High Jump
2007	Kineke Alexander, 400 Meters Meghan Armstrong, Mile Kineke Alexander, 400 Meters Peaches Roach, High Jump Diane Nukuri, 10,000 Meters
2008	Kineke Alexander, 400 Meters Kineke Alexander, 400 Meters Meghan Armstrong, 10,000 Meters Tammilee Kerr, Heptathlon Racheal Marchand, 10,000 Meters
2009	Karessa Farley, 100-Meter Hurdles Racheal Marchand, 5,000 Meters
2011	Bethany Praska, 800 Meters (I) McKenzie Melander, Mile (I)^ Betsy Flood, 5,000 Meters (O)^ Brooke Eilers, 5,000 Meters (O)* Nicole Erickson, 1,600-Meter Relay (O)* Tiffany Hendricks, 1,600-Meter Relay (O)* Ashley Liverpool, 1,600-Meter Relay (O)* Bethany Praska, 1,600-Meter Relay (O)*
2013	Majesty Tutson, Discus (O)*
2014	Brittany Brown, 200 meters (O)^ Brittany Brown, 400-meter relay (O)^ Elexis Guster, 400-meter relay (O)^ MonTayla Holder, 400-meter relay (O)^ MonTayla Holder, 400-meter hurdles (O)* Lake Kwaza, 400-meter relay (O)^ Zinnia Miller, long jump (O) Zinnia Miller, triple jump (O)^

^second team, *honorable mention, I - indoor, O - outdoor



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

NCAA Regional Champions & Honorees



Kineke Alexander
Two-Time Midwest
Regional Champion
400 Meters



Tiffany Johnson
2007 Midwest
Regional Champion
100-Meter Hurdles



Bill Neumann
2003 Midwest
Regional Champion
Javelin

Men's All-Region Honorees

Year	Athlete	Event	Mark	Place
2003	Bill Neumann	Javelin	227-0 (69.20 m)	1st
	Tony Leick	400-Meter Hurdles	53.16	7th
	Chris Voller	Hammer	192-2 (58/58)	8th
2004	Ken Kemeny	Shot Put	61-4 1/4 (18.70 m)	4th
	Brad Daufelt	Hammer	205-4 (62.59 m)	4th
	Russell Peterson	400-Meter Hurdles	51.18	6th
	Chris Voller	Hammer	196-7 (59.91 m)	7th
2005	Ken Kemeny	Shot Put	62-3 (18.97 m)	2nd
	Tim Brodersen	Discus	179-1 (54.59 m)	3rd
	Chris Voller	Hammer	195-4 (59.55 m)	8th
2006	Adam Hamilton	Hammer	217-11 (66.42 m)	2nd
	Shane Maier	Shot Put	61-0 1/4 (18.60 m)	5th
2007	Shane Maier	Shot Put	58-6 1/2 (17.84 m)	2nd
	Adam Hamilton	Hammer	215-7 (65.70 m)	2nd
	Ray Varner	400-Meter Hurdles	52.93	8th
	Micah VanDenend	5,000 Meters	14:14.62	8th
	Max Milder	400-Meter Relay	42.53	8th
	Paul Chaney, Jr.	400-Meter Relay	42.53	8th
	Aaron Reed	400-Meter Relay	42.53	8th
	Lee Elbert	400-Meter Relay	42.53	8th
2008	John Hickey	Shot Put	61-4 1/4 (18.70 m)	2nd
	A.J. Curtis	Shot Put	59-5 1/2 (18.12 m)	3rd
	A.J. Curtis	Discus	176-8 (53.85 m)	3rd
	Andy Napier	3,000 Steeplechase	8:57.54	7th
	Shane Maier	Shot Put	56-11 1/2 (17.36 m)	7th
	Ray Varner	400 Hurdles	51.07	8th
2009	Adam Hairston	800 Meters	1:48.87	5th
	D'Juan Richardson	400-Meter Relay	40.33	5th
	Zeke Sayon	400-Meter Relay	40.33	5th
	Stephen Bee	400-Meter Relay	40.33	5th
	Paul Chaney, Jr.	400-Meter Relay	40.33	5th
	Ray Varner	400 Hurdles	51.21	6th
	John Hickey	Shot Put	58-11 1/4 (17.96 m)	6th

Regional Awards

Midwest Regional Female Athlete of the Year

Kineke Alexander, 2007

Women's All-Region Honorees

Year	Athlete	Event	Mark	Place
2003	Alana Redfern	Javelin	159-8 (48.68 m)	3rd
	Jessie Strand	Pole Vault	12-10 1/4 (3.92 m)	3rd
	Sarah Arens	3,000 Steeplechase	10:42.42	5th
	Nicole Charles	1,600-Meter Relay	3:36.26	5th
	Aisha Hume	1,600-Meter Relay	3:36.26	5th
	Sarah Steffen	1,600-Meter Relay	3:36.26	5th
	Shellene Williams	1,600-Meter Relay	3:36.26	5th
	Shellene Williams	400 Meters	53.09	6th
	Sarah Steffen	400-Meter Hurdles	1:00.10	8th
2004	Sarah Arens	3,000 Steeplechase	10:39.31	2nd
	Shellene Williams	400 Meters	52.41	4th
	Peaches Roach	High Jump	5-10 1/2 (1.79 m)	5th
	Michelle Lahann	800 Meters	2:09.34	6th
2005	Kineke Alexander	400 Meters	52.34	2nd
	Peaches Roach	High Jump	5-11 1/4 (1.81 m)	2nd
	Kineke Alexander	1,600-Meter Relay	3:39.67	8th
	Aisha Hume	1,600-Meter Relay	3:39.67	8th
	Lindsey McCalla	1,600-Meter Relay	3:39.67	8th
	Erin Sheeley	1,600-Meter Relay	3:39.67	8th
2006	Kineke Alexander	400 Meters	51.75	1st
	Meghan Armstrong	1,500 Meters	4:23.33	2nd
	Peaches Roach	High Jump	6-0 1/2 (18.4 m)	3rd
	Racheal Marchand	5,000 Meters	17:17.01	7th
	Tiffany Johnson	100-Meter Hurdles	13.53	8th
	Shannon Stanley	1,500 Meters	4:30.98	8th
2007	Kineke Alexander	400 Meters	52.34	1st
	Tiffany Johnson	100-Meter Hurdles	13.22	1st
	Meghan Armstrong	1,500 Meters	4:21.56	5th
	Diane Nukuri	1,500 Meters	4:24.30	6th
	Becca Franklin	Hammer	192-2 (58.58 m)	6th
	Racheal Marchand	5,000 Meters	16:27.72	6th
	Peaches Roach	High Jump	5-9 1/4 (1.76 m)	7th
2008	Kineke Alexander	400 Meters	52.24	2nd
	Renee White	Triple Jump	43-10 (13.36 m)	6th
	Renee White	Long Jump	20-3 3/4 (6.19 m)	8th
2009	Karessa Farley	100-Meter Hurdles	13.34	3rd
	Betsy Flood	1,500 Meters	4:25.98	4th
	McKenzie Melander	1,500 Meters	4:30.83	7th

In 2010 the NCAA altered the format for athletes to qualify and advance to the NCAA Championships, therefore there is no longer a regional based qualifying competition.



Men's Indoor Champions

50 Yards

Charles Brookins, 1922..... 5.4

55-Meter Hurdles

Dion Trowers, 1998..... 7.27

60 Yards

Lee Farmer, 1942..... 6.3

60-Meter Hurdles

Jordan Mullen, 2013..... 7.70

70-Yard High Hurdles

Frank Cuhel, 1928..... 8.8

George Saling, 1932..... 8.7

Russell Merkel, 1950..... 8.8

70-Yard Low Hurdles

Russell Merkel, 1950..... 8.1

200 Meters

George Page, 1997..... 21.63

Justin Austin, 2011..... 21.23

440 Yards

George Baird, 1928..... 50.1

Vaughn Stevenson, 1929..... 51.2

Bernard Page, 1935..... 51.5

Carl Teufel, 1938..... 49.8

John Brown, 1960..... 48.6

Gary Hollingsworth, 1963..... 48.5

Mike Mondane, 1967..... 47.9

Mike Mondane, 1968..... 47.6

Dick Eisenlauer, 1972..... 47.8

400 Meters

Anthuan Maybank, 1990..... 47.55

600 Yards

Leroy Ebert, 1954..... 1:11.4

Caesar Smith, 1956..... 1:14.0

Tom Ecker, 1957..... 1:13.7

Bill Frazier, 1962..... 1:12.2

Roger Kerr, 1963..... 1:10.0

Mike Mondane, 1966..... 1:11.2

600 Meters

D'Juan Strozier, 1990..... 1:20.26

880 Yards

Ted Wheeler, 1956..... 1:55.1

Bill Frazier, 1963..... 1:51.8

D'Juan Strozier, 1992..... 1:51.54

800 Meters

Erik Sowinski, 2012..... 1:47.90

1,000 Yards

Gary Fischer, 1961..... 2:16.8

Joel Moeller, 1978..... 2:12.4

1,500 Meters

Ed DeLashmutter, 1980..... 3:49.90

Mile

Ted Wheeler, 1956..... 4:12.5

Charles Jones, 1957..... 4:13.8

Charles Jones, 1958..... 4:10.5

Gary Fischer, 1963..... 4:13.7

Larry Wiecezorek, 1966..... 4:09.7

Larry Wiecezorek, 1967..... 4:05.3

Two Miles

Harold Phelps, 1925..... 9:32.6

Leonard Hunn, 1927..... 9:44.2

Charles Jones, 1957..... 9:23.3

Charles Jones, 1958..... 9:09.6

Larry Wiecezorek, 1968..... 8:54.3

Long Jump

Lee Farmer, 1942..... 23-9 1/4

Earl Smith, 1954..... 24-0 3/4

Quinn Early, 1986..... 24-7 1/4

Anthuan Maybank, 1992..... 26-5 1/2

Anthuan Maybank, 1993..... 26-5

Bashir Yamini, 1997..... 25-9 1/4

Bashir Yamini, 1998..... 24-11 1/4

Bashir Yamini, 1999..... 25-6 1/2

Matty Gorman, 2005..... 24-8 1/2

High Jump

*Ed Schrader, 1913..... 5-11 1/2

*Edgar Hoffman, 1920..... 6-0

*Donald Craig, 1929..... 5-9 5/8

*H. Workhoven, 1929..... 5-9 5/8

Les Stevens, 1956..... 6-6 3/8

Bill Knoedel, 1975..... 7-1

Triple Jump

Troy Doris, 2011..... 54-0

Troy Doris, 2012..... 52-1 3/4

Babatunde Amosu, 2014..... 51-7 3/4

Pole Vault

*Xavier Boyles, 1926..... 12-6

*Henry Canby, 1929..... 13-7 1/2

Ken Steinbeck, 1943..... 13-3

Dave Nielsen, 1975..... 16-10

Shot Put

Ray Danber, 1926..... 46-2 1/2

Jeremy Allen, 2000..... 61-4 1/4

Shane Maier, 2007..... 60-11 1/4

John Hickey, 2008..... 61-9 3/4

Women's Indoor Champions

55 Meters

Vivien McKenzie, 1985..... 6.92

Yolanda Hobbs, 1995..... 6.83

60 Yards

Elaine Jones, 1983..... 6.92

Elaine Jones, 1984..... 6.91

200 Meters

Erica Broomfield, 1998..... 23.88

Kineke Alexander, 2006..... 23.49

Kineke Alexander, 2007..... 23.67

300 Yards

Elaine Jones, 1984..... 34.59

400 Meters

Senta Hawkins, 1988..... 55.66

Ellen Grant, 1997..... 54.39

Shellene Williams, 2004..... 54.17

Kineke Alexander, 2006..... 52.01

Kineke Alexander, 2007..... 52.23

600 Meters

Kay Stormo, 1979..... 1:33

Karen Layne, 1990..... 1:31.45

Bethany Praska, 2011..... 1:28.99

800 Yards

Kay Stormo, 1982..... 2:09.35

880 Yards

Jeanne Kruckeberg, 1987..... 2:11.71

3,000 Meters

Nan Doak, 1985..... 9:38.5

Meghan Armstrong, 2008..... 18:30

Three Miles

Nan Doak, 1982..... 15:27.53

5,000 Meters

Tracy Dahl, 1992..... 16:36.13

High Jump

Peaches Roach, 2004..... 5-11 1/4

Peaches Roach, 2005..... 5-10 3/4

Peaches Roach, 2007..... 5-10

Triple Jump

Renee White, 2008..... 42-4

Shot Put

Gail Smith, 1985..... 51-0

Lisa Van Steenwyk, 1993..... 50-5 1/4

Pentathlon

Kathy Gillespie, 1983..... 4.079 pts.

Men's Indoor Relay Champions

Mile Relay

Morrow, Noll, Brookins, Wilson, 1923..... 3:29.6

Morrow, Kohn, Roberts, Coulter, 1924..... 3:33.2

Beatty, Phelps, Baird, Cuhel, 1927..... 3:29.5

Stevenson, Stamats, Baird, Cuhel, 1928..... 3:24.2

Thomas, Ferguson, Depping, Stevenson, 1929..... 3:25.6

Boylan, Wheeler, Ebert, Scott, 1952..... 3:18.3

Richards, Rocker, Hollingsworth, Kerr, 1963..... 3:14.7

Ferree, Frazier, Mondane, Reimer, 1967..... 3:13.1

Greer, Williams, Smith, Duckett, 1984..... 3:09.24

Richards, Holmes, Sowinski, Willey, 2011..... 3:12.13

Two Mile Relay

English, Blackman, Strozier, Chambers, 1989..... 7:36.20

Women's Indoor Relay Champions

3,200-Meter Relay

Schlader, Mitchell, Drapcho, Stormo, 1979..... 9:10.0

Hoskins, Kruckeberg, Roberts, Schneckloth, 1989..... 8:53.01



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

Big Ten Outdoor Champions

Men's Outdoor Champions

100 Yards

Dennis Kohl, 1966.....9.6

120-Yard High Hurdles

Russell Merkel, 1950 14.4

Les Stevens, 1956 14.2

100 Meters

George Page, 1995 10.50

George Page, 1996 10.08

Tim Dwight, 1999 10.51

Justin Ausin, 2013..... 10.27

110-Meter High Hurdles

Pat McGhee, 1989 13.74

220 Yards

Eric Wilson, 1921..... 22.0

Eric Wilson, 1923..... 21.2

John Everingham, 1927 22.0

Dennis Kohl, 1966..... 20.6

220-Yard Low Hurdles

Charles Brookins, 1922..... 23.8

Charles Brookins, 1923..... 23.2

Charles Brookins, 1924..... 23.8

Frank Cuhel, 1926..... 23.9

Frank Cuhel, 1927..... 24.2

Frank Cuhel, 1928..... 23.6

George Saling, 1932..... 23.0

200 Meters

Andre Morris, 1995 20.64

Bashir Yamini, 1998 21.10

Bashir Yamini, 1999 21.39

Justin Austin, 2011 20.46

Justin Austin, 2013 20.86

330-Yard Int. Hurdles

Donald Gardner, 1963 37.7

Jon Reimer, 1965 36.1

440 Yards

Chan Coulter, 1924 50.4

George Baird, 1927..... 49.1

John Brown, 1959..... 48.1

Mike Mondane, 1967 46.4

Mike Mondane, 1968 47.5

Dick Eisenlauer, 1975..... 47.1

440-Yard Int. Hurdles

Jon Reimer, 1965 50.8

400 Meters

Anthuan Maybank, 1991 45.76

Anthuan Maybank, 1993 45.91

Andre Morris, 1995 45.39

Andre Morris, 1996 46.38

Steven Willey, 2010 46.12

400-Meter Hurdles

Pat McGhee, 1986 50.94

Pat McGhee, 1988 50.01

Pat McGhee, 1989 49.63

Ray Varner, 2010..... 50.61

Ethan Holmes, 2013 50.78

660 Yards

Roger Kerr, 1963 1:17.4

Mike Mondane, 1966 1:17.7

880 Yards

Harry Morrow, 1924 1:57.0

Ted Wheeler, 1956..... 1:51.7

Bill Frazier, 1962 1:50.1

Bill Frazier, 1963 1:50.6

800 Meters

D'Juan Strozier, 1990 1:47.17

Mile

Ted Wheeler, 1956..... 4:12.7

Charles Jones, 1957 4:17.0

Charles Jones, 1958 4:09.2

3,000-Meter Steeplechase

Rollie Kitt, 1967 9:02.9

Steve Pershing, 1977 9:00.1

Two Miles

Richard Ferguson, 1952 9:19.0

Richard Ferguson, 1953 9:26.6

Charles Jones, 1957 9:14.0

Three Miles

Larry Wiczorek, 1968 13:58.0

10,000 Meters

Kevin Herd, 1994 30:05.21

Micah VanDenend, 200730:28.50

Long Jump

Edward Gordon, 1929.... 24-1 3/4

Edward Gordon, 1930.... 24-8 1/4

Edward Gordon, 1931.... 24-1 1/2

Earl Smith, 1954 23-1

Quinn Early, 1986 24-11

Anthuan Maybank, 199325-9 1/2

Bashir Yamini, 1997 26-8 1/4

High Jump

E.J. Baker, 1905..... 5-10 1/4

*Edward Gordon, 1929..... 6-0

Bill Knoedel, 1975..... 7-3

Bill Hansen, 1976..... 7-2

Ryan Kelly, 2008..... 6-10 3/4

Triple Jump

Troy Doris, 2011..... 53-8 1/2

Troy Doris, 2012..... 54-8

Pole Vault

*Xavier Boyles, 1926 12 9 1/2

Bill Burnette, 1966..... 15 3

Phil Wertman, 1971..... 16 1 1/2

John Tefer, 1972..... 16 0

Todd Wigginton, 1984 17 0

Discus

C.H. Swift, 1902 118-9

C.H. Swift, 1903 117-7 1/2

Merle Alderman, 1910 129-8 1/2

John Hancock, 1925..... 138-2

Jeremy Allen, 1998 185-9

Jeremy Allen, 2001 194-5

Tim Brodersen, 2005 187-0

Tim Brodersen, 2006 181-2

Shot Put

Chris Gambol, 1987 60-0 1/2

Jeremy Allen, 2001 62-2 1/4

John Hickey, 2007 58-4 1/2

Hammer

A. van der Westhuizen, 1999. 202-3

A. van der Westhuizen, 2000. 218-5

Jim Costello, 2002..... 217-7

Adam Hamilton, 2006 208-1

Javelin

L.D. Weldon, 1930 184-5 1/2

L.D. Weldon, 1931 191-4 1/2

Mark Panther, 1934 208-2

Mark Panther, 1935 219-7 3/8

Bushnell Lamb, 1936 ... 194-4 1/2

Bushnell Lamb, 1938 202-8

Bill Neumann, 2002 231-8

Bill Neumann, 2003 238-2

Matt Byers, 2010 220-6

Matt Byers, 2011 235-4

Matt Byers, 2012 222-10

Men's Outdoor Relay Champions

400-Meter Relay

Beecham, Duckett, Greer, Patrick, 1983 39.99

McCoy, Duckett, Greer, Smith, 1984 40.11

Davis, Morris, Rozell, Page, 1995 40.03

Dwight, Branch, Davis, Yamini, 1998 40.27

Branch, Dwight, Dodge, Yamini, 1999 40.66

Coleman, Kunkel, Peterson, Dodge, 2001 40.15

Mullen, Austin, E. Holmes, Larney, 2013 40.20

Brown, Harrington, Mincy, Wilson, 2014..... 39.35

400-Yard Relay

Johnson, Lake, Eisenlauer, Wellington, 1974..... 41.2

Mile Relay

Beck, Noll, Keppler, Wilson, 1922 3:20.0

Stevenson, Stamats, Baird, Cuhel, 1928..... 3:20.2

Stevenson, Ferguson, Depping, Baird, 1929 3:20.7

Levinson, Boylan, Ebert, Scott, 1953 3:16.4

Richards, Hollingsworth, Frazier, Kerr, 1962 3:12.3

Richards, Hollingsworth, Frazier, Kerr, 1963 3:11.2

Thompson, Feree, Randolph, Reimer, 1965 3:12.1

Ferree, Frazier, Mondane, Reimer, 1967 3:08.7

Teberg, Stevens, Frazier, Mondane, 1968..... 3:13.3

1,600-Meter Relay

Chung, Williams, McGhee, Leonard, 1986 3:07.05

Branch, Dwight, Dodge, Yamini, 1999 3:09.09



Women's Outdoor Champions

100 Meters

Vivien McKenzie, 1983 11.90
Vivien McKenzie, 1984 11.50
Vivien McKenzie, 1985 11.63

400 Meters

Ellen Grant, 1997 52.82
Shellene Williams, 2003 53.58
Shellene Williams, 2004 52.97
Kineke Alexander, 2007 52.15
Elexis Guster, 2014 52.77

400-Meter Hurdles

Wynsome Cole, 1998 56.67

800 Meters

Bethany Praska, 2011 2:05.63

5,000 Meters

Nan Doak, 1982 16:26.63
Tracy Dahl, 1992 16:22.01
Diane Nukuri, 2008 16:24.21
McKenzie Melander, 2012 16:14.03

10,000 Meters

Jennifer Brower, 1992 34:29.61
Meghan Armstrong, 2008 33:49.03

High Jump

Peaches Roach, 2004 5-11 1/4
Peaches Roach, 2007 6-0
Khanishah Williams, 2014 .. 5-9 1/4

Shot Put

Lisa Van Steenwyk, 1993 47-4 1/2

Long Jump

Aisha James, 2003 21-4

Triple Jump

Renee White, 2009 43-10 3/4

Women's Outdoor Relay Champions

400-Meter Relay

Floyd, Hobbs, Poole, Reid, 1994 44.80
Underwood, Cole, Grant, Wynter, 1997 46.53
Kwaza, Guster, Holder, Brown, 2014 44.62

1,600-Meter Relay

Hume, Charles, Steffen, Williams, 2003 3:38.95
Praska, Hendricks, Erickson, Liverpool, 2011 3:36.51

Big Ten Championships Honors

Men's Awards

Athlete of the Year

1989 Pat McGhee (O)
1993 Anthuan Maybank (O)
2011 Justin Austin (O)
2013 Justin Austin (O)

Track Athlete of the Meet

1989 Pat McGhee (O)
1999 Tim Dwight (O)
2011 Justin Austin (O)
2013 Justin Austin (O)

Freshman of the Year

1996 Bashir Yamini (I)
1998 Jeremy Allen (I, O)

I - Indoor, O - Outdoor

Women's Awards

Track Athlete of the Year

2007 Kineke Alexander (I)

Track Athlete of the Meet

2007 Kineke Alexander (I)

Freshman of the Year

1998 Erica Broomfield (I)
2004 Peaches Roach (O)

I - Indoor, O - Outdoor



The 2006 NCAA indoor 400-meter champion, Kineke Alexander was an eight-time All-American and five-time Big Ten champion at Iowa from 2005-08. She holds Iowa school records in four individual events and two relays, and set the Big Ten Indoor Championships 400-meter record (52.23) in 2007.

Big Ten Medal of Honor

Men's Honorees

1932 Stuart Skowbo
1934 Tom Moore
1936 Francis Cretzmeyer
1947 John Hunter
1948 Herbert Wilkinson
1955 LeRoy Ebert
1959 James Van Young
1963 Ralph Trimble
1991 David Brown
1994 Kevin Herd
2000 Stetson Steele
2009 Eric MacTaggart
2012 Erik Sowinski

Women's Honorees

1992 Jennifer Brower
1994 Tina Stec
2008 Meghan Armstrong
2011 Bethany Praska
2012 McKenzie Melander



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

Big Ten Honors

All-Big Ten Honorees

Men's Honorees

Jeremy Allen 1998, 2000-01
 Babatunde Amosu 2013
 Justin Austin 2011, 2013
 Chris Barton 2010-11
 St. Clair Blackman 1989
 Tony Branch 1998-99
 Tim Brodersen 2005-06
 Keith Brown 2014
 Matt Byers 2010-12
 Rodney Chambers 1989
 Jim Costello 2002
 Curtis Chung 1986, 1989
 Juan Coleman 2001
 A.J. Curtis 2007, 2009
 Chris Davis 1995, 1998
 Klyvens Delaunay 2014
 Tim Dodge 1999, 2001
 Troy Doris 2011-12
 Terrence Duckett 1984
 Tim Dwight 1998-99
 Quinn Early 1986
 Louis English 1989
 Chris Gambol 1987
 Matty Gorman 2006
 Victor Greer 1984
 Adam Hairston 2008-09
 Adam Hamilton 2006-07
 James Harrington 2014
 Kevin Herd 1994
 Jeffery Herron 2010
 John Hickey 2007-09
 Ethan Holmes 2011-13
 Gabe Hull 2014
 Sam Joens 2014
 Ryan Kelly 2008
 Gary Kostrubala 1986
 Adam Kunkel 2001
 Josh Larney 2013
 Harold Leonard 1986
 Shane Maier 2006-08
 Anthuan Maybank 1990-94
 Ronnie McCoy 1984
 Pat McGhee 1986, 1988-89

Tevin-Cee Mincy 2014
 Andre Morris 1995-96
 Jordan Mullen 2013
 Andy Napier 2008
 Bill Neumann 2002-03
 George Page 1995-97
 Russell Peterson 2001
 Patrick Richards 2010
 Ed Rozell 1995
 Zeke Sayon 2010
 Caesar Smith 1984
 Robert Smith 1984
 Erik Sowinski 2010-12
 Kevin Spejcher 2014
 D'Juan Strozier 1989-90, 1992
 Dion Trowers 1998
 Micah VanDenend 2007
 Ray Varner 2010
 Arno van der Westhuizen 2000
 Todd Wigginton 1984
 Steven Willey 2010-11
 Kenny Williams 1984, 1986
 O'Shea Wilson 2014
 Chris Voller 2005
 Bashir Yamini 1997-99

Women's Honorees

Kineke Alexander 2006-08
 Krista Anderson 2006
 Meghan Armstrong ... 2006, 2008
 Erica Broomfield 1998
 Jennifer Brower 1992
 Brittany Brown 2014
 Nicole Charles 2003
 Wynsome Cole 1997-98
 Tracy Dahl 1992-93
 Nan Doak 1985
 Nicole Erickson 2011
 Betsy Flood 2011-12
 Tina Floyd 1994
 Ashley Granger 2006
 Ellen Grant 1997
 Elexis Guster 2014
 Senta Hawkins 1988
 Tiffany Hendricks 2011
 Yolanda Hobbs 1994-95
 MonTayla Holder 2014
 Tami Hoskins 1989
 Aisha Hume 2003
 Aisha James 2003
 Tiffany Johnson 2005-06
 Elaine Jones 1984
 Jeanne Kruckeberg 1987-89
 Lake Kwaza 2014

Karen Layne 1990
 Ashley Liverpool 2011-12
 Racheal Marchand 2009
 Lindsey McCalla 2006
 Vivien McKenzie 1984-86
 McKenzie Melander 2012
 Zinnia Miller 2014
 Diane Nukuri 2007-08
 Marlene Poole 1994
 Bethany Praska 2011
 Alana Redfern 2003
 Tanja Reid 1994
 Peaches Roach 2004-07
 Rachelle Roberts 1989-90
 Kim Schneckloth 1989
 Marieke Schrulle 2013
 Gail Smith 1985
 Shannon Stanley 2006
 Sarah Steffen 2003
 Jessie Strand 2003
 Majesty Tutson 2011, 2013
 Tara Underwood 1997
 Lisa Van Steenwyk 1993
 Renee White 2007-09
 Khanishah Williams 2014
 Shellene Williams 2003-04
 Kaydene Wynter 1997

Big Ten Athletes of the Month/Week

Big Ten Athlete of the Month

Men's Honorees

Anthuan Maybank Apr. 1993

Women's Honorees

Tracy Dahl Mar. 1992
 Tracy Dahl Feb. 1993
 Yolanda Hobbs Mar. 1995

Big Ten Athlete of the Week

Women's Honorees

Mandy Beck Mar. 22, 1999
 Aisha James Apr. 28, 2003
 Alana Redfern May 5, 2003
 Peaches Roach (F) Feb. 20, 2007
 Meghan Armstrong (T) Mar. 25, 2008
 Diane Nukuri (T) Apr. 8, 2008
 Betsy Flood (T) May 5, 2010

Men's Honorees

Jeremy Allen Jan. 19, 1999
 Tony Branch Jan. 26, 1999
 Arno van der Westhuizen Apr. 12, 1999
 Jeremy Allen Jan. 24, 2001
 Jim Costello Jan. 31, 2001
 Bill Neumann Apr. 8, 2003
 Shane Maier (F) Jan. 16, 2007
 Micah VanDenend (T) Apr. 3, 2007
 A.J. Curtis (F) Apr. 10, 2007
 Adam Hamilton (F) May 1, 2007
 John Hickey (F) Jan. 22, 2008
 Andy Napier (T) Apr. 8, 2008
 John Hickey (F) Feb. 16, 2009
 Ray Varner (T) Apr. 8, 2009
 Erik Sowinski (T) Apr. 13, 2011
 Troy Doris (F) Jan. 30, 2012
 Justin Austin (T) Apr. 10, 2013
 Babatunde Amosu (F) Apr. 23, 2014

T - track athlete, F - field athlete



CoSIDA Academic Teams

CoSIDA Academic All-America

1986	Danny Waters
1989	Kim Schneckloth
1990	Lisa Skidmore
1997	Chad Schwitters
1998	Chad Schwitters
2000	Stetson Steele
2012	Erik Sowinski

CoSIDA Academic All-District

1986	Danny Waters
1989	Kim Schneckloth
1990	Lisa Skidmore
1997	Chad Schwitters
1998	Chad Schwitters
2000	Stetson Steele
2006	Tim Brodersen
	Adam Hamilton
2008	Jolly Burke
2012	McKenzie Melander
	Erik Sowinski

USTFCCCA All-Academic

2006	Meghan Armstrong
	Krista Anderson
2009	Hannah Roeder
	McKenzie Melander
2010	Kevin Dibbern
	Amanda Hardesty
	McKenzie Melander
	Tiffany Medenhaldt
	Bethany Praska
	Eric Sowinski
2011	Brooke Eilers
	Bethany Praska
2012	Brooke Eilers
	Betsy Flood
	Jackie Laesch
	Kevin Lewis
	McKenzie Melander
	Megan Ranegar
	Keaton Rickels
	Victoria Sack
	Marieke Schrulle
	Hannah Simonson
	Annemie Smith
	Eric Sowinski
	Ben Stancombe
2013	Marieke Schrulle
	Jasmine Simpson
	Annemie Smith
	Kyle Reid
	Keaton Rickels
	Ben Stancombe
2014	Kevin Lewis
	Jasmine Simpson
	Annemie Smith

Big Ten Distinguished Scholars

Recipients of the Big Ten Distinguished Scholar award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.7 or higher for the previous academic year. The inaugural award was presented in 2008-09.

2009	Jolly Burke
	A.J. Curtis
	Jennie Docherty
	Rachel Hawks
	Andy Napier
	Hannah Roeder
	Brice Wilson
2010	Sam Bailin
	Connor Elmitt
	Amanda Hardesty
	Mark Mankivsky
2011	Brooke Eilers
	Kelsey Hart
	McKenzie Melander
	Amanda Hardesty
	Keaton Rickels
	Hannah Roeder
2012	Kyle Reid
	Keaton Rickels
	Ben Stancombe
	Kirsten Weismantle
2013	Courtney Fritz
	Keaton Rickels
	Sarah Ryan
	Jasmine Simpson
	Ben Stancombe
	Kirsten Weismantle
2014	Andrew Carman
	Courtney Fritz
	Michaela Haight
	Kevin Lewis
	Sarah Ryan
	Jasmine Simpson
	Amanda Stahle
	Jocelyn Todd



Academic All-Big Ten Honorees

Recipients of the Academic All-Big Ten award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.0 or higher for their academic career. The inaugural award was presented in 1986-87.

Men's Honorees

L. J. Albrecht 1989-92
 Rajeev Balkrishnan 1993
 Andy Banse 2003-05
 Jake Berns 2006
 Ravi B'Have 1995, 1998
 Tim Brodersen 2003-06
 David Brown 1988-91
 Brendan Camplin 2008-09
 Andrew Carman 2012-14
 Chris Cassata 1999-00
 Trent Corey 1999-02
 Jim Costello 2001-02
 Mike Cunningham 1999, 2001-02
 A.J. Curtis 2007-09
 Cannon Dolan 2007-09
 Jim Donovan 1997-99
 Jack Eckert 2012-14
 Peter Eischeid 1996-98
 Lee Elbert 2007-08
 Connor Elmitt 2009-10
 Joe Estes 1994-96
 Scott Faber 1999, 2002
 Andy Flaherty 1988
 Matt Gerard 1992-94
 Mike Gorsline 1989-91
 Adam Hairston 2010
 Adam Hamilton 2004-07
 Dan Haut 2004-06
 Kevin Herd 1991-93
 Mark Holtkamp 1996
 Jason Joens 1993
 Scott Joens 1987
 Richard Johnson 2007
 Chase Kadlec 2010, 2012
 Ryan Lamparek 2009-12
 Kevin Lewis 2013
 Ben Lloyd 2003
 Marco Loureiro 1995-96
 Jesse Luciano 2008-10
 Eric MacTaggart 2006, 2008-09
 Shane Maier 2005-06
 Mark Mankivsky 2010
 Steve Marshall 1991, 1994
 Brad McCorkle 1990
 Pete McDowell 1994
 Pat Meade 1987, 1989
 Sean Moeller 1999-02
 Andy Morris 1998-00

Steve Morrissey 1991
 Andy Napier 2007-09
 Ryan Niver 2008
 Jason Nolting 2004-06
 Chad Ohly 1993-95
 Matt O'Hollearn 2004-06
 James Paul 2009-11
 Chris Peters 1997
 Tim Pleskac 2000
 Justin Poots 2001
 Nathan Prom 2012-14
 Kyle Reid 2011-13
 Jay Renaud 2008
 Thomas Reynolds 2010
 Keaton Rickels 2011-13
 Cameron Rieger 2012-13
 Marc Roehl 1993-95
 Paul Sarris 1998
 Mark Schaapveld 2008-09
 Zachary Schimp 2009-10
 Chad Schwitters 1996-99
 Eric Sowinski 2010-12
 Ben Stancombe 2011-13
 Stetson Steele 1997, 1999-00
 Brendan Thompson 2014
 Dion Trowers 1997
 Jonathan Tullett 1994
 Josh Tweedy 2004-05
 Graham Valdes 2009
 David White 1991-92
 Andy Wiese 1987
 Brice Wilson 2008
 Bobby Windauer 2007-08
 Ben Witt 2013
 Mitch Wolff 2014

Women's Honorees

Adrianne Alexia 2012-14
 Krista Anderson 2007-08
 Lindsay Anderson 2010
 Sarah Arens 2001-04
 Meghan Armstrong 2006-08
 Caleigh Bacchus 2009
 Atalie Barber 2002, 2004
 Holly Barnes 1994
 Briana Benning 1995-97
 Danielle Berndt 2010-12
 Allison Billhardt 2005
 Kerri Blackstone 1997-99

Becky Borg 1988-89
 Jennifer Brower 1991-92
 Nicole Brown 1997
 Sarah Burgett 2005-07
 Jolly Burke 2008-09
 Katie Butler 2001
 Jenni Capista 2004-05
 Nicole Charles 2001-03
 Kacey Childs 2000-01
 Traci Claussen 1988-89
 Megan Daniel 1994
 Sarah Dankoff 2002
 Brittany Dlh 2011
 Jennie Docherty 2009
 Katie Donlon 2005
 Brooke Eilers (Gambrall) 2012-13
 Jenni Elbert 2006
 Cassidy Ellis 2014
 Katie Ellis 2008-09
 Molly Esche 2006-08
 Fionna Fallon 2010
 Shawn Fleck 1996
 Betsy Flood 2010-12
 Becca Franklin 2007
 Melissa Fraser 1997
 Jill Freed 1989
 Courtney Fritz 2012-14
 Sheila Galbraith 1992
 Allison Gattone 2014
 Keelin Gorman 2012
 Ashley Granger 2006
 Micaela Haight 2014
 Maggie Hall 1999
 Amanda Hardesty 2010-11
 Kelsey Hart 2011-13
 Rachel Hawks 2008-09
 Tiffany Hendricks 2010
 Sarah Henize 2009
 Katie Herrmann 2004
 Aisha Hume 2002-05
 Janelle Jaspers 1988-89
 Jennifer Johnson 1992-93
 Tiffany Johnson 2005-07
 Aditya Jones 2006-07
 Amy Kasparbauer 2000
 Rebecca Kaza 1997-99
 Tammilee Kerr 2006-07
 Jennifer Kiciak 1997-98
 Tricia Kiraly 1988-89

Natalie Kleinfelter 1994
 Christine Kotarba 2005
 Jeanne Kruckeberg 1988, 1990-91
 Kimberly Kruk 1994
 Christine Kubitz 1999
 Jackie Laesch 2010-12
 Michelle Lahann 2001-04
 Jordan Laney 2005
 Meg Maurer 1997
 Amy McRell 1990-93
 McKenzie Melander 2010-12
 Georgia Millward 2002-04
 Kelsey Mims 2009-12
 Monica Mims 2005-07
 Jennifer Moore 1988-89
 Raven Moore 2013
 Amy Murphy 2000-01
 Sara Murray 1994
 Erin O'Hern 2005-06
 Tayo Oladele-Ajose 2014
 Valerie Oltman 2000
 Kiersten Pauling 1995-97
 Lena Placzek 2012
 Sophia Ponce 2010
 Beverly Powell 1991
 Bethany Praska 2009-11
 Rachel Price 2013
 Kelsey (Labs) Quinn 2011-12
 Ruqaua Raheem 1998
 Megan Ranegar 2011-12
 Alana Redfern 2003
 Peaches Roach 2005-07
 Ericka Roberts 2001-02
 Hannah Roeder 2009-11
 Sarah Ryan 2013-14
 Janeth Salazar 1988
 Christine Salsberry 1991, 1993-94
 Kristi Schmidt 2000
 Jessica Schmidt 2007
 Kim Schneckloth 1987-90
 Jennifer Schoonover 1995
 Mareike Schrulle 2013
 Gina Shannon 1999-2001
 Anna Shearer 2000-01
 Erin Sheeley 2005
 Hannah Simonson 2011-12
 Jasmine Simpson 2011-14
 Annemie Smith 2014
 Michelle Sokol 2004-05



Academic All-Big Ten Honorees - Continued

Amanda Stahle 2012-14	Jessie Strand..... 2001-04	Rhonda-Kaye Trusty 2008-09	Jamie Voss..... 1992-93
Shannon Stanley.....2007	Kelsey Stueland2010	Tara Underwood1998	Kirsten Weismantle 2011-13
Tina Stec 1992-94	Sherri Suppelsa.....1987	Sheri Van Der Hart..... 1991-93	Renee White.....2007
Sarah Steffen 2001-03	Jocelyn Todd.....2013	Kim Vinton.....1992	Beth Wilson1989

Drake Relays Champions

Men's Champions

Event..... Athlete, Year - Performance

100 Meters	Leicester Farmer, 1942 - 10.1
100 Meters	George Page, 1996 - 10.42
200 Meters (SI)	Jeff Patrick, 1983 - 20.47
200 Meters (SI)	Anthuan Maybank, 1994 - 20.82
400 Meters (SI)	Anthuan Maybank, 1993 - 44.99
Mile	Deacon Jones, 1957 - 4:10.7
Two Miles	Deacon Jones, 1957 - N/A
5,000 Meters	Stetson Steele, 2000 - 14:02.76
110-Meter Hurdles	Pat McGhee, 1988 - 14.15
400-Meter Relay	1927 - 41.8; 1928 - 42.2; 1935 - 41.7; 1952 - 41.5
400-Meter Relay	Trowers, Branch, Davis, Yamini, 1998 - 40.24
400-Meter Relay	Richardson, Sayon, Richards, Chaney, Jr., 2009 - 40.71
800-Meter Relay	1929 - 1:28.23
1,600-Meter Relay	1923 - 3:16.9; 1924 - 3:21.5; 1926 - 3:27.1; 1927 - 3:20.5; 1928 - 3:22.2; 1929 - 3:25.4; 1938 - 3:15.4; 1963 - 3:13.5; 1967 - 3:07.4
3,200-Meter Relay	1929 - 7:57.3
Dist. Medley Relay	1956 - 10:14.3
Shuttle Hurdle Relay ...	1932 - 1:01.6; 1955 - 59.3; 1984 - 58.77
Sprint Medley Relay ...	1952 - 3:23.5; 1956 - 3:23.4; 1992 - 3:21.02; Sayon, Austin, Willey, Sowinski, 2011 - 3:16.18
High Jump	Milton Kuhl (5-way tie), 1942 - 6-4 (1.93 m)
High Jump	Bill Knoedel, 1976 - 7-1 3/4 (2.18 m)
High Jump	Bill Hansen, 1978 - 7-1 3/4 (2.18 m)
Long Jump	Ed Gordon, 1929 - 24-0 3/4 (7.33 m)
Long Jump	Ed Gordon, 1930 - 24-0 (7.31 m)
Long Jump	Ed Gordon, 1931 - 23-10 1/2 (7.28 m)
Long Jump	Anthuan Maybank, 1993 (w) - 27-6 3/4 (8.40 m)
Long Jump	Bashir Yamini, 1996 - 25-1 1/4 (7.65 m)

Men's Champions - Continued

Event..... Athlete, Year - Performance

Triple Jump	Troy Doris, 2012 - 53-10 1/4 (16.41m)
Pole Vault	Xavier Boyles, 1927 - 12-9 (3.89 m)
Shot Put	Chris Gambol, 1987 - 59-3 (18.06 m)
Shot Put	Ken Kemeny, 2004 - 59-11 1/4 (18.27 m)
Discus	Robert Mitchell, 1928 - 141-9 (43.22 m)
Discus	Gabe Hull, 2014 - 197-00 (60.05 m)
Javelin	L.D. Weldon, 1930 - 202-5 (61.70 m)
Javelin	Mark Panther, 1935 - 210-7 (64.18 m)
Javelin	Paul Fagerlind, 1945 - 205-2 (62.54 m)
Javelin	Bill Neumann, 2003 - 238-11 (72.83 m)

Women's Champions

Event..... Athlete, Year - Performance

100-Meter Hurdles	Paula Ruen, 1998 - 13.96
100-Meter Hurdles	Tiffany Johnson, 2006 - 13.58
100-Meter Hurdles	Tiffany Johnson, 2007 - 13.27
400 Meters (SI)	Kineke Alexander, 2006 - 52.05
400-Meter Hurdles	Wynsome Cole, 1998 - 57.44
1,500-Meters	Jeanne Kruckeberg, 1989 - N/A
5,000 Meters	Diane Nukuri, 2007 - 16:15.28
10,000 Meters	Jennifer Brower, 1992 - 34:11.58
Shuttle Hurdle Relay ...	Cole, Prendergast, Raheem, Ruen, 1998 - 56.54
400-Meter Relay	Kwaza, Guster, Hernandez, Brown, 2014 - 44.51
3,200-Meter Relay	1990 - 8:54.49
Sprint Medley Relay ...	Jones, Hendricks, Liverpool, Praska, 2011 - 3:48.63
Dist. Medley Relay	1989 - 11:22.18; 1990 - 11:24.12
6,400-Meter Relay	Flood, Laesch, Ranegar, Melander, 2012 - 19:16.73
Javelin	Alana Redfern, 2003 - 157-9
Long Jump	Aisha James, 2003 - 22-3
Discus	Majesty Tutson, 2013 - 181-1 (55.19m)

SI -- Special Invitation Race, w -- wind aided



Running Events

60 Meters

School: 6.69 Justin Austin, 2011
Facility: 6.70 Demi Omole, Wisconsin, 2006

60-Meter Hurdles

School: 7.70 Jordan Mullen, 2013
Facility: 7.83 Ricky Pinkney, Purdue, 2006

200 Meters

School: 20.80 Justin Austin, 2011
Facility: 21.21 David Neville, Indiana, 2006

400 Meters

School: 46.75 Steven Willey, 2010
Facility: 47.11 David Neville, Indiana, 2006

600 Meters

School: 1:16.91 Erik Sowinski, 2012
Facility: 1:17.22 Trammel Smith, Illinois, 2006

800 Meters

School: 1:47.62 Erik Sowinski, 2012
Facility: 1:50.87 Joseph Loner, Penn State, 1997

Mile

School: 3:58.72 Jeff Thode, 2011
Facility: 4:02.1 Ken Popejoy, Michigan State, 1972

3,000 Meters

School: 8:00.38 Jeff Thode, 2011
Facility: 7:54.13 Chris Solinsky, Wisconsin, 2006

5,000 Meters

School: 13:56.46 Micah VanDenend, 2007
Facility: 13:51.34 Chris Solinsky, Wisconsin, 2006

Relays

1,600-Meter

School: 3:06.66 Richards, Holmes, Sowinski, Willey - 2011
Facility: 3:11.83 Greer, Smith, Williams, Duckett, Iowa - 1984

3,200-Meter

School: 7:13.02 Cooke, Nie, Monsey, Chambers - 1990
Facility: 7:32.25 Brown, Koning, Blumke, Gledhill,
Michigan State - 1992

Distance Medley

School: 9:45.41 Prom, Rickels, Sowinski, Thode, 2012
Facility: 9:47.78 Candella, Griffin, Gourley, See,
Ohio State - 2006

* - distance conversion

Big Ten Championships Retired Records

1,500 Meters

Meet 3:49.90 Ed DeLashmutt, 1981

Mile Relay

Meet 3:09.24 Greer, Williams, Smith, Duckett - 1984

Field Events

High Jump

School: 7-3 (2.21 m) Bill Knoedel, 1976
Facility: 7-3 (2.21 m) Bill Hansen, 1978
Facility: 7-4 1/2 (2.25 m) Staffan Strand, Minnesota, 1997

Long Jump

School: 26-5 1/2 (8.06 m) Anthuan Maybank, 1992
Facility: 26-1 3/4 (7.97 m) Anthuan Maybank, Iowa, 1992

Triple Jump

School: 54-0 (16.46 m) Troy Doris, 2011
Facility: 53-4 1/4 (16.26 m) Bannon Hayes, Illinois, 1989

Pole Vault

School: 17-1 (5.21 m) Todd Wigginton, 1984
Facility: 18-1 1/4 (5.52 m) Tye Harvey, Minnesota, 1997

Shot Put

School: 63-0 (19.20 m) John Hickey, 2009
Facility: 63-7 3/4 (19.40 m) Karl Erickson, Minnesota, 2006

Weight Throw

School: 69-4 3/4 (21.15 m) Jim Costello, 2002
Facility: 68-2 1/4 (20.78 m) Leonard Jatsek, Ohio State, 2006

Pentathlon

School: 3,460 points Scott Faber, 2000

Heptathlon

School: 5,354 points Kyle Reid, 2013
Facility: 5,648 points Benjamin Jensen, Minnesota, 1997

Iowa Retired Records

55 Meters

School: 6.23 Robert Smith, 1984
Facility: 6.27 Cory Pryor, Michigan State, 1989

55-Meter Hurdles

School: 7.14 Pat McGhee, 1989
Facility: 7.07 Reggie Torian, Wisconsin, 1997

300 Yards

School: 30.08 Victor Greer, 1984
Facility: 30.54 Terrence Duckett, Iowa, 1984

300 Meters

School: 36.02 Rajeev Balkrishnan, Iowa, 1992
Facility: 34.41 Ron Brown, Purdue, 1992

600 Yards

School: 1:09.60 Terrence Duckett, 1984
Facility: 1:09.54 Ray Armstead, NE Missouri State, 1984

1,000 Yards

School: 2:10.0 Joel Moeller, 1977
Facility: 2:10.0 Joel Moeller, Iowa, 1977

1,000 Meters

School: 2:24.53 Bill Theisen, 1986
Facility: 2:27.69 Brian Peppard, Notre Dame, 1992

Two Miles

School: 8:53.91 Jeff Thode, 2012
Facility: 8:47.5 Dave Johnson, Minnesota, 1977



Running Events

60 Meters

School: 7.41 Brittany Brown, 2014
 7.41 Lake Kwaza, 2014
 Facility: 7.27 Consuella Moore, Penn State, 2004

60-Meter Hurdles

School: 8.21 Karessa Farley, 2009
 Facility: 8.32 Yvonne Mensah, Illinois, 2004

200 Meters

School: 23.49 Kineke Alexander, 2006
 Facility: 23.44 Consuella Moore, Penn State, 2004

400 Meters

School: 51.48 Kineke Alexander, 2007
 Facility: 54.17 Shellene Williams, Iowa, 2004

600 Yards

School: 1:21.06 Senta Hawkins, 1987

600 Meters

School: 1:27.45 Kineke Alexander, 2008
 Facility: 1:27.45 Kineke Alexander, 2008

800 Meters

School: 2:03.78 Bethany Praska, 2011
 Facility: 2:09.57 Amy Bannister, Michigan, 1991

1,000 Meters

School: 2:38.44 Jenny Hayden, 1982

Mile

School: 4:39.78 McKenzie Melander, 2011
 Facility: 4:45.05 Hilary Edmondson, Wisconsin, 2004

3,000 Meters

School: 9:15.57 Tracy Dahl, 1993
 Facility: 9:37.80 Hilary Edmondson, Wisconsin, 2004

5,000 Meters

School: 15:49.52 Tracy Dahl, 1993
 Facility: 16:47.41 Amy Legacki, Indiana, 1991

Relays

1,600-Meter

School: 3:36.97 Liverpool, Hendricks, Erickson, Praska - 2011
 Facility: 3:41.80 Huber, Ray, Clausing, Maddox,
 Indiana - 2004

3,200-Meter

School: 8:41.38* Schneckloth, Roberts, Hoskins,
 Kruckeberg - 1989
 Facility: 8:57.61 Nortz, Kluge, Yates, Bannister,
 Michigan - 1991

Distance Medley

School: 11:20.11 Armstrong, Alexander, L. Hardesty,
 Nukuri - 2008
 Facility: 11:33.76 Parker, Simms, Hirtle, Erdman,
 Michigan - 2004

* - distance conversion

Field Events

High Jump

School: 6-0 3/4 (1.85 m) Peaches Roach, 2005
 Facility: 6-0 (1.83 m) Carri Long, Unattached, 2002
 6-0 (1.83 m) Peaches Roach, Iowa, 2007

Long Jump

School: 20-4 1/4 (6.20 m) Zinnia Miller, 2014
 Facility: 20-9 (6.32 m) Rosalind Goodwin, Ohio State, 2004

Triple Jump

School: 42-4 (12.90 m) Renee White, 2008
 Facility: 43-6 1/2 (13.27 m) Rosalind Goodwin, Ohio State, 2004

Pole Vault

School: 12-5 1/2 (3.80 m) Jessie Strand, 2004
 Facility: 12-11 3/4 (3.96 m) Elizabeth Metzinger, Purdue, 2002

Shot Put

School: 51-0 (15.54 m) Gail Smith, 1985
 Facility: 55-2 (16.81 m) Ja'Nai O'Conner, Penn State, 2004

Weight Throw

School: 63-6 (19.35m) Ashlyn Gulvas, 2013
 Facility: 65-7 3/4 (20.01 m) Keturah Lofton, Ohio State, 2004

Pentathlon

School: 3,974 points Tammilee Kerr, 2008
 Facility: 3,751 points Melissa Talbot, Wisconsin, 2004

Iowa Retired Records

55 Meters

School: 6.80 Elaine Jones, 1983
 Facility: 6.94 Regina Frye, Indiana, 1991

55-Meter Hurdles

School: 7.91 Davera Taylor, 1985
 Facility: 7.75 Tonja Buford, Illinois, 1991

300 Meters

School: 37.82 Elaine Jones, 1984

Pentathlon

School: 4,079 points Kathy Gillespie, 1982



IOWA TRACK AND FIELD

2014-15 MEDIA GUIDE

All-Time Top Ten Performers

Men's Indoor



Justin Austin



Rodney Chambers



Jim Costello



Troy Doris



Bill Hansen



John Hickey



Ethan Holmes

60 Meters

1. Justin Austin, 2011 6.69
2. Kurt Felix, 1999..... 6.73
- Tevin-Cee Mincy, 2014 6.73
4. Josh Larney, 2013 6.74
5. Troy Doris, 2012 6.75
6. Tony Branch, 1999..... 6.78
7. Paul Chaney, Jr., 2009..... 6.80
- D'Juan Richardson, 2010 6.80
9. Derrick Burks, 2005 6.81
10. Zeke Sayon, 2010..... 6.82

60-Meter Hurdles

1. Jordan Mullen, 2013..... 7.70
2. Ethan Holmes, 2013 7.82
3. Dion Trowers, 1997 7.87
4. **Aaron Mallett, 2014.....7.88**
5. Russell Peterson, 2004 7.97
6. Dan Davis, 2012..... 8.02
7. DeRocco Reed, 2000..... 8.03
8. Torrey Campbell, 2012 8.09
9. **Keith Brown, 20148.12**
10. Jordan Crosby, 2005 8.16

200 Meters

1. Justin Austin, 2011 20.80
2. Anthuan Maybank, 1993..... 21.11
3. Bashir Yamini, 1999..... 21.19
4. **James Harrington, 2014.....21.21**
5. Ethan Holmes, 2013 21.23
6. Tim Dodge, 2000 21.26
7. Paul Chaney, Jr., 2009..... 21.34
8. George Page, 1997 21.35
9. Zach Digney, 2004 21.39
10. Tony Branch, 1998..... 21.46

400 Meters

1. Steven Willey, 2010 46.75
2. Terrence Duckett, 1984 46.81
3. Andre Morris, 1995 47.15
4. Monte Raymond, 1998..... 47.18
5. Anthuan Maybank, 1990 47.25
6. Patrick Richards, 2011..... 47.35
7. Juan Coleman, 2002 47.40
8. Justin Austin, 2012 47.61
9. Ethan Holmes, 2013 47.63
10. Curtis Chung, 1989..... 47.65

600 Meters

1. Erik Sowinski, 2012..... 1:16.91
2. **Will Teubel, 20141:17.84**
3. Steven Willey, 2011 1:17.94
4. Keaton Rickels, 2012 1:18.19
5. Pat McGhee, 1988..... 1:18.30
6. Ryan Weir, 2013 1:18.62
7. Chris Barton, 2011..... 1:18.75
- Brennan Davey, 2014 1:18.75**
9. Neil Flattery, 2014 1:18.78
10. Adam Hairston, 2009..... 1:19.05

800 Meters

1. Erik Sowinski, 2012..... 1:47.62
2. Ryan Weir, 2013 1:49.11
3. Adam Hairston, 2010..... 1:49.26
4. Nathan Prom, 2013 1:49.29
5. Nick Kuczvara, 2010 1:49.59
6. Dave Novotny, 1996 1:51.27
7. Jim Docherty, 1973..... 1:51.30
8. Rod Chambers, 1989 1:51.33
9. Jim Donovan, 1999..... 1:51.52
10. Michael Layne, 1997 1:51.54

Mile

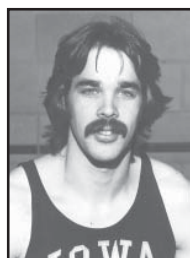
1. Jeff Thode, 2011..... 3:58.72
2. Ed DeLashmutt, 1981 4:04.01
3. Larry Wiczorek, 1968..... 4:04.40
4. John Clark, 1972 4:05.94
5. **Ben Witt, 2014.....4:07.08**
6. Adam Thomas, 2002 4:07.13
7. Kevin Herd, 1992 4:07.26
8. Jesse Luciano, 2009 4:07.29
9. Jake Berns, 2006..... 4:07.43
10. Micah VanDenend, 2007 4:07.54

3,000 Meters

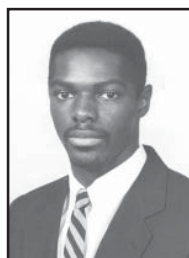
1. Jeff Thode, 2011 8:00.38
2. Micah VanDenend, 2006 8:00.81
3. Eric MacTaggart, 2006..... 8:08.79
4. Stetson Steele, 2000..... 8:09.54
5. Dan Haut, 2005 8:11.36
6. Kevin Herd, 1994 8:11.51
7. **Kevin Lewis, 20138:12.36**
8. Nick Holmes, 2010 8:15.48
9. Andy Napier, 2008..... 8:15.70
10. **Kevin Docherty, 2014.....8:16.58**

5,000 Meters

1. Micah VanDenend, 2007 13:56.46
2. Stetson Steele, 2000..... 14:00.52
3. Dan Haut, 2006 14:06.16
4. Eric MacTaggart, 2006..... 14:13.41
5. **Kevin Lewis, 201414:13.57**
6. Jeff Thode, 2011 14:16.00
7. Matt Esche, 2004..... 14:18.43
8. Jeff Kent, 2007..... 14:18.86
9. Jesse Luciano, 2009 14:20.99
10. Nick Nordheim, 2002 14:22.99



Bill Knoedel



Anthuan Maybank



Jordan Mullen



Nathan Prom



Kyle Reid



Patrick Richards



Keaton Rickels



Erik Sowinski



Jeff Thode



Micah VanDenend



Todd Wigginton



Steven Willey

Heptathlon

1. Kyle Reid, 2013 5,354 points
2. Dan Rolling, 2010 5,205 points
3. Ryan Niver, 2008 5,149 points
4. **Jack Eckert, 2014 5,116 points**
5. Frank Prill, 2010 5,015 points
6. Scott Faber, 2000 4,784 points
7. Cam Appleman, 1997 4,685 points
8. Bobby Windauer, 2007 4,644 points
9. Jacob Drewry, 1995 4,612 points
10. Mark Mankivsky, 2008 4,453 points

High Jump

1. Bill Knoedel, 1976 7-3 (2.21)
- Bill Hansen, 1978 7-3 (2.21)
3. Scott Hudek, 1993 7-0 1/2 (2.15)
4. Pat Meade, 1987 7-0 1/4 (2.14)
5. Mike Lacy, 1984 7-0 (2.13)
6. M. Cunningham, 1984 .. 6-11 1/4 (2.11)
7. **Kevin Speicher, 2014 6-11 (2.11)**
- Jeffery Herron, 2010 6-11 (2.11)
- Peter Hlavin, 1980 6-11 (2.11)
- Brandon Oest, 2010 6-11 (2.11)
- Dan Rolling, 2008 6-11 (2.11)
- Graham Valdes, 2010 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984 17-1 (5.21)
2. Dave Nielsen, 1975 16-10 (5.13)
3. Kyle Reid, 2013 16-6 3/4 (5.05)
4. Curt Brock, 1979 16-6 (5.03)
5. Alex Zona, 2010 16-4 3/4 (5.00)
6. Phil Wertman, 1971 16-4 (4.98)
7. Jeff Raymond, 2008 16-2 (4.93)
8. John Teffer, 1972 16-1 (4.90)
9. Chad Ohly, 1995 15-9 (4.80)
- Rich Palumbo, 1989 15-9 (4.80)

Long Jump

1. Anthuan Maybank, 1992 .. 26-5 1/2 (8.06)
2. Bashir Yamini, 1998 26-0 1/4 (7.93)
3. Darren Smith, 1991 25-2 (7.67)
4. Paul Jones, 1990 24-11 1/4 (7.60)
5. Josh Larney, 2013 24-10 (7.57)
6. Ronnie McCoy, 1984 24-9 (7.54)
7. **O'Shea Wilson, 2014... 24-8 1/2 (7.53)**
- Matty Gorman, 2006 24-8 1/2 (7.53)
9. Charles Jones, 1980 24-8 1/4 (7.52)
10. Quinn Early, 1986 24-7 1/4 (7.50)

Triple Jump

1. Troy Doris, 2011 54-0 (16.46)
2. Paul Jones, 1990 52-1 1/4 (15.88)
- Klyvens Delaunay, 2014. 52-1 1/4 (15.88)**
4. **Babatunde Amosu, 2014.. 51-7 3/4 (15.74)**
5. Mike Lacy, 1983 49-0 (14.93)
6. Owen Gill, 1982 48-10 3/4 (14.90)
7. Josh Bean, 2009 48-10 (14.88)
8. David Nsabua, 2013 48-9 (14.86)
9. Gordon Finch, 1988 48-3 3/4 (14.72)
10. Matty Gorman, 2006 .. 48-3 1/2 (14.72)

Shot Put

1. John Hickey, 2009 63-0 (19.20)
2. Jeremy Allen, 2001 ... 62-10 1/2 (19.16)
3. Shane Maier, 2006 61-2 (18.64)
4. G. Kostrubala, 1986 .. 60-10 3/4 (18.55)
5. Andy Banse, 2005 60-9 1/4 (18.52)
6. Ken Kemeny, 2004 60-0 1/2 (18.30)
7. **Gabe Hull, 2014 59-3 (18.06)**
8. Chris Gambol, 1987 59-0 (17.98)
9. A. van der Westhuizen, 1999 .. 58-10 3/4 (17.95)
10. A.J. Curtis, 2008 57-9 1/2 (17.61)

Weight Throw

1. Jim Costello, 2002 69-4 3/4 (21.15)
2. Matt Banse, 2012 67-8 (20.62)
3. A. van der Westhuizen, 2001 67-7 1/2 (20.61)
4. Adam Hamilton, 2007 66-9 1/4 (20.35)
5. Jeremy Allen, 2001 ... 65-10 1/4 (20.07)
6. Chris Voller, 2005 63-4 (19.30)
7. Ryan Lamparek, 2012 61-2 (18.62)
8. Brad Daufeldt, 2004 ... 60-4 1/2 (18.40)
9. **Gabe Hull, 2014 59-7 (18.16)**
10. Ryan Jordan, 2008 59-0 (17.98)

1,600-Meter Relay

1. Richards, E. Holmes, Sowinski, Willey, 2011.... 3:06.66
2. Rozell, Davis, Raymond, Yamini, 1998 3:06.80
3. Coleman, Faber, Strang, Peterson, 2002 .. 3:07.44
4. Richards, Sowinski, E. Holmes, Willey, 2011.... 3:07.84
5. Greer, Williams, Smith, Duckett, 1984 3:08.14
6. Card, Coleman, Williamson, Dodge, 2001 ... 3:08.21
7. Davis, Rozell, Page, Morris, 1995 3:08.77
8. Dodge, Williamson, Card, Peterson, 2001 ... 3:08.82
9. Richards, E. Holmes, Barton, Willey, 2011 ... 3:08.85
10. Branch, Dodge, Donovan, Yamini, 1999 ... 3:08.99

3,200 Meter Relay

1. Cooke, Nie, Monsey, Chambers, 1990 7:13.02
2. Corrigan, Blackman, Strozier, Chambers, 1989 7:29.00
3. English, Blackman, Strozier, Chambers, 1989.. 7:36.20
4. 1977 7:39.40
5. 1986 7:40.90
6. Bouske, Herd, Chambers, Koon, 1992 7:43.94
7. Bouska, Cook, White, Herd, 1992 7:48.63
8. 1992 7:49.86
9. 1986 7:50.10
10. Roseman, Rerko, Novotny, Branigan, 1993 ... 7:51.36

Distance Medley Relay

1. Prom, Rickels, Sowinski, Thode, 2012 9:45.41
2. 1999 9:46.83
3. 1977 9:48.80
4. 1978 9:49.70
5. Kuczvara, Barton, Kuhlman, N. Holmes, 2010 9:51.05
6. Marchese, Varner, Hairston, Luciano, 2009 9:52.52
7. Paul, Varner, Hairston, Thode, 2010 9:52.71
8. Prom, Richardson, Sowinski, Thode, 2011... 9:57.44
9. Trainor, Faber, Cunningham, Allen, 2002 9:58.14
10. Newell, Eisenlauer, Tice, Clark, 1973 10:00.0



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

All-Time Top Ten Performers Women's Indoor



Kineke Alexander



Meghan Armstrong



Brittany Brown



Tracy Dahl



Nicole Erickson



Karessa Farley



Ashlyn Gulvas

60 Meters

1. **Brittany Brown, 2014** 7.41
- Lake Kwaza, 2014** 7.41
3. Elaine Jones, 1983 7.43
4. Peaches Roach, 2005 7.45
5. Shellene Williams, 2004 7.50
6. Jiselle Providence, 2002 7.52
7. Rhonda-Kaye Trusty, 2010 7.55
- Erin Jones, 2011 7.55
- Raven Moore, 2013 7.55
10. Angela Menson, 1982 7.57

60-Meter Hurdles

1. Karessa Farley, 2009 8.21
2. Tiffany Johnson, 2006 8.33
3. Paula Ruen, 1998 8.39
4. Sarah Steffen, 2002 8.45
- Renee White, 2008 8.45
6. Colleen Prendergast, 2000 8.57
7. Tammilee Kerr, 2008 8.60
8. Kimberly Stanford, 2008 8.63
9. Diane Steinhart, 1981 8.64
10. Ruqayya Raheem, 1999 8.74

200 Meters

1. Kineke Alexander, 2006 23.49
2. Shellene Williams, 2004 23.62
3. **Brittany Brown, 2014** 23.63
4. Marlene Poole, 1994 23.66
- Yolanda Hobbs, 1995 23.66
6. Erica Broomfield, 1998 23.81
7. **Lake Kwaza, 2014** 23.92
8. Raven Moore, 2013 24.00
9. Erin Jones, 2011 24.01
10. Rhonda-Kaye Trusty, 2010 24.05

400 Meters

1. Kineke Alexander, 2007 51.48
2. Ellen Grant, 1996 52.65
3. Shellene Williams, 2004 52.83
4. **Ellexis Guster, 2014** 54.08
5. Ashley Liverpool, 2011 54.09
6. **MonTayla Holder, 2014** 54.37
7. **Alexis Hernandez, 2014** 54.91
8. Tiffany Hendricks, 2011 55.06
9. Marlene Poole, 1993 55.20
10. Wynsome Cole, 1997 55.45

600 Yards

1. Senta Hawkins, 1987 1:21.06
2. Aisha Hume, 2004 1:21.74
3. Kay Stormo, 1982 1:22.49
4. Nicole Erickson, 2012 1:22.61
5. Bethany Praska, 2009 1:23.12
6. Hannah Simonson, 2012 1:23.18
7. Chris Davenport, 1982 1:24.14
8. Sophia Poncè, 2007 1:24.55
9. Wynsome Cole, 1995 1:24.83
10. Maisie Vachuska, 2012 1:25.38

600 Meters

1. Kineke Alexander, 2008 1:27.45
2. Bethany Praska, 2011 1:28.14
3. **MonTayla Holder, 2014** 1:29.98
4. Senta Hawkins, 1987 1:30.77
5. **Kaitlyn Nelson, 2013** 1:31.44
6. Karen Layne, 1990 1:31.45
7. Nicole Erickson, 2012 1:31.71
8. Kay Stormo, 1982 1:32.30
9. Aisha Hume, 2004 1:32.41
10. **Katharina Trost, 2014** 1:32.53

800 Meters

1. Bethany Praska, 2011 2:05.01
2. Jeanne Kruckeberg, 1989 2:06.38
3. Michelle Lahann, 2004 2:06.83
4. **Katharina Trost, 2014** 2:07.38
5. **Mahnee Watts, 2014** 2:08.79
6. **Adrienne Alexia, 2013** 2:08.95
7. Briana Benning, 1996 2:09.22
8. **Kaitlyn Nelson, 2013** 2:09.58
9. Kay Stormo, 1981 2:11.04
10. Ann Pare, 1997 2:11.19

Mile

1. McKenzie Melander, 2011 4:39.78
2. Jeanne Kruckeberg, 1989 4:40.19
3. Meghan Armstrong, 2006 4:40.59
4. Lauren Hardesty, 2011 4:41.01
5. Tina Stec, 1994 4:42.63
6. Betsy Flood, 2010 4:42.70
7. Penny O'Brien, 1981 4:43.72
8. Diane Nukuri, 2007 4:46.25
9. Michelle Lahann, 2004 4:47.23
10. Amanda Hardesty, 2010 4:48.69

3,000 Meters

1. Tracy Dahl, 1993 9:15.57
2. Meghan Armstrong, 2008 9:17.50
3. Diane Nukuri, 2008 9:20.07
4. Betsy Flood, 2011 9:20.09
5. Nan Doak, 1982 9:21.60
6. Jenny Spangler, 1986 9:22.41
7. Mareike Schrulle, 2012 9:23.97
8. Brooke Eilers, 2012 9:27.92
9. McKenzie Melander, 2012 9:29.71
10. Krista Anderson, 2006 9:29.75



Lauren Hardesty



Senta Hawkins



Tiffany Hendricks



Tammilee Kerr



Lake Kwaza



Ashley Liverpool



McKenzie Melander



Zinnia Miller



Diane Nukuri



Bethany Praska



Peaches Roach



Gail Smith



Jessie Strand



Renee White

5,000 Meters

1. Tracy Dahl, 1993..... 15:49.52
2. Nan Doak, 1985..... 15:55.45
3. Racheal Marchand, 2009..... 15:55.70
4. Diane Nukuri, 2008..... 16:01.36
5. Jenny Spangler, 1982..... 16:08.74
6. Judy Parker, 1981..... 16:16.63
7. Betsy Flood, 2011..... 16:20.67
8. Jennifer Brower, 1992..... 16:22.19
9. Nikki Chapple, 2004..... 16:27.04
10. Mareike Schrulle, 2012..... 16:29.41

High Jump

1. Peaches Roach, 2005..... 6-0 3/4 (1.85)
2. Mary Mol, 1983..... 6-0 (1.83)
3. **Khanishah Williams, 2013 .. 5-11 1/4 (1.81)**
4. Becky Kaza, 1995..... 5-9 3/4 (1.77)
5. Caleigh Bacchus, 2010..... 5-9 1/4 (1.76)
6. Kristi Dinkla, 1985..... 5-8 1/2 (1.74)
7. Kacey Childs, 2001..... 5-8 1/2 (1.74)
8. Traci Claussen, 1987..... 5-8 (1.73)
9. Kathy Gillespie, 1983..... 5-7 3/4 (1.72)
10. Lynn McMillan, 1988..... 5-7 1/4 (1.71)
- Tammilee Kerr, 2008..... 5-7 1/4 (1.71)

Pole Vault

1. Jessie Strand, 2004..... 12-5 1/2 (3.80)
2. Sarah Burgett, 2007..... 11-10 (3.61)
3. Kirsten Weismantle, 2011 11-5 3/4 (3.50)
4. Brittany Holst, 2013..... 11-3 3/4 (3.45)
5. Katie Truedson, 2010..... 10-11 3/4 (3.35)
5. Gina Shannon, 2001..... 10-6 (3.20)
6. Kacey Childs, 2001..... 9-0 (2.75)
7. Amy Kasparbauer, 2000..... 8-0 (2.44)

Long Jump

1. Zinnia Miller, 2014..... 20-4 1/4 (6.20)
2. Carisa Leacock, 2014 19-9 1/2 (6.03)
3. Lisa Moats, 1986 19-6 (5.95)
4. Renee White, 2006..... 19-3 1/4 (5.87)
5. Tiffany Johnson, 2007..... 19-2 1/2 (5.85)
6. Davera Taylor, 1984 19-1 1/2 (5.83)
7. Yolanda Hobbs, 1993..... 19-1 (5.80)
8. Kamesha Marshall, 2005 .. 18-11 1/4 (5.77)
9. Sarah Ryan, 2014..... 18-9 1/4 (5.72)
10. Catharine Parmiter, 2000 . 18-7 1/2 (5.68)

Triple Jump

1. Renee White, 2008..... 42-4 (12.90)
2. Tiffany Johnson, 2007..... 41-3 3/4 (12.59)
3. Zinnia Miller, 2014..... 41-2 1/2 (12.56)
4. Carisa Leacock, 2012 40-5 1/2 (12.33)
5. Becki Borg, 1987..... 39-6 (12.04)
6. Lynn McMillan, 1988 38-2 (11.63)
7. Sarah Ryan, 2014..... 37-5 1/4 (11.41)
8. Lisa Moats, 1985 35-1 (10.69)
9. Becca Franklin, 2004..... 34-3 (10.44)
10. Rachel Ballard, 2013..... 34-3 (10.44)

Pentathlon

1. Tammilee Kerr, 2008..... 3,974 points
2. Chris Davenport, 1983..... 3,798 points
3. Kamesha Marshall, 2005 3,701 points
4. Tiff Pedersen, 2004..... 3,511 points
5. Sarah Ryan, 2013..... 3,472 points
6. Maureen Abel, 1979..... 3,427 points
7. Zinnia Miller, 2012..... 3,416 points
8. Janet Adams, 1981 3,360 points
9. Janelle Jaspers, 1987 3,366 points
10. **Kassidy Ellis, 2014..... 3,346 points**

Shot Put

1. Gail Smith, 1985 51-0 (15.54)
2. Lisa Van Steenwyk, 1993 . 50-5 1/4 (15.37)
3. Kamesha Marshall, 2005 . 49-2 1/4 (14.99)
4. Denise Taylor, 1992 48-9 (14.86)
5. Rachel Curry, 2013 48-2 1/2 (14.69)
6. Megan Maurer, 1995..... 47-5 3/4 (14.47)
7. Laura Kriener, 1990 47-5 (14.45)
8. Courtney Fritz, 2014..... 47-5 (14.45)
9. Jennifer Gilson, 2002..... 46-11 (14.30)
10. Jennifer Moon, 2000 45-9 (13.94)
- Tiffany Medenwaldt, 2010 45-9 (13.94)
- Micaela Haight, 2011 45-9 (13.94)

Weight Throw

1. Ashlyn Gulvas, 2013 63-6 (19.35)
2. Jasmine Simpson, 2013 ... 62-6 1/2 (19.06)
3. **Annemie Smith, 2014 61-4 (18.69)**
4. Kelsey Taylor, 2011 60-4 1/2 (18.40)
5. Majesty Tutson, 2011 58-4 (17.78)
6. Becca Franklin, 2007 58-3 1/4 (17.76)
7. Chelsea Colpitts, 2013 56-4 (17.17)
8. Erin O'Hern, 2008..... 56-3 (17.14)
9. Mandy Chandler, 2009 54-4 1/2 (16.57)
10. Kerri Blackstone, 1999..... 50-9 3/4 (15.48)

1,600-Meter Relay

1. Liverpool, Hendricks, Praska, Erickson, 2011 3:36.97
2. **Hernandez, Holder, Guster, Watts, 2014 3:37.16**
3. Liverpool, Hendricks, Erickson, Praska, 2011 3:37.58
4. **Guster, Holder, Watts, Hernandez, 2014 3:38.62**
5. Hendricks, Erickson, Praska, Liverpool, 2011 3:39.15
6. Hendricks, Praska, Erickson, Liverpool, 2011 3:40.42
7. McCalla, Granger, Alexander, Johnson, 2006 3:40.52
8. **Kwaza, Holder, Watts, Guster, 2014 3:41.57**
9. Simonson, Liverpool, Erickson, Sack, 2012..... 3:41.78
10. Simonson, Erickson, Sack, Liverpool, 2012..... 3:42.42

Distance Medley Relay

1. Armstrong, Alexander, L. Hardesty, Nukuri, 2008..... 11:20.11
2. Melander, Hendricks, L. Hardesty, Eilers, 2011 11:22.44
3. Stormo, Davenport, Williams, O'Brien, 1981 11:23.02
4. Melander, Praska, Hendricks, Flood, 2011 11:24.47
5. Flood, Hendricks, L. Hardesty, Melander, 2010 11:25.01
6. Melander, Hendricks, Flood, Marchand, 2009 11:27.34
7. Benning, Poole, Salsberry, Stec, 1994 11:28.03
8. Stormo, Davenport, Hayden, Doak, 1982..... 11:29.54
9. Armstrong, Granger, Stanley, K. Anderson, 2006 11:29.54
10. Lahann, Williams, Stanley, Arens, 2004..... 11:30.36



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

Men's Outdoor Event Records

Running Events

100 Meters

School: 10.21 Justin Austin, 2011
Facility: 10.18 Shane Crawford, Purdue, 2011

110-Meter Hurdles

School: 13.63 Pat McGhee, 1989
13.50^ Pat McGhee, 1989
Facility: 13.49 Andrew Riley, Illinois, 2011

200 Meters

School: 20.31 Justin Austin, 2011
Facility: 20.46 Justin Austin, 2011

400 Meters

School: 44.99 Anthuan Maybank, 1992
Facility: 44.87 Andrew Pierce, Ohio State, 2000

400-Meter Hurdles

School: 48.83 Pat McGhee, 1989
Facility: 48.94 Joey Woody, Unattached, 2004

800 Meters

School: 1:45.90 Erik Sowinski, 2012
Facility: 1:47.59 Edward Kemboi, Unattached, 2012

1,500 Meters

School: 3:43.02 Jeff Thode, 2010
Facility: 3:44.51 Jeff Thode, Iowa, 2011

3,000-Meter Steeplechase

School: 8:47.4 Deacon Jones, 1956
Facility: 8:38.07 Charles Marsala, Indiana, 1987

5,000 Meters

School: 13:49.31 Micah VanDenend, 2007
Facility: 13:47.39 Scott Fry, Wisconsin, 1987

10,000 Meters

School: 28:44.47 Stetson Steele, 2000
Facility: 29:04.79 Hassan Mead, Minnesota, 2011

Relays

400-Meter

School: 39.19 Mincy, Wilson, Harrington, Brown - 2014
Facility: 39.64 Herring, Bennett, Nelson, Tucker,
Wisconsin - 2000

800-Meter

School: 1:24.85 Richardson, Bee, Richards, Chaney, Jr. - 2009

1,600-Meter

School: 3:03.11 Morris, Davis, Page, Rozell - 1995
Facility: 3:05.56 Olson, Homewood, Rock, Woody,
Unattached - 2007

Sprint Medley

School: 3:15.64 McCorkle, Jones, Chung, Strozier - 1990

3,200-Meter

School: 7:18.60 Schum, Christensen, Steffen, Criswell - 1971

Distance Medley

School: 9:39.94 Pershing, Moeller, Slack, Docherty - 1978

6,400-Meter

School: 16:27.70 Pershing, Fuller, Moeller, Docherty - 1978

Field Events

High Jump

School: 7-4 1/4 (2.24 m) Jeffery Herron, 2012
Facility: 7-3 3/4 (2.23 m) Jon Baer, Wisconsin, 1987

Long Jump

School: 27-1 (8.25 m) Anthuan Maybank, 1993
27-6 3/4 (8.40 m)^ Anthuan Maybank, 1993
Facility: 26-2 1/4 (7.98 m) Bashir Yamini, Iowa, 1997

Triple Jump

School: 54-8 (16.66 m) Troy Doris, 2012
Facility: 55-2 (16.81 m) Greg Yeldell, Indiana, 2000

Pole Vault

School: 17-0 (5.18 m) Todd Wigginton, 1984
Facility: 17-6 3/4 (5.35 m) Jacob Pauli, 2010

Shot Put

School: 63-2 3/4 (19.27 m) Jeremy Allen, 2001
Facility: 70-4 1/2 (21.45 m) Christian Cantwell, Missouri, 2002

Discus

School: 207-1 (63.11 m) Gabe Hull, 2014
Facility: 207-1 (63.11 m) Gabe Hull, Iowa, 2014

Hammer

School: 222-11 (67.94 m) Arno van der Westhuizen, 2001
Facility: 219-9 (66.98 m) A.G. Kruger, Unattached, 2003

Javelin

School: 245-8 (74.89 m) Matt Byers, 2011
Facility: 238-3 (72.62 m) Bill Neumann, Iowa, 2003

Decathlon

School: 7,203 points Kyle Reid, 2013
Facility: 7,208 points Heath Nickles, Ohio State, 2011

^ - wind-aided

Big Ten Conference Men's Records

Long Jump

All-Time Best: 27-0 3/4 (8.25 m) .. Anthuan Maybank, 1993
Meet: 26-8 1/4 (8.13 m) .. Bashir Yamini, 1997*

330-yard Hurdles (Retired)

Meet: 36.1 Jon Reimer, 1965

Iowa Men's Retired Records

Mile

School: 4:01.11 John Clark, 1973

Javelin

School: 219 7 3/8 Mark Panther, 1934

Decathlon

School: 6,860 points Mike Lacy, 1984



Running Events

100 Meters

School: 11.45 Vivien McKenzie, 1985
Facility: 11.29 Christina Manning, Ohio State, 2011

100-Meter Hurdles

School: 13.20 Tiffany Johnson, 2007
Facility: 12.86 Christina Manning, Ohio State, 2011

200 Meters

School: 22.95 Brittany Brown, 2014
Facility: 23.22 Madison McNary, Ohio State, 2011

400 Meters

School: 51.35 Kineke Alexander, 2006
Facility: 52.73 Adriane Diamond, Indiana, 1987

400-Meter Hurdles

School: 56.16 Mary Knoblauch, 1981
Facility: 57.35 Megan Duncan, Penn State, 2011

800 Meters

School: 2:03.78 Bethany Praska, 2011
Facility: 2:05.63 Bethany Praska, Iowa, 2011

1,500 Meters

School: 4:17.41 Meghan Armstrong, 2006
Facility: 4:10.93 Suzy Favor, Wisconsin, 1987

3,000 Meters

School: 9:18.82 Diane Nukuri, 2008
Facility: 9:15.83 Colette Gudreau, Indiana, 1987

3,000-Meter Steeplechase

School: 10:26.54 Danielle Berndt, 2011
Facility: 10:15.05 Sarah Pease, 2011

5,000 Meters

School: 15:45.84 Nan Doak, 1985
Facility: 16:09.10 Emily MacLeod, Michigan State, 2011

10,000 Meters

School: 33:17.01 Diane Nukuri, 2008
Facility: 35:02.33 Kara Millhouse, Penn State, 2011

Marathon

School: 2:33:51 Jenny Spangler, 1983

Relays

400-Meter

School: 44.51 Kwaza, Guster, Hernandez, Brown, 2014
Facility: 43.94 Wright, McNary, Sykes, Manning, 2011

Shuttle Hurdle

School: 56.44 Prendergast, Cole, Raheem, Ruen, 1998

800-Meter

School: 1:35.69 Hobbs, Reid, Floyd, Poole, 1994

800-Meter Medley

School: 1:42.70 Taylor, Vesely, Powell, Hawkins, 1998

1,600-Meter

School: 3:34.83 Guster, Hernandez, Holder, Kwaza, 2014
Facility: 3:36.51 Praska, Hendricks, Erickson, Liverpool, 2011

Sprint Medley

School: 3:48.63 Jones, Hendricks, Liverpool, Praska, 2011

3,200 Meter

School: 8:46.45 Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987

Distance Medley

School: 11:22.18 Hoskins, Powell, Schneckloth, Kruckeberg, 1989

6,400-Meter

School: 19:05.63 Flood, Melander, A. Hardesty, L. Hardesty, 2010

Field Events

High Jump

School: 6-1 1/4 (1.86 m) Peaches Roach, 2006
Facility: 6-0 1/2 (1.84 m) Peaches Roach, 2010

Long Jump

School: 22-3 (6.78 m) Aisha James, 2003
Facility: 20-4 1/2 (6.21 m) Ineta Radevica, Wichita St., 2002

Triple Jump

School: 43-10 3/4 (13.36 m) Renee White, 2009
Facility: 43-9 3/4 (13.35 m) C. Gulbrandsen, Minnesota, 2000

Pole Vault

School: 12-10 1/4 (3.92 m) Jessie Strand, 2003
Facility: 14-3 1/4 (4.36 m) Vera Neuenswander, Indiana, 2011

Shot Put

School: 50-8 (15.54 m) Lisa VanSteenwyk, 1992
Facility: 54-1 3/4 (16.50 m) Kearsten Peoples, Missouri, 2013

Discus

School: 181-1 (55.19 m) Majesty Tutson, 2013
Facility: 192-3 (58.59 m) Gina Smallwood, Unattached, 2012

Hammer

School: 198-1 (60.38 m) Annemie Smith, 2014
Facility: 197-9 (60.28 m) Beth Rohl, Michigan State, 2011

Javelin

School: 181-5 (55.31 m) Alana Redfern, 2003
Facility: 181-5 (55.31 m) Alana Redfern, Iowa, 2003

Heptathlon

School: 5,633 points Tammilee Kerr, 2008
Facility: 5,922 points Cathey Tyree, Purdue, 1987

Big Ten Conference Women's Records

Triple Jump

Meet: 43-10 3/4 (13.38 m) Renee White, 2010

Iowa Women's Retired Records

Heptathlon

School: 5,448 points Kathy Gillespie, 1983



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

All-Time Top Ten Performers Men's Outdoor



Jeremy Allen



Justin Austin



Matt Byers



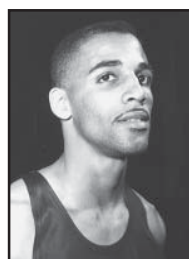
Troy Doris



Jeffery Herron



Gabe Hull



Deacon Jones

100 Meters

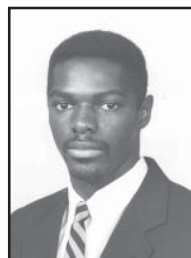
- Justin Austin, 2011 10.21
- George Page, 1996 10.25
- Anthuan Maybank, 1994 10.31
- Tim Dwight, 1997 10.31
- Josh Larney, 2013 10.31
- Bob Lawson, 1976 10.36
- Robert Smith, 1984 10.39
- Curtis Chang, 1987 10.40
- Jeff Patrick, 1983 10.41
- Tim Dodge, 2002 10.41

110-Meter High Hurdles

- Pat McGhee, 1989 13.50
- Dion Trowers, 1996 13.62
- Ronnie McCoy, 1985 13.66
- Ethan Holmes, 2011 13.73
- Jordan Mullen, 2013 13.76
- 6. Aaron Mallett, 2014 13.86**
- James Armstrong, 1991 13.89
- Dan Davis, 2012 14.01
- Doug Jones, 1986 14.06
- Chris Williams, 1983 14.24

200 Meters

- Justin Austin, 2011 20.31
- Jeff Patrick, 1983 20.47
- Anthuan Maybank, 1994 20.55
- Andre Morris, 1995 20.64
- George Page, 1996 20.67
- Terrence Duckett, 1982 20.74
- Tim Dodge, 2002 20.78
- Bashir Yamini, 1999 20.82
- O'Shea Wilson, 2014 20.82**
- Dennis Kohl, 1966 20.84



Anthuan Maybank



Pat McGhee

400 Meters

- Anthuan Maybank, 1993 44.99
- Andre Morris, 1995 45.15
- Mike Mondane, 1967 45.20
- Steven Willey, 2010 45.78
- Gary Hollingsworth, 1963 46.30
- Harold Leonard, 1986 46.45
- Tony Branch, 1999 46.60
- Prince Riley, 2007 46.61
- George Page, 1996 46.66
- Dick Eisenlauer, 1973 46.74
- Terrence Duckett, 1983 46.74
- Patrick Richards, 2010 46.74

400-Meter Hurdles

- Pat McGhee, 1988 48.83
- Monte Raymond, 1998 50.09
- Ray Varner, 2010 50.24
- Paul Steele, 1989 50.45
- Russell Peterson, 2001 50.50
- Ethan Holmes, 2013 50.51
- Adam Kunkel, 2001 50.73
- Jon Reimer, 1967 50.94
- Gary Falls, 1991 51.08
- D'Juan Richardson, 2011 51.12

800 Meters

- Erik Sowinski, 2012 1:45.90
- Bill Frazier, 1962 1:47.64
- D'Juan Strozier, 1990 1:47.82
- Adam Hairston, 2011 1:48.10
- Michael Layne, 1999 1:49.61
- Bill Thiesen, 1985 1:49.74
- 7. Will Teubel, 2014 1:49.77**
- Ryan Weir, 2013 1:50.01
- Andy Wiese, 1985 1:50.22
- Paul Chepkwony, 1984 1:50.36

1,500 Meters

- Jeff Thode, 2010 3:43.02
- Joel Moeller, 1978 3:44.01
- Jim Docherty, 1978 3:44.30
- Dan Waters, 1986 3:46.35
- Kevin Herd, 1994 3:46.64
- John Clark, 1977 3:46.84
- Ted Wheeler, 1956 3:48.24
- Nick Holmes, 2012 3:49.53
- Jesse Luciano, 2007 3:49.99
- Micah VanDenend, 2007 3:50.20

3,000-Meter Steeplechase

- Deacon Jones, 1956 8:47.40
- Steve Pershing, 1978 8:54.59
- Andy Morris, 2000 8:56.21
- Matt Gerard, 1994 8:57.01
- Andy Napier, 2008 8:57.54
- Rollie Kitt, 1967 9:02.90
- Al Greene, 1985 9:02.96
- Tony Rakaric, 2005 9:03.29
- Mark Battista, 2010 9:04.60
- Sean Gale, 1993 9:08.00

5,000 Meters

- Micah VanDenend, 2007 13:49.31
- Larry Wiecezorek, 1968 13:56.00
- Kevin Herd, 1993 13:59.00
- Stetson Steele, 2000 14:02.76
- 5. Kevin Lewis, 2014 14:02.78**
- Eric MacTaggart, 2005 14:04.79
- Dan Haut, 2006 14:07.30
- Jesse Luciano, 2010 14:08.71
- Matt Esche, 2006 14:12.07
- Jeff Thode, 2011 14:12.40



Kyle Reid



Erik Sowinski



Stetson Steele



Jeff Thode



Micah VanDenend



Todd Wigginton



Arno

van der Westhuizen

10,000 Meters

1. Stetson Steele, 2000..... 28:44.47
2. Eric MacTaggart, 2006 28:50.23
3. **Kevin Lewis, 2014 29:11.04**
4. Nick Nordheim, 2002 29:44.71
5. Trent Corey, 2002 29:45.25
6. Chad Schwitters, 1999 29:56.00
7. Nick Holmes, 2010 30:02.31
8. Dan Haut, 2006 30:03.08
9. Kevin Herd, 1994 30:05.21
10. Paul Sarris, 2001 30:08.40

Decathlon

1. Kyle Reid, 2013 7,203 pts
2. Dan Rolling, 2010 6,957 pts
3. Scott Faber, 2000 6,839 pts
4. Ryan Niver, 2008 6,837 pts
5. **Jack Eckert, 2012 6,813 pts**
6. Chad Ohly, 1994 6,641 pts
7. Gary Kostrubala, 1984 6,498 pts
8. Frank Prill, 2008 6,381 pts
9. Jacob Drewry, 1994 5,820 pts

High Jump

1. Jeffery Herron, 2012 7-4 1/4 (2.24)
2. Bill Hansen, 1978 7-4 (2.23)
- Bill Knoedel, 1975 7-4 (2.23)
4. **Kevin Spejcher, 2014 7-2 1/2 (2.20)**
5. M. Cunningham, 1986 7-1 (2.16)
- Kenneth Lansing, 1988 7-1 (2.16)
7. Pat Meade, 1987 7-0 1/4 (2.14)
8. Graham Valdes, 2012 6-11 3/4 (2.12)
9. Peter Hlavin, 1979 6-11 (2.11)
- Scott Hudek, 1993 6-11 (2.11)
- Jeremy Petsche, 2008 6-11 (2.11)
- Brandon Oest, 2012 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984 17-0 (5.18)
2. Chad Ohly, 1994 16-8 3/4 (5.10)
- Kyle Reid, 2013 16-8 3/4 (5.10)
4. Curt Broek, 1978 16-8 (5.08)
5. Phil Wertman, 1971 16-7 (5.05)
- Kelly Scott, 1988 16-7 (5.05)
7. John Teffer, 1972 16-2 (4.93)
8. Alex Zona, 2009 16-0 3/4 (4.90)
9. Steve Brewer, 1983 16-0 (4.88)
- Doug Pennino, 1985 16-0 (4.88)

Long Jump

1. Anthuan Maybank, 1993 27-1 (8.25)
2. Bashir Yamini, 1997 26-8 1/4 (8.13)
3. Paul Jones, 1989 25-10 1/4 (7.88)
4. Darren Smith, 1991 25-9 3/4 (7.86)
5. Quinn Early, 1986 25-7 1/4 (7.80)
6. Ed Gordon, 1931 25-4 3/8 (7.68)
7. **O'Shea Wilson, 2014 25-2 (7.67)**
8. Matty Gorman, 2006 25-1 1/4 (7.65)
9. Ronnie McCoy, 1985 25-0 (7.62)
10. Jeffery Herron, 2010 24-9 (7.54)

Triple Jump

1. Troy Doris, 2012 54-8 (16.66)
2. Paul Jones, 1990 53-9 (16.38)
3. **Babatunde Amosu, 2014 52-4 3/4 (15.97)**
4. **Klyvens Delaunay, 2013 . 52-2 1/2 (15.91)**
5. Gordon Finch, 1988 50-9 1/4 (15.47)
6. Mike Lacy, 1984 50-5 (15.36)
7. Pat Miller, 1985 49-8 1/2 (15.25)
8. Matty Gorman, 2008 49-2 1/2 (15.00)
9. Owen Gill, 1982 49-1 (14.96)
10. Josh Bean, 2010 48-10 3/4 (14.90)

Shot Put

1. Jeremy Allen, 2001 63-2 3/4 (19.27)
2. Ken Kemeny, 2005 62-3 (18.97)
3. Shane Maier, 2006 62-2 1/4 (18.95)
4. Andy Banse, 2005 61-11 1/2 (18.88)
5. John Hickey, 2008 61-9 1/2 (18.83)
6. Chris Gambol, 1987 60-0 1/2 (18.30)
7. A.J. Curtis, 2008 59-8 1/4 (18.19)
8. **Gabe Hull, 2014 59-4 1/4 (18.09)**
9. A. van der Westhuizen, 2000 58-8 3/4 (17.90)
10. Ryan Lamparek, 2010 58-4 (17.78)

Discus

1. **Gabe Hull, 2014 207-1 (63.11)**
2. A.J. Curtis, 2007 202-11 (61.84)
3. Gary Kostrubala, 1986 202-4 (61.68)
4. Jeremy Allen, 2001 195-4 (59.54)
5. Tim Brodersen, 2005 193-6 (58.98)
6. Brad Daufeldt, 2004 185-0 (56.40)
7. Nick Brayton, 2009 180-11 (55.15)
8. Andy Banse, 2005 180-0 (54.86)
9. Eric Rothwell, 2004 179-7 (54.73)
10. Shane Maier, 2008 178-7 (54.43)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007 222-2 (67.73)
3. Jim Costello, 2002 217-7 (66.32)
4. Brad Daufeldt, 2004 207-10 (63.34)
5. Chris Voller, 2005 206-0 (62.80)
6. Matt Banse, 2012 201-11 (61.55)
7. Jeremy Allen, 2001 199-0 (60.66)
8. Ben Stancombe, 2011 197-6 (60.20)
9. Ryan Jordan, 2007 184-6 (56.23)
- Mark Shapveld, 2009 184-6 (56.23)

Javelin

1. Matt Byers, 2011 245-8 (74.89)
2. Bill Neumann, 2002 244-8 (74.58)
3. Dan Ralph, 2000 227-10 (69.44)
4. Zach Schimp, 2010 211-0 (64.32)
5. **Sam Joens, 2014 210-1 (64.03)**
6. Kale Katt, 2007 204-0 (62.17)
7. Joel Storm, 2004 203-5 (62.01)
8. Matt Stank, 2001 199-0 (60.66)
9. Jack Eckert, 2012 187-0 (57.01)
10. Kyle Reid, 2013 182-10 (55.73)



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

All-Time Top Ten Performers Women's Outdoor



Kineke Alexander



Meghan Armstrong



Danielle Berndt



Brittany Brown



Nan Doak



Aisha James



Tiffany Johnson

100 Meters

1. Vivien McKenzie, 1985 11.45
2. Davera Taylor, 1984 11.51
3. Erica Broomfield, 1998 11.53
4. **Lake Kwaza, 2013 11.56**
5. Jiselle Providence, 2001 11.57
6. Tanja Reid, 1994 11.60
- Peaches Roach, 2005 11.60
8. **Brittany Brown, 2014 11.61**
9. Yolanda Hobbs, 1995 11.62
10. Elanie Jones, 1985 11.69

100-Meter Hurdles

1. Tiffany Johnson, 2007 13.20
2. Karessa Farley, 2009 13.53
3. C. Prendergast, 1999 13.60
- Paula Ruen, 2000 13.60
5. Sarah Steffen, 2002 13.65
6. Ruqayya Raheem, 1998 13.90
7. Brenda Calhoun, 1984 13.94
8. Wynsome Cole, 1997 14.10
9. Kimberly Stanford, 2008 14.11
10. Renee White, 2008 14.20

200 Meters

1. **Brittany Brown, 2014 22.95**
2. Shellene Williams, 2004 23.50
3. Kineke Alexander, 2006 23.58
4. Davera Taylor, 1984 23.59
5. Vivien McKenzie, 1985 23.61
6. Yolanda Hobbs, 1995 23.65
7. Erin Jones, 2012 23.71
8. Rhonda Kaye Trusty, 2010 23.74
9. Tanja Reid, 1995 23.75
10. Elaine Jones, 1983 23.84
- Lake Kwaza, 2014 23.84**

400 Meters

1. Kineke Alexander, 2006 51.35
2. Shellene Williams, 2004 51.94
3. Ashley Liverpool, 2012 52.47
4. Ellen Grant, 1996 52.65
5. **Elaxis Guster, 2014 52.77**
6. Senta Hawkins, 1988 54.01
- Bethany Praska, 2011 54.01
8. Marlene Poole, 1994 54.03
9. Elaine Jones, 1983 54.40
10. Nicole Charles, 2001 54.48

400-Meter Hurdles

1. Mary Knoblauch, 1981 56.16
2. Wynsome Cole, 1998 56.67
3. **MonTayla Holder, 2014 57.81**
4. Chris Davenport, 1981 59.18
5. Hannah Simonson, 2012 59.54
6. Sarah Steffen, 2002 59.59
7. Tiffany Hendricks, 2011 59.63
8. Nicole Erickson, 2012 59.77
9. Beverly Powell, 1991 59.96
10. Kelsey Quinn, 2012 59.99

800 Meters

1. Bethany Praska, 2011 2:03.78
2. Kay Stormo, 1982 2:05.67
3. Michelle Lahann, 2004 2:06.79
4. Aisha Hume, 2005 2:08.50
5. **Mahnee Watts, 2014 2:08.58**
6. **Adrienne Alexia, 2013 2:08.61**
7. Jeanne Kruckeberg, 1987 2:08.75
8. **Kaitlyn Nelson, 2013 2:08.83**
9. **Katharina Trost, 2014 2:09.11**
10. Ann Pare, 1997 2:09.25

1,500 Meters

1. Meghan Armstrong, 2006 4:17.41
2. Betsy Flood, 2010 4:17.75
3. Jeanne Kruckeberg, 1989 4:19.71
4. McKenzie Melander, 2012 4:20.22
5. Lauren Hardesty, 2009 4:20.40
6. Diane Nukuri, 2007 4:20.95
7. Penny O'Brien, 1985 4:21.43
8. Kay Stormo, 1982 4:22.24
9. Michelle Lahann, 2004 4:24.00
10. Shannon Stanley, 2006 4:25.08

3,000 Meters

1. Diane Nukuri, 2008 9:18.82
2. Penny O'Brien, 1985 9:20.61
3. McKenzie Melander, 2012 9:21.59
4. Betsy Flood, 2010 9:22.63
5. Nan Doak, 1985 9:23.04
6. Tracy Dahl, 1992 9:23.53
7. Meghan Armstrong, 2006 9:28.03
8. Brooke Eilers, 2011 9:30.08
9. Jeanne Kruckeberg, 1989 9:30.69
10. Jennifer Brower, 1992 9:34.59

3,000-Meter Steeplechase

1. Danielle Berndt, 2011 10:26.54
2. Jessica Schmidt, 2008 10:27.18
3. Sarah Arens, 2004 10:34.50
4. Hannah Roeder, 2011 10:35.22
5. Kelsey Hart, 2011 10:47.56
6. Katie Ellis, 2010 11:02.62
7. Michelle Lahann, 2003 11:16.21
8. Becca Thompson, 2003 11:19.50

5,000 Meters

1. Nan Doak, 1985 15:45.84
2. McKenzie Melander, 2012 15:57.13
3. Diane Nukuri, 2008 15:59.39
4. Betsy Flood, 2011 16:04.46
5. Meghan Armstrong, 2008 16:08.83
6. Brooke Eilers, 2011 16:11.86
7. Mareike Schrulle, 2013 16:12.66
8. Jenny Spangler, 1983 16:17.21
9. Tracy Dahl, 1992 16:18.77
10. Racheal Marchand, 2008 16:27.02



Diane Nukuri



Tammilee Kerr



Vivien McKenzie



Bethany Praska



Alana Redfern



Peaches Roach



Annemie Smith



Jessie Strand



Majesty Tutson



Lisa Van Steenwyk



Renee White

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991 33:23.38
3. Meghan Armstrong, 2008 33:28.00
4. Nan Doak, 1985 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. Racheal Marchand, 2008 34:05.87
7. McKenzie Melander, 2012 34:29.83
8. Tracy Dahl, 1992 34:30.09
9. Betsy Flood, 2011 35:05.10
10. Nikki Chapple, 2004 35:06.35

Heptathlon

1. Tammilee Kerr, 2008 5,633 pts
2. Kathy Gillespie, 1983 5,262 pts
3. Tiff Pedersen, 2004 4,976 pts
4. Janet Adams, 1981 4,855 pts
5. Sarah Ryan, 2012 4,819 pts
6. Ruqayya Raheem, 1997 4,665 pts
7. Angela Chadwick, 1993 4,493 pts
8. **Kassidy Ellis, 2014 4,242 pts**
9. Missy Miller, 2010 4,227 pts
10. Angie Hensel, 2004 4,073 pts

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Mary Mol, 1983 6-0 (1.83)
3. **Khanishah Williams, 2013 5-11 1/4 (1.81)**
4. Caleigh Bacchus, 2010 5-10 (1.78)
5. Lynn McMillan, 1988 5-9 1/4 (1.76)
6. Kacey Childs, 2001 5-8 1/2 (1.74)
7. Kristi Dinkla, 1985 5-8 (1.73)
- Becky Kaza, 1995 5-8 (1.73)
- Eve Cullinan, 2003 5-8 (1.73)
10. Zinnia Miller, 2012 5-7 1/4 (1.71)
- Madison Rouw, 2014 5-7 1/4 (1.71)**

Pole Vault

1. Jessie Strand, 2003 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011 12-0 (3.66)
4. Katie Truedson, 2010 11-5 1/4 (3.49)
5. Gina Shannon, 2001 11-2 1/4 (3.41)
6. Brittany Holst, 2013 11-1 (3.38)
7. Kacey Childs, 2000 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003 22-3 (6.78)
2. Zinnia Miller, 2014 20-6 1/2 (6.26)
3. Renee White, 2008 20-3 3/4 (6.19)
4. Carisa Leacock, 2014 19-11 3/4 (6.09)
5. Becki Borg, 1988 19-7 1/4 (5.97)
6. Lisa Moats, 1986 19-6 (5.95)
7. Tammilee Kerr, 2008 19-4 1/4 (5.90)
8. Yolanda Hobbs, 1993 19-2 1/2 (5.85)
9. Sarah Ryan, 2013 19-1 1/2 (5.83)
10. Jane Dunlevy, 1977 18-6 (5.64)

Triple Jump

1. Renee White, 2008 43-10 3/4 (13.36)
2. Zinnia Miller, 2014 42-0 1/2 (12.81)
3. Tiffany Johnson, 2007 41-8 3/4 (12.72)
4. Carisa Leacock, 2012 40-10 1/2 (12.46)
5. Becki Borg, 1988 40-7 1/2 (12.38)
6. Lynn McMillan, 1988 39-6 1/2 (12.05)
7. Lynn, 1998 39-0 (11.88)
8. Kacey Childs, 2001 37-8 (11.48)
9. Becca Franklin, 2004 36-10 1/2 (11.24)
10. Janna Houtz, 1984 33-10 1/2 (10.32)

Shot Put

1. Lisa Van Steenwyk, 1992 50-8 (15.44)
2. Gail Smith, 1984 50-3 1/4 (15.32)
3. Denise Taylor, 1992 50-1 3/4 (15.28)
4. Kamesha Marshall, 2005 48-6 3/4 (14.80)
5. Laura Kriener, 1990 48-2 1/2 (14.69)
6. Jennifer Gilson, 2002 47-10 (14.58)
7. Rachel Curry, 2013 47-9 1/4 (14.56)
8. Jennifer Moon, 2000 47-5 1/4 (14.46)
9. Courtney Fritz, 2014 46-6 1/4 (14.18)
10. Mandy Chandler, 2006 46-0 (14.02)

Discus

1. Majesty Tutson, 2013 181-1 (55.19)
2. **Dakotah Goodell, 2014 169-4 (51.62)**
3. Tiffany Medenwaldt, 2010 161-3 (49.16)
4. Denise Taylor, 1992 160-5 (48.90)
5. Amanda Stahle, 2014 159-3 (48.54)
6. Lisa Van Steenwyk, 1991 159-1 (48.50)
7. Gail Smith, 1983 158-2 (48.22)
8. Ashlyn Gulvas, 2011 154-11 (47.23)
9. Courtney Fritz, 2012 154-1 (46.96)
10. Kamesha Marshall, 2005 152-11 (46.62)

Javelin

1. Alana Redfern, 2003 181-5 (55.30)
2. Tammilee Kerr, 2008 163-5 (49.81)
3. Mandy Beck, 1999 153-4 (46.74)
4. Terri Soldan, 1983 152-6 1/4 (46.48)
5. Shani Renning, 1990 152-3 (46.40)
6. Clara Simon, 1981 149-9 (45.64)
7. Janet Adams, 1984 148-7 (45.28)
8. Amanda Stahle, 2014 148-0 (45.11)
9. **Dakotah Goodell, 2014 146-9 (44.72)**
10. **Allison Gattone, 2013 138-8 (42.27)**

Hammer Throw

1. **Annemie Smith, 2014 198-1 (60.38)**
2. Jasmine Simpson, 2013 197-7 (60.23)
3. Becca Franklin, 2007 195-0 (59.45)
4. Ashlyn Gulvas, 2014 192-9 (58.75)
5. Kelsey Taylor, 2011 177-0 (53.95)
6. Tiffany Medenwaldt, 2010 171-11 (52.40)
7. Erin O'Hern, 2008 168-9 (51.45)
8. Chelsea Colpitts, 2013 162-5 (49.51)
9. Kerri Blackstone, 1999 161-10 (49.32)
10. Majesty Tutson, 2013 161-5 (49.20)



400-Meter Relay

1. Mincy, Wilson, Harrington, Brown , 2014	39.19
2. Mincy, Austin, E. Holmes, Larney, 2013	39.31
3. Beecham, Duckett, Greer, R. Smith, 1984	39.48
4. Mullen, Austin, E. Holmes, Larney, 2013	39.66
5. Page, Davis, Rozell, Morris, 1996.....	39.73
Brown, Harrington, Mincy, Wilson , 2014	39.73
7. Mincy, Sayon, Chaney, Jr., Austin, 2011.....	39.86
8. Richardson, Sayon, Chaney, Jr., Bee, 2009.....	39.94
9. Felix, Branch, Dodge, Yamini, 1999	39.96
10. Beecham, Duckett, Greer, Patrick, 1983	39.99
Mincy, Wilson, Thompson, Harrington , 2014	39.99

Shuttle Hurdle Relay

1. McGhee, Armstrong, Falls, Stelle, 1989	57.80
2. Wigginton, Jones, Lacey, McCoy, 1985	59.77
3. 1975	1:05.20

800-Meter Relay

1. Richardson, Sayon, Richards, Chaney, Jr., 2009	1:24.85
2. Harrington, VanCleave, Wilson, Mallett, 2014	1:24.86
3. Austin, Brown, Larney, VanCleave, 2013	1:25.60
4. Barclay, McCalister, Jensen, Elliott, 1979.....	1:26.39
5. Thomas, Balkrishnan, Patterson, Freidrich 1991	1:28.38
6. Balkrishnan, Patterson, Thomas, Freidrich, 1991	1:29.04

1,600-Meter Relay

1. Morris, Davis, Page, Rozell, 1995.....	3:03.11
2. Branch, Dwight, Dodge, Yamini, 1999	3:03.29
3. Ferree, Frazier, Mondane, Reimer, 1967	3:04.10
4. Rozell, Morris, Davis, Yamini, 1996.....	3:04.71
5. Willey, Barton, Richards, Sowinski, 2010.....	3:05.61
6. Richards, Davey, E. Holmes, Sowinski, 2012	3:05.77
7. Cameron, Williams, McGhee, McCoy, 1985	3:06.00
8. Rozell, Davis, Dwight, Raymond, 1997	3:06.06
Dodge, Kunkel, Coleman, Peterson, 2001	3:06.06
10. Austin, Davey , Richards, Sowinski, 2012	3:06.49

Sprint Medley Relay

1. McCorkle, Jones, Chung, Strozier, 1990	3:15.64
2. Sayon, Austin, Willey, Sowinski, 2011	3:16.18
3. Richards, Larney, Davey, Sowinski, 2012	3:17.25
4. Richardson, Richards, Willey, Sowinski, 2010.....	3:17.74
5. Armstrong, Thomas, Maybank, Strozier, 1991	3:18.93
6. Yamini, Davis, Dodge, Donovan, 1999.....	3:19.87
7. Richards, Chaney, Jr., Barton, Hairston, 2009	3:20.05
8. Harrington, Mallett, Davey, Teubel , 2014	3:20.08
9. McCorkle, Armstrong, Chung, Strozier, 1990	3:20.43
10. Dodge, Yamini, Branch, Donovan, 1999	3:20.83

3,200 Meter Relay

1. Schum, Christensen, Steffen, Criswell, 1971	7:18.60
1. Hairston, Prom, Thode, Sowinski, 2011.....	7:23.77
2. Corrigan, Blackman, Strozier, Chambers, 1989	7:29.00
3. Willey, Braff, Sowinski, Hairston, 2009	7:33.08
4. Tweedy, Gajewski, Linden, O'Hollearn, 2005	7:33.12
5. Cunningham, Tweedy, S. Allen, Thomas, 2001.....	7:34.12
6. Long, Tweedy, Dziubski, O'Hollearn, 2004	7:35.10
7. 1999	7:36.43
8. Prom, Slaymaker, Wheeler, Weir, 2012	7:38.15
9. 1986	7:40.18
10. Novotny, Holtkamp, Rerko, Feeldy, 1995.....	7:44.68

Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978	9:39.94
2. Kuczwara, Barton, Hairston, Thode, 2011	9:41.37
3. N. Holmes, Van Cleave , Sowinski, Thode, 2012	9:41.59
4. Young, Barton, Kuczwara, Luciano, 2010.....	9:42.97
5. Prom, Davey , Weir, Witt , 2013.....	9:53.83
6. Theisen, Williams, Wiesa, Waters, 1985	9:54.04
7. Wilfong, Slaymaker, Teubel, Witt , 2013	9:54.05
8. Luciano, Pierre, Hairston, VanDenend, 2007.....	9:54.07
9. VanDenend, Riley, O'Hollearn, Rakaric, 2006.....	9:54.97
10. Feeldy, Eischeid, Novotny, Peters, 1996	9:55.71

6,400 Meter Relay

1. Pershing, Fuller, Moeller, Docherty, 1978.....	16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006.....	16:55.43
3. Paul, Kadlec, Thode, Luciano, 2010	17:01.46
4. Witt, Lewis, Hart, Butler , 2014	17:01.65
5. N. Holmes, Witt , Thode, Lewis , 2012.....	17:02.26
6. Thomas, Allen, Rakaric, Lloyd, 2003	17:06.27
7. Pittman, Novotny, Feeldy, Marquardt, 1995	17:12.49
8. Bakker, Feeldy, Peters, Pittman, 1996	17:13.10
9. Allen, Trainor, McDermott, Esche, 2002.....	17:14.53
10. Kadlec, E. MacTaggart, Paul, Marchese, 2009	17:17.63

**400-Meter Relay**

1. Kwaza, Guster, Hernandez, Brown, 2014	44.51
2. Kwaza, Guster, Holder, Brown, 2014	44.62
3. Poole, Reid, Floyd, Hobbs, 1994	44.63
4. Charles, Williams, Providence, James, 2003	44.71
5. Floyd, Hobbs, Poole, Reid, 1994	44.80
6. Fouchè, Williams, Providence, James, 2003	45.02
7. Alexander, Granger, Johnson, Roach, 2006	45.11
8. Johnson, Roach, Clarke, Trusty, 2007	45.21
9. Johnson, Alexander, Granger, Roach, 2005	45.30
Brown, Holder, Guster, Kwaza, 2014	45.30

Shuttle Hurdle Relay

1. Prendergast, Cole, Raheem, Ruen, 1998	56.44
2. Cole, Prendergast, Raheen, Ruen, 1998	56.54
3. Raheen, Prendergast, Cole, Ruen, 1998	57.53

800-Meter Relay

1. Hobbs, Reid, Floyd, Poole, 1994	1:35.69
2. Roach, McCalla, Alexander, Johnson, 2006	1:36.19
3. Williams, Charles, Fouchè, Providence, 2003	1:37.49
4. Herrmann, McCalla, Raymond, Roach, 2004	1:37.66
5. Charles, Dixon, Knight, Prendergast, 2002	1:38.15
6. Prendergast, Dixon, Knight, Providence, 2001	1:38.73
7. Trusty, Hendricks, Graham, Erickson, 2009	1:38.79
8. Dixon, Knight, Prendergast, Providence, 2001	1:38.93
9. Dixon, Providence, Knight, Charles, 2001	1:39.68
10. Underwood, Bynoe, Raheem, Wynter, 1997	1:39.72

1,600-Meter Relay

1. Guster, Hernandez, Holder, Kwaza, 2014	3:34.83
2. Praska, Hendricks, Liverpool, Erickson, 2011	3:35.93
3. Guster, Watts, Hernandez, Kwaza, 2014	3:36.09
4. Hume, Charles, Steffen, Williams, 2003	3:36.26
5. Kwaza, Guster, Hernandez, Holder, 2014	3:36.40
6. Simonson, Liverpool, Erickson, Sack, 2012	3:37.57
7. Guster, Watts, Holder, Kwaza, 2014	3:37.73
8. Guster, Holder, Hernandez, Kwaza, 2014	3:37.95
9. McCalla, Granger, Alexander, Johnson, 2006	3:38.36
10. Simonson, Liverpool, Quinn, Erickson, 2012	3:38.49

Sprint Medley Relay

1. Jones, Hendricks, Liverpool, Praska, 2011	3:48.63
2. Brown, Kwaza, Guster, Watts, 2014	3:51.18
3. Kwaza, R. Moore, Holder, Alexia, 2013	3:54.51
4. Trusty, R. Moore, Hendricks, Praska, 2010	3:56.53
5. Reid, Philip, Hobbs, Benning, 1995	3:56.54
6. Roach, Alexander, McCalla, Stanley, 2005	3:56.99
7. Kwaza, R. Moore, Alexia, Nelson, 2013	3:58.72
8. Clarke, Graham, Jones, Poncé, 2007	3:59.34
9. Underwood, Clarke, Philip, Benning, 1995	3:59.75
10. Jones, R. Moore, Erickson, Alexia, 2012	4:00.19

3,200-Meter Relay

1. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987	8:46.45
2. Lahann, Stanley, Hume, Barber, 2004	8:48.87
3. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989	8:49.38
4. Trost, Maser, Alexia, Nelson, 2014	8:49.95
5. Flood, Dlh, L. Hardesty, Docherty, 2009	8:53.91
6. Armstrong, Stanley, Laney, Hume, 2005	8:54.27
7. O'Brien, Camarigg, Williams, Stormo, 1981	8:54.36
8. Flood, Melander, Praska, Hardesty, 2010	8:54.45
9. Drapcho, Schlader, Williams, Stormo, 1980	8:56.14
10. Drapcho, Mitchell, Schlader, Stormo, 1979	8:57.24

Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989	11:22.18
2. Armstrong, Alexander, Poncé, Stanley, 2007	11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005	11:34.04
4. Barber, Williams, Hume, Arens, 2004	11:34.56
5. Thompson, Williams, Hume, Arens, 2003	11:39.02
6. 2000	11:39.83
7. Schrulle, Erickson, Placzek, Eilers, 2012	11:40.57
8. Davenport, xx, xx, xx, 1981	11:41.44
9. Pare, Grant, Benning, Gilchrist, 1997	11:41.92
10. Dlh, Erickson, Docherty, Anderson, 2010	11:43.06

6,400-Meter Relay

1. Flood, Melander, A. Hardesty, L. Hardesty, 2010	19:05.63
2. Nukuri, Marchand, Henize, Armstrong, 2008	19:15.42
3. Flood, Laesch, Ranegar, Melander, 2012	19:16.73
4. Flood, Eilers, Melander, L. Hardesty, 2011	19:17.52
5. Flood, Melander, A. Hardesty, Eilers, 2009	19:36.43
6. Scott, Gordon, Schrulle, Gambrell, 2013	19:41.15
7. Maser, Price, Wilberding, Montuclard, 2014	20:23.27
8. Chapple, Laney, Donlon, Sokol, 2005	20:39.12
9. Arens, Barber, Butler, Roberts, 2001	20:40.89
10. Benning, Boland, Fleck, Coleman, 1995	20:43.07



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

Hawkeye Women's Elite Competitors



Kineke Alexander



Meghan Armstrong



Jennifer Brower



Wynsome Cole



Tracy Dahl



Chris Davenport

The University of Iowa women's track and field program is rich in honor and tradition. Iowa athletes compete annually at national and international events, representing the UI with pride. Here are brief bios on some Hawkeyes who have left their marks in the Iowa record books.

Kineke Alexander, 2005-08

- 2008 & 2012 St. Vincent & The Grenadines Olympic Team Member
- 2006 NCAA Indoor 400-Meter Champion
- Eight-time all-American
- Five-time Big Ten Champion
- Two-time NCAA Regional 400-Meter Champ
- Drake Relays Champion, 400 Meters
- Five-time all-region
- Two-time NACAC Games bronze medalist
- Iowa's nominee for Big Ten Female Athlete of the Year twice (2006, 2007)
- 2007 Big Ten Indoor Athlete of the Year
- 2007 Big Ten Indoor Athlete of the Meet
- 2007 Midwest Regional Athlete of the Year
- Set six school records

Meghan Armstrong, 2004-08

- Four-time all-American
- NCAA Academic all-American
- Four-time all-region
- Two-time Big Ten champion
- Two-time second team all-Big Ten
- Six-time academic all-Big Ten
- Set school records in 1,500 meters (track) and 6,000 meters (cross country)
- Big Ten Medal of Honor winner (2008)

Jennifer Brower, 1988-92

- Three-time all-American
- NCAA Academic all-American
- Big 10 & Drake Relays Champion
- Kansas Relays 5,000-m Champion
- Big Ten runner-up, Cross Country
- U.S. Olympic Trials participant
- Track Academic Athlete of the Decade
- NCAA Woman of the Year nominee

Wynsome Cole, 1994-98

- Three-time NCAA & NAIA qualifier
- Two-time Big Ten Champion
- All-American, 400-meter hurdles
- Drake Relays Champion

Tracy Dahl, 1989-94

- Two-time NCAA 5,000-m Champion
- Five-time all-American
- Four-time Big Ten Champion
- U.S. Olympic Trials participant
- Kansas Relays Champion
- Big Ten Cross Country and Two-time Iowa Female Athlete of the Year

Chris Davenport, 1980-83

- U.S. Olympic Trials participant
- All-American
- Runner-up at Kansas & Drake Relays

Nan Doak, 1980-85

- NCAA champion, 10,000 meters
- NCAA runner-up, cross country
- Nine-time all-American
- World recordholder, indoor 3-miles
- Three-time Big Ten Champion
- U.S. Olympic Trials participant
- World sixth place, Cross Country
- TAC 5,000 and 10,000-m champion
- Iowa Female Athlete of the Decade
- National Iowa Varsity Club Hall of Fame inductee

Kathy Gillespie, 1982-85

- NCAA runner-up, heptathlon
- Big Ten champion/former recordholder
- Member of U.S. Pentathlon team

Ellen Grant, 1994-97

- Two-time Big Ten Champion
- World Junior representative

Yolanda Hobbs, 1991-95

- Three-time all-American
- Big Ten 55-meter Champion
- Iowa Female Athlete of the Year
- Daily Iowan Female Athlete of the Year



Jeanne Kruckeberg



Racheal Marchand



Vivien McKenzie



Mary Mol



Diane Nukuri



Bethany Praska



Peaches Roach



Nan Doak



Kathy Gillespie



Ellen Grant



Yolanda Hobbs



Tiffany Johnson



Elaine Jones

Tiffany Johnson, 2004-07

- First Hawkeye to win consecutive Drake Relays titles (100-m hurdles in 2006, 2007)
- 2007 NCAA Regional Champion, 100 Hurdles
- Two-time all-region
- Ten-time regional qualifier

Elaine Jones, 1982-85

- Five-time Big Ten Champion
- TAC Champion 400-m relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection
- Mason-Dixon Games Champion

Jeanne Kruckeberg, 1987-90

- NCAA 800-meter runner-up
- Three-time all-American
- Big Ten Champion
- Drake Relays Female Athlete of the Meet
- Two-time Drake Relays Champion
- Three-time Kansas Relays Champion
- Iowa Female Athlete of the Year

Racheal Marchand, 2005-08

- Four-time all-American
- Three-time all-region
- 2009 Midwest Region Cross Country Female of the Year
- 2009 Iowa Female Athlete of the Year
- 2010 Puerto Rico 5K National Champion

Vivien McKenzie, 1983-86

- Four-time Big Ten Champion
- TAC Champion 400-m relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection

Mary Mol, 1982-85

- NCAA runner-up
- Big Ten runner-up
- Mason-Dixon Games Champion
- Runner-up at Drake & Kansas Relays

Diane Nukuri, 2006-08

- 2012 Burundi Olympic Team Member
- Three-time All-American
- Two-time NCAA Midwest Region Cross Country Champion (2006, 2007)
- Two-time NCAA Midwest Region Cross Country Female Athlete of the Year (2006, 2007)
- 2007 Drake Relays Champion, 5,000 Meters
- Two-time all-region
- Set eight school records
- 2008 Iowa Female Athlete of the Year
- 2008 Wilma Rudolph Award winner
- 2007 Honda Sports Award finalist

Bethany Praska, 2008-11

- Two-time all-American
- Three-time Big Ten Champion
- Holds five school records

Peaches Roach, 2004-07

- Four-time all-American
- Five-time Big Ten Champion, High Jump
- 2004 Big Ten Outdoor Freshman of the Year
- Four-time all-region
- Ten-time regional qualifier

Gail Smith, 1982-85

- Big Ten Champion
- Olympic Sports Festival selection

Jenny Spangler, 1982-86

- Three-time all-American
- U.S. Olympic Trials participant
- Iowa Female Athlete of the Year
- Set 19-and-under world marathon record (2:33)
- 1996 USA Olympic team, marathon

Tina Stec, 1990-94

- Two-time all-American
- Big Ten runner-up, 3,000 meters
- NCAA Academic all-American
- Iowa Academic Athlete of the Year
- Iowa Female Athlete of the Year
- NCAA Woman of the Year finalist

Kay Stormo, 1979-82

- 800-meter NCAA runner-up
- Three-time all-American
- Three-time Big Ten Champion
- Iowa Female Athlete of the Year
- National Iowa Varsity Club Hall of Fame inductee

Lisa Van Steenwyk, 1989-93

- All-American, Shot Put
- Two-time Big Ten Champion
- U.S. Olympic Trials participant

Shellene Williams, 2004

- Jamaican National Team member
- Four-time Big Ten Champion
- All-American, 400 Meters



Gail Smith



Jenny Spangler



Tina Stec



Kay Stormo



Lisa Van Steenwyk



Shellene Williams



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

Hawkeye Women's Elite Competitors

Bally Invitational

Vivien McKenzie	1985, 1986
Rachelle Roberts.....	1994
Davera Taylor	1985, 1986

Bonne Bell 10K

Nan Doak	1984
----------------	------

Central American Games

Tammilee Kerr	2010
Rachael Marchand.....	2010
Peaches Roach.....	2010

Grandma's Marathon

Jenny Spangler.....	1983
Bev Docherty	1994

Houston-Tennessee Marathon

Jenny Spangler.....	1984
---------------------	------

Jamaican Olympic Trials

Wynsome Cole	1998
Shellene Williams	2004
Tammilee Kerr	2008
Peaches Roach.....	2008



Former Hawkeye Jolly Burke on the awards stand at the 2006 U.S. Junior Cross Country Championships.

Jamaican National Championships

Karen Layne	1990
Davera Taylor	1988
Shellene Williams	2003, 2005

Mason-Dixon Games

Elaine Jones	1983
Mary Mol.....	1984

Mobile I Invitational

Briana Benning	1994
Marlene Poole	1994
Christine Salsberry.....	1994
Tina Stec	1994

NACAC Jr. C. C. Championships

Jolly Burke	2006
-------------------	------

NACAC Games

Kineke Alexander	2006, 2007, 2008
Meghan Armstrong	2008
Tammilee Kerr	2008
Peaches Roach.....	2007

Olympic Games

Kineke Alexander	2008, 2012
Diane Nukuri.....	2012
Jenny Spangler.....	1996

Olympic Sports Festival

Kathy Gillespie	1983
Elaine Jones	1983
Vivien McKenzie	1985, 1986
Gail Smith	1985
Kay Stormo	1982

Sunkist Invitational

Penny O'Brien.....	1985
--------------------	------

Pan-American Games

Shellene Williams	2003
Kineke Alexander	2007
Peaches Roach.....	2007
Kimberly Stanford (Juniors)	2007
Karessa Farley (Juniors)	2007
Kayla Beattie (Juniors)	2011

Panasonic-Millrose Games

Tami Hoskins.....	1990, 1991
Elaine Jones	1984
Laura Kriener	1990, 1991
Jeanne Kruckeberg	1990
Vivien McKenzie	1985
Mary Mol.....	1985
Rachelle Roberts.....	1990
Kim Schneckloth	1990

Puerto Rican National Championships

Rachael Marchand.....	2010
-----------------------	------

TAC Cross Country Nationals

Nan Doak	1982, 1983, 1984
Jenny Spangler.....	1983

TAC Track & Field Nationals

Gail Smith	1980
Kay Stormo	1982

USA v. Canada/TAC Pentathlon

Kathy Gillespie	1983
-----------------------	------

U.S. Junior C.C. Championships

Jolly Burke	2006
-------------------	------

U.S. Master's Marathon Champ's

Bev Docherty	1988, 2000, 2002
--------------------	------------------

U.S. Road Mile Championships

Meghan Armstrong	2009
Racheal Marchand.....	2009

U.S. Seven Mile Road Championships

Meghan Armstrong	2009
Racheal Marchand.....	2009

U.S. Olympic Trials

Jennifer Brower	1992
Chris Davenport.....	1980
Tracy Dahl	1992
Nan Doak	1984, 1988
Bev Docherty	1984, 1988, 1992, 1996, 2000, 2004
Amy Dunlop	1980
Elaine Jones	1984
Vivien McKenzie	1984
Jenny Spangler.....	1984, 1988, 1996
Diane Steinhart.....	1980
Davera Taylor	1984
Lisa Van Steenwyk	1992

U.S. National Track Championships

Meghan Armstrong	2009
Tracy Dahl	1993
Racheal Marchand.....	2009
Marlene Poole	1993, 1994
Bethany Praska	2011
Tina Stec	1994
Lisa Van Steenwyk	1993

World Cross Country Championships

Nan Doak	1984, 1985, 1986, 1987
Jolly Burke (Juniors)	2006

World Outdoor Track Championships

Aisha James	2003
Shellene Williams	2003
Kineke Alexander	2009



National Iowa Varsity Club Hall of Fame

Inductees are selected by a vote of all dues-paying members of the National Iowa Varsity Club. All former Hawkeye athletes who have won at least one major letter and completed their eligibility at least 10 years prior to selection are eligible for the Hall of Fame. A coach or administrator must have retired or left the university at least five years prior to selection. A maximum of seven inductees may be selected to the Hall of Fame each year. Pictured are the 28 inductees from the University of Iowa track and field program. Listed below each name is the individual's years of participation at Iowa and the year they were inducted into the Hall of Fame.



George Baird

Athlete 1926-29
Inducted 1994



George Bresnahan

Coach 1921-48
Inducted 1991



Lester Belding

Athlete 1921-24
Inducted 1991



Charles Brookins

Athlete 1921-24
Inducted 1990



Jennifer Brower

Athlete 1988-92
Inducted 2013



Dick Crayne

Athlete 1934
Inducted 1992



Francis X. Cretzmeyer

Coach 1948-78
Inducted 1993



Frank Cuhel

Athlete 1925-28
Inducted 1993



Tracy Dahl

Athlete 1989-93
Inducted 2010



Aubrey Devine

Athlete 1920-22
Inducted 1989



Nan Doak

Athlete 1981-85
Inducted 1999



Tim Dwight

Athlete 1996-99
Inducted 2011



Rich Ferguson

Athlete 1952-55
Inducted 2004



Bill Frazier

Athlete 1962-65
Inducted 2012



Ed Gordon

Athlete 1929-31
Inducted 1989



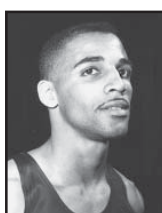
Homer E. Harris

Athlete 1936-37
Inducted 2002



Jerry Hassard

Coach 1976-96
Inducted 2014



Deacon Jones

Athlete 1955-58
Inducted 1989



Jeanne Kruckeberg

Athlete 1987-90
Inducted 2014



Anthuan Maybank

Athlete 1966-68
Inducted 2010



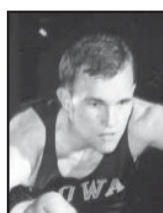
Michael Mondane

Athlete 1966-68
Inducted 2002



Emerson "Spike" Nelson

Athlete 1925-28
Inducted 1995



Jon Reimer

Athlete 1965-67
Inducted 2014



George Sailing

Athlete 1929-32
Inducted 1989



Fred "Duke" Slater

Athlete 1919-22
Inducted 1989



Kay Stormo

Athlete 1979-82
Inducted 2008



Ted Wheeler

Athlete 1952-53, 56
Inducted 2000



Larry Wiczorek

Athlete 1965-68
Inducted 1998



Herbert Wilkinson

Athlete 1945-46
Inducted 1999



Samuel "Clyde" Williams

Athlete 1900-02
Inducted 1993



Eric Wilson

Athlete 1921-24
SID 1924-68
Inducted 1989



Bashir Yamini

Athlete 1996-99
Inducted 2012



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

Men's All-Time Letterwinners

Adams, Don1973-76
Adamson, Robert.....1931-32
Albrecht, L.J.1989-91
Albright, Justin.....1930
Alderman, Merle1910
Alexander, Jack S.1938
Allen, Jeremy1998-01
Allen, Shaun.....1999, 2001-03
Allison, William.....1895-96
Amosu, Babatunde.....2013-14
Anderson, Carl J.....1959
Anderson, Kent J.....1975-76
Anderson, R.M.....1900-03
Appleman, Cameron.....1997
Armstrong, James.....1988-89, 1991
Ashton, George C.....1922-23
Atkins, Bobby.....2000
Austin, Justin2011-13
Bailey, F.S.1900
Bailey, Merrill M.1919-21
Bailin, Sam2010

Baird, George H.1927-29
Bakker, Michael ..1994, 1996, 1998
Balke, Norm1983-86
Balkrishnan, Rajeev1991, 1993
Banse, Andy.....2002-05
Banse, Matt2009-12
Barber, Nathan B.1896-99
Barclay, Tom.....1979
Barker, Dale1932-33
Barker, E.E.....1905
Barker, Ervin J.1902-05
Barnes, Howard M.....1921
Barnett, Robert.....1973
Barton, Chris.....2008-11
Bateman, Howard.....1903
Battista, Mark2010-11
Beach, Robert2003, 2005
Bean, Josh.....2008-10
Beatty, Ernest J.1926-27
Beck, Lester R.1922
Becker, Edward C.1934

Beckner, John O.1930
Bee, Stephen2009-11
Beebe, Robert E.....1936
Beecham, Gordon.....1983-85
Beecham, Todd1982
Beelman, Jeff.....1981-82
Belding, Lester.....1920-22
Berger, Charles1977
Berne, Clarence1924
Berns, Jake2005-06
Berrien, Clifford R.1918
Betz, Jon A.1982-83
Bevan, Sargent.....1896
Bever, William H.1971
Beyer, Robbie.....2004
Bhave, Ravi1998
Billig, Milton1937-39
Blackman, St. Cl.1986
Blasier, Herbert E.....1878, 1882
Boardman, Benjamin.....1900-01
Boston, Marcellu1950
Bott, Richard E.....1933
Bouska, Paul1990
Bowers, John1981
Bowles, Robert S.....1943
Boyd, William1959
Boyer, John1979-82
Boylan, Charles.....1952-53
Boyles, Xavier P.....1924, 1926-27
Brackett, M.1899, 1901-03
Brackett, O.T.....1901
Braff, Zack2009
Branch, Tony1997-00
Brandmill, Potte.....1921-23
Brandt, Barry1975
Brandt, Jon Michael.....2012-14
Brayton, Nick2009-12
Bream, Alan1968-69
Brewer, Steve.....1981-83
Brewton, Cecil H.1944
Briggs, Charles1903
Briggs, Clyde1935-36
Briggs, Wilbur1918
Brigham, Leon H.1918-20
Brodersen, Tim2003-06
Broek, Curt1976-79
Brookins, Charles.....1922-24
Brown, Brad.....1980
Brown, C.A.....1901
Brown, David1987-88, 1990-91
Brown, Earl1905
Brown, Jeff A.1980
Brown, Jeff.....1979
Brown, Keith L.1949-50, 1955
Brown, Keith Jr.2013-14
Brown, John Anthony1958-60
Brubucher, Theodore.....1965-67
Bryant, Huges J.1931
Burkheimer, I. A.1907

Burks, Derrick2003, 2005
Burnette, William1965-67
Burrier, Emmett1899-1901
Burrows, Tom G.1957-59
Burton, William1953-55
Bye, Bill E.1949
Byers, Matt2010-13
Byre, James O.1962
Cada, Jon1961
Cadwallader, Joseph1932
Cahalan, Jim1977-78
Cahn, Bernard.....1961
Call, Roy G.....1902
Camamo, Joseph A.1956-58
Cameron, Robert1985-86
Campbell, Cameron.1937-38, 1940
Campbell, D.1910
Campbell, Torrey2012-13
Camplin, Brendan2009
Canby, Henry F.1929-31
Carberry, William.....1906
Card, Liam.....2000
Carmen, Andrew2012-14
Carr, E. Michael.....1960-61
Carr, Leslie1913
Cassata, Chris1998-00
Chalmers, Andrew1905-06
Chambers, Rodney1988-91
Chaney Jr., Paul.....2007-09
Chantland, William1894
Chaplin, David.....2006
Chepkwony, Paul1983-84
Choate, Rufus1900-01
Christensen, CHA.....1970-72
Chung, Curtis1986, 1988-90
Clancy, Michael.....1983
Clancy, Roy.....1976, 1978
Clark, Drew2014
Clark, George H.....1890
Clark, John Jay1971-73
Clark, Robert J.E.....1952
Clarke, George W.1963
Clarrissimeaux, Evan.....1982-83
Clements, Keith1973-76
Cline, Hubert1943
Cobb, Dave1980
Cochran, J H Ray1930
Coffey, Vernon1948
Colby, Charles1919-20, 1922
Coleman, Juan ... 2001-02, 2004-05
Coleman, Merrill.....1997-00
Collinge, John1938-39
Collins, John.....1949
Conn, Max1920-22
Conway, Paul1930-31
Cook, Robert.....1989-90
Cook, Robert F.1933-34
Copeland, Jack.....1949
Corcoran, Thomas1933



Jeremy Allen was the first thrower in conference history to win Big Ten Freshman of the Year honors during the indoor and outdoor seasons. Allen was a four-time Big Ten champion and five-time All-American at Iowa from 1998-2001.



Corey, Trent	1999, 2001-02	Doris, Troy	2011-12	Finch, Gastonia	1956-57	Gambol, Chris	1984-87
Cornog, Robert	1931-33	Dotseth, Frank	1959	Finch, Gordon	1987-90	Ganschow, Jared	2014
Corrigan, Sean	1986-89	Doty, Lewis	1892	Findlay, Palmer	1890	Gardner, Clyde	1952, 1954
Costello, Jim	2000-02	Dougherty, Robert	1959	Findley, Thomos	1890	Garnder, Donald	1961-63
Cotton, Jordon	2010	Drewry, Jacob	1994	Finney, Otis	1946	Garland, Dick	1975
Coulter, Channing	1923-25	Driebelbis, Roy	1952	Fischer, Gary	1961-63	Garretson, Herman	1915
Cox, Leroy	1894	Duckett, Terence	1981-84	Fisher, Jerry	1993-94	Gentry, Nolden I	1959
Craig, Donald	1929	Dunsorth, Ira	1954-56	Flage, David	1934	Gerard, Matt	1993-94
Crain, Maurea	1990-91	Dupont, Glenn	1980	Flaherty, Andy	1988-90	Gershenson, Rich	1968-70
Crane, E.H.	1903-04	Dutton, William	1915-17	Neil Flattery	2013	Gibbs, Richard	1965-67
Crawford, Harold	1921, 1923-24	Dwight, Tim	1996-99	Fletcher, Robert	1959	Gilchrist, John	1929-30
Crayne, Richard	1934	Dye, Charles	1900	Flood Jr, Elmer	1945	Gill, Owen	1982-83
Cretzmeyer, Francis X.	1934-36	Dyke, Lester M.	1919-20	Folwell, John	1926	Gillette, Charles	1892
Criswell, John W.	1969-71	Dziubski, Dan	2003-05	Forwarld, Charles	1927-29	Gilliland, F.H.	1914
Crossan, John	1903, 1904, 1908	Eastland, David	1969-71	Foster, James F.	1972	Goldston, Stephen	1964-65
Crozier, M.V.	1922	Ebert, LeRoy	1952-54	Fourman, Sam	2013	Goodrich, Benjamin	1922, 1924
Crum, Jonathan	1894-95	Ecker, Tom	1956-57	Fowler, Richard	1952-54	Gordon, Edward L.	1929-31
Cuhel, Frank JOS	1926-28	Eckert, Jack	2012-14	Franke, Walter	1915	Gordon, Maurice	1934
Cumberland, John	1919	Edwards, Jim	1975, 1978	Frazier, Carl	1967-69	Gorman, Matty	2005-06, 2008
Cummins, Richard	1965-66	Egbert, Thomas	1962	Frazier, William	1962-65	Gorsline, Mike	1989-91
Cunningham, M.	1998-99, 2001-02	Eiel, Robert	1942	Freels Jr, Eugene	1946, 1950	Gotthardt, Keith	1945-46
Cunningham, Mike	1984-1986	Eisheid, Peter	1995-98	Freeman, Ralph	1954	Graves, John	1937-39
Curtis, A.J.	2006-09	Eisenlauer, Dick	1972-75	Friedlander, J.M.	1920-21	Green, Al	1985-86
Daine, Henry	1923-25	Elbert, Lee	2006-08	Friedrich, Kurt	1991	Greenlee, Donald	1960-61
Daley, Ryan	1998	Elliott, Edward	1939-40	Frohwein, George	1961	Greenwood, Glenn	1918-19
Darling, Charles	1950-51	Elliott, Randy	1979	Fudge, Arthur	1953-54	Greer, Victor	1981-84
Dauber, Ray G.	1924-26	Elliott, Wallace	1926-27	Fuller, Levi	1891	Grelck, Henry	1921
Daufeldt, Brad	2001-04	Ellis, Kevin	1980-82	Fuller Jr, Richard	1978	Griffith, Ronald	1966-68
Davey, Brennan	2012-14	Ellwein, Orin	1972-73	Furst, Don	1976	Grosser, Ernest	1938
Davis, Charles	1918, 1920	Elmitt, Connor	2009-10	Gableman, H.H.	1912	Grubb, Frank	1916
Davis, Chris	1995-98	Ely, Howard Lyle	1938	Gajewski, Joe	2005	Gunderson, Eric	1932
Davis, Daniel	2012	Ende, August	1896	Gale, Sean	1994	Gunn, Joseph	1928-29
Davis, Elmer, R.	1904-05	English, Louis	1986-89				
Davis, Severt	1950	English, Steve	1997-99				
Dean Jr, Kerry	2014	Engstrom, George	1909-10, 1912				
Dean, Walter S.	1932-34	Erdenberger, Rick	1948-50				
Deheer, Floyd	1936-37	Erickson, Merlin	1939-40				
DeLashmutt, Ed	1981	Esche, Matt	2002, 2004, 2006				
Delaunay, Klyvens	2013-14	Estes, Joe	1993-96				
Depping, Reuben	1929-30	Everingham, John	1925-27				
Dertinger, Stephen	1969	Everman, Wayne	1955				
Deuel, Dean	1950-51	Faas, Lewis	1973-74				
Devine, Aubrey A.	1920-22	Faber, Scott	1999-02				
Devine Jr, Aubrey A.	1944	Fagerline, Paul	1945-46				
Dey, Curtis	1892-95	Falk, Walter	1913				
Dibbern, Kevin	2010	Falls, Gary	1989-91				
Dick, Leo	1914	Farmer, Leicester	1942-43				
Dietz, Duwayne	1950-52	Farrell, Jerome	1923-24				
Digney, Zach	2002-05	Farroh, Mike Alb	1929				
Diment, Michael	1982	Fearing, Kenneth	1962				
Dobbs, John	1984-86	Feeldy, Chad	1995-96				
Dobson, Glenn	1923-24	Felix, Kurt	1999				
Docherty, Kevin	2014	Ferguson, Richard	1952-55				
Docherty, James	1977-78	Ferree, Fred	1965-67				
Dodge, Tim	1998-02	Ferree, Thomas	1978				
Dolan, Cannon	2007-09	Ferren, William	1891				
Donalan, J.J.	1905	Fiala, Harold L.E.	1943				
Donovan, Jim	1997-99	Fieseler, Michael	1975-76				
Dooley, Andrew	1935-37	Finazzo, Vincent	1939				



Iowa City native Tim Dwight was named Outstanding Male Athlete of the 1999 Big Ten Outdoor meet after leading the team to a runner-up finish. Earlier that year, he scored a touchdown in the Super Bowl for the Atlanta Falcons. He was an All-American and three-time Big Ten Champion in track from 1996-99, and a two-time first team All-American for the Hawkeye football team from 1994-97.



IOWA TRACK AND FIELD

2014-15 MEDIA GUIDE

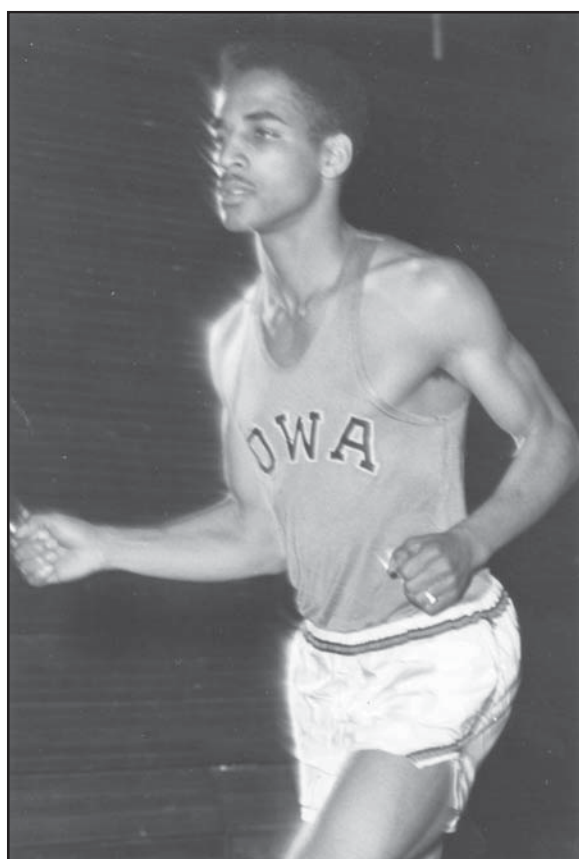
Men's All-Time Letterwinners

Hager, Matt.....1989-91
Hagerty, Lorin1928
Haines, Randall1966-68
Hairston, Adam.....2007-11
Hall, John W.1952
Hall, Thomas M.1947
Hamilton, Adam2003-07
Hammer, Leroy1908-10
Hammon, Victor1893
Hampson, J.A.1905
Hancock, John1923-25
Handorf, Everett1930-32
Hands, Sidney G.....1903-05
Handy, Elvin1924-25
Hanley, C.P.1899-1900
Hanlon, Thomas1908
Hansell, WW.....1912
Hansen, Robert H.1958, 1960
Hansen, William1975-78
Hanson, Daniel1960
Hanson, John1912
Harkness, Merrill1937-39
Harper, Craig T.1950-51
Harrington, James2014
Harris, Homer E.1936-37
Hart, James O.1930
Hart, Michael.....2014
Hartman, Frederick.....1957
Hartmann, H.W.1915-16
Hartupee, Harry.....1910
Hartzler, Jeffrey.....1974-76, 1978
Hass, Edward1935
Haugo, Thomas.....1969
Haut, Dan2004-06
Hawkins, Reggie1997
Hazard, A.M.....1906-08
Hazard, Charles.....1908
Hazard, P.L.1910
Heard, Bernard1989-91
Heck, Thomas G.....1972
Hempel, Stephen.....1970-71
Henard Jr, Robert.....1951-53
Hendricks, John1968
Henry, Armando1975
Henry, Russell1933-34
Herd, Kevin J.1990, 1993-94
Hermeier, Raymond.....1959
Herron, Jeffery.....2010-12
Hertzberg, Thomas1960, 1962
Hesseltine, Glen.....1952, 1954
Hexum, Richard1970-71, 1973
Hickey, John2006-09
Hill, Jack.....1958-60
Hill, Joel1919, 1921
Hill, John V.1958-60
Hindt, William.....1915
Hines, Hugh1957-58
Hlavin, James.....1978
Hlavin, Peter1977-80

Hobbs, Samuel.....1897-98
Hoerner, Lester1943, 1947
Hoffman, Edgar.....1920-22
Hoffman, Gary D.....1974
Holbrook, Frank.....1896-97
Holliday, Herman1918
Hollingsworth, Gary.....1962-64
Holloway, Warren2003-04
Holmes, Barry1987-88
Holmes, Ethan2010-13
Holmes, Nick.....2010, 2012-13
Holtkamp, Mark.....1995-96
Hoskinson, Calvin1932-33
Hotz, William1908

Howell, Lloyd1899-1900
Hoyt, Lyman.....1923-24
Hubbard, Clarence.....1930
Hudek, Scott1993, 1996
Hull, Elmer C.1900-01
Hull, Gabe.....2012-14
Hunn, Leonard.....1926-28
Hunter, John1944-46
Huntrods, Clint2005-06
Hutton, Clyde.....1932
Hyde, Thomas.....1959-61
Hyland, Mark.....1908-1910
Ingram, David1957
Isaacs, Omar2003-05

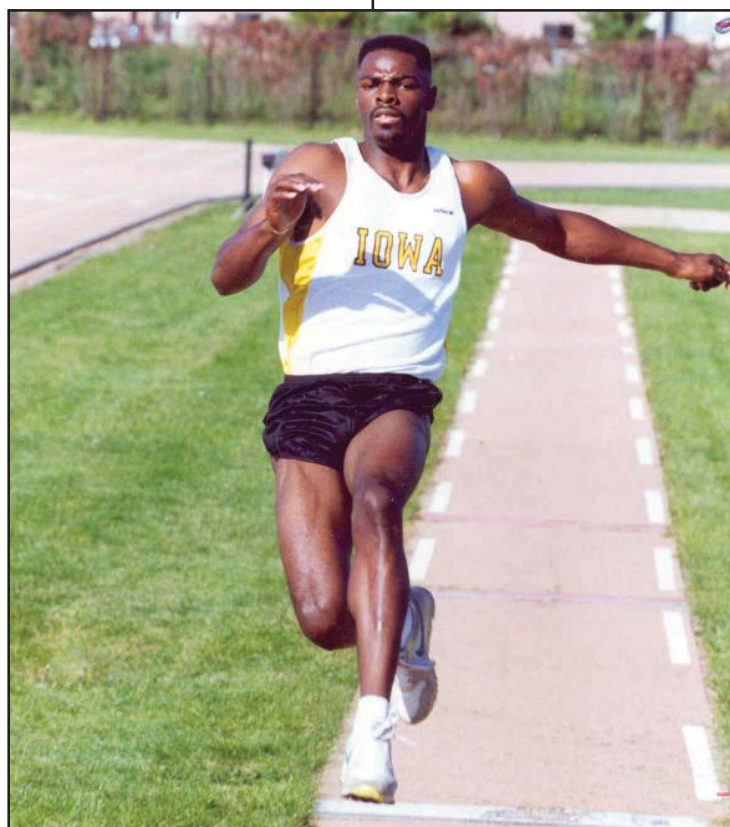
Jackson III, Harvey1982
Jackson, Miles.....1932
Jacobson, Gary1983-84
Jaeger, Charles.....1970-72
Jans, John1910, 1912
Jaqua, Franklin.....1920, 1922
Jeffers, Clyde.....1904
Jennett, Clair.....1948-50
Jennings, Craig.....2009
Jensen, Andy1977-80
Jensen, Chris.....2004
Jensen, James.....1973-76
Jerrel, Burton.....1928
Joens, Doug1989-91
Joens, Jason.....1990-91, 1993
Joens, Sam.....2014
Joens, Scott.....1985-87
Johnson, Craig1971, 1974
Johnson, Isaiah1945-46, 1948
Johnstone, Alexander1923
Jones, Charles.....1957-58
Jones, Charlie1978-81
Jones, Doug1985-88
Jones, Paul.....1987-90
Jones, Paul G.1923-25
Jones, Thomas1968
Jordan, Ryan2005-08
Joslyn, A.A.1911-12
Justin, Raymond1918-20
Kadlec, Chase.....2009-10, 2012
Katt, Kale.....2005-07
Keder, Lloyd1922-24
Keatinge, Murray1955-56
Keller II, Clyne.....1966-67
Keller, Keith.....1948
Kelley, John1966-67
Kelly, John.....1930
Kelly, Ryan.....2007-09
Kelso, Tom1979, 1981
Kemeny, Ken2001-02, 2004-05
Kent, Jeff.....2005-07
Kepler, Richard.....1895-96
Keppler, Karl1922
Kerr, Roger.....1961-63
Kettlewell, Irvin.....1903
Killinger, Louis.....1918
Kitch, Paul.....1955-56
Kitt, Roland1967-69
Klewin, Harold1932
Klindt, Fred1923-25
Knoedel, Andy1979-80
Knoedel, William1973-76
Knutson, Thomas.....1965-67
Kohl, Alvin.....1909
Kohl, Dennis R.1964-66
Kohl, Gerald.....1924
Kolb, John C.1963
Koon, Doug.....1990
Korb, Tom1981-83



Deacon Jones was a two-time NCAA champion, two-time All-American and seven-time Big Ten champion for the Hawkeyes (1954-58). He won Iowa's first and only individual cross country national title in 1955, becoming the first African-American and sophomore national cross country champion in history. The seven-time Big Ten champion also won the national two-mile track title in 1957. During the 1957 track season, Jones was unbeaten in the college mile and two mile. He set Big Ten indoor and outdoor records in the one and two mile races, and still holds the school record in the 3,000-meter steeplechase (8:47.40). He was a two-time Olympian, running the 3,000-meter steeplechase at the 1956 games in Melbourne, Australia, and the 1960 games in Rome. Jones was inducted in to the University of Iowa Varsity Club Hall of Fame as a member of the charter class in 1989.



Kostlan, F L1919-20	Mankivsky, Mark2008-10	Merrell, T. Eugene1969	Moore, Tom W.1932-34
Kostrubala, Gary1983-86	Mann, Ray1926-28	Messer, Kenneth.....1965	Morch, Herbert O.1953
Kostrubala, Mark1989-90	Mann, William1925	Meyer, Mark C.1968-69	Morford, J.1908
Kouba, Lumir J.1933	Marasco, Frank1918	Meyering, Albert1951	Morris, Andre1995-96
Krakow, Alfred C.1914	Marbach, Mike2011	Meyers, Avery.....2014	Morris, Andrew1997-00
Kramer, Larry1962-64	Marchese, Brian2009	Meyers, C.C.....1907	Morrissey, Steve1990-92
Kreamer, Robert1962-63	Marchi, Bruno G.1925	Meyers, Harry C.....1908	Morrow, Harry1922-24
Kriz, Leo1923-24	Marrota, Mike1997-98	Meyers, Joseph H.1898	Mortimore, M.E.....1914
Kruse, Arthur G.....1919-20	Marquis, Fred1926, 28	Milani, James G.1952	Mortimore, Roy H.....1916
Kuczwara, Nick.....2010-12	Marschall, John.....1923-25	Milder, Max2005-08	Morton, Raymond A.1900
Kuhl, Milton B.....1941-42	Marsh, Richard1973	Miller, D.G.....1903-04	Moschella, Mike1991
Kuhlman, Dan2009-11	Marske, Herbert1959	Miller, Henry G.1930	Mosley, Dennis E.1980
Kunkel, Adam.....2001	Martin, Thomas E.1914-1916	Miller, Pat1983-86	Moulton, Graham1934
Kunz, Craig.....1986	Maske, Norman1963	Miller, Robert E.....1907-08	Moulton, Jack A.....1928-30
Labond, Curtis1967-68	Massey, Wayne.....1930-32	Mincy, Tevin-Cee.....2011-14	Mullen, James C.1926
Lacy, Mike1981, 1983-85	Mather, Anders V.....1913	Mitchell, Robert.....1928	Mullen, Jordan.....2010-13
Ladick, Gary1975	Mathis, Louis1951	Mockmore, Charles1918-20	Munson, Harry C.1923
Lake, Royd1974-78	Mathews, John1955-57	Moeller, Joel D.....1976-78	Murchison, Ira J.1952
Lamar, David1982, 1984	Mathies, Elgar C.....1931	Moeller, Sean.....1998-99, 2001-02	Myers, F.M.....1910
Lamb, Laird.....1936-38	Matteson, Orval.....1936	Moenck, Heath.....2008	Myler, Melvin W.1904-05
Lambert, Joe.....1922, 1924	Matthews, Alvin.....1970-73	Mondane, Michael1966-68	Napier, Andy2007-09
Lamparek, Ryan2009-12	Mathis, Louis B.1951	Moore, Edward M.1951	Neal, Fred W.1891-1893
Lansing, Kenneth1987-89	Matteson, Orval.....1936	Moore, George J.1945	Nelson, Carl1935
Lapp, Vernon1926-28	Matthews, Alvin.....1970-73		
Larney, Josh2012-13	Matthey, Carl1919-20		
Larsen, David1969-70	Mau, Cecil T.1926-27		
Latham, Raymond W.1934-36	Mau, Charles1934-35		
Lawson, Robert.....1975-76	Mawe, William1960-62		
Layne, Michael1997-99	Maybank, Anthuan .1990-91, 1993		
Leahy, Philip W.....1954-56	McCalister, William.....1977-80		
Leazer, Richard.....1961-62	McCammon, John.....1929		
Leick, Tony2000, 2002-04	McClanahan, Richard.....1947		
Leonard, Larry1964-65	McCluskey, Henry L.....1893		
Leonard, Harold.....1986	McCollister, Edwin1938-39		
Lester, H.S.1893-95	McCorkle, Brad1990		
Leuz, William1939-40	McCoy, B.E.....1904		
Levinson, Stanley.....1952-54	McCoy, Ricky.....1982, 1984-85		
Lewis, Kevin2012-14	McCoy, Ronnie.....1982-85		
Leytze, Rudolph1934	McDermott, Eric2002		
Linden, Davis2005-06	McDonald, Elliot1949		
Lindenmeyer, Frederick1938	McDonald, John.....1958		
Lindenmeyer, John1936	McDowell, Bruce E.1918		
Linnan, Luke.....1916	McDowell, Mike.....1977-78		
Lloyd, Ben2003-04	McDowell, Pete1993-94		
Loechel, Thomas.....1972-73	McElhinney, William1936		
Long, Rob.....2004	McGhee, Patrick1986, 1988-89		
Louis, Jonathan.....1897-99	McGilmer, Ben1966		
Loureiro, Marco.....1994, 1996	McIntire, G.S.....1921		
Luciano, Jesse2007-10	McMahon, Thomas1905-06		
Lund, Tom1983	McSkimming, Brandon2008-09		
Luthans, Fred1960-61	Meade, Pat1987, 1989		
Lyle, James.....1936-38	Means, Mike1981		
Lyle, Ralph1958	Meder, Lloyd.....1922-24		
MacTaggart, Eric 2005-06, 2008-09	Meeks, Gary W.1957		
Mahoney, Edward.....1941	Meggars, Frank H.....1898		
Maiden Jr., Sidney.....1944	Menke, Roger1966-68		
Maier, Shane.....2004-08	Mercer, Nick1997		
Maine, Ernest1896	Merkel, John E.1950		
Mallett, Aaron2014	Merkel, Russell1948-50		



Anthuan Maybank is Iowa's most recent Olympic gold medalist, running on the winning 1,600-meter relay at the 1996 Games in Atlanta. He was a four-time All-American and seven-time Big Ten Champion for the Hawkeyes from 1990-93. Maybank was named Big Ten Athlete of the Year in 1993, and still holds school records in the long jump and outdoor 400 meters.



IOWA TRACK AND FIELD

2014-15 MEDIA GUIDE

Men's All-Time Letterwinners

Nelson, Donald F.....	1935	Paul, James.....	2008--11	Reynolds, Thomas.....	2010	Scott, Gary.....	1951-53
Nelson, Emerson.....	1926-28	Paul, Joe.....	1977, 80	Rice, Harry H.....	1925, 27	Scott, Kelly.....	1987-88
Nelson, Murray.....	1980	Pedelty, Jay.....	1969-70	Rich, Edward G.....	1921	Seiling, Fred O.....	1921
Nelson, Oscar E.....	1930-32	Pennino, Doug.....	1983-85	Richards, Gary L.....	1962-64	Sewell, Pat.....	1979
Nelson, Paul H.....	1935-36	Peoples, Daniel.....	2006-07, 2009	Richards, Patrick.....	2009-12	Seymour, Michael.....	1994
Nelson, Robert.....	1936-37	Perry, Lawrence.....	1955-57	Richardson, D'Juan.....	2009-12	Shakoor, Damini.....	1994-96
Nelson, Robert E.....	1948	Pershing, Steve.....	1976-78	Rickels, Keaton.....	2010-12	Shaver, Leroy G.....	1945
Nessa, Luke.....	2001, 2003	Peterman, Lester.....	1920-22	Rieger, Cameron.....	2012-13	Sheedy, CC.....	1919
Neuman, Scott.....	1990	Peters, Chris.....	1993-97	Riemcke, CA.....	1903, 1906-07	Sheehan, Daniel.....	1946
Neumann, Bill.....	2001-03, 2005	Peterson, Donald.....	1955-56	Riley, Prince.....	2006-07	Sheldon, Jay A.....	1973-76
Newell, Greg.....	1973	Peterson, Joseph.....	1949	Riley, Steve.....	1979	Sherman, Robert.....	1962
Newman, Matt.....	2010	Peterson, Russell.....	2000-02, 2004	Riley, William F.....	1905-07	Shope, Richard E.....	1920, 1922-23
Nichols, E.C.....	1886-88	Petsche, Jeremy.....	2006-08	Ringena, E.J.....	1906	Shrader, E.G.....	1913-15
Nie, Bruce.....	1990	Phelps, Garry L.....	1968-69	Ristine, Leonard.....	1920, 1922	Sidney, Earl W.....	1961, 1963
Nielsen, David W.....	1973-75	Phelps, Harold R.....	1923-25	Roberts, Dale A.....	1938-39	Simons, James D.....	1908
Niver, Ryan.....	2006-08	Phelps, Lowell D.....	1925-27	Roberts, Fred.....	1928-30	Simpson, Jack S.....	1947-50
Noff, Bruce O.....	1954	Phillips, Van L.....	1935-36	Roberts, Orthel.....	1924-26	Skinner, Eugene.....	1935-37
Noll, Gerhard B.....	1921-23	Pierre, David.....	2006-07	Robinson, Joseph.....	1973-76	Skowbo, Stuart W.....	1930-31
Nolting, Jason.....	2004-06	Pinsker, William A.....	1929	Robinson, Leonard.....	1894-95	Slack, Thomas.....	1976-79
Nordheim, Nick.....	1998-02	Piper, James P.....	1964	Roche, Adam.....	2004-06	Slater, Albert L.....	1945
Novotny, David.....	1993-96	Piper, Nick J.....	1954-56	Rock, J.J.....	1914	Slater, Frederick.....	1919-21
Nugent, Leo C.....	1917-18	Pirk, Jeff.....	1984-86	Rocker, Sidney.....	1963-64	Slaymaker, Kyle.....	2012-13
Nugnis, Walter G.....	1932	Pittman, Jared.....	1995-96, 1998	Roehl, Marc.....	1994	Slingsby, Tim.....	1989
Oakley, John B.....	1956	Pleskac, Tim.....	1998-00	Rolling, Dan.....	2007-10	Smith, Alex.....	1998-99
O'Brien, Willis J.....	1910	Ploen, Rex H.....	1946, 48	Rorick, E.E.....	1908	Smith Jr, Ambrose.....	1945-46
O'Conner, Pat.....	1980-82	Poots, Justin.....	1999, 2001-02	Rose, Winston.....	1993	Smith, Andrew.....	2011
O'Hollearn, Matt.....	2003-06	Porter, James.....	1994	Rosebaugh, Arthur.....	1919	Smith, Caesar.....	1983-85
Oehlert, Lewis.....	1923-24	Powers Jr, John L.....	1916	Roseman, Garry.....	1990-93	Smith, C.W.....	1905
Oest, Brandon.....	2010-13	Prall, Jonathan.....	1898	Rosen, Melvin.....	1950	Smith, Charles E.....	1921-23
Oestenstad, Kevin.....	1997-98	Presley, Bruce.....	1969-71	Ross, Charles W.....	1902-04	Smith, Darrin.....	1991, 1993
Ohly, Chad.....	1991, 1993-95	Prill, Frank.....	2007-10	Rothwell, Eric.....	2000-01, 2003-04	Smith Jr, Earl H.....	1954
Okerlin, John.....	1932	Pristine, Leonard.....	1920-22	Rowe, Dewitt.....	1915	Smith, Floyd.....	1910
Oliver, Ronald.....	1975-78	Price, Brad.....	1981	Rozell, Edward.....	1995-98	Smith, J. Ty.....	1920
Olson, Dustin.....	2000	Price, John.....	1965	Russell, Fred.....	2001	Smith, L.L.....	1919
Olson, Harry.....	1959	Prom, Nathan.....	2011-14	Rybarczyk, Matt.....	1990	Smith, Lamar F.....	1935
Olson, Marvin L.....	1973, 76	Prudhon, Wayne M.....	1918	Ryerson, Karl E.....	1940	Smith, Lowell E.....	1918-20
O'Neil, Kevin B.....	1975, 77	Pullman, Norman.....	1942	Safley, Thomas E.....	1968	Smith, Bob L.....	1984-85
Orris, William C.....	1958-60	Purnell, Mark.....	1975-77	Saling, George J.....	1929-30, 1932	Smith, Wardell.....	1956
Otte, F. Lowell.....	1924	Quarles, Brian.....	1980	Salter, Robert.....	1974-75, 1977	Smith, William L.....	1966
Oveson, Lynn.....	1970-72	Rae, Brian.....	2003-06	Sametz, Rob.....	1980	Snook, William H.....	1950
Owen III, Eugene.....	1960	Rakaric, Tony.....	2003-06	Sampson, Linwood.....	1967	Sorenson, Alfred.....	1925
Owen, James C.....	1935	Ralph, Dan.....	1998-01	Sangster, Tom.....	1948-50	Sorenson, Einer.....	1925-26
Oxley, John R.....	1948	Randolph, Alvin.....	1964-66	Sansen, Oliver M.....	1931-32	Sowinski, Erik.....	2009-12
Page, Bernard A.....	1933-35	Rauker, James L.....	1961	Santino, William.....	1976-78	Spejcher, Kevin.....	2013-14
Page, Floyd.....	1919	Raymond, Jeff.....	2006-08	Sarris, Paul.....	1997-98, 2001-01	Spencer, William.....	1942
Page, George.....	1995-97	Raymond, Monte.....	1996-98	Sayon, Zeke.....	2009-11	Splan, Zach.....	2007-10
Paige, Ralph.....	1918	Read, Harold.....	1923	Scarr, F.M.....	1903	Stamats, Ralph I.....	1928-29
Palmer, George B.....	1953	Reed, Aaron.....	2005-08	Schaapveld, Mark.....	2006-09	Stancombe, Ben.....	2010-13
Palumbo, Richard.....	1988-91	Reed, F.C.....	1910-11	Schimp, Zachary.....	2009-10	Stanfield, S.E.....	1905
Panther, Mark A.....	1934-36	Rehder, Dennis.....	1959-60	Schlaser, Verne.....	1935	Stank, Matt.....	2001
Pape, Oran.....	1929	Reichert, W.L.....	1912	Schlauder, Arthur.....	1940-42	Stanley, Arthur.....	1930
Park, William H.....	1891	Reid, Kyle.....	2010, 2012-14	Schlotzhauer, Blake.....	2006	Stanowski, Craig.....	1980
Parker, Guerdon D.....	1920-21	Reid, Morrison.....	1972-74	Schmidt, Christi.....	1934	Steele, Paul.....	1986-89
Parker, Louis F.....	1916	Reif, William E.....	1961-62	Schmidt, John W.....	1937-38	Steele, Stetson.....	1996-97, 1999-00
Parker, Mark.....	1977	Reimer, Jonathan.....	1965-67	Schnoor, Carl F.....	1940	Steffen, Mark.....	1970-72
Parsons, Charles L.....	1913-15	Remley, Robert G.....	1907-08	Schoof, Steve.....	1996	Stein, Robert A.....	1979
Parsons, Harry C.....	1903-05	Renshaw, Fred E.....	1906-07	Schum, Robert L.....	1970-72	Steinbeck, Kenneth.....	1942-43
Patrick, Jeff.....	1983	Rerko, Rodney.....	1994-96	Schwengel, Franklin.....	1953	Steinberg, Albert.....	1911-12
Patterson, Audwin.....	1991, 93-94	Reyes, William.....	1965	Scwitters, Chad.....	1996-99	Steussy, William.....	1970, 1972-73



Stevens, Jerry L.....1968	Valdes, Graham2008-12	Wilkinson, John1967	Wolf, Irvin1941-42
Stevens, Lester1954-56	Valentine, Dennis.....1961	Willer, James F.1930-31	Wolfe, Daniel A.....1965-67
Stevens, Stephen1974	Vana, Rudolph1928	Willet, F.E.....1905	Wolff, Mitch2014
Stevenson, W.V.1928-29	Van Cleave, Kaleb2012-14	Willey, Steven2008-11	Wood, David1990
Stoner, Harold E.....1918-19	VanDenend, Micah2006-08	Williams, Chris.....1980-83	Wood, Richard R.....1958
Storm, Joel.....2002, 2004	Van Der Westhuizen, Arno 1999-01	Williams, Earl H.1926	Workhoven, Harry1929
Story, Raymond E.....1932	Van Dyke, Gardner.....1955-57	Williams, Fred A.1896, 1898-99	Workman, Robert1942
Strang, Ryan.....2003-05	Van Ness, J. Everett.....1924	Williams, Jerry1960-62	Wright, George E.1953
Streeter, Stanley1911-13	Van Oosterhout, Peter.....1892	Williams, John S.....1972-73	Wright, John1986
Stross, Trey2007-08	Varner, Ray2007-10	Williams, Joseph1894	Wyatt, Bernard T.....1961
Strozier, D'Juan1988-89	Ventura, Scott1986	Williams, Kenny1983-86	Wyland, Guido1917
Stubbard, Ira D.....1913	Ventura, Scott1987-88	Williams, Samuel1900-02	Yamini, Bashir1996-99
Stutsman, Issac.....1908-09	Vollenweider, Henry1940-42	Williamson, Scott.....2000-02	Yavorsky, G.W.....1902-03
Sumner, M.L.1913	Voller, Chris.....2002-05	Wilmoth, Charles.....1928	Young, D.R.1918
Sundberg, Richard1969	Vonahsen, Virgil.....1951	Wilson, Arlo.....1910-11	Young, H.E.1903-05
Swedberg, Rodger1954	Waddelow, Dan1978	Wilson, Brice.....2008-09	Young, James V.1956-58
Swenson, William1923-24, 1926	Wahl, Ernest F.....1918-19	Wilson, Dennis B.....1973	Young, Nick2010
Swift, CH1902-04	Wallace, Thomas1971	Wilson, Eric C.....1921-23	Young, Richard D.....1918
Swisher, Michael.....1973	Wallen, Allen1916, 1919-20	Wilson Jr, Eric C.1946, 1948	Youngerman, Wesley1930-32
Sykes, Leonard L.1951-52	Waller, Todd1941	Wilson, James L.1939-40	Zell, Edward H.....1922-23
Szabo, Steve.....1966-67	Wakenight, Jason.....2004, 2006	Wilson, James P.1955	Zittnan, David D.1975, 78
Tabb, Charles L.....1933	Waples, Eliot O.1936-37	Wilson, L.A.....1899-1901	Zona, Alex2007-10
Tate, Tommy2007, 2009	Waples, Robert S.1938	Wilson, Lawrence1968-70	
Taylor, Charles1917	Warner, Joseph S.1898-1900	Wilson, O'Shea2014	
Teberg, Dale.....1967-68	Warren, John R.1958-60	Windauer, Bobby.....2007, 2009	
Tefer, John.....1970-72	Warrington, John1931	Wise, Kevin2001	
Teubel, Will.....2013-14	Washington, Richard1946, 1948	Wisgerhof, Max V.....1934-35	
Teufel, John C.....1937-39	Waters, Danny1983, 1985-86	Witt, Ben.....2012-14	
Teufel, William.....1937-39	Waymire, Pat1991		
Theisen, Bill1984-86	Webb, Cloyd W.1961-63		
Thode, Jeff2010-12	Webster, Alex.....2006		
Thomas, Adam.....1999-01, 2003	Weik, John1948, 1950-51		
Thomas, Arthur W.1929	Weiland, F.H.....1900, 1902		
Thomas, Brian.....1991	Weinrich, AF1903		
Thomas, David.....1925-27	Weir, Ryan.....2012-13		
Thomas, John W.1961-62	Weldon, LD1930-31		
Thomas, Pat1973	Wellington, Rodney1973-75		
Thompson, Brendan2014	Welter, Joe.....2000-03		
Thompson, Dale C.1965-66	Wertman, Phil.....1969-71		
Thorpe, Walter R.1945	Wheeler, Ted.....1952-53, 1956		
Thurston, Larue1930-32	Weldon, L.D.1930-31		
Tiernan, Stephen1965	Wellington, Rodney1973-75		
Todd, Walter C.1941	Wertman, Philip.....1969-71		
Trainor, Dan2002, 2004	Wheeler, Kyle.....2012		
Traphagen, Stephen.....2004	Wheeler, Ted S.....1952-53, 56		
Trimble, Ralph1961-63	White, David.....1990-91		
Triplett, Orle F.1916	White, George H.1956, 1958		
Trott, Emil G.....1932	White, Roy A.....1908		
Troughton, Edward1965	Whitworth, Rex H.1944		
Trowers, Dion1995-98	Wiczorek, Howard.....1931		
Tucker, James.....1960-62	Wieczorek, Larry.....1966-68		
Tullett, Jonathan1994-95	Wiese, Andy1984-87		
Tupper, Richard.....1949	Wiggins, Edward.....1938-39		
Turner, Byron M.....1929	Wigginton, Todd1984-86		
Turner, Damion.....1998	Wilcox, Francis.....1928, 1930		
Tweedy, Josh.....2003-05	Wilcox, Kenneth1934		
Tyler, Samuel1913-14	Caleb Wilfong2013		
Ure, Samuel R.....1892-93	Wilkerson, Edward.....1942		
Utsinger, Donald A.....1967-69	Wilkinson, Herbert1945-46		



Erik Sowinski is the most decorated 800 meter runner in school history. He is a seven time All-American, and the 2012 Big Ten Indoor 800 meters champion. He currently holds school records in the indoor and outdoor 800 meters, and ran on the school-recond-setting 3,200 meter and sprint medley relays.



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

Women's All-Time Letterwinners

Abel, Maureen.....1978-80
 Abel, Sara 1981
 Adam, Carol 1984
 Adams, Janet1981-84
 Adams, Kristen.....1986-88
 Adams-Brown, Lacey 2001
 Albert, Janet1984-87
 Alexander, Kineke2005-08
 Alexia, Adrianne2011-14
 Almquist, Heidi NA
 Althoff, Martha NA
 Ambrose, Suzanne1982-83
 Amenda, Barbara.....1979
 Anderson, Blair 2002
 Anderson, Debra..... NA
 Anderson, Krista2006-08
 Anderson, Lindsey 2009
 Andrews, Amy 1983
 Andrews, Karen1978-80
 Anton, Christen..... NA
 Arens, Sarah 2000-04
 Armstrong, Meghan2005-08
 Bacchus, Caleigh.....2007-10
 Bain, Robin 1985
 Barber, Altie2001-04
 Bare, Wendy 1987
 Barnes, Holly 1992-93
 Beck, Mandy1999-2002
 Bennett, Stephanie..... 1983, 1985
 Benning, Briana1994-97
 Benson, Nicole..... 2013
 Bentler, Catherine.....1990-92
 Bergman, Julie 1985
 Berndt, Danielle.....2009-12
 Betz, Anne NA
 Betz, Michelle..... 1983
 Billman, Angela.....1992-93
 Blackstone, Kerri.....1996-99
 Blossfeld, Suzanne1978-79
 Blum, Virginia NA
 Boatright, Lakeya1998-99
 Boddicker, Bev1978-80
 Boland, Erin 1992-95
 Borg, Becki.....1987-89
 Bouska, Any1989-92
 Bradley, Cheryl..... 1982
 Brandt, Jan..... NA
 Bray, Emily NA
 Brennen, Catherine 1981
 Brooks, Marta1979-80
 Broomfield, Erica 1998
 Brower, Jennifer.....1989-92
 Brown, Brittany..... 2014
 Brown, Leslie 1989
 Brown, Nicole1995-97
 Burgett, Sarah.....2004-07
 Burke, Jolly2007-09
 Burnham, Vicki 1978
 Burris, Anne..... 1979

Butler, Katie1999-2001
 Buysse, Kathy..... 1986
 Bynoe, Stacey-Leigh.....1996-99
 Calhoun, Brenda..... 1984
 Camarigg, Denise.....1981
 Campbell, Laura..... NA
 Capista, Jenni..... 2002, 2005
 Carr, Lori 1986
 Casey, Joyce NA
 Cervin, Judith..... 1980
 Chadwick, Angela1989-92
 Chandler, Mandy2006-07, 2009
 Chapman, Carrie.....1977-78
 Chapple, Nikki.....2004-06
 Charles, Nicole.....2001-03
 Chatterson, Joyce 1979
 Cevalleau, Karen1989
 Childs, Kacey.....1998-2001
 Chow, Sophia2001-03
 Choynecki, Gretchen 1983
 Christensen, Mari 1983
 Clapperton, Gaye.....1978-79
 Clarke, Megan.....2007
 Clarke, Coretta 1995, 1999
 Claussen, Traci1986-89
 Cole, Wynsome.....1994-98
 Colegrove, Erica..... NA
 Coleman, Becky1994-97
 Combs, Anne 1982
 Connelly, Michelle 1978
 Cook, Margaret..... NA
 Cooper, Susan1977-78
 Corcoran, Kelly..... NA
 Costello, Beth 1980
 Crossett, Lisa.....1983-87
 Cullinan, Eve2001-03
 Curry, Rachel2010-14
 Dahl, Tracy1990-94
 Damron, Leatha..... 1985
 Daniel, Megan1993-94
 Dankof, Sarah..... 2002
 Darland, Sheila1994-95
 Davenport, Chris.....1981-83
 Davis, Diane 1983
 Davis, Eileen 1978-79
 Davis, Lynne.....1983-86
 Davis, Stephanie 1988
 Davis, Vickie..... 1986
 Deldin, Patricia 1982
 Deluca, Sarah C. Abel.....1979-81
 Dickerson, Cristy.....1981-82
 Dinkla, Kristi.....1985-86
 Dixon, Pamela 1978
 Dixon, Tamara.....2001-02
 Dlhy, Brittany2009-12
 Doak, Nan1981-85
 Dobrowolski, Anne1982-86
 Docherty, Beverly1977-80
 Docherty, Jennie..... 2006, 2009

Donlon, Katie2002-05
 Doyle, Renee1986-89
 Drapcho, Rosemary1978-81
 Dresselhaus, Ann.....1978-80
 Drewry, Allison1995-96
 Drulis, Julie1997-98
 Duhaney, Dahlia 1989
 Dunlevy, Jane..... 1977
 Dunlop, Amy.....1977-79
 Egan, Bridgette1991-93
 Eilers, Brooke.....2009, 2011-13
 Elbert, Jenni.....2005-06
 Emmons, Diane1979-80
 Ellis, Cassidy..... 2014
 Ellis, Katie2008-09
 Erickson, Nicole2009-12
 Esche, Molly2005-08
 Fabian, Cynthia.....1981-82
 Fallon, Fionna2009-10
 Farley, Karessa2008-10
 Feltes, Teresa1977-78
 Fisher, Niki 1996
 Fishwald, Karen 1981
 Fleck, Shawn.....1995-96
 Flood, Betsy.....2009-12
 Floyd, Ida "Tina"1991-95
 Flynn, Anne.....1982-85
 Flynn, Erin.....1978-82
 Fouché, Jessica 2003
 Franklin, Becca.....2005-07
 Fraser, Melissa1995-97
 Freed, Jill1988-89
 Freund, Kay.....1978-81
 Friedlander, Laura.....1985-86
 Fritz, Courtney.....2011-14
 Galbraith, Sheila1992-93
 Gallery, Julie 1998, 2000-02

Gantz, Ellen.....1997-99
 Garmanian, Debbie 1977
 Gattone, Allison2013-14
 Gaupp, Colleen1978-81
 Giampapa, Michelle 1986
 Gilbaugh, Laura 1983
 Gilchrist, Alienor..... 1997
 Gillespie, Kathy1982-85
 Gilson, Jennifer 2002
 Gnage, Lynn 1983
 Goettsch, Shelley..... 1988
 Gooch, Susan 1977
 Goodell, , Dakota Reicks ..2013-14
 Gorman, Keelin.....2011-12
 Graber, Kim.....1976-78
 Graham, Kara-Aretha.....2007-10
 Granger, Ashley2005-06
 Grant, Ellen1994-97
 Griffin, Maggie.....1997-00
 Griffin, Sara.....1986-89
 Gripp, Sue..... 1978
 Gritters, Stephanie1982-84
 Gulvas, Ashlyn2011-13
 Guster, Elexis 2014
 Haefke, Kristen1997-98
 Haggerty, Laura.....1985-86
 Haight, Micaela..... 2011
 Hall, Maggie.....1998-99
 Hamilton, Jana.....1979-80
 Hardesty, Amanda2008-11
 Hardesty, Lauren.....2008-11
 Harris, Susan..... NA
 Hart, Kelsey 2011,2013
 Hassin, Kathryn..... 1977
 Hawes, Michelle1984-86
 Hawks, Rachel 2009
 Hawkins, Senta 1985-88



Peaches Roach was a four-time All-American and five-time Big Ten Champion in the high jump (2004-07). She is the only Hawkeye to win five Big Ten titles in one event.



Hayden, Jenny1982-83
Healy, Patty1982
Heath, Maureen1977-80
Hedlund, Laurie1977-78
Hendricks, Tiffany2008-11
Henize, Sarah2008
Hensel, Angie2004-05
Hentges, Leah1999-2000
Heppner, Molly1983
Hernandez, Alexis2014
Herra, Lindsay2014
Herrmann, Katie2003-04
Hershberger, Jodi....1981-83, 1985
Hill, ShelleyNA
Hinz, Kara2000-01
Hoback, Katie2002
Hobbs, Yolanda1991-95
Hoehle, Zanetta1978-81
Hoeman, Cari1998-99
Holder, MonTayla2013-14
Holly, Karen1981-83
Holmes, Christa1990-92
Holst, Brittany2013

Holst, Mindy1991-92
Hornof, Debbie1981-82
Hoskins, Tami1988-92
Hosmer, Rachel1990-92
Houmiel, Tami1988-91
Houtz, Janna1983-84
Hovorka, JuliaNA
Huber, Keely2002-03
Hull, Sherri1983, 1985-87
Hume, Aisha2001-05
Hunt, Alexa2014
Hyde, LeslieNA
Hynes, Mary1977
Jackson, Jennifer1983
Jackson, Kathy1982-83
Jackson, Staci1989
Jacobsen, Julie1977
James, Aisha2003
Jaspers, Janelle1986-89
Joens, AngelaNA
Joens, Sara1986-89
Johns, JenniferNA
Johnson, Jeanne1979

Johnson, Jennifer1991-94
Johnson, Nichole1991-93
Johnson, Tiffany2004-07
Jones, Aditya2005-07
Jones, Elaine1982-85
Jones, Erin2011-12
Jones, Patricia1989-91
Jones, Peggy1978
Jordan, Mariah2010
Kasparbauer, Amy2001
Kaufman, Dominique1995
Kaza, Rebecca1995-99
Kerr, Tammilee2005-08
Kiciak, Jennifer1996-97
Kilmer, MargaretNA
Kintzel, Denise1977-78
Kiraly, Tricia1986-89
Kirgis, Lori1980
Kleinfelter, Natalie1993-94
Knight, Kristin2001-03
Knoblauch, Mary1981
Knox, Nancy1977
Koch, Suzanne1982-83
Kotarba, Christine2004-05
Krekeler, Rebecca Ann1978-79
Kreiner, Laura1989-92
Kruckenberg, Jeanne1987-90
Kruck, Kim1993-95
Kruse, Renee1986-89
Kubitz, Christine1996-97, 1999
Kull, Carolyn1978-79
Kull, Marcia1977-78
Kwaza, Lake2013-14
Labs, Kelsey2011
Laesch, Jackie2010, 2012
Lahann, Michelle2000-04
Lambrecht, Carol1977-78
Laney, Jordan2004-05, 2007
Larson, Erica1978
Layne, Karen1989-92
Leacock, Carissa2011-14
Lessard, Megan2010
Levang, Margo1998
Leydens, Connie1980
Linner, Michelle1979-80
Lisy, Jennifer1992-93
Liverpool, Ashley2011-12
Lund, Yvonne Irene1979-80
Lundquist, Lisa1978
Lynberg, Michele1977-78
Maks, Stephanie1982-84
Marchand, Racheal2005-09
Marconi, Janelle1987-89
Marks, Tricia1986-89
Marshall, Kamesha2003-05
Marshall, Sue1978
Martin, Courtney2014
Mashek, Lori1980-81
Maser, Shannon2014

Mason, Jacolyn1984
Matsunaga, Stephanie1996
Mattingly, Marianne1978-80
Maurer, Megan1995-98
McCalla, Lindsey2004-06
McClure, Michaela1998
McDougall, Elizabeth1989
McDowell, Tina1991-94
McGarrahan, Kimberly1987-88
McGuire, Margaret1989
McGuire, Michelle1983
McKenzie, Vivien1983-86
McManus, Maureen1980
McMillan, Lynn1986-88
McRell, Amy1989-93
Medenwaldt, Tiffany2010
Melandar, McKenzie2009-12
Menson, Angela1982
Merry, Ashley2005
Mettelmann, Perriann1979
Mikkelsen, Peggy1980
Millange, Michele1976-77
Miller, Missy2010
Miller, Zinnia2011-14
Millward, Georgia2001-05
Mims, Kelsey2009-11
Mims, Monica2005-08
Mims, Susan1977-80
Mitchell, Elizabeth1978-79
Moats, Lisa1986-87
Mol, Mary1982-85
Molony, TerryNA
Moon, Jennifer2000
Moore, Jackie1984
Moore, Jennifer1987-89
Moore, Jennifer S.1991-93
Moore, Raven2010, 2012
Moreno, Susan1977-79
Mugge, Jill1978
Mumford, Suzanne1983-84
Murphy, Amy1999-00
Murray, Sara1993
Neighbors, Jill1983
Nelson, Kaitlyn2013-14
Nelson, Major Sue1977-78
Newbrough, Haley1997
Newhouse, Carolyn2014
Newman, Ronda1977
Nukuri, Diane2007-08
O'Brien, Penny1981, 1983-85
O'Hern, Erin2005-06, 2008
Oladele-Ajose, Tayo2013-14
O'Leary, Jeann1976-79
O'Neil, Erin1981-82
Orr, Davera1984-87
Oti, Helen1993
Owens, Maria1999
Pare, Anne1996
Parker, Judy1981-82



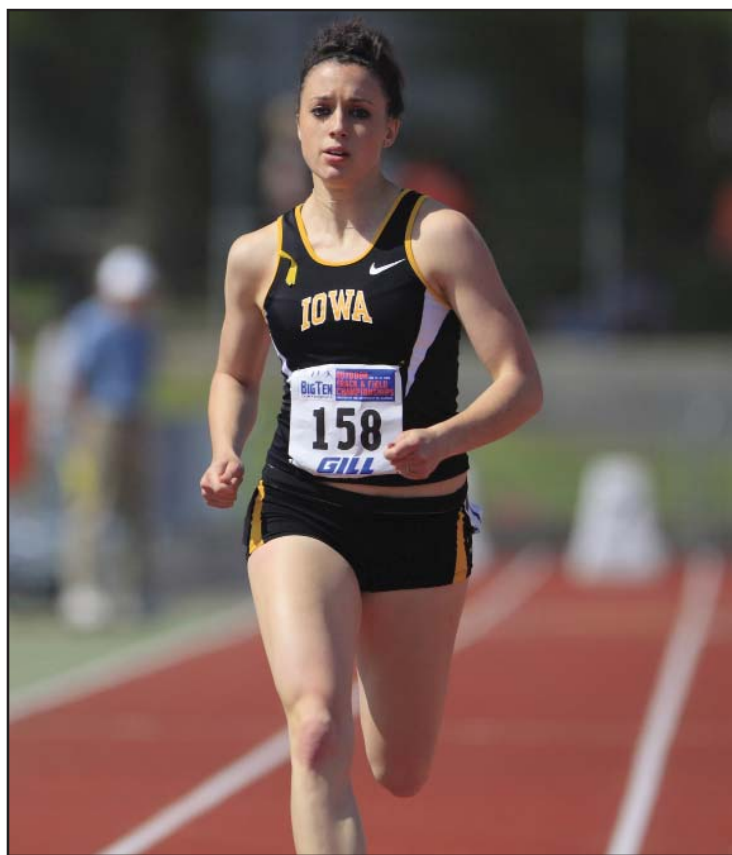
Diane Nukuri (2006-07) was a three-time All-American, two-time NCAA Midwest Region Cross Country Champion and Female Athlete of the Year and the 2008 University of Iowa Female Athlete of the Year. She set school records in eight events, and holds the Ashton Course marks in the 3,000 and 4,000 meters. She won the 2007 Big Ten cross country title, earning Big Ten Women's Cross Country Athlete of the Year honors. She also won the 2007 Drake Relays 5,000 meters. A 2007 Honda Sports Award finalist, she received the 2008 Wilma Rudolph award.



IOWA TRACK AND FIELD

2014-15 MEDIA GUIDE

Women's All-Time Letterwinners



Bethany Praska was a two-time All-American and three-time Big Ten champion in 2011. She was a three-time academic All-Big Ten honoree (2009-11) for the Hawkeyes.

Parmiter, Catherine 2000
 Parsons, Jodi 1991-94
 Paterno, Janey 1977
 Pauling, Kiersten 1994-96
 Pearson, Laura 2005
 Pedersen, Tiff 2002-05
 Perkins, Tiffany 2002
 Perry, Sarah Spencer 2009
 Peterson, Jodi 1989-93
 Peth, Maria NA
 Philip, Maria 1996
 Pisha, Stephanie 1978
 Placzek, Lena 2011
 Poncè, Sophia 2007-10
 Poole, Marlene 1991, 1993-95
 Powell, Beverly 1988-89
 Powers, Mary 1983
 Praska, Bethany 2008-11
 Prendergast, Colleen 1997-99, 2001
 Price, Rachel 2013-14
 Providence, Jiselle 2001-03
 Quigley, Kristina 1999-2000
 Quinn, Kelsey 2012
 Radakovich, Bobby 1992-94
 Raheem, Ruqayya 1996-99

Ranegar, Megan 2010-13
 Redfern, Alana 2002-03
 Redies, Shelly 1984-86
 Reid, Tanja 1994-95
 Rehn, Katherin 2011
 Renning, Shani 1990, 1992-94
 Reynolds, Roxanne 1988
 Richardson, Holly 1977
 Riedl, Carrie 1978
 Rimpson, Michelle 1986
 Roach, Peaches 2004-07
 Roberts, Ericka 2000-03
 Roberts, Rachelle 1987-89
 Roeder, Hannah 2008-11
 Roehl, Becky 1994-97
 Romic, Kimberly 1987-88
 Rouw, Madison 2014
 Rozycki, Laurie 1996
 Ruden, Lindsey 1994
 Ruen, Paula 1996-99
 Ruffcorn, Ann 1999-2000
 Russo, Diane 1979-82
 Ryan, Sarah 2012-14
 Ryken, Karen 1977
 Salazar, Nina 1986-88

Salsberry, Christine 1991-93
 Sas, Kathryn 1983
 Sasseen, Dee 1986
 Sasseen, D'an NA
 Sather, Mari 1983
 Scheibel, Jill 1996-99
 Schlueter, Janna 1983-84
 Schmidt, Jessica 2005-08
 Schmidt, Kristi 2000
 Schneckloth, Kim 1987-89
 Schneider, Ann 1980
 Schoborg, Mickey 1984-86
 Schoonover, Jennifer 1994
 Schrulle, Mareike 2013
 Scott, Lauren 2013
 Sears, Laura 1984-87
 See, Maribeth 1983-86
 Selsor, Kristin 1982-85
 Shannon, Gina 1998-2001
 Shearer, Anna 1999
 Sheeley, Erin 2005
 Sheetz, Terri 1977
 Simon, Clara 1981
 Simonson, Hannah 2011-12
 Simpson, Alycia 1986-89
 Simpson, Jasmine 2011-14
 Sims, Sharon 1977-78
 Slocum, Wendy NA
 Smith, Annemie 2012-14
 Smith, Gail 1982-85
 Snow, Kathy 1986-87
 Snow, Shari 1981
 Sokol, Michelle 2002-03, 2005
 Soldan, Terri 1981-83
 Spangler, Jenni 1982, 1984-86
 Sparks, Staci 1993-94
 Spinks, Natalie 1983
 Sproles, Lakesha 1996-98
 Stahle, Amanda 2011-14
 Stanford, Kimberly 2008
 Stanley, Shannon 2004-07
 Stec, Tina 1991-94
 Steelhammer, Jill 1977-78
 Steffen, Sarah 2000-03
 Steinhart, Diane 1979-82
 Steinhart, Laurie 1981
 Stiffend, Latoya 2002-03, 2005
 Stippel, Lori 1979
 Stormo, Kay 1979-82
 Strand, Jessie 2002-04
 Strobel, Belina 1981
 Strub, Charlotte 1977
 Strueland, Kelsey 2010
 Sullivan, Traci 1986-89
 Suppelsa, Sherri 1984-88
 Swaim, Mandy 1997-98
 Swartzrock, Diane 1978-80
 Taylor, Barbara 1977
 Taylor, Davera 1984-87

Taylor, Denise 1990, 1992-94
 Taylor, Kelsey 2011
 Teague, Kimberly NA
 Tessmer, Nancy 1989-92
 Thompson, Becca 2000-03
 Thurber, Anne NA
 Tillman, Catherine NA
 Todd, Jocelyn 2013
 Todd, Stephanie 1977-80
 Tremmel, Laura 1983
 Tripp, Shawna 1990-92
 Trost, Katharina 2014
 Truedson, Katie 2010, 2013
 Trusty, Rhonda-Kaye 2007-10
 Tully, Penny 1981-84
 Tutson, Majesty 2010-12
 Tweto, Marjorie 1996
 Tyson, Adrienne 1998
 Underwood, Tara 1995-98
 Van Der Hart, Sheri 1990-93
 Vandersteen, Laura 1983
 Vandervoort, Martha 1991-94
 VanSteenwyk, Lisa 1989-93
 Vaughan, Jennifer 1983
 Vesely, Trisha 1988-89
 Villhauer, Holly 1976-78
 Vinton, Kimberly 1992-93
 Vitense, Mandi 1997-99
 VonMuenster, Shannon 2002
 Voss, Jamie 1992-93
 Watters, Kristen 1986-89
 Watts, Mahnee 2014
 Weber, Zanette 1981
 Weiland, Melissa 1987-88
 Weismantle, Kirsten 2011
 Westhoff, Sherry NA
 Wheeler, Mary NA
 Wheelchel, Christie 1980-83
 White, Renee 2006-09
 Wiese, Suzanne 1983-84
 Wilberding, Tess 2014
 Weismantle, Kristen 2010, 2012-13
 Wight, Jena 1983
 Wiley, Sadie 1992-93
 Wilkinson, Ashley 2011-12
 Williams, Julie 1979-81
 Williams, Khanishah 2012-14
 Williams, Shellene 2003-04
 Wilson, Beth 1989
 Winjum, Kristin 1982-85
 Winn, Nicole 1992-93
 Winter, Catherine 1990-92
 Winter, Ester NA
 Wodek, Janet 1984-87
 Woodard, Christann 1979
 Wymore, Sue 1978
 Wynter, Kaydene 1996
 Young, Deborah 1981-83

**Men's 2014 Team Roster**

Name	Yr.	Hometown (Last School)
Ben Anderson	So.	Clive, Iowa (West Des Moines Valley)
Matt Butler	So.	Bettendorf, Iowa (Bettendorf)
Kevin Docherty	So.	Saint Paul, Minn. (Saint Paul)
Nate Ferree	So.	Appleton, Wis. (Xavier)
Sam Fourman	Sr.	Oak Park, Ill. (Oak Park)
Daniel Gardarsson	Fr.	Coralville, Iowa (West)
Anthony Gregorio	So.	Palatine, Ill. (Palatine)
Michael Hart	So.	West Branch, Iowa (West Branch)
Daniel Huff	So.	Waverly, Iowa (Waverly-Shell Rock)
Kevin Lewis	Sr.	Ottumwa, Iowa (Ottumwa)
Samuel McElhiney	So.	Bettendorf, Iowa (Pleasant Valley)
Michael Melchert	Fr.	Monticello, Iowa (Monticello)
Brook Price	*Fr.	Iowa City, Iowa (City)
Connor Simmons	So.	Des Moines, Iowa (Valley)
Josh Sindelar	*Fr.	Honey Creek, Iowa (St. Albert Catholic)
Taylor Soltys	So.	Naperville, Ill. (Neuqua Valley)
Ben Witt	Sr.	Burlington, Iowa (Burlington)

Women's 2014 Team Roster

Name	Yr.	Hometown (Last School)
Katie Adams	So.	Marengo, Ill. (Marengo)
Maria Bote Gonzalez	Fr.	Merida, Spain (Colegio Salesianos Maria Auxiliadora)
Kelly Breen	*Fr.	Palatine, Ill. (Fremd)
Courtney Bruns	*Fr.	West Branch, Iowa (West Branch)
Lindsey Bruns	So.	West Branch, Iowa (UN-Omaha)
Anna Eisenzimmer	Fr.	Mineral Point, Wis. (Mineral Point)
Lisa Gordon	Jr.	Western Springs, Ill. (Lyons Township)
Grace Haerr	So.	Schaumburg, Ill. (Schaumburg)
Alana Jones	So.	Laguna Hills, Calif. (Laguna Hills)
Taylor Majher	Fr.	Naperville, Ill. (Naperville)
Courtney Martin	Jr.	Ames, Iowa (Ames)
Shannon Maser	Sr.	Stillwell, Kan. (Blue Valley West)
Kara Neustrom	Fr.	West Des Moines, Iowa
Carolyn Newhouse	So.	Marion, Iowa (Linn-Mar)
Elizabeth Niedert	Fr.	Glen Ellyn, Ill. (Glendbard South)
Anne Reishmann	Fr.	Konstanz, Germany (Spohn-Gymnasium)
Jordyn Sindt	*Fr.	Griswold, Iowa (Griswold)
Jocelyn Todd	Jr.	St. Louis, Mo. (Ladue Watkins)
Katharina Trost	*Fr.	Piding, Germany (Karls Gymnasium)
Tess Wilberding	So.	Troy, Mich. (Birmingham Seaholm)
Samantha Zishka	So.	Lancaster, Ohio (Lancaster)

* - redshirt freshman

Men's Cross Country Team Quick Facts

2014 Big Ten Cross Country Championship Finish (Pts.): ... 10th (275)
 2014 NCAA Regional Cross Country Finish (Pts.): 14th (370)
 NCAA Qualifiers Returning/Lost 0/0
 All-Region Returning/Lost: 1/0
 All-Big Ten Honorees Returning/Lost: 0/0
 Academic All-Big Ten Returning/Lost: 4/0
 Letterwinners Returning/Lost: 5/3

Men's Cross Country Historical Quick Facts

Highest Big Ten Championships Team Place (Yrs.): 1st (1961, 1966)
 Highest NCAA Regional Team Place (Pts., Yr.): 1st (79, 2002)
 Highest NCAA Championships Team Place (Yr.): 2nd (1955)
 NCAA Champions: 1 - Deacon Jones, 1955
 All-Americans: 5 student-athletes, 7 honors
 NCAA Regional Champions: 1 - Micah VanDenend, 2006
 All-Region Honorees: 20 student-athletes, 40 honors
 Big Ten Champions: 6 student-athletes, 9 titles
 All-Big Ten Honorees: 8 student-athletes, 10 honors
 USTFCCA All-Academic Team Members: 7 student-athletes,
 7 honors
 Academic All-Big Ten Honorees: 43 student-athletes, 92 honors

Women's Cross Country Team Quick Facts

2014 Big Ten Cross Country Finish (Points): 11th (300)
 2014 NCAA Midwest Regional Finish (Points): 13th (396)
 NCAA Qualifiers Returning/Lost 0/0
 All-Region Returning/Lost: 0/0
 All-Big Ten Honorees Returning/Lost: 0/0
 Academic All-Big Ten Returning/Lost: 3/1
 Letterwinners Returning/Lost: 7/2

Women's Cross Country Historical Quick Facts

Highest Big Ten Championships Team Place (Pts., Yr.): ... 1st (74, 1982)
 Highest NCAA Regional Team Place (Pts., Yr.): 3rd (118, 2006),
 3rd (111, 2007)
 Highest NCAA District Champ's Team Place (Yr.): 2nd (1986, 1991)
 Highest NCAA Championships Team Place (Pts., Yr.): . 8th (249, 1982)
 All-Americans: 11 student-athletes, 14 honors
 NCAA Regional Champions: 2 student-athletes, 3 honors
 All-Region Honorees: 12 student-athletes, 17 honors
 Big Ten Champions: 2 - Tracy Dahl, 1992; Diane Nukuri, 2007
 All-Big Ten Honorees: 14 student-athletes, 19 honors
 USTFCCA All-Academic Team Members: 5 student-athletes,
 6 honors
 Academic All-Big Ten Honorees: 76 student-athletes, 132 honors



IOWA TRACK AND FIELD

2014-15 MEDIA GUIDE

Cross Country

2014 Men's Season Review

Bulldog 4K Classic

August 29 - Des Moines, Iowa
4,000 meters - 1st/5 teams (24 points)

Individual Results

Place	Name	Time
1.	Ben Anderson	12:30
4.	Taylor Soltys	12:37
5.	Brook Price	12:42
6.	Matt Butler	12:43
8.	Anthony Gregorio	12:47
12.	Michael Hart	12:56
21.	Josh Sindelar	13:03
23.	Connor Simmons	13:05
25.	Sam McElhiney	13:15

Illinois State Invite

September 12 - Normal, Ill.
8,000 Meters - 1st/7 teams (48 points)

Individual Results

Place	Name	Time
4.	Kevin Lewis	24:22
9.	Ben Anderson	24:42
10.	Ben Witt	24:46
12.	Anthony Gregorio	24:54
13.	Taylor Soltys	24:58
14.	Nate Ferree	25:00
31.	Michael Melchert	25:32
34.	Daniel Huff	25:42
35.	Matt Butler	25:44
38.	Brook Price	25:50
39.	Sam Fourman	25:53
45.	Michael Hart	26:00
53.	Sam McElhiney	26:08
54.	Josh Sindelar	26:09
62.	Connor Simmons	26:23

Big Ten Preview

September 20 - Iowa City, Iowa
8,000 meters - 2nd/4 teams (50 points)

Individual Results

Place	Name	Time
3.	Kevin Lewis	24:44.72
8.	Ben Anderson	25:17.52
11.	Ben Witt	25:17.81
12.	Anthony Gregorio	25:21.16
17.	Nate Ferree	25:42.76
20.	Taylor Soltys	25:54.44
22.	Michael Melchert	26:16.01
23.	Daniel Huff	26:19.22
27.	Sam Fourman	26:46.40
29.	Brook Price	26:52.67
33.	Matt Butler	27:10.01
36.	Josh Sindelar	27:19.27
37.	Sam McElhiney	27:45.10
39.	Connor Simmons	27:59.50

Notre Dame Invite

October 3 - South Bend, Ind.
Five miles - 16th/24 teams (412 points)

Individual Results - White Race

Place	Name	Time
31.	Kevin Lewis	23:54.2
63.	Ben Anderson	24:18.9
102.	Anthony Gregorio	24:33.6
114.	Kevin Docherty	24:39.2
117.	Taylor Soltys	24:40.8
127.	Ben Witt	24:47.3
153.	Nate Ferree	25:00.4
171.	Michael Melchert	25:17.0
189.	Daniel Huff	25:54.1

Pre-National Invitational

October 18 - Terre Haute, Ind.
8,000 meters - 18th/46 teams (520 points)

Individual Results - Open Race

Place	Name	Time
73.	Ben Anderson	25:17.2
80.	Nate Ferree	25:21.0
105.	Anthony Gregorio	25:28.4
121.	Ben Witt	25:36.5
141.	Kevin Docherty	25:44.2
226.	Daniel Huff	26:21.0
270.	Taylor Soltys	26:48.6

Big Ten Championships

November 2 - Iowa City, Iowa
8,000 meters - 8th/12 teams (191 points)

Team Results

Place	Team	Points
1.	Wisconsin	47
2.	Michigan	77
3.	Penn State	92
4.	Indiana	95
5.	Michigan State	117
6.	Illinois	159
7.	Minnesota	160
8.	Iowa	191
9.	Purdue	253
10.	Ohio State	277
11.	Nebraska	332
12.	Rutgers	397

Individual Results

Place	Athlete	Time
6.	Kevin Lewis	23:52.2
34.	Ben Witt	24:24.1
44.	Kevin Docherty	24:39.0
50.	Anthony Gregorio	24:46.5
64.	Michael Melchert	25:06.6
68.	Ben Anderson	25:15.4
70.	Daniel Huff	25:15.8
71.	Sam Fourman	25:18.0
95.	Nate Ferree	26:10.7

NCAA Midwest Regional

November 14 - Ames, Iowa
10,000 meters - 7th/29 teams

Team Results - Top 20 Teams

Place	Team	Points
1.	Oklahoma State	63
2.	Tulsa	77
3.	Iowa State	110
4.	Minnesota	128
5.	Illinois	137
6.	Oklahoma	148
7.	Iowa	261
8.	Southern Illinois	281
9.	Bradley	283
10.	Loyola	291
11.	Illinois State	315
12.	Drake	317
13.	Kansas	330
14.	South Dakota State	387
15.	Wichita State	400
16.	North Dakota State	423
17.	Missouri	451
18.	St. Louis	475
19.	South Dakota	505
20.	Nebraska	542

Individual Results

Place	Athlete	Time
19.	Kevin Lewis	* 30:35.5
46.	Kevin Docherty	30:58.5
47.	Ben Witt	30:59.1
71.	Anthony Gregorio	31:11.9
80.	Nate Ferree	31:20.4
108.	Ben Anderson	31:48.1
132.	Michael Melchert	32:11.8

* -- All-Region

**Bulldog 4K Classic**

August 29 - Des Moines, Iowa
4,000 meters - 4th/5 teams (73 points)

Individual Results

Place	Name	Time
8.	Courtney Bruns	15:08
12.	Jocelyn Todd	15:24
14.	Carolyn Newhouse	15:26
18.	Kelly Breen	15:43
21.	Grace Haerr	15:51
36.	Alana Jones	16:39

Illinois State Invite

September 12 - Normal, Ill.
5,000 Meters - 2nd/7 teams (62 points)

Individual Results

Place	Name	Time
6.	Katie Adams	17:51
8.	Samantha Zishka	17:56
15.	Courtney Martin	18:08
16.	Courtney Bruns	18:09
17.	Tess Wilberding	18:10
18.	Jocelyn Todd	18:10
21.	Carolyn Newhouse	18:17
22.	Lisa Gordon	18:19
27.	Marta Bote Gonzalez	18:26
36.	Kelly Breen	18:44
49.	Lindsey Bruns	19:06
58.	Alana Jones	19:25
62.	Grace Haerr	19:39

Big Ten Preview

September 20 - Iowa City, Iowa
6,000 meters - 5th/5 teams (113 points)

Individual Results

Place	Name	Time
27.	Jocelyn Todd	22:21.48
29.	Katie Adams	22:26.99
31.	Samantha Zishka	22:31.04
36.	Tess Wilberding	22:42.96
38.	Marta Bote Gonzalez	22:48.97
40.	Courtney Martin	23:08.22
46.	Carolyn Newhouse	23:18.95
49.	Kelly Breen	23:26.89
52.	Alana Jones	23:35.16
57.	Lindsey Bruns	23:42.08
67.	Grace Haerr	24:41.67

Notre Dame Invite

October 3 - South Bend, Ind.
5,000 meters - 7th/27 teams (220 points)

Individual Results - White Race

Place	Name	Time
35.	Carolyn Newhouse	17:39.9
43.	Marta Bote Gonzalez	17:43.0
45.	Tess Wilberding	17:44.3
48.	Katie Adams	17:47.3
49.	Jocelyn Todd	17:47.8
56.	Courtney Martin	17:52.2
58.	Lisa Gordon	17:54.8
64.	Samantha Zishka	17:58.6
150.	Courtney Bruns	18:49.2

Pre-National Invitational

October 18 - Terre Haute, Ind.
6,000 meters - 3rd/33 teams (246 points)

Individual Results - Open Race

Place	Name	Time
31.	Carolyn Newhouse	22:27.0
35.	Katie Adams	22:32.2
54.	Samantha Zishka	22:57.0
57.	Jocelyn Todd	22:59.8
73.	Courtney Martin	23:10.1
91.	Tess Wilberding	23:21.8

Big Ten Championships

November 2 - Iowa City, Iowa
6,000 meters - 11th/14 teams (300 points)

Team Results

Place	Team	Points
1.	Michigan State	26
2.	Wisconsin	55
3.	Michigan	93
4.	Ohio State	127
5.	Minnesota	139
6.	Indiana	159
7.	Penn State	174
8.	Purdue	241
9.	Illinois	252
10.	Northwestern	268
11.	Iowa	300
12.	Rutgers	328
13.	Nebraska	347
14.	Maryland	445

Individual Results

Place	Athlete	Time
50.	Katie Adams	21:21.5
60.	Samantha Zishka	21:29.6
66.	Carolyn Newhouse	21:40.4
72.	Jocelyn Todd	21:47.8
81.	Courtney Martin	22:03.0
84.	Marta Bote Gonzalez	22:04.9
94.	Tess Wilberding	22:28.0
107.	Kelly Breen	22:50.0
115.	Anne Reischmann	23:13.5

NCAA Midwest Regional

November 14 - Peoria, Ill.
6,000 meters - 13th/32 teams (396 points)

Team Results - Top 20 Teams

Place	Team	Points
1.	Iowa State	66
2.	Minnesota	125
3.	Bradley	175
4.	Tulsa	180
5.	Oklahoma State	191
6.	Missouri	205
7.	South Dakota	244
8.	Kansas State	283
9.	Oklahoma	306
10.	Illinois	321
11.	Northwestern	367
12.	Wichita State	391
13.	Iowa	396
14.	Kansas	469
15.	Southern Illinois	471
16.	Illinois State	488
17.	South Dakota State	488
18.	North Dakota State	496
19.	Drake	510
20.	UMKC	533

Individual Results

Place	Athlete	Time
58.	Samantha Zishka	21:23.2
67.	Marta Bote Gonzalez	21:27.8
79.	Carolyn Newhouse	21:30.9
80.	Tess Wilberding	21:31.0
112.	Jocelyn Todd	21:53.5
118.	Katie Adams	21:54.9
128.	Courtney Martin	22:02.9



2014 Women's Season Best Times

Athlete	4,000 Meters	6,000 Meters	8,000 Meters
Katie Adams.....	--	17:47.3	21:21.5
Marta Bote Gonzalez.....	--	17:43.0	21:27.8
Kelly Breen	15:43	18:44	22:50.0
Courtney Bruns	15:08	18:09	--
Lindsey Bruns	--	19:06	23:42.08
Lisa Gordon	--	17:54.8	--
Grace Haerr	15:51	19:39	24:41.67
Alana Jones.....	16:39	19:25	23:35.16
Courtney Martin.....	--	17:52.2	22:02.9
Shannon Maser	--	--	--
Carolyn Newhouse	15:26	17:39.9	21:30.9
Anne Reischmann.....	--	--	23:13.5
Jocelyn Todd	15:24	17:47.8	21:47.8
Tess Wilberding	--	17:44.3	21:31.0
Samantha Zishka	--	17:56	21:23.2

2014 Men's Season Best Times

Athlete	4,000 Meters	5 Miles	8,000 Meters	10,000 Meters
Ben Anderson.....	12:30	24:18.9	24:42	31:48.1
Matt Butler	12:43	--	25:44	--
Kevin Docherty	--	24:39.2	24:39.0	30:58.5
Nate Ferree	--	25:00.4	25:00	31:20.4
Sam Fourman	--	--	25:18.0	--
Anthony Gregorio	12:47	24:33.6	24:46.5	31:11.9
Michael Hart.....	12:56	--	26:00	--
Daniel Huff	--	25:54.1	25:15.8	--
Kevin Lewis.....	--	23:54.2	23:52.2	30:35.5
Sam McElhiney	13:15	--	26:08	--
Michael Melchert	--	25:17.0	25:06.6	32:11.8
Brook Price	12:42	--	25:50	--
Connor Simmons	13:05	--	26:23	--
Josh Sindelar.....	13:03	--	26:09	--
Taylor Soltys	12:37	24:40.8	24:58	--
Ben Witt	--	24:47.3	24:24.1	30:59.1

**Men's Top 10 All-Time Best Performers****6,000 Meters**

1. Eric MacTaggart 18:18 2005 Hawkeye Invite
2. Jeff Thode..... 18:21 2009 Hawkeye Invite
3. Dan Haut 18:24 2005 Hawkeye Invite
4. Jeff Kent 18:27 2005 Hawkeye Invite
5. Nick Holmes 18:30 2009 Hawkeye Invite
6. Adam Roche 18:33 2005 Hawkeye Invite
Sam Bailin..... 18:33 2009 Hawkeye Invite
Kevin Lewis..... 18:33 2013 Iowa Invite
9. Jesse Luciano..... 18:40 2008 Hawkeye Invite
10. Tommy Tate 18:41 at 2006 Early Bird Invite

8,000 Meters

1. Jesse Luciano 23:01 at 2008 Auburn Invite
2. Micah VanDenend..... 23:39 at 2006 Pre-Nationals
3. Eric MacTaggart 23:24 at 2008 Auburn Invite
4. Jeff Thode..... 23:27 at 2010 Bradley Classic
5. Sam Bailin..... 23:36 at 2008 Auburn Invite
6. Tommy Tate 23:46 at 2008 Auburn Invite
7. Mark Battista..... 23:48 at 2008 Auburn Invite
8. **Kevin Lewis..... 23:52 at 2014 Big Ten Champ's**
9. Andy Napier 23:56 at 2008 Auburn Invite
10. Brendan Camplin..... 24:01 at 2008 Auburn Invite

10,000 Meters

1. Jeff Thode..... 29:55 at 2010 NCAA Regional
2. Matt Esche 30:10 at 2002 NCAA Regional
3. Jesse Luciano..... 30:17 at 2008 NCAA Champ's
4. Micah VanDenend..... 30:26 at 2002 NCAA Regional
5. Kevin Herd..... 30:28 1993
6. Joe Welter 30:28 at 2002 NCAA Regional
7. Tony Rakaric..... 30:31 at 2002 NCAA Regional
8. **Kevin Lewis..... 30:35 at 2014 NCAA Regional**
9. Dan Haut 30:39 at 2002 NCAA Regional
10. Alex Webster 30:40 at 2006 NCAA Regional

Ashton Cross Country Course Records**Women's 3,000 Meters**

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06..... 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07..... 13:14

Women's 6,000 Meters

Leah O'Connor, Michigan St. - Big Ten Champ's - 11/2/14 19:26

Men's 6,000 Meters

Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/05..... 18:18

Men's 8,000 Meters

Malachy Schrobilgen, Wisconsin - Big Ten Champ's - 11/2/14 . 23:35

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05..... 30:52

Women's Top 10 All-Time Best Performers**3,000 Meters**

1. Diane Nukuri 9:47 2006 Hawkeye Open
2. Meghan Armstrong 10:01 2006 Hawkeye Open
3. Brooke Eilers..... 10:15 2010 Iowa Invite
4. Besty Flood..... 10:18 2010 Iowa Invite
5. Amanda Hardesty..... 10:21 2009 Hawkeye Invite
Lauren Hardesty 10:21 2010 Hawkeye Invite
7. Kelsey Hart 10:22 2011 Iowa Invite
8. Shannon Stanley..... 10:25 2006 Hawkeye Open
Krista Anderson 10:25 2006 Hawkeye Open
Racheal Marchand..... 10:25 2008 Hawkeye Invite

4,000 Meters

1. Diane Nukuri 13:14 2007 Hawkeye Open
2. Kayla Beattie..... 13:41 2012 Toledo Bubble Buster
3. Megan Ranegar 13:45 2012 Toledo Bubble Buster
4. Meghan Armstrong 13:47 2007 Hawkeye Open
Mareike Schrulle..... 13:47 2012 Toledo Bubble Buster
6. Nicole Benson..... 13:52 2012 Toledo Bubble Buster
7. Jolly Burke 14:03 2007 Hawkeye Open
8. Nikki Chapple 14:09 2004 Hawkeye Triangular
9. Krista Anderson 14:14 2007 Hawkeye Open
10. **Lisa Gordon..... 14:17 2012 Toledo Bubble Buster**

5,000 Meters

1. Diane Nukuri 15:55 at 2007 Auburn Invite
2. Racheal Marchand..... 16:15 at 2008 Auburn Invite
3. Meghan Armstrong 16:25 at 2007 Auburn Invite
4. Nan Doak..... 16:31 at 1983 Big Ten Champ's
5. Jolly Burke 16:33 at 2007 Auburn Invite
6. Jenny Spangler 16:34 at 1983 Big Ten Champ's
7. Renee Doyle 16:41 at 1986 Purdue Invite
8. Tracy Dahl..... 16:42 at 1991 Illinois St. Invite
9. Sarah Spencer Perry 16:50 at 2008 Auburn Invite
10. Brooke Eilers..... 16:53 at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri 19:37 at 2007 NCAA Regional
..... at 2007 Big Ten Champ's
2. Mareike Schrulle..... 19:43 at 2012 NCAA Champ's
3. Racheal Marchand..... 19:54 at 2008 NCAA Champ's
4. Meghan Armstrong 20:07 at 2007 NCAA Regional
5. Jolly Burke 20:20 at 2007 Big Ten Champ's
6. Betsy Flood..... 20:22 at 2010 NCAA Regional
7. McKenzie Melander 20:41 at 2011 Big Ten Champ's
8. Megan Ranegar 20:43 at 2012 NCAA Champ's
9. Kayla Beattie..... 20:54 at 2011 Wisconsin Invite
10. Nikki Chapple 21:04 at 2004 NCAA Regional



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

Cross Country Champions & Honorees



Meghan Armstrong



Jennifer Brower



Tracy Dahl



Nan Doak



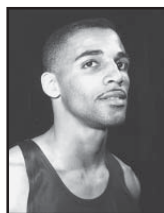
Renee Doyle



Rich Ferguson



Kevin Herd



Deacon Jones



Jeanne Kruckeberg



Racheal Marchand



Diane Nukuri



Mareike Schrulle



Jenny Spangler



Stetson Steele



Jeff Thode



Micah VanDenend



Ted Wheeler



Larry Wiczorek

National & Regional Champions & Honorees

NCAA Champion

Deacon Jones 1957

All-Americans

Men's

Kevin Herd 1992-93
Deacon Jones 1957
Stetson Steele 1998
Jeff Thode 2010
Ted Wheeler 1952
Larry Wiczorek 1966-67

Women's

Meghan Armstrong 2007
Jennifer Brower 1991
Tracy Dahl 1991-92
Nan Doak 1980, 1982-83
Renee Doyle 1986
Jeanne Kruckeberg 1990
Racheal Marchand 2006, 2008
Diane Nukuri 2006-07
Mareike Schrulle 2012
Jenny Spangler 1983

Honda Sports Awards Nominee

Nan Doak 1983
Diane Nukuri 2007

NCAA Regional Champion & Athlete of the Year

Men's

Micah VanDenend 2006

Women's

Diane Nukuri 2006-07
Racheal Marchand 2008

NCAA All-Region Team

Men's

Mark Battista 2009
Trent Corey 1997, 2001
Matt Esche 2002-05
Dan Haut 2002, 2004-05
Nick Holmes 2011
Kevin Lewis 2013-14
Jesse Luciano 2007-08
Eric MacTaggart 2005-06, 2008
Nick Nordheim 1998-99, 2001
Jared Pittman 1997
Brian Rae 2003

NCAA All-Region Team (Con't)

Men's (Con't)

Tony Rakaric 2002, 2004
Adam Roche 2004-05
Paul Sarris 1998-99
Chad Schwitters 1998
Reed Steele 1998
Stetson Steele 1997-98
Jeff Thode 2009-11
Micah VanDenend 2002, 2005-06
Joe Welter 2001-02

Women's

Sarah Arens 2003
Meghan Armstrong 2005-07
Kayla Beattie 2011
Jolly Burke 2007
Nikki Chapple 2004
Brooke Eilers 2009
Betsy Flood 2010
Racheal Marchand 2005-06, 2008
McKenzie Melander 2011
Diane Nukuri 2006-07
Megan Ranegar 2012
Mareike Schrulle 2012
Sarah Spencer Perry 2008



Big Ten Champions

Men's

Rich Ferguson	1952-53
Jock Hunn	1926
Deacon Jones.....	1958
H.R. Phelps	1923-24
James Tucker	1961
Larry Wiczorek.....	1966-67

Women's

Tracy Dahl	1992
Diane Nukuri.....	2007

Big Ten Athlete of the Year

Women's

Tracy Dahl	1992
Diane Nukuri.....	2007

Big Ten Coach of the Year

Women's

Jerry Hassard	1989
---------------------	------

Big Ten Freshman of the Year

Men's

Jared Pittman	1993
Reed Steele.....	1998

All-Big Ten Honorees

Men's

Kevin Lewis	2014
Jesse Luciano	2008-09
Eric MacTaggart	2006
Brian Rae	2003
Tony Rakaric.....	2003
Chad Schwitters	1997
Stetson Steele.....	1996
Jeff Thode	2010
Micah VanDenend	2004, 2006

Women's

Meghan Armstrong	2006-07
Erin Boland	1994
Jennifer Brower	1991
Jolly Burke	2007
Tracy Dahl	1991-92
Renee Doyle	1986-88
Betsy Flood	2010
Tami Hoskins.....	1989
Jennifer Johnson.....	1991
Jeanne Kruckeberg	1989
Racheal Marchand.....	2006, 2008
McKenzie Melander	2011
Diane Nukuri.....	2007
Mareike Schrulle.....	2012

Big Ten Athlete of the Month

Men's

Kevin Herd	September 1992
------------------	----------------

Women's

Tracy Dahl ...	Sept. 1990, Oct. 1992, Nov. 1992
----------------	----------------------------------

Big Ten Athlete of the Week

Men's

Trent Corey	Sept. 11, 2001
Matt Esche.....	Sept. 7, 2004
Jesse Luciano	Oct. 7, 2008
Eric MacTaggart	Sept. 6, 2005
Jeff Thode	Oct. 19, 2010
Micah VanDenend	Sept. 17, 2002

Women's

Sarah Arens	Sept. 3, 2003
Meghan Armstrong	Sept. 6, 2005
Kayla Beattie.....	Sept. 11, 2012
Betsy Flood	Sept. 8, 2009
Lauren Hardesty	Sept. 7, 2010
Racheal Marchand.....	Oct. 7, 2008
Diane Nukuri.....	Sept. 18, 2007
Diane Nukuri.....	Oct. 2, 2007
Diane Nukuri.....	Oct. 16, 2007
Mareike Schrulle.....	Oct. 16, 2012

Big Ten Sportsmanship Award

Men's

Sam Bailin	2008
Mark Battista	2010
Brendan Camplin	2009
Nate Ferree.....	2013
Anthony Gregorio	2014
Cameron Rieger.....	2011
Ben Witt	2012

Women's

Brooke Eilers.....	2009
Kelsey Hart	2010
Shannon Maser	2013
Carolyn Newhouse	2014
Sarah Spencer Perry	2008
Mareike Schrulle.....	2011, 2012

Katie Adams



Kevin Lewis





IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

Cross Country Academic Honorees

CoSIDA Academic All-American

Chad Schwitters 1997

CoSIDA Academic All-District

Kevin Herd 1990, 1992-93
Stetson Steele 1996, 1998

USTFCCCA Academic Team

Men's

2007, 2008, 2010

Women's

1995, 1997, 1999, 2000, 2003, 2004, 2005,
2006, 2007, 2008, 2009, 2010, 2011, 2012,
2013

USTFCCCA All-Academic Honorees

Men's

Dan Haut 2004
Kevin Herd 1993
Kevin Lewis 2013
Jesse Luciano 2007-08
Chad Schwitters 1998
Stetson Steele 1998

Women's

Meghan Armstrong 2004-05
Sarah Arens 2004
Brooke Eilers 2009
Megan Ranegar 2012
Mareike Schrulle 2012

Big Ten Distinguished Scholar

Men's

Sam Bailin 2008
Kevin Lewis 2013

Women's

Fionna Fallon 2008
Kelsey Hart 2011-12
McKenzie Melander 2011
Lena Placzek 2012
Marieke Schrulle 2012
Jocelyn Todd 2012-13

Academic All-Big Ten

Men's

L.J. Albrecht 1988-90
Ravi B'Have 1994, 1996
Sam Bailin 2008, 2010
Mike Biderman 2001
Bill Branigan 1992
David Brown 1987-90
Matt Butler 2013
Brendan Camplin 2007-10
Trent Corey 2000-01
Kevin Docherty 2014
Nate Ferree 2013-14
Matt Gerard 1992-94

Anthony Gregorio 2014
Dan Haut 2002, 2004-05
Kevin Herd 1990, 1992-93
Alan Jackson 2005
Chase Kadlec 2009-11
Kevin Lewis 2012-14
Ben Lloyd 2002-03
Jesse Luciano 2007-10
Eric MacTaggart 2005-06, 2008
Steve Marshall 1991-93
Pete McDowell 1993-94
Sean Moeller 1998-99, 2001
Andy Morris 1997, 1999
Steve Morrissey 1990-91
Andy Napier 2005-08
James Paul 2008-10
Jared Pittman 1995-96
Tim Pleskac 1998-99
Jay Renaud 2007-10
Cameron Rieger 2011-12
Marc Roehl 1991-94
Paul Sarris 1997
Blake Schlotzhauer 2006
Chad Schwitters 1995-98
Taylor Soltys 2014
Stetson Steele 1996-98
Adam Thomas 2001
Andy Weise 1986
David White 1990-91
Ben Witt 2012-14

Women's

Katie Adams 2014
Krista Anderson 2006-07
Lindsay Anderson 2009-10
Sarah Arens 2000, 2002-03
Meghan Armstrong 2005-07
Atalie Barber 2001, 2003
Holly Barnes 1992
Briana Benning 1994-97
Danielle Berndt 2010-11
Allison Billhardt 2005
Kerri Blackstone 1996
Kelly Breen 2014
Jennifer Brower 1989-91
Jolly Burke 2007
Katie Butler 2000
Jenni Capista 2003-04
Megan Daniel 1994
Jennie Docherty 2006, 2009-10
Katie Donlon 2005
Brooke Eilers 2009-11
Katie Ellis 2007, 2009-10
Molly Esche 2005-07
Fionna Fallon 2008-10
Shawn Fleck 1995

Betsy Flood 2009-11
Alienor Gilchrist 1997
Lisa Gordon 2014
Keelin Gorman 2011
Kristin Haefke 1998
Amanda Hardesty 2010
Kelsey Hart 2010-12
Rachel Hawks 2006-07
Jennifer Johnson 1991-93
Patricia Jones 1991
Jennifer Kiciak 1996-97
Tricia Kiraly 1988
Natalie Kleinfelter 1993-94
Christine Kotarba 2004, 2007
Jeanne Kruckeberg 1987-89
Kimberly Kruk 1994
Michelle Lahann 2000-02
Jackie Laesch 2011
Jennifer Lisy 1992
Shannon Maser 2012-13
Amy McRell 1991-92
McKenzie Melander 2009-11
Georgia Millward 2001-03
Jennifer Moore 1987-89
Amy Murphy 1999
Sarah Murray 1993
Haley Newbrough 1997
Carolyn Newhouse 2014
Val Oltman 1999
Kiersten Pauling 1994-96
Lena Placzek 2012-13
Rachel Price 2013
Megan Ranegar 2010-12
Katherin Rehn 2011
Ericka Roberts 2000-02
Hannah Roeder 2009-10
Janeth Salazar 1987
Christine Salsberry 1990-93
Jill Scheibel 1996
Jessica Schmidt 2007
Kristi Schmidt 1999
Kim Schneckloth 1986-89
Jennifer Schoonover 1994
Marieke Schrulle 2012
Anna Shearer 1999-2000
Michelle Sokol 2002, 2004
Jenny Spangler 1985
Laura Spencer 2004
Shannon Stanley 2004
Tina Stec 1991-93
Sherri Suppelsa 1986
Jocelyn Todd 2012-14
Jamie Voss 1992
Tess Wilberding 2014
Samantha Zishka 2014



Albrecht, L.J. 1988-90
 Albright, Robert 1941
 Allen, Shaun 1998-01
 Anderson, Ben 2014
 Ashton, George C. 1921-22
 Ashton, James Ed 1962-63
 Ashton, William 1960
 Atkins, Bobby 1999-00
 Bailin, Sam 2007-08, 2010
 Baker, Lawrence 1961
 Bakker, Mike 1994-95, 97-98
 Barron, Ben 2003
 Battista, Mark 2007-10
 Bender, Arnold N. 1924
 Benjerd, T.D. 1920
 Bentz, Robert LE 1943
 Betz, Leighton A. 1959
 Biderman, Mike 2001
 Brady, Frank H. 1927-28
 Brandenburg, H. 1921
 Brandt, Jon Michael 2010-12
 Branigan, Bill 1992
 Brown, David 1987, 1989-90
 Brown, Keith Lav 1948-55
 Brown, Ray Kenne. 1979-81
 Brubacher, Theod 1964-67
 Burney, William 1944
 Bush, Warren L. 1968
 Butler, Matt 2013
 Bye, Bill E. 1949
 Camplin, Brendan 2007-09
 Campisi, Leo A. 1932-34
 Carlson, Herman 1923
 Carman, Kenneth 1949-50
 Chaney, Sam 2012-13
 Clancy, Thomas R. 1974-78
 Clark, John Jay 1969-73
 Clarke, Eric Lloyd 1957-58
 Clarke, George W. 1962-63
 Coffie, Harry E. 1927
 Collins, John 1949
 Cook, Dale 1912
 Copeland, Jack 1948-49
 Corey, Trent 1997-01
 Criswell, John W. 1969-71
 Cue, John L. 1927
 Cutler, Allan J. 1942
 Davis, S. Jack 1949-51
 Delashmutt, Ed 1979-81
 Docherty, Kevin 2013-14
 Docherty, James 1974-76
 Donovan, James 1995
 Dotseth, Frank 1958-59
 Drew, John 1957
 Duggan, Earle 1949-52
 Dunsworth, Ira W. 1954-56

Eastland, Dave 1968-71
 Ebert, Leroy 1952-54
 Eckhardt, Gerald 1944
 Edwards, James 1978
 Esche, Matt 2002-05
 Everingham, Will 1928
 Everman, Wayne 1954-55
 Fanthouser, John 1942
 Fearing, Ken 1959-62
 Feeldy, Chad 1994-96
 Ferguson, Richard 1951-55
 Ferree, Nate 2013-14
 Ferree, Tom 1978-80
 Fischer, Gary W. 1960-63
 Fishba, Ugh H. RI 1949
 Flage, David 1933-34
 Fletcher, Robert Ash. 1956-59
 Foster, Richard 1922
 Fourman, Sam 2014
 Frazier, Carl 1966-69
 Frazier, Harry 1956
 Frazier, William 1961-65
 Fritsch, Raymond 1940
 Fudge, Arthur 1951-54
 Furst, Don 1975-76
 Gale, Sean 1992-94
 Gardner, Russell 1928
 Gee, George 1916
 Gerard, Matthew 1992-94
 Greenlee, Donald 1959-61
 Greenlee, Ron 1965
 Gregorio, Anthony 2012, 2014
 Griffith, Ron 1965-68
 Griswold, Joe 1949
 Hakes, Montague 1928
 Hanson, Mark 1995
 Hartmann, H.W. 1915-16
 Hass, Edward 1934-35
 Hassen, Galen 1951
 Hausler, Leland 1916-17
 Haut, Dan 2001-02, 2004-05
 Henderson, Robert 1933-34
 Herd, Kevin J. 1989-94
 Hermeier, Raymond 1957-59
 Hermeier, Richard 1955-59
 Hill, Jack L. 1957-60
 Hindt, William 1913-15
 Hinrich, Joel H. 1940-41
 Holland, Stephen 1971-72
 Hollatz, Troy 1993
 Holmes, Nick 2009, 2011-12
 Hotz, William 1906-08
 Huff, Daniel 2014
 Hunn, Leonard E. 1925-28
 Hunter, William 1914-15
 Hymon, W. Paul 1912-13

Ingram, Robert 2007
 Jackson, Alan 2005
 Jamison, Orlin 1916
 Jans, Paul A. 1910-11
 Jeffers, Clyde 1904-05
 Jensen, Chris 2003
 Jensen, Richard 1968-70
 Jones, Charles N, 1955-58
 Jones, Douglas H. 1968
 Kadlec, Chase 2008-11
 Keatinge, Murray 1954-56
 Keil, Richard L. 1941-42
 Keller, Keith 1947-48
 Kelly, Thomas 1928-30
 Kent, Jeff 2004-06
 Kitt, Roland 1966-69
 Knoedel, James J. 1970-71
 Kramer, Larry 1961-64
 Kruse, Arthur 1919-20

Kurth, Steve 1995-97
 Labond, Curtis 1966-68
 Lainson, Bernard 1951
 Langer, Dave 1979
 Layne, Michael 1997-99
 Lewis, Bernard 1945
 Lewis, H. Mount 1909-11
 Lewis, Kevin 2011-14
 Lillwitz, Tim 1999-2000
 Lindeman, James 1977
 Lister, Donald 1914-15
 Lloyd, Ben 2002-03
 Loechel, Thomas 1970-73
 Lord, Richard 1943
 Luciano, Jesse 2006-09
 Lyle, James 1936-38
 Lyle, Ralph 1957-58
 MacDonald, Peter 1964-66
 MacTaggart, Bruce 2008



Stetson Steele was a three-time All-American, two-time all-region and six-time academic all-Big Ten honoree in cross country and track from 1996-2000. He holds the school 10,000-meter record, and in 2000 he won the Drake Relays 5,000-meter title and was Iowa's Big Ten Medal of Honor winner.



IOWA TRACK AND FIELD 2014-15 MEDIA GUIDE

Cross Country

Women's All-Time Letterwinners

MacTaggart, Eric.. 2004-06, 2008
Maiden, Sydner1945
Mak, Leo.....1913
Marasco, Frank..... 1917-18
Marshall, Steve..... 1991-93
Mawe, William1960
McCabe, Dennis.....1969
McClanahan, Rich..... 1946-48
McDermott, Eric.....2000
McDowell, Peter..... 1993-94
McElroy, Robert1933
Melchert, Michael.....2014
Melnick, Sidney1934
Messer, Kenneth 1964-65
Meyer, David1941
Miller, Fred1921

Mitvalsky, Richard1932
Moeller, Sean 1998-01
Moenck, Heath.....2007
Moldenhauer, Way.....1954
Morch, Herbert O. 1951-53
Morris, Andy..... 1997-00
Morrissey, Steve..... 1991-92
Murphy, W. H. 1944-45
Murray, Harold H..... 1920-21
Murray, Jack A. 1944-45
Napier, Andy..... 2005-08
Naylor, Myrel.....1930
Nelson, Paul H.1935
Nelson, Robert1936
Nie, Bruce 1988-89
Nordheim, Nick 1998-01

Novotny, David 1994-95
Oxley, John R. 1946-47
Paul, James..... 2008-10
Paul, Joe 1976-77
Payne, Arthur 1922-23
Pershing, Steve 1975-77
Peters, Chris1995
Phelps, Harold R. 1923-25
Pinkerton, Volne.....1928
Pirkil, Jeff 1982-83, 85-86
Pittman, Jared 1994-98
Pleskac, Tim..... 1998-00
Pratt, Raymond O.1934, 36
Presteman, Gregory1978
Price, Bradley D. 1979-81
Price, Brook2014
Prince, Earl S.....1942
Pristine, Leonard1921
Purvis, Donald L.....1936
Rae, Brian 2002-05
Rakaric, Tony 2001-04
Reid, Morrison..... 1971-72
Renaud, Jay 2007-09
Rerko, Rodney 1992-95
Reyes, William A. 1964-65
Rieger, Cameron..... 2011-12
Ristine, Leonard..... 1920-21
Roche, Adam 2003-05
Roehl, Mark 1991-93
Roller, Robert J.1970
Roseman, Garry..... 1990-93
Rosenberg, Norman 1931-32
Santino, William 1974-76
Sarris, Paul 1997-00
Saur, Wayne1974
Schlotzhauer, Blake 2005-06
Schutman, Ben2000
Schum, Robert L. 1969-71
Schwitters, Chad..... 1995-99
Seashore, Robert.....1922
Selsor, Evan2011
Shaffer, Quentin2013
Shaw, Robert J.....1914
Sheets, Lawrence 1963-64
Sheldon, Jay A. 1972, 74-75
Sheldon, John H.....1922
Sitko, John1934
Slater, Albert L..... 1943-44
Slingsby, Tim..... 1988-89
Smith, Andrew.....2010

Smith, N.E.1912
Snook, William H.1949
Soltys, Taylor2012
Speers, Maurice..... 1925-26
Stark, Maurie.....1942
Steele, Ryan 1998-99
Steele, Stetson..... 1995-99
Steffen, Mark A. 1970-72
Steinberg, Albert1911
Stevenson, Gerold1941
Stiller, Martin1936
Stone, Gerald L.1950
Sumner, M.L. 1912-13
Swift, Mark1974
Swisher, Michael1972
Szabo, Steve 1966-68
Tate, Tommy 2006-09
Terbell, Floyd O.1924
Tice, Robert W.....1971
Thode, Jeff..... 2009-11
Thomas, Adam..... 1998-01
Tiernan, Stephen1964
Trainor, Dan..... 2001-03
Traphagen, Stephen 2002-03
Trimble, Bruce W..... 1957-59
Trimble, Ralph 1960-62
Tucker, Jim 1959-61
Tupper, Richard 1947-48
Vacik, George J.1940
Vanatta, Lyell.....1930
Vanderwilt, Robert1943
VanDenend, Micah 2002, 2004-06
Vonahsen, Virgil 1950-52
Walker, Leland C.....1963
Webster, Alex.....2005
Welt, Donald1941
Welter, Joe 2000-02
Wheeler, Ted S. 1951-52, 55
Wickey, Howard 1929-30
Wieczorek, Lawrence 1965-67
Wilfong, Caleb 2012-13
Wilkes, Quenten.....1956
Williams, Derrick1963
Wisgerhof, Max V.1934
Witt, Ben 2011-14
Workman, Robert..... 1941-42
Wren, Richard T.....1946
Young, Nick.....2011
Zacher, Eugene R.....1922
Zaruba, Arnold J.1944



Micah VanDenend holds three school records and won the 2007 Big Ten 10,000-meter outdoor track title. He was the 2006 NCAA Midwest Regional Cross Country Meet Champion and Male Athlete of the Year. The four-time all-region honoree competed for Iowa from 2002-07.



Adams, Katie.....2013-14
 Anderson, Krista2006-07
 Anderson, Lindsay2008-09
 Andrews, Karen1978-80
 Arens, Sarah 1999-2000, 2002-03
 Armstrong, Meghan2004-07
 Ballweg, Rachel1997
 Barber, Atalie2000-03
 Beattie, Kayla2011
 Benning, Briana1993-96
 Benson, Nicole.....2011-12
 Berndt, Danielle....2008, 2010-11
 Billhart, Allison2005
 Blossfeld, Suzanne.....1978-79
 Boddicker, Bev1977
 Boland, Erin1991-94
 Bote Gonzalez, Marta2014
 Brower, Jennifer.....1988-91
 Brown, Nicole1994-96
 Burke, Jolly2006-07
 Butler, Katie1999-00
 Capista, Jenni.....2001, 2003-04
 Chapple, Nikki.....2003-05
 Chow, Sophia2000
 Coleman, Becky1993-96
 Connelly, Michelle1977
 Dahl, Tracy.....1989-92
 Daniel, Megan1993
 Davis, Eileen1978-79

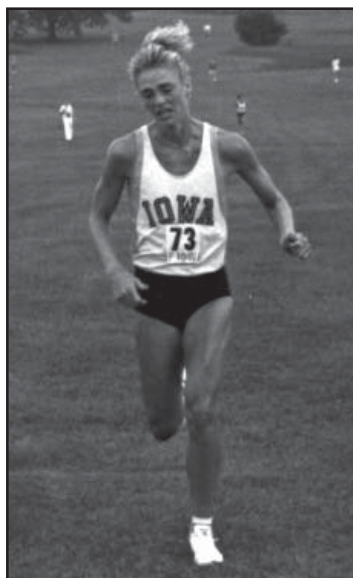
Deluca, Sarah C. Abel.....1979-81
 Dixon, Pamela1978
 Doak (Davis), Nan1980-84
 Dobrowolski, Anne1981-85
 Docherty, Beverly1977-80
 Docherty, Jennie2006, 2009
 Donlon, Katie2001-03
 Doyle, Renee1985-88
 Drapcho, Rosemary1978-81
 Dresselhaus, Ann.....1978-80
 Drulis, Julie1997-98
 Dunlop, Amy.....1977-79
 Eilers, Brooke.....2008-11
 Ellis, Katie2006-07, 2009
 Esche, Molly2004-07
 Fallon, Fionna2008-09
 Feltes, Teresa1977-78
 Fleck, Shawn.....1993-95
 Flood, Betsy2008-11
 Flynn, Erin.....1978-82
 Freund, Kay.....1978-81
 Gilchrist, Alienor.....1996-97
 Gordon, Lisa2012
 Gorman, Keelin.....2011
 Griffin, Maggie.....1996-99
 Gripp, Sue1977
 Haefke, Kristen1997-98
 Hamilton, Jana1979-80
 Hardesty, Amanda2007-10

Hardesty, Lauren.....2007-10
 Hart, Kelsey2009-12
 Hawks, Rachel2006
 Hedlund, Laurie1977-78
 Hentges, Leah1999
 Hoehle, Zanetta1978-81
 Hoeman, Carissa.....1998
 Hoskins, Tami.....1987-91
 Johnson, Jennifer.....1990-93
 Jones, Alana.....2013
 Kiciak, Jennifer.....1995-96
 Kintzel, Denise1977-78
 Kleinfelter, Natalie1993-95
 Kotarba, Christine2004, 2007
 Krekeler, Rebecca Ann1978-79
 Kruckeberg, Jeanne1987-89
 Kruck, Kim.....1994
 Kubitz, Christine ...1995-96, 1998
 Laesch, Jackie2011
 Lahann, Michelle1999-2002
 Lambrecht, Carol1977-78
 Lessard, Megan2009
 Luber, Hannah2010
 Lund, Yvonne Irene.....1979-80
 Lynberg, Michele M. Dr. .1977-78
 Marchand, Racheal 2004-06, 2008
 Marshall, Sue1977
 Martin, Courtney.....2012-14
 Maser, Shannon.....2012-13

McDowell, Tina.....1991-94
 Melander, McKenzie.....2009-11
 Millward, Georgia.....2000-03
 Mims, Susan1977-80
 Mitchell, Elizabeth1978-79
 Murphy, Amy1998-99
 Murray, Megan1998
 Nelson, Major Sue1977-78
 Newbrough, Haley.....1996-97
 Newhouse, Carolyn2014
 Nukuri, Diane.....2006-07
 Oltman, Valerie.....1998
 Pare, Anne1996
 Pauling, Kiersten.....1993-96
 Pearson, Laura2004
 Perry, Sarah Spencer.....2008
 Placzek, Lena2012-13
 Price, Rachel2013
 Quigley, Kristina.....1999
 Ranegar, Megan.....2010-12
 Rehn, Katherin.....2010-11
 Roberts, Ericka.....1999-2002
 Roeder, Hannah.....2008-09
 Roehl, Becky1994-97
 Ruffcorn, Ann.....1999
 Salazar, Nina1998
 Saliba, Cindy2012
 Salsberry, Christine1991-93
 Schaefer, Chrissy.....2006
 Scheibel, Jill1995-98
 Schleusner, Mary2010
 Schmidt, Jessica2004-07
 Schmidt, Kristi.....1998-99
 Schoonover, Jennifer1993
 Schrulle, Mareike.....2011-12
 Shearer, Anna1998
 Sims, Sharon1977-78
 Sokol, Michelle2001-02, 2004
 Spangler, Jenny1981-83
 Sparks, Staci.....1993
 Spencer, Laura2004
 Stanley, Shannon2003-06
 Stec, Tina1990-93
 Swartzrock, Diane.....1978-80
 Thompson, Becca .1999-00, 2002
 Todd, Jocelyn2012-14
 Todd, Stephanie1977-80
 Vandervoort, Martha.....1991-94
 Vitense, Mandi1996-98
 Von Muenster, Shannon2001
 Wilberding, Tess2013-14
 Williams, Julie.....1979-81
 Zishka, Samantha.....2013-14



Nan Doak was Iowa's first cross country all-American, earning a total of three honors (1980, 1982-82).



Jennifer Brower was an all-American for the Hawkeyes in 1991. She also ran on the 1991 Iowa squad that posted a second-place finish at the NCAA district meet - it's highest finish there in school history.



Tracy Dahl was Iowa's first Big Ten Cross Country Champion. The two-time all-American (1991-92) won the title and was named Big Ten Female Cross Country Athlete of the Year in 1992.